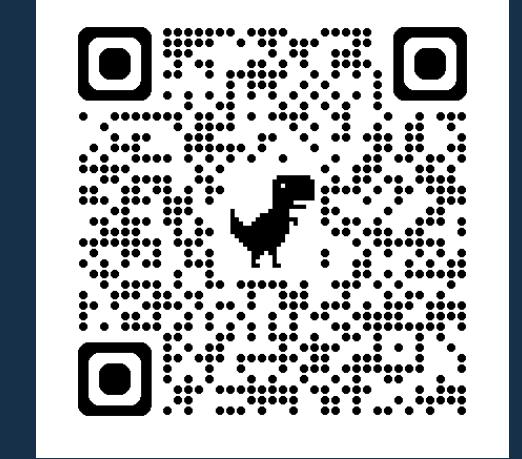


Counterflow of impurities in harmonically confined optical lattices

F. Isaule¹, A. Rojo-Francàs², L. Morales-Molina¹, B. Juliá-Díaz²

¹ Instituto de Física, Pontificia Universidad Católica de Chile. ² Facultat de Física & ICCUB, Universitat de Barcelona.



I. Background

The experimental realisation of **ultracold atomic mixtures** [1] has revitalised the interest in studying **impurities** immersed in a **quantum medium** [2,3]. In this direction, atomic impurities confined in **optical lattices** [3] have emerged as a rich platform for studying polaron physics. For example, impurities interacting with **bosonic baths** appear to display intriguing features across the **superfluid-to-Mott insulator (SF-MI) transition** [5-7].

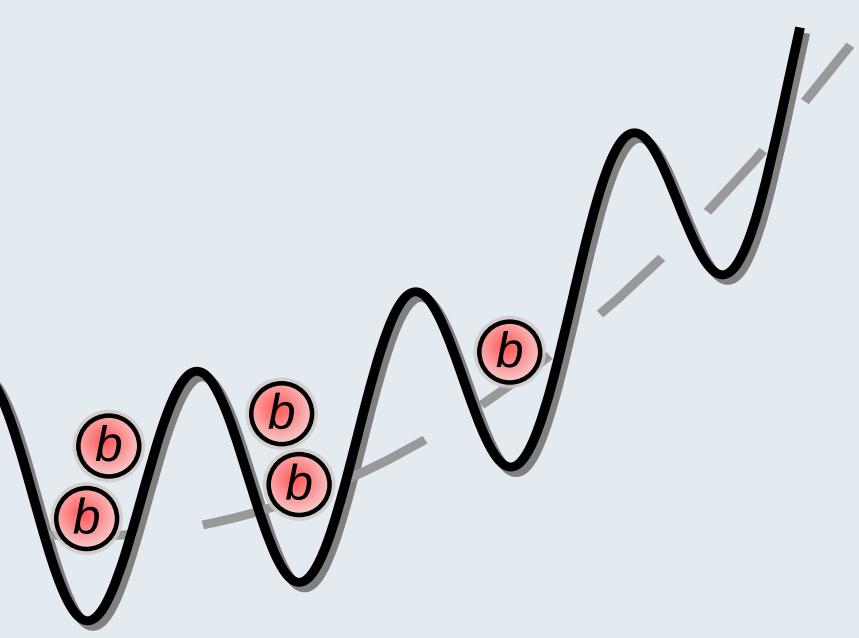


Illustration of the system under consideration. A one-dimensional harmonically confined lattice is loaded with a bath of bosons (red circles) and one mobile impurity (blue hatched circle).

In this work, we study a mobile **impurity** interacting with a **bosonic bath** and immersed in a **one-dimensional harmonically confined optical lattice**. We reveal that the impurity can form a **counterflow** state with the bath for a selected range of interactions.

II. Model

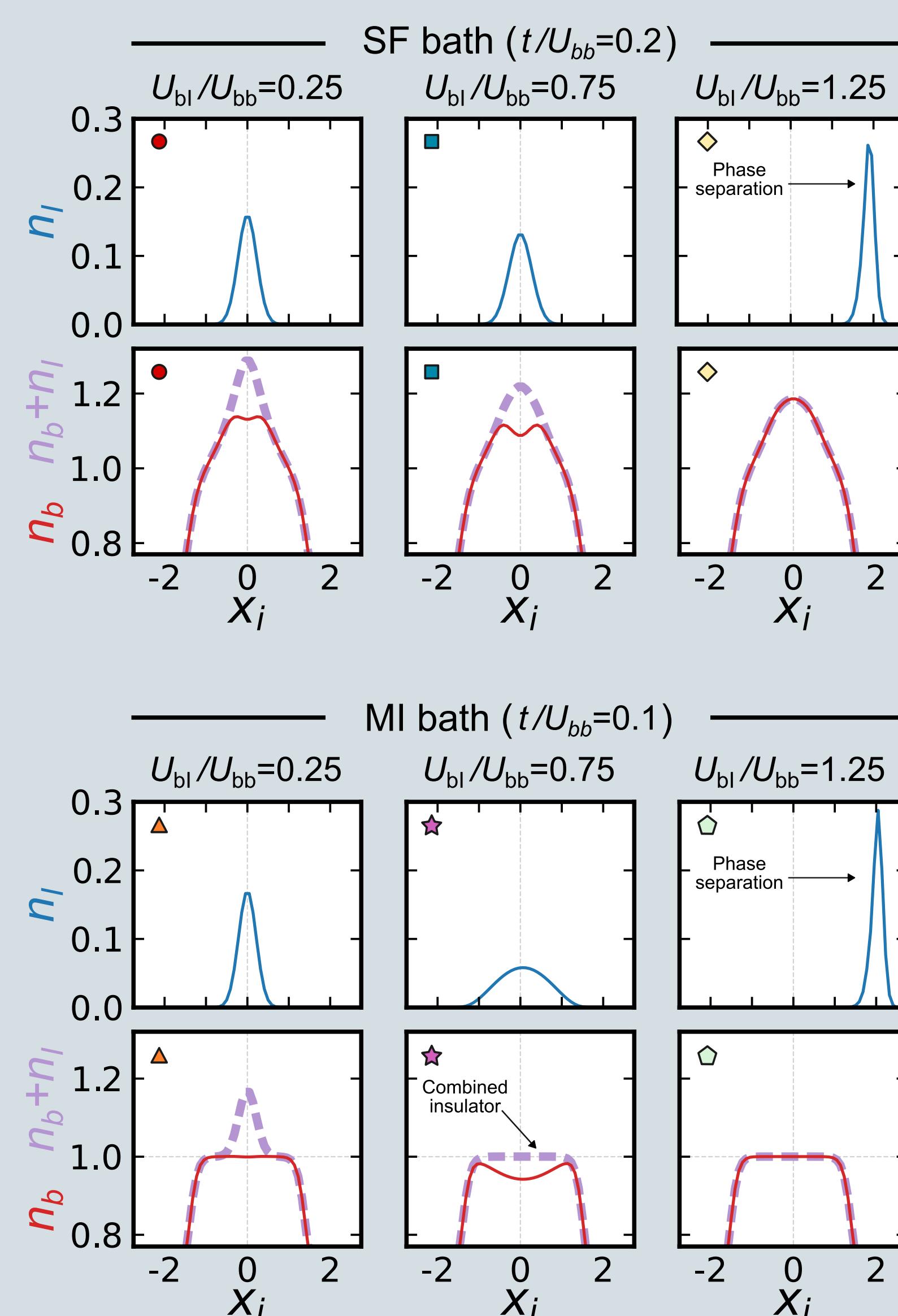
We consider a **two-component Bose-Hubbard Hamiltonian**

$$\hat{H} = -t \sum_{\sigma=b,I} \sum_{i=1}^M (\hat{a}_{i,\sigma}^\dagger \hat{a}_{i+1,\sigma} + \text{h.c.}) + V_{\text{ho}} \sum_{\sigma=b,I} \sum_{i=1}^M (i - i_0)^2 \hat{n}_{i,\sigma} + \frac{U_{bb}}{2} \sum_{\sigma=b,I} \sum_{i=1}^M \hat{n}_{i,\sigma} (\hat{n}_{i,\sigma} - 1) + U_{bi} \sum_{i=1}^M \hat{n}_{i,b} \hat{n}_{i,I},$$

where *b* and *I* denote the bath's bosons and impurities, respectively, *M* is the number of sites, and $i_0 = (M+1)/2$. We perform **DMRG** simulations [8,9] for *M*=60 and $N_b=40$ bosons in the bath.

III. Density profiles

We study the **density profiles** $n_\sigma(i) = \langle \hat{n}_{i,\sigma} \rangle$ of each species.



In an **SF bath**, the impurity localises at the centre of the trap (**miscible**) for $U_{bl} < U_{bb}$, while it **phase-separates** for $U_{bl} > U_{bb}$.

In an **MI bath**, the impurity also localises at the centre of the trap (**miscible**) for small U_{bl} and **phase-separates** for $U_{bl} > U_{bb}$. However, for intermediate U_{bl} , the impurity and bath form a **combined insulator**.

$$x_i = (i - i_0)/\xi, \quad \xi = \sqrt{t/V_{\text{ho}}}.$$

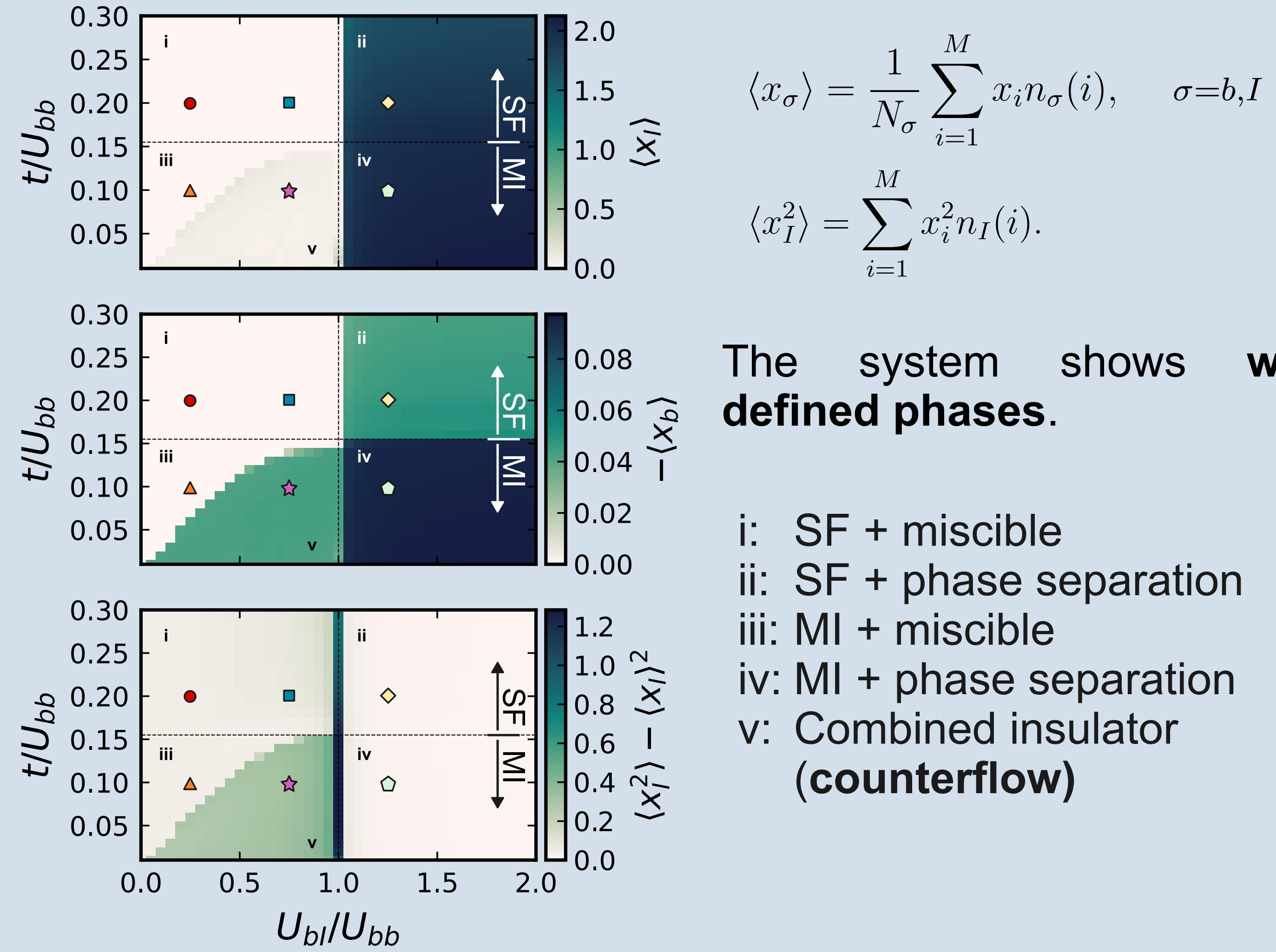
References

- [1] C. Baroni, G. Lamporesi, M. Zaccanti, Nat. Rev. Phys. **6**, 736 (2024).
- [2] F. Grusdt *et al.*, Rep. Prog. Phys. **88**, 066401 (2025).
- [3] P. Massignan *et al.*, arXiv:2501.09618.
- [4] I. Bloch, Nat. Phys. **1**, 23 (2005).
- [5] V. E. Colussi *et al.*, PRL **130**, 173002 (2023).
- [6] R. Alhyder *et al.*, SciPost Phys. **19**, 002 (2025).
- [7] T. Hartweg, T. Gupta, G. Pupillo, PRB **112**, L220201 (2025).

- [8] S. R. White, PRL **69**, 2863 (1992).
- [9] U. Schollwöck, Rev. Mod. Phys. **77**, 259 (2005).
- [10] A. B. Kuklov, B. V. Svistunov, PRL **90**, 100401 (2003).
- [11] A. Hu *et al.*, PRA **80**, 023619 (2009).
- [12] Y.-G. Zheng *et al.*, Nat. Phys. **21**, 208 (2025).

IV. Phase diagram

To compute a phase diagram, we examine the **average position** of each species and the size of the **impurity cloud**,



The system shows **well-defined phases**.

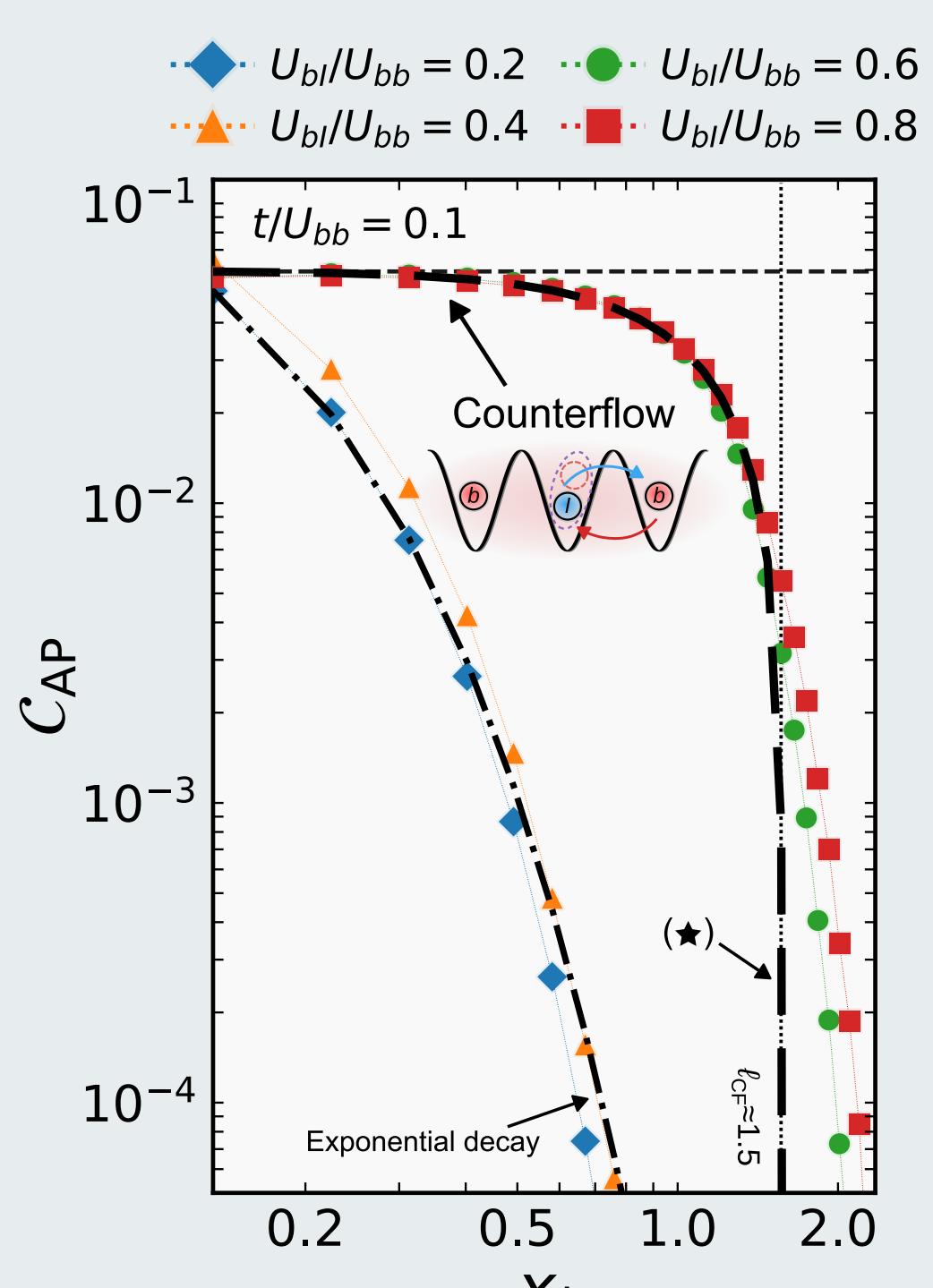
- i: SF + miscible
- ii: SF + phase separation
- iii: MI + miscible
- iv: MI + phase separation
- v: Combined insulator (**counterflow**)

V. Counterflow phase

Region v corresponds to a **counterflow** [10] phase with **anti-pair order** [11],

$$\mathcal{C}_{\text{AP}} = \langle \hat{a}_{b,0} \hat{a}_{I,0}^\dagger \hat{a}_{I,i}^\dagger \hat{a}_{b,i} \rangle.$$

Supercounterflows were **realised experimentally** very recently with **binary Mott insulators** [12]. However, our results show that **counterflows** appear for a **large population imbalance**.



Importantly, the impurity forms this **correlated** state with almost the **whole bath**. Additionally, the **impurity** shows the profile of a **free particle** in a **square well**,

$$n_I^{(\text{CF})}(x_I) = n_i^{(0)} \cos^2(\pi(x_I - \langle x_I \rangle)/\ell_{\text{CF}}).$$

By using an **impurity-hole** toy model, we can obtain a simple analytical expression for the **correlator**,

$$\mathcal{C}_{\text{AP}}(x_I) = n_i^{(0)} \cos(\pi(x_I - \langle x_I \rangle)/\ell_{\text{CF}}), \quad (\star)$$

which correctly describes its behaviour in the counterflow regime.

VI. Conclusions and outlook

We have found that an **impurity** can form a correlated **counterflow** state with a **bosonic bath** in one-dimensional optical lattices. This phase shows peculiar features, such as the impurity behaving like a free particle in a square well. Future work will include the consideration of **multiple impurities** and the examination of **dynamics**.

Acknowledgments

F.I. acknowledges funding from ANID (Chile) through Grant No 3230023. A.R.-F. and B.J.-D. acknowledge funding from Grant No. PID2020-114626GB-I00 funded by MCIN/AEI/10.13039/5011 00011033, "Unit of Excellence María de Maeztu 2020-2023" award to the Institute of Cosmos Sciences, Grant CEX2019-000918-M funded by MCIN/AEI/10.13039/501100011033; and by the Generalitat de Catalunya, grant 2021SGR01095. We thank J. Martorell for useful discussions.