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Help! There's a Stove in My Kitchen

By Annabel Frere

New Holland Publishers Ltd. Paperback. Book Condition: new. BRAND NEW, Help! There's a Stove in My Kitchen, Annabel Frere, From learning the basics to producing impressive, yet cunningly simple, meals, Help! There's a Stove in My Kitchen gives you an easy way to get started in the kitchen. With over 170 recipes, Help! There's a Stove in My Kitchen is primarily a cookbook for school leavers and young adults who have mostly never had to cook for themselves and who need a few ideas on what to prepare and how to go about it. The recipes range from basic to impressive, but are all relatively quick and easy to make. In some cases, several options are given for one recipe, such as quiche fillings, to suit different tastes and to expand the budding cook's repertoire. Help! takes into account budget, using mainly low cost items and, where possible, a minimum number of ingredients. Also included are tips on saving electricity, time and energy around the home. Scattered throughout the book are the odd tips for fixing culinary mistakes. Armed with a cup, teaspoon and tablespoon, and a willingness to learn, Help! There's a Stove in My Kitchen is all that...



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