



I, shlok , hereby commit to the infamous 4x4x48 Challenge — a brutal test of physical resilience, mental warfare, and unshakable discipline, inspired by David Goggins.

I acknowledge that this mission demands running 4 miles every 4 hours for 48 hours — a trial few dare to undertake. By accepting this challenge, I reject comfort, embrace suffering, and step into the arena where weakness dies and the uncommon rise.

This certificate is issued in recognition of my resolve to dominate the inner war.

Date of Commitment: 2025-07-01

Stay Hard. Never Finished.

