



MUNICIPALITY OF SEBASTE COMMUNITY HEALTH PROTOCOL GUIDELINES

Kalusugan ng lahat, Kaligtasan ng bayan!

Prepared by: *Sebate Community Hospital*

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Barangay Hotline: (036) 278 2077

Email: sebastehospital@yahoo.com.ph

I. Introduction

In our effort to keep the Barangay Sebaste community safe and informed, these health protocol guidelines outline the procedures and reminders for all residents. Let's work hand in hand to maintain a clean, healthy, and secure environment for all.

II. General Health Measures

1. Wear face masks in all public areas.
2. Regular handwashing or use of alcohol-based sanitizers.
3. Keep a one-meter distance when outside your household.
4. Avoid large gatherings unless officially approved

III. Vaccination Program

- Free vaccinations available for eligible residents every Friday, 8AM–3PM, at the Barangay Health Center.
- Regular campaigns for senior citizens, children, and persons with disabilities.

IV. Barangay Health Worker Roles

- **Community Health Events:** Organize monthly wellness activities at the barangay gymnasium such as medical check-ups, nutrition seminars, blood pressure screening, and vaccination drives.
- **First Aid Assistance:** Assist during barangay sports or public events by setting up a medical station on-site.
- **Health Referrals:** Coordination with nearby clinics and hospitals.

V. Emergency Protocols

- All emergency services are confidential and free of charge
- For any flu-like symptoms or suspected illnesses, contact BHERT at **+63 945 136 7487**

VI. Reporting Concerns

- Anonymous reporting is respected and encouraged.
- Health-related concerns or reports may be submitted via the barangay hotline, suggestion boxes, or direct message to the Barangay Health Facebook page.

VII. **TB-DOTS Program (Directly Observed Treatment Short-course)**

Barangay Sebaste proudly operates a TB-DOTS program in partnership with the Department of Health to combat tuberculosis through early detection, monitored treatment, and community awareness.

Program Highlights:

Free TB screening and diagnostic testing at the Barangay Health Center
Assigned health workers to supervise and assist TB patients during treatment
Monthly counseling and nutritional support for patients under medication
Information campaigns to reduce stigma and educate the community on TB prevention

For inquiries or appointments, contact our TB-DOTS Coordinator at **0908-765-4321** or visit the Health Center from **Monday–Friday, 8AM to 4PM.**

Let's work together to build a healthier barangay.

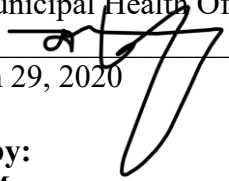
“Sa Barangay Malusog, Bawat Isa'y Kaisa!”

Prepared by:

Municipal Health Office

Adano, Sebastian

Position: Municipal Health Officer

Signature: _____

Date: March 29, 2020

Approved by:

Municipal Mayor

January C. Padpad

Signature: _____

Date: March 29, 2020