rows

id	title	meta
1	Post 1	{"A": true, "B": "foo"}
2	Post 2	{"B": true, "C": "bar"}

SELECT *
FROM posts
WHERE meta @> '{"C": "bar"}'

index

key	posting list
A	[1, 2]
B	[1]
C	[2]
true	[1, 2]
foo	[1]
bar	[2]