





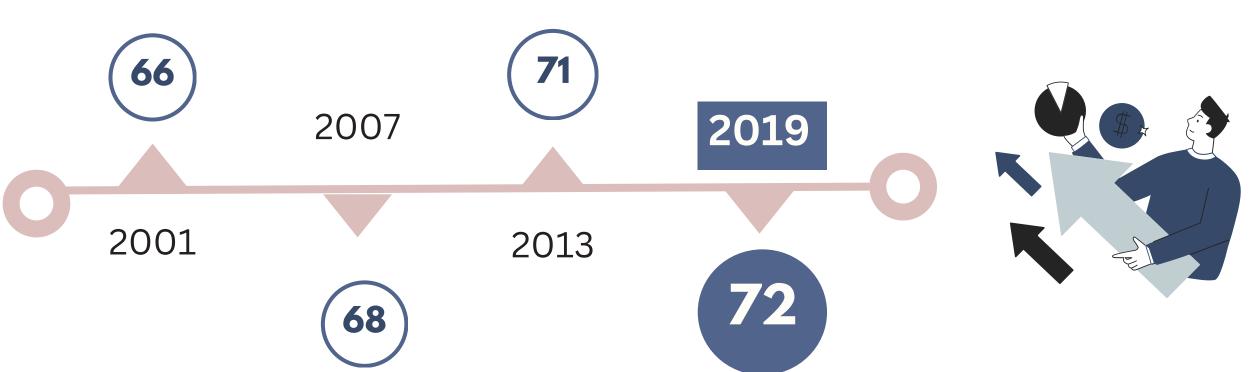
# TAKING A LOOK AT THE GLOBAL LIFE EXPECTANCY (2001-2019)

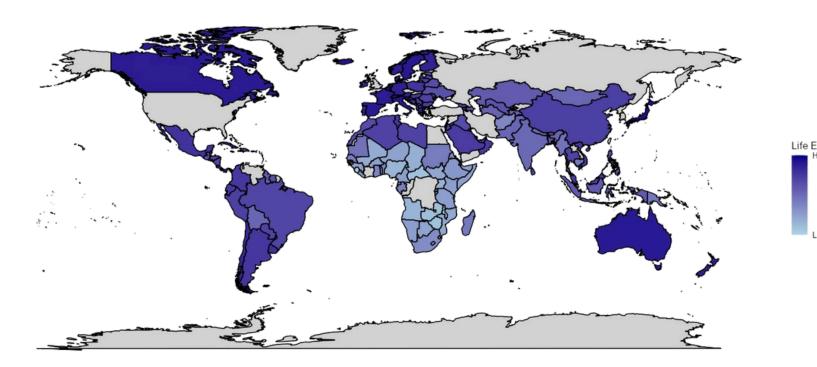


**Life expectancy** is a metric, used as an estimation of the **lifespan of an individual.** The human life expectancy have change over the years, differentiating on how you look at them. Let's observe by analyzing the *life expectancy with socio-economics indicators dataset*, provided by *the World Bank*.

### Did you know?

The average global life expectancy has steadily increased over the years. As of 2019, the average life expectancy is at the age of **72**, having a **6-year increase** from 2001.





\*areas that are darker have higher life expectancy
\*\*areas that are grey aren't included

# Life Expectancy Based on Regions

The average Life Expectancy is higher in western regions. the highest average in *North America* at the age of **80**. While the lowest is in *Sub-Saharan Africa* at the age of **58**.

The average global life expectancy can be influenced by *a* number of factors

### Factors that Influence Global Life Expectancy

#### Undernourishment



In 2019, 9%

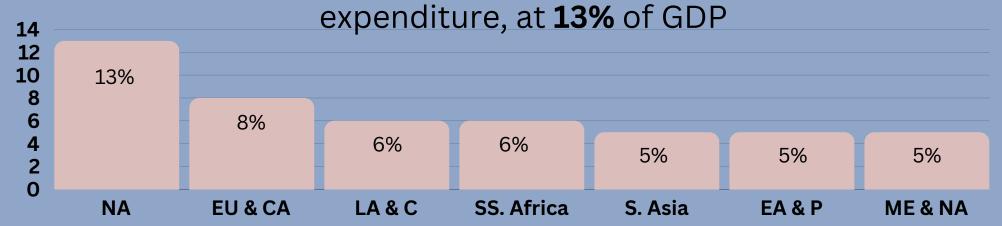
of the global population is still undernourished

The global preverence of undernourishment had decreased over the years. however, there are still a percentage of population who are still starving to this day

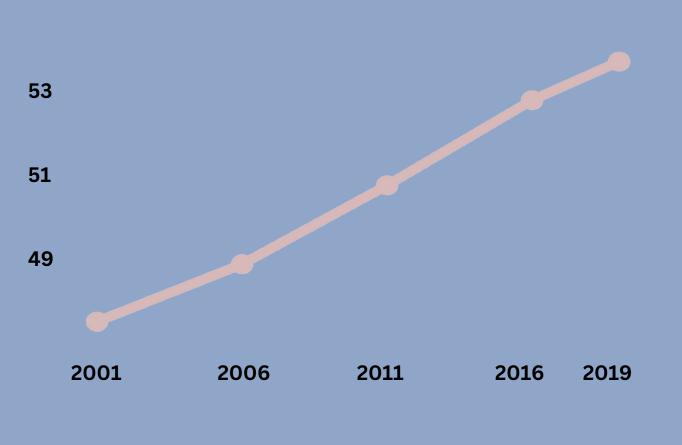


### Health Expenditure

Countries who invest more on health are more likely to have a higher life expectancy. *North America* spends the most on health



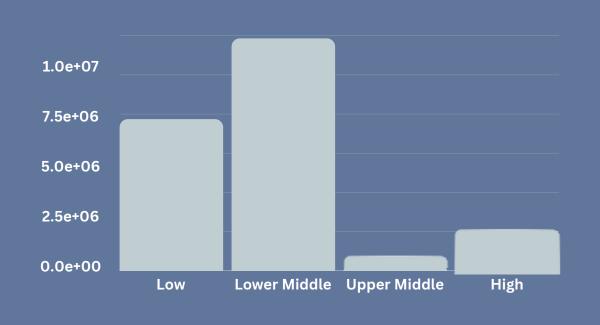
#### Sanitation





Sanitations of facilities and the environment. Global sanitation has gone up over the years, reaching **54%** at 2019

## Communicable Diseases





Disability-Adjusted Life Years (DALYs) due to communicable diseases varies among income groups. Lower middle-income countries have the highest number of DALYs due to communicable diseases,totaling 11,864,387 years.

Most of these factors are out of our reach, but we control how we live our life.

It is important to take care of our wellbeing by *getting enough rest, staying hydrated,* and *exercising*.

We need to **take care of our body** so we can enjoy a fulfilling life.

