

P-Hacking: A Wake-Up Call for the Scientific Community

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Abstract P-hacking or data dredging involves manipulation of the research data in order to obtain a statistically significant result. The reasons behind P-hacking and the consequences of the same are discussed in the present manuscript.

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Letter to the Editor

P-hacking is a form of selective data projection wherein the negative or the non-significant p values are excluded in order to obtain an overall positive or a significant result (Raj et al. 2017).

P-hacking has become a part of modern scientific research due to the following reasons:

- (1) Researchers are under constant pressure from institutions and grant organizations to produce statistically significant results
- (2) Impact factor journals prefer publishing studies with positive results.
- (3) Most institutions approve promotions and incentives for researchers based on the number of publications in high impact factor journals.
- (4) Grant commissions base the validity of the grant proposal on the researcher's publication history and the results of their previous studies. (Raj et al. 2017)

Detrimental effects of P-hacking:

- (1) The P-hacking induced polluted data from individual studies may lead to other researchers exploring the same hypothesis further. This results in a significant waste of time and money.
- (2) The polluted data obtained from even a few individual studies can drastically change the results of systematic reviews and meta-analyses.
- (3) Based on the results of this meta-analysis, interventional studies are planned, thus corrupted data may lead to faulty treatment strategies causing potential health hazards to patients (Head et al. 2015; Ioannidis 2005).

Thus, it is vital that the scientific community assesses the true quality of a research work based on the research methodology rather than the results of the study. Until then researchers would continue to compromise the research methodology to increase the possibility of obtaining a statistically significant result.

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