

# DAILY ROUTINES

## Warm Up Questions



1 What time do you usually wake up?

2 What time do you usually go to bed?

3 What do you usually eat for breakfast?

4 How do you get to work/school?

5 What do you do when you get home from work/school?

6 What do you usually eat for lunch?



Watch, read or listen!



**Watch the YouTube video and answer the following questions.**

**1** What time does Maria wake up at every morning?

**2** Who does she have breakfast with?

**3** What do they usually have for breakfast?

**4** When does she start work?

**5** What time does she have lunch?

**6** What time does she go home?

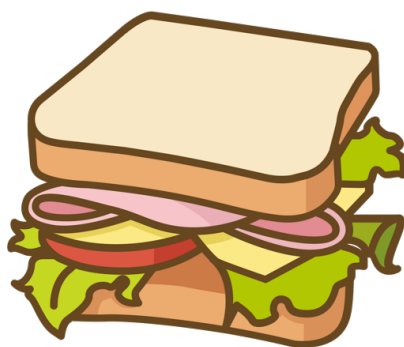
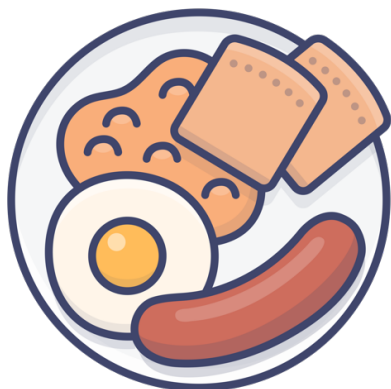
**7** How does Maria get home if the weather is bad?

**8** What do Maria and her husband like to watch on TV?

## Speaking Activity



Use the **illustrations** to talk about driving and accidents.



### Word Bank

breakfast | sales representative | catch the (bus)  
company | customer | funny | husband | meeting  
morning | office | take a shower | together | weather

## MATCHING



**Match** the words on the **left** with the meanings on the **right**.

- |                   |   |
|-------------------|---|
| 1 funny (adj)     | A a male partner in marriage                            |
| 2 husband (n)     | B not all the time                                      |
| 3 customer (n)    | C something that causes someone to laugh                |
| 4 company (n)     | D a meal eaten in the morning                           |
| 5 sometimes (adv) | E a person who buys good or services                    |
| 6 usually (adv)   | F a room or building in which people work               |
| 7 office (n)      | G a business that makes money selling goods or services |
| 8 breakfast (n)   | H in most situations; most of the time                  |

## SENTENCE STRUCTURE



**Put** the following sentences in the **correct order**.

1. at / and / up / every / morning / a / 6:30 / She / shower / takes / wakes / .
2. usually / They / and / coffee / eggs / drink / eat / .
3. usually / morning / very / all / with / She / and / busy / has / customers / her / meetings / is / .
4. in / sometimes / eats / she / a / eats / café / Sometimes / at / her / and / she / office / . / ,

5. watch / then / TV / with / they / dinner / At / 8:00 / she / husband / and / has / together / her / . / ,

6. walks / the / if / nice / weather / is / She / home / .

## MISSING WORDS



**Watch the video** again and complete the sentences.

Maria Sanchez is a sales representative for a big \_\_\_\_<sup>1</sup>. She wakes up every morning at 6:30 and \_\_\_\_<sup>2</sup>. At 7:00, she has breakfast with her husband. They usually eat eggs and drink coffee. Maria \_\_\_\_<sup>3</sup> at 7:45 and starts work at 8:30. She usually has meetings with her \_\_\_\_<sup>4</sup> all morning and is very busy. At 12:00, she has her lunch. Sometimes, she eats in her \_\_\_\_<sup>5</sup> and sometimes she eats at a café. At 5:00, Maria goes home. She walks home if the weather is nice. If the weather is bad, she \_\_\_\_<sup>6</sup>. At 8:00, she has dinner with her husband and then they watch TV \_\_\_\_<sup>7</sup>. They like to watch funny shows on TV. At 11:00, Maria often \_\_\_\_<sup>8</sup>.





Maria Sanchez is a sales representative for a big company. She wakes up every morning at 6:30 and takes a shower. At 7:00, she has breakfast with her husband. They usually eat eggs and drink coffee. Maria goes to work at 7:45 and starts work at 8:30. She usually has meetings with her customers all morning and is very busy.

At 12:00, she has her lunch. Sometimes, she eats in her office and sometimes she eats at a café. At 5:00, Maria goes home. She walks home if the weather is nice. If the weather is bad, she catches the bus. At 8:00, she has dinner with her husband and then they watch TV together. They like to watch funny shows on TV. At 11:00, Maria often goes to bed.



## Listening

1. She wakes up at 6:30 am.
2. She has breakfast with her husband.
3. They usually have eggs and drink coffee.
4. She starts work at 8:30.
5. She has lunch at 12:00.
6. She goes home at 5:00.
7. Maria catches the bus if the weather is bad.
8. They like to watch funny TV shows.

## Matching

1. C 2. A 3. E 4. G 5. B 6. H 7. F 8. D

## Sentence Structure

1. She wakes up every morning at 6:30 and takes a shower.
2. They usually eat eggs and drink coffee.
3. She usually has meetings with her customers all morning and is very busy.
4. Sometimes, she eats in her office and sometimes she eats at a café.
5. At 8:00, she has dinner with her husband and then they watch TV together.
6. She walks home if the weather is nice.

## Missing Words

1. company 2. takes a shower 3. goes to work 4. customers 5. office 6. catches the bus  
7. together 8. goes to bed