

Felony Fitness – 2025 Impact Statement

Felony Fitness empowers justice-impacted individuals to rebuild their lives through health, fitness, and community.

2025 Highlights:

- **75 participants** enrolled in fitness programs.
- **120 group fitness sessions** delivered across Southern California.
- **25 volunteers** contributed their time and expertise.
- **3 outdoor community events** hosted, engaging over 200 attendees.
- Launched our **Certification Pathway**, training participants to become fitness leaders.

Impact in Action:

Participants report increased confidence, improved physical health, and a stronger sense of belonging. Our programs are more than workouts — they are a pathway to resilience, opportunity, and lasting transformation.

Looking Ahead:

In 2026, we aim to expand our programs into two new counties, double our outreach events, and launch a mentorship initiative to connect participants with community leaders.

Together, we are building stronger bodies, healthier communities, and brighter futures.