

biggest, this thing, what you call that ?

Sahaja Yogi: Cigar

Shri Mataji: Cigar. He used the biggest cigar and pocketed 2 or 3 of them. It's absolute truth I'm telling you. And he was wearing the scarlet, you see, that's the colour suggested already in this, the book of revelation, the scarlet, the scarlet colour. See how they are wearing scarlet!

Absolutely frivolous people. And they are misguiding all these people. So we have to also change our dresses and get them into the fold. We'll find some people in there. Now on these lines you start. Then you have a meeting with all these people here. Get the name of all the newspapers, this thing, that thing. And approach them and then tell them that we have got first class people who have come to us is Sahaja Yoga company. They may be thugs, whatever it is. But this is what we found it in Sydney they did and this is what the other papers have done it in Geneva, this thing that thing, so why not here? They can't say no to you. Because you are going to give them business. Later on. I don't know what sort.

Is there any other suggestion?

Sahaja Yogini: Mother, should we approach international bodies like the United Nations?

Shri Mataji: What is it?

Sahaja Yogini: Should we approach international bodies like the United Nations?

Shri Mataji: Do anything, you are that. Makes no difference.

Sahaja Yogini: Or in America congressmen?

Shri Mataji: No, no congress will be American. Make it United Nations. Better. Whatever you claim, you are that. You are higher than all these United Nations or anything put together. Whatever you say is not boasting at all, is it? It's not. Whatever I say it never amounts to boasting, except that you get lots of vibrations. So, it doesn't matter whatever you say, call you - UN body we'll call it.

Sahaja Yogini: Oh, I meant Mother should we approach them? Should we write to them, talk to them?

Shri Mataji: Yes, yes why not?

Sahaja Yogini: See if they'll sponsor.

Shri Mataji: Yes, yes.

Sahaja Yogini: Sort of-

Shri Mataji: Tell them that we are working like United Nations only. You'll immediately become top people you know, you don't know? I've known that trick. What do they have? All idiots. I've seen so many idiots working as great people. Ambassadors, big big people, they are just idiots. They have no brains, nothing. I've seen, I go to their house, I don't know how they develop this kind of idiocy. But the other day we went to an ambassador's place and he started telling me something. "What language he is speaking? I don't know." Then CP came, he was also watching him. So he asked me in Indian language: "Do you understand anything what he is saying?" I said: "Not. Me, I thought it's something wrong with me". He said: "No, God knows."

I said: "Then why are you laughing then sometimes? He said: "I don't know. I hope I'm laughing at the right time". [Laughter]

And he was on and on for half an hour, he was telling us something, and his laughter was neither crying, nor laughing sort of an expression you know. You don't know what he was going to say. So, then another idiot we saw. Idiots are still idiots. They give lectures like idiots, they don't know what they are talking. They are big people and when they give lectures you are so embarrassed you don't know where to look. There's no sense, there's no dignity, there's no understanding, nothing. I mean you will find only one or two persons in an organization sensible. The rest are all idiots. Top, top rank people. It's impossible to understand how they managed it. I mean these are the days of idiots I tell you. These are the days of idiots. If you are an idiot, then you are at a high position, that must be the thing. Because everybody is afraid of intelligent people you see. So I don't think no Prime minister likes, no president likes an intelligent man to be there, because he might be ousted you see. So they want to have mediocre, but actually in that competition they pick up only the idiots. And that's how you find all this problem is there. You don't know how to talk to them. You don't know what to say. Within five minutes you'll be amazed, you'll be shocked, what's this? That they are holding such a big position you have to remember all the time.

Otherwise, maybe your driver is better than them. Perhaps they drink too much, all these parties, they are affected by drinks. Or maybe some of them are supposed to be big educated at Cambridge, Oxford, I don't know what, what. All sorts of people, big, big

positions.

I mean Sahaja Yogis are also from there, they don't seem so idiotic as these people are. Like from John Hopkins Institute and all that. See I told Gregoire about somebody whom I met from the same institute, I said: "He's an idiot. How did you get him there?" I can't understand. So he said: "There are lots of idiots there, Mother". Just imagine.

I think this must be the reason, that all the heads of the countries must be frightened of intelligent people so they must be selecting only people who are a little idiotic. And then they can find them on the wrong foot you see and then they can always dissolve them with some weaknesses something, it must be that. This must be the reason. Otherwise how can you have such a set of idiots all around?

So this is how we have to manage and I think if you can really form this organization properly and save these people from the disaster into which they are, that is really the work that one has to do. Very carefully, with understanding. All of you should give them some ideas. Even locally you see, if you go to a smaller place, they'll be so excited that: "Oh God such a big organization has come to us". You see, and that's how you can impress them you see. You can use my car if you like. Or we can buy a second-hand Mercedes. Or we can even buy a second-hand rolls Royce or we can get it on a hire. Yes, just to impress them, you can, if you want I'll give you.

We should do all these tricks, you know. And how you should talk and everything, you'd better study some people: how they talk, how they stop and how long they talk, how they behave, how they impress you. You can give some tips after all.

Sahaja Yogi: Mother, aren't we falling into a trap, are we not falling into the trap with the false gurus, you know a Rolls Royce indicates that money is being made...

Shri Mataji: Not rolls Royce. Let's have something different.

Sahaja Yogi: Yes.

Shri Mataji: Mercedes? But you shouldn't take, let's say, a jeep there, isn't it? Something like that. We have to have a sensible car. It may not be a Rolls Royce, it's too much for a journalist, I think. In that, you do judge yourself. Something in between. Otherwise, they'll think some false guru must have given you as a present.

Sahaja Yogi: It was Narak. Narak came to buy those Rolls Royce.

Shri Mataji: Hum, he does that.

Sahaja Yogi: He got a lot of press about the money.

Shri Mataji: I see. So, have something in between. Which car you think is best? Which is journalistic?

Sahaja Yogis: A jaguar. Like Mr CPs car. Someone can dress up as a chauffeur, Mother.

Shri Mataji: That looks nice. I don't like it, it's like horse seat, or I feel, now I don't know, my impression may be wrong. I don't like that car very much it's like a horse with two camels back inside, you see.

But see whatever you like.

Sir CP knows all these things so he must have got correct things to impress. Jaguar. But that's a very expensive car.

Sahaja yogi: Mother should we not, like executives, drive a Ford Granada?

Shri Mataji: So, don't use cheap cars, what I'm saying. Don't use if not Rolls Royce, that we don't have, none of us have, even a second hand and fourth hand we don't have. But don't use any car that would look cheapish type you see. Something good for a journalist association, something like that. But you should be careful about that. Car is important, now suit is important. Then your gestures and behaviours you see, how smartly you pack things and how you get up and how you knock things and also briefcases you see, very important. And umbrellas that you carry.

Be careful. So let's have our training centre for that.

[Laughter]

I'm not so good. You can get somebody to train you up. [Shri Mataji laughs]

Sahaja Yogi: Like James Bond, Mother.

Shri Mataji: Who?

Sahaja Yogi: Like James Bond, Mother. The spy, famous spy.

Shri Mataji: What did he do?

Sahaja Yogi: inaudible. He used to dress him up, Mother, with all sorts of gadgets

Shri Mataji: James who? Bond?

Sahaja Yogi: Yes, Mother. It's fiction Mother.

Shri Mataji: Ah, James Bond.

Sahaja Yogi: Double 0 seven.

Shri Mataji: What is it? Double?

Sahaja Yogi: Double 0 seven, it's a secret name.

Shri Mataji: Oh, I see.

[Shri Mataji laughs]

Shri Mataji: No but you should not sound queer, you know, you should sound very British. I mean, say, like that James Bond carrying three women around, you won't be successful. You have to be very British, walk with a [Shri Mataji mimics a nose pointing upwards, which means a snobbish attitude].

See. I think - who can teach us that?

Sahaja Yogi: David, Mother.

Shri Mataji: David Prole. Gavin. Who else?

Just to study it, you see, it's interesting to study. The manners, mannerism, little bit to study how to impress, you see.

Sahaja Yogi : Graham.

Shri Mataji : Graham.

Ask your brother how he does it.

Sahaja yogi: I think it's just a pose you know, it's just a pose really. You know you just learn the way to talk and that sorts of things. It's very easy.

Shri Mataji: But you see, Canadian people are different.

English are different. Canadian people can be impressed by a hippy look, but not English, they can never be.

Best is when they go to Uzbekistan, where 40 degrees is the temperature. Canadians, you should see their condition, all their three-pieces becoming two half pieces. [Shri Mataji laughs]. So, then they get boiled. But it's true to impress people here. You see, these are norms with which they live. They can't understand Sahaja Yoga. But what to do? That's the media, that's the one we have to use, what is good media.

But we have to mould media. I've taken half of their bhoots by eating this channa. Now, you tell me, what is to be done. On a gross level.

Sahaja Yogi: The first article about you in Australia was in a newspaper called Sydney Shout, which the back section of that was advertisements for massage parlours and...

Shri Mataji: I have to go everywhere.

Sahaja Yogi: ...a gross level of newspaper reporting. However that article and the advertisement which was placed not by us, was placed in the magazine brought a number of people to the meeting.

Shri Mataji: So let's use that also, doesn't matter I'll have to be everywhere, massage parlour, anywhere. What can you do, you will land up into a place like this, where there's not of an inch of holy land, and you want to create a holy land out of it. Then now, what do you do? You have to put your feet in the mire, isn't it?

Sahaja Yogi: We worried a lot about that.

Shri Mataji: No, no, nothing to worry. You see your Mother is pure. It makes no difference wherever she goes. Doesn't matter. I have given all freedom to you. You do what you like. Publish Me anywhere you feel like.

Like this girl, that Suarno,[unsure]. She- somebody read about it and told CP that it was not dignified compared to Mrs Shrivastava's dignity, it was not dignified. She is a very dignified and a serene lady. Because in the office I'm extremely dignified. Not with my children maybe I can be very simple. So they thought that: "How could it be? And this lady has really taken advantage of Her", or sort of thing you know. They were rather upset about it. So I said all right doesn't matter. It's all right, whatever way she has seen Me she must have written. I was thinking she should do another article again.

Sahaja Yogi: In actual fact Mother, Sue said they have the biggest mail...

Shri Mataji: Biggest what?

Sahaja Yogi: The biggest response from readers writing into the paper.

Shri Mataji: About Me.

Sahaja Yogi: The biggest response they ever had.

Shri Mataji: Just imagine. Despite that. I mean though, I mean she made it a little - I wouldn't say it was frivolous but she- it was a little flippant. Flippant is the word. It was flippant you see. It didn't go into details at all or anything. And she had the biggest response. Just imagine. And then what did she do about it?

Sahaja Yogi: She sent some of the letters on. She sent some letters to us.

Shri Mataji: I see.

Sahaja Yogi: Now, we have to respond to it.

Shri Mataji: So she may like to do it again in a proper way.

Sahaja Yogi: Yes.

Shri Mataji: This is one side. Now, another side is that, you must have seen an article in a magazine, which you were telling me, Indian magazine.

Sahaja Yogi: Yes.

Shri Mataji: Which impressed you very much. (Kolhi.) Did you see that one?

Sahaja Yogi: No, I didn't.

Shri Mataji: Do you have here, Gavin?

Gavin: I think some people have copies here, Mother. I've given my one away but Mr Kolhi wrote to me and said that if we send him £47 pounds he's going to send us 250 copies.

Shri Mataji: All right, so better send it and get it immediately, all right? Now, another thing is his suggestion has come, (yes, May God Bless you)...

Sahaja yogi: I have to go and have lunch with my mother.

Shri Mataji: All right, go and have lunch.

Now with Mr Kolhi, he wanted to publish a book. He said so. It will cost 15 to 20 thousand rupees. It's not difficult to get. In which he wants to write about the experiences of all the people from my childhood and this and that. Partly have no meaning. But my idea was that you, Sahaja Yogis, should compile together the experiences. Say of different...say Bombay experiences, Bombay people should do it, Delhi people should do it, Sydney people should do it, the people in England should do it and they should write about each and every person, you see? Those who have to write.

So, those who have to write something about Me should send it, say not from Bombay, those who are in Bombay should write to somebody in Bombay. Those who are in Delhi should write to somebody in Delhi, who will compile it, put it together and put it in a proper way. Some sort of a...you write to Bombay people to find out somebody who is of journalistic nature. And here also these must be sent to say Gavin or someone. And the same committee that we have you see, should deal with this side to find out, what you think is proper, what is to be given and all the fantastic things that you have felt, even of sort...they are saying about the petrol business you see. It's all right, write down everything and all these experiences can be compiled. And we can put the name as "Miracles of our Age", or something like that. And then he can put it the way he likes. We should say: "We will supply you all the material from here" or then he can edit it. And also we can get it published. If he wants to publish it, let him publish it, whichever way he wants to do it, it's all right.

We can get it very nicely done for him.

But he must publish the book. And the book must be in English, not Indian English, that's the main point. But also we should not use very difficult English you see, because it should be internationally understood. Not very big sentences, complicated and also using idioms from English literature and things, no one goes into that. Now people are not literature students you see. Most of the people who write are literature students and they use all the idioms from the literature. Now those who are not literature students, how are they to understand this? They try to show off you see, that they have read this book and that book. Best thing

is to put directly not using any quotations from any literary books. You can use it from Bible and things if you want, but that is not necessary for giving experiences. But just you can say that my hands started speaking to me, you can say Christ had said at this time like that.

That book can be done very well and could be sold all over the world. We can send him an introduction also, a very beautiful introduction to the subject. So all the Sahaja Yogis should sit down and write all the good things. Not like this that half-hearted and half-baked things you should not have, like: "I'm all right but still I have" [Laughter]

With 'buts' and 'ifs' you should not write. If you have any buts or ifs you keep it to yourself. So, the half-baked people should not write anything.

Vincent, you have missed a very nice point.

Vincent: Sorry to hear I've missed it, Mother. Sorry to hear I've missed it.

Shri Mataji: We could like to see what happened from there, so that you can see that it's a way we are forming a new organization, called "Golden Age International".

Vincent: Oh, great!

Sahri Mataji: For journalistic mischief. [Laughter]

But you shouldn't also laugh you know when you are teasing them, you should be very serious. Otherwise you'll be called as giggly people. Giggly guru he's called you know? Just imagine, they knew that he used to giggle.

Also in this book you can write about people who had a negative approach, like the letter to Archbishop of Canterbury. Expose them. Expose all of them. Like "Unity church", expose them. That's the time we can expose them now.

The responses, introduction first and the responses at the end. First give the responses of the gurus who are Realized souls, how they have acted, they have done this.

And Maheshyogi you can write that he first used to say that there is nothing like a devil, nothing, no AIDS, everything is fine. And as soon as he heard the name of Mataji Nirmala Devi, he said: "She is the devil". Otherwise, devil did not exist for him.

Sahaja Yogi: Mother, should we reveal the actual true meanings of the so-called Sanskrit mantras?

Shri Mataji: Yes, yes. Why not? We should say I went to this fellow and this happened, that happened. This book should expose!

Sahaja Yogi: Do you remember when you came with two translations of the same mantra?

Shri Mataji: Beg your pardon?

Sahaja Yogi: Sorry, Mother. Do you remember 3 years ago, we didn't tape that, you actually revealed what his mantra meant in English, some of the names of demons, some were silly names, should we reveal those as well, do you think?

Shri Mataji: I mean you can say that we had many people, one after another, we had a series of things you see with us. I think Gavin has got some of these things that this fellow from Denmark had sent. Have you got?

Gavin: I think they were with Peter, actually.

Shri Mataji: Hum?

Gavin: I think maybe Linda may have them all [inaudible]. They went to Peter, but they may be out of circulation with Veena [unsure].

Shri Mataji: Why did Linda burn that also?

Gavin: I don't know if she burnt them Mother, but they may be out of circulation.

Shri Mataji: Accha, let us find out. So you can mention that though there were so many indications, you see, from people, we could not see. Even this fellow said this is the mantra's meaning. We could not see, somehow or other our mind was like that. So to prove that there was a kind of possession or a kind of a curtain on our head, that we couldn't see things. Though these were pointed out, you see. Nobody bothered, because one gentleman who has flouted him a long time back from America, though he didn't understand the subtler side of it, but he gave the gross side, which was really remarkable, that people could get over it. How he made money, how he had to embezzle money for him and how many millions and millions of dollars they had to take away. Everything he had given that data with that. He himself, and he also said that "if I have mentioned anything wrong let them prosecute me". But nothing happened. And about women, how he had relationships with women and all that, he mentioned it. I don't know if those papers are there or not. But it was so.

The name of the fellow, I've forgotten...but so many things were like that, which were as he says given to Peter, I think Peter kept them. But if you can find, whatever it is, that there were warnings coming all through you see. Anybody who is intelligent can see this, you see. And can warn. But nobody listened to it. I mean you all thought that you were doing for a great cause of you see the world government, imagine. You see, because he made the whole show in such a way. The show was such that you had to believe it. Now you have been to that 14 year one, isn't it?

Sahaja Yogi: Yes, Mother.

Shri Mataji: Accha. Now this one also, he's got 15 thousand disciples even now, even now in Spain. And he calls himself the perfect guru. One of his disciples came and told me he doesn't know even how to say perfect, he said perfect, perfect guru I am perfect guru. He was repeating that word again and again. And this fellow knew English and he had to translate it.

And the Queen of Spain complained to the ambassador of Spain, Indian ambassador of Spain that it's a shameful thing how you can send such a man to our country. He has just finished our young generation, the whole race is lost. Nobody listens, you know, that's the trouble. He's a perfect guru. He's perfectly made them mad. He turned their agnyas, they're finished. So the whole book would be, where are the seekers? Where are they lost, what has happened to them? Everything can be covered in this in a very good way. The tragedies and the...

Sahaja Yogi: Mother, Mother? On TM (transcendental meditation), some Christians published a book called 'TM a cosmic confidence trip' and Kingsley read it and did a review because he used to be a Christian and I think that's probably going in the next, or next of one issue of Nirmala Yoga, because we sent it. And it's, I also got some of the words, the mantras translated I'll ask Gavin, so that's going in as well.

Shri Mataji: What's the name of the book?

Sahaja Yogi: "TM a cosmic confidence trip". It's by one of these Christian booksellers. It's quite good, very full of, it's got lots of insights about the way he is proving.

Shri Mataji: And who is the writer?

Sahaja Yogi: I can't remember, offhand, Mother, but I've got the details at home.

Shri Mataji: So, here it comes.

Anybody who finds anything like that in writing, please get it. In his tapes you see also you can find out. Like we can say that, they said about theta waves and theta waves you only get from epileptic patients.

Very carefully without involving people who are dangerous to us, but gurus you can handle. Gurus are all right. There's no harm, because you can use this fellow's name and all that. But not people like say, we can say the, like say some Prime Minister is involved with TM, say for example. We need not bring his name there, because they won't like it. And they'll try to trouble us you see, such people, so be careful on those. The President before this, was, what was he? He was a that Baptist church, somebody from the Baptist church was President of America?

Sahaja Yogis: Carter.

Shri Mataji: Carter. And also these churches you see, you can point out that I have been, one person can say, like you can talk about these - what seventh day, the Pentecostals. No I'm asking you. The Pentecostals.

Sahaja Yogi: There's an international organization called Family Action Information and Rescue, already formed and it's being run by an MP called Paul Rose and he got mixed up with some gurus and he's formed this organization and if you've been affected then...

Shri Mataji: Then what do they do?

Sahaja Yogi: If anyone's been affected then they get the people out.

Shri Mataji: You can ask them, you can go and ask what do they have to say about this, about that...you can interview them. Also you can use that information. It makes no difference. Use that also.

Sahaja Yogi: That's very good Mother, they have lots of information, they started specifically because of an outfit that's a bit out of fashion now called Children of God, and that's very much like the Moonies, in that they used to take teenager, young people and keep them totally out of contact with the outside world and keep them cut off from their parents and all this sort of thing, starvation diets and sugar buzzing, all these techniques they used to use. So it was formed to help the parents who had lost their teenage and young adult children, to get them back and deprogram them, and get the brainwashing out of them, and they've got

lots of useful information.

Shri Mataji: Why not go and see them also? See as an organization you can go and see them.

Sahaja Yogi: Paul Rose is very obsessive Mother, he's very sceptical about cults Mother, very sceptical.

Shri Mataji: You see, but they can be quite confused, I tell you. Like this fellow I went to see, John will tell you, I told him all I'm against these so-called religions, but ultimately, he told John that we cannot have her interview at length, because people don't like to hear about religions. Can you imagine? Is he here, John?

Sahaja Yogi: No Mother, but he left some notes, I'll read them out if you like.

Shri Mataji: All right, what has he to say?

Sahaja Yogi: He just said he had that interview with London Broadcasting company with Lawrence Spicer and he interviewed Mother. So many Sahaja Yogis wrote letters to Mr Spicer out of interest from his previous interview. So, we can easily build up on what we've already done, on this kind of thing. If a lot of Sahaja Yogis show interest, not as Sahaja Yogis but just as people.

Shri Mataji: But not only Sahaja Yogis, but you should also put non Sahaja Yogis. See they didn't write at Sahaja Yogis all of them.

Sahaja Yogi: No, they didn't say they were Sahaja Yogis.

Shri Mataji: We should not say Sahaja Yogis wrote we should say there was a big interest. Because he asked him that he should come and deal with the...it's between us, in the secret.

Now you can also write about (Shuarno, journalist), that she had a lot of response all right. We can mention her. All right, what else?

Sahaja Yogi: The 15 minutes interview by Lawrence Spicer went out 2 Sundays ago at 4am on the radio. I didn't even know there were any radio programs at that hour.

Shri Mataji: 4 am?

Sahaja Yogi: While we were in Cheltenham Mother. Which is a bit ridiculous.

Shri Mataji: 4 am?!

Sahaja Yogi: 4 am. Which is really a bit...

Sahaja Yogini: We had one man come Mother, from hearing that, he heard the 4 am...

Shri Mataji: She got up at 4 am? They must have thought you see Sahaja Yogis are supposed to get up at 4 am.

Sahaja Yogi: I bet he wasn't up at 4 am. Also Lawrence Spicer recorded an interview between John Plummer and a west Indian faith healing Christian called Cleave Grant. This interview will be broadcast in September and was mainly concerned with our attitude towards Jesus and the ten commandments. Cleave Grant was not negative, in fact he said in the interview that he thought Sahaja Yoga sounded good, because we follow and believe in Christ and obey the commandments. So because his vibrations were tricky, it seemed best to be diplomatic and not confront his ego. The results of this diplomacy may be to make Sahaja Yoga sound rather Christian. But Sahaja Yoga is not Christian.

Shri Mataji: Better call it Christian, Hindu, Muslim, doesn't matter.

Sahaja Yogi: Yes, that's why he did that.

And the other thing we wrote a letter to U.S. Naipal, who wrote various articles, books, one article on Rastafarianism in the Observer. We said that we were certain we had found the truth and want a professional, objective, discerning journalist to investigate our claims and if satisfied with our authenticity. We wrote an article, we have yet to hear a reply.

Shri Mataji: Now, he won't work out with you. But with this organization he will.

Sahaja Yogi: And John just suggested a few things as well related to his experience. To write personal letters to people of importance, though it would be better as an organization.

Shri Mataji: As an organization, to all important people better write important letters.

Sahaja Yogi: We have our own letter head Mother.

Shri Mataji: You have to have all that.

Sahaja Yogi: Make our own TV video film. We could have quite fun doing that, TV video film to show TV producers.

Shri Mataji: All of this... Not like this.

Sahaja Yogi: No necessity.

Shri Mataji: No, they're not in. They won't even allow Me 5 minutes there, how will they allow a film?

Sahaja Yogi: No he didn't necessarily mean just of you Mother, like we watch your lectures, but perhaps some Sahaja Yogis

doing the same kind of thing as you suggested.

Shri Mataji: No, but let it be done by this organization.

Sahaja Yogi: Yes, like that book...

Shri Mataji: But you see that film can be done by this organization and they can show the good points. Let them do it. You have to contact. But not just now, you should not sound that you are Sahaja Yogis.

Sahaja Yogi: It says: Make a press kit.

Shri Mataji: You can take films of other gurus also, under the circumstances you can't go and see say Hare Ramas. All right, under this, and you ask them questions. I'll give you the proper things you have to ask them.

Sahaja Yogi: Can we take the video along to their meetings? Take the video to their meetings and ask them questions?

Shri Mataji: Yes, ask them questions. First of all you have to be very nicely versed in Gita. Then with other gurus also you should be prepared. As this organization you can meet them. Take their video and give this to these people, that these are what we are going to supply you.

Sahaja Yogi: Can we include your monologue?

Shri Mataji: Hum?

Sahaja Yogi: Can we include you?

Another Sahaja Yogi: Could we include some cuts of your talkings?

Shri Mataji: No, no, no, no! I'm nowhere.

You are just talking in a very neutral way to people from Hare Ram Hare Krishna. All right?

Sahaja Yogi: We want to hear what they say?

Shri Mataji: And I'll tell you the loopholes and then you ask the questions on them. Like TM people. But the people who have done TM should not go. The other people who look very innocent should go. Because if you go with TM ideas they will know that you are from TM and you are the revolted ones so you better keep out. All this we'll think of many such things now. You see, I put you on the other line.

What else now? Come along.

Sahaja Yogi: Well, he said that we should make a press kit of articles, photos, case histories, tapes, as much as you were saying Mother and take it to newspapers. But in fact, the only organization that you just said...

Shri Mataji: Now, this book should come out. It would be a good idea.

Sahaja Yogi: Also, he intended to get in contact with Malcolm Muggeridge, and go and talk to him as just 2 interested people.

Shri Mataji: Hum?

Sahaja Yogi: This guy would like to talk to Malcolm Muggeridge.

Shri Mataji: Who is she?

Sahaja Yogi: He's a commentator and literary critic, a Christian, he's quite a well-known person.

Another Sahaja Yogi: He's a converted Catholic.

Another Sahaja Yogi: He's turned into a Roman Catholic.

Sahaja Yogi: Oh, is he now? He wasn't a Catholic.

Shri Mataji: He's what now?

Sahaja Yogi: He's turned into a Roman Catholic, but he's always commenting on religions and philosophy.

Sahaja Yogi: He's quite a seeker too.

Shri Mataji: Beat him with shoes first of all, give him Indian- our treatment, Sahaja Yoga treatment, then we'll see how far he goes.

Sahaja Yogi: Well, we could write to him as members of this interested group...

Shri Mataji: With this organization, you see, because then you are neutral. You can ask him that this is Roman Catholic has done this and that, you see I'll give you everybody's loopholes. So let us prepare some courses on this. Should we? All right.

Sahaja Yogi: And lastly he asked the Archbishop of Canterbury, although he was quite sort of negative himself, he did get us in contact with his advisor to Indian affairs.

Shri Mataji: So what did the advisor do?

Sahaja Yogi: Well, he said he wants to see us and talk to us. Whose friend he said has written the translation of something I can't remember what it was Mother, some Indian scripture. And also a bishop in Hayverteaf is also interested in talking to us in Sussex. So, again from this organization is sounds a lot better.

Shri Mataji: Sahaja Yoga is advanced Christianity, advanced Judaism, advanced everything. The point where everything meets that's what Sahaja Yoga is. But you must know where they have gone wrong otherwise, they'll never advance. So, that's all.

Sahaja Yogi: Yes. And also we put deprogrammers as well.

Shri Mataji: Hum?

Sahaja Yogi: Deprogrammers, people who've dealt with deprogramming what [inaudible].

Shri Mataji: How do you do that?

Sahaja Yogi: It's, you can- you say that you're, if anyone's messed up with a guru, then they have an organization, what they have in America, you call deprogrammers. So, if anyone's messed up with a guru then if they phone at the police or social workers, they put you onto you and then you talk to the person who's affected and then you make him better and then he goes to his parents. But it takes too long.

Shri Mataji: You see, you must let this organization also do this work. The same organization.

Sahaja Yogi: Mother, if we put outside instead of Centre for Sahaja Yoga, perhaps if we had a notice that says Centre for International Comparative religions or something, then it looks, you know-

Shri Mataji: Whatever you like.

[Laughter]

Sahaja Yogi: I mean, that might also put people off a bit. [Unclear] We could easily invite people here into a selected room. It's a nice place. It could easily be an institution [unclear]

Shri Mataji: You see in this world whatever you say it always has two sides, except for Sahaja Yoga. You see, everything has two sides. Like if you say this is a place for people to understand religions and their mistakes or whatever it is, all the religious people will be standing against you.

Brian: Mother the aim would be with it to, the people who were the members of Golden Age International, they would indicate to the people they were in contact with, that they were employed by Sahaja Yoga for that purpose.

Shri Mataji: That's what I think, you should keep it out.

Brian: So they would-....

Shri Mataji: Connection should not be there. But what you can do is to get some people you see, if they come to you, to your organization you should say that: "Some people have told us that Sahaja Yoga has helped. You can try ". But we are not recommending, but if you want you can try ". Like that.

Sahaja Yogi: Mother if people will ask what are the credentials of the "Golden Age International" and if we can't say that we're Sahaja Yogis, what are we to say to the people are our credentials?

Shri Mataji: No, our credentials are that we are [inaudible] and PHDs and all that are our real credentials, not Sahaja Yogis.

Sahaja Yogi: Branches all over the world.

Another Sahaja Yogi: Let's just got together as a group.

Shri Mataji: You see, you are not to say that it is an organization of Sahaja Yogis at all. Even they won't ask you that you are Sahaja Yogis, they'll never dream of it. You see, that's why we have had no dress, no badging, nothing. We are so different than others, you see. That's why I have never allowed it. Many people used to say, "Let us wear kurta pyjama ". I said, "Nothing to it ". Even the mark. You are not to have anything, that's only secretly. Till we reach a certain stage, you see. So, you don't have to say you are Sahaja Yogis.

Credential is that, "Now, this is Doctor David Spiro." All right? "Doctor David Spiro ". Then barrister, then this, that and also you can add up PHDs and all these things to it, doesn't matter. [Laughter]

This is what they respect, not Sahaja Yogis! They'll think Sahaja Yogis means, they must be some criminals you see. They cannot think that Sahaja Yogis are some good people, they cannot think of such people who can be good, really they can't think of it.

Sahaja Yogi: It is true though Mother, when we talk to people with full confidence in ourselves about this kind of thing to probe where their seeking lies, if they ask, they always never fail to be impressed by the depth of knowledge that Sahaja Yogis have got and this itself stands out. They don't think to ask where you got the credentials from, because if you're subtle like you say Mother...

Shri Mataji: You see, when a Sahaja Yogi speaks, you know even a little girl, like Annupama, when she speaks people are amazed how does she do all this.

Every sentence that you speak has that sparkle if you see. They won't know. You need not say. If there is a beautiful rose somewhere hidden you know because it smells. You know the fragrance is there. They will know it is something great. You need not say you are Sahaja Yogis, by saying that we have achieved nothing with these horrible medias, so let us go in another way. You see, if you talk of the flower nothing works out, so talk of the fragrance. By flower they are not impressed so better let them have your fragrance. This is another one who can impress quite a lot.

Sahaja Yogi: Mother, can we have part of the organization something research into nuclear aspect, how to...

Shri Mataji: You see, even you are international this thing, you can go into everything, no problem. But you see, peace cannot come from without, peace has to come from within, you see. If you don't have nuclear weapons you'll have some other weapons. Now Americans are, look at them, they are selling their weapons to all other countries at a very cheap rate you see. What is this? This is even worse than having atomic bomb, because atomic bomb for once for all finishes everyone, you see. But this is very bad you see to make everybody fight. So they have ways and methods.

See, you can't just say. It's a temperament, it's an attitude, it's an inner subtle being which is not at peace you see. They are violent because they have no peace within. Actually they enjoy this. They enjoy all this.

Sahaja Yogi: How to deal with people then? Through our connections with them, they come to see Sahaja Yoga and they see us as the speakers. If they've seen us as a representative of Golden Age International and then they see us on the podium doing Sahaja Yoga, how would you deal with that situation?

Shri Mataji: You should get people from outside. You see for example you can go to Toronto and let the Toronto people handle New York. It's better. For example, Brian can say I've come from Sydney all the way and you've done so much there in Sydney, so much of research, we have found out this and all that. Who is going to find out about it? All right? So in New York, you work for Sahaja Yoga, in Toronto you work for this.

Sahaja Yogi: What are we to do if we get legitimate clients?

Shri Mataji: What did he say?

Brian: Mike was asking what happens if we get legitimate clients?

Shri Mataji: Legitimate clients?

Brian: Clients who are willing to pay money for the work that we would be doing.

Shri Mataji: You see, you have only one client, that is Sahaja Yoga and they don't pay any money. Nobody will be our client as such, how can they be? Except for these gurus, because we'll talk against them, they'll never pay us anything. I don't think this question will arise.

Mike: No, I mean like regular business clients.

Shri Mataji: Business clients. Who?

Mike: Not necessarily involved in seeking.

Shri Mataji: So in this relationship you are saying.

Mike: In this relationship and in any

Shri Mataji: You see, what will happen, now we have, let's see. We will either go to these gurus all right, so they come because we say we are giving alternative this thing. But when you will go and see them all right we'll give you a publicity, this thing, that thing. But we'll tell the truth, you see. You should tell them that, you see, we are here but we'll tell the truth because that's what we have written in our, this thing, and we'll try to see the truth here.

So, they would like to have you there because you will have a sort of a position to tell the truth you see. So you can go there as

any journalist goes. And he can say whatever he likes, they cannot stop, so you go and see the flaws of that thing and then you can write about them and tell about them in the newspapers.

This is what we have seen. So they won't pay you. I mean if they pay of course I don't think they'll pay for telling all these things but even if they pay, you can tell them that ours is voluntary organization and we are doing this voluntary work and like that. Or you can take the money, what's wrong? And throw it in the Thames.

Brian: If somebody comes along and wants a publicity campaign about soap.

Shri Mataji: Soap? What is soap?

Brian: A public relations firm, as well as selling something like Sahaja Yoga could also sell soap or sugar or...

Sahaja Yogi: Or lemons...

Shri Mataji: We won't have any magazine or anything.

Brian: But in the same way, that the members of the organization could go to the media trying to interest them in publishing material about Sahaja Yoga, that facility could also be used for other money making concerns like a soap making firm could come to the Golden Age International to employ that organization to give cheap soap a quality image or... you see there is a possibility of a legitimate business, an honest business around the dishonest.

That is what Michael is raising. In other words, it could be the possibility of some members of the organization becoming totally involved and financially involved.

Shri Mataji: No, no, no, no.

Sahaja Yogi: For alternative lifestyle sort of thing...

Shri Mataji: You see, what I am saying, these things again take you to the same. It's a dangerous game.

See, you can play out certain things with them, like, something like we can say that...we can have a...I don't know how it can work out but say, we can get some Sahaja Yogis to say that this special type of sugar is vibrated sugar you see. It has done you good. So you can refer to some organization saying that this sugar is available from this thing. Or say genuine things like genuine food or something I mean more on the genuineness if you can work out say, soaps now are made here of horrible chemicals, if you can get something genuine you see. On that it could be done later on. Whichever is genuine thing but we have to test it and see for ourselves. Things like that we can work out if you go to there. But should be genuine stuff which is helpful otherwise you see we cannot go on for anything cheap type thing.

Like for liver patients we can say we have a medicine or something, all right?

[Shri Mataji to a baby]: How are you? All right?

Sahaja Yogi: Mother I used to be an illustrator. My work was in the New York Times and Psychology Today and Self-worth. And I've been wanting to use my artwork in some way. I know it has a potential to be beautiful if I was working for a good cause such as Sahaja Yoga, not just my own feelings. Is there any way that I can help? That I could...

Shri Mataji: Yes, yes, we'll make full use of you, I'm going to use all of you for this. I'm already using you, all right?

You have to find out all the talents in this kind of work you see. But now, for example, David Spiro is a too honest a fellow I must tell. He may give in your secrets. I hope, David, you have changed a little bit. It's too straightforward. You cannot be with them, you see, I have to play a drama. You have to be an artist to play that drama, you see.

I'm myself hopelessly bad, so I'm out of it you see. I just can't do it, I'll just laugh you know so don't take Me. But you have to be careful. If you give in the secret then we are out, you see. Take few, but those who can keep the secret all right. At least, when you are representing it outside, you have to be very careful.

Sort of, you see, all the Sahaja Yogis know each other. Immediately they'll say Agnya, all of them sitting there, you see. And they'll start giving the bandhan as a habit you see, and immediately they'll find out all these people, charmers here. Anybody like that. And a little, you have to use little cunningness I should say with these horrible cunning people, you know you have to be very careful. If you start giving out your secrets by any method, I would say when Phil is another very over honest fellow, you see. So you shouldn't try to be over honest you see. If you are over honest, they'll find you out in no time, they will know, "Oh this is the one". You have to little bit do some practice in drama.

Have you ever taken part in a play?

Phil: I was Julius Cesar, [inaudible] I read the part.

Shri Mataji: You were doing what?

Sahaja Yogi: He played the part of Julius Cesar Mother, so he didn't have to quibble very much.

Shri Mataji: What about you? David, did you?

David: Not since I was at primary school, Mother.

Shri Mataji: Now, you'd better practice little drama, you see. That's a good idea. All those who suffer from over honesty, you see, because conscience and all that. We are beyond all that. We have to save this world : it's a tremendous task! You can't go on playing with all these few bits of things that we have. We have to have the major thing now. We have to do something about it.

Look at her eyes. she wouldn't come to you.

Where is Olympia gone?

Sahaja Yogi: She's playing with the children outside Mother.

Shri Mataji: Where is she?

Sahaja Yogi: She's playing outside.

Shri Mataji: Oh, I see.

So take her. Now, you won't, come and try. She doesn't know you. Who are you? No? No, all right. You feel nice then all right you be with me. Hmmm good. But you've wet yourself, do you know that?

Hello. What's it? She has got her hair like her mother. Always comb the hair of the children backwards you see, so they grow more. Oh, you don't like it? [The baby starts crying]

All right, all right, sorry, sorry, sorry, sorry.

Take her. All right sorry, sorry, sorry. Sorry, sorry, sorry, sorry. What happened Just turned the hair. That means there must be something wrong. That means something on the Sahastrara she has a problem when I touched her Sahastrara she started crying. You work it out. Do you use a comb or a brush for her?

Sahaja Yogini: No, Mother.

Shri Mataji: That's why, you must use a brush, a small litte brush, and give it to Me for vibrations. Something must be on her Sahastrara is the problem now.

That's how you discover. You must use brush for children, very important it is.

Brian: Mother there's a popular area of television which is the so-called in depth look at some topic. For instance, a program perhaps half hour program on health. On such a television program would you be willing for instance to talk on aspects of health in a program which would contain so-called medical experts who would in fact attempt to refute the things that you were saying?

Shri Mataji: Later stage we can. Just now you should camouflage yourself. You see, if you put Me there, all Sahaja Yoga there, everything, they'll be shocked and they'll find you out. But first, you have other people you see, build them up. These other gurus, put them like that, the way you did it in Australia. Later on, I can be there, but first you prepare the ground for it. Then I would like to do anything.

Any other suggestions?

Sahaja Yogi: Mother would it be advisable do you think if the doctors in our group approached people like the Arthritis Research Foundation?

Shri Mataji: We tried that.

Sahaja Yogi: We've seen a quite successful treatment on an arthritis patient.

Shri Mataji: We have tried it. You see what we did was with Doctor Srivardana, he was there on the cancer research. And he wanted to talk about it. He is doing that job and he wanted to tell to other people. Nobody was willing to listen to it. They thought he was gone mad. It's not easy. He was there. He was doing that research.

Gavin knows about him. He was doing research in cancer and when he went and told them that this is possible, this is this, they said no, no, no this is all, you are mad, how can that be? Because they cannot believe there is something, a higher source from where you get all these things.

You see, they all think in their ego behaviour, that it is all their own achievements. they do not want to believe in it because their existence will be zero.

You see, they asked Me in India that if I make this institute for research they will get a big - what you call - donation from the government. But I said what is there to be researched here? I mean I have researched everything, I mean I know everything. What is there to be researched in Sahaja Yoga? And what are we going to do with the donation? I mean that time there was no land, nothing. But even, there you see they wanted to research it. And the organization is for research if you said there is a solution, then the organization does not exist. You just see how will they do it, psychologically also. They are not really doing it actually to find out something, they are doing it because they have to exist.

Gavin: Mother a lot of programs are made attacking the different gurus and so on but they don't offer solutions. Would it not be a good idea if we were to make such programs again without offering the solutions, but really opening up the loopholes.

Shri Mataji: How will you make the programs Gavin? We already have programs, now where can you do these programs? That would be on the contrary you go and talk to them as a neutral body, all right. You tell them all right, we would like to study we would like to...this is one of the alternatives we agree, but after all we are journalists, we have to witness the whole thing. All right you go and see and see their loopholes and put them up as they have done it, they have exposed all the gurus like this in Australia. That's very simple.

Gavin: In this way, we would sort of, break the ground for people to start thinking for themselves, and then Sahaja Yoga is there, but we don't present it.

Shri Mataji: No, first you do this, then you come to Sahaja Yoga also. Also criticize it in a way which is not really a criticism. All right, it will work out. What did you criticize Sahaja Yoga for? What did you say?

Sahaja Yogini: They don't take any money.

Brian: They don't take any money. No, it was related to some of the practices like foot soaking, and that is was very time consuming, like people gave a lot of time to it.

Shri Mataji: Otherwise, what are you going to do with time? When you go to the pub, is it time absorbing also? You see what I'm saying, that if anybody wants to refute it, it's very good, we really want, otherwise you are bored stiff you see. So what you can say, say for example if you want to criticize Sahaja Yoga...now let's see...I get thoughtless.

Sahaja Yogi: You give up all your enjoyments.

Shri Mataji: That you can't see from the faces. You can say one thing, that there are some people who still are not anywhere near a good person or something like that. You can say like that. But some of them look excellent people, many of them look excellent people. So maybe there is an inner circle, some sort of a doubt you see and everything is not told. Like that you see you can put it. You see something to say there is something secretive about these people a little bit. Everything is not told forth, perhaps. It is said that all knowledge will be exposed to you but partly it's known and everything everyone doesn't know. That's what we gathered from some other people who were saying that we are not allowed to certain functions or something like that so you see a class consciousness is there or something. That will help some socialists to raise their ears. Or...

Sahaja Yogi: Mother, I heard somebody say something once which we could even turn to good effect for us, it sounds like a criticism is that somebody once said that we seem to be a bit privileged, that we don't take in everybody, the poor, the sick, the weak, the needy, the mad, the stupid. We don't take all of them, we don't sort of-

Shri Mataji: Yes, none of them were, none of them were there that kind.

Sahaja Yogi: We could turn that to a good use.

Shri Mataji: That there were no alcoholics among them, nobody taking drugs and nobody was smoking, nobody had a matchbox.

Sahaja Yogi: Except for lighting candles. Except for lighting candles.

Shri Mataji: Candles yes. That also may be in here. For lighting the candles none of them had a matchbox. Can put like that.

Sahaja Yogi: Yes, it's a Christian thing, so it doesn't feel to the Christians think that to be a Christian, to be a good following Christ, we have to take like Mother Teresa, dying and sick people and...

Shri Mataji: But, you see, when I ask somebody he told Me that he came to this place when he was dying. Later on. You see, this is the first criticism, then we refute. And somebody can go and say I was just dying when I came here and Mother saved me so I look perfectly all right. You see, that is the second stage. Gavin, we should give them some photographs of when you came. Before and after.

Sahaja Yogini: Mother, may I ask how many should present the evening classes? We were originally going to give Realization immediately, but I'm wondering from our discussion this morning whether it might not be too much for them? (inaudible)

Shri Mataji: First, you must educate them what they should expect. First, you have to tell them what they should expect from Realization.

Sahaja Yogini: Should we have your photograph there?

Shri Mataji: No, no. You can cover it with a paper or something, with a silk cloth if you cover the vibrations will flow in any case. You need not.

Sahaja Yogini: Can we give Realization at any time?

Shri Mataji: Yes, afterwards you should.

Sahaja Yogini: It's a course for 26 weeks.

Shri Mataji: 26 weeks?

Sahaja Yogini: One class a week Mother on Friday evening.

Sahaja Yogini: For 2 hours.

Shri Mataji: What will you do?

Sahaja Yogini: Oh there's plenty Mother, there's plenty.

Sahaja Yogini: We've got 24 titles Mother it's just the various beginnings of discussing Sahaja Yoga.

Shri Mataji: Then 25th you will give them Realization.

Sahaja Yogini: On the 26th Mother.

Shri Mataji: But without Realization how will you make them understand?

Sahaja Yogini: Well this was what we wandered and this was why our first impulse was to give Realization.

Shri Mataji: No, you can say after, say, half time, you can say that, " Let's try if we can work out on you ".

Sahaja Yogini: Shall we also invite them to our public meetings in Brighton?

Shri Mataji: If you have public meetings they are always invited. But you have a public meeting every week?

Sahaja Yogini: Yes, Mother. Every Tuesday.

Shri Mataji: And this course is from people who are coming from public meeting or...

Sahaja Yogini: No, hopefully not, hopefully it will be people who are interested in alternatives to education like comparative religions, astrology, lay lines...

Sahaja Yogini: Mother the idea arose because TM was doing an introductory class at the same night school it occurred to us that if they could get away with it so could we. Moreover we can do better. And it seems we will because a lot of people were very displeased with the TM class they thought it was an absolute rip off. Apparently all they did was...

Shri Mataji: But what you can do is to talk to them that you see this is the thing, this mantra, this Kundalini is here, this thing, that thing. But a mantra, unless and until it is awakened by a Realized soul you cannot use. The mantra at this stage has to awaken this deity. Like that you can tell them the prepared, but it is to be awakened and this you know will happen to a person and if it happens. and then if it happens...I mean when we'll have a public meeting?

Sahaja Yogini: We have the public meeting on Tuesday, every Tuesday.

Shri Mataji: So what do you do then?

Sahaja Yogini: We have a talk or a tape and then we give Realization.

Shri Mataji: How do you say these people won't come to the public meeting? These people won't come to the public meeting?

Sahaja Yogini: Primarily what will happen with the evening classes is that posters will go round to libraries and all sorts of outlets like that.

Shri Mataji: But how do you stop them coming to the public meeting?

Sahaja Yogini: Well I wasn't suggesting that we stop them Mother.

Shri Mataji: Then what will you do?

Sahaja Yogini: What I'm thinking is how we justify it, because they would be paying for the evening class, that was the point. We've offered our services as lecturers free but the adult education institute will charge people who come on the course for their hall, their lighting, their heating. If we can say to them that the public meetings are more for in depth actual working out and learning how to use.

Shri Mataji: How many people come for public meetings in Brighton?

Sahaja Yogi: About 20 Mother. 20, 25 of us.

Shri Mataji: And how many will be coming for your course?

Sahaja Yogini: We don't know yet Mother. We don't know yet.

Sahaja Yogi: About the same number Mother, judging by the TM experience. Possibly more if we make it look very interesting.

Shri Mataji: Now the public meeting of these 20 people is always 20 isn't it? They don't increase.

Sahaja Yogi: Mother we get say typically 2, 3, 4 new people a week.

Shri Mataji: So let us not have it as a public meeting then. You advertise every time.

Sahaja Yogi: Well we have the posters around town Mother, which say it's every week at a particular hotel there's a public meeting, an introductory meeting.

Shri Mataji: You see I would say...this one you'll start at the ashram is it?

Sahaja Yogini: No Mother it's the adult education institute.

Shri Mataji: All right so it won't be. So why do you have any public meeting at all? Why I am saying for these 26 weeks, if they have a big response you see. What you can do is to have them in the ashram and need not advertise. Let us see if that works out better. If only 2 or 3 people are coming every week you see and supposing they get about 50 people for this training centre? then best thing would be that they should go for the training centre and you should have your thing in the ashram now you've got an ashram. Just like as you have here. I told somebody has to inform. It's all right we'll inform, I think John will be coming.

Sahaja Yogini: Would you like us to telephone home, Mother.

Shri Mataji: What's that?

Sahaja Yogini: It's something Christian cooked.

Shri Mataji: So many things. What's all this?

Sahaja Yogini: They're potato balls Mother, rosemary...

Shri Mataji: And what's this?

Sahaja Yogini: That's lamb Mother, special sauce.

Shri Mataji: Oh I can't eat all that. You bring me a little plate all right? I'll take it in that and eat because this is too much for me. You'll keep it here; I'll take out a little in a little plate. I look so big, but I don't... All right. So, this is a good idea.

Now what we can do is to have this course done there and just like as you are having here. Because in the public meeting now as you'll be busy with Geneva and all that, so, isn't it? You Sahaja Yogis, this 20 or whatever it is, can get some people in the ashram, you can put there Sahaja Yoga centre and it's a public meeting and let the people come down there. And also I don't think giving Realization so quickly is a good idea. That's what Christine feels. That Mother if you give them so quickly they get lost also. In my presence it's all right you can always say was Mother who gave Realization so they think it's something precious. Otherwise, you know what happens, that they think, "Oh you can give Realization, you can give, they have no value". You see, because the value system is wrong first of all, secondly they have no sense of Realization. So better to prepare them for and then give Me. You see, if you give it to a madman, say, five pounds, what does it make for him? Nothing. It's like that.

Sahaja Yogini: Mother quite a lot of us have already decided what talks we would like to study and what talks we would like to give. May we practice them at Nightingale lane? And hopefully our brothers and sisters will come up with questions rightly to be asked.

Shri Mataji: Wednesday.

Sahaja Yogini: Wednesday.

Shri Mataji: When they have this public program there.

Sahaja Yogini: When we have the evening classes we'll start on November the 5th which is the Friday. And what we were hoping is that during September we could practice the speeches here whatever night is convenient and then we could learn the sort of loopholes that are going to be...

Shri Mataji: Good idea, because you see if you practice with them, they will give you ideas, isn't it? I saw that what you gave, good. Very good idea I think you can do that here. Will be good idea. Everybody can give you ideas.

Shri Mataji: She's taken away the whole food?

Sahaja Yogi: It's just there, Mother.

Shri Mataji: Oh, I see. Otherwise, I thought it's either the whole or nothing. I sometimes don't understand the language of Sahaja Yogis. Thank you, but I would like to have a small plate all right? It's too much you see. If I see too much then I won't eat so better bring a small plate, that I'll take something. Thank you. That's a good idea; you practice it here so that you'll be corrected you'll know what is to be said.

Sahaja Yogi: Mother perhaps this Golden Age Organization could have one day seminars in important towns, which we could invite people to tell them about Sahaja Yoga. We could invite distinguished local people.

Shri Mataji: No, what we can have, is Golden Age. One can organize a program inviting people to come from all kinds of things and to prepare papers and to read them. And then the Sahaja Yogis should be in the audience, and they should ask questions you see, with other people. Here in London I don't know what they do but they have been organizing yoga seminars and things inviting people even from India. So what we can do for alternative living we can organize one and there we can get Sahaja Yogis to ask them direct questions, you see. To these people and also a Sahaja Yogi should give a speech who is not a member of this secret group, you see.

Sahaja Yogini: So the aim of Golden Age International is not to promote Sahaja Yoga at all as such, I mean openly to the other people, but just to...

Shri Mataji: Openly not. Openly not at all. Not at all. But it will happen openly also in a way, because when it will come to Sahaja Yoga, you see, it's, say, a dark night and the people from your family are only serving, so have it like that. You see the dark nights nobody sees who is who and your family people are serving all the food, so you have the best. It's like that. Yes it is, obviously it is not. Or apparently it is not we can say, but really it is.

Otherwise, what are we interested in? Not only Sahaja Yoga but saving of people. I mean, we have tried everything else, isn't it? We have failed. Nobody listens to us. We are nothing.

Sahaja Yogi: It's not absolutely true Mother; things are tipping over a certain line..

Shri Mataji: That's it. We must understand. This is just to be understood.

I mean imagine this Kolhi, how far he has gone! I hope you get that book, Gavin, from somewhere.

Sahaja Yogi: Mother some people get bored, you know, when we approach them and we talk about religion, about God, most people, they get bored. So, if we were to try something like giving vibrations

Shri Mataji: Why?

Sahaja Yogi: Some people when we approach them and talk about God, they get...

Shri Mataji: No, as what? As Sahaja Yogis?

Sahaja Yogi: No, no this is outside people. If we go and tell them that about religion about God, normally they get very bored and they said they have heard it all before, but if we were to talk about vibrations or something else, explore that area.

Shri Mataji: I think even the Sahaja Yogis want to teach Sahaja Yoga and spread Sahaja Yoga must undergo a training. What to talk, how to talk, how to handle, it's very important. In those 26 lectures that you are going to have here, whenever it is possible, I would also like to come and see how it works out, what we should talk. We have one of these subjects, somebody should handle it. How should we talk to people? How should we begin? See let us understand them as they are. We have to approach them the way they are, you see. It's true.

Sahaja Yogi: Is it a good idea to talk more on the vibrations? Because they can feel it. And if we were to tell them about the power of the vibrations, it comes over telecommunication, that there is a system now that we know about the television, that there is a telecommunication network. So, if we were to tell them more that there is another system.

Shri Mataji: I mean do whichever way you think proper. There's no objection for that, but you have to understand the whole thing in such a way that it should go into their heads. But on the whole, the picture is such, that the people are really in a wretched condition. Try whatever is possible, that's our work. We are not bothered whether we save them or not, because how far can you

go with them? Let them then be there where they are. We can go up to a point, isn't it? Say, the same time if I spend in India, we can save thousands of human beings, isn't it? But here you go on pressing them and asking them for this and still their ego is just on their heads standing, what to do? How far can you go? Very insensitive, lethargic and conditioned people. Really shocking.

Brian: The idea Mother, is this right that Sahaja Yoga approaches seekers but the Golden Age people approach people who can attract-

Shri Mataji: No, they approach media. They are for media. They are for media. Everything has to be worked out through the media. That's current.

Sahaja Yogi: Mother should I finish pursuing the television lead that I have as an individual and do no more except under the ages of Golden Age International?

Shri Mataji: I think so. You see, it's like, you see, asking a job from someone who is not obliged to you. But he feels he is obliging you and all the time he'll be thinking: 'Oh God, it's such an obligation' and this and that. But as a member of this thing, you can do a lot. I'm sure. Because otherwise they'll think they are just trying to oblige you personally. All the time, they'll be having that in their mind, so best thing is just to tell them that actually we are obliging them and not they. You see my point?

Graham's brother who is not a Sahaja Yogi, he's just Graham's brother, but he's managing some public relationships, and just imagine! He did the job very well. One person. You get all the details from him.

Sahaja Yogi: Yes, he actually what he does, he just goes to companies and tells them how they can promote their own products in the best way possible. So I mean in a way we can, I suppose tell people that with vibrations and auspiciousness they can improve their own business, if they actually come around to our way of thinking, we can actually-

Shri Mataji: But that could be done later on, just now we are not to be identified as Sahaja Yogis. But you can say that that's what the Sahaja Yogis say. Worth trying. Not that you are Sahaja Yogis.

Sahaja Yogi: How do we actually get to see them? On what pretext do we go and see them in that case?

Shri Mataji: Pretext we see? We just say that we are here as public relations,

Sahaja Yogi: I see.

Shri Mataji: All right?

Sahaja Yogi: To see if we can help them in any way?

Shri Mataji: For alternative systems. Even for the present ones. If supposing the Catholic church wants us to help them, all right let's help now? With important archbishop of Canterbury wants to have some help, we don't mind helping them very well. With these cunning stupid people I don't know what to do! [Shri Mataji is laughing].

Sahaja Yogi: Mother, the way that the Christian religion first spread was because Paul, so-called saint Paul, was so cunning and that he tricked people and got up and did very similar things, promoting Christ. And even though we know that he was wrong in many ways, he spread it so quickly. He even got put in prison and everything.

Shri Mataji: I mean just imagine how stupid they were to allow him to be in the Bible, how is he there? What are his bonafides?

Sahaja Yogi: They didn't think to ask him Mother because he tricked them.

Shri Mataji: But best was our Archbishop. They asked him: "Do you believe in this, in the immaculate conception?" He said: "I'm agnostic." Finished! [Shri Mataji is laughing].

You see, he was very honest about it. "Why are you there?" Nobody asked him. If you are agnostic, you cannot answer the questions then why are you sitting there, you get out from there! That's what exactly he said. Somebody asked him: "Do you really believe that Christ existed?" He said: "I'm agnostic, I've told you already." He was agnostic for everything.

But to him, Christianity is a social order or maybe a state affair, I don't know whatever it is about that. You see, more a question: "How much finance did you get? Where do you spend them? How many buildings you have got? How many walls you have got? How many bulbs you have got?" It's like that, it's that level. Christianity is only that level. People are busy counting all the plates in the house, all the cups in the house, that sort of a thing. It's a household.

Sahaja Yogi: Mother, do you think it's any help, Jason could help us on this, the fact that we are about to become a charity? Do you think that the Golden Age International could also be involved?

Shri Mataji: A charity?

Sahaja Yogi: Yes, involved. I mean how we are based, not to be the company, but we don't have to deal in large financial profit because of the basic of a charity.

Shri Mataji: Voluntary system. Something voluntary.

Sahaja Yogi: So, the point that they raised before was that what if we...

Shri Mataji: Call it a voluntary organization. It's a voluntary organization, because for charity we have no money. Neither we take, nor give, so no question. Charity goes hand in hand with money. But voluntary work anybody can do. Voluntary organization. Do you know Sahaja Yoga has no organization? So far, so good. I don't know. I hope you people do not turn it into another dead stuff, by organizing it. Having secretaries and all that, I don't think it would be possible.

Now, so come to other problems of other problems that you have in the ashram. What's the problem with Hari? What happened?

Sahaja Yogi: There's no problem Mother, because we shouldn't involve you with this Mother.

Shri Mataji: But you see what I'm saying, I'm telling you one thing. You were in India, now they have got something settled down here. Try to appreciate it. Don't try to disturb. All right?

Sahaja Yogi: Yes, Mother.

Shri Mataji: Now, tomorrow somebody comes from Timbuktu, now he comes here and then you say you should not be involved. That's not possible. So if you want to be kind to Me, just accept as the order is just now. All right? Now, why I am talking it in open because I always get pestered by one person telling Me another thing and this thing.

Now about Nick, people have objections, I know that. They have had. Where is Nick?

Sahaja Yogi: He's gone to hospital Mother.

Shri Mataji: What?

Sahaja Yogi: He's gone to the hospital.

Shri Mataji: Where has he gone?

Sahaja Yogi: To the hospital.

Shri Mataji: Hospital? All right.

Or about Kerry and Nick getting together also people have objection or some sort of a thing. Now, that way you will have objection for everyone. I don't say he's perfect. He must be wrong, he must be hot tempered, he must be trying to organize you. But he's not here to give you Realization or anything, he's just there to maintain the whole place, all right? So you don't have to fight with him all the time and say this he should do that he should do, whatever he is doing, he is not doing anything to harm you. Maybe a little ego is there definitely. I do not say that, I do not challenge that. there may be some ego, something working it out, but for that you should accept that after all he is doing all this work, he is staying here, he's free, he's very methodical, he doesn't give our Mother any trouble. Let him do it. For you people you are free in any case because you have got your Spirit, you can always develop your Spirit. What difference does it make whether you sleep in this room or that room?

Do not make issues of nonsensical things. For Sahaja Yogis it doesn't behave. Do I do like that? Did I ever say that I would like to sleep here or sleep there?

So, one thing you must understand we are Sahaja Yogis, we are not ordinary people. We have to behave like saints. How much the saints bear? How do we know a saint? By the way they are bearing, they have got bearing power. The way they are simple. The way they are living with less things. The way they are sacrificing. We are saints and I don't know what sort of things we are.

All right, I agreed, even if I say that Nick is dominating or he's doing something like that, all right. Let somebody organize it. Like that you'll not allow anybody to be organizing. If everybody has a say in the matter, how is it going to work out? But, you are free people. You are absolutely free if you want to enjoy the freedom you have.

Wherever you are, whatever room you'll get, wherever you stay, if you are free people, you'll not create problems. Those who are not free will create problems. It's as simple as that. So no more quarrelling on this point that I want to stay in this room, it's too frivolous. And not to involve Me, it's not so as I am always involved. So take everything for granted, if you don't want to live in the ashram you can go away. But now let it go on, don't give me a headache with it, you have too many things to be done. So nobody

should give Me a headache, when I find Nick is absolutely useless; I'll ask somebody else to do it. But I'm sure when the other person comes, the same problem will be there.

Because your egos are there, and if Nick is organizing, you think that he is something greater than you. That's the problem. No, not at all. You might be a much greater Sahaja Yogi than he is, much greater, but he's the one who has time, who's doing the job, it's all right, let him do it. So why are you interfering with his job? I'm not telling about you or anyone, maybe that you are right, I'm not saying that you're not right, maybe you are right, maybe they are this thing. But I am told that some people in the ashram believe that there should be no organization about living together.

You have not reached that stage, not at all.

You have not reached that stage. When you reach that stage where you don't need any organization like these leaves are, see, they don't need. They grow according to the laws of nature. Do they dominate anybody? Do they trouble anybody? But when you become that lively in the Spirit, in your Father's domain, then you don't know how beautiful you would be. There won't be any problem between each other. Now, supposing say somebody X is very good and the Y is very bad, still it is not all right. The Y has to be all right. The X should not be satisfied with what he has got, he's something great, he should not. The Y has to be all right also. So what he has to do is to pray for him, beat him with shoes, do what you want, but you cannot just say 'Oh I'm very good the other one is not good.' That's not the way Sahaja Yoga is going to work out.

Everybody- now say my finger is sick, I won't say cut off my finger will I? I'll say all right, I'll try to improve it, try to save it as much as possible.

So that relationship will only develop if you really work out in that way. But if you don't want to work out in that way then there will be a problem.

No more angers, no more tempers, nothing. Now try to quieten yourself and be peaceful. Ashram has to be a place of peace, where peace should reside. God has been so kind to you just imagine! You are living under such a roof, I can't even think of such a thing in modern times. What a beautiful thing they have done here. Just look at this. Have you ever noticed what God has given you, to be under this roof, so beautifully done for you? Such a beautiful thing. Count your blessings. If this is important. When you are a Realised soul, you see nothing but beauty around you and then you give beauty. If you give ugliness then you are not a Sahaja Yogi as yet, you better improve yourself. Why are you talking? And Nick is not the last one in Sahaja Yoga, he is not maybe the first one, but he is the one who was available, he's good at organising, so I asked him to organise. Now you don't all of you give him ideas. Otherwise every moment you do something he'll say I give up. Will you take up from him Mr Hari? All right, let's see.

Sahaja Yogi: No, Mother. Forgive me if I made a mistake.

Shri Mataji: So then nobody...why I am just telling you because just now the problem came from you. But you are not the first one, this is I think the 11th case. So now as he's doing it, you are all busy people, let him do it. Let him do it the way he is doing it, just listen to him, nothing important. What is important is your Spirit, isn't it? Keep your attention onto your Spirit and not to these mundane things. And I tell you I have seen in the West people just are trying to find your ways and methods of quarrelling, really. Either Nick quarrels or you quarrel, both are just the same to Me. But it's only just to find something. If your father did not do it, then your grandfather must have done it, like this sort of a thing, you know it's very bad tension and very bad attitude towards each other. Not of mirth and happiness and joy and understanding and enjoyment. That I want you to feel for each other.

Sahaja Yogi: When we go back to New York, we're going to try and get an ashram there and I was wondering, I'm pretty new in Sahaja Yoga, not even one year, but when we have it, may I please, live there?

Shri Mataji: What did he say? The last sentence?

Sahaja Yogi: If they get an ashram in New York, may he live there?

Shri Mataji: Thank you very much. Very kind of you. So what should I do? So? What did he say the last?

Sahaja Yogi: He said they're hoping to get an ashram there, Mother, and if they do please can he live there?

Shri Mataji: Nobody is going to live there?

Sahaja Yogini: Please can he live there?

Shri Mataji: He? You? All right, why not? You see some new ones are better than the very old ones, I've seen that. Sometimes they can act like snakes you know. They take it for granted, they think I don't understand them. New, old, all these things do not exist

in Sahaja Yoga, as long as you love me you're all right. Also this idea of old and new, you better get rid of it. 26 weeks are sufficient to make you old. If you are one day a Sahaja Yogi you are already old enough. But if you are a week old, then you are very old. And then if you are three weeks old then you are absolutely matured, full grown. You don't need more than 3 weeks to be a real Sahaja Yogi. Some of them just get a spilt of a second and they are there.

Yes, what is it? Did you raise any hand? What water is this? It's a special one? [Unclear] What else? Chaiya (Marathi). Ask this Westminster people to send my letters to me, 48 Brompton Square, all right? (Marathi) I don't know how much money is there, nothing, it's all going to him. Acha. Now who is collecting money for travelling? Is there anyone?

Sahaja Yogi: Bogdan.

Shri Mataji: Bogdan? Bogdan you are putting in Westminster thing?

Sahaja Yogini: He's working, Mother. He's working.

Shri Mataji: All right, is he getting the reports from there?

Sahaja Yogini: No, I don't think, not yet.

Shri Mataji: (Hindi: Aap so jana me tum ne?) So, you please ask him to send that to 48 Brompton Square because I would like to see. (Marathi: Tik?)

Sahaja Yogini: (Hindi)

Shri Mataji: (Hindi: In logh ne sab ne diya)

Sahaja Yogini: (Hindi: inaudible)

Shri Mataji: Hindi: Woh nahi, us cheese ko chor dijiye. Me kareo siruf bank wallah se ke do information mere pas kitna rupia he. Kya muja, I have no idea.

He gave Me just a cheque book, but I think I can also write, isn't it? To the bank? All right, Gavin, if you make the letter I will sign it. Let us send it to him and get it. You see, because I have no idea how much money is there. We took some money out, for our travelling, little bit and I don't know whether they have returned it or not. I have no idea as to what has happened about it. Also bank people are funny. If you don't take the accounts immediately, they won't give you and if you ask them they'll say all right you give us money for that. And also it's quite confusing isn't it? So, best thing is to keep day to day account, is the best way. It happened with the other bank account. You see first it was sent to Ashley Gardens. Now they are sending it to Me. (inaudible) account. (Hindi). And Gavin, you'll also write. I'll sign that. So I can consult Bogdon, because I don't know what to do.

Now what else? How am I going to Scotland?

Sahaja Yogi: I had assumed you would go by train Mother.

Shri Mataji: But then what about any car there?

Sahaja Yogi: They will be there Mother. There will be a car coming.

Shri Mataji: Is it? Please find out from Phil whatever money or John is here, they'll need it for their expenses, whatever help they need because they still haven't got a job. Who else was? Mark Allen wanted to go there. Susan wanted to go, but I thought for the time being let it be. It's the beginning. So, Gavin I think you should little bit look after the advertising or whatever it is. Now would you like somebody to go down to talk to the media people there?

Sahaja Yogi: Yes, Mother.

Sahaja Yogi: The Scottish television seemed quite interested Mother.

Shri Mataji: Quite interested?

Sahaja Yogi: Yes, they want to know the precise date you're going to be there.

Shri Mataji: Good, then you contact him, all right? Good idea. It's done. That's it.

Sahaja Yogi: Will Brian still be here Mother? Will Brian still be here that time Mother.

Shri Mataji: Yes, Brian should be taken help of, he will give you all the ideas. You just form this plan for us. That's very important. That's your job, you see. To see to it that you form this organization projection this is yours. You must do it. You see otherwise there will be a problem. Now what's happening about you Hari, you're bringing your wife?

Hari: Mother still I can't find a job. So I...

Shri Mataji: Now, can anybody give him a job temporarily? Will that help?

Hari: You see they want a special letter saying that I have this job with a salary and I have the income in the bank.

Shri Mataji: What is it, it should be a good job or what?

Hari: A good job so that I can support her coming here.

Shri Mataji: But need not be a permanent. Need not be a permanent job?

Hari: Well, I think they will more appreciate it if it's a permanent job.

Shri Mataji: What supposing it is not there?

Hari: Well, they will change the situation depending who interviews they will change.

Shri Mataji: But somebody said that if she can come as a tourist here she can get married here and then they will not object to ().

Hari: But she has already given her passport to the British High Commission there. So they will know the details. So, if she was to approach them now for that visa, then they would know the situation there. They would not grant her that visa. So the only alternative, the only way out is for me to get a job and send that letter to her.

Shri Mataji: Why didn't you talk to the people that had employed you that you give us something now? You go and talk, somebody should go and talk for you.

Hari: I spoke to the personal manager and he said he's not actually. I would call him again.

Shri Mataji: What's the best way to avoid a person, "Come back to me". You see, he'll never come back. You take somebody with you who can talk.

Hari: Who would you suggest Mother?

Shri Mataji: Anybody who should say that you see for the guarantee of this man, this girl married him and that should be done. And we can ask these English to give you a job temporarily, can we? Gavin? Can it be done?

Gavin: He's busy setting up a travel agent in the United States just now.

Shri Mataji: So he can just offer him a job or something.

Sahaja Yogi: No, Mother, I think it might be better if he gets a job with John Fulston, because I think John is trying to set up a company or something and also it's more in keeping with his qualifications.

Shri Mataji: Why not try that? Will you talk to him? All right.

Sahaja Yogi: I did start talking to him and I was sort of winding him around, but he needs a bit more pushing perhaps from you.

Shri Mataji: All right, you better contact him.

Sahaja Yogi: We'll work it out so they'll let him.

Shri Mataji: Good idea, all right? So talk to him, he's a very responsible person. All right, that's done then. Any other problem?

Sahaja Yogi: Mother I've been living here for two weeks and since I've been here the meditation in the morning hasn't been on time. I've talked to Nick and others about it and I haven't gotten any satisfactory answers. They just say that people don't get up on time. And I don't understand what or how to correct it.

Shri Mataji: What how to? You don't understand what?

Sahaja Yogi: I don't understand why it isn't on time or what should be done about it. I feel like it's a collective problem.

Shri Mataji: You are not getting your vibrations?

Sahaja Yogi: No, meditation doesn't start on time.

Shri Mataji: It's all right. See they are all English Lords. Where are they lost all the English Lords? Their tailcoats have gone but still they're Lords. They'll come around. I have patience, you also have patience. What to do? They are all Lords, you see. Lords, ladies and gentlemen. It means Lords are not gentlemen. Sometimes people say like that. Lords, ladies and gentlemen. In Hindi language, they are called 'laatsabh', you see even if somebody is a lethargic person, they'll say 'laatsabh' is sleeping still, even in India. They are Lords. The 4 o'clock program was really very symbolic, you see. To give the program at 4 o'clock in the morning. He must have said that in Sahaja Yoga, you have to get up really early. It's so symbolic.

No you must try to keep certain discipline with yourself, I said you be tyrannical to yourself. Be tyrannical. That's the only way. Can you open the window? When I call you lords, I really tell you are all angry because you become hot. It's not an easy thing to be a realized soul. And it's not an easy thing to be established as realized souls, I must say. You have to really work. Physical, mental, emotional hangs out. This is only physical my child, but they have others also. And you all don't know how one has to manage that.

Thank you very much. She has come alone?

Sahaja Yogini: No she's been staying with us for a little while Mother and she's going back today.

Shri Mataji: She's growing tall.

Brian: Mother, may I tell a little story from Australia, about the media?

Shri Mataji: Yes, tell them. Good idea.

Brian: I remind you that we were in Melbourne and I asked you or we asked you if would come down very early one day to take a very early flight so that you would be available for the press and for television. Two of us travelled down the day before and handed out a lot of press reports to the television channels and to the newspapers. We'd already had a couple of articles in the newspapers but we had nothing on television in Melbourne. I had to meet you very early, I think it was something like the plane arrived at 8 in the morning so it must have left at, you must have been at the airport soon after 6 and I...

Shri Mataji: I must have left at 5 o'clock.

Brian: I went to meet you and tell you that nothing had been lined up. That your day looked like being a completely wasted one. You then questioned as to who I'd contacted and I explained that I'd been to, 2 of the television channels had taken the program from Sydney so they weren't interested anymore and the other 2 I had to ring back as to whether they would do an item. So you were very gracious and went off to the house. The phone in the house was out of order and so I had to go out in the car and phone from a phone box. It was about the 4th, 5th or even perhaps 6th phone box that wasn't broken. When eventually I got through to channel 7, I was told by the girl that I'd spoken to the day before that 'Oh I'd phoned at just the right time!' because she'd just come in and she was going out again. And yes they would be interested in doing a news item and interviewing you. Where would that be? Immediately in () I said Park, because in the park it was a beautiful day. So then I had to go back and I already had to make time as well, it was something I'd never done so I found myself committing you to an interview at half past 12 in a park in the middle of the city about 15 miles from where you were. So, I was like this! I arrived back at the house and when I explained to you. You said, "You looked so disappointed this morning, we had to do something!"

Like Djamel once told Me, he came down to Bombay and he was very seriously ill in Bombay and he came down to London. Now London is not his place, nothing of the kind, as soon as he came to Heathrow, he felt he belonged to this place. He came here and he got all right. 100%. And he wanted to meet everyone, everyone wanted to meet him. That sort of a thing. You are all lost people who have now found each other. After so many years of searching you have found each other. Why create problems among yourself? Nothing at all needed. The rest I'll look after. You just don't worry.

Now, for the other people like the medias, this thing, that thing, whatever it is, you're trying hard, my blessings are with you, but also it's not your job. You don't have to worry. If it doesn't work out, all right, we'll work out, that's all (Marathi). Your job is to work happily, stay where you are. You will not jostle, you will not sort of be speedier, you will not be lethargic, nothing. If you stay in the centre your speed will be so well balanced that you'll not hit anyone. That you'll move and everything will move with you. The relationship has to be established you see. You see in a car you go, the relationship with the wheel, the relationship with the switch, the relationship with a clutch and the accelerator, the brakes and all these things, carburettors, everywhere is fixed like that you see and you move with that. Supposing they all start moving in different directions then what will happen? First, establish your relationship properly. That's very important, I have been telling you. That's first thing and foremost thing, is to establish your relations all right. With outsiders, I'll manage. With outsiders, there's no problem. Because you see they are not interested, why should we worry?

Now this thing we have formed, it's really because we would like to joke with them a little bit. I don't know how many will be saved with this, I don't know. Let's see. But it's a big joke, you know. You have to play with them. Let's see. You see, creation is not difficult. Making human beings was not difficult, but making Sahaja Yogis is very difficult. It's the most difficult. You have been made Yogis in the sense you have got realization that's all, but Sahaja Yogis, to make good Sahaja Yogis is not easy. It's a perfect work. And the perfect work has to be done with peace, with understanding.

Sometimes, I really also show my irritation at things, because then I find that you are perfected, but at the stage where we are

now, I feel quite happy and confident. Somehow, I had a feeling that there's not so much of distrust and domination now within Sahaja Yogis. It's not so bad. Once it is established, I have nothing to worry. See we have to be a solid personality. Once we are that, we'll manage. We'll manage everything. No doubt. We can do it. But first this is one of the very big things we have to do. And moreover, you see, the western people have a very greater responsibility. I can get thousands of them in India, but today we have to fight the intellectuals, we have to fight the administrators, we have to fight the countries you see with big people, so-called. With them, these emotional people, the people of India who are emotionally bound, who are emotionally higher, cannot fight.

Imagine a person like, say Djamel, meets your President. He will just say, "He is a mad man, why are you making me talk to him? " He'll just give him up, you see. He'll just say, "This mad man, why have you brought me to talk to this mad man? " That's all. Djamel will say and just turn back and go away. But an intellectual will know, because he has gone through all that madness, so he knows. It's only he can retrace him back, not Djamel. Djamel will just say, "Oh, what's this mad woman, mad man?" That's all. So, he has done many a times like this.

That's why. Because if you have to save these people, then we have to have very good Sahaja Yogis in the West.

We have problems, all those are they are to be worked out. But develop certain of my habits is one of them is, "Mother is very peaceful. Her pace is not fast. She doesn't jostle people around". Try to be calm, peaceful. Calm down yourself. And that's only possible when you are solidly holding each other's hands. Then there is no agility or agitation anymore. You just calm down, all of you.

Ha, yes?

Sahaja Yogi: I've got John on the telephone asking when he should pick you up.

Shri Mataji: Pick me up? For what?

Sahaja Yogi: To take you back.

Shri Mataji: Ah! I'd forgotten. I thought some policeman is going to pick me up. Let him come. Or somebody can drop me. Have you got a car anyone?

Sahaja Yogi: Yes Mother.

Shri Mataji: All right. Somebody can drop me, let it be because he'll come all the way and then go, it's better you drop me there. Are you going that side?

Sahaja Yogi: Yes, Mother, yes.

Shri Mataji: All right. So, what's the other thing?

Sahaja Yogi: Mother, how do you deal with politicians?

Shri Mataji: Don't ask Me. You take a pin and puncture their ego. You just talk to them and tell them 'What have you achieved?'. You see mostly they're mediocre, they're mediocre people. They are not intelligent, bright people you know, mediocre. Absolutely. Worried about the (worms) of people you see must have, if somebody has a car, you must also have a car. If somebody has this, you must also have this. This sort of a thing. Very low-level people they are. What can you talk to them? We can't stoop down to their levels. Forget them. They themselves will come one day to Sahaja Yoga, because it's not easy to have politics on their heads. Very low level.

I think the lowest level people go to politics and take to politics, because they think they have no significance in life, they are useless, so they think that's the best place to go and show your significance. I tell you the wretchedest people go there. And those who are good people will never outshine. I mean I've heard your politicians, I don't think much of them. None of them. They will just have jokes about how a queen's party works out, sort of a thing you know. Nothing serious. I think there is no connection between them and reality. They don't know, they have never experienced I think, what they are talking about. Even the socialists when they talk about this and that, they have not known poverty. They don't know what are the pangs of poverty are. Just they are talking just to make a business out of it, that's all. If you ask them, "Give your one coat to somebody". Will they give?

You have to be extremely generous and compassionate to be a socialist, they are not, none of them are. It's all self-appointed business you see, get more house, get more this thing that thing and then do what? Drink. What else? Get bhoots in the house. Invite them, feed them. For what do they need money? Everything is money oriented and absolutely low level, very low level. You

see if you listen to the news, especially in England I don't know what they do in other countries, there is strike one thing, then the pound has gone or come down, or the dollar has gone and come down, or gold prices, or they are asking for so many percentages higher, they are asking for so much percentage. I think they must be losing count you know, I'm sure. The way they are fighting I mean nothing, there's no sense in what they are doing. Half of the news is like that. Ten percent strikes, fifteen percent, for what? And that too, they are so miserly whatever money they have. They don't put into something sensible, at the most drinking.

You won't even find a nice teacup with these people, not even one nice teacup. Why your industries are going down, because nobody want to buy anything, only thing that will go up is whisky or something like that. There's no cultural rapport with them. Horrible. Forget them. I've met some of your leaders. They're surprised that I'm a happy person. Quite surprised. So they're unhappy people, make everyone unhappy. Those who take to politics are mostly very low type of people, very low mentality. They are good for nothing useless people who want to show off, that's all. In my opinion is like that, I don't know. When it comes to sacrifices, they cannot. They make everyone fight, do all kinds of bad things and take advantage.

Unions, what are these unions doing? Spoiling everybody's lives and ideas. Why don't they teach them that you should not drink? What good have they done to people? Labour class, you just tell them not to drink, that's the first thing you should do. Stop all the pubs, you see. Gandhiji was a real politician I should say. He went all out to stop all the shops of wine and other drinks in India. All of it. Then he stopped people buying foreign goods. Hand woven, hand spun. Everybody should wear, whether you are a minister or anything. So? A poor man can wear the same dress as a minister can wear. All kinds of things you see, he tried from a wellbeing point of view. They are not for your wellbeing at all because they have no sense at all of wellbeing. Politicians are no good. They are no good. They have to be enlightened. But how many politicians will take to Sahaja Yoga? Can you think of even one?

Sahaja Yogini: They are tricking people, Mother.

Shri Mataji: It's not a question of tricking, you see, the thing is they will never even see. They haven't got intelligence to see that there is something beyond, you should see. Apart from tricking, you see some may be good also, but they are not able to see that you have to go beyond this. So they will never take to Sahaja Yoga. It's not meant for these people. I don't think of any, any one of them who will take to Sahaja Yoga.

You were saying David...what's his name? David Steel would take. I don't think so. Why would he take to Sahaj Yog. No elections in Sahaja Yoga. It's a game, it's a game. Very low-level people. I wish they could take to Sahaj Yog. Sahaja Yoga would have spread much more, no doubt, but they won't. It's rather difficult. So should we go now? All right?

Yes, what is it?

Sahaja Yogi: [Inaudible].

Shri Mataji: I don't know, Gavin knows better than me, when can I go. But I would say it's a hot country or a cold country?

Sahaja Yogi: It's medium. It's wet.

Shri Mataji: It's a wet country.

Sahaja Yogini: It's about the same only it's wetter Mother.

Shri Mataji: When does it rain?

Sahaja Yogini: In the summer.

Shri Mataji: I don't know, you just can see yourself and let me know. Whenever you say we can do it, but ask Gavin when I'm free I don't know. I can do it for 2 or 3 days or 4 days, it makes no difference to me. But the only thing is it should not be something all the way I go and nothing can work out you see. Ha, how are you? Are you going back?

Sahaja Yogini: No we are staying in London now for a few weeks.

Shri Mataji: Really?

Sahaja Yogini: Yes.

Shri Mataji: Why? What happened?

Sahaja Yogini: Well the job in Darby is finished and David starts work in Brighton job in October, 1st of October. So we have a few weeks in London.

Shri Mataji: So you are enjoying your holidays now?

Sahaja Yogini: Yes, Mother.

Shri Mataji: You come to Geneva with Me? For a program. What will you do in holidays at the best? All right? You can go, because I am going to Basel, he has a house, we can all stay there. So if you have any other plans you can say, that would be a good idea.

Sahaja Yogini: All right Mother. I wanted to give you this when Anupama was not here, this was the one she gave you and it was left by mistake in Darbyshire so we kept it.

Shri Mataji: Anupama?

Sahaja Yogini: Yes, you remember she gave you that in Darbyshire, it was left behind.

Shri Mataji: It's beautiful. I don't know where she got it. And Kalpana has really asked me to thank you very much for all that you've done. Thousand and one times she's asked me to tell you that.

Sahaja Yogini: Thank you Mother.

Shri Mataji: Now you are all here in London it's good, but if you can come it will be a good idea. Gavin I have bought my passport, should I give you?

Gavin: Ah yes.

Shri Mataji: Can I have that? You are looking all right. How are you keeping?

Sahaja Yogini: Fine, yes, Mother.

Shri Mataji: Much better. Much better now, ha. So, look at the size of it (passport). It is to be sealed like that, that's what they told me, I don't know why, but it has to be. I had another one, but this is the one. I don't know why they have it that way. So now I'm going to Switzerland and Germany?

Sahaja Yogi: Yes, I'll make arrangements for a Visa for France, as well if you want to go to...

Shri Mataji: France?

Sahaja Yogi: [Inaudible].

Shri Mataji: So, am I going to her?

Sahaja Yogi: They are suggesting that you have puja at her house. If it's convenient for you they are suggesting they have to puja in her house. So then there is less controversy about which one to meet in Geneva.

Shri Mataji: But it should be in Switzerland, somewhere. Because, you see, France, we've done the puja. I can go to her house it's different for me, but what I'm saying that I've done the Puja there. These people require, Switzerland people. Now, so what time is the program? 7 o'clock?

Sahaja Yogi: It's advertised at half past six, Mother.

Shri Mataji: All right, so I'll be there at seven. You start it off. What is that now?

Sahaja Yogini: This was the thing that one of the boys from Darby did a picture for you and it was left behind.

Shri Mataji: Yes, yes, I was wondering that. He's done a good job. He's not put his name here.

Sahaja Yogini: John was his name.

And this one came with you Mother.

Shri Mataji: What is that?

Sahaja Yogini: It came with you Mother.

Shri Mataji: So you keep it here.

Sahaja Yogini: These were the stands, Mother, for the blue cobalt plates with gold on them from Hampstead.

Shri Mataji: Yes, yes.

Sahaja Yogini: I has these stand to put it on.

Shri Mataji: You are putting the plates on this?

Sahaja Yogini: [Unclear].

Shri Mataji: But I wanted to have the exact name you know because you see my husband likes it very much and he says you could buy it every month or something like that.

Sahaja Yogini: I'll phone the...

Shri Mataji: Find out. It's beautiful. They make it themselves?

Sahaja Yogini: Well, they sell it with the [unclear].

Shri Mataji: Is it? And the cup also can be put? Thank you.

Sahaja Yogini: Thank you very much Mother.

Shri Mataji: That's the kind of work I have seen in Buckingham Palace. They have that kind.

Sahaja Yogini: And there is, I don't like to give it to you now, this came with the family. What's that?

Sahaja Yogini: It belongs to your family Mother.

Shri Mataji: Your family?

Sahaja Yogini: It's a towel.

Shri Mataji: Which family? It will be fine. All right.

Sahaja Yogini: David wanted to give this to you.

Shri Mataji: Thank you, thank you very much. Very kind of you. So, for 4 or 5 weeks you have holiday? Are you happy?

Sahaja Yogini: Ah, yes! Very happy, Mother. It's nice for him, because he's been working so hard. All night long working.

Shri Mataji: Baapre! He's thinned down very much. It's horrible this work is. All the doctors have to do like this is it?

Sahaja Yogi: In the hospitals, Mother, until you become a consultant, you have to work at night.

Shri Mataji: I think it's too much. I think they've increased now.

Sahaja Yogi: It's - there aren't enough people really it must be because they do have to work too hard. It's not a balanced sort of a system.

Shri Mataji: And moreover, too much of writing they have to do, too much of writing. Now, can somebody take these?

So, May God Bless you All.

I hope to see you there, this evening, it would be nice.

So, Hari you find out about this job all right? And fix it up.

Hari: Yes, Mother.

What's that?

How is Roxanna? Is she better now?

Sahaja Yogi: Yes, Mother. She had written a very strong letter to her mother.

Sahaja Yogini: Yes, Mother. I talked to my mother what you said, that's she's coming to Sahaja Yoga. And I said to her she had to stop politics because politics is finished and it makes more worse things.

Shri Mataji: I think that is one of the things you are catching all the time, apart from the left Swadhistana, it's heart here, all the time. Are you better now, in the heart?

Sahaja Yogini: Thank you Mother. I vibrate it and I put it in front of your picture Mother [inaudible].

Shri Mataji: I hope she'll understand.

They are all useless people, you know, there's nothing to follow there, what is there to follow this nonsense? But I don't know what she thinks.

Sahaja Yogini: I remind her that she should cure as she has arthritis. I said it is there because she has stopped and she doesn't believe in Sahaja Yoga.

Shri Mataji: It's coming back again to her, arthritis?

Sahaja Yogi: She footsoaks everyday and she meditates every day in front of your picture, but she cannot really make the connection. She thinks that by our means, we cannot change the world really and so she carries on with...

Shri Mataji: So, she's going to change the whole world?

Sahaja Yogini: I said to her the politics is not going to save the world. The only thing is Sahaja Yoga, it's the only way now. I said to her the only way.

Shri Mataji: She won't understand. She won't understand this, you have to have brains, I've told you, they aren't intelligent enough to see that. To them saving means only if socialism comes. Let them go to socialistic countries, then they will know. That's the answer for all such people I tell you.

Yes, still? What is it?

Sahaja Yogini: It's a letter.

Shri Mataji: Thank you. Now what about anything more you want to do?

Sahaja Yogini: Whatever you say Mother.

Shri Mataji: Wednesday, I may be free, just telephone to Me, all right? Tomorrow, I may not be so much, maybe in the day time. Telephone to me, all right? Also bring him, because he wanted to see Me. And we'll talk about it more. And who else wanted to see Me? You? All right. You telephone to Me tomorrow morning, and I'll be able to tell you what exactly the situation is.

Shri Mataji: It was very nice yesterday's puja and everything. We have had great vibrations. So, vibrations were just [unsure] especially joyful on that.

Sahaja Yogi: Beautiful really.

Shri Mataji: Hum?

Sahaja Yogi: Beautiful puja.

Shri Mataji: Yes.

Another Sahaja Yogi: Really wonderful.

Do You remember Mother, when You first came to the fire and we lit it? The wind came really strong, such strong wind, amazing.

[Shri Mataji is laughing.]

Shri Mataji: That was the Indra's work, to see how far you are going to achieve it.

Thank you.

May God bless

[End of video]

1982-0816, A Solution to Come

View [online](#).

16 August 1982

A Solution To Come

Public Program

Caxton Hall, London (England)

Talk Language: English | Transcript (English) – VERIFIED

These days, when you read newspapers or you meet people you get the feeling that everybody is waiting for a disaster or for some sort of a solution that has to come.

This feeling that comes to us is also something very innate, something from our unconscious because the situation that we see around seems to be quite dangerous. Not that we get upset with the financial problems or with other mundane type of problems that we have had, but what upsets people is that human beings have become just like machines. They're running mad. They're running morning till evening. They have no time for each other. There is no feeling sometimes to understand each other, and [it's] as if we are all becoming insensitive to each other's problem.

Apart from that, those people who are intelligent and loving people, feel that people at the helm of affairs do not feel responsible for the humanity at large. Then the poverty and the other problems, which are gross, still they bother us too much: [on] one side, the affluence; another side the poverty. [On] one side, the scientific approach to life; the other side what science has created - things like atomic bombs.

All these create a kind of a confusion in our mind. Everybody seems to be confused. They don't know whether whatever they are doing is right or wrong, whether they are going to the right path or to the wrong path. Very frustrated, disgusted, one feels sometimes and does not know why are we on this Earth.

Confusion is the first impression one gets when one visits our world from outside. People are absolutely confused and also very insecure, extremely insecure. If you see the rich they are insecure because they have too much money. The poor are insecure because they have no money. All kinds of insecurities work out a tremendous world of confusion.

Now, let us see how we are created from amoeba to this stage. We have become human beings without understanding anything about it. And are we to evolve more, to achieve something higher, to get out of this confusion? Or are we to be dissolved with this confusion in our mind? This confusion is important in a way. If there is no confusion we are not going to seek any solution out of it. And that is why people feel that some solution has to come out. We are confused because we have no absolute values. We have not felt the absolute values. Somebody says, "To be honest is a very good idea," but we find that, "No, if we are very honest it doesn't pay!" Some say, "To be devoted and dedicated and loyal is the best policy," but, no, it does not work out that way.

But there must be something that decides whether we are right or wrong. That's what we think. It has to be like that. After all this whole creation was created with such love and care, with such delicacy. If you are a doctor you will see how beautifully you are created inside, every nerve. How beautifully it grew into a sensitive cell. How the whole body was created – how these eyes were created with such accuracy. You see cameras and cameras in this world created by us: no camera can be compared with our eyes. Such a tremendous machinery has been created within us, with such care, discarding many others. Many have gone out of the circulation of evolution and then this Man, the great personality of a human being, came out of it - for what? To be confused? To be upset? To be insecure? How can that be? It's not true. It cannot be. After all, why are we human beings? God has made us with a purpose, no doubt about it. There is a purpose in giving us this kind of a body, this erect body. There is a purpose in everything that we have today, as human beings, even the confusion, as I said.

Today is the day for people to seek. Thousands of people are seeking. They are fed up with whatever they have been doing –

they are fed up with it. They are not seeking out of fashion. Many people think that it's a fashion, they're a lost race and they are this and they are that. It's not true. There were never so many seekers as there are today, and they are seeking. Maybe they do not know what they are seeking, but they are not satisfied with their state of affairs, and they are seeking something higher. And that higher is the absolute, is the absolute. Now, this higher, if it is the Absolute, everything must relate to it. Absolute point means everything is related, for example, if you have a one metre here, if you say it is five metres, that means this is five times than the gold rod you have got in Paris which is called as 'one metre'. Everything has to be related to that absolute, and that relationship then establishes the relationship with each other.

For example, on the religious side, if you see, there have been so many religions, one after another. We had Judaism, Christianity, Hinduism, Sikhism, Buddhism, Jainism, Islam, so many religions. They all must relate to Absolute. We must find out how many 'metres' each one of them are. Where do they stand in relation to this Absolute, has to be.

It cannot be just something. Like people said, "Oh, we've got the Absolute, Mother. We are realised souls, we are twice born!" "And how do you say?" "Because I see a light in my head!" What does that mean? It is not absolute when you can see the light, as it is there. If you faint also you might see a little light short-circuiting there!

There could be some others who say, "Yes, I have got the Knowledge!" "How? What is it?" "Because, Mother, I don't think anymore." I said, "You must be drunk." Everything that we seek has to be related to everything else, otherwise solution won't be there. To find the absolute value of anything we must know that there's nothing else but that, that's the only thing, that's one, that's a unity. It cannot have a parallel. Some people jump in the street and say that, "We've found the last!" Then why are you jumping?

Now, that absolute thing has to be something that should come in your awareness if it is an evolutionary process. In our evolution, whatever we have achieved has come in our awareness. That means it should become a part and parcel of our awareness, part and parcel of our awareness. Like, as I can see you, in the same way you should be able to see. And through that light we should be able to explain each and every thing.

For example, in this room, if there is darkness and I can't see you, I don't know who's sitting where [or] what is the relationship of everyone. But when the light comes in you know immediately that this gentleman is third on the row, or that gentleman is fifth on the row. Apart from that, you know what sort of a shape and a colour the person has.

Whatever could be seen through these eyes one can see if there is light. But this light is not sufficient because this we have already got it. There's nothing more in our awareness with that. We have to think of a light, which gives us a complete idea as to what is the relationship between us and our Creator; what is the relationship between all those who came on this earth to tell us about that relationship, what is the relationship of human beings with each other. With different countries, with different people, with different faces, races and creeds; what is the relationship between Man and the Nature; what is the relationship between Man and all the elements around.

Here we just hang in the air. We don't know if we have any relationship whatsoever with the Sun. He gives us light but what about us? Have we any control over the Sun or not? Is there any subtle connection between us and Him or not? All these connections have to be established in this absolute finding otherwise that's not absolute.

We should not be satisfied with something extremely cheap which you can buy with money. That's the cheap thing – I think that's the cheapest thing. Very easy to buy something with money. People may say, "We have no money." It's not the point, because those who have money can buy. But this must be something that cannot be bought by money. People don't understand. When I went to America first, they said, "Mother how are you saying that you can't take money for this?" I mean, imagine the absurdity! Such an absurd thing they could not understand. You cannot pay for it. Now you cannot manage it also and manoeuvre it. If you could then it's man-made.

It has to be something natural, spontaneous, living, because Man can't do living work. Otherwise you should not bother. You

should say, "I am not bothered, I don't care for it." That's how it should be. But we get very much satisfied with something that's absolutely easily available to us, that is, what we can really pay for, or if we stand on our heads we think we should get that.

I asked one gentleman who used to stand on his head every day, I said, "Why are you doing it?" He said, "I'm seeking God." I said, "What makes you think that by standing on your head you'll get to God?" He said, "Because none of the animals do that so to be a high ranker I was thinking if I would stand on my head, it would be a better idea." But it can't be – just think of it - some sort of physical acrobat; I mean, so many can do it. In the circus people do all kinds of things, if you see them the way they jump onto their horses, it's surprising. It's not easy to do. They acquire all kinds of techniques by which they can jump onto a horse, walk on a little string of wire, all kinds of things they can do, but do you think that is something divine?

So, this absolute point has to be something spontaneous, something living [that] should come in our awareness. Must express in our awareness, and when we talk that word 'awareness', we must understand that human awareness itself we have not understood. The difference between us and animals is tremendous. It's tremendous. They don't understand so many things. They don't understand beauty. They don't understand the insurance. They do not understand many of these hang-ups that we have gathered. So many odd things we have done they don't understand. Human beings have a capacity to harness the Nature for their own purpose, to use the Nature for their own purpose, which animals can't do. Despite all that, we feel so powerless, so helpless, and singled out. But if this creation has any meaning, that Light has to come. That Light has to work out. It must work.

But, now, as you have been already told about the Kundalini, this instrument within you, is there already waiting. The time has come, the maturity it has reached that you have to have your realisation. Because of that maturity in a human mind that you are seeking. Because you are so mature now that you can't do without it. Say, when you are a child, you don't understand many things and then you grow up. You grow up, reach a point, say at a point where you understand the marriage, then you want to marry. Then you reach a point where you want to have a house, you try to have a house.

But this maturity that is coming to us is extremely subtle, many-sided, encompassing many aspects of life, I should say, all of them. It's not only one side that is going to mature. It's not that just few leaves are going to show out from a growing tree. It's not only that some new branches are going to shoot out. It's not that many flowers are going to show. It's that the flowers have so matured now that they have to become the fruit.

That maturity has come to us through our trial and error method, our own. This is done by human beings. Animals did the same for their evolution, and human beings also have done this, their trial and error – again they make mistakes, they try to correct it, again they try, and again make mistakes. That's how we have matured now. We have reached a stage of understanding the beauty of balance in life.

We are trying to stabilise ourselves, and the insecurity is working out. A negative method, of course, but a challenge, challenge to your maturity, whether you are matured or not. Whether your seeking is true or not. The maturity can be judged only when you are there to become the fruit. You have to become the fruit. You have to become the Spirit. You have to be the Spirit. You have to be born again.

But many have said that. Many are saying that. They say that they are already reborn. But what is the difference? The difference is – one has an awareness, which is collectively conscious, which is – he has become – it's the becoming, he's not just talking about it, telling about it. It's the becoming, and the other is the one who just believes into it., "I believe!" Which is this 'I' that believes into something?

Who believes is the 'I' which does not know itself. So just a faith of any kind is not the real faith unless and until it is a part of your awareness., "I believe in God." Many people talk as if they are obliging God by believing in Him. What does that mean?, "I believe in God," so alright, you must be having a balanced life, alright. But just to believe, but one may ask why, why to believe in God? Why to have the balance? What is the need to lead a life which is called [a] so-called 'righteous' life, enslaving yourself to these ideas, why?

One can ask a question of that kind and many are asking that question. You have to balance if you have to ascend, but, because of this confusion, one cannot expect a very balanced life, because everybody seems to be groping in the dark. Then you can't believe that the people are absolutely balanced. You can't just think that way – that would be wrong. So they have to have a balance, and they have to have an ascent. To have the balance, people have tried lots of things. Thousands of years they talked of religion, they talked of sustenance, of Ten Commandments, this thing, that thing, nothing worked out with human beings.

Everybody jumped out of their balance. So now there has to be a method that automatically gives you a balance as well as a good ascent and happy landings into the Kingdom of God. That has to happen. Now, you are all built-in that way, this is what it is, but again you don't have that faith in me, neither in what we are saying, because again, "I believe in Mataji." There are many who finish with that. You have to have faith in yourself, in your spirit, by experiencing it. It's a something, a dynamic thing that has to happen within you. A tremendous thing.

It's nothing something just your mental belief that today we are communists, tomorrow we are capitalists, and third day something else. It's something that has to become, again I say, "become," and again become. And that becoming is now. The time has come. This is the resurrection time. This is the Last Judgment, believe it or not. There is not going to be another time for that. This is the way we are going to be judged. Our maturity, our balance, our capacity.

Many people come to our meetings, few get their realisation, or many get their realisation, makes no difference to me or anyone or to Sahaja Yoga, or to you, because, if there are seeds which are just sprouted and are wasted, they are wasted as if they are not sprouted. They do not grow. They are just like any other seeds which have not been touched by the Divine. Even if you get realisation, which is now quite easy for people to get to, they are for it, because the Divine is anxious, because your creator is anxious, to manifest itself, but to settle down as a realised soul is difficult. I have to tell you at the very outset that if you have to mature into it you have to understand yourself. You must have your self-esteem. If you just are here for a shopping,, "Oh, alright, let's hear Mother also', that's not the way it is going to work out. If you are people of that calibre, then only you can ascend. There's nothing else needed of you. You may be a prime minister or you may be a queen or you may be just a parlour maid, makes no difference to the Divine. You may be a socialist, communist or a capitalist, makes no difference. You may be this colour, that colour, makes no difference. But you have to have the calibre of a true seeker, who is intelligent enough to see that he has not come on this earth just to be wasted. If you make many instruments and if they are just wasted, they are not put to the mains, they are good for nothing, they have very loose connections, He'll just say, "Cancel all these. Stop this factory. There's no use having any more creations."

Only those who are mature enough who have self-esteem – even age, you'll be surprised, does not matter – I've seen people who are eighty years of age could be very stupid, and people who are very young, very small children also, could be great. So it is the inner quality of a person, his maturity, that matters in Sahaj Yoga. I know it is rather difficult to understand that why, if it is Sahaja, if the Kundalini rises so easily in us, why is it we take time to establish ourselves? The reason is very simple. We are not simple people, we are not, we are very complicated. We have complicated our lives with so many problems.

Now, cancer is a disease which cannot be explained by doctors. We can explain it in Sahaja Yoga. It's caused by over-activity of the Sympathetic Nervous System. If you could soothe the over-activity of the Sympathetic Nervous System you can cure cancer, but say, those people who go to spiritualists, those people who go to false gurus, those people who indulge into black magic, and other activities of a negative nature, getting spirits and things like that, are more susceptible, are really the susceptibles. If a person who is mad and lunatic, and the husband or wife of such a person has relationship with him, he can develop multiple sclerosis. Sahaja Yoga can cure multiple sclerosis. What we call the Mooladhara Chakra – if that centre is caught up with other chakras, one can develop multiple sclerosis.

The way we have been banging ourselves into the unknown areas, we have really made ourselves very complicated. In the scientific field also we have gone to the other extreme, believing that science is our own creation, and have created problems like atomic bomb, that we can see so clearly, but what we have done to ourselves we cannot see. We are not simple people.

Christ has said you have to be like a child when you want to enter into the Kingdom of God. Now some people I found they thought by wearing dresses like primitive people they'll become simple like primitive- they will not. Their brains are modern, how can they become primitive? The brains, all the time thinking, thinking, thinking, there's a thought, combustion going on every minute, every second, every split of a second.

But even primitive people are not very good for their ascent. That's also a wrong idea. You have to come to a point of balance where you have crossed your conditionings and you have not entered into the ego, which is just a wee bit of a space. If you are not too far away it's alright, this way or that way. But if you are too far away from the centre then you are to be brought in.

But what goes in favour of modern times is that great seekers have taken their birth on this earth.

Of course, with other people they have complicated themselves. They didn't keep to their own personality, to their own understanding. They got complicated with other people. Whatever trends came in, whatever things happened, they did, their politicians, this that, or they are this side, they are belonging to this cult or that cult and others have become 'club members' – all sorts of things. They have not kept their personality, as they were. Like Kabirdas has said, "As I had this chadur on my body, I kept it as it was." We have spoilt it, complicated it, it is hooked to many things."

We have one great advantage that you are great seekers, very great seekers, of ages born. This is a very big advantage, and is your seeking only has brought Sahaja Yoga to this earth. But one disadvantage is there, that in these modern times we have complicated ourselves too much, because of confusion, maybe, or may be because of our ego, that we wanted to try everything, and would not listen to anybody else-, "What's wrong?"

Whatever it is, we have complicated. Also, we do not know what diseases are breeding within us, what is our mental condition. We do not know how we are placed with ourselves. That's how we are complicated.

When Kundalini rises, and you get your connection with the Divine, it does, sorts out things, it does, no doubt, it will, but you have to be growing with it. If you do not grow with that ascent, then again that small connection that you have established will break.

Like the roots have reached the source, but the tree has to grow according to the supply, understanding; the root has to grow further, too. That's how you really establish yourself, and I really beg of you and ask very humbly, with great concern, that please don't have diffidence about yourself.

You have already created a problem by feeling guilty thanks to these horrible psychologists who have given us these ideas. Don't have diffidence.

You are seekers of very great quality, no doubt, but there are complications which can be sorted out. You place yourself away from your being, and see for yourself that this Spirit is your being, not that what is complicated, that's just the outside, which can be corrected by Kundalini, by your spiritual power. You can now correct, you'll be empowered with that.

Sahaj Yoga is tremendous. Those who have established themselves are tremendous people today in life. They are enjoying themselves, they are very happy people, such nice relationships exist – they are beautiful. Even whatever I have in England I am very happy and surprised, I didn't expect so much. They have compassion, they cannot enjoy this nectar of life alone, and they want you all to join in with them. They are here to help you in a very humble way, as they have been helped. Gradually it has been built up now, and it is for you people to understand that so many human beings that are created will be lost if they do not enter into the Kingdom of God. That's the only purpose of Sahaja Yoga. As you know, the subject is so vast, knowledge so great, there's no end to it. Whenever you get your realisation – I hope you get it now – today – and when you establish yourself, you'll be amazed. You yourself will become the library of all the knowledges, because you become that subtle thing which gives knowledge. You reach to that absolute point which gives all the knowledge. You'll be able to see which is knowledge and which is not knowledge. Your priorities will immediately change because you will have that light within yourself.

But, as I say, it is a becoming. I cannot just say that – alright, you are a realised soul, alright, give five pounds and you are out. It's not that way. I must tell you. This is my helplessness to make people understand that you cannot just become realised souls, you cannot be certified, it has – it is a thing that should happen to you, it should be your own. That you should be able to manoeuvre yourself, you should be able to handle it yourself, should be your own power which should express it. I just cannot say, "Alright, done! Now you are a member of Sahaj Yoga." You cannot. I must tell you this is the thing which you should understand. After all, you are sensible people. You cannot demand it. Even if you weep, I cannot do it. It has to happen, and after it has happened do not take it for granted. Be careful about it. I must tell you I have seen people who just come, get realisation and get lost. And after five years they appear again, all tattered and torn, finished.

This is what you have been seeking, all your lives, and that's to be achieved. I'm just here to give you what belongs to you. That also, I don't have, I should say, to give you. It's within you. Maybe one candle can enlighten another candle, that's all, like a catalyst. So don't make your ego stand up, that, "Why You, Mother?" Of all the things, it's a thankless job I must tell you. It's a job I have to do.

I do not do it for any thanks. I just do it because I have to do it, that's my nature. I cannot get over my nature. There's no quarrel between you and me at all, in no way. I am here just to give you what you have. You can't pay me, you should not feel bad about it. You cannot overpower me nor will I overpower you. It's a relationship, as a candle or a light has to the hand. It's just to help you to find your way.

I hope in these modern ideas I will be able to give you this queer thing, because people can't understand. I was amazed, I didn't know this was so. They can't understand that anything can work out without money, that there can be something like love for love's sake. Everybody loves for something. They can't understand a madwoman like me who just loves because she loves. She can't help it. People don't believe in such people. They just can't imagine such a thing. But we have so many people who have gone who did this for you, though they are in the history, but they are not lost. There could be someone like that, and maybe that all of you are going to be that very soon! That must happen to all of you. Thank you very much.

Now I would like to spend some time with questioning, but not too much, and there was a suggestion that if realisation is given like that, which is an easy thing for me, somehow, then people don't value the realisation. So it should be given after two or three meetings. Then they will value it better, because, according to people who give me suggestions, they understand human beings better than I do. If you give them realisation then they just start living in the air, and then they don't want to do anything about it till they really touch the ground.

I still believe in your sanity, in your wisdom, in your fairness to yourself, and to your Creator. So I still feel that you should get your realisation today. But that doesn't mean that you are going to leave it. You have to follow it up, work it out. That doesn't mean you have to give any more money or anything. It doesn't mean at all. It doesn't mean anything more than establishing it, understanding it. What is this that we have got? What is this power?

Now, can we have some questions? Yes, please?

Seeker: When did you know You had this power to give to people?

Shri Mataji: "Me?"

Seeker: Yes you.

Shri Mataji: I knew from – since long. I'm quite old, you know. Ancient. But, about me I don't want to say much, as a matter of policy. You'd better find out gradually because if I say anything people don't like it. That's a fact, whatever I am I am, but I dare not say. People don't like it. You see it's a funny world. It's better that you see for yourself and know me.

What did Christ say? What He said is absolute truth. He said, that He was the Son of God. We can establish it through Sahaj Yoga, you will know that he was the Son of God. It was a fact, I mean, it was the truth, what he said was true. If he had not said

that it was not true. So, they crucified Him. Tortured Him. What did Mohammed say? What did Nanaka say? Nothing to harm you. Just to help you, because they could see much more than you can see.

But nobody liked it. If you tell a hot-tempered blind man that, "I can see the red colour, and yellow colour, and blue colour", he'll bang you. He just can't bear it. But there's no point of superiority or anything. It's kind, it's that you have it within you – it's your own. I'm again saying it's your own. So, about Me, less said the better. Because supposing I say something about myself, why should you accept also? If I say, "I am the Governor", will you accept me? You will not. I know you will not. Alright. You may, but even if you accept, what happens? You don't get your realisation by accepting that position. Whatever I say you may not accept as I said, but you should not close your mind. Get your realisation first. Your hands must speak, and then you will know what I am. Who am I, how do I know? All about me you will know yourself. Alright? That's a promise.

Seeker: how do we establish?

That we will tell you: First realisation has to take place and then gradually we will tell you because your hands will speak. You will know what's happening, to you, where are the problems, on what centres. As you can see clearly there, what are the problems. You will know what chakras are caught up, what is the blockage, where is your blockage? Then also you will know how to clear the blockage, then you will also know how to move your Kundalini yourself. You will also know how to give realisations to others, just after realisation, you can even cure people. Immediately you can start curing. But that's not much. After establishment you can give realisation to people, and how to establish? Everything is told, free again, because here only thing that is working out is the concern, nothing else. So how to establish: everything will be told. Now, for example, we have books, but we don't give it to people who are not yet realised properly.

You have to go from one stage to another a little bit. But it's not even like a regular course. For there's no course in the living things, but as you see, first the seed sprouts, and then the seedlings are taken, and established, and then they become into tree, and then grown properly. First they are protected and then they are exposed to Nature. In the same way, you'll be very carefully established, and you will yourself know that you are getting established. You'll certify yourself – I don't have to say anything. Alright?

Question: After getting realisation to you have to be in contact and get training?

No, it's not a training but you have to contact. The contact with the Divine has to be kept, and you will know the Divine. The establishment of the contact you will feel through cool breeze blowing into your hands, through your fingers getting sensitive, and you can feel which chakras are catching, and to keep that contact you have to keep contact with other people who know about it. And they will tell you how they have done it. Then you yourself can go and do this work yourself on your own.

I went to Vancouver and people got realisation, many people got it. There was nobody who would tell them, and I was there only for a day. So we sent somebody from Australia, she went there, on her own. She has created a beautiful centre in Vancouver and now we have one in Toronto also. Only one person. There's one person who must have given realisation to at least ten thousand people in India, who got realisation. First you have to get your realisation, mature, establish, then you yourself can do it. You become the master, the perfect master to do it. All capabilities are within you. You do not know what you are, how God has made you so beautifully.

Seeker: Does it take long ...

Shri Mataji: It may take a split of a second.

Seeker: To establish?

Shri Mataji: It doesn't take too long, I don't think – yesterday, today, they were asking me how much, I said, "Three weeks is the maximum". Should be, after realisation, three weeks should be maximum to establish, according to my own judgment so far, but, in the beginning, I shouldn't say – that might upset you. It took really four years to struggle with six of them. Now it's not so

difficult. Now we can manage many permutations and combinations of problems, quite easily. Don't worry about time, just don't worry. It's beyond time. All right?

Seeker: what is the flower of India?

Shri Mataji: I didn't follow – power? What is the flower? What is the flower of India? What do you mean? What is this question? (fellow spells it out condescendingly). I am not talking to you here as an Indian. Is a wrong idea. Lotus is the flower, we accept as our national flower, but I am not an Indian here, I am a Britisher, alright? Out and out. What is the flower of England? (reply comes 'Rose') That's wrong, it should be daisy (laughter). On a very subtle way it should be a daisy, because England is the heart of the universe, and heart resides in the Sahasrara, and Sahasrara is not like a rose, it is like a daisy. Have you had any experience of the daisies that are coming out these days in England? They have tremendous fragrance. Rose may be because you had Wars of Roses, or something like that, but rose is not your flower. They misunderstood, I think. Daisy everywhere, all kinds, all types, all colours – beautiful. Alright?

Seeker: Is it necessary to give up anything in order to achieve realisation?

Shri Mataji: No, nothing. You see, we give up something because we have an idea we're holding on to something, you see. But when you discover you are holding on to nothing, you've just given up as such. Like, some people came to me, said "Mother you are living in a family life and how do You say You have something to do with Divine." I said, "Why." He said, "What have You given up?" I said, "What have you given up yourself?" They said, "We have given up our families, we have given up carpets and houses, this and that." I said, "Really?", "Now can you take away anything from this house which is equal to the dust of the Lotus Feet of your Lord?", "Take away, anything'. They couldn't find anything, just looked around. I said, "That should be at least equal to the dust'. When you are not holding on to anything, what is there to give up?

The whole attitude becomes detached. You don't 'give up', but you see, like a drama finishes off, in the drama you are crying, weeping, with the hero you become Napoleon, sometimes killing people and banging, then suddenly you discover the drama is over. Now, Oh God! I was just playing the role of Napoleon, while I was just watching the drama. Automatically this myth of involvement dissolves, alright? So you don't give up anything. You just see it. What is there to give up?

Seeker: Does one have to give up alcohol?

Shri Mataji: No, never! Did I say so? I'm sorry for that. (laughter) Did I say in my lecture that you give up alcohol? I never said so! But it happens – they just give up (laughter). I didn't say so. Alright? It just happens. I don't say – never say that. You mean to say I don't want you to be realised, to say such a thing? I never said, "don't do'. I've finished with Ten Commandments now. Nothing, it just happens, you become Ten Commandments yourself. You just become.

Then, even if I ask you, you will say, "Mother, no, no, no', because when you get the highest you don't want anything else. Why do we drink, you know? We are bored stiff with life. We don't drink because we want to run an industry of drinking, do we?

No we just don't drink. We drink because we are bored in life, we don't know what to do, how to kill the time. But then the whole thing changes. You enjoy yourself so much that you forget that you have a bottle waiting there. No I don't say like that, nothing has to be given up, but you just give up many things by yourself. Like I know of a person who came to Me in a condition which was just, we can call it a coma, who had taken all kinds of drugs, you see, tried everything. He couldn't even see Me when he came to Me. Next day automatically he gave up. Automatically, I didn't say to him. In that condition what is there to say. To a person who couldn't even see you, you see, can't even talk to him, he can't hear Me. But he just gave up. These are alternatives to that absolute, but you find the real, you give up all these alternatives automatically, all right.

Seeker: Do we have to spend a lot of time meditating regularly?

Shri Mataji: You are worried about time bit too much. We go beyond time. We're time.

Yogini/Seeker: The person is asking how long we have to meditate

Shri Mataji: That's what I'm saying, that he's very much worried about time. Now you go beyond time, you are in meditation, no, no, you are in meditation my child, all the time. There is no question of time. You go beyond time.

No, no, that's not the point, you see, what I'm saying, don't worry about that all these things, don't be futuristic. Let us be in the present. First of all get your realisation, establish yourself one by one, all right.

Now we shouldn't talk of the future too much. Futuristic people can be quite mad I can tell you, better not be futuristic. You forget all the past, sometimes even people forget their names I've seen because they're so futuristic that they're thinking of their future names. So they have forgotten their own names you see. So let's not be futuristic, let's do the present. At this moment you have to get your realisation. Don't worry.

You don't even have to use watches. Time is not important. Is the time of being. It's eternal time in which you move. It's a space of timeless - thoughtless awareness. Alright.

You have to see for yourself, first get your realisation put attention to that. There are many who are just waiting for that. Just think of that, don't worry about the future, also about the train you have to catch or anything like that. Just be in the present just now, is important I'm telling you, because your realisation is much more important than anything else, so just get to your realisation first that's main thing, all right. So we'll have no more questions now and we have only one hour more to be here, isn't it? Again the time.

Now this can work out in a split of a second but as there are complications there could be a problem. Now please do as I tell you, there's nothing much to be done. As I told you these fingers are to be sensitive, we have to just put them just like this. In a very relaxed way and sit also in a relaxed way. There should be no tension; we are not to do anything. Now another request I have to make is to take out your shoes. I hope you are not identified with your shoes, that's also another problem. Take out your shoes because you are better connected with the Mother Earth if your shoes are not there. Is very simple as that, take out your shoes will be a good idea, put your both the feet on the ground, let it touch the ground though there's a carpet and this and that makes no difference but take out your shoes.

Put your hand towards me. Close your eyes.

Be humble in your heart. You have to be humble. You cannot demand it. So be humble in your heart. And as the Kundalini moves I'll be able to tell you where is the problem, where is the blockage, what is to be said. Just follow it and it would be better.

Just close your eyes. Now please don't open your eyes.

1982-0818, The concept of true love in Sahaja Yoga and Workshop

View [online](#).

18 August 1982

Workshop

Nirmala Palace - Nightingale Lane Ashram, London (England)

Talk Language: English | Transcript (English) – Draft

Workshop with new people. Nirmala Palace - Nightingale Lane Ashram, London (United Kingdom) 1982-08-18

38:10

One thing is that TM people ask too many questions and they take time. So just don't ask so many questions, just establish your Realization, alright? Put some TM with him, that's better. [Towards some Yogi] Will you look after him? Alright. Come along, you come this side, he'll look after you, the deputy director. [Laugh].

How is he now? Just try.

Come along, better that you stay with him, I mean you understand him, he'll tell you better, he knows all these things, he has gone through.

38:53

[.39:59 on video]

Shri Mataji: Sit down

Sahaja Yogi: Mother? Where else should I put this?

Shri Mataji: Here. [Shri Mataji shows her Hamsa]

Shri Mataji: Yes. I think most of them need it, a little bit.

Shri Mataji: You see, in Sahaja Yoga, you are not given any mantra or anything. There's no, nothing like giving you into a big course, like teaching you one after another any mantra, or anything, it's not like that.

What you have to know: where the Kundalini is, how it is moving, where it is, what is the charka catching and what is the mantra for that. It doesn't take anything, hardly it takes about a week for you to understand the all thing. But gradually, as you start using it, you become proficient and you how to do it for yourself and for others. There is not much of a thing- like a child, when he comes up a little age, he starts speaking up language, because he has a built-in capacity to create sounds. And he does it. In the same way, once you get it, when you get the cool breeze in you hand, you learn it by using it, you understand it yourself, you become yourself quite proficient. And you will be amazed how fast you learn this. You don't have to learn it just like a science book or anything, you just start learning, you can: this is charka which is catching because now, say, for example, this charka is catching [fore finger], right side. Now, there's a mantra for this is of Shri Krishna. Say, this charka is catching [forehead], here, then there's a mantra of Jesus Christ. Like that, you must know the mantras and the charkas. But the charkas you just know as a, absolutely, a knowledge which is built-in your nerves: you just feel it.

This is- now this gentleman is saying: " it's hot here" [left palm]. Alright, what is that? Hot here means what? That's the Sahasrara, at the left side. First it was, the Sahasrara on the right side. Now, on the left side it's there. So that means there's a mantra for

that, and that one must be used. If you use that mantra, this will be cleared out. Alright? That is how you have to know. And that's why I said it takes time for people sometimes to establish, because first you have to know it and then use it.

Shri Mataji: Come along. Have you come for the first time?

Seeker: [Inaudible]

Shri Mataji: All right, come along. Come along this side.

Shri Mataji: So, it is not a difficult thing, it is not at all a difficult thing to learn it, it's very easy. You can pick it up in no time, as soon as you start using your hands on other people.

Shri Mataji: Please, be seated. Alright.

[To a Yogi] Just see them, some people come along.

Now these people, say- who are the latest who have come to Sahaja Yoga? Let's see. The latest ones. Say, those who have come about a month back.

Seeker: Yes.

Shri Mataji: See, he came back, she came back only one month back. And.

Sahaja Yogini: This is his first time.

Seeker: I was here on Monday.

Shri Mataji: How much?

Sahaja Yogini: Ah. Ok, he was here on Monday.

Shri Mataji: Monday, alright. He's got it.

But you see, [to someone else] Have you been giving vibrations now?

Lady: Yes.

Shri Mataji: In one month, it's done. So you can imagine. And you know about the charkas now?

Lady: Yes.

Shri Mataji: About the mantras?

Lady: Yes. Not all of them.

Shri Mataji: Yes, you see, that's it. It's very simple.

If you pay attention to it, you can do it much faster. There are many people who are here, within a month, one month's time, they pick up so many things. Many like that, within one month's time. [To a Sahaja Yogi:] He's alright.

Because you become the knowledge. You start feeling it on your fingers, you know this is the charka. If this finger is, say, burning, [left auricular] that means your left heart is catching. If your left heart is catching, then you know because it's burning! Then, there's nothing to go to the books or anything to find out, it's just burning, it's there. Isn't it? That means the left heart is catching. Now, only you have to know what [Inaudible] left heart is catching, the decoding only, what does that mean.

Your hands will speak Christ has said, alright? They will speak, I am just recording it. Now you see for self if it's true or not. What does that mean? Left heart means there's a problem on the heart: may be, the person is over hard working, he has forgotten about his Spirit. The mantra you have to say is: "I am the Spirit", for left heart.

It's so simple. Because you have forgotten about your Spirit, you are more on the right side in the sense, you are more extra- you are an extravert and more attention is outside, not towards your Spirit. Left heart is catching.

You start understanding Sahaja Yoga so well when your vibrations are steady. Now this finger, this is catching [left thumb]. Now this is catching means the person has been to somebody who is unauthorized in spiritual life. Anything, say ISP, you call it IST. Then you have got parapsychology, even psychology. Then you have got other things like all these gurus, false gurus, you can say this aura business- what else is there, just now he was telling.

Sahaja Yogini: Supernatural, Mother.

Shri Mataji: Supernatural and under-natural, and [Big laugh]. All these things, you know, all alternatives you can think of. Anything you can think of, all these things and the books, and the Lams and the Dhamas, and every thing. [Laugh]. Even people who go, sort of adhere to a church too much, or adhere to Catholicism again. Because they are not connected with God and they are unauthorized. [Shri Mataji shows her left palm].

But if you have been to a real guru, then immediately I will know. You won't have this problem and ascent will be very fast if you have been to a real guru. But how many are real these days? In the market, only those who are marketing are they, as I said it: in the market only the buyers and the shopkeepers. It's a market place now!

So the real gurus are not to be seen, there are, of course I know, there are many real gurus also, but wherever they are, they are not in the market. I am the only person fighting them and telling them off, you see. None of them are willing to come down or to concede to anything, they said these human beings are hopeless. They said: " twelve years you work Mother, then we'll come down ". They want me alone to fight the [ordeal?] [Shri Mataji laughs] doesn't matter. So now, it's a market place, where there are buyers and they are simple naïve customers. They just put such absurd things like somebody says: "alright, I want to sell a big palace, with this and that, and all that, only you have to deposit 2 thousand pounds." Alright, people will be quite willing to do: "Oh, what a bargain, let's pay 2 thousands." And the palace may belong to the Queen.

If you go there and ask them: "which palace you want to sell?" "This palace. " And that belongs to the Queen, you see. This is unauthorized. Unauthorized people who have nothing to do with God, who claim that they have something to do with God, which is false, and that's why they catch on this finger [left thumb]. And what do they do? They use all these techniques; these techniques are called, in Sanskrit language, as "avidya". " Avidya" means, non-knowledge, you can say that it's not knowledge, something anti-knowledge, anti-God, this is anti-God. So for that the mantra is: "Shuddha vidya", means the pure technique. It's the mantra : pure technique, it's the mantra. "Pure" means the one that comes from the Spirit. Now what they are doing [The Sahaja Yogis] is the pure technique because it's flowing in them. If they are moving their hands, there's a power flowing through them and they are working it out. It's not just a, acrobatic thing that is going on.

So the pure knowledge: for example, the way they are raising these candles now in my presence, and they themselves are Realized souls, it's working out. So this is all, it's the pure "vidya" it's the pure knowledge and the pure technique, and those who have not done this, have gone to such people, they have put their heads before them, kneeled before them, have done something that should not have been done! So this is it.

And that's how if you catch on this finger, this thumb, left hand, that means a person has been to somebody like that. But, with that, if you have any catch on this Void [on the palm], or Void here in the stomach part- this is left Swaddithana, it's placed here down below, which moves like that all over, and this becomes right Swaddisthana, this side. Now supposing a person catches all round here, his Void, and all round here.

Seeker: How do you call it?

Shri Mataji: It's called as the Void, we call it Void. It's not the Zen Void. But the Void is the crossing point which is, it's the viscera, it's the stomach part, where-abdomen you can call it, abdomen part - and this part, if it is catching that means these are the ten principles of the guru. If this is catching, means you have hurt your principle of guru, your principle of a master. That means you have gone to some very wrong master. If this is catching, that means that. Now, just now as they said, his Void is catching. The Kundalini will be wobbling there, you can see it with your own eyes also. You can see the Kundalini just potting [?] – pulsating there, you can see the all stomach going into a trauma. And then you have to say the mantra of the Primordial master. Anyone you can do it you see, Guru Nanaka's name you can take, Muhammad's name you can take, all of them are Prophets. Moses' name, Abraham, all these are there. So if you take their names, the Kundalini can be brought up. You can strengthen that part, then the Kundalini's pushed up.

So all these so-called Yogas, also like physical yoga. Now, in the physical Yoga, you will catch this finger [right annular], this one [right major] and this finger [left auricular]. This ring finger here and this finger [left auricular]. This is heart, means you have been paying too much attention to your physical thing. Anybody who is working also physically too much can also catch this, plus this [right annular]. Because when you go into action too much, also, as a result of that, the fumes or your actions create your ego. And this is one of the biggest problem of the West you see, they are not aware that they have an ego. But after Realization they start seeing the ballon [floating?] like that [Shri Mataji laughs], they see that and then they come and tell me: "Mother I 'm catching on my right Agnya" [right side]. It's a very delicate stuff. You can't tell anybody: "You have got ego". They [do really?] have it, you see. So you have to be very careful when you are talking to them. But actually, so many people felt that there is ego in them, so they took to- even people, when they feel they have too much ego they take to alcoholism, because they are frightened of themselves, they can't just bear, they want to escape that part. So people are quite conscious.

But after Realization, it becomes a complete understanding because you start feeling a little pain sometimes, in this finger [right annular], you feel a pain here and you know that you have got this Mister ego just coming out. So then you know how to twist it and take it out, how to bring it out. So you start understanding yourself and you start understanding others.

I don't have to tell you, you know yourself.

Now we have certain things, like we use vibrated water for clearing your Void. Now what is vibrated water? It's nothing that- but these divine vibrations are put into it. And they go and start bombarding that area and try to improve it. We have cured so many people of stomach cancers and all those things with it. Even, we can cure what you call blood cancers something with Sahaja Yoga, so many have been cured. You can cure, you can do it, no problem, you can do it, but, what one has to do [is] to be steadily moving about with Sahaja Yoga.

Now for example, you have a conception about Christ, say for example. Now, that conception may not be the real conception of Christ, may not be, may be. So keep your eyes opened. Now what I say in Sahaja Yoga, you can verify it. But do not deny, first verify.

Supposing you go as a scientist, you have to go and see for yourself, isn't it? You just deny [?]"no this cannot be true." Because whatever you know is your own conception.

Get inside alright. Now when you get inside, keep your eyes opened and see for yourself. And then, once you start seeing it, that's

the best way, is knowing, because what you see is through your vibrated awareness. For example, now you want to ask a question, say, Mother is there God? Just ask a question thrice and you'll find the vibrations will increase. It's a fact. But if you ask about T.M., you may get even burning. Vibrations will stop. Better ask about God, so that we have vibrations. [Laughs] [Shri Mataji is making a bandhan].

Relatively, you can understand it, first. Like we had people there in Puna, and we had organized a program and they announced in the paper. And they suddenly discovered that I am not a Brahmin and they got very upset and they said: "You are not a Brahmin." I mean born Brahmin according to them, as you can be a Realized soul born, how can you be? You can be, but every Brahmin is not a Realized soul at all! On the contrary, some of them are real devils. And so, they wanted to cancel my program. I didn't know all this, nobody told me.

But then they said that if you cancel now, it's out in the papers, then every body will know that you are a sort of a –Brahmanic society, which is very dangerous in India as you are a secular state, you see, we are also secular state: we cannot proclaim like that that we are Brahmin society and all that, as you people cannot proclaim that you are a racist, in the same way. [Laughs] I mean, under law, you cannot, but I mean people can be.

So when, you see, I was- they were meditating all of them, I gave a lecture, then these people who were sitting there, in front of me, started shaking like this [Shri Mataji is shaking] you see. So I said: "why are you shaking?" They could not control themselves. "Why are you shaking so much?" So they said: "Mother, because you are Shakti, you are the Power that's why we are shaking." I said: "It's not that. Others are not shaking, why are you shaking?"

They said: "We are very powerful, that's why, we have special energies, that's why we are shaking. "

"And see, these are shaking, this side", I said. "Just go and ask from where do they come." And they all had come from lunatic asylum, those who were shaking. So I said: "Now, you understand, why they are shaking and why-" So they said: "Do you mean to say that we are lunatics?" I said: "You are fanatics, if not lunatics." Just the same. [Laughs]

You see it's so- then they started, now they are very great disciples of ours, in the sense that they are Sahaja Yogis, they have got all their things done for us, they have given up all that Brahmanic ideas and all that fanaticism. But, it's sort of a thing you will see yourself what I'm saying comes too.

Now keep your brains intact. Don't give away to anything, your brains are very important. They understand things and you can see things clearly, what's happening. Keep your alertness and see for yourself what's happening.

But supposing, if you use your brain all the time criticizing, because people who go to various things - say for a person who goes to this fat fellow who has taken fifteen [handles?] Roll Royce's now, they never question him! They never ask him a question: "Why do you need Roll Royce's?" And when he send about fifteen [?] they starve themselves and send him. They never question him.

But to me, when they come, they'll question ten times: "Why this?" Because you're free, I'm happy. You are free to question, but too much questioning is not good, it doesn't help you.

Because I'm not here doing any business, no business is involved. So, they ask questions and questions and questions about this gentleman who has taken Roll-Royce after Roll-Royce, can you imagine? English young people, can they afford all this? In one year they had to give one, another Roll-Royce to him, fifteen [?] for it. But, when they came from him, where he said: "You must surrender yourself to me, you must do this and you do that", when they came here and we said that: "You are not to think too much" immediately the all ego that was suppressed came upon me. They said: "Oh, you are doing the same thing to us." But I said: "For what? I don't want any Roll-Royce. Not even a bit of it, so why should I do it to you?"

The all ego that was suppressed, you see, they were all mad after him, and one girl who went to India, you see, used to wash his

bathroom with her tears and clean with her hair. Can you believe? I mean, just imagine? [Laughs]

No only one, but all kinds of things he used to do with them.....

58:12

2:09.36:.....

Shri Mataji: This Rosicrucian is another thing (Shri Mataji shakes Her head).

Man: They have a lot of knowledge.

Shri Mataji: All very Avidya.

Man: ... [unclear]

Shri Mataji: They talk on a mental level.

Man: To a certain extent they teach on a mental level? It no need [...] to preach on a spiritual level.

Shri Mataji: They don't think of that. They don't think – is a moneymaking proposition again. It's in a way...

Man: To a certain extent is ...

Shri Mataji: It is, it is. Trouble ends up with that.

Man: Trouble is Mother, everybody says this is it, this is the right thing. Everybody ...

Shri Mataji (interrupts): That's true, but you should see yourself, you see, that if somebody talks only on mental level and gives no experience of the spirit. You have to be collectively conscious. Christ has said one thing: 'Your hands must speak!' Just one ask them. They talk of Christ. Ask them: 'Are your hands speaking? Are their hands speaking?' Christ has said, isn't it? And He said that: 'I'll send you a comforter who will make to know your father better.' Not this knowledge. What's the use of knowing everything of everything and not about your own father?

Man: That's quite sure. I do agree with You, Mother.

Shri Mataji: And then, what about your own powers? Do they give you any powers? Do you feel anything? Can you understand anything? Can you do anything? Can you give Realization to anyone?

Man: Something you have to develop yourself through your experimentation and praxis.

Shri Mataji: No, no. What do they develop? You see, what I'm saying, they don't develop anything. There is not a single person who can say 'I can give you Self-realization', isn't it? In the Rosicrucian. Not a single person. There is not a single guru who says 'I'll give you Realization', not a single guru. That one thing is sure. They talk of it but they never say 'we'll give you Self-realization'.

Man: They show you the way, they guide you.

Shri Mataji: Ha?

Man: They will guide you that you can find yourself.

Shri Mataji: Ha? What he says?

Sahaja Yogi: He says that the gurus will guide you so that you can find it yourself.

Shri Mataji (shakes Her head): You see the question is: If you have to find it yourself, you don't need a guru. They are all using your naiveness, you see, for this. Because you don't know. If you were an Indian you would know that you have to have an enlightened soul who is a guru to give you realization. But these people can also say that, you see: 'We don't believe in gurus'. Some say: 'We believe in gurus.' Whether you believe in the enlightened one or not is the point. The interest of an enlightened one is to see that you get your Realization and the guidance they give you is what? Nothing. Just talking about it and talking about it has done since ages. Your forefathers and their forefathers of your fathers had talked and talked and talked. It's time for hands to talk. All right? This is what it is. Your hands must speak.

Now see, you come to [...] I feel it, so we'll say: 'Yet is not done'. We don't say: 'You have got it'. We don't say that. We say: 'It's not done, it's not done, it's not done.' When it is done, it will be done. See, we cannot say that because you have come here you will have it. Isn't it, we can't just say. Of course, we'll work it out. We'll work it out, you'll work it out. Let's see. When it will work out, it will work out. All right? It is like that. It is not that just you become a member of some thing or that you go to a lecture you become a Rosicrucian. How can you become?

Man: [...] I could not tell you.

Shri Mataji: That's what I will tell you. That you must know that you have not become anything. You have been just listening to their acrobats. Intellectual acrobats, you see, it is not that.

Man: I'm listening to everything.

Shri Mataji: What you have to have is to get yourself the power. Your own power of your spirit must manifest. Are you manifesting? Not! You are finished. That should be done, criteria. All right? They may say, 'I'm true, I'm true.' But who gives you the coffee is the one. If they say: 'I'll give you a coffee' and they just give you an empty cup. Then want you think that: 'Oh God, this is an empty cup, not a coffee?' So the proof of the pudding is in the eating of it as they say.

Man: Yes, Mother.

Shri Mataji: What powers did you get? You must express your powers. You must, while all this people are saying: 'We are manifesting'. None of them would say, because they're not. One gentleman came and told Me: 'Mother, I'm a self realized person and I'm a twice born.' I said: 'All right, you just tell Me where is your Kundalini?' He said: 'I don't know.' Where is the Kundalini of this person? Where is your blockage? Where is the blockage of this person?' 'I don't know'. Then I say: 'What's the use for the twice born. For what?' See, if I say: 'There is light in the room', you should be able to see, na?

Man: Is it really exist. Is it really there?

Shri Mataji: Ha?

Man: Is it really there or is it all illusion?

Shri Mataji: All illusions [Inaudible]. They're all illusiveness. They are very illusive. They live in illusion, I don't know why and they end up into something that disaster. I don't mind if they carry on with the illusion, [...] disasters. See now, you have been there, that's why your Void is caught up. I mean, you will have been realized in no time, because you are a seeker. But because the Void is caught you are taking time, isn't it. So in a way they have harmed you. Even if you don't get involved you will get harmed. This

is it. That's why I am very upset with them.

If they want to make money they can be thieves, you see, they can be burglars, that's easier way to make money, not very difficult. Why to make all this fuss?

Man : He wants toMother, all his chakras are..

Shri Mataji: [Shri Mataji puts Her hand into the sugar to vibrate it]

All right, you keep it here. Did somebody want-

Sahaja Yogi: Somebody wants this?

Shri Mataji: Sugar.

Sahaja Yogi: This is extra sugar for somebody?

Man: All right.

Sahaja Yogi: Any body else with-

Shri Mataji: What's your name?

Man: Christian.

Shri Mataji: Anything to vibrate?

Better now, think before, but you have to decide about marriage, now, you're thirty two; when will you marry? Ah? We have to have some great people being born on this earth. Some great souls have to be born. Ah? All right?

Ah, good news, Arneau's wife is going to have a baby.

[Applause]

How happy they feel, you know! He's a Swiss gentleman.

I think she came to see here, if you are down completely or not.

[Shri Mataji tries to open a bottle of oil.]

Sahaja Yogi: It's open Mother. Lift it.

Shri Mataji: That's how she came your sister, you see, like a great patron angel.

Sahaja Yogi: They came to see enjoy and see what's happening.

Shri Mataji: No. I don't know if that is so. How can she enjoy if she has not touched her Spirit? You see, she should be anxious to touch the Spirit? But I think she is not a seeker at all.

Sahaja Yogi: I think she is.

Shri Mataji: She is? You think so? Try to bring her now.

Put her left to right. [Shri Mataji is laughing.]

I wish you luck.

She should, I mean she should really come and enjoy but you know, she was in a very arrogant mood she came here and I could see her.

All right. So it's over? Can I make a move?

Sahaja Yogi: Still a little more.

Shri Mataji: What you do: you get vibrated for everyone, in a big way, and give it to them if they need it, you see. Because I'll be moving now out of London.

Shri Mataji: How are you now?

Seeker: All right, all right.

Shri Mataji: Looking better, very much better. That anaemic look has gone now. You don't look anaemic anymore. You have a Left Nabhi? You have a Left Nabhi problem?

Seeker: [Inaudible]

Shri Mataji: Also Left Nabhi..

[Shri Mataji blows into the bottle of oil.]

It's all.

Shri Mataji: Now you don't feel guilty at all, do you?

Seeker: I find not so ??

[Laughter.]

[Shri Mataji is laughing.]

Shri Mataji: For what? If you had done anything greatly wrong, you could never have got Realization. So why to feel guilty? Just come here. Come.

[Shri Mataji puts some cream on his left Vishuddhi.]

Better now? Ah. Better?

Seeker: Yes.

Shri Mataji: All right? Much better.

All right.

Shri Mataji: How are you? All right?

These are the best lemons [green limes] you see, they suck your vibrations very fast. These are little hybrid, the other ones, these are normal, I think. These are normal, they are very good.

I'm sorry, I have to leave early because it's already quite late and they must be waiting. All right.

Sunday morning, no- Saturday evening we are going. So Saturday morning, I would like to go and buy some flowers for them or if somebody could go to the flower shop. We can take about three, four boxes with us in the plane.

Sahaja Yogi: [Inaudible]

Shri Mataji: That would be in the morning.

2:21:04

(2:09:36)

Shri Mataji: This Rosicrucian is another thing (Shri Mataji shakes Her head).

Man: They have a lot of knowledge.

Shri Mataji: All very Avidya.

Man: ... [unclear]

Shri Mataji: They talk on a mental level.

Man: To a certain extent they teach on a mental level? It no need [...] to preach on a spiritual level.

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(2:12:35) Now see, you come to [...] I feel it, so we'll say: 'Yet is not done'. We don't say: 'You have got it'. We don't say that. We say: 'It's not done, it's not done, it's not done.' When it is done, it will be done. See, we cannot say that because you have come here you will have it. Isn't it, we can't just say. Of course, we'll work it out. We'll work it out, you'll work it out. Let's see. When it will work out, it will work out. All right? It is like that. It is not that just you become a member of some thing or that you go to a lecture you become a Rosicrucian. How can you become?

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manifesting'. None of them would say, because they're not. One gentleman came and told Me: 'Mother, I'm a self-realized person and I'm a twice born.' I said: 'All right, you just tell Me where is your Kundalini?' He said: 'I don't know.' Where is the Kundalini of this person? Where is your blocked? Where is the blocked of this person?' ,I don't know'. Then I say: 'What's the use for the twice born. For what?' See, if I say: 'There is light in the room', you should be able to see, na?.

Man: Is it really exist. Is it really there?

Shri Mataji: Ha?

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1982-0818, Guru Puja: Guru Tattwa

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18 August 1982

Guru Tattwa

Guru Puja

Brompton Square House, London (England)

Talk Language: English | Transcript (English) – Draft

Guru Tattwa Puja. Brompton Square, London (UK), 18 August 1982.

You see people have very wrong ideas in Sahaja Yoga that, "We are people who are higher, we are higher people and we should try to control the lower people." And the lower people have even worst ideas because they think that, "These people are trying to boss us, are trying to control us and trying to tell us, and they are sort of taking away our freedom to do things ourselves and they are impressing upon us." You see this is the thing, and this is a very important principle of Guru Tattwa is, very important. Because in Guru Tattwa is a ten petal thing and inside is the Nabhi chakra, you see, the ten petals are, they're to be balanced. There has to be a complete balance so that they go through the Nabhi chakra upwards. If there is no balance, Nabhi chakra gets closed. And this is the thing people don't understand that nobody is higher and lower as such. That's that way.

Only thing that they're all part and parcel of the same, if there is an imbalance on one side, then it has to be raised. If there is an imbalance on one side, the other side is affected in any case. So those who are creating imbalances should not feel that in any way they are dominated or anything, on the contrary they are lowering or tilting the other side. So one has to balance-its one thing-so there cannot be anything higher or lower, you understand my point here? If it is a one thing, supposing that tilts like that, so we can't say, "This is lower, this is higher." No. It is the same thing because it is tilting like that, you see. This may look little gone up because they get tensed up, these people who are at this level, higher level, and the others feel that we are put down. Once we understand we are all one and the same, then there will not be this feeling of somebody trying to be higher or not.

But those people who are at a higher level even they are pushed down by the people who are at a lower level, so called. It is not a lower level at all as I told: it's one part of the whole thing, you see. It's a round circle and one part of the circle goes down, say for example, or one side of the circle goes down possibly, anything can happen. Then the other side becomes upset and becomes more aggressive, this way or that way. It may try to run away from them or it may try to dominate them because they get affected, it's natural.

So there should be an attitude that those who are controlling, should try to pacify others, to sometimes tell them firmly, but they should keep their own balance. If they keep their own balance, the other side cannot push them too low, you understand my point? Because they can't keep their own dignity and can't keep their ego intact, they go off.

It is one thing, it's not separate. There is no entity separate now, is one entity in collective consciousness. So this is why I say, "Nothing is lower or higher, you keep to your own position." That's very important: not to be aggressed, nor to aggress. That's how you will also make them steady. Did you follow this point?

But what I find that, if somebody does anything wrong, all the rest, those who are all right, maybe better or maybe in charge or whatever it is, try to behave in a very tense manner. They just, they're no more normal and they try to dominate that person. Leave him alone for a while. It will work out. Say a position comes up, simple positions come up. Say somebody is very materialistic, very materialistic person. Still there is a matter attached to him; there's hang-ups and he's still pulled down, still like that, something he's doing wrong. Now those people, who understand he's done a wrong thing, should see it, watch it and put their attention steady. By putting their attention itself steady, they'll bring up the fellow you see, because the fellow is going down no doubt, because of the pull on him. Now when he is materialistic, how should we approach a person who is materialistic?

Yogi's answer: We keep ourselves (INAUDIBLE / IN THE SPIRIT)

Shri Mataji: Yes, but how to? Say you are living with a person who is very materialistic?

Yogi's answer: Allow them to stay with their possessions a while and see that not everything he needs, other things are more important than his materials. Allow him his own time to see that.

Shri Mataji: No, best thing is, when he is materialistic and the balance is going down because of the material things that he has around, and he thinks that material things are good and live with the material things, then what you should do is to give away something that you have precious with him, to give to him. And then he'll be so shocked, "How could you give that way." You see, that's how. You just so shock that person by giving the most precious thing that you have. Then the person is shocked. Or give away something that he says, "I like it." "All right, have it." I do that many a times. Just shock the person, shock. "God no, how did give away the most precious thing that she has" or "The thing that I liked she just gave up." And then they ask you a question, "How could you do it?" She said, "I enjoy my generosity." Then they feel that this is something wrong. These are the subtle ways.

In everything if you study the reactions of a person you can make it out how he is in the Spirit, in everything. Say a person, two persons go somewhere and you see a girl who is over-attractive or something, and one starts looking at her all the time, this is another weakness some people have. Now how do you come over it, how do you balance it? Let's have, practical side is there. This Sahaja Yoga is very practical. Mine is all spontaneous reactions, immediately I vomit or I, you can act as vomiting if you can't. Immediately I vomit and the person will ask, "Why?" So I would say, "I can't bear the insult of the chastity of the lady."

That means what have I done in all these things? I have brought it upon Myself the whole thing, not on the other person: that is Nirmala Vidya. You see, My everyday life, if you get with Me, you will learn how I react, to anything and how it helps to neutralize the problem. It's very deep knowledge. But I don't know if you study my behavior to different things, how I react. Sometimes it will be strong shock, sometimes it will be mild, sometimes it will be loving, sometimes... It's all, you see it is, Nirmala Vidya is a mobile reaction (DELETE - NOT NOW IF YOU DON'T MIND) Is a very, very subtle understanding of human nature is. Sometimes you have to be neglect a person, sometimes you have to... it's a thing you must learn through your Sahaja Yoga method. And when the Guru Tattwa is really developed inside yourself, it automatically goes. But everywhere you must remember that it is your power which is going to work it out, not the power of another person. This is a basic thing which Sahaja Yogis miss.

Now we are organizing an Ashram, say for example. And one gentleman comes and says that, "I will stay in this room. I want to have this, I want to have that." How will you arrange that? You have not thought from that angle you know, that's right. Now what we will do, supposing such a situation (COULD BE- COMES IN/ UP.) Then what you have to do? "All right, you want to have, have it. You have my bed, you have everything. All right, you want to have your cooking arrangement? Will get you this, will get you that." Make him into an idiot. But you have to sacrifice it there. If you are yourself an idiot, you cannot make another an idiot. Let him look like an idiot in his own eyes. Also like some sort of an absurd thing which is, say, you can give him, say, some sort of an absurd thing which normal he doesn't use, something like that you see. For example, a person who's demanding too much and this, that, you can say, "All right. You can even have a (SOUNDS LIKE-RAKE/RAG.) So he may say, "Why (RAKE/RAG?)" "Oh if you want to have a (INAUDIBLE /A LUMP) in your room?" I don't know what you can ... They're idiotic people. You see, these ego oriented can go to the idiotic level and if you show them what (INAUDIBLE OR TURN THEIR HEADING FOR), that the idiocy is ahead of you see, all your ego so called, then they (INAUDIBLE).

But in all this you have to show one thing very clearly, is concern, concern, trust, dependence. You have to admit that, "We can't do it without you. You are in the picture. Now we have to look after. You have to do it. It's our job." It's more a maternal and a paternal feeling. It's a sort of a patronizing feeling. We should not be shown as a (SOUNDS LIKE -PARENCY AS THEY SHOW / PARENT-SHIP OR A STAY SHOW) but the wantedness that, "We want you. We can't do without you."

Sometimes it may act as an ego. Then you should just show, "I have nothing to do. We have nothing to do with you. Get out. We have nothing to do. Get out of our benevolence." But once in a while you do that it's good.

It's a style of Sahaja Yoga is, but Mine is so spontaneous I don't have to think about it because that's My style only. But you can understand it and gradually when you start growing in your understanding, the concern, you see, (SOUNDS LIKE - the trouble) is the concern, too much feeling that, "Oh God, this man is going to be lost" Then you immediately know how to do it. Somebody is drowning; you know he's getting drowned. You have to save that, your part and parcel of your being is getting drowned. Then you will know how to save him. You will know. That's within you built in; all Nirmala Vidya is built in within you today (COULD BE- IT / AND) should be enlightened.

And the first and the last resort is (SOUNDS LIKE- what? Is) asking your Mother (INAUDIBLE) If with pure heart and concern if you ask it. So far people have been only asking about themselves, but I know about the prayers people (INAUDIBLE / are speaking :) all their wife, husband, children this, that nothing more. But asking for others I seldom hear in the prayers. You see that concern itself makes you a great person. And then if you scold somebody, nobody minds because they know that you are doing for their good. They like it. This is the sign of a good Guru. Try to put your attention to others than to yourself. Now you are collectively conscious. You are only feeling their chakras, but are you becoming themselves?

America is a very difficult place I must tell you. People are extremely selfish, self-centered and the biggest problem is that to them nothing is important they're the most important things, you see, very high handed, very high handed. They never think everybody else has got any brains but the Americans you see, they're the wisest. It's very difficult. While British you see, because of traditional life and they have been beaten up so many times now they have learnt a lesson. Americans have (INAUDIBLE/doing it,) say in Vietnam, in Korea and all that, but still they're stupid people I tell you. They don't learn much from that, you see. Now imagine Vietnam? What's, what a chaos it has been! Look at themselves in their own country. I mean it's all right to say, "Russia is like that." But you don't say against Russia and America. Russia is definitely a peaceful country, absolutely a peaceful and no doubt about it. Whether it fear or whatever it is. There's no violence. You don't have to look after your purse all the time, nothing is lost anywhere you; People are very generous, giving type, you see. Material wealth is now becoming less important. So many people told Me in Russia that they want their (SOUNDS LIKE /seekers) their spirit, so many. They wanted to go to India, that's their dream one day. They think India is heaven; they don't know all the bhoots that co exist there. Now just see all the bhoots from India and the rakshasas have gone and settled in America because atmosphere is so congenial.

Yesterday that (SOUNDS LIKE- MONORAY TCHAHORA) told Me that they are: this Rajneesh is making a bigger money (INAUDIBLE /there) than he was making in India. Muktannanda has prospered so much, he has so much money there, doesn't want to come back. Everybody has got so much money and I can't go to America because I don't have sufficient funds, can you imagine. How (COULD BE- STUPID THEY ARE/ so is there?) They cannot differentiate between good and bad. They cannot differentiate between God and the devil. Idiotic I should say, to that extent. So they're very difficult people but they are great saints on them though they have become stupid I think cursed somehow or other. I have such concern because first country I visited was America. I was very careful in talking to them but all the time they are talking about dollars, dollars, dollars and I thought I've completely failed. And all those people whom I gave Realization, only one person among all of them, at least I have given Realization to three thousands people in California, one person (re/turned) back. He was no good, all left Swadishthana problems, here to there, all caught up. Now our idea should be if we can save them well and good, if not forget it. It's really reaching that stage of exhaustion. I'll try one trip next year. Let's see how they work out. I'd sent one gentleman there a good guru. I told him I sent word to him that he go there, he ran away. Third day he was out of New York. He said, "They cannot understand God. They cannot. They have no (SOUNDS LIKE- Vidyas) that's not in their culture to understand. They cannot understand. They can only understand a Satan." They said, "You must get money, what's it, you have no money, this thing." They are impressed by people like this fat fellow who has fifty -year old Rolls Royce.

And freedom means abandonment to them. They don't know what real freedom is. It's a very serious thing because I'm working on America all the time so just don't get desperate about it. Thing may work out at its own time. So next year I'll be there and we'll organize the whole program. I think they are not yet (INAUDIBLE) still prepared. I could have gone much earlier. I went first time there. I could have gone second year again but my experiences were so shocking. I said, "They're absolutely on the other side of the world I tell you. They have to come up a lot. They've gone too far with their atmosphere. They have to come back, to come to

the centre. Too far, and they've lost." They don't understand that with their ego has just blasted. So I don't blame you for that in (COULD BE-any way), (COULD BE-your also Guru principle) but you have to be a little formal with them, I think and try to see how many you can get. There's nothing to worry about them but I think now you will meet.

A yogi asked, Is there hope for Canada? Is it hope for Canada?

Shri Mataji answers: Yes Canada would be better. Canada because they're are agriculturists, you see agriculturists are always better. Much better people than others, you see these technocrats and these machine people. You see if you are all the time touching the machine, you see, you also become like a machine, you see. The person, who gives you the machine lives like the machine. Starts up like this, opens his briefcase like that, walks up like that, it's a machine like. So it is true that Canada will be better and maybe that from Canada it will come. Maybe it will come from South of Boston. Boston was a good reaction. Boston is better. There again are people living with nature. Here you see there is the whole of New York you won't find any ground anywhere you, the roads are all covered, everything is covered with cement. New York is the most difficult place. And also because you are so close to New York and with that young (COULD BE- age/ OR /haste) that you have around there are people who think "Oh this is the time to, sort of be enjoying yourself, you see, (INAUDIBLE / douching) this, that." They have no time for God.

A yogi: (SOUNDS LIKE- It's conditioned into them at that age to go out and ruin themselves)

Shri Mataji: So they lack that maturity but they'll come back for sure.

Another yogi: I was born in New York and so I always had, (SOUNDS LIKE- this city) it's been part of me. I always had this tremendous feeling that New York is such a centre of; in a way you can say there is a negative in the sense of money, culture and all the artificial things that if it were only cracked it's such a center that it would change a lot, it would change. I mean, New York must be very important to try and keep on working on it.

Shri Mataji: (inaudible) is important no doubt. I mean, imagine it is the Vishuddhi chakra centre, the centre of the Vishuddhi chakra. It is important no doubt but what to do? Such a Vishuddhi, such a Vishuddhi hard nut, I have to crack it. I must get the map of America, New York just to crack it. Vishuddhi you see, all other centers you can raise Kundalini but at Vishuddhi, what you have to do is a strong action because the ego starts from there, the superego starts from there. It's the starting point. That chanting Shri Krishna's (SOUNDS LIKE -existing) in New York you find so many of Hari Rama, Hari Krishna. Every corner you find them. That's the Vishuddhi.

A yogi: They all shout Hari Rama Hari Krishna. They just come to you and give you flowers and ask you for donations. (INAUDIBLE)

Shri Mataji: Now they've become, that is, they've become beggars, imagine.

Will you contact and tell them that, "Now your guru is dead. He has given you nothing except for begging." Somebody can talk to them. He has saved some people from Hari Rama, Hari Krishna now. We can send him to New York sometimes, (INAUDIBLE / get all.). Here also you can contact these people (COULD BE- you should same thing/ INAUDIBLE) nothing of yours, "You are just like beggars on the street. We are doing God's work. Why don't you join us?" Their ego is on top a tremendous type because this fellow has told them that, "You have to be austere, you have to not do this, you have to be vegetarians," vegetarians' means horrible. Of course the vegetarianism is good for people who have eaten too much of non-veg also, you see, because Americans, if they become vegetarians, it should be good because they are so violent; it may help them. But Indians it's better to be non vegetarians. But for Americans maybe it may suit them a little more of vegetable eating because they are very dried people and they're heated up, very violent, angry type. So it may suit them a little bit,(INAUDIBLE /they have) more vegetables and less of meats. May suit as I said but it's not a thing that can be a religion.

A yogi: Usually they become fanatical about their diets.

Shri Mataji: Diets, anything you see, human beings are such, somehow or other they get stuck-up. You give them anything, they will become fanatical. Even Sahaja Yoga they can become fanatical. Then now what can we give them? I mean just think of it, this is the limit. Even about Sahaja Yoga how can you be fanatical? It kills all fanaticisms. Fanaticism means an obsession, when you are not in power. Whatever you get attached to, gets on top of you, you see. Now in Sahaja Yoga you are in power. Sahaja Yoga you are handling. You are the one handling Sahaja Yoga. Who are Sahaja Yoga? It never sits on everybody's head, can it? It teaches you how to love, how to give. How can it sit on anybody's head? How can it be fanatical?

Somebody, say for example drinks, who comes the other day, the fellow was asking. Then they said that, "If you drink then you cannot become established". Is all right, that's not fanaticism. "But because you drink you get out of this place, you have nothing to do, we cannot give you Realization". This is not the way Sahaja Yoga is. It's a loving thing. It's love. "All right you drink, come, Sahaja Yoga will help. If you feel like drinking, you think of Mother, come to us at that time we'll talk to you, you'll forget it." All these things one can talk you see, to that person. But some people will just go and (SOUNDS LIKE -thrash/toss,) "Oh you drink; you're no good this, that," that's not the way. But certain things when they play tricks - they might -then you (SOUNDS LIKE- thrash them) immediately. Your mind is playing trick and we have nothing to do with (INAUDIBLE / you, get out).

Like I told yesterday somebody from Switzerland, I told Warren, he wouldn't listen to Me. In the beginning he brought his wife here, I told him and I told him very clearly, till we went up to California where she tortured My life, she tortured Me throughout, he would not listen. In a way he was very good but he would said, "Mother, let it be now, you see I've married her, this, that." But as soon as he has left, left America she got her epilepsy and then it came to (INAUDIBLE) Otherwise he would not listen to Me and was siding with her "Oh she is my wife and I have married her, this and that." But I said, "But what about Sahaja Yoga?"

So fanaticism aggresses others through their attachment to a thing. This is no aggression; this is just civilly, "Get out; we have nothing to do with you". There is no more connection left to aggress or anything. This is what one should understand that in Sahaja Yoga there is no intention of having any relationship with a person who is not with us.

So to come to the point is that we are not interested in aggressing anyone. Fanaticism aggresses. Anybody who crosses the limit, we do not have anything to do with that person. We ask him to get out because we are not interested in any aggression. That's not fanaticism. Fanaticism will aggress; he'll always have interest of aggression. So in Sahaja Yoga you go to a point to see that the person remains with Sahaja Yoga otherwise you have no interest, finished, that person is dead now, is no more living in Sahaja Yoga finished. We have nothing to do, where're not interested. You see the difference?

And this is what Sahaja Yogi's don't understand. When I tell somebody that, "Forget that person for the time being, they have nothing to do with it". Just don't talk of their future, what will happen, how they will come back have nothing to do with that. "Get out, we have no interest." Then out of those who get out of it, they going far away from Sahaja Yoga realize themselves, not all, some, then again they come back. When they come back they accept it. You see we have no interest. Aggressive person always has an interest in aggression. So he won't allow the mouse to run away, the cat won't allow. Cat will always have an interest. As far as the cat is alive, it will be having interest but not Sahaja Yoga. "Doesn't matter get out; we have nothing to do because there is no interest."

This several fanatics will do. Now this is the very fine difference one should understand. But I've seen people when I tell them off some people start sympathizing with them because still they want to aggress you see. The sympathy, behind it, is a camouflage of aggression. Then they can still say that, "You are very bad. You are wrong. You are doing like this. You should not." I've seen people sympathizing with them, I've seen. By that sympathy they ruin that another person because that person doesn't improve in any way. When I've said that, "Forget it", that means, now let that person go. There's another kind of a treatment it requires, let him go away. I've seen people sympathizing. They'll go and talk to another person, say, "Oh this has happened, that happened." And the sympathy starts working. And when the sympathy starts working, that person, "Ah I've played the trick again, very nice, this, that."

Is to be understood very well that you have not sympathized with the person but you have really ruined the chances of the person (INAUDIBLE / very much.) The idea of punishment comes from that, in our loss, punishment, jailing, all this is an expression from the same Sahaja Yoga chitta.

So this is what it is. One should understand that our human ideas are very different from that of God. He destroys; actually He cuts them off, nothing, wrathful God. He's wrathful. That is for the good of the whole that He does it. But there is no aggression. He doesn't all the time, "Oh you are like this, you are like that, I will help you, I will do." This is not there. "Get out I've nothing to do (COULD BE- with you.) You see the clear cut point? If you understand this, then you'll not have sympathies with such people, at all, sympathies.

In Sahaja Yoga, either you are here, or not there. Nobody is interested in you if you are going to behave like this. You have to change. For any relationship it is true, then it will work out. The love itself does that. You see, like animals you see, when say a mother is there, mother monkey's there and a child monkey's there. When the child is sick, then she'll be crying, weeping, shouting. She'll ask help from everyone to help that child. But when he dies, she throws away. The moment she finds its dead, "Finished, now I have nothing to do." It's like that.

When you find the person has lost Spirit, finished. If it could be revived, by any chance, it's all right. But it is so. So if you understand this natural way of life, as the monkey does, you won't be fanatic by any chance, all right? You follow the point here? Now if you have any questions, you ask Me.

A yogi: If we come across a Sahaja Yogi who has become fanatical, we try to point out this fact to him or immediately cut the ties as You said?

Shri Mataji: You'd better ask them to listen to this tape. They wouldn't mind it from Me . If there's any problem, use Me, My tapes, all right? If they say, you just say that, "This is what we feel, we are sorry, we have not interest anymore in you so you please go away. We don't want to insult you or anything you go away now. We have nothing to do. Just go away, please."

A yogi: We allow him the time to change or we just completely cut?

Shri Mataji: You see you will immediately know when he tries to play tricks with you. It will be found out. Then you should say, "You go away." Immediately you'll find out how that person is trying to play tricks with you. Then you just say, "Please go away. We have nothing more. You see, we cannot do any more with you." Finished, just cut. You see like this hand till it works all right; when it is dead you have to cut it off if you have to exist.

1982-0821, Talk to Sahaja Yogis: On Investments

View [online](#).

21 August 1982

Talk to Sahaja Yogis

House of Matthias, Geneva (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Conversation at Matthias' apartment, Geneva, 1982-08-21

Shri Mataji: Very powerful. But for this incident and this church, I would never have said all these things. [unclear] But it cannot [unclear] vibrations.

Sahaja Yogi: It's quite powerful! [Laughter]

Gregoire: Magda told me that she heard somebody going out saying, "I admire this person for the courage with which She is speaking." That to speak like that about Swiss

bank in the country of Europe.

[Laughter] [Applause]

Shri Mataji: In India all the ministers, even our Prime minister who has made this kind of money have put it in this bank of yours. They must know that they are helping the thugs.

It's a fact. What can you do? I mean, if there is a bank to keep their money, they will have.

Sahaja Yogi: Actually, Mother the whole economy, very much the economy of Geneva is based on that because these people, they travel frequently to Geneva and they stay in hotels, they bring the family. The restaurants make money, and the hotel makes

money. It's very much all linked to the prosperity of this city.

Shri Mataji: Very much.

Sahaja Yogi: I remember customers of ours, with whom we worked, who also have black money here. When they come here for [unclear] they come for the bank. Not that much to meet, to come to our company but for the banks.

Shri Mataji: You see, anybody who has white money will never put in the bank, I can tell you this. The reason is, it's in fact Jews. Because Jews are always frightened. You forget about it. And Jews will always, they will not disrespect their money in anything but in the

bank because they think anytime they may be ousted from the country.

Sahaja Yogi: So, she would say yes to this [inaudible]. [is this in fact spoken by Shri Mataji?]

Shri Mataji: They are the other one. They too have black money but mostly the people who have white money do not put money in the bank. Because the interest rate that they are getting is very low. Secondly, the money that we put in the bank today is because of inflation. After some time, it's going to become zero. You are certain.

So, in India, if you have put, say, thousand rupees about ten years back, today the value of that thousand rupees is [unclear].

Instead of, if you put that money into something, investment, into say, some beautiful piece of art or something, that will increase. Even in the house, if you put, it will increase. Anything you put like that it will not decrease, it will increase. House if you put it, it's the best because if you get a house, a house for others or for yourself, even activity and all that by the time it is ten years or so, definitely you will get a much bigger price for the house than you get it normally.

So it is stupid to put the money in the bank, absolutely stupid, I tell you. In India, those who put the money in the bank, after ten years their money has no value and the interest is zero. So, now you will be amazed that people have taken out money in India and they are putting in the industry. And if there is inflation or anything, there's a problem, if there is de-valuation, that's much worse. If there is devaluation then the money goes out and you don't know what to do. But if you have things in which you have invested your money, the value never goes down, you see, where is the inflation of it? It's simple economics which I don't understand.

Those who are putting money in the bank, on the contrary it's a big headache, I tell you. They charge you for using our money there, just imagine. Interest rate in England was eighteen to twenty percent when they gave you money. And when we put our money, they take 6 percent. Can you imagine? Locked up money like that.

So, only the black money can be invested. And the black money, it can be looked after because these banks, and they charge you money to put their money there. Isn't it? They don't give you any interest. You have to pay for their keeping your money safe. Can you

imagine? This Swiss bank.

Sahaja Yogi: Mother, it's kind of a violence.

Gregoire: No more Mother, it's no more so.

[Translates into Italian]

Shri Mataji: Say, if you buy some gold ornaments. The prices of that will now triple and you have used them and you have decorated your [unclear], they have tripled.

Sahaja Yogi: [Speaks in Italian]

[Laughter]

Shri Mataji: Another thing they do wrong, the things become antique. So, [unclear].

Sahaja Yogi: Gold has reached today four hundred and ten dollars.

Shri Mataji: Dollars?

Sahaja Yogi: Four hundred and ten dollars by now. It is growing like crazy.

Gregoire: You see, Mother, one day I thought I had an examination at ten o'clock in the morning. So, I got up at 6 o'clock in Basel, I go to Bern, I arrive, the examination was at fourteen o'clock in the afternoon. So, I didn't know what to do. So, I said, "Why don't I go and meet my banker, after all." I write to him. So, I go and see my banker. Then, I did not know what to tell to this man. So after some time, I asked him, "Why don't you buy me one kilo of gold?" So, we did it, yes! So, I bought 1 kilo of gold at the time

when gold was quite low. And now! [Laughter]

Shri Mataji: Rustom was telling me about that one. Rustom told me that I should buy gold on the money of the Ashram. But, you see, I had not consulted anyone for such [unclear].

[Unclear] because you see, that is money between you and me [unclear].

I didn't consult Gavin or Diva. [Unclear] just want to do something arbitrary. I should have. But sometimes -

Gregoire: [Unclear] it is between you and you, you see.

Shri Mataji: That's true but [unclear]. I like to keep it quite this way because otherwise, everybody will start doing in the same way. [inaudible] I found somethings are rather [unclear]. Yes, of course, it's true, there is nothing to worry but, I mean they are not going to question me, but true, it's not a good example for him.

I should have bought.

Gregoire: I don't know, I read in some kind of news, not serious newspaper, that there would be a kind of financial apocalypse in November 1982.

[Laughter]

Shri Mataji: I wanted to talk to them [inaudible].

[Gregoire translates into Italian]

Shri Mataji: Gregoire, how much did it cost you, 1 kilo that time?

Gregoire: 22,500 thousand Swiss Francs. 22,500 thousand Swiss Francs. Now it is 28 thousand Swiss Francs or something like that.

Shri Mataji: Now what is it, 22 means how many pounds?

Sahaja Yogi: It's about six and a half thousand pounds.

Shri Mataji: Six thousand pounds. Good.

Sahaja Yogi: Mother, could you give us some news about India [inaudible]?

Shri Mataji: India? What do you mean?

Sahaja Yogi: [Unclear] It was about, it was the questions we were asking in the car, Mother.

Shri Mataji: Oh [unclear]. But what about Bombay, is it all right now? Is there any news about Bombay?

Sahaja Yogi: No Mother.

Shri Mataji: No news in Bombay.

[Laughter and indistinct chatter]

Shri Mataji: Just because these horrible things [unsure].

Sahaja Yogi: Mother we should have a nicer car.

Shri Mataji: What?

Sahaja Yogi: We should have a nicer car.

[Laughter]

Shri Mataji: Not an austere one.

Sahaja Yogi: He can [unclear] anything Mother.

[Yogis talking, unclear]

Shri Mataji: Now the first and foremost thing is about land. So, there are so many lands in the offering, that it is not easy to keep their account. We had applied to the government who very kindly gave us the plot of land, at half price. For one acre of land, and they are believed to give us a second acre of land at the same price. We have paid them part of the money. We have not paid them the full money, so far. Because that's the third land that is offered to us; this is the second land that I'm telling. And there is a third land that is offered to us. Now the first land that is offered, we have got the permission, it is our own, is about seven acres of land, near Bombay, about two hours journey at the most from Bombay, two hours. How many miles about? 25, 30 miles. In India, it is too much.

Sahaja Yogi: [Unclear].

Shri Mataji: Towards [unclear] He said towards, I think, [unsure, Pune?]

Sahaja Yogi: It is on the highlands then.

Shri Mataji: It's not so much highlands, but there is a little brook running, seven acres of land extends and there are hills behind it. But it's not, actually, the place where we are, is not the highlands. It's the little in-between lowland and the places in between as a plateau sort of thing. So, that's why. And that's our own.

Now I wanted to start a school in there, in that place, that seven acres of land. A school for Sahaja Yogi children, school for Sahaja Yoga people, school for teachers, school for international children, for boys and girls. That was my idea and that's why [unclear, I deserve?] that land. For that school, we need about six, seven lakhs of rupees to complete according to [unclear] picture. But to at least, to do some justice to it, we need four lakhs of rupees. We need to raise how many pounds?

Gregoire: [Translates into Italian]

[Laughter]

[Translates into French]

Shri Mataji: Very fast!

Gregoire: Sometimes I miss little bit also between what You say.

Shri Mataji: Hum?

Sahaja Yogi: About 25,000.

Shri Mataji: Pounds?

Sahaja Yogi: Pounds.

Shri Mataji: Sure?

Sahaja Yogi: It's 400,000 rupees. About 25,000 pounds.

[Marie translates into French]

Shri Mataji: Now, we have another land which I told you about, is the second land which was given to us. [Unclear] for which we have to give money, and we have to build an ashram there, if we have to. That will cost about at least eight lakhs of rupees altogether.

It's a third very beautiful land, that's why we come here. It's a very beautiful land which we have got which is about the same distance. It's on top of a hill. From here, you can see three lakes [Tulsi, Powai, Vihar Lakes] and is a very ancient land described in the old ancient books in the Treta Yuga.

And very beautiful place, I like the vibrations, very nice. That is the place where we have got absolutely free land for which we don't have to pay anything of one acre. And they can have a nice ashram there.

Whether you have this ashram or that ashram, you'll have to be above altogether, to take that as four lakhs and this as six lakhs, at least ten lakhs. Minimum of ten lakhs to make the places comfortable. Just now, Indians have got six lakhs of rupees already in the bank. The amount that has come from [inaudible].

Gregoire: He's not?

Shri Mataji: Not rich. Doesn't matter.

The Indians have done it through long time and proper [unclear], they have ways and methods of advertising, this, that. They might be able to collect some more money, and I'm sure we'll be able to start the work now, and within two, three years' time, we'll be able to collect the complete money.

Apart from that there is another beautiful piece of land which is about 25 acres. How

much [inaudible]?

Sahaja Yogi: Just half a hectare.

Shri Mataji: Hmm?

Sahaja Yogi: Half a hectare.

Shri Mataji: 4,480 square yards.

Yogi: 4,000 square meters.

Shri Mataji: 4,000 square meters.

So, this huge land is available to us near the river which is called by my name, Nira. And it's very fertile, good land. And there is a beautiful temple of Narsimha, a very great [unclear], ancient times.

Gregoire: Where is it, Mother?

Shri Mataji: It is near Belapur, near, between- if you go from Pune to Belapur, on your way. Or to [unclear] on your way.

Sahaja Yogini: Did we go there, Mother?

Shri Mataji: I beg your pardon?

Sahaja Yogini: Did we go there, on the Tour?

Shri Mataji: Last year, we did pass through that place, if you remember. Those who were with Me last year, we came via that place. No, last before that.

Sahaja Yogi: Yes, Mother.

Shri Mataji: And we saw that ancient temple of Narsimha.

Apart from that, what this land is, it's very good because this land can be given on rent to you people, you can take it on rent. You can build your little huts there, you can look after our little garden. For your retirement you can use that for a very nominal price in the rent, that would be a very nominal price. That all can be decided later on, because foreigners in India are not allowed to buy any land, thank God. Otherwise, everybody will buy it out, you see.

So, you can get a – say, a place will [unclear, work?], you can build your [inaudible] one chalet or hut, whatever is done. But main thing is for Sahaja Yogis to think that, you see, "Everything belongs to Mother". And that, "This belongs to me, this belongs to me", "Mine should be better than yours", you see, all this competitiveness must go away. You have to live collectively in a very nice place, we'll build there whatever it is nice, just to enhance the beauty of Mother's land. That's all. It all belongs to Mother. Let's have that kind of a feeling, it's the best way. Because if you also start again that possession trip, then it's no use.

[Gregoire translates to French]

Shri Mataji: So that Pravini [Sarasvati] can see how Sahaja Yogis built a detached, with detached attitude, some place is not for themselves or for their own family, or anything, but for the Mother. Of course, it will be reserved for your family whenever they come. But you should not have a sense of possession or, you know, your children might start fighting a legal right against us, that's what we don't want.

[Gregoire translates to French]

Shri Mataji: And your children also should be realized souls, we'll have laws like that. Those who are not realized souls, will not be allowed to stay in that area.

[Gregoire translates to French]

Shri Mataji: Because we are talking of a new world of new people of new ideas of new dimensions.

[Gregoire translates to French]

Shri Mataji: So, that land has one problem, which is facing now, because the fellow who gave it to Me, I asked first to buy that, because I gave the money partly to him. But I said, "The Trust should pay the money". Better to have it in the Trust, I thought, because Trust will be able to manage better than [inaudible] Me [inaudible]. But now the fellow has recalled to say, "I don't want to sell it to the Trust. I'll sell it to You". So, I'm sure my husband will pay that much money perhaps. If not, you can pay him on my behalf.

If so, I'm just telling you plainly. Maybe C.P. might agree to pay that much money, it's alright, and that I can own the place. But it's all your own, nobody, none of my children are going to claim it [unclear].

Sahaja Yogi: [Inaudible]

Shri Mataji: So, that is what it is. So, let's see another thing which we are going to have [inaudible] But all these projects, you can only think over when I'll go to India after three years or [unclear, four?].

[Inaudible]

But I would say that all the Sahaja Yogis must try to save some money for such a thing. Because supposing tomorrow it is ready and then you want to buy. You know that you must have money to buy. And second to that, I cannot say how much it will be, cost. But it would be the minimum of minimum because [inaudible] in India, it's a cheap thing. And

you are not going to make a very elaborate sort of a thing [inaudible] rustic place.

Which will be comfortable, but in a rustic place where we'll have very natural things. It will work out. And it will cost you about say, from five thousand rupees to ten thousand rupees.

[Conversation about it, unclear]

Gregoire: Anyway, it's very cheap.

Shri Mataji: Very cheap. I mean that's what they are telling Me today. I don't know about tomorrow.

[Conversation, unclear]

Gregoire: so, Mother all the houses will be build the same way, the same house.

Shri Mataji: We could have a house of three, four varieties. Some could be bigger families, unclear] some for other family. And accordingly they said, it will start at five thousand rupees to ten thousand rupees. That's what they told Me.

Gregoire: Very cheap.

Shri Mataji: But those will be mud houses. [Unclear]. And they will need maintenance every year. About five hundred to thousand rupees per year at the most.

Shri Mataji: How much in dollars?

Sahaja Yogi: Fifty dollars. Five hundred rupees Mother is fifty dollars.

Gregoire: Mother, I think You should use the same system as the Queen of England. There should be a big mark in front of your house when you come, there is your personal flag. You should Yourself suggest what will be the symbol on your flag. And when You are not there, we would take the flag down. And then the flag would be vibrated and would vibrate the whole area.

[Laughter]

Marie: But then everybody will know that Mother is there and She will not have a minute of peace [laughter].

Sahaja Yogini: The flag should be there all the time.

Shri Mataji: It's surprising, in my childhood, I had written a poem which was, I don't know where it sprouted, but it was, [Hindi]: means, "on the banks of Nira". Imagine this Nira, in my family, they called Me by short name Nira, you see. So, this river has the same name as Nira. Just imagine, in my childhood, I've written this poem.

Means 'Marie', and Nira means "water". And that's what it is, I mean, I think, and apart from that, my gotra, my father's gotra is Shandilya. So, that guru, Shandilya, had his ashram just there- that's the place of Shandilya.

Gregoire: Who is Shandilya?

Shri Mataji: Shandilya was the, one of the gurus of the Realized souls in ancient times. Very ancient times. It was about fourteen, fifteen thousand, I think, at the time of Prahlada, when Narasimha [unsure]. Of Shalivahana dynasty. For the Shalivahanas, the guru was Shandilya.

So, he had an ashram there and it so happened that when Duba, no, Prahlad who lived near Peshawar and whose father was a devil, rakshasa, and the wife was a saintly lady. Indra went and enticed her [inaudible] and said that he'll protect her, when she was pregnant. Believing him that he is a good man, she came with Indra to this Shandilya mudi's place. It's a mythology.

Gregoire: So, Indra is playing tricks, Mother? OK.

Shri Mataji: And that time, he brought her to this guru and he stayed there for the night. So, Shandilya told him that, "This child who she is bearing now, is the one who is responsible for incarnating Shri Vishnu as Narasimha. And you just don't worry about her. Just leave her alone with me and you go away. And you don't try to marry her, to save her, because she has to face the ordeal if Vishnu has to come". Just she stayed over with Shandilya, the guru, till the child was of eight years of age. That time, Prahlada used to play in that area.

Then he was sent to his father who was a rakshasa, all prepared to fight him. And you know the story of Prahlada, I need not tell now. But then, about three hundred years back, about three hundred years back, they wanted to build a big temple of Narasimha. And the king, [unclear, one of these?] Peshwas from Pune, they built a beautiful temple of Narasimha. There is also an Adi Shakti, this thing, next to that.

But Vishnu appeared into his dreams.

Gregoire: Of the king?

Shri Mataji: Of the king. And then Prahlada followed him. In the end, he brought Prahlada before him, Vishnu. And he said that, "I have already made a statue of Narasimha with the sand on the river bank. If you go there, you will be able to find such and such thing, if you find out, there. And then, found that". And then they brought it there, in the temple. And it is still there in the sand, for so many thousands of years. Very vibrated. On top of the temple, somewhere, God knows from where, there is water flowing, and it is coming down. Very surprising! Nobody has been able to locate the source of that water. It's very vibrated, you see.

When I went to that temple, they discovered that it was Me, I, who was visiting, so, they arranged for us all kinds of things.

And across the river is this land. But why Dhumal's brother-in-law wants to give it to Me, because it was taken over by government as surplus land. And suddenly after his realization, the government said that, "This is your land. By mistake, we have taken".

This is the history that in India your land, if they take it, they don't return, even this much. So, he was amazed how he got the land free, I mean back. So, he started giving us these twenty-five acres of land. But then, when I gave it to our Trust, you see, the Trust people were rather hard on him, I must say. But he is willing to give it to Me, so doesn't matter. All right?

Gregoire: Yes.

[Laughter]

Shri Mataji: Now there are three more lands, you see, offered in Delhi. Delhi people have got money to buy those. So, that's not yet a headache.

Sahaja Yogi: May it never be a headache, Mother.

Shri Mataji: What?

Sahaja Yogi: May it never be a headache.

Sahaja Yogini: Could we go there for someone, for instance with our children.

Shri Mataji: Of course! Why not?

Sahaja Yogini: [Unclear]

Shri Mataji: No, no, no, no. You see, Bombay ashram, we built for you people only. I am not going to allow Bombay people to stay there. No, not that.

Marie: Can we work there?

Gregoire: Will You stay there?

Shri Mataji: No, Gregoire. I don't know where I'll be. But I'll be staying all over [unclear, one place here, and one place there, and one place there?]. Well, I can't stay in one place, but I'll be moving about. But at least in Bombay, three months. In one of the ashrams, three months, could be. In one year, three months I would be in one of the ashrams. And the rest of the time, if I am still moving about, I'll have to come to Switzerland.

[Laughter]

Shri Mataji: Are we not going to have an ashram in Switzerland also?

Sahaja Yogi: Mother, one ashram in Switzerland will cost as much as all ashrams in India.

[Laughter]

Shri Mataji: Just start on rent. Just start it on rent, you see. Take a small place somewhere, and rent. And all of you can stay there paying the rent of the house. That's how we start. Then we might get an ashram as they got it in France.

Gregoire: Everything is possible.

Shri Mataji: Just desire and you'll have it.

Sahaja Yogi: Yes.

Marie: Mother, we are going to need another ashram.

Shri Mataji: So see now, with the desire, you'll have another one. In London C.P. may give me money to buy an ashram. Because suddenly we found out that we can have a property in England, for seven many years, [unsure]. So, it could be. English are very fortunate.

Gregoire: It is a nice country to have an ashram Mother.

Shri Mataji: But they are very fortunate also. They have such a big Nightingale Lane, have you seen that?

Gregoire: Yes, in London.

Shri Mataji: They are very fortunate. They had big, big hotels to live in. All for Me. All for Me. Now they have a Nightingale Lane and God knows what there are going to have next. Maybe [unclear] small palace or something.

Sahaja Yogi: Buckingham Palace?

Shri Mataji: God knows. Buckingham Palace could be good.

[Laughter]

Gregoire: Not very nice Mother.

Marie: No.

Shri Mataji: Our Brighton people have got an ashram over there, they bought it. You know that?

Sahaja Yogi: [Inaudible]. It's absolutely beautiful. Vibrations are splendid there.

Shri Mataji: See.

Gregoire: So, Mother, we need an ashram in Rome and in Switzerland.

Marie: And in New York.

Shri Mataji: [Inaudible]. But now, Rome is [unclear].

[Unclear conversation between Sahaja Yogis]

1982-0821, Talk about fanaticism in dogmas

View [online](#).

21 August 1982

Talk to Sahaja Yogis

House of Matthias, Geneva (Switzerland)

Talk Language: English | Transcript (English) – Draft

But I, if you wanted to clear this thing, [unclear conversation].

[Laughter]

You see the vibrations? You should see the vibrations.

Just tremendous vibrations. As soon as the hall [unclear] I tried my best, I said, "Baba, now this is going to be covered with vibrations [unsure]".

[Unclear part]

Did you see now, in the end, there were two persons standing. And one of them was a Pastor standing, was he?

Sahaja Yogini: Yes.

Shri Mataji: Hum?

Sahaja Yogini: There was somebody standing till the end.

Shri Mataji: He was wearing a blue suit or so?

Sahaja Yogi: Yes.

Sahaja Yogini: He was nagging me with some alcohol

Sahaja Yogi: Hum. He's been drinking.

[Unclear conversation]

Shri Mataji: Even he tells Me, "Remember we had a problem".

[Laughter]

But I told you that any, if you have anything, you just don't combine them [unsure].

Sahaja Yogi: It took place in other, Mother, program.

Shri Mataji: Hum?

Sahaja Yogi: It's not the first time this happens.

Shri Mataji: Not in Switzerland, in Rome. And at the end of it, he quarrelled with her or something. And he wanted to go. But there was a quarrel between her and them. And then she came, "Mother say that we Realized or not?" On my head.

Sahaja Yogi: Yes.

Shri Mataji: But I must say one thing, whatever it is, but Italians are very sensitive, very sensitive. There's a kind of a [unclear]. It's very appealing to Indian style. Translate to everybody.

[Sahaja Yogi translates into Italian].

Shri Mataji: No, they are more sensitive. You see, compared to-

[Sahaja Yogi translates into Italian].

Shri Mataji: You see, they are not yet so dried out. They also, they don't think that everything has come to conclusion now, sort of. You see, "Now we are on top of the world. We are sorted out". They don't think that. They think there are so many things which cannot be explained. They're not so absolutely sure of themselves.

Sahaja Yogi: I told a few people to come tomorrow with lemons, Mother, that will avoid the-

Shri Mataji: We have to get some lemons for tomorrow's program.

We have to take some lemons, chilis, and one lady was depressed and all that, and to them, we'll have to give photographs also.

Actually, they were not well educated in proper [unclear]. You see, they just do nothing sahaj and they are been comfortable, this. One has to see that. It's a fact that now they're coming under the legal understanding of this. It's like the Pope now, under legal problem. Like more [unclear] has come.

Don't think legal thing come from them because there must be under the [unclear], they must be doing all the illegal things that's not a good thing [unsure sentence].

Once it starts coming in, everybody will start, you see, understanding it.

Sahaja Yogi: I don't think [Unclear conversation]

Shri Mataji: It's like the Pope now, you know that. Now the whole authority of Pope is challenged, because there are so many cases of fraud, this scandal, this scandal. Everything is exposed. You see, because the beauty of falsehood is, that it exposes itself ultimately. You must translate it.

[Gregoire translates]

So, there is not a need at all for us be worried about it. They themselves get exposed. Another thing is, all falsehood quarrel among them. But truth is eternal. [Unclear part]

Sahaja Yogini: There are also people from the program here.

Shri Mataji: Some people are coming?

Sahaja Yogini: Yes, other. They are already there.

Shri Mataji: Yes. From this program?

Sahaja Yogini: I think so.

Gregoire: A lot of Yogis are coming, Mother.

Sahaja Yogi: At Guru puja, they were already here.

Sahaja Yogini: Two of them are new people from tonight.

Shri Mataji: Really? This lady?

Gregoire: And the lady behind.

Shri Mataji: Oh, good! It's great. Tonight! [Unclear] that you get your Realisation. What are their names, by chance?

Gregoire: The first name is Lucienne, Fremo is your family. And Helga Foca.

Shri Mataji: I think Geneva will take up very fast. And you don't have to worry. Because people are thinking about it. Translate it.

You see, the more opposition we have, that's a sure sign that they are frightened, you see. So, we shouldn't be upset with that. And they are ignorant people. Actually, those people who have gone through the fanatic ideology, you see, are better to judge. And these young people are just now entering into a new venture. Like this lady, she must have seen all this. So for her, she must be understanding that this is not the end! We have to [unclear].

You see, like people can understand through experience this truth. But you see, we have had all this kind of thing, in every country. Every religion, they have had all these kind of things preachings, this, that. But where have they reached? You see, everybody starts seeing, "Where have they reached?" "We've done all this, where are we?"

[Unclear part]

And I am so careful that their ego should not be provoked. I'm very careful with that. And as you know that how gradually we fully talk of Sahaja Yoga, how [unsure] people, when they achieve a certain level of understanding. You don't force the truth on their heads just like that, you see. But despite all that, these things can happen. So one should not get disturbed at all. This is nothing,

I tell you, this is nothing compared to what one can expect. This is nothing, just take it easy.

Gregoire: It's nothing to what was, or nothing to what will come? Better warn us.

[Laughter]

Shri Mataji: I always warn you beforehand. I told you that the fanaticism of the intellectuals is extremely sophisticated.

Gregoire: You talk about this afternoon or this morning.

Shri Mataji: This morning only, I did. Alos, also, protestants also, protestants also. You see, see now, I'll tell you see what, see how Protestantism has come from the Catholics, you see. They started a big, what you call, a method by which the fanaticism was absolutely gripping you. So, Martin Luther could see. So obvious it was, that the Pope was selling pass through the heaven, imagine, so foolish!

This is what happens with falsehood: always it comes out in such a funny shape, that everybody sees, "Oh, God what sort of a shape it is?"

So actually, Catholicism was a blow to the Jew Catholicism, by the- I should say the Jew fanaticism, by Christ. It was a blow to that. So, he tried to deviate it from that, and give them the right thing, because he wanted to talk about the spiritual life and eternal life and all that.

But so many remained Jews.

Now when Christ came in, what he preached, that also became another Bible. Now the only intelligent can read and split the hair out of it, only intelligence. And then they studied it to see every word, they twisted it to them. Now, with that thing, they believe in it, because this is what they have got the Book in their hand. They have now studied. Now, they are not going to give up.

And that's how they used. Now, I mean actually the Catholics use the same Bible for your information. And the Muslims use the same Torah, the Old Testament, Muslim are using. The complete Old Testament, all the five books. And the same is used by Jews too. So, when Muhammad came, they denied him on those five books. Every time they did like this, using a book.

Then Martin Luther came. He revised the whole thing. He wanted to revise it and do it. He said, "This is fanaticism to that. You should not have these, none of these, and all that. And it's a spontaneous thing". He said it very clearly. But Protestants also became very sophisticated.

Once, a priest from Protestant Church went to Mahatma Gandhi and asked him, "What- why don't you become a Christian?" So, Mahatma Gandhi said, "I'll be very happy but which church should I join? [Laughter] which Bible should I read?" Then the fellow didn't know what to say.

[Laughter]

So, if Bible interpretation is a last word, then it should be the only one. How can there be thousand and one interpretations? Now there are so many interpretations and actually, people are at daggers-hand with each other. Like in, say in Ireland now, think of Ireland where all the people following Christ very ardently, are fighting each other. So, whatever medium they have used, whatever interpretation they have used, is not exact. Because they use their brain according to their own understanding. There are so many Bibles and so many Churches and so many problems.

Now what I'm saying that, to read Bible, you must use your Spirit. [Gregoire speaks, unclear] And the Spirit, you can only achieve it by Realization. But people don't want to have Realization. There is a vicious circle. Unless and until they get their Realization, they won't understand Bible in its right principle. One sentence of Bible that, "I will appear before you like of tongues of flames". Let them explain. They cannot. And everybody will say something else.

But in Sahaja Yoga, even a person who are children, who are not educated, who can't read Bible, will say the same thing. When Christ said, "You have to be like children", he meant you forget all your education of Bible. They are all complicated people and they have conferences, and arguments and fights. And what are they getting? Just donkeys hitting each other, that's what I feel about them. If it is the truth, if it is the reality, what is there to fight for it? It should be with you, it should be exposed to you, it

should be there. You don't fight for your nose, do you? It is your own! But if you want to learn it from others, then nothing can happen. When human beings are such, you can brainwash them. You can make them feel there is no God. You can make anything out of them, they are so vulnerable, because they live in the relative world. They have to come to the absolute point.

But they must understand why am I doing it. After all, what am I to gain out of it? I'm not a pastor who is paid for every baptism. I don't take any money. Oh I- by God's grace, I have a very comfortable house of my own, and I live very comfortably with my family. I have to gain nothing out of it. Then why am I wanting to do it? So, this is what it is. But they don't want to think, because, you see, anybody can brainwash human beings.

Like I went to China, first they all talking of Mao, as if Mao was God, you see. Nobody would talk a sentence without, "Mao said so. Our Mao said so". Their Bible [red book] was Mao. Now, once he died, then there was an earthquake, so now they have forgotten about him. They think he was rather wrong. Some of them believe that he was absolutely wrong.

[Laughter]

Hitler came in: all the Germans believed that Hitler was absolutely correct. "We are all chosen people. We are supposed to be elite". What a stupid thing to believe! I mean how can they believe such a stupid thing like that! And to be believing in such a nonsensical thing, how much harm they have done to human beings and to their basic values, which are [unclear] of Christ. So he failed by God's grace. Now they say it's a political mistake. You see, it is a very minimized [unsure] way of saying things, you know. It's sophisticated: "political mistake".

I think there has been lots of this brainwashing going on of these fanatics. Now look at Khomeini. You think Khomeini is wrong. But if you go to, or you talk to anybody from that country, you'll be amazed that even some Indians who are there, are believing that Khomeini is correct. Can you believe it?

You see, people don't have their own personality to think. They talk of individualism, but I think they are only [unclear] type of people. Then an individual rises and he fights this kind of a thing. Then others join him, but they again become another club. But it is not a living club, there is no living oneness. So, it will all fall off. It will be all dead and [unclear] and [unclear]. But the living thing, when it is one, then it is completely, absolutely in the best of its manifestation. And that is what people don't understand that clubbing, as "dead people", is of no use, under any banner. You see, you form any organization, all go down. They lose their essence, because they get away from that essence, because they are dying [unsure]. So, only the organization that is living is the eternal organization.

But you cannot organize the living organization with your mind. It just is organized like all my five fingers act according to the way I want. I don't have to think beforehand that when I lift his finger, this finger also must move. And I don't plan it that way, it just happens. The whole body reacts together in a full integrated manner, because it's a living body. In the same way, if people get Realization, many people get Realization, you form that great Primordial Being which is now awakened as the cells of that Primordial Being.

There's a fighting is now going on between Jews and PLOs. It's a fighting going on between Khomeini and these Iraqis. There's fighting going on, between people in say Chile and Argentina. It's all nothing but the fighting that they are right. The Russians are fighting the Afghanistans. The so-called Christian nations like America is supplying all arms to all the countries. Imagine, they are Christian Nations supplying arms to all other nations.

Now the Swiss people are supposed to be very Christian, they are allowing all the thugs to put their money in the banks. India is poor because of these Swiss banks, what else?

Gregoire: And the Britishers because [unclear].

Shri Mataji: That was first. British thugs did their level best. But then now the Swiss banks. At this stage, the Swiss banks with all the thugs of India, all the politicians of India, all the people who are making money out of the poor people, are hiding it here, not in India.

Now they found another monetary fund, you see, imagine from this side to this side, from that side to have a monetary fund to help the developing. I know a very great man from Mauritius, who always used to come to Switzerland. And then it was

discovered that he is the one who had taken lots of money from Mauritius. Sukarno, another fellow, all his money was in here! It's a fact. All the false gurus' money is here, in Swiss Bank, not in American Bank.

So, this is another Christian Nation. One Christian Nation, America, is trying to send all- sell all their weapons and their bad medicine developing countries. Now this is another: Switzerland.

Now England are the people who dominated all over the world. They went up to China, you see, who asked them to get out of their place? They went everywhere in India, they stayed for 300 years. And now they don't allow Indians to stay there even for three months! And openly they are racists. These are Christians.

Look at the French! The great Christians of France. Christ has said, "Thou shall not have adulterous eyes". Every third lamp post, you meet a prostitute in that country. And every seventh lamp post you see a pub there. They are Christians, no morality, and no respect for oneself and body. Such indecent people. These are Christians.

Then Germans when they fought they killed so many people, they were still believing in Christ and God. And they said, "We are killing the Jews because they didn't believe in Christ".

Now Jews are killing the Arabs because they don't believe in Jews.

[Laughter]

You see, this is madness. I mean just think of Christ, what would he think or the people who are supposed to be Christians?

We must face ourselves and see that we have to do a lot if we have to really make Christ live within us. All right, that's all right, so you sing.

[Sahaja Yogis sing the praise of Shri Mataji with a different tune.]

It's very nice [unclear].

[Laughter]

Otherwise, how would I have brought all these points to you? [Unclear]

Now what we'll do, [unsure] just come inside. I guess you will all have some tea.

[Unclear]

Enjoy yourself. Enjoy and just laugh!

[Unclear]

[End of audio]

1982-0822, Shri Ganesha Puja: Innocence & Joy

View [online](#).

22 August 1982

Innocence & Joy

Ganesha Puja

House of Charles and Magda Mathys, Troinex (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Shri Ganesha Puja. Troinex, (Geneva, Switzerland), 22 August 1982.

Before the Talk:

Call them, call the people. You can move in front and can sit at the back.

Gregoire asks if there should be an explanation of Puja as there are some newcomers.

Shri Mataji: Is there somebody here who can translate? You need two persons. You can sit here.

Gregoire: I can also translate in Italian

Shri Mataji: But has he not come? He should come for the puja, you know.

Everybody should come in. When they are all here, then I will start. Now, come forward. There's room here. Those who can sit on the ground can sit in front. Please come. (Mother aside to yogini) You like it? Colour is all right?

Where is, who else will translate?

All right, you can come. You do it in French and she can do it in Italian. Arnaut has not come?

You are there. Who else?

The children can sit in front – let the children sit in front. All the four children could come later on, when you start the puja.

Has everybody come? Ah! Robotic motor-cars! Great!

... Exactly, that's what it is! Who is outside?

[Here starts the transcript of the talk]

All right. First, I would like to tell you about the meaning of Puja. There are two aspects. (5.02) One is the aspect that you have got your own deities within yourself. And these deities are to be awakened within you. Deities are the different aspects of one God. So, on one side you have the Deities, means the aspects of God, which are all the time awakened. On the other side you have your own Deities, which are sometimes awakened, sometimes half-awakened, sometimes sleeping and sometimes sick. So you have to use two methods: one to please the Deities of God, and to ask them to bless your Deities, or to ask them to awaken your Deities. So by doing the puja, means when you offer anything that you have got to offer, anything that you offer is – say, flowers, if you want to offer flower to God, you don't have to speak anything, you have to just offer, that "this is for You." Anybody can understand offering, for that you don't have to have even a tongue. Even if a blind man is there, if he wants to give you something, he can just give you like this. And that expression is sufficient for anybody to be convinced that he can offer it. You don't have to say anything about it. So now, when you offer a flower to God, even if you don't say a mantra it is offered – all right, it's given. But whether it is accepted or not is a problem. But now, when you are a realized soul and you offer anything, it is acceptable to God even if you don't say anything. But what about you getting any reward out of it? After realization when you offer anything to God, He accepts, because it's coming from a realized soul, so He accepts.

Now, how do we get blessed by Him, by giving a flower to God? Now if you don't say anything about it, you just offer a flower, then you might be rewarded with many flowers automatically in life. Or you may be, whatever material things you offer, you may

be blessed materially. Then in a subtler way if you say something, as you say for offering somebody that humble way of saying that "I'll be happy if You would accept this," will be even subtler results of that maybe, which could be much wider, maybe much deeper. Now, you do something symbolic which is very, the essence, the principle of something. Like flowers are the – they represent the principle of the Mother Earth. Now, so the symbolism of all the things that we can offer to God has been meditated upon, and has been found out. So, they use five things called as panchamruta, as we have here. Because if you have hit the principle, then you have really hit the whole, isn't it? Because spiritual well-being is a total well-being. It's not just partly that your material well-being or your physical well-being, or your emotional well-being, or your mental well-being. It's a total one, completely balanced into totality. (16.22)

Now when you offer these other things like the, we call them akshadas, what do you call? Turmeric. Turmeric rice, you see, this yellow thing, you see. When you offer this, you know, the yellow colour is that of the Swadishthana Chakra. And rice is very dear to all the gods. Now there's a trick in it, because it's a human trick. Gods are fond of rice. So, they put turmeric on it, means that "We offer to You a rice which is yellow-coloured" – means, "You should give us blessings of our creativity." When you eat it, more creativity will flow and we'll be blessed by that deity – it's a trick. The whole thing of puja is the trick of human saints, you, how to trick God to give more blessings! But whatever God likes, it has to be auspicious and holy. So ultimately it works out for the holiness of saints and their simple hearts.

Now, the Puja cannot be done by a person who is not a realized soul. A person who preaches also has to be a realized soul, the one who does Namaz has to be a realized soul, the one who prays has to be a realized soul. So, all the utensils that are used are to be worshipped in a way that they are to be holy things, they are to be respected things. You cannot use anything, say the one you are using in the bathroom and you use the same thing for the puja, is absurd.

Three things are very important, is a ghatah, means (water pot) the vessel, vessel that contains the kundalini, the vessel that contains the primordial desire within us to get to God, is first to be worshipped, our desire. Is the ghatah, is the one made here. And on top is called as a Shriphala. Shriphala means this also has got water in it, if you see, the coconut represents the same thing. Now in the subtler form it is the water of all the rivers of the world. And the coconut is the water of all the oceans. The water from the ocean or sea rises through the tree-trunk of the coconut, and becomes the sweet water in the coconut. It's a symbolic thing. So, this is the vessel called ghatah-puja, this is the ghatah-puja.

Now, I don't want to go to details today, because we have to talk about Ganesha. The same is – now that is water, all right.

Then we have to worship Ghanta (bell) and Shankha (shell). These are two representing the sound. Shell. [Shri Mataji repeats it for the French translator who did not remember]

Actually, the Shankha represents the ether. Then we have the Deepa, means what? It's the light, represents the light element, called as tejas (flame).

Normally also to the Goddess they also give Her a fan, which represents the air element.

So, this is how all the five elements are pleased beforehand, using them. So, the essences of these or the causal essences of these five elements should be pleased at this time, should be supporting the puja.

Now there are also all kinds of other things, like your family deities, you might be worshipping in your family some deities. They should not be also at this time upsetting the puja; or maybe the forefathers who are dead. All these things are to be quietened, so that they should be told that this is a puja like this, and you do not disturb us at this time. Means even thoughts should not come, their thoughts or their – any disturbances. So, everything is to be first made into peace.

Now this is the one aspect I have told you in short, because it's a very long thing. If I have to speak about it I'll have to speak at least three times, and with three hours each time, still it may not be finished.

Now we come to the second aspect, which question I asked you "What do you, how do you get benefited by it?" So apart from this technique, to have the best effect of the blessings or the best flow of the Grace within us, we say mantras. The sound of mantras, the sound, the sound echo into the being of God. And they are re-echoed on our chakras, and then the chakras start opening more. So, the flow of the Grace of God is received. But only a realized soul should chant a mantra. Because without connection, how will it reach God? It is a vicious circle. Now one may say that "Mother, you cannot get realization unless and until you get the Grace of God. And the chakras won't open by a person who is not a realized soul. And without opening the chakras you cannot get realization." That's how the play of the Mother comes in, and of all the saints, like you. I would say the Sahaja yogis have to break this vicious circle. You have to raise the kundalini yourself. Once you raise the kundalini, the kundalini opens the chakras a little bit, because you have given your vibrations to the chakras. So, once she knows there is a Sahaja yogi standing behind the seeker, she rises. She knows you are her brothers and sisters, and that you belong to the same family as she does. She knows the land where she has to grow, so she can feel that, and then she rises in her dignity. That's how she breaks this vicious circle.

That's why in the beginning we don't tell them about the mantras, because in the mantras you have to accept Me as the Deity.

In this advent of Mine it is made compulsory that you have to recognize Me. Because this is very precarious, the Resurrection Time we can call it, or the time of your Last Judgment. First the realization has to be given without any recognition. But not to those who are denying or insulting Me. Under any circumstances they cannot get realization, whatever you may try. Even after realization if people start thinking against Me, vibrations will stop, because of Sahasrara. And the heart has to be completely in unison with Me, otherwise Sahasrara is closed.

Now those people who are simple, who are full of open heart, such people understand Me very well and they just put Me in their hearts. After realization, after going through the understanding of Sahaja Yoga, through their mental activity, also the intellectuals understand Me and recognize Me in a little circuitous way. After the puja, when they receive the blessings, a very blissful state they achieve, then they realize the value of puja also – afterwards.

Now in India, where the puja system has been traditionally coming and has been maintained quite a lot, they understand it without any mental processes. But when they meet somebody, an intellectual, who has become a Sahaja yogi, they can't understand them. They don't want to listen about it, the whole rigmarole of the whole movement of the brain. And some of them who try, a little westernized, they try, they develop an inferiority complex, and they go to the left side. But there is no need to understand it with mental, I mean, to all the time analysing through your mental process, and then to understand everything, and then become Sahaja yogis with the heart open. This is rather very circuitous. But what to do? They have gone that way, so they have to come that way. Because even if they become Sahaja yogis, they start questioning and thinking about it, and worrying about it. So, the false people just mesmerize them and take advantage of that mesmerism. So, one should not feel bad. If you feel like analysing, you should go ahead with it, because I cannot stop your speed, I'm not going to mesmerize you.

In Sahaja Yoga the freedom is to be respected. But we do not allow people to come for puja who have not achieved a certain amount of understanding mentally of Sahaja Yoga – from the Western people, not in India, but here there is a restriction. Because supposing in India I do not explain to them, they don't want to know. They know that they'll get vibrations. They already know about vibrations, so I don't have to tell them "You will get more vibrations." If they get more vibrations, they know I am the Shakti, that's all, I don't have to explain it. Like as you can make out which is the best wine, they can make out who is the real person. They know the taste of it. Now, once in a puja I had about six thousand people that touched My Feet. So, I said, "In a puja now, please don't have – the people need not touch My Feet." I said it. But they thought it was Dharmaraj who suggested, so they all got after his life. They said, "You only want to take all the blessings from Mother's Feet, and you didn't want us to take it", and they got after him.

Another thing is, you see, in the West I never used to make the panchamruta with My Feet but with My Hands, because here people would think that that's a dirty thing feet, and we should not have of the feet. But actually, the Feet are very powerful, and they can never be dirty.

Like the River Ganges has vibrations. If you have the water of Ganges you will see that it will never be dirtied. On the contrary, whatever are inside that because it's never sort of very kept clean, whatever dirt has gone into it, it settles down and doesn't dirty the thing at all. It's very clean water, all the time vibrating.

So, one must understand whatever is pure, which is responsible for purity, which is the source of purity, can cleanse any impurity. So how it can be impure? But with the brain if you think it, it's so limited. You cannot think of something which is just the embodiment of purity.

This is the point we have come now, where I think I should talk about the Absolute. That is Shri Ganesha. Today is His Puja. It's a very great thing that this Puja we are doing in Geneva in Switzerland. Geneva is the right Heart, I think. The way it is against right Heart. Everybody's life is a tragedy, like Rama in Ayodhya. And that is why it is very important that Shri Ganesha should be worshipped here.

Now Shri Ganesha, as you know, is the embodiment of innocence. Now Ganesha's colour is red or orangish. Because the child, when it is conceived as a foetus, the first colour it sees is orange of the red wall of the mother's womb, of the blood. In Sahaja Yoga, now you must have learnt that every action has a reaction, which acts. The colour of the original, we can say the primordial Ganesha is just of the clay, because He is made out of Mother Earth. Now when the Gauri, the Mother of Ganesha created Him to protect Her chastity while She was having Her bath, She coloured Him red, because everybody could see that there's somebody sitting there to protect Her. So, when you see the red colour around you as a foetus, then you absorb that colour, and your Ganesha gets coloured with the red in the same beautiful manner. Just it has a reaction of that getting red and it acts, means red colour of a Ganesha, the one who has a red colour of a Ganesha, frightens others. They know there is Ganesha sitting there, a pure, chaste, personality with all the fieriness of the Ganesha is there. (57.30)

Now this Ganesha when He is in a childhood, as you see, when the child is born, the children are extremely protective or fiery, you can say, about anybody touching their innocence. When they are absolutely young, they are not even aware of it. But slightly, as soon as they start growing, they become very aware and they don't like their clothes to be taken out in the presence of others. They become very shy of their innocence. I mean, not shy, shyness is not – in the sense of their nudity, very shy of their nudity, so that their innocence should not be attacked. If their innocence is not attacked and if they are pure, if they see a nude woman, they'll close their eyes. (They would not like to see a nude woman, or a nude man. (1:00:47) So this is an innate understanding, an intuitive understanding that it is important that they must preserve their innocence.

Now, what is the innocence within us? What does it do to us? As it is, already I've told you that it gives us wisdom. All kinds of stupidity we do with our ego; as I was describing the president and so many others at that age and at that height of their positions, it is because the Ganesha is missing completely.

We went to Brighton where they have a beach, sort of a – beach where you can do nude things. And My maid, she is innocent, we went there, and she couldn't understand. She asked Me, "But why are they doing it?" But as you will find that in the West it's hard to find a really a wise person. You can say that the people are over-educated and they are very well-equipped with other understanding of the material side of life and all that. But as far as the wisdom is concerned, one can get shocked the way they are. I mean, just don't understand, what's the wisdom behind it?

Because all their wisdom has become nothing but sex. They always think of sex, and they always want to understand all the nonsense of the sex. If you start thinking about your sex, naturally your innocence will be destroyed right there. Because you cannot use your intelligence for sex. I don't understand the wisdom how you can rationalize sex. This is such a spontaneous thing. And by thinking about it, are you going to enjoy it? How can you? It would be like saying that we can transform a flower into a fruit by thinking. And the more serious thing is this way, that supposing you say "I can" – of course you can never think like, I hope so, that you can transform a flower into a fruit, I hope so. But some people can think that "I can shift," say for example, "this thing from here to here, with my mind I can shift it." Or materialize things. So, you know that you can do it, you believe that you can do it, because some people have done it. But as Sahaja yogis you know it is done by bhoots, by dead spirits, they do it for

you, because they are busybodies trying to help you.

Now, same thing happens as far as sex is concerned. When you want to have sex through your intellectual pursuits, you get only the bhoots to do that for you. Because when you project too much of your mind, then it goes into areas where you catch them. And they are sometimes very sly, sometimes depraved, sometimes aggressive, all kinds of things you gather, and the result is that the sex becomes a nonsense. So many depraved people are satisfied once they attack you, and you have either a very excited sex, that even if you rape hundred women you are not satisfied, or you'll have an impotency of the worst type. So, I mean, you are always left dissatisfied. All such people when they die, they also become the same bhoots, waiting for some sex fellow to come around, and jump on him.

Innocent persons also may not have any sex activity for many years, even after marriage, because they are so innocent. It could be so also with very childlike people. But here it's a science which is taught from childhood – just imagine. What is the need? Do the animals have to learn anything from childhood, about sex? They produce children too. (You have said?) So, the asceticism is not what I am teaching.

First, the innocence is protective and red, say till the age of, at the most, fifty years. Then gradually, if the person is properly maturing, not the stupid people but who are maturing properly, after fifty it starts becoming orange. It becomes orange. Means when you get married this process of this redness goes away and it becomes, starts becoming orange. That means the protection part is over. Means, before marriage the virginity has to be preserved. Till you meet the person with whom you are to be married, that redness is the protection of that virginity. Then, when you are married, the protection part of it is not needed. But it has to be only towards one person – that's your husband or wife. Then the proper maturity takes place, and by the time you are about fifty years of age it becomes orange – means there's detachment. You don't feel like having any more sex life. There's no need also. And then you develop a, what you call a proper matured innocence which is, can be compared with a properly baked earthenware.

So old age is the really the golden age, where a person has got that wisdom shining through the complete behaviour of that person. But why – again, why to have this maturity, why to have this innocence? Again, because you are rational people, so one can ask the question, why?

Innocence is the way you really give fun to others, create the fun part of it. The fun is created only through innocence. And innocence is the only way you can really emit also the fun. Imagine this world without any fun, what would happen? But people are very much confused with the fun and the pleasures. The pleasure is nice to begin with, and horrible to end with. But fun is a treasure. Anything that is full of fun you remember all your life, you can tell others, it's such an embodiment of fun-creation.

Gavin: There's no word in French for "fun"! (Laughter)

Shri Mataji: Can you imagine this French language is diplomatic – no word for "fun"!

Yogini translating into it: Amusement, but it is not as strong as 'fun'.

Shri Mataji: Fun is so strong!

Shri Mataji: Like I'll give you a simple example how these children create fun out of something. They make everything into a fun. And now, even when they speak or they say things also they create such a fun out of it. The other day My youngest grandchild, that's Anupama – she's hardly now six years – was playing and she went up to the top of the house somewhere, and then we heard a big thud. And My daughter, she's a very frantic mother, always worried about her children's well-being. Fun, eh? And she couldn't even walk, her legs became heavy with worry, and she was walking to find out what's coming down now. So, she shouted for the child and the child came running down, she was quite all right. So, she shouted at her, and she said, "What happened? Where did you go? Why did you go up?" She just started shouting at her. So, this child looked at her, quite puzzled, and she waited for her to stop her shouting. And she said very quietly, "I've not come all the way from Riadh here to die!" So, there are so many things which you write it down, it's all fun, and natural fun that they have out of everything. We can have now here all

the children who are here, there's so many things you can write them down, how beautiful things they are doing, and how there is a twinkle of a mischief in their eyes, that they want to create a fun out of everything. Fun is joy-giving, it gives you joy. It's not just a sort of a coaxing in any way, or a hurting in any way or anything sadistic in it, but it's just a blossoming.

Shri Mataji: Do you understand fun?

Gregoire: Mother, do You think it's possible if we don't translate any more, because it takes too much time for that?

Shri Mataji: I think so

Gregoire: English words, we'll tell them at the end, also the few who don't understand English, we'll explain them at the end, what You have said.

Shri Mataji: All right for you? Because I'm coming to an end, Gregoire, as I finish at twelve-thirty, let's do it for today. But the next time I think it's a better idea to translate it later. Just little bit I'll translate more, because we are coming to an end, and that's why it's taken so much time, otherwise it will be one-third of the time.

Shri Mataji: Yes, just translate this part what I've said is, that fun is nothing but blossoming. It doesn't tease anyone, it doesn't hurt anyone, doesn't trouble anyone but just blossoms, the whole thing, into fragrance. It is the Divine's trick. It has something higher than that also, that if you are innocent, you really can feel the joy. So, an innocent person can feel the joy of something which a very serious and a very rational person may never see. An innocent person may laugh loudly at a thing, to other people it may not be something funny. So, the fun-creation is not a dubious thing, it's a very straightforward, simple, a spontaneous blossoming.

Now in Geneva, people are really very serious about everything. More so in Switzerland. So much so that they commit suicide as a result. Because you are money-oriented, and you are also a sort of a, take up a role of helping the whole world. Means you are very ego-oriented, because you want to help the whole world. Who are you to help? And thirdly, you have a stupid military here which is not needed.

Yogini: Mother, excuse me, you know that yesterday it was in the newspapers that there had been again a military airplane which crashed in Switzerland, with two deaths. With Your photo next to it.

Shri Mataji: It's too much to blame Me. (Laughter)

(Yogi speaks about helicopter and new models of planes...)

Yogini: He says, it was during a show where they wanted to show off all the military strength.

Shri Mataji: That's the fun (Laughter) – that's the fun. So, everybody is happy about it, that this is the one how you see is funny. Now, to help the fun more, we have got Hanumana. He helps the fun part of Shri Ganesh. Like Ganesha who plays tricks of fun on the people who are left-sided, He plays His tricks on the right-sided people. Like there is a person who was crying too much, her husband is dead, "Now what to do? I am finished," this thing, that thing – and suddenly she sees her husband walking in the room! But this only He does to the people who are innocent. But to the cunning, He punishes. He'll go on pouring all kinds of miseries, one more than the other, and He'll say, "Now cry more, and cry more. You want to cry? All right, have it more, and have it more." And Hanumana on His side – say for example, when Lakshmana was sick and He had to get some medicine from one big mountain, He brought the whole mountain. Because He said, "I had no time to find it, so better find it now," and brought the whole mountain. He too is the same style, can be very destructive when it comes to egoistical people, like Ravana – whole Lanka he burnt.

If Ganesha is painted red, (Hanumana) He is painted orange. And as Ganesha has to settle down permanently in one place, He uses Saint Michael to run up and down the left side. While Hanumana can run up and down, He need not settle down at a place.

But though He is a settled Deity, Sthita, is the one who is to be settled – once He's settled, then He emits vibrations which go everywhere. He is the source of innocence. He is the source of the vibrations. He is everything, in a way.

When He ascends here as Mahaganesha within you, [Shri Mataji touches Her Back Agnya] and in God He descends as Ganesha – from here, on the back [Shri Mataji touches Her Back Agnya]. (While yoginis translate, Shri Mataji specifies: "Back Agnya"). So, when you think too much about sex, your eyes get ruined, because you are using Mahaganesha. Your Mahaganesha is spoilt, and your eyes start wobbling. The eyes lose innocence, purity, and they start absorbing all that is filth. The eyes which are pure and innocent give innocence to others. Not only that, but they are the eyes, are the eyes through which the Spirit looks out.

It has many combinations which I have no time to tell you, but it's a very bad thing that people get those unclean eyes, the bhootish eyes. And anybody who is bhootish around will turn their eyes to that person, because it's a play of the satanic now playing now, the negative. And that is what we do when we do not place Ganesha at right places. If we have to make Ganesha reflected in our Mahaganesha stage at this point, we should try to keep our eyes very clean, so that you keep the seat of Mahaganesha clean.

In the Puja of Shri Ganesh you must bring the soft grass also, because durva, He's fond of Durva, durva, that's called as durva because the soft grass is soothing to the eyes. Not only that, but it gives you the green part of the Swadishthana Chakra. Which – he exists when we have not started about thinking, you have not started the thinking process. That suggests that part of Swadishthana, when you are not thinking, the green part of it, the lower part of the Swadishthana is green. So, the green is the one: at that stage we have not become human beings, at that stage it represents the green of Swadishthana, where it created the whole universe, everything. Up to that it's green.

Then when it starts creating the ego it becomes the yellow colour, where it uses the sun, the action part. Not "uses" the sun but becomes active, representing the sun side. So, the green represents actually the part of Ganesha, part of Ganesha in a way, because till then you are not thinking. You are at a level where you are close to the Mother Earth, you see. So, the Mother Earth is giving. The sun part has not started when the green is there, because the Mother Earth gives this green. Of course, the sun makes it green, that's different point, but that you don't start doing it. When you start doing something yourself at a human level, the whole thing becomes yellow.

So Swadishthana has two sides, the physical and the mental side. The physical side is the green side, and the mental side is the yellow side. So now we are today here to worship Shri Ganesh. Now I would like you to get some grass from the yard. Some soft grass, because that's an important part of it. So, you should put your eyes onto the greenery to improve your Ganesha. And when it is very warm, then you can also walk barefoot on the green in the morning-time, when the dew is on it.

Those who are very overactive should take to the vegetarian diet, it will help them to become more towards the balanced side. Not as a fanaticism, but more on vegetables, and eat animals which are very small ones, it's alright. (Grass is brought to Shri Mataji)

But today I have not talked about His vahana and all that, because I've talked in other lectures. His vahana, His conveyance, I've not talked about it because I've talked about it in other lectures of Mine.

Shri Mataji: (Shri Mataji looks carefully at the grass and chooses a blade out of it:) "This is the best, if you can find it. Very thin. This kind. This is Durva. This one, it's alright. You can get more, yes. With this the water is sprinkled. Those who have not washed My Feet, should wash My Feet today. (To a sahaja yogi who brought some grass) Oh, that's good, that's the thing. You got it exactly what I mean! Exactly! This is Durva, yes. But still some of them are hard, doesn't matter. But it is this kind. They are round, with round blades. You can take out some of them? With round blades. Not the flat, but the round. Not with the edge, but the round ones. They are round, are they? Round, yes, that's it, that's it. They are not round ones. The round ones, alright? They're all flat. This one's round. Now this is flat, too. I don't think you have here in this country. I think we should get (...) This will do. You just tie them with a string, that's all, that will do, that is sufficient. Just to tie it up with some sort of a string. Just tie it up with a little string Gavin, and use it for sprinkling water. They are called as 'durvankura', means the...Ankura is the 'tingling's, tingling's of that.

Discussion among yogis about traditions in usage of grass (A yogi says that in his country this grass is used to package Easter eggs for children).

Shri Mataji: In this?

Other yogi: Also, in England.

Shri Mataji: What do they do?

(Yogi says the grass is used to package Easter eggs for children)

Shri Mataji: Just see. (A child brings more grass). Oh, that's correct. Yes. (...) Good, thank you. Just tie it up, this one also. Good. Can you tie this with the string also? That's it. Good. Ah, you got some more. (Shri Mataji ties the grass into a small bunch). It's big. Better to have the bigger ones, Gavin, because we haven't got much choice. Now those who have to wash Me ...use it for sprinkling on My Feet. (2:00:54) Those people who haven't washed My Feet should come forward.

(Gregoire speaks in French to some yogis)

Shri Mataji: Let her come, let her come. I'm so happy you could come! So nice to see you! Alright. Now come here. Now Gavin, one should do the washing and somebody should start reading. You can ask Me, yes, come along. Good, good, good. Now this will be after the puja, alright? So, all the four young children, where are they? Four. Where's Arneau? (2:02:05) These have to wash Me first. Now. What about these four things I gave you? For the children. Alright, where have the children gone, four of them? Alright, we'll have these four. Come along. Alright, now, come along. First of all, the children should come and wash My Feet. Come along. First of all, all the children. Come along, come along. Hold on. Wash My Feet, put some water. I think – where is she? Mari Amelia, Mari Amelia, and also, the yellow one, you bring from there, one yellow one. Rub it hard, rub it hard. (Gavin takes mantras in Sanskrit) Alright, have done the job. Now. (Gavin takes more mantras in Sanskrit)

May God bless you all. Good.

Shri Mataji: (Unclear) – is younger to her, is he?

Yogi answers: Yes, he is younger than she is.

Yogini says: Barbara is younger.

Shri Mataji: Barbara is younger, alright. (Gavin continues with mantras) Louder, now this is for you. (Gavin continues with mantras) (Shri Mataji presents some scarfs to the children) Hello, this is for you! For doing the puja, alright? (...) should be given dakshina, you see...Alright. According to the sizes I've given, to their age. Alright now. Now take out the thing. It is to be given to the people...after children they'll do it. They have to put it on their heads. Ask (unclear) to do it. Something should be under My Feet, a towel, somebody should...I think somebody who knows this should be here. Somebody to wipe My Feet, can you? The other one, who doesn't have a camera. Come along. Come along. The towels could be there just to wipe My Feet. Just to put it here

(Gavin recites a stotra. Shri Mataji explains and clarifies some of the names/terms used) (2:08:14) Today cannot be Dwitya, has to be Chaturthi. According to Indian, is Chaturthi, has to be. Or Chaturdashi, could be. When was this rakhi? (Yogi: Seventeen, sixteen days ago). Sixteen days ago, so it is after rakhi. (Gavin: Two days after new moon). That is, two days after new moon it is. It is, has to be Chaturdashi, fourth day, has to be in Indian time. Because Chaturthi is the day He is established, Ganesha is established on this Chaturthi – because Indian, is different, little bit particular. Must be starting now, about 12 o'clock, Chaturthi. Chaturthi. So, you need your translators.

Gavin: (Laughing) It's just started, a few minutes!

Shri Mataji: It's a Chaturthi, has to be. You see how it works out? Now, those who have not washed My Feet have to come. Now what you do is to take that thing now. Use this for washing. (Shri Mataji tells people to rub the Feet hard). Those who have not washed, please come. The lower part, yes rub it hard, hard, Tell her, very hard. Just turn, this water for drinking, good now, alright. (To a yogi): Now you realise that by rubbing My Feet, you've got your vibrations more. So rationally you understand.

May God bless you.

Shri Mataji: Are you getting more now? Others can come! (2:13:51)

(Gavin continues reciting mantras)

Shri Mataji: Not to hold but to rub, more. Not to hold too much but to rub. Better now? Good. Has he been to Hari Rama? But he has done some mantras? (unclear) Right Vishuddhi. (Unclear) Better now? Now he has to read about Ganesha...Artharva (conversation continues)

Your fingers should be rubbed, your fingers are to be rubbed, not Me. Alright. You are to rub your fingers, so that they become more sensitive. Alright? Come here, come. Read loudly. Loudly. Now. Listen to what he says, alright? Now, he's reading, listen to him.

(The divine essence of the prayer is read: Let Your presence be awakened...Shri Mataji comments:) That means awakening of Christ within us. Awakening of Shri Ganesha within us.

(To a person who has washed Her Feet) Now enjoy (yourself?). Now the flowers. You can put these first I think. First of all the washing should be done, all the washing should be done first and then...so, would you like to do of My feet or hands? (Yogis: Your feet) Alright. Get somebody who is free. You come along. You can. Yes. Brilliant. You come along. These two can, yes. So, what we can do this, we can work hard, because there has to be Swiss, and she is German, so it will help both. You come this side. Alright? Now. You pour the water; you will be in charge of water. Now you'll do the rest, now tell her whatever is to be done. Yes, Panchamruta. Whatever Gavin says.

Shri Mataji gives instructions throughout and Gavin recites mantras. (Two ladies come to wash Her Feet. One small spoonful of water is put on Shri Mataji's hands. She puts the drops into Her mouth and on Her Sahasrara) So your Mother doesn't feel thirsty. Alright. (...) First is the ghee... (Then the two ladies rub the Amrut elements on Shri Mataji's Feet). We need more milk. Milk is the last one, is better. Little bit. He's taking a photograph. Now have they got the milk? You put some water. Some sugar in between would be better. Water. Pour some more water, a little bit, on the toes. (Unclear), Rub it hard.

Shri Mataji: Such vibrations...her hands are shaking! Put it down. Her hands are shaking through vibrations! Just put it down. Such vibrations are there...Tremendous. This has vibrations also, just put it on your faces, and see the vibrations,

May God bless you, turn around let them see on the faces, you can see the vibrations.

May God bless you.

You have to be careful, you have to put flowers, now what about other things, married ladies. Alright, I think first the unmarried should put,

Unmarried ladies. In Sahaja Yoga you hardly find them! We have seven, I think. Three, four, five, six, seven. We have, somewhere, great. We have seven I think Good. Annie, come along, you aren't married. Or are you married? (laughter). You just have to start, that's all. Just put the line, best is put the line through it, just put the line, the front line, just put the front line then it's better. Maybe (unclear) from where did you get this? This Kum Kum is very red, Shri Ganesha is there. Yes, no, Ganesha. But you have to

do the Havana later...you can do 108...or Devi's names. Devi's names you can read, what Gregoire has given you. That's a good one. Gauri's names, yes. She's Gauri, see, She's the One Virgin, is the Mother of Shri Ganesh, so Her names can be read. You can read the names of the Virgin that Gregoire has given you. In French, somebody, and in English. Gregoire can do it.

Gregoire: I'll read in Latin and then I'll translate in English?

Shri Mataji: Yes.

(The Kyrie Eleison is read in Latin as well as the names in Latin of the Virgin Mary. The yogis reply "Ora pro nobis")

Married ladies, how many of you came? Unmarried ladies? How many were here? Seven. So, can you bring those plants? Seven plants should be given to unmarried people. Seven plants, that we brought. Begonias. Alright. I'll give them. Come along. You have to look after. Unmarried. They are eight, bring one more. They are all coming from the heart, that is London! Bring one more. We have a lot more. I think there are two more are there? Two more? Two more, or three? Two. Bring two more. Two other, two virgins were here in the beginning. Who? Barbara and the other. Yes, your daughter, yes. They have the special day of the virgins and the children. Now where is Barbara gone? Who never married? Never married ladies? They are virgins too. They never married. Madeleine was married? How many more left? Three more. Alright, three more.

(Lady says something) But still you are a virgin. Virgin is a virgin and she must be respected, whatever may be the age, alright?

Now there are two boys, three boys left, is it? Let them give, let them have the three boys, you see, they should not be left unhappy. That solves the problem. Shouldn't make them unhappy. We have exactly three for the three boys. Come along, the boys. Where are they? That is their day today. Alright.

May God bless you.

Look after it. Alright? Now where are the other, other two boys? Matthew never came for the puja. Here, but he didn't come at the time of washing. What was he doing? Where were you, Matthew, at the time...why didn't you come? You are a boy! For little boys, alright? Now this can go to Vincent, because the little are to look after the plants. You have to look after it immediately, I think. They are in a big mess. Where is he gone? Just call Vincent, that's all. (The child takes the plant; the yogis around make admired comments about him).

And how seriously he lifts his Kundalini, you should see the way he lifts it and how he ties it, wonderful to see how he does it. (A child takes some food and the adults react). What about (unclear) now. Some flowers, one rose, some flowers. That's the beauty of (unclear) the right thing.....Nothing serious, nothing serious. Let him have some something to eat. Get him something to eat, now I have had, eaten something, now you can give to everyone, because for the children specially. Give it to children, the Prasad. I've taken the Prasad. Now what else? Now for the married ladies. Married Ladies. To the children, to the children, just to the children. Where are the other married ladies? (Name unclear) Come along, all of you who are married. All the married ladies, come forward. Alright. Let's have two sets of people. How many are there? Alright, we can manage. Who else is there? All the married ladies come forward. This is not for you, it's for me. Alright, there's another set. There's one more, Now done, you have to put it in my hand, Now the red, now the green, now the red, now the green, thank you, now the red, the green, now the red, the green, now the red, how they tingle, they create fun (laughter). Now my hand is to be done, (Mother gives instructions) use this finger, agnya finger.

(The ladies put the bangles on the wrists of Shri Mataji following Her instructions.)

1982-0823, Lunch and Program, Proving the Existence of God

View [online](#).

23 August 1982

Public Program

Temple de la Fusterie, Geneva (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

I bow to all the seekers of truth. It is such a great fortune that I should be given this opportunity to face so many seekers of truth in this international city of Geneva. There has been never such times, such great times, where you have seekers who were just trying to find out the truth, the self-knowledge, the Spirit, and were not satisfied with anything else. This seeking that has come today is so much exposed and manifesting. It is the work of thousands of years of the seers and prophets. In this materialistic advancement, when we have gone too far, the Tree of Life has grown too much and it must find its source to sustain itself.

With this background, we are here today to know about the truth that we have to find within ourselves. All the scriptures, whether it is Bible, Koran, or any Indian scripture, even Lao Tse or if we go to Zen or Buddha, Mahavira, all of them have said that you are to be reborn. Those who have talked about the rebirth, traditionally, I think in India people have really worked very deeply, in meditative way, to find out what are we to find.

The existence of this primordial power within ourselves - called as Kundalini, in the triangular bone - was known to ancient seers for thousands of years. This is not a new knowledge which I am telling you about. You'll be surprised that the bone is called as "sacrum", which means sacred. When I went to Greece, I tried to find out why they called this bone as "sacrum" and I was amazed to hear from them that they had a report with Indo-Aryan groups of people coming there and talking to them about this power.

This happened much, much before Alexander went to India. Now, it is for us to see if in other scriptures, also, it is mentioned. In the Bible, they have mentioned about the Tree of Life. This is the Tree of Life which you see here, which Moses saw, which he talked about. Then, it is said that you will be comforted in such a way that you will know my Father, forever, said by Christ. The sentence that Calvin used, was that "their work will tell you".

We have to understand why this was so important that "their work will tell you". In the Koran it is said - all the future things they have said about themselves: "your hands will speak". In the Koran they have talked of the resurrection time that will come, when your hands will speak.

Now, let us come to the point – of "work will tell". Now, we understand work as human beings, as we are. But what is the specialty of the work that Christ was talking about? If you think that for collecting money for the poor was the work, that was done even much before Christ. Or, if going to the churches and talking to God or praying to God was the work, then it was done before and even today we can do it.

If asceticism was the work one had to do, it's done in many countries, even today. If the Laws of Sharia which are followed these days in the Islamic countries, which are described in the Levi of the Bible in the second chapter, then if they were to be done, they were, or they are, already done. What is the specialty of the work that will be done today, when it was said that "their work will tell"? Man can do work on physical level, can do on mental level, can do on emotional level. But he cannot do work on spiritual level unless and until the Spirit shines through him. And when the Spirit shines, what should happen to us? For the first time, you start doing the living work.

For example, we cannot transform a flower into a fruit. So many living things are done everyday, we see, which we cannot do. In the human body itself, when a child is conceived, according to the laws of nature it should be expelled immediately because it's a foreign body. But not that it is kept there, it is nourished, it is looked after, it is protected and the right time: it is thrown out of the

body. Who does this work, is the point. We take these things for granted. For us, our evolution from amoeba to this state is taken for granted. Why not the scientists answer a question: why we are made human beings? What's the specialty? Why should we have not been left as amoeba only?

So, we come to the conclusion that there has to be a purpose of our being human beings and all this work has been done by some power, which is beyond human power. This power is the All-pervading Power of Divine Love. This Power is the one which coordinates everything, sorts out everything, which is so organized that sitting down here, if you know this Power, you can know about another person. But so far, we are not connected with this Divine Power. This yoga has not taken place. The Spirit that resides in the heart is not in our attention. On our central nervous system, we cannot feel it.

So, there is some sort of a transition into which we are. We have not achieved our full, full meaning, our full understanding about ourselves, the complete self-knowledge. So, we have to know that there is something that has to happen within us, which is a living thing. Because our evolution is a living happening. Dead things don't evolve. Is the living things that have evolved.

In the Bible it is said that He is the living God. Perhaps we have not been able to see what it means that He is a living God, means that He does all the living work. So, now, the work that you will have to show and do is not some sort of a dead work. Like: a tree dies and you make a furniture or you get these stones from somewhere, building is erected. Is all dead work. From dead to dead. But, it is the living work that you have to do. So, something more has to happen within us, so we do this living work. It is all within ourselves. It is only [disturbance in the crowd]. This is satanic. Is he drunk? Don't disturb, I will allow you to ask questions later. Be decent. Don't argue. Hello, hello. Hello, mister, just a minute please. Don't lose your temper. Sit down. Be decent and you have to be a decent man. It is indecency. No, no, no, it is indecency, it is indecency. What is he saying? What is he talking [UNCLEAR about]? Oh, I am just telling you about Christ. Let me come to Christ now. Does he know Christ more than I know? I am coming to Christ. You see, he has no patience. He must learn from Christ, how much patience he has. I am here to tell you all about Christ, what else? He doesn't know anything about Christ. Just saying this is only Christ, Christ. Christ is not going to recognize such people!

Christ has said himself in the second chapter of Mathews in the second verse, "You will be calling me, 'Christ, Christ' and I will not know who you are". In these four years of his little time that human beings gave him, how much he has warned you! But one thing, at least, one should learn: to have patience and understanding.

So, here we are. We have to do the living work. And how do we do the living work? So that, we should feel that this is something very different from others. For example, somebody is dead and we feel the pulsation of that person and there is no pulsation, we say he is dead. Now: it pulsates. Means : it lives. So, the first thing that happens to you that you see: there is a pulsation. You see actually the pulsation of the Kundalini in the triangular bone. And you see the pulsation rising, with a stethoscope: you can see the pulsation rising up to the head here. And when the pulsation rises here, then gradually it dies out and you find the cool breeze of the Holy Ghost coming out of your head, your own head!

Then, for the first time you start feeling the All-pervading Power of the Holy Ghost as cool breeze around. So that you become subtler. And to become this subtle thing, the God Almighty has placed all this within you. If there is no connection with Him or with Christ, what's the use of talking to Him? Those who talk of Christ and Christ and [UNCLEAR]: what have they done as far as religion is concerned? Is not the buildings; is not the organization that Christ wanted. He wanted: you are to be born again!

There are some people in America who believe they are born again already; they are selfcertified born again. This happening is the actualization of your baptism. It is not an artificial thing. The authority has to come from God and not from any other place that you can baptize people because you should see [UNCLEAR] being baptized, actually, it should happen to you.

All right, today you are following certain dogmas. Go on following, but a day will come when people will ask you: "This is all artificial". They are all intelligent people. Today the young people are so intelligent. They are going to question you and they are going to question God. They are going to deny that.

I can give you a concrete example that in Algeria, the people, young people, started feeling that there cannot be God because these fanatics that are around cannot be representing God. So, there cannot be God. So, let us become Communists. Their fanaticism is so blatant and so open that you can see the fundamentalists are fanatics but fanaticism can be very, very sophisticated. And then, you'd be surprised, one of them came to London, got his Realization. When he got his Realization, he went back and told all the young people who were thinking, they had already formed an organization, communist organization, he said: "There is God". And he himself got five hundred people realized.

Do you follow that the existence of God itself is challenged today and we have to prove the existence on actualization and not in talking and doing all the blah, blah, blah? We have to give them concrete example, concrete actual facts.

Now, how it happens is the thing that I am going to tell you tomorrow but I must talk about Christ because the gentleman has already been thinking that Christ is in his pocket! The way he talked about Christ!

When I tell you about it, you need not accept me blindfold, not at all, but you should keep yourself open. Christ exists within ourselves in a very small point, there: on the optic chiasma, in a very subtle point called, in Sanskrit language, as Agnya Chakra. Now, if it comes from Sanskrit, it doesn't mean it's Indian, because they knew about Christ fourteen thousand years before you could know. Markandeya, who existed fourteen thousand years before Christ, we can say, or maybe twelve thousand years before Christ, has written a book called "Devi Mahatmya", is the holy importance of the Goddess, in which he has described Christ, very clearly. He is called as Maha Vishnu.

All his formation, how He was formed and how the Immaculate Conception took place, all these details are there. Is described, most of His life, the details about it, even up to the point that He will be the support of the whole Universe. But the people who went from here, who were talking of Christ, never told them that Maha Vishnu was born. They were such closed-minded people. They did not want to know about Him from any other source. Also, they went there, the kind of Christ they presented was horrifying. In one hand they had the gun and another hand they had the Bible.

Many people, till today, believe that Christ was born in England or in Switzerland. They converted poor people by giving them money, making it so cheap, the whole thing. They converted people by just putting some bread there. All these tricks they played and the poor Indians did not know what it was like. It was more a sort of a material [UNCLEAR].

Christ himself has said that "Those who are not against me are with me". Who are "those"? It is said in the Bible that, "I'll appear before you like tongues of flames". Who can explain this? Except that when you see this Kundalini rising you can see these chakras burning like beautiful flames. Christ was the embodiment of innocence which came on this earth. He was the Logos. He was the First Son. He was the Brahma. And when He came on this earth, He tried to talk to human beings who were insane. But they can be forgiven because they were not realized souls.

Now, he is placed within us at the Agnya Chakra because that's a cross there and He was specially made for a very special job: to cross through that suppressed point. When a man starts growing, human beings: they start developing their ego. And whatever conditioning they have: is the superego. We can say, in other terms, that they are their karmas and their sins. Now, when these two things meet on the fontanelle bone area, calcification takes place and you form your "I"-ness, that you are Mr. So and Mr. So.

When the Kundalini rises and she passes through this point then she sucks-in both these balloon-like structures of ego and superego. That means you get rid of your sufferings and of your karma, of your actions. Now, between these two, when they meet each other, there's no space at all. So they have to put the embodiment of innocence itself, the embodiment of the Brahma itself, there, just when Kundalini rises, that it can just suck-in these two things in our heads, which are causing this ignorance.

So, when He said "all of you have to pass through the same gate", this was He was meaning that, when you get your realization, the Kundalini has to pass through the same Agnya Chakra, to awaken Christ within you.

Now, if we want to see if there is Christ or not, we can verify on [UNCLEAR] with our vibrations. Because, when the Kundalini stops here, at this head, we have to say Lord's Prayer. It is a mantra; it's a chanting. The person who is a realized soul has to say - not the person who is seeking realization, but the person who is a realized soul - has to say the Lord's Prayer, which is a mantra, which is not to be challenged, which works out, and you find Christ opening this gate and you find the Kundalini passing through very beautifully.

So the message of Christ is of resurrection and not of His crucifixion that we have to suffer. He has already suffered for us. Do you want Him to suffer more? Did He not suffer

sufficiently enough for us that we should suffer anymore for our spiritual growth?

His message is of joy and of rejoicing and not of crying and [UNCLEAR] with despair.

When the Kundalini rises and opens the Agnya Chakra you can see clearly that there is a depression in your head. Actually, you can see with your eyes there is a depression in your head as you had in your childhood. Absolutely, you can see it clearly. If there is somebody, a bald-headed gentleman, who can see the sucking of these, clearly, with your own eyes. If you are truly honest to yourself, you should know that you haven't yet found that, and if so: we should find it because it is your own. It's your own property.

It's all your own. There's nothing that I am going to do much about it except that I, like an enlightened light, I can enlighten another light and then you can enlighten another light.

There was a lady who told me that she thinks she is already a realized soul. If I believe that I have a lot of money in the bank here in Geneva, will I be able to cash my checks? I have to be sure about my bank account. In the same way, to live in the myth that "I am this. I am that" is not good for you.

After realization, you become collectively conscious. You become. It's not just "Oh, I believe in it. I believe". It just happens to you that you start feeling another person on your fingertips. Your hands start speaking, your hands speak, you know what's wrong with another person and also you know what's wrong with you, within yourself, what centers are catching within you, the subtle centers that are there. And when this happens, you are sure about it, what's happening; but only this is to be decoded and you are to be told that what does this finger say.

For example, a person had asthma and he came to us and we asked him "Have you got asthma"? So, he said "How do you know? Oh, because I was drinking heavily", he said. Then I said "What about your father?" "Oh, I am not talking to him. I have nothing to do with him. He is a hopeless fellow. I don't want to have anything to do". Now, can you believe that if your fatherhood is challenged, you can get asthma? Whether your relationship with your children or relationship with your father are in little bit topsy turvy way, then there is a problem of asthma, can come. Even if the father has died without seeing you and there is a feeling left in you mind, "I couldn't meet my father", you may get the problem. If the child dies and the father feels, "Oh, I lost my child", also you might get the problem.

Say, if there are ten children who are born realized and if you ask them to put their hands towards a seeker they will put up the same finger saying, "This is the trouble" because it will burn and they will feel the burning on the finger. Absolutely all of them will feel the same finger. But you find out from that person, whether he has any throat trouble or he smokes or he talks too much: the right side of his Vishuddhi Chakra is catching, you'll be amazed, he'll say "one of them are very true".

For example, the gentleman who was shouting just now is really anti-Christ, because his center of the Agnya, this center of Christ, was caught. That, supposing a person has got ego and if you tell him "you have got ego", he'll hit you hard. But, when you get realization, you see this [UNCLEAR thing] catching, you know its ego, you come and tell me, "Mother, my ego is horrible.

Please cure it". Because, after realization, you become the Spirit, you can see your ego, superego, like a clock we see, when it's taken out. We are not identified anymore with them. We are identified with the Spirit. Once this happens, the maladies disappear, automatically.

We had a boy, just like this one, I remember, in Brighton, who came all drunk and he was shouting at Me something, I didn't hear much. So, I told him, "All right, don't shout just now. Go home, sleep and come and see Me tomorrow". And I gave him the realization next day. He left his drink. I never told him anything. Because if you find the nectar in your life, why do you go to anything like that, to alcoholism?

So, why should we bother as to what habits we have got or what wrong we have done, because in the West I find everybody has only one great problem: is that they feel guilty for nothing at all. All the time they are feeling guilty. For what? I don't know from where this mind has come to tell you that you are guilty, you have done this wrong, that wrong. Actually, we have complicated our lives so much. We are not simple people. Even if we put a spoon this way you'll feel guilty. "Oh, God! I put the spoon that way!"

In the eyes of God, you are not guilty. You haven't done anything. Why are you guilty in your own eyes? Why are you judging yourself like this? This is the biggest problem. I always find in the Western mind that is all the time indulging into a mythical guilt. It is in England, it is in Switzerland. You go anywhere up to India; everywhere you find it. But Indian never feels guilty, only if they murder someone, they are another limit!

So, one has to know that we are just ready to have it and we should get it. It's an actualization which has to work out within ourselves. For that, you don't need any lecture as such. With children, I don't need any lecture. It just works out. But, with grown-up people have, you see, built up yarns after yarns of our own understanding everything. So, I have to little bit uncoil it, so that you come to your logical conclusion, that the essential thing is to be the Spirit.

Now, you have denied Christ when He came here. Is a fact. It was stupidity. Now, please don't deny Him again.

I have no surplus to give you; I have no buildings to show you, nothing! You are my temple and the Christ is within you. Only the light has to shine through; that's all. Of course, it goes without saying, that you cannot pay for it. It's absurd. I mean, I just don't know how to explain this point that you can't pay for these nonsensical ideas have come onto us that we can pay for God. God doesn't know any money. He doesn't know banking. I must tell you this.

What do we pay for? Is all human-made things we pay, not for God's things. Did we pay anything to become human beings from monkeys? It is all effortless. Also, you cannot put in an effort. Some people think: standing on your head, you can get to God. I mean, imagine, how can it be? So many animals do that morning till evening. Are they going to get to God?

Even eating this kind of food, that kind of food, will get to God; it's not so. Only thing, your health may be all right, because of the kind of food that you eat, but that cannot get to Spirit, which is beyond material things. If vegetarianism is going to give you God, then all the cows of Switzerland should go to God much before than you can go. So, in this way you will understand that all these ideas are just self-destroying. Even the self-indulgence is also self-destroying. Too much thinking is much more self-destroying than anything else. And too much planning is much worse.

I will tell about this center tomorrow to you, what happens to us when we live in the futuristic way. And then you will realize that the way we are always thinking, actually we are harming ourselves, morning till evening. And the balance has to be established before you get your realization. All the religions came on this Earth just to give you a balance, to tell you about the sustenance, which is important: is the quality of human beings, how we have to be. They were all living flowers on the Tree of Life which were plucked by everyone saying "This is mine. This is mine" and when they became dry and ugly, we are shocked [UNCLEAR].

The best way to know about yourself is to go to your enemies. For example, if Christians goes to Jew, they will know, they will feel that the Jews are the only safe ones; we are all going to be doomed. Then the Jews should go to the Muslims to find out about them and the Muslims should go to Hindus to find out about them. All are living in a myth, I feel, and I really sometimes

don't know how to convince them that please, be facing your reality, which is the [UNCLEAR ... one]. Be prepared to face the reality which is so beautiful, that is within you. Please face it.

So, it is, is not very serious. You have to be cheerful, not to feel guilty at all. You see, if I have said something that upsets you, please don't be upset. Forget it. Only thing you have to do is a very simple thing, that you should know your own glory, that you are the temple of God. Do not condemn yourself. At all! You ask Me for the real and not for unreal things. For example, somebody's sick. Let him get his realization; he will be completely cured. Everybody can be cured with realization. The people who got realization in Geneva, you can ask them. They never go to doctors anymore and doctors should not mind that.

Today is the first day, I would like you to ask Me questions, but not in a way the fellow was frantic and mad. There's no need to be frantic with Me, because I cannot get frantic at any cost. So, please ask Me a question, in a proper decent decorum way that behoves a good citizen of a good country. Now, for example, if somebody like that wants to give a lecture, he can arrange himself and have people and talk to them. I have no objections for that. But when we have arranged this with a purpose, it should be such, that people who have come here for a purpose should not be disturbed. In all civil sense, it is so. What am I doing? I am not doing anything wrong, am I? So, please ask Me questions. I have no objection to that. I will be very happy to answer your questions before we start the realization.

[Aside remarks in the hall...]

[Shri Mataji] ...If you could open the door, the vibrations [UNCLEAR]... Little loudly, alright... Can you hear Me?... What is it?... Alright, just a minute, that's alright, now be decent about it, sit down, we've understood, sit down... What is the question?... [yogini] The question is that [UNCLEAR this gentleman says that] Christ said on the cross that "Everything is accomplished" so, what is now this Realization? [Shri Mataji] ... is accomplished? When did he say that? [yogini] No, he said "Everything is accomplished" and then He died.

[Shri Mataji] It's wrong. He cannot say that. I don't believe it. Now, this is a misunderstanding. "Everything is accomplished": when He said so, is correct. Is accomplished as far as He was concerned. You should not sort of try to mislead people with that. You see, this is the trouble: people try to fix up everything like that. For example, now see what is the thing that Christ has said when he was at the cross when he was dying. He said that "Everything is now accomplished." He came on this Earth to play this drama of crucifixion because people were so stupid and idiotic, because he rode the donkey to show that, and he said, "Everything is accomplished". He was meaning that He had accomplished the work that for which He has come, is to suffer for you people.

[Yogi speaks in French to the public]

[Disturbance in the crowd]

[Shri Mataji][UNCLEAR] Just a minute. Just a minute I have not finished as yet. [UNCLEAR] He has no patience of Christ. Sit down. Just a minute. Sit down now. Sit down. Sit down. [UNCLEAR]

Now, to believe that He has accomplished everything, that nothing is to be done, what have you got out of it? What have you done yourself? You ask yourself. You face yourself. Bible is not going to support you. You face yourself and tell Me what have you done yourself in life. Have you been able to get rid of all your temptations? Can you say that you are a perfect man? Is it? Let's see what have you accomplished yourself. Let's see. [UNCLEAR sit down]

[UNCLEAR That lady should sit down. They are very impatient. You are not Christians at all. Have patience. Please sit down, madam. Andre, let me talk to them. Just a minute, madam. Please sit down. I have not yet asked for you. Now.] Impatience, you see, like jack in the box. Without any knowledge, without any knowledge they talk. Now let us see another point. Now this is why people say, let's see why people say that Christ has said "everything is accomplished". It's an escape. That's the best way. Christ has accomplished for us so we just take the Bible, go around, we are all right. This is an escape.

Now, one thing, sit down please. Just a minute, I have not finished answering you. Just a minute. Now, why people do this, is another denial. You see, they'll will find out things by which they will deny the truth. They want to deny the truth and that's everywhere.

Now, the question is – just a minute madam, just a minute. You are very clever people. Just sit. Now listen to Me. [UNCLEAR Just a minute, just a minute, please, I'll give you a chance. No hurry. Sit down, sit down, sit down. I'll ask you to [UNCLEAR] (laughter). Now listen now. Now just a minute, madam, just a minute please. Will you please let me tell you this subject fully.]

[UNCLEAR Now what happens? Now this is the one point.] Now, the Muslims say that Mohammed was the last Prophet, all right? So they have a right to rule over everyone. Now, what we achieved that by accepting certain things, make believe, have we achieved something in our awareness? Let us face it out. You see, we should find out: have we achieved anything in our own awareness; let us see with our own eyes.

Then why Christ said, "I will send you a Comforter," if He had completely accomplished?

Why did he say that He will send you a Redeemer and why did He say He will send you a Counselor? He must be shocked, the way people - in His name - have created such barriers against truth itself.

Now the second question, please.

[Lady in the audience talking]

All right, just put it in short, madam. You see, some people ask questions just to show off they are there. Don't do like that. Just ask a precise question. Yes, yes, but that doesn't mean you take everybody's time, madam.

There is a group of people who have come here to disturb us. This is satanic, absolutely satanic to have a group there. Sit down. Will you please behave yourself now.

You see what I am saying? For that you must have some patience and you must come to Me. I will tell you how we are saved and how you can do His work.

Don't you show the Bible. When they say by giving Bible to someone they can cure alcoholism, can they? That's a group there. You cannot do anything. I have cured the cancer of the President of India in ten minutes. Can you do that by talking about Christ? Because you are not connected with Christ. I am connected. Better write to him and find out. Tell them to write to him to find out. He's there. You'll find out in ten minutes.

Now, by talking like this about Christ what have you achieved yourself? You tell Me. I am asking you a question, madam. What have you achieved yourself as far as you are concerned? No, no, just tell me what have you achieved. Have you been able to convince somebody to give up even a drug addiction? Have you been? But, that's something once in a while.

[Lady in the audience talking]

Nobody is interested in you. Who is interested in her? Is there somebody? You all just say no, no. You just say no to her and she is all right. We are not interested in you. You go away. We know why you are here. Will you please now go away? You are very indecent.

No, you can't. You can't.

[UNCLEAR Give him a flower. [disturbance in the crowd] No, not for you. This place is not for you. You can't use, I am sorry. You

have no business to have this showmanship at our cost. We have come here. We have got this hall. You have no business to have a showmanship at our cost.] Please be humble like that. Christ would not behave like this. Get out. Talking of Christ and behaving like brutes. Imagine! This is Geneva! This is Geneva! Very sad, very sad.

At least, thank God that there is Khomeini to show them. He says the same way. He talks like that. He has message for the whole world. All right, go, go.

Will you please ask this lady to go away? It is our right to have you here or not. Please go. Just ask them to get out. Will you please get out? There is a bhoot there. [UNCLEAR please give them a bandan) You should not disturb others. Please, if you don't want it, go away. Nobody is forcing you. Will you go away? You should not try to aggress other people. You are very aggressive for Christians.] Better call the police.

[Disturbance in the crowd]

[UNCLEAR]

But those who are honest to themselves, must know that the book reading is not going to give you Christ, by any chance. Christ never read any book. And logically also one can understand, if God is for everyone then He cannot be only for people who can read. You are very nicely settled in a very nice affluent country but I am sorry to say that you lack all the culture that we have in a poor country like India. If these people want to meet Me I'll be very happy. They can come and have a cup of tea and talk to Me and tell Me what they think about it. But this is very aggressive and very indecent to behave. Where there are three, four people who have come with the idea of disturbing, it's very destructive.

Christ is the one who controls your ego but what I found that these people are very ego-oriented. Because they can read Bible they think they can do what they like! That shows that these people who aggress have not imbibed Christianity. It's only the books that they know in their heads that's all not in their hearts!

Now, at least I hope they'll behave like decent people and sit quietly. If they want, they can hire this hall and do what teaching they want. They can preach but they should not aggress somebody who is not doing anything wrong to you. I have not done wrong to anyone so far. Always the fanatics have always attacked the saints, no doubt about it. Everywhere, in every country, they are attacking. Because they believe in a book but not in their hearts. There is nothing like in the heart. But still you must forgive because they are naive, they are blind, they can't see. What can you do about it?

I am sorry, because I am too simple to [UNCLEAR] and that's why [UNCLEAR] people jump on Me. [1:39:24]

1982-0824, To understand Christ, you have to be a subtler being

View [online](#).

24 August 1982

The Function Of The Liver

Public Program

Temple de la Fusterie, Geneva (Switzerland)

Talk Language: English | Transcript (English) – Draft

Public Program, Day 2 (morning) , Geneva, Switzerland, 24-08-1982

So today we have to find out people who came yesterday and felt the cool breeze. New people who came yesterday and felt the cool breeze, please raise your hands. Now all the others, inclusive of you, please put your hands again [UNCLEAR]. Now also see, looking at Me, if you can become thoughtless. If not, you have to say - Mother, I forgive everyone - that's [UNCLEAR]. Say it from your heart.

Are you thoughtless now? Those who are not, just close your eyes. Now see on your head if there's cool breeze coming. If there is a hot breeze coming, if there is heat coming out of your head, then you must know that there is some obstruction within you. You must again say - Mother, I forgive everyone - because you know Christ has given us this weapon. You should go and say - Mother, I forgive everyone, forgive everyone. Whatever is said, is absolute truth, but we must know the subtle side of Christ, otherwise, we never [UNCLEAR/understand Him] if we just read something about Him.

Is it cooler now? Or still hot? If it is hot, then put your left hand on the liver. Put your right hand towards Me and the left hand on the liver. [Pointing to somebody - Other way round]. Look at me, right hand towards Me and left hand on the liver.

Translator - Everybody or only those who feel the heat?

Shri Mataji - No no, everybody can put, there is no confusion. The other way round.

Liver is a very important organ in our body. And for our Realization, it is very important to look after our liver. Because liver nourishes the attention.

Today I want to talk about the function of the liver and the second chakra called as Swadishthan to do [UNCLEAR]. And as the Spirit has to manifest in our attention, we have to clean our attention. That purification is only possible if you are a Realized soul otherwise you cannot purify your attention. I have seen people who are scholars of Bible have been drinking like a [UNCLEAR], smoking like chimneys, behaving like bhoots. But after Realization, once you are Realized, then you cannot do it. Because then the [UNCLEAR] is awakened within you, actually is awakened within you. So in Sahaja Yoga we don't have to say, don't do this, don't do that. Automatically it [UNCLEAR/fixes] you.

Now so, are you getting the cool breeze in the right hand, see for yourself. Now put your left hand towards Me. Very hot, yes? That's [UNCLEAR]. First time he was [UNCLEAR] after Realization, before that [UNCLEAR] it is there.

Is it better now? Give it a balance to yourself when you are waking it up, you have to wake your left side, that is the emotional side [UNCLEAR] and the exhausted side, that is the right side, you have to tell the All-Pervading power [UNCLEAR] on the right-hand side. Thus you give yourself a balance. Do it several times. Put it from the right, take it like this right and left hand, pull it out, put it on your head, right above your head and pull it down. One. Then again [UNCLEAR/it is] twice. The other way, other way, put left [UNCLEAR/hand].

Now, once the balance is established, now you see in both the hands if you are feeling the cool breeze. In the Western countries, most of the people have more heat in the body and if you go to the African countries, you find they have frozen hands. They feel frozen in My presence. But could be some people, in the Western countries, also could be left-sided and they say we can

[UNCLEAR/freeze] also, having problems of left side and could be some people having problems of left side which means they are lunatic means black magic and all those things, all that [UNCLEAR] on the left-hand side.

So now those [UNCLEAR]. Alright, now those [UNCLEAR], those who are now going to give Realization to others, because now you are the one with Realization. Now what you have to do is first to know how to establish yourself. That is very important in Sahaja Yoga. Of course, if you feel that you have become very self-confident and you will have a feeling that in your own mind you feel very peaceful and happy. But still, you have to know about your centres, what centres are catching. In order to understand that, you have to find out from your own feelings. Now supposing you are catching on a finger, like this, so now you see in the chart it is written that this is the right Heart. Now there is no right heart in the medical terminology. But if you find that you are catching on this, you should find out what problems you have had with your father or you as a father. So you should try to find out about yourself and [UNCLEAR] yourself and find out how you have been as a father or in your principle of father. Now this power of love is flowing through your hands. Maybe your father is sick, that's why you are catching your right Heart, maybe your father drinks too much or he is doing wrong things or something is wrong with him.

Now in Sahaja Yoga method, the technique is like this, the power is flowing within us, you write just with your finger the name of your father. He could be dead, he may be possessed in you, perhaps because he just died when you were young, could be any situation. So you write down his name on your hand just like that because now you are a Realized soul so you are [UNCLEAR/forgiven] by God. And then take the hand around it three times or seven times like that and take out the problem and put it down.

If you find somebody very antagonistic towards you and all the time trying to see something wrong with you and trying to trouble you because saints don't have to suffer now anymore, then you have to write the name of the person and just put a bandhan to name and you will be surprised sometime how it is [UNCLEAR]. Even if somebody is sick and you want to help that person you just write the name of that person and do like this and you will be amazed that this will work out. [UNCLEAR/Referring to someone] is laughing but because he has been helped like this. It looks like a child's play. But once you are Realized, [UNCLEAR] is fun.

When I came [UNCLEAR/Referring to someone] is [UNCLEAR/standing] at the airport and he lost his big camera somewhere. And he got upset. I told him don't you worry, you'll find your camera. Give it a bandhan. And when he met Me next he was with his camera. It's something like telephoning, the message of love to someone in a very subtle way. It is a thing that people, they are quite surprised at the action of Sahaja Yogis sometimes. As Prophet Mohammad has said that your hands will speak. And also they act. You can easily see that when you put your hand towards the Kundalini of a person who is a seeker, you will see the Kundalini rises [UNCLEAR/upwards].

So now how you cure yourself is the point. What you do is to put your hand, your left hand towards the Kundalini in front and with the right hand which is the action hand you just start moving upward and take it on the top of your head. And now tie it, once, second time, and then third time. Now feel the vibrations. More now. Now you do it thrice. Once you have done, do it second time, let's move. Ok. Now just do it again. Higher and higher and higher. Now put it up. Now, now you feel the vibrations. Now if you are not Realized soul how can you know? See your [UNCLEAR]. Now [UNCLEAR] this time is for God, before that there is no [UNCLEAR]. I always felt for the protestors that when Christ will come then also they will be protesting the Christ. How will they recognize that? You can. Because when you go and ask Him - Are you Christ? - you will have tremendous flow of vibrations within you. But those who will protest Christ at that time, when He is not going to come to tell you anything, counsel you, He just [UNCLEAR] so cut you into the head. I have to tell you this because then you do not say that I have not told you people this stage. It's a great thing. I mean it's a great venture to enter into a Protestant church to talk about the subtle side of Christ because they think they know everything. They don't want to see anything, they are just like horses, tied here something. They don't want to see. They will do no justice to Martin Luther or to Calvin. If they just waste their energy reading Bible and doing hair-splitting out of it, they will not gain anything, believe me. In my [UNCLEAR] Russia and China and all Communist countries, it is Christianity which has made them forget God. And if Communism will come on this [UNCLEAR/earth], it will be due to these fundamentalists and the ones who go on reading the book and book and book. Jews denied Christ the basics that He was not [UNCLEAR]. Once a Protestant Christian went to Mahatma Gandhi and asked him, "You are such a Christian life, why don't you become a Christian?" He just laughed. He said, "Please tell me what Church I should join? [UNCLEAR] or the Presbyterian or the Methodist?" And the

fellow kept quiet.

If there is one God and there is one Truth, how can there be so many interpretations? So for some time, Sahaja yogis are not supposed to read anything. Till they have achieved that subtle understanding, they are not allowed to read anything. Because those maybe have done no justice to Bible. No justice to any scripture, believe me. But the difference between an organized literature and a disorganized [UNCLEAR] is this that [UNCLEAR] is zero.

We have an ambassador in Spain who is a double PhD - one in Indian Philosophy and another in Sanskrit language. When he came to London, he put on [UNCLEAR] My feet. He did not pass [UNCLEAR]. With very humble hands, he asked Me, "Will You tell me the subtle meaning of the Gita?" I told him, "First you take your Realization, then I will talk to you about it." And he said, "Yes, I must have my Realization." He got his Realization and when I told him the subtle side of the Gita, he said, "There are 500 books written about Gita and nobody has [UNCLEAR]."

To understand Christ, you have to be a subtler being. That's why Christ said - you have to be born again. With this gross understanding of Christ, you will not go to the Kingdom of God. Because they did not even allow Him to speak. He [UNCLEAR] for four years. And such stupid people they were not [UNCLEAR] once [UNCLEAR] but they crucify Him, choking Him down completely. Because they didn't want to hear Him anymore. They were satisfied with all the bad things that had been surrounding them of Judaism. I worked for four years in London and I only worked on six people to [UNCLEAR/raise Kundalini]. [UNCLEAR] not much time to explain such subtle things to such gross [UNCLEAR] and stupid people. How can you understand Him when your brains are [UNCLEAR/unclean]? When your awareness is [UNCLEAR/unclean]. Only by reading Him how can you understand Him? For example, it is written outside that there will be a lecture of Mataji. By reading that will you know what I am speaking? And also by reading it and listening to Me, will you be able to achieve anything? There's a lady sitting here who was deaf and she got cured of the disease. Nobody wanted to know how I felt. They are so superficial that they will only see the superficial side of a person. This is a trouble, please, please. You have tremendous depth, not of reading Bible but of reading yourself. Please develop that depth and then read Bible. How can a [UNCLEAR]. It is easy to shout at Me. But better not do that. I must be something. Become deeper and you will understand Me. Superficially, you cannot. That's what it is to know the great people. Nobody can treat them because they were so superficial. When they live, nobody can [UNCLEAR], when they die, they make the big-big places worshipping Them. And when Christ never wrote the Bible Himself, that's the best part of it. Their Bible is to identify with the words, why not with what you [UNCLEAR/can get] out of it. You should not be identified with my words but what you can get through your own powers. Your power of love.

You will be amazed, I have been to Muslims in the Mosque in London I have given a lecture. Nobody must behave like this. They are supposed to be [UNCLEAR/fanatics]. When I told them about the meaning of Namaz, nobody said that I am telling them the Hinduism interpretation. When I went to Buddhists and talked to them about Buddha, nobody said this is [UNCLEAR]. I am Christian, born in a Christian family, brought in [UNCLEAR]. I [UNCLEAR] to Indian temples and talk of Christ and nobody behaves like this that the way Christians are behaving. They have not even heard of Christ and they have so much respect for Christ, while the people who have so much studied the Bible have no sense of Christianity within them, so what does it mean? It means that reading the Bible [UNCLEAR].

Here there are many people sitting who have been with me to Indian temples which are called as [UNCLEAR] where thousands of people, thousands! For them, Christ is an incarnation. But they don't say that Christ was there to all the [UNCLEAR]. They would like to hear anyone who comes to them [UNCLEAR], not that only they are talking to them and brainwashing people. Proof of the [UNCLEAR].

When people get Realization, you will be surprised, they become beautiful people. They become happily married people. They do not become money-oriented. They give up all these bad habits completely and [UNCLEAR] just drop it out. They don't go on troubling Christ, "Oh Christ! Christ! Christ!" like this. What is this? What right have they got to call Christ? Only because they have brought a Bible, that's why they can go on troubling Christ like this [UNCLEAR]. He must be [UNCLEAR]. I have seen all such people have a very big Agnya, the Christ centre is caught, sometimes like [UNCLEAR].

It's a good thing that has happened in the evening I'll be able to tell you what Christians have done [UNCLEAR]. It is [UNCLEAR/nice] that in this church I can give a mouth to those suffering people, who are suffered because of Christianity [UNCLEAR]. How they have treated the Third World. How they have [UNCLEAR] that I better open my mouth and tell their woes to you Christians who believe in Christ. It is better that we look at ourselves and clean ourselves. Let us be the, let us be worthy of the name of your God, Jesus Christ. Just by saying Christ, Christ, you do not become Christians, take it from Me. Christ is to be born within us. We try to go and [UNCLEAR] and be [UNCLEAR] the way people are around. Will He go and dominate other countries which are weak? Will He try [UNCLEAR]? About [UNCLEAR] they could read a Bible. I had to tell this because yesterday [UNCLEAR] for people who were here and got Realization to be sure that you are on right path and you be honest to yourself. You have to be a true, true Christian, true Christian. You have to have a true [UNCLEAR]. Don't [UNCLEAR] please. Because I see the future of Christians who are living with pity and I [UNCLEAR]. I have given compassion for the boy who will say - for Jesus Christ - I said see how he is lost, how he is lost. I cannot help him [UNCLEAR]. His forefathers did the same, his forefathers' forefathers did the same, he is going to do the same. How am I going to help him?

Now the thing is [UNCLEAR] that we have to be true Christians and for being true Christians you are not to be dishonest with yourself. If you are feeling cool breeze you should say yes, if you are not feeling you should not say. Do not deceive yourself. And you cannot deceive me. I may not say to you because I do not want to hurt you but be careful. So don't deceive yourself.

Those who have felt the cool breeze are now Realized souls but they have to establish themselves. Today you have to go home and try these three things I have told you is to give bandhan to people who hate you and who trouble you, put love around them. Think of them with compassion. And they are not yet Realized and need help and make this bandhan, this binding of love, give them this earnest desire to know God in the true sense. About yourself, you have to pray that make me a true personality. Let me be truthful. Even you can write your name and give it a bandhan. We need even compassion for our self because we are destroying ourselves [UNCLEAR]. There are certain practical things, the methods, the techniques, we are going to teach you by which you can improve yourselves.

1982-0824, When Christ Will Come

View [online](#).

24 August 1982

When Christ Will Come

Public Program

Temple de la Fusterie, Geneva (Switzerland)

Talk Language: English | Transcript (English) - Reviewed

Again, I bow today to the seekers of truth. From the very beginning, I have to say, that I would like to address to all those who are really seeking the truth. I am not going just to read something to you and give My own interpretation about it. All of you have got sufficient intelligence to read any book you like and to have your own interpretation. We have so many interpretations of the Holy Bible, that it is amazing, how people, do not understand, that when they have their own interpretation, it could be wrong.

For example, our great leader in our country, Mahatma Gandhi, was once asked by a Christian to become a Christian. He said, "Why don't you become officially a Christian?" And he laughed aloud and he said, "I would like to, but, please, tell me what should I become, should be a Catholic or a Protestant or I should to be another sect of Protestants". Especially, the Protestants have so many sects, like Pentecostals. They have got Seventh Day Adventists. They have got Methodists. They have another one - what is that called as, Penta - I mean, so many like that. So he asked, "Which one should I join?" If you tell me exactly which one to join, I would like to join. And he had no answer to it.

So, there is some sort of a gap in the understanding of the Bible, we should know. The gap lies because the first Books of The Old Testament, are not written after Christ, but before Christ. There was a big controversy, which the Jews put up, even today in England, saying that there was no mention of the "Virgin" in the Old Testament, but it was written "a girl", not "a Virgin". So, they denied this immaculate conception, because it is not written that it's "a Virgin", but was written as "a girl".

Now, this controversy is stupid. But no use talking to them, because they won't to listen to Me! In Hebrew language there's only one word for the virgin and the girl. Even in Sanskrit language there's only one word, called "kanya" for the virgin. Even "a girl" is the same word as "kanya". Now, with these things, what they wrote was: "There will be a virgin, who will give the birth". Because logically, why should they write "a girl"? This is a prophecy so, the word "girl", itself suggest that there was something special about the person who is going to be born! After all, a child is not going to be born to a man, is it? Moreover, in modern times, we don't see any virgins! Even old women say that they are girls.

So we don't have to judge, according to our modern ideas about the times when Christ came on this Earth! The whole interpretation gets twisted when we use our brains, which has got a limited quality of intelligence. When Christ said that, "It is all accomplished now", it meant something much deeper than anyone can understand, who just reads Bible. It... He didn't say that "everything is accomplished", He just said "It is", despite the fact He was on the cross. There He said "It is all accomplished", it. Because Christ had a special great task to perform. He had to be present in a cross that we have in our brain, in the Agnya chakra, as you see there.

Now, this Agnya chakra is the one, is a place where there is no room, at all, because the ego and superego are pressing each other. Because Christ was just the Spirit and not the body, he had to go in the place where it is very difficult for any other incarnation to go. And this is what He said when He said that "It is all accomplished", means: "I have now established Myself in that centre, which is placed at the cross roads of ego and superego".

You know that Christ was born at a time when there were not at all people who had any open mind or understanding. If they had, they would not have crucified Him. On the cross, when He was there, was He to tell them about Agnya chakra? Could he talk to them about these chakras and all that to these fishermen, who were always doubting Him? Till He got Realisation, they did not.... Resurrection, they did not believe Him!

Even today, people are not willing to hear Me. They have such a stupid barrier, today also, you can see. They don't want to hear! So, what about Christ? Then He did say, that "I will have to send you a Councillor". He said that, "I'll send to You a Comforter, who will make you know about My Father forever". So, we have to look forward to that. I do not want to claim that I am the Councillor or a Comforter or anything, I am not such a fool to tell you anything about it! I am very diplomatic about it. Christ just said that, "I am the light, I am the path", which He is. And He was the Son of God! Only He said the truth, which was the truth and is the truth still today! What wrong did He say, that the Jews crucified Him? You can't understand these Jews, today even.

But the stage has come now that we cannot understand also the people, who are trying the same tricks of using a book of Bible, which they used, Jews, to crucify Christ. The pharisees in those days - I know more Hebrew words, because I've read the Bible from the Hebrew - so they were, the people, who opposed Christ. The people who thought they were the authorities on Bible. Now, we have to see in modern times what we are doing. Since long, your fathers, your forefathers and their forefathers have been going to church and asking God to come within them and give them the second birth. Christ has said very clearly that you are to be born again, didn't He? He talked of the future in those terms. But nobody thinks about it, that we have not been able to actualize the experience of second birth.

You will be amazed, because of my husband's job, I have to travel all over the world. I have been to Russia and to China and all the communist countries. And I asked the Russians: "Why did You refuse Christ? Why did You refuse Christianity? So they laughed, they said: "You are so curious, so we'll take You the place where there are Christians". They had their Orthodox church of Greece, the Greek Orthodox church they have, in Russia. When we went in, the priest, the head priest received us, and said that he is fasting these days. And he doesn't eat any meat these days, but he can have all kinds of vegetables and fruits. But when we sat for lunch, he started smoking one cigarette after another, it was impossible for Me to sit there.

He was extremely insecure and nervous man. Apart from that, he drank and drank and drank, and drank, in his fasting. And he lost his balance, you know. We didn't know where to look! Then we came out, he didn't even see this us off, and then the Russians started laughing; they said, "Now, did you see the Orthodox Christians?" He said that, "How we've got them here? Because first the Catholic religion we thought we'll have, but they said that "You cannot divorce!" So, we didn't want them. Then we wanted to have Islam, they said, "You cannot drink!" So, we didn't have them. So Orthodox Church came forward - they said, "You can do everything as long as you give money to the church!" They asked Me a question, "Is this what they have learned from Christ? Was there Christ living anywhere?"

Then in China, I asked them: "Why have you denied Christ, for communism, whatever you have? Why have you denied Christ and Christianity?" They said this: "Christian nations - they came here, doped us, gave us all kinds of dopes and took away all that we had and You think that they are in any way good people?" I had no answer to them! They said: "With Bible you cannot improve your life, we can see that clearly. They are all aggressors, very cruel people. They went all the way to America to kill all the inhabitants of that country, completely finish them off, and establish their church of Catholicism. They denounced all the democracies, saying that these democracies are using God, for their own purpose!

All the communist countries I visited have great complaints against all the democracies of the world, only on one point, that, they use God, and they haven't got any good qualities of God in them. Americans sent some wheat to India. In that they had such a horrible seed, that it grew into a grass, which could not be cut and killed - it starting eating all the fields in India. Gregoire has seen, how they sent an acacia seed, which grew into a very thorny, harmful poisonous tree. If anybody touched - the villagers or children - they would get blisters on their body for days together and the body would rotten under that. Today, Americans are sending all kinds of weapons, selling them to all the countries to fight nicely. Is it Christianity by any chance? They talk of peace and sell their weapons. They are selling a medicine, which is forbidden by doctors, to poor these Bangladeshis, who can be killed by that medicine.

What about England? Under the guidance of Henry VIII, they came to India: 300 years they lived in that country like parasites! My father went to jail, my mother went to jail and the churches drove them out of the Church, as if Christ was born in England! And

when he became something great, when he came out of the jail, they were, they were regarded as "a very great Christian community people", you see? Just tell that. When he become something big in the Constituent Assembly and...

Was Christ born in England? These are the English today - are the racists of the first waters... If they were such racists, why did they go to these countries? To exploit them and loot them. Indians are too gracious to say anything the way these people tortured them. They are too gracious and forgiving. Now think of France. Christ has said, "Thou shall not have adulterous eyes". Not only adultery, but "adulterous eyes". He corrected on what the Bible had said previously in The ten commandments. "Thou shall not have adulterous eyes"! What about the French, having no adultery? Imagine, French, are they anywhere near Christ?

I am in your land, Switzerland, as a guest, it's not gracious to say some things which I would like to say, with due apologies to all of you as Swiss people. Which you should not feel bad, because the time has come for Me to tell you what Swiss people are doing across. It is a very subtle aggression. Try to understand. Say any developing country, whether it is Pakistan, India or Mauritius, or any African country, when there are people who are dishonest and take the - suck the money of these poor people, who haven't got to eat they come and put in your banks, and you support this. All the development plans of all these third world countries, are failing, because there are Swiss banks, which are supporting all the thugs of the world. All the fake gurus, who have made money, made people weak, epileptic, with cancer, all their money is very nicely stored and kept account in secret accounts in your great banks, here. If you see a starving soul anywhere, know that you are playing a part through these banks, in making them to starve and die and suffer!

So, just by reading Bible, what emancipation and resurrection are you going to give people which Christ preached? For Me, Christ is my life and Bible is the truth. But it does not mean, that in these four years, Christ could talk to these brainless people anything about Kundalini! There is only one thing, for which we should be thankful to all the democracies, that they can't crucify Me now.

It is you, the Christians, have to rise to the occasion, and should find out, what's wrong in the whole system, that we claim something, we profess something, but we are not that. Why do we compromise? And why do we accept such things, which are wrong, within ourselves, within our states, within our democracies? One should know that falsehood will fall one day. But Christ is not false and Bible is not false. It will not fall, it is an eternal thing! But to understand it, you have to be a subtler being. Why Christ said that you should be born again, because without that happening, you cannot understand Christ! If your faith in Bible is because you have bought a book and you have studied and mastered it, then, it is of no use.

Now, one must understand, that if you do not open your eyes to what Christ has said, that you are to be born again, the young people, who are thinking, not stupid people I'm saying, but young people, who are thinking, will defy and deny God. I've met many young people, who came - Christians - came to Me and they said: "We have no faith in Christ. Don't talk of Him, we are fed up. Thousands and thousands I must say. So many people got up when I started talking about Christ in America.

So now, one has to realize, that I am here, to prove the existence of Christ! And to prove every word of Bible! I do not have faith in Bible, it is my life, it is everything to Me! It's a truth for Me. But, one must know, that by reading, you do not become a true Christian. You are to be born again! And how you do it and how it has to work out, that I have come to explain on this earth. Look at the attention of people. When there was a funny boy who came and just said "Christ, Christ, Christ", like that - everybody has said that - there were people from the television and everyone wanted to record that incident. But when I told them there was a lady, who got cured of her deafness, a long deafness, in ten minutes, they would not record that! We have here somebody who was on crutches for 45 years, and he's walking about, perfectly all right - nobody would like to see that!

Sahaja Yogi: The one who came to see You?

Shri Mataji: No, no, our Brian. In England, hundreds of people have, given up their drugs addiction - nobody wants to see that either. In India, thousands of people gave up at their alcohol, their criminal habits, and they have improved their lives, have become so beautiful, they are so happy citizens today - no one wants to see that either. I don't mind if they are blind, let them be blind. But don't lead others into blindness! This I had to explain, because first of all, I did not know, they had booked this hall, these boys. They booked this hall. Tell them. And I felt, that so far, I've never talked to Protestants in Switzerland or anywhere,

except in America, who are not even Christians now, because they don't believe in Christianity. So might be it is the desire of the God, that I should talk to Protestants, that they should not protest Christ, when He comes on this Earth.

A simple question I want to ask all those who believe that they have faith in Christ and faith in Bible. When Christ will come, how will you recognise Him that He's Christ? Face this problem directly! Because you do not know, it's not written in the Bible. Even His Name is not given, in what Name He is going to come. But when He will come on this Earth, He is not going to council you or comfort you or redeem you. He is going to just slash out the people and sort them out who are useless, for the Kingdom of God! All these powers are within you. Your Spirit is within you. Spirit is the absolute thing. Unless and until you get to the Spirit, you cannot live in the world of relativity, it's relative. Because it is relative, that's why whatever you interpret, is manifold.

The Islamic people today, who come to Sahaja Yoga - we have people here from Algeria, who are Muslims - have starting believing in Christ. The Jews who, who have denied Christ, have now starting accepting Christ and worshipping Him. Hindus also accept Christ, not because I have tried to give them a brainwashing or some bread. Those who are not believers of God, also have started believing in Christ. So, what is happening? Why?

When there is darkness, for you, the seat that you're occupying is the reality. Somebody is standing next to this lamp post - for him this is the reality. Because, first, they are blind, another there is darkness. But when light comes in, you see everything and you see the correlation of each other. Now, why did they accept Christ? When the Kundalini rises, this primordial force rises through these centers, it comes up to the point here, where you see this red mark. This is just the window of that center, which is placed between the optic chiasma, controlling the pituitary and the pineal body. That is "the door", "the gate", Christ has described. Then the Kundalini stops - of these people. And also of Christians, because they have done unauthorized work. Then one has to open this center, by taking the name of Christ and also, Mary, His power.

In Sahaja Yoga, Mary is the incarnation of the Holy Ghost. My father, who was a scholar of Sanskrit and fourteen languages, who translated Quran Sharif into Hindi, told Me, that people try to deny Christ's Mother, because the Muslims would not accept. When Christ was dying, then He said, "Behold the Mother!" He did not say, "Look after My mother". He was too great a Man to think of just a mother who gave Him birth. But He said " Behold the Mother". It means that, "You look at Her! Watch Her! See Her! Understand Her!" After His death, Mary had a very, very bad time. She had to go to India, where She died. Because the people, who were supposed to behold Her, were missing completely and even today nobody wants to behold!

Now, this rising of the Kundalini takes place. It is quite shocking for people, who have never heard a word of Kundalini. Much before that Christ came on this Earth, as I told you yesterday, He is described very well fourteen thousand years back in Indian Scriptures, believe Me! You don't want to believe in that, because you want to use this Bible, for your purpose. Anybody who writes about Christ, is taken over in the Bible, isn't it ? Like the disciples, they wrote about Christ. Christ never wrote Bible. But then why did you have St. Paul there, who never even saw Christ? Because he said he saw a cross, does that mean that he has ability to write about Christianity and Christ, that he should be in the Bible? Why people did not raise any objection to him, but they raise to Me? The reason is obvious. Because it helps certain purposes. I am for one purpose here: to give you what you have. In Switzerland, you'll understand better, if I say that I am like a banker, who has to cash your cheques. If somebody says that to you, will you be angry with that person?

Sahaja Yogi: If, if somebody says...

Shri Mataji: that to you, that I have to cash your cheques, will you be angry with that person? You will not be! If I say I have a diamond to offer you, will you go and consult Bible about it? No, because our attention is more for material things, not for the spiritual. But not so, I would say, because I have met very, very beautiful people and seekers, all over the world, who are really seeking the truth! And yesterday also we had such beautiful people, sitting down here, who were just asking for the truth!

When you become Realized Soul, you have your own powers. Your power of love manifests itself! It is a tremendous thing, that is a human being, do you know that? All these centers represent your steps of evolution, of your awareness. And once you have come to the human level, you have to just jump into, into the unconscious, where we say, it is the Kingdom of God. You'll be

amazed that Sahaja Yoga relates God to science. We have many scientific people, who are doing research in different areas, doctors and PHD's, who are understanding science through Sahaja Yoga. It is fantastic! Because you are fantastic!

God has created you, with great care and love and has made you a human being, to give all His love and all His kingdom and all His powers to you to enjoy! He has not made you to suffer and to kill each other and hate each other and to live in the perpetual insecurity from other human beings! He has not made you to prepare the weapons of destruction. He has made you to enjoy His construction, which is so subtle and is already for you.

So give up all your fasting and sufferings and torturing, all your fears and depressions, all your maladies. Because once the Spirit is enlightened within you, in that light, you immediately arrive in the Kingdom of God. I say this to you, that, "Please, listen to Me!" - because later on, you will say that, "Mother, You never told us". It's going to be very serious. So, please, be alert about it and just take your Resurrection! I have not to take from you anything! I have come to give you something. The eternal life, that is promised. So why should you be angry with Me? What did I say to make you angry? I am not here for election, that I will go on pleasing in your wrong things! You have to elect Me in a way, that you elect your loving people. Not with anger.

Sahaja Yogi: Not?

Shri Mataji: Not with anger, but with understanding. Not with barriers of conditioning, of what you have read. Not with your ego, which is aggressive. But with a silent understanding.

If you have this property within you, why shouldn't you have it? Already, Gregoire has told you about these different chakras and all that, and tomorrow I will explain to you in the morning all about the different centers and about the different... powers within us, and how by our neglect we cause maladjustment and so we get emotional, physical and mental maladies. I'll also tell you how to cure yourself and how to cure others, with precise understanding, scientific understanding. And day after tomorrow morning, I will tell you how to achieve your detachment from your physical, mental and emotional self and established completely into Sahaja Yoga.

Now, today, we will have again a session of Realization. There is no need for you to believe in Me, but as long as you do not deny Me, you can sit here and please, listen to Me what I say. As a Mother, I request you, to do justice to yourself! And don't be obstinate about anything! I know it is a new knowledge for most of the people who have not read anything else but, I know of many young people, of western countries, who have reached the conclusion, that it is the Kundalini awakening, is the saving. Even Gregoire did the same. Everyone should try.

If do you not want it, I cannot force it, otherwise it's very difficult, otherwise. So you can leave! Will be better for Me, if you don't want it, it's better that you leave, and leave the rest with their work. That... That would be very civil and kind of you, to leave others to have their experiences. If you do not want to have, don't have "dog in the manger" policy. So... thank you!

1982-0824, Advice to French Sahaja Yogis: Respect your dignity, preserve your Vishuddhi

View [online](#).

24 August 1982

Talk to Sahaja Yogis

Geneviève's House, Grilly (France)

Talk Language: English | Transcript (English) - Reviewed

Advice to French Sahaja Yogis, respect your dignity, preserve your Vishuddhi, Grilly, (France), August 24th, 1982

I think that it is important that they must develop a behaviour which is very dignified.

The whole culture, somehow or other, has created an atmosphere that people talk in a casual way. They are not guarding their words to see what they speak. And they speak just because they want to speak all the time and that's also another way of aggressiveness that all the time, they want to see, speak, don't allow others to speak. As if we have something very important always to tell while the others do not matter. It's a very aggressive, egoistical style.

But by doing this they develop a kind of casualness and a non-serene attitude. Also, the behaviour is extremely casual and not dignified. And it shows that they have no respect for themselves. If you have respect for yourself, then you will know that you have to speak something that will give you respect. So, you are careful as to what you speak because when you speak, you are manifesting your intelligence, your understanding, your love. It's an expression, it's a rapport with another person.

But if it is not with dignity, with guarded words, with proper understanding as to what you are doing, it will just create a useless, frivolous talk and can also create a misunderstanding leading to a greater dislocation of Sahaja Yogis from each other.

So, I would suggest that French must aim, first of all, at speaking less. Bring it to minimum, better not speak much. And when you come back from your work, then you are excited. The nerves are not under your control, because you have never tried to control them, and you start talking and jabbering with each other saying all sort of nonsensical things, this one is excited, that one is excited. Better have a silent meditation, absolutely silent meditation for an hour every day. Practise it because we have to imbibe the new culture of Sahaja Yoga in which seriousness is not wanted of the English, but also, we do not want the frivolousness of the French.

Now, in between is serenity and the blissful state. To achieve that, you have to practise silence. After one hour of silent meditation – which may be too much for you to remain silent for one hour, but try, for at least two weeks you try this – and then, gradually, you can have half an hour silent meditation and start my tape. Listen to my tape without talking. Try to listen than to talk. You are not to reflect but just listen and take it inside. But all the time if you keep a mind which has to listen and then to reflect, nothing will go in your head because your mind will be thinking of your own things that you have to say.

Even I've noticed when I am speaking to you, you are still thinking of what you have to say to Me. But supposing you decide that: "I have to say nothing after what Mother has said. I've not to tell Her anything. She knows everything. And just to keep quiet after what She has said." If you decide like that, then you will listen. But if you all the time think: "What am I going to say after that?" Because I've seen with French, that you say one thing, they'll say another. At the end, they must end up. You can never end up with them. You see, if you say one word, they will say another thing. Then you say another thing they will say another thing. It will go on till you give up. You say: "All right, yours is the last word." So, they have to have the last word, always.

So, this is the problem. It is also an aggressive temperament by which you spoil your Vishuddhi completely. And the Right Vishuddhi is the real problem with the French. Then, from Right Vishuddhi it descends to Left Vishuddhi, Left Nabhi because you become frantic.

Everything is to be paced in proper pace. There should be a proper rhythm in the way you talk, the way you walk, the way you move. Even the walking of, say, I've seen the French women like the whole body moves, (thumped?), that's not the way to walk. You have to walk with dignity with your measured feet. Try to practice this as an exercise. How you walk [?] The best way is to put a book on your head and walk straight, with steps which do not shake your body but which are dignified and give a rhythmic beautiful movement to your body.

And even if you talk, try to see that your voice is not frivolous, is deep, sonorous, coming from your heart. And not a frivolous, flippant tone in which just to go on jabbering. That's not the way, there's no end to it and when you talk to people, put your eyes to that person, don't turn your eyes to the sides, this, that, and try to listen than to talk. That's the main point [it]. Try to listen than to talk. Because, if you don't even look at the person who's talking, then what will happen that you will go on talking, talking the peripheral is talking, the other side is looking at another side, you are looking at another side. Both are talking, nobody listens. It's a waste of energy.

I don't mind even the waste of energy. But what I mind is that it has a reaction. The people who see, the other people – new people who come in- they think it's not Sahaja Yoga. it's no[t] good, people have not changed. They are just the same.

But among all other French who are casual about themselves, who have no respect of their dignity. If you stand up like that, you will show that you are a special type of people who have got a special type of dignity. That will impress them much more than anything else. Apart from that, when you start respecting your dignity, you will respect the dignity of others. This is the basic problem that exists between the Sahaja Yogis that they do not respect their own dignity and that is why they cannot respect the dignity of others. And then, when the newcomers come in, in their presence they start quarrelling among themselves. They have- they must have a sense of shame about it, you see, in the sense of honour, that it is dishonourable to be like that. It's bad manners for Sahaja Yogis to be like that. If one is talking then another should keep quiet and support him. Then another is talking, keep quiet. The more you keep quiet, the deeper you will be.

So, please try to develop a dignified behaviour among yourselves. And try to understand that, even when I'm talking as here, it's the French who will come back with an answer. Always! In a group, it's the French who will always have something to say. You see, they always think that they are wiser than the other. Don't believe that you are the smartest people. If you understand, this smartness is stupidity and is of no use in Sahaja Yoga, you will not try to outsmart another. The whole style of talking is also outsmarting another.

You see, we had one Frenchman in there. And we couldn't understand the way he used to talk, like Regis. You see, he thought he was smart and he said something smart, you know, just to give one punch into the nose or sometimes putting a dagger into a person like that. It would . . . He would come out with something so funny and so flippant and so piercing that people didn't know what was he about, you see. Why can't he talk properly? Especially the English, you see. This is the way it is and that's how I've seen that, I've heard also that many girls from Paris are anxious to marry the Arabs. Then Arabs don't mind having them because, you see, they think they are smart and all that. But once they marry, I heard that Arabs get so fed up with their smartness that they'll say: "Take all the money from us but leave us, you see. Just leave us and go away. We have had enough of you. We don't want you anymore."

This kind of a smartness and the sort of being very, very sarcastic, is not the way we are going to establish good relationships. It's anti-love, it's anti-God. So, one has to be absolutely a very sweet, genuine person. So, this smartness comes from people who are gross and who are outside, who are not genuine. Genuine people never say anything that will hurt others, normally. And they are careful, they are careful as not to say because they are genuine to themselves. So, they are genuine to others. They understand that they'll be hurt. And in this flippant way, you'll never understand how you hurt each other.

All the time teasing others is a very bad habit. Teasing this person, teasing- I never tease you. Have I ever teased you? Whatever I have to say if I'm angry and if I don't like something, I just tell you on your face. If I like it, I tell you on your face. What is there to tease? It's some sort of a sadistic idea is just to go on teasing. Even you tease children! You tease old people. I've seen people

go[ing] on teasing. They want to find some sort of a victim whom they'll go on teasing all the time.

So, I have to tell you that this is very important that you develop the dignity when you talk, when you walk, the movements of your hands, just to go on frivolously moving your hands. These hands are now the expression of God and be careful about it, be humble about it. Use them for saying "namaskar" [homage to your Spirit] and very humble things. Try to see that you express humility through your hands. And not some sort of a frivolous behaviour like turning the hand suddenly and doing- I can't do it even if I want to, the way you people do it.

Because you have trained your hands like that, they just go twisted down like that, something happens to them, I don't know why. And also, don't use your Vishuddhi to express something like when you say: "How are you?" Then you just shrug your shoulders. Shrugging the shoulders is not good at all for your Vishuddhi. Don't use your shoulders in that way, shrugging. And clenching your teeth is also a very bad- some people have a habit of clenching the teeth. You see, just pressing the teeth when they are angry betrays it. And that's [inaudible] because all this pressurises the Vishuddhi.

Even the movement of eyes pressurises. All these things, you see, Vishuddhi is a very sensitive centre. And to keep it all right, you have to be alert about it. The best thing is to keep a dignified face not too straight back, not too forward. But, in the centre, you keep it in a dignified way. Some people have too much of it, some people go down like this when they talk. That's not proper. When you talk, you talk like this. So, there is no need to pull down your head. Even for a little bit. If I do it, I have to correct myself, you see. It's not good to push it down. So, one should understand what things impress. You should not be also in a way aggressive like a hawk on a person when you are talking. Be like that, talk to a person in a way that a person thinks you are absolutely relaxed.

And that is how one should behave. Your behaviour will definitely improve your inside. So, try to improve that and try to understand. Now, for everything, even to say "yes", don't shake your head. Try, because, you see, even if you shake otherwise it's all right. But what I am saying, if you shake your head now, what will happen Vishuddhi won't be all right. Just to have the maximum effect, what you have to do is not to shake at any cost your head. Try to not to shake. But it's difficult because you are not used to it. You see, all the time you go on shaking like this, like this you see, all the time you go on. I've seen many people [inaudible] They just go on like this. Even if someone somewhere then you have to say "no", still it's like [inaudible] look at them. They're still shaking forward ways, you see, all the time not to do. And even any movement, you have to do not a jerky movement. Any jerky or fast movement is to be avoided. If you have to say "yes", "yes", like that, just move your head slowly. Or if you have to say "no", just say "no" that you shouldn't have a jolt about it, like this, you see. You just see how much it wobbles. You just when you do like that. You can feel it's wobbling.

All the time if you go on attacking your Vishuddhi what can your Vishuddhi, poor thing, do? Isn't it? So, be careful about your Vishuddhi, look after it and movements should not be jerky and should not be fast, speedy, but should be dignified and done with great care. And certain exercises, I will tell you now about how to do to improve the Vishuddhi. All right? Which you can tell them later on. And don't doubt each other when you tell anything to them because I've recorded it, because they will doubt if you should tell them anything, you see, that's the trouble, another trouble with you [unsure]. French – [cut in the audio]

They find it difficult. That's why I always say, you see, the British are the best in this respect. Because, you see, they listen, they listen more than anything else. They are quite intelligent but they don't think that they are super intelligent, you see. Their intelligence is expressed by listening. Always you'll find they listen quite a lot. They keep quiet normally and they listen. In Sahaja Yoga it helps. You shouldn't be quiet with people whom you are going to meet, but that's all right, you need not be quiet. But also, you don't jabber with them. [Laughter]. You will not impress people by jabbering.

H. H. Holiness Shri Mataji Nirmala Devi

1982-0825, When Christ Will Come (Follow-up)

View [online](#).

25 August 1982

When Christ Will Come (follow-up)

Public Program

Temple de la Fusterie, Geneva (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Shri Mataji: I am told that some of you have come for the first time for the program here. Now, for the people who have come for the first time, they have to first get their Realisation. That is very important. Now, today I am feeling the atmosphere, today, I think some of you have come from places, who have been to people who are doing black magic maybe or some sort of a thing like that, or ESP or psychology, or to some false gurus. Some of you. And also that there are people who are feeling guilty. If you are feeling guilty, then there is catch on this finger [showing Vishuddhi finger].

But, if you are catching from people who have been to black magic and fake gurus and all that, then you catch on this finger and this thumb. [showing fingers of left Agnya and left Swadishthan]. Also, I think there are people who are already feeling the vibrations. So we have people of all types. I am happy you have brought your children. Because I am very happy with the children. There are many children born, who are realised souls. And they don't understand human beings who do not have that level. And that's a big problem. Moreover when these children grow up, they take to new seeking, in which they fall a trap to drugs or false gurus, or some sort of a wrong thing.

If the children are not given the training or understanding of all the vibrations, even if they are realised souls, they can go astray. In this modern time we cannot stop our children to go to wrong things. It's impossible. Because life is such. To make them understand their value and understand why they are on this Earth, best is to give them Realisation if they are not realised, at least. Because as they grow up, they get complicated, disappointed, frustrated and they commit suicide, also. So, in the interest of these children, which is the progeny of our country, we have to give them Realisation.

We are actually neglecting our children these days because we are very busy. And children have so much time in hand that they don't know what to do with themselves. Once they get Realisation, they get very busy. My granddaughter, who was hardly of four, five years of age, when we went to the airport one day, she was just going like this all the time. Because she is a born realised, the mother asked her "what are you doing all the time like this?". She said "I am trying to bind(?) all these people in the airport, they are very very loose and running amok and they are very speedy. Like this, they go mad only". (chuckling) They behave like their grandmothers I can tell you! They understand Sahaj Yoga very well. The children who are born realised, takes no time to explain to them things. They understand it, relate to it.

And they understand Me very well. Because I speak the same language as they do.

I am sure in this great country also, there must be many children who are born realised. If the parents and the teachers and professors get Realisation, they will understand these great souls that are born on this Earth. They will understand their children and a beautiful rapport and relationship can be felt. I've seen when children see My photograph, they tell their parents: "You have to meet this Lady." Because they understand that there is something common between Her and us. They are the source of innocence, for us and for the whole world. Innocence is holiness and auspiciousness. When we get our realisation, our lost innocence is re-established. We start enjoying the whole world like a child enjoys it. It is fun. That is what Christ has said: you have to be like children to enter into the kingdom of God.

But today I find in the western countries basically children are attacked. The innocence is attacked. Sometimes I feel that the countries where there is love for children, children take their birth more. That's why the birth rate is more in countries like India. After Realisation you like to spend your time with children and enjoy their company. Because you enjoy their innocence, as your

innocence has been awakened. And I am very happy that today you have brought your children with you. Thank you for that. Come along! Come along! Alright.

So, for today, those who have not got their Realisation: we should see that they get their Realisation first. Then, I would like to work individually on all of you. To see that I establish the Realisation. Now, those who haven't got Realisation, the Sahaja yogis who are here will pay special attention. Now, those who have not had cool breeze in their hand, yesterday, and today who have come for the first time, please raise your hands.

But you are feeling cool breeze, alright, aren't you? She is a born realised. What about you people? Are you feeling cool breeze in the hands? All born realised. They are all born realised. See they have got it. These children? Are you feeling cool breeze in your hands? My children? Yes, great!

See I told you, they don't need anything. They are already feeling it. I know. See. And the little one there, are you feeling the cool breeze? They are going to have [UNCLEAR]. What about the little thing there? Are you feeling the cool breeze? Yes, the next little one. Alright he is feeling. I told you, you have got more realised children. Alright, so now. Yes?

Sahaji : When I see You, my heart it's much better.

Shri Mataji: Put your right hand on your heart, right hand. And then chanting has to be done, that: Mother, I am the spirit! Inside. Then the heart will always be alright. Because, in the heart resides the Spirit.

Shri Mataji: You too have a problem?

Sahaji : He is saying that the spiritual heart is on the right.

Shri Mataji : No, on the left. Spiritual heart on the left. On the right there is also, we believe in that also, on the right: there is another centre. Which is the Father's centre. It is another aspect of God, which is a Father. Who is the Father who becomes the King. So, it is the benevolent King, is the Father. And that is what is on the right-hand side. Left hand is the Spirit. Spirit is the reflection of the God, aspect of God, which is the witness. Which is the end of our existence because it is existence. Once the heart stops, we have no existence. So, it is also the Destroyer, because when it stops, you are destroyed. When you will read Sahaja Yoga, gradually you will know different centres and different places and what is the relationship of Spirit with God, with other things. You will know, you can read it and verify it inside. This is when you enter into the new dimension of your awareness, where you feel the all-pervading power, then you can understand, because with that power you know whether that, which centre is which. Any conception that we accept, without knowing personally about it, is a conception. Or a hypothesis. Whatever I am saying is a hypothesis to you! But when you verify it then it's a law. It's a divine law. So keep yourself open for that. Because whatever is here, may not be the truth! How to believe it? Today people have reached that stage that they definitely say: "why do you believe this, why? Why do you believe that Christ was crucified? Why do you believe the Immaculate Conception? Why do you believe there is God?" Now, you cannot show them Quran, or Bible or Geeta. They will say: "why do you believe in them also?" Because they are not connected with God.

Once the connection is established, you get all answers on your hands. You can feel it. If you ask God: "is there God?" the question, you start getting cool breeze in your hands. Ask about a false man: "is he true?" you might even get burning. Some are such horrid devils on this Earth that you can get blisters.

Now, if supposing, in Germany, when Hitler came, people were realised, they would have known that he is a devil. They would not have followed him. And, if, say, at the time of Christ, if at the time of Christ, people were realised: they would have not crucified him. Imagine, they followed Hitler and crucified Christ. Can you imagine, what happens to the brains of human beings?

So, one must have their absolute, so they can just be absolute. Unless and until you have absolute, you cannot change. That is the reason why they make such mistakes. See, that they followed Hitler and killed Christ. Their interpretations according to them

was right. Fine! They didn't know where they went. Unless and until you find your absolute, how will you judge anything on absolute value? Then you will have to go on compromising all the time, your principles and everything, because you don't know what is right, what is wrong. The modern times are really the days of confusion. A real confusion. Everybody is confused. Only those who are realised people get over the confusion. What wrong I might tell you, that you must be born again to have a value, it's an actualisation? What is wrong in this? Christ only said these things, isn't it? Because He didn't find people who were realised souls, he was crucified. And even when He comes, people will not recognise Him, if they are not realised souls.

Now, here are some children who are realised souls, immediately I knew they are realised souls. And the children also said they are realised souls. Because they are feeling the cool breeze all the time. But how will you make it out unless you know it's a realised soul or not? We have to open our eyes, isn't it? What's wrong in that, I just don't understand. It is the completion of what Christ has said: that you are to be born again.

Now we have to prove the existence of Christ, the existence of Mohammed, existence of all these people, on some definite scientific awareness basis, on the central nervous system. The critics will be always there. They have been always there. They criticised Christ. They criticised all the great people, even Rousseau was criticised and tortured. They are always there. They are the nasty people. They always will be nasty. They will never be able to see the right thing. And they do not also want to see that others are also honest who are getting Realisation. But because I am a nasty fellow, I didn't get Realisation. So, why should we criticise?

Or maybe, there maybe someone who is sick. Has got problems, who is complicated. Doesn't matter to me. It is the work of living God. The living work of living God, not of their tics (?). And it should not shock people who have been living with dead work. Satisfied with dead work. I am not paid for it. I don't take any money. Not that I don't need it. But Christ never took any money. Did you ever hear that Christ took any money for his sermons? He was a poor carpenter. A son, a carpenter's son, and he lived like a poor carpenter. He didn't want to have big house. He had only two robes to cover his body. He was a king because he did not need anything. Now, supposing he was born as a king, he would have lived like a king, with full detachment.

What I don't understand, those who do not want Realisation, should not become like dog in the manger that spoil the others' chances of getting Realisation. The dog in the manger. The one who doesn't eat the grass, and all the time barks and doesn't allow the cows to eat the grass. He can't eat the grass, also. Is very childish, the thing, and stupid to brand somebody as something. It's very easy to say you are Victorian, you are this, that. This is not the way you are going to solve the problem. That's the way we took Christ, exactly. You see, you don't have to judge Me. You better judge yourself, the time has come for that.

Alright, now we should try and get our Realisation. And then we should try and see why we don't get and we should try to fix up with people who have got it. Now those who have got Realisation [Shri Mataji working on seekers]

1982-0825, Talk to Sahaja Yogis: Western Woman

View [online](#).

25 August 1982

Conversation

Bianca's House, Versoix (Switzerland)

Talk Language: English | Transcript (English) – Draft

Gruhalakshmi hee?

Sahaja Yogini:

Shri. Mataji.:

Sahaja Yogini:

Shri. Mataji.: I might say the camera is great.

Sahaja Yogi: [Laughter].

Shri. Mataji.: [Laughs.] Or the camera

Sahaja Yogi:

Shri. Mataji.:

Sahaja Yogi:

Shri. Mataji.: Now, this is in the West.

Sahaja Yogi: I know.

Shri. Mataji.: Now, the people, the women are intelligent and the women of the West being intelligent and educated have developed a kind of a very complex situation around themselves.

Sahaja Yogi: Ya. They also can earn money, Mother.

Shri. Mataji.: Yes, and they also handle their own money. These things have made them a kind of a man without manliness, and that is why their whole behavior becomes extremely odd. Sometimes I just don't understand, but now I've started understanding, that the way the women are, they want to dominate men. But they don't understand that by dominating you cannot create good relationship.

Now, to dominate a man one way could be just to go on behaving like a man, you see, pushing him around and all that, saying, "Don't do this. I don't like it. This is not good. That is not good." But that is not so sophisticated. So, the other way is to all the time talk about the miseries of your past. "I am like this. This is wrong with me." All the time she's sick. All the time she's miserable. All the time she's insecure. All the time she's so dependent, she needs her husband. She wants the attention of the husband. The husband must look after her. Ultimately, I think the husbands must be getting absolutely fed up and running away from the wives. And that must be why the prostitution is so strong here, because at least the prostitute tries to please the husband and not to make him miserable, because she has to earn her living.

And I think it is just the other way round in India. There the men will fuss. The men will say, "This is not good." They will say, "We are sick and you must look after us," and all that. They don't say that we have to look after you. They say that you have to look after us. And the women think that, because they are their wives, they are their shaktis and they have to bear it upon themselves and give them the joy.

Now, the women here have another very bad capacity, in Sahaja Yoga I have seen it, that they always say that the negativity attacks, all the time, for any rhyme and reason. Like just now somebody told Me that when you have a child you feel more attacked by negativity because you are on your own. Imagine! When you have a child you have such a great company of your child. I mean, for an Indian mother, as soon as she is pregnant she feels the happiness. When the child is born, she feels the company of the child. For her nothing more is needed than that her own child is there, and then, through her child, she learns how to love other children.

But here even when the children are born they put the same nonsense on them. "Oh, how bad is my husband, he has done so much to me, and how bad is this world, and how bad was my mother ..." And this is how they try to dominate the children, making that child absolutely miserable. That is how we get to these les miserables'. From where it has come? — the sources are here.

Now, if they are uneducated they are even worse, because they have a complex. If they are less intelligent there is another problem. They try to play all dirty tricks with the husband and with other people. If their husband has any relationship with

anyone they don't like it. It is most surprising, isn't it?

Like friendship; or if the husband wants to talk to some other men, — not women of course, women you can have some objection, — but I can't understand, that they don't like friends of the husband, to come in the house. It is the other way round in India. The husband's friends are very much welcomed and looked after by the wife, and there is a sweet relationship between them, and they call her the sister-in-law. It is very sweet.

But here it is just the other way round. They just abhor all the relations of the husband, and this is something most surprising because the husband is not single. All his relations are part and parcel of him. He is obliged to them, related to them, or he is attached to them, and if she really loves the husband, then she should accept the other relationships also.

Then, all their lives they have lived like this, by making, I would say, a show that they are miserable, and they continue with it after they are married. And in Sahaja Yoga also, I have seen the way they behave.

Towards any calamity an Indian woman will stand up. She is the one who will stand up, at the time of calamity. Otherwise she will not show. She is not on the scene. Nobody will know there is a woman working, she is not the one who will talk first.

For example, if My husband and I are sitting and there is an interviewer, he will say that this woman is deaf and dumb, she doesn't talk. Really, many people who have seen us together say, "We never knew about you. Your husband never said a word about you." You see, like that, it is very common, woman just keeps outside. People didn't know that I could be Mataji because those who had known Me otherwise had never seen Me talking, because you are not supposed to talk when your husband is talking, you just keep quiet.

Here it is the other way round. If there is an interviewer, the woman will talk first. The man will be sitting like a big mouse, looking round and opening his mouth a little bit to say something.

The aggression of these women is very subtle. They come up with such sinister questions, anything they say has a sting and then you get fed up of such a person and that is why there are divorces.

The men of the west are much better than Indian men. They are not dominating. They understand the value of women. They have given so much freedom to them. They have given them so much prestige and honor. But if you give something to women, they should be capable of bearing it up, isn't it? What is the use of giving everything equal to them when they have no capacity to bear it? That is why it is such an imbalance, I find, for women the way they are so sinister about the whole of life.

Life is beautiful, full of joy, happiness, bliss. Morning until evening if you go on making somebody miserable then you are against life. You are against God. This they must realize. The whole thing is that they have got equality without evolving themselves up to that point.

It is rather like the Arabs. They got the Cadillacs. First they were on the camels or on the donkeys, then they became rich Arabs and they had Cadillacs. Now, by sitting in the Cadillac you don't become a cultured man.

You see, in the same way if the women are suddenly made to feel, oh, they are equal, this, that; they have not developed that panache, as you say in your language. They haven't developed that sophistication. So the inferiority works out and they go on pinching the men all the time. Every word, and the tongue also doesn't have that sweetness.

But in our Sahaja Yoga we have seen some very great Sahaja Yoginis, who are really senior women, I would suggest. Like you can say ..., a solid woman, very solid woman, very solid woman, and she understands things very well. Like ... she is a good wife, no doubt, she makes her husband happy ... is another one. See, these people have that sweetness about their husbands and I have never seen them telling Me about their miseries or thinking about their past or anything. Never. Never.

Always they said we were happily married. ... told Me, "We were happily married." Her husband was a Russian, and they had a problem because of the war, but she never said that 'my husband made me miserable', or this thing, that thing. Never. I never heard them saying like that. And even if that is the case, or something is there, you should be happy. Even if, say, your husband is a bad man, he is not a Sahaja Yogi, you should be happy.

In Sahaja Yoga it is compulsory that you should be happy, you should be joyous and you have to be joyful. There is no place for people who are miserable. If they try to go on with this they will have to get out of Sahaja Yoga. Take it from Me. All of them will be thrown out. If you do not want to come up you will be out for good.

So, it is a challenge for all the Sahaja Yoginis in the West that you must be joyous. You must be happy people.

Now, you see that in any case like this they build up their ego very subtly. If you just say that, "No, that is not good," immediately they start crying, you know they are upset. Men don't know what to do, because these women have picked up their own images and they want to do whatever they think, and if men see something more than they do, and say, "Do this, this would be better,"

they are finished.

They get identified with these things. So, you can't say that they are left-sided, but they are egotistical. And in this ego there is a sinister attitude by which they make the men and woman and children miserable.

So, this must be stopped now. Anymore of this misery is to be stopped in the West. Nothing. What is this misery you have got? You should go and see the women of India who are smiling and laughing. They have children to look after. They have ten, eleven, twelve children to look after. They have no money. Early in the morning, at four o'clock, they have to get up and take their bath because of conditions in India. They cannot laze out like you do. And then they go to the well, fill the water and bring it home. You see — beautiful, see their faces shining. They come home, put the food down there, slowly wake up their husbands, put things for his bath, look after their children, clean the house. By the time the children are up they see the clean house, you should see how much they work hard. And you will not know that they are working. Absolutely silent. You have seen how these women used to cook. Did you ever hear any body outside? As soon as people are coming they are serene. They are looking after them. They are intelligent, I mean, Neema is an income tax officer, do you know that Uma is an income tax officer. They are officers, but how do they behave? Have you ever seen them anywhere in anyway asserting themselves? Never.

In India education is very strong. Most of the girls in India are at least graduates, actually, at least. But there is no ego about it. They understand their position as wife and as a woman, and they know that they are the ones who are the source of joy, and they have to give that joy to others. Here the women don't understand how much they can give joy. After all your Mother is a woman and if She can give so much joy why shouldn't you be able to?

And this is what it is. I just don't understand, such a great potential, such a great source just cut. Just cut. That is why, you see, the motherhood is lacking, nothing else but the motherhood. The women are all right — nothing wrong with them, it is the motherhood.

Even a little child in India — see our Anupama is hardly now six years old. She came to speak in My ear, "Who is this baby here sitting smiling?" I said 'his name is Macchindranath.' "Ah I this is Macchindranath!" She is a six year old girl, she doesn't know how to carry, you remember, she took the baby. Then she wanted to give him something to eat. If you have any child bring it home. These two girls will look after it, give food to it, they will look after it. They are just all the time, you know, nursing the children. Even to the grandfather, "Now, can I feed you?" Grandmother of course, but to the grandfather! "Can I feed you? Would you like to have this?" I take My bath, I come out and she is there with the powder to sprinkle on My feet and to wipe them with the towel. All the time they are running up and down. You can't imagine how motherly they are, to Me. To Me, they are motherly. To their grandfather they are motherly.

Early in the morning — this Shumi was about two and a half years old, very small — so early in the morning she used to see the grandfather sitting there. She used to go into the room, take his newspaper — just hardly used to walk, you see — and his spectacles and bring them to him. What does it take?

But if the attention is all the time to extract others, it comes from some sort of very sinister idea. It is very repulsive. It is not that I have seen it once, but when I talk to them, I really feel very disgusted sometimes. And I feel, oh God, these women when they marry what will happen? And when they marry, I see. And that is why the men here don't know what to do. You see, if you have any problem, a woman has to bear it.

Indian women have great courage. Like when the war started in India, a woman, who was a widow and a queen, she rode on horse herself, she tied her sari, she took her child at the back — she was a queen — and jumped from the fortress about a hundred feet down and she fought the British. She died, of course. The British killed her. But the Britisher himself — the general — wrote that, "We won the battle, but the victory and the glory was that of Lakshmi Bai."

Not only that but there are many women like that. Wondrous. But they would only show up if there is a calamity. When things reach the cusp of just drama, that time they come up. Otherwise they are quiet.

You see, that kind of thing should be the womanhood. I mean, if I have to tell you about Indian women, I will have to give [UNCLE! you] a big lecture. Really. And you have seen how they behave, how dignified and how sweet and ... I must take My hat off to them. They are mature in the womanhood in the best possible way, the potential of women.

See they worked so hard. If you remember a little girl who was married and she invited us for breakfast, about three years back, a little one, very small. We had gone to a canal and she said, "Tomorrow, Mother, you come and have breakfast at my place," and I said, "No, it is too much. We are so many people, about thirty five people. How will you feed us?" And apart from that the other leaders were also there. "Oh, I will manage," she said, and when we went there she gave us such a nice breakfast. And all the neighboring women — you see, they got up at 4 o'clock, did everything — and all of them in really great joy, that Mother is coming to our house and they were so enamored about it.

That is called as 'fondness' in India. There are no words for joy here. There are no words for different joys, but it is this fondness of people, and they were feeling obliged that we were eating. And I ate and ate. I said, "No, I am too full, I can't eat any more," and they said, "Mother, you didn't like anything, or what?" — and giving and giving. So sweet. And so many, I think I told them thirty five, there were fifty. Arranged like that also, and in a small little house, they arranged in front of the thing. Very silent, very silent. Very efficient, because of the efficiency, you see, of love, that they could manage it. It is so, sweet, and little, little things they do. It is so much energy that goes in. So nice. And this time I am going to write even to the Poona [Pune] ladies, that they should arrange our food, not in the Rajwade Karyalaya and you will see how they will arrange it. They will get all the best vegetables of the market, the best chickens of the market, and the best of everything and do the best that they can, put all their heart into it. "The saints are coming to our house, the saints are coming to our house."

The beauty is this, and despite this, many people think that Indian women are very much suppressed because of their goodness. They don't mind. They say our goodness cannot be suppressed. Goodness is a thing that is more important than suppression and oppression and all that. They don't take to all these nonsensical ideas. Not at all.

It is so nice. And then the husbands feet attached. You see, My daughter, now she receives her husband's phone calls practically every day from Saudi Arabia. Look at My husband. Now, he is an old man of sixty-five years. If you leave it to him he will telephone to Me ten times. I tell him don't telephone all the time, but he will go on telephoning. You see, that is the source, so you want to talk and you want to have something.

But here it is the other way round, they want to extract from you. What is there for men to give? It is women who have to give. Women have to give. They don't realize their potential and they go on eating somebody's head all the time. How can they love him? They cannot.

And that is what I think of when I tell Indian men to marry Western women. They shudder a bit, because why should they make themselves miserable? Just think, if they know about Western women as they are.

So, this must change. We are Sahaja Yogis. We have nothing to do with Western ideas of women and all that. I don't know, whatever book I have read about Western women, about the heroines and all that, they were never like this. This is something else I am seeing actually from what I have read.

Question: Could Western women imitate Indian women?

Shri Mataji: Also they should, but there is no need to imitate, because you are Sahaja Yogis. You get it spontaneously. Just accept that. Now accept that. Whatever is the past is past. You can do it.

Our job is to make everybody happy and joyous. That's it. That is our job. That is the source we have got. We are the source of joy. Accept this situation. We are the source of joy, of confidence, of love, and affection, and kindness and gentleness. Then, once in a while, if the husband does wrong you have a right to tell him. He will never mind it. But all the time if you go on coaxing him he will say, "Oh, this permanent, mundane, every day."

This needed saying. Even Australian women should be told. This is very common. But they are very sweet, ah! Don't trouble the girls, if they don't trouble you, then you shouldn't trouble them.

1982-0825, Love is the Solution

View [online](#).

25 August 1982

Love Is The Solution

Public Program

Temple de la Fusterie, Geneva (Switzerland)

Talk Language: English | Transcript (English) – Draft

Public Program in Geneva (Switzerland), 25 August 1982.

Shri Mataji: When the Spirit manifests within us, then this joy becomes active within us. First of all, our maladies disappear. Because our Spirit is the source of the white cells. Or we can say, is the connection between human attention and the Divine Power. When the connection is loose, the vibrations become a little difficult - sometimes they appear, they disappear - till the person establishes himself.

The first thing that happens to human beings when your Kundalini is raised to this stage (the Agnya), is that you become peaceful and the thoughts that are bombarding your brain disappear. Now, if you want to think, you can think or you need not think. There is complete rest and peace in your mind. So when the Kundalini comes out of your head and starts flowing regularly after establishment, you can give realisations to others.

Those who got realisations yesterday were today giving realisation to people in Geneva. One little girl wanted to test a gentleman who had been doing some sort of black magic. Suddenly her thumb started becoming (hot). And she showed Me, "Mother, the thumb is trembling". This thumb indicates authorised, unauthorised working of the mind. All those people who preach, gospel or talk of God without getting realisation have this left Swadishthana.

This forehead is not to be bowed to anybody else but to an incarnation. And those who bow this head to a person who is not an incarnation, not a realised soul, but an incarnation - gets a very serious problem here called Ekadasha Rudra. Is the complete blockage in the lower base of the brain. You will be surprised that a disease such as cancer is caused by left Swadishthana to be weak - which means if you have any unauthorised understanding of God - starts from there.

Like the gentleman the other day who was shouting, "Christ, Christ, Christ" - I was feeling compassion for him because he did not know he was in trouble. Without the connection, if you telephone, your telephone is spoiled. It is as simple as that. Now here you can see if you go to the left or the right. You go to the subconscious and collective subconscious. On the right side, to the supraconscious and then to the collective supraconscious.

Now when you have a chakra like this (Shri Mataji shows the right and left loops with Her hands), say, the spinal cord and the chakra - this is the chakra. The centre, the subtle centre. And you start pulling it to the left and to the right. What happens? There is a dislocation. Now when there is a dislocation, what happens? Then the relationship with the whole is broken. At such a point, the cells, say on the left side - who go on, "Oh, God, Oh God, Christ, Christ" - then what happens? The cells on the left-hand side start acting on their own. But even they could not act on their own. What happens is now very clearly stated by doctors. And I have seen the television about what really happens, how the cancer is triggered.

They say, in our body, there are unknown areas. Because they don't know; doctors don't know. Unknown areas which have been built within us since our creation. That is the left collective subconscious. Now this left-sided collective subconscious that is within us is our past since the creation. All that is dead is on the left side. Now, when you push yourself too much emotionally on that side, suddenly you are attacked. According to them, by protein - which they cannot say what they are. They call them Protein 52, Protein 58; these are just names - attack, and that triggers, that triggers the setting of cancer.

In the Bible, you know Christ took out the possessions of the people and put them in the pits. And threw them away. These proteins are possessions that doctors do not know. But somehow, you can bring these centres together and give them a vital power flowing through them continuously by Kundalini awakening. Then you can control the movement of the mind to that area. And that is how you cure the cancer of a patient.

When the Kundalini rises, she again consults all the deities about which Christ has said, "Those who are not against Me, are with Me". She again comes out of the fontanelle bone area and then the grace of God starts flowing through you. And you can feel it in your hand. This is what one has to ask God. Once it happens, so many diseases can be cured.

But the main disease today of human beings is that they are not at all happy with whatever they have got. Firstly, they are extremely confused. They do not know where to go - to go to a guru or go to a church or go to this. Or to give up capitalism or to go to communism - they do not know anything. And there are so many writers that they were reading all the list of "...ist" and "...ist" and "...isms", "...isms", I really got fed up of what the thousands of "...ists" and thousands of "...isms" are there.

But because the Spirit is the Absolute, as you are connected with the Spirit - you ask a question and you get an answer from the Absolute.

There was an atheist today for our program in Berne(?). Atheist. He must have been shocked, the way people are working out God for some funny things. But he said, "I don't believe in God at all, at any cost". So I said, "Why have you come here then?" He said, "All my body burns, there are burns in my body, all over I have got burning. Now, what to do? I came because I thought you were curing people but I don't believe in God".

He was very genuine and a frustrated man. So I asked him. I said, "All right. You just ask one question, putting your hands towards Me, saying, "Mother, is there God?" So when he asked thrice only, his feet started feeling cool. And when he asked seven times, his whole body felt cool. And he felt the cool breeze in his hands and he felt the cool breeze here (on the Sahasrara). And said, "I definitely believe in God now".

And he said, "How is it I did not believe in God and how is it you have cooled it out?" So I told him that God is an ocean of compassion. Ocean of love. Ocean of forgiveness. These human beings cannot understand that ocean. And when a person gets realised and when his Spirit starts showing in the attention, he also becomes compassionate. And extremely loving, extremely forgiving. He realises that "I can feel another person within myself. So who is the other?"

People say, "We have to do God's work. We have to help others. Do this, do that". I ask them, "Who is the other? Show Me. If nobody is the other, whom are you helping? This is just an ego trip. This is not God's work. Supposing this finger is paining and My hand rubs that finger, do I say, "I am helping My finger or I am helping this finger?" Actually, it is such a combination that capitalism and communism meet each other.

With all My power of love, I am a great capitalist. And I cannot enjoy this joy - I have to give it to all others - so I am the biggest communist. Even if people get angry with Me and say all kinds of things against Me; still I want to give this love. Because love is the only solution for today's problems, for eternal problems which are troubling you. Just mentally saying that we are all one, and we love each other does not work out because it is superficial. It is mental.

But when it comes into your consciousness, it becomes part and parcel of you; when you become that, how can you help it? It just goes on flowing all the time. It does not consider how you have treated Me, what you have done for Me. It's only bothered as to give you realisation. Like a mother whose children don't eat sometimes. So she tries every trick so that somehow the children eat. She may sometimes scold him, chastise him, entice him. She may do all kinds of things to do good to him.

Now, we have to know that love is the solution. But this contagious love is silent love, which does not speak. It flows and acts. It is dynamic. In the beginning in London, there was an intellectual who got realisation; luckily, for him. And he said to Me, "Mother,

you told me there is telecommunication of God and my father has not written any letter to me; I don't know what's the matter". I said, "All right, you just think of him and put your hands like this" (outstretched). He said, "I am getting a burning here". Getting a burning here. Right hand. (below right Vishuddhi finger).

All right. Now I told him that these are the centres of the father. And if it is very much burning then your father must be down with horrible bronchitis. So he telephoned his mother in Scotland. And the mother came on the phone and said the same sentence, "Your father is down with horrible bronchitis". Now, sitting down in London, he could cure his father.

Supposing we are part and parcel of the whole. And we become aware of being the whole. For example [UNCLEAR]. Then, whether you are here or there makes no difference. Supposing somebody pricks Me here (on finger), the whole body knows there has been a prick, isn't it? That is how you know. It is an awareness which we haven't got as yet.

For example, animals have no awareness of dirt and filth. But human beings have. After realisation, you develop an awareness of the wrong things which are against the Spirit. And you drop out everything that is useless. Automatically you react to a thing that is wrong. And if you know about the decoding of your information, you know also how to protect yourself.

For example, psychologists do not know how to protect themselves. First of all, it is a very unauthorised way. They meet all pathological cases. Like Freud, who was a half-baked person. Who met all the pathological cases and generalised as normal. He himself picked up bad ideas from his patients and was a very perverted man himself his whole life. And he died of horrible cancer.

Even the doctors, nurses, clergymen and also we can say, the people who do social work and come in contact with human beings catch from others. But they are not aware till they land up in the lunatic asylum. So in Sahaja Yoga, you also learn how to protect yourself from negative forces. Last but not the least, I have to warn you - that today this world is being attacked by tremendous negative forces. On one side are the people who are fanatics; on the other side are people who are we can say fake and false - they have been warned in the Bible.

On the other side are the drugs and alcoholism that is ruinous to us. Apart from the negative forces working through the political parties, there is something that is very, very terrible within us. Human beings are going to destroy themselves from within and not from without. Last year I heard that Switzerland had the maximum number of suicides; more than even Sweden.

These are shocking things of life; in fact, which must be faced. That despite all affluence, why is all this happening to our young people? Thousands and thousands of seekers are lost as drug addicts, some are lost because of fake gurus and some are lost because they did not find love in their family.

Sahaja Yoga is a spontaneous promise or spontaneous message or spontaneous actualisation of joy, bliss and benediction of God Almighty. May God Bless You.

And it is going to establish the Truth. As an actual fact. The truth of whatever is said in the scriptures. I hope you get the wisdom to understand that we are standing on the brink of our emancipation or on the brink of our destruction. Those who help in this work are doing God's work. And those who try to just pull us down are doing anti-God work.

May God Bless You All.

Now I would request, about half an hour you take at the most, to have a session of Self-realisation. But those who have to go for much more important things can go. Do not disturb other people. It cannot be forced on you. God is not going to fall at your feet to say that get your realisation. You have to ask for it. If you do not ask for it, I cannot force it on you.

As it is, I think, the grace of God has become extremely compassionate to achieve this en masse evolution.

Now, can I ask all of you to sit down, please? There are places here where you can come and sit down; please don't stand. If you want, you can sit here. Please, here. Please take out your shoes. Here.

Just I would request you, first to know, that we have to give a balance to our being. As I have seen today, the balance is more towards the right - because very active people have come for realisation. As it is, you know, in the West people are very speedy; especially in Switzerland. And extremely frantic about time.

Now I would request you to understand the balancing system within us.

Please put your left hand towards Me. Because you are active on the right-hand side, the left side is sleepy. (Shri Mataji is raising her right foot and tapping it on the floor while saying this). Such people become emotionally dry.

Now, what we have to do is to get the right side also nourished by the Divine power. Now, I would request you to put your hands on your lap and be very comfortable. Now put your left hand over the right (Shri Mataji brings Her right hand over the left) and try to raise to the right-left to the right from the top of your head and bring it down and put it down. Did you follow?

Do it seven times. This will reduce the franticness within you. And the speediness within you. So you are raising the left side and getting the all-pervading power upon yourself. And also you are giving a protection to your aura.

Now, to raise your Kundalini, put your left hand in front of your sacrum bone, above. Little lower. Away, away, away from your body.

Now, this hand (right) is for action. And this one (left) is for desire.

Now, what you have to do - when this (left) hand is like this (bent in front), this action (right hand) will start winding up with your action (circling the left hand) on your desire. And try to bring it on your head, and then give it a knot.

Like this, correct. Now start, again start. Now put it up and tie it.

At the third time, you have to tie it three times. One. On top of your head. Two. And three.

Now out your left hand and right hand towards Me. And see if you are getting a cool breeze in the hand.

Now let us start the left side, though the right side is still quite a lot (Shri Mataji stamps Her right foot on the ground a few times while saying this).

All right. Are you feeling? Good, very good.

Now to also have a better right hand, what you can do is to put your right hand towards Me and left hand on the liver. The liver is here.

(To a Sahaja Yogi): Facing them, facing you show. How will they see your liver?

Now put it there (hand), your liver. And press it, your liver; with your hand (Shri Mataji shows how).

Now raise your (left) hand and put it here (right Heart). Is the right heart as we call it. Is the heart of the father. Think of this God as your father, the Preserver. The Protector.

Now, put this hand (left) and put it at this place, at the right Vishuddhi we call it.

This is the place of the Primordial Being, what we say "Allah-u-Akbar". As we say, Akbar. Akbar means God that is great. This is the place of that. So you place your hand and with that, you have to say that, "Mother, make me a witness of this play". In your heart.

This chakra is caught by people who talk too much sometimes, smoke and sort of, put out (point) this finger (right Vishuddhi) out quite a lot - all such things. So you put it here. It will help you. And those who do not believe in collectivity.

So you have to say that, "Mother, make me a part and parcel of the whole".

Now you come to your forehead, with this hand here. Now, this is, the forehead, is the head of our ego.

So we have to say that if we have made any mistakes, God should forgive us. Say it twice.

Now you put your hand on top of your head. Left hand.

Now you have to ask a question, "Mother, am I a realised soul?"

Or, "Mother, please give me my realisation".

Say it thrice. If you say it seven times, is the best.

You start feeling the cool breeze coming in.

Is it coming? You can press it in the centre, in the fontanelle bone.

Now if your hand is tired, now take to another hand. Right. Now take to right hand please,

In the right hand, you have to put your hand first to your heart. This is the left side.

In the heart resides the Spirit. So please ask the question, "Mother, am I the Spirit?"

Anybody who has heart trouble, if he asks this question on My photograph, will be relieved of all kinds of heart problems.

Now take this hand higher, on the neck side. And say about eight times, "Mother, I am not guilty". Eight times. This is the worst disease of the West.

Now you bring the same right hand on the back of your head and just rest on that. Here.

And say that, "I forgive everyone". Say it with your heart. You please forgive because by not forgiving you are just harming yourself; not others.

Just push your head to the back and just say with your full heart, "Mother, I forgive everyone".

Say it twice, but with a full heart.

Now again, put the hand on top of your head. The right. And say, "Mother, please give me my realisation".

Now let us again do the same thing we did. Put both your hands towards Me. It's in balance.

Now give it, a protection to your aura, both sides. One, two, three, four, five, six, seven. Seven times. Bring it like this, throw it here; bring it like this, throw it there.

All right. Now again, you put your left hand in front of the sacrum bone. And now start moving your right hand, of action (to raise the Kundalini). Take it on top of your head. And give it one knot. Bring it down and throw it down.

Again, please try. (Bring) on top of your head. Give it one knot and bring it down. Throw it.

Now, the third time, we have to give three knots. Put it on top of your head and give it a big knot. Another knot. And another knot.

Now see if there is a cool breeze coming in the hand. Don't think about it. You can open your eyes and watch me without thinking.

All right? Now don't think. You didn't get it by thinking.

For further details, we have a centre here. You all have got the paper. Please contact. And try to grow within yourself so that you can help yourself, your friends, relations, your country and the whole world.

Unless and until you have mastered this art of God's Love, you are not called as Sahaja Yogi. Within three or four weeks, you can master it.

You can go to the centres where we have got people who are masters; and very loving and humble people. They will tell you everything. And if you have any problem you can even write to Me at that time.

And also a photograph should be sent to you people so that.. you send Me their photograph - I can see them every day. Those who have not got realisation should also go to the centre and get their realisation. Bring your friends and all the other people. Nothing has to be paid.

To a Sahaja Yogi: Tell them what you are doing next.

[Sahaja Yogi announces in French].

Shri Mataji: Those people who have brought anything to vibrate can bring it here.

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History Of Spiritual Seeking

Public Program

Lausanne (Switzerland)

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I bow to all the seekers of truth and love. There has been a great talk about truth, love and bliss so far in the history of spirituality of human beings. But it is so surprising for an outsider to see that all these religions have been separated from each other and it is impossible for them to find any common points between themselves.

If truth is one, God is one and love is the same thing, why there are so many religions and so many wars in the name of God? The more human beings are developing in their intelligence, they look back upon the history of religions and they get a fright from the way people have behaved towards each other. Even the science, which has no connection with God or religion, has gone to a limit where we have created devils of bombs, which are atomic bombs, hydrogen bomb, nitrogen bomb. Yesterday we had a very important gentleman from the disarmament organization of the U.N. and they said, "It's all absurd because already there are five thousand types of bombs which are being created. We have to just press a button in one of these countries and the whole world can collapse into nothing." Under these circumstances we are born, at the present time.

If we try to close our eyes to the fact that all these movements of human beings whether on the religious basis or on the scientific basis or into any other economic basis has not lead to the betterment and well beings of human beings but has ultimately ended into some sort of a shocking demon sitting on our head. Now what is the reason for this kind of a mess we have landed ourselves into? We have not been able to understand why we have reached such a confused state. But I'll give you a little simile about it which will make you understand. Supposing there is no light at all in this room and about hundred blind people just walk into this room who cannot even feel their way around. They will bang at each other. They will fight for their seats. They will be sitting, not facing Me, facing the other side because they are blind. But that is what exactly human awareness is at this point of its development in the evolution.

Actually our ego does not allow us to accept this situation and we go ahead with it, banging each others' heads, breaking each others' lives. God has created us so beautifully, this whole universe, and has developed us from a little amoeba to this beautiful being as a human being. Is this, is this the purpose for which God has created us: that we start destroying his creation? The best creation, that is the epitome of creation, is this human being. He poured all His love, His bliss, His intelligence to make us human beings.

Today I would say there are many people who are aware of this kind of a gap between the truth and themselves. They are the real flowers of this beautiful tree of life. Someone may be a rich man. Someone may be a very big official. Someone may be something great but in the eyes of God, those people who are seeking the truth and trying to achieve it are the real joy, a thing of joy of His creation. So we can see now that we are face to face in a situation of confusion. Either we emancipate this world or we destroy it.

I would like in a very short way to tell you the history of spiritual seeking. When man was first faced with the nature, he tried to find out the essence of the nature so that he could overpower it. That is on the right side movement, as you see there, is the movement of the action that man started to perform something they thought proper to experiment with the natural forces of five elements. Greek people said that there are all the deities of all these five elements.

When I went to Greece, I asked them, "Who told you that these deities are there? And from where did you gather this knowledge?" And I was amazed that they said that "Much before Alexander went to India, we had a Indo-Aryan rapport. And we consulted them and it is our consultation that brought forth these ideas about the deities that are presiding over the elements."

So this side of a human being is the reflection of the creator aspect of God. He created first the causal of the elements then the elements out of the causal and then He created all this universe. For example, fragrance is the causal of the mother earth.

Now when they started worshiping these deities, a kind of a right sided movement of the worship or is it connection with the subtler side of life started growing. This happened practically in every country but did not continue very much in the west because western countries suddenly started taking to the position of a shoot of a tree. That's how we find you people are so

developed in material things. But in countries like India, which tried to play the part of the root to find out the source of all the energies, tried to find out how to please these deities and how to take advantage of the material, or we can say, of the five elements. But in Greece also, as in every other western country, they gave up this idea and they made the Gods look like imperfect human beings. This movement was in England, I have seen was done by people who used to worship places where some stones came out of the mother earth, like Stonehenge.

Even quite late as sixteenth, seventeenth, eighteenth century in England, there was a movement to find out the relationship between the gravity and the magnetism. All the churches built in those areas go in two lines where they found that throughout on those lines the compass goes on bending downward. [Mother repeats for the translator: "the compass, you see the compass bends at those four points like this."] It has to be straight, you see, North, South, East, West it points. But actually it bent to the gravity, you see. So they were surprised how it bent at those points. And they picked such a, so there was deeper understanding. They tried to understand deeply the significance of God's blessings through these natural elements.

But after some times, they lost interest and they just became organized religions. And after that, when we had a person like Henry the Eighth, who wanted to marry Anne Boleyn. He authorized the bible from the Protestants and they started using that bible. That is how the Protestantism came in England. So the whole seeking ended up in authorising the bible by such a horrid fellow who killed his seven wives in the name of God

So the king became in charge or the ruling people became in charge of the God. And the whole thing, the whole religious movement became nothing but a sort of a formal thing without getting any benefit out of it. Now you'll be amazed to know that in England, churches are sold just like houses and people are buying them. And these false gurus are now taking over the churches for their use. America is much more advanced in this. They even have churches of the witches and the black magic. Same thing happened in India.

Those people who were trying to raise or to initiate people to become spiritual started taking to methods of tantrism, which is black magic. For negative, there are three, four words in the Indian language. It's called as the knowledge of the dead, bhoota vidya; shamashana vidya meaning the knowledge of the cemetery; and pretha vidya meaning the science of the dead, or you can say, of the past. Indians are experts in that. It is very easy for them to mesmerise the whole group of people and befool all of them by some sort of an experience of sensation. Also some of them have taken a clue from the western people thinking that if you give them sex as the energy of God, they will be very much popular. They have done it. Now in the temples of India, you will be amazed to know that all kinds of drugs are sold. And these fake gurus and the false gurus have built up empires of empires out of your naive idea about religion. But innately, because we are very traditional in the idea of God, innately if you ask an Indian he knows how to recognise the truth. As it is, the village people, country people are simple and they know what is reality. It's not easy to befool such innocent people.

Now one has to realise that in your seeking, whatever may be the way you are doing it, you cannot pay any money. In the west because the priests were paid for their jobs, people believed that even God realisation or Self realisation or any movement in spirituality has to be paid for. Spiritual evolution is a living process. Any living process, you cannot pay for it. If you want to sprout a seed, you can't pay the seed and the seed won't sprout out of it. You cannot put any effort. You cannot stand on your head for the seed to sprout. All the designs and maps of what this little seed is going to be is all built in that little seed by the divine power. And when this seed is put in the soil, in the mother earth, the mother earth knows the seed and seed knows the mother and it sprouts by itself.

This is the spontaneous happening, which is the living happening which we human beings cannot do. At this level of awareness, we cannot do God's work. Whatever work we do at this level is the work of human beings, which is a dead work. In our humility, we must know this. We cannot transform a flower into fruit. Let us accept it. So we cannot make a pulsation in a person who is dead. Let us accept. We'll go deeper into it and we can say that supposing you are running very fast and then you stop. You can increase the rate of heart but you cannot reduce it to the normal. There are so many such things, which are billions and billions of happenings which we cannot control as human beings. But being very superficial with ourselves, we take it for granted. Even we do not understand how a particular type of flower is grown on a particular kind of a plant, how this choice is so beautiful and perfect.

See their variety and the variety of human beings, the kind of people, the temperaments and such a lot of beauty created by that variety. But we must know, we cannot clump these human beings into groups. We cannot make them into some sort of a machine that moves with the same, er, mood. They are human beings of their free will. If they have to be collective, it should be a part and parcel of their awareness where they are not forced into it but they just become. So that is what one must realise: that we are not at that level where we feel this all-pervading power or we are not at that level where we have become. Again I say

"become" in our awareness: in our central nervous system that we can feel others.

All the scriptures have aimed at our second birth, towards our breakthrough into that unconscious. Like, a, one fish came out of the water. Then some came out. And then shoals of fishes came out. In the same way, in the seeking of God also, there were very few people in the beginning who knew about Him as a collective being within themselves. But when the seeking started, man went into the extreme and clubbed people into organised religions. We cannot organise living process,, leave alone God. We cannot brand people as this kind of a sheep and that kind of a sheep. So something has to happen within us. And that happening has to take place because we have to save this great creation of God.

Now think of the wars and think of the problems we have. Why we have all these problems? We have problems because we are not collectively conscious. We do not know that there is no "other" in this world. Mentally we understand that if we try to destroy Russians, Americans will be automatically destroyed. Mentally we understand that if we destroy others, we'll be destroyed too. But we do not know that it's a fact that if you destroy one finger, the whole body is going to suffer; that we are part and parcel of the whole being, we are already. But we are not aware of it.

We do not know that we are part and parcel of that thing and an experience on the central nervous system. Whatever we have achieved in human is in our evolution is on the central nervous system. Now if you, if you take a dog through a dirty lake, he has no problem. But we can't go through that because in aware in a one awareness we are sensitive to dirt, filth and bad smell. And at the later state of our evolution, we will be conscious of, we will be conscious again I say, that the other is me.

We can feel others on our fingertips. In the Koran, Prophet Mohamed has said for the future that "Your hands will speak." In the Bible, also it is said that "I will send you a comforter who will make you know My Father forever."

That clearly means that yet we are not connected with the Father of Christ. And somebody has to do it and give the counsel and redeem you, means give you evolutionary jump into that breakthrough. I feel today that blossom time has come.

Whatever has been in the history is just an evolutionary process. Like in the earlier stages of animals' evolution, those who were very aggressive and bulky people were thrown out of the circulation of evolution. Today at human level, those people who are trying to club each other and organise God and also try to create falsehood will be exposed, no doubt. Now the truth, truth has to express itself, which will express but if you don't accept, it will break through with a crash. So now, one has to understand that there is within us a power or a built-in process by which we can become the spirit.

I must say for Christians, it should be easy to open your mind to understand that the movement of seeking has not been only in the western countries but all over the world. And as it is said that "You are to be born again," this is the only work of God that is to be done. You are the temple of God and you are to be born again. In Sanskrit language, a person who is a realised soul or born again is called vijaha. Vijaha: the one who is born again, twice born. But interesting part of it is that they call a bird also a vijaha. Because he's first born as an egg and then he becomes a bird. In the same way, a human being when he's born, he starts growing. He becomes, er, he starts developing his ego and superego in his head like a balloon. And then a calcification takes place at the fontanel bone area by which you get separated and you become Mr. X Y Z, means you develop your I-ness.

So now you get your freedom to choose and decide which is the right way to move. So we have to understand that we have to be in the centre to evolve. Now tomorrow I'll tell you about the centre path and the left side but today I'm just telling you that we have to be in the centre, not to the extreme of the right and not to the extreme of the left. The wisdom that is given to us helps us to remain in the centre. Also, the Ten Commandments like things are in every religion because they are our sustenance to remain in the centre. They assert their influence. In the centre, the green that is shown there in a very light green colour is a round circle and they assert on this abdominal area where when you try to go to the left or to the right, they try to bring you back to the central path.

For example, if a person is too active and is running all the time in extra work then imagine the heart goes out. The one who thinks too much and who plans too much for the future, his heart also becomes very weak. Is most surprising, when you use your brain too much, your heart gives way. Supposing there is a person who feels very guilty and weeps and hysterics and cries all the time, you can say 'the emotional person' who begs everybody miserable by the miseries they have. Emotion is the quality of the heart but such persons use their brains. They land up in the lunatic asylums. You'll be amazed to know that a lunatic never gets a heart attack. That is how the system balances you and tries to give you a balance. So first, this balance is to be achieved within us because if this power has to rise, if the person is not balanced, then this transformation or this second birth cannot take place, you see.

When you will grow in Sahaja Yoga for that, you'll be amazed to know that most of the diseases, I mean ninety nine point nine percent we should say are caused, are caused by the imbalances on the right or on the left. Even you'll be amazed to know that when the egg is comes to its, er, it starts developing and it comes to its full form, it stands in the water. You may try to push it

down any amount it won't settle down in a horizontal way. So now, when the kundalini comes to this and pierces through your fontanel area, the seat of the spirit is on top of your head, and it reports. Actually you can see the pulsation of the kundalini. Yesterday only I showed in that church pulsation of kundalini whose somebody's, er, somebody's void I mean somebody's stomach problem, was there and you could see it pulsating there. This is a living process so you can pulsate it. Only living, if we want to see if somebody is living or not, you see the pulse, isn't it? The pulsation rises along the spinal cord. And you can see it with a stethoscope till it reaches to the top, the summit of the head on the fontanel bone.

In India, there was a poet called Markandeya about fourteen thousand years back who has written about this happening. In the south there is a place called Chindindra,. means the Indra, the king of the devas, was given realisation was made a hole in the head, chind-indra. So God knows how many years back it happened. And it is said that once it happens then you find the all-pervading power, the brahma.

First time you start feeling the cool breeze around you, the cool breeze of the holy ghost. You'll be amazed when you come to Sahaja Yoga that all the prophets and all the incarnations are so complementary to each other. All of them were so much opposed by the blind people. Even today, people oppose Me. This is, of course, not so difficult now; in democracy nobody is going to crucify Me. But in those days, they crucified, they gave poisons, they beat. They did everything possible that they should not speak. So this method of the central path of giving evolution was kept a guarded secret. But some murmuring souls who could not get realisation, out of frustration, just went out and started a tantric thing against God.

Christ was the first person who said that "You are to be born again" so openly and to the public. He was not given much chance, as usual, to say much into details about it. Then in the sixth century, Adi Shankaracharya wrote books about it and told people that "You have to get your realisation. Without realisation, all this is falsehood. You have to know only the Brahma, the all-pervading power." All the priest class who were interested in their earning money out of God, could not tolerate them and they tried to kill Him and actually He died very young. Then came Mohammed. He was a complement. He behold Nimaz is nothing but Kundalini awakening technique. He thought if you talk of the deities and aspects of God, people just get stuck to it. Like if you talk of the flower and not about the honey, people get stuck to it. So he said "Better talk of the formless God of the honey." But his disciple started talking, talking, talking, talking, talking. All of them are doing what kind of a work, you know how fanatic they are. As Christians also diverted their attention from giving realisation and understanding realisation and second birth, developed into sort of an organised religion, these Muslims also did the same job.

Hindu priests also priested all Hindu philosophy into bread-earning organization. The caste system was not existent, it was existent as a system by which you know your profession or the aptitude towards God. For example, those people who were seeking God were called as Brahmins. Those who were seeking money were called something else. Those who were seeking power were called something else. And those who wanted to serve others and live like servants were called something else. But it was surprising that how these priests got this idea that we are born Brahmins. Even their children became Brahmin and their children became Brahmin. It's not true and there are proofs of it. Like the one who has written Gita, Vyasa, himself was not a Brahmin but an illegitimate child of a fisher woman. God specially chose such a particular person to denounce the idea of caste that you are born with it.

So then came Nanaka. He was another great believer in the unity of people in their awakening into collective consciousness. He collected all the poems of all the, of all the realized souls of our country in those days and put them in a book to see that you have to get your rebirth. I went once to a temple of these people who follow Nanaka. They told Me that this book has been read throughout in two and a half days by people continuously, continuously.

So I said, "Really?" And at that time they were singing a kind of a hymn. And the hymn was "Oh my seeker why are you going to the forest to seek God? He is within you. You must get your realisation to become that." They were singing and singing and singing.

I told them "Supposing a doctor gives you a prescription. And you start singing the prescription. Will you get alright?" You have to get your realisation. I mean, whatever is said you better take your medicine, take your realisation." But these books have made them absolutely blind.

Then came a terrific poet in India called Kabira. And he flouted all of them with such a strong tongue. In his poems, he clearly said about the Ida, Pingala and Sushumna and all these channels. He also said how the kundalini rises and goes to the apex of the head and how it breaks out and what happens and how you feel collectively conscious. In every country, there have been great realised souls who have tried to, to generate this feeling in people that 'Don't run after falsehood but take to reality. Take to realisation.'

Only hundred years back, William Blake was born in England. He said, "England has to become Jerusalem." He described all

Sahaja Yoga and his collective happening in his books. Up to this point that he said that "Harsiniums vibrate peace and joy." "Harsiniums" is nerves, nerve. About the priest he said, "The priest cursed my head when I was a child." Because that Baptism is not self-realisation. It is just artificial show, is a drama. He said, "I never saw the face of that priest who cursed me on my forehead, on my head."

Because he was a realised soul and no realised soul likes a person who is not a realised soul to touch his fontanel bone area. Even a child won't like. It's so revealing the way he saw things clearly about Sahaja Yoga that nobody so far I have known, whether in India or anywhere, has seen such clear cut ideas about Sahaja Yoga. He even described, you'll be amazed, the place where we have the ashram, where I laid the foundation stone. It is in Lambeth Vale and he says "Come to Lambeth Vale all you seekers." He described My first house that the first beacons will be lit in Surrey hills where I lived first. But the second house, the one now I'm living is so precisely described that it will be on the Tiburn stream. And our house is on the stream only, floating in the stream it is Tiburn. It's just next to Kensington Garden. Exactly. I must say what a great person he must be, to see what a seer he must have been, to see that this work has to be in England. And suddenly, My husband got elected to this job by about hundred and thirty four nations and I was in England. And now England has got so many realised souls, so many centres and so many people are transformed. We believe that England is the heart of the universe, and everything flows from there to other places.

I know that Switzerland, I have not started very early, is a very later movement. I started much later in Switzerland. But I'm sure that in this great country also people will take to truth and find out their meaning and purpose in life and thus save the whole humanity. Tomorrow I will tell you about the two other channels and how it is important that we have to become the spirit today and not tomorrow.

May God bless you!

If you have any questions, you may ask but not too much time. Then we'll have the session of realisation and that may take about half an hour. And tomorrow again we will have session of realisation. Those people who have any maladies or anything, I would like to attend to them also.

They have to go to Geneva. They came all the way from Geneva. Thank you very much. They came from Geneva; now they are going back. Those who want can come and sit in front because we are going to have the session of realisation. If you have any questions, please ask Me.

Shri Mataji: What did he say? He said, "Why are we doing it now?"

Just a minute.

Sahaja Yogini: Yes he says, "The humanity had been once realised and why and if not, why it is now today."

Shri Mataji: Yes, you can see now after telling all this, how many people have already left the hall. They are not ready. They do not want it. The time was not there. You see, you can see now in this gathering how many have left suddenly. I didn't say anything wrong. They were not willing to even have realisation. I mean, I tell you at the time of Christ, if you had tried it would have been impossible. He couldn't even talk of kundalini to those fisherman, just look at these today's. Just now you've seen Lausanne how many have come, first of all, from Lausanne? It's not such a small place we have come to and how many have stayed back for realisation? Them, they don't want it. They don't want realisation.

Question: Six thousand years ago, most we were realised.

Shri Mataji: No, not all, very few.

Question: That means never. This situation never existed."

Shri Mataji: No, this is the first time. That's what I said. Today is the first time. And that too, very slow movement. In London, I tried on six people, you won't believe, for four years. Can you believe it? Four years! The lifespan of Christ, which He spent on this earth with these horrible people. Huh?

[The man says something again.]

Shri Mataji: What's this?

Somebody else asks, "Adam and Eva, were they realized?"

Shri Mataji: If they were, they would not have behaved like that. I will tell you about this tomorrow, this question. I'll tell you what was the situation of human beings in relation to paradise. Is a good question you have asked Me but we are not We have to get realisation but look at the, there is no seeking. There is no asking for it. They are so self satisfied with their ego that just they left, you see. It's question of half an hour. They have much more important things to be done. What can you do? It's a difficult task.

Shri Mataji: In India, you'll be amazed. When I go there, I have not worked there for so many years, when I go there in the villages,

this hall would never be sufficient. I have to have it in open places with thousands of people coming, you see? And they come from villages to villages and thousands and thousands. You can see the film, how they get realisation, raise their hands. But here they are so sophisticated that you just can't touch them. And those who have gone with Me to India are amazed.

They said, "Mother, why are you wasting your energy in the West?"

Actually, in the West great seekers are born. Every individual is a great seeker and a great potential but ego is too much. They cannot see things clearly. They want a circus behind Me. They want a guru who will pamper their ego. It's very funny but it is so. Your country is another very great country and you can see that many international communities are built in here. And so many people from various countries are coming and meeting you and they find you are open hearted people. But as I said in My, one of My lectures that "We have to find out that, on national basis, if we are doing any harm to other countries, we must correct it."

As in, on Indian basis also I can say we are doing lot of harm to humanity being Indians. By allowing these horrible gurus to travel around and torture so many people and who are accumulating so much money, not to control them is absolutely inexcusable in the eyes of God. Not that India government does not know that they are thugs and they are all cheating you, they know everything. But they are allowing it, they do all these things because they can get some foreign exchange. It is a very hypocritical attitude, I must say.

Now in the same way we can say here in this country of ours, in Geneva, we have these banks which are quite hypocritical. Because of Swiss banks, we cannot remove the corruption in all the developing countries. Especially India I know for definite that all these ministers and all the people who are making money, they have put it in the Swiss bank. In a way, this bank is responsible for not developing our country and keeping us poor all the time because of corruption. All over the countries, I also know about Mauritius, that the money of Mauritius has all flowed to this bank. In some countries, the poverty is appalling and they have so much of natural resources, everything they have, and still one can't understand why these people are so poor. People are starving. The children are sick and dying and it's such a mess, you can't imagine. If you go to Bangladesh and if you see the condition of the people, you won't feel like even eating your food for eight days. But all that corrupt money comes to Switzerland. So I have to request you Swiss people [Mother asks the translator] What she say? Ah, so what I am saying, in the same way as we Indians are tolerating these horrible gurus, you also are tolerating. If you can do something to stop this, at least the countries will develop in some way. As you asked Me for a special message on a national basis, I'm just telling you for your information that if something could be done to stop this kind of a thing

[The translator says something] Yah, [Mother laughs] The only solution is that, only solution is that we must have mass evolution. So that our priorities change, so our priorities change and then money doesn't become so important. Then doing and giving becomes much more joy giving. And when such people will be there in Switzerland, I am sure even the bankers can become the same way. But Christ was little pessimistic.

He said, "Is it easy to take a camel through the hole of the needle but a rich man cannot pass through that." [Mother repeats for the translator] Cannot, yes, cannot go into the, into the kingdom of God.

[Mother asks the translator] What did she say? No, no, no, it is, it is, no, no, no, no, no. It means that an impossible can be possible but not it is possible it is just for understanding the essence. Is not possible to make a rich man enter into the kingdom of God. This is the essence of it. So, but I'm not so pessimistic. I'm just saying I'm not so pessimistic. I'm sure they will understand. But the greatest message that we have to understand, that this matter is not going to give us joy. Even the economic law is such that material wants are not satiable in general. In particular they are but not in general. In particular is possible, but not in general. Supposing we want to have a house, then we want to have a, say, lawn, then they want to have a car. It goes on and on it is nothing satisfying. But after realisation the matter becomes a source of joy; we can give it to others. Then the matter reaches its subtler side and it becomes a joy-giving thing. Because, you can understand, one simile I'll give you. This platform doesn't belong to Me and the possession is also a myth, but when this myth works out people have to worry about cleaning this, looking after it, insuring it. But when you are a realised soul you do not possess it, you know and you watch it and every fibre of it, which expresses the joy of the creator, fills you up just a torrential rain of joy comes into you, because there is no thought in the mind about it. You just watch, and the joy of matter, which is the joy of its creator fills you up. This kind of thing should happen to Swiss people. That would be the ideal situation, when our securities will be established by our self-realisation. This country can do a lot because you determine so many things in this world. You play such an important role in this world as a neutral country and this neutrality has to be in your awareness. Then only the meaning of the word neutral will be completely justified. Like you can see me, I criticise Indians on the left and the English on the right (laughing). I am not identified with anything. Whatever is good, righteous, is good, whatever is bad is definitely bad! That's the way one gains complete freedom that is not dominated by the hangups and the conditionings, but he resides at the spirit which is free and giving. I think the time has come for Switzerland

now to get to that level of freedom. With this there will be no suicide, no need to have a military, and no need to have banks which are doing wrong things, but all that they will do will be to nourish to the well being of humanity creating joy everywhere. This is not my dream but I see the vision clearly. It has to happen. May God bless you!

So let us have our realisation. Please put your both your hands like this. I think those Sahaja yogis who want to go can go if they want to go to Geneva. If they want to wait it will take about half an hour more. All right just put your hands like this and please take out your shoes because the Mother Earth helps us a lot. And put both the hands towards me. (to the lady who first asked a question before, smiling) See now, you must see, how many are walking out. Close your eyes. Now, on our hands at the tip of the fingers, we have all these centres, five and five, ten, and two at the base, twelve, and two in the centre of the palm, like fourteen, that means pair of seven on the left side and the right side makes one chakra. Now you will feel maybe little hot in the hand, maybe. Some may feel a little shaking if their nerves are a little, er, nervous, then you might feel a little shaking in the hand. In that case please don't open your eyes but just throw away your hands in a way as if you are pushing out water from your hand, on the sides. Now please put your right hand on your heart. This is very important. But before we start about the heart I have to request you to say to yourself in your heart that "Mother I am not guilty". I have seen this is a very common failing in the Western mind. What is there to feel guilty? God Almighty is anxious to give you your realisation and He is the ocean of love, ocean of compassion and ocean of forgiveness so do not try to condemn yourself. You are the temple of God, specially elected to be the beacon of His love, so please forgive yourself and please do not feel guilty about anything about your past or about any relationship. Now please ask a question in your heart now "Mother, am I the spirit?" Ask it three times please. Now raise this right hand again on the centre which we call as left visshuddi which is on the left side of your neck and now please say again that "Mother we are not guilty, I am not guilty at all" Please say it eight times with your heart. Now please put your right hand on top of your head, on top of your forehead across. Across your forehead and say "Mother I forgive everyone" Say it with all your heart twice. Now put the same right hand on top of your fontanel bone area on top of your head, on top, not touching. Now as you are a free person, you have to say that you want your realisation, so please say "Mother I want my realisation". Now put the hand on your head on the fontanel bone area and try to press it and saying that Mother, with your fingers, press it with your fingers, the centre of your head, press it, and say "Mother please give me my realisation". Press it with your finger. Now see if there is cool breeze coming out. There may be hot. Now take the other hand the same way and put it on your head and put the right hand towards Me, right hand towards Me, and see if you are feeling the cool breeze. Now you may put your hands on your lap and open your eyes. I will teach you how to give realisation to yourself. (Mother stands up away from the microphone) Put your left hand in front of the kundalini and put your right hand on the left side to give you a balance. Now take it over your head and take it right one and again second time, again third time, again fourth time, fifth time, sixth time and seventh time. Now this is the hand of action and this is the desire hand. Now put your right hand in front of the left hand and move it in this way, that comes round and comes back, start moving the hand upward (rotating the right hand around the left as they rise up) slowly on top of your head and make it into a knot. Just go on raising it three times. Now see if you are feeling cool breeze in the hands.

1982-0826, Conversation, The Sects

View [online](#).

26 August 1982

Conversation

Lausanne (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

The beginning of the talk is not on the tape

“Sahaja yogi : ...[...feel they are sent by France]

Shri Mataji: Now another [Christian country], Switzerland. Now England are the people who dominated all over the world. Went up to China and see, who are they to get out of their place?

They went everywhere; in India they stayed for three hundred years. And now they don't allow Indians to stay even for three months! And openly they are racists! These are Christians! Look at the French, the great Christ-ians of France! Christ has said : “Thou shalt not have adulterous eyes.” Every third lamppost you meet a prostitute in that country, and every seventh lamppost you see a pub there! They are Christians: no morality, and no respect for themselves, self and body, such indecent people! These are Christians.

Then Germans, when they fought, they killed so many people, they were still believing in Christ and God, and they said we are killing the Jews because they didn't believe in Christ. Now Jews are killing the Arabs because they don't believe in Jews. [Laugh] This is just madness, I mean, just think of Christ what would he think of the people who are supposed to be Christians? We must face ourselves and see that we have to do a lot, if we have to really make Christ live within us.

Shri Mataji : Alright, that's alright,

Sahaja yogi : Bolo Shri Mataji Shri Nirmala Devi ki,

Sahaja yogis : Jai!

Shri Mataji : It was a nice talk [unclear....] otherwise how would I have brought all these points to you? I think you'll all have something to eat – but be free now, enjoy yourself [unclear....]

[Every body seems to have food]

3:02

[cut in the audio]

3:10

Shri Mataji: ...by giving you great information about all these horrible sects, into great details. And we are going to give you information, which will be really of vital importance because we'll give you proofs, all right?

Now there is one thing she has done that this government which is supposed to be very intelligent was going to get Muktananda to teach his yoga to the prisoners and to the police too.

Sahaja yogini: No, lunatic asylums.

Shri Mataji: Lunatic asylums - to make them more lunatic. But she, Marie-Martine wrote a letter. To whom did you write, Marie-Martine?

MM: Oh to many people!

Sahaja yogi: To the General Prosecutor of this country. She wrote accusation.

Sahaja yogi: General Prosecutor of this country.

MM: And to the Federal Police Bureau, which answered also – very nicely, very positive, and to the publishers.

Shri Mataji: - She understands English there? Better tell her in Hindi.-

MM in French: To the public Health Department, but I have no answer, to the department checking the sentences, then I sent one letter to the newspaper and a copy of the letter to the newspaper to all these services. [not clear] They will pass it on to the relevant department.

Shri Mataji: And that has really been now circulated. Did you tell her? Answer has come; something good is happening. But this horrible gentleman, Mahesh Yogi, you have done no justice to you. You must talk about him, get all the information! We'll give you lots of it. He is the worst of all!

Another is this Raktabija [guru Maharaji], this fourteen-year-old fellow. And you must send a letter to our president in India and to the Prime Minister.

The Ambassador of Spain told Me that the Queen of Spain told him that "Why should India export such horrible people to ruin our young?" she said, and this fellow is so powerful there that there are fifty thousand Spanish people who are completely under his control and are feeding him. Fifty thousand!

Sahaja yogi: He could not survive in India.

Sahaja yogi: He could now be in Kolhapur or in India because we lose him in Buchs, in Switzerland, [unclear] [Lausanne, his influence is going down].

Shri Mataji: Mahesh Yogi?

Sahaja yogi: Guru Maharaji

Yes, but he is now in America.

Sahaja yogi: And the second question we came in Chur, why not we go to the place, is a commune in Switzerland, who gives the enlightenment, or university if there is there, now we go to speak to the local, political, responsible persons in charge and to discuss, to say they can't fool, they are not worthy but they want to invest in us.

Shri Mataji: About whom? About whom? About?

Sahaja yogi: The political authorities in the place in Switzerland where they are living.

Shri Mataji: But speak about whom? This Mahesh?

Sahaja yogi: Yes, about Mahesh. Mahesh Yogi.

Shri Mataji: Mahesh Yogi?

Yogini (Marie R.): Catherine was on the telephone today as well – I don't know which day - to get some information from the mayor, from the town people. I don't know what can he promise but they have a contact. They contacted them already to ask for information.

Shri Mataji: Really? But I tell you we'll give you the information if you want. We saved a lot of information. We have got this Linda whom we can send to talk to you. Even here it is you see, she has been to Mahesh Yogi and she can give you in the tape or you can tape Linda, or you can tape on all of them as long as you don't give their names, you see- some of them, most of them – Linda won't mind because her interview appeared in – was the News of the?

Sahaja yogini: News of the World.

Shri Mataji: News of the World! You see! Where she said that this man raped her! Openly she said! And then aborted her! And then she got into epilepsy and she used to be for three hours in epilepsy! And even when she met Me, you'll be amazed, she said he is in her heart, she can't give him up. "He loves me," you see. She was only seventeen and he was about forty-five or fifty, something like that!

She was very naïve, absolutely young, she didn't know at all about men, and she is the grand daughter of a duke! And all her money, everything, was lost! And her husband became the head of the flying academy of Scotland [Mahesh Yogi's levitation courses]. He was a diamond merchant. The other one, another... I think I'll ask Linda to come down, that's the best, and you give a full-fledged, you see, picture of his crimes. He is the worst of all! You write a letter and also I'll tell you something very much later. I mean, she might be able to tell you. I think it's better if she comes and talks to you about it. She knows so many things about this man that you can really blast him – and then send that over to Geneva. Unless and until you will give a full publicity about this man you cannot save him [unclear].

Sahaja yogi: Not only that they took, take the money from the people but they let the people work for them, work all day without paying anything to them!

Shri Mataji: [unclear] doing it at that level.

Sahaja yogini: Should we have here the tea?

Shri Mataji: All right. It's all right, doesn't matter. It's all right.

Shri Mataji: Yes, what is it?

Sahaja yogi: Mother, [unclear] their imprimerie [printing house]... where they press all their publications, is in southern Germany, and centre of it? In Baden, yes.

Shri Mataji: They are all false.

Sahaja yogi: In Freiburg, near Freiburg.

Shri Mataji: They just make them secluded.

Sahaja yogi: Then they may call them brahmacharya and then they have to live there, the men, and just work.

Shri Mataji: They are cut off from the society, to live. You see this is the main point.

Sahaja yogi: We have begun to discuss in the journalist form a kind of coordination between Brian's information, between Arneau's information, people like me, about the sects.

Shri Mataji: We can just form that and give it to Brian.

Sahaja yogi: So with Paris.

Sahaja yogini: In Paris, Mother, there's a lot of information already but they need a bit of...

Shri Mataji: Brian is to be informed. Brian is the person in charge.

Sahaja yogi (Arneau): Mother, if You don't mind, I will send to Australia all the articles I have about TM, and I have got the article and the interview of Linda, too.

Shri Mataji: You have got it?

Arneau: Yes!

Shri Mataji: And the one which was published about – because there was a fellow who came to us from Norway who sent Me some publications.

Sahaja yogi: Yes, many publications about TM, Mother. I collected that, I can do photocopies and I can send it to Australia.

Shri Mataji: All right, and to Marie also?

Marie R.: Please, yes. I've wanted that article for ages.

Sahaja yogi (Arneau): I had that thing now for one month. You have just to call me and I will give it to you. Please call me and I will give you.

Shri Mataji: Thank you very much.

Sahaja yogi (Arneau): And I can send it to Paris, Mother, if they want.

Another Sahaja yogi: And copy to London,

Sahaja yogi (Arneau): and to London maybe.

Shri Mataji: What's the name of your organisation?

Sahaja yogini (Marie): It is called ADFI.

Shri Mataji: ADFI. You should inform all other organisations, which are also doing the same kind of work.

Sahaja yogini: It's a centre to welcome people who want and need help and documentation. Their main job is documentation.

Shri Mataji: But then you communicate these media?

Sahaja yogini: They have a press agent which can communicate. They know journalists and people.

Sahaja yogi: I think it's the best-informed French-speaking centre in Europe except the Secret Service.

Shri Mataji: Then why not send some information to Secret Service also?

Sahaja yogi: Mother, they know the Secret Service. Secret Services are using Moon, for example.

Shri Mataji: What?

[16:33] Sahaja yogi: Moon Unification church is used and the also special from the Secret Service.

Shri Mataji: But see they do not run after scientology and the scientology is now settling down in Germany, I was told! Is it true?

Sahaja yogi: We have scientology in Switzerland also.

Sahaja yogini: They are terrible. They are very powerful in Switzerland, also.

Sahaja yogi: They are the most dangerous people for media people, this scientology. Always you're getting caught. You will get bomb into the house and so on, so on.

Shri Mataji: Really?

Sahaja yogi: Yes, they gave some bombs in United States against journalists they [who] are writing against scientology.

Shri Mataji: The other one is Ananda Marga, which is very violent. They tried to kill some Indian Ambassadors.

Sahaja yogi: And they use techniques, brain manipulation technique used in the Korean and the Vietnam war, exactly the same.

Shri Mataji: Really?

Sahaja yogi: Yes, it's so called "white torture" by the specialists.

Shri Mataji: What torture?

Sahaja yogi: White, torture blanche.

Sahaja yogini: They call it white torture.

Shri Mataji: White torture?

Sahaja yogi: Because it's a torture without, "sans trace."

Shri Mataji: Without?

Sahaja yogi: It's a torture without traces.

Shri Mataji: That is why we call all these Satanology! That is one sect we have not been able to save. From scientology we have not been able to give anyone realisation, very dangerous.

Sahaja yogi: It's more dangerous as [than] so-called demonology or satanic people because satanists we know they are satanic: it's clear; but scientology, the people don't know what is it, how dangerous.

Shri Mataji: London we have [not clear] centre, near Brighton also. I don't know what's wrong with the English.

Sahaja yogi: They have more money than Sahaja yogis. That's a very well-organized.

Another Sahaja yogi: Any other cult has got more money.

Sahaja yogi: For example, Unification church of Moon has two accounts in the Swiss banks.

Shri Mataji: You see, it is because they are collecting money! We don't collect any money at all! How can we have any money whatsoever?

Sahaja yogi: And the money system of the Children of God is, horrid, horrid! You have no idea Mother!... Moses David is living now in India.

Shri Mataji: But now they are being found out.

Sahaja yogi: Excuse me?

Shri Mataji: These gurus have been found out. [unclear] Police ...they are now under criticism. The fellow was arrested.

Sahaja yogi: But not Children of God, not Children of God.

Shri Mataji: Now what is that supposed to mean?

Sahaja yogi: It's founded by a protestant priest, an American, arrogant, and he's called himself Moses David, and he founded the Children of God. And says he has a system from [of] parabolic sentence and some designing, some - des dessins, bandes dessinées [cartoon drawings] bomb designs, drawings].

Another Sahaja yogi: Pretty, the pictures.

Sahaja yogini: They are very pretty [unclear].

Sahaja yogi: And they are in connection with the actuality and politics and it takes out the young children and the young people. They say "go away" from the drawings and so on [the drawings show the children have to go away]. And he uses the child, the girls, after some moment, some preparation – complete manipulation! They don't sleep very often, not so much food, they have to give all the money, they have ten percent for this, ten percent for this, twelve percent for Moses David which is living with his family in India, and after six months approximately the girls are instructed to go to look [find] rich men and to make prostitution to live, to love through the love for God. And they make money like this. And it's all prostitution.

Shri Mataji: This is God's Children protestant?

Sahaja yogi: No, no this man is coming from protestant sect but no, nothing to do with it.

Shri Mataji: But how do people allow their children to go there? They are very small children.

Sahaja yogi: They play with the law, Mother. They are always in the extreme limit of the law, and in America when you found a church you can do everything, including take LSD – because it's in the ritual: you have the right!

Arneau: Maybe these sects, Mother, take these children because I have read in the newspaper maybe it can be in connection. I have read it in the newspaper that millions and millions of children disappear every year in the United States and the parents, see, who are in charge of the children don't know where they are going, how they disappear. Maybe it can be in connection with these sects...

Sahaja yogi: Maybe, maybe. We know that the satanic sects use children for sacrifice, and some people use children for porno films also.

Shri Mataji: In India, they used to do it. I was told also Hitler used these Tibetans for their purposes, for his purpose, Hitler. He used Tibetans [unclear], Hitler.

Sahaja yogini: Mother?

Shri Mataji: Hitler.

Sahaja yogi: What is historical certain in connection with this, Hitler has ordered it three times an scientific, so-called scientific alpinist and scientific expedition to Tibet. This is sure. The rest I don't know.

Shri Mataji: What is it?

Another Sahaja yogi: He says that Hitler initiated, started expeditions to Tibet, three of them, scientific expeditions.

Sahaja yogi: This is sure.

Shri Mataji: That's where he developed this system of mesmerism.

Sahaja yogi: But I am very, but, Mother, I am sorry. I'm really with these people, very surprised that Tibetans gave him techniques for this man or through other men. I cannot understand this.

Shri Mataji: Yes, yes, he did, you see because is very easy, [you / they] can use very much. Now this Mahesh Yogi himself.

Sahaja yogi: Might be. So might be Indian fakirs or things like so also.

Shri Mataji: These Tibetans are the worst. My son-in-law has lived among these Tibetans, and he said they are all doing this bhuta vidya, black magic, all doing. They are only interested in the dead. You see, they cut the hand of the dead and bury that. They do all kinds of things. All rituals are nothing but of the dead.

Sahaja yogi: I know that two orders of Tibetans: so-called the red caps are using old ceremonies from the bone, ... people coming from the Mongols. And sometimes they use bones, blood a little bit, it's true, but it's to go further. But I can't imagine for this because I met an yogi, he was cutting one time his hand for Brahma and then here, also for Brahma. He was a Hindu.

Shri Mataji: I've read these Tibetans are horrible. This Lama, what's his name?

Sahaja yogi: Dalai Lama.

Shri Mataji: Dalai Lama. He was sitting next to Me, one day, when we were with Shastriji – Lal Bahadur Shastri – he was the Prime Minister. His wife could not attend any parties, nor any meeting, so I used to be there because My husband was his Secretary. And he was sitting next to Me: he was boiling, absolutely boiling, and I felt little uncomfortable, you know... So Lal Bahadur Shastri, he knew about Me and said, "Are you feeling uncomfortable?" – he saw Me you see. He said, "All right. You should sit one seat that side." And then he called the, our Foreign Minister [unclear], to sit next to Me, who was a Sikh, and he wouldn't feel any heat or anything. Horrible people, Dalai Lama.

The whole, you see, establishment, if you see, is supraconscious because if Dalai Lama says where the other Dalai Lama is going to be, where you will find him, when will return: all supraconscious. And the, all this third eye business is also supraconscious, all supraconscious! [unclear] If you see their rituals are just to awaken the dead. The concentration is on Agnya. With the concentration in Agnya you just start shifting to the left – or to the right.

Say how they pray: they put a piece of paper, or some sort of a thing, with a little hole, and see the candle through that for the supraconscious movement. And for the subconscious movement they put a white paper with a black dot. That is how the concentration starts. Then the movement is there of other things, like if any evil genius is there: then they get near his cremation point, and then capture this part of his body somehow, especially the skull.

Translator: Especially?

Shri Mataji: The skull. And the spirit which is still hovering – soul, I mean to say soul – gets after them and they capture this man. And then they use the soul. They have very great knowledge how to master this. You see, the whole of tantrism has come from Tibet. It spread out later on the sixth or seventh century, because, you see, the kings were very licentious in the central part of India, we should say- say from Bengal you go upward towards Khajurao. And when, you see, this started and these people came to know that you can use sex in the name of God. It's the Jainists who picked up from Buddhists! That's another very, very fanatic cult we have in India, Jainism, the disciples of Mahavira. Mahavira was the contemporary of Buddha and these people were working as ministers to the kings. Now they wanted to establish their own temples with the money of the king. So they went and saw these kings and told him, them, that - we will try to make a live show outside the temple which will show all life styles of sex. And we will also hold many competitions, and invite people of great art to create beautiful murals and beautiful sculptures expressing perverted art, the act of sex, act of sex."

Now this tantrism is based on one principle, how it manifests. You see, when the movement of the attention starts moving, say, to the subconscious, into the collective subconscious, the Divine tries to pull you out, tries.

Sahaja yogini : Mother?

Shri Mataji : The Divine tries to pull you out of it. But what happens that these tantrikas discovered that if you can insult the Divine or a Deity, and create an area where they are humiliated – for example, the other day the way they humiliated Me, I might have said I don't want to go that temple anymore! By doing ugly and dirty things that Divine cannot bear, doing it again and again, again and again, say, in a temple: the whole temple can become devoid of the attention of the Divine. Then they can use this temple to manifest anti-God activities.

The evil forces are definitely afraid of the Divine, no doubt.

Yogini: Mother?

Shri Mataji: The evil forces are definitely afraid of the Divine.

You have seen how people shake before Me, all mad people, anti-God people, every type of people, how they shake before Me. But the Divine cannot get into filth, you know! By creating that filth, the movement, say, in the subconscious goes like this, [the yogini translating into French translates what Shri Mataji is showing at this point as being a kind of a loop at the basis of the left channel] in a slanting way and curls down. They create a dirty, or you can say a filthy, a horrible obnoxious hell! So the Divine does not go there. And they knew about it! Very much!

In Nepal, you go, it's a house – houses are made, even temples are made of wood that is called Kat-mandu, means made out of tree's wood. And they wanted to create an atmosphere of negativity there. So they convinced the artists that if you put figures which are not liked by the Divine because they are filthy, sexy and dirty, then the deity of thunderbolt, which is a virgin, will not come there, and works will not be destroyed, because She is a Kanya, She is a Kumari. But this they accepted, poor simple, you see, artists accepted, and they made horrible statues! If you go and see in Nepal it's true of it, though you can't see normally, not on the lower ground...

When you see Japanese, you see, having their blue lenses on a special type of a ladder. then you start wondering what are they doing there? Japanese specially! That is very much visited by Japanese, and Germans.

Sahaja yogi: Japanese have not Kumari. Kumari is living now in Nepal.

Shri Mataji: Because the Kumari is maiden.

[The Sahaja yogini translates and says Japanese have very big cameras]

Shri Mataji [joking]: Telescope

And when you see there all that thing, then you start wondering, "Why are they doing it?" It's so insane! And it is true that the Goddess of thunderbolt has not destroyed these temples because She can't go near the filth which is there.

But there are some other forces which can work it out!... So, tremendous filth was created and negativity was spread.

But why did they do it in Nepal? Because Nepal has two tremendous deities, which have come out of the Mother Earth, one of Adi Shakti Herself, Holy Ghost, and another is of Pashupati Nath, which is Shiva. He is Shiva, just Shiva, not the Shakti, and that is a very powerful temple – you can go and see the Vibrations.

Sahaja yogi: It's very strange people in Pashupati Nath, Mother. You can't stay three days, after, you are finished.

Another Sahaja yogi: It's not allowed.

Shri Mataji: It is because that which is created, destroys the Vibrations and report has from whom? Nepali. All the art is Nepalese! It's not Indian art. All that is Nepali, yes, Nepali style.

But I think people still understand, innately: they don't put their sindoor here [bindu at Agnya]. The women of Nepal, they put it here [at Virata point]. Now this is the place of Virata, Akbar, Vishnu: because they have got the Shiva there, so they protect their Vishuddhi. Such a power of Shiva is there, so they don't have to worry! And Sita was also born in Nepal. She was Nepalese. Even if you see My face, it has the Nepali features. Many mistake Me for a Nepali. Mahatma Gandhi used to call Me Nepali.

So it's a Mongolian feature.

Shri Mataji: Among the paintings that I've seen some are so much like My face, that I am surprised. The most powerful deity that has appeared in India is in Navindya.

Sahaja yogi: In where?

Shri Mataji: In that high mountain where the temple is.

Sahaja yogi: Saptashringi.

Shri Mataji: Saptashringi – very near. You remember? She doesn't remember?

Sahaja yogi: [Sophie, you don't remember?]

Shri Mataji: Saptashringi. That's very near – what's that place?

Sahaja yogi: Nasik.

Shri Mataji: Nasik also, very good... Is a [unclear].

Sahaja yogi: Nepal, that's Nepal.

Shri Mataji: Nepal, Nepal. There is a big hill you should have seen.

Sahaja yogini: I haven't been to Nepal Mother.

Shri Mataji: No! Saptashringi, that's the most powerful one, I mean regarded, because Markandeya, you see, worshipped Her many years back. She appeared in the stone to him.

Sahaja yogi: Ma, would you like a picture?

Shri Mataji: And her face is very much like Mine.

Sahaja yogi: not the face like Maa Anandamayee?

Shri Mataji: Like what?

Sahaja yogi: You have a face like Maa Anandamayee?

Shri Mataji: Mayee [means]?

Sahaja yogi: Maa Anandamayee.

Shri Mataji: No, no! Hers is very thin. She's a rakshasa!

Sahaja yogi: Horrible Maa Anandamayee...

Shri Mataji: She is another one. I must tell you about this Maa Anandamayee. Our Prime Minister has got [her?]. All her disciples suffer from diseases – kidney trouble, or angina. They always quarrel with their husbands and have divorces.

(Looking at the photograph and discussing)

Shri Mataji: This is Saptashringi. And this has appeared in the – imagine, in the, nobody has carved. See the Vibrations!

Sahaja yogi: Yes, Mother.

Shri Mataji: Come, see the place where it is. It is on the hills around the place. This time you come to India and you'll see.

Sahaja yogi: Mother, it's true Buddha is born in Nepal, not in India?

Shri Mataji: What is it?

Sahaja yogi: Buddha is born in Nepal not in India – but as this place it was at His time India but now is on Nepalese territory?

Shri Mataji: Kosambi – born in Kosambi. There was a dispute on the border, I don't know what has happened. Buddha was born in Nepal but that has now come to India, so I mean it is [unclear]. Imagine this has come up out of the Mother Earth!

Sahaja yogi: With all the colours and everything?

Sahaja yogini: This is the rock itself, was no photograph effect.

Sahaja yogi: You have been there, Mother?

Shri Mataji: You have been there? Marie-Martine was there.

Sahaja yogini (M-M): It's very beautiful.

Shri Mataji: I'm just tell them about what we got from Portugal, experience of the Portugal! And you have got it with you?

Sahaja yogi: No, I haven't Mother. It's at Nightingale.

Shri Mataji: Oh! In Portugal, I must say it's a very good experience in Portugal. In Portugal, the man who has the keys of the hall said, "Tomorrow You have to finish the programme very fast because I have to go to a fair."

So immediately I told him, "I am coming with you to the fair."

He said, "Why?"

I said, "Yes I want to come."

And we took all the Sahaja yogis and went to the fair, and there I asked people, "Is there any temple here or why is this fair?"

So they said "There's a temple here, been built to the glory of the Mother, and in ancient times two small children running after a hare, running after a rabbit, and they came to a point where they saw a light, in a niche, and they saw the Mother,

Sahaja yogi (in French): It's not Fatima?

Shri Mataji: No, no. Long time back! And they went to call everyone. But when all the people came in, they didn't find anything in the niche. But they tried to explore the niche because the hare had gone through the niche and when they pulled out their hands they found a statue like this, out of a stone, beautifully carved! It was not carved, it was like this, made by nature, you see. They pulled out the statue from somewhere like that, and they put it there calling her the Mother of the Rocks." The Vibrations were tremendous, and the face was just like Mine. The boys have taken out a bulletin.

Sahaja yogini: Mother?

Shri Mataji: The boys have taken out a bulletin, and they have drawn.

So, how things are discovered in modern times! But without Vibrations, how will you know?

Like that Musalvadi. There is a village near Rahuri where we have a centre, and they invited Me in Musalvadi, they gave a huge programme. On our way Dhumal, one of the organisers, told Me that this place has a very strange history. There is a bund [an embankment used especially in India to control the flow of water], you see, [because this bund comes from English people long time back, and when they tried to build here – the whole night they would build and the whole day they would build, and next day it would be all destroyed, that part – and they could not understand!

Sahaja yogini: I have some pictures also.

Shri Mataji: Oh, you have here? And the engineer got tired.

Then one realised soul was passing that way. He was a Muslim and he told that this is a place from where the Vibrations are coming out, you can never build anything on this. You have to go in a circle. So the engineer wrote this in his history, in his report, and the bund is little circular in that area, like loops.

I went and saw the place. It was the Sahasrara! I could see the three powers coming down and all that so, so well, and then Shiva, and that was a very hot day. As soon as I stepped on that soil – tremendous Vibrations, cool! So I told them a temple must be built. This is the Sahasrara! So they have put a stone with My name on it, that the opening of this temple has been done by Mataji Nirmala Devi. It's such a tremendous place! Just have a look, so vibrated! I mean, this is a fact, you can see this. Have you got that photograph where there is rays of light coming on My head?

Sahaja yogini: Ha! Yes, I understand. Oh no, Martine is the great photographer. I only have a few pictures.

Another Sahaja yogini: [unclear] cold.

Shri Mataji: Don't mind. I've got what I wanted. I won't have anymore. So what is it now?

Shri Mataji: Please go ahead, he likes fruits! Go ahead. You eat for Me also! Even My part you have to eat! You can give Me some grapes.

Sahaja yogi: Mother, today it will not be so heavy and difficult. The people of this province are not the same as in Geneva: little bit more quiet, probably will be more quiet.

Shri Mataji: Yeah! Will be better, for Me. But you see, I don't blame the Western people for this, because the time when they should have been checked not to deviate from God, this is for Mother, you see. But it's a very big one I would definitely agree. Oh, they have sent you copies of this who are a bit enlarged, with all kinds of colours.

Sahaja yogi: Mother, at my house while one day I was in meditation, as one candle fall down onto Your photo, Your picture, and instead to burn the picture it made a light on the Sahasrara.

Shri Mataji: Sorry.

Sahaja yogi: While I was in meditation, one candle fall on Your picture and instead to burn the picture it make a light on Your

Sahasrara.

Shri Mataji: Oh, I know this photo. He told Me, that's why when I put My hand, you know, up there, by moving, it proved with that, [not very clear] it is the, there is an attention it goes up.

Sahaja yogi: Sometimes in Nepal we have some religious [not clear] houses, religious pictures, and we have flowers turning in the direction of these pictures. Might be if we have Your picture the flowers bloom this side!

Shri Mataji: You see, there is no materialisation, no materialisation, not materialisation. But what happened, that day was a Shiva Puja. We have done it on a Shiva day, means Shiva's Puja. They took My photograph of My feet, and actually they saw flames coming out of My three fingers which were burning, and here also it's on the left Vishuddhi, flames, the Adi Guru!

This particular photograph [of Mine], let Me see, there were six expositions of this, last summer when I was sitting outside an old [unclear]... This, this particular one, the one that is there.

Sahaja yogi: That is Cheryl.

Shri Mataji: Is Takinia. [Cher], Cheryl, [Cheri] Australian Sahaja yogini. And this light, that is the place called Takinia, means "a gentleman called Nia." Nia means a realised soul. When a Muslim is a realised soul is called as Nia. A fakir. A pir. And this name of the place was Takini. So in India we usually respect if somebody is a realised soul whether he is a Muslim or anything. Once he is a realised soul he is respected.

Now this Takinia, there where I was speaking, because I knew it was a vibrated place and they told Me that he's buried here also, long time back. When I was giving lecture, suddenly this light started falling on Me. And very joy-giving, I knew, and six photographs are there, and in some of them I'm extremely joyous just as I did bathing into something. But the seventh one, I put My hand like this [from the yogini's translation: above the head] and it has stopped. This thing cannot be explained!

So if there are fake gurus, if there are false faiths, then we must know there has to be the real one. If there are plastic flowers we must know there has to be a real flower to give a copy. Now this Krishnamurti is another horrid fellow. He gives brainwashing.

He says, "Just believe in yourself. [...] They are all false. You are your own guru and you can become realised."

I've seen people of this Krishnamurti they blah, blah, blah, blah, blah, blah. They talk just like him. But the best was the grandson of this Dadaji came to see Me; grandson of Dadaji. His guru was Babaji.

Sahaja yogi: Not Sai Baba?

Shri Mataji: No, this is another one, Kriyananda guru.

He said "because my grandfather was Dadaji, naturally in childhood I had to do Kriya yoga". But I found the people who were doing Kriya yoga they were not at all changing, they were very bad people and they had bad eyes for children also, and horrible people! They used to wear that kashaya – orange this thing, shaved their heads off, cut their tongue! Cut their tongue! And turn it back for khecari!. There are so many now walking with us achieving nothing!

So he said, "I became a big Kriya yogi but then I realised that this is all stupid, and very dangerous!"

So he took to Krishnamurti – when Krishnamurti started talking, he was very enamoured because he convinced him that they are all false!

And then he said, "I started talking like Krishnamurti myself! I found myself giving lectures just like Krishnamurti! Just like a machine, talking big, big things, the same acting, and when people said that they would like to publish my lectures I got the fright of my life – because I was honest about it I knew I was nowhere, anywhere a realised soul and I was talking just blah, blah, blah, blah! But now I have come to You Mother, I surrender to You, but I am extremely complicated case. Please work on me."

Sahaja yogini: Mother?

Shri Mataji: "Please work on me."

Then I came to London and this Sahaja yogi gave him up, he was too bad, so very horrible. But I know of one doctor who got him, who was a Kriya yogi and who is dead. Had a very miserable death, and his wife was is now a Sahaja yogini. So many stories... every part of your life is full of stories! There's no end to these horrible people. But, the most annoying thing is that I always feel I have known all of them but suddenly somebody comes with another name. Now once you try to finish them and when you want to finish them and want to take to the other side of the fanatic and all the intellectual nonsense, there are still many are coming out like mushrooms.

Sahaja yogi: The Moon people have seven new names in the two last years; on scientology, five names of organisations. In words nothing to do with scientology or Moon but practically same thing because the society [unclear].

Sahaja yogini: They changed their names. They changed the names. Scientology becomes the Dianetics, for example.

Shri Mataji: Really?

Sahaja yogini: So people think it's something else, you see, but it's the same.

Shri Mataji: Then really I don't know.

Sahaja yogi: Only Christians are not doing like so.

Shri Mataji: Only?

Sahaja yogi: Only the Christians.

Sahaja yogis: They are very charismatic now, very charismatic. Or they go to the psychiatry.

Shri Mataji: And charismatic you must be. We have one charismatic [unclear] programme.

Sahaja yogis: He's here, Mother. He's here.

Shri Mataji: Oh, yes, yes, I couldn't recognise you!

Sahaja yogi: It's a charismatic trick.

Shri Mataji: I tell you really he was so poor! He suffered so! O God, you can't imagine! Well, I mean, I was so full of tears but I didn't know what to do, because he could not talk, you know! And when he fell down then only I ordered them to get out! They would not give Me any chance, you see, just to enter him. And once I said, "stop it," all ran away with all their paraphernalia.

Sahaja yogi: Like it's told in the Bible.

Shri Mataji: Like what?

Sahaja yogi: Like is told in the ...

Shri Mataji: Yes, yes. They all run away!

Sahaja yogi: You were talking initially about Lamas, how they manipulate spirits or what happens to, what happens when somebody dies? I mean, why, their spirit also, then it has to wait so many years? Or why, for example, they choose this person or another or why they attack specifically Sahaja yogis? Are they just thinking they are going, their waiting time in hell is shorter or what? Why do they attack us, Mother? You said that we shouldn't live, for example, close to a cemetery, that we shouldn't go for the cemetery. You know, what, how does it really operate, Mother?

Shri Mataji: You see, when a person dies, it depends on the person how he dies; and also on the personality. Supposing there is a mother who dies leaving a little baby. Then the mother feels that she has left the child alone, you know, and she is worried about the child. So she just does not go to the area where she has to be after the death. She hangs around the child. Because only the element of the earth falls off, and the rest of the elements are there, and also water starts evaporating, so that we don't see it.

The Kundalini of every person rests on his head and the spirit rests on top of that. While the people who die in this kind of a condition are in a way harmful to the child but not to the other people so much. But, say there are sinister people, say some drunkards. They die. Then they find somebody who is a drunkard or who wants drink, or maybe there is somebody whom they can use for drinking. And, say, in much the way that if they have left some bottles half-drunk and they are miserly, so they want to come in a man or a woman, whatever it is, and they enjoy the same.

There can be spirits and spirits, for if there is a man who is a man with - is a womanizer: means he can enter into someone who becomes a rapist without understanding why is he raping. Homosexuality! Even the so-called homosexuality is also due to the possession of a woman by a man, and man by a woman. We have also cured so many of homosexuality! Now there could be a man who is a murderer and a bad man, a criminal. He can possess also someone, and suddenly someone can become [a murderer and a bad man]! Or somebody who does too much of racing or who indulges into anything too much. It's all a question of using others.

Sahaja yogi: Mother, on which level does it take place, for example? If somebody like that, a criminal, dies in Lausanne, would he catch, would he get on the nearest person in Lausanne or would he just go on the best available ride, right around the world?

Shri Mataji: Depends on, you see, how they move on in the whole world. They maybe can get on top of a plane and walk across.

Sahaja yogi: Flying carpet? On a flying carpet?

Shri Mataji: Because supposing they have never seen the world, he doesn't know all the bad parts of the world, then he may not dare. But there is a very big collectivity in them. They, you see, communicate with each other. I'll give you a very good example:

My first Sahaja yogi disciple was a Gujarati diamond merchant, very nice man, very nice, the first one. As a man, because the lady was another one, as a man. Now this man once called his friend to bring seven lemons and seven chillies, his friend, and he went to the station to receive him, and the fellow never appeared. So he went to the post office to telephone, to find out. There he met a man in the post office, working in the post office, who said that "Why do you want to call such and such man? I know you want

to take him to Mataji, and Mataji – you see, is regular information department, better than yours –, and She is doing such a great work, why do you want to take this problem to Her? Don't disturb Her!" You see, very convincing also, very convincing!

This Chandu Bhai, poor thing, was a simple man and by that time I had not started talking about bhoots. So he was stunned, he was stunned at the way this fellow talked to him!

He said, "There is a temple and such and such place coming from Bombay. You go there, take one coconut and fruits, and there is a Ganapati temple, and the fellow who is there, is the priest, he'll tell you all about it."

Poor Chandu Bhai went with his friend to that place and put the coconut. So he told him that "No, no, no, no this wouldn't work out, because is a very difficult work, you see. Next time you have to bring a silver plate for Shri Ganesha, of this size, this size" and the house name he told.

So Chandu Bhai came home and told his wife. Now Chandu Bhai's wife was, the wife was worried about her daughter who was in divorce in America. So his wife was a very half-baked Sahaja yogini. So she told Chandu Bhai that "I want to go there. Please take me." So Chandu Bhai, poor thing, he had to take her! He asked Chandu Bhai's wife to bring something of diamond also. She secretly also gave him.

After that Chandu Bhai came to see Me, and his heart was in complete catch. I said, "Where have you been?"

He said, "Why?!"

I said, "Tell Me the truth. Where have you been?"

You'll be amazed; still there were Vibrations flowing a little bit, little bit. Then he told Me the whole story.

I said "Your heart is caught. You are in for a heart trouble!"

I gave him treatment and I told him, "No more go to that man!"

And Chandu Bhai said, "All right, Mother. I'll never go."

But his wife was very negative. She called that man to the house and he again got a heart, really got a heart attack, and when he got the heart attack, he put Vibrations, he got all right. But this negative woman called a doctor who gave him an injection and when he was giving injection only Chandu Bhai died. There is such a communication! I mean, so much you don't know.

There is another very senior Sahaja yogi called Mr. Pradhan.

[Missing part] He came to Me. He got cured, passed his LMD, but he was possessed by some sex maniac or so. So because of that he could not sort of come up in Sahaja Yoga, always used to oppose Sahaja Yoga [unclear]. So we told him not to come to programmes. One day a lady came who was ruined by this...another horrible guru who, what's his name who was in Nagar, a Parsee gentleman?

Sahaja yogi: Meher baba?

Shri Mataji: Meher baba. Oh, horrible! And she went into trance and started telling about Meher baba, how he used her for sex!

This son of Pradhan came rushing into the hall

and told her, "Don't tell anything to Mother! Don't tell anything to Mother!"

He used to live so far away. He came rushing, running from his house to the hall and rushed inside the hall and stopped: "Don't say anything! Don't say anything!" He just put his hand on her mouth- and he had never met this lady! So she just threw him aside, she said, "Jagadamba, Jagadamba, Jagadamba," and he started trembling then.

So Pradhan said, "See the fraternity of the bhoots! See their friends!"

I mean, so many, thousand and one I can give you. [unclear] They read minds, this materialisation they do, all that sort of things, out of [not clear] that play of bhoots only.

Sahaja yogi: Mother, to what extent can the bhoots be regimented and used by the negativity, in other words an army of bhoots as it were there?

Other yogi: Positive or negative?

Shri Mataji: To Me, actually it's different. You see, the collectivity of the bhoots and the collectivity of the Sahaja yogis is extremely different: that in the first case they are not free and the second case they are absolutely free. You see, whatever horrible things Hitler has done he has used bhoots because human beings could not do that! How could they kill somebody in the gas, little children? I mean, it's impossible! I went to Berlin and I felt I was in a collective bhoot cemetery, horrid! At the slightest pretext I ran away to Dresden. I have been to all these places you'll be amazed! I have been to Russia. I have been to Mainland China. I have been to East Berlin. All the tricks are there.

Sahaja yogi: Mother, I was very hurt from lot of emotions, because you say about the Dalai Lama. I cannot, I cannot compare all Tibetans to Dalai Lama because one thing is I saw people going in a house without using a door. I saw one man stopped the rain

and also saw some other people make it. One man going like in a distance and can be so sharp only a horse can do it. All these are bhoots? That's all bhoots?

Shri Mataji: These are bhoots. Why? Because God is not interested in these things! What is His interest in these things? Just tell Me. Is that God has to do? Just use your understanding! Why will God want you to walk so fast like a horse? He doesn't want you to be like a horse, does He? You are an intelligent man. Use this! Dalai Lama is a very posh fellow you see, but he is a big parasite! He used to take his food or drink in what? Do you know? In a gold cup! He had everything gold in his house – like your Pope, great Pope! – and he sucked these Tibetans, completely sucked their blood! Now he's come to India to suck our blood, and there have been questions about him in the Parliament: why do you have this parasite here? Why should we look after him? It's some sort of a prestigious issue for Indians to have him there!

Sahaja yogi: Political.

Shri Mataji: Not so political because, you see, there's a big cult image for Dalai Lama all over the world. If they ask him to get out, people will never understand, as you yourself said, see: "Ha! Dalai Lama! Oh, really great!" Just for that thing you saw! They had given Me a plot of land and then they said, "No, no, no, no here Dalai Lama somebody has to come."

I said, "Why? Who this Dalai Lama is?"

He said, "Oh, we know he's a horrid [not clear] fellow and we have to just do it to show, otherwise he is so bad that if we do anything to him, he'll immediately go to Americans and publicly he will denounce us."

See everybody is following. Nobody is going to keep him in his house! It's very good idea. You see, if they like him so much why don't they have him? We'd be very happy to get rid of him, but nobody wants to take and he is using this situation. Nepalese do the same because they are precariously placed – Nepalese. So what they do? Indians have to please them because they are precariously placed. They are making – Indians – the whole road from India to Nepal is built by Indians. All the money is spent by Indians! They are using their position very well because they know that. And here they are having a little rapport with Chinese also, which used to keep Indians dancing...

Sahaja yogi: The thing which puzzled me very much, it was just there was some accident bad things in absence of Dalai Lama, this puzzled me very much.

Shri Mataji: What did they do? What did they do?

Sahaja yogi: Oh, it was a monk for example, who was killed by hundred and fifty bees, died after two hours, in Dharamsala.

Shri Mataji: Who died?

Sahaja yogi: A monk, a Tibetan Lama.

Shri Mataji: Died?

Sahaja yogi: This time it could happen only when Dalai Lama was not there.

Shri Mataji: I will tell you what it is. You have read the Devi Mahatmyam? Read the story of Bhramara Devi [Bhramara Devi is a form of the Adi Shakti as the goddess of bees]. Rakshasas can be killed by Her. She has killed them, actually is the Bhramara Devi. They were all horrible parasites.

Sahaja yogini: Mother, if You would like to take some rest...

Shri Mataji: I will. Imagine these monks! Why should they have gold cups for themselves?! You see, for a saint nothing matters! He will never care for comfort, never! First point. Now you can come and see in My house how comfortably I live, because My house is very comfortable. But if you put Me even in the villages of India or anywhere then it's all right,

on the bullocks cart, it's all right: nothing matters to Me! And that for a saint, he is like an emperor, nothing can dominate, no comfort, nothing: he's above! But for a person who says he is a king and asks for this like a beggar this, that, then what is, is he a king?

I mean, of course, if somebody is a divine personality, to have the best of Vibrations there must be a proper metal, it is important, to suit good Vibrations first of all. But people even have washed My feet on a plastic bowl, believe Me, even the water in the plastic, food in the plastic, which in My own house I would not even touch and allow it to come in the house! To Me it doesn't matter, but it should matter to others.

Sahaja yogini: When we have gold, Mother, it will be only for You.

Shri Mataji: I am not thinking I am going to survive that long! Don't you worry. I don't need any more, you see. I don't have, but I am saying that it was, it is said in the Book that for the Goddess you have to use gold, no doubt, or the silver, but that doesn't mean that Dalai Lama is a Goddess.

There's another one coming up now, he's supposed to be Shankaracharya. He's making a big chatra you see, one big –what you call those like structure they use, umbrella - gold umbrella! Can you imagine! Such a big one and he is only four feet and has little feet thin like a stick! And that umbrella once falls on him! That's the best, all funny happens.

Sahaja yogini: When? When it happened?

Another Sahaja yogini: No, no it's not happened yet.

Sahaja yogi: It will happen.

Shri Mataji: We have not been able to collect so much gold so far. Another one is Aga Khan who was weighed.

Sahaja yogi: Who was Aga Khan?

Shri Mataji: That [unclear] fellow Aga Khan. He weighed himself. He used to take first he took silver when he was twenty-five years of age, of his weight. And he was very fat, like that. He took silver of his weight. Then he got to diamond, no, no, no, got to gold. Then he died. Thank God for the diamond. Now his son is there.

Sahaja yogi: Two, two sons.

Shri Mataji: Two sons but the one who is now the Aga Khan. He is member of the UN, and the another is the refugee one. I have met him.

Sahaja yogi: No, one...

Shri Mataji: One is the Aga Khan.

Sahaja yogi: Yes, but the one who work for refugees has nothing to do with Ismaili position.

Shri Mataji: Yes, he lives separate. Whatever it is, both are useless people. And the one who is Aga Khan is the worst. It is said if they enjoy women in this life time their disciples will enjoy women in the heaven. What do they think they were doing? You laugh but they don't. They think he is very holy and find women for him...

Sahaja yogi: His brother is also laughing about this.

Shri Mataji: Brother laughs, laughs but he should say his real name. Why should he call himself Aga Khan? That's not the way. See, what I am saying is, he is not a saint.

All kinds of things these Ismailis are doing, in front of My house, at the gateway when we get out on that Premier Road, Old Brompton Road. They are building a huge, a huge big building, Ismaili Centre. This will never be finished, I know. Horrid! They will all die with their palaces. We had only one Rasputin once upon a time; now there are so many! The best part of it, they are interested only in money and women. There is no purity and that's the advantage: that all impure and false things have to fall – because they have no base!

They'll all be exposed. That is the best death for them, because if they die they can again use their satanic forces from the subconscious! Let them live in the present tense and get exposed. Let all the seekers of the world get out of their clutches so that Sahaja Yoga works. May God bless you all!

You see, if somebody says about Pope in India they will be equally hurt when I say about Dalai Lama in Switzerland! [Shri Mataji laughs]

Sahaja yogi: I was Catholic.

Shri Mataji: You know, My husband was so impressed by Pope you can't imagine!

He said, "He is not like Dalai Lama. He is a much better person!" He was so impressed, he went to see him, you know. And he said, "Ha! What a man! He was very nice, very good, very religious. They had silver and gold, you know, for the tea. They had, he said very good things they had there. I said, "It's all other people's money. They aren't their own!"

My husband knows about Dalai Lama because he was with the Prime Minister but he doesn't know about Mr. Pope. So he said: "You mean to say he is just like a parasite as Dalai Lama is?" I said. "Yes!" I said "Pope has no source of income of his own."

He could not believe. He said, "I'll find out." I said, "You find out for Me. It's a good thing. So I see where [unclear] he had the dinner set." He doesn't have any personal money of his own. Imagine!

Sahaja yogi: It's for the visitors.

Shri Mataji: It's for the visitors, yes. He himself is a visitor! See, you should see his apartment! By chance I have seen his property in Vatican because first time when I went, I went as a VIP. I had to come to the VIP, certainly I did. I tell you, o God, such a lot they have! I don't know what are they going to do with the brooches of silver and gold and all emeralds and what are they going to do with ladies' ornaments, I don't know, there!? And these Spanish things, you know, these necklaces that they wear, these all diamonds?

Sahaja yogini: There is a gentleman on the telephone. His name is Kelly and he was in Geneva and he has a fundamental

question to ask You. And he said that it was more difficult to talk to You than to the Pope. He would like to meet You. So I said, "Just a minute. I will go and ask." And he said, "I am sorry. I cannot come this time."

I said, "Listen, if you want to..." [talking about this man]

Shri Mataji: Pope's more difficult than anybody else, Pope you cannot go near.

Sahaja yogini: I said to this gentleman, "If you don't let me go and ask I won't. This is more important than the Pope so you have to take your time too."

So he said, "OK." So would you like to put him on?

Shri Mataji: What does he want?

Sahaja yogini: He is from Geneva.

Shri Mataji: Yes, [unclear] you tell Me.

Sahaja yogi: We talked to him yesterday, Mother. He is a curing person. He thinks that he is realised and he has understood everything but he would like to talk to You nevertheless – [unclear] a bit higher.

Sahaja yogis: Please, Mother, no, please Mother. It's a waste of time, Mother, wasting Your time Mother, Your precious time!

Shri Mataji: All right, tell him that Mother has sent word that you are not a realised soul. Take your realisation.

Sahaja yogini: [Many Sahaja yogis speaking at the same time.]

1:49

[Cut in the audio]

[No audio for the last words]

Shri Mataji: What is it?

Sahaja yogini: These people, they are headache. They are headache for You...

Shri Mataji: What did he say?

Sahaja yogini: He said that he was feeling the negativity when they asked him to see You and so on because they said, I said that "No, you will have to wait," and so on and he can't wait, you see.

Sahaja yogi: He was maybe a bit hurt because I said he had to wait. I don't know, I forgot his name.

Shri Mataji: So I can see him now sitting down here. I don't have to go to the hall.

Sahaja yogi: No, no, no he's not here in the house.

Sahaja yogini: He is on the phone.

Sahaja yogi: And if he wants to come and talk to us, we can explain the things, you know. Mother, it is not Your job to do these things.

Shri Mataji: No, you should say, "Mother talks to only realised souls. You are not."

Sahaja yogini: They can be a headache for us but not for You.

Shri Mataji: "You think [unclear] She has so many things to be done. You are not so important because you are not a realised soul", all right? Marie-Martine...

1982-0827, Kundalini: a living force within us and the living happening of the living God

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27 August 1982

Kundalini: A Living Force Within Us And The Living Happening Of The Living God

Public Program

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I would like to beg your pardon for being late but I have a double shift: I have to work there also, finish that work, come here and that's how sometimes, going from one to another, it takes some more time. I'm sorry for that.

As I said that this is a living force within us and the living happening of the living God. As you know that living things do not have precise time. For example, if somebody says, "Mother, I come to you tomorrow, I'll see you there. Will you give me Realisation?" I can only say, "I will try. But I can't promise." Moreover, I cannot say how much time it will take. It is true it's blossom time and we have many people who are just ready to become the Spirit. Still, it is not easy to say how and when all of these flowers will be completely realised. To get Realisation is not so difficult because you are just ready for it. But to establish it, it is sort of difficult because we have lots of problems within ourselves, in our chakras, in our subtle centres. Some are fanatics, some don't believe in God; some are very ego-orientated, dry people and some are extremely emotional, sensitive and all the time sad. There are so many permutations and combinations in the human beings that though at the very outset the Kundalini rises and pierces through the fontanel bone, still it again sometimes goes back and attends to problems in the centres.

Yesterday I told you about the right side with which we think, plan and do all the things for the future. And how it developed within us, how we started worshipping the different elements and tried to excite the elements and then go to the science to develop the harnessing method of these elements. So the right side stands for our achievements in our material wellbeing. Now, the left side is concerned with, our, all the emotional feelings we have and the right side is for mental and physical. And left side, as I told you, also works out all that is emotional and all that is conditioning, all the psyche, as described in Freud. It connects us to our subconscious and to the collective subconscious.

In the beginning, when people saw the marvel of the sunrise, marvel of the flowers becoming fruits, they thought that there must be some power that is doing all these things for the benefit of human beings. So they thought that it would be better that they surrender to all these elements instead of finding about their deities and innovating their deities, it's best to surrender to these elements. They started worshipping fire, water and all kinds of things. As the right side movement created people who were futuristic, lived in the future, that is modern people we can say are futuristic because they try to, then they forget their past and they are very speedy, and they are planning for the future. Now you are sitting down here and you must be thinking, "Ah now, after this program where am I to go? Then how am I to catch a train? How am I to do this?" We are always planning for the future.

So the left-sided people started worshipping these different elements and moving to the subconscious instead of to the supraconscious, as the right-side people do it. The movement to the left side started since very long and then people started doing all kinds of magics. Like when you start pushing yourself too much to the left you go to your subconscious and then you go to your collective subconscious.

Now how cancer is caused? Is also very interesting to see. Recently I saw a film of some doctors who had experimented in the cancer research centre. They said that to trigger cancer there are some entities which they called as protein 52 and protein 58 because they don't know what they are, they just name them in honesty. They enter somehow into us from some unknown areas built-in from our creation and trigger the cancer. Because they do not know that's why they say "unknown area" but it is known to many: it is the collective subconscious where everything that is dead from the creation is within ourselves.

Now let us see how the centres are formed within us. This is the centre, from the left and the right the centre is formed in the middle of it, like around, when I have said, this is the, say, this is the spinal cord. When you move, more to the left or to the right, this connection gets broken in the centre. This central part is connecting you to the whole but as soon as this connection is broken an entity from the collective subconscious attacks a cell. We can say it can be a dead spirit or it could be a kind of a virus which can be a dead, out of circulation, some sort of a vegetable. Now, when this thing attacks us it takes over and when it triggers at a low level it starts attacking the different areas of the body. For example, there is an attack in the stomach then the cells in this stomach become malignant because they become on their own, no connection with the whole, they are on their own. These entities, maybe vegetables, maybe some spirits or anything whatever is out of circulation, circulation of evolution, can just make them faster growing than the other cells. So the rate of growth of the cells of the whole body is much slower than the growth of the cells which are attacked because these cells are on their own. They have no sense of any collectivity of the body and they start attacking more and more cells. For example, a nose can go on increasing much more than the size of the face, it can overlap other cells in the body. They cannot allow any other function to take place but only their own function. And when this thing happens then gradually, slowly we find one by one all the functioning of the rest of the body starts getting hindered and obstructed.

So what happens when you get your Realisation? When the Kundalini rises in the centre she actually links back this to normal, these two centres to normal and makes one centre out of it. If the man is a normal person, a simple person, you can cure the cancer in 10 minutes. But if he is very complicated, ego-oriented then it's a difficult thing. Still, he can be cured if he agrees to cooperate because everyone who comes to Sahaja Yoga thinks they are obliging me.

We have this left-side problem and with these left-side problems, we get many problems like leukaemia. Leukaemia is caused to people who are very speedy, those who are slaves of the watch, with their watches, or time, because they are very frantic. They will eat their food, they will drive at the same time, talk at the same time, think of something else. They have no time to talk to their wives, their children; they are busy people running in the rat race. Now the spleen, you know, produces blood cells, red blood cells for the additional use of the body, when you have an emergency. If you are always in an emergency then poor this spleen becomes crazy, she doesn't understand you and then the habit becomes crazy and you start producing red blood corpuscles bigger than normal and the activity becomes very hectic. At this time if there is any attack from the left side, then you will have leukaemia. Now in Sahaja Yoga, we have cured many, many patients of leukaemia. Doctors have said that these patients are gone cases, they are going to die, but we have cured them. But I do not do it now, my disciples can cure. It's very simple to give the vibrations there and make the spleen little steady and the speediness is brought down a little.

In the same way, when you all get Realisation, you are my children and you can also do it: you can also cure leukaemia of anyone, or a breast cancer or any such a disease which according to doctors is incurable.

In the same way breast cancer is caused by the insecurity of, especially, women in the centre heart which is the centre where the Mother of the Universe resides. This centre of the women gets disturbed when their motherhood is challenged, when they do not respect their motherhood and honour it, if the husband is a man who gives her insecurity by his very cheap, flirtatious methods, then also she can get breast cancer. These days people are experimenting with very odd things: they do not want to wear proper supports for their breast and such women can also get cancer. There are so many such problems I have faced because people, without understanding, are doing experimentation with themselves. In Sahaja Yoga when you get your Realisation all these securities are established and you feel absolutely relaxed and blissful and your cancer gets cured.

Now, diseases like diabetes and all that can be also cured with Sahaja Yoga by giving balance. It comes through imbalances like we can say diabetes, heart attacks, all heart problems are due to imbalance in life. These are faced by the right-sided people. Yesterday I told you a person who has got a heart attack must know that he has an Ego problem. If somebody suffers from say, schizophrenia and other diseases of the left side should know that he is suffering from a Superego. Sahaja Yoga teaches you how to maintain a balanced life to keep the Kundalini alright and your health problems absolutely can be, absolutely can be cured completely.

There are some things for which Sahaja Yoga doesn't bother much: are the things where they are dead in the body then we cannot help there because it is dead. If there is tissue is still living we can work it out. Now the biggest problem comes to us from the doctors who are doctors so they think Sahaja Yoga is a challenge to their profession and if they are fanatics then they will oppose Sahaja Yoga outright because it's a double opposition. Now the best way is for doctors to also understand that we are not going to cure all the patients in the world, we are not here for curing, it happens as a by-product of the Kundalini awakening.

The Divine is not interested in everyone, this I must tell you very frankly because you can see there is common sense in the Divine. If you have some lamps in the house which are spoiled and which can never be used for giving any light we are not bothered, we throw them in the junk. In the same way, those people who are not seeking God, who are not willing to give light of God, in that, Sahaja Yoga doesn't take much interest. Sahaja Yoga knows those people who are genuine, who are seeking God, who are genuinely believing that they should emancipate humanity and emancipate themselves and that's how it pays attention to such rare type of people whom I call as seekers, a special category.

Now there are many people who just, for criticising's sake, start criticising Sahaja Yoga, we are not interested in them at all. Actually it is not a system where you can just come, become member, pay some money and remain as you are. It is also not a system where the guru says you start jumping or you start doing some sort of a mantra, standing on your head and all that, and go on paying on one side and working hard for your achievements.

Now it is, you'll be surprised, that it is the Divine which is anxious to do this because it has to save the Creation, the man, the human beings. But it is not going to fall at your feet that, "you take me, you accept me", that's not so. It is not going to send you requesting, appealing things, at all, because there is no other interest but to emancipate masses, to help the masses, help the world to evolve. It is not interested in superficial people. But for your information, in this world there are many, many, definitely, many more are there lying also who are genuinely wanting to do something to break through into unconscious. They may be complicated, they may be having problems, they may be not, according to the norms of religion, alright. I've seen some people who are homosexuals also, came up and became such great Sahaja yogis that it is unbelievable. There are people who talk of God, of Christ, of Rama, Krishna, everything but I find they have no seeking in them, it's just a fashion they are doing.

So Sahaja Yoga has a double force in it: it has centrifugal and centripetal force. By one you are attracted towards the centre and by one you are thrown away like a tangent, in a tangent. It is a genuine, real living work of God. You may be rich, you may be poor, you may be racist, non-racist, anything you may be, makes no difference. Once your Spirit is awakened you drop out all these hangups, completely. Like, you see, when people go to extremes, also in fanaticism, in worshipping something or surrendering themselves with these gurus or with some of the churches we can say and some of the other organisations, they get attracted by these spirits which are dead and they start behaving in a funny manner like shouting, screaming or saying all kinds of words which no one understands. It is rather surprising how in the Protestant church they've accepted these people called as Pentecostals who start behaving like some servants in India who get possessed. This is a common phenomena in India that so many women who are frustrated and servants, they get possessed and start jumping and shouting. In the same way in the charismatic movement, people are doing the same nonsense. Be careful about it. We have a boy here who came to us in Paris and he just was absolutely possessed and he cried and wept, then he fainted for at least half an hour. Then I went and told these spirits, I said, "You get out from here just now and you are not going to enter this body again." Then this boy became perfectly alright. And when this boy gets alright then he told me that many people are experiencing this kind of a thing and they say this is Holy Ghost coming into them. It is the ghost that is coming, not the Holy Ghost. The thing is in the Bible, now, it is described that the Holy Ghost came to the disciples and they started dancing and saying all kinds of words and all that. This is written in the Acts, written by Mr Paul, "Saint Paul" you call him but why was he there? I just don't understand; I could never understand this man, why was he there, in the Bible? He is very misleading.

If the Holy Ghost comes into you then it has to make you holy, it has to give you powers that you should feel the bliss, happiness, joy and also the collective consciousness. It is not going to torture you till you end up into lunatic asylum, that you behave like a

lunatic and that you behave in the most indecent and indecorous manner. Is that the way Holy Ghost is going to come within us and manifest? In the lower caste of India, some people told me that it is a Goddess coming into these women who are dancing like this and saying, "ho, ho, ho, ho" and they started becoming nude and all this nonsense. I said, "Has Goddess some sense or not? Is She going to come into these dirty women who wash everybody's bathrooms every day?" Use your brains. Religion doesn't mean that you shut out all your brains. If you are religious you have to be a generous, open-hearted. I do not find any difference between the Israeli Prime minister and Mr Khomeini, they are just the same in my eyes, and any other Christian organisation which believes that they are the best and the perfect people.

Christ was not allowed to speak for more than four years. In four years what can you do with these funny human beings? You can only get crucified. I was working for four years with six people in London, can you believe it? That Christ was really, I must say was really great, to at least create some impact on people. He came on this earth to reflect his own personality in the centre of the Agnya chakra. When he was dying on the cross he said, "Now it is accomplished." Means he had established himself in the centre of Agnya. All the organized religions on Christ are making uses of this statement and they think: Christ has accomplished anything, you take a Bible and now you are a very great Christian and now Christ is going to come and take you on a magic carpet.

The Catholics in Geneva and other places, Lausanne also, drink like fish, absolutely they have no control over themselves. People smoke like chimneys, they've no control. If there is Holy Ghost in them how can they be so much in the hands of drinks and smoking and all kinds of bad temptations? They are so materialistic, so materialistic, those people who say that "We are religious, we are seeking God." I've seen, even seekers are so materialistic. Even the hippies who say, "We are seeking God", are very materialistic people. By taking drugs if one could go to God, it's better to give some drug to animals – they will also go to God. By shaving your head and by wearing funny dresses or by moving nude, if you think you can go to God, then what about the sheep? It is shaved every year twice. Why do you do absurd things with the brain that you have, tremendous? You have no wisdom for God but you have all your brains for destructive armaments that we are producing. I look at all the human beings as a whole. Sometimes I feel, "What has happened to them?" Human beings are the only animals who are busy destroying each other to this extent, they have become destruction maniacs now. But above all is the Power of God. Don't take all these things for granted because His wrath is much worse than all your armaments put together.

The best thing is to get your Realisation and to be the Spirit, Spirit that is the Truth, that is the joy and that is the one where our attention should be. When the Spirit is awakened your attention gets enlightenment. It is not enlightenment that you see some light or you see some cross, it's not like that. Your awareness gets the enlightenment, the enlightenment of collective consciousness. Your central nervous system feels that you have become one with others. On your fingertips, you can feel the other people. On your fingertips, you can feel yourself. With these hands, you can cure yourself and cure others. With these hands, you can give Realisation because the power is flowing through you. Thus you will achieve the transformation of human beings who are just at the transition of an egg stage, we can say, to become birds, free birds. All the stupidity that we cannot explain and the confusion that faces us immediately drops out as soon as there is light. As I told you when there is light you can see everything.

The Spirit is the Absolute. And the Absolute has to relate to everything. For example, if you want to ask any question, say for example you want to know, "Is there God?" You just put your hands like this after Realisation and you will get tremendous rush of cool breeze. If you want to know about a person whether he is realised or not, you can find out the same way. And also about a person who is a crook and who is a false guru.

In the Quran, it is written that your hands will speak. It is very surprising that if I mention even Quran in the church people get so angry with me. Christ himself in that short period said that "Those who are not against me are with me." In these four years of his terrible struggle, how was he to talk of Kundalini to those fishermen who didn't know even how to write? As I said yesterday, all these people are complementary to each other: because Christ did not say about this part so Mohammed said, "Your hands will speak." Christ has talked about the Last Judgement but Mohammed said it is better to talk about the Resurrection time because Last Judgement will be coming later. Because as soon as some incarnation comes on this earth everybody is out with a pistol towards that person. And they think only the suffering is due for them, they must suffer because they are saints. But you are the

one who is making them suffer, so you are not a saint in any case, isn't it?

This is how people live with confusion about suffering also. It is a very common practice to preach that you must suffer for God. Because all those who profess that they are very religious, they will give God's gift and all that, cannot do it. So they don't know what to find an excuse so they said, "You have to suffer. These are your karmas, these are your sins." Because they have to earn money, they have to build churches, they have to build mosques, they have to build temples, they have to have all these organisations, these pseudo organisations of these people. So they have to say, "Now, you don't get it? Alright, you suffer. Do you have got cancer? You suffer. You have got this problem? Suffer." Because you have to suffer. You have to be saints, you have to suffer. But if you really believe in Christ then it is clearly said that he died for our sins and he has had suffered for our sins, he didn't leave any suffering for us to go through. That we have to go through that suffering so that we should again add to his suffering? Because he did not do completely the suffering? There is no need to do all these monkey tricks and unnecessary nonsensical sufferings. Christ has said, "You are to be born again, through me." And he is the Gate, this is the Gate [Agnya] and this is the Destination [Sahasrara]. To enter inside the gate you have to just awaken Christ and at Agnya chakra he sucks in all your ego and superego, thus all your suffering, your karmas, your sins. This is what the believers of Christ are doing that they want you to suffer. This is all wrong because they cannot give you your second birth.

The second type of very hideous and filthy thing that is going on in the name of God: to say that sexual energy will take you to God is the most absurd thing one can think of. In no religion, they have said this. But Christ said that they have said, "Thou shall not commit adultery." I say, "Thou shall not have adulterous eyes." Even the eyes should be clean. If sexual energy is going to make you something higher then stud bulls must be the first to arrive at God's place. You can see here clearly that the Kundalini is above the sex centre. Sex plays no part whatsoever in our evolution. Chaste sex, done with collective sanction, gives you a balance, no doubt. A person like Freud who was himself a half-baked personality has ousted Christ completely, thrown out, removed Christ from their minds. These psychologists, all they deal is with pathological cases. Funny ideas they give you that a girl has a relationship with the father and a boy has a relationship with the mother, all absurd. They bring down human level to just a sex point. Are you just a sex and nothing else? Is there no nobility left in you? Nothing nobler things, it's only the sex you are? The worst part is the more you think about sex you become impotent. A doctor told me in America that 65% of young people in America are impotent. The people must understand that sex is a spontaneous thing. Even the animals understand. What is there to learn and talk about sex, I don't understand? The more you talk about it, the more horrible you become. For any holy person, it's nauseating, absolutely, you feel like vomiting when you see this (unclear), you just don't understand.

We have in our home or house everything, for a drawing-room is there, bedroom is there and a bathroom is there. Now, what great courage they have shown in bringing the bathroom in the drawing-room? This is the greatest achievement of modern times. Now if they start having a public bathroom, that will be the greatest thing. Human beings have to be dignified and serene people. I was very disappointed to see people who have no sense of shame left in them. It is impossible to understand how with our great brains have become just sex points. You may give any explanation but you can see Freud himself had a bad relationship with his mother and he had a miserable death – he died of cancer, and he had a miserable life. But there are many people, those who have him as ideal, so you will have cancer and go ahead.

You can understand the pain of a mother who knows the potential in you, who knows for thousands and thousands of years you have been seeking God. There is a Purana in India which is written about the modern times called as Nala Damayanthi Purana. He has described us so very well where people will be eating food from steel and ladies will be wearing dresses like men and all these details. But the main thing about that poem is that this Kali is the one, the modern times is called as Kali-yuga, the man who represents these modern times – Kali, he is called as Kali. Now this man long time back was caught up by Nala, the husband of Damayanthi, long time back – thousands of years back. He had played tricks with Damayanthi and Nala, confused them like people are confused these days, and he had to suffer the separation of his wife. So Nala caught hold of this Kali and he said, "I must kill you forever because you will be torturing everybody by confusing them." So he said, "Alright. You just wait, I will explain to you the importance of my existence and then you can kill me." So he said that "By my being there, of course, people get confused and their values go down and in every way, they become very confused people." And he said that "But when Kali-yuga will come when I will be the one who will be ruling and confusing people, that confusion will bring forth all the seekers who are seeking in these mountains and valleys the God, the Truth, will find it. And then they will start the yuga of Krita-yuga

where people will learn how to use the divine power. Because divine power will start working." Krita means, "kr" means "to do".

So this is the Kali-yuga today. If you are confused does not matter because we have not found our meaning, our absolute. Once we find our absolute all our confusions will slowly, slowly go down. To grow in Sahaja Yoga one does not have to have a very young age, any old person can also grow in it. My eldest son is now 96 years age, in India. So you could be of any age group, makes no difference. Any race, anywhere, you all can grow into Sahaja Yoga. You become master of yourself. Nothing can deteriorate because you enter into the realm of the Kingdom of God and enjoy the eternal life.

Now we will have a little session of Realisation. I'm sorry I'm here only for today and then I'm going to Freiburg in Germany. But we have a very good centre here and many senior Sahaja yogis who can look after you. We have centres of these Sahaja yogis all over the world. When you'll get your Realisation you will understand that your brothers and sisters reside in every part of the world. They are from the newly born to the old ones, very beautiful people, and it's nice to meet all of them. We also have programs in India for about two months for my touring and only you have to pay for day-to-day for when you live there. But I must say that for all these programs we have to do rather a selection of people. Because I mostly work in the villages, we have thousands and thousands of Sahaja yogis in the villages, so it is rather difficult to carry many people in those places because we don't have anything to make them comfortable.

Main thing is first you must know that you are glorious, you are beautiful and that you have to come up to that level where you really exist as the Spirit. Your level of understanding will start growing in Sahaja Yoga as your hands will become more sensitive and sensitive gradually as your centres will clear out. Within three weeks you can achieve a complete proficiency in Sahaja Yoga, you don't have to pay a single pai. Not because it's something, a joke, but because you cannot pay. There is no course of Sahaja Yoga, there is no organisation, there is no membership, nothing of the kind. When you start evolving yourself, you will yourself see how you are evolving gradually and you'll start manifesting your Spirit.

The other day somebody asked me, "What about unemployment? How do you solve the problem?" I said, "In Sahaja Yoga, those who are employed are employed by God. They are extremely busy people." We have a little wise soul, who I think is five years old maybe, who got up early in the morning and he asked me, "Mother, vibrate some water for me. I have to give it to all the Sahaja yogis." He woke them up, he said that "You all sit down for meditation." He started raising their Kundalini and working it out. Because it is such a truth that even children know which chakra it is catching. They will just say, "This chakra is catching." The greatest promising thing is that there are great souls taking birth in every country, also in your country. There are many born realized children who know about Kundalini. When they put their fingers in the mouth you must know they are indicating the different chakras you are catching. The stupid psychologist Freud said it had something to do with sex because he could not think anything but sex. Last time in Bonn, we were there, there were two girls who were just jumping all the time like mad. I said, "What's wrong with them? Are they coming from the lunatic asylum?" Because only people from lunatic asylum could be like that, they are not also so bad. They told me that they are great devoted students of Freud and extremely sophisticated methods of Freud's they have tried. Now their sophistication has reached this state that they have become barbaric. You do not see any sophistication in them, at all, the way they behave in the meditation of God.

People have deviated because of confusion, it's all right. You can all come back to the central path of evolution. We have all patience, love and compassion for you. You please have that patience for yourself also because you must get what you have, you must become what you are, so that God Almighty, your Father, can bestow all His beauties upon you. Only be sensible like grown-up people or be like children who are grown up.

May God bless you.

We cannot have any questions because it's very late. But if you have any questions you may write to me and I will definitely see to get them answered. If you are a fanatic, I am not interested in you. If you want to have your Realisation I am here to do that. It's most surprising that in the developed countries I've met more fanatics than in India which is supposed to be under fanatics. I had thought those missionaries who came to India with a Bible in their hand and a pistol in the other hand have disappeared now. But they still exist. And just reading Bible cannot take you to God. Your forefathers have done for ages now, so better have

your Realisation and second birth and understand that God cannot be understood through dead books but through living God.

Do you mind putting your hands towards me, please? Also, I would request you to take out your shoes, it helps me a little more.

Just sit down, please, don't disturb. Just sit down, don't... No, please, please. Now, listen, we've had enough of this, please, please. We don't want anything. You see, we've had many like these before. Please, please be seated.

[Mother speaks aside with a yogini about a lady with an epileptic child who has left.]

Now I would request you to put your hands towards me, just like this. I won't give you explanations now but you can, later on, know that everything that I say has a great meaning. Now, please take out your shoes before doing anything.

This right hand is the hand of action, as I told you. Through this hand, all the actions take place, this hand – right hand. Some people might be left-handed, still right hand is the one you have to use. Now, use this right hand when I tell you to use the right hand in giving yourself a balance by raising your left hand and putting it to the right, is a balance you're giving, as I said you are more futuristic. Now, can you see me taking now your right hand up over your head and putting it down? All of you do it. All of you, please do it. It's very simple, you can give Realisation to yourself. Now, take your right hand like this, take it... Again please, the right hand I said, right hand. Alright. Now put the left hand toward me. Now put the right hand, go up like that, take it all the way up over your head and put it down. Now what you're doing is raising the left-hand-side, which is the emotional side, you are raising it higher and getting the grace of God from your head and putting it to the right side. Do it three times. Again.

Those who are not doing it will not get Realisation and then, later on, they will say that "Mother, we didn't get Realisation", like one journalist who came. Actually, such people disturb us. We don't want such people to be here, we don't want to do it. Please such people should go, we'll be thankful, we don't want them. Because if you do not want to do the things that we want you to do, it's better not to disturb others. Be kind to us, be civil to us. It's better to leave and leave us in peace and don't, please, disturb us. Because it's no good having such people here. We'll be thankful if you all leave, those people who do not believe in themselves that they can have Realisation or they won't have Realisation, whatever is the case, they should leave.

The other day one gentleman asked me, "Mother, then why don't you give the Realisation to the whole world?" I said, "Who is interested in getting Realisation?" In this Lausanne, there are thousands of people. How many are here to get Realisation? I cannot fall at their feet. What can I do? They have to ask for it. You don't want God to come and beg of you? Actually, you have to ask for it, you have to be humble. If you think no end of yourself God will say, "Alright, go your own way."

Alright, so you put again your left side up and right side down, like that and throw it away again, please. Again, raise it. If there is anything in your neck or something strong like a tie or some sort of a necklace which is heavy, please take it out, would be helpful. Some material things do stop the movement of Kundalini. Then you should not say, "I didn't get Realisation."

Now, please close your eyes. After closing the eyes put your right hand on your heart. And in your heart genuinely say that you are a Spirit. Say, "Mother, I am a Spirit." In a very humble way, "Mother, I am the Spirit." Or you can say, "Mother, am I the Spirit?"

Put this hand down below on the stomach, on the left side. Say, "Mother, am I my own master?" Again ask the question. This question has to be asked ten times.

Again, raise your hand on your heart and say, "Mother, I am the Spirit." Say it six times; you'll know later on why particular timing is needed.

Raise the hand on the left side of your neck, please. Same hand, from the front. Now at this point, you have to say, "Mother, I am not guilty." And this has to be said eight times, please.

Now put your hand on your forehead, across, covering the forehead. And please say... Close your eyes, don't open your eyes

because Kundalini won't rise above Agnya chakra if your eyes are open. It's not mesmerism. Now just say, "Mother, I forgive everyone." Say it twice but say it with your heart.

Now you put your hand on top of your head. At this stage I cannot cross your freedom, you have to ask for your Realisation. So you have to say, "Mother, I want my Realisation." Say it seven times. Now put this hand on top of the fontanel bone area which was a soft part in your childhood and try to press with your fingers. And now you should say that "Mother, please give me my Realisation." Just go on pressing it backwards, forwards, pressing hard. Wherever you find it a solid thing you go on pressing it, backwards and forwards, in the central line. All the time saying, "Mother, I want my Realisation" or "Mother, please give me my Realisation." Many people have a problem at the back of their head, just go on pressing there, back of their heads.

Now, just see if there is a cool breeze coming in. You can now change over to another hand, that you put your left hand up there and right hand towards me. Put your left hand on your liver, on the right-hand side, on the right side, press it. Press it nicely saying that, "Mother, make me my own guru." Now put one hand towards me and another hand towards the liver, right hand towards me.

Now put this hand little above, on the right side near the centre of your lung area, we can say. Just say, "Mother, make me a good son, or a good daughter, of my Father, the Lord." Do it six times.

Now press on the right side of your neck and say that "Mother, am I the part and parcel of the Primordial Being, or of the Collective Being?" Say it eight times, please.

Put the left hand at the back of the head and say that, "If I have done any mistakes, God may forgive me." Say it twice, with your heart. Go on pressing the back with your fingers.

Now bring it on top of your head, see if there is a cool breeze coming in.

Now bring both the hands front, open your eyes and watch me without thinking. Put your left hand, which is the desire, before the Kundalini, above that point, away from it. Use the right hand of action and try to wind up till it reaches on top of your head, give it a good twist and make one knot. Again the second time, please. Move it slowly, slowly. Pull all your way up there. Make it a big twist and now you have to do three knots. Now: one, two, three. Now see your hands, are you getting cool breeze? Alright? Now don't think. You didn't get it by thinking, be silent, enjoy. You have been waiting for this moment. Some did not get, I know.

All of you should give your names to the centre and there is going to be a meeting followed by this session where people will tell you how to give Realisation to yourself and maintain it. Gradually you'll start understanding about yourself and about others.

So now those who have got Cool Breeze in their hands, raise your hands, both the hands. Those who have come for the first time today may not feel it. See, most of them have got it. But doesn't matter. I will see them, few of those who haven't got and then I hope you will look after yourself. I leave your Spirit in your trust. Do not give up for any conditioning, any stupid idea, anything to do with your past gurus or anything. Thank you very much.

Those who did not get Realisation, please raise your hands, [UNCLEAR]. Just put your hands up because these people will address it.

[end of video]

[min 1:47:35, audio continues with an address by Shri Mataji to Lausanne yogis after the Public program]

And you are going to give me a very big smiling present. That's why I [UNCLEAR] here. To smile that's the best way you can give love. And thank you very much for everything that you've given me: your love, your affection and your presents which are the symbol of your love. You know how much I love you. You must love each other. And love yourself, understand. Do not criticize

others, love them. You can criticize yourself. Or I can criticize them, I can criticize you, but you don't have any right to criticize others. Another resolve you must take – not to use anger. Never use anger. How in the temple by keeping quiet I mastered the situation.

So now I feel that all those who [UNCLEAR], they have to go [UNCLEAR] to direct their attention to themselves, not to others. You have a lot of intelligence, smartness, all these qualities. What you have to develop now is humility and also the power to enjoy the quality and the beauty of others. You try to see the good in others. I don't see any bad in you, till absolutely it comes up to my neck. I love you with all your defects and everything. But sometimes it becomes too much then only I have to tell you because you have to grow. So first if you have to say anything to anyone, must know what you are saying in love, always talk in love. Better sit down and practice how you would like to talk to others, please. Christ has said, "Do unto others as you would like them to do unto you." I would go further to say that, "Feel about others as you would feel about yourself." Alright. Thank you very much.

Let's go.

Yogis: Bolo Shri Mataji Shri Nirmala Devi ki Jai.

Thank you, everyone.

1982-0828, The history of seeking the truth

View [online](#).

28 August 1982

The History Of Seeking The Truth

Public Program

Freiburg (Germany)

Talk Language: English | Transcript (English) – Draft

Public Program

I bow to all the seekers of truth, first of all.

The seeking of truth has been going on, on this earth for thousands of years. All over the world, you can find out, there have been people who have been trying to seek the truth. What is the truth they want to seek?

They wanted to know the meaning of this human life, the purpose of this human life and the future of this life. The reason is they were not satisfied with whatever level of awareness they had as human beings and they thought there had to be another one where they will find the absolute.

So to find the absolute means, .. your being has been there for thousands of years all around the whole world.

With the study of this seeking one can understand that people were very earnest about that seeking in those days. But this study just tells us of very few people who were seeking, and very few discovered it.

In the time when Rama was living in India, his father in law was known Rajajanka, to be a great master. It is 8000 years back. I won't be able to tell you the history of German seeking when they started their seeking.

At that time a boy called Nachiketa came to Raja Janaka to say that you are the one who can give me self knowledge and my Guru has sent me to you, and you have to give me the second birth. Raja Janaka told him that "please go away, I have no time for you".

Poor Natchiketa was very disappointed, and he stayed there in the palace of Raja Janaka for days together till one day Raja Janaka agreed and said "alright now I will give you the self-knowledge," But before doing all that he tested him in every way.

Fourteen thousand years back there was a great poet called Markandeya, he has described that every human being has to be born again.

But this was a very secret science. Most of the people either started working with the elements that were surrounding them, to master them, or they started surrendering to these elements or to some unknown powers they thought must be existing.

So two types of seeking started in India. One on the right-hand side as you see along this line along the line of the sun, by which one takes action.

To find out about the elements they started moving on this line, to find out what are the deities ruling these elements that are created. The other side was the seeking through the surrendering and also through the worshipping of fire, water and all these elements.

The right side is responsible for our future and the left side for our past. So the people started moving towards the left side by

their worshipping, by their surrendering, and by that, they entered into the area of the subconscious. And later on, by pressing this too much, they entered into the collective subconscious, where they got possessed by the collective subconscious: all that is dead.

Recently I saw a beautiful research event of some of the very famous doctors of London on cancer, on the television.

They say that the cancer is caused in the body by triggering of our being by an attack from the area that is built within us since our creation. This attack, they call it as the attack from the protein, they call it 52-58; they give it a name. This area is the area which I'm saying as collective subconscious, where everything that is dead since our creation is lying.

In India, the tantric used a very strange method to enter into this area. They call it as the art of the dead, or you can say it is the knowledge of the symmetry. This is an elaborate thing which I can't tell you in such a short time.

And with this art, they try to capture the dead souls of the people who had died as dissatisfied souls. They would also be very much watchful about some evil geniuses who would die and they would attack such a man when he is dead, to find out ways and methods of capturing his soul.

The other side, the people who tried to excite the right side we can say the elements, by chanting went onto the other extreme which we call the collective supra-conscious.

Now the people who went onto the left side too much could very easily mesmerise thousands of people. They could just put their ideas through these people and use them for their own purpose.

The supra-conscious people had a power to show people something like a light or something like a fire, or something as if they would feel that they're flying in the air.

But we have to remember that we are not seeking these powers within us because they come to us from the dead.

All these powers are extremely dangerous. I've seen all the patients who have come to me of cancer or MS or leukaemia which are absolutely incurable, all are affected by the left-sided movement of the attention.

The right-sided people are extremely dominating. They develop as you can see, as a by-product of their action, this yellow coloured balloon called as Ego. While the left-sided people develop another kind of a balloon as a bi-product of their surrendering, it is called as Super-ego.

Now, when they develop this ego on the righthand side movement they would dominate people and would try to bring other people under their control, exciting their ego.

Now, this type of movement was going on in the so-called seeking of human beings.

Today's all false and fake Gurus use only two methods, either they take you to the left or to the right.

While the evolution of man is a natural process, it is a living process. You cant pay for it, you cannot put any effort for it. It is a spontaneous process and whatever you can do, as a human being, is not the way you can achieve that. Some people think that if they jump morning till evening they'll go to God. Then most of the animals should be there first before us.

There are some people who think if you shave your head and you shave your body and become new you will go to God. Then you can find the sheep who is shaved twice a year twice, then she should be the first to be there. Or anyone who thinks that by doing these things that we can do, or some people start jumping and say that we have levitation, should really ask their guru to first of all fly in the air.

So the first thing we must know is that we cannot pay for it and secondly that we cannot put any effort into it. For example, if you have to sprout a seed you have to just place it in the Mother Earth and it sprouts in a simple way. If the gardener stands on his head and does Hatha Yoga, will it sprout? Do we pay any money to that seed to sprout? A flower becomes a fruit, that is a living process because human beings can't do it. Because whatever work we do at this human level is not the living work, it's the dead work. We transform dead to dead.

For example, if a tree dies then you make a chair out of it and you think that you have done a great job. But we cannot transform one flower into fruit. But billions of billions of these flowers at this moment must be transforming into fruits.

Who does this work? This work is done by the all-pervading power of love, of God All-mighty.

It is sometimes very shocking for modern people to hear the name of God, they don't like it.

You may call him by any name, but there is a power that does this job because we can see with our own eyes that a flower becomes a fruit.

Now, this is a living power I'm talking about, by which you exist.

Actually, people develop a very antagonistic attitude even towards God, because of their own mistakes. Because those who talk of God started using their mental projections and conceiving God in their own mental projections.

Everyone had a new doctrine according to their brainwaves.

While Christ has said that you have to be like a child to enter into the kingdom of God. That means you have to be innocent and simple like a child.

You cannot think about this all-pervading power, this brain is very limited.

People have written books after books about God, but nobody says alright this is the way to get your Self-realisation.

So one has to understand whatever is living is extremely simple to look at.

For example we breathe so easily, we don't go to books and hold conferences to discuss how to breathe, otherwise, we would have never existed.

We do not have to read on breathing otherwise none of us would exist.

That is what we should know that by reading you cannot go to God.

There has to be some living happening with us to change and transform our awareness.

We have to be very truthful and honest to our selves at least.

Some people who read some book XYZ; the other day a boy brought me a book which was all a trash, but he said this is the book I think is the truth. I said what makes you think? He said because I believe it!

But who is this "I" within you? It is this mister ego within you, not your Self.

While your Self is in your heart, that is the witness of all your working and all our thinking.

He notices everything that you do and whatever mistakes you commit in your seeking. All these mistakes are recorded in a coil as you see down below in the triangular bone called Kundalini.

Now, Kundalini is a residual force within you. Because this force has not manifested itself, so it has created the whole human being. Because this power is the desire, the ultimate desire within us to be one with the Devine.

Union with the Devine is called as Yoga, not with the spirits, but with your Spirit within. Also, Yoga has another meaning which means the Devine technique: To know the laws of the divine, and the technique of how to manage it.

Now, this Kundalini is seated in the triangular bone called Sacrum. This bone is called Sacrum itself says that it is a sacred bone.

The word is used in the Greek language. When I went to Greece I was amazed to find from historians that they called it a sacrum bone because there has been an Indo-Arian before thousands of years back. Even the "Athena" is the word that comes from the "Atha" means the primordial, the primordial mother is Athena and from there that Greek word has come.

They created the same kind of knowledge that Indians had through their meditative power, and they named all the deities that were residing in our being.

For example, Sias is the deity for our evolution, but suddenly it so happened that they wanted to make all these Gods look like human beings.

Afterwards, it so happened that when Christianity came to the western countries, people started organising the religion, again putting the doctrines. Without understanding why Christ came on this earth, what was the essence of Christ and what are we do about it.

The first severed all their relation, from all the seeking they have had in Greece, Mesopotamia and Babylon and all these places; they just cut them off. Because it became an organised religion, now with that all the ideas of deities and everything were cut.

Now, one thing that Christ has said is that you have to be born again. None of them tried to understand the meaning of that word that Christ has said you have to born again. Actually, they did not allow Christ to speak much, He lived only for four years and they crucified Him.

They could not even go to any other ancient scriptures to find out the meaning of the word to "be born again."

Because Christ had been already described, and his coming was described in the Indian ancient culture. Moreover "to be born again" is a very common term in Sanskrit language and as Germans know some Sanskrit, I will tell them what exactly it is called.

To be born again means that like an egg it come with birth.

In this lifetime you have to get a transformation in your awareness.

Because a realised soul is called a Vihagah in Sanskrit and also a bird is called a Vihagah because of twice-born.

Instead of trying to find out how to do it, they started giving people artificial, absolutely artificial realisation. That was called as baptism.

What Christ said that you are to be born again means that you have to be really actually to be reborn, that's how you are to be

baptised.

Sahaja means, "Saha" means with and "Ja" means born with you.

In Sahaja Yoga we have no organisation, we don't take any money from anybody. We do not force anybody to be here. Those who are seekers can come and can get their enlightenment without any effort.

On the tree of life there were only one or two flowers first, now the blossom time has come.

Human beings have reached that stage that they are just ready to get it. As the wind of spring has to blow to make many flowers into fruits, every country has so many seekers just waiting to get it.

Like one enlightened light can enlighten many lights, and once you are enlightened you can enlighten others. But what happens when you get enlightenment? Actually, it so happens that when you become the spirit you start manifesting the power of the spirit.

The first power of the spirit is that you become, again I say you become, you actualise in your awareness the collective consciousness.

In Koran, it is said that your hands will speak when you will pass into the time of resurrection. That means your hands will become sensitive and they can feel, and they can talk, they can communicate. This exactly this happens when the kundalini rises and she passes through all these centres and pierces through your fontanel bone area, first you start feeling the cool breeze of the all-pervading power, of the Holy Ghost.

Now even if you take a hammer and break your head you can't get the cool breeze coming out. Because of that's a dead style. Or somebody comes from somewhere and says alright I baptise you and put some water, the cool breeze won't come out. He has to be a realised soul. And he has to know the technique of how to raise the kundalini and how to give realisation.

So, this actualisation when takes place you become the spirit and the first power you get is that you become collectively consciousness and you start feeling in your hands, your subtle system and the enters of others.

We live in the future or in the past. a thought rises within us and falls out, again a thought rises and falls out. because this rationality or thinking is limited we cannot understand God. We cannot understand his power because it is unlimited. so this triggering takes PLACE AND YOU COME TO THE STATE WHICH IS THE PRESENT MOMENT BETWEEN THE TWO THOUGHTS. So the first thing happens to you also, is that you become thoughtlessly aware. This is called as Nirvichar Samadi in the Sanskrit language. but you may say that mother we have heard that it takes too much time to get this realisation. you have to have a clean body and a clean mind. That was the condition that I told you when Nachiketa went to Raja Janaka. But today we are in a very different state. As I said, the blossom time has come. Of course in the west, I find it difficult to give realisation to people I must admit. because of too much of development people are overdeveloped. Some people thought they try to be simple but the brain is too modern It goes on thinking, thinking jogging all the time they have become so speedy and so futuristic that they might reach the station ahead of the train. That is how the whole thing has really been taking aback. Moreover, by reading all kinds of things, a man has gone into a brain which has everything else but himself. Now, under these circumstances it takes more time in the west I must say. in London, I took four years to work on six people. they were I know great seekers. very earnest. some were superego complex and some ego complex and very confused. one gentleman, I asked him how many gurus have you been to. he made a list of four pages on both sides. and I said what is the situation now with you. he said that doctors are saying very soon that you will become a woman. I just could not understand the phenomena what these gurus had done to this poor fellow. You will be amazed by Sahaja yoga he achieved his innocence and his manliness.

Another one that came to me was in a coma. an absolute coma. The person seekers could not hear me, very educated person, could not hear me could not see me he was saying haha that's all. and he said he has taken all kinds of drugs to go to god. and

all kinds of pills and drugs and alcohol to go to god. and there is another one I met who has written a thesis on how to go to god through alcohol and has received a PhD from Cambridge.

There is some pot I forgot the name, on this poet he wrote this thesis.

But these are the days of confusion. the more intelligent you are the more you get confused. Because intelligence has the special capacity to cheat you. and that is how a person is all the time cheating. We live in a world of relatives. There is nothing absolute for us to say that this is right and that is wrong.

Moreover, individualism has brought us another problem that in the dark, like blind people we are banging into each other.

With all these confusions today it is very difficult for people to understand that I have taken up this great task of resolving all the confusions from the world. It is very simple to understand from an analogy.

For example in this room supposing you walk in and there is no light and we are all blind people. What will happen to us is that we might think this pillar is the truth or we might think this chair is the truth or this stage is the truth?

we will not be able to relate it to each other and there will be a big disintegration between us because we will be fighting each other. But it is a simple thing to tell you that there is a switch there please put on the switch. and then you see the whole and you don't bang into each other. this should happen to you when you find that you are no more banging each other. Because absolute has been found.

In the light of the absolute, you resolve every relative position.

But it is sometimes a big problem for people to understand it is a very simple method.

for you to understand there is only a switch you have to put on, it is easy, but there is a big mechanism behind it a big history behind it a big evolution behind it.

but before we come in and I start to give you a lecture of the mechanisms it will be very boring. It would be better to have the light and sit down. Once you have the light then one can tell you about the mechanism, how to manage it. To look at Sahaja yoga looks a very simple process of living kundalini.

You can see the pulsation of the kundalini at the base of the spine in the sacrum bone very clearly in some people who have an obstruction. You can feel the rising of the Kundalini if you use the stethoscope as a sound of a pulse.

Now pulsation is a sign that it is a living process.

When people do not feel our pulses then they say that we are dead.

This pulsation rises to the top of your head and where you feel the pulsation and gradually it all disappears and you start feeling the cool breeze coming out of you.... So even if it resides in your heart, the spirit, it has a seat here and it gets the information.

We can say like a line of electricity goes and gets a spark with the spirit. then our attention becomes enlightened and dynamic. It acts.

Sitting down here you can cure people. Sitting down here you can find out about people. But you have to grow. Like a small seedling first has to be careful and grow you have to grow in this new realm of awareness.

in India, I'm working in the villages because in the cities people are very westernised and complicated.

You'll be amazed for a meeting like this one I get at least 6 to 8 thousands people. and they get realisation all of them without any difficulty. in that part of our country called Maharashtra, there has been such a development because of this. Krishna has said when you get your yoga you also get your wellbeing. that's exactly what has happened to people that they are leading a very healthy life, not slaves of any habits. you see we are living in modern times where you cannot be left without any sound. Very hard to find a place where you will be really at peace. alright. so when you get this realisation, you develop the power of the spirit you actually become dynamic, you start looking ten years younger next day only.

All your health improves. all in a bundle. You get cured of your cancer, cured of many of your diseases and when you become the master, then you can cure.

Without taking any money, of course, you can give realisation. That is how the new breakthrough into our unconscious is going to take place. that is how we end our seeking.

Those who are facing towards me with hands to get realisation, come on the platform and give realisation. that is how the whole world has to change.

I'm sorry, I came to Germany, that only to Freiburg, that too very late. The work in England is at the top now because it has been predicted.

It has already been predicted in a book called as Nadi Granth in India, that this was to start from the year 1970. This book was written thousands of years back together with another one called That is the basis of all our horoscopes and all our astrological claims.

But this one was again revised about 300 years back and was brought to the understanding of people who understood this new era after Christ.

According to this translation, 1970 is the date that you start this work of transformation.

Indians know it so well that I don't have to explain it to them so much. They know what is realisation. We had a great person at the end of the 6th Century called Adi Shankaracharya who has very openly talked about it. Then came Guru nance who also very elaborately talked about Sahaja Yoga. then came Kabira, he was the one who flouted, who really slashed all the false gurus and false methods who are not in the construction of your spirit.

He has described clearly how the Kundalini rises up to the head and how it then becomes silent, and then how you then start feeling in your hands the cool breeze.

They say he was brought by a Muslim but his guru was a Hindu and he told him about these Nadis, channels I was telling you about. and also about the central path of accent. so people know what to expect they also are very sensitive to understand who is genuine and who is fake.

India is a place of great tolerance, they even tolerate devils to be there. But surprisingly most of them are now shifting to America and some of them who are thrown out of there I was told is coming to your great country Germany.

So be careful they take full advantage of your naiveness. They cannot prosper in India, thank God we are not so rich. They are interested in your pockets or in your money or in your women. They can't get both in India so they are getting themselves exported.

I'm really sorry for what they've been doing all over, even Indian government is ashamed of that, but what can they do there is no

law that can forbid a false Guru from not collecting money from these native people. If you want to give your money to anyone, nobody can stop you.

If you want to be mesmerised by someone there is no law that can stop you. These are the countries which are free. Freedom without wisdom can be very dangerous.

Now with Sahara Yoga, I hope, whatever is the number of people that are here, please get your realisation. Understand the technic of Sahaja yoga. Master it!

After that, you can talk to other seekers, give them realisation. In Geneva, Lausanne we have done great work. There are now many Sahaja yogis and all these people feel extremely threatened.

Even the organised religions.

Here we have now Sahara yogis from Australia from Italy and from England also from Switzerland, we have improved them.

And one gentleman didn't have his passport, that's how I got delayed. Sahara Yogis don't understand passports because everything is their own.

In collective consciousness, if this finger is sick, the other finger helps it. Because this finger is felt by all the body so there is no other. So whom are we going to help, when you are all part and parcel of the same being, who is the other?

That is what should happen to us. We are part and parcel of the whole. The microcosm is part of the macrocosm. But the microcosm is not aware, they just talk about it; they just say we are all one.

But, actually when it goes to reality they know they are not one it is just a mental projection but it recedes back.

That's why we have these quarrels and fights and wars and all kinds of calamities that are human created. No animal in the whole kingdom of God has created such sophisticated weapons to kill each other. When we are one why should we kill each other?

So there is definitely something wrong with us, but that wrong is very little. That is your spirit is not shining in your attention.

I just took an opportunity to come and talk to you today, but it is a very vast subject. How we have the button of the lights if I have to describe it will take books after books. 1:11:40

Nanaka has said even if I have to use all the oceans to write about it, it will never finish.

I must have given at least about 1000 lectures in England so far

but despite that even today, every time I am there they say Mother there is something new every time you are saying. But it is not that I say, but it is you also that discover every time something very new and marvellous. Because when you become the bird the level changes and you can go across the sky to find all the new dimensions that lie within you.

So now as time is short if you have any questions, you may ask, because now I have to go back to Basel also. But next time I'll definitely come for more time.

We hope to get some more Sahajyogis for you to settle down in (America) Germany by some method. And if they settle down I'm quite sure they will come here and we can work it out.

Apart from her, there are many others, I think they can come down to Germany because it is very important.

If germans understand sahib you then ill have no problems because they're very straight forward, they are the real warriors for the truth, but they must get it. But they must get it, work it out and establish it. They must believe that they are the beauty the glory and the dignity of human beings. that they are the special people who are seekers, they are the highest evolutionary evolvment. now I would like to entertain you if you have some questions I would like to entertain them for a while and then we will have the session of realisation.

1982-0828, Conversation, These Are the Days of Confusion

View [online](#).

28 August 1982

Conversation

Freiburg (Germany)

Talk Language: English | Transcript (English) – Draft

Conversation, These Are the Days of Confusion

[Missing part]

Shri Mataji: [Fraud] he is?

Sahaja Yogi: Very, very, very, very.

Sahaja Yogis: Devil. Devil.

Shri Mataji: Devas.

Sahaja Yogi: Devil.

Shri Mataji: Oh, devil. He is a devil himself. Why should you work with him? He's, he is Ravana, who had said to Sita that, "I'll molest the chastity of women of India." But he could not do it much.

Sahaja Yogi: No.

Sahaja Yogini: Mother, has the second one got the powers of Ravana as well?

Shri Mataji: Aaaa?

Sahaja Yogini: Has this second one got the powers of Ravana, or one of Ravana's brothers he is?

Shri Mataji: What's it?

Sahaja Yogini: The second.

Sahaja Yogi: Rajneesh.

Sahaja Yogini: Rajneesh. Has he got the power?

Shri Mataji: I don't know. These are stories I am telling you. I don't know. I'm not bothered.

Sahaja Yogini: Mother, as well is [one of] printed matter in India. One of Your disciples collected anything printed out [unclear]?

Shri Mataji: No, I can ask. I can ask. So I am able to tell you all these things. Hmmm. See now, the story about him, another story, seem to be many stories. Another story they said is that Rajneesh was never shaved since he was a diabetic patient. And as a diabetic patient he used to eat a lot. That's good. He got a neck problem, was not very seriously sick. But they took a certificate from a doctor saying that he's very sick because he wanted to go to America, because something serious was discovered about

him in India. So he ran away. And just like a criminal runs away. And before everything [became] more serious he ran away. He's the same person, but he said that he's sick just to escape the police. Or they say some people who are maneuvering him, who were maneuvering him played this game. And they took him away from there to America, saying that he's sick and he has to go there. "Now he's sick. So we want to take him." And they couldn't say no on that premise. But the way he ran away, all his ashrams were burnt, and [evacuated, evicted]. And the way he had collected the lakhs of goods worth billions of rupees and pounds. Everything was gutted.

Sahaja Yogini: [Rare goods / books].

Shri Mataji: Mmm?

Sahaja Yogini: [Rare goods / books].

Shri Mataji: [Rare goods/books]. He used to tell his disciples [he] used to send a list of [goods/books] he wanted from abroad. And he used to read a lot.

Now, we have not covered about one more point, I think. It's about the dangers of Sahaja Yoga. One danger of Sahaja Yoga is that you don't pay any money for it. Second danger of mort is that your health improves and that you don't pay any money to the doctors. Third danger of Sahaja Yoga is that people no more are confused and they have a mental alertness and dynamism. Fifth is that you become very creative. Sixth is that you drop out all your habits and no more slaves of any habits. Sixth is you, you lose your identifications which are false and man-made. I've lost the number. Which is the next numbers [present]?

Sahaja Yogis: Seven. Seven is the next number. Seven.

Shri Mataji: Seven. Seventh is that you become capable of giving realization to others and of understanding Christ as a living entity, as a living reflection you can [say OR see Him] within yourself.

Sahaja Yogi: A very perfect symbol.

Shri Mataji: Eighth is that you become a law-abiding, peaceful, blissful citizens of your country. Honest, honest. Generous, honest. Generous, honest. You become a universal being, understanding values of all the human beings by your enlightened value system. As far as the priests are concerned...

Sahaja Yogi: We aren't primate, but the priests, Mother.

Shri Mataji: Aaaaa?

Sahaja Yogi: We are priests. None are primate.

Shri Mataji: No, no, we should say, we have, we must have some people to enjoy the joke in the play of the Divine. If the priests are so capable why don't they come and see Mother and talk to Her, face to face?

Sahaja Yogi: I've been telling Mother that a one month's time yogi is coming to Switzerland for the Vicar's Day.

Shri Mataji: And we wrote to the Canterbury, what's the name?

Sahaja Yogi: Archbishop.

Shri Mataji: Archbishop of Canterbury is too busy with the politicians and, and committing with the kings, you should put. And the Pope. You put it. We can put it: we wrote to the Archbishop of Canterbury. He's too busy with the politicians. He has no time for

Mother.

Sahaja Yogini: Did you write twice or more?

Sahaja Yogi: No, no, no, too much, too much.

Shri Mataji: Thank you, very much. We, we expected some priest to come in the church of Lausanne. None of them turned up. And the priest met you on the street, you told Me, na?

Sahaja Yogini: Yes. I've met him in the, before You just arrived, Mother.

Shri Mataji: He is... Last year the Protestants were not very unhappy with the Mother. Why? Because I only spoke against the Catholics. But now they are against Me because I said, "You are also in the same plight." No, I didn't say anything against. She said that, "You should not be annoyed because She didn't say anything against you. It's only you got exposed yourself. Mother never said that anything against you. So why should you be so annoyed? It's surprising. She never said anything against you as such. Why should you be annoyed? Even say She has said something subtler than what you have been saying, what is there to be annoyed? Still we don't understand the reason for your annoyance is."

Sahaja Yogini: Mother, this is for Brigit's birthday tomorrow and this Mathias' today.

Shri Mataji: All right. Let's sing.

[All are singing Happy Birthday to you to Mathias and Brigit]

Shri Mataji: What I'll have this fit for it? [Look at OR You cut] it. Oh, it's great. Now what about the lights?

Sahaja Yogini: Yes, Mother. Found.

Shri Mataji: Now take it out. All right. One by one, put it on.

Sahaja Yogini: Mother, we have got another birthday, a Realization birthday.

Shri Mataji: Aaa?

Sahaja Yogini: First year the Gandharva's realization.

Shri Mataji: That you are?

Sahaja Yogini: Yes, yes and [he worships Guru].

Shri Mataji: Congratulations.

Sahaja Yogi: There is some Greek.

Sahaja Yogini: Greek music.

Shri Mataji: Take the birth cake to her.

Sahaja Yogini: Yes. It goes to the Brigit.

Shri Mataji: Aaa?

Sahaja Yogi: We have one more Greek.

Shri Mataji: We got a dynamic one converted. I want more Germans to come. Another one German is getting, you see. They'll put one of the rise and want them just to rise in. May God bless you.

Sahaja Yogini: Mother, two things You have, because it's the best present for me truly, that You are here for my birthday. I know You are not here for my birthday but You are just here, and I mean it's just a beautiful present for me. And this is little remembrance from Bassum, in case sometimes I can come here.

Sahaja Yogi: You should. You should.

Sahaja Yogini: I just hope it will work out.

Shri Mataji: It will work out. Very good idea. May God bless you. So many candles. [unclear]. I was expecting six years old.

Sahaja Yogi: [I'm] very old, Mother.

Shri Mataji: Waw. Whose birthday?

Sahaja Yogi: [unclear] You also? There's one more?

Shri Mataji: You should write that those who cannot see, hear; see those who are blind physically, can see; those who cannot hear, can hear. We have seen that happening. Thank you very much.

Sahaja Yogini: It's napkins, Mother, with, with the design of Bassum. It's just a little thing, Mother.

Shri Mataji: I know, I know. It's beautiful. It's great. What's that? This one is for Mathias, please?

Sahaja Yogini: And this You see, Mother.

Another Sahaja Yogini: And he's too, Mother, very dedicate.

Sahaja Yogini: But Mathias is with family also.

Another Sahaja Yogini: You have to give it to Mathias. It has the same style. It's for Mathias after all. [French]

Shri Mataji: You give him this holder. You give him this?

Sahaja Yogini: Mother, thank you very much. [Mother, I must say it's a] very big style.

Sahaja Yogini: Mathias.

Shri Mataji: For Mathias. This is from Brigit. That's for groom. Now start lightening the other ones.

Sahaja Yogis: This one?

Sahaja Yogi: Brigit.

Sahaja Yogis: For Brigit, Mother. For Brigit.

Shri Mataji: For Brigit. May God bless you. This one is from Brigit. This is the, this is from, from Mathew.

Sahaja Yogini: Look at this, Mother.

Sahaja Yogini: Look at this one, Mother.

Sahaja Yogini: So that he can slow down.

Sahaja Yogi: I have that to my face, Mother.

Shri Mataji: What kind?

Sahaja Yogi: Yuppies.

Sahaja Yoginis: It is a joke. It's looser. It's [looser] limping so that he can slow down.

Sahaja Yogi: I have that on my face, Mother.

Shri Mataji: Yes, yes, yes.

Sahaja Yogini: Mother, and this is from I, Emilia and Arneau.

Shri Mataji: Aaa, good idea.

Sahaja Yogi: Oh, thank You very much, [thank You] Mother.

Sahaja Yogini: Thank You. So it is also from Marie, Emilia and Arneau to thank You for welcoming us here.

Sahaja Yogini: [unclear] from Magda.

Shri Mataji: For whom?

Sahaja Yogi: Magda and [unclear name].

Sahaja Yogini: Thank You. Thank You so much.

Sahaja Yogis: For Arneau and Marie Lou.

Shri Mataji: For Arneau and Marie Lou. All right? You like it?

Arneau: [I am fond about it]. You can see, Mother.

Sahaja Yogi: For the candles, Mother.

Another Sahaja Yogi: Thank you very much. Merci beaucoup. It's very nice.

Sahaja Yogi: Mother, [unclear]. Please have it [unclear], Mother.

Sahaja Yogini: These You can give to those with children, Mother. They will sure spare some money for the ashram.

Another Sahaja Yogini: For which? It's for puts money, ah.

Sahaja Yogini: To the children. Just that they get something also.

Shri Mataji: Oh, I see. All right. I saw, you have one. Arneau? For keeping some money for ashram. You put some money there for the ashram? This was the time for the children, you see. So I just thought that I could not get any other present but for children. That's the best. And the way they greeted Me first at the airport was the best.

A child: [unclear]

Shri Mataji: Done. Now, come along.

Child: No, no, please no. No, no.

Shri Mataji: See... Wish I'm giving you this one.

Sahaja Yogi: Very good. Brigit's... You know, is.

SYni: Mother, You please.

Shri Mataji: It is very beautiful idea.

Sahaja Yogini: At the same time

Shri Mataji: This is God and this is human being.

Sahaja Yogini: Oh, I didn't know, Mother.

Shri Mataji: I'm your Mother and that's the human beings who looks after you. All right?

Sahaja Yogini: I mean it just happen like that, Ma.

Shri Mataji: Because God doesn't see the whole world. He lives under the protection of Mother. Now, I must tell you something about gods. Now come along, let's have it. [unclear] nobody answers. All right. So.

Sahaja Yogi: Thank you very much for the cake.

Shri Mataji: Dear [Scottie] I give you very little, very little of, very little, just the wings of the angel. Then you can have it.

Sahaja Yogi (about a child): He wants to blow the cake.

Shri Mataji: Oh, please come. I eat a little one – the rest is yours.

Sahaja Yogi: Actually [in fact they don't like this cake].

Shri Mataji: I've warned you.

Sahaja Yogi: OK, Mother.

Shri Mataji: Now, you have to get strong. You have got the knife? I hope you don't eat two pieces at once.

Sahaja Yogini: [unclear]

Shri Mataji: Better take them out. Very little is enough. No, no, no. Not allowed to eat that. Very nice. Take all of this now. Slowly, slowly, take out. This was a nice [anniversary].

Sahaja Yogi: Thank you very much for the presents, for You were a part and parcel of everything.

Sahaja Yogini: Open that present.

Shri Mataji: Now a new rule in Sahaja Yoga that they have passed for Me, this is also Sahaja Yogis' suggestion that Mother should not give any presents on birthday. If She has to give She can give otherwise but not on birthday, that others feel bad. So Ashirvad, he felt because sometimes people don't tell their birthdays or they tell their birthdays and sometimes people become very upset.

Sahaja Yogi: If they don't get anything.

Shri Mataji: If they don't get anything. So best to avoid everything, no birthday present. I said, "All right. To children I can give." He said, "All right. To children you can give." It's a big problem. So My birthday present is that I have selected your presents. All right? Then it's all right. May God bless you.

Sahaja Yogini: So I must open them, Mother.

Shri Mataji: This one I [didn't/don't] know. The one I have selected is in here.

Sahaja Yogini: It is so funny because the whole family is upset I am not with them.

Sahaja Yogi: She can say except for me [who is here].

Shri Mataji: That is what they are trying to say that if she cares so much for Mother, then you forget the family. But what about Christ? What will you say? When all His twelve disciples joined Him and cared for Him and loved Him. But we are not the people who live away from family into places. We are not ascetics. We lead a very normal life. That's the basics they have not seen, you see. In their blindness they didn't even see. Just write it down that we are the people who live in family. We do not give up any family, anyone of our associations or anything, and we are very normal people. We don't lead an ascetic life. On the contrary, Mother is very anxious that the family relations must be maintained at any cost. [Aside: We got that]. So you be the messenger of [this]. Oh, not so many, one I can have. Very nice dress Stefanie got. Yes, it's very nice. You better [fit it].

Child: That my aunt could do.

Shri Mataji: What an idea, aaa?

Sahaja Yogini: It's beautiful, Mother. I look forward to taking this with me.

Another Sahaja Yogini: It was so beautiful, Mother, how everybody was in joy with me when I came back from London.

Shri Mataji: Mmmm. You have to put some money, as you know.

Sahaja Yogini: Chicken feed.

Another Sahaja Yogini: Look at that, Mother.

Sahaja Yogi: I am Satchit.

Shri Mataji: Yes. You put it there so I'll ignore.

Sahaja Yogi: [unclear]

Sahaja Yogini: This one, Mother, is for Martin?

Shri Mataji: This one is for Martin.

Sahaja Yogini: Oh, it's very nice.

Shri Mataji: Just look at that. Quite surprised.

Sahaja Yogi: Surprised.

Shri Mataji: Now what to do is the problem. But don't feel bad. You are going to be all right. Don't be upset. See, the aunts are full of hope. All right? That's what the photograph is saying. There is nothing to worry. May God bless you all.

Sahaja Yogini: You just look to that one.

Shri Mataji: This was given to you?

Sahaja Yogini: Yes, Mother.

Shri Mataji: It's beautiful. There were some people in India, some journalists, who criticized about the plump body I have. Sahaja Yogis went and said that, "She's plump but She's thousand times a better looking than you are." And, and they said, "I would not like to see your face in the old days. You see, it's all right to see you in the night." They told the woman like that. She said, "But you must understand, I went and asked Mother why She has a plump body. So She said, 'I have to have water in My body. It is very important that I must allow My body to have water because all the chakras are to be loaded later and are to be looked after. There has to be some buffer.'" But he says, "Mother's body, see how old is. She knows why She has to have a certain body. She doesn't have to become a cinema actress. Why are you worried?" he said. "You want to have ladies who are beautiful according to your will. You go ahead, like that, you see." He was very strong. "If you want prostitutes, you can go to prostitutes. She's [a/the] Mother. She's not here to please you with Her body figures." See, even, I've seen people who talk of God also want to have a body figure to please them. Imagine. They want to see beauty in the body of a person. Can you imagine? That's what it is. And he just went and told that, "What are you looking for in Her? Is She an actress? She's your Mother."

Sahaja Yogi: Mother, I [don't think] they'll attribute You, shapely be half of the, twenty five [woman].

Shri Mataji: See what, with what eyes they are looking, is the point. You can see. Also these French, same thing. With what eyes you are looking at Her, you can see how cheap you are. I mean, what interest you have in Her. Because you can't look at a woman as a Mother. This they have to think of it.

Sahaja Yogi: Mother, You remember, this man who went to see You in Paris and they had an interview and he, he was a [painter], was a great painter who....

Shri Mataji: Ha, I remember.

Sahaja Yogi: Who, who painted a, and he said that all your cool inside.

Shri Mataji: [Picture].

Sahaja Yogi: No, I used Your picture.

Another Sahaja Yogi: We are the first who require them. They were so many of [artists]...

Shri Mataji: Yes, so many artists. But specially he, the artist, what was his name?

Sahaja Yogini: Jose Jarson. We've met him again, Mother. This year he's going to organize Your radio interview but [perfectly] this time, because last [time/one] was a mess.

Shri Mataji: You see, he says that, that you know because he said that, "I was impressed because Your face, you see, whatever we have learned about the perfect person is all that is in You." That's what he said. So, you see, even the churches want the priests to be attractive, you know, provocative. Not attractive but provocative. You see, they want a woman to be provocative. This is what they want. Just think of it, to have a Mother who is going to teach you about God, you want to have that and must [look like a filthy] woman. Can you imagine?

Sahaja Yogi: Doesn't it come, Mother, from the right side that so many people are now right-sided and they want to [think and think] and just think of sex. They are women of the sex, aren't they? They are cast from the right side. And then what are their vibrations? Speak for the right-sided women.

Shri Mataji: Yes, of course. I mean, it's all that they want a woman to be, nothing but a sex. That's why these feminists have come up to say that, "Who are you to tell us?", you see. They want women to be nothing, like nothing but prostitutes, you see. Just selling their bodies, showing their body and all that. To be used, that's what it is. It's too much of it. And women are so, so stupid, they accept that situation. They don't want to keep to their self. You see, they want to accept it. If they say, "The waistline should be six inches." they'll do anything to get it. Stupid. And this is what it is.

And specially, you see, like these priests and all that. You see, either you listen to them or agree with them. Otherwise they're just professing. This is the another. Either we accept them whatever they are been doing or we hear or you take to their [side]. That's also of journalists. Also they [have]. But doesn't behoove a priest. It's all right for a journalist to say something like that but it doesn't behoove a priest to pass personal remark about a lady who is a respectable lady. She's made by God, not by you. And by that you are insulting God. And we have never seen Mother passing a remark on a physical side or on a personal side of any person. I mean, they don't even have the decency and decorum of a priest. Challenge their profession. Challenge their profession. Priest has to be a decent man. He looks at a woman from what angle? He has to look at every woman as his mother. They are not Freud, are they? They are priests.

Sahaja Yogi: Mother, would You like to, to rest afterwards?

Shri Mataji: Yes, thanks. But you can say in Sahaja Yoga you are prohibited to pass any remarks about the physical aspect of people and to be provocative. Is it, are we really going with people who behave in a way that provokes really? It's very common. Mary/Marie, isn't it true?

Sahaja Yogi: Yes, Mother.

Shri Mataji: I'm very particular on that point. Not to dress up in that way, talk in a way that is provocative. It's not [allowed], because it debases human beings, isn't it? It debases people. It destroys. So this is what you have achieved out of your personality as priests. Just condemn them [openly]. This is your mental level.

Sahaja Yogi: Mother, writing this letter is going to teach us so much that we'll be ready to talk anywhere afterwards.

Shri Mataji: This is your mental level. Yeah.

Sahaja Yogi: No, I guess, anybody.

Shri Mataji: This is their mental level. You see, you can see your mental level even with your dogmas, what is your mental level. There's no decency or decorum. And I'm sure this priest must be drinking and must be smoking.

Sahaja Yogi: Yeah. You know, where I was, Mother, before meeting You I raised this question in Christian community and they were drinkers. They were drinkers and smokers as I have never seen, Ma.

Sahaja Yogini: This is in my family.

Shri Mataji: And, when I was, when I was supposed to be in the, in the, in dining room I was feeling I was going in the hell. They had a big cloud of smoke around them.

Shri Mataji: Yes, this is what it is.

Sahaja Yogi: And that, and they are...

Shri Mataji: They are very, very much in the hell. And this hell is created by the priests, I must say. But they are so good, you know, sophisticated, you see, all that, if we don't see. You see, there are some good priests also, not bad. All of them are not bad. But they are misled by the idea, that idea that you are a servant of God, you are working for God. They are misled. They are good people, I believe. They are very good people. I've met some very good people, priests. And they get confused with Me later on, because they don't know. They think they are doing God's job. You see, they are mentally little less, I think, to understand. They don't understand. What can you do? Just they don't understand. If left to themselves they would understand this, that, "We are taking money in the name of God, we are working in the name of God and that we are also doing something which is not of substantial value. We are just doing some sort of a social work." They could see but if they are intelligent, they are cunning. If they are not intelligent they are playing into the hands of the Church. And they are paid for it, see, na. The problem is they are paid for. Because nobody wants to give time to God, really. Even to God you must pay. This is the idea that if you give any time to God then you must pay. This is the basic idea of everything, isn't it? If you give even five minutes to God, the God must pay. But poor God has no money.

Sahaja Yogi: And if you want to be a Baptist you have to pay five times as much.

Shri Mataji: That's what I am saying. And if you have to have wedding... But the worst is the community called Parsee in India. They said, "It's better to live than to die in Parsee community because you have to pay ten times more than the living." So they have all kinds of priests. It's not the first type. I've seen many types, you see. It's nothing. They have one type...

Sahaja Yogi: Mother, it's no matter you have to pay a lot when you are going to die because then this means you are not going to continue paying for them. So once you are gone you've got to pay.

Shri Mataji: Pay the lump sum, you know, for future. I tell you. Better pay them now. But America is even more sophisticated. You can pay them before your death, for your death. They will dress you up; they will put whatever you want to put in there.

Sahaja Yogi: Cinema.

Shri Mataji: I tell you, everything, it's so ridiculous. If you see, you'll really laugh. And if you want, they'll put white satin for you; if you want they'll put blue satin for, as if you can see, you know, after you are dead, what satin it is put around you. And they can carry you in a particular carriage; they show you beforehand. Whichever carriage you want, they'll carry you in that.

Sahaja Yogi: You can have a tour before, if you like.

Shri Mataji: Aaaa?

Sahaja Yogi: You can have a tour before.

Shri Mataji: That's it. They have a regular now, like a super store for all these things. You can go round. You know, this, like we have, like a...

Sahaja Yogi: Like a [multiplex].

Shri Mataji: [Salvage] and sort of thing. And you can choose whatever you like, whichever you like, to such an extent that there are people who contribute for a man. You see, there is, supposing one person who is going to die, now he tells his relations that, "I've put so much money for you, so much money for him. But first you'll have to contribute for my death." So somebody pays for the coffin, somebody pays for this. And there is a list of things. And, you see, you can choose whatever you like. It's so absurd you know, when I saw the documentary I was shocked. Can you imagine, for the dead that you can give a list and you can say, "All right, this list it is this, I will give. That one this will give." You see, so that there's no repetition.

Sahaja Yogi: But then you know what you can get for the sixty's anniversary already.

Sahaja Yogini: Same, same system is all the U.S.?

Shri Mataji: Yes, yes, same system, you see, because they have to make business out of your death.

[Missing part]

Shri Mataji: Very good, this one. This I need the most, I tell you. I go on losing them. Beautiful. One better than the other. I think I should write down My names. Then I won't lose. Best is to put the names [here/on] [isn't it]? Beautiful. Thank you very much.

Sahaja Yogi: Very nice.

Sahaja Yogini: Thank you for all that You have done for us, Mother, [during/doing] this [travel/trouble].

Shri Mataji: What did I do?

Sahaja Yogini: I mean, You worked so much for us, Mother, You did so much. You help us and I just hope we will, we will be up to what You have given us.

Shri Mataji: Thank you.

Sahaja Yogi: Mother, we are all begging You for making us the way You want us to be.

Shri Mataji: You are already there. You are there. You are already there. You are just progressing. You see, with the natural forces of God, you'll be all that. Just be patient with yourself. Don't get exasperated. Don't be unkind to yourself. I know there are problems sometimes. Take it easy. It will work out.

Sahaja Yogi: Mother, before going at [Sankt Andreas] may I show You the meditation room?

Shri Mataji: Yes.

Sahaja Yogi: Always. So take example.

Sahaja Yogini: We've put this, to wake up us in the Paris ashram. If You could bless it so everyone gets up in the morning.

Shri Mataji: For whom?

Sahaja Yogini: For Paris ashram.

Sahaja Yogi: Wake up in the morning.

Shri Mataji: In the ashram?

Sahaja Yogini: Yes, to wake people up in the morning.

Sahaja Yogis: To wake up. To wake up, Mother.

Shri Mataji: Oh, beautiful, I must say.

Sahaja Yogini: For a cow, Mother.

Sahaja Yogis: Wake up, wake up.

Shri Mataji: Do wake up, wake up, wake up.

Sahaja Yogini: You know, I'll set it in the veranda. You'll see it, Mother.

Another Sahaja Yogini: I hope I will hear it. In [Nigeria].

Shri Mataji: Put a loud-speaker. All right. So the things that I, these, you have got the things that I [unclear]...

Sahaja Yogini: This is just funny, Mother. What happened? I went in this shop to buy the presents to Matthias and Arneau and I just, they had little biscuits, you know, from Bassum, and I said, "Oh, it's so good," and she gave me the box. And it's already, it's already, I mean, it's not full, but it's so sweet she gave me the box.

Shri Mataji: What is this, [Christiana]?

Sahaja Yogini: It's a specialty. It's very good, Mother, that You'll love it.

Shri Mataji: You want me to take one?

Sahaja Yogi: [Please] take one Mother.

Shri Mataji: Mmmmm. Really, it's good. They are ginger biscuits.. All of them? No, I don't eat biscuits much. So I think it would be nice to distribute them to others.

Sahaja Yogini: Yes, yes, Mother.

Shri Mataji: Sahaja Yogis will [get these]. These are ginger biscuits, are good.

Sahaja Yogini: I've just received, I've just received them in the shop.

Shri Mataji: It will be a good idea. Very good biscuits, very good. There's one more [found] point, the last but not the least since [unclear].

1982-0828, Radio Suisse, Romande II

View [online](#).

28 August 1982

Interview

Lausanne (Switzerland)

Talk Language: English | Transcript (English) – Draft

[Radio Interviewer speaking in French.]

Shri Mataji: It is with every religion. [Yes], all of them. But not the believers; the people who originated the religion are the real people, but the believers diverted.

[Translation and question in French]

Shri Mataji: As I said, I won't like to limit Myself as anything or describe Myself as anything. It is for you people to find out what I am.

[French]

Shri Mataji: Jesus Christ is a great incarnation of God's power of love.

[French]

Shri Mataji: Because truth is one...

[French]

Shri Mataji: It's described that the Holy Spirit has the cool breeze.

[French]

Shri Mataji: The experience that they talk of is from St. Paul.

[French]

Shri Mataji: The experience of the power of the Holy Spirit has to be a living power.

[French]

Shri Mataji: Now this technique is called as 'Sahaja Yoga'.

[French] [missing part]

Shri Mataji: Means it is spontaneous.

[French]

Shri Mataji: Now, first of all let us see the collectivity of it.

[French]

Shri Mataji: They call Me Mother.

[French]

Shri Mataji: That's what I am coming to.

[French]

Shri Mataji: And that possibility is given in all the religions and described in all the religions.

[French]

Note

This seems to be not a radio interview with Shri Mataji, but a radio interview with Sahaja Yogis (in French) which has some sentences by Shri Mataji (in English). Most of the interview consists of the yogis speaking French, with only a few sentences by Shri Mataji.

1982-0913, What we should expect from Self-realisation?

View [online](#).

13 September 1982

What We Should Expect From Self-realisation?

Public Program

Caxton Hall, London (England)

Talk Language: English | Transcript (English) – VERIFIED

“What We Should Expect From Self-realisation”, Public Program, Caxton Hall, 13 September 1982

Gavin Brown: Mother, with your permission, I'd like to say one small message from the Sahaja Yogis. We have been very excited to hear today news that your brother has been appointed to the position of Minister of information for India. It's such a great blessing for that country to have a man of such dharmic nature in that position of importance. I'd like to express our joy with this news.

Shri Mataji: Last night, I was talking about Self-Realization, our ascent into the unconscious and what should we expect to be Self-realized.

Self-Realization, as I told you the other day, has to be felt in your central nervous system. It's an actualisation. It's not a fantasy, it's not a fantastic stuff that people talk of, that you went into a sort of ecstasy and you are floating in the clouds — that's not Self-Realization. We have to give up our ideas of fantasy. We have to live with the truth and reality which is really beautiful and wonderful. So, first of all, we should be very honest about it, that Self-Realization has to be something that we should feel on our central nervous system. As we have felt our evolution, actually on our central nervous system, like we are human beings. If we are human beings, we feel all that is human on our central nervous system. It is not that we feel about it in a fantastic way that oh now if I'm walking through a dirty lane, I just say, "No, no, no", I'm walking through the garden of Eden. Where is the dirt? Where is the filth? Do we talk like that?

We just feel, every time, whatever is happening around us, we are alert about it. This alertness comes through our attention which is feeling it on our central nervous system again I would say it's absolutely as in American way, we can say brass tacks! No fantasy about it. First thing we must confess, it is no fantasy. Last time I told you that some people who forget the point of accepting that they are Self-realized are actually self-opinionated. They just think that they are Self-realized, they are very spiritual people, they have got their second birth and you ask them, "How do you believe?"; "Oh, I know". I said, "How do you know?". "As you know, I know".

Now, on these very important questions, we have to realise that one thing human beings have to be and that is they have to be extremely honest. Maybe, in that honesty you may have to face something that may not be so much accepted by your rationality. To your conditioning, it may be a shock. To many other things you have read, it might be that it doesn't tally with that, doesn't matter. If you are the seekers of truth, then you should be honest, absolutely honest about it and honesty should be seen in what we are trying to achieve in our Self-Realization also. One thing I cannot do with you is to be dishonest. I know sometimes people feel extremely hurt when I tell them that this is not correct and this is not true. As your Mother, I have to honestly tell you what is the truth because I have nothing to get out of you, I have nothing to ask for anything. My only job on this Earth is to give you what you have, what is your own, which you have to achieve, which is very important, which is of vital importance.

So, we should also see what is our background just now, where are we? At this moment, how are we placed? We do not realise that we are precariously placed at this moment. It's a time whether you jump over to your emancipation or you just go to hell. These are the only two alternatives left, there is no third. There's no compromise. I must tell you it's a fact. One has to accept when you see all around you, people are fighting, quarrelling, there are big big wars, have been threatening one button push and the whole world can be destroyed, such a situation. Some people have to think there has to be some way out of all this madness,

out of this rat race, out of these self-destroying organisations that we have built up around us. There has to be something. If so, then what is our responsibility? What is our best approach? What should be our attitude? We are taking everything for granted, we are just sitting down thinking oh it's all right as long as we don't do anything wrong, it's all right. It is not so; it is not so. That time is over. That time you were leading a very good life and dharmic life, that is not sufficient. That is not going to help. First of all, we have to know that if you are seekers and honest seekers, you have to play a very dynamic role in this great work of God.

Gods work is living work as I told you. It's not work where I can just give a lecture or give you a book and you go through the book and say page so and so. This is written here and that is written there. It is not that way that you can work it out. What you have to do is to understand in a very sensible way, in a very deep manner that Realization is the only way to save the whole humanity. You may be very few, I agree, you may not be many you can be very few but you are ones who are the foundations. You have to take up the responsibility. Without Realization, no transformation can take place in human beings. We don't expect a seed to produce a fruit, do we? It has to sprout; it has to start sprouting. So, that transformation starts and that transformation within us can only come through Self-Realization, through our second birth, through our spontaneous awakening of Kundalini. There is no other way out. Now if people want to argue on it, I would say as far as I know, that's the only way as far as anybody could know, that's the only way.

Now you might have come through various channels here, through various experiences, through various sources. Like the other day I was in Geneva, and I don't know how it happened that I had to speak in a protestant church. The temple they called it. Before I could say much, about three four minutes later, a gentleman got up on one side and said 'Jesus' 'Jesus' 'Jesus'. Then on the other side there were 3-4, they said 'Jesus' 'Jesus' 'Jesus'...what's happening? They all attacked Me, came down there and started saying- I was just laughing! But then you know, I felt very sad because if they were honest and if they were seekers, why don't they understand that by doing all this, they are not going to get to Jesus. Many people have done this, before them, so many people have been doing it. And a big question arose you see as to the - what I was saying about Christ, whether it was true or not and that is not in the bible, then how is She saying so and all that.

I would like to say that people have not been able to understand Christ at all, because Christ is a universal being. You cannot contain Him in any book, leave alone Bible. You cannot contain Him in any book or in any period because He is eternal. He didn't only exist at that time, that four years' time when people just allowed him to open his mouth a little bit. He is eternal and naturally being eternal, people must be knowing about him much before he came and much after. When you start containing Him in one book and start reading Bible word by word, you really kill the living soul of Christ. That's not the way to understand Christ, you must know that there must be some people who must have talked about it. There must be some scriptures that must have said something about Him, why not go to other scriptures and find out?

Actually, to Me, it is most surprising that when I told them that there are many scriptures that have talked about Christ. I told them exactly what scriptures it is said and all that. They all got angry with me. They wanted to limit Christ to the Bible. How can you limit him to the bible? If He's an eternal being, He cannot be in the books of these few disciples who wrote and then this Paul, who never even saw Christ. Never knew anything about Christ, wrote in the bible? So, how can you bring Him in that little book which has got few experiences of these disciples who never understood Him much I think and how could they explain it?

When He said you are to be born again, He said that, Moses didn't. Moses did not say so, he prepared, Moses prepared everyone for that, he gave us the balancing and he gave us the so called we can say the religion as we call it, dharma. The one by which you sustain yourself. You balance yourself, he talked about that, but he didn't say that you are to be born again because that was not his job. His job was to give you a way of a proper human life. How to lead a proper human life. That's what he did, but Christ said 'you are to be born again'. But did he say how you are going to be born again? Did he explain in the bible? Does anyone know how to be born again? You get some clergyman from say a theosophical society or some sort of theological society and say now 'I baptise you'. Which society can guarantee that? It's artificial, see now I'm talking of true religion and true ascent, not of an artificial level. This is absolutely artificial, to say that I will give you Realization, now you come here and I put some water from somewhere and put on your head and you get your Realization.

This is real deception of oneself. I know you people may not like it, but that's a fact. I have to tell you, that's deception. That you

can give somebody Realization when you have not got the authority from God.

Then, He talked about 'Holy Ghost'. He did say that, anything against me will be forgiven but nothing against the Holy Ghost, He did say about Holy Ghost but did He say who was this Holy Ghost? Did He explain anything about this Holy Ghost? You go and ask any priest, he will say it's a mystery. Now supposing there is somebody who can unravel that mystery which is kept as a mystery, everything is a mystery because you see, where you don't know, you have to say this is a mystery. That part you cannot explain, you say this is a mystery but somebody who can say and talk about it and knows about it. Then must you deny that? Who is explaining what is Holy Ghost? Now the problem is, you see, this rationality is such a thing which can be discussed. You can go on talking about it hours together, you can have meetings, conferences and everything. They will say this it, that is it, they'll all go on talking about it. This can be discussed. But if you put your feelings towards it, you will think it's so dry. The conversation, argument is going on, what is this? It has not given us joy that was promised, it has not given us that bliss, it has not brought that peace, let us face it. It is not that which Christ has talked, so we have gone somewhere wrong, let us accept it and see for ourselves, what is the true ascent that Christ talked, what did he say again and again, 'you are to be born again'. So, there are organisations, they go about saying I'm born again. Now ask them, how are you born again so they bring a bible. In this bible it is written, but where is it written that you are born again? See, you know bible, you read it but where is it written that whatever is written in the bible, you are doing the same? Or that you have got that capacity? You see how they apportion it to themselves. Supposing I read a book. See it clearly. I read a book and I say, all right I read this book and it said that you have to be a good man, you have to be a nice person, you have to be born again, all right. „ now I'm born again. I may drink, I may beat my wife, do anything, I'm a good man, because I read the book.

Rationality is so superficial now just see, so clearly you can see it, it's so superficial, it's so outside you, nothing inside. In rationality you can feel whatever you like, there's nothing inside. You've not got anything inside you. Even if you are doing everything against the bible, still with the bible in the hand you say oh I'm a good man, bible is with me. I'm carrying the bible, I paid for it. This is the way we have been able to understand any one of these incarnations. This is about Christ, this about Krishna, this is about every one of them. It's not only in one religion it has happened, in every religion.

Islam, you can see very clearly because it's so blatant, it's so open. You can see how they are absolutely felt but I think, which one is not? On the contrary, those who are rational, people are very sophisticated fanatics. They won't budge out one inch from here to there, they are extremely sophisticated and they can converse on it, talk on it, they think they are cultivated. It is nothing but just brain washing. They are brain washed and they are brain washing everybody else. Now your Realization is not brain washing, it is a happening that is your own. Just like your eyes, just like your hands, just like as you are feeling, in the same way you can feel your Realization. It is not just talking, it's not rationality, it's not some fantastic world of romanticism. It is true ascent, and that's what one should see, where you become truly your spirit. Where you become truly your love or we can say where you become the power of God's love.

So far, we talk of romancing people who said, oh Mother we believe in love. Where is love? What kind of love you believe in? oh we believe in love, all right, until something attacks you. If you believe in love, this love, this belief also comes out of separation of you and your love. What is there to believe when you are love, I mean you are love, what is there to believe? I won't say that, "I believe I am Nirmala," do I? If I say it, you'll laugh at me, in the same way, if you are love you are not to believe that you are love. Love is and the love one has to be does not say that it is love. It works. It knows. It understands. It co-ordinates. It can transmit everything that I'm saying today here to the whole world. Because the love that we talk of, is a love of a lower level, where we have not achieved that eternal state or that state of the spirit which is universal. Sitting down here, can you tell me what's wrong with somebody about say 3,000 miles away from here? You can't. But a Realized-soul can. He does not rationalise; he does not rationalise, that's one point. Beyond rationality. Because once you get your Realization, your hands speak. You just have to put your hands and you feel the other person just like antenna, you can feel it on your fingers. And you can say he's catching on this or catching on that so this chakra is bad and that chakra is bad and this is the problem with the fellow and that's the conclusion.

So, this universal being is to be enlightened within you, unless and until it is enlightened within you, no use saying we are all brothers and sisters, we are not. To be very frank, we are not. Even the brothers and sisters who are real brothers and sisters may not be real, they might end up in a court case. But when you become in love, in love of God, then what happens is that you

become one with the whole. You just start feeling another person as you feel this hand, by this hand, in the same way you start feeling another person who is part and parcel of you. It's an actualisation, again I say, it's not talking that oh I love everyone. This love corrects, it punishes you, it destroys. This is the same love which sprouts a seed, it evolves the tree, seed into a tree, it has to destroy some parts of the tree, it becomes a fruit. Then, that love is not intelligible to that tree. That's the living love of God, it's not intelligible to the tree but is intelligible to human beings. What a privilege I would say for a human being to feel that love, to feel that all pervading power within Himself and to manoeuvre it. What a tremendous thing is a human being that God has created, but if you want to live in your fool's paradise, I would say or in a fantastic romantic method of understanding of God, then who can help you? Who can tell you?

One has to at the very outset accept, that I have to become honestly the Spirit. Truly the Spirit. Truthfully the love, the love of God that pervades the whole universe. Now this talking has no meaning actually until it happens to you. As I told you last time, that it has to come in your, every bit of your being, in the sense in your nervous system it will work out. But, what happens, first people will get Realization, they get Realization, they just feel the bliss, they feel the coming out of the, cool breeze out of the head, they think it's something out of the way. And then they get lost. They don't go beyond that point. You have to grow after that, you have to grow if you have to be your Spirit, you have to understand the whole of your being. Say supposing I come in this hall and I see this all and just settle down here, I won't know the whole of Caxton hall, will I? In the same way, when you enter into the realm of God, the realm has to be seen, has to be felt, has to be understood. You have to learn everything about this realm. The laws of God, how they work, how they manifest, how they work out, everything you can know but first and foremost thing, you must have your Realization. That's very important.

Now many a times I've said you can't pay for it, I mean I just don't know how to tell it again and again, that how can you pay for a thing like that? It's impossible, it's absurd, it's absurd. Many people told me that, Mother you have money that's why you don't take money. It's not so, I mean if I had no money, it's all right. If I have money, it's all right, it makes no difference like saying my brother getting the minister-ship, to me it makes no difference at all. What does it matter? You see if he helps me in God's work, then of course it has some meaning otherwise, to me it has no meaning at all. Those who do not help in God's work, have no meaning to me because such people are there doing all their mundane work. Every day to day work, what are they going to do for God? That's the main thing one has to see, that those people who are trying to achieve success in life, achieve money in life, achieve political ends in life, will all get frustrated, they will all be frustrated, they will find out very soon that this is of no use. This success has no meaning, it's just an empty thing they have been trying, absolute empty and they have been trying to find out some sort of images, shadows, they have been following shadows, not the real thing. And once they discover it's a shadow, they drop it. But it may be late, why not drop it now and get the real thing? Turn around and see for yourself that there is reality within you, which you must achieve and get it.

Now the time has come, that's why it is working out. But, conditioning is too much in modern times, the conditioning is much worse than it was anywhere, anytime, anywhere before. The trouble is, when there were people like Christ, people were not prepared. He could not have, sort of a rapport with people as you are sitting here. It was impossible to talk to people, only hardly one to get some fisherman to talk to, now what to talk to them? To fisherman? That was the situation, but today, when there are people who are seekers, who are truly seekers, who want to find out but are very complicated. Extremely complicated. It's such a complication that it's impossible to get them out of that conditioning. They are over read, they read too much, and if they have read a book, they think they have written it. Not only that but they think they are the author. I've seen people who have read Geeta, they think they are Shri Krishna, if not Shri Krishna at least Vyasa, the one who has written it, it's impossible to talk to them. They don't want to see beyond that, but those who are really truly intelligent, truly sharp I should say, sharply seeing things, they just recognise it.

I've known of someone who has done his double MA in two subjects of philosophy in Indian philosophy, he was a very highly placed man himself. He came to me, I've not studied any philosophy in my lifetime, I've no time to do any such things and just he sat at my feet. He asked me a very simple question, he said, there has been always a problem in arguing out the problem of dvaita and advaita, that whether God is the only thing and rest of it is all an illusion or is it that the illusion is also true and God is also true?

I said, is it? He said, yes, they've been breaking their heads on this point in India throughout. I said, what is there? It is so very simple to understand. I said, when you are in illusion, then illusion is true no doubt but once you are out of illusion, it doesn't exist, it's as simple as that. What is there to quarrel, because you are in illusion so you believe in illusion. But once you are out of it, it's finished. Like you are in a dream, for example, the dream seems reality at that time, at that point of awareness but once the dream is over, then there's no dream. I said, what's there to quarrel on such a simple thing like that? He said, Mother, you are too straight forward, you see things straight. I said, because I'm not going round, round, round, round as you people have gone. You get lost into your own mess that you have created. And then he said, books and books have been written now and all that, and Adi Shankaracharya was attacked for this and Adi Shankaracharya didn't know how to face it. He said, all right forget it, I'm not going to talk to you and he just started writing the praises of the Mother. And they all laughed at him.

So, this is what it is. You see the disparity or you can say the difference between a Realized soul and unrealized soul have existed always. And the Realized soul could not say that you must get your Realization to understand this, you see, because if he said that then he would be boxed or he would be killed or he would be crucified or something would happen to that person, if he says you better get your Self-realization, then I'll talk to you. That would be the most serious thing they would say. Now, so what do they say? All right, you forget it, if you don't want to listen to it, all right we'll not tell you or else if they say anything like that then they are murdered. These the only two situations with which one can live. Now, if you have understood one thing, that Realization gives you a new awareness, by which you do not become any way small or any way lower. It's not like higher animals and lower animals. You know some people even feel hurt if they are told that you have to take Realization. They say we already Realized-souls. It is not that. Does a leaf feel that it is at a lower stage than a flower, does it feel that? Why do we feel all these things? Because we have got an ego. We have got an ego which determines, you are a higher race, you are a lower race, you are a higher person, you are a lower person. The education is higher of this person, that is lower. That is all egos decision. That is the decision ego takes, but for a Realized-soul, he doesn't see all these things, he cannot see.

Can you see your dreams when you are awake? Can you see your dreams when you are just awake? I mean daydreaming some people can do, no doubt but normally we cannot believe in day dreaming. In the same way, when you are a Realized-soul, you just don't see these things, you just see people as their chakras and their Kundalini. You don't see what race they are, whether they are higher race, lower race, what community they come from, nothing, you just see them as they are on their chakras and you just pay attention to their chakras and immediately you know that person through their chakras. It's nothing outside that matters.

Now for a person, who is not yet a Realized-soul, it is difficult to accept that you are not yet a Realized-soul. And that sometimes gives a challenge, but one must know that's nothing wrong, nobody's born Realized that way, some are born Realized but some are not. They were also not born from the childhood; I mean they may be born Realized in this life but may not be earlier lives. May not have been Realized in earlier lives so what is there to feel if you think that you have not yet got your Realization. People feel very much hurt. It is something so surprising how this ego acts against all God's work, which is so important.

Ego is the cruellest enemy that one can think of. Say I didn't go to one of the programs we had. Now these boys went there, they're very good, they know how to give Realization, they have got Realization, they can give Realization, they can talk better English than I can do and they gave a very good speech and everything happened. But these boys said we will not take Realization from you, because they were English and the others were also English. Now look at this stupid ego. Does a Realized-soul have English or British or all these banners on top of their heads? Why to feel inferior or superior in any way? We are all one. If this finger requires something, if this hand has to give something, nothing to feel bad about. If this finger is a little bit numb, this hand would like to rub it to bring it to its proper awareness, there's nothing wrong. But this is how the ego I find such an enemy of human beings. It will not allow you to get your Realization. Even if you get it, still it will come back and all the time start giving you questions and giving you answers. Such an ego exists that it is amazing how we are identified with our ego. Extremely surprising is that we do not know what we are. We talk 'I' do this, 'I' believe in this, 'I' say this, but what is this 'I'? which one is this 'I'? We do not know even who controls our autonomous nervous system, we do not know anything about it. We call it autonomous, now what is this auto, from where does this come from? Which is this auto? Who is this auto? We do not know anything about how a seed becomes a tree and why we believe that we are something great and that we are to decide everything, we know everything.

Of course, you are great, no doubt, there's no doubt you are the greatest in the whole of creation, you are the highest, no doubt because you are the one who are human beings and you are the only ones who can get Realization. Animals can't get Realization, that's very true but that doesn't mean that you don't have to achieve that spiritual ascent. For that, one should understand that one must humble down in their hearts. We must humble down in our hearts. Unless and until we humble down in our hearts, this ego, you have seen, (Shri Mataji points at the chart) see that yellow stuff you see is a very big one and the more (unclear) you are, the worse it is. The whole bile goes on the head and covers you completely. It's all like a big balloon and when you get Realization, you see it coming up sometimes, you look at it and get such a fright and so oh God, this Mr ego from where it is coming? Because you are out of it. But when you are in it, you see, you think this is my crown, the yellow crown I'm wearing is the gold crown I'm wearing, I'm the king of the whole world. Which is a very dangerous thing. I have been noticing this very often, I've talked about this ego, I've made fun out of it and I think it does, anybody who is egoistical is quite funny, isn't it? I mean, if you talk to anybody who is egoistical, only thing you feel is to laugh. Otherwise I don't know how to keep serious with a person who is egoistical, it's impossible. But they can be very dangerous, like Hitler, they can be very overpowering, they can be hypnotic actually they can hypnotise you and make you absolutely so much like them. If they touch somebody, that person becomes ego oriented, that person touches another then that person becomes ego oriented. So, this ego spreads so fast, anybody who says anything to you harshly, your ego comes up. I mean even hurting ego can create egos. So, today, I have to tell you one thing, that please we have to keep our egos outside as we have kept our shoes today. Because that is going to really help us very much. Secondly, we have to know that we have to have our Realization. On that point we should be obstinate. Now without ego how to be obstinate? Many people ask me Mother how can we be obstinate without our ego? Because we get egoistical then only, we get obstinate. Obstinance could be through love, that Mother I must have my Realization. Through love, through love we have to ask, we have to get it, we have to love ourselves. Perhaps we do not realise how God has made us. How beautifully, with such love, with such care, for so many years, he has created you.

You have been yourselves seekers all your lives, now the time has come for you to get it. So, you better have it. Do not play with this dirty ego, it's not going to help you at all. It's not going to just see the point, so be careful, if you could keep out your ego, I'm sure yourself will shine. Shine through your attention and you'll be amazed that your attention will start working out things. Now, luckily in England, after working for ten years, ten years? Nine years I should say continuously, we have been able to have some very good Sahaja Yogis. The Sahaja Yogis of England are really wonderful people, they are very balanced and good people. They are scholarly, they have sorted out even in scholarship, what is Sahaja Yoga. It is such a great pleasure for me to announce that a book written by an English Sahaja Yogi has been recently published, and I have the book which I will show you. John, has he brought his book? Told him to get the book, and they have sent the book of Sahaja Yoga by English Sahaja Yogi, because we had one book written by an Indian Sahaja Yogi, and another one was written by a Swiss/French Sahaja Yogi, then another one was written by..I mean in Marathi there are books and in other languages there are books written but this is the first book of an English Sahaja Yogi (of Dawn) has been published and you'll be very happy that today, I've received it only two days back and I'm very happy about it. It's come out very well and he has, just like an Englishman, he wouldn't publish his name. So, his name is not there, and I really troubled him a lot because he worked with me and I told that this book should not mention much about me because then people get a fright. The best is to avoid, but still they have put something, so I hope you will excuse that and you will read it, as a book of real information to you and written in a very very straight forward way. This is the book (Shri Mataji holds the book up for all to see) today I would like to inaugurate in your presence and I'm very happy that in England, whatever I have worked, Dawn has worked so hard and got this book to its fruit.

We have other very big "Advent", a book which we have advertised here [Shri Mataji shows the back of the cover] but that's a very big one. For a Sahaja Yogi, we don't give normally to a person who just gets Realization, normally. Just after Realization we don't give a book, because you see the ego is still there. It catches one word here and one word there and they just slip out. So, we avoid giving books to people and talking about Sahaja Yoga so much.

First, we say that you establish yourself. Then we give them the book to read. But this book is given to the first primary class, you can say, where the primary introduction of Sahaja Yoga is there, where people are feeling the vibrations, are able to give Realization to another person, who have understood Sahaja Yoga but not yet fully settled down. To them we give this book. Then

there is another book which we give to people, who are Sahaja Yogis. And the definition of Sahaja Yogi is not also known to people who are not Realized, because certain things we have decided not to expose in the beginning.

Christ has said one thing, that He was the way and He is the door. He was the path and He was the Gate, which He is. Which He is, which you will see here also (Shri Mataji points at the chart) He is that. He just say, "I'm the only Son of God", which He was. I mean if He was should He not say? Supposing He was, which he was, we'll prove it to you on Sahaja Yoga. With Sahaja Yoga we can prove it to you. But if He said that, they crucified Him. Under these circumstances, what should we do? Best is not to talk about these things. Let them discover for themselves. Gradually then they come around. It's better suited for western people also, because in India, it's easy to understand Sahaja Yoga because they know what is Realization. In the west, people have no idea as to what is Realization because as I told you, in the bible, nothing is written about your second birth. Not about Holy Ghost, but about Holy Ghost we have books and books in our country.

From thousands of years we have had books on Holy Ghost. What is Holy Ghost? What are Her powers? What does She do and what is it? If it is He or She or whatever it is? It's all written down. Then about Christ also they have mentioned, quite a lot has been written about Christ. About the second birth, it is clearly been given what happens when the Kundalini rises, it comes up here (crown) makes a thudding sound, then it breaks out, every one of them have described it. All the seers have described it. They know that Kundalini awakening will give you the second birth and what happens and what is the cool breeze and everything they have talked about. So, for Indians, it is very easy. The person who gives them cool breeze, is the one who is so and so for them it is not difficult. Of course, I'm not saying about westernised Indians, because westernised Indians are copying the western people more. They don't read about their own knowledge and all that, naturally because they are also out of touch maybe, whatever it is. So, they read mostly sectarian things but they won't know about Kabir Das. It's very common with educated Indians, it's like that. They are Cambridge, Oxford you know, big people and they would not like to read something about bullock cart IQ business. So, they would not go in for reading all those things and there are many books which are written in Sanskrit language are now translated. It's very surprising that so much knowledge is left there because it is not translated in English language. Whatever it is, now after Sahaja Yoga I'm sure all these books will be translated and it will be available for you to find and to tally that what Sahaja Yoga gives you is the real thing.

But it is not necessary even to read a book. There is no necessity to read a book because once you have the experience, you know that you are a Realized soul. Somebody asked Me, how do you know you are a Realized soul? I said, how do you know you are a human being? As you know you are a human being, you also know you are a Realized-soul. I mean, you cannot explain that but Sahaja Yoga can explain also how do you know you are a Realized-soul. When you are a Realized soul, you can feel another person's chakras, you can raise the Kundalini, if you are a Sahaja Yogi. Then you can raise the Kundalini of other people, before learning Sahaja Yoga, you may not. You may know what's wrong with the person because you can feel it on your fingers and you can say this is the finger catching and that is the finger catching, this is happening here, that is happening here.

But you will not know how to raise the Kundalini, how to give Realization, that is only possible when you become a real Sahaja Yogi. So, there are people who are Sahaja Yogis, who can do this work. There are people who have got Realization and there are people who are still dangling. So, all kinds of people we have in Sahaja Yoga. Now normally people when they meet some people in the ashram or in the room, they will always be impressed by a person who is a dangling thing. I'm surprised sometimes those who come for the first time will say that, "I was very much impressed by XYZ!" I say, "Really?" That person is possessed and comes to me for deliverance of the possession. They are very much impressed by that person, it's most surprising, how could you be impressed by a person who is possessed? But it happens, that makes some people understand the impression very much, of that devil or evil thing or we can say that possession in a better way than a Realized soul. That may be one of the reasons why Christ was crucified and the thief was left.

So, sensitivity has grown in Sahaja Yoga. If you do not allow your sensitivity to grow, you will never understand Sahaja Yoga. Sahaja Yoga is not just a sort of a tuck shop or something where people just come in and go. It's a place for people who are true seekers, who want to get employed by God, who want to do God's work and who really care for themselves and care for the world that is around them. Care for what God has given you and what you have to give to God. This is meant for such people, not for people who are mediocre, who just come for fun sake and they go away. It's such a waste of energy sometimes one feels

when you just give them Realization and it is all wasted. There's a parable of Christ about the seeds which fell on the rocks and some fell on very beautiful land, which grew into beautiful trees. So, I have seen both. I expect more people to become Sahaja Yogis. For that you don't have to sacrifice anything, you don't have to give much time, on the contrary your whole life becomes fun. Start enjoying life very well, you enjoy your family very well. You have all kinds of new perspectives. You start seeing life as a lila, as a play of God's work. It's very interesting if you see these people here, you have to admit, they look so fresh and so happy and so joyous. Without any wrinkles on their heads. How do they achieve it? It is only through the power of your own Spirit that you feel the joy of that eternal bliss that is God.

May God bless you.

So, now, I always like people to ask me questions, if they have any? It will be a good idea. I've seen that in England people have been very decent. They've never been so aggressive. Very nice people I've met in England. If you have any questions, please ask me. There have been so many lectures and so many things, once you start developing yourself, you'll know all about it because in this little speech, how far we can explain. It's a very wide subject, after all, it's eternal and you cannot explain eternity in such a short time. You can just get glimpses and glimpses of that. But if you have any questions, please ask.

Seeker: how does one establish Realization?

Shri Mataji: That of course we'll see to it, all right. Now there are many who haven't got it and how to establish it, that part is a second state, which there are experts here and will tell you how to establish it. Where do you live?

Seeker: London

Shri Mataji: London? Then it's all right. In London there's no problem, we have a very good centre, we have two centres where you can go and see them. They have programs every Wednesday there, and they are establishing people very well. It's not at all difficult. You can master it, absolutely you can master it, no problem. There are such masters here, you can't believe these are all masters. I have to ask them sometimes. It's true. I don't understand human beings much, I must say, I'm very bad at it. See these complications, I don't understand.

So, any other questions please? That was a very good question. You see that you want to establish. Anything else? Or you are wanting to have your Realization now? That's the best. All right, any questions there..if you have, better ask because you see when you are getting your Realization, you actually go beyond your thoughts. The thoughts are, one is rising another falling, again rises and falls. In between there's a space which actually widens when the Kundalini rises. That's the place here (Shri Mataji places Her finger on Her Agnya) when it opens out, you enter into this gate, which is the gate of Christ, and then you enter into the realm, where your attention goes where you are thoughtlessly aware. But when it breaks through here (Shri Mataji places her hand on Her crown) you start feeling the cool breeze in your hands. Absolutely. Now some people who have some problems, can feel the rise of the Kundalini a little bit, if it is not moving properly. Or some people can see also. You can see on their back, you can see the Kundalini's movement. In some people, because you see if you have a perfect backbone and a life which is above normal, then it works out very fast. But if there are complications, it takes a little time. Doesn't matter. Some people feel the heat sometimes. So, for all these things while giving Realization, we can tell you what is to be done, what is the problem and how to tackle it. But at the very outset, which has been a very common problem with English people, and with other western people, I'll have to tell you beforehand that unnecessarily they feel guilty for everything. I mean it has become a second habit with them.

If somebody asks for water and you are late with that, you feel guilty. Self-pity is the worst thing, feeling guilt is the worst thing. What is there to feel guilty? You haven't done anything so bad, so horrible that God can't forgive you. He is the ocean of love, ocean of compassion, you can't imagine what He is. He's so compassionate. So, why should you feel guilty for nothing at all? And this kind of a thing is like hiding yourself into a little niche to avoid the sunshine of His love. So, please do not feel guilty. Believe me, you are all fine people, you are good people. There is nothing wrong with you, you have done nothing wrong, just forget it. Little bit here and there it doesn't matter, after all to err is human. God knows that. You are human beings; you are not God. If you were God, you would not have made any mistakes, but after all you are human beings so you are going to make

mistakes isn't it? He understands that. He is all common sense, He is the source of all understandings, source of all the feelings, and then we just sit down, sit back, thinking we are guilty. We should not have done that, we should not have that, this is wrong, that is wrong. Please forget all that. This is first request to you that please forget that you are guilty. Start it with saying in your heart that 'I am not guilty', thrice you must say 'I am not guilty'.

I mean, this is something people are surprised when I tell them that you must count your deeds and things, there's no need at all. Do we count all our blots on our clothes when we put it into the washing machine or something? Do we go on counting, how much dirt there is, the types of sources it has come? No, we just put it out. If there is something that is just going to cleanse you completely, who is the source of all the cleansing, then you just have to ask for it, that's all. Just for the asking, just for your asking, so please don't feel guilty. Especially if you have been brought up that way, it's difficult to believe, but I tell you, I don't find anybody here guilty of any such crime that they should feel guilty at all.

May God bless you.

Now I would request you to take off your shoes for one reason, that this Mother Earth helps us a lot, to suck in our problems. She's another very forgiving personality. (Shri Mataji calls out to new people arriving, to come in and sit down)

It's like the shooting of the jet, or we can say the shooting of the satellite. The last bit of it to go into space. Everything has been done, now only the last bit, where it enters into the space has to take place. And just it takes place. So, now don't be nervous, don't feel unhappy, and don't think about what has happened in the past, just think of the present. It's very important for all of you.

Shri Mataji begins the experience:

Please put your hands like this (both open) this is because we have to receive the information on our fingers. The fingertips have got the chakras, represented there. So, just put your hands towards me, straight. Feeling cool breeze already? Now close your eyes, you have to close your eyes. Please keep the eyes closed all the time. That is very important. Don't open them at all, because if you open them then the Kundalini stops at Agnya chakra. Keep them closed. This is just the opposite of hypnosis. You have to keep your eyes closed. Now just let it go, I mean in the sense that you do not say any mantras or anything or any prayer, just relax. Put your hands on your laps, be comfortable, just relax, it will work out. Once it happens to you, you can do it to others. Like one enlightened light enlightens another one, and that light can enlighten another. So, now supposing we are in the dream, as I said, we have to become the reality. The reality is one that is you are the Spirit. You are nothing but the Spirit. So, you put your right hand on your heart, to assert on the left side. Keep your eyes closed, don't open them, just keep them closed. And now you have to just assert, saying:

'Mother, I am the Spirit'

Put your left hand towards me and right hand on the heart, say 'Mother I am the Spirit' not loudly, in your heart. Say it thrice. With faith, with full belief that you are the Spirit. With your heart say 'Mother I am the Spirit'. You are the Spirit, no doubt, you are, but you have to awaken. If you start getting cool breeze in your hand, put the left hand parallel to Mother Earth, palm facing the sky, on your lap. Please keep your eyes closed, left hand on the lap, be comfortable. Don't worry, we are seeing you, if there's anything that is not all right, we'll work it out.

Now put this right hand on your forehead, now, on your forehead and just say 'Mother I forgive everyone'. Say it again, 'Mother I forgive everyone'.

You yourself are doing your own ascent, in the way that you are raising it. You are getting your power from the left side; you are working it out with your right hand. Now put your hand on your head itself, press it hard, hard. And now just say 'Mother please give me my Realization'. Say it seven times.

Now put your fingers on the centre of your head, where is the fontanelle bone area, which was a soft bone when you were a child. Just try to press it with your fingers, just try to press and move it, you will see it will become softer with your own hand it will start becoming soft. Try to press it.

Now place your hand higher to see if there is a cool breeze coming out, if not, there might be hot coming out, just put your hand on top and feel it, higher, just feel it if there is cool breeze coming out or a hot breeze coming out.

Hot is coming out, if you see, most of you. Now you put your right hand towards me and left hand on top of your head again. Now see if there is a cool breeze coming out.

Better, it's coming out? It should work out.

[SHRI MATAJI STANDS UP and with her back to the audience does her own candle clearing]. When one hand is tired, try with the other hand, it will work out.

[Shri Mataji sits down again] Now put your both hands towards me, it's very relaxing now, just watch me. Now see if there is any thought coming to you while watching, just watch it, open your eyes. See now, if there is any thought?

Now to give your Self-realization, you have to put your left hand in front of you just like this as I'm putting (bandhan), left hand, this is the desire power, in front. The right in front like this and go on moving, left hand straight line, right hand like this [Shri Mataji showing raising Kundalini] on top of your head, bring it up, now give it a knot. Again, once more, put the hand straight in front of you, it's you who can do it and now put the right hand like this (second raising) movement should be correct, take it on top of your head, now give another knot. Now, again. (tie knots) one, two and three. See now are you feeling cool breeze? Feeling it? Are you? Not yet, close your eyes, it will work out. Just close your eyes, it will work out.

[Shri Mataji places her right hand to the candle]

Better now?

Shri Mataji goes to the public and starts working on the people!!

[Unclear]

Shri Mataji asks a member of public if he has been to a guru...he answers yes.

Mother is saying his eyes are trembling. She clears him.

Mother continues working on the public. Not to be sad, you have to be cheerful.

Mother asks a lady...feeling better? Here is the pain isn't it? All right, better? Feeling the cool breeze? Not yet? You must forgive, you have to forgive. Leave it for me, by not forgiving you are [unclear] you understand that? Just forgive, just forgive. Shri Mataji continues to work on the lady. All right? Shri Mataji asks Sahaja Yogis to start working behind the lady and moves on to the man on the next chair.

What about you? She places her Holy left hand on his head..

Somebody comes to Shri Mataji and places a flower garland around her neck...Mother speaks in Hindi asking how things are...is everything all right...now come on (in Hindi to work on some people)

Shri Mataji has not let go of Her left hand and asks the man if he has been to any Guru...he says no. It's all Ekadesha, it's all here. All the library is here

Shri Mataji also places Her Holy right hand on the man next to the previous one...Oh what a Realization, just see here, did you see that? Mother takes his hand and places it on his head...what a depression!

Mother returns to Her left hand and continues on that man [unclear]. Left Swadishthan ...Mother ask the lady, have you been to some clairvoyant or something? No, never? Back to the man..you are reading, makes this head heavy, all the books jammed up here.

Shri Mataji's attention is also on the people behind that row and She asks Sahaja Yogis, "What about them?" Mother asks people from the back to come forward to some ladies.

Shri Mataji's left hand is still on the man and something clears and Mother is clicking her right-hand fingers. Now just see this gentleman.

With Her hand still on the man, Mother turns and speaks in Hindi to somebody.

'We are doing Guru Nanak's work, he had said bring Sahaja Samadhi, when will you take it?'

Reply: When you will give us.

Shri Mataji: Then take it come on place your hands in front of you...just see his vibrations.

Shri Mataji continues with the man..got the books, better now? He holds Mothers hand and both laugh All right? Worked out see?

Shri Mataji goes back to the lady...now what about her? Continues clearing her head by turning it hard and clicking both ways and also saying 'I'm sorry, sorry for this but this is for not forgiving others, all right now it's all right. Better?'

Lady finally nods!

Mother moves onto another seeker..'he has got a hamsa' (some hindi again..reciting the nadis that Kabir must have spoken about..He explained everything to you but the west haven't been told anything)

Shri Mataji: I'm just telling him that Kabira has told everything clearly to these people, nothing more could be said. I mean Nanaka and Kabira have really worked very hard, but they must listen now.

Mother continues working on the man while asking the lady behind, got it? She replies that she can't hear ...Mother says it's all right, you can see me, come down I will see your ears, come down. Mother asks a yogi to bring her forward. Mother asks about the man she is working on and then she asks him to forgive (all in hindi)..right is ok left not yet...Mother asks a yogi to continue with him...Mother says you are looking at me stop thinking.

Shri Mataji looks towards the back...to that extent it's coming out? Look at that!

Mother moves on to the next man and works on him and quickly clears...in hindi Mother says you have crossed over now do something moving forward.

He replies his heart doesn't feel like it. Mother replies it will, just come to our meeting. Mother asks yogis...tell them about our Nightingale everything, they will come...

Shri Mataji moves onto the next man, what about you? Mother places Her Holy hands on the man and the lady next to him.

You must forgive also, if you don't forgive then the heat is heightened more. If you forgive, just say 'I forgive', just say it, mean it.

Yogi announces: You can come to our centre on Wednesday evening this week and every week in south London, Balham near Clapham South station. The address is 99, Nightingale way. Make sure you get some literature from us which will give you the address and the telephone. And please fill up the little slip which has a space for your address so that we can reach you again when there are other programs

(Shri Mataji continues working and asks a yogi to work left to the right on the man)

Yogi announces: on Saturday, you may know there will again be a public meeting in Hampstead in the town hall, which is very close to Belsize park tube station. 7 o'clock on Saturday this week. So, those who've come to programs before, got their Realization, please get up and help to raise the Kundalini of the new people as by feeling the vibrations on others, you learn how they work and what they are. You can't learn it from a book, you have to have the practical experience. That's why we have the workshop sessions every week on Wednesday...

While the yogi is announcing, Shri Mataji is also clearing and speaking and the elderly lady with the hearing problem comes to Mother..

Yogi announcing: We will get practical learning to go deeper into this tremendous knowledge. That's from 6 – 9 at our centre, you are welcome anytime.

Shri Mataji says in hindi..talk less and raise Kundalini

Mother has her arm around the elderly lady and goes to close to her ear and recites the mantra Vishnumaya Aum Sakshat....better? You can hear me?

The lady looks at Shri Mataji, smiles and says 'yes'

Shri Mataji: good, now turn around....Mother goes close to her right ear and recites the mantra Krishna Radha and Vitthala

It has improved now, can you hear me? The lady says 'yes' Mother asks again, now you are hearing me all right? The lady replies 'yes'

Shri Mataji: that's it, now you don't see my mouth but you can hear me all right?

Lady: That's wonderful.

Shri Mataji: That's good, now gradually you'll be hearing much better.

Lady: Thank you so much because it's such agony when ...(little unclear) understand

Shri Mataji: Now you'll be hearing much better, aren't you hearing me?

Lady: Yes, it's wonderful.

Shri Mataji moves onto other people...you must forgive...forgive...

Mother once again clicks a mans head both ways to clear his Visshiddhi. Better Now? Some more working and the man tells Shri Mataji, feeling cooler.

Haa! Now better...then Mother clears his Agnya....Haa! better now? You've been to some guru? He replies that he's been involved in some light meditation. Shri Mataji places her hand on his left Vishuddhi and stamps her foot then also clears his Hamsa.

Now you must progress, that's the main thing. You all have to become like these people, you see they know how to do. It's your own, why not do it? Mother is speaking generally to everybody while She is working on the same man.

This is employment, now a new employment by a new government, all right. Doesn't matter if there's no employment by this government, doesn't matter at all. Now you have to take to new employment...Haa! Mother releases Her hand from the man. All right now? He replies something about his shoulder and Mother places Her hands on his shoulders and then takes his hands and tells him to ask Her a question.. 'Mother am I my own Guru?' you ask me a question, just ask me loudly. He asks the question. Shri Mataji repeats it and he copies Her. Mother 'again', again, again....while She continues to work on his hands...again, Shri Mataji feels the cool breeze finally on his hands and asks him ' it's cooler now, are you feeling the cool breeze? This is the problem, you don't have to have any Gurus, you are your own Guru. Just master it, all right? You have to become your own master. You don't need any masters any more. All right. The problem is agnya. Doesn't matter, you have been to Divine light? Which Guru you have been to? The man replies (unclear) Shri Mataji 'same thing, you have concentrated on this part? Mother presses his agnya. Lighter now? Lighter on the head? Shri Mataji is speaking to him including 11 rudras..these boys will tell you how to do it. All right, you master it now, you become master of Kundalini, you become the Guru now. No more Gurus and no more payments, had enough of them.

Shri Mataji moves onto another lady and places Her hand on her head. 'She's good, you had no Guru I believe'

Mother moves on. Another man 'Guru, again?' A Sahaja Yogi tells Shri Mataji that this man had a mantra. 'A mantra? What?' The man tells Mother the mantra and She tells him to open his eyes and repeat it to Her. He says the mantra. Mother 'again'. He says it. Mother 'again, loudly all right, working now? On the hands? The man is told to ask Mother something (unclear) as he does, Shri Mataji places Her hand on his head and Agnya. Shri Mataji is saying something while own Guru?' He starts to say this and Mother keeps working. She tells the yogis the void is too much caught up. Mother keeps clearing his hands, 'little bit started see, on the fingertips you know, it becomes lighter, can you see that? All these fingers have to become and you'll start feeling it more, better? Just say 'Mother make me my own Guru' The man repeats this and Mother says 'again' 'again' both sides. Not yet feeling? He says no.

Mother 'all right they'll tell you what should be done, just do it and clear out, this portion is all heated up (void) you can see it, can you feel the pressure here? It's there (Mother seems to have Her Holy Hand on his void) so we have to cure this all right? They will tell you what is to be done. You will become the Buddha, the enlightened one isn't it?

Shri Mataji moves on and ask a man: How are you? Did you feel the cool breeze?

He replies, no. Mother: No? You should, why not?

'What about this lady?' A yogi replies that she is all right Mother. 'that's the thing, you can feel it on the head, very good'

[Shri Mataji in hindi to a sardarji (sikh man): It's good right? Now call others, what are you doing? It's not going to happen just by going to a Gurudwara...some conversation about illusion 1:38:25.....this illusion should be broken right?

Shri Mataji moves around again 'just forgive them, forgive all of them, all right?'

Shri Mataji moves to a lady and asks what has she been doing. Karate or something? Lady says no. Mother takes her hand and starts to clear.

Shri Mataji: Are you married?

Lady: No.

Shri Mataji: Are you going to marry?

Lady: No.

Shri Mataji: 'No, why? You have to otherwise you won't [unclear]' Ha! That's the centre, married or unmarried, if you get a good husband then you'll marry all right? Keep it like that all right'

Sahaja Yogi announcing: We are hoping many of you will come on Wednesday to our centre.

Shri Mataji: Better take down their names in any case, and write to them.

Sahaja Yogi continues: In any case, please make sure you leave your name and address with us. The box is just by the door for you to give us the slips and those who come on Wednesday, please bring with you certain things. A bag of 7 lemons and 7 green chillies. This is a treatment, you'll see how effective it is. Also bring a little bag of sugar and salt and a little oil, like olive oil. (repeats items) we will tell you how to use them to help clear out problems on the subtle centres. Thank you we look forward to seeing you.

[While the Sahaja Yogi is announcing, Shri Mataji joyfully continues to mingle with the public, checking and clearing.

Mother asks a man 'what's the matter with your heart? Heart is like stone, why? disappointed in love or something? Why, it's like a stone.

The man says something about this organisation]

Shri Mataji: why, what are you disappointed here? By coming here, people give up their drugs, they give up all their nonsense, they become good people, they get their cancer cured, there's a doctor standing here in psychology you see and they get their madness over, why are you disappointed? What do you want them to do? To join politics?

Man: No.

Shri Mataji: Then what?

Man: To find out the purpose of their life

Shri Mataji: They have found out their purpose much better than you have and you don't open your big mouth. You see here everybody has such a big ego on the top, what have you done? Their lives have changed, those people taking drugs have given up. Those people who were drinking have given up. Those people who were doing wrong things, they are here, all doctors. People who were nothing have become architects, doctors and this and that. What is the purpose of life? Life is to do God's work, that's life.

[Man saying something like...life is to understand we are limitless, infinite]

Shri Mataji: God is limitless, that's what happens.

Man: I have a teacher called Ishwara.

Shri Mataji: Ishwara. [Laughter] We have known that one very well...they have done nothing to you. Can you tell what's wrong with this lady? Tell me what are the chakras catching, tell me

[Man can't.]

Shri Mataji: What's the use of having such a Guru and you're coming here representing him, you see you have got nothing, on the contrary you have a very big ego on your head. That's all I can see clearly and your heart is like a stone.

Man saying something about some chakra blocked...

Shri Mataji: That's true, clairvoyance is because of the spirits, do you know that? Spirits only give you clairvoyance, they are not God.

Man saying something about a yogi saying something to him about a blocked chakra but states it's not true.

Shri Mataji: Very true, I can see, it is true absolutely. Not only throat, heart throat and this (ego).

Man continues to argue.

Shri Mataji: clairvoyant cannot know what chakras, take it from me. They are not settled enough, they will never know, what will they know? They know only...see those who are clairvoyant, listen to me, they have no knowledge, take it from me. They just get knowledge from a spirit which tells them, believe me. If you want to be clairvoyant, you can do it. I don't want to waste my time, then you become. Warren, you don't do, then forget it, don't take our time, you can go.

[Man offered something.]

Shri Mataji: No, no, I don't want it, thank you very much laughter all around.

Shri Mataji moves on saying, they are so stupid, they don't want to see, closed heart, they are stupid people. Even garbage cleaner will come (unclear) his head, what was he? Chairman of the high court of the world high court. A garbage cleaner, can you imagine? I mean when you don't know anything, what are you talking about? Just talking, talking, talking wasting everybody's time. Show off. Why don't they have their own halls where they talk?

[Man still seems to be staying and saying something...]

Shri Mataji: I'm sorry sir, I must work it out, I just can't talk like you. All right. Tell him to go out. Very bad vibrations. Just help me by getting up. No, no Rustom no use arguing.

[Shri Mataji has Her Holy Hands on two other people. A lady is lacking confidence.]

Shri Mataji: She hasn't got the confidence as yet she says, ask her to put her left to the right. He has got a Guru who calls himself Ishwara! And they believe it, you see that's the trouble with these stupid people believe such people. Calling themselves Gods, this, that, they believe. That's so stupid you know this ego makes them so stupid.

[Mother asks in Hindi if they can feel the vibrations and raises Her Hand several times. This man is saying they have come from

Houston USA and Mother is so pleased telling him there is a centre in Houston.]

Shri Mataji: Hester, there is a present for you, Kalpana has left a present, lying with me. The fellow had such a bad heart, I tell you.

Mother ask the man She is working on, right heart, about his father. Passed away so She asks when? He replies 40 years back.

Shri Mataji is telling him in Hindi to close his eyes and tell his late father, we are all right, go in peace, do not worry about us. Then Mother asks the man if he has any breathing trouble? No, all are fine, Mother tells him right heart is father's side. Right Swadishthan, right heart, he's an engineer. Now do you feel it? Please ask a question 'Mother are you the engineer of all engineers?'

[The man repeats.]

Shri Mataji: Again, again. Ok? feeling it? Yes.

It's done.

Shri Mataji moves on and asks yogis to come and help me here. I have to work here.. Haa! What do you say? What's that? It has come? (seems to be some literature) Shri Mataji: please you only give it to Realized-souls, not to everyone, just don't start it otherwise [unclear] Mother calls over to 'bumble? What about your birthday? When is it?

Child replies: I think it's the same day as school.

Shri Mataji: how is your mother? I have a nice job for you, I'm not going to wait any more for your birthday now.

While Mother was chatting She cleared another person and moves on.

Shri Mataji: what work do you do? Consultation? What consultation? Research and business consultation? You have to talk a lot?

Shri Mataji works on his Vishuddhi. A child approaches Shri Mataji with flowers which She receives and thanks, while still working on the man...now Agnya. She raises his Kundalini several times and clears his Right Vishuddhi while a yogi also works on him.

Shri Mataji: I wanted to see that, when those people attacked me, they were saying I was just laughing all the time.

Sahaja Yogi: Oh, you were Mother.

Shri Mataji: Really.

Sahaja Yogi: It was tremendous.

Shri Mataji: I just couldn't understand their stupidity, I didn't know what to do... [Laughter].

Sahaja Yogi: It's marvellous, I'm going to watch this [unclear]

Shri Mataji: One lady. I forbid you, you see [unclear] head also.

1982-0915, The Conception of Love

View [online](#).

15 September 1982

Talk to Sahaja Yogis

Brompton Square House, London (England)

Talk Language: English | Transcript (English) – Draft The Conception of Love, Talk to Yogis, 15 September 1982, London, United Kingdom

So once and for all I want everyone to understand the conception of true love in Sahaja Yoga. All right? So it is not that I am trying in any way to persuade you, in no way, but I want to know certain things, what happens, what is the situation, why it happens. Because as I told you, I am no good at human beings, I am really puzzled at them. So whatever questions I ask, you answer them absolutely honestly, all right? Because it's for My knowledge that I'm asking, all right? But nothing, to, in any way, I don't want to pressurise you in any way, but just to understand what's the problem is. And then I'll give you the answer. First of all, the question is, 'Are you a seeker?'

Sahaja Yogini: I think so, yes, Mother.

You have been seeking before also? All right. Then the second point is, you have been seeking and you found in Sahaja Yoga that there is some truth, is it?

Now you didn't come to Sahaja Yoga to marry anyone?

Sahaja Yogini: Not originally, Mother.

Not to find somebody for your marriage? This was never your idea?

Sahaja Yogini: No, Mother. Not at the beginning. Because I was in India, Mother.

So you had no idea about this? Now so, when you met Matthias, or whatever it is, and you liked him and you said that you would like to marry him it's all right, I believed you that you really loved him and you want to marry him for true love, all right? That's what I believed. And I asked Matthias, I didn't feel that he was so much infatuated that was my opinion about you, because he wanted to postpone it, but then he said all right, if she, because you said you will marry someone else, you see if he doesn't marry you. He said all right. now the thing is, if you truly love him then the conception of love that resides in your mind, is it a romantic fantasy, is it a romantic fantasy?

Sahaja Yogini: Probably, Mother. To begin with. Not anymore.

All right. Now, you were clinging on to him, in India the whole time, in the presence of the villagers and all that. Now you must know that that is not done in India at all, it's a shock, all right? But you did it. That time the explanation came to Me that you are doing it because you are feeling insecure. But what about before your marriage, when you were in India, were you doing the same to someone else? Like that, all through?

Sahaja Yogini: No, Mother.

I'm just asking you plainly because I want to understand how your mind is working. Before marriage, what do the girls do? That suddenly when they get the husband, they go crazy, cling onto them. On the street, you meet some boy, they are clinging on to him, you see, it's so stupid to do it, I mean I just don't understand. Even if you are insecure you need not be paranoid. They way they are behaving, it looks like they are paranoid.

Sahaja Yogini: OK Mother. We want people to know, that we are together, that we talk together;

But when it was told to you that in India, it will be disparaging against you, it will go against your reputation, it's not good, they think it is inauspicious, they are shocked, still then you wouldn't give up the thing. Even in Nagpur, the same thing happened. My family people were shocked, they are Sahaja Yogis. You have certain norms. The thing is, that was the first phase of it which I couldn't understand. But when I was telling you that it is bad, it is not good for your reputation. I mean, it was not even ego-pampering. I would say, that an Indian girl, if she marries, then for her ego-pampering at least she would try to create an image of herself which would be revered or respected and not some sort of a funny image which [unclear] .

I don't know how far the ego has reached in the Western countries, that actually to behave decently with decorum, with the forms in which that country lives. If you do that way it's better to behave in a way that's absurd. So this was one thing that was really very puzzling to Me. First of all, that when I told you a simple thing, it's for your own image and for the image of Matthias, all right? This was one point which you have to explain to Me later on. Now the second point which I would like to ask you, that if you loved Matthias, then don't you think his image is important, also, and that you must in true love, how can you be so demanding, that you don't give him any space to grow himself, that you should always stagger around with him and become a load on him? Is it proper? You think so? In true love, you must see. I mean I would love to see you or anyone of you, to grow in your own way, in a special way, as Sahaja Yogis should grow, isn't it? But if I try to overpower you all the time and sort of do not allow you to grow and just make you tag around Me, then how will you grow? So first of all, I don't understand that you must have some idea about true love. What do give to your husband then, I would like to know? No space to develop himself. And the space of protection and love is the one where he feels that you like it, you like the way he is growing in Sahaja Yoga. You married him because only for Sahaja Yoga, because you are a Sahaja Yogi. But otherwise he could have married anyone, but he married you only for Sahaja Yoga and for Sahaja Yogis. And you never saw the point that you are destroying his complete image by not allowing him to do Sahaja Yoga, not allowing him to grow. This is not true love, this is possessiveness. This is absolute possessiveness and selfishness, in a way, that you do not see that the man who is so great, to Me he is very great, but you can destroy him completely, if you want you can destroy all his greatness and just make him a little cat running around, if you want you can do it, you can do it. It's very simple if you want to do it, but My idea about him is that he is a man with a potential, with such a leadership, such a great man and My love for him is this, that let him grow so much so that he feels confident, and that's why I said all right, if he marries, he'll have a wife who will give a kind of protective bandhan to the areas and the spaces where he moves. Instead of that, wherever he tries to move, you created a problem. The image of Matthias was ruined completely by your presence. This you must know. All the Sahaja Yogis got frightened of him, I don't know what you screwed into his head against Sahaja Yogis. But whatever you talk to Sahaja Yogis now, Sahaja Yogis are a part and parcel of him. You must know think, first of all, when you were not his wife, he was the one who was organising all these people, he was the one who had become a Sahaja Yogi. In Sahaja Yoga he found his expression and manifestation. Otherwise, he told Me himself that 'what was I, Mother, I was nothing'. After coming to Sahaja Yoga, I see my potential, I see my heights, where I can go. He himself told me just before and now what I find that he became dwarfed down, he became a small man, he became frightened of everybody else. When you were not there, he was just blooming like a flower, everybody came to him, you see. Otherwise they were too shy. And whenever they talked to his face again they became morose. So as a wife if you really truly love him then how is it you could not see that you were destroying his image one by one, whatever he was? Could you see that?

Sahaja Yogini: I can now, Mother.

Now you can. But whenever I talk to you, you say the same thing, and you go back to the same. This is the problem. Last time you came, I told you that one day will come, he will kick you out. He will not look at you. Then you will realise that you are destroying him completely. See when you are truly in love with somebody, then you don't love him as an imaginary thing, or some sort of a fantasy or some sort of a romanticism or just holding hands together, or making him your slave. No, that's not the way. The love should make others grow because it's a living force, we should make the other person flower more. If a person when he marries, I mean, that's the criteria we have, for a good wife. If the circle of his friends increases, then it's a good marriage. If it decreases, then it's a bad marriage, it's a wrong marriage, it's a nonsense. And that is exactly what has happened. I mean,

whatever you desired, I worked out, you know in your wedding, you didn't want these horrible people to come down all right, they were neutralised. You remember how miraculously it all worked out but all that you forgot, you just thought, I don't know what you thought of, that your possessiveness is the most important thing that you must somehow or other cling on to him and make him feel absolutely rested all the time by putting all your problems upon him. What are your problems? I don't know, what problems do you have? I never thought that you had problems. On the contrary, poor fellow, he comes from Poland, he had a very bad past and he has suffered, he has gone through it, he is still encouraging and taking up his loads to try to put loads on him. Then all his friends, those who were there, any one of them they got lost, they didn't know what had happened to him, he was such a changed person. Apart from that, this you did, I don't know why, why, because if it is true, you don't want him to grow, you want him to become a dwarf? On the contrary, see, he bought you a car, he got a big flat for you, just to please you, he went into big expense, you know that, just to please you. And what did you do for him? It was too much expense for him, to do all that. I mean, what is your attitude towards it, what is it? What made you do that, just to destroy him like that?

Now see, for example, in My husband's office, I go and talk in a way that spoils his image in the office, I make everybody his enemy, I try to say things which he tells me in privacy or something, to others, or if I go and frighten other people, what will I be? I will be his enemy, not his wife. I will be his first enemy, isn't it? And that's what you tried to be, if you see clearly, that's what you did to him. And what did he do wrong to you? That I would like to know. What made you do all this to him, to give him this kind of punishment. After all, what did he do, he bought you a car. I found out everything, how was he to you, because I thought that maybe that first girl, that Miriam, he didn't like, and he wouldn't like to look at her and all that. And in a way he was a little, suddenly broken off from her, but there was a reason because he thought she was openly against Sahaja Yoga, but that was much better than this situation. Here he thought you to be a great Sahaja Yogini, he marries you, he finds a snake coming out, biting him everywhere. See he is not alone, he is a part and parcel of the whole. You try to cut him short like that. Though you see he might have tried to be very friendly and some people told Me that it was too much of a romanticism going on, morning till evening, you used to get to him in the house and all this, like that. This is all imaginary, this is all transitory. He is not going to be satisfied with you. Otherwise he is going to be destroyed, completely. So why, why is it that that you did it? Why did you try to destroy his image? You are an intelligent girl otherwise. Could you not see that?

Sahaja Yogini: Not at the time, Mother.

Why couldn't you see that, that you were exactly doing what you should not have done. Say [unclear] now, for my household, I have to invite people. I have to work very hard. I cook the best food that I can for his guests so that they should be happy, so that they have respect for him. Those who meet Me always get greater attachment to him. Always, it is so, on the contrary, if I behave like you, I mean he would not be a successful man at all. You see, a wife is the person who has to be kind and nice, more than the man is. On the contrary, if the man is angry with someone it is the woman who says 'it's all right, it's all right, don't do, take it easy'. If she goes on cutting every person, if I could understand any woman who tried to sort of make him infidel to you, take away his attention from you as a wife, as a wife, then I can understand. But there was no such a thing. I mean, I do not find that. He is a very single-minded person. So why did you destroy him? This was what, what was the thing, what was happening in your mind? How could you, how could you not see that you are destroying him bit by bit? He didn't destroy your [unclear] He wanted to build you up. I mean I can understand also that if he was destroying your image, you were destroying his. But I just can't understand when he is building you up, why were you destroying him every minute? When you married in Sahaja Yoga? If you had married earlier, I can even understand, but you married in Sahaja Yoga. With the full idea that he is a Sahaja Yogi and that Sahaja Yoga is his life. He himself told Me, 'I was nothing, Mother, it is Sahaja Yoga who has given me some meaning of Life to me'. So I want to know, what happens, what happens, it's a miracle. What about your mother, does she destroy all the relations of your father? Does she?

Sahaja Yogini: I don't think she did a very good job. I don't think she did very well.

She did not do well. You see, you were yourself, a daughter, a step-daughter, she did not do it to you, even, normally people do that, normally. But this is unbelievable, that every person who came close to you, everyone who came close to you, you tried to say something to that person that the person should just disappear and should feel hurt, and should feel bad. Every one of them has told Me that they are frightened of you coming back, they don't know how you will be placed, like a witch you are, and you will

be just going after them, again, and you will start telling stories here and there between people and, I mean they are so frightened of you, you can't imagine. They say, 'we don't know how she is placed'. I had told you in the beginning, I didn't know you were a Gemini, if I had known, I would not have allowed you to marry Matthias. I know Gemini are a headache, they are a headache. But you can get over all your science, everything, if you are a Sahaja Yogi. People have gone out of it. We have such beautiful Geminis with us, that you can't imagine that they are Geminis, I can't believe it, they just got out of it, completely. Danya, she is such a young girl, she is a Gemini, her Mother Magda is a Gemini, Pat, who is the wife of David Prole, she is a Gemini. Can you believe, these three persons, they are My solid figures, absolutely, and the way they are building up their husbands, you see? David Prole has come up so much. Her husband has come up so much. You see, that's the sign of a Sahaja Yogi, if he destroys the partner then he is not a Sahaja Yogi by any chance. Have patience and patience, but just you tell Me why did you destroy him? Why? Did he do any wrong to you? Was he in any way missing? You just confess to Me whatever it is because I would like to know your side. What was lacking? But what was it? But you were very unfair. How could you forgive yourself? This is the thing, I just don't understand human beings, how can you, if I am insincere with you all right, if I am insincere with you, I know I am insincere, I have to be insincere, and I have to be this way, and then I don't bother about you. But you didn't want to do it, isn't it, or you wanted to destroy him? See the whole thing is, you have no sense of true love at all. It's a very possessive, selfish, very wrong type of love which will be the basis of all the decadence, I think. Decadence of everything, because it starts, gradually, see, dropping like a leprosy, it's like a leprosy, I think, that eats you off, I can't understand, why should a wife, any wife, try to destroy the image of the husband who is coming up so well? It is beyond Me.

I can understand you have some ambitions about him, like you see, Mao's wife had some ambitions, or say some other political leader's wife had some other ambitions or something. We can understand that. Or if you loved somebody else I can understand, or if you, I mean there must be some reason for doing something. I just cannot understand psychologically also, how is it possible for no rhyme and reason that all the time what you did is to destroy all the relationships between Sahaja Yogis and him, the complete Sahaja Yoga framework which I had within, you tried to cut it one by one. There is another [unclear] which I know, which has come up now before us and that's why people are quite worried about you going back there. Now you just tell Me, if you can give Me any valid reason for this kind of a thing, then I will understand in the future because I really can't understand you, I just can't understand you. This is not the first time I am telling you. Did I talk to you today? I have been telling you, you had a problem, all right, that was cured. If I had no love for you I would not have cured you. I cured you for that. Again I told you, be careful, this is what is happening. How many times I have told you, that this is what is happening, what is the need. Right from India you started misbehaving. You are the only one who has misbehaved like this. On top of that you used to cry and weep and make a big show out of it. Then you told people, oh, you can't live with your husband if you are in Sahaja Yoga! Yes! People, how will they know, if they have not been to India? All the stories you told about India to them, that this happened, that happened. Then you told people, now I have become now a medium, everybody will become a medium. Frightening them. Talking about people, why should you be so petty-levelled? You just tried to talk of petty things of life, here I am to give you something so great. And you couldn't see, your husband can't live with pettiness, can't you see, clearly, he doesn't know, he is too big a man to see pettiness in you. And while you deal on petty levels, even a person who lives with you can see it clearly. That you are very tricky and you play around with him and create an aura like that all the time, that you are very, very insecure. What are you insecure about, I would like to know? You better find out, I'm telling you, you better tell Me what you are insecure about. Look at it, just see for yourself and tell Me, what are you insecure about? No, you just tell Me, you just think before, after your marriage, what made you so insecure suddenly? But how can you make [unclear] insecure.

It is the superego that makes you insecure, how can ego make you, ego was the dominating thing, but did you take a plea like that? Then if it was not, then what made you feel that you were insecure? That you were, that your ego was just playing these tricks, that you are insecure? But there is no insecurity otherwise, isn't it? It's a very complicated case. You are so happily married, such a nice man he is, he's a left-sided person. I thought you were a right-sided person and you will give him all the support that is needed, you will help him. And otherwise you are very sweet to talk to. And in your sweetness you say things, I was amazed how you could devise these things to say. Now this is not true love, I tell you. This is not true love at all. Actually, you do not love him, this is the conclusion I have reached. I mean, love has an instinct, it tells you, it is the knowledge. If you love someone, you know each and every thing about that man. And I do not think you love him, really, it is just possessiveness, it is just an idea, oh, I must have a husband like this he should be, under my thumb. But it is not true love of any kind, because love sacrifices. Love is the most enjoyable thing, because if you are playing with some sort of an image of your own, that you will be a

woman sitting on his head, or something like that, it can never give you joy, never happiness, if you try to dominate someone, it will never give you happiness. This is not true love, this is the conclusion I have reached. Now, you tell Me, is it true love or not? What makes you think that way?

Supposing a mother is destroying the child all the time, will you call it a true love between a mother and child because only happened to be the child of the mother?

Sahaja Yogini: I didn't think at the time, Mother, that I was destroying him.

It is simple, you just loved yourself. You created an image that you are insecure, which you just now said, all right? Now, you are trying to overpower him, that means you are using him as an instrument to play with your ego. Poor man, he himself is a left-sided fellow. And then, now you are saying that you didn't understand. But how did you understand that you loved him? What made you think that you loved him? No, I understand when you are newly married, I am not against that, you do feel more attached to a person, you want to live with that person and all that, but in a decent and a decorous way, not indecent type. I mean, I don't expect Sahaja Yogis to be cheap type people. But whatever it is, you see, supposing he has a job. He told me that, some things, Mother, I must tell You, which was also something really not worth even thinking of, but I was amazed that he just brought it to Me, this thing that, Mother, she was married to me, I had to meet my other friends, business friends. He wanted her to meet them but she would not give up her rustic ways and she wouldn't take to the ways that I would like her to know how to behave, or things like that, sometimes she would sit in a way that may not be all right and this, so I said, why didn't you tell her? He said, but she did the way she wanted to do everything, in a rustic way, she's a rustic girl and she wouldn't get little sophistication that was needed in the society of my friends. This was what he told. So I understand, I like if you are a rustic person, you must keep your personality, this, but if your husband has to deal with friends, again, in his business also, I mean I am 'Avadhuta', I am not bothered about anything, even if I have a torn sari it makes no difference, if I wear anything, it doesn't matter to Me, but only because of My husband I have to dress up well. Because of him, I have to use all these things, I have to dress well, I just do it because I don't want him to have an image of a wife who is a some sort of a hippie, going around. This is what he told me, even about his official friends, exactly he told Me this.

Now this is what happens in all directions, this has happened. Not only with Sahaja Yogis, and poor fellow, he was so dominated and he felt that, you see, because he is denied one girl perhaps he should be kind. You see, this idea about kindness and all that, it is being Polish, they think you have to be kind to people, because they were oppressed by Germans so they are conscious that we should not become like Germans, you see. And in that sweetness, you see, I think he really spoilt you in a way. That also you never realised, that in the presence of his friends, how you were behaving towards his official friends. When I sit down, when resting, so you could not see the point. This is it, a woman will [unclear].

For example, I was married to a man who was about two thousand miles away from My house, where I lived. In the society where I lived, Maharashtrian society, it's where they don't even cover their heads. But in my husband's place they have to cover the face, also. I did everything, just to please them, just to keep them happy. Because my husband is not alone, his family is with him. All his people are with him. His family is that of Sahaja Yogis, and also his business is important. And he perhaps must have thought you will never listen to him or you will not like it, so he might not have said it to you also so clearly, but every intelligent woman must see that it is not only you as a hanging on the string [unclear] who is loved. What is loved is the whole of you. But I must say he has true love for you. He has true love, and this is the only thing that makes me really very unhappy, that such a wasted love it is, such a wasted love. He has true love and that makes it even worse, because supposing you go back there and you try to play the same tricks then what will happen to him? Think of it, what will happen to others? Because anything he might be correcting you, I don't know what is my conclusion, you must be jumping on him for that, you must be quarrelling, why did you say so, all those things. Must be. I know the ego of English people, they have to learn a lot from others also, like I would say definitely, people in Geneva are much more humble and sophisticated. No doubt about it, isn't it, Gavin? You go to any shop, everybody says 'Good morning, Madam', I got a fright actually when they started saying too much 'Good morning', I said 'what are they up to?' I just couldn't understand, because here nobody would say 'Good morning'. You go and talk to any shopkeeper, he talks to you as if he is at least if not anything, Pancham George born again on this earth. That's George the fifth in Indian language, we call him 'Pancham George', means ego personified. And this is the problem, there is no mannerism in this ego but

they are very sophisticated and whatever they do, there is a kind of a special, subtle level of expression which is very delicate, which of course, the British don't have, you see, they are more busy with the swords and not with the knives, you see. So in everything, you see, they are little gross type, so there is no harm in learning good things from them. The way he dresses up, isn't it, Gavin? It's a smart fellow, you see, even in the dressing and all that. I think you need a little training, it's all right, doesn't matter, if you have to go above him as a lady, he's a big manager of a show and all that, then you must dress up that way, you must learn to mould yourself that way, that you behave in a way that is ladylike. On the contrary the way you were behaving in India was very ridiculous. I mean, people would not like to see your face again. This is the [unclear] I told you what the wife said, that 'what an inauspicious person you brought here, we just can't bear to see her, and everything is going wrong, we are not getting any seats or any reservations of rooms because of this woman who has come, who is so inauspicious'.

This is the thing, we call it 'bhadrakali'. Bhadra is auspicious, Bhadra is the one who grounds it to pieces, that's what he told, that's a general term they use. She has put all the auspiciousness, she is grounded completely, in the sense that she has made them into pieces. You see when we do that, use that 'dhur' [?], you see where we grind the wheat, that's known as 'dhur', and 'dhur' and that means that is what they are doing, is the auspiciousness is completely shattered by this lady. And I didn't know what to say, and I just laughed and he said, 'Mother, what are you laughing, I have got tears in my eyes, can you not send this woman away, do something about it, please tell her'. Only thing is, he was just requesting Me that somehow see that this woman goes away. 'We don't want to see her face'. And when I told you at least in Vaitarna you started to cry a lot and make a fuss out of it. You were an uncontrollable person, always got into tantrums. I am sure you must be doing some such tricks with him also. When I could not control you, how can he control? I am the one who controls so many mad people. He could not control, you did what you wanted to do. I told him not to talk to you so you went round telling everybody, 'just see, I can't talk to my husband'.

So Sahaja Yoga is a thing to be understood, is not for the marriage. Marriage is for Sahaja Yoga. And I do not know if you are that petty, and if you are that small-minded. You can never see the depths and the greatness of Sahaja Yoga and what your husband is. These two things you have to see in mind, that you have to grow to understand and visualise the greatness of Sahaja Yoga. You could have married somebody else, would have been much better, that would have been a thousand times better than marrying this poor soul, that is Matthias. It would have been really so much better. I made a mistake, Myself, I think by not understanding. Because I don't know you even, I could not understand when you came as a Sahaja Yogini, why will you try to destroy his image as a Sahaja Yogi? But this is very true of all these Western women. In a way they do not understand that the husband is their decoration and if you make a husband a rat under your feet, then you have no position also, you are not, he is not called as Mr, with the name of the lady, like Mr Susan, he will be called. You will be called as Mrs Matthias, so if you have a rat under your feet who is your husband, what will be lesser than that? That's what it is, everybody is frightened of you. And even before coming they were saying 'Mother, Matthias is so much changed, so much better, and we hope he keeps it up'. They didn't say 'don't send her back' but in a way suggesting. And then Matthias rang me up the other day and I said, 'Matthias, what happened, where did you go? How is it that you are catching so badly? He said, 'Mother, I had a talk with Susanna'. Just imagine, talking to you he was so ruined. So you better tell Me what are your plans. You better tell Me now. I would like to know what are your plans. You tell Me your opinion about Sahaja Yoga, and about Matthias, and what you want to do. You said you are a seeker. Right? Then what are you seeking? In all these pursuits, did you seek your Spirit? That you agree, you did not seek your Spirit. So it was nothing but selfish seeking, all right? But now, what do you say about it now, in future?

But how will you do it? How will you change yourself? Is it only because you want to go back to Matthias? Supposing you don't go to Matthias and if you have to do Sahaja Yoga somewhere else, would you like to do it? Shall we try it that way for some time? I understand you have some, you are possessed and you had this, your grandmother, you are working on that, but to pray to that extent, you know? It's not good, isn't it? It cannot be only possession, there is some sort of a thing in you also, some fault lying in you, otherwise possession can't work to that extent. And it's a very bad example for all other Sahaja Yogis, this is the biggest problem we are facing. You have done all these things, I feel in my own forgiveness, you see I might, we'll work it out for some time, that you forget about him and I'll send you somewhere where you can work for Sahaja Yoga.

Sahaja Yogini: I would love to go back to Matthias sometime, I would try my best to be a real Indian wife.

No, no, no, what I am saying is let's try something else. You have tried that, you see, this is the problem is, because everybody is

frightened of you there and if I send you back, already they are in a big shock with something else. We have had another shock from someone else you see and it is to such an extent they are frightened of you that whatever has happened in Geneva, one of them remarked, maybe Susan's fault. Can you imagine? They are good people but they are so frightened of you. So I would say, why not for some time, after all, doesn't matter, you should go and show your marriage as a Sahaja Yogini, then also Matthias will be all right. He is also nervous, quite nervous, I must tell you. Let's see this way, how you work it out. Should we? Now, when it's an advanced case then you cannot, but I would just say that you forget about Matthias for the time being. He is very nervous, naturally, and also all the Sahaja Yogis are much worse, much worse, because he thinks that, you see, you have a way of just getting round it and he can see how he was destroyed, he can see that. He saw it very clearly, and he told Me, 'I am so happy now, Mother, really very happy'. He was furious with you that day, this I can see Myself, very happy. So forget about Matthias, think you have not met him at all for the time being, let's see, work it out. You see, by this, whatever are deposits in you may disappear. And let's see how you work it out. You see, how you deal with others and how you talk to the other Sahaja Yogis. Let us send you somewhere else where you can work it out. Where would you like to go? Gavin, don't you think so?

Now, you see, we have people I would say, many like this kind, but not to this extent. This is the last word. I hope there won't be anybody higher than this. Because I won't be able to deal. It's horrifying, horrifying, I can't believe it because I am here, just to do good to you. To the whole humanity, to work morning till evening. I am 24 hours at your command. Whatever you say I try to do. To help you, so that you feel all right, confident, secure with your human problems. And then suddenly, you jump on Me like this from the back side. You see it is very dangerous. I don't know, even a little more in the ship can cause the ship to sink. And I don't know who are these people, like Judas it is. I get so frightened of such people who don't [unclear]. And then the whole thing becomes so hateful to a person, you cannot imagine. Gregoire's mother was the same style, I would say, very much. She is also a Gemini, for your information. I did everything for her, you see. First she wanted to destroy her husband, she did everything, she destroyed herself, she wanted to have a divorce. She was going for a divorce, because her husband discovered her. I said, all right, if you want you can have a divorce. Everything she wanted, I said all right, go ahead. Gregoire told Me, 'Mother, have nothing to do with her, she is a horrid woman', this thing, that thing. Now what she has done, she is the one who has played the trick, and you must read Gregoire's letter to understand how far hatred can go. How can people speak [aside: can you go on my table, there is Gregoire's letter, can you bring it to Me. I would like to switch off.]

Until they are Sahaja Yogis, I have decided not to marry any half-baked ones, unless and until they have proved their worth. I don't think Adi Shakti should really witness any such weddings and then feel that what, I really cheapened Myself, see? So it is better not to go into such marriages, which has no meaning, which is completely destroyed. So first the Sahaja Yogis must prove themselves, their sense of responsibility, their understanding. And one has to feel responsible, that you are doing God's work and His wrath will be on you, I mean people who are responsible are not to be frightened about His wrath at all, there is no need to tell them about it. But those who are not yet responsible may come up with the idea that, to be responsible is important. But fear can never make you really responsible, never, it's never fear but is the joy of being responsible. If anybody does it under pressure or under any persuasion or any compulsion, that won't be Sahaj. Sahaj means it's done as if it's your own, as if responsibility is part and parcel of your life, then only it should be done. If it is compelled to you because what will Mother say, what Matthias will say, what others will say, nothing! I have to enjoy my responsibility as a Sahaja Yogi. You have to come up like that, if you come up like that, then only you will forgive yourself, also there is another danger that you may not forgive yourself because facing yourself can be very dangerous, so this is one of the things you have to do. Now the worst thing you have done is to get pregnant at this time because the child will suffer, whatever is going in your mind will have an effect on the child. I am rather worried about the child. I told Matthias that I will give you a realised soul. If it's a realised soul it will suffer, if it is not, it may have other complications. So this is another problem you have created for Me, really, this is a greater problem. You were not in a condition to have a baby. It was very low. And I don't know how we managed it, because you also had breast cancer, which is cured now, it is all right but how will you nurse the baby? With a breast like that? Will it be all right? Because hardly any time has passed, I mean, I didn't want to tell you, I thought you were intelligent enough to understand that you should not have a baby for some time. Any doctor would tell you that. Because you had a problem. So it's not fair to the baby. You must get rid of your possessions, it's very important, all these possessions are no good. They can create lots of problems. Recently I have discovered, of course, I knew how cancer is caused, but I have discovered that if you have a sex relationship with a woman who is suffering from possessions, you get a very serious disease called multiple sclerosis. All the three cases I have seen of multiple sclerosis had wives or husbands who were possessed. It's very serious. You see, as Sahaja Yogis we know much more than

others know and we should be cautious, we should be careful. We must create children who are healthy. Like Peter Pearce wanted to have a child. I said 'no', but they wouldn't understand and now they have a child who is mentally, I think, is not all right. He is a [unclear?] child and I don't know what will happen and he doesn't talk even now.

So dedicate yourself. By dedication if it's a realised soul it will feel happy and by dedication, if it's not a realised soul maybe it might get realisation as soon as it is born. But otherwise you will create a problem for the child, because your mind has to be happy, you have to be happy, you can never be happy with artificiality and some sort of imaginary fantasies, you see, they are empty, absolutely empty, they are never joy-giving, they might be ego-pampering but they are empty things, they are good for nothing. You can't live with that. They are useless, you must face reality as it is, you can't run away. You cannot create your own paradise and live in that, isn't it? You have to have a real paradise in which you have to live and that is what one should establish. I see all these women and men walking on the street with the hands and this, in everybody's neck and all that, what are they ending in, into goats? Having cases of divorce, or some sort of a case where husband has murdered the wife, wife has murdered the husband, nobody can believe it, nobody can believe it, these things are happening. So what is it, that such a lot of demonstration, or we can say, horrifying, it's a horrifying, what do you call that, horrifying pictures, sort of thing that you see, horrifying thing. When I see two persons walking like that on the street, I said 'Oh God, where are they going to end up?' It's not going to lead you to any perfection, I tell you, it's just you are dreaming all of you, are dreaming. Thanks to people like, horrible people like these poets you have and these people who sing the songs of love and romance and this and that, all nonsense, it's useless, what about their own married lives, how did they live their own married lives? Just have a look, when they sang these love songs and this and that. All right, if it is truthful, one can understand, that's very rare. Normally it's all nonsense, most of it. You see some people have mental projections and some people have imaginary projection. Both are just the same. But this imaginary one is really destroying, because at least mental projection you can suspend yourself for a while, but this imaginary projection, you just fall down in no time, and that's why suddenly people discover after two years of life [aside/hello, come in, come in] oh, my married life has changed, what has happened, they have just a spin, you know, 'oh God, all our relation has gone, what fantasy, all that glory has finished, what has happened?' Why am I like this? After two years or three years, five years, maybe. Actually, because it was all nonsense they were carrying on with. Now after all that, the dream is over, now the marriage, now the true love starts, and that true love never demands, never demands. It gives, it goes on giving and it only demands when it is required to correct the person. For example, the husband comes very late every day, and it is telling upon himself, then the wife will say 'why do you come so late?' That's good, for his health, not because she wants to make a rat out of him. That's good, that's not demanding, actually, that's care, that's companionship. Companionship cannot be that you get attached to each other and, just if you have seen two horses driving the cart, then they are kept apart, if they rub each other all the time, the cart would move! It is just a common sense, you know, you must allow another person to have his movement otherwise how will you move? It's the point, when they walk on the road also, it's so dangerous, the way they walk, I can't understand, why should they stick on to each other like stamps, what is the need?

So to have a better married life, what should we understand? That we must inculcate the ideas of true love, the whole brainwashing is needed, because so far whatever you have in your brains are all imaginary nonsensical, romantic, funny ideas. They are not on solid grounds. They are in a balloon, you see, so you must know what is true love. And true love enjoys sacrifice, giving. From your Mother you can see, I enjoy giving and taking. Giving is much more enjoyable. So this is one thing, secondly the partner has to grow more in his collectivity, otherwise it's not a marriage. If his collectivity is reduced by your presence then he is not your husband but it's just a person who is used. Arneau is married to his wife. When I told them to go for a honeymoon, they said 'Mother, best honeymoon is with you, when we are going out to do Sahaja Yoga'. Just imagine. Kuli got married, they got married and they came with Me to Exeter, I said what are you doing here? Why don't you go for a honeymoon? They said, 'Mother, where is the honeymoon? We don't enjoy any honeymoon, we are enjoying being here. But I had to fix them up, I told them to get a room in a hotel, when I came, I said 'you stay back, you are not coming with Me'. That looks so sweet, you know. That everyone wants them to be together. It should be the desire of the collective that you should be together. On the contrary, if you behave like this, everybody will say 'God knows, now he has gone inside, now what is he going to come out with?' Not good now. And then if your husband doesn't agree to your style, it's even worse. Then you feel miserable, much worse. [Unclear] You feel that you have not achieved anything. That you wanted to have him there and he just didn't listen to you. If he becomes a hen-pecked, absolutely a cabbage, or as I say, a rat under your feet, then he is a good fellow, you want to look after him and look after the house, arrange a few things here and there, no, but he must be completely under your control you see, all the time holding your

hand, or your neck, or your, I don't know, your waist or whatever it is. All the time. Then he is a nice man. But if he doesn't do all these things in the presence of others, you see, to make everybody feel that you have completely possessed him. But there are many ways of expression which shows that you are very important. First of all you must know how that person is important, also, if you do not know how that person is important, how will you know his importance? You see, just you feel for a person 'oh, you are very important'. If he is a complete fool, only then he will believe 'all right, if this woman thinks I am very important, I must be the angel'. He must be a real fool to think like that, isn't it? He must get this from everyone. If the wife sort of garlands the husband, does his aarti and sings praises of him, writes poems after him. Have we to believe that he is really that? Can you believe? Tell Me, is it possible? Nobody is going to believe that, isn't it? You want the sanction from My approval of what you feel about your husband. Or he would be the greatest idiot to believe that what you say about him is something great and he shouldn't bother about others who [unclear] him. So then [unclear] how far are you building up the opinion of other people who would like to praise your husband? This is what one has to see.

See, the relationship can only be established when you understand that he has his own image, you are your own image and they do not fuse together the way you think, they do not. This is the problem with you people is, I don't know, by holding each other's hand, I don't know, how you fuse each other's images, see. And these things cannot be done on the street, I mean things that are to be done in the drawing room must be done in the drawing room. You can't bring the whole bathroom in the drawing room. So there is no sense of decency, no sense of decorum, there is no sense of sacredness, of marriage, marriage is sacred. That's why it is so secret, you cannot expose, that is one relationship is so secret, between you and your husband, that you cannot express it outside, it is so deep, it's like the root. Nobody can see it. If you see an Indian wife, I mean the husband and wife will never sit together, never whatever you may try on the same sofa, in the presence of others. When there is no one, it is all right, that's a very different thing altogether. But when there is anybody else they will never sit next to each other. Now you have lived with Me for some days, have you seen CP sitting next to Me? Anytime? Even holding My hand, anytime in life? Never. It's not done.

I will tell you an example. I was at the airport and one soldier, you see, came back from the war and we knew the mother, father, everyone, and he is an actor, father is an actor, he was also something like a commander in the army and from the war. He was a prisoner in the war and when he was released he came back, and we were at the airport. Many people had come to garland him and all that, and his sweet wife was also there, she was expecting, standing on the corner. She just looked at him from advance, little glance and she would just stand. Father went, garlanded him, mother went, kissed him and hugged him, everybody went. Just standing, waiting. So sweet. Understanding was so great. I mean we don't even say goodbye to each other, nothing, when we part. It's so much there that there is nothing to be expressed outside at all, nothing left for expression outside, it's everything inside. That's a deep love. Remains to say that in India people who don't show off these things on the street, they are not in love with each other. They don't have divorces at least. I mean in India, people won't sit like this, a man sitting and a man sitting next to him, and then you see, the whole system is worked out in such a funny way that in a dinner party, you must sit with someone else's husband. It's hateful, you don't want to sit next to another man's body, you see, you just want to keep away from such a person. Because after all he is not your husband, why should he be so close to you, you don't like it. But you have to sit next to him because you are so much, all the time good to your husband that perhaps you want to change. I don't know why they do it, such a nonsense. But in India, if somebody has to sit on a dinner party or in a cinema, for example, then how will he sit. Supposing My husband is there, then I sit next to him. Then the wife of another person will sit next to Me, and then the husband, then the husband of another person, and then the wife. We always sit together, in dinners, in any place. Then we don't just go on hugging each other or sort of. If we have to sit, if it's a combined dinner, then, but if it's a separate dinner, then ladies sit together and men sit together. That's different. But if it is combined we don't sit next to other husbands and wives, that's not done, it's wrong. But then you don't mind, because, I just can't explain, on the street you will walk and if you are glued together, and when it comes to anything formal then you are supposed to talk to another man all the time and another woman all the time. Something I can't understand. In formality you are so absurd and in informality you are so shameless. Absolutely shamelessness I tell you. Really shameless and if you see, even your children when they are small, they don't like it. They close their eyes, I have seen. They don't like because innately they have an idea of shame and understand that the way they are behaving is nonsensical, it should not. And the bad effect of it is this, that Genevieve told Me that in this international school even the girls and boys of ten years are doing that to each other. Ten years of age! Because there is no shame, you see. It's not to be done in the presence of children. That's how we destroy all the innocence, everything and just a show off. The main thing is that you create an image, create a dream, create a kind of a hallucination and live with it. And it's over. And then you think 'Oh God, what has happened'.

Actually you people really get married when this nonsense finishes. Before that it's not a marriage. For us this nonsense never exists, of course, I mean you feel attached to the husband very much and this is always, you are feeling attached but then after marriage you do, then the husband, 'we would like to talk to you', you see, knock at the door, somehow, but the wife is 'just wait, you see the mother is sitting here, I can't come'.

There is so much enjoyment in that kind of a thieving as you can say, that you just escape to your husband gradually and he escapes to you. You see, it is much better, it's more dramatic. It's so easily you get it that you have no value for that. There is no, what you call, the hankering of it. It's so on the street, it's so cheap. Any man who walks on the street, he is there, his hands are out. Any woman you meet, she wants to put her hands around. What is this? This will never give you that exclusiveness, that value for true love. I mean true love doesn't talk, it is there, it exists. It doesn't show off. It's too great to give up its dignity. So you get over your complexes now. There has been a problem, serious problem and I think people of your kind should be first of all found out somehow. That's what my problem was, that's why I asked you, what made you do it. If you are a seeker, say I get another seeker like you, imagine. Somehow we have salvaged Geneva, after your departure. Otherwise they were all finished. They were all against each other, and very much against Matthias. They wouldn't accept him as a leader. I found it impossible. Same with [unclear] it happened a little bit, but Jane, that way is one thing, she will not give up Sahaja Yoga at any cost. You may cut her into pieces, that's one thing against Me and against Sahaja Yoga. She will sacrifice everyone, will sacrifice her husband, her child, everything for Sahaja Yoga, that's her thing, though she was not very sensible about things, all right, but she will not give up Sahaja Yoga. That I know, for definite, for her Sahaja Yoga is everything. If I tell her to cut her throat for that, she will. Of course, she is possessive, she has problems but not to that extent. She understands Sahaja Yoga is the greatest thing. That's a beauty. But yours is that you even went to the point that you didn't see Sahaja Yoga's greatness, you got lost. And everybody had a feeling that you will use Me, use Sahaja Yoga, just to find a husband for yourself, like Matthias. So this impression has to go. Only way is that you work out something in Sahaja Yog, so that we will establish. For example, Hugo didn't want to marry Barbara at all. And I told him, 'Why?' He said, 'Mother, only thing, is the way she makes a [unclear: door] out of me, I can't bear it. And all the time she is after me, she is so romantic, the way she looks at me, she wants to touch me and I can't bear it. She's not here for Sahaja Yoga, she just wants to have. I'll have nothing to do with her and I'll never marry her'. I said, 'but it's great that some woman loves you, you should be happy'. He said that 'it's not love, because she knows that I don't like all that and I would like that she should become a great Sahaja Yogi, that's the main thing.' So I sent her to Vancouver. Then we realised, I told her 'that's the only thing you can do'. But I told her also another thing, 'don't do it just to please him, it's very low to do it for one man, who is he after all? Why do you want just to please him? Why not try to please Me? Or please yourself. And that's the best way, is to please yourself, you please Me. And she did it very well. Which bull bears more load on a bullock cart? Let's see. But this mixing up has to be, first of all neutralised, you must understand this romanticism and now don't dream that 'oh I was with him' and all that was nonsense, finished now. Reality is reality, the dream is over. All right? Now forget it! That was only ego-pampering as you said. For that, whatever you have tried through your ego, forget it. Otherwise this ego will never disappear. All right?

May God bless you.

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It Is Eternal Life

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It is such a pleasure, again, to come to Hampstead and to the town hall of Hampstead. Hampstead has a special place in the play of the Divine. Perhaps the people living in Hampstead do not know the significance of this place. But we know there have been great poets who have been created out of the beautiful atmosphere of this area and one of them was William Blake who has said a lot about the future ascent of man. He is one of the greatest seers of modern times, I should say. Into such details he has gone that it is surprising how a human being could reach that height of understanding of the Divine laws.

We understand the laws that are made by human beings. These laws also have come to us through our unconscious, through that great energy within us which inspires: how to regulate our lives, how to improve and how to give the basics, [the] required securities in life. The whole social structure was based on the laws that we received from the unconscious. If human beings think that they have got these through their mental projection, they are sadly mistaken.

Whatever you project through your mental effort is actually dead. It's already there; whatever is known to you is in the library, you have to just read it. But whatever new has to be known comes to you through the unconscious. This unconscious knows the Divine laws and, by the time it arrives at the human awareness there are some distortions, there are some misunderstandings. That's how we go on improving our systems, our governments, our ideas - how to change, how to be more peaceful, how to be more congenial with each other, how to keep countries together, bound in some basic things. But alas, what we find is that human beings have separated themselves, nations have separated themselves, the whole world is on the brink of breaking into pieces.

The laws that are based, actually, basically, on the fact that man must love man, sometimes start creating hatred amongst human beings. But Divine laws never change. They are eternal laws. They are the laws that are made for only our well-being. Nothing bad can come through them. And to understand these laws we have to enter into the Realm, the Realm of God, into the Realm of where they operate, to understand them. For example, to understand the laws of England, I had to come to England. In the same way, you have to enter into the Kingdom of God to understand those laws and you are amazed how effective they are, how universal they are. Supposing there is a Sahaja Yogi in London and one in China, another in Russia and one in Australia, they speak the same language, they know the same thing, because these are the laws manifested by the All-pervading universal Divine power of the love of God. It cannot be contained into small pots, into small nations, into small brains of human beings. Those laws govern us everywhere. For example a flower becomes a fruit under that law. A seed becomes a tree under that law. Your heart pulsates under that law. Your food is digested under that law. You are brought to your balances, also, under that law.

For example, if you are an extrovert, you work very hard and you think of the future all the time - your heart will be attacked. Supposing you work too much, means you work with your brain, your heart will be attacked - a balance. If you work with your heart too much, you are an emotional person, you weep too much, cry too much, then your brain goes out. Look at the balance! The heart should go out but the brain goes out. All these balancing forces are worked out by this All-pervading Power of love.

Now many people have talked about this All-pervading Power of love. Everybody says, "This is love". There's a big organisation coming up every third day, I find a [new] organisation of love! This All-pervading Power has been felt by so many before, but when they wrote of it others took a key from that, or a clue from that, and started dead organisations in the name of All-pervading Power.

Now, this All-pervading Power is a very subtle thing. At this human level you cannot feel it, it's a fact, you cannot feel this All-pervading Power at all. If you say, "I feel it!" then you are denying the reality. If you want to live with unreal things, [be] dishonest to yourself, then nobody can help! But if you are honest you have to know that this All-pervading Power - when you have - you yourself become collectively conscious. You yourself have a different awareness than what you have [before]. Now people might say, "Alright, We have felt that different awareness! We are there!" The other day somebody told me that, "I am God-realised!" I said, "Alright, now there must be something special about you to be God-realised." And when we talked about things I was amazed what he was saying! And I just couldn't believe how could he believe into such a thing as pronouncing that he was God-realised. So we have to understand that, when these laws operate, they operate but we do not know about them, we cannot feel it. At the most we might see a flower becoming a fruit but can we say how it becomes? It's a living process.

All living processes can be only reported, but they cannot be explained. For example, you can say, the foetus is there, the foetus has to grow and a child is born. This is just reporting! But how can you explain that a foreign body goes into a human being, into the mother's womb, and it is not rejected? According to all laws known, everything that goes into the human body has to be rejected. But it's not rejected, it is nurtured, looked after, loved. And then at the right time it is thrown out of the body. Who does all these things? We don't want to know about it. We have turned our faces to that. We never explain that. We can report that there is gravity in the Mother Earth but how there is gravity and why there is gravity, that we cannot explain. Alright, this is being very honest I should say, that, whatever we cannot explain, we should accept it. And we have to now know is there any method to find out how these things happen, how it is worked out. After all, in the realm of science, you haven't found out everything so far and whatever you have found out you have only found out the things that you can see, perceive, by this human awareness but nothing beyond. You cannot explain anything. And once you know that you cannot explain, you just take it for granted and say that, "It's alright."

One of the things that we have taken for granted is our human awareness. We do not want to think that there must be some reason [that] God has made us human beings. We know there is evolution, that we accept, thank God! Now no more somebody is going to crucify me for saying that you are evolved! Nobody want to think why, why are we evolved to be human beings: to be crazy people? To be paranoid? Or to be just insured in some insurance company? To die? Or to love two, three children and to leave all the money in their name? Or some sort of a limited sphere that we think of, in which we find satisfaction? Was that the reason for this Universal Being to create us into a human being? There must be some purpose, it cannot be purposeless. Why did He create us? We must all think. Is it just to slog and run a rat race and then die? Or is there something beyond? And when people start thinking about something beyond then some create an image of God and say, "Alright, there is God." Then they say, "Alright, if there is no God, there is some sort of a Cosmic power." Or they have given big, big names to all this unknown power. It's a simple name I give it is - Love of God. That also many people use, you will be amazed. 'Love of God' - many people use it. But when you know this love of God then this love flows from you - it just emits, it acts. It works out the way a flower becomes a fruit, in the way all these things happen. This flow of love acts and that action, you may call it 'miracle' or whatever it is, but it's very natural, because if it is flowing now on a level that is available to you, it has taken you to a subtler level from where you are emitting this, you get connected to that tremendous power of universal love, then it must act.

It's easy to talk about it. I mean you can have people who can give lectures and lectures and lots of lectures about love. Also you can see groups of people just moving in a wave like some drugged or alcoholic people saying, "Oh, we are all in love you see! We are moving." But it doesn't act! Love has to act! If it is not acting then it is not God's love, it is some sort of a mental projection or maybe your imagination that you are in love and you are in a romantic situation or some sort of a thing like that! It's something like any other human romantic adventure. This is not Reality. Love of God, in Reality, acts, manifests. And how does it manifest? As Mohammed Sahib has said that, "At the time of Resurrection, your hands will speak." Their mouth only speaks, not the hands. With the mouth they will say, "Alright, this is in love of God we are doing this." Sometimes I see all these plays going on, or we can say the circus going on. I am amazed how can they befool themselves and befool others for nothing at all. When this dynamic love flows it acts because this is the vital love. This is the love which has energy of giving energy to others. This is the love that combines all the energies of the world. And if this love cannot do the work of those energies, what's the use of having this love or talk about it?

So the time has come for people now to face it directly and see it directly, what it is. But the most surprising thing is that human beings don't like the Truth, they don't like it normally. If they are put some show of artificiality you will get thousands of people here sitting down. You may get the whole of Delhi caught up into it; some sort of an artificial thing which has no relationship with God and his love, that is very much more appreciated. Because people think [that] by that they don't have to achieve something; there's nothing to be done about it. For example, if I say I am going to take out a diamond from the air then thousands will be impressed, especially in the developing countries where they think diamond is the last word for God to give us! It's a headache you know that. Thank God the diamonds have now gone down in value! So now they will take out something else from the air! But there are many who are mad after such people who materialise things and give you. I mean, one should use the brains! God has given us for using it! Do you think that God is interested in giving us diamonds?

Then there are people who will tell you, "Alright, if you stand on your head for ten days, every day, then you will have your Realisation, you will become a great man." So they will do it, because it's a challenge to the ego. But after ten days, having all the headaches and all that, you go to the gentleman: he'll say, "No, these were your karmas! You had some blockages. And this happened and that happened, that's why you didn't get it!" So you do it with a double energy, the same thing again for ten days. Within one month you are starved, finished, and you might develop epilepsy or something and finish off in a lunatic asylum - could be, anything.

There could be some other type who would say, "Alright we must all meditate. Meditate here, meditate there." You cannot meditate! You have to be in meditation: means you have to be in that subtle awareness where you are collectively conscious. It's an awareness. It's a higher awareness than what you have. Now then they start meditating - meditate on this, meditate on a light, meditate on your head and all that. You are to be connected first. Even prayers are the same thing. If you are praying, praying like mad, God must be fed up, first of all. If not, if He is not fed up with you, at least one should find out, "Are we at least connected with God?" How are we to believe that whatever we are talking is heard by Him? What is the proof? We have to first of all establish that there is a rapport already established between us and God. If it is not so then you are dishonest. Because, if you are a scientist, you must first verify that whatever you are doing, you are doing in a proper way.

I would say most of the people who have been going to different groups and churches and this and that, are thinking, "What are we doing? Are we doing something sensible?" What have we been doing? What did our forefathers do? Is it correct? Did it lead us anywhere or did we lead others anywhere? Why not ask this question?

You see, nowadays, I have seen some people sit down and plan out how to make it more interesting for people to come. I mean, they may start, for example, a discotheque in a church or anything, to make it more entertaining! I mean, is that the way you are going to reach God? That could be the attitude of any sect which is not yet connected with God! That's why I would say that, we, all of us, have to face ourselves and ask ourselves honestly, "Are we connected to God or not?" Now, how are we to know whether we are connected or not? I mean if you believe you are already connected I have nothing to say! Because this argument can take me away to such an extent that I will have no time for others! The other day one gentleman took half an hour just arguing and I had to work you know! And he kept me busy very selfishly and I said, "Now will you please stop it and come and see me some other time!" And the others were all waiting!

So we have to find out how far do we know that we are connected to God. How are we going to find out that is very, very simple. Very simple it is. How do you find out that this mouthpiece (mic) is receiving my sound? That on the other side a person can hear; that means this is working alright. Now if I ask a question and that person can answer it that means he is listening to me and this is working alright. Now supposing my talking on this mic is giving some recording there, say on a graph, and when that person asks the question my answer again goes in the graph which answers his question then he will definitely believe that the connection is there. Isn't it? It's a simple thing. That's the way we do it everyday. There is no question of blind faith. So when your hands speak, you ask a question, it's very simple. You see, for people it has to be something very serious! Oh, you must discuss it and talk in a very serious manner!

The whole thing is extremely serious as if there is a big operation [that] is going to take place: your stomachs are going to be

cut out and something is going to be pushed into it and then your Realisation is going to be worked out! But look at the flowers how they become the fruit. And how did you become a human being? Without any seriousness about it! Of course, it is not frivolous, but it is cheerful!

And the whole thing, if you understand, that this operation is happening because you are made for it, because you are built-in for it. All these things are within yourself! Just it is a matter of connecting you to the mains. And when that thing has to happen it should be the simplest because you have already reached a certain point, only from this point you have to go one step forward. For that you need not spend thousands of years writing books and this and that. But people can't understand. They have a big objection that, "How Sahaja Yoga is just available to people who just come there, their Kundalini rises and they just get Realisation?" I say, "Why not?" According to them you must read some books on law, income tax, everything and then find out about God, ultimately. Or maybe you should belong to some [labour] union or something, to political party and all that you should do, and then if you come to Sahaja Yoga, then you are rightly place for Sahaja Yog. It's not! What books do we read for our breathing? What knowledge do we have for our breathing? Nothing. We breath, that's all! Isn't it? Simple as that! In the same way your Realisation is absolutely living and simple. For that, you don't have to waste your energy on all these artificial things. It's a living process of a living God.

And then it is to be verified. So as Mohammed has said, correctly, that, "Your hands will speak." Means what? To be very frank I must say I am very fortunate, compared to all of them, because in modern times you cannot crucify me. And Mohammed Sahib was given poison and tortured all his life. That won't happen to me. You cannot cut short my life as you did that of Christ. In four years what could he do to these fishermen? What could he tell them? Four years is nothing! I was working on seven British intelligent people for four years - struggling with them - so what are four years for a person like Christ? Whatever he tried to say, in a nutshell, has to be explained. We must find out some other methods by which it can be complimented. But anybody who says you have to go to some other books to find out about him - oh - they will be very angry! They will not have it. They will have their own mental projections about it and they'll produce it before you saying, "See! This is it!" And that's how people are surprised [as to] why none of them are near him [and] how they lead such a horrible life and call themselves the followers of Christ or followers of Mohammed or followers of any other great incarnations on this earth. The reason is there is no relationship, there is no rapport. If there was there would have been no problems because they are all related to each other. As Christ has said, "Those who are not against me are with me." And who are those? I mean you didn't give him a chance to talk much and whatever he has said, he has tried to point out, as much as possible, what is going to happen in the future. He has talked of the future. He has said, "I'll send you a counsellor, I'll send you a redeemer."

He has talked about this, but what about looking out for that? Instead of that people are satisfied: Sunday morning, get ready, go to church, come back home - finished! Then they get angry, then become communist! They think if this is hell, the other is heaven! That's equally the same! No difference at all. Deny God! By denying God are you going to find him out? Like a lady who says, "I love my husband," and goes for a divorce! Something like that. It's absurd.

If you love your God and you want to find him out then how can you deny Him? Alright, some people are wrong but you should find Him!

Within you resides this great power of God, which is the Spirit; which is described by all the great scriptures of the world. Once you get to that Spirit, once that light, the great light of your own Spirit shines in your attention, you are amazed! The whole thing gets integrated: your physical, mental, emotional being gets integrated. That's how you get rid of your diseases automatically. Your Spirit does everything. People sometimes thank me. I said, "What is there to thank me? I mean I haven't done anything." You are like a lamp and there is the Spirit, only the Spirit has come into your attention by Kundalini awakening, which is your own Mother. You can do it the same way, you can do the same work. So there is nothing to thank me about it. And when it happens you become collectively conscious, again I say - you become!

The other day I had a phone call from someone who is a patient, and one of the Sahaja Yogis has been able to cure that patient. The lady, she's from India - she said, "Mother I have been to many sadhus and saints and real saints and seers, but none of them do any upkaar," means they do not try to help us out, "See, we have to go, touch their feet and all that, but nobody does this! And

look at this Sahaja Yogi, for not paying a single pie to him, nothing, he comes every second day and he's cured me completely! And he's enjoying that. He doesn't ask for money, he doesn't take tea, he just comes home and tells me how to do it and just it has awakened now and he's trying to establish it." Nobody does that! If you go to them they'll give you a big lecture: "Don't do this and don't do that!" All kinds of commandments they come out with, but they never help us. Upkaar has no translation in English language, I'm sorry to say, but it means 'gracious helping' in the concrete form. You see graciousness is also we can say, "I'm gracious" but may not do anything about it. I could be gracious without doing anything about it. I can say I'm compassionate but may not do anything out of compassion! Or you can say that, "Oh, she's very compassionate!" But what has she done? It's a concrete thing that you do out of your compassion; [that] is upkaar. And that's what she said and I was amazed really: what are they doing all these saints who are such great born-realised souls.

In India we have many saints, you will be surprised; everywhere I find there are saints. They are quite satisfied with themselves but they are not bothered that they have to help others: and a gracious help; which could be health, could be their well-being, could be their family relationships, or could be their spiritual ascent. But spiritual ascent is the main thing! If that happens everything works out automatically. Like when the light is put in, you see everything clearly. In the same way, once this thing happens, it should work out.

I think there is no compulsion of anything. Whatever type they are they can come to Sahaja Yoga. Drunkards have come to my programme and shouted at me at the top of their voices; they have. Fanatics have come to my programme with a Bible, about to hit on my head! People have come from all walks of life and all types of people. But once they are changed they know this is the Spirit and this is what we have to have.

If you are a seeker you get it much faster. If you are a superficial person you will come only for sickness or something, then your curiosity will be awakened, then you will become a seeker and ultimately you will get your Realisation. It takes time for some people like that. If you are already conditioned and you have fixed ideas about yourself that God is like this or God is like that, then you have to come out of it a little bit, gradually; and then you see for yourself what it is. Sitting in my car, if I had been thinking about this hall, I would have never have been able to see what sort of a hall it is but when I came in I can see it clearly! But supposing I was stuck up with the ideas that I had about God or Realisation or anything, I would have been just there, not here to see what it is like.

So all these things, all the blockages, do retard the speed of Realisation, no doubt, but all of you have to have Realisation because the time has come. This is the special time when all of you must have your Realisation. What will happen if you do not have your Realisation? Many people ask me. I cannot see any answer to the collapse of human beings, collapse of all this Creation, if people do not get their Realisation.

This is the complete emancipation of human beings! All the diseases of the world are because of that, all the political, economic problems are because of that. All other calamities are because of that. The nature is trying to teach you, make you understand. Your own temperament is reacting against you. You are restless. The whole atmosphere looks so dark. That is the time when you start looking out for God. If everything is fine, nobody is bothered about God!

These modern times, called as Kali Yuga, are the best suited and that's why many people who are seeking God are born on this earth and they are a special category of the seeking. They are called as 'seekers' but how many of them know what they have to seek? They stick on to things which are absolutely absurd, which has nothing to do with God. Like a guru says that you can seek God through sex relationships is absolutely wrong. You cannot. Because it is available to everyone! Every person has got it, every animal has got it and the more you are an animal the more you become that way. You need not run away from it, no doubt, but you must have a sane, proper life, a sane married life, a balanced life, then it works out.

As you will grow in Sahaja Yoga then you will see how much harm it is done, to us, to our innocence, the way we have played around with our sex life. It does harm us. It can be seen in nature also how we suffer from diseases and other kinds of problems because we have lost our innocence. It's alright to say, "What's wrong?!" But no, there is wrong; believe me there is wrong. But before Realisation I don't want to say anything about it. For example, people would say, "What's wrong in smoking?" when I first

came to England. Now they know it's wrong. Or about drinking, they know it's wrong. But I don't say, "You don't drink, you don't smoke, or don't have all those habits." I don't say that. You just get your Realisation, then I will talk to you. Before Realisation all questions start, "Why not this? Why Mother said so?" "Why this?" and "Why that?" But once you get your Realisation then you don't say that, you just give it up.

Today only somebody, before coming here, came to see me and he said he has given up drinking. I said, "How?" He came from India and he thought he was an Englishman, you see now he must drink! And he used to drink everything. He became an expert on that. He was about to write a book on that! I mean, there's a science of it! I said, "How is it you have given up?" He said, "Mother, I just can't drink now anymore! What to do?" He just laughed. I said, "Can't drink at all?" He said, "Just can't drink Mother!" I said, "What happens?" He said, "Oh, I feel horrible! It smells like this and smells like that and smells." I think he gets the smell of the molasses or something, from where it has originated. I don't say anything about those things.

Many people have told me that, "Mother, in Sahaja Yoga you cannot come if you are drinking." No, no, you drink a lot. Even if you have got drunk today [it] doesn't matter to me because once your Spirit is awakened it will look after you. You have that thing within you. That correcting point is within you. That joy-giving point is within you. That emancipating point is within you. That ennobling point is within you. I don't have to tell you. Just awaken it and you will be amazed how powerful you became. All your habits drop out. All your slavery drops out and you become a free man, absolutely powerful to handle yourself the way you like.

This is what it is, the Self-realisation. It should act within and without. It acts within you and also without - on other people. If there is a Realised-soul he acts on others - automatically. He need not speak, he need not say anything. But it has an effect of making that person relaxed and see a balanced view of the whole thing. Things change very fast for a Sahaja Yogi, once he knows the technique of manoeuvring this wonderful power. First you have to get it, then establish it and then to know how to arrange it and organise it. Once you know that, you yourself become the guru. There is no need to have these gurus for whom you have to pay such a lot of money and sell your houses and take out your children from schools. You become the guru. But you become the guru who is a real guru. The guru who knows all about oneself, all about the Divine Power and all about the real knowledge of how to impart this joy of Spirit.

I think this lecture has to be stopped now because I have spoken so many times, even in Hampstead; and much more in Caxton Hall. And there are people here who are great Sahaja Yogis sitting down before me, who look just like you, but if you see them and talk to them you will find out they are a different type. It's difficult also for anybody to accept anybody of the same clan as a guru - very difficult. So we had to send some English Sahaja Yogis to India to talk about Sahaja Yoga because if I talk they say, "Oh! She's from our corner. I saw her the other day in the car," or something. But they are Sahaja Yogis and you all can become that. There is nothing like superiority or inferiority. There's nothing like feeling in any way less or more. You are just going to become. You are just ready. They have come earlier so they have got it and now you are going to get it.

These flowers will become fruit tomorrow and the others will become the day after. What difference does it make? Because in the Realm of God there is nothing like time, it is eternal life. It is eternal life where you enter, where there is no time, no space. And that is the life one has to achieve. But not by just lecturing or taking a lecture in, or thinking that Mataji is quite a good lecturer or bad lecturer - whatever you may think - that's not the way. The time has come of actualisation. Of really getting it within you. That's what it is.

Of course for this you can't pay. You can't pay for love. I mean, it's very childish to say but some people think that, "How can it be we cannot pay?" You don't have to pay for it. You can't pay. Payment means some sort of an inferior understanding of the whole thing. This is Divine love. How much do these flowers pay to God for making them into fruits? And how much did you pay to become a human being? How much do we pay for breathing? Maybe in London you are paying because you have stopped all the air to come in! What to do? You have to pay for your own doing, for the undoing of it you [also] have to pay: that's a different point. But otherwise everything is available to us free and God's grace is available to us free. It has to be because it is so vital [that] it has to be free.

The whole system of God's working is fantastic! When you become Sahaja Yogis you will be amazed to know that His

television system, His intercommunication system, are so well developed that we cannot conceive with this mind how quick and efficient they are: they never fail. We may fail, but they never fail.

For all of you who are here I am very much thankful that you have listened to me so carefully, but take your Realisation and then go. You have come here for Realisation; take your Realisation and go. There is no fear of anything happening to you. If you belong to some cult or to some group or to some ideas you must know that you have to know yourself! Otherwise how will you know others? You are in a confusion. There are many people who come and fight for some cults or things like that - I am surprised at them. Why are you supporting anyone which has not given you anything? None of your powers are manifesting? Have they given you some money? No! We have given them money! Then why are you paying money to fight for them? If there is a lawyer, if he fights for you, you have to pay him! Have you seen any lawyer who will fight for you for whom you have not given money? But the cult business and other things are such that you are so brainwashed that you think it's your duty to fight. But where are you? Have you known yourself? Do you know yourself? Do you know your relationship with you and the whole? Do you know your relationship with yourself and this cult of yours which has put you into a group? You cannot have a group. You cannot form into groups. It's a universal thing. That cannot be formed into an organisation. It cannot be organised. If it is universal, if it has to do with the Divine love, you cannot organise. Only if it is something human, which is dead, you can organise it. Alright, do what you like! You [can] have secretaries, president, this that and the other. But anything that is living, you cannot organise. If you try to organise it dies. And that is why one should understand God's love, that flows sometimes as the sap in a tree; which goes to all the places, from the roots it comes and goes all over, gives it's love to the tree, to the bark, to the thorns, to the leaves to the flowers and ultimately to the fruit. It doesn't settle down into one. It doesn't form a group, otherwise the whole tree dies and also that group dies with it. If the tree cannot live how can that group of cells exist?

Also, as you have seen in life, in the cases of cancer, one cell starts growing, it starts growing big and big and big. When it starts growing big it becomes very big and whosoever it touches, it forms a group with that. It becomes malignant. With that it tries to overpower others. You cannot overpower anyone with love. You do not want to overpower anyone. Why should you? There is no need to aggress anyone in this, nor to take any aggression from anyone.

It is the most balanced personality that you develop. Because love cannot be forced on anyone. You have to ask for it otherwise it doesn't work out. You cannot force Sahaja Yoga on anyone. Supposing you come and tell me, "Mother my son hasn't got Realisation, give him Realisation!" I cannot! I cannot do it. It has to work out. Even my own son I may not be able to give Realisation to. If he's not getting it, he's not getting it. You cannot give a certificate to that!

But the way people come, with the attitude, is as if there can be an aggression or there can be a demand. I am sorry, you cannot demand it! You have to get it, achieve it and deserve it, in a way. And that deserving comes through your only one and only one quality: that is the true seeking. If you are not truly seeking, then you will always run after things which are not truthful. If you are truly seeking, then you will discard all that is not the Truth and come to the Truth. If so, it works out very well and very fast.

So may God bless you all.

Those who want to have Realisation have to be settled down a little bit and they have to just put their hands towards me like that. Before that I don't mind if you want to ask any questions. I don't mind. But one should not ask questions in such a way that you disturb the whole audience, you take away all their possibilities of getting Realisation, and try to show off. And if you have to give a big lecture it is better [that] you again hire this hall and get the people and give them a lecture. But here people have come, 99%, to get Realisation. So one should not be like a dog in the manger policy, you see. If you don't want to have it - alright, don't have it. You can go away. As I told you I cannot force on you. I have not to achieve anything or gain anything from you.

If you have to gain your own Self-realisation, you'd better have it. But if you just are here to use this audience for your own purpose then that's not fair, that's not fair at all, because then you can go and you can again hire this hall and address to the people. I have seen, also, people standing outside and shouting and saying, "Oh, come to our organisation." Then why not advertise in the paper and get them for that? This is not the way to be fair to anyone. We would not do that to any organisation. For example, if there is an organisation which is working out it's methods - alright, let them work it out. We'll not go and visit that

organisation and go on saying that, "This is wrong, that is wrong," except when there are people who belong to that organisation who have come to Sahaja Yoga and have achieved something then they want to tell others - that's a different point altogether. But this is not fair and I would request you that please don't try to waste the time of other people who are genuine, who are seeking.

If you want to ask any nice, good question, you are welcome; you should ask. I mean, I am open to all your questioning, no doubt about it. Thank you very much.

So, any questions please ask.

Somebody has to be here to communicate to me.

Anyone has any questions?

Alright! So just a simple thing is to put your hands towards me.

I am sure Graham must have told you about these finger tips [which] have got the five centres, and six and seven centres. These are right and left sympathetic nervous systems within us which have got these centres working here.

Now, whatever I say, you need not believe in me altogether. But also should not deny me because I am not doing anything to you. Just to expect something that will happen to you which I do not want to tell you because, you see, people come with an attitude as if I am going to mesmerise them and take away something from you. And then they think, "Oh, why this and why that?" I do not want to take anything from you whatsoever, take it from me (i.e. believe me). And I do not want anything from you. Only thing is, if you cooperate with me a little, it will work out. But if you do not want to have it it's better to leave the hall and leave others in peace. I would request you to do that.

Now put your, just, hands like this. Straight like this. Simple hands, like this, and close your eyes. And please don't open your eyes till I tell you. Before doing that I hope you take out your shoes because the Mother Earth helps us a lot and we have a nice wooden floor [so] we can do it.

Please keep your eyes shut, that's very important. Don't open your eyes because when the Kundalini rises above the Agnya, it does not rise because if your eyes are open it does not rise.

This is your own. Everything is within yourself, which you have to get.

As it is, in every Western country I have seen, the first blockage is that everyone feels guilty. Now I have to again request you not to feel guilty. There's nothing to feel guilty. After all you are a human being means you are at the epitome of the Creation of God, and what is there to feel guilty when God is the ocean of forgiveness, ocean of compassion, ocean of love? Then what is there to feel guilty about? For what? You just have to say, in your heart, at least thrice, genuinely, that, "Mother I am not Guilty." Genuinely I say, again.

Put the hands towards me and not towards yourself or towards your hands. Straight please. And now, just say, "Mother I am not guilty."

Please put them straight! On your lap will be alright.

Be relaxed! Be relaxed! Be relaxed!

There should be no tension about anything. It will just work out. It is all within you.

It is not going to take any time. And if you have any diseases and troubles, as a result you will be cured.

Please keep your eyes shut, because you see, it's no question of curiosity or anything but it has to work out. It's very hot today.

Now put your right hand, without opening your eyes, please put it on the heart. Right hand on the heart, without opening your eyes. Please put it on the heart and ask a question in your heart, a question - this is the establishment of the rapport - a question, "Mother am I the Spirit?" Right on the heart. "Mother am I the Spirit?" Some have put it higher some have put it lower so put it just on the heart where you feel the beat. And please ask a question, "Mother am I the Spirit?" Which you are!

"Am I the Atma?"

Now put the same right hand on top of your head, on top, touching it in the centre of the fontanelle bone area, where the fontanelle bone is, where you had a soft bone in the head. Just it is little on the front side. It is more on the front side. Now press it with your fingers, in the central parting. Press it with your fingers and turn it clockwise. I am telling you how to do it for yourself. Press it hard and turn it clockwise with your fingers! Turn the scalp clockwise. Put your fingers in such a way that they lie parallel to your hair parting, same way.

Now, raise your hand up on the head - higher - and see if there's a cool breeze coming in. Some people will feel it in the hand. Some people will feel it hot.

You can put now your left hand, without opening your eyes please, and put your left hand on top of your head and see if there's a cool breeze coming in. And right hand towards me, on your lap. Please put your right hand towards me on your lap.

(Mother blows in to the microphone a few times)

Now see in your hands if it is cool breeze is coming now.

Those who are getting the cool breeze raise your hands!

So many new people! Raise them higher! Good.

Slowly everybody will be getting, slowly. Yes, may God bless you.

Slowly everybody will be getting it, just keep it up! Just keep it on!

(Mother is blowing on her hands)

Put down your hands please.

Now, if you can open your eyes slowly.

1982-0919, Who does these things?

View [online](#).

19 September 1982

Who Does These Things?

Public Program

Ghent (Belgium)

Talk Language: English | Transcript (English) – Draft

1st Public Program. Gent (Belgium), 19 September 1982.

[Introduction in Dutch. Starts at 4:29]

It's very kind of the Sahaja Yogis of Gent to invite Me to come here in Belgium itself to meet them and meet other people who are seeking the truth. Actually, every place, every country where Sahaja Yoga started, it had a very dramatic beginning. And I have been always enjoying and witnessing the fun of the reaction – the first reaction of the people to truth. Robert is a remarkable person because he came to us at a point where people did not think that he would even achieve his Realization. And suddenly, I came to know that he has started a center in Gent and everybody thought it was really miraculous. How could he do it?

It has happened also once before that one gentleman came to Bombay to get his Realization. And he went to Rahuri and started a center of his own. And it grew into such a big organization now. I should not call it an organization but such a big tree that thousands and thousands of people have received Realization under that tree. Like the banyan tree has a very small seed and once it creates a huge big banyan tree. And the same is happening here in Belgium. I am very happy to know that we have such nice seekers here who have achieved their Realization already. And there are many who are seeking.

For this, there is one thing in common. I think it's the sincerity of purpose – sincerity of seeking. If you are sincere, you won't accept even the rationality or rationalizing. Because sincerity has its own feeling and the feelings cannot be argued and you do not feel satisfied with what you are doing unless and until you have found.

Sometimes people rationalize things because they enjoy the mental feat – like a circus going on and they go on arguing between themselves. They like to have like a card game, you can call it. But one must understand that rationality can go to any extent. A murderer can rationalize his murder. Murderer can rationalize his murder, why he murdered a person. Murderer – a killer. So, it can have many various aspects and various representation.

But why we find fanaticism everywhere? People can kill other people in the name of God. But truth is very different. Truth is absolute. It is not that one can say, "This is truth," and another one can say, "This is untruth." It cannot be [unclear]. For example, the colour of this room – everybody can see and say that this is the colour. Nobody can argue on that point. And there cannot be two opinions about it. But then why, in the name of God and religion, there are so many sects? If God is one then why there are so many problems? So much so that people are now thinking that there is no God. Every thinking man really sometimes wonder what's going on. Actually, the reason is that human beings as they are – at that awareness that they are – they are not yet fully there from where they can see the truth.

Supposing you are climbing a mountain, from different angles then wherever you are, you think this is the truth about the mountain. But those who are sensible will understand that unless and until they go to the apex, they won't be able to see the whole picture and they should not take such a decision. So, one has to reach that point, that zenith from where he sees all around and then knows that it is all just the same integrated in one. Once you are moving you should move along knowing that you have not yet achieved the zenith.

Now the problem is that people don't want to believe that their awareness is not yet complete. At this human awareness, they

want to judge everything. For example, a person who is not a realized soul and comes to a program, what will he see? He'll see we are wearing a sari or saying some things. It may not be intelligible to his mind at all, because we are not subtler enough to feel the subtle side of reality. This has given another problem to human beings. Those people who are realized souls or those who came from the zenith downwards – you can say incarnations – they were never understood by the people who were climbing up. And that's why they tried to kill people who were coming down from the zenith and telling them about the zenith!

That is how they tortured people. Now it is difficult to understand why they crucified Christ. But maybe in modern times also if Christ has to come, you may not crucify Him but you will make such a fun out of Him in our newspapers that He would be crucified in any way. This is the way we try to avoid the truth. This is not a question of our inferiority. Because when you think that you are inferior to someone, these problems come. But if you understand that the ocean is waiting for all the rivers to flow in it, nobody is inferior or superior. The clouds rise from the same ocean, go and fill the same rivers and again the rivers flow into it. There is a continuous process going on. So, there is no question of inferiority or superiority. But at this stage of awareness, it is very difficult for human beings to understand that there could be someone who is just like the ocean, who is the spirit.

Till you become the ocean, you will not understand that kind of a personality and you'll always criticize such a person. So, there is a vicious circle between the people who know about the truth and the people who do not know about the truth. And in between, the fake, the people who are interested in cheating others and making money out of you or getting something out of you, have the [unclear].

Now if you have to become the truth, that is, what happens to us and how we relate it to our awareness, as human beings if we say there is a bad smell coming or a good fragrance is coming, we all know that there it is. But suppose the people just start quarrelling about it. You'll say, "You are all mad. How can you not smell it? It is there. You can feel it. It is there." Or if somebody doesn't feel, you'll see that, you'll say that there is something [less/lacking] in that person. In the same way, when you become realized soul, then whatever you feel on your fingers, even a child feels the same. Even an old person feels the same. Any country, any community, all of you feel the same. You cannot argue it out. It's an awareness in your feeling of your central nervous system, of the nerve. You can feel it about another person.

Mohammed Sahib has said that in the time of resurrection, your hands will speak. And His [independent OR dependent] Islamic people, they feel that He was the last and there cannot be anything. He himself has said that there will be a resurrection time when the hands will speak and who is going to do that job. That means somebody has to come and do the job of resurrection. If you yourself believe that by doing this kind of a circus of Namaz they are just going to take off to heaven, they are sadly mistaken. Even the same about Christ. If you go on saying, "Christ! Christ!" and listen to the way people have killed so many [Ceialos] you think that they will have any place in God's kingdom?

It's true about Hindus also where they have formed a caste system and fighting among themselves. So, one has to realize that whatever we have achieved is not sufficient. We have to have a higher awareness by which we see the zenith and by which we understand that it is absolute. Absolute has no higher point; it's the highest. It cannot be compromised, either. Absolute truth means there is no parallel to it; there is no question about it. God has created human beings with great care and love. He has brought them to this great level of the understanding that there is God. For animals there is no God. Whether you believe in God or not, doesn't matter. But on the whole people have an idea that there is some sort of a power above us. They can think about it and they can see it with their own eyes.

Now you see the flowers becoming fruits. You see so many living things happening in this world. Who does all these things? You have to think. Now if you do not want to know about it, so it's [unclear], but if you want to know then we should find out. After all, what is this power that is doing all this living work within us and without us? Now if I say that this is the divine power of love of God, you are not to take this for granted because nobody has felt it before. Nobody sees it. It is so subtle that we cannot see it. It is here. You cannot see it.

But in ordinary cosmic level also you do not see any ether. It has got all the programs that are going on in England or in America and when you put the television you can see that. Supposing you are an instrument like that and it has to be just plugged to the

mains, then why not do it? If you are the instrument, if you are to know, then it is better that you do it. But then the question comes – how to do it? Because it is a living force and that living force cannot be excited by human beings. We, what we do, is the dead work. For example, if there's a tree available then we can make it into a chair. It is all dead from dead.

But we cannot make one seed sprout with our authority. You put even one seed in the library, nothing will sprout because there is so much knowledge around it. You stand on your head, do all kinds of Hatha yoga exercises or do anything you like, it won't sprout. You may say all kinds of tantras and say all sorts of Vedas and also say prayers like, "Sprout, sprout, sprout." It will not. You may end up calling it very obstinate, unreasonable thing. But the trouble is, for living things you cannot brainwash it. It has to work out. But how? You've to think how did we become human beings from a unicellular cell – amoeba? From monkey to this stage, where you are listening to a nice lecture? It is unbelievable that we were that and today we are this without knowing anything about it. We did not rationalize anything to become that. It has happened spontaneously. In the same way our realization is going to take place also – spontaneously. Now when we ask a simple question, "How does a seed sprout?" you have to just place it in the Mother Earth and it will sprout. The Mother Earth has the capacity to sprout. So, anybody who has this capacity can sprout it.

So, there are many people in the market who say, "I have the capacity." Another one will say, "I have the capacity." You say anything and you get the market flooded. But this capacity is to ask, must show, it's not just talking.

For example, I went to America first time in 1976 and there I told them that, "You have to be born again." That's what Christ has said. If everything was finished at the time of Christ, then why did He say that you are to be born again? So, they started an organization calling "Born Again". Even one President of America was born again. I don't know how!

So, I asked them, I said, "How do you call it 'born again'? Means do you do that job?" So, they said, "No! We are already born again". As this self-certification. I didn't understand how are you born again when you do not have the capacity to make others be born again. Now if the cement says, "I am the Mother Earth," are you going to believe it? If you put a seed in the cement it won't sprout.

But that is another capacity of human beings to believe into something false and live with it. It may be money-oriented, power-oriented – whatever thought it is, but I find the seekers, the genuine seekers suffer the most. The half-baked or the people who are not intelligent enough, I should say, do not have the wisdom – always follow them into these things. Their ego gets identified with this wrong path and they just get dwindled up into it. It is a very sad thing because this is the time of resurrection. This is the time of your last judgement. This is the time you have to get your Self-realization. And so many are lost like this because of the misidentification. It is simple to understand that you cannot put in any effort for living process and you cannot pay for it.

But people work on your weaknesses and support your weaknesses and you get entangled into these things. I must say that once you get your realization you become the strongest personality. You do not aggress anyone but you do not also receive aggression from anyone. Because you are a living personality, that you feel your life force within yourself.

Within us is placed this subtle mechanism of Kundalini, which is the residual power of our desire. It is called as residual because it has manifested the whole of being but yet not expressed itself. So, in essence, it is the desire to be one with the Spirit, to be one with the Absolute. So, because it is not yet manifested, we call it a residual power. And this is the tree of life – the whole of it you can see there, which is not in our central nervous system felt, so far. These are the subtle centres which manifest of course in growth also as our plexuses. When this residual force rises through this center and arise at the top of your head it makes a sound, just like a heartbeat, on the top of your head near the fontanel bone area.

Actually, Christ never needed any baptism but to tell people that baptism has to take place He had to go through this process which is termed as baptism. But everybody has not done the baptism. The one who can give baptism in reality is the person who is a realized soul. So, it has nothing to do with what money you give, how you talk, how you live, what is your race, what is your condition. It's just if you can give realization to others, then you are a realized soul. When this power [unclear : sounds like -

presses OR passes] through your fontanel bone area and clears it through, you start feeling the cool breeze of the Holy Ghost coming out of you. It is not possible by doing anything else but the sprouting of the kundalini.

You cannot give a false certificate. You cannot say you've got Self-realization, you are born again. It has to happen. The cool breeze has to blow out of your head [unclear- that's as simple as anything]. Then it has to flow from your hands also. Somebody asked me today that it is said that the kundalini is hot and you must get a hot feeling within yourself. Now must be some people who are not authorized to do something like that – must be creating a problem with the sympathetic nervous system.

This is a sign of sickness. We know that if somebody has temperature then we know that person is sick. Even in nature if you see, you cannot see that there is a helium gas and people are working on it to reach it to the absolute zero point in cathode – helium. They have found out that when the gas is cooled down then it is filled more. Then all the particles, that is all the atoms there are, or you can call them molecules, they do not stick each other anymore. They become very quiet and they move in the same direction – like collectivity it is that. And when they are heated, they start bumping at each other, kicking each other and destroying it.

Now the disease we are taking is the cancer. When the whole body gets heated out and it cannot pass its heat into the blood to show the temperature, the heat is retained in the body. It comes from the fighting, aggressive malignant cells. And malignant cells are [unclear]. Then we lose the connection with the whole. Then they lose their connection with the whole.

For example, this is the center and the center is working for a particular area. For example, in the stomach, you can say this is the local center. It has to supply to the left sympathetic and to the right sympatric and center is the parasympathetic. Now when there is more [unclear] activity in the right side or the left side sympathetic activity, the connection with the whole breaks like that. When it is together, the connection is established with the whole. Like somebody who breaks from the society and is on his own and he says, "I am on my own," he becomes malignant and such malignancy, when it is manifested in our body, then we get tremendous heat.

GENT PART 2

I was speaking in a concentration class and it was really snowing outside in London. But they emitted so much of heat that we had to close all the heaters. We had to close down the heater completely. And not only that, but it was so heated that outside we could see [unclear- leopards] falling outside on the windowpane. So, one has to know that when the kundalini rises it has to cool you down. For Indians, it is very easy to know because it's already written down and they know all about it. But the Westernized Indians have read only Westernized books which are coming from somebody who doesn't know much about it. And it is just the opposite of what it is really. One has to understand that whatever was not known, in those days – ancient times in India tend to [unclear] later on in the life of Christ, in the life of Mohammed – they are all complementary to knowledge. Christ had to talk of the ascent, while Mohammed had to talk about the establishment of the balance, but by no means creating any difference between the two. Blind people are not divided at all. Like human beings, if you have two doctors, one will say you have got cancer; another will say you have got tuberculosis. And if you have five doctors, you'll feel you have every disease possible in the earth. And they will ultimately give a certificate that, "You are in coma. We cannot get you all right." And you'll be surprised the patient in coma might walk out with [unclear].

Because the doctors who work out all these things themselves, are using machines which they have invented themselves, which do not relate to reality. To their rationality, to their understanding, whatever they think is, it is. So, one has to know that even if you use something mechanical, like a machine, ultimately it has to be faced by a human being which are unpredictable. Like an X-ray, if it can be seen by ten people and they will have ten different opinions about it. But in Sahaja Yoga, we do not brand anyone with any disease as such.

We talk in the terms of chakras and centres and blockages. We cannot attack the Self. Self is beyond all these chakras. It is just the chakras which are separated from that absolute which is beyond diseases, beyond any attachment. Unless and until patient will come and tell us that he has got cancer, we will not bother as to what it is. We'll not have a diagnosis. We'll not try to give it a

name. But on the contrary, we will judge what centres he is catching, what is the blockage. Once we know, everybody will feel the same way. Then the Sahaja Yoga has a method by which you can clean the chakras of another person and your own, too.

When the power is flowing through your hand, you have to just know how to manoeuvre it. And if you know the technique, how to do it, that's all is to be known. But it's a simple technique. Even just touching that person it might work out. Even just looking at that person it might work out. It is very simple like the sunshine. It works out in a very fast way in people who are normal people, who are balanced people. It works out much faster than in the people who are complicated.

But all this working takes place as a by-product of this energy that has enlightened you, because you are the instrument, you are the energy, you are the doctor, you are the medicine. The greatest of all is that you are the enjoyer of all that work and the enjoyer of your wellbeing. It's all together in one state when you become the Spirit. And this is what one has to achieve, which is your own, within yourself. You don't have to go to jungles to find it out or to go to someone. It is just within yourself.

Of course, an enlightened light can only enlighten another light. But that doesn't mean that the enlightened light is doing anything obligatory or some sort of a big help to the person. For example, a part of your body, if it is paining a little and if you rub it, you don't feel you are doing any obligation to that part, do you? So, you don't help no-one because nobody is the other. All these ideas are little complicated at the beginning but when you become that, then you become so simple, childlike.

I would say that for introduction of Sahaja Yoga it should be enough for you to give some food for thought, and tomorrow again, I will be speaking into details as to what is the correct and what are the achievements about our spirituality. Of course, on the first day, I would like you to ask Me questions and I would like to answer them because rationality is always there and it should not be illogical. Whatever is got working [unsure] is absolutely logical. We are not so logical. We are rational but not logical.

So again, I would thank you all for giving Me this chance to talk to you and request you to ask Me questions if you have any about Sahaja Yoga and I'll try to answer them.

Thank you very much.

[QUESTIONS START]

Shri Mataji: Sahaja Yogis are not [inaudible].
Come along, there's one there at the back. All right.

Seeker: [Speaks in Dutch].

Shri Mataji: What did he say?

Sahaja Yogi: If a Sahaja Yogi is ill, does that mean that he is not a good Sahaja Yogi?

Shri Mataji: No, he is. He can cure himself.

Sahaja Yogis can get ill, why not? They should, I think sometimes. Then they'll have more sympathy for people who are ill. But they can cure themselves.

But you will be amazed that Sahaja Yogis become so negligent about their health that they don't bother and God looks after their health, I must say. I sometimes do get worried about them. One day we had gone to a forest and we were coming back. I was in the car and they wanted to go on a truck – all of them – and I found rain all along the way. So, I said, "They must have been all drenched there," and I was quite worried.

And then I reached the place where they were supposed to be waiting for us in a house. They were all singing and very happy and taking some cold drinks there [aside remarks]. So, they reached the place where they were supposed to wait for us and there I found them very happily singing and taking some cold drinks! So, I asked them, "How is it that you avoided the rain? The whole road was filled with rains. What happened to you?" So, they said that, "The rain never touched us, Mother. It was way ahead of us and it never touched us. And it was really watering the dusty road but it never touched us." Because in Sahaja Yoga, you feel the

complete presence of God Almighty and [unclear] his compassion, his love. And his attention is so beautiful, is so dynamic, is so efficient, that normally Sahaja Yogis are not sick.

For example, I asked one Sahaja Yogi – he had got lots of equipments for music – how did you manage? He said, “No doctor’s fees anymore and I do not smoke, I do not drink. All the money is saved.” I don’t think any one of the Sahaja Yogis go to any doctor.

All right, so?

Seeker: If you don’t feel the cool breeze on your hand, but you feel [inaudible]

Shri Mataji: That means you have a bad Vishuddhi. If you have a bad Vishuddhi chakra, see this nerve, it passes, travels through your hands and comes through here. It is already pressed by that chakra. If your Vishuddhi is not all right, then you don’t feel. Many people in the West have this problem. They don’t feel it. Normally you should feel it in the hands first and then there, normally. Say, in India, they feel it more in the hands first and then in their heads. Because the Kundalini moves from here and then comes out here. But the sensitivity at this point is not felt in the hand, because this center is not all right. Some people, whom I know, have been in Sahaja Yoga for days together, never felt it.

So, you must try to improve your centre, Vishuddhi chakra. And there are ways and methods. Honestly, if you do it, you can clear it out. You should be honest about it and work it out. It will clear out. There are certain ‘asanas’ we have to do to improve this center and there are some gargling and all that with vibrated water and also certain mantras. Everything we do to clear out our center. Once it is cleared out, you will have no problem. Also cracking the neck is very good. It is done at the physical level – cracking the neck. I think it works out wonders.

You know these small, small things can reduce your sensitivity. Small things can reduce your sensitivity. Of course, if you are smoking, if you are talking too much, anything can reduce your sensitivity. Once, as you start practicing and you start giving it to others, you get an inner force and you overcome all the blockage of yourself. Because God also looks after those who want to work for Him.

Any other question?

Seeker: [Inaudible]

Shri Mataji: For the Vishuddhi? For Vishuddhi, the deity we are using is Shri Krishna, Radha-Krishna. Krishna is here. And the Christ is stationed here and you see, on this point, you have to say the Lord’s Prayer. But at this point you have to say Shri Krishna’s mantra. This they will tell you how to say it, how to relate it to Shri Krishna and on the left-hand side is, because of your guilt, sometimes, you know, we have habit of feeling guilty. That’s absolutely useless and nonsensical. There is nothing to feel guilty. Then only if you say, “Mother, I am not guilty,” it will clear out. You’ll be amazed. Only thrice you say, “Mother, I am not guilty,” it will clear out.

Or if you are a person who is using the right hand too much – say, you are an artist or you are a painter or you are a typist or something – then also it could be that you are using your hands too much in relation to your legs, feet and head.

Luckily, I have come to Belgium at a point when lots of things have been already said. But in the beginning, I used to be very careful, cautious and say very few things. So, now most of the knowledge is out, I should say. [Shri Mataji is laughing. The translator does not understand]

I said, I have come to Belgium at a point when lots of the knowledge has been already said.

There are four books written by four Sahaja Yogis now. But you must know that Sahaja Yoga’s door is open to everyone. Whether somebody is a doubting Thomas, whether somebody is against Sahaja Yoga or any sort of a person, it’s open to everyone. And you may meet people who are still not ‘there’, though maybe they might be here for days together or for months together, years together. Still, they are doubting Sahaja, they’re half-baked. You can get people like that. Because Sahaja Yoga is very tolerant and extremely forgiving. The only attitude is how many more people are going to get their Realization, it’s the main objective.

There can be stupid people also with whom if you talk to them, you’ll think, “How are they Sahaja Yogis?” you see. You’ll be

amazed. We do not bestow any or confer any degree on anyone that, "You are a Sahaja Yogi now ". Never. It is they who have to claim that you are Sahaja Yogi. It is for you to become the Sahaja Yogi. We do not say that, "Now, you are Mr Sahaja Yogi. You put a badge here. You are Sahaja Yogi."

We have no organization and we have no such arrangement. So, anybody can become a Sahaja Yogi. If he claims, he has to come up to the point. So, everybody is given full chance.

We don't even openly say what is the criteria of a Sahaja Yogi. But you yourself know, after some time, that you are a Sahaja Yogi now, that you have become a Yogi in full way, because you realize your own power. It's a state where you reach the doubtless awareness after your thoughtless awareness. Then you start feeling, "Oh, I am a Sahaja Yogi definitely now." You have to certify yourself. It is for you to judge.

What is your question? You wanted to ask one more, no?

Seeker: [Speaks in Dutch].

Sahaja Yogi: For a while, he has done this TM and he got pain in his chest, what can he be doing?

Shri Mataji: Yes, you see this TM fellow, he has a name in Sahaja Yoga, we know what he was. We know what he was and how he was destroyed once upon a time. So, if you know the mantra of what was his name and how he was destroyed you can just get rid of it. We have so many TM people who were treated. They are all completely cured.

In Sahaja Yoga, you know, their path is finished, of all these gurus, you see, these so-called, their path is finished of thousands of years. And you know how they are finished off also.

Sahaja Yogi: [Unclear] cannot be open to take to TM.

Shri Mataji: It's dangerous.

Sahaja Yogi: No, but TM could open [unclear]

Shri Mataji: No! TM is closing on the contrary. It closes. Not only that, it will give you problems, you know. I've seen people who, after going to TM, their muscles start twitching. This is a simple thing which you call as 'possession', when you put a spirit on someone.

Now it's very simple, you see. They will give you a name say of Rama – that's all right – but they also give you a horrible name, you see, which means something so stupid that if you will tell an Indian, he will really laugh. And they'll put you on the run, ask you more money, more money. So, you are paying them more and more without understanding why you are running.

Now if you- if they give you a mantra, say Rama, you'll ask them, "Where is the situation of Rama in your center? Where is He?" They won't be able to tell you anything, nothing. They'll just go on saying, "Rama, Rama, Rama."

Seeker: [Speaks in Dutch].

Sahaja Yogi: Is it not the meaning of repeating always that mantra to come in a deeper sleep?

Shri Mataji: How? It spoils your - first of all this centre because you are repeating something - anything you repeat- it will be spoiled. Especially it has the greater respect. Because you see, Rama, whom you are calling, you are not connected with Him. So, when you go into too much extreme, at first you move to the left or to the right. And in that condition, you can be caught up by your collective subconscious or collective supra-conscious. So, when you are calling, "God, God, God," and you are not connected, you might meet some servant whose name is Rama, there in the collective subconscious and he may just grab you.

So, by this kind of a circus, you will spoil all this centre as well as the center of Rama by which you might get asthma. But most of the people from TM who have come to Me, had basically one disease, that was epilepsy. Also, they had, you see, these problems of jawbones and the movement of their muscles but when they reach [unclear] for eighteen years or so most of them ended up with epilepsy.

I can't forget their experiences when they first came to Sahaja Yoga. One day, I received an SOS saying that one gentleman who came from here and somebody just recited the names of the Goddess. And he went into contortions and contortions, he would not talk. And everybody got frightened, the Sahaja Yogis, it was a great experience for them. But they were so frightened. Immediately they telephoned to Me saying, "Mother, what is it happening now? He went into contortions. Please come."

Another fellow who just saw the garlic, you see, in the kitchen, and he became mad, started shouting. Still, he couldn't see the garlic, can you imagine? He could not bear the smell of incense. Another fellow, he jumped. Also, you see things like that.

Suddenly, you know, sitting down there, suddenly he jumped up that side. I said, "What happened?" He suddenly jumped and started barking like a dog!

We have Douglas here; he was the first one when they withdraw [unclear]. He went to some place called [unclear] and there he saw a magazine in which, 'Yoga Today', where Sahaja Yoga was written down. Now this [inaudible] was a very good Managing Director and this and that. All his money was exhausted with TM and he has also lost his job and he was in a mess. He was trying somehow or the other, to go through his savings, you see, and he saw this 'Yoga Today' there, this magazine. And the TM people are not supposed to read anything else. They are not to know anything else but TM, you see.

And My photograph was there. And they said, "All right. Now you feel the vibrations of the photograph." And when he started trying to put his hands like this [towards the photo], the whole face started becoming a kind of a [unclear], you see, [unclear] got a fright and he got cured. And this was a six-month-old magazine. He telephoned but we had changed our place, you see. But he then somehow, he found the place and then he telephoned and Douglas was there on the phone, you see.

So, Douglas said on the phone that, "Are you very hot?" He said, "I am boiling." So, we have seeing people who came to us from TM who were boiling but they went away. You see, they couldn't stand the truth. So, we knew that the people from TM were boiling always very often they faint. So, Douglas said, "Are you from TM?" He said, "Yes. How do you know, on the phone?" So, Douglas said, "I can feel your chakras and I can say from your chakras, this is a TM combination." [Shri Mataji is laughing]

So, this very [unclear] into the ashram, slowly, he has been there [unclear]. Again, he might go into that kind of a contortion. Of course, he got his Realization. He got many people into Sahaja Yoga, even the Director of the 'Flying Academy of Scotland' and his wife and daughter who all were suffering from epilepsy.

This lady was the grand-daughter of a Duke and they were all on the [unclear], the Deputy Directors and the Director of the flying squad. They spent money on the people who were coming there and doing the flying technics: nobody was flying, of course. And they were not paid back by the TM organization and they were just bankrupt. But the wife was struck by epilepsy that for three hours, she used to get into that funny situation of possession and she could scream and shout. But then they all of them were changed and they all are all right. They are doing Sahaja Yoga now. So, it's nothing, you should all be all right. That's your quality. You can become a great Sahaja Yogi.

Sahaja Yogi: In three months, he got so well.

Shri Mataji: He'll be all right. I'll set him right tonight and tomorrow morning. [Shri Mataji is laughing]

So, we know how to cure TM people. But some of them are still, you see, half-baked. Then they get out. You see, what to do? They cannot understand. Then what to do?

[Cut in the audio]

Shri Mataji: About what?

Sahaja Yogi: Spirit and [inaudible].

Shri Mataji: Yes, they are all the same but, you see, spiritualists are openly saying that, "We are spiritualists," you see. That also is another sort of a very bad thing like 'charismatic movement' and this - what you call- 'Pentecost' and the 'spirit movement' - it's all just the same! They get possessed.

Now there are spirits which are right-sided and spirits which are left-sided. The right-side spirits can give you an experience of an aura, you start seeing an aura. Like yesterday only in the night we had six people from 'spiritualists' [unclear]. Out of that, two ladies started seeing a golden aura around me and I said, "Don't see all that. That's not necessary. You see Me as I am." "Well, we are enjoying that, you see." What to do? It's all ego-oriented.

You'll be surprised that most of the diseases like cancer, multiple sclerosis, leukaemia, all these come from left side, means the spiritism, little bit has to be there.

[audible] and all that, it's a very dangerous thing. A man I have seen, now, thrice it has happened - multiple sclerosis - which we have cured. But I have seen the man has lived with a woman who is possessed. That means his Mooladhara chakra is affected. And that's how he got multiple sclerosis; can you believe it? In all these people, a relationship with a woman or a man who is

possessed can give multiple sclerosis, and give such disease [unsure]. First thing is they are very abnormal people. They are not normal people.

Seeker: [Inaudible].

Sahaja Yogi:

Shri Mataji: What is it?

Seeker: [Inaudible].

Shri Mataji: Is what? This disease?

Seeker: These abnormal people, actually, [inaudible].

Shri Mataji: Victim?

Seeker: No. [Inaudible].

Shri Mataji: Abnormal people, you mean? Or mental disease or physical disease?

Seeker: They are not normal.

Shri Mataji: They are not normal. Right. You see, the people who are not normal have either physical problem or a mental problem first of all – very obvious. They can be very moody people or a hot-tempered people. They could be extremely volcanic, they could be reclusive, they could be quiet, and selling the people and frightened, paranoids. There are so many methods. You can make out that a person is getting gradually a reclusive. For example, TM people are reclusive. They get out from the society. They get away from other people. They shut themselves. They don't want to meet others. They are afraid and frightened while Sahaja Yogis have to talk to people and tell them about it.

And they are trained as teachers for days together and this and that, completely brain-washed and then they repeat what they have learnt and they have nothing to do with others. They don't know each other at all. There's no congenial relationship between each other at all. They are very individualistic.

Also, this can be very dry, very, very- sort of no devotedness because they are extremely dry. They have no feelings. Like one man, he came to me, he was a dentist. He said, "Now, I have no feelings left. If anybody weeps or cries, I don't feel anything about it. I have no feelings." This is an abnormal man, I thought. He has no feelings for anything. So, it's an imbalance that he is such a dry personality.

But with Sahaja Yoga, not only that you become normal, but you become master of yourself – master. You become your own master.

Lady: [Inaudible]

Sahaja Yogi: Then she concludes that we are all abnormal because we have all mental or physical problems

Shri Mataji: Yes, that's true to some extent all of us have. But there are normal people also. There are many normal people also.

It's a- the kind of civilization we are living in, we have to be living quite abnormally in this one [Shri Mataji is laughing].

But we have simple people. In the villages in India, I have seen many and also in England I've seen many very simple people. But the more you think, then the more complicated you become.

Lady: [Inaudible]

Sahaja Yogi: Where is the limit between normal and abnormal, the border?

Shri Mataji: You need not worry on that point. What is happening is that when you start thinking about it, again you become abnormal. So, better not start that chain of thinking. But I would say, when you become the Spirit, you start seeing the abnormality in a person that clearly. Because in that awareness, you just see that a person is behaving in a very abnormal way because you see the abnormality as a symptom. You do not see to the symptoms but to the source of the abnormality after Realization. At this stage, you cannot verify. But at the stage when you reach and you see the centres, then you see the abnormality so clearly because you can see the centres.

And also, you see the balance. You see, in one hand if you have too much vibrations and in another there are no vibrations, that means there is an imbalance. So, you understand also that there is an imbalance in you. With the vibrations, you can make out if they are flowing normally in both the hands; then you are normal.

Lady: [Inaudible]

Sahaja Yogi: The lady says that she is new and she doesn't feel vibrations in hand.

Shri Mataji: You will just now. We are going to have that session.
The gentleman that has gone, is he going to come back or is he gone forever?
Because just start the session now of Realization and then you will feel it.
[Unclear conversation]

Seeker: [Inaudible] How do you return safely?

Shri Mataji: That we'll see now. All right?

Seeker: Ah!

Shri Mataji: That's behind the curtain. We'll see that now, how it happens.

Sahaja Yogi: He means, "When you go out of your body, what does it mean?"

Shri Mataji: Oh! That one? No, you are not to go out of your body. You have to be very much-

Seeker: [Inaudible]

Shri Mataji: What did he say? How can you?

Seeker: [Inaudible] How can you get back again?

Shri Mataji: Everything can be reversed. You have done this.

Ah!

Seeker: [Inaudible]

Shri Mataji: No, no, no, we didn't follow your question, I think. You see, the question is, how you do it, isn't it? It's a point.

Seeker: Yes.

Shri Mataji: Is that the point you are asking?

Seeker: In which way it happens?

Shri Mataji: Oh, which way it happens. Yes, simple, simple I'll tell you why, how simple it is.

There is a deity, there's the deity of Christ within us. Yes? What happens that when you are moving to the left or to the right you get indulged by these spirits. Your body is taken away or whatever happens to you because of the spirit. Now if this deity can be awakened here, at Agnya Chakra, it sucks in your ego and superego. And in the superego, all these entities are there; they just run away. So, in your awareness, if they are there, they just run away if Christ is awakened here.

You see, to look at, kundalini's awakening looks so simple: it's like that, you raise your hands and you [inaudible]. It is a big organization we have, it's a big happening we have. You see, all the deities get enlightened and that's why it works out. Otherwise, it doesn't.

All the deities get awakened within us and that's how they get effective. And then when you say a mantra, you address to the deity in another person. Because you are awakened, your deity is awakened, you can awaken the deity of another person.

You say that Christ died for our sins, what does that mean? Or that it's for our Karma. So, when He is awakened, He sucks in all that. That's his power. And these are all deities placed within us in all these centres. This you can know from the little books we have.

All right?

Seeker: [Inaudible] mantra.

Shri Mataji: Yes! There are.

Seeker: [Inaudible] mantra.

Shri Mataji: Yes! There are. You see, every center has a mantra. Every deity has a mantra. So, supposing here, it's Lord's Prayer.

Seeker: There are Indian mantras?

Shri Mataji: There are. Mahavishnu. Christ is called as Mahavishnu.

It's a pattern in which you have to read that mantra and then it works out. Mahavishnu is the name of Christ.

[Question inaudible]

Shri Mataji: We'll tell you everything. There is no secret in Sahaja Yoga. Everything we are going to tell you. Of course, we see also how far you can go. You see, certain things are not told. Supposing there's a Christian coming here. And you tell him the [?]

name of Christ is Sahivara [unsure]. You'll have it? Or if we tell a Hindu who is a staunch Hindu and you tell him there is Christ, you see, he may think that this is something like a spread of Christianity.

So, one has to see how far people can accept the truth, you see? And if they can accept, everything can be told to them. But some people just cannot accept. That's the problem with them. Because there are attached to this or they are [inaudible]. All right?

But you must know gradually about these mantras. You must master them. You see, you can master these mantras. Once you say it, it's done. Just say it, it's done. You can master. First, Realization, of course, but then you master them. You can be the master of mantras. Any mantra you can start. All right?

We have some other methods also which are told to people once they come to Sahaja Yoga, which you call as puja and all that. But normally we don't call people who are still little half-baked because, you see, they go amuck. They can't bear it. You see, like people crucifying Christ sort of a thing happens to them, you see. But if you think that they are all right, even if they have some problems – doesn't matter – but mentally they are all right, then we call them for these higher awakening to the mass. It works out but if they are not so surrendered or if they haven't got that much of understanding of Sahaja Yoga, if they are not surrendered to God, then it is for us to take some time to expose it to them. But some people overnight they come over and they just jump into it and become masters. I have known many like that.

Also, about my nature or anything, you don't discuss it with everyone, you see. If somebody says that, "How can you do it?" Supposing somebody says – so I say, "All right, you better do it." We don't say what I am, why am I doing this, what is special about Me, in the beginning, no, nothing.

I am just like you. I am worse than you because I don't know driving, I don't know this, I don't know that. So that nobody is challenged, you see. Then gradually they themselves start seeing things then it's [inaudible] to tell.

Should we have now Realization? All right.

Take off your shoes. Just for five, ten minutes and it will work out.

Just put your hands towards Me like this.

And close your eyes, please.

All right, let her put her left hand towards Me and the right hand outside. I could feel it is a carbohydrate.

You put your left hand towards Me sitting at the window. Just let her sit. She will be all right.

I know, he has a problem, he has a problem.

Just put it this side or more, so that she can put her hand nicely outside.

[End of audio]

1982-0919, Talk to Sahaja Yogis

View [online](#).

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Talk to Sahaja Yogis

Ghent (Belgium)

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Talk to Sahaja Yogis

[Aside remarks]

[inaudible] sense of smell because both left and right, because both smell bad – left and right – but one has a very sort of a smell of a very stagnated personality and another has a smell of a, say, jaise pasina (Hindi word: like sweat – ed.) – burning sharp smell, haan (Hindi word : Yes – ed.), sharp, pungent. [inaudible] like if you put the blanket, you see at the bottom, keep it hanging. It smells horrible, like that stagnated ammonia types. That's all. But then this side all fragrance. This side on your vibrations, it's better. That's all right.

So now the combinations of all the muscles because the muscles all [unclear] comes from Mooladhara. So this combinations would be, you see, which one [unclear]. For example, if Mooladhara, left Mooladhara is catching, left Nabhi, left Mooladhara, left Nabhi, left side, this is a very bad combination. Left Mooladhara, left Nabhi, left Swadishthana and heart is a bad combination. Because even if you have these three things, if your heart is all right, then the Spirit is right. So it can control all these things. But if you have in addition to that, even left Agnya, then definitely you'll have one of those incurable diseases like mellitus. So for mellitus patients or for cancer patients, for all such incurable patients, you have left side problems.

Cancer can be divided into various [unclear : sounds like – faces OR phases]. Like you can have cancer, say, of the uterus. It's the combination of Swadishthana and Mooladhara and left Nabhi, left Swadishthana. So you give it a bandhan on these three chakras separately, then tie them together with fire, with a [unclear] tie them, go on tying. First of all, of course, you have to raise, as I have told, the right side to the left. Do it about seven times and then after doing that you bring it to any chakra. Then you tie them up together – three of them together – and then put two together and then two together and then all of them together – the tying up, you see – and then take it out like that. Tying up. With that tying up you will find that they will have no place to go [unclear] and you'll be surprised that they [unclear]. It will clear.

But at that time, the best thing would be to have a candle with My photograph behind it. It is the best if you can [device or devise] a method in which you will have a candle in the front and the photograph behind so that vibrations are flowing all the time. But at other time what you can do is to put the candle and one hand towards the photograph and right hand you can use so that vibrations are flowing. Best would be to have the candle in such a place. Behind it you can also fix my photograph, with the candle and the photograph together, if you could make some device. I mean, in India you can.

Sahaja Yogi: We have mirrors behind candle. We can remove the mirror...

Shri Mataji: Yes, instead of the mirror you can have a photograph. That would be better.

Sahaja Yogi: Instead of the mirror, if the candle is in front and the picture is at the back, you see a special candle stick which can have both Shri Mataji's photograph and the candle on it.

Shri Mataji: That would be very effective. Otherwise, for other normal people, what they have to do is to put the candle with left hand towards the candle. Right hand you have another candle and photograph, that's all. Right hand you have another candle and go on doing like that. It can work out that way also but if this combination is not all right [unclear]. So best is to have direct, if

you can, but this also will work out. Even just giving bandhans will stop it but this is a very quick method, flame. If you have fire also you can. It's very good to do on the fire. If there is fire burning, ask the person to put the left side towards the photograph and right in the fire. It will clear and the photograph should have a candle also. So put the left hand towards the photograph and right hand there. It will clear out.

For the Mooladhara, it is better to sit on the ground, you see, just like we have a camp fire. In a camp fire we can sit on the ground, Mother Earth, and have some fire. You can do it in the summer time – it's all right. Clear out the Mooladhara.

[Mother talks about Scouts' Tent and huge pandals, about the expenses etc. Not hiring large pandals used for marriages but smaller ones will be cheaper to hire separately for ladies, gents and others]

So the second point is about the Swadishthana. It's the most complicated. Left Swadishthana is [unclear] due to fake Guru or unauthorized things but fake Guru it will be Swadishthana plus [unclear]. But if it is purely left Swadishthana then you will get [unclear]. That's the easiest. It is pure with someone like that. But left Swadishthana can have all kinds of combinations. Say, for example, left Swadishthana and Mooladhara. You can get paralysis of the legs for no reasons. You might get arthritis. But for arthritis, they have to have left Nabhi. [inaudible] With Swadishthana you can get paralysis of the legs. Left Swadishthana, Mooladhara – it's very dangerous also in some ways because you may develop very dirty methods of perverted – like, extremely satanical, you can say, Pishaach (Hindi word). You see, left side is pishaachik. What is it called? Pishaachik?

Sahaja Yogi: Demonic?

Shri Mataji: No, Demonic is of the right side type of a – demonic is aggressive but Paishaachik is a person who is like a pashu, who is like an animal – bestial. But I mean beasts are normal. Bestiality. All right. So they indulge into such things and they can do this to others also. They can find out ways. It's more like a worm, you see, such of people are fond of eating faeces, you see – all kinds of things, you know. Dirty people – absolutely devilish. I mean, maut se bhi bhattar (Hindi word : worse than death – ed.). They like bad smells and they like to smell the gutters, this, that. But they would not like to smell the flowers, sort of thing. That's left side. Like people who do the washing of the latrines and all that, then they become like that. They don't smell anything dirty. They are just like an animal, you can say. Nothing is dirty for them. They will eat the food lying on the street – they won't mind. I mean, dirty people. And as a result of those habits, they might develop something.

Sahaja Yogi: It goes to Nabhi?

Shri Mataji: It can go anywhere. But what I am saying, basically it is an activity which is sly, which is secretive, which is low.

Like you see there are, say, flirts. Must be because can't have sex actually – flirts. Then also all the perversions, you know, that you study about these people is like, say there is a young girl but they can't flirt with a young girl so they'll flirt with the wives sort of nonsense they do within that [unclear : sounds like – border]. They flirt with the mother because they can't flirt with the young girl who is sitting there, you see. As soon as they see a young girl, they start flirting with the wife. What do you call that kind of a thing – displacement thing?

Sahaja Yogi: It's a typical psychology, Mother. Freud entirely spoke about it. This whole psychology is based on the theory of displacement.

Shri Mataji: It's true, very true. I have seen people doing it. But what is the reason in this? He says it's a good idea?

Sahaja Yogi: He says it's a good idea.

Shri Mataji: It's sickness. That is the sign of sickness because you are dealing with your mind.

Sahaja Yogi: You mind become – that is the thing, Shri Mataji. What happens is, now it's clear to see is that you have a desire, for

some reason, either because of cowardice or something, you do not express that desire, but instead of killing that desire, you twist it – wrong twist, you see. You shift it into another direction and if you cannot fulfill it, you give it another twist. So if you have a desire for person A, because you cannot go to person A, you go to person B who reminds you of person A but you have no real interest in person B. So you get frustrated. So you go to person C and it's twisted and twisted and twisted, you know.

Shri Mataji: No, but this desire is actually artificial. I will tell you how. Say you see some, all sorts of advertisement, read book, this that, everywhere. Then you form an image. It's an image that you follow. It's an image that you follow, artificial image. It doesn't exist in reality. Now you think of a woman who is young – it could be your own daughter who is young, you see – and seeing this young daughter, you might feel this desire for your wife. It's not a very clean thing, you see.

Sahaja Yogi: Ha! Now I see what you mean, Shri Mataji. That takes place in our culture a lot. There are many examples [inaudible] between husband and wife.

Shri Mataji: Husband and wife. You see, normally the husband won't feel that for the wife but if there is a young girl sitting or a young woman sitting or even a daughter, then he feels. That is, it's a very debased sort of a thing – such a sly stuff. But it is actually, it is a possession. In this case it's a possession.

Sahaja Yogi: The other extreme relationship is, Shri Mataji, in our culture is that both husband and wife together will go into such a situation, let us say – I cannot give example – which will inflame this desire in both of them.

Shri Mataji: Also it is filth. It is imagination and filth. Because what happens, there is no joy and a child produced out of such relationship – what will be the child of such hallucination? After all, the child is produced after two persons have met on the level –

Sahaja Yogi: Spiritual level...

Shri Mataji: No, not spiritual. You can call it, but in the present in reality, you see, because mind plays a part and the manas is on the left so it's always deluded. You do things in delusion, you see. So you don't take the responsibility of the child or the relationship. The whole thing is so funny, you see. There is no reality behind it. This is absurd.

Sahaja Yogi: This is the basis of all mental illness, Shri Mataji.

Shri Mataji: Mental sex is that. This is madness. This is real madness. This is the sign of madness. Child can be born mad in such a family or such husband-wife relationship. Where you see the marriage is a reality, it is a reality, it is not fantasy. It's not some sort of a romanticism that you place one into another and imagine and change that this is another woman and you have relation with another woman. It is not possible. If you do like that, your mind is somewhere else. You are somewhere else. It has an effect on the mind of a child. So the child that is born itself would be any sort of a person, with the mind which is not normal, could be a mind who is mad, could be a mind who is depressed, can be anything, such a child.

Sahaja Yogi: This sort of a behavior, Shri Mataji, is considered normal in the West. If you read any of the magazines, even on psychology text books, the magazines so often people write.

Shri Mataji: Mooladhara [unclear : sounds like – has been made into] evil, I tell you. The Mooladhara attention is absolutely evil in the West. I mean, it's really evil to human beings, no doubt. The whole concept is absolutely wickedness. It's wickedness.

Sahaja Yogi: That means each generation is getting more completely destroyed.

Shri Mataji: That's what I am saying. The whole thing is nothing but wickedness, of some sort of an evil doer who has put these ideas, and that's why Mr Freud I believe

Sahaja Yogi: Mr. Freud, and the writers of Playboys. Freud started it. Freud made it respectable. First of all it was not respectable. People did it but they were ashamed of this attitude...

Shri Mataji: Accha, is that so? I don't know what they do. But whatever it is. I'll just give you an example because I have seen this happening among some of the so-called elite people here. So that's what I felt that they see a young girl and suddenly you'll find that they are very nice to their wives. I have seen it because, you see, My seeing is different na. But in that it's not the play of so much of a possession, you can say, always, but could be the person himself is [unclear: sounds like – loose, can't read himself]. You see, that kind of a nonsense. May be possession, may not be – it's not definite. You cannot say [unclear] it will go. Such a person has to be alert.

Sahaja Yogi: But you said this morning, Shri Mataji, that these things becomes a part of your mind – these possessions...

Shri Mataji: Possession could be taken off but this becomes a habit. See, possessions can give you habits and can disappear and there could be you might form your habits as a result because you are enjoying that kind of a nonsense. Everything that is imaginary is not possessions. Everything that is imaginary is not possession. That's your own perception – mental perception. This is a kind of a thing that is extremely abnormal for any righteous person – absolutely abnormal – and a person who leads such a creates problem for the whole society.

So left side is the physical side as far as the triggering of these diseases are concerned but mainly it spoils the mind. So if you have the left Swadishthana spoilt and left Mooladhara, you are vulnerable absolutely for a mental disease – vulnerable apart from physical; vulnerable for mental diseases. You might get all these troubles of schizophrenia, this, that. Even if your left Swadishthana is spoilt by any chance, you are in for it.

But if in addition there is Mooladhara then you are definitely vulnerable. But what happens that in the left side, the mind, how it gets into problems because you see first of all the left side makes you lethargic. So your mind stops working in the sense that it doesn't think that what I have to do. It's like, what you call, Mind, a devil's workshop [Hindi : woh kya tha – what was that?]. You develop idleness. Idleness makes you think, you see. Now what to do with idleness? You can't carry on with idleness. You get bored with idleness. So this idleness makes your organs idle, but this manas – there is no English word for it – the mind is intellect. Two things we can put it: manas or this side is the pranav shakti. So we can say manas – left side, the manas.

The manas starts going into all these things like these perversions and all that. The movement of the manas on the left side [inaudible]. For example if you are drinker [unclear: sounds like – rude OR crude], then you don't see your sister as a sister; then you don't see your mother as a mother. You can't [unclear]. You see, all the values are lost in three generations. In the first generation you gain this nonsense [unclear]. Second generation also, third generation, it happens. How is it? In Indian it is not conceivable that a boy can have any such infatuation for a mother knowingly – impossible!

And here why is it so much? Because drinking is so common in the West. With drinking it happens but in primitive classes it's absolutely a rule. Among primitive people it's a rule. It's actually a rule. They have lots of compulsions. In jungles the primitives, they – can you see – there is no problem. They are anarchist. They have no such – they are just like animals. So that's there. But even if you drink, what happens is that part of pashuta (Hindi word : animal-like qualities – ed.), that part of animal does come in you that you don't see your sister as your sister. All sublimity dissolves. All sublimity dissolves.

This is the thing that on the left side when the sublimity dissolves, you see, there is no ascent because the movement is all that side. Then when you get possessed on that movement then you can get all other combination. Left Nabhi you can get. Left Nabhi can be caught, as you know, that left Nabhi can be triggered by a horrible woman in the house. A woman who is not religious, a woman who is materialistic – any sort of thing – left Nabhi. Anyone who is a lower level type of a person or any sort can develop left Nabhi.

Now with left Nabhi, you see, you are always agitated in that relationship. You are not balanced in that relationship. You may

tolerate. You may say, "It's all right. I have to go through this," but the agitation is always there. That agitation causes the left Nabhi to grow into a problem. Left Nabhi, you see, is our spleen. It goes into this thing. Those mothers who have these problems can get children whose spleen is absolutely lethargic. Cannot produce any blood cells – anemia, a leukemia, some sort of a thing happens. Leukemia can be solved, you can say; can come.

But it is due to the mind. This is due to the mind of the mother or the mind of the father also. If the father is a flirt, he is a badmaash (Hindi word : wicked – ed.) and all that, his son can get it. Is all mind is very powerful. Manas is very powerful because you go to the left. Flirting also is the sign of left side – absolute left side. Flirting, not the actual. If a rapist, he is the right side but the flirt is the left side, absolutely the left sided, in the sense that he is absolutely impotent [unclear : sounds like – greatly], impotent and you see it goes into his mind – romantic fellow, all this nonsense. There is no reality – only flirts with women this thing. But also it may happen with people who are over-energetic can also become flirts because what happens that they are so energetic that they have no attention on their sex. Then the sex enters into their mind – the other side of their mind, the ego part – and then it can be used for ego purposes.

But a flirt, you see, is a funny type of a flirt – likes to show off his body, tries to show off his body, is the left sided. A flirt who uses his eyes, you see, and if something reminds of mothers and sort of pricks his ego on that and "I don't know so many women are after me," that's another thing. So it's an abnormal combination. When he becomes over-active physically what happens that he becomes impotent as a result because all his activities were his mental activities. Even sex is a mental activity. Even religion is a mental activity. Everything becomes a mental activity. It's another mythical world of supraconscious. Religion means get up, go to the Church, sit on [unclear: sounds like – your head] very seriously, this, that – finished – come back, sit down, get your baptism, sit down like a fool and read the Bible, argue it out and say, "This is the dogma that I can think of." Nowhere near the truth. That's also a mental activity.

Fantasy it is and then it can be fanatics that side. So the fanatics could be absolutely impotent. They have no interest in sex. They don't like the idea of sex. If anybody talks openly, they don't like it but with eyes they will do. But if anybody mentions it, "Oh! This one? It's nonsense," but with the eyes they'll do. That's the ego style but this is another type where a man exposes his body. Women specially, they like to expose their bodies. I mean, imagine! This is left side – exposure of body. But to control other men and to use your body for that purpose is right-sided. But some even very slyly they do this. This is very sly manner.

Sahaja Yogi: I have seen, it's what they call a seductive style they have. Even they don't expose their body, they speak in such a way that you are caught in some sort of a ...

Shri Mataji: They may not even speak. You see, their gestures are such...

Sahaja Yogi: They make you – first thing they do is illicit sympathy. First thing they do is they awaken sympathy and then before you know where you are, you are caught in something like a spider's web and they do not want anything from you. They just suck your energies.

Shri Mataji: Left sided ones, they can do – I mean all these things but the result of all these things – that's what we have to see as we have to cure them. All such people suffer from mental problems. They might have wobbling in the stomach because of the uterus. There could be barren women. They will have problems with their periods very much. They will not have their periods regularly. They may have irregular periods – all sorts of thing where the uterus is the mother's place. So the mother who is disturbed or debased in any way, not respected, you can have problems with the uterus also.

Sahaja Yogi: What about [unclear : sounds like – oral OR corals] contraceptive [unclear : sounds like – oral OR corals] apart from tablets. Here that is quite common in the West to control.

Shri Mataji: I have no idea as to that but that's not so bad [unclear : sounds like – – rotation] medication is not so bad but to take medicines for that is not good – periods and all that. But more is to see – slowly, slowly you see in Sahaja Yoga when you rise they build up a rhythm of it, you see, a rhythmic. It's better to have it rhythmic, you see, to arrange a rhythm. So that's a better way

of doing it in a rhythm where you know this time is free sort of thing is better. But this coil also is I don't think is any harm. After all, irritation is not so much. It becomes superficial but other things should be avoided like taking pills and all that is absolutely wrong. Pills and all that must be stopped.

Sahaja Yogi: The young women of even 14 to 16 coming in are being on the pill, Mother. Such little girls, really. They start so early.

Shri Mataji: Because mothers, you know, don't want to take the responsibility of the girl [inaudible]. I mean, you see they don't know these things at all. In the city at the most we don't have these problems, you see, because we don't have so much of a exposure of sex, you see. We don't talk of sex. I mean, innocent people, they are innocent. So if you are innocent you don't have to. But imagine from this how many dangers are there. First of all, it's very unnatural to have a child very early because they are not matured enough and you are not married. So the child is placed in a very difficult situation. [aside remark] So that kind of a thing is among Sahaja Yogis we have to understand that our children, we should bring up in such a way that they are very innocent.

Try to keep them innocent – more with the flowers and with animals and all that and in such a way that they do not see all these things which are excitable by young. But if it is so, then what? If a child is like this then what is the treatment for a thing like this? If the child has too much interest in these things, if he is right-sided, he has interest like this, best thing is give him cold water bath and things, you see. Give more cold water baths. Make him sit in the water tub for a while with some salt and all that. That can help. Sandalwood paste at the Mooladhara will be good idea to cool him down so the excitement is much less and then you can put him left to the right – put him down.

But if it is a sly way of doing things and all that, then you can use fire. (Hindi : ajwain smoke is given during childhood -ed.) In India it's very common, they give ajwain, you see. Put the ajwain and put the child over that one, you see – smoke of the ajwain. It's antiseptic and anti-bhoots and anti-everything. Just put the child on the ajwain and it takes away all the bhoots from them .

It's very clean. So that's what they do. For children it is good but also for elders it is very good to take it that way just to get rid of all this funny thing. Because Mooladhara is the support of all being. So to keep it clean and nice, any combination with it can be very deep and lasting. It's very deep and lasting. You can't get rid of it very easy. That's why Mooladhara [unclear] and if somebody has Mooladhara you give the bandhan to Mooladhara. If you go to the combinations higher, say left Nabhi, as I told you, you get blood cancer. You get diabetes from left Nabhi because that's all contained in left Nabhi. Also you can get lethargic liver – left Nabhi combination with Swadishthana. With Swadishthana, left Nabhi, this combination is, these things can occur.

Then we go ahead of that is the troubles like, say, diabetes cause left Nabhi is for diabetes. Now diabetes is not caused as a result of lethargic ways of the pancreas but it is actually over-active pancreas becomes lethargic – overactive. You see what happens – we think too much. Pancreas, what does it do is to convert sugar into digestible – what does it convert into? What it does is to digest the sugar in a way or it neutralizes into glucose; it breaks up.

Sahaja Yogi: I'll tell you what it does. The endocrine part of the pancreas which causes diabetes, that converts the sugar into glycodin that stores the sugar in the body in the form of glucon or glycogen.

Shri Mataji: Stores the sugar as well as it also must be reducing it.

Sahaja Yogi: It reduces the level in the blood. It puts it into the cells of the body.

Shri Mataji: So what happens that when you are using your thinking too much or liver too much then what happens that the sugar is consumed fast because of the liver, you see. If liver is over-active, it means sugar. Then the liver is sucked and when it is too much sucked then more is poured over by this pancreas. Glycogen is more poured. It goes into over-activity. When it goes to overactive then it gets diagnosed and no more – finished. Then it says that [unclear: sounds like – we have] diabetes. So it becomes lethargic. But it is over-activity that brings this lethargy.

Sahaja Yogi: Yeah, this is correct because one of the functions of insulin is to increase the uptake of sugar by the liver.

Shri Mataji: Means it doesn't secrete insulin any more. See, it has an activity of secreting insulin. Now it has a limited energy of producing insulin. I mean, if you exhaust it so where to get the insulin? So you have to put the insulin additional. This is the artificial thing. But you can cure diabetes by raising the left to the right because there you raise it – awaken – left to the right. Now right to the left you should not do in diabetes, though it is the same thing as right to the left, but first you try to raise it if possible.

If there is still some life left in that thing – absolutely there is some life left – then what happens is that it may start working. It starts working because when it starts pumping, the energy from the Swadishthana can flow because now it's in connection with the divine power. So that can be sucked in. So it starts working out. But supposing now it is in such a shape that it is absolutely finished, exhausted, I mean, it doesn't rise. Then you have to put right to the left and tell Adi Shakti to play her part; so She awakens it first. Adi Shakti to work it out. First you try to raise it with your own Self, with your own hand, your own kundalini, on the left to the right.

Try to give it a sort of a little [unclear: sounds like – teaser OR tweezer], you can say. But still it may not rise; it may not. So in certain cases, diabetes is curable if you put it left to the right or if it is a bad case, then you have to put right to the left. Like cases like infantile diabetes.

Sahaja Yogi: Diabetes is very common amongst Parsees, very common in Jews...

Shri Mataji: You see, diabetes will be very common in any country which is over-developed, very rich. It is the disease of the affluence. (Hindi : More the affluence – more is the intake of sugar.) They take more sugar than normal, those who are affluent.

Also apart from that sugar what they do, they think too much. Sometimes human being diet – don't take sugar. Don't take sugar but think. Then they will get diabetes.

Question: Why do children get diabetes?

Shri Mataji: Children because the parents are like that. The blood – you see, the parents, the pattern – every blood has a pattern and the message. Every person's blood has a pattern and a message. It carries the complete – you see it is the habit of a cell – is molded by the kind of a personality you have. And now the mother's blood goes into the child's blood. So the same pattern is carried there and that blood, you see, circulates. If mother is like that, you see – she has diabetes – the child has. If the father has also, if it is a son, the son will get it, not women. Women do not get so much of diabetes. Normally woman don't get it. But if there are women, you see, like politicians and all that or those who are manly women, even woman housewives who plan too much about their house hold – what to cook and how to entice the husband, you see – they also can have.

Then there is pancreas and spleen. Spleen diseases – I've told you, leukemia and all that. So for that how to cure? Best for diabetes is to use salt. Sea bath. Sitting in the sea – sea bath. And for diabetes, another thing which is very good is to have little pumping of our hands. I mean, you are a realized soul. Supposing you find somebody has diabetes, so you locate the pancreas, you see. Just try to little bit tickle it like that, you see. The pancreas, you can feel the pancreas. The doctors can feel it. Just give it a little tickle. And for a Sahaja Yogi, it is easy to locate. Wherever there is a problem, you'll find a lumpy spot. But only Sahaja Yogis can feel because they are subtle. Doctors may not. A lump, see, you can find a lump here. For Me, all lumps are nothing but my chakras working. I am talking about diabetes. You see, My chakras are working like a diabetic patient.

Now this diabetes gives you a problem here (Back Agnya) because Swadishthana goes around here also. So when you have a Mooladhara and a Swadishthana, then you have a problem here at the back. So you get eyesight problem.

Suddenly you'll find some people absolutely blind, with eyes open, with eyes open. in the eyes only. Now what you do is to put a candle before my photograph put little sindoor, put a sindoor on the head and give it a proper – what you call a – pradakshina style of a bandhan to the back side with a flame, with a flame; that's very important. Flame should be used – nothing else – and you will be surprised, people will start seeing. I mean, somebody started seeing in Geneva. First she saw My red mark. Then she saw My face. Then she started seeing. But if it is left Swadishthana, and right Swadishthana because of pancreas and Mooladhara, then it is a possession, I'd say. Then it takes more time. But as you will know on your hands give a flame. So for pancreas it may show right Swadishthana also – depends on at what position you are. Supposing it is over-activity of the pancreas is going on, then you get right Swadishthana. But if you are lethargic, and finished. Then you will just feel the left Swadishthana. But normally both you see in pancreas; you see both. So you get a lethargic or over-active pancreas or you can get even the same with the spleen.

Now say the spleen that is over-active. It's the one that makes it absolutely lethargic with over-activity and then that inactivity brings forth this leukemia business because the triggering takes place. It becomes, you see, sort of hopeless and starts depending on some help and then the bhoots come in to help it. They start triggering it. When they start triggering, they do it the way they are. So it starts becoming bigger and bigger because it is not in relation with the whole any more. Like a person who is tired now, he sits down. There is a demon who comes. He moves with his speed. It's like that and that's why cancer is caused.

Do you follow My point? Because when these people attack, they have their own speed, their own rhythm which has nothing to do with the rhythm of the body, is sort of a – they get so this thing, that somebody lifts them up and they start using them. That's how cancer is caused, when you reach that state of over-activity .

Now you can say for the void – peritoneum – void. But the worst is that if void is caught on both the sides, that is, if you think you are a guru or you have used some methods to be guru or you have tried to put something and also when you go to some guru or accept somebody as a guru. Both way if it works out then you get a compete Ekadasha on that. Then the activity of the cancer is much more. The reason I'll tell you. The reason is very interesting. This reason you must know is the vaani, you see, is the sound. Sound that moves or the Kundalini that moves, you see, later on making sound but first the sound is there. So the sound rises first before the Kundalini. Om, you can say, starts moving when there is Kundalini. What happens that the flow stops here with the sound. So it is para. First of all the vaani is para. You can't hear it when is there. And then it comes up to Madhyama*, here. Then it is... [MISSING PART OF RECORDING]

That starts throbbing here showing that it can't go any further when it is there, and when that throbbing starts spreading, actually your attention is dropped here, left side. That's the danger sign. When you find there's throbbing here near the sternum, below the sternum, in the stomach, in the stomach area, you can say.

[Hindi - How do you call this portion of the stomach?] Pyloric? No?

Sahaja Yogi (probably dr. Rustom): You can say, Cardia place. (it is about the two orifices of the stomach, Pyloric and Cardia)

Shri Mataji: Cardia. Cardia. At this point you'll find it: ta, ta, ta, ta, ta.

So you can also do one thing at that time. It's easier to put your right hand on there now then you put your left hand on the center of the heart and ask the person to hold his breath and you go on saying Devi's mantra. The ta, ta will rise. Then you lift the right hand. Put it on to Vishuddhi and take Shri Krishna's name till this ta, means, this throbbing, comes here. Then you take it higher here and then you put it higher to the Sahasrara. It comes out. That's one way of clearing out if you find a throbbing there. It's a very important part. Do you follow that?

Sahaja Yogi: This, this sound is, here, is verily Omkara, is it?

Shri Mataji: It's Omkara. It's an Omkara which is para, is not heard. It's beyond this but it becomes heard here because it starts,

you see, it has an obstruction. The one that is all-pervading everywhere, it is existing already there. So what happens that sound – everything has a sound inside, you see, but it's silent, is silent. This silent sound becomes active because it has an obstruction. Say, for example, if I hit this it gives a sound.

Shri Mataji: That is also Omkara.

Sahaja Yogi: Kundalini itself.

Shri Mataji: Also Omkara. That is also Omkara. Kundalini is also Omkara. But that sound which already is present in the body, this sound becomes active in the sense when you, percussion happens, with the percussion.

Sahaja Yogi: When the Kundalini strikes that you mean

Sahaja Yogi: The body is also Omkara also, isn't it?

Shri Mataji: I mean, you can say so. AUM – these are the three things that is working at it, you see. The whole thing is working on A – U – M. It's all Brahma Shakti, the Brahma Shakti which is already present within us; otherwise we won't exist. So what are the Brahma Shaktis within us, are the three shaktis are there. But what happens actually when it integrates because of the Spirit, we call the Spirit is Omkara. All right? Now the Kundalini is the three Shaktis in human beings but manifested within us also these three separate Shaktis are there. When, you see, the attention is enraged or you can say the attention cannot find its movement everywhere, then it starts hitting you there and then also with percussion this is the percussion - but the Anahata is without percussion.

You see, if I hit this it will make a sound. All right? But there is a sound must be in this; otherwise how does it make a sound? It must come from somewhere.

Sahaja yogi: Now I begin to understand. The sound is inherent in that substance.

Shri Mataji: Of course, but it's silent.

Sahaja Yogi: But something can trigger it so it becomes a sound.

Shri Mataji: Anahata is a sound which is without the percussion in the sound.

Sahaja Yogi: Is inherent in the vibrations of the substance's sound.

Shri Mataji: So, you see, it makes a sound. But the trouble is the sound, we can't hear it. Of course, some of the sounds we can't hear it because our ears are not made for that. That's different. But the sound that is in our body we can't hear. Can you? Everything is going on. We don't hear any sound. It's absorbed. All the sounds are absorbed. But when the attention is hitting something then the sound is made. You can hear.

Sahaja Yogi: Now I begin to understand.

That is the percussion. But actually this heart is without percussion. Natural sound is without percussion it exists. Only in the heart it is manifested, as it's called as pashyanti. Here it just cedes. So it is.

Sahaja Yogi: Shri Mataji, according to that would you say all sounds is an indication of disturbance of the attention?

Shri Mataji: All artificial sounds. You see, normally there is no sound.

Sahaja Yogi: You see, because I used to notice in Derby for instance that wherever there was a lot of sound around like lawn mowers or cars or something, my liver would hurt and the attention would be diverted. I mean, you see, because...

Shri Mataji: No, but that sound should not be so disturbing to a person who is in the center, you see. It is more a mental activity here, I think, so much of mental activity. Your brain is like bonbonbon. Any more sound, you see, that upsets you. To Indians, it does not so much because this brain is so much going on like this all the time, you see. Bom bom bom bom bom, it's going on. You put a little sound oh! they can't bear it – too much for them.

But actually that is not so severe. The activity is so much that you can't bear any sound but with all that activity you don't hear the sound in your head. See, blood is flowing all that you don't hear any sound, you see, because it's all neutralized. Absolutely there is no imbalance. But when there is an imbalance, the sound starts. You then start hearing the sound.

Sahaja Yogi: What I was trying to say, Shri Mataji, is that in this world there is so much sound. What is that sound? Is that sound a manifestation of imbalance?

Shri Mataji: No, that is percussion. That is with percussion. The sound comes from percussion. No, that is a sound that comes from percussion, any percussion. Without percussion there is no sound.

Sahaja Yogi: But what causes that percussion?

Shri Mataji: That percussion can be human, can be any percussion.

Sahaja Yogi: But that's not the sign of imbalance...

Shri Mataji: No, in a way it is. Because when it is silent it is not at all touched but if you touch it then there is a percussion created. That sound is only in the heart – that is Anahata – without percussion. Only the heart has. Why? Because of the Spirit...

Sahaja Yogi: So the whole Universe is Anahata and out of this Anahata, on top of that is placed percussion.

Shri Mataji: Everything is in para – para Shakti potential.

Let's say a man becomes mad. How will you make it out? You'll get a throbbing here and throbbing there – just the opposite of Me. If a man is mad I'll also get a throbbing, but I'll not be mad. On the contrary, I'll be producing anti-vaccine, you see – antibodies in my head or anti-things, anti-effective things. So if he's a mad man, you'll see he'll have a throb. If you have a bad throat you will find a throb.

Sahaja Yogi: So any sort of throbbing...

Shri Mataji: Obstruction come on the way [Hindi]

Sahaja Yogi: Now what is, now take a third form Shri Mataji– it's Vaikhari, you know.

Shri Mataji: Vaikhari.

Sahaja Yogi: Now that we do consciously. Whenever we are doing Puja or when reciting mantras, you do the Vaikhari.

Shri Mataji: Now, here, you see, it passes through your sound box. It's like a bansuri (Hindi word: flute – ed.). It passes through an aperture. Because of that, that air or that sound which is silent, that is flowing, you see, because of that movement here, gets into a – this is the nada (manifested sound)– becomes the sound – here Vaikhari.

Sahaja Yogi: What is the importance of this sound, Shri Mataji, in the economy, if you like, of the Spirit?

Shri Mataji: Economy?

Sahaja Yogi: Of the Spirit. I mean economy – I don't know what word to use. What is the importance of this Vaikhari to this atma?

Shri Mataji: Atma? This Vaikhari? Vaikhari has all the consonants, the vowels, you see. All the vowels are produced here.

Sahaja Yogi: That is true.

Shri Mataji: Without a vowel no mantra can be said.

Sahaja Yogi: No, that is true.

Shri Mataji: And without the mantras, no deities can be awakened. So the Spirit in every deity has to be awakened. So the Spirit of the sound resides here.

Sahaja Yogi: But supposing you reach the stage where the whole Om is flowing through the whole Sushumna. Then it is not necessary to use Vaikhari anymore. Is that right?

Shri Mataji: No, only chitta can work out. Even chitta is not [unclear]. They'll look after, I mean, I don't really, to be really frank [unclear] In my conscious mind I am not bothered. But I have built this up. You see all the mehenat (Hindi word : hard work – ed.) I have done before, you see. But now here as you have put up the thing, nobody knows what I have done. Only I have to put the lights on, and very nice. But I have done the job also but now I don't have to worry so much. I just put the button on.

Sahaja Yogi: Mother, when we feel the pain from somebody who is sick when we think we are curing it, actually we are doing it by asking you to increase the flow from that part in You.

Shri Mataji: Yes, you are awakening that.

Sahaja Yogi: We are awakening it in You. We are not awakening in ourselves.

Shri Mataji: No, no, in yourselves. You see because when you, mind is all the time awakened. But what happens that by saying that whatever is awakened in Me is there in you and then you reflect on the other person.

Sahaja Yogi: We also produce antibodies.

Shri Mataji: Of course, of course, you do. You are realized souls. What do you think? You are sanctified people – not only produce but you are sanctified. You can do wonders but now what to do now? (translated from Hindi – ed.). You are still [unclear: sounds like – ripe / unripe?].

Sahaja Yogi:...you see in Jamshedpore, Shri Mataji, I used to notice this whenever there is a problem in Jamshedpore, what I used to do even not with me in my neighborhood or something, I'll just go silent and I feel these antibodies will be coming out and in one or two days everything will be sorted out .

Shri Mataji: Yes. You see, you just have to think of it, ask for it. After all, Adi Shakti herself has given you the license. How many people have got from Adi Shakti? All My powers I have given. Just accept Me. Just surrender. Surrender means what? Accept Me means what? You exploit Me. Tell you very frankly the word is "exploit". What is there to surrender? What do you have to

surrender? Isn't it? What you are doing is to exploit Me completely. But not the way the Portuguese have done. Portuguese are the limit, I would think. I tell you it is the last thing I could think. I really...

Sahaja Yogi: What should we do about Ghent [inaudible]?

Shri Mataji: I don't know what to do with that.

Sahaja Yogi: Something has to be sorted out. Otherwise they'll be in a big mess and our whole center will go into ...

Shri Mataji: I feel that way. That's what I feel. Money, I don't mind. We'll manage somehow. You can do some little bit here and there to show C.P. I can manage it. We can do some hanky-panky but what to do about them? Basically they are the ones who are going to be hurt.

Sahaja Yogi: And if they are hurt the whole center will suffer.

Shri Mataji: Hmm. All right. Tell them, Gavin, that you have to keep some money for Mother out of whatever you all – you must keep some money or what they can do now they are getting these things. We'll keep them here. We'll try to sell them or do something. We'll say you cannot just take advantage. And you told them some percentage has to be kept or something?

Sahaja Yogi: They are quite willing to do it. Ricardo is still with us. [unclear]

Shri Mataji: Yes, of course. He has no money to go back. You know that?

Sahaja Yogi: I thought he is thinking of going to America or something.

Shri Mataji: America?

Sahaja Yogi: There was talk of going to America just to ...

Shri Mataji: See now, don't encourage him. He is on a very big ego trip and he'll ruin himself completely. Has he got those?

Sahaja Yogi: He's got copper utensils and there was some [talk/local?] of tablecloths. I'm not familiar ...

Shri Mataji: And that I don't know. Just find out Gavin. Be on his look-out. I hope he doesn't fly out to America. Tell him that show everything to Mother. Bring it down here. I would like to see all that he has got. Stupid fellow. Just smartly came, taking my photograph. You see, I thought that who is this? Got some newspaper fellow? You see, very smartly dressed with a thing and jumping around like a monkey. I didn't know who he was. Suddenly, I see, "Ah! You are here!" Such a stupid fool, I tell you. Four thousand pounds he has borrowed and bought those table cloths. Who is going to buy for 30 pounds and 50 pounds a table cloth like that?

Sahaja Yogi: Most of us didn't know what was happening. That was at the beginning there was talk of big sale.

Shri Mataji: No, no, now what you do... yeah! that must be his idea at that time. To go to America. What did he think? I thought I was a Commercial Director of Sahaja Yoga. I said, "What? Commercial Director. I just can't understand." I said, "Who gave you the idea?" He said, "Maybe my ego." I said, "Really?" I didn't know what to do. I mean, ego is stupid – stupidity. If somebody says, "What is it?" what am I to say then? (Hindi: itna bhi stupidity kya ki char hazaar pound aap borrow karte ho – why so much stupidity that you borrow four thousand pounds). And now you appoint – self-appointment. We paid for his transfer, we paid for everything, played all the tricks that they should have it and here they are just borrowed money on that stock. Let's see now whether their shop works out or anything. But they never informed Me. You see, the bhoot is like that. The ego is such that we thought, "Mother, we thought it was your blessing that we got all the loan and everything." I said, "Really? But why didn't you

inform me that you are doing it? If it was My blessing you should have informed Me.” There is no treatment for stupidity and 20 percent rate.

Sahaja Yogi: Of interest? 20 percent? I didn't realize that.

Shri Mataji: What are you getting to start? They don't have a single penny of their own. (translated from Hindi – ed.).

Sahaja Yogi: 800 pounds a year, just to service the [unclear]

Shri Mataji: I mean, they may sell it because there are 150 pieces altogether they have got but at the most for 3000 or so ...

Sahaja Yogi: Every 3 months of delay is costing him 200 pounds. I don't understand.

Shri Mataji: Every year how much?

Sahaja Yogi: 800 pounds a year. For them, it's a lot of money.

Shri Mataji: I think they'll become bankrupt. That's the solution they have. I think they'll sell it off and say, "We can't return your money." Within four years they have to return. They can say, "We can't return. We are bankrupt." That's the only way they have.

Sahaja Yogi: Then what future do they have? They can't soft loan it.

Shri Mataji: All right. So this is it. So now which one – left side we have dealt with.

Sahaja Yogi: Heart, Vishuddhi , Agnya we have left. We haven't done aasman.

Shri Mataji: Aasman is right side.

Sahaja Yogi: Left heart complications, left Vishuddhi complication, left Agnya complications. Treatment of diabetes? Sugar and salt, Mother? Sugar or only salt?

Shri Mataji: Salt. For the spleen if you can really give vibrated extracts, you see – liver extracts or something, firstly. Liv 52 vibrated, for spleen – liver extracts, you see, like Liver gen or something. It has nothing to do with liver but they are liver extracts, means for the RBCs only – for iron content.

Sahaja Yogi: What about eating liver for the spleen? Is it good, Mother?

Shri Mataji: It is good for the spleen – liver (hindi : in India liver is smashed and had) for iron – any kind of iron content, B12. You better give me one B12 again. Everybody said that I was looking much better but now I am much better. I was so tired.

Sahaja Yogi: in the Hampstead meeting you were looking very young.

Shri Mataji: Isn't it? Everybody said in Hampstead but you know I got tired in this one. The one we had, the last one, Cambridge, Cambridge one was also very, too much. You see I had traveled, went there, had a puja in the morning, no rest. Then we traveled all the way and this horrible bhoot on my head all the time arguing, arguing, got fed up and then we went there. It was very hectic but the Cambridge was the one. But thank God there were people. Now I got over it. But that day I was very tired. Okay over? Okay, we'll do tomorrow sometime. What time?

[aside remarks]

Shri Mataji: ... That Sahaja Yogis don't realize.

Sahaja Yogi: That's the desire, Mother, to awaken, the desire to do actually more than you think you can.

Shri Mataji: Yes, you see you have to go to the roots, you see. You have to go deep down into it. You have to be serious people. You have to be serious. You have to work it out because you have to go deeper into it. It's nothing superficial. Superficial things can be done superficially. You have to be ardent about it, earnest, absolutely earnest about it. It's reality, you see. It's not fantasy. You cannot say, "Love, love, love." All that nonsense is not there. To go deep down into it, to get to it, this Sahaja Yogis don't realize. I tell you I feel that Sahaja Yogis don't realize that it's a deep investigation, the deep approach the superficial people can't reach.

Sahaja Yogi: The Canadians seem to be doing very well Mother.

Shri Mataji: They are much deeper. You see, organizing outside is important but much more is organizing within and the organizing within comes when you reach the depth. If you do not reach the depth, how are you going to organize yourself within? There is no way out. So for every small, small thing – "Mother, he wakes me up in the morning" – array – why should anybody ask you to wake up? You get up and do it. You get up on your own. Objections – I am surprised at it. It should be done, for you good. You have to do it. You have to work it out. It is not just by the way on the road walking. You can just catch hold of something. It's not that. You have to work it out. This Terrance came, "I don't like people." I said, "You shut up now. Don't interfere with. That's the thing. No use criticizing others or doing anything. You better keep quiet. You don't understand anything." Then he kept quiet.

Because Australians are going deeper, you see. Nobody tells them. This is the point, you see. It's not just fun or anything. You have to go deep into yourself, to organize yourself. You must be organized within yourself. You see, alertness should come in that movement, "Oh, where is my mind, Mother?" It's not just talking, you see, or putting posters or things like that.

Sahaja Yogi: Especially if many of these actions they are done without desire.

Shri Mataji: Without desire [Hindi : and to talk about it superficially – ed.] and just to talk about is very What have you achieved yourself? This is the chance. You have to dive down, if you have to find. First dive down much deep and that's what I find is lacking. You see, why should anybody wake you up? What is the need? You wake up yourself. You should be the leader and you should do it. What is the need for anyone to do it? You come out of your own shells. You see, I can't understand Myself. I mean, if I were you, I would have done it. I would have done everything to the extremes to do it if I were you. But you see I'm just the other way. Still I am an extreme...if this is the way you work, even if you pay someone thousands of pounds, people won't work like that the way you work. For what I can't understand – the sincerity.

Sahaja Yogi: Also I think, Shri Mataji, is happening that people are putting responsibility for their ascent on few people who take things earnestly and seriously. This used to be always here in London, I noticed, and they put their responsibility for their ascent on those people and they will just pack off and enjoy life.

Shri Mataji: They don't want to ascend. You see, you have to take something and enjoy it yourself. If your tongue is not sensitive you cannot enjoy. As simple as that. Nobody can make your tongue sensitive. Can anyone? You have to make your tongue – everyone has. What is the need to say anything? I mean, it's all right in the beginning. I just thought that if we put restriction all the nonsensical people will disappear. That's why I said, "All right," but what is this? This has become a customary thing.

Sahaja Yogi: You see, this business of taking responsibility, the main thing in England is people don't want to take responsibility for anything including...

Shri Mataji: Oh, responsibility to your own seeking? I am not asking to take anybody else's responsibility. Like this Susan now, the

other day I saw. I was amazed – so much left, so much left. She has developed a face like a man, I tell you!

Sahaja Yogi: And no-one can see it. They all think she's very sweet.

Shri Mataji: Really? There is a man coming into her. She will become a man, you see that?

Sahaja Yogi: Much worse than it was one year ago.

Shri Mataji: That day she came, I said, "You go and sit at the back." I just couldn't bear. I mean, they are not sensitive people. She is shrinking, on what? On mental level maybe.

Sahaja Yogi: I don't know, Mother. It's very subtle, you see. I mean, I can't explain it. It's – they have made a fantasy out of Sahaja Yoga. They imagine. First they hear what they should feel, then they imagine they feel it and then they feel happy.

Shri Mataji: Stupid. All right, whatever it is. Now in this Bhagvati Puja, on that day, on Monday, I'm going to come out with some things like that about this one that you see. Now look at these persons so very [unclear]. They get up at 4 am – 4 o'clock, have bath, sit down, Baithak – you see, what we call is Baithak. I don't know what you call it.

Sahaja Yogi: Baithak is determination?

Shri Mataji: It's the sitting, sitting hours of the meditation, sitting hours, Baithak. What is your Baithak? You must have Baithak. It needs to be steadied on one point. In everything we think – even you say my brother – I told him that, "Why don't you take this one for your articles, say, to the Auditor." He said, "Has he got a Baithak?" Means a determined way of sitting on to it. Assiduity is,

Sahaja Yogi: Determination plus stability.

Shri Mataji: ..and stability. There is no word in English for it.

Sahaja Yogi: It applies to depth.

Shri Mataji: Depth and the holding to it and getting into it and everything is what is Baithak.

Sahaja Yogi: Some stubbornness also. What the English did to the Falklands in a gross way. They went, they went and they go it. Shri Mataji, the whole society has lost that. Only in the Army still you'll find that. This is the problem with the country, is that Baithak has gone out in Sahaja Yoga but also out of it.

Shri Mataji: But Rustom, it's such a thing. If you really see the beauty of Sahaja Yoga, one should really sit down. Even for music in India you have to have a Baithak. They are not a Baithak master. They cannot do it. They have to do riyaz for six-six hours, seven-seven hours. In India it's very common for a musician to sit down for six hours. Otherwise, do you think they can move their voices like that?

You see, C.P. is an example of that. Baithak is Baithak. When you come, you can see that. And in the office everybody says, "Whichever are the Indians? They work like this." It's a team. They all work better than all the English people together. English are 5:30 they have to go home – for what?

Sahaja Yogi: To meet their wives who will nag them.

Shri Mataji: I don't know – maybe to rape or what? I don't know. All of them, all of them, whether they are Japanese or anyone, except for the Indians, they work very hard, finish the job; then they go. Baithak is the point, you see. In Sahaja Yoga that's what

we need. (Hindi : in logon ne sab ne kya hai : All these people), they have achieved. Just see [unclear] the thing, how he has done it. [Hindi : bahut baithak chahiye : a lot of baithak is required]. That is what is lacking here. I don't know how to put this into their heads. They are fantastic and they – what is this nonsense? When they come before Me, I can't even make them sit before Me. It's such a condition! They'll go to India and they will also [unclear]

Sahaja Yogi: They have to sit for six hours, seven hours at a stretch?

Shri Mataji: They do. They do. (Hindi : abhi jaise ek chakra pakda hai : Let's say if a Chakra is catching, for example, Swadishthana. They will work out Swadishthana – work out, work out – clear it. They will clean the carpets much more with Baithak than their inside, to get to it.

Sahaja Yogi: That has to be told to them.

Shri Mataji: God will do. Mataji will do. How far can I go? You see, I drop off very fast. Now this one is now one of the examples is this Susan – very left-sided. She'll become a man – I have a feeling. Very left-sided, she is so caught up. See actually her ego is full of bhoots and she is one of them who is a target for Me and I am [unclear] there is another Susan. Susan – a funny name, huh! What does that mean? Is it a biblical name?

Sahaja Yogi: Yeah, Susanne. There is a dirty story in the Bible, Shri Mataji. It certainly gives rise to dirty thinking. It's a dirty story. That's all I can tell you.

[Mother talks to her cook and arranges for seating and food menu arrangement for the guests. She discusses about buying sari for Gauri Puja.

Gifts to be given on Gauri Puja can be made of stone or clay. Can be of marble.

She suggests a Mother Mercy and a little child idol made of soap stone as a gift.

During Laxmi Puja, gift made of gold can be given but it's not mandatory. But appropriate gifts according to occasion are more preferable.]

Note: *(Madhyamarga is the central path, while para, pashyanti, madhyama and vaikhari are the 4 stages of the sound.)

1982-0920, You Are To Be Born Again

View [online](#).

20 September 1982

You Are To Be Born Again

Public Program

Ghent (Belgium)

Talk Language: English | Transcript (English) – Draft

Public Program Day 2, Ghent, Belgium

Many people sometimes believe that Christ was born in America and he was an out and out a westerner. But he was not. He was one of them who gave us the knowledge about this. Not only that, but he played a very important role in establishing himself in a point called Agnya Chakra here (Shri Mataji pointing towards her forehead to show Agnya chakra). Now, one may say that Bible is the last word. It is not so, because it has not been able to explain many things. It talks of Holy Ghost but they do not know what Holy Ghost is. They say it's a mystery. And also, Christ himself has said that you are to be born again. But they do not know what it is be born again. For them it's just somebody comes up with little water, puts it on your head and say you are born again, you are now you are a Christian. You have become a Christian. (Shri Mataji laughs).

Do you mean to say an incarnation of that level of Christ came on this earth, just to make somebody take some water and put on somebody's head? His greatness can only be understood if you get your realization, means your Second Birth. But Not the way they say you are baptised. But you should be actually Baptized. We have to be truthful about it and honest that, no this can't be the baptism that Christ has told us. Because this kind of baptism..what does it give us? Nothing. Sometimes the children cry so much that you do not know why they are crying so much for such a holy occasion. So, under these illusions when we are, we start looking out for something may be the answer somewhere else and there is nothing wrong in it.

May be a book is written and you have to find a dictionary to understand it, sometimes. Moreover as I told you yesterday these people when they came on this earth, nobody understood them and they tried to finish them as soon as possible. They could not bear the truth. Many did not want to know about it and those who heard about it, didn't want to go with it. But still it remains a mystery that why of all the things he should be crucified? There are questions not only about Christ, but about Mohammed, about all the other incarnations of the world. Now when you are not realized, then your awareness, human awareness is lacking in something. This is the transition time because of that there is a confusion.

For example a blind person can not see many things. But if you can somehow or the other open his eyes he can see the colours and everything clearly. That is why it is said that you are to be enlightened. That we are walking in the dark and light has to come. But light is not going to come from outside; it is going to come from within from our heart. The light that is there is the Spirit. They all have talked about the spirit. About the holy ghost. In koran, it is called as Rooh, in Indian language it is called as Adishakti. In every language they have word for holy ghost. The only trouble is if you just accept english language or dutch language as the last word then you can not relate it to anything else.

This kundalini is the reflection of that Adishakti, of that rooh within us. This is the residual power, is the power of our ultimate desire which has not yet manifested. While in the spirit, the God Almighty, our creator, or whatever you may call him by what name, is reflected as spirit. Now in our awareness, whatever we have in our human awareness. we have so many understandings like we can understand the color, we can understand the smell. We understand there is dirt, there is filth. But the animals don't. Animals have no sensation of it. But when you become a human being, you develop a sensation. Now, when people say that you don't commit murder, you don't do this, all the ten commandments. One may ask-why? Why?for what? why should we do it? What is the advantage of doing all these things all your life for nothing at all. What is the advantage? Now to understand that there has to be a purpose for these things. Christ came on this earth and many came on this earth to say that to attain your eternal life, to attain your spirit- you have to lead a certain type of life that gives a human sustenance.

Now the happening has to take place because something has to happen within you to attract your attention inside. And that's why the kundalini awakens itself when there is some authority who can do it. Divine authority is very different from human authority. For example a person can be appointed as governor today and tomorrow he could be a beggar on the street. But not with divine authority. Whatever the properties nature have given are never taken away. Like water will remain water and the

mother earth will remain mother earth. So when such a person who has an authority who comes on this earth, Like Christ or anyone - can spontaneously raise the kundalini.

As I told you yesterday that the mother earth can spontaneously sprout a seed. So this is a living process that has to take place within us, the kundalini has to rise to meet the spirit. Actually the spirit is in the heart of the human beings. But the seat of the spirit is on top of the head. So when the kundalini rises and pierces through the fontanelle bone area here (Shri Mataji shows her Sahasrara to describe), then the spirit gets the message. When she rises, she enlightens these different centers that are shown here about which he has told you. You can see actually the pulsation of the kundalini with your naked eyes. You can also see the rising of the kundalini with your naked eyes in cases where people have obstruction. If there is no obstruction kundalini just shoots off in half of a, split of a second upto the head and goes out. Then for the first time your hands become sensitive, enlightened. And you start feeling the all pervading power like cool breeze around. You yourself should certify nobody else can certify. It is you who start feeling it. Off course with it you feel thoughtlessly aware and also you feel very blissful and relaxed. But when these hands become sensitive, they become dynamic. With these fingertips you can understand the centers that are suffering within you or which are sick within you. You can feel the centers of other people. Normally we have no absolute method of judging any one. For example you see somebody, you say he is a nice man, he is well dressed, he is smart but he may not be. You say he is a real guru, he is a great guru and all that but he may be an absolute fake, run away from one of the Indian jails. How will you make out? To make out the guru is not so difficult. If you are intelligent enough you can make them out that they are fake. Though they have tremendous mesmerising powers and apart from that they can pamper your ego very much by which you might be just [UNCLEAR-float to them-1/floor to them-2/]* They may be about with your weaknesses also. They can try any such things which are very basic. But unless and until you get your realization how will you know exactly what is wrong with this guru or that guru. You are a special category of people who are seeking the truth. That's a special category. This special category of people are born especially in these modern times. Like one great poet in England- William Blake has said that the men of God will become prophets and these prophets will have powers to make others prophets. Thousands of years back in India there was a prophecy by a very well known astrologer - "Bhrugu" who has written [UNCLEAR] of the Indian..what you say, is the prophecy. He is the one who said- "a day will come when people will get their kundalini awakening without any trouble and they will get their realization." Not only that but he said this work will start in 1970. Because had written the Indian calendar but the people rewrote and calculated and it was 1970. That means it has been already thought of or known that is the time many great seekers will be born on this earth and they will receive this realization because it is their due. So it is important first of all, for all of you to know that you are seekers, you are seekers of truth and not of falsehood. (Shri Mataji ask someone from public to move to the side)

So the seekers of truth must ask for the truth not for some sort of a brain wash. Those people who are interested in brainwashing they can go on reading many books if they like they can go on wasting their time. But here we are to find out the truth about our own selves. The truth is that we are the spirit. We are not this body, this mind, this imagination or anything else but we are the spirit. And if we are the spirit then when we become the spirit, we have to feel the all pervading power. As when we become subtler we start feeling the subtler things. Once we become the spirit [UNCLEAR] we get the nature imbibe the nature of the spirit within ourselves. People will say, "oh I feel very happy, I am very joyous but this is not the way to look at things. Actually when you become the spirit, it is the universal being within us, it is a universal entity within us. It knows everything that is happening in this universe. It knows what is happening within you, within her, within every person. It knows all the past and future about us. Now when you become the spirit, means when the spirit comes into your attention you become collectively conscious or you become a universal being. That means your attention becomes subtler and when you put your attention to anything else you see first the subtler side of it. After self realization you do not see anybody as a person say a belgian, or a dutch, or a french, or an indian but you just see a person as only chakras. As I told you yesterday we don't see them as branded things like cancer patients, those patients, nothing. We just see that this is the center, some [UNCLEAR] this center is to be repaired but we do not brand anyone- you are this kind, you are that kind, there is no branding. We are all human beings. Because on a subtler *[UNCLEAR] we are really human beings. Only we, the human beings we have made it so gross by saying this is Belgium and this is England. For God he just made one world.

So you start seeing the subtle side of life, the subtler side of life where we are bound together by one unity. But how it happens? Because we become part and parcel of the whole. That the whole is the state of primordial being "Allah-ho-akbar"- the one who is God Almighty. You become aware of him, within yourself. (Shri Mataji tells the person to finish translating as She can't proceed further) This great being, the primordial being is we can call it as the Macrocosm and we as the Microcosm. The Microcosm becomes aware of the Macrosom. Aware! Like we can say a drop becomes the ocean. And once you become the

ocean, you get all the qualities of the ocean. And that is how your attention becomes universal. (Shri Mataji says-"why not open the windows please"). I will give you a concrete example, say we had one person who got realization in England and he could not believe it, it was too much to believe that he had become universal. You see, we don't believe in ourselves much. (Shri Mataji smiling) So he said I want to know about my father- how is he keeping, who is in Scotland. I said, Alright! You put your hands like this (Shri Mataji opens her hands to show) and just think about your father and ask, how is my father? He said that there is burning in this part of my hand. Now this area, all this area is representing your father. (Shri Mataji pointing her right hand towards the audience and explains that the area below the fingers represents the father) and [UNCLEAR -if it is getting burning here-text1/ if he is getting burning here-text-2] Now, this center is here is Vishuddhi, Chakra. Now, that means he must be down with severe bronchitis. And when he telephoned to his father, his mother said exactly the same words that "I am sorry your father is down with severe bronchitis." When he said that this he is down with bronchitis- this gentleman was surprised, how can that be? I said communication comes to you on your fingers. I said, a rapport is established between you and the divine. Now the other side of it, that the flow of this vital energy from you can cure many diseases. Yesterday I told you how cancer is caused, how mental problems are caused and how they can be just cured by touching that person. I would say, cancer can't be cured by anything else but this. There is no other way out. As I explained to you how cancer is caused and how it is cured through Sahaja Yoga. We can explain many diseases like diabetes and so many others which are supposed to be incurable, can be easily cured by Sahaja Yoga.

That is just by the way, all these things happen just as a by product. But the greatest thing happens that you become detached from yourself. [UNCLEAR] You see yourself as a universal being. All the problems change their priorities. As spirit is the source of all the knowledge. You can get knowledge about anything that you want to know through this happening. And whatever you know is the absolute. It can not be challenged, is the absolute. You can not have any opinion about it, you can not have your own ideas about it. You can not say this is not true, that is not true. But it is rather difficult for intellectuals to accept this fantastic thing. I have found it everywhere and I am sure I will be facing that here too. They can't understand how just like that it can happen. Without thinking about it, without discussing it, arguing it out.

But as I told you yesterday that it is a living spontaneous process. And as I told you again yesterday that anything living like sprouting of the seed, we can not discuss, we can not talk about it, we can not intellectualize it. It has to happen. You may try any tricks, it won't sprout unless and until you put it to the mother earth. Moreover, science tries to analyze everything. Like you will have one doctor for one eye, another doctor for another eye. I am talking of the integration part [UNCLEAR] the root you talk about it is the integration part of it. Thank God, [UNCLEAR- there-1] Sahaja yoga has come at a time where even in the west people are fed up of tired of intellectualization. Their heads are off. I met a doctor in Switzerland who told me "Mother, you do what you like, you can even cut my throat but stop this thinking." That is so simple to do when the kundalini rises. See when she crosses the Agnya chakra your thinking stops and you come in the center, in the present. And when she pierces through it is established. Then you start manifesting the quality of your spirit and also the powers of your spirit. By the power of your spirit you can give realization to others. You can clear the chakras of others. By the quality of the spirit you can know the truth about everything. And by the quality of the spirit you reside in joy. Not in happiness or unhappiness which is a duality. But joy which is singular. You start witnessing the whole thing as a drama and a play. And that is what one has to get. I am so happy to see there are so many seekers of truth in Belgium. [UNCLEAR] especially and that the work has started here. I hope you all get your self realization today and that you continue to grow in it. I have been very busy before also and I have been travelling and I had very little time to come to Belgium and it was just done last minute so I could not spend more time with you so far. This is the, I should say the last country I have touched now, in Europe. Because even in Russia, and all these places I have been and we have been able to give realization to people there. But so far, I have not been able to come to this place Because I had no way of coming in except for he came to us. So short (Shri Mataji comments on a honking noise from outside traffic and She laughs with everyone else) [UNCLEAR] So it's very nice note of cheerfulness we should end this lecture and I would like to have some questions from you. But not questions from [UNCLEAR] now this time anybody who ask questions and goes away, ask that person to sit down and have realization, Alright!

Not only for questions-

Shri Mataji- Yes, what is, yes please?

Seeker- What is the difference between * and Kundalini

Shri Mataji- I don't know the word at all, I am sorry (UNCLEAR) see about Kundalini, I must confess that everybody has tried to write about it and sometimes I am amazed that how people have even used kundalini for their purpose, even kundalini. Like they have used Christ, with everyone, also used Kundalini. But the main thing is the proof of pudding is in the eating of it you see.

What kind of meditation one can do before realization I can't understand. Because you are outside. Without realization you are outside. You have to be inside to be in meditation. Not to do meditation but to be in meditation. You can not do it. It's a state. It's a state where you are a realized soul you are in meditation all the time. And I must tell you that some people have talked about kundalini as if She is a horrible thing and by raising the kundalini you get into heat and all kinds of experiences you become mad, you started shouting. This is not true at all. It's not true. She is your mother, she is your kind compassionate mother. And she looks after you so well and she has looked after you so well so far that you will have no problem at all. Nothing of the kind. If it is done by some unauthorized person, a naive person who does not know anything, it can. It will never trouble you but there are other forces which do cause problems. The first center that you see here is the red center is bestowed upon by a deity, who is the incarnation of innocence. Those who try to play around with kundalini, this deity fix that person. but not the kundalini she keeps quiet. So those people who have talked about kundalini most of them have done it by reading some books or I don't know how they got these ideas and they are so confused that I don't know what to do, how to answer them because they are absolutely confused people. There are of course good books, like Markandeya who was fourteen thousand years back who has written about kundalini, Adi Shankaracharya, Kabira, Nanaka, these are all sensible people but these books are not so translated in english languages and all that. And They must have taken it from some other books, I don't know some tantrik book or some sort of a thing. Tantra means, tantra means - the mechanism. Yantra is the instrument. The tantra is the technique we can say, tantra is the technique of the instrument that is the kundalini. Yantra is the kundalini itself, the whole thing is Yantra. Yantra is the, is the instrument But you see the tantrism is just the opposite of what you are supposed to do. Like we can say a man says- I believe in Christ, and Christ and Christ and Christ but he has no idea of Christ at all. Now he tries to establish himself by doing all kinds of tricks and trickery. That is tantrism. And They can even write books, (UNCLEAR TEXT) what does it takes to write a book. They can write books about it if they want to write. What does it take to write a book. But you must, first of all see for yourself and not judge anything by what people have written. You should not believe into me also what I am saying unless and until you have achieved it. Because even if you believe in me and do not achieve it what difference does it make to me. So you have to first of all experience it. You need not deny me but you need not also sort of accept me blindfolded. That is not going to serve the purpose. You have to get it. If you are interested in yourself, you must get your realization. Thats the main thing. It is for your good not for my good. But it is for your own good not for anybody else's.

Now any more questions please?

Seeker- In which state you have to be to get it?

Shri Mataji- Human state is alright. (Shri Mataji laughs gently and also audience) If you are a human being, that's all right. (laughter) That's it. Really I tell you, I can't give realization to chickens or to mosquitoes. No use being vegetarians and saving them you see, better be human beings (ahhah. Shri Mataji laughing) We have to be kind to human beings and not to animals more than a human being Isn't it? They are the epitome of creation. They are the senate, the top. We take ourselves for granted but we are great. We are great to be human beings. This state has been achieved with great difficulty and care and love. We do not understand our own importance, the state we have is very great. We should ask the dogs, cats and other animals - what do they think of us. Now, what else my child, who's there? Yes? (Pleasingly)

Seeker- (Unclear)

Shri Mataji- All can get it? (in response to the question)yes, I think so.

Seeker- (UNCLEAR TEXT) and I am kind of scared (UNCLEAR) that there should be some (UNCLEAR)

Shri Mataji- No nothing, no. don't be scared, now sit down, I will tell you. Don't be scared I jhave already told you that you are the top most things. Don't be scared at all. Just tell (Shri Mataji says that to the yogi for translation) Nothing is going to happen to you that way, in any dangerous way. You are all perfectly alright. Now, you must be having some blockages, It's alright. Does not matter. it's my job to clean them. But one thing is the worst is that you should not have any self pity. You should not think you have done anything wrong. I mean you should not feel guilty at all. At the very outset, I have to tell you that you say to yourself at least seven times that "Mother I am not guilty." then only the realization will work out. Why this guilt? don't you know that God is the ocean of love and forgiveness. Even these ordinary human judges can't punish you how can that God who is so great will punish you? So you must give up all the fears. Please.

Ahh, any other questions please? Don't be frightened. Don't be frightened. Alright? Is there any question? No question? Oh Good. Great!

Now it's very simple. You will have to take out your shoes please. Please take out your shoes. On the mother earth. Because this helps us a lot. Now again, you have to say to yourself that "Mother I am not guilty. First of all. (Shri Mataji giving self realization) Now please close your eyes. Please close your eyes. Please close your eyes and don't open them till I tell you.

Put both your hands towards me. Towards me like this, you can see like this. Both the hands on your lap and be comfortable. On your lap, be very comfortable. Sit comfortably, if there is anything tight on your waist you can loosen it. And just sit very comfortably. And now close your eyes. That's all. Be comfortable, be comfortable that's very important is to be comfortable. Now as I said, at the very outset after closing your eyes, you just say three times that Mother "I am not guilty" please say it. Now put your right hand on your heart. Heart is very important. So put your right hand on your heart and with all sincerity, right hand on the heart (Mother corrects someone by saying- you are putting it the other way round. Right hand on the left hand side on the heart.) Now with all sincerity, within yourself just say -"Mother, I am the spirit". With faith, within yourself. Say it thrice. Just say, "Mother I am the spirit." Believe in it!

Now put this right hand on top of your head. Hold it higher. In the front side and say- "Mother, please let me have my realization or Mother I want my realization to take place." Put your hand on top of your head. You'll find little cool breeze coming out. If it is not coming out then you put your right hand on another lap and put your left hand up and see for yourself. (After some silent moments) Now I will tell you how to raise your kundalini. Put your both the hands towards me. (She opens her hands to show) try to watch me without thinking, you can do it now. Most of you. You can do it without thinking. Kundalini has (UNCLEAR TEXT1-gone up, TEXT 2- risen).

Put your left hand in front of you like this, in front of the kundalini and with the right hand. This is the desire and this is the action (Shri Mataji touches her left hand to show the desire part and the right hand for the action.) Try to raise your kundalini by putting your right hand across like this. (Shri Mataji rotates her hand around the left one to show how to raise the kundalini) [UNCLEAR TEXT] slowly slowly. Take it up as much as you can, higher up as much as you can. And now make a tie...tie a knot there on top of the head. Take it down (Shri Mataji brings her hands down after tying the knot) (UNCLEAR TEXT)

Now again, try to raise it. Do it (She says this while tying the second knot)

Again, once more. This time thrice you have to give a knot. (She gives a sign to the person to translate her sentence)

One, two, three. Now, just see in your hands. Please try, please try. In everybody's hand it is going to start. Keep your hands, I will go around and see you all. (UNCLEAR TEXT) there is time.

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The Power Of Your Spirit Must Manifest

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... of these things, they can fall a trap to all these people who practise this kind of black magic. But an intelligent man must understand that what you have to get is your realization. That means the power of your Spirit must manifest, not the powers of some dead spirits which makes you ... also they can take your body and travel, astral travelling and all that. They can do all kinds of things. All this type of spirits that enter into human awareness always cause diseases and also can cause lots of problems: mental and physical. Most of the mental cases are afflicted by these; all of them I should say. And if they are to be cured, only thing what you have to do is to see that the spirits depart from them, and they are absolutely normal.

In My own experience, all the cancer patients that I have cured had an affliction from the left side. They were all possessed by something or other, either by guru or by some sort of a left-sided attachment or they had troubles like muscular, you see, muscular disability, yes, yes, that sort of thing and all polio, virus infection all are due to the left-sided attack. Virus is due to the left-sided attack of some horrible vegetables which have gone out of the circulation; even tobacco is one of them. It is another devilish thing. Tobacco is a thing that was created by God as insecticide and not to be smoked. But human being, you see, in their original idea try to do everything that is absurd and they started smoking it, and it is a thing that is not to be smoked. That's not meant for human being from starting and that's how it started giving the trouble of cancer. It is an attack of the left side.

There is no logic in following these things because what is the interest of Divine or God in making things move? Why should God give you diamonds and things, these material things which are of no value to human beings? And why should God take you away from your body when He has given you this body and separate from there in a dangerous position? There are some people who start suddenly jumping, you see, without their control, and then they think they have become divine because they have started jumping without their own control. But you can always jump, even with your control. So why do you want to lose your control for that? Some people think that when they take out their clothes they have achieved their spirituality because now there are no inhibitions and they have become free birds. Any drunkard can do that. When you lose your awareness, you can do what you like. When there is no control on yourself you can do whatever you like or whatever is done to you: you accept it as a spiritual blessing.

There are some gurus who are teaching you that you can fly in the air. Make that guru fly first of all. Let him jump from this leaning tower of Pisa, and let's see where does he land. But you pay thousands of pounds to such a horrible hoax and then you get suffering from such a person. You get epilepsies and all kinds of troubles. Spirituality is not illogical. It is not blind faith. You cannot purchase it. You cannot sell it. You cannot put in an effort for it. It is a spontaneous happening or blessing that you have to get at the end of your evolutionary process. Now when we understand that we have to look for what should happen to us.

Yesterday I told you that you get the power of your Spirit. And the power of Spirit first of all is that it's a universal being within us; placed within us is the universal being. Now this universal being once gets enlightened, and our attention is enlightened within us, we should become universal beings. We should become. Again, I say become. It is not like you form some sort of a group: "We are all brothers and sisters," and when it comes to calamity, you know they are no more. It should happen in such a way that we should feel that others are part and parcel of our being on our nervous system, on our finger tips. This is our Self-realization. This is our real Baptism, not the artificial one.

Now, to go to the left side, there are many things which human beings use which can take them to the left side. Apart from these horrible gurus there are things like alcohol that can take you away to the left hand side and there are many drugs that take you to the left hand side. A person who had a mother who must have been very strict, never gave her love or maybe that the mother has been all the time a crying baby, never gave joy to the child, such a person can become left-sided. So the left-sided person is always complaining, asking for comfort, always unhappy and always in a very pessimistic mood. But such a person suffers bodily and mentally very much. These people are very emotional and such people can end up in the lunatic asylum when their brain fails, not their hearts, but the brain. They use so much of their heart but the brain fails. That is the balancing factor of nature. Such people can take a lot of domination from others, they like to be dominated and they can be very slavish. But they are sly and sarcastic and can be extremely disturbed.

Now on the other side, of the right side, we have a consciousness which looks after our future. It works all our physical and mental action. So supraconscious area is the area that is our future. Beyond the supraconscious area lies the collective supraconscious. When you enter into the supraconscious area, you come across people who are dead but who have been extremely egoistical. We can say people like Hitler, you'll find them there. All the arrogant and egoistical and dominating people who have died and still have ambitions to ruin others exist in that area. Hitler himself used the Tibetan tantrism to get hold of such dominating souls. And to rule the German people with the idea that they are a special race. All this, this kind of work in Sanskrit language is called as Bhuta Vidya, Preta Vidya, Smashana Vidya, means the knowledge of the dead. When you get into the supraconscious area, first you start seeing an eye on the Agnya Chakra. That is first. The deviation starts to the right because when you are, then you don't see it. When you are the light, you don't see the light.

Then you start seeing things like colors and auras and all kinds of things which have something to do with the elements. This area is even more dangerous than the left side area because when you enter into supraconscious you never get any pains. You get very ego-oriented, you get very dominating and you start saying, "What's wrong, what's wrong?" You may kill thousands of people and you say, "What's wrong, what's wrong?" You give an explanation, rational explanation for everything that you do. You cross all the norms of life and you are least bothered about it. And this kind of ego-oriented temperament lands up into an area where you become a success, so-called. Such a person can be so much self-opinionated and so much injected in him is the idea that he is so great and he forgets that others are all human beings, made just like him. There are also some drugs that can take you to the right side, like LSD takes you to the right side. Some clairvoyants can be on right side or some could be on left hand side. Right sided clairvoyants can see the future, can talk about the future, could be like good astrologers.

But Spirit lives in no space and in no time. It is not interested in future or past. But it illumines the present which is dynamic, which is real, which is the blissful state. And that is why any intelligent man who is logical should seek the Spirit and not all these nonsensical experiences and sensations. But people are more impressed by the circus they have to go through. For example if somebody says you have to pay 300 pounds to do something, then there is a competition who comes first to pay 300 pounds. And once they enter into that competition, then they don't want to return because it is below their dignity to accept that they have been stupid to pay those 300 pounds. And some of them feel that, "Now we have paid it so let's go through it. Why waste the money?" But if you have paid the money for the poison, are you going to go through that? The first criteria should be: what have you achieved out of anything that you have been doing? There is a gentleman who does this kind of thing and then another kind of meditation, third type of thing, anything, is perfectly all right. He doesn't want to see himself, that what powers does he have himself.

If somebody has written a book, you should not dance at his tune. It is very easy to make people get into fashions, I think. If they publish one article that you must stand like this, you will find all of them standing everywhere. If they say you have to stand on your head, then all of them will stand on their heads whether they have high blood pressure or low blood pressure. Same about Hatha Yoga: now the Hatha Yoga of modern times is absolutely absurd. Patanjali lived thousands of years back when we had a different social system in India. The small children about from five to twenty-five years of age were sent to a university where there were professors and teachers, there were, who were realized souls. And the first criteria was called as [Eeshwarapranithan?] which means the establishment of God within yourself, means Self-realization first. Now without having any connection with the mains if I start shouting at it, it will be spoilt. Without connection, if you do anything, it's all wrong.

Then after even when you are connected, there is sign which tells you how to do, what, where and what is needed at this moment. The way these days people are doing so-called yoga has nothing to do with yoga, means union with the Divine, but only thing what's happening is they are developing a funny body which will ultimately collapse under the pressure of the heart. It is like taking a complete medicine box without knowing what medicines you have to take for what disease. Moreover, every human being requires a different type of a body. Say, there can be somebody who has one element less in that, then that person requires to do asanas which will help him to achieve the fulfillment of a particular element that is missing in him. And after realization you know where the Kundalini is stopping, at what center, what chakras, and then you can do the exercise required for that particular center.

Same thing has happened about Zen. [Vijithama?] was the originator of Zen system of religion, who was a realized soul, and till the 8th century there were only twenty-six realized souls which were called as Kashapas. Now these were no longer available in Zen system so whole artificial stuff started like your artificial style of Baptism.

For example, Tai Chi dance. Now without any vibrations flowing through you, what Tai Chi dance are you doing? Just moving your hand, it's just an acrobat. Another thing is acupuncture. That also is very dangerous. Why? I'll tell you. In both the cases when you do such things you are using the energy of your sympathetic nervous system. For example, if you are running very fast then you are using your sympathetic energy to run fast because there is an emergency. But when you stop your running, the parasympathetic gives you the balance and brings your heart to normal. Now this parasympathetic has a limited energy before realization. Only after realization you get connected with that whole energy so that there is no exhaustion of energy. So, when you try to put these needles into different places, what actually you do that if one chakra is exhausted, one center is exhausted, you are trying to take energy from another center or from the third center. It goes on like that.

Those people who do such activities can become extremely dry people. They can become very hot-tempered. They might go in to divorces and problems like that. They cannot be congenial with others. If the left side is exhausted, by then they might become paranoid or nervous. So it can be anything. It can be one extreme or the other extreme, but you cannot be a balanced person. So only thing that human beings have to do to overcome the original sin that is they have become human beings who think, who have taken responsibility upon themselves, is the original sin they committed that is they have become independent from God, to overcome that only thing that human being can do is to get into balance. That's why Moses came on this earth. He brought Ten Commandments, and in India also in all the scriptures. These Ten Commandments are described in the Bible, in all the Koranic laws, all the Ten Commandments are described that you have to have these laws of the Divine. Our human laws are based on these laws, which have come to us from Divine. These laws are very important to be human beings. Otherwise we become animals or we become some [volcanic?] demons.

Now the problem is, people always try to use their freedom to be abandoned. They use it to deny all that is logical. And to deny all that normalizes them. That's why these prophets came and told us that you must have a balance. That means don't go to the right and to the left. Don't be extremist, but be in balance. But people have lost that sense of balancing and now we have reached in a stage of modern times where it is called as Kali Yuga, the age of complete confusion. This confusion is very important though. Without the confusion we will never try to come out of our original sin. This is the knowledge, so-called, we achieved that we make stupid fools out of us. Or else we create atom bombs and hydrogen bombs to kill our brothers and sisters or else to find out ways and methods how to exploit each other and on top of that to develop a rational explanation for all these kind of stupid or cruel work.

But in Sahaja Yoga we do not talk of any balancing to begin with. We do not ask what are your good or bad habits. Because when you are sitting in your car and something goes wrong with your car, you cannot correct it unless and until you are out of it. You may try to cleanse it and do whatever you like but you have to get out of the car to see what's wrong with it. For example, if there is something dirty on My sari I do not know it and I think it's all right for Me. As long as I am identified with this sari then I don't like anybody criticizing it. But as soon as I take it out and see for Myself, away from it, I know it's dirty and it must go. This is what Sahaja Yoga is today is called as Maha Yoga because it is not meant for one person, but is meant for thousands of people.

"Sahaja" means born with you, spontaneous, like it is born with a seed that it has to be a tree. And "yoga" means union with the Divine. And also "yoga" means the depthness of the technique, technique. In Sanskrit called as [Kowshalam?], Yoga [Kowshalam?].

So when you are realized, what do you feel? First when the Kundalini rises upward, then when She pierces through the fontanel area, giving you the real Baptism, that time you start feeling the cool breeze in your hands. Some people don't feel it in the hand, they feel it in the head first and then in the hands if their this center is out of gear, which is mostly among Western people is, then they don't feel it in the hands so much. So you have to correct this center so that they feel it in the hands.

So what do you feel actually? You feel the all-pervading power of God's love, the Holy Ghost. Because it is that power you are feeling, you can experiment and find out that the power you are getting in your hand, has it got something special about it or not. You have to test it. You have to work it out, experiment with it. After you get the light, you have to give light to others. Christ has said we don't put the light under the table. You are only enlightened because you can give light to others. So you become your own guru. You start understanding what's wrong with yourself and correcting yourself. And you don't mind anything because you don't like it. And when such a happening takes place, gradually you find that you have become the witness of the whole show. When you are in the water, you are afraid of the waves. But when you get in the boat you see the waves and you are not afraid of them. In the beginning, is rather difficult to forget the habit for some people, but mostly people just jump on to another side and become something different, completely transformed.

Message of Christ is not His crucifixion because crucifixion was His accomplishment by which He got settled into this center of Agnya. He said, "It is accomplished," means that, that work that He had to do to enter into this very complicated place of Agnya where these two lines cross to enter there and to reside there, was a very difficult job which He accomplished by His crucifixion. And that is the gate, so everybody has to pass through that gate, so it's only through Christ one has to rise. There are many others but ultimately it is the Christ here, through which one has to rise. So when the Kundalini rises She enlightens or She awakens Christ deity here and then She comes out here thus gives you Self-realization.

Moses did not talk of Self-realization or of second birth. He talked of the balancing because that was the time of people to balance. At the time of Christ it was so horrifying that He could only live for four years. In that short time whatever was possible He said. He said that He will send you a redeemer. He talked of the future. He said, "Anything against Me will be tolerated, but nothing against the Holy Ghost will be tolerated." Many people believe that Bible is the last word of Christ. It's not true. Christ was such a great personality that it cannot be contained in one book. He was an eternal being. But before Abraham came into being, we had people in India who were writing about Christ fourteen thousand years back. Are we going to deny the knowledge because they were not included in the Bible?

Even the Bible that is today I don't know how far it has been tallying with the real Bible that was written because in the New Testament this Saint Paul who has been included. I don't know what right he had to be there, because he was not with Christ. He killed many Christians in fact. And he suddenly saw a cross so he became such a big Christian that he's included in the Bible. He created the biggest problem for Christians. He has taught that, I mean the description of the Acts, it's all written by him and not by the disciples of Christ. I mean he added his own stuff in between. If he sees the cross that means he's a supraconscious person. And if he's a supraconscious person, then how are we to rely on his any information? That he said that when the Holy Ghost came as cool breeze, that's true, but that all the disciples started speaking different languages and they behaved like mad people and everybody said they were mad. It's a simple question of getting possessed that's all. But they never got possessed, His disciples. And how can they behave like mad people? If there is Holy Ghost, they must be the sanest people going around.

This is a simple thing that we do not know that when the Holy Ghost comes into us or blesses us we get our realization and a transformation takes place. You become the master of yourself. All your habits drop out. You become a beautiful personality, a compassionate and loving and blissful and relaxed person. You become a universal being and the power of love flows through you, don't talk about it, just flows. Most of your physical maladies are removed, your mental problems are removed. That's what it should happen. If it is Holy Ghost has to come to makes us mad, better not have it. But when it is an organized religion nobody can talk, you see, immediately people get very annoyed because it is organized, now fixed. They do not want to think. They have

blinkers like the horses have.

So now Catholicism is going towards charismatic, imagine! This is absolutely satanic, anti-God, anti-Christ. The Protestants started this joke much earlier. They called it Pentecostal. They all used to get the spirits in them, they say, "Ho, ho, ho, ho, ho." All of them behaving like that and they said, "Oh, the Holy Ghost has come in us." No change in their private life or in their understanding of life. Extremely alcoholic and horrid people they were. They had illegitimate relationships and they had illegal licenses with all kinds of dishonest things in India, we have so many of these Pentecost, nonsensical things even in the villages.

In Paris a boy, about twenty-five years, I think, of age came to us in a program and he just started saying, "Ha, hoo, he, he," all sorts of things he said first of all and then he started crying, weeping and ultimately he fell down on the ground. He was from charismatic movement. He was like an epileptic person. When I went near him and I said to the Satan, "You leave his body!" Then he got all right. The boy felt so much normal, now he's living in our ashram. He's a normal person, he's going to colleges and he's working all right. And he told Me that all the members of that charismatic church are doing all these nonsense and even the priest is doing the same.

I don't know what's going to happen to these people who say, "Christ, Christ" and do nonsensical things in the name of Satan. I would say they are ignorant, they are blind. They have lost their ways and they have lost their [INAUDIBLE]. But it is time for people who are thinking, must know that this is a very dangerous thing for them to do. It is just like any other guru business. I hope people will understand it very soon because I am sure with this kind of happening, you develop also lot of diseases. The children become blind or they just die in their rooms, many incurable diseases are created by this kind of an action. I'm sure one day will come when people will realize it, and they should turn to reality.

The reality and truth is that you are the Spirit. You are the Spirit. The human beings can become the Spirit, not the animals. People should not try to save animals. They should try to save human beings. Human beings, one human being is created out of thousands of animals. It's so important to think they have no value for themselves. Just they are standing at the brink of becoming the Spirit, and thousands can get realization.

For example, in Indian villages there are people ... I have seen thousands to come, they do not come one or two like this. They have no cars but they come in bullock carts, walking to get realization because they know all these trickery and jugglery of spirituality. They are very sensitive to reality. Of course, the westernized Indians are just the same as you people are who like some sort of an artificial show. They are very little complicated, there's no complication we can say with them, while here people have complicated by having their mental projections about everything. All the outcome of the original sin: "What's wrong?" The wrong is that you cannot get your realization. The wrong is you cannot become your Spirit. The wrong is you have to live with the wrong all the time. So this is what it is.

Today is the time when thousands have to get realization. As said in the Koran your hands will speak. This is the Resurrection Time. This is the Last Judgment. How are we going to be judged? Is somebody going to put us in some sort of a balance to see how much your weight is or what your beauty points are? Michelangelo has shown in his very beautiful murals in Sistine Chapel, Christ standing like a huge personality and just throwing people on Agnya on the left or the right like that, and they are all coming down to hell, very clearly he showed it. And the realized souls are taken by the angels. There's no end to all these beautiful things about Christ but now we have spent a lot of time on talking about it. Now let us have realization, I think. It would be better if you can ask Me one or two questions and then we can have the experience of Self-realization.

Any questions?

Is it cold? Might be the vibrations are making you feel cold and not really the cold. How many of you taken My photograph now? All right.

You see, the western people think that Christianity is their own contract. Was Christ born in England or in Belgium? Actually His Mother and He have lived in India much more that they ever came to your western countries. He was much more an Indian than a

European, all right. Yes, many people think like that, that He was born in England. And He used to wear suits and ties, you see. No, He was darker than Me. And He had dark hair. Because you have organized Him, you see, you have become the rightful owner of Christ. Actually the Christians who came to India, the missionaries, made the biggest mistake because there were nothing up here, you see, because it is written in the scriptures, in Indian scriptures that Mahavishnu will be born, who will die for your sins and He will take away your sins and your karmas, is written down. But these stupid people didn't know anything about it, you see, and they went and talked about Christ as He was something like an English man, you see. That when He will come then you don't have to worry about your karmas. But these people never talked about Mahavishnu. They never tried to find out, nor did they have the idea of Christ, what it means that He died for our sins. So the Indians still carried on with the cleansing of their karmas.

He was described as the incarnation of [Bowtha?], not Buddha, [Bowtha?], the one who is the mild one. And they got confused with Buddha, but they said, "Buddha doesn't look like that." If they had told Indians it would have been much better but they didn't know themselves anything. They are all artificial Christians. It was all political Christianity. They wanted to have majority to become Christians somehow. They put a loaf in the water and would say this is the [beef?] and you have all become Christians now, those who taken water from here. By villages after villages, poor things Indians, you see, they thought, "Oh God! We have committed the sin now, the original sin we have committed so we have become Christians."

Thank God He was not born in the West. Otherwise we would have had no chance to say anything about Him. He did not know any one of these languages either. But He knew Sanskrit. You know He went to India that you know very well.

All right. You see, the thing is, in India there has been a search on the roots side as I said, and here it has been the shoot and both are complimentary. If you little bit humble down yourself, you will see that as you have knowledge of science, we have there the knowledge about all God's science. And it should not be resented, it is knowledge, it's for universal use. It is for the good of everyone. Unless and until you tell about Christ, how are you going to give realization to people? I am not here to give you artificial Baptism with some water on your heads. But we have to talk about Him because He is the principal Deity who has to deal with this subject. I don't see you as westerners; I see you as human beings. You may see Me as an Indian because of your blinkers.

Now, should we have realization now? Put your hands towards Me, please, all of you and close your eyes. It is the actualization you have to face. You have to close your eyes and place both hands towards Me and don't open your eyes till I tell you because when the Kundalini crosses through this Agnya Chakra of Christ, there is dilatation of pupils in the beginning and if your eyes are not closed, the Kundalini won't come up. You see, just the opposite of mesmerism, you can see that.

Just don't say any mantra or anything, just keep your eyes shut, please. And please do not put in any effort, do not direct your attention in any position or point, just let it be as it is. If it is thinking, let it be. Be relaxed and sit in a relaxed pose, put your hands on your lap in a relaxed way. The aim is to get realization that you have to be the Spirit. Be kind to yourself and fair to yourself and to your Creator who has created you. And don't be obstinate. Just keep yourself open, it will work out. Our job is to work it out and we can't say about the fruits. If it doesn't work out, we work out later on. But it has to work out, and you have to certify yourself. Now we have here people who have come across from Paris and from England who can help us. Later on we can take people from Brussels, from Belgium to other places.

Now put your right hand on your heart, please. And before starting your meditation close your eyes and say one thing clearly that, "Mother I am not guilty." Please say it again and again. Now you may say again and again, you must say, "I'm not guilty." Because what could you have done to be that guilty. I'm talking about the ocean of love and ocean of compassion. Let Him judge you. You please don't judge yourself and condemn yourself. I told you that God has created you with such care and with such love, and you have no business to condemn yourself. You are the highest in this universe and just ready to become a bird out of your egg.

Now put your left hand straight towards Me on your lap, please, and say, "Mother I am the Spirit."

Keep a relaxed [mouth?], relaxed [INAUDIBLE], relax, relax. Do not go into any pressures, position or anything, just relax. Now put

your right hand across your forehead and now say, "Mother I forgive everyone." Say it from your heart, please. Say it again and again, please. Now put same right hand on top of your head touching your head and try to feel the central area with your palm. Also with your fingers in the central area of the head where you have your fontanel bone, which was a membrane in your childhood. Now just feel on top your head with the right hand if there's a cool breeze coming out. Now you can try with the left hand and right hand towards Me.

1982-0922, Talk To Sahaja Yogis

View [online](#).

22 September 1982

Talk to Sahaja Yogis

Ghent (Belgium)

Talk Language: English | Transcript (English) – Draft

1982 0922 Talk to Sahaja Yogis, Ghent, Belgium.

Yogi: Guys since yesterday evening it was bright.... (Voiceoverlap)

Another Yogi: Aah, beautiful matter, unclear(astonish), just tingling (discussions)

Shri Mataji: It was so beautiful.

Yogi: Mother Warren telephoned in the beginning of the puja he sent his love, and everyone sent a lot from Australia. And he is in Melbourne. And I have the negotiating unclear(demand) for a new ashram. He found a big house.

Shri Mataji: In Melbourne?

Yogi: and they have an acre of land, and a tennis court for a school and they first tell us here .. and five-year lease. Which will be great so.

Shri Mataji: Aah Good.

Yogi: And city has another big house but it's a long story Mataji. He is working on it very hard.

Shri Mataji: So, I will have something to eat and tea or something otherwise., [Shri Mataji speaks in foreign language Marathi] give it to Parmila, you have to bring it to my house now.

Yogi: Of course, to cook it for here, shall I bring all these tomorrow, Mother? Your things, your glass

Shri Mataji: Luggage, my glass?

Yogi: Your glass

Shri Mataji: We can take it you see, Gavin can't we take the glass with us? Because yesterday I go, he'll ask for it

Yogi: In the market we saw tow bugs of pears, shield pears mother,60 Milos of French kilos its incredible.

Shri Mataji: Really?

Yogi: Its one penny, one P, ten P, twenty P the kilo, twenty P the kilo.

Shri Mataji: What are all these called as? Twenty penny per kilo?

Yogi: Drei for Vienna,

Shri Mataji: Drei for Vienna? It came to me here? Beautiful, so cheap I can't believe

Another Yogi: It's unbelievable. Twenty P per kilo.

Shri Mataji: Specially for us, unbelievable. Vienna. Very nice of., Alright, so let's have the interview

May God bless you.

Interviewer: Surprisingly I am not prepared for the interview.

Shri Mataji: hmm?

Interviewer: I have not prepared really. I am surprised....

Shri Mataji: I am not prepared either.

She asked me 'will You give an interview'

I said alright, I have never prepared.

Interview: I will ask you, how can you say in few words what is Sahaja Yoga?

Shri Mataji: In few words?

Interviewer: Yeah, I mean comparison with other yogas.

Shri Mataji: See, Sahaja Yoga means Yoga, makes you union with God. Why this adjective is given. Sahaja: saha means with, ja means born. Means is born, is spontaneous. Is the happening that is spontaneous which is a living happening, which takes place within you. Now the other style of yogas whatever it is actually are accessories if you like you have to come to this house, you have to take a car, first get into the car, then drive it down, go to the petrol station take petrol, then come, you arrive and then you come and then you really do that and then you enter in. That's the thing otherwise if you take your petrol and you finish off then, there is no yoga. If you drive on and drive on, come up to the down there is no use. Even if you press the bell, there is no use. When you enter in - is the yoga. When you really get that in person - sakshat it is called, is the yoga. Now if you have to do any yoga one must know that this must be achieved at the end of it and this part is spontaneous. Is the entry into the divine is spontaneous. So they had HathYoga as I told you yesterday that in HathYoga there are attacks. This was done at a time when we had a very different system. It was not allowed for any married person. It was for celibates unmarried young people of 25 years age. Here there Ashtangas out of which first criteria was establish God with in you called Eshwara Pranidhana – establishment of God with in you and then this yama-niyama that you are doing out of that very little is the exercise we indiscriminately without understanding how the Kundalini is rising, where it is, like if you are going somewhere then you must know where you have to stop, where you have to turn, where you have to pay the toll. In the same way when the Kundalini rises then only you will know what you have to do at what point. Otherwise if you start doing without movement then it is useless. It's just a exercise which has no meaning. Its just a exercise. So, all the Yogas: now say RajaYoga. RajaYoga is a description of what happens within you. When the Kundalini rises then the Bandhas takes place means this augmentation of the muscles, stomach establishes when It rises above the when the VishnuGranthi meets the nabhi is broken then a kind of a spasm goes into the stomach is called a bandh. To hold the Kundalini up there, you see when the Kundalini rises there must be some action also taking place alongside you get it to move isn't it? So all that action because when it comes to the Vishuddhi chakra the tongue is cooled inside at this time. When it comes to the Agnya, the eyes (the pupils) are dilated in the beginning. All these things happen you see when the Kundalini raises and how the brain organs works out all these things happens. So, this is the happening that takes place within - is the RajaYoga. They call it a RajaYoga. That doesn't mean just you sit down and put your stomach into a spasm for what are

you putting it you see when the Kundalini is not there, you have to hold the Kundalini. Kundalini is still frozen there down below. So that's how all the RajaYoga also is the physical happening within ourselves. But by doing physical thing, that is not going to work out, you see. So that is the RajaYoga. Then there is Gnyan Yoga. In Gnyana yoga is the same as Sahaja Yoga in a way, because when you get the knowledge means you become enlightened that's what Krishna said that you first get to Gnyana. Gnyana means by which you know means you become a realized soul is the first. Then He out said that you get to that. But Arjuna was mediocre. He started asking questions. He said then why you are asking me to fight? If you want me to get the knowledge why do you say I should go and fight because normally people understand that once you get into knowledge then you give up everything, do not do anything normal work, you live somewhere in the Himalayas, hanging yourself by some string there. That's why Arjuna says nothing is gained, nothing is gained. Who kills whom? Because they will be born again. Itsnot easy to kill anyone. So you must do your duty, so He started another diversion for him but he said that you said that I should get to become a witness, and then you are saying I must do my duty. So, Krishna being a diplomat, an incarnation of the diplomat. He said alright, you do your duty. I said diplomacy. What is diplomacy? Do you know what is the essence of the diplomacy?

Yogi: To arrange the conflict

Shri Mataji: That's the human style but the Divine style?

Another Yogi: To be humble, to understand people, try to understand people

Shri Mataji: Diplomacy is-that's the trick. The trick is that you give an absurd solution. Absurd solution and let the people find out. That's the diplomacy- Divine diplomacy. Is like He said, alright you do your work and put it at the Lotus Feet of God. That's all you have to do. But you just can't do it. Because you are not yet realized. So your ego is working all the time and if you think you are doing, see many people all the devotees you see think that ooh, whatever work I am doing I am putting at the Lotus Feet of God - is all imagination is not really because after realization you will know what you say it is going, it is coming, you become a third person. Trayast- third person. You start saying this is going, this is coming. Now it may be your brother or sister or anyone you say its not coming what can you do? I mean it's not coming. You become a third person. And then you don't do any work. The work is done for into category of Akarma. Like the Sun. It gives light, it just gives. It doesn't know it is doing. There is no ego part. It just do it. In the same way you do your duty. But that's what he was mean. So he was put an absurd condition that you do your duty and put it at the Lotus Feet of the God which you can do. Second for devotion he gave another what is called as BhaktiMarg or BhaktiYoga. BhaktiYoga they call it. This is the., I told you about KarmaYoga, where you do the karma, then first I told about GnyanaYoga and now the BhaktiYoga. Now BhaktiYoga, he said alright is again for the diplomacy. He said you do my bhakti: Pushpam, Phalam, Toyam whatever fruit or the things you give to me I take it. But while giving its again diplomacy, he says the word he has used is a very., 'Ananya' So he has used a very wonderful word. He says you should do Bhakti, you should do the Bhakti which is Ananya Bhakti. Ananya means when there is not the other. You should do the devotion when there is not the other. That means you are a realized soul. Now people say we are doing ananya bhakti, ananya bhakti means there is not the other. You see they are doing bhakti Wait, you are not realized how can you do bhakti? You are not connected. You know this is another absurd thing they do. By giving this absurd thing, people have tried to work them out some are realized that there is some trick in it. It's only the mother we take it for granted. The father tries all these tricks but the mother tells it frankly-no my child the horse is behind the cart please put the horse front whatever the father is telling is all trickery that we are trying to show off so he is trying to put you down. So, because if you can't take out something with straight finger you have to mend it. That's what he is doing it. But as far as I am concern, I am telling you very frankly that you better find out the Spirit first then you talk about it. So, this is the epitome of all the yogas, is the flower of all the yogas without this no yoga has aroused. All others are subsidiaries. And this is spontaneous, this is a living force. And that is why its difficult for anyone. Unless and until yourself was incarnation who can do it? All yourself a sahaja yogi. Only the sahaja yogis no yogi can do it as fast as you an do it can you know that? You find out from any yogi there are great yogis in India who are realized souls, even this John the Baptist I was telling about he can't do the way you can do it. Because you are my children.

Interviewer: So, it is externally to try to accept that so lot of people normally saint may sacrifices crying, preaching, buddhi sacrifices within it was useless? they were all wrong?

Shri Mataji: I must they yes. I am sorry. They should have waited for me to come. It is all prophesized. Its prophesized. You see if you see in the Naadi grandha clearly said that somebody who is the embodiment of parabraham, this is parabrahma will come on this Earth and the Kundalini will be raised in Kaliyuga. There was no need to do it. And also, I would say in a way it's not possible. Those who have done it in previous lives are very good sahaja yogis today. They are taking the boons. But one should not have a obsessed at it. Don't bother God. You see if somebody comes here and I will cut my throat if you don't come, you don't like such a person. Such oppressive people if you don't come and show me your face then I will do this and that no one likes you. See when you want to receive someone, talk to someone, people like only are sensible and do not intrude upon all your privacy all the time. So, this is all nonsense that all the time you go on bothering God. Now.,

Yogi: Mother we have to leave. That's a great pleasure to be with you

Shri Mataji: May God bless you. Best of luck. Now get me the unclear(dates?) please.

Yogi: Yes mother, I would unclear

Shri Mataji: And also try to get the letters of the parents and things...

Yogi: Yes Mother we wrote down already Mother, will do it Mother.

Shri Mataji: Alright, May God bless you.

So, now it's clear?

Interviewer: We have the impression that might be normal because its spiritual and divine with yoga sahaja yoga solve all problems

Shri Mataji: Practically

Interviewer: Practically? Then it is a we say nice practical always well for all of us. So, some ashram masters they say use trick we have no time, we see after, you never see, we see after we have no time. You will through directly.

Shri Mataji: Coming, in present you have to do it. Today you have come say it to me for problem and if I say I'll see it later may be I might have solved the problem otherwise once you brought it to my attention my attention will have to work it out. My attention is such that you bring anything to my attention itsjust gets after. That's how you start giving realization to 120. If he is not getting realization I am working hard on that person as far as possible. But even if I leave that person, the attention is working on him. But it reaches a certain point when it really values the whole thing then it leaves. "Karmanye vadhikarastephaleshu ma kadchan". In our right to do the job. But not for the (food). We are not bothered. If it is done? Done. Otherwise, attention will see it. And this is a fact that the attention receives. And the tantrikas I have taken advantage. See supposing even ours say you see something very filthy you just turn yourself, isn't it? What they have done in these temples that there were deities which were living deities and all that. These tantrikashave done dirty things. Extremely filthy things and the Goddess could not bear it. So, the attention disappeared. That area created negative. Then they start meeting all these spirits and all that and using it for destruction. That's how tantrism do it. That's true that's the nature of the attention. You can't help it. That if there something beyond redemption or something that is filthy against God or something the attention just reverse back.

Interviewer: You don't like to qualify yourself a lot of people were asking to are you God? If I, not a way of asking you how do you find it's a mystery to find the energy you have to cure so many people always. And you are always in connection with the cosmic harmony. So.,

Shri Mataji: I have no mystery; see I know all the mysteries. Actually the trouble is I have no mystery. I know everything. Now, how

do I know? Because I know. How do you know you are a human being? You are sure you are a human being.

Yogi: Somebody told me.

Shri Mataji: No, you were a child, you were born. Which children knows that they are not animals. The same way I know.

Interviewer: Then it can cure every disease?

Shri Mataji: Practically every, you see Sahaja Yoga is spontaneous living process. If something is dead, then it is not interested in curing it. But if anything is living say no one is there in a condition where if it's living it can work out. But also I have seen that it plays a big role. What you have done in previous lives and in this life. Say an Indian lady came the other day to see me, she was all full of arthritis and she had the heart trouble, and she had a spondylitis and all such things. She came to me she said, 'Mother why am I suffering so much I am such a believer of God, I have lead a very good life'. I said, may be because of suffering you have come to me. She said 'that's true'. Perhaps because of that I have come to you. I said alright, within half-an-hour she got rid of everything she has. Everything, perfectly alright. She started dancing like she feel younger, she was 70 years of age. But I may not say it happens for everyone. Some there are complicated, their hands have this that. Some people just there at the end of it you see and you have to give them a little push and they are there. But some people are handsome they have, you see intellectual handsome, that handsome that difficult, first we have to disentangle them from all that and then bring them out. Because intellectual people you see they may outside more inside less. So, you have to push them in first of all, bring them in the center, keep them there so that they don't move this side, move that side because they should have done so many things that they cannot accept that whatever done, they have done is going to be useless. So, so difficult thing for some people. But if you take to sahayajogaanything can be cured. Only in such cases where it is not cured, and more over if you have born, you have to die. Death has to come because sometimes it is better to die so that you have a new body. You will be born again so at the time of death if you desire you will be born again and then you get your realization that to have a very sickly body and Mother working hard on you, wasting Her energy. While if you become healthy you see there I can give realizations to many more. Like in England if I am there or in Belgium or anywhere at one time how many people come to and how many I can give realizations.

But in India I may say, I used to stay there hardly for three months, two months, and I stayed more in the west than in the East. Since I started my work. But there it is even one minute is sufficient for me to give realization to thousands of people and here nearly three hours also I am breaking my hands, feet and everything, nobody working up and they come back and slap you on the face sort of the thing you see. So, it depends on the quality of the seeker also. Because if the quality is first class, then the cure works fast. But our main aim is not to cure, it's just a biproduct. See we are not interested in curing people nor interested in wasting energy into that. Main thing we have to do is to give realizations to many. That's the main. As many as possible we try to give. So, all these years I have spent for western people because great saint are born here. You are all great saints in olden times. See you are born here because you are blessed. But in the blessings you have got lost. You are all saints; you are seekers no doubt about it. You are great seekers. You are born here, the seekers are born here. What to do you are so lost and I have to work with you and put you right. I am sure a day will come where all the seekers will come along.

Interviewer: So people will be ill again because only they don't believe in you and God? Sometimes you cure or you never cure in the beginning or processing starts

Shri Mataji: ...start, you see actually I don't think people get sick again. But if even they catch some struggle or something happens to them then they know how to cure immediately they can find out. So they can cure themselves. It's not such a problem. But if somebody gets very sick then may be some reason for that kind of thing you see. I mean it is not a challenge you see what happens some people when they got realizations, oh, now we realized souls you see, so go about a without a shirt, without anything, just don't bother about your body, don't eat any food, do all kinds of things and then you get sick again. Then you come to 'Mother I have got a bad throat; I have got a Vishuddhi' these things. So we have certain things compulsory after sahadja yoga which are very mundane. But you have to wear a under shirt. Whatever may be the day of fashion you better wear under shirt all of you. Because when you perspire you get weak, and we have to look after the temple. Now your light is there. And this the temple. You should treat it as a temple and not to be used the way you like you see. This is what it is we have to look

after our body.

Interviewer: Your(Our) body is temple?

Shri Mataji: Yes, your body is temple of course. And there is the light of the Spirit which is now enlightened. So you have to pay due respect to it. You must really to respect your body. But people don't respect you see and like somebody went into the sun like mad you see and sitting the whole day in the sun you spoil your chakras. I mean you must understand all these things isn't it? If you get after your body that poor body what will it do? It will react.

Interviewer: You know how many people are following sahayajoga?

Shri Mataji: Oh, I really don't..

Interviewer: No? It's the proof that you don't count like some organization?

Shri Mataji: No no, we don't write. You see we get the names of people sometimes because in the beginning you see to call flat time or maybe we don't have registers or anything, we don't take any money nothing. So, it has nothing to do with the counting I mean I just can't say how many we gathered. I can't say exactly really number but they will it must be some thousands. Must be in thousands.

Interviewer: Can we say so some are people very horrified to see us the same level Mohammad or Tao, Islam, Christians so all and we cannot say that you take the best of each, or you always say it's the same thing , in this point or this point or this

Shri Mataji: We can prove it on Kundalini. It's very simple to prove it. I will tell you an instance how we can prove it. There was a gentleman who came to see me coming from Iran, a doctor. He had cancer of his stomach. A staunch Muslim. And I told him because of you are a staunch fanatic, got the cancer of stomach. He couldn't believe but his wife has been said. So I said you have to believe that Mohammad sahab took many incarnations before and afterwards and that you cannot say that Mohammad sahab is the only one who came on this Earth and he is the last God on this Earth - it's wrong. Because he himself has talked about the future. And who is going to do the future work if he is the last one and what about the future work talk resurrection day this that? Who is going to do that? He couldn't accept it. I said will you accept that he was Nanaka? born as Nanaka. He said I don't accept it. I said alright, I can't help you I am sorry. So went back. He went to his hotel and all that. He tried all the doctors and they said that you give up, we cannot cure you. So his wife said Mother could you save it. So, he came back to me. I said, now do accept? Yes and if you say Mother. I won't tell you lies int it? He said of course you won't tell us lie. I said you do better accept it and alright accepted it. And I cured his cancer.

Interviewer: Its incredible to do things, you have normal sexual life, no tobacco, no alcohol, so more like so you have to work with yourself?

Shri Mataji: That's wrong it has to be simple because it is vital. Everything simple. You see it has to be there because after all now you will say oh hey how simple it is to see with the eyes we never say like that everything so clearly we can see the color, we can see the shape you see. How simple it is to see with these eyes do we say? There is a big camera and not that type, it's a very different camera you see and this camera is existing there we never think that it is everything widely, has to be simple as we? We cannot read books to understand how to see things. I mean it is everyday life you see is so simple. Just see these trees they grow? How do they grow? Must be very complicated thing inside, but to look, to look at it, it is so simple. It works out in a way. Because the Divine is very efficient. See the telephones don't go out, the electricity doesn't fail, no instruments fail, it is so smoothly done you see its better than Belgian machinery you see.

Interviewer: Is like, you say why hypnosis, why a cool parapsychology? I have the impression you said go out all the stage upper parapsychology, you don't need because you play as magician.

Shri Mataji: You see, you don't need no doubt you should never need it that's the another sin. You see first the original sin is that you became human beings and started thinking for yourself and forgetting God – that's the first sin you did. And the second one is to go anti-God you see to move right and left is the second sin. So, keep to the central path. And the central path is don't go to this side or that side. You don't need is not the point, you just don't have that. because those are very dangerous places, you should not enter into it.

Interviewer: But don't you think, I know you don't like to speak about it that's example for so secret society like muscularly because why you think is useless here, why you think that? You think every man in the all muscularly bad?

Shri Mataji: Of course. It's very bad because its all deals with spirits. They don't know that they are dealing with spirits. See the results is that your banks now. You saw all these large people are organizing your banks and they do secret things and secretiveness you see what's there to be secretive in Gods realm? there is nothing secret. The secret things like crawling into the caves and start doing under hands stuff you see. Is there an organization which why should be secret? First of all, why should it be secret? Alright, we too do not allow everyone to know the complete knowledge. Because in the beginning not easy. If you suddenly opens somebody's eyes to the light he can be complaining this so the light will., but if we open out everything, it is to be told

Interviewer: But once this unclear() is open in one moment. We say usually initiation one year, two years stage after stage, maybe you wait it's not a moment

Shri Mataji: That's the money-making propositions.

Interviewer: Sometime as the best is not making money.

Shri Mataji: No, this John is money making. Tell me anyone who doesn't make money? You can't find them. You see all these are money making proposition as they said today you come then come tomorrow day after tomorrow. moreover, some of the gurus I agree some of the gurus, he used to clear one chakra, then second chakra this that. But you should see there were, I must say something special about them. That is those who know me know me. Something special. But one should anybody desire. It's like, we say that now we can go to the moon. Alright, but if you tell my grandmother, she won't believe you see. Even if you show the television, it's alright wrong. It's not possible. It's like that. Today is a jet age why not have a jet kundalini. Because you have grown so much outside something has to go downstairs also, down below the Mother Earth.

Interviewer: How did you explain some Indian caves painting of men's but not from hairs. They make the space vehicle also. How about you force? Un identified flying objects? You think all the civilization is above the cosmic world?

Shri Mataji: You see, in the supra conscious area you can see all these, supposing you went into the supra conscious state, you can see these caves. But what is so important? For example, can you believe you have seen the Ganesha sitting down, you have got Hanumana sitting down, all them are just sitting down here around us but you can't see them. But if you enter into supra conscious area, you can see, you can see the vibrations also sometimes. I don't know now if you are developed you can see the vibrations like commas, if you are a realized soul, you can see.

Interviewer: In the air, unclear()

Shri Mataji: In the air, that is Kundalini. that's Kundalini, but chik chik chik chik like that you see, you can call it like the commas chik chik chik chik you see very clearly. Its less here, but in India, India is just calling you.

Interviewer: I have seen Shakespeare unclear()

Shri Mataji: Fire? Flames.

Interviewer: Some white white flames.

Shri Mataji: White flames. Yes that also it's a sign of a some good souls coming near you. Trying to guide you.

Interviewer: Can vibrations also be little bit like unclear() is that also be same way with vibrations?

Shri Mataji: You see after realization, after certain development, you can see my vibrations from my mouth flowing in, you can see everything as how they move, how they make a loop. We have some sahaja yogis in India were very good. See she told me that your vibrations are caught up by this-mike, you see, so it was very good idea, just let us start some other experiments. So, I started putting the mike on different chakras you see. And what I found was when I put into all got your chakras cured. It a very good collective start it is I thought that it works on the collective.

Yogi: If you want to see unclear() we should leave now.

Shri Mataji: Yes yes, so we should leave now. Alright. So something to eat I would like to have? Oh, chana will do. You have chana? Alright?

Yogini: Would you like some more tea Mother?

Shri Mataji: I had. Very good. Chana will do before starting So thank you very much and more over all your questions are answered.

Interviewer: Excuse me.

Shri Mataji: All your questions I will answer. Think of more and then you start writing. Advent have you got that Advent? How do you found it? He is thoughtless.

Interviewer: difficulty to ride in train for example, it is to be read in quite place.

He had made it a very rock of Gibraltar like

Interviewer: changed something I don't know what..

Shri Mataji: I changed and changed and changed and torture unclear(), because it should be straight isn't it after all you cannot have a wrong algebra alter depicted head with..

So, I think a few shaja not to take uncelar() know what happens? A big question mark.

Shri Mataji: No, I was just instrument. No no Leave it to me

Interviewer: You know why?

Shri Mataji: Krishna has said 'Yoga Kshema Mahamyaham'. First if you get yoga, then you get your kshema. Yoga is your union and Keshama is your wellbeing. Once you take to yoga then kshema ll come

Keshma is well being. You should ask the Australian, they will tell you even better than the other. So many stories. You live in on the mundane life of money. hmm so it was a very nice puja. I am very happy. Very happy. It's not the number of people that matter to me, to me, how the puja is, [vehicle engine sound...]

1982-0922, Devi Puja: Only through your hearts you can receive the blessings of this puja

View [online](#).

22 September 1982

Only Through Your Hearts You Can Receive The Blessings Of This Puja

Devi Puja

Patricia Deene's House, Ghent (Belgium)

Talk Language: English | Transcript (English) - Reviewed

Devi Puja, Patricia Deene's House Gent (Belgium) 22-9-1982

Starts at 31:25 or 21:00 (DP-RAW Version)

This is the first time we are having a puja in Belgium. That's very quick for a puja to be done like that.

Normally we don't allow people to come to puja unless and until they are established Sahaja yogis.

Because sometimes if they are half-baked, it harms them more in the way that they start doubting and thinking about it. But in the puja you should stop thinking, do not doubt, do not think, then you have the best advantage out of it.

As far as I'm concerned, my chakras start working sometimes with a great force. Say if [name yogi] does puja, he is such a great Sahaja yogi that the deities can start emitting lots of vibrations. But if you are not in the receiving mood, then it takes time for me to take out the vibrations in the atmosphere or in another awareness. So it becomes more difficult for me to have a puja, because sometimes I do suffer with overflowing vibrations which you cannot suck in.

So today as we have ventured to have this puja for all of you, please try to receive, humble down yourselves in your hearts. Only through your hearts you can receive the blessings of this puja.

It is a very higher state when you can do that, but it is alright with Sahaja yoga, they are aware, all the deities, that you are still children, you can make mistakes and you are seekers and you are especially blessed by me.

It is not difficult in India because the one who raises the kundalini like this of masses of people definitely establishes me in their hearts, that I'm the primordial Mother. Because it is written in so many books so they don't have this problem. While here people have not heard about holy ghost and it's a secret for them and they just can't understand. It is impossible to explain to them.

If someone says I'm God, and all that, then they are enamored. Openly if somebody declares I'm God. But that should not be in Sahaja Yoga, we should have an inner circle. Only these people should start growing, then others should follow.

It should not be exposed to everyone, it won't help much and to me also it doesn't give pleasure because the vibrations are not sucked in and I have to carry the load upon myself for quite some time till I deliver it to the atmosphere. So it's a very different system we have. We seldom allow people to join us in the puja, only people about whom we are convinced that they are alright we allow them.

So though it's a hasty one today we have done I'm sure you people in Belgium will try to receive more don't think about it. Just expose your body to it, expose your mind to it and get as much as possible.

Because I think now in Belgium I will be here only after a year or so, not before that. But you all can come to London some time.

There's a puja now, there's a very good puja of navaratri. We must have one big puja for navaratri in London itself and I think it not very far away, you people can come for that puja. That is the beginning of the nine days, nine incarnations of the Goddess when she came on this earth to kill the demons and the devils who were troubling the devotees and the seekers and one has to also know about that part of knowledge, it is very important.

These books, luckily some of them are translated. If you go through them then it will be easier for you to understand. As I told you that India is the root and you are the shoot, so the knowledge is more known to Indians, as science knowledge is known to you, knowledge about God is known to them.

And so there should be no harm in learning about it because you are all seekers you are not scientists. You are seekers of the science of God. So the best thing is to get this into yourselves, open up yourselves, receive the blessings by which you grow. It's like sunshine to the plants.

May God bless you.

Don't think. As it is I have stopped you thinking, but try to receive as much as possible with humility.

1982-0926, Shri Durga Puja: Mind is just like a donkey

View [online](#).

26 September 1982

Mind Is Just Like A Donkey

Durga Puja

Vienna (Austria)

Talk Language: English | Transcript (English) – VERIFIED

Shri Durga Puja. Vienna (Austria), 26 September 1982.

All of you should take bandhan. It's better before puja.

Today is the first day we are having this puja in this country of Austria. This country is an historical country with different upheavals it has gone through to learn so many lessons in life. But human beings are such that they do not relate the calamities with their mistakes. That's how they go on repeating the same mistakes again and again.

The visit to Vienna was overdue and I came on a day when we had to celebrate the birthday of Machindranath (Ed. M. is a Sahaja Yogi baby). It's very auspicious for all of you that he should be today complete his one year of life. I bless him with all the flowers, the choicest flowers, of beauty and bliss on him, and his family, all his relations and his family. There are so many things which have been done for the first time. I should say, for the first time I've come to Vienna, to Austria, and [the] the first time I've come to the birthday of a child, on his first birthday.

And on an Ashtami, that is today, is the eighth day of the moon, of the moon which is increasing, Shukla Pakshi ; that first time all the weapons of the Goddess are to be worshipped. This was a great idea because these weapons who work all the time, not only to kill the evil but to protect the good, were never worshipped before; and that today, if human beings realise their importance and significance, then lots of problems of atomic bombs and all these things that have been created could be solved by diverting them to the right direction, using them for the destructions of the evil forces and not the good; also for protecting human life, nourishing human life. The same weapons can be used in a wrong direction; but, rightly used, they can be dedicated for the use of God's work.

All that is created by human beings, which looks apparently an instrument of destruction, but if human beings use their wisdom, they will find out that all these inventions that have come to them from the prompting of the Unconscious, are for the work of God. All scientific research, everything that has been done, all these instruments that you have produced, are for the use of God. In a way, we can say that human beings have worked to create methods as instruments, as social, economic, political institutions to advance the mechanism of God's work. The Unconscious has worked through human beings. All these institutions, if they are put to the right side of their activity and not to the hellish activity, they all can join together to complete the work of the Divine.

Like, in the East people believe that God has created this beautiful body of human beings and it is for human beings to create beautiful artistic clothes to enhance the beauty of what God has created, to glorify the beauty of what God has created, to respect the beauty that God has created. And that's what has happened in many spheres of life, of human activities, and should have happened in all of them if they had used their wisdom.

The question of knowledge that I discussed before is very important to understand. The knowledge that was forbidden once upon a time, [such] as Adam and Eve, has been a big problem for human beings to understand.

It was the case when God created human beings first time – apart from the celestial beings, who were perfect – that He wanted to see if these human beings could grow in their population and in their awareness, in their innocence, they would become Self

Realized. But it was an experiment, and the human beings failed God at that time because they listened to baser promotions or baser prompting. That's how they failed and they lost their innocence. And [the] loss of innocence is the sin which was first committed, and that sin took a different turn for human beings. Now, that knowledge, what I've said, is not this real knowledge. That was the avidya, the artificial knowledge, the knowledge that "I am something," that "I am the doer" – the ego. Till the animal stage, there was no ego, and then the ego started growing. We can say that's the beginning of the original sin: that "I am something. I am doing something. It's I who can do it". All right?

So God said, "Let's see. Let's see their little courage, and let them decide."

So the plans were changed; one had to think now that we should get incarnations on this earth to help these people, to guide them, to put them into balance, to put them into [a] proper understanding of dharma, so they keep to that balance. But every time this "I" refused to accept the balance.

And this "I" goes very far from reality. Today also, when we come to Sahaja Yoga, I see people, they don't grow very fast. Because of this "I" they have questions, they have doubts, they have problems. Because of this original sin, people cannot grow very fast.

That, "I am the one, I am free. Why that? Why this?" Who are you to ask questions? Who has made you? Have you made yourself?

What did you do to become a human being? Why this kind of egoistical behaviour towards God?

"Why God has made us? Why this thing?"

Who are you to ask any question? But it is so, the questioning goes on, and such people are very dangerous for Sahaja Yoga. If they have to come for puja, I'm worried, not because anything will happen to puja, but [because] we may lose them completely. Such egoistical stupid people get lost. As a mother, I have simple compassion and love for them, and I feel sad that they could have been saved. But this questioning mind of theirs can drown them. This is the basic original sin that human beings have created.

Apart from that, we had [the]problem that we have come from [the] animal stage to this stage. So there are animal brutal conditionings within you. Then we have gone through other conditionings, which were created in the history by the same mister "I" who has started institutions, who started organizing religions.

For example, take Christianity. Christ came here to break your ego. On the contrary, people built a big ego out of it. Now, there are some Sahaja Yogis who believe that Sahaja Yoga is a Christian Sahaja Yoga or a Hindu Sahaja Yoga. Still, that lingers on, that lingers on, that it is a Christian Sahaja Yoga. For Christians it has to be Christian Sahaja Yoga; for Hindus, it should be a Hindu Sahaja Yoga. For Muslims it is a Muslim Sahaja Yoga; it must relate to Islam because they can't get out of their own conditioning, so it must relate to that, it must explain everything that is there. They can't get out, you see? It could be also a Catholic Sahaja Yoga or a Protestant Sahaja Yoga. Could be even deeper than that.

Like that, you see, it goes on. So, you pull Sahaja Yoga into your own categories, into your own small little cups. But it's just the other way round. Sahaja Yoga is the ocean, is a universal thing, it is a Maha Yoga. It is not meant for Christians, Hindus, Muslims or anything; it is meant for human beings as they were. Have you got animals who are Christians, Hindus or Muslims? This all comes because of the original sin only, that we are something – we are Christians, we are Hindus, we are Muslims. In Sahaja Yoga, one has to understand that all the rivers, whether it is the River Ganges or the River Yamuna or it is the River Thames or River Danube, any river, that all of them flow into the same ocean and become the ocean. They say that when all the rivers flow in the River Ganges, they are all called as Surasari means "the River of the Gods." No more people call them by the different names of the tributaries that are there. In the same way, Sahaja Yoga is the ocean. You cannot name it. Do not try to find its identity with other things. If you start doing that, then your mind will start becoming that small little cup. And moreover, if you are coming from some organized religion, it is very important to understand that organized religions make your cup even stronger, it doesn't

dissolve. If it is a disorganised religion, then it is a cup of earthenware, which can dissolve into this ocean.

But if it is a solid, nice porcelain – Meissen – there is no possibility. Then you are adhering to all that conditioning, all that solidness, and then it's very difficult. All the time you have to bring in Christ or you have to bring in Mohammad or you have to bring in Zoroaster, or someone like that who should be there to guide you. Now your guidance is your Spirit, which is unlimited, so you don't have to bring any one of Them. They are all within you. They are part and parcel of you. But to stick on to one person is again a sign that you are not expanding.

You know that you are all. You have got Shri Krishna within you, who is awakened, you have got Christ within you, you have got Ganesha within you, you have got Brahmadeva within you, and you have got Mohammad within you. And you have got all of Them: Moses, everyone, within you; so how can you be identified with one person? The reason is, you are still conditioned, and you want to drag it into your own conditioning. So try to bring it at a position where there is no conditioning. We can see our conditioning works so much with our style because, as human beings, we have a habit of forming a closed sect, whether it is ourselves – first we close ourselves as "I." "I am XYZ. Then we can club together as, say, "We are, say, people who use forks and knives". There could be people who just use the fork and knives this way can be clubbed together, [and] the others who use this way can be another way. See, it goes on like that, all kinds of stupidity that human beings have to club together. All right, use the way you like, [it] makes no difference. You eat the same food, it digests the same way, [and] it works the same. But as far as the outside is concerned, when it comes to human activity, they will use the fork and spoon in a different way, somebody will use their hands' fingers, and somebody will, I don't know, may use daggers. I don't know how they can manage to go to what limit. So, this is what it is. In doing something, in doing any activity, then only human beings make it a closed circuit, that "This is how we do it. This is how they do it," how it is – the method of another party or people.

This groupism is the worst of all and is against the laws of nature. You can be an individual, as far as your appearance is concerned, as far as your hair colour is concerned, or your eye colour is concerned; that's what God has created you that way. But all other things that you have created are dead. All other clubbing methods you have created are absolute of no value. They are just mythical. There's nothing truth in it, nothing that should be worth [of] considering. It is just a myth!

So one has to understand that there is nothing like a Sahaja Yoga which is a Christian Sahaja Yoga, Sahaja Yoga which is a Protestant Sahaja Yoga or a Catholic Sahaja Yoga. I find this at a very subtle point, where people talk of collectivity, that they don't understand that we are not collective because we have so many tags, you see, attached to us, like the conditionings of our own doings. It could be in Switzerland, it could be in Austria, it could be in Rome, or it could be in India, anywhere. These conditionings, we have to get rid of [these]. We should know we are human beings, created by God, and whatever is within us that is real, created by Him, is the only thing that we have to be; and all the rest of [the] conditionings we should try to give up.

Everything is complementary. From this place you have to learn something, from that place you have to learn something. Every place has something to learn and to understand. And there is nothing that can be retained by some people as something higher or lower. But of course, where this ego has developed more, this original sin has developed more, there is a possibility that such human beings must have created more conditioning. Naturally, the conditioning is much more. Or where they have been not at all moving about religion, about God, and have been sticking on – like, you can say, in Africa and all these places – could be that the conditioning could have been by the other forces, called as Adhibhautik, means the ones which are created out of what God has created. Like, if they see the moon, they are afraid of the moon, if they see the trees, they are afraid of the trees. Sort of a mythical ideas about the nature itself. See, so there are two styles, as you always know. One is where they create mythical ideas about the nature, the mythical side of nature, that is Adhibhautik and Adhidaivik are the mythical ideas about what you can produce, you are God, you are the devas, and you want to create this. "I'm this, I'm that."

So there are two types of conditionings which work out, and in modern times it is such a confused thing that both these sides – I don't know where they act. For example, the other day I was coming near the cemetery in Vienna, and I was amazed that it was a cemetery but it was catching on right Swadishthana.

So I said, "All the bhoots must be acting now because I can't understand how can a cemetery have a right Swadishthana?" This

is how it can be explained, that all the bhoots are now active; or maybe they are again born, you see. They must have been dead hundreds of times, they must have created graves after graves and only there are empty graves, and they are active now. Or maybe that the bhoots themselves are active, they are no more there, they have all disappeared from there. It could be that.

So we have to judge now on vibrations and not on our understanding or what we think or what we understand through this brain. By asking questions and by talking too much about it, you cannot understand Sahaja Yoga. For Sahaja Yoga, you have to have that super state of mind, where you can receive vibrations, can feel vibrations and have to be absolutely [un]compromised on that part. If there is still the tag of that ego so much that you still question Sahaja Yoga and think no end of yourself, it is better that such a person should not attend the pujas, not attend the pujas. It is kind to himself. It is being nice to himself that such a person who has doubts should not attend a puja, because puja is only meant for people who have achieved, [and] received that state of mind which is called as Nirvikalpa, where there is no vikalpa, where there is no doubt in your mind. If there are still doubts in your mind, your mind is still very powerful, and it is going to put you down.

So either before [the] puja you tell your mind to keep quiet. Tell him not to talk now, "Better keep quiet, now I have to ascend and I have to receive the blessings of the Divine. So just keep quiet, and if you cannot keep quiet then I cannot ascend." I have told you many a times it is like a donkey, [the] mind is just like a donkey. If you go behind the donkey, it kicks you, it will tell you, that you are the bad man, you are the worst man; all the self-pity will come into you. If you go ahead with the donkey, then he'll put his ears to you, you can hold him like an ego, you see. You can go wherever you want, [and] do what you like, "What's wrong?" It will not control you. If you sit on top of the donkey it will still play about with you, to see how you work out. So, if you allow the mind to go here and there, through your eyes or through your attention, or anywhere, or through your tongue or your senses, it will say, "All right." It will eat the grass on the sides, it won't move. It will move [to] this side, eat some grass, that side.

Gregoire: At this stage, as You speak about it, should I quickly translate for the French who don't understand English?

Shri Mataji: Oh, you want to translate the whole thing?

Gregoire: I can in two minutes.

Shri Mataji: I think later on, Gregoire, would be better, if you could translate, because the flow is better now, all right?

So this donkey, the donkey wants to eat the grass. He knows that you don't mind him eating the grass. All right, it goes round, eats grass, all sorts of dirt, filth, whatever it is. Whatever you allow he eats, goes on eating, all filthy things, all filthy thoughts, all dirty thoughts and every sort of thing, without questioning, you see? Only in Sahaja Yoga they come here and question, but not when they have to eat filth and dirt and all kinds of unholy things and sinful things, they never question. Then they'll say, "What's wrong?" But when it comes to Sahaja Yoga, they will question [it]. Which is the holiest of holy, which is the greatest of greatest. Only these gates are open to you. That's how you get it; otherwise it is not, it's prohibited to all the people to achieve this.

The water that washes My feet is the ambrosia, is the tirtha, which was even prohibited to doctors in [the] olden days. Vaidyas were not allowed, and they had to fight for it. Only the Gods were allowed to drink it. Only the Gods were allowed to drink it.

Today you are placed at the position of Gods. But are you capable of that? Are you deserving that? Or you are still questioning, you have still problems? Then it is better you are prohibited. It's a rare thing that you should take that ambrosia. It's in the Devi Purana Bhagavatam, if you read, that they were prohibited to take it. So this is what it is, that the mind goes like a donkey. But if the donkey knows the one who is the rider, knows his ways, and he knows how to control the mind and he knows where it has to work, the same donkey, the same instruments, the same institutions, the same things you have got around you, will take you there with a faster speed, with a very comfortable thing. So tell your mind today, that we have had enough of it, playing with the mind. Now we want to be there in the realm of God. Tell your mind, fully, tell your mind. It is important. This is the mind which has taken you to all kinds of things; it has given you all the filth and dirt and all that. So just tell your mind.

May God bless you!

So for today's theme, we should say that we have to achieve our innocence within ourselves, and feel the innocence of the Virata. The question of Ganesha Virata, we can say, or Virata Ganesha, where, in the Virata, the innocence we have to feel so that we become innocent, our sins are washed out, that we are cleansed by that innocence so that this "I-ness" is lost from you, this original sin is washed away from us, and we become that beautiful being who is the proud child of God, and who is the prize of this creation.

May God bless you!

Now you can translate, Gregoire. It's all right. You can translate. I know it is long, but sometimes I find that if the flow is not kept...

Gregoire: I'm sorry, Mother, I should not have interrupted.

Shri Mataji: No, it's all right, it's all right.

Gregoire translates into French....

Shri Mataji: You can replay, and in that background, you will be able to – keep it low – so that you can spontaneously go on saying something. Will it be all right? To replay? That will give you a proper...

Gregoire: I was just thinking three minutes for the French, and three minutes for the Italian, in a very condensed manner.

Shri Mataji: You can?

Gregoire: I can, yes.

Shri Mataji: All right. [Gregoire continues to translate]

(s.y. lady translates into Italian)

Shri Mataji: Many people ask Me, before also, that, "Mother, why we became like this? Why didn't God just made us aware of ourselves, without committing all these mistakes? And why we had to go through this all vicious circle?"

At that time, I didn't want to say that you have committed the original sin, that you have disobeyed God. Otherwise, things would have worked out in a different way, [and] not have been so lengthy.

Because if you tell them that, then there is another thing that happens to them is that they become left-sided, and they start feeling guilty about the original sin, you see. So we have to jump from ego to [the] original sin part of it. But that part if you avoid [it], only one can say, in the beginning, that evolution could not take place without this freedom being given to you, you see, because freedom was first tested. That you were given a freedom, you had a nice place to live in, you lived in the complete protection of God, in the garden of Eden, you can say, in the beautiful... everything was wonderful. Nothing was missing there. But, despite that, human beings, you see, when they had the freedom, just the freedom was going to be tested, immediately they took to these baser things, you see.

And that is the way God had to then change the whole plans, because the baser things of life were attractive, even with all the blessings that they had. All the animosity and the, we can say, all the animal feelings, we can say, were still attractive to human beings, and that's what was most surprising. And when these things happened, naturally the freedom itself had to go through the test of improvement. And that test was all this whole creation of human beings that took place. But to tell them all that it is only the original sin which has created a problem." Then they feel then: "Oh, God, why did You create the original sin?" So it is better to

tell them that it is inevitable, for your evolutionary process, that your freedom must be tested because if you have to enter into the supreme freedom, you must first know whether you can bear it or not. And in seeing that ... So, it took so many years for human beings to grow into it, to understand that the man cannot bear anything. He cannot bear freedom, he cannot bear money, he cannot bear position, he cannot bear comfort, he cannot bear anything.

And that's what now we are seeing in Sahaja Yoga also: when they get comfort, they are just sitting down again. When they get any blessings of material wealth, it will happen which it was – again the same – that Garden of Eden is coming back to you, and when it starts coming back to you, again you go back to the same stage. It's not good. Now you must understand that you have to be supreme, so you must master all this. Nothing is important, nothing is important, only the Spirit is important. Then only you can get out of ... This is also can act as a temptation for you, you see.

All the blessings that are coming to you are temptations. So you should be prepared. Nothing is more important than the Spirit, you see. We are prepared for any kind of thing to achieve the Spirit. We are not bothered as to what blessings we get or anything but what we want is the freedom of Spirit which is not hankering after anything, hankering after material things, so that you will be like a lamp which is giving light, without getting involved into the lamp itself. Whether it is of gold or silver or anything, it can burn, the light, even if it is made of mud. That's what is to be achieved by Sahaja Yogis, to be understood because this is a very precarious stage where I find, people are again drifting down.

(Gregoire and the lady translate ...)

So now we have to humble down ourselves, to say, "I have not known anything, Mother, so far, I have to know." Because, this is the knowledge of the root, which you do not know. This is a new knowledge for you. What can you question about [it]? You don't know anything. You have to know about the knowledge of the root. So humble down yourself, and then only, you will receive the blessings of this new growth. That is the growth that is inward, inside, the Antar Yoga. Unless and until you humble down, it won't work out. You have to humble down because as soon as you start asking questions, it's your ego that is asking questions. So humble down to grow into it, and to go further with the knowledge of the roots.

It is surprising that in India only this knowledge has been really sought after, and people have gone very deep down. That's why every one of them had to come to India. Even Christ came to India to know about how people are searching it out, to support them, to help them. So it is important that the knowledge of the root has to be done in the area where it is more possible. It is easier to do where the roots are not disturbed; and that's what was the country, India, where people searched it out.

But when they started growing out again, they became stupid and foolish; and when we see them, we see them, they're outside. But we don't see what tremendous work the seers have put in India, tremendous. I mean, you take one of them and it is sufficient to give you a full idea of Sahaja Yoga.

You take a simple person, a very simple person like, say, Sai Nath, who was, to look at, very simple, but what [a] tremendous ocean of knowledge he had.

Who was not educated or anything. Nobody knows where He was born, what happened, from where He came and where He lived, and how He came up to that age. No one knows about His background. Or you take Adi Sankaracharya, or you can take Kabira, or anyone. For example, you take Machindranath. If you read about Machindranath, you won't know, you'll think it's some sort of a mysterious knowledge he's giving. It's a tremendous work they did! They went into all the left and the right, and everything they did, all kinds of experimentations. If you see the books they have written about the NavNaths, the Nine Nathas, and about Machindra's life. Machindranath went into such depth, and he found out so much about the places where women were rulers. I think it must be the Belgian place he must have been, where women were the rulers and husbands were just like cabbages; and this and that and all kinds of things He discovered and then what happened and how he tried to cure that.

It's the movement in another direction, you see, in the root direction, that how these roots have gone and given rise to such horrible trees here and there and that's how he worked out. And it's such a symbolic thing that to understand their work, you have

to be really very deep and very penetrating for which the human mind so far is not able to see the amount of work they have done. It's not possible to see. Like, if you see Adi Shankaracharya's descriptions or that even Markandeya's descriptions about your Mother, it's remarkable how little-little things He could see. From where, from what angles? And every little bit of Mother he could see, as a child would see, you see, absolutely close to the Mother.

That means the innocence was complete and perfected. Otherwise, you can't see these points that they have seen, all the little things like the three folds of the Mother. How can anyone see, but [a] child can see that three folds of the mothers are there, that she has three folds in her body. Only a child can see. It's tremendous, I tell you it's tremendous, that innocence, their penetration and their courage. Need real courage to grow into that penetration.

So innocence is the thing which one has to achieve first of all, but it should not be like this through Christ or through Ganesha, it should be you who should have it. Means you are, you are the innocence. You don't have to say that, you don't have to come through someone. You are that you just directly can have. That business is meant for people who are not realized, meant for people who are stupid, meant for people who can not directly attain. You all can directly attain it. That is your blessing, that's the greatest thing that you can directly achieve all that. But you have to get to that position of innocence by which you become so subtle, so sukshma, because innocence is the subtlest thing that you enter into all the areas to know the knowledge of the roots, knowledge of the Tree of Life. And it's not meant for the stupid egoistical nonsensical people. They become rakshasas I tell you, they are rakshasas.

So we are not going to go their way, we have to go the other way round. So we have to humble down within ourselves and try to awaken your innocence, once that is the holy innocence, that pavitra – innocence within you. In Sanskrit language there's no word for innocence, you'll be surprised.

Because for them whatever is holy, auspicious, everything is in it. There's no word separate for innocence, because they can't think that there can be innocence existing in the air like that. It has to be inside something, you see, it is always sort of a cup [that] can only contain the water like that.

So they cannot think, we cannot think of water hanging in the air like that, you see. It has to have some cup. So they will say "auspicious time," "auspicious person" or "auspicious thing," "auspicious night," "auspicious day." Everything is contained, container, like a container. The container that can have innocence, you see.

So the auspiciousness. Again, auspicious. It's an adjective. There is nothing like saying that this is a solid innocence, the shubha. Shubha itself is an adjective, there's no noun for innocence. Innocent it can be, but innocence itself doesn't exist for them because it exists everywhere that is innocent. It's such a wider idea, it's a wider idea of the Virat Ganesha. When He is in the whole of Virata, how can you put Him down as 'innocence'? Is so much subtler, too subtle to be made into a noun. Is too subtle a thing, and we have to become that subtle.

May God bless you! May God bless you all!

(Now, the Puja protocol begins. Below are a few of Shri Mataji's comments made during the Puja protocol.)

You can start washing My Feet. First, what we can do, [is] that those who have not washed My Feet please raise your hands – so far. ...He has washed? (s.y.: "Everybody has.") Everybody has. He has not washed? All right, come.

A lady translates into Italian what Shri Mataji said.

First like that. When they start puja then you can remove it (the weapons). Now, today I think, first of all, those who want to do My puja and decided, should wash My feet first of all. And then you can wash My feet.

Who are the people who want to do the puja? You. And who? Your wife. Let's first get Machindranath for the puja of Ganesha.

Who else? She has done puja, this lady? She has done. So we can get one from, she's from Switzerland, another from Rome, two persons. That's to help you out here. All right. Let her come, from Switzerland. And we can have Guido from...Guido, can you sit on the ground? Will you be able to sit on the ground? You'll be able to sit? All right. So we'll have two persons. Alright? Now you should help here. Is to get all these things out, now (...)

Yes, come along. First what you do is to wash (your?) feet. Let him wash My feet and go away, and you can all one by one. All right?

You better take out your watch...What's your name? (s.y.: Giovanni). Very good. May God bless you. Now see your vibrations. With your hands see. All right, good. May God bless you.

Shri Mataji: Give her some water from there....

... bring it, you can throw it in the garden....That water could be in there, for washing. (...) It could go in that one. Or [do]you have something else, a jug or something? Or could we take it out as it is.

If you can (...). So you can take this out and throw it in there, you see. Ask someone, to throw it in the garden. And anyone can go and throw it in the garden, and wash it and bring it. This one also wash it and bring it.

s.y.something to take because is too much water.

Shri Mataji: Machindranath, you come here. You come here. You have to wait. Just see, you can play in the water. Take his sleeves up because he makes them (...) Absolutely up there. Ya, he's now, let him come and ... It's alright. Children nothing puts dirty. It's alright. Now good. Now that's it. He's done his job. (...) As it is the water is sufficient. You just wash.

s.y. I just wanted to take some water out.

It's alright. You just do it slowly. Ah, this... is going to do really. Now can you come and rub My feet? Come along, rub My feet. Ah good. Rub it here. This one. It's alright. Now it's over, it's alright.. Take him away. [Shri Mataji is laughing]. He is still playing. Is good, he is enjoying [it]. He is enjoying [it] now. Oh, yes where is the Kundalini now?All right, now let him go, take him away.

Now what you can do is to wash My feet as it is the water, or you take out some more water, ...a little bit ... Machindranath has already spilt it. The best water (... think of it). You can put it on the Sahasrara of everyone. You put it on the Sahasrara of everyone. Let's take it. Now you wash My feet. Is to put it on the Sahasrara, take it. You rub your hands then Mine,... you rub it like that. Your hands must be rubbed. Rub your left because you are left-sided, rub your left more...Gregoire is doing it, that's how you should do it. Yes. Hold it...

[Recitation of mantras begins]

Aum twameva sakshat Shri Ganesha sakshat,

Shri Adi Shakti Bhagwati Mataji, Shri Nirmala Devi namo namah.

Aum twameva sakshat,

Shri Mahalakshmi Mahasaraswati Mahakali, Trigun'atmica Kundalini sakshat,

Shri Adi Shakti sakshat, Shri Bhagwati sakshat, Shri Mataji Shri Nirmala Devi namo namah.

Aum twameva sakshat, Shri Kalki sakshat, Shri Adi Shakti sakshat,

Shri Bhagwati sakshat, Shri Mataji Shri Nirmala Devi namo namah.

Aum twameva sakshat, Shri Kalki sakshat, Shri Sahasrara-swamini Moksha-pradayini Mataji, Shri Nirmala Devi namo namah.

[Recitation of the 21 names of Shri Vishnu]

Om, Shri Keshavaya Namaha,

Om Shri Narayanaya Namaha,

Om Shri Madhavaya Namaha,

Om Shri Govindaya Namaha,

Om Shri Vishnave Namaha,

Om Shri Madhu-sudanaya Namaha,

Om Shri Tri-vikramaya Namaha,

Om Shri Vamanaya Namaha,

Om Shri Shri-dharaya Namaha,

Om Shri Hrishikeshaya Namaha,

Om Shri Sankarshanaya Namaha,

Om Shri Vasudevaya Namaha,

Om Shri Pradyumnaya Namaha,

Om Shri Aniruddhaya Namaha,

Om Shri Purush'ottamaya Namaha,

Om Shri Agho'kshajaya Namaha,

Om Shri Narasimhaya Namaha,

Om Shri Achyutaya Namaha,

Om Shri Janardanaya Namaha,

Om Shri Padma-nabha Namaha,

Om Shri Damodaraya Namaha,

Om Shri Upendraya Namaha,

Om Shri Haraye Namaha,

Om Shri Krishnaye Namaha.

Sakshat Shri Adi Shakti Bhagavati Mataji Shri Nirmala Devi Namoh Namaha

Shri Mataji: These are the twenty-one names, these are the twenty-one names of Shri Vishnu which is the aspect of your evolution, of your dharma. First the sustenance and then evolution. That's the Father within you. And so first, because you are all seeking your evolution, we invoke the twenty-one powers, twenty-one powers of this Father aspect of God. Twenty-one powers. These are the twenty-one names which represent the twenty-one powers of evolution within us. Sushumna Channel has got twenty-one powers.

You can translate [it], in French, it's better.

Vishnu, Vishnu, it's the Vishnu power or, we can say, the Narayana. Vishnu is the Father.

(s.y. lady translates into French)

(Gayatri mantra was read after)

Gayatri Mantra

Aum bhuh, Aum bhuvah, Aum swah, Aum mahah, Aum janah, Aum tapah, Aum satyam

Aum tat-Savitur-varenyam, bhargo devasya dhi-mahi Dhiyo-yo'nah prachodayat,

Aum apo jyotiras'omutam Brahma bhur-bhuvah swar'om.

Shri Mataji: This is to raise your right side because it's activity now going on.

s.y. Now we will say the mantras which will ... all the deities that are here.

Aum Shriman Maha Ganadipataye namaha, Ishta-devata'bio namaha, Kula-devata'bio namaha, Brahma-devata'bio namaha, Sthana-devata'bio nomo namah, Vastu-devata'bio namaha, Matapitru-bia namaha, Shri Lakshmi Narayana-bia namaha, Save'bio deve'bio namaha, Save'bio Brahmane'bio namaha.

Now we'll say a mantra which is for Lord Ganesha to remove all the obstacles.

Sumukhash-ch'aika-dantash-cha, Kapilo Gaja-karnakah Lambodarash-cha Vikato, ighna-nāsho Gan'ādhipah
Dhūmra-ketur-Gan'ādhyaksho, Bhāla-chandro-Gaj'ānanah.....

Now we'll say the mantra to Lord Vishnu. min 1:36:00

[Recitation of mantras for the worship of Shri Durga from the "Devi Mahatmya"] min: 1:37:10

Shri Mataji: Krita Yuge. This is the Krita Yuga. Kruta means when where it will be effective, where it is going to be effective. The work will be done. This is the Yuga, the times where it will be done. Krita Yuga. This is the special time which is in between Kali

Yuga and Satya Yuga, [which] is the Krita Yuga where things will be done, work will be done. Resurrection time where your hands will speak. This is the thing. You see. Translate it. Krita Yuga. "Kri" means "to do."

(s.y. lady translates into French)

(s.y. recites mantras in Sanskrit)

Shri Mataji: (To Machindranath): Come here, you sit down. You have to do the puja. Come along, come here. Come this side. You have to do the puja. All right?

Recitation of Sanskrit mantras...

Mother, Shri Mataji puts [the] child down from Her's lap: "All right. He gets excited with flowers, this that."

(s.y. asks something ... sugar first?)

Shri Mataji: ... the milk now, but not very hot, just warm. It's all right. Someone can ... (to a yogi) vibration are tremendous today, so much so that...

(Recitation of Shri Ganesha Atharva Sheersha)

...Twam bhoomir-apo-nalo'nilo nabhah..... Mother Shri Mataji stops the recitation of Shri Ganesha Atharva Sheersha to explain.....

See now, 'twatto jāyate' -the principle, you awaken the principle of the whole universe, the principle of the universe and Pratye means you give also the experience of that so that He is the one who generates the principle and also He gives you the experience.

(Translation into Italian)

Shri Mataji: Pratye, pratye is the experience that proves, that proves your existence, you see. You give your own pratye, [wich] means you give your experience by [which] you proves that you exist.

(The recitation of Shri Ganesha Atharva Shirsha continues)

Shri Mataji: Now,, the translation, somebody should read. Gregoire can read the translation. So, when it starts, that the Brahma Twam, what is it?

(sy: Twam Brahma, twam Vishnus, twam Rudras...)

Shri Mataji: So He is called as Rudra, see? But not as Sadashiva, you see, because at Rudra state, because He's the Tattwa the Tatwa , He's the Tattwa, He's the Principle. Rudra... (Shri Mataji indicates the location line of Ekadasha Rudras on Her forehead).

(Gregoire reads then the Divine Essence to the Prayer to Shri Ganesha)

Shri Mataji: It should be 'You are God in man, it would be better. God in man.... He is not man, by any chance, how can you call Him?

(Recitation from the 'Devi Mahatmyam'....)

The second part of the puja.

Shri Mataji: (What Shri Mataji said it sound like this) - 'Sab.ko dua denam' is for Aarti. After they are (...) to say the mantras, mostly they (?) should give Me, I mean it's all done, then you should do the 108 names of the Devi.

Gregoire: Should we take it in your hand Mother?

Shri Mataji: First let Me dress up and then I will take it in My hand. Alright? Where is My pearls?

(s.y asks something...)

Shri Mataji: yes, you get the water for the land?

(inaudible)

(Shri Mataji is putting on the bracelets and the pearl necklace and other necklaces, and then a Sahaja yogi recites the Sanskrit mantras). Shri Mataji to a Sahaja yoghini: you can tie,... but not the complete knot, the half one.

(Shri Mataji asks for Mangala Sutra.)

Shri Mataji to Machindranath: Let him put Mangala Sutra. He's the one... Shri Ganesha has the power to give Mangala Sutra. Make Me wear this one. Come along. [Shri Mataji is laughing and kisses the baby]. Thanks. You have the greatest right (Shri Mataji shows the Mangala Sutra). Because the other way round, which is used this way when there is the first year of the marriage – you see, It's put like this, that's right, that's how it is put.

(s.y. recites the mantra)

Shri Mataji: Just married women. Married women have to do this. (Shri Mataji spoke about something that was going to be offered to Her). All right? All the married women and then the kanya (unmarried women) has to do something else. All of you, let us have two of each otherwise it won't be all right. (unfortunately, we can't see what is offered to Her). You can mix them up, no harm. Wait for all the married women. You come along. ...So here we go. I didn't bring all My ornaments...

Shri Mataji: That's good. May God bless you all. Akhanda Saubhagnya. This is the blessing given to all the married women that - let your Saubhagnya remain all your life without any obstacles. No obstacles in your married life should be all the time there till you live.

May God bless you.

Shri Mataji: ... Now for the kumkum. You people can come, unmarried girls can come.

(Shri Mataji is rubbing something in Her hands though we cannot see what as the video only shows [the] upper, maybe is perfume then She says)

Shri Mataji: Keep a little bit for everyone and take it round and they can put it on their hands. It's good for them. Guido, you take it round. And give it in the hands of everyone, so that they rub little-little...

(about the vibrated water) It's still too much water in it.... Water is the only thing that can work it out..... (Shri Mataji speaks to the unmarried girls who make the swastika on Her Feet). First of all, make lines...properly, be careful...

(s.y. recites the mantra, the nine names of Shri Durga)

Shri Mataji: Gregoire, you read your names that you have , where are your names?

(Gregoire asks "For Shri Shiva or Shri Mahakali?")

Shri Mataji: Yes.....Shri Shiva....All this is for His enjoyment only, isn't it?

(Gregoire asks something about the names.)

Shri Mataji: ...that you are made, and translate them.

Gragoire: Yes Mather.

Aum twameva sakshat, Shri Shiva sakshat, Shri Adi Shakti Bhagawati Mataji, Shri Nirmala Devi NamahY Gregoire: Om Twameva Sakshat Shri Nav Jerusalemeshwara – He is the Lord ...

Shri Mataji: Ha? Again!

Y Gregoire: Om Twameva Sakshat Shri Nav Jerusalemeshwara – He is the Lord of the New Jerusalem

(Shri Mataji is laughing).

Om Twameva Sakshat Shri Adi Nirmalatma – He is the Primordial Self of Shri Mataji.

(Shri Mataji is smiling).

Om Twameva Sakshat Shri Sahaja Yogi Priya – He is fond of Sahaja yogis

Shri Mataji: So this means that He is the Beloved of the Sahaja yogis.

Gregoire: This is another name, there is another name, Mother, for this, Sahaja Yogi Vatsala,

Shri Mataji: Sahaja Yogi Vatsala.

i Gregoire: Priya Bhakta, He is the favourite of the devotees.

Shri Mataji: Priya Bhakta; so Priya is first but if you put it last, you see – Bhakta Priya means He's fond of bhaktas, you see, Bhakta Priya. But supposing you put it that She is the Beloved, you see because the Priya, where you put it, you see, then it is My name, so I am the Beloved. You can switch it Premi, would be better – if you put it Premi then it would be all right.

You can put it, Priya will be – Gregoire – Sahaja Yogi Priya it's all right, but if you put it 'Priyaa' then immediately it means just the other way round because you are addressing, you are making this thing according to Me – I become that deity, you see? Sanskrit is tremendous, [with] little change here and there and makes such a thing because every, every consonant, every vowel has a meaning, can you imagine every consonant and every vowel has a meaning and has a mantra because it is a Devanagari, it is understood only by the devas, Devanagari created by the devas, so all these have such a tremendous effect when you combine all these things, you see.

Sahaja yogi: I'll read some names for You Shri Mataji.

Shri Mataji: All right.

(more names, all beginning with Nirmala) min 19:05

Shri Mataji: Beautiful. We can have.... The kumkum have you done? Kajal?

The same comb in that photograph has come up as light, have you seen that? Just like a flame, this comb. Have you seen that photograph? In your, yes, in your album.

Oil, Amla, Amla oil? (For hair. A yogi replies with another name of oil).

(Mother asks for khus perfume)

Shri Mataji: I saw some Khus, Gregoire, in your bathroom I saw some Khus, is Khus perfume. Khus. I saw one, it has to be "Athar", you see from India because let see this one is also "Mogra"...

Here the kind of perfumes people use are very dangerous, especially this 'Tabac' is going [gotten] from tobacco, you see sort of people get addicted to it, because it is an addiction.

Yes, this is all right, this is all right. This is Hina – is it written 'Hina' on that? "Khus, same thing. Just the same. This is all right. Just the same.

You can apply [this] to all the Sahaja Yogis, this perfume: Khus. It clears all your Vishuddhi, Right Vishuddhi especially. Though if you have Hina is the best because that clears out your Right Vishuddhi very much, but this is good for people who are speedy, heated up, for liver patients.

(Sahaja Yogi is saying mantra)

Shri Mataji: Let he do it when I hold the sword. I will hold the sword in this hand (Hindi)

(Sahaja yogi is asking if he should read the Lalita Sahasranama)

Shri Mataji: 108 Names. Have we got copies of 108 names? (sy: No) But you can translate it.

(Recitation of the mantras)

(Shri Mataji asks for some water to wash Her hands)

(Shri Mataji is decorated with flowers tied on Her arms and then She asks for the sari. It's like is something with the sari because Shri Mataji looks a little bit surprised)

Gregoire: It's my wife who selected it, I am innocent. (showing the saris to Shri Mataji)

Shri Mataji: He selected and you put the blame on her. That's why the wives are there, to take all the blame.

(Shri Mataji explaining how the yoginis should fold it and put the sari around Her)

You have to open it the other way round, like that, halfway – open half, you see? That's how you should take it, yes, fold it that

side. (...) Now. Hold it on that side....That side may be longer ... You have to bring it round, that's the problem.

This is the way they had it at the time of Shri Krishna (pallu in front)

Take off My hair from the back and pull out My hair.

Did not have the modern watch. But I don't believe in time!

(garland is offered)

The best combination is green, orange and yellow.

(Orange flower crown is offered)

Shri Mataji: Flowers are the best above the head, they say.

A sign of beauty is that you cannot tolerate any imperfection anymore. This [crown] is very beautiful so you must make everything in relation to that, you see, is to be done. It's done very well.

May God bless you.

Try to take complete photographs also.

(weapons are given to Shri Durga. Shri Mataji takes the Sword, but not the Club, saying)

This I don't need! (then She asks for the Conch)

You can read that (mantras)...

Shri Mataji: (For Aarti) Stand, it has to go down.

(Sahaja Yogis are singing 'Sab.ko dua dena' and then The Maha Mantras)

May God bless you all, give yourself a bandhan

(Yogis say Jagadambe, - 12 times)

Shri Mataji: Say Lord's prayer.

Shri Mataji: Once more.

Shri Mataji: Once more.

1982-0926, Evening At Gregoire's

View [online](#).

26 September 1982

Conversation

Gregoire's Flat, Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

[INAUDIBLE]

00:00:24

Shri Mataji: If it's all right. Can be?

Yogi: Mother please, if I...

Shri Mataji: What about her? Abishek [UNCLEAR].

Yogi: Mother, [UNCLEAR].

Shri Mataji: Huh?

Gregoire: If you look at the [UNCLEAR] a lot of [UNCLEAR] it's no good, Mother.

Shri Mataji: She should not, this is because she has a history of abortion [UNCLEAR]. You want to take her?

Yogi: I don't know Mother. I mean I wanted to take her but if it is too much. The other way, I was a bit [UNCLEAR] to leave her alone in the [UNCLEAR].

Yogi: Where?

Shri Mataji: Let her come here and have, that's the best.

Gregoire: Why doesn't she come here?

Yogi: That would be the greatest idea but...

Shri Mataji: So that is the solution. [UNCLEAR]

Yogi: Help with the baby.

Gregoire: And then she can help Catherine [UNCLEAR].

Yogini: [UNCLEAR] then she will have the baby.

Shri Mataji: That's the best.

Gregoire: [UNCLEAR].

Shri Mataji: Huh? She's all right, five months, she can do [UNCLEAR].

Gregoire: What month could she help?

Shri Mataji: Stay here, of course, of course.

Gregoire: Do the shopping more or less.

Shri Mataji: Yes, yes. She can [UNCLEAR], of course five months is not [UNCLEAR].

Yogi: It's a long way from the kids, Shri Mataji.

Shri Mataji: And?

Yogis: For kids.

Shri Mataji: What?

Mathias: To go to India might be too much for her.

Shri Mataji: No, no five months is [UNCLEAR] I'm very careful about that. I'm very careful.

Yogi: She, she [UNCLEAR].

Shri Mataji: [UNCLEAR].

Yogi: So Mother you are staying at Christmas in Vienna?

Shri Mataji: Let her can come here and I'll send somebody from England because she knows German, she can manage. Somebody has to help with fevers and all sorts.

[UNCLEAR]

Gregoire: Question is, if I go to India should I wait until the child is born then go?

Shri Mataji: He can come.

Gregoire: I can come and the child will be born.

Shri Mataji: Yes, it's all right. The children are to be born.

[UNCLEAR]

Yogi: Whether our child to be born in Germany with no problems? 00:02:50

Mathias: There is a system here that when a child is born, the child is being put into the maternity ward with thirty other children, and mothers are sitting in several groups.

Shri Mataji: Is it?

Mathias: Now, is this allowed? I mean, this is how it is in Vienna.

Yogini: The clinic we have chosen is allowed to keep children, baby near the mother?

Yogis: [INAUDIBLE].

Mathias: This is how it should be, the baby should be always with the mother.

Shri Mataji: What about you? You also find out such a [UNCLEAR crazy reaction].

Yogis: [UNCLEAR A greek]

Gregoire: No we don't remember.

Shri Mataji: You like to speaking German?

Yogi: I mean Mother...

Shri Mataji: You find these out, no question.

Yogi: No, no Mother in Germany will it be auspicious also.

Shri Mataji: Will be auspicious?

Yogi: For the Germans.

Yogi: Would be auspicious for the Germans, Mother.

Shri Mataji: Yes, yes that's all. There are good hospitals, very good hospitals in Germany, I must say.

Yogis: Some of them at least.

Yogi: [UNCLEAR]to stay close to this Mother, which is they're going to stay close to [UNCLEAR], which is an American bases. We should be heading out [UNCLEAR].

Shri Mataji: [UNCLEAR] That is normal [UNCLEAR].

Gregoire: So what is the best part of your journey where one should commit? At the beginning, is it the end?

Shri Mataji: It's six days or seven days, there will be seminar in all day, on the [UNCLEAR]. Mooladhara seminar. There are seminar, all the Sahaja Yogis are going to come and stay.

Gregoire: If you want to telephone to all people there, of course, please Mother.

Shri Mataji: People surrender to God.

Yogi: There's a [UNCLEAR cold booked] tomorrow.

Shri Mataji: Just like a [UNCLEAR].

Yogi: We have booked the call 7:30 tomorrow morning, 7:38, tomorrow.

Shri Mataji: What we can do is call later program like you said. First with have a big seminar on. All of us should be at the seminar, to begin, all right. So we decide, talk, already talk, meet each other, greet each other and remove the problems, solve them. Remove problems and anything should sort of in the six days. So that they will be absolutely fresh people going back. Then we go up and really teach, [UNCLEAR] all this. [UNCLEAR] I was thinking of going to the ashram, something like that.

Gregoire: Mother I have a suggestion, each week if we come, I mean [UNCLEAR] comes, Mathias comes, if I come. Could we work on this opportunity for a kind of round table on television? Now, either they work it out on little brother is missed and that's why they are working till a round table on television with us, we know. I mean we will be all right on television?

Shri Mataji: I don't know, you see that -

Gregoire: You first and then with us.

Shri Mataji: I don't know my brother had [UNCLEAR]. That's the way point but a little kindness, [UNCLEAR].

Gregoire: Why, why not? As we are in India, I mean could be a [UNCLEAR]. First you are a bit of a program, it should be of -

Shri Mataji: I will work it out! Let me go, I'm going down here to find out. You see my brother so anxious, he said 'Now I'm going to come to India and stay with Me, [UNCLEAR]'.

Gregoire: He is the first realised soul I met, you know.

Shri Mataji: The first realised soul you met?

Gregoire: After you I mean. Once I got my realisation, the first realised soul that I met was him.

Shri Mataji: Really?

Gregoire: Yes and I remember he was, he was meeting me, visiting you in Oxford. And I remember that he read some shloka about You, saying, What was the goddess? And then I said, I just wanted words to describe Her that was my reaction.

Shri Mataji: Really?

Gregoire: Yeah, yeah. He's the first realised soul I met.

Mathias: Is he the brother of..?

Gregoire: Yes.

Shri Mataji: Shri Lakeshmi?

Yogi: Not Lakeshmi, [UNCLEAR].

Shri Mataji: [UNCLEAR] Puja.

Yogi: [UNCLEAR].

Shri Mataji: [UNCLEAR]...tremendously.

Yogini: We had a very good talk with my husband. We enjoyed them very much. We had an evening at our place.

Shri Mataji: He is very intelligent, very sharp. In India, he is earning about 15 to 16,000 rupees per month, can you believe it, at that age.

Mathias: Being a lawyer?

Shri Mataji: Lawyer institution. My brother says it's My father, before him because My father did also constitution there. He's so dynamic.

Mathias: And he is doing a lot of work, free, just for poor people.

Shri Mataji: He's very generous. He's very kind hearted, but he has a horrible mother, horrible. [UNCLEAR] from very childhood, he was.

Mathias: Mother, when does the trip in India start?

Shri Mataji: 18th.

Mathias: 18th.

Shri Mataji: For six days. Six days we are going to be in [UNCLEAR].

Gregoire: When are these six days? Mother, from the eighteenth of June. So I should take my leave from the eighteenth from December to the eighteenth of January.

Shri Mataji: Yes. You see, the thing is when you want to come back here. The thing this time, I've done differently from last year. Last time, [UNCLEAR] so many people came for a few days [UNCLEAR]. So that had not going to [UNCLEAR]...

Gregoire: Yes, Mother.

Shri Mataji: And now both Indian, I mean English, all English have to bring Me, England. Because for [UNCLEAR] is a big problem in there. Some of them make a real big hanky panky a lot. So now that's not going to - I'm not going too.

Mathias: We will be going with Rustom, who is a [UNCLEAR] packs of money like this.

Shri Mataji: Because of that money, we survive here, I tell you.

Yogi: Where was Anton?

Shri Mataji: Because then I will give you and I have to take out fifty thousand [UNCLEAR] from the bank. Which I returned, I mean partially [UNCLEAR] forty thousand out of the money, you see.

Mathias: Ah.

Shri Mataji: But you can imagine, we pay later when this is not [UNCLEAR].

Yogis: [Inaudible.]

Gregoire: [UNCLEAR] ...Seven years ago it was like this, all right.

Mathias: Because we have worked out Mother, on the...

Shri Mataji: The English are like that. [UNCLEAR]...

Yogini: They have money problems.

Shri Mataji: You much they have borrowed Me, never returned. This time again, I have paid again for so many people. Now, this time [UNCLEAR] you can do it or not Me. See I'm too compassionate, I said 'Oh my God'. No, there's no worry about it.

Gregoire: Mother? They will Mother. Just get this French [UNCLEAR bush] book out and it will fill it, Mother?

Shri Mataji: What French one?

Gregoire: The French book, get it out, and it will feel.

Yogini: [UNCLEAR].

Shri Mataji: [UNCLEAR]... for that you don't want these people on the way.

Mathias: That's the way it comes.

Gregoire: Mother, Mother? That is why...

Shri Mataji: You should not become parasites.

Gregoire: That is why, when you talk about this Ashram business, that is why my reaction.

Shri Mataji: I know that.

Gregoire: Because Gavin suggested, I mean, my dearest brother Gavin, suggested Mother, see how clear that if those who pay for a house. Have this house for them reserve, their ego will it's much better than those who pay do not have any reservation or nothing, you see, so there is no ego. It's even better for those who don't pay at all.

11:05 [laughter]

Shri Mataji: [UNCLEAR] who Linda brought [UNCLEAR]. Say, those who pay so much money whatever it is, see for a fact. Whatever is cost only they will do a lot in the ashram, [UNCLEAR idiots].

Gregoire: May I ask a question, because we have expenses. We are going to expenses for our own ashrams in Europe, so is this ashram really an essential corner where you think we are going to come, or you will stay or you will come here?

Shri Mataji: You see, you see the place [UNCLEAR Regard] which is about twenty five acres of land very near the river central, along the [UNCLEAR] river. I should say, is above I think thirty five miles [UNCLEAR]. That is the place I've been to just now, as

ashram, [UNCLEAR].

Gregoire: What so for us, what is the person for us? I mean if you are not there.

Shri Mataji: No, no I would be there quite some time, I would be there quite some time. You see but I'm [UNCLEAR crowded up]. But you have others for that usually, to work out with the whole office-ing. Everything is literature. All that you do better, because it will have a big expanse of land, [UNCLEAR]. To begin with, we'll be having this Bombay Ashram if we get the land, also very far fetching. But let's see if we get this land, then we can have an Ashram [UNCLEAR]. Then we can move people from there to there, where I can give you, all of you on each separate cut for yourself, see each [UNCLEAR] of yourself. You prepared and all that which ultimately in return.

Gregoire: Is it very hot as a place Mother? As Pune?

Shri Mataji: No only people, you can stay there for about six months and six months, you have to come to your country or travelled and in Sahaja Yoga [UNCLEAR job]. 13:04

Gregoire: It means I will, should be there.

Shri Mataji: And in ten months you have to come.

Gregoire: And monsoon?

Shri Mataji: Monsoon? Monsoon for, you see six months everywhere [UNCLEAR], six months.

Gregoire: Because Delhi summer is unbearable.

Shri Mataji: Summer, and monsoons. These are the six months in [UNCLEAR], [UNCLEAR] and [UNCLEAR]. I hope you will start enjoying it, you see how magnetic. You see once we start properly then we start even enjoying monsoons and all that.

Gregoire: Mother, I was thinking that another question has been that, I think, which for climate was would have been very good. Would have been a hill station, like Shiva, however, when you were born because then...

Shri Mataji: I was trying to get something there, Chhindwara is too much in the [UNCLEAR] might get something here. You know one day, you see you know the expand will be the mainland of God but maybe. But this land is in my view is...

Gregoire: Is what you want. 14:05

Shri Mataji: I think so, because it's a very pure land of that, India, the heart of God, people are simple. We can have our own poppy, our own gardening, grow our own foods, things like that. We can have our room, house, self maintained and self managed and will be untouched by. If you go to any place which is a city, thing like that, then everybody comes in when it feels the chance for people. But first starts to say, of course, they have to travel no doubt, no doubt they have to travel but for them, for their Sahaja yoga and all that. A place we must settle. The house won't be more than £2000 and not less than £1000 something to it, they actually told Me last year one thousand but that's not a blessing of God. So maybe above one thousand but not more. But, but [UNCLEAR family], everything. That is not today, maybe about two years later or so.

Yogi: Okay.

Shri Mataji: So, just now it's only up to survey the place. We can take and work it out and all this. That will be something we can have all those Sahaja Yogis of that calibre so that will be the Nirmalaji that we have established another way. Twenty-five people is a [UNCLEAR].

Yogi: May I, what, sorry. Why, where? [UNCLEAR].

Gregoire: I have a feeling maybe, wrong. This feeling is that your name is the most sacred one and personally, I think it is wrong to use it for places and things like that. You have a thousand names. So, let us, let maybe use another name, like Nirmala Palace.

Shri Mataji: This is the one I say Nirmala, but this is the selected.

Gregoire: But Nirmala Palace for Nightingale lane, I was shocked. I mean, it seems too cheap.

Shri Mataji: You didn't like Nirmala Palace?

Gregoire: Nirmala Palace is too cheap. I don't like it.

Shri Mataji: Did you say that?

Gregoire: Yes, it's sweet, but I don't like it. It sounds weird.

Shri Mataji: Huh?

Gregoire: Nirmala Palace. It's, number one, if one wants to put your name near Palace, it has to be still better than nothing else. Then it is not problematic.

Shri Mataji: [UNCLEAR].

Gregoire: Yes.

Shri Mataji: Nirmala Palace. You see, because it came out of Palace from there.

Gregoire: Yes.

Shri Mataji: So there's a Nirmala Prasad instead.

Gregoire: Yes, Mother. Then it can be Chandika Palace or anything, no?

16:37

Shri Mataji: Palace should not be, it should be Prasad. Prasad is the blessings. That could be nice, blessings of Pune could be, better. But this could be Nirmala [UNCLEAR] or... The river's name is Nira. No, I don't know.

Yogi: Shri Mataji, your name is Nira.

Shri Mataji: Huh, yes. I have written in my childhood something, very, very small ago.

Gregoire: Salve Nira Nagar.

Shri Mataji: It was written, I wrote Nira Chaddi means at the banks of Nira. Yes, I have written. Just imagine a long time ago, about six or seven years of age, a poem. Big poem, I remember it was but I don't know, it lost. My father, [UNCLEAR], have announced this thing, that thing. More like me, very nice.

Mathias: Mother, we were thinking a few people in Switzerland about having a school because most Sahaja Yogis in Switzerland, they are school teachers. They are school teachers and they've got a lot of experience. Switzerland is just a central place in Europe, for the UK, for France, for Italy. And kids, you know, some English people.

18:04

Shri Mataji: You better become slightly [UNCLEAR guilt] these children [UNCLEAR] can send to India. [UNCLEAR]. It's very small children you'll find, but if they are about eleven years of age then you can send them our centre in India. Where we can educate them [UNCLEAR].

Mathias: We just not unacceptable that they follow a normal education. It's not good. I mean, I...

Yogini: I see you, I see you.

Shri Mataji: No, in India also we can't follow a normal education. You see, students from India are coming here to study after doing this. But eleven years, till the age of eleven years, they can behave. Because the curriculum here is so bad. The posture is so bad for children. That's what you do. Keep the children here after eleven years, no doubt.

Yogi: [Mumbling eleven years]

Shri Mataji: You see, then the children and then they should be trained and then they can do what they like because that curriculum is accepted here. I don't know if the children who study here, how far they can come there but you have to include English as a lot of languages.

Mathias: It will be, actually the top language. No, this would be the language of teaching and then other languages will be a second, then a second language.

Shri Mataji: Plus you can teach Marathi, Hindi, all these kinds.

Yogi: But if we make a school, one should be one school for Europe, Europe is a smaller place.

Mathias: Ya, so it could be in the sense of...

Shri Mataji: [UNCLEAR] you can make it was before the traditional.

Yogini: Small children.

Shri Mataji: Of eleven years of age or otherwise, [UNCLEAR] was telling me that in the school at the age of ten and eleven, they smoke! They behave like husband and wife close to each other. They kiss and they hug each other. They talk like that. I can't understand them, it's so ugly, so ugly.

Yogi: Yes, it's disgusting.

Yogini: Even in the kindergarten, the story and the words they say, it is really something else.

Gregoire: It's a [UNCLEAR] Mother.

Shri Mataji: Such a [UNCLEAR]. Apart from that they are given kind of... And I also apart on that, you see, this, the way, if you try to

save them, they could create more people.

Mathias: And like we just...

Shri Mataji: At that age.

Mathias: And what I heard, Mother, is that children, you are just a teacher. Makla's a teacher, Antoinette is a teacher, Susanna's a teacher... Sofia's a teacher.

Shri Mataji: And you can send your teachers to us also?

Mathias: Sofia is a teacher, Mother.

Gregoire: It will be six months in India, six months in Geneva.

Shri Mataji: Yes, they can come.

Gregoire: But why not make a central school in Geneva? Because Mother if I may suggest, just one thing of what Antoinette said which is very true. That Geneva has a great tradition for pedagogy. There is Jean-Jacques Rousseau, and there is Piaget, Oumet, who's a realised soul, who's a great psychologist. And there is a whole tradition of teaching.

Shri Mataji:...For that. What... not to seven, eight.

Gregoire: Not in the city. Somewhere in the middle...

Shri Mataji: [UNCLEAR]... I just said your children. If you want to send them because that's the most [UNCLEAR] and the worst...

Gregoire: We can be the help, [UNCLEAR Mam].

Yogini: [UNCLEAR]... with my children. 21:18

Shri Mataji: What's this for?

Yogini: Yes.

Shri Mataji: How do you start this for that? [UNCLEAR] even grown up, you can send them.

Yogi: So many things can happen.

Yogini: Yeah.

Yogi: Quickly, [UNCLEAR my leg].

Shri Mataji: No, no, it's a very ego-oriented society also. The whole thing is very egotistical. The whole thing bleeds the people.

Mathias: We just walk out from the house, Mother and then it starts.

Shri Mataji: It starts, the whole thing bleeds. I think we are living in the body. The whole thing is breaking, breaking, going, going, going.

Mathias: We are not actually saved by children because what we do now in Geneva, we just, on the street, we spot our little kids and we give the kids realisation all the time. It just keeps us from one house to another. You know, this is how we want another one to be affected. We go to parks Mother, and we give realisations to kids playing there. And this is an excellent way of putting our attention in our Sahasrara.

Shri Mataji: I hope it works out, because it helps, terrible. You see, the things that attack from the innocent, your eyes.

Yogini: Absolutely, Shri Mataji. Thank you for that.

Yogini: I have some sight with my children.

Shri Mataji: One thing, the old men having feelings for the young girls, for sixteen year old girls.

Gregoire: Even less than that Mother but I don't want to go into details but they actually have pornography with children. Children of the age of Antoinette's age, of Antoinette's children's age.

Antoinette: Yes but even in the villages, the teachers are all right, I can see them. They are very good, straightforward models, you see and very good.

Shri Mataji: But what about the children?

Antoinette: I had a lot of homework with them because I couldn't tolerate some things they were saying, coming back at home. And I made sometimes a big fuss about it quite clearly, you see, and they were quite agreeing with me. And they saw and I said, 'Oh yes, they know which boy and which family they were saying such funny of things', you see. They looked up and then I said, you see, but that one shouldn't tolerate. And I think you, as a Mother...

23:29

Shri Mataji: You see, they can't help you until now.

Antoinette: Yes, I know, but sometimes it's good if you just can say it and then...

Shri Mataji: You see, the parents say now that the laws are such that you can't say anything. You see, the parents are the ones because that's the big problem.

Antoinette: Yeah, exactly. And they know sometimes.

Shri Mataji: You see, the parents are quarrelling. They are going for divorces.

Antoinette: Yes.

Shri Mataji: The parents are quarrelling. They don't care for their children. They don't want any problems, anything. Then the children go to hell.

Antoinette: Exactly.

Mathias: I'm working next to the bar to which many children are being brought for play and I could see that the teacher would have absolutely no...

Shri Mataji: - Control.

Mathias: Control over the children, they would play whatever they wanted. Now, the teacher would even tell, there is two teams playing football and they would mix the teams, women and the boys are playing football. They would kick each other, they would brutalise each other. They, from the very beginning, they treat women the same way as men. You see? There are problems there can be. If you do not make the distinction and do not choose special games for the boys and the other games for the women, you just cannot work out any respect to these women. Because women are always weaker in this kind of sports, compared to boys, behave very well.

Shri Mataji: In India, I was invited to India to find out that people behave and there was a big discussion on the BBC about this one. That why not the girls are allowed to play with the boys? And let them play with the boys and they should enter into competition.

Mathias: They do box of somebody, boxing even.

Yogini: No. I'm going to give some lessons at Lawrence's and our school of Porcelain, you see? So that I enter, I need to begin the staff there and to teach.

Shri Mataji: This you have been?

Yogini: No, no, no, no, Shri Mataji. I just want to, I will go and teach to play for the children. Children, you see?

Shri Mataji: That's good, that's very creative. And so it's good...[UNCLEAR].

Gregoire: Mother, Mother, excuse me Mother, my feeling is if you, we cannot work it out in the UK. The whole of Europe is going to be distraught and what Sanjay or the others, one thousand or what, will take two or three Jingle Jets to India or Australia. Wait for Europe to be washed away and come back. That's the way I can see things.

26:00 [Laughter]

Yogis & Shri Mataji: [UNCLEAR].

Shri Mataji: Now three of them have got epilepsy.

Yogis: Who?

Gregoire: Sahaja Yogi.

Yogi: Which one, has it?

Shri Mataji: One of them was having a business without telling me.

Gregorie: In Ashram?

Shri Mataji: He accommodated all his stores in the ashram and was selling it. Another one was from Mexico in that he just tried to take advantage of the place and he stayed there. Everybody is trying to take advantage of the ashram. Now I don't know what to do. There's no discipline, nothing. And anybody who tries to prescribe this, they just sit on top of Me. I had a telephone of them in Portugal saying that you see, this thing is becoming very egotistical and he tells us to get up in the morning, he just forces us down. Then this, Mark, what's his name, this Mark [UNCLEAR Don]. He's quite blue, but her Don's wife told Nick that he should

not wake up in the morning because his wife, the child has a very light sleep and the child is there. I said, all the children must get up in the morning. You see, the natural habit of children is to get up in the morning. We are the ones who have to wake up in the morning. We are the ones who spoil it. I said, they must all get up in the morning. They should be the first to get up in the morning. And from that little child, he stopped to see Me.

Mathias: Because women have a super odd mode of making men feel guilty for something. They all come, scoot me, and say something, and they see you all around.

Shri Mataji: It's hard, these women, however they do it.

Gregoire: You know Mother, at one point, who is present here?

Yogi in the background: I don't know. 28:03

Gregoire: It's all right, at one point, we went as far, Warren and I, to wish the disappearance of Mrs. J. Brown. Because we thought, okay, now, Gavin is great when he's abroad and when he's back in the ashram, he's...

Shri Mataji: But now, Jane is changed for your information.

Gregoire: She did. Then because then it should work out because she was the one who was stopping her need.

Shri Mataji: No, no, no. But Gavin, you see, basically, is not a big, big person who cannot serve all these people. He is a person who is a quiet worker and he's like that. He can individually, he can help people. Like Don, Don started doubting and told Gavin, he worked it out, you see. But he's got a speaker also he has one hand care, he's not afraid of anything. And but I must say, he handed his wife so much. She's so bad, I tell you. I was amazed at his strength and that's how I came to pass. He came up. You see, when I told that Jane has to go away from the ashram, you better she leave the ashram and she has to go away. She has not to stay in London, she has not to see anybody, nothing like that. Otherwise, Sahaja Yoga is going to do two things. Jane, Jane, of course, is not an intriguer, nothing. She's not a person who talks about Sahaja Yoga, means in any way she doesn't, she's not an intriguer or in any way she doesn't carry on this way. But only bad thing she has is that she says things very sharp. And she just shuts down and she tries to cut down the people, sort of thing, you know, it's a bhoot in her and she knows she has a bhoot, you see. When I sent her away, you see, she went to her house and there was a puja day when she came back. And the girl came and asked me, 'Mother, did she ask me?' I said, 'No.' She said, 'I have not yet spoken to her, she is not asking her.' I said, 'Take your luggage and go away wherever you might. You are not going to be here till Mother says come here, immediately go over out of the ashram.' And She came, she said, 'Mother I'm sorry but please I know what communism is for I could have stayed'. She's sensible [UNCLEAR no doubt], she's a very intelligent, women. She's possessed. That's the only problem. No, no, she's, she's a first-class woman. Very intelligent, very intelligent and she comes out very sensible ideas. I must tell you this. She comes out sometimes very sensitive ideas. Only problem with it, she's possessed. She's taught us, she's taught us. She taught us people have their possessions. Sometimes it's going to be quite some time [UNCLEAR]. People they are there, you have to have a vibration from us. Who is Thomas? Where are we all?

Yogi: Great inside.

31:23

Shri Mataji: So vibration problems. Right, she has a proper vibration problem, need to help. You see, they can keep, if they're possessed, the position keeps on. You see, the culture of position is obstinate and it seeks an obstinate personality, it sticks on. That's why it's there but, but one can get over it, now you're all right. See?

Gregoire: [UNCLEAR]

Shri Mataji: All right? [UNCLEAR] On the ground.

Yogini: This?

Shri Mataji: Back.

Yogini: To me, to me.

Shri Mataji: Here, all right. We have to put it across, like this.

Gregoire: Yes, Mother.

Shri Mataji: It's better, see?

Gregoire: Yes, I feel.

Shri Mataji: Your tolerance, so just clean the tolerance. Finished, get it out.

Gregoire: Thanks all, now that my work comes out as vibrations.

Shri Mataji: You know, you promised that. All right? What's your wife's birth, Gemini, is she? Isn't she? Huh? Gemini.

Yogi: Gemini is very comfortable enough. I'm very good.

Gregoire: My mother has a Gemini rising sign.

Shri Mataji: See? Yes. Gemini.

Yogini: My father is Gemini.

Shri Mataji: We have some very great Gemini. I don't know what the rising sign is.

Gregoire: Jameel?

Shri Mataji: Jameel is not Gemini.

Mathias: No, he's scorpion.

Yogis: He's scorpion.

Mathias: Magda.

Shri Mataji: Magda, Magda's daughter and David's wife. [UNCLEAR Jimmy Paul's wife] See? They, you know, they have accepted one thing and started with it. It's nothing. Are you also Taurus?

Yogini: No Mother, I'm scorpion.

Shri Mataji: And what is your rising sign?

Yogini: Scorpion or Sagittarian? I'm not sure about it. Scorpion, scorpion or scorpion?

Shri Mataji: Tell her to do it.

Yogi: What time of day were you born?

Yogini: Uh, nine o'clock in the morning.

Yogi: nine o'clock. Sagittarius probably.

Shri Mataji: Sagittarius?

Mathias: I was seven o'clock on the twenty eighth.

Yogini: Yes, but...

Shri Mataji: Now she's all right, but still you show left Swadhishtan. Still she shows left Swadhishtan. So I thought it might be [UNCLEAR Thomas], I thought.

Yogi: The moon maybe. We don't know if the moon maybe. [UNCLEAR Rashi] maybe.

Shri Mataji: Riding sign also.

Yogi: No, Rashi.

Shri Mataji: Rashi?

Yogi: Chandra Rashi.

Shri Mataji: Chandra Rashi, Chandra Rashi from [UNCLEAR Malay?]. That is what it is, Chandra Rashi.

Yogi: You see, because women, that is more powerful than...

Yogini: This is a scope.

Gregoire: Mother?

Shri Mataji: This is the scope, you asked Me. This is the scope.

34:10

Gregoire: Yes Mother, very. Another rule of behaviour which I would like to point out once, is that when we talk like this loosely, it has become a habit that people tape you and I don't know whether you agree or not. You agree? Okay.

Shri Mataji: You see, so many things are there to get us through life. I talk to you because I have to take out lots of things from you. You see, that's how it works out. See now, just saying dollars will be worked out. It's all right, because I know how far to go, where to get. It's all right, towards the [UNCLEAR] is all right. You should be very strong. You should not be frightened of Me. I'm so happy for these [UNCLEAR]. But, but you must know that I am not even more [UNCLEAR]. So, I told Mr. one day that you were calling me Mataji, oh, it's Shri Mataji. Shri Mataji. While addressing me, Shri Mataji is not Mataji. But it's value you find out. That

helps, that's how you find out, everything you find out, doesn't matter. Better now? See. Did you start getting lessons? [UNCLEAR] Straight forward march. Ah. No, but Scorpio women are left sided, that's correct. Scorpio men are, Scorpio women can be left sided.

Yogini: I have Aquarius.

Shri Mataji: Huh?

Yogini: I have Aquarius as a rising.

Shri Mataji: Aquarius, you?

Yogini: Scorpio in the...

Shri Mataji: That's right, left side.

Yogini: I know.

Shri Mataji: What about you?

Yogini: I am Pisces.

Shri Mataji: Ah?

Yogini: There's the balance rising.

Shri Mataji: Pisces are great seekers. [UNCLEAR] my spot. What? What?

Mathias: Shri Nirmala, who is in Sahaja Yoga, who could establish the astrological things for us?

Shri Mataji: I am going to be an astrologer. You know, we are astrologers. This is the science by which you go beyond astrology. You see? How see I am supposed to be, I don't know what I am. I am according to someone, I am born on three wrong works, I cannot say.

Yogi: No, but it's true, actually. It's zero.

Shri Mataji: But see, I would say that if I am in Pisces, I have never been seeking but still I will seek. You see, if I have an Aries, I never have the symptoms of Aries like C.P. in the Aries, absolute Aries. It's too Aries, very dominating. And you see, all dominated people are extremely fussy about things. 'I will not have this food.' You see, that's how they dominate. 'I don't like this food, I like that. I, I, I, I, I. It's not good. She can't be so old. She should be so old.' All the time like that for some ladies. That's not with me. But the sign of Aries is, you know, when they sit down, they, they go on nudging with their hooves. You see, they go on, you know, like this is their feet, like all the time. They want to see something all the time, like things like that. Because, especially with the feet, you see, with the toes. Toes, they start, could have made that, I think.

Yogi: Scratching.

Yogis: Scratching.

Shri Mataji: As if they're trying to take out the Mother Earth like that. You see. Even when they sleep, you see, they walk. Until this passes through then you will know but you see if they are sleeping and the thing is going on in their heads.

Mathias: Must be very uncomfortable with shoes Mother because you can...

Shri Mataji: Shoes are worn.

Gregoire: It is true.

Shri Mataji: Like two horns all the time but you must know how to play with them, then you'll see. You just, like I seen it in seekers trying to [UNCLEAR] it is very interesting. He told Me don't put any gold in here, you see you put any gold it will look very kind. I said, 'You can always remove' - 'No, no, no, no, no, don't put any, because even if you remove, it will look bright.' I said, 'It will be enough'. So I said, 'All right, come here I'll put a little bit let's see.' 'It's looking very nice, I don't know why?' I said, 'There is gold! Was like huh, I never saw the gold.' I said, 'What did you see?', 'You see, it was looking much better.' So, big eyes, you know, they can't see small things, they don't. So, that's how you solve the problem. Their eyes cannot see, you see, minute things. They will tell you, don't do this or don't do that but if it is so, they never see it. They never see it, a very large idea, very large. I wish I said, it's a large [UNCLEAR]. They love it, they don't see it, actually what they say, they never see it. Very interesting, you see, much people out there. I don't say any particular thing in this book or what is, what is bad, is this but I have seen Gemini are the most people. Taurus are not difficult but Taurus have a food problem which must be taken out, that's all. If the bhoots disappear, that idea...

Gregoire: How come? Where does it come from? What is the Taurus? What is it?

Shri Mataji: Taurus is an obsolete personality, Taurus is. And then what happens, it is a rebellious one. It is rebellious, you see also. Because it's obstinate, so it doesn't go with the wind, it doesn't go with the flow. It's obstinate, it sticks onto the ground and then he can see more it, that should be, because he thinks that I must. I have to down my foot, so I must say that this is the thing.

Gregoire: And Virgo, Mother?

Shri Mataji: And then Virgo balances. Virgo, Virgo is such a great quality that Virgo is, that it's a virtue. The virtue is behind. Means, you see, somehow they are special, isn't it? They have a sense of virtue. They respect the virtue, they believe in God. Virgos are great.

Yogini: And balance?

Shri Mataji: You see, because of the Virgin quality. So it's really hot like [UNCLEAR]. All right, check your centre. Machindranath, you, all these. See, one more has that speciality, chakra inside, virginity, bliss. [UNCLEAR] treat some of them. Whatever they are but the, the special of the world or they are very mother-oriented.

42:30

Yogi: Mother-oriented, yes.

Shri Mataji: Mother-oriented.

Yogi: It's not very, Virgo, I think.

Shri Mataji: Yes, mother-oriented.

Yogi: Correct?

Shri Mataji: I try to take mother-oriented, aren't you.

Yogi: Yes!

Shri Mataji: The relationship of, relationship [UNCLEAR].

Mathias: It's always Virgo.

Shri Mataji: It's Virgo.

Mathias: Oh, thought it was a phase.

Shri Mataji: Ganesha is a Virgo. Come here, come here Vashini.

Yogi: And Cancer, Mother?

Shri Mataji: Eh?

Yogi: And, Cancer?

Shri Mataji: And Cancer, my [UNCLEAR friend] is Cancer. Chinwara is all Cancer. Chinwara is [UNCLEAR all that.]

Yogi: Topic [UNCLEAR].

Yogis: And the balance?

Yogini: The balance, Mother?

Shri Mataji: The balance helps, good but in a way, you see the warm balance between human beings. And sometimes when you want to say, you know the balance. You see, balance is all right. But balance for what? But balance is for what? You see? That's what I should not be biased.

Antoinette: And Capricorn?

Shri Mataji: Capricorns are great for us. They are very attached to their children. Well, family-minded, attached to children, too much attached. And they can make very good servants if they want. But a little possessive of their children can't be [UNCLEAR]... a little possessive of their children. 'And My children' and things like that. There are some kind of like, you see, tightness. You can touch your Sahasrara, much tightness, you see. [UNCLEAR] very honest but tell me sometimes what you want. Could be half that person. I will get you to tell her. They're innocent. Correct?

Yogini: Yes, my [UNCLEAR], my little daughter. [UNCLEAR]. My little daughter. She's absolutely what you describe, yup.

Yogi: Same Brigitte.

Yogis: Brigitte.

Gregoire: And [UNCLEAR].

Shri Mataji: They very upright honest genuine, honest people. My mother was a Capricorn. Oh, God! Nobody can tell her that

you've done this life this way. She would never. She never did all her life told lies. Can you imagine [UNCLEAR]? She really protected us like the tightness, all her children. I am nothing to it. No compromise over any concept. Nothing.

Yogini: Mother, once you told me that Capricorn is not a kind of seeker. They are not seeker. 45:36

Shri Mataji: Seeking is yes, in the Capricorn because they are so satisfied. They are great, they are good people. They give me their principles to you. See, because they have their own principles, this madness of seeking is not [UNCLEAR] so much. They are quite solid people, I should say. There's sort of mature wisdom there. They can be but you can't say, who's Capricorn?

Yogini: Me.

Shri Mataji: If you are a seeker, out and out. You see, it is not so absolutely...[UNCLEAR]...I mean, that's my experience. I am not an astrologer. You have to get out of it. What I am saying is you all have to get out of it. Capricorn women are good, men are not so good, I should say. While Scorpio, men are good, women are not so good, in the sense they get into problems, left sided. But men also are, you see, we have a similar thing, we need to have left side problems.

Yogi: Tony is also.

Shri Mataji: Tony is, then we should say, ah, Jamel! Jamel has left side problems. But there are tremendous Sahaja Yogis all on them, tremendous Sahaja Yogis that's why. They allow these things to go ahead, but they're not bothered, you see, they don't. But if they are women, they get dragged. I've never seen a woman or this fellow, for giving me a problem about their left sided problems. They just try to get... So, if the women having power, as the men have, you will least expect, big time. And if you have the power of your spirit, then what? Every. What's yours?

Yogi: Gemini, Mother.

Shri Mataji: Gemini!

Gregoire: The silent participant of...

Shri Mataji: Great ascent, great ascent for Gemini.

Yogi: What is your ascent?

Yogi: I don't.

Shri Mataji: Great ascent. You see these are the [UNCLEAR]. Great ascent.

Yogi: Grey?

Shri Mataji: Ascent for him, from Gemini. You see, he, I tell you, that the wife of the prophet then Magda, Rota, Danya, they are all pure Gemini's. What's the date?

Yogi: Nineteenth June.

Shri Mataji: Nineteenth. It's very far. It's absolutely very far. But still, you see, before the sixth June, I think it's problematic. Between the sixth June, yes.

Yogini: I'm Aquarius, Mataji.

Shri Mataji: What?

Yogini: About Aquarius?

Shri Mataji: Who?

Yogini: About Aquarius?

Shri Mataji: Aquarius is the Kundalini itself, Kundalini is, Kundalini is. Aquarius is great, it is the age of Aquarius is the Kundalini.

Yogi: Shri Mataji, do Devas, certain Deities rule, are certain signs attached to certain Deities or not? Certain signs are they more closely linked to certain deities?

Shri Mataji: Well now depends on [UNCLEAR] on that. Other ayudhas that they use like, if you have to say Shiva, I see. Shiva is like this and you have to do like that or this way is Shiva. You put your hand at this position, like this, it's Shiva and this is [UNCLEAR]. So, these are the signs attached to them. And [UNCLEAR London] is your Mother's, [UNCLEAR age]? It's not a little time, you see. You cannot cross over this part, you have to go like that. So, that's the way the best is. And when you live like this, it's the Krishna-shakti. You see, there are two hundred times, it's the Krishna-shakti. It's the Super shakti, you see, that there are these moments are according to [UNCLEAR Nishrat]. Left Swadhisthana is so much, going [UNCLEAR]. Just going out dha-dha-dha-dha-dha-dha-dha, you imagine. Absolutely and please say [UNCLEAR].

51:55

Gregoire: Probably right side.

Shri Mataji: [UNCLEAR] and maybe heat, sitting there. [UNCLEAR] it is pretty hot.

Yogini: Maybe it's coming from me.

Shri Mataji: No, no. Okay. What for food?

Yogini: It's coming, Mother.

Gregoire: We have our Italian detachment, our Italian squadron.

Shri Mataji: Italian.

Mathias: They are super Mother.

Shri Mataji: I feel like I eat Italian food more than any other food. Really, I think somehow something is real Indian style, I don't know. But it is an appetiser. It has an appetiser that can digest more food, you see but if it is just bland or absolutely English-style, you see, boys and stuff, then you can't eat so much.

Yogi: They put so much love in their food, Mother, as well.

Gregoire: We should hold it in the [UNCLEAR], because it's easier for them.

Shri Mataji: You see that the [UNCLEAR macarons] you sent.

Yogini: Yes.

Shri Mataji: They are very much appreciated. And they do not get spoiled or anything. Dry them in the sun or what do you do?

Yogini: Just dry it and then put it in the oil with red chillies.

Yogini: And garlic.

Yogini: Chili and garlic, yes.

Yogini: And garlic.

Shri Mataji: Huh?

Yogini: Garlic.

Shri Mataji: Garlic?

Gregoire: Chili and garlic, speak a little bit louder because Mother is back from Her puja and Her program.

Shri Mataji: Chili and garlic. And no, obviously, what do you call that stuff? What do you call it? Filca flowers, you know?

Mathias: Vinegar.

Shri Mataji: Vinegar.

Yogini: No, Mother.

Shri Mataji: No vinegar.

Yogini: Oil, oil, garlic, and chillies. That's all.

Shri Mataji: And dry it?

Yogini: Dry it, yes.

Shri Mataji: Can we eat in India, not here?

Yogini: Yes, it's very easy. We brought them here. We brought some here, Mother.

Mathias: We brought some here.

Yogi: We brought some from Rome.

Shri Mataji: We did?

Yogini: Yes.

Gregoire: To eat here is not easy. It's better than the thing. If we are not many, we can all eat. It's not comfortable to eat here.

Shri Mataji: It's not really. You say so? If you want, I can go there. Whichever you like.

Gregoire: I think it's easier. If you eat there better Mother, then we can all fit in the room, no problem.

Guido: Five minutes, we'll be ready.

Gregoire: Is it ready?

Yogis: Five minutes!

Shri Mataji: The idea was spiritual.

Yogi: Just surrounded by God.

Gregoire: The kindness, the kindness.

Yogi: The energy I mean. Oh, it's so beautiful.

Gregoire: The kindness of my Mother.

Shri Mataji: I can see it clearly, I have people here, [UNCLEAR so auspicious].

Gregoire: Well Mother, as soon as a first election is made, we enjoy having them at home. The first election is to be made not to have one hundred people. Machindranath, we want to be a bit careful.

Shri Mataji & Yogis: [UNCLEAR].

Yogi: What are you going to do with that?

Mathias: The people that are interested.

Shri Mataji: He's working out in home, I've seen that.

Gregoire: Machindranath.

Shri Mataji: There he is working out, he's working you out. He's [UNCLEAR]. Ah, let it grow.

Yogi: But it doesn't grow, he's already [UNCLEAR] Mother. Children..

Shri Mataji: Record that [UNCLEAR]. Where you are?

Gregoire: Where is your place? In London?

Shri Mataji: Living in, [UNCLEAR], we have there.

Gregoire: Which [UNCLEAR] you living at?

Shri Mataji: She will be there.

Gregoire: But this means that you will be in rehab?

Shri Mataji: Yes, yes.

Gregoire: No, I cannot say that she doesn't.

Shri Mataji: What? Yeah, it's very good. It's very dharmic according to... 56:40

Gregoire: Maybe it's too far.

Shri Mataji: Why? It's very foreign, right?

Gregoire: It's too far, it's expensive to get there.

Shri Mataji: No, no, no, let's talk.

Gregoire: On the way.

Shri Mataji: On the way.

Gregoire: Ah, on the way.

Mathias: No, this is going to be expensive.

Shri Mataji: Why?

Mathias: Because Mother, we'll have to check it out but it all depends which flights you will have to take. For example, this is also linked to our date of departure. If we leave Geneva on the Twentieth, then we've got very cheap flight. If we leave earlier, it is going to cost us about eighty to £100 per head more.

Shri Mataji: No but regardless UK from flying, from Rome it is direct flight to [UNCLEAR Rear].

Mathias: Yes, but if he goes to the Rear, Bombay, he's going to probably pay from the full price.

Shri Mataji: No, that's the cheapest.

Yogi: Yeah.

Mathias: Is it really?

Shri Mataji: The cheapest is from, wait, it's the cheapest.

Mathias: Oh.

Shri Mataji: The cheapest. But if I say that if I want to come, I should come from Bombay, not from this.

Mathias: Here is the solution for us.

Shri Mataji: But we are in Parvola.

Yogini: I hear it is a good town.

Shri Mataji: Can't go, have to have a visa until very late.

Mathias: But if you have transit on there, then there is no problem.

Shri Mataji: Still. It's difficult but it's only troubling.

Mathias: Who else can get the visa in no time?

Shri Mataji: I don't know

Yogi: No problems, Mother.

Shri Mataji: You see, the Rear is the cheapest to go. It's only... Don't look into the Rear is less than £300.

Gregoire: London is a special place.

Yogi: I can't...

Gregoire: To fly out of London...

Shri Mataji: Where is that? [UNCLEAR].

Mathias: Yes. But then flying to Rear is expensive, Mother. Because there are no cheap flights to Rear.

Gregoire: Mother?

Shri Mataji: I don't know. You have to find out. What's your role? Be there, I understand. If you go to Rear from there to India is the cheapest, among all the others.

Yogi: Because we could go from Geneva to Bombay return for less than £400. Less than £400.

Shri Mataji: All right. See, of course, this is going to cross the border. It's done in the same. [UNCLEAR] But if she is coming here, or if she is coming here, and you are going to get something from here then you can leave the child here tomorrow. She was going to Rear of course, whatever is the expense, I don't know. But you can just send the baby. She will be very happy.

Gregoire: Oh yeah something like that, I thought she would remember that, I don't know.

Shri Mataji: [UNCLEAR]. She is in Rear, she is not coming to England. She was completely England, here she comes.

[Dinner noises] 59:41

Shri Mataji: So you're not eating?

Yogi: No, Mother.

Shri Mataji: [UNCLEAR Tommy] you're not eating?

Yogi: No.

Shri Mataji: Surprising.

Gregoire: I feel like I will not eat.

Shri Mataji: Movement a little bit. A little bit of movement is all right.

Yogini: Shri Mataji, this morning joining you...

Shri Mataji: Movement you have enough to [UNCLEAR say].

Gregoire: No, I feel like it more here, around it.

Shri Mataji: Huh?

Gregoire: I feel like you move.

Shri Mataji: If I move my head here.

Yogini: [UNCLEAR].

Shri Mataji: I'm not moving at all, you can't move one part of the head.[Laughter]

Gregoire: You move?

Shri Mataji: I can, yes easily. It's the chakra that's moving.

Gregoire: Oh yes, how do I feel like that? But it's coming, it's very fast. This is not a fast movement.

Shri Mataji: It's a fast, how do you see?

Gregoire: No, it's not like that. I feel like...

[UNCLEAR]

Shri Mataji: [UNCLEAR Maria Melia] has definitely achieved it, definitely.

Yogi: What Mother?

Shri Mataji: [UNCLEAR Maria Melia] has slowly achieved it.

1:01:36

Yogi: Oh really?

Shri Mataji: No doubt.

Yogi: Mother, happened in Portugal, something terrible in Portugal. So much anxious that they were trying to work out and so on, really.

Shri Mataji: Portugal is just tremendous.

Yogi: We thought once to go there. When we have good, when we, something like that.

Shri Mataji: There are a lot of things to sell.

Yogini: [UNCLEAR]. They just wrote to me and they said that they are not selling.

Shri Mataji: Why?

Yogi: Because some of the postcards you send arrive broken and the others, they are thinking of the most beautiful ones. They are thinking of keeping them for an exposition in December. So, they put very high prices in order not to sell them. But then on the other hand, if they do not sell, they do not have money to pay the shop. So...

Shri Mataji: [UNCLEAR] very good price. You see, when we have a touristy park and the tourists don't do these summertime, summertime is now over practically. They should not boost their prices also.

Yogi: Meaning? Other [UNCLEAR].

Shri Mataji: But nobody is going to buy them except yogis. The tourists will come in the summertime. The summertime, is not there. On the contrary, I was thinking, maybe I can go to shops and send them some of those things. But there are so many things that I have written. So many I have sent, so many.

Yogi: They are just some that arrived broken, not all.

Shri Mataji: Very few, very few. Very few must of arrived.

Yogi: But they are stuck with big Left Nabhi problems.

Shri Mataji: Hmm?

Yogi: They are stuck with big, big Left Nabhi problems. Yes. When Maria went to Portugal, they were not even having one single friend for organising the things in Portugal. They didn't have anything at all.

Shri Mataji: So they should send some of these things at least.

Yogini: They are already, the ceramic centre is already opened and there, all the four of them are living there. Two staying in the centre and two in the shop.

Shri Mataji: See, whatever is possible, we have done our level best. We have sent money there. They didn't have to pay a single dime for it. Everything we have done and the ceramics are absolutely, no doubt of it. All of them, such varieties that even you are saying, even for one, instead of that you can get £300. They should not be greedy.

Yogi: That's the point, Mother. To go from one extreme to another extreme.

Shri Mataji: Very few must have been broken, very few. We spent for... the whole thing I gave money for the transport, everything and all of them managed to accept it. But they are sending some money. Not now.

Yogi: Did they thank you, Mother?

Shri Mataji: Hmm?

Yogi: Did they thank you?

Shri Mataji: So much. They wrote very beautiful, we both thinking, I wish you could see that, beautiful. So many things, they also wrote, how we discovered the mother of the rock and so on.

Yogi: And that's amazing to see how this year, in all Europe and all the places, it grew. Along with your blessings.

Gregoire: Mother, I really think that this time, I don't know, I don't want to say this because it could be wrong.

Shri Mataji: Yes.

Gregoire: I don't think that I have the feeling of being a doer, really.

Shri Mataji: Being what?

Gregoire: A doer.

Shri Mataji: That's good.

Gregoire: I don't, I mean, honestly, I mean, I think that really I can't see.

Shri Mataji: That's a good thing. Once you get them, you're done.

Yogi: Can you explain that?

Shri Mataji: That's a great thing. Now all them you see, why I'm interested in Portugal.

Yogi: Why?

Shri Mataji: It's one thing. Portugal has been chosen by the national people who have their last sought to God.

Yogini: Yes.

Gregoire: Really?

Yogi: Lisbon.

Gregoire: Lisbon.

Yogi: They already have the candles there.

Shri Mataji: He may run where?

Gregoire: Leave Switzerland. Father, it is ready. Would you, Mum, would you like too?

Gregoire's Mum: No.

Shri Mataji: Daniel, how are you?

Daniel: Fine.

Shri Mataji: You're fine.

[UNCLEAR] 1:07:13

Shri Mataji: [UNCLEAR Tonight's] good. There you are. Ah, now what is it?

Yogi: [UNCLEAR].

Shri Mataji: Huh?

Yogi: That's the [UNCLEAR grandpa].

Shri Mataji: [UNCLEAR].

Yogi: Oh wait, we use, use...

Shri Mataji: We sing the mantra of Mooladhara next time.

Yogi: Usually very well, [UNCLEAR].

Shri Mataji: Yes, just take the, especially on My feet, make sure. Aum twameva sakshat.

Yogis: Aum twameva sakshat Shri Adi Shakti [UNCLEAR] Shri Nirmala Devi Namoh.

Aum twameva sakshat Shri Gruha Lakshmi sakshat Shri Adi Shakti sakshat Shri [UNCLEAR Bhagavati] sakshat Shri Mataji Shri Nirmala Devi Namoh.

Shri Mataji: No, all right.

Yogis: Aum twameva sakshat Shri Gruha Lakshmi sakshat Shri Adi Shakti sakshat Shri [UNCLEAR Bhagavati] sakshat Shri Mataji Shri Nirmala Devi Namoh.

Shri Mataji: Even now she's catching cold and moving, heats up. Then I come back. That's all.

Yogini: [UNCLEAR].

Shri Mataji: Hah, may God bless you. Huh, good? [UNCLEAR]. How are you? Keep your eyes open.

Gregoire: Here I feel like a chimney without a top.

Shri Mataji: In the hand?

Yogi: I feel something in the right Mother, but not much in the left.

Shri Mataji: [UNCLEAR]. Do a bhandan in the Sahasrara. Catching. How about that?

Yogi: Yes, now I feel in the left here.

Shri Mataji: That's it.

Mathias: Does it mean Mother that we are possessed by [UNCLEAR]?

Shri Mataji: No, no, we see that chakra.

Mathias: It's not the...

Shri Mataji: Be detach, be detach. Be detach. You see how far and then you all see. Be detach, now.

Yogi: Yes.

Shri Mataji: All right?

Yogi: It is coming.

Shri Mataji: It's coming now.

Yogi: It is coming, yes Mother.

Mathias: So, my mantra, Mother, is you only God?

Yogi: No, you can.

Shri Mataji: You are the Gruha Lakshmi, you have the innocence.

Yogis: You are the Gruha Lakshmi, yes.

1:11:02

Shri Mataji: The rest of it is whatever in her is falsehood. Ah, better, improves?

Yogi: Yes, yes, Mother.

Shri Mataji: What happened?

Yogi: [UNCLEAR].

[UNCLEAR]

Shri Mataji: Hmm, doesn't matter. And what is this?

Yogini: Is this still the ashram in Bombay, for the Italian Sahaja Yogis, Mother.

Shri Mataji: It really, yes?

Yogi: £400.

Shri Mataji: What is this supposed to be? It's a [UNCLEAR].

Yogini: Yes, Mother you cash it in your bag.

Gregoire: I think Mother...

Shri Mataji: I can put it in there.

Yogini: Yes Shri Mataji.

Yogis: [UNCLEAR].

Shri Mataji: [UNCLEAR] not in public, what I do is to take the money as it is because I put yours in the bank. That if you convert now again from the money, so can use it every time. Better take £1000.

Yogi: Yeah I think so.

Shri Mataji: Huh? All right.

Yogini: In this [UNCLEAR] is brand new.

Yogis: [UNCLEAR].

Yogini: Was to remain in your bank account, during the puja, the children who are behind the door and they where watching the puja and then clapping their hands and [UNCLEAR].

Shri Mataji: [UNCLEAR].

Yogini: Yes, Mother [UNCLEAR] but I don't know.

Shri Mataji: Huh?

Yogini: I thought we could put it all together, if you have the time.

Shri Mataji: Ah but put it inside, that's in cheque or in cash?

Yogini: Cash.

Shri Mataji: Pounds, is it?

Yogini: No, it's lira.

Shri Mataji: Liras, all right. [UNCLEAR].

Yogini: I will put it all together, yes?

Shri Mataji: Yes, it's all right. May God bless you. All right. [UNCLEAR].

Yogi: [UNCLEAR].

Shri Mataji: [UNCLEAR].

[Dinner noises]

1:14:46

Gregoire: Very nicely.

Shri Mataji: I think there's a storm falling out isn't it.

Yogini: Yes [UNCLEAR].

Shri Mataji: [UNCLEAR] there's also five. [UNCLEAR] You see this will all be [UNCLEAR]. [UNCLEAR] at least our attention. All right. Italians, there's nothing like. Italians are very popular, in London we want to learn. It is so easy Australian, can you imagine? Nothing [UNCLEAR], really.

[Dinner noises]

Shri Mataji: So I [UNCLEAR] did started, who [UNCLEAR]. [laughter]

Gregoire: I'm retired, oh man. [laughter]

Shri Mataji: What is [UNCLEAR]?

Yogini: But my understanding is God. When we speak it, you know exactly.

1:17:28

Shri Mataji: But the food was quite a lot in this case. Both there?

Gregoire: Yes Mother.

Shri Mataji: All of you. [UNCLEAR] What else is that?

Yogi: [UNCLEAR].

Shri Mataji: No, you can't do that. [UNCLEAR] You feel good? Stop, I don't want to do it, I want you to [UNCLEAR dry].

1:18:38

Gregoire: Do, can we, please? I don't know how to say what the protocol is Shri Mataji, [UNCLEAR].

Shri Mataji: It is absolutely, [UNCLEAR]. It's chest pains? That's just chest. You put it.

Yogini: No.

Gregoire: Which one, Mother? Yours?

Shri Mataji: Here. It's all moving there. Yes, [UNCLEAR].

Yogi: Very good.

Yogi: [UNCLEAR].

1:19:35

Shri Mataji: I think your silver is light. It's very light. But is it rushing it?

Mathias: Yes, the first is a, I was feeling masterful [UNCLEAR], it's changing Mother. It's silver painted like.

Yogis: [UNCLEAR].

Yogi: Can't be silver.

Yogini: It can be.

Gregoire: This is silver.

Shri Mataji: I think they used, what you call it?

Yogi: Engraving, engraving.

Shri Mataji: No, no. There are two types of people into it. One is food, and I think that is why you manage, and you like it and you get it most. Another is that [UNCLEAR a lift of the sheets].

Mathias: They pull it, stamp on the mattress..

Shri Mataji: Put power in it as you can see. But this can be done better with the shins, huh? So what kind of children is making it? Searching in Portugal I have not seen anywhere, It's more India. It's more [UNCLEAR]. Portugal [UNCLEAR]. [UNCLEAR]...more than 300?

Yogini: This one is 800. [UNCLEAR].

Shri Mataji: [UNCLEAR]...report is that England...

Yogini: It's 600. [UNCLEAR].

Yogi: It's was two years ago.

Shri Mataji: Oh it's okay. So [UNCLEAR] where was this?

Yogi: I think it was in the Bombay, Mother. Near Bombay.

Shri Mataji: Ah Bombay, yes. Maybe different I don't know.

Yogi: At same time.

Shri Mataji: Same time, this one?

Yogi: Hmm.

Shri Mataji: Same time? Same time.

Yogi: Same time.

Shri Mataji: Can you imagine? Oh this one is see, see, see. See, see, see, see. This is going to be all great.

Yogi: I think.

Shri Mataji: Ah, traumas. See that, see that. Let's see.

Yogi: Here, come on.

Shri Mataji: A little different face, eh?

Yogi: Oh?

Shri Mataji: Those are [UNCLEAR funny].

Yogi: Do things are, do things are.

Shri Mataji: See, with the one sari it's a different face, that's it. But that's it, it must be different.

Yogi: Like a girl.

Shri Mataji: You see, like a girl, I look like a girl. See like a girl.

Yogi: This is a...

Child: Ah, ah, ah, ah, ah, ah.

Shri Mataji: She's walking. Sit, sit. She's putting his head on your, so good.

Yogi: I spoke to Meera, Mother.

Shri Mataji: Huh?

Yogi: I spoke to Meera this morning.

Shri Mataji: Who?

Yogi: To Meera.

Shri Mataji: Ah, what did she say?

1:23:48 Yogi: Well, she's going to telephone. She'd spoken to Jamal, so she's going to telephone him and ask him about the tents.

Shri Mataji: That we can have tents, tents, yes. We can get them in Bombay, they can reserve now some good tents.

Yogi: I told her in order, to book them.

Shri Mataji: And it will be good for you, how long, you know? Don't mind the camping life.

Gregoire: No, my temper went up this morning, so... My temper went up this morning.

Shri Mataji: To what?

Yogi: It's all right.

Gregoire: No, I had a little fight with Mathias, because sometimes Mathias is very nice, but he says people, things and he told that she should not put herself too much forward. I think that... I went to left side and then I was angry.

Yogini: Is it all right, Mother?

Yogini: This is more.

Shri Mataji: What's that?

Yogini: It's the same, a little bit more. Is it all right, sweet enough?

Shri Mataji: Yes, very good.

Gregoire: Nothing important.

Mathias: Something which I really wanted to, if you have your opinion, Mother, because...

What happened yesterday...In the best intentions of mine, I talked to Ruben, I said, listen.

My problem in Geneva was that I was putting too much forward myself. I was too much of the one who was responsible and I didn't see that people didn't like it. It's not my problem, it's typical of me. What I'm trying to tell you is that I have an impression you do, you have a little bit of the same problem. So, watch because you might go so far that people, you will not realise that people have something against you. They will not tell you because you'll be afraid to tell you about it, unless something will be in trouble. And she said, 'Okay, I agree, I hear of this problem, good you told me' and everything was okay. Now, this morning, Gregoire came shouting at me, saying that I am not, that I don't know how to talk, I have no right to talk to people, who am I? I am taking myself for big Sahaja Yogi, I am not taking myself for big Sahaja Yogi, Mother. I simply told her because she is... So many people told me that I was wrong. So many people told me that I was doing things which shouldn't be done and I accepted because I know I have been doing things which were wrong. And I, maybe I said things, I, I honestly, Ruth should be here to, to, to

say so, I was trying to be as, you know, as, as friendly as I could, I mean, if I may...

Shri Mataji: Where did you tell her, where did you tell her?

1:26:22

Mathias: Yesterday, Mother. And she told this morning to Gregoire, as I was, I told her this...

Shri Mataji: Yesterday.

Mathias: And Gregoire came out.

Shri Mataji: Where did you tell?

Mathias: Where?

Yogi: Where?

Matias: It was...Where?

Yogini: Here.

Mathias: And I took her to the, to the window and I said, listen, this is what I think, I would like to tell you, it's not criticising anything. It's simply letting you know about my own opinions. Maybe it's wrong maybe I'm wrong Mother, maybe I'm caught up. But I honestly did it, you know, not trying to teach anybody but to the least. If it's, if it's wrong then I'm awfully sorry for it, Mother.

Gregoire: Now, can, can the other part plead the, the case, Mother?

Shri Mataji: [Laughter] Lets.

Gregoire: Let's, let's...

Shri Mataji: Both the sides of the case.

Gregoire: Let's, let's have the other lawyer.

Shri Mataji: And it is for the judge, too.

Gregoire: Let's, let's...

Shri Mataji: Judge, come along. Ruth?

Mathias: We are talking about what happened to me.

Shri Mataji: What happened, what happened?

Gregoire: We are having a legal case because I've lost to Mathias this morning. So, what I just want to say, my case is the following. Is that...In Geneva...

Shri Mataji: No, no. Let her tell, then she'll tell the last time.

Ruth: Excuse me, Mother. May I just get my glasses, otherwise...

Shri Mataji: All right. Let's get her glasses, she can't see.

Ruth: Bless you.

Gregoire: I think it's very good that it boils because every little. So, I should wait for the judge, Mother.

Shri Mataji: No, you should wait for her to tell me and then I'll tell you what is to be done. All right?

Gregoire: Yes, Mother. But then temper is not a good advice which is it. I could have protect [UNCLEAR].

Mathias: I didn't say anything, so I...

Shri Mataji: All right, let her explain. What happened exactly?

Mathias: No.

Shri Mataji: Let her explain. Now, you just...Tell her. Tell me. What happened?

Ruth: Yesterday?

Mathias: Yup.

Ruth: Okay. So, after the push, there weren't...

Shri Mataji: Loudly.

Ruth: Sorry. Matthias came to me and he was very nice in saying and he said, okay, let me talk to you. The brother talks to his sister and you should be careful. I know this in you because I am the same type of person. You should be careful because you go too much forward. And you try too much to...

1:28:46

Mathias: Not that you go, I think you go. Not that you do it. I mean, just that if I think it.

Shri Mataji: Oh, that's what it is, huh? So?

Ruth: And then, I said 'Mathias, did you ask me, did you tell me that because of the puja of this morning? Because in fact, yes, I was active this morning in the puja'. And he said, 'No, no, no, not at all because of this morning in general or I had already noticed this before'. So...And then he told me the thing about Gregoire.

Gregoire: What did he?

Shri Mataji: What did he say?

Ruth: He said that Gregoire had a tendency to feel too responsible and that this was no reason that he had two [UNCLEAR] and he was getting rightly shoot because he had a tendency to feel too responsible and that I should not do like that. And, of course, I

did not begin arguing and I thought maybe I did not see myself very well. So I said nothing and then I thought, oh, and he said also that I should be careful because the Italian would resent me. If I went all the ways forward and that they would feel uncomfortable that they would not tell me anything. But then they would be kind of against me and I was not giving them the chance of taking self-confidence towards you or towards all Sahaja yogis. And so this is it and then I thought about it, of course and I felt no more confident because I thought I was going too well short.

Shri Mataji: Now, if you stop crying and understand, it's very simple to understand, you see. You people don't know that you are realised souls, you are saints, you see. And once you are saints, you see, if you find wrong with somebody else then you should behave like saints and not like ordinary people, in the sense there is nothing to talk about. Supposing you find too much of anything in her or in anyone, all right, your concern is correct. Should be there because we want Sahaja Yoga to go forward and there should not be any aggression by us and in a way it should be sweet that people should feel that they are very sweet and loving and compassionate, all that is all right. But to talk about it is wrong. There's no need to talk for us. We have got vibrations. We have to correct everybody by vibration. There's no need to talk or discuss or talk. You see, the talking is the mistake. Talking is the mistake because then you go to the level again from where you have come. This is the big problem. We forget we are saints, we have vibrations, we forget. We never use our vibrations. What we use is something else which is not going to help us.

I'll give you a case of Terrence, you see. Terrence went there and to India and he, in good meaning, is good intention. What he said was true also but we just burnt it out, you see. Because we are used to that kind of thing, you see. I'll find in the West especially people are very, very good to each other. They can win, they are very sporting. They can take it also from others. But in India he went and he said something and people were just frightened, you know. They thought like he just jumped on them like a lion, you see. They felt horrible. They are so diffident down. Absolutely they are just, they don't know. They think they cannot do anything. They are good for nothing, all that has happened. Now he didn't mean anything bad, they didn't mean anything bad but the main thing we forget that we are realised souls. We should take ourselves as saints. First of all we are all saints. Take that confidence in yourself, you are all saints. Of course saints sometimes have true assert. Your Mother has also to assert. But just now I was telling her that never you'll find my finger straight like this, I do but little bent always. In my action also I am never like this, you see, I am like this. I never say like that something, sentence or anything. So when you talk to people or anyone, you have to be curbed. There has to be the sweetness about it. You have to talk like that and do it. Now correcting each other is also a thing when our attention is more towards others than ourselves. It is true, that is so. But that is important because if you have to see to the whole system, you have to see to everyone of us if there's anything lacking and all that. But it is not so much the outward vibrations or outward behaviour that's important. It's an inner thing, you see, how sincere a person is.

1:33:37

The person supposing who has told you, say, take it like this. Now somebody tells Me about you, to Me. I won't bother as to what that person has to say. I do not take it for granted, I don't believe that person, I don't listen to that person. What, as a saint, I will see that. That's the one brings out the sickness. So I will see that what is, what is he? Nothing, invalidation in character, even chakras. Is he like that? In this thing, if he's like a world, why is he? This is to be done. To criticise others is the best way to kill every organisation. I think that's the worst thing that is the against Sahaj. Should not I've told you that you have to be extremely loving and respectful to your certainty. That is worth definitely what Mathias believe in it. You have to be extremely loving and kind. To begin, there is no need to correct, no need to shout, no need to fight, nothing.

Mathias: I thought I did it yesterday, Mother.

Shri Mataji: That's what you did, to correct. And today he did, what he did was also wrong, to shout at you. See, what I am saying, he should have told Me, I would have handled the situation. Now this correction business is up to the point goes that you should not do it, is to correct the vibrations of others, directly. Even that much is prohibited in Sahaja Yoga, that you try to correct his vibrations, correct his vibrations, give a balance. [UNCLEAR Chavan, Chavan!] Just think of a Chavan. He was such a responsible Sahaja yogi. He used to have a session where they used to correct each other's vibrations and as a result, consequence, they got all the weaknesses of everyone distributing.

Gregoire: Mother, as I am out of the tree, I am the one who could not put my case. Mother, I take my ears because I shouldn't have shouted and I made a mistake this morning. So I ask forgiveness to Yourself and to Mathias. But what I noticed is that Mathias has always had the extremely great quality of listening to people and has always been very sweet which has always been remarkable for this category of person and I cherish him for this. What I have noticed since the few last times where I have seen him, is that he has started this business of saying this is not okay and this is not okay. And my worry, out of my concern for him, is that it is something that he has picked up from his wife. That's why this time I reacted strongly. He did the same thing to me in Geneva, coming towards me saying that I put myself too much forward and this. Which may be true. You told me this in Geneva. Which may be true, but the way he did it make me feel uncomfortable. If it didn't feel quite all right, and I don't know why. Maybe my ego resented maybe also he didn't do it in the right way. I think if Dumal would tell me something or someone else, I think I would have no problem to accept it. But I didn't feel happy in Geneva. Now, I know the background of Ruth, Mother is someone who is basically on the, well, I mean, I can't say I know, but she's someone who goes into this lack of confidence steadily and so on. And I don't think that she has the kind of attitude which was criticised. So, I came out on Mathias. 1:37:19

Shri Mataji: No, no, nobody criticised each other. With the mouth.

Gregoire: Because I thought it was.

Shri Mataji: With the mouth.

Gregoire: With the mouth.

Shri Mataji: With the vibrations you correct, you work, you work on the person.

Mathias: Okay.

Shri Mataji: All right? You work on the person. Say you find something wrong, work on that person then you will improve and that person will improve. Work on that person, so your vibrations will improve, you see, sharpness will improve. That is done in compassion. You see, look at me. I work on you, work very hard. You see, if I was to criticise you, where would you have been? Just tell me, no [UNCLEAR].

Mathias: Yes, Mother, absolutely. I mean, I'm not arguing this.

Shri Mataji: All right and about Susan, I must tell you that she's much better now. She's not to be so much right and wrong. You have to be careful but yes, you have to be very careful because you see, how I judged her best was through another third, that was her issues, her intelligent power. She got very friendly with my... What you call it? Niece, her niece-in-law, very friendly. She used to talk to another. And Harish warned me that she's talking against everyone in a very subtle way, it's very intelligent.

Gregoire: The truth I'm afraid of...

Mathias: Yeah well I'm...

Shri Mataji: You see, just I'll tell you what, this is what she told Me, absolutely, he told Me and he said, be very careful. It is he who pointed out, he said 'She's a nice lady of the people but that's what my mother does', he said, you see. But she does it in a very gross way, but she, this one is very subtle and I, I just discouraged my wife, all true. Though she said, you see, she said, she's been, she's, he told her, I don't listen to all these talks, no? All the time when this girl was there, Susan was and she, she's left.

Mathias: Mother, I have taken so much criticism from Gregoire and from Arno, from anybody. They have given me so much, you know, information. I wouldn't have changed, if I had this information.

Shri Mataji: They should not, they should not be.

Mathias: And you know, and I accepted it, it was normal. I didn't...

Shri Mataji: No, no, they should not do. That, that it is wrong in whether it is, to Me, you are all just saying My children, all right?

Mathias: Yes.

Shri Mataji: So, if you do it or he does it or she does it, or he does it, it's all wrong.

You should never, never, never criticize each other.

Gregoire: But then, this is not true, Mother. This is not true, I have never criticized much.

Mathias: Yes, you are saying things which I told you the same thing.

Gregoire: It's different, this is not true.

Mathias: I didn't criticise you, Gregoire. I told you the same.

Shri Mataji: Now, only place where you have to criticise or anything, you should write to Me. That's the best way, tell Me. You'll bring it to My attention, I'll work it out. You see, in case where it is serious, you see, nothing is serious. For example, you see, we start taking mostly the people who grudge about Sahaja Yogis. Mostly the people who grudge about Sahaja Yogis to you or to anybody who, so say you are the leader, say. Anyone who grudges you against this thing, thank God. Are you happy now?

Yogini: Yes, very happy now Mataji. Thank you.

Shri Mataji: May God bless.

Yogini: Thank you.

Shri Mataji: Give my love to all of that.

Yogini: Yes, Mother.

Shri Mataji: [UNCLEAR Hot chapla.]

Yogini: Yes.

Mathias: Bye-bye.

Yogi: Bye-bye.

Shri Mataji: So, one thing is definite, whether it is you or him. Nobody should criticise, that's one point is we are Sahaja Yogis. You can criticise others. They are another place, we are another place, we are another people, they are another people, we have nothing to do. They are nothing to us. Even if you beat them, I will not say. But with each other? Now, when it comes to the spreading of Sahaja Yogis, naturally it comes to this point, that one has to talk to people in such a way that it should be soft. You should be kind, you should be humble but to a point, too a point, you see. You can't go on with them all the time, also like the other day one lady got up and said, 'Why do you want to tell about Christ in your Indian way?'. Who is she who asked me such a

question? So I asked her, who are you? You see, I have to sometimes. You see, this fellow yesterday with their Bhopi Krishna, he was breathing the same. You see, they are not realised souls, you know. That's the main thing is, they are to be at our feet. That's what it is. Actually believe but we should not say that you are at our feet. Say, our servants also, if you treat them like servants, they will misbehave. So you must tell them, you know, how to treat them but in no way they should feel that they are wanted too much and that we can complete too much. That's the one thing they do, no matter what happens. Once you tell them that you don't have to do it yourself, they'll come up better. If you tell them you want them or you want to have them there, you see, then they start thinking, oh, you are very great and really and we are obliging them by being there and all that. So in Sahaja Yoga we have two forces, as I said, sent to [UNCLEAR] and sent to [UNCLEAR]. By one force we are trying, by one other force we throw them out. There are two forces all the time. People can go just out of their way. Now you give it to Me, if there is any, I know each and every one of you, because you are part and parcel of My country. Even if there is a slightest pain, I know where what is happening. So if something has gone wrong with any one of you, of course you should try to help them in Sahaja Yoga manner. At the most you can bring it to My attention also. But I work it out so well, you don't know, the organisation is so efficient, that person either goes out or exposed or finished, you see, or corrected. All right?

So then, because, you know, this is more sort of a household sort of a thing, I feel, that when we are sitting down, we are talking to each other about these things and all that. It's like, you see, we make much more, not that, talk of big things, talk of the whole emancipation of the world. What we can do, all those things, don't talk of these things. It's big, small, small, small, small, small. You are all great, you are all realised souls, you see. Not only realised souls but you are Sahaja Yogis, means you know how to be realised. You have been given realisation by Adi Shakti Herself. You must know that, not by an ordinary person. And then what happens is from the propagation point of view, I must say, that Fati has a much more sense of publicity. That one must understand. Like last time when he was working it out. You see, people opposed him for nothing at all, that was very wrong, to make him look small and all that. In that point you people made a mistake. You see, when he is expanding it, expansive person must be always respected in such a way, always respected. Nobody should criticize anybody for expansion and Ruth has done the same!

Mathias: Mother, I'm sorry. 1:44:41

Shri Mataji: But for her, Rome would not have been established. I know she was dominating a little bit, I just knew that. She was dominating on others, I know that but that was needed, very much needed. I would have tested her. I have seen her through and through. See, I saw there was big fight between [UNCLEAR Flabia] and Ruth. I know that.

Yogini: [UNCLEAR].

Shri Mataji: This fellow has written horrible things about him, no doubt but he doesn't know how it happens. Now we are thinking of sending him all the way he does it, how he does it. And how he works it out and what is his style he is. Everything we can write. You see, to him, in details but I just thought of the fellow, he is against Mahesh yogi in a way. He has beaten Mahesh yogi, he is the third person. We are talking Sahaja Yoga, you see. So he can write about Mahesh yogi if he is willing to say it because we will supply all the other things. And then he can send it to this fellow Mother, the one who has published this article.

Gregoire: [UNCLEAR]

Shri Mataji: By the way, you got this article or Brian got it? Brian. This article from him. And he doesn't know how he gets the money and all that. So this will cover up but I would not like Brian to do it, or Remo to do it, or Remo can do it. Remo can do it because Remo is from Switzerland and he can do it because he is Swiss, Switzerland. And he can send to in the name of Remo.

Mathias: Yes but it has to be written by us, Mother.

Shri Mataji: We write the whole thing. We give him all the documents of the thing. We get people who have to talk about it.

Yogi: Because, Mother, yes, I wanted to stress this thing. After you went, after you left Geneva. Antoinette explained to me and

Mathias too that there was a very strong activity of TM. Advertising publicity in Geneva and especially in the university with tremendous big posters and big articles, huge articles from the same newspaper as La Suisse, which was a bit negative towards us. And, I mean, the feeling that... They knew that we had a very successful time in Geneva. They wanted really, I had the feeling to attack back.

Shri Mataji: No, no, they are in a very big mess according to this article.

Yogi: Yes, Mother.

Shri Mataji: Could I show you, Gregoire, what I mean? You see, can you have my [UNCLEAR]?

Yogi: Yes, I think it's a flower you have to put it back in the room.

Gregoire: I can contact this Hokusic, let's see how we write about us on Tuesday.

Shri Mataji: If he can write something what he knows about us. That can be also accounted for, you see, we put one of his names, Linda's names, and he can write what they are doing.

Mathias: May I suggest, Mother, that maybe Gregoire calls him, the office today. Just to see whether he has got any other questions which he would like to have answered. Because when you write an article, you might have another question which you would like to have answered. Just as to make sure that he doesn't feel afraid of calling us, that You may still act and correct him.

1:48:14

Shri Mataji: Maybe, now you have done the first trick very good that you didn't show that you want him, it is he who has to come. And now if you talk to him, he'll be good at it, he'll be happy. But you say, you just talk to him.

Gregoire: We worked on him yesterday.

Shri Mataji: Yes, sir. Eh?

Gregoire: We worked on him yesterday, a little bit, and he said...

Shri Mataji: No, he said, how are you now, I'm very happy. If he has to ask any questions, let him ask. But we need not say if you have any questions like that.

Mathias: No.

Shri Mataji: Because, you see, again, it's the same thing, you know. First he has gone through lots of things. Now this is the one. As Maheshri yogi, Mahesh yogi makes his preliminary move to permanently return to India, his various organisation, all right,

they get curious and...

Gregoire: Curiouser, more and more strange.

Yogi: Ah.

Shri Mataji: They are buying up land all over the country at a fantastic pace and what is most significant, this land is really a strategic and ministry important thing. So it's very simple to understand, you see, he wants to establish his own being down.

Yogi: Come, sir.

1:49:39

Shri Mataji: You see, first what he's doing, he's making all the brambles, you see, do this thing, you see. So that they become absolutely characters, all the brambles, you see. It's a kind of domination he wants to have, you know because he's employed all banks, no, I will put ice, I don't know what it is. But he's employed [UNCLEAR]. [UNCLEAR] means the people who live in the body, you see, the people who are more interested in the material. You see, they're more intelligent people, very intelligent and people who are at least dangerous and all. And Indra Gandhi has run them down for a few years. Now here's the idea, please, to sort...

Gregoire: Take the chaos first.

Shri Mataji: Finish all the brambles of India by making them, take them, mining them, take them, take them. [UNCLEAR] come like that because if there's people they can have fight back and then to establish his own kingdom. Of course, he's taking use of some, some [UNCLEAR] in there. They say the mind behind you is taking out, I don't know what to say that at all. But that's what they say. He's the mind behind you. It's not said here, but it's said by many people, you see. Now what he's trying to achieve now, his brother, [UNCLEAR], they are all relations of Srivastava and they are very cunning people according to this and they are the ones who are getting jobs with him and he's giving them jobs. The [UNCLEAR], he's mentioned here absolutely, the [UNCLEAR] and he's after the pundits, you see, gives them money and...

There's a brother, J.P. Srivastava, the sister in Neera and there are all the brothers, sisters, everybody are there helping him. And they spend money like this and his, I mean, they are not educated people and they are so much and all that is with Me, yes. And the [UNCLEAR] are coming to teach the Maheshri yogis -Maharishi lords, is in evidence everywhere. Many of the employees belong to it. However, nobody really knows what the other person or relating is to. They maintain a secret, even the auditors are different, say the former employee of the organisation. Nor does anyone stay in a senior position long ago to get to know all the secrets.

What happened? 1:52:30

This is how they talk, the organisation, financial working are a mystery. Even to those who have been involved in some of the commercial projects, say the form of consumption. I really don't know what happens, it is humanly impossible to generate so much money even in 20 years. And what he does? For his money, they don't know. But like way he did it to Peter, Peter's wife had brought up money. Peter had a lot of money. The first, he started organising trips for himself and his wife and his child and all that. When he was all done then he said, 'He would buy a house, and I make an academy, for all students'. First, we were there, he paid them for their food, their children and all that. Like that. Second time they went there, they paid for. Then they asked him to break all the money from London, to smuggle him, which is there because he was not allowing those things to carry the money, so he had to do it. And he had to do all the things, he used to tell lies, things that he did everything. But in the fourth year, they started reducing the amount of money that was due. Like that they went down, 'Oh, we'll pay later on', this thing like that. And they never wrote any letters, only on the telephone. These people should have recorded. And like that and by that end, it was last three or four years, they never paid a single file. Last three, four years, and whatever was remaining from the first, they didn't pay. So that's how they became bankrupt. They became completely bankrupt, they had to pay people who were around and when the house was sold, most of it was paid to the people who were to be paid for this. And so they were left with very little money and filled with [UNCLEAR]. All that money was lost. These people, apart from that whatever money they had put in, labour, they had put in, anything they had done, all that was lost, you see. So they took over. Now when they put a case against them, these people bribed their judges out there because in Scotland, you can bribed their judges.

Mathias: Scotland? 1:54:50

Shri Mataji: Scotland, horrible judges there. They were bribed and what happened and that's how the whole case was dropped,

without even understanding, what a... This is how. Now, how they get money like this? You see, if you completely exhaust the person. Now, the second thing is that, they are like a moving roller. Now, if they have taken money from India, [UNCLEAR] then they are finished. Then take another, then take another, like a rolling thing there. And they go on like having more and more people richer and richer people and making them poorer and poorer. And this Linda and all these girls, you see, like, there's one girl from the bank, you see. She became mad and all that. And she had given them money, with the, she had lent him a money through bank, so he returned the money. And she's telling everybody, no, no, he returned my money, he returned my money. But she has, she's a mad woman, she's become a mad woman. So, it is what he is doing is to keep a, no, nothing on file, nothing to write, he just takes money from people, nobody has any receipts or anything. You have to send the money to him. He takes all the money and the persons who really do the job, do not let. Say, for example, now there's an academic here. They have to look after the people who come and say, say, about hundred people go to the academy. Give them their food and all that is to be paid by him at least minimum that also he does. Till these people are completely sunk, you see. Then he gets another one, makes him the director and he says now what was Peter, was that? He was not educated, nothing of the kind so he made him a, what is happened?

1:56:48

Gregoire: No, I, pain in the neck here but maybe it is what you are talking about, I don't know.

Shri Mataji: So, you see, that's how he's making his money, is to get new people, completely make them bankrupt. Take their own money, then take another, take another one like that is going on. And somehow or other, it never gets connected. You see, people don't know about it. For example, this happened to Gilda and before she could write to anyone, say, the [UNCLEAR] saying that she's gone out of it, she's mad. And they have nothing in writing also.

Yogi: Very clever.

Shri Mataji: He's been very sensitive but he has shown that all the ordinal factories in India, wherever they are strategic point. You see, this one, here, everywhere, there's taken, these are all very strategic places. Now somebody told me that [UNCLEAR] was a defensive secretary and he knows all the secrets.

Mathias: Yes.

Shri Mataji: She's one who has given Me the secrets about him.

Yogi: That's true, he's a defensive secretary.

Shri Mataji: He was a defensive secretary. Who [UNCLEAR]?

Gregoire: Oh under or...

Yogi: He is in TM?

Gregoire: Yeah.

Shri Mataji: I was sitting [UNCLEAR] the other day but this is the condition of it.

Gregoire: And this, Mother, Mother but do you think he wants to establish his kingdom in India? An actual kingdom? He needs people for that. Only with money, you cannot do it.

Mathias: You can bring all westerners.

Shri Mataji: Yes, people are developing. You see, what he's trying to do is to get, pay people to do that.

Gregoire: How is he health-wise?

Shri Mataji: Huh?

Gregoire: How is he health-wise?

Shri Mataji: Very bad. When [UNCLEAR Indira] used to put down her foot, she said, 'We will not allow him to come here, whatever'. CIA is after him and also our intelligence is after him. We have to write our intelligence also about him. And the industry, he's trying to show that he's putting the money in the industry, you see. Because he wants to show that he's trying to help him get double wedge, you see, so that people start. But all the industries are having losses. He's got a huge plot of land with lots of foreigners are staying and there are so many cows, he's just been 11 meters of milk. All the trees go absolutely sink down, there's no greenery nothing, all the vegetables get rotten, all sorts of things happen that no one knows how. That's all, you see.

Yogi: Yeah, yeah I'm waiting. The cheek of the [UNCLEAR Goddess].

Gregoire: Yes, I will maybe if you allow me. I will photocopy this and send it back to you in London and send you one copy.

Shri Mataji: No, I'll say that yes, you can photocopy but we have photocopies of this in London, I think. Brian has got it so we not need.

Yogi: Indira Gandhi is against this man?

Shri Mataji: Eh?

Yogi: Your Prime Minister is against, Maheshwari, Indira Gandhi?

Shri Mataji: Huh?

Yogi: Indira Gandhi is against this man?

Shri Mataji: He is against.

Yogi: Yes.

Shri Mataji: Very much. And she doesn't want him to come down. But somebody has to write to the intelligence in England at what he's doing is like this. That's how he gets the money. See?

Yogi: But it was the same with, I read an article, it was the same with Vajnish in the United States.

Shri Mataji: Yes.

Yogi: He wanted to, to emphasize that the government was so good and that he was a strong anti-communist. And so that Reagan who is a stupid fellow, absolutely was pleased with him because he...

Shri Mataji: Who? 2:00:40

Yogi: Reagan, the President of the United States. Accepted to hear the Rajneesh organization in the United States because the

Rajneesh was...

Shri Mataji: Rajneesh tried this trick with...

Yogi: Yes.

Shri Mataji: First, you see, he opposed... The only person who saw through his game was our former Prime Minister, was this Morarji Desai. So he got after Rajneesh but when he got after Rajneesh, you see. Rajneesh tried to tell, you see, the whole place my eyes these things happened. And Indira, you see, with the person who was supported by Rajneesh. Really, see, he tried those tricks with her. And she was quite convinced but it became so hot that she had to leave. Now this is another fellow. Now, she's against Maheshwari. And, you see, these people, these people went here, they came here, these ministers of Morarji Desai, you see. We have to call them Janata Raj. And when they came here, he bestowed some titles on them and all that. And as a result they lost the elections. Janata Raj.

Mathias: Did Rajneesh support Indira Gandhi because of her anti-conception policy, policy of sterilisation of women and getting...

Shri Mataji: He had no policy, he had no principles. He just supported her because he thought that opposing her would be too difficult. They have no principles, I tell you.

Gregoire: Mother, did you say that Rajneesh is dead?

Shri Mataji: Huh?

Gregoire: Did you say Rajneesh...

Shri Mataji: No, I don't say that but I don't know about these, you see, these Rakshasas. But what people are saying in India that Rajneesh was killed long time back. And the fellow who has come as Rajneesh is his own younger brother who looks very much like him and who is no good also he is not so good at things. So, they said, he's got a paralysis and all that. They bound him because by that you cannot see the face of a person, you see. And they took him out of India and there they found that nothing was wrong with him, you see, as such. So, the government said that now you better go back, there's nothing wrong with him, you are perfect boy, you are cured. So, they said that yes, he got cured because of his divine powers and all that. There's an article about him like that in India. That he was the man who was taken away by these people, just to use him. And now they are using him because he doesn't talk much. And just they are impressed that he's steward and people are paying a lot of fantastic money to him. Now the price is much more. It's £4500.

Yogini: How many? 2:03:41

Shri Mataji: Per week, per week.

Mathias: What? What do they do?

Shri Mataji: Per week, they are paying in that place.

Yogis: In the United States? In Oregon?

Shri Mataji: It now becomes a term for being localised, localised.

Yogi: Yes, in the United States, in the place. In Oregon.

Yogi: In Oregon.

Mathias: Mother, what do they do for this £4000? What do they give them? What do they do then?

Shri Mataji: Just to jump, take out your clothes. For taking out your clothes and jumping, you are charged £4500.

Yogis: Hmm. Hmm. 2:04:19

Gregoire: Mother, it's madness.

Shri Mataji: What to do. With people are so stupid, what can you do?

Yogi: But people are beginning to see that they are fake Mother.

Shri Mataji: Just a problem with ego is so stupid, you know? That if you talk to someone, they say that 'No, no the other fellow get it that's why he's still in all the things, here you are going to get it. You are getting the powers of flight [UNCLEAR] and all this'. So stupid.

Mathias: During the program in Lausanne there was one girl from Rajneesh who was shaking. She was just going back with it. And I told her to take off her medallion. She wouldn't do this.

Shri Mataji: No, this is a sense of security for them because they can directly go to hell.

Like a dog's collar.

Mathias: Even the argument, if she worked on me, I wouldn't shake in front of her but she shakes in front of me, wouldn't be good enough.

Shri Mataji: If they think they have power, more power, that's why they are shaking. You see, if they shake, according to them it's a great power. What can you do? If they feel hated, they say it's the real power.

Yogi: But Mother, all these people, they must feel that they are about to be destroyed now. They must feel because if they understand in the awareness that they must... Do they understand that they are Rakshasa or not?

Shri Mataji: You see, the best thing is about ego that you never know what you are doing. Ego is something, such a cloudy thing, it's such a horrible thing you don't know. At least with left side, you see, the thing is you get the bangs and the pains and the things but with the right side, such people go on and on. They can be fooled you, they can take off...

Gregoire: Mother, sorry this is the greatest thing. You see, where there is money, there is tension. Where there is tension, dhyana is needed.

Yogi: Dhyana.

Shri Mataji: And dhyana is this bhoot in here.

Gregoire: This bhoot in here. There it is, they don't dare to say, where there is money, meditation is needed. Or they say, where there is money, there is tension, where there is tension, meditation is needed.

Shri Mataji: And the tension is never reduced, you see, in this... never.

Yogi: Well, it's like a mother, it's like this boy last night, no? He has read books of... what is his name?

Shri Mataji: Gobi, Krishna.

Yogi: I did... also before I hear you talk about Kundalini, I have read one of his books, no? And I was afraid of what he was saying about Kundalini, that I would have never... I thought to myself, well, I cannot work that, it's too dangerous to work on Kundalini.

Shri Mataji: That's what they have done. That's another way of hurting others. You see, but he went out and he was waiting for others to come and tell him what happened to them. And now I think he will be confident. That fat lady also became confident now. I think he's calm, but he's took it cool, you know, he's trying to want people and things like that.

Yogi: And he was dressed in black, a very...

Shri Mataji: Always darker.

Yogi: Yeah, negative, yeah.

Shri Mataji: No glorious views. Now what about the little baby? Can I give him a massage?

Yogini: Oh yes, of course.

Shri Mataji: What oil?

Yogini: We have olive oil we are using in the kitchen.

Shri Mataji: Little, little heat it up.

Yogini: Little heat it up, yes I'll prepare.

Shri Mataji: And bring it up.

Gregoire: But Mother, for this afternoon interview with the radio, maybe we can go three with You or two with You. I would come also, but then, if there is anything...

Shri Mataji: No, no, no, better not. It's better not. It's the award, I guess.

Gregoire: Yes, maybe but I was thinking that Mathias and Arno could accompany you there. Maybe I should just come with You until You are in the studio, kind of bringing you there. If there is a... Because I called from the Swiss machine and I said I was from the Swiss machine. I said all that because all I said I would not take it, you see. So, I mean, let's at least this job have some use, you know.

Shri Mataji: You should take my brother, you see.

Gregoire: Yes, yes.

Shri Mataji: It's my brother who's done.

Gregoire: No problem. I mean, I have to go ahead with it. I mean, after all...I mean, there is nothing...There is nothing disgraceful. What I...

Shri Mataji: I think we are the only secular state here.

Gregoire: Secular?

Shri Mataji: Indians are the only secular state in the real society. Secular means they do not allow any religion to dominate. Any kind to dominate, any is going to dominate, really. You are the only real secular state, you know. You see, the Pakistanis and all that are upset, you open with that. You all are, even Englishese.

Gregoire: With the Church of England, you're right. Everybody is there. Yes, that's true, Mother. And also communist countries, the communistness religion.

Shri Mataji: Oh, there's no question, there's no question but those who are so-called democratic, you know. You are the only secular state. Only. Even in America, it's quite dominated by so many other things. Like, you cannot cure anyone because the doctors...for him to do that.

Gregoire: That's good to be the way.

Shri Mataji: The family was [UNCLEAR]. So now, should I try the baby? Is she bringing it?

Yogi: Yes.

Gregoire: You have made the baby?

Yogi: No, no, we need it.

Yogi: No, no, ah. [UNCLEAR]

Shri Mataji: So give him these papers to read, you see? And see what he can do about it and he should also write.

Yogi: Yes, that's right.

Shri Mataji: What happened?

Yogi: She's bringing the oil, Mother.

Shri Mataji: Who is troubling you? Who is troubling you?

Yogi: She's having a little smile.

Shri Mataji: Oh very happy with that. Ah? Oh, oh! Ah! Ah! You see all ways a little bit before the ankles [UNCLEAR] for the father [UNCLEAR].

Yogi: I have the easy job, Mother.

Shri Mataji: Yeah.

Yogini: Here? Should I? Oh, where? Where? Where are you warm?

Shri Mataji: It's all right, it is as warm as that one.

Yogini: No, here is warmer because we have opened the window there.

Shri Mataji: Oh right, this is warmer. Can you spread the towel here?

Yogini: Yes, Mother.

Shri Mataji: Come along, sir. Come on.

Yogini: Shri Mataji...

Shri Mataji: It's only sufficient, such a big body.

2:12:16

Gregoire: You know, Mother, another point is my mother's standing is very near from where Yogi Mahesh.

Shri Mataji: [UNCLEAR].

Gregoire: My uncle, Bridget's family, he's very near the place where he is, Lake of Leucine,

that's where they live. Very near.

Shri Mataji: There's a group [UNCLEAR Salah.]

Yogi: What's wrong?

Shri Mataji: [UNCLEAR]... London.

Gregoire: Mother, this is again, I love my brother and sisters in London but I have asked them to bring cassettes here. So I would have the last cassettes in London.

Shri Mataji: Who came from where?

Yogini: No...

Gregoire: But it was too late, or?

Yogini: No, yes, it was also. I said that I gave all the tape to Anna and Mariana and Maria.

Gregoire: But it does not come yet to...

Shri Mataji: Who? Who?

Yogini: No because you see Mother, normally I am duplicating for Switzerland, Rome and Austria when I can. But there were also so many things together that at the end, I brought them to Arno and Marie-Amelia. But we didn't have time to bring them to Gregoire. But you will have them.

Gregoire: But they are duplicating machines it's better if you do it directly from London instead of doing it through you and through Arno and Maria.

Yogini: Yes I will do.

Shri Mataji: No, I'll tell you what to do with [UNCLEAR]. They are not informed and I'm also not. First you see the English wanted to come here you see they were thinking of taking a big van go up to Belgium and drive it down here. Because to carry this video was a very big problem. How to carry it here and the puja things so puja things were definitely important so they gave it to. When I told you can't come there would be the planes when you stay there would be a problem now. So they decided all right we cancel not going so give all the puja things to Terence. And Terence because he was coming by train he could bring it. So he brought it by train, the video set and all that was to be brought. And Rustom decided, I asked Rustom to come with Me so they asked Rustom but it was too much to carry for one person. And he wanted also to carry My luggage but I said I'll carry mine, you just don't worry. I had that empty one, the empty one I gave you and the one was my vanity case which was not so difficult. So they said that they wanted to send other things also, no doubt. And the problem is you see, they got that you must remember precisely about what takes to what. What's in your being that these ten sustenances of the human beings which are within us. You see, when you go out in one of them you see, in anyway then what happens that. That starts looking on the void first of all you see, like your guru tattwa is wrong or something like that. But when you start becoming cunning about it. You see, mentally then it starts accumulating on the right hand side if it accumulates that means you are playing into the hands of the negative side. But if it accumulates on the right hand side then in your activity you are trying to. You see it is always built in when you start working anti-God, you know it's anti-God. In any way you see, anti-God is a very subtle and a very vast thing. But one wants to understand that knowing if you anti-God, Ekadesha is...

Mathias: Coming?

Shri Mataji:...Knowing. Another thing is if you bow before someone who is not an incarnation

that's why it is said that you are not to bow to anyone. Or who is not authorised like your parents, you can bow, you can touch the feet whatever is the custom you see, whatever is accepted, collectively is all right. But if you go on bond with a guru or someone like that there are no incarnations of this, very few incarnations. They are not seeing it. You see, so Ekadesha Rudra has a double face because it's the Agnya. Agnya is the one which throws them on the side. So it is a double faced one, one is here and one works at the back you see, it's like that. The left side works on the back and the other works on the front but the effect comes up here. Then if on that if you do that also this is the ten. We can say of course these are not only those ten because they are represented another way because you can say that is the Gabriel is there, [UNCLEAR] is there, Ganesha is there as Christ you see. All these eleven people they go and they all represent those eleven people but the worst is when this happens, this is the Vishuddhi. When you start doing this work against God on the back.

Yogi: On?

Gregoire: On the Virat.

Shri Mataji: Then it forms a very and all these gurus have got this. [UNCLEAR]... they start in the worst possible, worst possible when you not know how to exist even for a medic, we had. Cancer is one of the diseases which is anyhow and people develop it, can develop it with only a few a Ekadesha's. If the whole balance formed. Say if you are living with a woman, I must tell you this is very important. Who is being who is a clairvoyant, you see. She is a Ekadesha completely no thing is built in in her but even the husband, might be a Ekadesha Rudhra.

Gregoire: Mother, Christ, God, crown of thorns on a Ekadesha Rudhra, what did it mean?

Shri Mataji: What is it?

Gregoire: When, when Christ was brought to the cross. They brought him a crown of thorns

on the Ekadesha Rudhra, here. What?

Shri Mataji: You see all his powers are there so it's an anti-Christ activity, you see. To put the

it was to make a very subtle way you see, their subconscious promoted them that you put there, you see to insult them. Insult those powers.

Gregoire: Insult those powers, and he did not?

Shri Mataji: Because he said he was the king so they said he has those powers he adores, you see. When you give me you adorn my powers all these things, are adorning my powers

these things, are adorning my powers here. All these are adorning my powers you see, of the feet, all these adorning the chakras, for that you see in the waist and here also everything and the adornment. But actually what happens is that. That in the subconscious people get these ideas perhaps or maybe from unconscious or unconscious cannot be bad ideas. But we can get the subconscious and the collective subconscious gives them such ideas how to insult inside you. How to insult a saint and also how to insult every kind...

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Spirit Resides Inside You

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I bow to all the seekers of truth.

[Can you hear her there - all the way? No. Stand here. Or you may use this. Better. I will just speak ... All right.]

I'm very grateful to the Sahaja yogis of Vienna, who have invited Me to this place, and this is My first visit to Vienna. This is the last state that I had to touch in Europe and so I must say, lot of work has been already done in Sahaja Yoga in other countries. Somehow it happened that I had to come to Vienna after such a long time. I'm really very happy to see there are so many seekers in Vienna. And they are the seekers of truth. But first of all, we have to understand what is truth.

Whatever truth we have so far as human beings, has been known to us through our awareness, through our central nervous system.

For example, if you see the flowers, the flowers are white; we can see they are there - this is the truth for us. I touch this steel and I know it is cold, so I know it is steel and I know it is cold - is a fact with My fingers. It is not any imagination or a mental projection to think that this is the flute of Shri Krishna. Because I can see, I can hear and I can feel that I know this is the truth, because I know through My experiences of the central nervous system.

In My own awareness as a human being I know there is fragrance in the flowers. In My own understanding I know the aesthetics of this place. If you take a horse through a dirty lane, he doesn't feel the dirt and filth and the smell of that place. But a human being, when he passes through those lanes, he knows that it's dirty, he can't bear it, because his awareness is such.

This is the difference of awareness in our evolution that we have achieved as human beings. So, one has to know that whatever is going to happen to us has to happen in our awareness. That whatever we achieve or whatever we get in our central nervous system is absolutely logical and can be experimented with. That we can verify it.

It is not like a dark lane that you move on for years together [repeats to the translator: It's not like a dark lane, dark lane, dark] – but is an enlightened path where you are aware of the higher capacities of human beings. What is the higher capacity of a saint? It is not that the kind of dress he wears or the way he moves about. But the higher capacity of a saint is that he is collectively conscious. Because he's connected with the Spirit, which is a collective being within us. So that something has to happen in your awareness that you should become, again I say become - actualize the experience of collective consciousness. Like Mohammad Sahib has clearly said that, "In the resurrection time your hands will speak."

That He said that you can feel in your hands – what hands are going to speak, there's not going to be any lips here – but you are going to feel something in your hands which is going to speak for you.

Now, when we come to truth, we have to know about its other alternatives and the fakeness of it. Every truth can be faked. Every flower which is living can be made into plastic flowers.

And to make plastic flower is very easy, you can make them by thousands. But the real flowers are rare and are real because they're actual flowers living on a living force of life.

So the evolution is the living process of the living God. If that is the truth, then we must understand that whatever has happened to us so far in our evolution spontaneously, in the same way something has to happen to us, spontaneously. Like a seed, if it has to sprout, you have to put it in the Mother Earth because she has the quality, she has the authority to germinate it. Do we pay money to the seed to sprout? How can you pay for God? I can't understand the naiveness of the Western people not to understand that you cannot pay to someone who thinks that he can deliver the spiritual life to you.

These are all parasites, and if you want to have parasites as your guru, you go ahead with it. Nobody can control you in there, because you have the freedom. The other school of thought which is revolting against this kind of fakeness could be that they are all fake, that's all falsehood, there's no truth - that's also wrong.

So many people who have gone through the circus of guru-shopping come to end that we should become communists now. That is also another extreme. That's a denial of the truth. So it is in the center there is the truth, no doubt about it, but it is not a thing that you can purchase in the market. Specially in the West people are pampered, their ego is pampered, if you can pay for something or you can purchase something, you can possess something. But I said, "You cannot pay for God." Anybody who takes money in the name of God and lives upon it is a parasite. And the one who is a parasite cannot be your guru, he's much less than you; you won't live like a parasite yourself.

And the second point I told you, when it is a living process within you, then you must know that you cannot put in any effort. Is a simple thing of a flower becoming a fruit. Now you jump before it or stand on your head or take out your clothes or wear any clothes – will it become the fruit? How much does it take to jump or to change it or to have some sort of a nude body, how much does it take? Anybody can do that. Sahaja Yoga is a path for the true seekers, and not for the people who run after fake things and do not want to face it. It's a category of people who are men of God, who are seeking the truth, and who do not accept anything that is fake. And is a category of courageous people, the brave people, who can discard all that is a hang-up or a conditioning on them. So, God has given you everything. While making you a human being, in His gentle care, He has created you a beautiful human being and all the roots are within you. Now, when you try to put in your effort to find God, then you are not spontaneous. It's all man-made. And in that effort you start moving to the left or to the right. Tomorrow I will tell you in details about the left side and the right side, but today I will just tell you that when you move to the left, you fall into the trap of your subconscious or into the collective subconscious. In Sanskrit it is called as Adi Bhautik. Means it is the collective subconscious within us. You get drawn into it and you start getting lost and completely mesmerized and brainwashed. If you are given an ego trip on the right-hand side, you can fall a-trip to that also. Human beings accept conditionings very fast.

There was an experiment with twenty people in England. They told ten people to behave like prisoners and ten people to behave like jailers. They were just told that, "It's a drama, you have to be there for a month and we want to see if there is any change in your behavior." And they were told again and again, "It's an enactment, it's not reality, it's just enactment." But, when they went into the jail, the jailers became very arrogant and egoistical, and the prisoners became absolutely slavish and going through all the hardships which these ego-oriented people poured on them.

Out of the twenty, only one revolted against this because he was beaten up by these so-called jailers who were acting, actually beaten up. And they came out of the jail and they were surprised at their own behavior. The prisoners had become so weak that they were to be admitted in the hospital for all the tortures they had to go through. And the other ten became so ego-oriented, perhaps they must have joined some political party.

This is the situation of human beings. Now with all this, the masters of evil geniuses – they come as fake gurus. And you are so naïve, you play into it. They have in control lots of evil spirits with them. And they can mesmerize you so well that you'll do all kinds of stupid things whatever they want you to do.

So they make their money, they have women, they drink, they enjoy the life more than any king or president or any rich man of the world. While the poor disciples are finished with their all wealth, money, health – they look sickly people.

One has to know that when you get your realization, your own powers must manifest. So that you become collectively conscious and that you are spirit, manifest the power of that collective consciousness. Now, the trouble with people is that they are not yet know the knowledge of kundalini in the real sense.

I have read – I mean, I've seen and not read fully – but I've read some of the books written by Germans and by English and by all Western people, and I was shocked. They had no knowledge about kundalini. Leave alone the knowledge – they had no power from the Divine to awaken the kundalini. They had no character of a saint, which is required to raise the kundalini. They were ugly slaves of their greed and lust, and they were using this knowledge just to make more money.

Now to understand the basic character of kundalini, one has to know that she is your mother. I'm told that German people call their motherland as fatherland, but Father is just a spectator of the play. Only His Shakti, His power, the Primordial Mother, the Holy Ghost does all the job to please this spectator who is sitting alone and watching it.

He resides in your heart as spirit. And the kundalini is the Holy Ghost reflected within you. The nature of the kundalini is that she's the pure, ultimate desire. This power is called as a residual, because it has not yet manifested itself. The ultimate desire of every human soul is to become the spirit. You may do this, you may do that, you may try everything - ultimately you will come to the conclusion that, "I have not become the spirit."

So when you become the spirit, then only the manifestation of this kundalini takes place, her ascent takes place and she is the one who creates the position of yoga, the union with the Divine. This is the yoga. Also yoga means kaushalam, means the deftness, the deftness, how to handle the kundalini of others, the whole knowledge of the divine laws and the divine manifestation, is also yoga, is also called kaushalam.

There are all types of yogas these days prevalent, as there are all types of gurus. Now the physical yoga is another kind of a thing which people think is the ultimate for spiritual life. This one comes from Patanjali, who lived thousands of years back in India where we had a very different system of life. Till the age of twenty-five years, the children lived in the forest with their realized souls as their gurus. There, celibacy was so preserved and innocence so respected that a person belonging to the same university could not marry each other.

And these universities were called as gotras. Even today, you cannot marry in the same gotra. The yama niyama, the vyayama, the one you do the exercise, was only done by people who were not married, according to the need of a particular center which was in trouble. We too use these exercises wherever it is needed. But today's yoga system which we see is nothing like, nothing but taking the whole box of medicine together. Without even finding out what is your prakruti, means what is your temperament, what is the need of your particular body, where is the kundalini, what you have to do to open a particular chakra where you are caught up. I mean, nobody has that knowledge at all. It's such a mechanical process that has started that we all want to be of the same size just like a machine thing. This one is a very dangerous move because it creates problems for the kundalini to be awakened.

The people who indulge into too much physical attention, and work out too much of physical activities and mental activities become futuristic people. They become very superficial and dry-tempered. With such people there's a possibility of getting people divorced and fighting and quarreling. The greatest Hatha yogi which I have known in My life was Hitler. And he used tantrikas from Tibet to get him the power to control the ego of people. And he made them so violent that they could not see what they were doing. There are many gurus who do that way today also. They can make you so violent that you cannot see what you are doing. Or they can make you just cabbages, so that you lose all your being and become somebody else. But it is done so well that people who do not know about the knowledge of kundalini and spirit can be easily captured.

I call the West as the progress of the shoot, of the outside of the tree.

They know science, politics, economics very well. They can create atom bombs to kill themselves. They can create even worse things than that. They haven't got the knowledge of the roots on which they are growing. And the knowledge of the root only can be known when you become the spirit, that's the beginning. This is a big disadvantage for the saints who are born on this beautiful side of the earth. So many seekers are born in the West. As the desire of God must have been to give them a comfortable life, to get them unemployed, so they can be used for God's employment (loudly). They got watches to see, to save the time, save the time, save the time. For what? To go into a pub? Or read some horrid books? Or waste your life with these horrible gurus?

So, in the West we have the saints, in the East we have the wisdom. In the West, people are seeking because they are seekers. They are a special category of people who are born in the West. But they lack the basic wisdom to understand what is the truth. What do we have to achieve? What do we have to become? This basic wisdom will not be told to you by the people who want to make money out of you. They want to make a business out of it. And thus there's a big problem for the saints of today. As you belong to that area which I call the shoot of the tree, people can get enamored by the superficial things. You can be impressed by somebody who tries to pamper your ego. Or could be somebody who dominates you, like Hitler. So it is a great responsibility of all the seekers in the West to take to wisdom, first of all. Logically, you must reach right conclusions.

So when it comes to spirituality, you are prepared. Supposing I come to Vienna from somewhere lost conditions – how will I know this is Vienna, unless and until somebody says this is the way to go to Vienna? And how will I know it is Vienna because I should know what Vienna is like, first of all.

So, one comes to another conclusion that the description of the collective consciousness must be already there in the scriptures which are written long time back. It has to tally the findings of the psychology, like Jung psychology. It has to tally the many predictions; like thousands of years back, there was a book written called Nadi Granth by Bhrigu, who was the pioneer of our astrology. We should find out from other sources like great poets, like William Blake, I know English, has clearly written about Sahaja Yoga. So many such realized people, great people, like Dante, you can say, Homer, you can say, they have written about Sahaja Yoga in so many ways. If we take to all these things, then we know that this is Vienna. But we should not be brainwashed by people who just give us big stories or read some book and convert it into some other knowledge and say, "This is this, this is this", and just talk, talk, talk.

Now the time has come, to become. Now the time has come for this divine power to manifest itself. We see a flower becoming a fruit, billions and billions of them in their seasons.

We see ourselves breathing, we see ourselves digesting, we don't pay for it, do we? Then who is doing all this? Which is that power that is doing? We don't even think about it. We just take it for granted. Look at these eyes that are made, are the best camera that you can think of, so advanced. Look at this human body, so great. Look at this human brain, so expansive. Why all this was made, and who has done it? Why we have become human beings from amoeba? What is so great about human beings that they are the epitome of all the creation? Is it just to sit down and feel guilty about all small nonsensical things? Or to weep over all mundane stuff? No, it is to become something that is the instrument, to know something that will give you the power. This all-pervading power should become your power. Power is always connected with violence somehow - at this level of human existence. But I'm talking of the power of divine love that transforms this flower into fruit, that has transformed you from amoeba stage to this, and that is going to transform you into your state of realization. How an egg grows into a bird? And how at the right time the bird comes completely transformed from the ordinary egg? This power is the power of Holy Ghost.

People do not like when I talk about Christ. The other day in Belgium a lady asked Me why should I talk about Christ in an Indian way? I told her, "Was Christ born in Belgium? Or was He born a Westerner?"

Many know that He lived in India and not in England. Why, have you taken His contract, that you think you know all about Christ?

You'll be amazed that about Christ was written fourteen thousand years back in India. Bible is not enough to contain such a great personality. By saying, "We love God, we love Christ and Christ is love", this is all imaginary behavior. It's just a fantasy. Reality is that Christ exists within you and He is to be awakened within you. It is He who said, "You are to be born again." What are we doing about it? We call somebody and say, "All right, I'll baptize your child", artificially you take some water, pour on his head and say, "He's baptized." This is all artificial. So, when people get disillusioned from this kind of artificial behavior, they fall into another mess.

You don't have to go anywhere. Your spirit resides within you. You don't have to go to the forest in seeking. Your kundalini is within you. Your centers are there. The kundalini will rise and you will become Self-realized. As an egg becomes the transformed bird, you will become the spirit. You don't have to run for it. But first thing one must know that we have to know all about it, first of all. If you are still busy with your reading and busy with your ideas and your conditionings, it's not going to work out. It's act better with the people who are simple and not so complicated.

So I would request you to ask Me some questions about it. Today is just an introduction I have given you in short. You can ask Me questions, but the questions should be suggestive of your seeking, that would be better. If you belong to any cult or any opinion, you better think about it - what have you got out of it? Here I am, I am saying that you have to be your spirit and can happen through Sahaja Yoga. Sahaja means spontaneous happening, and yoga is the union. And that is what I think we have to achieve, and that's what you want.

But I've seen so many people who come just to argue with Me when they haven't got anything, as just like unpaid pleaders, because they cannot accept that there might have been some mistake. Human beings after all, have to make mistakes, there's no wrong in that.

They should not feel guilty about it. They should not feel guilty about anything whatsoever, because I'm talking about God, who is the ocean of love; who is the ocean of compassion; who is the ocean of forgiveness. But we do not even understand that ocean, how great it is. How beautifully it cleanses us, gives us a nice bath, beautifully traps us into nice warmth, and takes us to the realm of His kingdom. This is happening en masse now. It is happening in other countries - specially in India thousands of people have got realization in the villages. And it should happen to all of you here. But if you are not seeking, I cannot force.

You cannot take the horse... You can take the horse up to the river, put his mouth in the river - but the horse has to drink the water and enjoy the satisfaction.

This is all your freedom. You have to achieve in your freedom. We cannot force it on anyone. So there is no need for you to be any way aggressive. Because even if I want, I may not be able to give you realization.

It has to work out some time for some people. So I have to request you, be kind to yourself and fair to yourself. You are a seeker and you have to have your realization.

And that is why I'm here. I have come to give you something. That should in no way challenge your ego. As I was telling this morning, I don't understand any laws, I do not understand any copyright, I do not understand insurance, I don't know how to drive. But, one thing I know is kundalini. So you should not feel hurt if I know it, but you will know yourself. You will be able to do it yourself. There's one person in India who got realization and so far he has given realization to ten thousand people.

Tomorrow I will also tell you how kundalini awakening, as a by-product, manifests the curing of incurable diseases like cancer and other diseases. How it cures mental diseases and how it takes you out of the clutches of your bad habits. And how you become your own guru.

So I would like to have some questions from you. If you have to ask any questions, please ask Me, without any fear.

Thank you very much. May God bless you.

Question: Mataji, he asks the difference between Purusha in Indian language and the Holy Ghost?

Shri Mataji: Purusha is the God-Almighty. Holy Ghost is His power which manifests this universe and is the kundalini within you. That is the Holy Ghost. It's called as Adi Shakti.

Question: Shakti means the dynamic aspect of the Holy Ghost?

Shri Mataji: Adi Shakti means Primordial Power.

Question: He asks what kind of meditation do you request, you will give them?

Shri Mataji: That I'll tell you. A good question. That's what I'm going to tell you.

Question: Mother, he asks about the manifestations when the kundalini rises?

Shri Mataji: That I'm going to tell you later on – the whole thing, isn't it, it's a complete subject which I'll handle. I'm going to be here for three lectures now in Vienna. So in one lecture I thought of giving you the introduction, and later on I'm definitely going to tell you all things about it. Everything. No secrets.

Question: He asks just about what do you feel physically when the kundalini rises?

Shri Mataji: That I will tell, just now, just now I will tell. That the first time you feel the all-pervading power as cool breeze of the Holy Ghost. Coming out of your head also. And in your fingers, you start feeling it all around you.

Question: He asks what happens with the breathing and with the heart?

Shri Mataji: You become very normal.

Question: He tells it's not the kundalini then.

Shri Mataji: Why, what should happen, you should die? You have read something, now you see for yourself. Reading is not the way to get convinced, is a mediocrity. You may go on reading thousands of books; you cannot get your realization from books.

Question: Mother, do You believe that we don't need a guru in general?

Shri Mataji: Cool? (Translator: Guru, guru). No, you do need a guru - in the sense that an enlightened light can only enlighten another light. But where are the real gurus? They are all hiding in the Himalayas or some other places, and when I tell them, they say, "We are not interested in these people, they are not seekers." The only people who are interested in your purses are down here, in the market. With great persuasion I sent one guru to America, who returned within three days. He said, "I had enough of these Americans – horrible people. They only understand dollars, they don't want to have reality. They have no time for that."

Question: Mother, he asks if - to get realization is only possible after certain meditation, or if you can prepare the people to get this experience?

Shri Mataji: If you are a human being, you can get realization. You are already prepared because you are a human being. But if your human sustenance is little bit spoiled, then the kundalini, though it comes up, it may go down a little, come up a little, and it

will establish itself.

Question: Mother, he doesn't understand how he comes to the spontaneous experience? He thinks, he has to meditate, or something.

Shri Mataji: You cannot meditate, you go into meditation. That's very simple, I'll tell you what happens really. You have to put your hands towards Me like this. How you see the [tree] the leaves become green, in the same way you put your hands towards Me, and as I am a Realized Soul, the information goes through these fingers. Through them the information goes to the kundalini, and she rises. Spontaneously. Like the Mother Earth, when you put the seed in the Mother Earth, the seed knows it's the Mother Earth and the primule – the germinating power – arises by itself. Then you are in meditation, you don't have to do meditation, you are in meditation.

When it is obstructed in some people, you can see with the naked eye the pulsation of the kundalini at the sacrum bone. You can hear the rising of the kundalini with the stethoscope, even you can see with your naked eyes if there is obstruction. When she crosses this Agnya Chakra, then you become thoughtlessly aware. You are aware, but there is no thought. There are many who talk about thoughtless awareness, but they never achieve it. Then you go beyond, when it comes onto the head here, you feel the throbbing on your head here. And then you start feeling the cool breeze coming out of your head.

We must know that what we can do like jumping, doing all other things, can be done by everyone. But the living force does something that we cannot do. We cannot make the cool breeze come out of our head, can we? And you are not to be satisfied, give a false certificate about it; you have to certify yourself.

Then your fingers are enlightened. Because these are the seven centers – five, six and seven. About which I'll tell you tomorrow in details. They will all get enlightened. And from the fingers like this you can make out what chakra of a person is catching. If the left side is catching that means there's an emotional problem; if the right side is catching means there's physical or mental problem. Then you can also know the permutations and combinations which are decoded, you can verify them. Sitting down here you can find out about anyone, even the dead people – were they realized or not? If they were realized you will start getting a cool breeze. That's the rapport established with the Divine.

Any absolute question you ask – and if it is the answer is 'yes' – then you get a cool breeze flowing. If somebody is a false person, you get burnings. If he's a evil genius, you might get even blisters, little bit. If somebody is going to die, then you get the numbness on the fingers. (repeats to translator: If somebody is going to die, then you get numbness on the fingers.) So once you know about the chakras, then you have to know how to correct it. All this knowledge is your own, and is to be given to you. It has to be all free, as I said.

It is, I would say, I'm like a cashier in the bank. And I am just giving you what you have got already within yourself. Also the knowledge to know the things that you have got. And how to use them. It cannot be believed that there could be someone like that. There have been many more like this - I am One of them.

May God bless you.

Question: which kind of religion do you have, Mother?

Shri Mataji: Is the religion of all the religions. Because it's the essence of everything. Actually all the religions started with life's force only. All the incarnations and prophets were true and all connected. Absolute concord. And it's such a coordinated thing within ourselves and they are placed within ourselves. But all these beautiful flowers which grew onto the Tree of Life were taken away by each one of them, and they have said, "This is mine, this is mine." The flowers are dead and ugly.

Question: Mataji, many of us have learned that it is extremely dangerous to wake up this kundalini, I'm sure You know that.

Shri Mataji: Yes, yes, they all say so. That's the only escape they can have, My child. That's the only escape they can have. That is a very difficult thing is, your karmas, your this thing. See, if I have to handle that camera, I will say it is very difficult – beyond Me. But I should be honest to say that, "I don't know anything about it." I must be knowing something about it, that I say so positively.

Three questions. One by one, now, this gentleman has asked, this side.

Question: Is there any connection to these para-psychological powers?

Shri Mataji: No that is Adi Bhautik. Parapsychology. The parapsychology has to deal with Adi Bhautik, is the left side, the collective subconscious. You cannot explain anything, what you are doing, you see, you are flying in the air, what you are doing, you don't know. How you are curing, you don't know. You are blind. But in Sahaja Yoga, even a child knows. If he's a born-realized, he knows. He knows what chakras people are catching. If they are very highly Self-realized souls, they also know about kundalini.

There are many children these days born who are realized souls. But those who are not realized are the parents, and they don't understand their children. Great saints are taking their birth on this earth these days. Till you get realization, you won't understand them. If we have to discuss colors with blind people, how can we? If our eyes are open, if the light is on, we can see everything. It is just a wee bit of jumping, the breakthrough – it's a little bit.

Question: Mother, he has something to do with geometry. Is there some power in geometric shapes?

Shri Mataji: Of course. Yes, yes, of course. Everything has power. But you don't know the essence of anything. Mathematics has powers – how do you get your formulae? Your formulae, say for a pi?

Yogi: [...announces following lectures in Urania, Vienna...]

Shri Mataji: Now, we can say - what did you say, Gregoire?

Gregoire: I'm just suggesting that as most of the questions are going to be answered in your next lectures...

Shri Mataji: Is better to write down. You see, I'll answer them, is better, in My speech I will give you answers about it, but moreover it's the ocean of knowledge. When you will yourself have the light, you can see through, yourself. Now there are some books also written by Sahaja yogis for Sahaja Yoga seekers. But we don't give them to people who are not yet established. Unless and until your realization is established, these books are not given to you. Because they can be like any other book, and you may just neglect your growth.

This gentleman.

Question: ...about what Gopi Krishna wrote about kundalini... ?

Shri Mataji: Gopi Krishna. – You sell that book off. - Who is Gopi Krishna? Has he given realization to anyone? What is his authority to write on kundalini? He writes like a villager who touches an electric point and says that electricity burns you. He is like - you go and see his private life - what sort of a life he leads. At least you must know that when he talks of kundalini, he talks as if he's a third party. Like a shock. You see, like, "I say I get a shock out of it," means I don't know anything about it. You want to have another shock? Why do you believe in him? What has he done? You see, just because of reading a book, are you satisfied, my child? You are a seeker, why should you be satisfied with a book? Why don't you see for yourself? Again I've said, just a book he has bought, and he is wasting everybody's time for one book. He has done no good to anyone. What good he has done is only he has taken sixty-five lakhs of rupees from Indian government for a so-called research center in India which is not yet started. Because the then minister who was in charge was also a Kashmiri. I have to tell you one thing: Indians are very intelligent people

and if they come to dishonesty, no-one can beat them. They are past masters, they are past masters.

I feel otherwise also about Indians that the attacks you did on them as white people, was a gross attack - outside. Now this is a subtle attack is coming on you, from them, which you must understand. [Loudly.] So, one must not just believe into something that is published, how much does it take to create a book? Because you have read one book, you have no business to take the time of others. It's not being civil.

Thank you. What else, please?

Question: Mother, he thinks it needs a certain maturity of character to raise the kundalini.

Shri Mataji: Of course, no doubt about it. But this maturity you get with the power of your spirit. When your spirit shines through, your attention becomes enlightened. And then you grow into new areas. We can give you the example of a bird which comes out of an egg. Actually, in Sanskrit language a bird is called as dvija, and a Self-realized person is also called as dvija. It means 'twice-born'. First the bird comes out of the egg, then it tries to fly a little bit, and ultimately it receives the power and it gets confident and it spreads its wings around. But in the beginning, the mother bird looks after the baby bird. She hides behind and calls the little bird so the little bird takes the courage to fly. And that's how it works out.

Now we have got many people from Italy and from England and from Switzerland and from Australia, who have come to help Me here. They are realized souls, they know how to swim. So, next time I don't have to import people from outside, I hope in Vienna, because you yourself will grow into beautiful people, all-powerful and all-glorious. I am sure, I can see that. But be truthful. Be honest to yourself, and kind to yourself. Because you are seekers and you do not know your past. So get your crowning glory, and enjoy the eternal bliss of heavens.

All right. Now I think we should go in for the experiment. It will not take much time. So, one should go in for it. Without making any effort, you have to just put your hands like this. Take out your shoes, just for the Mother Earth to help us. Put your feet on the ground. Please, put your feet on the ground, straight. And just spread your hands, just like this. And close your eyes.

The gentleman who asked question, if he wants to go, he can go away, or if he has to sit here, you better put your hands like this. Because those who are adamant spoil the vibrations of others. They are just here to disturb. If they want to have shocks, let them have shocks.

All right – put your hands like that. Close your eyes, please. You have to keep your eyes shut. It is just the other way than the hypnotism. Now keep your hands straight, relaxed on your lap. And keep your eyes shut. Be comfortable. Don't put in any effort, please. Just keep your eyes shut, that's important. Because when the kundalini rises above your Agnya, if the eyes are open, it will be hindered.

Now few instructions I'll give you how to raise your kundalini. But don't open your eyes. Put your left hand towards Me and right hand on your heart. The hand towards Me should be on your lap, the way it was before. On your lap, upward.

Now putting the hand on the spirit you ask a question in your heart, "Mother, am I the spirit?" Ask it thrice.

[Yogi asks Shri Mataji from behind, "What are you feeling? What are you feeling?"]

Please put your right hand at the left side of your neck, right hand. From the front.

[Again say it.]

Now, this is the problem of the West, all the time, I find people feel guilty for nothing at all.

And say in your heart, "Mother, I am not guilty." Just say it eight times that, "Mother, I am not guilty."

Now put the hand down below, on the stomach and ask a question, "Mother, am I my own guru?" Ask ten times. Put the right hand on your stomach and ask a question, "Mother am I my own guru?" Left hand towards Me and on the stomach and ask the question, "Mother am I my own guru?" Left hand should be kept on the lap, very relaxed. Ask the question ten times. [Say loudly] "Mother am I my own guru?"

Now just raise the hand again to your heart, and say, "Mother I am the spirit." Say it twelve times. [Twelve] This is the number of sub-plexuses we have. "Mother, I am the spirit." Now ... [behind there I think they are not...]

Now put this hand again at the neck and say thrice, "Mother I am not guilty." This is very important.

Now put the right hand across your forehead. Now you have to say, "Mother I forgive everyone," with your heart, with honesty you say it twice. Now put the hand on top of your head, touching in the center with your fingers, where you had the soft bone, and move it clockwise. Move your scalp clockwise, backwards and forwards. Now raise your hand and see if there's a cool breeze coming in.

[Gregoire speaks to the audience to encourage going higher.]

Shri Mataji: [What's it?] Higher. Higher. Better. [Warm.]

It's hot. So now you put your left hand on top of your head ... and see if it is cool. [Better]

Again raise your right hand and put the left hand on the liver. Put your right hand on the head. Liver. Left hand on the liver. That's wrong. Good.

[Instructing yogis working on people] Put them left to the right now if you can. Put them left to the right. If you can put them left to the right. And then raise it. Left to the right, left to the right. That's all right.

Now see if there's a cool breeze coming in.

[To yogis] Agnya. Ah, better.

Now put both the hands towards Me. Now see if there's cool breeze coming in your hands. Just see it.

[To yogis] You go round. All right? See if he can feel it.

[To yogini behind] Lower. Press it hard. Press it hard.

Just feel his head. Ask him to be comfortable.

Please don't feel guilty. It will work out.

[How is it? Started?]

Hah. Right. Don't think about it. It starts working. The cool breeze is coming out of many people. Just see your, raise your hand and see for yourself. [Say that the cool breeze is coming out of your head in many people and see for yourself.] And don't think about it.

[To yogi] Right.

[Shri Mataji sends cool breeze through the microphone]

Better now.

First you will feel it on top of your head, and then you will feel it on your fingertips, as you'll be growing. But some of you might feel both the things.

[To yogis] They're feeling it? Better? Better now?

[To yogini behind: [Inaudible] Put it on the heart. Little higher. [Inaudible][This side. Move it in the center of the heart. In the center, in the center of the heart, little bit this side. Press it hard.

Put it at the kundalini. Put your hand at the Kundalini. Press it hard. Little higher. Like that. Place the other hand like that outside. Left Swadishthana.]

Some of you have to say again that, "Mother, I am not guilty."

Now you have to say, "Mother, please give me my realization." You have to ask because I cannot overcome your freedom. Ask seven times please.

Once you feel the cool breeze you'll tie up ... all the Sahaja yogis should tie them up.

Those who are feeling the cool breeze over their head please raise your hands, all of you. You can see for yourself.

Just move your hand up and down.

He's got it.

Raise your hand if you have got cool breeze in the hand. Raise them. Got it? Horrible. But it will go out. You'll have to give up that man.

But to keep it up and to establish it you have to listen to us. You have got it because of your seeking but it will go down in case you have problems or you are doing things which should not be done. So please listen to us. Again tomorrow please come and you'll grow more and you will find the difference tomorrow again. You must take out everything that is in your neck in the night. Take out your watches. Place yourself free. And they will give you the photograph.

[Have you got? Today?] [Yogi: Tomorrow.]

All right, tomorrow they'll give you the photograph. And tomorrow again we have to re-establish. Please don't think about it and discuss it. It is beyond thought. Maintain your peaceful behavior.

May God bless you.

I will teach you now how to raise your kundalini. Get your eyes open. You put your hand in the centre of kundalini, left hand. And now start rolling, your right hand. This is the hand of your action. This way.

Put it forward, downward, backwards and upwards. Now put up your hands as much as you can and give it a knot, to your

kundalini. That's the first time. Now take another awakening. Move your hand again the same way slowly. Your hand will know itself. When it is cleared out it will move much faster, so do not force it. Now take it on top of your head and give it one knot, slowly. Turn it, turn it quite a lot and give it a knot and take it down.

Now take another one. This is the last and the third one. Now take your hands as far as possible and give a big [turn?] Now do tie three knots. One, two and three and bring down. Throw your hands like this. Throw away everything and now see. Now see the flow in the hands. Feeling the cool breeze? Good. Some of you will definitely feel it.

You'll feel very peaceful, comfortable, and you'll sleep very well. Wear plain clothes, loose clothes in the night [loose clothes and plain; plain; means not colored] and when you come tomorrow, don't discuss it. I'm here for two days and I'm sure I'll establish it before going.

I have to make a humble request, to people who are wearing orange clothes and all that please take them out. If time comes tomorrow I'll tell you the secret of that also. Listen to Me for six-seven days when you are with me. I'm your Mother and I've come here to tell you something that is the truth. So just listen to Me, wear simple dresses, tomorrow come in a simple dress, not tight dresses, so that Kundalini is easily ... Something normal, wear something normal, whatever is normal for Vienna people they should wear that dress. Nothing abnormal.

May God bless you.

1982-0927, Advice to Women, Shri Vishnu

View [online](#).

27 September 1982

Talk to Sahaja Yogis

Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

Advice To Women, Shri Vishnu 1982-09-27

Shri Mataji: A real Lakshmi.

Sahaja Yogini: Hum.

Shri Mataji: Innocence, just see the innocence of this, it has such innocence.

Sahaja Yogini: This is in Portugal Mother, just before the-

Shri Mataji: Ah, this is a sanyasi, really, I tell you. Now the camera is taking the freshness, it is remarkable.

I must say the camera is great.

Sahaja Yogi: I guess the English have a good camera [Inaudible] [Laughter]

Shri Mataji: Or the cameraman.

Sahaja Yogi: The film was good.

Shri Mataji: Or you can say the film was good, alright. It's alright up to that point.

Sahaja Yogi: [Inaudible] it's the actor who was great.

[Shri Mataji is laughing.]

Shri Mataji: Now this is in the West.

Sahaja Yogi: Majorca.

Shri Mataji: Now, the people, the women are intelligent- and the women of the West being intelligent and educated, have developed a kind of a very complex situation about themselves. Sahaja Yogi: They also can earn money Mother.

Shri Mataji: Yes, and also they're handling their own money.

These things have made them, you see, a kind of a man without the manliness. And that's why their whole behaviour becomes extremely odd, sometimes I just don't understand.

But now I've started understanding; it's the way they are women, they want to dominate men. But they don't understand by dominating, you cannot create good relationship.

Now, to dominate men, one way could be just to go on, just behaving like a man, you see, pushing you through and all that, saying: "Don't do this, I don't like this, it's not good, that is not good". But that's not so sophisticated.

So the other way is to all the time talk about your miseries, you see, of your past, "I'm like this, this is wrong with me " all the time she's sick, all the time she's miserable, all the time she's insecure. All the time, she's oh, this thing she needs her husband, she wants the attention of the husband, her husband must look after her. Ultimately, I think, the husband must be getting fed up and running away from the wives and must- that's why the prostitution is so strong; cause at least, prostitutes try to please the husband and not to make trouble because she has to earn her living, you see.

And I think it's just the other way round in India. The men will fuss, the man will say: "This is not good. " The men will say: "We are sick and you must look after me" and all that. They don't say that: "We have to look after you." They say that: "You have to look after us". And the women think that because they are their wives, they are the shaktis, so they have to bear it upon themselves and give them the joy.

Now the women here have another very bad capacity, I've seen that, in Sahaja Yoga, I've seen it, that they always say that the negativity attack, all the time, for any reason, night and day. Like just now, somebody told me that when you have a child, you feel more attacked by negativity because you are left out alone. Imagine! When you have a child you have such a great company of a

child! I mean for an Indian mother, as soon as she's pregnant, she feels the happiness of the child. Then the child is born, she feels the company of the child. I mean for her nothing more is needed than that her own child is there. And then, through her child she learns how to love other children.

But even when the children are born they put the same nonsense, you know, on the children. "Oh how bad is the husband, he's done so much to me and how bad is this world, how bad was my mother doing this to me". And this is how they try to dominate the child and make that child absolutely miserable. That's how we call them "Les misérables", from where it has come the source of this feeling?

Now if they are uneducated they are even worse, because they have a complex. If they are less intelligent, other problem. They try to play all dirty tricks with the husband, with other people. If the husband has any relationship with anyone, they don't like it, it's most of the time that they don't like it, like friendship or if the husband wants to talk to other men, not women, of course, women you can have objections, but I can't understand if he has friends, they don't like the friends of the husband to come in their house. The other way round in India. The husband's friends are very much welcomed, looked after by the wife, there's a sweet relationship between them and they call then the sister-in-law and it's very sweet, you see.

But here, it's just the other way round. They just abhor all the relations of the husband. And this is something most surprising that husband is not saying: "All these relations are part and parcel of me." And he is sort of obliged to them or related to them or he's attached to them. And if she really loves the husband, then she should accept all the relationship also.

Then all their life, you see, they have lived like this by making, I would say, a show that they are miserable. And they continue with it after their marriage.

And with Sahaja Yoga also I have seen the way they behave towards any calamity. An Indian woman will stand. She is the one who stands up at the time of calamity otherwise she will not show, she is not on the scene. Nobody will know there is a woman in there, except for the fragrance in the house that there is a woman working. She is not the one who talks first. For example, if Me and my husband are sitting and there is an interviewer, he will say that this woman is deaf and dumb, she doesn't talk. You see, really, many people who have seen us together, like they were also saying "We never knew about you, you see your husband never said a word about you." You see, like that. It is very common the woman will just keep outside. People did not know that I could be Mataji because those who had known Me otherwise had never seen Me talking because you are not supposed to talk, when your husband is talking you keep quiet.

Here is the other way round. If there is an interviewer, the woman will talk first. The man will be sitting like a beaten-up mouse, you see, looking around and opening his mouth a little to say something. And the aggression of these women is very subtle, you see. They will come up with such sinister questions. Also I have seen that this question has a very sting in it. Anything they say, it has a sting and then you get fed up of such a person and that's why there are divorces.

This is - the men of the West are much better, I can tell you this much, much better than Indian men. They are not dominating, they understand the value of women, they have given so much freedom to them, they have given them so much prestige and honour and [UNCLEAR]. But if you give something to women, they should be capable of bearing it out, isn't it? They should be capable of bearing it out. What's the use giving everything equal to them if they have no capacity to bear it? That's why it's such an imbalance I find for women, the way they are sinister about the whole life. Life beautiful, it's joy, happiness, wisdom. Morning till evening, if you go on making somebody miserable, then you are against life, you are against God. This they must realize. The whole thing is, the whole idea is that they have got equality without achieving or evolving themselves up to that point.

Like you can say the Arabs, they got the Cadillacs. First, they were on camels or on the donkeys and they became into Arabs, rich Arabs and they had Cadillacs. Now by sitting in the Cadillacs you don't become a cultured man you see. In the same way, if the women are suddenly made to feel: 'Oh they are equals', 'this that' - they haven't developed that panache, as you say. In your language it's 'panache'. They haven't developed that sophistication. So the inferiority works out and they go on pinching the man all the time, everyone. And the tongue also doesn't have that sweetness.

But in our Sahaja Yoga we have seen some very good Sahaja Yoginis, who are really senior women, I would suggest. You can see Genevieve, solid woman she is, very solid. And she understands very well things and she is very solid. You can say Mahatma. She's a good wife, all right, she makes her husband happy.

Here we have [name?] these people have that sweetness about their husbands. I have never seen them telling Me about their miseries or anything about their past, anything, never, never! Always they said: "We were happily married", even [name?] told Me she was happily married, her husband was a Russian. She had a problem because of the war, but she never said that: "My husband made me miserable" or this thing, that, she never, I have never heard her saying like that. And even if that is the case or something is there, you should keep happy.

Even if say, your husband is a bad man, he is not a Sahaja Yogi, you should keep happy. In Sahaja Yoga it is compulsory that you should be happy, you should be joyous, and you have to be joy-giving. There is no place for people who are miserable. If they try to go on with it, they will have to go out of Sahaja Yoga. Take it from me. All of them will be thrown out. If you do not want to come up, then you are thrown out. So it's a challenge for all the Sahaj Yoginis in the West that you must be joyous. You must be happy too.

Now, if there is any case like this, they build up their ego very subtly. Now if you just say that: "No, that's not going to happen." Immediately they start crying with me you know, they are upset. Because men don't know what to do, you know. Men don't know what to do because these have built up their own images and they want to do and if men see something more than they do and they say that: "Do this, this will be better", they are finished that: "Acha, because it's not done, I get upset." they will get identified with these things.

So you can see that they are egoistical. You cannot say that they are left-sided but they are egoistic. And in this ego there is a sinister attitude by which they make the men and the women and the children miserable.

So this must be stopped now. Any more of this misery is to be stopped in the West. Nothing. You are not miserable. What this misery you have got? You should go and see the women of India who are smiling and laughing. They have children to look after, they have 10, 11, 12 children to look after. They have no money. Early in the morning 4 o'clock, they have to get up. They get baths because of traditions of Indians. They cannot laze out like this you see. And then, they go to the well, fill the water, bring it home. You see them walking, beautiful; you see their faces shining, that's it. They come home, put the food down there, slowly wake up their husbands, you see. Put things for his bath, look after their children, clean the house. By the time the children are up, they see the clean house. You should see how much they work hard, you see and you will not know that they are working. I have seen these silently. I have seen how these women used to cook. Did you ever hear anybody outside? As soon as people are coming, they are serving, they are looking after them, they do- they are all intelligent. Uma is an income tax officer, do you know that? Uma is an income tax officer, they are officers. But how do they behave? Have you ever seen them anywhere, in any way asserting themselves, they are?

In India education is very strong. Most of the girls in India are at least graduates, at least. But there's no ego about it, they understand their position as a wife and as a woman. And they know that they are the ones who are the source of joy. And they have to live that joy. Here the women don't understand how much they can give. After all your Mother is a woman and if she can give so much joy why can't you give joy to others? And this is what it is and I don't understand that such a great potential, such a great source is just cut, just cut. That's why you see is the motherhood is lacking. Nothing else but the motherhood.

Indians are all right, nothing wrong with that, it's the mother and that's what even a little child in India, you see, you take our Anupama, is hardly now six years of age. She came up, she came into my ears now "Who is this lady here sitting, Nani?" I said her name is Macchindernath. "Ah! This is Macchindernath." She is a 6 years old girl, she does not know how to carry, you remember? She took the plate together, then she will give him something to eat. If you give, if you have any child, bring it home, these two girls will look after her, give food to her: "You want this? All right, have it." They will look after. They are just all the time nursing the children. Even to the grandfather: "Now can I feed you?" to the grandfather!

[Laughter].

Mataji: Grandmother of course, but to the grandfather: "Can I feed you? Would you like to have this?" I see, I take my bath and then come out, she is there with the powder, to pickle up my feet you see, and to wipe up the towels. All the time they are running

up and down. Just you know, you can't imagine you know how motherly they are to Me. To Me they are motherly, to their grandfather they are motherly.

Early in the morning, you see this Tuni was about two and half years, she was very small. So early in the morning, she used to come to see the grandfather sitting. She would go in the room, take his newspaper and used to walk- just hardly used to walk, you see- and his spectacles and bring the paper.

What does it take? But if the attention is all the time to extract other's attention, this comes from some sort of a very sinister attitude. It is very repulsive. It is not that I have seen once but when I talk to them and all that, I really feel very disgusted sometimes. I feel that: "Oh God, these women when they marry, what will happen?" And when they marry, I have seen.

And that's why the men here don't know what to do. You see if you have any problem, a woman has to work and not only there, but there. Indian women are known for their great courage.

Like when the war started, in India, a woman who was a widow and a queen, she rode on a horse herself. She tied up her a sari and all that, took her child at the back, of course she was the queen, and jumped from the fortress about 100 feet down and she fought the British. She fought the British, she died of course, the British killed her. But the British has himself, the General wrote that: "We won the battle but the victory and the glory was that of Jhansi Ki Rani." See, not only that she, but there were many women like that, one better than the other. But they would only show up when there is a calamity. When it reaches to the cusp of just drop, that time they come. Otherwise they are quiet. You see, that kind of thing that should be in a womanhood. I mean, one better than the other. If I have to tell you about Indian women, I'll have to give a big lecture, really big. And you have seen how they behave, how dignified, how sweet they are.

Sahaja Yogi: Nowhere in the world, Mother. Similar thing, nowhere in the world, Mother.

Shri Mataji: I must say my hats off to Indian women. I mean it. They have matured in the womanhood, in the best possible way with potential of the human, potential of humanity. They have worked so hard and if you remember, you were there I think. There was a little girl who was married and she invited us for breakfast. Do you remember? Once, she invited us for breakfast, about three years back. You see, little one very small and we had gone to a canal, and she said: "Tomorrow Mother you come and have breakfast at my place." I said: "No, it's too much, we are so many people, about 35 people, how will you give us?" Apart from that, the other Indians were also there. "Oh, I'll have it."

When we went there she gave us such a nice breakfast. And all the neighbouring women you see, they got up at 4 o'clock and did their cooking and all of them in very great joy, you see. That motherliness you see, and they were so enamoured about it and I- It's called fondness in India, there's no word for joy, there's no words for different joys but this fondness of feeding. And they were feeling obliged, you see, that we were eating and I ate and ate. I said: "Oh, I'm too full I can't eat this time." So they said: "Mother, you didn't like anything or what?" So embarrassed [?] Now, what to do.

Sahaja Yogi: Yes Mother

[laughter].

Shri Mataji: And giving and giving and doing. They were so sweet, and so many! I think I told them 35, there were 50. Arranged like that also! And in a small little house, there are engines in front of the thing. You were there? Never? How did you eat? Really silently, really silently. So, if you see any - because of the efficiency, you see, of love, it's so sweet. And little, little things they do. It is so much energy giving, so nice. And this time I am going to write even to Pune's ladies that they should arrange our food, not in the Rajvadi Karyalaya but they will arrange and you see how they will arrange: they'll get the best vegetables of the market, the best chickens of the market, the best of everything, and do the best that they can, put all their heart into it. "The saints are coming to our house. The saints are coming to our house." The beauty, you see, is this.

And despite that many people think that Indian women are very much suppressed because of their goodness. They don't mind, they say: "Our goodness cannot be suppressed." Our goodness is a thing that is important than suppression and oppression and all that. They don't take to all this nonsensical ideas no. It's so nice and then the husband feels attached. You see My daughter now she receives her husband's phone every- practically every day from South. When Aradhana came, My husband came from India. I mean, you see they miss, look at my husband. He is an old man of 63 years. But if it is left to him, he will telephone Me ten times. I tell him: "Don't telephone all the time" but he'll go on telephoning.

[Laughter]

Shri Mataji: You see, you feel the source, you see, that's the source so you want to talk and you want to have something. But here is the other way round. They want to extract from you. What is there for men to do? It's women who have to do. Women have to do. They don't realize their potential, you see. They go on eating somebody's head all the time, how can they love him? They cannot.

And that's what I think when I tell Indian men to marry Western women, they shudder. I mean because why should they make themselves miserable, just think, if they know about the Western women as they are. They must change, we are Sahaja Yogis we have nothing to do with the Western ideas of women and this. I don't know, I, whatever books I have read about Western women, about the heroines and all that, they were not like this. This is something else, I am seeing actually what I have read and -

Sahaja Yogi: I think that the women in the West could imitate and take for themselves very much the attitude of the Indian ladylike.

Shri Mataji: No, that's not an issue, there's no need to imitate because you are Sahaja Yogis. You'll get it spontaneously, you just accept that what was the past is past. You can. Our job is to make everybody happy and joyous, that's it. That's our job. That's the source we have got. We are the source of joy, accept this situation. We are the source of joy, of confidence, of love and affection and kindness and gentleness. Then once in a while, if husband does wrong, you have a right to tell him. He will never mind. But if all the time if you go on coaxing him he will say: "Oh this is permanent, mundane, everyday."

Shri Mataji: Yes, what is it?

Sahaja Yogi: Mother it's about 35 to 5.

Shri Mataji: Yes, we have to leave. I will hardly take any time as you know. You want me to be by 10 o'clock or?

Sahaja Yogi: Quarter to ten, Mother.

Shri Mataji: Quarter to ten, all right I will be there. Just go and tell him, I will be there.

Sahaja Yogi: Mother can I come just with You or it is too late?

Shri Mataji: Will be there, be there, all right? May God bless you. But this was necessary, right?

[Cut in the audio]

Shri Mataji: Even Australia, women should be told about this, very common.

Sahaja Yogi: Mother, it's going to be intensive, it's going to be [unsure]

[Laughter]

Shri Mataji: Yes, you sent it all over.

Sahaja Yogi: It's going to be a present to all the Yogis. Please touch it.

[Laughter]

Shri Mataji: Yes, [?] are very sweet, haan. Don't trouble the girls. If they don't trouble you then you shouldn't trouble them.

For the- this should be nice for the [?], no?

Sahaja Yogini: Ok.

Shri Mataji: Hum? Because here

[Cut in the audio]

That's all. We don't know anything else, you can see, and it will all scratch.

[Laughter]

[Cut in the audio]

Shri Mataji: One thing I want to tell you, that when Sahaja Yogis react or do anything wrong, it really badly harms Me, actually I believe, it gives much harm [unsure]. But if somebody else [?] nothing can touch Me. But truly so because you become part and parcel of Me, anything you do negative, that harms. [?]

So now remember, for all of you, that don't try to put any negative thing before Me. If you have to go, cleanse yourself and come back. But don't tell Me any negative thoughts about it, all right? You'll be out of troubles?

Sahaja Yogis together: Yes Mother.

Shri Mataji: Raise your hands.

All right.

No more any negative things we will talk about.

And nothing negative. I'll carry through, I'll do it, all right. But, [?] it's not good, ok? Because you are part and parcel of Me. If my eyes start painning, would that be [?] ? You are my eyes, you are my hands, you're my everything.

My God bless you.

Yes?

You see all kinds of things people [Unclear]. I just laugh!

[Unclear]

But I have to find a place in my body, in Nabhi, in my heart. Try to [Unclear]

And take a vow, just take a vow.

You decide today in your heart.

Just say: "Mother, let there be no actions of ours which will not be in complete concordance with your will." [unsure]

Sahaja Yogis: "Mother, let there be no actions of ours which will not be in complete concordance with your will." [unsure]

Shri Mataji: So today is the day of the environment. [Unsure and unclear]

So let's have some [?], all right?

[Laughter]

[Unclear]of Austria.

May God bless you.

[Cut in the audio]

Gregoire: About the original sin, is it first innocence and then ego?

Shri Mataji: But it's not sin [Unsure and unclear]....

They just wanted to know about how this world was created and who has created it.

Then the child is born.

Gregoire: Yes. But if it is our curiosity

Shri Mataji: No ...

27:25

1982-0927, The right and left sympathetic nervous system

View [online](#).

27 September 1982

The Right And Left Sympathetic Nervous System

Public Program

Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

2nd Public Program, Vienna (Austria), 27 September 1982.

Today again we are back together and I bow to you all who are the seekers of truth. Yesterday it was the introduction of Sahaja Yoga in which I explained to you what is the truth. A gentleman yesterday raised three, four questions regarding kundalini. As I told you that the knowledge of this kundalini is the knowledge of the roots on which we sustain ourselves. The whole instrument is called as tree of life in the bible. Actually Christ didn't have sufficient time to explain many things because he was crucified so prematurely. We only know 4 years of his life where he spoke to people, where his disciples, whatever they could gather, have written in their own opinions. So now whatever I tell you about kundalini, I say is the knowledge of the roots we know about the shoot. In the West specially we know about the shoot and nothing about the roots.

This knowledge has been a secret knowledge for thousands of years till it came in the sixth century the Adi Shankaracharya, who was a very great realized soul, who came on this earth, he started talking about it. About 14'000 years back since then we can see there were poets who wrote about kundalini like Markandeya. But it is in the poetry form and was only available to very few people who were capable of coming to the situation of self-realization.

About 8'000 years back, Raja Janaka, who was the father-in-law of Shri Rama, was the first one, where we see clearly that one disciple called Nachikita who went to him for self-realization. But Janaka told him, you can ask for anything else, but not for self-realization. So we can understand very few people got realization in those days. Veditama, who was a disciple of Buddha went to Japan and started Zen system of religion. Zen means meditation. But it is written that there were only 26 kashapas up to the eighth century. Kashapas are the realized souls. So in the sixth century Adi Shankaracharya talked about it. In the bible there is a mention that I will appear before you like tongues of flames. Bible is a sacred book, but is also very secretive. The knowledge of bible is extremely symbolic and unless and until you are a realized soul you cannot understand it. So this kundalini resided here in the triangular bones of {inaudible} called sacrum. This bone is called "sacrum" by the Greeks. And they know a lot about the Primordial Mother and her manifestations into three aspects. I asked them, when did you discover all these things, was that when Alexander came to India? So they said no, it was discovered much, much before that, when there was Indo-Arian report between our country and India.

When you travel, you are sometimes amazed the way people knew about kundalini and so many things, how did they know in those days when this knowledge was so secretive. That shows from the unconscious. The knowledge about kundalini has been coming into the human awareness. Moreover some people took to a kind of a meditation by which they were thrown outside their body. Which is a very dangerous thing to do, of course. By which they could go around the chakras and see the colors of the chakras and could describe them. But when you are inside them you don't see it. When you are outside the building, you can see it, but when you are inside, you don't see it. So this outside movement is not the one which we are going to think of. Just now somebody has told you about the two sides that we have, the left and the right. And I told you yesterday that when we try to put in any effort to know God, we move either to the left or to the right. If you move to the left, you enter into collective sub-conscious area ultimately. In Sanskrit language it is called as Adi Devi, Adi Bautik.

All that is built within us since our birth is recorded it that area, is, lives in that area. Whatever has been dead since our birth since our birth from the very beginning from the creation. Recently I saw a very good film by some BBC doctors, with the doctors who said that the cancer is caused by certain type of proteins which are called as protein 58, protein 52, and these proteins enter into

our body, into our being from the areas which is built since our creation. I have in my work of kundalini for so many years now have discovered that most of the cancer patients - I haven't met one who is not - have the problem of the left side. Left-sided are the people who follow wrong paths of meditation, wrong gurus, fake gurus and subserve them, become their slaves. Because these gurus use some dead spirits to mesmerize people.

As I told you yesterday, the right side also could be there, like Hitler was the most right-sided person who used another style of spirits, who could excite the violence in people. But it is not only the gurus, it can be anything that has to do with the dead. Like we can say ESP, parapsychology, all those things which we do not know about, clairvoyance. These things are not known to the psychologists or to your doctors. So, it so happens that they say that they cannot cure these diseases and they call them incurable diseases. All the mental problems plus incurable diseases like cancer, multiple sclerosis, all of them come with this left side movement in a human being. I will show you how the center is made.

Now this is the center and we have a right and left, right and left movement of the right and left sympathetic nervous system, this is the center. The center is formed by the left side and right side circle of the fingers as you can see clearly. Now when a person asserts too much movement onto the right or to the left, this just gets dislocated. Now when it has dislocated, this center loses its power because its deities or its inspiring force dies out. And the cells which are looked after by this center become on their own, they become on their own. Because the relationship with the whole is lost. So they start growing out of proportion to other cells. So then we say that these cells are malignant, because they can just grow like a nose will grow too big to cover the whole face and no other cell can grow under their overpowering. This is one of the examples. Now the other diseases that can be called by left side behavior are the diseases of the mind, but mind is a very vague thing in the Western language.

To make it clear, let us see that the left side, the movement of the left side that is emotional movement, emotional behavior, too much emotional inclination causes the left side to move or activate too much. Any emittance that comes in from the left side reacts violently on the left sympathetic nervous system. Now, when that happens, the left side movement starts, the surprising thing is that when we work it through our heart, because emotions come from our heart, our brain quits. That shows that there is a balance attached in the whole system that if you work too much with the heart, then your brain fails. And the right-sided person is a person who works for the future, the one who plans for the future, the one who uses his body for the activating of the desire. When this activity takes place, physical or mental, then another thing is developed in our head as a by-product, is the ego. Left side the super-ego is developed and the right side the ego is developed, but they cross over. By the time you are twelve years of age, these things get completely covered and the fontanel bone area becomes a calcified bone. That's where you develop your ideas; you become Mr. X, Mr. Y. I would say that's how you become the egg.

Now those people who are right-sided, who are very futuristic can become in their old age, they get a loss of memory gradually because they live in the future not in the past. Such people are very ego-oriented and they try to dominate others, they are very dominating and they dominate others. These people when they work through their physical or for mental efforts, they think they are doing everything. This is a very big myth. A human being cannot transform one flower into fruit. Whatever work he does, is the dead work. If a tree is broken or dead, you use it for your furniture or for a building, you think, oh I've done a great job. Even in the science you work with the dead. Living force has not been harnessed by human beings as yet. Even when they have a tube baby, they have to take a living ova and thing, otherwise they cannot make a tube baby. But these formations of different dead things like from say, from a wood to the chair, makes you slaves of the matter. Once you get used to the chair, you can't sit on the ground. You have to carry your chair on your head everywhere you go. That is how the matter all the time tries to suppress your spirit and to overcome it. Through science we have been able to do this quite a lot to achieve many things for our comfort. Also we have been able to achieve a sort of a mastery we think over matter. But actually the matter has become the master. We can't live without petrol, we can't live without electricity, we can't live without ordinary things of life which we get out of this material advancement. And today what we find, after all this search we have been doing, we have created atom bombs and horrible things just to destroy us. This ego is so subtle that we cannot feel it. If it is super-ego you get pains, troubles and you feel sick and you go mad. But ego you don't feel, you trouble others you don't trouble yourself. Now this ego gives you problems also physical.

The first problem comes in when you start thinking too much for the future. The future doesn't exist actually, it's a myth. But

when you start planning about the future, a big strain comes on the second center called as Swadishthana within us. This center Swadishthana manifest outside in the gross, the aortic plexus. The main job of this Swadishthana chakra is to convert the fats of the stomach for the use of the brain, which is working very hard. But it has many other things to be done: it works out the liver, it works out the spleen, the pancreas, and kidneys and also the uterus. So now when you start giving it job just to transform this fat for your brain, all the others are handicapped. So such people develop liver troubles or they develop diseases like leukemia. Or they can develop a problem of the pancreas which can be like diabetes or can have blood pressures from the kidneys and also for the women they cannot produce children or they become dry and they don't want to produce children. The right-sided people are like dry sticks, you have to be careful when you go near them, they are very hot-tempered and they think no end of themselves. But they have another check; when they think too much with their brain, their heart fails. Because they are thinking too much about their physical body, the spirit gets angry, and it disappears, which is in the heart.

All heart troubles come to people who are right-sided and never to the left-sided people. We have a doctor with us here who is a doctor as well as a psychologist and he told me that they have got a machine to take a cardiograph of the patients, but not one patient in the lunatic asylum ever got heart problems. Their hearts are as sound as ever till they die. This is the check of the nature. So now we have seen so many diseases caused by the left side or the right side extreme movement of human beings. Now let us talk about the centers. When you move to the left or to the right on every center you assert a pressure. Now we have a very important center, called as a navel center, called as Nabhi chakra. This is the center which is responsible for our evolution. This evolution started from the animal stage when people just felt hungry. Means the amoeba felt hungry, and then we can say the fishes felt that they should go across the river or across the ocean because they had to eat. Up to the human stage, all evolution took place through this center, with the desire to eat.

But at the human center, people developed a sense that there must be something beyond, is not only eating. So they developed their ego, they thought it is the power they must seek, power over other men, other people, power as politicians, as kings and queens. Then some of them felt that it is too egoistical, so it's better to take to the left side. They took to drinking and all that to overcome their ego. In their drunken state, they thought of emotional romanticism and all artificial phantasies with which they live at the most for a year or so. And then it all finishes off and then they are divorced. Because it's not reality. So, you cannot live with unreal things for a long time. And once you discover it is unreal, you just disappear again into another side, that is the right side.

So, human beings started moving, wobbling from left to right, right to left, left to right. Like when they don't have wars, they settle down not in peace but in arranging for another war. All human endeavors, whether it is politic, economic or anything, is unreal. It has nothing to do with reality. That's why it fails. Actually we have never felt the reality so far. Because we are in transition, at human level we cannot feel the reality. Unless and until you have that break-through into your unconscious, you cannot feel the reality which is the all pervading power of God, which is the all pervading love of God. Unless and until your awareness becomes that subtle, you live with unreal things in every way.

Take your economics for example, it is said that the wants are satiable in particular, but in general wants but are not satiable. One want can be satisfied, for example, you want to have a house, all right, that you'll get. But you get a house, then you want to have a car, you have the car, then you want to have a horse, then you have the horse, you want to have a helicopter. You go from one want to another want. That is not satiable. Now when this is so, then why are we running after this madness? Why it is so that it cannot be because matter cannot give you joy. It cannot give you that ultimate thing for which you are made. It cannot give you the meaning of your life. There is something beyond which you have to seek; if you do not seek that and get it, you will never be satisfied. When your ego will be supported, you will feel happy, and when super-ego will be there, you will be unhappy. You will be dwindling into happiness and unhappiness. So you can never receive the actual joy of reality. So, one is definite that matter cannot give us joy. So all theories of materialism fall down like the houses of cards. Now take your politics. It is always superficial. You talk of money being distributed all the time. Who has the money? Actually none of us have the money.

Money is something that comes and goes and apart from that, when we die, we cannot take it with us. What is there to fight for something that is going to be for a transitory period? Your capital is within; in within every person, there is a capital within yourself. You have not explored that capital. You have not seen the ocean of that wealth within you. This is what is capitalism -

which is artificial. And the communism is another artificial thing, because you distribute what? The stones? What is the use of giving stones to people? And the stones that they are going to leave here and die like stupid people insuring them. But when you have your own capital, you cannot help it but distribute. When you have that property within us, you cannot enjoy anything else but the distribution the communism offered. So in that realm, all your so-called theories and all your endeavors which are superficial become real. They all integrate.

I feel sometimes like when we have to have real flowers, we are happy with artificial flowers. And that is how our seeking becomes subtler when we reach a certain amount of affluence in life. We start understanding that matter is not the end and the subtler understanding comes into our mind that we have to find out something that is beyond this matter.

This is the atmosphere of today. That great seekers are born on this earth, especially in the West, but they are attacked. If there is a market for anything, you can get people to sell it. Those who are denied the matter do not understand that you cannot purchase spirit with matter, with money. There is a guru who is permanently 14 years, who bought 58 Rolls-Royces in London, thanks to the naiveness, I would say, of the seekers. Then he disappeared in USA and now has become a Yankee, married a woman 8 years older than him. Now this special guru wanted his 59th Rolls-Royce, so he wrote to his disciples, who are about 30'000 in UK, that if they can pay him, they can give him a 59th Rolls-Royce, then only he will come to England.

Now poor English young people don't have so much money. They starved themselves, ate potatoes and collected that much money to give to this 14 year old boy. And when the Sahaja Yogis went and talked to them and told them: why do you want to give him a Rolls-Royce? They said that it is only metal we are giving him, but he is going to give us the spirit. How can you exchange spirit for metal? They have lost their brains, and if you tell them, they say that in religion and in spirituality you should not use your brains. Why God has given you brain to understand what to find, what are the right conclusions. But they are so mesmerized that you cannot talk to them. Ambassador of Spain told me that the Queen of Spain is so disturbed there are 50'000 people who are following this horrible guru even today. If people are seeking this kind of a thing, then they should know they will never reach God, but they will go directly to hell where their guru is going to go first.

All the gurus who have earned money in the name of God, every one of them is parasites, they will all go to hell and all their disciples will have to follow suit. They play upon your weaknesses and hit you hard. There is another one about whom I must tell you because I told you the secrets about the gentleman who gives you orange robes to wear. This gentleman gives you orange robes to say that you are an ascetic. And he believes in mass-sex activity. How can that be? Asceticism means Brahmajari, means a person who is celibate. How can such a man say that you wear these robes? Because he is trying to befool you. He talked out of his head I think, because he does only talk about the psyche, which is the left side. He tried to reduce you to your sex point. How do you tolerate this to your honor, to your glory? You are a human being, the highest of highest. Are you just a sex point like any animal? Thank God at least he did not talk of God. But one must understand that sex does not play any part in evolution. Sex is important for a man or a woman in a sacred way, with the sanction of the collective. If we start behaving like animals, we'll become worse than animals, we'll become devils. We have to know that nature is against this behavior.

Those people who indulge into this kind of indiscriminate behavior get into terrible troubles as far as their sex is concerned. They develop horrible diseases, they also develop a nervous temperament, their children could be born with extremely violent temper, just like demons. But diseases like multiple sclerosis is caused by the affectation of this center in human beings. I have seen, I have cured the cases of multiple sclerosis and all these cases I have seen this center is affected. Purity is the essence of life. Without purity you cannot reach God. This we have to accept, whether we like it or not. Anyone who doesn't want to face reality will have to face what is the consequence of that. I know it is difficult when you have lived in this society, the kind of society you have around. But after realization you become such a master of yourself, that you are not tempted by any such things which deteriorates your personality as a human being.

So one has to know that this center is the most important center is of innocence. Today the human race is standing on the precipice of destruction or of ascent. The negative forces are very active. They come to you in various places, ways. It is surprising that how innocence is attacked by this negative forces in the West. It is astonishing to see how we are destroying the progeny by our stupid ideas about sex. Under these circumstances only demons can be born or great, great saints who can fight

it, like Blake. This center is the basis, is the {agharā}, the support, is the support of your ascent. But my statement should not make you upset. I must tell you the grace of God, the all divine power is so merciful today that everything is forgiven. Such large arms God has to embrace everyone who seeks it, that's the time you are born, you are so fortunate. Before realization, I don't say anything to you normally. Whatever you have done is the past, forget it. You just get your realization. And everything will work out itself, automatically. As you just put the light in this room, you can see everything, you'll start seeing what is dirty, what is bad, what is good. And then you will know what to take, what not to take. You will be your judge. You will be able to cure yourself and cure others.

This is the only way it was to be worked out. Before realization to talk of purifying and all that, is not easy. In these days of tension and problems, you cannot ask people to work for thousands of years, cleansing themselves. As you have now got a jet-age, you have a jet-age for spiritual life also. The human being has been created with such care, gentleness to this stage, and it has to achieve its awareness. It has to know its meaning. It has to work out. Because you are the flowers of this universe that is created. If this creation has to have any meaning, you must find your meanings first. And that has to happen through self-realization. Yesterday I explained to you how kundalini rises, gives you realization and how you feel about it.

Tomorrow I will explain to you about other centers and how they work out and about the general picture of to give realization to others. With one day gap, we have another program same here and where we'll be able to talk about it more. But it is not talking, it's the actualization I'm telling you. When you believe in books, you just do not believe in actualization. You just want to escape. Don't be escapists. You should not be escapers, you see escapers. But, try to face it. Because reality is beautiful. Is glorious and great. This is all within you. Whatever you have, you get it. As I told you, I am like a banker who cashes your checks. That is how it works out. No obligation on you. This I have to do. And then you have to do it to others.

Once you get your realization, you can give realization to others, with full understanding as to what you are doing. I would like you to ask me some questions today, but not like yesterday that one fellow read one book from somewhere and asking about that book. I do not want to waste time with such stupid questions, please. So ask me nice good questions; I'll definitely answer. Thank you very much.

(Question: what is the difference between ego and super-ego?)

All right. It's a very good question. Ego is the institution within us which develops as a result of our activity of mental and physical being. Then super-ego is the institution which develops as to what conditioning we take. I'll give you an example. If there's a little child, whom the mother is nursing, is in complete joy. Then she wants to take him out, his ego comes up as a protest. And then when the mother says, "don't do like that", it is the super-ego that comes in. That's how we have two institutions, one against another. We can say the one ego makes you, at its extreme, a sadist, and the other as masochist. All right?

(Question: how can you remedy psychosomatic pains?)

Oh very easy. That's very simple. Psychosomatic pains come to you through the possessions. The left-sided spirits. They are very sly. And some of them are all the time there, and some of them enter for a short time, they're busy-bodies. Like your virus infection is also just the same style. The virus comes from the vegetables which have gone out of the circulation of the evolution. If your left side is corrected, you'll never have those pains at all. There are many who have been cured of that. Not only, but you can also cure.

(Question: how to cure the left side?)

That's what I'll tell you. That's absolutely the question. I'll tell him now. All right. Now who else is there? Is there any other question?

(Question: if you are on the left side, are the vibrations on the left hand not so strong?)

That's the thing, and sometimes they're not there also. Some people get very red hands - also that could be. Yes, there is one question - one by one. This gentleman.

(Question: if the material is not the true thing, why has God created us?)

You see, God created ourselves - Adam and Eve to begin with. And gave us the freedom and told that don't go after these material things. Don't try to know the knowledge about the material things; this is the knowledge - it is forbidden. He said that very clearly, he said this very clearly. Now, it so happened that he wanted to test how they would use this freedom to obey God. Instead of that, they tried to follow a satanic information and wanted to know the knowledge. This knowledge is called as [AVIDYA], non-knowledge in Sanskrit language. But, they chose their freedom like that, what can you do? That was the original sin. The idea of God was originally to make us innocent people, in our innocence to grow in population and to get realization. But human beings don't know how to use their freedom at all, that shows. So how could they have this supreme freedom? Where they will just know the all pervading power - the BRAHMA - that is the truth? So he allowed human beings to go ahead with their enterprises, you can say, with their enterprises, with the knowledge. So they will learn their freedom has been misused. By learning lessons in life, the way we have to produce now atom bombs, we can see that. Now, when these things happen, of course, God did not take out his attention. He sent many incarnations to tell us to at least remain in the center, not to go to extremes. But we never listen to them. We gave them poisons, we crucified them. At least now, you cannot crucify me. But at least, keep open to me.

(Question: how did you get your realization and which capacity you could develop)

For this simple question, I have to ask you one thing: that you better not ask this questions, better know them. Through my human realization, I have been able to understand human beings so well that I'm very clever and I'm not going to tell you much about myself. Because Christ just said the truth that he was the son of God, and they crucified him for that truth, which he was. And if somebody false person says I am God - but what - they run after him. So I would say you better discover about me what I am. Than to believe what I say. That's a better suggestion, and a solution. I must be something, after all, if I can give en-masse realization to thousands of people, I must be something. Use your brains.

(Question: what you mean exactly with realization? If it is the same thing as SATORI?)

No, no no. SATORI, yes. But SATORI is not so clear-cut. SATORI is all right. But SATORI is not so clear-cut, you see, it's very clear-cut. What Christ has said to be born again is, but this realization which I'll explain to you is absolutely clear-cut. I told about this yesterday, but if you want, I'll repeat it again. In self-realization, this kundalini which is the force, the residual force within you, starts pulsating, gets awakened, and the kundalini rises; you can see with your naked eyes the rising of the kundalini, and it comes up to the head - here at the fontanel bone area, where it pierces through and you start feeling the cool breeze coming out of your head. If your center of Vishuddhi is correct, then you start also feeling the all-pervading power as cool breeze of the Holy Ghost. Now, with these you find that your fingers, all these fingers at this portion - these are the seven centers of your body. One on the left-hand side, one on the right-hand side, which get awakened. And you start feeling them. Say for example you want to know what's wrong with you, you put yourself a bondage of your power around your aura and you just feel it. Think about yourself. You will start getting either burning or cool breeze or numbness on these fingers. When you start feeling that, then you have to see the decoding, what is the center catching. Now you should also know how to cure yourself. In the same way you can feel another person.

When the kundalini rises above this center, Agnya chakra, which is the center of Christ, you feel thoughtless awareness. That means you come in the area of present. And when it pierces through from here, you start feeling the cool breeze. Now any absolute question you want to ask about anyone, you can ask just like this. If you want to know whether there is God or not, you ask, "is there God?" - in whatever language. Because the language is always followed by the preceding subtle thought, which is known to the unconscious. And that's how you can ask a question like that, any fundamental question, and when it is yes, lot of

cool breeze starts flowing. If you want to know about any guru, whether is true or not, you will find a... also impression of that, because if he's real, you will get cool breeze, if he's not real, you might get burning, you might even get blisters. You feel absolutely relaxed and blissful. Alcoholism and all your habits just drop out overnight. So many things happen that in one lecture I cannot tell you, but later on I'll be able to tell you everything.

(Question: if someone has lost his both hands, how can he feel his spirit - the power of the Holy Ghost?)

Now you don't worry about him, you worry about yourself. Even if your hands do not feel, your body does feel. We should pay attention to ourselves and not to others. We have done it too much now. If you get all right, you can make many people all right. Many people who don't feel it in the hands, can feel it in the body. All right?

(Question: if self-realization cannot be paid for, how does it come that you are here? Who is paying for that?)

I have a husband who pays for it. And sometimes if you want, if you pay for traveling, you pay for my traveling, but not for your realization. My husband always used to pay for me, but then Sahaja Yogis felt very ashamed that I should pay for their realization. So I said, all right, once in a while you pay. So what you pay for my traveling - to the air fare, not to me. But these horrible gurus take thousands of dollars. Do you know one of them who is teaching these flying techniques? He has ruined so many people. Their families are on the streets. They are getting epilepsy; they are falling on the street. He gets 3500 pounds for one week and gives you nothing but water in which the potatoes are boiled. And last day he gives you the rind of the thing. And he says you have to be light to fly. But why not ask him to fly himself first? Throw him from this tower of Pisa. He has got 4 thousand crores of rupees in India.

(Gregoire concluding the Q & A session to allow for the collective meditation)

All right. Let's have it.

Now, it's very simple, you have to put your hands towards me. That's all. And, sit relaxed, put your hands on your lap. Put your both the feet on the ground. Be comfortable. There is nothing to be done, no mantras to be said, nothing. And now, close your eyes. Don't open your eyes because when the kundalini is passing through this agnya chakra, there is a dilatation of the pupils. So I request you not to open your eyes. Of course, nothing will happen, but kundalini won't rise. You have to little bit cooperate with me. At the very outset, I have to say that all the Western countries have one big problem: that they feel guilty for nothing at all. Now here we are facing God Almighty, who is the ocean of love. He's the ocean of compassion, and ocean of forgiveness. So you should not judge yourself. Also do not think that you are not yet ready, or you are not prepared. In no way you should have self-pity. Just say, Mother I am not guilty. You all are saying so much of this guilt. Better say again and again, Mother I am not guilty.

Now put your right hand - because left hand is your desire so you put it relaxed towards me on your lap - and the right hand we have to use for action. So I will tell you how to use the right hand now. Keep the left hand steady, and now move the right hand to your heart. And just say, Mother I am the spirit. Say it twelve times. Put the left hand straight, please. Same way, same way, but stretched fingers. Now put the right hand on the stomach - on the left side. Keep your eyes shut. And just say, Mother I am my own master, I am my own guru. Say it ten times, please. Ten times.

1982-0927, Conversation (Evening)

View [online](#).

27 September 1982

Conversation

Gregoire's Flat, Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

1982-0927 Evening at Gregoire's flat Vienna, Austria

Many people mother were very interested and asking and Mother, many people were asking and very interested and they wanted to know more about you and they are going to come tomorrow.

Vibrations were so cool.

Shri Mataji: very cool vibrations. They had come today after ___0:29___ I must say it was very great the translation, because I speak quite complicated.

Gregoire: first of all the picture too much, too much too much. Now I translate.

Yogini: which page.

Gregoire: these days the Kundalini power will also be in Vienna awakened. And then the title, the breath of God blows over the top of the head and in the palms of the hand. Now the text, and then on your picture it is written 'feminine Guru Mataji'. Then at the last a Guru who does not take any money. Shri Mataji Nirmala Devi called Mataji by Her disciples also simply Mother, is in Vienna. She is in London, married to a high diplomat. She does not need any material support, and from 1970 onwards, she teaches the world wide Sahaja Yoga then we quote spontaneous link between the everyday being, living and risen with our deeper divine being, soul of being and this comes from the information which is distributed during the seminars and the conferences which She gives. According to Shri Mataji is actualized as in the human being the sleeping potential spiritual energy of Kundalini the energy of the holy spirit will be awakened.

Shri Mataji: Is awakened.

Gregoire: Then the power serpent can be dangerous. Kundalini the power serpent who from the center under the sexual organs through the spine up to the top of the head climb and Rudolf Steiner knew about it and who said that it can be dangerous. Shri Mataji spoke from this danger to the Kurier to this newspaper and to the numerous visitors to her first program in Vienna. Kundalini is completely and totally is not dangerous at all. I am sorry Mother it is a little bit difficult to get that.

Shri Mataji: alright.

Gregoire: no doubt, the uncomplicated Indian experience when Mother work with them, up to 99% from the Indians can experience of this Kundalini. In the west, there are much less because there are some big obstacles, those are identified by these feminine guru is a confusion and cowardness which men maintain in them the obstacles to the Kundalini is the confusion and cowardness which men live and also with because of the inflated ego and because of the conditioning of the materialism and science because of the book knowledge which repress the spontaneity as also in the shameless marketing of what cannot be sold like breath and god for instance.

Shri Mataji: ___ 8:30___ should take this thing at all.

Gregoire: all those who in the name of God take money are parasites she says. But the worst are the `thief gurus` as she call them who in the western wisdom which thanks to the western wisdom can provide spiritual evolution. Would you like to translate mother.

Shri Mataji: forbidden.

Gregoire: try to fool you with these kinds of calls.

Yogini: and according to Shri Mataji lots of these gurus are devils who use unclean spirits in order to suppress the people and to use them. Maharishi Mahesh, the founder of the ___ 10:44___ and the author of the recent book about ____10:58____. Lots of people talk to him ____11:07___ sex for sex.

Shri Mataji: what?

Gregoire: and not to forget the Rajneesh who is sex obsessed.

Shri Mataji: but this is not ___11:20___ to Me.

Gregoire: sorry.

Yogini: she says that we are against all these people.

Shri Mataji: she asked me so I said yes I am against this ___11:39___.

Yogini: she says it is a fact this is ___11:46___ you mother. She says all of them make a pile of money. Shri Mataji says with complete distained anger that all of these gurus eat and drink and they have women and they are really rich. And that is the best proof that they are kind no realized souls. And the realized souls are all in the Himalayas and in the jungles of India. When Shri Mataji tries to awaken the Kundalini in her listeners, and they all feel the breath of God which is the cool breeze on their hands and on their heads. And then she explains how to meditate. And actual fact is that the people who have seen Shri Mataji say that they have such experience. And Shri Mataji promises further experiences like this and increase in depth of the experience through programs. And then it says today we will go ___13:15___.

Shri Mataji: good fellow.

Gregoire: sorry no no, he has said that tomorrow and Thursday at time in Urania.

Shri Mataji: you see even if tomorrow radio ___13:54___ is not coming this is going to work out.

Gregoire: so I will take need a hall tomorrow.

Shri Mataji: both are big places you know.

Gregoire: I can have a big hall in a single day immediately.

Shri Mataji: in the same place.

Gregoire: in the same place in a single day, I think I have to ask you mother because if it is correct for you because it is downstairs. It is like an amphitheatre, so everybody is above you and you are like in the.

Shri Mataji: doesn't matter.

Gregoire: doesn't matter.

A yogi: it is a cinema.

Gregoire: it is like a cinema, yes.

Yogi: it is a cinema.

Gregoire: ____14:25____.

Yogini: and then she says and if anybody __14:44__ all they need to do is to look at the picture of Shri Mataji with a flame in front of it and wait for the vibrations. Sometimes it takes a long time, lots and lots of other problems have to be solved first before Kundalini can arise. For example, if you used tobacco, alcohol, drugs and certain kinds of sex the situation of the chakras will be destroyed.

Shri Mataji: yes, will be destroyed __15:19__

Yogini: and when they are disturbed then the Kundalini can't flow, and then there is no chance of realization. Shri Mataji says that the Kundalini is a lot more than this. It is the holy power of the last judgment and everybody becomes their own judge.

Gregoire: he has picked up all the points.

Shri Mataji: beautiful.

Yogi: it is the best article mother we have had.

Shri Mataji: it is one of the best I must say. Thank you very much, I was overjoyed.

Gregoire: everybody I am going to call tomorrow. And everybody is his own judge who can see himself in his Kundalini as in mirror.

Shri Mataji: because I fix him on the point of reflection. Remember that.

Yogini: it says many people who could not take part in this have to be people who are humble and if their ego is too swollen then they won't be able to experience it. But in actual fact nobody is shut out and nobody is forbidden to have this awakening.

Gregoire: from the beginning.

Yogini: although certain numbers of people or certain groups of people for example politicians in the west have so much ego that they can't.

Gregoire: that their spiritual lumination is almost impossible. Bolo bolo Jaganmata Shri Mataji Nirmala Devi ki jaya. Mother it's I bow to him mother.

Shri Mataji: really very great.

Gregoire: I bow to him.

Shri Mataji: the ego of the politicians is so much.

A yogi: did he have his realization mother?

Shri Mataji: yes, he has.

A yogi: that is why he talks ___ 17:35__

Shri Mataji: beautiful, one of the best article I have had.

Gregoire: absolutely mother, and the picture.

Shri Mataji: the picture is very sweet, it is written something about yoga over here.

Yogini: yes Mother, something that has nothing to do with egoism.

Gregoire: what?

Yogi: doesn't matter, doesn't matter

Shri Mataji: what does he say?

A yogi: not interesting Mother.

Shri Mataji: she is good at English. You are English or you are German?

Yogini: I am English mother.

Shri Mataji: that is why you speak so good English. But how do you know German then?

Yogini: I did German at the university mother. At the university I learn German and I lived in Germany a lot.

Shri Mataji: Sofia is very sweet I tell you so direct you see.

Yogi: mother we were talking with her but may be it would be a good idea if you agree that next year she would come and join us in Germany for a while so that we could start together Sahaja Yoga. What do you think about that mother?

Shri Mataji: a very good idea and also a little English you see naturally it is a difficult subject and sometimes I use my words little freely about English I am not such a master of English but whatever I know you see she finds it difficult to, sometimes sometimes, but she helped her a lot so I was wondering how is it that she know English so much.

Yogi: she could help us a lot mother because of this.

Gregoire: mother you know how many copies of this newspaper are 800,000.

Shri Mataji: really?

Gregoire: yes, 800,000 of Shri Mataji Nirmala Devi circulating in Austria. We will need a statue tomorrow.

Yogi: there are about 1.8 million people living in Vienna. If there are 7 million people in Austria it means that actually everyone has the chance of getting it.

Yogini: Austria will be very vibrated now.

Shri Mataji: the whole of Austria or.

Gregoire: the whole of Austria. It is about the most read newspaper. The whole of Austria of course.

Yogini: Mother your blessings are coming upon this country.

Yogi: we don't know whether we are dreaming or whether we are awakened Mother.

Yogi: everyone who was so interested, this boy you know who was sitting in front of you know that he was asking very interesting questions, he talked to me I said what is all this about. I think I felt something but I am not sure. He said but I want to know some more about the left side. I said well the left side when you feel guilty, you will feel left side and you have problem with the left side. And when you don't forgive people, you will be left. He said oh I have two people I will not forgive. I said those two people are going to make you very ill because they are gone a sort of eat your brain these two people, you should forget them. And he said, well I don't think so. I said, well come tomorrow and she will learn you how to forgive.

Shri Mataji: You should have told him right hand up and left hand towards Me. He is better now.

Yogi: he was better now. He was very interested about everything.

Shri Mataji: people are good here; I must say they are sound people comparatively. What Catherine was saying because I said about Freud they left Me is it?

Gregoire: what is it mother?

Shri Mataji: I think the idea was that because I talked about Freud and that is why they left.

Gregoire: I mean 1 or 2 had to leave afterwards.

Shri Mataji: 1 or 2 only that is what I felt. People left earlier and 1 or 2 left after I talked about her sex.

Gregoire: I must say humbly that I suffered with the translation. Yes, the translation was really not good you see. In __22:04__ it was really not good. She missed many points, many points. The problem is that verbally she is not really strong enough. If she translates she has to take the mike.

Yogi: may be Mother I can try may be.

Shri Mataji: she is good at translation.

Gregoire: anyway tomorrow may be she is no more there Sofia, tomorrow evening Sofia is no more there so we need somebody else.

Shri Mataji: she can do. Give her a mike.

Gregoire: I will have to check if whether we have a mike mother.

Yogi: in the new hall if we take the bigger one they could --

Shri Mataji: you both should sit together and you can do it. You and she.

Yogi: mother I felt that when I am doing the introduction, I have spoken for about 20 minutes and it was without any difficulties as far as the language is considered.

Shri Mataji: so let him translate and she could stand there just to help him.

Yogi: yes Mother we could try mother tomorrow and if there are words that I cannot.

Shri Mataji: who will give the introduction though?

Yogini: today.

Shri Mataji: no no tomorrow.

Gregoire: introduction I, why not or anybody.

Shri Mataji: you can give introduction then they can translate.

Gregoire: who else could do the introduction?

Shri Mataji: no, it is alright you can give introduction tomorrow and these two can translate finished.

Yogi: who.

Gregoire: Arno and Madhuri and Catherine also speaks in German.

Shri Mataji: just write it down the hints.

Yogini: she is a little bit Mother she is a bit sugar ego.

Shri Mataji: how did she receive this problem?

Gregoire: Mother the cook told me, the pujari and the cook told me that the dinner is ready.

Shri Mataji: pujari, from doctor

Gregoire: mother I have to make a present to the pujari Mother so I have already something in my __ 24:19__ to bless it.

Shri Mataji: the pujari to cook what vaidya. Khansama, you see he is the cook, in Sanskrit language.

Yogi: it is something like bawarchi Shri Mataji. I tell you what it is. I have hooked it up over there.

Shri Mataji: paakashala. Paakashala they say to it, simple way paakkarta.

Yogini: excuse me Shri Mataji; you were saying something about her.

Shri Mataji: she has left side problem and heart.

Shri Mataji: why?

Yogini: she has problem with her mother and her mother had problems also and as far as I understood that her mother was also doing some kind of parapsychology things and spiritism and no, no sorry.

Shri Mataji: what is her problem?

Yogini: her mother is not enough detached too attached to her, is too possessive. Her mother is fully possessive.

Shri Mataji: father, she has no father.

Yogini: oh yes, her father is living.

Shri Mataji: what does he do?

Yogini: he is employee, he is working.

Shri Mataji: and her mother?

Yogini: she does not work, she is at home.

Shri Mataji: __26:54__

Yogini: she has one sister.

Shri Mataji: is married?

Yogini: no Mother.

Shri Mataji: but what is wrong? Is her mother is always like that? In which way, you don't like her attachments?

Yogini: she says because it is a very egoistical attachment.

Shri Mataji: what sort?

Yogini: she says it is not pure love or pure affection. But it is a kind of interested, may be for herself for not being alone. She cannot describe it.

Shri Mataji: does she put her to ambitions?

Yogini: no her mother is not ambitious for her.

Shri Mataji: does she expect anything?

Yogini: no

Shri Mataji: what does she do for her? She cooks for you?

Yogini: yes.

Shri Mataji: does she give her money?

Yogini: yes.

Shri Mataji: then she loves you. Does she say that you shouldn't go here and you shouldn't go there?

Yogini: no.

Shri Mataji: but is it for bad or good?

Yogini: not for good reasons.

Shri Mataji: but there is nothing serious about that.

Gregoire: I thought you would listen to the puja hymn Mother, is it okay?

Shri Mataji: it is very good.

Gregoire: that we found such nice names for you Mother.

Shri Mataji: it is good. Would you like to ask the pujari if he, ask him, the pujari. This is what for the pujari.

Yogi: it is very beautiful.

Shri Mataji: so beautiful. This is in Vienna you got Gregoire? This is not, it is beautiful. Bahut sundar (Hindi: very beautiful)

Yogi: I got it in Rom Mother.

Shri Mataji: where?

Yogi: Rom.

Shri Mataji: it is very beautiful, Rom, I want you see, kitna sundar banaya hey (Hindi: they have made it very beautifully). Have you seen, how beautiful it is?

Yogi: yes I have seen. Very beautiful Shri Mataji.

Shri Mataji: (Hindi) for all of us is very good. You see whatever you give Me like this is going to use for Me because you put it in front of My photograph.

Gregoire: you see Mother, I owe him this because it is thank to him that my work is vibrated now.

Yogi: no, it was not thank to me.

Shri Mataji: very good ideas. Must say, two ideas he gave very good, one is about the puja of the thought these things and the second idea was very good about is Nirmala.

Yogi: for about one year now Shri Mataji I have the desire to see you worship with all your weapons.

Shri Mataji: so your desire is fulfilled and Gregoire desire is fulfilled also. What is this? This is a bomb.

Gregoire: no, this is specific mother, it is to grain, and it comes from Nepal, to bring the grain.

Shri Mataji: grain. I think it is not that it is for keeping the, what do you call tarkas, which keeps the arrows.

A yogi: that is what I thought when I first saw it.

Shri Mataji: it is for arrows only. It is not for grain, this is for arrows, you see, to keep it at the back. You see, the arrows to take out, that is what it is. It cannot be for grinding. How can we have a thing like this for grinding, little thing? It is only tarkas, we call it tarkas.

Yogini: it is for the great bowmen.

Shri Mataji: exactly. What you say to that in English?

Yogi: qviwer, and to the string.

Yogi: bow string.

Shri Mataji: in Sanskrit it is pratyancha. Because you see when we pull it, it makes a sound pratyancha.

Yogini: Beautiful.

Shri Mataji: (Hindi) it is very beautiful.

Gregoire: you like it Mother.

Shri Mataji: very much, very divine, it is very beautiful. (Hindi) It is very beautiful. We call it as deepawali, deepa is the light, awali is the line, line of deepas. Actually in India, there is no system of Mombatti (Candle) never we had this, surprisingly. They always used with ghee or something oil but never this Mombatti we never had, never can you imagine.

Yogi: for my puja Shri Mataji I use the mixture of olive oil, ghee and camphor.

Shri Mataji: that is very good for the eyes.

Yogi: it is much cheaper than candles to burn.

Shri Mataji: ghee is regarded as the best. Most auspicious is ghee. But ____35:28__

Yogi: I don't know it doesn't produce. I notice that with this it doesn't burn the impurities as much as the properly. The vibrations are not so strong.

Shri Mataji: we never used and apart from that people used, it is a kind of a fact. Also they use in some Arabic countries and all

that. ___35:54___ all the light.

Yogi: in Europe before they found oil, they used to use _35:57__ candles Shri Mataji.

Shri Mataji: are you alright, he has void, I don't know why he has void. Left Agnya, void, you went to guru or something. Never.

Yogini: he made Hatha yoga and Kundalini yoga.

Shri Mataji: that's why. From where, who taught you here? (In Hindi) is the food ready. So Mr. Cook, is the food ready?

Yogi: (Hindi) yes, Shri Mataji, the food is ready.

Shri Mataji: so the food is ready. Now serve the food alright, then we will come.

Yogi: he is my assistant Shri Mataji.

Shri Mataji: he is your assistant. If the cook is your assistant then what is going to happen to the people who are going to eat the food. (In Hindi) Rustam did you put ghee in the rice?

Yogi: (Hindi) I added enough ghee and also butter, how to say it, (German) I do not know anymore. (Hindi) There was no cardamom, cinnamon; it was not there in the house. Then I did with garam masala.

Yogini: he used to read many books, lots and lots of books.

Shri Mataji: void is very bad. Just go on saying, Mother I am my own guru. Better, much better. Now say another thing - Mother make me my own guru. Hmm, better. Now see your vibrations. Is much better, now see your vibrations. Good, excellent. Be nice to your mother, there is something wrong with her, you see, she will be alright. She has to trust you, alright.

Yogini: thank you.

Shri Mataji: come along, let her rub a little bit, poor thing. She has been translating and doing everything for Me. But her English is so good; I was amazed I said how can Germans speak such good English. I was wondering. Today, I met another Englishmen, suddenly; he spoke very good English you see. First I asked him and said are you German or a Christian. No he said I am English. I said, oh that is why you are good, come along I have come from the same country. You know really if you know one language you feel at home suddenly. Because you don't understand any other language, you will get lost. We went to Paris I think or on our way back. You see I was listening to all kinds of things you see this language that language, so many. Then I went to the airport, to the Paris airport, the British airways air hostess, you see she started speaking English I was ___40:58__. She was so kind. It happens, same in Sahaja Yoga, is the language of love, where you fight the language of ___41:13__. No you are the one the way you make ___41:18__.

Yogini: yes, Mother.

Gregoire: what did they Mother, did radio interview.

Shri Mataji: everyday, I had been waiting, today it was late. You see we didn't want to have it because of parapsychology.

Gregoire: but when I asked, is he a seeker, you see first we took the vibrations of, that's a good lesson, first we took his vibrations, we were with the Italians.

Shri Mataji: did you have My food. then

Gregoire: then they said, it is hot and it burns and so on.

Shri Mataji: you took every one of you, see bandhan.

Gregoire: yes, no, then I said okay forget it. I ask if he is a seeker. And then cool wind.

Shri Mataji: I said about parapsychology didn't I. beautiful; he said I will make a good story for you.

Gregoire: people here seem to be.

Shri Mataji: he started calling Me mother, that's the biggest thing.

Yogini: really.

Shri Mataji: yes, he did say twice, thrice, mother to me.

Yogi: it is so beautiful.

Gregoire: And for those who don't know it yet, mother, radio interview, the men who come to interview mother, are in front of Mother and does like this.

Shri Mataji: yes, he did like that. I was amazed, you know. He has been to India, he speaks Hindi and writes Hindi and he said that he is not good in speaking but he can write and read.

Yogi: Mother the people from Swiss radio should take course here in Vienna.

Shri Mataji: what courses?

Yogi: I mean to courses to how to behave themselves. They should see how they behave themselves here, these people from the radio.

Shri Mataji: gradually everybody will be alright, I am sure. Everything is going to be alright.

Yogi: but it is so beautiful when you see what the people are ____.

Shri Mataji: to begin with you see, the second question he asked was about Mahesh yogi, because he had been cheated by Mahesh yogi. He said, "I give a lot of money for a silly mantra." He said, "For a silly mantra, I paid him a lot of money." "Yes I was one of them", he said. You see, how cheated they must be feeling, isn't it. He was quite angry. He asked Me, "If he is a fake don't you think." I said, "Yes, he is fake no doubt about it." And he was angry with these satanology also I think.

Gregoire: Mother can I get my car back tomorrow morning.

Shri Mataji: ___44:35__ about that.

Yogi: you are a diplomat.

Gregoire: no, I will have absolutely no problem, just pay, they cannot.

Yogini: just pay the money.

Shri Mataji: really. They cannot stop but they will charge I mean they will ___44:50__ I hope they don't ___44:53__

Gregoire: I am absolutely entitled to leave my car where I want to. I don't have yet the plates of Vienna so you see I have the Italian plates.

Yogi: but you can change.

Gregoire: I didn't want to have the Viennese plate too early. Because we were putting the posters of Sahaja Yoga okay, and then Mercedes, Catherine jumping putting poster, going back into the car, people were looking and looking at the plate number.

Shri Mataji: so you removed the plate numbers.

Gregoire: I have Italian plate numbers still; I still have Italian plate numbers.

Yogi: so probably someone call and they say there is an Italian putting what kind of.

Yogi: again Italians, yes.

Yogini: there is no "I" of Italy, so people must not know of which country.

Shri Mataji: but there is no D written on that, diplomatic.

Gregoire: CD yes, but they don't know from which country.

Shri Mataji: so now we are not alone here alright.

Yogini: yes Mother.

Yogis: chai.

Shri Mataji: chai.

Yogi: spoon, Shri Mataji.

Yogi: smells very good.

Shri Mataji: (Hindi) did you make the big one.

Yogi: (Hindi) no, the small one.

Shri Mataji: (Hindi) small.

Yogi: (Hindi) it has become very smooth.

Shri Mataji: (Hindi) it will become smooth, it was not put that long. You should keep it.

Gregoire: is it okay a present, would you like to have a candle like the one I gave you,

Shri Mataji: what?

Gregoire: would you like it, this kind of.

Shri Mataji: yes, this, I like it but I don't want it because you keep it. Everything you want to give away.

Yogini: as long as we have so much we can give away.

Yogi: would you like to have lemon.

Shri Mataji: lemon, no not for Me. yes, start, you all have it. Good, well done.

Gregoire: those who can, yes, those who can't.

Shri Mataji: this kind of rice if you eat Gregoire, there are never problems with rice, because we take out all the starch out of the rice. There is no problem, if there is too much of starch with the rice that you have brought, because you wash it out. They enjoyed my jokes also very much. There was this fellow sitting with a tape recorder you see, then he stopped his tape recorder and was just enjoying. _____. Most of them did feel, no doubt.

Gregoire: I think the attitude was very excellent.

Shri Mataji: the attitude was excellent.

Gregoire: I mean they didn't leave quickly. You know, they all went in round you know.

Shri Mataji: they waited. One lady ___49:37___ she took out her necklace. Rajneesh people didn't come.

Yogis: no.

Yogi: the once who came yesterday mother I saw them arriving in a car from outside Vienna. It was from about a distance at least 50 Km ___50:00___.

Shri Mataji: you saw them arriving.

Yogi: Rajneesh people I saw them arriving and the car plates were from quite far away from Vienna. They must have come for one of the council of Rajneesh.

Shri Mataji: oh I see.

Yogi: because it was from an area which was at least 50 km away from Vienna mother.

Shri Mataji: oh I see. They have come from where?

Yogi: they must have come from ___50:29___, because I saw them arriving from a distant place from Vienna.

Shri Mataji: they all went away.

Yogi: yes, they went just when you started realization ceremony.

Shri Mataji: is it.

Yogi: they walked out, yes. But there was a group of three who came into with fancy dresses, with shaved head; there was one with shaved head completely shaved. A woman and another one who had a beard and they were in fancy dresses.

Shri Mataji: they were wearing orange dresses.

Yogi: yes, mother.

Shri Mataji: I didn't see them coming.

Yogi: they stepped in the end at the back. They left before you started the session of realization.

Shri Mataji: _____ that is what I said __51:19__ for Me to talk openly about the gurus.

Yogi: yes, absolutely mother.

Shri Mataji: start your food, you shouldn't eat it cold. (Hindi) Rustam very nice, very well.

Yogi: thank you Shri Mataji, improvisation.

Shri Mataji: Indians sometimes, yours is the same style as Indians, isn't it or is that different. Well done today's program, wise people very wise people.

Gregoire: I really feel full of joy, mother. I really feel full of joy.

Shri Mataji: because Gregoire, it tell you, they are so close to the eastern world, eastern communist. That there is a kind of a balance in the people you see here I feel. It is a very balancing country.

Yogi: and also mother here lived the Russians for quite a long time for about 10 years.

Shri Mataji: I answered a very good question today if you noticed when he asked what about the matter why did god create? The original sin.

Gregoire: I may have been out at that time.

Shri Mataji: you didn't hear that part. About the original sin, about eve and Adam. You didn't hear that. The translation was not good.

Gregoire: no, the translation was really not good. I don't want to tell __54:38__.

Yogi: missed it that's what.

Gregoire: I mean it's okay. It was not the best, I am not a perfectionist that is what Sahaja Yoga is concerned, so I __54:49__.

Shri Mataji: she can try tomorrow __54:52__

Gregoire: she has gone anyway, we have to, no, you see she was saying and she was also you know who becomes, the flower

becomes the fruit. And she was saying the fruit become the flower. You know things like that. There was a big mistake. People could not understand what you were saying. They didn't understand ___55:35___ and people can hear her.

Shri Mataji: she is a very direct person you know Gregoire. She is not at all complicated. She is very safe.

Yogi: she is a jewel mother. She is a jewel I said. She is very good and very constructive in Geneva mother.

Shri Mataji: she is right sided, simple and straight forward question. She is not at all complicated. That's why I have always said that the Germans will get it. They will have it. They just walk straight. No question. They are difficult. ___56:35___ will get them, I am sure ___56:36___.

Yogi: and she played a very important role mother in Geneva. She has got a lot o authority.

Shri Mataji: if she can join you it will be a good idea.

Yogi: yes, mother. Well I guess, she is going to India mother. We all expect her to come back married.

Shri Mataji: does she want to get married.

Yogi: she was quite afraid for quite a lot of time but she said that she loved her idea and she knows that she knows to develop further, she needs to marry. And she starts feeling now problems with left nabhi which she didn't feel before.

Shri Mataji: what has she done and what is her age first of all?

Yogi: she is I think about 30 to further one.

Shri Mataji: she is 30.

Yogi: no no she is younger 28. 27 to 28.

Shri Mataji: what has she done?

Yogi: she started university mother and she dropped it. Then she is studying music, she is playing violin. She also has done some teaching mother. She was teaching German language, yes, German and she is very much interested in teaching later in her holidays. Actually she is preparing for her exams in violin so that she could teach also music.

Shri Mataji: if she is very tall and we have to find a tall man.

Yogi: Hugo is gone mother, Hugo is gone. Hugo is married already. Hugo from Australia.

Shri Mataji: Hugo, there is somebody taller than him we have.

Yogi: and she has been very strong with her realization mother. She said for 2 days she was in a state where she cannot ___59:04___. And she took very wise steps mother, after realization, she decided that she is not going to work more than 5 may be 6 hours a day so that she can establish herself in Sahaja Yoga and keep her attention straight on Sahasrara mother.

Shri Mataji: she is very direct. I must say. She is very young you see.

Yogi: she has done a lot of work for preparing for the program in Geneva mother. She is an excellent girl.

Yogi: she went to Germany mother to help Thomas.

Yogini: she is very straight forward.

Yogi: it's a very nice couple Thomas and Sofia if balance is established.

Shri Mataji: Thomas you see is no leader; he is just one of the Sahaja yogis as a person. Sofia said mother that she would agree to marry ___1:00:18__ vibrations wise will be very strong.

Shri Mataji: Marcus what do you say.

Gregoire: Marcus is tall.

Yogi: which Marcus, Marcus.

Gregoire: not Marcus the famous Marcus.

Yogini: the one Austrian Marcus Dawes.

Shri Mataji: what's it. Marcus is what.

Yogi: Dawes. This is his name.

Yogini: this is his second name.

Shri Mataji: he is alright. He could come to Germany.

Yogi: he could come to Germany. They could stay in the same town as we mother. They can stay in the same town as we and for jobs it could be no problem. Because

Yogi: you can give him a job.

Shri Mataji: very good at English. Marcus is very good at account. He is very good at account. And only thing is you see, he comes from a family where they were well off once upon a time very well accountants. And his mother is still in Venice and some place like that. Such a family it is. But he is very suitable for her I think.

Yogi: it will be quite interesting to see Marcus; will be quite interesting to see Marcus was very slow very.

Shri Mataji: yes, we are done.

Yogi: he was speedy.

Shri Mataji: absolutely speedy fellow, will be a good idea.

Yogi: Marcus and Sofia.

Shri Mataji: I don't her name but Marcus would like, will have to see.

Yogini: who was this Marcus? How old is he?

Shri Mataji: he is about 30 I think. He is 30, he is about 30 I think now must be.

Gregoire: would you like some more chicken mother.

Shri Mataji: no no, I am just trying to finish this that's all.

Yogini: age is perfect between them.

Shri Mataji: age is perfect. When he came first to Me, he was 26. Now how long have you been with Me Gregoire?

Gregoire: how long? When I met you, how old I was?

Shri Mataji: no no, when did we go to what that place is called?

Gregoire: Scotland.

Shri Mataji: Scotland.

Yogi: three years ago Shri Mataji.

Shri Mataji: so he must be now 39 or something. 29 sorry must be 29, alright about 28-29. She is 28.

Yogini: I don't know mother.

Yogi: she is at least 29 mother. She has a very pure Mooladhara mother. When she went to Germany first to see her brother she said that she was having diarrhea for few days.

Yogi: mother I must say that I said that I could have seen her meeting the wife of Thomas that could have been a nice picture you know.

Shri Mataji: it could be a solution for Marcus also I think. She is an accountant and everything __1:05:20__ coming down.

Gregoire: I am little bit afraid that she may be a bit strong for him because he is quite I mean his move.

Shri Mataji: he was quite strong now he has come down. A very strong in back. Extremely he had problems with lots of them, that's our idea.

Yogini: mother you were saying that he was an accountant. He could be very useful in Rom there is a hotel to manage because in Rom, we have cooks and we have every kind of people for the hotel but an accountant we should need.

Shri Mataji: you should have an accountant.

Yogini: accountant would be very useful in Rom.

Shri Mataji: we can give him many accountant from

Gregoire: that is absolutely mother to send the English people having jobs in Europe.

Shri Mataji: he may get a job there.

Yogini: well if we receive from Shri Hanuman a hotel, a restaurant, an ashram an accountant will be very necessary.

Shri Mataji: you have many accountants. He is of a good family but his family is ruined now, finished. His mother is gone to _1:07:15__ father is something. What is it to some sort of a contractor or something, doesn't give him any money. We have so many accountant, our John is a big accountant himself, you could have another accountant. We have so many accountants. We have this one, the one got his epileptic attack what is his name? Norman.

Yogi: Norman got an epileptic attack.

Shri Mataji: he is the one who is having a business.

Yogi: I thought he was totally inactive and he apparently was doing business.

Shri Mataji: you know he had a big business. A shop of liquor which he sold. Then he shifted to the ashram. There he started his business without telling Me.

Yogi: what business was it?

Shri Mataji: he started selling cloth; he got all the stock in the ashram.

Yogi: maybe didn't know you see just ignorance mother.

Shri Mataji: I know I forgave him.

Yogini: do you want some more mother.

Shri Mataji: no no, out of question. I have eaten three of these. It was good.

Yogis: it was very very good.

Shri Mataji: and I have just told Rustam how to make it __1:09:05__

Yogi: very very __1:09:10__. We should learn that recipe.

Shri Mataji: he has a brain; Rustam has a very good brain no doubt.

Yogi: that is why he is doing good cooking mother.

Shri Mataji: without that how can he. Now for example if you have to do it then none of us can eat.

Gregoire: I know mother __1:09:32__ divine, what you told that other day. I think you all know that story there was machindranath, but I have a good CIA service, so I know the story already. Machindranath was playing and he was putting a little cube in a hole. Mother said yes he is intelligent like his father he can do this he can close this little box. But I am not sure that his father can do that.

Yogini: mother if I may I want to check in the defense of my big brother, he makes excellent omelets.

Shri Mataji: I have heard that. But he has not made one for Me how am I to pick it.

Yogi: mother, I am too humble for that mother.

Shri Mataji: I tell you mostly the intelligent people don't know how to cook, that's one thing about them. I have seen it in India if somebody is intelligent, he will not know how to cook some or other then I sometimes think if I know how to cook that means I am not intelligent. That's what you have to decide now. You see I have seen people like My husband he has no sense, this much. How can you teach him? He doesn't have any sense of any kind. Only what she has got is nervousness, you see, this will burn that will burn this that, that's all. Rustam has really done a good job. (Hindi) you also eat, you are just.

Yogi: it's really excellent really, really excellent.

Shri Mataji: somebody has really enjoyed.

Yogi: you see, question of love.

Shri Mataji: you know Rustam did what. This I tell you.

Yogi: yes, you could tell them Shri Mataji.

Shri Mataji: Sir C.P. and Kalpana was there I think Kalpana, Aradhana, Anupama, Prabha and Me we all went to Derbyshire, and we agreed to go all of them and went out and try to somehow put this, so Rustam said I have done the biryani its left there, when you go in the afternoon, so you see we were waiting waiting for the food, My program was in the evening, so it took about 3:30, we didn't know what was happening, Hester and Kalpana were both busy in the kitchen, so I went down and said," what are you doing," so Kalpana said," mummy Rustam has cooked a biryani." I said then you just have a look, you see, "how can we improve it." So I went and saw, it was all rice and absolutely raw absolutely raw, and the chicken was not yet cooked, so they started cooking it, separately they took out the chicken separately and they started cooking it and the rice was left as it is you see, but C.P. was very you see, he said you don't tell him poor thing, he has done so much and after all you are not to tell him that it is spoiled and this that. I said no no; we are not going to tell him about that. So some or other that chicken which was all raw was cooked somehow with all the mixed rice you see, and we ate something at the lunch, you know, he slept off and then we got up, and then Rustam came and said, "how was the chicken," he said, "oh excellent, it was very nice." But I think he went and opened the.

Rustam: I was very suspicious and I knew that it was near disaster.

Shri Mataji: so he was suspicious and he went on asking Me and asking Me you see. So I didn't tell him that day but then I said Rustam I better tell you and he was shocked.

Yogini: mother you never told me, how was the dish that we prepared for you when the ambassador of the Spain was in your house, with the wife and the children. The __1:14:24__ with tomato and parmijana is called.

Shri Mataji: we do make the same thing. It was very well done. We make the same thing, you see, our cooking is very much the same except this pasta business we don't have much, because we don't eat this white flour. But we eat very thin ones like that otherwise; our style of cooking is quite the same. It was very nice you have put some cheese and all that. Very nice it was.

Gregoire: mother when you started you don't know what Rustam has done it reminded me another story in relationship with your daughters, I don't know if you know this story already. It was in Ashley garden, when I was leaving for Switzerland and I was leaving mother, mother was near __1:15:25__ sofa and then she walked away, and I saw her chapals there on the ground and then I said oh well I will take the chapals of mother to worship them at home during my holidays, so I took the chapals of mother

which is very auspicious, and of course in my room okay, and so I put them on the table and every morning I was bowing and so on, and then after the holidays, I returned in the Ashley gardens and then I put the chapals and then Sadhana saw them on the floor and then Sadhana suddenly said, "mother my chapals are back where were they."

Shri Mataji: he never asked Me. My feet are slightly about the same but slightly little longer. I do not have big feet.

Gregoire: I don't have the eye of Shri Adi Shankaracharya, mother.

Shri Mataji: we had such fun I tell you. What do you call that pineapple dish that is more __1:16:46__ more dish.

Yogini: it is parmijana.

Shri Mataji: parmijana.

Yogini: yes mother, it comes from parmijana the cheese which we put on.

Shri Mataji: parmijana, from what part is the __1:17:09__ parmi or jana.

Yogini: parmijana is the name of the cheese. It is just the name of the cheese.

Shri Mataji: oh it is the name of the cheese parmijana.

Gregoire: so I think now, the pure name of the cheese is no melanzanie ala parmijana. That means obergin in the way of parmijana, the style of the place this part of the Italy is parma parmijana.

Yogini: where they make this special cheese.

Shri Mataji: parmijana.

Yogini: that we also put on the pasta.

Shri Mataji: so what do you say to this thing to egg plant?

Yogis: melanzanie.

Shri Mataji: melanzana.

Yogini: melanzana, yes mother. Italian is very easy.

Shri Mataji: melanzana. We call it bengan. Some people call it in Marathi wangi. Maharashtrian people call it wangi.

Yogini: there are few words that are the same in Sanskrit and Italian like the one that you told me in Rom chawi; it is the word which means key chawi.

Shri Mataji: chawi, chawi comes to us not from Sanskrit. It comes to us from Persian, chawi. It is a Persian word.

Yogi: basta

Shri Mataji: basta.

Gregoire: basta, bas, basta means enough.

Yogi: like bas.

Shri Mataji: bas

Yogini: it is the same.

Shri Mataji: that also is Persian. Bas is also Persian. You say basta, is Persian that's Persian. You see because I am sure lots of Persians must have come down, Arabic people must have come down. They were ruling Italy isn't it, some of this, basta. Ah so much food. But the way, you see they pronounced the words ____1:20:15____ style but in Europe it is I think French and Italians are known for cuisine no doubt French and Italians. That is surprising how many languages you can speak you know 3 or 4.

Gregoire: in one day if you said everybody should know more than one language. Then you said one should at least know at least English of course but then either Hindi or Marathi. German French Italian and Hindi wouldn't exist in your counting.

Shri Mataji: because if you have to listen to me at least English you should learn. Because after all you will miss lots of points like today you know which he missed so many points.

Gregoire: this is certain mother that is one of the reason it would be very nice.

Shri Mataji: but Sahaja Yoga is a very subtle thing I tell you. And there are lots of subtle things and if you miss then you will miss the whole thing so why not have the ____1:21:51____ I have learnt English you will learn English also that is not my mother tongue or father tongue. I have picked it up.

Gregoire: but then what to learn Hindi, Sanskrit, Hindi, Sanskrit, and Marathi.

Shri Mataji: if you know Sanskrit you will learn Marathi or Hindi very easily. There is no problem, because you know the roots.

Gregoire: I would like to learn Sanskrit.

Yogi: although we could have Sanskrit courses. You said that German is very close to Sanskrit.

Shri Mataji: that is what they say but I had been only able to find one word is du.

Yogi: no mother, another word is tat.

Shri Mataji: tat means that.

Yogi: and tatsache means fact.

Shri Mataji: tat sach what.

Yogini: tatsache.

Shri Mataji: also we don't have this `h`.

Yogi: it is like in Arabic.

Shri Mataji: Arabic yes, but sach is not a Sanskrit word. Sach is used in a colloquial way, very very rustic sach. Especially I would say Kabira has said this word sach. Sach is the essence of the sach. But sacher is a Marathi word. Sacher I think must be close to Marathi may be German.

Yogi: actually sache means a thing Shri Mataji.

Shri Mataji: thing.

Yogi: thing.

Shri Mataji: sacher and sugar.

Yogi: and sugar is Zucker.

Gregoire: because we have taken the sachertorte of the sacher hotel.

Yogi: sacher is the name of the place isn't it. You see sacher is the name of the hotel Shri Mataji. So that is why it is known as sachertorte which is quite famous in Austria.

Shri Mataji: we had this famous cake. Sacher. Sache means vastu mean the thing.

Yogi: but where German is similar Shri Mataji to Sanskrit is the grammar. The way the verb changes.

Shri Mataji: then it is not similar. You know that way you can say that Marathi is similar to English. Yes, then it is something like that you see the grammar.

Yogi: but they have this system Shri Mataji of prefixes.

Shri Mataji: ___1:24:55___

Yogi: also they have this system of prefixes which changes the meaning of the verb. Like we have in Sanskrit like gaccham agaccham.

Shri Mataji: that is nothing similar you see that you see it is a very different language. You see our say Hindi language is same as English language as far as grammar is concerned practically.

Yogi: yes, the grammar is identical mother.

Shri Mataji: same style, but what I must be lots of words, for example is sacher may not be. These are all Persian words. Kha as you all know is not in Sanskrit at all, is against the vishuddhi chakra, your kha, gha, ga. Your gha.

Gregoire: mine

Shri Mataji: ra.

Gregoire: French ra. I cannot do the ra. None of us.

Shri Mataji: rhuth is bhooth. Rhuth we call some bhooth. Ga just like this ga special. Ga for Ganesh. In Sanskrit language this words are not there. We don't use this part at all.

Yogini: Persian language is coming from where. The hruth of Persian language from where is it coming from.

Gregoire: where are the hruths of the Persian language coming from?

Shri Mataji: Persian language this Persian itself all the same I should say must be Italian or something.

Yogini: Latin because Italian is Latin so.

Shri Mataji: Latin language, this Hebrew is also there. You see Hebrew language is different may be from Hebrew or Persian language.

Yogi: old Persian Shri Mataji Zend Persian was from Sanskrit. But at the moment the Persian comes from Arabic.

Shri Mataji: the old Persian comes from Sanskrit.

Yogi: because in the parsis have met pravaruna and all the devas are mentioned.

Shri Mataji: ah the old Persian which was before I mean after Zorashtra is definitely Sanskrit very much no doubt. But this modern Persian is Arabic. Now what is the root of Arabic?

Yogi: Arabic is a to big separate system. Arabic Hebrew they are all in this side. They all started in this side mother. They have nothing to do with Sanskrit.

Shri Mataji: with Latin.

Yogi: nothing to do with Latin.

Shri Mataji: you see because Latin and Sanskrit are sister languages, so Persian looks like latinisch but I think the modern Persian is very.

Yogi: it has nothing to do with Shri Mataji, it is Semitic may be, but Latin is similar to Sanskrit mother. Latin is very similar.

Shri Mataji: very sanskritized very Sanskrit. You see they say to center kendro.

Yogi: and also Shri Mataji to fire they say Agnes, for fire Agnes.

Shri Mataji: Agni

Yogi: so similar.

Gregoire: mother we are sorry we are just forgetting that you worked.

Shri Mataji: formally I must leave.

Gregoire: you worked so much. We just say your mantra before you leave.

Three Maha mantras

Om Twamewa Sakshat Shri Mahalaxmi, Mahasaraswati, Mahakali, Trigunatmika, Kundalini Sakshat Shri Adi Shakti Sakshat Shri Bhagawati Sakshat, Shri Mataji Shri Nirmala Devi Namoh Namah

Om Twameva Sakshat Shri Kalki Sakshat Shri Adi Shakti Sakshat Shri Bhagawati Sakshat Shri Mataji Shri Nirmala Devi Namoh Namah

Shri Mataji: May god bless you

Om Twameva Sakshat Shri Kalki Sakshat Shri Sahasrara Swamini Moksha Pradayini Mataji Shri Nirmala Devi Namoh Namah

Shri Mataji: May God bless you. I must say, I did not realize, I did not realize that I was using a colored sari till now.

Yogi: but it was very nice.

Shri Mataji: for a program. Gregoire I am going to try, so let us see.

Yogis: thank you Shri Mataji. Shri Nirmala Devi Namoh Namaha, Shri Nirmala Devi Namoh Namaha, Shri Nirmala Devi Namoh Namah

1982-0928, Interview

View [online](#).

28 September 1982

Interview

Vienna (Austria)

Talk Language: English | Transcript (English) – VERIFIED 1982-0928 Interview Vienna Austria

Interviewer: Aww that's interesting, that's most interesting. I listen to All India radio quite a lot at home at short wave. [Shri Mataji laughs] wonderful. Fine, but I think we can record.

The interviewer addressing to the cameraman/Technician: You are ok? Are we running? Good.

The time is ten past seven which is the evening rounds up on Blue Danube radio with Alan King My guest tonight is Shri Mataji Nirmal Devi Indian spiritual leader and teacher of Sahaja Yoga. She lives in London and she married to the Secretary General of the International Maritime Organisation of the only UN Agency based in England and she is here in Vienna for just a couple of more days.

Mataji many welcomes to Blue Danube radio, thank you for joining us here.

Shri Mataji: Thank you very much.

Interviewer: Now there are many types of yoga, your particular form, what is its purpose, what is particular and special about it?

Shri Mataji: Sahaja- Saha means with and ja means born with you. So, it is a Yoga means the union with the Divine is born with you. This right to be united to the Divine is born with you. And is spontaneous. Means it happens through a living force of the living God. It is a living happening, the living happening of any evolutionary process. So, it is the breakthrough of the last which Yung has described as we have to be collectively conscious. So, when this thing happens to you, this happening takes place within you, you become collectively conscious.

It is no brain washing, it is not organising something but it is actually happening and you can see with your naked eyes that at the sacrum bone you see the residual power of Kundalini pulsating, you also can see its raising, you can feel it on top of your head in the fontanelle bone area and you can also afterwards when it breaks through feel a tremendous cool breeze blowing out of your own head. So, one must know that the living processes are done by the power which is All-Pervading power of God's Love. And we cannot do it. We cannot do our yoga. It has to happen through this spontaneous happening of God's blessings.

Interviewer: You mentioned there the power of Kundalini. What is that mean?

Shri Mataji: Power of Kundalini is that, that within us is placed the UNCLEAR(primula/primuled) – the Germinating power of this happening in the sacrum bone. Now, the Sacrum itself means sacred. That means Greeks knew about it that this bone is sacred and in that this Kundalini, the power is placed. It is coiled in three and half coils. And this is what we call is the reflection of the All-Pervading power of God, which we call in Christian languages – Holy Ghost. While this spirit which is the reflection of God Almighty resides in your heart. But the seat of the Spirit is on top of your head. So, when this Kundalini rises, She touches the Spirit and then you reach a subtler awareness which is higher than human awareness by which you become collectively conscious. You become.

Interviewer: I would like to discuss with you in a few minutes exactly what feeling you get and what affects you but you mentioned also the word spontaneous something which you can't make happen or simply occurred but don't you help people to achieve this?

Shri Mataji: Yes, it is something like this-one enlighten light can enlighten another light.

Interviewer: Aha.,

Shri Mataji: For example, if you get your realisation, if you become realised and you know how to raise the Kundalini, such a person is called as a Sahaja Yogi, if you become that you give realisation to people. There was one gentleman who got realisation and he gave realisation to ten thousand people in Indian villages. One person.

Interviewer: But how long would that take?

Shri Mataji: That takes a very short time.

Interviewer: Really?

Shri Mataji: Is a split of a second actually. But if you have some hangs up, if you are a problematic person or you are complicated then it takes a little time. But it works out with everyone I have seen, it has worked out.

Interviewer: I believe you have a very strong views on some of the other gurus or so-called gurus some who appeared to disappear with large sums of money. People would charge their followers to come and see them. What are your views on that?

Shri Mataji: You see, western people are so naive, they don't understand that how can you pay for anything that is the gift of God? For example, now you breath. Do you pay for that? Do you pay for a seed being sprouted by the Mother Earth. But the Mother Earth has got the quality- if you put the seed in the Mother Earth, it sprouts by itself. In the same way when you place yourself in front of a person who has the quality to raise the Kundalini, the Kundalini raises whether it is me or you it does not matter.

Interviewer: But I think the gurus who do charge would say that to do their work they need money, they need premises, they need buildings so the money has to come from somewhere?

Shri Mataji: No, they live on it. They are parasites. They live on it. They do not just collect money only for the buildings or anything, they collect money because they want to have nice time. They enjoy that money. Its parasitic. I mean any person would not accept a parasitic life. Means they are even lower than you. So, how can they be your gurus who take money from you? You cannot charge money for it. That's one thing you is sure.

Interviewer: How in that case do you personally financial work?

Shri Mataji: See, I don't need much finances. For example, now I am working in London. My husband is posted there, he looks after me and he pays also partly for my travelling mostly and I also there are some books that are written and little money comes out of that and it can be managed and the boys have taken some place on hire where they live and they manage their own show. I don't need their money at all. What is the need?

Interviewer: So, you feel that it's something you should do for no payments and obviously you are doing this work do you feel a compulsion to do it? Do you feel you must go out and do what you are doing?

Shri Mataji: Yes, it must be shared otherwise, you don't enjoy it. It is to be shared. It's like I would say I am the greatest capitalist in the sense that I have all these powers within me and I am the greatest communist because I can't live without sharing it.

Interviewer: How do you discovered you have these power?

Shri Mataji: As I would say that as we discovered we are human beings in the same way I knew that I was like that.

Interviewer: And what did you do about it when you made that discovery?

Shri Mataji: You see actually my father was himself a realised soul also and I could discuss with him and talk to him and he told me that first of all you must find out a method by which you can give a mass realisation. Because anything that is done individually, is always in danger of being destroyed. Like one person is saying something and the others don't understand, that is a very difficult situation. Supposing somebody is born in the tenth floor and he sees something in the tenth floor and others are all on the basement, they can't see that. So, it is better to raise them little higher to see that there is something beyond. Otherwise, they will never understand it.

Interviewer: I believe for one time in your life you worked with Mahatma Gandhi?

Shri Mataji: Yes, I was with him when I was a child absolutely in my childhood and I worked with him in the sense that he used to be very kind to me and he asked many questions about how to deal with the spiritual

Interviewer: talks over a phone ...

I am sorry I will ask you a question again will take that point I had to cut the tape afterwards, I will ask you once again. I believe in your childhood you worked with Mahatma Gandhi and you knew him. What sort of experience was that?

Shri Mataji: Mahatma Gandhi was a very practical man and we needed him very much for the emergency to had to get our freedom and he brought the, we can say the ship to the shore but now we cannot carry the ship with us. Now we are free people and we have to think about our spiritual growth.

Interviewer: What sort of man was he? What sort of memories do you have with him?

Shri Mataji: Tremendous. One has to learn a lot from him specially about money as you were asking me questions about money. He was so particular about his public money that he used to save it more than his own blood. And I have seen him doing it even one single pie could not be wasted. He was a very honest man. Extremely honest person for the public money.

Interviewer: Now, lets get back to your work as a spiritual leader, when somebody comes along to one of your lectures, what exactly do you teach them and do you do anything practical at that time?

Shri Mataji: Yes, very much. It is all practical. First of all I explain to them what it is and how it works out, what subtle centers we have within us, also I give them the medical gross names which are manifested by the subtle centers and explain to them scientifically all those things, and then I just tell them put their hands towards me just like as you do Namaz sort of a thing. And when they put their hands towards me, suddenly they find a cool breeze starts coming out of their head and they start feeling the cool breeze in their hands. But there is a big mechanism behind it. Like a switch if you put on here, you see, it is not only just a switch that you put on it works out, it has a big organisation behind it.

So, there is a big Divine organisation. Then gradually I teach them what are the Divine laws and how it works out and also, I teach them how all other incarnations are related to each other, how all other religions are related to each other in their essences and how human beings have killed all of them, and our fighting about the dead things.

Interviewer: And when you actually do the practical work when people put out their hands towards you, does it work for everybody?

Shri Mataji: Practically it works for everybody. But some people take more time. Supposing somebody is a patient of cancer, they

takes time. More time than others. Somebody who is supposing a mad man, even mad people have been cured with this. So, you will be amazed that even a mad person can get realization. So, they take more time, their reactions are little different. But practically everyone who has come to me has got it.

Interviewer: And when this actually happens? What feeling does a person get apart from the cool breeze, what long term gain is to the person?

Shri Mataji: See, the cool breeze is long term all the time is the cool breeze is nothing but the all-pervading power of God. And this all-pervading power first time we start feeling it because it is subtler and we have to become subtler. And when our awareness becomes subtler, then only we start feeling it, we start using it. Now, this power has got a power above all other powers I would say. Obviously, you can see that you can feel another person's centers. You can feel your centers because the fingers denote which problem you have because these centers are represented on the finger tips and as I would say Mohammad sahab has clearly said that your hands will speak when resurrection time will come. Like that our hands start reporting. Supposing, you want to ask a question 'Is there God?'. Immediately tremendous breeze will come and say yes. If you want to ask about a guru, whether he is a fake guru or a real guru, just put your hands and you can see that it becomes hot. Sometimes even you get blisters on your fingers you see if he is a horrible evil genius, you get blisters for a short time like that. Apart from that, you get the power to raise the Kundalini of others.

Interviewer: Its not something which you would think people should do that if somebody has this enlightenment this ability something they should go out and do, to help other people?

Shri Mataji: Yes - You see, it is like you don't put the lamps under the table once you are enlightened you want to give. Because you become so relaxed and so blissful and your tensions all disappear and you become a different person. Like an egg becoming a bird, you see the bird must fly.

Interviewer: Ahaa, and when you are actually, when you taught somebody how to achieve themselves, how to realise themselves, how do they then continue your teachings in their day-to-day life? Is it a long time consuming process of exercises every day? What does one actually do?

Shri Mataji: You see, there isn't much exercise in our Sahaja Yoga but, we do use exercises in case you have some physical problems with your centers because also the centers are placed in your spinal cord and there could be some problem, physical problem there. So, we tell them the exercise which is to be taken for a particular center, then also we tell them how to raise the Kundalini of your own so that more strands of Kundalini open up to give you greater vision of Sahaja Yoga. And also, we tell them how to maintain and establish it. Once it is established, it is there. But it makes a person absolutely dynamic because he is so relaxed. Even the enjoyment of life is so great and the satisfaction is so much that it's a different life altogether.

Interviewer: But if somebody is so relaxed, doesn't it make it difficult for them to perform in their job if they have a job which puts them under stress?

Shri Mataji: Oh, they are much better off, because those who are in tension are creating trouble themselves and for others. But when you are relaxed, you can see it much better. You are a witness of a whole thing. You know how to solve the problem, you know how to do it and your dimensions are much more.

Interviewer: You're based Mataji in England normally in London I believe and you are here just for short time, will you give the time and dates of when people can see you in a couple of moments, but when you are working, whatever the parts of the world you are in? What sort of age group most of the people who come to you see you?

Shri Mataji: I would say from any age to any age. I just can't say. But mostly these are the young people I would say from about sixteen to forty years of age or forty-five years of age mostly they are. But we have elderly people also, and very small children, newly born(s) also can be realised souls born, because these there are so many children who are born realised. People don't

understand what they are like. But we know what they are because they give vibrations, they understand vibrations, they suggest vibrations. So, we have all age groups. And you will be amazed to know in England we have two boys UNCLEAR, and one gentleman who has studied theology and all that who got realisation. Three of them went to Ireland, a place with such violence and all that. And that is the place where they went and give realisations to seven hundred people.

Interviewer: Really?

Shri Mataji: Yes, it's tremendous. And the whole thing will change when this takes over.

Interviewer: Do you think that will happen, do you foresee that happening within perhaps our lifetime?

Shri Mataji: Of course, of course it has to happen. The time has come. This is the solution of all our problems.

Interviewer: And when you, which is obviously an international thing once talking about, when you are travelling, I know you have been travelling to Australia and other countries, do you find an equal acceptance of what you are teaching people wherever you go?

Shri Mataji: Of course, in India it is much more because they know what to expect. They are educated in it you see, they are more cultivated. But not the westernised Indians, it is the Indians who are really Indians- the villages. So, I work in villages and we have thousands of people as my disciples and they are curing people, they are giving realisations, they working it out on their own and they lead a very normal life. But even Australia I would say is another tremendous country which has shown lots of potential. And we have now about seven centers in Australia and twenty-six centers in England.

Interviewer: But you must be having to finance those centers somehow which brings us back to subject of money?

Shri Mataji: No, they finance themselves. You see it is like this as I told you they takes some place say ten boys together or boys and girls, they take a place on hire and they stay there and they just do the work. Nowadays in the west, especially, they are all unemployed people. So, what they do, they take a place, live there and they get employment with God. And they don't feel that frustration of unemployment.

Interviewer: Now, when you are giving a lecture on demonstrating yourself, do you ever feel, oh I am tired and I don't feel like it? Or do you always enjoy what you are going to do?

Shri Mataji: Oh, I love it.

Interviewer: Every time? Really?

Shri Mataji: Yes, I feel released. When I give them, I feel released. Because it's like a load on me. I must release the vibrations. That's very important for me.

Interviewer: I believe you once actually cured the president of India of an illness?

Shri Mataji: Yes, in a way I did cure him. He had gone to America for his treatment and I had gone with my husband to see him and in the aircraft. I mean when he was coming he was very serious, absolutely serious as if something is going to happen to him. And then his wife realised, somebody told that I am so and so and she had heard my name, so she asked 'why don't you cure my husband?'. He was a great man I should say because I just put my hand on him for ten minutes and he felt absolutely alright, relaxed. He said 'I'm going to sleep now'. And he walked down. When the plane reached here, he walked down. And he told me that even the line of his operation is alright. This doesn't show. So, it is true. It's true.

Interviewer: That must be a fantastic gift to have. So, how do you feel about it?

Shri Mataji: Oh, I just feel it just thing that happens. It's a nothing to be proud of in any way, nothing to be to think that you have done something because if you are the part and parcel of someone, you are part and parcel of me supposing, like my finger is supposing I tried to sooth my finger, I don't feel I have done something great for my finger. When there is nobody is the other, then you don't have such feelings, you just feel its to be done because it's part of me.

Interviewer: But don't you feel it's something you can do which very few people can do with it, you have to get some sort of a recognition of fame or claim some way for it?

Shri Mataji: No, for what should I get claim? Because you see the thing is just recognition, I am not seeking elections, I am not seeking money and as you know by God's grace my husband has very big fame so that also we don't need. I just don't understand why people run after fame which is false. One should not run after fame which is false because they all drop off. There is no need to have fame. What's the need to have fame also, I just don't understand.

Interviewer: Well, what about the future? When you finish here in Vienna, where do you go to? Back to London?

Shri Mataji: No, we, after London I mean this is the third time my husband is again unanimously is elected and somehow they like him very much perhaps all these countries who have elected him and I hope they found to re-electing but I hope he retires now

Interviewer: Aha,

Shri Mataji: because he is very hard worked and I would like to go to India, but I don't know what is his future is, but I travel so much and he also travels a lot that practically I am in England for at the most three months or so.

Interviewer: So, you must be busy, must be tiring I would think?

Shri Mataji: It doesn't tire me so much but sometimes this over travelling sometimes one feels that one should rest but when I am tired, I am better off my vibrations, I may not be able to talk much when I am tired but the vibrations emitted are much more.

Interviewer: Now, you got one more lecture to go here in Vienna, you have given to already. How well have they gone? Have you heard a good response?

Shri Mataji: Very good response. Yesterday we had one and we had lots of people, very good quality people and about eighty people got realisation, wonderful people. I was really amazed. I didn't hope on the for the first day I didn't expect it apart from that this is the first visit to Vienna. First time I have come to this place.

Interviewer: And is there anybody welcome to come and see you who wants to come along?

Shri Mataji: Yes please, I would be very happy, they can come and see me here or in London I am there and we have two Ashrams. In London where they have given us two Unclear (co-ops) two big places where we are operating also.

Interviewer: Oh, thank you very much for joining us,

Shri Mataji: Thank you very much.

Interviewer: Anybody who would like to see our guest tonight Shri Mataji Nirmala Devi, the time is 6:30 tomorrow which is Thursday no, it's not. The time is 6:30 on Thursday which is 30th of September and the Urania volkshochschule which is at Uraniastrasse number 1 here in Vienna and thank you once again to Mataji Nirmala Devi for joining us on the evening round for from Blue Danube from me, Alan King, thank you for listening and I will see you tomorrow. Have a good evening, Good bye now.

Shri Mataji: Oh, Thank you very much, very nice talking to you.

Interviewer: It was lovely to meet you.

Shri Mataji: Lovely to meet you.

Interviewer: I would like to...

Shri Mataji: I hope you will come and see me sometime.

Interviewer: I was going to say, I would like to very much.

Shri Mataji: Yes please. Should I give you my phone number?

Interviewer: Could you please, that would be so great..

Shri Mataji: Alright, I am so bad at it, I will ask her to tell you my phone number, I am really hopeless in all these materialistic worldly things.

They will tell you my phone number. Please come and see me. And we have lots of people there, you would like to meet your friends there, and very good clever boys, very intelligent, and the way they are fighting all these gurus is really remarkable

Interviewer: Really?

Shri Mataji: We have such problems of gurus you can't even imagine, you must put your attentions to it you see, all your young generation will be ruined if you don't. Drugs also we have corrected, drug addicts and all that but worst are the gurus.

Interviewer: Yes, that is very bad.

Shri Mataji: Can you give him my phone number?

Yogini: Yes, Shri Mataji.

(Shri Mataji asking a yogi about the interview.)

Shri Mataji: How was that?

Gregoire: I felt he asked three intelligent questions.

Shri Mataji: Oh, he is an Englishman, I always....Discontinued...

1982-0928, Without the ascent of the Kundalini, you are not in touch with reality

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28 September 1982

Without The Ascent Of The Kundalini, You Are Not In Touch With Reality

Public Program

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I bow to the seekers of truth. I do not know what he told you in German language. Yesterday as we were discussing about the centers that are within us. We will continue to do that today again. Within us is placed this residual energy in the triangular bone - called as Kundalini. This is the energy of desire which is not yet manifested. It is pure desire and it is the ultimate desire. It is the desire to be one with the Divine. We can say the Union with the Divine. That is the yoga. This is placed in the triangular bone which is called as Sacrum, means sacred. The Spirit, the reflection of God Almighty, is placed in your heart. But the seat of your Spirit is on top of your head here. Like as you may have the king moving all over the places, but the seat is a fixed place. Unless and until this union takes place, the manifestation of this residual power does not take place. This manifestation has to take place. This is the last breakthrough of our evolution. This is what has been described as the second birth - as the baptism. It is also in Sanskrit language is called as the second birth, like an egg becoming the bird. So bird also in Sanskrit language is called as Dvijaha - means twice born. This happening has to take place - has been described by all the scriptures.

But instead of finding out what is this, people have artificially started some mental projections out of the reality and have created an artificial cosmos of religions. The people who incarnated on this earth to help us and those who tried to give us the fundamental basis of our existence and the idea as to what should happen to us were real people. But later on as the people were not connected with God, were not realized souls, were not twice born, all artificiality started growing around them. That is how we see how in the name of God people are killing, having wars. This cannot be explained by any sensible person why people take to such horrible violence in the name of God.

Without the Realization, without the ascent of the Kundalini, you are not in touch with reality, with the All-Pervading power. The All-Pervading power is everywhere in a very subtle way. In a molecule it oscillates the different atoms in different ways. In animals it pulsates. In the plants it transforms into different shapes and different stages. It classifies. For example, a apple tree will give apple, and a rose will give rose. All this sorting out is done by this very dynamic All-Pervading power of God's Love. But we take all these things for granted, because we do not feel it. To feel it, one has to become subtler. At this human level we are not subtle enough. There has to be a breakthrough. Unless and until we have that breakthrough, we cannot understand the relationship with the Absolute. We live in a relative world all the time, and that is why there is a confusion. Unless and until we find the Absolute, we cannot sort out this confusion, what is right and what is wrong. And that Absolute is the Spirit within you, who at the time when we are human beings is just a witness of what we are doing. It witnesses the field of our work, but it does not in any way activate itself.

Yesterday I told you how there are two types of people, one are right-sided, another are left-sided. And there are third type of people who are seeking God. The left-sided people pay too much attention to their emotions, to their past and live in the past. And the right-sided people live in the future and act through their physical and mental being. But the people in the central path do not go to this extreme or that extreme, but reside in the center and try to find their Absolute. How we go into extremes is very interesting to see. For example if there is a doctor, he sees a person as a physical being. He doesn't see him as a mental being or as an emotional being. If there is a psychologist, he sees a human being as a psyche only, because there is no integration. Once you get to your Absolute, everything gets integrated, because the relationship between everything is through the Absolute. So people put in this theory, then they discard it, they put in another theory, they discard it, then they come up with another solution, they discard it. They are all groping in the dark. And when they are groping in the dark, if you have to tell them that, "You have to

just put the lights on," they don't like it. They get identified with their theories to such an extent, and they are so much blinded by their mental projections that they don't want to see that there can be something absolute which is beyond thought, beyond mind. We are talking about this All-pervading power. It pervades into everything. So it is unlimited. So to know about this unlimited energy, how can we use this limited brain? Even to come inside this hall I had to leave My limited car outside. So one has to know that, if you have to go to unlimited thing, you have to have a breakthrough. You have to jump into that kind of an awareness by which you can realize the Absolute. But in the seeking as I told you also when we put in an effort, we go to the left or to the right. So we go towards the collective subconscious or towards the collective supra-conscious.

Our evolution is a living process, it is not a dead process. We say we have come from monkeys and other animals, what did we do about it? What effort did we put to become human beings? What theories did we propound to do that? What books did we read to achieve it? Or how much money did we pay to get it? So the spontaneity is the quality of the living process. And the living process cannot be explained through mental process. For example, how will you say that this flower becomes a fruit? At the most you can say, this happens, that happens, but why? How? You cannot answer the question why. It is said that in the human beings the acetylcholine and adrenaline - two medicines which are we can call them as just chemicals - act in a very different way. All right? Are you understanding that? All right? (Laughter)

So adrenaline and acetylcholine act in two different ways - if either they augment or they relax, it is not easy to explain why they do it. So the honesty of the scientist is that they say, "We do not know why this is the mode of action." Even if you are honest, then one has to realize that we do not know. So we have to know about it.

As I told you the other day, that this is the knowledge about the roots. West is like the shoot which is outside, obvious, one can see. But the roots are in the East. Maybe the climate in that country or maybe some previous arrangements that the people are more interested in the roots than in the shoot. Makes no difference because the roots have to depend on the shoot and the shoot has to depend on the root. But one should be open also to the knowledge that is not yet known to us. Anybody who tried to speak about the roots was poisoned, tortured, or crucified. Now if you are really intelligent, and not intellectuals, then we should understand that there is much more than what we know. When I'm telling you about the Kundalini and all that, you need not accept Me blindfolded. And also you should not deny it. But with an open mind, see for yourself that once you get your Realization you will be able to verify everything that I say. But before Realization I cannot talk to you about it. I may tell you about it, but you will not know. If My eyes are closed and somebody tells Me there is red color and there are wood and people are sitting like this, I will know it in the mind but I will not experience it Myself. This is the only thing that is missing now. If once you discover the Absolute, all your problems will be resolved completely, because this Absolute is the collective being within you. Once it gets awakened or when it comes into our attention or into our central nervous system, we understand everything in the new light.

So, now we have yesterday discussed about these centers of first, second and third in a way. The first one is that of the innocence. That I said was the - our 'original sin'. If we had remained innocent, there would have been no problem of any kind. God gave us our innocence, and also gave us freedom, and everything that was possible to live there. But that time the freedom could not be borne by people and they thought it is better to disobey God and find out for themselves. This original sin is still going on. But that innocence, when it broke, we started developing our ego, through which we try to find about this and find about that and go in all directions. Every direction we moved was a linear direction and all our movements fell down at a point.

Now, when we know that we have these centers within us, we should know also that this last center, which is the center of innocence, plays a very, very important part in our life. Innocence is the basic of wisdom. When the innocence is lost then you lose your wisdom. And you start becoming something for which you are not made. Yesterday when I said about Freud, many people left the hall. That is not the way to face reality. You must try to listen to Me. I am trying to tell you what happens with these perverted ideas. Because innocence is lost he took full advantage of us. He told us that there are inhibitions between parents and children and all that - is something shocking. It is not to you, but to any innocent person, say in India or any place, it's really shocking. How could he think of us to be just sex points? That means we have no sublimation, no sanctification, nothing. We are absolutely nothing but just sex points - even animals are not like that. If you see his own life, he was a perverted man, had a bad relation with his mother. What is there to learn with such a person? (Laughter) In India, if you mention Freud, people will go

and take their bath. (Laughter) It's the most unholy thing one can think, it's an abuse. It's an abuse for people, abuse to say that you follow Freud, it's an abuse. But we accepted him - I don't know why. Then he had cancer, he died of cancer. A such a miserable man, what can he teach us? Except for weakening all of us our innocence, and taking away our basic wisdom, he has done nothing else.

These are the people who came on this earth as great intellectuals, who have no relationship with innocence, who are possessed. All the perversions of sex come through possessions. Like, I would say, we have this problem of homosexuals. In India is much less, but here it is something surprising. I met a westernized Indian girl who was married to an Indian. And she came to - she's married to a very nice man, and she came to Me because her husband said that, "She's very funny. That she's interested in girls, not in me. She walks like a horse, like a man, and she wears all the men's dresses, and it's something absurd. We can't imagine such a person." It is a new type of a disease for Indians. (Shri Mataji laughing) They didn't understand that stupidity. The gentleman was very upset. He brought her to Me and I put her into Sahaja Yoga system. And you'll be amazed that she had started growing little beard also. When I saw her, I saw a man possessing her. And when that possession was removed, she felt so shy, you know, and she just wept, she said, "Did you see that man going out of me?"

The another attack comes from the medical profession, I think sometimes. I Myself have done medicine, but I was amazed to see that some of the pills that women take have male hormones in it. If you make the women like men, then what is the sense in having men and women as such? One can't understand (Shri Mataji laughing) a military of only men sitting round here without any women to bring some sweetness. And how can these women produce children and look after their children? It is a very confused state in which we are as it is, on top of that, these people are adding coal to the fire.

Then we have some certain gurus, they are another set of devils. As somebody says that you can achieve God by sex. We have no basic wisdom to understand how can it be. Christ, if you know that, He was such a purity, He said, "I do not say only thou shalt not commit adultery, but that thou shalt not have adulterous eyes." But here if you find this guru, we saw one film known as 'God Who Fled' where there was mass, horrible, hellish act going on. One can't see. After that I vomited for one week and I couldn't eat any food - horrible. It is all filth, there is no sense of decency or decorum in this nonsense. We do not bring bathrooms into drying rooms, do we? Under the guidance of these gurus you will find anything on the streets tomorrow, I mean, if you listen to these people who go to these gurus, I'm amazed. God is purity, He is sanctity, He is innocence. You cannot reach Him if you are indulging into such dirty habits which are hellish, it is hell, believe Me, it is hell. But I have seen people who preach about God, live in such a hellish way, there is no relationship between what they preach and what they live.

This is the center of innocence, which is the support of the Kundalini, which receives all the information about us. And passes on to this Kundalini, who is your mother, the virgin. She is a virgin, I hope you understand that word at least, it has not lost its meaning. Your mother is a virgin, in there that Kundalini She sits and this innocence is looking after the protocol of his mother, the Kundalini, the innocence within you, whatever is left. Now if you understand that this is the position of your innocence, that innocence is the one which is going to help you ultimately, you will know what I'm saying is so important.

I have seen people have the Kundalini which is wounded. It is just putting its head all sides - helplessly, limply, it has no strength in it. And even when She rises in a sense, you see, if there is problem in this center, it sucks back. So this is what happens within us when the Kundalini is sucked in, then again you have to raise it and fix it up, again you have to raise it and fix it up. She's your mother. (Loudly) And She is the one who is born again and again, with you to give you this second birth. And She's waiting for that chance all your lives. But how can She be harsh to you? How can She trouble you? She is not like these modern mothers in England that kill their children. It's shocking everywhere mothers have started killing their children. No wonder all the children are being born in India, we have to bear the load of it. They don't want to be born in countries where there is no love, there's no heart.

So when this Kundalini rises, She rises straightforward in a split of a second. In people who are not complicated. She pulsates on your head, on top of your head, and opens this part and makes it soft. And you can feel the Cool Breeze coming out of your head, which is described as the Cool Breeze of the Holy Ghost. In the Bible, Holy Ghost is not described so much. One reason Christ was crucified in such a short time and secondly, He never wrote anything. Nobody gave Him any chance. This was another kind of an attack on an incarnation. But we have to seek information about Him and about Kundalini somewhere else - this Kundalini

which is the reflection of the Holy Ghost. Of course, there are so many books written in Sanskrit language about Kundalini. You'll be surprised, 14'000 years back in India they have talked of this Kundalini. They have talked of Christ as MahaVishnu. All the description tallies with Christ. That He will be born on this earth, who is the embodiment of innocence itself. That He is the innocence and that cannot be destroyed, so His body won't be destroyed. And that He will be responsible to suck our ego and super-ego, the effects of our action and desire. The effects of our action and desire and conditionings. But nobody wants to know about it. Because we have started such huge organizations based on falsehood that we don't want to topple it down. But I tell you that there is so much information otherwise also that as open-minded people, we must try to understand those things.

Now, when this Kundalini rises, as I told you the first chakra, then the second chakra is the chakra of your activity. I told you yesterday how we become futuristic by using this and how we develop problems of the viscera in the stomach - organs in the viscera, I am sorry. To solve these problems, we have to correct this center. The third center I told you is the center of Nabhi, which is the navel center, which is responsible for evolution. First it gives you your sustenance. Sustenance is the quality. For example, carbon has 4 valences.

Aside: Loudly, say loudly.

In the same way, human beings have ten valences. These are described in the Ten Commandments. This balancing takes place in this area which is shown with the green color. This balancing is done by people who incarnate on this earth as great prophets. We can say Abraham, Moses, Socrates, and many other prophets like these - Mohammed, Nanak, Janak, all of them came on this earth. They were the incarnations of the Primordial Master. So to talk about this balancing and this balancing they told us, because without the balance, there cannot be an ascent.

Aside: Gentleman, why are you disturbing everyone?

So the balance has to be achieved through these different advices given to us by these great incarnations. But out of these great incarnations, what they have made - Islam, we can say, Jews, Judaism, all kinds of '-isms' we made out of it. The fanaticism is the only word you should call all of them. So when there is a movement of people on the right-hand side too much such people can become extremely fanatic. Best thing to understand their fanaticism is to become the other. If the Jews become the Muslim they will see how stupid they are. And if the Christians become the Jews they will know how stupid they are. All the fanaticism, thank God, is today going to be exposed entirely.

Now for your information, those who are fanatics develop the trouble of the stomach. I met a doctor from Iran long time back about 1974, who had cancer of the stomach. And I told him, "Do you believe that Moses and Mohammed were the same persons?" He said, "How dare You say such a thing? How can they be the same person? Mohammed was absolutely different and He has nothing to do with anyone of them." But I said, "Mohammed said He was a prophet, didn't He?" But still he would not accept. So I said, "All right, I cannot cure you, Sir. You are suffering from fanaticism, not from cancer." He went home, he had still trouble for about eight days, then his wife put some wisdom into his head. (Shri Mataji laughing) And then he came to Me. He said, "All right, I accept, Mother, if you say, I accept that Moses and Mohammed are the same." And you'll be amazed, his cancer was cured.

All kinds of extreme behavior take you to physical troubles. Whatever we do in an extreme way, we develop diseases, physical - even physical. We develop mental diseases. It is very easy to make out these people who have been to these extreme things because they emit tremendous heat. Say, if there is a madman, and there is a cancer patient and a fanatic, they emit the same amount of heat. So you can imagine how we are getting mad and also sick with our fanaticism. But we have also sophisticated fanatics, who in a very sophisticated way adhere to their own mental projections. They say, "I believe. I believe in this." But what do you believe in? Where is your "I"? This is nothing but your ego, because your self is not showing. You believe into it because your ego believes in it. But what is the proof of your believing into it? What would you have done to yourself or to the society that surrounds you? How can you prove that what you believe into is the truth?

Yesterday I told you that all your economics and all your politics is a myth. Because it is based on myth. The myth is of these

material wants. And the material wants cannot be satisfied. (Shri Mataji laughing) So there is something missing in us so that we do not feel satisfied with ourselves. Let us face the fact that when we are facing ourselves we will know that we are not yet that what we should be. Only because of our ego we feel inferior or unhappy about it. A dog will not feel unhappy because he's a dog, does he? But if you realize that there is a little thing more has to happen and all the potential is present in you, it is your own, you have all the powers, then why should you feel unhappy about it? If it is said that all powers are within you, just let it manifest, that's all. The truth is the All-pervading power of God. That's the only truth. And when that truth starts flowing through us, we feel the Cool Breeze in the hand and any absolute question can be answered. You can ask any question and the answer comes as a Cool Breeze in your hand for 'yes' and as heat for 'no'. Now somebody asked Me, "Why it is cool, why not hot?" It is cool because it is cool. (Laughter)

But you can see it even in the helium gas. When the helium is cooled down, the atoms of helium which were attacking each other, were violent, suddenly become collective. So that shows that absolute zero is the zero of the Spirit. As you cannot reach the absolute zero, people say you cannot reach the Spirit. But this is just again theory. But the zero can come in your attention or not? The light can come in your attention, now why not try it? Why deny it? So this is the gap one has to fill and this gap, the green gap, is filled by the Kundalini very easily when a person is a balanced person.

Some people who come to Me, I work on them so hard, but I do not give them cure so fast. But there are some people I just touch them and they get all right. That means they are just at the door. A little push and they are there.

Now above that is another center which I would like to deal with today, and then we'll deal with other centers later on day after tomorrow. Is the center of your sense of security. The sense of security, when it is disturbed, you get the pulsation or a kind of a movement in this area. We have a bone here which connects to some of the ribs. Till the age of about twelve years, the anti-bodies are created in this bone. These anti-bodies spread to the whole body and protect us from any attacks from negativity or from some physical anti-life force. But when people are insecure, then there is more generation by the pulsation, but as they are completely out, little more energy is sent to them or a message is sent to them, and they start acting. A woman who is always insecure about the behavior of her husband, maybe a flirt or any sort of a man, she develops troubles of this center very easily. If her motherhood is challenged, also she develops this trouble of this center, and she develops disease called also cancer of the breast. That means in modern times many women are insecure. By establishing the security of this center, you can cure this trouble.

On the right side of this center is another center, we call it as Right Heart. And left side is the center which we call as the Left Heart. Right heart center deals with the father, and the left heart center deals with the mother. Which perhaps Mr. Freud never knew. When this right side center is in trouble, means if the fatherhood of the child has been unhappy, or the father had died early, or that he has been a bad father, then there are complications of this heart. Then people develop the disease called asthma - sort of thing. You'll be amazed that asthma can be cured if you can settle the fatherhood of that gentleman. The method is also a part of the Sahaja Yoga Vidya or Sahaja Yoga knowledge how to deal with the Divine power.

If the left side is weak, that the mother has died early, or she has not been loving, or you are a bad mother or anything the left side catches, and such people are very weak on the left side. They can be very sensitive and their ego is hurt very easily. These people also suffer quite a lot because of another problem which we have developed in the West, which is called as the left Vishuddhi, we say, where we have a sense of guilt. About that I'll tell you tomorrow - day after tomorrow.

So now you can see that God has made us in all perfect way. These centers are placed within us. These centers express themselves outside in the gross as Plexuses. The first center is expressed outside as the Pelvic plexus. The second center, Swadishthana, is expressed as Aortic plexus. The third center is the navel center, is expressed as Solar plexus. And the heart center is expressed as Cardiac plexus, heart center, center heart.

Today I have tried to explain to you the different centers and in short to tell you what are the quality of these centers and what they give us. They have a limited energy of parasympathetic within them. Now whatever we have achieved in our evolution is in the central nervous system. For example, as I told you yesterday, if you take an animal through a dirty lane, he cannot smell

anything. But human beings can smell. Of course if they have been living with dirty people I can't say, I mean - but normal, I mean, normal human beings. Now when we get the enlightenment in this part, in the viscera, and the organs get enlightened, not that physically we are cured, but we develop the sensitivity to anti-God activities. Our sustenance gets enlightened and active. Now when it is awakened, then it avoids or it does not allow the body to take in something that is not sanctified. You don't have to tell people, "Don't do this, don't do that." They just give up, they can't bear it. We can say they get the dirty smell out of it, or whatever it is, but it's just they give up. I had a young boy in Brighton who was alcoholic and who came to My program and was very aggressive. And I asked him that, "Today you go home and come and see Me tomorrow at home. That would be better." Surprisingly, he got his Realization. Not that overnight he gave up his alcoholism, but he became such a sane person that his mother could not believe it how what has happened to him. He was an electrical engineer and was doing very well when he got into alcoholism, and he had no job, nothing, he was like a cabbage in the house. And as soon as this got awakened he became absolutely normal.

Now it is something that people can't believe it. And it's really unbelievable, I can understand that. But it is very simple to understand that if you come in this room and if it is dark, you'll fumble. You may think that this pillar is this room or this staircase is this room. But as soon as there is light, you can relate everything to everything. And then you don't fall and fumble. It is as simple as that. But one must know that behind these lights there's a very complicated organization. So behind this happening there is a very complicated organization, (Shri Mataji laughing) very loving and benevolent.

All the angels are waiting for you to enter into the kingdom of God. I'm sure tonight so many will receive Self-Realization.

May God bless you all!

In any case, yesterday, day before, I asked people to ask Me questions. I would again say that I don't mind answering your questions, but it should be to the point. It is not civil to ask a question about some book you have read in Timbuktu, and I should go on answering about it. Or any such absurd things. It will not be civil to other people, who are anxious to get their Realization, to waste their time. But you can ask questions which are relevant. I'll be very happy to answer them because at the time of Realization these questions should not shoot out like jack-in-the-box. (Shri Mataji laughing)

May God bless you! Thank you!

Ask the question.

Question: In anatomy I have learnt that Solar Plexus is here and Cardiac Plexus is here?

Shri Mataji: No, no, no. You didn't hear Me properly. Solar plexus is here and Cardiac plexus is there, I'm sorry. She might have made a mistake.

Question: What do you think about Siddhis?

Shri Mataji: Siddhis? Now you see if you ask a word like that, Siddhi. Now. Siddha, Siddha means the one who is proved to be a Realized soul. But the so-called siddhis are nothing but possessions. For example there is one guru who is taking £ 3'500 to give you a Siddhi of flying. (Laughter) And already he has collected 4'000 crores of rupees from you people for that. (Shri Mataji laughing) Why not ask him to fly for a change? Don't be deluded by these words. I know there are thugs and thugs. Thugs - these are thieves. But these are worse than that because they put spirits into you. And this gentleman specially has put spirits into people that people have become just cabbages - just cabbages. These people are even afraid of the garlic. At least cabbage is not afraid of a garlic, is it? (Laughter) Paying all this money if you have to become a cabbage - then go ahead. And then he claims that people have become non-violent. What is the non-violence of the weak and the cabbages? But the same gentleman has 6 percent population of the Israel. No wonder they have become so violent suddenly, because first all of them become violent. In North Ireland, this gentleman has 4 percent. And you know the history of North Ireland people.