

**Table 1**

*Applicability of Factor Analyses to Different Types of Scales*

	Exploratory Factor Analysis <sup>1</sup>	Confirmatory Factor Analysis <sup>2</sup>
Established Scale	(Optional)	YES
Revised Scale	YES	YES <sup>3</sup>
Self-Developed Scale	YES	YES <sup>3</sup>

*Note.* <sup>1</sup>Data Driven. <sup>2</sup>Theory Driven: Hypothesis, Validation, Modification, Revalidation.

<sup>3</sup>Cross-Validation, Cross-validation involves conducting EFA and CFA using **separate samples** for each analysis, thereby preventing model **overfitting** and enhancing its robustness and **generalizability**.