

In this case, you started yours with Python 3 as your kernel, so that means you can write Python code in your code cells. Since your initial Notebook has only one empty cell in it, the Notebook can't really do anything.

Thus, to verify that everything is working as it should, you can add some Python code to the cell and try running its contents.

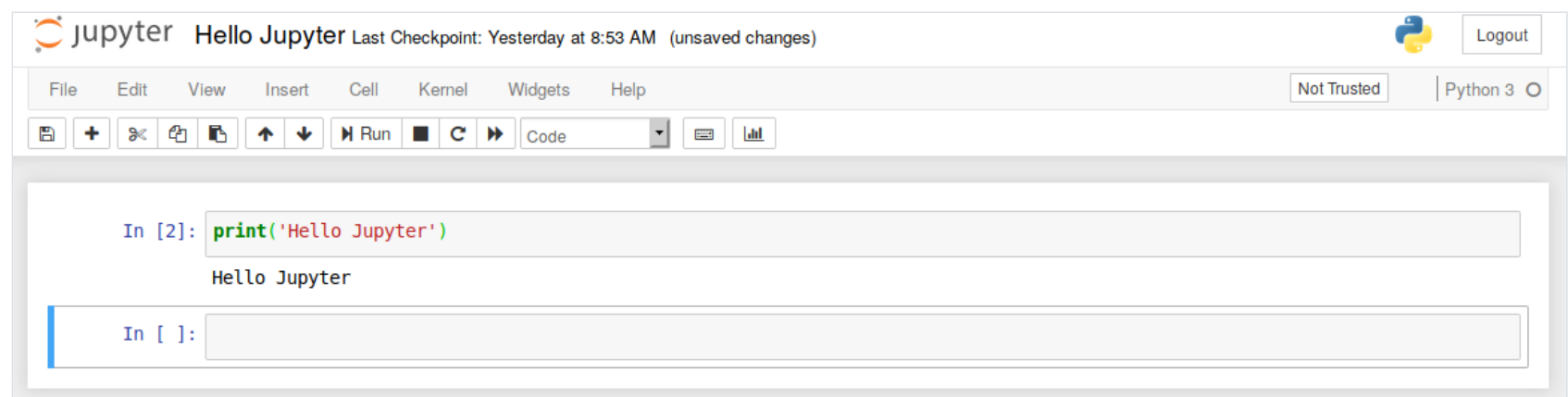
Let's try adding the following code to that cell:

Python

```
print('Hello Jupyter!')
```

Running a cell means that you will execute the cell's contents. To execute a cell, you can just select the cell and click the *Run* button that is in the row of buttons along the top. It's towards the middle. If you prefer using your keyboard, you can just press `⇧Shift` + `Enter ↵`.

When I ran the code above, the output looked like this:



If you have multiple cells in your Notebook, and you run the cells in order, you can share your variables and imports across cells. This makes it easy to separate out your code into logical chunks without needing to reimport libraries or recreate variables or functions in every cell.

When you run a cell, you will notice that there are some square braces next to the word *In* to the left of the cell. The square braces will auto fill with a number that indicates the order that you ran the cells. For example, if you open a fresh Notebook and run the first cell at the top of the Notebook, the square braces will fill with the number *1*.

The Menus

The Jupyter Notebook has several menus that you can use to interact with your Notebook. The menu runs along the top of the Notebook just like menus do in other applications. Here is a list of the current menus:

- *File*
- *Edit*
- *View*
- *Insert*
- *Cell*
- *Kernel*
- *Widgets*
- *Help*

Let's go over the menus one by one. This article won't go into detail for every single option in every menu, but it will focus on the items that are unique to the Notebook application.

The first menu is the *File* menu. In it, you can create a new Notebook or open a preexisting one. This is also where you would go to rename a Notebook. I think the most interesting menu item is the *Save and Checkpoint* option. This allows you to create checkpoints that you can roll back to if you need to.

Next is the *Edit* menu. Here you can cut, copy, and paste cells. This is also where you would go if you wanted to delete, split, or merge a cell. You can reorder cells here too.