

Food behavior and body image in university students of the nutrition course

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Abstract: To evaluate the relationship between body image and risk for eating disorders, female students. For body image, the SMT pointed out 83% presented some type of dissatisfaction, risk behaviors for eating disorders according to the EAT-26 23%. Statistically significant association between SMT and EAT-26 ($p < 0.001$).

Keywords: body dissatisfaction; eating disorders; nutrition.

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