

# DSAI5104: Gradient Descent Tutorial Solutions

## Problem 1: LASSO and Regularization

### (a) Convexity and Non-differentiability

Let the objective function be  $F(\beta) = f(\beta) + g(\beta)$ , where:

$$f(\beta) = \frac{1}{2} \|X\beta - b\|_2^2 \quad \text{and} \quad g(\beta) = \lambda \|\beta\|_1 = \lambda \sum_{i=1}^n |\beta_i|.$$

#### Convexity:

- The term  $f(\beta)$  is a quadratic form. Its Hessian is  $\nabla^2 f(\beta) = X^\top X$ . Since  $X^\top X$  is always positive semi-definite (PSD),  $f(\beta)$  is convex.
- The term  $g(\beta)$  is a norm. By the triangle inequality  $\|\alpha x + (1-\alpha)y\| \leq \alpha\|x\| + (1-\alpha)\|y\|$ , all norms are convex functions.
- Since the sum of convex functions is convex,  $F(\beta)$  is convex.

**Non-differentiability:** The term  $g(\beta)$  involves the absolute value function  $|x|$ . The function  $h(x) = |x|$  is not differentiable at  $x = 0$  because the left and right limits of the derivative differ:

$$\lim_{h \rightarrow 0^-} \frac{|h| - 0}{h} = -1, \quad \lim_{h \rightarrow 0^+} \frac{|h| - 0}{h} = 1.$$

Therefore, the objective function  $F(\beta)$  is non-differentiable at any point  $\beta$  where at least one component  $\beta_j = 0$ .

### (b) Gradient of the Loss Term

Expanding the term  $f(\beta)$ :

$$f(\beta) = \frac{1}{2} (X\beta - b)^\top (X\beta - b) = \frac{1}{2} (\beta^\top X^\top X\beta - 2\beta^\top X^\top b + b^\top b).$$

Taking the derivative with respect to  $\beta$ :

$$\nabla f(\beta) = \frac{1}{2} (2X^\top X\beta - 2X^\top b) = X^\top X\beta - X^\top b = X^\top (X\beta - b).$$

### (c) Optimization Challenges and Sparsity

**Challenge:** Standard Gradient Descent requires calculating  $\nabla F(\beta)$ . Since the gradient is undefined at  $\beta_j = 0$ , the algorithm may fail or oscillate near zero. We typically require Proximal Gradient methods (like ISTA) or Subgradient methods to handle the singularity.

**Sparsity:** The  $\ell_1$ -norm ball  $\{\beta \mid \|\beta\|_1 \leq C\}$  is a "diamond" shape (polytope) with sharp corners on the coordinate axes. The  $\ell_2$ -norm ball is a sphere. When the elliptical contours of the loss function  $f(\beta)$  expand to touch the regularization constraint:

- They are highly likely to touch a "corner" of the  $\ell_1$  diamond, setting some coordinates exactly to zero (sparsity).
  - They will almost always touch the smooth surface of the  $\ell_2$  sphere at a non-axis point, resulting in small but non-zero values for all coefficients.
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## Problem 2: Convexity and Gradient Descent Directions

### (a) Descent Direction Proof

Using the first-order Taylor expansion (or Mean Value Theorem) for  $f$  near  $x^k$ :

$$f(x^k + \alpha d^k) = f(x^k) + \alpha \nabla f(x^k)^\top d^k + o(\alpha).$$

Substitute the gradient descent direction  $d^k = -\nabla f(x^k)$ :

$$f(x^k + \alpha d^k) = f(x^k) - \alpha \|\nabla f(x^k)\|^2 + o(\alpha).$$

Since  $\nabla f(x^k) \neq 0$ , we have  $\|\nabla f(x^k)\|^2 > 0$ . For sufficiently small  $\alpha > 0$ , the linear term  $-\alpha \|\nabla f(x^k)\|^2$  dominates the remainder  $o(\alpha)$ , implying:

$$f(x^k + \alpha d^k) < f(x^k).$$

### (b) Strong Convexity Convergence Rate

Let  $f$  be  $\mu$ -strongly convex. By definition:

$$f(y) \geq f(x) + \nabla f(x)^\top (y - x) + \frac{\mu}{2} \|y - x\|^2.$$

Let  $x = x^k$  and minimize both sides with respect to  $y$ . The unconstrained minimum of the quadratic RHS occurs at  $y^* = x^k - \frac{1}{\mu} \nabla f(x^k)$ . Substituting this back yields the Polyak-Lojasiewicz (PL) inequality:

$$f(x^*) \geq f(x^k) - \frac{1}{2\mu} \|\nabla f(x^k)\|^2 \implies \|\nabla f(x^k)\|^2 \geq 2\mu(f(x^k) - f(x^*)).$$

Now, using the standard descent lemma (which holds for suitable step size  $\alpha \leq 1/L$ ):

$$f(x^{k+1}) \leq f(x^k) - \frac{\alpha}{2} \|\nabla f(x^k)\|^2.$$

Subtract  $f(x^*)$  from both sides and substitute the PL lower bound for  $\|\nabla f(x^k)\|^2$ :

$$\begin{aligned} f(x^{k+1}) - f(x^*) &\leq f(x^k) - f(x^*) - \frac{\alpha}{2} (2\mu(f(x^k) - f(x^*))) \\ f(x^{k+1}) - f(x^*) &\leq (f(x^k) - f(x^*))(1 - \mu\alpha). \end{aligned}$$


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### Problem 3: Lipschitz Continuity

#### (a) Gradient Bound

By definition,  $|f(y) - f(x)| \leq L\|y - x\|$ . Consider  $y = x + tu$  for a unit vector  $u$ .

$$\left| \frac{f(x + tu) - f(x)}{t} \right| \leq L \left\| \frac{tu}{t} \right\| = L\|u\| = L.$$

Taking the limit as  $t \rightarrow 0$ , we get the directional derivative  $|\nabla f(x)^\top u| \leq L$ . Choosing  $u = \frac{\nabla f(x)}{\|\nabla f(x)\|}$  gives:

$$\|\nabla f(x)\| \leq L.$$

#### (b) Huber Loss Lipschitz Constant

The derivative of  $h_\delta(x)$  is:

$$h'_\delta(x) = \begin{cases} x & |x| \leq \delta \\ \delta \cdot \text{sgn}(x) & |x| > \delta \end{cases}$$

We check the magnitude:

- If  $|x| \leq \delta$ , then  $|h'_\delta(x)| = |x| \leq \delta$ .
- If  $|x| > \delta$ , then  $|h'_\delta(x)| = |\delta \cdot (\pm 1)| = \delta$ .

In all cases,  $|h'_\delta(x)| \leq \delta$ . Thus, the function is  $L$ -Lipschitz with  $L = \delta$ .

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## Problem 4: Smoothness and Iteration compute

Let

$$A = \begin{pmatrix} 2 & 1 \\ 1 & 3 \end{pmatrix}, \quad b = \begin{pmatrix} 1 \\ -2 \end{pmatrix}, \quad f(x) = \frac{1}{2}x^\top Ax + b^\top x, \quad x \in \mathbb{R}^2.$$

### (a) Lipschitz Constant of Gradient

We have

$$\nabla f(x) = Ax + b.$$

For any  $x, y \in \mathbb{R}^2$ ,

$$\|\nabla f(x) - \nabla f(y)\| = \|A(x - y)\| \leq \|A\|_2 \|x - y\|.$$

Since  $A$  is symmetric positive definite,  $\|A\|_2 = \lambda_{\max}(A)$ . Compute the eigenvalues:

$$\det(A - \lambda I) = \begin{vmatrix} 2 - \lambda & 1 \\ 1 & 3 - \lambda \end{vmatrix} = (2 - \lambda)(3 - \lambda) - 1 = \lambda^2 - 5\lambda + 5,$$

hence

$$\lambda_{1,2} = \frac{5 \pm \sqrt{5}}{2}.$$

Therefore the smallest Lipschitz constant is

$$L = \lambda_{\max}(A) = \frac{5 + \sqrt{5}}{2}.$$

### (b) Iteration compute

First compute the gradient at  $x^k$ :

$$g_k = \nabla f(x^k) = Ax^k + b = \begin{pmatrix} 2 & 1 \\ 1 & 3 \end{pmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} + \begin{pmatrix} 1 \\ -2 \end{pmatrix} = \begin{pmatrix} 3 \\ -1 \end{pmatrix}.$$

Hence the gradient descent update (with  $\alpha = \frac{1}{L}$ ) gives

$$x^{k+1} = x^k - \frac{1}{L}g_k = \begin{pmatrix} 1 \\ 0 \end{pmatrix} - \frac{1}{L} \begin{pmatrix} 3 \\ -1 \end{pmatrix} = \begin{pmatrix} 1 - \frac{3}{L} \\ \frac{1}{L} \end{pmatrix}.$$

## Problem 5: Convergence Rate Comparison

Parameters:  $\epsilon = 10^{-4}$ ,  $L = 10$ ,  $D = 1$ .

### Case 1: Convex, Lipschitz (Non-smooth)

$$T_1 = \frac{D^2 L}{\epsilon^2} = \frac{1^2 \cdot 10}{(10^{-4})^2} = \frac{10}{10^{-8}} = 10^9 \text{ iterations.}$$

### Case 2: Convex, $L$ -smooth

$$T_2 = \frac{LD^2}{2\epsilon} = \frac{10 \cdot 1^2}{2 \cdot 10^{-4}} = \frac{5}{10^{-4}} = 50,000 \text{ iterations.}$$

**Discussion:**  $T_1 = 1,000,000,000$  vs  $T_2 = 50,000$ . The smooth assumption allows for a drastically faster convergence rate ( $O(1/\epsilon)$  vs  $O(1/\epsilon^2)$ ) because gradients vary continuously, allowing larger, consistent steps towards the minimum.

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## Problem 6: Finite Termination

### (a) Update Rule derivation

$$x^{k+1} = x^k - \alpha(Ax^k + b) = (I - \alpha A)x^k - \alpha b.$$

### (b) Case $A = cI$

Here  $L = c$ , so step size  $\alpha = 1/c$ . The minimizer is  $x^* = -A^{-1}b = -\frac{1}{c}b$ . Start at arbitrary  $x^0$ :

$$\begin{aligned} x^1 &= (I - \frac{1}{c}(cI))x^0 - \frac{1}{c}b \\ &= (I - I)x^0 - \frac{1}{c}b \\ &= 0 - \frac{1}{c}b = x^*. \end{aligned}$$

Convergence occurs in exactly 1 step.

### (c) Piecewise-Linear-Quadratic Function

Finite termination in 2 steps occurred because:

- (a) **Step 1:** The iterate moved from the linear region into the quadratic region.
- (b) **Step 2:** Once inside the quadratic region (where curvature is constant), the step size  $\alpha = 1/L$  matched the inverse Hessian exactly (as in part b), leading immediately to the minimizer.

The function is **not** globally quadratic because the Hessian is not constant everywhere (it is  $A$  in the center and 0 in the linear regions).