

become an idiot but they are all idiots. Absolute idiots. You don't know how to talk to them. Absolute idiots. What affluence they have got? They haven't got even one cotton dhoti that you have got. They have only plastics and nylons. Why do we need nylons for this nice climate of ours? God has given us such a beautiful planet. Why do we need so many clothes? Oh, we can live in a hut. Now they are coming and living here in a hut and we want to have parishion with us. Just a minute. Now more questions? You must, you must, all of you must ask because you see I don't, because intelligence is such, you see it always stands back. But this is beyond intelligence. It's a happening. Supposing a seed is to be sprouted, what intelligence are you going to put there? It's a living process. You cannot do it by thinking. It is built in you, it will work. But here the people are very well educated, you see. In English, not in Indian philosophy. It's a same. It's a big same. Look at God now. Just see. Not only He but all these, He's an Englishman. Now we have Philippa here, she's a great writer, but she's a difficult, she's there. She's a writer, you know, just. Oh, they have sorted it out. Once they have found the truth, they have sorted it out. All Markandeya, all Shankara Charya, everything. Nobody did Shankara. You read Shankara in our country, you tell me. Huh? You find it? No, no, no, they will tell who is the. You see? I mean that would be very sad. So that really, just imagine, just imagine. How can people respect us? We don't know anything about our own Motherland. So it is Sahaja Yoga is not only the, you can say the evolutionary process, but by evolution you reach to reality and the thing. And it's a revolution, complete revolution. Is also a dharmic relation. For example, in the temples, not so much here, in the north, what are these pandits mean then? Horrible people, all of them as rakshasas, sitting down and taking money from this person, that person, you go to Padarthi. Where poor these people walk all the way, you must have heard about this cult, which the people go singing, walking for miles together, for one month they walk and go to that temple. And there are these pandits called the padami, that means the beaters. They really take the heads of people just like a coconut in the middle. Actually like that they do. And they are minting money and they read such a and such a wide lab. In the name of God, actually they are mammals, they are not human beings. So it's a revolution against them also, to prove what are the mantras, to prove what are the deities, what is the reality. We have to get rid of all these nonsensical things which are sitting on our body and on our being, complete. Who is the Brahmin? Is the one who has sought the Brahma, the realized soul. Brahmin is not born. And somebody told me that in the geek as soon as I think, who was Vyasa? The one who has written Gita. You know who, Gita at least. He was a son of a fisherman. That's really legitimate. How could you write that you can be born as a Brahmin? You cannot be born. You see what we talked to the caste was this, the aptitude, that you are a Brahmin by aptitude. That means you are seeking God in the Brahma. But the ones who are chakya, who are supposed to be chakya, are the people who are seeking power for joy. But joy you can only get through this all-convening form, through your own being, through your own spirit which is the meaning, which has to come into play. But when it comes into play these vibrations start flowing, which we call as chaitanya. They start flowing from you. Like Christ has said, somebody touched this robe, but he said, my energy has passed out. What do they know, these Christians, what do they know of Christ? Imagine this oak, wearing all these big, big diamonds on top of his body. How many diamonds did Christ have? And in Colombia I went down and I went to Chile and Argentina. And foolish people, they said, if Christ was not born a poor man, then he would have been more effective. That's all. How to talk to this man? You see, if Christ was king, he is a temporary man. Those who are hanker of things, how can they be kings? The king is a satisfied soul. Supposing you make me sleep here, I'll sleep here. If you make me sleep there, I'll sleep here. Such a person doesn't need it. How much do you need really? You have only seven days, sir. You don't want me to expose yourself. You see, you have to be very careful. You have only seven days, sir. You don't want me to expose yourself. You see, whatever you want to do out of Me, I'm here. And I will be free in here. And I have told Mr. Varadarajan that I would love to be the villages. And I'm for them. But here I have come. It's a good thing in a way. I must praise your minister very much. I met him for the first time but I liked him for one thing. He's such a rare person, I mean, to think he said that this is the heritage of our Mother Earth. Daruh, in Hindi, it's Daruh. This is the heritage of the Mother Earth. We should project this instead of casinos. You see, they have casinos, they have ballroom dancing, much better than you have. Actually, nobody comes to India with that idea. They come here for peace, for peace, about which they know of. While they come here you give them cheap chairs and this and that. They do not want it. You ask all of them. They come for peace and for relaxation. And he said that, that we should project this instead of projecting their sort of synopsis. That's why perhaps I'm in England because English can teach us. So that's why we won't learn it directly from them. Is it so that we have to learn from English? If you want to have experience or anything, you can stay on. I would like to see. And moreover, one more point I would like to see because Parjurji has said that there is a village where people are suffering from this. There's all these things, you see, there's all these things which you, everybody gets to do. Yes, we have to neutralize it. How do you leave those things? You neutralize it. Yes, you neutralize it. Otherwise people are not going to give up one thing to accept another until you become so tangible. Yes, I know. You won't. Yes, but you must become a political thought. No, no, no, not at all. Then you go from one extreme to another extreme. You see, you don't become politically wide but you be

free within yourself. Then you do not jump from one to another. But then how can you win? How can you win? I mean, people are not going to leave those based on material things. They will, they will. We can neutralize. We have power to neutralize them. They will. You see, the winning is which way? You will need it. You will need millions of these people. We have. We have to have. We will get them. We will get them. There are so many other ways we can work it out. For example, cancer. You cannot cure cancer except through this. You must get your Self-realization. So all the cancer people, let them come down. We have a doctor here. He is practicing in London. And now I've cured a doctor's wife of cancer. So they will have to accept this. They will come. They will come. They will have to accept. There are so many other ways you can make them understand. Well, do you have a card in London? Because I've got a lot of... We had one lady working very hard in Tehran which another crowd should go there. This is now I mean... Like everybody else, they're all refugees now and they're all in a bad state. So if I can ask you to get in touch with people. Just can you give me one of the things? Have you got one? You must give. You see, they have really given a very elaborate... All are exhausting? Some. So we'll send it over to you. We have given in details all the things about this. What is the mechanism within you, the subtle mechanism, how you get connected with the males, you see, how you are made and everything. We have tried to do it in short and in quite a concise way. But we have given quite good information about it. And please have a look at it. What I think that I would like to meet the people of England who are actually sort of are... They think they are in charge, you see. I would like to talk to them about it. Because these young people, you see, they have no say. This is the problem why I say you will end up going into politics because there's no way anybody in the Western types that can do anything without having some game, playing some game to do it, to bring it to be recognized. Because the people, as you see, prisoners of their material way of life, and it blots out the problems. The moment they're living lives, it blots out from the scabies' lives to take people away from the scabies' lives, you have to offer them the most incredible inducement of all. It's not like a backward country where you can, like in Iran you had first you had the Shah, the monarchy, the glory, then suddenly you had Islam the other way around. But this is the only thing that would take away. The Shah fell simply because he didn't understand that Islam where they get all these people, but I mean Englishmen are not concerned about that. Englishmen are concerned, I say, about their football and their television programs and everything else. Life is too full, so you have to slowly get things closed down. Like your grandmother is making progress, so you have to start that way. Yes, you have to start. But I would say that your young people are going to also. You see, to get into politics and this and that, and this and that, it's a good idea. I have My attention on that. But I would still say I'm preparing them. They have to be something of a very higher personality to impress on others, you see. If they are to be defied like others, I have to prepare them. Can you imagine, I worked only on six people for four years. Now I have so many, only on six people. They were all hippies and taking drugs, but now there are three hundred people who have given up drugs at them, beautiful people. And they have had all kinds of experiences and everything. So it is going to work out. But I mean, if you think that some people would be willing to do something, because you have to think that you could be the leaders tomorrow. But I mean, do you have, I never see when I'm an immigrant, I never see any much on yoga and related subjects. You see, the trouble is we have been giving it in one yoga today, one article with very, very difficulty they published. And in the TV people they gave all kinds of fake gurus who have such an importance and everything. They even had what you call this Muktanandami, the Pope, but this nonsense and these horrible people, you see. I don't know why they make such fuss out of these horrible people. Those who have ruined your young people, they have reached them completely, made money out of them. Why can't they see? And they give them. But for Me, you see, somebody from India had gone who was to be filmed and so She said, why are you filming Me? You have got Mataji, who is the one who has given Me all the power to do this. So they said, no, no, we have had many like that, we don't want it. That's what it is. You see, it's very difficult now how to push forward things and we have a neighbour who is a MP, Conservative MP, who stayed there and you cannot just stop thinking about it. He is so mad with his politics. I told you, that's your answer, right? I have to start yoga politics. But I have to ask, now you just give some ideas to these boys how to literalize their money. I think we will work it out, we will work it out. We will, I am sure. You can't by being, I mean, you know, passive policies are no good to anybody. Because even somebody like Me who may be reaching a point where I may need something very soon, I mean, you are much too, how am I going to get My attention? It's impossible. Very soon if I go back to England, I will be immersed in the racing, football and everything else. It would be too much bother to come to you. You see, it is for them to think about it. Tehran was this was the problem. You see, Tehran they westernized it too much, the Shah. And they westernized so much. ...if you can provide, there is no alternative. But the point was that the left is not the left, it's the Muslims. Just think of my fallen dead body too much. They really genuinely believe that revolves whether it is a man who is highly scoffed and is defenseless or not ethics or anything else.

I bow to all the seekers of truth. As I told you before that the Spirit has the nature of being the truth itself. And this truth is the love of God. So the truth is that God is love. That this power that works in you is love. Love of God. And love of God is pure love. We have lost the sense of purity because of our own venturesomeness. But purity is where the love has no lust, no greed, it's innocent. Like the sap in the tree rises, nourishes the whole tree and goes back. It doesn't get attached to any particular flower or to any particular leaf and says that, I like this. It's absolutely detached. It just nourishes and goes back. But carnal love is like the sap rises, goes into a flower and gets lost. Thus the flower will also die, the tree will also die. And one must understand that when you get after realization what you have to do is first of all to see yourself how much you love others. How much your heart has opened for love. How much you can share. The individualism should drop out. That is collective consciousness. It doesn't mean that you can feel the chakras of another person. You can feel the chakras that you have the problems. You go on like that. It means that when the Spirit starts shining in your attention, first thing that you develop a great compassion for this human race. Not for the animals or for the bugs like the many vegetarians do, but for the human beings. They are the epitome of evolution. So you develop your love for other human beings because they become part and parcel of your being. Now for example, a finger is sick and the other finger looks after it. It is not doing any obligation. But actually it is soothing. Because if this is soot, all the body comes to a very pleasant state. If this is unpleasant, the whole body is in an unpleasant state. So if you treat one finger, you are treating the whole. In the same way your compassion starts flowing. But many people have very funny ideas about compassion also. And these must be corrected through experimentation. Some of the ideas of compassion are that you should worry all the time about people who are absolutely at the low ebb of life. As a mother I would say, you have to first mature yourself. As children you are still growing, that is what humility means. Understand that you have to still become the Spirit in the full way. And just now to jump to tasks of taking up very difficult cases will be very dangerous and you may get enwrapped into it and your progress may stop. So as humble students of Sahaja Yoga, first you have to learn how to master it yourself, to become a person who doesn't catch from other people, who doesn't get troubles from other people. In a way such a person has to be in a very cautious. Now I have seen so many people. They come to the programs, they find one person who is possessed, shouting, screaming. And a Sahaja Yogi who is really matured will say, now you get out of this place, you should not be here. Because that person will know that everybody will be troubled by this person. Because this person has got a disease which will be contagious. All mental troubles are contagious which people do not know, like psychologists. They don't know that they are treating psychopaths, they themselves become psychopaths. Because they have no way of protecting themselves. So first of all you must protect yourself and you find anybody like that, better not go near that person. At the most you can say, Mother, look after this man, if you have so much of feelings. But sympathy of this kind is very dangerous. I call it same means to share and pati means pathos. So you share the pathos of a madman and you get into troubles. So as good children I have to warn you that you should get more attached, more adhered to a person who is more evolved, more enlightened. Instead of that people start feeling jealous and get ego oriented and start fighting with a person who is much better. Now Dr Warren, as you know, has achieved it, a very late height in Sahaja Yoga. But in Australia I found many people who were really jealous of him for nothing at all and they wanted to oust him. While they themselves were at the low ebb and they always wanted to go to people who are at a lower ebb. If you have to go higher, then you have to stick on to people who have gone little higher and not to go to such people who are at a lower ebb, while they can come up only by looking up. So you cannot bring them by going down to them. So those people who have got Realization for the first time, who have just touched it, should not suddenly start thinking, now they have become the great evolved people. They have to grow, grow like trees and acquire the knowledge of their powers. For example, if I entered into one room, that doesn't mean that I have gone to all the rooms, that doesn't mean that I know what's happening in other rooms. So for a person who has got Realization, has to be humble about it, that I have to see more and I have to know more, I have to be better. This attitude helps a lot in their growth. And once you have achieved the higher state, which we call as Nirvikalpa, means doubtless awareness, after that you yourself can start with great enthusiasm, helping people, those who are much lower than you. This is one of the reasons many people who come to Sahaja Yoga go down and take lot of time to come up. Sahaja Yoga is becoming. It is not that you can make somebody a plastic Sahaja Yogi. You cannot give a certificate, all right, now you are a realized soul. It is you who has to certify yourself. It is you who has to grow up and it is you who has to master it. It is you who knows whether you have got it or not. So you have to have due respect for yourself and for others. The second problem arises that a person becomes bomb-shast, and starts quarrelling with Sahaja Yogis, taking sides of people who are negative, people

who are not yet anywhere, is also a common sight I have seen with many people. So one should see what changes have come in me, what transformation has taken place in me. One can even write a diary to see how I become more compassionate, how I become more tolerant, how I become much more nourishing. Can I share things with others? Do I enjoy the company of others and the company of Sahaja Yogis? But that doesn't mean that you have to enjoy the company of the people who are not realized and not to enjoy the company of the people who are realized. In India we have very good saints and very realized souls, and their idea about human beings is very sad, because they think that human beings can never understand that when they have to grow up, they have to grow up with humility. Like a student has to learn from a professor, you have to learn from your Kundalini how to grow, how to become better by watching yourself. They think that unless and until the guru is very strict, actually like the gurus you have in the market, they are not. They are very different type of people. They are terribly hard task masters. If you see their methods are so horrifying that I shudder to send anyone to them. Once I had sent one gentleman, he had told Me there was one guru called as Gagan Gad Maharaj, who is a real guru, and he is very well known, but he lives in the jungles and his legs are broken and hands are broken by human beings, and he is carried by a tiger. So he told Me, Mother, if you, if anybody troubles you, if you are in difficulties with somebody who is very troublesome, you send him over to Me. So I said, all right. The one gentleman who was very torturous, he used to ask questions after questions like mad and very troublesome fellow, very ego-oriented. So just I said, all right, you go and see this guru. Now this guru doesn't see people at all, so he felt very enamored, his ego was pampered, oh God, the guru has called me, something great. So he went to that guru. After a month he came back, and like there was a big passage, and his legs were on his neck, and they were ringing him, as if dangling towards Me. I looked at him. I couldn't bear it, and tears came into my eyes. I said, what has happened to him? He said, Mother, I'm sorry for what I did. I said, what happened? He said, you see, when I went there, I was rather bad because I told against you to the guru. I said, what did you tell against the guru? He said, I told that Mother is giving realization to every Tom, Dick and Harry, and she should really first of all verify and then give realization and this and that, and I was talking ill about it. He said, yes, you are wiser than Mother, isn't it? And then in the night the tiger came and threw Me in a cart and fell down fourteen feet down. And then this guru lowered some bread after three days and asked that you can eat this food but stay there. And I was lying there for five days, and every day he used to lower the bread for him and he was there, all filled with filth and everything. After five, six days he sent three, four people to pick him up, and when he came up, he asked them to give him a bath and all that and it changed. And then he told that you put these legs around your neck and go dallying to Mother, she's the one who'll put you right, not Me. And if you ever say a word against Mother, then I will break your legs in such a way that you'll never be able to fix them. Poor fellow, he was shattered. And he came to Me, Mother, it was too much. Of course, his legs were fixed, he's all right, he's a good fellow now. But that is what they do, because according to them, unless and until you take them to task, you cannot humble them down. Like another fellow, I sent him to another fellow who was a doctor and who used to really bother Me too much. But I just told him, go and see this particular guru. So when the doctor came back, he was thin like sticks. I said, what has happened? Didn't he not give you food to eat? No, Mother, he gave me food all right, he was very affectionate. But what happened, why did you lose so much weight? What has happened to you, you are looking so very thin? So he was staying about seven miles, one had to walk up. And every day he had to carry two buckets of water to clean one dilapidated temple there. Every day he was supposed to take that and clean it. So I asked this guru, what do you mean by torturing him like this, taking these two buckets to clean the thing? He said, for a donkey you must give donkeys work. I'm not a mother to look after these ego-oriented people. It's better that he's trash now, he'll be better off. So this is what, the way they think people can be taught and they are to learn their lessons of spirituality in this way. Even when you go to them, they'll test you in so many ways that you absolutely get fed up and you leave them and they are very happy that you have left them forever. They are never anxious that you should be close to them because it is a thankless job, otherwise if you see, if you don't take any money, you are never rewarded, people try to always boss over you. So they think that it's better first to put them right, let them learn that you have to go hard with them to be the Spirit. But Sahaja Yoga today is not like that. As a mother I thought, let these children who are already under pressure and tension receive their realization. Let them have their realization. Let them have their light in the room and let them see what's wrong with them. Then they start seeing their ego, they start seeing their superego, they start seeing their conditionings, they start seeing their problems and gradually when they see it, they can cleanse it if you tell them how to cleanse it and they work it out. So after realization, it is very important how you look after yourself. You may be a king, you may be anything, makes no difference. In the realm of God, the one who is an evolved soul is respected. Not the person who just is a big man or something, a big politician, has no place. Only thing is who is more evolved. Even a simple person on the street can come to Sahaja Yoga and can rise very high. And a person who comes in a big car and a big way and tries to all the time impress upon Me the greatness of his worldly treasures, does not reach anywhere. So in the eyes of God, it is not important what you are in life, what your ego tells you, what you think of yourself. But it is God's

judgment that He sees how far you are in realization. And in realization you have to judge yourself through your vibratory awareness. When this awareness stations down properly and you really become absolutely endowed with it, the joy of Sahaja Yoga starts trickling in your existence. People can see, those who never laughed, started laughing aloud, feeling the joy of life. The whole drama becomes sometimes a comedy, sometimes a tragedy, and you start seeing the whole drama as a witness. And when this happens, then a person really, really enjoys the beauty of their Spirit. But those who think that they are great and they have read this book and they have been to this guru or they have done this great job, they must know that it is not counted at all. It is how you are within yourself, where are your vibrations and what are the chakras you have opened out, how much large you have grown. That is how a person is known by his evolution. You are all seekers of ages. You are not a seeker of today. You have been seeking in previous lives and many lives before and so you are here today to seek the truth. And the truth is to be faced as the truth is. You cannot force the truth to be like you want to be. Like some people say, but Mother, I still like this. Then go ahead. I don't say no. I never say no to anything. I said, go ahead and then learn a lesson. Like one day I'll tell you about Dr. Warren himself, a very interesting story. It happened only few days back when we were in Singapore. I just tried some tricks and make them learn. Like there's another nice lady, very nice lady, who is very evolved and all that. And she got after him that we must go now to Kuala Lumpur because she lives in Kuala Lumpur and she was worried about the meetings and this and that. And I had told them that I'm going out and I'll be coming back and we'll all go together because there's a shuttle service all the time. And I said, we'll go by the evening plane. But they wanted, she wanted to go two hours earlier. And she was after him that, you better come along. Mother has a ticket and she'll come along. And there were other people with Me. So these went just to organize everything, two hours earlier, five minutes of plane. When they went there, they reached all right, two hours. But when I arrived at the hall, what I find that they were getting down from their car means they arrived even later than I had arrived. And I thought they'll be now very much embarrassed to see Me getting down with them. So I asked the driver, I said, let us go ahead till they come out of the car. And I asked them what had happened. They said that we got down all right, but on the way there was a big jam. And we didn't know how to go, so we thought, better take another road. So we came out from the pavement on the sides. And when we came out, there was all, we found that this was all filled with mud. So the car got stuck in the mud. And they had to pull it out and all sorts of things had to be done. And they reached little later than when I had arrived. Then she realized, she said, yes, that Warren was telling Me all the time that you shouldn't do something that Mother has said, we should go with her because she looks after everything, so why should we worry? So like that, you see, little, little incidents start occurring in your life and you start understanding that we are unnecessarily worried. Like sometimes, as our habits are, we want to go to the airport even before the aeroplane is fitted there. I mean, we are so futuristic. And there are people always with Me who are of that type and they get after My life saying, Mother, you should get ready now, we have to go, we have to go. And they become so quite wobbly. I said, all right, to put you at rest, I'll come. But there's nothing going to happen, we are just in time, don't you worry. So we reach the airport and there they say, suddenly the plane is delayed by two hours. So they can't understand the plane was not delayed and why the plane is delayed now. Now I said, now, settle down. Fix your left navi, fix your wobbly nature and let us work it out at the airport. This is what it is. One has to slowly and steadily understand that the God who has created this great universe is the one looking after. He is the one who is looking after us. His angels are around us. They all look after all the realized souls who are on this earth. All the beautiful rutumbara prajna, that is the knowledge of the enlightened mind about the seasons of beauty. They start enjoying it. And when it happens to you, even it happens to you, you just don't worry because you understand that everything is laid bare before you. And it has happened with so many people. But there could be another person who may not accept and say, no, no, no, no, no, no, we must be very careful, we must do this and this and start worrying. The same way they have been worrying. Actually some people get upset even if you mention them that you have to go to the airport, I've seen that. And then they find that they are losing their passports, they are losing this and they are getting so wobbly. In Sahaja Yoga, first of all, you must steady yourself. You must try to steady yourself. Put your left navi as they say. Here is the left navi. This one is to be put at ease, is very important. Because if it is not at ease, then also there is a possibility of you heading for some sort of a very serious disease like leukemia. As I told you the other day, that with the overactivity of this center, on the left hand side, people might develop leukemia because your spleen becomes hectic, it becomes very nervous and it becomes crazy actually, because you are doing ten things at the same time and you are yourself crazy. So this becomes crazy, it starts producing malignant cells and you develop a disease called leukemia. So first of all you must put yourself to a peaceful life. Now how do you do it? First of all believe that you are not going to miss anything in life. Even if you miss, supposing you think that you have to miss it. Like once at the airport we reached and the plane was leaked for five hours in Bombay. And in Bombay people know Me very well. They came to know that I am at the airport. Right from pilots to the loaders, everybody came there to get realization. And about five hundred of them came down and they got their realization. So My sitting there was important, My doing that work

was important, so the plane was leaked and everybody enjoyed it. So to get upset about what you have thought that you are going to do next moment. And when you don't do it, then you feel, Oh God, the whole joy is finished. Because people live with futuristic ideas. The whole future they built in beforehand and they expect that future to happen and when that future doesn't happen they become miserable. Actually in Sahaja Yoga you are in the present, you are never in the future. Absolutely silent and absolutely peaceful with yourself, you are in the present. You are dealing with the present moment. So the present moment is the reality while the future doesn't exist and the past is finished. So where you are, you are in the present, where you are enjoying the dynamism of the present. And this is what I have found with Sahaja Yogis is that when first they get their realization, they either go to the future or to the past according to what they have been doing. Now the people who are, who have been indulging into the left side also can be very much harmful themselves because they also start living with their past. Most of them I have seen, they'll come to Me, Mother, My father is not all right, My mother is not all right, My grandfather is not all right, My grandmother is not all right. The attention immediately goes to the whole, whole lineage, to whole progeny, My son is like that, My grandson is like that. But if you get all right yourself, you are the center. You are the center of the whole core and once you are all right you can put everyone all right. But what happens that suddenly the attention shifts, you see, this is the habit, to shift the attention for yourself to others. Then the shifting starts about other Sahaja Yogis, that Sahaja Yogi is like that and this Sahaja Yogi is like that. And that Sahaja Yogi did this and that Sahaja Yogi did this. Like some people who are absolutely such that we cannot call them Sahaja Yogis but they come, they go, they are still going on and then people see them and they say, if this is the Sahaja Yogi, I don't want to be a Sahaja Yogi. It's like this, the shifting of the mind starts and people try not to be there but you must position yourself on your Spirit. You must know that you have become the Spirit. Position yourself is the point and then once you have grown into it, then you do not relate yourself in this way, that My father, My mother is My finishes. Then you think, yes, My father is here, who is a person who should come to Sahaja Yoga. You go up to a point, tell him, all right, if you can come, well and good. If he doesn't come, you are not father. You develop your relationship with the Father, God Almighty and with the Mother who has given you realization. This is very important. Then secondly it starts like this. Like, of course, there have been great saints in our country, like we can say that we had Sainath, he was a realized soul, a great person and his disciples would come to Me and they'll say, all right, Mother, you have given us realization, thank you very much. But Sainath, you see, we have Sainath's photograph, we worship Sainath. Now this is another start, is that now Christ is not here. So when Krishna came, they said, oh, we will talk about Dattatreya, not about Krishna. When Rama came, they said, we'll talk about somebody who came before Him. Never, when they were there. When Abraham came or Moses came, so they said, let us talk about somebody who came before. When that happened, then when Christ came, they said, let us talk about Moses. And now I have come, I have given you realization, then you would like to learn everything from Christ, who is no more there. He's not going to tell you. I have to tell you. That doesn't mean you are disrespectful to Christ. Christ is as much there as Myself. But I have to tell you, not Christ. That is not His responsibility at this time, it's My responsibility. And so one must understand, who has given you the realization? And that's why Christ has said, that anything against Me will be forgiven, but nothing against the Holy Ghost, because the Holy Ghost will give you the realization, and after taking the realization also, if you try to put yourself backwards, then you cannot go further. So one has to understand, that who has given you the realization? The same thing happens about gurus, there is that people are sucked back. But what have they given you is the point. You should know what have they given you. Have they given you something substantial? They have not. Then why are you sticking on to that, which is not going to give you what you want? They are not going to answer your question. They are not going to tell you anything about it. So why not ask a person who can speak, who can tell you, who can explain, who is in present? And this is another human weakness, that they don't want to live in the present. But some people will say, no, the Messiah is going to come after, say, two thousand years. Then you won't be there. Today I am here, so better have your realization, learn about it. When He comes afterwards, another one, then it's all right. But that time you are not going to be there. So the importance of present Sahaja Yogis must understand. At present what is the situation? Where am I? What have I done? I have to understand each and everything at present. This is the important time. I am not going to lose any children. Time thinking about the past or about the future. At this time what's My problem is? And then the growth starts. All living things, whatever it is, works on present, never on the past. Say, as I told you yesterday, a root, when it starts sprouting, there's a little, small, little cell at the end of the root. It just sees what is the situation at that time is. All right, at this time it is a hard soil, it waits. As soon as the soil becomes little better, it starts moving. Then it creates a boulder. All right, the boulder is there. Let's go round. At the present you have to achieve it. You can only achieve at the present, never in the future and never in the past. So this is another thing. The Sahaja Yogis who are realized souls must understand that they have to move with the present and not with the past. I had to go on fighting with people, telling them, now be in the present. Now the knowledge of Kundalini was never told so clearly, as it is said today. Now they will say, but people used to get realization after so

much of cleansing and this. That was thousands of years back. Now we can go to the moon. How many people went to moon before? So do we say no, but they used to, never used to go to the moon, so how can we go? It's just like that. If something has worked out like this, that it's a jet Kundalini now, and you can go to your Spirit, you can become your Spirit. Why not take that one reject? It is because the mind is not attuned. The mind has not understood the importance of time. And this time, this present time, is the most important time in the whole history of evolution, I can tell, which you will realize very soon. It's the most important time, but people don't realize it. And for them, what does it matter? Oh, we can do this, there's nothing wrong, there's no danger. What's wrong in going into the subconscious? Why not get into the subconscious? Why not do this, what's wrong? When they suffer, they go down, they lose all their capacity to come back, then they will come to Me and say, Mother, yes, I did this and I did that. Best thing is that you must understand where you should not go, and you must understand where you can go, how far you can go and how much you should do. All this art of understanding is called as true knowledge of the technique of the Divine. The technique of the Divine has never been explained or told before. Nobody has ever understood the technique of Divine before, because there were not so many realised truths. It was a very exclusive thing, which was told to one or two persons. But today you are fortunate to be born at this time, that this technique you can know, you can handle it and master it. But even now, escape will be there in your temperament, so be careful on that point. Now the another thing I've discovered, that people think that if you destroy something, that is the past, this is another starting, then you will reach higher. This is another idea, like establishment, you destroy everything, destroy all the traditions, everything you destroy, and then you will become something better. It's wrong. If a flower becomes a fruit, part of it drops out, not the whole. Part of it becomes a fruit. In the same way, destruction completely is very indiscreet. And that's how people said, we are against establishment. That is wrong. Whatever is good of the establishment has to be taken up. Like traditionally, marriage is respected all over the world, was respected, today it is not. But I don't say about it, you will yourself find, how marriage is blissful after Realisation. A simple logical conclusion you should arrive, say, at this thing. Now supposing you have children, and these children are great souls, because you are realised souls, so the great souls are born on this earth through you, because you are really the people who can look after them. Now these children, when they are born to you, they find that there is no sanction of the collective. You are still not husband and wife. The collective has not sanctioned you. It's a stigma. You give that stigma to the child for nothing at all. You have no business to give that stigma to the child. Today the society is such that it accepts. But the child will always have the stigma. I have seen even with all your advancement, I have seen people, when they have to tell about their parents, they say, whether I am sorry to say, but my parents are divorced. I mean, they feel little lower than the people who do not have divorced parents. They feel that the parents have let them down. They feel that there is some sort of a stigma, a kind of a dent in their character, that their parents have not been able to give them that respectability. So the respectability to the child can be only given by the parents who are realised souls, because they respect themselves and they know how to respect. They respect all that is beautiful and good. After Realisation people marry, ninety-nine percent people, if they marry with proper idea of vibrations, become absolutely beautifully married permanently. There's no question of quarrel, no question of divorce, no question of anything. The whole thing becomes such a beautiful thing. There is no problem at all from them to Me. On the contrary, I find beautiful children appearing on the scene. And I really enjoy that beauty of such special type of children that come on this earth. And they also respect their parents. What's the use of fighting before the children? You don't give them the fighting spirit, do you? Have you to send them on the war? No wonder all these so-called developed countries are busy creating wars afterwards. They're headed to the rest of the country, you see. There is a war going on. There's always a fear that this country is going to invade that country, that country is going to invade this country. It's a big nonsense going on. It starts from the family, where the husband, wife are mourning till evening, just fighting before the children, quarrelling with them, ultimately ending up in a divorce case. It's a shameful thing to be divorced normally. But it happens. You accept it because society is accepted. Today the society is accepted, but the child will not be accepted by the society, whatever you may do. When the child will say that, I have no parents, I don't know who my parents are, or my parents are divorced, naturally the child who is coming from a family, which is not disturbed, will definitely stand higher than that child. You yourself must have seen that in your family, when the parents were fighting, how you felt sad about it. Because you are the product of both of them, and parents have no business to give that kind of a personality of deficiency to the children. Here the people are so ego-oriented, that they don't think of anyone, for them, I matters, I. I hate her and he hates him. It goes on like this, the hatred is such a accepted phenomena that the child suffers. Either he becomes an extremely exaggerated, volcanic, violent person, like I heard this time, this morning I went to the television, and there was a little boy of fourteen years, has killed another boy of ten years. I mean, we cannot think of this in a poor country like India, because we are fighting with our power truly there. But here when they have become rich, they start killing each other. This kind of violent nature you develop when you come from disturbed families. Now the establishment of a family is important, but the way it was established is not

correct. Now after Sahaja Yoga the establishment is perfect, perfect harmony. Today only a couple has left for England who had come here, and this gentleman was not willing to marry the lady, and the lady was not willing to marry, but they were living together. And then somehow or other the lady thought she can marry, and then the gentleman would not. So I said, you don't see him for few days, and the gentleman agreed. Now the gentleman thanks Me every time for that, that Mother, this is such a blessing. And when they came here they said, we went on holidays so many times, we went to all kinds of beaches, where of course she burnt her skin and all this nonsense. You see, it's such all destroying stuff that you have, as she developed white patches here and white patches there, and actually she came for that. After doing all that so-called fun, they came to Sahaja Yoga, got married. And after marriage, what happened? That now a new type of a dimension of joy is pouring in them. They are such happy people. And now they want to have children, because first they didn't want to have children, now they are old enough. So I said, you better take a child as just a sort of adoption from somewhere. So now the Sahaja Yogis love their children so much, that will give them for adoption also. It's a big problem to get a child for them to adopt, who is a realized soul. Now all these things have happened in everybody's life. The mother has been quarrelling, or the father has been quarrelling, there has been problem on and this and that. And with that, the outcome is a person who is also a seeker. So imagine standing on a crocodile's back, you see, you are seeking your Spirit, and the crocodile is not going to leave you. So be careful that you have to jump into the this boat of Sahaja Yoga, leaving all that nonsense. You have to start your life afresh, change your ideas. Don't have all those frights, like people are frightened of women, women are frightened of men. This is something nonsensical. You have to shed out all these fears about each other, and then tie up yourself into complete love and romance. Actually now we are also, you have done in the West, so much search on love and romance, but I don't find anybody romantic. What I find is all the time they are talking ill of each other, trying to remove everybody's images. Only thing they are worried about, how to increase the size of their purses, that's all. There is nothing, no love, it's something so surprising. While where we are in India we can find our societies, I mean, we have really the real romance, whether we are old or young, doesn't matter. For us it is decided once for all, now this is your husband, this is your wife. And we enjoy, and all this experimentation leads you where? Ten people who are married are in the orphanage, the ten women are in the orphanage, ten men are in the orphanage, and the ten children are also in the orphanage. All end up in an orphanage, in old age they don't know what to do. And they, then they don't know whom to talk to, so they talk to their fridges or to their ovens, because they don't know whom to talk to, they are so lonely. This is the outcome of the so-called research was done on the romance and also of love. We are all part and parcel of one great being. We are not here to fight each other, that is malignancy. That is malignancy when one cell becomes more powerful and tries to overpower another person, then it is malignant. The enjoyment comes when you understand the co-ordination between the two, like two wheels of a chariot, one is left, one is right. They are stationed in their own places. Support the chariot and enjoy the right. This is what one has to understand. But gradually after Realization you'll understand how blissful it is. To be sensibly married, to have children who are great saints, and some of the children that are born these days are really so saintly and so beautiful, that after a child is born to a Realized soul, then I don't bother about their marriages. It comes round all right, because they know how to put themselves. It's so sweet and so beautiful. So that's how we have to gradually start seeing it, because our ideas are that establishment is all bad, family is bad, leave your parents, get out of them, they are the worst people ever born. You suddenly start feeling the goodness of your parents also. Start seeing them better. They see you better. They see you happier. They see you say differently. They ask, how is it you have changed my child? What has happened? They come to Sahaja Yoga. The whole family comes to Sahaja Yoga. All these things go on happening in life in a human being, but he doesn't want to change. Something is definitely wrong and is a very simple thing. We have forgotten how to love. Pure love is not there. If it is so, everything works out so beautifully. You really enjoy the company of all the Sahaja Yogis. Now if I tell them, now you go on a holiday. I say, Mother, this is our holiday. They are enjoying it. They are in the state of great enjoyment. You ask anyone there, they don't want to do anything else, they don't want to go anywhere else. I mean, even if I say, you go now, then it's all right, finished now, you go away. They feel so sad that they are leaving other Sahaja Yogis. You feel so close and so near to others. Those people now, Dr. Warren is a very well-known doctor from Australia and there are other people like him, who come to India. In India people are very humble. They live in the villages, they live in the small little huts. They beat each other equally with such joy. They never have that feeling of class consciousness. All this is lost. All the joy of just meeting another soul who is a realized soul, feeling the Spirit of that person, the fragrance of that person, makes you happy. So now you must know you are on a journey of the new world. It's a new dimension. So give up all that was nonsensical and gradually we'll know that this is nonsensical. Because if you ask the questions after realization, you can feel the vibrations. That's why there's a difference between one and another. I find that one has no vibrations and another has vibrations. And he will go on saying that this should not be done, but another will say, no, this should be done. But the one who has the vibrations must be always listened to. And

that's how the things work out better and better and better. And this quarrelling ends up and you become very loving people to each other. This has to happen, unless and until this happens, if husband and wife, two persons can't live together happily, how do you expect the whole world to live together happily? By forming these United Nations, by forming these, all these artificial things, do you think they'll live together? They cannot. Basically what has happened is, they think they are individuals. They are not. They are part and parcel of the whole. Like one cell in the body is connected with another cell. In the same way you are all connected with each other. And that you can find out after realization. Once you find out, you feel so secure and so happy. You have brothers and sisters all over the world. Wherever you get, they will know that you are here. There was a girl who went to Sicily once. She, she is a Swiss girl, Ruth, and she just went there and she was sitting alone. She thought, oh, what a place Sicily is. There's not even a single Sahaja Yogi here and I'm just sitting alone. These people are all playing monkey tricks and she was just a little bit feeling lonely. And suddenly she felt vibrations. So she turned round, there was another girl sitting. She said, are you Mother's child? She said, yes, are you? And then they grasped each other. They were so happy, you know, and the tears started flowing through their eyes and people couldn't understand what has happened to these two unknown persons suddenly get into such jubilation. Her name was Gilman and she was a French girl. And they said it was such a pleasure to meet her there. Just by vibrations she felt the oneness and they enjoyed. Then they said the life was so great there in Sicily and they established a center in Sicily after that, both of them put together. Can you imagine? So all these things happen and then you understand that you are living with another language, with another life which is so beautiful and bubbling with joy every moment and you start seeing the joy everywhere and you're just enjoying yourself and also you enjoy the mistakes you have committed. You love that you are innocent. Oh God, I was like that. That was me, that's finished, now gone. So it was like this. And you just make fun of yourself and you really see that, oh, that was me, that was Mr. Ego of mine, oh, how do you do, why, why? It's a very interesting growth when I see them like that and when I see them enjoying each other. That's the greatest joy for me. There's nothing else I want. I want that you should feel that joy and that love among yourself. There should be no quarrelling, there should be no fighting, there should be oneness of understanding and move under one person. There's nothing to fight. Like I cannot contact every one of you, so there's one person appointed. Like here we have Steve and Christine, both of them working out in Boston. You'll find them extremely good people, they're extremely nice people, they have done a very good job. But maybe some person might be a quarrel, some person, fighting person, may fight them, doesn't matter. But you stick on to them. Till I find they are hopeless, they'll be there and when I find that they'll go away. So you should not worry, challenging their personality, challenging their leadership. Try, it will help you a lot because all of us have to be together in complete love with each other. Nobody wants to dominate anyone because we have to gain nothing, we have to gain nothing. It's a system where you give, this is the only system where you give. But we have never experienced before the power of love, the power of this purity, this innocence. We have only used head to it. That has been our power, so give up that and use this power, it's so simple. It works beautifully, only you have to learn how to use it. And it works sometimes with great strength, sometimes delicately, sometimes mysteriously, sometimes giving you lessons is very sweet. So you have to learn all these little little things when you'll enjoy how this mind is a monkey, how it works and how you watch the monkey there. And it's beautiful to see yourself like that, the drama of yourself. May God bless you all. I'm very happy to be here in Boston and you know I'm going away. And we have a little program tomorrow for which we have to sort out people. I don't know how they are going to do it. And I don't know whatever they want to do, they can do it. But we'll have again the session of Realization first. And after that we can see how it works out. But tomorrow's program is rather something which we don't expose people to normally because people are not yet ready, I should say to accept the truth is very difficult. So we don't expose people to that. But considering that I'm here today and tomorrow and I may not come next year, I don't know, they think that we should allow people to come down and get the experience deeper and we should expose them to Sahaja Yoga. But sometimes we lose some people with that. It's rather risky, I know that, but I don't know they will themselves sort it out, I don't know what to say. Because this is a higher blasting as you can call it, where you get your Realization much deeper and you understand yourself much deeper and also you get nicely rooted into your Spirit. But that we don't allow people to go through till they have established themselves properly. And that's the thing we are thinking about. We are in two minds what to do. Now it is for you to decide, I have to come to a ceremony like that tomorrow we are having, because these days, nine days, are very important days where the Goddess is worshipped and tomorrow is a very important day again. So we have to have the ceremony and the Indians know what it is now, Ratri, tomorrow is the very important day and that day all over the world that is going on, all the Sahaja Yogis are doing, so we have to do it and those who would like to come are welcome to come for that and also you are invited for a lunch there. Now today let's again have experience of Realization. Those who have come for the first time, please raise your hands. Quite a lot of them. Why don't we let them come to the front and let some of the people who had it sit behind and afterwards they can work on it. All right, what we can do, you see, just to adjust this, because those who

have come here for the first time are to be given Realization, that's important. Others mostly have got it. Those who have felt the cool breeze yesterday and day before, please raise your hands, let's see. That's enough. All right, now what I would suggest that those who have felt like that should go at the back and those who have not felt should come forward, because those who have felt will know how to work it out themselves. So we can have them at the back side and we'll tell them how to do it. You must know that you do not know anything about it. This is not a dark room in which you have to enter. It's a thing that has to be logical, you must have all the knowledge about it, you must know what it is, what is the Kundalini, what are the chakras, how to put it right, how to give Realization to others and how to maneuver it. And anybody who has given you initiation, if he has not given you Realization, then better forget them. That's very important, that there are so many in the market, one better than the other. So I have to just tell you that those who have not given you Realization, if they are still in your head, better get rid of them for the time being, till you get your Realization, because if you go on like this, there's no end to it. You see, people here have gurus just like as they have locks, you see. They go in the market, this lock is not good, so that's all. See, it is the one who gives you Realization is your guru, otherwise who has not given you Realization is not a guru. So forget them. There are many in the market. The lady asked Me, I would say, forget all of them. She hasn't got Realization. Finished. You be selfish. In the sense you must know what you have got yourself. That's the important part. If you haven't got anything, then it's useless. I mean, you go to a shop, pay the money, you walk out without anything or at the most with a disease. Is it what you are seeking? Just it's logical. So if you have been to someone like that, just forget it. I'll try to neutralize it. I'll try, again I say, because there's no guarantee. But I'm sure it will work out. Don't have any doubts about yourself, that's all. You can have doubts about all of them, but not about yourself. Just slip your shoes off, because that helps you to be... Just slip off your shoes, please. And loosen many belts that are there, collar and tie, just loosen. Not to have very, very tight clothes in here or here. These are chakras, you see, so make yourself little loose there. Now, you have to put your both the hands, just like this, on your lap, very comfortable. You have to sit comfortably. First of all be comfortable. There should be no crowding up, there should be no problem as far as the bodily comfort is concerned, because your attention will be diverted. As I said, at this moment you are with Me. Forget the past. Whatever you have done or whatever has been there, forget it, forget it, forget it. You are not to feel guilty at all. At this moment you are in the present. So please don't worry what you have done wrong, what is gone wrong, nothing of the kind. You are seekers, you have come to seek the truth, to be the Spirit and it doesn't matter what you have done. Everything is forgotten, forgiven. So you also forget and always say that, I am not guilty at all. Don't live in the past, whatever has happened has happened. Now, both the feet should be on the Mother Earth, because She helps us to suck our problems. So just... And the left hand is the hand of your desire. Now it should act spontaneously, it does act, but as you know there are problems on the chakras. I have to work it out myself and you have to help Me that way, that you work it out yourself. So I will tell you how to put your right hand on different centres, to nourish that centre which is little bit weak. And you have to close your eyes. Please don't open your eyes. Even if you have spectacles you can take it out, will be better, because it also helps the eyesight. You are not to open the eyes till I tell you and it's quite some time that you will not open your eyes. So keep your eyes shut. Don't open your eyes. Keep your neck straight, not too much bending forward or backward. Just keep your neck straight. If possible don't have any hats on your head, will be good, because this Asrara has to be opened up. If you can take out your hats, will be a good idea. So this portion is left open, this has to open out. All right. Now keep your eyes shut. Put your right hand on the heart, on your heart on that left hand side. Only your right hand has to be moved, left hand has to be straight with your fingers stretched. Here you have to say or ask a question to Me, calling Me Mother, if it is easier, Mother, am I the Spirit? Ask the question, Mother, am I the Spirit? You should take the Malas off the table with Mala. Just ask them to take out the Mala. If you are wearing any Malas or anything from any guru, please take them out also, because they stop the Kundalini's awakening. So please take it out. It's better to be kind to ourselves and fair to ourselves, because we are here to achieve the Spirit and not to be belonging to anyone like that. We have to be ourselves to begin with, and then only we belong to the Kingdom of God. Now just say, Mother, am I the Spirit? Ask Christ. Ask Christ. Mother, am I the Spirit? Now put this right hand down on the stomach, on the left hand side and press it. This is the center of the Primordial Master, and as the Spirit is your master, you are your own master. So you have to say, Mother, I am my own master. You have to say that ten times. Shooji. After saying that, you put this hand little lower, at the lower side of your stomach, on the left hand side. We are working the left hand side only. Now at this point you have to say, Mother, teach me the Divine technique, or make me the Divine technique. Mother, make me the Divine technique. Six times. Good. Now you again put your hand on your heart. Now with full assertion, without any guilt, without any guilt, you have to say twelve times, Mother, I am the Spirit, because you are the Spirit, you are the Spirit, you are the Spirit. So you have to say, Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit. It's good. Now you put your right hand, raise it on the base of your neck, on the shoulder and pull it out a little bit. At this point you have to say, sixteen times,

Mother, I am not guilty. Mother, I am not guilty. Mother, I am not guilty. Mother, I am not guilty. Mother, I am not guilty. Mother, I am not guilty. Now raise this right hand on your forehead across. At this point you have to say, Mother, I forgive everyone. Say it twice but with full confidence. Mother, I forgive everyone. Now put the right hand again back onto the back of the head, back of the head where the optic lobe is and push it, put your, push your head backwards and hold it tight. And say now here, without feeling guilty, again hundred times I say, without feeling guilty you have to say, if I have done any mistakes, O Lord, please forgive me. Say it thrice, without feeling guilty. Now put this hand on top of your head and press it with your palm in the center of your head and try to move it clockwise. But at this point I cannot take your freedom into My hands. You have to have your freedom whether you want your realization or not. So you have to say, Mother, give Me my realization. I cannot force upon you. So you have to ask for it. So just say, Mother, please give Me my realization. Say it seven times and move the head in a clockwise manner while saying that. Mother, please give me my realization. Mother, please give me my realization. Mother, please give me my realization. Now put the right hand without opening your eyes on your lap. Now, put your left hand up on your head, little about five inches, and see if there's a cool breeze coming in. Little higher, little higher, because at the little higher, about five inches, not too high or too low, but see yourself, you can move your hand and see if there's a cool breeze coming in. And in your hand also there's a cool breeze coming in. Now change your hands and see for yourself. Put the left hand on the lap towards Me and see with your right hand. Go on changing your hands. Now put both the hands towards Me and now open your eyes, put them on your lap, open your eyes, slowly, very slowly. Now watch Me without thinking. Now I'll teach you how to raise your Kundalini. You may put on your spectacles if you want to. Put the left hand in front of you like this, just like this, left hand in front of the Kundalini, like this while sitting down, and now try to move your hand from the Kundalini upward, forward, backward in a clockwise manner. Let's start. Now put it on top of your head and loosen your shoulders and twist it round and give it a knot, a big knot. This we have to do three times. Let's do it again. All of you should do, then later on we'll say, I didn't get it. Loosen your arms, put it up, put back your head and give it a knot. Do it again once more. Now this time you have to give three knots. One, two, three. Now see in your hands, are you feeling the cool breeze? See on your head also. Why didn't you do? It's all right, you put your hands, you'll be all right. Put your legs all right. See, is there cool breeze coming from your head? Put all your hands up like that and now ask the question, is this the breeze of the Holy Ghost Mother? You start feeling it in the hands. Now see for yourself. All right, there's no thought in the mind, there's no thought. Enjoy your meditation, just close your eyes, don't think. Now those who got realization yesterday should get up and see over the heads of other people and Dr. Warren will tell you how to do it. There's Steve here, they'll all see how to do it. Come along, I'll put your elbow right. Come here, this girl. Just see, don't open your eyes, keep them shut, they will see if there's a vibrations coming from you or not. All those who got their realization before should join them. Now see what happened to your elbow.

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Now, I'm sorry you have to talk to them somehow. We have already made arrangements at sort of selections, they are you know, of marriages, for children or all that. You can have a picture. You will be able to sit here or I should I sit there or should I sit here? You can better you can sit here, you can sit here. You can do lesser. There are pictures. You can go back, you can go back. All people. Still little. You can sit here, I will show you. All these are You could close in a little, people need not sit in the sun. Close in a little, if you can. Some people can come from this side, don't sit in the sun please. That's the sauna round screen. Now take their names, you should stand up and you can see for yourself. If it's all right, say yes. All right? I've been working on it for days together and then ultimately yesterday I think I slept at five o'clock in the morning. It's very difficult because you are from different countries. You are from different countries and also you are from what you call you between the ages, different heights. And very different, you can say, the aptitudes and professionals and things to match everything is very difficult and in such a short time. So now we have tried to get the people as much as possible, but those who could not get a match also we have to be without. Because you should understand that it's very typical to find match for everyone at every age. So this current in it, she has not come I think yet she has been now to be married to Johann de Kauker. Johann de Kauker. Now this Italian lady has not yet come but she is becoming a very tricky Aasthi with Nicholas Grandley. Now Nina's ambiguous is to be married to Anil Matani and she is still in Pune, Dalla Manti. Nithya, Malderma has not yet arrived and Sandeep Chowdhary Gadkari is still in Pune. So they will be back. This Ami, Ami from USA, is she here? Ami? This Ami, Ami from USA, is she here? Ami? Yes. Ami is now in Pune, but she is now in Pune, I mean, she's coming later. Then you tell her she has to marry Gagan Ailu Valia, she'll be coming down to

food. APPLAUSE Hari Bhamra, come. Hari Bhamra. I haven't seen this girl, but it's for your choice later on, you can decide for yourself, her name is Sanjana Mali or have Hari Bhamra. You can have a look like her, all right? APPLAUSE They'll be all coming to Kumbhaka. Andrea Everwain with David Boyd. You want to? Andrea. APPLAUSE Where is Andrea? From Germany, I think she's from there. Andrea? Andrea is from there? She's from Andrea Everwain, Graz. Andrea Everwain. She's not here? She's here, she should be here. Andrea, come here. APPLAUSE I'll see that. Andrea, come. I'd like to see her expression. LAUGHTER Where is David Boyd? Wow. Andrea, you better have a look at him, all right? Shawityan. LAUGHTER APPLAUSE You also come here? You come and run, I'll give you the Master's. Then there's Pamila Lee from New Zealand and Peter Brownscope. APPLAUSE APPLAUSE APPLAUSE You just wait there and buttohole culture. Wow. APPLAUSE Robert Hubert and Marine North. APPLAUSE MacDonald, Annie MacDonald and Francis. LAUGHTER And where is she? LAUGHTER Annie MacDonald. APPLAUSE She's from... Australia, she is from Australia. APPLAUSE Annie MacDonald. LAUGHTER LAUGHTER Australian, do you know her? No. LAUGHTER Everybody is disowning her. APPLAUSE I don't know what exactly, so how many know you? And it has an advantage, because in your time of the Pococitra, you don't have to, it's also starting. And this very only that I have, it will look very nice. There are all kinds and all colours. This is for 21 parts, for every plant. All right? I will be right. APPLAUSE

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So we have glass doors. Ladies and gentlemen, respect. You are in for home or I have been privileged many times in my life with no rights in my power just to share that. So we have used you in my research programs and but essentially the case in Europe where such a home would have seen really ridiculously small to receive across rich change and rich. So by somebody who is now in New York, in the summer of 2014, when we partly involved in the program I don't know how to tell you about how I've shaped him. We are a totally professional person and I can't believe that New York people are so insensitive to such an extraordinary event as you're coming in this specific. And I can only blame us for being at the time of the pandemic which was not at all ideal for the purpose. And I can only objectively take a break from all this. I know that for the first time there's been a little bit of a state of thought so if you don't know is what she offers in the program and the political meditation which found them. And I believe in the same, the incredible enthusiasm for this genuine opening of our spiritual potential. He certainly can't be the one that has to look at all this and to share with sense of history. She knows if I need to do for a few minutes or like that too. So to our frontier for the first time, what is to be expected in this program. New York is a city of experience. I think that was sort of understated at the time. New York is a city of high notes and experience. And as a commuter I cross hard and related with other people from my favorite area of the country, the page of the Wall Street Journal. And if I take my notes out of the Wall Street Journal, however I don't really depend on it. I know for the minute I see a lunar world war two long times in a day because the extreme of poverty less than traces on the geography of that part of the city. And the trade that we've got down the road and then there are the individuality of this iron building where some people have made an income of a few hundred million dollars a year. Now people are quite in a certain experience that when they look for the conflict, we lose the roots of our condition. If we look at the roots of our condition, there is each form of a focus tendency. The first corner for western civilization was Greece and their philosophy. And the concept which was central to the concept of armonia, and this is expressed in the aesthetics of Greek architecture and the Bartheon. And it is basically the art of freeing the violence in one's life. Now of course violence, the conflict of experience, violence is where people are needed in the proper order for what purpose should be the violence. This was idea of a bridge, a new dimension to the building plus specificization of the Bartheon. And that dimension is to explain why violence was born, why the extreme of the people in the city of Georgia, where there are extreme circumstances, such as crime on the street, why actually there shouldn't be violence in it. And the explanation is in this chart that you see here, because if I may very quickly introduce the hypothesis that is actually being written for you, this is the hypothesis that this exists and the verification of the hypothesis, which is most definitely the absolutely unheard of and historical dimension of the religious message that the hypothesis is going to be verified. And it's going to be verified here and now. Some amount of talk is necessary for the audience to know what we are talking about, that it is not the key of that program, even that talking is something that everybody can do, and whether we have to do a barbeque, it's an armonia and a conflict of what our knowledge wants and the memory works, that we've been experiencing, whether we're on the post and our nation stand open. Now, where are the extremes to be observed? There is blue channel, there is yellow channel, there is blue channel in Sanskrit, because that knowledge was known by Seattle of the ancient, the early days, is for the dynamic, the channel of the way of the ocean and the other, the subconscious and this

yellow channel here is bigger than the other, it is the channel of action and of our mental body and is the other aspect of our psyche. Now, maybe between this genealogy, it's the brain and that's the rate of the brain being left to the left side and that's the rate of the right side. I will not now elaborate on those aspects of our internal system, so I see it to say that the central channel is the one which brings about balance and is the third, the famous third option, the famous synthesis which has been reached beyond these two movements of our attention between emotional and emotional. They are peaceful, very collective and extremely moral by themselves. Nobody had to tell them. Because they were self-lashed, because they had the power of their self. And this is what has to come one day to New York, which is very important. But as this is the financial capital of the world, they say, money becomes more important. And those who can charge money, many people have told me that, that if you start charging money, there will be many more people who will come. But you cannot, because how much can you pay for your self-realization. So the understanding will come and there's nothing to feel upset, because anything that is reality doesn't start with a bang. You can create thousands of plastic flowers, but to create one real flower, it takes time and you have to have that patience. Because Sahaja Yoga is a living process of your evolution. You have evolved into this human state, there's a little breakthrough that is to be achieved. When I came here, this was the first country I visited and that time I was amazed how people were seeking ardently, but how they were misled by advertising, by false promises, and also by using all kinds of devious methods. There was no honesty about it, there's no simplicity about it, and they weren't. At that time when I was talking, I remember I was in Los Angeles and San Francisco, the gentleman who had organized my program told me, that, mother you better take a sort of a copyright. I said, for what? I said, for your lectures, because they'll use their your lectures and they'll put up big organizations. I said, let them, it's a very good idea. It will go to people, it's a very good idea, that they should know there's a new age coming, they should also know this Aquarius age, they should know all about it, there's no harm. I am not interested that I should do it, anybody else can do it, it will be a good idea, because what I'm interested in, that people should get their knowledge, they should get their self-realization. And that's how so many ideas have cropped up. And what I feel, that there's a kind of a guru shopping going on. And people are lost, also they have lost faith. It's unfortunate, very unfortunate, because the people who deserve, who need Sahaja Yoga, live in New York, not in India. In India people are not so tensed up, they are not so upset, though they are poor, but the riches also gives you lots of problems. But when they say that the people are affluent, they go up to a point where they start just feeling what is beyond. There must be something beyond this, this is not the end of it. And that's what we say that after the principle of Lakshmi, that is the wealth, is fulfilling, then the Mahalakshmi is the higher seeking starts. To seeking after money, seeking after power, when it shows its results, when it has an effect on the personality of a person. When they see that the society suffers, every individual suffers, the ecology problem, then they start thinking, where did we go wrong? I met many intellectuals also who study religion, study all kinds of yogas, they know, but nothing inside. They said, we have no power within ourselves that we could really control ourselves. They are taking drugs, they are alcoholics, I mean if you look at them you will not even think that they have read any book. The reason is, the knowledge that we talk about is not a mental activity, it's not an emotional activity. It is a state of your awareness. Luckily Jung has talked about it. That is the state of collective consciousness that is on your central nervous system. I think he has really, clearly mentioned about it, but as he couldn't give realization to people, he couldn't prove it. Though people study him very hard, accept him as a philosopher. This is no question of philosophy, no question of reading. It is something within you, the power. It lies in the triangular bone and it has to be awakened. It's like a premude in a seed which is to be sprouted and for that you cannot put in any effort. It has to be effortless. That is Sahaja. Sahaja means with and germ means born. Is born with you, this right to get this union with the Divine. Now if I say there is Divine power, a subtle Divine power of love of God which is all-pervading, people won't like it because even to take the name of God people don't like it. Because they just think of fundamentalists. But if I say so, you have to treat it as a hypothesis and you have to have an open mind of a scientist to see for yourself. If it is so, let us feed it, why not? If you have that kind of an attitude, then it works. Even if you are an atheist, it works. Even if you are a certified bad person, it works. It may not work in some, but in many it works. And that is the last breakthrough. Just like I would say to make it very simple, like this instrument is here. Unless and until it is connected to the mains, it has no meaning. In the same way we have to be connected to the mains. And once we are connected to the mains, we know the absolute truth. That's a fact. Not because I am saying so, but you will find it. That's that's a fact. As a result of that so many things happen. As you have seen there are six centers through which this power, this vital power, which is in a triangular bone, passes through, nourishes all these centers. These subtle centers are related to our plexuses. This goes up and down. To our plexuses, physical plexuses as well as to our emotional side. As soon as these centers are nourished, we have seen is a fact again that very many incurable diseases are cured. No doubt about it. I am cured without any medicine. The medicine is within you. But that's nothing. That's very simple. Mentally many people have been cured. Also your intelligence becomes balanced, sharper, deeper and you become a dynamic person, but you

are not aggressive. You are not aggressive, but you are compassionate. You are not aggressive, but you are compassionate. You are loving. You are beautiful. And you are magnetic. Even a glance of such a person can do wonders. The presence of such a person can do wonders. Now you are a person, a person who has the ability to do wonders. You are magnetic. Even a glance of such a person can do wonders. The presence of such a person can do wonders. Now supposing a person who is a violent person, who has been a criminal, who has been suffering from all kinds of diseases and also he has been indulging into all kinds of nonsensical things which are self destructive. If such a person becomes a beautiful person, why shouldn't we do that? It's just this, something is wrong. Sahaja Yoga going up now. So with this transformation, Indu just changed. But it works our mass. Mass is changed. Now for example in say in India we have 15,000 people in big cities, 12,000 people and they get their realization. But the reason is there has been lot of work done on this life. There have been lots of seers in that country. There have been lot of saints, real saints in that country who have talked about it. Thousands of years back they have predicted about it. People know about it. There is a background. Same about Greece, same about Egypt. There are ancient countries. In that span of time so many people came and talked about it and said about it. Not that America did not have self-realized people. I would say Abraham Lincoln was a realized soul. But he could not talk about these things to people. They would not listen. There were many people who must have felt that this must be told. But the time was not there to talk about it or to write about it. But still it can work out. We need only one Abraham Lincoln to do such a marvelous job. We don't need too many people. So we have to have such people around who will understand this great happening within ourselves. Now the modern Sahaja Yoga, because Sahaja Yoga has been there since ancient times. The modern Sahaja Yoga is the one by which you can have our mass realization. Because the time has come. It's a blossom time. And in this blossom time you have to have your realization. Then one can talk about God. When I came here first I didn't talk about God. A word about it. I told them about all these powers and all that. And many organization has come up. I know of an Indian gentleman who has a very big following here who came to Sahaja Yoga. And he said that I have to start making money out of it. And he has lots of disciples. He has a big ashram here. But it's a pride. But we should not deviate ourselves because reality is the one that is going to work it out. Not artificiality. There's something good about artificiality that it shows up. It exposes itself. And artificial people fight among themselves and it gets neutralized. It does no good to anyone except for feeling somebody's pockets. And spoiling so many people. It doesn't do any good. So it is for us to understand, not to get disappointed. I started Sahaja Yoga with one person. What is important is how deep we go into ourselves and acquire something that is our own. Which makes you an absolute personality. Tomorrow again we are going to have my lecture. So I hope I'll be able to tell you more about it. But today I think let's spend some time in question and answer would be a good idea. Let's see what sort of questions you have. Listen, come this side is better for me as it's just... I said, no, no, no. I was saying the one who has to listen to the question could be on this side to tell me. Yes, sir. Yeah. So... Yes, please. Give me the question. I can't hear you. She wishes to apologize for all the New Yorkers who didn't come. You see, do you think that New York belongs to you? It belongs to me also. Who want you to apologize? It's all right. It's all right, doesn't matter. May God bless you. You see, they... what works in all these places is high technology of advertising. That's what they are used to, conditioning. But they'll come round, don't you worry. Yes, please. You all desire to be killed and not married. For that, mostly say the mind should be beaten and should be silent mind and a meditative mind. Now in Bhakti which I find that you have to exert your will, the moment you force your will on your thinking, then you are making that mind or brain or whatever or thought to make all it dull. That sensitivity, the awareness of the mind is lost. Why would like it if you could just... Yeah. You see, Bhakti that we know of is the Bhakti when we are not connected with God. When we are not connected with God, it's something like we are telephoning without the connection. That's why Bhakti fails. But the Bhakti of a person starts as a Shraddha when he is connected. The difference between the two types of Bhakti you can see in our Indian literature very clearly. Well, Meera is talking here, when will I meet you, how will I meet you in separation? And there are people like Nanaka, there are people like Abhira, who talk with authority. Pachopachisopakara bulau ek ahi doramandau. I'll get all out 25 people and put them onto one string of Kundalini. That authority, like Christ, that authority with which they talk when they sing the praise of God. Like Nanaka says, why are you running to the jungles? God is within you, seek within yourself. That authority when they talk you can feel it that these are the people who are connected. So the Bhakti without the connection has no meaning. On the contrary, it is sometimes very dangerous. In my experiences of the people who have been Bhaktas of this kind, it's amazing that I have seen these centers as we are talking about have deities on them. Now if a person is following a particular deity, say for example we say Shiva is in the heart. And a person who follows Shiva or calls his name, gets a heart attack. You can make it out from the disease he has, what deity he is after. I used to wonder why it should happen, but it's something very simple to understand. That without any protocol, how can you take the name of God? Supposing we have here Mr. Bush as your president. If I go to White House and start shouting, Mr. Bush, Mr. Bush, I'll be arrested. In the same way we have to have a sanction. Without any sanction if you just get

after God all the time, talk to God, say, without any sanction if you just get after God all the time, torture him and God saying, God, God, God, God. You get arrested. And many people come to me and say that now see we've been reading so much of Sri Krishna's thing, we are taking His name and we've got the cancer of the throat. Because He remains on the Shri Shruti, you get into trouble. If you find a Christian who is a fundamentalist, he'll have this Agnya, very badly got up, horrible. Because you are not authorized. Whatever is the fact I'm telling you. So you have to have connection with God. If I belong to India, I can ask Indian government for my rights. I can't ask United States government for my rights. Unless and until you are in the kingdom of God, how can you ask for your rights? You have to enter it. So just now as human beings, it's the grace of God that can work on us. But we cannot demand. Unless and until we are connected. And I have seen it out and out. In Maharashtra people are very devoted to Dattatriya, Adi Guru, you see, and that principle lies in our wide here, as shown here. Invariably they all suffer from stomach trouble. So the pestering God like that, without authority, is very dangerous. You see, even to approach a Prime Minister, you have to go through so many channels and to have an authority. Then God is what? He's not in our pockets. That we just take him out, oh God, now come along, tomorrow give me a job, day after tomorrow do this. He's only possible if you are in his kingdom. Then you can say that. Even you don't have to say, he just looks after you. It's a fact. But nobody's going to believe it unless and until you have the experience. Now there are many here who have experienced that. So the Bhakti has to be enlightened Shradha. In the same way the technique, there was one Self-realization organization here in America, which was the same style as the Bhakti style. When I first came I was amazed that the tongues were cut and the tongues were hanging, just like a dog's, you see, has a tongue hanging down. They couldn't talk these people. I was told that this was done just to put the tongue back for a thing called Kechari, that is in Rajyukha. And it was called as Kriya Yoga. So you have to do the Kriya, you have to do the action, take the tongue and put it back. Now this is artificial. When the Kundalini rises, you see, like a car when you start, automatically all machinery starts working. When the Kundalini rises, automatically the Kechari takes place here, you don't even feel it. But it works that way. Bandhas take place, everything takes place, you don't know anything. When you eat your food, digestion starts, you don't feel your food digested. So it's so automatic, it's spontaneous, it's living. But this kind of a Self-realization is like move the wheel or move the tyre of the car and it moves something of that kind. It's very artificial. We have not been able to see through that so much of artificiality in the name of God is carried on. And then they say, there's no God. If you do something artificial about it, you are not entering into the reality. Now we have many people who are supposed to be in Bhakti. They do all kinds of things, they are smugglers, they are black marketeers, they are killers, they are murderers. You may follow any religion. You may be a Christian, Hindu, Muslim, any, any religion, Buddhist, anything. You can murder anyone, I mean there's no harm. Nobody thinks that it is important that because you are a Christian you can't murder. So there's no binding, there's no power that controls you. But once you are a realized soul you just don't do wrong things, just don't do it. Because all this is artificial. But to accept it we find it difficult because it's a conditioning in our mind that you see if you do Bhakti is all right. All right? You have to have Bhakti but since it's more an entertainment, this kind of a Bhakti is more an entertainment. Real Bhakti is only possible when you become one with the Divine. All right? That means that there is a method to achieve this. Yes, of course. But the truth is pathless. Truth is what? Pathless, it has no way, no, you can't say truth. Because we can't say truth. Who says that? No, that's obvious. I have met persons you see who have never read any book. Yes, of course, there's no need to be. They have no guru. Nothing, I am one of them. I am one of them. I have not read any book, I have had no guru, nothing. I am born like that. No, the logical thing that they say that they are their previous karmas. Maybe. I am born like this with knowledge. So what I mean to say is that the very awakening in those persons. Awakening is always described in all the books. In all our scriptures, awakening is described, even in Koran it is described. Everywhere it is described there has to be an awakening. There has to be an enlightened man. You see, we would say that at the time of Sri Krishna, he didn't talk of Kundalini awakening because that was not the time. But in the 12th century we had Ganeshwara, who was a great, one of the greatest poets you could think of on spirituality, who died at the age of 23 and wrote his Ganeshwari at the age, they say so, of 14 years of age. The whole of Gita is written. In that he has very nicely in the sixth chapter described how you get your realization through Kundalini awakening very clearly. Now, let us take this way also. Whatever is written or whatever is there, today Krishna is not here, today Ganeshwara is not here. Let us see if this is the truth or not. Why to depend on something, the explanation of which we cannot ask? Why not today as it is, I am sitting here to get your Self realization? Than to depend on something which you cannot explain, you cannot grasp. It's always so. As you know when Sri Rama came in India, they said, we believe in Parshurama. Then when Sri Krishna came, they said, we believe in Rama because they are all dead, so it's better to believe in something who is dead, so you can believe into whatever you like. But why not believe when somebody is living? Why not believe when somebody is living? There is no question of believing also, just to get it is your own. If this diamond is your own, why not get it? Why to depend on something? Because somebody has said something somewhere. Why not be achieved? Supposing I say, there is a diamond

available here free, not New York, even from Australia people will fly out. We should have the same attitude towards spirituality. Then only it works. Otherwise there are many who are depending on such a thing and have died, depending on such thing, got nothing. Any other question? You got something on as well. Is there something, anything left in? Any other question? Yeah. What is it? What is it? What is enlightenment? What is enlightenment is that within us resides the Spirit, which is the reflection of God Almighty. And when this light, which is within us, which is a witness, becomes enlightened in our attention, then it is enlightenment to put it short. But to explain it fully, I'll need one big lecture. In the enlightened state, a person becomes endowed with inner peace, inner joy. And the attention becomes active. It acts. Acts for the benevolence of others and for the benevolence of the person. So the blessing of an enlightened personality is both ways. It gives benevolence to the person as when, as benevolence to others. This is the minimum of opinion. But in enlightenment, you know what's wrong with you, what's your problem, and also you know what's the problem of others. If you know how to correct these, you can give enlightenment to others. So in the second stage of your enlightenment, you get the power to give enlightenment to others. Unless and until this happens, whatever people may say, I'm this and I'm that, you are not to believe. Even an ordinary policeman has an authority and he has certain powers. So those who talk that I'm this, I'm that, if they don't have power to give enlightenment to others, then it's better not to listen to them. Listen to them. And what does she say? Huh? Of course, of course. Of course they can give. They can give enlightenment, no doubt. Yes? Yeah. That's what you have to know. When you get enlightened, you can give also. It's very simple just to put your hands behind their back and you can get it. Yes, even this putting hands like this, you can get your enlightenment just now. Yes, of course. Yeah? That's good. That's very good. Come and sit here. All right, please be seated. Please be seated. I'll give you just now. I'm going to give everyone, all right? Just now I'm going to give to everyone. You better be seated. I'll give you also. All right, please be seated. Make yourself comfortable. Very good. This is a seeker. All right, that's very good. Should we have enlightenment? All right, that's time. We'll try. We have to take out our shoes just to help me, put both the feet on the ground. At the very outset, we have to know that we have not to feel guilty. We have not to blame ourselves for anything. Nor do we have to think of our past. Past is past, just now in the present. You have to forgive yourself completely. That's very important. Extremely important. And you have to sit with an attitude of a mind that is pleasantly placed towards yourself. Forget about your past, forget about your problems just now. And I'm sure it will work out. If it doesn't work out today, it will work out tomorrow. It works out. All those who have been in Sahaja Yoga, it has worked out with all of them. And they know all about it. It's all right. All right. All right. So, just you have to put both the feet on the Mother Earth, because she helps us a lot. And both the hands towards Me. Before you close your eyes, I'll tell you how we have to help our centers. Of course, it's not necessary to do all that. It works spontaneously. But it's better, I tell you, because when you are connected also the connections can be loose. So you should know later on how today is your Kundalini again to establish the connection. So today I wish I will be able to, I think I should be able to tell you what centers there are, which we have to really nourish and help. So we say that the left hand represents the power of our desire to have realization. So when you put symbolically your left hand towards Me, it means you want to have your Self-realization, your enlightenment. Please don't feel guilty. Please don't feel guilty. Nothing matters. Nothing is important. It works. Put your left hand towards Me and use your right hand for nourishing your different centers. So first you have to put it on your heart. So you have to put it on your heart. So you have to put it on your heart. So you have to put it on your heart. So first you have to put it on your heart, your right hand. Put your left hand straight like that and right hand. Sit very comfortably. There's no need to be in any way uncomfortable. Now this is the center of our heart where resides the Spirit. First. Second we touch, we work only on the left hand side. The upper part of our abdomen on the left hand side. And here is the center of your mastery. Mastery of the knowledge of the Divine. Then you have to put your hand in the low part of your abdomen on the left hand side. Is the center which works out this knowledge in your being. Again we go back to the center of your mastery on the left hand side in the upper part of your abdomen. Then we put our hand on our heart. Then we put our hand in the corner of our neck and our shoulder like this from the front side. And turn our head towards the right. This is the center we catch when we feel guilty. It's a very dangerous center and causes you diseases like angina, like spondylitis, all sorts of diseases which they call as incurable. So you put your right hand, right your head towards your right and right hand on the corner of your shoulder and your neck. Now second thing you have to do is to again put your right hand on top of your forehead and bend your head pressing on both the sides. Bend your head. This is the center of forgiving others. You may say that is difficult but whether you forgive or you don't forgive. You don't do anything, it's a myth. But if you forgive then you don't play into wrong hands. Now you take your right hand on the back side of your head and raise your head, put it backwards, see upwards like this, close your eyes when I tell you. Now this is the center where you have to ask for forgiveness from the Divine but you don't have to count your mistakes. Now then you have to stretch your hand because in the center of this is representative of this soft bone which we had as a child called as fontanel bone area. Please put this hand on top of your head and press it hard. Push back your fingers, put left hand towards

Me put down your head and press it hard and move it seven times your scalp very slowly, clockwise. Now this is the center through which the Kundalini comes out and gives you your connection to the Divine. You have to do it seven times now. You have to do it after closing our eyes. I hope you all have followed it and I will be every time guiding you. Now please put your left hand towards Me, both the feet apart from each other and the right hand on your heart. Now first of all don't feel guilty. You should be really pleasantly placed towards yourself. Don't feel guilty. Close your eyes. You can even take out your spectacles because you don't have to open your eyes till I tell you. Now put your right hand on your heart. Here you have to say, you have to ask a question to Me. You can call Me Mother or you can call Me Shri Mataji, whatever suits you. A question very important. Mother, am I the spirit? Ask this question three times within your heart. Mother, am I the spirit? If you are the spirit, then you also become your own guide, your own guru, your own master. So now please put your right hand in the upper portion of your abdomen on the left hand side and say or ask another question, Mother, am I my own master? Ask this question three times. Now take down your right hand in the lower portion of your abdomen on the left hand side, press it hard. This is the center of pure knowledge, knowledge that you feel on your central nervous system. So here I cannot force on you this pure knowledge in your own freedom, you have to ask for it. If you have to have the full freedom, your freedom is to be respected. So please here say six times, because this center has got six petals. Mother, may I have the pleasure of asking you if this center has got six petals. Mother, may I have the pure knowledge? Mother, please give me the pure knowledge, say that six times. Now, raise your hand again on the left hand side of your abdomen and press it hard. As you have asked for pure knowledge, the Kundalini has started moving. And you have to help other centers to open out. So to open out this center with full confidence, you have to say ten times, Mother, I am my own master, please say ten times. Now, the greatest truth about you is that you are the Spirit. You are the Spirit. You are the Spirit. The truth about you is that you are the Spirit. You are not the body, you are not the mind, you are not the intelligence, your ego or your conditioning. You are the Spirit. So place your right hand on your heart and here with full confidence you say, Mother, I am the Spirit, say ten times. Say twelve times please. As I have told you before, that you are not to feel guilty because the Divine is the ocean of love and bliss. It is the ocean of truth and joy. But above all it is the ocean of forgiveness and you cannot do anything that this ocean cannot dissolve. So please don't feel guilty. With full confidence now, put your right hand in the corner of your shoulder and your neck and turn your head to your right. Here again with full confidence you have to say sixteen times, Mother, I am not guilty. This says sixteen times. Now, put your hand across your forehead and press it on both the sides and put down your head. Here is the center when you have to forgive everyone. I have already told you that it's a myth that we forgive or we don't forgive, we don't do anything, but if we do not forgive, then we play into wrong hands. So without thinking, without recording, remembering, all the people whom you have to forgive, you just say in a full way, Mother, I forgive everyone from your heart. Not how many times is the point, but from your heart say it, Mother, I forgive everyone. This is the center which always catches in the West and I find it impossible because whenever I see people through, we didn't feel the cold breeze of the Holy Ghost, then I have to ask them again and again to forgive and then it works. So just now why not do it? Now take your hand on the back side of your head and push back your head. Allow your head to rest on your hand and here you have to say without counting any mistakes, without thinking of your past, just for your satisfaction, please say it from your heart. Oh Divine, please forgive me if I have done any mistakes. Now stretch your hand, stretch your hand fully and put the center of your palm on top of the soft bone which you had in your childhood called as Fountain-Eyed Bone area. Press it hard, push back your fingers and move your scalp. Put down your head and move it very, very slowly, seven times your scalp with a big pressure. Here again I cannot take your freedom. So you have to ask for enlightenment for Self-realization. So you have to say seven times, Mother please give me Self-realization. Please give me my Self-realization, seven times. Seven times. Now open your eyes and put both the hands towards Me. Now put right hand towards Me, bend your head and see through your Fountain-Eyed Bone area if there's any cool breeze you can feel it from here, your head coming out. Just see with your left hand like this, not on your head but away from your head. Now you put your left hand towards Me and see for yourself again bend your head. Sometimes you get also hot air coming, doesn't matter, it will all go away. See it, concentratedly you see if there's a cool breeze coming out of your head. Again once more, you put your right hand towards Me, bend your head and see if there's a cool breeze coming out of your head. Now push back both your hands like this and ask a question, Mother is this the cool breeze of the Holy Ghost? Mother is this the Brahma-Caitanya? Mother is this the all-pervading power of God, Slav? Ask any one of these questions three times. All right, now put down your hands. Now those who feel cool breeze in their hands or out of their Fountain-Eyed Bone area please raise both your hands. You didn't feel? All right, you'll feel it. Now let's put it down. Most of you have felt it. Now those who haven't felt also can feel it, it's very simple. So those who have not felt can come and see Me. I'd like to see why they didn't feel it. One man, all of you, those who are new people can also come and see Me. We'd like to see you. Come along, come along, come along. Come on, please come up. Others also should come up, those who are new. No? You are

cool? What do you want? Just come and eat. Okay, that's why you came. Come, let's put our hands together. May God bless you. Come, sit down. All right, it's good. There are new people. Now, you did feel, didn't you? Your eyes are sparkling. Now, good, good. Come, sit down. You are an Indian? Are you an Indian? I met you in Delhi, in the Indian International Centre. What's the centre? Indian International Centre. No, the street. I got the animation then. Then you have to work it out now. To work it out. You have to work it out of this good, good. Sit down. Yes, of course, of course, you should. Good idea. Now, let's see now. You didn't feel it. Can you come this side? Now, just see that. Stretch your hands, stretch your hands. Let's see. Who didn't feel it? Master, you went to some gurus or some masters or something. Have you met before? That's it. Just say, Mother, I am my own master. Just say within yourself. Ten times. Can you come some of the sahaja yogis just to see all these people is? Yes. Okay, okay. Okay. What are you feeling anything? What is supposed to feel? You feel, you feel the coolness. How are you? What? What? Right to the left, come on. This is your seeking, you see, wrong seeking, but it will work out. I feel very happy. Now, she's got it. I feel very happy and very relieved. Thank you. Huh? She's got it again. You got it? Good. You got it too. I can see from the smiles. Now, who else? You didn't feel, madam? You didn't feel? Alright. Now any sahaja yogi, can you come this side? You just have to look at her. Now, who else? You didn't feel, madam? You did. Didn't you? You are either sparkling, I can see. What about you? You didn't feel it? Now, who will look after him? Come, you come in front of him. You don't feel cold? You don't feel cold? What is it? Tell me, no? Should be. Should be? Now, don't feel guilty for anything, anything, anything, anything. Alright? Forgive yourself. Forgive, forgive, forgive, forgive. Ah! Seeker, he's a seeker. Alright, come along. Purindu, you can give Realization? Alright, come along. Look at this lady. You got it? It's good. Left, right, alright. Press it hard. And just one saying, I am my wife. And just one saying, I am my own master. I, this is the worst thing that can. Left, right, right, right, right. Left, right, right, right, right. Left, right, right, right, right. Are you feeling now? Yes, yes, yes. Raise it. Raise it. Raise it from below. Who else now? Here, this lady? Left side. Left side. Alright? Put right to the left. She'll be alright. Now, this gentleman, did you feel? Good. You felt it? Little bit. Alright. Just Seeker, that they feel? Raise it, raise it. Now, one thing one has to know. You have to respect your Self Realization. First thing, you should not be just coming here, you should not be just coming here. No. This connection has to be established fully. Now, we are having courses for this. One people are going to look after you. They are going to tell you how to fix your attention, so that your Realization is completely established. Yes. It should be established in the Nirvikalpa. Right now, you are in the Nirvicharma. You are in the Thoughtless Awareness. But you have to rise to the Self Realization. Can you see her? Hello. You come up and just see her. No, no, this lady. Karleen, just have a look. Yes, she can see. Karleen, you come up. You come up from the back side, or this side, you can come up. Yes, she can look after. Karleen, can you come up? You come up from there. Come from the back side. Now, better? Such a seeker. Karam, Karam, it's very hard. Work hard. Have patience with yourself. Only think you have to have patience with yourself. That's all. If I feel the breeze, if I feel the breeze, you say enlighten me, I will be enlightened. You see, that is the symptom of it, that you are enlightened. When you feel the breeze in your hands and out of your head. That's first the sign, is that now you are feeling the all-pervading power. I feel I am burning. Yes, very hot. I know I am feeling the same. I am perspiring with it. That's heat, too much heat. What to do? What is it, hell? No, it is because, you've been to wrong people. You've been to wrong people, you see. They do harm very badly, I know. Whom have you been? Nobody. Nobody? Somebody you have been to, no doubt. You've been following some method. I've been seeing many people. Many? Not one. All Indians. I've been reading and searching. I know you are a seeker out and out. It's hot, I know, but you're all right. Is this the end of your search? I'll just ask any question. No, no, no. Mother, am I my own master? Mother, am I my own master? Just ask a question. Open it. Ask. Mother, am I my own master? Say, mother, am I my own master? Just ask a question. Mother, am I? What do you ask here? You ask because this is... No, okay. I just ask one question. What do you ask here? You ask because like a computer the answer comes. No, no, here. I mean, when we put here first, here is that... Center of Master. You ask at the knowledge. Yes. And you just ask, mother, am I my own master? I'm out here, sir. If I have my knowledge, why are we asking? What knowledge you have? See, if I put my hand here and I ask my knowledge, so I got my knowledge. So I put it here and now I ask. What? Am I my own master? Why are you going to ask? If I have my own knowledge, I know I am my own master. Because it is a computer that has to work. It's like a mantra. I know, but if I know, I am my own master. No, you don't know that. You don't know. You don't know. Sorry, you don't know. No, no, no, no. You are your own master, but that test has to work out. You have to say it. I am my own master. Mother, I am my own master. Am I? Am I? I am my own master. Very difficult. Yes, sir. Am I my own master? That's what. You got a mind? Yes, sure. Now I've got a great doubt on myself. Don't doubt. You see, doubt is not there. It's so much heat you don't know. I am perspiring with you. You won't get the answer to yourself, the computer will answer. Am I difficult? Yes. Again, please. Again, enough. Again. Mother, am I? Am I my own master? Again. Again. Mother, am I my own master? Again. Mother? Am I my own master? Again. Mother? Okay. My own master. Okay. My own master. Okay. Okay. Shaky. You are hot. Is French? It's Brazil. Oh, terrible. This is the case of Brazil. I want to get my life today. Tonight. You'll get it. I did

promise, but I didn't know you were so... I would do it. You see, I'm going to Brazil also, I'm getting quite worried. There's a lot of black magic also in Brazil, isn't there? Make partner? Go on. Okay. So now will you try on him? Who is going to try? All right. We'll put you. Steve, you look after him. All right, go. They have to work on you first of all, they have to put you right, then they'll give you a land. Just go. Steve, try on him. They have gone through the same style. Should I move that? Yes, please. Same type. Yes? Horrible. See, this is nothing wrong with him, but the problem lies with these horrible gurus, you see. They are the ones. Horrible. Are you coming? Yes. Harsh, look at him. Look at him. He's a guy. He must be standing in the heat. It's hot. It's hot. It's hot. It's hot. It's hot. It's hot. It's hot. It's hot. What is the use of the rain? I can hear it. No, no, what do you do? After the lands? After the lands? After the lands? Yes. After? What do you do with the prayer? Who's prayer? No one. You believe in this? No. There is a power. You ask the question, is this the power that you believe in? Yes, you push this. That power. You ask the question. Ask the question. Ask the question, is this the power that you believe in? Yes, you push this. Yes, again. You push this. Then everyone says. Say it again. You push this. What is the power that you believe in? Mother, is this the power that you believe in? Yes. Have you got it? Felt it, alright. What about her? You felt the power? Did you feel it? Alright, now put your hands like this. You say that mother, please come in my head. I am at your disposal. I am at your disposal. I am at your disposal. Yes, this is fine. First, we have crossed the line, then what? What's the name? Now you came to our ashram. You came to the centre. Hold this. When? These are courses. Show them to them. Can you give? Can I have a little? Can I have a little? You have this one? Yes, I have this one. In this it's given when you can meet him. No, tomorrow there. What are you saying? Alright. Alright. What about her, Karli? She's alright? She's better. She's on your way out. What's she catching? But meanwhile you come again tomorrow. Tomorrow, she's got it. She's got it, alright. So you have to forgive. That's the point. You have to forgive, come here. I'll tell you what to do. You sit here, your stomach is fatter. You sit here. Just relax. Relax. I'll touch you after two years. I'll touch you after two years. Just come this side. That's good. Bye-bye. That's why that's why alright, doesn't matter, forget it. Now you just say close your eyes, take her name, say that, I'm alright, don't you worry. I'll take your birth, take your realization, forget about it. That's why you have to say that, right? Now look, did you say three times? Why? Why do I? That's all right. She's alright? Now better? Did you say that? You have to give freedom to that soul. Don't allow it to happen. You do that. Give your names and your addresses. These people just ask them. Tomorrow you will come. You will come. You will come. You will come. You will come. You will come. You will come. You will come. Now better? I see. It's good. You're alright. What do you ask them? Are you alright? It is a blessing and a lot to have come this far. It's a blessing and it's a lot even to have come this far. You have to go further. To go further with it. Alright? Better than you. Alright. Please be seated. Please make yourself comfortable. Now what about you? What work you do? I'm a counsellor. I'm a counsellor. I'm a counsellor. A counsellor? A career development. A career development. I'm a counsellor. How do you put this on? Alright, put your hand. Yeah. Talk a lot. You have to talk a lot in that counselling. Sometimes. Sometimes. I'm sorry. I forgive. I forgive. Just forgive. Just forgive. Forgive you. Forgive. Forgive. Is the colonist to do that? Any counselling, any career council vocational writers this time? No, I'm just a failure. Should this way. You smoke also? You smoke? I used to. You used to smoke? Yeah. I'm sorry. Ah. Better? Are you feeling? Yes. It's there. It's there, quite a lot. It's coming from here. It's positive. Terrible heat. But it will cool down. Alright? If you forgive, it will cool down. We create our own heaters. Huh. Now, still the heat is there. Still. Still the heat is there. Alright. Now? It's cooler. Cooler now, see? That's the proof. It's cooler. Isn't it? It's there. But now you have to get into it. And you have to work it out. So this is a permanent thing. And you should understand what it is. Huh. Now, see? Yeah. You see? Pardon me. You got it. You got it. Still it's that little heat. Yeah. I still haven't felt it. I never have. You yourself can feel it. I don't have to say. The proof is there. Yes. Yes. You don't feel in the head? I feel the right hand. It's a bit hard. It's not in the head. I feel it's in the head. I feel it's in the head. Huh? You can forgive yourself. I don't know. Why? But I have forgiven you, so you better forgive yourself. Just look at this, what you have done to yourself. Just look. Just look. What a big block you have. You see? All this block is because you have not forgiven. Now forgive yourself. Just forgive. Forgive. Forgive. Now please forgive yourself. Left. Left. Left. Left hand. Left hand. Let's say, mother, I am the spirit. Now, better now. Just one saying that. She's got it now. Now tell her to come and, what's your name? All right. Now you have to come, all right? And you have to know all about it. It should not be wasted. All right? Give her the pamphlet and ask her. The God is out, is it? He's so angry. He's very angry with your people. Huh? Now, better. Much better now. All right. Now sit down. All right. Let's see. She's much better. Let's see. She is much better. Let's see. She's much better. Much better now. Much better now. Much better now. She's much better now. Much better now. Much better now. More. Alright. Tell her. Now, call her. Okay. Yeah. How you feeling? Now you are going to come down also, this course, meet these people. You have to become like them, all right? You got this. Now let's see how you see. Did you feel it? It's hot. Columbians get it very fast. You felt the cool breeze? Then come up, come up. Come from the other side. Are you feeling the cool breeze? For game. For game, much for game. She's all right. She's good. Yeah, you got it. Let's see. Put your hands first. It's hot. Now, better? How feeling? You have

So now we are all here in this beautiful place and I'm sorry for this inability to speak about this inadequacy here. They had very little time to do something about it but I've asked them to get something more and if you people help them then they might be able to tie up something more for your protection from the... Are you all right underneath this? You are all very satisfied people. But your all faces are red and I feel terrible about it. What we can do is to after this program, now the program is like this, I'll be here every day, we'll keep it now from ten o'clock but you want to have more time in the sea, that's the trouble is. So if you could little bit reduce it then I could be here by ten o'clock and by eleven o'clock we'll finish this session in this place which is very hot and then you can go and rest in the places where there is some sort of a growth of some trees, underneath that you can rest for a while and then you can have also your food and in the evening this is all right but for the day time I think I should come here earlier, problem could be solved. I think we should change the program if you don't mind. You come here about for your

meditation, six o'clock is it all right for you? All right. So six to seven if you do your meditation then seven to eight up to nine o'clock you can finish your breakfast and come here. I'll come here about say eight thirty, we'll have a little talk and then you can go about nine thirty to the sea shore and on the sea shore then you could be there for some time till you come back but come before eleven o'clock, you should not be there for longer period than that but you might get some troubles and then you can rest or if you want you can take your baths after that and work it out and then the food will be served at twelve thirty. So we'll have to change the program. Six o'clock in the morning meditation, six to seven about say meditation then you can have your breakfast seven to eight or seven to eight thirty. I should be here by nine or eight thirty if you want and then we'll have a little talk for some time and then you go to your sea bath and then come back here before eleven thirty, let us put it like that. Then you can have your baths, you can have your baths and you get ready for your lunch, lunch will be at one o'clock. One to two or two thirty will be the lunch hour. After the lunch hour you can go into the shady places and rest there will be better till about four o'clock or four thirty and then you'll have your tea. We are thinking of organizing some games and some social meetings among yourselves. You can meet here whichever way you like about say four thirty or five o'clock if you like. Five o'clock, how can we make? Five. Four thirty to five is tea all right. Four thirty to five, five thirty is tea and then you could just meet each other here and you could have little sports if you want to have anything. Then we start our progress six thirty, night club or anything, garden or just. Six thirty we start our music. I'll I'll come here six thirty. Then I'll speak to you about seven o'clock, we start our music program, end it up by ten o'clock. You shouldn't spend more time than three hours for music. So every day everybody should get a chance to sing. Also morning time you can sing, any time you want to say after breakfast you can come and sing here, you can arrange that for yourself because you are free. Every day you want to go to the sea, sure. Why are you so mad? It's all right once in a while but I think too much going to the sea is also not very good. Going to the extreme sea is not a very good idea. So the leader should sit down and organize it, so the timing is like this. And six o'clock is the meditation that everybody has to do, six to seven, then has to finish it. Then what you have to do is to have a seven to eight, the night. Seven to eight thirty is, now write it down, seven to eight thirty is your breakfast time. You can assemble here for some music for an hour or so, so nine thirty or ten o'clock. Now those who want to go to the sea shore can go, those who want to come for music can come here. Indians don't want, never go to sea shore every day. I think... We can create the sea for you through music. I mean, you are wasting your time like these hours together in the sea. You see, it's all right once in a while. I mean, even if we go to the river Ganges, we don't go every day. One should not do everything extreme, just like as if you have never seen the sea sort of thing, you see. So then you could have some music here till about ten thirty or so. Then if you want to go to the sea shore you can go. In the evening also if you want they can go from four thirty onwards. You are not? Now, so then we'll have music program here. Kuthum pada? By six thirty Shri Mataji... It's occurring. It's occurring from nine o'clock to ten thirty. Nine o'clock to ten thirty, all right. And those who just want to have music can go on having music. There's no need to bother. And sea shore also you go for one hour. What do you do for so much time? There is a waste, waste of precious time. You come all the way not to... I don't want to say that. You have to be sensible. This madness of sea bathing started only I think twenty-five years back. Otherwise nobody is to do that. It's a madness, it is a conditioning. These entrepreneurs have put into your head that you must go to the sea shore. It's just an ego trip, that's all. You must go through the sea and when you go to the sea you see people feel you have spent some money on your holidays so you can boast about it. Your faces have gone red because of the sea. Now you want to become yellow or what to you, brown or what? And then you find for racism, just imagine. So now then if you want to go for sea shore you can go or you can go and rest there for a while as a place or you can have a meeting and you can talk to people after that, whichever way you want to do. And then the lunch is at about twelve thirty. Twelve thirty till two thirty. It's quite a relaxed time, there's no hurry about. Then you again you go and rest. This time you must rest under some trees or something, wherever you feel like just go and rest for a while. Now you'll have quite a lot of sunshine though I'll try to make it cooler but still. You then can go to the sea shore. Then don't go to sea shore, it's dangerous. You say I don't want you to develop skin troubles coming for your pilgrimage here. You are My wise children, you are not stupid children. Then I would suggest that you rest till about say four thirty, four thirty is the tea, till about five thirty. Then you assemble here, we start our program at six. Did you write it down? And from six, from six we start our program with our music and things. I'll come here for half an hour I'll speak to you, music and all those things. Then it will last till about ten or eleven, whatever it's ten o'clock, if it is better to finish by ten thirty. Then you have your food and sleep off. Then because next morning you have to get up early. But when you get up early you need not sort of do bathing and all that. If you can do it then you have to get up at five. I mean I get up every day at four o'clock, no doubt about it. So if you want to do that way you can do it. We have to remember that we have come here for an ascent and not for fun, one thing, and also not for spoiling our health for a second. So these two things are to be looked after. There should be a kind of a seriousness of achieving that ascent. Now regarding some other things are that tomorrow morning, say for example, after your breakfast we'll first have a sale of saris

and things, whatever it is here, sale of things whatever you want to have. And but I would request Indians not to buy just now, let the foreigners buy. I can always get them. The paidana is Apana Jaina. Indians shouldn't buy any saris to begin with. But we couldn't get their hands on many printed saris we wanted to bring because the prices of silk have gone up double so we didn't bring them. But I would request you that you please don't, Indians should not buy any saris or kurtas or anything whatever is there. Just first let them buy the things. Once they are finished with it then it will be all right. Now today is just an introduction so I'm not going to give you a lecture or anything. But one has to remember we have come here for a pilgrimage. We have come here to establish our peace within ourselves and for that we have to work it out with understanding and we have to make a full effort that we become collective and we become more sensible. Our attention should be good and attention should be such that you can absorb the vibrations. I don't have to speak, I don't have to manipulate, I don't have to say anything, vibrations are flowing. It only depends on your suction power how much you absorb. So it is a very simple thing one has to understand. Next year I'm sure we'll make a building here so you won't have all these problems of it. We had to do an ad hoc arrangement you see because of certain people who objected but now it's solved there and that's why the problem has come. Doesn't matter but I'm sure you can adjust to it. So for today's main again problem is the last but not the least are the marriages which are being fixed. And the new suggestions have also come in. Now today is the last day. Now if you try to change after this I will say that please I'm sorry. You see there's so many other things to be done and secondly those who are not yet married, those who are still there who want to get married or those who have new proposals please send them over. If you send them over I'll organize it and I'll manage it. But if you go on one by one, one by one it's very difficult. Now we have already organized everybody's marriages and as you know, where is he going? He's carrying that file and as soon as I see the file I'll laugh. He's poor thing I tell you is, see everybody's saying I don't like this, I don't like that but there's no solid reason. If there's any solid reason for what purpose you don't like it's all right. Have you had your breakfast? Now first and foremost thing I would like to do for the new year I want to give presents to the foreign Sahaja Yogis, Myself. These are general presents but I'll be giving to all the, also to the leaders later on but just now these are general, I hope you'll like them. Anybody can help Me here? Okay, Antonio just come. So there are two types of shawls, one for ladies who are shorter and one for taller ladies, show them. This is for the taller ones. This one is for the men. The name of the shawls is called as Himru shawls. They are made only in the Aurangabad district by hand, woven by hand and the designs are different as much as you think it proper but whichever comes your way please take it. Now don't go on changing them, I don't like this. This word I don't like it, like it has to go out of our dictionary, all right? Now, so what should we do? Should we, how should we distribute? You don't have to get up all of you. All right, you can all get up and come here. Somebody, the leader should come. How are you standing here? You come here. Yogi. No, no, it's all right. Let them come one by one. Let them come no more. The leaders can come here. For the ladies, lady leaders should come here, put them that far and he create him. All the, they put all of them. The tall ladies, you see, should take taller ones with understanding. Taller ones you put it on one side. These are for taller. This is for the tall women and the shorter women are there. I hope you like them. It's pure cotton, that's the point. Come along, come. You don't have to open, you can see from outside. These are all big ones. You see, the smaller ones you get, you comparatively can see from outside. So you see, there are two hundred, how many can you open? These are for men. First let all the leaders have one here, not all right, later on. All right. You can go and distribute them. You can please. Better distribute them, is better right. Or they are about two hundred. Two hundred is another, and they are all together? Okay. Seven times. Shri Mataji. Shri Mataji. To be, Anasangam, Aakdu, Prasad. Thank you. Mumbai is a place of life. Mumbai is a place of life. Mumbai is a place of life. It is a place of life. It is a place of life. Has everybody got the shawls and the, if there are any leftovers, please bring them back. Or if anybody has not got them. Those who haven't, who have got shawls are all right, but those who haven't got. Those who have got extra shawls, please bring them here. There are some shawls lying there. Anybody who has not got the shawls, please come to the stage and take them. All of you have got? No? How can that be? Who called you? There were two hundred and twenty shawls. Who has taken two? Who has three? Is that me or ladies? Right. How many ladies we have? No, there were hundred and seventy-eight for their saris only. Didn't get the saris also? How many you have, you tell me? How many ladies you have? All right. Please be seated. There are at least hundred more. There can't be three hundred, I'm sure. All right, we are trying to find out what has happened. How many men there are? Now two more ladies can have it, whichever is this. Come along. Come along too. They are all coming now, coming more. Galina, Galina, give it to them. All right. All right. You are engaged with Indian girls, can see them and if they want, well and good, if they don't want, they can tell. All right, so we got this. Are you happy now? Two Australian boys are married to them, are to be married. All right, you can go now. All together. That's the girl. All right, we got this. You wanted that. One minute. James Diwali and Jayashree. Lindal Diwali. Doll, doll. Lindon Diwali. I understand correctly. Lindon Diwali, not London Diwali. Congratulations. Anis Adamopoulos. Come along. The way Yogi is training me, I think he is going to retire next year. I am the only one having a lot of problems. They are all having a

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As the story begins, Sobh reflexively polls and by accident discusses that God also Charges that, that Jesus only had one background and a future and Skeptics also arrested. crisis since the cycle of ice Jesus believed in helpful creatures Not He only has permission, waters, forests and hills Shri Mataji, of greatness, one after another, there's a big meeting of many great, laminated people and they wanted to decide who is the greatest. So they said the Mother Earth is the greatest because She supports all of us, whatever type we are. They said, what is Mother Earth? After all She is supported by Shri Naga. So what is Shri Naga? After all He is fallen into the neck of Shri Shankara. So how is He great? So they said, what is Shankara so great? He has to depend on Kailasha. So they said, what is Kailasha? Great, because after all Ramana by three arrows has lifted at Kailasha. So what is so great? So ultimately there is the point that Ramana is very great. So then he said, what is Ramana? After all Shri Rama killed him by one arrow. So the saints are greater than all these things. So this is the point of Ramana. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints

are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. We can send a telegram or we can send a registered letter or a express letter and all kinds of communications are there. But in the telephone you just have the direct connection. So by raising the Kundalini you get into that direct connection and you can talk to God directly. So that's the point of Ramana. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. The dust at the, let's notice the heat of the, your Guru should be always, should be always applied to your forehead and he says that, the greatest thing you should ask, anything in this world is of no importance, you should just ask that, Oh God, just give me the complete fondness and dedication to the lotus feet of my master. He's aiming at Me and I'm saying, all this is about the master and he says that you are in company of your master. It is, they call it, it is a saint, you know, master the saint. It's a very greatest thing, everybody doesn't get it. It's only your, the Kundas of your last life that you are able to be in the company of your Guru. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. So the saints are greater than all these things. She is saying we should get lost into the bhajan of Shri Mataji. She should come in our heart. You should feel that She is in our heart. She is in our heart. Shri Mataji! Shri Mataji! This song means that the name Nirmala is so sweet that it has made Me mad to keep running after My meditation. I mean, I've got the madness of My meditation. I should say quite a jovial person and also he was passing remarks that, look at them, how they are so much in proper percussion while the Maharashtrians are no good. Some people make a clap at one time, another may see it, they do it. He's making fun of that. He's saying that it's like the sea where the waves come one after another, when it starts moving, when a person is sitting on the shore and just watching, he's watching and he gets lost. Just now this is the Eikaswami, the Shri Mataji, the Shri Mataji, the Shri Mataji. The sea of waves, waves are coming of their devotion and I'm just watching and I think I should stop my babbling and better watch all this going on. But Maharashtrians are not so good at getting lost. They are sitting at Maharashtrians. They are sitting at Maharashtrians. They are sitting at Maharashtrians. They are sitting at Maharashtrians. He's a really a learned man, I must say. He's saying that people do not know how the fish can sleep in the water and how it rests in the water. Only when we can be fishes, we can know. In the same way, if somebody has taken some sugar and he enjoys the sugar, then another person cannot say what is the enjoyment of the sugar. In the same way, when they say what is meditation, you cannot explain to them, it is only you have to experience it and only in experience you can enjoy it. You can enjoy the experience yourself. You cannot describe it, you cannot tell to anyone. That's how he's describing and he says that's why all these people have come all the way to take the darshan of Mataji at least once for that to be in her company, to enjoy her company. But if anybody says what do you enjoy in her company, nobody can say. Because it is just to be enjoyed and those who only enjoy can say what it is and if you really want to enjoy what it is, you should take your Atma Sakshatka. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. He's talking about that you all have gone mad. That's in Marathi it's not regarded that mad also. We have all gone crazy to get into the meditation and that we all have gone crazy to get to this joy. So we have come all the way from fifty-six nations here. I have also come from Padratpur all the way here because I have also gone crazy with this. I went to all these places like Loni and all that and there also I got down from the stage and started dancing. So it's something our place, most no one can understand except that you have the experience of this place. He lost all consciousness of his body and he got completely merged into the body. He got completely merged into the whole atmosphere and when I saw her, Pahoni means after seeing Mother, after seeing Mother, Pahoni means after seeing Mother what happened to Me and has happened to all of you as he's saying. That he says once one is lost in the joy of Brahma, Brahmananda, then who remembers the body? That's what he's saying now. He's saying, I am not lost in the joy of Brahma, Brahmananda, then who remembers? That's what he's saying. He's believing Mother, then we'll get a tremendous shock but we'll also get a little shock to Mother. So now again you must be tired and feel it sleepy. You are not lost in the joy of Brahma, Brahmananda, then who remembers? That's what he's saying. He's saying, I am not lost in the joy of Brahma, Brahmananda, then who remembers? That's what he's saying. He's saying, I am not lost in the joy of Brahma,

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Vision illustrating storing the Dog Okay, hold on. I'm going. Okay. All right. There you go, right there inside. Now I can buy one of those. You're gonna sell it out here? Okay, thank you. Okay. Okay. Okay. Okay. Okay, thank you. I shall. Okay. You want a fly? Aye. Okay. Now, you have to touch Me. Now, you touch Me. Now, you touch Me. Now, you touch Me. You look after them. Okay. And this is for Me. All right, this is better. Start giving, I don't know. I'll just give you. Thank you. I found them and I like them. I thought you'd like them. So, from the start, from there, that's not it. These are one color I would like them. Just be careful with those wires. All right, thank you. I'll give you that. Shove it. Shove it. Give one, this is it. Start from there, yes? Start from the top, it's better. Yes. So, one, two. This is from Mr. Shri Mataji. Oh. He's coming, I hope. Any color you like, any other color you like. He may like a lack of color, he can. Do you like? Just a lack, let's see how it will be. I only. Whatever color you like. Which color? I think the reddish one. The reddish one. I think it's more. Oh, it's much bigger. Much bigger. You'll put it half. Yeah. That one. This is very big one. We don't have this one. We don't have this one. That one should come bigger. Oh, oh, oh. It's possible. Oh. Oh. Thank you. Hey, so good to see you again. Oh, sorry. Oh. Thank you. Oh. Can I have one? Yes, please. I hope you can hear me, all of you. Yes. Your mother has given me great privilege of welcoming you to our house today. For me personally, it's a very, very great

pleasure to see all of you in this place. And I welcome you most warmly and heartily. The place we are in is a new creation. It's the creation of your mother. And she has given her love and her attention to everything that you see here, every detail. In fact, I came only when this house was already built. So you are welcome. When she told me the story, she came here once somehow. And you know her vision. Only she could have that vision. I could not have had it at all. She came to this place. There was nothing around. But she said, this is the place where we should have a house of our own. And from then on, she organized everything. And you cannot imagine that. She organized everything. And you cannot imagine the details to which she has gone in developing this place. As you see, this has architecture of different kinds. It has been architecture from the east of India, from the west of India, north of India, south of India. And indeed, it has now everything from all corners of the world. If you see the furniture which has now arrived, which again she picked from different places, painting and so on, all together it has now become a sort of a universal house of Sahaja Yoga, house of peace, house of love. And I welcome you from the bottom of my heart to this place. You know perhaps that in India, a guest is equated to the God. Because you never know in what shape God arrives in your place. So you are all symbolizing the same divinity. You get from her, but you symbolize the same thing. And I welcome you in that way. You know I have sometimes addressed you in other places and said, when I see you I feel it's an engraving of angels. And I mean it. It's not a formal statement. And what a wonderful thing it is to have in your own house the angels of the world coming together. I thank you very much and I welcome you here. I hope you have, you will enjoy the place. This is in fact not my house or her house, this is our house, this is your house. We always regard this as a place of your own. It is your, we know that we have your love and affection, but the place truly belongs to all of us. And this is how we want to see the world. I know you are waiting for lunch so I won't take too much time. But I do want to tell you that the world has, I am sure you read in the papers, the world has now two elements. There is a troubled world, there is war-shattered, there is conflict, there is tension. And there is another world. And the other world is this world here. A world of love, of peace, of hope, of goodness. And this world is being created by her. And it is my prayer that this world should move ahead. And I have no doubt that it is moving ahead and it will take over the other world. As you know now, the two superpowers, the Americans and the Russians have come together as never before. Why has that happened? You think of it, she went to Soviet Union only about seven, eight months ago. What a marvellous change has taken place in the whole of Eastern Europe. The Soviet Union is no longer what it was, Romania is no longer what it was, East Germany has merged with Germany. Complete change has taken over. So a big change is coming in the world and I think you should take great hope from that. What you are doing, you are creating now new vibrations and they are reverberating in different parts of the world. A big change is coming along. And it doesn't require a great seer to see that the world is taking it all for a bit. I hope and pray that your divine endeavours will not only succeed, will cover the whole world with love and peace and Sahaja Yoga. And the gathering that I see here will become a global gathering. Many shall gather in the whole round of the world. So once again with this hope and with this message to you, the message of great hope, great encouragement, I welcome you here again. I thank you very much. It's a great honour actually to see all of you in this house of yours here. I think I welcome you on behalf of everybody because I thought that it's your house, your own house here. Please enjoy and have a very nice time. I thank you again for giving me this chance to welcome this gathering of angels in this house of love and peace. Thank you. Thank you. I would like on behalf of all the Sahaja Yogis who are gathered here, thank you for your most kind and gracious welcome. It is a wonder that we have heard you many times addressing us and every time you manage to move us very deeply. This is a feat which usually escapes repetition of speech and this is a greater wonder after the so many years that we have hoped that this other world you are talking about, the world which is not a Sahaja world, we have hoped that at some point it will join us and you in a sense as a fatherly figure to all of us and as somebody who has been eminent in this other world, you with your understanding and your vision, give us hope indeed that that joining of these two worlds you mentioned will take place by the grace of Sri Mataji. And for all these years you have been in that sense such an encouragement and a comfort and a fatherly figure to all of us inspiring us and giving us confidence that yes, at some point people in the world will also take us seriously. And I think that the auspiciousness that you bring in all your speeches, your addresses towards us, is the auspiciousness of that other worlds who will gather to the notice feet of Sri Mataji whenever the Divine will deem that the moment has come. So again, I'd like very from the heart also to thank you for this most gracious welcome in Pratish time. Thank you, sir. So now for the lunch. I think we shall start moving from this end and there is arrangement for everyone so all of you can sit. We've also got with the lawn you can sit down, you can walk, you can sit on the ground and sit. Come on. Thank you very much. The three marriages and those fixed by mutual consent have been agreed upon. I've not got them on the list but whoever has given their application. We have some sarees for marriages. What is this, this time? What this one, this time? Japanese, yes. Japanese. What's the mean Taiwan I think it's something. What you didn't take any rice? No, don't feel like it. Is it all right or sour? Just see they are sour. You like them? Some rice? You want to have some rice? Afterwards. Afterwards you can feel like you can have rice. Now where

much? Let us see also. You want to have some rice? No. See, right? He's not covering anybody. He's such a sensible boy. I took eyes also. Even if you touch him? I think yes, of course, of course. You can touch him. All mine? Oh my God. And he's not eating. What's your name? What's your name? Who's that? Ask somebody else how to play. He got a friend on his, on his leg. Where? Which one? What was the name? He must have come by mistake. Not deliberately so. Stop.

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Then how was the music and then about the marriages. It's done very sweetly in their own, I should say, local style and it's very clear-cut. I hope you will note it down and you will be able to sing next time when you come here.

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Lots of applause. BLOGS Applause. Applause. Applause. Applause. Applause. Applause. Applause. Applause. Applause. Applause. Applause. But also in every expression of every artist here, I could see the divinity was between them. I was so enamored, I don't know how many times I have been to see them, I am so glad. Couldn't understand how they were studying all of us within ourselves to see the great character of Shri Rama and Shri Rama. They created such a great benevolent thing as described by the subjects. I wish one day Rama Raja will come to this beautiful place. This has tremendous effect, this so-called drama, not a drama but I think it's telling inside. It's definitely one way it's terrible. I don't know how their reception is in the wider world, I don't know, this country is becoming westernized and stupid. So I request you all of you who are from here, from so many countries, to see the depth and the divinity behind all this and try to integrate them whatever is possible in your own country so that these arts that's all over the world and people see the great in our nation of Shri Rama. Actually instead of they bound to Me, I bound to them for producing such a great digital drive. May God bless them. And also I would like this to sub of this institution of taking such care and such australizations and I have quite uh... I've been interested in drama as in, I used to also write plays and I've seen the dagger organized so well continuously because of how an heart has done, the season is clear how beautiful it was done but at that time the ar120 is something tremendous. May God bless for all of you. Thank you.

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It was really another great evening for all of us and people are so creative, I'm surprised the way they brought up such a difficult subject, controversial to so many theories already established. So, you have seen how people can really understand now Sahaja Yoga better through the media of a theatre because to talk like this in the public is an impossible situation because they would never accept such a theory of a Kundalini coming as a serpent. But with this kind of a drama I'm sure one day it will go into their heads that they need transformation wherever. I don't know how to thank all of you, specially those who acted for bringing out the beauty of such a subtle and a difficult subject. I knew what was on what they were doing it. When I saw the snake I knew what it was. But still, I must say I never expected such manifestation of the beautiful ideology, I should say, beautiful reality, which people don't know. I'm not prepared to go beyond their rational mind to understand. But if the priest tell them or if a mullah tells them or if a Buddhist tell them then they're willing to accept. But if Sahaja Yogis tell them the reality they should accept. Because first they'll have the experience, once they have the experience then they will believe that this is the reality and this is how things have worked out. Perhaps I've not written about it in my book or nowhere because they will put me into court, I think everything they have come to know about it. But the way you have done it is really so convincing, so beautifully convincing to people that we should take it out wherever possible, maybe I'll try, somebody in India might try from the television, maybe. If they have some courage they might do it. Now as it is, times are very vibrant and many things are happening at this time, you can notice that so many things are happening because they have played with the ignorance of people and cheated them and miscarried them. But you know the reality, you have had the experience and you know what you are capable of, what you can do.

I would just suggest that you are not alone like Adam and Eve, you are so many and you won't suffer like the saints have suffered. On the contrary you will get a great joy in giving realizations to others and talking about Sahaja Yoga. That will be the most enjoyable thing for you, remarkable for you and Eve is a great satisfaction for me. You have to go round and spread the news that the time has come for you to have transformation. I'll give you an example what things are happening. Like in Turkey, we had a big earthquake and there not a single Sahaja Yogi got any, any problem. Their houses were safe, the things were safe, all such Sahaja Yogis are safe. Today I receive a letter from a girl who was travelling by this London train which met with the accident. The parents have written to me that she had my locket and at the time when the train just bumped into each other this girl actually was not sitting on the bench as such but she was looking at something. As a result she never get that jumping or you can say that blow and she said that she was just driven to the door before the fire started and she's safe. Many people who are under attack will be saved, there's no doubt about it and many people who are to be destroyed will be destroyed. But it's not the human beings that will be destroyed but the wrong concept under which people have been tortured, troubled, imprisoned, mesmerized. All those concepts will be exposed and that will show that really the Satya Yuga has started. It is a very great time you are born that you could all get your realization and you could enter into this eternal life of truth. It's something very fortunate on your part and fortunate for me also that I met you all and that you all came along and understood me. It's difficult to understand a person like me because I say controversial things but still you accepted it because of your experience. So tomorrow I'm going to tell you what is the job of a Mahakali and you'll be amazed how you are blessed by this Mahakali power. As far as today is concerned I must congratulate all of those who have made this drama so wonderful and so successful. It's something very, very well done and also the way you have made the stage and everything is remarkable. You have worked very hard and say the English are known for their dramas, very good dramas they used to make, not now but they used to make I would say because now I can't see some of the dramas you are having there. But such nice dramas you had and such sense of acting and rendering different scenes you had. All that is was with your speciality and today I see the English coming round, how should say, the British coming round and showing such beautiful sense of acting and sense of production of the whole theme which is so difficult. The way it was brought in I don't know. Anybody would congratulate you for that. As far as I'm concerned I'm really amazed how you could achieve such a difficult task. So all My love and all My blessings to you all. I must say for Pawar also that he came all the way because I said he must come and he was in a very unhappy mood when I met him. But I'm sure one day he'll prosper now very well and how he worked hard to express himself in different beats, talas, different beats, in different ways. Of course now you all have started understanding these complicated things like our Indian rhythms but they are very rhythmic and they are not only rhythmic but they are very systematic and scientific and they all have a great meaning. So I'm very happy that you all have enjoyed that dancing very much, we encouraged him and next time he says he'll bring some lady who is also dancing with him so we'll have some other dancing also. As it is tomorrow's time we have to fix for the puja. I said about two o'clock we'll be all right because we'll finish by, I hope, by seven or eight because it's not so very cold but it is becoming surprisingly this time it was quite sensible, the nature has been very kind and tomorrow if anybody wants to meet Me or see Me can also come about say twelve o'clock and all the leaders also can come and see Me tomorrow at twelve o'clock. I hope that suits you all. I don't know how much to say because I'm really overwhelmed by the production of this beautiful drama and the music of power. I mean I wish him all good luck and I'm sure he'll show his delicate sides also and also his creativity in a much more fragrant way. Though today he has worked very hard, I must say I never expected he was in such an happy mood but he's done so well. Then also this thing that he has trained Sahaja Yogini's. This idea came to me I know it, I just felt that if I tell him he'll take it up but he took it up so well and all the girls were dancing so beautifully. I thought the Brindavan has come here or what? The way they danced in such a good rhythm and everything. It was very surprising, very very surprising how these girls who never had training in Katha or in Indian dancing or in Indian music did so well understanding the importance of rhythm and also of the, sorry, I don't know, anyway, you see I get lost with English language sometimes but I should say it was the theme, theme of the subject. What the theme has to be expressed but the complicated rhythm is such that you should know how to come to the first one that is Samas we call it. It's a very very difficult thing but the way you have understood the point and the way you are doing it, I mean I can't believe it really because I used to think that when I went to London I felt the girls are walking like horses, like this. All their hair, they had, you see, small hair and they used to jump like this. So I said, how can these girls ever understand the delicacy of rhythm? But not the black people are not like that. Black people have seen, even if they are going for a funeral, they feel dancing with the tune, you know. But in England I was surprised because they are so fond of horses that I think horses had a great influence in their way of life. But now I think it's gone, it's not so much, it must change the way the girls did the dance very very graciously, very delicately. I must say what a transformation and what a beautiful drama of the whole thing. So I must also thank our gentleman Mr. Sukhwinder Singh. Sukhwinder means the one who gives joy and he is really very joy giving. I

didn't know he could play with a Kathak dancer, I didn't know, I had never seen him before with Pawar or anyone. But he has told Me that he does play. I was very happy because he is a very good player, very rare and one day he'll become a world famous player no doubt. Then the other gentleman who played on the Santhura also was very well accomplished I must say. Though I think I've heard him before or I've seen him before, face sounds familiar but he's very much synchronizing with the whole thing and it's very surprising. I've never seen any Santhura player playing with the dancers. At the most a harmonium fellow could be there singing but never a Santhura player and he brought all the deficiencies of a singer in his play. It was, you never felt missing that singer or a musician behind. It was so well done. I congratulate him also with all the rest of them and may God bless them and give them long life to entertain the whole world. May God bless you all. Hope to see you tomorrow at two o'clock. I hope two o'clock will maintain the time, all right. Tomorrow there is only brunch so I think we can manage. Thank you very much, thank you all of them. Thank you. Thank you.

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That in Sahaja Yoga we really never want to force anybody to marry anyone. Of course we see two different aspects of your personality and then accordingly we try to choose. It's a tremendous task. If we receive all the information in the beginning of the tour it's much easier but this time it was very very late even in Kannapur we are receiving some information. One or two cases it's all right but most of them were very much delayed and so we had to take our time to decide. As a result you had very short time to know each other and to understand. But it's not an arranged marriage in any way. You are all free to say no even now before you start thinking beyond moments. So please if you don't want this marriage please decide now full time has been given to you. I give you ten minutes to decide. Now marriage is not a joke in Sahaja Yoga. It's not so serious also. Marriage is not the end of Sahaja Yoga. I have seen that western mind is like that but the eastern mind is that before marriage they will ask ten questions. What is the boy, what is he doing, he has parents or not, is that's the style they are. Then you find out how are you pleased, what are you doing, is that, all that you will find out. But after marriage must have accepted even if it's a hippopotamus they don't mind. They try to carry on. They might fight but they carry on. They don't say we have divorce. So it's a different type of a marriage that before the marriage you try to verify. Sometimes they go too far which hurts people like how much is your pay, what is your degree because that's what we find out in India. What is one is earning, what is his degree because here every person is a graduate in India practically in our case. So if you are not a graduate then according to them I mean it's low. That's their idea. Though the graduates are starving they have no jobs, nothing here. But supposing there is a garbage cleaner in England he is better off than many graduates you see. But he is a garbage cleaner then in India is no good. So it's not they have understood the dignity of jobs so far. So that's a little difference in the character, in the thing. He is generous but I am explaining to you. But after marriage they settle down and try to work it out. My experience is that the western boys are extremely fine, extremely fine to eastern girls very much. Sometimes go to another limit of spoiling them. And also the western girls when they marry Indians are extremely nice and sweet I must say, both people. Are extremely nice and gentle. I don't know what happens. But when they marry among themselves then they start working out on their western side of adjustments. When they marry among themselves then they say we have to work it out, you have to see for yourself, you have to judge it and all kinds of things they say. Which is something you should give up. Because I think both the persons have the same conditionings and then it becomes like conditioning raised to power seven. And then they start to see getting each other, he is like me, he sits and sees like that and he is giving up. So this combination was better in a way between the Indians or the eastern and the western that's true. But still also among each other you have to understand that in Sahaja Yoga marriage is very important and the children you will get will be all realized also. They will be saved from many of the troubles you have gone through for your ascent. And also they will be much more alert and the conditionings will be much less. But if you continue with the same conditionings when after marriage you start on that, it should work out. It's not something that you are cooking, you see, like that. It works out, it just works out. You shouldn't think like that. Because of the operating people don't have that sense that marriage is once more. Just like as you have a child, you have a wife or a husband, you don't have to do that. Because there is no love for us, there is no love. Under doubt, even if they have, they lack gentleness. You have, they are very gentle with Indian wives, I have seen that. Very gentle with Indian husbands. But with each other they are not that gentle as a patient. The gentleness is very important, how you touch a person, how you talk to that person, how you look after the respect of the other person and also see what that person likes. As you try to please Me, you should try to please each other. It's not very difficult. There is no question of thinking that there is some

weakness in Me that's how people know. Such always have to be pleasing people and you have to be extremely gentle. Especially the first few days you should try to control yourself a little bit. Because in first few days I think all the fumes just burst out. And these few days makes the difference. So, now had so many experiences that the first day of the day they will start saying, I don't want you, get out, I hate you. They must have got this dialogue from some cinema I think. But it is not reality. In reality you are waiting for this moment. You are waiting for your bride to come in, waiting for your husband to come in. And that's the moment you must show the maximum amount of consideration and love for another person, not for yourself. Like, I like this, I want this. If you start like that, then it is self-centered. But what you like, what sort of food you like, all such questions, gently. You see, if you start gently it will work out very well. Everything that starts gently works out very well. So, not with the bombastic words or big boasting, nothing. You'll be in a very humble, sweet manner. And even if somebody says something, try to avoid it and say, oh, it's all right, it will work out. So that it should be. Now, another thing is not to discuss your past. Your parents and this and that, to discuss with somebody is, I think, is a emotional blackmail. You should not at all discuss your past or about yourself. Tell anything to the boy or to the girl. If they ask you also, it is wrong. Nobody should ask about the past of each other, because we believe in the present. So you should not in any way ask for the past of the person or tell about your past. Just forget it. Start a fresh new. Say, I have to wear this saree. Then I just decide I'll wear this saree. I don't think which saree I wore day before, before, before, before. But this is the one I have to wear, finished. I mean, it's something very simple also in that we don't do. So in such a serious thing like that, that is marriage, serious in the sense is very deep. But it should be taken as a plane to be enjoyed and it's like this, you have everything but you can't take it. Because there's no love, there's no understanding. And even if you have love and understanding, you don't know how to express it. That's what it is. Because if you can love Me, you can definitely love somebody who is so dear to you. But you have no understanding as to how to express your love. And that's what I think is better that you meditate now about instead of thinking of what the faults you are going to find in others. Because everybody has faults and there should be no inter-ordination about it but there should be understanding. Also take your self-worth. Right. Don't start also introspecting yourself. Unlike the self-conficient business, nothing is needed. It's all nonsense. In Sahaja Yoga, if you are like this, like that, how will you get your realization first of all? And all of you are saints, so you must respect each other. Respect is very important and understanding and love. Goes with the boy. Oh. Now in this one, whatever is there, you have to understand what it is. I will get some Indian ladies also to help you. Ask them to make you wear all these things properly and for the boy. Number 30, Martin Kirchbaumer from Austria and Sylvia Reinhold from Germany. 31, Christian from France and Victoria from United States. 32, Arita Bramini from France. Number 37, Nothin Berg-Peter from Belgium. And Sam Gita from Madras. Finland. Oh. Number 56, Bédistine from Malaysia and Parvati from Malaysia. Number 7, Jirko from Czechoslovakia and François Srouchi from Belgium. Just here at the beginning, Rachin, I cannot read the name. Agarvat. Agarvat. And Fiona Middleton. This is number 58.

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you can all sing okay I'll give you the words this is a song on mother hey Adi ma hey aunt hima you follow as the first and which is called through pad means you repeat that very many times then yeah Mati cha kasha to shi shirata ya madhu masa to follow that's the first did everybody get it right very good right Shri Mataji Amadu Mahasatru Tehi Mruta Puva Mruta Purushottama Mahihi Adi Maha Nirmala Mataji Amadu Mahasatru Shri Mataji Amadu Mahasatru Shri Mataji Amadu Mahasatru Tehi Mruta Puva Mruta Puva Mruta Tehi Amadu Maha Nirmala Mataji Amadu Maha Devai Varee Tu Kheshiri Vazaluruni Janamantari Vazaluruni Janamantari Tehi Niyagaya Satyagaha Purushottama Heya Nirmalai Arindhima Heya Nirmalai Arindhima Devan Chile Tehkulile Devan Chile Tehkulile Kulkal Kultumat Heya Nirmala Nirmala Nirmala Vibhana Arindhima Dehri Dharitukriye Jalluruni Janamantari Jalluruni Janamantari Paparadhali Amaparali Pari Kulkama Heya Nirmala Nirmala Heya Nirmala Nirmala Devan Chile Tehkulile Pari Agya Jana Dupa Pari Kulkama Heya Nirmala Nirmala Pari Agya Jana Dupa Pari Agya Jana Dupa Heya Nirmala Nirmala Now everybody knows the words right? Now we can sing all together? I don't hear anybody's voice. Heya Adi Ma Heya Anti Ma Ya Ma Ti Cha Akashatu Shishirataya Madhumasatu Ya Ma Ti Cha Akashatu means I'll explain to you. You got it all? Ah good. First learner. Ya Ma Ti Cha Akashatu. Ma Ti Cha means the dust. You know the sky and the horizon right? Soil. Ya Ma Ti Cha Akashatu Shishirataya Madhumasatu. Madhumas means sweet. The mother is very compassionate, big heart, like in a big sky. Then, Dene Jarit Itukeshiri. Dene Jarit Itukeshiri means she has given us so many blessings. Pari Adi Jana Dupaarakari means those who sincerely worship you. You give them realization. Ya. Then you say, Aparadhami Apakarami means,

Aparadhami means most of the time I make mistakes. You have to say that, I make mistakes. Apakarami, I do good things, I make mistakes. But you forgive me. That's the meaning. So everybody ready now? We can, ah? Hey Adi Ma. Hey Adi Ma means? Adi means primordial mother. Adi Ma, Anti Ma. Like Adi Shakti, Ma means mother. Anti means the ultimate God. Ultimate. Hey Adi Ma, Hey means? You are, you are the primordial Goddess. And you are the ultimate Goddess. Ya. Right. It's a good song. Somebody in Bombay wrote this. Jitendra Abhishekh. Have you heard Jitendra Abhishekh? He wrote. The other guy wrote it. No, Damle wrote the last stanza. I see. Damle wrote the last stanza. Mother played this song very well on the harmonium. So when she comes down maybe, Mother likely to come down? Not for a few minutes. No, alright. When she comes we'll ask her to play and we can all sing. Ya. We can sing, ah, where is current? Current. Can we sing the Aarti? Shukarta we can. But can you sing Shabakarju? Ya, we can sing in the form of Bajani or Shabakarju. Yes. We can sing. It's too full. We can sing shukr Clan. No? We can sing in the form of Bajani or Shabakarju. Yes. We can sing in the form of Bajani. Yes. Yes. We can sing. What? There is a break. You mean tea break? No tea break. No tea break? Yeh. Sheesh. What is this? Parsh... Mommy is there and Mathaj is there. And what about you? He is here. Everyone is here, alright? Good. You have that. I think I am making it. I have that. Yes you have that. Huh. So you all have been enjoying a lot, eh? That's good. Now today's meeting was very successful, I should say. The lawyer got his realization, everything has worked out. I, today's lecture was good I think about our culture. In general I told you what is to be done and how to achieve it. Am I? All right, I'm sorry. All right. Now, I've been trying to find out why in the West Sahaja Yogi after realization catch from others. Not in India. Now the difference is like this. We don't know what catch means. Supposing you get pain from somebody else or you feel pain on one finger. I feel it quite a lot. If you feel the pain in your head, you feel the pain in the stomach or you feel the pain on your fingertips. Then of course it's a serious matter. But even if you feel the heat and the cold, also one has to think about it. If you feel the tingling, still you are not catching. You are like a barometer. You are just feeling what is wrong with the other person. So if it is heat, that means it is the right sided problem, the physical problem. If you feel the cold, it means the left sided or the tingling. It means the left sided problem. But could be on the right or left, could be anywhere. Could be a combination. But now you are feeling it. But you reach a stage here very easily, I have seen, that you don't feel anything that you have got. You don't feel anything. But what happens actually is that you accept the suggestions that come from the catches and you become them. That's the real catch. But a person doesn't feel anything, cannot feel his ego, cannot feel his superego, cannot feel his chakras, then a person is really caught up. Such a person may feel the catches of others but not of his own. Then you are caught up because the ideas of catches are working through you. And this is a very common phenomena. You ask the friend, she says, like this, how are you? Understand anything you like. You ask anyone according to the nationality and the style, they all say they are wobblers. That's truthful, that's honest. But it's not good. Everything truthful need not be good. So I was wondering what's the matter. And today Dr. Walikar gave me a very good point. He told me they are not steady people to begin with. In this best people are not steady. The roots are very light. And also the people who come from India, many become like that. So they are unsteady people, like the trees with, or you can say the plants with very small roots. So the wind comes, they go to the left or to the right. The roots are taken. So there is no depth. That's why it happens. It can be any way. It can work out any way. Say it goes to the ego, you start cheating yourself at the extreme. Or you start shouting, you start saying things in a way that you should not say. Is Michael here? Is Michael here? No, they are there. All right, come and sit here. Sit down. And then a person, he never wants to get out of it. He doesn't want to get out of it, especially if it's an ego. He will shout, he'll scream, he'll intimidate others, he'll be jumping on the person, doing all kinds of things. But he will not try to get out of it. That's one thing about ego, the biggest problem is, he never tries to get out of it. At worst he will try to cheat himself, or she will try to cheat herself very nicely. Always try to tell, oh, I'm happy, I'm all right. You are all right, but others are not. Because ego aggresses others. So a person who is aggressing doesn't feel the burn, or the hurt. And goes on like that. Actually such a person has to get into a very big turmoil or a very big problem, or a very big hit to get out of it. It's not easy. After, after all, after Realization, you should start seeing your ego clearly. If you are still shouting one thing, if you are particular about time, that's a sure and certain sign of a very big ego. Throw away your watches. Just throw away your watches. That's one of the ways I've seen people assert their ego. Start now, this, that. So what? The speediness, the exactness, you must do this by this time. It must finish at this time. We had one horrible fellow who came with Me to America first time. I had a bad time with him. Then we sent him by another ship. He was an ambassador and this and that. And very particular about finishing the program at nine, but I would start it at nine just to tease him and finish at one o'clock. And then we threw him out. Absolutely he was such a useless fellow. We got fed up with him. He has said, You are a liability, you are good for nothing. Get out of such a... And then you know what happened, he was such a frightened man. I don't know what happened to him. He was telephoned to Me that the customs came to him. I don't know how, why customs went to him. I never knew what was happening. Custom people came to him and asked him if he had smuggled some things. And he was shocked, you know. I said, No, how is... He said, You better

come to the police and tell them at the customs that I never smuggled anything. But I said, Sir, you never smuggled a question, but you never travelled with Me, you came by another... But still you better come, please, I beg of you, please come and tell the customs. But I said, How are they asking such a stupid question like that, that you have smuggled something? So I said, All right. I mean he was so humbled down, so humbled down because all his reputation was at stake. So I went with them and I asked them, What is the problem? They said, No, you just don't come into this. This man has smuggled diamonds, you know, for definite. I said, How can you say such a thing to such a man? He was My husband's boss once upon a time, such a big man like him. He also contested election for presidentship in India, you can imagine. And he wanted Me to certify that he never smuggled. So I said, What makes you think that way? He said, We have got reports from Hong Kong bank, we've got reports from Los Angeles that he purchased diamonds in Hong Kong, he took them to Los Angeles and he gave them. Actually he came by another ship, so I did not know. Then I discovered that on the other ship, when he was traveling, he was very egoistical, he was very good at it, he was very good at it. He was a very egoistical fellow, troubling everybody, getting after the cooks, getting after this person, I must have food at this time and that time. So then I discovered that all the crew had decided to throw him overboard. And they planned it very well to say that he got drunk and fell off. That they can do very easily, all of them. But then I think they saw My photograph in his room and all that, so they stopped it, they did not do. When they came back, they did all this mischief to inform the customs about him. But actually he was harassed for months together and then I discovered it and I saved him out of that. He was harassed. And they gave exact date when he arrived, when he came, when he went to Hong Kong, everything into such details that I didn't know. And they joined hands with the ship by which we had gone. Because he troubled everyone with his time, with his, eight o'clock means eight o'clock, I want to have food eight o'clock. And the ship people got angry because this was a ship which was a, what you call, a merchant ship and we were allowed to go as travelers because we, my husband being the chairman was, we got the owner's cables, in that he travelled. But he tried to show off so much that he said that I must give him my room and he should stay in my room. Captain said that we can't do because this is the owner's wife, because of her grace you are here. But he fought so much I said better give, but Captain wouldn't. And I did not know even our ship had decided to throw him overboard. So now, but it was impossible for Me to take him out of his ego because he would not realize it. Very hot tempered man, used to intimidate people, get to shout at everyone and first of all people got frightened, but you know ship people are very different types and whenever he passed through this to behind him say like this, I would say I said, what are you doing all this? All of them, nobody had any respect for him because he had no respect for anyone. And then this captain came and he told Me that we hated that man from the bottom of our heart. He had showed no respect to you also. I said no, no he was respectful to Me, but he showed no respect to us, you were so kind, you were so compassionate, you were so respectful, you were so nice and this fellow was trying to show off so much that we all hated him because he had no respect. He has traveled all over the world, he was an ambassador, this thing, that thing and this ego comes up on such people. All right, forgive them for that, but they cannot come in such a way. Such people are prohibited to come in such a way. So we have to understand first of all we have got in ourselves a tremendous type of ego which keeps us away from reality, there's a big gap. Here is reality, it is yourself here, you cannot become one with the reality because in between lies this horrible stuff called ego, which intimidates everyone, makes everyone miserable, cannot get out of it because it doesn't make you miserable at all. I feel happy also. Egoistical person is always very happy because he can dominate every person. He dominate his wife or dominate her husband, do all kinds of things to dominate and enjoy it and satisfy themselves. Oh, very nice. This is what the whole of the West did. Once upon a time they went round up to China, imagine, they went round up to all the places that was possible, tried to dominate. Thank God, Columbus missed coming to India, otherwise he would not have seen Me here. He would have killed all of us and put all the Spanish and then on top of that all the Portuguese and all kinds of few people would have been there in India and we would be somewhere dead permanently. As they have finished the race is here, do you know? We are enjoying on the graves of these people with the ego. How can God forgive Americans for that? What have we done? Do we deserve to enjoy all these things? We are plunderers actually, if you think so. Real plunderers coming to somebody's land, occupying it nicely, sitting there in a cult of power, thinking no end of yourself, stupid as we are. We are thieves, we are thugs. They can advantage of the simplicity of these people, but God doesn't forgive such aggressors. That's one big problem. With that thing in you, you cannot be deep. As soon as you'll go deep you'll see this. You don't want to go deep because you don't want to face your ego. As soon as you go deep you see your ego and you go into left Vishuddhi, finished. But after realization you can go down with complete confidence that we are going to see our ego nicely, of our food, see our ego nicely, of our forefathers. You are the only ones who can save the souls of these horrible people who came on this earth, on this side of the earth and killed so many Indians. You are the ones who have to do it. Otherwise all these souls will become worms or something in the hell, I think, I don't know what they can become. There's a big responsibility and in that responsibility you should become deeper people. I've seen ego is such, even

in Sahaja Yoga we have had people who made money out of Sahaja Yoga with their ego. What's wrong? They can't forgive themselves all the time, there's no problem on that. But they can't forgive other people. And I tell you it's easier to cure a person who suffers from left side than to cure a person who suffers from right side. Because the left-sided person feels the pangs, he gets the aches very badly, he behaves like a mad person, he gets muddled up, he gets cheated, everybody dominates him, he becomes miserable. So the left-sided person can be easily cured. But always the right-sided person will say, I'm left-sided, he's not. And that is why one should understand that ego is to be faced openly, clearly, with bravery and see to it that this ego goes away. But people have never talked about it in the West, about ego, I think. It's a recent talk, nobody talk, because if I read Sathran, who was a recent philosopher, if I read this horrible fellow Steiner, he's a recent fellow, even in the advertisement they say, oh, what a great thing it is to smoke. So nobody recognized it for a long time. But in India it was recognized long, long time back. So they said, oh God, give me everything, but not the stupid ego. From very childhood they are taught ego. We cannot say many things which you easily say, like I hate you. Just cannot say. Only think of yourself, who are you to hate? Hatred is a disease, and how can you have that disease? Keep your eyes open. Hatred is a dirty things, like eating filth. How can you say, I am eating filth, do you say that? That's how we have learned not to say, not to think. If you hate someone, if you go and tell your mother, I hate such a person, she'll give you two tight slaps on the face, no argument, nothing. That is how in India people are very deep people. They may not be so fluid, they may not be so sophisticated, they may not be so clever, maybe everything, but in evolution part they are much higher, because they have very, very deep roots. Once they find Sahaja Yoga, once they come to it, if they are not Westernized, that's a very big if. They take to Sahaja Yoga so easily, they never catch. I've never heard of anybody by catching, like that. Means they catch in the sense that they are like barometer, barometers or they give barometric reading, but they never catch in the sense, today you find a lady extremely sweet and nice, go to her house, she gives you food. Next day she looks at you like a digress. That's not possible in India. There's consistency in their life. Now today supposing we have Dr. Burley career singing, tomorrow you won't find him shouting at you. No, that's not. Or today you find somebody very honest. In the West it's very common, I've seen, very, very common. You trust somebody who's honest man, make him a, say, an accountant. Next time you find he has decamped with money. If somebody is honest in India, then he is honest all his life. If he's honorable, he's honorable all his life. Then he doesn't change like this. What is the reason? There is no depth. So when you get realization, you just don't touch your depth to live superficially. So now we have to forget from where we have come. We have to know where we have reached. We have become the Spirit now. Forget your past, forget the style you have led, forget everything, humble down. Humbling down is the important, humble down in your hearts. If you have to grow, you have to go deep. Only through humility, through the weight, through the weight of humility you only go deep down. Not condemning yourself, not saying that you are wrong, your forefathers were wrong, nothing, just humble down and grow inward. Must know our weaknesses. This is the biggest problem in the West. We never want to see our own weaknesses. And the other weakness is in the West is, it's, now it's very complicated society. Like supposing I want to say that, see, your son is like this. Then they don't mind taking the blame of the sons, this behavior upon themselves. So it may be I have done it, so that it never reaches the sun. But if I say you have done something, they'll say, no, perhaps maybe my mother, because she treated me psychologically, something happened into me, so it has happened. Because I was born in a family which was very strict, I had a broken home. That's why it has happened. Nothing of the kind. You are a spirit. All these explanations are against you. You are going against yourself. You are cheating yourself. Because I come from such and such place, it has happened, is wrong. I'll give you an example of Yogi Mahajan, whom you know very well. You know, when he came, actually, when Indians come here, they also develop sometimes this ego part. He came to France for My puja. And to so many people, Yogi is like a sort of a guru. He has a beard and he has mustache like that. And sometimes he has a big ego trip, but more than him, his disciples have greater ego trips. And those people who work with him also get into such big ego trips that we are having horrible time. I sent one of them to Australia. He had to take up a job. So he would not take up any job. People said, what is it? I was chief executive of Mahajan's export company. What was he exporting? Those clay packs to America. He was the chief executive of that. And now he can't take up any other job but a chief executive. Now nobody is exporting clay packs from Australia. So he is without a job. So he is without a job. I told him, you better dig some. And we'll export it. First do the digging. Then we'll export it to America. So all this kind of a nonsense comes. Indians, though I mean, I must say, S.E.P. is occupying such a big position. I mean, if you see him where he is about, whatever it is, but he is much more humble than many of the surgeons, I can tell you. Though sometimes he also goes off because you see in this country you pump up the ego so much that maybe, sometimes. But he sees it now. Now he sees it and he was telling Me his best way to get out of it is to see it. He sees it. And every time he does something, he always asks for forgiveness, always. He asks for forgiveness from anyone. But he told Me this country is such that where you get blown up. People will pamper you so much because you have a position. Yes, sir, sir, sir, sir, sir, sir. But even those who are garbage cleaners have the same ego. Even worse

than S.E.P. is much worse. So what is the reason? Why this bumptiousness? Why this wrong ideas about yourself? It is because we are not one with reality and we have no joy. We cannot grow artificially. So if you can somehow or other see that horrible thing called ego and watch it nicely, first thing that should happen. I would say an example of that. If you don't mind, I'll say more or less. He has a tremendous ego. Ego raised to power, hundred, hundred and eighty. Very first came to me. But I knew one thing about this man that he loves truth. This is the point, is. There where I found his depth, he loves truth. There where I have to hit him. As see now today, what a product! What have you achieved in Sahaja Yoga? I mean he met Me only four years back, can you believe it? The first time when he came, he was roaring like a lion. I mean, everything was there. Everything fizzled out gradually. He was so angry with Me, shouting at the top of his voice, being all sorts of nonsensical things. Can you believe Warren was shouting at Me? Can you believe? But I could see that in him that he loved truth. I go up to a point, if I don't see you coming out of that ego, you will have to get out of Sahaja Yoga. All that you have enjoyed in Sahaja Yoga, you'll have to give up. I tell you that today. You better learn this lesson. When you come to India, you improve, no doubt. Then we'll be having ashrams there, where you can come and stay and see for yourself, develop your depth. But we cannot have burdensome people who pull down other Sahaja Yogis, Sahaja Yoginis, try to bring problem for collectivity. We cannot afford it. We cannot afford it. Like a boat, we have to cross over. All of us are in the boat and some are jonas. They should be thrown out. Should we make the boat sink for them? So no liabilities will be accepted in Sahaja Yoga, I promise you today. Since I've come here, I've been sick. Humble done. Humble done. In humility, in righteousness, you will find your own glory, the light of humility. Not in eerie yoga. In ego you are blind. You can't see anything. Only in humility, in that silence of humility, you'll find your own glory, your own dignity. Everything you'll find in humility. But not by condemning yourself. But in humility. That's the time really you help yourself and love yourself when you are humble. So it is said, humble down in your heart. It's said that I've got the picture of my mother in my heart. I have to just bend my head and I see it there. Just to bend my head and I see my mother's picture there. What? But keep it up. The thing is you cannot keep this tempo of humility. You have to keep it up. I come here, all right, everything is fine, good. Again I come back, I must be prepared to suffer for two, three days again. Then you are all right. But this is only working through Me, through My efforts. What about you, yourself working it out? I tell you, you don't have to exert at all to be humble. But there's one way you can do it. Always tell yourself. So for example now we have Michael here and say, he is saying from America. He said, you Mr. American, will you behave yourself? Address yourself. You Michael American, will you behave yourself and come down to reality now? Do you know you are the spirit? Address yourself like that. Address yourself like that. Stand before the mirror. Separate yourself. Say that is your ego and you are the spirit. Now you talk to your ego. You don't exist. Do you know what you are? You are nothing. If there is light in front of me, if there is light in front of me, there will be no reflection also. You are like My shadow. You are a myth. Because I am standing before a mirror, you exist otherwise you don't exist anywhere. And I can create infinite number like you. How? Put another mirror behind. And there will be infinite images, these artificial ones I can create in one second. But you can't create Me. You cannot influence Me. You cannot bring Me down. I am the spirit. You cannot be the spirit. Has to be taken up. Otherwise I tell you, some of you may start looking like Aurangzeb or Genghis Khan or Hitler or something like that. You see all these, suddenly I find something among Sahaja Yogis, some Hitler standing with a mustache and a hair like that, the nose like that. Suddenly I find someone like that. It's quite possible. I mean, what I have seen of Sahaja Yoga at the West, I am surprised, you see. You leave somebody as a little sparrow and when you come back you find a hawk. Is that the same person? Yes, now she's become a hawk, only possible in the West, I can tell you. If you tell somebody in India, they will not believe. Like Mr. Jekyll and Mr. Hyde, only possible in the West. When I read this story I said, how can it be possible? Dr. Jekyll and Mr. Hyde, I said, how can it be possible? But I've seen it. It happens here. When they are good, they are very, very good. And when they are bad, they are horrid. But that's only in the West. You don't find this in India, why? The reason is we are deep into ourselves, very deep. All right, you have not missed anything now because you got your realization as they have got it, you got the knowledge of Sahaja Yoga as they have got it. But test it upon yourself and humble down yourself, go down into yourself, facing yourself, just telling yourself, no, I have to be deeper and deeper, I'm not going to listen to anything. Ego and all that nonsense, I'm not going to listen, I'm going to go deeper and deeper. And move into yourself, embed yourself into reality, piercing through all these ego and nonsensical ideas that come from it. Then only you can correct it, otherwise you can. The best way in meditation I've seen to improve your ego is to meditate on My feet. My feet have that magic. Have you got photographs of My feet? I don't find anything here. You have, just bring one, just bring one. All right, watch them. All right. So very small. Not this one, not this one. Not this kind, another one, it's straight. Ah, see? I'm going to take a picture. My brain is flowing. You are going to go there? Yes. Ah, that's it. You are reflecting too much, though, the light. Can we take out this? Yes, please. Yes, please. Get lots of these, all kinds they have. Lighter? Yes, please. Now the second group can come in. Are you all right now? Better? Still there? Beat yourself with shoes, I tell you. Beat yourself with shoes. That's the best way. Go and beat yourself with shoes. All of you. Now those, come and

just. Very simple feet. Get some puja ones also. So I haven't got. Yes. Okay. Okay. No need to rub My feet, you can just wash them. Can you feel the vibrations? Going? Now let's have the second group coming down. Please move out as you be. Please move. Have you got kumkum here? Bring it. Those who have not rubbed My feet can rub with the kumkum. It will be good idea. Those who have not rubbed My feet so far should wait and others can meditate a little bit on the feet. Those who have not been able to come forward. Come this side. Come here. Ah. Can you feel the vibrations now, the cool breeze? Put it in a katori or something. Put it in a... Like so. Hmm. Now. All right? Good? They said how are you? Better? Good. Now those who want to come further, come now. Now some others to come further. Now some others to come further. Now some others to come further. Now just watch. All right? Are you better now? All right. Shri Mataji. Put up. Put up with the water. No, just try. Just try. Ah. Did you use the eyes? It helped you? It's right sided problem. Stomach, how you did it? On the liver? That also helped, at least. Now your breathing is all right. Virginia, you sit here. Don't close your eyes. All right. All right. All right, improving? Face is improving, yes. Hmm. Fabulous. Feet, feet. Continuously. You are not thinking about them. You just have to see it. Ah. Ah. Hmm. Now another group. All of you have been all right? All of you all right? Now. Those who have not rubbed My feet before, come forward. Raise the Kundu. You have not had done My pujas. Come here. Come forward. Never get the Kundu. All right. Come along. Take this and rub it on My foot. Come along. Whole thing. Hold it. Now. Their hands are cooler than My feet today. That's the best part. You see? Now, you see. Now, left hand. Left hand. Now, right hand. Now, the other hand. Now, the other hand. This is Rosalina. This is Rosalina. Ah, I could make out. And you are the uncle. And the ex-partum. I mean, you are a little girl. You've got a tremendous point of view. Parthumar. Rub it hard. Nitya nitya par kahan. Coog jor se raha. Apne wo dekha mare photo jo aakash bhi aaye hai. Nitya kha? Dekha tom hai? Specially your cloud skin that is this way. Ek mein toh muni kal raajo ek photograph hai exactly. Oh, photograph hai na? This way ke hai. South American Indian jazidikte. Muhwala. Ek uspe se muni kar raho. Ardu se mein toh bhi kus par nakha ye tak hai. Nag hai, aak hai. Ardaat ke raj ke sab bura. Thank you. Apto clouds mein bhi jikne lagya. We won't need cameras, you see. Clouds will start showing. No, it's all right. I'm just joking. In the clouds the photographs are coming now. Vishnu Maya, electricity. Good. Now see. See your vibrations. Yes. Devi bhakte hai na? Devi bhakte zuna. Zuna Devi bhakte hai. Ah. Nahi kar rahis par dale hai. Gudu program mein par vedana? New York madhita lade par. But strain hai, darasa. Sympathetic. Aat kapiir vah. Aisi rana hai. Kada kali hai. Sympathetic ho strain hai. Man maina par hai. Kanta ka? Galat logon ka echordi jayar. Galat logon satra nekto toh jotar ne. Strain ho tono, patthana. Tinscha karana ware vada. Ah. Adivar kse smudu de pais. Aat karana ware. And back. Strain hai. Aa. Nahi kalai. Aat karana. Aat karana. Aat karana. Ting hai. Galat logon sat phasi oeo. Chutti karaunse. Yes, yes, my God, Chutti. Yes, I know it's for the road. First, Chorong. Galat logon. Echh point karai. Ah, Navamartak karauni. Kesat namaparna shunti, chutti. Mmm. Nus pit chordi jaya baap chao. Navamartak. Hindustan mera hai te ho khi hai. Nivasya dapam mein mera hai. Ja, Namunka. Ah, harungo sivpi. Sivpi. Sivpi actor, jyosi ne. Oye. Ye bhagwan. Ye bhagwan. Ye bhagwan. Ghatu pauchi oe logan. Sivpi Maharaj. Sivpi Maharaj. Film Maharaj. Huh? Malum malum, kumachis mein sensor boar mein tina. Aise lo kutukum malum mein. So apko yaa kar training ke li billa hai. Maaje pele pum kaiye raha kahi hum aa India Mass special effects. Na, na, na, bita. Europe. India Mass. Ja, ya, ya. Yeah. Special effects ka kya karange? Maa, maa, special effects haus kulang ira, jayi geta. Mmm. Special effects, man hai, mera hai, awash kar raha hai. Na, nahi, nahi, chitra bhi manjapur. Kaitel ki chamat kar mikta, tai chata hai. Toh feeer? Toh, isli muji hai training ke li billa hai, baad nam ka, maa import hagare bhi karte, nahi kar bhi kartans, iski hi detu. Ja, import. Ja maaz wah kar kar kar fit, aswari kar kar kar kar kar, import katte hai, import ke li kya hu ka patekse, wah kar de hai hai hai, mera cinematograph ke sab se hojheel hai, mera hojheel parung hojheel katte hai, uske us, tax ke fukam jahan hai, aur film ka, yeah, yeah, custom mein, hai se toh 320 percent hota hai na, aur agar ojheel hota hai toh 120 percent hota hai, ojheel ke liye, a certain type, open general license, aswahi hai chahi chahi, so, isli hai, kafi kam de hai hai padte hai, toh mein hoar, aur ek chun hai, on se bhi humne, kafi prufit se bhi thi hai, at the same time special effects house kul daha, toh, yaa pang jit de huma pe jag kar ki, kain hojheu padme kam an hojheel ke liye, special effects house kul daha, aapid rah shalag rahi ki ho, special effects house kain, kai rata nahi hai, iradu ye hai, khi, import kya mein zime raja hojheer, aur bhi jaloko humko hojheel se import kare, yani, kafi prufit suma bhi thir hai, always absurd, aapte hai, rahmal ki ki tab dekhi, aamal, hai mein hain debut, saani, saani lauke, tahze hai, ji nahi hai sabil kar, aa scholar hai mala, photography ka kamal, aur ye is a just a free dance, kun se kau karne thodi, gift, mua dazi, mujhe paale kadani, kadabhi hai mata ki, ji nahi hai sabil kar nahi hai, ji nahi hai mata ki, ji nahi hai sabil kar nahi hai, aa huul scholar hai, aap padi ho stu bhi kha jo aap, big scholar, bhi bai nats bana hai, hai, o patna, patna ke rajan babu thena, uke grandson hai, mmm, good, very nice, aur hamare nebu, hamare sanilda mein hai, omo sabna hamar lal ki, ji se hai, ono nahi likhte mein badat kari, ono nahi mein kiya tha, aa ancient Indian culture world, sabna lal, and she is a gold medalist and top of the list, omo sharan paar, tohne mude ho sharan paar, Maasti, aap kar shi maat ji hai, mamaa maha sate hi, aa namaya toh, yaa pad, yaa de mein hai, iran pronga, yaa de mein kiya, yaa de mein kiya, yaa de mein kiya, yaa de mein kiya, yaa de mein kiya, aa maha shi raate, kya badkan,

[illegible]

they didn't know you were going to be here, Mother. At first it was Warren and Warren was going to go there case. San Diego. No, Mother. Master Christine. Yes, that's we have done. This we have done, Mother. Janet Bowers. Janet? Janet, come forward. You'll do the light. You're good. They are all filmmakers here? She brought them, Phil and Christine and all these other filmmakers from the department which works. Now next. What's that? Next. Okay. Her feet have gone to sleep. They are gone to sleep. Left-sided feet. Good? Yes, Mother. Very good. Thirty years the feet. Thirty years. There are three girls out there. Elizabeth? She's there. Yes, I met her. I know, I remember her. She has children? I know, Mother. No, no, she doesn't. Very good. She's quite eligible. Yes, that's right. Caroline, I would like to make a note of you. Caroline, I would like to marry you. Did you hear that? I said, I would like to marry you now. Myself. You are so beautiful. You are so good. You are so good. When were you divorced? When were you divorced? Sixty-nine. Sixty-nine. You divorced or the baby divorced? You divorced. Is he married? Is he married? Not married. You don't want to give him another chance. How do you find him? Beautiful human being. Yes, he's beautiful human being. Why not try Sahaja Yoga on him? Better try. We come by, I'm saying. Your children must be missing the father. They have their father. They have their father. Children are all twenty-five, twenty-three years old and professions of their own now. They are what? They are all working professionally in different fields of economics. They are very close to their father too. Father too? Yes, both. Why not try him again? All right. I have a feeling he's a good man. Oh, he is. He may come to Sahaja Yoga. All right? That would be a unique thing. You know my ego, Mother, don't you? Now it's not there. I think now your humor changed. All right? Try him. Talk to him. That will be the best. I'll be very happy. Because it's a new precedent for people to show that those who are divorced again can remarry because after realization a person gets completely transformed and starts seeing the beauty of another person with a different anger, doesn't it? And all the hurts and all those past things are finished. All right? This is? Lea. Lea. Lea. Leali. Lea. Lealin. She is Lea? She is Lea.

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Shri Mataji, please, please, please, please, please, please. All the teachings that are arriving to India should be received to the fact. Please, please, please, please. Very good. Come and look at Christ. Keep crucified in Christ. For My people. He was in college and he was humiliated. People spit at him. They put thorn on his head. Still, he did doubt his son. Even once. Only on the front he said, Mother, where are you in India? You can't leave. You are uncorrected. You have to be like this. If you have your own desires, you are not going to the sun. But whatever desire I have for you, you don't need your emancipation and your mental, for your joy and happiness. Just allow it to work out. Then they go against My desire. Then problem. I can't see. It's that such. What can I do? Ask your son to be crucified. Tell him to be crucified. It's what a thing. What a thing. And then they come to India. Actually, that's for it. That's for the internet. That's for a thing. In the internet I mean, it's very difficult to say. It's not a thing. For a means, it's beyond. So that's for. Even beyond, beyond of beyond. The quickness of the whole thing is the beyond of beyond. Quickness of acceptance. And then the joy starts. All the labor of achieving joy is different. You don't have to labor at all. Because if I'm there, I'm just so clear. You start getting your anani. You read only fifteen years ago. Fifteen years. Let's have the rest of it. What is the meaning of that in the same way? In the various chakras beginning from Mula Dharara, there are many powers. Ayyoginis who are the various aspects of Parashakti. Here he gives yoga. His one is Shiva. Om Shri Yogadaya Namaha. One who gives yoga or union of the individual soul. You all understand English? One who gives yoga or union of the individual soul with Paramatma, the cosmic spirit. The pathway of such a union is called yoga. There are many paths such as Mantra Hatha, Laya and Kundalini. No, let's do this. Mantra. I have talked to Mantra Hatha. Also Hatha is I mean you more than Nadi Jāsura also. That I have also talked to. Then Laya. How to make Dīpāna, right side and left side, submerging. The Rajo Yoga and the Rajo Yoga. No, Rajo Yoga is teaching me Bandhanāna. This is the Bandhanāna. Śrīmatā as the ultimate power grants disunion to the devotee. Śrīmatāna. It's the ultimate power. Aum Śrī Yogiāna Mahā. She is the best. Whatever is supremely good. Best means yoga. Yoga is something capable. Whatever is supremely. It's the best capable person. Nobody is more capable than. In capability she is highly. Whatever is supremely good or excellent is her aspect. Aum Śrī Yogānanda Ya Nāmāhā. She is the bliss resulting from yoga. See now this is very important. She is the bliss resulting from yoga. She gives me yoga and she is the bliss. That means in the heart she decides. Only from heart that's blissful. So she is also the bliss and she is the one who gives, she is also. Every job has to be done by one person. Aum Śrī Yugānanda Ya Nāmāhā. She protects the chariot of the universe by being its axel pin. Or she is of the form of the pair Śiva Śakti. Or she is in the form of the cycle of time. Aum Śrī Iccha Śakti Jnana Śakti Kriyasakti Swarupini Nāmāhā. Ichcha Śakti? Nānā. Jnana Śakti. Jnana Śakti. Jnana Śakti. Jnana Śakti. Jnana

Śakti. Jnana Śakti. Jnana Śakti. She is the power of will, consciousness and action. Aum Śrī Sarvadhārayā Nāmāhā. She is the basis of all. Of the universe of name and form. Aum Śrī Śukhāti Śtāyānāmāhā. She is well founded for in her everything is based. Aum Śrī Śalasādhā-rūpa-dārīnī Nāmāhā. She assumes the form of existence and unexistence. She is the source of this universe of name and form and the unseen cause behind it. You see because we Indians know that she takes the form we can believe in her. You see in the Bible how much is written about the living, practically Jesus. And what they at least mention of her. And not even say that she is her or me, just a bird. You can imagine. She thought she could not go deeper into the sea. Aum Śrī Ashtamūrti Nāmāhā. Eight forms of eight manifestations. Vyālakmi, medha, dharā, pusti, gārī, tusti, prabha and di. That's a dinner. What is your? Laxmi. Laxmi, you know. Yes. She looks like a laxmi. She's a deity of... ..wendy. Laxmi, you all know the laxmi. Medha. Medha is the... ..is the interview, knowledge. Knowledge. Dharā. Dharā. She's the one who tusti. Dharā. Dharā is a very good word. Dharā. Dharā is dharayotu, that's another word. One who tusti, rā, she is the one. And put it the other way round, rā. Pusti. Pusti. Pusti is very sensitive, very... Pusta is a man who is well-fed, you can say. Gaurī. Gaurī. Gaurī is the virgin. Tusti. Tusti is the fact. Prabha. Prabha is the... ..lone. And dhukti. Dhrishti. Dhrishti is the vision. That she's a visionary, she's a visionary. She's the goddess of all these eight things, humanity is all these things. Om Sri Ajājāitri namah, one who concludes the unborn, that is ignorance. Om Sri Lokāyatrā vidāyini namah, one who determines the life cycle of the universe. Modern science describes various states of this universe as the sitters or Einstein's universe. Now what is it? Om Lokāyatrā... Cycle. How many names, madam? Cycle, what is the cycle, what do they describe it? One who Lokāyatrā vidāyini namah, one who determines the life cycle of the universe. Life cycle. Om Sri Ekākī namah. Alone. Om Sri Ekākī namah. Alone. She's alone, she has no compassion. The unitary basis of the plurality of the universe. Ekākī nātā. Aukre mehāvākam tāt. Oke, ole, mehvukku. Om Sri Bhūma Rūpāya namah. Of the form of Bhūma, the basis of all experience. Tungvata. Tūma. Om Sri Nirdvaitaaya namah. She's non-dual. Om Sri Dvaitaarjitaya namah. Same meaning, she's beyond duality. Om Sri Anadāya namah. Niro word is very important because nirmala is a word, you see. Niro means absolute doubt. Absolute, be the doubt. I mean the doubt can also mean there must be something so that you have to take the doubt. But it means above, absolutely beyond is nir. That's why the atma prāda you get nirānanda. In the ananda of the absolute. Absolute. Nira means absolute. My one name is Nira, in my family I am called as Nira. Nirmala, half is nira, everybody calls me nira in my family. Om Sri Anadāya namah. Anadāya. The giver of food. Om Sri Vazudāya namah. The giver of wealth. Om Sri Vardhāya namah. She is the oldest since everything is created by her. I mean the most ancient, the most ancient. All this. Om Sri Tāhunī namah. She has a wife. Ever young. Om Sri Mahāmatmāyā Swāhupini namah. She is the union of Mahāma with Atma, of the individual soul with the cosmic soul. She is the great culmination which is the content of Mahāvākāya. And great mantras like Soham. Soham, that's ananda. Soham, that's ananda. Om Sri Bhakti namah. She is youth, immense. She is the immense truth. Om Sri Bhāmāni namah. She is wife of Bhāmāna. Om Sri Bhāmī namah. She is the rasvatī, the goddess of speech and learning. Om Sri Bhāmānanda ya namah. The bliss of Bhāma. There are various grades of ananda oblīs and brahmananda is the highest of them. Om Sri Balīpriya namah. Balī means the strong who can conquer the desires. And she is fond of him. Balīpriya. Balī is the one who is the conqueror of his desires. You see, you see, how do you conquer your desires? You love him. That's the only way you can love and conquer the desires. She is fond of them. She is fond of Balīpriya, the people who are so powerful that they can get over their desires. Om Sri Bhāsa Upāya namah. She is in the form of the language. She is praised in every language such as Sanskrit, Prakrit and so on. And in French. I'm German. Om Sri Brat Senaya namah. She is having huge armies for energy. This is the thing in life. How do armies help you? But you should have confidence that there are armies behind you. Abhava, bhava, vivā, jita, yā, namah. Bhava is the existence of the universe of name and form. Abhava is non-existent, such as the son of a sterile woman. She is beyond both these categories. Om Sri Sukha Dhyā namah. She can be worshipped comfortably without putting the body to great faith. Now, tell them all this. I've been telling you this that why do you do all this? Sukha Dhyā. It's happening. It's all. Only cheerfulness is necessary. This is a man's heart. Oh, how can you give me this? Also people like Mr. Heri and so many others will just try to do this or that, where to put that tension, what to do, just as such. There's nothing in sukha. This cheerfulness is the way you tell me. There's no need to do all this. By which you really will get away from it. All the time even when I'm sitting there doing like this, doing like that. But all these cheerful just sit like that. They are sitting before Me, they are doing like this. There's no need. Why to bother? Just that. Now, I've been saying this in these two novels. Sukha Dhyā. Om Shri Subhakari Namaha. The Beneficent. Yes, Subha means auspicious. She's the one who brings auspiciousness. The greatest good is the realization of the ultimate and she grants that to her devotees. Om Shri Subhana Sulabha Gati Namaha. She's the easiest path to self-realization. Self-realization. All right. Why go the hazardous way unnecessarily if you have to eat your food like this? Why do you want to go from the bad place? It's a simple way. To eat, not to eat, just for nothing at all. Why do you exist? Om Shri Raja Rajeshwari Namaha. Rajas are the eight bhikpalakas. Bhikpalakas means there are eight dimensions to have. Out of eight, all these are there are eight gods. That is it. And the overlords are the

Trimukhtis. Brahma, Vishnu, Mahesha. She rules over this overlord. Yes, of course I do. No doubt. Because I've treated them, you know. I'm going to. The result of humanity. It has to be. Om Shri Raja Dayini Namaha. The store of dominions. Here dominions are not of the earth only. They are spiritual realms also like Vaikuntha and Kailashvara. That's what I wanted to come into. But first start enjoying everything that is granted to you. First you must enjoy whatever is granted to you. Then only you will come there, isn't it? At the first station only you want to get down from the train. How am I to take you to Vaikuntha? What is Vaikuntha? In the state of where you decide incompletely. What you call the kingdom of God. Om Shri Radhya Vallabhaya Namaha. The dominions mentioned in the last name are in the three chakras. She delights in ruling over them and supervising their function of creation, preservation and destruction. Sorry, my love. Om Shri Rajakapaya Namaha. She's effulgent with kindness. Yes. It is kindness, yes. Effulgent, effulgent, yes. Babu. Yes, babu. Om Shri Rajapita Aniveshita Anijashritaya Namaha. Devotees are placed on the throne of kingdoms of spirit and matter. That is, they become rulers of heaven and earth. Om Shri Radhya Lakshmi Namaha. She is the power behind the splendor of every kingdom, earthly or heavenly. I think they come. We should take out all our trees. Om Shri Kausanathaya Namaha. Here kosa means pancha kosa. She's the queen of all this. There are principles. One is anamana kosa. It is created by the K of the four Vedas, the holy scriptures of India. Om Shri Samrajya Daini Namaha. She's the giver of empire. She confers on her devotees' empire, which only a performer of Rajasuya Yaga gets. You don't have to be Rajasuya. Om Shri Satya Sandaya Anamaha. She's the abode of truth, or one who never believes her word. Never? Belies her word. Whatever I say must come. Om Shri Sagara Meghalaya Anamaha. The oceans are her girdle. In her cosmic form, the buloka is her waist and the seven seas that girdle. Om Shri Dixitaya Anamaha. One initiated into a discipline or mantra. At that initiation, she dwells in all her devotees and destroys their ignorance. You see, so these mantras have a coming to you from Me directly. I'm the one who's mantri Me. I'm the one who's the mantra. The families give you, they are very powerful mantras. That's why the way you can raise Kundalini. Even the greatest of greatest is people who have achieved such high realizations cannot. Because I have given. We cannot do it. Even if we want, we cannot raise Kundalini as people have given. We cannot give the chapra as we call it. Because I have done it for you. Om Shri Dixitaya Sandaya Anamaha. She's Venkisha of Asuras or evil forces such as Bandar, Vishukha and so on. Om Shri Sarvaloka Vasankarina Maha. She's the controller of all the fourteen locales or universes. Anyone. And now you are just in one of them. One Bhagavan out of which the whole universe now what you know is one Bhagavan. Is one Bhagavan. The whole universe is one Bhagavan. There are fourteen at this time present. At this time present. There are fourteen of them. And you are now in the fourteen of them at the same time. That's it. But you are in front with us. Thank you. It's impossible to believe this for you and for me to believe that I am both such unbelievable people. You are not even pleased by that. You have to believe that you believe in me. Something has to be done. Sometimes you know I wonder what you show in God's attention. What you do to me to believe is what is to be done. To believe that is a fantastic thing to believe in. And that I am not aware of it. You see that I am frightened. How am I to myself? How are you going to believe that I am that? I am not going to believe. Dharma is the action. And moksha is the realization. So all the poor is the believer of all the poor. Om Sri Maha Kali Namaha. She is the wife of Mahakala who is Shiva. Om Sri Maha Dhrasa Namaha. She has a huge food morsel. The entire Jagat she eats away in one morsel at the time of Pralaya. The entire universe. You remember that day I was tired when I came from the program of that day. Looking on the Italian floor. And I ate one day. Because I ate all the food. Om Sri Maheshwari Namaha. The great ruler. From this name down to name her feast form is being described. Om Sri Maha Sanaya Namaha. She is destroying Raksha Sats. For her this destruction is nothing. Mahani believe. This is the morning. All the families are like this. Just like some ants being destroyed. Om Sri Aparnaaya Namaha. She performed penance to obtain Shiva. And for this she renounced even leaves as her fool. This is something faster. Nothing like it. Om Sri Chandikaya Namaha. Angry with evil forces. Om Sri Chandamundasura Misudini Namaha. Who destroyed as Durga the Asuras by name Chandayamunda. Om Sri Sharak Sharat Mikaaya Namaha. She is both eternal and destructible. This phenomenal universe which has an end and the eternal self are both her form. Om Sri Sarvalokeshi Namaha. The queen of all the 14 worlds. Om Sri Vishwadhari Nini Namaha. Who contains all the universes. Om Sri Subagaya Namaha. Baga means the Sun. All the attributes of the Sun are herself. Om Sri Trigonath Mikaaya Namaha. When she becomes the creation she assumes the form of the Trigonath. Satvaja and Tama. Om Sri Triyambakaya Namaha. Three eyes. The Sun, the Moon and the Fire are her eyes. Om Sri Svarga Pavargadaya Namaha. Svarga is happiness which has an ending sometimes after the punya is exhausted. The punya is a good action. Apavarga is bliss or moksha which is infinite happiness. She confers both. Om Sri Sudhaya Namaha. Pure. Om Sri Japa Pushpa Nivakthi Namaha. She is red like the japa flower. Om Sri Ojovati Namaha. She is vitality. Om Sri Yutidharaya Namaha. She is the container of the light of knowledge. Om Sri Yajna Rupaya Namaha. She is the sacrifice. Om Sri Kriya Vrattaya Namaha. Form of all vows and disciplines even to other deities because all are her creations. Every devoted worship practice goes to please her. Om Sri Duraadharadya Namaha. Difficult to worship to the incompetent and to those who cannot control the senses and the sense of

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worship her you don't have to do anything difficult. Sukhara. In all joy you can worship her. Means you know you don't have to go into any austerities. Shobhangasthulabhagat. Shobhana shulabhagat. To know her it's a shobha. Kaayo shobhila kamane sha? Shobhana. It's very beautiful way and shulabh means sahaja. It's a, to achieve her is very easily done through shulabha means very in a very simple manner. It's not difficult. When you don't have to do anything that is described like taking out eyes, getting your hands or whatever. Lajja. She is shy. She is the source of shyness. Shubhamakari. She is the one who brings auspiciousness. Chandika. She is the one who can be very angry and become, kill people who are negative. Trikonathpika. She is in three forms she acts. Mata mahati. She is the one who has all the reputation. Pranarupi. She is like a prana for us. Paramanu. She is also in the molecules. Paashahantri. She is the one who cuts all our bondages, you see, whatever we are born by. Piramata. She is the mother of the courageous people. Gambhira. She is a very deep person. Garvita. She is very proud. She is proud of her children and proud of her all that. Also it means a person who is very dignified. Kshipra prasadini. Kshipra is the blessings. She is the one who gives blessings. Sudharshruti. When she speaks it's like amrosia. Dharma. Gara. She is the one who makes us sustain Dharma within us. I think they have put it Vishwaroopa. Means she is in the form of the universe. She is the one who makes you Swastha. Swa means yourself. Astha means is to establish into yourself. She makes us establish into ourselves. Swastha also in general language means good help. But here it is that. Swastha swabhava. Her nature is that she is establishing to herself. Madura. She is sweet. Neera. Samar chitta. Samar chitta kar nahin. Chitta. Samar chitta kar nahin? Samar chitta. Samar chitta. Samar chitta. Samar chitta. Samar chitta. Arjuna. Samar chitta. Arjuna means she is worshipped. Shri Mataji, by those who are in balance, I say something, Samarchitta. Paramudhara, very generous. Paramudhara. Paramudhara. Lokatita. Lokatita means Atitmani past. She knows the past of everything. Shri Mataji, she is the source of forgiveness. Deela Vinodini. She is the one who plays Deela and makes humor. She is Sadashiva. Pusti. Pusti means she is content. Content. Content. Healthy. Pusti. Pusti. I don't know, let's say English word for that. Chandrani bahat. That her complexion is like the moonlight. Ravi prakya. She is known as the sun is known. Kavanakriti. She is like air. I become vibrations, that is it. Kavanakriti. Vimala. Vimala means without any filth, without any mala in her. Vareta. Giver of blessings. We'll ask here. She enjoys herself. We'll ask here. We'll ask. Vijaya. She is the victorious person. Sahaja Yoga. She gives us Dharma. It's quite good. Leela Vinodini. It's very good. All I have. Smita Krishna ila gana hai. This is done in San Diego. These you people have published I think. Isn't it? Viratang na puja me de. Viratang na puja last year they gave everyone. Yeah. Now which one you are going to sing? This one is called Nirbal Maake Ujale. I like that song. Which is for you people. Just take. Dapas na khatu sai mein. Page fifty. Hindi fifty. I'll tell you the name meaning first. So you'll enjoy. This is the, he says, you are the lights of Shri Mother. Ujala means you are the light. Aprata Mother says that you come into your eyes and remove the darkness. Andheropu nikalo means take out the darkness. Means if you have the spiritual light in your eyes the darkness will go away. He says that, sab sahaj mein aaye hai toham ek hua hai. When we came to Sahaja Yoga we all became one. Raaste pe te rechal ke sabi nek hua hai. By walking on the guidelines that you have given us we all have become good people. Har pak pe samhala hai aage bhi samhana. O Mother you have saved us at every step so also save us always. Har pak, pak means step. Samhala means has protected us so aage bhi. Aage means in future also samhala. Please look after us or protect us. Barsoan se tumhe dil ki nazar dhun rahi hai. Barsoan se means from ages my eyes of my heart, dil is heart. Tumhe dhun rahi hai. Means it has been searching. The eyes of my heart have been searching you for so many years. Jis khar mein paasih ho wahi ghar dhun rahi hai. In the house in which you reside, the same house these eyes are searching. Jis khar mein paasih ho. Means in what house you are settled. We are wahi ghar, the same house, dhun rahi. In the house these eyes of the heart are searching. Dhun rahi hai. Aap karke kripa ma mujhe aachal mein chupaal. He said now you have grace on me Mother and hide me in your aachal is this like a little baby you know. Duniya ka ajab hal hai in saan ke aat. This world is in a funny state under the control of human beings. Duniya ka aajab hal hai. Aajab means something very funny. The condition of this world is in a very funny condition that in the hands of the human beings. Aa saath ho na haw ga kabhi shaita na kyaat. Even a satan cannot make such condition as human beings have made. Aa saath ho na haw ga abcha ho to aakash pe dharti ko puthalo. Now if you want you can bring the heavens on this earth, chaho if you want, aakash means the heavens, dharti means this world, puthalo. You can now make this earth, puthalo means you can rise it to the skies. That's what it says. It was written when he was sixteen years of age. He is very innocent and very sweet you know. Alright, do you know this one? No? You know this one? Alright, try. Me wazoo? I don't remember it. I don't know if I remember that too. Koda lakshatne ka? Koda lakshatne ka? Koda lakshatne ka? Tu kata hai kya? Tu kata hai? Dinea enga Johnston Like a flying Buddha grilled byking with an egg In the name of the Lord. Hallelujah Lord. Hallelujah Lord. Dear brother and father, hallelujah Lord. And the servants you be are here. You may come and wait. Just Funny Time. We are going to make a ceremony for good. Just merchandise started on the haven of the This is the first time I've seen a man like this before. He's a man who has a lot of power. He's a man who has a lot of power. He's a man who has a lot of power. He's a man who has a lot of

power. nurture the steadfast 1,000,000RR? TrendedG M The song is sung in the name of the Lord. The song is sung in the name of the Lord. The song is sung in the name of the Lord. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. It's a God in the spirit, mighty and alive. He did all these beautiful compositions like Vishwa Vandita and all that He did it and this one also. How you swing? The other one. This is your favorite. Very good song this one is. You know this one? It's note you take that if you take the fourth black it's better. It's for men and women it's better to have that one. You must practice new song. Isn't very nice. She knows this or she don't know. I shall now bring it and let I might move it. You know. It's on the tape you gave us Shri Krishna Pooja. Yes, yes, yeah. So this song comes out of your mind. So you sing about the life of the Lord. I will be your guide. I will be your guide. I will be your guide. So this song comes out of your mind. I will be your guide. This song comes out of your mind. I will be your guide. I will be your guide. I will be your guide. I will be your guide. It's the morning of the grand time. Sweet honey of the living God, The Lord of the heavens, Jealousy, hum. Jealousy, hum. Jealousy, hum. Sad you'll be there. Jealousy, hum. Jealousy, hum. Jealousy, hum. Sad you'll be there. Jealousy, hum. Jealousy, hum. Jealousy, hum. Sad, you'll be there. God of employee. Every day. By the fifteen sendez is VERY peaceful... Let me say no Just raise me up May you be with me. It's got meaning. They are lying, meaning is very good. You see, since we have become Sahaja Yogis, Jyavaseham Sahaja Yogi Bane, that's the same thing, chorus. Sache Sukha Ka Gyanahua, the real happiness. We got the knowledge of real happiness. Jeevan ekavaradhan hua, the life itself become a blessing. Jyavaseham Sahaja Yogi Bane. Sahaja Yoga ki Sahaja Shakti. The Sahaja power of Sahaja Yoga, Aisa Jadu Kargai, created such a magic. Bhedake Sato Chakra Kundalini, Sat Samandar Thargai. Piercing through seven chakras, the Kundalini has crossed the seven oceans. Thargai. Kithakka Kamala Samanohua. An ordinary worm has become like a lotus. Jeevan ekavaradhan hua, the life has become a blessing. Ka hai, aare, dardekutum, bhajan hai nahi hai. Aare jis, aare jismalan ke ka. Oh, by this meeting, because of this meeting, Surdas had become, he had become very anxious about this meeting. And Kabira got lost in this meeting. Surdas had become anxious and Kabira lost because Surdas didn't have Realisation. So he's saying Kabira got completely Kabira got completely coloured because he was a weaver and he used to colour, you see, clothes. So always it is connected with him. So he says that he got completely coloured into this. Rajasook, hai? Shoor ke saare, ek hai? Raj, Rajsook, shoor ke saare. Jeevani hai? Jeevani Jeevani hai. Neera got mad, leaving all her pleasures of royal life, you see. Sahaja main nahi hai. But our Mother Nirmala has given us, hira means the diamond, has in this meeting she has given us the diamond. Mahavira and Buddha, both of them have sung the song of a formless God. But here the saints from the East and the West have met as if they are very old friends. This is how the Milan Bala Sundar Shabder, there is an English one and this Milan. They embraced and love, met. Milan is, see the Milan means when you meet, you see. So he said the whole world has met together and it has become so easy to make the whole world meet together, it has made so easy. Jeevan ekabara dhan hua, the life has become a blessing. What is Sahaja Yoga is a Sahaja life. And I have understood this secret that it is just a Sahaja life. Durlabho gaya, Sulabha atma. The spirit which was so difficult to achieve has become so easy, apni manzeel page. I have got my own spirit, I have got my own destination, apne para abhimanyu. So I feel very proud of myself and the life has become a blessing. Very good song it is, isn't it, describing the feelings of the Sahaja Yogis, you see, what has happened. Very nice. This song I like. Very nice. Our concert. Kishna likha hai? Mitla matla batao to sab kachala gaya hana, ve hai bina thi suni hai, ekati nahin hana. Veena vate, expert. Ova laga hai na kabir hai. That Kabir one you taught in Italy, Sathya leh. Saiya nahin ekga se. What do you do? Sathya leh bina thi suni hai? Bina thi suni hai gaya. Shambhagam. Achha? Bajao? Veena, you play? You play also na? This song, let me, let me. Come along, come along. What? But, kabhiye lo. You went down. Where were you? Five pound. Down? How was that? Mad people. Shri Mataji, the children go play in the mud and then you have to go to the other side. Shri Mataji, the children go play in the mud and then you have to clean them. The children go and play in the mud and then you have to clean them. Downtown is the... Downtown. I heard this downtown word. It's not money, not used in English language, but is American, I think. So, one lady had told Me to call her sister or some son or something. She was sick lady. So I telephoned her. It was a trunk call. So she said, moondaa downtown gaya hai. Moondaa he said to the boy. She said, moondaa downtown gaya hai. Downtown kya hai gaya hai? Aji downtown gaya hai gaya hai. I didn't know what to say to her. I said, but downtown kaat aji downtown. She thought I'm some ignorant woman, doesn't know what to say. I mean, she was a sick lady, but she also used the same word, downtown. I said, no, there's no word. Moondaa downtown gaya hai. Mariya center city bolte hai. Mariya center city bolte hai. That's still sensible. No, but Hindi mein kya hai. Hindi mein kya hai. Mein kya downtown bolte hai. Share toh sare yo

gaya hai. Share toh kun nawa hai. Downtown kya hai. Gujibhi hai. Center. Center city. Kaapne saab mein amlogar koi, usi shair mein gaya ho. Toh dhi kang hai downtown gaya hai. Kang hai bhar gaya hai. Barbar pocho downtown kaun sa town hai bhai. I didn't understand this word, downtown. So I said, which town is this downtown? Where has he gone? Because this lady had sent some word for it. So I said, now how to contact? She's gone downtown. And there is nothing written down in the map downtown. I was really a villager. Suburbs wale hai. They live in the burbs. American English is different from what we are learning. They'll fix you. I'll fix your breakfast. Everything is fixed like a screw. Then they said, all right, all fixed. I said, what do you mean? What do you mean by all fixed? I mean, have you given the keys? Then say that have you given the keys, all fixed. All right. So then we went to the, we were going to the airport. There were agents of seepur. So he says, he asked his wife, this is the road. We have to hit this boulevard. I thought, whom are they going to hit? So she said, yes, you hit. Such a fright, I said, are they going to hit both of them? I was sitting behind, they were in front. Then said, now it's fixed. All the time they are fixing me. So I said, now why are you fixing me all the time? Are you going to set me to the moon or what? It's interesting language to begin with, you know. And the way they use it. There you are. There you are. There you are. There you are. There you are. Wherever you reach, wherever you reach there, here we are. Kaitri bola chakshat. Now you are all set. All you set? All set. All fixed, I mean like a jelly, she has to be fixed. Ochs so bhe boh, good morning nahi karega, how are you doing? How are you doing? Achcha? Why is the napki hotel room and how are you doing this morning? How are you doing, what? What do you want me to do? Okay, what is non-America? We were walking on the, we were walking towards the airport, you see. One fellow was coming with the trolley. He said, hey, hey, how are you? So he used this one. This is our Chicago airport. Our Chicago. Are you going? Paichan ho na ho. It's okay, is this Chicago? Abhut toh kabra jaya hai. You see any man saying that to any lady, she'll get a shock in India. Hey, karo bohot hai na, is this Chicago airport? You got it. You got it. Ya bale hai. You got it. Chicago makya hai. You got it. Abkhush kai jay se, is this the, you know, so and so street? You got it. Jai se darwada kun nata, I'll get it. Yeah, I'll get it. Bala purvi samdhaisasne, what sort of English language? Maya hai. Then they have the word around, you know, for root. Haan, oto phet. Oto bohot jaya hai. Ushka toh kushne, parkushabdha haa bhi jata hai. See, that's it. But it's good for them. But I think little laziness about pronunciation. Rather lousy. Pronunciation wise, it's very difficult to understand. Like our Pradhan Sahape, old Appalai Pradhan Sahape, he came here. And we had some people who came down. So he said, what do you say to primordial Mother? She said, we say Bhagavati. What? Right? They couldn't say Bhagavati. So he pulled his ears. He said, Mother, please excuse me. Bhagavati. I said, ten days I was ahead of you and I learnt it, how to speak. Just put your thing this side or this side. But you see, for a person like Me, I am hopelessly bad. If anything is mispronounced, I cannot understand. I mean, that's sort of an innate in Me. Everybody laughs at Me in My family. Everyone makes fun of Me for time. And then coming to America, when you really go crazy, I can't understand. For about, at least for two days, I just watched their movements and then I understand what they are saying. But with Sahaja Yogis, it's all right. Sahaja Yogis are straightforward. They speak. I don't know how you become so straightforward. About it. You don't talk like that at all. Especially when you are in the middle of the night. It's very straightforward. Even in India, the Indian Sahaja Yogis have remarked that Americans have changed completely. I said, what do you mean? Said, they don't say, ah, ah. It's very remarkable. This is the biggest change, I think. That I think they cannot speak normally. So they have to use this. But with you people you have become so transformed. It's just like anybody can understand. I have been here for 28 years. Let us see. I have been here for 28 years. Let us see. I have been here for 28 years. Let us see. I have been here for 28 years. Let us see. I have been here for 28 years. Let us see. I have been here for 28 years. Let us see. I think you know the meaning of this. Or not. This was actually composed by one girl, but she was not. She was a very good girl. She was a very good girl. She was a very good girl. She was a very good girl. This was actually composed by one girl, but then I changed the whole thing. It's little different. But do you know the meaning or not? There is a translation. It's written down. It's there. Meaning is there. Very good meaning. You read the meaning part. Shama from Shri Shri Shama. Shama Gupta? Anurita Sahaja Yoga Shama. Shri Mooj banana Gaana. He's made that song. Shri Anurita Sahaja Yoga Shama. He's made that song. Shama. One song he's made himself. No, no. Maharashtrian Rasha Apshadar. Hindi song, yes. I remember him from 22. Very nice. Satya Janamaju. Satya Janamaju punne kiye se. That is he made. You see, he studied Hindi and he's made the song. It's very surprising. Tuned it. He's a very nice boy. His two brothers were wasted. I don't know what happened to them. Stupid as they are. Very stupid. Sorry for them. I'll take your office. All right. So, Ooh-gah, coffee Ooh-gah, Gaana, Waana. Thank you Shri Mataji. In spite of all the travelling. So what songs are you singing tomorrow? For these Jews and the Iranians? Jogwa, Jogwa. Iran, Iran. Iranian, then... Qawwali. Most of them are coming to American program because of the place. It's near the... living near the... Santamani. Santamani. Qawwali. This place... This place where is the program for India is close to for India. The Iranians are not living in that area. So there's more... First day they won't come. All of them, they told Me they come to Santamani to America. All right. Now what about the first day is who are coming? Jews. They are coming to the

second day. They are coming to the second day. So they are coming to the second day. All right. Now what about the first day is who are coming? Jews. Indians. Indians. So first day is Jews. First day is Jews. That's Udaya. Udaya konai? Udaya. India. India. India. India. And Parvyat. So India and Israel are together. Also we had lots of Jews, very good Jews. Lots of Jews. Lots of Jews, lots of men are there. So good Jews and Jews together. Good Jews and Jews. All are Jews. They all have come from Iran but... All of them. Jews are all of them and they have got all this fabric of clothing here in Los Angeles. This day, every day I was going to this fabric to see these people, to invite them for the program. They are all Jews. They are building 20 stories. They are all Jews, all Americans. And all the shops are Iranian in downtown. For Jews. In downtown. Now we went downtown. Not there. Not there. I am happy they are willing to come and they want to know about it. See, at least they should get out of these nonsensical ideas that they have. Nobody wants to understand the point. See, it's very difficult. I don't know why to the Islamic mind to get out of it. It's very difficult. Like this Rouhani gentleman. I mean he has respect for Me, he thinks no end of Me, everything is there. But still in the same... Yes. He doesn't get out. Majeed is frustrated with him. He says, you... I say, Majeed, what are you doing? Mother, you say, she can't get out of it. In his presence. So it is true. I mean it's some sort of a mental obsession. But I thought at least the intellectuals will be all right. There's one Bani Sadr, who I went to see. He is just the same. He said whatever you may say, Islam is the best religion. I see it, but what it has done just is yours. You are not equipped for Islam. I told him everything. He couldn't get realization also. And just killing each other, that's what they are doing now. Iraq, Iran. Very stupid. I think they will be the last to come to Sahaja Yoga. I feel that. But if you can handle Iran, then we'll be all right. Yes, Shri Mataji, if you come here, I'm ready to go. Yeah. Because they are real fundamentalists now. Surprisingly, being Shias, they are the worst fundamentalists. And actually the story is like this. I'm not saying that. And actually the story is like this. I must tell you because my father had told me that Koran was not written down. Mohammed Sahib did not know how to read and write. So he told his friends. They also said they remembered by heart. I can't believe it. My lecture, can you remember by heart? Even one. You can't. So they said they remembered by heart. All right. Then there was one fellow called Muddeya. He is the one who is the culprit. Just like we have Paul, he was there. So what, except for Abu Bakr, who became the second Khalifa. Of course that was not the idea of Mohammed Sahib. He wanted Ali to be. But he became. He died. And after that came another two Khalifas. I think so. And also Ali. So this Muddeya killed Ali, his two children. And later on he killed also these two Khalifas. And one of the Khalifas liver was eaten by his mother. And then he became in charge. And he edited the Quran. He wrote the Quran. So such a funny man who has killed three Khalifas and their sons. How can he be called as something great? Whole basis is wrong. And he wrote Quran. Now these people the way they are following it like blind. What are they following is Quran which is edited by this Muddeya. How can it be anywhere near truth? But there are lots of truths in it no doubt. It's not that it's absolutely. But so many things I think he has put it. One is against the women. Then he has put Sharia. It's his dream. Mohammed Sahib would not have done it. Like this Paul. Paul has put his own things. Can't understand. And this Sharia is really given to Jews by Moses. If you read the Old Testament in the third one called as what you call that is Jeremiah. This Sharia was given by Moses to Jews who were in a decadent condition. So Jews didn't accept. After some time they just gave it up. The Muslims now have been bestowed with this kind of a thing. And for any small thing you do your hands must be cut, your head must be cut. No value for human life. It was meant for people who were extremely decadent at that time. But those times are over now. In modern times even they cut the throat, they cut the hands, they bury the women also half way. Recently this lady who has said that revised the Koran. The three. She had a place in the middle of the city she had a place I mean she is a writer all right but she saw these things happening in Bangladesh. The women were buried half way and they were beaten up, those three women like that and then they committed suicide. So the husbands used to beat them, torture them so they fell in for some another man. That's all. Sometimes it is just also a kind of a doubt but still they do this to women. Can you imagine? This was meant for Jews and Jews didn't bother. Such a mess of a thing it is, all these. Even Christian religion has the same mess but there is one thing which is common. Like I met a Muslim from Bosnia and I asked him what is the matter with you. You are believing in formless God, why are you fighting for the land? He said that's not the point. It's written in our Koran that if you fight in the name of God and if you are buried then your body will come out and you will get your resurrection. Can you believe that? After five hundred years what body is going to come out? You see most unreasonable, most illogical thing to say but it is for the Jews, it's for Christians and for Muslims they all believe. That's why they bury. Now from where this stupidity has come there? But that way I must say Indian philosophy is correct because what they have said it in this Bhurugu Sangita that the souls which are seeking the truth will be born at this time. They will be born as householders not as sannyasis or anything. Those who are searching in the mountains and in the valleys they will be born and they will be householders and they will get their realization. Is much more sensible? This I can't understand the dead bodies coming out of the graves and they have occupied so much of land with all these things. In the city of Paris in the center you find such a big everywhere but in Italy they build even houses, you see, where the boots are living. One grave will build a

household. They make small small houses, you see. Yes. Actually coming to Kabela also there is one. Like that. You can't avoid it. All boots' bodies must be coming out now. To get their resurrection. Nobody lives there. It's just built for the grave. One grave. Several. The whole family. Friends everywhere. And they are so hypocritical. Everybody is so hypocritical. Vettica now, Vettica is such a hypocritical institution. There is one film you must see. Godfather number three. The Vettica bestowed a big award on the head of the Mafia. Supposed to be in charge of religion, you know. It's all money oriented. And for forty years they ruled Italy. Now the Vettica is in trouble. Mr. Pope is in trouble. He has HIV virus in him. And they say with blood transfusion he got it. I mean who will give him blood like that? It's terrible. No truth about them. No truth. Horribly immoral people calling themselves. Thank God, you see, at least in India religion is not so organized. If you organize the religion then there is hierarchy, priest, tumka, tumka. But there is Vedas Indians running after this Murari Bapu. Yeah, I mean, Ramana is a very loud person. Ramana is a very loud person. Is it a very loud person? Yes, it is. He organizes the marriage between Rama and Sita. And you have to pay for the true show of Sita. So all these stupid Gujaratis and Marwadi ladies, they take out their diamond bangles and gold bangles and give him for the marriage. They were married long time back. They had children. Now why are you marrying them again? I am a Tarava Dutrasah. May mukha saktir padam. For nine days they had this program. Every day starting eleven to three o'clock. And everybody was there in London. In London? He doesn't know music, he doesn't know anything, I don't know. If you want to be stupid, what can you do? Sahaja Yoga is not meant for stupid people. But he died now. Now this is another one. He is a disciple. He came bearded. In Dusthana Sahib, what is the name of the man who came? Stupid Indians, I tell you. It's a Jewish airline, Shri Mataji, who brought him over for the US tour. Jewish company, a tower air. The airline that brought him over. He brought him over for the US tour. Jewish company, a tower air. The airline that brought him. They ripped out all the seats in the plane and they made a Takat for him on which to sit and give Pravachan on the flight to come here via Amsterdam all the way. It's really strange. Because they all do US tours in this season. False gurus. Money making season. Open season. It's not a good idea. But Indians are not allowed to do that? No, they are not allowed to do that. Is that right? They are allowed to do that. No, but that's okay. I'll tell you later. Like the story we have. Panchatantra was written long term. It was a story that the father told the son, wherever many people go you should go behind. So he came out of his house and he saw many people going. So he also followed. And they ended up into the Smashan. There was a body they were taking to be burned. And this fellow followed. So use your discretion. Use your wisdom is the point. But this is how they are. You think by doing all this nonsense they will achieve their resurrection. This lady, this Sabarwal from this TV Asia, she asked Me, Mother, that in such a big hall there were five thousand people and the Indians were not even one or two percent. What's the matter? She asked Me. She asked Me. And I said, I didn't want to say they were stupid, but I said that, you see, they go on with whatever they have been doing so far. They don't want to give up. And South is even worse. South is so much horrible that that shows how stupid people are. If a woman wants something she will cut her hair, completely shave it and she gives it to the temple and they send it to America for weeks. And this lady goes on rolling round the temple and somebody is throwing water on her. Horrible! I saw it Myself. I said, what's this going on? So she wants a son so she is doing this. So the hair are... That's a common thing. Very common. That's it. Guru pati. It's a money making with them. Money making propositions. Real hairs are being made. No artificial hairs. I mean, but brainless. You are not brainless. You are brainless. You are brainless. You are brainless. You are brainless. You are brainless. You are brainless. You cannot say any community has sense. Nobody. It's boring if you say they are another one. That fat fellow that Aga Khan was very fat. First at the age of 25 was weighed on silver. Then at 50 on gold and 75 were lived, you know, with diamonds. Can you imagine? And paga sarkilagalatye chakka. Anik, that's your friend Shubhayika. He owns that hotel Danyali in Venice. French wives. His son has bought lot of land in Sardinia. Kahe bhi chavno. It's come and you've washed. Acres after acres. Half of a Sardinia he has bought it. Adhaje che kasino karna raha hai. Anything they do is all right. Stupid things. Ata bhaguk kithi lok expose zaleh. Zaleh tabaru. What we need is to expose these people because if they die without exposure still apla chaleh thare rama haare krishna. No slice. Kithi lok, how many have been lost like this? How many? Rashaan pada lata na hai. They have run away from Russia now. Thank God. All false people have run away. They said we'll just have this Orthodox Church and now the Orthodox Church accepts. Surprisingly Orthodox Church, you know. One branch, not the other one. The black order does not but the white order. At least it's very big achievement, I think. He was there asking when the scientists were surprised. They gave me an award which is given only so far to ten people. This award of the honorary academician. Say and to Me they gave. Tenth one is Me. So even Einstein has got anyway. So I was quite shy. I said what are you doing? You are giving Me something equal to Einstein? He said what? What has Einstein done? You just work on matter, you work on human beings. So mir koos ki akh kalini hai, I don't feel, you know, anyway something is wrong with Me. I mean even when you say Mataji ki jaya, I also think I should say Mataji ki jaya. Mataji is somebody else, not Me. You said it on that interview also. Sabarwal le poocha hai, the interview mein you said it on the TV ashiya ke interview mein. She said don't you feel anything when people sing your praise. So you said you also

join them and sing with them inside. Really I think. I don't know what is this supposed to be. This ego business. You see if you are something, what is there to be egoistical about it? You are that, isn't it? You are that, so what? If you are Adi Shakti, so what is there to feel egoistical about it? You are. What is so great? Now I have not achieved anything. I have not achieved any higher state or anything. So why should there be anything like that? I don't know. So why should there be anything like that? Jadaan, jadaan, chandeshat, jadaa saan mai manto. Statement of facts. Oh artha? Shaksha tas le aar. Aata, aapad ka shala post kar aicha. Aani thai se ego kuttna jarto thetsma la samjat nahi. Log ma nahi tumala ego nahi hai mata jaya bhakti. Muntra kuttu kas la. Ya hai the hai? But I don't think it's great to be Adi Shakti ke apahete. Aata kuni aslata rasli. If somebody is Adi Shakti, somebody is Adi Shakti. What? You don't feel proud that you are human beings, do you? Same thing. It's the same. It's the same. You see, if you see, it's the same. Somebody is this, somebody is that, somebody is that. But at least you people have achieved something. You have transformed yourself, changed your life. But what have I achieved to be proud of? I have achieved nothing. Whatever I was, I have been, I will be, whatever I achieved, nothing. So what is there to be proud of? I can't understand still. Beyond Me, I just don't understand that. Some things I am missing, I think, in My head. My husband always tells Me that. You see, you never know what you are. I said, I know what I am. So but you never assert. He said, that's why because I know what I am, how can I assert? It's a common thing. Will you assert yourself because you are human beings? Nobody will. I have not yet heard anybody, I am a human being, yes. Take it as a matter of fact. Take it for granted. See, it's nothing that one has to work out ego or something. It's just there. You are just like that. You are like that. It's nothing to be suggested or told or meditated. It's just there. And to be it's very Sahaja, you know. To be just like this. But if somebody tells down, you put up some airs. I don't know how to do the drama. It comes from the way it is described today, actually, when I read it, that it is Nishprava. Nish, Nirmala, from there. It's not there. Nirankara, it's not there. Nirmala is not there. But I would not say that because you do not have these things, so something low about them because you are human beings, you are not Adi Shakti, so it's all right. I mean, it's a, now you don't feel proud that you are not a dog, do you feel? I mean, take away. Way to explain it. I mean, I don't say that you are dog, but what I am trying to say that you don't feel higher than a dog or something. It's a dog. He's a dog. I am a human being finished. In the same way I am Adi Shakti. Nothing great, I tell you. It's a, I am rather sometimes surprised when people try to honor me. Now this Governor is going to see me, Me Adi Mele Adi. Feel very shy. Feel very shy about all these things. The Kaibola has attention, Shri Kaman has. I think it is for this life is very important. I think that we should not assert at all. All other incarnations asserted. They thought to fight these nonsensical people you have to assert. But I think for Kundalini rising there's no need to assert and if it rises, problem is solved. Then there is no problem. Till it has not risen, there's a problem, a gap. Once it has risen, there's no gap between human beings and divinity. This is the only thing which I think I know how to do it. But if you ask Me to open a plastic bag, I cannot. I'm sorry. Just can't do it. I ask Beedot to do that job for me. It's all search. It's not complicated. To be Divine is the most search thing. Because you are doing nothing, sitting down here everything is worked out so it's very nice to be searched. Nothing you do. I tell you those who say I have to do this, I have to do that, they are in trouble. But those who will say, no, no, I'm not doing anything, I'm just sitting down. It will work out there. Just now She was telling Me, Reena, that She wanted to come with us, with Me to America. And suddenly She got money from somewhere. It just works out. Only you should desire. I told you about these miracles. One is, he can tell you, Nargilkar. Nargilkar from Delhi. You see, his son, I had told him that he should do his B.Com. And he had a motorbike, that's what he tells Me. He was going on the motorbike, met with an accident. He doesn't remember. He doesn't remember. Maybe some truck must have hit him or whatever. But a very bad accident. And then he came home walking and he doesn't know how he came home. And they saw his brain was intact, everything perfect except little bit of scratches. But the best is one lady, one girl, you know, she had some frustration in her love affair, whatever it is. So she wanted to kill herself and her father had a revolver because he was in the custom. So she put the bullet through here which came out from this side and she started bleeding. So they took her to the hospital. And it was amazing that they said it has not hurt the lungs at all. It has gone round. I mean it was just having a nice walk, I think. It didn't hurt anything and it came out with a little blood and she got out of the hospital after three days. This is really we cannot explain, no? Another is girl, this is Sushmita, saying, she is a Sahaja Yogini and her father is Sahaja Yogini. They came to see Me in Delhi. And she said, mother, you know, they want me to go for a beauty contest. What do you think? I said, go, why not? So she said, just now it is in India. I don't want to wear funny dresses. I said, you wear swimming dress also, isn't it? Yes, I do. You wear swimming dress if they ask. She went there. No, so I said that she said, just now I have to just do this India, Miss India. I said, you will be Miss Universe. And she is, she has become very surprised. She is not such a good looking woman or anything, but her poise and the way she answered like a Sahaja Yogini, you know, they were surprised and they, she really had, she would see her expression when they told her that. I said, so many miracles. Ata warned us, one was so sick, I gave him bandhan in New York and he felt better there. How efficient is this? He was like that. So this is it. We have to be Sahaj. Go on. In 1983 America too, you finished your lecture in a parking lot,

one boy said, I can't hear. And then you just put your finger and then you whisper in that ear and he said, I can hear. Ata Manoj's daughter was very sick and she was feeling horrible. So they warned her. He just brought her there. I just said a mantra in his ears about Vitthala and everything disappeared. Five minutes. Because this is the truth, you see. She was very unhappy, very much in trouble and all that. Five minutes. I just said it in her ear. She became such a change in her mind. They all said she went in and came out with another face. So we are now in the Kingdom of Heaven. Kingdom of God. So why should we not be Sahaj? I'll tell you about him, Samir is another interesting kid. Samir had broken his leg and it was in plastic. He heard that I have come to Delhi. So he came out with another face. He heard that I have come to Delhi. So he told the doctor, please open my leg. So the doctor said, I can't. He said, you better open. Then he got it, Samir had opened. He came limping there. When he went away, he was just running. He was all righting. He went and told the doctor, see now what has happened to me. It's very simple. And there's Sahaj Raylai. If you are Sahaj, everything works out. In Sahaj. All right? It's very nice photograph. Ali bag. Ali ball. Ali bag bullahein. Ali bag bullahein. Ali bag. Bag? Bag. Per ek kar ke puja aun Ali in the bag. Par aapne aake hai, I am Hanato Setha Sahib. In our languages there's nothing like aa. He is regarded as ridiculing somebody or something but they have not heard any aa in any Sanskrit, Hindi, Marathi. They don't have aa part. Aa or aa. But no aa. In English language only. But when we write it down, we put a thing like this on aa, means aa. Like advocate we have to write, then we put it. Advocate. But when we have to write a foreign language in our language, in our script, then we use aa. But there is nothing like aa at all in Sanskrit, Hindi or Marathi. In America mein aa sound hai nahi ho bhat ko bath bullahing hai, or path ko path. Bath. Bhat ko bath bullahing hai? Bath ko. Bath mein bullahing hai. Oh path rastaw deh na, usko me path. Path. Bath is a word coming from Sanskrit, path. Sanskrit word is path. Absolute path, pure, is path. Coming from there is path. So you should say path. Rippa riyas mukha. Rippa riyas mukha. I don't think it was so. It started about I think 25 years back or so, because if you see the old films, they speak the same language as we do. Anyone else? There are so many, like Magnificent Obsession, have you seen that one? No? Bette Davis. You see very beautiful. You haven't seen her films? For a little bit. You haven't seen Bette Davis' films? Some, a few. Anita Garbos? Very few. You get all these old films, the language is so straightforward, acting so good, you'll be amazed. But you are surprised? You saw this War and Peace? War and Peace, you must have seen. Some of it. Not the whole film. Not the whole. That's a little boring, but... But some of them are beautiful, you see. This has a story, it has acting, diction so clear cut. Nowadays for American film you have to get some American to tell you what they are talking about. Translation? Yes, you have seen Gaslight? I have seen Gaslight. All right. Once you feel the gaslight. You have seen Gaslight? I'll give you, can give you a list of those. When we were in college, we used to see those. In college. But there has been since then some, I think 25, 30 years, since then the films have gone down completely. I mean you have really missed real good films and not violence, nothing of the kind, but story and events, you see, how the events develop so artistically done. I don't know where all has disappeared like that. You have some good films now, but not of that kind, that level. I've touched on television, they say that... What's that? Nowadays the movies they show on television, they don't want you to imagine anything, they show everything. They don't want? Nothing left to your imagination. Nothing is left to the imagination. Everything is show. That's first. Application of brain is not necessary. Not necessary. You can have this computer. Or you can have this kambaku. Calculators. Two plus two. Two plus two. The brain, what will happen to this brain? Mechanism... So that is what it is. Thank you. I'll tell you something. I've seen something good, dream or something. Let Me God bless you. Very interesting. There is a shop in the middle. Oh, there. There is a shop. There is a shop. Please tell me. Christ, Christ, Christ. Christ. There is no inside this little thing. God Goodbye. Looks like you absorption. it um Hi. Hi. Hi. Hi. How are you? I'm fine. Hi. Hi. Hi. Hi. Hi. Hi. Hi. Hi. Hi. Hi. Hi. Hi. How are you? Fine. I'm fine. Fine. Hi. Hello. Hello. How are you? I'm fine. Hi. Thank you. I agree. You're a working girl. That's great though. I mean, yeah. Yeah, right. I'm just trying to stop it. It stopped it though. I guess it just turned out alright. It's okay to just leave it on. Having forbid you should erase it. No. He showed me how to pause it. Oh, I see.

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On the contrary, we are not contented. We are in turmoil all the time. For a little while we feel happy, then we feel unhappy, then depressed. Every one within themselves had this innate beautiful faith about the Divine when they were born. The Divinity is there all the time intact within you. Whatever wrong you might have done, whatever mistakes you might have committed, the Divinity is still there. It has to manifest. And you all have this power within you which we call as Kundalini, which connects you to this all-pervading Divine power. As this instrument has to be connected to the mains, then it has some meaning. You are also to be

connected to this all-pervading power. So the truth is that you are not this body, this mind, this ego, these conditionings, but above all you are the pure Spirit. The another truth is that there is an all-pervading power of Divine love. This Divine power works out beautiful things which we call as living work. You see these beautiful flowers and I was told that this place is called as a rosary gardens. We take it for granted. It's a miracle but we take it for granted. Look at our eyes, beautiful camera, look at our brain, tremendous computer, but we take everything for granted. Who has made it? So this faith that was within us has been challenged in modern times very much more. They are not Spirit oriented. And they all believe that they are the best and they have formed formidable, absolutely horrifying fundamentalism. But none of them are really helping us to ascend. The seeker of truth with his faith gets disappointed and disalarmed. Then there is science which has just solved problems of a very mundane nature. It is not conclusive and it doesn't deal with the totality. We have a doctor for one eye and another doctor for another eye. Thus we feel that science is the solution that will take us to reality is not the truth. In the modern times so much of mechanization has taken place that people have become extremely speedy and now they complain of the stress developing on them. But if you go on all the time thinking about the future all the time then naturally future as it does not exist will have a problem. So the third thing which is very also common in the West specially are the entrepreneurs. They are the people who start creating new and newer things. New and newer dresses, fashions and people do not even think for themselves. The other day I told them that the entrepreneurs have taken out an idea of holiday making. So when we were in Torino they told us all the people have gone to Genoa for holiday. So it was a Sunday and today they told us that all of them have gone back to Torino. This is all such a waste of time, waste of money and waste of energy but is introduced by some very clever entrepreneur an idea at least about twenty years back and everybody is mad. Nobody even thinks that why should we go like this every Saturday Sunday, what is the need, why not we sit down with our children, with our family, talk to them. They start any kind of game and people just follow them blindfolded. I can't understand why do they do it. Tomorrow they will say that there should be a game that we climb on these palm trees one by one. And people will do it. The problem is that a human being has to achieve that state where he knows absolute truth. If we do not know the absolute truth we will be playing into the hands of all these people. I have read a book on Freud calling his Freudian Freud where it is said that Freud had no scientific basis and the psychoanalysis has no meaning. He is another very learned doctor who has brought this point after such a long time. And the people would not listen. I told them long time back this fraud of Western Freud. At least in a country like Italy where mother is so much respected, how can you digest this man who says such a vulgar thing about the mother-child relationship? So as a result of that people just went into a rampage about their chastity, about their character, about their value systems. It had such a malignant effect on the culture and thought of people that they have lost all self-esteem and nobody is sure as to what they are. Despite all these things that we have gone through one has to understand that divinity is still completely intact there and that everybody is capable of becoming a spirit. When you become a spirit I mean to say that the light of your spirit comes in your attention. That first time you can feel this all-pervading power in your hands, on your fingertips. Only thing you have to use this power, learn it and you will be amazed how powerful you are. You become a very peaceful personality. When you are standing in the sea you are afraid of the waves but supposing you are in a boat then you are no more afraid. But supposing you learn how to swim then you can jump and save other people from getting drowned. But to achieve it you have to have self-esteem. You must know that you are a human being and that you are at the epitome of evolution. Because when you become the spirit then you know the absolute truth on your fingertips. It is not just a sermon or a lecture but actualization of the experience of your spirit. You feel from your fontanel bone actually the cool breeze of the Holy Ghost coming. Now we have the Father God Almighty, we have the Son and we have no Mother. We have just a dove there. Holy Ghost is a dove or a mystery. The Holy Ghost is the Primordial Mother. Some or other they did not want to give any importance to the feminine power. But not the Greeks. Greeks had Athena, Athena as their Primordial Mother. And we have in India also Adi Shakti is the Primordial Mother. Actually there is no word like Madonna in the Bible. It is from the previous religion called as pagan that this idea of Madonna came and people started calling the Mother Mary as Madonna. So this Primordial Mother is reflected within us as this Kundalini. So Kundalini is the reflection of the Holy Ghost within ourselves. And the Spirit is the reflection of God Almighty in your heart. When these two meet then only you feel yoga takes place, mean union takes place. And ultimately you are connected to this all-pervading power. This is your evolution for which you cannot pay. It is something so much your own birth right that you all have to have it. Because then only you can enter into the Kingdom of God. And then miracles, so many miracles, such a blissful life that you can't believe them. You yourself get rid of your physical, mental, emotional problems without any difficulty. Also you become collectively conscious. A new dimension in your awareness comes where you can feel the centers of others and you can feel your own centers. Most of the world problems are due to human beings and most of the human problems are due to these centers. If you can put these centers all right you can transform yourself and you can transform others also. So the nature of the Spirit is that first of all that your

attention becomes active. Your eyes become innocent and wherever you put your attention it works for the benevolence of others. The second thing is that Spirit is the universal being. So you get rid of all your limitations of race, of color, of country and you become a universal being. You know the absolute truth. You know about everything. Not only that but you become drenched completely with joy. This is all your own and you all can have it. And today we are going to work it out. It will hardly take ten minutes. And if you can wait for ten minutes more we can work it out for you. For this you cannot pay, for this you cannot put in any efforts. It just works spontaneously. But one thing is there that after getting your sprouting or we can say the beginning of the awakening of the Kundalini and the breaking of the Sahastrara you have to become collective. You must get this connection established. And once it is established you will be amazed as to see how powerful you are. You become powerful, you become dynamic and you become extremely compassionate. You have to come to our centers, learn all about the Divine Power and its manifestation without paying any money. But you have to give some time to yourself and to your Self-Realization, understanding how important it is. Because it is for the emancipation of your being and of the whole world. It is not meant for people who have ego of their achievements, who are successful, who are very rich, but meant for the people who are meek in their heart. As Christ has said, meek in the heart will inherit the earth. Of course I have to tell you that it cannot be forced on you. It has to work through your free will. And you have to have pure desire to achieve it. Those who do not want to have their Self-Realization, please they should leave the place so that others won't feel disturbed. Those who want to have it will definitely get it. It's very simple because it is spontaneous, it's a living process. So the first of all we have to know there are three conditions. Very simple ones. The first one is that you all have to be fully confident about yourself that you will get your Self-Realization. The second one is that you are not to feel guilty for anything. If you have done some mistakes, it's all right. You should face it, but not settle it down as guilt. Because if you feel guilty, then this center on the left hand side gets very much blocked and can give you diseases like angina, like spondylitis and lethargic organs. So one does not have to feel guilty at all. On the contrary, I would like to tell you that this all-pervading power of Divine Love is an ocean of forgiveness. And whatever mistakes you might have committed, it can be easily dissolved by this ocean of forgiveness. Third condition is that you have to forgive everyone in general, not even thinking individually about them. Many people say that it is difficult to forgive, but whether you forgive or don't forgive, you do not do anything. But if you do not forgive, then you play into wrong hands. And then you torture yourself, while those who have troubled you are quite happy. Also while your Kundalini is rising, the center which is on the optic chiasma is very, very constricted like this. So unless and until you forgive, it won't open like this, it has to open like this. As soon as you forgive, it opens up. So all these years you have tortured yourself by not forgiving, and now at the time of your realization you are missing it. Such an important thing. So what's the good of it? So let us forgive everyone in general. Don't think about them individually, because it's a headache. These are the three conditions I hope you'll remember. Now please remember that we have to take help from the Mother Earth, so I'll be thankful that if you can take out your shoes. And now please put both your feet away from each other, because left and right are two different powers. It would be better if you people come down on this side. On this side. Please put both the feet away from each other. All those who are standing there must come and sit here, but don't watch others. Now please put your left hand on the right side. Put your left hand towards Me, like this. Left side is representing your desire to have self-realization, because this is the power of desire on the left-hand side, of ordinary desire. And the right side, the right side is the power of action which we'll be using for nourishing our centers. But please remember that this has to be done only today, tonight. You don't have to do it again. All right. Now you put your right hand on your heart. Where is the reflection of God Almighty? Now if you are the Spirit, then you become your own guide, your own master. So please put your right hand in the upper portion of your abdomen on the left-hand side, which is the center of your mastery. I have already told you that I cannot rouse over your freedom, which I respect. But you have to ask for pure knowledge. So now please take your right hand in the lower portion of your abdomen on the left-hand side, which is the center of pure Divine knowledge. So again you have to take your right hand in the upper portion of your abdomen on the left-hand side and in your heart, on your heart, and then in the angle of your neck and your shoulder and turn your head to your right. Now you have to take your right hand on top of your forehead and bend your head as far as possible. This is the center for giving forgiveness to others, to forgiving others. Now you have to take your right hand on the back side of your head and take back your head as far as possible and look up. This is the center where, without feeling guilty, without counting mistakes, just for your satisfaction, you have to ask forgiveness from the Divine Power. Now you have to stretch your palm as far as possible. Please bend back your fingers and put the center of your palm on top of the fontanel bone area. Now push back your fingers. It's very important. And put down your head as far as possible. Here you have to move your scalp seven times clockwise, very slowly. That's all we have to do. Now take down your hands, both of them. Put the left hand towards Me and put the feet away from each other and if there's anything tight on your stomach or in your neck, please loosen it. You have to be comfortable but you shouldn't bend or stretch yourself too much. Now please close your eyes and don't open

them till I tell you can take out your spectacles. Now put all your hands on the left hand and all the hands on the right hand. It doesn't matter how long you take. On your lap you please put your left hand and close your eyes. Here you have to ask a very fundamental question to Me three times. You can call Me Mother or Shri Mataji. So now please ask a question in your heart three times, Mother, am I the Spirit? If you are the Spirit, you become your own master. So now please put your right hand on top of your abdomen on the left hand side in the upper portion and press it hard with your fingers. Here you have to ask another fundamental question three times in your heart, Mother, am I my own master? I have already told you that I respect your freedom and I cannot force pure knowledge on you. You have to ask for it. So now please take your right hand in the lower portion of your abdomen on the left hand side and press it. Here you have to say six times in your heart, Mother, please give me pure knowledge. Say it six times because this center has got six plexuses or we can call it six petals. As soon as you ask for Divine power, the Kundalini starts moving. Divine knowledge, the Kundalini starts moving upward. So we have to now nourish our higher centers with our self-confidence. So now please take your right hand in the upper portion of your abdomen on the left hand side. Here now you have to say with full confidence in yourself ten times, Mother, I am my own master. This Divine power, I have already told you that you are not this body, not this mind, not this ego, not these conditionings, but you are the pure Spirit. Please take your right hand on your heart and here you have to say with full confidence twelve times, Mother, I am the pure Spirit. This Divine power is the ocean of knowledge, bliss and compassion, but above all it is the ocean of forgiveness. Whatever mistakes you might have committed could be easily dissolved by this power of compassion. So here you have to say with full confidence, Mother, you place your hand in the corner of your neck and your shoulder. And here you have to say, please turn your head to your right and here you have to say, Mother, please believe that I am not guilty at all. Please say it sixteen times with full confidence. I have already told you whether you forgive or you don't forgive, you don't do anything, but if you don't forgive then you play into wrong hands and at this time of realization you will miss it if you don't forgive because this center of optic Chasm won't open. So now please raise your hand to your forehead across and put down your head. Here now you have to say from your heart, not how many times but from your heart, Mother, I forgive everyone in general. Now please take your right hand to the back side of your head and raise your head fully upward. Here you have to say without feeling guilty, without counting your mistakes, just for your own sake. O Divine Power, if I have done any mistake knowingly or unknowingly, please forgive me. Say it from your heart, not how many times. Now take your palm, stretch it hard and put the center of your palm on top of the fontanel bone area. Now stretch your fingers backwards and put down your head. Here again I cannot cross your freedom. You have to ask for Self-realization. So please move your scalp seven times clockwise, put down your head, put down your head and now please say seven times, Mother, please give me Self-realization and move your scalp seven times very slowly clockwise. Now repeat, moving your hand, stretch your head, move your scalp seven times, put down your head, put down your head and now please say it from your heart, not how many times. Now repeat, moving your head, stretch your head, put down your head, move your scalp seven times. Now please take down your hands, open your eyes slowly. Please put both the hands towards Me like this. Now put the right hand towards Me like this and bend your head and see for yourself if there is a cool or a hot breeze coming out of your fontanel bone area, the left hand you see. Please see we are moving your hand above, not on the head. Some people get it far also. Now please put your left hand towards Me. Again bend your head and see with your right hand if there is a cool breeze of the Holy Ghost or warm breeze is coming out of your fontanel bone area. If you have not forgiven then it would be very warm so please forgive even now. Bend your head, bend. Now please put your right hand towards Me and now bend your head and see for yourself if there is a cool breeze coming out of your fontanel bone area. Now please put both the hands towards Me like this and watch Me without thinking. Now raise both the hands towards the sky, push back your head and ask a question. Out of all these three you can ask any one of them three times. Mother, is this the cool breeze of the Holy Ghost? Mother, is this the divine power of divine love? Mother, is this the Param Chaitanya? Ask any one of them three times. Now please put down your hands. Now please put them like this. All those who have felt cool breeze or hot breeze in their hands, on their fingertips or out of their fontanel bone area, please raise both your hands. All of Jnana, may God bless you. You all have now become saintly. You have to look after now this saintlyhood. Now the switch finished. I finished eleven o'clock. They want to meet Me? They can come here if they want to. All right. I'm sorry there's a restriction on our time so I won't be able to meet you individually. I'm not sure if I can find the person in Italy. But I'm now living in Italy as you know in Cabela. And I'll be very happy if you people come to your follow-up and establish your Self-realization. They will tell you all about Sahaja Yoga, all about the Divine Law and you'll become masters in no time. And next year I hope to come back again. Even before that we might meet in Cabela. May God bless you. If you have any questions please write it down and send it over to Me. May God bless you all.

has to be taken up. Otherwise I tell you, some of you may start looking like Aurangzeb or Jangis Khan or Hitler or something like that. You see all these, suddenly I find thing among Sahaja Yogis, some Hitler standing with a mustache and a hair like that, the nose like that. Suddenly I find someone like that. It's quite possible. I mean what I have seen of Sahaja Yoga at the West, I'm surprised, you see. You leave somebody as a little sparrow and when you come back you find a hawk. Is that the same person? Yes, now she's become a hawk. Oh, wow! Only possible in the West, I can tell you. If you tell somebody in India, they will not believe. Like Mr. Jekyll and Mr. Hyde, only possible in the West. When I read this story I said, how can it be possible? Dr. Jekyll and Mr. Hyde, I said, how can it be possible? But I've seen it. It happens here. When they are good, they are very, very good. And when they are bad, they are horrid. But that's only in the West, you don't find this in India, why? The reason is we are deep into ourselves, very deep. All right, you have not missed anything now, because you got your realization as they have got it, you got the knowledge of Sahaja Yoga as they have got it. But test it upon yourself and humble down yourself, go down into yourself, facing yourself, just telling yourself, no, I have to be deeper and deeper, I'm not going to listen to anything. Ego and all that nonsense, I'm not going to listen, I'm going to go deeper and deeper. And move into yourself, embed yourself into reality, piercing through all these ego and nonsensical ideas that come from it. Then only you can correct it, otherwise you'll be alone. The best way in meditation I've seen to improve your ego is to meditate on My feet. My feet have that magic. Have you got photographs of My feet? I don't find anything here. You have, just bring one, just bring one. All right, wash them. So very small. Not this one, not this one. This is not this kind, another one, it's straight. Ah, see? I have recently closed. You are going to lie like that? Ah, that's it. They are reflecting to My door the light. Can we take out this? Yes, please. Get lots of these, all kinds they have. Change. Lighter? Now the second group can come in. Are you all right now? Better? Still there? Beat yourself with shoes, I tell you, beat yourself with shoes. That's the best way, go and beat yourself with shoes, all of you. Now those, come and just. Arson director. Very simple feet. Get some puja ones also. Okay. Now, no need to rub My feet, you can just wash them. Can you feel the vibration? Boy? Now let's have the second group come down. Please move out as you can be. Please move. Have you got kumkum here? Yes, Mother. Bring it. Those who have not rubbed My feet can rub with the kumkum, it will be good idea. Those who have not rubbed My feet so far should wait and others can meditate a little bit on the feet. Those who have not been put will come forward. Come this way. Come this way. Come a little lower. Some of them shake their little bit. Come here. Come here. Come here. Can you feel the vibrations now, the cool breeze? Put it in a katori or something. Put it in a... Now. All right? Good? They said, how are you? Better? Good. Now those who want to come further, come along. Now some others to come further. Come here. Come here. Just watch. All right? Are you better now? All right. Put up with Mother. Just try. Did you use the eyes? It helped you? It's right sided problem. Stomach, how you did it? On the liver. That also helped, at least. Now your breathing is all right. Virginia, you sit here. Don't close your eyes. All right? All right, improving? Face is improving, yes. All right. Hmm. Lovely. Feet, feet, continuously. You are not to think about them. You just have to see it. Oh. Hmm. Now another group. All of you have been all right? All of you all right? Now. Those who have not rubbed My feet before, come forward. Where's the kundukum? Or not had done My pujas. Come here, come forward. Now get the kundukum. All right. Come along. Take this and rub it on My foot. Come along. Happy darsi ajahn. Hold it. Hold it. Now. Their hands are cooler than My feet today. That's the best part. Left hand, left hand say pakalo, right hand say raguro. Sorry, pear. Nee jai. On the soul. I could make out. I think you've got a tremendous point. Rub it hard. Nee jai, nee jai. Pear kahan. Cook jor se raha. Apne wo dekha mare photo jo akash pe aaye. Nee dekha. Ah, dekha. Dekha tum hi. Ah, ek me to muni kal raajo ek photograph hai exactly. Oh, photograph hai na? Jisme ke South American Indian jaisi dekhte. Muhwala. Ese gusmen se muni karavo. Ardu se me to bhi kus par sht nakai ye tak hai. Nakai, nakai. Aagai, adat ki masi ke sab pura. Puri ji. Thank you. Ah, dekha. Apto clouds mei bhi jikne lagya. We won't need cameras, you see. Clouds will start showing. No, no, it's all right. I'm just joking. In the clouds the photographs are coming now. Vishtumaya. Electricity. Put, now see. See your vibrations. Ah, devi bhakte hai na? Devi bhakte zuna. Zune devi bhakte hai. Ah, devi bhakte hai na? Devi bhakte zuna. Zune devi bhakte hai. Ah. Nahi kar raj par dale hai. Gudu pakram hai par vedena? New York madhi dale te par. But strain hai, darasa. Sympathetic, aad kapir vah. Aisi rana hai, kada kali. Sympathetic ho strain hai, man maina par hai. Kanta ka. Galat logon ka ech hordi jaya. Bekar galat logon satra nahi kuya toh rutne. Strain ho toh no patthana. Ting shakran ware vaga. Ah, bing, oro. Ah, bing, oro. Ah, bing, oro. Ah, bing, oro. Ah, bing, oro. Ah, bing, oro. Ah, bing, oro. Nahi kalai? Ting hai? Galat logon sat phasi oeo. Chutti karan se? Aisi main nahin shukta kar. Aisi main nahin shwarde ho. First cholon ka? Galat logon? Ech point kar aaye? Nahi bahat hai kung hai. Kisa nahin par nahin shukta. Ting shakran wahin kiya zar nahi bahat hai. Nahi bahat hai, kuch ho di jaya

bahat kuch ho gaya. Nahi bahat hai yaya yaya. Nahi dostaan mera hai te ho khiya hai? Nahi bahat hai, se the bahat hai. Jahan amunka? Ah, aramo sep. Seppi. Seppi. Seppi aakta ajose nahi aa. Oye? Ye bahagwan. Shee, shee, shee, shee, shee. Ye bahagwan. Ghatu pochi oe logan. Seppi maharaj. Seppi maharaj. Film malam. Huh? Film malam, yeah. Malum malum, kum achis main sensor boar main teena. Hai se lo kut kum malum mein. Toh aap koi aak training ke li billa. Maaje pale pum, aamka aayi raha kahi aam, India mas special effects. Na, aao na beta. Ah, Europe. Huh? India mas. Yeah, yeah. Ah, special effects ka kya karange? Aaiy, ma, aap, special effects haus kulang ira, jayi, jayi, ira, jayi. Special effects, maan hai, mera hua kar aa, aawashka aadu ka aa, jayi, jayi. Na, aa, aam, chichi, chitra bhi, manjampur. Kaite rish kya mat kar mekta, tai chit, haan. Toh feel? Toh, aa, isli mujhe na training ke li billa, maaje mua mga, ma input hagare bhi karte, isli mekar bhans, isli mekto. Ja input? Ja input, ja input, ja input, karte haar, mukh kali kya hu, aap taxes hagare deh na patar, toh mera cinematograph ke se aap se ogl hai, toh mera ogl parunga input karte, hu sku hai, tax kar fe kam ji na patar, aaw, phirunga, karti. It's clear. Yeah. Concert tax, customs. I say that 320 percent hota hai na, aur agar ogl hota hai, toh 120 percent hota hai, toh ogl ke liye, satan, tek, OGL kati? Open general license. Achha, achha, achha. So, isli, kafi kam deh na patar, toh mek hu aur, aur ek chan hai, un se bhi humne, import kar aa, kafi profit se bhi thi hai, at the same time special effects house kul daht hai. So, ya kam jit deh mekha ke, kain huja, paag mek, kar ke rahi ke, special effects house kul daht hai. Abhi dhaise lagar aa ke, special effects house kain, kai rata nahi hai, irad aa hai, kai import kai, mein ji mein raja ojheer, ya aur bhi ji lokot hum, kav ojheer, se import kare aur, kafi profit se bhi thi hai, always absurd. Achha danda hai. Aapte, aam aare, ramel ke kita abdhekhi? Aam aare, nahin, nahin, nahin, nahin, saani lauke, that's ye hai. Bahad achi, bohad badee hain. Jee nahin sab il kar. Bahad achi. Aa, scholar abul. Tashkirtu bahad achi. Photography ka kamal hai. And ye is just a free dance. You see, kau kar hai thori. Gift. Bahad achi, mujhe pailu kadani thir ho, ki dabi hai, mati ki udhek nahi kar hai. Jee niya sab il kar lakav. Aagul scholar hai, padee ho stu bhi kadu hai. Big scholar. Bhi bannat sab anaiye. Pamee nahi usse. Nahi re, ho patna. Patna ke, patna ke, Rajan babu thena, uke grandson hai. Good. Very nice. Very nice. Aa, rahma re, nebu, rahma re, sanilda mein hai. Aa, go sabna hai, lal ki, jisthe hai. Uno neh, likhte mein madad kari. Uno neh, mein ke ata. Aa, ancient Indian culture, mua hai sab nal hai. And she is a gold medalist, top of the list. Om shahre, manu bhaan. Toni mujhe usa rahka. Gopi, Gopi, Gopi, Gopi, Gopi, Me God bless you. Tirma hai kya kanyu, ki aap bhai sa konni karti. Yisbanda sara draakam na parega hai ke jis. Hai na. Aap koi drama ki nahi kutak. Stage kyun. Aap koi nahi bana. Aat rama kya background nahi, kya hai toh kuchh. Background kya dal mati? Isa bhai? Fil hai, nahi, aat rama ke lupi hai, kya ke kasai, kya kachchi. Aap yi lok sab hai hai, film bana hai? Alok sab hai aap ting kare na shoon hai? Kaani bana hai, exscript bana hai palti? Make a script on seekers. Yes, ma'am. You can have a film. Aisa koi mushkil kaame, aap kon photography aati toh sabo jayak. Mata ji aap kashina kar na tisa. Koi mushkil nahi. Kaashin hai, kita hai, dhiya. Ki nahi mushkil kaame. We all can act as actors and actresses. In the normal films what do they show? One car is going, another car is running. This car is going fast, another car follows it. All that turns into... Or else if you have a good actor, someone who is a good actor, he carries the film on his head. But mostly I've seen the very, very few good films which have any messages. But now Mr. Rajneesh has been exposed. He can show all these people in a film. Ilga sab krita maashe di kaasakte bagar naam liye ho hai. Mataji, aisa paab hai illustrate weekly your last week the Apna Krikaas nahi te ho pura Rajneesh ki kapkaar pa. Sushat hai lek hai aum gurus mik aisi, tasveere kafi kandhi laghi mujhe aal ji ali aa hai, aa hai, aa hai. Oye te kushvan sin nahi honko, what place kya thaam zaman? Prithishnanti aa sikrati. Mo ab nahi hai koi. This is another one. Kusa criticize kiya? Praise kiya rahe hain. Na hai bahat criticize kiya rahe hain. Pura aa jaisee aa. Kuzhvan sin jata hai illustrate weekly. Una nahi rahe hai usko praise kiya. Pali. He is the one. Ye sab se aa raha hai saare jitne milo gaya hai. Yehi media wale hai. Ino netu nko puta pusya hai. Sar pe chala hai aa, aa, aa, times in London. I had come out at Bevin, what was his name? Bernard Bevin. Bernard Levin. Levin, Bernard Levin. He wrote a big article about his niche. Now, those who have not rapped on, you are all right? Enjoy, yes. Be careful with your hands. You can rub it on your head, it's better. You have red-headed. You'll have red-headed legs. Both are armadage. It's very good. Come along now, you'll be so ever attracted. Now we can have something like that. Since you're going to get married again, you're married and ready to bless them. Oh, I see, good. All right. What about the pictures you wanted to show Me? Yes, Mother. I'm from India. I've seen photos of Me in India. I've seen videos of Me in films. What? Technically, I'm not sure. Yes, technically improved. But I've seen pictures of Me in the past. I've seen pictures of Me in the past. I've seen them in the past. What about them? I think they're very good. They're very good. They're very good. They're very good. Now let me see. Here, marriage is very good. All right, now. Is he here? No, he's not here, Shri Mataji. He's in California, San Francisco. He's going to India. Yes, Mother. This is very bad. Mother. Is there anything? Is there anything? Mother. Mother. Mother? I see. Yes. Mother. Mother. You're from Bangalore, right? Yes. I'm from Bombay. I'm born in Jain. Where are you from? I'm from Bharati. Bharati, I see. Which college? I'm from Vijay T.I. Oh, nice to talk to you. Vijay T.I. is a medical professor. Yes, I'm an electronics major. Yes, I'm a chemistry major. I see. Means what? Any nationality preference for no? I'm asking a question. Are you willing to marry outside of the US? Yes. Or Canada? Yes. To marry any nationality? Yes. Is there any nationality you don't

want to marry? No. I mean, he's seen everything so much. Is there any particular person whom you want to marry? Yes. Gay. Gay. Gay. I see. That's great. But where is he? Where is he gone? Where is his mother? This boy? He's out in California. He could get here. Where did he meet her? Gayle. Where did he meet her? Where did you meet him? California. A few years. Oh, that's great. All right? That's very beautiful. So, he's solved. This one he's solved. This one is solved. This is him. Phil. This is Phil. He couldn't get a photograph but seen is his wife's ear. She has a photograph of herself. You brought one? Oh, good. Director? Yes. Of Broadway Studios, New York. What is the studio? Well, they make films. They make films. I see. All film people of the world. Yes, all film people, Shri Mataji. He's a director. Oh, that's good. Now we should make one film of seekers, all right? This is desire to humility. It's wonderful. Now see your vibrations, both of you, first of all. Beautiful. May God bless you. You should put one more point. Have you been to any guru? That's important. We have that on this board. Now, just see. Put your hands towards Me. Let's see. Better? Now, you see, you see, you see, you see, you see, you see, how are you? Yes, I do. Now put it on your head. It will be good for such stuff. All right. That's five. Excellent. Richard is American. Thirty-seven. Are you still nursing, Richard? Richard. Rich? Rich. Are you still nursing? Yes, I do it part time. Aha. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. Indian, you would like to marry? Yes, Mother. That's good. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. I'm a doctor. Very good. This we have to consider. Is he here? Edward? Ed, Ed, Salkstead. He didn't, he didn't, he couldn't come. Canadian. I know. Some people couldn't come Shri Mataji, like a space. Absolutely. In that sense. I know. In that sense. He's so tall as six feet. Yes. Oh. What's the meaning of tadi? Tadi. Late. Late. Person who is always late. Like Me. You have a different way of doing it, Shri Mataji, different purpose. Distracted. Often distracted. Their attention is easily taken away from. Dead dreaming. He's been into drugs, Mother. He's been heavily into drugs. He's improved a lot. Laurie Heineck's person. He's in the ashram there in Vancouver. But he's had an up and down history. No, we'll find it somebody. He's very good. Godfrey. Godfrey in San Diego ashram. Yes. I'm speaking of America. Yes. Just children. Yes, Mother. Is he here? No, Mother. Again, another case of obscene. They were saving to go to India. And I think the difference between flying here and there may make a big difference. May make the difference whether you can go to India. So they didn't know you were going to be here, Mother. First it was Warren and Warren was going to go there. San Diego, sir. Mr. Christine. Yes, that's Christine. Yes, we have done. This we have done, Mother. Janet Bowers. Janet? Janet, come forward. Under the light. You go to the front. Okay. Artist. They are all filmmakers here? She brought them. Phil and Christine and all these others. They will make us from the department when she works. Now next. Next. Good. Good, is it? Sleep. Her feet have gone to sleep. Left-sided feet. Good? Yes, Mother. Very good. Extremely good. Thirty years of age. Same. More or less three years out there. Elizabeth? I've met her. She's there. Yes, I've met her. I know, I remember her. She has children? No, Mother. No, no, she doesn't. She's there. Very good. She's quite eligible. Hmm, yes. Caroline, I would like to marry you. Caroline? Did you hear that? I said, I would like to marry you now. Myself. You are so good. You are so good. Next. I'll marry you. You are so good. Yes. When were you divorced? In 1989. In 1969. You divorced or he divorced? You divorced. Hmm. Is he married? Both. Huh? Both. Hmm. Is he married? No. Not married. You don't want to give him another chance? How do you find him? Beautiful human being. Why not try Sahaja Yoga on him? Hmm? Better try. We come by, I'm saying. Your children must be missing the father. They have their father. They have his father. They're growing up now. Huh? Children are all 25, 23 years old. And professions of their own now. They're what? They're all working professionally in different fields of economics. They're very close to their father too. Father. Yes, both. Why not try him again? All right. All right? I have a feeling he's a good man. Oh, he is. He may come to Sahaja Yoga. All right? That would be a unique thing. You know my ego, Mother. Now it's not there. I think now your way may change. All right? Try him again. Not very much. That will be the best. I'll be very happy. Because it's a new precedent for people to show that those who are divorced again can remarry because after realization a person gets completely transformed and starts seeing the beauty of another person with a different anger. Isn't it? And all the hurts and all those past things are finished. This is? Lea. Lea. Lea. Lea. Leali. Leali. She's Lea? But only in India it's possible, Warren, what you said, that a master like this just falling at My feet like that. Only in India. Steam. In four notes he took all that. In four notes. I think all of you should learn little Indian music. It gives you a basic understanding of music as it is. Wow. Mmm. This song he must have sung at least hundred times. Every time a different style. Bhava pujaanakare. Without any shraddha. Bhava is the emotions. There are no emotions in it. Then how will you go beyond the bhava saagara, beyond the ocean of illusion? Shabha is all. Karimi is all. They all do pilgrimage or devapuja. And not with the heart. Shabha is all. Shabha is the energy. And not with the heart. And not with the soul. Shabha is all. Shabha is all. Shabha is all. Shabha is all. Shabha is all. Vahasana na mari. Vahasana. But the greed and the dust doesn't die. So what's the use? How will you cross the illusion? Just going to pilgrimages and worshipping God. Oh. Oh. And the earth is like a river. And God loves the surface as it is. And the earth is like a river. So... Yes, I see the food of Shabha. Yes, I see the food of Shabha. Yes, I see the food of Shabha. Yes, I see the food of Shabha. Shabha. Shabha. Yes, I see the food of Shabha. Yes, I see the food of Shabha. Whenever I speak you people catch on

left to Shuddhi. That's very bad. I didn't say anything like that. I was making you laugh all the time. That's also Bhuti Shaiti, isn't it, to catch on to such points? Bhuta. Might be Kabiras. Kabiras are Sujato. He says that they wash themselves very well. In India especially, you see, they wash their body very well, they wash everything very well. What about inside is not washed? Yes, I see the food of Shabha. Yes, I see the food of Shabha. Yes, I see the food of Shabha. Yes, I see the food of Shabha. Shabha. Shuddhi, the other way round, you see. Why can't you take out vibrations? You have to see this too much. Then you put it here, this side, the line. Beautiful. Such big ones I have not seen before. What's that? Lamb. Lamb? The second one is even better. I'm settling down with the second one. Is it working now? Yes, Mother, it's flowing very much. I think this enticement, the sorrow, is described in the cameras and everything becomes in the... Left shoulder stands there. ...you start seeing everything in the witness state. You are in the fan body. Shri Shri Shri is very very important. Shri Shri is very important. Shri Shri is very important. Yes? You know, the one in Pandarpura, all Maharashtrians are devoted to Pandarpur because according to them Shri Krishna came and stayed there. So the one who stayed in Pandarina, there's my friend, lives, Shri Krishna. He sang this to you on your birthday celebration. It's different now, much better. Totally. Unbelievable. Pandarini masala, sikka khandra jna. Pandarini masala, sikka khandra jna. Pandarini masala, sikka khandra jna. Pandarini masala, sikka khandra jna. Little sugar would be good because of the... or some diet coke all right. Have you got? Diet coke, take it. Diet coke. See I don't eat very hot things. Normally Indians like it but not Me. I don't eat very hot things. I don't eat very hot things. See, left sadhisana is a permanent catch, left adhya. Left adhya. Take tear off. Is the kaivari lakayamancha dung, English lak? Kaivari. Supporter nahi? Supporter pishah. It takes the sides of the... Takes the sides. It takes the sides of the bhattas. Stands by. Where are you taking your house? In a place called Mount Vernon. It's just north of New York. Is away from here, is far away? Not too far away. Good. It's closer, much closer than New York. Wawa. Wawa. One spoon will do. Wawa. Wawa. Wawa. Wawa. Wawa. Wawa. Combination of left abhi, left adhya. Left is the... Madhuri's little baby is sucking that one all the time. All the time he's sucking. Madhuri's little baby is sucking that one all the time. Shri Mataji! As induced by U primary memory. I think children must be catching from you all, that's why they don't want to see Tumba, among the certain people. They are looking better. Except for collectivity. Yes. I think children must be catching from you all, that's why they don't want to see Tumba, among the certain people. Yes. Mahadeva Bhagavan says, He is saying that, You have paid the debts of many before. Both ourselves many. He is saying that, You have paid the debts of many before. Better restore yourself also. Your Agnya is terrible. Kundalini doesn't go above this. I think the telephone system between you and God is not alright. Better put it right. Agnya is too much. Watch Me. Put your left to the right, because when we work very hard our Agnya catches. Put left to the right, seven times. All of you should try. All of you should try. I think in England they behave very well. He's here to, because he knows a lot about Sahaja Yoga, to teach you about Sahaja Yoga. You must have knowledge of Sahaja Yoga. That's very important. Because if you don't have the knowledge, you see the people don't feel impressed by you. You must know it. Left, Christi, left, right hand the Mother Earth. Don't get to the left, that's your weakness. How much air you are in? Long story. It's getting more intense, not less. Left, left again. Little half. Right. Now you see how your Mother has to suffer. You must all keep yourself clean, practice Sahaja Yoga, meditate every day and try to meet everyone as far as possible. That all creates problems. Better now. You must meet everyone, you see. That stopped. Try to meet as many as possible. Let's stop now. You've got pain in your head. Have you got a headache? I have. It's gone up here. Rub it, rub it a little bit. You face yourself, you see. Why do you develop an Agnya? Develop it because you think you are doing the work. Now better on the left. Now getting better on the left. It's getting better on the left. Now getting better on the right. Vivala, Vivala Chiyot. He says, who is a, you have paid off the debts of so many before, now who is going to pay off our debts? Because Shri Krishna is also Kubera, is the one who is the giver of wealth. Vivala Chiyot. Vivala Chiyot. Left hand, right hand. Vivala Chiyot. Vivala Chiyot. Vivala Chiyot. Vivala Chiyot. Wow. Face it. Not to feel guilty is very wrong way, attitude. Face it. Actually get, I get deaf sometimes, the way you people get it. The doctor has given me a earphone. Are you all right? Are you all right? We should leave. We should leave once. I better get back. Christine, I wanted to tell you about this program of going to India. I think, Baba, you are compiling all the names and everything. You. Now, and the list has not gone of marriages, which must be sent immediately to Gavir. I wanted you to see it first. Wanted Me to see it. We'll see that together there, would be better. Have you got it now? All right. So I'll see that and I'll see the people. That's one thing. Secondly, and the circular I hope they have written, that you shouldn't bring too many clothes there. Those who want to have saris, they'll get three saris and three blouses and three pedicures ready for them if they write it down. Have you written down like that? Yes, Mother. They have it and their measurements as well. All right. So. Anybody who hasn't given their measurements, I think most of you have. Make sure you give Me it today. Also for men, if you give us your measurements, we'll get your kurta and pajamas ready in time, because we'll not be in Bombay for some time. I think we'll never be in Bombay till you come back. So no question. Now, about money. How much have you sent? Is 180 of you sent? Everyone sent all of their money, Mother. Everyone should have

sent. All of their money? Yes, all of it. Everyone sent the deposit, but most people have paid all of the money. The only thing they have to pay is the airfare and that they have to pay to be bet. That's different. That's pivotal. All that money should be paid. Now, about luggage. Again I say, don't carry too much, but you must carry some sort of a foam thing about two to three inches. That is quite light in your sleeping bag. That is something you have to donate to Indians. It's very important. Foam. Foam. It's thick. Thick as that. Rubber or foam, whatever you can get. Rubber would be expensive, no? No, really. Then better buy rubber. Rubber or foam, whatever you can get at the time. Then rubber is better. For Indian climate rubber is better. About three inches. It is covered with some sort of a sheet or something. Three inches, Mother, might be. Three inches thick might be quite a heavy one. No, no, not heavy. It is not very heavy one. The foam is not heavy. You see, they are not carrying too much luggage. Everybody can carry one as a... I meant for the buses. I meant for the buses. No, no, not for buses. The bulk. No problem. No problem for buses. I can get something else like a truck or something, you know, but the amount I have to pay. You know, what happens when you get anything from the people, they give you these, what you call, these mattresses there and I don't know, some people carelessly use them and you have to pay for the whole price of the whole thing and then it really tells upon us. Sometimes fifty, sometimes sixty is too much. So it's better you bring your own once for all and we'll manage it because we can always use them. Then we'll manage, don't you worry. I don't mind paying for that, but the load and all that. But in any case if you don't bring too many things, why don't you bring a small suitcase with few things in it, whatever you need, because Indian soaps are better than here, Indian toothpastes are better than here, everything is better than here. At the most the brush you might bring, toothbrush. A person walking out with a toothbrush is the best. I mean combs we get better, whatever you need you tell us. It gets you everything. Soaps, soap, we get beautiful soaps in India. I use always Indian soaps. Sand root soaps are beautiful, they're so nice for the skin and so good compared to all your expensive things. For washing your hair don't carry your shampoos. We have there very good shikakas and all that. Use them for a change, you see, they'll make your hair look better. They'll grow better, you'll like it. Anything like that you want we can get you and it's not much to pay also. Under clothes if you want to take you can take it, otherwise if you give us sizes we'll get you under clothes also. Pure cotton under clothes are very, very cheap in India. So don't carry too many things, there's no need to carry. Because whatever you get here is very uncomfortable to Me at least because everything is mixed with this nylon, this, that. You put your foot anywhere is nylon, do anything which is nylon, so it's not comfortable for a Sahaja Yogi. And even your soaps has some horrible chemicals, you see. I mean I just cannot use some of the soaps you have, like kameh. I don't know what goes wrong with it. So many of them this then this milk of ullai or something, that through lye business I cannot. Just gives Me rash. Now what else is to be carried like that? Just the suit they go there with Mother, just one suit of clothes what they're wearing and one sweater. Not two, two will do, two will do, but not suits. Suit only one at the most. I mean where will you get to the suits? You just wear this kurta peyamas, that's the best there. What's the use of wearing a suit in that heat to get all the boils on the body? Maybe a jacket or something. Sweater. Sweater, sweater, dirty sweater. Sweater is sufficient for India, don't have to carry coats and raincoats and amre glass. There's no need. So Mother, they virtually need to carry virtually no luggage. Virtually? They'll be wearing most of it when they go. When you can't wear two kurtas? No, no, but when they go, when they go Mother, on their journey out from here, they have virtually nothing with them, just an empty bag, empty bag and a bag of clothes. If somebody has got a kurta, they may like to take it, you see. But you can buy two kurtas for yourself, is good idea. They're buying, they normally buy about four or five. Four or five, all right. They want silk ones, Mother. One silk one. Four puja, because the last time we went there, we couldn't get silk ones till very last. No, no, silk one we'll have to order about. But if you give Me sizes, you see. This type of bottom, I don't know what they call them. What is that? Half, half, half pajamas. They're not churidas and they're not pajamas, they're half. They're called half pajamas. At the most you can bring long johns. I mean if you, everyone find it so cold. I don't know what you can bring, razors maybe? Electric razors are good. But where do you use electric razors? No, battery operated ones, Mother. We used the whole journey. Or a battery ones, all right. How big batteries? The kind of battery you bought for Me. That's a good one. Bring those kind. The battery is good, that's a good idea. Battery, what else? The battery is self-charging ones you're talking about, the ones you thought were good. You just plug them in and they charge up again. Plug, plug, you won't get it. You better bring where you can put the battery inside. Yeah, we put, didn't we bring batteries that? No, no, batteries that can be plugged or that way. Right, both ways. Both alternative. One each everybody must have a battery, it's very good. What else? Everything. We'll get you oils, everything. We'll get you oils, combs. Chappals they'll get. Chappals you'll get there, tooth press, tooth brush you must bring because I don't know, Indians are not very good at toothbrushes. We use, you see, other thing, Indian thing, which you may not like but is very good for the teeth. Maybe toothpaste if you are fond of any one of them. I don't know, what else can you bring? Do they need actually suitcases or soft bag, you know, big soft bag? Big, why? Well, in case you want them to bring something back. No, no, then you see you should buy one in India. Why don't you buy one leather one there? We'll order, they'll give you very nice leather soft box. Soft box? Oh yes, why

don't you get a pure leather? These horrible soft ones here they go, give way no time. They'll give a nice one with a lock and everything. Pure leather, how many for that? Raise your hands, those who are going. One pure leather thing, those who are going to be there. It's good. Christine, why don't you come? I'd love to if we could afford it but I don't know if it'll be possible She wanted you. Why? Because of the house. Because of the house. He's there, what is he going to do? Let him do the house, what are you going to do with the house? The money. What's the money? Whether we have... They need her salary for the... Well, not just that, no, whether we'll have enough to pay for the trip and such. I mean, what a house you are buying like that. What's the use of such a big house, what are you going to do with it? Well, I don't know, I don't know. Well, maybe some people would come and live with us. Sahaja Yogis? Sahaja Yogis. Then it's all right. Then they can pay. If those Sahaja Yogis who want to stay with you can pay, because I think it's long time you have not been. Yes, it is. People have been asking Me why Christine has not come. It's such a old Sahaja Yogini like you, you see, they remember. This time Pat, all this old group is going. So I think you should make it. Yes, she let her come. Actually he also must, but you can go half way, he can come half way because Agnya is terrible and Sahaja Yogis will get after you, the Indian Sahaja Yogis. They'll give you a nice massage, I can see that. As soon as you come, they'll jump on you. They prepared My cup. Terrible. I tell you it's numbing, it's very bad. It's terrible. Just imagine this side there, this side there. Better now. This is still here. Here. Still here. So Nigala palya panramintaya tumita arva. That's right. Yes, that's right. Yes, that's right. Yes, that's right. So Nigala palya panramintaya tumita arva. Yes, that's right. I should get dressed too. I should get dressed too. I should get dressed too. Take it out a little more. You can do that again. It's too much. You have to do it. Still quite a lot. It is. Seems never ending. Little tiny bit of sugar Mother. Teeny little bit of sugar. Sugar, yes. Little bit. Little bit. That'll be enough. One more. One more. One more. One more. One more. It's such a lot. I just want to do it so they all clear out. So I can clear out myself. It was the use. Should they put their left hand to you Mother, right hand on the earth? Right hand on the earth, left hand to you? Oh, this is all right. See, always remember that positive goes to negative, you see, so the connection is established. So on the left hand side if you are working, then you have to put right hand on the earth. So you have to put right hand on the earth. So you have to put right hand on the earth. You see, so the connection is established. So on the left hand side if you are working, then you have to put right hand and left hand takes it out. Put your left hand and you'll see the difference. Nothing. It's sucking it. You are sucking. See, nothing is happening. I mean, I'm sucking it. I'm sorry, I am sucking it. Now, just see the other one. Nothing. Nothing. Nothing. Nothing. Now, just see the other one. See, see the difference. Just like electrical charge. Same loss. Same loss. All right, I think. Still there. Still there. You do it in the car. I hope you are better now. Are you? Yes, Mother. I'll have to hold My ears now because I must have said something. I just turned up. Such a lot of catch on the left, Shri Shri was terrible. Too much. No, too much that you should have to pull your ears now. I mean, it comes to that then what to do. It's here now. I don't think they can handle You being angry. Guilty, actually you don't think that. You are guilty. You are guilty. I don't think they can handle You being angry. Guilty, actually you don't receive anything what I am saying. Not to feel guilty. What is there? I'm not saying it to you because if you are the Spirit, I'm not telling it to you. But to something else that is not you. You are the Spirit. So how are you? All right. What about you? Where are those three lost souls? Lost forever? Horrible they are. What their addresses? Same. L.A. Two from L.A. and one from Monteria, San Francisco area. You see now if you go after them their ego will be pampered. As it is that too much ego. They don't mind living here as eat peace, taking drugs, doing all kinds of things. Also to say this is too much is also ego's expression I think, isn't it? Too much for ego only. All right. Good. God bless you. Still the right eye is too much, it's impossible. Pull it out. Better change. God bless you. This kind of a thing you want? Yes, that's it. Exactly. Same. Tight bottoms. Not big baggy ones. That one is... This style. Churidar. Not very tight also. Yes. There are some which were very tight and were no good. They split every time you sat down. And there's another tight which is too baggy. They don't look nice. They look like you're going to bed. You don't look like you're doing puja. And the other type is that type is very smart and is nice. You have to look elegant for your... Better now. This one too. Nobody who is younger than twelve years is coming, isn't it? That's right, Mother. Jacqueline is coming. Jacqueline is what is her age? Eleven. She's quite mature for her age. Jacqueline is quite mature. Your daughter is quite sensible, right? Now she's all right? She's a lot better. She's very sensible for her. Yes, up to that we can have, say ten years we can have. Very small children going to be difficult. Better. All right. I'll be seeing this lawyer with a muddled head. I'll be checking you there, Shri Mataji. He'll like Me because I'm quite confused. I'll be checking you. He'll like Me because I'm quite confused. He'd be totally confused by the time you finish. All right. May God bless you. Enjoy yourself now. Enjoy. And don't talk too much. Don't talk too much. That's not necessary. Just enjoy. Little bit. Talk something nice to each other. Be nice, kind. But all the time talk, talk, talk, talk. You know one goes mad. They have some tapes, Shri Mataji. Better listen to tapes. That's better. Listening is better. Listening is better than talking, I think. May God. Hello Shri Mahakali Mataji Shri Nirmala Devi. KI JAY! Shri Mataji, what's the problem? Much worse. Much worse. Much worse. Taking too much. No, that's more the most collected. Before we learned that there is collection. That's better. That was good. Thank

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Every night, every morning I think of you. Every deine call you to me. And one day an ugly face of mine, here and more dirty than

that smile, extends the whispering. You pure and pure at night all day. I confused Blue D schon. It is a very jealous thing.

Now we will be singing another pattern of music that we call a path. When I sing in this, I don't say any words, but it is the sounds of different musical instruments described in a very guilty way and it can be ultimately ended up with a very speech. So you can listen to this raga in Bihar Raja, the same raga is just the notes, but the notes are sound like the instrumental sounds. Try to understand, this is a very interesting part of the thing, that they end up with you sometimes, this is tarana, that is only the musical sounds, that's all. This is a very interesting part of the thing, that is only the musical instruments described in Bihar Raja. So in Bihar Raja, you can listen to a lot of different musical instruments, and you can listen to all the musical instruments, and then you can listen to the sounds of different musical instruments. That's the end of the part. That's the way it is.

The Cream Palsing kittyam. He got married to a king. And then he said, he's a girl called Akiyubhara. And he lives in this man. And he's the one who was married to Akiyubhara. And this is the third Rara, which is the Bhairaji Bhairav. It's another very beautiful one. He has son at the morning. But unfortunately, because he has no compulsion. He says, morning, evening, night. So my brother used to be very good at this. He used to say, this is a nice, authentic Bhairava. He's not coming tonight. That's all right. I'm a farmer. Thank you very much. Love it. Hello.

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Now please put both your feet on both the sides, away because as I told you there's a left side and a right side. Left side is the power of desire, of the mundane desire and the right side is the power of action. At the very outset again I have to tell you that it's very simple, easy, will work out without any difficulties, don't have any doubts about yourself. There's another thing that there are three conditions which I must tell you, they are very simple and you have to understand them. Not the first one as I told you, you have to be absolutely self-confident that you are going to get your Self-realization. You are not a sinner, you are a seeker. Not all you are human beings, you are not God. Very human beings have to make mistakes, doesn't matter. At this moment second condition is you are not to feel guilty about anything whatsoever. This all-pervading power is the ocean of forgiveness, ocean and very powerful. Whatever mistakes you have committed can be easily dissolved and you will see the concern of this Divine power about you. You'll be amazed. So first of all you forgive yourself and know that you are not guilty at all. Do you know when you feel guilty what happens? This chakra on the left hand side catches and this is the chakra of America. It catches on the left side. As a result you might get spondylitis, you might get angina, you might get very lethargic organs. So what's the use of feeling guilty if it is going to give us so many physical and mental problems? If you have made mistakes, all of you face it and correct it and forget about it. But to keep it all the time hanging here, this has become a fashion also. You'll start feeling guilty for what is happening in Afghanistan. I mean you can't help it, can you? Why are you guilty about it? So in short you have to be pleasantly placed towards yourself. You are going to enter into the Kingdom of God. So you should expect all the blessings with a very enthusiastic heart. Then the third one is even a simple, very simple condition is that you have to forgive everyone. Don't have to think about that. Even to think is a headache. But logically whether you forgive or don't forgive you don't do anything. It's just a myth. But when you don't forgive then what happens? That you play into wrong hands and torture yourself while those who have troubled you are happy while you are torturing yourself for nothing at all. And this is a very important condition where you have to in general forgive everyone. Don't even think about that because this center on the optic chiasma is like that, absolutely constricted. Unless and until you forgive it won't open. As it is you have tortured yourself all your lives and now you'll miss out on your self-realization. So this is very important to forgive everyone. The blacks must forgive the whites, whites must forgive the blacks. Brothers must forgive brothers and sisters must forgive sisters and the fathers, the daughters and the daughters, the father, everyone. Forgive also these false gurus and forgive them. All those who have made money in the name of God who might have lynched you, forgive. No use thinking about them, useless people. This is very important. This is the last. Simple, just you have to say within yourself, I forgive all of them in general. That's all, I'll tell you when to say that. You'll feel much lighter. So now, as I've told you we have left and right side, we put our feet apart from each other. Now we put the left hand like this, symbolic that you want your desire, your self-realization. That's very important, all the time. I'm going to tell you today how you will nourish your own centers but this is to be done only today, later on you don't have to do, don't have to remember. Later on automatically everything will work out. So now you have to put your right hand on your heart. First we'll show you what is to be

done. Somebody should come up here. Can you? Yes come along. Now, he'll show you, stand on this. You are going to show. Put your left hand on your heart. In the heart is the reflection of God Almighty and the Kundalini is the reflection of the Holy Ghost which is the Primordial Mother, which is the feminine energy of God Almighty. What we call as Holy Ghost in Sanskrit called as Adi Shakti, in Greece it is called as Athena. So when you become the Spirit you also become your own master. So you put your right hand in the upper portion of your abdomen, which is the center of your mastery created by great prophets. Then you have to go to the lower part of your abdomen on the left hand side. You are only working on the left hand side. This is the center of pure knowledge of Divine laws. Surprising it is here it resides. But I cannot force pure knowledge on you as I have told you. Later on I'll tell you what is to be said. Now you raise your right hand again, the upper portion of your abdomen. Then on your heart. Then in the corner of your left and right, left shoulder and your neck and turn your head to your right. Now this is the center I have already told you that when it is in trouble you get all kinds of diseases. Then please take your right hand onto your forehead across and put down your head as far as possible. This is the center where you have to forgive everyone. Now take your right hand on the back side of your head and push back your head as far as possible. Now here without feeling guilty, without counting your mistakes, you have to ask forgiveness from the Divine power if you have done any mistakes knowingly or unknowingly, which I'll tell you later on how to say. Now last center, very important. Stretch back your hand or we can say stretch back your palm and put the center of your palm on top of the fontanel bone area and now put down your head as far as possible. Stretch it hard. You have to push back your fingers, this is very important. So there's a good pressure on your scalp and now move it seven times clockwise, clockwise. Push back your fingers, very important. No, no, no, clockwise, clockwise like this. Push back your fingers, that's very important. No, no, move your scalp, not your hand. Ah, good. Push it. Push the, now push back your fingers. Yeah, good. Seven times. That's all. That's all we'll have to do. All right, we got this. Still lot of heat already coming out. Doesn't matter. So, you are to be placed very pleasantly towards yourself to begin with, please, and have self-confidence. Now please put both your feet apart from each other and put your left hand towards Me and right hand on your heart. Now you have to close your eyes. Until I tell you, until I say, please open your eyes, keep them closed because the attention is drawn inside. You'll not feel anything. Some of you might feel little heat, that's all. But ultimately you will feel the cool breeze or maybe the warm breeze coming out of your fontanel bone or maybe on your fingertips. So now please close your eyes. Please close your eyes, put left hand towards Me, right hand on your heart and both the feet apart from each other. You need not sit very, with any strain, but you should not also slouch in front or push back yourself too much. To begin with you have to sit very comfortably straight. If there is anything tight on your neck or on your waist you can reduce the pressure. Don't say any prayer, any mantras or anything and don't force your mind to concentrate. Automatically the Kundalini will manage it. Now, here you have to say, you have to ask a question to Me which is very fundamental. You may call Me Shri Mataji or you can call Me Mother, whatever you like. So please ask a question here three times in your heart, Mother, am I the Spirit? I told you, you are working on the left hand side and if you are the Spirit you become your own master. So please take your right hand in the upper portion of your abdomen on the left hand side and press it hard. Here you ask another fundamental question about yourself, Mother, am I my own master? Mother, am I my own guru? Three times. I have already told you that I respect your freedom and I cannot force pure knowledge of divine laws upon you. You have to ask for it. So now please take your right hand in the lower portion of your abdomen, press it hard and here you ask six times because this center has got six petals, Mother, please give me pure knowledge. Please ask six times in your heart. As soon as you ask for pure knowledge the Kundalini starts moving upward. So we have to now open the higher centers, nourishing them with our self-confidence. So now please raise your right hand in the upper portion of your abdomen on the left hand side. Here you have to say with full confidence ten times, Mother, I am my own master. I have already told you that the fundamental thing is that you are the pure spirit. You are not this body, this mind, this ego, these conditionings, but you are the pure spirit. So now raise your right hand on your heart please and here again with full self-confidence say twelve times, Mother, I am the pure spirit. Now, I have already told you that when you feel guilty you develop all kinds of diseases and you are human beings. If you make mistakes, no use feeling guilty. After all you are not gods. And this all-pervading power which is the ocean of knowledge, bliss and joy is the ocean of forgiveness. And so whatever mistakes you have committed can be easily dissolved by this ocean of forgiveness. So please forgive yourself and put your right hand in the corner of your neck and your shoulder and turn your head to your right. Here you have to say sixteen times with full confidence in yourself, Mother, I am not guilty at all. Please say it sixteen times. I have already told you that logically whether you forgive or don't forgive you don't do anything but you live with a myth which is torturing you and you are playing into the wrong hands. You don't have to think about the people whom you have to forgive but in general you have to forgive all of them. So now raise your right hand on to your forehead across and please put down your head as far as possible. And here with full confidence please say in your heart, from your heart, not how many times, from your heart, Mother, I forgive everyone in general, from your heart, not how many times, from your heart.

With this you will develop Divine discretion, please. Now, please take your hand on the back side of your head and push back your head as far as possible. Here you have to say it without feeling guilty, without counting your mistakes, just for your satisfaction. Please say, Mother, if I have done any mistake, or you can say, O Divine Power, if I have done any mistake knowingly or unknowingly, please forgive me. Say it from your heart, not how many times but from your heart. Now the most important center is the last one, the seventh center of one thousand petals. So please stretch your hand, stretch your palm fully, put the center of your palm on top of the fontanel bone area, which was a soft bone in your childhood. Now please remember to push back your fingers, so that there's a good pressure on your scalp. Now put down your head as far as possible, put down your head and now move your scalp seven times, slowly, carefully, clockwise. Now, please take your hand on the back side of your head. Now, please take down your hand and open your eyes slowly. Now watch Me without thinking, just watch Me without thinking, you can do it. Now put your right hand towards Me like this, little higher, and put down your head and put your left hand on top of your head, but not touching it, away from it, above your head, and hold it, and see for yourself if you are getting a cool breeze like waves coming out or maybe hot. If you have not forgiven, that would be hot too, so please forgive. Some people get it very far, some people get it closer. Please bend your head, trust it, don't think it's an air conditioner or anything, just don't doubt yourself, see for yourself. Now, please put your left hand towards Me. Now, bend your head again, bend your head and please see for yourself if there's a heat coming out of your head or it's a cool breeze like waves or maybe the hot also could be like waves, just see. Again with the right hand once more, put your right hand towards Me, bend your head and see for yourself if there's a cool breeze coming out of your head. Bend your head please. Now, raise both your hands towards the sky like this, push back your head and you have to ask a question, one of these questions three times, any one of them, Mother, is this the cool breeze of the Holy Ghost? Ask this question in your heart three times or Mother, is this the All Pervading Power of Divine Love or Mother, is this the Paramachaitanya, is this the Paramachaitanya? Ask any one of these questions three times in your heart. Now put down your hands. Don't doubt because this hall is air conditioned but when you start using this power you will know. All those who have felt the cool or hot breeze out of their head or on their finger tips or on their hands, please raise both your hands. That's New York, may God bless you. You've done it. You won't believe the whole world is watching you. People are praying in Australia, in Russia, everywhere for you and their hopes are fulfilled. May God bless you all. But now please remember that you have to be collective, learn all about it otherwise you may lose your Realisation. Please, we have a center here where you can meet people. I hope you promise Me that. Next year I'll be here, I'll be come after every year. But I hope you'll be all right and you are all welcome to come to India and to another place in Italy. Also we are having a big function in Turkey, wherever you feel like, you are all welcome. May God bless you. If some people want to meet Me, they would mind shaking hands with them, I'll be very happy. May God bless you. May God bless you. How are you? How are you? Look at her eyes. Sparkly. Look at your eyes too. See their eyes. You see yours. May God bless you. This is great. May God bless you, my child. May God bless you. May God bless you. May God bless you. May God bless you. Are you all right? Krishnaji, take it. It's been given to you as you walk out of this hall. So if you want to know how to maintain this and you can't maintain it without learning this, please take the address and it's every Tuesday at 7 p.m. depending where in New York. Thank you. Thank you.

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I'll have a request for you. I think I'll be better off there. You are taking home, I'm sorry. He's always, he's always there with a shotgun. Please, please make yourself comfortable. Is, is warm enough in this room? We can open a door too, but do you think it's too warm? I don't know, ask them, I don't know. It's comfortable with Me. All right. So now, please have your tea first of all. That's why I was waiting. They told Me they are having tea, please. Oh, that's kind of you, but I've already had plenty of tea and coffee for today. All right. Have you had tea? I have had, thank you, thank you. Mother, we will have a little interpretation here. So, now. I don't know how you want to do this. You just want to. Oh, you need to interpret, they need to interpret for Carol. Oh, I see. So they'll go. Yes, yes. And so how do we do it? Well, why don't you start and then I'll have one later. Yeah, yes. Carol has a presentation. Oh, sure, sure. That's how it's done. That's just like Chinese, you know. I've been to China mainland three times. Long time back, I think I should have started in the year 1976, then 82 and about two years back, only. Just before this problem. Two years before. Yeah. So. All right, we're going to start. From reading just your press material and what was provided here, I had a bit of a difficult time trying to determine how your, the practices that you use, how they're different from other yoga techniques. Is it more of a, do you concentrate on the spiritual aspect of it or is it more of a kind of a Spiritual. You see, it is very

simply could be understood with an analogy like this, you see, that when you start a car, it is to be ignited first. So automatically all the machinery within you starts working. The first thing is the ignition. But all these modern ones are, before the ignition they move the wheels, they move the steering and all that and that spoils people. So the ignition has to be started and that is with the energy we have within us called as Kundalini in the Sanskrit language and Kundal means a coil and this is the energy of pure desire within us, of the pure desire because all other desires if you see according to economics in general are not satiable. So this is one desire which is pure and this desire whether you are aware of it or not is you have to be united. Am I too fast? Am I? To be united with the All-Pervading Power which is the Divine Power. So when we are seeking the truth, we have to know what is the truth first of all and the first thing is, the first thing, the truth is that we are not this body alone or we are not this intellect or emotions or our conditionings or ego but we are the Spirit, pure Spirit. It's the first truth. Second one is that all living work, like these flowers we take for granted, we take our evolution for granted is all done by a very subtle power which is All-Pervading. But going back to My original question, I was just wondering whether the emphasis is on the spiritual aspect or whether it's on the physical aspect? You see, first the Spirit and the rest of it works out automatically. As I told you, automatically the car starts working. First the Spirit, first the Source, tap the Source like every instrument has to be put to the mains. I saw from the material that you're a former medical student yourself. What kind of things do you think that Western science can learn from Eastern practices? You see, the Western science, the Western science, the Western science, is the way of learning. It's not just the Western science, it's the way of learning. The Western science can learn from Eastern practices. You see, the Western science that is existing today is treating people on symptoms. For example, if there's something wrong with the tree, you cannot treat it through its leaves, you have to go to the roots. Well, I guess in the Hindu culture and in Indian culture there's more of an emphasis on the total individual than the total person. Is that something that you try to run? It used to be individual once upon a time, I would say long, long time back because on the tree of life there were very few flowers but now it's a blossom time and so many have to become. Everything that we discover has to become collectively known and this is the last breakthrough of our evolution. So, in every evolutionary process there has been only few who came out, first of all, and then the shells of fishes came out. So, it's an evolutionary process, it's a living process within us and this is the last breakthrough. So, You're implying that man's spiritual growth is an evolutionary one, do You think? Of course, it is. That's the... Why are people more spiritual from one generation to another? We have learnt a lot, you see, sort of, we have gone through lots of things and we have learnt a lot now. This is the special time for that. Also the modern times are full of lots of confusions and problems, many more than people had before. So, the seeking is really very collective now and the people have taken advantage of it, all the people have taken advantage of this. They know there's a market, sort of a thing for such things. Do you want to ask a question? One thing I'm curious about is, why is it, do you think, that so many Europeans and Americans really flock to Hinduism, Buddhism, what is the attraction there for people in Western societies, especially nowadays? They are seekers, they are seekers of truth, you see, they are seekers of truth. And wherever they can get it, they would like to jump at it. But they must know, Hinduism is the same as Christianity is. You see, just it's changing from one to another, that's all but there's no truth in this, the way people are spreading Hinduism or anything. It's so artificial, it's so outside, it's man-made. Oh, so you think that the delineations between different kinds of religions are artificial? That's one of the things that proves that it's not true. If there's one God, there cannot be any difference between one and another. All this fundamentalism is a nonsense, absolute nonsense, in any religion whatsoever. I was Myself born in a Christian religion in Avashakh, the way it was. I think Paul was the one who really finished off Christianity, Paul and then he incarnated as Augustine, I think, because they are just the same type of people and made it so organizational and so dead. Yeah, well, I guess St. Paul has had lots of detractors. Oh, so I think, and he was epileptic, you see, himself a epileptic. He had killed Stephen who was a very good, what we can call a Christian and who was a disciple of Christ, direct disciple. Paul never even met Christ. How is he in the back? What right he has to be there? Tell Me, who's the most spiritual person you've ever met? spiritual person and you see, there's no quantum about it, they're not put into quantity but I would say, in your country you're Abraham Lincoln who was a very spiritual man and today living, I would say, Gorbachev is a spiritual man. Mahatma Gandhi was a spiritual man. They rise above the normal things and they change and transform. What is it that makes a person spiritual? I mean, how can you develop your spiritual? A person who is spiritual has got special powers, specially in Sahaja Yoga. I don't know those who are born realized, all of them have awareness of that or not but a person who is a spiritual person can be in two categories. One who is honestly and ardently seeking the Spirit and another is one who has found out the Spirit. One who's honestly and ardently seeking the Spirit and one who's found the Spirit? And one who has become the Spirit, who has been twice born as Christ said. It's an actualization. It's not an artificial certificate that we are twice born. Now the one who is seeking knows one thing, should know who's ardently seeking and honestly that you can't pay for God. How do you become the Spirit though? I think that's it. I was born like that. So is it predestination or? So is it predestination? Yes, yes, it's all

predestination. Well, that, that, it almost sounds like Calvinism in a way, doesn't it? The idea that Calvinism is also the same thing, they talk but they don't achieve. You see, talk, talk has been too much. So you think it's to become one with the Spirit, it's almost a matter of predestination, it's just that's not, that's not so. Because, of course, in a way that, you see, a person who seeks himself must have seek, must have sought it long time back before also and must have realized. I hope she's following Me, I don't know. But the one who's finds Spirit has powers. First of all the human awareness is not sufficient enough to know the Absolute Truth because that's why there are problems as you asked Me why there are differences, you see. But when you have the Spirit then you are collectively aware first of all you are aware collectively, we call it Collective Consciousness about which Jung has talked, Jung has talked about it. Even in Koran it is written by Mohammed Sahab that at the time of your resurrection you call it Kiyama, Kiyama. At the time of resurrection your hands will speak, your hands will speak and in Sahaja Yoga when the Kundalini pierces through your fontanel bone area and you get the actualization of the baptism we can call it, you start feeling on your finger tips the different subtle centers of other person and yourself. So your awareness gets a new dimension. I mean it's not just certifying someone or sort of uh.. uh.. proclamation or anything but it just, it happens to you in your being itself, in your central nervous system. Is also clearly described even in Vedas that it is a Bodha, Bodha means to feel it on your finger tips or to feel it on your nervous system. That is Bodha from where Buddha, what has come Bodha, Buddha is Veda itself, Vida also means the same thing, Vida, the word Vida also means the same thing but as all religions have deviated from the right path of finding their Spirit with all these things, writings you see, they have all deviated. I know you have a background in Madison, so can you explain from the Madison viewpoint to explain how, what's Kundalini? Explain what? What is Kundalini from a medical standpoint? Oh, medical, of course. In a medical terminology they haven't got this word as Kundalini but there's one very thing, very remarkable thing is that the Kundalini resides in the triangular bone at the base of the spinal cord and it is called as sacrum, that means sacred. In Greek language it is sacred, that means Greek knew it's a sacred language, a sacred bone. You see, that's what very significant thing I found but there is no mention about it because so far as I said that in medical science we approach from outside and this is the science of the roots. But in India people knew about it thousands of years back and even the Greeks knew because Athena, atha in Sanskrit means the primordial, primordial. Yeah, and in her hand there's this energy shown. If you see the statue of Athena, she has this energy in her hand, shown like a snake. I understand that you've been working with some doctors and that uh.. We have two doctors in India who have got their MD for curing, curing asthma and epilepsy and there's one doctor who has got MD on physical ability of her Sahaja Yogi and others. But now you see, Russia, I don't know who Russians are, very quick to pick things. It's very different in Russia, they invited about 800 doctors when I was there from all over, talked to them about Kundalini, they said, first give us realization. And this Kundalini is the one which rises through six centers within us. These six centers have the subtle centers, subtle centers which looks after a physical, mental, emotional and spiritual being. So when she rises, she nourishes all of them, first of all and then she gets connected to the vital energy which starts flowing all the time. And it is spontaneous, it's a living process like as you put a seed in the Mother Earth, the seed has the power to sprout and the Mother Earth has power to help. So it's a living process, it just spontaneously happens. So as a result of that, these centers, now for example this is the center, you see, you can see like that and this is the left and the right side of the sympathetic nervous system. The central one is the parasympathetic. If you start using this energy too much, what happens? It starts moving like that. Then suddenly something happens, it breaks, say a shock or something. So the connection with the whole is lost and that's how you develop diseases which are called as psychosomatic like cancer, all these incurable diseases, even AIDS and they can be cured. They all can be cured with the Kundalini awakening which is the power within yourself. With your own power. Well, if it's possible then how can people have him cure themselves from AIDS or... You see, in your country you can't even talk of cure, you'll be arrested. In all the western countries this is the problem and in India anybody who has, who has AIDS cannot enter in. But I've cured people in Australia. Of what? Of AIDS. Using Kundalini? Yes. Through meditation though? No, no, it's the, you see, just through, you see, they have to sit before Me, I must say, or could be even My photograph has that coefficients. My photograph has that coefficients that emits vibrations and they can work it out with the photograph. Have you had any doctors working with cancer patients, AIDS patients who've had a... We have, we have at least four or five blood cancer patients completely cured. But you see, Sahaja Yoga is not for curing people, it's a by-product. Yes, I mean it's not a hospital thing, it's a by-product. We are busy giving realization to people and those who get realization get cured. Yes, it is, it is fantastic. Human-beings are fantastic things that God has given us. We are not aware about ourselves. We are glorious. I give an example of a, say, take a television or a, or take a television to some remote place in a village in India. And they'll say, just some sort of a box, you see, but you put to the mains and they'll know what it is. When you are put to the mains, they will discover how glorious you are. This you call it. I must learn Chinese but it's a very difficult language. How long does it take to come to the, to find the realization? Oh, just that moment, that moment, it's not difficult. In the masses people get it but you must fix your connection properly. That takes little time and in

that people fizzle out. Not Russians, I must say Russians are serious people. Russians are serious and also Chinese would be. I've not yet approached the Chinese but I know Chinese would be very much because I know Chinese are very wise people, very wise and deep. Also Greeks are, Greeks, Italians, Egyptians. Mother, since You mentioned about Russians, I know that You have just been to Russia and had a lot of audiences. Oh, tremendous! I think since You mentioned it now, would it be possible that You would talk a little bit about Your experience and how it went in Russia? All right. First time I went to Russia from Helsinki and Helsinki was such a bad experience, you see, very poor. Then I went to Neningdad and they had never known about Me or nothing. They had put some advertisement, I think. And the hall was for two thousand people and two thousand were sitting outside and two thousand were sitting inside. In Helsinki? No, no, Helsinki is hopeless. Helsinki is hopeless. I'm saying Neningdad. And then I went inside and I talked to them. They all asked for realization and I was surprised there were people from the Supreme Council, Ministry of Supreme Council. I mean, there were ministers sitting in front. I didn't know that. Later on they told Me. And they haven't got ego at all. I mean, you may be anything but they have no ego, no ego at all. Everybody sits in the same level. They do not feel that I'm something higher, another one is lower, nothing. And then when I walked out, all the two thousand were sitting outside. I felt very embarrassed. I said, now what to do? They said, what about us Mother? So I said, now do one thing tomorrow morning if you can come, I'll come outside. It was a big compound outside. I said, I'll come, we'll meet you. Next day all of them, two thousand from inside and two thousand from outside were there. I just can't imagine. But later on they were saying about the Eastern block, you see, was going to come for a yoga seminar. So My husband said, what's the use of yoga now? You have been already. I said, no, I must go because if the Eastern block is coming, I may be able to trigger something there. He said, how will you manage it? Let me try. So went down. They went down and they were all of them there, no doubt. And I spoke about for thirty-five minutes and in ten minutes they all got realization. And when I came out of the hall, all of them were out with Me, all of them. There was nobody to listen to another evening. I said, what are you doing? Aren't you going to listen to Him? No, no, no Mother, tell us at this. They all sat down on the staircase, discussed with Me, took My address, everything, when are you coming to Romania, when are you coming to this and that. And amazingly, just after that eight days or so, the Berlin wall fell. There were people from Berlin also. But Romania recently we have received a message that eight thousand people came for a Sahaja Yoga program, when I was not there. Poland also. How many in Poland in the world? Two hundred and fifty. Poland, what other place was there? Bulgaria. Bulgaria, two thousand. Yes, two thousand. And they are following it up. I mean, whatever have been their regime, I have nothing to say about that part, politics also. But definitely the people are very wise. I've been working in America for the last, the first time I came was in 1973. Nobody would listen to Me even. Do you think that the climate has changed since then, that people are more receptive to Your ideas or? We have only about hundred and twenty people all together in the whole of America. But other people like, you see, anybody tries to be fooled them and I've also belong to another society which we can call as Elisotiety. And there they talk like this, you see, this guru is expensive but he's good. You see, so, I mean, I just don't understand them really. Mother, what do you think about, this might be, you know, I don't know whether you know, Sheerin McLean, she is a famous actress. Oh, she came to My program in 73. But she has been writing articles. Oh, she is using all My words and all that. But she doesn't give realization, no. But is it, was she believes the same as Sahaja Yoga or it's another program? She, you see, she came to My program, I remember her, she came to My program. First time when I came, lots of these actors and actresses came. I remember her name, we have got her name also with us. But, you see, then they started using all the words and everything, they all became big gurus. There's one fellow called Dhavai who did the same. They're making money out of it, you see. How can it be Sahaja Yoga? Tell Me. Because She had written books and tapes about yoga, meditation. I wonder, do you think that helps the American public not to? It's all artificial. You can't pay for it. You see, if you make a business out of it, cannot do it, you see, cannot. There's another one I was telling you, Dhavai, he started a Sahaja Yoga thing near San Francisco or something. But I can't understand him. How does your yoga practices, do they stem from Hinduism? No, no, from all the religions, all the essence of all the religions, not at all. Christ is a very good example is that He resides in a very important place here on the optic chiasma where the Kundalini has to pass and like the gate He is. You have to pass through Him. But it explains what Christ is and it explains everything and also you can find out about Christ. If you want to ask, if you ask a question, Mother is Christ the Son of God. You get lots of vibrations. But Christianity is absolutely perverse. His message was never the cross, His message was the resurrection. And He suffered for us and He died for our sins. So why should the Christians suffer now? But they don't, I tell you. They don't, they make others suffer more. What happens after you've achieved realization? You become powerful yourself and you start giving realization to others. So you get cured, you feel much better, you feel much younger. See now, my age is now 67 years and I travel if you see My itinerary. Can anybody achieve realization? Of course, everyone, everyone is capable. It's not a matter of predestination or anything like that? Most of them, but if you have been to false gurus and things and for a while it is difficult because Kundalini is hurt. She is your Mother, you see. She

is your individual Mother. She knows all about you and She does the job very well. But if you have been to some gurus or something, you have spoiled it spiritually or you are identified with something wrong or maybe if you are sick physically or maybe also sometimes that you have problems with your parents and things. I mean, some sort of a deep rooted problem if you have, then she takes time. But it can work, it works out because she goes to places where you need help and then ultimately you get it. But first she'll attend to the problems where you have problems. Supposing you are a liver patient, supposing. So it will go to the liver and you can see the pulsation near the liver. You can see. Also you can see in so many people the pulsation at the triangular bone if one of the higher chakras are constricted. Then you see the pulsation with your naked eyes, you can see. You can even see the rising of the Kundalini like an energy flowing through. Do you think everyone has the same ability? Yes, can everybody get it? Of course. But everybody won't come to Sahaja Yoga, no, they won't. The problem is that maybe someone much strong and someone that weak is the same. There are differences, no doubt. But still everybody can get it, we can try on. Practically I do not think of anyone who hasn't got it, who came to Sahaja Yoga, Thank you, thank you very much. Mother, for those nations where people respect mothers more, like the other land you mentioned about Chinese, mothers are the utmost importance in life and other nations like Italian, the family is the most important thing to them. Do you think it makes a big difference in the way that we live in the world? Do you think it makes a big difference? Of course it does, it does. Because, you see, in the family the child is brought up with so much of sense of security. If the child is in security childhood, then there is one center which gets very much constricted and you cannot raise the Kundalini till you have cleared it out. There's a center for the father, center for the mother, all these things work out. But if you had a very secured childhood, it works much faster. It's very important. Family life is very important and proper sense of responsibilities of the mother and father and proper respect, you see, of their duties. If the housewife is treated just like a maid servant, all women want to work and they think that we are treated so low, you see, but if they are treated like something special. Now to achieve realization, it's through yoga or are there any other methods that women use? No, this is the only way, you see, just you have to put your hands, just like namaz it is, put your hands like this and you do get realization with that. Simple as that. But later on, supposing you are realized soul, you can also raise the Kundalini. They are doing now. It's, anybody can do it then. But I'm curious about the process that you require realization, is it through meditation or through? No, no, nothing. You are in meditation then. You don't do meditation, you are in meditation. There's not much of a process in it. Once you get realization, then you have to just find out what sort of a personality you have. If you have a left-sided personality or if you have a right-sided personality, then there is a way of working even on My photograph to get the balance. The balance has to be there. But then how is it, I mean, if it's so easy, if it's not hard then it's so fatal, you see, whatever is very vital, whatever is vital is very easy always if you see our breathing is so easy. It's so vital, it has to happen. It cannot be difficult. So, you're saying that it's not difficult to come to realization that... And even to master it and to understand it, it's not difficult. But only problem is that we have conditionings that how can we get it free, you see. Like the BBC people told Me that we can't believe anything. Anglo-Saxon brain cannot understand anything that is without money. I mean, just imagine. I said, who has made this brain? God has made or somebody else has made this Anglo-Saxon brain. How much did you pay to Christ, first question? For His work. How much did you pay to Christ for His work? Fundamental question. Mother, for those who are reluctant or do not believe in... You can't force it. You just can't force it, you see. You have to come in your own freedom. You just can't force it. You cannot be forced. But if there are people who are close to us and I have benefited from it and I'd like them to be able to benefit different too, what can one do to... They will see you is changing. They will see you feeling better and they will come. But you can't force. You should never force anyone. Because it won't work, I tell you. It won't work. It's a living process. It's not a mental thing that you can convince someone. It has to work, you see. And there's no guarantee. No guarantee also. Question from Carol. Sahaja Yoga has been developed more than 20 years. Any reason why you've never been in China and Taiwan? Oh, it was. Sahaja Yoga was worked out long time back in China, very much. What about Tao? Tao is nothing but Kundalini, absolutely. I actually went by Yangtze river to see how we described it because the surroundings of Yangtze river so beautiful. Every five minutes you see a new change in the whole thing. But that's what is suggested. That you should not get tempted by all that. Just move. Tao is absolutely Sahaja Yoga. Yes, Tao is the natural thing. Of course, I mean, just the... This absolute Tao is this Zen, Zen in Japan. Is absolutely Sahaja Yoga. Zen means dhyana, means meditation. Zen is absolutely, but I mean, it's such a sad thing that those people who proclaim something have nothing to do with it. The head of the Zen came to India. He was very sick, so they felt embarrassed and they took Me down to him, to cure him. I said, how is, sir, that you are the head of Zen and you are not a realized soul? They call it, to a realized soul they call it a Kashyapa, Kashyapa. So I said, how are you not a Kashyapa? He said, do you know that from the 16th century to the 12th century there have been only 26 Kashyapas. After that he never had any. He admitted. So after 12th century what have you been doing? And also I tell you now, the Chinese government as it is, believes in Confucius, in the Humanism. Confucius was the beginning of it, you see. You can say Socrates also, same thing. Socrates has

talked of the gods and everything. But Tao is the one who went subtler into it. What Confucius wanted to establish collective consciousness, in Tao it is that only through the Tao you can achieve it, means by realization, automatically. You cannot, you see Me say, you see, we are all brothers, sisters and all that's not so. It has to become part and parcel of your being. You have to feel that you are part and parcel of the whole. That's not the feeling mental or emotional or anything but it's actually on your finger tips you feel it. We know the Buddhism was introduced to China from India and there are connections with philosophical thoughts between Chinese beliefs and Hindu beliefs. For Chinese, what would you say, because we are arranging for you to go to Taipei, Taiwan, Republic of China next year. This coming September. For Chinese, what do you think, do you think if we explain to them this is the connection between Tao and Zen? Of course, it's Tao. It's Sahaja Yoga is Tao, simple thing as that. Zen is Tao and Tao is Sahaja Yoga. There's no difference at all. Only thing difference is that it is working on collective level now. You see, like somebody is holding on to a snake, say for example, in the darkness and you tell him about Zen or Tao, he'll say, no, no, this is not snake, this is a rope only. Because he won't get his light to see it, you see. He'll still believe in the snake as the rope, you see. So what I thought of that, if you can raise the Kundalini, you see, then even if there's a dim light, he will see the snake and he'll drop it himself. So you become your own master and you start correcting yourself. I don't have to bother him. I don't say anything. I don't say don't do, nothing of the kind. All these ten commandments, I keep it on the back side. When it happens automatically, you follow that. How about for the practical sense as meditation, as a practice? I understand that some Chinese meditation that people practice, that they have warm feelings through their bodies to heal different parts. But for Sahaja Yoga we have actually... Cool, cool feeling, yeah. No, no, warmth is never a sign of health, never. See, if you have a cancer patient, if you are treating that patient with sahaja yoga, you don't have to use a heater, even the coldest place like England. So the heat is the sign of disease. Now if you heat the helium gas, it's a scientific proof, if you heat the helium gas, then the molecules, they start fighting each other. But if you cool it down, helium, then they become collective. We do know for a real example which Nelson knows, it was a person that he brought to our center in New York and he come to meditate for once and he felt the coolness and he got scared so he never come again because he is used to the warm feeling. That's right. Warmth comes by, warmth comes by the sympathetic activity which leads to another problem. It leads to another problem, it's the cooling. And you see, even business people become so tensionless, you see, all tension, everything goes away, worryless, they see the problem so well because they are out of that problem. You see, they can see, they become witness of the whole thing and they become great business people. I mean Sahaja Yogis, we have some very big tycoons in India and everywhere and they are so relaxed, not bothered. Everything working out very well. How do we better prepare Chinese people before your coming? I think either Miss Tang or myself could write articles starting to, before you come to come here. You have to tell them this way that you keep your minds open like scientist, you see. You must have an open mind to begin with, you see, because before denying anything or defy anything, keep an open mind. You don't have to pay anything, nothing of the kind and now we have proof that we have so many doctors who got MDs and there are seven doctors in London who are doing this work. But despite that, whatever I am telling you, you need not believe Me at all because blindness is not going to help. You need not believe Me but treat it as a hypothesis, you see, the scientific hypothesis and then if it is proved, then you accept. Then you have to be honest, then you have to be honest because it's for your benevolence. It is for your benevolence, for the benevolence of the whole world. Like, see, My husband used to say that you are something I know differently but I don't think you can make anyone like that. Now he's seen so many, he says, now in my own honesty I cannot see, it's not so. He says, I cannot, I mean I see so many people. Not only that you become dynamic, in the material world you become also dynamic in your intellectual world. People who could never speak a word on the stage have become great orators. Then students who were supposed to be very weak in studies have become first class students. It's a complete new dimension, your brain opens out because just now we are in a world where we are not able to see. Just now we are using a wee part of our brain. Then the, such a lot is available to you, such a lot of knowledge. Question from Carol. Can I may be being interpreted as Jintuli, later Tan dynasty, it's around 700 AD, for almost 1200 years up to now you are the only one openly teach everybody reach to this level. But how about other country, Eastern country, it's Japan and they, are they, where they recognize that's a level been mentioning in Russian books. Japanese are having a trip now. They have to finish their trip then they will understand. They are, you see even their own things like you see they have known, it's a very wonderful thing is unknown, where they put these things on their faces and have a play. So they said, oh it's too deep, too deep for us, too deep you see. Anything? Then Zen, I tried to explain to them what is Zen is. Oh too deep, too deep, too deep. Everything they avoid what is deep. But you see you have to go to your depths otherwise you cannot solve your problems. Japan is having so many problems which they are not telling you but they have drug problem, AIDS, such a small country has so many problems. One, this Yepi's disease is already there which I told about eight years back. I had told about AIDS also long time back and I had told about, predicted about this Yepi also business in America and it has started. So all these will, once, once it starts coming up then they

come to their senses and start thinking, oh what are we up to? Money is not going to give us anything. The circle system we mentioned in Sahaja Yoga also be mentioned in tantric. Is Sahaja Yoga, all those concepts, can be considered part of the tantric? Part of the? Part of the tantric. Part of the tantric. Yeah, somebody can do anything they like but you see just the opposite of tantric it is. Actually it is said in the Vedas that after getting realization very clearly you must know the mantra, tantra and yantra three things. The first one is mantra, means when a Kundalini stops at a place, supposing it stops at Agya, you have to say Lord's prayer, whatever you may try. It has, you have to say Lord's prayer but only a Sahaja Yogi can do that because he's connected. So that's the mantras you must know. Then you must know the yantra means you must know the mechanism, the whole thing, chakras and the nadis and all that. And the last thing is the, what you call the technique, that is tantra. These you have to know, these three things but after realization. But the tantricas are just the opposite, they don't know anything. It's like somebody who is not a surgeon and having doing surgery. These parapsychology, these tantricas, all these gurus, everyone, all of them are like that. The other day we had about eight or nine people in Florida, they were all Indians. None of them got realization and all the Americans got it and said, we are ashamed of you. See, this is your heritage because they've been to so many gurus, tantra, mantras, they've done all kinds of nonsense and I said, they said, Mother, we want it. I said, if you really want it, then give up all this nonsense. And they have got ten gurus in their house put like that and all this. So, you don't use mantras in Sahaja Yoga? No, no, mantras are to be used. Like I said, Lord's bread is a mantra. Allahu Akbar is a mantra. But it's not the key then? It is, when the Kundalini rises, She passes through different centers and these centers have got deities which are to be opened up and that's what you have to awaken. For example, if you have a problem in your throat here, you should be chakya. You have to say Allahu Akbar, means God is great because this relates to the, what should we say for Virat? Father aspect. No, not Father aspect, much. Although the all the cosmic greatness of the Divine. Yes, cosmic greatness you can call it. God's cosmic greatness. In Taiwan now, as I just been there, that I had spoken with quite a few people who had been practicing yoga with different gurus. And so I think I like to, I don't know whether it's the right term to say prepare you that there will be different people had already been practicing yoga. I know, I know. But how do we explain to them the difference? You should say, you should say, what have you achieved? You see a simple thing, I say I'm your Mother, alright? Then I would like to know what your guru has given you, what powers, what do you know, what is your knowledge? But take any Sahaja Yogi, I mean, you go to their disciples, find out from Sahaja Yogis, they'll tell you, I was sick with this, I had this sickness, I was so ill, I'm cured, I know. They all know about everything. So one should find out you're paying that person for what? Moreover this payment business is very sinister because you pay for something. Supposing you pay for a play, then it may be the worst of all, I mean, most obnoxious one but you have to go through it because you have paid for it, you see. It's like that. Did you follow this problem? If you, I mean, the payment is the worst thing because then you get sort of committed subconsciously and they think, oh, I've paid it now, how can I waste it by giving it up? Though it's troubling you, it has having problems, this and then these gurus are very clever. There was a lady the other day, she was very sick and she said, I'm following this horrible guru, I told her that this one is a horrible one. So she says, Mother, but you know, my guru says that you have to pay for your karmas. I said, really? You have to pay for your karmas, you have to suffer. So why there is a guru? What is the use of having them in there? Simple question. I mean, if you are suffering, if you have got sickness, if you are not peaceful, then why do you retain a guru? I mean, what is the purpose? In Taiwan now, I think everybody, you know, because of the economical growth, most of the people have a lot of money. So, I think, you know, it's not a problem. Especially, chasmings and you know, different level of education of intellectual groups and I think, after they don't have to worry about their living, then they start to seek or something that will prolong their That's, that's, that's very common, that's very common. But you see, still, though they are seeking, still they think they can pay for it. This is the big problem. If they think they are going to pay for it, then they must get out of it, this point. They cannot pay for it, first of all. Thank You. This is a personal question but it is connected with this. I often wonder how do You do this because everything costs, even You're travelling. I just had a show in Rome, so I know everything costs. How do You, you know, how Me, Me, Yes, Yes. You see, in the beginning it was My husband who was paying out and out for everything but now, of course, these people pay for My travel because they feel little bit embarrassed that Mother should not pay for our realization but formally I used to even pay for their food. There were seven hippies I was working on. So I was even paying for their food and everything, you see, so it started with that and My husband always makes a joke that there are gurus who make money in My house, since the bank is being cleared out. But we are well-to-do people from My father's side also and actually we are from a royal family and we are quite well-to-do people and My husband is quite well-to-do also and he knows that by doing this work, you see, he's earning some punya, some goodies, so he doesn't mind, he doesn't mind. But now, you see, this is, this is now the, everybody feels that this is too much and even My tapes and My audio tapes have been sold and all that but they never gave Me any money out of it, nothing. But now as My husband is retired, they are thinking that it's too much to use Mother for everything. But I don't mind, you see, because after all what is, what

is important is Sahaja Yogi, isn't it? My children, everybody is quite satisfied about it. That way I'm lucky. In Your case, I think it's a great example of giving is receiving. Yeah, you see, giving is the greatest receiving, I really tell you. I have sort of a generosity which is sometimes people think to a fault but I enjoy it very much generosity. But what I find that when I'm generous, you see, it opens from one side and the another side's overloading Me. I mean, I don't know what to do. If I give you a small thing as a present, you see, immediately the floods of presence come in, so I don't know how to stop My generosity, so that at least this stops. But I enjoy being generous. There's a Chinese saying exactly that what you're saying, it's called, means, when you turn to the left, you meet the right hill, when you turn to the right, you go to the right route. Nothing goes wrong with it when you give so much. Yeah, you see, He is very enjoyable. I think whole matter is meant for that. Today I was asking Gregor. I said, Gregor, who's given you this? What a nice piece. He said, Mother, you gave me the other piece I asked. He said, you gave me. I said, Oh God! How, Caroline told Me once that you are always giving gifts and things and sometimes there are thousands of people. How do you do that? You see, I just get them, really it's a crush. It's just a, I hit the jackpot everywhere. Really, I tell you, won't believe. I somehow or other get things very clean. Now these, this time I brought these necklaces, you see. They were for a song, I got so many of them. Just got them, I just get it, what to do. When I don't spend so much money as they think it to be. A certain family thing when I give, maybe they are expensive but I don't know what are their prices because we got it free, you see. But other things when I have to buy something for them and now this carves I bought and ties I bought, this one I gave you, what is that? It's a little elephant, little diamonds on the top. She gave thirty of them to all the ladies at once. She passes and she gives hundreds. This is the jackpot again. The other day I hit a jackpot in Florida suddenly. Suddenly you know, just that. What was it? It was in a shop. She has purses upstairs in the bedroom for all of her children. I mean they look like good leather. Yes, and I got these purses for you from London, these are the ones Karan has got it. The one I gave it to all of them and the ties to go. Just I get it, I tell you. These ties where did I find, you know? We were in Rome, Rome and we were staying in a hotel and when I got down there was a gentleman who was selling these ties and I said, what, these are all silk ties? Yes, and Piacarda, can you imagine? And also the scarves, Piacarda and he gave Me for a song, I tell you, won't believe, he gave Me for a song. I bought all of them and I went up. So, my husband started looking, how did you get it? I said, I don't know. There was one gentleman who brought it, he gave it to Me. Interesting, the whole thing. It all works out, if you want to give, you get it, I tell you. You have to believe that there is this Divine power which organizes everything. What happened? She's worrying that I might be using her for a film, she only had one role. With you around maybe we shouldn't worry about lacking more. She's a real surgeon, didn't he? Like, once we had a program in Santa Petrani uh.. in a very, they are supposed to be very posh place for rich Italians or something and it was in the newspaper, it's going to be hail storm, this and he said, Mother, you want to have a program? There's one fellow called Romano, he's a, he has lots of fans all over the world and he is so fond of Sahaja Yoga. He said, but it's all in the open, what will happen? I said, that it was not going to rain at all, not a single problem. He couldn't believe it and Al Ganesh was there, said, so his Mother is saying, it won't rain. He said, how can it be everybody saying that and how can you say that? He said, alright, let's see, let's have the program and there was not even a single cloud and all of them were driving down from Switzerland. They said, Mother, on the way, everywhere there was rain, till we reached this place, you see, everywhere there was rain. So, it just works out. I mean, if your desires are good, why not? Because this Divine power wants it to happen. It helps you, all the time it helps you. Yes? Mother, for twenty years you've spent a lot of time to develop Sahaja Yoga but are you here happy for the way, the way we are and you have a confidence with human society in very near future, where everybody accepts Sahaja Yoga? See, I don't know about happy or unhappiness but I think we could do better. I think we could do better in all these democratic countries because you have freedom and if, that means you have not used the freedom properly. Those who did not have freedom are wiser people. That shows we have not used our freedom properly. Of course, in India I get thousands, no doubt, because this is their heritage, they know about it. But otherwise, Sahaja Yogis say for in New York, I'm very frustrated, especially in New York. But you have confidence in the future though that you think that mankind's future will be progressing, getting better? Of course, of course, it has to. Some nations will take time but some nations, supposing the Russians and all the Eastern Bloc takes over, then in competition at least others will start. So you think the world is headed for a brighter future? Of course it is and otherwise they are in for a shock, one of the two. Because it solves your agricultural problems, your agriculture grows well, it solves your animal's problems, it solves also the ecological problems, ecological problems also. So, I mean, you get into a balance, you see, balance of life, complete. Like you know what to use, the way we are become slaves, we have become slaves of machinery, then we use machinery as much as we want. We are the masters. Machineries are not the masters. And money doesn't take the first place, it's the satisfaction. Whatever gives you joy, that's what you want. Money doesn't give joy. So all priorities change and all the human understandings absolutely get proved to be stupid sometimes. This was stupid. Sahaja Yogi started laughing at it. Moreover in the West is the bigger problem is that we go to extremes in everything, go to extremes.

Because we have so-called freedom, we go to extremes, you see. And that's how because mental projection, you see, moves in a linear way and it is not substantiated by reality. So it recoils back on you, say science. With science where everyone is to atomic energy and then atom bombs. Like that it recoils. But science is also in a way good because it tells you this is wrong. It tells you, like through computer you can find out what wrong we are doing. It tells you but we don't take heed of that. We don't take heed of what the science is telling us. Science indicates everything. I mean, if you use science in a wiser way you will find out that this is not proper, this we're going too far with it. Even money, money teaches you all the time. See with money what happens, you take to bad things. With affluence your children are ruined and so many things happen. It teaches you all the time. But we don't want to take heed, you see, that wisdom will happen. But that wisdom comes to Sahaja Yoga, through Sahaja Yoga and then you see it yourself clearly, going too far. Now like somebody wants to, is glued to television. It's wrong because all the time it's such a headache and once in a while is all right if there's a good feeling or something good is there, nourishing, some joyous. But people are glued, I've seen people just sit before the television throughout and it's very dangerous for the brain also. So what happens that when you are a Sahaja Yogi you don't see television, you see it only we have to see. That's all, you get into the balance. Now in London the big problem, the cows are getting mad and those who eat those cows are also getting mad. You must have heard about it. Yes and that is because they were feeding these cows with the dead animals and cows are vegetarians, you must understand they are vegetarians. They don't like meat. Human beings can eat meat but not cows and that's how they got into this problem and now they, human beings have got it, they can't cure them. So a balanced life is the only thing that we need and that is only possible. The balanced life, wise balanced life is only possible if you are a Sahaja Yogi because like you want to first sit on a bicycle, you go like this, you see, then you balance yourself. Then you know how to, then automatically you can do it in the same way. Like in the car we have accelerator and we have got a brake. Now we have to first learn how to use, if you just pressing one thing it doesn't work out. Then you become a driver, you understand what to do. But still you are not the master, master is sitting behind. Then you become the master and when you become the master you see the driver in you and you see the accelerator and also you see the brake and you know how to handle it. Once you are out of it. Best example is I give up the carpet now, supposing this is the carpet is beautiful, thank God doesn't belong to Me because if it belongs to Me it's a headache. I have to ensure it and now this I don't know if it will be spoiled, this will happen, that will happen. But it is somebody else's, then I'm enjoying it better because no headache, it is costly. Secondly, the thing is when I look at it I don't think because I can go into that state of thoughtless awareness. Then I look at it without thought. This is another point. You can get into thoughtless awareness with Sahaja Yoga so that you don't have to think, think, think all the time and worry your head. You can get into a state where it is your thoughtless awareness. Now you watch this thing without thoughts. What happens the joy that was put into it in its creation starts pouring out. It feels so, at the complete joy, like a lake without any river, like a lake without any river, all the creation around it is reflected. You just enjoy everything you enjoy. So many things to be enjoying. That's Zen, that's Zen, that's Zen, I mean that's the Zen part, thoughtless awareness you see. Being a mother of two young children I cannot resist asking uh.. you'll be pleased to talk about children and how uh.. how could we help them? By our example. See, I've never told My children anything about Sahaja Yoga unless suddenly they ask for it but they see Me, you see. Even My husband, I never forced but because of Me in My house there's peace, there's joy, everything and now they are seeing all these things so now they are asking for it, alright. Whenever they ask I'll tell them but it is not to be forced. But if one person is a Sahaja Yogi the whole house becomes, you see, comes into quite a balance. The other day after I seen You uh.. when I got back home My husband asked Me, How do you feel seeing Sri Mataji? I said well she reminds me of Your mother and uh.. his mother, he's come from a Catholic family of children of 12, 12 children and the mother is really loving and giving and just full of uh.. a lot of good quality and I said, I said that that's how I felt, the simplest way to explain it. He said, aha, that's the way you try to get Me into your Sahaja Yoga. Very clever they might think but it's for their benevolence, you see, once they start seeing what, what benevolence it has given you, you see, naturally they automatically come, don't have to tell them, I mean, that much wisdom everybody has, isn't it? I think in New York we'll, we, if we get Chinese it will be nice. I think Chinese, I think, are better in New York. We have, I don't know, we have other communities also, uh.. quite a cosmopolitan places. New York is a very cosmopolitan place but when the people write from their own country like from Spain somebody writes to here to Spanish then they come to Sahaja Yoga but here somehow that even the newspapers were not very happy with us, I don't know why. Shri Mataji, I'm afraid I have to be late. It's been a very intriguing discussion, I must say it. I thank You for Your time and patience. May God bless you. May God bless you. I hope you do something for New York people and they'll thank you all in their lives, you see. It happens, it happens like that. We all try as best we can. Yes, yes, please. Nice to meet you. Thank you, very nice. Nice meeting some very deep person, a journalist because normally what they see, what floor was there, what carpet was there, what it has got, somebody else's house, it's like something. You know, this is something that cannot get to the point, see. May God bless you, I'm very happy. Thank you for coming. And you

have to save, save your drug addicts, you see, that's the point they must know. And also Chinese have drug addiction quite a lot here. Thank you very much. Are they ready, the children? Yeah, drug addiction is another point which gets brought. Overnight, overnight people give you drugs, over-dried. You see, Chinese had this problem before also and now she's saying the black people. Black people are terrible, they are men's facials, the males, they are taking drugs. And the women are looking after their children. They'll be destroyed completely. I'd like Mother, last question from Carol. Yeah. You're all mentioning two great philosopher, philosopher in China, Lao Tzu and Campisius. Lao Tzu is more like spontaneous. Campisius is more like mainstream and dominate Chinese society. How is Lao Tzu you say? Almost like a center and spontaneous. Campisius is more aggressive and dominate Chinese society for thousand years, like mainstream. Yeah. Sahaja Yogas can't say. Is both combined, how I'll tell you? It's combined with any money, any conflicts. You see what, Confucius, Confucius was, believed in the horizontal growth, you see. And Lao Tzu believe in the vertical. But we believe in achieving the Spirit which gives you vertical as well as horizontal. But is the actualization of it. See, both of them could not give realization to people, that's the problem. One for the horizontal and another for the vertical. But both growths are done in Sahaja Yogis. We have Sahaja Yogis who some are horizontal, some are vertical. Inside yoga also we have. But we have to tell them, bring the balance. We'll see another thing. That's Confucius. I think we should probably end this now. It's 11.25, you've been talking for an hour and a half. All right, it's all right. But now just tell them we have this point, this is important. She has understood the vertical and the horizontal. Yes. That's how you can explain these two persons very clearly. Lao Tzu and Confucius, absolutely. But your country is that way, gradually has grown into it. I don't know why they have taken to Confucius only not to Lao Tzu. I don't know, the Chinese today. People, they consider Lao Tzu is more like more betrayed because the influence to the society is money cautious and conscious. Lao Tzu don't give them money. Confucius is more aggressive, so more limited with that direction. And here they reach to a certain level, then it's a time they need a Lao Tzu. Yes, that's it. They will come up. But I tell you Chinese government, whatever mistakes they have committed, please forgive them. Because it's just out of too much of, you know, also the students will be too much, I think, you see, because there was no proper proposal as to how get the democracy. You just can't stand up and say, now we have democracies. Just think of it, you see, in a country. So, if that moved with little wisdom and then would have been all right. It was a bit, both sides was a bit, they got angry, this, that and it's a mistake which must be forgiven. It's a mistake out of panic, out of panic. It's a mistake done out of panic, you see, so you must forgive. Could I ask you one extra question? My husband is a psychoanalyst and I told him that, you know, our first condition for meditation it has to be forgiving, forgive yourself, forgive others. He said it's not realistic, he said it should be working out instead of just saying, forgive you. No, no, it's the most realistic thing because you tell him, what do you do when you don't forgive or forgive? You don't do anything, it's a myth. Is that simple as that? Is she followed up? We have to fill the most of the talk later on. Ah, very good. I'll explain to her most of the talk, she can get it, I guess. You are living with a myth, torturing yourself, playing into the wrong hands and doing what others want you to be into. You see, the people who have really harmed you are happy while you are unhappy. You didn't have to be taken. What's that? Chinese jade, I just brought back. Oh, it's so beautiful. Why should you give Me, you see, this Chinese jade? When You talk about Your gathering of things, I have the same experience because I went to the middle part of Taiwan and bought a pink jade for My daughter and it cost almost 10 dollars US dollar and when I got back to Taipei, I walked into a shop of for art supply and paintings and then I walked in there and there was this humble woman who buy beads and do it herself and I got 10 for 10 dollars. So I bought at least 50 or 60 of them and I'm... But this is the... I only got... She only had two of these. Beautiful. The others are more common I'm going to give to your children. Oh, good. I have different colors. Oh, I see. I went to Taiwan where it was the cheapest place in the whole world, you know, and I bought beautiful things from there, beautiful things and I didn't know that you are not supposed to buy things from there. I bought books and everything. At the customs asked Me, what did You buy? I said, I bought the books. I said, what? I can't buy the books here. I said, why? It was not authorized but I bought them. I said, alright. They didn't sell it. Beautiful books they had. I knew it will be one day very rich. Yes, and now they say the Chinese-Americans are very stingy in comparison to what they have. That goes with money, stinginess. But I think, you know, I don't agree with it. It's beautiful isn't it? It looks nice. But actually they say that pink is always a quartz, not a this thing, you see, that quartz. Quarrels? It's a quartz stone. Shri Shri Shri Shri. But I think, uh.. jay has many kinds, they are white. No, but they say so, that the jade is only green and light green but others are quartz. But I have seen maroon color, you see, like that. You have seen, that's a beautiful piece there. In the museum is the cabbage. Yes, yes, yes. In that there's one grasshopper. Yes, it is. Because grasshopper always we use. Oh, you have beautiful things in the museum, I saw that. And also the crack potteries and all that. Beautiful things you have. Beautiful museum. Yes, we look forward to your coming. Yeah, we'll see that. And we are very grateful of your decision of coming also. I'm sure, you know, they are rich and all that but they are very wise people, very wise. They will be much better. Maybe sometimes a bit complicated. Sometimes, sometimes. From our background and cultural and

philosophy and things, I find Chinese people are not so good. They read a lot, that's the problem, they read a lot. Chinese people are very conditioned also. They read a lot. They are very conditioned because of reading. I mean, you know, this gentleman who took, I don't have to get you his name, books, you see, so many books, I think three thousand books he took from India to China, three thousand books. I don't know how he must have carried. Shri Mataji, Shri Mataji. Yes, imagine three thousand books. And I saw the place of a great scholar, saw the place where he's put these books so carefully, so beautifully. Upanishadas, Vedas, everything he took there. I don't know how he got three thousand books to be carried there. He actually changed the Chinese literature because he increased the Chinese vocabulary to more than thirty thousand. Really? Just translating the... In these things, yeah. It's a very subtle language also. But he was a master, he was a master, no doubt. All right? So should we go now with this, some other things happening in this? Thank you, thank you very much. Thank you. Thank you. I'm sure it will work out, I'm sure. I always said that if you have with the Chinese, you have with the right part. I don't think Jews will ever think of it, no. Your children have not eaten their breakfast because they're all working on the ice. She's had a problem again this morning, so they're still all upstairs. Still the ice are there back here? Yeah, I don't know. Vern is up there now, and I went down and got some Sahaja Yogis to come up and work on her. So they're up in the room. So what you do is to make them take breakfast, bring that down here and work on it. Okay. May we do a interview? Deepan, very stern, thermos potty, deep on earth, great deep antenna, power places. You see, if you would love it. Shri Mataji, for... Go on. Well, this afternoon I have to drive you for security reason. To the U.N. I think we should go now, otherwise we won't be able to do anything. What time you have to go, Pradhan? The function is at five o'clock. So from Queens... Just say it is twenty minutes from Queens. Is that correct? Let me ask Caroline because I never drove it from Queens. Yeah, then... She's the one who called Me. Caroline, from Queens to the U.N. She said it's about thirty minutes, I am. Thirty minutes? Yeah, because of traffic. You are going away from the traffic too. Could be forty-five, could be twenty. Okay. So, say could be forty-five, could be twenty, depends on the traffic. So we, I asked Andrea to tell Babette if we are not there at five to welcome people and stuff. We'll be there at five. We have to be there. Thirty minutes I wish we could. The Shri Mataji, it is very auspicious to have the class people coming to interview you. That's very great. And tomorrow the radio station, that will make a difference. That will make a difference. But first of all we have to be better instrument of the Paramashankanya, Shri Mataji. This is what I have to say. It's not such a fun time. See, what about the instruments that we have used there? What is it? I think we are going to take some, just snack before you go or shall we fix your lunch? No, no, no. I'll not have fruits because of the diarrhea. But what I can have is your popcorn. Popcorn, I'll have some popcorn. Shri Mataji, I think that the news, I was talking to a lot of the TV stage, I think it's different now. I think that there's a chance in the future that we can do more on TV. Channel five might be there tonight, not tonight. Let's see what he does. That might put some ideas. I think there's just more receptivity. Somebody was saying that they read a book against Sathya Sai Baba, somebody has written. He should be contacted and he should come and see Me or something. I was writing about the book. Have you heard about that book? I think there's a hostel. There's also a big book about the Hare Krishnas revealing all the scandal about the Hare Krishnas. They're all being sued in the US, losing all their temples and everything. They're being sued for it all, for fraud. But still there? Very little bit though. This is all very recent. Shri Mataji, in the commercial I have to do for you, I don't see you much so I just must ask, if we use classical paintings in your picture, for the advent maybe, to give the sense of the advent of the new age, if we could use Michelangelo or Rubens or Biola in your picture. I don't think so. Shri Mataji, Dr. Warlicker's telephone is coming out. What's the problem?

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card ib becomes meta I am not a man. I am a man. I am not a man.not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I am not a man. I bow to all the seekers of truth. At the very outset I have to tell you that truth is what it is. You cannot change it. You cannot conceptualize it. By reading books or listening to lectures or sermons you cannot find it. By going into austerities also you cannot find it. Because it is all mental activity. You have to go beyond the mind. Now whatever I am going to tell you, you should not take it for granted. Because we have had lots of problems with blind faith. But keep your mind open like a scientist and treat this as a hypothesis. Keep your mind like this. But if it is proved then you have to accept as honest people. Because it is for your own benevolence. And for the benevolence of your country. And for the benevolence of the whole humanity. Is still they are doing it. Now please stop. You can't do it without My permission. I am sorry. I don't mind if they were independent. But they are not. They are under control of the church. So what's the use? So please keep your mind open and listen to Me. So many things have been conditioned into the minds of people that is difficult to tell them that is not the totality. It is not the reality either. You have to know the absolute truth. We do not know the absolute truth. If we had known there would not have been any arguments, any quarrels, any wars. But everybody thinks that they know the truth and that's how they fight. First of all we have to know that unless and until we know the reality we are living in an unreal world. And if you see how far we are going in doing wrong things all over the world it is really shocking. Everything has to happen to human beings so that their awareness becomes absolute. This power about which they have talked is the power which all of you have got. This is all your own. If this instrument is not connected to the mains it has no meaning. In the same way if you are not connected to the mains you have no

meaning. Especially our young people are trying to find their identity because they feel lost. I do not blame them because they know that reality is not what we believe into. I don't blame them. First of all let us know that when we try to seek something even science fails. Because science is immoral. Whatever is obvious, whatever is material they can find out about it. About this power the Greeks knew long time back. They called it as sacrum bone. That is the sacred bone. But I think in Greek you all have also forgotten your past. Which was very great and which knew so many things about subtleness of our awareness. Athena means primordial. All sorts of attacks have been there and all morality has been brought down to the level of very low human beings. This cannot answer many questions. It cannot say why are we on this earth. This we should ask them to religions. And their religions also fail because they have now become money oriented or power oriented. They are all fighting among themselves. Let us take the sake of Christ. Christ was a very great incarnation. He was above human understanding. He did not know what sort of people he was to face in this world. And the religion he has given is very great but cannot be followed by normal people. Myself I was born in a Christian family. And I saw the Christians, Christianity and Christ absolutely separate. The reason was, I'll tell you that on the fifth chapter of Matthew's if you read, Christ has said that anybody does a sin out of one eye should take it out. If you do sin with another eye also take it out. If you do sin with your right hand take it out. Or if you do sin with your left hand also cut it out. If somebody slaps you on one side of the face turn the other cheek to him. I have moved in so many Christian nations I haven't seen one who is even without one eye. They just go to church finished. And Mohammed Sahab was even worse than him. He was also a very great incarnation. He thought that Christ was very strict with men why not with women also. So he said that if any woman looks at another man apart from her husband she should be buried half way and should be stoned to death. With this application of rule I saw America most of the women would be in the Mother Earth buried and stoned. I mean I just thought that look at these ordinary normal human beings. This religion can be only followed by superhuman beings or you can call it by angels not by normal people. Specially in modern times it's impossible. Also the Sharia that was given to Jews by Moses was taken over by Mohammed Sahab because Jews wouldn't care for it. Throughout none of them have said that this is a separate religion, Christianity is a separate religion, Jews another religion or Islam another religion. In the Koran Moses is described, Abraham is described, Christ is described, even the Mother of Christ is described. And the respect of Mother of Christ is shown so clearly in Koran. Not in the Bible, in the Bible she is called as a woman. No respect of the women is responsible for the decline of women in the West. So women had to all the time please men, they have to wear dresses like prostitutes to please men. Paul was a hater, he was a great hater of women. And he edited Bible, showing no respect for the Goddess that was the Mother of Christ. And she became of course Madonna by the public who were following actually the pagan religion. On the cross says, Behold the Mother. This is the fact we should know. But according to the Greek, we can say mythology as they call it, Athena was the primordial Mother. But all these ideas were cut out completely. Only in India they know she was the primordial Mother. In our Sanskrit books she is described very clearly. It is called that in the island of Manipur is this one, which is the Greece. Greece is this center, the navel as you have in Delphi. Still despite all effort to eradicate all your mythologies, still the truth remains. When I first came to Greece I was really shocked that the people have completely forgotten about their mythology. While we Indians know a lot about Greece, but when I told them they were surprised how could they forget? So I am talking about the primordial Mother. For example, there is the God Almighty, the Father, the Son and there is no Mother, the Holy Ghost. It doesn't make any sense, but people accept blindly. Now you have here in the triangular bone this power of Kundalini, which you can also see in the statues of Athena. This is the snake, which was the one which tried to tell Eve that you must find out the knowledge. Actually God Almighty wanted to create this universe and make human beings better animals, that's all. Perhaps He knew that how men would behave or women would behave if they have given freedom to know the knowledge. But the primordial Mother didn't want. She said, let My children know the knowledge. So She came and told, know the fruit of the knowledge, eat the fruit of the knowledge. When they got the idea about knowledge, they became conscious of themselves. If She had not come up to tell Adam and Eve, we all would have been ordinary animals, better than others. But then we got our freedom to choose whether you want to become a person with knowledge or not. Knowledge which is absolute. But we got lost in our freedom. Especially in the West people seek things which are destructive to them. Thus they lost their wisdom. And in this way we are now in a very problematic world. But there is a way to come out of it. A very simple way. Sahaja means with, ja means born. Born with you is the right to get your Self-Realization. In this country of yours which has such a heritage, the sensitivity to spirituality is not so great. Surprising in Russia, Leningrad which is so close, we get people who are very sensitive to truth. Whatever one may say about Russian government and politics, but the pressure of the people has thrown away all the false gurus, all the false masters. And I am the only one accepted by the government. It happens in a country which was communist. Because they are not so materialistic as people in the democratic country are. Whatever it is, I depend on your heritage in this country and I expect that gradually you people will realize that if the whole world is getting awakened Greeks are not going to be missed out. Why not sit

here madam? Hello? Please give her a seat. I mean you are younger people. Give her a seat. See the wisdom. Madam, you sit on this. Please be seated. Yes, I request you to sit down. Be comfortable. You have still people of this kind. This time actually the people here, Sahaja Yogis told Me, better not come Mother here. People have no sensitivity. Last time I had double number of people and only one person came to grow. Now of course America is also something like this. And your Mother, I have to tell you the truth. And the truth is that Americans are stupid people. They are not matured at all. They are like children. You are such an ancient country. They are only two hundred year old. I cannot compare you with them. So it's important to understand what is your background, how traditional you have been. And you have the right to get your Self-realization much more than anybody else. In short I'll tell you what happens once you get your Self-realization. Firstly when this Kundalini rises, She passes through six centers. That means the seventh center which is the first center otherwise you can call it, is not involved in the ascent of the Kundalini that way. So this center which is responsible for all our excretion, including sex, has nothing to do with your ascent. About twenty-five years back I had told Americans that Freud is a fraud. But they didn't like Me. And this now after so many years there are books coming out, Freudian Freud, Downfall of Freudian Empire. This Freud has made human beings so degraded that they are nothing but sex points. His idea about the Mother's love was so absurd. If he had come to India I tell you they would have all cut him into pieces. There's nothing holy in his mind, nothing auspicious in his mind. These six centers are our foundations and they look after our physical, mental, emotional and spiritual being. Now this Kundalini is the reflection of the Primordial Mother, of the Holy Ghost or of the Adi Shakti as they call it. Or Athena. And when She rises She enlightens those centers. As a result all our physical, mental and emotional problems are solved. It's a fact that many incurable diseases have been cured through Sahaja Yoga. As the Kundalini rises the diseases disappear. Mentally you become absolutely peaceful and you see the whole world as a witness. We are all the time jumping on the cusp of the thoughts which come from past and future. But when Kundalini rises it elongates these thoughts and we stand in the present. We have no thoughts at that time but we are fully aware. This is the first stage we call as thoughtless awareness. That's the time we become the witness of the drama. We stop worrying. I may be the oldest person here, I am seventy-two years of age and I am travelling every day. I don't have to go to beautician or anybody to take out my wrinkles or anything. So what happens really is this that this fontanel bone area opens out and the Kundalini pierces through and becomes one with this all-pervading power of Divine love. This is actualization of baptism. It's not some priest who puts some water here and says you are baptized. It's actualization. Your attention becomes extremely concentrated. Actually your innocence shines in your attention. As Christ has said, thou shalt not have adulterous eyes. That happens to you. Actually your eyes become like that and you get a glint of light in your eyes. You can see obviously. All this happens is nothing compared to what actually you gain. Because your attention itself becomes powerful and can act. You can give realizations to others. You can cure people. Because who is the other? You can feel your centers on your finger tips. You can feel the truth on your finger tips. Supposing there is somebody who is a cheat, how will you find out? Somebody who is a false person, how will you find out? After realization you just put your hand and ask the question, is this person real? If he is real then you start feeling a cool breeze in your hand. If he is not then you might start feeling the burning on your finger tips. You become your own master, your own guide because of the Spirit, it's light. It's not only that you can cure yourself but you can cure many others of every type of problems. With this thoughtless awareness you achieve your peace within yourself. You really become peaceful by forming great organizations of peace and peace awards and all that. Nothing is going to work out. I have met many people who are supposed to be great award winners on peace. But they are so hot tempered that if you have to go near them you have to use a barge pole. How can they create peace? Then another thing is no austerities are needed. According to Christ you have to take out your eyes, cut your hand. It is too much. There's no need to do anything like that. You don't have to go to Himalayas or stand on your heads. I just felt that impossible that people will get their realization with all these austerities. On the contrary they'll be finished. If they get their realization and if they become realized souls they don't have to do anything. They become righteous. They become people of great power which is divine. They become like saints. They have no temptations of bad things. They don't destroy themselves and they construct others. So the blindness has to go away. That's very important. So you get your peace. You get the truth. Above all you jump into the ocean of joy. The word is not singular like happiness and unhappiness. These are the two sides of one coin happiness or unhappiness. If your ego is pampered you feel happy. When it is punctured you feel unhappy. So this joy is a state in which we enjoy everything that is beautiful, that is good. I have never seen quarrels between Sahaja Yogis, never. Now Sahaja Yoga is working in sixty five nations in a very big way and we have at least twenty centers in every country and thousands of Sahaja Yogis. In one place called Taliyati in Russia we have twenty one practicing Sahaja Yogis. We are not fundamentalist. One side is fundamentalism and another side is absolute abandonment. Both are wrong. You have to be in the center. But it's not possible by giving a lecture. Only the way it happens when you become one with this all pervading power. So the truth is that you are not this body, this mind, these emotions, this intellect, ego or your

conditionings but you are the pure spirit. Second truth is that there is an all pervading power of divine love which is the power of the Holy Ghost. And this is the power which is subtle and does all the living work. You see these beautiful flowers? We take them for granted. Is it not a miracle? If you ask the doctors who runs your heart they will say it's an autonomous nervous system. Who is this auto? That they cannot answer. So the answer is the spirit which has to come into your attention and enlighten you. That is you have to feel the truth on your central nervous system. This is the knowledge. The Gnostics had it. Gna in Sanskrit means knowledge. But they were tortured and were finished completely. So Thomas somehow ran away hiding himself and in his treatise he has described this experience. Now you have to know all about it. Becoming is the point not just knowing mentally. But I would request you not to just finish off everything after you get Realization here. It's just the beginning. It's very sad. You have Nicholas here and he is a saint absolutely. And he has been to so many false gurus, he has seen everything and then he came to Sahaja Yoga. He is very learned. But he is young. At this young age if he is that good we should listen to him. Because somebody is young you can't discuss. So I hope next time all of you who are here will definitely come for the progress of your Realization to grow into it. I am surprised I am a foreigner, I am not Greek. But so many come to listen to me. But later on I don't know what happens to them. They trust Me a foreigner, why can't they trust the Greeks? Because you will be masters. You yourself can do so much for this country. In our Shastras, in our scriptures, Greece is described as Deblo, is the nation of gods. And Alexander also got transformed when he came to India. I was surprised how Indians were so different. So we have to revive ourselves and get back to our own old reputation that we were. Of course you don't have to pay for it. God doesn't understand money or banking. Really it is the human headache. So you don't have to pay for it at all. I hope after Realization tonight you people will be respected. Because it is not now an individual work, it is a collective work. We all have to become collective and understand that we are part and parcel of the whole. The macrocosm becomes the macrocosm. A drop becomes the ocean. And we become really universal, global personality. I know there are some people who have questions in their heads. I have been working for the last twenty five years and I can answer all the questions. Because now I have become very clever. But it is a mental acrobat. What is important is to get Realization, this experience of the Divine. I am sorry I had to tell these television people because they were going to go to the Greek Orthodox Church. Only the saints can judge Sahaja Yoga. I am surprised that the patriarch of Leningrad, of the white order invited Me to Russia and he believes that Sahaja Yoga is the only saving point. It can save the morality and also the nations after nations. But you have to understand first of all what is for your benevolence, for your good. I hope all of you who are here will get your Self Realization. But then you have to promise in your heart that you will grow in Sahaja Yoga. You will not just waste it. It is like the parable of Christ that many seeds got sprouted but got lost in the marsh. Thank you very much. You will hardly take more than ten minutes to get your Self Realization. But again I respect your freedom. If you don't want to have it you should leave the hall. It will not by any chance harm it. But it cannot be forced I am sorry to say. So all those who want to have Self Realization should stay back. I see in the name of Athena.

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You have been associated for a very long time with the United Nations as the wife of Sir Sipi Srivastava who has been the long-standing Secretary General of the International Maritime Organization in London. So from that side we know the United Nations. However, it is to the different angle that we have invited you here today and this is because you have devoted your entire life to sharing and providing access to seekers, providing access to experiences of the organization and this is what this program today is about is so that indeed the second birth becomes something else than an evangelical reference of the team of lecturers so that it becomes a happening. We felt that staff members of the UN have a right to be informed of this very great happening which is the actualization of our potential to enter into a new state of awareness, much announced, much lost about the consequences of the UN and not the consequently experience so far. I hasten to be making this from outside and I believe that we do not have a very long period of time. This is more or less a lunch pause here. I wouldn't like to talk any longer. If there are some people who came from the first call for the UN I would like them to, I would suggest that they sit in the first row because that would be a brief exchange. At the end of the program Shri Mataji does not have very much time. She flies off New York this afternoon. Thank you very much Shri Mataji for addressing this meeting. There are no press people out here? I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot change it. We cannot describe it. Also unfortunately at this human level we cannot feel it. So one has to be little humble about it that so far we have not known the truth, the absolute truth. In all religions it is described that you have to have your second birth. Means you have to have your

selfhood, that you have to have self-knowledge. Every religion has talked about it. Despite that the religions have not been Spirit oriented. They are either power oriented or money oriented. Any amount of science cannot give you your assent and any amount of reading cannot do that. You have to become. All kinds of things people have done in the search of truth. I mean there have been so many seekers in these modern times. William Blake has said it clearly that the men of God will be born and they will seek the truth and they will make others divine. That's the time today has come. But one must understand that it is our evolutionary process by which you actualize the experience of your Spirit. It's the actualization. It is not talking about it. The truth is that you are not this body, mind, these conditionings, egos and you enjoy but you are the pure Spirit. Unless and until you find the pure Spirit you can never be satisfied. You may be identified with any organization, with any kind of a cult or any kind of an idea. That is not going to give you satisfaction, it's just an ego satisfaction. What you have to get to know is yourself by which a real benevolence is achieved. And for that a mechanism is placed within us already. For living process we don't pay anything, we see here flowers. How much did we pay to Mother Earth or to this bush of flowers? Nothing. So you can't pay for it. That's one thing we should understand. You can't pay for your evolution. Secondly we have become human beings and that we have achieved this without doing much effort about it. So it is effortless to stand on your head or to read books or to think that we are all going to achieve it after our death is not true. So many things have come, like yarn from the heads of some people and people just follow as if they have no personality, they have no understanding. Have we found the solution? Even is there I know, my husband has been working for United Nations for sixteen years, then he resigned ultimately. But despite all that one has to know has you even achieved its goal? No. What is the reason for all these problems from where does this basis of problems come in? Human beings are responsible for most of the human problems, not the Divine. And these problems come to us from our own being, our own centers which are subtle centers within us. When these center go into jeopardy, we get into troubles, physical, mental, emotional. But when these centers are put right, you are all right. I am very happy to tell you that we have three doctors in India who have got their MD in curing some very incurable diseases. And there are seven doctors in England who are now recording how many people have been cured through Sahaja Yoga. Without it you cannot get rid of your physical, mental and emotional problems because your centers are out of gear, they are undernourished, dislocated and have no connection with the whole. These centers are to be enlightened. But we are so much used to bombastic advertisement and all kinds of marketing that we take to such things much more. I mean somebody comes up dressed up in say orange dress, we very much impressed. Some of them might be coming directly from jails. Superficially if you start looking at it, there's a market even for seekers and so many are lost. I'm sorry to say so many are lost because they do not seek their benevolence. They should find out, what did we find out? You should find out from the disciples what did they find out. It is a inner built-in system already there existing within you which gives you this experience of the Spirit. Because you are the pure Spirit. You are not this body, this mind, these conditionings, ego as I told you, but you are the pure Spirit. And there is an all-pervading power which is named by different names like Islam calls it Ru. In India they call it Param Chaitanya. In the Bible it is called as all-pervading power of God's love or you can say is the cool breeze of the Holy Ghost. You have never felt it before that it existed. It does exist. Who does all these living works? Who did our evolution? Who gave us this brain? We take it for granted. And this kind of attitude towards ourselves is very detrimental to our spiritual growth. The most important thing is to understand that all these problems come to us from within. Genetic problems, they also are there. Of course genetically we are different, maybe we can say we have races, all right, agreed. But who is the superior race? Who belongs to the superior race? Those who are aggressive, those who kill people, those who indulge into all kinds of nonsensical things, stupid idiotic people, are they of a superior level or those who keep themselves pure, who keep themselves simple, who are full of compassion, the saints? But I have to tell you one thing, that whatever you might have done, whatever wrongs you might have done so-called, but divinity within you is absolutely intact. You might have followed any false guru, you might have followed any false things, you might have done something which is not righteous, but divinity cannot be touched because it is eternal. It's like some clouds have covered the sun, it is there. Only it has to manifest. And to manifest it there is an instrument within you. This knowledge is not modern, it's very ancient knowledge. And if it comes say from an India, especially from a lady, one should not doubt it. We have had lots of knowledge from the West about science and much more from men, so it doesn't matter if a lady can tell you something. But one has to understand that we have overgrown outside, we are ex-toughts. There must be some development within, so this is the knowledge of our roots. I don't say you should accept Me blindfolded at all, because you are free to ascend or go to hell. Nobody can stop. This freedom has been given to you, so nobody can stop it. You can ruin yourself, you can destroy yourself, do what you like with yourself. But there is a path by which you can absolutely enter into the kingdom of God. Now see the problems that we have. The first thing that happens to you when Self-realization takes place. It happens because there is a power within us in the triangular bone called sacrum kundalini. It's called kundal. Kundal means coils, because it is coiled up in three and a half coils. This power is there. You can see in some

people pulsating when it rises. And when it pierces through your fontanel bone area, then it gets connected to this all-pervading power. It's not just putting hand on your fontanel, I should say, now you are baptized. No. It's an actualization. If you say you are a Self-realized person, you are a twice born, it's not just a certificate, I am twice born. Supposing tomorrow I put a level on Me that I am a member of you and I am not, because I have no powers. If you are a twice born person, you have to have some powers. If you are a spiritual person, you have to have some spiritual powers, otherwise you are not. So, as a result of this happening, first of all, as I told you, when this kundalini passes through your different centers, it nourishes it. These are actually seven centers, but the kundalini passes through six centers. These centers are made of left and right side, sympathetic nervous system, the parasympathetic in the center, and this is the center about which I am talking. This is the central path which Buddha has described. So this power, this is the residual power which rises, passes through these centers. Last time I did tell you about what are the problems of bureaucrats, and if you want I can repeat them again a little bit. My husband has been a bureaucrat all his life, and I have been always in contact with so many bureaucrats all my life, I mean that's my another life. Their main problem is they think too much. And thinking too much causes a very big problem. For one center you don't have that thing. Here, if you see the second center, the yellow one, which looks after our liver, our pancreas, spleen, kidneys and the lower part of intestines. So it has a very important function to convert the fat cells for the use of the brain. This is much more important. So when you think too much, all the time this conversion goes on, and the other subsidiary jobs, you can call them, like looking after your liver and all these things, is neglected. So physically first thing that happens is your liver goes out. With the liver it has a job of converting all poison into heat and emitting it out, but it cannot, it doesn't function. So the heat is accumulated, with this heat you get hot-tempered, nervous. Then heat rises upward. When it rises upward there's another center, we call it right heart. This, if it is caught up into that heat, gives you asthma. Supposing that heat doesn't rise higher and move sideways, then it attacks your pancreas, you get diabetes. Only, mostly the bureaucrats get diabetes, surprisingly. Supposing in a village you go in India, they take at least three to four spoons of sugar every day, the villagers. They never get diabetes, they don't know what that disease is. The reason is they don't know. They lead a very simple life, sleep well, enjoy themselves. Then after that is even more dangerous thing, is the spleen. The spleen becomes extremely hectic with people who are doing such important works. You have to be in time, you have to be slave of your watch all the time. Then the bosses are there, the newspaper, everything, quite shocking. I mean you have to have sensationalization. Newspaper is not here today, I'm not surprised, because there's no sensation in getting self-realization. So that sensationalization acts on our mind and as a result we become hectic. And when we become hectic, this poor spleen doesn't know how to carry on producing red blood corpuscles for the use of emergencies. So the attack comes and what you get is blood cancer. You'll be happy to know that blood cancer has been completely cured by Sahaja Yoga, completely, without changing any blood or anything, of many people. Three of them were architects, one of them was a bureaucrat. After that this heat can reach your kidneys and that's how you stop your kidney functioning. You have to take dialysis as a certificate for you to spend money and die. Doctors will never tell you that dialysis doesn't help, it doesn't cure. They want to give you hope. And then lastly what you get is the constriction of your intestine and you get constipated and all the problems of the constipation. All these things happen to you because of one center. So imagine there are all these seven centers which are to be put right and unless and until we do something about it we are in for trouble, not only physically, also mentally, also spiritually, because there are many gurus and many things in the market. Just, I don't know, they mesmerize and do what they like. They achieve nothing. They talk of something that the world is going to collapse or something we must do for peace. What can they do for peace? So many people have got peace awards but if you meet them privately you'll have to use a barge pool. So hot tempered I tell you. Impossible if there's no peace within. How can you give peace to anybody? Now where is this peace? It's not outside, it's within yourself. With realization you are on the periphery, outside of a wheel. You jump onto your axis. Axis is silent and you start watching all your activity like a witness, become absolutely peaceful and you watch it and you witness it. This witnessing state has been described in so many scriptures but nobody thinks that if we have to be spiritual we have to develop that witnessing state. Firstly when Sahaja Yoga arises above this center which is on the optic chiasma you become thoughtlessly aware. In Sanskrit called Nirvichar Samadhi. Thoughtlessly but aware. You are absolutely aware. We are all the time jumping on the cusp of the future or the past thoughts. But by this you establish yourself in the present and in the present there is no thought. There where you go, grow spiritually. All religions have told about this in this way or that way but if the whole direction of this religion is towards power and towards money, how can you reach that state? It's not talking big or describing something great or sermonizing but it is something that has to happen within ourselves. You have to become something. Even in Koran Mohammed Sahib has said at the time of kiyama your hands will speak and this is exactly what happens in Sahaja Yoga that you can feel your centers on your fingertips. Everyone has talked about it but we are not looking at it. I was surprised I was in Russia and thousands, thousands came to Sahaja Yoga and got it and so deeply. Communism has done some good to them I

must say. Definitely this kind of freedom to choose to abandon all value system has been of no help to us. I don't know what to say about their government but the people are so beautiful and they shun all other nonsense. They are so sensitive to spirituality. I mean this hall would not even fit in for a small village there, you will be surprised. I had to always arrange big, big stadiums. Thank God they have lots of stadium in every place. But if you come to so-called democratic countries, I don't know what has happened to them. Maybe I don't know, maybe the media, maybe the so-called freedom that we have, we have misused, maybe our attention has lost that capacity to feel the divinity. It shifts so fast, people are so shifty. One has to respect oneself as a human being because there is divinity within you. Animals don't have that. There is divinity within you and unless and until you get your Divine manifesting, how are you going to know what you are? You are fantastic, I tell you, you are fantastic. But first you are to be connected to that All Pervading Power. Without connection this has no meaning. In the same way you have no meaning till you are connected. I read one book recently, *The Limits of Science*, and there he asked three questions which science cannot answer. How are we here? What are we going to do? Here for, what are we going to do? All these three questions can be answered in Sahaja Yoga after Self Realization. It is surprising that in the West there are so many seekers but they don't understand what they are seeking just by proclaiming something like, we are this and we are that. They have achieved nothing. You cannot achieve anything just by saying we are this and we are that. So something has to happen. Now this transformation takes place in no time. It's that key and everybody can get this transformation that you have to get yourself. In short I'll try now to describe you the nature of science and the nature of the Spirit. Science is not conclusive. It doesn't give you absolute truth. It goes on changing from this to that. If we had known absolute truth there would have been no quarrel, no fight. Everybody says the same thing. But we don't know the absolute truth. That's why we have theories, we have so many cults, so many ideas, so many I can say dogmas, all kinds of things. But if we know the absolute truth how can we quarrel then we know the absolute. We know that. All of us will know the same because Spirit is a universal being. United Nations is established to create universality in human being. But unless and until they get Self-realization they cannot. After getting Self-realization only they will realize that you are a universal being. These races, these countries and these various things which separate man from man are artificial, are mythical. Basically you are a universal being. So the first thing you realize you are a universal being so that you can of course feel your own centers on your fingertips and also you can feel the centers of others on your fingertips. It actually happens to you. And when you feel these centers if you know how to correct yours and the correct of others, problem is solved. Then you don't have to worry about illness. This is a mother's style of putting some chocolate on top. Somehow it should go into your sharp intelligence that we have to still achieve the for which we are born. But we have to respect ourselves. That's the main point I think is missing, that we don't respect ourselves as human beings, that there's a little breakthrough now more left to us. Then the second very important thing about the nature of Spirit is that you become absolutely peaceful, absolutely dynamic in the, at the same time you are extremely compassionate, extremely compassionate. And just your concern is not only for yourself, for your own problems, but for the whole world. I'll give you a very simple example. I went to Russia and the people who arrived by the first flight were twenty-five Germans, young German surgeons. And I asked them, I said, how are you here, here? So they said, Mother, is it not our responsibility to be here? I said, no, not yours, your forefathers. They said, but we are responsible also for our forefathers, that's why we are here. And there are tears in their eyes. And the way they helped these Russians, I tell you, day and night the way they worked on them, it was really remarkable. So the compassion becomes so pure that you don't expect anything, you just want to really give love, a pure love to everyone. And then you establish yourself into universal religion. That means you respect all the religions, all the essences of religions, and you see the relationship that exists between them, which is very strong. And you find that all these religions were born on the same tree of spirituality, only we have plucked them, we are fighting with these dead flowers. These dead flowers, this is My religion, this is My religion, this is My religion. So you have fundamentalism. When you become a universal personality, your religion is universal, which encompasses all the religions, which many people don't like. I was surprised that Dalai Lama said, we don't want to have a universal religion because we are different people. How are we different? I would like to know. We smile the same way, laugh the same way, cry the same way. We have the same feelings. How are we different? Because we have different hair or different skin. After we, we should not be like robots or regimented. We have to be different. That's the variety which makes life so interesting and beautiful. Because we are different to look at, you just open your skin and find everybody has the same nerve, the same muscle, everything there intact, just the same. It's such a skin-deep difference. We just vanish it into thin air. We have very good seminars in India sometimes, we get three thousand people from fifty-five countries. I have never seen them quarrelling with each other, never, never fighting, such love. Of course they pull each other's legs all right, just lot of humour, that's all. But such fun, such enjoyment, we are missing it all. Why? Without Self-realization you cannot work out United Nations, I can tell you that. Because the attention is more on other things than your spirit which has promoted this idea of United Nations. We have to be at the level of our spirit to understand the

essence of United Nations. It's not bureaucracy, it's not any nation, it's not any race, but it's ourselves who has to achieve it. It's for our benevolence we have to achieve it. It is My privilege to come and talk to you because I feel sometimes very close. I have been here many a times before also and to celebrate so many of your functions I have been with My husband here. But that's a different line. This is a much more important subject which has substance in it. By the time you leave United Nations you shouldn't feel, what did we get? What you have to get is this universal nature of your spirit. That has to be achieved through Self-realization. I think the employees of UN have to take to it. But I was surprised that they are more attached to things which are more showmanships and people are doing all kinds of marketing. It cannot be marketing, one thing one should understand. It cannot be some showmanship. It's something genuine. How can you live with something which is not genuine? Moreover it is so relaxing because everything now is worked out through the Divine power which looks after you, which manages everything. All your problems are solved, even material problems are solved. That's why they say the blessings. Now in England you must be knowing that the unemployment is the highest. But not a single Sahaja Yogi is there who has not got employment. Everyone who has come to Sahaja Yoga has prospered. Because your attention becomes so alert, because you become so wise, you become brilliant. Of course, my husband was a very, very brilliant man, no doubt. He got this job because of brilliance, very capable, everything. But he says, now I have the peace of mind. Now he is a Sahaja Yogi. If you have this at the time when you are working, you'll be surprised you'll become really dynamic. And the amount of blessings you'll have every moment, you will feel the blessings coming round. Of course every evening you have to just meditate for ten minutes, that's all. Just ten minutes you have to give to yourself, just to see that this connection is all right. Because in the beginning it dwindles a little bit, it comes up, goes down, you have to fix it. And just to check if this connection is all right or not, ten minutes you have to meditate. Moreover, it is a collective happening that a microcosm has become the macrocosm, that you have become part and parcel of the whole. As it said, kakbar, is the great body of the Divine, you have become part and parcel of that. And supposing a nail is cut out, it will not grow. So you have to belong to that body. Of course you don't have to pay for it, again I must tell you. There are some organization who will just have introductory lecture and then will be money making lectures. It's not like that in such a way. Of course, I mean supposing you have to arrange some hall or something, you have to pay for that, that's all right. But not for your evolution, not for your self-knowledge and for all the subtle knowledge of this subtle instrument within you. And this instrument is meticulous. It is not like one theory of avagado challenged by another and then Einstein's theory challenged. No, you cannot challenge it, it's absolute. It's so efficient, it's absolute. It doesn't fail. It is metascience, you can call it, it is metamodern. It is so fantastic but we can't believe that we are fantastic. We have no faith in ourselves. This is our biggest problem. What I have to tell you that this world is not going to be ruined. There are many organizations these days afloat saying that you better release some money from your purse, otherwise this world will be really destroyed. Such absurd things I don't know how we accept. How can money save this world? God doesn't understand money, He doesn't understand banking, does He? So for intelligent people it is very easy to understand that a time has come for us to achieve that selfhood. Luckily you have a very good center here also, though those who are running it are very disappointed because they say people are not responsible. I'm surprised. I can't believe that in United Nations we don't have seekers of truth. I can't believe that. So many things you achieve which I cannot describe in this short lecture. But one thing I can tell you that you just jump in the ocean of joy. This joy cannot be described because it is so singular, absolute. It's to be experienced. Whatever may be your age, whatever may be your race, whatever you may be, you just enjoy human beings. You don't have to leave your society, you don't have to divorce, you don't have to give up your families, you don't have to go to Himalayas and stand on your head, nothing of the kind. It's already there, you have done all this in your last lives. This life you just get the reward of what you have done. It's very simple, all of you can get it. After all you are serving your nations and serving United Nations and it's a very blissful thing you are doing and why not you get it? I know these days there are some other problems which you are facing. But if you build up your spiritual forces, all these problems can be solved very easily. Because above all is the power of Divine love which we have never used. We have only used the power of hatred and you just try to use that power, you'll be amazed how powerful you are. You can give realization to others, you can cure people, you can cure yourself, you can know about everything about this subtle Divine knowledge. Now then you read Bible, then you read Koran, then you read Gita, you will know between the lines what is written. I've been so much associated with United Nations and always I felt tremendous love for all the people who are working with it. But it sometimes is difficult to convey. Christ has said, meek in the heart will inherit the earth. That meekness should be there, that's all, that we have to have it. May God bless you all. I'm sorry I have to go to some other place and if somebody has some questions I would like to answer because there's little time I could devote to that. I think that India has been cured and the Keshe which I heard where AIDS has been cured. Now if that is true then I think our willingness is letting the world down by not preventing millions of people dying from AIDS from the world. Sir, I would like to tell you in this America if we try curing people we'll all end up in jail. That's the law, you don't know. They come to India to

get you. You cannot do it. Law is in favor of doctors and if I try anything here I assure you we'll end up in jail even if you are from the UN. It's a very funny law, I know that but it is. These diseases are all over the world. Yes, then it's all right. Then we have places where you can come and you can live. But there's one thing I would tell you. We are not here for curing people only. Otherwise thousands will be coming on our end. We are here to make you doctors. So you become the doctor and if you're you can try, you can. It's a fact. Why should I tell you this? Most of you it's a fact. You can live alone anyway. You need not be a doctor. They are very simple people. I'll tell you the reason because we are dealing with the fundamentals of which we are dealing. Suppose you have to treat a thing. You start looking after the leaves or the branches or the bark. You can't. You have to go to the roots. If you know how to reach the roots you can go. You do. Also parades I must say. I'm not afraid to say that. We have. We are very funny people you know. They don't want to live first of all and they don't give up their bad habits. Such a state we are in that you cannot tell them that homosexuality has brought us probability. You cannot. You understand that? So now if you want you try it. You can prove it if I have said something wrong. It's not a challenge but it's an offer. A very humble offer. So many are dying but they will not come to search. Why don't you all become doctors yourself and do it? You can. Who want to do that? Let's see. Put up your hands. What about you sir who asked the question? You should do it. I am very sorry. I'm still unconvinced. I'm only suggesting that you will be doing the greatest. I am. Not named. I mean. I have millions of people who are dying of these diseases all over the world. But I tell you. Don't blame America. I don't know. I'm not blaming America. I'm just saying the law is bad here. That's all. I'm not blaming America for that. I'm not blaming anywhere. I'm not blaming it. But what I'm trying to say that it can be done when people. Now as you said there are thousands. So you need at least one thousand to do it. How can they all approach Me? So I want you to get this power. It's in you. To get this knowledge within one month's time you can do it. It's a fact. It is fantastic. Now as you know My name. At least you can trust My husband. You can ask him. I have cured. That will be clear. But I'm alone. I'm travelling every day going from places to places greeting doctors. You don't have to go to any medical college. The question was from a medical doctor Shri Mataji. Can we. I'm very distinguished one. You should meet and we have a doctor here. Who has done a research? On Dr. Chank or Pyeong? He's done a research on asthma. Please. If you doctors open your mind a little bit you can help thousands. I'm so happy to know because I myself have done medicine. But I found that medicine also is very sometimes conditions us. There's something beyond. There's somebody asking a question. I have a question about person that is experiencing a bulging disc and spondylitis. Is that going to be a problem to do medication and basically I could get it. Spondylitis. Spondylitis and bulging disc. When a person starts to make play. Is absolutely curable spondylitis. When you feel guilty you get it. Alright. Are you a Catholic? Then you will get it. I am Sahaja. Now you are Sahaja. So you get rid of it. I'm sorry perhaps you can just take one or two more questions and then if Shri Mataji, I don't know Shri Mataji, would you like to end with a meditation or then you have time? May not because I have to go now. But what I'm saying it is should be left open with that. Yes. You should please take it seriously. And you should join, meet these people and learn it. And if you can prove I'm wrong I will be very likely to accept that. But it's not so because I know what you are. I can see much more than you can see yourself in the mirror. And that's why I'm saying the divinity is there. I'm very happy. But do you think WHO will ever listen to Me? Doctor? Straight forward question. Though I knew the, you Secretary General, I have met him, I know him very well. But never opened My mouth to him. So conditioning. They can't see beyond medicine anything. I'm very happy you have such a compassionate view of the whole thing. If you have I'm sure you can work it out. Who else? In Somalia people are telling me that these people are starving and paying for their past lives. And then in scriptures it says the last shall be first. You see these children dropping like flies. What's to be done about these people? You don't give them food, you give them nutrition. So much hypocrisy. Especially the medical profession. Shri Mataji, I'll just try to summarize. This is in Somalia just now. There are millions of people starving and children dying and so on. And just to give them something to eat is hypocrisy. What can we do about it? That's the question. I agree with you. It is not hypocrisy I would say to that extent but that doesn't solve the problem. The question is are such people born in those places paying their past karmas? Why do they go to that? Now we shouldn't say like that. It's being very harsh to say they are paying for the karmas of all of us I should say. Because you have such disparities, you have such wrong ideas. It's a collective. But whatever it is. How do you solve your food problem? Now if I tell you you won't believe? If you have vibrated water you can grow ten times more what you are growing today. Ecological problems can be solved also. We have experimented. But who listens to us? It's a thing little beyond our mind. If you can just jump into that state you can see it very clearly. Ecological problem we have tried. Some very simple method by which we have solved a problem. But for that you have to really feel the way doctor is feeling for everyone that we have to do something about it. If I say we have something within us which can work it out, why not get to it? So precious. Yes, Mother. Yes. This lady is asking. We are from Bridgeport Physical College and I am writing for the paper. And I would like to see if we have something to say for the students. Only some people who are there for group learning and scientific learning. What about the people who are learning? Should that be added

together? This lady is coming from Bridgeport. From what? From Bridgeport, it's a city in Connecticut. She is coming from there. She is writing for a newspaper there. And she would like to know if you have a message for students who are learning various disciplines. Should there not also be some process of spiritual learning? Of course. It's not learning. Madam, it's not learning. It's something happening within you. Yes, yes. We can ask some people and you can interview them and they'll tell you. It has changed the attitude of children so much you won't believe. Absolutely. I mean children become so beautiful after coming to such a... and very intelligent, very dynamic, very wise. You see, they talk like grandparents to us. Very sweet. So something that is in them also, it has to manifest. But you know, what is the situation now? I was so shocked to hear that the police has abused two hundred children. How can you do that? But they do it. Again no respect for your own children. I'm happy you are concerned. Such a lot can be done for them. Absolutely. No doubt. We have some schools and we are working it out. Those children you must meet, you'll be amazed to see them. We have to save our children at least from this madness that's going on. In South England, I would say London, there are two thousand children who are twelve years old, less than twelve years old, are taking drugs. Shocking, isn't it? After getting this joyous amnesia within yourself, you just don't do all these things, just you give up. I don't say don't do anything, I never said. But you'll just not do it. You'll not do it. We could be, if we could be of any help, it would be really great. And these people are here, they'll tell you how you can do it. It's very simple. And children are so sweet, I tell you. So innocent, it works so fast, isn't it? They are the quickest to get Self-realization. We have to save them. Not by having organizations to save the child, save the child, but actually giving them their divinity, that's all. Yes? Shri Mataji, last night I asked you two questions. I asked you if the process of Self-realization was only, how could I know that it was a spiritual experience and not just a physical experience? And you said to study it, to learn more about it. And I plan on doing that, and already I believe that it was a spiritual experience. And I've experienced it before. I've been practicing Sahaja Yoga in Paris, New Jersey for two months. The other question I asked you was, is your way the only way? And it's a little hard to understand you, but what I believe you were saying to Me was that Self-realization is the only way, which I also believe. Well, the first question that you asked Me, I think I answered it, didn't I? That, now I say, that you have to know what are these centers. You have to master it. That's the answer of the first. All right. Now the second one you asked Me, is this the only way? Now, in a seed, if you know there's a primule. That primule is the one which shoots off and becomes a shoot. That's the only way. In the same within you, in this triangular bone, which we call as sacrum, perhaps the Greeks knew, because they call it sacred bone, is this residual energy which is your primule, which sprouts. But to become the tree, you have to know all about it. All right, I've answered you. May God bless you. If there are other questions related to, you know, how to learn more about it, we'll ask you to feel a form so that if there are classes in the UN or outside of the UN, which are free classes, you will be informed. If you're interested to know more about how to actualize this experience of Self-realization, just leave your name by the table at the end. Is there any other question? This lady asked you something, Gregor? She asked Me whether she could meet you after this program, Shri Mataji. I said it's going to be easy for you today. All right. What is your proposal? I'm not sure what is this continuing weekly program here in Manhattan. Is it an extension of what you're considering today? Yes, it's a class which takes, I mean, we have to distinguish, okay, this is a class which will take place at the East Side Community Center and that will present what has been just hinted at in a nutshell in the very short time we have available. This will be outside of the framework of this society here. Shri Mataji, it's always bothered me a little bit since your husband was such a high dignitary in the United Nations and has so much visibility and power. Why did you use that more to spread Sahaja Yoga? Well, it's done. Last question? The question is, your husband was a very senior civil servant with the UN and at that time you didn't bring Sahaja Yoga to the UN, you didn't make, why is it so? Ah, no, no, I didn't think that UN was hopeless, no, I didn't want that was. What I felt was my husband is sort of a big boss there and I should not try to use his position. It would not be good, anytime I can get them, I know that. So it is better to be without that feeling that people get, now look at her, this lady is and most of them, Mrs. Chiang Kai Shek, then we have this lady, that lady, all of them doing lots of things like that with their position of their husbands. I didn't want to bask in his glory. Moreover, it's not proper. Leave them, let them have their freedom to decide and after all I am going to live so I can manage them later on. That is one of the things I thought of that I should not, ah, I should not sort of, because it will be difficult for people to say no to Me. I didn't want to take their freedom. Ah, of course I know UN people will come to Sahaja Yoga, I am sure of it because whatever I know about them they are very intelligent, sooner or later. And they are concerned, they are concerned. Main thing is they are concerned. I just had a comment for Dr. Shri Mataji, we just, Dr. Nutharik who has joined us a few minutes ago Kaskar? I must tell you about Dr. Mutale. Also a very interesting thing happened with him that I was travelling by, I think from Vienna and he got into the plane and sat next to Me and suddenly he started asking Me about yoga and things like that and he came to know who I was. So he said, are you then Mataji Nirjala Devi? I said, yes I am supposed to be. So he said, all right, why not give me realization? I said, all right, have it. And he had it, had it in the aeroplane. He got his realization in the aeroplane. And he said, I was going by another

flight but today I suddenly decided to come by this and he got it. While this time I was coming, I think in the plane I gave realization to at least twenty-five people. Really, remarkable! We never even felt the journey. Yes, madam? Would You consider doing it for us, the question? For what? Would You consider doing it for us, is the question? Realization? Regarding your time business, I have to catch a plane. But you are quite capable of getting it. In no time, just now you got it already, you put your hands towards Me, see, most of you must have felt it. Just put your hands. You'll feel a kind of a cool breeze in your hand, or maybe hot sometimes. If it is hot, just forgive everyone, that's all. Are you feeling, madam? So you have got it. Let's see, how many are feeling? Put both your hands up. That's it. May God bless you! Now you have to just see how you grow into it. That's all. I told you that I knew that I'll get you and people in no time like this. Imagine! I didn't do anything, just worked out. You are just proving My faith in you. I think I should take your leave because I have to catch a plane. I'm sorry you see this. Plane business is terrible sometimes. May God bless you! Yeah! Still time, about ten, fifteen, may I? I'll give you a little time. I'll give you a little time. What's your name? Boston. Boston? I'll give you a little time. May God bless you! Let's go to the hospital. He's taking pictures with you, where? Leave me alone. Leave me alone and I'll tell my mother. Hey, give us your name. She said she was someplace else. We're all going to a car spa. Yeah, they were all just in the hospital. I think I'm at your place. So where are you going, big pill? I'm going to the hospital.

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This is a recording of the speech given by our Holiness Mataji Nirmala Devi on the third day of the three-day seminar held at CJ Hall from 19 March to 21 March 1976. I thank you very much, all of you, My children, for celebrating My birthday. It is such a rare occasion to see the children treating the Mother so kindly in this Kali Yuga. This is the sign of the advent of Satya Yuga. This is the sign that people are definitely understanding the value of something that is abstract, noble and supreme. Otherwise Mother is always taken for granted. She doesn't ask anything from Her children. She just loves them and looks after their well-being and all the time what She asks is their kalyana, is their salvation. I was very happy to see in those three days we had our seminar in this hall that so many new people have now got realization. The vibrations have started flowing from their finger-tips. For the first time they have felt that there is something beyond them, that there is something that is flowing through them, that they are much more than what they have been before. Now we have to know that these vibrations are nothing else but is a rapport, is a communication with the God Almighty. He has no words for human beings have created this language. These vibrations are telling you something by which you will know what He wants you to do. For example, when I am speaking on this mic, if there is a sound coming then the technician knows that this is what is wrong with this mic and he corrects it. In the same way when the vibrations are flowing from your finger-tips, when you look around, when there is a thought coming in you, when you come in contact with other people and when you are not being able to decide which is right, which is wrong, the vibrations tell you whether it is right or wrong. You know it very well that in this world of today there are many rakshasas who have come in the garb of godly people, but they are not. And ultimately the court of law finds them out. But with vibrations you can find them out in no time. Immediately you can find out which man is real and which is not. Not only that but you can find out the physical problems of the other person. You can find out the mental problems of the other person and also the spiritual problem of the other person. Because now you have become a member of that universal being, that Virataswarupa, who is the macrocosm and you are the macrocosm, means you are the part of that body, you are the cell of that great cell which we call as Virat. Now how are you to communicate? It is through these Chaitanya vibrations. These tell you what God wants you to do. It is very difficult to remember that whenever you want to do something, whenever you want to judge someone, whenever you want to know what is the will of God, so many Sahaja Yogis also forget that they must see the vibrations first. If I am telling you any lies or if anybody is telling you any lies, immediately you can make it out on your vibrations. They are so sensitive and all the time so very alert, it's surprising how they act. It is for the first time such a large number of people have felt them because as I told you before it is the blossom time. But it is the first time that a human being can give something to nature. So far the nature has been providing the human beings with its bounties. But now it is the human beings who can give something to nature. I went to Lahiri where there is a university where they are using these vibrations for developing some crops and they found out with the vibrated water they got ten times more the crop. They got beautiful fruits. The fruits have got such shining luster on their face that you can say that, Ya Devi Sarva Bhuteshu Kanti Rupe Nisasita. You can see the kanti, the luster on these fruits and they are so beautifully tasty. One papaya was given to Me and when I brought it here, after three days also it had not lost its taste nor its luster. It's such a

fantastic thing that has happened that you can with your vibrations can give it to nature and make the nature feel the divine within itself. Now what is the scientific thing behind it? Let us see that. The scientific behind all this is that we are not only electromagnetic vibrations. We are not only dead things. We are living beings who think, who understand, who plan. But we are not integrated. In a dead thing like this there is only electromagnetic vibrations in the molecules. Then when it becomes living there is prana. Beyond the prana is the pranava where there are seven powers all together in them. And these seven, basic seven powers I should say because they are actually twenty-one raised to power one thousand powers in prana. But I would say basically seven which can be subdivided later. Basically seven powers in the pranava flow and they enrich the electromagnetic vibrations by synthesis. The analysis has brought about the electromagnetic vibrations one of the many powers of the pranava. And when some of you who are realized put your hands towards anything that is growing, the synthesis takes place and the pranava is increased and that's how you get these beautiful things created out of living things. Even the dead things which we call as dead can be full of prana. For example all our Ganesha's that we have got, Ashtabhini Aikas, they are all not symbols only but they are living Gods because though they look like stones through them these vibrations are coming. Now when I say this it is better that you go and find out for yourself those who are getting vibrations. I had a problem once when I was talking about Mary that she was the Adi Shakti herself. An Indian lady got very angry with me and she said, what did she do except for crying? And I said, what did Sita do except for crying? And what did Radha do except for crying? But they are the embodiment of Shakti and you can see that. So she said, how am I to believe it? I said, you just put your hands and say, is Mary divine power, is she the divine Mother? And immediately she started getting the vibrations. The other person who was doubting it told me that he went to this Matamali temple and he got such a tremendous force of vibrations pouring on to him even when he had not even climbed one step. Our Mahalakshmi temple also is the gift of the nature to you which is a vibrated stone is a fact which you can go and see for yourself. But the people who have used it, the people who are using its powers are making money, are doing all kinds of bad things, they have no right to be there. When such people are there at that spot where the vibrations are coming there is a cloud of darkness over these big great things that nature has given us, the Mother Nature has provided us with and then we start doubting God. But the realized soul in a way is better than those because he understands, he plans, he can clear his vibrations if there is any cloud covers him. Yesterday I gave you the names of all the chakras that are within our being and the centers that they are controlling. Today I would like to tell you what are the things necessary for a person to keep these chakras all right. The first chakra is that of Muladhara chakra. Now Muladhara chakra is a chakra as I told you yesterday that of innocence, innocence of Shri Ganesh. He sits there and emits innocence. Now whether there is Ganesh or not he is there. Whether you see him or not I see him there. He is there, he sits there and he emits. He is vibrations into every human being but he is not awakened in every human being. When you disrespect him by your wrong behavior towards sex he sleeps off. Or sometimes he gets so annoyed with you that you get tremendous heat in your body. I have told you how yesterday the tantricas are trying to displease Shri Ganesha to see that a person gets rid of Shri Ganesh and they use him for his purpose. So you have to be an innocent person. A cunning person is the greatest foolish man ever going round. If he thinks by becoming cunning he has earned anything he has earned nothing but a real passport to hell. There is no need for human beings to be cunning and this worldly wisdom so called has led human beings nowhere in the world. Let God look after you. It is he who does everything for you and once you know this fact you become innocent, absolutely innocent. You are most unprotected to look at but you are the most protected person because Shri Ganesha himself is looking after you. Innocence is the substratum of your religion. It is the substratum of every personality. The person who doesn't know what is innocence is a useless fellow, absolutely useless. He treats this man, he treats that man, he thinks he has earned a lot of money, he has got a big name in the public. People think no innocence. Even in the practical sense you just think of it that no such man is hidden from the public eye. People know that he is a cheat. They know that he is a dishonest man. They know that he has been cheating each and every person. He may cheat for a while here, he may cheat for a while there. But I have not met one man so far who has been a cheat and who has carried away with it even in one lifetime. The cheating, I'm not saying anything that is political, but cheating within yourself. You are all the time cheating yourself. If you are cheating others nothing is gained but actually you are cheating yourself. You are losing all the chances of your ascendance to the Divine, to the blissful life of a saintly personality. If you have made laws, actually it is the idea of keeping human beings away from that kind of a behaviour by which they not only have a very bad time on this earth but also in the later life when they go to hell. An innocent person may be troubled by others. People think an innocent person is always troubled by others. It is a wrong idea. You do not know how God helps us. You just watch and see after your realization that at every step you'll find there's a help coming from somewhere and how you are helped. Of course my life is full of such experiences but even so many of those who are realized can tell you how God has been helpful to them and how he has guided their path with his intelligence. His intelligence is the source of all the intelligence of the world and when you depend on his intelligence he guides

you, he looks after you, every need that you have. So the people who say it's no use being innocent I have to tell them one thing that you do not understand. You are still blind, you have not yet felt that your father is such a kind father. He is looking after you and I thus say there are two types of sins we are committing all the time. One is the sin against the father when we feel so insecure in life. Whatever you may have you feel insecure when God has given us such bounties. Just think of what things he has given us, how he has made this beautiful earth for you, how he has adjusted this earth, the way it is going, the way it is moving, the way it is flowering, the way it is giving you all that you need. It is you, the human beings have made the misery here and such a God is going to look after you as long as you depend on him entirely and believe in him that, O Lord, you are our father, look after us. Give us this day our daily bread. This is the sin we are committing in this country. In the West we are committing the another type of sin which I call the sin against the mother. Where we do not understand what is our sustenance, we do not understand what we have to respect what are the things which are sublime in life, where we have to respect our chastity, we have to respect our pavitrata, the holiness within ourselves. These are the two types of sins I describe them which both are managed by Shri Ganesh Aundhi. If you could know how to be innocent you will never commit any sin against God or against the mother because mother is looking after the innocent being. She is all the time bothered, whenever you remember her, whenever you think of her, she is there to look after her and she gives a promise, she gives you her protection. You feel her, you feel her being around you all the time protected just like her achal, her sari covered with little child near her heart and she looks after you. It is a sin to all the time feel insecure because your father is almighty. He can look after every small thing that you have and every big thing that you demand, he is there to look after. But if you ask him for something that is so tutchu, so useless, he is a father who has an intelligence, who understands he is not going to give you something useless. He is going to give you something eternal, you ask for the eternal and there you will find, you will find everything being fulfilled. You become yourself the king, you yourself become the bhatsha if you can rise over this fear of insecurity. This fear of insecurity is very much in this country. I find every third person suffering from it. You may give them realization, still this problem exists. Nobody seems to be satisfied, nobody has samadhan. Whatever you have got you have no samadhan. Now just watch around yourself, you have got a wife, you have got children, you can go out, you can play around. Now why should you not have samadhan? Now people will immediately get up and say, what about the poor people? I am thinking about you. You don't put your attention to something else where you are not going to help. Actually if you become realized you can remove the poverty of this country in no time like that. Only through realization you can remove the poverty of this country, not otherwise. Because then the bounties of Lakshmi which rests on the third chakra as I have told you, on the third chakra of Nabhi is awakened. She is awakened. I have told you about Lakshmi how She is. But what should we have for the temperance? What should we have for this chakra to be all right? I had said that this chakra is for your sustenance, for your dharma. Now what is your dharma? I find a man here who is torturing other people. He is troubling other people and he wants, Mother my child is very sick, you must cure him. Why should I? What is your bank balance with your God that I should cure that child? Mother you must do good to my child, something is wrong with him, I am very upset, this has happened, that has happened. Why should I do it? Why should God worry about a person who has no dharma, no love for other children? Whatever good you do today your children are going to reap it and not only children but in future the whole world is going to reap. Any saintly person he may live in the forest, his good deeds, his good thoughts and his good vibrations have always enriched this Mother Earth and because of that she has been able to bear the heavy weight of the cricket. The egoistical people who think no end of themselves want their children to be so obedient, they will smoke, they will drink before their children. They will have no dharma of any kind, no mariada of any kind and they would expect their children to be the best citizens ever born. How do you expect that to happen? For the Nabhi Chakra what you should do? Today somebody asked me, Mataji, everybody is Nabhi is caught, what should we do? Nabhi Chakra is the most important chakra in a human being and Nabhi Chakra represents ten petals, there are ten sub-plexuses to the solar plexus which is controlled by Nabhi Chakra. It is given in the Bible, the ten commandments that gives a little rough idea as to what should one do as to have those ten petals all right. The dharma in the stomach has to be first balanced. Once you have a balanced temperant dharma then you become dharmati, you go beyond any sustenance where you yourself become sustenance. You cannot do wrong after that but first of all your Nabhi Chakra is to be settled. Now how to settle the Nabhi Chakra? Some people have a foolish idea by doing mechanical things you can do Nabhi Chakra. We have some mad people here, some Sahaja Yogis also all the time doing like this, doing like that. They do not understand it is not to be that mechanical, it is a living thing, it is awareness which understands, it is a thing that feels and you must know that it can be described as a heart and a brain and a mind combined together exist in the stomach of the man. Now the food we eat, start it from there. When we eat the food we must vibrate it, I am talking for Sahaja Yogis, put your hands for the food. See that in your family nobody is starving, that the servants are not starving, that the cattle is not starving, see to it that you give something out of your food to others. I have seen people so insensitive in life that in their own family the sister if

she is a widow she doesn't get the food and the lady is nicely eating her food. How can she? The food that you eat has to be vibrated. Now it doesn't mean by any chance that you should have certain vitamins and this and that. It means the food that you have earned out of your sweat. It is not the food earned by troubling others, by taking away somebody's rights or something like that, but your own earnings in your own family, cooked in love by your own family people or if you have servants who are a member of your family such a food should be. But food is not so important. Again the way we make fuss about food that all our religion has gone into kitchen. There are two types of fusses we have, extremes. One is that people do not eat, they fast. All the time they are fasting. This is a sin against the mother I say. The way you are fasting the mother feels hurt. It's a funny thing but if I tell you that nobody should fast when there is any celebration but you can fast when there is a thing where you have to feel sorry for it. While I find people fast at the time when you have to celebrate. This is a very wrong idea and you are just going opposite the play of the evolution. That time you have to be happy and jubilant. Supposing at the blossom time some trees do not blossom then what do we call? We call them sick. In the same way we are sick people that we do not catch the time when we have to be happy and when we have to be unhappy, when we have to be fasting. But when it comes to eating we are very much eating time. India I think is the worst as far as food is concerned. Morning till evening we are thinking of food and food and food. We'll talk across what did you have yesterday, what did I have today. We are such eaters I tell you and such tongueers because nowhere in the world you'll find people who talk of food. We are so much particular about what we eat as far as the taste is concerned. Now the UP people cannot eat South Indian food, South Indian people cannot eat Sindhi food, Sindhi people cannot eat Bengali food, all kinds of problems. So much so that we cannot eat one type of fish, we cannot eat another type of meat. In a country which is said to be suffering from food shortage how can we afford to be so fussy no one understands. It is something funny that nobody understands how can people be that fussy about food. They may be having one meal but even there they'll be extremely fussy about food. Such fussy people are no good for vibrations. They have no good vibrations because all their attention, their chitta is lost in a tuksha thing like taste. It is tuksha, it is useless. Your attention which has to reach the Divine is lost in all these things. The second thing about the food I have told you that you are not to be extremist. Whatever you get at whatever time you just eat it, you just forget it. Whether you hide it or not makes no difference. Sometimes I really fast because I do not do it deliberately but automatically sometimes it happens that nobody is in the house I just forget about the food. Then the servant will tell me that you didn't have your breakfast, didn't have your lunch, you didn't have your dinner. I said really I didn't know that. All right I'll have something to eat now. Like that it goes on. But I'm quite hell and hot. So so much fuss is made about food in this country is not behaving the wisdom and the background we had. We are the people who are born in the yoga food. This is a saintly country. Every particle of it is touched by the feet of Sita and Ram who walk for you without any shoes just to vibrate this country. This is the Kundalini of the whole world. Here people are not going to waste their energy and their taste in horrible things like worrying about food. It's a shameful thing when I see even the rich and the poor, all of them so much worried about the taste of food. That doesn't mean you should not have any taste, I'm not saying that. Of course you all have too much so it's better to say that you shouldn't have any taste. Whatever you may try you will still have being Indians. We can never solve our food problems because of fussy nature. And we boast of it. Mala hai aoda toh suna hai, mujha toh yeh paasandhi nahi hai, mujha iska shaoki nahi hai. We boast of it. Just think of it. Why food, what is so important about it? Just a part of it. Just when you have it you can have it or if you don't have it you don't have it. It is not so important. The way we give importance to these useless things spoils our chances of evolution. Now in the temperance you should come as far as the religion is concerned also. There are people who are extremists in this country. We are the greatest product of extremism. You will see that here now if I go and talk to Christians about the integration of religion which exists within ourselves as a fact, they'll say, you get out from here. But the Christians in the Western countries will listen to me. If I talk to the Muslims that you are fanatics and this is not religion but religion is that you stop your drinking, which Mohammed has told you. Here the Muslims will cut my throat I think. But in Iran they listen to me for this. They give up their drinking. Everybody's religion seems to be in danger in this great country of religion itself. Where the religion itself has been established, the Kumba has been established in this beautiful land. The everybody's religion seems to be in danger. Some people came to tell me, what are you going to do about the saving of Hindu religion. I said, what is happening to Hindu religion? Out of this fear they have developed sectarian. Out of this nonsensical ideas of creating caste in birth they have created this problem within us. Now let us decide that the caste is not according to your birth but according to your temperament. Today only in the morning I have told you that Vyasa the one who wrote Gita was a child of a fisher woman and his father was Parasharmuni. Is a fact, is a historical fact but still will stick on to it saying that we are higher caste and lower caste. I went to Pune and there, they are very Brahmin minded some people, they said, Mataji you are not a Brahmin, you cannot speak in this hall. I said, all right let me see who is a Brahmin. They came before me and they started shaking like this. I said, why are you shaking? They said, because you are a Shakti we are shaking. I said, if I am a Shakti you are

shaking. There are some people from the mad house they are also shaking the same. You are mad with the idea of these fanatic things that have gone into your head. Every human being has got a Kundalini. You must know that and once you disrespect anybody under these false denominations and these false identifications you must know that you are sinning against God by doing that. So to speak about any religion in that fashion is a sin. That's what Sai Baba has said again and again. He was a Muslim when he died all of them tortured his life because he was born in a Muslim family and when he died the same people were born and now doing Aarti Sai Baba there. To understand religion in its true manner is the sustenance, is the dharma within yourself. You understand in its essence what is religion. Sitting before God, mechanically doing something without feeling anything about it creates such a problem for you that to give you realization is an impossibility. Thank God, by God's grace such great sages have been born in this country like Yogavasishta, like Shri Shankaracharya. They have written all about it. They have written that religion comes within yourself spontaneously and it has nothing to do with all these horrible karyas we are doing. But ask the other people who are following them. Those who have got pithas are talking of caste by birth. There cannot be a caste by birth for a Hindu at least if you believe in the reincarnation of life. Because today you are born a Hindu today and maybe you might have been born a Muslim. I have seen many Muslims in Iran doing Aarti and I have seen many Hindus, Brahmins doing namas. Extremists are born from one extreme to another. Here they are born as mulats and there they are born as these pandits. They are all against anti-religion. They can never accept the saint. They can never accept religion because they live by destroying religion within you. Because they are pet panna hotaana. They look after their stomach by destroying your religion. Savaarupya do, acha kar change nahi hai toham dete. These kind of people have ruined this country and they are all sitting in the temples. I went to this Vrindaban and I was shocked that all these rakshasas who were with Kansa are born there as pujaris and all of them are rakshasas, one better than the other I tell. Terrible rakshasas they are. You can feel their vibrations. You can't stand on those temples even for one minute. You burn the temple the way they are there. They are the most hated people at the time of Krishna and today they are the people who are looking after the temple of Shri Krishna. A day will come that's why. People like Mohammed Ghazni came and destroyed these things because you are the people who run after some persons who are just befooling you all the time. So the force of nature comes and destroys it and that's how Somnath, such a great temple was destroyed. It is our doing, the way we fall at such feet. Those people who are not to be even kicked by you, the way we run after them and listen to them in every temple today, in every masjid and in every church will find these people in the guard of rakshasas. I don't say all of them are like that. I never say that but there are many like this. Now for you to decide when you are realized, you have got vibrations, when you go to temple first of all feel the vibrations of the deek. Just you are not concerned with anybody else but the deek. Then you are concerned with the person who is sitting there and who is putting the tilap on you. You don't allow anybody to touch your aagya. It's a very important point that everybody is putting here. From the very beginning when the child is born, I have seen my own daughter's delivery that the lady who came to give a bath to the child was working on the aagya very nicely. I told her, you dare not touch her head. When they put their hands on this chakra from the very childhood, imagine what is the plight of the child. Then in the temples you go, in the churches you go. You take blessings from those people who are unauthorized and what they give is nothing but a devil into you. So in religion also you have to be alert and for that alertness God has given you these vibrations. To use them wherever you go in every book, whatever you read, take the essence out of it. Do not read only because you want to read it but to take out the essence by which you get the final and then you tally it, parthara karunge hai nahi hai. You must tally it whatever you have known before, is it coming true or not. But if you start sitting on the outside of this hall reading Mataji Nirmala Devi's program going on and reading the advertisement there and sitting down there and thinking that you are attending my program and also getting realization, then how to describe it? So for religion you have to be extremely alert and for that you have got these vibrations. You have to be very alert to know what is religion. It gives you guidance, it gives you help, it gives you moral courage. We had somebody with us, a young boy from a very rigid family and in his family there is a custom that they take a newly married bride to a temple where she has to use a matka and he is teaching something about sex. He came as soon as he saw me and he went round and round and round, I don't know, so fast, just like a fan and he fell on me and I was shocked. I said, where have you been my child? He was so proud, I am very happy, I am all peaceful. I said, this is the way you are peaceful, just now you are so badly hurt. But they are so happy with the possession. He just went round and round and round for about five minutes, just imagine, and he just fell flat and he thought, oh he is God. That is what you have to know in your Nabhi chakra, that you are not to get possessed. The possessions mostly appear on the Nabhi chakra and that is the reason why on the left hand side the Nabhi is got, is impossible, is very difficult to excite. It is very difficult to take out the possession. I have to use so many methods to take out the possession. The people do not believe in possessions. We had a very learned and a very well posted gentleman who came to my program and he started just feeling like that before me. He said, Mother what is happening to me? I said, will you believe me if I tell you there is a possession in you? He

said, I do not believe in a possession. I said, you don't believe in it, but you have it. You'll have to take it out. If you do not take it out, you'll have this problem. But he says, I have this problem only with you. Yes, of course, because I can frighten that possession in you. And he is getting frightened before. Then I removed that possession, but he told me that he had a severe pain all the time in the head and now it's gone and finished. We must decide that we are going to be all right. We are going to be rid of possession. We are not going to feel shy of it. We are not going to continue with them because we have some false ideas about our own dignity. There is no dignity in being dominated by possessions. So the Nabhi chakra is very important when you eat your food or when you try to bend before anybody like that, or if you have extreme ideas of religion, if you fast too much or indulge too much, if you drink, then of course Nabhi chakra is definitely important. Too much drinking is a difficult case, but if you are slightly drinking you can get realization and the drinking drops out, even your smoking drops out. There is no prohibition for a person who comes to Sahaja Yoga, but after coming to Sahaja Yoga, after receiving it, you must know that drinking is the greatest foolish thing that man has ever discovered. Even worse than atom bomb. Even atom bomb could be controlled, but this horrid thing that was discovered, I don't know how, by fermentation or whatever it is, when it started working into you people, it has spread like that, like a possession, like an ugly possession into you and once you start smoking, you go on smoking and you go on drinking. Is the worst habit that man can have is drinking. But drinking need not be, even before coming to Sahaja Yoga. Now those who drink will not like it when I tell them, because they think drinking is the greatest bliss in the world. Even we have written poetry on drinking, but drinking is against your religion. It takes you away from your awareness, I am telling you the truth, for that you should not feel bad. Now we have other chakras here which is, I have avoided the second chakra which is known as the Swadhisthana chakra, because it looks after itself. Is the creativity and the creativity that flows into you, the planning that comes to you, the thinking that comes to you, is through this chakra and for that chakra you don't have to do much, because it is worked out by itself. But sometimes that also goes upset because of over creativity or a feeling that I have done, I have done that. Even a man like great king Shivaji was once little bit corrected by his great guru, Samarth Ramadasa. He corrected him because he felt that he is building the fort. This little idea went into his head and he immediately came and corrected to him and Shivaji, he was a very humble disciple, he accepted the correction and because of that he is so great. Never think that you are doing anything but it is done by him. This is the best way to keep your Swadhisthana chakra all right. Everything is done by him, a vairagya, a kind of a detached feeling should be developed, but it is rather difficult so through Sahaja Yoga when you realize then suddenly you become a detached person. That's why I do not insist too much on this Swadhisthana chakra. So it is very important after realization. After that is the chakra here in the center of the heart. Heart center is controlling on both the sides. One side it is controlling the heart organ, on the other side it is controlling Sri Rama's Mariyada. It is Sri Ram who exists on the right hand side and it is Shiva who resides in the heart. So their qualities are managed by them. For Shiva you need not worry at all because Shiva is the Existence. But those who are Hatha Yogis who try too much of energy, too much of running about, too much of Atikarmata, such people suffer from the drainage, from the energy of Shiva and that's how they get heart attacks. Most of the Hatha Yogis who live in their mundane life, in their regular life of a householder get this heart attack. A Hatha Yogi has to live in the jungle. He has to live with a guru. With six things together he has to work it out simultaneously. And that's why these people when they get heart attack you are surprised that they look very healthy but how do they get it? So too much of strenuous exercises also are not good for this chakra. But in the center of this chakra is the most important thing is known as sacred heart where Sri Durga the Devi resides. Durga Devi is the mother, she is the Jagadamba. She is your mother and for you must know how to please your mother. Mother can be easily pleased. She is so easily pleased because she is always trying to make you happy. How to make your mother happy is she doesn't like that her child should take to things which are not good for him or the child should starve himself or the child should be unhappy. All these things work out here. So when you have a problem in this part you should just say that, oh mother forgive us because we did not know that we will displease you and she is Prasanna. This Texas is extremely important from Sahaja Yogi's point of view because you have been realized through the motherhood. You have been realized through a special method of Sahaja Yogi. I told you yesterday that it was like the pattern of Shri Ganesh. So for you it is necessary to know that women are the embodiment of the Shakti and your mother if you disrespect her she is not going to like you. You have to respect your mother, you have to respect sisters, you have to respect other women in this world and you have to respect your wife, you have to respect the women because they carry the Shakti. But the women who do not carry the Shakti, the women who are ruined and spoiled are not the women about whom I am talking. Such women are actually you'll be surprised are the outcome of the foolish treatment of men who try to worship women who are bad. For example in the West you find they worship women who are not at all dainties, they are not goddesses, they are in no way they can be called as something sublime, they are horrid, they are like rakshas. You see now recently you have read about Elizabeth Taylor, you have read about Jacqueline Kennedy, you have read about these women. How can you call them dainties? You cannot call them dainties.

There is no dāviya in them. The women have to be like goddesses. They themselves have to be goddesses and that God gives them power to be that. All such women are respected, have to be respected. If they are not respected then the prostitutes will come and rule you, then the bad women will come and rule you, then the hīmbas will come and shurpadakhas will come and they will try to spoil your family life. Always the goddess Devi should be appreciated and worshipped so that she generates her Devi-hood, her saintliness into other women. A woman doesn't dominate, she does not, she is not meant for domination but she has a capacity to take all the domination onto herself like this Aarti, this Dharai. She takes all the domination into herself. She is much more powerful than the man is. She can take all that into herself and she can bear it. She can. It is the power of a woman who can do it. The more you are powerful the more you can do it. So the women who start calling themselves to be men or sort of, we must fight with men and we must become like men are really foolish because they want to come down. Men are depending on their power. So the women are respected who have this power and respect such women and tell them because their understanding of things is more intuitive. They understand things intuitively. You tell them whatever you think is wisdom and listen to them also because they too have intuition if they are God-like women. On top of that is the chakra of Shri Krishna as I told you yesterday which is called as Vishuddhi chakra. I told you yesterday also that it has got sixteen plexuses, sub-plexuses and it has got two more things added to it that the ego and superego arise from that point. Now this is how a human being is controlled by Shri Krishna. And who is Shri Krishna? Shri Krishna is the aspect of God which represents Virat. He is the great primordial being. He is the whole in which we are all there. So when you feel small, when you feel dominated or when you dominate others it is He whom you are insulting. It is He whom you are not paying any attention to. He is great so why should you dominate anybody else? When He is great why should you take domination from anybody else? The person who is balanced doesn't take any domination from anybody neither allows anybody to dominate Him. Now in this case one should understand that nobody can dominate nobody as long as they are one with themselves. Domination is such an artificial thing outside. When you are powerful you dominate in a way because you are so powerful it flows, the power flows to others. But it is the power of love that flows. Shri Krishna's the greatest thing of His life, the message of His life of Shri Krishna is this. When Shri Krishna has said that the whole world is a leela and you are a witness. This is the essence of His incarnation that you are a witness, you are just a Sakshi of the whole thing. That's why we call Him as a Purana, as the complete incarnation because He saw the whole world as a leela and He has told you that the whole world is a leela. This is the essence of the Virat who plays, who at His whim plays, He creates, He recreates, He destroys, He does it. He is the one who enjoys. It is He who freaks, it is He who does, we are just watching as a witness. I've told this story of Radhaji who was jealous of the flute and she asked, Radhaji once, Radhaji asked the flute, that, why are you so near to his lips all the time, what is so special about you? So the flute answered, my speciality is that I have no speciality, I'm a hollow personality. Because I'm hollow He plays through me very well. I do not stand anywhere in between and when He plays I do not destroy His play, I just watch. And I laugh at people when they say that I play because they cannot see the great artist behind it. It's like that, you have to be a witness. And you become a witness as soon as you get your realization through Sahaja Yoga because you go into thoughtless awareness. All your problems drop out like that, you feel the whole load has come down, you feel so relaxed because you are just a witness of the play, you are seeing the waves coming this way and waves going that way. You are now on the boat, you are not afraid of getting drowned. This is what He calls at the witness state and that happens to Sahaja Yogis which they know automatically develops. With some people they have to little bit assert themselves and to stand there and remember it. Now, of course there are so many chakras so I have to go in a very short way. We come now to the most important also the chakra which we call in the brain which is called as the Agnya chakra. Now at this point both the ego and superego are controlled like a screw. If you move it this way it goes this way, if you move it this way it moves this way. First the superego was very much developed in the human beings. Then the ego started developing too much and when it has come in the center the thing has worked out and you go beyond ego and superego you cross here and you come up and you see both of them going down and then you become one with the ego of God. Then he works, you just watch the whole thing, the whole Maya drops out and you know it's a balloon that goes down. So the controlling point is the Agnya is very good. But we spoil our Agnya by many things. First of all and the foremost is that concentrate on this point. I don't know who has told them this. To concentrate on this point is the worst thing that you can do to your Agnya chakras because all such people have spoiled their Agnya. Agnya should not be spoiled. Supposing we have to make a door. Now we start pushing on one side all the force that we have then the main door is lost. The door is here, not here. So why to do this door first I don't understand. What you have to do is to come up here and then through all these doors you have to go down. But actually we have broken this door and we are spoiled. There are many ways by which we spoil our Agnya and the worst of all is through possessions. We go on catching possessions for everyone. Our eyes are responsible for that. Now you must respect your eyes. The way we move our eyes at every small thing that is going on, the way we call it the Chanchali, spoils the Agnya. I always tell my western disciples

that put your eyes little downward. When Lakshmana was asked to describe Sita Ji he said, I have never seen anything else but her feet and so I only know what ornament she had on her feet. I would say like that you have to put down your eyes and watch in such a way that your eyes are not all the time turning down. Not concentration but a sublimation, a kind of a feeling, a respect for your eyes. Do not raise your eyes at every point. There is no need to raise your eyes and it is a very good thing. It creates a great dignity. I'm in London and where I'm living it's a place where there are no Indians living and they don't know even that I'm Mataji or anything. But my habit of walking is that I always put my eyes down and walk. So you see those people have started saying that this lady is something very unique because she never raises her eyes. You have seen her eyes are always down. Raising your eyes all the time and moving them upside down or on the sides is a very wrong thing. Out of that so many bad habits which we call as flirting and all that have come. Keep down your eyes and all the time looking at all the things that are displayed, these plastic shops that you have around. This is there, that is there, that is there. All the Lalasya everything goes through the eyes. So it is very important if you want to control your thoughts, control your eyes. Doesn't mean that you concentrate but keep it down. Keep it to the earth. She is there, she is your mother. She gives you that dignity. Keep the dignity of your eyes. It is very necessary because you'll lose all the luster of your eyes. You'll have all kinds of problems. Most of the people who are mad I've found they have their Agnya. I mean ninety nine point nine percent people have got a bad Agnya. If you want to keep your Agnya all right please never allow your eyes to go very much. If it has formed a habit try to put it down. It's easy. Even the foreigners can do it but they are much more obedient because they feel so lost that whatever I tell them they are willing to do they are much more obedient than My Indian disciples are. Because they have realized that they have reached a point from where they are just going to break. They have reached the last point of breaking and that's why when I tell them that you have to put down their eyes they walk like this. For me it doesn't matter whether I raise my eyes or keep them down but when I raise my eyes I find some people start shaking, some people feeling nervous, some people elated. So automatically I feel concerned about them so I put my eyes down so that their Agnya is not excited and their possessions do not disturb them when they are just walking on the street. That is how we spoil our Agnya many a times. There are many things but one of them I have told you. The last, the most important is the Sahasrara where we have got one thousand nerves. But when they are enlightened they look like flames. I have seen them. They look like one thousand flames, living flames just like this. And these flames when they open out, they open out like that, like a lotus. And that's why in the Bible it is said that I will appear before you like tongues of flames. But these Christians will they understand what does that mean? It is such a mysterious book because if it were not that mysterious I think they would have killed even the twelve disciples of Christ. So these one thousand petals are very important. And there resides Adi Shakti, the complete integration, the complete form of all these incarnations. She is the person who organizes and coordinates and arranges and puts things together. That's why at the Sahasrara you have to come and the Sahasrara is broken and from there flows your own chitta into this all-pervading power and you feel these vibrations, these things flowing onto you. For the first time your central nervous system feels the Divine. Before this your central system did not know. It only knew the touch of hot, cold and things. But now you feel a person is hot or a cold. You feel a person is burning you. You feel the blisters in your fingers when you look at somebody. You sometimes feel that a person is giving you beautiful cool vibrations. I feel very happy, oh what an idea. As if you are getting the fragrance of that person. First time you develop that nose you develop those eyes, chakshu, a special one that gives you the idea of the Divine. This subject as I have told you is so much and many a times I had to repeat so many things because every time we get new people. But in any case I have to give you a good news on this auspicious day that we have been able to purchase a beautiful property in Khar. This place is known as Maya and is on the seventeenth route. And this is a place where we are going to have our meditation center, also a office for people who want to go and also will have a brain trust, people who will explain to you what is Kundalini. How to master it. After realization do not give it up because it's a very great thing you have got it. Now you can master it. You become the masters of Kundalini. Just like by raising your fingers. You are going to give realization to people because I have told you that you are made after the pattern of Shri Ganesha who was all powerful. No one could cross his powers. In the same way you the Sahaja Yogis today I promise you, you try, you will have such tremendous powers if you keep your chakras all right. Try to keep them all right and these are the powers of God for which you are working. You are made for that. You are the chosen ones who are being selected by God to do His work and to do His glorious and beautiful complete edifice of Satya. You are the foundation and there are thousands of children who will be born who will know vibrations from their childhood. They will know Kundalini from their childhood. They will work out on the Kundalini shastra. You will be amazed how they know about it. I have seen my own grandchild the way she is so clever at Kundalini. Immediately she will put on to that. She will bring something and push on to that man and take out his position. I have seen many children being born and I have told you thousands of them will be born but they will be later on. You are the foundation. Sahaja Yogi has no business to be frivolous, to be cheapest, to be egoistical and to be fighting for small songs, small

differences. You are not that. You are chosen people. Understand your dignity. Understand your position. You have been raised from an ordinary human level to this great level of his Sahaja Yogi. I expect you to have the attention placed into yourself and to understand your value, your worth. You are a diamond and diamond is not thrown in the dust but is put on the pedestal. You are enlightened. Do not put your lights under the tables. It is to be put on the topmost places from where people can see. Today it is the last day perhaps that I'll be meeting you. Now I'm going away from Bombay and then I'll be going away from India about the 15th of April. I have given my maximum time to Bombay people in the whole world. Of course I am now in London, supposed to be in London, but most of the time I'm travelling and I'm travelling all over to meet my children all over. But you are the greatest blessed people in this whole world and that's why the responsibility is greater because of certain reasons. You were here and I was here and it was done. But feel your responsibility. Don't be frivolous. Go deep down into it and take the charge. We have to change this world. We are the people who are going to ignite it. We are the people who are going to trigger it and we have to bring about the advent of Satyugas, which should take only two years more, I think, to start. And as I have told you, in the year 99 it will be established. I may not live to see the great work of my children who are so simple, so ordinary. They are not exceptional people. They are very simple people but they are great, very great sages who have been searching and today they are born as ordinary people in Bombay. May God bless you all on this day, on this day when I feel that I may not be able to see you again and despite all my efforts I could not give much time this time also to you. Next time I hope to come here but see to it that you go to your meditation. Every Tuesday we have and we have some other days you should take the address and devote time for your meditation and for your growth and your evolution so that others may be helped. And you tomorrow in the annals of history will go as the great pioneers of Sahaja Yoga. May God bless you. May God bless you. Ladies and gentlemen, I do not know what to say because we are all, those of us who can receive them are drowned in the vibrations not only of the presence of Mataji but of a divine word. I can only wish on this occasion many, many happy returns of Mataji. Not only in the usual sense but the many happy returns in our presence so that we can hear these wonderful words and feel these wonderful vibrations. What these vibrations are I must confess that I cannot explain or describe in the way in which mother can explain. But I am also one of you who feel the vibrations. Whenever I remember mother I immediately get those vibrations, cool breezes which put me into a very serene sense of peace. I can't explain to you anything more but I only congratulate you for what you have been feeling and experiencing because after all religion and God are matters of experience, peace, love and lustre inside you. Andhara Jyoti. Thank you very much for listening to these few words, after listening to the words which came out from the depth of experience of a kind which cannot be described in books or described in words. I bow to the mother on behalf of you all and I wish her many, many years of this divine service to humanity. Thank you. Thank you.

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To meet you all here, it has been always such a pleasure. But this time I felt you are very much in the ocean of joy, enjoying yourself. That is the greatest satisfaction for me. The best way to feel your joy is to give realizations to others. That is the real ego you get of your voice of truth. Greatest happiness comes to you when you really are able to give realizations to others. In other countries, as they have started, you are also doing here, that you go round the places, in the villages, in the neighborhood, and talk to them about Sahaja Yoga, how it has changed your life, how you are benefited, with your conviction. If that could be done and if people are convinced about the genuineness, you can do a lot for your country by transforming people. As it is, Sahaja Yoga has grown so much in here. Of course, sometimes we have some people who have tried to harm us. But so far, nobody tried to harm Sahaja Yoga. They have got out of Sahaja Yoga quietly and disappeared. But yesterday's incident has upset many people. But I have discovered that this man was a pauper and was looked after by Sahaja Yogis. He lived with a leader and was somehow or other managing to live. You see, he's a pauper. But has been bought, I think, by some organization, must be this Christian organization, and they must have propped him up. Because for a person who has no money, anybody can buy it. So there's nothing to be disturbed because they do like this. But I am surprised how he has given all false information in that. I don't know if you know, my husband has donated five thousand pounds when he was here. By cheque also that was done. So, no question. Always, you see, so far, my all expenses, everything, I tried to pay myself for so many years. Only about three years back they have started paying for my traveling, that's all. But you don't want me to pay even for my traveling if I am coming to give salvation. I mean, it's going too far. It's not that I have to gain anything out of Sahaja Yoga. It is you have to gain. All it is, it should not disturb you at all because there are some horrible negative people, among us also, who can be purchased by money.

Now, another plan I have, which is very good, that I said I'll, I'm willing to donate thirty to forty thousand dollars to Sahaja Yoga here because they want to buy a plot of land. But I think you people are so many, you should also donate some money yourself. After all, you are all earning, not that you can't donate. So you also should donate some money so we can buy a nice plot of land, where we can shift for such a big group. You understand, we don't have enough room in the Burwood Ashram. So we can build a nice ashram for you and a place for you, where you can be settled now. But everybody must cooperate. Everybody must know that we have to save some money for this purpose. Nobody is going to force you, nobody is going to be compelled, nothing is going to be disclosed. But for your own satisfaction, I think, it's important that you people also pay some money for this work. It's very important. Everybody should feel responsible for Sahaja Yoga. That's the best way to enjoy Sahaja Yoga. If you don't feel responsible, individually you cannot enjoy. Individually there's no joy for Sahaja Yoga. Only in collective feeling you can have it. You see, I was amazed how people were so enthusiastic, so many years back in India, when they built this Ajanta Caves, for eleven centuries it was built, tuned out of a big rock, and those people had never even seen Buddha. They had never talked to him, they had no connection. They never wrote to him. And these people were so dedicated that they stayed in that place which was very remote, they lived there, and they built it up with a very great enthusiasm for eleven centuries. Means, I don't know how many generations must have worked it out, how the whole plan must have worked out, and it's one of the wonders of the world. So, we have to understand that if you decide you being realized souls, you can do a lot. But always try to think and find out what are we doing for Sahaja Yoga. Sahaja Yoga has done so much for us. What are we doing? If we can find out, then we'll realize that we have still to do something for Sahaja Yoga. It's very important and whatever is possible, I will try to donate and do the work. Whatever is possible, I can plan for you. But you people should also realize that something has to be done by you. Though you are all very well placed now, you are very happy people. So this is how you will enjoy that you are working out something for Sahaja Yoga. I was very much impressed by the work what Joe has done, and of course our leader Michael Fogarty has been very careful, very sensible and very kind. But now I was thinking we should have a very dynamic leader and I have talked to him about it, because so many people will be now coming to Sahaja Yoga. You'll have to deal with them. And when you are dealing with them, remember that you are Sahaja Yogis. You are not going to be able to do it, not to lose temper, not to get angry with them, be kind to them. And also try to talk less and do more, raising their Kundalini, raising it. Don't touch them, that's not necessary. Nice to see you. moment. If you're looking from fields, you can't tell them. I'm going to check for Jiang Crist. Until him, somebody knows whatteCada has done. It's one of his sisters. Don't touch them at all. So you can see them. If you touch them around together, you're looking for them. Until then, you have to you go. So you can see all the alerts that are there, and listen, and listen to all the alerts tool etc.,

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I'm sorry I had to speak in this language because I was just correcting them and telling them that they should keep to their own culture. Some of them talk like American women, you know, I was surprised the language has become so rude. Just can't understand how can they talk like that. They have to be, see in our country women are specially very humble, and this language is very compassionate, very, very docile type of language that makes another person very comfortable. But if you develop this American culture, I don't know, half of the America is already mad, and here also the same madness will come. We don't want that culture to come in. We want a very compassionate, good, kind, and a beautiful culture to come in, by which others will learn from us. Our children will be helped in every way. It's much more helpful if you are humble. To be arrogant, it takes nothing. I am happy to see the Australians have become so very humble because what I knew about Australia was horrible. I used to be frightened to meet any Australian. First they used to drink so much and they would shake your hand so much that the hand would come out. And there was no limit to what they would drink, how much they would drink. And they would also talk all rubbish after that. One could not understand what they are talking. I mean, just the whole language was different. Now you are such beautiful people. Like lotuses have come out of this mixed up, confused culture, and you should be the ones who should represent this, our Sahaj culture. People should see you and know that these are people of Sahaj culture. Sahaj culture. I know that there are funny things that are going on and I have written a book on this, a very interesting book which will be available to you after my birthday, where I have described how we have gone wrong, what has gone wrong with our Western life. Sahaj Yoga is a very good, Sahaj Yoga is a very good, prosperous, healthy Sahaj life. And to your children, to all of them, I must say that Sahaj Yoga has taken very good roots in Australia, because it is Shri Ganesha's country. His blessings are working. That's why we all are here and are feeling the joy of Shri Ganesha. Any problem you have, you tell me. Moreover, I met some people who are sick, who need your help. Try to understand how to cure them and try to help them. Don't touch them. You can take bandhans before

doing anything and you'll be protected. May God bless you all.

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01 Track 1

So, who is the Mooladhara? Shri Mataji- Who is the Mooladhara, who is the Mother Earth, made from the Mother Earth, the creation. Then the Bhurva is the whole Antariksa, means the whole universe, the creation of material things, material things, like all the planets and things. Then the third one, I said was Swaha, the Nabhi, is the consumption. Swadha is the, that is the five thing, five, five principle is the consumption part. Swadha is the, um, sustenance, swadha. There are two things in the Nabhi Jaya. Swadha is the, um, the, um, the, um, the, um, the, um, the, um, the, um, the, um, the, um, the, MY career-and the Di ◆RI, the, the, the, the, the, the rules of the practice that one. And the third one is to sustain, to sustain the Dharma. So there's the two essences. One is Swaha, I mean to consume everything, like the Agni Tattwa, like the fire principle. And Swadha is the principle of the water which you sustain. Then, Mana. Manama and the uals. resultado es OwT willing. It means the , it's the principle of the water kal bumper. is the emotions, the center of the heart, is mana, emotions. Then janam means the people, is the collective. So I said also samih, samuhi means collective, janam, that is contact people, jana means people. Then tapasya, tapasya means penance, that is class, the word for the penance and made out of the principle of, oh I'm sorry I forgot to say that jana is made in the principle of vayu, ether. I forgot the ether. Then comes the, this is made with the vayu, means the air, the mana is made with the air, vayu, all right? And then comes the tapasya, is with the light, light. And then satya. So I have given the essences, I mean the nature, the essential nature of the chakras and also how it is created, from what essence it is created. Ling Sirak Is lessons and lessons.

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What is the simple way of overcoming the fear of the light? What is the simple way of overcoming the light? What is the simple way of overcoming the light? Fear. All right? I, you go come to Me, see your, what you call, your supranah. Now in this one I will extend you in the next, let's say all about, with time, with the fear, from where you are disappointed and how you feel. What happens when awareness comes to the face and all these people are super-indulgent from the supranah to the air-power, goes on. As it's possible in all the different countries, people go with you, in general, in all. Now after seeing all that, the new generation is born also. So that is the problem. Are you aggressive? Are you aggressive? Are you trying to overpower someone? Let me tell you. So far people are super-indulgent, is the problem. First they are aggressive, they say, no, this is not in our area. So that is the problem. There is the problem. First is the area of ego, is super-indulgent, but it's just a thing. You can't be useless, you must have been sick people. You have accepted the reality, but reality is very different and very beautiful. We say, each one of you is a sick and hardest and inured. It is for all of you to get it. Nobody can certify for this, you have to certify, you have to. Now here you have first kathras, I told you, about the best innocence, is the first one. Second kathra, which you see on top, is the yellow one. In between the strings, triangular, goes in the final chord, at the end of the final chord is called the kundalini, they are called the kundalini. Now why is it called as a serpent's chord? Something. Because any chord, even in electricity moves, and they thought that this because it moves like this. It is better to call it as a serpent's chord. But it is not the power of a serpent. You see, when the adjective is used before the noun, we just do not know that the adjective becomes a noun. So once you say, you see, the power of a serpent, everything goes on. Now so the, if it is like the power of a serpent, then by three we must get it. You see, all kinds of, you can get all kinds of dancing poses and you can even take out your clothes with me, and everything can happen. Every sort of thing can happen to me, as soon as you change an adjective for the noun and you also does it. Only in religion they do like this, it's always a very good thing. But not everywhere else, you will not find it if you say, coming from anywhere else. I mean it's not, when they say, cut the top, that means it is like that. Or at least you know, it has something to do with the top. It is poisonous, it is horrid, it is, it's been heating up, it's not single, it may fail. You will be surprised that you can live it, can never harm it. You know we think that electricity can be used for books or for your family. Atomic energy can be used for good purpose or bad, but not for my job. Try, you can. If you want to kill someone who is on yoga or yoga is here, you can kill people. That's if you want somebody who is sick from that. You can try all of the Sahaja Yogis by far, if you want, you would not.

But you cannot because it is divine, pure. It will be something like, say, if that, nothing so pure in the soil, but I can say if the water, you can say water, water. And people can say, no, the water doesn't need water, but you can use the same water for quality of the soil. That's it. It will work or sort of you can say that you can remove the waste. That is not the quality of divine oil. It is not. What you can do for both of us, that's why I said there is nothing so pure and particularly innate as the divine oil, which is never solid and is never, never can be used for any matter. As soon as you start thinking about something bad, why don't you stop thinking? As soon as you think of harming someone, your body will start to move. As soon as your mind goes on to some sort of a destructive plan, why don't you stop? You get something. And some you think of, like you cannot do. And if you try to do, you lose your body. It's a very important thing. So you cannot do this for any bad person. That is absolutely pure and pure. Now think how do you get to be all this? I've shown you the red one, then the yellow, then the green, then you know for the green, then the one that looks like a small and then here is the white one, this one and then on top. These seven chakras are done. And all these seven chakras, one by one, if you see in the chart, you've got the full idea about the seven chakras, the three chakras sitting on them and how they help. And what is the sympathetic term, what is the bad sympathetic, what is the left side, what is the right side of the map and what is the lower one? The lower part of the map is the hell of it. The left side of the map is the sub-part. The right side of the map is the hip part, by which the plant is the arandasic part and here is the super-part of the about the body. So the attention has to go up, up, up and breath this, that is the bacterium as you call it, breath this part and become one with that kind of feeling. This is never going to happen. Typically it will not stop and it won't happen and it will not happen. We have had people who were difficult but they are awesome. So many people have got it, so you too also have it and all over the world people are making it, so there's no harm in doing it. But if you want to make it a sort of a cheap stuff, you can, it's not. It's the most precious, it's the most linear, and there's a place for the whole world. People are such an expert of that, they take you there. They will use it for small things like this. Or should I go to this place or not, should I take a library? If you start using it for cheap things, it goes up. That awareness won't be there. For example, this machine can be used by me, can be used by this house, can be used by this. It's just this. But vibrations too. When you are connected with your spirit, they discriminate and you find it. If you try to play strictly in the beginning, all the time you will start in the beginning and then they give up. Understand it like you're going to hell. When the vibrations are flowing, it is completely, actually it is a blissful state you are in joy and you start to grow. As in your life, it is that. I've seen people who were some 50,000 years, even in the morning, they are growed up. Like you see, some people, if you don't talk to them, they say, they grow up. What do you do to them? They come. Like that, people are who are those, that is all. But after some of your life is just gone. Every moment you are in joy, if you do that, you enjoy it as a joke, if you do funny, you enjoy it as a funny. If you do slower, you put your attention on it and you keep that, you keep that. So you see, you start to become a part and part of that universal being and you start to reach, like you have a, I mean, you have a link, you have fixed up. In an instrument, it is living and it is working and you are a part of that instrument and you keep that stuff. But by thinking you cannot do it. That is one thing you must know, by thinking you cannot do it here. Because thinking is a division of a limited mind. It is a triggering. When it happens, a triggering, then suddenly God happens. Don't keep it. And you become one with that mind. You cannot do it by rationalizing. Oh, I can work it out, I can keep my thoughts alright. That's not the message. You cannot work it out. It's a living process that works out like the sprouting of the sea. It works out and it runs. And it just happens to you by itself. You cannot think about it. The more you start thinking about it, for the one thing, you cannot think about it, it just happens and you become, you become. So first what happens is you become half asleep from there. When the Kundalini rises upon that center of Adya, which is the center of God, which is placed between the pituitary and the center, which is at same in your all chart. When you talk to that, you become absolutely completely happy. But when Kundalini clears its forces, you start to feel asleep. The way it feels, you start to feel asleep. If the Kundalini has got a status or you are the Kundalini, that's something wrong, very mentally, emotionally with you, it can be something. So the Kundalini itself, but for the first time after the people feel it, you see, it is Kundalini in the one of its head. If I choose that first, let me give you an experience so that you can remember. You must remember this. So it gives you a trust, you see. But then what happens is, it comes down and flows here and there again, again. Then again it comes down. It's actually part by part and part by part. As you may think, it is absolutely pure and happy and it is the vibrational power that I am there completely happy. So why should not get upset about it? You see, those who have it over, it is the quickest and the, and the only way is the same. You have to get your instrument right. This is the problem. And unless once it's the instrumented side, nothing can work. So this is what it is. As if you have to get the realization, you have to know once that people you are afraid to participate in cannot. You have to be deep in it and realize there is no problem. And here we are, not like other people who say, come along, come along, come along, you must come along. If you come in your little place, if you come in your center, if you are really in it, rather than be at one just one, when you start just one that starts and you were saying to you that one man had arose and arrived in Kundalini and he got spoiled and started to come down from India. I

said, all right, you have to decide. You have to decide, you have not been very generous. Some of the time somebody tells you that you have to deal with it. He said, I don't deal with it, I don't want to deal with it, I don't want to deal with it. Then you say, why is it too much? You better go. Why do you not waste my time and why do you not have problems? Because if you do not deal with all this, you better go. Because it is one of the things. I am selling my time for you. And if you do not want to have it, let them go. You are quite a man, can't you? You are wanting to go on and so on and so on. Then you will see that, it's not like that. If you do not cooperate, why should you cooperate? Think of it. So this is not a publicity stunt going on or any kind of a shooting for the election. Even if you have one person, it's all right. But we do not want people here just to have custody to enroll that we have been to a good shopping, we have not seen this shopping. We have stopped all that. We don't want that. This is a definite thing where it doesn't sell. It is you who are, it is you who are asking and you have to get it in your own right. That is your right. But if you want to deny your right, I am not going to call at you and say, please please, please, please. Of course I am not so hard like others are. They could be very hard, even twice. Could be hard, but again I don't want to be a small person. You see, you can sometimes surprise the way people go on and on and you inspire Me that you must do this, you must show My Father, you must show My Grandfather, you must show My Mother, you must show My great, great, great, great Grandfather, then only I can. That's why shopping goes on, you see, that's why bargain is. There is no bargain on the board. Just have it because of your right, in your own best interest, in your own dignity. In all your freedom is, I mean, you can learn, but there cannot be any bargain you have. If you try to bargain, you should have it, you should receive it. Of course there are some people now from very big cities, of course you will be very big cities, they are coming to see you just to talk about it. I tell them, I'm not a big city. I say, come and talk to people. Since you are, they want to see you, they want to talk. I say, when they come, they will come and see you. But if they are coming to tell Me a bit yesterday and give me a bit yesterday, I'm not going to see you. You see, because I know all that stuff, I see many of them and I'm not going to see them tomorrow, tomorrow, yesterday, they can go to the high park and stand on the sofa. That's the best way to go. I think this happens with many people. You see, they just come to talk. You have to see them tomorrow. I mean, but of their kind of show-off, they are not rich. And that's why you have to tell them, there, all the others, because this is not a talk. If you can give up, if you could understand, no, we are rich, we have rich. It's a blessing. When the whole thing is done, then I'll go to school and take high. I'll go to school, I'll never. Sometimes some of them call you a bit lost, I will go out of the house. But who is going to run after Hitler today? If you expect that, it is wrong. It is wrong. You have not understood. If you think it is part of the problem, the most you can find is the cleanliness. You are. I think you're not going to call at the feet, call the rely on it. If human beings say, for example, you are not except rely rich, I just want to accept the free choice. It's just the free choice. The whole world can't identify that. What does it matter to you? You can see it. How can you tell this? But if you find it human beings realize that the time has come for our father who has taken this thing to God and created all this for us and he's called us to God and to get it and whatever we want to do, let it happen. There are some other types of God also. It's not all the time it is time for them. As a mother I think, she thinks this is, we have this Irish cup. But the other side of it is a different type. So in all your beauty, in all understanding, in all your magic, you receive it. Receive it and enjoy the feeling of God. And enjoy all the power of your own being that your own, they are inside and I only give you the free. I will give you the free. And once you have it, you have the free as is all yours. Well, to your child and to the whole world. Because this is your district, if you cannot enjoy God, you have to enjoy in the comfort of your heart. You cannot enjoy God. It's so clear. You want to find some people who you want to help you go into the center. It will depend on if you are not. It happens to you. But he can't help you. He can't help you if you are a yoga, if I tell him or not because he's some sleep. If I tell him that I found him, that's me. By God's grace we have lots of people now who are not and also we are developing our comfort of heart. I'm sure we are going to have many more and then we can share with others. I also enjoy God. That is all. You are here, God. Now, in such a short time, I cannot tell you all about the couple. I have to tell you all that in a long time that you can be quite bored and out of it. It doesn't help you very much. Excellent. And if you have the will now. Now, those are the two things like this. I'm wondering if you could take it. Shoes are really big. That's why it came down on board because I found the vibration is passing through the hip. It's not. That's why it came down. So it's better to take out the shoes so that you can feel more without it. Now, this is the thought that you see. Now, I'm telling you. Take out the shoes.

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I'd like to begin the session by welcoming Mataji. This evening I would like to begin the session by welcoming Mataji. It's not

extremely easy to introduce Sahaja Yoga in a short introductory speech, and it's even more difficult to introduce Mataji because words end where reality begins, and that's what Mataji is about. I can tell you a few things, though, and I want to speak especially to those who come here for the first time. We are a group of people in the West who have met Mataji about two years ago, and we have not been extremely, how would I say, aggressive about spreading the knowledge of what we have gained, because during these two years we mostly enjoyed, I mean, a bit egoistically, the immense privilege to be near her and to be blessed by her teachings and her attention. But basically what Mataji can grant is something which is called self-realization. You might know that self-realization is a very difficult state to achieve by oneself. It is said that it took four great sages and things, lives and lives of austere penances and efforts to eventually reach that goal. Well, the absolutely amazing, I mean fantastic fact is that Mataji does have the power to grant this state of self-realization in a matter of many and too many people at the same time. Now this is beyond understanding. I have to warn you that it can be experienced, and once the experience is done it can be better and better understood. But right away a logical, rational mind would of course say, is it possible for someone to grant realization at so much level? I know this has never happened before, but you see there is a progress and an evolution, and what was not possible before is possible today. When we met Mataji we were first overwhelmed by, I mean, actually very human qualities, but human beings don't exhibit them so much, so we kind of forgot them. But basically Mataji cares so much for everybody. And you see you can be rich or poor, young or old, I mean you can be deceased or healthy, or whatever. Mataji, when you go to her and when you seek her assistance and blessings and guidance, she will give you exactly the same amount of attention, and this attention is intense and all loving. I must say that I had gone to quite a few gurus before, and I mean that's really a major difference, because you see gurus usually look after people who have money, and they look because they can get their money, and they look after people who are young because they can get their energy. I mean, with Mataji the first relationship was for all of us, has really been the relationship with a Divine Mother, sure, but a Mother in the sense that we felt that she really does only one thing, and this is our happiness. You see, when we go into drugs and sex and, I mean, all the trips in which we have spent so much time, I mean, what are we seeking? I mean, basically we are seeking intensity. We are seeking an intensity of feeling, of sensation, of love. And there is a point where intensity and existence and joy and love and peace meet together, and this point is reached after realization. You see, what is going to happen this evening is something really extraordinary, and many of you who have come already know it. It is said that realization is a thing when the Kundalini, which is a sleeping Divine, which is a Divine energy sleeping at the bottom of your spine, raises within your spine and reaches the sahaswara. Then what happens? Then people begin feeling in their hands what has been described in the Bible as the wind of the Holy Ghost or the breath of life. This is what was described at Pentecost, and this is what Jesus Christ, Lord Jesus Christ, was talking about when he said, you have to be born again of the water and of the Spirit. The baptism of the Spirit is the wind. Now, today in London in 1978, this evening, people who never felt it will feel it. You see, when the 14th of July, when there was the French Revolution, the King of France at the time wrote in his private diary, nothing happened today. Well, it's very difficult for human beings to realize history in the making. I mean, we reflect upon history once it's finished or we project it in the future. But try this evening to realize the incredible magnitude and importance of the fact for your own life, that you are sitting in front of somebody who is going to give the fulfillment of lives and lives of spiritual quest to many of you. Those who will not feel it shouldn't bother, I mean, should not be affected. Not everybody will feel it at once. Not everybody will jump in that stage at once. But if you are genuinely seeking truth, God, who is all powerful and all loving, will lead you where you want to go. So those of you who this evening wouldn't feel it, shouldn't be upset. It will work out this time. But a few other things I should like to emphasize is, when I say we are inside the yogi, you see we are not interested in your money. This should be very clear. You see, when Mother Earth gives plants and fruit, I mean, she does it free. I mean, then the gardener comes and puts a fence around and says it's 20 trees or whatever. I mean, this is human doing. I mean, one cannot tax the air that you have to breathe in order to live, can one? In the same way, these aberrations are just priceless. And this time, between God and yourself, there won't be any rubbing man to take your birth. This is one thing. The other thing is, we are not seeking your votes either. I mean, I tell it very nicely and very friendly, that it is true. You see, what we hope is that all the genuine seekers of reality get what they are entitled to get. Because now is the time of revelation. But we don't want to build up a big organization or a big institution, or to have a big night at quarter with an elephant switchboard and brass panel on the door. We want each of you to be able to reach that condition in which you will see that to be human is a happy story. To be human is not the filth, the vulgarity, the injustice, the garbage which is in our society today. No. This is a result of our own mistakes, of our own doing. It is not God's doing. God's doing brings joy and peace and fulfillment and bliss. I mean, I can say, I can utter these words because by the grace of Matadi, I have discovered this dimension within myself, as many as other people. But what I have felt for myself, you haven't felt it maybe yet, so it is not that important. Try to be open. That's all what you can do. I mean, you cannot do anything this evening. Just be open and try to get in touch with your own

goodness. That after all, you are, why not? Why shouldn't you be worthy to get this? It's a big thing, but your love is even bigger than everything we can imagine. You see, I have spoken about the wind, and I don't want to go too much in scripture. As we are in a Christian country, I should like though to speak a little bit about the wind. It has been said in the Gospels many a time that someone is going to come after Jesus Christ in order to bear witness to the truth of his teaching, in order to bring the fulfillment of all which has been said, in order to grant eternal life. This someone has been called the counselor or the confeder or the Holy Spirit. Now, there was a monk in south and fifty in the middle age, which name was Joachim de Fiore. He was saying that after the age of the father, which corresponded to the Jewish time, and the age of the son, which corresponded, of course, to the incarnational pieces, the age of the mother would come, which was the age of the Holy Spirit. These things, you cannot really accept or reject them because you don't yet have the instrument to know whether I am talking nuts or whether I am talking the truth. But you know, I mean, some of you may know that a statement, I mean, is a scientific statement when you can experiment the truth of it by experimentation. This is the first condition. The second condition is that the experiment should be communicable. So, until you can experience and until you can realize that this experience is shared by other people, what I say should be an hypothesis. And the statement that I should like to make this evening, I mean, I don't make it on my behalf. I mean, eventually I would like to talk on behalf of all those that have been blessed by meeting Mataji, all the Sahaja Yogis of all over the world. People who have been blessed to meet this unique, really absolutely unique and genuine personality. And I would like to say that the One who is the supreme power, the One who is the power of God, the Almighty, the One who is the power beyond all powers, the One who is the Holy Spirit, has incarnated in the human form of the Divine Mother, Mataji Nirmala Devi. What I am saying, I am telling it to you this evening and we will tell it to the nation of the earth. You can't digest, I know, you can't let be open. This is a hypothesis for the time being. If you feel this evening today is coming in your hands, which is what has been said in the Bible to be the sign of the Holy Spirit, then you will understand that something very big is happening in the world today. You will understand that you are blessed to have been called at the beginning of a tremendous historic process. You will understand why the Golden Age is now open to us. I mean, all this is very big and I always tend to be a bit sore, I mean, a bit too pompous maybe. But, I mean, actually, Sahaja Yoga is very happy, very joyous and we have a lot of fun and we laugh a lot. But this is just not the time to, this is not the time to deceive you. I have to tell you what things are. You see, if you can't take it, that's too bad, but that's the way things are. It is really this. I'm very, very happy this evening by the grace of God. Those who are the seekers of him. Those who are not seeking the junk of the spiritual circle, but those who are seeking reality, they will get the blessing by the grace of Mataji. May God bless all of us. May God bless all of us. I know it is a proclamation. Even when about Christ it was prophesied, how many believed Him. It's a very sad story. But there's no use bothering about Me, who I am, who am I, what am I going to do to you. It's high time you bother about yourself and find out something for which you are born, for which you are created. From the amoeba stage we have been brought to this human level with great care for so many years. Why the Divine? If you believe in Divine or not, is not the point. But I will call it Divine, you can call it anything, nature, whatever you feel like. Why did it create human beings? Have we reached that point where all our conclusions are over? Do we understand why we are existing? What is the purpose of this evolution? Why so many scriptures were written and so many incarnations, if you believe in them, came on this earth? Is there any meaning to them and to us? Are we related to them or not? Those who are not here realized, I think at least all the Sahaja Yogis do not come to this side, believe. They come to My private session no more. But at least twenty-five percent are here who have got realization. You have to have your Self-realization, it is in your own right. You have to get your fulfillment, you have to find it. It is your birthright as a human being. As an animal we do not get these problems as you have of people. We are not bothered. Animals eat their food, live in this world and are not bothered even about insurance of their life. Leave alone your thinking. The problem starts when we raise our heads, when we become human beings. A new style of personality develops in a human being alone and that personality has, which many of you if they are psychologists know, is covered with ego and superego as shown in the figure. On both sides of our heads we develop this ego and superego. And this ego and superego gives us this I-ness. I am someone, you are someone, they are someone. This gives you the freedom which was promised, it was granted and whatever is granted is not going to be taken away. Freedom to understand what is righteous, what is right and what is wrong. Of course throughout in the history of our evolution we have been helped even when we became human beings by the unconscious, by the universal unconscious which comes to us in our dreams and gives us symbols, controls us, by frightening us sometimes, harmonizes us by giving us a picture. It has been working to help us and guide us. The Divine never left us alone, we cannot blame the Divine. But most remarkable thing is that when a person like Freud and Jung came on this earth people accepted Freud and never Jung. They do not know who is this man Jung is. In this whole of London there are only eleven Jungians living. What did we choose? Freud who had a very limited vision of the reality, who had himself a very perverted life, but that we accepted because it went more with our brain which was in our past. We accepted it because we

thought this was the thing that was really the joy giving thing and the way he says that these are inhibitions and you must liberate yourself and the idea of liberty of this kind appeared to us much more. We forgot all the scriptures, we forgot Christ, we forgot everyone and we accepted who was Freud. We did not even bother to find out what kind of a life this fellow was that we do. He was one of the unhappiest man you could think of. At the end of his life he suffered from a terrible type of cancer which was a combination of two and he suffered from the cancer of the jaw, his face was darkened with it and part by part his body was removed. But he becomes our hero suddenly without even understanding or relating to his own life what kind of a life was he living. It's more surprising. Human beings when they are given their freedom the way they choose, supposing you find by going in this way you get completely void and this way you are glorified. How is it that you take to that where you clearly see that this is a ruinous life? I have known of many gurus suffering from terrible diabetes, of heart troubles, all kinds of problems. At least physically you can see how they are. Despite that we close our eyes and follow them blindly. Why? Like all the facts that came, like waves one after another we accepted them without even thinking what it has rendered to the followers. That's not human nature though, that's not mutual. That by no means is the intelligence of human beings to know even if there is one bee left they will go all the way to Birmingham to purchase their bread. That's the place where we feel. That's the place we neglected. The reality came to you many a times on this earth. You never accepted that but now the time has come for you to take it or destroy it. And how can you pay for it? When rigor says that there is no relationship of money I would say it's insulting to say for the day that you can pay for My love. It insults My being. How can you pay for love? Think of it. Can you pay for the love of your Mother? This is also a human ego which says we can purchase everything, we can even purchase God, we can even purchase Christ, we can even purchase guru too. That's the reason why here to take a hunter in his hand and beat people, horizons, for this kind of funny idea that you can purchase God. It is not a clubbing. I used to feel it is a clubbing of the same style of people together that they are treating each other and treating themselves and are very happy. It is not. But they take to easier ways. It appeals to the masses and not to the way that gives them a strength in their own personality because they see strength in the personality of the masses and not in the personality of themselves. What has Freud given to your personality? Idiosity and stupidity. We are not bothered to find out where are we in relation to ourselves when we proceed on some lines or proceed on some understandings. And that is why there has been big mistake, very big mistake and you have spoiled your path of evolution. You have rained your chakras by these mistakes. And when the time has come to sow the seed what do I find? When it has to sprout what I find is that seed is hurt at that point. The edge when it is to be reborn is already injected with something else. What does a person like Me should feel? It's no question of money. Money is something, not even the dust of his feet. Money is our own conception of foolish conception. It is not the question of any organization, these human organizations rise and fall like that. You have seen Roman Empire came up and fell. All these kings come up and fall down. It's not that. It is the question of the entire human evolution. Humanity has to evolve itself and there is a system, a certain system existing in you which has been so many times described even in the Bible. Do the people at that time were such fools and such stupid people and such blind that I will appear before you like tongues of faith. But this divine power was to be kept properly lit and properly agnostic. This was very important that this divine blessing that you have in the triangular bone placed there in three and a half world is the holy fire, is to be placed there in the most holy manner that your Mother born again and again with you, again and again. She is born when you are born. She comes and resides there. She is your memory. She records everything that you have done, whether it is painful to her or whether it is joyous to her, everything is recorded by her. And she exists there throughout to guide you. And here in this world what I find is people have played with Kundalini itself, I have one, is to place Kundalini like a prostitute who is your own mother. What more thing can we do? There is no end to satanic thinking. You have been given freedom but not to choose the satanic realm, to choose the Divine. How can your mother be your prostitute? Kundalini is your mother because She gives you your Divine rebirth. But people, the tantricas, so-called tantricas because tantrum is mechanism and if there is anybody who is a tantric, the one who knows about tantra, is a Sahaja yogi. But the so-called tantricas as they call themselves, those who have got no knowledge about Kundalini have written such big books. Now you can see yourself, where is the Kundalini? How She rises, how She pulsates, you can see with your own eyes. If you read Marta Leya, if you read Adi Shankaracharya, you will know they have described this age, this time. But it is for you people to see for yourself with your own eyes, if it is the truth, if you are really speaking the truth, then you must keep yourself open and see for yourself. Do not identify yourself with the mistakes you have committed. Today's subject, you see I have been speaking for now five, six lectures, today's subject they have chosen for Me as the dharma and Kundalini. The word dharma or religion that you call, dharma means the sustenance power. Dharma in Sanskrit means dharayati sadharma, the one who sustains. Whatever we sustain is our dharma. A human being has his own sustaining power, carbon has four valencies, gold has its own capacity that it is not untarnishable. In the same way a human being has got his own sustaining power within himself. So first the sustenance is very important before you jump into something. For example

if I have to come to Caxton Hall, the road to Caxton Hall is very important. But once I come into the hall here that may not be equally important but exists and that's why should be respected. From the time of Moses there has been the talk of dharma, of sustenance. There is nothing to doubt what he has said about the Ten Commandments. These Ten Commandments are nothing but the sustaining power in our navel, what we call the Nabhi chakra, are the ten subluxuses they have placed. Or you can call the ten petals of that lotus, at the Nabhi chakra. This is the third chakra within us. It has got ten subluxuses and is represented or manifested in the growth as solar plexus. In the subtle form it is a very important chakra because that is the beginning of our evolution. Our evolutionary processes we start from the navel, from the navel. The sustenance of a human being makes him a human being. Not his clothes, not his money, not his position but the personality as you can call it, nearest to the point. A human personality are these ten points, he must have minimum of them. If he does not have he is not a human being, he is a satanic person. Or he is subnormal, he is a beast, he is an arid. All these sustaining powers we have got through various methods and through various sources. So many of My disciples here have been hippies before. Real hippies I mean in the real sense of the word. They were just drug addicts living in fixed time. They thought by doing that they had achieved God and renounced the materialism of the world. Great personalities they thought they were. This is most misleading. What is there to give up in this world if you do not possess anything? It's just the snow of giving up. This is what you are treating yourself by saying we have given up this and we have given up that. If we do not own anything it's like My thing I have given up the cat's horn. It does not belong to Me and it does not even belong to anyone because it is only in the registration office. When we die we do not take any part of it. First I am taking the cases of our hippies because they are a very important part of this one. I would say they were the sages, the saints who were speaking really I know that they were the saints. It was described in the Puranas that once Nala met this Kali, this modern time he is known as Kali Yuga. And he was very angry with Kali because he had separated his wife from him. And he said, now I have got you in my hands and I am going to finish you off with Kali Yuga this modern time. He is the one who has created this modern time, is the deity known as Kali. He is described in the Puranas what will happen, the women will wear the dresses of men and all that. In very great detail he will be surprised that people will be eating food out of plastics and tenless feed also. So he caught hold of this Kali and he said come along now I am going to destroy you. So Kali said alright you can destroy me but please listen to my importance Mahatma. Listen to my importance. He said what is your importance the most horrible person who creates such a horrible age of confusion? He said that in those times only when I will be the ruling person, I will be known as Kali, the one who has created this Kali Yuga at that time only. The saints who are sitting in India in the valleys and the mountains will get their realisation. That's the time of greatest confusion and the greatest confusion. So Nala forgot his problems and he forgave me and he said alright you go ahead with your plan. And so in this Kali Yuga only such great saints were born and are born again and again but they were not realised too. They were seekers. When you realise you do not seek, your seeking is over. And they were taken up by the fact. The idea of giving up because materialism bore them too. Came into their mind but without understanding where they are going they jumped into one big, big. Others were caught up by these gurus mostly in the cities. Gurus have no interest in the villages thank God for that. They are interested in your purse, your money and dominance. But there are some such botanic ones that they are interested in spreading all the chances of your evolution. The propagating first thing that you may not have your evolution all your lives and they will go to hell and with them they are going to carry you to hell. This is a very subtle of attack on the saints. A very subtle type of attack on the saints. Who are really seeking God with true heart. May God bless all of them and give them what they have been asking for. So that's how we have been spoiling our dharma. I need not tell you about ten commandments, you know that. Because most of you know about ten commandments, that's why I'm telling you. But even in the Indian scriptures or Koran or anywhere these ten commandments are repeated by all the real gurus. Not the fake and the false. All the real gurus, they are mainly ten of them. One of them is Moses. The last one came in India as Sainath, not this another fellow who calls himself Truthfully Sainath. If you are Sainath why should you say truthfully I am God? There are many like that. These are all satanic. They have come on this earth to spoil your dharma. One of them was Freud. Another was Hitler who disturbed you so much to such an extent that people of that age lost all the values of sustenance of their dharma. Now in the Bible whatever is written cannot be understand unless and until you are realized many things in the same way about Buddha and all other things. For example it is written that you will not engraven me. Anything that is in the heaven or on the earth or under the water, any image cannot be engraven. Whichever is in the heaven, that means there is. Whichever is on this earth, that means there is. And whichever is earth, under the water. It means that you cannot create the image yourself. It is already been created. You must have heard that in India there are some places where they say they call it a swambu idol. Means it has come out of the mother earth. Now those who are Sahaja Yogis here who have been to India have felt the vibrations coming from these things. There are some places here like Stonehenge which is definitely a vibrated place. There is another place I would say which is very famous are the pyramids. I went to the pyramids and they are

just vibrated. Was created by some realized soul there who gave them those ideas. But unless and until you are realized and you have those vibrations to test and find out what is the reality, how are you to know. On the contrary, if you buy something in the market and bring that image. Today only we had a lady who had bought a statue of Divine Mother from India and had brought it and was worshipping. And she had the same chakra caught up where that jagann matha or we call jagadambali is the heart chakra. And she was suffering from the same trouble which if she is enlightened she can be cured. That is at the heart center. And this lady did not know. She thought she was a religious woman. I said, from where did you buy that? She said, I bought it from a very good saint. I said, how could you buy an image? It's not a business. For human beings they cannot understand anything without business. The other day we had a boy, he telephoned to find out what is the catch. If there are false and fake people it means there has to be reality somewhere. If there is relative something then you must know there has to be an absolute something. That's how the copies are made. But we are so much made, our value structure is so made that we cannot understand, we cannot understand that God is beyond us. We cannot understand that if we have to reach Him we cannot read about Him. By reading books you cannot reach Him. You have to feel Him. It has to be worked out in you. It's a living process has to happen. Like a small seed sprouting itself. The holy seed within you has to sprout by itself spontaneously. That is what is the Haja, Sahaja, Swami, which is born. It is born with you, the holy seed is placed and you have to get your realization by the sprouting of this seed. That is being promised and has to happen. But in the meanwhile we have spoiled the Dharma, the sustainer of our seed. When we say religion, immediately we think of Christianity or Hinduism and Islam and all those things. There also we do not think of the incarnations who came and who started it. But we think of the organizations and the theological colleges from where they are giving certificates, here by you are certified to baptize. And we seriously go and bow our heads to them, all right baptize me. What authority have they got to baptize? Who has given them authority to baptize? Did we ever challenge and ask them? We prostrate before all these false people headlong without even questioning. And finding out what others are doing, those who surround Him what are they doing? How can we organize God? He has His own organization, He has His own organizers and He organizes everything in His own way, not by your decay. Please remember He is God Almighty. He has all the power to do whatever He likes, but there is one power that He has given you, it's your own freedom. And that power He wants never to be taken back. But we run to people who are enticing. We like enticements, we like circus. We like all that is supposed to be. Why not we ask for our own power, whether you go to churches or to hippies or to any guru? It has been promised that your own self will be manifesting the power. For example, Gregor who was here or many like him who are and thousands who are supposed to be Most of them they are realized and they are. They can give awakening of the Kundalini, they can give realization. Many of My disciples have cured a disease which is known as cancer. Cancer can only be cured when you get your evolution, otherwise it cannot be cured. And all those gurus will have to die of cancer. They have taken the money, all right, have it. The way they have committed sin is to kill all the possibilities of your evolution for little money, such debasement of themselves and of you. I cannot understand why should you accept. Anyone as your guru, as your guru means a higher person, who lives on your money. Will anyone of you accept to live on My money? That means they are even worse than us terrified. They are beggars. A man who is holy is like a king. He doesn't bother. If you are here two or three or ten or fifteen, it's not My concern. Holiness can be felt. Even if he should be understood, if your dharma is all right, if your sustenance is all right, but it is not. We have become very close. But we say we are tired of materialism, we do not want, because we read some books written by somebody somewhere, that you see this is all materialism, this is this, this is this. And by reading books we think, oh, we are very satisfied people, we are very good people, and we are going to give up materialism. You do not. By saying these things you do not. Take yourself in reality. When you are trying to protect some identifications which are really misidentifications, must know that you are being treated, you are being thoroughly treated, and you are going on those lines of treatment. Your dharma has been ruined. You have not achieved your bliss and joy. Since it's clearness. So it has been promised after all. God has promised that He will give up. Are we prepared to receive? Are we willing to have it? Yes. You are willing to have, no doubt. But it has to be the way God wants, not the way you want. For example, if you have disturbed your sustained dharma, adults see it's a point. Christ had said that even to have adulterous eyes, not a word that He said is wrong. Not a word that He has said was false. Even if you have adulterous eyes, you will be losing your dharma, which is a fact. The statistics of impotency has come. The statistics of impotency has come. Such a limit if you read and find out that in the Western countries impotency is settling down very fast. Why? You talk so much of sex. You talk and read and pray and as if that is such a great job to be done, it is done just like that by animals. Thou shall not commit adultery. It means without marriage you are not going to have relationships with anybody else. Now you may say marriage is a ritual. It is not. It is the concession or you can say the certificate of the universal unconscious when it is so many people. Feel so happy when a wedding takes place. Everyone is happy. It's such a beautiful thing the whole society feels. And why? Because they expect a new net has been built, children will be born in that. A new generation

will be coming, our species will be saved. But for human beings it is a question of the mind. Our species will be saved. But for human beings it is extremely important they must respect themselves to the will. Those who have no self-respect, those who do not understand what they are tricking away just to please their base ourselves cannot get their realisation. Ours is a different stock. In other shops you'll find come along, come along, come along, bring your purchase, bring your friends, everybody come along. In this shop you have to know that you have to get it and get it and get it. That's all. There is no argument about it, there is no lecturing about it, there is no brainwashing, nothing. You have to feel the vibrations and you have to use it and see for yourself that these works work out. Like a machine you are, I can say, like a computer you are, built in, everything built in. The Kundalini is placed within you, you can see with your naked eyes the pulsation of the Kundalini. You can feel it, the movement of the Kundalini. You can feel that when it reaches over Agnya chakra you can feel the thoughtless awareness and when it jumps out of your soul's Rana you can feel that you start emitting vibrations, the spirit from the heart manifests there. You can see that immediately you become collectively conscious. You can start feeling the vibrations of another and you can then find out what's the matter with another person through your fingers which of course doctors accept that there is sympathetic, there is sympathetic activity and one can feel the chakras on their fingers. Which are the chakras? What chakras describe which part? Which chakra means your Navi, which means your Agnya, which means your Vishuddhi, which are the devi seeking on these and what mantas are to be used, all this has to be told to you. Somebody has to tell you. The unconscious has to tell you. It has tried too many ways of giving you dreams and symbols but when it has been found out that nobody receives any attention, when you have described it so clearly to the whole of press, can you imagine there are only inner reunions in this great country of reflection and so many mad caps. You can see them in Oxford surface or something. Sanity is so rare without the incarnation it was not possible. How to tell it? Now you see for yourself the record is established or not. You see for yourself and find out. Is there any path? Can we talk to the divine? Yes. The vibrations will tell you. They will tell you means and everything. You have to be little bit, little bit stabilized to take little time for somebody but for some it doesn't take time at all. They are just there absolutely there. Now these people who have felt it are because you believe in the power and you believe in somebody who is highly pleased, I would like to say, the one who has felt it is, there is one gentleman from India who is highest, highest of some place and that is the one who is working now as the judge in the high court of state, the world high court. He has got it. The Chief Justice of Bombay has got it. There is one Mr. Vaidya who is a justice, he has got it. The justice, Chief Justice of Calcutta High Court has got it. But they do not brack us, they do not wear something to show we are Mataji disciples. Nothing, it is inside, everything inside, nothing outside. You may write to them and find out if they have got it or not. You may write even to the President of India who was given it. Of course he went for his operation to America but when he came back he called me at the airport here, he was very, with his vibrations he was completely cured and when he got down at Bombay he just walked off. He had walked into the plane with very great difficulty on his face. This is only because human mind is stuck. They won't understand Christ because he was poor. They understand a guru who goes in a Christ class, can't be like a guru going in a Christ class. I cannot understand Christ too. How do they expect their gurus to be like that? Of course if I am placed in a high, big family, if I have money, all right. If I do not have, I am not going to live on any means of my vibrations. This is the fundamental thing one must understand and secondly that these things are about the Holy Spirit, about the holiness, the whole of Ten Commandments are about your holy, how to keep yourself clean and in the central part of Sushumna Aishwarya, neither to the left nor to the right. Left side is for indulgence and right side is extreme abstinence. Christ did not marry of course but there is a reason for it. He lived till only thirty-two years of age when he died. But all other incarnations were married and they had children. Did they miss their incarnation because they lived in the center? On the contrary if you know some Sanskrit, if you read Valmiki Ramayana, you will be surprised that Sita has said about these so abstinence people and Kanyasis who go about, he said that let them not enter into any village in the night. They can come just to beg and get them out and put them at such a place that no married woman should see them. He said it because Ramana Himself came in that dress to deceive. To extremes when we go we lose our dharma, this way or that way. For example the spiritualist church and the Pentecostals and all these who are being just possessed by spiritual. All these are on the left and the right are the people so called, so called. Who are full of abstinence and temper. They are not for our salvation. They cannot give us salvation. They cannot think of Kalyana which is salvation. They are hot tempered. They are boring. They are useless. They have no self-interest. They have no privacy of their own. They do not understand the decency because they have no privacy. This type of extreme behavior in life, going too far to the right or to the left creates a problem for your religion. Indulging too much into alcohol and some of the of course drugs take you to the right to your supratanttra. But some of them take you to the left. They give hallucination. You know that the pineal body in the head which is in the center of the brain is now being destroyed. This is the first time war that is created or is produced. A chemical which is called as turaleen or something like that, which if analyzed creates two other chemicals, one of them is LSD. When you take LSD, that

chakra which is governed by sweeteners goes into action and you are thrown onto your supraconscious on the right hand side into the collective supraconscious. If you can see on the right hand side it is there. When you go into the collective supraconscious, you behave as if you are in a trance. You start seeing hallucination, you start seeing colors, you start seeing auras. This is the right hand side. We had the other day one gentleman who started seeing tremendous auras and light from My body and this and that and he was amazed when I said, You shouldn't see that. That's not necessary. You should see Me as I am. You have to come to the present now at this moment whatever we are. You have to accept the present, neither the future on the right and neither the past on the right. Dharma gives you the balance, the harmony. It gives you the idea as to where you should be. Now because of ego development man has started experimenting, getting into such terrible areas which even they will still be afraid of. Through their mental activity by reading books, their ego gets this sort of challenge. Let me try this, let me try that. And they think we'll be innocent after all, whatever we do is just a crime, it is never so. It accepts you, it accepts your Kundalini. Among thousands we can find out a person who is Dharma is quite because he is not getting his vibrations stopped. Even the God who was before you, He didn't tell you that, then He can in this He came to Me. Too much of mental activity, too much of reading, though He is a great seeker, I must say He is a very great seeker. But to try experiments He has also taken drama, He has done all kinds of things, He has been to all the gurus and He has had prasada, the inflection or we say the infection from all of them. And He knew all of them, He has gone through all that hell and then He came to Me. He came to Me, He came to Me, because He was a true seeker, one thing I must say. He is writing a book now and you'll be surprised, it's incredible the way He has been seeking because He found out in every reading that this was not so, this was not so. This is not, this is not, this is not. And then you come to reality and stand there, no this was not. But when you come before the reality you are hurt, you are wounded, you are not yet that what you should be. That is because your dharma is point. These ten principles of our sustenance is point. Because of that it's difficult. Even you get your realization like a shark, so many have got it. So many of them have got it. Here sitting down you can ask them, they'll tell you, where you can go, there. He just laughed out when He got it. It is there but there's one thing happens to so many of you that Kundalini touches that point, you get the vibrations, you feel absolutely blissful with many, because it must give you the experience. But then the Kundalini comes back and arranges itself and supplies. You can see with your eyes. You can see that Kundalini is going in one place and pulsating. You can see with your eyes. If this pulsating in a portion say near the liver and you ask the person, are you a liver patient? He said, yes I am. As a by-product you get cured. That's what Christ did. As a by-product of the parasympathetic control, you see the parasympathetic control in the center which we call as the Sushumna, that your sympathetic on both the sides, these two get completely neutralized and the sickness cools down because you get into balance. People just don't believe in balance. Now we had a little boy who was sick with diabetes. Diabetes is absolutely curable if you know how to balance. But people do not think of balance. Those who think too much, read too much, plan too much are doing it with this Swadhisthana Chakra, which is down below there. And also the liver is looked after by that. Also the kidney is looked after by that. And when a person suffers from diabetes, he must know that he has to sit down and go into some emotional life of a holy nation. When these things happen, it is not an individualist's effort. No. It has to be a mask. In the modern times, unless and until it is a mask, there cannot be a rapport between me and you. One person getting it, nobody believes it. He was born on the tenth story or I was born there. They crucified him, finished him, poisoned him, nobody listened to him. When he died, they made his temple, his churches and all that. And then they said, all right, this is very good because we can handle him better after this. But the false people, the false people can manage it because they can just entice you, they can just put something into your head and you are just giving it to them. But reality will say, see to reality. Find it out yourself if you haven't got it, you haven't got it, whether you like it or not. If there is any condition, if there is any catch in Sahaja Yoga, it is that you have to get it and you have to get it. Without that it cannot be done. Nobody can certify false people. It is you who has to certify, it is you who has to feel it and if you do not feel it, know that you have not been able to do it because of certain problems in the chakras. Maybe you are sick, maybe there is something wrong with your relationship with your parents, maybe something is wrong with your relationship with women, maybe something is wrong with your own relationship with yourself, maybe you are a self destroying personality, like taking drugs and alcohol and all the time running away from reality. But doesn't matter, God is the ocean of compassion. He is the ocean of mercy and grace and He grants you, He has to. If His creation has to live, He has to give you, despite the fact you have walked with your dharma. And one has to remember that all the incarnations who came on this earth, say whether it was Dhoraster or Nanaka or whether it was Mohammed Sahib, all of them have a meaning within us and they are built in ourselves and specially on this chakra which I am describing above, the Nabhi chakra or you call the navel, all these ten gurus, the special ten gurus who came from the incarnation of the first primordial gurus, most of them were married men and had children. There were noble people and all of them suffered. All of them had to go through hell but they never gave up their truth and they always told the truth, guided the people and put them on the right path.

These are the real gurus that they did not want to please the people. And just to take votes from them they were not contesting any election. And all these gurus are within yourself. You'll be amazed how much they are there. For example I had a Muslim boy who came to see me and he was suffering from cancer. So I told him, He said, He said, I said, And if you have to believe that way, if you believe that only Islam could cure you or only Christianity can cure you, that you cannot be alright. He said, I said, He was the same personality and how dare you differentiate out of your ignorance. Will you accept nanaka as his guru? He said, No Mother I cannot. As my guru I cannot. He went back and he had to come back again to get cured. Now we have many Muslims also among us who have felt the reality has broken their orthodoxy of this is the only one. This is a very important point that all of them are there and all these organizers and deities are different aspects of one God. After all we are human beings. We say I am one, alright, but I have eyes, I have hands, I have different aspects. I am a wife, I am a mother, I am a doctor. In the same way God has different aspects. We think that is a rock of Gibraltar somewhere that He doesn't move at all. He doesn't have any other aspects such as solidified stuff. Even rock of Gibraltar has got many layers. I cannot find any proper simile to show what people think of God to be one. All these are within you. It is for you to open your head and see for yourself. There is no organization, there is no no prestige issue involved here. It is question of your well-being. Those who think they are very great can have their own satisfaction and go ahead. We have nothing to quarrel with them but those who still think they have to seek and have it will have it. We are not interested in people those who think they are great people or they have found something or they belong to some organization something like that. We have no place, neither interest for such people. Neither we want to have anything to do with them. Let them have their satisfaction, let them do whatever they like. We have done our duty to tell you the truth. If you think you have found out, you are welcome. If you think you have to have it, you are welcome. May God bless all of you, all of you that with some total of religion is wisdom. In you there should be wisdom. You develop wisdom through proper balancing within yourself by understanding that when somebody has said it, don't do it, there must be something about it. And even you have done it. Forgiveness is the quality of God. He forgives you. He forgives only thing that you have to say, Oh Lord, forgive me, I did it, in all ignorance. That's all it works out. You are here to get what you are, to know yourself. You are here to feel your own powers and not mine. You have to have your own powers which are within you and you have to get it and not any guru-dam or anything here, but a mother is only interested in seeing her children going into something great, her children coming up. So I have to request you that take interest in yourself and not in anything where you have been wasting your time so far. Please do not waste your time anymore as a mother I am requesting you and get to the right path. Now how kundalini rises, how it works out, how it gets into it is another question. The thing is there is a science, there is a big organization. For even lighting this light, though you can press the button, there is a big organization and electricity producing mechanism and a big history behind it which found out this electricity. If you see even this small point of pressing the button there is a big thing behind it. The kundalini rises, how it works out and how it helps you is not today's subject about which I have told you in my last lecture. In any case, again I will tell you all about everything, each and everything, all the secrets can be revealed but only to a person who wants to know, who is really there, who wants to know and who wants to take it. And there are so many here who within two years time have matured so much, they are understanding such a lot and they are doing such a lot. Their lives are changed into blossoms, into beautiful flowers and they are enjoying their lives. You have to also know that you are joy. You are joy, you have to just get to it and the seed is with you. Only thing what I do is to turn it for you or to show you how to turn it. Maybe I can say I am like a gardener which pours water of love on the seeds and the seed by itself, by its own right rises and the garden seeds the flowers and it's very happy. May God bless all of you and I hope you all go into meditation for about ten minutes and you'll have the results very soon. In this process there is no outward gesticulation, no outward any show of any kind. It's a very simple happening which happens to you and if you are really in the center, if your sushumna is clear cut, I would say the best I would give an example of Justice White. He was just sitting before Me like this, he has taped it all back and just on his hand he felt something melt him and he's got it. In the same way you won't even feel the rising like a smooth cake off. The best instrument you'll do but some people who have some obstruction may feel a little obstruction or a little heat, nothing unbearable, so far nothing has gone wrong. But I've seen that people say, like the other day I told you somebody was sitting with both the feet towards Me and I said, why are you sitting like this? He said, no, My Guru has said when the Kundalini rises you start jumping like a frog. So I told him, for God's sake you better keep your Guru outside as you have put your shoes outside, otherwise you don't come to My problem. It's a very majestic thing, it's a very self-respecting and a respectability. It rises like a crane, a thing and gives you that what He has been trying to give you to us. There's no cheapness about it. There is no vulgarity to be entering into the Kingdom of God. Do you think it will be something less than majestic? It's the most beautiful thing that can happen to us and should happen to us. Let us now open ourselves together and if it doesn't happen it's all right, next time I'll eat it. I'm willing to work hard. You know I've worked very hard, these boys can tell you day and night and I've worked hard, very hard and many have

got it in this country. I'm so happy I'm in London because I find in London people are really very much balanced. There's some sort of a force which I know already is there, which has worked that people are balanced. There's some sort of a limiting force which makes them understand that they have to be in the centre and so many of them I've met here are really very beautiful people. But outwardly you can only see the shine on their face, a glow on their face but inside they can feel your vibrations and they will know what the matter is. They will immediately find out what's the problem is. So please those who think they have already thought and found out are at liberty to go. I'm not here to give you lectures or give you some mental feats and to give you a brainwash. No. You have to get your Realisation otherwise I have nothing to do with you. That's what I'm here for. Luckily my husband got elected and he had to come to London and that's how I'm here. Because the other day somebody said people say that if she saw why did she come to London. Now my husband is posted here, I find and he too got elected by ninety three countries and I had to come here. It was not because I came here to earn any living for myself. So this doubt also there is some people are having in their mind should get it out. I gave you because you wanted it. Because there was a force, it's worked it out. That's why I'm here at your disposal and at yourself. May God bless you all. Again and again I bless you with all my heart that God should give you wisdom to choose the path of reality and work in His kingdom. Thank you.

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This is a recording of the advice given by Holiness Mataji Nirmala Devi on 21st February 1977 at New Delhi. Should I tell you now about Krishna's Sahaja Yoga? Krishna tried his Sahaja Yoga at the time when he was in Gokul and Vrindavan. He chose people who were married people, sanctified, wholly married couples. You know them, they are gop and gopis living in Gokul and Vrindavan. Very simple people leading a very simple Sahaja Yoga. And these people would not come like you, they were not intellectuals, they would not ask questions, very simple village folk. Some of you may be from there or here, back again. So Krishna tried very simple methods of Sahaja Yoga. What he did? When Radha ji, ra means energy, dha means dharaiti, sa means the one who sustains energy. She is the Mahalakshmi, she becomes, she becomes many, she later on became as many. Radha. Radha ji is Adi Shakti herself. And Radha ji whenever she used to go to the Yamuna river she would vibrate the water. You have seen I am vibrating water for you. The vibrated water was carried by the gopis on their head. As a child Krishna would throw a stone from the back so the vibrated water would fall on the Kundalini and would excite the jumping. So he did the Gopala kala as you know that, how he played it with children. Actually one American told me he was with Krishna and when he got his realization he started describing his experience. And he didn't know Krishna or anybody because he was from Toledo. He was saying a bright boy and there was a butter and all that he described to us. His name is Mr. Lord Joseph. Mr. Joseph Lord. He is an engineer now in Toledo. He told me that he saw himself with so many young boys and there was a bright one, dark complexion and how he broke a matka and all those things he told me. Of course in his own way, in an American way he told me that it was hanging through a net. And there was an earthen pot which was broken. So what Krishna did was to get the small children together of his age and he made them sit one after another and standing on top of the head means his feet were touching their sastra. And that is how he wanted to awaken their Kundalini. Now I can put my hand on your sastra, you don't mind. But that's how he tried the tricks is to awaken their Kundalini through their sastra by standing on top of them. And then he broke that earthen pot, matka, through which the vibrated things fell on them and they got realization. It's baptism. It's simple baptism. He did it in a very childlike manner. Then Ra, sir. He played Ra. Ra is energy again, sir means Sahit. With energy. He did ask them to hold their hands. Now if he hold our hands you can feel my vibrations passing through you. And he used to make them hold their hands and pass his vibrations through them. And that's how he tried to awaken their Kundalini. There are so many ways, you see, it's all childlike place. When he found that their Nabhi chakra was caught, what he used to do is to commit some sort of mischief, you see. So mother would get very angry, yeshoda, would get very angry and tie all of them together with her sari around a pillar. And with that thing he used to pass his Nabhi chakra on to everyone. You see everybody tied at the Nabhi chakra and the solar plexus used to get excited because of his solar plexus. So in all his childlike play as you think is a very simple thing, is not? It is all sahaja. He played with the gopa and gopi and that's how he did it. Today is the day when we can have a pen doll, you are sitting before Me with your hands like this. But it is a very difficult thing to get such people around and make them sit in those eight times. So he tried all these beautiful tricks. They say that when he was about four years of age the ladies had gone for bath and he hid their clothes. Many people are using, you see, there was one man, he is making women naked and men naked and they dance. So he says that, I am a Krishna, I am Shri Krishna, that's why I am doing it. So I went and asked him at what age

Krishna did it, at the age of four years. At the age of four years any child doesn't understand what is sex. He is a child, he doesn't understand about sex. So he was a child. If he did not care for the chastity of women or for the lajja of the women then why did he supply saris to Draupadi? Tursi Dasa has described it very beautifully. He says, when she said Krishna, she would not say Kri, she said Kri, you see, because if you hold it like this, sari, you said Kri. But then she thought it's not working or she said Krishna when she dropped. Then he, Tursi Dasa has described that moment beautifully. is, Dvarikame Shoraga, yo Shorabhayo bhare, shankhachakra gada padmas, garuda lai siddharai, everything he brought it round to save this chastity of his sister. Why? If he had no sense of chastity. In every event of his life is Sahaja Yoga. So those who say that I am like a Krishna they must understand. All, everything is Sahaja Yoga. Sixteen thousand wives is nothing but his sixteenth battle and the thousand nerves here. So sixteen thousand wives means sixteen thousand, sixteen thousand energies were created by him. And these women you know were under the domination of kings and they had no place in life so he brought them round and put those sixteen thousand energies through them. Now I need sixteen thousand children. Can I have them? This is all Sahaja Yoga. All his life is nothing but Sahaja Yoga. Ayamaza abhayana samanve Krishna ko. Apto hatha hai sakar ke betu kamse kamite hai, kuch hai paar ho ja. So it's all right. No, no, there is no lecture needed at all. Even by seeing me the Kundalini rises, at my feet it rises. Lecture is only your mental feet. Of course with my lecture maybe you get vibrated all right. But main thing is you must get realization you can get it just like that. Some people just entering inside get it. Depends on. I've told you two instances of a very well known people in India who have got it just like that. And they have got it, they have never lost it. And they have risen also very high in life. So should we get into meditation now for about, let us try for about fifteen, twenty minutes, well and good. And if it doesn't work out also don't get disappointed. There are so many ways of working it out. Take out your socks because I'm sorry it's cold but you have to take out your socks because

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This is a recording of the advice given by Holiness Mataji Nirmala Devi on 12th January 1978 at CJ hall. Yesterday I spoke in our national language but today they have requested me that I should speak in English. So I hope you'll excuse me for using this foreign language. It is very difficult to describe the experiences of the Spirit in this language. You'll be amazed to know that in this country, right from the language, everything has been discovered through meditation. It has been found out by great Rishis and Munis and they have later on prescribed it for the society. This is a very unique country where all that is knowledge comes to us through the people who really know the real knowledge. While in from all other countries most of the philosophical treatises are not through meditation so much but more from the experiments they used or experiments that they tried on human beings from outside. Knowledge does not come from outside because whatever is outside is already known. Knowledge comes from inside. Every knowledge, every part of knowledge that we see today has come to us from inside. Inside ourselves as I told you yesterday there is a universal being which is now been accepted by many scientists and many psychologists. They call it as an universal unconscious being that resides within us. They accept that all the harmony that we learn, all the balances that we achieve come to us from the instructions that we receive from this universal unconscious. So far they have not been able to jump into that universal unconscious. Though they have been able to see, perceive, imagine the existence of that they have not been able so far to find out a method by which they could jump or trigger their beings to be in that universal unconscious. The conscious mind that is within us by which you are listening to Me has got on the right hand side the pre-conscious mind and the left hand side the subconscious mind. The conscious mind receives every moment to moment the experiences and the pre-conscious mind passes it either to the subconscious mind or to the intelligence whatever may be the case. The universal unconscious is beyond the conscious mind. The only way to achieve it is to be in the conscious mind that is to be in the present. Now at this moment to be where you are which is an impossibility. If I give you a big lecture that you try to be on this moment or now at this moment to be here you cannot do it. You said, Mother how to do it, it's very difficult. It is because you are not yet made that way as I have described yesterday that there is something that has to be still brought into your being that will create a new dimension in your awareness by which you could be in that universal unconscious. And that defect, I would not say defect but I would say in completion in our being that we are not yet devolved to that point where we could be in our conscious mind and jump into our unconscious being conscious. It's at this moment I am in the conscious mind and I am also in the unconscious mind. That is very easily possible if you could somehow or other be triggered into it. That is the job of Sahaja Yoga and Sahaja Yoga is working it out. In the medical terminology you can say that you jump into your parasympathetic nervous

system. Parasympathetic nervous system is the system by which we supply the energy that we use by which we balance ourselves, by which harmonize ourselves. For example if our heart is beating hard or we can make it beat hard, we can think about a state of emergency by which the heart can pump faster. But gradually it slows down by itself. They say it is autonomous, that is Swayam Chali. Somebody Swayam, auto is doing it. Now who is that auto? They have not been able to define, just giving a name. This auto is nothing else but the Spirit that is being described in all the great scriptures of the universe. And this self once comes into the conscious mind, enlightens your conscious mind, then you get what you call these vibrations known as Chaitanya Lahiri by Adi Shankaracharya. Of course these days the Shankaracharyas are only busy with their puja and all that. None of these people, none of these people right from the Pope, the Mullahs and the pundits and all these people are at all bothered about the reality of religion but they are just worried about all kinds of ritualism, what we call as karmakana. And Kabira, Nanaka, so many before that, Kukaramak and earlier also from right from Moses and Abraham from that time, they have been lashing at these people that don't take to these false, hypocritical, absolutely out of any reality these methods of getting money out of you or getting some power out of you. This self-realization as they call it has also gone into lots of funny human distortions. They have used it in so many ways that it's sometimes shocking the way how human beings have been so arrogant and not afraid of God's own power. The way they have been going and spoiling the reality of self-realization. But thank God in this country we have had many people, great many people who have described it very clearly. For example let us take Adi Shankaracharya. We are supposed to be Hindus, supposed to be. That doesn't mean Hindu, Maha, Saba in any way. Those great people like Adi Shankaracharya have described that when a person gets connected with the self, the light of the self flows through you as saunghari lahari. He calls them as chaitani lahari. At the time of Christ it is described in the Bible that when somebody touched his body a power of love went into the another person and another person was killed. This is what it is the parasympathetic nervous system within us which we cannot bring into play ourselves with our efforts. It works automatically autonomously. That's why it is called an autonomous nervous system. If you could by any chance, by any method, by the grace of God, because if you take the name of God after doctors don't believe in it, if you could jump into that parasympathetic nervous system, then you become the master of that controlling force. You become the master of that self that is yourself. That means you become master of yourself. Yesterday as I described that any amount of variations and any amount of varieties of your institutions, human institutions of say law, order, political institutions, your economic institutions, your social institutions, any type and any sorts of these are just experiments in the darkness and they cannot be complete and integrated and they cannot bring forth any correlation between human relations and the ideals that they present. There is no relationship between these two things. For example people talk of communism. They'll talk of communism and they themselves will be enjoying a very luxurious life. If they cannot by force then in their hearts they must be wanting it, they must be feeling tempted. They are not enjoying that giving away or that collective distribution. Now if you see the capitalist as you call them, the capitalist also, they cannot enjoy the capital that they have. As soon as they have little more capital than they have immediately as in Marathi they say that they pile it up. The capitalists start flowing in various ways like they start getting drunk, the money flows to dirty women, goes to all kinds of various self destroying agents, knowingly they jump into it. That means even with wealth there is nothing that happens inside. A man if by money he could get better then I think most of the affluent countries should have been very happy places but as I told you yesterday that the maximum number of suicides in the countries like Sweden which is the most affluent. So a person belonging to this wise country of ours where wisdom has been the basis of all our social and our economic and our political institutions should turn back to that wisdom and find out why. Why is it that all these so called evolutionary methods that we have by which we think we have evolved ourselves socially, we have evolved ourselves economically, we are affluent, we have learned to build nice houses and all that. Still why are we so barbaric? Why don't we get into wars? Why do we have this self destroying element? Nowhere in the animal kingdom they have such huge great self destroying institutions as we have among ourselves thanks to our intelligence and thanks to our wisdom. It's high time that we sit down and think about it. Perhaps I was born with this and I thought of it and I knew the reason was that man has not known the reality, he has not known himself. Because of this single imperfection in him he is unable to accept, to identify with the ideals that he proclaims. The whole human race if you find individually a person is capable of anything, he can kill his conscience, whatever may be his samskaras, he can become anything that he wants. Now the question of freedom as I discussed yesterday is that if man is given freedom then how does he behave? You can see all the free countries, God save them, I don't know where they'll be landing themselves, already they are in the head, already they are in the head. With all these things in your view we should stop and think and then we understand that there is some missing link within us, the evolutionary process is not yet completed. Let us going for that, let us see if it works out and if I say yes, Sahaja Yoga can work it out, please open your hearts to it. It is for your good. But human beings I don't understand sometimes, they go after things by which all their powers are reduced. For example they'll go to some gurus who will take away

their money, their wives, everything, if anything doesn't materialize then the gurus will destroy them completely. But still they'll be sticking on to such gurus. Now take to any other thing like say for example economic growth or say any political institutions or any sort of a, I would call it everything is nothing but a kind of a fascist attitude towards oneself. For example you say that I am a democrat or I am a socialist, I am a Hindu, I am a Muslim, I am this and all these are misidentifications and falsehoods. But you stick on to all of them and you club together very easily to that but you are not willing to accept the real being within yourself which is universally one and by which you become that. You are not to be told about it, you are one, you are part and parcel of one being and can be established and you can see for yourself and feel only thing, open your hearts to it. You read some books, I have met some people who have read Gita. They talk Gita as if they are Vyasamuni themselves or I don't know they are Krishna themselves. I told them, did you write Gita? Did you get any experience of Gita? Why are you giving lectures on Gita? They will sit down, give a big lecture, people will go and he says, oh what a nice thing they are talking, all mental feats going on helping themselves to destroy their mental attitude. No wonder in the West most of the people I find them mad and stupid. Too much mental activity like that going on is self-destroying. There is no balance, there is no integration between their various selves that are physical, mental, emotional and spiritual. Is only possible if you could awaken into yourself. So the questions comes in, how Mother we have to do it and I said it's a very easy thing because you are built in for that, it is built into you and is the Kundalini. In my last lectures which will be starting I think from the 26th and 27th or 28th, 3 days, I'll be giving you the complete picture of that engineering that is within us all built in. Only thing the job is to put it to the mains. Once you are put to the mains how do you know and how do you co-relate with your human element to the rest of the world. For example the vibrations start flowing through you. Then what happens? Now some of you yesterday got realization, some of them have come back, some of them have not even bothered to come back. Not even understanding that such a great thing has happened to them. Tomorrow if they contact cancer, Mataji you must cure us, we have got cancer. Cancer can only be cured if you know yourself otherwise it cannot be cured. Take it from me. I've been saying this on this platform for the last seven years but nobody has paid any heed to it. But even doctors when they get cancer they come to me for treatment. Your self has to be touched by something. All right then what happens when the light of that self flows through you? The vibrations start flowing through you. You start getting cool vibrations in your hand. Now how are you to know that now these are the vibrations that are from the self. You put the same hands on somebody else. On these fingers you start feeling the tingling on various fingers and you start feeling tingling here or tingling here or you may start getting cool breeze from the another person. You'll be amazed that all these fingers here and on this left and right hand side are denoting or are coded with your sympathetic nervous system left and right. Left side doctors won't accept it, you see they won't accept. They can't cure but they won't accept. The left hand side is connected with your emotional self and right hand side is connected with your physical and with your mental self. But also left hand side on the upper region is connected with your spiritual needs. Now supposing you put your hands on somebody, even a child, I have a grandchild who is now about one year old but even when she was six months old she could immediately tell me this man is got up here or here or here. Now this one means on the left hand side on this cervical plexus there is a catch. Even a child you can put ten children together, tie them up and ask them to feel the vibrations and they will put, all of them will put the same fingers because this does not need any knowledge. You know this is burning, this is becoming heavy or this is becoming breezy. For this you don't have to have any language. Without any language you can make it up. These are the laws of God's kingdom. These are different types. They have no language as such but they are definite laws and absolutely scientific. In the sense that in the science there might be a mistake but in Sahaja Yoga there cannot be any mistake whatsoever. May be the instrument that is working may not be perfect so may make a mistake but if the instrument is all right you can see that whatever is found out is there. Now among us we have many people who have experimented, not only experimented but they have also cured people of mental and physical illness. But the trouble with human beings today, specially with our country people now, I am dealing with them, that now after becoming the developing countries, I don't know what we mean by that, we start taking to ego orientation. We have to work up our ego, we must work hard, we must do this, we must compete with each other, we must come up. The ego starts developing and the ego is such a disease that one cannot feel the disease at all. It's such an aggressive disease. I must do better than the other person, I must push him down, I must do somehow. All competitive life is ego oriented. In the West of course the ego orientation has gone into superego, that means they have started taking to drugs and receiving from life while here now we are going their way. When we'll go headlong into the same ditch we may start doing the same thing but why not short circuit the whole process. The ego orientation starts by which we the Indians have started doing things, accepting things which the West has done, as I told you yesterday. Now these you can feel it on your hands. Diabetes is one of the outcome of ego orientation. Diabetes we have cured and we can cure but we are not a curing institution, no, we don't believe in curing, we believe in giving them self-realization. Then the people who are ego oriented, they are suffering also from kidney trouble, from liver trouble and

you trust them. Diabetes is caused in a simple reason, if I tell you you'll be surprised because if there's a doctor he can understand it because they don't know about it so far. There is one center which we call as Swadhisthan center which is a subtle center in the backbone which is manifesting through our aortic plexus in front in the gross way. It converts the fat of the stomach to become the fat cells in the brain. Doctors don't think from where this fat cell comes into the brain, how does it come through, how does it evolve from an ordinary fat cell to the thinking fat cell. This cell is doing this work but a man who is thinking, planning, ego oriented sort of a competitive gentleman, he does not understand that he needs a balance for his Swadhisthana chakra. The same Swadhisthana chakra is supplied the liver, the pancreas, the also the kidneys and the uterus as I told you. When one instrument or say one thing that has to, say you take one dynamo and it is being used only for running the fan then there will be no electricity available for other things. In the same way it happens that people who use this energy too much they develop a diabetic development. The ego orientation can lead further on, further on in this way that supposing you start using your right side too much then the balance has to come to the left hand side. Most surprising thing is that when you exert your physical being too much you get a heart attack. Actually heart has nothing to do with your physical being if you see that because heart is more emotional. But if you do too much of emotional exertion, for example somebody cries a lot all the time crying too much he gets a brain trouble, means he is mentally deranged. The balance comes at a later stage and that's how these days you will find all these so called organizers and the bureaucrats are suffering from this trouble that is known as heart attack. You have to have balance, you have to balance yourself. If you are a balanced person, if you are in the center not doing too much extreme of anything you are the best suited for Sahaja Yoga. But supposing you are not still balance could be given because the chaitanya that is flowing through all the Sahaja Yogis they can push the ego on one side and raise the left hand side and bring it to the back. You can be given realization also because they can raise the Kundalini, the Kundalini rises. It comes out of the Brahmarandhra here and you become universally unconscious, you jump into that where you become really a universally conscious personality. All this happens to you no doubt but whatever happens to you, you must verify and experiment with, with steadiness if you go about then you can master the complete. Now we have among ourselves here some people who have cured all kinds of diseases, even cancer, but that doesn't mean bring all the diseased people to Me. There are lots of hospitals where I can go and if I enter a hospital you'll be surprised there will be thousands of people coming to Me. But for realization there'll be only fifty. Everybody wants to take the benefit of it but the biggest and the greatest benefit of Sahaja Yoga is to know yourself, to know your power. Instead of running after things which do not give you any power, why don't you take to something that gives you your own power? But the trouble with the people as I told you, they want to run after things that take away their power. Somebody mesmerizes you, that's the best guru they have got. You must have heard about some gurus who are these days busy sabotaging you. I was amazed in Bihar I met a relation of mine. She told Me, Mataji I pray to you, I fall at your feet. I said, what do you want? She said, you know my guru is in jail, please see that he's released. I said, very good. Under their spell they are just moving, I am in joy, I am in happiness, I am very happy. This is not the sign of Self-realization at all. I am very peaceful. If you see, if you take some drink you'll feel peaceful. In the same way somebody puts a spirit into your head or if you are under somebody's help you are going to feel peaceful. That is not the reality. Ask for the reality. If you are the seekers of truth then ask for the truth and the truth is what about your own powers? Have you felt your own power? Have you tried another's? Have you worked it out and do you know all the knowledge about it? Why go after something that is falsehood? Now supposing I give you a coin of gold and that is not, I should say, gold but something else. What will you say? What Mataji has given me is nothing useless, worthless, throw it out. But in your spiritual life why do you accept? Why do you go after something that is not reality? Why are you satisfied in such things? It is beyond my understanding. So before you, as a Mother I stand with folded hands requesting you to open yourselves to truth and accept it because these are the worst times and the best times. We are at the cusp. At this time if you catch up with the truth, the truth will be shown all over the world. If you do not, of course there is going to be deluge, no doubt, but you will be held responsible because at this time you are there. You are not responsible for anything else today if you think it. See now, you must have seen that people who go to Congress, turn to Janta, from Janta to Congress, from here to there and they don't know where they are. In the same way in your everyday working also you join one job, then you give up, you take up another job, then you give it up, then you take up another job. In your possessions also you buy something, leave that, take up something, take up another thing. That means you do not feel that it is something good or worth it or you do not feel much responsible about it. But one thing you must know that there is something eternal within you. So you are made for that, you are for that, only thing you have to expose yourself to that choice. It is your own right, it is your own asking and it is the grace of God for which He has created you from amoeba with this care and gentleness and love to the simple love. We know how every day we are destroying ourselves. Now if I tell you don't drink any alcohol, you won't listen to Me, I know you cannot. Who all that Mr. Muradji has been criticized by all of you, everybody has been criticized. But you know that, it goes against your awareness, you know all

that but I don't want to tell you because I know you cannot do it because you are not yet that powerful to do it. But by Sahaja Yoga once you become realized you just don't do it and if you do it you know what happens, you get a catch. If you drink even once you get a catch and you don't want to do it. You cannot smoke automatically because if you smoke you should be chakras, chakras and you can see. Because by Sahaja Yoga you start seeing all your centers you start feeling them. You start seeing within yourself what you are and what mistakes there are and how. Supposing there is a man who is a very, very ugly personality, who is very much against life. We can say some of these horrible gurus or something. You won't even see their photographs because you still as you see their photographs you are getting a heat from them and you say get out, shut it. Because your body will start discriminating. You start discriminating very easily what is truth, what is not truth. Now the question is whether there is God or not. Basically there is if I say and you say the reason you are correct and I am of the fact. The reason is once you are realized you can find out, you can put your hands and try to find out is there God or not. Just ask this question and you will be amazed vibrations will start flowing into you and your spirit will be answering to you and you will know that there is God. But you ask about some X, Y, Z who is claiming to be God immediately all the vibrations will stop and you will know it is God. The new awareness which we call as a vibratory awareness dawns upon you by which you can do it. But it's a living process, it's a living religion and it's a living being within yourself. It has nothing to do with outside these artificial limitations that are being created in the name of God, in the name of religion, in the name of these institutions. All these things are absolutely of no use and of no substance in them because once you realize it you just laugh at it, how foolishly we have been wasting our time on something which has no meaning, which has no substance. But jump onto your substance, first of all you must catch hold of your substance so you jump into that universal unconscious by which you realize you can feel it, you become a different person. This is what is to be asked for, this is to be sought in whatever you do, even your indulgences, even whatever you run after. What you are finding in all these is nothing but joy and joy you cannot find in any of these things but within your heart where resides the reflection of God Almighty as your own Spirit. And it happens, it will work out, it works out. For you people you don't have to do anything, it is an effortless thing because it's a living thing. Anything living is effort, only thing what I do is to pour little water on your seeds of My love so that your seed, your own seed sprouts, its primule comes up and becomes a big tree of joy. But you have to dedicate a little bit of your time to this very important, supreme important life that you have to be. You have to enter into the Kingdom of God and once you enter into the Kingdom of God then you'll be surprised the whole world looks like a drama and you really laugh at all these foolish things people are doing and you correct them by just giving them vibrations. The whole atmosphere starts changing because once the channels are established the flow of that light goes and people are changed. It has to work out. You must understand historically it is important. We have reached a stage whether it is either destruction or a complete construction. One of the two has to happen and those who do not believe in themselves will not be raised to that throne where they reside. I've been speaking and speaking throughout, I mean so many speeches for Me it's too much because I am not a political leader and I think I've spoken quite a lot again today. If you have any questions today I would like to answer and then again we are having a session of three days as I told you. Please do come for that then I will explain to you what is Kundalini, how to dress and what are the subtle things and the subtler things. You must have read many books so far but this is the essence of all the knowledges you can see for yourself. Not only that but I promise that whatever is the secret and the secret most as they call the Gupta Gupta Taram Gupta Tamah, everything I will reveal to you and I will tell you nothing I'll keep back because I'm your Mother and I'm not going to try any diplomatic tricks with you. I'm going to give you all that. I know some of it is all wasted sometimes and some of it is people don't value it, doesn't matter but I've decided. Now that it has to be given at least there will be many who will take it and will come up and by their coming up only the whole creation will have a meaning otherwise the creation becomes meaningless. Thank you very much. Thank you.

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1976-0320 Seminar Day 1 Mumbai India

This is a recording of the speech given by our Holiness Mataji Nirmala Devi on the second day of the three-day seminar held at CJ hall on 19th, 20th and 21st March 1976. Yesterday I had told you that today we are going to know something about the Kundalini. I hope are you able to hear Me properly at the end there? Mothi bhagaha aikana aite? Oh! Today we are going to discuss and to know about Kundalini. I do not know how far the scientists have reached to locate the Kundalini. How far they have been able to see and visualize the effects of Kundalini. But medically they accept that there is a parasympathetic nervous system about which they cannot say much. They say it is a system which is controlled by itself, it's an autonomous nervous

system and they cannot say how it works. And they cannot explain the mode of action of this parasympathetic nervous system within ourselves. Science in a way is a great eye-opener. Because with science only you have reached a point where you will realize that you cannot cross it, there's nothing beyond. That you have reached the last end of your search and that you have to come back. When we talk of the parasympathetic it is a gross expression of the arrangement made by God within ourselves to live and exist as human beings. This parasympathetic is partially existing in our body, in our trunk. And there is a void in our being. The Kundalini is the power which is given to us specially to be reserved for our rebirth, for our salvation, for our emancipation, for our evolution to be that what we are actually. This residual power exists in the coccyx, in the triangular bone, in a dormant state. In every human being, all those are human beings have been given this power, a special power which is placed in the coccyx, in the triangular bone, below the spinal cord for the happening of that great moment in your life when you become one with the Infinite. You are already programmed for it. God has already organized it within yourself and there are seven centers stepped ready to allow it to move through them. Actually she has to only traverse six centers because the seventh one lies below her. This is a very important point which most of the people missed. In the beginning the mistake might have been genuine that the last point which controls the pelvic plexus or the prostate gland or the sex is below the Kundalini and not above the Kundalini and the place of the Kundalini is above the sex controlling center. This is a very important point. Perhaps some people while meditating have seen Ganesha's trunk because he resides in that lowest chakra, lowest center which is known as the Mooladhara chakra. And they must have mistook it to be the Kundalini because the trunk also looks convoluted. It's such a simple mistake but it has created the greatest harm, greatest dangers for aspirants who are seeking God and who are seeking bliss and joy and who are hankering after self-knowledge. It is very difficult to digest now for the people that sex has nothing to do with your salvation. On the contrary a person who is indulgent in perversity and all kinds of sex life is barred and is thrown into hell directly by Shri Ganesha. You have to be a temperate personality. You need not be a sannyasi. You need not be a person who is running away from sex but those who are running towards sex and under the misguidedness that by sex they are going to get to religion are the most misguided seekers taken from you. It's such a problem for me in the West where we have exported our people those horrible things which have given them ideas that we must have liberation of sex, means enslavement of sex. This kind of idea started long time back in this country only where the religion itself took its roots in their awareness when people were meditating. Equal and opposite forces work at the same time and the tantricas took it over from the so-called misguided and mistaken people and they started creating enormous amount of publications and all kinds of devices by which they could see that religion in you is completely finished. There's no end to their mischief to such an extent that they used the scriptures in India. Even Vedas were tempered by those people and they started describing Ashwamedhi, Adnya and things like that in relation to sex. They started describing Shiva and Shakti as having sex relationship. They even have yogic sexologies and things like that such horrid things. Are we here to discuss the sex habits of our parents? While they are divine, they are divine forces, that's a power of God Almighty. And there's no question of sex while Shiva linga is confused with sex. When a person is tuned to something like that and if his mind is all the time intertwined into those ideas, he puts everything related to sex and that suits many people for their own weaknesses and for some innocent people who are frantically seeking God. I do not blame them. So many of them are absolutely innocent, absolutely innocent about it. They have no idea what these things mean. The other day you might have read, I think in The Current or something, they have found out a God-man. There are many God-men here in this country, suddenly coming up from somewhere, that this man was doing the puja of Durga with a sword in his hand and was carrying on with many women who were around him. He was supposed to be a great guru. Later on he got married and he was caught and then he committed suicide or something happened. But while dying he said that they have all caught me and killing me. These are the spirits which he was using. Now this kind of a nonsense that he was praying to Durga. We think that definitely the Goddess Durga must have helped this horrid man. Has she got no other sense but to be a slave to a man like that? If she is the Goddess she won't even come near him. This is the position today of this country where such great people have been born, that we are enticed away and be fooled by these horrid people. We have sold off our brains and we are listening to them because they tell us that sex is going to give you God. Animals should get it first much before you human beings stand it. We have lost all our reasoning power about it. Now why these people did the worship of Durga is very, very remarkably cunning, very cunning. For example if you take the name of God and try to raise the Kundalini, Kundalini is not going to rise. She is settled down there and Shri Ganesha is going to see to you that you have been doing unauthorized things and he is going to punish you. He is going to punish you so severely that you are not going to get any realization. On the contrary you will be thrown into hell if you do all these tricks. Now this Durga was worshipped. Why? Durga was only worshipped because they wanted that Durga should be so annoyed that she should disappear from there and that they should be able to enjoy all that free portion, all that free area with their spirits and that is why they have been worshipping Goddesses and all kinds of Gods. They have been working Shiva, they

are working on all these people so that their attention is withdrawn from them. The Chitta is taken away from them. This is sometimes they call it as Virodhi Bhakti. They give big names to this cheating and this cunning way of displeasing God deliberately. It's a very serious thing. They do not know they are planning for themselves very well, a complete hellish life but I'm sorry for those who are seeking, those who are really seeking God are falling afraid. As a Mother you can imagine how unhappy and sorry I must be feeling the way these people are misguided and taken to places where they should not have been any moment. For Kundalini Jagruti, for Kundalini awakening a person has to be a temperate person, has to be a pious person. Supposing Mr. Hitler comes and asks Me that you give me realization, how can I give him realization? Perhaps this Kundalini is missing itself. These inhuman people who have taken work with human forms need not be human beings, they can be rakshasas and they can be animals. Many animals are born these days who are not human beings but they look like human beings. That's why there's such an overpopulation. These animals will go back to their places as soon as they discover that the atmosphere in which they are living is congenial to the saintly people and not to them. Saintliness, the temperance, the piousness, the respect and dignity we pay to our body and to ourselves, not the cheapestness with which we treat ourselves, the way we fritter away ourselves every day and night. That's not the way you as human beings should live. You can see that on your Kundalini that on the first chakra of Mooladhara, first chakra of Mooladhara I'm saying, because Mooladhara is a place where the Kundalini lies. She lies in three and a half coils, Mother, the Gauri, Mother of Shri Ganesha. She is your Mother too. You are the only son She has. She is like a tape recorder. She has got all that you have done in the past. She has got all that recorded within herself. And when you come to see from a person who is authorized, she rises. This morning you have seen, so many of you have seen, how the Kundalini reacts, how there's a pulsation with your naked eyes you can see. You need not be realized. You can see the rising of the Kundalini with your naked eyes. There is no befooling of it. You cannot fool people about it. You cannot just say, yes, yes, it has happened, yes, you are realized. No, it's a fact. And this Mooladhara chakra is the most important chakra in every human being where Shri Ganesha is the symbol. Shri Ganesha is the symbol which has come to us from the unconscious, from the achaitan, from the Divine. It's not our own creation. Let me tell you that that's the thing you are going to see when you get your realization. Without taking his name your Mooladhara cannot be excited, or in the sense, excited is a funny word, but we can say, cannot be enlightened. You cannot make Shri Ganesha active unless and until you have respect for your chastity. He is the symbol of eternal childhood. And when you come to your Mother, you have to come to Me as a child. That is the symbol signifying that when you want to receive your realization you have to be innocent like your child. But where is the innocent lost today? It's lost because of the pressure of, I'm sorry to say, but because of overdeveloped people. The so-called industrial development of people. When you start mechanically too much improving then you forget your humanity. You forget that you are a human being. You have to live with the laws of a human being. You cannot fitter away with your human conscience and you cannot play about with your chastity which is the basis of every human being. Whether it's a man or a woman. Chastity is not only meant for women but also for men who cannot respect their chastity are not human beings but are just like dogs. They are not entitled to get their realization unless and until you have respect for your chastity. It sounds fantastic. It sounds foolish to some people. But it's a fact and people don't like it when I tell them that you have to understand that chastity is the basis of every human action. It comes out of innocence. It's the flower of innocence. Have you seen small children? How innocently they live. How innocently they behave. They are so natural. They are so spontaneous. I do not mean to say that you should put restriction on yourselves and you should become a sannyasi but you must lead a chaste married life and be normal people. There's no need to be abnormally funny or to be abnormally strict. You have to just exist. What extremes people have reached it's impossible to describe in this small lecture of mine. So the first chakra of Shri Ganesha is worshipped in every ritual, everywhere and wherever women are taking their bath in our country we put the statue of Shri Ganesha. Let us say Namaskar to him. Let him guide us because he is to be worshipped. We have to ask for innocence from him. He emits innocence in us. Shri Ganesha has been later on taken a human form. He has taken a human form as Jesus Christ. It's a fact. But I have seen that in England a place where Christ is worshipped so much they have started a place where they have shown that he had bad relations with his mother. Can you understand that? Can you explain that perversity? Whatever we do wrong, whatever perversity we have within ourselves we propagate such horizontally. He was such a great personality who was born to save us. He came for our salvation. It was Shri Ganesha's incarnation but people do not want to believe in it. They do not want to accept it because in this country people think they are great Hindus but who really believes any one of these things because they do not want to see. If you are really seeking you can see it on your Kundalini that he stays here in the Agnya chakra and where you take his name you find that he is the door and he opens the door and you have to pass through him. He is Mahavishnu described in our books. He is the incarnation of that great personality Mahavishnu. I do not know how many of you have read about Mahavishnu who was the son of Radha. He resides here on our forehead. It is he who removes all these entities, bahdhas which are entering into us. Now there are some

people, for example in London people do not believe because they think I am spreading Hinduism while here people think I am spreading Islam. There was one gentleman who was preaching against Islam and I asked him, Who is your guru? He said it is Sai Baba. I said, What was Sai Baba's religion? He says he had no religion. I said he was born as a Muslim. Now what do you say to that? Sai Baba's disciples speaking against Islam. Sai Baba or all these great gurus like Mohammed Sahib, Radha Janak and Zoroaster and all of them are the incarnations of the Dattatreya. Dattatreya was a deity which was created specially by the primordial Mother to represent the Primordial Master. This Primordial Master was specially created for human beings so that they are not misguided. This entity you know that, Dattatreya, and he has incarnated on this earth many a times, many a times right from Abraham he has incarnated and very recently about, I should say, about fifty years before I was born, he was born very near in Shri. He is the same as Mohammed Sahib and he is the same as Zoroaster. He is the same as Nanak. But just see what are his disciples doing. They are fighting among themselves. They are quarrelling among themselves like fools. They don't know that their master was the same, born again and again to lead you. They are not addicted to reality. In London there are many Sikh people. They are fighting because people, government has asked them to wear a pendant. There's a big fight going on all over. Now ask these Sikhs, where is Nanak? When did he say that you have to put on this turban? But he said definitely one thing that you are not to drink. Same about Muslims. Mohammed Sahib said that you are not to drink. You go to Iran and you will know where is Islam. You go to these people and you will know where is the great Guru Nanak has gone. He was the greatest of greatest. And this is how we have brought him to our turbans. Is it what he was? He was so great that it is beyond human words to describe the greatness of this Guru. He has come again and again and suffered at your hands. He was killed and poisoned many a times by you people. And today again we are killing him because we are doing just the opposite what he has told us. All of them have said not to drink. You'll be amazed that cancer is caused. Cancer is caused when we disobey the law of human sustenance within our stomach. And that's why I say that it is only Sahaja Yoga which can cure cancer. We do not believe in the sustenance of human beings. We do not believe that we are human beings and we have certain sustenance. We have to live according to the law of the sustenance. We are not to be on our own to be foolish. And when we start playing with our dharma, the sustenance cancer takes place. It can be any dharma. Can be physical dharma, can be mental dharma, can be emotional dharma and can be religious dharma. And what is the religious dharma? A very simple thing which our Shri Sai Baba has said. That to condemn any religion is the greatest sin. Now there are people who come to Me, what are you going to do to save Hinduism or Christianity? I said what is happening to him? If it is Sanatana, if it is eternal, what, nothing is going to happen to you. It is only you people who are perishing and you should perish because you have taken away the life out of that religion. You have taken away the living source of that religion. When they are living they are all one together. You can see that on the Kundalini. And this great incarnation resides in the void in the stomach of every human being. Now when the human being exists the first thing that happens to him is that his heart starts pulsating in a fixed state. When he is in the womb of the mother his heart starts pulsating. This pulsation is felt in the heart and that is the time the Spirit, the Atma, enters into the heart. And the Spirit is represented by the symbol of Shiva, of Sadashiva. He exists. He is there. He is all the time there. When everything is destroyed, everything is finished, still He exists. He is the last to go into the Brahma where it disappears. On the right side of the heart region, that is on the right side, resides Shri Rama. You have known Him before and I will tell you what is the connection. In the void in the center on the Nabhi of the Virata of the great being is born Shri Vishnu. Shri Vishnu is the symbol of our sustenance, of our dharma. It is Shri Vishnu who represents the aspect of evolution in the human beings. Why not these scientists ask a question to themselves? Why human beings have come from Amoeba to this stage? Why have we become human beings and how? What is the thing that has played the part in making us human beings? We could have been Amoebas, Amoeba as they call it. We could have been anything but why are we made human beings so well and how? It is the sustenance, is the dharma in everything that has brought about this beautiful thing known as human being and that is represented in the stomach as Shri Vishnu. Shri Vishnu represents the sustenance, the dharma within us is a fact which you can see in the Kundalini rising. When the Kundalini rises and somebody has a blockage in the stomach, we have to take the name of Shri Vishnu. Around the Nabhi chakra rotates a lotus on which Shri Brahmadeva exists. It's a symbol but it exists, He exists, who creates. He creates within us many things and in the universe He creates all the galaxies and all the stars, earth, moon and sun. He is, that's why placed on the second center known as Swadhisthan chakra and the third one is that of Shri Vishnu which is known as the Nabhi chakra or the center that controls these solar galaxies. I'm giving you also medical terminology so that you should know that these things are expressed also in the gross form outside. I have told you that at the heart Shiva resides in the center. First Shri Vishnu rises from the Nabhi, from the navel of the universe He rises and He takes ten incarnations. One after another these incarnations represent the evolutionary process. First you know the Matsya, then the Kurma, like that there are ten incarnations and at the time of Rama's incarnation He comes up to the heart point and from there He moves to one side because

He is not a complete incarnation. He is made to be completely human to make the people follow Him. Otherwise one would say that they are incarnations how can we have their powers? So He is taken on the sides and He represents on the right side of the heart region. But in the center the power of Shiva that is Parvati enters and She resides in the center in the sacred heart and from there She protects the human beings who are seeking salvation in the voids, in the Bhava Sagara She comes to save them many a times She has incarnated as Durga. In many lives they say hundred and eight but it is much more than that, basically hundred and eight. She has incarnated many a times to save the human beings from the clutches of the evil forces that have existed in this Bhava Sagara. Now from where it has come is another story which I will tell you some other time how the evil forces have come in the play of God. But She comes, She incarnates, She has incarnated many a times before with a divine body. But later on She incarnates with a human body as Sita, Rama's wife. Then She incarnates as Krishna's power as Radha, Ra. Ra stands for energy, Dham is the one who sustains. She is the sustainer of the energy and She incarnates at this point Vishuddhi Chakra with Shri Krishna. So Shri Krishna resides on this center of Vishuddhi Chakra, centers are in the spinal cord but outside it is controlling the cervical plexus. The cervical plexus has got sixteen subplexuses and Vishuddhi Chakra has got sixteen petals and that's why he's called as Solakala, that was he was complete. He is the Virata, no doubt. He is the primordial being as Virata. Virata means the great primordial being, the complete body and that's why He appeared before Arjuna as Virata. We want to hear about Gita but we do not want to realize what was Shri Krishna. We want to use our mental feeds discussing all those small, small points but we do not want to realize Him within ourselves, He exists here. You'll be amazed how these tantric things have worked in smaller ways also. For example the people who are singing the song of Hare Rama Hare Krishna, they are quite enamored to see these foreigners doing it but you should know that this is unauthorized. They have no business, none of you who are not realized have any business to take any name of any one of these deities because you have not had the permission so far. Without permission if you enter into something then you know that you are disliked and then you are punished. So many of those people now are coming to Me in England to say that they have developed a cancer of the truth. That is inevitable. Because of Shri Krishna's, because of His disappearance from the Vishuddhi chakra one develops the cancer of the throat that's why smoking which is not liked by Him should be avoided. Smoking spoils Vishuddhi chakra and spoils also the solar plexus. Physically and also mentally because Vishuddhi chakra is so important that it controls the beginning, the root of your ego and superego which controls the complete entity of a human being. So Vishuddhi chakra is a very important, very, very important and is having the maximum number of subplexuses. It's a center which is to be respected. When you speak you use your Vishuddhi chakra. When you see the eyes, the muscles are from the Vishuddhi chakra. When you hear you do it through the Vishuddhi chakra. Through your nose all nasal activities are due to Vishuddhi chakra. It is controlling practically most of the facial things. It is such an important thing and also in the brain your ego and superego starts from there. Just by reading Gita you cannot reach Shri Krishna. Just by discussing it and arguing it you cannot reach Him. You have to take His permission through your Kundalini you can reach Him and you can feel Him. You have no right. You are not even awakened to it. How can I in England go and ask for citizenship without having any right there? How can I enjoy the powers of citizenship or all the facilities of a citizenship in a place where I do not belong? You are foreign in the land of Shri Krishna, in the land of God Almighty. First you have to take the permission through Kundalini awakening. So first of all you must get your Realization. You must jump into that. About the Vishuddhi chakra I have told you is the crossing point is where Christ exists. In the life of Christ it's so sad that Christians have really misunderstood Him and crucified Him in Dublin. They think He came on this earth to suffer and they use the cross to show that He was suffering. They show Him to be a lean and thin and pale and a serious lanky-panky person. It boils my heart. I cannot bear it because He was the healthiest man you could think of. He was the winding thing. He was like a flower, beautiful and fresh. How can a Divine Incarnation be such a miserable, pathetic figure? But these are the painters who are putting themselves onto the canvas calling it as Christ. He died on the cross no doubt, but that's not the message. The message is His resurrection where Krishna has said that's His Father. He has said, He said that it cannot be killed. The eternal cannot be killed by weapons, neither by fire nor by wind it can be blown off. It is an eternal thing and He wanted to show to the whole world that the eternity exists and the resurrection of the Spirit is the message of Christianity which is of course is over passed by all the Christians. They are supposed to be suffering within themselves and making everybody else suffering by their domination. So now we come to the Sahasrara which is the seventh home which has been described many a times. Here the Adi Shakti herself resides with all the seven forms and here the Kalaki Incarnation exists. All these incarnations are put together in a bundle together in this Incarnation and they exist together. And here where I feel the Hindus are going to face the worst of them. As it is all of them have failed but the worst will be now the Hindus failing down because they cannot understand the integration of nature. They cannot integrate among themselves. They are talking of Brahmins and what you call these Vaisas and Shri Yurkas. And then give the example of Gita for this. Just imagine the author of Gita was Vyasa and his mother was a fisher woman and he was born of

Parashar Muni. You know the story about her. And how can he ever say that you are born with a caste because he was not himself born. We have got Valmiki the greatest author. He was you know was just a fisher man. And how can you say that Valmiki preached the caste system the way we are following it. No not at all. The caste system meant something else absolutely different. It meant the temperament of human beings. The people who are seeking the Brahma, the God Almighty, few of you who are here, are the people who are Brahmins, those who are seeking in money who are now busy with the banks and arranging things for their money and all that. All the time worried about their money and piling up money after money and nothing else are the Vaisas. And those who are fighting for power, the politicians busy with that, all the time thinking themselves to be very important in charge of the whole world. Such responsible politicians, they are the Kshatriyas. So you have these three castes and the fourth one is a scheduled caste which thinks by doing service we are going to get salvation. This is another tomfoolery. They are the worst type because this is the greatest foolishness that enters into the minds of people that we are doing service to others. What service are we going to do others when there is nobody as the other? Who is the other? They are all within Me and within Myself. They are Myself. Who is the other? Is this finger is the other or this finger is the other? They are all My own being. They are collectively one can be seen only through Kundalini Yajurati. You can see that collectively you are conscious, you can feel the other on your fingers. You can feel it that the other person is suffering here, here or here. What is the problem? Unless and until your eyes are opened to that awareness of collective consciousness how am I to explain to you what it is? It has to happen to you, it is like explaining any color to a blind person. I'm here before you to tell you, to give you, if you call it giving, that enlightenment. Actually it happens automatically, it is spontaneous. For example like a gardener, he does not do anything in the garden but pours the water. That's how I'm pouring the water of my love and let your seeds rise to their own meaning and you really become the same meaning as yourself. Let you feel the Divine which is surrounding you and that's how you watch and see like a Sakshi, the working of the Divine, the unconscious. And then all your worries are over because you are just watching. No problems, you exist and you see because you are a human being, you understand it, you record it and you emit it and you give realization to others, you give them awakening, you cure them, you become empowered. But gurus, what powers do they give you? Whatever power you have, material and all that, they manage to take all that and keep it to themselves. That's what the gurus are, that's what they are meant for. It's not that, this is a mother's love and for a mother you have to demand. Whatever is missing, whatever is lacking will be fulfilled and will be done. So I have described to you all these seven centers on which there are three powers which are working, one that of Mahalakshmi which gives you evolution, one that of Mahatali which gives it existence, one of Maha Saraswati which creates. It is not possible, you can understand, that in one lecture to give all elaborate idea about Kundalini. But it is possible that I can give you the working of the Kundalini, I can give you the full idea as to how it works in a second. For example now, if there is a light here and if I have to switch on that light, I have to just go and put on the switch. But if I have to explain the complete engineering of it, I'll have to put you for five years regular course in electrical engineering. So I have tried to explain to you what is the engineering within us. But human beings are not willing to accept that there is something like innocence which is emitted within us, that there is something like dharma that exists within us, that there is something like love that is within us. We do not want to believe in these things and that there is something that keeps us to the right path all the time, is the grace of God. They do not want to believe in it or I don't believe in it, but have it and then tell me. But even for that I think it's very difficult. We will go into meditation for a short time and tomorrow we are going to have a very good meditation for, from ten o'clock onward. For Sahaja Yogis, those who are realized, they can come at seven thirty. But nobody else but a Sahaja Yogi should come at seven thirty for certain reasons. Because you must know that everything cannot be said before everyone. It has to be gradation. Once you are realized then I can tell you about it because unless and until you are realized you are not going to understand it. You all are welcome to come at ten o'clock and all the Sahaja Yogis have to arrive here at seven thirty morning tomorrow. And now I would also like to hear some questions if there are any and then we'll go in for meditation. Please ask the questions which will help you to solve your problem. I'm sorry if you have not been able to hear me because of this kind of a instrument that we have. We have to have a perfect instrument. In the same way you have to be a perfect instrument to feel God Almighty.

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2007-0504 DP NIPC Offering to Shri Mataji Cabella Italy DP-RAW

Ssetto style So what do you want to give? We are asking for your blessings, Shri Mataji, for the project of archiving and digitizing all the old video talks and distributing them amongst the world. Not just all the Sahaja Yogis but also some of them also to

non-Sahaja Yogis so that everybody will see your talks. This could be like a book. No it is all these, Shri Mataji. For each talk there will be one DVD. In olden times we used to have video cassettes but now there is a new technology and we are going to use these DVDs and they are going to be distributed and sold to the Sahaja Yogis. That is my speech? Yes, Shri Mataji. This is one, Shri Mataji. That is a DVD. That is from one of those. They will last for a long time. They won't get spoiled by time. You know, earlier on the technology was not there but they used to do some quality over time. Now they have modernized it so that it will remain as it is, good quality for many years. In this pooja you will give? Some of them. Yes, Shri Mataji, we will start selling now. We will have opened a stand and we will start selling to the Sahaja Yogis. When? From tomorrow. Tomorrow we will start. Those coming from India, they come or not yet? All right. Additional copyright information at the end of this DVD with love and respect to the Sahaja Yogis of NIPC and then there is www.sahadayoga.org which is a website and there will be some more information about Devi Production, NIPC, what we are doing. Sahaja Yogis? Yes, go on. Go away. Go away. Is there a meaning? Is there a meaning? Maker of divine DVDs. Yes. There seems some meaning to this. Oscar of horse. Oscar of horse. Philip seems to be some meaning. Philip means friend of horses. Friend of horses. Friend of... Friend of horses. Horse. Is a Greek name, Philos and Hippos. Philos is the friend and Hippos is the horse. Oscar of horse. Oscar of horse. Oscar. Oscar. Oscar. Oscar. Oscar. Oscar. Yeah, he is getting the vibrations. In America there is the Oscar Film Award. Americana. Film Award. To make films. To make films. Well, he is making films, Shri Mataji. He is going to make... Well, he is making your films, Shri Mataji. I want to make one. So what has happened to the film they were making for me? It is... everybody is seeing it, Shri Mataji. We have shown it on TV, we have shown it in cinemas, we have sent it to all the countries, they all have copies and they are showing it. It is a great success, Shri Mataji. Thank you so much for that. It is really a wonderful movie. It's beautiful. All over the world. She has a very good job. She was very determined but very hard work. Vishnu. Maya. Ujga. Maya. Ah, the crumbs. Oh, I know. I know. I know. I know.

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2009-0819 World Festival Wednesday Yuva Shakti MP Cabella Italy DP-RAW

So, I'm going to try to speak to you. Applause Applause Just to see what the standards are throughout and we ended up getting \$389.00 and I was wondering if you could give me a shout-out to take it. There were some interesting results but it turned out that more important questions were at the very end. Which were the writing portion questions. It was just about what do you think of the state of your shout-out in your country and how do you think it can be improved? Basically why it is this way. Many people said they didn't feel connected to the English arts team or the U.S. were not really part of the larger collective with the adults. So, a lot of people get interested in science and one of the bigger conclusions that came from the survey was that it's not necessarily easier for the U.S. The U.S. who were born in sahaj and have spent their whole lives in sahaj, it's not necessarily easier for them to go through daily life just because they've been brought up this way. It's actually almost harder in some ways that showed itself in a lot of the results because they were cross tabulated to show like, okay, were you born in sahana yoga and how do you feel like at school with peer pressure. There were lots of questions about daily activities and whether you meditate every day, do you know the cleansing techniques for your chakras. It was not necessarily that those who spent their lives in sahaj know better. So that was one of the conclusions. The other one was bridging the gap between younger and older. Many people wrote about this in their written questions saying that they didn't understand why. Younger Yibbas always feel this disconnect from the older ones. They can't go to them. This was also a topic discussed at the seminar yesterday and steps that we could take. Some people said, well we should just look through the crowd for a face we don't know and talk to them and make sure that this is your contact person. So that was one of the solutions we came up with. The survey, that's the main points really that came out of it. We also talked during the seminar yesterday about just asking basic questions and going over basic sahana techniques like the history of the shoe beat and why we do it. Some Yibbas may not know why and those are usually the ones who were born in sahaj. So we were talking about just collecting those questions and maybe towards the end of the seminar doing a presentation on just the history behind these techniques like the history of the haban and where it comes from. So those were the main points of the survey. Okay. Okay. One of the problems that people were... All the way. One of the most cited problems were that people felt judged, like they couldn't talk to their Yuba peers or to the adults of the collective because they're too afraid of what people will think of them. People being judgmental was a huge one. Probably the second most stated one was the gap between the younger and older Yibbas. And after that, none of it was really about daily meditations. It was really just about the collective. So I don't know if that's an indication of anything, but really it was just about Yubas being insecure and not

feeling safe enough to talk about things with each other. Some countries would mention strong points and say, yeah, my Yuba shakti is my support group. But more often than not, people said, I feel disconnected from my Yuba shakti, like I can't talk to them. So those were probably the biggest, most quoted issues that Yubas brought up. And another one was the responsibilities given to Yuba shakti by the adults. Some people felt that if Yubas were given responsibilities more to do with sahaj, like coordinating a program or being pujari one day, it would give them more motivation in sahaj and not just always the regular yuba jobs of cleaning the hanger and doing trash and doing the dishes, which is good for us. But there should also be a balance. So a lot of people were talking about the responsibility that Yubas get, and some of them felt it wasn't enough. Like their collective don't put their faith in them, and that's what creates the disconnect. The survey which was made was also very specific, and it was an anonymous survey. So we actually asked all the Yubas to tell us about their personal life, how much they meditated, if they had any relationships in or outside sahaja yoga, if they had ever tried drugs, if they were ever smoked, if they took alcohol. We asked them if they believed in shimataji, if they believed in sahaja yoga, if they meditated on the free will, if they had access to shimataji's talks and videos. One of the biggest things was if they had anyone in sahaja yoga that they could actually have a personal rapport and actually talk and discuss their personal problems with. So the survey was done across the age from 16 to 28 from all parts of the world. We had 385 results in less than two weeks, which is amazing. And having such honest answers from all the Yubashakti was quite a handful. And Sue and a lot of other people have really worked hard to get all the results out. So I'm very sorry that somehow the presentation that we're supposed to have wasn't on. So all we can say that, as she mentioned, the biggest problems that we faced today was being judged, not feeling part of the collective, because of many reasons. One, not being given responsibility, not being looked after, not being loved. For our slightest mistakes, not being, I would say, in murder commas, forgiven. Yeah. Just enjoy this, please. There was also some parts about how there were some very strong Yubas in the sense that they were very connected and very good friends, but it became more social. So the sahaja aspect would decline in that respect. They wouldn't go out and spread sahaja enough. They would need a lot and go and do things together. There was never really anyone writing about only doing sahaja stuff and not doing it outside of the Yubashakti. A lot of people wrote about lack of focus and lack of dedication towards what is ahead. And it is difficult to find a balance. A lot of people wrote about it that because the Yubas, they thought we brought in some sort of extended family. So to look past the fun part and say, okay, well, we need to use this dynamic and do work together, a lot of them said it's just very easy to lose that fine line. So ultimately this is the reality that we found. So now we have Yubas which are more committed to sahaja yoga, Yubas which are less. But we knew it before, so we can't just go on saying how many do smoke or how many do drink alcohol, but that is really not important. We know none of us is perfect, but how can we, Yubas and elder ones, now sit together and say, now how are we going to change this? So let us try to get into this discussion of what maybe our requirements are and maybe our suggestions. And maybe what the outputs of the other suggestion is, because we also have to accept that the children, I was hoping for misadjoining, but for me it's different. But if I were a parent, maybe, I would think that, as Volkan said, there are some very good boys, there are some naughty ones, and there are really some that are not interested. And this we also have to accept sooner or later. That doesn't mean that you are not interested, so you don't have to meditate, or I cannot spend my time trying to convince you, trying to make a mistake, but also maybe the way we are doing things is not the best one at the moment. Dr. Kavaskar and the pre-adventures. Thank you. Who is the perfect Yuma Shakti me like? And we asked the question to some parents and to some Yuma Shaktis, and I'm quite interested what kind of answers we can get. So may I just pass on the microphone first of all to Vasquale, who is here? Perfect Yuma Shakti. So, because I've only got that concept before, Perfect Yuma Shakti. But it's quite funny because earlier on, listening to the talk and the problems that the Yumas have, judgmental and feeling insecure, which is quite a bit of an irony. Because if you think about it, as a parent, I'm a parent of three children. I have nieces, nephews, lots of them. And they are all in and around so much. And the thing is, as a parent, you love them. Love is great because you must do this. You want to actually make them feel good, make them feel strong, and make them feel the other side, which is protected. So basically, the fears they have is actually the things we all long for, this loving. We want to love them, and that love becomes smothering. They want to protect them, which does the same thing. Which is really quite weird. I'm talking to the Yuma Shaktis as a parent because you must understand, this is all coming from pure, maybe, if I can say pure love. The microphone closer. So basically to the Yumas, you can understand that from the parents, from the uncles, the aunties, it's love. They love you. And when they see little things, it's that kind of insecure love. It's really, really strange. I find it very, very hard to deal with intellectually as well. This love stuff, how it works, it varies in everybody. And what we have to get used to is like you said, judgmental. People become judgmental. I just wanted to say before, I find it very, very important to express on both sides, because that's where it's all coming from. Basically, I'm telling you, all this stuff that you feel is judgmental, and you feel makes you feel insecure, makes you feel like pushed into something, it's coming from love. If you can understand it's coming from love,

then your compassion will kick in, as we say in London. Your compassion will start to flower. And then you won't feel so judged. You just say, well, that's auntie's point of view. Never mind. So I just wanted to say that I didn't take a sort of two-fire off the track. Answer? A perfect, a perfect, you were shouting. Well, I mean, a perfect you were shouting is a perfect Sanjogini. A perfect Sanjogini is basically someone who basically knows where he is. He knows that mother is the ultimate goal. She is the commander in chief. You know, she is the doer. And with that within your heart, you just get up and do things. You don't have to be asked, can you do this? Can you watch this? Can you do that? Just get up and do things. You know, feel empowered. You know that sahaja, it looks a bit organized, or there are certain people doing certain things. But actually if you come into it, you walk into that arena, you realize it's not quite as organized and they don't really know much about what they're doing. It looks like it. It's just saying the bhujma and things. Yeah, we've done it for years. We know how to arrange a few things. But if somebody came in, as a you-go, came in, just sat down and watched, helped, moved something, you know, you'll find that it's actually very organic. You know, someone will say, the perfect you-goer is someone who is beyond these fears. You know, and just knows that mother is actually the commander in chief. Shmataji is the doer. And with that in your mind, you won't have ego. There is no ego. So just come forward, help. Just get involved. There is nothing to be asked. Everybody always, just like in the UK, everybody wants to be invited. You know, could you please invite, you know, it's just like love says, you know, before you go to an Englishman's home, you have to first formally phone up. You know, are you going to be there? Can I come around? What time is convenient for you? And that's the type of life we need. Even in Sahaja Yoga, there is no invitation. You know, you're that close where you can just go, knock, break the fridge, you know, and enjoy yourself. So that's what Sahaja is. Okay? You've seen us on stage. You've seen us sorting out all the decorations and that. You can easily, you don't have to be asked. You know, but there is an inda protocol. We can tell if somebody is pushing. So there is a subtlety behind this. So I can't just say you can't do it. You know, there is a subtlety. But like I said, the first thing you know is your mother is the chief and commander. And then knowing she's the ruler, with that, you see how easily you can just get involved into things. Alright, alright. So Shamek here from US wants to answer some of that. Yeah, first of all, I'd like to say that I'm former in Uvashakti. I've been there in different countries. And I would certainly say I found Uvashakti first in Pune. I was an extremely dynamic Uvashakti. It was a fantastic experience. And I have to say that being Uvashakti in the Western world is probably unimaginably difficult for most of us. I am from an Indian background. Sahaj in many ways is a natural extension of life for those from India. So it's a huge advantage. But for those of you who have grown up in the West, I doff my hand because it takes a lot of courage, commitment and conviction to be Uvashakti, to be Sahaj in an environment which is anything but Sahaj. And I think that's what I've heard from the heart. So that's my opening statement. As far as Uvashakti is concerned, I had the good fortune of listening to some yogis who were there when Shomantji was dictating the definition of Uvashakti. She was actually on the train and she was telling Sahaj Yogi that this is what I expect of Uvashakti. And of the many things that she said, one was that they must know that I and only I am the Guru for Uvashakti. They report to no one but me. Another one, and this is in a different context where she was again explaining what she expected of Uvashakti. And in her early days in Bombay, she mentioned that they have to be in nirvikala, doubtless awareness. And this is where things get really tricky for not just Uvashakti but for all us Sahaj Yogis. That in many ways, sometimes we try to get to the effects before we have experienced the product itself. The product here is helpless awareness. And if we are not, even in thoughtless awareness, then we cannot manifest or enjoy the various aspects that are being asked of us. So for example, we are asked to be generous, we are asked to be sacrificing, we are asked to be energetic and loving and pure. But these are qualities that we can only enjoy when we are in that state. So in essence, what I wanted to say was, it's best to go back to what Sumadhi expects of Uvashakti. And more importantly than that, what is it that will allow us, and this is not just for Uvashakti, this is for all the world Sahaj Yogis, what it is that will allow us to be in that state, to meet those qualities that we all aspire to, again it comes back to every child and every mother. So I think the focus has to be on the state and the effects and the benefits and the love and compassion, everything will go from that. So that's probably one simple way of coming. Thank you very much. Each failure is a mistake that we have been asking. I try to use the easier time, but obviously you're born, so you didn't somehow choose to be here, you chose it before, but somehow you found yourself dropping into this heaven. And obviously it's difficult one year in complete bliss to understand the new island, because you're looking for something else which you haven't got, which is on the other part of the world. It's very difficult, it was difficult for me, but for other people at the time, because the world like Uvashakti around, so in Nalapant we make it well too, and somehow we were, I wouldn't say forced, but somehow forced to be integrated with the rest of the collective. And somehow we had to deal with the world which was another world, and on the other side our youth program would come as secondary, because there were other issues there. So somehow not putting, I don't want to use the word forced, but somehow the tension was violently withdrawn by something else. So the priority and all the attention on the earth that was on this rose, to this feeling that we were around, and probably we were feeling more from the atmosphere,

because by being few young people, obviously people could be more compassionate, more feeling for you, you see. And I admit that there is lots and lots of judgmental will from the others to the young people. And this is something that we really have to look after, because many of us have been living a life before sahaja yoga, and know what it is, and know what you went through, and know much that we only work out after. So it's not right that somehow we feel that our kids, they are not allowed to make mistakes. Why? Why discretion? Okay, we can make mistakes, we also make mistakes, but the important thing is that they have that priority right, because then in many ways they are the kind of personality. So the first thing is for the parents and for the artists to give this support, to give as Pasquale was saying, I can't find him, they are disallowed, because this is the first thing they should feel. Then everything will suddenly be placed. Of course, once you are in the Paramchaitanya, once you have the total awareness, everything works out. That's great, but you have to reach that point, and you can't reach it if you feel judged, if you feel you have to deal with outside, if you feel you live in a place where maybe there are not many of us, Shakyam, most of the time you have to live with your school, with your friends, and you have to communicate with them, because you have to integrate also in that world. But if you know that your priority, which is the spirit, your inner self is strong, then nothing can touch you. I mean, I can experience also from my kids, one of them, or maybe two, I don't know if he's going to or not, one of them, he went through his choice, you know, and he had to decide. And suddenly this year he decided for himself that I could see from inside, I know I can decide now that sajaja is my priority, and that's it. I could see from the eyes, and I don't have to worry, he has to go and play with his balance and wear the power, I don't have to worry about his vibration and what he's got for tracking, because I know that he's strong inside, but this trust, we have to give it to them absolutely, they have to feel it from us out. So it's not that our security shouldn't touch them. If we're insecure about negativity and all that, just let's work it out, but don't put this insecurity in them. They are strong enough to fight anything, but they need our love and support. Again, I wanted to say something on the line of what Anto Poona was saying regarding perfection, because I think we always aspire to perfection, but actually we are all works in progress. And I think this is what sometimes causes, you could say, a feeling of guilt or a feeling out of place, both in the Yogeshakti and in the older yogis, meaning that we have an ideal image of what Mother talks to us about, what she says, this wonderful world of Sahaja Yoga, which she describes in all her talks. This is something very beautiful, which is there, but which we are trying to achieve. And actually, on the collective level, it happens in some moments, but in other moments it's not there. So I think the occasions like in Kabbalah or when the collective meets, it's actually a great occasion to practice this, to try to practice this perfection. This doesn't mean being hypocrites, it just means in that moment we try our best to be perfect. Then, of course, there are other moments when maybe we're doing our daily life where it's a constant struggle, where I believe we should also allow ourselves to, I don't know, we have to also blend with the rest of the world. We should push our boundaries, we should try to really understand what that perfection means. So let's say, also allow ourselves to make mistakes, to better understand ourselves, to better reach this perfection, to really understand what it means, and not to just act as an ideal all the time. We should, since it's our ideal, we should, in a way, we're aspiring to it, okay, we should also push ourselves in that direction. But not too much. If it's too much, it really becomes hypocrisy. So we should keep that balance, and I believe, again, the collective environment is an occasion for us to practice that. And we are motivated because there are so many people which are trying to do the same thing. So we are stronger that way, while when we are alone, at home, at school, or at work, we are surrounded by a completely different environment, and it's harder, and okay, that's the challenge. Still, we are talking about ideals, and we still want to know what are these ideals. I think, basically, the perfect Yogeshakti should be like what mother expects of yogis, perfect yogis. Just that we have, you know, we're not supporting families at the moment, you know, we're young and we have more time so we can maybe be more active, we have more time and this responsibility, we can live it out more. But basically, just perfect yogi is what mother expects from all yogis. That's what I think. I also agree about the fact that a perfect yogi, a perfect Yogeshakti should be a perfect yogi too. But being a yogi also means being in the collectivity, and this collectivity doesn't get only young people. And they're adults, they're young people, they're shy and everything. And I guess, as yogis we have some duties, but also as young people, as some responsibilities, and adults have some responsibilities to people too. As parents, if just imagine that parents don't have confidence in this child, how could this child grow up? He just can't because he doesn't have the support of the parents, he doesn't have the support and health and everything. It's not in the material way like I bring you up and you stand and... No, I mean, just allow them to feel confidence from others also. And just give them some taxes and lead meditation more often, or maybe going on a road, not a road, but in a city giving realization. Some responsibilities like this that made them feel that they are also part of the collectivities that they're from. I'd like to say that a lot of what the yugas expressed is their difficulty with the adults. The adults sometimes also have with each other, and some are adults. Parents have also expressed that they have the same difficulty with the yugas. They're people who don't have the privilege of having yuga children, and they feel sometimes also intimidated by the yugas. So just to understand we're all in the same boat, and that adults also

inside themselves feel the same as they did. Maybe they've matured a little, but you feel the same as you did when you were young inside. And so... Um, hello? Hi. There is just a thing I would like to tell you, which is important. Young people, yuba shakti, need to have their own realization. Even if they were born in Sahaj, they need to understand the roots of Sahaj. That's why I can see with my younger brothers and sisters. They need to feel the desire, and after, to experience meditation. And this is the main thing, to have realization in Sahaj. We explain it to the newcomers. And we have to explain it to our brothers and sisters, to yuba shakti, to have the real desire to have experience of divine love. And it's just love who can cure this little thing. It's so simple, in fact. Yayi ma'am? Sahaj was saying earlier that to him the perfect yuba shakti is what Shimanshi has said, the perfect Sahaj Yogi is. And I think it's the perfect yuba shakti is someone who has a completely pure desire to be the perfect Sahaj Yogi. And I think the most important thing with the generation that's just becoming yuba shakti, the teenagers, even these kids, anyone from the age of five and above, the most important thing is instilling in them the desire to be the perfect yogi that they can be. And what we've been doing in America is we've been having, the yuba shakti have been having seminars where we invite all the younger kids to come and spend time with the yubas. Like you have in Dalio, except instead of the aunties and uncles running the camp, we have a yuba shakti running the camp. So the kids feel like they can talk to us and they can relate to us because they're closer to our age group. And instead of us lecturing them or playing talks of mother or scolding them or what we try to do is just have them spend time with us, have them have a lot of fun with us. And we notice that naturally they absorbed any kind of subtle knowledge or this desire to be stronger yuba shakti and to be better yogis. They absorbed it just by spending time with us and just by having fun with us because when they spent time with us they saw that, okay, these people have had this experience by meditating, by being together. So this is something I want for myself. So one thing I wanted to say to the parents and to everyone from each collective is that it's really, really, really important that within your own collectives that you have activities, you have events, soccer games, movie nights. Like the Australian yuba shakti, they have so many things, just fun activities between the collective and the yuba shakti. Because unless younger kids have the desire and the motivation to do sahaja work or to meditate, you cannot force them to do it. You can't force them to be perfect yogis unless they want to. And the only way to get that desire in them is for them to experience themselves, why should I be this person, why should I be this yogi? And that comes from spending time with our elder brothers and sisters, from coming, for example, on the Realize America tour, please send your kids to the Realize America tour. Or to Dalio camp or to collective functions that you have. And then the other thing, we were speaking about judgment earlier, is that Auntie Kim came to the seminar, to the yuba shakti seminar that we're having here. And one thing that really carried, that really touched us in our hearts was that she said, Shrimadji loves you all, she will love you all always, always and forever. And she also said that, and she remembers those yubas who have left sahaja, so you have to remember them as well. And you have to care for them and you still have to talk to them, communicate with them. And we have to love them, so it's not just for the yuba shaktis, for the aunties and uncles who know people, young ones who have left sahaja. We all still have to keep them in our hearts. Thank you very, very much for your words of wisdom, which are so full of vibrations and which help a lot. I have a question now to some of the yuba shaktis, because for the parents sometimes it's also not so easy, it might not be that easy to know what exactly do they want. So maybe ask us a question, especially to the yuba shaktis now, what were the key moments of excellence, the key moments which you have experienced together with your parents, for example, which made you think, okay, there is a model I want to follow, there is something in it which I'd like to have. So can you remember, can you remember anything in your life which has been a moment of key importance for you? Like you had been, say, going for soccer, spending time with parents, and we as parents, we know that it is important, and maybe you can help us in telling us some story which had been helpful to you to pave the path that you are going. Before we start, yesterday we had the same discussion, but we had small groups and talking about how do we progress sahaja yoga, and why do the yuba shakti have problems, and I remember with them we always said that as long as the yuba shakti do not have that essential experience of real meditation, not just sitting down there with your hands open and feeling something, but getting down deep enough to feel meditation in its purest sense, and you get that first experience that you can't even explain by words, is when you understand, yes, sahaja yoga works, shimadaji is who shimadaji is. And Emmanuel wants me to tell you about Malik's experience, he was 15 years old, and he was very frustrated, he said, I come here, I meditate, I open my hands out, and I can't stop thinking, so today I am going to stop thinking. So he said, shimadaji, manda kundalini, please let me stop thinking, please let me stop thinking today, let me get that experience, let me feel the meditation. And he said he just had this burst of energy right from the Muladhara to the sasura and above, and he could just, it was like he was floating in the cosmos, and in those two minutes he realized that, yes, this is it. So that was one thing that was very nice for him that worked. For me, for myself, I think the best thing as a Yivashakti, or even as growing up as a sahaja, was, you know, when my father would take me to shimadaji, you know, he said, you come with me, come with me, and every time you see mother, mother has something to ask you, mother would, she says, why don't you eat,

why don't you eat, or he says, oh, you're working so hard, don't lift so much heavy weights around, let the other Yivashakti take care of it. But the beauty was seeing mother love you, even if you made small mistakes, and seeing mother being there all the time loving you is what, is why I am today in sahaja yoga. Absolutely. Okay, so, basically for me, especially, I think for most yuvas, it's from children that are born in sahaja. So when you're young, you go to Rama Ashram, you go to India school, and you feel vibrations, and you, and you just, you're just in it, and you feel it, and then at some point you get to that age, that's what we're all talking about. And you really, as it's been said before, but it's so important, you really have to find out for yourself, what is sahaja yoga actually, and what does it mean for me, and why would I choose a sahaja life. What does it mean for me? Because you think, you know what it means, you've lived in it all your life, but like, then again, what is the importance of it? For me, I really learned that experiencing, having time with the yuvas, because I come from Holland, we don't have a very big yuvashakti, so when we went to the Swiss seminars, and I went to my first one when I was 15, and I was just so amazed about how much, how strong we all could be together, and the experiences we could give to each other, and the meditations we had together, and it was like, wow, you know, like it really worked out for us. And that's when I made the decision, like, I really want to be sahaja yogi, and I think everybody has to have that experience, and from then on you can start thinking, okay, you know, as long as you have that desire, everything will happen for you, and every yuvashakti has their own journey, we talked about that yesterday as well, and that's very important. And I just wanted to say about what we were talking about before, also like, to what a perfect yuvashakti is, I suppose appearance, what a yuvashakti looks like, is, you can't, that's also a point, and sometimes if yuvashakti walk around and they look really cool, and they like, people thinking, oh, what's going on, you know, are they okay, and usually it's just all really innocent, but sometimes yuvashakti still feel judged because of the way they look, I mean, I've heard it from some yuvashakti, and that is so important that don't judge someone if you don't know them, because that is so dangerous, and I'm talking really from what I've heard from some yuvashakti, like, just get to know them and give them love, that's the best way I think to help them, just to give them love. Thank you. Thank you. Let's just remind ourselves, the question is, what kind of key experiences did you have in your life, with role models, which can be your parents, which can be your aunties, which can be your teachers in sahach schools whatsoever, what key experiences did you have that brought you to the path where you're on? Well, I know for me, I think I was around 15, and I was, I mean, I was born in sahach, I've been brought up in sahach, but I just remember one, the very first seminar, I always look at it as the very first seminar, was when mother came to LA, and I think it might have been 2004, but before this seminar, it was like, the LA yuvashakti were not so involved, and we didn't know anyone, and the only reason this was different was, I just had one experience with one older sister, who, she just gave so much love, whereas no one knew us, and it was kind of a reputation that we had, just being from LA, and you know, like she said, you know, people, just the way you look, people would look at you a certain way, and you could tell, so, but we were young, and this was very, that's very hard when you're young to have people looking at you a certain way, and that was a barrier, and one yuva, one older yuvashakti, just showed me so much love, and so much compassion, and she said, why are you worrying for this? Just come, come with us, and we all ended up participating more in this seminar, and it really was this seminar that I can point out and say, after that, I felt like I never ever want to miss this, I want to be a part of the yuvashakti, and I want to, like the meditations that I experienced were unlike any that I had ever had in my life, and I went to dharamsala, you know, I went for a year, and I'd never felt this before, and it was because having an older yuva just bring you in, and show you compassion, and have you involved, and then that gave me the motivation to try and go deeper into the meditations, and since then it was this very first seminar, every seminar after that, and every time we've gone out, and I've seen my dad giving realizations just confirmed every time with every experience, but I have to say it was that very first seminar that really, really brought me into sahaja and made me want to stay. Maybe you can tell something of my experience, because I wasn't born in sahaja, and I came like when I was 19, and I always had to deal with, you know, born sahaja yogis and born yuvas, and I didn't fully understand what their problem was, you know, because I just said, okay, you were so lucky, and obviously I always thought they were so lucky because they were born, but after a while I said maybe I am more lucky, I don't know who's more lucky. Anyway, the fact is I understand that they might feel judged, you know, but ultimately they can also see what. If sahaja yogis that are a better race judge them, can they even think of how non-sahaja yogis are behaving towards people that are different, you know. I wouldn't have been so different than others, but you know, in the real world it's much more difficult, you know. Sahaja yogis have their defects, they're not maybe some uncles judge or behave in the wrong way, I don't know. I have many uncles come to me and they say, oh, you have a tattoo, and I say, yeah, I have. I mean, I don't feel judged because I did the tattoo, so I mean, it's my fault, I don't know. Obviously if somebody comes in front of me and says with a cigarette and says don't judge me, I mean, you're judging yourself, you know. But this is also a different thing. What I wanted to say shortly, if I can, to the previous matter, that I was, I brought up this topic of saying if uncles could give to the Yupas more power or of decision, it would help them. And I was also feeling like that, you know. But also during this period I just felt

that I remember Shomata just talked about Shukr Tikeya when she said Shukr Tikeya is the commander and Shukr Nesha is the general. And you don't have to be the general, you have to be the commander because the commander just does things and the general is the one who owes everything and whose ego is always challenged, you know. Because everybody can see how he's doing everything. So it happened to me that I went in front of Shomata that people acknowledged that I did small things. But after a while it didn't help me so much because everything is still material, also the appreciation of others is not something subtle that really can bring you on. You know, it's just that you know for yourself that what you're doing and you're doing that for yourself and for Shomataji. And during the meditation then you really get something back from it but not so much from speaking on the stage or maybe, you know, being able to make some big decisions which are not so important. I was once a Yubashakti II. I came to Sargobah when I was 18. And Wolfgang was asking, you know, what is that sort of key thing that when you're young makes you feel that strikes you and helps you. And I remember very well coming into Sargobah, I was younger than everyone else in the collective although it was quite small. And I just remember looking in particular at one couple but at several people and just saying I'd really like to be like that. When I'm bigger I'd like to have a marriage like that. When I'm bigger I'd like to be managing my children like that. And it was really as simple as that. And actually in my case I kind of just strolled into Sargobah almost by accident.

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Q. Is it possible to show the camera? A. What? Q. Because it's recorded on the English system from the television. A. Oh, I see. Only on the English system you have got it? A. Yes, Mother. A. Not the American system? A. Oh, we thought, in fact, we were getting tapes from the television station. A. Will they give us the tape from the television? A. Yes, we can ask them, Mother. A. All right. Q. So that's much higher quality. A. It's all right. A. I've got the name of the person. A. I know when you think I've done a good job. Q. Oh, yes, Mother. A. It was great. A. Yeah? A. It was very good. A. Because it deflected him so much he came with a direct question and then it just turned right and right. A. I have to tell him what to do. You see, he was so direct. Q. He was quite a character, Mother. A. Yes, he taught me enough himself. It's very direct he asked Me, very direct question. Doesn't matter. I said I'd better give him a direct answer. Let's just take out this also. It worked. You see, it's nice he asked Me such a direct question. Time has come to say things also. Q. It's a very good lesson, Mother, how to handle a man like that. It was a very good lesson to us on how to handle that sort of situation because he was very direct and very awkward and yet you continued by saying what you wanted to say and not responding to what he was saying. You continued by saying what you wanted instead of responding to his negative approach. Very good. I knew he was not straightforward man. Because he said you can be a fraud yourself. I said I cannot because I'm the one who warned everyone against them. You see, he got confused, you see. You are divine means are you like a child, you see. I said, what do you mean? Child like. You see, so obvious if you see the newspaper thing. Like this child being saved, you know. That boy was saved, you know. You know, in the newspapers if they don't want to know it, so what can you do about it? They don't want to know about it. Even ordinary person will see the difference. You see, people just not only the person is interviewed but also the interviewer. What sort of attitude interview you are taking. Very, very funny attitude. James liked it very much. How will? He was so strong. Yeah, I was really composed. I just love the way Mother was always turned around. You would sort of come in like that. The girls would speak to Mother. Very well. They mentioned the program tomorrow. No, twice. Here in all the programs, they are rather impisitive. And about money also I said that they don't want Me to pay for their salvation. Yes, yes. I didn't seem to realize that I didn't have to pay any money Mother, please. But just imagine, you know, people have no sense of guru in just Western countries. And it's said that if your guru is dependent on you, then you must feed the guru, must try to give all the comfort, everything that is possible. I make him or I look after him, not to point at him. Very respectful. But also he said that you must give some dakshina in the room. In the sense that, you see, something for his, rather, somebody is absolutely dependent, you see. Then you can give him some dakshina, like a present. Absolutely. But not that you collect the guru to take all the money, everything from you, rob you completely, buy those roses. You still say. So far in India, supposedly I go to other India's house. It's a great thing that I've gone. I went for them, it's very fortunate. Then they might give me a saree or something as a present. Or with food. I invite others on that day, Mother is coming to My house to come and have food. That is the minimum you should do for your guru, is said. But never said that, said that the gurus will never accept anything. You see, to give me usually saree is also so difficult, you know that, I don't think. It's an expensive present I don't take, I mean, I myself so petite. You can't give that. But as a means of, I mean, is a only way you can express your love is through your flowers

or through something that you want to keep. These are little, little things you can give. So there's no harm supposing you give me something. But you know I return, doubly, whatever you give. That I do, not other gurus don't do, but I do it because I'm a mother. I mean, since when I've been travelling to India? Ten years. And before that when I came here. I mean, all, I think last time you people paid for My chalet to you know, my thing. You know, you people paid Me for My chalet. But I have to buy another ticket before I work on at Singapore. But any case you can't pay. Come here now. Now many a times you see, I don't count you to some proper. But you should pay, then all decency and health respect for My chalet. But sometimes it doesn't happen. So many times when we go, My car, so many times, isn't it, Nick? Yes, for that. How many so many travel together? I don't think. Every time you pay to Me, all the pictures. So many times I pay, isn't it? It's very true. Sometimes we pay more. Sometimes you just buy ticket, force Me to not to pay sometimes. But mostly wherever we go our cars start there. So many times. I mean, how can we expect you to pay for our salvation? That's it. I mean, even they are travelling with Me in the car, so many times I have paid for them. But it's not that because it's not to be seen but should not be done. That's not good. Should not be done that you should make your guru to pay for your travelling. That's too much and then for your food and for everything. We have had horrible people that it appears. He borrowed two thousand pounds from CP and never returned it. We have had horrible people in Sahaja Yoga. I mean, that way many have done many things like these people in Europe, in Portugal, what they did. Know that. Portugal story many few people know better tell them. I don't even know it properly Mother. It's so high handed I couldn't believe it. My ears went switched off. Absolutely. Because I was involved at the beginning and I saw the things disappear into the depth of the night and I saw you giving thousands of thousands of francs to these boys and then I heard the end of the story and I couldn't believe what happened in between. See, the story was like this. These two three boys met Me in Portugal and they got their realization. All right. So they told Me that we want to start a ceramic center here in Portugal. And this boy had a big huge place little away from Madrid about ten miles away which he could use his head. Actually he showed Me that. But they haven't got any ceramics with them. But they said that if you have, if you give us some Indian ceramics then we can hold an exhibition and invite people and then talk of Sahaja Yoga. I said all right I'll give you. So they came to London they saw the ceramics I had. They said send all of these to us. So I said all right. Then we packed up they were about this house full ceramics I had, very expensive. All that we put in a truck, sent it, we paid five hundred pounds for that shifting and for the customs and everything. Customs and everything. And when it reached there, they said one day the boy came, one of them wearing a very nice suit and this and that with the camera jumping here and there on the airport. I said who's this? I couldn't recognize him. He said I'm so and so. So I said what are you doing here? I said have you not appointed Me as the director of the Sahaja Yoga Enterprise? I said what? Director of the Sahaja Yoga Enterprise? What's that? She said we have started a shop. They showed all that to a bank. Around that guaranteed bank gave them four thousand pounds as low. They took a shop, put all these things for sale. And whatever they sold they used that money for their own purpose. So ultimately I said you better surrender the shop, return the money to the bank. It's got bad. It's incredible Mother, absolutely. Now it was a big problem because we had seen all this one. There were precious things I had. So I didn't know what to do before CP was a big problem also. So when I went to Portugal I gave them three hundred pounds. I said you buy something and I'll bring it with you to London when you come. So that I'll say it was the exchange for Portuguese ceramics. CP doesn't know the prices and all that. So they brought one dog, one cat, one this. Oh, ha ha ha ha. Monday in, I mean, I have to admit how people have been. Even now people take advantage. This is Malcolm's wife. You see she, she wanted to get some Indian stuff, you see, masalas, this, that. So she wrote to her Mother. And such a big box, wooden box came. You see shipping corporation because CP has worked there for, I mean, it has built the whole thing. So we are allowed, we have a privilege and also under law, whatever things come to us can come free. She brought and put his box with her. Last time when I was in India, she, she wrote to Me, we had one carpet of this size. We needed very badly. But I had exhausted his money in the back. I was ran through her. I said, now what to sell him. But I said, let's try the back. And luckily in the back the money was there somehow. I don't know what the carpet. So I bought the carpet. And the carpet was to come with all other things that were coming because when I'm in India, whatever things I use, then they all have to come and they can only come by ship with us. In that, I think there were seven things. How many seven things of mine? And she put her eight things. So when all the things came, they gave us seven things, you see, really were the seven things. And when we opened the box, I thought it is in the box. We found all kinds of dirty clothes. See, we started looking at it. It's all this junk. I couldn't understand. He said, throw away all these nonsense. But I got three, four dirty clothes with three of them. We didn't know it will have to be like. I have such filth inside and there was no carpet. And we lost the carpet. And it smelled like a Bombay Dux. Bombay Dux and dry fish and and the carpet was missing. I said, big joke. Where is the carpet? They said, we delivered you eight, seven things and at that time you should have told us that it's missing. We thought the carpet must be in this wooden box, you see. How are we to know that Meenakshi Devi's big box is coming? Devi. I thought, but she told Me, there's a small box coming, so I thought, must have put in one of the boxes,

you see. I said, it might be coming with it. Now, but they told, they said, no you can't find the carpet, it's in your house, they stabbed. The trunk all must have cost C.P. some thousand cycles. Because he got worried. It was an expensive about fifty thousand, fifty thousand rupees, you see. What the carpet? Five thousand dollars. Five thousand dollars. So he telephoned here, he telephoned there, they telephoned us, the whole office was went to who is this Meenakshi and why and this thing gone and all that. And you know the thing started saying that they are, these sahaja yogis are using Mother's privilege. You see, it's a very bad name for us because we have been very, very sensible people all over the land. And the carpet was lost. C.P. said, that's gone, I think we'll never get it back. But the chairman is so particular on C.P.'s things, he said, how can you lose his carpet, that I'm not allowed. I'll sack the carpet. I said, all thing worked out and now when I was in New York, I think he told Me, or later on he telephoned to Me, Los Angeles, I said, we found the carpet. So what to do? Even this time when you people came, seven people did not pay Me. In New York? In India. Do Americans who came, they didn't pay Me for their food or for travelling but they incurred an also a loan of about six thousand rupees which I paid. Was that Michael? They took that money and went to Kashmir. This is Michael and Roger. What to do? Two of them ran away to Her. I must tell you, those two persons who came from Austria met Her. Betty, how? Betty. Surprising. But no money Mother? No, Betty said it was a horrid place, I went there, I saw this and all that. Oh really? There was no money. She saw them in the place, in Katmandu. She met them there. I don't know how they met, that I should have asked. How did Betty go there Mother? Yes, I didn't have their address, they sent Me a letter. Ah, she would have been going back through Delhi, to, back to America. No, her husband wanted to have a holiday. Yes. They had a holiday. So they thought they will go to Bangkok but Bangkok was horrid. So they went to Nepal and in Nepal they found these people. Imagine how she met them, I didn't ask her. She knew nothing about it either Mother, she wasn't in India. How did she know? So she wouldn't know anything about it. But in any case, I mean, I'm not going to ask them, I never asked Michael or Roger anything about it, so forget it. Oh yes, it's finished. And that Michael was fighting with John. Really? I mean two Americans came only. Unbelievable. Surprised. I had a word with Patrick again, Mother, everything's fine. That can be arranged in Toronto quite easily, for your brother. We told him. Yes, and he said that's fine, he can fix it up. No, because he feels that I think. You see, in India it's not done, you see. Whatever way you live, your brothers are supposed to live with you. Yes. I say I was small girl, I was big girl. He was only worried that on the next day when he arrives, I must telephone to Michael and tell him to make sure that he comes on the 7th. On the 7th. So that he comes the next morning after you arrive. But he said the only problem there is that if he wants your attention, there are three or four press conferences lined up in that morning. I said not to worry, we'll ask. We'll. Yeah, very sensitive people. And also we can arrange for them to be taken to. No, no, no, he's a very, very sensible, he's a very humble man. He'll be amazed. He believes in communism, that's all. Yes? He believes in communism, he thinks that communism is the only. Then on the lounge room floor will be wonderful. My very direct hand took himself. And who is he helping as a bishop? He's a lawyer for them. For certain things they have not got or something, so he's fighting for them. I mean he's a lawyer. Communist lawyer. Patrick sounds much better Mother, I think your Bandhan is working. My Jana is not that better, are you? Whatever, it's working. This is very well done. Who's done it, you? What about you people eating something, doesn't look nice. I'm eating your Mother and you are not eating anything. You all had? No. Let everyone have something. Your program in Toronto, Mother, is in the Trinity United Church. So, can't fail. You see, actually I tell you when they come out of the place, without taking the responsibility like fellas, they start boasting. Like this Marcus in the words of Gregor, Marcus. He nearly became horrible. In Switzerland. He talked in such a funny manner, I tell you. Can't imagine. He said, when I came to Switzerland, I found it didn't have a left side. Now that I'm here, Switzerland has a left side. I mean so imperiously he said. He was doing this as he said it. He's now has a left side. He's become a big kuryali now. Very particular about this that, I must say, I just couldn't understand him. Dimal, Dimal was very funny. He kept saying, Oh God, I'm gonna run away. Maybe I'll get possessed by a Brahmin too. Ah, Dimal told Me he's possessed by some Brahmin. I think he, that's what he has done. You see, some Indians have possessed these tea and people. I think so. Indians. Definitely, it's not Brahmin. Dimal didn't want to do puja. He said, I'm not having anything to do with it. It's so funny. But, I see it because all these people have their thin money. Like, how about Peter Pierce who took away £6,000, £2,000, this type. All this is Indian style business. On what order? Ah, that boy in South Australia stole \$500 from Sally and Phillip. And the very first fella that came to Adelaide Mother, you may not remember him, John Anderson. He stole \$500 from Sally and Phillip. John Anderson? He was the... The Indian? No, no. The T.M.Fella. The T.M.Fella. Ah, they steal always. Stealing, that's the point. It's just that some Indians are there in their roots are there. That's why they steal. And you know the another thing, once we went to a restaurant and Peter said, I'll drive you down, I know the restaurant. So it's a very out of place restaurant in India, that's not very expensive, quite expensive. And we had invited the ambassador or someone there. So when we met him, he said, Peter you also come along and have your food. So we do it, said, hello, hello, how are you, this kind. So I asked the person in charge, I said, how do you know him? Oh, he comes in very often. I said, really? Then I asked Linda. Linda

said that every, practically every night she used to take us to some Indian restaurant. So I said, why did you ask him from where do you get this money? And that's how he became bankrupt. Some Indian fellow cannot eat any other food so as to get to Indian restaurant, typically India. Amazing how they work. That explains. They are like that, they steal money. Be careful. Oh, thank you. Oh, thank you. What is that? Cachatore, mother. Chicken? Chicken cacciatore. It's an Italian dish, Mother, which, in which you cook gungans and garlic and Oh, I would have liked that. Why to make separate for Me? Now I'm too full. Would you like a taste, Mother? No, little bit. Little bit, but I'm too full. Little bit I'll have from you. Let's see what is cacciatore. Chicken and tomato and paste. It's a nice. Chicken? Chicken, tomato, paste, and vegetables and spice and herbs. It's a typical European dish. It's lovely. It's a good dish. It's quite spicy and nice. Hmm, spicy. Would you like some of your own, Mother? No, no, no. I'm very full. Would you like some of the tea? Tea. Some other tea you have, no? Jasmine? Yes. And this if you put little chilli, it will taste better. Little bit. Mother, may I just put this back into the main bowl? All right. Take this also. No, I don't want to do it, but I don't know what's on yourself. This house is an architect's house, you can see clearly. Done by an architect. So this white thing is left for what? I think it's probably to continue the whiteness of the roof. The ceiling downwards, isn't it, Mother? Go over there, cut there. White thing could be for a painting or something. Or for showing film. No, painting or... So there's no wall here anywhere, you see. So that must be the reason for this. So that must be the reason for this, thank you. And inside is the, what the fire? The haven, Mother. Haven is very good. We had one here, hadn't we? Yeah, we still do have one. And it was very good. Very good idea for haven. I think from that news program tonight, we'll get a lot of people tomorrow night, Mother. A lot of people will come from that interview tonight. I think so. I hope so. Because they'll come because they... The interviewer was very abrupt and very sharp. You just cool it down. He tried to put a sophisticated attitude towards the whole thing. Above it all. As if he was above it all. He might have got panned around on him, didn't he? Yes. I mean, you were fascinating. You appeared to be completely fascinating. The way you deflected his questions and then gave him such a lot in return to sort of chew on. Very good. Put this in your pipe and swipe it. I think he was a bit taken aback. Probably a good thing that he didn't have much more time. I think he would have run out of questions. He at least gave us quite a nice... Yes, then he did that. He said where the... where it's being held, the bison. Then he, you see, he felt that there was something about his head. Then he did. Sometimes these interviewers deliberately have a tendency to sound aggressive, to try and sound impartial to the audience. But actually sometimes they're quite sympathetic to the... No, I think he's Kundalini Rose. Because when I finished with him, he was much gentler. No, no, no, possible. But I'm sure I can. Thank you very much. You've done very well. But you tell them, see, that pasta is so much of it. Pasta they eat quite a lot with their panna tortilla. Their pizza business. Spaghetti. Spaghetti. Did you see Billy and Rosie when you were in Italy? Yes, that was that. Very nice. He's working in restaurant now. There Billy has become little far in time. Oh really? He saw him because he came to England actually. He came to England, I think just before you went to Rome. Really? Yes. He's in very well. What was he saying? Well, he was telling us just about how he was working in the restaurant and how his child, Sukanya, liked being out in Italy. But they were having this tremendous heat wave. Do you remember, Italy had this tremendous heat wave and they were having temperatures of about 110 every day and the forests were catching on fire. I mean they were having a lot of problems because of the heat. I remember it drained. It drained and then it drained. Really? Really? Because they were the worst in Europe. We had a heat wave in England and France but Italy was the hottest, you know, the worst. What was Austria like, Mother? Was Austria good? Austria was actually. Great. Austria was no problem. Billy was a problem there because you see, Billy is a left-sided fellow but quite obstinate, very obstinate. He's in the towers or something or a thing. He gets into obstinacy. And what he does, he locks up himself for two, three days. I'm not going to do any work, he said. Now this fellow said that, you see, suddenly if you are working with someone and if you say, I'm not going to work at all, then what will the person do? He just telling, lock up himself, absolutely. Pobito was very much unhappy about it. Guido, yes. He's a very good fellow. It was lovely the way the Italians kind of helped you with the house, doing the marble. So sweet, you know. On the floors, wasn't that beautiful? I gave them a special present. I said, you are coming to India and I'm going to pay. They wouldn't take any money. They said, Mother, it was the best chance to be there. Mother. So I said, all right, now you don't take any money but you come to India and you don't have to pay for your food. Four hundred dollars, like that. Then they thought that is the still working. I said, whatever we can now. That is decided. So I asked five of them who were there. How's the restaurant going? Is it going all right? The restaurant is going all right? Is it going all right as such? But that is bizarre here. You see the one who makes these two thousand dollars he takes. So it's too much for them to pay. Now they have decided to remove him so they are getting no pay or something like that. They are still working it out. But now I sorted it out for them. They'll get money, food, everything. But what a place. I won't believe what a place is. If you have to see the real... You came there, no? The real blessing of your Mother, that's the place. It's in this lovely place, high up in the hill. Every room has got a bathroom attached. Some of the bedrooms are of this size. It's a tremendous place. But I think people don't realize it. They take it for granted. But Italians that way are very, very sensible, you

know, very sensible. They have the sense of gratitude in their mind. They realize, isn't it? They've also got a very good quality to... culturally there's something rooted there. They've got a natural grace and a natural dignity and... Imagine they would not take any money from Me for the making of the floor, not a single pie. They held the programs in such a lovely hall for Mother. It was a hall with the painting created on the ceiling. It was a hall with the painting created on the ceiling by a realized soul. Beautiful. And you know, there's a dignity about what they do. When they sing to Mother, they sing such... from the house. And they are careful about money. When they got it, I think I paid for the hall. But the hall was very reasonably priced. Actually it was very reasonable. It was granted by the city. Yeah. You see, what happened? They went to the city mayor and talked to him about Me. And he's going to distribute them over the whole country. So you should contact him with magnificent posters. And just free of cost. Can you imagine? Italians had that. You see, he was so impressed by the photograph and all that. He did it all free, he said, and he gave us the hall at a very nominal price. I don't know, I paid for it. About fifty dollars. Fifty or a hundred dollars something. I think it was seventy-five dollars. But for a hall you should have seen it. A huge big place, you know. The town hall. Actually it was the town hall he gave us. It's Sala Boromini, which is a famous, the most famous meeting hall in Sydney, in the city. And then for the final night they hired what is the equivalent of the BBC hall. Oh, huge I tell you. It was brand new, absolutely superb and fit for symphony orchestra concerts. Tremendous, tremendous. Beautiful. And it's never ever been used for a public program before. And that's what I said. Even you are positive, thank you, then things work out. They themselves were surprised at how they were given all this, you see, that free, they say. Imagine, the authorities themselves printing the posters. And placing. I'm placing them in the proper places. Can you think of such a thing? At the hall that was worth for five, six hundred dollars. Even only for seventy-five dollars. Ruth said, even communism has some advantages. Putting the posters up. And we had at least four to five hundred people every day. At least five hundred people. And Austria also we had about five hundred people. Rome, Austria, Geneva was very good too. Programs were full. We had a couple of rat bags but Mother threw them out. The Bible clutches. The Bible bashes. But the audience actually threw them out. The audience, only here also audience did the job. Just go back one Mexican came forward, you see, very tall, fat, he got his shoes to hit the fellow. But the best part of it, the fellow who came with the Bible to hit Me actually was going back like this, you see. He couldn't come forward, he was going backwards, backwards, backwards, you see. No, I was not moving towards him. Very big, Mother. I think he was praying for it. Because Mangal Singh and this pranam were coming that side. They said, are you going to listen to this lady? They said, yes, why? He said, don't go there, you'll go to hell. He said, we are already in heaven but you'll go to hell. Immediately they dropped down the thing, see that banner on the ground. You know that? And afterwards they came to collect it. Experiences and experience. But I must say Geneva, even, even France was very good, Milouse, Milouse was great. Great, that was the most crowded place, a brand new city. Milouse. Ordinary industrial city. They did such a good job, there's a journalist there who's so positive and the pool was overflowing, wasn't it Mother? And they all. And we went to another place. Vitthala, what was the name of that? Vitthala something. I remember because Vitthala name, from Vitthala it was, that way it was. There also, you see, they said, we want to start a center. We never had a meeting there but people came all the way for the workshop. It's working out. Also Paris is doing well, I must say, Paris. And the provinces have done, Bordeaux is going to begin, actually right now there is, right now this time, there's a program on in Bordeaux. That young boy that came. And in Milouse, in. And Brittany, Brittany is doing very well. Brittany is coming up, Rouen, Rouen. Rouen, Rouen very well, yeah. See if there's any other place. See France is flared up, I don't know about England, I don't know. I think we have to travel, people have to travel. In November I'm going to go to English places. Except for Scotland I've stretched out. Okay, please. Not Brighton, any Brighton. We have had Brighton, haven't we? Yes. You had the Kudha's birthday, Kudha there. Yes, so we have finished with Brighton. I think we have to go to now which places is? Cambridge? Cambridge, yes. Norwich, Norwich is the name, Derby. Birmingham, Northampton. And they are called Exeter. Exeter, yes. Maybe Plymouth, maybe. Something about, what about Southampton or something like that? I don't know if they're there anymore. Yeats, southern part will not do now anymore. No, maybe Sheffield perhaps. Sheffield, Sheffield of course. And Sheffield of course and the other one is? Manchester. No, no, no, the one that is? York. Where? Derby. Where we got Kirby? Where? We got Bristol. Bristol. Oh yes, Bristol. Yes, that's right, that's in the west. Bristol, the centre is not good but we get wonderful people. Yes, they're also having their meetings in Glastonbury. Glastonbury? Glastonbury, which is near Bristol where they have the big tour. The big hill with the monument on top. Where all the ley lines cross, you know those ley lines? Those lines of force that go across. Glastonbury, yes. But also in Oxford they cross? Both of them, the big ones. There's several centres around England that they intercept. They're the ones that they know. Mother's telling us about the ones. I think Bristol is a great idea actually, yes. Now this one is you're talking, near Bristol we went to that place. That's Cheltenham and Cheltenham, yes. That's near there, yes. We had a seminar there, didn't we? I didn't say, seminar in Cheltenham? In Cheltenham, do you remember near Cheltenham? In the gardens. In the gardens and then we went out to the Seven Springs. Ah, yes, yes. And we had a lovely

video film where you actually bless the source of the Thames. Yes, I've seen that video. It's very nice. We had that in Australia, haven't we? That video. Yes, I think it was raw and lost. Somebody told me, was it you Nick, that there's been a report on the Thames and it's becoming less polluted? It's becoming? Less polluted. Yes, I said, Thomas I. Thomas I never has to become the dandiest now. But there was an official report, I don't know which, maybe it was Magda or somebody told me, on the condition of the Thames and it's just happened. And first they had a fight that comes out like going to a big sprain and all that. Overflow, yes, that's right, there's a flood forming, yes. And you were saying, yes, you have to be careful because she's angry, you know. See, because England is also the limit. London are special. Though they have become more dharmic now. Isn't it? It's not so bad now. You do find all those new things, all that, punk rock is much less. Still too much more. But I told you about international thing. International, international, international, international exhibition we went to see in Rome. They have very nice things there, you see, some were selling some pearls, some were selling some things, you see, made in their own country, some beads, very nice handmade things in everything. And also beautiful in labours and all that. But suddenly they said there is, they said the, this is the, this is the, this is the, what you call, stall of England. So I deliberately went there. And what do you think it was? Grady, oh, Grady said. A punk rock things. Really? You know, five coloured pads, four coloured shirt, these wigs, all made with hand, all made with hand. And fuzzy, fuzzy dresses for ladies, you see. As long as they don't think everybody in England's like that. I mean it is so bad, you know, put it there, I mean, for it. And the one lady who was there, she was wearing a very funny dress, extremely funny and you, and the gentleman, you didn't come that day, now you were not. And the gentleman was wearing another funny dress which is, you see, like that, cock like thing, all coloured and they were doing a very dirty dance there, very dirty dance. And everybody was, you see, I think, Italians have a sense of ridicule. They are very, very, very, very, they have a sense of ridicule. And they were all making fun of that. All of them, they were making fun of that. Actually, Rome is, it's got certain negative qualities but the general quality of people is... They have a sense of serenity, you see. By photograph itself they understand. You see, to understand photograph to that extent and what respect and veneration they have for you. Thousands they were that day when we went to the big heart. You should see the way they behaved and everyone got up and so respectful. They just wanted to come and touch Mother. They didn't bother Her with fix My knee, fix My ankle, fix My arm, just touch Her and walked away. So beautiful. See, traditional, they are traditional people, that's all. Very much. I think they are traditional. I've seen Egyptians have that, Greeks, Greek people have this. Romans. Rome people have. It's traditional people, you see, whatever it is, tradition is traditional. They might have been horrid Romans but you see, by giving for so many years you commit all the errors and you correct. So I think traditional people improve. And that's why in Europe, England is the best as far as the young people as far as the young people. Yes. We went to Cambridge, Dhumal and myself went to Cambridge. We had a really beautiful time there and we just enjoyed the cathedral, we saw the beautiful painting in the cathedral of the adoration of the Mahajee. The whole place has a serenity. I've not seen anything in Cambridge. Haven't you Mother? You must see that cathedral. That's it. Cambridge University, Mother Mahajee. You went to Cambridge University. Yes. When I came on it, first was horrible, second one was only there were five people, out of them three ran away and the fourth one that was left, her boyfriend came and she ran away too. So only the one left was I don't know, wife, you see. She got to realize this. They had good experience. Now after that, Arno was so angry, and drained and drained and blasted. And the ishtumaya was so hard. I haven't seen such a tempest. And it was on the papers that him which had never known such lashing, absolutely. I mean we were not at all troubled. You see our car was moving and the thing was behind us. Never touched us. No water, nothing on our car. But what I thought that instead of going to London now let's go to Northampton where our Jamil was, so went to his house. Then I cooked a meal for them and we all ate. Oh yes, I told them that. Jamil was with us. I think Mother it might be a good idea if we had ashrams that were outside London but near enough for us to have programs inside but maybe it's something about living in... Not South, Southern people are horrible. Actually living in London I think it's quite a problem actually being in the middle of it all. But North we can have it in the North of London. Queen's Park is in the North. Yes, but if you're a little bit removed from it, you know like you can go down to the city and work it out but then you can come out again and clear out whereas when you're in the middle of London it's quite difficult to maintain that sort of serenity. Tranquility. Yes. But Surbiton Sea was a good place but the people, surrounding people were haunted and very aggressive. They were Northern type of people. It was first I lived in Oxford, they were all like this, you see. Very aggressive people. They're the real right-siders of England. The people in the Midlands are very good people. And the people in the North are too much so. They overindulge the familiarity and you know. Oh, they are drunk all the time. In Scotland we were going to this run-up place. And our train reached what time? About twelve o'clock and we had to, remember Nick you were there at that time, no? Not that. First time when we went to run-up. And we had to take a train to go to run-up, you see. And they said you have to go from another station. So we walked. We wanted to know which side is the station. But every person we met at that time about twelve-thirty or so was drunk. Can you imagine? Drunk at twelve-thirty in the daytime. I mean just thought what

sort of thing is this. But we didn't know whom to ask because even when I went to the restaurant to ask so they were all drinking there. So he came with the greater speech and then he added thirty. Twelve-thirty they were drunk. Imagine what a place it must be. Amazing. Horrible. But it has. We have tried Scotland for Gavin, you see. He is very anxious about Scotland. But this time he went there, he came back and said, Mother don't go. Now please don't go to Scotland. Where are you from, Graham? I was born in, in near London. London, yes. But they did well in that Ireland. Ireland they did well and again there was a, you see, because they were, nobody was in contact so they wrote a letter saying that Mother should come once and this and that. I said, All right, we'll see about it. The thing about Ireland was, there was that horrible psychologist, psychiatrist who was a friend of the family who all got their realization, do you remember? He was, he was disciple of this Satya Sai Baba. Yes Sai Baba. He must have already got a heart attack, I'm sure. He was catching so much on the heart that time only. That Rustam was saying, Mother he must be out already. The way he's having, don't do your attention. He said to him, let him die, we don't want him there. He said, he's catching so much on the heart that he's not going to suffer. Rustam is doing well. He is giving realization to people. You see what he says that he calls them and he puts some sort of a cover on My photograph and he can't see it. He said, Mother said, now put your hand towards the wall. You see like this. Muslims like, Muslims like a blank wall. They do? I'm giving them realization, you see. He goes on their back and puts his hand down. He doesn't understand what's happening. They are getting well, bad people getting well, alcohol is getting good.

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They like a blank wall. You know their homes, Mother, they are absolutely stark. Not in there, not in there. Talpana says it's all full of gold, golden work, golden this, that. Our house, she said, is absolutely for a riyadh. This is a modern era of Burdasandharan. The prince and all that. I mean that prince who came to see our house was settled down there. Said if I had money I would have purchased this house immediately. Rustam is a very tricky fellow. Because you see he had a lady who was senior to him. Indian lady never married, very manly type, stayed all over the world, you see, like she was the one who was head of that. And then he came and I said all that, I'll do something about her and I gave her bandhan this, that, you know. When he went back he telephoned to Me, says, what have you done to this woman? She has become like a little goat under My feet. Rustam was very lucky. He just applied for the job, next day he was called, just like that. And from very quick, you see, he is getting a pay as much as C.P. gets, I think. Making a big money. He sent two thousand dollars for American tour. So it seems now we have settled down in Vaghoval. Today's last interview I knew, you see, if I boast about Myself then it works faster. I didn't boast but it worked out that way. The fellow asked Me a very direct question and now it will settle, I'm sure it will settle here very well. It's going to settle very well. As Ron suggested, after you people get quite good at Sahaja Yoga, then you can shift to some nearer places, like there are seven cities, you see. So one of you can go to another city, another can go to another city like that. But one thing one must understand that one should never quarrel among yourselves, never. You should never quarrel, never challenge anybody else. And now say, Laurie is here, she is the one whom I know and she is supposed to be in connection with Me in the sense if we have to write we can't write to everyone and you should not feel bad if I write to her and ask her or tell her anything. Till I find she is absolutely useless, you don't bother about her. That is important. If I find her useless I'll throw her out, there's no problem. But you people leave it to Me, all right? So I'll be connected with her, whatever she says and guides you should go and also she will not because she's a lady, you see. So ladies have a little restrictive nature always. I'm also little bit like that sometimes. But if the men have the expansive nature she should allow you to expand, go ahead with it. But you should not be like a bounder also, you see. And we must understand that money in Sahaja Yoga is to be, one has to be careful about it. One should not waste money on new projects and new things. That should not be brought in. If you want to do something you do on your own but not to bring the central fund for the help of projects. It's all right for the program or for this thing. Later on I'm sure when you have more people here you won't even need that much for your halls and things. You may not need at all any money at all. You might be able to do it yourself, all those things for your own center here. And that's how we should try to be independent as far as money is concerned. And if you have any projects, now these people have had so many projects like that. I never give any money to them. On the contrary they have been giving money for this. They have sent so much money for the work in America. All the Australians have established themselves. Always they have come with a simple. So one should understand that money should not be wasted anywhere. There's no need to waste money on things. And should be careful because this is the money of the saints and we cannot afford to waste it. You have seen how careful I am myself about it. So one should not waste the money like that. We have to still have a very good school in India to begin with and we have to have those five, six big ashrams that we are building for you people. And you can always go and stay there and we have lots of plans for you. If you want to have a hut in Mira land, we

might be just about five to six thousand rupees or so you can own a hut there. But you see we cannot give ownership as such in according to Indian laws but you would have it as a what you call that as a breeze or something. So you can have it all the time for yourself in the ashram. All this we are providing you. But now we have one problem is to have the school and have this Mira thing little bit established. So it is quite substantiated by Indians you see. Indians have never, never asked Me to give them money. I must tell you this one thing. So far for the book, Pragavar's book, partly of course I donated, partly they did but whatever was possible they did and Pragavar's book was published and now I have money for re-publishing that book as well. I mean I kept that much money back for re-publishing. So now the thing is in the same way. We have to try to develop ourselves completely independent. Now these schools will be available to all your children, all those who are realized souls will be available. You can also go and teach in that school and also the Sahaja Yogis can go for their conferences. It's a very good school and a good place where we are going to have it. But for that also we need money and I think I told them that just now only if you can spend, how many, how many? Well it's going to cost... Hundred, hundred dollars. Just a hundred dollars per Sahaja Yogis. Hundred dollars. Every Sahaja Yogi should try to save for one year and send it over to Arno, we put it in gold and I can raise the price of gold and then we can have more money, double the price. That's my idea. Because the amount that we have now is something very, very little to be sent from Europe and America because we didn't have so many people. But this would be only hundred dollars per one year, once a year, once for lifetime you have to send it for this and that we'll try to make something out of that. Indians have already got eight lakhs with that and in Bombay they have, Delhi they have got about four lakhs of it. But Indians are really, I must tell you, they have never put anybody on line, never. And for the first three years we never took any money, all those who came were free. I would not say that hundred percent they bore the thing but actually fifty percent expenses they bore. He went with us one day, first time, when he was, what was the year you were? I came to you in 1980 Mother. 1980. So we started this thing from 1974. So you can imagine four years, five years. Yes, 70, 71, 72, 73, 74. No, not 70, 74. You see 74 January. Oh I see, until then, yes. Yes, 74 January went. So 74, 75, 76, 77, 74 you came. I came in 70. 80. 80, 80. So it's 74, 75, 76, 77, 78, 79, 5. So you came in 70. So you came in 70. So you came in 70. So you came in 70. So you came in 70. So you came in 70. So you came in 70. Because I came at the beginning of 80, so we count 79. So we count 79. Five. Five years, you see, we sustained. Quite a lot of people asked them for their food, for everything. We looked after them. Actually the year I came to you Mother. You came later. Yes, but even then you were offering to pay for everything and you just didn't consider taking any money. I mean we were so bull headed we didn't even think to offer either but never mind that is another story. We paid for your stay and everything. You did. But travelling I think you paid. In the end we did Mother but we needed a few promptings. Some people told me that pay for your travelling. Yes, I mean I really spent a lot of money doing that but doesn't matter what it is. But now what I am saying that now we have to understand that we have to have our self-respect that's why these things are concerned. Actually the amount that you people have gathered also to send to India is so little that I felt shy. So I have bought gold out of it, it is lying with the wars back. So that also one day we rise and we will be able to. Actually Mother this hundred will just be the beginning I feel for the West. It will just be a nominal contribution from now on. I think the West will undertake a tremendous effort in this regard and certainly I will be doing My best to encourage everybody because. We can do it hundred per year can we? Is it too much hundred dollars per year? At least Mother, at least. I mean if we can raise fourteen thousand for America, I mean in Australia. Fifteen thousand altogether I mean putting My money too little bit. It's only the beginning Mother. It's only the beginning. It's only the beginning. That's a token. We should do so much. We have to think on a big scale. Every year hundred is all right I think would be sensible not more than that. Every year hundred is all right. Pardon Me... Yes please. Oh, there is another one. That's very little. It's such a privilege Mother, such a privilege. You know, now that's it's too little I think. All right, doesn't matter, let's start with this. Let's do it one year like that, we'll see about it. All right. That's now you see, there's not much need because they have got money in the bank in India. But I mean, Indians if they can do so much, what about us? They will give you the land, everything and then when you go there you'll have a comfortable place to live in. That's the main thing now you don't have any comfortable place to live in. We do Mother. And we have to pay, no it's not so comfortable and we have to pay quite a lot to them also, isn't it? It'll be more economical, more sensible. It's more economical. And also now you see, the prices are going up. So I have said now four thousand rupees for a month. Everybody is shocked with that only, the four thousand rupees per month. But what I'm saying, I can't say next year may not be so and maybe after two years or three years I may have to stop this. Then you people will have to move above and it's for you people only because everybody has a house in India who's going to stay in the ashram, you people. I mean we cannot have an ashram like this in India, no question, because everybody has a house. There's no question of anybody staying in an ashram in India out of question. For Indians? Indians it is out of question. They've already established their dharmas and they No, they all have houses of their own. If they are young they stay with their parents and they have their own houses. They have bhajstas, no? So everybody has a house sort of

thing. So ashram if you have, I don't think Indians, unless and until they retire, they won't be there. So it's you people who need an ashram more than anybody else. From this mad world if you have to go out, sometimes you must come to India. So it's hundred thing you should send it to Arno. And for the journey is four hundred. To My dollar account and for your travelling. I'll have to find out. I'll send a circular as soon as I go back, I'll find out from Air India what is the situation. Mother's going to try and make a block booking for North America as well as England and Europe. And you go by Air India, no problem. You see Air India is adjustable for us. We can talk to them, they'll take all your luggage, no problem. You see you go by some Iran Airlines or some sort of a thing and get stranded. Some people got stranded in Kabul, you know that? Yes, yes. So why this? Kabul! Kabul, you don't know this? No I didn't. Who were they? Two percent of them. Two persons got stranded in Kabul. That's what a place. They came by some plane, I've forgotten the plane. This was not this year, last year. I've forgotten their names. And they got stranded in Kabul. Then a telegram came to us saying that we are stranded in Kabul. So you see all these things one should not try. You see if you cannot afford to go, better not. But they mustn't go on any of these special Gulf Air and all that. Because why, why to do such a thing? I don't understand. You see some of these Kabul, what airline goes via Kabul? Oh Heaven's Mother, I don't know, it's probably, probably Afghanistan Airlines. Afghanistan Airlines, Afghanistan Airlines. And they got stranded there because this problem of thing was there, yeah. Russian business. Russian business. Russian business. Yes, Afghanistan. So they got it Afghanistan Airlines from where I don't know and how they arrived there I don't know. And they got stranded in Kabul. So straight forward you must go. And another is they told Me is a very bad one is. You should never go by. Gulf Air. Gulf Air. Syrian Airlines. Syrian and Gulf. And you, you had problems. Yes I was stuck there with an open ticket. Where were you stuck? Well I was in Bombay if you remember Mother and I had this open ticket which I thought great I can come back whenever I like. When I got to Bombay I found out they weren't running a jumbo, it was like a half size plane and there was a three month waiting list to come back. You put a bandhan to it Mother and you got it immediately. Yes. But normally. Three months waiting list. Yes. Yes because everybody was trying to leave Bombay because the summer was getting so hot. I'm shouting at Graham for being so stupid to book it like that. I thought it would be good to have it open so I could come back when it was convenient. You don't go to India on that basis. No no this cheap cheap cheap real life you see is very dangerous. You know I had to pay a complete ticket last time to America. We bought one ticket then see we paid for my ticket second ticket. The whole ticket was cancelled completely the kind of a ticket we had asked you. The next is the expert on giving such a ticket. Don't go to him. He reacted with the limit. I know in fact he when I wanted to go to India he was offering he was trying to sell me a ticket that was ridiculously expensive. You know so expensive. Very expensive ticket to us. To us either he gives very expensive or this kind of thing. This time he gave a big expensive ticket to us also. Isn't it? No. Actually you gave him the instructions Mother to just buy it like this from the Air India. At 280 I told him there is one at 280. But you told him he didn't even know. He was giving for 340. Actually he still tried to charge you more then I said but you promised Mother 280 and he wanted to charge you 299. Really? That's very bad on his part to do like that. And he had already agreed to 280. You've actually gone to the opening of his new office as well. Yes and he is doing very well with that. But he doesn't understand that he should not make money out of Me. He very quickly changed his mind. And the first ticket he gave Me was so bad that we had to change. And I said now return this ticket to you because I don't need this ticket. Mother to get to Canada had to come. That's terrible. Had to go from Houston up to Dallas. Dallas across to Los Angeles. Los Angeles we had to run between two aircraft. Mother was running literally. Then up to here to Vancouver. All in one day. And then a program the same night. Wow, really. No, no, no. We'll not have him anymore now. He is trying to even cheat there, eh? I didn't know then. I saw you telling Me something like that. That's what upset Billy so much as well. When Billy was working for him he said, I can't stand it. I'm a Sahaja Yogi. I can't stand working for somebody who thinks about money all the time. I think it's much better to deal directly with Air India. So we'll do it directly and then give us some concession they said. But whatever it is we'll work it out. We already get 10% automatically in Australia so I'm sure Mother will get better than that. No, I can't get better. Well, I mean better in the sense that better than what you get. Sippy said he'll get through that. He said then what is my commission? I said what is mine first of all. What is mine commission? Never taken any commission so far. I mean you don't know also how to do it. But honesty plays a long way I think. Come ahead, Eddie. You see, that way we have been doing very well if you see to it, you see. People have been living in ashrams, in such beautiful ashrams in England, isn't it? And we have had a big huge hotel to ourselves, two big old huge places. Then the Surbattin was another great blessing to us I tell you. And that Nightingale Lane was another blessing. I mean people could not believe their eyes that they are living in such good places. Surbattin we spent a little more money for, but all this is your own property forever and ever so it's all right. We bought some washing machine and that also we got so cheap at one-fourth the price. Ask him. Yes. There was some modelless stuff on it. Nobody could believe it. Sheets, blankets, bedspreads, dining room tables, chairs, cushions, lounge suites, washing machines, dryers, fridge, freezer, washing machines, everything. Seven thousand pounds worth. And one big, you cancelled that one

thousand out of us. When I saw it all coming upstairs I thought. So six thousand you could say for all that. Actually that if you cancel that one thousand thing you bought it. That lounge, soup, everything. That car thing from Italy was how much? Seven hundred? There was the red one? That sofa set? I think the red one, I don't know. It's about seven hundred I suppose. Thousand, no? Maybe another, yes. More than that. How much you remember? No, I don't know exactly. You mean the red one Mother? I thought it was approaching a thousand but I think it was a thousand. I didn't actually see the price on it. So you can imagine. And then also three sofa sets. Three sofa sets all wood, with wood. And sheets and beds and bed, everything, everything that you could think of. Even a kitchen, dinner services, knives and forks. Dinner services, knives and forks. And then you can see the whole thing. Tablecloths, napkins. Tables, how many tables? Four tables. Four tables and how many chairs? Sixteen chairs. And solid point. So many things we bought you can't believe it. And a nest of glass tables. A nest of glass tables and one big coffee table nest. Glass and what else? Beautiful. Glass. I had a very good feeling. Beautiful. Brass. And one complete, brass, brass suit. Complete brass suit, you see. Top things that. Can't believe it. No one can believe it when you see that. Beds with drawers and everything. And carpets. What about the carpets? Carpet was for, it was for how much? One pound, not even one pound per square yard. What turned out to be? There's a very, very good bargain. Very good bargain. It was one pound of fifty p or something like that. First twelve yards. And with a matting, rubber matting behind the door. Shri Mataji, Laurie was telling Me about this house. Did She talk to, have You talked to Mother? She was just mentioned but not how much it cost and all that. Well, the owners are an investment of some trust company or something and they're anxious to be rid of it. And I know that in real estate means that it's a liability to them and therefore the market price would be quite good. But they need to get themselves established with this registration as a charitable organization. So I don't think they've got enough money here to do that. They're literally very near the edge. It's not going to cost much, just a few hundred dollars. But we can, perhaps all of us can perhaps help. Yeah, why can't you help them? Just to help them get the legal identity. Actually they get a further grant from the government for that, on top of this. So when they're buying the house, if they ever got to that position, they would get a further grant from the government, being a charitable organization. Oh, that's good. That much I'll give you, whatever you say. All right. You let Me know tomorrow how much you need, all right? I was going to ring a few barristers in town here just to find out because I know the ropes or James knows the ropes from Australia. We've done it now and we can just ring a few people and see what's involved, what the costs are and what the requirements are. Perhaps you could do that tomorrow. Yes. And see, you know, just what we're up for in costs. No, that's what we should do. I mean a house like this is great for Sahaja Yogis. Wonderful asset, Mother. It's a great asset. But then how will you purchase? New Sahaja Yogis are coming. Yes, that's true, but you have to pay down payment or you have to pay the whole little bit? We haven't looked into that yet, Mother. We haven't looked into that part yet. It would be like that, though. But if it is a trust thing, then you'll get it very cheap, I guess. Yes. We may be able to get a co-opt type mortgage, a co-operative mortgage. We haven't checked into that yet. James could have a little look into this tomorrow. He's an expert in this. Oh, yes. You're the expert, Mother. You see, it works out. That's all I can say. But I'm not an expert. It works out more with me. Things work out very well. I know, Mother. It works out in such a beautiful way. Sometimes you just can't understand. Mother, may I just mention one thing? Now, the Mother ashram in Sydney, it's up for sale. In Sydney? Yes. Before I came away, Mother, I made an offer on it, without checking with you first, but of \$160,000. It's worth about, most probably \$190,000. But he wanted \$300,000, Mother, and I told him that that was far too much. And he's sort of talking in the vicinity now of \$250,000, which is still a long way. But at the moment, there is a sort of a negotiation going on. And then I came here. But I don't know, Mother, whether that would be a good idea for us to buy it. Perhaps that money should be better spent in India. Things like that. I don't know. See if it comes off. If it comes off, then it's meant to be. I was going to continue it, Mother, when I went back. And they just give one... You see, I think if you can expand it, if it's a freehold thing, you can expand it more, because you may have to bring something on an upper story there. Yes, yes. Be better either. You see, when My birthday was celebrated, I mean, the people were really jammed up completely. It's a very huge thing. There should be a place, I personally think, should be anywhere, whatever it is, where you have a large, growing hall like thing. You see, because last time there were so many people. That's what we like, Mother. In Sydney we really like that, and we'd be very grateful if we ever get something that's more suitable with a big hall, like we found, for example, in Switzerland. That's wonderful. Little away from Sydney, might be. Little away from Sydney, if you can get some places, it would be even better. I certainly investigate that, Mother. Yes, you see, this is all right investment or whatever you may say, but... Long term may not be the right idea. Long term it may not work out. Even when you said it again. I did have some doubts in here about it, Mother, but I just started it to just let you know. Little away from Sydney, say, little away from Sydney, if you can get a big place, it's better to have it, you see. For the same amount you might get a bigger place. Oh, we would, Mother, out a little bit, yes. Yes, you will. And that's better to be there, you see, because of course, I mean, a place like this is good for people to come down and... You need something central, but... Center is all right. But a

meeting place. One thing meeting place, but actually, such a place could be in a good locality, some place where people can come for weekends. Then stay there for weekends, you see. The same style, yes. And that... And every weekend they could be there. All Sydney people can come for weekend there. And then contribute some cost too. They will contribute to the cost as well. This is a new idea of Mother's actually, where the people that don't necessarily live in the ashram all come to the ashram for the weekend and contribute to the running costs. Little away, if it is from Sydney, they would like to come here in May, or near a river or something, just to come down there to have a little sort of a... I think this is a much better idea. Then Saturday, Sunday, if they stay with you, you see, there will be more, sort of much more there. Stronger. Mother, I'll get started on it as soon as I go back. I'll do something about it. That's a much better idea to have. And it's substantial and nobody will disturb you there. See, neighbour's problem, this problem... And there's more space to expand. That place in Sydney is a bit limited, it's tight. You must have... you can get it in... I know I've seen this fellow who was this... what was his name? The one whose house we had that lawn we went down, huge big lawn, settled down there, whose wife is Polish. Which country, Mother? Switzerland, at your Sydney. You don't mean France. Bill, Bill Brandeis. Yes, yes. You see, he had a nice place, but the place was not covered, you see. So if you could have something like that and cover, or we can make a hall there. You can make a... Like using the back lawn as a big hall. Hall, yes. And sort of we can have a hall, double hall, say, or maybe that for people, ladies to sleep and gents to sleep. And then you can have a hall, double hall. And for people, ladies to sleep and gents to sleep. Some bathrooms. Hall below and bedding above or something like that. Yes, you see, and some bathrooms. One good bathroom or community big bathroom for them, like many wash spaces and things put together. You can build something like that. They can come for them. When you come to India, have a look at the plans of the school that Mother's drawn. Ha, that's right. I'd love to, yes. Something like that. So that so many people are there, you see. The more you come in contact with each other, it will be a real outing. You can have your programs, you can have this, that, children. It would be wonderful. Everybody would like to be there. Because when we get together now, Mother, we have a problem of space. We just burst at the seams there. And we're growing so quick. And you are going to grow very fast now. Oh, yes. Because most of the gurus have withdrawn from there. You're going to grow very fast. You must have a big hall. Yes. You can make yourself a hall of your own. No, we can. The Golden Builders can build it. That's no problem. Yes, yes. No problem. We have an architect anyway. Oh, yes. It should be double storey. Why? Because top you can sleep and do and... Yes. ...you could be bathrooms upstairs and down below the... Golden Builders, Mother, is very prosperous now, thanks to Your Grace. Yes. Tremendous. Our people should learn from You. Really. She's very good. They've never had so much work and all these things are working out. And they're getting all their work, Mother, in churches. Mainly Mormon churches, Mother. What churches? Mormon. Mormon. Why today, Science? You probably... It's an American... Mormon. ...nonsense. It's an American Buddhist business where they believe that Jesus Christ was born in America. Yes, Mother, they do. And they're very... They're quite big in Australia. M-O-R-M-O-N. Mormon. Their headquarters is in Salt Lake City. In Utah. And they're very, very big. They're big on family life. Actually, many of their things are dharmic, but they're completely wrong about the... But what is the need to have Christ born in America? Well, I guess it's a bit of ego. There's a man called Joseph Smith. Had a revelation. And he found it on certain tablets. It was written on a mountain somewhere near Washington. Oh, yes. What does he say? Apparently, they found these tablets. They say the founder of the movement discovered tablets, you know, large stones with writing on. Declaring that Jesus was born in America. Who wrote that? In English language, was that? When Christ was born, there was no English language. Was it suddenly John Smith? Yes, Joseph Smith, his name was. Very unlikely name. But in what language did the tablets come from? It would have been in English, wouldn't it? English. In English. Ah, must be the English one. Joseph Smith, yes. Smith, you know, the Smiths are very big. They're very big. Smith, you know, the Smiths are good at the smithereens. Smithereens. Smithereens, it is smithereens. So, Smith, Smith. With Mithya. Smithereens. In Sanskrit, Smith means, Smith means smile. Oh, my, Smith. But it is not though, it is Smith. Not the other one. Not that one. Not that one, no. Marjorie Bassett style. I said, we don't show our tongue. That's not the way. It's very bad, bad manners. The lady who was our publicity, who was supposed to become our publicity agent in New York. She started teaching Me English. Came in and the first thing she said to Mother was that, well, we're going to have to fix up your accent. You don't speak English properly in the American world. No, American style you should have. Mine is, she said, My English is out of date now. So I said, all right, now how do I speak? She said, you say, thought. We say, thought. Not even that one. I said, we don't do like this. It's hideous, I said. It's not enough for me to have it. So I said, we say, thought. It's a much deeper way. Thought, is that the way English speak? Not a thot. But this is also ego. You see, if it is English language speak like English. Why should you have American English? This is also another ego that we can do anything to the language also. Isn't it? If the whatever is the basic language, why don't you speak like that? I can't understand. Supposing we start speaking like Hindi, English language, you won't understand a word what we are saying. American Hindi. American Hindi. It's not even an accent or a dialect. It's absolutely careless, lovingly speech. I know that is

accepted. Now we have a say, our South Indians will say, judge, judge, judge it. Not a thot. But this is also ego. You see, if it is English language speak like English. Why should you have American English? This is also another ego that we can do anything to the language also. Isn't it? If the whatever is the basic language, why don't you speak like that? I can't understand. Supposing we start speaking like Hindi, English language, you won't understand a word what we are saying. American Hindi. American Hindi. It's not even an accent or a dialect. It's absolutely careless, lovingly speech. I know that is accepted. Now we have a say, our South Indians will say judge, judge, judge it. And they will say, walk close. Like that they talk like this. You see walk close. Like that you see they say like that. But it's all right. I mean we know they are like that and they accept that they are like that and it's wrong to say but they say like that. All right. Judgment, they say, judgment was not good. Judgment was not good. Judgment was not good. And like that they speak like that. Then we have also people like from Sipis province, they say, Anki, they say Anki station is, they will put it not station, they will say is station. Is station. Yeah, India. Like that you see. And Maharaj says, I have, I have. Like that you see. They have a style of speaking. So we all have that kind of thing in India. Even English people have their own styles of speaking. But that doesn't mean that if you have those things that main English is challenged and they are accepted to be the right thing to do that way. I mean English must be spoken like the English. But even the English don't speak like English. I must have. They have changed the way some of these people speak I would say like that. Pat, Pat or Maureen is now alright, she is educated. Pat and Pamela and sometimes the worst is this Tony's wife, what's her name? Dawn. I can't understand what she talks, you see. She's aa, aa, aa. Ten times she must put aa in between. So that's another uneducated style I think whatever it is. So they also don't speak correct English. True. Isn't it? But on the whole and, and Scottish and the West and all of that, Scottish, Scottish is our own our own. Absolutely. Our Scottish hero Mr Mark Callahan, I told him now will you please speak, write English to me. Can't understand. Really and that is one thing about me. I cannot understand any language which is so much mispronounced. So American is absolutely out of question. And that way Canadians are good people you know and also Australians, they have not changed the language so. But Americans they, they want to teach you how to speak English of all the persons. That was amazing that morning. I couldn't believe what was happening. I said she's never had this happen before, what are you talking about? She said well we've got to change it, it's just got to be. You've nobody will understand you. And I mean everybody understands what she says. But she, she told me the answer. She said you see Americans is a humpty bogart style. Humpty doxy. She said, she said you put a cigarette say on in one side then you have to wait for on the other side. And if you are putting this side you have to put from the other side. So they are used to that kind of thing. She made a thing like that you see, she closed here and opened this side the thing you see. This way. I was quite surprised. Not straight like that. So you have to speak from one side or from the other side. That's why the language became like that. Best was pranam. He was teaching some people, Americans how to say bhagavati. They couldn't say bhagavati, he said. Then he said, he pulled his ears you see before Me. He said Mother please forgive me I have to teach them so I have to use some sort of another style. So they used it which ever they said. All right say bhagavati. And they did say. Oh my God. It's interesting. But this ego will go away I think they will pick up the proper languages. And English has spoiled also now like these Cambridge people they will say supa meaning super. Super, super, super. If it is to be said super they will say supa. Arbeezitna. Ladida. What is that? They share a ladida as the sort of way they speak you know. Very sort of they exaggerate all the vowels, all the vowels are exaggerated. Very large they say, instead of large they say large. Everything is exaggerated. Darling you are so mild. Basically this speech with a mouth like I wish there was something round in the mouth a ball in the mouth like that in the public school you see. Our doctor. Rustam. He used to speak like that. So one day Rustam said take out that ball from your mouth and now he will speak properly. He is more the oh no not really. He is more oh no definitely not. Who? David. Spider. Arbeezitna. He is more sort of a round. He goes round in the mouth. But he says that's how they are taught in the public school. Yes it's true. Rustam has got a very beautiful accent. Has he? Rustam. But in Hindi he just. No no no that I mean in English. In Hindi he has told me that I went to Indore. Indore. I said Indore? What do you mean? Went to Indore. Look it is fine. I am very bad. I am so hopeless. I have no brains. So my my granddaughter came and said Rani he is saying he went to Indore. Yes I said Indore. I said you are saying Indore. I thought how can you go to Indore. Either it used to be in or to one of the prepositions. But it is Indore. Dhar as we said T H E Dhar. Indore. But he said Indore. I couldn't understand how it is used. So all those D's in English. I thought I L D O O R he said. It is indoors. It is Indore. Dore. Duh duh as we say Indore not duh. Duh. Duh duh as you say T H E. Duh. Duh. Duh. Duh. Now what do you say to T H E? The. This is the. The book. That's the book. That's the book. The. Indore. She said Indore. Indore. Hindi is rather difficult. But Mother the people who speak beautiful Hindi who were at your program in Delhi and they heard you speaking one night. They were pundits from the university, teachers. They came out absolutely saying that for somebody who speaks Marathi so perfectly but who speaks Hindi with such not only perfection. They think I am very great scholar of Hindi. Yes they think you are a scholar of Hindi and they said the pronunciation is flawless. They used the word flawless. Yes some more Hindi I know because I have spoken it

in many lives and Sanskrit that's how I know. Beautiful. We just enjoy the vibrations even. Really I am very good at it. I think Marathi language itself is very powerful and Hindi is second but English I can manage somehow. English not so good as Marathi. I cannot be so good as. I think it's very difficult to be humorous in a language and you are very humorous with English Mother. English can be such a dry language. English can be so dry but you make it so jovial. Yes. I say what happened Mother the way you speak and you joke that our unions that now the Sahaja Yogis are forming labor unions. All right. So we had a nice time together. Thank you very much. I hope you all enjoyed the vibrations. Thank you very much. May God bless you. So tomorrow morning what time? No program. Unless you want to do something. Mother would like to do some shopping. Because I want to see what is left and what I have to get. We just have one thing. Now I am borrowing back all the presents you know. In the afternoon. We have one thing in the afternoon that's all. Just a radio interview. That is a later. In the afternoon Mother. That's later. So tomorrow. So tomorrow morning I'll have the bath with all the elaborations because I was quite nervous to see the way you have made all the elaborations. There's no need to bother. You should have just filled the tank and I jumped into it. Only thing to get out of it for maybe two hours. Architect you see must be enjoying that bath I'm sure. Yes. Yes very is. Meant for the architect. By Myself I made you see two bathrooms like that in My house. But huge big like this you see. And you can get down by steps. It's like a tank. Roman bathroom. And it can be also used like ordinary bathroom. Like you can just get down and have a shower there. Or if you want you can fill in the water as much as you like and have a bath in that way. Because Indians don't eat that. Have baths of that kind. Like shower so you can have a bucket and sit on the on the staircase in the stairs and and you can have a bath. And you can have a bath. On the staircase in the stairs and take the bath. Which would be like lots of things. That's Japanese style. Romans. But Japanese you see have very very funny people. They give you buckets you see there will be five six uh.. buckets and five six types. And you have to first wash under that. All of you put together. And there's a common tub into which you have to get it. So horrible thing is. Japan may be the last. Because already so many Russians have got realization. So I don't know what's going to happen in Japan. With your Mahakari thing. Yes Mother. I really got caught there. Ah this is the big one you got. Oh I have got some smaller ones like this. We can give it to these people. On the pujari. I will give them my pujari. This one is wonderful. You people gave them right? Such vibration. It was our very first puja when you arrived in Australia Mother. And we got these flowers just out of the blue. We didn't know that they were auspicious. Ah I know. And we went and just got them. You know what happened when I was going I told, Terrence was driving. I said stop the car we have to get these flowers you see. And then we went round and he forgot about it. I also forgot. When we went there you got all these flowers. They were already there. They are the things meant for the Red Bull. Tremendous this puja. Even see the face and all that's so withdrawn. Just Ganesha's face. So powerful Mother. Tremendous. That's a good one Shri Mataji. That's out of the one you will be. Behold the Mother Mother. And that's the one that was taken by Turner. Is it? Is she here? No, the year before last. We brought it to India as a gift for. Year before last year. By Turner twelve months before. The pujari was a blue and red cheque. Yeah, yeah, yeah. I remember. That was another luck they had I know. Blue and red I know where they got it. Yes, yes. All right. Good night sweet dreams. I will name him on the day of our puja, all right? May sweet name. Thank you Mother. Okay sweetie. And the rice is fine, that's me. Oh, oh, oh, working it out very much. Yes, yes. I think he's still a bit hungry. No, he's dead. He's got the gas. That's all right. You are hungry. Also there is gas. Take out the gas and let them eat your food. Okay. This. I think he's just enjoying it. You're up. Hi. Hi. Cone.

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You getting in the background stuff, those slides right here? No, I just got the house. Just the building, whatever it is. Yeah, that's okay. We get a shot walking along it. See, we have to send something to Russia. It's not so long to be sitting in Russia again. Yeah, I know it's crazy. It's very shallow. It's a big yellow. It's a small, small area. It's about 20 kilometres out, you can see. So, it seems you were there quite a while ago. I can't see it's following you, Mother. Despite the fact that we've been there. It looks very good. No. It's more clear than this. It's very clear. Would you like? Oh, she's happy. Have a great time. They would like. Russia. Maybe they'll come over. Yes, I know. He can give us a copy. Yes, he can. I'll go to the water to come, I don't know. Yes. It's beautiful. It's such a bright place otherwise. It's beautiful. It's a meditation. Yes. Immediately you come down to your top. And it's so close, isn't it? Oh, yes. It's beautiful. We'll walk over the water and then we'll step onto the beach. It's beautiful. It's very beautiful. It's beautiful. I'm very worried about this banana. We saw him but we didn't know where we were going. We said go this way. Yes. Nobody came with us. We are the only people who saw him. We are in good hands. Yes. I say, I'm really not supposed

to smile. He has to be very serious. It takes me hardly even two minutes. To start laughing, yes? I don't know why people are so serious. Not because he's so serious enough. Just to enjoy everything so beautifully. Which has the creation and so good. Thank you. They said that we want to show the Goddess God. Ah, yes. Now we have it. No visas to come. They said last sea of the sea. Slow down. They know you are the music. Really? Really. Wow, they are already. They are already. Would you like to stand here? They said it's a little too generous. Why is he here? He is not here. He is not here. I'll say that. He is not just a idiot. He is a poor guy. I'll give you the package. This is the beauty of sand. We must be like the sand. We should be more like the sand. So, let's go.

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A true fight against Ah, yes, it's good. How soon do you have a bath? It's an 8. I've heard a few times. No more pike. This is a very good one. I'm going to pour in one. I know, I should've held it. Very good. Yes. You have to look your best for your husband. Finish, relax. That's quite empty. Yes, we do. We're up there. I was asking about you. Off the ledge. Oh, you get the band. Great. Very sweet. Thank you.

One arm. If you get it, put it on. Cut. You need to. All of them are nice to get in here. I don't know. And you're a new American. Get in here. Beautiful. Thank you so much. Crazy. Oh good, he's getting in a video. Aha. Really? Don't eat it. I've asked the girls to come over. This side. Whenever you finish, put a little bit there. Look at that. Beautiful. Everything he talked to me about I had to doctor in this room. I think I'm Colorado. Are you Grocer? See the colour is there but this thing you have to remove it. If you kindly take her there standing and you take the photograph please. Only faces. It's not me. You have to be very quick. Don't be noisy. If you are there maybe it will be late till then. What's happened?

Girls this side. Girls on mothers left. Boys on mothers right. All the girls were getting married by that side. They are applying oil, some of them hopefully. Otherwise it will never come out. It took two months the last time to get the stuff out. Married girls, girls getting married to girls this side. Boys on mothers left. We can't save them. We have to save them. They must learn that they are sorry. They are already sent home. I have to go back to the hospital. I have to go to the Officials Department. You are going to what? Help everyone. Do you want me to go to the hospital? No, it's on my way. Get going. We're all alone with Christmas. Get me here! I'm going to play a little bit of football. I need to know where to stick my finger in.

Hello. You come along, sit down there at the end there. You have to sit in the line. Hello. Come here. Why didn't you comb your hair? I was manager of barber shop and masseuse. Take the comb from there and comb your hair. You wanted to see Paul? I am just telling Paul so he will go and remain. He is himself busy. I will take the comb from there. Where are the bridesmaids? All the bridesmaids are looking very nice. I have taken out the bad eyes. You will be married now if you don't move that side a little. I will give you a gift. As soon as your husbands coming you better put up your finger. As soon as your bridegrooms are coming you put up your fingers. Keep it on the sides. Whatever things you have, keep it on the sides. Don't get involved. You are all right now. Just don't worry. Leave it to Me. I'll manage. Yes, it's all right. Your bridegroom has come? He's your father. But it's all right. He has to do it now for his trying to find out about. Father will be needed at the time of wedding. Come along soon.

All the boys are taking more time than girls. Come along. Please tell them to find their own wives and sit down. Why have they gone to the sea? This madness of sea is also too much. They were going to the sea towards them. But they can't do it here? What is the need to go to the sea? They should have done it. That's not proper. You see, to be arbitrary is not proper. Is he a bridegroom? You see, you should not do any arbitrary behavior like going to the sea suddenly. Everybody is waiting for this to be done. The briderooms or brides, you don't move out because it is going to be difficult for us. Where is Bernard's wife? Raise your hand. I think, if you could put the camera here, you could take the photograph of all of them, better than. Now you have had enough of mine. Any enjoyment? Come inside. He's a finder.

Now the big complication is they're not in any serial order. It's all right. I have created that. No. It's all right. There is no need just now. Just pass. Now you tell the guy. Anthony, quickly. Where is that Massimo gone? Very good. Now you tell him. He's a finder. Come here Massimo. Is he there? Some of the young boys. Who's missing there? That's Massimo. He is not here. Hurry up. He's

speaking what now? He's going to fetch him. Two or three more have come. Come on. Just go down and find your bride, okay? What's happening to you? Damn it. It's okay. Fast. Come here. Come on over there. You are the bridegroom? So sit at the back. This side. Massimo. Now they are coming. Someone is going to see where he is. An uncle then has to give it to the girl.

Now the mamas be careful. It has everything in it, all right, boys and girls. Have you done it? Do it fast. Now you see. Go faster with the coconuts, please. This time all the mamas must get up and give these things in the lap of the girl, like this, again. Now, just a minute, you just listen to the instructions first, then we'll give you the signal for the window. All this has to go to the girl's side on her lap. Now the mothers have to put it in her lap to be better, put it in the lap of the girl, all right. So now it is given to the girl, whatever it is, is her property or everything that represents the wealth or the Lakshmi of the family is given to the girl and that is given from the mother's side because she's the Lakshmi and she's going away. So symbolically the Lakshmi of the house is given this. The boys have to give it in the lap of the girls.

Now after doing that the mother should show the girl the ornaments that are there and cover her with the saree and first of all take out the things or even if you do not take out the saree, it's all right, but first of all take out the things that are meant for the boy. Now, when the ladies, the mothers, have taken out the things that are for the boys, these things are to be brought and given to the boys. That's first thing. The girls should keep quiet with these things in their lap. Now all the other relations of the girls, whatever ornaments they want to give, can give ornaments later. But one by one I'll give you instructions. Don't do it in a hurry. Now first of all, as I said, the mamas have to get up, cross over and put it in the lap of the girl. Should they do it now? Aha. Okay, all the mama do it in the lap of the girl. And the girl doesn't do anything. She just waits until the mother shows up.

Mama representing all the mamas, I have also given you Ganeshad as present to every boy. See, for the boy and the girl, both of them, we've got one each. Two hundred and fifty-two are there, so it's all right to give both mother. So all the... First now for the boys. All the mamas you see back at your place. And all the foreigners must get there also. After getting these, the function is over. All the foreigners who have come from the western countries, eastern countries should take one Ganeshad each. All the boys and all the girls. I just remembered the caps, Mother, so may I just pass one to each man? No, this is not to be just now because this may be spoiled. You see, we'll have them. To put in the bag, no? In the bag we'll give them, just now. Or you can give them later, once they have got half.

Now, the girls, the boys thinks whatever are to be done, they are going to give it to each other, whatever will be given for the boys, whatever you want to give to the boys. Now take it out, I have a chain to be given to all the boys. I have got a chain for them. Yes. So the mother should come and tie the chain for the boys. So when we give the signal... Not just now. When we give the signal of the mother... Let me see. I'll show them. This is the chain which I have given as a present, Myself, to the boys. Let it be. Yes, girls. These are the things I have given to the girls as a measuring present. And also these. All right. If there are some short, doesn't matter. So all the mothers are ready with the presents for the boys? Just the chain for the boys I am giving them. Whatever is to be given to the boys apart from that, like someone wants to give the rings and other things, should be brought in. Some people have a ring, relations have rings and things, have to be done. When I give you signal, first of all just tie the chain and then whatever are relations are there, they want to give something to the boy.

What's she saying? I don't know, he's got a gift for somebody over there. This mama has for that one. All right. Anybody who has after these, there should not be any hurry and scurry. Those who have gifts for the girl or for the boy should give the relations, the friends or anybody. But don't hurry up, just now one by one, because it's quite a mess then. See the girls are sitting with all their things and they should not be disturbed. They have to keep everything inside the packet is better, the girls, so that it is safe. Put everything inside the packet, if possible. All the ornaments, everything. Mothers can help them, put everything inside. Don't put this one. This you keep outside. The thing that is here, don't keep it inside, it might be spoiled. So this Ganesha also is a present from Me. Very nice. The climate is very good. This giving of Ganesha has brought this silence. Now this is in charge of for him. All right. Now what did I tell you? Do you remember that? That the ladies have to move slowly and tie the thing in the neck of their son-in-laws. Okay, now all the mothers. Be careful, don't drop the pendant or anything. Do it quietly.

Now whatever the relations or anybody has to give, should give. On either sides. First give to the girls. Now. Just a minute. One more thing. Those, all the boys, ladies who have got the Mangal Sutra should give it to the boys because they have to tie it up. So

the mothers should take out the Mangal Sutras and give it to the boys and they must keep it safe with them and you must not forget to bring it for the wedding. We didn't know we had to bring presents so we'll give them later on. That's after marriage. No, this is more direct relations. This you keep it carefully. These are just the presents from the immediate relatives. If Sahaja Yogi have presents there'll be another opportunity later in the day to give them. The other thing is the boys have to be very careful not to forget the Mangal Sutra this evening because this is part of the marriage ceremonial. Now those who, I beg your, those who. Immediate relatives. Now if some people have gold Mangal Sutras to begin with, then they have to be very careful not to forget the immediate relatives. Now if some people have gold Mangal Sutras to be given to their bride, these Mangal Sutras must be given to the boys. All the people relations. Those who want to give gold Mangal Sutra to the girl, that also must be given to the boys and boys must be very careful. And those who want to give rings and chains also should give to the boys. Chain in the neck. And also rings, some are giving gold rings and things like that to the boy, should be given now. All the rings whom you want to give. All right, just now for the boy. Then when you have to go to the girl I'll tell you.

Please sit in meditation. This is, we are in front of the Adishakti. Those who have nothing to do, please I request that to meditate and to sit. Everybody sit. Please. All the rings, all the mangal sutras which are to be tied have to be given to the boys of gold or anything. Have you done that, Linda? All the people who have made gold mangal sutras, please give it to the boys. You better handle it. I don't know who are the people. And the rings also, gold rings. So now some of you have got even gold mangal sutra. Those who have got also gold mangal sutra or these things must keep them carefully with them and must be brought at the time of the wedding and people are to be reminded.

Now. Whatever you have now to give to the girls, you better give her now. All the ornaments and everything. Not the mangal sutras but all the other things. Whatever you want to give to the girl. The relations also. Close relations. The family who have present for the girl, please it's now time to give to the girl, for the immediate family. Whosoever. No. The boys or the relations or anyone. Whatever goes to the girl. Oh, you don't get up, you tell the mama. Mama has to give. You should give it to the mama and mama gives to the girl. But other direct relations can give it to the girl. But the boy, if he wants to give anything, then they must give it to the mama and the mama should pass it over to the girl. I'm the most direct. Now, everybody has given. They have been given? No, not yet. All right. Now, where are the ornaments? Fifty one ornaments.

Now I'll give you instructions. What is it you have to have your food? Take some rest. And I think, not just now, I mean after some time, because we have to still pass on the ornaments. Then all the girls should take all these things carefully, the girls' mothers should go with them and the bride's sisters, they are important. They should go with the girls. Keep everything carefully, take some rest after food and then you have to dress up according to the timing because all the girls have to be ready by six something and the boys have to be ready at six o'clock. You have to have the food quickly. Rest with them, it's the same as this one. Be sure to keep all these things carefully. After you have done all these things, you have to be ready by scissors, with your hands and feet. Now, the bridegroom will have to start from here at six o'clock on the horses. The process will start from here, I'm not sure. But the girls should not get out till the boys are gone. And then I'll come here for the Gauri Pujan by that time the girls should be brought by the mother. Boys. Yes, the procession of the sea. They are to get as the Gauri Pujal. And then, you see, they should, ladies should be dressed up fully. Right? They should have all their saris on, with their things on, all their ornaments on. All these things should be done for ladies. In the same way the boys, when they get onto their horses, they should be dressed up fully. All right? They should be tied with this, all this should be done. For that the boys, brothers should help them. The women should be dressed up fully, and the mothers should be dressed up fully. The same way the girls should be dressed up fully, they should be completely decorated with the big marriage, and the mothers of the girls and the fathers should prepare an aarti. For the boy who is coming, and that is to be done when the boy comes, he is to be received with aarti and with a tikka.

When they return after letting Mataji speak. No. After going round the whole thing, I mean, after the procession comes. After touching My feet they go round the place, on the horses. After touching, the boys will be remathed, and after continuing their procession, the marriage will be here, and I will be remathed to celebrate the grand pochade. Give it to the boys. And then they will be brought up by the mother and the son. Then I will give them. Can I give these out at the same time? Let it be? When they will be getting on the horse, it's better to give them. No, just before that. This you keep it with you, I'll tell you what. You see yourself, what is this? This is for your bribes you are giving. Don't give it to Mr. Jayka and the other gentlemen from the brass. It's beautiful. Shablog leh na aikki. Except for Jayka and something. Done now? You got the last one I sent you, that one. Yes,

Mother. Very good. Mother, was that fifty or fifty one? I gave you the one. Last. This one again has to be given to the uncle. And then that one is to be given to the girl. You have to get up and give it to the girl and then take the girls with you out from here. All the mothers and the mamas should take the girls. So when we give you the signal. Confusion o jata na, ek meri teri hai. Don't do it before I tell you because it's a confusion then. All right. We will give the signal when you have to do it. And make her comfortable and keep her ornaments properly somewhere. When she gets up she has to wear her saree, her blouse and everything.

Now, please slowly get up. And cross over. Should we announce that the couples eat first, not that they have to cure? For all the Sahaja Yogi here it is clear that you let the couples eat first. The couples should not cure. It's a buffet system. So first of all the mamas of the girl and the, they should see that they give food to the girl and to the boy. They should serve them food in the rooms. They should come take a plate each and take them in the room so they have their food and come back. And the mother should give food to the girls. Actually in our custom the mama has to pay for this food. I am looking at Mother G. All right, so now the mothers have to give the food to the girls, make them comfortable, keep all their things all right and the boys are to be looked after by mamas. You should bring the one plate each, give them food and let them rest. And then afterwards the dressing up has to be done by the best man, by the brothers of the boy. The girls must be looked after by the mothers, no confusion. And the boys must have their food in their rooms separately. Yes, Shri Mataji. By the mamas. The mothers feed the girls and the mamas feed the boys in their rooms separately. And take down the plates and everything and let them rest. Now the mamas won't meet the boys till they arrive at the time on the gate where they will do the aarti, where they will receive them as bridegrooms. So after getting down from the horses they'll be received by the mamas and will be guided down to the places where they have to stand in a queue. So you have to come in the numbers, one, two, three, four like that you have to come and stand in that line and the mamas should provide for the garlands. Now the garlands will be in the hands of the boys and girls in such a way that the flower garland is first and then another garland behind it, which is a shining garland. And once that happens, the mamas can come and sit down. They should stand there with the garlands. Now the organizers should know that time the akshatas must be distributed. Now one thing is there, after once, now you are to be married. You'll be tied with a thing in your hand, all of you. Once that is tied, you are not to go here and there, it's now you are going to be married, you can't just run here, can't go to the sea or under the tree, no. Keep together, it's very difficult, you see, to locate a fifty one people. So everything is arranged but you just do one thing not to run above. Now you are grown up men, you are married, be responsible. All the mothers should tie hakunda for the boys and the mamas for the, before they get ready or after they get ready actually somebody responsible should do it before his gathering. All right, it would be better when you come here after marriage, we'll tie that but they'll give you a jhanva to be put. Then that tying up will be later. But once this is put don't run above.

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...and a canny. Foods are all right, fruits in a basket you guys. Yeah, fruits and a canny you guys. It's all right? It's coming up there. So that's... It's a little bit, little bit malate. I think I'll get up and walk a little bit here. You think you could ride it? See here this side I can go. All right. Should I eat something? That's all right. Just to have it. It's nice. Just I thought of it. You know they are making a film and the film is horribly artificial. So I'm setting this natural place. The light is sufficient. See you guys later.. It's very nice to walk up here. I'll walk down, I'll walk out. If you go out, you'll see. What a beautiful place it is. It's very nice to walk up here. It's very good. I'll sit here for a while here. So these leaves are all finished. And you know what is this supposed to be? This is a mokra. This is mokra, you know? From where did you get it? This is India? Got it from India? Here you get this? Oh, you can make a beautiful, this is a dewarasima. Shri Mataji. You can take these clouds, I think, also. Put them down. Or you could go down. Mother, there are steps. It's all right. I'm going to show you. Take it out. Look at that. You've got a lotus also. Oh, my God! Such a beautiful one. It's there, isn't it? If you could come round and you can take Me from here. So this gives a very nice place. Mother, there are spaces. You should come in the big. I didn't mean to laugh. We'll hang out. You'll be alone, you see, as if I'm looking after the God. This side, if you can come. This background is very beautiful. Look at the sky. It's so beautiful. May I show them the sky also? So very beautiful. You can see the sky. May I show them the sky also? So very beautiful. If you could be on top of this thing. This way you can go round. I can talk with you. Then we can go that side also. Near the car. You can take Me without the car. You can take Me without the car. Now, the car should not be sealed. See? You may take Me. I can sit down here for a

while. It's beautiful, isn't it? No car should be there. This is the point, you see. It's beautiful. You can see the sky. It's beautiful. May I go down? All right. See, this has come out here. Let's see. And now I'll do the talking. You shouldn't get the car, no? It's difficult. Ah, look at that. It's all come up so well. I'm in the nature of Myself, but just enjoy. It's beautiful. If you can go up, you can take Me here also. And look at the sunshine. Beautiful. So we're finished now. All right? Somebody of them are here. See, all of them. You show this also. Unfortunately, the kangaroos like them too. They come up here. Yes. And what are these things here going? Sometimes beautiful. I think you have to give me this way. Stop. Good night. Ah, the sky together. You have taken the sky? Yes.

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I don't see that you can't do this. You're waiting. I want you to sit back. Are you coming? I'm not sure. What for this time? We are working there. Just check. We do. One. Thank you. What's the answer? We are taking the camera. You can take it out. Take it out? Are there any problems? No. There won't be any problems. No. Thank you. Very good. It's alright. They are announcing. There is something. Each person. Their mother. Their way. This way. Very good. Please give them flowers. Very good. One. One. One. One. Two. Three. Four. Five. How many flowers are there? Six. Six. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you very much. Thank you. Eight. Eight. Eight. Eight. Eight. Six. Seven. Eight. Nine. Ten. Nine. Ten. Ten. Ten. Ten. Ten. Ten. All of the flowers are in the track. Yeah. You have its own structure, right? Yeah. Listen to it. It's your turn to answer. There is nothing waiting in the rffff. Now it's coming out. Somebody says it's leadership time in special. Okay. What are you, shushy National Arcade appearance. What are you doing? Yes. I'll take your carrying. I'll take mine. I'm OK! Goodbye.

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Okay. This is the eighth section. I long to all the seekers of truth. Today is a great day when mixed with the birth day of the Mother of God. I realized that in this country the Mother of God was worshiped very much. And that's how I discovered why you are so sensitive to the child. About ten years back I went to Poland on the first of seven. And I was extremely unhappy and sad in the play. So my husband asked me, what's the matter? I said, I don't know, something terrible has happened here in Warsaw. Now when we got down and we found on the street, he was carrying some wings. So I asked, what is going on here? So they said that today is the day when Warsaw was born first. And that people did not come that day. That's how I was very, very sad. And in Poland there is an icon of maybe, which they call as the black hole. And then they said that this icon, it creates perhaps. They took out the projection of this icon, which I saw. And I was surprised they had vibrations. Maybe the artist who came here must have been there, realized so. After so many years I am here now with you.

Do you remember those days? Those days are over. I do not know why people use cross as the symbol of Christ. Because it hurts me that he was crucified and he glorified at this point. No one else can glorify the crucifixion of my son. But it is so they do all the time to glorify God. They told Sahaja Yoga to believe that Christ is bestowed upon all death on the unfit child. Because all these efforts on all these great incarnations and on the great character. Because on the cross of the child's mind he was placed within us. We must understand how important it is for us to forgive everyone. Because Christ said that on the cross he wanted God to forgive those people who tried to crucify him. This center is very important. And Russia has one part of the center. So one must understand how important it is for Russians to forgive all the people who are in the center. I must say they are giving for God. I have never done so much of fighting with the evil forces of England. In their sufferings they became very spiritual. And thus I think they have written to Sahaja Yoga so easily.

Now the point of Sahaja Yoga is of such kind higher than other because this Iran is over. That doesn't mean we have to forgive Christ or his money. We cross that center and enter into this area also. This is the area where you have to have absolute knowledge as told by Christ. You have to be comforted. Your illnesses have to be cured. You have to feel frustrated. You are to be counseled. You are to be told what is the subtle knowledge of your being. Not some sort of a sermon that was there or in the

Bible that was there. But now you have to see through the deeper meaning of Christ's life. He got resurrected and the message for us that we have to be resurrected. This is to be understood now that we cannot just go on praying to God or using the Bible or going to church. We have done all that. Now the time has come for us to reach the fruits of our dedication to God.

The third thing that we have done is Sahaja Yoga is redemption. Meaning you get yourself that. Redemption means cleansing. You become elderly. You become innately religious. You know what is right and what is wrong. And you don't do any more anything that is immoral. This is what was promised to you and that is what is happening. This is what is said also in Islam. No use talking about Islam. Because already you see that Muslims are no more religious people. They are very violent. Everywhere they are fighting and they are killing it. Ask people it's all right. It is also said for them that at the time of their resurrection, the Ahmad, they will feel the vibrations or the cool breeze on their hands. Because these hands will speak and will give it to you. It is against you, tell you what's wrong. This is exactly what is happening. Would the Islam say the same thing? Would God say that at the time of resurrection there will be manvayah, and the incarnation of manvayah of three mothers. That is Mahakali, Mahaswami and Mahayana. Whatever they do with it, these are the three powers which are going into Godhead. Why the Mahakali power? You get comfort. And why the Maha-at-thi power, you ascend. These are the three powers which Buddha has said that in the future Buddha, manvayah, Tukka and in the Zarekha.

But what has happened? The Buddhas stick on to some ideas which were not of Buddha. So they don't want to recognize that. But through these vibrations when they know themselves, they will know who is the mother. With these vibrations you will also know who is the Holy Ghost. And through these vibrations only you will know about God and no one has ever said who is the Holy Man. This is the climax of all the videos where you get connected to the divine. You know about God and also you know about yourself. By knowing yourself only you can know God and you can know who is who. But if you are stuck to one body, maybe because you think that better use all these old incarnations because they are not here. You can say, we believe in the Brahma. It was better to believe in somebody who is dead. It's a belief in the living person in the God. It's a very good cause. You avoid that truth. Then you came and you don't very well know Christ. So they say we believe in Moses and our Savior will come after you come here. How were these huge sufferings? They are still waiting for the Savior to come. Sign of their Savior is the same that of the Ghost. That the face of the new incarnation will be covered completely with the sun. So if you look out for someone like that, in Israel now you can start with the rajim that Sahaja Yoga involves.

But Muslims are buried. They are buried in condition. I don't know if Sahaja Yoga can reach them with that extent as it can reach the Christians that it can save them. I feel very concerned because they will be lost and finished for it. They are fighting each other. Another fixed idea which I must tell you today is very long among all these people. I don't know from where it has come. You see Bible was not fulfilled by Christ. Not Quran is fulfilled by Moses. So a very illogical idea has crawled into peace. That the dead will be resurrected. I met one fellow, sir, was a Muslim who had some or other escaped the war and came to Austria. I was surprised when I asked him, why is we feel for the land if we believe in the formless world? He said it's written in the Quran which I'm not a professor. But he said that it is written in the Quran that if you find in the name of God and if you are buried in a grave, then you will be coming out of the graves and will be designated. Now it's very illogical. See those people who are put in the grave. After only, say, five, six years, they come to the city, throwing boats and... It's not abstract. And after that it starts even the boats are here. So what will come out of the graves that you will give resurrection? How is it possible? Resurrection has to be given to the living people. This kind of a funny feeling, I don't know what's going to happen.

For example, in India only a realized soul is buried. If they are not realized, they are burned. But what I find in the West, so many hands are wasted with these graves all over. Instead I've seen them put them like rocks inside the mountains. What after? What is the real? The real thing is the soul will be born again and the soul will be born again in a body. You state the resurrection will be born. That is the reason why many people don't believe in the gingers. Because they can't understand. So we have to understand that when we are in the big state only, we are going to get the resurrection of our self-realization. Now supposing you get some bones and then you think that there is a resurrection. How will you understand Sahaja Yoga and the centers? They are all Indian people. But there are many who believe in it even now. Now after realization you know the truth. That we get our self-realization in the living state. And we are aware of it. What's the use of giving self-realization to bones? I have the bones too. But this kind of a funny idea sticks into the heads of people who are noticeably believe in it. Belief should not be blind anymore. But it should be absolutely through your awareness. Through your central nervous system you must know everything. Whatever we have

achieved so far in evolution we know on our central nervous system. We know whether it is hot or cold. In the same way we should know about this all-pervading power of the one love on our nervous system or our feelings. Not blind. You cannot follow Sahaja Yoga's light. You see for yourself that now you have become Buddha. It's your light. Your fingers can tell you what centers are wrong with you. And not only that but also what's wrong with others. Because you develop collective consciousness. If you don't develop that how can you say what is wrong and what is not. Suppose if Christ comes. How will you recognize? If the Holy Ghost comes in how will you recognize? If the Christ's demand comes in how will you recognize if you are not a centralized person? If there is a thief coming from jail and wears a press light of Christ and says I am the Christ. How can you still know? You have to have your enlightenment on your fingertips. Don't become slaves of any ideas.

Now there are flowers. All the flowers are not flowers but snakes. But people are I think mesmerized or conditioned that they believe all things are flowers. You get your Self-realization first. You just say that the Kundalini rises and brings to you your Father's name. But if you do not develop your awareness into enlightenment you cannot become senseless. I am very panicked. Once I was in Kashmir. And we were in the car and the driver was driving us and suddenly I felt tremendous happiness. So I told my husband that there must be a chemical of Swahipur or maybe something is there that I can feel. So I told the driver take the car and say. About five miles we went. And the Cartesians were in the room. There were some poor people who were mostly Muslim. So I asked what is this they are doing? They said no there is no time now. There is one here. No man's house here. Five miles away I felt the vibrations of no man's house there. Christ has said that those who are not against us are against Him. But to develop that sense completely you have to grow a year and a half. Now a new awareness has started. By which you enjoy yourself. I have seen people from all over the countries come to Jain and never forget all of them are loving, enjoying, together. They want to be engaged, might be a religion, might be a sense. They all know each other. All of them are so much connected. Without having any organization, without having any system and any correspondence or anything. They feel so secure and confident. How do you trust them? We talk of peace, these are the peace of God. They enjoy their peace. It's a new era that has started. Era of enlightenment. Those who are entering into a road, some of them do try to get some money out of it, maybe some power out of it. They play some relationship for source of time. But then they realize that it's story. What is this calling? Enjoy it, how? So when they come to Sahaja Yoga, they settle down in complete stability and love. In Sahaja Yoga there are no fatwa or anything, ever. Is somebody who comes to Sahaja Yoga is behaving, you forget this, okay? The greatest fatwa is when he will be telling you get out of Sahaja Yoga. That is the greatest punishment. How can they give without the love? There is no money as you know, don't have to pay any money for Sahaja Yoga. Maybe for this state you might have to pay your ticket. But don't have to pay any money to me or Sahaja Yoga. You don't have to pay for your self-realization. You don't understand money. God doesn't understand money. And you become such beautiful people that you rise above all these complications. Of course, if you are thinking of where you are, very well, you need it, then Sunday once at all night, next year.

That means you have to surrender. Islam means to surrender. You have to surrender God, not your money, not your property. Not your place, not your emotions. But your ego, ego that makes you look like that stupid fool. The man who grew as ego, really looks like a man. He'll go on talking about himself. He'll go on propagating himself. Everybody would be laughing at him. We say that in our Bhaji Yogananda's Maharshi language that a person is trying to climb over bush. They cannot ego of anything. Somebody has ego because they are a big no. Somebody has an ego because they can still discard. Like this, it goes on. Politicians, bureaucrats, they are making it worse. But if they take to Sahaja Yoga, the ego balloon burst. And with this balloon they are floating in the air. And deep in the earth. But as soon as the balloon burst, it just falls. There is also balloon of ridicule. That kind of things are the Jews which say we are chosen ones, Christians which say we are chosen ones and Muslims of course say we are chosen ones. All is like a fool's paradise. But in Sahaja Yoga one sees oneself and enjoys oneself. Also they see a little skill of alo. And they take lot of follow. We have to be free of this skill which gives ignorance. The controller has ego and condition in his Christ. Also we have two other great explanations of Buddha and Mahalaya who also control these two horrible enemies of human beings. But they don't know those who follow Buddha or those who follow Mahalaya. They don't know what they are following because they look some sort of rituals, nonsense type. Absurd is there. And the absurd is so much that if you see the earth after realization you just know how to stop laughing. It has been logical. God and His grace and His methods are absolutely perfect. There is logic behind it. Of course we can say the miracles He makes may not be understood by our human beings. But after the realization they understand everything. So the God's grace are the miracles for now going to man. But for the enlightened soul he understands. It's not after all his body. He's God Almighty. He can do whatever he has. This enlightened mind is the source of knowledge.

It is so simple now to give realization to thousands, especially Russians. They are very wonderful. Really the way they followed Christianity was very innocent and fearful and difficult. That's why they were always ready for Me to come and become such a nice. And if it was blossom time that I came here and all God's blessings. It is unbelievable that for a century you did not follow any religion. You did not talk of God. And suddenly now you become enlightened. It's heavenly. I will try to come to this country as long as I live. In this little lecture I don't know what to tell you. I am very happy to be here and say that you are great. Even Ramani has another place I don't know how the people are so alert. Your problems will be solved. I am sure. Satisfaction is the way achieve this solution. And the faith in yourself that you are surgeons. We have solved problems in many countries of many lives. Not me, I am saying the same thing. In the same way you all can work out the problems together. And the blessings of the Divine will show you that you are very clear to God. May God bless you.

Please put your hands towards Me. Now put the left hand towards Me and right hand on top of your head and bend your head. Now see if there is a cool or a hot breeze coming out of your head. I said you have to forgive others and forgive yourself. Now put your right hand towards Me. And see if there is a cool or a hot breeze coming out of your head. Forgive yourself and forgive others. Now last time put your left hand against your head properly. Something to get close, something to get quiet. Now please put both your hands towards Me. And watch Me without thinking. All those who are feeling hot or cool breeze in the fingers, finger tips or in the palm or out of the fontanel bone area, please raise your hand. Now put your hands towards Me. This is how you call this in India. Nothing surprising because they know what food and meals they know about Realization. But traditionally they know from ages they know. Then the most important thing is to get Self-realization in life. Nothing more important. But for two people it is critical. Very much critical. Now so many things happen after Self-realization.

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My heart is full of beautiful waves of emotions. I see these sweet children grasping such a subtle understanding of Kundalini. Yet, you can feel the Kundalini pouring everywhere, so the Kundalini. It must be some great things, one failure. Yama-lalai, Sadho-lok, great Kundalini, is very failure. It is really beyond My widest meditation. When it's such a heartless place like the country, we have such beautiful lotus walls. I don't know the word of the Lord, but it is. To me it is a source of great deep joy. I don't know the word of the Lord, but it is. To me it is a source of great deep joy. Joy, our fear, is a joy. Your death, your understanding of the smile, is going to be full of places. I am sure it is on the back, on the whole back. So then it is the way you walk, which is all over the place of the Earth. I don't know. After seventy years of not knowing anything about the Earth, you people have selected the Andhosia of such a life. And you see, in great ancient times, that those people who are seeking God in human lives and in no return will find it. That prediction, I never knew that in the sham or in the yachting, in humanity is so clear. You know how much people respect the Earth. Because the fame of your love and your death and also your devotion, it knows all over the world, you see five words. They all create the name of the yachting, with great reverence and with their hands on their heart. You people are so holy and so beautiful, so healthy, so clean up. No one's there in the sky. Before in one place there is to be one saint. You see, saint. But now see, how many saints are seeking God. And how many saints are manifesting the place of the Earth. Such talents and self-expression or worthy, which is something extremely divine. All of My love, all My presence is for you. I don't know how to describe the joy of the Mother. There are such beautiful trees. I keep you all in My heart. You also keep Me in your heart. What's not to be the workings of one's betweenness? What is there to thank you when you are all part of the masses by God? It's a very unique relationship. I will always think of you whenever I may be, as My greatest. I am sure there will be also a start to this room and then have a very good education. May God bless you.

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I don't know what to say because it's such a miracle, the whole thing is. First of all, we had Russian music and Russian people

came up and they sang so well. I wish some of the Russians should understand that how they can master our great art. This little girl who went to India and she has shown such a great understanding and deafness. The way she sang, I mean, any great musician in India would be amazed that in such a short time that she was in India. She has picked up so well and the rhythm was perfect, her swaras were perfect, absolutely in tune and she sang like a great artist with so many permutations and combinations as we call them tan. I was really enamoured by her rendering and I would suggest other Russians also because there is a capacity of lot of creativity in them, you can see that. They should also go to India if you want, scholarship is possible and study music. If you have a good voice, you should not waste it. The second was the Romanians. I always felt that they were the people who are described in our Puranas as Gandharvas, means the celestial musicians. They are so remarkable in such a short time. Bhama told me that in a very short time they could sing very difficult raga so well within three and a half months time they could master a raga which takes at least six, seven years for Indians to do that. That shows they have a capacity, specially at this time they are born to learn this music, to master this music. The whole thing was absolutely amazing because when she started singing I thought some Maharashtrian girl is singing or what. So clear, so proper and so... the pronunciations were so correct. I mean if you ask somebody to sit outside and hear, they will be amazed that how could these foreigners who have never heard Indian music at all have become such experts, such good musicians. I mean it was a wonderful program this time. Then the Romanian gentleman who played the harmonium was also remarkable. I was surprised he got all the tilts and everything so clearly. Then the tabla wala was great. But the most amazing thing came from the last musician who sang for which Baba mama said the scholarship can be given. I mean he is a master, he has a beautiful voice. If he had somebody like this in India he would have scored such a big position. So I said there is something about these people, the people from Russia, Ukraine and specially Romani. They have a special talent that God has given them now because Indian music is not a cheap music, it is not easy. It is very difficult and people practice it every day for years together to get to this position while God has given you a special gift so you should utilize it as much as possible. I was really enamored. I mean I just don't know what to say. Anybody who knows Indian music would be really surprised at the achievement of these artists. First I thought they are Maharashtrians or what the hell. They were singing so well. But it is surprising they are Romanians. So for all Russians and all the Eastern Bloc people I have to suggest that they should take advantage of this very great gift they have and at this time they can pick up their music very easily, you can see clearly. Now if even two, three people can go, can learn and come and teach others because they have a voice, they have that speciality in their voices which you find rarely in people and so I was really very much surprised and it was such a pleasant surprise. May God bless them all and I thank you all for coming over here for this program and I hope there will be more programs later on and we are all going to enjoy all of them. Thank you. We have tried to fix your weddings as much as we can but you see the choice was very little still. We have made lots of combinations. One thing I have to warn you also in the main lecture also I will tell you that you should not get involved with other Sahaja Yogis in your own centers, in your own country. That's very dangerous because if you start looking out for boys and girls like that your attention in Sahaja Yoga will be much lessened. In India we discourage. We discourage completely that you choose your own husband or wife specially from the same place. Also some people who came here they also have done this is to choose a boy for themselves or a girl for themselves. It's absolutely wrong against such because you have come here not for finding out a boy or a girl for yourself but for your spiritual ascent. At that time these things do not come in your mind that you should not try to select a boy or start looking at boys and the boys looking at girls. That is one is not permitted. If you start doing that like that it will become something else not Sahaja Yoga. So first thing is that you should come here with a clean heart that you are coming here to worship, to pray, to meditate and that you are not here for your marriages. That's not so important. What is important is how far you go spiritually and not that we should decide all your marriages but at least you should not decide because your decisions could be wrong and tomorrow you come and tell us this has happened, that has happened. Mostly such marriages have failed and we have had divorces with such marriages somehow or other, mostly and those who have failed are all such marriages where you have decided. In India we don't allow anybody who is from the same center to marry the person in the same center because it spoils the atmosphere, the serenity of the occasion. So please try to come here with a clean heart that you are going to worship and you are going to ascend. This has been a big problem. This time I have allowed. There are 13 such marriages and be careful. You have decided. I said all right if they have come all the way it's all right but this is the last time we'll never permit such a thing to happen again. All right, thank you.