

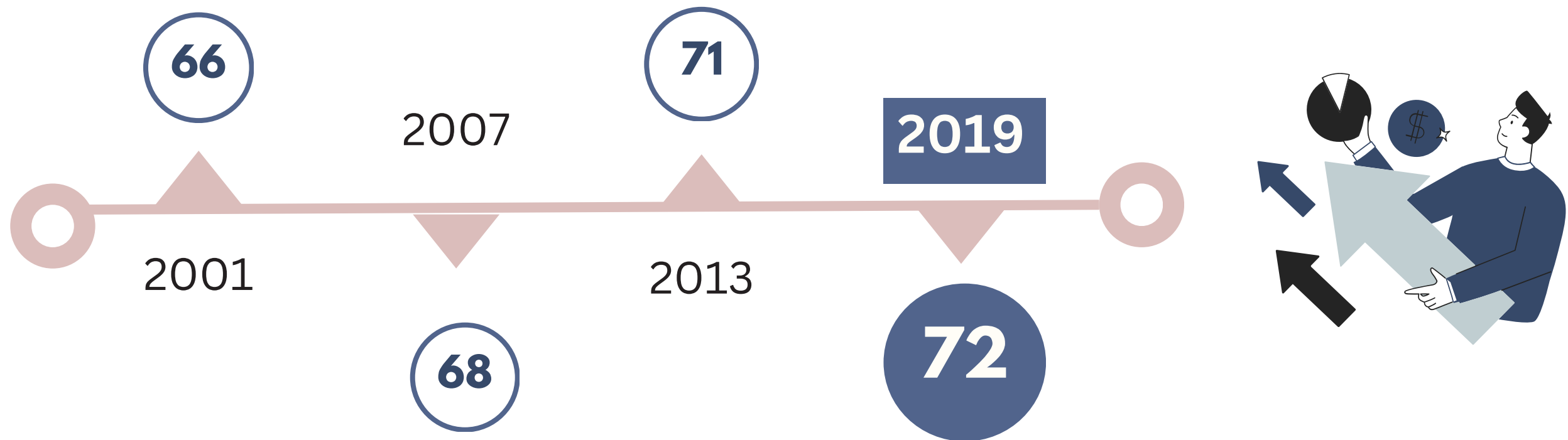
# TAKING A LOOK AT THE GLOBAL LIFE EXPECTANCY (2001-2019)



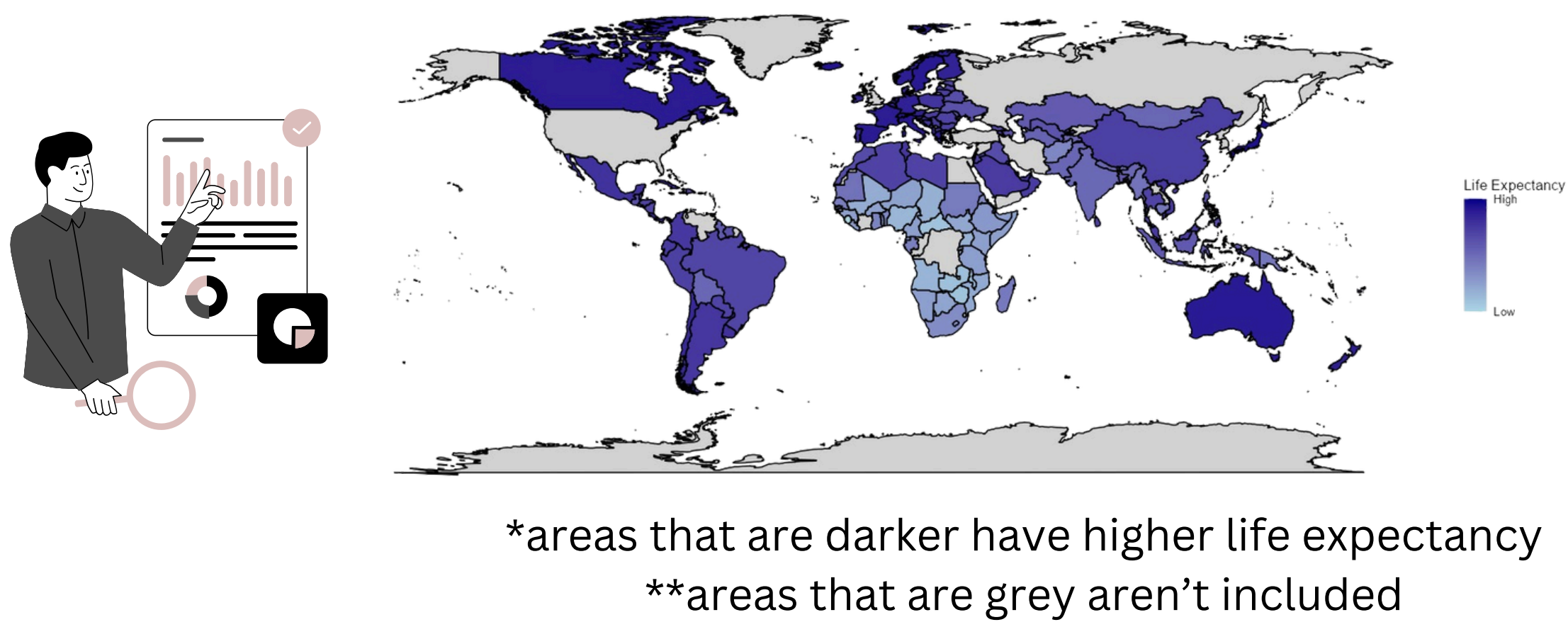
**Life expectancy** is a metric, used as an estimation of the **lifespan of an individual**. The human life expectancy have change over the years, differentiating on how you look at them. Let's observe by analyzing the *life expectancy with socio-economics indicators dataset*, provided by *the World Bank*.

## Did you know?

The average global life expectancy has steadily increased over the years. As of 2019, the average life expectancy is at the age of **72**, having a **6-year increase** from 2001.



## Life Expectancy Based on Regions

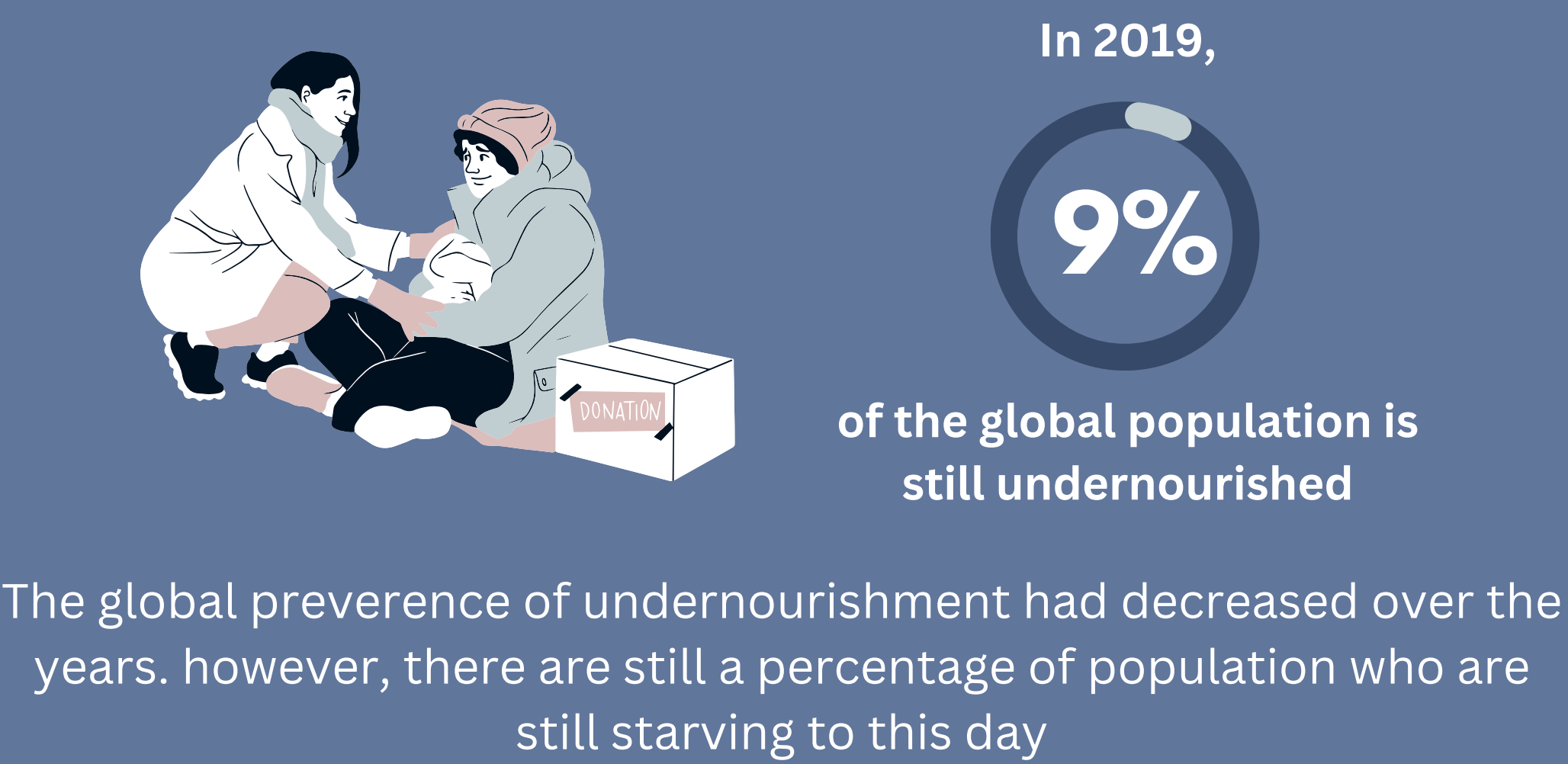


The average Life Expectancy is higher in western regions. the highest average in *North America* at the age of **80**. While the lowest is in *Sub-Saharan Africa* at the age of **58**.

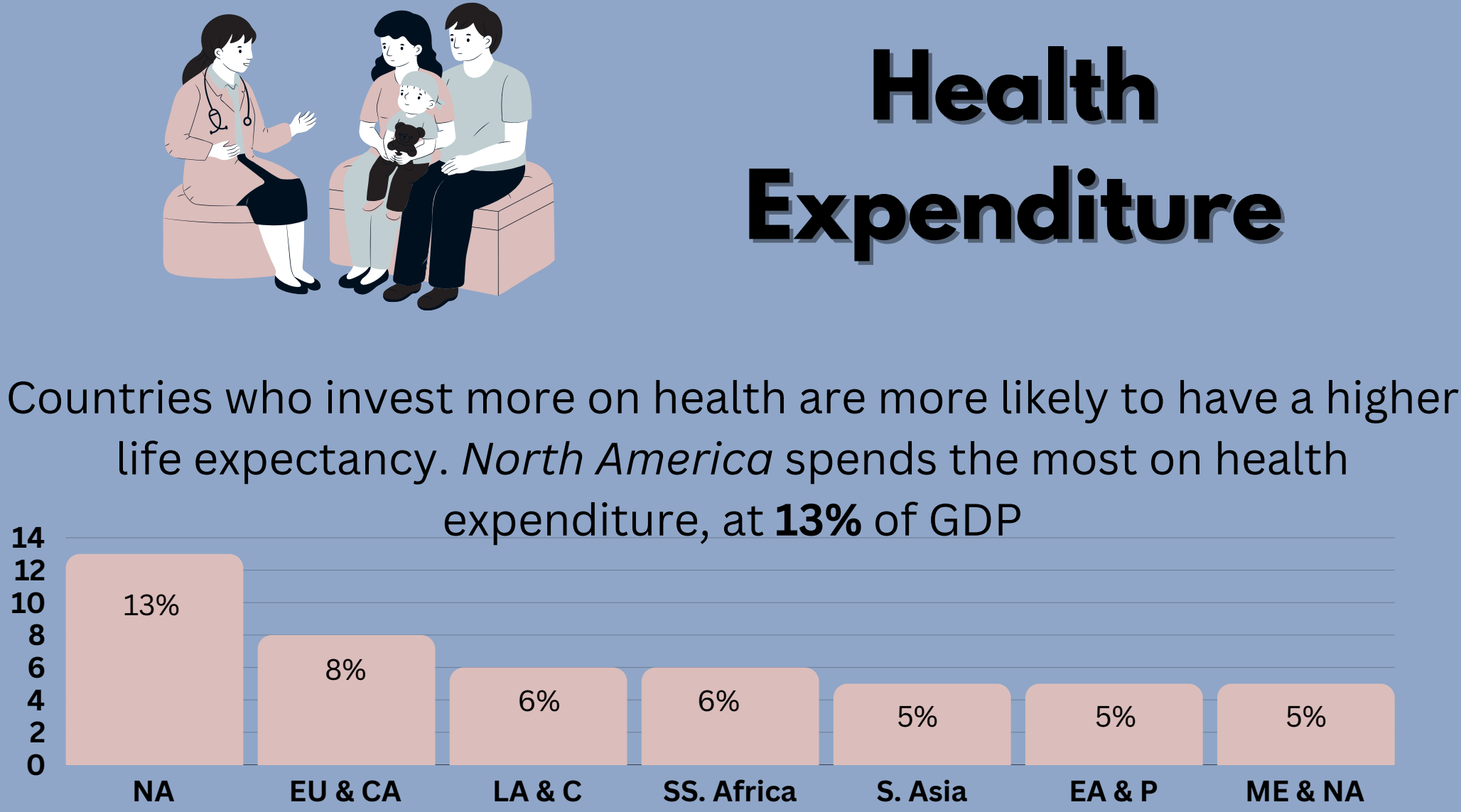
The average global life expectancy can be influenced by a *number of factors*

## Factors that Influence Global Life Expectancy

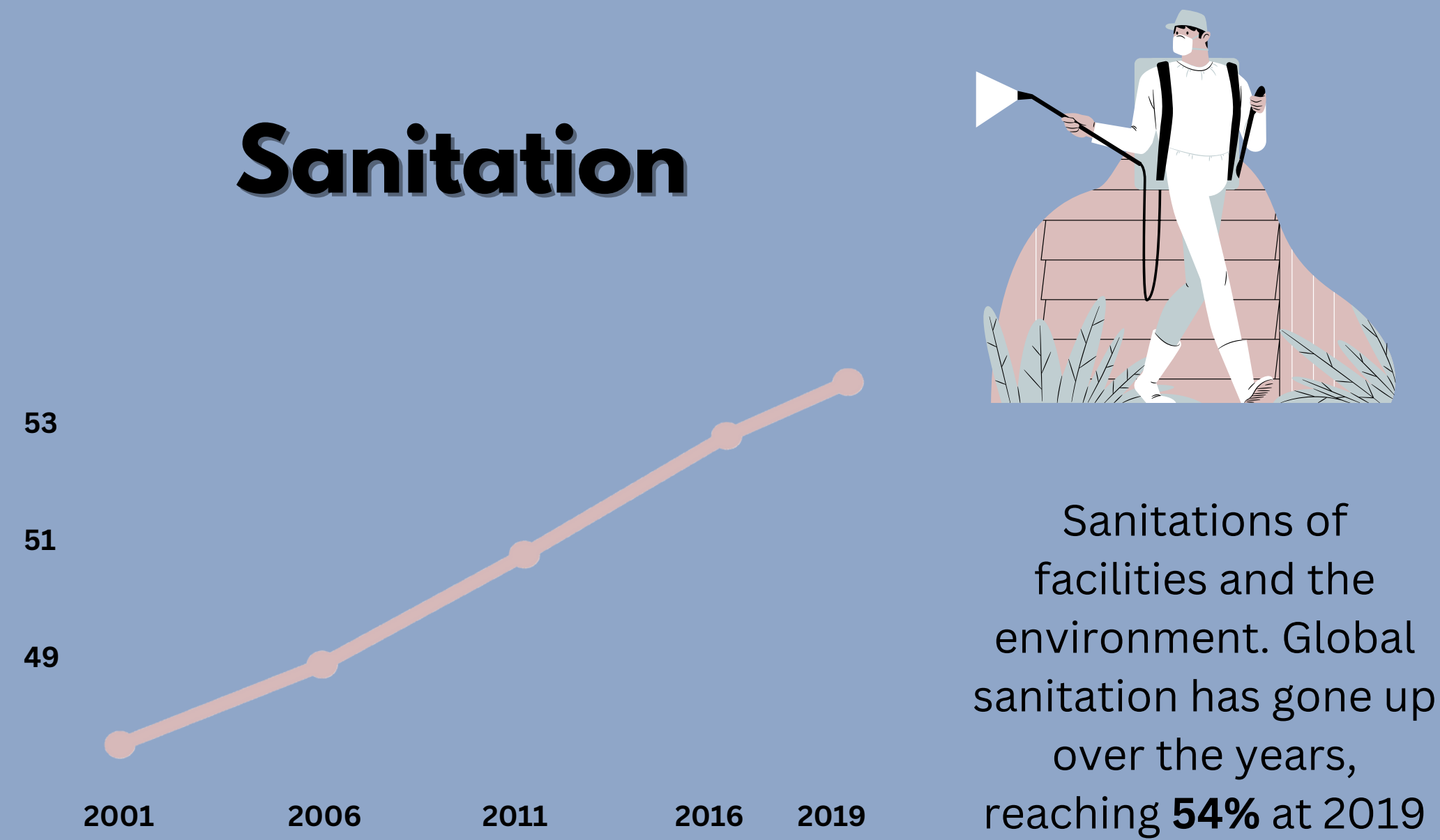
### Undernourishment



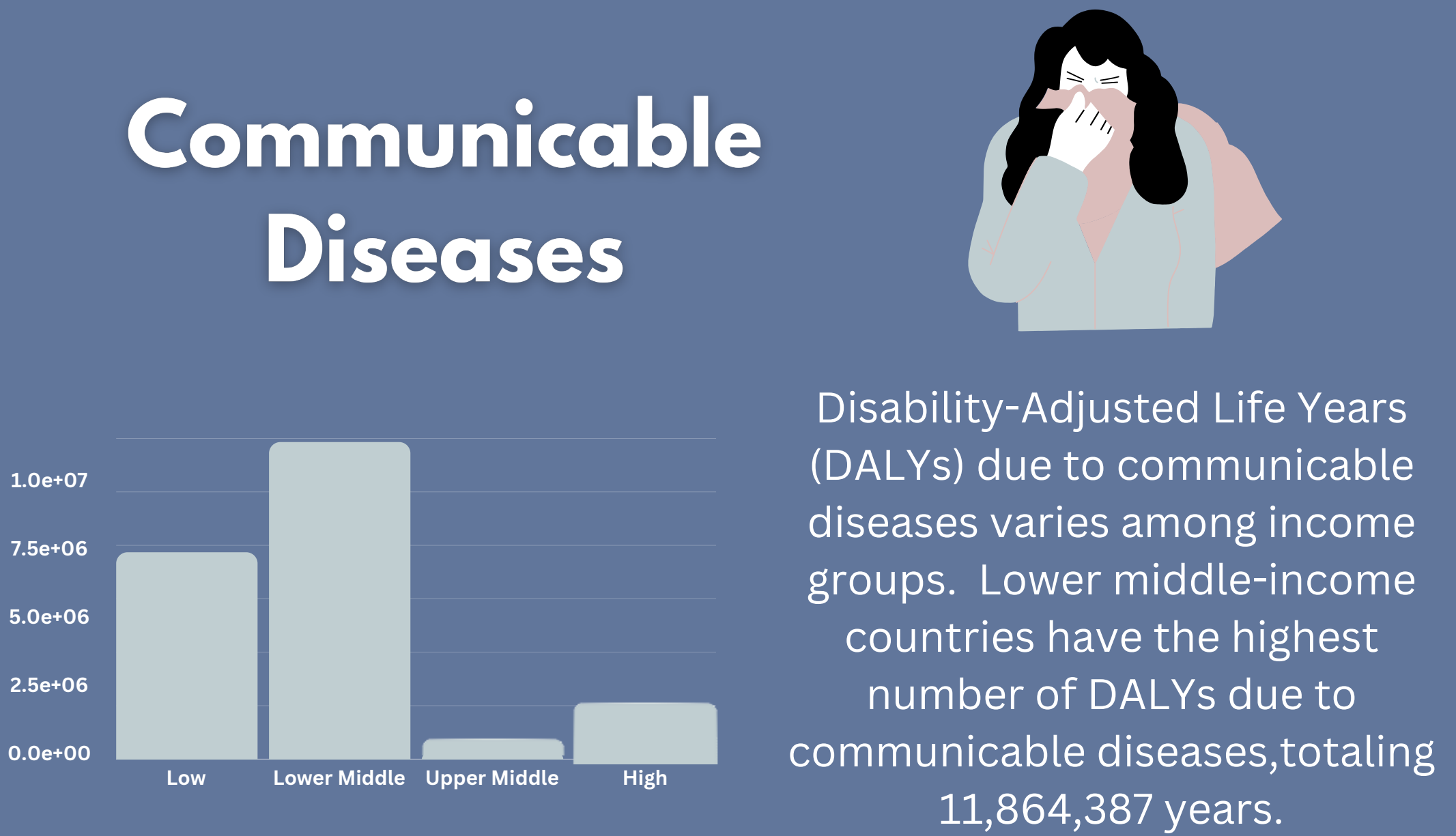
### Health Expenditure



### Sanitation



### Communicable Diseases



Most of these factors are out of our reach, but we control how we live our life. It is important to take care of our wellbeing by *getting enough rest, staying hydrated, and exercising*. We need to **take care of our body** so we can enjoy a fulfilling life.

