### LECTURE NOTES

# MATHEMATICS FOR MACHINE LEARNING

This version: October 29, 2025

Latest version: github.com/felipe-tobar/Maths-for-ML

Felipe Tobar Department of Mathematics Imperial College London

f.tobar@imperial.ac.uk
www.ma.ic.ac.uk/~ft410

# Contents

1	Intr	roduction
<b>2</b>	Opt	timisation
	2.1	Terminology
	2.2	Continuous unconstrained optimisation
	2.3	Convex optimisation
		First order methods
		2.4.1 Role of the step size
		2.4.2 Momentum
	2.5	Stochastic gradient descent

# 1 Introduction

MISSING

# 2 Optimisation

**NB:** in this chapter, we follow (?,?).

Optimisation is central to ML, since models are *trained* by minimising a loss function (or optimising a reward function). In general, model design involves the definition of a training objective, that is, a function that denotes how good a model is. This training objective is a function of the training data and a model, the latter usually represented by its parameters. The best model is is the chosen by optimising this function.

## Example: Linear regression (LR)

In the LR setting, we aim to determine the function

$$f: \mathbb{R}^M \to \mathbb{R}$$
  
 $x \mapsto f(x) = a^\top x + b, \quad a \in \mathbb{R}^M, b \in \mathbb{R}$  (2.1)

conditional to a set of observations

$$\mathcal{D} = \{(x_i, y_i)\}_{i=1}^N \subset \mathbb{R}^M \times \mathbb{R}. \tag{2.2}$$

Using least squares, the function f is chosen via minimisation of the sum of the square differences between observations  $\{y_i\}_{i=1}^N$  and predictions  $\{f(x_i)\}_{i=1}^N$ . That is, we aim to minimise he loss:

$$J(\mathcal{D}, f) = \sum_{i=1}^{N} (y_i - f(x_i))^2 = \sum_{i=1}^{N} (y_i - a^{\top} x_i - b)^2.$$
 (2.3)

[TODO: Generate figure: Check fig 1 ML lecture notes]

#### **Example: Logistic regression**

Here, we aim to determine the function

$$f: \mathbb{R}^M \to \mathbb{R}$$
$$x \mapsto f(x) = \frac{1}{1 + e^{-\theta^\top x + b}}, \quad \theta \in \mathbb{R}^M, b \in \mathbb{R}$$
 (2.4)

conditional to the observations

$$\mathcal{D} = \{(x_i, c_i)\}_{i=1}^N \subset \mathbb{R}^M \times \{0, 1\}.$$
(2.5)

The standard loss function for the classification problem is the cross entropy, given by:

$$J(\mathcal{D}, f) = -\frac{1}{N} \sum_{i=1}^{N} \left( c_i \log f(x_i) + (1 - c_i) \log(1 - f(x_i)) \right)$$
 (2.6)

$$= \frac{1}{N} \sum_{i=1}^{N} \left( \log(1 + e^{-\theta^{\top} x + b}) - y_i(-\theta^{\top} x + b) \right)$$
 (2.7)

## Example: Clustering (K-means)

Given a set of observations

$$\mathcal{D} = \{x_i\}_{i=1}^N \subset \mathbb{R}^M, \tag{2.8}$$

we aim to find cluster centres (or prototypes)  $\mu_1, \mu_2, \dots, \mu_K$  and assignment variables  $\{r_{ik}\}_{i,k=1}^{N,K}$ , to minimise the following loss

$$J(\mathcal{D}, f) = \sum_{i=1}^{N} \sum_{k=1}^{K} r_{ik} ||x_i - \mu_k||^2$$
(2.9)

(2.10)

[TODO: Generate figure]

## 2.1 Terminology

We denote an optimisation problem as follows:

$$\min_{x \in \mathcal{X}} f(x) \quad \text{s.t.} \quad g_i(x) \le 0, \ h_j(x) = 0, \ i = 1, \dots, I, \ j = 1, \dots, J.$$
 (2.11)

We describe the components of this statement in detail:

- Objective function: The function  $f: \mathcal{X} \to \mathbb{R}$  is the quantity to be minimised, with respect to x.
- Optimisation variable: Minimising f requires fining the value of x such that f(x) is minimum. This is also written as

$$x_{\star} = \underset{x \in \mathcal{X}}{\arg \min} f(x) \text{ s.t. } g_i(x) \le 0, \ h_j(x) = 0.$$
 (2.12)

- Restrictions: These are denoted by the functions  $g_i$  and  $h_i$  above, which describe the requirements for the optimiser in the form of equalities and inequalities, respectively.
- Feasible region: This is the subset of the domain that complies with the restrictions, that is

$$C = \{x \in \mathcal{X}, \text{ s.t. } g_i(x) \le 0, h_j(x) = 0, i = 1, \dots, I, j = 1, \dots, J\}$$
 (2.13)

• Local / global optima. Values for the optimisation variable that solve the optimisation problem wither locally or globally. More formally:

$$x_{\star}$$
 is a local optima  $\iff \exists \lambda > 0$  s.t.  $x_{\star} = \underset{x \in \mathcal{X}}{\arg \min} f(x)$ . (2.14)

$$x_{\star}$$
 is a global optima  $\iff x_{\star} = \underset{x \in \mathcal{X}}{\operatorname{arg \, min}} f(x).$  (2.15)

#### Interplay between constrains and local/global optima

[TODO: generate figure, how different restrictions change the number and type of optima]

## Example: XXX

[TODO: Show a few parametric functions and indicate their (closed-form) minima]

## 2.2 Continuous unconstrained optimisation

We will ignore constrains in this section, and we will focus on problems of the form

$$\theta \in \operatorname*{arg\,min}_{\theta \in \Theta} L(\theta). \tag{2.16}$$

We emphasise that if  $\theta_{\star}$  satisfies the above, then

$$\forall \theta \in \Theta, \ L(\theta_{\star}) \le L(\theta), \tag{2.17}$$

meaning that it is a **global** optimum. However, as this might be very hard to find, we are also interested in local optima, that is,  $\theta_{\star}$  such that

$$\exists \delta > 0 \ \forall \theta \in \Theta \text{ s.t. } \|\theta - \theta_{\star}\| < \delta \Rightarrow L(\theta_{\star}) \le L(\theta). \tag{2.18}$$

We now review the optimality conditions.

**Assumption 2.1.** The loss function L is twice differentiable.

Denoting  $g(\theta) = \nabla_{\theta} L(\theta)$  and  $H(\theta) = \nabla_{\theta}^2 L(\theta)$ , we can state the following optimality conditions.

- First order necessary condition: If  $\theta_{\star}$  is a local minimum, then
  - $\nabla_{\theta} L(\theta_{\star}) = 0$
- Second order necessary condition: If  $\theta_{\star}$  is a local minimum, then
  - $-\nabla_{\theta}L(\theta_{\star}) = 0$
  - $-\nabla^2_{\theta}L(\theta_{\star})$  is positive semidefinite
- Second order sufficient condition: If  $\theta_{\star}$  is a local minimum if and only if
  - $\nabla_{\theta} L(\theta_{\star}) = 0$
  - $-\nabla^2_{\theta}L(\theta_{\star})$  is positive definite

# Example: different stationary points

Let us consider the function

$$f: \mathbb{R}^2 \to \mathbb{R}$$
  
 $x \mapsto f(x) = (p-1)x^2 + (p+1)y^2, \quad p \in \mathbb{R}$  (2.19)

Observe that

$$\nabla f = \begin{bmatrix} 2(p-1)x\\ 2(p+1)y \end{bmatrix},\tag{2.20}$$

meaning that the only stationary points is (x, y) = (0, 0). Furthermore,

$$\nabla^2 f = \begin{bmatrix} 2(p-1) & 0\\ 0 & 2(p+1) \end{bmatrix},\tag{2.21}$$

where we have 3 possible cases:

- p > 1: The stationary point is a minimum
- -1 : The stationary point is a saddle point
- p < -1: The stationary point is a maximum

[TODO: generate figure for all three cases, discuss case |p| = 1]

### 2.3 Convex optimisation

This setting is defined by having a convex objective function and a convex feasible region. Critically, in the setting of convex optimisation a local minimum (according to the first/second order conditions presented above) is a global minimum. We next formally provide the relevant definitions.

**Definition 2.1** (Convex set). S is a convex set if  $\forall x, x' \in S$ , we have:

$$\lambda x + (1 - \lambda)x' \in \mathcal{S}, \quad \forall \lambda \in [0, 1].$$
 (2.22)

[TODO: Generate figures for convex and non-convex sets]

**Definition 2.2** (Epigraph of a function). The epigraph of a function  $f: \mathcal{X} \to \mathbb{R}$  is the set defined by the region above the graph of the function, that is,

$$\operatorname{epi}(f) = \{ (x, t) \in \mathcal{X} \times \mathbb{R} \mid f(x) \le t \}. \tag{2.23}$$

**Definition 2.3** (Convex function). f is a convex function if its epigraph is convex. Equivalently, f is convex is it is supported on a convex set and  $\forall x, x' \in \mathcal{X}$ 

$$f(\lambda x + (1 - \lambda)x') \le \lambda f(x) + (1 - \lambda)f(x'), \quad \forall \lambda \in [0, 1]. \tag{2.24}$$

Furthermore, is the inequality is strict, we say that the function is **strictly convex**.

#### Example: Convex functions (in 1D)

The following are convex function from  $\mathbb{R}$  to  $\mathbb{R}$ :

- $f(x) = x^2$
- $f(x) = e^{ax}, a \in \mathbb{R}$
- $f(x) = -\log x$
- $f(x) = x^a, a > 1, x > 0$
- $f(x) = |x|^a, a > 1$
- $\bullet \ f(x) = x \log x, \, x > 0$

We now review some important results in convex optimisation

**Proposition 2.1.** Consider  $f: \mathcal{X} \subset \mathbb{R} \to \mathbb{R}$  differentiable. We have that if  $f'(x) \geq 0 \, \forall x \in \mathbb{R}$ , f is non-decreasing

*Proof.* By the fundamental theorem of calculus, we have that for  $a, b \in \mathbb{R}, a < b$ ,

$$f(b) - f(a) = \int_{a}^{b} f'(x)dx,$$
 (2.25)

since  $f'(x) \geq 0, \forall x \in [a,b]$ , we have  $\int_a^b f'(x)dx \geq 0$ , therefore  $f(b) \geq f(a)$ , which means that f is non-decreasing.

**Proposition 2.2.** Consider  $f: \mathcal{X} \subset \mathbb{R}^d \to \mathbb{R}$  differentiable. The direction of maximum growth of f at  $x_0$  is along its gradient  $\nabla f(x_0)$ 

*Proof.* Let us consider  $x' = x_0 + \rho u$ , where  $u \in \mathcal{X}, ||u|| = 1$ , and  $\rho > 0$  is a small constant. We find the maximum growth direction by maximising  $f(x') - f(x_0)$  with respect to u. We consider the Taylor expansion

$$f(x') = f(x_0) + \nabla f(x_0)\rho u + \mathcal{O}(\rho^2),$$
 (2.26)

and thus conclude that  $f(x') - f(x_0) \simeq \nabla f(x_0) \rho u$ , meaning that the maximum growth can be achieved by choosing u parallel to  $\nabla f(x_0)$ . That is,  $\nabla f(x_0)$  is the direction of maximum growth for f at  $x_0$ .

**Teorema 2.1.** Suppose  $f: \mathcal{X} \subset \mathbb{R}^d \to \mathbb{R}$  twice differentiable, then f is convex if and only if  $\nabla^2$  is positive semi definite.

*Proof.* We consider d=1. Using the FTC,

$$f'(b) - f'(a) = \int_a^b f''(x)dx \ge 0,$$
(2.27)

which implies that f' is non-decreasing. Therefore (using FTC again),

$$f(b) - f(a) = \int_{a}^{b} f'(x)dx \ge (b - a)f'(a), \tag{2.28}$$

equivalently,

$$f(b) \ge f(a)'(b-a)f'(a),$$
 (2.29)

meaning that the function f is always above its tangent. Evaluating (2.29) for (a, z) and (b, z), where z = (1-t)a + tb, we have

$$f(z) \ge f(a) + (z - a)f'(a)$$
 (2.30)

$$f(z) \ge f(b) + (z - b)f'(b).$$
 (2.31)

Then, multiplying the above equations by (1-t) and t respectively and summing them, we obtain:

$$f(z) \ge (1-t)f(a) + tf(b) + (1-t)(tb-ta)f'(a) + t[(1-t)a - (1-t)b]f'(b) \tag{2.32}$$

$$= (1-t)f(a) + tf(b) + (1-t)t(b-a)[f'(a) - f'(b)]$$
(2.33)

$$\geq (1-t)f(a) + tf(b) \tag{2.34}$$

8

#### Example: Explore some functions

[TODO: Choose some functions, compute the derivative and Hessian, analyse them]

#### 2.4 First order methods

In general, finding a minimum by setting  $\nabla f(x) = 0$  and solving for x is not possible. For that reason, we will consider iterative methods based on gradients.

The idea here is to go downhill following the gradient towards the minimum (ignoring the curvature information for now).

We will specify a starting point  $x_0$  and calculate

$$x_{t+1} = x_t + \eta_t d_t, (2.35)$$

where  $\eta_t$  is a step size and  $d_t$  is a descent direction, such as  $-\nabla f$ . Here, the subindex  $\cdot_t$  represents the iteration number (starting from iteration t=0). We iterate until convergence, that is, until the elements in the sequence  $x_t, x_{t+1}, x_{t+2}, \ldots$  become constant (or very similar). If convergence is achieved, we will assume the minimum has been found.

Note that there are several descent directions, that is, directions  $d_t$  such that

$$L(x_t + \eta_t d_t) \le L(x_t). \tag{2.36}$$

In fact, as long as  $d_t^{\top} \nabla f \leq 0$ ,  $d_t$  is a descent direction. Clearly, choosing  $d_t = -\nabla f(x_t)$  is the steepest descent direction.

#### 2.4.1 Role of the step size

The step size  $\eta_t$  is also known as *learning rate*. Furthermore, we refer to the set  $\{\eta_1, \eta_2, \ldots\}$  as the learning rate schedule.

We will usually consider a constant learning rate, that is,  $\eta_t = \eta$ ,  $\forall t \in \mathbb{N}$ . Though this is the simplest choice, there are some concerns to this choice: if  $\eta$  is too large, the iteration may fail to converge; whereas if it is too small, it may not converge at all.

#### Example: convergence for a parabola

[TODO: Plot the level sets of a parabola (or another convex function). Show how the steepest descent converges/diverges for different learning rates]

The learning rate is usually tuned with heuristics. Since we will usually implement

$$x_{t+1} = x_t + \eta \nabla f(x_t), \tag{2.37}$$

we will usually set  $\nabla < ||\nabla f||^{-1}$ , as this will result in a stable autoregresive system for the sequence  $x_t$ .

# 2.4.2 Momentum

In higher dimensions, we want to move faster in some directions and slow in other directions, depending on the value of the gradient in each coordinate. This can be achieved by:

$$m_t = \beta m_{t-1} + \nabla f(x_{t-1}) \tag{2.38}$$

$$x_t = x_{t-1} - \nabla_t m_t, (2.39)$$

where  $m_t$  is a smoothed version of the gradient, and  $\beta \in [0, 1]$  is a design (memory) parameter. This way, previous values of the gradient have effect on future updates: if a particular coordinate of the gradient is consistently large, then that coordinate will receive updated of a higher magnitude. This is particularly useful when the evaluation of the gradient is noisy.

#### 2.4.3 Newton method

Newton's method is

$$x_{t+1} = x_t - \eta_t H_t^{-1} \nabla f(x_t), \tag{2.40}$$

where recall that  $H_t = \nabla^2 f(x_t)$  denote the Hessian of f at  $x_t$ . This update follows from considering the second order approximation of the loss function around the current point, that is:

$$L(x) \simeq L(x_t) + (\nabla f(x_t))^{\top} (x - x_t) + \frac{1}{2} (x - x_t)^{\top} H_t(x - x_t),$$
 (2.41)

the minimum of which is given by

$$x_{\star} = x_t - H_t^{-1} \nabla L(x_t), \tag{2.42}$$

where the learning rate can also be used.

Example: convergence for a parabola (2)

[TODO: Same a previous example, but with momentum and/or Newton]

# 2.5 Stochastic gradient descent