

## Finding the Middle ground, FakeMink, GoT, and More

2.25.26 - From Home



"Yooo are you Lixstayslit?"

Okay I'm back and back with a VENGEANCE (100 emoji). The reason for my week-long absence is in large part due to being sucked back into watched GoT again because of how fire Knight of the Seven Kingdoms was. So that has been occupying a lot of my free time. Forgot how much GoT is the tits. It's been long enough since I watched it that it's all hitting like new cuz I lowkey have forgotten some events. What a treat. Peak TV. I also since my last post have finally gotten a gym membership here. European gyms are so much nicer than American gyms its crazy. Maybe its just the one I subscribed to but I'm only paying 20 bucks a month so its not like a bouje gym but it is massive, clean and never overcrowded. In the states I feel like whenever I go to a gym it's either cramped space wise or the place is crawling with little gymshark shits. Having not lifted in a minute my goodness I am sore though. Beach body loading.

\*Brief sidebar; SZA did her thing on Crybaby\*

I've said this before, but I by nature like to operate in the extremes. In my actions and perspectives. I've been trying to ease my way into more of a "middle ground" (shoutout middle earth shoutout frodo) in life in a couple areas. Here are a couple of spaces I've been trying to find my middle ground or things I personally struggle with:

- **Politics and Social obligation:** When I was off social media in january, I was so out of the loop with current events in politics as twitter is basically my main source of news. Having redownloaded it, I am once again now subjected to seeing to all the terrible happenings of the world once again. I must say, getting away from all of it was quite nice. I didn't realize how digesting all that information subtly impacted my stress levels and

worldview/outlook. This is where I go back and forth. Part of me feels like I just want to completely ditch social media, not stay up to date on world events, and cultivate/create the energy and change I want to see around me without worry of what's going on in the greater scheme of things. When I have that thought I think "that's fair and realistically the most light + tangible way to go about life. But, you also have the people who would say "that's your privilege showing, you can afford to not care about world events / political happenings because as a straight, sexy, charismatic, handsome, white male nothing effects you." I also get that tbh. I don't want to be enabling anyones mistreatment by my inaction. At the same time though, how am I supposed to create drastic change in a world filled with so much evil? Isn't the best way I can do that by just living with happiness and acceptance of all those around me? Can't I do that without being informed and staying in my bubble? I don't really have an answer, but this is something I've been tussling with in my head you could say. I really don't think you can be a person claiming to buck systems without sacrificing your job, finances and reputation in the sense real protestors get punished is what I mean. I plan to operate within society and lead a quiet life in this aspect, so isn't all that there is left for me to do is just do the best I can and be the kindest person I can be? If anyone reads this I would love your 2 cents. Back and forth I have been having,

*\*Another sidebar; my spotify shuffle is playing hits. Shoutout the shins for what they did on new slang. No crumbs. Also Etta James so good. \**

- **My appearance:** I struggle big time with tying my self worth /esteem into my physical appearance. For example, I went to get coffee the other day, stepped in a puddle and put a huge stain on one of my shoes. This stain on my shoe deadass raised my cortisol levels (not to use a clavicular term, so sad and pathetic that i know who that guy is) and effected my ability to sit, read my book and drink coffee. All because I didn't like how the stain on my shoe looked. I suffer (strong word here) from the same struggles when it comes to my body as well. I am never really happy with my appearance unless i have like a sitting six pack lol, which is just unrealistic genetically but is a real thing that bothers me. I vent all this and put this under a middle ground because I think the root of my thoughts in regards to my appearance are healthy. There is nothing wrong with wanting to look presentable, clean, and in shape. When my over obsessions come in and take these desires to new heights and begin to tie my self worth to how I look is when it becomes damaging. I don't have an answer or a fix for this, more so just venting cuz its an area I would like to be less extremist and land in the middle, like I said.

What is it about Fakeminks music that has some indescribable like deeper emotion encoded into it. I'm not sure if it's the production, his vocals, what hes writing, or what exactly it is but every Fakemink song I listen to no matter the energy of it stirs some emotion in me that I can't quite put my finger on. If I was to describe it, I would say the emotion is like the feeling I

got in 7th grade when I got the new Lebron Soldiers and felt like I was on top of the world. Then combine that with the sadness of saying goodbye to somebody you love that you know you won't speak to again in a long time. Yeah lol combine those two emotions and for some reason Fakemink music brings the combination of those 2 emotions deep out of me. I need to sit and think what about his music makes me feel so emotional lol but it does. The lebron soldiers I'm talking about r pictured below tbh for reference. Also I absolutely love the Fakemink song where he uses the lovesong beabadoobee sample. So fucking good. What a gr8 two worlds to bring together.



Was geeked when I got these lol. Shoutout eastbay magazine.

Last thing: Luxembourg has the weirdest obsession with the song "Give me the night" by george benson. It's an absolute classic and a great song, I'm not debating that or disrespecting the tune at all. But it is on in EVER shop, cafe, restaurant, and radio station in Luxembourg at a like unnaturally high frequency. I know that song was at a point a huge hit and still is but it is disproportionately played out here and I just would love to know why this song of all songs is like quadruple platinum on every luxembourg radio station. Just so random to me and its gotten to a point I laugh everytime I hear it. It does make you wanna hit a lil jig though I won't lie.