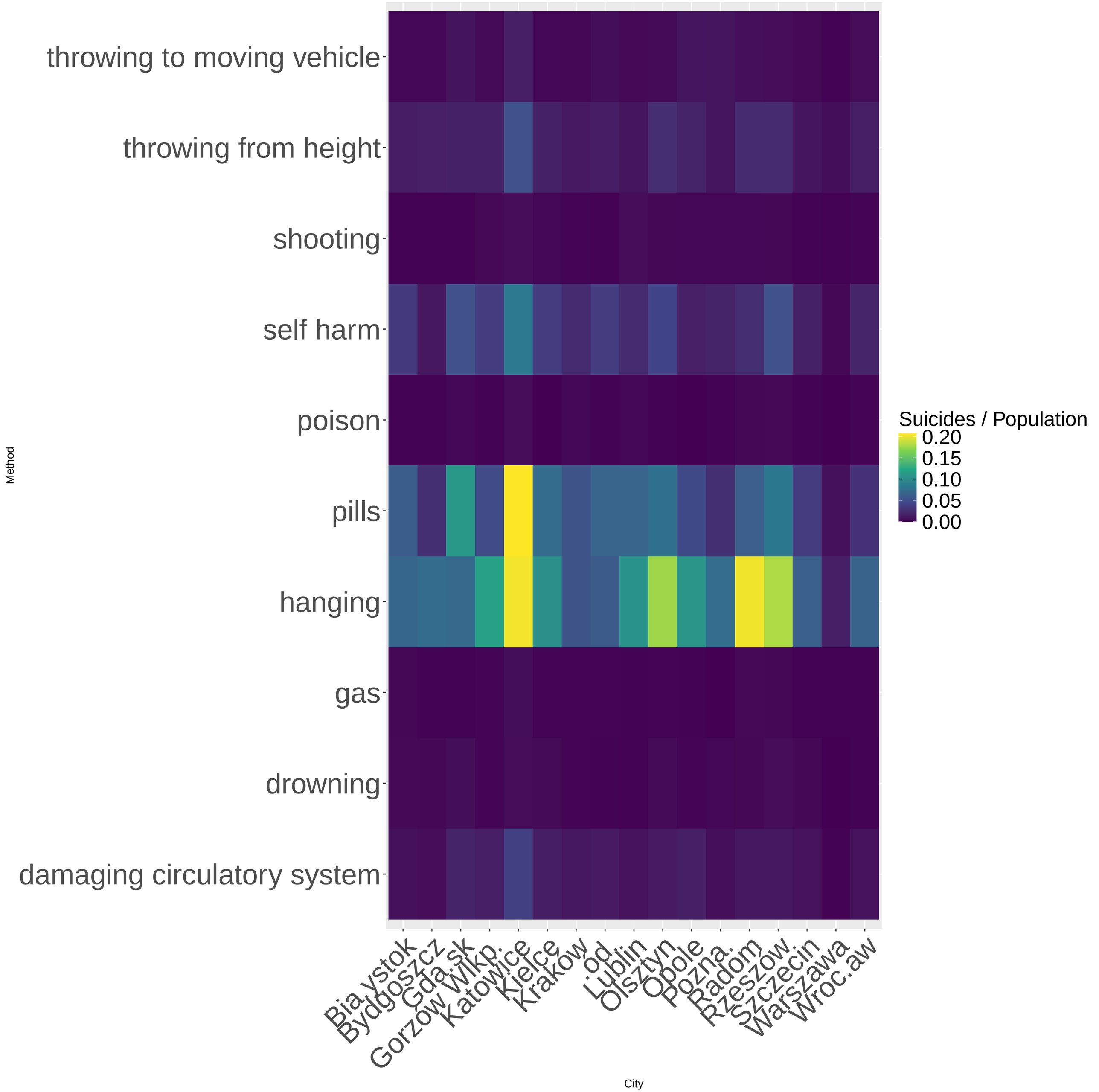
throwing to moving vehicle
throwing from height
shooting
self harm
poison
pills
hanging
gas
drowning
damaging circulatory system
Method
Bia.ystok
Bydgoszcz
Gda.sk
Gorzow Wlkp.
Katowice
Kielce
Krakow
.od
Lublin
Olsztyn
Opole
Pozna.
Radom
Rzeszow.
Szczecin
Warszawa
Wroc.aw
City
Suicides / Population
0.20
0.15
0.10
0.05
0.00