# Regularization

# Fraida Fund

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# Math prerequisites for this lecture: You should know about:

- derivatives and optimization (Appendix C in Boyd and Vandenberghe)
  norm of a vector (Section I, Chapter 3 in Boyd and Vandenberghe)

# Regularization

## Penalty for model complexity

With no bounds on complexity of model, we can always get a model with zero training error on finite training set - overfitting.

Basic idea: apply penalty in loss function to discourage more complex models

# Regularization vs. standard LS

Least squares estimate:

$$\hat{w} = \operatorname*{argmin}_{w} MSE(w), \quad MSE(w) = \frac{1}{n} \sum_{i=1}^{n} (y_i - \hat{y_i})^2$$

Regularized estimate w/ regularizing function  $\phi(w)$ :

$$\hat{w} = \operatorname*{argmin}_{w} J(w), \quad J(w) = MSE(w) + \phi(w)$$

#### **Common regularizers**

Ridge regression (L2):

$$\phi(w) = \alpha \sum_{j=1}^{d} |w_j|^2$$

LASSO regression (L1):

$$\phi(w) = \alpha \sum_{j=1}^d |w_j|$$

## **Graphical representation**

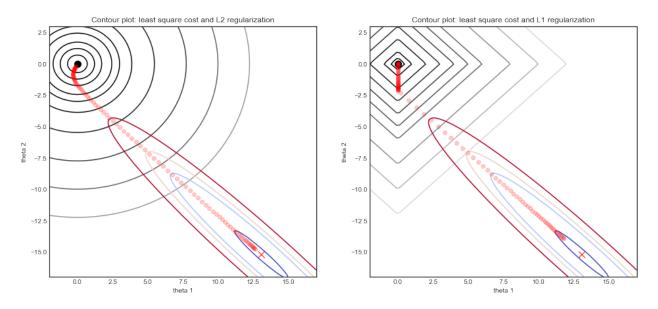


Figure 1: LS solution (+), RSS contours. As we increase  $\alpha$ , regularized solution moves from LS to 0.

## **Common features: Ridge and LASSO**

- Both penalize large  $w_i$
- Both have hyperparameter lpha that controls level of regularization
- Intercept  $w_0$  not included in regularization sum (starts at 1!), this depends on mean of y and should not be constrained.

#### Differences: Ridge and LASSO (1)

Ridge (L2):

- minimizes  $|w_i|^2$ ,
- minimal penalty for small non-zero coefficients
- · heavily penalizes large coefficients
- tends to make many "small" coefficients
- Not for feature selection

#### **Differences: LASSO (2)**

LASSO (L1)

- minimizes  $|w_i|$
- tends to make coefficients either 0 or large (sparse!)
- does feature selection (setting  $w_i$  to zero is equivalent to un-selecting feature)

To understand why L1 regularization tends to make sparse coefficients but not L2 regularization - look at the graphical representation. Note that the contours of the L1 regularization "stick out" when one or both parameters is zero.

#### Standardization (1)

Before learning a model with regularization, we typically standardize each feature and target to have zero mean, unit variance:

• 
$$x_{i,j} o \frac{x_{i,j} - \bar{x}_j}{s_{x_j}}$$

• 
$$y_i o \frac{y_i - \bar{y}}{s_y}$$

## Standardization (2)

Why?

- · Without scaling, regularization depends on data range
- $\bullet$  With mean removal, no longer need  $w_0$  , so regularization term is just L1 or L2 norm of coefficient vector

#### Standardization (3)

Important note:

- · Use mean, variance of training data to transform training data
- Also use mean, variance of training data to transform test data

## L1 and L2 norm with standardization (1)

Assuming data standardized to zero mean, unit variance, the Ridge cost function is:

$$\begin{split} J(\mathbf{w}) &= \sum_{i=1}^n (y_i - \hat{y}_i)^2 + \alpha \sum_{j=1}^d |w_j|^2 \\ &= ||\mathbf{A}\mathbf{w} - \mathbf{y}||^2 + \alpha ||\mathbf{w}||^2 \end{split}$$

#### L1 and L2 norm with standardization (2)

LASSO cost function ( $||\mathbf{w}||_1$  is L1 norm):

$$J(\mathbf{w}) = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2 + \alpha \sum_{j=1}^{d} |w_j|$$
$$= ||\mathbf{A}\mathbf{w} - \mathbf{y}||^2 + \alpha ||\mathbf{w}||_1$$

# **Ridge regularization**

Why minimize  $||\mathbf{w}||^2$ ?

Without regularization:

- · large coefficients lead to high variance
- large positive and negative coefficients cancel each other for correlated features (remember attractiveness ratings in linear regression case study...)

## Ridge term and derivative

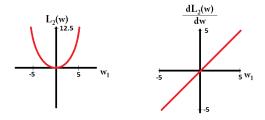


Figure 2: L2 term and its derivative for one parameter.

## Ridge closed-form solution

$$J(\mathbf{w}) = ||\mathbf{A}\mathbf{w} - \mathbf{y}||^2 + \alpha ||\mathbf{w}||^2$$

Taking derivative:

$$\frac{\partial J(\mathbf{w})}{\partial \mathbf{w}} = 2\mathbf{A}^T(\mathbf{y} - \mathbf{A}\mathbf{w}) + 2\alpha\mathbf{w}$$

Setting it to zero, we find

$$\mathbf{w}_{\text{ridge}} = (\mathbf{A}^T \mathbf{A} + \alpha \mathbf{I})^{-1} \mathbf{A}^T \mathbf{y}$$

#### LASSO term and derivative

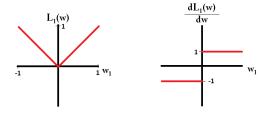


Figure 3: L1 term and its derivative for one parameter.

- No closed-form solution: derivative of  $\left|w_{i}\right|$  is not continuous
- But there is a unique minimum, because cost function is convex, can solve iteratively

# Effect of regularization level

Greater  $\alpha$ , less complex model.

- \* Ridge: Greater  $\alpha$  makes coefficients smaller. \* LASSO: Greater  $\alpha$  makes more weights zero.

# Selecting regularization level

How to select  $\alpha$ ? by CV!

- Outer loop: loop over CV folds
- Inner loop: loop over  $\alpha$