

Chicken Florentine

By Dan Pelosi

Published April 17, 2025

Total Time 30 minutes

Prep Time 10 minutes

Cook Time 20 minutes

Rating ★ ★ ★ ★ ★ (14)

In this weeknight recipe, perfectly browned chicken breasts are smothered in a creamy spinach sauce that comes together with ease, all in one skillet. The highlight of this recipe is the buttery white-wine sauce, which is enriched and thickened with a secret ingredient: cream cheese. The sauce nicely coats the wilted spinach, though you can use sun-dried tomatoes, sautéed mushrooms or canned artichokes instead of, or in addition to, the spinach. A side of mashed or roasted potatoes would round out this dish well, but some crusty bread to sop up every last bit is a must.

INGREDIENTS

Yield: 4 servings

¼ cup all-purpose flour

¼ cup grated Parmesan, plus
more for serving

Salt and black pepper

4 thin-cut boneless skinless
chicken breasts (about 1 pound)

1 tablespoon olive oil

4 tablespoons butter (salted or
unsalted)

1 medium shallot, minced

2 garlic cloves, minced

½ cup dry white wine

PREPARATION

½ cup chicken broth
1 teaspoon dried basil (or 1
tablespoon chopped fresh basil)
1 teaspoon dried oregano (or 1
teaspoon chopped fresh
oregano)
½ cup heavy cream
2 ounces cream cheese, at
room temperature
2 cups packed baby spinach
(about 3 ounces)

Step 1

On a plate, mix together the flour, Parmesan and 1 teaspoon each salt and pepper. Dredge each chicken breast in the mixture, evenly coating on both sides.

Step 2

Heat a large pan over medium. Add olive oil and 2 tablespoons of butter to the pan and melt to combine. Add the chicken and cook until golden brown (but not cooked through), about 4 minutes on each side. Remove chicken from pan and set aside.

Step 3

Add remaining 2 tablespoons of butter to the pan and let it melt. Add shallot, garlic and a pinch of salt and cook, stirring until the shallot is softened and the garlic is aromatic, about 2 minutes.

Step 4

Add wine, broth, basil and oregano, and stir, scraping the browned bits from the bottom of the pan, until the liquid has reduced by about half, 3 to 4 minutes. Add the heavy cream and cream cheese and stir, allowing the cream cheese to soften and melt, until a thick sauce forms, about 6 minutes. Add baby spinach and stir until it is folded into the cream sauce and the spinach is beginning to wilt, about 1 minute.

Step 5

Return the chicken breasts to the pan and simmer until the chicken is cooked through, 4 to 5 minutes. Remove from heat and serve immediately with freshly grated Parmesan on top.

Private Notes

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