

Certificate of Attendance

Delegate Name Kishan Mistry

GDC Number 277250

Course

Course Title DFT Whiston - Foundations for Restorative Dentistry in General Practice: Part 1 (NW180914FWHN)

Course Date 14 September 2018

Course Venue Whiston Education, Training & Conference Centre, Whiston

Development Outcomes C

Verifiable CPD Hours 6

Certificate Issued By HEE - North West

Certificate ID HEENW050765

Course Aims

This study day will provide participants with the knowledge and skills required to both competently and confidently provide good quality direct restorations.

Course Objectives

During the session participants will: ?

- Review the properties of commonly used dental materials. ?
- Review the nerve supply to the maxilla and mandible, types of local anaesthetic and techniques for administration. ?
- Learn how different matrix systems work. ?
- Practice preparing class 2 cavities. ?
- Practice placing composite and amalgam restorations.

We confirm that the activity has been quality assured by HEE and that it meets the GDC's educational criteria for verifiable ECPD. This record is full and accurate.

Course Learning outcomes

Following the session participants will be able to: ?

- Be competent and confident in each of the individual stages of providing a restoration including the administration of local anaesthetic and the application of a matrix. ?
- Be competent and confident in preparing a tooth for a class 2 cavity ready for the placement of either composite or amalgam.

Reflection

Reflection is an important part of CPD and should form part of your personal development plan (PDP). Please use this page to reflect on what you have learnt, your experience and how it applies to your role. In particular consider:

1. What did you learn (or confirm) from the activity that was helpful or relevant to your daily work and patients?
2. Did you identify any changes/updates needed in your daily work? If so please give details.
3. How will you make these changes and by when?
4. How can you demonstrate that you have implemented these changes as a result of the course?
5. If you didn't identify any changes needed, what did the activity confirm for you, that you may already know or be doing?
6. What was the benefit to your work and/or your patients in carrying out this activity?
7. Do you feel that the activity met the General Dental Council's ECPD development outcomes? If not, please explain why.
8. Any other comments, thoughts or feelings?

How to efficiency cut a cavity in terms of how different bur's work.

All cavity preps will be affected - better bur selection + efficient use of time

More comfortable LA's + less time spent preparing cavities.