Parkinson's Disease cluster analysis

Abstract

Background   This is the background.
Methods   These are methods.
Findings   These are findings.
Interpretation   This is interpretation.
Funding   This is funding.

1. Introduction

2. Methods

2.1. Statistical analysis

Out of the 951 patients in the study, we used listwise deletion to exclude 47 patients due to missing measurements in the variables of interest, resulting in 904 remaining patients. All symptoms were standardized before clustering, and unstandardized afterwards for interpretation. Analyses were conducted in R version 3.2.4 (www.r-project.org).

2.1.1. Cluster analysis

k-means was used for cluster analysis. We performed two analyses on the patients in the dataset: the first "domains clustering" on the nine aggregate nonmotor symptom domains and the four motor symptoms, and the second "symptoms clustering" on the 30 individual nonmotor symptoms collected with the four motor symptoms. Complete-linkage hierarchical agglomerative clustering on the 30 nonmotor symptoms was also performed to how the symptoms group together.

2.1.2. Determining k

Various formal measures were used to determine the optimal number of clusters for the dataset. The optimal k according to the Gap Statistic and the 1-standard-error method suggested by Tibshirani[1] was $k = 4$ (Supplementary Figure 1). Other cluster validation methods (within sum of squares scree plot, minimum average silhouette width) suggested $k = 2, 3, 4$, where $k = 2, 3$ simply divided the data uninformatively into groups with varying levels of overall PD severity. Thus $k = 4$ was selected to offer a good blend of model fit, informativeness, and parsimony.

2.1.3. Interpretation

For the domains clustering, we displayed the distribution of each symptom for the four clusters using boxplots, which allowed us to visualize the center and spread of each cluster. Since the number of variables was larger for the symptoms clustering, we visualized results for the second analysis with a heatmap. Finally, for the hierarchical clustering on the symptoms themselves, we displayed results in a dendrogram and clustered the symptoms into four interpretable clusters.

For each symptom in both clusterings, we used one-way ANOVA and χ^2 tests to respectively check the equality of symptom means and proportions across the clusters found, using Bonferroni correction for multiple testing with corrected $p < 0.05$ considered significant. Differences among pairwise clusters were tested post-hoc using Tukey's range test for continuous means, or pairwise χ^2 tests with Bonferroni correction for proportions.

To compare the clusterings, we visualized cluster alignment with stacked barplots, and computed the adjusted rand index[2] (ARI) and Rosenberg's v-measure[3] to evaluate similarity between the two clusterings. Both measures range from 0 (no similarity) to 1 (identical), and respectively take a contingency table and information-theoretic approach to measuring clustering similarity.

Lastly, to explore the relationship between symptom severity and disease duration, we computed the correlation coefficient for each symptom with PD duration and fitted smoothed loess curves to the data both globally and for each cluster found in the previous analyses.

3. Results

3.1. Domains clustering

Results from the clustering on the nine nonmotor domains and the four motor symptoms, as well as additional variables not used in the analysis, are reported in Table 1, with boxplots in Figure 1. Cluster means for all variables were found to be statistically different, except for PD onset ($p < 0.05/18 \approx 0.003$ after correcting for the comparisons of the 18 variables). Specific pairwise differences are noted in the table.

Cluster 1 ($n = 406$) patients were mildly affected in all domains. This cluster was characterized by relatively lower disease durations and ages.

Cluster 2 ($n = 189$) patients were severely affected in nonmotor domains but mildly affected in motor domains. This

cluster had an incidence of motor symptoms relatively similar to the Cluster 1 (mild) subtype especially in tremor, but generally expressed significantly higher scores for nonmotor symptoms than Clusters 1 and 3, especially in the sleep/fatigue, mood/apathy and miscellaneous domains. This group also had a statistically higher percentage of females than Cluster 3.

Cluster 3 ($n = 221$) patients were severely affected in motor domains but mildly affected in nonmotor domains. Mean motor scores were greater than the means of clusters 1 and 2, but less than 4, with the exception of tremor, which was especially high.

Cluster 4 ($n = 88$) patients were severely affected in all domains, having the greatest symptom mean out of all four clusters with the exception of tremor. Consequently, patients in Cluster 4 had the longest average PD duration and oldest ages, but did not have a significantly different age of PD onset.

3.2. Symptoms clustering

k-means clustering performed on the 30 individual nonmotor symptoms found similar patterns to the first clustering (Table 2, heatmap in Figure 4). Means of all symptoms were found to differ across clusters except for PD onset and tremor.

Clusters 1 ($n = 509$) and 4 ($n = 49$), the mild and severe subtypes of the previous clustering, retained their characteristics here, while clusters 2 ($n = 97$) and 3 ($n = 249$) were characterized differently. Cluster 2 was a mood/apathy-dominant cluster, with a relatively higher proportion of female patients and additionally a more severe incidence of insomnia. Cluster 3 was not characterized by any especially high symptoms and was thus classified as a group of patients with average severity.

3.3. Comparison between clusterings

The two clusterings were somewhat similar (ARI $= 0.46$; v-measure $= 0.43$). To help compare the alignment of the two clusterings, we denoted the four clusters in the domains clustering as D_1, D_2, D_3, D_4, and the clusters in the symptoms clustering as S_1, S_2, S_3, S_4. Alignment of the clusters is visualized in Figure 2. While clusters D_1/S_1 and D_4/S_4 aligned well with each other, main differences in the clusterings occurred in the mixing of clusters 2 and 3; for example, D_3 (motor-dominant) was somewhat evenly split among S_1 (mild) and S_3 (average).
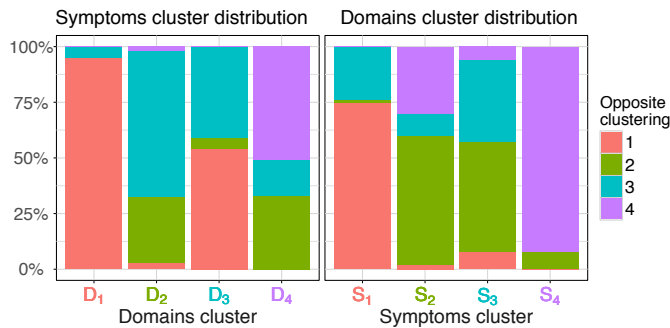

Figure 2: Stacked barplots indicating the distribution of opposite cluster membership for the patients of a given cluster. For example, the bar furthest left indicates that close to 100% of patients in domains cluster 1 are in symptoms cluster 1, with the rest in symptoms cluster 3.

3.4. Hierarchical clustering on symptoms

Hierarchical clustering on the 30 nonmotor symptoms and the four motor symptoms produced the dendrogram in Figure 3. Predictably, symptoms in the same nonmotor domains tended to cluster together, with the exceptions of diplopia (domain 4) and drowsiness (domain 2), which were grouped with the attention/memory symptoms of domain 5. Notably, tremor was the most dissimilar symptom, occupying a single branch at the top of the tree.

3.5. Longitudinal analysis

Most variables had little to no correlation with PD duration (Supplementary Figure 2). Variables with the highest correlation include symptoms urinary frequency, swallowing, and drooling; domains miscellaneous, urinary, and gastrointestinal; and total CISI score. Scatterplots for CISI Total, Tremor, Anxiety, and Depression appear in Supplementary Figure 3.

4. Discussion

Domains clustering reveals clusters that confirm previous findings in the field, mainly van Rooden et al.[4] and the identification of four subtypes of Parkinson's disease: mild, nonmotor-dominant, motor-dominant, and severe. van Rooden's work was conducted with a separate dataset using a different modeling method (expectation-maximization), and this investigation independently confirms these subtype classifications. Unlike van Rooden, mean disease durations differences do exist between subtypes 1 (mild) and 4 (severe), likely due to further development of the disease, although the differences between 2 and 3 (nonmotor/motor predominated) subtypes are insignificant (Table 1), importantly suggesting different developmental paths of the disease.

Overall, little information was found in PD onset, PD duration, or current age. Mean ages were similar for clusters 1, 2, and 3 ($p > 0.05$), but different for the severe cluster 4, intuitively since cluster 4 represents a more advanced stage of the disease. Specifically, clusters 1 and 4 seem to be phenotypically quite similar, except at different stages of disease progression, given cluster 4's higher age and PD duration scores.

However, clusters 2 and 3 clearly show different disease progression, one in the motor direction, and one in the nonmotor. Both groups have similar age, PD onset, and PD duration scores, but differ significantly in symptomatic expression. Cluster 2 is dominated by a high severity of nonmotor domains, especially Sleep/Fatigue, Mood/apathy, Urinary, and Miscellaneous. Cluster 3, however, is dominated by a high prevalence of motor symptoms, where most motor symptoms are similar to the mild cluster 1. Of note is that the tremor population mean is the highest cluster mean, even higher than the severe subtype 4. This motor-dominant cluster may thus overlap with Ma et al.'s tremor dominant/slow progression cluster.[5]

Generally, given stable PD onset scores and predictably increasing PD duration scores for clusters 1 and 4, Ma et al.'s rapid disease progression/late onset and tremor dominant/slow

Table 1: Domains clustering summary. Unless otherwise specified, statistics are reported as mean (sd).

	Cluster	1	2	3	4
	n	406 (45%)	189 (21%)	221 (24%)	88 (10%)
Nonmotor domains	Cardiovascular	0.7 (1.6)[24]	2.3 (2.9)[134]	1.1 (2.0)[24]	7.0 (6.0)[123]
	Sleep/fatigue	4.3 (4.8)[234]	14.9 (8.2)[134]	6.9 (6.3)[124]	21.0 (10.0)[123]
	Mood/apathy	3.1 (4.5)[234]	16.1 (14.0)[134]	6.6 (8.1)[124]	23.4 (14.3)[123]
	Perception/hallucination	0.5 (1.7)[24]	1.9 (3.5)[134]	0.8 (2.0)[24]	8.6 (6.9)[123]
	Attention/memory	2.8 (4.2)[24]	8.9 (8.1)[134]	3.2 (4.4)[24]	15.6 (11.1)[123]
	Gastrointestinal	2.8 (3.9)[234]	8.8 (7.1)[134]	4.1 (4.7)[124]	14.6 (9.6)[123]
	Urinary	4.5 (5.9)[234]	12.4 (9.7)[134]	6.1 (6.4)[124]	20.3 (9.9)[123]
	Sexual function	1.5 (3.1)[24]	6.4 (7.4)[134]	2.5 (4.1)[24]	9.0 (9.7)[123]
	Miscellaneous	3.9 (4.7)[24]	13.2 (8.6)[13]	5.2 (5.8)[24]	14.0 (9.5)[13]
Motor symptoms	Tremor	1.9 (1.8)[34]	1.6 (1.9)[34]	4.3 (2.8)[124]	3.5 (3.8)[123]
	Bradykinesia	1.5 (0.9)[234]	2.1 (1.1)[134]	3.6 (0.9)[124]	4.0 (1.5)[123]
	Rigidity	1.5 (0.9)[234]	1.8 (1.1)[134]	3.3 (0.9)[124]	3.8 (1.4)[123]
	Axial	1.8 (1.6)[234]	3.3 (2.1)[134]	4.3 (2.4)[124]	7.4 (2.9)[123]
Variables not used in analysis	Sex (% male)	63	53[3]	71[2]	58
	CISI total	5.7 (3.2)[234]	9.2 (3.9)[14]	9.7 (3.5)[14]	14.8 (5.1)[123]
	Age (34–89)	62.7 (9.7)[34]	64 (9.0)[4]	65 (10.2)[14]	70.5 (8.9)[123]
	PD onset	56 (10.6)	55.2 (10.1)	56.9 (11.1)	58.2 (11.4)
	PD duration	6.7 (4.8)[234]	8.7 (5.7)[14]	8 (5.5)[14]	12.3 (8.1)[123]

[1] Significant difference with cluster 1 (corrected $p < 0.05$)
[2] Significant difference with cluster 2 (corrected $p < 0.05$)
[3] Significant difference with cluster 3 (corrected $p < 0.05$)
[4] Significant difference with cluster 4 (corrected $p < 0.05$)

progression clusters were mostly not found in this dataset, save for the tremor-dominant motor cluster.

Our longitudinal analysis gives more insight into the clusters found in the previous analyses. According to Supplementary Figure 2, most symptoms are uncorrelated with PD duration, especially Mood/apathy symptoms (anxiety, depression) and tremor. The differences in disease progression for each cluster can be seen by the corresponding graphs in Figure 3. Cluster 2 (Nonmotor-Dominant) starts at higher scores for anxiety and depression, and actually decreases with increasing PD duration, thus indicating that these patients' subtype can be determined early after PD onset from the depressive symptom score. Similarly, when examining cluster 3 (Motor-dominant), the mean tremor score is substantially higher from PD onset. Interestingly, cluster 4 (Severe) generally starts at lower tremor and motor scores during disease, but then rises sharply, exceeding other clusters. More evidence that tremor is a unique motor symptom is located in Figure 3, where it is the most distant symptom from all other symptoms.

It's intuitive that a Depression-Dominant group emerges from the symptoms clustering, since the Mood/apathy domain consists of 5 separate measures. Thus, any high expression of depressive symptoms is magnified in clustering, since the symptoms are highly similar (Figure 3) and treated with equal weight. Once again reinforcing what was discovered previously, depressive symptoms have been shown to be very important in determining subtypes of PD.

5. Supplementary Material
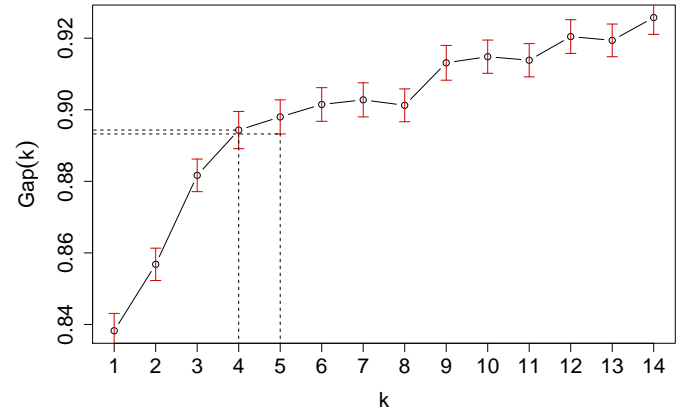
Supplementary Figure 1: Plot of the gap statistic Gap(k) versus number of clusters with k-means on 500 bootstrapped samples of the domains clustering. Error bars represent $\pm$ 1 standard error (se). Per the method described in Tibshirani,[1] the optimal number of clusters is the smallest k such that Gap(k) $\geq$ Gap($k+1$) $-$ se$_{k+1}$. In this case, $k = 4$.

6. References

[1] Tibshirani R, Walther G, Hastie T. Estimating the number of clusters in a data set via the gap statistic. Journal of the Royal Statistical Society: Series B (Statistical Methodology) 2001;63(2):411–23.

[2] Hubert L, Arabie P. Comparing partitions. Journal of Classification 1985;2(1):193–218.
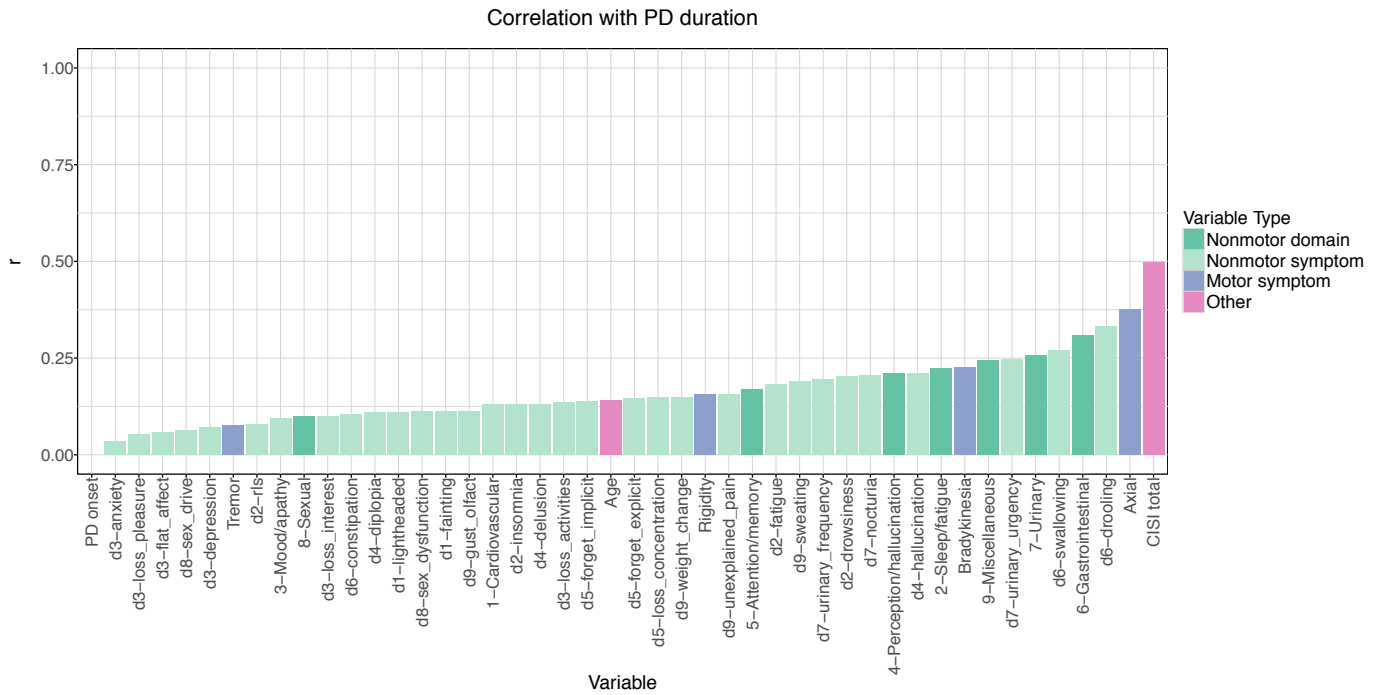
Supplementary Figure 2: Correlation of each symptom with PD duration.
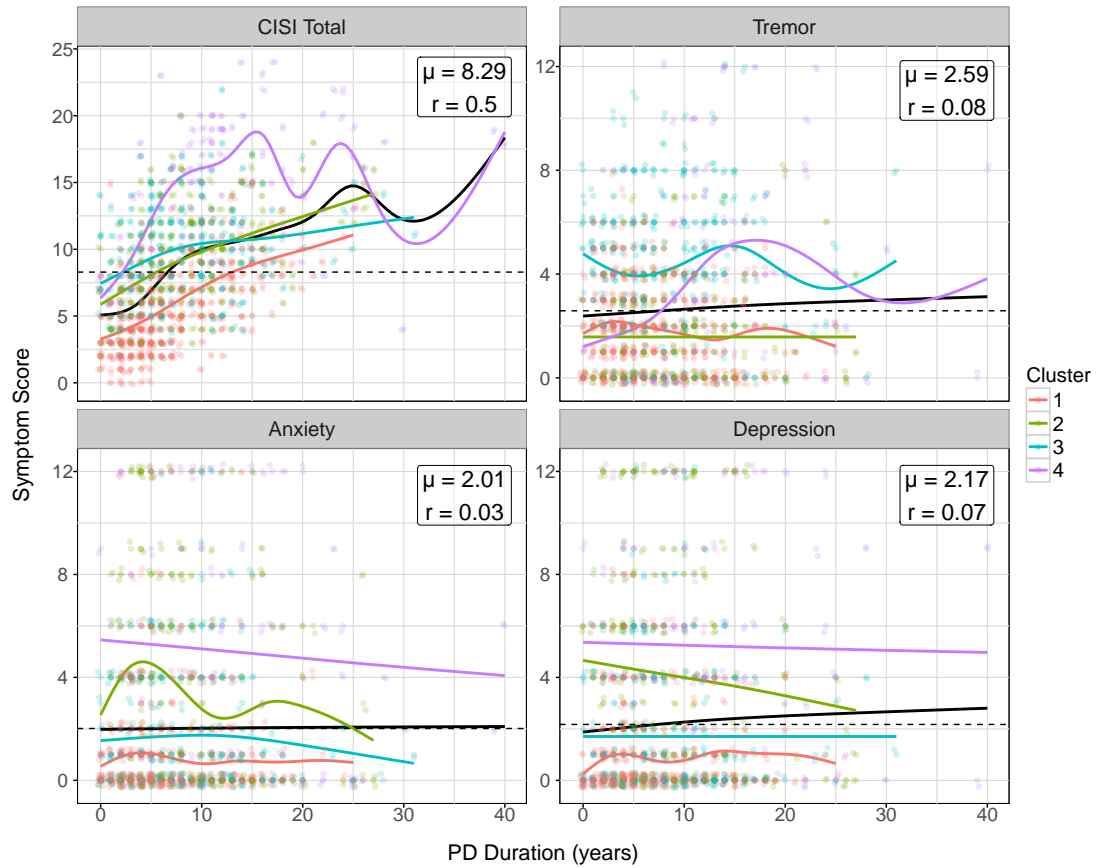
Supplementary Figure 3: Selected symptoms plotted against PD duration. Smoothed loess curves for each cluster are drawn in their respective colors. The black curve is the curve for the entire population, and the global mean score is marked with a dotted line.

[3] Rosenberg A, Hirschberg J. V-measure: A conditional entropy-based external cluster evaluation measure. In: Proceedings of the 2007 Joint Conference on Empirical Methods in Natural Language Processing and Computational Natural Language Learning (EMNLP-CoNLL). 2007, p. 410–20.

[4] van Rooden SM, Colas F, Martínez-Martín P, Visser M, Verbaan D, Marinus J, et al. Clinical subtypes of Parkinson's disease. Movement Disorders 2011;26(1):51–8.

[5] Ma LY, Chan P, Gu ZQ, Li FF, Feng T. Heterogeneity among patients with parkinson's disease: Cluster analysis and genetic association. Journal of the Neurological Sciences 2015;351(1):41–5.
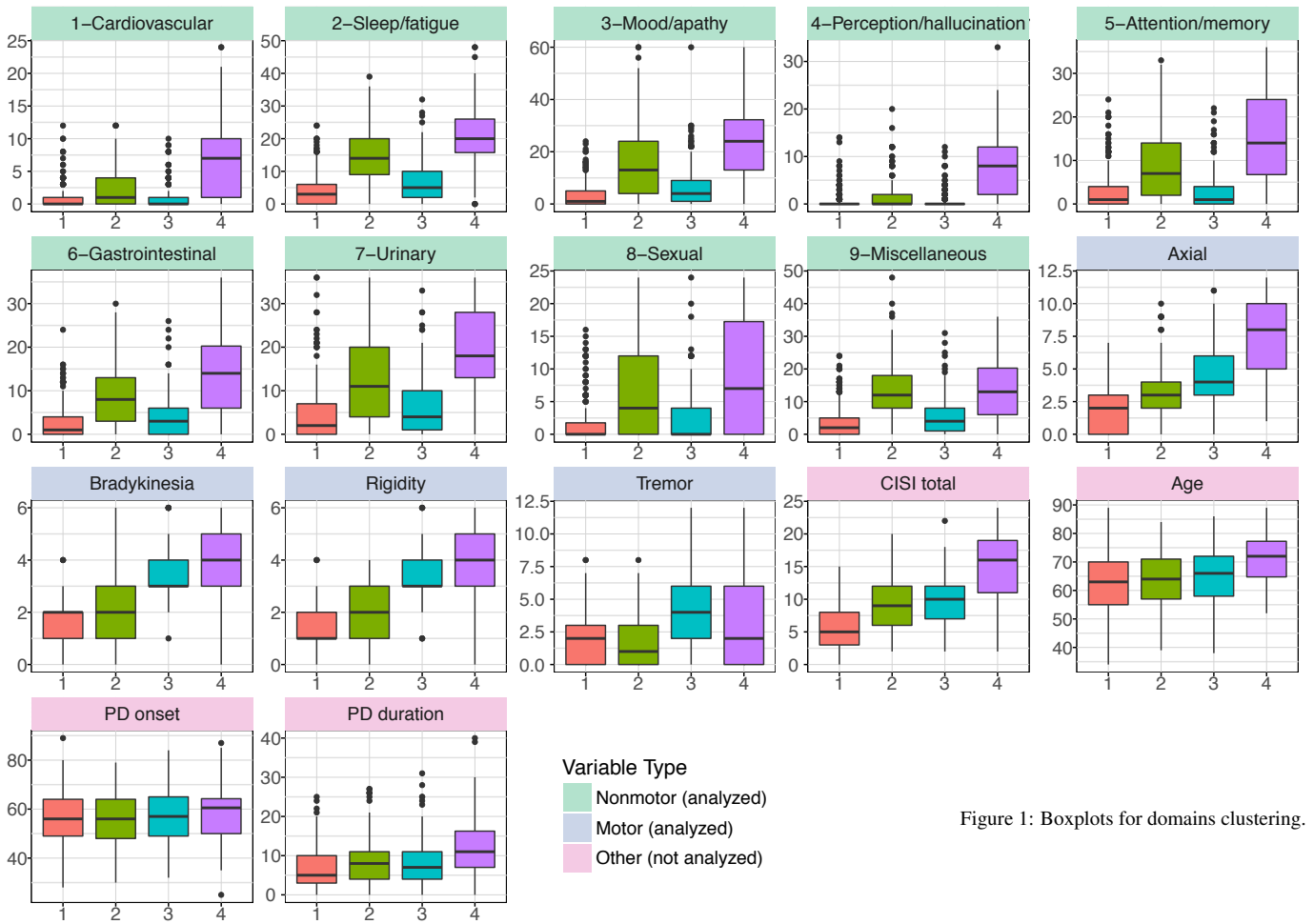
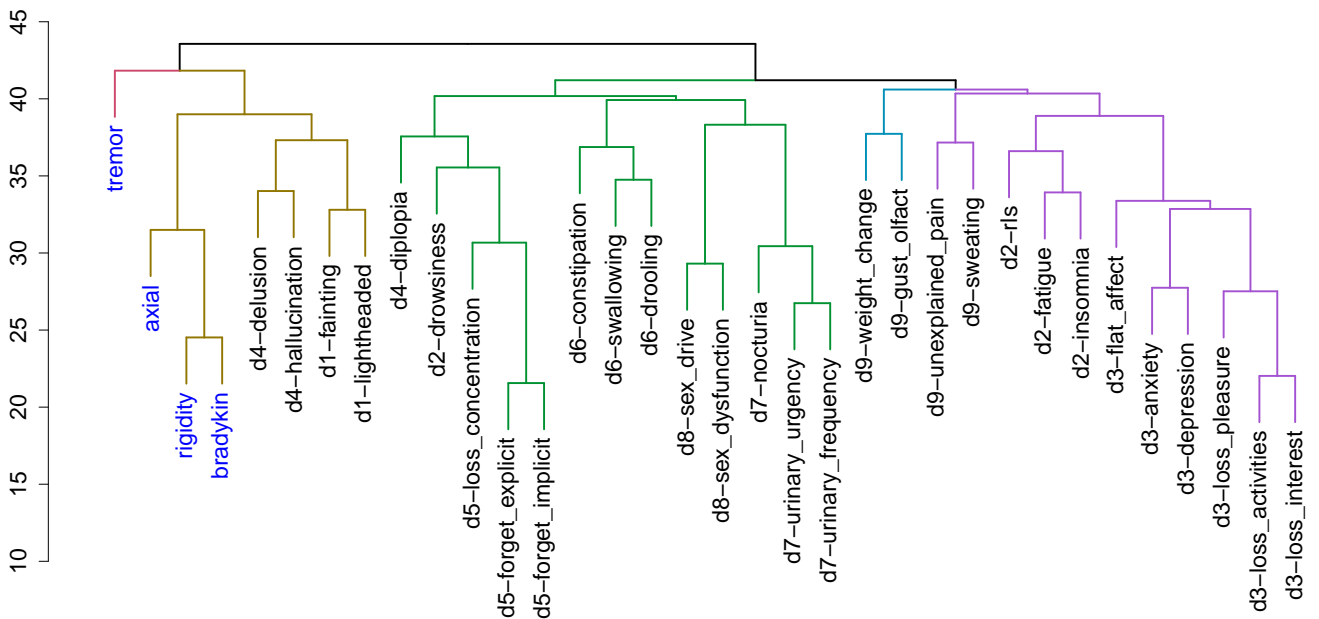Figure 1: Boxplots for domains clustering.

Figure 3: Hierarchical clustering of motor (blue) and nonmotor (black) symptoms. Symptoms are labeled with their name and corresponding domain number. Dendrogram colored with 5 clusters.

Table 2: Summaries of clustering on individual nonmotor domains. Unless otherwise specified, statistics are reported as mean (sd).

	Cluster	1	2	3	4
	n	509 (56.3%)	97 (10.7%)	249 (27.5%)	49 (5.4%)
1. Cardiovascular	Lightheadedness	0.6 (1.3)[234]	2.4 (3.0)[14]	2.1 (2.9)[14]	5.2 (4.2)[123]
	Fainting	0.1 (0.7)[24]	0.5 (1.4)[134]	0.2 (0.6)[24]	2.4 (3.5)[123]
2. Sleep/fatigue	Drowsiness	1.0 (1.9)[234]	2.8 (3.3)[14]	2.5 (3.0)[14]	7.0 (3.8)[123]
	Fatigue	1.3 (2.0)[234]	6.3 (4.2)[13]	4.8 (3.9)[124]	7.3 (3.5)[13]
	Insomnia	1.2 (2.6)[234]	5.5 (4.8)[13]	3.2 (3.8)[12]	4.2 (3.9)[1]
	RLS	0.7 (1.6)[234]	2.3 (3.5)[14]	1.9 (3.2)[14]	3.9 (3.9)[123]
3. Mood/apathy	Loss_interest	0.4 (1.1)[234]	6.1 (3.8)[134]	1.0 (1.8)[124]	4.6 (3.7)[123]
	Loss_activities	0.7 (1.6)[234]	7.1 (4.1)[134]	1.7 (2.4)[124]	5.4 (4.0)[123]
	Anxiety	0.9 (1.8)[234]	6.6 (4.3)[134]	2.0 (2.8)[124]	4.6 (3.9)[123]
	Depression	0.8 (1.6)[234]	7.8 (3.7)[134]	2.3 (3.0)[124]	4.3 (3.7)[123]
	Flat_affect	0.4 (1.1)[234]	4.9 (4.3)[134]	0.9 (1.9)[124]	2.7 (3.0)[123]
	Loss_pleasure	0.4 (1.2)[234]	6.8 (4.1)[134]	1.1 (2.1)[124]	3.4 (3.3)[123]
4. Perception/ hallucination	Hallucination	0.2 (1.0)[234]	0.8 (1.9)[14]	0.6 (1.6)[14]	4.6 (3.6)[123]
	Delusion	0.1 (0.7)[24]	1.5 (3.1)[124]	0.2 (1.0)[24]	3.1 (3.8)[123]
	Diplopia	0.2 (0.7)[234]	1.0 (2.5)[14]	0.6 (1.4)[14]	4.4 (4.3)[123]
5. Attention/ memory	Loss_concentration	0.9 (1.8)[234]	4.0 (3.6)[134]	2.5 (3.1)[124]	6.6 (3.9)[123]
	Forget_explicit	0.9 (1.6)[234]	3.8 (3.9)[134]	2.2 (2.9)[124]	6.7 (3.6)[123]
	Forget_implicit	0.7 (1.6)[234]	3.1 (3.7)[134]	1.8 (2.6)[124]	6.7 (4.0)[123]
6. Gastrointestinal	Drooling	0.7 (1.6)[234]	3.0 (4.1)[14]	3.0 (3.8)[14]	6.1 (4.4)[123]
	Swallowing	0.4 (1.2)[234]	1.2 (2.1)[14]	1.7 (2.8)[14]	4.5 (3.9)[123]
	Constipation	1.6 (2.9)[234]	3.6 (4.3)[14]	3.3 (4.1)[14]	7.0 (5.1)[123]
7. Urinary	Urinary_urgency	1.0 (1.8)[234]	3.5 (4.1)[14]	3.8 (3.8)[14]	7.8 (4.0)[123]
	Urinary_frequency	0.9 (1.9)[234]	4.0 (4.1)[14]	3.8 (4.0)[14]	6.5 (4.0)[123]
	Nocturia	1.7 (2.3)[234]	5.0 (4.3)[14]	5.1 (4.1)[14]	7.7 (3.9)[123]
8. Sexual	Sex_drive	0.8 (1.9)[234]	4.5 (4.9)[13]	2.3 (3.6)[124]	5.2 (5.4)[13]
	Sex_dysfunction	0.8 (2.2)[234]	3.2 (4.7)[1]	2.4 (3.8)[14]	4.6 (5.4)[13]
9. Miscellaneous	Unexplained_pain	0.7 (1.9)[234]	2.5 (3.7)[14]	3.0 (4.1)[14]	4.2 (4.3)[123]
	Gustation_olfaction	1.5 (2.9)[234]	3.6 (4.3)[1]	3.2 (3.9)[14]	4.7 (4.8)[13]
	Weight_change	0.9 (1.7)[234]	2.5 (3.4)[14]	1.9 (3.0)[14]	3.9 (4.2)[123]
	Sweating	0.7 (1.8)[234]	2.2 (3.5)[1]	2.8 (4.1)[1]	3.2 (3.8)[1]
Motor symptoms	Tremor	2.5 (2.3)	2.1 (2.4)	2.6 (2.6)	4.1 (4.3)
	Bradykinesia	2.0 (1.2)[234]	2.8 (1.4)[14]	2.8 (1.4)[14]	3.9 (1.8)[123]
	Rigidity	1.9 (1.2)[234]	2.4 (1.3)[14]	2.6 (1.4)[14]	3.6 (1.6)[123]
	Axial	2.2 (1.8)[234]	4.4 (2.8)[14]	4.2 (2.7)[14]	7.2 (3.2)[123]
Variables not used in analysis	Age	62.7 (9.9)[34]	64.5 (9.6)[4]	66 (9.2)[14]	71.5 (8.1)[123]
	Sex (% Male)	65[2]	51[1]	60	63
	PD onset	55.9 (10.8)	56.2 (10.4)	56.7 (10.5)	57.8 (11.0)
	PD duration	6.8 (4.8)[34]	8.3 (5.3)[4]	9.3 (6.3)[14]	13.8 (8.2)[123]
	CISI total	6.3 (3.4)[234]	10.8 (4.7)[14]	10 (4.0)[14]	15.1 (5.7)[123]

[1] Significant difference with cluster 1 (adjusted $p < 0.05$)
[2] Significant difference with cluster 2 (adjusted $p < 0.05$)
[3] Significant difference with cluster 3 (adjusted $p < 0.05$)
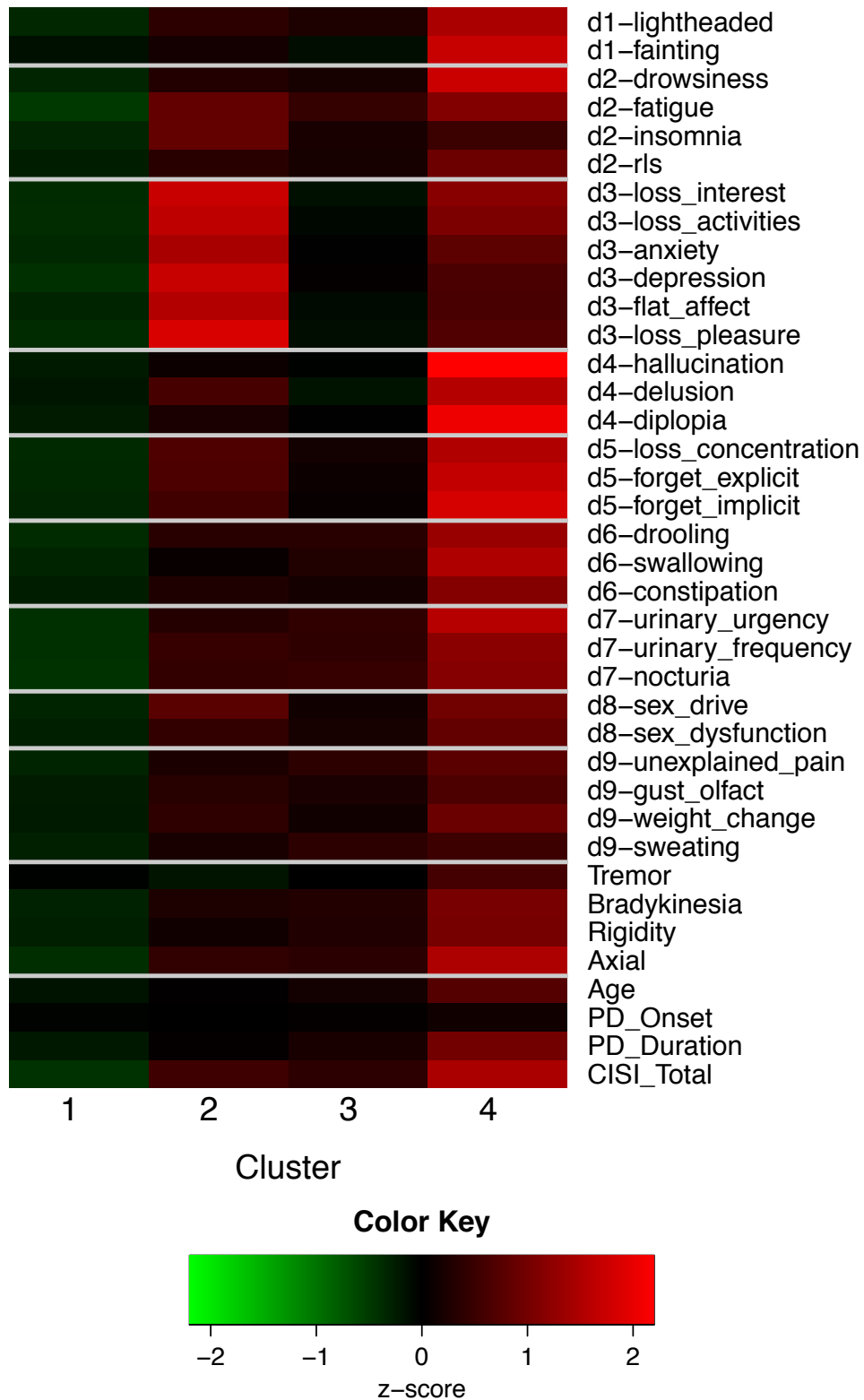[4] Significant difference with cluster 4 (adjusted $p < 0.05$)

Figure 4: Heatmap of symptoms clustering. Color indicates cluster mean as a z-score for the given symptom.