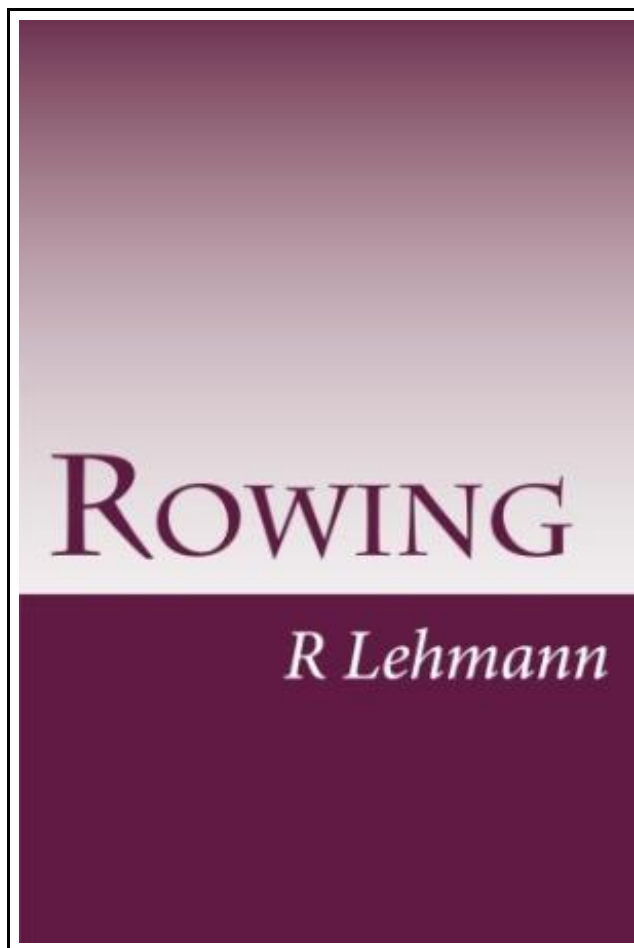


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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.My object in the following pages will be not merely to give such hints to the novice as may enable him, so far as book-learning can effect the purpose, to master the rudiments of oarsmanship, but also to commend to him the sport of rowing from the point of view of those enthusiasts who regard it as a noble open-air exercise, fruitful in lessons of strength, courage, discipline, and endurance, and as an art which requires on the part of its votaries a sense of rhythm, a perfect balance and symmetry of bodily effort, and the graceful control and repose which lend an appearance of ease to the application of the highest muscular energy. Much has to be suffered and many difficulties have to be overcome before the raw tiro, whose fantastic contortions in a tub-pair excite the derision of the spectators, can approach to the power, effectiveness and grace of a Crum or a Gold; but, given a healthy frame and sound organs inured to fatigue by the sports of English boyhood, given also an alert intelligence, there is no reason in the nature of things why oarsmanship should not eventually become both an exercise and a pleasure. And when I speak of oarsmanship, I mean the combined form of it in pairs, in fours, and in eight-oared racing boats.



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