

# Numerical integration scheme for coupled elastoplastic-viscoplastic constitutive law for tunnels

Felipe Pinto da Motta Quevedo<sup>1</sup>, Denise Bernaud<sup>2</sup>, and Samir Maghous<sup>3</sup>

<sup>1</sup>M.S., Federal University of Rio Grande do Sul/PPGEC, av. Osvaldo Aranha, 99, Zip-Code 90.035-190, Porto Alegre/RS Brazil. Email: motta.quevedo@ufrgs.br

<sup>2</sup>Ph.D., Federal University of Rio Grande do Sul/PPGEC, av. Osvaldo Aranha, 99, Zip-Code 90.035-190, Porto Alegre/RS Brazil. Email: denise.bernaud@ufrgs.br

<sup>3</sup>Ph.D., Federal University of Rio Grande do Sul/PPGEC, av. Osvaldo Aranha, 99, Zip-Code 90.035-190, Porto Alegre/RS Brazil. Email: samir.maghous@ufrgs.br

## ABSTRACT

The paper presents an efficient numerical integration scheme for coupled elastoplasticity-viscoplasticity constitutive behavior with internal-state variables standing for irreversible processes. In most quasi-static structural analyses, the solution to boundary value problems involving materials that exhibit time-dependent constitutive behavior proceeds from the equations integration handled at two distinct levels. On the one hand, the first or local level refers to the numerical integration at each Gaussian point of the rate constitutive stress/strain relationships. For a given strain increment, the procedure of local integration is iterated for stresses and associated internal variables until convergence of the algorithm. On the other hand, the second or global level is related to structure equilibrium between internal and external forces achieved by the Newton-Raphson iterative scheme. A review of the elastoplastic and viscoplastic model will be shown, following the coupling between these models. Particular emphasis is given in this contribution to address the first level integration procedure, also referred to as algorithm for stress and internal variable update, considering a general elastoplastic-viscoplastic constitutive behavior. The formulation is described for semi-implicit

Euler schemes. The efficacy of the numerical formulation is assessed by comparison with analytical solution and numerical derived for deep tunnel in coupled elastoplasticity-viscoplasticity. Finally, a parametric analysis was performed to show the importance that this model can have, in the long-term convergence profile, against other models.

## INTRODUCTION

Deep tunnels are those whose deformation field, induced by excavation, does not significantly reaches the surface. The field of strain and stresses around the cavity of deep tunnel depends on several interrelated factors, such as the depth of the tunnel, the geometry of the cross section, the anisotropy of stresses in situ, the heterogeneity of the rock mass, the coupling between the rock mass and the lining during the construction of the tunnel and the mechanical behavior of the rock mass and lining. In general, for both the rock mass and the lining, several developments in literature of the rheological models are found whose parameters are adjusted based on samples tests.

An elastoplastic-viscoplastic constitutive law becomes important when the material behavior can't be describe by the usual models like elastoplasticity or viscoplastic. This problem is characteristic of deep tunnels excavated in clay rock mass as described by [Rousset \(1988\)](#). In these cases plastification around the rock mass, gradual closing of the tunnel section, extrusion of the excavation face and overloading on the lining can develop over the construction time (short term), or even months and years after the construction of the tunnel (long term), which can lead to excessive deformations ([Barla et al. 2008](#)), entrapment of the machine ([Ramoni and Anagnostou 2010](#)) and damage to the lining. In addition to the present work, elastoplastic-viscoplastic models applied to the problem of deep tunnels can be found in: [Rousset \(1988\)](#), [Piepi \(1995\)](#), [Purwodihardjo and Cambou \(2003\)](#), [Kleine \(2007\)](#), [Shafiqu et al. \(2008\)](#), [Debernardi and Barla \(2009\)](#), [Souley et al. \(2011\)](#), [Manh et al. \(2015\)](#). This work presents a numerical integration scheme for the elastoplastic-viscoplastic constitutive behavior. For that, a brief bibliographical review will be made about each model separately and later its coupling. Finally, the validation of this model will be presented, comparing its numerical solution with the analytical and numerical solution obtained by [Piepi \(1995\)](#) of an excavated tunnel under axisymmetric conditions.

## ELASTOPLASTIC CONSTITUTIVE MODEL

For problems with isothermal evolution, quasi-static in small transformations, the elastoplastic constitutive model can be described through the decomposition of the total strain tensor, the flow surface, the plastic flow rule, the hardening-softening law and the conditions of loading-unloading.

### Decomposition of the total strain tensor

Considering the hypothesis of small transformations (which includes the hypothesis of small strains) we have that the total strain rate can be decomposed into an elastic and a plastic component:

$$\dot{\boldsymbol{\varepsilon}} = \dot{\boldsymbol{\varepsilon}}^e + \dot{\boldsymbol{\varepsilon}}^p . \quad (1)$$

Within the context of deterministic thermodynamic processes, the specific free energy, considering an isothermal evolution, can be decomposed according to:

$$\psi(\boldsymbol{\varepsilon}, \boldsymbol{\varepsilon}^p, \alpha) = \psi^e(\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}^p) + \psi^p(\alpha) = \psi^e(\boldsymbol{\varepsilon}^e) + \psi^p(\alpha) , \quad (2)$$

where  $\alpha$  is the set of internal variables (cohesion, friction angle...) related to the hardening-softening phenomenon. From Eq. (2), the following constitutive relationships are obtained:

$$\boldsymbol{\sigma} = \frac{\partial \psi^e}{\partial \boldsymbol{\varepsilon}^e}, \quad q = \frac{\partial \psi^p}{\partial \alpha} , \quad (3)$$

where  $q$  is the set of thermodynamic forces associated with internal variables (scalar or tensor). From Eq. (1) and Eq. (3) the following constitutive relationship is obtained:

$$\dot{\boldsymbol{\sigma}} = \boldsymbol{D}^{ep} : \dot{\boldsymbol{\varepsilon}} = \boldsymbol{D} : \dot{\boldsymbol{\varepsilon}}^e = \boldsymbol{D} : (\dot{\boldsymbol{\varepsilon}} - \dot{\boldsymbol{\varepsilon}}^p) , \quad (4)$$

where  $\boldsymbol{D}$  and  $\boldsymbol{D}^{ep}$  are fourth-order tensors representing the elastic and elastoplastic modulus, respectively.

## Flow surface

A phenomenological characteristic observed in elastoplastic materials is the existence of a limit within which the material behaves elastically. In isotropic materials, this domain is delimited by a hypersurface in the space of principal stresses  $\partial\Gamma = \{\boldsymbol{\sigma} | f(\boldsymbol{\sigma}, q) = 0\}$  where  $f$  is the flow function. This surface delimits the set of stresses that are elastically admissible (E.A.) and the set of stresses that are plastically admissible (P.A.) as follows:

$$\Gamma = \{\boldsymbol{\sigma} | f(\boldsymbol{\sigma}, q) < 0\} \text{ (E.A.)}, \quad \Gamma = \{\boldsymbol{\sigma} | f(\boldsymbol{\sigma}, q) \leq 0\} \text{ (P.A.)}. \quad (5)$$

The flow function is commonly described as a function of the stress tensor invariants and the forces  $q$  associated with the internal variables related to the hardening-softening phenomenon  $f(\boldsymbol{\sigma}, q) = f(I_1, J_2, \theta, q)$  with

$$\begin{aligned} I_1 &= \text{tr}(\boldsymbol{\sigma}) = \sigma_{11} + \sigma_{22} + \sigma_{33} \\ J_2 &= \frac{1}{2} \text{tr}(\boldsymbol{s}^2) = \frac{1}{6} [(\sigma_{11} - \sigma_{22})^2 + (\sigma_{22} - \sigma_{33})^2 + (\sigma_{33} - \sigma_{11})^2] + \sigma_{12}^2 + \sigma_{23}^2 + \sigma_{13}^2, \\ J_3 &= \frac{1}{3} \text{tr}(\boldsymbol{s}^3) = \det(\boldsymbol{s}) = s_{11}s_{22}s_{33} - s_{11}\sigma_{23}^2 - s_{22}\sigma_{13}^2 - s_{33}\sigma_{12}^2 + 2\sigma_{12}\sigma_{23}\sigma_{13}, \\ \theta &= \frac{1}{3} \arcsin \left( \frac{-3\sqrt{3}}{2} \frac{J_3}{J_2^{3/2}} \right), \quad -\frac{\pi}{6} \leq \theta \leq \frac{\pi}{6}, \quad \text{and} \quad \boldsymbol{s} = \boldsymbol{\sigma} - \frac{p}{3} \mathbf{1}. \end{aligned} \quad (6)$$

In Eq. (6),  $I_1$  is the first invariant of the stress tensor,  $J_2, J_3$  is the second and the third invariant of the deviator tensor  $\boldsymbol{s}$ ,  $\theta$  is the Lode's angle (Chen and Han 1988). When the flow function does not depend of  $I_1$ , it is said that the plasticity is independent of pressure, being determined only by the state of stresses along the deviator plane. Several flow functions can be found in the literature as in Chen and Han (1988), Souza Neto et al. (2008) and Zienkiewicz and Cormeau (1974). Here is used the Drucker-Prager flow surface where:

$$f(\boldsymbol{\sigma}, q) = f(I_1, J_2, \beta_i) = \beta_1 I_1 + \beta_2 \sqrt{J_2} - \beta_3, \quad (7)$$

where the  $\beta_i$  parameters are related to the  $c$  cohesion and the  $\phi$  friction angle of the Mohr-Coulomb

flow surface. For the case where the surface of Drucker-Prager coincides with the surface of Mohr-Coulomb by the outer edges (DP-I) (Bernaud 1991):

$$\beta_1 = \frac{(k-1)}{3}, \quad \beta_2 = \frac{(k+2)}{\sqrt{3}}, \quad \beta_3 = 2\sqrt{k} c, \quad (8)$$

where  $k = (1 + \sin\phi)/(1 - \sin\phi)$ . For the case where the surface of Drucker-Prager is inscribed on the surface of Mohr-Coulomb (DP-II) (Bernaud 1991):

$$\beta_1 = \frac{(k-1)}{3}, \quad \beta_2 = \frac{(2k+1)}{\sqrt{3}}, \quad \beta_3 = 2\sqrt{k} c, \quad (9)$$

### Plastic flow rule

The law of evolution of plastic deformation (known as plastic flow rule) is postulated as

$$\boldsymbol{\varepsilon}^p = \lambda \mathbf{g}_\sigma \quad \text{with} \quad \mathbf{g}_\sigma = \frac{\partial g}{\partial \boldsymbol{\sigma}}, \quad (10)$$

where  $\lambda$  is the plastic multiplier and  $\mathbf{g}_\sigma$  is the tensor that gives the direction of plastic flow through the gradient of a potential function  $g$  analogous to  $f$ . Like the flow function, the plastic potential is usually described using the invariants of the stress tensor and  $\mathbf{g}_\sigma$  can be determined using the chain rule. For example, if  $g(I_1, \sqrt{J_2}, J_3, q)$  is as in Viladkar et al. (1995), we have:

$$\begin{aligned} \mathbf{g}_\sigma &= C_1 \mathbf{g}_1 + C_2 \mathbf{g}_2 + C_3 \mathbf{g}_3, \\ \mathbf{g}_1 &= \frac{\partial I_1}{\partial \boldsymbol{\sigma}} = \mathbf{1}, \quad \mathbf{g}_2 = \frac{\partial \sqrt{J_2}}{\partial \boldsymbol{\sigma}} = \frac{1}{2\sqrt{J_2}} \mathbf{s}, \quad \mathbf{g}_3 = \frac{\partial J_3}{\partial \boldsymbol{\sigma}}, \\ C_1 &= \frac{\partial g}{\partial I_1}, \quad C_2 = \frac{\partial g}{\partial \sqrt{J_2}} - \frac{\tan(3\theta)}{\sqrt{J_2}} \frac{\partial g}{\partial \theta}, \quad C_3 = -\frac{\sqrt{3}}{2 \cos(3\theta)} \frac{1}{J_2^{3/2}} \frac{\partial g}{\partial \theta}. \end{aligned} \quad (11)$$

As can be seen in Eq. (11), the constants  $C_1, C_2$  and  $C_3$  are particularities of each type of potential function. In Viladkar et al. (1995) it is possible to obtain the value of these constants for several functions, such von-Mises, Tresca, Drucker-Prager, Mohr-Coulomb, Cap Models, etc. For Drucker-Prager potential flow has  $C_1 = \beta_1, C_2 = \beta_2, C_3 = 0$ .

A common aspect in geomechanics is the variation of the volume of the material during the evolution of plastic deformations. This effect is commonly introduced through unassociated plasticity, adopting, instead of the friction angle a dilatance angle  $0 < \psi < \phi$  in the potential function  $g$ .

### Hardening-Softening law

The hardening-softening law characterizes the dependence of internal variables during the evolution of plastic deformations. This law is postulated as follows:

$$\dot{q} = \dot{\lambda} h_q(\sigma, q) = -\dot{\lambda} \frac{\partial h}{\partial q}, \quad (12)$$

where  $h_q = -\partial h / \partial q$  is a gradient of a potential function  $h$  with respect to the associated thermodynamic forces  $q$ . As the flow function  $f$  is dependent on  $q$ , changing along the plastic deformation will change the position and/or shape of the flow surface. When the flow surface is static, that is,  $\dot{q} = 0$ , there is perfect plasticity, when increases, there is isotropic hardening-softening and when it moves, there is kinematic hardening-softening, being mixed, when composed of the last two. In this paper, the associated hardening-softening law ( $h = f$ ) and isotropic is considered. The associated thermodynamic force is given exclusively by the portion that does not depend on the hydrostatic ( $I_1$ ) or deviating ( $J_2$ ) part on the flow surfaces. This force is controlled by the cohesive parameter, so  $q = \chi c(\bar{\epsilon}^p) = 2\sqrt{k}c(\bar{\epsilon}^p)$ , where  $\bar{\epsilon}^p$  is the state variable. For cohesion, it is considered a linear function defined by parts, as Eq. (13), in order to represent the characteristic hardening-softening of the rock mass.

$$c(\bar{\epsilon}^p) = \begin{cases} c_i + \frac{(c_p - c_i)}{\bar{\epsilon}_I^p} \bar{\epsilon}^p & \text{for zone I} \\ c_p, & \text{for zone II} \\ c_p + \frac{(c_r - c_p)}{\bar{\epsilon}_r^p - \bar{\epsilon}_{II}^p} (\bar{\epsilon}^p - \bar{\epsilon}_{II}^p), & \text{for zone III} \\ c_r, & \text{for zone IV} \end{cases}. \quad (13)$$

Therefore, using the chain rule in Eq. (12) we have

$$\dot{q} = -\dot{\lambda} \frac{\partial h}{\partial q} = -\dot{\lambda} \frac{\partial f}{\partial q} = \dot{\lambda} \left( -\frac{\partial f}{\partial q} \frac{\partial q}{\partial c} \frac{\partial c}{\partial \bar{\varepsilon}^p} \right) = \dot{\lambda} \left( \chi \frac{\partial c}{\partial \bar{\varepsilon}^p} \right), \quad (14)$$

where

$$\frac{\partial c}{\partial \bar{\varepsilon}^p} = \begin{cases} \frac{(c_p - c_i)}{\bar{\varepsilon}_I^p} & \text{for zone I} \\ 0, & \text{for zone II} \\ \frac{(c_r - c_p)}{\bar{\varepsilon}_r^p - \bar{\varepsilon}_{II}^p}, & \text{for zone III} \\ 0, & \text{for zone IV} \end{cases}. \quad (15)$$

The equivalent plastic deformation is calculated from the following expression:

$$\dot{\bar{\varepsilon}}^p = C ||\dot{\boldsymbol{\varepsilon}}^p||, \quad (16)$$

where

$$||\dot{\boldsymbol{\varepsilon}}^p|| = \sqrt{(\dot{\varepsilon}_{11}^p)^2 + (\dot{\varepsilon}_{22}^p)^2 + (\dot{\varepsilon}_{33}^p)^2 + 2(\dot{\varepsilon}_{12}^p)^2 + 2(\dot{\varepsilon}_{23}^p)^2 + 2(\dot{\varepsilon}_{13}^p)^2} \quad (17)$$

and

$$C = \frac{\beta_1 + 1/\sqrt{3}}{\sqrt{3\beta_1^2 + 1/2}}. \quad (18)$$

When  $\phi = 0$  the rock mass is independent of the hydrostatic pressure  $\beta = 0$  and  $C = \sqrt{2/3}$ .

### Loading and unloading conditions

The evolution of Eq. (10) and Eq. (12) are subject to three conditions (conditions of Kuhn-Tucker), which are:

$$f \leq 0, \quad \dot{\lambda} \geq 0, \quad \dot{\lambda} f = 0. \quad (19)$$

These conditions establish that plastic flow only occurs when the state of stresses is on the flow surface (known as consistency condition) and, in this case, there is no variation of the flow function

in relation to the stresses, that is:

$$\dot{f} = \frac{\partial f}{\partial \sigma} : \dot{\sigma} + \frac{\partial f}{\partial q} \cdot \dot{q} = f_{\sigma} : \dot{\sigma} + f_q \cdot \dot{q} = 0. \quad (20)$$

### Plastic multiplier and continuous Elastoplastic Module

Introducing Eq. (20) to Eq. (4) and Eq. (12), together with Eq. (10), and isolating the plastic multiplier, we have:

$$\dot{\lambda} = \frac{f_{\sigma} : D : \dot{\epsilon}}{f_{\sigma} : D : g_{\sigma} - f_q \cdot h_q} \quad (21)$$

that introducing in the constitutive relation Eq. (4) leads to

$$D^{ep} = D - \frac{(D : g_{\sigma}) \otimes (f_{\sigma} : D)}{f_{\sigma} : D : g_{\sigma} - f_q \cdot h_q} \quad (22)$$

where  $\otimes$  is the tensorial product.

## VISCOPLASTIC CONSTITUTIVE MODEL

### Decomposition of the strain tensor

The viscoplastic constitutive model has a rationale similar to that of elastoplasticity, which leads to the following relationship:

$$\dot{\sigma} = D^{vp} : \dot{\epsilon} = D : \dot{\epsilon}^e = D : (\dot{\epsilon}^e - \dot{\epsilon}^{vp}) \quad (23)$$

where  $D^{vp}$  is the viscoplastic fourth order tensor.

### Flow surface

Viscoplasticity does not always have an elastic domain, for example, at high temperatures certain materials can always flow under stress, that is, the flow function is zero. For these materials there are explicit functions. However, in problems involving deep tunnels, the phenomenon occurs from a certain level of stress, as described by [Rousset \(1988\)](#). For these cases, surfaces  $f^{vp}$  similar to those of elastoplasticity are used.



## Viscoplastic flow rule and hardening-softening law

Analogous to elastoplasticity, the viscoplastic flow rule and the hardening-softening law are postulated as follows:

$$\begin{aligned} \dot{\boldsymbol{\epsilon}}^{vp} &= \dot{\lambda}^{vp} \mathbf{g}_{\boldsymbol{\sigma}}^{vp} \quad \text{with} \quad \mathbf{g}_{\boldsymbol{\sigma}} = \frac{\partial g^{vp}}{\partial \boldsymbol{\sigma}}, \\ \dot{q}^{vp} &= \dot{\lambda}^{vp} h_q(\boldsymbol{\sigma}, q^{vp}) = -\dot{\lambda}^{vp} \frac{\partial h^{vp}}{\partial q^{vp}} \quad \text{and} \quad \bar{\epsilon}^{vp} = \int_0^t \dot{\lambda}^{vp} dt. \end{aligned} \quad (24)$$

However, in this work, the viscoplasticity is perfect, that is,  $\dot{q}^{vp} = 0$ .

## Viscoplastic multiplier

Unlike elastoplasticity, viscoplastic deformation occurs even when  $f^{vp} > 0$ , and therefore, the consistency condition is not imposed. Thus, the rate of the viscoplastic multiplier  $\dot{\lambda}^{vp}$  cannot be obtained from a condition like  $\dot{f}^{vp} = 0$ . Therefore, there are models that provide an explicit expression for  $\dot{\lambda}^{vp}$  and in this work Perzyna model (Perzyna 1966) will be adopted, as described in Zienkiewicz and Corneau (1974):

$$\dot{\lambda}^{vp} = \frac{\Phi(\boldsymbol{\sigma}, q^{vp})}{\eta} \quad \text{and} \quad \Phi = \left\langle \frac{f(\boldsymbol{\sigma}, q^{vp})}{f_0} \right\rangle^n \quad (25)$$

where  $\Phi$  is the overstress function,  $\eta$  is the dynamic viscosity constant,  $n$  is the dimensionless parameter that gives the form of the power law,  $f_0$  a parameter conveniently adopted and  $\langle * \rangle$  is the McCauley function which is null when  $* < 0$ , that is, viscoplastic flow will only occur when the overstress function is positive.

## ELASTOPLASTIC-VISCOPLASTIC CONSTITUTIVE MODEL

The proposed elastoplastic-viscoplastic model is constructed by the serial association of the constitutive models described above, and, therefore, we have:

$$\dot{\boldsymbol{\sigma}} = \mathbf{D}^{vp} : \dot{\boldsymbol{\epsilon}} = \mathbf{D} : \dot{\boldsymbol{\epsilon}}^e = \mathbf{D} : (\dot{\boldsymbol{\epsilon}}^e - \dot{\boldsymbol{\epsilon}}^p - \dot{\boldsymbol{\epsilon}}^{vp}). \quad (26)$$

This association can be seen in the one-dimensional representation of Fig. 1. An important

observation is that the flow surfaces and the internal variables that define the elastoplastic and viscoplastic portion of this model can be different from each other, including the association of their respective potential functions with their flow surfaces.

## ALGORITHM FOR UPDATING THE STRESS AND INTERNAL VARIABLES

The algorithms for updating stress and internal variables propose to solve the system of differential equations involving the constitutive relations through some integration scheme (generally Runge-Kutta). The algorithm occurs for each Gauss point of each element during the global equilibrium iterations and, given a known set of  $\{\boldsymbol{\varepsilon}_n, \boldsymbol{\varepsilon}_n^p, \boldsymbol{\sigma}_n, q_n\}$  in the substep  $n$  and the increment of total strain  $\Delta\boldsymbol{\varepsilon}$  we try to obtain the values of the next substep  $\{\boldsymbol{\varepsilon}_{n+1}, \boldsymbol{\varepsilon}_{n+1}^{in}, \boldsymbol{\sigma}_{n+1}, q_{n+1}\}$  where  $\boldsymbol{\varepsilon}_{n+1}^{in}$  is the inelastic strain (plastic or viscoplastic).

### Integration of elastoplastic constitutive equations

Using the first order Runge-Kutta method we have the following scheme of integration of the constitutive equations:

$$\begin{cases} \boldsymbol{\varepsilon}_{n+1} = \boldsymbol{\varepsilon}_n + \Delta\boldsymbol{\varepsilon} \\ \boldsymbol{\varepsilon}_{n+1}^p = \boldsymbol{\varepsilon}_n^p + [(1 - \Theta)\Delta\lambda_n \mathbf{g}_{\sigma_n} + \Theta\Delta\lambda_{n+1} \mathbf{g}_{\sigma_{n+1}}] \\ q_{n+1} = q_n + [(1 - \Theta)\Delta\lambda_n h_{q_n} + \Theta\Delta\lambda_{n+1} h_{q_{n+1}}] \\ \boldsymbol{\sigma}_{n+1} = \mathbf{D} \boldsymbol{\varepsilon}_{n+1}^e = \mathbf{D}(\boldsymbol{\varepsilon}_{n+1} - \boldsymbol{\varepsilon}_{n+1}^p) \\ f_{n+1} = f(\boldsymbol{\sigma}_{n+1}, q_{n+1}) = 0 \end{cases} \quad (27)$$

where  $\Delta\lambda = \dot{\lambda}\Delta t$  and  $0 \leq \Theta \leq 1$  provides the generalized trapezoidal rule for plastic flow and the evolution of internal variables. When  $\Theta = 0$  we obtain the fully explicit form and when  $\Theta = 1$  the fully implicit form. Semi-implicit algorithms adopt  $0 \leq \Theta < 1$  or a combination of implicit and explicit of the  $\Delta\lambda$ ,  $\mathbf{g}_{\sigma}$  and  $h_q$ .

The fully explicit schemes did not satisfy the consistency condition  $f_{n+1} = f(\boldsymbol{\sigma}_{n+1}, q_{n+1}) = 0$  at the end of the substep, since the plastic multiplier and the flow vectors were calculated with the stress of the previous substep  $n$ . Currently, completely implicit or semi-implicit algorithms that

satisfy  $f_{n+1} = 0$  are used and some semi-implicit ones avoid the need to calculate the second order gradients of flow vectors  $\mathbf{g}_\sigma$  and  $h_q$ , but need more equilibrium iterations in relation to the fully implicit scheme. Several integration schemes for elastoplasticity can be found in Souza Neto et al. (2008), Belytschko et al. (2000) and Simo and Hughes (1998). In this work, we use semi-implicit two-step integration scheme, presented in Belytschko et al. (2000), in which the plastic multiplier is integrated through an implicit scheme and the flow vectors are explicitly integrated.

The integration schemes have two steps: first, the elastic predictor is calculated and, if necessary, the plastic corrector. Defining  $\Delta\boldsymbol{\varepsilon}_{n+1}^p \equiv \boldsymbol{\varepsilon}_{n+1} - \boldsymbol{\varepsilon}_n$ , the elastic predictor can be explained from Eq. (27)<sub>4</sub> as:

$$\boldsymbol{\sigma}_{n+1} = \mathbf{D}(\boldsymbol{\varepsilon}_{n+1} - \boldsymbol{\varepsilon}_{n+1}^p) = \mathbf{D}(\boldsymbol{\varepsilon}_n + \Delta\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}_n^p - \Delta\boldsymbol{\varepsilon}_{n+1}^p) = \boldsymbol{\sigma}_{n+1}^{trial} + \Delta\boldsymbol{\sigma}_{n+1} \quad (28)$$

where  $\boldsymbol{\sigma}_{n+1}^{trial} = \mathbf{D}(\boldsymbol{\varepsilon}_n + \Delta\boldsymbol{\varepsilon} - \boldsymbol{\varepsilon}_n^p)$  is the elastic predictor (also known as trial stress). Thus, in the first step, the trial stress is calculated and the flow function  $f$ . If  $f < 0$  the stress state is in the elastic domain and there is no need to apply the plastic corrector. However, if  $f > 0$  the stress state is outside the plastically admissible domain and it is necessary to apply the plastic corrector step.

The plastic corrector is the system solution procedure of the Eq. (27)<sub>2,3,5</sub> which will determine the increments  $\Delta\boldsymbol{\sigma}_{n+1}$  and  $\Delta q_{n+1}$ . When it is not possible to obtain an analytical solution for this system, the Newton-Raphson solution procedure is used, which iterates  $k$  times through the space of the stresses and internal variables until the stress state returns on the flow surface. This is why these schemes are also known as return mapping algorithms. Fig. 2 geometrically illustrates this solution.

Therefore, to solve by Newton-Raphson scheme the plastic corrector writes Eq. (27)<sub>2,3,5</sub> (omitting the index  $n + 1$ ):

$$\begin{cases} \mathbf{a} = -\boldsymbol{\varepsilon}^p + \boldsymbol{\varepsilon}_n^p + \Delta\lambda \mathbf{g}_{\sigma_n} = \mathbf{0} \\ \mathbf{b} = -q + q_n + \Delta\lambda h_{q_n} = 0 \\ f = f(\boldsymbol{\sigma}, q) = 0 \end{cases} \quad (29)$$

Linearizing the Eq. (29) in relation to  $\Delta\lambda$ , with  $\Delta\boldsymbol{\varepsilon}^p = -\mathbf{D}^{-1}\Delta\boldsymbol{\sigma}$ , we have:

$$\begin{cases} \mathbf{a}_k + \mathbf{D}^{-1} \Delta \boldsymbol{\sigma}_k + \delta \lambda_k \mathbf{g}_{\sigma_n} = \mathbf{0} \\ \mathbf{b}_k - \Delta q_k + \delta \lambda_k h_{q_n} = \mathbf{0} \\ f_k + \mathbf{f}_{\sigma_k}^T \Delta \boldsymbol{\sigma}_k + f_{q_k}^T \Delta q_k = 0 \end{cases} \quad (30)$$

Eq. (30) is a system of three equations with three unknowns:  $\Delta \boldsymbol{\sigma}_k$ ,  $\Delta q_k$  and  $\delta \lambda_k$  and as the flow vectors  $\mathbf{g}_{\sigma}$  and  $h_q$  are calculated in the initial step  $n$ , their gradients did not appear in the formulations. Reorganizing this system we obtain the following solution for the plastic corrector:

$$\begin{Bmatrix} \Delta \boldsymbol{\sigma}_k \\ \Delta q_k \end{Bmatrix} = -\delta \lambda_k [\mathbf{A}] \begin{Bmatrix} \mathbf{g}_{\sigma_n} \\ h_{q_n} \end{Bmatrix} \quad (31)$$

$$[\mathbf{A}] = \begin{bmatrix} \mathbf{D} & \mathbf{0} \\ \mathbf{0} & -1 \end{bmatrix}. \quad (32)$$

$$\delta \lambda_k = \frac{f_k}{[\mathbf{f}_{\sigma_k}^T \quad f_{q_k}^T] [\mathbf{A}] \begin{Bmatrix} \mathbf{g}_{\sigma_n} \\ h_{q_n} \end{Bmatrix}} \quad (33)$$

Due to this explicit treatment of the flow vectors in Eq. (32),  $[\mathbf{A}]$  presents a closed expression involving only the elastic modulus. In addition, as the system Eq. (30) is composed of linear functions in relation to  $\Delta \lambda$  the residuals  $\mathbf{a}_k$  and  $\mathbf{b}_k$  will automatically be null, dispensing its verification in the convergence criterion, as given by [Belytschko et al. \(2000\)](#).

After updating the stresses and internal variables, it is possible to update the constitutive module. It is possible to use the tangent modulus consistent with the linearization made during the algorithm for integrating the constitutive laws (that is why this modulus is also known as the algorithmic modulus). Its use increase the convergence rate of equilibrium iterations. Its general expression is defined by:

$$\mathbf{D}^{alg} = \left( \frac{d\boldsymbol{\sigma}}{d\boldsymbol{\varepsilon}} \right)_{n+1}. \quad (34)$$

To derive the expression from the  $\mathbf{D}^{alg}$  to resolve Eq. (27) in to  $d\boldsymbol{\sigma}/d\boldsymbol{\varepsilon}$  ([Belytschko et al. 2000](#)).

With that, we have, in elastoplasticity, the following relationship (omitting the  $n + 1$  index):

$$\mathbf{D}^{alg} = \mathbf{D} - \frac{\mathbf{D} \mathbf{g}_{\sigma_n} \mathbf{f}_{\sigma}^T \mathbf{D}}{\mathbf{f}_{\sigma}^T \mathbf{D} \mathbf{g}_{\sigma_i} - f_q h_{q_n}} \quad (35)$$

Updating the constitutive modulus requires the assembly of the global stiffness matrix at each global equilibrium iteration, so this update is not always done.

### Integration of viscoplastic constitutive equations

Different integration algorithms can be found in the literature and some of the most used are in Belytschko et al. (2000), Souza Neto et al. (2008), Huang and Griffiths (2009) and Smith et al. (2014). In the present work, a scheme introduced by Pierce et al. (1984), known as the Rate Tangent Modulus Method, which used an explicit Euler scheme for all variables, except for  $\Delta \lambda^{vp}$  that is integrated according to the generalized trapezoidal rule. So, we have the following scheme:

$$\left\{ \begin{array}{l} \boldsymbol{\varepsilon}_{n+1} = \boldsymbol{\varepsilon}_n + \Delta \boldsymbol{\varepsilon} \\ \boldsymbol{\varepsilon}_{n+1}^{vp} = \boldsymbol{\varepsilon}_n^{vp} + \Delta \lambda^{vp} \mathbf{g}_{\sigma_n}^{vp} \\ q_{n+1}^{vp} = q_n^{vp} + \Delta \lambda^{vp} h_{q_n}^{vp} \\ \boldsymbol{\sigma}_{n+1} = \mathbf{D} \boldsymbol{\varepsilon}_{n+1}^e = \mathbf{D}(\boldsymbol{\varepsilon}_{n+1} - \boldsymbol{\varepsilon}_{n+1}^{vp}) \\ \Delta \lambda = \frac{\Delta t}{\eta} [(1 - \Theta) \Phi_n + \Theta \Phi_{n+1}] \end{array} \right. . \quad (36)$$

Linearizing the overstress of Eq. (25) we have:

$$\Phi_{n+1} = \Phi_n + \Phi_{\sigma_n}^T \Delta \boldsymbol{\sigma} + \Phi_{q_n}^T \Delta q^{vp} \quad (37)$$

where  $\Phi_{\sigma} = \partial \Phi / \partial \boldsymbol{\sigma}$  and  $\Phi_q = \partial \Phi / \partial q$ . Replacing Eq. (37) in the Eq. (36)<sub>5</sub> we obtain:

$$\Delta \lambda = \frac{\Delta t}{\eta} \Phi_n + \frac{\theta \Delta t}{\eta} (\Phi_{\sigma_n}^T \Delta \boldsymbol{\sigma} + \Phi_{q_n}^T \Delta q). \quad (38)$$

And introducing Eq. (36)<sub>2</sub> into Eq. (36)<sub>4</sub> and rewriting Eq. (36)<sub>3</sub> we obtain:

$$\begin{Bmatrix} \Delta \boldsymbol{\sigma} \\ \Delta q^{vp} \end{Bmatrix} = \begin{Bmatrix} \mathbf{D}(\Delta \boldsymbol{\varepsilon} - \Delta \lambda^{vp} \mathbf{g}_{\sigma_n}) \\ \Delta \lambda^{vp} h_{q_n}^{vp} \end{Bmatrix}. \quad (39)$$

Finally, replacing (39) in (38) we can isolate  $\Delta \lambda^{vp}$ :

$$\Delta \lambda^{vp} = \frac{\Phi_n + \Theta \Phi_{\sigma_n}^T \mathbf{D} \Delta \boldsymbol{\varepsilon}}{\frac{\eta}{\Delta t} + \Theta (\Phi_{\sigma_n}^T \mathbf{D} \mathbf{g}_{\sigma_n}^{vp} - \Phi_{q_n}^T h_{q_n}^{vp})}. \quad (40)$$

When  $0 < \Theta < 1$  we have a semi-implicit algorithm and when  $\Theta = 0$  we have a totally explicit algorithm, with  $\Delta \lambda^{vp} = \Delta t \frac{\Phi_n}{\eta}$ . As can be seen from this deduction, unlike the integration of the constitutive relationship in elastoplasticity, there is no need to solve the system iteratively. And, in addition, all variables are taken from the previous  $n$  substep. This fact, as will be seen in the next section, will facilitate the coupling between the viscoplasticity and elastoplasticity algorithm. Furthermore, in this work, for viscoplasticity, hardening-softening laws are not used, simplifying the expression (39) to:

$$\Delta \lambda^{vp} = \frac{\Phi_n + \Theta \Phi_{\sigma_n}^T \mathbf{D} \Delta \boldsymbol{\varepsilon}_n}{\frac{\eta}{\Delta t} + \Theta \Phi_{\sigma_n}^T \mathbf{D} \mathbf{g}_{\sigma_n}}. \quad (41)$$

Substituting (41) into (39)<sub>1</sub> scheme gives a closed expression for the stress update:

$$\Delta \boldsymbol{\sigma} = \mathbf{D}^{alg} \Delta \boldsymbol{\varepsilon} - \mathbf{p} \quad (42)$$

with

$$\mathbf{D}^{alg} = \mathbf{D} - \frac{\Theta \mathbf{D} \mathbf{g}_{\sigma_n} \Phi_{\sigma_n}^T \mathbf{D}}{\eta / \Delta t + \Theta \Phi_{\sigma_n}^T \mathbf{D} \mathbf{g}_{\sigma_n}}, \quad \mathbf{p} = \frac{\Phi_n \mathbf{D} \mathbf{g}_{\sigma_n}}{\eta / \Delta t + \Theta \Phi_{\sigma_n}^T \mathbf{D} \mathbf{g}_{\sigma_n}} \quad (43)$$

where  $\mathbf{D}^{alg}$  is the algorithmic constitutive modulus and  $\mathbf{p}$  a pseudo-stress that does not depend on the increment of total strain.

The integration scheme represented by (36)<sub>5</sub> is unconditionally stable for a value of  $\Theta \geq 1/2$ .

However, this does not guarantee the accuracy of the solution. Thus, as for values  $\Theta < 1/2$ , a limit value must be used for the time increment  $\Delta t \leq \Delta t_{\text{lim}}$ . This limit can generally be achieved by reducing the time increment until the solution does not change. Strictly it depends on the material parameters, the integration scheme, the flow surface and the flow rule and there are some analytical solutions for classical surfaces. To avoid this precision problem, in this work, the limits of Drucker-Prager surface was used (Cormeau 1975):

$$\Delta t_{\text{lim}} \leq \left\{ \begin{array}{l} \frac{4}{3} \frac{\eta}{\Phi} \frac{(1+\nu)}{E} \sqrt{3J_2} \\ \frac{\eta f_0}{\Phi'} \frac{(1+\nu)(1-2\nu)}{E} \frac{(3 - \sin \phi)^2}{\frac{3}{4}(1-2\nu)(3 - \sin \phi)^2 + 6(1+\nu) \sin \phi^2} \end{array} \right. \quad (44)$$

where  $\phi' = \frac{d\phi}{d(f/f_0)} = n(f/f_0)^{n-1}$ . When  $\phi = 0$  we have the specific case for the von-Mises surface. This limit is deduced considering the associated viscoplasticity and a fully explicit integration scheme.

### Integration of elastoplastic-viscoplastic constitutive equations

As viscoplasticity is integrated through a semi-implicit rule in which all variables are calculated in substep  $n$ , that is, with the known stress, the viscoplastic strain increment can be directly discounted from the total strain increment in the elastic prediction step of the elastoplasticity algorithm. The algorithm for integrating the elastoplastic-viscoplastic constitutive equations can be seen in the flowchart of Fig. 3.

### VALIDATION OF THE MODEL

As validation, a comparison will be made with the analytical and numerical solution deduced by (Piepi 1995) for a perfect elastoplastic-viscoplastic model with Tresca's criterion applied to deep clay rock mass. This analytical solution was chosen because it uses the same association principle as in Fig. 1. Furthermore, it is considered the same surface for plasticity and viscoplasticity, and their flow vectors are fully associated  $f^p = g^p = f^{vp} = g^{vp}$ . For this analysis, the Tresca surface was approximated through the Drucker-Prager surface without friction and dilatance angle.

The algorithm was implemented in ANSYS software through the UPF (User Programming

Features). The mesh (Fig. 4) comprises 1222 linear elements of four nodes, two degrees of freedom per node and four integration points. The system size, after applying the boundary conditions is of 7626 equations. The excavation method consisted of the technique of deactivating the elements to be excavated by multiplying the modulus of elasticity by  $10^{-16}$  (eliminating its contribution to the stiffness matrix) and making the stresses to zero in the Gauss points during the integration of internal forces. The geometric parameters are in Tab. 1.

The following constitutive parameters are used:  $E = 1500\text{MPa}$  and  $2000\text{MPa}$ ,  $\nu = 0.498$ ,  $c^i = c^p = c^r = 4\sqrt{3}/2\text{MPa}$ ,  $c^{vp} = 3\sqrt{3}/2\text{MPa}$ ,  $\eta = 4 \cdot 10^4\text{day}$ ,  $n = 1$ ,  $f_0 = 1\text{MPa}$  and  $p_v = p_h = 9\text{MPa}$ . The viscous phenomenon evolves over time between excavation steps. This time is calculated as the ration between the step size of the excavation  $L_p$  and the excavation speed  $V_p = 10\text{m/day}$ . After the last excavation the model continues incrementing the time until the deformation increment is in the order of  $10^{-8}$ . In the latter, it can be noted that the elastoplastic model has greater cohesion than the viscoplastic model. This causes viscoplastic deformations to start even before the solid plasticize. The long-term convergence profile, that is, after the time-deferred effects cease, can be seen in Fig. 5 and Fig. 6. There is an excellent agreement between the proposed numerical solution with the analytical and numerical solution given by [Piepi \(1995\)](#).

## PARAMETRIC ANALYSIS, RESULTS AND DISCUSSIONS

In this section, a parametric analysis is presented to investigate the influence of this elastoplastic-viscoplastic model on the long-term convergence profile, with and without lining. The rock mass properties are the same as the previous analysis with  $E = 1500\text{MPa}$ . A variable lining modulus of  $E_{rev} = 3000\text{MPa}$  to  $E_{rev} = 30000\text{MPa}$  with  $\nu_{rev} = 0.3$  and the unsupported distance of  $d_0 = 0$  and  $d_0 = 4L_p$  was adopted. Convergence to equilibrium is measured in  $y/R_i = 6$ . The Fig. 7 shown this results togheter with elastic (E), viscoplastic (VP) and elastoplastic (EP) behavior. The rigidity of the lining is calculated by the expression:

$$K_{rev} = \frac{E_{rev}}{(1 + \nu_{rev})} \frac{R_i^2 - (R_i - e_{rev})^2}{[(1 - 2\nu_{rev})R_i^2 + (R_i - e_{rev})^2]}. \quad (45)$$



When the lining rigidity is high, the model (VP) approaches the (EL). This is because the viscous deformations of the viscoplastic model are resisted by the lining and prevented to appear. The model (EPVP) is close to the model (EP). This is because during excavation and placement of the lining, some plastification occurs, but the viscous deformations of the model (EPVP) are resisted by the lining. Comparing the viscoplastic-elastoplastic model with the viscoplastic model, in the long term, without lining, the (EPVP) had a 52% higher convergence. With lining applied at  $d_0 = 0$  a convergence 23% greater, and for  $d_0 = 4L_p$  31% greater. This is a big difference in relation to viscoplastic model that try to estimate the convergence in the long term, but do not consider the plastification of the rock mass in the instantaneous behavior.

## CONCLUSIONS

This work presented a numerical integration scheme for the elastoplastic-viscoplastic constitutive behavior. A brief bibliographic review of each model was carried out separately and its coupling afterwards. The numerical solution of the model was verified with the analytical and numerical solution obtained by Piepi (1995) under axisymmetric conditions, demonstrating an excellent agreement.

Finally, a parametric analysis was performed to show the importance that this model can have, in the long-term convergence profile, against models that do not consider the instantaneous elastoplastic behavior together with the viscous behavior. For the considered properties, differences in the order of 23% to 52% were found.

## DATA AVAILABILITY STATEMENT

Some or all data, models, or code that support the findings of this study are available from the corresponding author upon reasonable request. (ANSYS APDL script for FEM model and USERMAT subroutine in FORTRAN90 for constitutive rock mass model)

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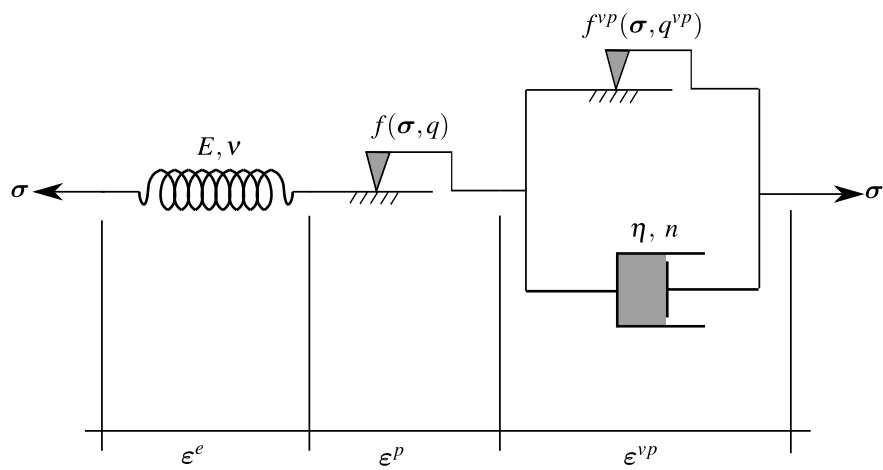
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**TABLE 1.** Geometric parameters of the mesh

PARAMETERS	SYMBOL	UNIT	VALUES
GEOMETRIC DOMAIN			
Radius of interface between tunnel and rock mass	$R_i$	m	1
Lining thickness	$e_{rev}$	m	0.1
Radius of the region near the tunnel $R_1$	$R_1$	m	$10R_i$
Total domain lenght	$L_x$	m	$20R_i$
Length beyond $R_1$	$L_{x_1}$	m	$L_x - R_1$
EXCAVATION AND PLACEMENT OF LINING			
Number of excavation steps	$n_p$	un	38
Number of steps in first excavation	$n_{p_i}$	un	3
Length of the excavated part	$Ly_1$	m	$n_p L_p$
Length of unexcavated part	$Ly_2$	m	$25L_p$
Longitudinal length of domain	$L_y$	m	$L_{y_1} + L_{y_2}$
Excavation step size	$L_p$	m	$1/3R_i$
Unsupported dimension	$d_0$	m	0, $2L_p$ , $4L_p$
Lining face coordinate	$y_r$	m	$(i_p - 1)L_p + n_{p_i}L_p - (L_p + d_0)$
Excavation face coordinate	$y_f$	m	$(i_p - 1)L_p + n_{p_i}L_p$
DISCRETIZATION			
Elements along $R_i$	$nR_i$	un	5
Elements in lining thickness	$n_{rev}$	un	2
Elements along $R_1$	$nR_1$	un	15
First and last element ration of $R_1$	$mR_1$	adm	15
Elements along $L_{x_1}$	$nL_{x_1}$	un	5
First and last element ration of $L_{x_1}$	$mL_{x_1}$	adm	5
Element size in excavated part	$L_{pe}$	m	$L_p$
Number of elements along $L_{y_2}$	$nL_{y_2}$	un	8
First and last element ratio of $L_{y_2}$	$mL_{y_2}$	adm	5

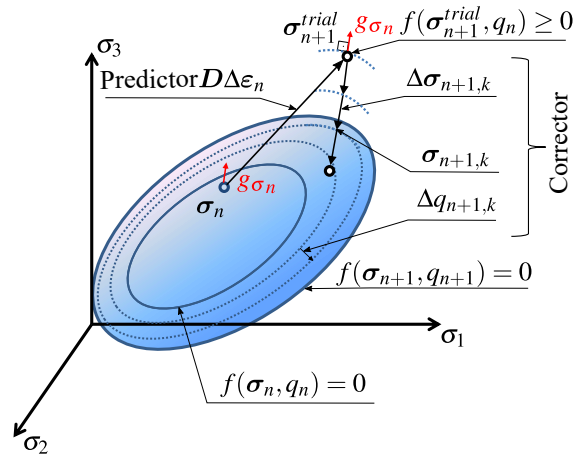
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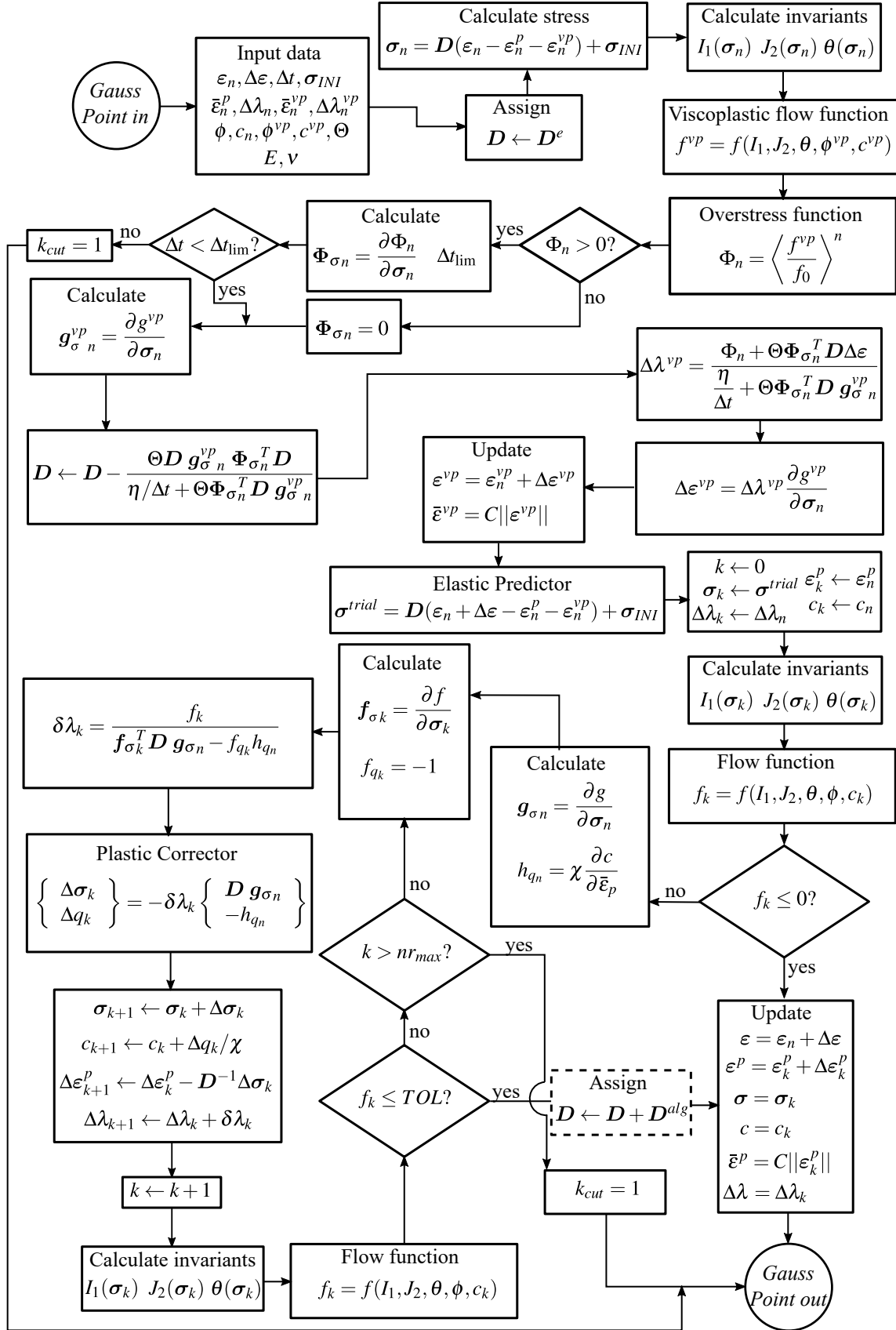


**Fig. 1.** Rheological representation of the elastoplastic-viscoplastic model.

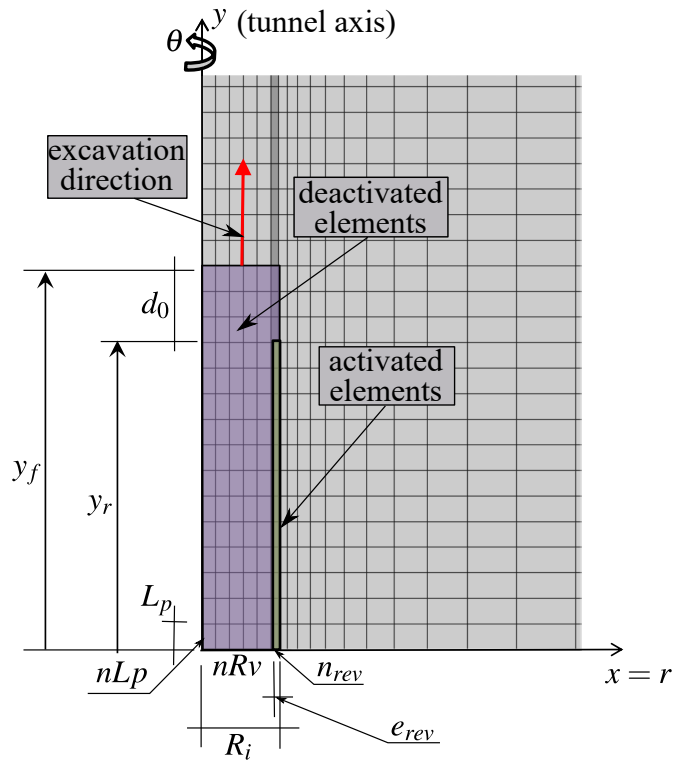
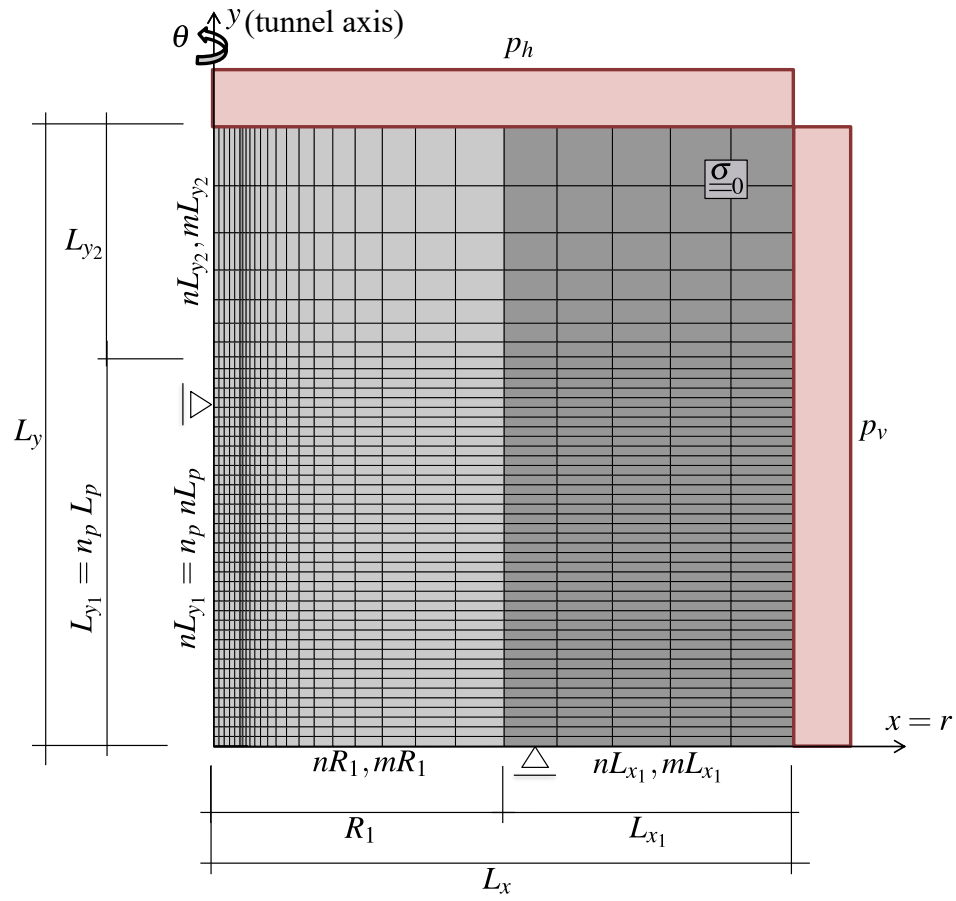




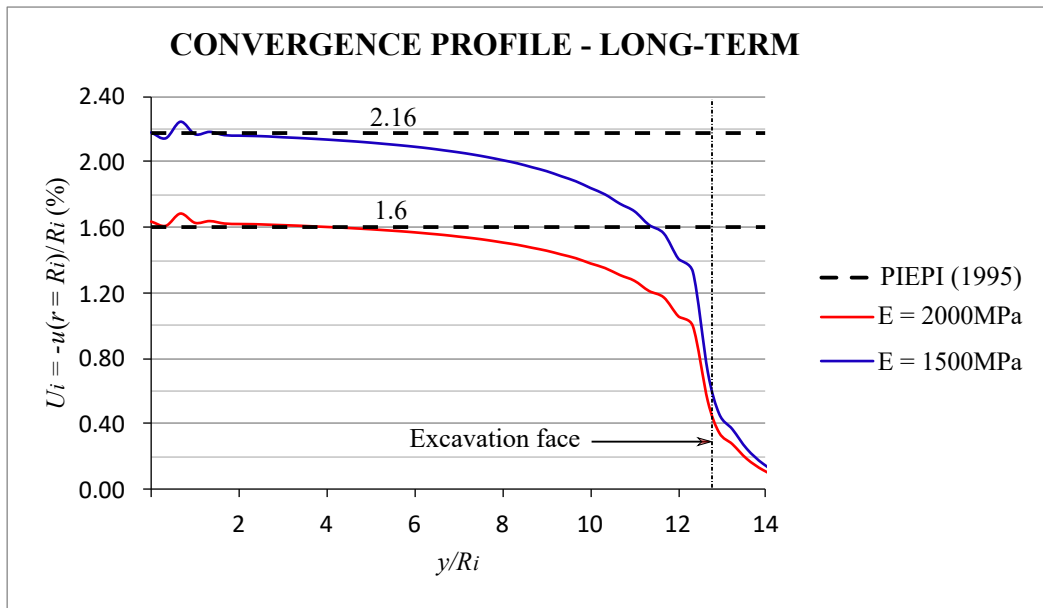
**Fig. 2.** Illustration of the return mapping semi-implicit algorithm with  $k$  Newton-Raphson local iterations



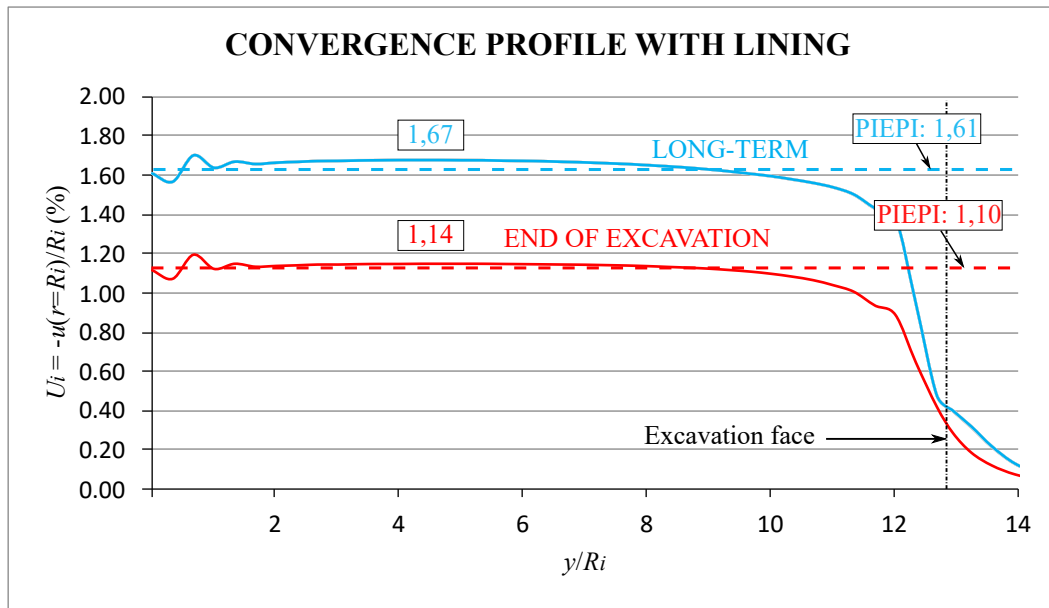
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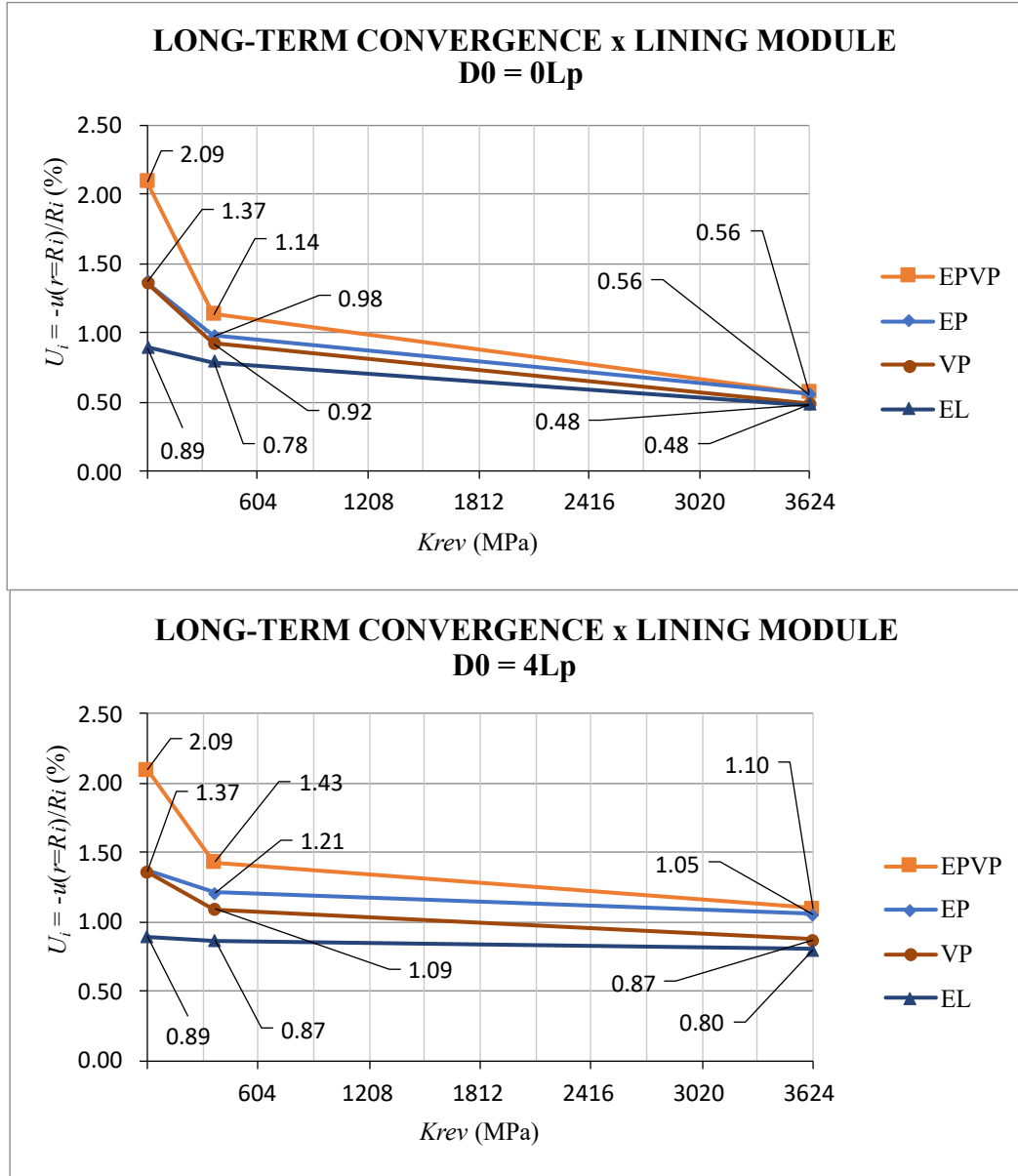
**Fig. 4.** Domain, parameters, boundary conditions and the mesh of the axisymmetric numerical model.



**Fig. 5.** Verification with Piepi (1995) analytical solution of the model elastoplastic-viscoplastic without lining.



**Fig. 6.** Verification with Piepi (1995) numerical solution of the model elastoplastic-viscoplastic with lining.



**Fig. 7.** Long-term convergence versus lining modulus of elasticity for an unsupported distance  $d_0 = 0$  and  $d_0 = 4L_p$ .