

Dr. Bandekar: In front of your Agnya with eleven names of Ekadesha rudra.

Dr. Neyana: Ekadesha rudra is the special power of Shri Shiva which destroys the negativity attacking all the Sahaja Yogis. The Ganas are there, already protecting us, but one could say, Ekadesha Rudra is an extra strong protection which Shri Mataji has given us to act when attacks from negative forces cannot be taken care of by the Ganas, anything that is very deep rooted and hard to get rid off, like Rakshas, bhoots or badhas which are really affecting the physical body of us, they are obstructing the spiritual ascent. In 84 Ekadesha Rudra Pujas Shri Mataji said that many a time the negativity is hiding behind the Yogis then Shri Mataji cannot handle it. The Ganas can also not fight such negativity. But Ekadesha Rudra has that quality to penetrate through the Sahaja Yogis and kill the negativity. It is a very special power. We should not be afraid of it because we have been blessed with this Ekadesha rudra. This is not the problem, it is the blessing. We have to deal respectfully with meditation so that Ekadesha Rudra can be awakened to get active, so that we can get the benefit of Ekadesha rudra.

(2:42:50) Dr. Bandekar: Actually, Ekadesha rudra is related to our Void. There are ten gurus around the Void and in the centre is Shri Vishnu. There are eleven powers, Ekadesha means eleven. Those eleven gurus are including Shri Vishnu. When we are going against the guru- principle, against Shri Mataji, She is our guru, against Sahaja Yoga, like following false gurus or consulting any astrologers and following their instructions, as well as taking their prasada from any tantricas or mantricas disturbs the Void and simultaneously also Ekadesha rudra.

(Dr. Bandekar shows the Ekadesha rudra on the forehead). If we are going against our Void then this Ekadesha rudra is the destructive powers of Shiva gets disturbed and we get a head ache. There are Shri Mahaganesha, Mahakartikya, Maha-Hanumana, Brahmadeva- Saraswati, Maha-Buddha, Mahavira, Shiva-Parvati, Mahalakshmi-Vishnu, Jesus-Christ and Mother Mary. We have to clear our Void and simultaneously you have to clear your Ekadesha rudra. Use candle treatment on your forehead while reciting the eleven names of Ekadesha rudra, move the candle from left to right and right to left. Also the Matka treatment is effective to clear Ekadesha rudra.

(2:45:15) Any age limit for Matka? No! There is no age limit for Matka. You can give Matka to small children and old persons also. It is not depend on age.

(2:45:40) Is it okay to have deity picture on altar like Shri Durga and Shri Krishna? Yes! I have already talked about this earlier. Why do you want to place a picture of Shri Durga and Shri Krishna on your altar? No, it is not necessary because if Shri Mataji's photo is there, because She is Durga, Vishnu and all of them in one! She is Adi Shakti and we should not put any other picture of any other deity on the altar. You can put their statue, but don't worship them put them only for decoration. Ok! Don't worship.

(2:46:39) Imbalances on left and right due to over activity. Do not be over active. If there is a left side over active then you have to take the fire treatment to balance your left side left side and if the right side is more active then you have to increase your foot soak, putting ice on liver, right Swadishthana and right Agnya. You have to cool them down.

(2:47:21) How to motivate children to meditate? Dr. Neyana guided you through the previous category. How to motivate children to meditate? If you meditate properly, whenever you sit for meditation take your childrens along with you and they will also try to say names names. Tell them how to place their hand your for example on the heart and say 'I'm the spirit'. Put your hand on the forehead and say 'I forgive everyone'. That's how you can motivate them! You have to raise their Kundalini when they going to sleep and give them Bandhan to your children. When they wake up again raise their Kundalini and give Bandhan then only they can carry on with their activity of the day. Motivating is very important, also tell them we are Sahaja Yogis. Don't behave like this because you are a Sahaja Yogi. So always remind your children that they are Sahaja Yogis. Ok? That way they will be motivated. Also draw pictures of Shri Ganesha. How is Ganesha? Draw the picture of Krishna. How is Krishna with the Flute, that will divert their attention from other things and motivate them very nicely for meditation.

(2:49:10) How to heal and prevent the illness? Why do we have illnesses inspite of meditation, why? The reason is that

our thoughts block our chakras. And when our chakras are blocked we fall ill. Sometimes we are thinking about the past and continuously memorise the past. All our past is registered here in our subconscious mind (Dr. Bandekar point with her hand to the back Agnya) and it affects our left channel which makes us lethargic, fearful and creates a mental disturbance at times! Avoid thinking about the past. Already it has gone. So why we should memorize our past? We should not think about past and the future. What's the use of thinking about the future, we never know what will happen tomorrow. Let's put our future at the lotus feet of Shri Mataji because She is Adi Shakti. She gave us our second rebirth, from Her Sahasrara, so we will surrender our future at the lotus feet of Shri Mataji. Then She will take care of our future. Our constant thinking of the future and the past will block our chakras and that causes our illnesses! Try to become thoughtless and do your meditation in thoughtless awareness, then all the chakras become activated and prevent getting ill. Also remember your foot soak!

(2:51:30) Sensation of the feeling that something is jumping from one chakra to another while meditating, unable to enter in thoughtless and catches on left and center Agnya? When you feel that sensation of something jumping from one chakra to another chakra while meditating, does not necessarily mean that there is a Baddha, but the movement of your Kundalini working on that particular chakra. When you feel like that try to keep your attention on your Sahasrara only. If your attention is on Sahasrara then this jumping here and there will stop and you will reach thoughtless awareness. You won't feel any catches any more. Jay Shri Mataji. We will go next category.

(2:52:50) Treatments and protocol related questions:

Does the complete absence of male energy (lacking father, husband) affect the state of subtle system and vibrations?

After working with students for many lessons catch in left Agnya and difficulty in opening right eye?

How to know that we are ascending?

What to do if we don't have time for treatments?

Treatment for big ego?

Karma Treatment?

How to clean Back Agnya for right side person?

(2:52:56) Dr. Mehra: Treatments and protocol related questions. Let's take it one by one.

Does the complete absence of male energy (lacking father and husband) affect the state of subtle system and vibrations? Yes. It affects the child. If the father is lacking the child catches on the right heart, but we can clear the right heart and the right heart is also catching when the husband is lacking. If the right heart is affected, clear it with the Ram Kavacha Shri Mataji said. And say to Shri Mataji: 'You are my father' and 'You are my husband', 'please take care of me!' So, when we pray to Mother and say Shri Ramas names and the Ram Kavacha we can clear our right side and right heart.

(2:54:05) The next is: After working with students for many lessons catch in left Agnya and difficulty in opening right eye? Agnya chakra catches too much while we are reading and watching the TV. When children are watching too much TV as well as reading too much the left Agnya catches. Even the right eye is also affected in that way. Clear your Agnya and you will be all right. For clearing your Agnya and right eye you can take the mantra of the right side. You can also put an ice pack on your right Agnya. Put ice pack even on the Back Agnya that will clear clear it.

(2:55:28) Dr. Bandekar: Can I explain? You can take Mahaviras or Bhairavas names, 21 names on left Agnya with candle. If you have difficulty in opening the right eye you can put some drops of vibrated water, in your right eye and say the mantra 'Shankini sakshat'. 'Shri Mataji, please protect my right eye! You are the sakshat Shankini, so please protect my right eye, keep blinking

while putting the drops. Two three drops are sufficient for right eye this will help you.

(2:56:40) How to know that we are ascending? If you feel vibrations on your hands and your Sahasrara and if you become thoughtless, then know that you are ascending.

(2:57:00) Dr. Mehra: If you feel that your attention is not stable, than you are not ascending.

(2:57:11) Dr. Bandekar: What to do if we don't have time for treatments?

Dr. Mehra: This is a very lame excuse. You should make time(Dr. Mehra laughs) - if you don't have time for Mother then know Ganas will not care for you.

Dr. Bandekar: But who told you to do treatments if your meditation is very nice and you feel that you are in connection with Shri Mataji always, then you need not take any treatments. Treatment is only 20 percent, but 80 percent is your meditation.

Dr. Mehra: Yes thank you for the supplement, Dr. Bandekar.

Dr. Bandekar: You have to meditate well. Whenever you are doing your job, or doing something else, try to keep your attention on your Sahasrara. Try to focus your attention on Sahasrara. Then you do not need any treatment. Only before sleeping you should take your foot soak for ten minutes that is sufficient for you. Ok?

(2:58:30) Treatment for big ego? (Dr. Bandekar smiles) So, if there is a big ego, then surrender that big ego to the lotus feet of Shri Mataji and ask for humility. 'Shri Mataji, please make me humble. I don't want this big ego. I'm nothing. You are the doer and You are the enjoyer. I do nothing. You can manage everything, so why should I think more and increase my ego? So please destroy my ego and make me humble!' You have to pray to Shri Mataji like this. You can write also on paper for your ego and shoebeat it. Also remember to put ice on your right Agnya.

(2:59:30) Karma Treatment? Karma treatment you have to clean your Nabhi as well as Back Agnya.

(2:59:40) How to clean Back Agnya for right side person? A right sided person has sometimes excessive sugar in his blood – diabetic – and it affects also the eyes. In case the vision becomes a problem you have to put ice pack on your back Agnya. Peoples who are very right sided should regularly put an ice pack on your Back Agnya. Back Agnya is the only place where we can work with candle and ice, because this is the where place our both channels, left channel and right channel cross over and that's why we can. If we are too much left sided you can do fire treatment on Back Agnya and if you are too much right sided then you can put ice on your Back Agnya. Jay Shri Mataji.

(03:01:00) Questions regarding spiritual growth:

How to get to Sahasrara after anxiety and anger

How to stay more time in thoughtless awareness

Disturbance in attention due to physical pain

Feeling catches in 4 chakras – Void, Nabhi, Anahat and Agnya

How not to react to the neglect within the collective

How to keep the manifestation of our spirit for longer time

How to grow in spirituality and how to build new collective after coronavirus

How to grow in meditation when husband is not in SY

Pregnancy related questions

Dr. Bandekar: How to get to Sahasrara after anxiety and anger?

(3:01:20) Dr. Mehra: Clear your right side and Agnya. It causes in you doubt in God. When you doubt in God then it affects your anxiety and anger. 'Please give me collective consciousness?' Pray to Mother: 'Please give me collective consciousness?' Use Mahamantra: Mother please establish my self-realisation and accept my surrender from fear and thank you for enabling me to meet Sahaja Yoginis and Yogis. Massage your scalp clockwise. For left Sahasrara improvement should pray: 'Shri Mataji, You are victorious over all my challenges to my ascent!' And right Sahasrara: 'I will be victorious over all challenges to my ascent!' This you can say on your Sahasrara. Then it will open and you will feel better. And if there is too much anger Dr. Bandekar already told you 'clear your Ekadesha Rudra'. Sometimes anxiety and anger also catches your Sahasrara and you are not able to recognize your Mother. So, recognize Mother on your Sahasrara give thanks to Mother. 'Mother, You have given me self-realization. Please establish my self realization and give me your love. You are the one which is victorious over all the challenges of my ascent.' Those sentences you should humbly say during your meditation.

(3:03:19) Dr. Bandekar: How to stay more time in thoughtless awareness. If you will sit in front of Shri Mataji you have to open both your eyes and watch Shri Mataji's Bindi, means Kumkum. Continuously you have to watch Shri Mataji's Bindi and try to become thoughtless. The moment your thoughts go away and you will become thoughtless. And when you will become thoughtless then slowly, slowly close your eyes and concentrate your attention on your fingertips and middle of the palm that is Sahasrara. And put your attention as well on the Sahasrara on the top of your head. You will then feel the vibrations are coming from Shri Mataji and you will get more thoughtless awareness.

(3:04:20) Disturbance in attention due to physical pain. Because after self-realization we become the spirit not the body. We should not pay too much attention on our body but we have to pay attention on our spirit. Then you will realize that your pain is reducing. And if you feel more pain then put your hand wherever you have pain and say Ganesha Atharva Sheersha. And pray to Shri Mataji: 'Shri Mataji, please take out this pain. I don't want it. I have to do my meditation. Your attention should not go on your physical pain but try to shift your attention on the spirit only.

(3:05:30) Feeling catches in 4 chakras – Void, Nabhi, Anahat and Agnya? Void, Nabhi and Swadishtana, both those chakras are including in Void. We have to clear the Nabhi by doing our foot soak. Void and Nabhi. Because Void means Bhavasagara and Bhavasagara is Sanskrit and means ocean in English. Ocean is a 'Sagara'. And Bhavasagara means it is the Adi Guru Dattatreya's place so always clear Nabhi and centre Swadishtana always clear in footsoak water only. So, we have to do foot soak for Void and Nabhi.

(3:06:25) Anahata and Agnya. Anahata means the heart chakra. Shri Mataji resides there in the form of Jagadamba, so we should not have any fear. We should not be afraid. We should be a fearless and confident person because Mother is there in our Anahata chakra and Agnya. The Void is related to the Agnya – Ekadesha rudra. By clearing your Void with the Adi Guru Dattatreya's names simultaneously you can clear also your Agnya with the names of Ekadesha rudras.

(3:07:10) How not to react to the neglect within the collective?

Dr. Mehra: How not to react? You have to be witness. When you are in the collective you have to be the witness. You are not to react in the collectivity. You can neglect the reaction in one sitting in collective meditation. You are sitting collectively together. That will give you a witness state to be in silence, in the Virata. In fact you connect with the Virata. Take the Virata's names and say to Adi Shakti: 'Mother, You are the Virata, please keep me in silence.' So that way you can avoid the reaction.

Dr. Bandekar: Try to concentrate your attention on Sahasrara. If you feel something, like someone is misbehaving, don't react but close your eyes and try to concentrate on your Sahasrara and if ever you see something you don't like, just pray to Shri Mataji: 'Shri Mataji, I think so, but You know better whatever it is. All this misbehaving I surrender at your divine lotus feet. Please make them realize how to behave in collectivity.

Dr. Mehra: You can give Bandhan for that.

Dr. Bandekar: You should not divert your attention here and there. Ok. Try to maintain the witness state.

(3:09:05) How to keep the manifestation of our spirit for longer time? ... [? ambiguous] in meditation state.

How to grow spirituality and how to build new collective after coronavirus?

Dr. Neyana: It's already happening. There are so many online sessions and everybody is connected and it is a good time. Coronavirus. This is for the Sahaja Yogis, so because of this we are really connected with the collective and collectively we are growing. We are growing actually spiritually and we can make use of our WhatsApp group or Zoom-meetings with the new seekers and we can have meditation sessions with them. You can see this chard backside.

We are going to the countryside and giving realization every month and every Saturday or Sundays we are having the Zoom-meeting all of them, that way we connect very well. Work on establishing them by getting them interested in Sahaja Yoga. Everybody is somehow affected through fear and insecurity because of this coronavirus. And this is the right time to speak about spirituality, speak about Shri Mataji and everybody is getting benefited. It is everyone's experience those days that people listen to us when we talk about meditation. Before that they hardly had any time to listen to us speaking about meditation or else. Now everybody is seeking for it. One could say it is good, it is actually helping us to grow in spirituality.

(3:11:50) Dr. Bandekar: Now collective after coronavirus? You know, the health-care staff in Indian Healthcare service-centers are giving realisation to corona infected people, after that they feel better and they are being given the collective meditation-link for their meditation.

And those persons recognize this our Sahaja Yogi only. Not their name, but: 'Oh there is Nirmala Mataji Sahaja Yogi, he will guide you how to do meditation and you will feel relieved from corona' They tell us their experiences and this is good for us. Due to this Corona health threat our collectivity is growing.

(3:12:40) How to grow in meditation when husband is not in SY? If husband is not in Sahaja Yoga you should not force him, because Sahaja Yoga is not for everybody. We are selected persons by Shri Mataji. Shri Mataji selected us for meditation, giving self-realization. If he is not doing Sahaja Yoga meditation, don't force him but you have to behave in a very sweet manner with your husband. You have to maintain your Gruha Lakshmi principle. Shri Mataji will like it because you have to give love to your husband. Whatever he wants, you have to satisfy him. Then maybe he will change his mind and think: 'Oh, she is a Sahaja Yogini and that's why she is behaving so nicely with me. And maybe Shri Mataji will bring him into Sahaja Yoga, but never forcefully. He might begin to do meditation. Ok?

(3:14:11) Then pregnancy related questions?

Dr. Neyana: To question regarding pregnancy Dr. Bandekar can you give you the answers? 'I'm pregnant now doctor the test that has been done is positive. What kind of precaution I have to take for nine months?

(3:14:35) Dr. Bandekar: Ok, this is a question from some person! This lady should not take to candeling or camphoring, but she can make herself a Matka treatment if she feels uneasy. And if she has headaches then she can use a candle on her Agnya and

watch the flame. During foot soak she can watch Shri Matajis Agnya. Then headache will go away. But she has to do meditation proper way and foot soaking two three times if she has time. This will make her feel better because of pregnancy the monthly menstruation stops and heat create in that Ladies body. To reduce this heat she has to do foot soak. But don't put ice on your liver or Swadishthana. She can put right hand on stomach and say Ganesha Atharva Seersha.

If there is a pregnancy and the lady gets afraid she has to recite Devi Kavach on centre heart. As well as to reduce excessive heat she has to recite Hanumana Chalisa on right channel. During pregnancy she should not work or do any treatment to anybody else, because that person's catches will come on her. Pregnant Ladies should not sit for a Havan. If she has to sit for a Havan, it has to be as far back as possible. Don't come in front of a Havan. Ok?

(3:17:17) Dr. Neyana: Before ending I wanted to read Shri Mataji's sayings about Karmas. It is Hamsa Chakra Puja, Vancouver/Canada, September, 13, 1992.

She said: 'But this Hamsa chakra does the greatest thing about which I do not know if you are aware or not. That whatever are your Karmafalas that is the fruit of your actions are finished. You are not responsible for your past actions. May God bless you (3:19:40)

So we don't have to be afraid about those Karmafalas as Dr. Bandekar says because we are really so protected that all our Karmafalas are finished.

(3:20:00) Corona Virus Related:

Preventive treatment and medicine

Experiences from yogis about corona

How to feel collective due to lack of physical contact with yogis?

Dr. Bandekar: Now last category. Preventive treatment and medicine? So, preventive treatments and medicine. If you don't want to do any treatments then you have to do your meditation regularly to become thoughtless, morning meditation as well as evening meditation.

Dr. Mehra (interrupts): They want to know coronavirus related preventive treatments and medicine.

Dr. Bandekar: Coronavirus treatment? So, you have to boil some Ajwain, four black peppers, two cloves, seven leaves of basil, and little bit ginger, boil it and drink it morning and evening. And some onion-pieces also you can boil. It is good for prevention – this is a preventive treatment. Shri Mataji recommend it. I recommend that you should follow this advice, you can also take one fourth teaspoon of curcuma powder in hot water, add one pinch of ginger-powder and drink it morning as well as evening. It will also help you. Shri Mataji told us all viruses come from left side that is why you have to use fire treatment to clear your left channel.

(3:22:15) Then experiences from yogis about corona? Dr. Mehra?

Dr. Mehra: Yes.

Dr. Bandekar: Are you telling or should I tell?

Dr. Mehra: If we have some experience from Yogis you can tell.

Dr. Bandekar: One couple is there. Mr. and Mrs. P. They had coronavirus and they are not Sahaja Yogis, but they took this

Curcuma-powder liquid. It is coming from Himalaya. Himalaya or Darbar, something. Curcuma arka. Take drops of Curcuma liquid in water and simultaneously Himalayan Carnium. Neem-powder capsules are available of Himalaya as well as this Curcuma liquid ten drops. So, three times they took this and their temperature went away, their cough went away and they are free from this coronavirus.

So many experiences are there and now nobody is afraid any more of corona. Because it can be cured now. If you want to say anything? Dr. Mehra?

(3:24:25) Dr. Mehra: I have not to say anything as you have said everything. There is no need to fear this coronavirus and how we are affected of it. It is the 'Leela of modern times', which we should see in the witness state. Through self-realisation, meditation and recitation of the Devi Kavach it can be either cured or used as preventive measure.

(3:24:55) How to feel collective due to lack of physical contact with yogis?

Dr. Bandekar: Even if there is not physical contact we are in contact online you may always be collective.

Dr. Mehra: Online through Sahasrara! Through Sahasrara! Yeah. Dr. Mehra laughs.

Dr. Bandekar: ... then Greece come to mediation etc. We are more collective.

Dr. Mehra: Now we are more collective as earlier. Thank you Dr. Bandekar.

Dr. Bandekar: Thank you everybody.

Dr. Neyana: Thank you everyone.

Vaibhav: Thank you doctors. I just wanted to say here. I think there are some questions that you could not cover but anybody who want to contact those doctors, they have allowed us to give their telephone numbers. They are mostly available on WhatsApp. So, you can write their WhatsApp numbers down and ask them personally if you have any detailed questions you want to ask. I will leave this slide a while just you write it down. It is impossible to cover everyone's questions still I think those doctors were great.

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They had so much patience with us, so much answers to so many questions. We can only thank them for their patience and dedication for so many years.

Dr. Mehra: We all thank Mother. It's all though Mothers blessings.

Dr. Bandekar: Everything happens because of Shri Mataji's desire.

Dr. Mehra: Thank you for arranging everything ... and ... we all thank you.

Vaibhav: We can be collective – its Navaratri team has organized everything. All the technical session are organized by UK and Matthias. We can also thank them for the great work. The team from UK who's trying behind this scene working for this. And all hosting countries who allowed this to happen. It was just the pure desire that in those difficult times with corona and all the lock

downs, people were feeling insecure, leftsided, so this session will really help them.

Dr. Bandekar: Yea, we are all instruments but Shri Mataji only organized this session. Ok? Jay Shri Mataji.

Dr. Neyana: Thank you all. Jay Shri Mataji.

Moderator: Now we just meditate and pray to Shri Mataji using this small prayer to Shri Dhanvantari:

May all be Happy and Joyous,

May all be free from illness,

May all seek auspiciousness,

May no one suffer,

Om Shanti, Shanti, Shanti.

We thank again and again from the bottom of our hearts to Shri Mataji. You are sakshat Dhanvantari for allowing this session. Jay Shri Mataji.

Dr. Neyana: If we have unknowingly done any mistakes, please forgive us. Jay Shri Mataji.

Dr. Mehra: Shri Mataji, please pardon us if we have done any mistake. You are the doctor of all doctors. Jay Shri Mataji



## 2023-0604, The New Jerusalem: Awakening The Four Chambers of the Heart

View [online](#).

4 June 2023

(England)

“The New Jerusalem” offered to Shri Mataji 100 years International Adi Shakti Puja UK 2023

For the first time, Shri Adi Shakti Mataji travels to the Heart of the Universe, beginning Her auspicious journey in Mumbai, India (the Yoga Bhumi: the land of yoga and the Kundalini of the Universe), where a small group of local yogis gather to wish their fond farewells, knowing that early the next morning on the 1st of January 1974, Shri Mataji will land by aeroplane in London, the Heart of the Heart. Nearly 2000 years since Shri Mataji last walked in England as Mother Mary with her Son, the youthful Jesus; 150 years since the incarnation of Shri Bhairavanath as William Blake; and thousands of years since Shri Adi Guru Dattatreya (like Shri Ganesha before him) meditated along the banks of the River Thames.

WALES, Cymru, the land of the Kundalini power, of Shri Gauri Kundalini Mata, the Maharashtra of Britain and the land of the Goddess Rhiannon who rides the pure white horse of the Kundalini. We worship Mount Snowdon, Yr Wyddfa, the seat of that Kundalini power, drawing the water element from the ocean as purifying rain. We honour the holy Isle of Anglesey, Ynys Môn, the intersection of numerous nadis and ley lines in the Mother Earth, and the central point within the British Isles; land of abundant fertility and last stronghold of the Druids who worshipped Shri Adi Guru Dattatreya; with its Swayambhuh to Shri Ganesha at Holyhead, Caergybi, guarding towards the west. And the great River Severn, Afon Hafren, one of the seven great nadis of Britain, winding from the Plynlimon mountains in the West, towards the Bristol Channel, the Vishuddhi of Britain and the wide Atlantic Ocean. Wales: land of song, rivers and mountains.

IRELAND, Éire, [eə] the land of the Goddess Ériu, [eru], the land of the Devi, the Centre Heart chakra of Shri Jagadamba, of Shri Durga Mata, who took the form of a blessed Cow [Shri Gomata] along the banks of the River Boyne, Abhainn na Bóinne; who as The Paps of Anu, Dá Chích Anann, grants all the sustenance of the Mother Goddess from Her all-embracing love for the world with her nourishing breasts; and who manifested as Brigid of the Flame, the Celtic Goddess Brigid, [bid] at the Hill of Uisneach [the place of the hearth], and the Sacred Centre of Ireland from where on 1st February each year, they light the beacons to enlighten all the thirty-two counties of Ireland, with the light of the Triple Goddess of the Sun: Brigid, the Celtic Athena, the Irish goddess of Spring, fertility and life; of the arts, crafts and the spirit of prophecy. We salute the Swayambhus at Skellig Michael, Sceilig Mhichíl [cl vhi] to the Southwest and at Ireland's Eye, Inis Mac Neasáin in the East, and the seven hills of Dublin, Baile Átha Cliath and the seven hills of Belfast, Béal Feirste [bel f(ə)tə]. We bow to the great River Shannon, Abhainn na Sionainne, the longest river of the British Isles, which flows from Shannon Pot in the Cuilcagh Mountains, Binn Chuilceach, near the border with Ulster, Ulaidh, [li, lə] in Northern Ireland; to flow southerly through Loch Aillionn, Loch Rí and Loch Deirgeirt, through the cities of Athlone, Baile Átha Luain and Limerick, Luimneach [lm(ə)nəx] and into the Shannon Estuary, to the place where in the mid 1980s, Shri Mataji's Feet touched the land of Ireland for the one and only time at Shannon airport en route to America.

ENGLAND, the land of Shri Shiva, the pure Spirit, the left Heart, the pure white land of Albion of William Blake, as expressed by the evocative white cliffs of Dover, the land where the Goddess Herself abides as purity and chastity. We invoke Shri Shiva as Shri Nadīshwara, the Lord of rivers, the channels, to vibrate the nadis of England and to awaken the people of this land of Albion from spiritual sleep. First with Shri Mataji at Seven Springs in Gloucestershire, the source of the Thames in the Cotswold Hills: from the Sanskrit Tamas, the Ida nadi that flows through the Heart of the Universe and purifies this universe. We worship the seven rivers, the sapta nadis of the Heart: the Thames, the Derwent [in Yorkshire], the Trent [in Derbyshire], the Ouse [in Cambridgeshire], the Don [in Aberdeenshire, Scotland], the Forth [Stirling, Scotland], the Severn [Wales/England]. [Shri Mataji: This is – we are sort of honouring the rivers; five Rivers that they should get awakened and those who drink water out of those rivers should have the Nabhi by which they should seek God through all the rivers.] We honour and remember all the Divine Hands that have come before to lay the foundations of the New Jerusalem. We remember how Shri Ganesha Himself meditated

upon the banks of the Thames, and later Shri Adi Guru Dattatreya, whose spiritual followers became the first Druids and the builders of Stonehenge. Like Blake, in his poem Jerusalem, and confirmed by Shri Mataji Herself, we remember how in ancient time, in the first half of the first century AD, sometime between the years 12 and 29, Mother Mary and the youthful Jesus landed in his uncle's merchant ship at Looe on the Cornish coast, and walked all over the West Country of England vibrating the Earth for generations to come; how Christ planted his staff in the Mother Earth at Wyrral hill, overlooking Glastonbury Tor (Ynys Wydryn, the Agnya chakra of England) and it rooted overnight and grew into a hawthorn tree that blooms each year at Christmas. How Christ once built there and dedicated a wooden temple in honour of His Mother, that was worshipped and praised by the patron saint of Wales, St David, centuries later in 540 AD and even recognised by Augustine (the 6th century Bishop of Canterbury), as the First Church, and 'one divinely built by the hands of Christ Himself.' And how Christ and Mary loosened the stranglehold of Druidic power over the heart of the society of Ancient Britons. Those same Druids who had by then become corrupt and jealously controlled knowledge and power like high-caste Brahmins, with their secret knowledge and rituals. In 3rd century Roman Britain, Shri Dattatreya again incarnated as the soldier St Alban, [from the word Alba meaning white] to protect the spiritual from harm. When put on trial for giving sanctuary to a persecuted Christian, he declared to his Roman judges: 'I worship and adore the true and living God who created all things.' In Georgian Britain, from 1757 to 1827, Shri Bhairavnath incarnated as William Blake to express through all the arts a complete vision of the New Jerusalem, to show in unparalleled detail the spiritual evolution of humankind: how to become the Divine Humanity by the awakening of Jerusalem within every human being, the feminine power of the Kundalini. And so, he both prepared the way and prophesied the coming of Shri Mataji and of Sahaja Yoga, foretelling the laying of the foundation stone of the New Jerusalem in Lambeth's Vale at the ashram in Chelsham Road. We remember all the great incarnations that have worked so hard to lay the spiritual foundations we enjoy today; we salute them and honour them and pray to them to inspire us in the work of the Divine. More than anywhere else in the world, over 1300 stone circles appear all over the British Isles dating back to Neolithic times and the very beginnings of agrarian society. None compares with Stonehenge. During visits with yogis in the early 1980's, Shri Mataji described Stonehenge as the 'Sahasrara of England' and explained that it manifests the union of the holy trinity of the Shiva, Shakti and Ganesha principles. It contains a Shiva Lingam and the heel stone is a Shri Ganesha stone, while the inner blue stone circle (more of a parabola) represents the Shakti power. Some of the stones were described by Shri Mataji as Swayambhus created by the Mother Earth, while most have been engineered by man, some of the large blue Sarsen stones having been transported over 170 miles away from the Preseli mountains in Pembrokeshire, South Wales. According to Shri Mataji, Shri Adi Guru Dattatreya Himself oversaw the construction. Apparently, the cross lintels were added much later and actually stopped the flow of vibrations. Relatively few of these lintels remain today. Astrologically, the structure is oriented towards the winter solstice sunset and the summer solstice sunrise, and the site is on cardinal ley lines that connect it to other sites of great spiritual significance within the UK and beyond. In fact, the greatest points of intersection between these channels of energy occur at Anglesey in Northwest Wales, the Lake District in Northwest England [with its Castlerigg stone circle], Glastonbury on the Somerset Levels in Southwest England and Stonehenge on Salisbury Plain – with the line of St Michael [as aspect of Shri Bhairava] [also known as the line of Apollo and Athena], connecting the Swayambhuh at Skellig Michael in Ireland, with St. Michael's Mount (in Marazion, Cornwall), Mont-Saint Michel (in Normandy, France), Cabella (in Liguria, Italy), Delphi in Greece, ending at Mount Carmel, the spiritual centre of the gnostic Essenes (near Jerusalem in Israel). Near to where Shri Mataji once lived at Shudy Camps, in Cambridgeshire, is a hill called Gog Magog, which (Shri Mataji confirmed) was created by people of Indian origin who had migrated there during the time of the Mahabharata to worship the Devi in England. It was at this time that Shri Anglai Devi was worshipped as the Mother of the English, who in addition to Mother Mary, is none other than Shri Mahalakshmi. Shri Samartha Ramdas later discovered her murti in the mid-seventeenth century in the Krishna river at Brahmapuri and established Her temple at Shivaji's fort of Sajjangad, near Satara, in Maharashtra.

Moving northward through the Pennine mountains, the spine of England, to SCOTLAND, Alba: the Sahasrara of Great Britain, the pure white land of Shri Sadashiva, of Lord God Almighty and the holy seat of Shri Shiva Himself who resides at Mount Schiehallion, near Aberfeldy in the very geographical centre of Scotland [Sith Chailleann, the 'Caledonian Mountain of the Fairies']. Shri Mataji commented that as in the Himalayas, Shri Shiva resides in the North, looking southward and originally asked the yogis to find an ashram here in Scotland, before eventually settling at Shudy Camps in Cambridgeshire in the mid-1980s. Scotland is full of stone circles from Neolithic times, like the majestic Ring of Brodgar, in the Orkney Islands, and vibrated holy islands such as the Isle of Skye, An t-Eilean Sgitheanach and Iona, Ì Chaluim Chille. Edinburgh itself, Dùn Èidean, has seven hills vibrated with strands of Shri Mataji's hair and includes the Ganesha swayambhuh of Arthur's Seat, Suidhe Artair. For William

Blake, Scotland represented Urthona, the mysterious Shiva-like Zoa of inspiration and poetic genius, the one who tirelessly 'Keeps the Divine Vision in time of trouble', and who incarnates as Los the Divine Artist and Craftsman, with his hammer beating out the rhythm of Time, taking us beyond the physical, emotional and rational worlds to lead us towards the pure realm of the Spirit. • But more than this, as foretold first by Blake and again emphasised by Shri Mataji Herself, through the pure love of Shri Shiva-Shakti we celebrate the coming together of all the four chambers of the Heart, (England: Albion, Scotland: Alba, Ireland: Éire and Wales: Cymru), to form the blessed Integrated Heart that heralds the coming of the New Jerusalem, the Golden Age of Heaven on Earth showering the light of the Supreme Spirit manifest through the Spirit of all Beings. Bring me my Bow of burning gold: Bring me my Arrows of desire: Bring me my Spear: O clouds unfold: Bring me my Chariot of Fire! I will not cease from Mental Fight, Nor shall my Sword sleep in my hand: Till we have built Jerusalem, In England's green & pleasant Land. Bolo Shrī Nava-yerūsalem-īshwara Sākshāt Shrī Ādi Shakti Mātājī Shrī Nirmalā Devi ki Jai!

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All right, thank you very much. I love you. I love you too. The President of Cincinnati has declared today as Sri Māori Day in Cincinnati. I will read this proclamation which I'm very thrilled about because some of you will know that Sri Māori is an international figure. She is a diplomat. Her husband has been the Secretary General of a very large United Nations organization. He has been knighted by the Queen of England. He has received the highest awards from many nations. And he is one of the living legends in the world today. His name is Sir C. P. Chiraswava. And Sri Mataji herself has been honored all over the world. And it is my pleasure to read this proclamation. It says, Whereas Sri Mataji has developed a simple meditation technique, Sahaja Yoga, which enables the all-fast experience of self-realization, the breakthrough of a new awareness. And whereas Sahaja Yoga is the next evolutionary step for humanity, which can bring the transformation of human consciousness to a higher level. And whereas the city of Cincinnati is honored by the visit of Sri Mataji Nopala Devi, who will introduce to Sahaja Yoga the experience of harmonious well-being and inner transformation that can lead us out of the confusion and frustration of modern living and spark the greatest inner transformation yet seen. Now therefore, I, Dwight Tillery, Mayor of the city of Cincinnati, do hereby proclaim Thursday, September 10, 1992, as Sri Mataji Nopala Devi Day in Cincinnati. Thank you.

I bow to all the seekers of truth. At the very outset, we have to know that truth is what it is. We cannot change it. We cannot conceptualize it. Unfortunately, at this human level, we cannot feel it. We have to become something more. Unless and until that happens to us, we cannot know the truth, the Absolute Truth. I call you all as seekers of truth. And if you are seekers of truth, you have to open your mind like scientist and treat whatever I am telling you as a hypothesis and if it works, you should accept and grow in it. You have been already told, I think about the subtle system that is built in within us. This system has been built in during our evolutionary process. Whatever is the truth has to be tangible. It should not be accepted blindfolded because I am telling you. You have to verify yourself that whatever I am telling you is the truth because you will have the actualization of the experience of the truth. That is, firstly, that you are not this body, this mind, this ego, conditionings, but you are the pure spirit. This is the first truth about yourself. And the second one is that there is an all-pervading power of Divine Love which they call by different names. You may call it God's Divine Love, you may call it the cool breeze of the Holy Spirit, you may call it Paramachaitanya, call it by any name. But there is such a subtle force, energy which exists, which does all the living work. Here now we see flowers, so beautiful, and you take them for granted. We don't question how this miracle has taken place. Look at your eyes. We don't question how this camera has come to exist. Look at your brain, what a computer it is. We never question it, how it has come to us, how we have become human beings, and how all these things are working within us automatically. If you ask who runs our heart, the doctors would say it's an autonomous nervous system. But if you go further and ask who is this auto? Who is running this heart? There are so many questions which cannot be answered by science, and science is not our conclusive. Recently I was reading a book, The Limits of Science, and he has asked three questions in that book. How do I come to be a human being, is the first question. Second is, what is the purpose of my life, and why should I live any longer? All these three questions can be very easily answered once you become the Spirit.

This transformation is also called by many names. People call it self-realization. Some call it self-hood. Some say it's self-knowledge. But what is this self they are talking about, and what will happen if you get the self-hood? I have to tell you that all of you have got your divinity within yourself, and surprisingly it is absolutely intact. Whatever you might have done, whatever mistakes you might have committed, your divinity is absolutely intact, it is not at all disturbed, cannot be perished, cannot be destroyed by anything. The reason is, this divinity is eternal, and whatever is eternal cannot be harmed. Nobody can destroy it, and that is within you there, and sometimes the glimpse of that may be that you think whatever you see, there must be something beyond, and when you start thinking that, then you become a seeker of truth. Surprising in these modern times, there

are so many seekers of truth, and so many are lost. When we start seeking truth, we definitely have to put faith into something. When we put our faith into religion also, what do we find that religion is power-oriented or money-oriented, so there is fundamentalism. Whatever attitude people might have taken, those who started this religion are immaculate people, they are divine people, and they were like the flowers on one tree of spirituality. Only we have plucked these flowers and we are fighting. How can we fight in the name of God? One should reason it out, and once you reason it out, you start thinking there must be something more to it.

So when this residual force, we call it as Kundalini in India, Kundal means coils, starts rising, it passes through six centers and pierces through the seventh one, which we call as Brahma-Rundra, or the fontanel bone area, which was a soft bone in your childhood. And this opens, it is the actualization of your baptism, it is not just I put my hand on your head and say, now you are baptized. This kind of self-certificate is not going to help us. Now if you become, say, the governor of this place, then you have certain powers. Now if you become the self, or if you become the self-realized soul, then you must have some powers. And people normally certify themselves that this is that. This is not the way you can achieve that state. You have to be honest. Because if you are honest seekers, then we should expect the actualization of the experience first thing, about which Thomas has written in his treatise. I wish you could read the Gospel of Thomas, in which he has clearly said that the experience of self-realization is the most important thing and that is to be achieved. You must be knowing Thomas ran away, because I think Paul was trying to dominate him or whatever it was. And ultimately he went to India, but before going there he went to Egypt and he put all his treatise in a jar. For fifty years they have been trying to put it in common language and now the book is out, partly.

So, this experience has to be there that you feel your spirit and feel this all-pervading power all around us. So far you have not felt it. So, we have to be humble about it. As Christ has said, Meek in heart we inherit the earth. That's a fact. You have to be meek about it that so far we have not found the truth and that this divinity is within us which is going to connect us to that all-pervading power by which we are going to know the truth. Apart from many other benefits that you get by the awakening of this force within you, one, your physical conditions improve. Once you come to Sahaja Yoga, you are amazed how your diseases are improved. Here in Cincinnati, one lady who was suffering from cancer got cured. But curing people is a funny job. Once you cure them they just disappear. They are very happy, they write to you, thank you very much, you have cured us. But they are not the ones who give light to others. Secondly, mentally people improve very much. All their habits which are destructive, which we have acquired, in any way, they disappear. And disappear so fast that I have known people in England that overnight they gave up drugs, overnight. Today they are beautiful people, professionals, working very well. This I am telling you, in the year 1970 was happening in England. Or say 74, especially in a big group it happened.

Then the second advantage is that, that you find your own spirit. Your spirit shines in your attention. Thus your attention becomes active. Like the light, now there is a light here, when it falls on something you can see clearly. But it doesn't act on that, maybe little bit it might sort of spoil it. But it doesn't act. But when your attention is enlightened, then wherever you put your attention it acts. That means on your hands also you find this cool breeze blowing, and the fingertips which are the sympathetic nervous endings, become enlightened. So five, six and seven, these centers on the left and the seven centers on the right get enlightened. And you immediately know what's wrong with you, and also you can find out what's wrong with others. So what has happened to your attention is that, you have got a new awareness, where you become collectively conscious. Who is the other, when the microcosm becomes the microcosm. When a drop becomes the ocean, it becomes the ocean. In the same way you start feeling the problems of other people, and you talk the language of centers. If you know how to cure your centers and the centers of others, imagine what miracles you can do.

If you see the problems of human beings, we can say ecological problems, health problems, all kinds of problems we have. These are due to fundamentally human beings. And the problem of human beings is that, they are due to fundamentally their centers. If you can put these centers right, you can put human beings right, as well as you can put all the problems completely solved. Like I would like to tell you that in India, there are three doctors in Delhi University who have got their MD. They have doctorate in medicine, about the curing of very incurable diseases. No doubt, with Sahaja Yoga, many incurable diseases have been cured, even blood cancer and all that has been cured. But at the very outset I would like to tell you, we are not here to cure people, but make you all into doctors, so that all of you can go round and cure. Because single handed, how many people I can cure? So it's important that you all should achieve your power of the Spirit, by which you can enlighten the whole world. It's like

one candle which is enlightened, can enlighten another candle very easily. But surprisingly people say, but we can enlighten ourselves, how can a candle which is not enlightened, can enlighten itself? It's illogical. But anybody who gets enlightenment, any one of you who gets enlightenment, can enlighten another person, because you can raise the Kundalini of others. You can give realization to others. You get these powers automatically within you.

For which of course, I hope Bala has told you, you cannot pay. Because it's a living process of evolution. How much did we pay to become human beings? Or how much did we pay to this Mother Earth for giving us these flowers? I mean there's a built in quality in the Mother Earth that she can sprout and these plants also have a beaten capacity to produce flowers, or a seed to become a plant. All living process is done without going to the bank, without knowing about money. This is the first thing you must understand, that you cannot pay for it. It is so invaluable that you can't pay for it. It is so vital that it has to happen. Specially now the time has come. I call it as the blossom time. Some people say it's the last judgement in Koran, it is written as a kyama, when your hands will speak. All these, also there's Aquarius age, age of enlightenment, people talk of so many things. But this talk is just a lip service. It has to happen, it has to be actualized. Otherwise you should not accept somebody who is just giving a big sermon and collecting money after that. It is the experience that you all should have and the powers that are bestowed by them. As I told you, when the Spirit shines in your attention, you become enlightened and your attention becomes enlightened and effective. You start feeling another person, his centers on your fingertips and also the centers that are your own, that self-knowledge you feel it on your fingertips.

Now the second quality of the Spirithood is this, that you know the Absolute Truth. Because Spirit is the source of truth. Supposing now somebody in India has been in jail and he's released from jail, he doesn't know how to settle in Indian society perhaps. So he comes to Germany with all the necessary dress of a saint and people start following him. Nobody knows that he's really the saint or not. He talks big because in India everybody reads all these books, they can talk very big. I'll tell you lots of stories and one can believe what he's talking but he is a thief or he's a man who is much less in spirituality than you are and he's just muting you, using you, using your money and calling himself a saint. Till he's completely exposed or discovered you follow that person. But actually he is that or not, how will you find out? Which is the way, which is the vehicle by which you will know whether this man is real or not? Because you do not know the Absolute Truth, whatever he tries to make up, you follow. When you are a realized soul, you put your hands towards such a person, immediately you'll start getting terrible heat in the body or maybe a blister might come also, for a while. So you become a barometer of Absolute Truth. There are many people who don't believe in God. Like I went to Russia, they said that, Mother we believe in you. There's thousands and thousands in Russia I must say. The awakening of Russians is tremendous. They are very sensitive to spirituality. They won't accept anybody false, somehow I don't know what. And they asked Me, Mother we believe that you are there, you are something, but how will you prove there is God? I said, all right. You put your hands and ask question, is there God or not? And they started feeling the cool breeze in their hands and tremendous cool breeze. Then they said, how are you to believe that Christ was the Son of God? All right, again you put up your hands and say. Even if you have ten small children who are realized souls and if you tie up their eyes and ask them, now what's wrong with these gentlemen? They will all raise the same finger, supposing they raise this finger or this finger. You ask, have you got some heart trouble? Immediately you'll say, how do you know? The diagnosis itself will be done by little children of ten years.

It is fantastic no doubt. It is too fantastic that people can believe. But you are fantastic. Supposing I take a little box in an Indian village and show them that this is called as television and you can see all kinds of films in it. They'll say, what, this box? We also all think we are just boxes. But once you put to the mains, they will see how fantastic it is. So I'm talking about something which is metascience, that the whole science is built in within us, the whole knowledge and it starts manifesting and you are amazed how you can do all these things. So the second thing is that you know the Absolute Truth. Now what happens when we know the Absolute Truth? We do not fall into any sects, into any kind of false type of enticements that we have. Immediately we know this is false. But another great advantage is that when you know the Absolute Truth, there is no question of fighting because everybody sees the same Truth, knows the same Truth. I used to tell them about Freud and they didn't like it very much at that time but now he's exposed. So now, when he's now exposed they're agreeing to it. But so many would not sit in my program because I said, the Freud has taken out some yarn out of his head and you have accepted it. There's no reality in it. So you know the reality and all of you know the same reality so there's no question of fighting, no question arguing, there are no dogmas, there are no theories, nothing. Everybody sees the same point of view. So there will be no wars, there will be no quarrel, nothing of the

kind.

So this Absolute Truth is only known when you become the Spirit. That's a fact. Spirit is the universal being. Now if Spirit is the universal being, you become a universal being. That means that you believe in all the religions and you believe in all the prophets, all the incarnations and you see the essence. In every religion is the same and the indication is that first you become a realized one. Christ has said you have to be born again. Everybody has said the same thing. But because of ignorance, because of manipulation, we all fight in the name of God. When you become the universal being, you forget about races, about nations, false religions, false things and you all become absolutely congenial with each other and such a rapport is established between people. See now, what is the difference we have between ourselves? You cut the skin a little bit and you'll find the same nerve, the same muscle, the same bone in that part. Whether it is in England or it is in Australia, India or Africa. No difference, it's just skin deep. We smile the same way, laugh the same way, cry the same way, feel the same way. But still we are not conscious. This is not in awareness that we are all universal beings. What is there to fight in the name of these superficial skin deep things?

So, what happens is this, that a kind of a great brotherhood starts emerging out. We have programs in India once a year and about three thousand people you can see and these three thousand people they are from fifty five countries. I've never seen them quarrelling, fighting with any violence. Even a football match you cannot see without a fight. Here such love, such understanding how they know each other, how they understand each other, how they love each other and how they intensely work for the benevolence of others is very remarkable. When I first went to Russia, you'll be amazed, twenty five German Sahaja Yogis came in. And these twenty five German Sahaja Yogis told me, when I asked them, Why are you here? They said, Mother, don't you think it is our responsibility? I said, No. Why? You didn't do anything wrong, your forefathers might have done something wrong. No, it's our responsibility because they were our forefathers. And with great acidity, even when I left Russia they were there and they worked it out and today I must say spiritually, apart from India, Russia is the strongest country. But people are so sensitive. I think we lost lot of our energy in choices and in the so called freedom and abandonment. While their government might have been wrong, might have been not so good, but the people are extremely simple and extremely loving, very affectionate. I was so surprised the way there were thousands and thousands who got their realization.

Here I am very much surprised at our mayor here that he has recognized me. The first time I think any mayor who has really recognized me in this way. I am really must say Cincinnati must be some special place where they have done it. Of course in Italy there are some mayors in small villages who have tremendous respect for me but this kind of thing, proclamation, is such a surprise to me shows that in this place, there is an awareness that we need transformation. With transformation not only your physical, mental, emotional problems are solved but material problems are solved. Agriculture improves such a lot because these vibrated things like water and all that when you give it to the crops, we have seen it has grown ten times. We have some doctors of agriculture who have experimented with it and have been trying to publish a book about it. Not only agriculture but so many other things like we can say the ecological problem you have, the trees which were dying with the acid rain have been saved and they are emitting very good air to counterbalance the ecological problem. So many things can be done once you have this force working in you. It is there, it's your own for which you don't have to pay, just you have to have desire to have it. It's so simple as that.

But I don't know why. One lady told me in the plane, she was American, that we have had so many hoaxes that Mother maybe they don't believe you. But no, I was the first to come here. But I was surprised the way they said to me that we won't believe you unless and till you take money. Suppose that. Another thing, they said, how can it be so easy? But if it is so, suppose, I mean I am saying that just to believe, there is a diamond kept here. I say it's a real diamond. Won't you all rush to take it? But if I am saying it is so easy, on this point they wouldn't accept. They believe you must suffer before you get spiritually. I said you have suffered enough now, believe me. You don't have to suffer. They think you have to go to Himalayas and stand on your head and starve yourself or go to the desert and get nirvana. In any way you die, so you call it death is nirvana, you can get it. All these kind of ideas they gave me I just, I didn't know what to talk to them and all sorts of false people invaded, not only Indians, Americans, Portuguese, all sorts of people invaded and they succumbed to them. I didn't come to America for nine years for the same reason. I thought now their ideas about truth are so funny that you have to go to Himalayas or you must do this and do that, that I will never be able to really work it out. After nine years, Sahaja Yogis told me, now Mother it's changing, you better come. So I came and since I was here three years back, I'm sorry I should have come out here but I've been very busy. South America is also

very well in spirituality. They are very faithful, simple people. I don't say that complicated people don't get realization, they do, all of them. But complicated people have to devote little more time to get this connection alright. Like you see any complicated machinery, if it goes out of order you have to pay more attention to it. In the same way, once you get your realization you have to come to the collective. Collective means that everybody is there who knows all about Sahaja Yoga and you must master it. That also is free, absolutely free, you don't have to pay for it. You should have all the knowledge about this subtle system and you should get all the powers that are within you which can manifest.

This is only My desire for which I'm running day and night all over the world. As they said, it's true that on one side I have a very good family and a very good husband, I have grandchildren and I'm myself seventy years of age so you can imagine I'm still travelling and doing all this work because even My family thinks that it's very important that transformation must take place so that there's a complete emancipation of human beings and people should transform, to transform the whole world and this is a very special time. I hope people from Cincinnati will respond to it and will get their Self-realization. We'll take about ten to fifteen minutes for that and those who do not want to have their Self-realization should leave the house, should leave the place because I cannot force, it's your freedom to get your realization. If you don't want it, you are free. If you want to enter into the Kingdom of God, you can. If you don't want, you can because this is the work of Divine Love. Nothing can be forced and this compassion that is flowing as the Divine Love will not force anything on you. It respects your freedom. So I have to humbly request you those who do not want to have realization should leave the place and should not in any way disturb others who want to have it. But definitely I would request you not to disturb when we are in the process of our meditation, which takes about ten minutes only. As I told you, it's a collective happening and you have to come to the collective to work it out and to know about it. In that you'll be amazed how you will grow fast and you'll understand each and every thing. I'm sure you must be having lots of questions also in your mind. As I'm here only for one day, I would say that you should write your questions and send them over and I'll try to answer them. Tomorrow I'm going away to Canada. And I'll be back again after one year. I promise I'll be here for a longer period next time.

Now there are three conditions which I must tell you, which are very simple. The first condition is that you have to be absolutely confident that you all are going to get your Self-realization tonight. Absolutely confident. Don't doubt yourself. So the second one follows that you should not feel guilty at all at this moment here. After all, you are human beings, you are not gods. And human beings can only make mistakes, isn't it? And this all-pervading power about which I'm talking to you, which is going to work out your Self-realization, is the ocean of forgiveness and very power ocean of forgiveness. And whatever mistakes you might have committed, it can dissolve everything. So don't feel guilty at all and this idea of being sinner and all that, just forget it. If you are the seeker of truth, it's your right to get your yoga, your union with the Divine. It's your right. Sahaja means with you is born. This right to get this union. So please, don't feel guilty. I must tell you very frankly, when you feel guilty, the center on the left side here catches you. As a result you might get spondylitis, you might get angina. Also your system, the organs, might become lethargic. So no use feeling guilty, what's the use? If you have made mistakes, you think you have made real mistakes, just face it and finish it off. But don't carry it all here. But it has become a fashion item. One lady told me, I feel very guilty for Afghanistan. I said, what are you, Afghani? No. Then are you Russian? No. Then why are you feeling? I'm just feeling. So please, in short, you have to be very pleasantly towards yourself. Then the third one is a very simple condition, is that you have to forgive everyone without thinking about them.

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It was really a great achievement, I must say, to portray King Arthur like this and giving it a real paint, or I should say the picture of Sahaja Yoga. I can't imagine how can people in Sahaja Yoga have become so creative and how they are expressing all these things with such beauty, such clarity. I don't know what words to choose to say that if this kind of thing works out, all kinds of creativity will start acting through you people. This one was a remarkable drama, no doubt, and also was written so well and also organized so well because I used to act myself in a drama and many a times I've directed many dramas, so I know how difficult it is to organize the whole thing without losing any time. And it was, the whole thing was done with such depth and understanding. I must congratulate the English, the British, all of them who have done such a good job.



I also acted in many plays and one of them was about a martyr who was killed in the war of independence. And I felt that later on will there be some people who will also make dramas about this kind of thing that there is divine life and divine light that guides you and saves you all the time. The same kind of thing that I had before, I can see it projected now through you people. It's very, very remarkable and I'm very happy that now you have developed such talent and have discovered so many talents among yourself. I don't know what to say for the future but I think future is going to be great with you all artists taking up some sort of a theme like this on such a big stage. I mean you can do a lot, no doubt, and you should not give it up. That's the best way to look at it, that you are not to give it up and you are going to work it out. No. This rain understands many things. I don't know.

Now, the play that was organized by the Swiss people was also very, very remarkable, I must say, because I don't know they had such talent and that they acted in such a proper manner. Not only that but they brought forth so many points which I have never mentioned before perhaps, which are to be seen what are the allurements of our life and how we get drifted into it. I must say it's very, very credible, very creditable for them to put up such a nice show and so entertaining. I never felt the time was passing out and things were wonderful. May God bless them. All of you put together can make a big team of Hollywood, I think.

I'm very also happy about the children who came all the way from Ukraine. First time when I had gone to Ukraine, I remember so many of them were suffering from the charitable suffering and I saw them and I couldn't help it. I just started crying. I couldn't help seeing so many people suffering for no part of their... It was a very great mishap that occurred and also the whole mismanagement and carelessness on the part of the government also. One couldn't say anything about it but they all got cured, I think. They are all right and there are no more of the people who suffered. That time I saw them but they are no more there. I saw them last time when I was in Ukraine. I saw thousands and thousands of them were there. So all this was something great.

Also you enjoyed the music of Ajit Kannakadai very much. Very remarkable I felt was this that his son in the raga Gorakh Kalyan. It's Gorakh Nar who had visited. His guru also, Machindranath, had visited Ukraine. They were there. And just see how simultaneously these people played that music while he, Ajit Kannakadai sang Gorakh Kalyan. It's very remarkable I tell you how coincidence is coming. I just thought of these two great saints and they are from Maharashtra, from near Lahuri. They had a big mountain where they used to live and they travelled all over. I think they also went to Bolivia. They have described in their books all these places. But Ukraine they have been definitely there and they make very good designs of different chakras of without understanding I think. But they said we know about it but we don't know how to raise the kumalini in Bolivia.

So that is how it's all something. Sounds to be all so coordinated, so original, so much well and the whole team works out so well. And you two are doing such a good job by creating a feeling of funniness among us through your place, through your art, through your talent. I can't imagine how it has happened in my lifetime. I never expected that such a thing would happen. May God bless you all and bless your talents, everything. I'm very happy. May God bless you.

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Do you have a lot of people to check out? We do. You are homecoming by car? Yes. They said that's not very good for the main damage in the government. You stay somewhere in the night? Or you die in the right place? That's fine. We are leaving a train in Kewa Kewa Lake in New Zealand. So it should be down there now. There is one in the left of the train. So we should get to the double top tomorrow. So we have five people to go. And a lot of them just changed their view from New Zealand. We are all just going to get a little bit of a check. We will stay half way. Don't stop and walk half way. Everything until Stephen? Yes. We are going to take a look at the train so we can get back to New Zealand. You can come and check. Sorry. Here we come. Do you have anything to add? We can talk to you if you want. Thank you.

Guys, there were discussing with me. Do you want to come? I want to come to the U.S. I want to see. This is one month journey. I'll be back on the second of spring. Last year we did three. But four. We are going to go to the U.S. One day it's a long journey.

And then I'm going to come here. This is that. So I'm going to go. I think we see you. You can try.

They grow here. Oh yes, they do. It's a very good thing. And they're white. They're not the same. Well, not the same. There's a change in the job. There's a change. Now. I watched it. When I was a little girl, she used to get a lot of books. They were all the same. But, um, you're a very good girl. Yes. I'm a very good girl. You can go directly from here right here. Very much. It's very good. And so how many more? Yes. From here? Yes, this one's good. I'll tell you another day. It's good. And that way, I have to go here. One year of bed and done yet. The TV study that I did. We're going to read the rest. Just out there. From Melbourne. The meadow. From via Japan. And then walking. And then back. And then, um, yes. Very good. Wow. Practically, I've done only at one place. I have not visited anywhere. I've not been there. I have something from now on. But I don't think I'm very divided. It's all good.

I wanted to show you a poster. I didn't mean to show you for a long time. But, when Cheryl and I went to New Zealand we had to read. And went on a much better path. And, in this park, I've done this picture. It's like Trigga National Park. And then, I've done this one. Wherever you go, all the people outside the center. So, it's easy. Have you visited New Zealand? Yes. Have you visited New York? Yes. I've done one of the places where there are mud pools and there's a lot of mud pools. Have you visited New Zealand? It's extremely natural. Many people go for their animal. Even from India. But, as you can see, I go for one thing. I don't see it. And there's every climate, everything in the world in one place. I wish I could see it. Hello, thank you.

The lakes are just beautiful. The lakes in New Zealand. And there's one miter peak in one of the lakes. It's like the map of India. It goes up. It's a bit like the metaphor. But it's like the map of India going up. And there's a big lion that sits in the front. Like a lion. What's it called? Lion rock? It looks like this lion guarding this map of India going up into a point. It's a mountain in the middle of the lake. We need a mountain. But I don't know how Indians have discovered. They go to the Rajesh to the leader. I'm in the world leader. This brother went to Bhushan. So I was wondering how to go to the leader. If you're one of the leaders then you're not. You play because Germany is high. What are the developments? Lollipop. Say please. Sagarati. We changed those flights for you. So now you are leaving on Monday. It's a half an hour journey. How long until the final of the three hours? One hour. One hour to take off is less than one hour. Very slow. I want to go to Taiwan. I'm still ok. Taiwan is not very good. Japan. So first we go to Japan. Then we go to China. So that was done very easily. I checked again. So, we're going to go to the next station. We're already tapping. It'll be worse at the end. All right. This is the station. It's very dangerous. The last station was technical. It was some massive.

I was going to go and have her last night and you can put this out to Aisha's too. And we need to hunt her down. So she doesn't have the children. She ran away just for a moment and then goes, Ah! Here you go, the new girl in the house with the hair is called James. Nice element you've done. Right. Can I give it a big bite? Take a bite. Whatever you can tell them to have. Because they'll be there. But you are a little slimmer than my children. Your eyes are not open. Believe ourselves, girls, behind. It is to be related to this substance.

How do you know what's the best way? You cannot organize God. You see, this is something innate that has to work within you. You don't have to tell them, don't do this. You wish for yourself. They don't want to do anything other than, like, this, that. Just let us do blind things. You are a little slimmer. That's being also very nice. You must grow in that. Forget about your child. You cannot grow in it. So you have to try. You see, one thing I'll tell you, logic is here. The child is there. The child makes formations, he'll come back. So he should decide to stay, he can just stay. Now, what happens is that the whole thinking about a soul could be how the world is. Let it be. You see, that's what I'm saying, that you must be thinking of God. You've got to be thinking of God. You have to understand that there is one thing I've been there. If you go and you see God, you will know that. I'm not saying that. You know, I've spent so much time with God. But first you have to get it. It's very simple, isn't it? Yes, it is. I won't bother you any time. It's not easy. You see, you have to learn. You have to say that's for you. You need to stay with God. See the problem. You have to always let God make you the best of yourself. If you make it, then you'll understand. You will develop so that you will develop your consciousness, your vision. You will be the one burning your children. You will find your solutions. I know something. That is the kind of your destiny. Just let them hear you. What are the reasons you have to do? Just tell them, I'm all right. They'll get taken away. You'll be the God of the world. They'll be the dragon. Like that tree one of the brothers. You have to be the breakthrough. You are strong. They will tell you how to live it. What is the reason you have to do? Not listen to them. They

will doubt listen to them. That's the reason you have to do. Thank you.

I have also learned that you know how to give your Mother a solution. Mother may call it. You have to surround yourself with desires and learn. And you can make it your children. Like that. You will follow. You have to serve people. And it's close. As I knew that you are in a very unique place. You can do that as well. May I have some water? Thank you. Here is Mary. Mary, some simple. I have a body. Children in the water. I'll be ready. Thank you. Shri Mataji. Look at Me. I'll be at the man. I know that. But. No, I wanted you to join. Also, I have something for surgery. He has got to try. He wanted to do things for Me also. Sit. What's the problem? Let's go. I'll talk to you. All the people there. I'll just have you now. All right? I'll just do like this. Yes. Is it balanced now? No, no. It should have been. No, you are not here. No? I have to be supportive. I have to practice all my own body. I know it's going out to Sahaja Yoga very well. The another fellow has to take an oath of awakening. In Jesus's name, there is very little left. There will be better but it will be like that. It's very open and wide. Yes. It's very good. Very nice. Thank you. Yes. Absolutely. You have also got very great new people. Yes. I'm very happy to see you coming down from the start. Is it a good time? Yes. Is that the right time? Yes. Then you are growing something. If you are a Muslim, then you are good. Yes. They are sweet of you. But they are asking for me. Oh. Yes. Thank you for doing what I'm doing by today. Yes, it is free from Cullen'sream33. dot com slash. Yes. We are using the directly to highlight some of what happened.

What happened to my cat? Now it's full. Seep check. I see. That's what is the problem. I'm waiting. Six have got to put that in. Because they don't know who any people are. But still, you know, they are not so deep sometimes. What is it? Bye. We have to identify them. Just with the password. I know that. Something has happened inside. We are going on the path of international service. And the electronic media. We are also interested in the training of the police. We are organizing some films like that. There is a possibility next year it's been instituted. Radio Australia, what we see here in Australia, they send me to India to research the ownership of the media. The media has a television station, radio station, media events. So there is a possibility now.

Hello. It's great to see you. Thank you. Hello. We are going to go in. I am there. I am going to show you the media. Every kind of seats are crowded here. Nothing all over the world. All right. So I am coming. Oops, sorry. Should we go down? I will go down. Please return to your share of service desk. Please switch.

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Can we have two of these? I'll just go with those two. I think these bags are in the bag. Alright. Did you want to do more shopping with them? Yes. I can come back and get them. The car is just down the low by the way. I'll drive straight in. The guy said, will you be long sir? I said, a couple of hours. It's okay. Do they have a car park here? I'm in the car park under me. What we have to do though is time it so we get Mother to the park. My wife would never get me out on an expedition like this. It's amazing isn't it? I'm fine. I'm not going to Australia. No worries. Are you requiring any assistance at all? No. Excuse me.

This is the complete dinner set? This is our hotel room. That's \$239. \$12. Perfect. \$29 for a 20 piece. A setting for four people for a 14 a plate, four soup, four side and four cups and saucers. None of them rest as they are. No, I know but can I buy a separate meal? Yes, you can buy them more separately. Well those ones, that one's \$58 and that one's \$74. And the teapots price \$130. Can we get this one for two sets? Two sets for our people? Yes. I'll put the string around the maker for you. That will be wonderful. Which one? This one. They're all priced individually. That one's priced at... Oh there's no price on that one. They're individual covered casseroles and they're priced at \$22 each. That's a jam-porter like a sugar bowl and that's \$26. And that's a gravy boat, it's priced at \$80. And then we have the teapots. That's like a meat pot. Is it like a...

Lord Hall was a very famous man. Nice man, very nice, very straightforward English man. Man of order. He sought to respect, he goes out. This was a famous, this thing called an E.N.C. Just listen to the first one. The one that's not... E.N.C. that's enough. He used to make tea set. He said, Real old willow. How good is that? One of the ginger, it's quality. You're okay? It's \$1.59. It used to be a tea set like this before. All this material is very, very cheap in Hong Kong. In Hong Kong you can buy these much cheaper.

What is it made in? With coffee, lots of things. Right. Can you see the coffee? Take from my tatty here. This guy, hi there. Hey, Mira. Harman. I am an E.N.C. But nowadays you can't get this in England, no? You have to order for six months. Really?

This is the one I wanted to buy. So we couldn't get it. The whole offering. They said you have to order E.C. to our soul. Good. He said, I'm not going to have any tea. I felt that it's all right. So then I came here and it was on promotion, the same. Really? I bought it here much after project. Was that two years ago? Must be more. More than that. Because in England suddenly it all became like six months order. Walk all the way into the supermarkets and big, big places. Self-ridges and all that. Now what? Oh yes, Mother. It's not okay. Four thousand thirty-eight. Day day. May be day. We will send it. It will go downstairs, then we can pick up and we will drive home. This for you.

So how many you have taken? Two. Two people. Okay. So how many people are you taking? Two people? One. Okay. How many people? Two people. One person. Yes, there's a number of children who are going down, aren't they? But if you have gas or heat, then you can't use something that is aesthetic before. But in America they just use, what you call them, people, please. Even rich people. It's uncivilized. They are limited. All the time it's a big deal in our region. All the time. I went to a very rich man's house and he too had only and he said that my maid comes in the morning so we have this. Everything comes and I have to go. I have to go to the cosmetics store. And the gold company? The gold company is not here but they are here. David Jones is here. We can go to David Jones. David Jones will be there. Do you like it? Yeah. Just straight through there. Just there. Thank you. All done. Thank you.

Where are we going to get this from? It's called the B.I.B. area. B.I.B. area? Yeah. And see the opening just there? Just straight from there. That's alright. Thank you. B.I.B. area. Good job. Thank you. Where's the gold? Smell it. It's edible. It's cute. I'll show you this one then. This is very nice. It's like a jacket. Because the leg is not going to close. It gives the egg a jacket. Do you like this one, man? It's nice and soft. Weighty. Go side here. Smaller side. Smaller. How much is this? This is too small. Where's the height of this? It's too far enough. It's not that big. I'll buy this one. One blue and one red. Very small. Thank you. The first one I'll try to use is small. I mean, your small size fits me. So I can't believe it. I mean, India is at least large. But sometimes it's a large. Here it's a large.

And she was talking about getting the purple light running up through the head and all this sort of thing. We couldn't keep a straight face. But all the people were saying, straight face, that all the boots and creation were there. It was just extraordinary. You have three jokes and jokers. With the stage where you are, you can only laugh and everything. And after it was all over, I suggested we went down to the sea, to footsail, because we had such rubbish. That's right. And Arlene Robbins said, you can't go there because they have all the needles from people injecting themselves along the seashore. They throw them away. On the sand. All the drugs. Yeah. Incredible isn't it? They're just irresponsible. They want to be jealous or what? No, they just throw them away. They've injected themselves. This is too much. It's just over the top. Do it Arlene. It's very dangerous. How could they do it like this? No feeling at all. And supposing there are some people from somewhere? Yes, well that's what you can get asked for. But in Sydney, I turned the boat and the children got pinned up. The parents got down two times to be president. Because of all the needles that were plating out on the shore. Even here in Sydney. And you have to clear the playground because the children are there. All these needles are plating out in this storm water. You don't feel cold, as somebody said to me the other day. You feel like you're going to get the point? No, I'm just completely rejected. Let's take this thing. I have to go here. All these crazy things you see are coming out of the mind. It is disturbing. Think of all things which are disturbing. You are not there? No.

Oh, they're pretty good tools too. They're very good tools for you. Light. They're just kind of really good at pouring. I'm sorry, it's not the same as normal dry. But this is really good. It's a bad guy. I'm going to take this. Seven days. And everybody's... ..all good. All right, see you again. No. You want another two? No. It's going to be around the mist. I have to go there. Just under the glass, mother. After me? Just under this glass. This is the left-hand side. It's funny, I look up... ..the traditional... ..the scenario. Yeah, and of course, the feature... ..with David Jones. Yes. Like on the road. Oh, yes. Open up. That's cool. You're on video. Just in time. Now where it is that people stuck up my way to playground. It's over there. Okay. There's one there. Yeah, right there. I have to go. Yes, when I gave, I got them. Actually I gave them to Warren. Thank God he never gave them. I'm surprised. Otherwise they are saying... ..you have to provide lots of carpets. I gave two big carpets also, I think. God knows. One should never do like that. It's a public property. Exactly. I mean, it's really absurd. But when you start making money out of it, then what is it? Most rupes of

every country. They do what you like, doesn't it take them much of their free time.

I think he discovered about three years before he went away that he cannot get over this. Yes. And then he was caught in the industry. He thought this nonsense that he was to do. And he had already made money before that. And all kinds of stories he told. He said there was an old lady long time back who he served. So this time when he went to her, she was dead. But her daughter said she has put the money in your name in the bank. Really? All these days he never got any money. I used to pay him hundred to fifty, hundred pounds per month. Plus two, plus staying there and all that. Suddenly I don't know how he got this money he says from her. So he had lots of money. His wife also told me he had lots of money. And she's quite frightened of it. She comes from her, she's a relation of mine. She comes from very good family. But she has revived his life quite a lot I think. On a say basis of barter system. As they are doing now in Russia. They can sell out everything. The people are telling Me that they don't sell it. The photos are reduced. The camera. They already will be turned like and say that. I can see that. I feel very shy. They are not authorized.

Russia has beautiful, is also beautiful. Russia has had a wonderful imperial track. Yeah, real artists. In the late and novice porcelain in the late eight-century. But the trouble is people don't like it here. They are so exuberance in that. So much exuberance. They'll have gold leaf. You see for example, if this they'll have a gold leaf. Finished. Too fussy for English wine. Have you ever seen Fabergé jewellery? Which one? Fabergé. The Russian design. Oh, I have. Yeah, I have some already. Have you? Yeah. What happened once, see, we had gone long time back. We brought something very, very cheap that time. They call it a rose cut diamonds. Beautiful, I mean. Can't imagine. Some my father had, I don't know how he had it. I don't know. Russians used to come very freely before. Then the British were ruling us. And they used to sell their things in India. Now of course nothing is there. A diamond center. They have gone into mafia business. Well, mafia not renowned for their art production, have they? No, they are not. I just don't know.

But they were telling Me about one car. They have called him Ruta or something. Ruta. Big car. So they had. Thank you. And they were, you see, they sold My old car. Which I have bought out of one computer. One computer to sell and get one car. All right, then this car was sold. And in the same price they were getting a big car, a new one. So this lady who went there to buy Slava's wife. She, when she was coming, the mafia was standing outside. They asked money, how can you pay for this car? So at least one-fourth of the price. She said, I have no money. She was wearing My. She said, who is this old man? She said, she's holding mother. Holding mother? What do you do? She said, we have to do it. And your children, they also have to do it. She said, we have such a meeting. She said, you've got a, like a police car, you will call it. And she said, I will pay a single pike. They brought it down to one-fourth. Nobody can control them, they are standing outside, nobody can do it. Money. Not many mafia people round the world negotiate them, do they? Yeah, they do. Because, you see, these are, some of them are Italian. Italian mafia, some there. They are not all Russians. They are taking help from Italians. From Sicily now they have got imported. Imported mafia. This is another side of life. One side is the stupidity, the another side is this kind of violence. But she said, there's no car that can come out of the people. And she was not aware of it. Later on people told us that we are very lucky.

Once happened they had given Me sixteen crowns made out of cardboard but they made very beautiful in Susanna. So these English Sahaja Yogis were bringing them in the buses that they were coming in. So the customs, English customs, often. They said, what do you have in these buses? You can have a look. One by one they took it. There were five people. One opened this one, then passed it to another, then third, then the other. They were just looking at it, you see. They had a brisk agony because they didn't know. Just looking at it. I mean, they were made of cardboard but it had touched My head all right. And ultimately these boys said, now what do you decide? Please take. They had become so docile. All English blood had ran out of them. Please take and give them. And they were standing like this, you know, just like this. So many cars passed through without doing any customs. And they were just enjoying it. I mean, on the customs, the way we have seen things happening at you. Mother, in Australia they did an inquiry on customs in Australia and the professor said that they should abandon it. Just forget it. The customs in Australia, they said they should disband the customs. That's worth it. But you see, the nonsense they play about it.

Once they made Me stay at the parterre boat for three hours. For what? I mean, somebody gave Me a samagri, you know, this hanbaga, haven samagri. They tortured My life. But they knew they were wrong because when I said, all right, what do you want, you do what you like. You want to put a case on Me? Please, do it. I'll be very happy. They didn't do anything. I just can't

understand. Ah, they took away all the mangoes there. We didn't know, you see. Somebody should have told us. Three boxes of mangoes they took and they said, you come tomorrow and we'll deliver them back to you. And they all ate it up. Never got. Really? But they should inform people that such a thing happens here. I think they got after us, that's all. I had one horrible thing on My throat, it's excellent, it's worth nothing but it's excellent. They took it away from us in a hurry. Hurry was carried. They were not saints, nothing, they were groups. But they took it away. I came in from a medendag and I bought some curry powder which was being marketed by some ladies, who call themselves the country mums, this is in Maharashtra. Anyway, when I came through the customs, the curry powder bags had broken and my whole luggage was filled with curry powder. Then what did you do? So I took it through the declaration and they just opened it up and looked at it and threw it at Me. Everywhere the customs are different, it's so surprising. And you have to declare if you have more than five hundred dollars. Five hundred dollars, can you imagine? Five hundred dollars is what, nothing? So last time they troubled Me for the gold card, so I brought the cash this time. Then they said, no, here you have to declare, I said, please. Perhaps. In India there's not so much problem, not so many. When you people come you just walk in, there's no problem.

But I had four dogs in London. They came all papers, everything done and then they came, arrived at the airport Delhi. Some stupid fellow was there and he said, no, you can't report them because you have to take a permission from the Commerce Department. And Rommel and Sadha had gone, they came back, they said, now where do we go to this Commerce Department? And the dogs were starving there. I said, why didn't you go and see this Rana fellow who is the deputy collector of customs? He said, we don't know him and I said, it's all right. And by the time they went there the dogs were brought home. So what happened? He said, somebody saw Kalka, uh..Sarna and Rommel there and they went and found out that Mataji's dogs are coming. The news was out in the airport and Mr. Rana immediately went there and saw to it that the dogs were brought out and sent home. While these people said the dogs are gone somewhere, they came back and said, I hear. Especially Delhi and Bombay airports are very good for Saturdays, very good. Even I think Madras is good and this time I tried this Alkatha airport when I reached there. I saw a car with a red light and said, the minister must be travelling with Me. I came down looking for the minister. I said, now the minister. So it was a car for Me. That was too much. I said, it's not allowed anywhere. You have to carry your car up to the airport. But in Russia always they bring a big limousine for Me. I don't know how they manage.

You must come to Russia. That's very important. See, if you are interested in the permittances and all that, you can see. It's very simple to do that. And I have a house there, no? I didn't tell you the story of My house there. But one fellow whom I cured of his heart, he wanted to go to Israel. He was a Jew. But he had a heart trouble. So I cured his heart. He said, I want to donate this house to you Mother. I said, I'll not take donation. Whatever is the market price I'll pay. He found out it was only two thousand pounds. He said, you give me in London. I said, all right, I'll raise that. And for two thousand pound I got it. And then the Sahaja Yogi so sweetly I said, that's such a good work. They have very good carvers. I'll go there in August, Russia. May God bless you! Very soft. Right heart we got. Right heart. This kind would cost in London about hundred and twenty five dollars. It's cheaper here. It's cheaper, yes. Thank you very much. Thank you.

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I'm happy you enjoyed all the program and we have to be very thankful to the Turkish collective. They organized everything so well that I don't know what more could be done. We all have come from different countries, here gathered together. The wonderful feeling I have of such peace and joy that you people are from such different countries, following different methods of life, have suddenly come together under one tree of Sahaja Yoga and you all are enjoying it so much.

Especially people from Africa, I was amazed how they were enjoying everything. It was really remarkable. But they are very rhythmic people, they are extremely rhythmic. That rhythm I could see clearly how they were going on for hours together. It is not easy to say anything at this point because, tomorrow I have to give you another lecture at the Pusha trial. But it shows that the whole world can become one. One day, a day might come when all of us who are belonging to different countries, different religions and all that and fighting, they'd all come round under a peacefully domain of Sahaja Yoga. I'm sure it will happen.

So tomorrow we are going to have a Pusha with heart of six o'clock or five o'clock. How will it suit you, five o'clock or six o'clock? We'll have it at six. For all of you it would be a great blessing and it's such a joy-giving thing for me to see people from so many different countries and also mostly they are from Islamic countries. To see this I feel so hopeful that we can say in Islamic countries now who are just fighting and quarrelling and killing each other. Such stupidity is there which can be saved and once it happens I'm sure all the blessings of the Divine will fall on you. You have to forget all this nonsense. I was happy to see that a person from Israel, Oleg, was dancing before these people who are supposed to be Muslims.

So you see one day this will come that there will be no such stupid religions which will make you fight but which will make you love. Religion is for love and also for brotherhood, not for fighting. This is such a blessing I feel myself that we are here of so many different countries and such a lot of joy and happiness. May God bless you. Tomorrow I hope you'll make it possible to come for kunja but six o'clock we'll start. I don't know where I'm heading.

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This one is so big. What is this? It's a cream, Shri Mataji. Cream for your hands and for your feet. They can't come in? The door is there now. I'll take it. Here. Oh, it's so big. How many do you scratch? Yes. Thank you very much.

I have four of Shri Mataji from the Ramayana. So we need to work for you. And the first letter from each line in a row, they can make Shri Mataji in the other hand. Yes. The row is in the middle. Very good. Thank you.

Supreme source of eternal grace, highest queen of the highest light, realm of bliss beyond time and space, open your eyes in the world day and night, mirror of the sun shines from your face, all the creation is a place for your life, the whole universe is your implement shine, all the demons will recite your story, joy to the incarnation of the bliss divine, immeasurable peace and absolute joy, no word can tell your beauty that shines, in a fable entrance the cosmos is your coil, reaching your feet is the purest desire, Mother, you are the holiest love, all the evil is laid by your fire, love is your essence and you are the essence of love, all the beauty that exists in your beauty is fire, in my shower of grace you are the hope of all. If I not source of what is branches and leaves, then you are such a sharp, a hungry surrender to your lotus feet. Thank you very much.

Hello, I am Rasha, I am putting you in the queue. I am here, sir. Rasha and Luca. Thank you very much, all the way. Very wonderful, very kind of way. We grew up, huh? Very kind of you. All the lotus feet, all the arms. The mountain, wave. From where did they say Austria? Oh, we were in the same country. Where is it? All from there. All over the mountain, Austria. All over the beach. Thank you. Mr President, everyone in the class today, we are going to hear from the member. I was telling they say that. Thank you very much. Why can't they come? Oh, very good. Very warm, yes. Look at that. Can you open the door? Thank you very much. You're welcome. Where are you going then? If some of them can inside the room. Thank you. Austria. This is also to Austria and Morocco. Morocco. If you want to see the Austrian, the mothers in Austria, they just show up. Very beautiful in Austria.

Excuse me, can I stay here? No, but that whole distillery. I cannot see. It's not possible. Thank you. I'm going to the bathroom. She's going there. Excuse me. Hello. Thank you very much. I'm ready at home. Very sweet. From where? From Milan. You look like an idiot. Because of your grace, you are highly Italian now. How about they say it similarly. May I please you say that, Robert? Thank you very much. What is your name? Mohan? We are from TorAca, China. This mother. Thank you very much, everyone. Water Indian, that's dainty. Should we get some? Hello, my dear. You are not having any? No, it's just my... Thank you. Vida anu. Thank you, everyone.

What we can do is to open a door and you can sit inside. And what you are solving has become a wall. I think it will be another surprise. You can open that and they can go on. Good job, baby. You are still going to open the door? Yes, go and do it. How does he understand? Come. Here. Come back. Tomorrow I'm assy. capers i doesnt any do. He offered me his name. The treasure he

brought me. He gave me his name. Ahh, He gave my money. The treasure He gave me. Ahh, He gave me treasure. Thank you.

We are the people of the world.

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I was able to see how I would'd compliments for This is how Bob didn't see Me. How do you prove this? Is happy yet? How's the baby? Alright? Not unhappy with the kids. And she has the right to be with the children. She has the right to be with the girls. But you some of the children. The baby will be nice. She doesn't want anything. She's fallen. If you leave the family with the children's father, what children do with us, they are coming from world-class children. They suddenly get this stupid feeling. It's called a little interaction. A lot of people always want to see. That's the thing. My friends have come here. You know there is a country where people live in the heat also. I do live in complete cold. What happened to the big dream you had It's like this only a month ago. Yeah. Careful, Charlie. Water it.

I think you should take off the seat. You are going to take off. Is the problem lost? You are just for a few minutes. You are saying that why you take off your boot out? You can't do this here, but I think you can. You take it out, you are going to pass. I can keep you off the top and you will be good. So, we will be able to insert the microphone here. Yes. Someone is waiting this time. No, see to it, only waiting this. Why? Because already people have started coming there in India. There are 500 dialysis. Have you met? I have not met. Thank you. You are welcome. I am here.

What do you mean Americans will do the work? They will work with them. There are connections on America. And the gentleman who is elected now. We, who are rode Baltic individuals. You are Chinese, and we have in some countries. China is using plug into the electricity... and young people are in the movement of something new. Young people are born there, lived there. And the challenge is we have to protect the dedication is to make friends and be young people. Why? Don't focus yet. Don't worry. So many people are moving. I'm not a single guy. I'm a little... I'm a very single guy. But also, people come from out there, here. But you have to stay, sit, stay inside the bus for a while. Don't think they all listen to you. Please, let us know. We all listen. We take enough time. Take it. You can sit on that baby. You can have a open house. Don't you get hurt from that. Good.

I'm going to take my picture. You see the bus. You see a dress on the floor there. That's baby. Good. I think we came very much to appreciate you. Let's see, I want to mention because I've come apart. I think all the people are interested in it. They feel it. And I think you'll feel this one. It's done. I have a question. When all those who have come they now bring their father to the family. But they don't have any family. Yes. Excuse me. So, you see these things are made out of clay or wood. So much pleasure. How can they come? You see that? All of these things. You know, she's a pretty girl. And I'm such a man. I'm talking to a baby. Well, I know. I'm a baby. I'm a doctor. But that's the help of you people too. You know that?

Mr. Ted Wilson, I don't know what you think about this anymore. There are questions in the room. I don't know what you want. So, what are the things you're looking for? Where? I don't see what I would have found. You're a baby. What's that? I don't know. I think it's very good. I'm sure I'll be fine. But something has opened up. And I can't tell you. I don't see it. And, what are you looking for? You see? You're looking for a baby. There. You don't see it. See if you can find it. I will show you. Very nice. You can see. Everything is probably the same as the other one. It's very good for you. It's fine. So many. Open like this. You see it here? Please, somebody find out. Please, somebody help you. Because... Yes, please. Ah, she could take somebody's daughter. Somebody from here, we go to the gym. Good. I'll ask you. Don't ask. There are four cases. Take it out. You want to leave it here? There are cars and so on. Don't ask. Try. It's not that good.

Yes, and they ask the whole system to be treated as to be awakened as in their heart, as I have received from and they also work it out, is what they've seen there. Yes. Once you get it out of it, you also have to see the ama and once you modernize your problems, you can share all of your issues and you become certain that nothing that you may don't do is going to be much better. So, that's the concern that we have. We will be close to no death and the crisis of death is the hope of peace. I don't agree with



that. I think that's a good thing. Thank you. Any more questions? I think we need to share something that is good for us. Now, we need to get out of here. We will go here. This one will be for you. The one that you see will see and then you will see. This one is a challenge. You can't see. Please. We can't see. Please. I will take you to the other side. One more if you have done with the mountain. Our namata will be in the middle now. You are being certain. I am showing you the mountain and you say that, yes. Then it goes. Thank you. Are we out? Yes, it's alright. Very nice speaking to you. Thank you.

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Today's performance was really beyond. I was the man. Another performance. Take the baby out otherwise I won't be able to speak. What's the matter? It was a very rare opportunity that we had such a master here. I must say that first time I heard him, I felt that this santoor which I never used to equate it to other instruments is par excellence. Much more. Because in santoor the melody is not so much achieved melody. Means the continuation of swaras in santoor. Like in other instruments we have in India. But when I heard this great master, not only the melody but also it represents the beauty of Kashmir value. I have been to Kashmir and I just felt that the ripples of the river, the echo of the surroundings where there are lots of beautiful hills and also mountains. All that is expressed in this instrument. But the melody part of it he has brought it. It's a melodious thing. First I used to think it is little bit lacking in melody because it breaks. But the way he has connected the whole thing, all the swaras and everything is why really I am very much grateful to him for doing this very very intricate and also very subtle thing. And that is how this instrument one day will become a very very important instrument. My all congratulations to him. Thanks to him for coming here. Actually Baba mama has found him and he told me he is a great master. So I really saw that in Delhi. And here you have seen how Indian music is so leading, so beautiful. You cannot explain how it supersedes all other music. Because it is the creativity of the artist at that moment with the rapport with the people who are listening. It's not already made, composed or anything. So the intellect doesn't play part at all. It's just you are beyond the intellect in thoughtless awareness and then you play. So Indian music has this speciality that it is not composed, it is not premeditated, it is not thought of or it is belonging to one person. But it is something that anybody who is a master can create his own melody. Of course there are certain rules, regulations for the melodies, no doubt. But that is just to make the melody very beautiful and extremely, extremely I should say musical. These rules and regulations are there. But you don't feel anything like bound into something. And the freedom of your flight is so easily assimilated into your temperament that you don't even feel that it's a particular raga you are listening to or whether you are going out of the raga, nothing. You just flow with it. Now this raga, Jog raga I have heard from a very famous sitarist gentleman long time back. When I told his debut that I have heard Jog from this particular gentleman, he said, when was it? I said at least 30 years back. He said, then it's alright. Nowadays he is in a drunken state so you can't hear anything. So this is another tragedy if the musicians who are very good, excellent take to all these horrible things and then the music is lost. It is really a spiritual thing and because of that you must understand that spirituality requires purity of temperament. If you don't have that purity this will be lost in no time. And this is what is happening in our country. I think one side is an attack from the western musicians who are bringing pop and this and that and very cheap type of western music. Not the classical that the way we heard and then that music overlaps the Indian music which is definitely is very subtle and you have to have a subtle mind to enjoy it. Now he was quite happy to see that you though you are from the western countries are enjoying Indian music. So I said now they all have become very subtle that's why they are enjoying. And this subtlety has come to us because of the spirit that is giving you the light. In the spirit of spirit's light you see the subtler side of everything, especially music. And music is one thing I have seen which carries also vibrations, which spreads vibrations, which takes out vibrations from my body. That's why I am very particular that we should have always some music whenever we have any program, any we can say any lecture. Just a lecture is not sufficient. You have to have some music with it so the flow of the vibrations is there. Now today it was really so remarkable the whole thing I must say that normally sitting for such a long time my legs just become absolutely full of vibrations I can't even walk. But vibrations started flowing and I am feeling very much better now. Now on tabla what you heard today is also another very remarkable thing is also the rhythm which we say is coming from Shri Shiva. It is the Shankara's whole system vibrates into rhythmic patterns. And we have so many rhythmic patterns and the way they are played is really also another very subtle thing. Now the gentleman you know him as Namdari they call it, Shabapu Namdari Katha. As Namdari is the gentleman who I think is a prodigy, he is a child and he is really remarkable because I have heard so many people playing tabla. And he reminds me of very very great tabla players which I have seen long time back. Now they are no more. There is some sort of an inheritance maybe

from his previous birth, maybe I don't know what. But at such a young age he has such a controlled, such a system, such a rhythm and also understanding of the one who is playing with him to join and to play according to the need of the melody. So the whole combination was very very wonderful and the day of Sahastrara being celebrated with such a beautiful music is really very remarkable and blissful. Apart from that I must tell all the Sahaja Yogis who have brought really international music tonight for all of you and you all enjoyed it. I know that Austria is known for its music very much and also Germans are root for their music. But today I saw people also from other places, for example Romania and other places who had joined in this combined orchestra. All everything, all the program was done with great understanding and with great, I should say perfection. I couldn't find fault anywhere. Only thing I enjoyed every part of it and enjoyed the way you were enjoying it. So may God bless you all and hope tomorrow we will have the puja. I think two o'clock will be alright for you because by now you will all go off to sleep. Two o'clock tomorrow will be alright. But I would like to meet the leaders about eleven o'clock myself. Thank you very much. Good night.

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This was really a very memorable night for all of you. I don't know what to say about Nishakka. I think he should be given now the title of Ustadh, no doubt about it. The way he has played, I have never heard anybody playing so well, never before. And specially Tapa. Because it's a very difficult, I have never heard anyone playing Tapa on sitar. Once only, Sideshwari Devi, as I told you, she sang before me this Tapa Rang. She was quite an old lady at that time. But I was amazed. She sang it so well. She was a master. And I also call her, you are an Ustadh, I call her that. That's what I feel now today, the way you have really entertained all of them. Also they appreciate and understand music. That's the best part of it. You see, all these people who are sitting here, I know them. You would have played till 5, 6 o'clock, they would have sat here. It's a present to them. For they are serving a great purpose. My father was a great Kannaiya and supporter of musicians. And always used to say, you must always respect artists because they are specially chosen by God. If they don't go to the wrong path, then they have to be very much respected and must do everything that is possible to express your respect. So one day he told me, my desire is that the whole world should know about our classical music. That's all I want. Because this is our greatest sampada. It means the property? Heritage and the property. Inherited property of our country. And no country has this. This is something so great. And this should be used to convey the blessings of God. Also I have seen vibrations flow much better when there is music on. With the music so many vibrations start just, it's like some puja or aarti, I don't know what it is, but music has this power. So this was his desire and I also found that for Sahaja Yoga our Indian music is going to help a lot. Now all kinds of music styles are coming up, but I have seen once they hear the Indian music they don't want to hear anything else. That is for definite. But there have been some very great composers, no doubt. But the way these days the music is on, I think the speedy music as you have played today will really break their heads and they'll understand what Indian music is. I was very happy that you could come because these musicians mostly come in Guru Puja. So they must also have somebody here of your repute of your great achievements before them and to hear them in this atmosphere. But today definitely something had happened to you, I think much more than before. And as you told me that in My presence something happens to you, I could see that today very much. I hope your fingers are not cut. They are all right. So this is how we understand each other better. Now when music is played we forget all our boundaries, all our stupid ideas, just become one with each other. Music is really some divine gift and it should be always encouraged very much. I have to also congratulate the hosting countries of Italy and also of India that in such a short time they have done so well about this building up, this new place and new thing. Very well done, I must thank them very much for this. Otherwise in such a short time to do it. In Guru Puja always it happens like that. We bought a new house just on Guru Poornima. We lived it here and everything works out on Guru Puja, some or other that something has to happen. Like Kabela also I bought five days before Guru Puja. Second day I bought, third day I paid and fifth day the program was here. So this time also same thing. In Guru Puja time there is something special that you go to something better and have some sort of a big activity and that has happened and I must congratulate Italians, also Indians. I don't know how much Indians have contributed to that. But their music is there. And also the way you had the drama like professionals, very good drama and all the programs also very very good. Sicilians very very good with their music. I enjoyed that music very much. And also all other programs that you had of say Kuchipuri is amazing that people from western countries should do Kuchipuri so well. It's a very fast, very fast dance, very fast dance. And another did Bharatanatyam and all these things to be done by people from western countries is remarkable I think and so well. I mean I can't understand how

is the nucleus has shifted from India to western countries. Now our Indian girls are not learning these dances and you are becoming such experts. Something special is happening in the west I think that you all have picked up all these things. It's very creditable that you understand also Indian music because it's a very difficult thing to understand and to appreciate. And a new audience we have to prepare for this understanding of this music very important. In our country nowadays people are not so serious about classical music but if it goes back from western countries they'll start appreciating. So I hope you all have enjoyed all the music and everything and tomorrow is the puja. I think we can start at about seven tomorrow it's all right if you can all be awake. In the morning I would like to see about say twelve o'clock people whom I have to give some money and who I'll send word for them who have to see me. But otherwise Monday morning I'll be free if you want to come and see me. I hope you are all not very sleepy and you go and enjoy now. The morning is already there and the moon must be shining. The moon was on the ninth there was the Guru Puja really Guru Purnima but according to our convenience we have had this. I'm very happy really very happy because all these things are coming up at the end of the century. Now this picture you have shown here behind is the picture that this scientist has talked about that these are all the vibrations coming out of mother's body that she has infinite source she's the source of the divine and cosmic power she said so. But actually sitting in the heart of the universe is not this one is another one when in London they were singing the song sitting in the heart of the universe all kinds of all hearts you know all designs of heart came with light and that is what should have been under this or change the other one one of the two would be better idea. So I mean this also very unique that I met this scientist there and the scientist really I felt very shy about the whole thing he was describing me as the source of cosmic energy and he's verified it with all kinds of equations and geometry and also algebra which I have studied long time back but I was amazed at this man the way he reached the conclusion. Of course you know that but that if scientifically it is proved then we'll have no problem and this is a very big thing also this Guru Puja this has happened. So tomorrow we'll have the Puja about seven o'clock I'll be here. Thank you very much. Good night. Thank you. Mr. Middha from Austria. Can you please come to the stage? This is a question for the Italians. The dinner will be served in about 15 minutes in the usual place.

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This light is Shri Mataji's Dud projected by M. She mother is saying that we have all become one, totally integrated. As you know this was written by Namo deva about six hundred years ago, and even then He was asking the awakening of the mother Kundalini. Even today you're asking the awakening of the mother Kundalini. Yes, she mother. You know today's program with the abhanga Zohar. This has been composed by Santa Soka, Mirajee. You see in India we have different families for music, like kirana karana, Agra karana, all kinds of karanas we have. The specialty of Maharashtra is not a sandwich, it is the music that they sing in the dramas, in the plays you have heard her singing. So all the time the actor is standing and singing, actress is standing and singing, they have to remember by heart everything and it's a very fast number always. It's not easy to sing those songs, so I've requested her to at least sing one song from not a sangeet because that's the essence of Maharashtrian music. Sure I must remember and Rukmini's song.

Dear friends, I have no words in which I can express our thank you to Shri Mataji for giving us a chance to come here and perform on this auspicious occasion. I also render our thanks to the organizers for looking after us so well. Thank you once again.

After this great music program, I don't know what to say in words. But I must say they are all sahaja yogis. They have come to sahaja yoga. They have got their realization and all these great artists are now coming to sahaja yoga so easily. They are our family, and the closeness we feel for them you can see it in the music. Even if you don't understand the words, the way you see they penetrate into your being because they are sahaja yogis. Also the songs they have chosen were very remarkable and beautiful. I really don't know how to thank them, they are my children. I don't know what to say but the only thing I say is that you should continue with your music and all my blessings. Not only that, but I would do anything to spread this music all over the world. We have now such an audience, such a musical audience you can see that, and such a report was established. It shows that this divine music will be eternal and spreading all over. May God bless you all, the listeners and also the musicians.

I will ask the ninja to make way for the next artist. Shri Mataji wants to say something.

What a treat. I mean, you see these seem to be some very elderly musicians who are born again, no doubt. Even when they are playing, you know, they remind you of so many great artists I have heard about and also I have seen them, how seriously with what dignity they are playing at this young age. He's only 17 years of age, just imagine. And this is what I say, in this yoga bhumi of India such geniuses are going to be born, such prodigies. I told you I saw about ten children five to ten years of age singing, playing things. I was amazed. So we don't mind any population growth in India if such people are going to come. These are definitely prodigies no doubt, but they are great incarnations, I think. Otherwise at this young age, you see, such a difficult rock, as it is Indian music is so very difficult. And to master it, to compose it and to play it so beautifully is an impossible situation. How they have done it is all divine, and I think the Kutha Yuga is working so well that we are getting such children in this country. I wish every country gets such children. As to a mother it's a great Kautu, guys, you understand Kautu, so proud of my children, so beautiful. And I pray that in every country we should have such prodigies born. There are so many waiting to be born, you can see it in them that they are not children. They are grown-ups, very well developed and balanced, very dignified elderly people you see. So actually we have to bow to them, the way they are musicians. Tremendously all my best wishes to Dananjaya and I'm really amazed that is working. We have been seeing one better than the other but this one was really remarkable. May God bless you.

She is really known to be a very intelligent good girl, and I remember I went to her house, I remember the flat in which they were staying and she just asked me a question, I don't know if she remembers, she said, what should I do for life? I said for life, you should live. That's all. I mean the red tree, a very interesting story is asked as to how I came to know so Nana Angie. She had come to Nagpur and she had her batch mates in the income tax department, and the income tax department is ignorant as they are, they thought that Baba mama could accompany her on the tabla. And when I saw her I immediately knew that she is of the very top class and then I had requested Sandesh's father to accompany her and then there's another gentleman and for that, she has been so grateful to me for this little gesture, but I can tell you that I am a fan right from the day we met and I continue to be too, and I'm very proud to say so.

Thank you. Namaskar. It gives me great pleasure to get this opportunity to dance before her and such a wonderful audience. May I heartily congratulate you on this auspicious occasion. And may I also express my gratitude to you for giving me this opportunity and your blessings. I found your blessings. I began with a Vishnu bandhana. I would now like to do a few rhythmic patterns, Othan, Amal, Tore, Tukri in Kathak. Kathak, which was born in the temples of northern central India, is over 2,000 years old. The tradition of the Kathakars, namely the storytellers, is continued till today, whereby the reciters recited the story and narrated it through dance. That tradition still continues, where we dancers recite and dance, whether it's the rhythmic pattern or the expressional pieces. A few Othan, Amal, Tore, Tukri.

The Jhula, the swing, though of course it's not the mausam, the season for the swing, but nonetheless the bahar is there and hence the swing of the heart. It's a piece based on the pattern of the swing known as the Jhula parang. Footwork. A pattern of six in a rhythm of four. I cooled down and I did six, Shakil did a pattern of seven. I'd like to do that pattern of seven. There's a lot of spontaneity and upaj, creativity within the dance form. It has not been rehearsed, it has not been planned. So since Shakil answered my six with a seven, I would like to do the same seven with him.

I have specially drawn out one item for this evening. But before I do that, I would like to do one piece, an expression of peace, which is quite different from the one which I would like to dedicate to you. The piece that I would like to do before is on Yashodhara. This is a piece based on the feelings and life of Yashodhara, the wife of Lord Buddha. We all know about Lord Buddha, but how many of us have given a thought to his wife, Yashodhara, what she went through and her sacrifice? Prince Siddharth goes out into the kingdom where he sees the old man, the leper and the corpse, and he's filled with dismay. He decides to seek enlightenment by renouncing his home. He leaves his wife sleeping and goes out into the forest. When Yashodhara gets up in the morning and sees that Siddharth is not there, she looks for him in vain, and finally she tells her maid, "My friend, he could have told me before going." She says it's a matter of pride that he's gone to seek enlightenment, but the fact he left home without telling me, that has hurt me the most. She says, as the wife of Arashput, it is my duty to adorn him and send him to the

war front from when no one knows whether he'll return. My friend, if I can do that, don't you think I would have allowed him to go for meditation? Years pass and one day she hears that Buddha is returning home. Her heart fills with joy when she sees him at her doorstep. She says, but alas, Buddha stands before her, not as a husband, but as the holy man seeking arms. Yashodhara tells him that when you left home, I lost everything. I have nothing left with me except our little son, Rahul. She calls Rahul and donates him to his father as ours. Rudham Sharanam Gachabi. Yashodhara is left all alone after making this sacrifice. This is a piece taken from the epic of the same name written by our famous poet, Maithili Sharan Gaut. And it has been set to music by Pandit Jawala Prasad. Rudham Sharanam Gachabi. Buddha, Shatternam Gachabi. Thum Thum, Shatternam Gachabi. Samgam, Shatternam Gachabi.

Line up to the words above Saki vemujhe se kehe kal jate. Se dhethu samigai. Yeh gaurav ki vat. Par chori chori gay. Yeh bharavya ghat. Pranok kar name. Swainsa se jisikari ke charnome. Pritham kar pranok kar name. Jeeve jide niraname. Chatr tarang ke nate. Padharu bhavu bhavu ke bhagavan. Rakul me ri lajat tum mein. Aa bho aartu bhavan. Nate vijay hai yehi tumhari. Diya toh chikko gaurav bhari. Apnaai mujhe se lagunari. O Karima maha. Karira ka yeh kri patumhari. Mein padhu padum parihi wari. Jarnam ratu karikeye kari. Ashru karum abhupan padharu. Nini na hokopey. Nini na hi naari kabhi. Patilam kear. Adhiktum hitum harakar. Paala hai tum ne jise. Vaheevadukadharme. Krit krit huhi gopaa. Paaya yeh yog bhogya bhajatu. Aa rahul bhali bhita. Pudye pithasi Parampara padhu. Bhatam sharanam gacchami. Sakham sharanam gacchami. Pudham sharanam gacchami. Shirdharam Gachami. Mudram Shirdharam Gachami.

I would like to share one. When I was speaking to Aradhana and Sanjayji a short while ago, I wanted to do a special item this evening. I must say that I got initiated into the Sahaj Yoga that day. When they were explaining to me about the awakening of the Kundalini, and they showed me the diagram. Looking at the diagram, the concept of flute came into my mind. The two veins going up and the points in between were like the holes in the heart of the flute. Taking that as the inspiration and the balance between the left and the right, we thought of taking the balance of mankind. I have spread it out a little more. The flute is the symbol, that simple bamboo, from which emanates the purest of sound. It's like the voice coming from within the heart. And the balance that is to be maintained, we decided to take the Vaishnism and the Sufism philosophy and the balance between the two. Bihari, Surdas have talked about the flute. Maulana Jamaluddin Rumi has talked about the flute. Wherein he says, "Bishnu asni chu hai kaayat mi kunath as judayi hosh kaayat mi kunath." Listen to the plaintive notes of the flute, wailing the pangs of separation. "Seena kha him shere hai shere hai asfira, ta ba goyim shere hai dar de ishtia." May I apologize for my terrible Persian accent? I'm trying to speak the other way but of course it's a terrible accent but pardon. In which he says, that just like the heart of the flute is pierced, so is my heart pierced with the sound emanating from the flute. The same sentiment has been expressed by Surdas and Bihari. "Murli bhai ghan shaam tan manadhan. Abubakai tum dhoore karavati. Jaake basse bhai nandanandana." Rumi goes on to say, "Harkara jaama zesh ki chaak shud, Izo hirso jumla aibhi paak shud, shaad bash ishkush saudai ma, ita bhi bhi jumla illa thai ma." Where he says, that just as we remove our soiled clothes and clean ourselves, similarly the sound of the flute cleanses us of all our impurities. If this be my madness of love for the flute, then long live this madness of love for the pure sound of the flute which cleanses us of all our impurities. This idea of the flute came to me when I was talking to Aradhana ji and Sanjay ji and when they were explaining the whole concept of the awakening of the Kundalini and when I saw the diagram. I dedicate this to you, Mataji. Aradhana ji ishkush saudai ma, ita bhi jumla illa thai ma, shaad bash ishkush saudai ma, ita bhi jumla aibhi paak shud. Bhasuki bhasuri indri dhanushya chabi hoti.

Vishnu asane chum ikayat mikunat. Ayse jadai se oh, shikayat mikunat. Vena kahim sharai sharai azhifira. Mure le bhai karne shaam. Tan manan tanne. Abhavakkot tumen ture karavati. Jake bhase bhai nandenan tanne. Ese phage rehet hajasu. Sahil rati ke se tumanare. Sura shaam hai sabni bhi saari. O ka se yog jate bi saari. Ahe kare dhama jeshi. Jaka krishute. O zehir so jumaila e bhi bhakushte. Shat bhaje eishku kushu sadaima. Eeta bhi bhejunga. Ilate hai ma.

I'd now like to ask Tulsiji to say or Shakil Bhai to say a tukra or a parang which I do not know. This was a piece recited by Tulsiji which I have not heard before but it is about, the description is about Krishna on the banks of the Yamuna dancing. The Natak root of Krishna. I was wondering whether I should do a gat bha from the Mahabharata Draupadi Chirharat. We all are familiar with the story. I'd like to do a small gat bha, story being told without words only through the use of hand gestures, expressions and body movements. I don't think I'll repeat the story because I think all of you are familiar with it.

And for the finale, a bit of footwork. The sound of the thunder, the darkly clouds and the rain.

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Shri Rabindranath Tagore, he was a great seer and he saw the future and he described this meeting of ours in Ganpati Pulay. So he says, they will sing it in Bangla language but I am just translating, On the shores of Bharat where men of all races have come together, Bharat is India, away O my mind, standing here with outstretched arms, outstretched arms, I send My salutations to the God of humanity and in solemn chant sing His praises, at whose call no one's nose came floating streams of men and merged into the sea of Bharat. The Aryan, the non-Aryan, the Dravidians, the Hians, the Patans and the Mughals, they all have merged into one body. Today the West has opened its doors and from thence come gifts, giving and taking. See how it is described. All will be welcome on the shores of Bharat where men of all races have come together. In mad exultation, singing songs of victory, have they come, crossing deserts and mountains, they all dwell within Me and in My blood echo their varied melodies, O terrible one. Let the heavens resound with your music, even those whom in disdain we kept apart will gather round thee, O Bharat, where men of all races have come together. Here one day in the hearts of men the message of the one resounded in the file of the pasyias, all differences forgotten and the many forged into one. Round that fire of sacrifice we all have to meet with bowed heads and unite on the shores of Bharat where men of all races have come together. In that fire the bloodshot flame of suffering in aglow, O mind bear this suffering and hear the call of the one, conquer all shame, all fear and let all humiliations vanish. What great life will emerge at the end of the days of suffering. The night ends, the great Mother is awake. Now you see the way He described it, what we had to go through during slavery, that forget all that. At the end of the day of suffering the night ends, the great Mother is awake on the shores of Bharat where men of all races have come together. Come O Aryan and non-Aryan, Hindu and Muslim, come O English and you Christians, come O Brahmins, purify your mind and clasp the hands of all, come O downtrodden and let all hundreds of your humiliation vanish. Tarry not but come you all to anoint the Mother on the shores of Bharat where men of races have come together.

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Russians, I found them to be extremely open-hearted people, very open, very humble, extremely humble. And they didn't have all the conditionings we have in the so-called democracy. Because in democracy perhaps we had too much time to go on choosing things and discarding things and our ego was very much built up. And I'll do My level best to see that we come to Sahaja Yoga, we take people to Sahaja Yoga. But she thought that now it's a terminating point of communism and after this we have to jump into something higher and not into the same thing into which the democratic countries are existing somehow. I didn't tell her that how this catholic church has made slaves out of all the democratic countries and also other Christian churches have done it. They are not even aware, so many people are not even aware that they have become slaves of that. This, you see, I think in a way they are saved very much compared to other democratic people, very much saved from the conditionings, from the choices, from materialism, so many things they are saved that they, as soon as they saw Sahaja Yoga they jumped into it. That's why we have thousands and thousands of people there. Lenin also had said that he believed in a stateless state and that is the stateless state we are going to have now in Sahaja Yoga. Of course he could not explain what he was saying and moreover he was forced by his party to say things which were not his own, whatever it is. But spiritually they are going to be extremely strong and those who are spiritually strong are always blessed much more than anybody else. They are the people who can really lead the world one day in spirituality because our ego is too much. And this ego business has gone to such an extent that we don't even see how we are slave of that ego. Also how the one who pampers our ego, how he makes a slave out of us. Anybody who pampers our ego we feel we are very great. And we can never find out our faults once we start thinking we are something very great. That is what is exactly not there. They are so introspective, they are so humble. Even if I said you have achieved so much and they said Mother it's such a lot to be achieved. Anything you say to them, they are very humble people and their darkness whatever they may call it, but thank God they were protected. Also in the West as you see now, everything all enterprises they enter into is

self-destructive. All kinds of things that they are doing are nothing but self-destructive. Right from say pollution, right from the way they are now making the children here, making the social life, the family life, all in a mess. It's all devastating. And they are not aware of it, that's the best part of it. They are so egoistic that they are not aware of it. So we have to understand that this ego business which has crawled into the West is like a kind of a big detrimental, it's very detrimental to their spiritual growth. Now how to combat this ego? This only way is to raise their Kundalini. There is no other way out because unless and until you raise their Kundalini, how can you show that you have got ego? Then they'll come to Me and say, Mother my Agnya is catching, of course, but that's different. But this ego is, they will not see till they have got their realization. And the whole, I feel Russians are very wise people, this wisdom which is the blessings of Shri Ganesha. They too are having free love, they are allowed to have free love. But despite that, that's not their style of life. In their everyday life they are very family oriented, very faithful to their wives, faithful to their husbands. They are, this not become their lifestyle as it has become. They don't have these things so openly and they don't discuss things like this and they don't abuse their children, they don't have all these problems that we have here. So all our self-destructive things that came to us are coming from our ego, is our ego itself is killing us. What's wrong? What's wrong in getting AIDS? Nothing wrong. What's wrong in dying? Nothing wrong. What's wrong in suffering? Nothing wrong. Only thing is that it is stupid, that's all. And see, on the contrary is America. In America we have hardly hundred sahaja yogis altogether in the whole of that big thing. Now what is happening there? The other day I read there is a fire in the east coast. First they had a big earthquake, then they had a big riot. Now there is a fire burning which may go on till 11 days more and 65,000 acres of land is under, hectares of land is under fire, already finished. So the nature also, you see, strikes to make you learn. Now there's one big tornado which is still crawling up. It has finished one country, Morgan City, it's still crawling up. God knows it might go to New York or something, they are quite worried about. I was trying to avert it. They are showing it, moving like that. And already one typhoon has hit Miami. And you should see the pictures, I mean the whole thing is all on the ground. All that, Miami is finished. So now there are no sahaja yogis. If they were sahaja yogis it would never have happened. Always like this when they were big, these dinosaurs and all those big, big animals and they started destroying the smaller animals, it was hit by some sort of a steroid I think or maybe some sort of a star and they all were killed. All those big, big animals were killed and the smaller animals came up. So that is what it is, that nature will hit such people, first of all. If they don't learn lesson even after that, then this is the last judgment. India people have suffered a lot under domination of people like Stalin and communism also in a way. But still the way now the Western country is going to suffer, they have, I have no even imagination to think what sufferings are going to come. Because in this Kali Yuga now, this Krita Yuga has started. And the Krita Yuga has the speciality that you have to pay for what you have done. What you call is a karma phala, whatever you have done, the fruit of your karmas you have to do, that's why. Secondly it will expose all falsehood, Krita Yuga only. So all these people will be exposed. So many things happened since the Krita Yuga has started since My birth. In these seventy years you see how many things have happened in this world. Never in the history of this world so many things happened in such a short time. And everything is boiling up, coming up. We have to learn one thing from Russians is this, they are extremely sincere people. They are not materialistic at all, not selfish. What they want is nothing but ascent in Sahaja Yoga. When there was a coup I asked them, aren't you worried there's a coup in your country? No Mother, we are not in this country, we are in the Kingdom of God. They know they are in the Kingdom of God, but in the West not so. All the time they know they are in the Kingdom of God, they are just enjoying themselves. And this is what we Sahaja Yogis have to learn from them. I mean of course I don't know how they have recognized Me also, this shows their sensitivity to spirituality, that's all. Only by seeing My face they know I am something. And then after knowing Me or whatever it is coming to Sahaja Yoga, there's no doubt for them at all, it's so much identified. This is what we have to understand. And our styles are such that we never introspect. We should introspect. Are we doing something to pamper these entrepreneurs? I also heard surprisingly that because we lost this case, I mean you know that it was all wrong, it was no justice, nothing, but it was nice we lost the case. The lower courts were in the higher courts, we can fight it. Some Sahaja Yogis from Austria said that, you see we don't know what is it. When I heard this I said, now please tell them do you get out of Sahaja Yoga. There's no place in the heavens for such half-baked people. If you have no faith in yourself, better get out of it. You have no idea as to how much people have suffered in the name of God before. Even the Christians who were gnostics, they were tortured, they were beaten up, they were troubled so much, but they did not utter a word. You have seen the picture that day I showed you of Shankaracharya. If you say Sant Gyaneshwara, all of these saints have suffered so much, you have suffered nothing, but if you think that in Sahaja Yoga everything is going to be the bed of roses, not. If the magistrate is stupid, you can't help it. If there is no law in a place, you can never win. But it will show there is no law, there's no legal sense these people have. Then you have to fight for it, you have to find out. You are here to establish the truth. If there's untruth, because there is untruth and that is troubling you and if you want to think that Sahaja Yoga, how can it be, then all right. Sahaja Yoga is not meant for mediocre, neither for arrogant. It is not.

Somehow they'll all drop out. So be careful. What we need is quality, not quantity. But we have such a lot of quantity and quality in Russia and all these Eastern blocks. What we need are human beings and don't you think so? So all the Sahaja Yogis who are here from the West have to understand that you introspect yourself. Where were you and where have you come? Just now as he said, we were in darkness. They were in the darkness of the left side, you were in the darkness of the right side, of your ego. And an egoistic person will never introspect. So you have to find out what is wrong with us, what are we doing, are we all right or not. Because in Sahaja Yoga ascent is the only essence of Sahaj line. You have to rise higher and higher and higher and for that one has to introspect. Not to condemn oneself but introspect and see for yourself. I was really amazed but I tell you even Chinese are like that. I've seen Chinese, very humble, extremely humble people. Now their government is not all right. They're extremely humble people and if they take to Sahaja Yoga it will really become a great nation again. Both these countries are really remarkably very spiritual. They're very deep and they care for spirituality, nothing else. Of course there are people about thirty percent you can call of a very low level type as we have here also very. But the percentage of low level people is much more in the West than in all these countries where it was a community. We have not matured at all. Very few people have matured. Very few people are really seekers. Very few people are sincere. And now it is the testing ground. We have to see how far we can. Imagine in Talyati we have twenty two thousand Sahaj Yogis, very serious Sahaj Yogis. In the whole of Europe I don't think we have so many. So now for Sahaj Yogis it is important to work it out. The way they spread out. From Siberia people came to see Me. I was there for one day, from Siberia all the way. Thousands of My's they came to see Me. I was there only for one day. You can imagine what sort of a relationship they have with the Divine. With children, old ladies, they came all the way from Siberia. So now it is not that you have to spend time or you have to spend money, but what you have to do is to have a deeper and deeper understanding about Sahaja Yoga. Also that should not be an understanding which is mental, but in thoughtless awareness you have to just get into that deeper being where you understand that Sahaja Yoga is the only solution. Not only for you but for the whole world. And you are born at a time where it is really very dynamic, very dynamic time. And one has to work it out with that anger. All right? Part of tomorrow's lecture I have given today only. So give a hand to the Russians and to the Eastern world. I think it would be now cold enough for you people tomorrow to start the program early. It's already done now. You can start say, the musicians can come seven to nine, is it better? Or you'll have your food first and then come here. So you see we have got the children's program, this, that. So that will take at least two hours. So you'll first have their program and then Rajam's program. And after that we can have dinner. You are real sahaja yogis who are not bothered about food at all. May God bless you. We made some drink for the liver patient. It's very cold just now. I don't know if you'd like to take it or not. It should not harm your throat. All right, try. He's the... They have liked it. You want to have, you can have now only. It's an appetizer.

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Just now you have heard all these four artists. The first one is an Australian. I only know his surname but I don't know his name. What is his name? Nick. Nick. Right. So his name is Nick and I heard him before also but this instrument that he plays, I have never heard anybody play classical Indian music with that. I think must be very difficult to play with that particular saxophone that you have seen but how he's made it because Indian music is all melodious and it cannot be played in parts and I was amazed how he managed it and another thing which has really enamored me about him is this that my father had a great desire to spread our Indian classical music all over the world and he said if you spread this music then all kinds of music which are not music but are noises will vanish and so people should know this classical music then they can play any other music they want. His ambition was like that and I'm so happy that Baba Mama has started a beautiful academy, very beautiful land he has got in Nagpur and from that academy this gentleman Mr. Nick has come and in such a short time, so remarkable, he's a genius, must be something special, that in such a short time to play a raag like Jog is very good. Only great musicians play that I've seen that I heard Vilayat Khansa and also I've heard our, his debut as you have known him very well. So all these difficult ragas, I thought he'll play yaman or something like that but he's here he plays Jog and so well like any other great musician. Actually my eyes were filled with tears. I don't know what to say that I never knew this academy can produce such good artists and such good talent will be utilized. Is more creditable because he's not an Indian and in such a short time he has picked up this difficult music, it's really absolutely impossible feat and I have no words actually to describe My joy that one of the desires My father had is fulfilled. Now once we establish this academy many people will go I'm sure to it and will learn this. In that of course Guruji has helped a lot, Sandesh has helped a lot, Jain has helped, everybody has helped but still I must say is creditable to the talent. I



never knew Australians were that talented, they are, you will see their talent now, they are quite talented, I think it is still Ganesha's blessings on them that they are so talented. But this to play Indian music you see it's not a easy thing and it's remarkable. I don't know maybe My father's blessings are working or I don't know what's happening to this academy that's such a brilliant and such a beautiful, melodious rendering of this Jogaraga you have heard. I'm very grateful to him for really reproducing something that is an impossible feat. The second person for whom I have great love is as you know, is our little Dharanjaya. There is such a young boy and he is also I think he is a born genius, something like that. These days lots of prodigies are born, I think he is also a prodigy or something. He plays so well I mean to play this Raga in such a beautiful manner and this is a western instrument again to play on this western instrument. He really, if you know Vivaldi, if you have heard Vivaldi many a times it sounded like Vivaldi to Me. Do you think so? And this is something remarkable again at this young age. I don't know what to say but all My blessings and I take the bad eye from them. Nobody should do anything wrong to these boys. He couldn't come. It's a big story. He couldn't come. They said you pay no income tax. At this young age who can pay income tax in India and moreover he is the son of a farmer. In India farmers are not paying any income tax. So the Italians thought they are not paying income tax so how can they go? They might start working here or somewhere else. What was the idea? But thank God it came into My just into My own inspiration I felt I better tell Guido. And Guido knows somebody there luckily now. Anybody who doesn't get visas tell Guido for Italy because they are very troublesome. They have become very funny now all these Italians. I don't know but they have become quite funny and with they are coming only for two three days what is there to trouble them so much. So he went down and Guido had told somebody there whom he knows and they gave him the visa. So he came to the customs and the customs said why are you carrying this big instrument. They thought he is coming here to sell it to see. He said they see I am going for a program of Shri Mataji in India. He showed him the badge the customs know me there very well. They said all right go. But surprisingly here in Linatila, Alatmi, Linatila, Poonchai Airport, when he came here the airport authorities again objected to his carrying this instrument. Then he showed my badge and they said all right go. So I think now Sahaja Yoga is everywhere is acceptable at least in Italy it is now. That's a very great thing. There is something about Italians I felt always that they are very simple hearted people, good people and also something like Indians. You see their ways are different little bit but they can cheat as much as Indians can cheat. But Indian cheating is different and the Italian cheating is another style. But still I must say they are very sensitive to spirituality and they all have great love for Me. Madre all the time they say and they just I tell you I am surprised how they have accepted Me. This I can't expect from Germans. I can't expect this from English you see. I can't expect this from France of course no question. So the authorities also here are spiritual and surprisingly when I was coming from Russia in Moscow airport we met a very well known designer. They say he is the guru of designers and he just asked for his realization. Then another lady came she is very well known here she also asked for realization. Then another gentleman who was some sort of a minister or something he also asked for his realization. Can you imagine? In what country people can ask realization like this and now they are trying to contact us. So we are very well placed here in Italy I think and I feel quite safe with these people because they have respect for Mother. They have respect for children and that the Ganesha Puja should be here is a very very good thing because the respect for children is as much as in India maybe more. In this country you don't find funny things happening. So tomorrow again we'll have a nice session of Puja but Sandesh is the one I would say. Tomorrow I must thank him because I was thinking his hands would be bleeding now. We have known him very well and every time he plays something new he is working so hard and he has achieved such excellence. Now about Avi I don't know what to say because he is nothing but creativity personified. I don't know. Baba told me I don't know how he creates things, how it comes to him and such creation of this Raga is not so easy you know. It doesn't have so much expansion but the way he changed every time a new sort of a composition but they don't have anybody like Vivaldi or Valdi or anyone in front of them and the way he was really I tell you I don't know how to say but I'm so lucky that even in this country I can hear and enjoy such nice music and that you all are enjoying such nice music thanks to these four young people. Now because this was Ganesha's day we are celebrating here I thought we should get all young people who are not yet married but I'm told Avi is getting married so next day he will not come for Ganesha Puja but can come for another Puja and Sandesh I don't know why he doesn't want to get married. So it was not to be done by married people but Baba mama sent somebody from there to show what they have achieved and this Nick has married an Indian lady and that was really remarkable. So we all should give them a big, big, big hand. Now I'm sorry for this cold weather suddenly it has come I think with Russians I think. In Russia I was dressed up like an Eskimo all the time and this is very cold today but I think day time will be good tomorrow and also it might improve little bit. So one thing I have to explain because Michael Fogarty asked Me a question that what is the tradition is the classical music is first or the other thing is. We have changed it a little bit here. Why? Because they come out with very good films. Last time they showed us a very beautiful film and from America and all their programs were very good but they needed darkness. So we started their program after ten o'clock or

ten thirty because then we said all right the classical music we can have even in the day time doesn't matter so we change. But today is the other way round. Somebody came to see Me and I was delayed also and it became dark very fast so I don't know what to do now. You change according to the need and here it is I hope you people do not mind the second shift. One thing about classical music is that it does settle you down and to Me it's nice to have something classical first. Not all but little bit at least it helps us to meditate and to come to the proper mood. Today it was in this way and I hope you all enjoyed it very much. So now the second shift is there. There's going to be an interval for about five ten minutes and after that we'll start the second one and here is Alex who is going to do the job.

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With all this jubilation, such joy, that atmosphere. From so many nations you see people dancing with joy in the name of God, shows the future all over in the whole world, Sahaja Yoga is going to spread. Because we are all together here in pure love and pure joy, is such a dream of Mine coming through. Don't know, I am so overjoyed to see all these nations who have joined together. They, I don't know how to say their efforts, have really created blossoms and blossoms of beauty and joy. I bless you all with My heart. Keep on, keep on moving, having faith in yourself, in your Self-realization. That's how we are going to progress. Tomorrow is a great day, we are going to celebrate Shri Ganesha's puja. And I was thinking, the better have it earlier because it's such, I don't know why the evening has become so cold, I think, must be Shri Ganesha's cold is blowing all over, can't explain. But we could have it earlier so that you don't suffer from this cold during puja time. It can be even worse, Me sitting there emitting all the vibrations, I don't know what would happen. So I would request all of you to tomorrow enjoy the morning nicely and about one o'clock we'll start the puja. It's not a very long puja because only Shri Ganesha's puja it is, so it's not going to be very long. I think, I don't know whom to thank because you people have done so well, all of you, all of you. I never expected all that. So beautifully everything arranged, organized. I never felt, at least I never felt it was night and I'm sure you all enjoyed it. May God bless you, may God bless you, thank you very much. All the best for Iran also I'm saying.

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So, Sri Mataji, on behalf of all the Sahaja Yogis, I'd like to welcome you here amongst us. And on behalf of the English, I'd like to welcome all the Sahaja Yogis here. The first offering that we have for you, Sri Mataji, is a dance which illustrates the chakras and the kundalini rising through the chakras. The first if you have them for holy alms, the blessings of old band of gold. Fourth offers food to your devotees as they worship their innocent Lord. The second offering is a dance which illustrates the chakras and the kundalini rising through the chakras. This is our faith and with this faith we will be able to transform the jangling discords and the mournful of the holy spirit.

I don't know what will happen now. We've got some difficult days ahead but it doesn't matter with me now because I've been to the mountain top and I don't mind. Like anybody, I would like to live a long life. Longevity has its place, but I'm not concerned about that just now. I just want to do God's will. And He's allowed me to go up to the mountain. And I've looked over and I've seen the promised land. I may not get there with you, but I want you to know tonight that we as a people will get to the promised land. And I'm happy tonight. I'm not worried about anything. I'm not fearing any man. My eyes have seen the glory and the coming of the Lord.

Our Father, friendships full, bloods lost, who art in heaven, joy of tears, old fears, hallowed be thy name. Number day, summer hay, thy kingdom come. Misty morn, frosty dawn, thy will be done. Trains are laid, favorite happen, on earth as it is in heaven. Give us this day our daily bread, lost jobs, unloved boys. And forgive us our trespasses, angry mouths, and bitter thoughts, as we forgive those, bad TV and video, who trespass against us. Slot machines, dirty roads, lead us not into temptation, hot and tired, our makeup off, but deliver us from evil. Virgin sighs, the harlots curse, for thine is the kingdom, a sweet soul with a strong mind, the power and the glory, calling out to the night, forever and ever, searching for His mother's love. Amen. As William Blake said, I give you the end of a golden string. Only wind it into a ball. It will lead you in at heaven's gate, built in Jerusalem's wall. Amen.

The birth of Ganesha. No suspicion need be entertained. The timely arrival of Shiva in the midst of her bath stood up surprised, being bashful modesty itself. And because of this, the Goddess decided that her friend's suggestion we would be conducive to her good. She Parvati, the great Maya, thus thought, There must certainly be a servant of my own who will be expert in his duties. He must not stray from my orders even a speck. Thinking thus, the Goddess created a person with all the characteristics out of the dust from her body. He was totally spotless, handsome, huge in size, and had all brilliance, strength and valour. For he was Sri Ganesha. She gave him various clothes and ornaments, blessed him with benediction, and was pleased, saying to him, the one who is the soul of all. Ganesha, you are my son, my very own. There is none else to call my own.

Thus addressed, he bowed his head and said, What is your order, O great mother? I shall accomplish whatever you command. Oh handsome son, listen to my words. Work as my gatekeeper from today. You are my son, my own. There is none else who belongs to me. Good son, from today, without my permission, no one by any means shall intrude on my apartments. This is my desire. Saying this, she gave him a hard stick to defend himself with. She was delighted with his immaculate features, and out of love and joy she embraced and kissed him, placing him armed with his staff at the entrance to her door as her gatekeeper. Knowing thus that a son of great heroic power would not waver from his duty, he could relax and begin to take a bath unworried.

O excellent ones, at this very moment, Shiva, the great Lord himself, the soul of the universe, came near her door. Not knowing he was Lord Shiva and the consort of Parvati, Ganesha said, Oh sir, without my mother's permission you cannot enter into her apartment. My mother is luminous like this moon and effulgent like the sun. She has entered her bath. You must therefore leave. Who is this boy lost in the goddess's darshan? Foolish fellow. Do you know whom you are forbidding? O wicked knave, do you know who I am? I am Shiva, the witness of the universe and the very heart of the mother. None else. Ganesha was unperturbed by these words, and by forming his duty he lifted his staff and beat Shiva for not moving. This, in turn, infuriated Shiva. You are a fool. Do you not realize who I am? I am Parvati's husband. Why do you dare forbid me go into my own home? O great Lord Shiva of matted hair and flowery eyes, do not try a second time to enter this house. This time I will get angry and I will strike you again with my staff. Shiva roared in disbelief at the situation. Strike me? Who is this fellow dares to strike me? Be warned, young man. I cannot believe his impudence. Ganas, find out who this lotus-eyed one is. I had better leave before my anger reduces him to ashes. We will deal with him soon.

Immediately the servants of Shiva followed his bidding and went up to question this powerful one guarding Shipava at his door. You there, boy. From whence do you come and what do you propose to do here? Guarding our mistress's door. What a liberty. If you have any sense left or any desire to remain alive, you'd better leave and quickly. O handsome fellows, the question is, who are you? And from whence did you come? Because wherever it was, you had better return, for no one will stand in opposition to me, Ganesha, guarding my mother's house. Listen, O fearless one, we are the ganas of Shiva. We are his doorkeepers. We've come to throw you out at the bidding of Lord Shiva, the supporter of all living things. But considering you are as one of the ganas, we're not going to kill you. Otherwise you'd already be dead. So better leave now while you still can and stop flirting with death. But the son of Parvati stood firm, not moving an inch, totally fearless. His form the manifestation of existence, knowledge and bliss.

The ganas of Shiva were helpless. They returned to Shiva, who grew angrier still. Who is this fellow? Why does he stand as doorkeeper to Parvati as if he were our enemy? Certainly this wicked knave wants to die. And you, ganas, why do you stand here helplessly, as if bereft of spirit, and complain to me about him? Go, throw him out! Thus commanded by Lord Shiva, the object of all meditation, the ganas returned to the place a second time and spoke to the doorkeeper. Why do you stay? Are you not but a jackal sitting on a lion's seat wishing for happiness? Oh fool, you will roar only as long as you do not feel the brunt of our attack. If you wish to stay alive, stand aside or fall forever now from grace. I am the son of the mother, so be warned, or I shall give you a foretaste of my valor, and it'll be you who will be the laughing stock, not me.

The ganas were amazed at Ganesh's powerful speech. They did not know what was to be done. They returned again to Shiva. What shall we do, O great Lord? This boy seems to be the personification of righteousness itself. Should we still act? Bounds of decency are observed by us. What should be done? So you return again, impudent wretches. You profess to be heroic, but you are not so. You are unfit to stand before me and speak. Go, and beat him. Go. Do not be scared of mere words. You must be

driven away. I will speak no more.

When Shiva's ganas heard these words, they were filled with indignation. Listen there, boy. Arrogant knave, go from here immediately. If not, your death is certain. In the meantime, the goddess heard the noise of the wrangle outside between the ganas and her son, and instructed her maidservant and friend to find out what was happening. The friend went to the door, and in a moment she understood the whole matter. O greater goddess, the heroic ganas of Shiva are taunting and rebuking your very own son Ganesha, who is a god in your door. As it is, they can only enter by conquering your son, and not otherwise. And by them attacking your very own gana, it amounts to you being taunted. Poverty, the mirror of divine contemplation, thus spoke. Alas, Shiva and his ganas cannot wait even a moment, and they try to force their way in. What should be done now? Shall I adopt a humble attitude, being subservient to Shiva's wish? What is to happen shall happen. What is done cannot be altered. Tell Ganesha, let your duty be done. Let them not enter forcefully. What are they? What are these ganas before you? Can they ever beat a person like you? Tell him.

On hearing these words from the friend of his mother, Ganesha became highly delighted, strengthened and lifted up. Girding up his loins, tying his turban firmly, and clapping his calves and thighs, he spoke fearlessly to all the ganas present. You say you are the gatekeepers? How is this so? You are standing there, and I am standing here. This is certain. Therefore, I am the only gatekeeper. When it is certain that you are standing here and I am standing there, then you may carry out the orders of Shiva. Until then, I must carry out the orders of Sri Parvati. Hence, O ganas of Shiva, you will not enter the apartment either forcefully or humbly. After all, I must do my duty, for I am the sun with the flower that never fades, the living light of the heavens, and the giver of life to the whole universe. You are the ganas of Shiva, the origin of self, the origin of the firmament and the great destroyer. Both of us are thus equal. Hence, we must both perform our own duties.

Once again, the ganas became ashamed. How could they battle with Parvati's immaculate son? They went to Shiva, and after bowing to him, stood in front of him and informed him of what had occurred. What can we do, O radiant one? O soul of your devotees of never-failing punishment! O ganas! Ganas! Enough of this! Battle may not be the proper course, but if we are going to be humbled, there will be rumors. If Shiva is subservient to his wife, this cannot be. You are my own. He is her own, but a mere boy, and he is standing against me. This cannot be! You, ganas, reputed experts in warfare the whole world over, must defend our honor. How can you thus demean yourselves in me by letting this boy conquer you with words alone? How can this woman be so obdurate, so stubborn, especially with her husband? Parvati will certainly derive the fruit of what she has done. Thus, what is in store shall happen. Therefore, this war must be fought.

After saying this, a primordial, immutable yogi, Lord Shiva, wearing his tiger hide and holding his mighty bow, became silent and dissolved into his own consciousness to witness his divine play. His ganas grinded their teeth in resolution and advanced towards this mere boy. Welcome, servants of Shiva. I, only one, and a mere boy, am ready. Let the goddess see the strength of her son. No one in the three worlds can ward it off, so let battle commence. We have been taunted and rebuked enough. Now, servants of Shiva, rush at Ganesha with all your weapons displayed for his destruction. Charge at him and remove this arrogant knave once and for all. Enough words. Destroy! Never! Let the power of the holy mother flow through my chakras, for only I am the eternal gatekeeper. I am like the light of the sun that can never be darkened by mere shadows. Your defeat is certain.

Nandin came first and caught hold of Ganesha's leg, pulling hard. Brighu then rushed at his other leg, but Ganesha was far too quick. Off, you foolish scanners. Ha ha! With one blow of my club. Ha! I crush your hands and break free. Ganesha wields his weapon like thunder, roaring in defiance, ploughing through my ganas like knife through butter. They fall to the ground in front of him in disarray. Our ganas are falling like flies being swatted. They fall on the ground. They run in all directions, with feet fractured and backs broken and heads shattered. He is like the annihilator of all in the form of death at the end of a kalpa. The three worlds trembled at this battle as the weapons were fired at Ganesha who either pulverized them into dust by the flaying of his club or returned them with double strength.

Some of the gods began to worry. Brahma's lifespan is not yet complete, but the whole universe is undergoing untimely destruction. Can this really be Shiva's wish? The noise of the battle pervades the three worlds. I am the goddess, the power of all. I cannot believe Shiva is trying to destroy my son. Now, two great Shaktis awaken. One assume a terrifying form. Open your

mouth as wide as the caverns of a black mountain. The other assume the form of lightning, wearing many arms, huge and terrible, ready to punish you all. In your mouths, you will catch the weapons hurled at Ganesha and spit them out to the terrified ganas. And so it happened. With these Shaktis protecting Ganesha, not one weapon came anywhere near him, the hero of the hour, as he seemed to stir and churn the vast army of Shiva in the same manner as a great mountain churning the ocean of milk.

The great army became agitated and distressed, gasping for breath and shaken by the boys' blows. They gathered together and spoke to one another. What shall be done? The ten directions have become invisible for the whirling of his iron club. Never has such a battle been witnessed. The earth with all its oceans quake, mountains fall down with fury, the sky whirls with planets and stars, everything is shaken. Some of the gods fly from this boy incarnation. Lord Shiva, saviour of all the world, only you can restore our dignity from this disgrace. Lord of gods, Lord of the dance, Lord of the mountains, Lord of all, the arrogance of the ganas has been removed by you. The impudence of the gods thus also has been removed by your giving this great strength to Ganesha. O Lord Shiva, full of nectar, occupying the lotus of the heart, honour your own gods and ganas suitably, make them flourish, to not indulge in your own sport of play, but destroy Ganesha in this drama of yours. Again, the army moved on Ganesha, as if in reverent worship by the multitude, but battle again was to commence. And like the very heart of the earth exploding in terror at this Holocaust, the battle that ensued was terrible.

Shiva became worried. Ganesha explodes in wrath, like lightning striking all who come near. He has been conferred with even greater strength by these two shaktis. All the gods, including Vishnu, are hit by him. The strength of my army pours down on him like a mighty waterfall crashing to the ground below it. But all in vain. The army is being sapped of its strength. He is of Tamasika nature and inaccessible. Without deception he cannot be killed. Vishnu, cause him delusion, then I will kill him! The infuriated Shiva takes up his trident and advances toward Ganesha, but the son of Parvati, remembering the lotus-like feet of his mother, strikes the Lord with his hands. Shiva's trident falls to the ground. The Supreme Lord takes up his bow. Pinaka, Ganesha, like fury, fells that to the ground also with his great iron club. Shiva, who has manifested in his ten-armed form, seems to reel as five of his hands are struck. But now he takes up his trident with the other five, his pure attention ready and waiting for the right moment to kill Ganesha. He is blessed. He is the greatest of heroes, of great strength, of great valor. Many gods and great warriors I have seen in the extent of the entire three worlds. None of them are equal to him in brilliance.

Now, Ganesha, son of the great Shakti, whirls the iron club at Vishnu and he splits it in twain. Ganesha, picking up a piece of the club, throws this at also at Vishnu. But Garuda, the mighty eagle and vehicle of Vishnu, catches this in his mouth and renders it useless. Thus, for a long time the two heroes, Vishnu and Ganesha, fought with each other and many with the tales told and songs sung hereafter of these two heroes of great valor. But finally, after terrible fighting that seemed to last an eternity, Vishnu was struck and fell to the ground stunned. And so it happened. While Ganesha was occupied with the great Lord Vishnu, Sri Shiva, the three-eyed one who pervades the entire universe, took this opportunity. And with his trident that seemed to explode like thunder from the heavens, he severed off Ganesha's head. A great stillness enveloped the assembly. The great army stood still. Slowly, cheers were heard. Then jubilation took hold like a fever, even as the great Shiva became sorry for what he had done.

But the news of the defeated Ganesha and the manner in which it was achieved was sent to Parvati, the great goddess, the bride of Shiva. And on hearing the news, she grew pale with anger. How can this be? What should I do? Where shall I go? What great misery has befallen me? My son has been killed by the gods and ganas. The end is near for them. I will destroy them all. I will create the great deluge before the end of time. Lamenting thus, the great goddess of all the worlds created in a moment hundreds and thousands of shaktas of all shapes and sizes. Beautiful, terrible, handsome, frightful. They bowed into devotion to their great mother, the mother of the universe, as she blazed like the shining of a thousand suns. O shaktas, O goddesses, now a great deluge shall be created by you at my bidding. You must not hesitate in this regard. Friends, devour forcefully all you see. Sages, gods, yaksas, raksas, all you see.

On being commanded by her, these furious shaktas erupted into the sky like sparks from a furnace. But these sparks glowed ever brighter with anger and grew in strength as they enveloped the skies, hungry for revenge. And on seeing the gods and ganas congregated in celebration, they tore into them. And just as fire consumes dry grass, the wrath of the shaktas began destroying all that they could. Within moments, a sea of blood swamped the land as arms and legs were hacked off by these many-henned and limbed creatures. Wherever the gods looked, these shaktas were present in hellish form, humpbacked, tall-headed, lame,

terrifying. These shaktas took out the gods in their hands and threw them into their open mouths. It seemed to Shiva, Vishnu, and Brahma that the dissolution of the universe had already begun and the world would soon be destroyed. When Sri Parvati is in a fiery rage, none dare to stand up to her power for unseeing the great mother's dazzling brilliance, burning all around, all her frightened. Even our great lord, whose delusion itself seems distressed like an ordinary man. What is to be done? As long as the goddess Parvati does not favor us, there will be no happiness. No suspicion may be entertained in this matter. We must go therefore and try to appease her anger. Each of us must worship the goddess in our hearts. We must approach her and bow to her lotus feet. For she is pure forgiveness.

O mother of the universe, obeisance to you. Obeisance to you again and again. To you, O Chandika, obeisance to you, O Kalyani. Mother, you alone are the primordial Shakti, the eternal cause of creation, the sustaining power, and the eternal cause of the solution. Queen of the universe, you are its guardian. In the form of the universe, you are its receptacle. You are worshipped by all the gods, and those who are devoted to you themselves become supporters of the universe. We prostrate at your feet. You are our mother. You are our father. You are mercy. You are everything. Restore of eternal bliss. Giver of boons on the one hand and fearlessness on the other. Ocean of beauty and destroyer of all sins. Mother, please forgive us. Be pleased with our worship. Spread peace in the world and peace within us, for you are the peace within us. You are the life within us. You are our consciousness and our pure desire. You are the silence within. And mother, you are forgiveness. Sri Mahalakshmi, Maha Saraswati, Mahakali. Manifesting for your children as the past, the present, and the future, so that creation may exist and evolve within. Forgive us for our delusion, for verily you are the great illusion. And at the end of time, you will come with all your powers in the pure form, your nirmala form, and give emancipation to the whole world, and therefore meaning to itself. Can this still be if the end is so near? Oh mother, beginning, middle, and end of all, the question and the answer. Mother, you who are everything, forgive us. The three worlds are agitated by your fury. And it seems as if the emancipation of the world at the end of the Kali Yuga is not going to happen. The Lord is standing here, witness of his creation. But you are his power and we are the manifestation of his desire to bow to your lotus feet. What are the gods? Vishnu, Brahma, and the others, but your subjects? We stand here with palms joined together in reverence. Salutations to you.

On hearing these words, she Parvati was pleased and replied to her children with her mind full of compassion. If my son regains life, there will not be any further annihilation. If you can arrange for him an honorable status and position amongst you as the chief of the Ganas, there may be peace in the world. When the gods and Ganas heard these words spoken by their mother, tears filled their eyes. Chaitanya poured out of their hearts with love for their mother. Shiva smiled. His body glowed with pride. Surely she is my heart. For she is the manifestation of compassion, love, and forgiveness. And by her maya, she is the supreme creator of illusion and confusion, even to the greatest of gods. We must give life back to Sri Ganesha. It must be done accordingly to bring peace over all the worlds. Bring the headless body of Ganesha and wash it well. Then go north and whatever person or animal you meet, cut off its head and fit it to the body. They carried out Shiva's behest and acted accordingly, bowing graciously to the body of Sri Ganesha. They traveled north and the first animal they met was a single-toothed elephant. Cutting off its head, they returned to Sadashiva and fixed the elephant head onto Sri Ganesha's body. What has been ordered by you has been carried out. Let the task left incomplete be done by you. We bow in devotion to you, Lord Shiva, the heart of our mother and the witness of her play. For since we are all born out of your brilliant energy, let that energy awaken, Sri Ganesha.

Saying so, they jointly sprinkled the holy water and evoked by the recitation of the Vedic mantra. The boy was immediately resuscitated back to life. O holy ones, on seeing this, all rejoiced and the misery ended. She, Parvati, on seeing her son burst with joy and love, filling the quarters of the universe, the three worlds and all her creation with pride and happiness. The reborn child hugged his mother, tears of love filling his eyes, his heart dancing with the miracle of life and total worship for his mother. She, Parvati, turned to him and said, O my dear son, you have had great traumas since your very birth. You are blessed and contented now, for you will receive worship before all the gods. You will be free from distress. Vermilion is visible on your face now. Hence you will be worshipped with vermilion by all men always. All achievements will certainly accrue to him who performs your worship and all obstacles will certainly perish.

Ganesha glowed with satisfaction, stretched his elephant ears and swung his trunk with joy. She, Parvati, worshipped her son once more and by her blessings instantly peace reigned. Sadashiva devoutly came near his wife and placed the boy, Sri Ganesha, in her lap for the happiness of all three worlds. This truly is my son. Ganesha reverently bowed his head to his father, then to his

mother, his eyes as the sun and the moon were pools of bliss and happiness. The three wise kings, Shiva, Vishnu and Brahma, then granted Ganesha various boons and said to all assembled, O great gods, ganas and all who hear these words, just as we three are worshipped in all the myriads of all the universes, so will Ganesha be worshipped by all of you. We are the offspring of primordial nature. He is the same and hence shall be worshipped by all the gods. May we worship and love our mother, the heart and purity of all. You are the force that creates, the energy that pervades and the spirit that protects. And those who seek union with God pray through you, for you are our eternal self. Cause of the world, greatest of all yogis, eternally worshipped by the yogis, obeisance to you the primordial being, obeisance to you Omkara. My son, born in the primordial cosmic egg, you are the alpha and the omega. You will be foretold by prophets and herald the golden age of the comforter of the mother. For you are Shri Kalki and at the end of time you will ride the white horse, obeisance to you. I am pleased, there is no doubt. And when I am pleased, the whole universe is pleased. Since you showed great valour as Parvati's gatekeeper, you will always remain brilliant and happy. He who performs worship unto his ability with faith shall derive the fruit of all his pure desires. Thus I have spoken. Thus it will be.

All bowed down to Ganesha, who smiled, radiating love. His big belly swirled with pride and it seemed as though the whole creation worshipped his feet. Those lotus feet, that just the dust from them could create universes. O holy ones listening to this story, how can it be described in words the sheer delight of Shri Parvati? For what greater joy can there be for a mother than to see her children happy and contented? The divine drums were sounded, celestial damsels danced, flowers were shouted down upon them. The whole universe was at peace. Having thus narrated the story of Shiva and Parvati, along with that of Shri Ganesh with reverence, whosoever hears this narrative auspiciously and with a pure heart shall have everything. All will become free of sin and all negativity will be washed away. It is the enhancer of happiness and conducive to the attainment of heaven on earth. It confers salvation and reveals Shiva's principles. It is pleasing to both Shiva and Parvati and increases devotion and identity with Shiva. This beautiful story will always be heard by devotees who seek liberation and freedom from worldly desires. Om Shri Ganesh Nama, we bow to the lotus feet of the manifestation of innocence and purity. Om Shri Shiva Nama, we bow to the lotus feet of Lord God Almighty, the eternal witness of all. Om Shri Parvati Nama, we bow to the lotus feet of our mother, Shri Adi Shakti, the immaculate desire of God Almighty, the holy mother, the comforter, the all powerful, the pure goddess Shri Nirmala Devi, from which all things emanate. And by Shri Ganesh's grace we ask that He remove all obstacles so that we may dwell forever at her lotus feet in the heart of the universe, in the heart of Sadashiva, Lord God Almighty.

My flower children, you are angry with life. Like small children whose mother is lost in darkness, you sulk, expressing despair at the fruitless end of your journey. You wear ugliness to discover beauty. You name everything false in the name of truth. You drain out emotions to fill the cup of love. My sweet children, my darling, how can you get peace by waging war with yourself, with your being, with joy itself? Enough for your efforts of renunciation, the artificial mask of consolation. Now rest in the petals of the lotus flower, in the lap of your gracious mother. I will adorn your life with beautiful blossoms and fill your moments with joyful fragrance. I will anoint your head with divine love, for I cannot bear your torture anymore. Let me engulf you in the ocean of joy, so you lose your being in the greater one who is smiling in your calyx of self, secretly hidden to tease you all the while. Be aware and you will find Him vibrating your every fiber with blissful joy, covering the whole universe with light.

Shri Parvati, Shri Mataji, Shri Adi Shakti, you who are our very soul, please let us, your children, be your ganas so that we may serve you, so that the whole of creation may fulfill its destiny and see and become the vision of heaven on earth that you have given us. Shri Adi Shakti Mataji, Shri Nirmala Devi Namoh Mataji.

The people who are standing on this side, there should be room over here, so if you can come around, there should be space for you to sit. Don't go outside, come around the back of the tent, inside the tent, or possibly behind the stage. Also if Paul Francis is here, could he come and speak to me please? Shri Mataji is suggesting that the children who are crying or small children could be taken to sleep now because the music program is going to start and it will perhaps gone for some hours.

This beautiful, supreme performance, it will be hard for any artist to perform before you. Anyway, we have tonight an artist from Napoli. And she was performing in contemporary dance and recently she was in Benares, in Benares University, for about four years, sponsored by the Indian government. And she has been learning Bharatanatyam. Her guru is Shri Premananda Ombal, who was the disciple of Rumi Nidevi Arundale. And she is here tonight just to seek your blessing, the blessing of Shri Saraswati

herself. We have now Swabina Rapana. Thank you.

At the basis of Indian dance is the manifestation of Lord Shiva in the form of Nataraja, the Lord of the dance. His dance symbolizes the creation and destruction of the universe. The little drum called Damaru, which Lord Shiva holds in his right hand, gave the first rhythm to the universe when it was still immersed in chaos. And when his body started to move, the earth took form, the oceans parted, the forests grew, and from the center of his left hand a flame burned, symbolizing that always present in the flow of the life is the power of destruction. The other two hands are extended towards man, saying through the symbolic language of movement, the first words to humanity, do not fear, for I am with you. In the Natya Shastra, it tells how Lord Brahma, the creator, gave the gift of dance to humanity, and that the creation of the dance was the result of the prayers of the guardians of the world, asking for liberation of humanity, liberation from vulgarity, from the ego, and from the lower passions. For the Indian culture, the dance, like every form of art, is a divine expression whose medium is the physical body. When the theme, the music, the costumes, and the presentation are pure and elevated, the dance will sublimate the emotions, lifting the artist and the audience to a higher level.

The program will start with a traditional invocation to Lord Ganesha. Then is the dance, Alaripu, in which the dancer surrenders herself to the supreme God. In the Alaripu, which means blossoming, the dancer slowly opens herself like the bud of a flower. Starting from the sama, the position of the bronze statues in the temples, she slowly wakes up and starts moving eyes, neck, arms, feet, and hands. The Anjali Hastas, when their hands are joined as for prayer, are full of significance. When they are above the head, it is a supplication to God. On the forehead or on the chest, it means salutations to the guru and to the audience.

The next item is called the Asta Padi, a poem taken from the Gita Govinda, which tells of the divine love between Krishna and Radha. In Indian culture, the dance of Krishna with Radha and the gopis represents the eternal desire of the soul to be united with God. Krishna, in this moment, he is so beautiful. With the gopis, he holds in dance. And many, many gopis are all around him. Come and see, O Gopi, how radiant he is while dancing. Come and see, O bashful lady, he has a luminous aura around his head while he plays the flute and dances. Come quickly, there are the gopis, all with garlands, and he plays and the gopis dance. Sandal paste is on his body. When there is lightning and the sky is full of dark clouds, like this is his body. Of a wonderful fabric is his yellow dress, and a garland of flowers hangs on his neck. While he dances, the pearls of his earrings swing. Between his cheeks, there opens a beautiful smile, very captivating. One gopi, with beautiful eyebrows and moving eyes, while she dances, she pauses, immobilized at the vision of him. And something very deep in her heart takes her to ecstasy. And like this, she enters meditation. The beautiful, the bashful lady, so much. Krishna, the demon maddow has destroyed. Krishna with beautiful countenance, like a lotus flower, come and see.

Now we present Kalyani Jathisvaram. It is a pure dance where the dancer describes intricate permutations and combinations of steps and movements on the rhythm of the Mrindangam. Niropa Dhamma Gedin Jathisvaram.

Now we present the Todaya Mangalam in which I describe the different avatars of Lord Vishnu, praising Him as Sri Rama, as Lord Krishna, as Narasimha and Venkateshwara. Victory to you, of Sita, you are the husband. Victory to you, also the demon Vibhishana, he bowed in prayer to you. Victory to you, like a lotus flower are your feet that I adore. I pray to you, the one who has immense compassion. Praising you is even the God Indra, please protect me. Oh you who of Sita are the husband, protect me. The evil aspects of ego you have destroyed. Oh hero of the mountain Viyankata. Oh Lord Rama with your bow. Oh God with the third eye of emerald, in humility I bow to you. The demons you have destroyed and Mount Makunda you have lifted up. Oh Hari who flies on the bird Garuda, from your navel grows the lotus flower. From here the God Brahma is born. Oh perfect soul, who destroyed the pains of the world, Krishna, Narasimha, the lion headed. Oh Narayana who sleeps on the ocean of milk, glory to you. Also the wise of the gods Narada have sounded your glory. Also I play and sing for you. They pray all together, the gods at your lotus feet. Oh you of the Viyankata mountain, you are the hero. Oh Narayana, I offer to you my devotion. Oh Vishnu, glory to you. Many demons you destroyed. Oh Krishna who drives the cows, I bow to you.

The final number is a dance of pure joy called Tilana, with a very intricate rhythm and beautiful sculptural poses. This particular dance was composed and choreographed by Rukmini Devi Arandale, a very famous dancer, and it is dedicated to Kamakshi, an aspect of the Devi that is particularly worshipped in Kanchipuram in South India. And the song is called Tum Tum.



Shri Mataji: I must say it was a real treat and what a joyful event to see a girl from Napoli going down to Benaras and to learn this is the very difficult dance. My daughters used to do this dancing so I know a lot about it and one has to practice so much before coming to the stage every action she did very meticulously, perfectly, absolutely as it should be. As if she had all the background of Indian culture and Indian mythology. It's very difficult because see to put up all these expressions, extremely difficult for a girl who is from Italy I can't understand. I must say I must at least learn Italian language minimum of minimum. In Kanchipuram is actually on the style of Tylana they call it and the Tylana is a style which went from the north to the south on basis of Tarana as we must have heard of Tarana played by, sung by many people. And it was surprising Shivaji's younger brother Sajidaw was given a part of Naga Patnam and areas around it where he developed this dancing style of Bharatanatyam quite a lot. And there he introduced this style of Tarana which is more on Kathak we can say also on the Tarana style of music with the dancing which was very much Bharatanatyam.

Now you must have seen in Bharatanatyam the difficulty is that they dance with both the knees bent. So it's quite a difficult dance but the most surprising thing for Me was a girl from Italy could pick up all these little, little expressions. I mean these are very Indian expressions of Indian women and the culture is all right because we know all this but for her here I mean what I see is so, so horrible absolutely certain things that I am shocked the way women are developing here into funny type of exposures and all that and from this culture to that culture to go and learn all these things is really very, very remarkable and I don't know. One day may come when your children here may learn this dancing from her and maybe from through that they will understand the beauty is not in showing off the body but in showing the art through your body and dedication to God. This is very strenuous dance and the way she has done it is really I don't know how to say it was too much to believe that she is from Italy, from Napoli. Even her smile was absolutely Indian smile I tell you. May God bless her.

Also I must say the English showed such nice talent of their dancing and we all enjoyed it thoroughly. It was very well composed, beautifully done and also bringing the western music combined with eastern rhythm was something great. Of course William Blake is the real hero of England. I think his wishes are going to be fulfilled very soon now and we can see that happening in England. Moreover the drama was also another very remarkable thing and the acting was very good. I must say I was really surprised how many talented people we have and how much they know about drama. Maybe next time they may not need any papers to read. They can just act without any papers. I'm sure they are so capable, so talented but such long, long sentences naturally you see they have to have something to prompt them. I really enjoyed it the way it was said and done and with all the different moods they created. We have such a lot of talent in our yogi family and one must encourage them and develop them and give full expression. It's very beautiful to see all these beautiful entertainments which gives you nothing but nirananda. May God bless you all. Thank you.

So, Shri Mataji, fellow Sahaja Yogis. Before this evening's concert I'd just like to say a few words about the artists. Nishat Khan is someone who needs no introduction. He's played before you, Shri Mataji, on several occasions and many Sahaja Yogis have heard his music always with great appreciation. As you know, he comes from one of India's foremost families of musicians, a family which has, I would say, adorned not only Indian culture but world culture for generations. And he himself is now being recognized as one of the young masters of Indian classical music. I must say about Nishat that he's always so anxious to play for Shri Mataji. So much so that this time he's flown from Japan to be here with us and then next week he's flying back. Accompanying him on the tabla, we're very happy to welcome Sandeep Papadkar, who is from another very distinguished family of musicians of India. And of course we've heard his cousin Sandesh so many times. So, Shri Mataji, thank you. Please take your seats.

Jai Shri Mataji and good evening to all of you. Obviously it's a very great honour for me to come back here on such a special day because three years ago I played for the same puja in Fuji and I'm very happy to be back here. Thank you very much for having me on such a special day. I appreciate it very, very much. I will play Ragh Darbari Kannala as Shri Mataji has asked me to.

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It seems so possible to have absolute knowledge, freedom and observation. Sahaja Yoga's aim is to free people from the bondage of their conditioning and their trouble and make them complete and connect them, connect them to the All-pervading power of love which is the power which does all the living work and that is the power which starts with you, you become very dynamic, very compassionate and very smooth and has extreme gain. There is no need to create. There are some of us with Mahatma Gandhi, I don't know him, he taught only many things about it. If he was living, he would have impressed him, come out and say, come out. Because that time we were not free-conceited, so we couldn't think out of it. Many scriptures said, now we are free-concentrated, we have so many people who are following Sahaja Yoga that there is no love. Love, which we have never used before and once you feel that power, you become extremely powerful ourselves and that is the pure love without fear then lust and it completely changes personality and the priorities. It is for the benefits of your being and for the emancipation of the human being. I did not choose Sahaja Yoga but I was born as a realized servant. I tried to find out later, I reached, I could give you a nice center. I mean, what was My question, I was told you come to the center of Sahaja Yoga. I was born, I was born with all these possibilities. It depends on the people's attitude towards Sahaja Yoga is different. But I think people of the Eastern Bloc and Russia are very nice people, whatever may have been the governments. But people are very nice, they are very deep people and their attention is not very good at all. So they are very simple people and they take this brutality very fast, much faster than the Western countries which are lost and their ego and their connection is very good. They are very superficial people, they are so good. I would always think that all the people, they can purchase with money and because they cannot purchase means they are not very happy. What they cannot sell now, which they cannot sell now, is they don't understand. Still we have thousands and thousands of Sahaja Yogis now. There are many countries which are coming to Sahaja Yoga and now we can add a poor all these people in the world and also Russia and India, India, how it is, which country, what? This day, first I went to Poland and then to Austria-Bosnia, East Germany, Austria-Bosnia, and there was a flower and I was referenced very and from there I think it is the most. What is your first impression of Sahaja Yogis? They will be such love. This is a round subject but it's like a position. What I want to do is to know what you are. You are one of the sun, light or there is a light on the center of the Spirit. You start seeing the centers, what is the topic of the center? You see the others and know them from your center of the Spirit, it's a living, training process by which comes the last trick and you jump into the realm, you can see from the top. All the questions, joy, happiness, there is very little. Every way, in the center of the Spirit. What are the topics? If they ask. Everyone does not ask. I cannot force you to ask. If they ask, I can get you to ask. Because I'll do it with them, I'll get you to ask because they have to make the yours for this. If they ask, I can get you to ask. I can see that. I promise you. I'm very precious. I see all of them but little bit I don't. You know, it's a mother's heart. Mother's heart. There are more. Many people have come from Myself and I do not go to the money. Why do you go? You see because they said it's a I think they said that I can't do it. No, no, they said that. No one will come. Yes, get to Me. I'm going to Stoboe and then to New York. New York is amazing. Yes, yes. And similar place also Russia, Austria, France, Germany. America is the least. And why? They are very superficial. They have no traditions and also traditional, mystical, and now there are so many problems that are created by them, so to have everything, which is just abandonment. There's no wisdom. There's no wisdom. One can be intelligent but one has to be wise. That wisdom is life. Gradually they'll come round I'm sure. This time is to know what is the truth. Where are you staying? I don't know where they are at. Where are you staying? I'm staying. How many of you take the house when I take the house? I don't know. I'm staying. Thank you.

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kidneygrehop. It's a place with a lot of collaborate kids. forces inside a I can walk up. You want to sit here to receive the flowers or not? To talk to them. Just receive the flowers for the... All right. It's nice to see them all. It was such a luck. I tell you that I vanished. That's how it worked out. We are happy to see you all here. If you remember first time when I came, there were so many were crying and... But now I find you all smiling and happy, very, very grateful. I'm sure things will improve. Very fast now. Thank you. So you can bring the flowers. Go in bar. Bring the flowers. Quickly. Thank you. Thank you. Thank you. Thank you. Thank you. Please do quickly, quickly. Thank you. So many children. I have no one to tell. That's your baby. Hey, just like a dolly. Hello. Thank you. Thank you. Please be quick. So, open the door. I have no problem today. How are you, madam? How are you?

I'm fine. I have never felt so well. I have never felt so well. The perfect me. Thank you. How are you? All right? Thank you. Quickly. You can send it to me. Thank you. Very well, very well. How are you? Thank you. Thank you. Thank you. Very well. Thank you. It's a horrible thing. Ask her why she goes in the room. I will ask her. She's doing not seriously such a yoga. She just comes once every six months. All right? Such people try to show lot of intimacy. It's nice you told me. So, now go top floor. Thank you. Thank you. Hello. They told me there is a problem and they are fighting each other. Your groups. Put the zoom on here. She has organized everything. That's the one. Thank you. The moon is not here? I said that's where you would like. As I said I will send somebody after you. Very well. What language? She knows a little bit English. She knows a little bit Bulgarian. Not so much. From Macedonia. She's from Macedonia. It's the neighboring country. It's part of Yugoslavia. Why the Greeks are fighting? The Greeks are fighting Macedonia because they say Macedonia is Greek. Welcome to Bulgaria. Thank you for coming. We could get a visa in Rome. We got it where? In Budapest. In one day. Yes, amazing. I was so happy. I think the Romans. Romans must be misbehaving with Hungarians. Always is quite misunderstanding. Yes, it's from other countries. From Somalia. Rome was not so bad. I don't know. She's very ill. She has multiple sclerosis. Sometimes yes, she's not a Jew. Sometimes yes, she cannot always be. The love. Thank you. Hello. Hello. His wife is arriving in Romania. They were married by you and his wife is arriving today to live in Bulgaria. From Holland. From Holland. Hello. Any more flowers? No. They're not dead, are they? No. I picked up the mushroom. Thank you. Hello. 15. Yes. This is the person, the name. Thank you.

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There is to be a really nice country. Thank you very much. This cannot be opened now? It will be quickly. We know them and we have already made one. So this you can bring it with you? Yes, and divide it. This is your relative, this is for you sir? No, this is not a correct name. What's last? What's last? I'll give you. Which are the four students now? They are not. Your right. That's it. One minute, sir. You have to change, everybody should go. One hour? Ten minutes. It's ten o'clock. Ten minutes after ten. We have to be talking one hour? In half an hour. I'll go like this way. Just while I'm making that up. You are a senior? Yes, I am. He discussed with the woman of Bosnia and he asked why did he ask mother. The general best one. At seven years he has an accident. An explosion, he put a little bottle in the fire and it exploded. Seven years. It's a protest. It's a false one. But then my eyes, my eyes, my eyes, my eyes. It's put on here. The eyes are behind, only some sort of lens. Lens, it's covered, his eyes, by a lens. The eyes are inside and this is covered in glass. It's covered by a protest. But then he take his eyes. Do you know where is the constitute? Do you take it out? This place? He takes it out from time to time. He doesn't take it out. Is it damaged? Yes, madam, damaged. He can try to figure, maybe they can bring back to him. By years, madam, he can fight back. But actually, see, the eye is damaged from his eye. He can't see. He can't see. He can't see. But actually, see, the eye is damaged from his eye. Let's see. It's covered. He said it's not damaged, the eyes is not damaged, it's still there in time. All he cannot see, so they cover it with protective with his lens. My wish is not to see again, because I know, it's not possible to have the... Can nobody move it? He can remove it. All right, let him try this. In general, he is not asking you to see with his eyes, but what he is asking. I can't see. I can't see. He can't see. He can't see. He can't see. He can't see. Maybe he was... The heart center. Now what do you say? He has complex. Of course. Because he could not... Psychological. Psychological problem. He could not see in face other people. He could not regard. It's all right. Those who see also are no good. He cannot see. And also a partner. He cannot see. He must be there to be... Hello. Please give her a name. Lidia. Lidia. She is Lidia. Lidia. Lidia. Lidia. Lidia.

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Can you hear me? No, I can't hear you. It was a gun party which I had to be in. Somebody has to become the brother of Christ Mother. Mama. Hello. Gavin has been appointed as the mama of the girl. Mama means mother's brother. Because all Bombay people are actually her uncle on the father's side, so we had to find a mother's side brother. So Gavin is the best because she'll be there so Gavin can look after her. Good idea. Gavin and his wife are mama and mommy. I'm sorry this was not all right. So mama couldn't have left. Just wait.

Ian and his wife they are here. Where is Ian and his wife? Anna. And Kamala. You become mama and mommy. She is here. Gavin is coming. Let Gavin come back. Ian you have to go in. You see, Malcolm must have a parents to give him to work out so we'll use Gavin and his wife, while we'll use Ian and Anne as the mama and mommy. That's a better idea. What's your name? Sister Anna. She's my sister. Prachi sister. Nudichi. Garboli. But at least she has a little English girl. Margaret. How good. She's my mama's sister. There are two brothers and this is one sister. All right. And this one is the sister of the bride. Because she has no sister, we have to have a sister from here. So she'll have to go up to the bride. You have to come with her. Come forward please.

Jane and Gavin, just a minute, should be the parents of Mr. Malcolm. So you go and sit with him. All right. Wow. Sundar. Atat thu hai. Come along, you have to come here. Daniel, you come and we'll be there. Ite masa hai. Now you have to look after her sari. You have to look after her things, whatever she needs. You are the bridesmaid. Tung ji bao bahi takha tumi. You are her brother and you are the aunt. She means her brother's wife. Haata hai baka hai bao tumala dilay. Ani hi tumala bahi ni. Kala ka? Tua mama mami. Sagar hain chahi nati go thi samad li kine tumala. Mal ka hai, kal sa rahi hai kala maha hai. Maan, ghotin na madhi kiran kamche haath hai. Gura che. Mal kum che. Ne, mal kum che hana ke lem. Karan hei lo kthi che rahaat na, kyan chakad hai nahin la maha. Maan, you are shaking, ma'am. Maar, aapun basa, maar pun aara maar kum. Naar. Changa se na laa. Ka, chala. Aata, chukka no gauri pujaan kum dasa. Tu samad post maar hai.

Now the first ceremony is, she is the Gauri and she is the Kanya, she is the virgin, you see. And so she worships Me as a virgin, which is called as Gauri Pujaan, is done in every Vedic parish that Gauri is first worshipped as a virgin because she should give her blessings to the bride of her chastity and also the blessings that she will remain always loyal to her husband. And she prays at the feet of the Gauri that make all the marriage ceremony nicely and everything should be done very well. This is the essence of it, that let it pass, my married life be all right because Gauri herself worshipped Shiva like this.

Nirmala Mataji, Sri Kalki Saksha, Sri Sastra Swami, Moshaprajni Mataji, Sri Nirmala Devi, Guru Paramparajni, answer part only. Make her get up. You have to look after her. Lift her up. How is Mangal? Now you go and stand at her back. If she needs anything, your saree or anything, you have to sit down. Ata, you see, you should go and stand on the other side now.

Now you all have to bring him along. This side is all girls' side. And the girl is not supposed to see the boy before wedding, though he is so tall, I don't know how he can do it. May God bless you. Now stand here. Now whatever you have in your hand, you see, these are to be thrown seven times. So don't throw them at the same time. And when they say, saava dhan, then you have to put it. All right? This is called as Mangalashtakas. So seven times they will be saying, and seven times you have to put little bit of this on them. You see, and then the girl will garland the boy so that she accepts him, then he can marry her. Not without her acceptance.

You sit down here. Come along. Now what about you having something in your hand? Now sit down. Be careful. Now see the bride. Did you see the bride? Ah, see, that's the bride now. Madam. This is the most solemn thing. You see, this is Swayamvara actually, where the girl chooses the boy and accepts him as the husband. This is being translated in English. So, Rustam can read it beforehand and then will start singing it. Rustam, where are you? Hey, Dusre bhajye, you are another bud boy. Where are you missing? Bhajji means the priest, you see, and we make a fun of that. So these two budgies are there, your third one. First let me say in English. This is the first one. This is a very special solemn thing to be written from Sahaja Yoga. All is Mangalashtaka. Shri Gyan Raja Samagari Mata has come to you in formal disown as Shri Nirmala Devi. No, they both the hands like this, sir. Ohejaz de Kundalini, Vaheen Sangha Chaitanya. The Kundalini is anxious to meet Shri Sadashiva and now the time has come to establish the Mahayoga. To Shri Sahukamakshi, your parents have consented to this marriage and your brother out who is present to spread your faith amongst the Sahaja Yogis. Shri Mataji is also there to settle your marriage and to bring it to a great success. Our holy Shri Mataji also desires to convert this into a great family of Sahaja Yogis. To who? To Malcolm. Due to your great good fortune, you have succeeded in getting such a gracious and lovely lady in Kamanchi as your wife, who will support your fame and spread it. We all Sahaja Yogis expect you both to spread Sahaja Yoga through your efforts, wherever you may reside. All the Sahaja Yogis from the world have guaranteed to witness your marriage. Such a marriage you need to be observed in this age. I wonder whether all the deities will come down from heaven to witness this wonderful marriage and to receive the blessings in this age of the great yoga. Yes, Shri Mataji.

God bless you. So, may God bless you both for a very happy and prosperous life. Just look after Me. You can put one foot down on the ground. Stay. Now, this part is there. And now, this part. See the bride? Now, we'll see what are they doing. We'll see them. Just go and see. Be careful. Slow down. Get down. Now, come and sit down here. All of you are from the boys' side, so you have to sit that side. Yes, girls' side, sit this side. Now, let's have a real music down this side. If you need something, you have to give me water or anything, all right? We'll just sit next there. Come here. You shall be upon this side. You have to learn. You are going to be our official bhajji now. Come here. She is on this side. She can help her. Hold her hand. Support her. Now check. Now check. Smell it. What is this? A hole. Smell it. All right. Now! Just give them.

So to tie the knot you have to take the name of your wife and the wife has to take the name of the husband. So I have called her husband and wife. Now, and then, He is born in a Brahmin family. Wherever Mr. Damle is from the Brahmin family and his uncle is also from a Brahmin family and we call them priests, you see. So I said the third priest has appeared now, which is why they are laughing. It's a nice flower frog. This is not ours. We have to go to the bride. Now see what they do. Now what they do? Do you see? Now, they will teach you what is to be said, to take each other's name. We don't take directly but in a couplet. She will teach you out. She will have to ask for help. What is the name of the husband?

She has taken the name of her husband with a couplet. That's called as ukhana. And she says that on the day of Kamakshi's marriage, I take the name of my husband, that is Vishnupan, in the very fond company of Sahaja Yogis. That you have to say. You can't help it. Yes, now come along. You have become mama mamis. Come along now, let me, this ladra. What did he say? Just a minute. Yeah, it's a quick poetry you have to compose and put the name of the wife. I'm coming, let's see you on a car. Where is he? Oh, I know, poor thing, all right, come here. I never heard. My life is lost. Again loudly. Did you hear? No. My Mother's Grace, I wasn't lying. In Adam's company, my life is lost. Did you say anything now? Now just a minute. Now they will teach you also. I mean you must compose your own poetry, you are all poets. What do you think? Can you suggest? It's called Olympian. I'll tell you. We never heard anything. Please again we can't. Don't be nervous. Just laugh out. It's just a joke. Loudly. It's beautiful to be a pleasant teacher and mother. And with my husband Ian, my life is one of the most beautiful. All right. Thank you. Now we'll get three. You can take one. Thank you very much. Sit down. We'll have to sit because people can't see.

Now they have come to garland, the gardens of their family whom they worship. The goddess of their family is Kamakshi Devi of Goa. So now because I am Kamakshi, they have come to garland Me. Both of them. Namoh Namaha. Nithyananda. Anantaso Bhaktivedi. Bless you. You have to give the blessing to the bride that she will always remain a married woman because it's regarded as the biggest blessing to a woman to be married to one man all her life, till she lives. Now you have to do the last part, all right? Called as laja ho. You are not to leave her hand. You can't walk off leaving her hand. They are actually tied together with a knot. And every time they move out they have to be careful about each other. You sit next to her. Take all the things out of here. One more square and come, Betty. Put it here. All gone to the back.

Now see what you did. I would find everyone out first. They are going to come to their place. You are Malcolm's sister, all right? So you sit down with him. At his back. You must look after him, all the brothers also. If he needs a handkerchief or anything. They have put all the fire. Don't touch me. They are putting the fire. Thank you. You want to give one for me to the bride? Oh, the bride is here. You can see what she's done in her life. Just go and see some children. Go to your dad. She wants to see the bride. So let her sit in your lap. You are not wearing nothing. She's my person.

To suggest, you see, the brother of the bride has to pull the ears of the husband to say that, please take care of my sister. So he has to just screw the ear a little. He's done it. Thank you very much. Is it mine? I didn't know. Thank you. Now they have to walk together seven steps called as saptapadi. Seven steps as the promises are. Warren, have you got those seven conditions of marriage in English? Can you bring them? It is better to say them in English. Malcom has to be picked, so you be near Malcom. You have to say them in English. First, how many are for the girls who have put in? Three. First three, she leads. In Sahaja Yoga, we have given equal importance to husband and wife. So first the wife leads the husband and then the husband has to lead the wife, all her life. These are the seven powers that we present to all Sahaja Yoga managers. The first three are set by the bride, the second three are set by the bride and the final one is set by both of them. So for the first step the bride should repeat after Me. I

will help you keep your Mooladhara chakra in order. You hand over all milk which is in your possession. I will take care of those things. You should only eat the food that is cooked by me or your brothers and sisters. And if taken outside the room, you will vibrate. I will be loyal to you and you will be loyal to Me. Now ways are in motion.

I believe in your happiness and peace. Now give me happiness and peace. And love and attention. And you will know that I have to think about my happiness and peace. But you will not go outside without my attention. You will never understand that. I will tell you my question and I will tell you my answer. I have discussed something about the past, so that is the special thing about the past. And you will not discuss something about the past. Put your foot on the last one. Yes, stand there. Honey, you also go ahead. They are Mother Father. You leave him. You have to leave with her. That's all now. You should not. He gets confused. Mother, pull your finger out. You should take care of me. You should respect the Mother for this. I do not have any assistance. When he comes along, he is very much larger. If I can make any mistakes like this, your mother should excuse me. Nana, I excuse you. You do the last one.

Congratulations. I wish you again, happy married life in Sahaja Yoga. May God bless you. Now, those who have to give presents, first the mother, father, all of them will give. Then one by one you have to come for giving presents. So they'll be sitting here. This is the marriage certificate. After this, the marriage is complete, according to law. Now you must write the names also. This is the certificate of marriage in Sahaja Yoga. This is the first time you've written the names. Namaskar. Today is the mother's birthday also. Ramakshi's mother's birthday is also there. What a day for that. Now you have to write the names. This is the place where you can eat.

London people. To the bride only. What about the bridegroom? She died. You must open and see that. What is in there? This is the place where we can eat. Just look after her shot. She is a very good person. One by one is a good idea. That is to the, you see, she is the sister in Sahaja Yoga of Mr. Pile. Whatever she gives, you give it to him, he will write it down. Just see whatever she has given. This bhanda is there for last ten years. On the bhanda, you see, the day when the brother-sister relation is established, ten years back, he accepted her as a sister. All the Sahaja Yogis come and come one by one and congratulate. All of you. Now you have to stand up for a while. Yes, that's the punishment. He is the boss of Kamakshi. Thank you.

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This happens through the living process of evolution through the living energy that has made us from amoeba to human beings. This happens through the living process of evolution. From amoeba to human beings. Still with human awareness we cannot know the absolute. All the rituals have said that's the eternal and fit the transitory with understanding of its limitations. But they have failed. They have deviated from the right path of evolution when it is said that you have to be born again. By taking process of evolution as if you are born again in any form, you do not become that. You have a mind that has to take place in us. Things have happened that has to take place in us by which you become empowered. As human beings we understand what is heaviness, what is beauty. In the locker of doors he can easily walk through any dirt again. He doesn't see the beauty also. He can easily walk through any dirt again. He doesn't see the beauty also. But human beings know that, just as But still we do not know what is our benevolence. We do not know what is right and what is wrong for ourselves. And even when we know that this is not good for us, it is destructive. Still we cannot help it because we become powerless. So you cannot understand the absolute truth through mental position. Because the mental position moves in a linear direction and as it has no substantial support of the reality, it co-insides and comes back to us. We do not know what is right and what is wrong for us. So whatever we have achieved so far, whether it is your country or any other country, they have only the knowledge of the tree. But we have not the knowledge of the roots. But we have not the knowledge of the roots. And if we do not have the knowledge of the roots and we do not know how to nourish it, this tree will definitely one day fall out. Those countries are over developed and it seems they are very, you know, you should know that they are in a very big mess. So one has to be Spirit oriented, not power oriented or money oriented. So when you become a Spirit and you feel the All-Pervading power of love, all your problems get solved automatically. First of all you become thoughtlessly aware. If you want to think, you will think, otherwise you won't think. Thus you become a very peaceful person. People talk of peace, of foundations of peace but if there is no peace within yourself, how

I can we just talk about it? Last time when I came to Warsaw, it was at least sixteen years back or maybe fourteen years back. I came with my husband. It was the first of September when we came here. And in the plane I felt so, so unhappy, so sad from inside as if that was here, was full of very sad people. Even my husband noticed it, that I was extremely sad. Then we discovered that that was the day Warsaw was bombed. And I happened to also see your black maybe's procession here on the eighth of September. It was a great thing I said that the Polish people are so brave, they have resurrected their country again. They picked up heat and every stone and every brick to rebuild it. And nobody could have felt that it was so badly bombed. Coming back today again, I was wondering how I am going to feel about this country which has suffered so much due to war. But it's much better now and I think we have now a chance to be in the realm of that love which will completely make us forget the past. It's been few years since I Try to recognize the past. It has failed me already and now is now a period ofL Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. Jai Radha. When first I went to Russia for this work, there were about 25 Germans who came down to give realization to Russians. I was very happy to see so many of them who came to give realization to Russians. I was very happy to see so many of them. And here also today, I was so happy to see so many of them waiting for Me at the airport. And I was very happy to see so many of them who came to give realization to Russians. So we have never used the power of love. We have only used the power of liquid. This all-pervading power of love, that's all the living work. We see these flowers, we take them for granted. But just imagine, they come out of a little seed. You never even think how. I will take a seat and sew it in the Mother Earth and sprout spontaneously, sir. We don't have to really think in the Mother Earth. We don't have to really think in the Mother Earth. There is no obligation at all because it is a nature and the seed has the built-in quality to spelt. In the same way, we have also within us this little power which we call as Kundalini, which is placed in the triangular bone called as Sekhram, meaning sacred. The sacred bone is called as the sacred bone. That means the Greeks knew that this is a sacred bone and it has some sacred power in it. It has given us tremendous results when Kundalini was awakened in various countries. It has given us tremendous results when Kundalini was awakened in various countries. This is the power of pure desire. All other desires are impure because we never feel satisfied with them. But when this power manifests itself and passes through our centers ultimately through our fontanel bone area, then your attitude changes. First of all, you improve physically because you can't do anything without your physical being. Because you can't do anything without your physical being. In India, in the university, there are three doctors who have done research with Kundalini awakening. And they have got their MBBS, that is doing after their MBBS, they have got MBBS on subjects like asthma and physical fitness and epilepsy, high blood pressure. But you can't cure blood cancer, cancer, even AIDS. If Kundalini is awakened and the connection is properly fixed, you never get sick. The energy is all the time flowing in you. The energy is all the time flowing in you. You never think of your age and you can go on working all the time. Whenever you want to then sleep, whenever you want to then work, there is no problem. You have complete control of yourself. But when you become empowered, then logically you can understand on medical terminology everything that you are doing. You don't have to be a doctor for that. When you get your realization, you can feel on your fingertips this All-Pervading power as cool breeze. As if you become a cosmic computer. And you can diagnose what's wrong with you or what's wrong with others. Because you become, again I say become, collectively conscious. As you become part and parcel of the whole. And this collective understanding makes you feel that who is the other? And this collective knowledge can be used to help you. Of course, mentally you get all right because as I have told you, we have pure epilepsy and madness, many mentally retarded, small children. You have to be aware of your mental health. You have to be aware of your mental health. You have to be aware of your emotions and your mind. You have learned a complete integration of your emotions and your mind. So, you have learned a perfect, perfect, inner integration of your emotions and your mind. And you see the wisdom of living a beautiful life. And you have to live a beautiful life. Once it happens, you become a personality, very dynamic and a quality of sympathy, a compassion. All this starts with my question. It has the power to be able to see the world through the eyes. Such a person, every piece. Even a glance of such a person. Even a glance. Even a glance of such a person. Even a glance of such a person. Even? Even a glance. Yes. Even a glance of such a person. Even a glance of such a person. Can manifest great things. Even a glance of such a person. Even a glance of such a person. We have to only know one thing, that it is our right to ascend and to become the Spirit. It is our right to be united to this power of love, which is so dynamic, which is so intelligent, so efficient. And it is our right to know what glorious thing we are ourselves. All this is at hand. All this is at hand. And we all have to just ask for it. Still today is the first thing. I would give you some time for you to ask Me questions. But they should be relevant. I have not come here to give you any sermon or to tell you about what is wrong with you. Or to tell you that you are not a person. You are a person who is not a person. Or to tell you that these are your sins and all these hard things about you. Or to say that you are not to be punished. On the contrary, I am not here to tell you that you are not a person, you are brave. But in that state, by God's will you know what you are. So I have a question that you don't have to feel

guilty or in any way inferior to anything whatsoever. As human beings you are the epitome of evolution. And you have to respect yourself. By no means to condemn. You are the epitome of evolution. I have come here to give you what is your own, which is hidden from you. And there is no obligation at all. You can't pay for it at all. How much do we pay to God on earth? How much did we pay to Christ? All those people who take money in the name of religion are also in the way sinners. We have to build human beings as great temples. Okay, I can get it here. So everything is ready, just it's a matter of connecting the instrument remains like this. So far we have had talks, talks, talks, talks, talks. But we should now have the actualization. For today's introduction I think that it will be sufficient and if you have any questions please ask. The whole of Srimadaji is very vague. Srimadaji, the question is what do you understand by confidence between people? What do you understand? What do you mean by the fact that people should have confidence one to the other? What to another? That's one to the other. See, when we are in darkness we don't know how we will get to each other. And if the God is in the darkness we can travel over each other and convert others, we will. But when you get the light then you know. And you enjoy each other very well. And you feel happy and joyous. In the same way Spirit is the source of light and joy. Yes. Yes. Yes. Yes, yes. Srimadaji, I was talking before about very nice people. I said that Lenin was very nice, so was Lord Goksha. And he said, well, how Lenin I was talking about that, yes. And he said, how come Lenin was very nice person and he allowed mistreating and killing and everything else. Lenin when he was definitely realized so low down but he was lonely, he was alone and the pressures of the pot as also on our pajamas, you see, all the pressure was there. Even that is happening now, you can see so clearly. Like Christ was crucified, Romans was given poison, I mean all of them suffered so much. But he had a vision of a stateless state. Lenin had a vision of stateless state. Yes. So now we have to create this great race of people who are realized souls. When I started my work there was so much of intimidation and so much of criticism and everything happened. And even my family was so frightened about it. But now we have so many surgeries. She says that she felt very well all day and now she said that she felt all day very well but now she has got a pain in the heart. Why is it? She is anxious to live for realization. The tiniest question is, Ching is LSD? So it's not about putting Americans. He is asking Mother, what is LSD? LSD? What sort of action it does and why does it give the reactions? He says what is LSD is? He knows the drug. Yes, but he knows it's the drug but what does it do? I am not taking the drug. It is LSD is something you will understand that once you take all these medicines, they are read or just through you, either to the left or the right and two or more are to take to the left and the right side that we have. See your attention is say like, like study of mind and is spread like this. So sometimes it can move to the left or to the right and tomorrow I'll tell you what is on the left and what is on the right. The LSD takes you to the right. And right side is the five elements, means of the five elements. And also the five puzzles, if we lived puzzles of these five elements, we feel it as we start moving towards the right. Or it is a hallucination in a way because it's not reality. And once you get used to it, you cannot, you do not have power to get out of it. Always your attention tries to push the right. What is realization? Your attention is pulled up like this, you see, like that, goes up. Like if you push it up like that, it goes up. And you get into the center, not only that, but when it pierces through here, the awareness of the dump starts going as cool vibrations. I've never taken LSD but we had many people coming from drug addiction like that. People mostly take it for their seeking, the total. Or sometimes they take it out of the freshness of the illness. Yes, please. The question is, what can you explain about death, reincarnation and hypnosis? Death, incarnation, hypnosis. Hypnosis. Hypnosis like the... It's a very long subject, madam. Hypnosis is very much against us. You stab through some black magic as you call it. But inside your mind you will not ever think. But inside your mind you will not ever think. She is referring to Kashpirovsky. She has not mentioned Kashpirovsky but people here very much associate Kashpirovsky with hypnosis. And Kashpirovsky Shri Mataji was giving his lecture here in the same hall. Oi, pajaya! Oh, in Russia I have learned so many people. So many children have watched you. In Russia, there are two people who have been living in the world and have been living in the world. Many children have got brain damage. If they want money, it's all right but the way they ruin people is simple to understand. He is asking the question, how do we know about him? How do we know about the fact that he is ruining people? Because I am telling you, if you believe Me, I am saying it Myself, I am nothing against you. I am your jurisdiction in Russia. I am your mother trafficker in Russia. Yapan Chatty She is very happy that you are here. She wanted to find the guru and she wanted to go to India. And she has impression that India has come here and she has found the guru. I'm not a guru, I'm your Mother. I want you to become your own guru. When you become the spirit, you become your own master in the wrong time. Shri Mataji, it's a typical question. How come that you raise a Kundalini? How did you come to it? You cannot do it. First you get your realization and then you will know what you can do. You see, if you ask me questions, I can go on answering them quite a bit. I want to ask you, what is your realization? It is just a mental acrobat. But I allow you to ask because I want you to be free to ask, first of all. And say that, at the time when I'm giving you realization, I don't want you to sort of your mind to stand up again and say, I have this question. Yes, but Shri Mataji, I want you to ask because I want you to be free to ask. I want you to be free to ask. You see, I want you to be free to ask, but you have to do it. I want you to be free to ask. And



even if I answer your question, then you know guaranteed that you get your realization. That's a different thing. Yes, and now Shri Mataji, I want you to ask, what is your realization? You have to do it because you want to be free to ask. You have to do it because you want to be free to ask. This is what I want you to do. Break. Break. That's what I want you to do. Shri Mataji, she is asking the question whether she can get realization after initiation in reiki. Initiation of? In reiki, reiki, reiki. Reiki. All kinds of problems, you see. Those who are into anything have got it, but you have to have pure desire to get your realization. It works. If there is problem, can be corrected. She is talking of the... Just come here, please. Yes, yes. She is talking of the... She is talking about Lenin and Gorbachev. She is talking about Lenin and Gorbachev. She wants to say something about this. Now, just now forget it. Let us have our realization and then we understand that. Shri Mataji, you are the creator of realization and you are the person who is the creator of the matter. Actually, you see, before realization you cannot know what is the truth. That's one thing. She is talking about the fact that she is a chef and that she can get realization. Supposing, you want to know whether somebody is a realized soul or not. So you ask a question like this to this all-pervading power. When you are realized soul, when you are realized, and you start getting tremendous cool vibrations, you say, yes. You are not a realized soul. You are not a realized soul. You are a person who is a realized soul. You are not a realized soul. You are not a realized soul. Shri Mataji, you have one or two questions if you like, or just realization. I think one is better. Ok. Ok, back. She is asking whether waking Kundalini is not dangerous, number one. Number two, if before getting the realization why one should not clean oneself by dropping alcohol, cigarettes and eating meat. Now, see, it used to be like this, at formatting they used to cleanse all the centers and then raise the Kundalini. And it used to take ages, sometimes three-four lives of people. But anybody who has no authority, I would say, the authority of Divine tries to raise the Kundalini, will definitely create a problem, no doubt. Now, the modern sahaja yoga, for which I have understood human beings, has got a other dimension. That first the Kundalini rises through the innermost channel called as Bhagavananda. And then, when it is little bit connected, it starts seeing, a human being starts seeing also himself in that little light. And now you are forefathers. And now you are forefathers. Now, the moment you start to see the process of realization, you are always looking for something, you are not looking for something, you are looking for something. What is the meaning of this realization? I am still others. The moment you start to see the process of realization, you are not looking for something.

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You are not this body, you are not this mind, you are not this condition, you are ego, but you are the Spirit. And then it's all-pervading Power which you will call as the Power of the Holy Ghost or you could call it as who? As Parabh Jaitanya which is doing all the living work. And this has worked out our evolution to this stage and that we have become human beings from amoeba and ancient. Now we have to become super human beings, what we call the saints. And within you a built in energy which you call as Kundalini, when it is awakened it pierces through your fontanel bone area and you feel the cool breeze of the Holy Ghost and also you feel it around yourself. That is the actualization of your fact. In reality it is not just talk or just harmony. What's the question? I just have to say where the Bhagwani it comes from. Now they still have some time. Shri Mataji, you still can say, you still can say something more about why it is important that they come. It was one minute but... But they say that they still come to them. Where do you have to go? I don't know. I don't know. What is the change? What is the change? What is the change? What is the change? What is Shri Mataji's now? I don't understand but they say it was a bit too long. They would like to have it a little bit shorter. It was 60 seconds Shri Mataji. They would like to try it again on 40 seconds in just to say. Yes but don't move the wheel. They asked me what we could cut off but... They asked me what we could cut off but I would not like to cut anything which is there. Maybe you could... If you could now cut again and say it was in 40 minutes. 40 seconds. You said the last part of it you said that it. Last part of it. Can you play it? Have you got it? Yes. Can you play it out? Yes, they can do it. It was simply... Last part of it, all right. But what happened there? It's all right. It's the usually part. Can you push that there? It's just to suggest something here. Can you push that there? Shri Mataji, if you could do it again 40 seconds it would be very... They would prefer it. They would not like to cut you because they are scared that they would cut too much in a rough place. All right. But they have got me some time. But I can't move any further. I think this is money we have to set. If they can't cut out brother's programs, why don't they cut out brother's programs? Is this money for them to stop? We will see later on also. I say, you cannot, this subject is so complicated, you cannot say that it is a But it is so important, you know, all other things and all political things are so linear. It is important. It's not all of them. There's not many more ones to say, I mean, I don't know how to deduce it. I know. In Russia they give it, in Russia they give it three minutes and not only this for, I mean, sometimes, one hour sometimes. I want to

show her the article in the I just want to show her the article in Russia, in the space. I want to show her very different. She is afraid that they will not allow her to put it on the screen because it's too long. But I'm going now to go to the television and translate it into Polish. They will be able to, in the TV office, to replay it and then I can translate it into Polish. The shortest I mean, the shortest. I don't speak very fast. Thank you. Thank you. Tonight's manager, they promised to do the two cameras in a different program. Because there are different programs in the TV. And they want to get two cameras to live in a different program to do one hour program. Eleven. Yes, but this will be on the 6th of August, the number will be on this one. The other one. This one is going to be a five o'clock. This one, now five o'clock in one hour and a half. Thank you. Thank you. I don't know how it's going in here. I don't know. I think I have a problem. It's up to you, living on the soft chambers. Ah, I know that. It was a soul output in the military and you have quite a big output in the military too. Are you a doctor? No, I'm not. I'm a scientist. What's your name? Jennifer. Biologist. It's a very difficult area. It has an effect on children and children become one light and blind. There was a case in England, they are now asking the government why didn't you inform us to go ahead. But on any soft treatment company? It's only where normally this illness is better than illness, is animal illness, but now it's not rooted in humans by the dairy products generally. So the cheese can be done, but only soft cheese. Is the mother in line on that? That's a fresh one. Yes, but fermented. Camembert. Camembert or other soft fermented cheeses. Which one are those? French, French. French. Green, green. I could never eat. Never. I used to burn myself. Never eat. But you know mother, you tell us don't eat these cheeses and one year after it was a big outbreak in Central America, but we stopped to eat hot food. Hot food. The hot food. The hot food. Especially the green ones. The green ones. How can you eat? It burns the tongue. And they smell awful. They smell as if you are in a comfort for brother. But you don't smell it no more. It's a life. I want to smell it. Life was love. I can't. They are really becoming part of the culture. It's like a message. Like that. It's like sulphide. Hydrogen sulphide. Like that. They punch and all of it. I think even because of drinking too much their nerves are dead. They can't feel anything. And the French drink too much. That may be the reason. Their nerves are dead. It's seven o'clock, nobody on the road enough. Nobody. We were going from Delhi to Paris. We wanted to know the way. Not single soul. They were all drinking in the houses. Very nicely celebrating religious drinking. Nobody was there on the road. And their skin have become just like the skin of a lizard. The liver gets all attacked. All these things are made to work. Not only cheese. But also alcohol. You see, fresh. If you make the fresh one, you can't make it. I can try it. You maybe need to wine. Because there is a great juice. Because to make the wine it has to be rotten. What is to that. But the Western mind thinks that he made wine. Never. It's a great juice. And water, if it is vibrated, it can taste like great juice also. It's not the same style on the market. Same design. Yes. It's the same. All the stick more and all that. I have the seeds here. I'll eat your ideas. It's much better. We have the seeds here. The fountain seeds. So I'll go through this. So what is the solution you have given? Don't eat the cheese. It's not very soft. It can be hard also. You see the green in it. That is green. Looks like something like the copper. You might be putting copper to make it that green. You think so? How do they achieve that green? Until they found the special green. That kind of fungus. All right fungus. But that fungus they introduce there. But this is the fungus which decides on the copper. You see the copper sulphate looks greenish. And when anything is in copper, say a statue or anything, when it is sort of damaged, it becomes the same green. And because of copper within us only, that most of the viruses act, especially these aids, because of copper. Aids has come from what country that was? Zambia. Zambia. Zambia. Zambia is the one that produces a lot of copper. And that's why the monkeys got it. Now if you can reduce the copper in the body somehow, with some other higher element, you can work it out. So why put the disease into yourself? Perhaps maybe that is one of the reasons that you get so many people of ages in the West not to do that. Because we don't eat cheese at all. I mean, Indians don't like cheese at all by any cost, except for the craft cheese, which is also soft, but doesn't have anything in it like the fungus. There are too very few Indians like that. You must be knowing the origin of cheese, how it was formed. You see, what had happened, that once, I don't know which country, but it started raining a lot, and people forgot that they had put some milk, big jars of milk, in one of the cages. They just forgot about it. It rained and rained and rained. After, say, some months or years, it went down, and they saw these jars there. So they opened up and this pungent smell was coming. And then they had become like this cheese. That's how they discovered the rotten ones. Actually these jars were open, I think, they were open, and this cheese was formed. Since then they started raining. But once you try to eat everything that is fresh, right, rotten things, even alcohol. Unless and if you rot it, you cannot get alcohol. Also the viruses attack mood to such people. Unless they become very melancholy, unhappy people. It has an effect every way. What is neurobenia, is the reason. It's the 10th general way. It's the diminishing of immunity, human immunity, linked with air pollution and water. Just like any other virus infection. But according to Sahaja Yoga, viruses are all the plants, microscopic plants or other plants, or maybe some microscopic animals, or animals who have gone out of circulation of nutrition and are in the area of collective subconscious. All these things affect you more when you drink, because by drinking you go to the left side and to the collective subconscious. And when you go to the collective

subconscious, these things are happening. The first thing is to reduce the immunity, or any thing, like food war. Food war is not the problem, it's a drinking. I mean it is the culture here, you drink, can you imagine? When they eat food they drink with it, I mean, as if it is food. The point of the Sahaja Yoga, you and me deal. Some people ask, what do you say to cheers? I say, we don't have any custom in India, what do we say? Cheers, we don't have the custom on the table, if somebody brings a bottle or a glass of, nobody will eat food. Lots of westernized people have started offering this before dinner. I don't know. No question. It's also because of the ego. See, they want to run away from the ego, they see they're ego and that's why they must be wanting to drink, to go to the left. Right there. Next question. The question is, why I don't know what, is that they get very badly lung infection. And the children especially, they can go in one after the other. What we want to, if we are going in the hospital, they are given anti-pulmonary. What is the lung? Pneumonia. Pneumonia. It is something we can do again in the hospital. No, no, pneumonia one gets, when you ask the others. They have got their baths. You shouldn't give them a bath and take them out. In the primary part. Before sleeping, you can give them a bath. And also, you see, you should rub their backs. What will you do when you feel pneumonia? In India, they take out the yellow of their eggs and put it on the head. In fact. Also the center heart. You work on center heart, it can work on. Amsar center heart. But only thing is that, don't give a child a very hot bath and then take it out. Or else, even if you have given a child a bath, you can take it out anywhere. Then you give it a little milder half. It's not very hot. It's very hot. But it's better not to take them out after a bath. Child must sleep and then he can. Normally, Shri Mataji, normally the Sahaja Yoga woman takes the children from the bath and gives them massage, very massage. And I think that is the cause of this problem. In our country, the ASEAN is a very cold country and if you are doing something, then you can cause this problem. You can give them a bath and put it in with a hot oil and get some sort of a system. Just put the oil in your hand and put it over the heater and then you knock on the food. And you should use olive oil or mustard oil and then give them a bath. And vibrations and the tend to happen half-time. Yes, I know. Clear messes. Clear, clear messes. Also you can, when they go out, you do something to them. Always the children must wear something inside, like a slip or something like that, like a undershirt, always there should be one. What's the matter? But I am seeing the dresses here, you don't give a child to wear an undershirt. That's not very important. There should be an undershirt. In India, when the child is born, before that, what we do is to make an undershirt out of our saris, what we call, which are very soft, out of them, from the very beginning. That has to be there. Because this is, in our country, the hygiene is not there, it's very unhygienic, it will be in a very careless manner. But all these little things save us from it. Especially in winter time massage them with a heater and oil. Also you should never use coconut oil for massage. Very poorly. Just use the mustard oil or olive oil. Olive oil. Olive oil is very good for hair also, right? Yes. We use butter usually, you know. Usually we use butter for body. Butter butter, pre-tipped. Yeah, mixed. During summer time is all right, but winter time, pre-tipped. We use ghee in India, but not for the hair, never. You can make ghee also. But olive oil is hotter. You can get mustard oil here. I think it's actually mustard. You can't make it from India. No, you can't. Mustard oil will make your skin more sort of tiny. It's good. It won't make you that big face. It's good. Shri Mataji, can the adults do this mustard oil? The adults. Can I use it? That is only for the child. Mustard oil. Very good. Everybody can use it. But your hair is the best. If you use mustard oil, you will never lose your hair. Never. But just use mustard oil. You have already lost. Because you can stop using mustard oil. Also your hair won't become white. Mustard oil. Very good. This is a new fashion after you enjoy. In the former do you see any film or anything American film? No, it might be a nice image. New fashion. I think this must be people who want to sell beets. They must have said, all right, tell them what to do. It's nice for us to sell the beets. And hats also should not be used too much. That's not good because you just stop the circulation. You can use something like karagul. Yes, that's what I mean. Is it a good one? A good one. Karagul. No, it's karagul. It's karagul. It's a very good one. It's a very good one. How do you protect in winter the children? When the cold weather is outside it's very cold. How do you protect if you don't wear a hat and it's very cold weather? I told you, you should wear karagul style. Loose weather. But best is to wear balun tawa. The balun tawa and on top of that. You know what is a balun tawa? A luna? It's a wool. Completely closed on top of that hat. What do you say? Pass moutania. I don't know if she will love the children. I don't know. Pass moutania. You see there, most of the people who are in the world are actually Hindu. Yes, yes. The eyes are excited. The eyes are excited. The eyes are excited. For skiing. For skiing. For skiing they use a hat. Japanese are the best. They have no shape. They have no inhibition. Once I went to Japan, I am the owner of the Hitachi. He came to see me and I wanted to. And he had a big white pincer and a bear. Snout. I looked at him and said, what's the matter? I took white bag going like this and he was coming out. I was quite embarrassed. But he looked up on the nose here. I said, what's the matter, I've got... He said, no, I've got food. In Japan, when you have food, you have to go there like this. It doesn't matter. You have to give the lady your information. That makes me wonder. Oh, he lives. Ah, he lives. He lives in Germany. He lives in Germany. He lives in Germany. The flight will be leaving tomorrow evening at 6.30 from here. I don't know where it's landing. Is it Germany or West Germany? I don't know. Let me call my guest. He's going. All right. Hello. Are you going there? What I was saying, you must

advertise in East Berlin. Then it's all right. We'll be arriving there in the evening sometime. West Berlin. There's a house of someone. There's West Berlin, you say. All right, that's it. I'll be there. I'll be there. I'll be there. I'll be there. I'll be there. I'll be there. All right, that's it. I hope I have used my house to do that. So how is everything now? All right. All the time we've got to go to the West for East Berlin. Can we get flying? Now it's uni-caught. Just get me to the other room. It's like two o'clock this weekend. I cancelled my program. Is verse 40 that we can get these falling willow strip from the canvas? I mumbled that that. And I dissuaded myself of that because that's what you need. But when I say this nation's free we can get it. All right. Let me ask one more question. What's the name of this one? This is Katsu. What's the name of this one? I don't know. What's the name of this one? Mughalaya. Mughalaya is a time of 9. Mughalaya is a time of 6. He's driven by a car. Dibiya. Dibiya. Dibiya. But this will work for 11 for that. Oh, okay. There are two other attachments. Yes. I have kept them on the back side. I don't know what's happening in Romania. Romania yesterday they had a big pacific demonstration. And the student many protesting but no incident. What does it say? Well, they want also this name of the chief of the student to be free. Still they have, they say, about 700 students are in jail. It was a very big demonstration. Are they not going to give elections and things like that? They have. Then after election the fellow had a relapse. Yes. And he called these people from mines. We were beating him. So now they are having a trial against these people, against these mines people. The miners. But what was the need to protest against this man? What was he doing? Well, because they feel that more or less they are still the same people than before. Ceausescu is not there anymore but the same style. Well, it was, he came up because at the time of Ceausescu he was fighting Ceausescu. But he is more or less on the same line. Same style. I understand. It's why he is a So now who is there to fight this fellow there? Basically the young people now, the students. But what is the surety that they have not become a saint? Okay. Russia has taken the loot off. Because I don't understand how he has still to prevail and to press the doors of Russia. Oh, Russia. Okay. Because Russia is one of the republics. But he got after he resigned from the party. Now he resigned, yes. So now he has to. I don't know but in India if you fight an election on one ticket, on one party, then you can't do something else in India. I don't know about that. You can't change your parties. Can you in this way? Well, yes. Now he wants to form the party himself, the new party. So they say it's a very historical moment. After seventy years. But then he will have to fight the elections again or not? No, because the election was a political election, not a political election. But it was done by the communist party. No, it was elected by the population. He was holding the communist party. Yes, it was on the radical side. Progressive. I think you should be asking the guy now. Because after all you see no more in the party. Because the Pargachem is still maintaining the party or not? Pargachem, yes, Pargachem. He is still the secretary-general. And Gorbachev is asking now to resign the membership card. Membership card? Of the communist party? Who him? He asked Yeltsin to resign the card. How can he carry on? Gorbachev then you see? Well, it's double, two different areas. Like Gorbachev, he is the president of all the old Soviets. But he is also the secretary-general of the communist party. If he would resign from the communist party, still he will be the president. Because now the communist party abolishing the... Is one of the parties? Yes, abolishing the Article 69, now is one of the parties. And it's not any more the living party. It's quite a lot older. It's just an American party. It's getting old. Nothing clear for it. They'll have to make a constitution and everything. Yes. Activizations are frightened of change. People are having a nice time. That's what it is. But democracy means quite a problem. Yeah, although conservative area, they don't want any innovation because they were nicely enjoying the bureaucracy. They were given three houses. They were told you can take your flats, please. But you have to maintain. So they said that we do not. Very nice car, all sorts of food and rooms and everything. So nobody wants to take the house because they said we can't maintain it. They said we don't know how to... They don't know anything. I don't think they have. Hello. She tried to get it as long as it was, but they didn't allow it. So they are going to cut out after you said that we have this... We are not this equal. We are not this equal. We are not the same. We are not the same. We are not the same. We are not the same. They cut out after you said that we have this... We are not this equal. We are not this conditioning. We are the spirit. And all around us there is this all-pervading power. And around us there is this all-pervading power of the whole. Of feedback. So anyway she said it's not a place... It's not a program which can explain things, but just throw at people that this sort of a thing exists. And they would say the Shri Mataji Nirmala Devi has arrived to Warsaw. Two meetings, not conferences, two meetings with people, with the population of Warsaw and today... Already without it there are so many people. Yes. So yesterday Shri Mataji there will be another... I said what's the problem of the vertical scale? I said start three candles. I thought you were three candles. After some time our feelings became better, better, she's back proper. I said now we are all right, we can go. She was quite...slowly, slowly she goes. I said forget it, you don't have anything here. Get up and walk. And she started walking. She was walking so fast. And after that we got into the car. We were going by car. We saw her walking so fast that she... And next time, next day she came... I was the one, I can remember, I was the one who made the order. This man was sitting yesterday, he was on the hall yesterday during the program. His, her brother-in-law was there yesterday and I asked him to sit closer to the way where you would be passing so you could see

him. You should come the day after. Yes sir, the day after. No, tomorrow. You got it? He's bald. He's a small boy? He's bald. He's not the same man. No? No, he's not the same as somebody else. There was one boy who was a small boy, I thought. But the boy which was, for example, this morning, he is born in a family of divorce, now they are divorced, the parents are divorced. And he has got some problems with mind development. He's retarded, mentally retarded and he's just going too far, physically speaking. And I think the reason was, one of the reasons might have been that both of them were doing all sorts of yoga's. They did, you know, four or five sorts of yoga's. And there is a very well known old actress which has started something which is called the Academy of Life. And in this Academy of Life, she, to show that she's very open minded, she brings all yoga's. Whoever has anything to say about yoga and good, this sort of thing. So she invited us and I said to give a series of conferences. And I said, well listen, we would love very much to come but there's one thing. We cannot be next to the others because the moment we tell the truth, we cannot say that there are other ways to get to realization, there's only one. And if it's not this energy, there's nothing that's related. So, you know, there's no point of having a series of conferences because already on the first conference we have to tell the truth. And these people would, she might ask about others questions about, what about this yoga and what about that yoga and we felt vibrations in this yoga and it's all the same like sahaja yoga, you know. Yes, that's a good question. If we assume that there are all the Indians who are not discussed. Soft and tough. Comparing Shri Mataji to the West or to the Russians, how do they pose the public, the general public, which you have in front of you, how are they? I compare to the West of course that's how the time goes on. But I think Russians are... Deeper. Another question. But most of them wanted realization. It is difficult to say at this stage. But I think that, say for example, in Russia if we had three thousand people who are on call, there would have been a real riot. In Kiev we had five thousand I think, or four thousand. Four thousand. So many people. Yeah, in Kiev is already more towards Poland. Why? Why most of the people in the ground is Russia. And Kiev is too much already, Kiev used to be Polish at one point in time. It's too much of an influence already. It's too close to the West. Ukraine and Ukraine, yeah. It's true because Kiev used to be Polish and the UNIs used to be Polish. The very council is trying not to. But it's beautiful Shri Mataji, the church is trying to get involved in everything now, because this makes people upset. So they go again. That's a good point about all the people. They are getting spooked. Yes. It's five o'clock, we can do the city. Five o'clock is coming. Yes, it's the city. Good night, all. Good night, all.

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Yes, they are going to be all right. You are going to look after them, is it? All right. What's happening? Feeling fine? Feeling fine? Are you happy? When she has two months, my teacher says, Hello, is it? Hello! Understand the feeling. Yes, that's the bottom. There are many children like that. Yes, there are so many eyes. It's all right. All right, all right. Open your eyes. Eyes are what? Open your eyes. Open your eyes. Oh, third eye. No, no, no. That's the same. Ah, ah, what's that? Diana. Diana? That's what the night says. Ah, feeling better now? Yes. What's that? I don't know. What's that? It's a little bit. Ah, now what about this junction of Yogananda? You have to do something about it, you don't mind. Get rid of it. It's horrible to be so young. You see, I think you know, but they don't. What's it? No, there is a river there, but it still is a river. But it's cool. Yes. Why is Yogananda bad? What's bad about Yogananda? He was not real actual to the woman. You can see from his book what he writes is that he went there, he saw this thing and he met another yogi and he did games and that happened. What about his show? No knowledge. And apart from that from here he got ideas, these funny ideas of butting their hair and putting a... It's not traditional. It's not Indian traditional. You are not to leave your family, you are not to become a sannyasina, it's not Indian traditional. It's some sort of thing they have taken a clue from, I think, even Ram Kishad did the same, I mean, we wake up. You observe, you see, you don't have to give up anything, what can you give up in the name of God? What is so great, what can you give up? All false ideas. You give up these, you suffer these, nothing, you don't have to do anything, you just create a life which is balanced. Don't go to extremes, in moderation, that's all. Why will God ask you to do all these things, to shave your hair, otherwise why did you give me the hair? Shave it? You understand my point, but it's logical. You can see what I am saying is logical. Lower hand. When you are doing this, you are doing sat nubu or sat haramicha. Sat nubu or sat haramicha is the plastic bag. You are doing it by yourself, you are doing it by yourself. You are doing it by yourself. You see, Ramana never took us anywhere. She never took us anywhere. Even all the girls were married. Have you said anything? Have you alright? Yes, Mother. Is everything okay? Yes. Is that okay? It's okay. It's okay. It's okay. You have to do hatchery. That is you have to cut the tongue, put it back here, touch it here. Rajyobha, He said. Early disciples are in India, still wagging their tongues, you know. They can't speak, nothing is felt there. Later

on I think people must refuse to do that. And this is the skechery business, you see. It's like when the Kundalini rises, something happens within you. Naturally, you can see, a pula-luta happening. And when She rises, there is a contraction and then certain chakras are going to contraction to hold her up. Then if they relax, then... Just like your parashar movement of your, say, interphal, all right? Something so spontaneous has happened, that is raj. At that time also when this chakra is opening out a little bit, your tongue is pulling, but you don't feel. You don't feel, just a little. Now once the use of pulling the tongue by artificial methods and you'll be like moving a wheel of a car and saying that, let the car drive. See, when the car will start, it will drive by itself. By doing that, what you are not going to achieve, the result. All artificial things. You see, you can see, artificial things. You can see, in the photo of her left hand, she is looking at her right hand, and she is looking at her left hand, and she is looking at her left hand. Now, often somebody who Travels around wants to go onto the's garage wooden floor, so she has to showers the whole thing. She was shoulders. You just Kaboom. You will never see again what happens there. Does your coordinate tape. Yes. What happened? We've beenifice to fix the sten killy. No. No. Eclipse is here. You can see it. It's a river. It's a river. What's it called? Mamta. Mamta. Mamta. It's a river. I'll take it. Mamta. You can see it. I'm confident. I'm confident. I don't know. I have seen it. It's the left hand side. The right hand side. The mother is the most confident. I'll take it. I'll take it. No, you can't see it. It's a river. It's a river. It's a river. And the left hand side is the most confident. The right hand side. I'll take it. Now come. I'll take it. I'll take it. Now, how are you? Did you feel the full breeze? Yes. I'll take it. I'll take it. Put your left over here and right there. It's a kind of a misterism they work out. You have been to all for the same person? I'll put your left over here and right here, down. Left hand. Left hand towards Me and right hand down. I've got she's dead now. How many she has lost? How many she has lost? I left very quickly. I left very quickly. It was only a week or two weeks. Not only her stay with one her desire. All her patients are, all her desire was heart. Patients of Anand Maima, who are all her desire, high blood pressure, kidney trouble, liver trouble and heart. She came to London to see me. Now one more is coming. Brahma Kumari. Or they have arrived or not? They have arrived. Already arrived? They are in the name of Raja Yoga. That name there. They have arrived. They have arrived. They have a place in Adelaide Mother. They have strange ideas. You should use your brain. Your brain is good. You should not yield to any of these strange nonsensical things that they talk of. But people take to them, I just don't know why. They say that they have come to see me. They have come to see me and they have come to see me. They have come to see me and they have come to see me. They have come to see me and they have come to see me. Now better. Are you better? Feeling anything? I do feel quite good and I'd like to feel even gooder. Better. Yeah, but are you feeling the cool breeze is the point? Yes, I can feel a cool breeze on and off. I had quite a strong churned up stomach and that's just about gone. Yesterday or today? Today. I've been sitting here, I've been putting my hand on it. Which was done? So put your hand down there, right hand. And you just say, Mother, I am my own master. I am my own guru. You read too much? Do I read too much? Did you read too much? I do read quite a bit. Forget it. Probably all these books. Mother, look at the girl. She looks a different person. She looks a different person. Got it. She's the teacher of teacher. I think you put your left hand, right hand on the Mother. Right hand. Left side is very lethargic. Now what else you did? I mean, see over and all that. Been to Sri Chinmoy's group. I left him too. I left him too. In my afterwards. You know Baba Ramdas from Ninkarola Baba? He's his son. I better take out all of that. All right? You pull up. Put your right hand on your stomach. No, no, right hand. I'm saying, Mother, I am my own guru. Now what about you? You can be the first. Put your right hand on your stomach. No, no, right hand. I'm saying, Mother, I am my own guru. Now what about you? You can be the first. Put your hand there. Mother, I am my own guru. You too. Now put your hand up. You feel the block? Block is here in the head. All right? I'm saying that. Just say, say it. Loudly you can say it. Better now. Only thing you have to learn, the method, the vidya, the knowledge, how to work it out. That's all. Otherwise your spirit is there. You don't need a guru. All right. The heart, your heart. Put your hand on the heart. Better? One more method. Are you all right? You have been to this guru. That's why you are feeling it better. What about you? Aren't you feeling? Good, hey? Now you should look after this Adelaide Centre here. Master this heart. I hope to send some of them here from Sydney. They'll work it out for you. But you should not import anymore. Import any Sahaja Yogis. Now you should become yourself great masters. Is there anyone here who's got a big house where you could lead it all? Half an hour away. You're very welcome to come here. It's just that they haven't established a centre yet and they're needing it. It's all right. It's all right. It doesn't matter. Half an hour away. But then you find out some other place, you see. Is there anyone else got one in closer to town? Did you take down their names? Yes, they've done all that for us. I'm up the hills. You're very welcome. That would be good, really. Come upstairs and have a look. She has to save so many of them. Did you? Imagine what an attach is from every sort of thing. This lady here also offered her house but she says she's an hour's drive away. He's half an hour. Well, depends how heavy your foot is. Half an hour for me. Half an hour for me. First meetings from the waterfront. I'd like to speak to Linda with her hand. OK. Who else? I am my own guru. Just know that you are your own guru, all right? Just believe it. Must have faith in yourself. It's all right, she's all right. You have a bleeding problem? Right. What about your father? Now, forgive, forgive.

What about your father? Well, he's died, he was very ill. What's wrong with him? He had cancer, he died of cancer. When? Seven years ago. Now you tell him, close your eyes, tell him that I am all right. Don't worry about me. Put your hand on the mother earth, right hand, on the mother earth. And just tell him that I am all right, don't worry about me. Take your birth, get your realization. Don't worry about me anymore, I am all right. Just tell him. Stay tight. Are they all right, children? All right. Mamata, are you feeling all right? Good. No shaking now in your hands? Still shaking? Is it shaking? No. Good. What's the difference between nervousness and pain? It's a cultural shock. It's a very important thing to be able to understand that you are not able to get through this. First class is not able to get through this. You are not able to get through this. And you are not able to get through this. What is the difference between nervousness, pain, pain, pain and pain? Better. All right. Take my foot to the ground. Work on that. First step to that. Are you better now? No? How is it? It's much better, it's still left to understand us and obvious. So many good ideas. Boy. Come here. I'm all right. Come forward. Now I'll have to put my foot on your left side. I don't mind. All right. Come forward. Come. Oh. Can you see it's Kundalini at the back? Yes, sorry, can I use your foot? No. What? No? Now, do you see the rising? Yes, it's difficult to see, Mother. Just listen. Now, just don't feel guilty. Just don't feel guilty. Put both the hands on the Mother Earth. And not to feel guilty at all for anything that you have done. All right? Left arm. You go, Mother, at left arm. At left arm, yes. Okay. Okay. Forgive yourself at the beginning. All right? Forgive yourself. Because after all you are a seeker. It doesn't matter. I'll put the red so they don't run away. Run away from this red, you know. Ah, better. What a treat. You like it. Thank you, Mother. I gave you. You gave it. What I gave you, what I gave you. And these two? These two, I guess? Ah, not this last year, anyway, Mother. Last year? Not this year, this last two, I think. Last year? Perhaps. All right. Now just feel it. I think I'll work on the lower one, so. Where did he go? He's gone away, the gentleman. He's gone away? Who is that, Mother? That's Yoga and Nandana, you see. All right, I'll just use this one. What? It's very good. It works wonders, you know. The red color. It's right inside. Just something like that. Better now? How are you feeling? Still the same. I think the worst thing now. What is that? According to each other. It's quite strong, really. Not good, just good. Put your hands. Feeling nothing in the house, Mother? Nicely damaged yourself, all right? Showing yourself to the right. All right. Every chatter on the left-hand side is damaged. Something, some sensation. It's a little warm in here. I think it's the wind from around here. No, no. It's not. Not so much, you see. We worked out. It has worked out, but we are in the same place. Right? There are so many places you can go to. It's like a courageous man. I was telling her I was a Buddhist. A daily Buddhist. Also Buddhist. Too mad. Now ask the question. Mother, are you the Holy Ghost? I'm not. Are you the Holy Ghost? Mother? Mother, are you the Holy Ghost? Mother, are you Buddha? Mother, are you Buddha? Slightly more Buddha. How can God forget you? Going to get the feeding He's all right. You're good. How is he kept out of all this? I don't know. Too slow I suppose. Good idea. Come now. That's a good idea. Not to be too fast into this. It's the experts method. Ask him also to bring sugar and everything. All right, you bring it all up. After spent lot of money, many gets become mad you become. That's what happens. You are all right. Now come now. Are you feeling better now? Are you feeling relaxed? All of you feel anything? Come forward. Amazingly nobody is disturbing us. You see? All these cars have come. Nobody is bothered about us. That's it? That's all. Come. Here. Come. Come. Enter the call please. Ask the question. Mother, are you the Holy Ghost? It's very cool. Just call him. That will work out. All right? You believe that all false signs are human? door. This one? And ask her, Mother, are you the Holy Ghost? Mother, are you the Holy Ghost? Mother, are you the Holy Ghost? I want to tell you about the theater. Thank you. It's only great. Are you all right? Is it better? You should be. You are not ugly. Better? It's very sunny. How does it look? Your wallet got used to the most. I was going to ask you, would you like to have lunch with me? Or will I bring it in? It's very sunny. What's the number? That's up. I want to be treated. I think Vishuddhi is not all right. I've tried everything. You see this? Yoga and the business is horrifying. Excuse me, can I just come here? Yes, it's blocked. Can I just do a little manipulation on the neck there? Just turn your head. Just let it relax. When everything gets better. And again just let it go. Is it now better? Feeling it better on the floor? No, I'm finished. Mother A, the incarnation of the police group. Look at how many steps they have on the a-the-intonation of the police group. That's the only information. The police department is now in the position to take the police to the police station. The police department is now in the position to take the police to the police station. It's there. It's there? Yes, it's there. You're sucking in. I can feel it. I can feel it. Ah. You've done your right hand now. Have you got a just wet forehead? No sort of a towel? That's all right? Just a towel. Oh, well, at least we do have this. Can I use this? No, no. Here's a towel. It's flowing. Flowing. Just we have to blow it out. Ah. What a forehead, eh? Satsangi Om Shri Mataji Shri Mataji Om Shri Mataji Shri Mataji Om Shri Mataji How long has been the practice? Shri Mataji Om Shri Mataji Let's say it, come on. It's here. Got it. See if you're feeling it on the head now. Good. No, not for it, on our head. No, better? Now let's see if you can do it. That's the main thing. But don't get disappointed. I'm disheartened. Better? I feel it's tingling. Tingling is starting. Just see if it's tingling changes to cool. Oh, tingling changes. Right? Tingling is the beginning. The beginning. See? Pulling down now? Better, better. Tingling is getting better. Better? Ah, better now? Ah, ha, ha, ha, ha, ha, ha, ha. Right? According to the expression of this

word. See these rules make you work. You don't work. Very nicely take all the money and everything. Hmm? It takes time to neutralize the person. But have patience with it. Today is the second day on the year I'll meet Me, all right? Tomorrow and next time I'll see the early people. And also do what they tell Me to do now. All right? Really just be good to Me. All right. Are you all right? So, what's the secret? What would it be possible to... This is not cane sugar, but could it be added to that? I mean, it's cane sugar, but it's not white fine sugar. But if that was added to sugar... Sure. What? Solar. Are you all right? No. Not really. Come on. Keep your hands up. Come in closer so she can... Make it easier for her so she doesn't have to reach. Just move in a little bit. You feeling the cool? Second view. It's the channel. Visual coming up. It's not the window. It's the window. What's the view? There's no window. What's your vision? You've been to someone? I just... You mean for helps? Not for spiritual help. I do a lot of reading, but I don't really go to anybody. I'm still searching for something to believe in. All right. Put your hand down there. And just ask the question. Is that are you the source of all the knowledge? Ask Mother. Mother, are you the source of all knowledge? Meaning like books and things. Mother, are you the source of all the knowledge? Mother, are you the source of all the knowledge? Okay. Mother, are you the source of all the knowledge? Mother, are you the source of all the knowledge? Feeling it there? Now, how do we do it now? We start it. All right? You can write. Just sit down. Working out. You can write. Just sit down. Working out. Give me some space. Feeling it there now? Come here.

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Just take something and then go. You take these sweets, all right? Children just like sweets. Children just like sweets. Children just like sweets. Children just like sweets. Yes, you can put her back by one o'clock, isn't it? So that she can arrive by three o'clock. She'll have something of her own, lunch. But even if you go later, doesn't matter. As long as she comes back by three o'clock or four o'clock. Yes, she will go. I've had two, thank you. Is there a direct line? Yes, Mother. For you to go direct? There are trains that go direct from Cambridge. You are going by train or by car? I'm driving down by car. Is there a direct route or you have to go via? I'll be going from Milton's Peak because I think there is a direct route. There's a direct route? Yes. How much time you take? About two hours. From here? I've never driven from here but I think an hour and a half or two hours. From here to Cambridge? No, I tonight. I'm asking from here if you go to Cambridge Direct, she can meet you at the station. We can arrange that. In Cambridge. In Cambridge. In case if you find that they're going to London and this is going to take too much time. Because if you go to London now, say to London and then to Cambridge, it will take four hours for you to drive. But supposing you go direct from here to Cambridge, then how much time will you take? That's easy, Mother, because I'm driving away from here tonight because I have to work at a children's camp tonight, early tomorrow morning. So then it takes Me maybe an hour and a half from the place I'm at to go to Cambridge. From here to Cambridge is only hour and a half? No, from Milton Keynes where I'm at a camp, a children's camp. Then it's an hour and a half from there to Cambridge tomorrow morning. Oh, I see. So it would be better if you go direct to Cambridge and she meets you somewhere. At Cambridge station, if that's all right. All right, so we give her your telephone number and you can find her. Yes. All right? I'll meet her at the station. You take her at Cambridge station and take her round about and then send her away. That's all. Is it all right? Yes, Mother. That's better. So we'll organize that. That's better. She should go directly by train, take a return ticket and come back. It's the same price, return ticket and single ticket. Is it? Yes, and they return. It's all right. They return. This is the saree kalpana game. Yes, very nice. Yes, little Machindranath, Mother. Yes, Machindranath. Machindranath, now. Let's have one by one. How are you? What did you eat? We're sitting for lunch. Mother, will you excuse some people to go for first sitting? Yes, please people are not here. Machindranath, how are you? Are you talking? I just told them to go for lunch and none of them will go. Hey, now, come along. I'm just talking to Machindranath and company. All right? So the most adult ones go first. Oh, let me show it to you. How's it, this flower? Machindranath, see this flower. Machindranath, Machindranath. Mother, Mother, there's only one more sweet left towards it. How Machindranath? All right? Machindranath, you can have this. I'm going to let my lady know. Come. Come. Machindranath. Oh, Machindranath. Now. Machindranath. That is Machindranath. I bought tickets. It's too much now. Too much now. Now. Hello, Machindranath. What's happening? Come along. Sees that way. Machindranath. Mother, you know these things are plastic. They're painted. Really? Is that plastic? Yes, you see there it is broken. You can see the white shade on top. What plastic is this? The one here? Same structure. Ah, just look at this. Come up, George. Ah, very close. I hope, one of you, how they are done. They do it with the stone also the same way? They can do, yes, but the plastic's easy. You just mold it and then it's nothing. It just paints. But in India you'll find out it's not plastic. Ah, in some English houses they can't. Yes. Are you okay? Are you okay?



Are you okay? Machindranath. What's happening to you? Ah, I'll just catch a breath. Machindranath. How are you? Is he all right? He was better last week, Mother. He seems to be better last week and it seems he was less good here. You can see him, he's kind of... Got cold, I believe. Ah! He's eating. It's in the mouth. How can he call that? It's gone in the mouth. Can you take it out? Look at the smile. So cheaply. Hi. All right? Take it. All the children are here? All the children are here? Machindranath. What's happening? Now. Cathy's all right now. She's all right. Thank God she's all right. It's good. She can go back if you want to. I'd like to see her. So now you'll go back to London. We'll call her home. You can see her. Aarti, how are you? How are you? Aarti? Marina? With you. How are you? What's the name? Samuel. I gave him a name? No. Ah! Aarti? Hello? William? You know me? Hello, you know me, William? Do you know me? Do you? Look at that, eh? What dreams they have. They are going to put you right. Hello, Samuel? Come. Come. Come. Come. Come. Come. Come. Come. One by one, all right? Now Mr. Machinder Nath is having his feet. That's all? Ah! Hello, hello, hello, William? Why are you crying? Hamsa, you catch cold very fast, these children. Good training for you. All right? All right, all right, all right, I'm going to take you. Now. He's comfortably seated. His surname is Rahu Reekar, because he's from Raurie. We are going to call him Mr. Rahu Reekar. All right. All right. That's security. He's remembering, you see, many things I think, past things. Look at the baby. That's Samuel. I'll take one by one, I'll take one. They want to have one. They'll know you. Who are you? How they understand you, I believe. Aha, aha, chana. Who's going to eat the chana? Doesn't he have grapes? Now, one more. Will you? Why were you crying? Mommy is troubling you or daddy is troubling you? Who is troubling you, will you? See how they could miss you. What happened? What's happening? Will you? What's happening? What a nice place you're wearing, eh? Hello, will you? How are you? How are you, piggy? I don't see you here. He's your brother. Now, let's see. We'll put William down here. Come along. See, the baby. No, no, no, no. No feeling bad, let down. All right, no, no, no, no. Oh, no, no, no, no, no. He started understanding. All right, come, come, come, come, come. Come, come, come, come. Oh, oh, oh. All right, you're starting a bad boy. No, no, no. See, see. All right, now. No, no, no, no. You're starting a bad boy. He's bad, he's bad. Oh, hey! No, no, no, no. All right, you may break one more way. No, all right, no. No, no, no. All right, now. How are you? Are you all right? All right, all right. One bad boy. All right. All right, come along, come along, come along. All of you are why? You're crying, I think. To get the eyes, right? Spirdish eyes. And they, hi. Are they? They're very happy. How are you now? Better? Mother, she was very ill about two months ago, quite feverish all over the world. It's very hot and we should beat those people that also have been bothering her for summer. And she was very ill about two months ago, quite feverish all over the world. It's very hot and we should beat those people that also have been bothering her for summer. And she was better after that and we were wondering what to do about. Who were those people? Those people that also have been bothering her for summer. This is the names you told Me, is it? Yes. They're called the Manitos, something like the brothers. No, you told Me some names on the phone. They are the same. What some people are trying to do all this? They seem to have attacked. They are still there. I think that after we start burning the name and chupiting them every day, their attack is more ferocious now. It's all right, don't you worry. They are all right, they can fight it out. A tea? No, no. Is he happy? What about you having a baby sometime? Not yet Mother, but I want to have one very soon. Your house is not yet settled now? No, it is not yet settled. What happened to that house of yours? The fellow was mad or what? Crazy. Well, the landlord wants to do it out. Oh, I see. So then what did, are you still in the same house? At the moment, yeah. Is it? So Alan was thinking of arranging some place, Alan. He was saying that there would be a place together. What about you people? Who else? Rosie and William. Rosie and William. What happened? They are looking for one. They are looking for an ashram in Bristol. Where? Rosie is looking for one in Bristol, in Ashram. In Bristol? Yes. People don't. On rent you would be, it would be. Yes, but landlords don't want people with, who are having children and also there are a few of us who haven't got jobs and this doesn't help either. Oh, you can manage. Why not give them also the same thing which you are doing for Bristol? For Brighton. For Brighton? For Bristol, the same thing. Just see this kind of a thing. It's a very good thing if you can work at Chris. Just see. Have a look at it. It's very interesting. And that is how we got, I think. So that you can use this Sahaja Yoga co-op as a base. Hello. Now. Hello. Hello. So your name is what? Samuel? Samuel. Samuel Marcus. Samuel Marcus. Samuel Marcus. So what should we call him? Right? What should we call him? He's very strong Mother. Like Samson. I sometimes think that's what we should call him. We have no Samson. First of all Simon as Samson, many things. I was called him. But he should have another Indian name for him. He is the most powerful thing. He's got very good heart. Very strong heart chakra. He's got very good heart chakra. Sorry, right movement. The right movement. The greatest bhakti. Bhakti is the highest. Hanumantha is the highest in bhakti. No greater bhakta is there than. Your Krishna has praised Arjuna. But Hanumantha is divine. Hanumantha is the greatest bhakta because you see Arjuna is a human being. But Hanumantha is bhakti, is so great that he's a God. Gods have their own powers despite that this devotion is great, isn't it? The ones who are Gods who have this bhakti. Human beings can have. Anjaneya, Anjaneeswara. Shri Dharah is good name. Shri Dharah. Shri Dharah. Call him Shri Dharah. Shri Dharah. Shri is what he was. Dharah is the one who sustains. Thank you Mother. Shri Dharah. Shri Dharah. Is

good name? All right? Shri Dharah. And you see I named him William and this also he is named as William. Just look at that. I think now everybody is going to call everyone William. And now you got Me. This is Marina. Marina. No, no, no, no, no. What happened? What happened to you? What? You have to be hurt. You have to be hurt. Last time I touched you. Why did I? Why did you touch me? No, no, no, no. What's the matter? Same thing is it. Does she keep all right? Somebody else could. Why do you say? Why? Why to cry? You didn't go to any guru or anyone. But I hope these horrible people are not working on here. Did you take? Did you meet them? Those people? No, no. Not you never took children there with you? No, I think it was in Chile Mother. I've never been to Chile. But they are back now here, no? Mother, they operate on dead spirits and they can, if they think of somebody anywhere in the world they will crush them. That's it. But then about the child's birth or no? They don't know nothing about Marina. She's catching on the void. Left, left Sadhishtana, I don't know why. Mother? Mother? We've been living with a little girl and she's catching very badly with Sadhishtana. Her little girl and Mother. She's My brother's girlfriend's daughter Mother. My brother's girlfriend's daughter. She has a very bad left, Sadhishtana. What does she do? This is your Mother? Nothing Mother, I don't know. I think she's just a model. Model? Model. That's so fine. You better ask her to get out. How is she in that house? Mother, we had to move from our house so we had to move to where my mother was living for two weeks before we could move into the ashram. Oh, I see. But now you are no more there. She'll be all right. Now see this modern business is dirty, very badly. It's very not special. Hello. Hello Marina, why did you cry? That may be the reason there's a lingering effect. Last time also I remember. One more. Let's see if she gets it wrong. Marina. That's it. Thank God you're out of it now. I'm sorry. How they attack children. You see it's very inauspicious to go for modelling and selling your body like that, isn't it? Models are nothing but just the very poor type of women. Why should you do it? I just don't understand. I'm sure she'll be all right now once you get out of that place. Wow. Look at this one. It's a tiger. It's very often broken. It's very often broken. It's very often broken. It's a tiger. It's very often broken. Come, come, come, come, come. See the smile is very... It's fallen off. That's it. Everything to be vibrated. See that. That's it. That's it. Now remove it I think. Now remove the chana. Remove everything that is at three feet level. Now. Don't break it. How old are you? He's just finished some kind of similar because he got croup. It's the Shri center heart. It's breathing at night. But he's much better now. He had a bit of a breathing. When I worried more he worried more so I stopped worrying. You see if it is hot you should not suddenly expose children also before that. It's very treacherous crunching as well as... I find I don't know whether how hot he should be and yet it's overheated sometimes. It's very difficult to know. No, you see people suddenly in India say now such a country but forty days so they never allow them to even to see the sun and should that extend their... Hello Marina. Are you all right now? Are you better? You had a bad liver I think. Yes. Also would penicillin worsen it? Yes. How are you? You rub My right foot. You are yourself a liver being led to what else did you raise but your child. How is your speed? Both of us. Better now? Rub it hard. Rub it with some speed. But he's not bad by the way. Give me some. Junior, they are all sitting there. Yes, he is not good. Machindranath. You know that's your name. Hello, hello, hello. So full of life. So full of life. He's much better? She's become very normal. I think we'll have to get Suzanne also there. Does she need to rest a lot physically? Catherine? No, I don't think so. She's all right. She should not. He may not have brought up all his wind. He may not have brought up all his wind. I fed him not long ago. Yes he has. He's rolling. It's rolling. Machindranath. You're rolling now. He's going to put me back on right now. Hello. She gets normal. I see they have everything. Stupid, like stupid person she cries now she has to be. So for what? For what has given you everything? Still you cry you always thank God, isn't it? God has blessed you with everything. Why should you be unhappy? Then be unhappy if you like it. Let us have it. This is the main problem. You never understand what God has given you. You make everyone unhappy. By being unhappy you make everyone alone. I must tell you one news about the Jew. There's one Jew in Australia who taught Me in Australia. What's his name? What did you say? Mr. Rabbi. Mr. Rabbi. He's finished there. His name is also Rabbi. He's a Rabbi. Do you have like that Rabbi's cares? Rabbi is the title, isn't it? Yes, it can't be the name. His name is Mr. Rabbi. No, no, no. That's the title but I don't know his actual name. I just thought maybe his name is Rabbi. Oh, good. Are you better now? Last finger. Yes. So these new people have gone away, have they? Are they going to come? I think some of them are already here. Some of them are having lunch. What is dawn? Is dawn here? He's not, he's no more. Oh, dawn? You are going directly to Spain? From London or you are going back to the U.S.? Directly. Direct now? Tomorrow, no, tomorrow evening. Tomorrow. Tomorrow evening, Mother. Dr. Singh was telling Me this that day that there is some writer who has written to you that as a powerful electronics, as a powerful electrical machine is there which makes everything even strong, he said that some spiritual power is going to come which is going to make others spiritual or something like that. But I don't know what he said. That writer and another one who was saying that he was a scientist who has talked about it. When T.H. Green, you see, he was telling Me that T.H. Green is the person who has done lot of research about Shri Mataji and He speaks just like a Sahaja Yogi. Have you read T.H. Green, any one of you? So also ask him about this T.H. Green because he did his thesis on T.H. Green and Vivekananda, no, T.H. Green and Shankaracharya. So you might be able to get information about that. That's one of the things

you should let us know because somebody is doing now a thesis, then he is doing thesis on yoga so we can bring in all these things. Secondly, what has happened about those ceramics I sent from here? Gavin has had a letter, Mother. What is it coming? They have the letter from the agents now, Mother. They were just going to collect them and he wrote them there. They have got the permission? Yes, and they have brought it, they have got it ready to the shop in the best commercial district in this room, the little shop as well as the ascent. And they came here from the ascent around the shop Can't hear you, please. Well, first of all they have got the letter from the agents so they can proceed with customs clearance. They have not yet got customs clearance. Secondly, they have got a property in the best business area of the city for a small shop. And thirdly, they have got the ascent somewhere. But they wanted to have it for the opening ceremony, they told Me. Well, it looks as though they will. It looks as though they will, Mother. See, first they should do the opening ceremony. In the center they wanted to invite people from everywhere and they were going to have an opening ceremony in that way. Then they should go to this place, to the shop. First of all it is to start the center even. They wanted to have some ceramics. Isn't it to start? Yes, Mother. That was the idea. To start in the place we went to visit. And then if they want they can start a shop but just now that is the best way. And you agreed to. The idea was that they would open that, they would have an exhibition of the ceramics you sent them. Ceramics. And they would invite all sorts of people who were well-lured. I mean, to write to them this was the idea. To invite people for a new type of ceramics being created and an exhibition of that and that they were saying we will invite many people for that. That's what they are doing now. They are not there but I can see all that. But I was thinking if Don could talk to Mr. Singh and ask him who is the ambassador in Portugal, I don't know who is he, Indian ambassador. If he would oblige them by opening the center, by opening the ceramics. Because it's Indian ceramics, Mother. Yes, we should not call them Indian but Indian style ceramics. That's it. They are saying that we got training from Indian people or something like that. Not far from here. All right? So if, just ask if somebody can inaugurate, you see, because he has a very nice place for that. Then the whole thing will come up to a level. What have they offered you as a job? Translator. I'm filling in for his translator while he's on holiday. Translator. Translation of what? I think letters. It's for two and a half months. Will she for us date him? What about Girard? What's the situation for him? Did they say anything? What's your wife's position? Did you once see her? What did she say? She's just waiting for the baby. She's just waiting for the baby. She hasn't said anything about someone. But now baby is expected when? In October. Long time. October. October. So about two months more. By that time you can find something for me? So give him all the addresses, everything, and all the people who are there. You handle them carefully. And I'm sure you can do very well. How are your vibrations today? How are you? I'll leave all English complications in England. English complications. Let's see here. This way please. Are you feeling bad about it, emotional illness at all? No, no. You were burned out. You were burned out. All of you were burned out. Look at this one. Better now? Heart, put your right hand in there. This one. This Sudarshan who has come? Sudarshan? He's come from Derbyshire, I believe. Name of it. This is someone in Cambridge. Some girl in Cambridge. She's come here? From Oxford or from? Cambridge. Is she here? No, she hasn't come. But she's in Cambridge. So Derek said she could not help to show. Hi, it's all right. No, she'll go with you. Is she? She's all right. Because after she's a grown up woman, what is there to be so frightened of anything? After all, Derek is going to be with her. And she's a married woman with two children. One daughter is in the matriculation class. But she's also done PhD in psychology, you see. Just natural. Just the right style for her, right? PhD in psychology has to be frightened of everybody else. Because they live in a pathological world. They have all problems, pathologies. They treat people as if they are all sick, you know. Today, Maureen was telling Me, she went and saw one book that innocence, a myth. Can you imagine? For them, innocence is the myth. The other thing they have is religion is an illusion. It's like opium. It is called religion. What about psychology? That is the God's gift. God is an illusion. According to them, God is an illusion. So how can it be God's gift? This must be devil's gift then. If God is an illusion, psychology must be devil's gift. The way they are destroying everyone. They are destroying everyone. Mother, you do not know how they do it. I'll explain to you in great detail. He himself now is convinced. Now what I'm saying, we'll have another book after your Jungian one about psychology. You and Maureen put together, bring them out in light. See, the first thing they do is they hit the liver, you see. First they let people at weak right sides anyhow. They are all on the left. Then they hit the liver with their, every psychological drug hits the liver. Everyone immediately is put. So then the liver goes. And then there's no, yes, Mother. I mean they all. Yes, it's all these are true. Catches on the liver. Stragglulizers, these that. Horrible it is. Absolutely. Liver and void. Then the people have no chance. Sure. Then if they are still, if they still haven't recovered, they shock the brain. See the innocence. And then they go and they catch it with their eyes. They are all on the left. They are all on the right. They are all on the left. They are all on the right. They are all on the left. Mother, I have a dolphin here, twice. So she's dawned. How is she? Not very tired and she's got some inflammation at the breast. And the person is feeding the baby and she's a bit unhappy. Isn't that the first thing the baby? Oh, she is. She's still carrying out. She'll be all right. You love the baby? How bad is this little boy, right? Slowly, slowly. Give it to the mummy. Give it to

me. One can give it to the child. You can't give it to the child. You can't give it to the child. I love the baby. I love the woman. I love the woman. I'm so happy. I love her. I love her. I love her. I love her. A bad job. Oh, look at this. You love the baby? Yeah. Yeah, there you go. It's beautiful, isn't it? I know. You love the baby? Oh, it's beautiful, isn't it? I know. Very slowly. It's great. Didn't give any trouble to you. Very nice. He's very good all the time. He's very sweet. The sweet child. Hello. Hold the head, I think. It must be here. Always put your hand under the head. Yes, keep it. Go Athena. Go Athena. Go Athena. So should the other two go now for lunch? They have come back? Yes. They ring a bell. Oh, I see. I can have it with you. Yours is ready, Mother, whenever you like. Yours is ready whenever you like. I was such a habit with us. How are you? I'm a busker. Are you better? No, I'm a busker. How are you, Pavila? Now you know why your thing failed. All right. Come on. Mother, I just wanted to say thank you for my family. All right. I really feel loved. It's nice. You're so much better. You're going to come and see me, all right? Yes. How are you? All right. What about these two? Have they come or gone? No, they're here. Where are they? I'm sorry, you see, why I asked you to go, because yesterday I was very heavy. I couldn't raise the Kundalini. I just couldn't even talk. You see, the weight was too heavy on me, you see. So that's why I said, for Pudya better not have you, because very intensive work it is, you see, and it cannot be managed. But for how and when we'll manage, all right? Rightly you must cleanse yourself, become lighter, and no, who's arguing? Who was the girl arguing? Where is she? Somebody who was arguing before the Pudya? Where is she? Is that Ray? Ray? She must be having lunch also. I think she's gone. The one who was arguing. She's gone? The one from Bristol. One from where? Bristol. Where is she? She's not here today. That's the bell. Nicely sleep. How are you enjoying now? Quite happy? Very happy Mother, very happy. What about your house? We haven't heard anything yet. Not yet? They said they'd consider it. You should find out something like Reggie's. But it would be, till then you can be here, you see. What are they saying? Well, they're saying, you know, there's a lot of people more desperate than us, and that she to become homeless would be the only way to get one. You have to become homeless? Yes. And then we have to go into bed and breakfast until they can find us. When you have to the what? Going to a bed and breakfast hotel until they can find us accommodation. They don't consider them high on the priority list, in other words. That's why China had to go. Yes. All right, now I understand. So, then I think you better do it. In that case, yes. Oh, oh, oh. What? There. My name is not here. I hope you have a big ego. Hello, Shri Bhagavati Mataji Shri Nirmala Devi Ki Jai! Shri Param Brahma Mataji Shri Nirmala Devi Ki Jai! Thank you very much. It's like a teenage crowd. But did you learn from, I told her how to make, I think, he still knows how to make the garment. I taught her. I taught her. It's very simple. You don't have to involve in it. You saw that picture, Rishka? Ah, yes, Mother. Did I show them? I'll show them. You just show them. It's very simple. I told them how to place them. Look, there's another mukuth Mataji. Another one? We do that often. Still out of there. So they will adapt there. These have to be done also. Hello! What's she doing? Are you all right, Mother? Are you all right? Thank you.

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Questioner insoue As you read in the pamphlets, you can see the chakras, and that's the way you're going to find in the meditation, you're going to discover the chakras. The pamphlet is a very important one. It's a chart of meditation. It's a chart of meditation that you can see in the chakras. That's your inner system, your subtle system. It's called the chakras and the channels. You have three channels, the hot channel, the cold channel, and the center. And then you have seven centers of energy, seven chakras, from down to the top. And that's the story of evolution also comes in that evolution of chakras. In the first step of evolution, you have the inner sense. And then you have the creativity where everything starts to be created. It's the second Swadhisthana chakra. Then in the third step of evolution, you have all the material well-being is formed. It's where you can eat, you can find food and rewards in the material aspect of life. That's where the animals, they stop at that level. And then comes the fourth center, is the heart chakra, is where you start having feelings. This is in brief, there are more things also in these chakras, but in brief. Here is where you have feelings, and the father and the mother, relationship. And then you come to the fifth center, is the Vishuddhi chakra, is blue. This is where the human being starts communicating. He can sing, he can talk. And then you come to the sixth center, is the Agnya chakra, where the human being starts also thinking. They can use their thoughts to create things, to solve problems. But it doesn't stop here. It has the seventh chakra, and is the last step of evolution in human beings. It's where you have the contacts with another dimension. That's the state of joy. That's the state of meditation, actually, Satori. And in that level of meditation, you also get connected with the divine knowledge, with the knowledge of everything, all that was created in the world. That's why in Sahaja Yoga we say that you have to disclose. You are your own master. And being your own master also is nice to have somebody that can teach you something also. Somebody that has that deep knowledge of meditation, for

example. And somebody also that can be like your own mother, that teaches you, like your own mother always teaches you. It's somebody that can teach you also in that other level of awareness. And that knowledge has no monetary value, because it's the knowledge of the Divine. It's completely free. It's the knowledge of the world. And that's why in Sahaja Yoga we say that you have to be like your own master. So we have a little group of Sahaja Yogis, and we are going to sing one song for Sri Ganesha, that's the elephant gods, and the other song for the goddess Vishwa Vandita. Also just a little parent says, The children also meditate. And that's why my son is like that, I'm sorry. Sahaja Yoga is a beautiful song. I think it's a beautiful song that I can sing. Let's sing that two songs, please. That's the drum player, Toshi Kon. And Hamon is playing. What's this? Thank you.

Shubhadam paragam  
dhamunamat Vishwa Vandita Nirmala Mata Sarva Kapur Kriya Nirmala Mata Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Shubhadam paragam dhamunamat Vishwa Vandita Nirmala Mata Sarva Kapur Kriya Nirmala Mata Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Nirmala Mata Sarva Kapur Kriya Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji, In this way, in spirituality you grow in two stages. The first one where you are thoughtlessly aware, and the second one is called as doubtlessly aware. You are aware, fully aware, but you have no doubts. Doubts about yourself and doubts about your divinity. And then you realize how glorious you are, how peaceful you are, and how powerful you are. You are filled with passion. This all-pervading power is the ocean of knowledge, absolute knowledge, is the ocean of miracles, ocean of bliss. But above all it is the ocean of forgiveness. So you don't have to condemn yourself. If you are earnestly seeking the truth, it's a right that you have got that you should get your realization. All these centers are for your physical, mental and emotional being, and above for your spiritual being. When these centers go into jeopardy you have problems. If you can cure these centers you get all right. Also you can feel the centers of others. So there is another awareness, another dimension of awareness that comes to you, that we call as collective consciousness. That means we can feel the centers of others on our fingertips. I have to tell you that in Delhi University three doctors have got their M.D. with Sahaja Yoga for curing incurable diseases. When the Kundalini rises, She nourishes all these centers and thus very incurable diseases are cured. By your own energy, by yourself. After your Self-realization you become a peaceful personality, very creative and extremely compassionate. It's very relaxing and you get rid of all these modern problems of stress and strain. I am seventy-two years of age and I am traveling every day. I came yesterday from Sydney and tomorrow I am going back to Hong Kong. It's quite hard because I don't think I travel. Just I am sitting here, I am sitting in the plane. So with this new awareness of collective consciousness we can feel others on our fingertips. Who is the other? They become the part and parcel of your own being. You can cure other people, you can raise their Kundalini and give them Self-realization. We have so many powers within us, so many potential powers which are awakened. It's nothing outside. It's all inside. When we start practicing goodness outside we become fanatic. Because it's not mental, it is beyond the mind. I've met many people who have got awards for peace, who have got peace organizations. But they are very hot-tempered people, extremely hot-tempered. Those who have no peace within, how can they give peace to others? But when you become Self-realized you emit peace to others in the society, in your country. Of course Indians know about it so it has worked very much there. But surprisingly it has worked best in Russia. They were communists, you see, and they have no materialistic attitude. I don't say communism is good. But even democracy is also demonocracy. Communism if it is suppression, democracy is absolute licentious permission. The culture of West is very dangerous. It is ruining the people in the West. As a result these fanatics of Islam and all that have started another movement to suppress. But by suppression morality cannot come, nor by giving freedom. You have to take to the middle path and not to go to extremes. That is only possible when you become the Spirit. In such culture we don't have any suppression. The people have their own discretion and they know what is good for them. As it is you can find it's very difficult even to follow Christ. Christ was a great soul, very great incarnation. But He didn't know what sort of human beings He was pleasing. He said in Bible in the fifth chapter of Matthews that if you use your eyes, one of the eyes is doing a sinful thing then take out the eyes, your own. If your hand is doing, right hand is doing something wrong, cut out the hand. These are rules and regulations for angels, not for normal human beings. I have been to all the Christian nations, I have not seen even one person without one eye or without one arm. Then came Islam. So perhaps Mohammed thought that Christ was strict on men, why not be strict about women? So he said any woman who looks at another man with a bad intention should be buried half way in the mother earth and should be stoned. Imagine women in America, all of them will be under the earth because they are all the time divorcing their husbands. Also he got this shariyat, shariyat, shariyat. Actually it was Moses who brought the shariyat for the Jews. It's in the book of Jeremiah in the Bible. But Jews thought it was too much so they wouldn't accept it anymore. But Mohammed thought Mohammed thought it was too much. I should tell you that in the north of India we

have lots of Islamic culture. Under that influence women are suppressed, they have to cover their heads, cover their faces, even Hindus. But the immorality is so great there that I don't know. This suppression can bring in such horrible immorality. Yes I was travelling from Riyadh to London and I went off to sleep. But when I woke up I found all the people were changed. The men were wearing very dandy type of dresses. She said, no. I said then what about these people from where have they come? She said they are the same. They have taken out their chaddar and the men have taken out all their head gears and now you see they are the same in the plain. They did not even wait to go to London. So these religions are not meant for ordinary human beings, normal human beings. I think these are meant for angels. First the human beings have to become angels. They have to get their self-realisation. Then only they will realise their value. Then I don't have to tell you, don't, don't. You will yourself know what is not good for you. For example supposing there is darkness here and I am very obstinate and I have a snake in My hand. And you tell Me there is a snake in your hand, I am not going to believe you because I am obstinate. Till the snake bites Me I will not leave it. But as soon as there is some light I will throw away the snake. In the same way when you have light, how the Spirit, your attention, you become your own guide, your own master. This is absolutely simple because already you've got this power within you. You have to only have faith in yourself. Also pure desire, earnest desire to become the Spirit. Because it is your own power. This bone where it is placed called sacrum, means the Greek knew it was a sacred bone. Sahaja means, sa means with, ja means born. Born with you is this power to achieve this state of selfhood. So now it will take hardly fifteen minutes for you to get your Realization. I must tell you that to Japan I came very late for this work. I am here only for the second time and I apologize for that. But Sahaja Yoga is working in sixty-five nations. I am sure with your understanding and wisdom you will respect your Self-realization and grow into it. You cannot pay for it. It's a living process. How much did we pay for our evolution? Those people who take money in the name of God or in the name of knowledge are actually selling themselves. So now I think you should be pleasantly placed towards yourself. It will take only fifteen minutes. It is very simple, I showed, and is your own. You are not obliged to anyone. There are three conditions which are very simple. The first one is that you have to have full confidence in yourself. That means you should not feel guilty about anything. Whatever mistakes you have committed in the past is over now. At this moment you shouldn't worry about that. Whenever you commit mistakes, of course, you should face it. But what's the use of thinking about what has happened in the past? So not to feel guilty at all. If you feel guilty, then the center on the left hand side catches very much. And you can develop a disease called angina of the heart. Or you can develop what they call as spondylitis. Or might be lethargic organs. So what's the use of feeling guilty? It's a myth. Actually it's a fashion also. I don't know about present day Japanese, but when I met them closely I was surprised that they were hard working but always very melancholy. Always singing songs of separation, this, that, all kinds of very melancholy songs. So one need not be melancholy at all. So the first condition is that you have to forgive yourself and be very confident about yourself that you all of you will get your realization. I promise you that. The second thing, second condition is that you have to forgive everyone. Whether you forgive or don't forgive you don't do anything. It is another myth. But if you don't forgive then you play into wrong hands. You torture yourself. But just now at this moment this center on the optic chiasma is constricted like this. And if you don't forgive it won't open. And this Kundalini won't be able to rise. So as it is you have tortured yourself all your life and now at this great moment you will be missing your Self-realization. So best is to forgive everyone. Don't even think about them whom you have to forgive. The third condition is simplest is we have to take out our shoes. Because first time in England when I asked them to take out the shoes they all walked off. They are so much attached to their shoes. But in the Japanese tradition they take out shoes for respectability. And also the Mother Earth helps you very much. Please take out your shoes and keep them on side both the feet because these are two powers within us. You don't have to go to Himalaya, stand on your head fast, do anything of the kind. It will all work out here now. Still I would request some of you to come here in front would be better. At the back side can you come this side? There are some seats. There's one seat. Yeah, yeah. Here there are some seats. Thank you very much. I know little bit Japanese so I should say, Domo aliga, Domo das, gudamaskar. I learnt it long time back. Just here also. Here you can. Now you need not write anything. This is only tonight you have to do all this. All of you have to do it because I respect your freedom. If you don't want to have it you should leave the hall. But don't disturb people when they are just about to get their realization. But there should be one promise that once you get your realization you are going to grow into it. Now as I told you the left and right side are two powers. One is of desire and another of action. So keep your feet apart from each other. You should sit straight, not slouch or go back but sit straight comfortably. Now put your left hand towards Me like this, which is symbolic that you desire not like this on your lap, that you are desirous to have your Self-realization. Now the right hand we'll use for our action. Action to nourish our centers on the left hand side. So now we'll show you what is to be done. Now please put your right hand on your heart and left hand like this throughout. Now in the heart resides the Spirit. Now if you become the Spirit you become your own guide, your own master. So please take your right hand in the upper portion of your abdomen on the left hand side. Upper portion

of your abdomen on the left hand side. This is the center of your mastery. Within a month you become a master. Sometimes people become within a week. Now please take down your right hand in the lower portion of your abdomen on the left hand side. You'll be amazed to know that this is the center of the pure divine knowledge. Now please raise your right hand in the upper portion of your abdomen again. Now on the heart. Now in the corner of your neck and shoulder and turn your head to your right. Now this is the center I have told you about. Please put the hand from the front, from the front. Front side. Like this. Not like that, like this. Turn your head to your right. This is the center when we get guilt gets into trouble. You can take out your glasses. It might help your eyesight also. Japanese eat too much of fish that's why their eyesight is weak. But with Sahaja Yoga you can get rid of your glasses. I never had glasses till about five years back when this light all the time on My face. I developed problems. Now please put your right hand on top of your head, on top of your forehead and put down your head. This is the center where you have to forgive everyone without thinking about them in general. Now take back your right hand on the back side of your head and push back your head as far as possible. This is the center where without feeling guilty, without counting your mistakes, you will have to ask forgiveness from the All Pervading Divine Power. Push back. Now the last center is the most important one. You stretch your palm fully. Stretch your palm fully. It's very important. Stretch it. And now put it on top of the fontanel bone area which was a soft bone in your childhood. Now the most important thing is push back your fingers. Please put down your head, put down your head. Please put down your head. Push back your, push back your fingers. There should be a good pressure on your scalp. Now move your scalp, not the hand so much as the scalp, seven times slowly clockwise. Bend your head. Not the hand, the scalp. Push back your fingers, push back. Now this is all we have to do. Now please, now please put your left hand again towards Me like this carefully and both the feet apart from each other. Please take it down. Now we have to close our eyes. Take it down, take it down. No, no, take it down. Now put the left hand on your lap. See that your both feet are apart from each other. Now put your right hand on your heart. Take out your glasses, it's better, because now you have to close your eyes. And please don't open them till I tell you. Please put it on the heart. Close your eyes please. Now here you have to ask a very fundamental question about yourself in your heart. You can call Me Shri Mataji or Mother, whatever you like. So now please ask a question three times in your heart. Mother, am I the Spirit? Ask this question three times in your heart. Please put your hand on your heart and ask the question three times, Mother, am I the Spirit? Now please take down this right hand in the upper portion of our abdomen. Don't open your eyes. Now press it here and ask another fundamental question about yourself, Mother, am I my own guide, my own master? I have already told you that I respect your freedom and I cannot force pure divine knowledge on you. You have to ask for it. So please take your right hand in the lower portion of your abdomen and press it hard. Here you have to ask Me six times, because this center has got six petals. Please say, ask, Mother, please give me the pure divine knowledge. Six times. As soon as you ask for the pure divine knowledge the Kundalini starts moving upward. So now we have to enrich our higher centers with our self-confidence to open them. Please take your right hand now in the upper portion of your abdomen and press it hard. Here you have to say with full self-confidence ten times, Mother, I am my own master. Please raise your right hand on your heart. I have already told you at the very outset that you are the pure Spirit. So now here you have to say with self-confidence twelve times, here I am the pure Spirit. Now raise your hand on to the, into the corner between your neck and shoulder and press it and put your head towards right. I have already told you about this center. When you feel guilty it goes into jeopardy. So you have to forgive yourself, because this all-pervading power is the ocean of forgiveness. It will dissolve all your guilt. So here sixteen times you have to say, Mother, I am not guilty at all. Say it sixteen times. I have already told you that whether you forgive or don't forgive you don't do anything. And if you do not forgive at this moment your Agnya chakra won't open. So now please raise your right hand on top of your forehead across and put down your head. Here you have to say from your heart, not how many times. Please put down your head as far as possible. Please put down. Here you have to say from your heart, not how many times, Mother, I forgive everyone in general. Now without feeling guilty, without counting your mistakes, you have to be, you have to ask forgiveness from the all-pervading divine power for your own satisfaction. So now please take your right hand on the back side of your head and push back your head. Here you have to say without feeling guilty, without counting your mistakes, O Divine Power, if I have done anything wrong please forgive me. You have to say this from your heart, not how many times. Now the last center which is very important, please stretch your palm fully. Now please bend your head as far as possible and put the center of your palm on top of the fontanel bone area. Please bend your head, bend your head. On the fontanel bone area is the top. Please put it on top, on top, not on the back. Now stretch back your fingers, put down your head. Here again I cannot force Self-realization on you. You have to ask for it. So now move your scalp with a little pressure, saying in your heart seven times, Mother give me Self-realization, while moving the scalp seven times, slowly clockwise. Now you have to say, Mother give me Self-realization, while moving the scalp seven times, slowly clockwise. Now take down your hands, please open your eyes, put both the hands towards Me like this. Now put the right hand towards Me like this, little higher. And bend your

head and see with your hand if there's a cool or a hot breeze like vibrations are coming out of your fontanel bone area, your own. Bend, bend, bend the head. May be hot. If you have not forgiven that it would be hot. Forgive yourself and forgive others. Now please put the left hand towards Me. Now don't doubt that there is air conditioning is coming out of your own head. Now please put your left hand towards Me and put the right hand again on the fontanel bone area and bend your head. Sometimes it comes very close to the head, sometimes far away. So move your hand and see for yourself. All right, now put again once more the right hand towards Me, bend your head and see for yourself if there's a cool or a hot breeze coming out of your fontanel bone area. Now put both the hands towards Me again like this. Now watch Me without thinking. Can you do it? Now you have to put both your hands towards the sky like this and push back your head. Here you have to ask three times one of these three questions. First is, Mother, is this the cool breeze of the Holy Ghost described in the Bible? Mother, is this the cool breeze of Matriya as described by Buddha? Mother, is this the all-pervading power of Divine love called as Ruh in Koran? Anyone of these questions you can ask three times. Now please put down your hands. Please put them down, please. All those who have felt this cool breeze on your fingertips or on your palms or out of fontanel bone area, whether cool or hot, you have to raise both your hands. Both your hands higher. You didn't feel? All right. I bow to all of you. Most of you most of the people have felt it. One or two. You didn't feel the cool breeze or hot breeze in your hand? One or two. You did. What about you? All right, one or two persons. Doesn't matter. Now this is for the first time you have felt the all-pervading power of Divine love. Try to understand. Now you have got your Self-realization but don't waste it. You'll find there's a tinkling in your eyes, a light will come in your eyes. Also you can feel with your friends, you can find out if they're cool or not. So we have to grow. And luckily now we have a center in Japan which is not very elaborate but to begin with is very good. And we have some good Sahaja Yogis. Here some of them have come from abroad. But I know once Japanese grow into their spirituality they can go abroad. They can do a lot of good. Now you'll be amazed how your creativity will improve, how your illnesses will go away, how you will feel relaxed. Also you prosper very much because your attention becomes very concentrated. You develop that wisdom, that balance and you start enjoying yourself. So the greatest thing of the Spirit is that it is the source of enjoyment. You cannot get enjoyment from others. The source is within yourself. So you enjoy yourself. That's all is My message. I'm sure I'll come next year again. But before that you try to be collective. It's a collective happening, not individual. As we are part and parcel of the whole. You have so many brothers and sisters all over the world. You are not alone now. So may God bless you. Q. Can you speak about the four words? A. Now enjoy yourself. Enjoy. Q. May I ask you a question? A. Yes.

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I mean, it's a real surprise for Me. I knew that Romanians were known for their music talents very much, but in two and a half month and all that the way they have picked up Tabla and all this singing, it's very remarkable. But above all the French imagine, the French. Many a times I told them one line they couldn't say, I was thinking I have to give up but gradually they picked up. They always used to go wrong somehow. But now it's surprising nobody can believe that the French have got such talent and such understanding, impossible. It was a real entertainment for Me, I must tell you. I have forgot that your son singing My praise. I was just enjoying the whole thing as if it's something a surprise, a miracle that you people have picked up so beautifully this Indian music for which people have to work for years and years together. I can't understand in such a short time even the Tabla players I was surprised how they have picked up in such a short time with the mukraas and all that. I was amazed even, I mean I can't imagine this maybe the Kundalini, maybe your own genius nature that has come out and expressed in itself. It's I really, it's such a miracle to Me, it's a real miracle. The grace and the bliss that you are feeling now on the body day is something you have earned it, you have got it. As you may say I am money or whatever it is but you have earned it with your deep meditation, deep understanding of yourself. It's not easy. I wish all the Sahaja Yogis of the world try to go deep into themselves and see what talents they have, what is hidden in them, what they can express themselves. Instead of just thinking that something wrong with them, something wrong with their chakras all the time fighting with it, just know that they are there and it will work out. Like today I see what a miracle it is really. If Baba mama was here you did have said what's this, a new vision of the Gandharvas, of the celestial singers. It might have been last life the celestial singers because I don't know how picked up all these sofas, even impossible feet and even in India some people when they were singing they were not that time so prepared but still some singers of very high quality had come and they said we felt ashamed when we put down our heads the way these people were singing so beautifully in such a short time. So there is some sort of a hidden talent in you which has come up and has now expressing



yourself as genius. May God bless you, may your art grow and may you enjoy yourself and may make Me also enjoy so much. Thank you very much, thank you from all of us. Thank you very much. Now I knew somebody from there but I have forgotten his name, sorry, Dili is his name and I tell you he is another genius we have seen. The way he organized the amount of rhythm we have seen. That way I have seen people from Africa, they are very rhythmic, very rhythmic, they live in Africa, they are blessed by Shiva I think the way they have rhythm in them and the way he was make the French take to the rhythm also was very good. He organized the whole thing so well and it was done so well, I mean I was really lost the way they expressed their rhythm. I always say that when people talk of racialism, this, that, nonsense, in America if you withdraw all the blacks and the browns, I think I don't know what will remain there because they have the rhythm, they have the music, they play so well, everything is there you see and without them what would happen in this world, you see so God has created all kinds of beautiful, beautiful things but one should be able to see the beauty and that beauty is so great that without that this one would have been really a boring place for all of us. So it is to be understood that it's all created in great beauty and bliss and we should all have that bliss and beauty instead of superficially living. Tomorrow I am going to tell you about Sahaja Yoga in a very different way because Portugal I always had great attention for Portugal. I don't know why and when I came here first time I was very disappointed and second time also though we had lots of people who came to My program but I found they were not seeking still. I said when they will be affluent they will start seeking and this Sahaja Yogi Thaktha has worked and now I find it's so much changed I can't believe it is the same Portugal and the same Portugal is the way they came yesterday for our program was amazing, I mean you can't imagine so many people and how they were attentive to it. This whole world is really going to change no doubt about it. So on this day we have to wish that the whole world should transform and change into this peaceful atmosphere. May God bless you all. Thank you. May God bless you all.

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20279 talk

My son, who I have just put up. I think he came to me about 35 to 40 years back. I cannot say exactly when. And his music and his goggles, all that I remember very well. For a long time, when we went to India and all that, he was quite lost, I mean I could never see him. But suddenly once at the airport I saw him and I was extremely happy to see him there. I had not heard his music for so many days. Then he said that, I would like to sing to you for some time. Again he got lost, you know. And the other day when he got published, I was so happy. Very happy. I was so proud, because I know he had to struggle a lot. All the artists have to struggle a lot. You see, finite Chevy, otherwise also. The Saraswati Pudahri would have always to suffer from the neglect of the Lakshmi. And I used to really feel for him very much that, such a great artist, he cannot have his proper rewards. And that was the time when it had started that the classical music was going down and down and down a little bit, and all sort of cheap music was coming up. But I am so happy that he has been recognized by all the government, as a great artist who managed to provide him with that. And that he has such a good name everywhere. He is a very good man, very innocent person. And I hope one day he will come to Cauvery to give us a music concert. Thank you.

20279 talk2

He's saying that we want your health to be alright. I said, I never got sick in my life except for this stupid doctor who gave me a horrible medicine. He was like, hala, hala actually. He's a shiupu, right? What, how? Wow, wow, wow! Are you making it right? I said, you may want to have fully with me. May nice one be with you. May have to please. Thank you. When I come there, I'll just please. I hope it's not too much rich there, inside it. Very good, very good. Thank you very much for coming. May have to stood up. I think he came to Me about 35 to 40 years back and I cannot say exactly when and with music and with guddles, all that I remember very well. For a long time when we went to England and all that, he was quite lost, I mean, I could never see him but suddenly once at the airport I saw him and I was extremely happy to see him there. I had not heard his music for so many days but then he said that, I would like to sing to you for some time. Again he got lost, you know and the other day when he got, God must say, I was so happy, very happy. I was so proud because I know he has, he had to struggle a lot, all the artists have to struggle a lot. You see, finite Chevy otherwise also, the Saraswati Pudary's have always to suffer from the neglect of the Lakshmi and I used to really feel for him very much that, such a great artist, he cannot have his proper rewards and that was the time when it had started that the classical music was going down and down and down little bit and all sort of cheap music was

coming out. But I'm so happy that he has been recognized by all the government as a great artist who managed to recognize round time back and that he has such a good name everywhere. He's a very good man, very innocent person and I hope one day he will come to Kavera to give us a music concert. Thank you.

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...and we should say we were slaves. So all the saints thought that first of all we must have our freedom. This gentleman who is talking to is also a disciple of the same saint and also he fought and he went into jail and he was tortured and all that just like me and then he there was a sort of a warrant on him so he came in this little place where he established these things where a Gargemara said this is the place where you start it and he said that you break the stones from here and start the foundation. For the people who are, we can say like deep seas, we call them Batkam, is there all the time wandering from places to places and their children have no schools, no place to go to and so they have got children from that area. Look at the beautiful children that they have and these people have done so much for them that they are educated, but the amount they get from the government is very limited as they said it. But still I must say this is so creditable for this gentleman to work it out and now he has been elected as the chairman of these saints. Like this you see there are many small small little little places where the saints have worked for the betterment of people because you see they are so collective. They can't bear the poverty of this country and the way these other people are claiming that we are making people fatalist is absolutely wrong because no saint has done that. All the saints have made them work very hard and to work out their problems and they have also told them what's wrong with the society, what is so blind faith, everything they have told and this is this gentleman I was saying that how they emancipated the society. So they did not go and sit in the Himalayas. They went round all over the places and they have done this work and they are saying you are also all saints the way you are bore all the wounds and all the inserts that were there to your mother. It is very difficult to bear it, but you are all saints proved by now, proved completely by us and not only that but they are saying six months we are watching you, you are really saints because I haven't seen anybody smoking or doing anything wrong. They are very peaceful people and not only that but that they didn't even find anybody having a matchbox and they are very much impressed by you and they are saying that how is it you have made them into saints like this. So they are saying it is said that in the presence of a great saint people can become saints but so many of them they are really amazed at My wondrous work. So I hope they are in a very not in a very good financial conditions, but still they have arranged all these things for you and I don't know what to do for the school, but this school is on My list as there are many other schools which we want to have and when we'll have our etana school or something like that in the projects we'll start to help them. Of course before this I paid from My own pocket about ten thousand rupees to them, later on little more like that, but actually this is just a patchwork. We have to do something substantial for all such schools where the tomorrow saints are getting their formation. May God bless you all. They want to entertain you with some tea. They said please whatever we are giving you please accept it with love and don't go away. Those who got wounded yesterday should go and take the tea first. Those who got wounded because they have to go the inspector of police is coming to take their statement. So please go. All right, so this is what is My work is, we await them their Kundalini first. Then after awaiting their Kundalini, their chakras get shruped and thus they are helping to. We have definitely cured blood cancer these days. There are three doctors who have got MDs. Now they could not have got MD from somebody, a lay person. They must have got it from some very learned and very highly qualified people. Now these so-called Andhra-Sradha people, they call them that we don't believe in God. We don't believe in any saint. They are all these things and yesterday there was an article saying that this is all illusion. At that means all illusion. I mean this is our heritage, you see, and they are talking about the science, talking about the science. Who is such a scientific person in this country, I would like to know that you can talk of science. We have three scientists here now present who can challenge all of them, you see. So unnecessarily you have both the balancing. You see, we have two robes in our head. We become imbalanced and that's why the West has been lost. Are we going to get lost like that? Yes, sir. That's the point. Now I have changed these people completely, I have transformed them. But the fellow yesterday who was there inside, he told all things wrong about them and incited them and he said that these people have come to do all the dirty things here and to spoil us and they have brought all their bad philosophy from there. It's all absolute, nothing of the kind. We have changed them so much, you have seen them how they are transformed and how they are matured. I am very happy you are here, so dedicated to villagers. I wish I could stay here and do some work but the villagers can themselves become very enlightened and they can do very well. And the students have improved a lot here. Students have improved, since they got Sahaja

Yoga, their schools have improved, everything will have improved. So you must help the gentleman, he is doing such a nice work and R.K. Maharaj was another one, was a saint, no doubt, but he did so much of social work. First he fought for the freedom, as I also fought for the freedom of our country and then he fought for the betterment of people which I also did and then I started Sahaja Yoga in 1947. When I found that the whole spirituality is going into the hands of people who are commercializing it, I had to stand up and whatever help you need, you are willing to. Where do you live? At the temple which is nearby, that camp, the temple, Oh, there is a room for you? I see. So now you should also understand Shiva's worship is to be understood first of all, how to worship him, how to achieve him. You see Shiva is nothing but your Spirit and all these people are doing that, they are understanding. So we have to understand where are Vishwadevis and there are also Mohammed Sahabudins, everybody is there. So we have to see to the essence of it. I am very happy to meet you. My problem is that when I want to become householder. You want to become? Oh, good idea. That is why I am projecting My problem to My Mother. Yes, you know actually we don't believe in sannyasa because sannyasa is outside but sannyasa is within yourself. You see, now see, I don't know, in this lifetime I was born in a very rich family, married to a very rich man but I can live anywhere. You see Me, I take bath in the river, I live anywhere. I have no idea of comfort and at this age of, and I am sixty-seven year old. So you see the comfort of the Spirit you see. So it's a very nice idea that you have changed and you have decided to become a householder. So next time we'll get you a very good bride. This gentleman who is like a sannyasi and was living like a He is like a sannyasi but practically he was living like a sadhu. Yes, he did take an initiation he says but he was living like a sadhu. He is such a great man, I must say, to give up everything and to work so hard for the people's emancipation and for spirituality. Now he has decided that he will join sahaja yoga and also he'll get married. He's a mechanical engineer. By permission of Meccalija I put dollars of service. Last ten years I fully devoted to Spirit Shri Mataji. Very good. We'll look after you, don't worry on that point. But also we'll get you a nice wife, we'll look after you. He's a very good man. He's a very good man. How many years? 48 years. We'll try to find if he can, you see, we'll find out. It's so sudden now. I'll try to find if possible. They are all very happy. I'll tell you something, I'll tell you something. I'll tell you something. You have to do something. I'll tell you something. I'll tell you something. I'll tell you something. You must listen to your mother. That's the main point. That's all. Now you have to have your dinner here and I have, DSP has asked Me to cancel the Atithi program because he's worried about your security. But we'll have our dinner there. We have to leave this place at seven, they said six o'clock so that you reach there at seven, they will serve you food and then you can go to Kolhapur and rest there. In Kolhapur you'll be there for tomorrow, day after. That is the first tomorrow. Tomorrow is the puja, then the New Year puja and the second you'll be there. And third, this Govinda has invited you, he has started a center of his own. So we'll be having food there. After that you can leave for Ganapati Puri, so you reach Ganapati Puri in the evening. All right? May God bless you. Yes, sir. The pens, can I give the pens to you? I brought some pens, can I give it to somebody at the school? Yes, please. They make very strong tea. Must put sugar and this thing, otherwise you can't take. It's extremely strong. It's all right, little bit, I've taken it.

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Satsang with Mooji

We have to really thank the English for arranging all this. I don't mean the rain. It has been really very enjoyable, the whole thing, the cooking and everybody enjoying the food and everything. But it's a, whether we were in England or here, it would have rained in anyway. So we shouldn't mind it at all. I tried My level best but it couldn't work out that good as I was hoping to. But here it seems to be perfectly all right and they wanted to arrange a very big heater for you with a gun in it and I said, nothing, doing that would be too much. But for Diwali I think we'll have better arrangements, we'll be able to do much better. You see, that's what it is. Your Mother has come here and She is now staying here. You find it difficult to go away. I have to put this house into proper shape. It's like a stable, I think. Thank God you people are not complaining anything, you just somehow or other managing with it.

But luckily now I've bought a lot of land, which is about four acres. We are going to have really a very good ashram for all of you, so you won't have all these problems anymore. But as it is this place, Kumbhala, a very peaceful place, it's really divine that we arrived here. People are very nice and remarkable the way there is no industry here. I used to wonder how people are living here, which is just like cul-de-sac as you can call it. There's only one road to come in. And that this place we just got it, I don't know, through divine planning. Now you feel very at home here, it's very congenial to spiritual growth. In the beginning everybody has

these problems. I was just thinking that if you had to go to Himalayas for your tapasya, it would have been much worse.

It's very sweet of you to have tolerated all this inconvenience and enjoying everything that can cause a lot of problems to many. That is how Sahaja Yoga has brought us this joy and happiness. And whatever may be the case we just enjoy everything. If it is raining we enjoy, if it is dry we enjoy, if there's a problem we enjoy. And also when we heard that there are still some people who have not eaten their food, we just started laughing, you know, what's going to happen. I mean suddenly we found that everybody has eaten the food and they couldn't understand what had happened. So all these things are so beautiful, it's like we are in the Kingdom of God. This is Vaikunthu. It's beautiful, everybody is so much enjoying everything, every ripple, every flow of life. May be this year be sufficient for us to put things right and also may be next year we might have an ashram here. But whatever it is, wherever we are, in whatever conditions, in whatever state, if the joy is there, if you are with yourself you'll never feel tired, you'll never feel bored and you'll never grudge, you'll never crumble but you'll enjoy everything that is there.

I was just thinking about the rest of the world, you all are enjoying here, what about the rest of the world, where are they, what are they doing? And then you must know we have to do a lot, we have to give this joy to so many more people. So many people are today doing this puja, tomorrow specially, and all the Sahaja Yogis have sent with their best wishes to you and they think you are very, very lucky, though it's raining here, that you are able to attend this puja. People have sent messages from all over the world. So we have to also think of them and think of the people who haven't got their Realization, who are still lost in greed and lust and are suffering so much. So my blessings to you all and also best of luck for this Navratri, where you will feel the protection of the Mother, you see. Navratri is that you thank the Mother for the protection She gave to you. That's what it is. I hope by this you all will be very well protected. All right, thank you very much, my God bless you.

Can you keep it on the other side because this comes in between us? Yes, please. Take this off for the moment. Yes. It was better before. Quality was better before. Thank you.

I'm extremely grateful and honored to be back here to Shri Mataji. And to this heavenly abode. It has been about ten months that I have not played for Shri Mataji. But I have always looked forward to coming and playing for her. And the story this time goes like this. That about five days ago I woke up very early in the morning. At about six o'clock. Unusual time for me. Because I normally wake up about nine thirty or ten o'clock or something like this. And I suddenly thought about Shri Mataji. And I said that I will call and see what is happening. And I phoned Italia. And somebody informed me that of this place. And then I was given the telephone number here and I phoned here. And again somebody said that okay we will let Shri Mataji know. But Shri Mataji had already told directly about calling me here for this time. So this was a very beautiful experience. And I am very grateful to be back again.

Now for six months now I have been thinking that the next time I play for Shri Mataji I will play this very beautiful, very old raag which is not played very much. And I would make this presentation. This is raag, Charu Keshi.

Why don't you give a microphone to Shri Mataji also? Maybe she would like to say. Yes. This is the name of the Goddess Satsang because Charu means beautiful or you can say auspicious and Keshi means the hair, who has auspicious hair. So it's coming from Bengal, Charu Keshi, this word. And it's the description of the Goddess only, it's the name of the Goddess. So the right time. Today is the day when the Goddess goes to Bengal, you see. It's so nice that He's going to pick Charu Keshi which is a Bengali. It's come from Bengal, this raag has come from Bengal. So many coincidences, so many coincidences, you see. Must be something behind it. In front of it. He does it.

This is the manifestation of nirananda. Just enjoy.

I have learned it through ears and through, you know, through voice, but never practical. So I wanted to play this for Shri Mataji as a fresh start.

I don't know. You see, my family has been so much engrossed in classical Indian music and I've been from my childhood. I've been listening to all kinds of people and all, I should say, one of the greatest musicians that you could think of. Perhaps there's

no one I have missed since long. I've been listening to people so many times and I've never heard that somebody who has never played this before, never heard such a thing, because they have to do lot of practice called as dias. And there is one raga they will practice for days together. Early in the morning they'll get up and work it out, practice. In the night they will get up and practice. I know this very well. And I'm surprised really it's a miracle again, I must say, that for the first time to play some raga with such depth,ness and understanding. Miracle, it's a miracle. It's all your blessings. Miracle, no doubt. He admits he has never known anyone who has played for the first time so well. I'm nothing. Thank you. He doesn't know. Okay. So, I'm going to play a little bit of the raga.

You see, this raga is called Shahana. Shahana means something which is royal. It's played for royalty. And this composition that I'm playing is actually, it's a composition which is also has to do with rain. But it's rain in a happy surrounding. The raga is played for royalty. Now, you see this you should try to understand in singing that from every sight you see in, I swear to God, the tumor, but means from everywhere as if inspired and making sound from everywhere the black clouds have come. It's so beautiful that in English it becomes little, not so, I should say. But badarya is like a woman, it's not, kali badarya. So he's describing and see now when he plays you can see that suddenly the rain starts very fast coming and then again it goes down. So he's just praying how the rain comes down. Suddenly, you are walking along, say in England especially, if you are going along very nicely suddenly you find out. To enjoy that also is a sign of a realized soul. If you are a realized soul even you enjoy that play, is the play. So the kali badarya is the black clouds but badarya here is a lady, so we can say it's a play of the kali like that you can say, it's a play.

You have enjoyed this but I think I don't know if you have understood the beauty of this one is like this that the beginning of any bandhish means any construction of the tune you see is in the beginning we call as mukhi is the beginning and this has the tapa gaya sahi tapa, tapa dang hai. So this is called as bandhish means the composition, you can call it composition but Indian composition is not restricted to some written stuff but is sort of there's lot of creativity that you can use but if you see that the beginning of the tune as you can call the mukhi, the mouth of it, see is so intricate and every time he had to start with that intricate play you see and then every time also he was changing it but keeping the speed and the style the same. If you see how he worked it out that every time he started the tune he did with that beautiful intricate work.

So you see in Banaras Desavans style of playing is, she used to sing this tapa but I have only heard her that she was not tired. Normally people get tired of singing but it's such a fast number to begin with. So the beginning of the tune or the beginning of the construction is such a fast number and every time you change that fast number but you have to have a fast number and the style is the same. So, it's miraculous how Mataji knows and understand these little intricacies of Indian classical music. And it's really a joy to play for you because you see it's not only the spiritual aspect of it but also the technical aspect of it. Gracias. And in that the expression is of, you see this big artist only can do that and a very great artist can do that because every time you start the tune, every time you have to have a fast number and that fast number has to be in varieties, not the same. It's not the same, you see. So this is one thing you should say, they see now and then the artist has to be very alert and smart because every time you have to have a very fast number to begin with and a variety and your own creativity and all that. So it's a very intricate thing and I hope you all have enjoyed it very much.

How can you do it? You see you have got everything written down and that's what you are playing, nothing so great. Now in this kind of a thing the one he is playing now is every time he starts he has to say something very fast in a very intricate manner and that too every time different. Has to be very wise person to do that. Bananas. So bad. That's a better hand load sir.

For Navratri this raga, udga which is your life very much but you don't know this, this melody has only five notes and on the five notes to play what you call the star is to expand it is very difficult, only five notes and when I went to Japan I was surprised that they were having only these five notes they were playing one raga, that's all, they didn't know anything else and when this Japanese came to India and somebody played turga to them I think it was, but I had to go on there. So, and they were so amazed, gurukali style mein ga udga hai, gurukali raan, they have the same paanch swarom mein guna kali raam, that's all they go on tung, tung, tung, tung, tung, tung, like that and I mean there's nothing they don't know how to expand it but when they heard this turga they were so amazed that how Indians can expand these five notes in so many ways. And you know we were to take them to dinner, they said, no dinner, nothing, we are going to sit here and listen to this. So this is a raga of five notes and very difficult to play it.

Now this turga raga has been played. Now you know that turga is the center heart and bhavani, the one who protects all her children. So how she is expressing, how she is going to protect you and how she looks after you and if you just hear this music with that idea that the turga is giving you all the assurance and all the sense of security and it's how she is trying to put that into her mind. This would definitely have a spiritual effect. Just see from that point that she is the protector. She protects her, she gives a sense of security and she is the mother of the whole universe. So how she expresses herself to suggest that how you are saved and how you are protected. Now listen from that I think.

Keep the rhythm. The Shiva's rhythm is playing and she tries to play the turgas. The Shiva's rhythm is playing and she tries to play her own rhythm like offbeat sort of thing you see between the two and then when they are playing offbeat then she you have to come to the first beat and before coming to the first beat the sixteenth becomes the first beat like that. So and then to again to start it's quite a complicated thing and this complication has to be then sort of followed by the rhythm means by Shiva so he has to also play around. So it's a beautiful play between the two rhythm and the turgas we can say her dance or her play so between the two it's a very intricate thing to stop one beat before. So that's what he's trying to tell us that he's just stopping. So on the beat itself when there is the first beat he doesn't play anything. That's of the silence.

First beat is also the last beat because of the cycle rhythm. Yes cycle. Sixteen beat rhythmic cycle. First beat is also the last beat. So one beat before the last beat. Yes because the fifteenth becomes the first beat first one so the last one becomes the first one becomes the last. Absolutely. Christ the first will be the last. Yes. I know. Yes. You know, there is a pit on the influences. Who's back there?

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We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. We have a lot of opportunities for you. I'll put behind you. That's the building. That's the building. That's the building. That's the building. That's the building. That's the building. That's the building. I saw... No, no, this is the part of the house. Then there is the big entrance. That house? That house is inside the property. It was used for pigs. So, what happened? It was used for pigs. What? There is a little other house there. Yeah! The big tank of water. There is another little house. How much is it? It's very expensive. What happened? There is another potato. There is another potato. It's pretty hard. It's pretty hard. It's pretty hard. It's pretty hard. It's pretty hard. It's pretty hard. Let's wait out for the time. Come on. Come on. You only have to pay the car. There is a bus. From the bus, very far away. 14. I saw the back. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. It was described to be a very old, in the name of the Tibetan. It was a hidden part of the world country. It was a place like the very old. It's surprising that the New York place has that price. Yes, it does. From New York it's about three hours. Albany is the capital. Before that. It's time to move. Come on. Come on. Come on. Come on. Come on. Come on. Get on this way. Come on. Come on. Come on. Come on. Come on. Come on. Come on. Come on. And I think you're about to get in the state of the capital. You could go further. You could go further. If it goes there, so many people can stop. Can you go further? Can you go further? Can you go further? Can you go further? Can you go further? Can you go further? Can you go further? Don't need to be out in the New York state or... And I saw it normally I didn't see it. They wanted to see it. Yeah, I saw it from India. No. And we found a huge camera. I also had a semi-rate. And that one is a semi-rate. I know. It's so cold. I know. It's so cold. It's so cold. Yeah. It's a very small swimming pool. How does the water come? There is a little bit of underneath. But then it comes and goes. We actually did a few seminars there. We clean it all, paint it, arrange it all. We spent some nights here in San Francisco. Not so much San Francisco. But then the storm came and damaged the roof. It was the biggest storm of the century. It came after we cleaned out some cars. And it's exactly this place. The name of the house. And this place. South. South. South. South. South. What is this feeling? Don't. Don't. Don't. Don't. Don't. Right. Don't. Don't. Don't. Not. Not. Not. Huh? Not. Don't. Oh, but. There are some. There are few people who can be touched. Honey. What do you have here?

Because we will be waiting here, but tomorrow we will have to wait. I, because I didn't know about your program, you go to the air. We have to make something clear. It's alright. I'm seeing surgeries when we have to wait. They are more together. There is more time to wait. And they enjoy much more. So it is not that they feel, anyway, boring. I've seen in many cases, if the plane will take, they will all be there. Nice, they sit there, enjoying, laughing. Even if we wait for four hours by go of the night. So, what's what we are going to do? We are going to the ocean, which is called ocean. So whatever we have is all nothing but joy. Outro this ocean right now. So we are already in the ocean. And we are enjoying the place of life. I know there are some some of the animals, the lions, all kinds of things. But still we are in progress. Despite that, we are in progress. And progress very well. With every action in every line. I've seen it, not seen it, but what's so amazing is Mr. Sarath Pareek, I was coming to this room. He said,

I have run it. I don't know, actually it's not too late. So the improve the animals that he's living on. That comes through Sahaja Yoga. But you must meditate, you must go to the shelter, you must attend programs, and you must attend. Unless and until you have that help, you can work out that. Many people have become something extraordinary, let's say. Not only financially, otherwise also in position, in all walks of life. And what she's doing. But one thing is there that you have to meditate. Meditation means you don't keep improving. Sahaja Yoga is to know yourself. Unless and until you meditate, you might go there. And you must have balance. That improve meditation. Very important. Otherwise anything happens to you, if you are away from it. Then you cannot move Sahaja Yoga as soon as you have. But Sahaja Yoga really protects, really protects. And how it has happened now, actually. I'm going to Turkey. In Turkey there was a big, big, very big, whatever the description say. And in that, in that, those who, people who were killed, when the people who have been fundamentally or go to the hospital. In that system all of them are killed. And not one Sahaja Yogi has got killed. Not even one Sahaja Yogi. And what happened later, not one Sahaja Yogi has been killed. Not even one house of a Sahaja Yogi has been killed. This is, this is the, the problem of God Almighty which is, you know, Mahadevapriya. He does this kind of thing. If you reject Sahaja Yogi, if you do not get Sahaja Yogi, all such calamities come. Now in India we are a very big country. In that earthquake so many, so many people died. And so many houses lost. There were only 18 Sahaja Yogis left. Because these Ushatis have very many people. They are all the time busy with what you call, shut down people. All the time. And most of them were worried about the action. They would come to Sahaja Yoga. It was hardly 18 Sahaja Yogis left. And this has happened there. And the houses of Sahaja Yogis are just the same. We have one Mr. Martin in the construction building. He had built four miles buildings there. Where this, this, and even if the Mother Earth did not touch this, the buildings were absolutely the same. And he got an award from the government. So he told me that these houses, they don't do it, which have been built for a while. But other houses also, there were some construction buildings, they are correct. But just imagine. Just they are same. So it's a protection. So you have got a protection, you have free walk of life. In any way it guides you, puts you into doctor's shape, from the monastery to the doctor's office. All these works are, in such a beautiful manner, at that point. It's a good act, absolutely good act. So you should have full faith and full solidarity. Try to go deep in the ocean. Now solidarity doesn't mean that you have to do everything, you have to follow the The more you go inside yourself, the power that it brings you will start to express itself. So we have some solidarity, who are becoming very powerful. But some of them, they took money, made money and all that, so that's good. What is the best? This way, knowing yourself, knowing that you know yourself. And then you will be amazed to know that you are the source of, not only joy, but peace. Peace is there. Wherever you will be, there will be peace. You will see the climate will improve. So people will become peaceful, you will be alone. So this is one of the things that you should see what happens with your own existence, how things work out. That is what you have to establish in this world. You have to establish peace in this world. You have to establish love in this world. And you have to see that everybody is safe. It's certain. It's impossible. Because you have to transform people. Full of horrible things. So we have to change. And you have to trust people, you have to make, make, make change. This I think you know. And this I know. So thank you very much for your time today. Thank you all very much.

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Shri Mataji, all of them are Peter? No, all of them are Sri Aashrana. Oh my God, Sashrana. You are not there, all of them are there. Yes, sir. Please. Twenty-four pieces. Twenty-three dollars. One dollar for a dollar. Only ticketless or passport or a dollar? Only ticketless. Five dollars. Five? No. Twenty. Very good. Not for the dollar. But I am not sure if it's available now, from during the season. There are no tickets. No. Thank you. Let's pass that. I just thought that. It's very easy for it. I get to use.

What about children? They had some secret? Nothing. That's not. They just have to use the map. Right there. What you trying to use? Yes, sir. Soup. This place is not possible. It is the number of people. In the everyday human rights, it can't lie. Because people destroy them. The people not feel like me. The people cannot lie. The people don't have to lie. I have to lie. There's no one who has to lie. I don't know. Those two two holes will be. I don't know if they are. Why is the truth not? Thank you.

But we are only able to ensure that you operate. Closing Gold center also. The new gold center? No, gold center. Who you want? Shadyam, who you want to be very nice. Right. So what I am saying, I do with you. I am thinking of hand-off, we should take that. Maybe I can help you. Yes, sir. Sarabha, rest a long for sure. You like any time. All of you, sir. Now the very such and so dearly, the



same, how much? Yes, sir. If you say that, you can't. You think? You may not. Vibrations. You can't. Prof. Sato, how many times? Yes. Okay. I am. No, I don't want to die. All four countries will die all night. Yes. Absolutely.

He said, I have seen Shri Mataji. So what is the other? I have known him that he just goes out to me and comes out to me, it will be a certain person. So then I went and saw, I don't know how it was, then he was one of the ones who were in the world. So he said, Mother, I just wanted to see you. He was there, he had traveled all over the world. Okay. So that's the way also there, Sadatma. All such things are there. But you went in Colombia, there's a high road. And I told Colombia, I said, I don't know. Naampadak hai na, Anandar Maan. You can see. Three people. Okay. Try it. Please, I will be there. One of the persons, for all my work, and possibly the street. No? Right off 75.

Shri Mataji. Mm hmm. She wants it. She wants the document. and the defender, but if we go to legal first, we can take it, then we will go again. The other one will go away, sir. Okay. And then we will go to this. Oh! Ah, very good power and the key from that. But there are 50 years of the world. See you. Ah, right. Yeah. This is a square. You want a shot, no? Can you come? You need. He never done it. We will carry you. You'll come up there. Where is the other? I am. He's coming there. Oh, yes. Not talking. Here you don't get the water. See? That's it. Time to drop. We will go. Please, also me. You want to take a coffee? Yes. Okay. During carmels loading, thank you.

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Thank you. Adetitwa. Oh, I am really happy to see you now that you were going to go in with bill and then throw your poetry like the other day. She was trying to get BT can. And you're going to go back, come out with the pizza you know. That's how you are here also some laws, running on you. Doesn't matter. It has worked somehow. For all the people who are going to come, okay? So I am going very much everywhere. Because in Lucknow, they had Islamic power for us and about 500 Christians came, they are Shia, and they all got their Realization, 500 of them, and they told Mahdi that from next time they will get to 5050. So it is a very good idea for Indians. Otherwise Christians are all right.

Stay in Benin is a place which is in Taurani. I should think one Taurani government on the West Side. And we have, we had 9,000 Muslims, and now we have about 20,000. And the President of the Asher one called and he is a Christian. So he sent the head of the police to India for our program. And it was very interesting. He doesn't know our language, does he? He only knows French, and the French sergeant can be said. But he said one day, all these seven countries where the French were ruling, and we all had to know the French, the Christian sergeant. So I asked them why do you, and they always repeated, why do you take to Islam? What are the needs to take to Islam? They said because these French were so polite, and they had moved, moral, horrible people. Their wives were all over. So this part is better, this is what we have come again, better to take to Islam.

The room has to take the room. Then we'll take it. I'll take it. Keep it outside. There's one more apartment. We have a wonderful country in this neighborhood by friends. And all these countries have been successful also. And they have shown such interest in Sahaja Yoga. So, you see, once they come to Sahaja Yoga, what are the problems of religious quarrels and fights and all these things? And I think that they are finding it very difficult because they are all fighting on themselves. Where is the, wherever they are in Islamic, what happens is that there's no peace. And all the time fighting, especially. We had then a very big earthquake. In that earthquake all the Pundamati, most of them died. And those black might be all right. So it's very clean now. But they have become now very alert. So we were carrying a wall there, a white wall. They are coming for the first time. They asked us ten questions as to what is our organization is and how to teach people. They have to think what happens. But the other day, last time I met the Abinist's wife, I'm going to tell them this, God, the Shabbat, you know. All both things are not in the world. And I told you when it is up now. Let us see.

They have both the meanings of that. They have learned from childhood to age in their own. They take it, you cannot tell me. I have read at all the Palestine. You know, such at Shabbat hätte, which were always characters, not like the metatriananten. They are wasting around. Anything that seems to have all the family inside, that sense of mystery inside them. That kind of things

happen. You know, they are not having everybody. They are quite vigilant, quite important. They are secretly disturbed by somebody, not anyone else. But they are fighting every day without them coming from someone. It's a very country of destructive violence, Afghanistan and all of them, and everywhere. Once they get fed up of it, they take to go and ask. Because nothing like getting your own things, you know, getting your own power. What has happened to tell me they have first? Now, she left. No, but they are not coming anymore. Now, because they have been connected to me. Threatened and then they threatened one Buddhist monk after coming into Sahaja Yoga.

That's a must-have with Jemashar, of course. See, nothing wrong with that. Buddha, great Buddhism after the realization. It's a part of it. That is, after we have self-loving, then only you can change. So, that Buddhism is practiced in China and in India, in the real world. Because Dr. Tao rounds from Chaitanya. He's a Christian and he talks of everything, thoughtless awareness, and everything there. He has taken very interesting, I should say, experiments, by which to be a thoughtless awareness. They are, I'm writing a book on this now. Because in China Taoism is the law. So, if the book is published, they will like it. So, I know one person there who was quite conducting the world to be a prime minister of the world. And they are taking this out. But secretly, later on, it can be very well, I understand. Tao is another thing. Tao is just the same as the only thing they don't know how to reach that stage of Tao. When you can become a sage. If I just say it says, sage does that, sage does that. But how do you become a sage is not that. So, he may never show how a sage behaves and how you should. This is the, if you think with them, vital, people should follow them. It's a way you want to give. And if you follow these things, then according to them, you get the peace, the joy, you know. And it's a very poetical thing. It's all poetry. And I don't know if you will have a time poetical or not. But extremes and extremes there is. From one extreme to another extreme what happens. Very good. But to understand it, I think what I've realized is also something very suitable. India, of course, is going very far. Here at this time, I have not programmed in here. I think there are two laps of people. They must be. But, sir, they prepare also in this day. You can't stand in. So, this is what I'll have for my dad. I will tell you my daughter, that they must have prepared me to do. But they prepared also in the day, to be kept there then.

What are new people here? Raise your hands. So what's with that? Tomorrow he comes. So what is the program? Shmadaji, we are requesting to do a puja. We all want to make a puja. And in the Uddin, we can have a program in Sharia, one of our students in the college, the Catering College of Management. It's the time to have a mystical degree. So, I say Shmadaji, combine the puja and the music in the Uddin or give the puja tomorrow morning. Evening. Evening time, okay? Yes, you are. Thank you very much. Come on. There are very new seekers, Srimadji, who would like to come, and it should be called, yeah? I know. That's why I want to come. They should not be shocked. No, they should not be. It's funny. I'm Mahama, I have a vision. For me, they won't have a vision, I think. But she's always going to be so impatient. You can, you see. Once, it's completely very still starting with the service. So in Dubai, you can see all of them are in the city. I can't believe it. I am not. And here also, you can get there. But then if you have any questions, you can get more liberalized. Liberalized and dead of any age. He loves you. I am Mahama. He was such an open-minded fellow. He looked at them for that. And he was the beginning of the school. They did not have him. But they were fundamental, you know. And then this fundamental is some other. In this book of also Mutlata, you know. It's true illegal. All these people who are being, going to these till now, who are all Buddha. I mean, they are all people, they are stockers, shah, even these people are all Buddha. They are living their name. All the time they will be sitting with a stock. Now since it has failed, they are lost. Very many of it, nothing but Buddha. That's not what it is. I used to always think that you live with people. Now not only is it, but even can I say, I can't believe that. So it is time to find you. So many paths, who are the three hundred paths, they have no reach to me, not reach to India, which is problem.

But India is not fundamental, I mean, it's all you can tell me, it's very simple. I said, I told her, three-seven-year-year-old, I told her, not the time you will find it. I said, I have to do it. But we need it to do it. And as soon as we can, I will go on corruption. There's a list with lots of things now, there's all corruption, very popular. I don't know how people are involved in it. Now there's so much in it. Everywhere you go, there you have to do it. By other means, that way. But from that also, for which is towards the devil, there are so many things. So if you think it will be in the way of mind, even not in it. Yes, but it's going to be in the way of mind. That way. You are not in it. Yes. For this, it's going to be in the way. All he's down for me.

Shri Mataji, four are applying for visa tomorrow, so we need your attention. Oh Shri Mataji, we want you to put your attention on these locals, they took you to take the Sanjeevanda. Yes. The local community, Arabs. They are better than Arabs. At least in

Dubai, for the terrible people in Dubai. Here they say that we don't believe in great people and in other people. And what do we do? We don't believe in all the problems and we are quite open-minded. But then we take to Sahaja Yoga. You see, the whole thing is that the student is a very dangerous from which we taught them now. And they don't understand. But they get it as a human being. They don't have much Parma-satum in here. They get their realization. They should move their next class. They are also very engaged in that class. So not the teachers, the general teachers, all kinds of things are the same. They are very dangerous. It's a box from you. Huh? He bought it from you. He must have just cut the picture. How did you know this? That is a little plane. I cut it. Very good idea. The teacher then has the prologged out. Good. The teacher... He must pass. Very good idea to Heart Humanities. Energy is self-, and after the lecture he wants to click the second part. ..of wealth was happily Buddhist. His successor. Healing purposes is an intervention. Yes. Healing on the spricht. Prevention of sun is an engineering nightmare. European máquinas.

We have so many Indians here. Most of us are here. At the airport, at least we have 40 percent of them. We have to get to the airport. I told them that there are these people, you know, they are still here because of it. Thank you for coming. Please take me. I have to close at your will. A real loss I can shift in the ani Experian. Set the centimetre into the Mostcati, have to go to the airport. This would be a olduğative service from the world, through the earth, from where people are real. But only problem is that they have not been able to live in life. They are trying in our life, this is trying. But we have schools, they have not been able to live in the school. Not that they are going to live. Got an idea? Any? I can't have a story I guess. It will be tomorrow, please, time to time. Tomorrow 7 o'clock in charge of 2,000. Can get service to you. 7 o'clock. 3,000. So, we'll be here in the next step. 1,000. 4,000. 2,000. 5,000. Thank you.

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I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot change it, we cannot transform it. So unfortunately at this human awareness we cannot know it. In our evolutionary process we have become human beings. But still we do not know the absolute truth. If we had known absolute truth there would have been no problem. Everybody would have known the same truth because truth is one. Same thing as I am sitting before you is the truth. But when we see it is there so you know that's the truth. But when we find people have this thing as a truth and that thing as a truth and then they collide in the name of truth, then we start wondering what sort of a truth is this. So something more has to happen to human beings to achieve that state by which they will know the absolute truth. Now whatever I am telling you before you, you should never accept it blindfolded because we have had enough of it. All these kind of blind faiths and things have given so many problems to us. So better not to believe Me. But keep your mind open like scientist. If it works out then as honest people you have to believe Me. Because it is for your benevolence, it is for the benevolence of your family, your country and the world at large. So now we have to understand there are two truths of which we have to have knowledge. The first one is the fact that you are not this body, this mind. You are this mind, these conditionings and this ego. Because you say my body, my conditionings, my mind, my ego. So who is this mind, who owns this, all these things? That is what is the I, the Self, the Spirit. So you have to become the pure Spirit which you are. That's the only evolutionary stage we have missed. The second truth is we see beautiful flowers around us and we take them for granted. It's a miracle if you see, beautiful these flowers have come out of seeds which look so good, such beautiful flowers have sprouted out of them. Who runs our heart? We never question. The doctors say it's autonomous nervous system. If it is auto, who is this auto? We never question, we take everything for granted. Look at our eyes, whatever, beautiful camera it is and the brain is a competitor. Who has made all these things, how it is made, we never bother. We take everything for granted. It's good in a way because less headed. But there is a all-pervading power of Divine love which does all these things. It is called by various names. For example in the Bible it's called as the cool breeze of the Holy Ghost or the all-pervading power of Divine love. In Koran it is called as roo and in Indian scriptures it is called as parabacha italiani. Whatever may be, Patanjali is called as Ritambara Pragma, quite a big name. Whatever name you may give it. It is a power of love, of Divine love. We have used always the power of hatred. Any organization you take, even religions, they are based on hatred. Actually I read a very funny article that some people who were Jews were denied citizenship in Israel because they believed in Christ. And they had a conference here I was told of the religions and they were having big fights. How can you have fights in the conference of religions when it's not a battlefield? So when we talk of peace we have to know that we don't know our peace within ourselves

which we have to discover. Unless and until we have peace within ourselves, how can we talk of peace for others? This all which is described that you have peace within yourself and that you have your Spirit in your heart, that you are to be born again is a fact. But it is not just saying I am born again. You are born again but what powers have you got? Are you compassionate and is your compassionate love acts? Does it act? Does it work? Just to certify yourself as Christians or Hindus or Muslims makes no difference at all. Because with all these names you can commit any sin whatever sin you want. Everybody can commit any sin. Because you belong to one religion you are not prohibited or neither you feel from within. So if you have to be really religious it should be a inbuilt quality within us. It should not be just a brand which is false. So we turn to something which is fundamental within us. These are the centers they have told you about. This is the mechanism within us which is built during our evolution. And now the last breakthrough is to connect you to this All Pervading Power. It works spontaneously. It's your own power. It's just like a candle which has the light within itself which is enlightened. Then it can enlighten many lights. It's like this, this is your own power. This is within the sacrum bone. I don't know what they have told about this, how far they have told. But the bone is sacrum bone, the triangular bone which was surprisingly called sacrum by Greeks means the sacred bone. It's a sacred bone in which this power is there. In some people you can see it persaking like heart when it is awakened. You can see it clearly with your naked eyes. You can see it. And ultimately you can feel the cool breeze coming out of your fontanel bone area which is you can say actualization of your baptism. It's not some priest puts his hand here and says you are baptized. But actually you feel it and that's how you get connected to this All Pervading Power which is the vital power. This happening is Sahaja. Sahaja means born with you is the right to have this union yoga. So it happens spontaneously like a living process, like the Mother Earth and the seed. You put the seed in the Mother Earth, it sprouts by itself. You don't have to stand on your head and do any acrobatics, nothing, it just stands just by itself. And because it is built in the seed, the sprouting power and it is the Mother Earth who does it. That's how it works spontaneously. Now how much do we pay to this Mother Earth? First thing you must know that you cannot pay for God, you cannot. He doesn't understand money, He doesn't understand banks, He has never known all these things, believe Me. It is a spontaneous living process of your evolution. Now there are many problems people ask Me about how it happens, how it works out. The simple answer is like this. How the seed grows, tell Me. Can you explain? It's just there, it's built in, it's made like that. Supposing this is made in a particular manner and is then connected, of course it has to be connected, then it works. How it works? Because it is already built in. So you must have faith in yourself first of all that this power is within you, is your own power. And that when it is awakened you get connected to this All Pervading Power of Divine Love. Then you start feeling on your finger tips. For the first time this All Pervading Power, for the first time you have never felt it before, for the first time you start feeling it on your finger tips. It's an actualization this was to happen. Now there are certain funny ideas people have about resurrection also, which are never logical. Like they said at the time of your resurrection or last judgment people will get out of their grave and they'll be resurrected. Now just think of it, might be a bone or something getting out of the grave. How you resurrect a bone? I mean you are all intelligent people. This idea prevails among Muslims also. And the Bosnian Muslims who are dying, I am worried for them but they are not. They are saying if we die now in the name of God we'll be resurrected fast. This is the most absurd idea which I find prevailing. But of course this is the resurrection time. And many people are taking birth to be resurrected. They are seekers of truth. They want reality. Many people are born. That's why we are thinking that we are our population problem. But actually all these people are born again just to take their realization. Those take births, reincarnations and they are here. That is sensible to understand. Now if this is the resurrection time what should happen at this time? According to the description of various religions it is that you know yourself, know thyself. The first thing that should happen, you should get self knowledge. You should get, it's not a lecture or a sermon, but you should have self knowledge. What is your self? Is the inner being. You should know your inner being. You should have your inner knowledge which you don't have. Till you get cancer you don't know you are going to get cancer. And when it is very serious then doctors suspect and then they put you into the machines and things to find out if you have cancer. But self knowledge means you know about these centers that you have inside yourself in the parasympathetic nervous system. You can feel it on your finger tips. This is what is self knowledge. Now these centers that you see here are within yourself, all of you. And on the medical term we can say that on the physical side they are called as plexuses. They manifest plexuses but we have other sides also, we have mental, physical, everything. So they look after or they are the foundations for our physical, mental, emotional and spiritual being within ourselves. Most of the global problems are because of human beings. Now if you can correct these centers somehow then you can correct human beings and that's how you solve your problems. When this power in the triangular bone called as Kundalini rises through these centers then it doesn't trouble you. You see there are some books, horrible books written that it burns you, nothing of the kind. She is your mother. She is your individual mother. She knows everything about you. She is anxious to give you your second birth. She is not going to torture you by any chance. She loves you and she wants you to have your second birth. So she doesn't burn you or

anything, all these stories are all nonsensical. I have not seen anybody getting burnt or anything. Thousands of people have got realization, none of them have said that. It doesn't burn you. So I don't know why they frighten this very negative things to say about your own emancipation. All right. So it just rises. When it passes through these centers it nourishes it. Not only nourishes it, integrates and enlightens them. By that your problems get solved. Of course Sahaja Yoga has cured many diseases. I would not say Sahaja Yoga but I would say you with your awakening, with your own powers. Many diseases like cancer, all kinds of diseases have been cured, there have been research being done. We have three doctors in India who have got their MD in Sahaja Yoga for curing incurable diseases. And there are many doctors all over the world who are doing this. For which you don't have to pay first of all. This upsets doctor a little bit that you don't have to pay. But actually you see how many people are going to come to Sahaja Yoga. Now see I saw so many people now on My way and how many are here? So I mean the rest will go to the doctors, they shouldn't worry. Only the seekers of truth will come to Sahaja Yoga. Only the people who think about those things will come to Sahaja Yoga. So they cure your physical being, your mental being, many lunatics have been cured. You'll be surprised. Lunatics, so called schizophrenic have been cured. Depression and all that. Stress is can be completely cured because I think this thing opens out and the stress passes out probably. It's not a difficult thing to understand that it is a meta science, it's beyond science. So many diseases that we suffer from. I can tell you only one center gives you how many diseases. The second center that you see here which is in white color but is actually yellow. And this center is responsible for transforming fat cells for the brain. One of the functions it has. The second function is it has to look after the liver, to look after the pancreas, also spleen, kidneys and part of intestines. One center. Now when you start thinking too much, if you are futuristic thinking, planning, planning too much, all others, all guns are neglected. So what do you develop? You develop a liver trouble. Of course the doctors can't detect your liver, it's very difficult. Then you get diabetes. With the spleen, because you are very hectic, your spleen doesn't know how to cope with you, so what you get is leukemia, what we call blood cancer. Of course so many people have been cured of blood cancer from Sahaja Yoga, no doubt about it. They are cured, very easily. We have three architects in India who were just declared that they will die within one month's time. Doctors are honest, you see, they certify, you will die after one month. They come to Sahaja Yoga. Now one of them has been told about eight years back, another six years back, another five years back, they are still perfectly all right and I don't think they are going to die till they are at least eighty or ninety, quite healthy. So this is how you get this blood cancer is to be understood medically also, it's easy to understand that this spleen is responsible for giving us RBCs, red blood compressors. When we are in emergency, now you see in a city like Vancouver I have seen people out there rushing about here and there. Early on the morning they get up and they read newspapers, horrible things you see, the emergency starts and the spleen has to produce more RBCs. Then after that they have no time because they get up late so they have to rush, they don't take their breakfast, they take it in the car. And some are also I was told, rushing their teeth, shaving themselves and having their breakfast, absolutely hectic thing. And on the way there's the traffic, finished. That's the end of patience and they start abusing everyone. After that they reach the office, in the office the boss is angry because you are late maybe. So this poor spleen doesn't know how to cope with this hectic personality which starts like this and then ends up into something else and takes them to the other. So it becomes vulnerable. It also becomes crazy, see, and it becomes vulnerable and suddenly if there is any attack from any virus this is settled. So you get, one gets blood cancer and you are certified, that's all. But you yourself become the doctor, you yourself become the medicine and the diagnosis you can do yourself. This is what is the self knowledge. Such a man is very futuristic, you see, very, the higher he goes the successfully becomes, he becomes very hot tempered. Be careful. If you have to talk to them go with a barge pole I think, that's better. They jump at everyone, of course as far as the wife is concerned they have no romance left for the wife. Very hot tempered people, they, even the women, they also become like that, right-sided. Planning all the time, planning, planning about the future which doesn't exist. Ultimately they get diabetes also. If not that then blood cancer. If not that minimum is constipation. That's the first sign from the nature it comes to that. Then also this heat from the liver might attack your heart. In child, is this a young age, say about sixteen, seventeen or up to twenty-five years, if somebody drinks too much and plays tennis or some sort of a game like that, he gets a very fatal heart because of all these right side activities that he is doing. And the liver is out of gear completely and it cannot give out the heat which is the poison in the body and this heat rises all over. Also it rises on the right side on the lungs and it gives asthma. How many diseases we have already had by one chakra. But if one chakra is put right all these diseases can be cured without taking any medicine or paying for it. Once your Kundalini rises automatically you will feel the change coming over you. Transformation, you will feel very relaxed and very joyous. You start seeing the whole world like a drama. I have seen people, very stern people, not only smiling but laughing aloud and I said what's the matter now. That's the change. You get so transformed. Sometimes I can't recognize because sometimes you lose your twenty years of age. Now I am seventy years, I will be seventy-one very soon, you know. I don't know. The age is coming but I don't know about age at all. I am just the same, I feel the same way as I was. I

travel so much, everything I do, doesn't touch me, doesn't bother me. In the same way it happens to you. When we are thinking, what we are thinking about the future, about the past. But if I say you be in the present you cannot be. So what happens that the thought rises false, another thought comes and falls and you are jumping on the cusp of the thought all the time. And sometimes the thoughts are so much bombarding your head that you get fed up. But when this Kundalini rises, she expands this spacing between these thoughts which is the present and you become thoughtlessly aware. This is the first thing happens. Thoughtlessly aware. In Sanskrit it is called as nirvichar samadhi. That is you are completely aware but there is no thought. That's the time when you are absolutely peaceful. And in that peace you grow. Your spirituality grows in that peace when you have that peace. And the second state that you achieve is where your connection is fixed properly. Sometimes you know some people have very loose connections. It's like a guru shopping, all right, let's program, let's go there, have a realization. Then somebody else is coming, all right, have his program, like that. You have to settle down. You have to grow. I take life seriously. Like the other day somebody was describing Me about TM. I was shocked at this gentleman, was quite intelligent. He said, Mother, you know what he showed? There was one man who brought one pendulum. He was not of the party and this fellow said, with My power of mind I'll make this man move his pendulum. And he was moving his pendulum. See, I said, I have you come here to move pendulums, what, on this earth? Is that your value? You are a human being just to move pendulums here. You are moving ships and moving aeroplanes and moving the whole world and now you are going to this man to develop a power to move a pendulum? It's a stupid thing. This mind is limited. Why don't you understand? You have to go beyond this mind. And this fellow paid three hundred pounds to that gentleman for moving the pendulum. I mean if people are stupid you can't help it. Like they paid six thousand pounds for just levitating themselves only three feet. And already we have a jam on the streets, you see. And what these three feet people are going to do, I don't know. For levitating them for three feet. Nobody did, they broke their bottoms, that's all. They got their compensations also from the feet. So such stupid things these people want to do, just can't help it. And people are paying so much money to them and spoiling themselves, can't understand. Of course, basically you must have your logic intact. Sahaja Yoga is not meant for idiots, I can confess it. It's meant for people who have some logic in their heads. If they are idiots you cannot do it. This is idiotic, don't you see something? And so many people are doing this kind of nonsense. We have gurus coming just from jail, wearing some sort of a saffron clothes. And people become disciples. And what are they doing? They are giving us mantras. I mean mantras can be given by a donkey also, why do you need a guru? Why don't you think? Why are we here? What are we to have? What is the goal of life? What are we seeking? One should know it and one should understand the value of your human life. You are a human being. You are at the epitome of evolution. You are not here for just becoming like birds or worms and frogs. You are here to become a higher personality, a superior personality, a saint. But all these things are so common. Also Indians are like that, I must say. They can be called stupid, despite the fact he said what is a real master, but still. Now recently, thank God, they have discovered about Satya Sai Baba, how he was mesmerizing and giving peace. Because there were cameras and cameras photographed him and cameras could not be mesmerized. So there's a tape, I have got that tape. They saw him. I mean also think, why should God give you gold or diamonds? He has much more precious thing to give. You can buy them in the street, anywhere in the road. What's the use and those who have diamonds, what are they doing? Are they some special people? But this is the trouble. Then I was told that one fellow came suddenly from India and he had some sort of a home. And fifty thousand Indians stupidly paid for that home. And this one fellow, whose name is Murali Babu, another joker I should say. By chance I happened to be in his program, I don't know how I feel, they took Me there. And he had made one Rama of twelve years and Sita of seven years. See two children dressed up like Rama and Sita. And the marriage was performed. And they were asked to give for the Russo of Sita for the marriage. So all these Gujarati ladies and these Marwani ladies, they took out all their diamonds, all their gold and everything, give it to them. Imagine Sita getting married nowadays. I mean I just can't understand. They said in Bhakti we are doing it. You get Bhakti but Bhakti doesn't mean that you should not have any logic behind the Bhakti. And this man has minted money. They all have minted money befooling people. Now there are evangelists also you have got. I've never seen such a horrible, blatant nonsense than these evangelists. So one fellow in Honolulu was showing a one hundred dollar note that if you give this then God gives you two hundred. How can you say such a thing? God has got a bank on water. Such stupid things people are doing and we are joining them. Keep your logic intact. God is not illogical. You may say there is no God but I think it is unscientific to say that because you have not found out there is God or not. But you have to give little time to yourself and some respect to yourself. That's all. It will work out and you'll be amazed how you will discover how fantastic you are. Like a television set you take to a remote village somewhere and tell them that you are going to see beautiful films and things. They'll say this box, how can we see? This is just a box. We also think that way about ourselves. It's just a box. But once it is connected you see the kind of thing it is, how fantastic it is. And that's what you'll discover how fantastic you are, how many powers you have and how much you can do in this world. I don't want to give the

complete list of things. It's too much. People write to Me, Mother this has happened to Me, that has happened to Me. And this Phil Ward who was playing on the harmonium, I asked him, Phil I'm now tired of reading all these things so I send all letters to you, you better sort out and write it down, we'll write a book. Within one month's time he said, they have piled up up to here, now Mother, how am I to do it? I don't know how to sort out. It's like that. So you have to have faith in yourself. You are not ordinary people. You are seekers of truth and if you find it you have to settle down. Another problem about canary elses, I don't know why it is so, that though they get realization they just come and go, come and go. It's like a cinema show or something. I'm still trying to understand why. But in Russia it's different. You'll be amazed in every program I get never short of sixteen thousand people, minimum. And once they get it they settle down, they understand. And I said, it's very surprising and no guru could stay there, even your scorns and everything went full on. No one. Rajree, no one, they all tried. Nothing. They are so wise and so introspective. But I said, how is it? They said, Mother, so obvious, very obvious it is. I was surprised how these people are so sensitive to spirituality. And they understand you can't pay for spirituality. This they understand very well. How many of you, they have had very great writers and novelists and philosophers, no doubt. But on the whole I think even in their writings they have been extremely introspective and that's what is their character. I think this materialism has made us rather superficial. And that's why we cannot settle down. Hardly takes a month for you to master it. But you must devote yourself unless nothing asked for. For this all knowledge, everything, you don't have to pay anything. You never get sick after that, you become a part and parcel of such a big organization of fifty-five nations. You have brothers and sisters all over the world with all these. I just don't know why people don't settle down. So our leader here, Bern, is very unhappy about it. He was saying, Mother, you better shift from bad to worse. I said, but this I heard also in Toronto why it is happening. But I'll talk to them and tell them that this was a volcanic land once upon a time, I think that maybe there is. Mother Earth is still hot or I don't know what to say. But you have to respect yourself and have faith in yourself. Now as it is, the time is going to be nine thirty and I think we should go ahead with Self-realization. Of course you must be having some questions and you should let Me know if you have any questions. I must tell you for the last twenty-four years I've been facing all kinds of questions. I'm quite an expert. I can answer all your questions very well without any difficulties. But it's just a mental acrobat, it's a mental acrobat. You have to go beyond the mind and that's what should happen. Who is this? Ah! You two! They are from Soviet Union. You helped us all our difficulties. Now you better try to help Canadians, you know. Yes, of course. You please arrange their meeting with Me tomorrow if possible. So nice to see you all here. May God bless you! My heart goes to them and they telephone to say that on the streets there's all kinds of fighting going on and all that. So I said, are you disturbed about it? No, why should we? We are in the kingdom of God. Why should we let them fight? These politicians have to fight, let them fight. I think one day all these instant block people will become extremely powerful, very powerful people. They are all very well educated, very well read people, but so humble and so much for reality and totality and I mean I just don't know how they have the right ideas about their city, absolutely right ideas. I think our choices, our freedom, I mean that also has gone too far. Like in America I went to somebody's house. He was supposed to be a very, very rich man, all right? So when I got into this car he told Me, be careful about My handles. I said, why? I've put them the other way now. But I said, why? Why did you put it that way? Oh, that's My choice, My individual choice. But I said, somebody gets into your car, he won't be able to get out. Why did you do it? But then in his house when I went, he said, be careful. If you step onto that, you'll jump into the swimming pool. I said, why? Oh, a smiley sign. I said, nice for you, not for others. But imagine suddenly you jump into a swimming pool with your sari. He's very rich, you know, and he desires it. His styles are different, everything is different. What's the use? But he dresses up like everybody else, like a hippie. His dress is, his hair is like that and this is the fashion, it is very fashionable. I said, in this you are not individual. In this you are fashionable and the rest of the nonsense you are very individualistic, where everybody will be tortured. Can't understand how you use your money. And he himself has to remember all these things which he has done. So these choices that we have, like children in the morning you ask them, what will you have? They should cook, you should whatever you have, who will give it to them? What will you have? Then they ask for something. If you don't have it, then they won't have their breakfast. Is all you don't know a great slavery of these so called entrepreneurs. They make a dress like this and a dress like that and a hair like this and a hair like that and everybody is jumping around them. They have piles of dresses and clothes and things, I mean, you go into a heavy house, it's so lousy because every time there is a fashion coming from Milan or maybe coming from Paris and they must do it because they have money. They don't know what to do with us. And if you tell them why, why do you do it? They say, what's wrong? These punks were using some red thing and they started becoming black. I said, why are you using this? What's wrong? You'll become blind, doesn't matter. Everything is a challenge. Death is a challenge, what's wrong? How about you will die? No, what's wrong? You will die, is all right. Death is also a challenge. Everything is a challenge to them. The surfing, this, that, you see this, all these destructive things that people are doing madly. What do they get out of it? Skiing, one lady lost her kidney, then she lost her one leg. Still she was skiing, you know.

I was saying now you'll lose another leg also, then how will you ski? With one ear, I'll ski now. Oh, I can use my hands. But you are a useless woman otherwise except for skiing. What are you doing? So these destructive ideas, I mean they don't know what to do with their money, what to do with themselves, you see. Sitting in the sun, getting cancer, I mean all things, all these adventures lead you where? Away from yourself, away from your home. Holidays now. Holidays is another madness. Started you won't believe twenty years back it was not there. In England holidays start, say people go from Bristol, from we can say from Brighton, from South to North, North people come to South and on the road you can't move. All the roads are finished. They run away, all of them. I don't know why. What is the need? Spend the holiday together in the household, talk to your people. Indians don't do this. I don't know here. They might have become fashionable, I don't know. But normally Indians don't do all this nonsense. They sit at home, talk to each other, enjoy children, grandchildren. What is this running away from the house all the time? Then some another thing comes, you see, holiday thing. Such a mad idea is to destroy yourself. What's wrong? I must tell you something of interest for one minute more. I was in Greece. May I am a simple Indian woman you say, I am. Of course I have travelled a lot but I don't know many things. So the organiser, he had come, he is a young boy, he had told Me, Mother there is one interviewer who wants to interview you and he is the chairman of the gay people. I said, what do I do with him? He said, Mother he is very anxious to interview you. I said, all right. But you know at the right time I forgot, otherwise I have a very, I mean I have such a nice memory. I mean I never forget things. But at the right time I forgot that he was the chairman. He asked Me many questions and then he asked Me, what do you say to people when they are, men are attracted towards men, women attracted towards women. I just forgot that he was the chairman or anything. I said, it is absurd, it's unnatural. But said it happens. I said it happens because people are possessed and I have cured them and they get out of it. They are possessed, yes, I said they are possessed. They don't like to hear about it. They will get AIDS, they will get anything. He was quite shocked you know. And he said, Mother do you think they get cured? I said, I am sure they do. Men get cured faster than women because women have some mental problem. Oh thank God, so men can get cured. I mean he wanted to get cured, this man. And they have shown this many a times there. But I mean if you say something sensible nobody wants to listen. But the worst I hear from England, the canon is saying that we should allow extramarital relationships in Christianity. Why? Because nobody comes to church and who is going to pay for the police then? Then through may I know you allow child abuse, drug addiction, everything wants to come. After all you have to make it popular, isn't it? That's the thing. Whatever is wrong is wrong. But it's not to be condemned but to be cured. That's the point is. We have to cure it and it is going to help everyone. Of course Sahaja Yoga has cured cancer but also it has cured AIDS. But there's a little problem about it which I don't know if I should tell or not. But it's like this the people who get AIDS are two types I've seen. They are very aggressive, they think they are martyrs. I don't know what they are going to achieve. They are all martyrs you see. And the others are extremely difficult and they think that they cannot, they cannot exist. They don't want to live sort of people. So in between you have to find somebody who would really take to Sahaja Yoga. We had five people, out of them two came from TM because they said in TM it was not allowed to meet your wife even. This was long time back. They are marketing different, different things. That time it was the husband should not meet the wife. So they developed this nonsense there. So they went back to the same habits and they died. Their parents are there, they are very thankful to us. And then husband and wife they are all right. And this one who got it nine years back is perfectly all right, is doing very well, is the healthiest man we have, he carries all the heavy bags. That one. But they are very difficult. I think they should get out of this mood and things will work out for them also. So there's love, sympathy, affection for everyone. Not only that you become extremely compassionate but extremely dynamic, extremely creative. There are some artists who just came to Sahaja Yoga and now today they are world famous artists all over the world, specially in India, Amzadali, Sefadu Sahib, Devachaudhuri, all of them. They came to Sahaja Yoga after that and they tell openly about this, that after coming to Sahaja Yoga. I don't say you give up your drugs, I don't say give up anything but you just do it yourself. Say you are having a snake in your hand and there is darkness, you can't see if you are obstinate, you will say no, it's not a snake, it's a rope. And somebody says it's a snake, till it bites you will go and say no, it's not a snake, it's a rope. But if there is little light you will throw it away yourself. It is like this. You yourself throw it away, I don't tell you anything. I don't say don't do this or anything. None of the Ten Commandments I tell you. But you just don't do it, you become, you become a righteous personality, become. Your attention becomes pure, your eyes become innocent. It's a very different personality that exposes itself. Your family life improves, you get beautiful children. May we have such beautiful all around the world, you should see them. I've never seen them fighting or quarrelling. Of course they pull each other's legs all right, lot of sense of humor, that's all. But such beautiful relationships. No wife runs away with somebody's husband and somebody's husband running out, none of these things. You become extremely pure, absolutely kali self-equality. So may God bless you. Let us have now the realization and also I hope now you will understand that you have to give some time to yourself. You have to respect yourself and you have to take to realization in such a way that



you become great Sahaja Yogis. You know it's a big responsibility because this is a special time as I told you. At this time you are born to get your realization and now it is your responsibility to give realizations to others. Unless and until you mature yourself, how will you give? And for that you don't have to pay anything. Nothing has to be paid. It just says it works out. My request is that you should have a better name as Canadians, as seekers and I am sure it will work out. May God bless you. I'm happy to see some Chinese also here. I'm going to China this time. My way here I'm going to mainland China. There are some very nice Sahaja Yogis out there. I know you are president very well and that's how it's going to work out. But Chinese stick to their wives more than to Sahaja Yoga, is it true? You should bring your wives also to Sahaja Yoga, so it's all right. Makes no difference. I think these are all myths and they can be dropped. I'm your Mother and I want you all to be your own masters, your own gurus. You don't need any guru or anybody. Once you have the light you are the masters. These people who have no light, nothing and they have become such gurus while you become the gurus and still you are extremely humble about it. It's just like a laden tree with fruits, bends down. So it will take about, I think at the most ten to fifteen minutes. It's a very simple travel up at the most three to four feet and it works out very well. Only thing is that those who don't want to have it, I cannot force it because I respect your freedom and I cannot force it, this realization. I cannot. I respect your freedom completely. Those who don't want to have it should leave the hall, will be a good idea because otherwise it will not be very civil to other people who are trying to enter into the kingdom of God. So those who don't want to have should not be here to disturb others. This is My humble request. Now, the second thing is very simple, that there are three conditions for your self-realization, which are very simple actually. The first one is that you are not to feel guilty for anything at this moment. Let the Kundalini judge you, you don't judge yourself. So please don't feel guilty. According to Me, you are a human being, you are not God. And if you have made mistakes, it's all right to urge human and to forgive Divine. And this all-pervading power of Divine love is an ocean, it is an ocean of forgiveness and whatever mistakes you might have committed, it can be dissolved completely. So at this moment, please don't feel guilty. And do you know, if you feel guilty, what happens? The chakra on the left hand side here catches, goes into geocards sometimes and you might get spondylitis or you may get ear trouble or you may get angina or sometimes you get lethargic organs. It's a very serious thing. So why to have such a guilt? If you have done any mistake, face it up, finish it up. Don't put it forever here, I am guilty, I am guilty, I am guilty and punish yourself. That means in short, forget your past. That's first condition. The second one is to forgive everyone. Now you don't have to think about that because it's a headache. Now logically, whether you forgive or you don't forgive, you don't do anything. What do you do? Do nothing. But if you don't forgive, then you play into wrong hands and the person who has troubled you, tortured you, hurt you, is perfectly healthy. But you suffer, so please forgive. Forgive everyone without thinking about them. Just don't think about them. What they are, what they have done, finished. Just in general you forgive everyone. Immediately you'll feel better. It's such a headache to remember that you have not to forgive. Now the third condition should be really the first one. Is that you have to be absolutely confident, all of you, that you will get your realization tonight, absolutely have faith in yourself. If you have faith in yourself it will work out. All of you will get your realization tonight here with us. Just don't doubt yourself. That's all. I hope these conditions are not very difficult. All right. Now first we'll show you how we'll be nourishing our own centers. You will do it yourself but this is to be done only for tonight. You don't have to do it later on. Just for tonight. If you can take out your shoes it would be better because this Mother Earth helps us a lot to take away our problems. You have to be comfortable sitting in your chairs. Of course you should not slouch but be comfortable. You have to know one thing. That you don't have to go to Himalayas or to any such places. You will get them here only, not to stand on your head or anything of the kind. It's very simple. It just works out, very simple. All right. So now we have to understand that there are two sides. One is left, one is right side. There are two sides and the left side is for our power of desire and the right side is for power of action. So you please put your left hand on your lap just like this, very comfortably. Somebody should show, who is that? Like this. This indicates or symbolizes that you want to have your Self-realization. You have a desire to have your Self-realization. Just put your right side. Now, you have to use the right hand for nourishing our centers. So put your right hand on your heart. In the heart resides the Spirit. If you become the Spirit, you become your own master because in the light of Spirit you know the truth. So now please take your right hand in the upper portion of your abdomen on the left hand side which is the center created by great prophets and saints for our mastery. Now take down this right hand, the lower portion of your abdomen and put your hand on the left hand and press it. Just come forward, I think people can't see. In the lower portion. Now surprisingly this is the center for pure divine knowledge. Pure divine knowledge is the center. You will know about it very well and how it works and how it acts through your central nervous system. So here it is the knowledge that you get on your finger tips which is on the central nervous system as you have to get it with your evolution. The knowledge of the divine laws, they start working through your being once you have your realization. That is called as bodh. In Sanskrit it's called bodh, means feeling on your central nervous system. Now raise your right hand in the upper portion of your abdomen, then on your heart, then in the corner of your

neck and your shoulder and turn your head to your right. This is the center to your right, please turn it to your right. This center I've already told you goes into trouble when you feel guilty. Now please take your right hand on top of your forehead and put down your head across. This is the center is to forgive everyone in general. Put down your head. Now take this right hand on the back side of your head and push back your head as far as possible. This is the center for your satisfaction. Without counting mistakes, without feeling guilty, just for your satisfaction you have to ask forgiveness from the divine power. Now the last one is very important. Stretch your palm fully and put the center of your palm on top of the fontanel bone area which was the soft bone in your childhood. In Sanskrit called as talam, means talu. And now put down your head as far as possible. Here you have to move your scalp. So is important it is to stretch back your fingers. Stretch back your fingers and move your scalp slowly, clockwise, seven times. Stretch back your fingers. If you don't stretch back, put down your heads, put down your heads. And now stretch, stretch back your fingers, seven times. That's all we have to do. Very simple it is. Now as left and right are two powers, we have to put both the feet apart from each other. Not sitting on the ground people can sit comfortably, it's all right anyway, very good. Put the left hand now on your lap and you have to now put your right hand on your heart. You have to close your eyes now and not to open them till I tell you. At the heart center you have to ask a very fundamental question in your heart three times. You can call Me Mother or you can call Me Shri Mataji. Ask a question, Mother, am I the Spirit? Ask this three times. Mother, am I the Spirit? In your heart. I've already told you that if you become the Spirit, then in the light of the Spirit you become your guide, your master. So now please put your right hand in the upper portion of your abdomen on the left hand side. Here you press it and here ask another fundamental question three times. Mother, am I my own master? Ask this question three times. Now please take your right hand in the lower portion of your abdomen on the left hand side. Here is the center for pure divine knowledge. This has got six petals. I cannot force this knowledge on you. So you have to ask six times, Mother, please give me pure divine knowledge. You have to ask for it six times. Unless and until you ask for it, I cannot force it on you. As soon as you ask for pure divine knowledge, the Kundalini starts rising. Some people do feel, but it's better not to feel it. Those who have obstructions might feel a little rising or maybe little heat. Now raise your right hand in the upper portion of your abdomen on the left hand side. Here we have to use our full confidence to open these upper centers. Please say ten times, Mother, with full confidence, Mother, I am my own master. Say it with full confidence ten times. I've already told you that you are not this body, this mind, these conditionings and this ego, but you are the pure Spirit. So now please raise your right hand onto your heart and here you have to say with full confidence twelve times, Mother, I am the pure Spirit. Now, please forgive yourself. The All Pervading Power of Divine Love is the ocean of knowledge, ocean of bliss and ocean of joy, but above all it is the ocean of forgiveness. So whatever mistakes you have committed is easily resolved by this power of this ocean of forgiveness. So please forgive yourself and raise your hand up to the neck and the shoulder, of corner of the neck and the shoulder and turn your head to your right. This is the worst center you have now here. So please be careful. Please say sixteen times, Mother, I am not guilty at all. Please say sixteen times. As I explain to you whether you forgive or you don't forgive, you don't do anything, but if you don't forgive then you play into wrong hands. Moreover this particular center is a very constricted center. If you do not forgive now it won't open and you'll miss the chance of your Self-realization. As it is you have tortured yourself by not forgiving and now you should not miss this great opportunity. So I request you again and again that please forgive in general by saying, Mother, I forgive everyone in general. Put your hand on top of your forehead across and put down your head and now here you have to say, Mother, I forgive everybody in general. Please put your hand on your forehead across. Now, without feeling guilty, without counting your mistakes, just for yourself, you have to ask forgiveness from the All Pervading Divine Power. So please take your right hand back side of your head and push back your head. Push back fully. Here you have to say from your heart, not how many times, from your heart you have to say, Mother, or O Divine Power, please forgive me if I have done any mistake knowingly or unknowingly. O Divine Power, please forgive me if I have done any mistake knowingly or unknowingly. Please say it from your heart, not how many times. Now the last center is extremely important. You have to open your heart fully for it. You have to open your heart. Now, stretch your palm fully, take the center of your palm on top of the fontanel bone area, which was a soft bone in your childhood. Now push back your fingers and put down your head. Here. Put down your head. Here again, I cannot force Self-realization on you. You have to ask for it. So please now move your scalp seven times, clockwise, say it seven times, Mother, please give me my Self-realization. Please bend your heads and push back your fingers, that's it. Push back, away from the head, push it backwards. Pitch away, pitch away. Bend your heads. Close your eyes. Outward, seven times. Now please, please take down your hands, open your eyes. Put both the hands towards Me like that and watch Me without thinking. Just watch Me without thinking. Now put the right hand towards Me and put down your head and see with your left hand if there's a cool or a hot breeze like thing coming out of your own head. If you have not forgiven, then it would be hot breeze, but if you have forgiven, it would be cooler. Better to forgive now. Don't put it on top of your head, but away from it and see for yourself if there's a cool or a hot breeze coming out of your fontanel bone area.

You have to move it a little to see. Some people get it very far also. Put your right hand towards Me and see with the left hand, right hand. Now put your left hand towards Me and see with the right hand. Bend your head, bend your head and see for right hand there's a cool or a hot breeze coming out of your head. Pay attention to your head. Now again with the right hand the last time, you put down your head again nicely and see for yourself and ascertain if there's a cool or a hot breeze coming out of your head. All right. Now please put both your hands towards the sky like that and ask one of these questions three times. Close your eyes, push back your head and ask one of these questions three times. Mother, is this the cool breeze of the Holy Ghost? Or Mother, is this the all pervading power of Divine Love that is Ruh? Or Mother, is this the Paramachaitanya? Ask anyone of these questions three times. Now put down your hands. Put your hands like this. Feel it on your hands also. Feel very relaxed. All those who have felt cool or hot breeze out of their fontanel bone area or on their fingertips or on their palms, please raise both your hands. Oh, one. Practically everyone. May God bless you. I hope you will grow now and respect your Self-realization. You have to give little time, you have to come, so many of you. Some very few didn't get it. Maybe you are doubting or I don't know what you are doing with your mind, but must be something which can be corrected. So may God bless you. If you have gone to some wrong guru also sometimes you don't get your realization. I'm very happy. Now you can feel each other's head, you can feel it. You can feel others also. This is the All Pervading Power which I'm talking first time you are feeling. First time you felt it. But now you might feel very much better, sometimes people feel they are on the seventh avenue and all that. It's true. But you must know how to fix your connection is important. It's very important and for that we have a center here, you can tell them and also can give them. You must come to the center, please. Now we have so many people. If you all take to Sahaja Yoga the whole of Vancouver you can change, you can. But please, I will not ask for a promise, but as a mother I request you that please look after your Self-realization. It's very important. You've got something so precious because they should not pay it for you because you think it's just free because it is vital. It is something you cannot pay for. It's too precious. I try to respect it. Thank you very much. May God bless you. I'll be here definitely after one year. I always come after a year, I don't know. So I would like to meet those people from Russia tomorrow. Yes, Shri Mataji. I used to meet all of them, there are so many people. I should take one girl to the United States. It's all right. Thank you. Some people who have not felt you can call them in. Anyone who hasn't, who didn't feel the cool breeze, if you could come over to this side of the stage, we'll have some sahaja yogis come over here and help those people to try and get to feel the cool breeze. So anyone who didn't feel it who would like to feel the experience, please come over to this side of the stage, right hand side. We have some sahaja yogis come over here please too. We'd also like to announce that every Thursday at 7 p.m. we have a meeting at the Kensington Community Centre and every Tuesday at the North Shore Neighbourhood House and we encourage everyone to take one of these, they help the number of all the centres in the Vancouver area. And they also have a little thing if you'd like to leave your name and address on there, we'll contact you and let you know when we're having our follow-up meetings for sahaja yoga. And if you have any questions you could feel free to call us at any time. Also on Wednesday October the 20th we'll be having a meeting at SFU at the Harbour Centre for all the people who live in the downtown area. So I believe these are at the front so if people would like to take one of these. The first follow-up meeting will be in Kensington on October the 14th at 7 p.m. and the second one is on Friday October the 15th at 7 in Richmond and the third one is on Wednesday October the 20th at SFU.

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This is all everything! Nothing matters! You can go now. I bow to all the seekers of truth. At the very outset I have to say that truth is what it is. You cannot describe it. You cannot change it. You cannot proclaim it. You have to experience it. If you do not have the experience of truth, no use doing any meditation, any all kinds of nonsense that's going on all over the world. It's very important because I call this as the blossom time. Is the time where the last judgment has to happen. And in this last judgment you are going to decide whether you want the truth or untruth. So I would request you also not to believe Me blindfolded. We have had lots of problems from blind faith. But whatever I am telling you if it proves then as honest people you better accept. Because it's for your benevolence. Benevolence of your family and benevolence of the whole world. Coming to the point what is the truth. In modern times there are so many seekers of truth. But they don't know what they are seeking. They are seeking and seeking and they are branded as seekers. But what are you seeking? What you are seeking is your evolution. Not just talking, not doing some course but you are seeking your higher being that you are not this body, this mind, this ego, these conditionings, emotions but you are the pure spirit. And you are seeking that. And as a result until you become the spirit you will go on seeking.

Blindly going to this place, to that place, becoming bankrupt sometimes. One must understand for our evolution we have not paid anything. We have achieved this human awareness without doing any effort. You don't have to stand on your heads. You don't have to take sannyas and nothing of the kind. It's not outside. The evolution is within and takes place. I'm already told that you know everything about this Kundalini business. This Kundalini is your Mother. She is your individual Mother. She knows everything about you. She knows what has been your past and what are your aspirations. She knows everything but we must also ask Her to rise, Her to be awakened and it will work. I'm sure it will work. The centers about which you have been told are responsible for our physical, mental and emotional being. It's a very old thing that people knew about it. I was surprised I went to Kiev in Ukraine. I went to see the museum and they had all the paintings of Kundalini there, of all the centers. I was amazed and that too on terracotta they had done it. They had made this terracotta not with any wheel, with machine but just with the hand. I don't know how they did it. And they had all the pictures there. I went to Colombia, Bolivia and there too they knew everything about Kundalini, right side, left side, central side, everything. And they said we knew all this but we didn't know how to awaken. Imagine! So this knowledge is not only from India. It was spread all over the world. All those who were saints all over the world knew about it. In the Bible also is written that, I will appear before you as tongues of flames. These chakras really look like that, living flames, very beautiful colors. But all this inner knowledge, though everybody knew, got lost because people at the helm of affairs started diverting the attention of people from spirit to other things. So we find all religions are nothing but money oriented or they are power oriented. They are fighting for lands, not for peace, not for this spirit that is within. And when we talk of peace, want to have peace, we are not at peace with ourselves. How can we have peace? Those who have no peace within themselves, how can they give peace? The peace is within us and a person will achieve that state of peace and joy. That person doesn't ask for anything to be achieved. It is already achieved. We are jumped in the sea, ocean of joy. So many things can happen and I've told you that these centers are responsible for physical, mental and emotional being. I've seen people becoming poets overnight, becoming musicians, becoming artists, becoming orators, writing books. It's surprising how their potential is expressed. You must have heard about England having lots of problems with unemployment, but not one single Sahaja Yogi is without a job, because attention becomes so much enlightened. Attention as described by Christ, it becomes pure and innocent. He was so subtle to say, thou shalt not have adulterous eyes. That means in the eyes there should be no lust and greed. It's not possible you cannot take out your eye, wash it and put it back. The problem is within. But when this Kundalini rises, there's a spark in your eyes, sparkling eyes and this innocent glance is so powerful. Because it's full of compassion, pure love, such a person can put attention to anyone, anywhere in the world and this attention acts, this works. All these powers are within you that you have not achieved. You have never known, but it's there and you should experience your own powers and see for yourself how you can help yourself and how you can help others. Because the second thing that happens to you, that you become connected with the All-Pervading Power of Divine Love. As a result you get connected to everyone because you develop a new dimension in your awareness which is known as collective consciousness. Yogi has described it, he has talked about it, he went up to a point. But you all can have it, you all can get it. You're all absolutely worthy of it. It's your own power that is going to give you this. You're not obliged to Me or obliged to anyone, but obliged to your own Mother Kundalini who does this job. She's so anxious to give you your second one. And you can't pay. This is what people don't understand. You see here, see beautiful flowers. You see there, we don't know that it's a miracle to have these different flowers so beautifully created by this Mother Earth. How does she do it? We never even think about it. It's a miracle. And miracle is done by this All-Pervading Power of Divine Love. This Divine Love flows through you by which so many things you can do. First of all you feel for the first time the cool breeze of the Holy Ghost, the cool breeze of the Paramachaitanya, first time. Well you have to accept. You have not to doubt that once you get it. And then you should know how to use it, how to use this power. After all you see the whole world is full of chaos, full of confusion and full of nonsense. You are the ones who can help. You are the ones who can emit this power to others and you can solve the problem. Not only you are seeking it for yourself but for everyone who wants to have it. Of course you can't force it. You cannot be forced. It is spontaneous no doubt but you cannot force on a person who doesn't want to have it. It's very simple but one must know that behind the simplicity there's a very big organization that is working it out. See all these lights here. It's very easy just to put on these lights with one switch but there's a big organization, big potential energy that is working it out. In the same way there is a very big power. You have to feel it without and within and to understand it. This attention when it becomes so pure and so innocent people are surprised. Most of them used to think that they have lost their innocence. You cannot lose it. It's an eternal thing. Some clouds may be there but they just disappear and innocence shines. I have seen people from sixty-five countries arrive in India. I have never seen them quarrelling, fighting, arguing. Of course they pull each other's legs quite a lot, that's different and have lot of fun. But life becomes a fun, just fun and understanding that you are in the kingdom of God. You are no more in trouble. Physically you are cured. Of course most of the diseases can be cured by you yourself. Mentally you are at

peace with yourself. All these modern diseases of stress and strain and all that just disappear. Because Kundalini pierces through your fontanel bone area and She makes connection with this all-pervading power, everything gets dissolved into that and all the time you find you are helped. All the time miracles happen one after another and you are surprised. I don't want to describe them here today. You for yourself you should see what are these miracles and what is happening and how you are helped in life. You are not alone because now you are in the collective. You are a part and parcel of the whole. You are not alone and we are all in different countries, we are all brothers and sisters. We are all together, all relations, so close that something happens to one person the whole world knows about it. So the loneliness of life finishes and you enjoy the company of others. Never get bored, never get bored because you enjoy yourself. The light of the Spirit has to come. That is very important because without the light we are blind and we follow all kinds of things. They were telling Me now new type of tantric some nonsense has started in Canada. Now try to understand that this is another Rajneesh nonsense. As you must have seen now here, this point I want to stress, you see this red center is the center that we call as the Mooladhara chakra. This center is the one which looks after, you can say, even the sex and is below the Kundalini. You just see that. It is below the Kundalini. So when the Kundalini rises you become like a child. So this nonsense of this kind of a yoga is absolutely absurd. Christ has said you have to become like children when you have to enter into the kingdom of God. Now don't try to get another Rajneesh prosper in Canada. People told Me that now Canadians are taking to this stupid thing again. One after the another they are coming. I am warning you as a Mother. The other day one fellow had come, I don't know where he is now today, last time, and he told Me he's lost all his money, everything. I said, where? He said, I gave it to Dalai Lama. For what? Dalai Lama is just buying gold from everywhere. Don't you know that? But he said, Mother, my everything is lost within. What has happened to us, what has happened to our intelligence? Why not we think that a person who is taking money to buy gold, what has he got to do with God, with Christ, with Shri Krishna? Because we are used to it. We think we must pay, we must pay not for this. And in America when I came first time, in Boston they asked Me how many Rolls Royces I had. I said, I have none. My husband has only one car, that's all. So you are not in the business? I said, no, not at all. They said, we are not interested in you. Just imagine. If with that mentality if you go towards God, towards Spirit, you'll never get it. You cannot pay for it. This is very important. And once you decide that, half of them will run away. They have come here to lynch you. The Sanadhabara who teaches you how to move the pendulum. I never knew such a person existed. But in Washington they all came, said, Mother, we sold our houses, taken out our children from school and all that, whatever, what happened? A gentleman told them that you can control the mind of other persons. So he called somebody, made him stand on the stage, gave him a pendulum and he said, now, see, he will move the pendulum. And the pendulum started moving. So we believed in him. We wanted to control the mind of others. I said, all right. But have you come on this earth to move pendulums? What is the value of your life? Have you evaluated why are you a human being on this earth at this time? How could you waste your energy on moving a pendulum? You are seekers of truth. I'm not just trying to praise you but you have to be glorified and not to be made stupid fools, taking away all your money. How can that be? A simple thing should be understood, that materialism has nothing to do with spirituality. But spirituality has something to do with materialism. When you become spiritual, you'll be amazed, your problems will be solved. How? Because your attention is all right. Because of your beautiful attention you can do wonders. The brain which is only used, I don't know how much part a human being uses the brain, becomes enlightened and you become an enlightened intelligent man. Now your intelligence cannot cheat you. Moreover this mind is what is nothing but your own creation through your conditionings and your ego you have created this mind. Most unreliable thing is your own mind. You have to go beyond that mind. And Kundalini takes you there where this mind is no more, you are in thoughtless awareness. When that happens you see the whole thing like a witness. Just like a witness, it's a drama. Whole thing is a big drama. But you can help. You are sitting in a drama for example and you see something, you start even weeping and cry with the whole thing thinking that you are being harassed and you have been troubled. When the drama is over you are surprised, it's just a drama in the same way. It happens to us that we find all this nonsense as a drama. But we cannot help the actor on the stage. Here we can. Here our attention can help everyone whom you want to help. And in such a beautiful manner it doesn't harm you, it doesn't harm anybody. On the contrary it just elevates a person to a very noble and to a very dignified personality. Our ideas, whatever we have formed from books here and there, get completely in order and we understand what is the truth and what is not the truth. Now do you know truth is love and love is truth? Supposing you love somebody, you know everything about that person. For people who are intelligent they think truth is separated. No, no. Absolutely one. Compassion is truth and truth is compassion. But the compassion that you get is the one that flows to others. All selfishness, all jealousies and all these petty nonsensical things just drop out. And nobody can trouble you also because you are protected. You are protected by your goodness. There's no end to it as Jeffrey has already told you everything. He's told Me I need not say anything to you. And of course I know people have some questions in their mind and I would like to know the questions that you have. You may write to

Me and I'm sure I'll be able to answer. If not Me somebody else will answer for me. But it is a very simple thing. It's not a mental acrobat or it's not some sort of a question and answer this and that. It's something of getting which you deserve, which you have to have, is your right. Every seeker has this right. Sahaja means, saha means with, jo is born. Many saints in our country have talked about it. Guru Nanaka has said it, sahaja samadhi raga. You get your enlightenment sahaja. Everyone has said that but I don't know why people take to something very hazardous and difficult. And this saha means with, jo is born with you, is the right to get your Self-realization. These are special times. I call them blossom time but also very difficult. You cannot stop people from being cruel, immoral, absolutely ridiculous. You cannot stop. But when it happens you see the beauty. Just like lotuses come out of ponds like that I have seen people so fragrant and so beautiful. But ultimately I would say above all you jump in the ocean of joy. And joy is singular. It's not like happiness, unhappiness but joy is singular. You enjoy everything. Everything that you see you enjoy. And enjoyment is such that you cannot describe, it is to be experienced. I hope next time when I come you all will become great saints and great trees of Sahaja Yoga, giving realizations to many. That's what you have to do. You have to do it not only in Canada but all over. Now we had to get people from America and also from England, India. I wish some Canadians could go abroad to do this great work and enjoy themselves. Thank you very much. May God bless you. It will take hardly ten minutes for you, only hardly ten minutes. I have to again tell you that I cannot force it on you. If you don't want to have it, it's perfectly all right. It cannot be forced. But if you stay here when others are having it, you might disturb others. So best thing is I would request you to leave the hall if you don't want to have your realization. There's no problem, nothing happens to you. All these descriptions you have read about Kundalini, that it burns you and there's all nonsense, I've never seen it happening. So please believe in yourself. Have faith in yourself. Just be pleasantly placed towards yourself, firstly. I find some of you are still little unhappy or maybe you're thinking of something that was not very kind to you, doesn't matter. Now the first thing is that you have to be very pleasantly placed upon yourself. Means you should have no guilt, no confessions, no guilt, nothing. At this moment you should know they are not guilty at all. Please know that. This is a fashion also, people are guilty for anything. I know of a gentleman who spilled some coffee sometimes and he's still feeling guilty about it. I said, must be funny. Whatever has happened, has happened in the past, we are talking about the present, you have to be in the present and for that please first of all forgive yourself. Just forgive yourself. That's very important. And the second one is that you must forgive everyone. Now many say it's very difficult to forgive, very difficult. But what do you do if you don't forgive? What do you do? Nothing, it's just mental. Nothing you do. Actually if you don't forgive then you torture yourself for nothing at all and you play into wrong hands. So best thing is to forgive. Forgive everyone. Don't even think about those who have troubled you because that's another headache. Just say in your hearts, I forgive everyone in general. Finished. Now these two are not very difficult conditions, I hope so. And you realize that by this there's an obstruction. If the left Vishuddhi, this portion here, can you show them? This one gets into jeopardy. If you feel guilty, this one, then minimum you'll get is spondylitis, minimum. You might get angina. Also you'll get lethargic organs because of this one center on the left hand side due to your so-called guilt will be there. So why feel guilt? Then the chakra here is the center of the optic chiasma is, you see like this, absolutely like this, like a cross. And it won't open unless and until you forgive others. It won't open, it's very constricted. So when you forgive others it opens and that's how the Kundalini is going to pass. At this moment is very important in your life. You'll realize you must allow this Kundalini to pass through your Agnya and then pierce through your fontanel bone area which is a baptism, actualization of baptism. It's not some priest coming and putting water on your head but actually it happens. So whatever I have said also I've told you that has physical problems. So better just listen to Me and don't be miserable. You know in France I went and they told Me, Mother, people are very miserable here. They are not going to believe You because You are such a happy person. I said, why? Why are they miserable? They are very miserable because I told them very good reason in Paris what I find, every third or fourth lamppost, you see, there's a prostitute standing, every tenth lamppost what you find is a pub where people are just coming out like that, falling on the street and others are going inside to pay and again come back and fall on the street. So it's going to be like that. They will be miserable no doubt, I mean they want misery. When they see somebody falling on the street, why go inside? But they do. So you see they look very miserable. So the first time I spoke there, you must have read the book, Les Miserables, so I addressed them, Les Miserables. You see it's a fashion to say how miserable I am, make everyone miserable saying that I am very miserable. You are not. You are the pure Spirit. The Spirit is the source of joy and bliss. How can you be miserable? And it works. It works very well. Even Mohammed Sahab had talked about it very clearly that unless and until you know yourself you cannot know Allah, you cannot know God. Everybody has said the same thing. I don't know what they are doing. I don't know what they are up to. Let us now enter into the reality. You must know the reality. And then when our eyes are open we can see. Kabir Das has said, how can I explain they are all blind? Kese samajah hu, samajah gandha. Now let's open our eyes and become joyful, blissful people. God has not forgotten us. We have forgotten. He's not forgotten. As I said it will take ten minutes and I hope nobody will get up and

walk during that time. At the most ten minutes. Now the Sahaja Yoga has taken a speed and works much faster than before. I would request you to put both your hands towards Me like this, just like this. But you have to take out your shoes. If possible take out your shoes. And better to take out also glasses. Just to put both the hands like this. Just like this. Simple. Now as you know that these are all finger tips which are the seven centers on the right hand side, seven centers on the left hand side of the sympathetic nervous system, endings of the sympathetic nervous system. And when you are putting your hands like this they are getting a cool breeze. They are getting the divine power flowing into it. Now you can put down your head a little, put the left hand towards Me and put the right hand on top of your head on the fontanel bone area. But bend your head is very important. Now see for yourself with the right hand on top of your head away from it. Some people get it very close to the head and some much above, but don't put your hand on top of the head, above, and move your hand and see for yourself if there's a cool or a hot breeze coming out of your fontanel bone area. It's a breeze like vibrations. Please bend your head. Now please put your right hand towards Me like this and again put down your head and see with the left hand if there's a cool or a hot breeze coming out of your fontanel bone area which was a soft bone in your childhood. Please see for yourself. Now if it is hot means you have not forgiven yourself nor you have forgiven others, one of the things. So please do that. Please forgive yourself and forgive others and now see which will cool down. Now once more. Please put again the left hand towards Me and put down your head and see for yourself with the right hand if there is a cool or a hot breeze coming out of your head. Now I hope you have forgiven yourself or forgiven others and it is cooler. Now please put both your hands towards the sky like this and push back your head. Here you have to ask one of the three questions, only one, three times. The first question you have to ask. You can call Me Mother or you can call Me Shri Mataji, whatever you feel like. Mother first question is, is this the cool breeze of the Holy Ghost? Second question is, Mother is this the All Pervading Power of Divine Love? The third question is Mother is this the Param Chaitanya, Alakhni Ranjan as they call it. Now ask any one of these questions three times. Now put down your hands. Please put down your hands. Now put both the hands towards Me again and watch Me if possible without thinking. Please put both the feet apart from each other, is important. Those who are sitting on the ground are alright for others. You can put on your glasses and you can watch without thinking. Now all those who have felt cool or hot breeze on the finger tips or in the palm or out of the fontanel bone area, please raise both your hands, both the hands. All those who have felt, may God bless you. Bye. Please. Thank you very much. You all have got it. Some haven't got, maybe, maybe something wrong which we'll see about it, what has happened. Very few haven't got it and they should come to our centers where you don't have to pay again I must say. Come to our center and if there's any problem they'll solve for you. But one thing you must know it. You must become a master of it. Anybody, women, men, anybody can become master and can do such a lot of work. It's a very much necessary today that we should all not only achieve ourself this higher life and noble life, but we should ourselves give it to others, very important. And we have to spread it. We have to spread it. Canada is one of the countries where I find is people are less than normal. America is the least. They are still having some sort of, I don't know what, another moving of the pendulum I think. But I find you people are much wiser so you take to it and find out more like you and give it to them. You'll really enjoy yourself no doubt, really enjoy yourself. So My message is that enjoy yourself, enjoy, may God bless you. Agana chaat kaalu, they may like to sing one song, I don't know, some bhajan, so you can clap and it will help. Now you'll be amazed that these are also Canadian people and some English, of course there are some Indians also, but imagine they are singing Sanskrit songs and how can they sing these Indian songs? It's very difficult with proper pronunciation. I never taught them anything. I don't know how they have done it, I can't understand. I'm told you gave very good songs. Next time I must also hear. Come forward. Come forward. Come forward.

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Because natural things that are expected to be done are the assets. But on the original way, Shri Mataji, it's quite surprising that they are after Sahaja Yoga, which is actually numerically spoken, a small number, but they are not again this huge organisation of also sex, within themselves, they are very much afraid of you, Shri Mataji. They are very much afraid of you. Otherwise it's not logical that a huge organisation in the Catholic Church would become so much dynamic against them. Right. And who is the happy man? The combination of the happy man and the happy man. This is also the behaviour of the person. It was said that, that is the sort of secret of the behaviour. The behaviour is to look there. It is said that, it is said that the Catholic Church will be the one who is the most happy person in the world. This is the behaviour of the person. What is the name of the person? I hope that it is the man. This is the involved person. The involved person, okay? Do they no longer recognize what inclusive is of the

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emailed Ma'am. Say it in Spanish. Hot. Hot. I can't. Hot. In English, in English. In English. In English. In English. Honey, for hand. Honey for water. As for mom, in English. In English. Hot. Hot. Hot. In English. Hot. In English. In English. Mom in Spanish. I can't say in English, in English. I can't. In English. Hot. Hot. Hot. In English. Hot. In English. Hot. Yes, hot. They use hot food, right? Yes. Hasta is there, money and hasta, hasta from their heart and hands. Il cemene cipo dize hasta, padi dize maun, id haasti padi dahasti, ke poktini di humaat, kirti maun. Id get a close here, because there is no respect, id tell you, id you need to speak in padi. What? What? What are you doing? No respect. Ah, padi. You need to speak in padi. Id have to speak in padi, id you need to speak in padi, id you need to speak in padi, id you need to speak in padi, so you need to speak and really need to speak. tango trading,osing exchange of wallet foreter, shingasan integrated, Can I take a picture? May I take a picture? Would you like to have a picture? We share. The question is how the day starts. Like Monday is Monday. It is a long one. So many is a long one. But it is also like the day when you go to the hospital. For example, Monday is Monday and Sunday is Monday. And also Saturday is Sunday. So you say that you are going to go to the hospital. Are you calling the doctor? It is the day of the month. And Monday is the day of the month. So you say Monday is Monday. Monday is Monday. May I take a picture? From after this. So what is the Monday, Thursday, Tuesday, Wednesday is 2 o'clock. 2 o'clock is the Monday. And then Thursday 2 o'clock is the Tuesday. Tuesday. That means the job is Tuesday. Saturday, Friday is Venus. That is the day of the particle. 2 years of the day is 24 days. 13 days before theSE moder Film. And the 3rd. 19 days after measles. And last year. Also after the cataract. The first is what is the start of the month? Yes. And the year? I would like to say that the month of March is the first month of March. For example, if you go to the third year, you will see that the school is the third year. The third year that you go to the third year is the month of March. In fact, Italy is the third year. I am not sure. And the month? I am sorry. I don't know. Maybe we can go there. We can go there. I am sorry. I am sorry. What is the month of March? The month of March. And what is the month of March? The month of



[illegible]

my facility. I was wondering. Let's go back to the switch. Absolutely very good. It was the best that we had in India. Absolutely the best. Ah, absolutely. Mr. Pudha was the truth. The truth. The truth. A different vibe in Shmueli. Relaxed probably. Relaxed. Also the last finger. This finger, one of the last finger. The inner finger. Relaxed. Is it concur? Yeah, concur. I mean all of them, Shmueli, all of them. Just the explanation. It's just sand. Salt. Mm, that's all. It's just sand that you can use. Yeah, all of them are concurred. The last finger is also the last finger. The last finger is the last finger. This is the last finger. This is the last finger. The last finger is the last finger. This is the last finger. I see as a haunt just like everyone else, there is no way they would look at you or look where you are, no matter where you live in India. When you are at home especially, the song Bart g struggles a lot of times Yeah. When you are playing the drums. I'm preparing a musical that we don't know in Mumbai. How do you say it? It's all for recognition. It's all for recognition. It's all for recognition. It's all for recognition. Yes, of course. I understand that the name, the name of the person who used to say it... He said it in his own words. And also in his own words, in his own words. Yes. Edgy. No. No. It's a picture of Edgardo, actually. Edgy. Edgy. He's the one. He's coming a very long list from Brasilia. He's coming a long list from Brasilia. Yes. I have here the points, Mr. T. I have here the points for the people that... Yes, I brought them with me. I brought them with me. They are all models of Argentina. But I think that it's not just about the people. People who are in the same place, who are in the same place, who are in the same place, who are in the same place. I want to see what they are. You are not going to see it. I don't want to see it. But what sort of... What sort of jobs people can get here? In Portugal? In Brazil? Yes. I am... I am in the I am in the Yes, try to teach this profession. Try every profession. You should tell me what sort of people can get here. In fact. It's quite difficult, not at all. It's quite difficult to say, Shree Mataji. We will check, Shree Mataji. But considering Rio, I find so much building is going on. Yes. Actually, in Salvador, we are constructing much more than Rio. Really? Yes, Salvador. We are constructing much more than Rio. But you told me that they don't have a chance. Yes, because now the construction of the old building is just really well done. It's not very good. Yes. So, it's a man who can marry him. Or the lady who marry outside. Yes, that would be the best solution. But in this way, the thing will never grow. Just squatting and squatting all day long. You are coming to squat too much. And both women? Yes, both women. So, to work here, you have to know what work you can do here in Brazil. Because if you have a Brazilian family, a local family, you have to know what you can do here. So, the idea is that if you have a Brazilian family, you have to know that you can do it. And if you have a Brazilian family, you have to know what you can do here. That's what I'm saying. Because if you have a Brazilian family, you have to know what you can do. Yes, exactly. You have to know what you can do. Yes, especially for foreign people. For foreign people, in this area, translation school in Brazil, we can check it, because Brazil is a city that works with a lot of languages. So, we can have something there. It's a novelty, possibly Diana. Yes, it's a novelty. In Colombia, you have to go there. I'm here in Colombia, in Buenos Aires, and we are in Giro, and we have to go to the beach. Yes. In the city, you have to go there. I don't know what you can do. Yes, you can get some job. You are pretty easy now to get. It depends on the qualification. If you have qualifications, you get jobs. In the other side? Yes, I did. But there should be, there should be some Europe. Yes, right. Not from here. More from, yes, but you should know the Dantros. You should know the language. Yes. How do you say Spanish? No, it's not so much. It's easy. I'm not saying that we are not going to be able to speak English. No, we are not. We are not. Sugar, maybe. I'm not saying that Portuguese is difficult. I'm not saying that Portuguese is difficult. That's a joke. Many Italians, madam, I mean, I don't know the language. I want French men, French people to know the language. French. French, figures. French, figures. French. But I think it's a lie. I think that Paul is thinking that if you think that you need to learn to speak English, what is the reason for this? Don't you think? Yes, it's true, it's very nice. But you are not French. See those folks who are not French, they know this. French itself is a very difficult language. Yes. Because it writes separately, very properly. It's very efficient for the throat. Yes, I'm letting them down. France is the Red France Wall. Right, France is the Red France Wall. I mean, there is no connection. Yes, there is no connection. Indian seller, I must never do. All Indian girls have to go to the express in French. I think that there is no Indian in the space in France. All the girls are in France, they can go to the US. Indian seller. Everyone in Switzerland, One of the two cases is quite special in Switzerland, who have not learned French. Yes, I mean, just now come through. Those who have been there, have been in Germany. You mean that Pembali fellow? Oh yes, yes, of course. He does not know one word of French. Very sweet, similarly. You see, these are another style, like English. They will never learn any language. Very proud of their new language. I love it. Just remember, a case of an Indian, of an Indian saggioni, who went to Milano, and he went to the saggioni. He wanted to go to Torino, but he missed. He went to the street called Torino, instead of Milano. He did not understand, so he took him to the station, took him on the train to Torino, and took him to Torino. He was in the car, he was in Torino, he was speaking just a word with Kayla. He was there. So that didn't make sense? Yes, it was there. He was completely lost in Torino, he wanted to go in the street called Torino instead of Milano. So he arrived there. I don't know what happened after, but it was terrible for him. He didn't speak a word of it. He didn't speak even English much, he didn't speak even English. He spoke Japanese of the... He was just

sitting in Marathi or Indian. Who was that? Oh, I don't know much, but he told me the story. Everybody was on the streets of g senseless. We went to him and... We went to Milano, and go ... And on the street somewhere we got an invitation to visit this teen calledss jackets. And once I saw that there had been a noise, a white wrestler playing and qaur installing a littleacking and in the western side, they were yelling at him. in the north language. Also Krijaya is the name of the language. So they've got from India. I said I am asking from India. He said, Krijaya please follow me. So always with languages there are problems. Krijaya is the name of the goddess also. She is the one born on the Giri and I make such mistakes. One thought that we were in a pronunciation of the other. Good fact. He came and told me the soul has come. One of the souls. I got the soul fish. I said how can you get soul fish in India? I said, really? Why let it come? He said, I want soul fish. I said, I want soul fish. He came and told me the soul has come. I said, I want soul fish. I said, I want soul fish. He said, why? He said, I want soul fish. I said, all right, all right. I call him. And this my daughter and my granddaughter sat on the floor. About ten minutes I think of what he was saying. This is my problem. The slightest pronunciation. The human laughs at me. I feel kind of desperate. Very too well. Because you are very angry so I thought I might get hurt. Shri Mataji, I think it's Mataji. I'm not talking to you around. I think you are all right. Very weak Shri Mataji. Shri Mataji, I think you are all right. I think you are all right. Shri Mataji, about understanding the world and so on, I was with three guys in Jigwa when he told me what he was in Nepal. They were telling me at the beginning, from the food source he had to sit in the water. So the Indians used to tell to him, you have to sit in the water. And for months and months and months, Shri Mataji, he would sit in the water. And then he, that is a little bit uneasy. So then there was a sign that he didn't tell him, that actually it was only the beef he put into the water. He said, eat the water. That's the mistake. Very interesting Shri Mataji. I was in Nepal and one of his books giving different subjects on which he was going to speak. I think in the morning he let up, he was showing his hand. He said, I'm going to show you the thing. Beef is very nice. I didn't know what he was doing. Every morning I would see him, take off his shoes and go out. I think everybody would understand that he would walk in without shoes and go out. The shoe would be sad. I had forgotten about this thing that they have to wear their shoes. Then I discovered that it was true that he was going to speak early in the morning. First thing. In Nepal also, Rajesh had forgotten about it. At that time I had known Rajesh that I was going to Nepal by such and such train and all that. Rajesh had completely forgotten when I was there. So he bought the ticket to go to Nepal and imagined we were on the same train. Alright, yes. I saw Rajesh that I was living in India. He was a world leader. We have four leaders in the world. I have one of them Rajesh and another one of them. I have many friends. I saw Rajesh that many of us were there. We were there for a long time. When we were there, he was speaking. He was not able to speak. At that time, you see, Mira Gandhi was the one who was very tyrannical. It was his father who went to another party. So she tried to return the milk in a palm place. She had nothing. She was terrible. He was in jail. He did? No. He did all kinds of things. So many others. Who was it? Mira Gandhi. She was a giver. She was there. She made it an emergency. She did all these things. Who was it? His father. Rajesh's father was pretty real. By? By the... Saying that he was in a palm place. So he was very much worried. He came with me in the plane and I told him that I just told money that there's going to be costly changes and there's going to be a change and this code is going to do the same, etc. And then it so happened Rajesh should not believe in such a... Why did she have an addiction? Because she knows she will lose if she has an addiction. Why is she having an addiction? I said she may have an addiction. She has a lot of emotions. She has a lot of emotions but Rajesh is very much worried. She has a lot of emotions. She is very worried about her emotions. Then in Nepal one day he told me he left that he went to my temple. It was my own temple. And I was standing with him and also it was my temple. That was my extension. Who dealt? And he could not understand how it would be that there was a lot of glee and he was put on the way to that's me on that everything and I was standing with him. So on Friday he went to this temple of Shiva. The abdominal part of the belly was users at first, but the angles of the tongue are always quite hard to see and after the blood flow she disappeared she was very seriously given and she stood through that window also so she could not understand. So, he saw and he put it out, you see. They were putting all the me and everything on that. And then he said, Mother, there are no vibrations coming from this. So, why is it? He said, I was really excited. And in the last time, I have to explain to you, Mother, I told you Mother, I put one hand towards Me, throw one hand towards the statue. So, I just said, Mother, you are Shri Mataji. And immediately, Mother, I put one hand towards You. And I said, Mother, I put one hand towards You. I didn't say that you were Shri Mataji, but you are Shri Shiva. And immediately, Mother, she starts to come to Shri Mataji. At that moment, the person who has been here, they are the start of Shri Shiva. Then he said, now I know what God has given you. That was Shiva's temple and you were standing with Me and She was your children. Just immediately, it's a very intelligent one. He was always telling Me, how we are the first shrimatas to come to the state, and when they are shrimatas, because Shiva is shrimatas. We have so many experiences that is absolutely beautiful. He has given me so many experiences, that now I am also the first shrimatas. One day he came to Me and said, Mother, I am now going to the airport. I will go to India. I said, you are not going to India. No, you are not going to India. Show me the ticket. So,

I was the shrimatas of the shrimatas of the Manayakti who came to India. I said, no, I am not going to India. I am not going to India. I am going to the airport. So, he went to the airport and found that he was cancelled. He was being missed. So, he went to the airport and found that he was cancelled. I told him he should have been part of the airport, and I told him. I told you that you are being followed. You should have been part of the airport. No, because I was in the airport. I was in the airport. I was in the airport and found that he was cancelled. He will always ask Me, should I go today or not? Otherwise, if I say no, he will say no. And then when we came back to Delhi, the directions were announced and he says that we were all to be preserved. And then his father was released and he is part of the airport. I was in the airport and I was taken to the airport. I told him that I was taken to the airport. He told me that he was being preserved. We thought he was a monster. He was always organizing the program last day. He was fighting. This Something is possible for you, or for everyone else, to organize programs like this. There is such an loads of news available here. Because you are a provide person who has done this classes These are the last few glasses of clothes if you get a She is not able to get into the world. Easy for them. She is not able to get into the world. You are saying, easy for questions because what they have said about the Holy Ghost, that's the believer, she is the house-liver and she is not comfortable. So, is it not that it is not in the process? I think the vibration is just perfect. But we are not able to get into the world. Because we are not able to get into the world. You are saying that you want to get into the world. No. You are saying that you want to get into the world. So, you are saying that you want to get into the world. So, you are not able to get into the world. But when you are able to get into the world, you are not able to get into the world. Also for questions, if you are asking question on the left hand, the value of Holy Ghost that Christ has sent, immediately your question is answered. You are not getting the question. And when you are asking, you are not able to get into the world. You are saying that you are not able to get into the world. You are saying that you want to get into the world. Because the world is a place. The Christians and Catholics, all of them are here. That is how you can get all these categories. What's your Christian Leadership? No, not at all. Because you all have your classical. I hope we will find way to with ourising something to feel, please note the ested substance. JavaScript Thank you very much.

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Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji What is our program, is now? What about home? Is it ready? Just find out. If so, we can have the food now, but then have the program because otherwise it will be very late or if the food is going to take time, then we'll have the program and then the program? One of the people. Shri Mataji, there are some new people here. Not many, about ten of twenty. What we can do, if the food is ready, we can serve them. If the food is not ready, then we'll start the program. Is the food ready? What I'm saying, who is unable to? It will take some time for food and how will they start? I mean, it's been, they've been cooking. No, no, no, what I'm saying, when will they start the program, these people? They've gone home to change, Mother. Their report has to change. They should be back, I'd say, probably in half an hour, I'd say. The food cannot be over by half an hour. Tell them to come after one hour. We can telephone, yes. But ask for the food, first of all, what is the situation in your food? Can you serve it immediately or? Serving means what? In your hand. The food is ready. So you telephone to them, can you come after one hour? Because they've begun to change and rest, they must take it easy, come after one hour. What about their food? They're taking their food over there. You see, because otherwise we should do it quick, if possible. We can. Should eat not too much, like, it's better. Yes, please. That's it? One's suggesting I should make an announcement, Mother. All right, that you can do. Yes, please. Yes, please. Shri Mataji, Mr. Shri Vastava, on behalf of Brighton Centre, it's my very pleasant duty to welcome you to this town. And I'd like also to welcome the new people who have not attended any of our programs prior to this festival. This evening's program is a musical program. We're very privileged to have a program of Indian classical music, which will be commencing in about one hour's time. What we have found through Sahaja Yoga is that music of this kind has a certain coefficient. And carries vibrations which awaken our senses. And so by listening to the classical music of India, really one can enjoy a very deep meditative experience. So I hope that those new people who are here will have such an experience this evening. And really there could not be any more auspicious occasion in which to make the acquaintance perhaps of a new art form other than in the presence of Shri Mataji. So prior to the commencement of the concert, we'll be serving some sapa which I hope also you'll enjoy very much. Thank you. Shri Mataji, May I ask you a question? Can you hear Me? Yes, please. I'm going to ask you a question. Can you hear Me? Yes, please. Can you hear Me? Lift your mouth. You said take it out. Take that out. I think it's good to do. I'll put you here so...

It's always a problem when I have to say something. Dr. Spyro and dear Sahaj Yogis and Sahaj Yoginis, I want only to say a few words of thanks and gratitude for the very warm and moving welcome which you have accorded on the occasion of the arrival of Shri Mataji here. As you appreciate, when I say Shri Mataji, I hesitate a little because she also happens to be my wife. But it's a great credit to her that she is fulfilling both roles so well, that of her wife, her mother, her grandmother and at the same time the universal mother. To me, it's a very great privilege to be asked to be here, to be given the opportunity to be here and to feel that one belongs to this glorious family. I am serving the United Nations system and you know the United Nations system was established to bring the world together, to unite the world. Unfortunately, I cannot say that we have succeeded very well. In fact, if you read the newspapers every morning, you will probably see more of division than of unity. And yet we persist in our endeavours to unite the world. But what Shri Mataji is doing and what you are doing is really to create one good, pure, chaste, loving human family. You are giving reality to the ideal of one interdependent humankind. There is a great joy in that, there is a great satisfaction in that, there is a great spiritual elevation in that. And all of that I know you all feel you owe to this lady. Well, I am sure you are anxious to hear her rather than me. I will therefore stop now except to thank you very, very much indeed for your kindness, your affection and your love. Thank you. Thank you very much. And to all those who have found it. Sahaja Yoga is the blessing of modern times, which is meant for the seekers. Seeking also I find me these days has become like a fashion. But there are many who are real seekers, genuine seekers. They are trying all their lives to find the source of peace, joy and bliss. That is the spirit. As you know in Sahaja Yoga, you cannot pay for it, you cannot put in any effort for it, it's your own, it's within you. But after realization, there's one thing that is lacking in many seekers, perhaps maybe, because they cannot give up this seeking shopping as I call it. You have to have consistent movement upward. In Sanskrit it's called saapathya. That is something one has to put in. That effort has to go, otherwise realization is extremely a temporary phase. It doesn't happen in the countries where there has been a tradition of understanding what is to be sought. So it must be understood that it is not a mental approach or a behavioral change, but is a complete transformation within, which is important. For that you have to have patience with yourself. You have to forgive yourself. Actually you have to love yourself. And work it out with delicate handling, I'm sure all of you can achieve a lot. I was really overwhelmed today by the beautiful expression of your love at the railway station. I felt even the trains and the people who were handling them were all moved with that. It was too much. Just the ocean of love flowing, that's all within you, in your heart. It has to flow. You have to open your heart, not with any fear, not with any trouble, not with any barriers, but just openly, just flowing. And you'll be surprised that everybody is anxious to do that. Everyone is anxious to extend their love to you. So for those who have come for the first time, I have to tell them, take it easy. Try to understand. Do not feel hurt. If somebody tells you something, do not get upset with it. It's a situation in which you have to be all right. It is you who has to become, nobody else, it's you who has to gain. With this, if you move, I'm sure, as so many have got realization, you all will establish it. I do not know how to thank you. I mean, I don't know what to say, because people have come from such long distances to express their love. And to meet Me here, it's too much for Me to say anything, except I feel that in My childhood I used to have dreams of having a global family. And I would tell My father that in My family I'll have as many people as there are stars in the sky. But so many are still lost, and I don't know how will I meet them, very anxious. I will do whatever is possible. You all should help Me there, and those who are not yet established must know that it's God's work. We are in a new age, and we have to understand the seriousness of the whole situation. Work it out yourself, and then through you, God's work will be done beautifully, blessing the whole universe. That's what we want. As Mr. Shri Vastu has told you that United Nations is doing its work, it's the tree. But the roots are you. You are the roots of United Nations. If there are no roots, there's no reality. So only if you form organizations, there's no reality. The reality comes from the roots, and you are the roots of all these ideas by which we'll have global peace, global bliss and global emancipation. May God bless you all. I hope all the new people will achieve their ascent with humility, with humility. May God bless you.

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So I don't think I'll take much of your time, because everybody is eager to listen to Debuji. But I think it's my duty to at least introduce these great artists. The only thing which I'll say about Debuji, that he's such a great musician, that the government of India has awarded him a great honor, national honor, in the form in the name of Padam Bhushan. Thank you. Thank you. We have been listening to Debuji for the last 10, 12 years. And every time, we got something new from him. Today, what he's going to render before us, I think if he speaks for it, that will be much better. But may I tell you that with him is my respect to Babiji, Mrs.

Debu Chaudhri. Thank you. Thank you. There is a great saying in Hindi, ho nahar birvan ke hoth chikne paath. This means if the tree is very good, the leaves of the tree would also be very good. So as you are seeing before you, dear Pratik, Debuji's son, is sitting next to him. And for your information, nowadays Pratik himself is giving solo performances. Thank you. Thank you. And next to him is the finger player of our old Somnaji. Thank you. So I hand over the mic to Debuji and request all of you to please keep silence throughout the program, especially from the children. If they don't move, that would be very kind of you. Thank you very much. Debuji. Thank you. Thank you. Jayashri Mataji. Coming amongst Sahaja Yogis, as I am one of them, I've never thought myself as an artist. And that is why, as Dr. Nigam said very lightly, when I have been asked, I said yes. I said a number of times that as an artist, I go many, many places all over the world. Here when I come, I don't come as an artist. I come as one of you. Thank you. It is not just saying. It is my heart speaks. I can't speak. I'm not a speaker. But sometimes one has to speak when the moment demands. Once, no. Mataji, I don't have to tell anything about Mataji. I was remembering today's song, you know. I was singing at Mataji. Hari vinatyedo kaun sahay. Mais hoch na gana karatha mein. I was singing kun kun aayi at Mataji vinatyedo kaun sahay. My special attachment, attainment with Sahaja Yogis has a very special significance in my life. Many of you do not know. When I met Mataji about 16 or 17 years ago, I was passing through a problem. And Mataji told me, the first meeting, she said everything will be all right. And since then, I have not looked back. And it is due to Mataji's blessings. Mataji was in Delhi. Why I can't explain, Dr. Nigam will vouch for me. My heart was bleeding to have a darshan. I couldn't. But I felt that when I went to play for the Sahaja Yogis, I felt she was there all around us, all the time. She's always with us. But her presence makes all the difference. Today, I have come, many of you do not know, that I didn't sleep all night last night due to this airline problem. But then when you come here, you forget everything. You have a new life, new lease of life. I have been presenting every time a new raga all the time before Sahaja Yogis. But this time, I have decided to play a raga, which I played in Delhi, because it has a special significance. And I want to play before Mataji also. The name of the raga is Durgaavati. This raga has never been played by anybody in India. Only my guru used to play. Ustanmushta Kalikamu died. And this raga not only has a special significance with the name Durgaavati. You know my Durga is coming very soon now. So to Asher, goddess Durga, Durgaavati, is the apt raga I thought I should play again for Mataji. Thank you. Thank you. Thank you. And I have no words to express my gratitude, deepest gratitude for all the love, respect, and affection you have been given to me. I don't think I deserve a bit of it. But it is your love, affection for me, for my music. It makes me a special appearance everywhere, whenever I go, wherever I go. And I don't know. I feel that when I play on such occasions, I'm a different artist. I always like to give whatever I can. And I would always be hoping and expecting your good wishes, which is a long way to go. Indian music is a music where no one can reach. Sky is the limit. And I feel still today, after playing for 52 years, I've been playing sitar for the last 52 years, I feel I'm a student even today. I would request you to give your blessings to my son. I hope that tonight I'm going to announce that I'm dedicating and giving my son to Mataji for the cause of tragedy. Thank you very much. Thank you, Jayashri Mataji. We'll play, first of all, a lap. You know, Baba Mama, wherever he is, he makes it a special thing for me. Not only is he a wonderful human being, a great knowledgeable soul. And I hope Baba Mama will give the Bandhan on behalf of everybody so that we get to the point where one strives to reach. First we'll play a lap. You all know because all Swahili jig is now expert on Indian music. It's a great thing. Wherever you go all over the world, I find everybody's counting and saying, wah, wah, wah. So you feel you are at most, you're at home, in the home crowd. First we'll play a lap. Then we'll play a slow composition, which will be set to a cycle of 16 bits. Then we'll play another composition, which is the first time you're playing again, a cycle of 8 and 1 2 bits, 8 and 1 2 bits, which is a very intricate pattern. Then we'll again play the first composition in a cycle of 16 bits. And then all will depend on Mataji, what you do and how you play. So we'll start. And when Mataji will come, we'll give a break, a pause. Then we'll start again. Thank you very much. Thank you. As I told you, we have seen that the right moment has come now. I have been searching so far in the ocean of music. So now, Mataji has come. Now, the search is now complete. It's a complete circle. But before I introduce the Rangam to Mataji again, I request Baba Mama to come on the stage. Mataji, with your kind permission, Baba Mama, one abedni se mazani ata. Oh. Gido. Yes. Now, the raga, Mataji, I've already explained to them, is not played by anybody in India. My guru taught me. And what could be the more apt, more everything, I have no words to express for you, to offer this raga to you. The name of the raga is Durga Vati. Thank you. So you know the praise of Durga. You sing the praise of Durga, Mataji. So in this raga, this is a raga which is mostly dual. We deal on the spiritual and aesthetic aspect of the raga. Madhyam vadi hai.

Bhava kundya chan lagata. And it is there in Hemadhiya Pancham. And this has a mixture of a little bit of Adi Basant also. That's why it is completely different from other ragas, Dhanisama. You don't find any other raga. Dhanisama jo Adi Basant shuddha vat ke basant. And Mataji's presence, I'm sure, will help me to reach the perfection of the raga. I need His blessings. And Mataji is always there. You can see us smiling all the time, blessing me. I have no words to express. Many of you will be very envious of me. Why Mataji loves me so much, you know. She has given me so much that I have no words to express. And this raga, I request the Sahaja Yogis and composers to compose songs on Mataji. And Bhava mama also requests to you. It's such a raga, beautiful raga, I feel very much involved, weep within myself. And this is a raga which I have, with great care and attention, I have taught my son also. He played. And let us all pray for a longer life for Mataji. In Hindi we have a saying, Meri Humar Lakh Jai, Hamari Humar Lakh Jai. I cannot express my feeling. I can only express with my music, which I will. She was so near to us in Delhi, I couldn't see her. So what a joy it is for me today. Recently, Mataji was in America. I was in India, I was in India, I was in India. I was in India, I was in India. Recently, today, recently, Mataji was in America. I told her, Mataji, why should you work so hard? You should take rest. I feel tired. She said, look at me, I am over 70, you are talking to me like that? But you see, we need her so much. We need her so much, so much, that we need her all the time with us to bless us, to bless all of us, to bless the whole world, a world where we can all live in peace. And you know, in Ganapati Puli, in this month, normally it's very cool, you know, you need warm clothes. When Mataji comes, she balances the nature. I remember once, by performing Mataji's seating, the moon, you know, remember Mataji in Ganapati Puli? Stay still, you know. So, no words would be enough to, well, nobody talk about my talk about Mataji, I am very small that way. I can only offer my feelings, my prayer through my music. And I have already said, Mataji, that my son is for you, for the Sahaja Yoga. I have dedicated him to this. And, Mataji, one more thing. We are playing a mantra, a beat of 8 and a half beats also today. It's very delicate, intricate, and we need your blessings. Jai Shri Mataji. Once again, let us all pray for a long, long, long life of Mataji, for Mataji. Thank you. Shri Mataji, you have got a very good excuse for Mataji to look at him. What do you think about Mataji's excuse? No. Swamiji didn't have an excuse for Mataji to look at him. So, he has got an excuse now. He burnt his hand, you know, not his finger. I have to give an excuse to Mataji to excuse me. And he has composed a lot of things. He has made a lot of things. He has made a lot of things. He has made a lot of things. He has made a lot of things. What is your excuse? What is it? What is it? Is it a song? What is it? Is it a song? Is it a song? No, no, no. I have to give an excuse. I have to give an excuse. I have to give an excuse. It's fine. I will give you an excuse. I have to give an excuse. I have to give an excuse. I have to give an excuse. You are not allowed to say anything. You are not allowed to say anything. You are

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It was really another great evening for all of us and people are so creative, I'm surprised the way they brought up such a difficult subject, controversial to so many theories already established. So you have seen how people can really understand now, Sahaja Yoga, better through the media of a theatre. Because to talk like this in the public is an impossible situation. Because they would never accept such a theory of a Kundalini coming as a serpent. But with this kind of a drama I'm sure one day it will go into their heads that they need transformation wherever. I don't know how to thank all of you, specially those who acted, for bringing out the beauty of such a subtle and a difficult subject. I knew what was on what they were doing it. When I saw the snake I knew what it was. But still I must say I never expected such manifestation of the beautiful ideology, I should say beautiful reality, which people don't know. I'm not prepared to go beyond their rational mind to understand. But if the priests tell them, or if a mullah tells them, or if a buddhist tell them, then they're willing to accept. But if sahaja yogis tell them the reality, they should accept. Because first they'll have the experience. Once they have the experience, then they will believe that this is the reality. And this is how things have worked out. Perhaps I've not written about it in My book or nowhere, because they will put Me into court, I think everything, they'll come to know about it. But the way you have done it is really so convincing, so beautifully convincing to people that we should take it out wherever possible, maybe I'll try, somebody in India might try from the television, maybe. If they have some courage they might do it. Now as it is, times are very vibrant and many things are happening at this time. You can notice that so many things are happening, because they have played with the ignorance of people and cheated them and miscarried them. But you know the reality, you have had the experience and you know what you are capable of, what you can do. I would just suggest that you are not alone like Adam and Eve, you are so many. And you won't suffer like the saints have suffered. On the contrary you will get a great joy in giving realizations to others and talking about Sahaja Yoga. That will be the most enjoyable

thing for you, remarkable for you and away is great satisfaction for you. You have to go round and spread the news that the time has come for you to have transformation. I'll give you an example what things are happening. Like in Turkey, we had a big earthquake and there not a single Sahaja Yogi got any, any problem. Their houses were safe, the things were safe, all such Sahaja Yogis are safe. Today I receive a letter from a girl who was travelling by this London train which met with the accident. The parents have written to Me that she had My locket and at the time when the train just bumped into each other, this girl actually was not sitting on the bench as such but she was looking at something. As a result she never get that jumping or you can say that blow and she said that she was just driven to the door before the fire started and she's safe. Many people who are under attack will be saved, there's no doubt about it and many people who are to be destroyed will be destroyed. But it's not the human beings that will be destroyed but the wrong concept under which people have been tortured, troubled, imprisoned, mesmerized. All those concepts will be exposed and that will show that really the Satya Yuga has started. It is a very great time you are born that you could all get your realization and you can enter into this eternal life of truth. It's something very fortunate on your part and fortunate for Me also that I met you all and that you all came along and understood Me. It's difficult to understand a person like Me because I say controversial things but still you accepted it because of your experience. So tomorrow I'm going to tell you what is the job of a Mahakali and you'll be amazed how you are blessed by this Mahakali power. As far as today is concerned I must congratulate all of those who have made this drama so wonderful and so successful. It's something very, very well done and also the way you have made the stage and everything is remarkable. You have worked very hard. You must say the English are known for their dramas, very good dramas they used to make. Not now but they used to make I would say because now I can't see some of the dramas you are having there. But such nice dramas you had and such sense of acting and rendering different scenes you had. All that is was your speciality. And today I see the English coming round, I should say the British, coming round and showing such beautiful sense of acting and sense of production of the whole theme which is so difficult. The way it was brought in I don't know. Anybody would congratulate you for that. As far as I'm concerned I'm really amazed how you could achieve such a difficult task. So all My love and all My blessings to you all. I must say for Pawar also that he came all the way because I said he must come and he was in a very unhappy mood when I met him. But I'm sure one day he'll prosper now very well and how he worked hard to express himself in different beats, talas, different beats, in different ways. Of course now you all have started understanding this complicate thing, complicate thing like our Indian rhythms. But they are very rhythmic and they are not only rhythmic but they are very systematic and scientific and they all have a great meaning. So I'm very happy that you all have enjoyed that dancing very much, you encouraged him. And next time he says he'll bring some lady who is also dancing with him so we'll have some other dancing also. As it is tomorrow's time we have to fix for the puja. I said about two o'clock we'll be all right because we'll finish by, I hope, by seven or eight because it's not so very cold but it is becoming surprisingly this time it was quite sensible. The nature has been very kind and tomorrow if anybody wants to meet Me or see Me can also come about say twelve o'clock and all the leaders also can come and see Me tomorrow at twelve o'clock. I hope that suits you all. I don't know how much to say because I'm really overwhelmed by the production of this beautiful drama and the music of power. I mean I wish him all good luck and I'm sure he'll show his delicate sides also and also his creativity in a much more fragrant way. Though today he has worked very hard I must say I never expected he was in such an happy mood but he's done so well. Then also this thing that he has trained Sahaja Yoginis. This idea came to Me, I know it, I just felt that if I tell him he'll take it up. But he took it up so well and all the girls were dancing so beautifully. I thought the Brindavan has come here or what? The way they danced in such a good rhythm and everything. It was very surprising, very, very surprising how these girls who never had training in Kathak or in Indian dancing or in Indian music did so well understanding the importance of rhythm and also of the... You see I get lost with English language sometimes but I should say it was the theme, theme of the subject. The theme has to be expressed but the complicated rhythm is such that you should know how to come to the first one that is Samayas we call it. It's a very, very difficult thing but the way you have understood the point and the way you are doing it, I mean I can't believe it really because I used to think that when I went to London I felt the girls are walking like horses, like this. All their hair, they had, you see, small hair and they used to jump like this. So I said, how can these girls ever understand the delicacy of rhythm? But not the black people are not. Black people I have seen, even if they are going for a funeral, they'll be dancing with the tune, you know. But in England I was surprised because they are so fond of horses that I think horses had a great influence in their way of life. But now I think it's gone, it's not so much. It must change the way the girls did the dance very, very graciously, very delicately. I must say what a transformation and what a beautiful drama of the whole thing. So I must also thank our gentleman, Mr. Sukhwinder Singh. Sukhwinder means the one who gives joy and he's really very joy giving. I didn't know he could play with a Kathak dancer. I didn't know. I'd never seen him before with Pawar or anyone. But Pawar told Me that he does play. I was very happy because he's a very good player, very rare and one day he'll become a world famous player, no doubt. Then the



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this was I am not a man of the mind. I am a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. I am not a man of the mind. Vishwa Vandita Nirmala Mata Sarva Pujika Nirmala Mata Vishwa Vandita Nirmala Mata Sarva Pujika Nirmala Mata Sarva Pujika Nirmala Mata Sarva Pujika Nirmala Mata Sarva Pujika Nirmala Mata Vishwa Vandita Vishwa Vandita Sarva Pujika Nirmala Mata Nirmala Mata Nirmala Mata Nirmala Mata Nirmala Mata Nirmala Mata Yes. Yes, yes. I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot change it. We cannot describe it. Also at this human level we cannot know it. It is to be known on our central nervous system as an experience. From where in Sanskrit they have a word called Bodh. Means enlightenment. Also from there comes the word Buddha. Means the one who is enlightened. Also there is another Sanskrit word called as Vidam. Also to know on your central nervous system. From there the word Vedas. Now you should understand for your English study process as human beings you did not gain. You did not do anything as such. And you have achieved this human awareness. But this is not absolute. This is relative. And in these modern times a new type of people are born. They may belong to any country, any race, any religion. Who are very restless and are seeking the truth. They don't know how to satisfy this restlessness. So they are looking out for the solution, for the peace. This restlessness is sometimes takes you to wrong paths. There are many who know that this restlessness started and they are in the market of selling solutions. You cannot sell it. It is a happening, it's an actualization. Like us human beings we have achieved many things. For example an animal doesn't understand beauty, he doesn't understand cleanliness. But we human beings are very sensitive about it. But we are not sensitive of our spirituality. And we cannot recognize a real spiritual person and a false one. That is how we are lost. I was told in Brazil there are many churches in the name of God who are just collecting money. How much did we pay to Christ? On the contrary he was sold for thirty yards. So you cannot have a market. With this restlessness we have to understand that there is something deeper happening to our awareness. And our energy it looks exhausted. It's not sufficient to survive or cope with your life. So very a search for a higher energy maybe from outside or maybe from inside. That is only possible if you become a spirit. Whatever I am going to tell you today please don't take it for granted. You have to be absolutely clean, understanding, like a scientist, open hearted. If what I say is proved then you have to accept it. Because it is for your benevolence, it is for the benevolence of your country and for the benevolence of the whole world. It is for your benevolence, for the benevolence of your country and for the benevolence of the whole world. So what is the mystery behind it? You have been already told about this mechanism that is within us. This mechanism is present in all of you, among all the human beings. Sangha is with you, is more with you. You all have the right to get this yoga, means the union, with this All-Pervading Divine power. You see all these beautiful flowers, we take them for granted. We don't even think how they happen, they happen. Who does this work? Who changes the seasons? Who made us human beings? There is a universal power of Divine Love, All-Pervading. So the union with this All-Pervading power is the yoga, is the spiritual yoga. So there are two truths. One is that you are not this body, this mind, this intellect, these emotions. Sorry, and these conditionings, six things. But you are the pure Spirit. This is the first truth about yourself. The second truth is that there is an All-Pervading power of Divine Love. In the Bible it is described also as the cool breeze of the Holy Ghost. In the Quran it is described as Ruh. And in India scriptures it is described as Paramachaitanya. This is what we have to achieve. For which we have a power within ourselves in the triangular bone called as sacrum. That means that we knew about this bone as being

sacred. This is your own power. It is your own Mother, the real. And She is anxious to give you your second birth. That means you have to be born again. But it is not a certificate or a grant that we are born again. But by this you really become a Self-realized enlightened personality. You really become a Self-realized enlightened personality. Firstly you know the Absolute Knowledge, on your fingertips. There are seven centers within us, just like energy centers. So when this Kundalini power rises, She enlightens all of them, indigres them. And when it joins with this All-Pervading power, the whole power starts flowing in us. Like this instrument if it is not connected to the veins, it has no identity. In the same way human beings have no identity. So you have to be connected to this All-Pervading power, which is the ocean of knowledge. Of Absolute Knowledge. It is not mental, beyond mind. It is the ocean of compassion and love. It is the ocean of bliss and joy. Above all it is the ocean of forgiveness. And whatever mistakes you have committed are easily dissolved in it. Even your genes change database, that the wrong database that they have. In England they had a problem. A bishop became adulteress. And he said, what can I do? Because my genes are not alright. So the archbishop didn't know what to do. At least the archbishop should have told him that you cannot be a bishop if you are an adulteress. You can't do all kinds of nonsense worse than a sinner and call yourself a bishop. Making money, corruption, worse than even normal human beings. Worse than even normal human beings. But archbishop did not do that. So he sent him a message that if you take to Sahaja Yoga, your database of genes will change, will become same gene. There are seven doctors in London and they are going to have a meeting with the archbishop about it. We must wish them luck. Because they are very conditioned people. They think they are doing their jobs. And they need not have any spiritualities in them. It's only in Brazil I was surprised that the ministers and the government is talking of spirituality. I was surprised that the ministers and the government is talking of spirituality. This is the only country where people are being linked to the efficiency or the inefficiency or you can call the insufficiency of our human power. And that we should have some power, another power from within or from without. Nowhere in the world you will find people of that level at the helm of affairs think of such things. Though in India we have thousands and thousands of people, but our government is not bothered. Another place is Russia where they are talking of morality as the basis. Not the forced morality like the Islam but innate morality. So why this happening? The first thing I told you that you know absolute knowledge on your fingertips. These are seven centers, one, two, three, four, five, six, seven which are ending from the sympathetic areas. Left side are emotional and right side are physical and brain activities. When this happening takes place I told you that it nourishes those centers through which it passes. All our physical, mental, emotional, spiritual problems coming because these centers are in Jeopardy. All our physical problems, emotional, mental, spiritual problems coming because these centers are in Jeopardy. By this happening your physical being completely gets into normal state. In India there are four doctors who have got their PhD in Sahaja Yoga for curing incurable illnesses. In India there are five or six doctors who have got their PhD in Sahaja Yoga for curing incurable illnesses. Not through medicines, not through operations, nothing. And also there have been many cancer cures in India for doing nothing. If such a system is accepted in Brazil, so much money can be saved. Then your mental problems of many kinds, even through mercy, can be cured. Depression and all other things, depression. You drop all your bad habits. In the modern times the idea is that you must enjoy each and every moment of your life. But all this enjoyment is self-destructive. You take to anything, it destroys you. And somehow the whole mental makeup is such that you should destroy yourself. All the mental states that we have to destroy ourselves. For example, Gharamini, and they have another one in Spain, what you call the bullfights. Also it can go to any limit like carrying Himalayas. All the time taking up challenges of useless value. There was a lady who climbed Himalayas recently without any oxygen. She has two very sweet little children. But she was not satisfied, so she wanted to climb another one for as few as three. And then she died of an avalanche. So till you die you are doing something nonsensical. As if you are against your own existence. All such nonsensical things I think are because human beings do not have themselves. They don't know how glorious they are. They don't know how brave they are. It's kind of a stupid arrogance that they want to destroy themselves. And they say it is joy. It is not joy. Joy is pure. It is eternal. It is not pure like happiness and unhappiness. It is singular. It is joy giving in the sense that it nourishes you. It guides you, gives you wisdom. And it gives you compassion and strength in your virtues. This is the state we have to achieve. It is potential within you, it exists there. Only you have to become Self-realized souls. It breaks your attention and light you. Wherever you put your attention, you work, you act. Your attention so much it proves that you become financially perfect. You become a satisfied soul. Not only that but you are empowered. That you can give realizations to others. You can give joy to others. And your thoughts that make you restless settle down and you become a peaceful person. You are all the time jumping on the cusp of thoughts, what rises, what not rises and what not. It comes from future or the past. So when this Kundalini rises, it wronged these thoughts. And there is a space in between which is absolutely thoughtless. So you become thoughtlessly aware. You are fully aware but you are thoughtless. Thus your inner peace is established. Here you grow spiritually. Not in the future because doesn't exist. Not in the past because finished. Reality is the present. But if I say that you grow into a present, you come. But after realization you become

absolutely thoughtlessly aware and you get inspirations. The absolute truth. Thus you really become what you are here for. That means you enter into the kingdom of God. And this very much today is an invitation. Nothing has to be told, don't do this, don't do that. You only see in the knowledge of the Spirit that whatever is destructive has to be given up. You have the power All this is in these modern times had to work out. This is the last judgment. You have to judge yourself. In the Quran is written, you judge yourself on your finger tips. At the time of resurrection. So this is the time of resurrection for then all of you should benefit and become enlightened personalities. I am sure you all are going to become. Have confidence. Last time I think we had the whole hall full here. I don't know, they must be sleeping or something. You cannot be careful about it. See it is like sprouting the seed. And once you have sprouted the seed, the seed must grow into a tree. Is the, what Christ has said, that some seeds got sprouted and fell into rocks. Is like that. So you have to grow. For this you have to come to our centers. You don't have to pay anything. But you have to give little land to yourself. That way I must say, I found in the Eastern Rock, one good thing communism has come to them. That at least sixty percent people are not materialistic. They are great seekers. And once they get realization they just get into it. And not the Americans. They are already lynched by all the Hindus. And they were very happy that they purchased their gurus. So now it's a very great chance for you to grow and become a female promoter of this goodness in your country. Your country has many problems which I have been studying. But by getting this power you will make your country very powerful. And so many problems you can solve in such a manner that the whole world will be amazed. The whole world will be amazed. This process will take hardly ten minutes. And you don't have to repeat it also. It will work out, I know. But afterwards you must pay attention to it. It's a saying that when you find a little water in the earth, you can't keep the wealth there. Don't go digging all over the place. It's a saying that when you find a little water in the earth, you can't keep the wealth there. You have to keep the wealth there. Then another thing, I cannot force Self-realization on you. It has to be asked for. If you do not want it, please leave the hall. But please don't disturb other people for those ten minutes. It is not meant for people who are arrogant or with a critical mind. Of course not for idiots to be free. So those who want to leave should leave now. You must keep your mind open because it is for your... I do not want, I do not need Self-realization. But it is for you I have come on the way. I am getting paid free in Brasilia and Brazilians. No doubt, Brasilia is a spiritual country in the sense there is spirituality in the Mother Earth and around. But people have to be spiritual so that they are helped. By nature. By nature. After this you find so many coincidences which you cannot explain. Then you will understand these are the blessings of this All-Pervading Power. So should I request those who do not want to have their realization to leave the hall? Now there are three conditions which you have to follow which are very simple. Now there are three conditions which you have to follow which are very simple. The first one is that you all should have full confidence that you will get your realization wherever you are sitting. The second one is that you should know that God loves you and you have no business not to forgive yourself. At this moment you should completely forgive yourself. At this moment you are not a sinner, not you have done anything wrong that you are guilty. I assure you, you have faith in yourself. As I have taken you, as I love you, you should also love yourself. Because this is the birth of Divine Love. Now the third one is that you have to forgive everyone who has embittered you, troubled you or insulted you. Don't even think about them because they are ready. Logically whether you forgive or you don't forgive you don't do anything. Logically if you forgive, you don't do anything. But if you don't forgive, then you are made into wrong hands on your lives. If you forgive, you are not doing anything wrong. Now this center which is between the optic chiasma like this is very constricted. And if you don't forgive, it won't open. At this moment please forgive everyone so that it opens like this. Just to say, just to say that I forgive everyone in general. Otherwise how will the Kundalini penetrate? And you will get such an important thing as yourself, that is. Now few things have to be done to nourish your centers which we'll show you first. Please take out your shoes because this Mother Earth helps us a lot. You can keep the socks. Now the left and the right are true powers as I told you. So those who are sitting on the chair should put their feet apart but those who are on the ground are alright. Now the right represents two kinds of and the right who are sitting on the chair should put their feet apart but those who are on the ground are alright. Those who are on the ground should put their feet apart. Now somebody has to show you. You can show yourself. You can show yourself. He will show you. And you put your left hand towards Me on your lap, very comfortably sitting. As I said, you can put your feet on the chair, your feet should be straight like that, your feet should be straight like that, your feet should be straight like that. You shouldn't sit very straight like that or just now like that but in a simple manner. Now in the heart resides the Spirit, which is the reflection of God Almighty. So please put your right hand on your heart. We are working on your heart, no size. We are working on the left hand side. If you become the Spirit, in the light of the Spirit you become your own guide, your own master. So take your hand on the upper portion of your abdomen on the left hand side. This is the center of your master. Now please take your right hand in the lower portion of your abdomen on the left hand side. This is the center of pure Divine knowledge. Now raise your right hand in the upper portion of your abdomen. Now on your heart. Now in the corner of your neck and shoulders and turn your head your right. This center goes into your body when

you feel guilty. It can give you diseases like angina, lethargic organs and spondylitis. Now take your right hand on top of your forehead and put down your head. This is the center we have to forgive everyone in general. Now take your right hand on the back side of your head and turn your head upward without feeling guilty, without counting your mistakes, just for your satisfaction you have to ask forgiveness from the All-Pervading power of God. Now the last center is where you stretch your palm fully. Put the center of your palm on top of the fontanelum for 80. Now please put down your head as far as possible. Now most important thing is to push back your fingers so there's a good pressure on your scalp. Now your scalp seven times clockwise slowly, this is the actualization of your baptism you'll get. Bend your hands, bend your hands. That's all we have to do. Now, again put your feet apart from each other, left hand on your left side and right hand on the heart and please close your eyes, not lightly and don't open them till I tell you. At the heart center you have to ask everybody fundamental position about yourself today. Please ask in your heart, you can call me Mother or Shri Mother. Please ask the question three times, Mother am I the Spirit? I told you that if you become the Spirit, you become your own master. So please take your right hand on the left side of your abdomen in the upper part and push it there and ask another fundamental question about yourself. Now, ask three times again, Mother am I my own master? I've already told you that I cannot force your enlightenment nor can I force pure Divine Knowledge on you. You have to ask for it. So, please take your right hand in the lower portion of your abdomen on the left hand side and here you have to ask six times because this center has got six buttons. Here you ask Mother, please give me pure Divine Knowledge, six times. As soon as you ask for Divine, your knowledge, the Kundalini starts rising. So we have to cleanse our upper centers with our full self determination. Determination and Confidence. Now raise your right hand in the upper portion of your abdomen and here you say with your full self confidence, Mother, I am your Self. Now raise your right hand in the upper portion of your abdomen and here you say with your full self confidence, Mother, I am my own master. Say ten times. And the very outset I told you that you are not this body, this mind, this intelligence, these emotions, this ego, these conditionings but you are the pure Spirit. So now raise your right hand on your heart and say it again with full confidence twelve times, Mother, I am the pure Spirit. I have already told you that you should not feel guilty at this moment because this all prevailing power is the ocean of knowledge, place and compassion. But above all it is the ocean of forgiveness and whatever mistakes you have committed are easily dissolved into this ocean of forgiveness. Now please forgive yourself and put your right hand in the corner of your neck and your shoulder and put your head to your right. Here sixteen times you have to say it in full confidence, Mother, I am not guilty at all. I have already told you whether you forgive or you don't forgive logically you don't do anything but if you don't forgive then you play into wrong hands. And at this moment, this center which is very constricted you have to forgive for the Kundalini to come through. So please now put your right hand on top of your forehead and put down your head. Please put down your legs. Here you have to say from your heart not how many times, Mother, I forgive everyone in general. Now without feeling guilty, without counting your mistakes you have to forgive others for your own success. You have to ask for forgiveness from the All-Purgating Power. Now please put your right hand on the back and back your head. At this center you have to say again from your heart not how many times, Oh the Mind-Power, please forgive me if I have done anything knowingly or unknowingly. Now the last center is very important. You have to stretch your palm fully and put the center of your palm on top of the fontanel bone area and bend your head. Here again I cannot force. Self-realization on you, you have to ask for it. Push back your fingers and put down your head and move your scalp seven times slowly saying, Mother, please give me my Self-realization, my enlightenment. Now please take down your hands and open your eyes slowly. Now put both the hands like this also. Now you have to promise that you'll grow in Sahaja Yoga. Now put the right hand towards Me like this and bend your head and see with the left hand if there's a cool or hot, is like vibrations coming from your head. Sometimes they come near at the head, sometimes away from you. If you can warm, that means you are not forgiven yourself and or others. So now, breathe, now breathe that, okay. Now put the left hand towards Me, bend your head and see for yourself if there's cool or a hot breeze like this coming out of your fontanel bone area, because the soft bone in your side. Now once again, this is the right hand also. Now seek the left hand again, bending your head if there's a cool or a hot breeze like vibrations are coming from inside your head. Now. Please put both your hands towards the sky like this and bend your head. And ask a question, one of these questions. Christ, read that. First one is, Mother, is this the cool breeze of the Holy Ghost? The second one is, Mother, is this the room? Third one is, Mother, is this the karama chaitanya? Ask any one of these questions three times. Now please put down your hands. Now put both the hands towards Me and watch Me without thinking. All those who have felt cool breeze on the fingertips or hot breeze or on the center of your palms or out of the fontanel bone area, it could be cool or it could be warm. Raise both your hands. Now raise your hands. Now raise your hands. Now raise your hands. Just see, all of you, all of you have felt for the first time this All-Pervading power. That's why I say, Brasilia is a spiritual center. You all have got it, but please grow and learn how to use this power for yourself and for others. May God bless you. I hope to come next year again. Though I am seventy-three years old and people advise Me not to bother

you. May God bless you. May God bless you. We are all grateful for our commitment to all those who have lived here. We thank you for your support and support in the four stages of the integration of the All-Pervading Power. We are proud of you. We are very proud of the police department of the Federal Street. officer of the traffic, particularly from Marine Combat Service even though we all do not have communication. We have provided messages and technologies as scriptures for the AT laws rigid in Brazil. In Employees of your Now MUCH of Ten- guessing freedom, Of course I come here to accept your emergency at shit of the sensitivity of Brazil. So we are allcont Zubayen, the first four years and these the last years, let her experience a highly-Brussels said life for creation and the freedom of teaching to Sid funding our students to do what we want them to do with thanks to her semi sacrifice for her. Thank you. Thank you. Bye.

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The video is required on the stage. Is Harbat here also? Greedo? This passage is clear. There is no one standing near the gate. The people who are standing near the welcome gate must clear that immediately. The shimataji is coming and it will be followed by a procession. There should be nobody standing near the gate.

Bride having sixty-one number is missing, so she should occupy that number. Everybody must sit on the proper number, otherwise you will have wrong husbands. The brides have to look down, close their eyes and be in meditative mood. Those of the brides who are feeling nervous, they should not feel so, because I can tell you the husbands are more nervous than you. So that is an encouraging point. Please feel comfortable. And be in meditative mood.

You are Shakti, have you cleared the gate? All the bridesmaids who are assigned to the various brides must move with the bride and stand by her side when they occupy their respective place. Bride number twenty-nine is missing. When the brides move, people sitting here on the left will have to allow them space enough for their movement. So you will have to sit accordingly. The brides will move in this direction and occupy their places. And the bridegrooms will come from this side. The various relations of each couple and the bridesmaid should be standing very close to the place allotted for the bride and the bridegroom, so that no time is lost when the wedding is taking place and there is no confusion about the relations. Is there any confusion about the number in anybody's mind, in the bride's mind? The brides must ensure that they sit on the number allotted to them. That is very important. Now, Albert is checking and you better be careful about the numbers. They are coming. Outside.

Your attention, please. At the time of this Haldi program, some Sahaj Yogi from the West, I think, has dropped this clock somewhere. This small wristwatch. I think it has come off from this tab. It's a Russian Sahaj Yogi, I think. This was found at the place of the Haldi program. Another thing, Mrs. Uma Sangal from Renukut had left her bag at that place. One more point. Dr. Valentina from Russia has forgotten her dark glasses with Mrs. Marjan. Kindly collect the same from her. Thank you.

Please stand in the line. Mrs. Jayka, Mrs. Murthy, Mrs. Nigam, all leaders' wives. Mrs. Vaidyugoparan, Mrs. Talwar. Mrs. Sangvi and Gadkari's concern of heaven. Mrs. Dixi and Mrs. Samasti. Mr. Magdo, one of the brides has dropped her anklets here. The bridesmaids should kindly check whether their brides are having both the anklets. If one of the whosoever is not having, kindly come and collect here. The bridesmaids should come here and collect the anklets from here. Mr. Kuna Chaturi, you have been told that you are not allowed to collect. Mrs. Talwar, please. Mrs. Dalampap. This is Galapap. Go on. Mrs. Nigam. Motherly woman. Who's for? Mrs. Vaidyugoparan. This is Jyotir. This is Mughal. Please follow this. This is Venugopalan. Who's here? Mrs. Jaeckel. Mrs. Alastair. Mrs. Sangwe. Mrs. Ghatkari.

The foreign Sahaja Yogis have decided to give some presents to the ladies who have danced for them. The box is already there. The present is marked with the box. Magdoom Sahib. Mr. Magdoom please. Mrs. Ghatkari.

Now the boy has to make an anjali and the girl, I mean the bridegroom and the bride I mean, the bridegroom has to put their hands together like an anjali as you know. On top of that the girl has to put her anjali. When the bridegroom's bride's mother has to put the water. Then the father has to say the following things. I read it in English and then it will be said. The bridegroom's

hand would be under the bride's hand in anjali. Bride's hand would be above the bridegroom's hand, put together, touching each other. And there's a plate, hold it below that. The mother has to pour water. Now here, bride's father is saying, my daughter is a Sahaja Yogini and she has accepted the Vishwaniramadhar. Also I and her mother are followers of Vishwaniramadhar. Considering that you are the best Sahaja Yogi, I offer my daughter to you in the auspicious and divine presence of Shri Mataji. So keeping fully in mind the importance of this great function, please give complete respect to it. Now on this side I see the mothers have not come forward and poured the water. The mothers of the bride must come ahead and pour the water on the hands of the bride. Just a little of water. Now the bridegroom has to say at this time, all of you have to say, of course I will comply with it, I'll accept it in your heart. All the bridegrooms have to say that. In Sanskrit it is Aham Sveekar Omi.

Now there's a thread to be tied with a turmeric attached on the left hand wrist of the bride and the bride should do so on the right hand side of the bridegroom. First the bridegroom should tie the thread with turmeric attached on the left hand wrist of the bride and the bride should do so on the right hand wrist of the bridegroom. With this tying of the turmeric thread, both the bride's and the bridegroom have to say this. I am reading it. Please repeat this in your minds. It is with the blessings of Sri Adi Shakti that I accept the auspicious bond of this marriage and pray. Now they have to pray in their hearts. May the Sahaja Yoga grow. May the Self-realization grow. May the satisfaction and peace grow. Then they further say, may we always have by the blessings of Adi Shakti the sensitivity of Chaitanya, the life without ego, the joy of Sahaja ethics, the energy and enthusiasm to do the Sahaja Yoga work. After saying all this, the brides and bridegrooms should sprinkle the vibrated akshatas over the heads of each other.

Now this is the time again you have to now tie up the mangalsutra. The bridegroom should apply the akshatas vibrated vermilion on the forehead of the bride and tie the mangalsutra around the neck of the bride. While the following is being recited on behalf of the bridegroom. The bridegroom has to say in the mind. I am reading it. Please repeat this in your mind. I am tying the mangalsutra, that is the thread of auspiciousness, as that which is of the form of Chaitanya. That which is pure, chaste and auspicious. That which is verily the thread of the Chaitanya and auspicious. The vati ulti aap aa jiye. Put it the other way round. You will have to reverse it. The bowl shape. While tying the Mangalsutra, the bridegroom says in his mind. I am reading it. Please repeat it in your mind. I am tying the Mangalsutra which is the thread of auspiciousness as that which is of the form of Chaitanya. That which is pure, chaste and auspicious. That which is verily the thread of Chaitanya and auspiciousness and hence it is called the Mangalsutra.

Now you have got the shoulder cloth on the bridegrooms and ladies have the saris so a knot has to be tied by the bride's maid. It should be tied in such a way that you will be able to move together. Now the bride and bridegroom have to recite the thing in their hearts. Please repeat it after Me in your minds, both bride and bridegroom. While our shoulder cloths are being tied together in knot, we fully realize that this relationship has been fixed through the Sahaja Yoga and it is only through the Sahaja Yoga that it will become pure and strong.

Now there is laja ho. Before igniting the light, this mantra has to be said of Shri Ganesha in your heart. He'll read it for you. Om gananaam tvaam ganapatim havaam ahe Kabim kave na mupashravastamam Jai sthara jam brahma nam brahma naspata aana Shraddhu vannadi bhi siddha sadanam Vakar thundam aa kaya surya koti samaprabha Nirvignam kurume deva sarva karesha sarvada Om tva meva sakshatsri ganesha sakshatsri Adi Shakti mata ji sri nirmala devya namoha namaha. Now the mama should ignite the fire.

We have to put those puffed rice and to worship the fire first of all. Now to start with the aahootis, the bridegroom should drop ghee three times. Three times the bridegroom must offer ghee to the fire. Now the oblations start. For the oblations you have to drop the parched grain. Both bride and bridegroom. Puffed rice has to be put together. The bride's brother, if he is there or the father could do, has to give those puffed rice for such other in the hand of the bride, bridegroom. You see all this is very symbolic. Try to understand. This is Agni. Now what is the quality of Agni is first of all that it burns. So and it creates heat. For that a person who is very heated up you must put some ghee means you must try to soothe him. Also this puffed rice because it is also that the fire wants food to be consumed. For that you must put puffed rice to fulfill the hunger of the fire.

Now with the first oblation the bridegroom say, both the bride's and bridegroom they say in their minds, the first oblation please drop the puffed rice into the fire and say it repeated in your minds. Very important. While the sacred fire is witness we invoke our

own Kundalini's and pray that all our faults, negativity and conditioning be burnt into ashes in the light of the Kundalini. Now Kundalini also moves like fire. She goes against the gravity. But it's a silent fire which soothes everything.

The second oblation. Take the puffed rice again in your hands. And please repeat what I read in your minds. While the sacred fire is witness we promise that we will be like flames in Sahaja Yoga and we shall kindle the flames in others too. Please drop the puffed rice into the fire.

Now starts the third oblation. Please again take the puffed rice in your hands. I am reading it now repeat in your mind. While the sacred fire is witness we promise that we shall evolve to maturity all that is immature in us. It is important you must know what you are doing.

Now starts the fourth oblation. Please again take the puffed rice. I am reading it. Please repeat after me in your minds. While the sacred fire is witness we promise that we shall not support or take the side of those people who are not following the Sahaja Dharma. We also promise that we shall pay great regards to all Sahaja Yogis as they would be befitting to saints and sadhus and extend all hospitality to them. Please drop the puffed rice.

Fifth oblation. Again take the puffed rice in your hands and repeat after me in your minds. While the sacred fire is witness we resolve to lead the life with all humility within the bariyadas, limits of Sahaja Yoga like the fire which limits itself inside the firewood because the Kundalini is the cool power of the Divine Agni within us. You must pay attention to what is being read because that is very important.

After the offering the bride and the bridegroom should stand up. And they have to go round the sacred fire. For three steps the bride will lead the bridegroom. Please the relations please make sure that the fire keeps burning. And you will go round the fire clockwise. The first three circles will be led by the bride. Now listen there are seven mounds of rice kept there. You have to be careful not to break them. If they are already disturbed please put them right. You have to go round seven times and take seven mounds. And after finishing every vow then you come round and you have to cancel with your foot one of the mounds. With your Nabhi toe you have to cancel. Every time you finish one round you have to cancel. Right Nabhi of your feet. Very precise.

Now please start the first round. I am reading it. Please repeat after me in your mind. The first round. Now this is bride tales to bridegroom. I remember Sri Adi Shakti Sri Mataji in my heart and tell you that you must keep the chastity that would be necessary for good bhuladhara. Our well being and auspiciousness lies in completely accepting full respect of innocence and forsaking cunningness. Now the first round is over. So now use your right Nabhi.

Now the second one. Very important. First listen what he has to say and then you go round. For the second round. I remember Sri Adi Shakti Mataji in my heart and tell you that the divine aesthetics of married life should be seen in our daily life. Our home should be aesthetically decorated. Like planets and stars that are revolving within the limits of their orbits at specific distances. We should do all our work within and strictly abiding by the dharma. I shall extend all hospitality to Sahaja Yogis and fully associate with you in performing the duties towards dharma. May we both achieve the blessings of enjoying the joy of collectivity.

Third round. I am reading it. Please repeat after me in your mind. I remember the message of Adi Shakti in my heart and tell you that I will hand over all the money that I earn to you fully realizing that it has come to me as the reward of your punya. You should spend that money carefully and only after consulting me. Keeping in mind that all the wealth belongs to God, we should spend our wealth whatever possible with the feeling that we are receiving the God's blessings. There should be no hankering for material objects and becoming completely detached with a he. We should nourish our Mahalakshmi principle. Now move and take the third circle.

Now the boy has to come forward. The bridegroom has to come forward. This is what the boy has to say now. Fourth round. I remember Sri Adi Shakti Mataji in my heart and tell you that I will never hurt your feelings and shall forget all the mistakes made by both of us in our past lives. My love for you would be limitless and so should be yours. Please do not suppress your feelings

and never hesitate to tell me if for some reasons your mind is at anguish or someone troubles you. I shall always stand by you, protect you and shall never listen to any false complaints against you. Now you take the fourth circle. And the bridegroom will remove the fourth morn.

Now the fifth one is for the bride to say. Please repeat it in your mind. I remember Sri Adi Shakti Mataji in my heart and tell you that I shall bring the divine sweetness in your life. I shall cook delicious food that can be enjoyed by you. We should eat only the food cooked by Sahaja Yogis. Please do not force me to meet or be in the company of those who are not good Sahaja Yogis. We should never use between ourselves abusive or bad language and should never shout at each other. You should quietly listen to me and I shall also quietly listen to you. You have dislodged the bound now.

Now the sixth round. I remember Sri Adi Shakti Mataji in my heart and tell you that we both should regularly meditate and teach our children and also our friends how to meditate. Our life should be that of penance, tapasya, but we should not complain or unnecessarily tell others about it and should be happy in all circumstances. Your eyes should be pure and free from lust for women and without greed for anything.

Seventh round now. Listen now please. I remember Sri Adi Shakti Mataji in my heart and tell you that we should truly understand that Her Holiness Sri Mataji Nirmala Devi has conferred her great basings on us and so we should completely surrender and dedicate our hearts to Her. This dedication should be through complete integration of body, mind and intellect. We should be aware how tremendous and unprecedented work is the self-realization and rest everything in our life is unimportant and of no consequence. It is my condition that we should day and night unceasingly enjoy Her overflowing grace, devote and dedicate ourselves to Her, regularly offer the puja to Her photo with all the protocols and be extremely humble in Her presence. Please correct me if you find me failing in these. This is from Sahastrara. Alright now the last round. Now you can sit down. The bride will sit on the left hand side.

Now bride and bridegroom stay together. I shall open the path of boksha which I have got with the blessings and grace of Her Holiness Sri Mataji, also to others and shall achieve in the company of such great and realized persons the well-being of whole universe. Now the havan has to be concluded. So now the bridegroom should put ghee into the havan three times. The bride should touch his hand. I am reading it now. Om Agnaye Swaha, Om Tat Sat, Om Puram Ada Puram Idam, Purat Puram Ada Chate, Purasya Puram Adaya Purameva Vashishate, Om Shanti Shanti Shanti. Now you are married. Bhola Jagannath Mataji Nirmala Devi Ki.

So on behalf of all the Sahaja Yogis of the world, heartiest congratulations to the newlyweds. Long life in Sahaja Yoga, lots of children and worshipping Sri Mataji always. And one special applause for Yogi, Lauda. The microphones for the Shainai. When you come for the blessings of Shrimadaji, you will come according to the number allotted to you. Mr. Mani Pranam, please come to the stage. Mr. S. Govind to meet Yogi. The newlyweds have received a silver present. Somebody has dropped this out of that present. This can be collected. All the newlyweds should sit down and all the rest of you should also. There's still more ceremony has to be there. Will you please all be seated? Allow the newlyweds to be seated now. Keep some space among the lines so I can bring you food. Have only two lines please.

These are supposed to be after marriage rituals, which are very sweet. We have many of them, but we try to follow some of them. They are giving Me a Ganesha with a promise that all marriages must work out very well. So now you are... So with this promise I am taking this, no doubt, but you have to keep My promise. From Austria, you see, they are the weapons, so be careful.

So now before the food comes let us do one ritual at least. Now you have to take the name of your wife in a couplet and then the wife has to take the name of the husband in a couplet. Now make, consult among yourselves. Now a couplet means like a poetry. It has to rhyme in the end. Like Stephen with heaven or something like that.

(Deborah from USA, Giovanni from Italy)

Deborah: When God created the heart, she sprinkled it in the soul of Italy and likewise as she opens mine, she sprinkles it in the soul of Giovanni.



Giovanni: (In Italian) In this carpet of love I found someone of infinite sweetness and this is Deva.

(From Australia)

Wife: She picks up the flowers of blessings of Srimadati, bending down and then she takes the name of... keeping everybody in mind.

Husband: I thank Srimadati for my heart for this beautiful flower that she has given to Me. I am a gardener by provision.

(Speaking German)

Wife: I feel silent. But I want to thank you, Mother, that things worked out.

Husband: I don't know any poem.

(From Brazil and Austria)

Wife: (In her own language)

Husband: Congratulations. In your face, Margot, I found the reflection of the golden sparkling from our holy Mother and this sparkling leads me there to Percy.

(The next couple)

Wife: So, his name is Anani. Such a command should be our life, blessed and guided by the divine Mother.

Husband: My wife's name is Dana. That means people of the gods, but that I take her, those who take her slowly to the garden.

The love of the divine love of the Lord in my heart can only shake me off with. Thank you, Shomadashi, for this sweet, nice girl.

(Speaking French)

Wife: Shri Mataji, we thank you because it is from your blessing that this evening we will have a railway union between Sita and Sir, which rhymes in French.

Husband: Shri Mataji, I thank you for all the love you have given me and for the love I feel. I thank you for giving me this husband.

(The next couple)

Wife: My husband's name is Dominic. One morning, he left Dominic with his wife. One bottle and three glasses. Dominic is first class.

Husband: My name is Sarvita. I led my life with Sarvita before happiness and Peter. His name is Michelle Smith. This marriage with Mr. Smith brings nothing but showers and mothers and meat.

(The next couple)

Wife: Her name is Victoria. Thank you, Mother, for your love emerging from South Swara, your cousin, your wife, named Victoria.

Husband: The name of my wife is Secret and I'm very glad to come with her to Her Holiness's feet.

(The next couple)

Wife: The name of my husband is France and I like it so very much, it seems to dance.

Husband: My name is Alessandro. I come from Italy. Thank you, Shri Mataji. I was born in the city of Ganava.

(The next couple)

Wife: He's Alessandro and I'm Alessandro. Thank you, Shri Mataji. You have brought joy in my heart and Alessandro in my hand.

Husband: My helper name is Dennis. He is from Basim. Dennis is the best.

(The next couple)

Wife: My name is Sambita, which means music, so I hope to be spreading music every day.

Husband: With the sweetness and love of Ajita, my heart will become Devotion. I am a devotee.

(The next couple)

Wife: (In Marathi) She said that she will serve Shri Mataji. She will also serve Sahaja Yoga. And in this process, she along with her husband will eat Paakri, which means that she will be satisfied with whatever she gets. It means very simple life.

Husband: My name is Galvin. By your grace, I know very well.

(The next couple)

Wife: My husband's name is Shri Mataji. I hope it will be permanent.

Husband: By your grace, we have given you a guitar. My husband is the person with a good mind and Sumanta is also very kind.

(The next couple)

Wife: With Harriet in paradise, there is a great joy at every smile.

Husband: The sweetness of Mara makes me believe that I'm beautiful as it needs to be.

(From Colombia)

Wife: In French, Columbia is the country of the dove and the dove mother is the power of love. The love has come to me under the form of Mangor and I hope this will bring us all together, close to you more and more.

Husband: My husband is also Hanumanat and like the thousand stars in his eyes, the power joy spreads to everyone. And with the sweetness and strength to Hanumanat, let's have the yoga of all Columbia.

(The next couple)

Wife: Thank you to come in my life, Nita. Let us be now Satchitananda and the nice child of our mother, Niyamala.

Husband: My first thought is it would be nice and eaten now is all for mine.

(The next couple)

Wife: Tonight I've married you Pratima, so I know I'll be seeing a lot of you.

Husband: My name is Manri. (In Marathi) For my husband's love I have left my mother's house, which is a very big thing.

(The next couple)

Wife: Thank you, Yashri Mataji. Life has a lot of meaning after this. Even though we've married before, we thank you. And I thank you personally to have blessed with Sebastian, my husband, who has been a very loving and kind man.

Husband: Thank you, Mother, for the wonderful blessing given to us now and forever. (In Spanish) The thing more simple is the more grace your love is all things.

(The next couple)

Wife: Shri Mataji, you have given me your child for companionship. Thank you and let our hearts grow.

Husband: Jai Shri Mataji, my wife's name is James. Mother, I thank you for my heart. You have given her to me for working Sahaja Yoga.

(The next couple)

Wife: Thank you, Mother, for Harish. He has touched my spirit and my heart.

Husband: Shri Mataji, with your love we have a life in every dimension of our life. Wife's name is Fiona. Fiona means fair. This type of marriages are rare. So today is the end of our despair.

(The next couple)

Wife: Thank you, Shri Mataji, for this great blessing in Rajiv that you have given me.

Husband: Thank you, Shri Mataji, for giving me Mihail and please bless our lives to become joyous well.

(The next couple)

Wife: Elena is now my wife. This would be a nice life.

Husband: Mother, I think only you can make flowers like my wife Anne.

(The next couple)

Wife: The name of my husband is Peter and I hope and I know that by the love and the blessings of our Mother we together, outside the ocean, will become greater and greater.

Husband: By the blessings of Shri Mataji, I have married a beautiful, sweet yogini, Rani. We always go in our understanding of each other and Sahaja Yoga.

(The next couple)

Wife: Shri Mataji, I am very happy to be here today to give you a message that you have given me. This is the blessing.

Husband: Shri Mataji, you married me with me from class. May I bringraj ears? My husband names the house for everybody who has an open house.

(The next couple)

Wife: The name of my wife is Catalina. So I'm in a little song with calling. Not Catalina, Cupidas and you. Oh Catalina, it's a very nice. In the river, we see the water. With fresh haja yoga.

Husband: Total pride. The blazes of. We are at once together. Shri Mataji will tell us that the marriage is amazing heaven, today we make this coming down.

(From Czechoslovakia)

Wife: The name of my husband is Yerka, Yukon of Czechoslovakia, in your eyes I see your love and innocence of Shri Ganesha.

Husband: Shri Mataji, thank you for a marriage so fine to a wife named Maryam whose name doesn't matter. I know a vehicle of love that is real.

(The next couple)

Wife: In the language of Shri Krishna we hope to do the work of one mother.

Husband: Mother, by your grace we are glued to live in the present and let go of the past. Together we have found happiness at last.

(The next couple)

Wife: Shri Mataji, my husband's name is Shri and I thank you for bringing us together and gathering the love of Shri Krishna.

Husband: Shri Mataji, my wife's name is Anita and my name is Ravi. Ravi means son and by the grace of you Shri Mataji I hope that she will help me to sign the love of Shri Krishna.

(The next couple)

Wife: Shri Mataji, I felt so satisfied with Althona having been seen but since I have met Joona, I have met him all, the place of the Satsang.

Husband: Shri Mataji, I am Karolina from Prabhupada and thank you very much for your blessing.

(The next couple)

Wife: I take the meaning of our health when she takes the pain to please everyone.

Husband: My husband's name is Juri. Perhaps he is a very educated teacher. This poem can be very short. Shri Mataji, thank you very much for Juri.

(The next couple)

Wife: As long as the sun shines on this earth, I thank you Mother for really spirit. And I thank you also for this lovely day.

Husband: Really. You have to thank Me for being here. All right. Come along. Thank you Mother for my wife Rosemary. She is like Lakshmi who is coming out of the sea.

(The next couple)

Wife: I don't know how to speak English but thank you very much Mother for my wife Clara. Excuse me, Carla.

Husband: The name of my husband is Mariano.

(The next couple)

Wife: My wife's name is Mihaela and may we always have the blessings of Malayapala.

Husband: Thank you Shri Mataji for choosing me as Mukesh wife and fill my life with so much love and sweetness.

(From Ukraine)

Wife: My wife's name is Larisa. Now after you our beloved Mother has given me Larisa. And now the total time before I've missed her.

Husband: My name is Larisa. I don't speak English. I'm from Ukraine. I'm very happy.

(The next couple)

Wife: Thank you Shri Mataji to give me nikolayat for a while and thank you for all your patience and all your love.

Husband: Shri Mataji, thank you very much. After one day, I pray that our love will stay in your hands in the Divine place. I pray that you will join us in the wind, which is taking me with a lot of strength in the joy of Sahaja Yoga.

(The next couple)

Wife: Shri Mataji, your Divine love guided me to the shores of Bharat where I found a flower I never could imagine. And I hope that this flower, nikolayat, which I met here with your Divine blessings, I can spread on Sahaja Yoga like the stars in the sky.

Husband: Shri Mataji, after all the Maya, you blessed me with the nicest flower, the lotus mungolini, and I hope we can live together as one mungolini.

(The next couple)

Wife: My wife's name is Shalu. Mother, let me thank you for this girl, innocence and sweetness, Shalu.

Husband: My husband's name is Shehat. It's not in India you don't take your husband's name, so that itself is quite kidded to that.

(The next couple)

Wife: My wife's name is Amida, which is full of love and joy.

Husband: (In French) My realization was the best day of my life. May this union make us evolve, Father.

(The next couple)

Wife: (In French) When I listen to my spirit, I discover you, Shri Mataji. And when I listen to the deafness of my heart, Sonia is the sweetness that makes me discover you.

Husband: May we ask my husband, I see the thousand sounds with which your divine face shines, Shri Mataji.

(The next couple)

Wife: Today I know how much I was blessed to get a same, like purpose.

Husband: Shri Mataji, my husband's name is Matthias. It's difficult to find a rhyme, but let me go down before the divine.

(The next couple)

Wife: I would like to thank our great mother for a lovely, for Michaela, my lovely bride, who along the path of Sahaja Yoga will greatly improve my shrine.

Husband: My wife's name is Michaela. And I must confess a poem. East is east, west is west, and from everything is the coldest.

(In French) In Europe, in Asia, in Africa, on the path of my life, you could not place someone better than Eric.

(The next couple)

Wife: Shri Mataji radiates love from the heart of Gita. With four moonshining eyes, no maiden could be sweeter.

Husband: To Mary I would have liked much later. Then Shri Mataji sent me pita.

(The next couple)

Wife: My husband's name is Gary. Through the grace of our mother I got married to Gary. Thank you Mother for such a great blessing.

Husband: My wife's name is Cone. Mother, thank you for giving me your Elizabeth. The thinking of a ride, there is nothing my head spent on it.

(The next couple)

Wife: Shri Mataji, before I say something about my wife, I was given the name Paul when I was born and if it please you, I would like to be your name.

Husband: (In Marathi) She says that on the Thadi I have covered it. You see, it's a rhyming thing more. But you have asked Me to take the name of My husband.

(The next couple)

Wife: My wife's name is Florina. It means little flower. Thank you Mother for this little flower. Together I feel your power.

Husband: Stevie is his first, and Ron is his second name. This means two swan emos and one flame. Thank you Mother for this little flower.

(The next couple)

Wife: Thank you Mother for your love. In this beautiful night the most beautiful lotus flower came into my heart.

Husband: She is a ropino. It's a blessing. When we start living in Kabela with Shri Manirmala they say that Juliana is a magnificent man.

(The next couple)

Wife: My wife is Inanuella from Haruja. Together we hope to attend many a puja.

Husband: Shri Mataji, you have given me tongue and I will become a true Lakshmi. A real woman.

(The next couple)

Wife: Thank you Shri Mataji for this handle that you call on her. Her name is Mary Jane.

Husband: John Kabela is from Napoli where we will live very happily.

(The next couple)

Wife: If Eva is her name, proclaim she came to become one with Sandra which is my name.

Husband: My husband's name is Sandra and he comes from Rome and will be my new home.

(The next couple)

Wife: My name is Neelo from Napoli and her name is Susanna and when we are together I am not able to say anything because my heart is full of joy and I am completely thoughtless.

Husband: Shri Mataji, my husband's name is Neelo and suddenly so much love and delight but I didn't really expect it.

(The next couple)

Wife: Lord Rama Shakti Shri Sita for Jain Gita Sanghita.

Husband: Shri Mataji, I thank you for all the things you have done. You have given many things to me but now I feel I will always be happy.

(The next couple)

Wife: My wife is Rakshana. Thank you Shri Mataji.

Husband: Thank you Shri Mataji for giving me Rakshana which is a drop of your love.

(The next couple)

Wife: Thank you Shri Mataji for my husband, for the beautiful day and for all of your blessings.

Now I don't know how many people have had their dinner here. The rest of the people have had their dinner or not? No? See there was a music program after this. We have been talking to these people for a while. Now would you like to have your dinner or not? I don't know if they can serve you here, it's very difficult. But some of you can go and have dinner and then some of the rest of them can go. The music will be going on. All right? Some of you can go and have food and come back and the music will be on them. But the needy vets will have some music, one or two others that's all, tomorrow morning. All right, may God bless you. Today somehow I feel that we are very good couples somehow. I have a free day. And also this is a nice way of making you poets because this is the moment when you touch your emotions. At this time if you really try to locate you might find out that inspiration within you which can make you poets. May God bless you all.

Kolkata Madras in Delhi, Ujna, we've got sarees here. So those who are in charge please come and take the sarees. Thank you. No, you cannot untie. The bridesmaid have to do it. Actually you have to trade something to the bridesmaid but they must be sleeping now.

I'm sorry we could not arrange a program otherwise because we did not know they would be coming. So I hope they don't mind they have to sit now and achieve their program. And I have been feeling that we could not really have a program at a proper time but as you see in Sahaja Yoga if something doesn't work out it works out, otherwise sometimes you don't need to accept every sort of thing. But you know these people have dedicated themselves to Sahaja Yoga and have done so much work. They have gone all over the world to straight Sahaja Yoga, I'm very thankful to them. The problem was that I just couldn't manage it because of the change, Sahaja Yoga change that and they just came I was surprised also that they could come but by that time they had all hoped for things. So I hope maybe it's you that's working.

On behalf of the Nirmal Sahaja Sehitā may I thank Shri Mataji for this honor of singing exclusively for the newlywed so that it becomes quite interesting for us to sing for the newlywed because we have to keep you entertained and awake. I hope you will be entertained by our music. This is a song dedicated to the newlywed. It says about how the dream of Shri Mataji has come true that all the newlyweds have assembled here and have given a true shape to her dream of having a sahaja bird. This is dedicated to you.

Now, we have a song from Sunday. The song which we are going to render is a song about this casualty arising out of love. Out of condemnation of being in love. Out of condemnation of being in sahaja. You are totally condemned by Shri Mataji to love each other. You are totally condemned to be married perpetually. You are condemned to be in eternal love. This song is dedicated for that. It means that there is no escape from the all-pervading power, all-pervading love of Shri Mataji. And according to Greedo, this is the 1991 hit song. Though you are married, there will be no restriction on your dancing, I assure you. And it will delight you, Mataji, if you dance in your beautiful marriage dress. This song is meant for dancing. I hope you will enjoy dancing. May I request Guruji to start this song?

Mark Menn, this entertainment, this atmosphere, and presenting Asmara from Sydney. She has come all the way from Sydney to learn Indian style of boilling from Guruji. She is presently going to present to you the Western style on the world. Thank you. It's right here. If you want to do it, we are about to play Mendelssohn's Ballet Concerto in Turkey, without the orchestra, so you have to imagine that. It's very romantic. I see, Mother, I think I've got no blessing. Mother, it was Her birthday three days ago.

So to continue this program further, may I ask Vipak Varma to render this one song? I am of the state of Jhana. My family is in the background of Jhana. I have two children. They are of the state of Jhana. how people accumulate enormous wealth. And having accumulated the wealth, they leave the wealth behind when they die. Because that wealth is of no value in the kingdom of the divine. So, on the one side they are wasting their energy collecting the wealth which is of no value with the divine. And they cannot carry this wealth into the divinity. So, they are wasting their life here pursuing an item which cannot be taken into the divinity. Instead of that if they are pursuing love, if they are pursuing benevolence, if they are pursuing all goodness which Mataji

teaches us, all those qualities can go with you, with your soul to the divine, to the divinity. This is the theme of the song. It is set to tune in a very like a folk song. Come on. Blankets have been given which means we have a blanket authority for keeping you awake.

Now we are rendering a very strongly appreciated, very emotional song which has always invoked the blessings of Shri Mataji and which has always created a lot of vibrations and I am sure it is going to happen now. The song is Nirmala Kithi Varnavi Kithi. There are more blankets. The blankets have an inherent warmth coupled with the warmth of Shri Mataji I am sure. You must be feeling very warm. Yes, they are becoming doubly warm. Shri Mataji, it is so relevant because Christ had the title of a shepherd and you are breaking shepherds out of her Shri Mataji. Rajesh, I think I will request you to come on the stage. You belong. Give a big clap for Rajesh. I may tell you that Rajesh has gone so keen on music and that he has started inviting Baba Mama to his house to teach music. That is the height of his interest in music, not his hospitality. He feels so strong that two world leaders are backing us. Third one is in the front. You call him also very good singer. Yes, could we have the third world leader? Because the fourth world leader I am told is in deep meditation. Can I have the third world leader behind us? One request though, in this clapping as has been taught by Shri Mataji three times is very necessary. Even when the temple goes up, you will see how the Kundalini rises and how you are so deeply involved in the Bible-free environment. You will be so totally elevated. You will feel you are in heaven, which you are of course. One, two, three.

Vishwa Vanditaa Nirmala Mata Sarat Nithaam.

So nobody should think they are individuals separated by any such small nonsensical thing. We are all one living in the ocean of God's love. Let us all take it in our heart and tell everyone that we have enjoyed that ocean and let all of you enjoy and forget all these differences which were never created. No saint has created, no incarnation has created, but human beings have misused them. All this should go all around the world, resulting, the whole world should sing the praise of God and also the whole human beings' problems must be solved. It's very easy to solve their problems, only we need the transformation. We all have power to transform, to cure, to give all the comfort and counsel them. All the powers that I have are for you. I want you to have more powers than me and I hope one day that will come to enjoy all these things. Today I am really enjoying everything, all these marriages and after that all this oneness of our ecstasy. May God bless you all.

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We shall Member Life cautious The This is the secondary. Primary and the middle. This is the primary. This is the secondary. This is the primary. This is the primary. This is the primary. This is the primary school. This is the school in Bignole. We go with the bus to the school. school. Next week. Next week. So they are in all the primaries. All the primaries. First batch. The secondary will arrive next week. Second batch. Can we invite you inside for a tea? I've seen it. I want to offer you tea. Oh, down here? Oh, I see. Bagit, we can have a garden. Can we have a tea? Yes. Can we have a tea? Yes. Yes, please. Why are you here? Why are you here? I'm here to help you. Yes, yes. Yes, yes. This is the motor hall. One more hall. Two apartments. Big apartment. Bathroom. This is the bathroom. Yes, sir. Yes, sir. How much is it? 20. 20? 20. 20. 20. 20. This is the one. Open, please. Open. We can have a big garden there, Shweta. Point of view. Four storeys. This side, yes. Three storeys. Three storeys. Three storeys there. How long is the bottle here? So we have a connection from upstairs. This is the one. This is the one from the other side. Yes, yes. This is the one from the other side. Yes, yes. This one. Yes, yes. Two. Three storeys. Two. Two. Two is not enough. You can have a tea and a glass of wine. Yes, of course. We can have a picnic. Yes, we can have a picnic. Yes, of course. Thank you. This is the one from the other side. This is the one from the other side. Open space. The reason is open. Thank you. Yes. Both hands, yes. Yes, sir. Four storeys left. Four storeys. What is? This one. This one is for the one from the other side. Yes. This one. Is this one for the one from the other side? Yes, this one. No, this one. This one is for the one from the other side. Yes, this one. 15 bathrooms. No, it's neglected. Yes, yes. This one. This one. 15 bathrooms. Yes, this one is neglected. This one. Three floors on this side. You can see it after. Exactly. You have to do this to the right side. Do you have to do this to the right side? Yes, sir. And this side is the right side? Yes, sir. And this side is the left side? Yes, sir. Yes, sir. You have to do this. Yes, sir. You have to do this. Okay. You have to do this to the right side. Yes, sir. You have to do this. Yes, sir. You have to do this to the right side. Do you think this is

okay? This is the bed. Oh, it is the bedding. That's right. You can do this. Jesus. Double bed. Can't you do it from the other side? I have a thing, easy on me. If she plants. It's very big. Oh, yes. Yes, sir. Yes, sir. You have to do this. Yes, sir. There are four halls. Yes, sir. There are four halls. Yes, sir. This is the bed. Yes, sir. This is the bed. Yes, sir. Can I take that? No, no. You have to do this. This is the bed. No, sir. So, this one. What is the hall? It is a hall. In July there was the children camp here. Ah, how many years did it take? You see so many years apart. It's all right, it's all right. Nice paintings. Okay. What are you doing? Oh, I'm preparing shimata. This way. I won't be able to go inside. What will you find? 15 years have passed. 15 years? There must be some easier. No, no, you. Honey, how much is this? How much is this? Ah, very good. And this is the big balcony. The rooms are open. The bathroom is open. What is this? This is the bathroom. This is the bathroom. This is the one with the motor. Yes. This is the one. Yes, this is the one. It's all there. This is the one. Oh, this is the one. Thank you. Join the rooms, please. This is the one. This is the one. Yes. This is the same. Yes. I think this is the... It better be a... Okay. Okay. What is this? Is this the one? Yes. Oh, shimata ji ho. This room? Yes, sir. Where does it go? This is the one from the park. Okay. Oh. This is the one. Oh, very good. Yes. Very beautiful. Very beautiful. What's going on? How many stories? Four. Four big hall, shimata ji. Four hall. Big hall, char. Big hall. Oh. This is the... This is the one. This is the one from the street. Oh, boy. Oh, parasandar, shimata ji. I have not seen anywhere, sir. This is the one from the park. This is the one from the park. This is the one from the street. No, shimata ji, this is the one from the park. This is the one from the room. This is the one from the room. Yes, sir. What do you want? This is the one from the game. Amazing. Nature is the best. learned some of the ABCs in Canada, Its wonderful. Why are youcliffe Good? This means Shimata ji. Do grand manners? What are they, Sathaux? Of course. Before you had to be right here. Everything is arranged by. No, it's not. Beautiful. What's your name? It's me, it's me. Oh, okay. Take a picture. This picture is a very nice photograph. Good. Wendy. Good. A napkin, wet napkin. Thank you. I'll take a picture. Thank you. I'll take a picture. Yes, sir. If you take a photograph, we will get the plan. Electricity is here. No, it's not. No. You want to take a picture? Yes, I appreciate it. Water. Yes, only a little bit. Water is here. Water is here. Yes, sir. Please, do anything. Thank you. Thank you. If there is heaven on earth, it is here, it is here, it is here. Okay. Sayab, sayab, shivatahi kavita karta hai. Sayab, kavita, manta hai. I'll see. I think you have to write down something. Yeah, that was it. I'll take a picture. I'll take a picture. Okay. I'll take a picture. I'll take a picture. I'll take a picture. I'll take a picture. Okay. The telephone is here. Yes, yes. The telephone is here. The telephone is here. The telephone is here. Oh, yes, the bathroom is here. The bathroom is here. Yes, it is here. The kitchen is here. The kitchen is here. The kitchen is here. Perfect. Thank you. Thank you. I'll take a picture. Please, do anything. Thank you. Thank you. Please, do anything. I'll take a picture. I'll help you find out if it is my name. It is Shweta Ji. I'll play it. I'll play it. I'll play it. I'll play it. Ji, Ji, Ji, Shweta Ji. That's not yet told me. Ji. You know, Shweta Ji. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. Shweta Ji. I came to help in the castle to do gardening. That's why I came. What's your name? The castle is called Muddathkar. The garden is called Muddathkar. Do you like this place? It's very beautiful. For studying, it's very beautiful. It's very peaceful. You made it. Ready to get all the flowers? In Kabbalah. In Kabbalah. Who is she? Anthony Chimulgi. Anthony Chimulgi. She's my daughter, Shemata Ji. Daughter. And Chimulgi. And Chimulgi. I like it. I like it very much. It's very good. Charsturi. Good. It's good. Food is arrived. Food is arrived. So, I'll play it. I'll play it. She wants to have a... Food. Lunch is here. Check her out. I told you. She wants to have a lunch. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. I'll play it. This one is designed. It's already lunch. It's lunch. It's lunch. Lunch. R Avid. R Avid. I'll play. I'll play. I'll play. I'll play. I'll play. How did they come? Thank you, thank you very much. This is lotus? No, that's iron. No, no, thank you. Where did you get this lotus? You need all this. Here you go. Thank you. Thank you. One more quickly. Heaven. What about you? I have to take the car. Car, Ravi. Zizi, take the car. Anthony? Do you have food? Yes, sir. Thank you, yes, sir. Very much, Mr. Matici. Thank you. Thank you. You're welcome. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. You want trouble with the screen? Please, please. After the meditation, you are welcome. After the good meditation, there... Higher study. Big pan, sir. Higher study. Ah, ah. Excellent, sir. Thank you. Thank you. Thank you. Thank you. Welcome. What an occasion. Come here, come here. Thank you. Thank you. Thank you. One more. Next one. Ajahn, ajahn. Next one, sir. How long did you eat? Yes, Ravi. Thank you. You can eat also. This is extra. Higher, sir. Higher. Higher. Higher. Higher. Higher. Higher. Higher. Higher. Higher. Higher. Oh, I'm so nervous. Come on, Ravi. Come on, Ravi. Come on, Ravi. Thank you. Thank you. Thank you. Now I will try this one speaking about OF. Thank on it, it was good. Thank you very much. .



Can you? Hundred and eight. Please write it now, his name on a piece of paper. Good, she's all right. I'm going to give you a little bit of a question. All right. You are very much cleared out. All right? But in that thing, did I say something about TM? I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. But in that thing, did I say something about TM? In that lecture when this fellow was there, did I say something about TM? After? He left. Because you asked Me some question about it or something. Another question? He had gone by then. What did he say? What did he say? Is it? If he goes to him. Then what did he say? He was on the defensive? Yes. No, no, no, no. So what did he say? She was kind of 50-50 at that stage because she could feel the warm and everything. But she was a bit of a wandering person at the end of that. But I didn't realize at the time but I caught on that he was going to, you know, he was looking more than coming to get realization. So he just wanted to see what this was. But it didn't seem like that. But to me it didn't seem very fascinating at first. It seemed like an orphan. He's nothing. He's been a whole lad. Now what I'm saying that he was flickering his eyes. He wasn't flickering very much. You told him. But the Kundalini has come up. Yes, Kundalini has come up. Now you can read your mind. Very good. Put some music at it. I'll give it to you. Just follow. Ahh, you're all right. You may be relaxed. He just said this is left for the channel. It's because of the celibacy. Isn't it? And that affects the... I'm sorry. Come here. What about the husband? Well, I think there's no reason because he was really lucky. I think he was fine. Because of the very lucky one. But he was not even in his channel. He was very confident. He knew he was in the channel. He was a very good man. He was very focused. It's a really you are willing to. But long she told me, she told me that, Mother, if you come, if these people will change their idea. And, ah, the Brahman and the Saraswami, Ahh, You see? Shankaracharya? Why do you not read Shankaracharya? I mean but it's very abstract way of saying things. These are such funny, you see, bombastic things the way they talk. Have you got any certificate from his guru even? I don't think his guru ever said that he's my disciple. I'm sure of it. Is there any certificate from his guru? How does he say he was his guru even Shankaracharya? You either believe or you're distant. You either believe or you're distant. If you're told it, you don't want to accept it. Another thing I consider you, that if he thought he was the direct link, he should have been appointed Shankaracharya? Imagine, imagine what is, what is Shankaracharya? What is all this? But you don't read Shri Shankaracharya at all. He doesn't give you books to read about other things. It's like a lot of, it's like a lot of, ah, movements. You're not encouraged to read outside. You're not encouraged to explore outside the confines of the teacher. It goes to a lot of them. You see, when you start reading outside it, you finish up here. So you only read whatever is in, whatever they teach. You're only encouraged to, yes. As I say, you can read outside it. It's very good. Arjuna. So what do they teach then? I mean, they don't allow you to read any other thing. Then what do they teach you? The movement is about the reading. What is the technique? Still I don't understand. They give you just a mantra. All possibilities. Source of thought, the source of creative intelligence. Source of everything. But if you, if he is saying Shankaracharya, he never believed in thought. Well, it's beyond thought, you see, the transcendence. Where your mantra takes you is beyond thought. It's still the source of thought. But the mind is the source of thought. Yes. You're going to be very sourceful. The first little speck of thought appears. It blossoms into the thought at the gross level. All right then. So you're diving, you're transcending it. All right then. It's the old, the old Indian philosophic adage of the calf dipped in dye, fly in the sun, bleached, dipped again, fly till the colors fast and very bright. And that is the experience of transcending through your lips. Very funny. The very thing, what they do is this thing. You have this mantra and you go play the mantra and whatever it is. You keep on saying it in your mind. And then after the time you're through with thought. Mantra jam. And then you're going to, I think you're going to do this type of conscious film. My head always just starts going like this. And I'm looking at it. You wake up drinking. And then I do sleep. And I used to have lots of people. And that's good, it's only worth stressing. No, I need my nucleolus. What they used to say was, every time I... Actually really you are all bad people. Because you are. How could you listen to such a non-censor talk? See. Well it was the promise of release from the bondage of the relative. Of what? Release from the bondage of the relative existence. The attachment to material things. If you're a seeker you're... Just blah blah. You see because he says that he's taking you out of bondage of materialism. How? By loosening your grip with him. You see his opinion of renunciation is not tapas. It's meditation because when you transcend and reach the thoughtless awareness state. That is your renunciation because you're no longer in touch with the relative. You're renounced. But do you reach thoughtless awareness? I can't remember. I don't know. That's it. And then they would say like others... A lot of people claim that. Does he say also that you must have committed sins? That's why you cannot do it. You have to do it more, does he can go? He said so. You should ask him if you have to bear our karma. You have to be aware of the holders of the knowledge now. But often you know they reach problems as with girls for example. For myself I mean I was suicidal a year ago. Nobody could help me. There was no rapport among the yourself. Nobody could help me. I mean the teachers couldn't help me. Your depressions were beyond help. So this is the problem. But these teachers are paid or? They live on a stipe. They get a very small amount of living

income. They don't have enough to live on. Really? So the money goes to a movement. First of all they never kept anything open for you. They closed you completely. By putting an awe about it. Not to ask if you are not a believer, if you are not a preacher. The first thing they did is to cut you from all the other schools. Because they knew that they would be found out. So they just kept you out and started talking late. You see which was too heavy for you already. You thought what's the effect of going to other courses. Because that you may not be able to learn. As I say by not encouraging. They develop the blink effect and also people fear. There is a lot of fear involved. A lot of people want to become teachers. It's very expensive. It costs about 6,000 pounds to become a TM teacher. It takes about 9 months. And a lot of people live in fear. For example for me to have come to your meeting on Thursday. And to have been seen. That would have destroyed my chances of becoming a teacher. To be seen? To be seen. Even looking casually at other movements. I didn't understand this one. If anybody is talking there from the TM. In the TM I saw that he is going to another spiritual group. That would be the end. I wouldn't be allowed into the movement. All I knew was to enter into that. You know you have committed the cardinal sin of looking. Searching somewhere else. So there is an awful lot of fear you see. People are worried. A friend of mine went to the sign people. And I too would be. And she was told that that was her chance to become a teacher. So people didn't fear. Is that so in Sahaja Yoga also? If you go to other gurus you catch them. But apart from that you are free. You are free to go. You see the thing is so similar I am just trying to see. But what is the subtle point? You are free to go to anyone. But if you catch then I'll have to clear it out. That's all. But you do catch and you yourself feel bad. That's it. It's absolutely free. I mean nobody can. I thought he was better. So the first exception is that it is not the Shankar tradition.

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The things that were going to happen. Yes, because you are in the supraconics, the future. He knows from the future, you see, where spirits come and tell you. Yes, and he knew that things, what was going to happen, by those things happening, he would then be able to manipulate things. He's given a lot of power in that. Yes, an open power. You see, this is the power of the spirits coming out of him, that he doesn't know. The same spirits will eat him out, bone by bone, just like that. He doesn't know what he's done. He's not going to be perfect. He's not going to be perfect. All of them he is, how they did that. They've got some possible. Because I don't think he realizes, he's lost that realization to realize the possibility. You see, something like if he's going to arise, then absolutely, that's the advantage. That's a very big advantage that anything that has to be applied, goes into it, gets easy, and then you just do not get into the problem yourself. You just don't understand anything. That's your sign. According to the power of the spirit, no guru, no teacher can be either involved in fame, women, or money. You cannot be involved. Yes, sex one I'm talking about, cannot be involved. Any person. Of course not. You see, how can. You see, actually, I mean, if you want, I was reading them off the, you see, you get detached in the sense you become the personality. You are a detached personality. You don't know what strength is. You don't know what strength is. It comes to, you see, you may become famous in a different point, but you don't know what is feeling. Just don't care, you know. You just don't care. The person who is true to you also understands you. But the one who is realized, the one who is going to work is the guru. He's the one who just doesn't care for you. They are coming to see you. I'll give you an example. I won't go back to that. There was one very rich man who was doing a, his sister was from the council, he was working with the hospital and all that. But he was, he was very much interested in the development of the language. He knew and he must help me in more, but he had really so much money that he had an actual vision. He said, you know, I have a question. You talked to this, my best teacher, she said, no problem. I'm talking about it. I don't understand much about it. He said, no, I will do this and he went to talk to this gentleman and he said, this is my mother. He spoke, I would like to have a look at her. One thought, he said, how can you actually accept these things? I tried to put it there. See, they've got problems. So he said that my wife is a person, she's possessed, she's got cancer and she's such a such and I want to have a look at her. And if she says that, yes, it is like that, my wife, then I can have the ruse and I can have the ruse, I get lot of money myself. But just now we are, there are all these problems are there. You see, he somehow or other tried to make these concerns, he went to work. So very seriously, she said, you might be interested in me and she's worried about me if she's going to survive. I said, I don't want to survive. But the rest of the time I said, what if she's right? So the, she, she, she was very serious, very serious, extremely serious. And she was herself opined, she came on a plane and she went down there and she was like, you know, such a big, not that Mark was bad, no, he was also a good person. But some dirty women must have come in between, you see, and you all have such funny ideas, you must change your wives, like, like American people have, you must

change your fridge and you must change your, you must change your wives. The change is the sign according to them of progress or whatever it is. So I think something like that maybe, but it was very serious allegation about her, you see. She was such a fine person. So, and then she, she went off to the bathroom, came to the scene and he said, Mother, what do you think about her? I said, she's one of the finest American women and she's a very devoted wife and don't go near them, they have a power of their own and I will not touch her by anything. And also he said, Mother, do you think she's, she's not possessed? I said, not at all, you may be, but she's not. And he said, what about, what about cancer? I said, she thought, and there's no possibility of her getting into it. She's a very devoted wife, she's a very nice person and she loves you. And if you try to have a divorce with her, you'll be a very miserable person, just don't do it. It's not at all good for you. As a Mother I'm telling you that if she's My daughter and I'm proud of her. Oh, his face fell down. So I said, see. Then Mother Chandubhai said, Mother, you have no pragmatic approach. I said, what pragmatic approach? I said, I don't understand the word. He said, you should be practical. I said, what practical? They said that to see these women. Why don't you say that? I said, but I said, how come it's a good thing, right? I said, Chandubhai, do you know if there's an innocent person? And if you brand an innocent person like this, you know, live alone Me, I would never do that. But even if you do that, it's a very great sin which you cannot fill up by giving Realisation to even one-handed people. Shook on the floor. I said, is that the man you love to be? I said, yes. Now will you do it? She said, no, no, no, I'm out of it. You see, after all an Indian man. He said, no, no, no, I'm out of it. We are going out. He said, Mark, don't talk to Me. I'm going out. If she is the woman like that, what Mother here said, I'm the woman. And like that, you see, the whole difference is out. Doesn't matter now. What are we going to do with these buildings? I have to have human beings. You have a human being. The temples are to be built of human beings and not of these houses which are built to crumble the house. You see, we have to keep living our images to the point. Not these things by which people are impressed for the time being and then when they say that they never take their own. You see, such a person cannot. You see, he just does not work. Same about fame. You see, what is fame? Is nonsense. What is a fame? What is a fame? Just tell Me. I do never understand. You understand? What is fame is what is it, you see. Fame, if it means somebody says, oh, you're great, you're great. Run away from that place. Because, you see, they may be wanting something out of you. They want to use you. Normally, none of the Incarnation got fame and they got only stones and just stitches. None of them got it. But there's only one way Sahaja Yoga is going to do that. Because you're going to get actualization. You're going to get the experience of it. That's why in your heart God is going to decide anyway. This is the way. If you call it this way, I accept that it should be so. If that sort of a fame is that you feel that now, you see that, there is a need for the person. Is the fame which comes out of auspiciousness. You know auspiciousness is a thing by, is a quality, a personality by which you improve in your being, in your everything. You get success, not this worldly success but success that is satisfying. Shri means grace that is beautifying. Such a person is auspicious and such a person will have a kind of a fame which is very different from Indian style. And the world is going to change you see. They are not going to have Lord by the emperor's statue. No they're not. Or Wellington is not going to be there to drop. We are going to have something else. People are going to change these. Awareness is going to change completely. They are going to care for people who have that eternal essential in them. They are not going to. I think when we are all talking about this whole world, we don't understand I think one thing that the sin against the Holy Spirit is the worst and all the worst of the sin. She is very simple to understand. Supposing somebody beats you, you won't mind. If somebody beats me, will you be able to do ten acres in your heart? The same way Christ has said, it's all right if you insult Me but if you insult My mother, I am going to be right on your throats. There are eleven powers you have got by which you say to Him. It's all such people. It's very simple to understand. You have to insult the Mother of Christ. It's very dangerous. That's why He never told anybody that She was the Holy Spirit. She was the Holy Ghost. That's why He didn't say because that was a protective thing. She was. Ask a question. Maria, are you busy on the cocaine? I'm just finished. Why is it so simple? It's working so hard. Will you please go on? It's very logical, isn't it? It's very logical. I mean if He's your Son and if He's the Son of God then He wants to be God. I wonder why people don't see that, you know. See, that's the trouble. They can see something, you cannot see. This is My hand. This is the ring. You see something which does not exist and you do not see that exists. This illusion. It's the illusion. If you can get, you see, into that state, from where you see the illusion, you just enjoy the people. Oh, the illusion. Oh, you see. Just now as you are laughing at yourself just now, see when the illusion is over, you are like, oh. Yes, yes, yes. Isn't it? It's a big joke. You know, I was also there. I was out there. Yes, but this is hard. This is hard. This is how the whole of Maya acts. Yes, well, see. Because till you got beyond that way you were able to... I do agree, I agree. I do not blame you for that at all. You see, you are the crucified ones. How? How to expose them? You see, this is the trick of the Maya, if you understand. It's the flame, it's the tower. See, now you cannot kill them like that, see, because they have entered into your head, you see. So now how do I do it? Is to put you there. Yes. You go into there, you see them and then you get out of it. Yes. And it would be with a greater force and with greater immunity from these horrible people. Yes. You know, Mahathri said something very funny when we were in

September when we were there. He was talking about a story from one of the prasas about the Brahmin who had rice and he went to this king's palace and on his way out he stole some jewellery and they couldn't understand why he stole the jewellery. He was the saint and he stole his jewellery. They discovered eventually, you know, the food that he had eaten came from the village of thieves. He returned the jewellery by then, you see. What about him doing the same? Yes, and then he said, he said the story looking at Me, you see, and afterwards he walked out because we had just about two hours before been discussing this question of the money they owe us, you see, what they've done. And he said to me as he walked out, you see, and it was only four months later that I actually saw what he was getting at. He was apologising for his own deeds and he then said, He was a thief. People in this room were going to bring down the movement. No, no, you see, he was incapable of apologising. Not that way but he was trying to prove to say these things and all that, just to show him impress you that I know what you are talking about. He is a thief and a dirty fellow. I mean, I have no dictionary. I don't understand what to say, you see, I have no words to say what sort of a man he is. You should really get somebody from Lucknow. These are nice abusers that they use for such people, you see. If you want I can write to someone, write about twenty one of them. You send him back, this is this, this is this you are. And this is the mantra you say about yourself that I am his, I am his, I am his. So, eventually. He is always playing with his mother. I will tell you, you cannot imagine what sort of a man he is. We had one like that, but openly he was like that. You see, once we had a very great swindler in India, a great swindler. His name was Dharamtajya. I don't know where he learned that swindling but he met Jawaharlal Rajiv in Tamil Nadu. And in these matters our Prime Minister was very nice. He was very fond of people who were properly impressed in a very, you see, English manner. And they spoke good English and they had all the English. I mean he was, he was very well, you see, you cannot imagine. We should say, supa for supa or something like that. So that kind of a thing our Prime Minister was very much impressed with. So this fellow went and told him that I am doctor, I am this, God, English and all. And also our Prime Minister, they say so or not, I don't know, but that he had enough. He could appreciate a good looking woman very much. So his wife was a very good looking woman, as they say, I don't know, I've seen her. I've seen this horrible fellow. And he managed him somehow and then when he went back to India. That time I'm telling you that I had gone to see my husband right there. And you know for us they are allowed to sit inside the lounge and sleep out. And I saw this man with a big hand, overhand, so I took ask my husband, he said, He said, why do you want to know? I said, but you tell me who is this man. He said, why he is so childish today? I said, I'm not childish, I'm anxious to see who is there. So he said, all right, I'll tell him his name, his name is Dharamtich. And I said, what is he doing there? He said, why do you want to know about him? Of all the persons why he? I said, because he's going to give you talk. Really? He said, I'll tell him. He said, God! I said, what? Is he connected with him? He said, very much. I said, how? He's coming for shipping. So then you know what happened that this fellow went to to Harlachi and wife would have a breakfast with him and she used to order a bar and this and that. And you know Jawaharlal Ji was another, as I told you, very nice person. He never understood that this fellow is a good person. Then he was given from that poor country, it was 20, 1965, crores of business to build a machine. But my husband as soon as his proposal came up he put down his book because I was after his life. So they transferred him and they gave him a bigger post and they said he become chairman of shipping corporation, let's transfer him. And they gave him 65 lakhs of rupees and the parliament passed it in our re-prime minister also was in a 65 crores of rupees were passed to this fellow. And then he bought ships and so called ships and he cheated all the big, big sort of shipyard and all that, never paid them any money. He ordered the ships, he took the delivery and every time he took prime minister there to another, another deputy prime minister who is nowadays our prime minister, the great fellow you see, the one who drinks the English. Desai. Desai, Desai. You see we have lots of bhajans you know what I mean. He took the him there and this fellow, this Desai was the one who inaugurated and big this thing and naturally you see the poor shipyard people, this Hitachi and all these people who built ships on him couldn't say anything because the prime minister, the deputy prime minister coming in Garland and these that and he's going to launch the ship. They launched the ship and this fellow never gave them no money. The ship was launched by Mananthe, you see from there and they had no way of collecting anything and these are the two great people of our country can imagine, the one who is today the prime minister and the one who was and they gave him sixty five crores of it. Now, My, this happened and then suddenly the whole thing started coming up, just like this you see and then one man he found it out and he leaked it to the government and he leaked it to the police and all that and then suddenly my husband was in, let me see, he was in Japan and he suddenly came home. I said, how just a terrible thing that's happening there. I said, what? Then they told me that this man was supposed to have killed his first wife and took her money and then come to India and did this and that and that and that and people are after him and because of this thing it started off, you see they found out also that he was shipping and these two great giants of our country, what should I call them, you see, they were saying, you see, don't harass them. The police is very bad, don't harass them again. They were supporting him all the time, these two people. But they were simple, they didn't take any money from him, My son, but then this man was upset with God and

then he one day just ran away from India to some place in the Panama from where we could not have any explanation. The whole thing was hashed out and all the ships were frozen, all his money was frozen and still he managed to take away, there's a fourth karatsa for peace out of the land. But this, the best part of it, my husband says very seriously to me, that do you know that two hundred and fifty rupees that you have to pay for registration, that also this thug did not pay. Even that he did not pay and our great people like Jawaharlal Nehru and Murad Jai were greatest supporters of him. So you shouldn't feel bad about what has happened. You see, it is fair. And then he was arrested, he was extracted, he came to London, London was like, he entered and the case was filed in London and he was telling stories after stories. Jawaharlal Nehru had died by that, you see, he became upset with God and he died in the holiday country, in old age he got a shock on his life, but he did such a foolish man. See, we are talking, you see. If you see his old age photography looks like a dazed person, you see. And then this case started in London and then he said, another drama he played, he said, you see, these people are all against Jawaharlal Nehru, to take bad name, to give their all this blame and this and that. And the judge was listening to him and he said that. And the judge said, now, I have finished. He said, now I say that you are a crook of the first waters and you are a thug and you are this and you are that and now will you shut up. That's what they said and he missed it. I said, that's the way you should be said. And he said, you take two running jumps and go to heaven. These are the words he used. And then he was in jail, he came out of jail and then Indira Gandhi the great, you see, another great lady we had, Prime Minister, she saw to him that he goes out of prison. Now he's out. So are we not sufficiently rooted? Do you want more examples? Just see, it's a fact, it's a fact, you see. So imagine people like that and the, and I would not even blame Jawaharlal Nehru for this because he had such a big secretariat with the best, the cream of our country, the most intelligent people, big. All the intelligent she of India was behind this and they all did it in good faith, you see, the good faith about it. And none of them got a single pie. Hello, how are you? Yes, yes, yes, yes. Very nice children they are. Come along, come along, come along. I've been just waiting for you to come down here. Come along, come along. Sit down. Sit down, sit down. Good. See, the force has come. See, vibrations, you just see the vibrations. All of them are, see. How beautiful, all of them are realized. Just look at this child. Beautiful they are. Can you remove this, then they can sit comfortably. This may be the, just stop them now. Look at them. Maria, who are they? Good. You said there would be only ten people. Maria, you said there would be only ten people. It's good and the great people have come. You see, these are great people. What's your name? What's your name? We must tell you your name. What's your name? Just see the eyes, it's following you. It's beautiful. Beautiful they are. Aren't they? Just put your hands like this. Let's see if you feel the cool breeze. All right? Just like this. This is for born relaxed. All relaxed. This peak in it. What language this peak? Gujras. Gundaatli. Tandu Aviche? All of them. This is a wonderful. Can you feel that? Those moments. Tremendous. They have brought the post for you. Hello. Hello. May God bless you. Please come. Please come. See them. I mean this is what it is. Can you see? Can you feel them? Can you feel the vibrations? Vallaja Seer is great. They'll do the job for Me. I don't have to say. Just put your hands also like this. All of you. Just like this. It's so simple. See now? You feel some cool in the hand? Yes, cool. Are you feeling all right there? All of you? Are you feeling the cool breeze? See. How are you feeling? You see? You have to be great people to be the mother of such children. They are great children and they have selected you as a mother. There must be some reason for it. You too. It's cool. Can I be opened? Yes, I can. Open that window. That window is better. You open that one. That one. It's good. How may we do now? One more. Oh, I did see a bit of a change there. There's another one born realized. Are you feeling the cool breeze? Is your father feeling the cool breeze? He feels it. Good. See? Have more of it and more of it. Let it coincide. Absolute. You have got cold. You have got cold. Beautiful. See, you have already got the high. Why should you worry? So many children are born in this country. How you find it? Better now? Feeling better? Better now? And better. And the best thing is you must know the know-how. Otherwise you are not to believe anything. Why should you believe anyone who doesn't tell you the know-how? They call it science. Do you know, do you have anything, I mean any knowledge of science about which you have, you don't have to know know-how? In Sahaja Yoga, eventually everything is there. Good. Maria's house is blessed many a times. Beautiful. Very beautiful. Come. Oh. No, what's that? Let it out. Let it spread. Now, come. Still? I'll put you in this cup. Now put. Why don't you sit down, Balaji? See, if the chair people can go back, see, then others can sit in between. Now all those who are occupying chairs should go to the back. Better idea? So that those who can sit in front, you see. It is so far could be cushioned a little bit, this side. Hello. Hello. Come along. We have had a very nice session of great laughter, you see. Something like talking about Charlie Chaplin. Hopefully he's got my love. Yes? Hopefully he's got my love. Yes. This is the same. I think you should put these chairs down at the back so that they can see. Can you sit down? You are all right. Just sit down. Here. Just come in. Did you, did you turn up? Hello. Hello. Hello. I'm not seeing anything. Just come home. Just come. We have been having a big laughter. Well, it's very good. Yes, it is. Did she turn up? Yes, she's upstairs. We just brought his wife. My love. This is your daughter. I can't think. She's here. But she's going to recognize root in the photograph. She's doing this with her glasses. Come, come, come. The train from Glasgow is late. Yes. I'm sorry it's too late. All

right. You're never late with me. Can you sit on the ground? Oh yes. Very much so. So all the quorum is complete? All of them? They are people from... They, they, they have brought the real force, you see, all of them. Yes, they have brought the real force. Just sit like this. Just like this. Do not follow. Are you feeling the cool breeze? Yes. Good. You've got it already. See, it's so simple. What about you? See? All right, just wash my hands. Just see that. Just see. What about you? Are you feeling the cool breeze? Not yet? Just now you will know if it is there. No, no sort of... You feel everything? No. We've been just laughing about all the things here now, the training and how they have cheated all of us and all that. Oh God! And now we know, and now we have to decide and plan out how we are going to outfit all of them. So it's a plan we have to work it out. Good. Just be sitting down. It's beautiful. It has to be settled down also. An experience which is to be settled down. The Kundalini rises at the first shot, missed. There is no basic problem. I mean, I would say that as I have told you before that I couldn't give the elevation to the ten percent similarity. So, we are foreigners to the region. There is something special about you that your own motherland is giving you that power and all that. And it is spontaneous, it is very forceful and it does happen but then it settles back. In the sense it has to look after all the centers and all the problems that you've had. So it comes down. When you start thinking about it, that's the point, the very good point. You cannot think about it. You didn't get it by thinking. This one thing you must have known that you did not get it by thinking. You got it because it was too happy to you. So if you think about you will reach nowhere. You cannot think about it. It is love. What can you think about love? It's not science. And just now if you watch your eyes, watch yourself, you are beyond us, most of you are. It's new thought. Why? You've done it. Are you too close to them? You find it too hot? You can put it off I think. Just a light is it? Are you feeling the cool breeze lightly? Good. So let's talk of something nice now. Let's talk about the light. You talked about the masala. I was going to bring her because she is being initiated into the family. But I couldn't because I was very smart. But perhaps you can talk about it. They are not very new but she is about a year older now. That one is beautiful. What did you say? She has TML. She is pretty. She is about a year older. That was the last daughter. She has got Rama's mantra. Yes, she has got it. Rama's mantra. You also can feel it. Yes, yes, yes. That's the Rama's. You see this is Rama's chakra. So I will tell you about this. Rama's chakra. So I will have to tell you about ourselves. What are we? Actually we know so little about ourselves. This ignorance is responsible for this kind of a problem that you all have faced. Because you are so ignorant about it. And the reason is the knowledge about what I am going to tell you, you can only have when you are a real person. Without that one cannot talk about it and one cannot explain to you because it is too fantastic. It is so fantastic that you cannot believe it and you cannot accept it. And that's why it is not for human mind to conceive it. It goes beyond. If I say that there is God's divine power, which is the most dynamic power, which is the only power that guides this creation, that coordinates everything, that looks after us and that has made us a human being. You won't believe it. That there is such a power of God. All that you see other things is absolutely false. It's just a reflection, is not the mirror. And this power can enter into every atom, every molecule and can control all that. We see it every day those things but we take it for granted. Like we see the flowers suddenly becoming the fruits. How do they become? A mango tree will give you mangoes. It won't give you roses. How does it happen? If you see even in chemistry, elements that are created on this earth have a regular planning about it. They are divided into exactly eight divisions. Now how all this happens? We never think about it. We take it for granted. We try to find out what we see, what it is and then we say, oh, we are great scientists. But you cannot say how it works. Even if you take a sulphur dioxide, an ordinary atom of sulphur gas. The sulphur atom is on top and there are two oxygen atoms. If you see it under microscope you can find out that it pulsates and there's a kind of a vibration that's passing between these atoms and these vibrations are of three types. Unequal, equal, dissimilar, also. And who does that? And how, why, that certain act like this, some act like that. Even the matter which is a dead thing, which we do not think is capable of having any energy in it. That's what we used to think. Now of course you have changed your ideas about that. That too has such a beautiful arrangement. Even up to the molecule state, up to the atom state you can see how it is mathematically arranged with the protons and the neutrons around us. It is just to see and wonder it. And when you see it in the nature and these elements, their atoms, then you see later on when you start watching, something much more complex, that is a living cell with the carbon coming into it. We just take it for granted. We never bother to know from where did this carbon come from and how did carbon combination life came in. We just take ourselves also for granted as if we are great kings and that whatever we have got our human life is our own, you see sort of thing. And we think that if we have this human body it's our special right to have it. Even this eye of ours if you see is such a complex camera, how it works instantaneously, how it captures. It's something beyond our comprehension, so we negate it. We don't see it. We say, all right, we take it for granted. That's the way human beings live with it. See if you cannot cope with the thing then what we do is to accept it for granted and leave it. That's a sensible thing to do. In the same way nature has made you special in such a manner that you cannot hear certain frequencies, you can only hear certain frequencies. You are created with such beautiful adaptations to nature and surroundings. This earth is moving with such a tremendous speed you do not feel. It is spinning round so fast you

cannot feel. We take all this for granted and we think we are human beings. But why are you human beings? Why have you become human beings? What can you find out? What did you find out so far? Whatever you can see, whatever is absolutely factual that you have found out. You have not been able to find out why these things happen and how these things happen. How are you going to find out about such a complex thing that you are a human being? You have become a human being without doing anything about it. And what are you going to do for getting that awareness by which you are going to know yourself? Nothing. Nothing whatsoever. On the contrary effort. Human beings good because they have a sense that they can put in effort. But you reach a certain stage later on that you feel you are putting in effort, it's just working out, you are just sitting down very nicely and the whole thing is working out. Say for example, there is a relay in London about some programs in the tree. Now it's all in the atmosphere, you don't see it. And suddenly you start your tea, you get it. What effort have you put in? It was all built in there and it was all, whatever was done on the other end was also done by somebody. You have just put all the switches and you get pictures which you do not see normally on the walls nowhere but suddenly you get them, they are there existing. But you believe into it because this you have seen with your own eyes. It is an actual thing, that's why you believe into it and that's why you must believe into it when it's an actual thing. So we come to that position where we understand that if anyone talks about higher life, higher life, about power beyond this, then we must have actualization of it, we must believe it. At this point there is a problem because it is easy to talk about peace, that there is a higher life, there is God and there is His power working and all that. All this lecture you can hear from many people. Even actualization of it you see, they may say that jumping like a frog is actualization. Yes, we have had people like that. You know in one of My lectures there was a gentleman who was sitting with both his feet towards Me and I said, it's all right for Me but I don't know what's going to happen to this gentleman you see. And then one of the boys went and said, you are not supposed to sit like that, you are smaller. She said, you see I'm sorry but if I sit in any other form I cannot sit, I start jumping like a frog. So I said, how do you think that this is, this happens you see. It happens every time and if I do it now it will start like that. So I said, but why this has happened? Because My, Kundalini has a reason, I'm a self-relaxed person. Who has told you this? He took out a big book like that, you won't believe such a big book and he showed Me, written down there, that when Kundalini rises you start jumping like a frog. Who is this gentleman? This is some acharya, Brahma, some sort of a name, such a big name you see and horrible person's photograph on your face. Such a big book and this fellow is carrying on his head all the time jumping like a frog. And he says that, yes you have to jump like a frog. So I asked him, now when you are going to evolve are you going to become a frog or a monkey? What are you going to become? This is first thing. Oh, you can use your brains for this, to understand what to expect, you see. You are not going to become like monkeys or pigs or even lions. You are already the highest and you have to feel something higher. So that will sit out. Then the fellow says, another one who came to Me and he says the best was we had one from Birmingham, is it there? This is David, he is our Sahaja Yogi, he is very sweet and otherwise poor thing. He came yesterday and I said, what happened David, what were you doing like this and why did you do all these things after coming to Sahaja Yoga? He said there must be some devil on Me, a supracautious devil. But he said, Mother he was so subtle, one of the subtlest one you should understand, that he told Me that you are this and this and that you would give me realization and I should go into all this. It came in my ears and told me. Can you imagine to that extent it was? And so he believed in that kind of a spirit and he was carrying all this out. But I said for telling you this, why should you use any spirit? You can use it in time out. Use your brains. Then we have another one where we think we can purchase you see in the market, you see there are courses of yoga. Three weeks course? Three years course for shaving off all your property. So we go in you see for that. Then all such thing one must understand. Cannot be anywhere reality. So what should we expect? What should be the reality? What we call of knowledge of self. First science has given us a certain thing which we should try to understand. And if you understand through science you can understand without it. Science has given us an understanding that there is a power which we cannot comprehend through our rationality. Even a person like Einstein says that I could not find the theory of relativity in the laboratories. I was tired, I was lying down and I was playing with soap bubbles. Imagine he played with soap bubbles. And suddenly the whole theory of relativity dawned upon me because he was a realized soul. So it has not come from laboratories these people themselves are saying. So whatever knowledge has come to us has not come through so called scientific research but through the grains of some power which has been. Science cannot explain many things. For example, the science is very bad. He is not well in the world. That's why he is upset you see. All the other children are all right. They cannot say why. So many things happen in the human body. For example, it is said that any foreign body that enters in the system creates a situation by which the body tries to throw it away. But it's only the fetus which is retained in the womb, nurtured and looked after and thrown away at a time when the thing is absolutely machined. So there is somebody who thinks about it. Then there are two chemicals, chemicals there, adrenaline and acetylcholine which are secreted in our being at different points. And they cannot explain how these ordinary chemicals sometimes augment, is constrict and sometimes not at different points. They cannot

explain it so they will say they are honest. So they say the mode of action of these chemicals in the human body cannot be explained. They behave differently from their own nature, so above all from their own nature. There are many such things which I can quote to you and show you that man reaches a point where he thinks that there is something else that takes the decision. Now when you reach that stage then you start thinking that through science we feel that there is something that we cannot explain and that rationality cannot take it out there. So there must be some answer to it. The answer comes from psychology. I would say Jung was one of the greatest psychologists ever. He opposed Freud because Freud you know was a horrible psychologist. He was a fellow who was treating all kinds of abnormality. He never treated normal people. So he got possessed by them, you see, and he started behaving abnormally. He himself was a very abnormal person. He had very abnormal relationships and he was really absurd, you see, his own lifetime and he had a very bad death, he had cancer, he died very bad. But still all of the western world worships him. They never see what he achieved in his own lifetime, what sort of a person he was, what was his relationship with other people and how he lived. He was very anxious, always taking pills and he died of a terrible cancer and in a very wretched condition he died. While Jung in his old age he got his realization and he was of a very different nature and when he died he used to look, he was looking like a flower. But people do not see all that. They just see what he writes and because it suits them, you listen to Freud, I don't know why it suits them, actually it should not normally. So the Mr. Freud has come out and I would say Jung if you would, you would find out that this great man has done so many experiments with thousands of people and has established that there are forces beyond us, forces beyond us which control and the forces beyond us which control us, he called them as universal unconscious. Unconscious because they are not in our consciousness and he called them as also as, you see he actually did not know how to name it. So he said that he has said it is the Mother's force, it's a motherly force, very clearly and he studied Indian also, Indian literature and all that and he has developed some thought on Shakti point also. So he has used the word Shakti for the universal unconscious. But still he was just to realize so there was no mother to tell you all about what it was. So he could only indicate and tell you that there is an universal unconscious which is guiding them. He experimented with people with their dreams. There's a very famous dream which he interpreted about a man who would always dream that he has to bow to his own son. His son is sitting on a pedestal and he has to bow to his son. Now the son might be a realized soul. So he came to him and he said, I don't know why I get such a dream. So Jung asked, what is your relationship with your son? He said, very, very bad. I said, why? He said, I am, you see his mother is dead, I'm married again and my wife is very angry with him and I really don't know what to manage, how to manage it. The relationship is gone very bad. So he said, the unconscious is telling you that you must bow to him. He means of a higher awareness so you must bow to him. It is giving you a balance. Then there was another girl who came to him with a dream. I mean to just put two dreams together actually. She said that I see my mother as a witch. So he asked the girl, what is your relationship with your mother? She said, it's very hard, very good. She actually pampered me, she has pampered me so much that I am just good for nothing. He said, that is the thing is coming to you from your unconscious to suggest that your mother is a witch who is spoiling you. And there are thousand and one like that, you see, there are so many volumes of it which you can read for yourself. So the psychologists have told us that the state of human awareness would reach at a point when he will be thoughtlessly aware. He will be aware but there won't be any thought. This is said by you who were the psychologists. So we should know what we have to expect. Now there's another source which is very clear, a very, very clear which we can understand are the scriptures. If you read Jog's Revelation you can read about it. You will know that the cool breeze is to be expected. If you read Shankaracharya of course I will not say much more because he's the one who has completely exposed the whole thing in the sixth century. This knowledge was a secret knowledge before that because the evolutionary forces had not taken its proper course. It was kept a secret knowledge, a guarded knowledge for very few. Only in the sixth century he started exposing it in Kavida, in Nanaka. All these people came out with full exposition of Kundalini. The greatest work done on Kundalini was in Maharashtra where Nathas, the nine Nathas, the primordial masters they call themselves, worked on it. And also in other places they also came from Punjab. There was a big rapport between Punjab and Maharashtra and they went into the forest, meditated and religiously tried to find out what was Kundalini, what was the force, what was the seed within us, what was the germinating force that is going to give us this. Because one or two were realized whenever they talked about realization, nobody could believe them and could understand that there is a force like that. And they said, oh these people, we are happy with ourselves. Moreover the people who were realized had such bad experiences of all these people like they were beaten up, crucified, they were poisoned. I mean imagine the people. What was there to crucify Christ? I still can't understand. So the very sensible people of this world looked at all these explanations about God and divinities with that kind of a hostile attitude. And there was no way of changing this attitude of this world. And this hostility was expressed even by religious organization. You see anybody who was a realized soul was thrown away from churches, from temples. These Brahmins killed them, they tortured them. The last one that



we had was the Shirdi Sai. And if you see how the Brahmins from Nagar area, from Ahmed Brahman, how they tortured him you'll be surprised. Not only that but they brought a snake charmer with a snake to kill. But he caught hold of the snake and he dropped the snake. Since the snake went away and bit the charmer. Then he was the one who got up and saved the charmer. And he told him, don't do all this. He said, I would not put people, these Brahmins have given me money. So the people who were supposed to be in charge of religion themselves crucified those saints who talked of reality. And that's how reality was completely lighted. Nobody could see it and people were gagged. This was the problem. And that's why somebody had to come and do this to give a mass realization to people. So that it becomes a common knowledge. Everything that is discovered by one person has to become the common knowledge otherwise it has no meaning. Even in the science you see, you find out about electricity. It has a big history behind it, whatever it is. But at a point it has to become a common knowledge. If it is not a common knowledge it will never be accepted and it has no value at all. It has to become a knowledge of every human being otherwise it has no meaning. And the time has come for you to have the actualization and to have the complete knowledge of your being. What you are, what you are going to be, what you could have been, what are the problems around you. So in us is placed the germinating force. We are all built in it. It's like a computer. Absolutely living computer within us is placed through our evolution. One by one, step by step. All these points have been properly put down in our back room, in our brain and in the limbic area here. Absolutely in a possible manner. And only thing that one has to do is to surrender to accept it. But we'll surrender to all kinds of nonsensical things but to the right person our ego will immediately stand up and say. If somebody has two hands it is very easy to surrender. Or if somebody is very cunning very easy to surrender. But where do you surrender? Is to the Divine force, to yourself, to your wisdom. What do you surrender? Is your nonsensical idiotic ego. What do you have to surrender to God? What do you have? Only this non-knowledge which has come to you through ego or sometimes through these possessions which is the super. Now for surrendering people think, how can I surrender? Now you cannot think about it. How should I surrender? Can you work it out on a paper? I will do this,  $X + X = \text{so much}$ . It's very simple. How do you laugh? Do you sit down and make a picture? Now I'm going to laugh my child so I will make a laugh with this much angle and this much angle and the baby there at this angle, look at her with this angle. Then I'll turn left, right and then I'll put the child this side. Do you do like that? You know how to laugh, don't you? It's belting. Surrendering is nothing but is the love of God that is within you. He is within you in your heart. He's there. All the scriptures have said that and none of them are wrong or false. They might have been misinterpreted somewhere, everybody has their tricks you see. Our tantrikas in India, all these who are nowadays gurus, our tantrikas once upon a time in the sixth century, they entered into all kinds of things and the worst thing they entered into are the Vedas themselves you see where they declared that even a thing like Ashwami Yidiyadhya which is a very pure thing is also oriented from sex. Even they said that the God and the Goddess, God and His power are sex relationships. Actually they think human beings are nothing but sex points. They have nothing else in them. Even an amoeba has something more than that. But we accept them. Why? Because we are seekers. We are simple and we are simple. We are born in this world to seek. We have taken our birth specially at this time to seek. We have been seekers all our lives and today we want to seek and how are we going to seek? Wherever we get a chance we hunt to. I know it is hard to understand that you don't have to do anything, just sit right. The boat is moving and it will take you to the other side. You don't have to do anything else. It was going to work out, isn't it? The whole tree has to match. Now the flowers are there, they attract the bees. The bees come at the right time, they blossom at the right time and also the fruits appear at the right time. It has to match. It has to take its whole course and time. The way you are building, the way you are made, it has to complete itself. So the another round starts and that's why this hurrying up has to seem to come. That's all. Nothing more than that. And it is very easy to correct yourself. There's no problem about it. It's very easy because once you have like you know you start seeing everything very very clearly. Because there is no light it becomes so difficult. Have you tried climbing up steps without lights in a new house which you have no way? These times you fall down before you get over one light. But if there is light, whatever type of the house may be, wherever you have been you can just go up there and just like that. In the same way unless and until you have enlightened, unless and until you have realized, unless and until you have that power flowing through you, you cannot understand and you cannot see that how simple it is. And you are so beautifully built in your previous searches that once you get this awakening within you, you start awakening the rest. Immediately and you can start it on somebody else. But you see just now it's such a powerful thing that most of them have got it. So I don't know where I'm going to find it. Just the problem is. Most of them have got it. You see sometimes it happens like that. So who are we going to raise now Mother? Everybody's realizing. You can do something. You can do something. She's got it too. You see that's the problem. That it is so powerful but you'll find that it is setting down again. It has to go back because we have got chakras within us, the centers which are being exhausted. Like I would say now this side is the left side and this is the right side and both sides are the sympathetic nervous system. The right side sympathetic nervous system works for your mental being and for emotional being, mental being

and for your physical being and the left side for your emotional being. In between is the central part, is the parasympathetic. Now the underlying subtle energies that control these two left and right. The left one is controlled by the power which we call as Mahakali's power which is I. Then the rim and the cleave you see. The rim is the central power, Ra. Ra is energy. Rim is the one which gives you evolutionary powers and also sustenance. Like carbon has its own sustenance and like gold has its own sustenance as you have your own sustenance. Everybody has the sustenance through this central power of rim is the power of Mahayana Sahaja Yoga and the right hand side power is the power of Mahasaya Sahaja Yoga. Now you shouldn't get upset with this Sanskrit name. It has nothing to do with any particular community or anything because these were found out by saints who were meditating in India and they knew Sanskrit language. That's why there are Sanskrit names. Moreover these names also. Science you see has developed here but also in India a kind of a science developed and the science that was developed in India was in the science of Kundalini. Is the force of the germinating power, the residual power within us and this science has seen or has actually experimented with the movement of the Kundalini when it moves the sound it makes and these sounds are different on different centers within us which are seven basins but there are eleven otherwise and there are three, how much you think, three hundred and fifty, three hundred and fifty million. So this is the thing, three hundred and fifty million but we deal only with seven at the most with the element, not more than that because it's too much of an idea. Why should you worry? You need not worry. Now you are sitting in this room, it's all right perfectly well. Why should you worry from where this electricity has come and how many drops it must have taken to create this much of electricity. Is it from the water or from the coal or what is the history, who is bothered, you just put on the light and enjoy it? They have done it for you, it's all done. In this also you must take it for granted that it's all done for you and you have every right to have it. So this Kundalini when it passes through all these various chakras it makes a sound and that sound has been taken by those people in the ancient days as the phonetics, phonetics sounds for forming the Sanskrit language. That's why Sanskrit is used for controlling the Kundalini, the movement of the Kundalini and the centers that are within you have got a mark, a landmark of your evolution. For example the leaders who came at different stages of your evolution were actually the incarnations of Divine power and they have left a mark within you and they exist within you at that particular set. So when you say a particular mantra that deity opens up and starts emitting energy but still human being without realization is a limited energy. His deities have limited energies but if he is put in connection with all pervading power through realization then his deities are also emitting. Like if you have a car and you have a limited petrol all right and the petrol shortage is there too then you are put into tension and you do not know what to do. But supposing there is a permanent pipe on your gap of the petrol tank you see which is filling it permanently then you don't have the tension also. You are not bothered what is the exhaustion. Now this exhaustion on all these centers because these are the underlying forces of all the plexuses that we have also. When they get exhausted the plexuses that are acting our body, our mind, our thinking, our emotional activities all of them get exhausted and then we develop diseases of various types physical, mental and physical. So to make these centers awakened is a very important thing even from a day to day lifestyle. Like you must fill them up, you must awaken them so that at least your health is all right, your wealth is all right, your mind is all right and also your emotions are all right. This is the basis. But ultimately what do you get? Ultimately you get that connection which is all the time not only that much like unless and until you get this connected to the mains you cannot work it out. It may be very nicely laid what to do with it. So the first thing is put it to the mains. When you put it to the mains then only you will realize also where is the problem. Otherwise you will not know. But when you get your Self-realization you know your problems, you know yourself. This is the first thing. That is Self-realization. You know your centers, how they are affected, where they are affected, what is the problem there and you get the power to cure them. Of course thoughtless awareness is there, no doubt but plus that. Immediately a person who's Kundalini has crossed Agnya, only Agnya, may not even get realization, can cure others. That's how we have half baked curing people. So mostly then they get possessed and they get spiritualists. Their Kundalini only rises up to Agnya and some spirit comes into them, they become spiritualists. But you people even if it crosses Agnya immediately they start curing. When it crosses Sahastrara, this point, the last point, then you enter into that area or into that subtle awareness which is all-pervading. Just now we came that you are different, she's different, she's different. There's a thread passing through you. If your attention becomes that thread then you can pass into anyone. That's how though you know yourself, you know your problems, everything, you also know others immediately. That is what is the collective consciousness about which Jung also has indicated. So you have to expect collective consciousness. That is an actualization. That is that your consciousness, your awareness gets that dimension in actual form that you become that. To explain it I will tell you. Like animals walking through dirt and fields, they never feel any dirt or fields. They cannot see beauty. But who's that? We cannot walk through dirt or fields. Our awareness is very different from that of man's. In the same way when you become this then your awareness becomes so beautiful that you start feeling the same. You start feeling the wrong. I don't have to tell you, you may not just do it. I don't have to tell you, automatically

you started feeling what is good for you and what is bad for you. Say our person has not come. I never tell, don't cry, like a Muslim. No, I don't. Got it. You go ahead, have cancer, have a little nicely then come to Me. Have your liver absolutely shattered. Be a drunken fellow then you come to Me. All right, doesn't matter. Then I realize it should take place. Immediately the priorities change also. Absolutely. You'll be amazed, I've seen people who have been terrible drunkards, you see. They said, Mother we can't clean. I said, what happens? We want it. Same thing happened with Trista. He started vomiting. And he couldn't take, you see. I never told him. You just enjoy something else because if you get the nectar of life then you don't run after fingers. Useless things. Your dignity becomes different, you become different, it's entirely different. Your sense of enjoyment is so different. You become really beautiful flowers and the fragrance people can see from a distance, even from a telephone. It's so dynamic and that is what it should happen to you. For that what should you do? People say, Mother what should we do? Nothing, just ask. You have to ask. You have to knock like that. Absolutely. Even if you do not knock your Mother is going to knock at you. She's very persuasive. She will come to your house, make you comfortable, massage your body, massage your head, massage your back, work on you and she'll see to you that she takes you out. She has too much patience. And you'll be amazed that if I'm tired I feel better when I bring you to that. Like this Patricia came once, she said, Mother you do so much for us, you do so much and let me, I must do something for you. She said, What can you do? She said, I'm very good at massaging the feet. I said, I'm not good. She was massaging My feet and her feet were massaged. And she couldn't understand this. And she was feeling relaxed, she was massaging My feet. I said, What's happening? She said, It's not surprising. I'm getting relaxed while I'm massaging your feet. So that's what she said. But you must know that you cannot give me to you. I'm here to take you and you are going to take me. That's your right to take me and you'll have it. It's your own. It's like a mother who loves you such a lot and she has such a lot of properties. Everything is your own. Just take it, just have it. You see the greatest pride for any mother should be when she sees her children cry on her body. And then they achieve their own power and render it to other souls and they become the joyous, happy, blissful children. That's the way I see My dreams and I'm sure the time has come that it's yours. I'm sure. I had to come to London and they have lots of Sahaja Yogis in there. India is a place, it's full of food vibrations no doubt because we have had great things coming to Me, when Christ was there. But it's like when you have the teeth you don't have food to eat and when you have food to eat you don't have teeth. Like that is the situation. While here you are the saints are born in this country and you are misguided. And there we have people who are not seeing and they have the vibrations. This is the real environment of Sahaja Yoga. They think you know, so many of them think that you people are seeking because you are upset with too much of machine oriented you see, that's all. They think it's more, you're seeking is more like a remedy for ills that you have got in you. They do not think that you are seeking something so deep and that there is a seeking of love. They do not understand. But in India also I must say Sahaja Yoga has clicked very fast and once the fire has started on you, it's very fast you see. And how it's out, it works, it's so interesting, it's so interesting that you at least feel it, you know. Like in Delhi we had a program of opening this book, releasing this book for the first time and they said, I see now this will be too much for Me, how will I manage? You see I have never done that sort of a thing. They said, no, no Mother, you have to just give a lecture, that's all. You think it's Sahaja Yoga program and then we look after the rest of it. So the President of India, you see, was somehow cured by Me and all that and so they wrote to the President of India, he must have done. Luckily he never turned out, that's a good idea. So they said, Mother we can't get him, so why not you become the President and I said, if you think I'm all right, I don't mind becoming the President. And the whole press was there, all the members of parliaments, everybody very critical and all of them came, can you imagine? We had taken the, they were taking a hall for two hundred people, I said, no, no, I have to stay for eight hundred. So it's a village fell up, I said, you just stay for eight hundred people. And they, all these people came, I don't know with what ideas they gave them but there was no place even on the, in the passages, to move diversity in the passages. And I said, look at this, new phrase coming out and I said some things which I've never said before. I have used lot of tact in this life of mine because people don't want to hear anybody. Like Christ, what did He say that I am the light, I am the heart, which He is. This is not egoistical, is it? You think so? I mean if you are something, now if I am nirvana, I should say I am nirvana. Is it egoistical? Like Krishna has said, Sarva dharmaram karita, ya mame kamsa dharmam. You have all these dharmas, all these like religions, He doesn't mean the religion within, but what He's saying, there are all sorts of sustainers that you have observed. Just come to be surrendered and so that you go beyond all these sustainers. Was He egoistical? But He was very tactful, He didn't tell the masas, He told only to ajna. Nobody else but somebody who had an eye and ear to hear that, heard it and looked it out. But Krishna never told it to the masas, no. Christ did that and what did He do to him? He didn't do any harm, did He? Just what this sentence? So I will extremely tackle it. I am very elusive by Me, children. So don't be taken up by My words of doubt. That's one. I'm elusive, that's the only way I can approach you. People have tried all sorts of things like Krishna's, you can say diplomacy, then Christ sacrifices, now My is the style of elusive things. Because if I were not, I would not come to Me. First of all I must appear just like Him. Which I do not so

much sometimes but most of the time I do. And I should be thinking just like Him. Absolutely and you will never know. In your hearts of hearts you will never know. But the illusion will be all the time maintaining so that you receive it fully, completely and you master it without feeling any awe about Me. You have to be absolutely free, absolutely free. And I assure you all the protection will be there. Now Me. Now the parts of life the way you can manifest your powers. I hope this great country, India, which I have said again and again is the heart of the universe. You must understand heart has to stand up for reality and has to find out the standards so that you prepare for the advent of the last terrible one who is going to come with his eleven destructive hours and just going to sort it out. There is no persuasion, no realization, no knowledge, nothing, just sort it out. Before that you have to save all your friends, save all the people and salvage them. And you are the warriors, you are the people who are going to do it. I'm just in the background, I don't know how you do it. I talk that's all. Now you can get your second style. You can see for yourself what are the centers and how they are represented on your feet. When you are realized you can start feeling it. For example these children had cold you see so I started feeling burden on the right hand feel it. Not that I feel but you would start feeling also with the cold the children had and it's working out. This is the center of Vishwamigam and when there is cold you feel it and the right hand is the physical as I said. On the left hand it is then the person feels guilty. Mostly he may be a Catholic. It's very interesting you know to find out about people and you are amazed when you discover it. Like Gavin you know one day he was worried about his father that he got the electric vehicle. Why do you worry just see the vibrations you see. This is telecommunication absolutely. So he said Mother I am getting heat here. I said that's your father's. He said this is all father this is your mother. I said all right. So he's got something wrong with his problems. Must be bronchitis or something. So he brings up home and the mother says that you see father has had very bad bronchitis starting problem. He saw even Nixon going into problems you see. He could see him long time back before it happened you see. A person may appear to be very great, a very big saint. Just put your hands lastly. You will know what sort of a fellow he is. Your vibrations will immediately stop or you will get tingling sometimes burning sometimes you will miss this. It's that bad. You yourself you are the instrument. You are the one who right knows it. You are the one who cures it. This is the power of self-realization. Is there any question? Yes. I've got thousands of questions I want to ask. I've got thousands but what you're talking about Peter and David told me this about your own self. What is the relationship between the self-realization that you are able to give almost immediately and enlightenment in the sense of being free from the wheel of karma. Do you see what I mean? Enlightenment what? Well in the sense of being free from the wheel of karma. Do you see what I mean? Immediate. Immediately. What is karma? This is also a theory you must understand what is karma. Karma who does the karma is your ego. What karma's do you do? Nothing. Is your ego that gives you the sense that you are dead. You don't do anything whatsoever I can tell you. Is the ego within you which does it. Now the ego is here like this you see rises from the right goes like that and super egos like this. When the Kundalini rises both are sucked up and your attention is above the ego. When you laugh at it, oh Mr. Napoon and how do you do sir. The karma's are dissolved because you have no ego. It's like this very simple. Is say when the sun is on the side you can see your shadow. All right? But when it comes on your head the shadow disappears in you. But one is sort of when you really, well in the Eastern scriptures because you know the Western scriptures they have reincarnation. One is sort of led to believe that this is something that takes a long time. That's how they must do it. You see all of them are like that thugs. So what they have to believe they have to make you believe into something. You see otherwise how are they going to say why you don't get it. Is that your karma's? Then why are you there? You see what I would say that what are you doing there collecting our money? Simple question. You see if it is our karma's by which we are suffering you are the one who are cleansing. There's one very wonderful one in Bias. He said I take only one upon hundred and something of your karma's. I said why this mathematics? Why not the whole of it? And then he says you see for the rest of it you have to work hard. And what is working hard is service. What is service? Big big trunks you see and there's a big piggy banks you see. Bigs like that and the piggy banks is the service. And people from all over the world come there for that service and they are cleansing. You see there'll be fooling of it. I want to also put it another way around that you said earlier something about we come to you as it were for some reason. Is it that in the past we have done something to show the merit coming to you? Is it like that? Because it seems it's always too easy you know to see what I mean. It's difficult. Now I tell you one thing very simple is. See your breathing is so easy isn't it? Did you consult any book or did you find out about karma's? Because it is so important for you. In the same way your evolution is very important. If you are not evolved the creation will have no meaning. It has to be the simplest of all. Sahaja. Spontaneous. How can it be difficult just think of it? It has to be the easiest. But I'm not going to let people off lightly I'm sorry. The thing is I've always felt that if my life is difficult it's because I've done things wrong in the past which have made it like that. You see now. It seems unlikely that my life is suddenly going to change. This is an old trick they have tried with everyone. Like your priest telling you come and confess something. Now those who have not done anything what are they going to confess? So then why not something? One must have done something otherwise I have to face the priest what

about telling? Then ultimately the priest lands up in the lunatic asylum also. You go and tell him I confess I confess all nonsense. It's like in India you see we had a priest coming to our village you see and he started teaching them about Christianity. When he was going the head of the village you see didn't know how to thank me. He said, sir we are thankful to you for visiting our village. You have really enlightened us because we did not know what was said now we know what is said. It's like that you see for this enlightenment only in modern times you have to pray. It's so simple. They have done the difficult work Christ has done it all. What sense can you commit myself which is greater than the love of God? Tell me why. The thing is that if things do go a bit wrong for once. If things do tend to go a bit wrong. If one can somehow say well it must be my fault in the past then you don't feel bad towards anyone else. Whereas if you feel that you are blameless and things still go wrong you tend to blame other people at least you see what I mean. Is he? It's better to get yourself into a situation where you are in the wrong way. You see we are like this either we destroy others or destroy ourselves. Must we do that? We need not destroy others and destroy ourselves also. We are neither guilty nor we are putting guilt on others. Can't we be in between I mean can't we be sensitive. We are just an agent. It's just we are destroying ourselves by feeling guilty. We are destroying ourselves by that. You see it's a self destruction you see actually this ego oriented society came up to a point that when ego became too much ego. So just to counteract it you see you started with a super ego. And super ego is that just oh you are egoistic and you are no good and you are so horrid. You will be responsible for Vietnam for ED I mean for all the that Bokatha. Everybody will identify with and you will feel guilty. Why you are a beautiful person? Either you will feel proud of it and egoistical or you will feel guilty about it. Now what am I to do? You just think of Me as you. It's a funny situation and it is not true. It's not true. You are neither guilty of anything nor you are to be wrong because whatever is, is that. And there is no guilt which God cannot give you. Because you are very sweet people. That's why you are guilty. But then one comes back to the old question of you know why did God create a world which has suffering in it. I mean this is a sort of classical question. All right, all right. I'm going to answer this one. The classical one. Also I can answer this very simply. Why did you have a child? In the same way God has his own child. His creation. This feeling to have a child has come to us from God itself. As we want to have child, he wanted to have a child. He wanted it to grow, mature fully and then he wanted to grow with all his powers to that child who enjoyed and see for himself. This was just a play of God. His will, his we can say his pattern of feeling that he wanted to express that he created you so beautifully and then he created the whole universe. Everything so beautiful for you to know the beauty of him. So now has come the moment of maturity. Is that why it is so easy to get that? Yes, yes. This is the time of blossom time. Yes, of course. Like you see you can have only one or two flowers. All right? The beginning of the tree. It's very difficult to protect the tree and all that was done. Now it's all come up. The blossom time has come. And at the blossom time you do not have to bother, you have to become a fruit. That's all. You have to become the happy. How do you know that this is the time of the fruit? Because it's happening. How do you know it's the fruit time because there are fruits? You can see the fruits. You should also see those who have become fruits, how they are fruits. And you become the fruit and see for yourself how you become the fruit of God. You can see thousands of them. You can come with Me sometimes to see in the villages. Thousands of them experience feeling the cool breeze. But feeling the cool breeze gradually has to be understood and to be practiced and seen for yourself and mentally to be accepted for Western mind, not for an Eastern mind because we know cool breeze means that. They are not to be told but for a Western mind. You have to see for yourself what it does, how it works, how it clears out, how it is, what it is, how it is. So I would say that you get your realization very fast because of your past. But you settle back again, unsaddened, because of your present. In India you cannot get realization very fast because I think they must have been the ones who must have been in England not and not, who must have seemed to bless them, those who are born in India now, who are trying to rule and develop our country to a new Western world, you see. So, and you have the real idea but the present has been quite dangerous. That's why the problem is there. So it settles back, but it doesn't matter. With many it does not also. I'm just telling you for precaution because what happens among ten people, the one who is supposed to be the most dominant, he settles down first. Being dominant dominates others and they also settle down again. You see because the people who are very dominant by nature always has certain feelings on others. So the one whose Kundalini goes down is the one who is really dominating, might be possessed or might be something wrong there, maybe any sort of person, but that person will dominate others and the others will take lessons from that. It's human nature, you know, it's very funny how they go to lunatics for training, same people going to lunatics. What do you say to that person? I would like to ask certain questions also. Do you want me? How do you do certain things? You can't understand, you know. I just can't understand. You see a man going to the park, coming out, falling down, getting hurt, you go into the same ditch. How do you do it? So many things, you know, I would like to ask sometimes to human beings, but by the time I ask you become realized, so I cannot ask you because you are different. It works so fast and because it works fast, are you going to deny it? It's all promised, all promised in all the scriptures promised. If I say now I have a diamond with Me here, specially to Indians, will you say that how can it be that simple? You will say better have

it, isn't it? Indians I would say are very good. You see, you know, the techniques that we've been doing, we've been told that it's so difficult to get there, that there's so many working, there's so many things that have got to do. No, the trouble is the techniques... I'm sorry. I will tell you, the techniques they will tell you are difficult, otherwise that's the way they exist. But in fact we were told the techniques were easy, but in fact all the time there's problems. That's even more contorted. This is what led us to think of ourselves as one and others. I am saying how they fooled you completely, that's all it is, simple, in simple words, absolutely, very simple. It is terrible. Thank God you have come to this point to listen to Me at least, otherwise you would have beat Me for saying this. You see, the techniques that are telling you has no meaning, nothing. You read ordinary immediately, it is said. Now Shankaracharya himself said, no, yoga, na, sankhi, na, by any method you cannot get it, only through the Mother's grace you are going to get it. And in his last book, he wrote all this vivekachuramani, this, that and all these duties he gave and in the end he just praised the Mother. That's all. Shankaracharya is nothing but the praise of the Mother. Of course he was very clever. Every stanza has a mantra in it. But he just praised the Mother and people asked him, what's this? Such an intelligent man like this, he's just praising the Mother, he says, that's sufficient. That's the praise he does too. But if there's any moment of praise with God, you would think that if you're saying that TM questions of the wrong road, then somebody in TM would be fairly justified or feel fairly justified and say that you're also the wrong road. So how does one know? Yes, that's it. You see, now you should judge it by certain things, you see, what is the wrong road and what is the right road. I told you the whole lecture was about it, isn't it? I told you how to find out. Did he give you your own power? First question. Did you get your own power? Means, did you have any powers flowing through you? No idea at all. Then can you make out what's wrong with him in collective consciousness? I know that I had no power before I did TM. As a child I had much more power than I have now. That's it. That's it. But apart from that, today when you get your realization, you will know what's wrong with him, what's wrong with him, what's wrong with him. You can cure it, improve it. You can see with your naked eyes the Kundalini about which people have talked pulsating in your presence, yes, you can see it, I can show you normally also, with your own eyes. Did he do that? Only thing he did was counting your money. But his nephew was managed to polish off most of it. One has to understand that this power has to manifest through you. You must have your own powers. Why do you worry? He might be a great powerful person, all right, so what? Who are you? You do not even get the know-how of the whole thing. Imagine. You don't know what he's talking about, what are these mantras. Just go and ask anyone, any one of these Sanskrit scholars, if you want I can supply this. If these mantras are even Sanskrit. I'll give you an example of this. You know there's a very tremendous difference between a learnt Indian who's a Sanskrit and a person who's not. We have here one scholar, Tharudwaja, who's asked, he's not realized so well, is he? But he knows about Me and he knows that. Naturally if he knows about Me and if he's asked a scholar he knows about it. So what I say is written there and that's what I do. And these people wanted to call him for a wedding, they want to have internationals. So they told her that Mataji will have his Me into this culture and it's all right. He said, what an occasion for Me to see her in person. He did not even tell you the meaning of all these mantras, he did not tell you the know-how of it, he did not tell you how to move, nothing of the kind and you think he's greater than you. Why? You do not know anything about yourself, you do not know anything about anybody else. What have you got out of him all these years? Q. You have too. A. It was clear to you, you see. Q. He says he's got you out of it. A. I feel we have, is it not true that one has to just keep searching and keep searching? Q. That's guru shopping? A. Just keep looking, you don't just give up. You see, this is another problem with the Western people, it's very bad. You see, Charlie Chaplin, have you seen him, he used to fix those nuts on that, modern times, did you see that? And he was on and on with nuts like that and when he was even released from the work he would be going on. He would forget that now the release has come, it's something else. The guru shopping is still on. Till they finish the last pie of their purse, till they have exhausted them completely, till they receive all the curses of these gurus with multiple sclerosis and all that, they go on and on. Still Mother is waiting for you, whenever you will come, go off to the place. But why waste your time? For what? Have you got too much money? Mentally you cannot understand, you cannot. Don't try to rationalize, don't try to rationalize. With that horrible fellow he did not rationalize, why didn't you ask what is he doing? You couldn't ask that question to him. Now see the difference. Why? I respect you for this, that you are free, you can ask the questions. You have to be free to be completely liberated. You accepted him, I don't know how. He didn't even tell you why he was doing like this. You the intelligent, the infectious, never questioned. Why didn't you say that how do you say you are the one who's giving us the right? Did you ask him the question like this, My child? You should have, how much money did you pay him? The difference between that and this is that with that I was learning a technique. What is it? Learning a technique. A TM technique which I thought was to do with relaxation. I wasn't looking for spiritual guidance and I also wasn't looking for any kind of deity or figure of worship and I never had that right back then. You see, it's all right, you may not look out for anyone or anything. You wanted to have relaxation. You cannot have relaxation at all. You cannot by any other method. You have to accept yourself, you have to know yourself otherwise you can never be relaxed. It's

a simple thing. As I said if your petrol is going to finish all the time, you are going to be tensed up. Unless and until you are realized you cannot be relaxed. That's the time when you are realized. That's the time your ego merges. But it's relative relaxation, it's opposed to absolute relaxation. What I was seeking. No, but you see this is not a shock. In seeking there is not a shock on that you give Me five percent, you see. I want meat only half lakh. You can't do like that, you get it in the mind. But you have to ask for it. If you say, I was not seeking. Who are you? See a question comes to Me. Ask yourself, who am I? Why did I say so? That I was not seeking. Who was I? Was I a person who had lent money to somebody that I was asking for it? See the attitude you see of an intellectual is like that. You must ask questions to yourself. Who are we? We are asking. I am seeking this. Now on what premises you are seeking? I'll tell you that. You go to a shop, all right, it's a little. But when you are seeking, on what right are you seeking? What has given you right to seek? I'll ask this. Only that you have some money, is it? I mean, I began seeking because I was about two years old. I just knew I wanted it. You are different. You are different. But I am talking about her question. You are different, it's correct. I am asking her. That if you say that I was not seeking this, I was seeking this. Was there a mark at all? That's just a question of awareness and not your seekers missing. Yes, it's a question of. But still supposing something is missing. Now I would say that you do not have Buckingham Palace. Say for example, that's missing. Can you ask for it? No, how can you? You have no right. Just see my point. Did you follow the point? It's a very subtle point. You see the point? When you are seeking, I am seeking this much of that, on what grounds? Let's see. On what grounds are you seeking? What right have you got to seek anymore? What is your basis? Let's see that. You see we go to the bank, all right, I want five hundred pounds. If you do not have any account, then they say get out. If you have an account, then you can do an answer. Now do you have any account for seeking? What accounts do you have? If that's the point, you reach a point where you say, I don't know. That's the only answer you can get. So I would say that you are seeking not because you think you are seeking, but seeking is embedded in you. It is in you. You did not ask for human life. From amoeba you have become a human being without asking. And you have been made to have. You have freedom to ask for it. And when you ask for it, because you are a human being you have the freedom and you have a right to ask for it. That's the only right you have got, to ask. Why? Why you have to ask for it? Why you have a right to ask is this because God is not going to fall at your feet and say that take your realization. No, you have to ask for it. It's not right. But it's not. This is the point you follow? He's not going to fall at your feet and say that my child asks for realization. We'll show. We'll put you into such a curse, such wonderful things that you get out of it. To get this gift is a privilege. Do you know that? It's a privilege to be self-realized. You do not adorn God, God adorns you. But if you accept the reality you become greater. But reality doesn't become greater. This is all ego idea, you see. I seek reality. As if you are obliging the reality, are you? The reality cannot be obliged. You are going to be obliged. This is only possible for the guru to take money from you and you can say that only give five rupees worth of statement but I don't have any money. You follow? And when you come to this point of understanding that how his ego plays tricks with you even you think and they have used it. Do you know that? They have used your ego. They have pappered it by saying that you can pay for it. If you know I can purchase the root. They have paid on the American ego much more than that of English. And that's why they are still there. I have a difficult to bring them out. They said, no Mother, we paid for it. I said, go ahead, youngies, go ahead. That's what you can say. One of the gurus has become a youngie now, you know. He dresses up like that and only he have had fifty three carriages. He wanted to buy one ship which of course the English thought was too much. They were sent out to America. No, no, he had not canned us but he had rose for us from English people gift to the guru. Now don't play into the tricks of your ego. Try to understand it's a privilege if you can get Self-realized. They have always denied all the incarnations, all ego-oriented people. That's the sign. When Christ came they denied Him. When Krishna came they denied Him. When Rama came they denied Him. And they kept up their ego saying that some incarnation is going to come later on. Then He is going to hang all of them to the island. That's what He is going to do. That's the one He is going to come last but not the least. Try to understand. It's a gift to you. Take it with gratitude. It's the beauty of God what you have to know. Just talking about it or thinking about it or being mad about it or doing any sort of a funny gesture about it. You cannot get it. There's no technique, nothing. God has made all the technique. Out of His technique? All your techniques are really? No, no, no, no. It's my balance. It's only my balance. Absolutely. To have people. Now it's their turn. Yes, they are from, they are from Wellington. All right, all right, I'm going to be here because she is going to be bothered about lunch. I'm not, I'm not bothered. You get Maria. See Maria. What a sweet child she is. See, look at her. She is so beautiful. Took no time for her to be realized and to reach her name. She's giving realization to people. What a satisfying life she had. She's so beautiful, so beautiful. Such beautiful children. Expose your beauty. Know about it. Enjoy it. Why do you want to end up your life like this? Because maybe there's some condition in mind. Somebody has taught you like Hindus, you see, you get some ideas in their childhood, they'll go on with it. Some, there was a lady, she used to pick her hair like that. I said, why you have to do this? She said, my grandmother told me that if you pick your hair like that, then you'll go to Swetha. I said, now when did your mother,

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I don't know how to tell you because it's too much, that's too much you have done. Every Sahaja Yogi should feel that way involved as Yogi feels. I think the amount of involvement he's shown in Sahaja Yoga in such a short time is very remarkable, is extremely remarkable. And a person who has been to all kinds of gurus, all kinds of ransoms because of his seeking has come out of it so fast, has got into Sahaja Yoga, has grown so fast it's rather remarkable, it's a very remarkable thing and I think it comes from previous life. This is the previous life Sanchita has seen. People are coming to Sahaja Yoga, days together, they don't focus, they don't get involved to that extent, very surprised. So I think it is his Pumba Sanchita as they call it in the previous life. May all of you also use all that is past and today you can all achieve this kind of involvement with that. Full faith that you are standing for the truth, a truth which is so essential today for the emancipation of humanity. You are doing such a tremendous task and you cannot do it half way. You have to go full ahead with it and I must really say that he could be an ideal for many of you. He could be a good idea, he meditates, he's going deeper as well as he's working it out, outside. So let's give him a hand. May God bless him and his family and all his members and Mother Earth, people in his family, all of them should be blessed for this kind of service.

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You. Thank you. Thank you. Thank you. problem. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Jonathan. Thank you, sir. Thank you, sir. The people of the city are here to help you. You are here to help your brother. Thank you, sir. Thank you, sir. Thank you, brother. Of course, no. Just one? It's also a mark, please. Yes, you, the table you want, you have to take. That's the real one. That's the real one. This is the part one b. Which I tell you, my brother. Yes, please. I promise. I promise. The one who has a gesture, you are all. What is the part? Hasta raja. Hasta raja. Hasta raja. What is the part? What is the part? Sayat, at the rule of the part of the table. The part of the table is coming up. Tell your father. Do s'il vuat. Do s'il vuat. Su qu'il vie en ce t'es un satir sur le ronde de clair moi l'un d'un d'un d'un. I'm not quite sure. I'm not quite sure. This is the part one b. Do s'il vuat. The one who has a gesture, you are all. You are all. You are all. The one who has a gesture, you are all. I'm not quite sure. I'm not quite sure. It's the part one b. What is the part? The part of the table is coming up. The one who has a gesture, you are all. You are all. I'm not quite sure. I'm not quite sure. Do s'il vuat. Do s'il vuat. Do s'il vuat. Do s'il vuat. Why? Because s'il vuat. Do s'il vuat. Why? Because s'il vuat. Why? Because there is a bread-and- moved day. Up tea, please. Over there. I'm following you. ICKFLY have a come Trick you guys My name is Panama and we are fighters You wait for more years as we move to base. Come on, come on, come on. Come on, come on. Thank you. Thank you for your support. I am very grateful to all the people who have supported me. Thank you for all the support. Thank you for your support. I am very grateful to all the people who have supported me. Thank you for your support. Thank you, sister. Thank you, thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you, sister. Thank you. Thank you, sister. Mataji namcha, I am going to ask my sister to come to my room and meet with me. Thank you, sister. Thank you, sister. Thank you. Thank you. Thank you, sister. Please come here to come. Thank you, sister. Thank you. Thank you. Thank you, thank you. Thank you, brother. Thank you. Thank you. Thank you. This is Gondolich. I mean, I'm bitches over there. You're a bitches over there? This one? This one. This is the real one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one. This one's there. Thank you. Thank you. This one's there. Please, try this one. Thank you. Thank you Yes. Thank you. Thank you. Daddy, thank you. Hello. Do you have a TV? No, I don't. ing to link to one hit through Different upon me, I don't apologize, but I'd rather miss you. Grandma. Do you recognize me? very much ahead. Mata jinja sangye, mule bhi gada li. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Mata jinja sangye, raga bhi gada li. Mata jinja sangye, raga bhi gada li. Raga bhi gada li, aloora gazala. Hey, ami bhi gada lokum, bhi bhi gada lakum. Ami bhi gada lokum, bhi bhi gada lakum. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mule bhi gada li, chaitanya tanali. Mule bhi gada li, chaitanya tanali. Ami bhi gada lokum, bhi bhi gada lakum. Ami bhi gada lokum, bhi bhi gada lakum. Mata jinja sangye, mule bhi gada li. Mata jinja sangye, mule bhi gada li. Mihi bhi gada li, maha ya, gi dalo. Mihi bhi gada li, maha ya, gi dalo. Ami bhi gada lokum, bhi bhi gada lakum. Ami bhi gada li, gi dalo. Mata jinja sangye mule bhi kadali Mata jinja sangye mule bhi kadali Mule bhi kadali cha janya tanali Mule bhi kadali cha janya tanali Mata jinja sangye dharmabhika dala Mata jinja sangye dharmabhika dala Dharmabhika dala vishwadar mala Dharmabhika dala vishwadar mala Hey! Mame bhi kadala tummibhi kadala Mame bhi kadala tummibhi kadala Mata jinja sangye mule bhi kadali Mata jinja sangye mule bhi kadali Mule bhi kadali cha janya tanali Mule bhi kadali cha janya tanali Mame bhi kadala tummibhi kadala Mame bhi kadala tummibhi kadala Mata jinja sangye janya bhi kadali Mata jinja sangye janya bhi kadali Janya bhi kadali nirmala shizali Janya bhi kadali nirmala shizali Mame bhi kadala tummibhi kadala Mame bhi kadala tummibhi kadala Mata jinja sangye mule bhi kadali Mata jinja sangye mule bhi kadali Mame bhi kadali cha janya tanali Mame bhi kadali cha janya tanali Mame bhi kadala tummibhi kadala Mata jinja sangye mule bhi kadali Mame bhi kadali cha janya tanali Mame bhi kadali cha janya tanali Mame bhi kadali cha janya tanali Mame bhi kadali cha janya tanali Amoeba gada lo kumibigadana Amoeba gada lo kumibigadana Amoeba gada lo kumibigadana Your mother is giving, mother everyone Am che paune kala kar yani Ami bhi gadlo tumibigadana Kya aagdi sanglaya tarana gaon amala dakola Amala sudah atinta anand zala Tanchaagara sudah kala Tanya atinta manamoklay pana na Agdi gaon dakola abad dal Mitan se manapurva swagat karun Abhari mantoten amala darik kera abad dar Ami bhi gada lo tumibigadana Mata jinch sangay Asheta ritte gaana che bolo te Amala te gaana tudasa Amala tinta abad lu Nontena paratek dar dhanewa deto Anek teni jaya gaana mandlathar par Bara vila asheta ritche viranti Mitanak kar toh Aure One more song Yeah, more one Okay Raghubati raga Hige Raghubati raga Raghyara This one Next Raghubati raga Next Raghyara Ami Yes, upas Ah Oh You like this one? Hello Ah Ami mata jinch Tera

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That's a very big magazine that goes to seekers. Take some shots and ask you a few questions at the same time. But they are going to come before? Yes, before the program. I told them to come at six. What is it? All that's available for the program? This is the whole thing. This is the whole thing. You think that the program can last? You have to find the other way. VodahaArcha. plane France Vodwind sal forestry I will make this for you. We can just say, andhas. Andhas is a nap. You see, the, what will you say, Warren, to add something like that? That, you see, that's the, I know the proportions, bandhas through My doing, you see, practice, practice, andhas. Huh? Instinct. By instinct, instinct the approximation. It's much, yes, it's a approximation by instinct, approximation by instinct. You intuitively do it? Ah, intuitively, yeah. Tuition, tuition. So, what is happening? What is it? I said keep the legs of the tripod's blade, so he opened his legs. So much identified. The tripod. It's interesting, isn't it? There should be. No. Knowledge, you can do it already. Is that clear to you? Oh, yes, very great. They should tell the story of the ghost on the all right now. They will do it like a spider, but it was wikk mad. Because he was a trickster. Front of house people sitting down. Everyone has good time inside. I don't think we could have done this outside, isn't it, Warren? That's good here, Mother. Yes, but you're comfortable. Then we would have done all these, taken there, but light, without the light, is so difficult. Then we would have done all these, taken there, but light, without the light, is so difficult. How do you like it? They want to know. I hope they have washed the meat all right, please. What's this going on here? Big filming? It's a whole production Shri Mataji. I think it's how to be portable when you haven't got a portable. It's how to be portable when you haven't got a portable, He said. This will be more better. Real mixture, doesn't it? You have got butter with you? Butter has happened. You have got butter with you? You have got butter with

you? Just say the smell. Where is he gone? It's getting better by the way. It won't be hot but it must have that fragrance otherwise. He's having one after. Better to take this than to take this water. It doesn't change the first part. It could have been very difficult outside. You see this looks like a big, what you call, something but it's not, it's very simple you know. Very simple it is. But now for 140 people naturally it's anything even if you make two large. It looks like that. This one is a very traditional dish called Akhnipulao, Akhni. Akhni means soup, you can say soup but it's juice. Akhni is juice. So you take out the juice of the mutton and then you make the rice boil in that. The beauty of this thing is that the rice looks absolutely white. You don't see that as much anything but when you eat it, that's the secret of it. Yes, thank you. Pani aslati dalakalu chisatastu te. Imagine musical soy pak. So this is the thing is that pulao is the one that is cooked rice, rice cooked in ghee, with ghee is pulao. But this is Akhnipulao. We have different, different types of pulao. This is one of them. This is Mother's style. This is something looks very simple but it's very tasty. I think one of the tastiest pulao you could think of. In Greece they make the same thing and it's called pilao. Pilao, yes, but same style? Pilao, yes, yes, but they have different style. They fry the rice first, you see, and then they make it. While we do that also but that's very heavy. This is very light and you can eat more than any other pilao. This is the pilao. This is the pilao. This is the pilao. Little flavor of that and I mean if you want to eat it with that you can try. Mother, it's wonderful having all our Indian brothers and sisters here. What is the last one? You should take it out. What I'm saying is you shouldn't eat it. Just it will be there. You should take it out. What I'm saying is you shouldn't eat it but if you like you can try because Indians would eat. I said in one kilo of rice only two of these cut like this then if you don't eat then what will you eat? He says this I can eat with my teal just like that. It should be covered I think. The whole masala will go up. The smell goes out. For Indian cooking smell is very important. Not so much of a show. I mean we'll not have so much show, you see. We are more particular on smell and taste and less on the show. You don't waste any energy on the show. Isn't it a fact? Don't you think so? You don't bother. No dressing up, nothing. Just put everything as it is whatever is natural way. You eat it like that. Can you eat this? We do eat. I mean we like it that way. Not bad. It will be very good stuff. Actually it will be cooked with the thing. Can I have my chappals I brought mine? I'd like to see if they are under these over there. No not you mother. We'll look. Go around the other end. You brought another one. We had one in Nashik. Remember we had the diesel. Isn't it? Very good idea. I tell you. You can cook much faster. Yes please. Thank you. You got this. Thank you. Thank you. That's the greens over there. Thank you. Thank you. I've got to adjust the focus all the time. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. The camera is pointing. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Near the coffee there is not a pot. Near the water where we make the tea. I saw you have pot here. Give it a little rinse out please. I'll give you one more pot. One more pot like this. One more pot like this. Take one more pot like this. One more pot like this. One more pot like this. One more pot like this. That's the problem. Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Lotus. Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? Nothing? drop? Still drop? Still drop? Still drop? Still drop? Still drop? I thought you have put it. It's all right. Flip it down. Flip it down. Flip it down. Glute shape. You have to just turn it round. Take another one also there. Just move it slowly. Yes, the other one towards yourself. Move it to the left. Left, left side. Slowly, slowly. Just a minute, very hard. You put it this side. Move this side. Yes, slowly, slowly. That side. Still the balance is not alright I think. So, you have to balance. You have to balance it. T-cap. On both the sides. T-cap. No, no, no. This side. This side. Yes, yes, yes. You have to do it slowly. Only one time. Only one time. Only one time. You have to do it slowly. Only one time. Only one time. Only one time. No, no, no. Don't do it slowly. You have to do it slowly. HHHHHH Ok. You know. Only one like this is tedious. You said one area is easier. Same on this side. What is there? You are not able to see? No, it's ready, the food is ready now, 8 o'clock. Michael, have you got something to dress the plate on which you'll serve as the mother? Yes, what mother we have? We will fill it up after the wedding. Easy. Will you do something more I'm not sure I missed the track, but I got two inches. I'm going to move the table back now. I'm going to show this whole setup. I'm going to move the table back now. I'm going to move the table back now. I'm going to move the table back now.

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60594 Talk1

poet and a great realized soul called Namadeva. He was a tailor, but in the Kingdom of God he was a prince. And he met another prince who was a potter and his name was Gora Kumbhar. Kumbhar means a potter. So how they recognized each other, what love they felt for each other. They were from two different places. In the same way when Sahaja Yogis meet each other from any places whatsoever, they just feel that love, that oneness, that goodness, that belonging. And as they were great poets, they

describe it that I came to see here the formless God and here I see him in the form. Nirguna is the formless and the saguna is the form. The beautifully put everything so well, it's very touching and gives Me a great hope that whether you are from India or from England or from America or any other country, you are all born of one Mother and you are realized souls of a very high degree. The sign of a very good high soul is that he recognizes the divinity in another person and enjoys that, worships it and loves it. Same way Shri Namdev met Nanaka, he went to Punjab and his poems are written by Shri Nanaka in his great book called Granthasa. So how he respected this gentleman from Maharashtra and he was in Punjab. So the distance does not matter. What matters is the oneness in your spirit. That time there was no Mother to tell them, no one to guide them. They were all alone in different places but whenever they had a chance to meet they would travel for miles together to see each other and enjoy each other's company. I see that vision now among you all, so thank you very much. It's a very beautiful song, I wish you had known Marathi language. It's not too easy to translate the whole thing.

#### 60594 Talk2

Yoga, that's why it's called Ambe means the Kundalini and Shri Mataji. When they say Uday Uday that means, O Mother, get awakened. As you see, this is the folklore, the folklore they used to see that O Mother, please be awakened and let Me have the yoga. That's called in the Maloekvai language or the rustic languages. Yoga. Here is made into Joe, like as we have Yesu and Jesus in the same way.

#### 60594 Talk3

This is a song written by another great poet, Ignat, great poets we have had, all great saints and poets. And the song is so subtle and so beautifully blended with the rustic life that in every village they sing this song. I wonder how many really understand the subtleties. It's a thing that I'll ask for the yoga from My Mother. But then throughout what She says is that I will give up all these attachments that I have, I will give up My false pride, I'll give up My ego in a way as if you give up all your funny relationships and funny ideas of relations and I'll become absolutely without attachment and then you give Me My yoga. They're asking the Mother. But also it also says that you will, I will then collect all the flowers of My bodha. And you know the word bodha means is what you feel on your central nervous system. All the experiences on My central nervous system, I'll collect them as flowers in My flower container and I'll give it to you. It's a very, very subtle song. You know when you, I didn't know it, I mean I didn't hear it that intensely as I did it today. And then it says that, so I'll cross this, cross this ocean of illusion, pass through the tunnel and this is the Brahmanadi, through the tunnel at the end of it because Eknatha was a great, very great poet and a realized soul. He said these things in a very local language, I should say very rustic language and in all the villages they sing this song. So that basically the roots are there, people are not naive. You see this is what it is in this country that, especially in Maharashtra, it's not difficult to talk to them about Self-realization, about Kundalini, about anything. It's gone into their blood. And this is surprising, it's just a folklore, it's a folklore, such a subtle one. And it's a fast number.

#### 60594 Talk4

Without the nine descriptions of the nine, the foundation of the Goddess and the ten, when She sits on the eighth line and goes for the crossing of the limits, I mean, where She crosses the barriers. Beautiful because it is said that She takes different forms and that's how they have described all the forms of the Goddess. There is mantra on vibrations, do that. Yes, Gurdwara. Shri Mataji, it looks like I wanted to ask you if the fan has any meaning, it must have. I wanted to ask you whether the fan had any meaning, it must have. I'm fanning for you all.

#### 60594 Talk5

His poetry is beyond really any logic, any mental understanding. So great he is, so great. And how he got all these words put together with such little alliteration, all kinds of metaphors, all the figures of speech, and in such a fast way it sings, so beautifully done. May God bless you all. Harsu Gade.

#### 60594 Talk6

or a last melody of parabi. And after that, you know that tomorrow morning you have to go and maybe that you can go late. You need not get up very early. But I hope you get up by nine and leave by nine thirty. Because you'll take about one and a half hour to reach the river where you are all going to be stationed very well near us. Beautiful river which is known as Pravara. And they say that you should take a bath in the river Ganges but you should drink the water of river Pravara. And you'll be stationed there in a beautiful surrounding. But you'd like to have a bath also. So the sooner you leave the more time you'll have for a bath. If you reach at eleven you'll have three hours. If you reach at twelve you'll have two hours. So it is for you to choose. You can take your time. It's all arranged for you. So, the one was saying the food will be ready at two o'clock. So you organize it in such a way that it's one and a half hours journey and two hours minimum of a bath. So whatever time you think proper you better leave and have a nice time there. I may be there, may not be there, I can't say. And after that we have to go for the public program in the evening so you can rest there. It's a beautiful garden they say. And next day we have to go to Rahulay, to Pune, I'm sorry. So that's how it is going to be. Moreover at this juncture I would like to thank great musicians who are sitting here. Mr. Samantkar has been such an asset to Sahaja Yoga. He has brought beautiful melodies, beautiful songs of great devotion and dedication and such lilting rhythms that you all are enjoying it so much. I hope to invite him sometime to London and to other western countries and to America. This is the same joy that one feels for a Sahaja Yogi. As you are all Sahaja Yogis and he is also Sahaja Yogi, this joy is so much mutual. I thank all his party and all the other people who are here and his brother who is singing so well and all the ladies who have such melodious voices. All of them have been very, very kind and very adaptable because I don't know what happened to this Mr. Temple when he reached him. We were late, I just didn't understand. Whatever it is. We must be very grateful to God for bringing us together in this manner, in singing the praise of the Lord, in such surrendered moods. It's a very rare sight for Me, very rare sight. I really enjoyed it thoroughly. I am specially thankful to Dr. Sangwe, Harsh and his family and the family of Dr. Sangwe. All the others who have helped him to make this visit so successful. From all the Sahaja Yogis, I would like to thank them very much for making this spontaneous stay so successful. Last but not the least, I thank all of you for bearing up lots of inconveniences in this country of ours where it's very comfortable for the spirit but not so comfortable for the body. I hope the rest of the journey would be better, more comfortable and you'll enjoy it more. There were certain mistakes and that's how some of the things were left behind and some people must have had a bad time. But in Sahaja Yoga you have to forgive and forget and enjoy the best. So I won't be able to meet you tomorrow maybe before the public program or maybe I may be there, I don't know, I don't know about myself. It's a funny situation and last of all I've got something for you to spread on the ground. For everyone I've got a present today and something to cover up yourself. For the ladies it's different, for the gents it is different and I hope, they're all lying there and Harsh will tell you to whom it belongs. They are all handmade things from the villages and hand printed absolutely from the villages and very subtle if you see them. Moreover they'll be useful to you in this country and when we go to Brahmapuri we'll wash them and they'll become very soft. Just now they're hard as in the beginning it's rather hard in India to travel. So now we have got something very, very nice for you. Team Peace, lay out to the Khadai, that's all and then we'll have the last music. This song is called Ganah Tuji Gongadi. Have you heard that song sung in England? Bhimsen Yoshi sang this song in England. He was a very good singer. He was a very good singer. He was a very good singer. He was a very good singer. He was a very good singer. He had sung in England. Bhimsen Yoshi sang this song as Ganah Tuji Gongadi and he says the gongadi is a rustic type of a blanket which is used multi-purpose sort and he says that that is such a beautiful one, means this body and while mine is not so good, I'm full of pride, I'm full of ego, I have so many funny things in my head what sort of a gongadi you have given me. That's why I'm giving you one gongris which you can enjoy for sitting down and spreading and it's very good and when you wash it, it becomes very soft and nice. So that's one thing and then there's one sheet for men and one sheet for ladies. They also look very crude to begin with but if you wash them, they'll become very nice and they can be used for various purposes. Can you bring? Such a lot! Or Jains Kalai? We sound for small little girls, you see, also for smaller ladies we have something smaller but the bigger lady something. This one for the men, it's very interesting this one is. Let me see. Now this one is for a little girl said Natali can have this. Natali come along to cover herself. Now this is interesting because I think the men would love it. It's a beautiful piece of art, all handmade. And this is borne by the Aborigines here and is all done with hand, you can see it so. It's quite subtle. So this is for the men and that's for the ladies and how do you find it? Just cover it, let's see. And this is for the achy sizes, for each one of you for sitting down for meditation, for anything that you want to have, these ones are. Looks nice, isn't it? So you can get it distributed now if you want or later whichever way you want. So I've got all these things today. How do you like this one for the men? Now this one for the ladies. Some are small and some are big. So there are four in one. So somebody should take charge and distribute it properly. Properly. Even bigger than this area. So depends on you just

distribute it according to the sizes. It's quite nice, aren't they? Yeah, they are very beautiful. So, and that's the Gomudi for you.

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First of all I'll give you the little details of the lecture that the creator of this institution was Gagnya Maharaj and the gentleman who is looking after is the one who spoke to you in Marathi language. His name is Mr. Jee Zaba Mohitet and he just keeps on everywhere bhajans and then he gets money for this institution. And this is the institution of children of the parents who have to go from places to places they are like the trees. Getting jobs somewhere if they have to they are the ones who break big boulders of stones and make them into smaller stones for the purpose of road building or anything like that all that kind of a work they do. So they can't stick on to one thing and they are worried about their children. So this school was started by one great saint called Sangharaja Mahara who has done lot of social work in this country to raise the standard of people's awareness by giving them some education. This school imparts education of human education and its children are kept here in the hostel and they say there are two hundred and fifty children who aren't the hostels and fifty are in this hostel. That's the institution you are given. Somebody has now donated a piece of land to Me very near where I was staying. Plus we might be able to acquire some more land here nearby. Under these circumstances I think Brahmapuri will make a good, very good place for you to come and work out on these children because they have to have some professional education also. I think only the education in free art is not going to be helpful for their future life. There are the events of professional education is a mechanism and all that which we have to think about and you have to come and teach them these things. I told them they will do it free of cost. As the result has said that poverty anywhere is a threat to prosperity everywhere. We have to go faster all these people here. I think it's very important to show you a special thing called Balkham as we say. This is single bar. You don't have any opportunity. And I am very happy to see them because this is a place of Shri Ramdapati. He found out Shri Ramadapati and He was Hanuman himself and he believed in very good health. His effort was to build up the health of people. If they don't have proper health they cannot be good couples of God. And that is why I am very happy to see that this practice here in Angapur as a blessing of Shri Ramadapati. You all know about him very well but this side of his life that he wanted people to build up their health like Hanuman is being practiced in Angapur and they have come all the way to show you this special body building thing they do it on one pillar. You don't need much space for that. It's a very wonderful thing they have come here. So I wanted to thank the institution for organizing this program. Also you will see this beautiful body building exercises that they have. But this is done with the God in your heart so that you don't catch in your heart. It's not just an empty exercise. Thirdly the people from Satara want to give you some presents to every center, to every country I should say. To all the fifteen countries that are here they want to give some presents and that will be later on once this is finished. Thank God for that.

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What are you going to do today? I'm going to make bone in define my blood sugar molecule. Okay. Are we ready? We are ready, and I thank everyone who has spent 100 years in-house with me to pay for 3E is the Sunitha elephant I hear it No, I am issue From Livqiya lot one z Igni Oh Listen For your first birthday She want to be doing careful in order Only? After all, you still got it? Dharanjaya, what's your number? 46 or 47? Come on. Whoa, it's the last two. It's the last two. She's my doctor. Why? Because we would like it after you had nearly finished. All right. Thank you. I'll tell you what might go first. Congratulations, Mark, on your engagement. It's a very nice way of doing it. It's a very nice way of doing it. Does Ireland have been so nice? Excuse me, you're not getting married, are you? Can we have the kid in the room so that when the married lady comes... I'll take care of it. I know. Thank you. And the washing space. Get rid of this. Very important. Putting it on with the hat. Thank you. Thank you. Thank you. Thank you. Let's take a seat. Oh, man. Thank you. Thank you. Thank you. Thank you. Thank you. Even more. See? When they put you this on, only then you feel that you're going to be in here. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. You got all that, mate. Thank you. Thank you. Thank you. Beautiful. Thank you. Thank you. Thank you. Thank you. Be careful. I don't like cookie. Excuse me. How much is the money? One thirty one. Fifteen. What is this? Sixteen. Sixteen. Start with one. Number one, please. Sir. One, two, three. They'll call social. They'll call social. Okay. Right. One, two.

Number three. One, two. Okay. Number three. Okay. Number four. Number five. Now both the people. No, no, no. You have to do it only once. Put everything on both the people. All right. We'll call it a six. Number two. Number two. Who is number two, please? Number three. Number two. Come along. Number two. Number two. Number three. Are you number two? Number three. Number three. Just offer. Number four. Number five. Number five. Good boy. Here. Take your bag. Be careful. Don't spoil your hands or socks. You see them and towels. Towels. You have to go this way. Number two, you have to go this way. What socks? Three, four, five, six. You have to offer these things. Give it here. Now cover. This one. This one. Just give it to me. No, no. Give kapura to me. I'll give you a kapura. This one. Take your bag. Take your bag. Take your bag. Take your bag. Take your bag. Take your bag. Number four. Number five. Number six. Yes, don't spoil your body. Sorry. Um. Yeah. Uh? Number three. Number three. Number five. Number five. Number eight. Number nine. Number... Hello. Dad? Um. How many kalswara k Longa? Next... How many? Five. Nine, ten, eleven, eight, twelve, thirteen... You put it there. scoot journalist. The center. You are doing this in the hand. What is the best of it? With the basmati. The basmati. Go ahead, go ahead. Just start like that. Put it right. Don't touch, don't touch, take it gently. Take it gently, put it right. Look out. Slowly go. Take your body. Come along, come along. Number 6, please. Six, seven number. Six, six, nine. Number six. Six has not arrived. Seven. Two dharishas is here. Aakarish. Aakarish. Aakarish. You wipe your hands. Come along, come along. Now, fast, fast. Take that. Wipe your hands. Wipe your hands and that's it. Wiping you from that side. Never wipe. You see, do one thing. Do it fast and stand there. Wipe your hands and then wipe. Do it fast. I'll take you wiping there, that side. Take it that side. Do that side. All right, go ahead. You need not bend your head here, just offer. That's all. Hello. Wipe your hands. Come forward. Keep the ganesh at the bottom. I'll take you from there. You can take it from here. What's going on? It's okay, Mother. It's okay. Don't let go. Wipe your hands. Wipe your hands. Wipe your hands. Wipe your hands. Wipe your hands. What's the difference? You can take this. Take one. His son color will just see the color. And you turn round. We can't do it. It will destroy the trees. Quickly. You can't take the sun with the video camera. Just see. You cannot. You cannot. Just do it quickly. What we don't say. Better. Better. Better. I want to sit in the buses. She is here. Who is that? Wave your hands. 15 number is here. That's all. You detrap someone. My feet just do like that. Come along. They put kevana in it. Just put this like this. Take some stuff. Come along. Somebody can take the picture. Just a minute. Shri Mataji wants you to take a picture of the saving sun. I hear you. You wipe your hands and then it will go. Okay. Number 7 has come. Number 7 has come. 6. 6 has come. crascal A USCON Summer Angels YouBlow Same thing brought easier by SWSm How can it be seen out of contaminate thing? Anyway it may be clear. It may be clear. The same as my saree. I can take pictures for the saree. I can like that, sir. You are all beautiful people. Why don't you take their photograph? Come here, come. Right side, too much. Right side. Right side. I can take pictures for the saree. Right side. I can take pictures for the saree. Come here, sir. Come here, sir. Right side. Come here, sir. Right side. Right side. Come here, sir. I can take pictures for the saree. Come here, sir. I can take pictures for the saree. Come here, sir. Come here, sir. Come here, sir. Take your pictures. Like your ornaments. Number 10. My few. Number 10 bridesmaid. Shivalika. Shivalika. Shivalika. Number 10 bridesmaid. Number 10 bridesmaid has not reported there. Bridesmaid. Now take your time. All right? Wipe your hands there. Thank you. I will take your picture. It is below your picture. It is a card. I will take your picture. Please. I will take your picture. Thanks. Come here, come here. Take your time. Shivalika. No. Saharaju. Saharaju. Saharaju. Saharaju. Saharaju. Saharaju. Saharaju. Saharaju. Saharaju. It is a bridesmaid. Yes, it is. 2 cards. 1 card. Bridesmaid won't appear. It's here. Here. And, you see, we are Citibankan and we are going to Come slowly, you have the serpent, come forward. You got best. Now, raise your head. Offering. Yes. Just a little step. Just a little step. Okay. Last of the sunset. Last of the sunset. Just come here and come forward. You take a stick. A kumkum or a... Yes. ...satura. Wow. Yes. Let them be seated in that. Wow. Now, they can have a pasudya. Ramesh, Ramesh. Yes, please. Can have a pasudya. Can they kind the kite bed, I swear to you. What is it? Complete that kana model. Kite bed I have to go later on. Okay. Okay. Endigami. Okay. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Okay. Yes. Yes. Yes sir. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Wait. Jay! Jay! Thank you. Thank you. Just made a suggestion. Take it from there. No one will question. Okay. Okay. Thank you. Jay! Jay! Jay! Jay! Jay! Jay! Jay! We want to run a chepita company. We want to run a chepita company. We can't get a competition. Up, up the mata kaboom. Chepita Company The winner is...

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You are a stupid, but should be dignified like a man. She will run and must give all protection to your wife and proper guidance, wisdom to them. They should be made to look after others for you. They must be made to share with joy, to marry you with others by giving them pure love. One should not possess a wife or possess anyone. Some of you might try to possess a wife to such an extent that if he is jealous of your children, I see that he doesn't take care of you in surgery. You are not to be jealous.



[illegible]

Caps are there. Caps, caps. You see it is forty-five marriages, you must know. So we have to be very sensible. Now we have got bangles of different sizes. It's not easy to give you bangles of your size. Now you have to yourself see the girls to see whatever suits you, all right? Now this dhoti is to be opened out and there's a scarf to be cut out, is it? You have to use a pair of scissors. I hope you have. All right. Cut the portion. Should I show you? Here there is a border and on another side there is a dhoti here. The longer size is the dhoti and the shorter one is the scarf like that. But you don't wear like this, you wear the full length. It's not getting married, you see. You see there is a line there. So in that line if you can do it like that, all out. In between the line. So these are two different pieces now. There's nothing to be that serious, very serious. Simple, very simple. Now come along the second one. Next one, next. Oh you got already cut out and crushed by Me. Come along, get up now. May God bless you. Next is Frank and Maria. Next is Shri Mataji. We got this. Take this. Get up now. Too much is not possible now. You see little bit. Go ahead. Quickly, Shri Mataji. Be careful. If the thing is big then you give it to bigger girls. May God bless you. Next is Shri Mataji. Next is Shri Mataji. Do you all understand girls if the size is too big for you, seek a smaller one from perhaps a lady who's got a big one. May God bless you. Helmut and Petronella. Now you can pass it on to your husbands whatever is there. Be careful, keep them carefully in your pockets. May God bless you. Shri Mataji. Shri Mataji. Shri Mataji. Shri Mataji. Shri Mataji. May the ladies when they receive the jewelry for the men please give it. Please give the men's jewelry from Shri Mataji to the men now but look after it men. When you have your bath or when you change or look after it. Brian and Francois. Now give the numbering. Now give the numbering. Also keep the mangalsutras with the boys. Mangalsutras should be given to the boys and they should not forget to bring it. Mangalsutras must be given to the boys and when the boys come for the wedding they should not forget to bring the mangalsutras. Shh. Fast, fast, move fast. May God bless you. Vaasanth and Sarita. Ah, yeah. Ah, yeah. Ahn Rajal. . May God bless you. Robert and Elise. Lewis and Carol. Mary and Sunita. Wear your undershirts. Always. May God bless you. John and Shubhanchali. Pino and Vyana. Now those boys who have carried from Me should return it to the wives or to the brides. Don't keep with yourself. All right? May God bless you. All right. May God bless you. Enjoy yourself now. Give it to her, whatever is hers and whatever is yours. I think best is that the girls take it is better because they can more things for the girls or let the boys take it and give it back to the girls. Also you must check if there is something missing. We have done lot of sorting out. I could manage. I am very happy. I would have been very unhappy not to do it but it's done. I am very happy. May God bless you. You can exchange there. May God bless you. You take it and give it to her, whatever is hers and keep yours to yourself. You don't have to think. You go into thoughtless awareness otherwise you will not enjoy. Take out the ornaments. Christine, take out the ornaments for men and give it to him. Don't forget. Bhagavan and Bridget. David and Julian. Yuriy and Judith. Shri and Jan. I think the men should give it to the lady and they can separate their better off. Brian and Lillian. William and Liz. Naviya and Sylvana. Robert and Belle. Nae and Agnes. You are all looking very much shiny with the oil I put it in the maldi. Gavin and Valerie. May God bless you. John and Ariane. May God bless you. Jean-Louis and Elizabeth. May God bless you. Godfrey and Cecilia. May God bless you. Please sit down. Anna and Michaeli. May God bless you. Russell and Lillitha. Russell and Lilla. Charles and Lillitha. Lawrence and Lillitha. And Fred and Fran. Gary and Ursula. You'll. May God bless you. May God bless you. Get out of all this nonsensical thinking. Enjoy yourself. Just. Some of you have got only dhoti's and not the covering cloth. So you should check up and if you need one you ask her, she'll give you. Not now, you can do it later. Now the main of... Now the problem is about few things, is about the bangles as I said. So I don't know how will you sort it out. Now the new couple that has come is for, what's her name is? Who is the new one? Richard and Kirsty. You see he wanted to get married but we couldn't arrange anything last minute. May God bless you. So it is impossible to arrange anything if you don't mind. You keep it. Has she got a saree at least? I don't know. Now don't argue. If just now if you start arguing, I don't know what will be the end. All being sorted out. Now we have got a to carry with every boy has to carry. And this will be sending you in your rooms where you will be getting ready. So the boys and the girls should get into some one place or two places at the most. This is the one the boys have to carry. I, if you want we can give it to you or they can be given later on is better so all of you when you get settled on the bullock carts they'll be given. The girls have to bring their Ganesha's which I have given them. All right? Now you be seated. Now you be seated. Now you be seated. Now you be seated. Now you be seated. Now you be getting your marriage presents after you are married because you might some of you decide not to marry. See, so it is better now also now until about one hour you can decide again. All right. So this done now. This is most of it. Now only the program. Program is such that the boys have to assemble. Warren is responsible. Warren, we have a committee. Warren, Gregor. No, no, no, he's there. Warren, Gregor, who else? Warren would not have been there if he had decided to marry. All right. So we have one Warren and another Gregor and third is David Spyro, who is the fourth one, and James. So we have four people and they have to look after the boys. Now before you get into a shock, your mother has to wear that mukut all the time. Now for all these weddings all the people are getting married have to wear that. So we are sending it over where you will be getting ready. So Warren is seated, that you take

that. The Naryans, everybody, for the girls as well as for the boys. It's a pair business. Better take that time or... All right, so remember that, you have to take that. Now, where are the boys going to be? No, no, get one place. No, no, is there a big room there some? There's one community room or something? There's a canteen room, yes, there's a canteen. There's a canteen room. All right. You all have to get ready and be at the canteen room at four thirty. There it will be given to you. So that at five o'clock let us start the bullock carts moving. Five o'clock, it's too early. But there has to be with lights and all that. So keep it up five, it will be five thirty. Mother, would you tell the girls they have to come here after the canteen? All right. No, they are not going to the canteen. No, no, no, no. No, nobody is going. The girls are going to come here somewhere. All the girls must leave their quarters. to the canteen after getting ready and then they will be tied up with this and so then after that, so canteen what time I should ask them, five o'clock? Yes, just before the bullock carts. Say about just before now. Keep it four thirty. It will only take ten minutes. Depends on. Four thirty will be all right. Four thirty to get them there. Keep it four thirty to get there, half an hour to tie it and half an hour to get into the bullock carts. I think that's sufficient, should be. All right. Now all the men have to come with the boys walking with the bullocks or the bullock cart. The bullock carts will be starting from there and the Bharat will be starting from a half distance. The Bharats will be waiting at half distance to decide that and they'll be coming in with the band and everything. So in combination Now these four, five men are in charge. In the sense they will guide the party, the wedding party, as you see the bridegroom's party. But these other people are in charge of the boys. Now, the boys have to come to a temple where I'll be waiting. It's supposed to go to a temple to a goddess. So you're all right there. Then the girls have to be ready before what time? Thirty. All right. Thirty. All right. So before that the girls should be ready by say five thirty, five o'clock. Because I will come here first, you'll do the Gauri Pujan, five thirty and five thirty you should be all ready and then I will go to this temple. These boys. And the girls have to be here, six o'clock they can be here also because temple is very close by. So the girls have to come and stay here and organize themselves. The men's timetable stays the same? No, they have to arrive at the temple at six. After the procession. After the procession. Six, six. The thing will be at six thirty years. So twenty minutes they'll come to come down from the temple. So the six thirty before that the girls will be here because I'll have to come here first and then go there. Common deity what to do? The girls don't have to go to the temple. I will be going to them, they'll do the Gauri Pujan there and then they'll come and stand here. They all will have to stand here. From one we'll start from that side, no, no, one from this side to the end of it. The boys will be coming like this and one will be at that side. So the one that side and one this side. Then you have to move all these steps. Now these steps you move if you want to decide not to marry you can decide. This is for the girls. This is called Swayamvara that you have chosen your husband. All right, now what is it? Six twenty. About six twenty and then I will come here first and go. Yeah, I'm all right. Six twenty they should be there. Six thirty here. Now do one thing. Six ten or so you must arrive at the temple. Keep it like that. You see in these forty five marriages you cannot be. Of course there is no bus already. There is already a bus. Now we have a bus but now on this point I have to say one thing. The first priority should be for the people who are getting married. What I have found those who are not getting married are much more at ease than the ones who are getting married because I saw so many brides and bridegrooms walking and the rest of them coming by bus. That should not be the case. You all should take the buses earlier, come down here, settle down here and keep then the buses for the bridegroom and the brides. But bridegrooms don't need because we'll have bullock carts but for the brides. Those who want to come by buses should come here earlier and settle down here. After tea say four o'clock you can come down here and settle down and four thirty. What time the girls will be coming? No, no, no. They have to get ready now. All right, you'll get ready and then come here. It's better. Then it's all right, then you can come five thirty is all right. Even six is all right but five thirty. Leave at five thirty so all the girls must assemble at a point. No, no, not at the... Now you can do one more thing. You come to My room there, five thirty, do the Gauri puja, all of the years and then they get into the bus and come here. Now tell them five thirty you come to My room, all dressed up, do the Gauri puja there and then you come along. That's much simpler. All right. All right. No, no, not at the Gauri puja. Yes, not at the Gauri puja. It's there, and it's a place to live. Yes. No, not at the Gauri puja. No, not at the Gauri puja. Yes, not at the Gauri puja. Now you see we have to have one husband, one father and one father, one mother, one father. Or the father and the mama, or mother and the mama, mother and her brother, mother and the mama, minimum, or father. Mama or father or mother? Mama or father. And one girl, one girl as a little girl, say about young girl unmarried, as the karwali. And for the wise one, best man. Younger, younger, if possible. Anything else? Anything else for the couples? Best man for the boys? Anyone else for the boys? Just the best man? You have a little brother of the girl, little brother of the girl, very small boy. He is the little brother of the girl. No, no, what he does is the larger home. That is her bridesmaid. A little boy. Brother. Mother. Mother and father, if they are, essential is one. And the girl side should be women, Indians, most probably. Girl side should be Indians, not boys, girl side. Wow! Now, on the girl side because somebody has to guide. So the mother, the mama should be Indian, the young girl should be Indian, the little boy, brother. At least the mother should be Indian, mother or the father, mother or the mama, one of the girl. We

can do that. Now you go and tell these Indian women, those who want to be the mothers. That's all you get. For our relaxation of the woman. Shri Mataji is now selecting for the girl a mother. A mother is now being selected from the Indians for each girl. No, no, those who have applied already, you see they have applied to the girls, particular girls. Yeah. Yesterday, this morning I have already done it. Just show your Indian mother where you are, please. Please sit exactly opposite your partner so that we know who is missing. Your daughter, sorry. Your daughter. Please identify your mother because they may not be able to recognize you. Please. She's the mother of Shri Banjali, shouldn't she be sitting? No, no, it's all right. No, you're mixing it up. The mama has to go. Mama has to go. Good idea. Good idea. And now these are lost mothers. Just see. Is she your mother? No, which one? Just see. Who hasn't got a mother yet? Put your hands up again please. Hands up those that do not have a mother. Praswas, have you got a mother? Yes? She just sits there if she's a mother. Who is that? Could some French speaking person please sort it out with Praswas? No, no, it's all right. Praswas, it's all right. You see, we have to have one Indian lady with you because you don't know the exact thing what is to be done. Specially Maharashtrian know, I don't know others, but you all must learn what is to be done and to be found out. Now come along. All of the girls have got mothers. Anyone not got a mother now? Any lady who hasn't got a mother. Now we can have Western ladies for the boys as the mothers. Married, most of them. Westerners, Westerners, ladies who are married, please take your son. And also the Indian ladies if they want to. Indian ladies also. Indian ladies also. Married, Indian and Western ladies, please sit with your sons. Maureen, you can't have Bala as your son. Nothing else. This is going to be very interesting. This whole thing is very interesting. Sit on the outside, ladies please. Outside, make some room for them. The visitors please move back. Visitors please move out. Aasandra, people move out. There are a lot of boys over here without mothers. Marie, you become. Christine, what about you? You come, there are many boys without mothers. Come. This side. Christine and Vicky. Vicky is in charge of you. I'm sorry. But there are a lot of boys here still on the other side who need mothers. Come on, quickly. No, over here. Come around here. Just go. Well, if you've been asked to be a bride. What's she saying? She's been asked to be a bride. No, ma'am, I'm not. It's funny having younger mothers for older boys. Don't matter. Yes. No, no, no, you go right ahead. You are all right. You'll be fitted. Find a son. Come along, come along. You didn't find a son? Now the son. How many sons are needed, please? How many mothers are needed for the sons? That's being in the marriage chaos. This is marriage golden. Hands up, those that need a mother. More mothers, please. Keep your hand up if you don't have a mother. You have to sit on the other side. Now the ladies. Visitors, move out, please, to make space. Who are the mothers of the girls, of the girls? If their husbands are here, they can join them or they can have someone as the brother. Their brother means the mama. All right? Now raise the hands whose husbands are here. All the mothers here, please raise your hand if your husband is here. You must take your husbands with you for this. Husbands join them. They have to give the girls hand. Now those who do not have, raise your hands, their husbands. You get a brother. Now come along. Kitty, how many are there? Come along. So where do they come from? From the foreign ones? No, from the Indians only, be careful, because you see, on the other side we'll have them. Come along. So we want Indian... No, no, we can have foreigners also, doesn't matter. Indian husbands. Foreign, foreign mamas, let's have them. Okay, all the boys that want to be mamas to the people with their hands up. They are the brothers of these ladies. The boys who want to be brothers to these ladies, quickly. Married, not unmarried. Married men. Whose wives are not here. Come on, Doug. Any other boys pleased to be brothers of the mother? Whose wives are not here. No, you're not married. Who are not married. Ah, sit down. See your sisters. Keep your hands up, girls, until you get a brother. Sorry, sorry. Quickly, quickly. Come here, come here. Be careful. Then sit down, sit on this side. No, no, no, no. Don't sit in between. On the sides. On the sides. Sorry, you have to remove these and sit. Maybe they can sit in the hot coals. Don't move inside on both the sides. This side or that side. Don't move inside on both the sides. This side or that side. Jale mama jale. Everybody else sit down, please. Sit down if you're not involved. Please sit down if you're not involved. Do it fast. Come along, sit this side. Hello. On this side. You move that and let the mama sit down on the other side. Mamas have to suffer the most. Always. Any mothers without a brother yet? More brothers please. More brothers are required. See these hands in front. No. No, no. ng us. More brothers again. More brothers please. without a brother yet. More brothers please. More brothers are required. See these hands in front. Now is there a mother? Her husband is there. Hello, there are some ladies. Any mother without a husband or a brother? No, no, but the husband if he is busy with work. Yes, of course, I mean we need someone there because they are missing. What is your husband's name? What is your husband's name? He is a woman. What is your husband's name? Is it a woman? What is your husband's name? Is it a woman? So now we have got either the mama or the father for the girl and the mother. Now the boys have got a mother, all right? Now we need one bridesmaid who are unmarried girls. Now will you please come and stand here in line, young girls who are unmarried. Anyone. Indians and foreigners as bridesmaids to the girl. Young unmarried girls as bridesmaids to the girl. Please move into your places. What I am saying, you don't want to be bridesmaid also? She wants to be bridesmaid. Let her be bridesmaid first of all. This is decision. The girls will find their ways. No problem with them. Not such

small girls. They will be flower girls. All the small girls will be flower girls. Girls in frogs and this thing. The bridesmaids have to come in a sari. All the little girls have to be there. We need them, all of them, all right? You go back, little girls, just through there. Up this side as well. There are bridesmaids here. Here. Girls through here. Up here. I think if you get up you can do better. Stand up. Everyone stand up. There will be more room. No, no, no, no. For the only the brides. You just brides should get up. Brides stand please. All the brides stand. Only the brides. Christine, Christine, all the brides stand. All right. Now the karawalis. They have to look after all the dressing up, everything. Find yourself a bride, my girls. Now go ahead, go ahead. All of those who are unmarried. Now the bridesmaid should stand up. Bridesmaids stand with your bride. Bridesmaids stand with your bride now. If they want to become bridesmaid they can. We'll have dance about say ten minutes later. Quickly. Natalie, why don't you become a bridesmaid? Is good. You come along, come here. Those who are getting engaged is better that they get bridesmaids. Engaged girls come as bridesmaids. Now all those brides who have got bridesmaids please sit down. Brides and the bridesmaids. Sit down. Those that are fixed up sit down. Those that are not fixed up stand up. What about her marriage? That's what marriage was called? Which one? That's for children. That's an engagement. Engagement. Now go ahead, go ahead. Girls, young girls. The brides who haven't got. Natalie you go to there. Please sit down as soon as you're fixed up. Sit down as soon as you are fixed up. Otherwise move away girls if you haven't located a bride. The bride part is over now. Now we've got a little brother. Small boys. All the small boys. Bride stand again. We've got to get you a little boy. So the brides stand again so that little boys can find you. All the brides stand again please. Just the brides. Little boys now. All the little boys find you. Now the bridesmaids can get out. And the mothers can get out. They know who is their bride and who knows Salauta. Leave the ornaments with the bride. Leave the ornaments with the bride. Leave the ornaments with the bride. But they have to go to get them ready. Where, what, they should find out. The mothers have to find out where to go and get ready. The girls and also the bridesmaids should be with them. There's a place here where we are going to do it. Just see here. Mrs. Shevrai, yes I think she better. All the way to work. All right, all right. You all get ready there and call your bridesmaid to your room. Call the bridesmaid to your room and the ladies to your room. Can everybody be quiet please. Everyone be quiet please. Quiet please. All the bridesmaids also come along. You know the mothers and you know the brides. Come along. Where is your jewelry? You hold it. Pick it up please. Pick your jewelry up. Don't put it on the ground. Pick up your jewelry. Don't put it on the ground girls. Now we have to have very, very small boys. The boys can wait. All right. Can you ask these people to find out where they are staying and to join them? You must find out. You see what I am saying. Let the bridesmaid only go. Only the bridesmaid should go and help the brides and when the brides come here then the mother should stand here so that there is not too much of confusion. All the... You better keep to Me. I just have somebody else. You have to get the... Natalie, please come and be bridesmaid here. Natalie Dubert. Because there is big bride to be. Now you are the bridesmaid for her. Ask her. Natalie, you know her name where she stays. Don't give your ornaments to anyone. Keep it to yourself. The mothers are going to meet you here. Zaa. I am speaking in English. All right. Now only what we need are smaller boys. Send small boys. Slightly bigger is here. Now tutorial is only minority. How are you? Stand here, now there is an eraser on the road. No, bathing inside wouldn't be fun, as your legs are down. Now please stand here here. Please don't give your ornaments to anyone. Who has given away? Please don't give your ornaments to anyone. Don't be confused. Only the bridesmaids have to go to the bride's place, will start a bus or you all are mostly there, have to go down there and help them to dress up, that's all. When they come here then the mothers and fathers should come together. Need some more boys. All the bridesmaids must have one brother. Now just see the brides who don't have a brother. Please raise your hand. What about the boys who are getting engaged? Come along the boys who are getting engaged. All right, now there are some boys coming up. Those who are getting married. Those who are busy boys should not but those who are not. Please keep your hands up for the young boys to see you. Please keep your hand up. Please find the girls with hands up. I think engagement boys could be there. If the engagement boys are below twenty, eighteen years is better. Eighteen below. Eighteen and below please. Mark. Eighteen and below. What about 18th? Try to be below eighteen. Eighteen and below. Come along. Mathews you come. Below eighteen. Better is to have below eighteen. Eighteen years and under. All right, which is the girl who doesn't have, please raise your hands, the bride who doesn't have a brother. All right done now. Now at the time of the wedding when the girl will be sitting in a place and the man will be sitting also, these boys have to be there, the mother has to be there and a mama or a father has to be there. All right, this is your party. Now the girls can go. Done. Sit down. And remember your number, tell them. Now remember your number. The boys. These boys will recognize you even if you don't recognize them. Now we need, please be seated, now last but not the least. We need a best man for the boys. They should be above twenty years or eighteen years. Best men not married, not married, unmarried best men. What you call him? Karuvala we call him. They are above eighteen, I'm saying. Above eighteen. Below twenty-five. Not cameramen. He wants to get some practice for next year. Come on boys. Best man for the boy. For the boy. For the husband. Good. There's Ohio sitting there now. Ah, great. He's so much interested. Yes, very great. Now please be

seated. Basle ka? Hey. James, James, you can't be a best man. James is trying to be. Warren could be. You must also have some practice. All right. There are some more needed here. Now raise the hands who don't have a best man. Besides all of them are left. Are you there or not? Many more required please. Many many more. Can we go a little above twenty? No, no, no. I said twenty-five. Up to twenty-five. Eighteen to twenty-five. Yeah, yeah. Atman. Basash. Cross over, cross over. Haan. Now you better ask the names and the address. Where is this bridegroom going? Mr. bridegroom, will you please sit down? Haan. Have you got now still there are one or two and three are left. Where is he coming? Keep your hands high so they can see you. Is he not married? Haan. He looks very much haan. Now there are one, two, three, four, five, six, seven, eight, we need. Nine. How shodu naana mula naon ho? Acha we increase the thing to thirty years. Right, mean twenty-five to thirty as bridesmaid. Eighteen to, eighteen. As best man. Ya ya ya. Ikre ya. Sala ya. Ikrit cha ba dula. What about Matthew? Matthew is a girl's, girl's sister. Naabi charung ya. Kikre ya, kikre. Ankhine hai chakuni hai toh be. Tumhi ya. Ya ya ya. Ankhine kona stilte. Ek don tin char paai jaitan hiin. Ha ya. Oh. Magdum tumhi ya. Doga dana. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Haan. Doga dana. Tiga dana aale. Tigaan spajye taata. Ya. Zale ka? Aag bhagunta ka? Four. One two three. Why you don't need? You need a mother. Is there any Maharashtrian kunya itka mother vayala? Kaun. Quickly look up. Join the people with their hands. Kaun ita riva kaun mane. Kaun. Babit put your hand up. Babit you put your hand. You got it. You got a mother. All right. Zale ka? Two more, two more boys. Loh karana. Michael sit down if you're not involved. Kaya hai. Helo klaane. Kubera hai. Ya kala. Ya gonna do it? Ah Dale. Let us raise the hands for a brother. Yes, it's a best man or a brother. All right. Now, the best man, he has the duty to go and dress up the boys and help them, be with them. They must see that they are taking the Mangal Sutra because they will be quite excited. So you have to remember that you have to take the Mangal Sutra. Those who have not followed Me in English can ask Gregor in other languages. So you have to take the Mangal Sutra, be in charge, find out if he is taking the Mangal Sutra or not. And the girls, bridesmaids, have to see that they take their Ganesha with them. All right. Now, father, if the ladies who were the mothers of the boys, of the boys, if their husbands are here, raise your hands. So all of them become the fathers. All right. Now those who do not have, the husbands here, raise your hands. Now all the boys can go if they have inquired their names and everything. All right. Now the boys can go. Best men can leave. Now please come out. Best men please go. Just a minute, just a minute. Again, you can put down your hands. Let the boys come out. Yes, please get up. These are brothers of what? Mommas, mommas, mommas. Mommas get up. Mommas of the girls get up. The girls party is over now, completely. The best men are feeling more shy than the boys. The way Kriya keentials, Kriya ke nudu delivering that Tibetan is complete. If you are because you cannot properly resultant the detailed words unless it is pop. The word see Toshanti is everything other words are. Now all the women who do not have their husbands with them, please raise your hands. Now the men who are married can be their brothers. Those who do not have their husbands with them. Listen to Mother you people, please stop, listen to Mother. Those girls who have got, no, the boys who have got the mothers and haven't got their husbands with them, they need brothers to accompany them. So you become the brothers of these ladies and thus is the mama of the boy. Come along, join them. So for the girls only the bridesmaids are needed to go down there and get them ready and for the boy the best men. And the fathers or the mamas of the boy and the girl have to come with the wedding party, standing at a point. And here the mothers and the mamas or the fathers of the girl have to stand with the aarti for the boy. Did you follow the point? Again. Did you get the boy, did you get somebody? Just get somebody as a brother here, somebody who is a married man, hasn't got his wife, Ayyay there, Matru sabayi, come along, join in, whose wife is not here. Get some brothers here, married men whose wives have not come, kosa, or whose wives are busy also could be. All of you have got it here this side. Any, now please listen to Me, instead of talking to your brides you have later on time to talk to them. Now will you listen to Me? Now on this line is there anybody who hasn't got a father or a mama, any gentleman? Have you found out? Now turn that side and see, not your bright side. Now find out. You have sufficient everyone? All right. Now here. Now, again the party that is with the boys are the father, the mother, the mother, the father and the mother have to join them at a point where the, or they can join them from the temple. All right, keep it from the temple. From the temple they have to join. The bridegroom side and the best men have to go to their places and dress them up and come with them in the bullock carts. They can walk or they can come, whichever they like. Some people have to walk also. The bullock carts will start not from a long distance. You see the bridegrooms will be taken by a bullock cart up to a point and not a very long distance so all of them can. So all of you should join there at the point from where the bullock carts will start. There will be a spot there which they will tell you from the, somebody should guide them to the temple also. Now so this marriage party will be coming. So what we'll have is a mother, mama or a father and the best one is also on your sides. He'll also join. Now the girls will be, from the girls side there will be a mama or a father and a mother standing there with the aarti for the bridegroom. Now they will do the aarti and the bridesmaid will be here waiting with the girls. Now we'll have little girls, small little girls must come as flower girls. They will be walking in front of the

little, these bridesmaids. So all the little girls must dress up and come here, here in this place. All the little girls are the flower girls. Good. Now, now be seated, they want to see their son-in-laws. They want to see their son-in-laws. These are your mother-in-laws. You see the girls must introduce these ladies to their fiancés. The mother-in-laws are feeling more shy than the brides. Now did you follow what I have to say? Third time again? Third time. The bridegrooms have to be dressed by the best man. Best men have to go to bridegrooms place, dress them up. All the bridegrooms have to assemble after getting ready in the canteen at what time? Four thirty. Four thirty. Now, there should be a general person who is in charge of the bridegroom. Who is that? Gregor. He is the one more we need with Gregor. Gregor and who else? James, Gregor, come along. And also why not have Jalan? Jalan and also Rajesh. Now in charge of ladies, some one, two ladies we need, in charge of ladies. Those who have not taken any responsibility so far. Mother, you have to tell these ladies that they have to assemble at your room by five. These ladies are responsible for getting them all assembled at your room by five and on the buses and then here. You all should be, start getting ready at four o'clock. At three o'clock do what you like. And then you have to be here after seeing Me by six o'clock. So all the brides have to come to My place after getting ready. All the bridesmaids must be taken there by the bus. All the brides must be ready, may I say about five thirty. Come to My place and then come here. Mother, make it five o'clock, definitely it's your place. And now leave it to Jesus. And sahaja yoga everything works out, all right, so leave it to your mother. I think it will all work out. Now leave it to Mother. Now we've done whatever is possible. Everything will work out, all right. Now these are for you to, these things the girls have to carry one in hand and one boys. So the men are responsible for taking these two things, this and this for the boys. In the same way the ladies must have. And then these garlands must be given to the girls. You keep it with you. For the rest of them we have to get something. We don't have any arrangement just now for the time being for three couples but that I have already told you. They have cut your hair, those who want to cut your hair still, the boys, not the girls. Those who want to cut their hair, they'll do it Indian style, tell them how to do it. Then he doesn't need. All right, you see if you have very small hair don't go in for, they'll shave you off. Two boys this size. So you consult Warren about, we have got to the year. Now we are late. Consult, he is the master of ceremony. Forty five, we don't have, no, no, no, no, no. You better tell. All right better. No, no, you have to do it in the cantilever. You take it. They've got plastic sacks. All right. They might spoil it. You see how? And this is forty five. Forty five. These are forty five, these are forty five. I mean, no more than that. This is forty five. You know the box for this? Jalaan's have checked here, forty five. We have checked this? All right. And we'll keep them in the cantine. You'll take this with us and we'll, I take this stuff, you take this stuff, all right? We'll give them in the cantine. I don't want to shout today. I don't want to shout. I don't want to shout. I don't want to shout today because he told me not to shout from here initially. Now on the boy's side the mothers can get up and they also know the boy's side brothers or the, their brothers or their husbands. They all have to join at the temple. At the temple they'll be starting, they will be starting the procession. There's a temple on the way. All right. Jalaan. The groom's party of meeting. Groom's party. Anyone's party will come here ultimately. So, could you renounce for the bride and the bride? Oh, okay. Okay. Okay. Okay. Okay. Okay. You can tell them later on also. There's no, if those who have not understood because let us finish so many things that we can. You can ask record later on because what I'm saying there's so many things to be done. Those who have not understood Me can ask others or can ask Him but now be sure that you know. Now can I have Richard here? This is the only thing I could get for you, the bride. Just now. Let's see what we can get. All right? Ah, Dhananjay, Idarana, Vikram. Some people. Okay, for the men please listen. Men, husbands to be please mention. Please listen. If you look at your dhoti you may find that you don't have a full length and a short length. Just look at it. You must have and exchange with the others please. You may have two of one instead of one of each. Just look to see if you've got the two pieces and exchange with each other. Don't talk to Me. Exchange with each other. Just check that you have the scarf piece and the dhoti. Those who need a scarf put your hand up. Bombay and Pune Sahaja Yogis should gather at the left of the dais after Sri Mataji leaves. Sir, you have to go to Mumbai and Pune Sahaja Yogis will not be there. Sir, you have to go to the dais after Sri Mataji leaves. You have to go to the dais after Sri Mataji leaves. Another dhoti. Please check amongst yourselves and sort it out. Anyone with extra scarves please put your hand up. Hand them to James please. One more dhoti required here. One dhoti required here. One scarf is available here. Bring one dhoti for one scarf. Please come on. Come here. Yes. Record. Thank you. Thank you. Now please don't disturb. Please allow. You should do allow, Martin. Try to see what is happening where. Please be aware about others. Just now you don't do anything. Sit down. Please sit down. All of you should sit down. Just now you don't do this. This is to be done later on. All this lot of time now there's a little dance we are going to have. He is himself an artist. All right? So we can work it out together. All right? But he wants to get engaged just now. But he'll marry next year. Is it all right? All right. We got this. Mother. No cross. Let us have it. Four girls have, you see I must say, give them a hand for their patience. For one minute. One minute. One minute. Jayasri Mataji, let us. Before this, can I say one word? Oh, twenty words. That if you allow Me, let the bridesmaid join the girls here and start with the mainly because that will take some time while these girls are dancing we can start. Are the

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Haan. Good evening. Joining the committee. Everybody, everybody. I'm not here. I'm not here. I'm not here. I'm not here. I don't want to shout today because Shri Mataji told me not to shout from here initially. Basileeta, basude torah. Now on the boy's side the mothers can get up and they also know the boy's side brothers or their brothers or their husbands. They all have to join at the temple. At the temple they will be starting, they will be starting the procession. There's a temple on the way. All right. Gala. Gros party. Achyatala. Anyone from the bride's party will come here. Could you renounce for the bride? You'd better say this in French. The bungalow of Shri Mataji which on the other side is four and five, precise. The pujas are at the bar. Then there's a bus here. In the middle of the bus and there's a symbol waiting for the pilgrims to arrive. It's a reunion here. It's also the future is to arrive. It's the future of the widow. I would like to remind you that the bungalow of Shri Mataji's house is not on the other side. There is a place to go. Then you will see the bus here. And the bus will be waiting for the train. Then there will be a procession here. In Italy, the bus will be in the middle of the train. The bungalow of Shri Mataji will arrive. You can tell them later on also. Let us know if those who have not understood because let us finish so many things that we can do. You can ask record later on because what I'm saying there's so many things to be done. Those who have not understood Me can ask others or can ask Him but now be



sure that you know. Now can I have Richard here? Ah, acha, acha. This is the only thing I could get for you, a bride. Just now. Let's see what we can get, all right? Ah, dhananjaye idharana, vikram. We do like this. I mean I would be glad if you could. No, no, no. There are no edits. Have you imagined you'd be part of Me? No, that is not the same man. You need? No, no, no, it's all right. No, it's all right. Achha, give Me one, extra one. Con ei, k PVC?! Eh, have I done the purely the computer0. Some people have not checked. I would then give you dances, you know? Have you checked? Range 10 please, you need an extra one? Some people, I mean, you can't have nothing to do. There are few others. I mean, you can't have. Okay, for the men, please listen. Men, husbands to be, please mention. Please listen. If you look at your dhoti, you may find that you don't have a full length and a short length. Look at it. You must have and exchange with the others, please. You may have two of one instead of one of each. Just look to see if you've got the two pieces and exchange with each other. Don't talk to Me, exchange with each other. Just check that you have the scarf piece and the dhoti. Those who need a scarf, put your hand up. Bombay and Punah Sahaj Yogis should gather at the left of the dais after Sri Mataji leaves. Sir, we have to go to Mumbai and get our own dhoti. We have to go to the state and get our own dhoti. We have to go to the state and get our own dhoti. Another dhoti. We have to go to the state and get our own dhoti. Another dhoti. Please check amongst yourselves and sort it out. Anyone with extra scarves, please put your hand up. Hand them to James, please. I have it. Two scarves. One more dhoti required here. One dhoti required here. One scarf is available here. Bring one dhoti for one scarf. Please come on, come here. There is a scarf. There is a scarf. So what is this? This is all right. Just take this out. All right. Mother, ladies, you should sit down. Indian person should not go from here. You are going to be inclined, make this. Dancer. Now please don't disturb. Please allow. You should do, allow, Martin. Try to see what is happening where. Please be aware about others. Just now you don't do anything. Sit down, please sit down. All of you should sit down. Just now you don't do this. This is to be done later on. All this lot of time now there is a little dance we are going to have. You see, believe it. All right. He is the, he is himself an artist, all right. So we can work it out together, all right. But he wants to get engaged just now. But he'll marry next year. Is it all right? All right, we got this. Please give Mother a big hand. No, no cross. Let us have it. Four girls have, you see, I must say, they give them a hand for their patience. For one minute. One minute. One minute. Jayasri Mataji, let us. Before this, can I say one word? Oh, twenty words. That if you allow Me, let the bridesmaid join the girls here and start with the menly because that will take some time. While these girls are dancing we can start it. Are the bridesmaids here? Just one minute. Have you had your food? All right, let us do it after food. After the food the bridesmaids have to come and take menly from here for their rites. Jayasri Mataji, can you begin, Mataji? Let us all celebrate the marriages with a dance on the Ganesha theme. Ganesha who removes all obstacles and who is the sublime expression of auspiciousness. This dance is based upon a story which is often told to us by Sri Mataji. There was a divine quarrel between Kartikeya and Ganesha when their father, Lord Shiva, brought a divine fruit. Lord Shiva said, that person who goes round the world, the universe tries and comes first will get the divine fruit. Kartikeya, the nimble-footed Kartikeya immediately got onto the vehicle of Mayur Vahana, peacock Vahana and started going round the world and he had a flying start. Lord Ganesha, in his spiritual wisdom, thought for a while and he came to the conclusion that there is no other person greater than his mother. The whole world is a manifestation of his divine mother and the whole world is immanent in his mother. So if he goes round her thrice he has done more than going round the world thrice. So he went round his mother thrice and started eating the divine fruit and finished eating the divine fruit by the time Kartikeya came round. So the moral of the story is we should be totally devoted to our mother, that is Sri Mataji, we should totally surrender to her in our bhakti and that is the only way by which we can get Yogatyama and also our spiritual ascent. Devasaksha Shri Mahalakshmi Mahasaraswati Mahakali Tregu This mother about whom Mr. Vinayagopal spoke, the mother of Shri Ganesh, the mother of Shri Kartikeya is the one sitting here, Shri Mataji Nirmaladevi. Devasaksha Shri Mahalakshmi Mahasaraswati Mahakali Tregu Devasaksha Shri Adi Shakti Mataji Shri Nirmaladevi Nirmaladevi Nirmaladevi Shri Ganesh I and Nama Shri Kartikeya Nama Shri Nirmaladevi Nirmaladevi ... Gaya Ganapati Jagavan Gana Gaya Ganapati Jagavan Gana Namaste, Nirmala Mataji Jyotirmi Sarva Putte Shoo Matri Rupana Matri Rupana Matri Rupana Matri Rupana Samsita Namaste Sri Namaste Sri Namaste Sri Namo Namo Gaya Ganapati Jagavan Gana Namaste Shri Mataji It is a very auspicious occasion, is no doubt. Also it's a solemn occasion, no doubt. Also it's a joyous occasion. So try to enjoy, but one need not be frivolous, cheapish. Enjoy it within yourself. May God bless you. Come here for the brides, only the brides. All right, after the food all the brides should come here and they will be given this mendi thing and they can walk with that back, have they to go back? Now buses should not be used by other people so much, should be more used by the bride and the bridegroom. So they can get the mendi on their hands and go back to their places, rest for a while. Now we have another problem is of bangles. Now this you can wear before Haldi or after Haldi, whichever way you like. But just now if you want you can select it and see for yourself, whichever way because it's a very big problem, bangles. Those who do not have bangles specially should come and see for themselves. Now Mrs. Yadav is in charge. Please announce that the whole boys party, which is all the men, by 5 or 4 or 45 should all are filled up on the temple

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Number ten. Right side. Right side. Now take your time. Wipe your neck there. Next. Now take your time. Now take your time. Now take your time. Number forty. Now take your time. Now take your time. Two cards please. Two cards please. Two cards please. Now take your time. Two cards please. How long? I'm sorry, you're a discipline. Now raise your head. Now raise your head. I'm sorry, you're a discipline. Now raise your head. How can a person come here? Can a person come here? What is it? The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. The price made they have to go later on. Thank you. Jail! Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Keep it here. Keep it here. Keep it here. Keep it here. Keep it here. Keep it here. Keep it here. Okay. Hila hana hila, belbila. Hulana hai basudha, mulana hai basudha. Hulana hai basudha, sala. Hulana hai basudha, mulana hai basudha. Hulana hai basudha, kar ka phein. Hulana hai basudha, mulana hai basudha. Hulana hai, hello kana. Hulana hai, hello kana. Hello, this is a tune which sings that I am remembering my beloved. So it's, he's playing it for the brights. Saverati konare. Wow. Wow. Wow. Wow. Nagashji, jaan, narem hulija bhavan nahi paani han lauta, tegh aa glass asun parath galal nahiye. Some of the brothers of the brights have brought water for them. They have not yet returned the tabulars. Please ensure that they are returned immediately. Baba mama kotu bhulala, hulogai nahi baba mama. Se kali mein huap nahi hai, anans ka teh. Baba kutey aamcha. Baba mama hai nahi bala mama kutey. Hah? They were at the mandir, they were coming at the barrage. Oh, warati warati. Swami Kriyananda das remembers Salaam. Swami Kriyananda das remembers Hello. Hello. Is he well? Now, I have to tell you for the brights, you have to move very slowly behind these girls and little boys who are like, will be sprinkling flowers for you to walk ahead. While walking you have to be careful, put your heads down and then you can see that there are things in between. Try to avoid it and walk very slowly with your foot down. With your garlands in your hands. So you have to go and stand till this cloth is spread out. This would be holding you away from the, your bridegrooms. Now, then while standing you move in a proper way, one, two, three, four, five, and wait there, there will be seven stanzas will be sung to wish you good luck. When the seven stanza is sung, yeah, when the seventh stanza is sung, then you have to throw the, what you call the, these, we call them akshatas, you stand there. At every, at every stanza's ending we'll be throwing these at the boys and girls. Some from that side, some from this side. Once that is over, then when the curtain in between is removed, then the girls have to garland the men first, but see that they are your bridegrooms. Nicely we'll already organize it properly with the names and everything, but still. And then the boys will garland you. Once they have garlanded you, your parents or your uncles who are with you, who will be following you, will bring you back to one of these places and you'll be settled down there quietly. And the boys will be brought to the same places by them. Ataje samur bastele mulahe, tane haathama de phulaguin, halu halu agdi halu halu samur bagat, kali man galun zahe ji, nishade ke chalne ka. Ani kasharti paide aisa nahi, agdi halu halu ga aisa nahi, phulu takazai ji. Ani zaheun yama taya padga samur uber atil, tachanantar sarva mulaani tikda nahi kunza hai sau, oli nahi, mag muli u nubair atil. Aloha ka? Anki nyamuli karchye loka hai, tane ata aarti latikde ubehaite, tane na sa sangaise ke aarti zalevar yeon mulinca magye uber a, oli nahi. Barobar, barobar tamulinca nith pane baghun uber aalu alu. Anki nyunubar aisa anki nyama tani aakshata taakle aa, tachanantar tanapura zage ranun bra sveitse. Ki ma thoda ve thambun aakshata taakle anantar mo thoda ve thambun watle tar zaso tumala tik samjel ta sapant, wia wasti jamade madhe segri bhandi bhi nahi te ole liye. Maadha kamuna bhandi karun ka thunay, tan tar thunay apot, bhandi te thunay. Kan segri, aa, masa karate aa kundat thunay, kundat thuwa, kundat thum ji padnana. Aa, kundat thunay, aa, tachavarti thunay, manje ke padnare. Aane ma, jai, uli karche lo ka hai, tanni muli cha maga hai bhar aisa, kara dhor, asa, ani aakshata padnantar, aakshata padnantar, ma mulina, bhi avasthi tanun jagair basvai chakya, aani basavali anantar mag lagna vidi suroti, barajee mandari baharai mulin cha karchi, tanai hindi, tinglish madhe marati, tini bhai se sangta ilpantu mi sagari marahati na samadla paise, tikta aikala ekta ekta tumala, aarti karta te baikana ekta lekta ekta, aa, takya, aa, muli karcha hai, pilades, tanni, barabars, mulina basvunga hai, aani, naavreya mulala pan ghiyun hai, sa, manje, purush

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dance which is quite free from the classical patterns of Western dance. And the music is an attempt of finding in the Western music the links with the Indian music. And so we found that the correspondence of the Indian ragas are the so called Gregorian moods. Gregorian? Gregorian moods which were the scales used in the Middle Ages up to the beginning of the 17th century. Did you say the Gregorian boots? No. Moods. Moods with M like Milano and non like Bologna. Thank you. And for the rhythmical part we have chosen some riffs which could actually somehow fit both in India and in the West. And some of these riffs, rhythmical patterns are from the East Europe like Bulgaria, these sort of things. So this is just the very first experiment. The music is being composed by Federico himself. Now you turn round and see the last. Just turn down. Tell them this is still open. Yes like this if you sit down. And for the instruments we also try to integrate the things and we use an electric guitar with a sitar bridge which is a great new instrument and No, no it's on tape. It will be on tape. And for the keyboard we use the synthesizer electronic instruments and both Western and Eastern percussion. This is contemporary. It's contemporary just one month ago. In the present. You see there. Music Music Music Music Music you This is ballet dancing, very beautiful ballet. She does Geno's ballet, you see that's how, beautiful, very good. But see this dress looks so nice for a ballet dancing, isn't it? Looks so beautiful and graceful. The way they use horrible dresses for men and women is horrifying actually. Absolutely horrifying. If they use nice dresses it will look so nice, you know, it will add to their charm. Looking so nice this dress. May God bless you. Beautiful, yeah. What next? So Shri Mataji, now we want to offer at your feet some bhajans. All right. You are going to say nothing. No? Children must give a song also. Children also must sing. No, no. It's all right for me. It's all right for me. Is it Samit, Samit or Akhda? Akhda is from this place. Yeah. Samit? Yeah. Samit, Samit. Samit. Samit. Is from, is it from, is it from, is it from, Cambridge? Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. Yes. I feel the whole atmosphere must be charged with Chaitanya. Especially from the innocent people of Italy it should come. Such saints is really glorified. I feel really glorified by such saints singing the praise of Shri Ganesha. You must be all awakened within you in its full bloom getting you ready for tomorrow's Sahastrara, I'm sure of that. May God bless you. We want just to offer to you the last song in Italian and also a short song in English which is joined to the one in Italian. Just a minute. But I would like to have the script. Beautiful, look at that. Bhagit laga toh mein. Oh, ate bath hakrena goll saag hain. Shasti bhandu karun vada na stok hai. Sounds kruti. Me sounds krti ke liye karo. Okay. Oh Oh Oh Oh Oh Oh Oh Oh Oh Oh Me Oh Me My Yeah Me man It's very creditable because in such a short time, you prepare such a beautiful music. These are the people with great heart. Just imagine, I can't believe it, how it has spread in Spain. It's beautiful. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. It's such a fast number and one better than the other, you know, you just get into the lilt and it's like a ocean of notes pouring one after another. It's beautiful. All right, let's have it. All right, let's have it. They're very beautifully lilted. You see the lilt of the music is, shows the, again the heart I say, which is so full of joy and the exuberance, the expression of that is the music. Beautiful. Thank you for coming first of all and thank you for singing. Thank you. Thank you. Thank you. Thank you. This is composed by a Sahaja Yogi, eleven year old. Can you imagine? So beautifully done. And, may God if you want you can read. Everybody has got this? All right, so you can read the translation. They should know it's a beautiful. Yes, you can read it. Queen of the sky, star of the day, be always, Mataji the one who leads us. Let us see that we have been liberated from all karmas and sin. It is you who liberated us and enlightened us. Giving happiness, giving harmony, you have transformed our lives. Mother, it is you to whom we can pray. Mother, it is you whom we can love. Mother, we all adore you, we love you. You give us such happiness, Mother. We all pray that you give light to our path. Thank you so much. Thank you from the heart. We can pass that there. Should we translate the second one that's coming also? Let him translate the second one. Hello. Let him translate the second one. Hello. Let him translate the second one and then you can sing. First read the translation in English? Yes, first read the translation. Give that. Loud speaker, yeah. That's better, always translate it first is better. This is the next song. Spain is so lucky and so the Spanish are, of having you as our mother with such a great heart, with such a great heart, which gives shelter to everyone. All the Spanish now come to offer their heart to Mother and to our brothers, who have always helped to bring Spain up, which has really been hard. Well, thank you Mother for giving so much, so that we, your beloved children, have finally reached here. Thank you. Thank you. Thank you. For the love of God, for the love of our brothers, for the love of our brothers, for the love of our brothers, for the love of our brothers, we are grateful. Thank you. Thank you. Thank you. Thank you. Now they, Just see how much joy they have brought for all of us and we are very thankful to them for bringing this joy all the way from Spain. I know it was hard in the beginning, but, but I tell you I love you very much, the Spanish. Really I love you and to see you here, makes me so hopeful that someday the whole of Spanish will become Sahaj. In My face there's some resemblance with Spanish people, I think. So many people have remarked that I look like a Spanish. Must have been some forefathers living there. The way I'm attached to Spain, apart from that, though it, in the beginning, it looked rather difficult, I went again and again and I knew it would work out. And again this time I'm coming for a longer period. It's Me.

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have all the countries represented. Any other country which is left out which wants to sing? I think Belgium still wants to do. All right, good. One song. Belgium and Holland together. Germany or something? Austrian don't have anything new. Where is Baghdad? He should sit with them. They have become Belgian, no? No. No. No. No. No. No. No. Wonderful. Beautiful. So many from Belgium also and Holland. Very encouraging. Any other countries left out? German Sahaja Yogis would like to sing something. Dutchland. I thought you read this out so that there won't be any problem and then you give it to Me. And you all want channels, all right? Since we've only got one song we'll sing it both in German and English. I've got children now. Anything right now? Thank you very much. It's so well translated, rhymed and beautiful, very beautiful and extremely sweet. Specially to say this thing is, she's for this purpose born lest all should be gone inwardly confusion and devilish delusion. This is to be seen is something very great of you. I wish you could see the rest of the Germans. I'm quite worried about them, very much worried. I'm happy that Sahaja Yoga has started somehow in Munich and I'm going to go there. I've promised an alcove. May God bless you. Even before you invited Me I told them that I'm going to go to Munich, whatever it is. And also a little place where you were saying I have to go. We'll see that. May God bless you. So now should we say good night? Shri Mataji this was the most like lullaby so perhaps it should be the last one. That should be. Is there any other country which wants to say something? It's going to be a payee. Did we forget a country? No, nobody Shri Mataji. Yes? Except Bulgarian song Shri Mataji. Shri Mataji. Oh, oh, oh, oh, oh, oh, oh, I can see that. May God bless you. May God bless you. It's beautifully sung, beautifully from the heart. Germans are known for music and very good singing, you see. They created beautiful music once upon a time. Now the time has come for Germans to create more music. Same about Italians and so many other great musicians in this country. They are reborn in you and you have to produce better music than what they had done. May God bless you all. All this music should go with Me, I think. Good idea. This one I have, this one I don't have. This one is, this belongs to I think Jose or something. Thank you very much. Tomorrow, what time the English have to go? Not later than two. Not later than two. We must start our puja about ten o'clock. We have to start our puja at ten because the English have decided to go early. I hope somehow, give a bandhan that they get a flight on Tuesday morning. Did you telephone? What did they say? We weren't able to get anything done today. We'll telephone again tomorrow to the airport. What did they say? Well it's not possible for us to change the flight. Those who would like to stay longer, please register your name with Antonio. Antonio from England. If you want to stay longer, please register your name with Antonio in England. If you want to remain in our country, we have to go to the airport. We have to go to the airport. This will be a story with Antonio from England. I would like to introduce the next speaker. Thank you. Zoltan by Antonio Zishan-Schreiben. You may leave, right? Yes, yes. At least the people who have come by bus should wait, not worry. That is all right? We'll go again. Viva, via. They have to take permission. All right, that's all we have. Kundalini Kundalini Nirmala Mata Mata Jai Nirmala Shakti Bhagavati Nirmala Bhakti Adi Shakti Nirmala Devi Nirmala Mata Mata Kundalini Kundalini Nirmala Mata Mata Nirmala Shakti Bhagavati Nirmala Devi Adi Shakti Nirmala Devi Nirmala Mata Mata Kundalini Kundalini Nirmala Mata

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You all have been nicely sleeping and I've been working so hard and they called me that, Mother, you must come, they are waiting for you. So I came and here it is, everybody is resting nicely. Today is Christmas Eve, you must sing. All right, let's have some music for a while. If you don't mind, we can have some music. No, they are here only. They are musicians. They are musicians. They are musicians. They are musicians. They are musicians. They are musicians. They are musicians. They are musicians. They are musicians. Noel, the angel did say, was to certain poor shepherds in fields as they lay. In fields where they lay keeping their sheep on a cold winter's night that was so dear. Noel, Noel, Noel, Noel, born is the King of Israel. Look at us as all are star, shining in the east beyond them far. Look at us. And to the earth he gave great light, and so it continued both day and night. Noel, Noel, Noel, Noel, born is the King of Israel. And to the earth he gave great light, and so it continued both day and night. For that same star, three wise men gave from country far. To seek for a king was very intense, and to follow the star wherever it went. Noel. Noel. Noel, Noel, Noel, born is the King of Israel. To night, to the north-west, all Bethlehem he took his rest. And there he is. Incka, Bethlehem! Noel, Noel. Noel, Noel, Noel, born is the King of Israel. When he entered in those auxiliaries even though he was black, he spoke to all the generous of Israel in trata-lo-tTu, who treasured the true Jehovah'shalt of the unbound-Mare. To need him, who died a starving man, and found his only Sigmauuu in the pit Foiro's almill-haujuunt they said, Doe, Zali, a admire- кон sor möglich che Amante-almi, de almeida zaranzeue Kim walking on that auch anadsine. And offer there in His presence their gold and myrrh and frankincense. Noel, Noel, Noel, Noel, Born is the King of

Israel. Then let us all with one accord sing praises to our heavenly Lord. That has been done. And with His blood mankind hath bought. Noel, Noel, Noel, Noel, Born is the King of Israel. Noel, Noel. Noel. Born is the King of Israel. Noel, Noel. Noel. Born is the King of Israel. I Any other one that you want to sing I Oh Oh Christ by highest heaven Everlasting Oh In flesh the Godhead see hey Oh Oh With healing in his wings Oh Oh Oh Oh Oh We singing so well One Oh Oh Oh Oh Oh Oh All right Oh Oh Oh Oh Oh Oh Oh No ♦ Who is your It Oh Oh Bull bull Come, let us adore Him. O come, let us adore Him. Light the light. God of light, light the light. Though He have halted the world in truth, barely God, begotten, not created. O come, let us adore Him. O come, let us adore Him. O come, let us adore Him. Light the light. Sing, choirs of angels. Sing in exultation. Sing, holy citizens of heaven. Heaven above. Glory to God in the highest. O come, let us adore Him. O come, let us adore Him. O come, let us adore Him. Light the light. the Lord. Yea, Lord, we greet Thee on this happy morning. Jesus, to Thee be glory given. Word of the Father, now in flesh appearing. O come, let us adore Him. O come, let us adore Him. O come, let us adore Him. Christ the Lord. Very nice. Should we sing this, We Three Kings? We Three Kings of Orient are Letting gifts we traverse afar. Field and fountain, wall and fountain, for we yonder star. O star of wonder, star of night, star with royal beauty bright. Westward leading, still proceeding, guide us to thy perfect light. Faces sing this one. Born a king on that heavenly hand plane. Gold I bring to crown him again. King forever ceasing, never over us to reign. O star of wonder, star of night, star with royal beauty bright. Westward leading, still proceeding, guide us to thy perfect light. Tenors. Earned incense to offer thine. Incense owns the deity high. Fair and praising, all men raising, worship Him God most high. O star of wonder, star of night, star with royal beauty bright. Westward leading, still proceeding, guide us to thy perfect light. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Ladies and Troubles. Fra Hoy and Reveal. Reveal. Hear the Fair Vamos woman sing. Fra Hoy and Reveal. May your need remove and the world step to your door. Perform increase... All I can do is worship Christ. I pray that you shall be led into the advice and might of the whole human race. You may be the disciple, master of all the ♦ master Y, to acağiz worthy. night Star with royal beauty bright Westward leading still to see Guide us to thy perfect light All together Glorious now behold him arise King and God and sacrifice Heaven sings Alleluia Alleluia The earth replies Oh Star of wonder Star of light Star with royal beauty bright Westward leading still to see Guide us to thy perfect light Alleluia Alleluia Alleluia Alleluia Alleluia Alleluia Alleluia Alleluia Which other song? See? Thank you. Thank you. Thank you. Thank you. Christ the Savior is born. Christ the Savior is born. Silent night, holy night. Son of God, love's pure light. Radiant beams by holy day. With the dawn of redeeming grace. Jesus, Lord, at thy birth. Jesus, Lord, at thy birth. Jesus, Lord, at thy birth. Jesus, Lord, at thy birth. Let's try. Are we in a manger? A new song of Shri Ganesha. She sang? Shri Mother, there is a new song about Shri Ganesha. Yes, of course. How about? How about? Can I have one more? Which one you like to sing? Away in a manger, no crib for a bed, The little Lord Jesus laid down his sweet head. The stars in the sky, the stars in the sky, The stars in the sky, the stars in the sky, In the bright stars, look down where he lay, The little Lord Jesus asleep in the hay. The cattle are lowing, the baby awakes, The little Lord Jesus. No crying he makes. I love thee, Lord Jesus, look down from the sky, And stay by my side till morning is nigh. Be near me, Lord Jesus. I love thee, Lord Jesus, look down from the sky, And stay by my side till morning is nigh. Be near me, Lord Jesus, look down from the sky, And stay by my side till morning is nigh. I ask thee to stay close by me forever, And love thee, I pray. Bless all the day children in thy tender care, And bid us for heaven to live with thee. Bless, bless! Very sweet one. All right, we can sing Ganesha song. Can we have a man and a woman? Christ's life was such a life of penance that they had to use very soft tunes. and to express their feelings and too much rhythm was not used, you see, because that's the side of Christ's life they knew. They didn't know Him as Ganesha. Otherwise they would have sung with nice rhythm and would have danced. Who can lead the Shri Ganesha song, the Austrian song? Lev, come. Can we have some Austrians please? Some Austrian who knows the song. I'm calling Lev. Some Austrian ladies. Some Austrian ladies. Can you come next to the mic now? Come. Who's going to sing? Who's going to sing? Prabhuji. Prabhu. Anybody? Prabhu. Anybody who has the sheets, bring them to the front. Can I have a tablet? Yes. Can you make some do the rosary? Oh yes. See? Say pray. Pray? Pray. God is everything. I was going to say please stop doing that. You don't have to keep picking up. You can skip all the Ch Sargha Sages Sages Shri Ganesha, please stay. Shri Ganesha, please stay. Shri Ganesha, please stay. Shri Ganesha, please stay. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. Long ago in heaven, Shri Mataji created thee. So innocent and true, all the hosts of heaven bow to you. Shri Ganesha, please stay. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. Alone on the ocean dock, you cried and sought your mother's love. So a seeker's plea, in illusion cried and was set free. Shri Ganesha, key change. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. When God's healing doth be to you manifest aswaya, We shall be a free nation. And in your name we shall be a free nation. Shri Ganesha, key change. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. As a boy in Nazareth, you manifested joy and truth. In your work and play, your dear mother loved you more each day. Shri Ganesha, key change. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. For

your resurrection we were prepared for liberty. Now in joy complete, we rejoice at mother's lotus feet. Shri Ganesha, key change. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. Shri Ganesha, we pray. Shri Ganesha, we love to dance and sing with thee. Our hearts are ever yours. Lord, you open all the doors to Sars-Ram. Shri Ganesha, key change. Shri Ganesha, please stay. Shri Ganesha, in us forevermore. Jai Shri Ganesha, we love to dance and sing with thee. Our hearts are ever yours. Lord, you open all the doors to Sars-Ram. Shri Ganesha, keep changing, Right and the right don't change communicate. Shri Ganesha, lead us for these day people yourself. Shri Ganesha, you always make us forevermore. Always do, keep changing, Shri Ganesha, please stay. Shri Ganesha, lead us forevermore. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Tell me the reason why you are watching. Channel 17 Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. consulting the list, we put them according to their age and their heights and things, and surprisingly we worked it out very fast. So might be, might be, there might be some of them, may be absurd. And some of them are left out. But I'm sure by the end of this tour we'll have something nice. Now, there have been certain demands about some type of girls or boys, and somehow they are not there. So I've kept them still. Waiting till we find something to their liking. And I hope so very soon such nice proposals will come. Now, I think I'll ask our marriage pandit to announce the names of the people, whom we have now decided. Already I think, how many there are? Sixty-five marriages arranged. And, okay. Fifteen more to be remarried, and then there are engagements, and some are, as I said, we are still waiting for some better results. So, in this short time, we had another big problem because the UK list appeared when everything was finalized. And we didn't know how to fit UK people. And I thought we may have to marry UKs to UK. But it has worked out now very well that we could manage something better. Now, there are certain things that we should avoid to marry in the same country, as far as possible. Unless and until people are just demanding, it's better to do that. It will solve one problem, I think, that some girls or boys, who think they are better than us, think they should get married, will not quote people in their own country and spoil the whole game. Because if you start quoting like this, as a result of all that quoting is that, that you just get fed up of each other, and you don't want to marry. So the best thing is that let us leave it for the last minute, till we have decided. And if you are not happy, or in any way, if you think it was not suitable, or whatever way you think it proper, because you'll be together now, for the rest of the tour, you must tell us before you are getting married. We have had very funny experiences. Like I married somebody to someone. Then the girl comes and tells me that, Mother, I can't live with him as a wife because I think he is my brother. But this happened after three years of marriage. So if you are in fickle mind, and if you are not decided, then it's better to withdraw than to bring bad name to Sahaja Yoga and to me, and create problems. Second point is that registration of the marriage should only take place if you are all agreed, and that you have a complete divorce, or I would say you are free people. Otherwise there should be no registration, and nobody should take a passport as a married lady when she is not yet registered, or a gentleman should not yet register. Nobody should take such a passport. Because it's going to create more problems and complications. It's a very simple thing to understand that we have to have registered marriages. Otherwise we cannot go from one country to another country. So it is important that we have to register the marriages. After we have considered it fully, after considering that you are, that you are going to be all right with that person, and then to see that you are a free person, you are entitled to be registered. So under the circumstances, if you are not registered, you cannot take your wife or you cannot take your husband to any country that you want to. So one must understand the legal side of it. The most important thing is for married couples, then once they are married, they should not forget their leaders. They should go and tell them as to what they are doing, and what is the help they need, and how to contact. But mostly as soon as they get married, they become birds of migration, or something like that. So it's difficult to locate them. And then the problems start, because they don't know how to proceed. And all kinds of problems so far we have been facing, because the married couple did not stick on with the group, with the leaders, and inform them what they wanted to be done, what they needed the help, or anything like that. So this is a very important point that as soon as you get married, you must inform your leader about it, and you must get the address of each other and leave it with the leader, and also consult him till you are fully fleshed married people. I hope you understand that. May God bless you. So now, here is the great list. Everybody's name taken should get up. I think better come here, because I won't be able to see you. Do you want to come? Come. I thought... ... with Hans Christen Kühne of Austria. Please come up to the stage. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Oh, my God, what is it? This I am hungry. She is from Finland. All right. Also, we have considered your heights. All right, may God bless you. Suzette Wood with Carlos from Spain. God bless you all. Anusay. You have to like the Andai Chakra at Sahaja Yoga. The Sahaja Yoga includes Next one. Linda Lewis from Canada with Rakesh Chawla from Delhi. Rakesh Chawla is not here, but Linda, please come up. She's not here. Okay. All right. Next one. John Smiley from Australia with Ujwala Vasant Rao

from Sangamner. She's not here. She's coming tomorrow. Yes. She's coming tomorrow. Rocher Manuel, Austria with Eric Schneider, French. And the next one. Faye Devers with Brenomir Werner of Austria. Yeah. Faye is not here. Who is that? Faye is not here, but this is Werner from Austria. Who's that called? Faye. Faye from America. She's not here. She's American. Yes. Annie Morvin, France with Ovidio from Italy. The next one. Jane Ruiz from Brazil with Derek Delamain, Belgium. This is Annie Morvin with Ovidio from Italy. Annie is here? Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. Anne Morvin. No, no, you come this side. . And more women with a video. . Is Jane Ruiz here from Brazil? . From Brazil? From Brazil, Jane Ruiz. . . . . Yana from Greece with Gordon accuracy , . . Is he there? Okay, next one. Michaela Austria with Fernando from Colombia. Okay, Michaela is coming tomorrow. Angelina from Australia with Christopher Marlowe from UK. Okay. Leiden Patricia from USA with Lino from Italy. Okay. Renu Sharma from Delhi with Sergio from Italy. Renu is not here. Sergio Alberto from Rome. He's Argentinian, settled in Rome. He's not here. Okay. Gauri from Austria with Shashidhar Rao, Delhi. Shashidhar Rao is not here. Okay. Bergman Petra from Austria with Philip from France. Philip. Philip. Gauri, he's not here. He's in Nagpur still, but he's a very fine boy. Come along. You come forward. Yes. Come along. Who is there? This is the next one with Philip from France. What's your name? Bergman Petra from Austria. Philip with Bergman Austria. The girl is not there? Bergman Petra from Austria. Yeah. Not there. She's coming. She's coming. Please stay here. Just stay here. Just stay here. The next one, Nita Thakkar from Bombay. She's not here. With Lyndon Divelli from Australia. Lyndon Divelli, is he here from Australia? He's coming. Austria. Australia. Australia. Yeah, Australia. Australia. From Australia. He's from Australia? Yeah. And who is his wife? She's not here? Petra Bergman from Austria. Yeah, but she's not come up. She will come to Ganpati. All right. Reva Anand from Delhi. She's not here. With Nick Barron from UK. Sheinaraja. And Alex from Canada. It's a hot place. She wants to be with you. Thank You very much! Now I wish you good luck. To all the donors. Thank You! To all doesn't, thank the severe problems of your society. And to all our ♦♦ friends of the world. And all residing on this Earth, the Great Success. we need you. It's you who are inside the Universe, the world. You are here to warm the Ins commit those wounds. I hope you like her. Vidya Hawale from Vaitarna with Fernando Carlo from Italy. Jose, just come. One minute. The next one. Next one? Yeah. Take it. Neelam Patil with Ravonne Christophe from France. 5, 6, 7, 8. I think, stay one, five, to go to . . . All right. . Okay. . . . . Fernando Carlo. Fernando Carlo. . Is he here? Will he come to? . She was engaged but you see the problem is this Shiva is, this thing is the... Is he, is he a graduate? Is he a graduate? No? Actor? Widow, just come. Aneelam Patil from Bombay with Rev. Christopher France. What about the Frenchman? He'll be coming? Okay. The boy is not here. The boy is not here. The boy is not here. He'll be coming. Chagat Shadid. Chagat Shadid. Namrata Thakur. Martha Thacker with Ronan Halle of France. He'll come to Ganpatipur. Shobha Jawan with Augustine Frutos of Spain. I'm sorry the lady is not here but she'll be there. I'm sure she'll be there tomorrow, I hope so. Gisla Speitzer with Bernard... Gisla Speitzer, German, with Bernard Pejet, Swiss. Shobha Jawan with David James of Australia. Nirmal Kantha of Delhi with David James of Australia. All right, all right, the girl is not here. What is it? Nirmal Kantha. Of with who? David James Ingalls of Australia. Who is that one? I must say that some of the boys are really very tall. It's difficult to get, you see, this Amazonic height. So you have to compromise a little bit. Yeah, may God bless you. Inkele Kusko ka? Nirmal Kantha. There's a girl who's very well educated, a very nice person, a very good Sahaja Yogi. She's in Delhi and I'm sure she's coming in Ganapatipule. She might come earlier also. All right? May God bless you. Khabar kar dija. Jane Marlow with Antonini of Italy. That girl is Roya Roya of the exams. Karan Giani of which she is interested boyfriend of Ar einga shirt. Khm Miss People Better of Ar Ingata obrigado Contente Praty photography Reel Kitasky Thy gobierno Anachronism Anachronism Techosse Congratulations Anachronism cerca Anachronism Anachronis The boy is not here. He's here. He's a bank manager. He's here. Saraswati, France with Mr. K. B. Soni of Delhi. Mr. K. B. Soni is not here. I saw her this morning. She was there, definitely. Saraswati? Okay, next one. Margaret Heather from Australia with Andre Jardinon of France. She's a woman. She's a woman. Is she there? Is she there? Is she there? Heather Margaret, Australia. Okay, next one we can see. Aurelia Pallinia of Italy with Ennure Ducre, Swiss. Aurelia, is she there? Most of the ladies are sleeping or what? Next one, Karim. Claire Schmitz, UK with Daniel Wagner, UK. Okay. Rachel Hall, UK. Robert from Belgium. Robert is not here. Sandhya Pathak of Bombay with Ducelo Salavetti of Italy. Sandhya who? Sandhya Pathak. Sandhya Pathak. Sulba Mohite with Chris Flatman. Thank you. You can have her photograph. Caroline Jane, Australia with Vasudeva from Delhi. Vasudeva is not here. Caroline Jane, is she here? Next one. Next one. Mavin Kate of France. Mavin Kate of France. MUSIC Welcome. Ladies and gentleman, please have a seat. I want to again thank the forests district and the M grandma follow up the ludicrous anything handle even wrap. Of course for any thing having a cohabitation ♦ This is Caroline Jane. Caroline Jane. Vasudeva from... Vasudeva. Vasudeva. Wonderful boy. All right? He's a very good boy. May God bless you. Dania Williams with Manuel from Milano. He's not there? He will be coming to Ganpati Puli? Okay. Then Kelly Fran, UK, with Rick Lum of Malaysia. With who? With Kelly Fran, UK. Kelly Fran, UK. He looks very old. He's 31. He's 31. May God bless you. Kaushalya Kuratkar from Shri Rampur with Mauro. From? From? From Italy. She's not here.

She's not here. She will come tomorrow. Nitin Gupta with Uma Solanki. Both are not here. Vincent Pascal, France, with... And Johannes Van magnitude, secondepxs Minskonger Myrja. And John Taylor with Channel Lord Bernhard. Oh, yeah,yy. I have heard that things are screwing with my brain and there was no investigation in the morning, but they warned me of some kind of trouble. It was Nick and I got off again. Next question. Excellent. You might forget. You would next.. Hari Bhamra UK with Kharde from Bombay Hari Bhamra UK with Kharde from Sriram Colin Heinzen UK with Kim Butcher Austria Bruno Ancelo Australia Daryl Lockhart UK with Wilhelmine Catherine from Switzerland Daryl Lockhart UK with Wilhelmine Catherine from Switzerland Very good! Christopher Lee Australia with Patricia Martin UK Thank you! Clapping Clapping Carl Duncan UK with Ani from Turkey with Ani from Turkey Clapping Turkey Irani She is not here She is not here All right then We have given the form Clapping She is not here but I think we'll have to get her to UK or some place We'll manage it somehow She is a very nice person Clapping Patrick Martin UK with Cora from Holland Clapping Clapping She is with Cora from Holland, she is coming. Because you can get all the nice tulips from there. Helmut Butchert from Austria with Jane Stringer UK. David Ingles Australia with Susan Boyer Australia. They were both 38. They were both 38. They were both 38. They were both 38. You see, you were, you are twice engaged. No, no. He is engaged to somebody else. There is a little confusion I think. With whom are you already, we have fixed you with whom? Huh? All right, may God bless you. It's correct. Ramakrishna from Delhi, he is not here, with Henerita Grassman of Holland. Who is left out now? What's the name of the girl? From Australia you are? Susan. Susan you are from Australia? Susan Boyer. Huh? Susan Boyer is from Australia. Australia. I think she is 38, she is 38 also. Huh? She is 38. She is 38, she is 38. Are you going to go there? Who? She is not. She is 38. She is 38. She is 38. She is not. She is not here. Let her come with her. She is not here. Let her come. She is not here. She is out too. Yes. She is not here. She is not here. She is not here. Michael Saleem USA is not here. Is he here? Okay. He has come. With Pelle Pelle of France. Ien. She's not here? She's here, isn't she? Henry Grassman is with Ramakrishna, he's from Delhi, he's not here. He's not here, he's in Delhi, all right. Okay she's not there. Sudarshan Sood from Delhi, he's not there, with Shrave Christine of France. Next one. Hubert Stahl, France, with Dymek Doris from Greece. Okay. From Germany. Eh? Christine from France. Are you Christine? She's Christine from France. So Ramakrishna has not come. You are Christine, aren't you? Ramakrishna has not come, but he'll be coming, all right? May God bless you. And Doris, German. All right. All right. All right. All right. Okay, there's no person left in the audience who has yet came up with any of the three names that I used earlier Chishney proper, Lavi and ..... Chism. Lothar German with Meenakshi from Canada. Meenakshi. Okay, maybe she's not present. She's not here? She's sleeping. Okay, Christophe Etny, France with Madhu Kasbekar of Sangamner. Okay, he'll come to Ganpati. Guy Bevan of UK with Malicha Brigitte of Austria. He's coming to Ganpati, Pule. Widzele Karen with Diter. Diter. They're not here. Then, Gernot Plass with Lydia. Lydia. Lydia. Lydia. Lydia. Andrei Fernandez with Del Santos. Why are you teasing them? Yeah. David Moria with Sophie Pernod. Thank you. Allies with Elena Mora. Viet with Suparna. . . . She talk about France. . . . Thank you. Guy Jeffery with Leni Majgard, Danish-Australian. Lena, is she there? She's sick. Ok, sir. So far, whatever was possible we've done, but maybe by day after tomorrow we'll be able to fix others also, because we'll see the people who come here and ask their also opinion about things. And perhaps we might be able to get for all of you something nice. Ok. So tomorrow morning, tomorrow morning, there is going to be puja at about twelve o'clock, I should say, because people are coming from all over. And also some of the decisions we have not taken so far, because we have to ask them. I hope we'll make it convenient for the twelve o'clock puja. Also, I must tell you that saris have gone up very much in prices. And those girls who are getting married, they could have saris according to their own taste, but no sari for a wedding is available for thirty pounds nowadays in India. So, I hope, I hope, I hope, I hope, I hope, I hope, I hope, I hope, I hope, I hope you realize that I have done the shopping in Delhi, brought all the saris here just to make it better priced. But in Pune they are much more expensive and the saris will be for sale tomorrow. And particular type of saris are good for marriages, which they'll tell you. Now we have a demand for saris, about forty-five saris, for about ninety pounds, which have turned out to be about hundred pounds. Those we have separately put. Plus we have saris for marriages and also some printed saris which are cheaper, but not also, I don't think, these are not thirty pounds, maybe slightly more. So we can't help it because the China government has stopped exporting silk to us. And next year they said it would be even worse. So whatever it is, the prices are reasonable and I hope you'll be able to enjoy them. I haven't got any list of wishes, but I have a few women who wanted to have printed saris. So, so far, we have only twenty-nine or thirty saris. But if you want to have silk printed saris, which we'll show you tomorrow, we can get them more up to Ganpati Pule, not before that, because I got them from a special shop. They gave us some also discount. In any case, there's a tussled silk on that, there's nice print, you can see for yourself. Day after tomorrow we are having a program, evening time, fine. And also on the fourth day I would say would be, which day is it, Sunday, Monday? Tuesday, no? Would be on Tuesday. We are having another public program. But you'll have time, daytime, to go about for your shopping, whatever you want to buy. So the charges for marriages are two thousand each for every person who wants to get

married. And the money should be collected and given to Mr. Yogi Mahajan. The sari money would be collected by Harsh Mehra. He'll collect the sari thing from you. Now in those saris, most of the saris, there might be a blouse piece. So you can leave the blouse piece. Yes. And also, behind, so they'll get it stitched for you, and also they'll get you a petticoat to match with it. That can be managed before Ganapati Pule. You must also leave your exact, I would say the exact measurement. Now the boys who want to have silk dhotis for their marriage should give their names to Me, so that we can get some nice silk dhotis. But as I said, they are rather expensive. Not very much, but they are. I have no idea of the price just now. So we can get those and the color you want of the dhotis. Anybody who wants to buy dhotis which are colored silk ones, please let Me know. Also there are boys who may be wanting to have a silk kurtas done. But I think if you go in the market, you might be able to get yourself of your own size. Would be better. Oh, are there any towels? Where are they? Are there towels? Are they locked? Yes. They are taken in the morning. Ah. In the morning. Also there'll be a barber coming if you want to do that. Tomorrow we are going to get you a barber to help you. Plus I'll be sending the towels. I'm sorry I could not include that in the price. Oh, they are thirty rupees each. About thirty rupees each, but very good towels, cotton towels. I hope somebody has collected money for the sarees and for the pajamas and the kurtas. Who has done that? You have collected? Yes, they did. Oh. That's all. Nobody should start any collections without asking Me. May God bless you. Or what else can I do? Hmm? Ornaments. Hmm. Ornaments. He has got, how much is it? Number? Sixty-five marriages. Seventy. Hmm? Seventy. But they might be having. About seventy marriages will have ornaments. And those who want to have extra, those who are not marrying, who want to have ornaments, have to give the money to Mr. Bhikkhule, and every set costs you eight hundred rupees. Eight hundred rupees to Mr. Bhikkhule. When you are purchasing from him in Ganapati Pule, you'll have to give him eight hundred rupees. That's all. What else? Any other business? Any other business? No. Baghdaan? cyt1019 Page Если soday Aythu crops Buññ Mega Leteda Pegali Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. They have also got some shawls for you if you want to buy. They have some shawls here starting from about 140 rupees to 400 rupees, on Kashmir shawls with embroidery. So you can have a look at them tomorrow with the sarees after the puja. May God bless you. Go on. Go on. Go on. I have a few questions. Oh yes. Yes. ious question. All about me. Yes. Wow. Sorry. He is private. I have a few questions. Yes. us. We check. Yes. Yes. Yes. Yes. Yes. So this is to wish you a very happy Christmas and also a very prosperous, joyous New Year. And I hope this New Year will bring forth many more Sahaja Yogis through you and that all of you will ascend once for all to that state of highest and highest. May God bless you. Thank you. Thank you.

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We have tried to arrange certain marriages. But it's nothing fixed. You have every right to change it or to say no or whichever you want. But just to give an idea that luckily, luckily when we started consulting the list, we put them according to their age and their heights and things, and surprisingly we worked it out very fast. So might be, might be, there might be some of them may be absurd. And some of them are left out. But I'm sure by the end of this tour we'll have something nice. Now there have been certain demands about some type of girls or boys, and somehow they are not there. So I've kept them still waiting till we find something to their liking. And I hope so very soon such nice proposals will come. Now I think I'll ask our marriage pandit. To announce the names of the people whom we have now decided. Already I think, how many there are? About sixty-five. Sixty-five marriages arranged. And, or what? And there will be about another fifteen, maybe eighty. Fifteen more to be remarried. And then there are engagements. And some are, as I said it, we are still waiting for some better results. So in this short time we had another big problem because the UK list appeared when everything was finalized. And we didn't know how to fit UK list. We didn't know how to fit UK people. And I thought we may have to marry UKs to UK. But it has worked out now very well that we could manage something better. Now there are certain things that we should avoid to marry in the same country, as far as possible. Unless and until people are just demanding, is better to do that, it will solve one problem, I think, that some girls or boys who think they should get married will not quote people in their own country and spoil the whole game. Because if you start quoting like this, as a result of all that quoting is that, that you just get fed up of each other and you don't want to marry. So the best thing is that let us leave it. For the last minute, till we have decided, on a very temporary basis, and if you are not happy or in any way if you think it was not suitable, or whatever way you think it proper, because you'll be together now for the rest of the tour, you must tell us before you are getting married. We have had very funny experiences. Like I married somebody to someone. Then the girl comes and tells me that, Mother, I can't live with him as a wife because I think he is my brother. But this happened after three years of marriage. So if you are in fickle mind and if you are not decided, then it's better to withdraw than to bring bad name to

Sahaja Yoga and to me and create problems. Second point is that registration of the marriage should only take place if you are all agreed and that you have a complete divorce or I would say you are free people. Otherwise there should be no registration and nobody should take a passport as a married lady when she is not yet registered or a gentleman should not take such a passport because it's going to create more problems and complications. It's a very simple thing to understand that we have to have registered marriages. Otherwise we cannot go from one country to another country. So it is important that we have to register the marriages after we have registered the marriage. So you have to have considered it fully after considering that you are, that you are going to be all right with that person and then to see that you are a free person, you are entitled to be registered. So under the circumstances if you are not registered, you cannot take your wife or you cannot take your husband to any country that you want to. So one must understand the legal side of it. The most important thing is for married couples that once they are married they should not forget their leaders. They should go and tell them as to what they are doing and what is the help they need and how to contact. But mostly as soon as they get married they become birds of migration or something like that. So it's difficult to locate them. And then the problems start because they don't know how to proceed and all kinds of problems so far we have been facing because the married couple did not stick on with the group, with the leaders and inform them what they wanted to be done, what they needed the help or anything like that. So this is a very important point that as soon as you get married you must inform your leader about it and you must get the address of each other and leave it with the leader and also consult him till you are fully fleshed married people. I hope you understand that. May God bless you. So now here is the great list. Everybody's name taken should get up. I think better come here. Because I won't be able to see you. Askinin onirwa with Hans Christian Kuna of Austria. Please come up to the stage. Please come up. She's from Finland. All right. Also we have considered your heights. All right. So I see. Suzette Wood with Carlos from Spain. So tomorrow morning there is going to be puja at about twelve o'clock I should say, because people are coming from all over and also some of the decisions we have not taken so far because we have to ask them. I hope we'll make it convenient for the twelve o'clock puja. Also I must tell you that sarees have gone up very much in prices and those girls who are getting married they could have sarees according to their own taste. But no saree for a wedding is available for thirty pounds nowadays in India. So I hope you realize that I have done shopping in Delhi, brought all the sarees here just to make it better priced. But in Pune they are much more expensive and the sarees will be for sale tomorrow and particular type of sarees are good for marriages which they'll tell you. Now we have a demand for sarees, about forty-five sarees for about ninety pounds which have turned out to be about hundred pounds. Those we have separated out. We have to get them slightly put. Plus we have sarees for marriages and also some printed sarees which are cheaper but not also, I don't think, these are not thirty pounds, maybe slightly more. So we can't help it because the China government has stopped exporting silk to us. And next year they said it would be even worse. So whatever it is, the prices are reasonable and I hope you'll be able to enjoy them. I haven't got any list of women who wanted to have printed sarees. So, so far, how many have you got? Thirty? We have only twenty-nine or thirty sarees. But if you want to have silk printed sarees which we'll show you tomorrow, we can get them more up to Ganapati Pule, not before that, because I got them from a special shop. So, I don't know, they'll give, because they gave us some also discount. In any case, there's a tussled silk on that, there's nice print. You can see for yourself. Day after tomorrow we are having a program, evening time, and also on the fourth day I would say would be Tuesday, would be on Tuesday. We are having another public program. But you'll have time, daytime, to go about for your shopping, whatever you want to buy. But, the day after tomorrow our wedding will be on that day. So, the charges for marriages are two thousand each for every person who wants to get married. And the money should be collected and given to Mr. Yogi Mahajan. The saree money would be collected by Harsh Mehra. He'll collect the saree thing from you. Now in those sarees, most of the sarees, there might be a blouse piece. So you can leave the blouse piece behind, so they'll get it stitched for you and also they'll get you a petticoat to match with it. That can be managed before Ganapati Puja. You must also leave your exact, I would say the exact measurement. Now the boys who want to have silk dhotis for their marriage should give their names to Me, so that we can get some nice silk dhotis. But as I said, they are rather expensive. Not very much, but they are. I have no idea of the price just now. So we can get. Those and the color you want of the dhotis. Anybody who wants to buy dhotis which are colored silk ones, please let Me know. Also there are boys who may be wanting to have a silk kurtas done. But I think if you go in the market you might be able to get yourself of your own size. Would be better. Oh, aage kya? Towels? O ka hai? Rakhye hai? Hai? Now. Tomorrow we are going to get you a barber to help you. Plus, I'll be sending the towels. I'm sorry I could not include that in the price. Oh, they are 30 rupees each. About 30 rupees each, but very good towels, cotton towels. I hope somebody has collected money for the sarees and for the pajamas and the kurtas. Who has done that? No. No people have been working. This is something for a person who is having Bachelor's degree, who has stars at home, he wants to collect który shlok, and very . It is my bitmuch pleasure to listen to everything you just have said. It touch me a lot. I think that you are my spirit, appetite,

motivation, whatever we have one of the things that is your training, which is the self, which Everything has been given to you, Hmm? Ornaments. Hmm. Ornaments. He has got, how many? Sixty-five marriages. Seventy. But they might be having. About seventy marriages will have ornaments. And those who want to have extra, those who are not marrying and want to have ornaments, have to give the money to Mr. Bhikkhu Deva, and every set costs you eight hundred rupees. Eight hundred rupees to Mr. Bhikkhu Deva. When you are purchasing from him in Ganapatipule, will have to give him eight hundred rupees. Hmm. Hmm. That's all. What else? Any other business? Any other business? No. Bhagdaan? They have also got some shawls for you in the kitchen. Shawls for you if you want to buy. They have some shawls here, starting from about hundred and forty rupees to four hundred rupees. On Kashmir shawls with embroidery. So you can have a look at them tomorrow with the sarees, after the puja. Hmm. May God bless you. Hmm. Hmm. I have nothing to do there because you estimated the month when you bought Mecca. That's why you became rich, hertz, jihs, it's never wrong. Why not? Because now you can apply for P Paint montage as it has to get picture, yes. That charcoal-br situated from Arun proposed his photo. Yes. .... So this is to wish you a very happy Christmas and also a very prosperous Christmas. Joyous New Year. And I hope this New Year will bring forth many more Sahaja Yogis through you and that all of you will ascend once for all to that state of highest and highest. May God bless you. May God bless you. May God bless you. May God bless you.

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My dearest brothers and sisters from all over the world, I welcome you on behalf of Bombay Sahaja Yoga on this most momentous occasion. A starlit evening, the new moon which marks the auspiciousness, a symbol of Lord Ganesh, the tunes of Shehanai, again auspicious, which heralds the beginning of the most auspicious puja, and the good news that Shri Mataji has arrived. All goes so well on the first year of 1987. So may I start this program wishing everyone of us a very happy new year. Happy not only for your personal life, happy not only for the state you are living in, happy and merry not only for the country which you represent, but more importantly, for the spread of Sahaja Yoga, expansion of Sahaja Yoga activities. And may I wish all of you a real jolly good time as far as Sahaja is concerned. Lots of new news is coming. Our brother from Calcutta who is here has brought very good news which Shri Mataji will announce. And I think the new year has started really well, which signifies that her grace is really behind all of us. And Shri Mataji has just come to Ganpati Kula smiling and she is so eager to meet all of you that I think she is even resisting to talk to her dear daughter who is also with her and is meeting her after a long time. So she is with her right now and very shortly she is coming here to meet you and it appears that she has even postponed the procession program which has been arranged by the village.

So let us look forward to this. Now you have just heard a Shehenai recital from one of the Nagpur Sahaja Yogis and one Mr. Gayakwar who all of us are very familiar with. He has just played Ragh Kalawati here. Next to him accompanying him is Mr. Bakshi on Tabla is Mr. Dhokke and the other one who is accompanying him is Mr. Mishra. Baba Mama as promised by him last year has brought lots of musicians and we are really looking forward to a very good program for the next four days. Now Mr. Gayakwar will continue his Shehenai recital and we wait the arrival of Shreemata Ji. While passing may I make one comment which Shreemata Ji has made last year when we celebrated her birthday at Bombay. She now feels that your Kundalini would be raised and you all will be able to enjoy the collectivity in the midst of the music. She has asked me to tell you that the next three or four days musical programs by the professional musicians known in India as well as by Sahaja Yogis is meant to bring the collectivity and to have you all of you really in the real depth of the Sahaja Yoga.

Shreemata Ji has asked me to convey you that these musical programs should not be taken as a part of the entertainment. You can get this entertainment anywhere but while the musical program is on either whether it is Shehenai, Sarod, Sitar, vocal and you are going to hear lots of them thanks to Shri Baba Mama here. I will go through the entire list a little later maybe in the presence of Shreemata Ji but let me tell you one thing while the music is on your Kundalini must have already pierced the Brahma Ratra and you should all be able to find collectivity. It is not meant that you should be on and look forward for the time when it would be closed and let me assure you that this time we are going to play real professionals in the evening and I am sure that you will enjoy it. In the mornings we will have our Sahaja Yoga musical recitals. Therefore the evenings Shreemata Ji has taken care, Shri Baba Mama has planned and we all have agreed that the evenings will be spent listening to the music program



enjoying it and it will be presented by the most professional people available in India today.

May I need to tell you what Shehenai is meant for and what Shehenai does? I think everybody by now knows about it. We will also have Sarod recitals, Sitar recitals, vocals. Then we have many Sahaja yogi friends also here who have composed poems. They will be presented to you. There will be Kavali's presented to you. Another Indian style of presenting a Bhakti Rasa. So everything will be presented to you. May I therefore urge all of you to be very careful to see that you are your vibrations wise you are alright and that you find yourself in the collectivity. With these brief comments I request our friend Gayakwar to continue the Shehenai recital. And I have also from Nagpur, these musical colleagues who have come here, all our friends, they have also conveyed their greetings to you. Now I would request Baba Mama to speak a word before we continue the recital on Shehenai.

I understand a little longer, a little distance from the camera so that he can photograph me. Thank you Mark. Well, this is to wish you all a very happy new year. As Mr. Pradhan has said, it is a very auspicious day and it has become more auspicious because of your auspicious presence to me. I am flattered to say the least that the artists I bring have been classified as professionals. I may tell you that most of the artists here, though of course they are quite proficient in their art, but they are primarily Sahaja Yogis. And that is what draws them to Ganpati Koi and it is the love that binds you and them together. This time I have made an addition to the program that I had given to you last year. I am bringing on Saturday the third one, very imminent artist, Mr. Buddhaditya Mukherjee. He is known as Pandit Buddhaditya Mukherjee. Pandit means who is the master. He is ranked among the first five sitarists in the country. We will be here on the third to entertain you and also prepare you for the marriage on the fourth. So I am sure you will get sufficient inspiration when you please.

Then I will be having two youngsters who have come from Nagpur. One person plays the tabla, the other plays the guitar. Then of course we have the name table Mr. Dhatli. Then I have got inspired to compose a few poems in Urdu and in Hindi and in Bharati. That is the blessing of Shimatha Ji after I have come into Sahaja Yoga. And those have been put to tune by Mr. Dhatli and they will be also rendered here before this progress to our audience. Now may I ask the artists from Nagpur, I think they have come here to come closer to me as Mr. Gayakwad continues his recital. Thank you. Mr. Dhatli and others may I request them to come closer to me. Have they come? They have not come. Mr. Gayakwad is now playing Bhageshvi, one of the favorite ragas of Shimatha Ji.

The only antidote was this, gradually. The appreciation to your class is established. Thank you very much. Now, bringing before you young and budding artist, Makho and his brother, Prasad and Sandesh. Prasad is going to play the guitar. This is quite popular in the western side. He is going to play Indian classical music on the guitar. He is going to play the Raja Bihar and accompanying him would be his brother, Sandesh Popatkar. The Popatkar family is known in Makho and one of his uncles had settled out in London. He was playing for the BBC in London and thereafter he was performing regularly in London. Unfortunately, he suddenly demised recently. I would like you to welcome these artists with a big clap. Thank you. He is going to play the Hawaiian guitar to suit the Indian style of music. He is playing Raja Bihar on the Hawaiian guitar. Thank you.

Thank you. We will recommend this concept to all of you. I would say it's a real honor.

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Key Jay I Don't know if I can all sit down again mother I Was asking about the tabla fellow very much. He was saying where is the tabla one was learning tabla I Must congratulate all of you for carrying on so well With the workshop There were so many people and the way it was all organized Especially Charles I must say he said is he was never a public speaker so imagine what a tremendous thing he has done So let us give him a hand I Was such an exciting time we had and I think You all have worked very hard to put up the posters and distribute the posters Apart from that we had a Program on the television radio But also I think So star Pooja that's what So star Pooja is the Pooja of your sister Which opened out and so it has helped such a lot to open out the sister of us so many Practically everyone in the hall raised the hands practically everyone except for very few so it's something remarkable It's never happened to that extent so all credit goes to you the way you did your Pooja With all your Shraddha with all

your dedication that it worked out all that works out very well And we have to realize that this is such a great work. We have started everybody has to dedicate and Has to work hard and has to be all the time on the move to see that Sahaja Yoga is established properly in this country and abroad Once it is established in Australia, it will spread everywhere after all it has to happen in Muladhara to begin with May God bless you We'll have to take down some of your you might have to extend this way I So what's all the program now today We have a Slower presentation mother just called visions Yes, yes And then some music all right I My What are we doing with this? We'll see the... It's a slide with the accompanying sound. Let's have it. Just for a change the lights are off. I might have turned around now. It's a group. It's an exercise. What is happening to the end? You can put out this one also. This one up too. Alright. We have the light off at the back where you're sitting too. I'll do it this way. What's happening to the end? There's a whispering going on. Put out that light. We're using it to operate the radio script. We're using it to operate the radio script. We're using it to operate the radio script. We're using it to operate the radio script. We're using it to operate the radio script. We're using it to operate the radio script. We're using it to operate the radio script. On or back we must stop. Just stay here. Just stay here. Just stay here. To the goddess who among all created beings stands firm with the form of mother. Reverence to her. Yay, reverence to her. Reverence to her. Reverence. Yay, reverence. At the hour of dawn he shall gaze upon the rising sun and greet with joy his earthly mother. At the hour of dawn he shall wash his body in the cool water and greet with joy his earthly mother. At the hour of dawn he shall breathe the fragrant air and greet with joy his earthly mother. And the heavenly father is light. Even that light which is a thousand suns, a thousand times brighter than the brightness of a thousand suns. Enter the holy stream of light that the shackles of death may lose their hold forever. And breaking free from the bonds of the earth, ascend the holy stream of light through the blazing radiance of the stars into the endless kingdom of the heavenly father. And I saw the heavens open and beheld the white horse. And he that sat upon him was called faithful and true. And in righteousness he thus judged. His eyes were as a flame of fire and on his head were many crowns. And he was cloaked in blazing light and his feet were bare. And his name is called the word of God and the holy brotherhood followed him on white horses. Clothed in fine linen, white and clean. And they entered the eternal infinite garden. The spirit of the baby never dies. It is called the mystic female. The door of the mystic female is the roof of heaven and earth. Continuously, continuously it seems to remain. Draw upon it and it serves you at ease. The tower that can be told of is not the absolute tower. The names that can be given are not absolute names. The nameless is the origin of heaven and earth. The name is the mother of all things. For to think upon her is perfection of understanding. And he that wakes for her, say, will soon be without care. For she goes about seeking them that are worthy of her. And in the paths she graciously appears to them and in every thought she comes to meet them. For the truest beginning of her is the desire for instruction. And care for instruction is love for her. And love for her is keeping her laws. And adherence to the laws, the assurance of immortality. And immortality makes to be near unto God. So then the desire of wisdom leads to a kingdom. If you then delight in the thrones and sceptres you despots of the nations, honor wisdom that you may reign forever. That day shall we set the seal on their mouths, that their hands will speak to us and they will feed their witness to all that they did. Therefore I say to you, love your true brothers in the will of God a thousand times more than your brothers by blood. And then shall the sons of men like true brothers give love to one another, the love which they receive from their heavenly father and from their earthly mother. And they shall all become comforters of one another. And disappear from the earth all evil and all sorrow, and there shall be love and joy upon the earth. And then shall the earth be like the heavens and the kingdom of God shall come. On the shores of Brarat where many of all races have come together, awake on my mind, standing here without stretched arms, I send my salutations to the God of humility, and in solemn chant sing his praises. At whose call no one knows came floating streams of men and merged into the sea of Brarat, the Arian, the Non-Arian, the Dravidian, the Huns, the Pathons and the Burgals. They all have merged here into one body. Today the west has opened its doors and from thence come gifts, giving and taking. All will be welcome on the shores of Brarat where men of all races have come together. The mad exultations singing songs of victory have they come, crossing deserts and mountains. They all dwell within me and in my blood echo their varied melodies. O terrible one, let the heavens resound with your music, even those whom in disdain we kept apart will gather round thee, O Brarat, where men of all races have come together. Here one day in the hearts of men, the message of the one resounded, in the fire of Tapasya all differences were forgotten and the many forged into one. Round that fire of sacrifice we all have to meet with bowed heads and unite on the shores of Brarat where men of all races have come together. In that fire the bloodshot flame of suffering is aglow. O mind, bear this suffering and hear the call of the one. Conquer all shame or fear and let vanish all humiliations. What great life will emerge at the end of the days of suffering. The night ends. The great mother is awake on the shores of Brarat where men of all races have come together. Come, O Aryan and non-Aryan, Hindu and Muslim, come, O English and your Christian, come, O Brarat, purify your mind and grasp the hands of all. Come, O downtrodden and let vanish all

burdens of your humiliation. Tare not, but come you all to anoint the mother on the shores of Brarat where men of all races have come together. My Lady, so gentle and pure when yielding salutations, by the way, that the tongue trembles and has nought to say, and the eyes which flare would see may endure, and still amid the praise she hears secure. She walks with humbleness for her array, seeing your creature sent from the heavens to stay on earth and to show a miracle made sure. She is so pleasant in the eyes of men that through the sight they are in a most heartless gain, a sweetness which needs proof to know it by. And from between her lips there seems to move a soothing spirit that is full of love, saying forever of the soul of Sai. As higher grows the flame, the more contended these by-wings, so every virtue that shines more bright, the more at ease by seeing it offended. My Lady, though you are divine by beauty, like a mortal thing you eat and sleep and talk among us all, how can this ever be? But should this doubt soon fall through all your grace and all your courtesy, would it not be the greatest sin to see your beauty and, alas, not follow you? For late man's thought, how true, can fall in love through that one eye alone which fails to see through merit of its own. Divinity made earth. Reveal yourself to me, just as I do my thoughts on sheet and stone. Oh, blank, until I give them what I own. What are those golden builders doing? Where was the bearing place of softer thinness? Near Tyburn's victory? Is that myl's irons' hills most ancient promontory, near Mornful ever weeping Paddington? Is that Calvary and Gargotha? Because I am the most ancient one. Is that Calvary and Gargotha? Becoming a building of pity and compassion? Lo, the stones of pity and the bricks well wrought affections and angry love and kindness and the tiles in graven gold, neighbour of merciful hands, the beams and rafters of forgiveness, the mortar and cement of the work, tears of honesty, the nails and the screws and iron braces are well wrought blandishings and, all contrived words, firm fixing never forgotten. Always comforting the remembrance, the flawless humility, the seeding's devotion, the hearts' thanksgiving. Repair the furniture, O Lambeth, in thy pitying looms, the curtains woven, tears and sighs, wrought into lovely horns, the comfort there the secret furniture of Jerusalem's chamber is won. Lambeth the bride, the lamb's wife, love of thee, plow at one with her, the noest not of self in thy supreme joy. Go on, builders in hope, but Jerusalem wanders far away without the gates of loss. Among the dark satanic wheels. The cloud does not know in this life, why it moves in such a direction and at such a speed. It feels an impulsion. This is the place to go now, but the sky knows the reason and the earth knows the truth. The earth knows the truth, the earth knows the truth, but the sky knows the reasons and the patterns behind all clouds, and you will know too, when you lift yourself high enough to see beyond horizons. Could you but see the tides of that breath? You would cease to see all else, and if you could hear the whispering of the dream, you would hear no other sound, but you do not see, nor do you hear, and it is well. The veil that clouds your eyes shall be lifted by the hands that wore it, and the clay that fills your ears shall be pierced by those fingers that needed it, and you shall see, and you shall hear. Yet you shall not deploy having known blindness, nor regret having been deaf, for in that day you shall know the hidden purposes in all things, and you shall bless darkness as you would bless life. The lotus. Do not go to the garden of flowers, or friend, go not there. In your body is the garden of flowers. Take your seat on the thousand petals of the lotus, and there goes upon the infinite beauty. The reason why I asked if there were another river was this. All down one long aisle of the forest, the undersides of the leafy branches, have begun to tremble with dancing light, and on earth I knew nothing so likely to produce this appearance, and I knew that there was no other way to make it happen, and I knew that there was no other way. As the reflected lights cast upward by moving water. A few moments later I realized my mistake. Some kind of procession was approaching us, and the light came from the persons who composed it. First came bright spirits, who danced and scattered flowers soundlessly falling, likely drifting flowers. Then, on the left and right, each side of the forest avenue, came youthful shapes, boys upon one hand, and girls upon the other. If I could remember their singing, and write down the notes, no man who read that score would ever grow sick or old. Between them went musicians, and after this, a lady in whose honor this was being done. But I have forgotten, only partly do I remember the unbearable beauty of her face. Is it? Is it? I whispered to my guide. I... she's one of the great ones. And whom are all these young men and women on each side? They are her sons and daughters. She must have had a very large family, sir. Every young man or boy that met her became her son. Even if it was only the boy that brought the meat to her back door, every girl that met her was her daughter. Is that a bit hard on their own parents? No. There are those that steal other people's children. But her motherhood was of a different kind. Those on whom it fell went back to their natural parents, loving them more. In her, they became themselves. And now, the abundance of life she has in Christ from afar throws over into them. I looked at my teacher in amazement. Yes. It's like when you throw a stone into a pool. And the concentric waves spread out further and further. Who knows where it will end? Redeemed humanity is still young. It has hardly come to its forest then. But while very there is joy enough in the little finger of a great saint such as Yonder Lady to await and honor the dead things of the universe into life. I have breached the inner vision, and through thy spirit in me, I have heard thy wondrous secret. Through thy mystic insight thou hast caused a spring of knowledge to well up within me, a fountain of power pouring forth living waters, a flood of love and of all embracing wisdom, like the splendour of eternal light. Can you see the vision, see the vision? Can you see

the vision of the vision? The other party shall receive and travel the room. Can you see the vision of the vision? Can you see the vision of the vision? Can you see the vision of the vision? Can you see the vision of the vision? Can you see the vision of the vision? Can you see the vision of the vision? I know you are great, I know you are hand upon my place, and I know you are beautiful, the gaze of season full of tender praise. And shall your children find their ends in just one smile so sweet? Along with me our hearts will fill to touch the limit screen. Can you see the vision, see the vision? Can you see the vision, see the vision? Can you see the vision, see the vision? Can you see the vision, see the vision? Can you see the vision, see the vision? Wonderful. Very good. You have some last words. Who are these people coming? So give us a hand to people who did visions. Good idea. Is there a poem? I think there is a description. All of these persons are here. All of them. So should we get those things here? Five minutes job. You can take him, you know better. Certainly I start getting the fragments. We are very thankful to people who came all the way to England to work in Shudicam, and the dedication and coordination of people, organization of the whole work, the way they showed it is so remarkable. And I couldn't bring anything from India much, so I've got something for them to be given. Thank you. You see the load of their obligation on English Sahaja Yoga is so great that this is nothing. One more you have. Frank isn't here. This is for Frank. He has gone to... Oh I see. It's sad that we have to get something that is Chinese. Because English can't make such beautiful things in any case. And now if they are making anything good you cannot bring them here because of the customs. So now for the children, put it on this one. Now which is the next one, one by one. Just have a look. This one is for Frank. Can you keep it here, second one? And that one, that's the one. Yes. One for Fogarty is that one, I think the other one is for Fogarty. That one is for Fogarty. Now that one is for Fogarty. Yes, this one is. This one is for... This one has to go. So now you've got the fourth one also, isn't it? So put it there. It's a little at random so you shouldn't mind anything. Now, you can ask once to follow. The eldest one is for Fogarty. The microfogarty please come forward. This is for one who is chosen. It's in the beauty of it. See, we didn't have much choice. And of course, the other one. I think you could give this one, you would prefer this one, I think. You better that one if you want to. Frank, yes. Then you put it there, so you give one. Because see, it goes better with that one. With that one, this one will go better. So, that's the elephant for you. Yes. He's not like, where will I put them? Now, I don't know but you better take it and you can keep it outside if you like. This one is for him. So, let him, just take it, alright. I'll touch it, that's all. I've touched all the elephants already. May God bless you. Just put this underneath your arm. Alright, keep it for the time being here, doesn't matter, they look quite alright as they are. Alright, now. Second one is for, may God bless, for Frank. This one. That one, yes. Yes, that one for Frank, yes. So, this would be for Frank. I mean, I don't have forgotten the future. I think that was the original one. That's the children's one, this one, yes. This one for Frank is better, it's much more mature. So, this is for Frank Garnasi, who's in Perth, we'll mail it to him. Alright. I'll take it with me when I go. I'm going up in about six to seven weeks, mother, and I'll take it. Alright, yes, alright. So, what is the painting, you just show Frank's. Yes. It looks nice if you put a light behind it, it looks much better. Alright. Thanks for your help. This goes with that, this is grey colour, yes. This is greyish, yes. You see, you could go with that, more grey in that. More grey in that. Yes, so this would be. So, which one you have given to him? One you have given to him, then this one to him, yes. This is the second one. This one goes with, let us write in a fugarity, this one will be Frank, alright? Now, now, that's for Frank. Alright, now that's one for Paul. Paul Hynn would please stand up. Thank you. Thank you. You can't imagine with what dedication they did the job and the Sahaja Yoga, the way they were witnessing the whole thing. Their witnessing power was so tremendous. We were surprised, you see, the way they were witnessing the whole thing, so beautiful yes, that's the one, yes. Just turn around, okay? Turn around, it's upside down. Tremendous, I mean, they were real Sahaja Yogis, working like nobody's business. See this one is nice, with flowers. Alright, this one. This is also signed by the artist they said, the artist has signed it. God knows if it has any. Alright, now that one goes with that, isn't it? The third. This one, yes, these three are done. Now this one for him. Well, Robert Weber, please stand up and come forward. Other way, other way. He being the youngest. Just show that way. This is also signed, see? You happy, Robert? Thank you. Thank God. I'm sorry, this was the thing to express how you were building there in Shuddhi Camp, with that childlike spirit. Wonderful, I mean, they gave such a lesson to a lot of them, really. Alright, so this one is also shown, you've done, shown this one? Yes, yes, yes. Yes, shown, this one, all of them shown. Did you show that one also? Yes. Alright, so now these four of them, chatwari, you see, four Ganeshas for the Mooladhara. Thank you. Should we keep them there? Oh, it's alright. This one, let them be, they're nice. They'll enjoy the music, right? Yes, they'll enjoy the music as well. Oh my God, this. Can you give me one more? No, we have one more, some more please. For me. Thank you. James, you can sit here, he's saying, why don't you sit here? You can remove one of these, and you can sit there. They can sit down nicely, then push them down, it's good idea. You can sit here. Also, he can go now. It's another additional table you have now. Now, make yourself comfortable. I know tall people, it's very difficult to sit on the ground. Basic problem. It's a wonderful position. That one is for no? That one for forgetty. Yes. Alright. This one is for? Paul, yes, that's correct. That one, that one, sir. You can put the other one. Frank or Paul, anyone will do. Is that about the same? That's this one. Actually,

[illegible]

has started. You can sing whatever you want. You can sing. You can sing. Sing it. Sing it. Sing it. Can I listen to that? He's a singer you said. So he can sing that way. I think that I can. I think that I can. I think that I can. This is what you care. Sing it. It's correct. Sing along this way. Sing along this way. Sing along this way. Sing along this way. Sing along this way. Sing along this way. Sing along this way. Sing along this way. So, we have to close down. Every night we are sleeping very late. Thank you, ma'am. Tomorrow, we all have to go for a nice picnic and get up early. So I think we can have the rest of the music there where we'll have our picnic. Wow! So, I think you all should carry all your instruments with you there and all the ladies must carry the fruit. Right diets kind of way, ma'am. We are going to have a very great day there. May God bless you. Thank you. Thank you. These are big ones. Yeah. It's quite interesting. Just put this up. Thank you. Thank you. Thank you. Thank you. Thank you.

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It is like the shiva. Yes, it is typical Austrian consciousness. Very much. I find sense in this. He's been finding this conditioning for years, hopelessly. You can't have anything else with this. I mean, it fits very well. It goes well. This is a yoghurt cake, something like a crack cake. This goes well with coffee. Yes, I mean... It is tasty. It is tasty, I mean. It is a question of developing a particular taste, is the point. Condition. Now I need to... This potato salad. And salad. You must drink coffee. They always drink some water in between cold water. Cold water. That's very bad. Really? Because she must be like this. You just said it yesterday, they must be doing that. That's why it's bad. You see, their hums are so bad. Does it? I didn't know this either, Shri Mataji, but you just mentioned it to me yesterday. Shri Mataji, in general, the Vietnamese kitchen is not healthy at all. It goes straight to the leather. We eat too much, we like cakes, we like too many coffees per day. I mean, generally speaking. It is heavy to develop because if you drink the coffee, you have some bitter taste in the mouth. And so you have a sip of cold water to get this bitter taste out. So they drink coffee and water. But then why take the bitter? Because they don't drink so much sugar with it. The way they made it, about 300 years back, they started to drink coffee. And somehow the way they did it, the lemon needs sugar from the beginning. And also the way they cooked it. But then you can have a lighter coffee. They don't cook it like Indians, just people. This is the national coffee. This is our coffee. First they got it from the Turkish people. When they came here for the war, the Turkish people, the coffee was left here. So they had hot coffee and cold water and hot coffee? Because they cooked only the coffee, the water and the coffee powder. No milk in it. Just a lot of coffee powder and water. So it's very strong, very bitter. And then the start of this heavy was the cold water. So every now and then, if they serve coffee, they have to bring in glass of water, is it? No? In Maharashtra also they serve, but you have the glass of water first and then you have your tea. That's how they do it. Exactly like this they do it. Now you said in this one lecture we stopped the time but if he printed in this booklet, we are so envious. That's what they do all the time. Was it bad? No, they did it on themselves only. The allergic one can become? Yes. And then we have left love it. The European people, most of them have left love. But from where does this knowledge come from? Turkey? It's supposed that the coffee drinking came from the... But Turkish people are not known for their wisdom. Nothing to learn from there. I mean the kids here for war. They are turkeys then. They left all their bad habits with them. The Turkish coffee was left. Turkish coffee? They call it kava. They call it kava. Kava? Kava. They have a very small cup and they heat it with a long thing and they just toss it down the throat. Even in Kashmir it's very popular. This is Turkish people. Arabs actually. They started this tradition. I think people living in hot country drink a lot of coffee in India. South India? Yes, South India. But not North India. Don't take coffee. I think if I may suggest that you rest a little bit. I think it's always so pleasant to be here at our place and to be able to give you a present from the people of Kaisenfried and in an audience. I think that's the thing after this. We must write the name of the place here. Because I have not been able to yet pass the word properly. Yes. How do you spell it? G-L-V-I-S-S-E-N-F. You didn't know? L-V. I think it's a shining field. Shining field. The name of the place means a shining field. Yes. What is this? It's a cut stone. Cut stone. From two eyes here. What is that? Nose. Yes, yes. Wait until you find this. It's like a tapestry. Yes, yes. Both sides. Nose is so clear. Can you see the nose it will be? The white. Here is the nose, you see. And here is the thing. You see from the front, you know you see it better. Nose as it is. These are the lips. Little should have been. It's very surprising. And the eyes look really like eyes, you see them. You see them inside? Where did you get such a beautiful face? It's a place called Bernstein. It's a place where you dig old stones out. But this is not imported there. But this comes from Brazil. From Brazil? This is quartz, isn't it? Quartz stones. It's something like this. It's a great language. How are you? I'm fine. Is it beautiful? Yes, it is. Wow! It's a great feeling. It's a great feeling. Listening to it. But this is remarkable. No. Was it in this? Yes. You have to think a stand for it to

look nice. Put it on a stand. It's a... Transparent. Transparent. Okay. Look at the confidant. Hello! Come here! Come here! Wow! She's living here. Who will take this? You come here. She's not a cheat. This is the daughter of the... of Mantra and Thelumni who are living here. And he's not yet baptized. And she still has... She's not baptized. What's your name? Marlene. Marlene. Marlene. Marlene. Marlene. Marlene is her name. Because there are lotuses we call her Kamala. The name of Lakshmi. Kamala. Kamala is your name. So I think we are going to have wonders out of photographs you have taken and out of the film you have taken. How do you find the camera is good? Yes. Good, eh? Very bright. Is that the latest or something missing? It's a little bit heavy if not the sun is high. But better than the ones we have. Yes, not bad. But you can get even lighter than this? Yes, the newest model. But this is very very popular. Because it's easy going. It's complicated and easy going. Ah, that's it. The more latest it becomes, it becomes complicated. So still you see many plastic parts and also then... But sometimes you can put it on a tripod. Yes, I have it on. They haven't got one. I didn't have it because I already had so many things. We had a tripod. We'll send it. You see it's appropriate now. For Guru Puja we'll send the tripod which is with this camera. To Andhura. Guru Puja will send it. That's a tripod but he was saying that you see he has to carry. Since that is so he'll avoid it. Thank you. Thank you. Thank you for the lunch. Thank you. Thank you. Shri Mataji, we have prepared lunch for you. Maybe tea later. Just a little bit. I have a full light. I'm eating it. Alright. What are you saying? I'll have tea later when it's a better idea. Because as it is I have no room in my stomach. Alright, let's see other room. You see. Why don't you sit down? It'll be better. Shri Mataji, we have prepared one more song. We have prepared one more song if you... No, no, I would love to hear. I'm expecting. Then give me the paper also. Thank you. Very little you should ask him to give me for food. Yes, just few. Yes. It's also composed by Peter. You would have lost all to give Peace and joy in this world of faith To give peace in this world of faith Mataji chained You tell us what to say You tell us how to pray To change everything This world of faith To change this world of faith Mataji chained You tell us where to go You tell us how to grow To dream and create Better talk about the new age today To begin the new age today Mataji chained To your grace the new age today To your grace the new age today To your grace the new age today Mataji chained To your light the new age today Mataji chained Mataji chained Ah, beautiful I tell you. Ah, now you will be getting Gareth here Gareth is a great musician And you all can combine together this poetry and his music and everything And I think you can become pop stars Yes, that's the best way I think but one has to learn to shout, isn't it? Now what is this? Just a little bit from everywhere Everywhere, alright, just a little bit Let's begin Mataji, can you serve lunch for the others also? Please do, I thought you have had? No, no, how we can Mataji? Please have it, please This one is wrapped in spinach, isn't it? Is it fish? Is it fish wrapped in spinach? Yes This is international food, I tell you Mataji chained Mataji chained Mataji chained Mataji chained Mataji chained Mataji chained My hair is a big problem all the time Can't do it anywhere It's alright, I'll put it here This is the fish one Yes, that's okay Mataji chained I think people have gone ahead Yes, yes, Mataji, they meet you at the airport Here many people speak English language We learned in school, Mataji From quite a young age, we learned in school In this... In all the schools But not in Austria, I mean not in Vienna Vienna, very few people know English It's only the elder people who speak English The younger people have to learn it That's all, yes, yes, yes, I don't know the reason now That's what I was wondering So younger people have to learn From what age they have to learn here? From the second age school on, Mataji Secondary, yes The muscle actually quite It's a very easy language in this Yes, Mataji Check for it One doesn't have to know articles and all the things One doesn't have to know the articles It's just always... In French, in Spanish, you have to know it Articles? Yes, by heart, Mataji In French, you have to know it Just like Sanskrit Yes, you cannot just say how the word ends You have to know the article For each word Everybody has a different article There's no rule to it, Mataji We learn it because automatically Everything is German But you cannot apply a rule Same in Indian language In Spanish, it's a little bit more easy If it ends on an O, it's a male It ends on an A, it's a female Or strong things, it's male normally in Spanish And weak things, it's female, I mean That's all right What is a train? In Sanskrit Or in Indian language, what is a train? It's a male, it's a train It's a train In India, it's a female No rule All machines practically are female in India Because they have energy It's also with the sun The sun is in Austrian, German language It's female It's actually completely male It's not there, it's tea The moon is the moon It's just vice versa A moon is the man Then it's all right if they call it a fatherland This is motherland Yes Because every city upside down So fatherland means motherland Yes Yes If this rule is applied, definitely Oh, I must be a little bit more Not much of a problem But You have Such a In India, practically all machines are female In Spanish also It's La Machina It's also female The reason is they have energy See They are kinetic And the potentials are here Like Sarasiva Fitting down and watching That's all That's the job of Sarasiva The poor Adishakti has to work It's too much water I don't know anything What is that? This is grapes And this is pane peru A little bit other What is that? What is that? It's a kind of pudding I don't know To be eaten with what? It goes well together with fruits They say So maybe a little bit from here A little bit from there Oh my god So we have Chinese and Korean No, no Vietnamese Quite a lot of nationalities We counted them once, I think more than 20 And you have also Iranians Yes Who else? Lebanon Who is from Lebanon? Mary

Koshkarian Koshkarian is the great elderly women Who works in the UN, Shumadichi Really? Is it like a raryana? She is from Lebanon She is a Christian from Lebanon? Yes We have one That one is the one Mona Talk of Lebanon And this is the condition Black snow Mona is the one who is to do the photography What is this? Oh, very interesting This is a What is it called? It's a plum cake It's a plum cake, Shumadichi In the Pooja How many types of cakes you gave me? Even to taste them, you see Was it possible? The cakes are very fulfilling Let's go Just a little bit, Shumadichi Alright Monica Look at that How beautiful it is What's on top is the church? No, it was a A castle, Shumadichi All fallen down It's quite old, so it's of course There's a way to go up? There is a way to go up, yes They call it Turkey fall, Shumadichi There's a story that People from Lebanon They call it A story that People from Turkey or soldiers from Turkey were pushed on this wall What is on top of that, a white thing? That's the moon The show that Moon for Turkey? How many years the Turks ruled? I think they did not rule, Shumadichi They never could conquer With the triad They were helped out, so they never really conquered Vienna or Austria No And Prussia Germany was called as Prussia that time Prussia And then Prussia went and did some sort of a problem And I think I finished These coming from the other church I finished now, but no water Oh, these are the fans now, see the real ones You know for Indians we bought such big big ones in Italy Chinese Chinese are very good at it and also Italians Chinese and Italians, I don't know why We found the fans and very good at art Their art is Italians and Chinese really indulged in such a lot of artistic endeavors Marriage list is complete here Austria Marriages list Yes, there are just few more as which we got now I mean they have not filled it in yet but I will send it immediately to to Gervais Immediately, yes It is 8-10 days when I am in London We have to sort out We have to sort out We have to sort out We have to sort out We have to sort out Also there will be engagements Very good The name of this mountain it remains reminds always that the Turkish people died Would you like to change this name please God bless their hearts The name of Shiva is Chandrakant Chandrakant means the master of Chandra Chandrakant Chandrakant Also Shiva is the master of all the dead called as a Bhutanath Not your tea, is it German tea or some other tea Chinese tea Chinese is not it Yes, I could see Very much on Chinese Chinese tea is very good Very good But you people should also try Ajwain tea Ajwain tea Yes, Ajwain tea Very good Very good for void Sir, are you finished with it? Have you finished? I finished, yes Little slow at tea It's rather hot Now remember one thing that if you take something hot then don't take cold after that Yes sir You can take the cold first and then the hot If you have taken something hot and then you want to take something cold then eat some biscuits or something and then and when you come out from the sun don't suddenly take water You take little bit hot or cold thing whatever it is or biscuit anything you feel like and then you should take water Thank you So, this is for me? Yes, Srimad-e-Ajwain Thank you very much May God bless you As the days are passing more countries are added to my travels As a result of that I can only go to the capital of the place, it's happening like that It's very sad but it is so Thank you May God bless you And the shawl It's in the kashmash It's nice and warm, I wish they could put this in London office The rain has stopped from beautiful beautiful May God bless you

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experiences 04 DIRE Ò hire çö forbjal çö çöreiben We have prepared one more song. We have prepared one more song if you... No, no, i would love to. You can give me the paper also. I'll make my touch in chain You'll tell us what to say You'll tell us how to pray You'll change everything new Do your spell of today Do your change your spell of today My thoughts you change You'll tell us where to go You'll tell us how to grow To dream and create The joy of a new age today To begin a new age today My thoughts you change Through your grace a new age today Through your grace a new age today My thoughts you change Through your light the new age today Through your light the new age today Through your light the new age today people speak Eig Bar c Sichonars belong to same age local here All machines are female. In Spanish also, it's lamakina, it's also female. The reason is that they are energy. They are kinetic. The potentials are like Sarashiva. Sitting down and watching. That's all. That's the job of Sarashiva. The poor Arishakti has to work out. The path to Sarashiva is the path to Sarashiva. The path to Sarashiva is the path to Sarashiva. Sarashiva is the path to Sarashiva. Sarashiva is the path to Sarashiva. Sarashiva is the path to Sarashiva. We have Chinese and Korean. Great dummies. There are a lot of nationalities. We can't eat them once. We are seeing more than 20. And you have also Iranians? Yes. Who are they? They are from Lebanon. Is he a Christian from Lebanon? Yes. We have one. That was the one. Mona. Talk of Lebanon and this is the condition. Wow. Like a movie. Mona, the one who is to do the photography. Very interesting. That was a drama call. Plum cakes. How many types of cakes you have? Even to taste them. Cakes are very fulfilling. Let's go. Do you have a few pieces? All right. Look at that. How beautiful it is. What's on top is a church? No, it was a castle. All fallen down. It's quite old. There's a Vedic walk. There's a Vedic walk. They call it Turkey fall. A story that people from Turkey, soldiers from Turkey, who push down this wall. There's a moon on the tower. There's a moon. Half moon. It's a shock design. For Turkey. How many years the Turks ruled? I think they do not rule Ashwamadji. They never could conquer. They tried but we were



helped out. So they never really conquered Vienna. In a pressure, pressure was... Germany was called as pressure that time. And then pressure went and put some sort of a problem. Oh, these are the fans. These are real ones. For Indians we got such big, big ones in Italy. There are artists in Italy and China. Indians have such a lot of artists. They are all... We have all these things. We have all your things together. The marriage list is complete here. Marriage list. Yes, there are just few more as which we caught now. I mean they have not filled it yet but I will send it immediately to... ..the Gujarat. You get the half moon. In 8-10 days when I am in London, we have to start off. Also there will be engagements. The name of this mountain, which reminds me always that the 30 people died. Would you like to change the name please? We got Western hearts. The name of Shivaik is Chandra Thangar. It is the name of the master of this mountain. The name of Shivaik is Chandra Thangar. The name of Shivaik is Chandra Thangar. It was that place where the master of this mountain came. Also Shivaik is the master of all the mountains. Chinese АДЕТИ You work very much on Chinese АДЕТИ since you are in Austria. Chinese is very good. But two people should also try Ajwain. Ajwain. Ajwain. Ajwain. Very good for boys. But not finished yet. Ajwain. A little slow at the other hot. Now remember one thing that if you take something hot, then don't take cold after that. Yes, sir. You can take the cold first and then the hot. If you have taken something hot and then you want to take something cold, then eat some biscuits or something and then and when you come out from the sun, don't suddenly take water. You take little bit hot or cold thing, whatever it is or a biscuit, anything you feel like and then you should take water. Ajwain. So, so for me? Yes. Thank you very much all of you. May God bless you. As the days are passing, more countries are added to my travels. As a result of that, I can only go to the capital of the place. It's happening like that. It's very sad but it is so. It's nice and warm. I wish they could put this in London also. The rain has stopped so beautiful it is now. Enjoy your summer. Thank you very much. It's getting cold. And then, what is that time? It's getting cold. It's getting cold. It's getting cold. It's getting cold. It's getting cold. Who will be the winner? Who? Who? Who? Who? Who? Who will be the winner?

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She was also with, she was there in Italy? Yes. Yes? Yes. See because these frogs I have given, that's why I want to. Yes, yes. Here you can see the tree to come, because it's taking hours. Yes, yes. Stay here, come. Don't run away. Come. They're such nice children, they're five seconds old. Yes. Oh, you are wearing short-hour flowers? Yes, ma'am. Very kind of you. They are standing behind you on an empty seat, so you can have the fragrance of flowers. It's like a very, very, very exciting. I'm so excited. I must thank your husband for going to the movies and we all this, it was very well done. He will go again, mother. For an extra round. By that time I can also go next year. Sorry. Here you go. Hello. Thank you very much. How about a mouse, please? I'm sure with your knowledge, you'll be very happy. Also I've seen sometimes you don't even laugh at them and they say something. Or sometimes we say in the language of chakras, then they get upset. I think these people are saying something secretly, I guess. So you shouldn't say something like that. Among yourselves you shouldn't talk, like these sometimes you talk. So they feel hurt. Should we all open, expose it? You should feel that we are having such a mischievous constant such a thing. Even laughing at them or smiling at them. Even if it's a joke that you understand they do nothing, then they get upset. So there are new people, there are awareness issues coming up. And you should try to explain it to you to Peri. It's very important. We'll be nice if you can offer them some little food. I can place some bhajans, tapes or something. Even my tapes you can use to be given. So what? Some introductory tapes you can use and explain to them, tell them about it, what it is about. So they like it. That's how they are wanted. That's what they are. But if there is a kind of a solution, even slightest that you are higher than them or they are lower than you, they feel hurt. And she's not hurt. It's surprising how they come to Me, so many of them, when I am from them. And I don't know what happens to me. I think something in the photograph. Everywhere. Everywhere this is a situation. You go into any place, I just don't know. They have never known Me, they have never met Me, but something in the face perhaps. And there are few people coming. Maybe that there are very few who are really seekers. And they just want to see Me or meet Me, that's all. As there are many who just want to go to a Guru. We have been to Kshuru. What you have got is nothing. You have been to a Guru. The same way they think, oh, we have met better in their world. Then that there is something to be done about themselves or they have to become something, they don't see that. So you should mind it, because that's how they are. Gradually things will go from when you go and when they see the transformation in you, they will feel hurt. Why are we here from Catholic? Want to sing the song? They said they have taken permission, you can sing the song, all right? There is no singing here, but now you can sing. You will.

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the yeah yeah good good Om Vameva Satya Shri Mahalam Shmi Maha Sarasvati Mahakali Trikuraat Mika Kumbelini Sakshat Shri Adishakti Mataji Shri Nirmala Devye Namoh Namaha Om Twameva Sakshat Shri Kalki Sakshat Shri Adishakti Mataji Shri Nirmala Devye Namoh Namaha Om Twameva Sakshat Shri Kalki Sakshat Shri Sahastrara Swamini Moksha Pradaini Mataji Shri Nirmala Devye Namoh Namaha Om Twameva Sakshat Shri Nirmala Devye Namaha Om Twameva Sakshat Shri Nirmala Devye Namaha Om Twameva Sakshat Shri Nirmala Devye Namaha Shri Nirmala Devye Namaha Shri Nirmala Devye Namaha Om Twameva Sakshat Shri Nirmala Devye Namaha Om Twameva Sakshat Shri Nirmala Devye Namaha Om Twameva Sakshat Shri Nirmala Devye Brahmachodile Sandhya who is dancing on that song, she is getting married on the 30th, she couldn't come this time. But I am sure your hearts are dancing. So that is more than enough for this wonderful song. Yes, Shrimata. Shrimata Ji Karota, I am very happy to be with you. When Thara Sundar was dancing on the 30th, he was dancing on the 30th. Manjai Atartha hai. Brahmachodile brahmand me aale aayit jiad hai mein. Janmo janmachi punyai az ali majhi akaami. Chitta pari mama ji ji didhale jidnyase te te shodhiale. Abhava mazala teevra bhasata dagdala hi mee pujhele. Gam me aagam mein sarvachikalai mezala bharata sab pokal yirikami. Hai tuja amse yama realization hota, te maa kundalini sarthe, te poklithna sarthe, te sadhla broar jai amse sakshat kar datat. Te chamule gam me aagam mein sarvachikalai. Anu bhooti ne chaitanya cha swarudhai to zamee sakshiale. Anu bhooti ne chaitanya cha swarudhai to zamee sakshiale, dharma sattva hi na nashwara aahi deva bhi na mazahikarale. Satva sarvachikalai mazala anthar aayami aay tujiya dhami. Subtatuna mazha jagruti yeta dhyana ca manasthirawale. Subtatuna mazha jagruti yeta dhyana ca manasthirawale. Unne pana kele adhika hi gele, santula na mee aachari le. Unne pana kele adhika hi gele, santula na mee aachari le. Yatna prayat na nishparath harle, vilau palyishri charani aahi tujiya dhami. Tutsa aadi, tutsa anadi. Tu brahman de hai zaniye le. Tutsa aadi, tutsa anadi, tu brahman de hai zaniye le. Parivartita mangala jeevan hai, krupet tujiya udhar yale. Tawa shakti ne, ehar sambhar shabdai, tawa shakti ne kal patarula de yogaat se pani aay tujiya dhami. Vishayas thangai samanje, mazham marathi rasthu pani varnarota. Pantai yoga shakti ne, te marathi la, thar muthi ek dengi me aali. An ek, tacha ek express karai chi shakti aali hai, ek paktashi mata ji me aad. Lan pani, maje marathi che ne bandai, deya, yamaa karai karai cha. Tana bhenka tras wai sa ki kachat na kithi kara hai, karai kithi karai karai hai and kithi incorrect hai. Tej baba mama tancha krupet aata te mantak ki tukka rama sar ka leela hai abhangai, hi tanchis krupai, che shimata ji. I am sure you would like to make your presence felt in the song also. Could we have your participation in a louder way, if not in a bigger way? Aah, aah, aah, aah, aah, aah, aah. Oh Oh Oh Oh Me Oh Oh Me Me Me Sorry, there's a car which is Which is possibly burning MTJ 5728 There is a short circuit, I'm sorry MTJ 5728 The car it has a short circuit the owner may kindly go and attend. Sorry Oh Ah Oh Yeah Oh Oh Ah Oh She matha she knows the pulse so well The she is I was about to go I was about to suggest the song Nirmala She mother she says we should sing Nirmala But as I said in the end we call it the gadget where the tempo increases I Would also want you equally increase in your Positivorousness your loudness. I must get the feel from you the feedback from you You don't have microphones, but we have a complete communication system Oh Getting inspired I am asking Ashok to play his his part of the Nala not Dhola so that it will add it will give the needed impetus This is just to give you The feelings of a brother towards his sister The Inspiration has come to me while I was traveling in the train because that is the only time I possibly Get poetic maybe the rhythm of the train puts me into that And I Was so overwhelmed by the song myself that I had tears in my eyes after I had written it and This is a very very sincere effort trying to bring out Of how a brother could feel about a divine sister It says Nirmala kithi varana Vigatu ji Stuti It means Oh Nirmala. How much should I praise you? Manawala Deitiesa Devachi Anubhuti because you Are giving us the experience of God you are making us feel God which in itself is Making me so joyous that I would like to praise you to eternity Oh Nirmala Then it says Murlica Swarathu Rudaspandacha Laita to Anandacha Sarita to Sagaracha Bharati to It says that you own it Mala you are in the in the tune of the flute You are in the rhythm of the heartbeat. You are not the heartbeat, but you are in the rhythm of the heartbeat then you are in the joy of joy or When you are the you are in the epitome of joy And you are also in the happy tide of the ocean There is a premasa sapeksha to dharmasa apeksha to karmasa moksha to marmacha Lakshahitu It says You are the connection between the love sapeksha is the connection Then you are also the foundation of all the Dharma all the religion Then you are also the ultimate redemption of Karma the moksha the redemption of karma and you are also the aim of Marmacha Principal you are also the aim of the principles Principles PALS not PL. I'm sorry PLS Then It says manavatejya tatvatu nirguna jesatvatu kartavyajya kartutvatu

jivanajya astitvatu You are the you are the principle again of humanity or you are the essence of humanity and you are also the essence of nirguna and And You you are the ability of the ability So difficult to translate Bharati But you are the ability of the ability and you are the very existence of existence Your ability of excellence. Thank you mother. You are the ability of excellence and you are the very existence of existence then in the end being a Musician I have concluded with sangita tasurattu durytansa dhirattu You are the the note of the music the divine note of music and You are the Saka to the deprived You are the ever overflowing flood of love which you are ever prepared to share with everyone Oh Nirmala, how much should I praise you? This is the essence of it Ay, elow spelled music Hang it out, buddy. lay O's aromatic Arhhhhh Arhhhh! Ooooooooooooo Councillors! Ahh... Ahh... Ahh... Nirmala Kithi varna vithu ji kastuti Nirmala Kithi varna vithu ji kastuti Mane wala dete se, mane wala dete se Deva ji anubhuti Nirmala Kithi varna vithu ji kastuti Nirmala Kithi varna vithu ji kastuti Nirmala Kithi varna vithu ji kastuti Murali cha swarata tu Rudas panda chala ita tu Ananda cha sarita tu Sagaracha bharati ita tu Nirmala Kithi varna vithu ji kastuti Ohh... Kithi varna gihu ji kastuti Agra shakti Aagar shakti Varna gihu ji kastuti Aag kithi varna vithu ji kastuti Anandamat stophur istam Matcha Shu Karimat sa pek shatu Karimat se mukh shatu Marimat se lakshahitu Nirmala Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Marimat sa pek shatu Nirmala Kiti sa pek shatu Marimat sa pek shatu Nirmala Kiti sa pek shatu Karthukvat se kartruthvat Jeeva natsayasthitvatthu Nirmala Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti Oh, Kiti varna vithu ji ka sthuti one two three, one two three, one two three, one two three. Now everything is very Artist venue Thank you Thank you. There are many more nights which are going to be young we do. So don't be in a hurry for kabali. We'll have many more kabali's. Shri Mataji has requested for the marwa. That is the first ghazal which Pelos wrote. Na kudakpo dukte, lok beach majdhaar dukte. Would you want the meaning also? Alright. Dara, kar shahid, shabda dera? This again was written in a train. This time the train had halted. And I was, if I am not offending the Bengalis, I was amongst the stinking ruins of Calcutta, standard, and I didn't know what to do. So I said, alright, I'll write. And this is what flew in. Yes. But this had stopped. It says, na kudakko dukte beach majdhaar dhunte. Na kudha is the navigator. In Hindi we say navik, or in Marathi we say navik. The navigator. The ones who are drowning in midstream, those who have been caught in the whirlpool, they always look for the navigator because out of selfish end. Then it says, because of survival also, thank you Shri Mataji. And it says, saki ko rind maya kade medhoonte. The ones who are habituated to drinking, they are all the time looking for the bar woman. That is how the concept in India is that the wine was being served by a bar woman who is known as saki. So that the people who are drinking are looking for the bar woman in the bar. Saki ko rind maya kade medhoonte hain kamsar ko nase beykhte ar dhoonte. Those who are the downtrodden, the afflicted and those who are deficient, they are being sought by the critics because also the non-believers. Those who believe in themselves and therefore they criticize. Those non-believers of God are seeking these downtrodden people. They are also all the time because they want to criticize them and advise them as to what is right and what is wrong. But we sahaja yogis, we are seeking the people who are seeking. We are after the people who are seeking all these things, we are after them. We are seeking those who are real seekers. Ham ko dekho kyaam dhoonne walo ko dhoonte hain. Then the first answer is vatan parasti mein ham nasle ko mitane inta kam dhoonte. In the eyes of the poet even patriotism has to go to a particular limit. If you are going to kill somebody just because he happens to be enemy, according to the poet it is not a proper thing because patriotism is alright. But patriotism does not mean that you can kill your own breed. That is not the purpose of patriotism. Patriotism is to show your love for the nation but not to kill people. Is tabahi par siya sad dhan amno hamad, amno hamad hoonte. And on the foundation, such a weak foundation of hatred and mutual distrust, the politicians are looking for peace and tranquility, eternal peace. How is it possible? If the basis is... They boast of achieving total peace and tranquility. Where are the foundations? By perpetuating hatred and by perpetuating mutual distrust, this being the foundation, they are trying to bring peace. What is... what is... contradict manifestation? This is hypocrisy. Then it says bandho ko bhatkane zahit karishma dhoonte hain. Those who are false gurus, those who are alleged godmen, in order to mislead their devotees, they are looking for miracles. Bringing out bibhuti from their hand, bringing out a Swiss made watch saying that this is given by God. Now I didn't know Switzerland belonged to God. God lived there but I'm sure Shivataji, God was not giving wristwatches. Yes, some people's god live in Switzerland in the bank. Yes, so bandho ko bhatkane zahit karishma dhoonte hain. Ye karishma ham dikhaan hain bandho ka hai ma dhoonte hain. While people are... the... the godsmen are trying to create sort of confusion in the minds of the disciples by showing miracles. We are trying to show this miracle by merely your surrender, your honest surrender. If there is an honest surrender, the miracle is bound to happen. It is a fait accompli, it is coterminous. These two things are coterminous. If you are having a total surrender, your miracle is achieved.



Leader of Slava. And where is the leader? The leader. Hm? No, I saw him. He's there. I have seen him. Gunter also has now come to Czechoslovakia from Austria and he's working and he's done. Let's see what a great work. May God bless you. May God bless you now. Please. Hungary. Hungary. Leader of Hungary. I didn't see him. No. Is he here? George. George. Leader of Hungary. Sitting at the back. Who is that leader? Leader of Hungary. George. It is very significant to get a purse on the Lakshmi puja. Leader of Poland. Thank you. Leader of Bulgaria, Veska. Leader of Bulgaria, Veska. Thank you. Thank you. All right. This is for Russians. We'll keep it. Russians have not arrived. What else is there? Done. All right. Now I really don't know how to distribute your presents which we have got here for you. So as we do it in India, first we'll give to these two talented ladies who played very well from Romania on violin. Please give them a round of applause. Thank you. Thank you very much. I hope you will enjoy this event. But please, I'll tell you. This event will be held in Romania. Thank you very much. Then for the girl who played, who sang very well from Tariati, the little girl. Anna Maria. And the little girl who sang. No, no, all the other people. Men do not come just now, the ladies. Yeah. The little girl who sang. It is for the little girl who sang. It's Che Karao Kuntath. Che Karao Kuntath. Namishad. You see, only come those people whom I'm calling because we got it assorted according to everyone. When I call you, you come along, all right? Now, what is it? This is for, which one is it? Now the one who was playing on the flute. Not these. Same thing. I got it. Better get all their names. Now, there was another lady who was playing on the cordial. One on the, another one on the flute. She, come along, no, no, not men, but this lady, send her. The one who was also playing. There was one lady who was playing on the cordial. You understand the cordial? The one who was on the cordial. What do you call cordial? Cordial. According. These are only accompaniment. These are accompaniment for them. This is all right. May God bless you. The book is called, It was Gaspogne. For the ladies who were in the French drama. Les Francais. Les Francais qui ont dans c'est, c'est le vous plait. The one who came for the French drama. Les Francais qui ont interpretait la piece de molière. The one who came for the French drama. The one who came for the French drama. What's your thought? All the dancers. Now the dancers. Les dancers Francais. The one who came for the French drama. Les dancers Francais. All that colored one will go to Kanchal. Hello? Just wait. No, take around the color. And one for Kanchal. Take it for Kanchal. All right. Now how to distribute more? Now we can do one thing is the small children say about girls up to twelve years. This is better. Thank you. No, no, no, they are not talking. Come on, do not. No. They are all right. Take this. Hello? Thank you.

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And it is this joy that Shrimata Ji has come here today to teach us how to open and how to feel. Shrimata Ji has come here today to teach us how to open and how to feel. And it is this inner peace that will transform mankind from within that will transform the whole world. I will speak a little bit about the chakra system before Mother Kamsa. She will talk today I believe about specific chakras and about how the system works so you have a little bit of understanding. ShriWhy take care, take care. Otherwise I will be located in inside the Jerusalem. So, you see, we wasted lot of time yesterday on watches. I don't believe that people will argue too much, ask questions, discussions and oppositions. They will not believe. So, I believe that people will not believe. I don't believe that people will argue too much, and that they will not believe. And there is a body against it. There is a body that discussions are not going to give you that status of worry. Of status of worry, we have to go this morning. In the same way, we have to go this morning to focus on the yoga. One has to realise that it's a living process. And living process works out by itself. Now, if you want to sprout seed, the Mother Earth will sprout it. But if you argue with the Mother Earth, what will she do? So, the living process is not a play of works, it's happening. So, some relevant questions have come, meaning at all, and we should not waste our time in that. Now, of course, certain warnings I also have to give you. Certain warnings I also have to give you. Because there are many false people in this world who have come out, because there are so many seekers. It is all a money-making proposition. And humans cannot understand that for living process you cannot pay. How much do we pay to the Mother Earth for sprouting the seeds or giving the fruits? How much do we pay? Now, so we have to understand that if this living process has to take place, then it has to work out without any effort, without any money. So, that is why Christ has said that a rich man cannot enter into the kingdom of God. He has also said in His human that a camel can pass through the eye of a needle, but a rich man cannot enter into the kingdom of God. Through the eye, through the whole of the needle. A camel can pass but not the rich man cannot enter. So, how much do we pay to the mother Earth for sprouting the seeds or giving the fruits? The reason is those who are having money too much or power too much, they can or chase their masters. So, how much do we pay to the mother Earth for sprouting the seeds or giving the fruits? And those who can be purchased cannot be your masters,

they are your slaves? There are people living on your money, cheating you and also they have no self respect. So, one has to understand all people who are, whether they are from India or from any country, if they are asking for money you must know their faults. I am telling this because many of them have asked about transcendental meditation. About ten years back I came across those people who suffered from transcendental meditation. This was the gentleman who was running an institution called the Five of Avesha in the United States. Some people believe that by reading some books you can achieve. How if you see that has it been done or has it been done? So, by reading some books there are people like, quite a few, I have seen like Jews, they make a small little Bible of time, but their Bible is still like they call it. And they cover it in that as well as I am putting it away. How would you achieve your second May 8th by reading all of these things? We have to be honest in our sin and alert. And must seek for our benevolence and not flail to the hands of these people who are just trying to exploit you. So you must know it's a living process and a living process works spontaneously in Sahaj. So now this knowledge has been given to you about the subtle centers we have and about the teachers. But even by listening to this knowledge you are not going to ascend. For that Kundalini has to rise. It has to connect you to the All-Pervading group. Now Kundalini is your mother. Everybody has an individual mother. And she knows everything about you. And she is just craving for a chance where she could meet somebody and she could rise like the sea, just like Mother Earth is proud. Now, Kundalini is the reflection of the Holy Ghost. Holy Ghost. And Holy Ghost is the desire of God Almighty. And God Almighty is our Father. He loves us more than any father can love us. He wants us to enter into the kingdom of God and enjoy His blessings. He does not want us to suffer for them. So this Kuda-yul is the one which is the pure desire that you have. The pure desire, the Kuda-yul is the pure desire. Kuda-yul is a self-arsodition, is the power of pure desire. All other desires are not pure. You want to buy a car, where tomorrow you want to buy a house, then you want to buy a car, then you want to buy an airplane, those are like that. In general, ones are not sexual. In general, ones are not sexual, it is a law of economics. The law of economics is that in general, in general, ones are not sexual. Desires are not sexual, they cannot be satisfied. In general, this is the only desire that you have within you, which is pure. And what is this desire is to be born with the root. Once this desire is fulfilled, then you become a transformed personality. This is what is known as the second birth. In Sanskrit language, a saint is called as Vijaha, and a bird is also called as Vija. Vija, mani twice born. Therefore, as Vijaha, a saint is called as a person who is born again, and a bird is also born again. In Sanskrit, a bird and a saint is called as born twice. In Sanskrit, a bird is born as a personality. Now, because first the bird is born as an egg, and then it becomes a bird. In the same way, a human being is born as a human being, and then with self-realization, he becomes one. In the same way, a human being is born as a person who is born again, and then with self-realization, he becomes one. Now the kindness comes for many people to get their realization. So what is realization in this that you become the Spirit? Now what is the Spirit? So the Spirit is the deflection of the God Almighty within us. So the Spirit is the collective being within us, which is the collective being within us. So if you become the Spirit, you become, again I say you become collective being. It's not just a certificate. It's not some sort of a badge, but you become in your central namma system. That means you can feel on your fingertips the centers of another person as well as your own centers. So the Spirit is the collective being within us. So the Spirit is the collective being within us. So the Spirit is the collective being within us. Now when the Spirit, the light of the Spirit comes in our attention, our attention becomes enlightened. Then what happens to us that we, supposing we are somebody's holding a snake in the hand, and we tell that person holding a snake, but it is darkness, so he says, no, this is the rule. He will say, I believe, I know, which is the law. He won't listen to me. But when the light comes, he'll throw it away by himself. So what happens to us when the light comes? It's not like you tell him. In the same way, when you get enlightened, you give up all the habits which I can say to him. You become a free, strong personality. Your attention becomes extremely compassionate and dynamic. And your eyes become innocent. There is no breath and lust in your eyes. And they become so powerful with love, that such a person, even with a glance, can bring in peace and healing in another person. Then this attention becomes the source of knowledge. Absolute knowledge. You put ten children who are realized souls and guide their eyes and ask them to say, what is wrong with this person? You take ten children and they are either the person, or what is wrong with this person before them. I don't realize that you are there. The question is, how do you feel about the person who is sitting before you and has no problem in this center? This center is the Vishuddhi Chakra. Now to pure descent. You have to put your fingers in your ears and right back your head and you have to say Allahu Akbar. This is the center of Akbar. Now we have aspects of God like His pilani, He is Akbar, He is a him and he is a kalim. Tananam Pithim is giving picture of Yusuf Akbar, Ilani Tesh Akbar, Raman Vaira Hintesh. He is not like one rock of Gibraltar. He has aspects. As a father, he could be a brother and a grandfather and a son. So when this spirit comes into your being, your attention becomes dynamic. You become very creative, very creative and you start creating new ideas which people are surprised. When you are in the center of your body, you become very creative and you become very creative. You become materially alright because you know how to achieve a proper balance in your material and physical life. The physical life is very

important, the physical life is very important and the physical life is very important. And the divine power also helps. The ancient Tananam Pithim has a very strong sense of the story. In the countries where they have black matter too much and negativity, it can never prosper materially. Now I think it is in Islam said that one should not drink because it goes against our awareness. But we can just do it after self-realization. We just don't do it. I mean we are not trying to drink. I never tell you don't drink, I never say don't smoke. Just do that, don't do it. Because no habit can overpower you. You become so powerful. So the second thing that happens to you, that your attention wherever is put, and basically you will watch is the problem. Attention, we put it to anyone. You can find out about anyone who wants to find out. One of you think that. No, no, no, no. I said if you put attention to somebody who is not here, you can find out. I think that if you are a person who is not here, you can find out about anyone who is not here. Now if I say that Heather Palmer was an incarnation of the primordial master, some people who are not Muslims may not believe it. But if they realize so, then just ask them to think that they will know the vibrations we start from. So everything can be verified. Because Hadrad Bormath was very humble, he didn't say anything about himself much, and he didn't say what he was really, how great he was. But with this attention, you can find out about all of them. If somebody is a false person, you can feel the heat on the fingertips. And if he's Italian, you can even feel glisters on your fingertips. So everything you can find out for yourself. It is so simple because you become the instrument of knowledge. So you know the truth. You know the truth because you become the spirit which is the source of truth. Now there are 36 nations where Sahaja Yoga is working. And we have people who are of all religions who are in Sahaja Yoga. They all say the same thing. There's no quarrel of any kind. Never. There you meet about 3000 people from various places, from different languages, and all of them just enjoy each other. This is the first time you enjoy another little bit. This is the first time on the interval stay another little bit. There is no rivalry, no jealousy, no backbites, nothing. So such a beautiful human element is created. They burn it in summer, very silent times, between Sunday and Sunday yoga. So that the second one is the point that you become the spirit and you enjoy. And you become a witness. You see everything like a drama. You are not involved in it. You become a witness and you see everything. You are not involved in it. And then you can solve your problems better. Not only that, but you just start like dissolving into the ocean of joy. About all when you enter into the Kingdom of God, every step you feel there is said, the wrap will happen. Every day you feel there is somebody who is telling you, nourishing you, looking after you. Apart from your physical health, your fruits, your fruits, your soul, your soul, your soul, your soul. Mainly you feel so peaceful within yourself. And after some time you become empowered and you can utilize this to others. You can heal people. You can do all kinds of things which can be called as veratas. So this is the thing we have to achieve. That is the aim of human awareness. You have to achieve that status. And I am very happy that I go to Turkey and I found so many of you who are seeking that. And that it has worked so well with so many of you. Yesterday we spent a lot of time in asking questions and answering them. But that's not very healthy because as I told you, it is worse. You cannot work out anything. During the last two years you have been in the hospital for a long time. It was the first day so I said, all right, let's see what your questions are. Because after all, while you are doing your meditation, I don't want you to start asking you questions. You can also ask your own questions. So the meditation is the mark. At that time I hope nobody will ask you to get photographs and restore the people with their flashes. And what should not try to act this for nothing at all? What should not try to act this? If you want to have your realization, you cannot have it. I cannot force it on you. I cannot even force my ideas involved. And whatever I may say is not necessary that you get realization by what I say. Whatever I may say, but it's not why we are talking that you get realization. You have to get it. So there should be no quarrel about it. So now I think we should have directly the experience of self-realization. If I don't want it, you should go because I can't force it on you. Now I would request you very kindly, if you want to come in front here, or you can come and sit here. If you want to have your realization, come anywhere. If you want to have your realization, come and sit here. Please be quiet. Please be quiet. Please be quiet. Please be quiet. Please be quiet. Please be quiet. Please be quiet. Please be quiet. Now if you have any questions you have read, ask, question to Me outside or go to question event. Keep it without any questions. Please, can we come quickly and please. Now I have requested you better take out your shoes, we'll be able to bag the answers. I have come to reach for this, so I reached out. Now, you have to cut your left hand towards Me as I told you yesterday. And right hand we have to use for giving nourishment to our centers. The left hand is the desire power, not the pure desire but the desire to get Self-realization. So, it's not the right hand. It's not the right hand. And the right hand is to be used for giving nourishment. In a sense that you have to nourish your centers with your right hand, it is for action. So, we have to first of all put your hand on our heart. Because the Spirit resides in our heart, and then we have to put our hand in the upper portion of our problem. Which is the center of our mastery which is created for us by prophets. Now, you have to put your right hand in the lower portion of your problem. Now, you have to put your right hand in the lower portion of your problem. Which is the center of pure knowledge of divine laws. Now, again you have to take your hand in the upper portion of your problem. Now, again you have to take your hand on your heart. Now, you have to take your right hand in the corner of your

neck and your head and draw your head through them. Now, you have to understand that this is the center, this part of the field. Now, you have to put your right hand on your forehead cross and press it on both sides. This is the center of forgiveness. Now, you have to put your right hand on the back side of your head and push back your head on it as which I think we are. And here for your satisfaction you have to ask for forgiveness from the Divine. Now, you have to stretch your hand. Now, you have to stretch your hand. Now, you have to stretch your head and put the center of your palm on top of the fontanel bone area. It is a soft bone in your child. This is very important. You push out your fingers. Now, you have to stretch your head and press it on your scalp and move it clockwise seven times. That's all we have to do. But please remember that you have to push back your fingers nicely and push it up the eyes. It's not like this, but... That's important. All right. There are two conditions before we start. First is that you have to forgive everybody. So when you forgive or don't forgive, you don't do anything now. But if you don't forgive, then you pray to wrong hands, mentally. So just forgive everybody. Yesterday many people felt the heat when they came to me. I asked them to forgive. Then I felt it too. Now, second condition is that you have to forgive yourself. Now, second condition is that you have to forgive yourself. You are not to feel guilty. You should not judge yourself. You are not to feel guilty. So forget the past. These are the two conditions and the least majority of people if you are sitting on the chair, who put the feet apart from each other, when you are sitting on the ground, is all right. Now, we come for trouble. But you should not stretch your head too much, but you should stay straight. That's all. Now, you have to loosen your neck or something at the waist if it is tight for you. Now, also you have to close your eyes and not open them, delightingly. Then, you have to take out your respect. Take out your respect. You have to take out your respect. Then, please close your eyes. So you are not to feel guilty. You are not to feel guilty. Now, just lay over there. So now, put, please close your eyes. You are sensitive to the type of attention. Now, put your right hand on your heart. In the card, this is the card for yours. Left hand towards me like this. Here, you have to ask me a very important question. You can call me Shri Mataji or Mother. Ask the question three times. Push sorry your heart. Mother, am I the spirit? I name that, Ruhmir. Now, please take down your right hand. We are working only on the left hand side, so please take down your right hand in the upper portion of your abdomen on the left hand side. Here you have to ask another question. Because if you are the spirit, you are also your master. I am the first human being to be a master. Please ask a question. Three times again, Mother, am I my own master? I am the first human being to be a master. Now, I have told you that I respect your freedom. This is the only thing that is related to the consciousness of the Lord. And I cannot force divine knowledge on you. I am the first human being to be a master. So now, please take your right hand in the lower portion of your abdomen. And here you have to say, in your own freedom, Mother, please give me divine knowledge of pure knowledge six times. Because this center has got six petals. So, I am the first human being to be a master. When you say and ask for divine knowledge or pure knowledge, the Kundalini starts moving. You are the first human being to be a master. The Kundalini starts moving. Now, to nourish the higher centers with your self-confidence, put your right hand in the upper portion of your abdomen on the left side. Here now, with self-confidence, please say ten times, Mother, I am my own master. Buddha, petun bani nisve, anne bann kantikantamil avan siddhi, onkara. Now you have to know that the greatest truth is that you are a spirit. You are not this body. You are not this intelligence or emotions. You are not your conditioning or your ego. So you are the pure spirit. Now put your right hand on your heart. I am beautiful bhatkara saying, Mother, I am the spirit. Say ten times. Three times? Ten times. Now put your right hand on your heart. Okay. Now raise your right hand in the corner of your shoulder and your neck. And turn your left ear right. Here we have to say with full confidence, sixteen times. Mother, I am not it. Buddha, petun bani nisve, anne bann kantikantamil avan sushudhe landi, onkara. Twelve times. Twelve times? Sixteen times, okay. Okay. I say, Mother, I am sixteen times. Turn your left ear right. Mother, I am not charitable. Because, root is the ocean of love and ocean of forgiveness. And what are the mistakes you might commit that can be easily resolved in that ocean? Now take your right hand on your forehead across and put down your head fully on it and press it on both sides. And then, you can see the ocean of love. Here, I can see the ocean of love and ocean of forgiveness. This is the center where you help the funny mothers. How many times do you know the one from your heart? You have to say, Mother, I forgive everyone. I don't know how many times you have to say, Mother, I forgive everyone. This is the place where you have to say, Mother, I forgive everyone. Now, take back your hand on the back side of your head and push back your head on it. Here, you have to say for your own satisfaction that over divine power of root. Please forgive me just for your satisfaction. Please do not count your mistakes. You have to say, Mother, I forgive everyone. Again from your heart. How many times? Now, take your right hand on top of your head. How many times do you have to say, Mother? How many times do you have to say, Mother? I put the center of your heart on top of the fontanel bone, which was the soft bone in your child. How many times do you have to say, Mother? How many times do you have to say, Mother? How many times do you have to say, Mother? It is important that you push back your fingers. But you cannot. We are... pastramals of analysis. Please do it seven times. But fear again, I cannot cross your freedom. I am a child of the United States. I am a child of the United States. I am a child of the United States. So you have to



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They are all saying that we want science to come here. They don't know what is their heritage. Our heritage is spirituality, not science. What have they achieved in science? They don't even know English language. And they have got no idea about science, nothing. But they think you people are coming from the country of science and you know what science has done to you. That's why you must understand that this country there is a kind of a stupid understanding about science. When the British were here we were sticking on to our own culture. Science has no culture and that's why you all have lost everything that you had and you are having all your social problems and this violence and all that. Because they are dealing with science they say there is no God. So then they can drink, they can do whatever they like, they can kill anybody as what is happening in the West. So these are few people here, not many, but still you must see that what is growing in this country is very dangerous. That's why I have to request all the Sahaja Yogis of India to work very hard to spread Sahaja Yoga so that these people will be controlled. They are very criminal type of people, very criminal. Only one of our Sahaja Yogis was killed by them in Bombay. They are very criminal type and I think gradually the government will take over and they'll be alright. They wanted to come on the stage because they can't arrange any program, they can't have people, nobody is going to attend to their program. So they wanted to speak from this stage. People said that we have not come here to listen to you, we have come to listen to Mother. So just imagine how the violence is now spreading in this country and how important it is to spread Sahaja Yoga. You all know very well what's happening in the West. They are saying that I must be taking money from you. Now is there anybody who can say that? It's the absurd thing I tell you. Just a kind of a funny aggression which has no meaning. So you should not really bother about these people because they are here. Tomorrow we'll see to it that we inform the police about it and we'll take them to task. I think we should carry some dogs with us. That's a good idea. If you carry some dogs they can attack them. Not we, we are not dogs. It's all a drama, you just see that. It has to go on in the history, let's see how people are. In a country where there is so much of culture, spiritual culture, we have such a heritage. They have no heritage of science. Now what are they talking about, I just don't understand. I think some of the doctors are afraid that if we start curing people out of Sahaja Yoga they might lose their jobs or they might lose their patience. But there are so many patients in this world and I told them yesterday that I am not going to treat all the rich people, let me treat only the people who are poor, who cannot afford to get cured. I told them very frankly but they don't want to listen because they are all drunkards. They are all drunkards and that's why they are behaving like this. Just like this they were shouting. So they cannot see us enjoying anything, that's the main thing. They can't see us enjoying anything and that is why it is important for us to understand that we are Sahaja Yogis. It's nothing compared to what people have suffered for religion in this country, for their goodness, for their righteousness. But I think the people in the village are the ones who have been paid. They have to drink alcohol and destroy everything. This is our religion now, nothing else. This is our politics and all this. The people who are poor, who will cure them? They don't see anything. They don't see goodness. What is the use of troubling the saints? They don't see goodness. When we are white, the saints should be seen clearly. I told them that I don't want to say anything like that. I don't want to break my bones. Then they sent another message. But it was nothing. They were scared. Then they sent another message. It was written in that message that you should explain everything to us and explain to us about Sahaja Yoga and how Kundalini awakens us. I said that earlier the doctors had already got an MD from three doctors. And these three doctors, they have not even fallen on the road, it takes a lot of effort to get an MD. And they are giving it to the Shastras. They cannot give it to all these people, but they don't think about it. Three children got an MD in Sahaja Yoga. Now what will happen to them? Again and again, I told all the people that I had told them not to come. But two or three people, they were so clear that we had blood cancer, Sahaja Yoga was good and life was good. So they got angry. Because they won't get anything from the doctors. They will be drinking alcohol. They are from the village. Look, they are your children. They are drinking alcohol and doing this. You should take this into consideration. Don't let these children get into such a mess. They will go to jail tomorrow. They will be thrown out. Our children should be made into a culture where they drink alcohol, throw stones and become such good people. The people in the village should also understand that our children are like this. I give them two thumbs and I make them right. If they get into such a mess, how will they be? I hope they have not beaten Yogi. Where did you go? Rangapur has a very special feature about it. You see, Ramadaswami, the master of, the guru of Shivaji, found the statue of Sri Rama, Sita and Lakshmana in this river, at this point, in the Krishna river. And this was such a remarkable thing. They didn't know how the statue has come there. So it was taken to a place called Chafal where they put it. Now Sri Ramadaswami had created lots of Hanumanas out of the Mother Earth. Lots of Hanumanas out of the Mother Earth. Now, you see, they are saying that it's better to go by buses, so they are going to call one bus by one bus. Some men should go. The men can go, few men. We'll go last. The Sahaja Yogis, men,

have to go now by buses because the police is afraid that these people might try to trouble you. So they are going to get the buses here and you all should go in the bus. Now, all the men who are here need not go, but quite a lot of them, there's one bus coming, one by one, you go by bus. The policeman is going to look after you, all right?

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and our enemies. With a gentle, profound, all-celebrating power, integrated with the Lord, and with the power of our enemies. Now, the first manifestation that will be the end of this war in England is the present day. The present day is when we will have chills to FM ReadybellSpeakup.org Becoming very much part of the expectation for youth. Thank you for responding. This equals a Scope of a 350 year presentation. Its' purpose to encourage youth into legislation to show opportunity, policy and Brasil Secretary. irs. Thank you. Thank you. Thank you. There are no questions. I would like to ask you a question. It is possible that you will present the script for the book of the European. Thank you. Thank you. Thank you. It is Allow I secondly tackling this problem along with your Stupid She is not correct in your session. On the God-puhli you said that one has created all the peace for us. She is not correct in your session. Also in the Bible it is said that we should not take too strong place. We should not take too strong place and the wine which was prescribed, it has the great juice of the Hindu wine makes the great juice. I need to talk on this. Because You are too strong and YouJ 7 thick with periodets you give so much comfort, and so you give so muchuckle. Also telling me that this great Buddhists have now or the garnishes have that, I feel that. How can Christ or anyone under the same belt can take for alcohol which takes you away from your awareness? They always talk sense. But because they say that we are very, the converted part of the word is white and white doesn't mean in any way, any way. I'll go home because it was an instant but I thought you always say that when you rot the thing. I'll go home because it was an instant but I thought you always say that when you rot the thing. I'll go home because it was an instant but I thought you always say that when you rot the thing. cubic One said, your prosperity and Matt asked Me about that So I made the water and made it into water for my life. This Thank you very much. plants is that you receive it. Understand, is it possible to relate to saints Is it? I think Ian is saying Pole You're the pole of causes You are where always the cheers. You should come todesign It all Ma'am, what are you saying to the State with you I don't know the saying, assays cannot be saved. That's one part of the work. What is the miraculous way to? That I don't know. It's not supposed to be miraculous. But miraculous are like this in the Kundalini, is the biggest miracle. We call this a marriage process. And in many people you can see the pulsation of the Kundalini and rising of it. Miraculous are not that you show somebody some sort of diamond or some sort of ash. This is no miracle. This is all mesmerism. Some people think that in the presence of certain people you just start jumping, making noises similar. That you can do anyway. And you can take some diamonds or something others, you can buy them up. These are all other things. These are not the diamonds. We have had a meeting of all the Sahaja Yogis today and when they put the photograph on everybody's head, there was light. The miracle is that it will get cured, Sahaja Yoga. It's a fact we have got it established now because two people have got everything. Two daughters have got everything. Two daughters have got everything. Also the miracle is that a person with a right forehead, suddenly overnight becomes absolutely from all backgrounds. And a very hot-tempered person becomes a very compassionate person, a transformation, a transformation into that. In Sahaja Yoga you mean when you make them into the kingdom of God, you find so many miracles. We wanted to publish a book but now we have such a fight with the dead dead. We don't know what it is, what God means. When you find so many miracles, you have to be very careful of your own self-realization. These may have been sick because they didn't know how to protect themselves perhaps. Now I have to tell you about the experience we have about the Holy Christ. When Christ was crucified, it was said that He died for all sins and He suffered to wash our sins. When He has suffered so much, why should you suffer not even for the name of Christ or in the name of God? Why should you suffer? It's a myth. He has already suffered for you. You are not going to suffer more. There are things about every incarnation. But to understand them in the right possibility, you must first have your Self-realization. Otherwise you cannot understand them. Otherwise you cannot understand them. If ordinary people could have a surprise, they could not have crucified them. What might it mean that human beings take falsehood much faster than the human beings? Because truth is very simple. And they don't want to accept something very simple. They want to do something out of the truth, like they are being spiritual sick. They wear funny dresses or they will be on the streets dancing, I don't know, all kinds of things they do. But Self-realization makes you absolutely normal. You do not take to anything abnormal. You do not take to anything abnormal. And when the people try to create drama, they understand that it's not normal. Understand that it's not normal. Because it is false and they won't cover it up.

So those who are sick of some truth must be honest and must be sensible. And if they are still identified false truth, it's impossible to give them the truth. So first they should feel this way that, I haven't found the truth and I should find the truth and then only I will decide. All the phenomenists believe that they have found the truth. They are all lying and they think they have found the truth. And creating problems now, that's the main problem of the whole world. So what has to be very clear? What have I got out of it? What should I know? Somebody might say, please tell me, this guru or this man has lots of powers and miracles. So what? What did I do? Like this. So what did I do? As a Mother I would say that if you had something, you do it like person of that kind, then what will you get? You have been going to the jungle, you have been going to the church, you have been going to the mosque, you have got gurus, you have made money, gurus, everything. What will you get? This is due to innocence, people, innocence. But more ignorance and they start believing that what they are doing is alright. That is how they want to see the excellence all the time. But we should know what we will get. What our powers are manifestly? What has added to our awareness? How are we in a higher state? You should give certificate to yourself with knowledge, with sense. Moreover, you cannot pay for it. If you just take this point, I believe 99.9% people will be false fighters. After all, you should be for your relevance and for your higher state of awareness that you are seeking. You should not be just a fashion or because everyone is doing it, so I should be. With My husband, we have another life and I find all the same people, parties and the way they talk amazes Me. They say, I have met this guru, he is expensive but he is very true. Like I said, I went to Russia and they had one official name. So they cursed this Orthodox Church because I wanted to keep the Church, Orthodox Church. And the head of the church was a black order and he started talking about this church and all that but he said that, today we are having a fasting day so we cannot eat late. What he can say? And he drank so much that he forgot that we were sitting there and let him see us all. And when he went out in the car, his officers who were with us, Russia, they started laughing. And they said, is this the man of God? Then they told us that Zara wanted to have some religion because Russians had no religion. So they sent for Catholics, Catholics. And the Catholic priest said, alright, you can drink as much as you like but you can't marry a lady. They said, this won't work out for Me, three-four sides, this won't work out for Russia. Three-four sides. So they sent for Muslims. But you cannot drink. So they said, this won't work out, we have to drink, if it is a cold country we must drink, we can't drink for God's sake. So they sent for this Orthodox Church, Greek Orthodox. They said, you can drink as much as you like but I am biased as much as you like, only you must pay us well. That's all. So they adopted Greek Orthodox Church. Now can you please answer? So naturally I said, how can they do God? What is this? This is the design of Christ. I said, please don't judge Christ by these people. They will follow Christ. Get your Self-realization and then you will know what is Christ. So the most important thing is that you must get your Self-realization. Now if you want to find out escapes, they are very powerful. Now if you want to find out escapes, they are very powerful. Nobody can force you. But if you have any value, any respect for your own personality as a human being, you should all ask for Self-realization. Now we have already told you about the centers that are within us. Now we have already told you about the centers that are within us. But this power, who can be, which is in the triangular bone, called as center, when She rises, She nourishes all these senses on Her head. She passes through all these six centers. The lower center, if you see, is the center which looks out under heavy plexus, which looks out to a exclusion. And this is the center of your innocence. Innocence cannot get lost. It can be covered but it cannot get lost. Now when the Guru realizes, She passes through only six centers, so She does not pass through the lower center, which looks after even cells. So the nonsensical idea that the sex-based part of your ourselves is nonsense. Of course sex is a natural thing and has to be dealt in its own proper eliminations and understanding. But it does not give you an ascent. The Kundalini rises and when it starts rising, this center stops its activities completely, if there is no exclusion of the inner life. And it passes through, first of all, the first center which is called here, is actually the second center in the series, but it arises out of the third center, which is the lower, which is the solar plexus. Now the center which we call as second center is the center of Swadhisthana. Because from the disadvantage of Swadhisthana we get solar diseases. Today only I tell you about one center, how we get solar diseases out of the scoring of one center. Now the Swadhisthana chakra or the center has the main job that it will blesses your blessings in your brain when you think too much. It converts from the fat cells, creates those grey cells and those who think too much, this center has to work very hard for that person. Now when this center is working so hard, it detects its other duties. The other duties are to talk to the river, the pancreas, the stream, the kidneys and for the intestines. When it declares the river, the heat is created in the body. And with the stream you get diseases like asthma and ultimately the heart attack. Then when it declares the pancreas you get diabetes which is a common disease, other people who think too much. Now the people who think too much also are very lengthy and very much an ambitious. And the stream is the rhythm maker or we can call it, is the one that keeps the rhythm guys properly. And when one does emergency, it produces red blood capsules for emergency. And when one does emergency, it produces red blood capsules for emergency. But when it is detected because after the week I will be able to crack cancer. Then kidneys also get spoiled and get hydrated and it

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When the discrimination comes to them, that's why it is called Hamsajya, it's called a discretial discrimination. Outside the swan. Bibek is discrimination. That's a very philosophical preach, is this, the way the Shudavani is. If one means the intellect, then he got so fed up. So he wrote Soundar El Ahari, where he said, let's pray, some other finish, that's nothing else. But every couplet that is there, he's a mantra. Take any minute, take Mohammed's house here. They are all with us. That's what Christ has said, that those who are not against us are against Him. But they didn't explain who are against us and who are not. You see, because the people came here, say Mohammed Sahib came here, or Christ came, that time what was the awareness of people? A suprar, very forward, but tribal people actually they had to deal with. And when Christ came also, he had to deal with horrible people there. So how far they could go? There was no awareness. Now there people are aware. You know, even now when I was living here, four years I was struggling with seven hippies to begin with. It has been very hard work. For sixteen years it was completely over. Namaskar. It's not like Turkey, like this lady, she got a realization just like Me. Four years I was struggling. I learnt every permutation and combination of problems, seven things. Now, Shri Mataji, that's something divine is happening there. That's used, I mean, that's not used. That's why I say the Muslims will take to Sahaja Yogi in no time, because they are dealing with the formless God. Mohammed Sahib didn't talk of himself at all. He didn't talk. He must have seen the point. He didn't talk. He just said that you follow the niraka, you talk. I'm just a servant of God, I'm a messenger of God. He didn't say he is an Adi guru. He's a primordial master, he never said. Because then the attention goes away. There's no idols in Muslim. No, no. That's why he cancelled it. Because people get fixed with it, you see. That's the worst case. And also for, he said that you should not have music, because, you see, during meditation if you have music, there's no end to it. You can have any dirty music, filthy music with that. He said, don't have anything. You see, for those days it was all right. But your Shri Yath comes not from Mohammed Sahib at all. It comes from Moses long time back. He, when he went and he found those ten commandments, he came down and saw people doing all kinds of things. So then he said, all right, then he, the third book of Bible, the angel you call it, Angel. The third book of Angel, you see, in my eyes. In that he has given all this Shri Yath that this should not be done, that should not, and you can kill someone to death. Yes, for the Jews. Yes, for the Jews. Not for the Muslims. Yes, it's coming from the... And the Jews don't follow. That time it was necessary, you see. What is the Sanskrit called is Samayaja, according to the time. Samayaja. So that was the time, according to the time. Like at the time of Bama Sahib, you see, so very men, very few men left and mostly older people. But the women were so many. So he wanted to establish the marriage institute. He said, all right, you marry four women. Even a young girl you can marry, you must have a sanction, collective sanction. That's why he didn't say that you have to marry four. And also you can serve many beautiful men and many women, and they are just pleased to grant them. Yes, of course. That's the reason. You see, to understand, what is this thing? So to understand them, we must first of all understand that we are human beings. No, it was done. Now, at the level of human beings you can't understand that. You can't understand that. At that time it was necessary. Of course, Samayaja, according to the time. Now today, you see, today as the situation is of Kundalini, so My attention is only on Kundalini. Because that's My job, now I will do that. So whatever is the Samayaja, at this time, I would say, of course, you can have international marriages, because now a world is going to come, it was born. So you can have international marriages, but you must have marriages. You must have monogamous marriages, you shouldn't have, because you see, AIDS and all that has come. So all that is in the culture of Samayaja. So it evolves, you see, according to the time. Time is very important. This is the time of resurrection. But people have really taken away all the truths with them, really them, and now this is My... For nothing, for nothing. They cannot understand now, since I am so angry with these English, the way they have supported this Salma, this Rushdie, because he is such a bad man, he has no business to talk like this about Mohammed Sahib. All right, I don't mind if he criticizes Muslims, it's all right, it is nice. But he is not criticizing. What, Mohammed Sahib? He is making joke of him. Stupid fellow like him. He looks like a... to be an idiot, that's all. No, he is hiding himself all the time. Why? Let him pay. He is paying you this way. He has made lots of money, that's all. Money making, all the intention. But today the time is different and the time is where the whole world has to be born. We have to know that we are part and parcel now. It's very different. Here we cannot have different races, different countries, different religions, it's out of question, out of touch. So we have to create something and that is so good, because that time how could they enlighten anybody's spirit? Nobody would have

even understood anything. Nobody was so subtle, you see, they are fighting morning till evening. And so many of them took birth in this area. Like also you can see in Iran you had Shiraz, you see, you had these people, Zardoz. Five Zardoz took their birth in Iran. And then comes Mr. Khomeini. He did relax all. See, this is what it is, I mean, all their work is going, absolutely going. And in the name of religion, that's the best part of it. But that way I found Russia, the most Greek country, I gave them left and right, they were even of all. I just told them of, I said, this is what it is, and religion is this and this is no religion, this is nonsense, this, that. But only in Russia one can speak like that. I'll have some sugar if you like. Thank you. Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji. Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji. But now there are thirty-six nations. Shri Mataji, think of it. Shri Mataji, Shri Mataji, Shri Mataji. My husband was elected by having thirty-four nations. So he told them, he told Me that once you have about fifty-one nations, everybody else will follow you. Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji. It's too much, see, for people to understand Sahaja Yoga and to take to the miracles of pain, it's too much. It's too much for them. See, they become, they are too much grateful, so they are very human. There is no way. See, and the thing is that this knowledge is also, I mean, any other knowledge, so easy, sugar. This knowledge is so subtle and I am surprised how Sahaja Yogis have picked it up. In no time, in no time. But you begin to realize the miracles. Previously we are not realizing the miracles, even in small things. I love people. For example, tonight I have some worries for you, because some of you are alone, I will be here with you and my husband has dinner, a business dinner, and I was worrying about it. I just called my husband and he told me that this concept, it is a miracle for me. It goes on like that. It's always like that inside the... But some are so obvious, nobody can explain. Do you want sugar? Thank you. Come on, baby. Come on, baby. I think our village life is similarly the same in India. Of course. The tradition is the same. You see, we shall... that you are fully fond of feeding people, Indians are also very... So once what happened that these people came to Hulapur in Sangri, and the Indians had done all the work, they were Sangri and all the work, and that was them. They came. When I went there, I found all the interesting like this, very interesting and unhappy. I said, what happened? I said, Mother, they came and they said, we are very tired, they didn't take any food, must be something wrong with us. We were passing at night, perhaps maybe that. But now we can't sleep, you know, it's very bad, we couldn't feed them, this, that. I said, who told you this? So I said, they said, Matias. I said, call Matias. He was half asleep, he walked away. I said, Matias, what do you mean by not eating any food? He said, Mother, we are very tired. I said, you better make them up and all of them you have, otherwise these people are not going to sleep well. I said, but why? I said, that's single. That's true. You understand that? You see, if they are angry, supposing the husband is angry, he won't eat his food. The same thing in Turkey. Same thing. And they woke them up, all of them. And how was they didn't know what was up. This is cool idea, I said, please, you better go through it. Now. You have a picture now, can we do it even now? Yes. What time is it, 9.30? Yes, 9.45. Second show. 9.45 now? Now it's 10 o'clock. It's 10 o'clock. 9.57. There's two. I don't know what's the work, night time is 9 o'clock. It's 10 o'clock. I better take out this Diwali business. Tonight, too much. It was up to here. Yes. They were cool. Still I love all that is, she changed the. Would you like to have one like that, Mother? I don't think I could eat and then I could. Okay, sir. One piece, young lady. What is it going on? I don't know. You see, I tell you, it would be nice if I could. You know, I'm very happy. You must make Me happy also, sometimes. We are so many, you have to make Me happy, all of us. Good idea. Tell Me, you can't argue with Sahaja Yogi, I'm clever about that. That even God, I think. 20 dollars. When? 20 dollars. No, Diwali dollar, I mean, no Diwali dollar. 20 million. 20 million. Ah, no, 20 million. 20 million. Who in Israel? What plain goes from Turkey to India? Turkish and Turkish. I'm twice away. Tuesday. Tuesday. Why is Tuesday? I don't know what is next, but there is twice in India. What is Friday? And how much it costs? How much? 20 dollars. I don't know if I will make it over, or let us see. Now, suppose they see you say we are in a big focus. I know. I can talk to them. More than fish cake. Yes, quite. Yes, quite. I would like some of you to come here. And you need one way for you to, only travelling. There are no ships going. It takes only one way, I think. I've seen from Aden to Bombay, one way. From Aden to Bombay. Aden, Aden. Aden, Aden. Youth, I don't know. What better is that fly to find out? It should not be more than 100 dollars. It is so close. Do you mind having some other companies? What about this Egyptian Airlines? I don't know how much they can find out. They thought maybe they were maybe they will feel very happy about it. Did you feel like an Egyptian, maybe? No, did you feel like an Egyptian, Laura, if I can? This is the one I want, Laura. Who can I say? I feel like a mother. Mother. Got it. Okay. My husband also must have it with me. It is possible. Yes. Yes. They just want to know if you are happy with their food. Yes, yes. You cannot have any food. So many colors. You call us? Two colors, they don't have. You have to have. Two colors, all right. Give him the fifty, take back the other. No, no, no. What are you doing? Give it back. Okay. Thank you.

Thank you very much. We have got people from America who have come to work out here. From America? Yes, from America. How do you know Babette is here? She is a judge from Austria. She is a judge from Austria, yes? And that's from America she is there, Babette. Shri Mataji, you have to go there. Shri Mataji, don't feel shy, come along. Only you come along. Please, they feel shy. I come once if you want. This is from Iran, I mean, this is also from Iran. So you come this way. Please come along. All the boys must start together. All once. This is a family. That's not giving. Welcoming the Mother. Come along. We have so many people. More of those please, because we can't wait. You could sit here. Come here. You too come here. Come along. Don't feel shy now, come along. Now are we all there? Yes. Okay. All my children are sitting and we are just waiting for the our American next class as cool family. And I need to be build up to them, into a local that I know. This is all about you, and all is about you. Come along and just sit together, with us. That's right. Okay. That's good Thank you. She wants to interview them. You have got so many guests so I take some information from her and then ask some questions to you. Maybe it's better to ask three much people. All right, you can ask. All right. Just have a tea, okay? Can you reach here? What is the name of the newspaper? United. United. United. United. United. United. United. United. United. United. United. United. United. United. United. Good morning. Good morning. Cheio. Cheio. Cheio. Cheio. Cheio. Cheio. Cheio. Cheio. Cheio. Cheio. say united in English you say good morning it's one of the famous newspapers I think I'm going to stay here I'm here till the fourth for this time there was second time could you tell me about you a bit my job yes yourself what should I tell you about you about you about you about you about you about you about you I was born in India I knew from my childhood that I have to do this work of giving self-realization to people it's a we're born in a royal family service is a royal family and they have also a calendar but now it's a long time back they were there and my father also for the great soul he was a master of 14 languages and he translated Quran a sheriff into Hindi language on that example was my mother was the honors of mathematics you but my whole idea was to find out a way and method by which I could be a master of it normally they take one disciple work hard on that disciple and mostly it works then it's all right otherwise they say all right we can't just put it down that makes sense Shri Kenaaradha kriyosochi, insanin bad neen eh volmasi, people are all over it it's found on freedom so she was born knowing it since she was a child, knew from her own power. What has only been done until now, as you know, find waktu' people useless o people go through a number of roads in the end. mechanisms that can give away the teacher of unity in isn't a small folk older than a pecum you will see that way in the program in the program in the program So in our country this knowledge was known to us for thousands of years, but only I always say poetically that there were very few flowers on the tree of life, so they could not become fruits. But today I think it's a blossom time. And in 1970, 5th May, I discovered a method by which I could do that, a master like this. And I think it's a very important thing. So it's a happening actually, it's an actualization and a happening that takes place. You can see in so many people when there is obstruction, this power that is in the triangular bone is pulsating, you can see it in naked eyes. And you can also see the rising of this power in some people. But those who are quite normal, it just shoots off. It's a very important thing. But otherwise if there is any obstruction then you can see it, this power. Even the triangular bone called as sacrum. That means sacrum is a word comes from the Greeks, so the Greeks knew about it, that's why they called it sacred. In Turkish also we know it as sacrum. Here, every person's energy is loaded here and the purpose here is to move the energy. This energy that the cinematographer makes, can move people. And even in naked eyes, you can see this in some people. You are a movement there, you are an energy center there. How do you see it? You see in the people as I said, there is obstruction and it's rising. Then you can see it moving like a little movement of a wave, you see. But it is like you can say a seed if you plant it in the Mother Earth, it sprouts by itself. In the same way, this is the thing, it's like a premium, like the premium. You know, it's a German germ, you see. It just comes out by itself. How do you get it to move, to move? See, it's so spontaneous, spontaneous. It is big. It's built in you and it is built in me, all right? It's like the Mother Earth is built in with that power and the seed has got built in it. So when you put the seed in the Mother Earth, it sprouts in the same way. Maybe you just show the method. No, no, no, no method, you see. It's just, even if they put hands like this, you see, it works. Just putting hands like this, it works. It works, why big? She might have got it, just if you don't have it. You feel a cool breeze in the head. I feel a cool breeze coming from the top of my head. Your head. Now, but just now see, take out the pencil from her hand. It's just put it. She's keeping it there. She's got her eyes up like a needle. Are you feeling it? Are you feeling? Yes. Ah. Because I could see your eyes. See the people's eyes. But now, see. What happens in the eyes? Shining. Shining, sparkling Mother all the time. What's this? What's this? What's this? What's this? What's this? Shining like a candle. Shining, shimmering like a candle. Shining. Shining. Shining, shimmering, shimmering like a candle. Shining. Shining. Shining. Shining. Shining. Shining. You are doing it now. I blame you, because I can bring it out and bring out the energy that went there in the center and then back to the center. Shining. Shining. It actually doesn't happen, but sometimes it happens. Can't you? All



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Extremely dynamic and also very deep, extremely deep. So in our country you see all the saints react to the atmosphere of a country and to the all the bad things of the country and all cruel things. Now ancient time we had in India a system by which anybody who is a seeker of God was called as a Brahmin. So all of us are Brahmins now, absolutely confirmed Brahmins. Then another caste was there, according to the aptitude, like as you say, ya Devi sarubhu tehi shu jaati rupe na sahasita. So there you have to have the aptitude, jaati, whatever is your jaat means your aptitude and according to your aptitude and your attractions towards achieving what you wanted they had made caste system. But later on it became a cruel thing as it becomes in everything extremely cruel, I don't know what words to use, stupid and artificial. So they started the caste system according to birth which was absolutely wrong and they started treating some people as lower caste. So one of them is a caste called Mahar

which is a very, very hard working, beautiful area of human beings. But they started calling them Mahar and putting them down. So because saints don't like all this nonsense and it is cruelty and this kind of separation of good people. So then he sings a song that, what can I tell you about God? How can I tell you how God supersedes people, how He puts people right or how He surpasses them. He Himself has taken birth as Mahar, as the caste which is the lowest. So this is how God has beaten everyone by becoming a caste that is downtrodden. So very beautifully put. Did you follow the thing? No, because you don't have that system here. But somebody is regarded as say, here of course you ill treat some people, say for example you ill treat people who are from black country, supposing. So now in that way in our country also we have a caste nonsensical system, absolutely horrible, superficial and nasty. So he reacts to it. He says that God Himself has taken birth now as of that downtrodden caste to beat all the stupid human beings. Now do you follow that? All right, thank you. So this is what he is. And that is how he has shown the superiority of those people who are unnecessarily caste downtrodden, which is a very harmful thing to any society, to cut out some part as useless for nothing at all because they are born in a certain family. Like here you have bureaucracy, or bureaucracy is not so much but you have autocracy, what do you call that? Aristocracy. I mean they could be the worst possible people, absolutely horrible, immoral, absolutely. But they are aristocracies so they think no end of themselves, which is so stupid. So he says that the God Himself has taken because he thought this is the purest form of human being, so took form as that caste which is downtrodden, the form of that, all right, incarnated as that. It's just only to karam can think like this. So beautiful. May God bless you.

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Now I would like to tell you about the meaning and the reason of it. This is the power as I told you yesterday. This is the take-off mode and the guidance and this is your self-driving. Now yesterday I spoke about the tendency to only listen on that this is the meaning and the awakened of many foreign actions. What? Down there. What? How to take that? Yeah, I can't. But I'm going to use this time. Do I feel it now? When you're done there. Why not? Now? That is the purpose of you? Yes. This is following people as you know. They birthed it out and they are now the foundation of freedom. I can say in Europe and in India because they are the real people who have worked it out and have done such good things. So I would say that a person must have that state power and see it. Now inside the body you do not take any money. You do not involve into a money combination where people think you are great money so much of it is just both ways. Nothing, they are so compulsive. They are so full. But you have to understand what is good for you. And that's how you have to come take your realization and it's happening. It's very important. Now if I have gone to Ramayipal for the first time and I see yesterday people got their realization and you see how they are happening. Because they are people of sex heart. So you see they are setting down a way for me. This is the difference. Even I have spoken to so many people in the West and have explained to them you have very very large number of people from the West. Large number. But somehow or the other this is the problem. That is the beginning one of them is gone, then they will set it down. Then again she will come. But they want out and they have said sometimes they want out in Sahaja Yoga. But there is nothing to doubt. Because there is nothing to demand. Nothing to doubt. But somebody told me from the BBC that you do not ask for money. People think you should be. You must ask for money. They do not value Sahaja Yoga. Because you do not ask for money. How much money? Can you tell me how much did you pay for getting yourself a life? I will just say how much you had paid. So this is one has to understand that this is an actualization. Nothing has to happen in our life. Say that I said you don't want to go. So you better do one and be the counselor and be the counselor. But I don't know if people are thinking out of that. Only by Jigar you get to know God. You have not been inside the human being. You have been inside it. You have been outside the human being. You have not been inside it. I think this was you that you can find out what you are saying. You are born of God. You are very clear and clear. And people before church you just say, All right, pay so much money and I will speak to you. You like people like that. But that is the thing that I belong to when I am Asian and I am a Muslim. And I am not European. whatever power you have, it is useless for you. I have got the power to be natural unless and until you have the power and you suffer. In the same way you have to also find out what sort of the type of death. You see people who are in the man, the character man stays like God inside the recluse and see what. When you find some people who are just jumping on the street, jumping, age and the like, then you find another type who are proved out to be a saint. All these things you should find out. What is the power of this man who has gone through this? Has he achieved something? And then only for so far all the time, if there are any, I can talk to you about some people who are not here, in 9 o'clock, they can come and sleep. But today I would like to talk to you about the

people who are on the street from the bar, and when you come there, I will talk to you. The main thing is sacramentalism, that's the people you need to come to. The love does not leave any land. Only you are a human being, and you should not come. That's the main point. Whether I talk to you for hours together or for two minutes, eight or three times, if you are human, you cannot rise, you are serious of my talking. Tuck, tuck, you could have been giving lecture, sacramentalism. What is the cause of this lecture? This is cannot make you a human being. The main thing is the sacramentalism. I hope today you will be a blessing of the Divine, and you will always get the sacramentalism. No one can do this. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. No one. The follow-up program on two days on Monday the 2nd of April and on Monday the 3rd of April at 5.30 pm on both days at this ashram site where you will be told how to sit in meditation, what little simple exercises you have to go through to increase your experience and settle down further and further in your own spiritual journey. I am still going to a vile state to be not for you. That's why I see all your life as a spiritual. And as Srimadaji says, to achieve all your right as a spiritual, you have pleased as birthright and by the grace of Srimadaji he has already granted to you the first six pages. Some of you who have not felt it, please do not feel in any way important. Because one time Srimadaji said, if you should be better, there is a silly cat and with an easy clearance, you can start feeling the divine vibration in your own head. So please do come on the 2nd and 3rd of April at 5.30 pm at this site for the follow-up program and to go further up in your spiritual journey. Please go home quietly. Do not discuss too much. We have used our brains a lot until now. Let the divinity work through us. Thank you very much.

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So far, maybe there are. Okay, Shambhavi. Very. Then who comes? Can't believe. I see. I am always in the past, don't you? Can't believe. No time to scream yet. If this time is coming to a false country, somebody just walked in and rose today. It looks like paradise. Where the relatives of India that they have to live, that they were left to live. This is a little bit outside. Right, please. We have some finals. A lot of them. Probably a lot of them. They are staying now and then. There is a lot of people. I am not sure. I am not sure. I am not sure. I am not sure. Okay, I am going to bring some more. I am not sure. I am not sure. I am not sure. I am not sure. I think so, it's good. Oh, right. What's the point of such a peace? I mean, there should be more. You were changing. Yes, we want to move the feet out of the presence outside. We do not because we have no time. In fact, we did. We started in the beginning. So, no. Thank you. It's very difficult. It's quite. Very nice. Right. It's all right. I can't ask the audience and fix them. Very beautiful. Oh, my God. Very beautiful. Beautiful. Very nice. Very beautiful, yes. Very, very beautiful. Very beautiful. Very beautiful. I can't see. Some people, everyone should be there. Many of them can. Yes, like that. Of the height of the feet. These tools, they can find such tools. You're hearing, you're not going to do everything. I think you are. These tools are for the feet. They are for the feet. Along the floor. Sit down and watch. Yes, you can find a good problem. Yes, I do not know you know how to make feet. I know you know how to make feet. Okay. You have to do them yourself. You're putting people in problems. And now, what's the problem? You're putting people in problems. You have to go to the office. After all. But, you mean the other type of things? Yes, I feel so really good. Really? It's a very simple thing. So, it's like. I'm not sure. It's not that I have to come here. Do you need this whole data? It's both in the computer. So, it starts loading. It's a little too obvious. No, but we're not coming. Okay, you come at the center. There's a body on one side. So, beautiful. Good. A book? A book? What's in that? Book. Book. This one is for you. The hand, you like the hand so much. I think it's for you. It does not spoil. How do you do? For me, it's for her. For her? Yes. Okay. Then, what do you do? You just slide it right in and you just. This is no cover? There is a screen. There is a natural screen. But, it has no. This is a natural process. It is pre-logged. You don't need to already like this. Because the Bhagavat is also, many people come from that. Because it's only one hour, right? You can't, there are many Indians by the way. You see, you know, for Indians, it's not a cover. Like this. Yes, yes, yes. This is no cover. It can be formatted in any piece. For many Indians, yes. Yes. You just step up. You show yourself. All this has happened. All this has happened. All this has happened. All this has happened. All this has happened. All this has happened. All this has happened. Yes. It is easy, it's easy. Because you did not have anybody who could take it. But I mean, everybody. Yes, yes. However loud the person is, you have to hear what they say. Sit still, shit does not say that. I was not able to tell you everything. The last time also when I came to the city, nobody asked, but great or not. At this time, they were busy at the moment. The need for education is to come to all. There is a plan in everything in the back, to bring the time to break. We need to understand. We need to keep in our country, in our people, and we need to do it. And it's true. They make it difficult to do it. What about the sausages? Also, sausages also. You can just... We need to write them because it's not

easy. They stay better. They stay better. They stay better. Everybody. The president will welcome. You take the floor. Oh, right. You say that's fine. Yes. Actually, I'm in the country that I'm going to be in. What do you like about it? I think that's the thing. I think that's the thing about India. That's why there's a lot of similarity in the community. In Germany, they were making a scene that more artificial. This uniform of clothing is a typical dress of Austria which the ladies were wearing about... when they... what did you say? A hundred years ago. I bought something for my daughter. A skirt and a blouse. I bought it for my granddaughter. Every country in Austria has different type of hair. I think yesterday they had different hats. They go for it and it's very nice. You really look good. Oh, yes. Think of it. For ordinary, straight dress. Your Honor. The thing is that you get in London. It's actually street-like food. In London, only people say street-like food. Thank you. The people who are in the street are the cheapest. But now, they are the cheapest. They are the cheapest. Now, who's the cheapest? Who's the cheapest now? I don't think they go to the country. That's the kind of thing. The crossword is very good. I got from there. The crossword was... I don't know what it was called. The crossword is a sort of thing. I mean... Ramen. Yes, yes. It's Alkal then. I think, really now. A good wife, really. At that safety, the German is easy. The German is young, is alright. The German has gone down. It's surprising, the German is young. You can't get anything. Really, really. Really difficult. It's only that everything is difficult. So I wanted to buy one with me. There's only one place you got one. The German seems they are not finished. The German is taking a picture. They say everything Japanese they want. In Germany, the labour is so expensive. So that's why they buy the Japanese. They cannot take to eat. The Japanese are so low price. That's why everybody wants Japanese. You call that Biance, you know? You can say yes. You can say yes. I can get one for one thousand dollars. It's just the same one. But that's why they have to close the time. Only the Mercedes is a thing. That's one. They will go for a gap to the car. The Mercedes has to be a car. GM does it. GM does it. GM does it. GM does it. GM does it. They are exposing us. We want to be free. We want to thank you. We want to keep you going on. We are all to keep you going. So it was a great comment. I'm very sorry. Just a second. I regard all the people who come to get this picture. They got the car. They do this actionable. This car was sometimes broken. It is stripped of another engine of a of a older car and the solar system. And it cannot do anything. People are trying to get the car all the time. All of them will do. But in the end, all of them will do. But you know who buys the most of the car? People. Any Indian will see. It is an ordinary shop. You know what I mean. That's the thing. And all in America, all Indians are buying the car. It's a kind of a thing with the head. Even the persons who are the coaches, they look after. You know as a waiter or whatever you say. He gets out from the thing and goes in the next. He must have a liquor. He must have a liquor. Can you drive it back? One for one, please. Here you have to be. I'm so sorry. You see, I have no small people and they still use stairs. This is the one. This is the cook, Charlie. How do you put salve there? It's a greeting. You find it? Let me have a taste to go. What kind of a thing? It's a Latin. Oh, good. So, probably there we made it. No. You made it? When we went to the place, mother, it was just a big hole. No pain in the top there. We made it. Wonderful. It's just a place of people. Really? It was Jay who I talked about to you this time. He's in here? Yes, everything is in here. So, he has not came yet? No, he has not come yet. He wants to see what has happened. Goodbye. Hello. Hello. We're using all this. I have a pyramid in the top of the house and the parents have the idea that she will meet and he told me that the parents will come to meet. Hello. And what is the place you have to be starting at? This is wood... What did you say? What? Slice. And this is what? Slice. And this is slice. This is slice. This is the part of the... The right name. Salsa. Yes. It comes from... The chimney at the opera he has made from this thing. This is what was there? I think it was there or not? This is... Actually, this thing is... It's a... This one here And this one here. This is pretty much the same thing from the Movingnya house. So I can find the source to use this thing now. Shall we go hang in there? Because there are people in here And these things that... It's going to have to... What's the other place I want to I think it appears in one. Very good. I'll look at it. For yours, you can add this to your bag. I'm never going back home. Do you like to play with something? I have this... I have that thing here. I'll look at it. I'm sorry, ma'am. I'll look at it.

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Questioner 1 \$illegal So you did it there, still more room. Papaji, rojai. It's good. I bow to all the seekers of truth. We have to know that truth is absolute. And we cannot change it. We cannot conceptualize it. So we have to only keep our minds open as scientists and see for ourselves what is the truth and what is the reality. We have to have our minds open as scientists and see for ourselves what is the reality and what is the reality. Today when we see in the world all kinds of problems, all kinds of opinion, ideas and also all kinds of theories, fighting each other, we can't understand. Today when we see what is the truth and all kinds of problems, all kinds of discussions, etc., we don't understand the motive. Everyone thinks they are right and that others are

wrong. Because one is convinced that it is in the world and thinks that the other is telling us. But we should see what have they achieved by thinking like that. There is no peace, there is no joy. On the contrary, in all the very developed countries we find all kinds of horrible diseases settling in. Recently in London some people started becoming mad and they found out that the cows had become mad. So from all sides we are trapped now by ignorance. So first of all we must have the light of truth. The truth is that at human level we cannot perceive the truth. The whole civilization has grown like a tree. But if you have to really nourish the tree, we have to go to the roots. And the roots are within us. Only thing we have got to have knowledge about that. But if you are identified with ignorance, it is very difficult to convince you that you have to still find the truth. There is a higher state in us which we have to achieve, a subtler state. That means we have to become the Spirit. Christ has said that we are to be born again. But it is not a false certificate we should take that we are born again. Even in Sanskrit language we use this word born again, Dhrija. A bird is also called as Dhrija and a realized soul is also called as Dhrija. So when we are born we are still enclosed. We can say like an egg. And then when we mature enough the egg breaks and we have another bird as realized souls. But we must know it is happening within us. It is not just artificially accepting something as truth. We have for example these flowers we see. We don't know, we never even bother to know how they have come out of one single seed. They say we have come from Abhibara to this stage. But why, how? How did we come to this stage? What has worked out? What is that power which we do not know? It is the power of redemption within us. It is a redemption. It is the power of redemption. Which evolves us and we have now become human beings much better than animals. Now if you ask a dog to go through a very dirty passage he does not mind. But a human being cannot because he has developed a sense of smell and he can't bear dirt. He can't bear dirt but he can't eat a lot of pork. He is not interested in eating it. But he is very rich but he can't eat it. But a human being cannot eat pork because he is disturbed by the food. So that we have something lacking in us that whatever we think is good for us we just can't do it. That means we are not our master. Any habit can take over us. So one has to also feel this subtle power which has done all this living work for us. When you become the Spirit, the light of the Spirit starts shining through you. And then you can achieve a state where your personality becomes collectively conscious. That means you can feel your inside, your centers and you can feel the centers of others on your fingertips. So you become part and parcel of the whole and who is the other thing? Also you become empowered by which you can give realizations to others. You get all the knowledge about this mechanism that works out to an ascent. And you know all the technique by which you can work it out. So when this ascent takes place, when you become the Spirit, your physical, mental, emotional and spiritual problems are solved. Because there are these seven centers within us and when they go out of balance or when there is a lack of energy in them, we get into sickness, mental or physical. Now there is one power which is now preserved in the triangular bone which is called as sacrum. That means the Greeks knew that it was a sacred bone. This power is the reflection of the Holy Ghost within us. And the Holy Ghost is the primordial Mother. As we have got the Father, got the Son, we have to have got the Mother also. Just to show down women, they didn't want to say this perhaps. But this primordial Mother was accepted even in Greece where they called Her as Athena. Ata means primordial. So this power resides within us in every one of us and She is our individual Mother. She is waiting to rise just like a primule in the seat is waiting for sprouting. And then if somebody who is like the Mother Earth can give that nourishment, this power rises. It is placed above the last center. And it rises from there, passes through six centers, then pierces through the fontanel bone area, which was the soft bone in your childhood and actualizes your real baptism, really. And on this journey, She integrates all the centers, nourishes them and ultimately connects them to this all-pervading divine power. For this living work you cannot pay. You can pay for the hall, you can pay for the electricity, but you cannot pay for this living work. When the light of the truth comes into you, it's surprising you become extremely compassionate. You develop a state of thoughtless awareness. You are thinking about the future or about the past and dancing on the cusp of these thoughts. Now, in between these thoughts there is a space which is the present. So the past is finished, but the future doesn't exist. We have to be in the present. If I say, please take your attention inside, you cannot, because your attention is outside. So some happening has to take place to attract the attention of the mind. So some happening has to take place to attract your attention inside. And this happening is the awakening of this power called as Kundalini. And which happens spontaneously, Sahaj. Saha means with, chua means born. Born with you is the right to become one with the divine power, means the yoga, the union with the divine power. It is the right to become one with this power, to become one with the divine power, to become one with this yoga, because yoga is the right to become union. It should work out in an en masse audience. This is possible if you verify the level of the mind. But you have to keep your minds open as I told you, like scientist, and take it, whatever I am saying, as a hypothesis. And if it works out as honest people, you must accept, because it is for your benevolence. It is for your benevolence. It is for your benevolence. It is not only for your benevolence, but benevolence of your children, benevolence of your family, benevolence of your city, and benevolence of your country and the large world. This is what is going to happen now, that we have to enter into Kingdom of God. And the time has

come for all of us to be there. After this program, now today I would like you to ask me some questions, and then afterwards I will give you Self-Realization if possible, and then tomorrow I will tell you all about the centers and how it causes diseases within us. After this, I will give you Self-Realization if possible, and then tomorrow I will tell you all about the centers and how it causes diseases within us. So if you have any questions, you may ask Me. I will give you Self-Realization if possible, and then tomorrow I will tell you all about the centers and how it causes diseases within us. I will give you Self-Realization if possible, and then tomorrow I will tell you all about the centers and how it causes diseases within us. Small questions you must ask. Such big questions. She says that Kundalini awakening can work out also in people, we can say very negative people. Or it's not dangerous, or maybe cannot also make a kind of ego out of it. The first one was a couple. If this Kundalini awakening can work out also even in very negative people. It's difficult to work out in the negative people. It's difficult because you cannot force it. As you have to become ultimately completely free and your freedom is absolute, you have to respect your freedom. Whatever you have. Now this is the problem. In your own glory and in your freedom you have to ask for it. What is the relationship between Sahaja Yoga and Christianity? Christianity, I don't know what Christ it is. Because if Christianity is not money oriented, but only Spirit oriented, then it's all right. If Christianity is not oriented, but only Spirit oriented, then it's all right. This is the problem. She said that in this case we may need a deep study about ourselves to find out what are our problems and we need a very deep purification. Yes, it is true the need is correct, but it all happens to you automatically. See you are sitting in the darkness and you can't see anything, then you cannot relate yourselves to others. Supposing you are holding on to a snake or a deer or a tiger, you think you need to go. And somebody tells you, you will say no, it's a rope, I can't give it up. Also you might be having a very spotted dirty clothes, but in darkness you can't see. But as soon as there is light you can yourself see how you are related to others. You can see whether it's a tail of a tiger or a snake. You can also see if there is any spot on your clothes. And supposing you have the power to cleanse yourself, you can cleanse yourself also. So it doesn't take much time, much labor. So many people at the first shot only become perfect. And also then you have to just know how to work it out, that's all. Hardly takes a month to master it. For example, in the dark if you have to walk through this place you may hit on people, you fall on some people, you curse someone, but if there is light you can just walk through. If you have to keep up with the light, the light comes to you and you can get right to it. name you in one lifetime. Then you have to go through the trial and error method till you become quite aware. It has happened to all of you because now you want to know the truth. So many of you are there, there were never so many in the history of spirituality. And also Christ has said that He is going to come back, that means He is going to reincarnate. Now how can you say that He did not begin to reincarnation? Also He has said, I'll send you the Holy Ghost, who will comfort you, who will counsel you and who will redeem you. That means He does believe that something is going to happen in the future. So this was His promise. If He had not believed in reincarnation, He would not have talked of the future. But we don't understand Him. We don't also understand Mohammed, sir. He also has written in the Koran in one of the suras called as Yasin, Yoga, Sastra, calls it. And He said, there will be a sent one, He calls the Holy Ghost as the sent one and you will get your resurrection. And your hands will speak. So how can you say that He said that He is the end of it, now nobody is going to come, when He Himself has said. They all say the same thing. We the followers, see they were like flowers, living flowers on the tree of life and we have flood the flowers and now when the flowers are dead we are saying this is mine, this is mine. It has nothing to do with reality. Especially Mohammed Sahab has preached, possess Abraham, Christ, Mother of Christ, her purity. And how can all these people fight? If they get all realization they will be all right. In India we have about two thousand people from forty countries and they are so happy with each other. They belong to all kinds of religion, all kinds of races, but no fights, nothing, great friendship. Yes, in friendship they pull legs. I joke with each other which I enjoy everything. It's such a beautiful life you have to be in. I am just asking what is the absolute, what the absolute is? What is the absolute? Absolute is that it cannot be challenged. You do not have a second opinion about it. Supposing there are ten children who are realizationists and you tie their eyes and ask them what's wrong with this gentleman. All of them will take, show you the same finger. One finger, meaning that they are feeling the heat on this finger. They all act like a computer. As if programmed by one person. And you ask that person, have you got trouble in your throat on the right side? You say yes, how do you know? You say that you spoke about Mohammed, like you spoke about Christ, but you say Christ is not violent. He was not violent, he was attacked all the time, so he had to protect himself. The only crucified Christ, not his disciples. But in the time of Mohammed Sahib, they tortured even his disciples and also his wives. If Christ's mother was challenged, he would have shown them his powers. Because he has very great powers of destruction. He got himself crucified because to prove that how stupid we are, how foolish we are, how blind we are. That's how we deny the truth. But his message is that of resurrection. That everybody can be resurrected. Because he died for our sins. So once he is awakened within us, all our sins, all our karmas are sucked in. When he has suffered for us, why should we suffer any more? Are we going to suffer more than he has suffered? So why this talk of sufferings by the Christians? But if you see, it is just a talk.

Because I went to Argentina, Peru, all these places, and I was amazed Argentina, Chile, anywhere, there's not a single aboriginal left by the Christians. Even in India and China, they used to come with a gun in one hand and the Bible in another hand. Was that Christianity? Tomorrow I'll tell you where is Christ within us, how we awaken him. But very good question, because I could tell them all about it better, you see. We have to understand all these incarnations in the times that they were, the atmosphere they were, the people they were born. Yes. You are in a way preparing us in this great union, this great meeting with the All-Pervading Energy. So once this union takes place, then there is no need of religion, there is no need of religion. You see, the outside religion is not needed. Inside you become religious because you become a saint. You don't do anything wrong, you just can't do it. So you follow the pure universal religion. That's what Lenin was saying. You see, these are controversial subjects. But as you have asked me, I have to tell you the truth. I went to Los Angeles in the year 1973, and then I met some doctors who had cut their thread of the tongues and were wagging their tongues like dogs. They were Indians, I knew them before, and they wrote it down saying that we had to cut our tongues to do something called Khetri. So when the Kundalini is awakened, the whole mechanism starts working automatically, as when we start the car, all the mechanism starts working. And when she rises from centers to centers, first the center opens out to allow her to pass through, and then it arguments it constantly, so that to stop it automatically. This is called as Bandha, which is a living process. And then when it comes to this end, also when it wants to augment the Kundalini, to stop it from falling down, the center, it pulls your tongue a little bit, but you won't feel it, it pulls it inside, which is the Khetri. So no action is needed. Sahaja Yoga is a non-action, a kriya. But this is Yogananda, this is Kriya Yoga, that you cut your tongue, push it back, but the Kundalini is sitting down there. What's the use? It would be just like starting a car, without starting a car to move the wheels. The sad part of it, that those who have followed these methods are difficult to get realization, that's the sad part. At the very outset I have to say that yoga cannot be done artificially. It is a living process as we cannot create a flower artificially. As the seed has the built-in quality in itself to create the flowers, the Kundalini has the built-in quality to nourish your centers and to give a self-realization. I know that, I'm sorry. Because you are so vulnerable, you are so simple. They can't do that in India. Thank God Indians don't have money also. Milano people have lots of money. You are very vulnerable, very simple. I want to say that the Indian peoples who come to the Western world, who say that they are incarnations of God, there are such a lot of ways in Western Europe. How do you explain that? It's very simple. They ask for money, throw them out of Italy. But in the West the people are very money oriented and they want to pay for everything. If you say it is free, then that thing it is useless. How can you purchase truth? How much money did you give to Christ? You see, I would say you should ask the question in a nutshell and not to give lectures because they are very anxious to get realization. You should waste your time too much. Now what is the question? The question? The question is, if it's not something pretentious to want to achieve it. I could see that from your face that what you are saying is the truth. But actually you see, it has to work out. You have seen the point. And for that one needs wisdom. You see, that's what realization is. You see, if we can apply this to those who already got the realization and if it is not then it is not. You see, you have to become an instrument to discriminate good people and evil people after realization. It means those who have good vibration and those who have bad vibration. But what is the question? Well, I don't understand. You don't understand. Now what is the question? No one understands the question. You see, after realization I always tell Sahaja Yogis to be very gentle with those who haven't got it as yet. And to deal with them in a way that they get their realization. All right. Now what is this gentleman asking? I mean, do you want diamonds? You see, all right. If you want diamonds you can go to him but he won't give you. He only gives it to people who are very rich and who are greater groups. What is diamond for God? It is not equal to the dust of his feet. What is the other question? They want realization. That's the main thing. If you are hungry you will ask for realization. What a nice question. Now, we can say that if you have any more questions left, you see, you can write them down and tomorrow you give me before this side of the program. We will tomorrow have patience. All right. We will do it tomorrow now. Tomorrow, yes. Many are people getting impatient so if you please be kind. And tomorrow, again I will answer your questions but tomorrow you bring it in writing and I will answer them. Now, the most important thing is to get realization. I may answer all your questions because I'm quite good at it but that doesn't guarantee your realization at all. Now, if you want to have a five minutes break you can go out for a while and come back and then it will take hardly ten minutes for you to get realization. But when you are going out don't talk too much with each other, just come back. Don't discuss. Don't give strength to your brain. Just come with peace. It's better that you get a little bit relaxed and then come. Thank you. As I have told you before, Sahaja Yoga is a very important thing. Sahaja Yoga is meant for people who want their Self-realization. It cannot be forced. So those who want to have their Self-realization should only stay back. Otherwise you are welcome to go. It's the condition of the Western mind that they feel guilty all the time. After all you are human beings and you are not gods. So you will make mistakes, isn't it? So you have to forgive yourself fully. And it is a myth to believe that you are guilty. It's only your own idea. It's no reality. You see the Indians don't feel guilty at all. That's why there were so many bad horrible

dudes came here. So now I want you to be placed very pleasantly towards yourself. Very pleasantly. I mean you must respect yourself. You must love yourself. This is not selfishness. This is understanding. I'm telling you all this because this is a very, very bad conditioning. So when you feel guilty all the time, this center there on the left hand side catches very badly this side. So you get pain in the left hand sometimes. Then you get spondylitis or you might get angina, a heart attack. So for you it is important at this time not to feel guilty at all. Let your Kundalini decide. She knows everything about you. So the first condition is really to co-operate with Me. Just say, I'm not guilty at all. Just say. You have to enter into the kingdom of God. Not into jail. So now please do not feel guilty at all. And the second one is a request that please forgive everyone. In jungle. Not in particular. So you have to just say, I forgive everyone. Don't think whom you have to forgive or what you have to say. And this is again another myth. The myth is this, that whether you forgive or don't forgive you don't do anything. But if you don't forgive then you play into the hands of people who want to torture you. And those who are torturing you are very happy while you are suffering for nothing at all out of your own foolishness I would say. So this is a very very important condition also. With this forgiveness you'll open out the most constricted center within you here which is between the optic chiasma. So now please please forgive everyone. Now. Tomorrow I'll tell you that there are two powers, one on the left and one on the right. The left power is to desire. And the right is to act. Now you put both your feet away from each other and take out your shoes because this Mother Earth helps us a lot. All right. It's all right. Don't trouble you. It's all right. I'll look after you. Don't you worry. It's all right. Don't trouble you. Now you have to put your left hand towards Me like this, suggesting of your desire to get your Self-realization. On the right hand you have to use for nourishing our centers on the left hand side. First I will show you how to do it and then you have to close your eyes. Now first of all don't feel guilty. Again you are feeling guilty. Now be sure that you all are going to get realization. All right. So be self-confident. Now put your hand on your lap comfortably. And you have to sit comfortably. Not bending too much or pushing yourself back but comfortably. You have to use the right hand now so put your right hand on your heart. Now this is the center of your Spirit where the Spirit resides. Now you have to take your hand in the upper portion of your abdomen on the left hand side. This is the center of your mastery. Now take down your hand in the lower portion of your abdomen. Lower portion of your abdomen on the left hand side. This is the center of pure knowledge that manifests on your central nervous system. Now again raise your right hand in the upper portion of your abdomen on the left hand side. Then on your heart. Now raise your hand in the border of your neck and your shoulder. And now turn your head to your right. I told you already that this center is point when you feel guilty. Now put your hand across your forehead and put down your head. Now press it on both the sides nicely. Now this is the center is for forgiving others. Now take back this hand on the back side of your head and push back your head as far as possible. Now here you have to ask for forgiveness from the Divine power without feeling guilty, without counting your mistakes, just for your satisfaction. Put down your head and stretch your palm. I put the center of your palm on top of your fontanel bone area which was a soft bone in your childhood. Put down your head. Now push back your fingers as much as you can so there is a good pressure on the scalp. Now move your scalp. You will drop away several times. Move your scalp, not your hand pressure. Slowly. That's all you have to do. Now in this please remember that you have to stretch your hand properly and you have to put a proper pressure. Proper pressure there. Put down your head and push back your fingers. Very important. Now move your hand like this, no, but you have to push back nicely and fix it. Now we start with our feet apart from each other. You can take out your spectacles if you want. Put left hand towards Me and right hand on your heart. Close your eyes. Here you have to ask a very fundamental question to Me. You can call Me Mother or Shri Mataji. Now so please ask a question when you are dead and ask a question, Mother, am I Spirit? Now don't feel guilty. Please ask this question. Ask it in your heart. Now if you are the Spirit, you are your master. Now take your right hand in the upper portion of your abdomen, press it hard with your fingers. Then hands side. Now ask another question. Mother, am I my own master? I have already told you that I respect your freedom and I cannot force pure knowledge on you. So you have to ask for it. Now please put your right hand in the lower portion of your abdomen. And ask for pure knowledge by saying, Mother, please give me pure knowledge. You have to say it six times because there are six petals to this center. As soon as you ask for pure knowledge, your Kundalini starts moving upward. So now we have to marriage the higher centers with our self-respect and open them. Now raise your right hand in the upper portion of your abdomen on the left hand side. Press it hard. Here again with full self-confidence you have to say it ten times, Mother, I am my own master. Please say it ten times. I have already told you that the greatest truth about you that you are not this body, you are not this mind, you are not this emotion and you are not this conditionings. But you are the pure spirit. I have just told you that the most beautiful thing about you is that you don't have your body, your mental, your emotions and your conditionings. You are the spirit. So now raise your hand to your heart. I say twelve times with full confidence, Mother, I am the spirit. You have to know that the Divine power is the knowledge and ocean of knowledge. It is the ocean of love and ocean of blessings. It is the ocean of joy. But above all it is the ocean of goodness. So you have to say, I say this, again because you are all feeling guilty, you have to say it again and again,



you are feeling very guilty, don't feel guilty. Now raise your right hand in the corner of your neck and your head is terrible. And turn your head to your right. And here you have to say sixteen times with full confidence, Mother, I am not guilty at all. You don't want to miss out in your Self-realization by feeling guilty. I have already told you that whether you forgive or don't forgive you don't do anything, it's immediate. But if you don't forgive then you play into wrong hands. So you have to forgive everyone in general, not counting whom to forgive, whom not to forgive. So now raise your right hand on your forehead across and put down your head properly and press it on both the sides. At this point please put down your head and say it from your heart, not how many times, Mother, I forgive everyone. Now say it from your heart. Now please take back your right hand on the back side of your head and push it back, your head in such a way that it rests on your hand when you back. Here now you have to ask for forgiveness from the Divine Power for your own satisfaction, without feeling guilty, without counting your wisdom. So here you have to say it from your heart, O Divine Power, if I have got any mistakes, knowingly or unknowingly, please forgive me. Quindi il petete questo, o potere divino, seo comesso deli adoli, coscente mente, o involuntaliamente, di prego di perdonami. Say it from your heart, not how many times. Now stretch your hand fully and stretch your palm and put the center of your palm on top of the fontanel bone area which was a soft bone in your childhood. Now please bend your head and stretch back your fingers so the pressure is alright. And now move your scalp with great strength slowly, seven times, but I cannot force self-realization on you. So you have to say seven times, Mother, please give me my self-realization, while moving your hand. Quindi il petete ochidete me lio percente volte, shreemata gi, desidero, rechervere la mia, relizizio en el se. Move slowly. Rotate lintamente. Now please take down your hand and open your eyes. Put both the hands so slowly. Now you please put forward your right hand and now put on your head and see for yourself if there is a goodness. Come out of your head. Bend your head, bend your head, then stretch. Now put your left hand towards Me and bend your head and now see yourself if there is a goodness. Sometimes you get a cool drink and sometimes a hot, doesn't matter, but after some time it becomes good. So don't doubt it. Now you raise your both the hands on top of your head like this, under like that, and stretch back your head. I hear you have to say a question you have to ask, Mother, is this the cool breeze of the Holy Ghost? Mother, is this the All-Pervading Power of God's love? Mother, is this the Param Chaitanya? Anyone of these questions you can ask, three times. Now take down your hands please. All those who have felt the cool breeze or hot breeze out of their heads or in their hands like this, watch Me without thinking and see for yourself if you are feeling the cool breeze coming in your hand or if you have felt it coming out of your head. All those who have felt cool breeze out of their head or hot breeze or cool breeze on their hands, please raise your both the hands. The All of Milan. May God bless you all. I bow to you all saints. Tomorrow again I hope you'll all come and we'll fix it up better and also you'll call your friends, get a phone to them and this is the greatest thing that should happen to you. May God bless you all saints and may God give you the best of your life. Also tomorrow bring your questions and give them beforehand and tomorrow I will meet all of you one by one. Now, luckle you haveanny from honour and I know what you have done from being in the world of your lives. Thank you. Now be quiet and don't discuss it and enjoy it. May God bless you. Only those who may not meet through the What is the problem? It is Biden's accomplishment to face a border issue because of trueLuckily, Biden should have employee false-market-pre Leopard. Some people try to push some healers. They come tomorrow to see Me in the morning. Here, take me. Now he's standing all right. He's not putting so much pressure on you. He's just putting so much pressure on you. It's all right. Just leave me. It's all right. It's all right. Here, do it. Let's go. There's a Kundalini. There's somebody behind you. I can't see a Kundalini here. No, that's a Kundalini. Thank you. That's all right. That's all right. What's the matter? It's the water. The water is here. What does it say? It says that it's a problem. What's the problem? What's the problem? It says that it's a problem. On the right or the left? Good. All right, give a bandhanani the house. See now he's standing down. I am very afraid. Somebody brought that thing. See now you get it. Open your hands. All right. You're quite right standing. Let's see. Yes, sir. Give it to Me. The right leg is here. Right leg. She's here. Right leg. Just follow my hand. I'll bring the mic. You're better. I'll proceed because you're the other person. See, it's come up with the little. It can give a bandhanani. What does it have in its power? It goes on in the nidhata shakti. It's our invitation. It's our invitation. Just one thing. I am the Spirit. I am the Spirit. I am the Spirit. Put your left hand like that. I am the Spirit. All right now. Right leg. Stand. Now just try to stand up. Let's see. Do you have the pain now? No. I am tired. It's tired. All right. You're going to try. Try to be there at the... I hate to block. I'm a teen. It's better taking your arm. It's better. No. It can be not. No. Now go and do it yourself. You figure it out tomorrow or tomorrow. Tomorrow. Okay. What is it? Matias. Matias. You put the car inside here? Outside. Okay. I will take your car. Okay. I will take your car. Relax. Relax. Okay. I'm going to take your car. Okay. Relax. I mean... All right. I'll take your car. Tomorrow. It's the same thing. He has got that he appears diseased. Ask him what was he doing, what was the work he was doing. Lawyer. Lawyer. All right. What was the trouble? He's got this disease. I told about this disease about eight years back. And so many are suffering in the country. This time tomorrow I'll tell you. Conscious mind gets paralyzed. So? Thank you very much. Thank you. Thank you. Thank you. Thank you.

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Where are you going? Thank you. Oh, and I'm Amy! Oh, and I'm Amy! Amy! Amy! Amy! Amy! Henry! Henry! All right! All right! Hello! Say hello to Radha. Hello to Radha! I'm waiting for your next letter. Bye bye! Hello! Hello! Hello! Hello! Hello! Hello! I'm a very satisfied and also that they are very full of Me, some of them. Hello! I'm a very satisfied and also that they are very full of Me, some of them. They are wonderful children. So, then we have the problem in this country of divorces, why not? But once the spiritual life starts, you become this here, here again, here again I cannot pass over your freedom which I respect. So now, down your head and move yourself seven times, four and six, seven times. Mother, please give me some causation. What do you show me? In this I teach the companion of this daughter who was born with us. Do this almost every day. Do not tell me all about your situation. And back you before the Sanddy line ofstep. Shri Mataji, Shri Mataji, Shri Mataji, Shri Mataji! Come, take down your hand. And with the left hand, you see, if there's a cool breeze coming out of your head. If you would see left hand, you would look and only look for this. Now, you do it with the left foot, right comes to separation. Put your left palm towards Shri Mataji. You would see your shoes moving. Start to color brah disk. And put your right hand on your head and bend your head and see if there's two beings coming out of your head. Just see, just keep it away from the head, not on top of the head. If you are a some people get it much faster, much harder. Make your head, bend your head. Now, again put your right hand towards Me, please. Bend your head and see with left hand. Now, if there is, if there is a hot air coming that means you have not forgiven, so please forgive yourself and forgive others. Now, please raise both your hands like this and just back your head. Now, ask a question. Now, ask a question. Mother, is this the cool breeze of the wind power of love? And this one just be like that. Now, please put it down. Watch Me without thinking. Now, those who are fed will be fed with the same power as you. Now, those who are fed the cool breeze or the hot breeze with their hands or out of their heads, please raise both your hands. Oh My God! All the hands are out, therefore all are power to people now. That's why I say the shell will be the most power to twice. I'm asking you all. Now, if you are in Māsī, please be seated. You have to give your name at the point. All those who seek should give their name, the name of their disease and take their photograph. I need help, I can't do it myself. ... great discord, with approval from the Justice Republic of the German codepest for theumen. Congratulations on your desiraring recovery. Thank you. I ask you to press the thumbs up Please do not approach the Why is it that Louisiana always it is like the re Price Lester temperature is much lower delivers higher volatility For the people of the United States of America, the people of our country, the people of our country, the most important people in the world, the most important people in the world, the most important people in the world.

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wow whats up so cute but u photography she fell lets one for Instagram are you GOD wallet ok We are diseased by our movies! Here are the guys at my office room. My name is Cyclor. The light cream We have all the subjects here that know about Sahaja Yoga. Before we start our schedule, we must all know what yoga is. And we must all know what yoga is. What is yoga? It is yoga because we are all the subjects here. We are all the subjects here. Today we will tell you the mechanism of Sahaja Yoga. We are all the subjects here. We are all the subjects here. We are all the subjects here. We are all the subjects here. We are all the subjects here. We are all the subjects here. We are all the subjects here. We are all the subjects here. So before we tell you much about Sahaja Yoga, we present before you some Indian classical music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is divine music. This is the dance artist, Sandhya Pandey. She is trying her jingles. She does the Kathak style of dancing. This is popular dance. The word Kathak has been derived from the word Katha. Therefore, in the dance there will be expression which is known as Dhaba in Hindi. But to add to the beauty of the dance there will be a layer which is known as the rhythm. She will play

and have an interaction with the Dhaba player. She will play and have an interaction with the Dhaba player. This is spontaneous. May I present to you Sandhya Pandey. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. This is the Dhaba player. I bow to all the seekers of truth. I have been telling you that the truth is that you are the Spirit and there is an All-Pervading Power which looks after you, looks after every living being, does all living work. All the problems, human problems come from ignorance that they do not know that they have to become the Spirit. We try to seek joy in various things like material wants or money. Or we try to seek joy in pursuit of powers, worldly powers. Or we try to form our own attachments in different places like our children, our family, our house, our home. These are all our, but what is I? That's what we have to find out. And that I is the one which is lost because of our ignorance. Now as I have told you before also that you must listen to Me with an open heart and open mind. And if it is true, then you have to accept it as honesty. You have been already told about the centers we have within ourselves and the three channels which make the center. Fourth is the power of Kundalini. This Kundalini is your Mother, your individual Mother. And She has to rise through these six centers, nourishing them, integrating them and come out of your fontanel bone area. This is the only thing which is yoga, means union with the All-Pervading Power. After getting realization only, pray you are blessed because the connection is established. If you want to be healthy, wealthy and wise, then we have to see what we have missed in life. We always go to extremes and we cannot keep to the center. So like this if you see My hands are the centers and this is the left side and this is the right side. When you go to the left side, means you become very emotional and attached, very emotional, then the left side will be starting to be too much on one side. And when you become too futuristic and planning and active, then it starts moving on the right side. Thus we exhaust the energy of our centers. And we feel exhausted and get diseases, physical, mental and emotional. I have seen very common diseases in Moscow. One of them is what we call as diabetes. Another is liver. Third is high blood pressure and blood cancer. All these are caused by the imbalance of one center within us. That is the second center that we have here, the yellow colored one. The main work of this center is to give energy to the brain which thinks too much, to replace the gray cells. So those who think too much all the time, worry too much about future, plan too much about future or physically but very hard moves this center more. By worrying, no problems are solved. For future, whatever you plan, doesn't exist future, it's just your own imagination and thinking. It is the main stage of your energy. Now this same center has to do something very important. It has to be captured, you are liver, you are pancreas, you are spleen, you are kidneys and you are part of your intestines. So all these functions of these organs are neglected. The liver which has to eliminate the heat cannot eliminate it into the bloodstream. And this heat then passes upward and causes a little bit collapse of the lungs with that heat and you get asthma. It passes down and again it harms the kidneys and you develop kidney drug. Also in the lower part of your large intestine it affects and you get constipated. Also now there's another very important organ we have as part pancreas which has to absorb the sugar from our digestive system or transforming. That is also neglected. So there is blood, there is sugar in our urine and we get diabetes. Then the most important function is performed by our spleen. When there is any emergency, the spleen has to produce red blood corpuscles to meet the emergency. But if a person is all the time healthy and creates emergencies all the time by worrying or by listening to some shocks, then this poor organ becomes also crazy. So you develop a horrible disease called as blood cancer. If somehow you can nourish this second center with energy, then these diseases are not caused and can be cured, can be cured and will not be caused. Now this Kundalini is your Mother. She loves you so much and She rises through these centers, nourishes them and ultimately connects all these centers to this All-Pervading power of love. And then this power of love starts flowing through you. If you are permanently connected with this power of love, all the time there is nourishment which is coming to your centers. And as you become the Spirit, because this is the seat of the Spirit and when the Kundalini touches that, you become the Spirit. That means you become yourself and this Self of yours, when it is enlightened by the Kundalini, then your, when it enlightens the force of the Kundalini, then your attention gets enlightened. So you feel the joy of your being, of your personality. Because Spirit is the collective within you. And that is how you develop a new dimension, new awareness of collective. You start feeling your own centers, also the centers of other people. When the Kundalini passes through the fourth center, the sense of security will establish within you. The fourth center has the energy of the Mother of the Universe. who pretends this, looks after you and She creates antibodies who go and fight with you with this. When you get connected with that All-Pervading power, this energy completely establishes your security. Those women who feel insecure with their husbands or in their families, develop a disease called cancer of the breast. But as soon as the security is established within you, you feel absolutely relaxed and peaceful. Now the fifth center, sixth center is also very important where the conditioning on one side and ego on another side cross each other. So when the Kundalini passes through this, you get the energy of knowledge and light. And your ego drops out because your ego is suffering. Now on the another side is your

conditioning. Now on the another side is your conditioning. That also is absolutely subtle and then this limbic area opens out and through it comes out the Kundalini. Now this is such a simple thing which is being waiting within us, this your own Mother. As you are at a human awareness, the time has come for all of you to become spirits so that you come at a spiritual awareness. This is the only thing you should ask for. You will meet all kinds of halls people telling lots of stories, talk big, play so much. Only thing you must see is your Self-realization. For which you cannot fail. It's a living process of evolution that you are from Amoeba, you are from the human stage and you have to go to a higher state. And please believe Me that all of you can get it. Once you get it, you can give it to your children and you can help them to get all right. Everything can be explained scientifically also. For example, these lights which are here can be explained scientifically. But there is no need to explain everything about the light, from where it has come the energy, everything, it's healing. You have to just switch on and all the lights are there because it is built-in. Like in a little scene, all the maps of all the trees it is going to be is written microscopically in the same way this Kundalini is built-in within you. So, I think now my tour of Russia will be ending today. And I'm sorry I have to leave you all. But you are all in the same place. You are all in the same place. You are all in the same place. But you are all in My heart. And actually I'm not leaving you. Whenever you think of Me, I'll be with you. But please establish this connection properly. And this is a very, very important thing that after getting realization you must know about this mechanism, about the centers and about how to give in to others. You must know about this mechanism, about the centers and about how to give in to others. Today you will achieve the state of silence within you, which we call as thoughtless awareness. You will achieve the state of awareness within you, in that state only spiritually you will grow, your life will grow. But you have to be collective. If you are not collective, then it will not grow. For example, if I cut My nail, then it won't grow because it is not connected with the body, with the collective. Now, such a big heart. Take it away from your heart. So you have to be connected in the body, the whole. Now you will be becoming part and parcel of the whole. If this hand is suffering, then another hand helps it automatically. You don't have to tell, you have to pay. So we have forty nations who are doing Sahaja Yoga. Now, these forty nations are your own, you are a part and parcel, they are your own brothers and sisters. They are your own brothers and sisters. So you are not alone. And who is the other? Because now you have become part and parcel of the whole. So that is a very blissful state that you know that you are in connection with the rest of the world. Any problem you have, you can write to Me and I'm sure through this All-Pervading power it will all be solved. Somehow My photograph has got those radiations of vibrations and they definitely help people in a very big way. Thanks to science that we have a microphone, we've got the photographs, we have got the aeroplane that it could spread in such a collective manner in forty countries. So it is our good fortune that we are born in these special times which I call as blossom time. So I have to request you all Russians not to worry about the future. Russians' future is going to be the highest than any other country's future. There are little inconveniences which you should bear. After all, for freedom, how much every country had to sacrifice. Even in your country, how much can you and these followers had to sacrifice to get this freedom? So please have faith in yourself. You are going to be the strongest nation and strongest people if you practice Sahaja Yoga religiously and ardently. Only in one year there is a change. I'll be coming next year again and I want to see you all grown up and paid sahaja yogis, all smiling and enjoying that. I see in the market, in the roads, people who are very serious and worrying about something imaginary. But you see the sahaja yogis among them, they are laughing, they are enjoying, they are happy. You can make them out, they are sahaja yogis. Somebody had asked Me about God and about Christ and all that is there. We have to know all these things after becoming the Spirit. Buddha said the same and Mahavira said the same. Because if you talk about God, before realization all kinds of man-made religions come out. So the first thing first is to get your Self-realization and your yoga, your union with the All-Pervading power as fully established. I wish you all the luck. After this we'll have a session of realization. So we'll show you first how to nourish your centers and then we'll close our eyes and we'll start the process of awakening of Kundalini. There will be a follow-up program after this and you all should go there and know everything about how to close the photograph and how to get all right and how to ascend still gently. So now we have the program of Kundalini awakening. I will request you first of all to take out your shoes if possible, take the hand of the Mother Earth, also the feet should be free. Now take out your shoes. It's just a very high state of this being. He's a very pure soul, very pure person. He gave His job in England and came here without His family, His time to work for Russians and trainings also. He is a very pure soul, very pure person. He loves His country and He loves you and I must say that such a luck you have, that you have such a great love for Him. Nice Sahaja Yogi here to help you. And overall, you are really very lucky, I must say the luckiest in the whole world, that you have an either like Gauravachan, that you have a very good love for Him. That you have an either like Gauravachan. He is, He's a saint and He's a born realizer, He's a very great soul that has come to your country. And the whole world appreciates Him very much. He has reduced the tension of the whole world, He is a world leader. And since He has started this class class, see people are amazed at His courage. So many horrible things were done about which you had no knowledge. So many horrible things were

done about which you had no knowledge. And all the world was so suspicious of Russians. They didn't know that they were good people, they thought they were also the same type. But with this beautiful introspection and self-facing, we have all over the world, people respect Him. He doesn't talk make, He's not bombastic, He's not part of parties and movements as most of the politicians are. He's not a man of the world, He's a man of the world. He's a man of the world, He's a man of the world. He's so genuine, He's so great. Imagine He's a born realizer, that you see that's enough. So now, have faith in yourself, you are very lucky people. Extremely lucky people. All the world thinks that you must have done something great, you have such nice things. So you are the ones who are going to take this realization, because you are so lucky, I know. And you are the ones who are going to bring the heavens for the whole world. I'm not praising you, I'm just telling you the truth. So please follow Sahaja Yoga very well and help the whole world. I bless you all from my heart. Now please put your left hand on your left. And we have to use our right hand for nourishing you the different centers. Before that, there are two conditions which you have to follow. Is that permanent conditions for you in Sahaja Yoga? The first condition is to forgive yourself completely. Forget the past. The past doesn't exist now anymore. And this power of love is full of forgiveness. And there is nothing that it cannot dissolve. If you feel guilty, then this center catches here, on the, between the neck and the shoulder. And by that you develop a disease that we call as spondylitis. And by that you develop a disease that we call as spondylitis. Or there are many others like angina. So please do not feel guilty at all. You have to know that I love you very much and you have to also love yourself. And the greatest joy for Me is to see that you love each other. The second condition is that you have to forgive. Forgive everyone in general, without thinking about individuals. Whether you forgive or don't forgive, you don't do anything. It's a myth. But if you do not forgive, then you play into wrong kinds. And the center of Adya is completely closed like this, crossed. And the Kundalini cannot pass through it. So we have to open the center by forgiving. Another thing is that I respect your freedom. You cannot force Self-realization. So if you do not want to have it, you can leave the hall. All of you must do the ascent of the Kundalini. So, as it is, your left hand is on your left. And both of Me have to be apart from each other. Those who are sitting on the ground will not worry. You can sit like this, or anyway. Makes no difference. All right. Now we have to use our right hand. Please put your right hand on your heart. This is the center where the Spirit resides. Now you have to take down your hand in the upper portion of your abdomen, on the left hand side. You are working only on the left hand side. Here, now, just go to the position. All right. Now please understand that this is the center of your mastery. You shouldn't look this side and that side. Now the time is there to look at yourself. So now, please take down your hand in the lower portion of your abdomen. This is the center of pure knowledge. Now raise your right hand in the upper portion of your abdomen on the left hand side. Then on your heart. There is a corner of your neck and your head. You need not write all this because once you get your realization you don't have to do this kind. You won't have to repeat. Now, take your hand onto the corner of your neck and your shoulder and turn your head to your right. I've already told you that you have to know that you are not guilty at all. Please believe Me. Now, take your hand on top of your forehead across and press it on both the temples. Now, please put down your head. Now, this is the center to forgive everyone in general. Now, please take your hand on the back side of your head and push back your head as far back as possible upward. This is the center where you have to ask forgiveness from this power of love without feeling guilty, without counting your mistakes, just for your own satisfaction. Now, stretch your palm and put the center of your palm on top of the fontanel bone area which was soft bone in your childhood. And now put down your head. Press it hard by pushing your fingers outward. Press it hard by pushing your fingers outward. Press it hard by pushing your fingers outward. Now, with great pressure move your scalp seven times clockwise with your pressure. Now, please put your both the hands, both the feet away from each other. Left hand on your left, right hand on your heart. And now, please close your eyes and don't open them till I tell you. You can remove the glasses if you like. You can remove the glasses if you like. You can remove the glasses if you like. You can remove the glasses if you like. Now, You have to ask Me a question, very fundamental question, three times. You can call Me Mother or Shri Mataji, whatever you like. Shri Mataji, Mother, I ask you three times, Mother, how long you have been here? So, please ask three times, Mother, am I the Spirit? Shri Mataji, Mother, I ask you three times, Mother, how long you have been here? If you are the Spirit, you are your master, you are your guide, you are your light. So now, please put your right hand in the upper portion of your abdomen, on the left hand side. And here you ask Me another question, Mother, am I the Spirit? Three times. Mother, am I the Spirit? Mother, am I my own master? Now, I have to tell you that I respect your freedom and I cannot force pure knowledge on you. So you have to ask for it. So please now take your hand in the lower portion of your abdomen and press with her. And here you have to say, Mother, please give me pure knowledge. Say it six times, because this center has got six petals. As soon as you ask for pure knowledge, the Kundalini power starts rising. So now raise your right hand in the upper portion of your abdomen. And to open this center you have to say with full confidence, ten times, Mother, I am my own master. This all-pervading power of love is the ocean of knowledge. It is the source of Absolute Truth. It is the ocean of compassion, benevolence and blessings. But above all it is the ocean of forgiveness. So you cannot do any mistake or any

wrong thing which cannot be dissolved by this ocean of forgiveness. So now raise your right hand on your heart. Here you have to say the greatest fundamental truth. Mother, I am the Spirit. Say it twelve times. You are the Spirit. You are not this body, you are not this mind, you are not these emotions. You are not this conditioning or ego. You are the pure Spirit. Now please take your right hand into the corner of your neck and your head. And here you say sixteen times with full confidence, Mother, I am not guilty at all. Turn your head to your right and say it with full confidence. I have already told you that whether you forgive or you don't forgive, you don't do anything. It is a myth. But if you don't forgive then you play into wrong hands and torture yourself. So you have to forgive everyone in general. So now raise your right hand on your forehead across and press it on both the temples and bend down your head. Here you have to say, Mother, I forgive everyone. Say it from your heart, not how many times. Please take back your right hand on the back side of your head and here without feeling guilty, without counting mistakes, just for your own satisfaction. You have to say, push back your head backwards nicely and you have to say, Mother, I forgive everyone. I have to say, Mother, I forgive everyone. Here you have to say, O power of love, if I have done any mistakes knowingly or unknowingly, please forgive me. Now, please stretch your right hand and put your right hand on your head. Bend your head as much as possible. Press it hard and move your right hand. Before that I must tell you that I cannot force Self-realization on you because I respect your freedom. So, please press it down and move your scalp seven times, saying seven times, Mother, please give me Self-realization. Now, please stretch your right hand and move your scalp seven times. Now, please stretch your right hand and move your scalp seven times. Now, please take down your hands, open your eyes and put both the hands towards Me like this. Now, watch Me without thinking. Now, please put your right hand towards Me like this and bend your head and see for yourself if there's a cool breeze coming out of your fontanel bone area. Now, please take down your right hand and move your scalp seven times, and put both the hands towards Me like this. Now, please take down your right hand and move your scalp seven times, and put both the hands towards Me like this. Now, please take down your right hand and move your scalp seven times, and put both the hands towards Me like this.

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A man's WHY when we were a young boy. It has been a pleasure to be here. Thank you. Forod. And thank generated by reading so many books about human rights All the seekers of the truth. I have no idea what you are saying. I don't know anything outside. We have to know that truth is what it is. So, all I ask is, what is the truth? An absolute truth cannot be known by human evidence. What do you like to have heard about? It is the science of our truths. All the civilization that is outside, needs better truth. But we have to find out the truth. Are you the civilization, our eyes and the head? This is Pika Dao, the abolition to the boyfriends in Pukunu. My roots are within the steps. But the boyfriends in any roots. When we are telling you about these roots, you must know that you have to become a subtle being to enter into that. And the inner because this is what's on the outside, you must understand that the inner is the reason that you must become a subtle being. And whatever is told to you has to be understood like a scientist with an open mind. And then, after listening to this hypothesis, you have to accept it as truth, if it is true, if you are honest. Unless selected from the Spirit, you cannot solve any one of the problems. This is not only an answer, but all the scriptures have said it, all the slaves have said it. But the same is true. The same is true for all the people. The scriptures have said it, all the slaves have said it. So we have seen also whatever mistakes we commit, whatever problems we have committed for ourselves, are only because we are not at a point where we know the Absolute Truth. If you know the Absolute Truth, then there will be no such thing as a Queen, everybody will know it. I perceive, even this fellow side, everybody will know it as the saint. When you see Absolute Truth, you will not be able to see it. So this is the Absolute Truth. This is the Absolute Truth. Why is it so difficult to see the same as the saint? Within us is placed in the triangular room called as Sechra. This part is called as Kundalini. In us is the highest, highest, highest, highest, the same as the saint, the same as the saint. This is called as the Sechra room. Sechra means second, that means keeps you about it. So we have to know two things about ourselves. That we have the Kundalini within us and we have also a Spirit within us in our heart. This one is called as Kundalini because it is made of three and a half coils and in Sanskrit language Kundalini is coils. The second thing we have to know is that there is a power which is all-pervading power of love which is true. So when the Kundalini is awakened it is like the premium of the seed that rises passes through your fontanel bone area and connects you to this all-pervading power of love. Like this instrument has to be connected to the mains. Otherwise it has no meaning. So unless and until you are connected to that power you do not know about your own importance, about your glory, about your nature. You can also see that you cannot see the whole of the Kundalini without the

help of the mind, without the help of the mind. As a result of this assessment this Kundalini passes through certain centers which look after physical, mental and emotional beings. The Kundalini is a very simple center which looks after our emotional and physical and mental beings. Thus these centers are nourished, are integrated and we get the benevolence of our whole being. So where do these centers come from and how do they connect to our own feelings? On one side we have physical, mental, emotional benevolence and the other side we have the spiritual lessons. ... For example, in very last week there were three doctors who have got their MD in showing how they have cured asthma and physical disabilities also they have shown how they have been able to cure people suffering from black cancer. ... This is done by your own powers, by your own self. It is nothing that you can pay for it. It is within you, this power lines, which is just a measure. This is not the first time, then this is the inner, this is the inner, you can't do it like that. Just like one family which is enlightened, can enlighten many other families, in the same way it happens. So we have the opportunity to care, so please, I'm going to answer you to come and also pursue this. On the other side we have the spiritualism. On the other side we have the spiritualism. We have our own awareness. Firstly, we become collectively conscious. We become. It's not just saying we are brothers and sisters, it's just we become. We become, we become, we become blessed. So, becoming is like this that you can feel on your central nervous system, what is your heart. On your finger tips which are five, six and seven centers on the left hand side and five, six and seven centers on the right hand side, you can feel, you won't study what's wrong with you and what is wrong with you by yourself. But you can feel it also what's wrong with others. So you develop a new dimension of your awareness which is collective consciousness. and the other dimension of your awareness is collective consciousness. The first stage when the Kundalini crosses over this center, you establish a stage called as thoughtless awareness. In Sanskrit it is really Jhana Samadhi. The first stage is called as thoughtless awareness. Jhana Samadhi of Sanskrit. Why that? You can stop your course and whenever you want you can take it. You achieve your state of peace. You become a personality which aims to you. And when you achieve that state of peace, you become a personality which aims to you. No, thank you. Can you hear now? Can I see now? I'm sorry. Now, the second state of mind or state of your being becomes what we call as thoughtless awareness. very as far as the Kundalini is aware. At this state you can be realization to others and also you can cure people and you get all the knowledge because knowledge is all within ourselves. It is important to understand that people talk of peace but they know peace within themselves. They talk of love but they are so in love within themselves and that is how you become a dimension, a purpose. So, this is the state which you achieve, you become. This is the second state of mind, and this is the third state of mind. I'm here only for one day but on my tour but I hope to come next year for another year. On my tour, I have been here for another year but I hope to come next year for another year. But the rest of the knowledge you can have when you come for the follow-ups. But you have to be so strong that you can see to them how you become a common. It is shot down, I don't know how could you get the knowledge is like an ocean. After this I would like you to have your self-love. I would like also you to ask me some questions which I will never leave. I have not come here to ask for money, anything. You can't give me anything. I have come here to give you what you have. To give you what you have. To introduce you to yourself, to your own powers. The power of love. You'll be amazed that so far we have only used the power of heterodolgies. But this all-pervading power of love is so dynamic and so beautiful and so effective and efficient that we are surprised the way it works. This is actually Ashwini Vesey Agarwala. Sahaja Yoga is working in forty percent. And when I told them that they should write about their miracles, it was a point so high, a point so high. I don't know now how to write about it. So I would now request you to ask Me questions because it is such a spontaneous happening, it's a living process and spontaneous happening. So make the use to get them. This is a Shri Mataji protest and the Dendida protest and here again I suggest the common. Shri Mataji, I'm sorry, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, how to miss Shri Mataji? That's it. That's what I'm talking about. Shri Mataji, I'm grouped by you. Shri Mataji, I'm sorry, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, I'm sorry. Shri Mataji, I'm sorry. Now you can wait. She's going to ask you to come here. How was your feeling about East Berlin in the moment? Oh, great. Great thing I have happened, I must say. I went to Russia for a yoga seminar and the thing is that I met some people from India. They were the first to get the realization. They said, Mother, please come with us because we want this only, we want this peace. And here they said, Mother, please come with us because we want this only, we want this peace. So please come with us. It is your heaven. It's people's eyes. It comes to every, every. It's the feeling of Asia. And just after that what you wanted about after ages. This is after CAN dessert. and it's very intense to be in Baruch, you know, they get out in a decent pillow has a problem with the living in the middle, you know, they get out as a little bit sad, you know, you know, Baruch and I see as for this actually a problem. Why, why do you not have, how did you decide on God when you got this in here? Yes or not? If you have said, should they have corrected, if they have a problem with the second book? Because this is the center of pure desire, this is the energy of pure desire. Then this is the center of the higher conscious, this is the center of the higher conscious. All other desires are not pure because they never

do be satisfaction. How important is the meditation on your way, on Sahaja Yoga? Meditation, how important? How important is meditation? You don't have to do meditation, you are in meditation. These are the ways of equality and making money out of it. So come and join a high day, continue and get up to a peak? You do like this and you will be good, if you do like that then you will get it, or else if you, you are punished because you are a sinner, all this is nonsense, there's nothing like that. You can do that too, then you can do it in a selective way, or you can do it in a selective way, or you can do it in a more positive way, this is all nonsense, this is all nonsense. So, the basic problem is that you have to have first of all experience of the salt-conveying power which is like a cold breeze in your hand and a cold breeze coming out of your head. Unless and until you have this, whatever you do has no meaning. So, all I ask is, what is the meaning of this? You have to have a lot of power and a lot of knowledge. So, what is the meaning of this? These are the talks, talks, talks and talks. This is not related to your idea. What I don't mind is the talks, they are ruling many people, they have formed their passage. The problem is that the water is too hot but the water is too hot so the water is too hot. These are not many oriented people. That means, all the water is not connected to the water. Either they are money oriented or they are power oriented, they are not Spirit oriented. They are in their age and in their age, but they are not in their age, they are not in their age. How can you pay money for something that's giving life if you want to? So I see that you don't pay for the flowers and seeds. All living work is done by that All-Pervading power of God. All living work is done by that All-Pervading power of God. All living work is done by that All-Pervading power of God. All living work is done by that All-Pervading power of God. In the world of yoga, there is a difference between yoga and the individual yoga. There is a difference between yoga and the individual yoga. There is a difference between yoga and the individual yoga. The individual yoga is the validation and the principle of the yoga. The principle of yoga is the elimination, is the basic principle which one has to achieve. The principle of yoga is the validation and the principle of the yoga. Someone means with the one, the two. If the guy, if you have to be united, you can survive. Sahaja, this is one, this is the most important. Yoga is the foundation of the body. I'll say Hatha yoga. Hatha yoga is the left and right kinds. Both are yoga. Hatha yoga acts in all the kinds in Patanjali, this is how it is described. Hatha yoga is practiced in eight whole states. Hatha yoga is the right and left kinds. This is the most important. In the society Patanjali is a thousand years old. Hatha yoga is the right and left kinds. And Hatha yoga is a painful project. Out of that, this exercise is the name of Hatha yoga. This is the meaning of yoga. Patanjali has so many different These in Patanjali they try to tense and make chakras one by one and one has to take sometimes lives after lives, watching realization. and the other has to take some time to get out of it. And the other has to take some time to get out of it. But he has only at the end of it, has got the sahaja yoga saying that this is all part of Self-realization and all the stages that I've told you, he described clearly. But today, the what sahaja yoga we have before you, has been many pure Jeth yoga in that body. This is sahaja yoga, that's living in this portion, that's called as Jeth yoga potential. You see, because we have no time. Then come here, we'll try to see. So I wanted to find out the method by which we just place the Kundalini somehow apart. If a point of the Jodha is given, we never become the leading change to hide other people. Because it is like many hair put together and through the central money, which is called as Ramana, you can raise few of them up. Very easy. This is so, if we have an half a day and come on, Shri Mataji, you can see, Shri Mataji, you can come on out very easily. And then, when it gets connected very quickly, then the relaxation starts coming up and these chakras which are very constricted, start opening up to allow more cells to pass. And then, can you say, how quickly you see? Please say, Shri Mataji, Shakras, you see, a lot of difference in that some of the earth men put around, when we are there, and then we move towards the middle. In that little light, you see the problem, yourself. You see, when you are finally seeing something, I will never come to you again. But that which you are putting on, you are stated, there's no need to doubt this. If I tell you there's a mistake in your mind, you may not have the little know, stop, please, fight with me. The Amadam was seen in the jungle, in the city, in the city, in the city, not only in the city, but in the city, in the city, in the city, you see, you see, guys. So, in this light, you yourself become your own master, become your own guru. And you see yourself as strong. And you throw whatever is destructive. Like, overnight, many people have to go themselves, overnight. So, we see the light of the Alhajan and the other end, home of the environment. So, the second one we talk about is the Raja Yoga. I went to California in 1971 and I was surprised, I met some old doctor friends from India. They had cut the threads of the tongue, and they were writing down the talk. They put on string. So, I asked them, what's the problem? They wrote it down that they were doing Raja Yoga and they were asked to cut the tongue to do a thing called Khetchari, to push back the tongue. Now, when you get any lightness, it's like the ignition of your car. As if the machine starts working by itself, you don't have to do anything about it. So, when this machine starts, immediately what happens is that the chakras start expanding and also operating, closing to keep the Kundalini up there. What a measurement! Now, at that time when it reaches here also, same thing happens that when the Kundalini passes this center here, then the tongue is little bit pulled inside to stop it from falling down. So, Kundalini is chakras, then the tongue is slightly more open and the Kundalini is going to fall down. So, it happens automatically. But supposing, without starting the car, if you start the wheel,



what will happen? The wheel will be big. but what is something else, about with power, and there are siddhydaya yoga and this yoga that provide all animating compositions it's all about constructing the education Shri Mataji, try to take custom and value, that's your own. About, I think, the eight years or ten years back, the eight years back, the head of the Siddha Yoga, the one who was in this flying yoga in Gotra, he was a dino. He is by his child and his dino, deputy dino, also came from a dino city andatoes. Up to about 8 years ago he came to a World Serieskar insupport of the Olympics. We did! He was the other focus. and the people who He himself initiated Himself were nothing but possessed and are now reprocessed. He became a banker and he had to go to the South. He was a man who much entertained, and his wife was his granddaughter. What do you mean? And where did they come from? They came from the land of the poor, and they came from the poor and the poor. They came from the poor and the poor. But they are still in the market. They are still in the market. Now they are in the market. You understand? Why do you need them for all these reasons? You can come to India and can anybody be treated by way. But you cannot use all these reasons in any other country. But India, because all its plants do not grow here, all these trees do not grow in any other country. But you cannot use all these reasons in any other country. So it's a market in the country. But only they are not market money. But also I think they are market-based, so something like that. Besides this is here, I am a senior with a cow. I was a cow from the Philippines, and I was a cow from Aarhus, India. I was a citizen in India. I am a citizen of India. I am a citizen of India. I am a citizen of India. I am a citizen of India. I don't know what they do with epilepsy and cancer. But also I would say, the seekers must ask for the truth. Why do you want to fly there? Because already we have traffic problems.

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Nobody is trying to tell me he's sad. I'll never. Madam, on God's way man looks glorious. The light comes at subjects and sees objects, dishonised under the image of the innovator. Everyone still looks half spirits with one hand. Allo! Music!

I have to apologize for being late, but I have so many things to be done. Since morning, I have to give presents to all the leaders from International, saying all the accounts have to be made, this or that, articles, this, and till five o'clock I couldn't even take My lunch and then I had My bath and lunch and so I would request you that you should not wait for Me if I need not attend all the programs, because I have so many other things to be done. So six o'clock means six o'clock you all should have been here and six o'clock you should have started your programs, because again it gets very late in the night. And then in the morning time you have meditation, also you must fix timings, must have meditation, then you can have a brain trust about ten o'clock and in the evening you can have your six o'clock program again. So that there is some regularity here, because if you depend on My coming every time, it's not going to be arranged that way, because I have so many other things to be done. So from tomorrow please keep it that you do your meditation, the morning, your bath and all that. Ten o'clock you have your brain trust, discussions and things and then you can have six o'clock another session here, after that you can have your dinner and then the music program should finish as soon as possible.

So please, we have been keeping awake three nights now and the whole day I had two times to rest even, because I have so many other things to be done. So I would request you not to roam about after six o'clock, but please settle down here and do have your programs performed here and so that everybody gets a chance to sing or to do what they like. Plus there has to be some discussion of brain trust and things we have to talk about it. We have to organize in a way how we are going to go further with Sahaja Yoga or all suggestions and questions and all that. So I think tomorrow at ten o'clock you can all do that, finish your bathing and come here. It should not be like a holiday camp that people are just roaming about. It's not proper, must be more concerned about what is the program is. I hope from tomorrow, I had said yesterday at six o'clock we'll start the program, but I didn't say that I'll be here. So I'm working the whole day. I have no rest, no holiday, nothing. So I would request you also, you should think that this is the time you have come here to meditate and to progress in collective way, to find out what's the thing needed, what is to be done.

Now we have today also a very, very long program. First we have so many people who have prepared dramas, plays, this, that, dances, music, all that. And so if you had started at six o'clock, it would have been much better. And then I have to give presents to all the Indian Sahaja Yogis, to the Western Sahaja Yogis I have given. Or we can postpone that and we can have it in My house

tomorrow morning. I mean, of the two things we can do. So from tomorrow I hope you'll make it convenient to come here at six o'clock in the evening. You shouldn't be surprised, I may be here before you. These children are going to perform a dance on the yoga wall. Are they ready?

From Bengal, now we go on to Haryana. It's quite a switchover because Bengal is soft, sweet, melodious. And Haryana is rough, rugged, and tough. May I ask Mr. Gupta? You can see how rough, rugged, and tough he is. And what he is going to say, only he will be able to interpret and translate. The language that he was speaking was even foreign to me, being an Indian. But the gusto in which he was speaking was enough. The gesticulations were enough to suggest what he was saying. So, it must have been understood by all of you.

Now, from Haryana we go to a similar situation in Europe. A very rough and tough and full of mafia. Sicily. This is Guido Sicily. Italy. So, in Italy there is a saying that the whole world is a small village. Meaning that in each and every country you will find the similarities. You will find the same roots and traditions. So, for instance, in Sicily the marriage, when a girl comes to the right age for marriage, it becomes a very big family affair. I suppose like in India a bit. And so, now this is a song which we are going to present to you. And it speaks about this girl, which in fact she is finding excuses not to get married. And the father and the mother are asking her, why you don't want to get married? And she says, well, because I don't have the right sari. And then there is the uncle, the mama, which is going to buy the sari for her. I say, all right, don't worry, Guido mama will buy the sari for you. In this case I will be uncle Nicola. And then she would say, I don't have the earrings and then I don't have the kajal, I don't have the kung kung, I don't have the mangal sutra and this thing. And at the end she would say, I don't have the husband. So the uncle will provide everything for her.

Now let me introduce the family first of all. This is Rosario, the father. And then we have Conchita, Vijaya Mangeshkar. And then we have another relative, she is the sister, which she is having a shop also. So she is the one in fact who will sell. And then we have auntie Mamata. Then we have uncle Julie, then we have uncle Akbar with the tamburello. Then we have the younger sister Manju, Mamata. And then of course we have the girl, the beautiful girl, which is going to marry. So this is Koselita. And she has reached just the right age for marriage. So the refrain would say, oh my daughter, why don't you marry? Why don't you want to come and dance? And she say, because I have not... first will be chapels. And then the uncle and the father say, all right, don't worry, your uncle will provide you the chapels. And so then the father, which is Rosario, will say, all right, now the mother is very pleased and very happy because she has chapels. And then next will ask, so now why don't you marry? She say, because I don't have any salary. And so on. So that will be bangles and then marcasutra kunkum, kajal, necklace, earrings, rings, perfume, and also a razor. Maybe you don't know, but our Sicilian ladies, very often they need a razor as well. Sometimes they have quite long moustache like Baba mama. I will refuse to go to Sicily. Sometimes they have beard also. All right. So now we start our song. This is another uncle which plays the violin. He just came from India, from Nagpur. He is Uncle Simon.

She needs a husband. So where am I getting a husband for her? Ha ha! We have the ideal one! Yogi Mahajan! Ah! Wow, wow, wow. Yogi G, why did you present your application if you don't want to get married? A Guy Progressive! Now, of course, the song will follow because after seeing the beautiful husband, the girl she wants to get married and she says, oh, mommy, I want to get married. Oh, mama, me voglio marita. All right, print the file, we will select another husband. Don't worry. Now, of course, she says the moon is in the sky and, oh, mother, I want to get married. So please select. Give me the right husband. Now the mother says, oh, daughter, if I give you this yogi mahajan, for sure, he will take you to the Ramshahab.

So in this case, we can try to give it to Goptaji. Come along. Now, if we give this girl to Shambhukta, he may take her to Ariana. She did not go. If it doesn't work out, we always have caviar. So that is working out. I want to go. Sit down. So as you know, Caviar is working only that big computer company. So if we give it to him, I don't know what will happen. OK, guess what? So he will make her head become like a computer.

Listen, I have a good idea. We always need a doctor in the family. So I have a very good doctor for you. Oh, very good doctor from Delhi, Dr. Talwar. He's over 21, but he's all right. I think a doctor will not suit you. But we have someone else, a very good person. He is a tax collector, so it can be always useful in the family. Mr. Venugopalan. He will laugh my daughter without any money. All right, all right, come here. Now. In Sicily, also, they have a very good speciality. They have the worst name for daughters, like

adolorata. It means full of grief, full of pain. So I think we need a very big manager, industrial manager for you. Someone from Calcutta. She's cooking very good fish, that I can guarantee. Mr. Jalang.

Alright, don't worry, I give you another doctor. He's an elderly man, but very nice. He sings very well, very fond of music. Dr. Sangwe from Nasik. Where is Dr. Sangwe? He's not there. Alright, don't worry. In the meantime, we can get you someone very special, very smart. A diplomat. A Swiss diplomat. From UN. From New York.

I'm going to give you a great mahayogi, a nibbleungen, someone from Himalayas, German Himalayas. Mr. Philip Zeiss.

Last one, last chance. A very tough man, from Iran. Hamid. You who dancer for me. Don't worry, you will love him. He can teach you. I take this one.

The western branch of Nirmal Sangeet Sarita. Yes, this is the branch of Nirmal Sangeet Sarita. Manju, where are you from? I am from Tarif. To follow this, we will have a very interesting item of the western branch of Nirmal Sangeet Sarita. The Indian singing Sarita would be singing the same song, one stanza by the western branch and one stanza by the Indian branch and the Nirmal Sangeet Sarita of Nagpur branch will be sitting in the middle supporting both the sides. And it will be one song and I am sure it is going to be very tough for the Indians to put up a contest against the western branch.

Yesterday there was a young girl from Shillong. Is she here? Could she come and meet me on the dais? Mr. Ajith Rampal and Sucheta Salgaonkar to contact Yugi. Mrs. Virunagopalan. Two members of the Delhi Yawashakti, two members of the Pune Yawashakti and two members of the Bombay Yawashakti. This is an item after this song.

This first song they are singing is in Marathi, which is like this that we have to tell you. The third one is Kabira song, which is in Hindi language. This achievement of learning three songs, not only learning the tune but learning the meaning and experiencing the classical notes was done by Shrimataji in a span of the morning session, just maybe two or three hours while they were in Switzerland. And I must say to the credit of these Western Sahaja Yogis that they have received the instructions of Shrimataji so well and so fully that the result is before you. Jai Shrimataji!

Dasadvaya Vahini! Aah! Gangamahadhi! Jahnimokalasi Kirtikuliki! Jahnikasukha Emenalakti! Khatakkamal Kavirakhi Bettih!

That was in Ragh Vairavi and Meenaji will bear me out that I think it is one of the most difficult ragas and the way our western brothers and sisters were singing, it was really an enormous feat I must say. Very well done. I think it deserves a very loud applause.

I have been toying with this idea of having a very healthy competition, we call it Jugalbandhi in our Hindi language, between the two dominant branches of the Nirmal Sangeet Sarita. On my right is the western branch of the Nirmal Sangeet Sarita, consisting of Guido and Jose and his party. And on my left, Nishi Madarshi has not yet gone to Switzerland. Shri Mataji, we were thinking of singing Tuyapujani and then to be followed by Kithi Varanamu to Jesus. And the ghazar will be common. First, it will be the privilege of Guido and company to make a beginning. The song is Tuyapujani, Marathi 36. I may tell you already that everything is loaded in favour of the western Sahaja Yogis. I tried to grab one of the Bakri sisters to bring her to the Indian side, but Shri Mataji said, no, you belong to the western side. Anyway, I wish very best of luck to the Indian side and my very worst of luck to the western side. But in spite of that, I know they will do very well. Now the scheme is like this. Everybody will sing the main theme of the song, that part will be sung by both the sides. Then the first stanza would be sung by Guido and company. The second stanza will be sung by the Indian side. The third stanza will be sung by Guido and one altogether. Okay, now Guido will begin. Start. One, two, three, four. Okay. We'll ask possibly Meenaji or better still Saraswati Bhai, Rane who is here amongst us to judge whether the Indian Sahaja Yogis are doing well or the Western Sahaja Yogis are doing well.

In the name of the Swiss, we would like to offer some Swiss Kawali hats. Shrimadaji, in the name of the Swiss Sahaja Yogis, we would like to offer Swiss Kawali hats to the Naktur musicians. Thank you. It's a good protection. So, should we sing the Kawali? Oh, then Nirmala, yes, of course. So, but the Gajar will be common. So, first now the Indians will begin. Nirmala kithi varanavigatu

jigastuti. And then the Western Sahaja Yogis will follow. So, I am distributing the mics, one here and one to the Western Sahaja Yogis. Hello. Marathi 48. Let it be full blast. All right. Thank you. Yes.

Maan waala hai te za devaachi anoohte Nirmalaah Kithi varna vithu ji kastuti. Noor leecha swarath tu Rudha spandacha la it tu. Anandacha sa it tu Stha karacha bharati it tu. Karamachha aapne kshatu Karamachha moksha khatu. Manavatejye khatvatu Nirgunante khatvatu. Karatrutvate khatrutvatu Jeevanache aas it tu. Sangita tasuretu Premata mahapuretu. Durya sarti rathu rathu Anand archa sarkarathu. Manavala tethi sana Devachi panu kuthi. You must clap three times, then only you can get into that mood. Jai! One kawali now. This is a new kawali.

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I'm just going to say I have to do something to the right side. I'm not testing you in the middle. So I'm going back. Good. So, Alle, this is? So, musicians have come? They came? Swiss came. Swiss musicians. No, no, no. Everybody is eating, right? What's the time Alle? Yogi? You are not a saint, are you? What's the time Alle? Shri Mataji, I don't know. May God bless you. What am I to speak now today? Tomorrow is the pudya. I don't know. I don't know. Do you want the list? Oh, okay. I think you better sing some carols and let us finish with it. You all have been nicely sleeping and I've been working so hard and they called Me that Mother you must come, they are waiting for you. So I came and here it is everybody is resting nicely. Today is Christmas Eve, you must sing. All right, let's have some music for a while. If you don't mind, we can have some music. May God bless you. There must be something in your body, Colin. Soul is Bubbed with C Dodgy Do you want to stay with your anticipated views of your future? . . O Canada! O Canada! O Canada! Sing choirs of angels, sing in exaltation, sing, all ye citizens of heaven above. Glory to God in the highest. O come, let us adore Him. O come, let us adore Him. O come, let us adore Him. Christ the Lord. O day, Lord, we greet Thee, On this happy morning, Jesus, to Thee be glory given. Word of the Father, Now in flesh of His. O come, let us adore Him. O come, let us adore Him. O come, let us adore Him. Christ the Lord. O come, let us adore Him. We three kings of Orient are, Letting gifts we traverse above, Field and fountain, moor and mountain, Throwing yonder star. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. Bases, sing us something. Born a King on Bethlehem plain, Gold I bring to crown Him again. King forever, ceasing never, Over us to reign. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. Tenors, burn His hands to offer high, Incense of the deity high, Where I'm praising, all men raising, Worship Him God most high. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. Ladies and Troubles. There is my beautiful view, In the light of man's truth, Now I'm shining, believing I'm still first of all true. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. All together. Glorious now, behold Him arise, King and God and sacrifice, Heaven's listening, Alleluia, Alleluia, the earth replies. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. O star of wonder, star of night, Star with royal beauty bright, Westward leading, still proceeding, Guide us to Thy perfect light. O star of wonder, star of night, O star of wonder, star of night, Holy night, all is calm, all is bright, Round the virgin, motherland shine, Holy in the storm, tender and mild, Sleep in heavenly peace, sleep in heavenly peace, Silent night, holy night, Step aside, and the sight, Glory still from heaven far, Heavenly hosts sing Alleluia, Christ the Savior is born, Christ the Savior is born. Silent night, holy night, Son of God of pure light, Savior fills Thy holy bed, With the dawn of redeeming praise, Jesus, Lord at Thy birth, Jesus, Lord at Thy birth. Which way? Away in a manger? A new song about Shri Ganesha. Shri Mataji, there is a new song about Shri Ganesha. Yes, of course. Can I have one more? Which one you like to sing? Away in a manger, No clear floor of wine, The little Lord Jesus Laid down His sweet head, The stars in the bright stars Look down where He lies, The little Lord Jesus Asleep in the hay, The cattle are lowing, The baby awakes, The little Lord Jesus No crying He lays. I love Thee, Lord Jesus, Look down from the sky, And say by my side, Till morning is nigh. Be near me, Lord Jesus, I ask Thee to say, Close by me forever, And love me, I pray. Bless all the victual, In Thy tender care, And bid us for Heaven, To live with Thee there. Very sweet one. All right, you can sing Ganesha song. A man and a woman. Christ's life was such a life of penance that they had to use very soft tunes and to express their feelings and too much rhythm was not used, you see, because that's the side of Christ's life they knew. They didn't know Him as Ganesha. Otherwise they would have sung with nice rhythm and would have danced. Who can lead the Shri Ganesha song, the Austrian song? Lev, come. Can we have some Austrians, please? Some Austrian who knows the song. I'm calling Lev. Some Austrian ladies. Some

Austrian ladies. Can you come next to the mic now? Please. Can anybody Can anybody Can anybody Can anybody Can anybody who has the sheets bring them to the front? Thank you. Shri Ganesha ki Jai Shri Ganesha please stay Shri Ganesha in us forevermore Long ago in heaven Shri Mataji created Thee So innocent and true All the oaths of heaven bow to You Shri Ganesha ki Jai Shri Ganesha please stay Shri Ganesha in us forevermore So, But it's nothing fixed. You have every right to change it or to say no, or whichever you want But just to give an idea that luckily, luckily when we started consulting the list we put them according to their age and their heights and things, and surprisingly we worked it out very fast. So might be, might be there might be some of them may be absurd, and some of them are left out. But I'm sure by the end of this tour we'll have something nice. Now there have been certain demands about some type of girls or boys, and somehow they are not there. So I've kept them still waiting till we find something to their liking, and I hope so very soon such nice proposals will come. Now I think I'll ask our marriage pandit to announce the names of the people whom we have now decided. Maybe I think, how many there are? Sixty-five marriages arranged, and fifteen more to be remarried, and then there are engagements, and some are, as I said it, we are still waiting for some better results. So in this short time we had another big problem because the UK list appeared when everything was finalized, and we didn't know how to fit UK people, and I thought we may have to marry UKs to UK. But it has worked out now very well that we could manage something better. Now there are certain things that we should avoid to marry in the same country as far as possible. Unless and until people are just demanding, it's better to do that. It will solve one problem, I think, that some girls or boys who think they should get married will not quoting people in their own country and spoil the whole game. Because if you start quoting like this, as a result of all that quoting is that, that you just get fed up of each other and you don't want to marry. So the best thing is that let us leave it for the last minute till we have decided on a very temporary basis. And if you are not happy, or in any way if you think it was not suitable, or whatever way you think it proper, because you'll be together now for the rest of the tour, you must tell us before you are getting married. We have had very funny experiences. Like I married somebody to someone. Then the girl comes and tells Me that, Mother, I can't live with him as a wife because I think he's My brother. But this happened after three years of marriage. So if you are in fickle mind and if you are not deciding, then it's better to withdraw than to bring bad name to Sahaja Yoga and to Me and create problems. Second point is that registration of the marriage should only take place if you are all agreed and that you have a complete divorce or I would say you are free people. Otherwise there should be no registration and nobody should take a passport as a married deity when she is not yet registered or a gentleman should not take such a passport because it's going to create more problems and complications. It's a very simple thing to understand that we have to have registered marriages, otherwise we cannot go from one country to another country. So it is important that we have to register the marriages. After we have considered it fully, after considering that you are going to be all right with that person and then to see that you are a free person, you are entitled to be registered. So under the circumstances, if you are not registered, you cannot take your wife or you cannot take your husband to any country that you want to. So one must understand the legal side of it. The most important thing is for married couples, then once they are married they should not forget their leaders. They should go and tell them as to what they are doing, what is the help they need and how to contact. But mostly as soon as they get married, they become birds of migration or something like that. So it's difficult to locate them. And then the problems start because they don't know how to proceed and all kinds of problems so far we have been facing, because the married couple did not stick on with the group, with the leaders and inform them what they wanted to be done, what they needed the help or anything like that. So this is a very important point that as soon as you get married you must inform your leader about it and you must get the address of each other and leave it with the leader and also consult him till you are fully-fleshed married people. I hope you understand that. May God bless you. So now here is the great list. Everybody's name taken should get up. I think better come here because I won't be able to see you. May God bless you. May God bless you. Please come up to the stage. All right. Also we have considered your heights. All right. May God bless you. All right. Next one. May God bless you. Linda Lewis from Canada with Rakesh Chawla from Delhi. Rakesh Chawla is not here but Linda please come up. She's not here. Okay. All right. Next one. John Smiley from Australia with Ujvala Vasanth Rao from Sangam Nair. She's not here. She's coming tomorrow. She's coming tomorrow. She's coming tomorrow. Roger Manuel Austria with Eric Schneider French. And the next one. Faye Devers with Brennemir Werner of Austria. Faye is not here. Faye is not here but this is Werner from Austria. Faye from America. She's not here. Annie Morven France with Ovidio from Italy. The next one. Jane Ruiz from Brazil with Derek Delleman Belgium. This is Annie Morven with Ovidio from Italy. Annie is here. Anne Morven. You come this time. Anne Morven with Ovidio. Is Jane Ruiz here from Brazil? From Brazil. Jane Ruiz. May God bless you. Yana from Greece with Gordon Fremont USA. Thomas Gordon Fremont. Is he there? Okay, next one we'll call his brother. Michaela Austria with Fernando from Colombia. Okay, Michaela is coming tomorrow. Lina from Australia with Christopher Marlowe from UK. Britain, Patricia from USA with Lino from Italy. Renu Sharma from Delhi with Sergio from Italy. Renu is not here. Sergio Alberto from Rome. Is the Argentinian settled

in Rome? He's not here. Gauri from Austria with Shashi Darao Delhi. Shashi Darao is not here. Bergman Petra from Austria with Philip from France. Gauri, he's not here. He's in Nagpur still but he's a very fine boy. Come along, you come forward. Who is there? This is the next one with, this is the next one with Philip from France with. What's your name? Bergman Petra from Austria. Philip with Bergman Austria. The girl is not there? Bergman Petra from Austria. She's coming. Please stay here. Just stay here. Philip, just stay here. The next one, Nita Thakkar from Bombay. She's not here. With Lyndon Diweli from Australia. Lyndon Diweli, is he here from Australia? He's coming. Australia. Australia. Australia, Australia, from Australia. He's from Australia? Yeah. And who is his wife? She's not here. The Petra Bergman from Austria. Yeah, but she's not come up. She will come to Ganpati. Revanand from Delhi. She's not here with Nick Baron from UK. They could be given photographs. Yes. Nick, you can collect the photographs from here. You got this. She's a very rich lady, I must say. She is a daughter of a dweller, very famous dweller. She's a very good girl. I hope you like her. Vidya Havale from Vaitarna with Fernando Carlo from Italy. She was called Badalna, no? That's right. Jose, just come. One minute. The next one. Next one? William Kessaff. Yeah. Take. Nilampati with Revant Christophe from France. All right. Okay. Fernando Carlo. Fernando Carlo. Is he here? Will he come to? He's not coming. He was engaged. He's not coming. The problem is this, he was. This thing is there. Is he a graduate? Is he a graduate? No? Actor? Vido, just come. Nilampati from Bombay with Revant Christophe France. What about the Frenchman? He'll be coming? Okay. The boy is not here. The boy is not here. He's not here. Ronan Halet of France. He'll come to Ganapati. Shobha Chavan with Augustine Frutos of Spain. I'm sorry the lady is not here but she'll be there. I'm sure she'll be there tomorrow. I hope so. Is he a graduate? He's not coming. He's not coming. Shobha Chavan with Gisela Speitzer with Bernard Dejets Swiss. Nirmal Kanta of Delhi with David James of Australia. The girl is not here. What is it? Nirmal Kanta of Pidum? With David James Ingalls of Australia. Who is that one? I must say that some of the boys are really very tall. It's difficult to get, you see, this Amazonic height. So you have to compromise a little bit. Yeah, may God bless you. There's a girl who's very well educated, a nice person, a very good Sahaja Yogini. She's in Delhi and I'm sure she's coming in from Pakistan. She might come earlier also. May God bless you. Kavarkar ji jiha. Jane Marlowe with Antonini of Italy. All right, so may God bless you. Caroline Durant of Milan with Karan Giani of Bombay. The boy is not here. He's here. He's a bank manager. Go. I saw her this morning. She was there definitely. Saraswati. Okay, next one. Margaret Heather from Australia with Andre Jarnon of France. Is she there? Heather Margaret, Australia. Okay, next one we can see. Aurelia Pallinie of Italy with Enore Ducret Swiss. Most of the ladies are sleeping or what? Next one coming. Claire Schmitz UK with Daniel Wagner UK. Special Hall UK with Robert from Belgium. Robert is not here. Sandhya Pathak of Bombay with Diuselo Salavetti of Italy. Shri Surabha Mohitet with Chris Flatman. You can have her photograph. Shri Surabha Mohitet is now a little bit. Caroline Jean Australia with Vasudeva from Delhi. Vasudeva is not here. Caroline Jean, is she here? Next one. Mevan Kate of France with Chandran from Madras. Chandran is here. Where is Chandran? This is Caroline Jean. Caroline Jean Vasudeva from here. Vasudeva. Vasudeva. Wonderful boy. All right? May God bless you. All right? All right? May God bless you. Kaushalya Koratkar from Sri Rampur with Mauro from Italy. She's not here. She will come tomorrow. Nitin Gupta with Uma Solanki. Both are not here. Vincent Pascal France with Johanna Pink UK. Yes? Koradeva. Come here. Come here. Come here. May God bless you. Bruno Ancillo Australia. Sorry. We have to change this later on. Darryl Lockhart with Willemiere Catherine from Switzerland. Darryl, Willemiere Catherine from Switzerland. Michael or Madeline Smiley said anything because... Very good. Christopher Lee Australia with Patricia Martin UK. Carl Duncan UK with Annie from Turkey. All right there. We have given the form. There's a... she's not here but I think we'll have to get her to UK or some place. We'll manage it somehow. She's a very nice person. Patrick Martin UK with Cora from Holland. She's with Cora from Holland. She's coming. Because you can get all the nice tulips from there. Helmut Buchheit from Austria with Jane Stringer UK. David Ingalls Australia with Susan Boyer Australia. You see, you were... you are twice engaged. You know. He's engaged to somebody else. There's a little confusion I think. With whom are you already? We have fixed you with whom? All right. May God bless you. It's correct. Ramakrishna from Delhi. He's not here. With Hanarita Grassman of Holland. Who is left out now? From Australia you are? Susan you are from Australia? She's not here. She's not here. Then Michael Salim USA is not here with... Isia? Okay. He's come. With Pelle Pelle of France. She's not here? She's here, isn't she? A. Henry Grassman is with Ramakrishna. He's from Delhi. He's not here. He's not here. He's in Delhi. All right. Okay. She's not there. Sudarshan Sood from Delhi. He's not there. With Shri. Christine of France. Next one. Hubert Stahl France with Dymic Doris from Greece. From Germany. Ramakrishna from France. Are you Christine? She's Christine of France. So Ramakrishna has not come. You're Christine, aren't you? Ramakrishna has not come. But he'll be coming. All right. May God bless you. And Doris from Germany. Kristof Ettin with... She's not here. Okay. Bruno Ensilo Australia with Archana Chavan of Sangamner. Lotar German with Meenakshi from Canada. Meenakshi? Okay. Maybe she's not present. She's not here? She's sleeping. Okay. Kristof Ettin France with Madhu Kasbekar of Sangamner. Okay. He'll come to Ganpati Pole. Guy Bevan of UK with Malicha Brigitte of Austria. He's coming to Ganpati Pole. Azaleh Karen with Diter. They're not here. And Jernot

Place with Lydia. Andre Fernandez with Del Sentos. Why are you teasing them? David Moria with Sophie Pernod. Shri Shri. Sergio Elis with Elena Mora. Name of Yeah, I thought of South African. Mother, do all the girls are not heard. Ah.. Kami lo... with Karinna. Good Covid! Guy Jeffrey with Lenny Majgard Danish Australian. questionmed after that. Get ready. . Whatever was possible we've done, but maybe by day after tomorrow we'll be able to fix others also, because we'll see the people who come here and ask their also opinion about things. And perhaps we might be able to get for all of you something nice. May God bless you! May God bless you! So tomorrow morning there is going to be puja at about twelve o'clock I should say, because people are coming from all over and also some of the decisions we have not taken so far, because we have to ask them. I hope we'll make it convenient for the twelve o'clock puja. Also I must tell you that saris have gone up very much in prices and those girls who are getting married, they could have saris according to their own taste, but no sari or a wedding is available for thirty pounds nowadays in India. So I hope you realize that I have done shopping in Delhi, brought all the saris here just to make it better priced. But in Pune they are much more expensive and the saris will be for sale tomorrow and particular type of saris are good for marriages, which they'll tell you. Now we have a demand for saris, about forty-five saris, for about ninety pounds, which have turned out to be about hundred pounds. Those we have separately put. Plus we have saris for marriages and also some printed saris which are cheaper, but not also, I don't think, these pound mekone hai na, they are not thirty pounds, maybe slightly more. So we can't help it because the China government has stopped exporting silk to us and next year they said it would be even worse. So whatever it is, the prices are reasonable and I hope you'll be able to enjoy them. I haven't got any list of women who wanted to have printed saris. So, so far, we have only twenty-nine or thirty saris. But if you want to have silk printed saris, which we'll show you tomorrow, we can get them more up to Ganpati Puri, not before that, because I got them from a special shop. So, I don't know, they'll give, because they gave us some also discount. In any case, there's a tussard silk on that, there's nice print, you can see for yourself. Day after tomorrow we are having a program evening time, and also on the fourth day, I would say, would be, on Sunday, Tuesday, na, would be on Tuesday. We are having another public program. But you'll have time, day time, to go about for your shopping, whatever you want to buy. The charges for marriages are two thousand each, for every person who wants to get married. And the money should be collected and given to Mr. Yogi Mahajan. The sari money would be collected by a harsh maharaja. He'll collect the sari thing from you. Now in those saris, most of the saris, there might be a blousepiece, so you can leave the blousepiece behind, so they'll get it stitched for you, and also they'll get you a petticoat to match with it. That can be managed before Ganpati Puri. You must also leave your exact, I would say the exact measurement. Now the boys who want to have silk dhoties for their marriage should give their names to Me, so that we can get some nice silk dhoties. But as I said, they are rather expensive. Not very much, but they are. I have no idea of the price just now, so we can get those and the color you want of the dhoties. Anybody who wants to buy dhoties which are colored silk ones, please let Me know. Also there are boys who may be wanting to have a silk kurtas done, but I think if you go in the market you might be able to get yourself of your own size, would be better. Tomorrow we are going to get you a barber to help you. Plus I'll be sending the towels. I'm sorry I could not include that in the prize. They are thirty rupees each, about thirty rupees each, but very good towels, cotton towels. I hope somebody has collected money for the saris and for the pajamas and the kurtas. Who has done that? You have collected? Oh, that's all. Nobody should start any collections without asking Me. May God bless you! But they might be having, about seventy marriages will have ornaments. And those who want to have extra, those who are not marrying, want to have ornaments, have to give the money to Mr. Bhikkhu Ray and every set costs you eight hundred rupees, eight hundred rupees to Mr. Bhikkhu Ray. When you are purchasing from him in Ganpati Puraya, you'll have to give him eight hundred rupees. That's all. What else? All? Is there any other business? And I hope this New Year will bring forth many more Sahaja Yogis through you and that all of you will ascend once for all to that state of highest and highest. May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you!

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I bow to all the seekers of truth. At the very outset, we have to know that truth is one thing. That truth is one thing. We cannot organize it, we cannot conceptualize it. And at the level of human awareness, we cannot throw it. Whatever I am going to tell you today, you should not believe lies, blindly. But please keep your mind open like a scientist. In case, since the hypothesis I put before you, and if it is true to you guys, in all honesty, I don't give answer. We have reached the stage of human awareness. But not yet we have reached the stage of absolute bliss. If all of us have felt the absolute truth, there will be no problem. But there are

so many ideologies, and people have reminded the name of God as well. If there is one God, then why there should be so many differences? Why should people fight? Because we are sitting in the darkness of ignorance. We cannot relate to each other. So there is something to happen within ourselves, that we have to have some transformation. We have to place the mechanism which works out this transformation. The mechanism shown in this diagram, you can see it. In that diagram goes God as second. There is a flower which is God as Kundalini, inside the category. She is God as us as you, or I. And she is the reflection of the Holy Ghost within us. Holy Ghost is the primordial Mother power. Now this power is the power of pure desire-ness. As you know the law of economics is that the desires or the wants are not sexually in general. So what desires say for example to say another God? But then you have another desire. Once we get the God, we want to buy something else. So we jump from one desire, whether you know or not, we have a very strong desire within us, and that is that we should get united in this proper meaning power of love. The truth is very simple. The first thing is that you are not this body, you are not this mind. You are not your intelligence, not your emotions. You are not your ego or your conditionings. But you are your Spirit. And when you become the Spirit, then you know the second truth, that is there is an all-pervading power of love. This all-pervading power of love does all the living work. For example these flowers that we see come out of very small seeds. We do not even think how these flowers, such beautiful colours and fragrance have come out of a small seed. We take it from nothing. But all this work is done by that power which we describe as the all-pervading power of Divine Love. This is the power of the Holy Ghost. And when you feel that you are surprised, that moves in your eyes like full waves of breeze, so far you have never felt it, you have never known the existence of it. But it is very simple to awaken this and to become the Spirit, so that you can feel this power. As if this instrument is not connected to the mains of no meaning. Our life also as human beings have no meaning, unless and until we are connected to the mains. This Kundalini, the one who is in three and a half joint, rises to six centers above. And the last center which is below the Kundalini looks after our expectations, also our sense. It has nothing to do with our sense. Kundalini is above all that center. When she rises above these six centers, she vanishes them. These six centers look after our human mental development and spiritual being. That is why as a result of awakening of this Kundalini, you spontaneously get cured of your physical and mental problems. You don't have to take any medicines, you don't have to go to doctors. Then when she comes out of your constant bone area, you get the actualization of baptism, actualization. It's nothing artificial. And you cannot pay for it. How much will you pay to Mother Earth for giving us these beautiful flowers? God doesn't understand money. And you cannot purchase divinity. All those people who collect money in the name of God and live on that are really sinners. They have no business to do that. But we are the sinners and they will do the work of us. If you want Christ to come from Himself, how will you get the mercy? You will not take any money from Him? And how will you find out that He is the Christ? Because you are not here at that scene where you can think the truth. So now you have to think or desire to have yourself released. That is when you are spirit, comes into your attention. When your spirit comes into your attention, then your attention becomes enlightened. Then it is the source of all the knowledge. The absolute knowledge. Then you can find out on your fingertips what's wrong with you, on your sectors. You can also find out what's wrong with another person. If you know how to collect, then you can cure yourself and you can correct others also. This attention goes on purifying you automatically. Because there is life. Supposing you are holding a snake in your hand, and there is darkness. If I tell you there is a snake, you may say that this is just a rope. You won't throw it away till it bites you. But if there is life, then you will throw it away yourself. That is how you become your own guide, your own master. Also you have within yourself the center of peace. When the Kundalini rises above the center, goes into the rhythmic area, then you feel absolutely peaceful. Otherwise our attention is moving on the periphery of our being. But then we enter into the axis of our attention. Which is all peace. And we enjoy their peace. In the state of conscious awareness. Where we are getting awareness, but we do not think. If you want to think, you can think. But if you don't want to think, you need not think. Many people have foundations of peace. All kinds of credentials in the name of peace. Many people have got global prizes in peace. But within themselves there is no peace. I have seen some of them, they are very hot people. I don't know how they got this Nobel prize. So this peace is within ourselves which we are seeking continuously. The highest of all is that we start watching everything without reacting. That is how we achieve a state by which we know it. Or I should say we enjoy it. Say for example there is a very nice piece of cloth here done so well by some artists. If you look at it normally we start thinking what a nice piece, how much I must have paid, how much I have to pay. Or we get very shorted if it is ours in the area. If it is somebody else's then we start thinking how are we going to acquire it. But the poor artist who has made this piece of joy is completely lost in our conscious. But when we are watching it with our conscious, beyond conscious, then all the joy that artist has put into it just starts pouring on you from both the sides and starts absolutely soothing you now. Thought starts and then again another thought starts and ends up. Between these two thoughts there is a little space which is the present. But we live on the cusp of these thoughts, sometimes in the future, sometimes in the past. But when the Kundalini rises, She makes these thoughts to remain and there is a big gap and



we remain in the present. Because past doesn't exist and future we do not know. Present is the reality. So all the dianism of the present starts working in us. And the person becomes extremely lively, extremely healthy and at the same time extremely compassionate. He transcends all the limitations of human thinking. He transcends beyond all the races, all the religions, all the ideas that human beings have given us. And becomes really religious. Because when you see this big part, this is the one which is stated as ten valences for us. These are the ten commandments we have stated in ourselves. So these commandments get awakened. And when we get awakened we really become righteous, really. What may be a Hindu, Christian, Muslim, anything, but can come in any scene? No one can be bounded by the so-called military, a fallen one. So we are not enlating this religion that is within us which is a real religion, is not a victim. Carbon has four valences while human beings have ten valences. And when they are awakened you become, actually you become, it's not question of just thinking or reading something, but actually inside yourself you become a righteous person. What we call you become a real saint. As we say in Sanskrit language, we jump. We strike a ball like a bird. Like a bird is an egg and then it becomes a bird. In the same way we also are first human beings and then we become enlightened souls. And what do we become with that? We become the electric-meek consciousness. So what? We can wait for ten minutes. Thank you. What do you say to others who have not got their self-realities? We are not so familiar with the idea of self-realization. We are not so familiar with the idea of self-realization. I am sorry some people have to leave but they become that name and they also get evidence. I think this is God's word. There cannot be anything. Okay, please give me a round of applause for the audience. Thank you. Next step. Thank you. Please sit down. Sit down. Now give those who do not come and get their plannings. Now give those who do not come and get their plannings. Can you hear the horn? Can you hear the horn? Because it cannot be forced. Because I respect your freedom. As you have to enter into total freedom where nothing can dominate you, no bad habits, no bad thoughts, nothing that you don't like, you cannot make. So for that total freedom I respect your freedom. And I am pleasantly your desireless at asking for your Self-realization. So it is about ten minutes procedure which we follow and I am sure you all will get your plannings. Now somebody will show you how we have to nourish our centers ourselves. Now they have two palms within us which I will not tell you about because I am short of time. What was the left side and the other one right side? The left side power is the power of desire which looks after, begins sympathetic to the system. And the right side power is the power of action which looks after our physical and mental activity. And the left side looks after the emotional side. So symbolically we put our left hand on your back towards Myself. You can keep it up on your back. Then we put our right hand on the heart. In the heart you side to the head. Then we put our right hand in the upper portion of our arm, the left hand side. And then we take down our right hand in the lower portion of our abdomen. This is the center of your knowledge. This is the center of your knowledge that manifests on your central nervous system by which you operate or you might lose. By which you become collectively conscious. Then you raise your right hand in the upper portion of your abdomen like that. This is the center of your knowledge that you become your own guide. Then you raise your right hand on your heart. Then you have to put your right hand in the corner of your neck and your shoulder. And you have to turn your head to your right. This center touches when you feel deeply. After all you are a human being and if you have committed mistakes, it is all right. Because this power, Divine power, has the capacity to dissolve all your mistakes. Because it is the ocean of forgiveness. You are not free in the end all. Now you have to put your right hand on top of your forehead and put down your head as far as possible. Here you have to say, that you forgive everyone. You forgive everyone in the end. Some people say it is difficult to forgive. But whether you forgive or don't forgive will go away. But if you don't forgive then you break into wrong hands. Now you take back your hand on the back side of your head. And raise your head as far as possible, back as possible. This is the center of real for your own satisfaction. Without the need for, without the need of your mistakes. You have to ask for forgiveness from this power of God. Now stretch your palm free. I put your center of your palm on top of your head, in the center. On the soft leg area, because it is soft in your childhood. Now put down your head. Push back your fingers fully. So there is a good pressure on your scalp. This is very important. Now move your scalp seven times, don't be clockwise. Now the strategy is to sit about eighteen cents or higher. That's all we are doing. Now at the very outset I have to say there are three conditions. The first condition is that you are not to be guilty. You have to forgive yourself for this. Now forget the past. The second condition is that you have to forgive everyone in general. Means you don't have to think about every individual. And the third condition is that you have to be self-confident. That you all can get some pleasure. You do not have any influence about yourself. Do not believe people who tell you, you are sinners. You are not. Christ has done everything for us. He has suffered for us. We have to just awaken Him, that's all. So please do not think that you are sinners, you have no mistakes, forget it. At this moment you are all going to enter into the kingdom of God. So you should be very present in this process. After all human beings are the epitome of evolution. And a little breakthrough is needed, little journey needs to be done. So do not get conditioned by what others have told you about it. Have full confidence. Now, just one request if you can make out your truth, this Mother Earth helps us a lot. Now you have to close your eyes. And you

can take your ear, you must reply. If you have any desire for the neck or the eyes of God, you have to be very comfortable in the sense you should not bend to one or stretch to a certain length, but feel comfortable. Sir, you are very comfortable, you don't have to worry, I stand there all the time. But if I fall, at least many actions that you all should get to be relaxed. So now please put your left hand towards Me and just close your eyes. Please do not open the right hand. Please put your open feet apart from each other. You are sitting if you are sitting on the chair. But if you are sitting on the ground, it's all right. Now please close your eyes, put your left hand towards Me and right hand on your heart. Now if you want to call Me Mother or Shri Mataji, whichever way you want to be, now you have to say a very fundamental question. Ask the very fundamental question to Me in your heart. Please ask three times in your heart, Mother, am I the Spirit? Now if you are the Spirit, you are your master, you are your guide. Now please take your hand, the upper portion of your abdomen on the left hand side, and press it hard. So here you press it hard and ask Me a question in three times, Mother, am I your master? Please put the hand on your left, not towards Me in the way there. Now here you ask the question three times, Mother, am I your master? I've already told you that I respect your freedom and I cannot force your knowledge on you. Now take down your hand on the lower portion of your abdomen on the left hand side. I'm here to ask Me a question. Mother, please pay an hour. Mother, please give me pure knowledge, say it six times. Because this center has got six petals. As soon as you ask for pure knowledge, the Kundalini starts rising. So we have to nourish our upper centers with our Self-realization. So now please raise your right hand in the upper portion of your abdomen on the left hand side. Here you have to say with full confidence, ten times. Mother, I am my own master, say it ten times. I am your master. I've already told you that the greatest truth about you that you are the Spirit. And you have to become the Spirit. Otherwise you cannot enjoy life. By becoming Spirit you become the instrument of God. And this great divine power of God starts going to you. So raise your right hand on your heart and say with full confidence, Mother, I am the Spirit. This All-Pervading Power is the ocean of knowledge. It is the ocean of compassion and blessings. But above all it is the ocean of You. And you cannot copy any mistake, it cannot be fulfilled. It cannot be. It cannot be resolved by this. So now raise your right hand in the corner of your leg and your shoulder and put your head to your right. Now raise your right hand in the corner of your leg and put your head to your left. Here again you have to say with full confidence, sixteen times, Mother, I am not Indian God. Please say from your heart, I believe meaning you are not Indian. If you do not say properly, you will be more fast to this center. Now raise your hand onto your forehead and put down your head, please. Now raise your hand onto your forehead and put down your head, please. Here again I told you that if you forgive or don't forgive, you don't do anything. But if you don't forgive, you play in the wrong hands. If you do not forgive, everyone in your world is centered to the very constricted one. And you have to awaken Christ in this center. So now say it from your heart, even I forgive everyone in general. Not from Indian, but from your heart. Now take back your hand on the back side of your head and push back your head fully. At this center, without thinking, without counting your mistakes, just for your satisfaction, you have to say all Divine power. If I have any mistakes, please forgive me. If you forgive, you have to say all Divine power. If you forgive, you have to say all Divine power. If you forgive, you have to say all Divine power. Say it from your heart, not from Indian, say it from your heart. Now the last center. You have to stretch your palm fully. And put the center of your palm on top of the fontanel bone area, soft bone in your childhood. Now push back your fingers, that's important. I put down your head fully. Now rest it hard with the step. I now move it. Now you have to say all the time. Seven times slowly. But I cannot force on you Self-realization. I respect your freedom. So just while moving your hand, you have to say seven times, Mother, please give me Self-realization. Please move it clockwise. Put the pressure. Thank you for watching.

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Can I just use your phone? Yeah. Just hold on. How are you? Good. Do you toy with it? No, I'm not a do toy. No, I'm not a do toy. It's just a taste one. Still, where are you going? Do you have his number? I do. She's on your job. I think Laura, she's truly born in India. How did it happen? I think that I would be a procedure or a thing of it as a discipline of which in character an individual is physically and mentally well. Each and I think you can do it with the same speed. It's the same without going into any discipline. So, you don't, as it were, sit in the lightest position and bring your body to the table? No, no, nothing of the kind, nothing of the kind. You can sit on your chairs and get your realization. What do you do then? I place it through the part of the area, which are the soft fields in your childhood and give me the extra-lateral of that field. Absolutely you feel, use your self-real. The eight beams of the very force coming out of your whole thing and you can also change the smooth field on your fingertips. It is the alternating power of divine love. Are you chapping what some would call them the God within us? Of course. Excuse me, fine

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Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji Copyright © 2018 Mooji Media Ltd. All Rights Reserved. No part of this recording may be reproduced without Mooji Media Ltd.'s express consent. Satsang with Mooji Copyright © 2018 Mooji Media Ltd. All Rights Reserved. No part of this recording may be reproduced without Mooji Media Ltd.'s express consent. No part of this recording may be reproduced without Mooji Media Ltd.'s express consent. I bow to all the seekers of Truth. I have already told you yesterday that Truth is what Truth. I have already told you yesterday that Truth is what Truth. And we do not know it at a human awareness. And we see that with our people we do not know anything about Truth. You have to become a settler being. You have to become a settler being. You have to become a settler being. And so you have to become a Spirit. You have to become a Spirit. You have to become a Spirit. The fundamental Truth is that you are not this body, not this mind, not this ego, nor these conditionings, but you are pure Spirit. The is that you are this body, not this state, not this ego, nor these conditionings, you are pure Spirit. And that there is an all-pervading subtle power of Divine Love which does all living work. And that is all that is created by subtle craft-gift, the craft of the living Goddess, the all-believing God. Yesterday I told you how the Kundalini rises through six centers and pierces through our fontanel bone area, giving us the experience of actualization of baptism. The Kundalini rises through six centers and pierces through our fontanel bone area, giving us the experience of actualization of baptism. How She nourishes all the centers, enlightens them and ultimately connects you to this all-pervading power. We see these centers near, see the light and see the light in the eyes, with these all-pervading things. Today I want to tell you about the nature of Spirit. Right now I am speaking about the whole of the Spirit. The nature of Spirit, as I told you yesterday, that Spirit is the reflection of God Almighty. And the Kundalini is the reflection of the Holy Ghost, which is the Primordial Mother. As in the Bible they have not talked about the Mother much. But the people have created Madonna out of Christ's Mother. But the people have created the Mother. It is very important to know that the two classes are the same. If so, why did people go to this black

Madonna to worship her? She is just a painting. So this Primordial Mother, which was in Greece called as Athena, Athena in India as Adi Shakti, is reflected on your Kundalini. We can say that Kundalini is the reflection. This Kundalini is reflected on your Kundalini. Even on the cross, even on the cross, Christ said, Behold the Mother, on the cross, on that precarious time. Even on the cross, even on the cross, Christ said, Behold the Mother, on the cross, on that precarious time. Jesus Christ has said something great, Behold my Mother. So this Kundalini is your individual Mother as I told you, and Spirit is the reflection of God Almighty. How is the Kundalini the reflection of the Holy Mother? And the Christ is the reflection, God the Almighty. So the seat of God Almighty is here on top of the fontanel bone area, but He is reflected in our heart as Spirit. So we are the six Goddesses of God Almighty, and the reflection of God Almighty is here on top of the fontanel bone area, but the reflection of God Almighty is here on top of our heart. Because there is one God Almighty, the reflection of that has to be the same. We all should have the same reflection, but the reflectors are different. Supposing there is sun in the sky, it will reflect best in a mirror, less in the water and not at all on the stones. So Spirit is the collective being within us. In the light of the Spirit, we understand that we are part and parcel of the whole. This collective being, which is the Spirit, is the one which when shines in our attention, when enlightens our attention, our attention becomes active. A person who is a realized soul can feel the vibrations of other people because he is a collective being. On his fingertips, he can feel his own centers and the centers of other people. On his fingers, he can feel his own centers and the centers of other people. Then this attention, which is through our eyes, is projected, is enlightened by Spirit, our eyes become innocent. When these are also mentioned, they are also produced by the light of the Spirit, by our eyes and our eyes become innocent. And when this light of the Spirit enters or enlightens our center heart, then we get complete security. It flows its light on our nerves and we become very powerful. For example, when Christ faced Mary Magdalene, He had nothing to do with the prostitute. But look at his courage, the way he faced the people and said, Those who have not committed any sin can throw stone at me. This courage we develop when we know the truth that we are the Spirit. Such a man is not afraid of anything. He says things openly without any fear. When you see something clearly, when you see there are flowers, you say these are flowers. Because you are no more blind to truth. So this attention, which is enlightened, can act, can create beautiful peace and joy in another personality. It gives you wisdom to understand what is good and what is bad for you. In that light you understand what is real and what is unreal. Realization is not possible for frivolous people. Or for people who do not care for themselves. And who are cowards. Because it's a very powerful force within you, which is the Spirit. Which is going to manifest its powers through you. You can give realization to others. You can cure people. You are not afraid of anything. And you are filled with compassion and love. We had a Sahaja Yogini from England who was staying in Dehradun. There I go. And she heard of a young architect who was down with blood cancer. And she telephoned to Me, Mother, should I go and cure him? I said, by all means, why not? And she cured him without getting any after-effects upon herself. And she told him that she was not able to get any after-effects. And this architect was certified to be dead after one month by the doctors. And the first had this architect who was not able to get any after-effects. Seven years have passed, he is still very well, he is doing well. And since even then he has been living and he is doing very good. So this Spirit becomes a curative power within you. It cures you and it cures others. With this attention you know the Absolute Truth. Now for once I was told that from India there was one gentleman who was released from the jail, came to Berlin and sat in the, one of the, one of the crossroads somewhere with orange clothes. And he became a very big guru. And then he became very rich. Now how can you make out if somebody is false or real? How will you recognize Christ if He appears before you? If you have ten children who are realized and if you tie a piece of cloth on their eyes and put someone before them and ask them what's wrong with them, with this gentleman, then they put up only one finger like this. So you ask the gentleman, have you got something wrong with your throat? He says, how do you know? Because this finger denotes this center. And all of them will say the same thing. So on vibrations you will know what is the truth and what is not the truth. For example if there are some mad people sitting and they start shaking before Me. Also there could be some egoist sitting who might also shake equally the same as the mad. But one would shake on the right hand and another would shake on the left hand. So you know that these are the egoists and they are the bad. Not only about human beings but about anything, whatever is the absolute truth you know. So there is no quarrel, there is no fight, there is no argument. On the contrary you enjoy each other's spiritual life. It's a very enjoyable life together in the collective. But the Spirit gives that light within us by which we develop the peaceful existence. And this peaceful existence comes to us with the feeling of peace within us, not by talking of peace but just the feeling within us. For example now there are beautiful flowers here. Normally if you look at it you will think from where it has come so beautiful and from where to buy and all those things, thoughts will start coming. Like this carpet is so beautiful when I look at it but anybody would be worried who owns it even worse than that. But I look at it, just look, I don't react. As a witness and the joy that the artist has put in this carpet starts pouring on my being like beautiful stream of peace. And our attention thus becomes extremely steady. Many people these days develop with something called tension. All the time they say there is a tension. It's a common

disease. It comes either by too much conditioning or by ego. But supposing both these balloons are removed then there cannot be any tension at all. Because we think that we have done something this tension builds in us. But what do we do? Now say a tree was dead so out of the tree we made the stage and think that we have done something very great. From dead to dead. We have done no living work. This ego comes to us that we have done this, we have done that. We cannot even produce a small little molecule. Leave around the flowers. So now after realization you start doing living work. And give realization to human beings. And completely transform them. But the greatest achievement is that you jump into the ocean of joy. There is no jealousy, hatred, anything of that kind. You just become joyous. Joy is not duality. Not like this is happiness and unhappiness. Joy cannot be described but is to be experienced. There are so many things that happen to a Sahaja Yogi that in this short lecture I may not be able to tell you. This knowledge is limitless. Only in English language I must have given 4000 lectures. But it is like this that when you come in this room there are lights and you have to just switch on one switch. I don't have to tell you about the history of electricity, how it came to Berlin and how it was brought in this hall. It will be bored stiff. It is all built in. In the same way it is built in you also, the whole thing. Only thing is to enlighten you. Once the switch is on or when you are connected with the mains it starts working. So it is better to get your enlightenment first and then you can listen to all My tapes. By reading too much also we get confused. By reading anything you cannot achieve truth. But only by experience you can achieve the truth. You must please put down your hand. What's the matter with you? Only through experience you can know the truth. And you have to certify yourself. No one can certify you except for yourself and this is the last judgment. This is how the resurrection is working out everywhere. I am sorry I came to Berlin very late because we had no center in Berlin. But now I feel very confident that it will work out because I find you people extremely honest. I find you very sincere and very happy. Again today if you have to ask Me questions just ask for you because yesterday you wasted too much of time. I want to meet all of you and attend to you individually. I am very happy to meet you. Were you there yesterday? Yes, we were there. What is it? What do you want to ask? If you are aware then you are a free Mason brother. Of course, so what? Ja, und wer sisten bei. I know that also. Then what? See now why have you come here to quarrel with Me? What have I done wrong to you? This does not belong now to free Mason. This is all. All right? This does not belong anymore to free Mason. It is owned by some private company now. Do you understand that? Of course there is. What do you want to say? I don't understand. You have paid for it, you have not paid for it, you can go. Why do you want to disturb anyone? If you are free Mason I know what free Mason are doing. I don't want to talk about them. Why? Why do you want to talk about these things? Are you not interested in your spirit? Why do you want to waste everybody's time like that? You seem to be a sensible man. Then? All right, keep quiet. What is it now? What is it? What did you say? You come first time today, is it madam? Now listen to me. It is an experience. It is not understanding mental. All right? First you have the experience and then you will understand it better. I know it is quite subtle because we live in gross life. But when you see a world without the mental level, you must be aware of the mental level. But still you have not understood, doesn't matter. We will make you understand. Have patience with yourself. Have patience with yourself. What's it? Let it be. It's all right, I'll manage it, doesn't matter. He's all right, I'll manage it. All right. About those what? What do you say? You see, you read some book and come and tell Me. You see, that's not the way. Try to understand what I am saying. Now, not whatever you have read, you have achieved nothing out of it. So why do you want to come and tell Me something that you have read? You just try to have patience and get your realization. All right? Because supposing you think that you read some book, then you come and mention some word to Me. That's not the way. I am here to give you the key of your realization. All right? There's no examination. There's no examination going on with me, is it? If you have not understood, doesn't matter. You will understand. But you read some book X, Y, Z, then you go to some guru, you go there and then you come and ask Me questions. That's not the way. The way is to ask a relevant question. If you really want to have your realization, then ask a relevant question. All right? Now what are these seven chakras are? There are seven chakras, no doubt. And the Kundalini rises and pierces through this fontanel bone area, where is the seat of the God Almighty which is reflecting in our heart. All right? That's all. Now you see if it happens to you or not. Yesterday there were very nice questions, I must say. Because, you see, you have read so many books. I know you have. But did it give you the answer? Did it give you the experience? You are here to take the experience. Now I'll have to ask you to go. You are just, you don't know anything, you see, you are so ignorant. All right, now you go then. According to us you don't. Everybody wants you to go out, finished. Will you please go out? You see the door is open to anyone. Mad people can also come in, doesn't matter. But now it's all right. You better go now. Now, now will you please go? We don't want you here, finished. You better go. Useless. Useless, you have to go, I'm sorry. That's all. This is the way. Look at this. Just imagine what is the matter with the people, I mean. You see, must have some sense in the heads. What is he saying? Let them go. It's all right. You see, we are not here today. We are not here for 300 years. We are here for the people who want to be fulfilled. And we know what it is about us to become, what it is about us to become. And we know what it is about us to become. And it is about being special, it is about being special. And we

know that our time is not in our own interest. We are interested in the people who are interested in our own respect for our own people. And we want to take this responsibility from them. We want to take it as a respect. You see, problem is like this. You see, there are many people who are in the market. You know, they are making money out of their preaching. There are many people. And because I say you cannot take money, they are all against me. They are feeling challenged. And that's why they send some people like this. But truth has to be the thing that will really challenge falsehood. What can you do? So, but it's nowadays, I would say, it's not so much. It used to be much more. Because there are so many false gurus in this world and so many false things going on. And when you talk of the truth, naturally they do not like it because they are earning money out of you. It's a big business. This is the reason why there is an opposition like this. But openly they will never oppose. They will send some madman like this to talk. That's all. But I must tell you that some countries, they are very sensitive. Like I must tell you about Russia. In Russia, anywhere I go, we have to book a stadium. 14 to 16 thousand people come. And very well educated and scientists of a level, very good seekers. And they achieve also great heights. I've never faced anything like this in any one of these countries. But you know that we have here people who are, this is the beginning of Sahaja Yoga, so naturally one has to face it, not to feel bad about it. So this is nothing new to me. Alright, doesn't matter. So now I think we should not allow you to ask questions because that means if this waste of time is better that you get your realization first. Then you will not ask me any questions. And yesterday also I told you that these are mental acrobats. What is the use of doing this mental acrobat? I'm quite good at answering but just waste of time. So now, we better stick to our realization first. But you must have an open mind of a scientist. That is, you should take it as a hypothesis to begin with. And if it is proved, then you have to accept it as honest people. Because it is not only for your emancipation but emancipation of the whole world. Now, there are three conditions as I told you. Nobody should feel guilty. Forget the past. Yesterday there was a lady who was saying that, Mother, I cannot get over my guilt. Don't you know it is just a mental projection? I also told that if you feel guilty, the center catches very badly here on the left side and you get angina, you get also what you call subspodylitis. So many diseases you get with this catch. See, they have closed all the windows, that's why. I don't know why. Can you ask someone to do this? All right. So that second condition is not to feel guilty at all. As you are human beings, you are not God. If you have done mistakes, so what does it matter? Because this divine power is the power of forgiveness. And whatever mistakes you may commit, it can dissolve all the mistakes. This gentleman has closed it. So does he. There was one gentleman who came and closed it. He was not God. All right. Now we have the third condition which may look difficult but is the easiest thing to do. The condition is that you have to forgive everyone. Even forgive this gentleman. Because whether you forgive or don't forgive, you don't do anything. But if you don't forgive, then you play into wrong hands. And you torture yourself unnecessarily. So it is important, very important that you have to forgive everyone without thinking about them individually, in general. As I told you yesterday, the one which is in the optic chakra is like this closed, absolutely closed chakra. Closed chakra. And if you don't forgive, it won't open. But if you forgive, it opens like this, eventually. And makes the Kundalini to pass through. These are the only three conditions. There are two sides, left and right. We have two sides, a right and a left. The left side energy is the power of desire. The energy of desire is the power of action. And the right side is the power of action. And the right side is the power of thought. Please put both the feet apart from each other. Stay with the parallel body, not with your hands, with a little bit of strength. So that the left side is away from the right side and take out your shoes. In the beginning it happens everywhere, doesn't it? And those who are sitting on the ground are all right, they don't have to worry. All right. Now please put the left hand on your lap. This is symbolic that you desire to have your Self-realization. This is symbolic that you desire to have your Self-realization. You have put your right hand now on your heart, because in the heart resides the Spirit. Sit with the comfortable, sir, just a second. It's to open, open out your, well, open out, not to lock it up. Sit with the comfortable, not to lock it up. Shleesen sie sich nicht. Now, if you are the Spirit, if you become, you become your own master. Im Herzen Hundergeist und wenn sie der Geist sind, so werden sie auch zu ihrem eigen in Meister. Because in the light of Spirit you know reality. Denim licht des Geists es erkennen sie die Realität. So you put your right hand in the upper portion of your abdomen on the left hand side. This is the center of your mastery. Then you take your hand in the lower portion of your abdomen on the left hand side. This is the center of pure knowledge. Das ist des Zentrum des Reinen Wissens. Now, again you take your hand on to the upper portion of your abdomen. We are showing you now. You can have a look here properly, then we have to close the eyes. Wir zu eigen inen jets wir es kem, wir kein wird bitte Schanzig in nau zu, hinter herr sollten sie die Auge schleesen. Then now you raise your hand again on your heart. Se licht nie hannt ese zu erste auf die Linken overabaucheft und den nau oft des Herrz. Now in the corner of your neck and your shoulder. Schleeslich an den Hals-anzatz auf die Linken Seite. And turn your head to your right. Und drehen sieren kopf nach rechts. To your right. Now this is the center I have already told you catches when you all feel guilty. Ich habe inen Schöngesacht das dieses Zentrum Blokieert wenn sie sich Schuldig vuehen. Now you take your right hand onto your forehead across. Und herzling sie errechte hannt kwer überdich derm. And put down your head. Und boigen

sie den kopf. You see the center where you have to forgive everyone in general. Here is the center of wussive geben wissen. Geder Mann ganz aalge mein. Now. Take back your right hand on the back side of your head. And push back your head as far as possible. Nimm sie herzt die rechte hannt zurig auf den Hinter kopf. Link sie den kopf vien ein. Und boigen sie den kopf zur weites geht zurig. Here without feeling guilty, without counting your mistakes for your satisfaction, you have to ask forgiveness from the Divine Power. Und hier müszen sie, one sich Schuldig zur Fühlen, one ihre Fehle zur Zeyen, nur zu er eignen zur Frieden heid, des Kirtliche umvergebung bin. Now. Please stretch your palm. Und non bitte streichen sie die hant aus, die hant flechen. And put the center of your palm on top of the fontanel bone area, which is a soft bone in your childhood. Und link sie die hant fleche oben auf die Fontanelle, die nierer Kindheit eine Weiche Stelle war. Please bend your head as far as possible. Bitte neigen sie den kopf zur weites geht nach Förner. Now push back your fingers. This is important. Drücken sie die finger nach oben zur uch, so weit es geht, des es wechtig. And now with a great pressure you move your scalp seven times, slowly clockwise. Und mit einem krossen Druk, bewäng sie jetzt, ihre kopf aus, Sieben mal im Kreis im Öhrezeiger zin. Now, that's all we have to do. Des ist alles was wird zu tun haben. If you have anything tight on your waist or on your neck, please remove the tension. Wenn sie engel Kleidung haben, me nierer Thalle oder am nachten zum Beispil, so salten sie des Loken. Also, you can remove your glasses because you have to close your eyes. Sie könn auch die Breller apneem, den sie salt nierer AUGEN jetzt bitte Schlesen. And please don't open your eyes till I tell you. Bitte üfen in Sie AUGEN nicht beföhrig ist inen Sage. Please put the left hand towards me. Streigen sie jetzt die Linke han zuschrimatet je aus. Put the left hand on the heart. Both the feet apart. And now close your eyes. Please see the AUGEN. Here you have to ask Me a fundamental question. You can call Me Mother or Shri Mataji. Please ask Me three times. Mother, am I the Spirit? Here you have to ask Me a very important question. You can call Me Shri Mataji, or Shri Mataji, or Mother. The question is, is it Shri Mataji or Mother? Am I the Spirit? Please ask Me three times. If you are the Spirit, you are your master. So please take your right hand in the lower portion of your abdomen, upper portion of your abdomen on the left hand side. You are only working on left hand side. And ask Me a question three times. Mother, am I the Spirit? Wenn Sie der Geissen, so sind Sie auegner Meister, Nämen Sie jetzt die Reichehandi nunter, Auf die Linke ober aubaukheftel, Drucken Sie dort und stellen Sie dort die Frage, Drei Mal, Shri Mataji, Uder Mutter, Ben ich mein eigen ammeister. I have already told you that I respect your freedom and you can only get it in the glory of your freedom. I cannot force pure knowledge on you. So you have to now take your right hand in the lower portion of your abdomen. Here you have to ask six times, because this center has got six petals. Mother, please give me pure knowledge. I cannot force on you. Sex mal, wollt ist ist zentrum, sechs blüten Blätter hat. Because I cannot force on you. Ich kann ine diese Swissen nicht auf zuigen. As soon as you start asking for pure knowledge, you only start rising. So we have to nourish the upper centers with our full self-confidence. So now please raise your right hand, the upper portion of your abdomen on the left hand side and with confidence you have to say ten times, Mother, I am my own master. I have already told you the fundamental truth about this, that you are the spirit. Dächt das die Grund warheit über sie ist, das sie der Geist sind. You are not this body, nor this mind, though our conditionings. But you are the pure spirit. So now raise right hand onto your heart and give your full confidence twelve times, Mother, I am the spirit. I have already told you that this divine power is the ocean of love and compassion. I have already told you that this divine power is the ocean of love and compassion. It is the ocean of absolute knowledge. It is the ocean of absolute wisdom. But above all it is the ocean of forgiveness. So whatever mistakes you might commit can be easily dissolved by the power of this ocean of forgiveness. But above all it is the ocean of forgiveness. And what do you do with your full confidence? You are absolutely and fully aware of this, that this is the ocean of forgiveness. So now will you please raise your hand onto the corner of your neck and your shoulder and put your head to your right. Now here you have to say sixteen times with full confidence, Mother, I am not guilty at all. I have told you whether you forgive or don't forgive, you don't do anything. But if you don't forgive then you play into wrong hands and you torture yourself. So now raise your hand to your forehead across and put down your head. Here you have to say, not how many times but from your heart, Mother, I forgive everyone. And here you have to say, and this is not really how you say it, but how many times you forgive yourself. Mother, I forgive every one. Now take back your hand on the back side of your head and push back your head. Here without feeling guilty, without counting mistakes, you have to say for your satisfaction, O Divine Power, please forgive me if I have done any mistakes. Now stretch your palm and put the center of your palm on to the fontanel bone area. Here you press it hard and push back your fingers. Here again I cannot cross over your freedom. So move your scalp, asking for self-realization seven times, Mother, give me my self-realization because I cannot force on you. Push back your fingers to put a pressure, push back. Don't hold your head, push back. Press it hard and now move seven times, saying, Mother, please give me my self-realization. Now please remove your hands. Now please remove your hands. Put your hands like this, open your eyes. Now watch Me without thinking. Please put your right hand towards Me like this, come along. Put your right hand towards Me like this and put down your head and see with the left hand if there's a cool or a hot breeze coming out of your

fontanel bone area. Please put down your head. Now please put your left hand towards Me and see with your right hand. Don't put the hand on top of your head but away from it and move it and see. Now put again right hand towards Me and bend your head and see for yourself. Now put your right hand towards Me and bend your head and see. If you are getting hot breeze means you are still not forgiving. Now raise your both the hands towards the sky like this, push back your head. Ask anyone of these three questions three times. Mother, is this the cool breeze of the Holy Ghost? Mother, is this the cool breeze of the Divine Love? Mother, is this the Param Chaitanya? Ask anyone of these questions three times. Now take down your hands. Put your hands like this. All those who have felt cool breeze in their hands or on their fingers or out of the fontanel bone area, please raise both your hands. Put your hands on the top of your hands or on your fingers. May God bless you. Most of you have felt it. Some of you felt yesterday and today you didn't feel. You are thinking about it. Don't think, I'll work it out, all right. But in any way I would like to meet you all before you go but don't ask Me too many questions. If you have any problem I'll try to correct it. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Hello. Oh. Oh. All my"/> Music Prabhupāda dītā kta-pta-hātā, asuīākta-vātā śūta-vodīta-pta-rekauya nirmala hua jagrutim ahi mahātidevuyā vidāprahoa jagrutim ahi mahātidevuyā vidāprahoa jagrutim ahi mahātidevuyā vidāprahoa

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Can I help? Wow, already. Nice to see so many people there. Lala. Lala. Sam Daniel. That's Daniel. That's Daniel. Sam Daniel. Sam Daniel. And that's Daniel. That's Daniel Feenstra. And that is his wife, Nicole, and granddaughter, Hannah. How nice. Very sweet. How nice. And there's a grandson, Peter. But he's asleep at the moment. He's less than a year. But you live here, isn't it? Yes. Live in Auckland, yes. I didn't see you there. In Hong Kong? No, I would have loved to have been there. I didn't know that they came from New Zealand. From Hamilton. Yes, they're both Kiwis. Hong Kong is on the move. Yeah, I know. It sounds good. We have, suddenly we found a man there, Mr. John. Alex went there. And he started having programs and things. Right. So there are some people who have started coming. Some Chinese also. Chinese are very good, I must say, because, you know this engine, such a lonely person. Last time when I was going, I think when I came to this place, you won't believe, there were thirty-five Chinese met Me at the airport today, I think. And I was so amazed, you see, they had got tickets from Kolarapur. They were in the airport. Again this time they came to see Me. And I said, I'll come. But Kolarapur, we had a nice program also. But imagine all alone, engine was all alone all these days. There's no one. It's done so well. It's all right, you should feel it. It's hard to feel. Now what a nice puja we had, what a nice puja, I imagine. And after the program, I was very happy. I was very happy. I was very happy. Now what a nice puja we had, what a nice puja, I imagine. And after the program, we were seeing, we all started dancing. Everyone, you, all Sahaja Yogis, all of them, just started going round and round. So many of them. Now after dancing they were lost. I think that's the best way to be collected. Are you now all right? Yes, feeling a lot better. It's a bit of a pain in my head sometimes. You still hear problems. Yes, my back is a... I see you, you see, because it's so badly damaged. Absolutely. I said, give him a bandha, we are Sahaja Yogis, all of them. But recently I must tell you, you know, Dr. Khan from Calcutta, somehow or other, I don't know where he got this negativity, but he didn't go to collective for some time or something happened. He went in the bathroom and he just slipped and fell on his back, in the tub. And the whole tub broke, can you imagine? It was so bad and he had a concussion out of the brain. Then they moved him to the hospital and in the hospital he was in intensive care, absolutely unconscious. They telephoned to me, I was in Delhi. I gave him a bandha. Amazingly, next day he was out of the intensive care. They said he cannot be saved, I tell you. Next day, even if they brought him from the intensive care. Then they sent somebody from Pune to look after him and not very far from him. I was twenty minutes, Mother. But you are too young. I was twenty minutes dry. Dry, dry, dry. I was walking up his tightest teeth. Namaste to Mother and Daddy. Gigggle. New Zealand should now work it out. I don't know. It's My strong desire that next time you come to New Zealand Mother, you'll be visiting another center, perhaps in the South Island. Really? That's My desire. And I think it's the desire of many others too, whenever it's mentioned there are people who also say, Ah, who's done this? It's a board one. It's a board one. Is it? But it looks like handmade. The continental airlines are on the phone and they want to speak to us. What's that? The continental airlines are on the phone and they want to speak directly to You, Mother. For what? Something to do with luggage. They won't give Me a message. I have no luggage.



Where is the telephone? It's all okay. It seems to be okay. What was it they wanted to speak? I have a lot of remarks from you and it's sort of... What was that? I don't know. I just said to you that you picked up your luggage. I just said, Shh. They must be thinking My luggage is left out. Yes. He just said that the luggage had been picked up and that was the end of it. No, I think we had no luggage. It's a small little thing. We brought it together. I said it's two, three days we are going. So why to carry the big box? The Australian girls knew we had your luggage. They were only waiting for the luggage. The Australian girls knew we had your luggage. But they maybe... They must have gone, haan. You know, I didn't bring the box or anything. The reason was that it's such a short time. Already I'm carrying two boxes for three months too. I went from Bombay to... I mean, just to... from Delhi to Bombay and Bombay to Calcutta. Calcutta to Singapore, then Singapore to Perth, Perth to Sydney and then Sydney to Cairns, then to Brisbane from there here. Now the other two is quite like Melbourne, everything. Ultimately from Sydney to Honolulu, from Honolulu to Los Angeles, Los Angeles to New York, New York to London and London to Rome. That's... I will be there for the Sahastrabhut, Rome. So imagine. Hardly any days. Sir, after Kerry is not here, so Kerry, he's travelling the same route. Mother, he's going to Honolulu and Los Angeles and Kerry. But he's... I don't think he's here. Is he? Good. He'll be here soon. That's good. He's coming to Rome. He meets his wife. They were married in India in this last time. He joins his wife for the puja in Rome and then they... Who? Who did he marry? Dr. Defoe. Who did he marry? Dr. Defoe. Dr. Defoe. A French lady, Dr. Defoe. Bernadette Defoe. Very nice French doctor, Bernadette Defoe. Dark, short. Isn't that the Greek boy? Yes, that's Kerry. He's... He's here? He'll be here in a moment. No, he doesn't want to come back. He told Me he doesn't want to come back. Parents are very funny, you see, Greek parents. My love would be Lallita. You see, My name is Lallita also, no? One day. The Miss. Miss. What is Miss? I'm not Miss. You are Miss. Pint lips. Pint lips. Okay. You want to sleep now? You want to sleep? Night. Night. So many children had come to the airport also and when we were going inside the gate they also were walking in with Me. So the policeman said, you go ahead otherwise they'll all walk after you. Hello? Excited, absolutely. How are you? They're very quiet children. They're very quiet. They're very quiet. They're very quiet children, very quiet. Last year we only had one child in the collective. Yeah. That was Hannah. Now we are, one, two, three, four, five. Five of them. Thank you. Thank you very much. There's a atom, atom, atom. It takes time to take roots, Sahaja Yoga always takes time into collectivity to improve, takes time. Why it improves, guys? New Zealand is a strange situation, I don't know if it's strange but it's unusual, in that there are a large number of New Zealanders who have gained, either gained their realization overseas or have got their realization here, haven't worried about it too much, but as soon as they've got overseas, then started to deepen. It's like a mango tree taken to England. It cannot produce mango and it cannot even produce an apple. It's like that useless thing. But that's something good about New Zealanders, I must say. Well, New Zealanders tend to do quite well overseas but as soon as they go, they tend to settle down and become quite good contributors to the society which they join and often become quite responsible people, more responsible overseas many times than they are here. I don't know why it is but New Zealanders seems to gain more confidence when they go overseas. But one thing about Indians that when they go abroad, they always stop the lists in the universities and they are very rich, very well-to-do, some or other, when they go abroad. But as far as spirituality is concerned, they become no good. And it seems to be the other way with New Zealanders. There are a lot of New Zealanders in Australia, in fact. May I pardon? There are a lot of New Zealand Sahaja Yogis in Australia. Really? More New Zealand more. Including power. And what about England also we have? A lot of New Zealanders are in England, yes. There were a number of New Zealanders there that had quite key posts like the head of the television news was a New Zealander at one time, and various members of Parliament, key academic figures at universities. The Sahaja Yogis also there have quite a lot. Now England is doing well, I must say, it's very simple. It took so much time, so much energy, everything, but I must say it's now very good. A little while ago I was talking to David Spyro and I said, how things go in England? And he paused for a moment and said, very nicely. Which is difficult, I mean, which really meant very, very well. Yes, that's, they say little bit under tombs. He's a very fine person, I've found him. So good, very nice. After all the mishaps, it's very good. Australia had many more mishaps than anywhere else. I don't know what's the unfortunate thing about it, I can't explain. That may be the reason. That's the, that's the, our only approach to dedication to you is through Ganesha. In Australia a museum would be there. That might be the reason. But leadership itself let Me down so badly. Unbelievable things, I mean, you see, really unbelievable things they did. I mean, even a normal person won't do such a thing as crooked things they have done. Really, I can't understand such a crickety thing. I trusted them so much. Despite that today Australia is one of the big things of. Only now they have problem of money because of this, whatever is happening. So we have that in common. But they do not expand. I think as I was talking to you, we'll have to think about it, something will happen. There's so much dearth of things all over the world and you have the surplus. We could provide a lot of nations with wool and butter and cheese and farm products. From good farms, from good farms that look lush and green and are well cared for and well rained upon by Mother Nature. Thank you. I'll play the Shri Kailana with you. What happened? I think take out the shoes, they'll be better off. They don't

like to be tied up. It's coming out well, you see, very clear. There's light more on the right, less. This side is more and also it's different, not looking as it is, looking different. It's very clear. Now it's better. Now the face is normal, otherwise it's looking very big. I don't think there's need to have any light like that. There's no need to have any light. It's quite nicely, very clear. I think it's better. There's no need to have any light. It's quite nicely, very clear. Can't quite see the eyes, Mother. It's very clear. The face one can see but one can't quite see the eyes in that light. Now you can. And the eyes, even I open, see the lights. See the whole face changes. See? Better not open them too much. Yes, you could put it up like that, you see, would be better. You can push it up like that, would be better. Just falling on the cheeks, you see, towards making it. That is quite traditional, Mother. What is to put on the face? You read in technical books. What? Soft light in this direction, a hard one from that. So, but why do I have to? You have to have calcium. You have to have calcium. You have to have calcium. What is it? Doodles. You have to have calcium. You have to have calcium. If it drops, it will be too much. You have to have oil. You have to have, God, your oil, so on. The vitamin A and D. Drops it. Calcium and vitamin A and D, that's very good. Calcium, vitamin A and D. That's good for children. Ah, it's like a variety. Apandha deva shrimatte dana. Apandha deva dana. But bharangah, khanda hai thune, madhatte pune, kaalisodha. Kaalisodha pune. Kaalisodha pune. Shri Mataji, nistan paas mita nahi bhai baharali, phane ki pong kili, phong kili. Tere mahale ki, kannu chala kapant kuncha manjas saman bhi nahalat man. Madhas samay. There are like duntin bags, hota hai barobha. Kine kana yawala gillapas. Bagish karta. But yawala kana sodap nohte, teeny bhi nana. Nand ter paas jamita dhamlo, nahin aapne dehgyillau, nahi bhi chawla, mujha security wala kiya pudam, aam bhai bhai aayathta gillaye. Aayathta gillaye, ani aaj teen nahin aaththamolay, ter karan kaya hai, kum kaya karajas hanga. Maa karajas matani aala mani ki bhathodh nihath keta hai. Maha hai, bhai rale, noh mohale ki aapna samana se rakhi noht aki ala kina hai. Tere ista kya confusion muna hai, tan atlas hai, ki bhi madhas samana hai, lau kina hai nahi lau monun. Tasa kaini. Tana mai toh, you should have told these girls that we have taken, they don't know about My luggage. So they must have asked that what about her luggage, My luggage. So the people got worried, they said, please call her and ask her if she has taken her luggage or not. Jahan rati bhai. Nahi seu de toh, it's a sight lait hai, samana sata chek, una lama, no? Ka doosha rade na nahi te paro makte hai. Dar rade hai, ture hai. Tana deyathun mali sande kar ait se rosh, olive oil shiv. Rati zhopai chadi, olive oil shiv malais. Ankhine hai, kabzo rahe thoda hai. Hote ki kya? Pa means love. Atha. For onionsar, for saforts, there is no other way. Shri Mataji, we were waiting for your Samsonite bags and I didn't know that they'd gone already to Sydney. I thought they were being off loaded in the water. How can I not believe that? How can I not believe that? I'm sure you are not going to believe that. I didn't know that they'd gone already to Sydney. I thought they were being off-loaded in Auckland. Oh, I told you I haven't got a baggage. Only for two days I thought what's the use of carrying that Samsonite. So they've travelled in a right railway. So tomorrow we've decided to have the puja. I mean I don't know when they will be ready about say, I say ten o'clock but it's never before twelve I've seen. I'll be ready by ten. But you know because of the, you have to prepare such a lot, you see. Take it easy. Right side, Atila. She's a quiet child compared.

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This song was written by one very great poet called as Namadeva in the 16th century and we had many poets who sang about Kundalini. This Namadeva has sung this song saying that, I will ask for the yoga from Mother. This song was written in the 16th century by a great poet called Namadeva. And Namadeva, in this song, says, I would like to ask for the Kundalini, I mean divine. And then he was called by Shri Nanak Sahib, the guru of the sick people. And his poems are included in the Granth Sahib, which is the holy book for the sick. In the 16th century all these saints came together. And they all talked about Kundalini. But as usual the people who were in charge of so called religion all tortured them. Same thing happened with the Gnostics from the Christians. And we, the Sahaja Yogis, are the Gnostics of today. The word Gn comes from Sanskrit meaning the knowledge. Knowledge of the Divine. Also the Gnostics were tortured. So it's a same story. And in the Islam Gnostics are called Talim, Talim, to have the deep knowledge. Also he said it clearly, Mohammed Sahib, that without knowing yourself you cannot know God. Can you imagine the so called Muslims, what they are doing, and so called Christians and so called Hindus? We have many Muslims now with us and many many more Christians and of course many Indians, Russians. Now I hope we'll be having many Portuguese from Portugal, not only from Brazil. Thank you very much because it's one religion which is innate, which is for truth. They all want to have different religions because they can fight. They don't want to have one religion. So this is what it is. All religions are to be worshipped and to be understood. In reality they are going. Thank you very much.

Music Applause What are they doing? They are saying what? Where are they? They are saying what? Where are they? I bow to all the seekers of truth. You are all seekers of truth but we sometimes don't know what we are seeking. And whatever I am going to tell you, you shouldn't accept it blindfolded. We have had too much problem with blind faith. Today I am going to talk to you about enlightenment, about your second birth, which is promised in the Bible. Christ has said you are to be born again. That means the evolutionary process should give you that new birth. It's not just a certificate here that we are born again. If you are born again then you must have powers of a born again personality. Otherwise it is like any other level we bear. There is some happening that has to take place. Unfortunately He has not told you about the subtle instrument within us which does that. So what is the truth? The truth is that we are not this body, it is mine. His conditionings. We are not this ego but we are pure spirit. And unless and until you become the spirit the ignorance about seeking won't go. To become the spirit we have within us built in the whole mechanism. There is a power, residual power called as Kundalini in the triangular bone. This power when is awakened in the evolutionary process you become a higher human being. Every human being has this power. As long as you are a human being you have a right to get this awakening. And then you get connected to this all pervading power of Divine love. You see these flowers? We take it for granted. These flowers are different, they are different, they have different fragrance. Who does this miraculous work? You will say the Mother Earth. That means the Mother Earth thinks. That means there is some power which does all living work. If you ask a doctor who runs your heart, he'll say it's an autonomous nervous system. But what is this auto? Who is this one? For example if you car a car automobile the auto is the driver. So who is this driver? Doctors can't answer. They are honest. Because they don't know. But awakening this Kundalini you don't have to stand on your head or go to Himalayas. You don't have to starve and do all kinds of rituals. It is spontaneous. Sahaja means with, jaja is born. Born with you is the right to get enlightenment. And yoga means the union with the Divine power. That is how we become Divine. This is not physical yoga, it is spiritual yoga I am talking about. Now this is also mentioned in the Bible. It said that I'll appear before you like tongues of flames. These centers that you see are those tongues of flames. And these are all within your nervous system. Brain and your medulla oblongata as they call it. All right. So this Kundalini is waiting to be awakened. She is your mother. She knows everything about you. Is all recorded in her. She knows your past and she knows your future. Now according to Bible it is written there is Trinity. There is Father and there is the Son and the Holy Ghost. There is no Mother. But everywhere in Christian communities people worship the Holy Mother. They can't do without the Mother. So there is a big controversy if they should have four persons. Actually Holy Ghost is the Mother, is the Primordial Mother. When Vasco de Gama went to India Vasco de Gama came back and told the king that they are all Christians. They are not Muslims. He said how do you know they are Christians? Because they don't worship the Father like the Muslims but they worship the Mother. So in those days the Portuguese used to worship the Mother. This is some or other diverted. I don't know why. That there is no place for Mother in the Bible. Thus people get confused. But actually the Holy Ghost is the Mother. And the reflection of that Holy Ghost is the Kundalini. And She is residing in the triangular bone called as the sacrum. That means it's a sacred bone. That means also that the Greeks knew it was a sacred bone. I was surprised in Greece there is Athena. Athena means the Primordial. She was the Primordial Mother. And She has Kundalini in Her stomach, on Her shield. And if you go to Parspolis they tell you this is the temple of the Mother. There are so many signs to show that they knew the knowledge of Kundalini. Even in Russia I found they knew about it. Ukraine knew about it. And they said that two saints came from India who told us about it. Of all the places Bolivia and Colombia. There are on the pottery three and a half coils made everywhere. And there are in Bolivia people who know this knowledge. Can you imagine? They have this knowledge but now it is lost. Now the time has come. I call it the Blossom Time. But it is the resurrection time described in the Bible. But now you have to be resurrected. You have to become the Spirit. And what is the sign that you feel the cool breeze of the Holy Ghost in your hands and on top of your head? This is the actualization of your baptism. You should now not live blindly. You have to keep your eyes open to see that you get the truth. You should not waste your life believing in something. Which is not the truth. For example, how are we sure that Christ was the Son of God? There is big fight going on on that point. But He was the Son. Once you get this cool breeze in your hand you know the absolute truth. So when you ask the question, was Christ the Son of God? Immediately you will find cool breeze blowing into you. If it is falsehood you will get tingling, you might get burning. Surprisingly Mohammed Sahib has said it clearly at the time of resurrection your hands will speak. But what do you see of the religion? Like Jews, Islam and Christians came from the same root. But they are a dagger's hand. They are killing each other. They are also killing among themselves. Why, why? If you know the truth you will know that you belong to the same truth. Luckily

we have now people in 75 or something more countries where they have got their realization. Because with this happening what happens all your foolish eyes all your ideas, blind ideas, stupid ideas all drop out. Many people who used to take drugs and used to drink and all kinds of nonsense have given up overnight. All the evil of racialism and all kinds of special ideas about oneself all that drops out. I am sorry I came to Portugal long time back once. But the Portuguese didn't take Me seriously. But in Brazil we have thousands. Even the ministers and the prime minister and also the mayor are very open and very spiritual minded. Last time I went there the mayor came to the airport. He had a ceremony and he gave Me the keys of Brasilia. I was told that only 5% Portuguese are left here, all the rest are in Brazil. But that's not the thing. I was going all over like I went to Argentina, to Brazil, to China, to all over the places but I thought that still Portuguese have to come up in Portugal. After so many years I have come back. They told Me that in Portugal many Indians have come and they are not at all spiritual. They are extremely materialistic and very westernized so they don't give a good example. Maybe some of them are good but shaky time. They have forgotten all their tradition. Not that they are Christians, they are Hindus. But they have forgotten the basis of Hinduism is Self-realization. You can give it any name to it Nirvana or you can call Moksha, any name. But the people on the whole I found are very innocent. But they are very innocent. They are faithful and they can easily become Self-realized. First sign of Self-realization that you get joy. Joy is not like happiness or unhappiness, it's singular. As I told you drop out all your bad habits, destructive habits. But also you become very good in health. These chakras are responsible for your physical, mental and emotional being. Sahaja yoga has cured all kinds of diseases but we don't have to go to doctors. You have power cures and first you get your Self-realization. Then you can give realization to others, you can cure others and you know about others chakra also. Your awareness becomes transformed. You have only one word for awareness, for everything. It's a French word, French style. There is a big discussion going on amongst Portuguese philosophers because we have too many. With the French? More than the French and more complicated than the French in that sense. All right, awareness is much deeper. And that is, that you know about your own centers, the Self-knowledge and you know about the center of others. So you develop a collective consciousness. By this collective consciousness you can diagnose your own problems and problems of others. Now if you can correct your own centers you can correct the center of others. For which you don't have to pay. For this happening you don't have to pay. You must know that God doesn't understand money. He doesn't understand banking. He doesn't know about Wall Street. So you cannot pay for your ascent. That is just a blessing of the Divine. Because it is anxious now to give you your Self-realization. Then when the Kundalini rises above this center, this is the center of Christ, rises above this Gauraya, then you become thoughtlessly aware. There's no thought. If you want you can think. But there's no thought. You are absolutely at peace with yourself and with others. You develop that witness state. And in that peace you achieve peace of the whole world. All these wars, all these conflicts start in the brain of human beings. But if you become absolutely peaceful then how can there be wars? Who is the other in collective consciousness? Who is the other? You are part and parcel of the whole. Like this finger won't fight with this finger. And so now in Sahaja Yoga, for your information, we have people from all races, from all religions, from all nations, and so in Sahaja Yoga we have people from all races, from all religions, all enjoying love and beauty of others. It's a very big subject. I thought he would have covered half, he didn't. But you can know about it. It's better to become the Spirit and then know. It's better to become the Spirit and then know. It is more inside. So we don't also give books, otherwise they start reading like Bible, line by line. By reading you do not become. Becoming is the point. If you cannot become then it's useless. So I would request you to be there for about more than fifteen minutes and get your Self Realization. But if you are critical it doesn't work out. Because you see Kundalini is the pure desire. Pure desire is the big desire. You become the Spirit. But if you are critical it doesn't work out. If you have any questions after Realization you can write to Me. Those who don't want to have Self Realization should leave the hall. Because I cannot force it on you. It's not convergent. It's not convergent. No, no, no, no. It's a becoming. All right, I'll wait for one minute. Those who want to leave can leave. One minute. Those who want to leave can leave. All of you want to have it? It's very remarkable. You all will have to know that is no mesmerism. In mesmerism people put their eyes into others and mesmerize. On the contrary it is knowledge. It's very deep knowledge about yourself and about others. I would request you all to put your hands like this. Before that if you could take out your shoes this Mother Earth will help us a lot. Now please put both the hands towards Me. Like this, like this. This is for asking that you have to feel the vibrations on your fingertips. These are five, six and seven centers. Now please put both your hands. The left hand has got the emotional side and the right side has got the physical and the mental side. Also you can close your eyes if you like or you can take out your spectacles. Please close your eyes. Just for a second. Now please open your eyes and put the left hand towards Me and put the right hand on top of your head. On the fontanel bone area which was a soft bone in your childhood. Now try to see if there's a cool or a hot breeze coming out of your fontanel bone area. Now please put the right hand towards Me and put the left hand on top of the fontanel bone area and see if there's a cool or a hot breeze coming out of your head. Now put both the hands on top of your head like this and now ask one of these

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The program throughout was very good, I must say. The girls danced so well in a folk dancing style. And also later on we had a very good dancer who did Kuchipudi and the another one who was, I think, from the South, who did the same. They were all very enjoyable and the most interesting thing is that the ones who are coming from Russia, Talyati, all of them are absolutely unknown to Indian music and Indian art. I just cannot understand how can within two months these people can pick up this classical music which is a very, very difficult thing. People have to work for years together to get to this level. They say it is all the blessings of Sahaja. To Me it's a miracle, absolutely a miracle and what a pleasant miracle it is. If it can make such great artists, there's no way. We can really appreciate the miracle of the Divine and the Divine music. Now coming to the second part, as you have heard Avi, as usual he is an extremely creative person. I don't know if he was creative before coming to Sahaja Yoga or after coming to Sahaja Yoga or in My presence, I just don't know. But I haven't heard even such a good sitar player so far, heard. Now words can describe the beauty of his creativity and the amount of joy he gives to all of us. Perhaps maybe that Western people understand instrumental music better. But now today's Arunabhata's rendering was another climax of the vocal music, I must say. It's such a wonder to see such tremendous creativity pouring out in such a surge manner. Indian music has to be surge. First you have to learn. You have to learn about all the notes and all the rhythms. You have to really know them very well. But once you sit before the audience, it's your own realm, it's your own style. You have to keep to the discipline of the ragas, no doubt. But otherwise you can go and fly all over. As these two great artists did today, I'm really amazed. I don't know what to say about Arunabhata. He's turning out to be one of the greatest singer now. And such like many other I have heard before. And he's doing so much better than all of them, I think now. Because he just floats and makes you all float into heavenly music. I think they are especially blazed to create such joy for all of you, for all the Sahaja Yogis. I wish them all good luck. I respect them very much also because people get art as a blessing of God, no doubt. Any art, specially music and dancing and all these rhythmic arts, they get it through the rhythm of Shri Mahadeva. But to render them in such a beautiful manner, whether you are Westerners

or whether you are from Australia or from any place, you just get enthralled. Like the flute of Shri Krishna is something, the greatest blessing of Sahaja Yoga. I bless all of them, all the artists from My heart. And I'm not still very well and still the music has kept Me so much enthralled and so much submerged into the depth of the Divine blessings. May God bless you all and tomorrow is the wedding day. Those who are getting married, the girls, have to come to the stage, I don't know where, because they have to be put, those Mendhi on their hands. They have to keep it for the whole night till tomorrow. So I hope all the brides will come on the stage. All those who haven't got the sarees also should collect the sarees. Ramanj, come here. Come here. I'll come here. What's your name? Haldi, right? Yes, he's from Ustkhebagh. Is he coming tomorrow? Tomorrow I don't know the timing, I'm very bad at time. But Yogi is asking me the time. So I would say that we could come for the Haldi about say 10 o'clock all of you, have the Haldi on and in the evening about say we could start the wedding little earlier, say about 6 o'clock, that's Sutsi or 7 o'clock and because it should not get very late, tomorrow is Amavasya. Is the dark night what you call Amavasya? New Moon. No, no, no. New kaslo? Andarai? No, no. New Moon manjya hai bhi karo. Amavasya la shabdene hai re? New Moon kaso manai. New Moon kaso manai. Sabanda deewa sei Amavasya. The day when there is no Moon, now what? It's till 11, 11 something, so it starts. So we have to finish the marriages before that. So if we start about say 6 will be better. We can start it at 6 o'clock, the boys have to come to a temple and the girls have to be here for the Gauri Puja. This time we don't have many marriages as we used to have, only I think 65 marriages are there. This time we had also very much less people for our complete tour. So next year I have decided not to have this tour anymore. You can only come to Ganpati Puri. Because it's too much expensive to have these tours for the small number of people. So I think this is the last tour you have had and you have gone through all the places of India. And I would request you just to come for this Ganpati Puri program, will be alright. Also, Baba mama will tell you about My birthday, they want to celebrate in a big way, I don't know what to say. But I wish you all a very joyous and happy weddings to the people who are getting married. Thank you very much, may God bless you. May God bless you.

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Does that work? It looks like it. It looks like it. Looks like something Courtney does. Almost only large, that's why. This is the train on the railway, and all the main railroads in the West Bank. Yes, almost. You'll take it. Alright, let's go. They give you, well, they are Latino? There are certain pieces, you stop the car, you take ticket and then you pay. That's how they make tickets. It's expensive. To get in Milan from here, it's about 20 pounds. There's the motorway. Not here to Milan. From Milan, it's 40 pounds. I was saying, let us go by train. I don't know why they didn't want to go by train. In general, there is a train in Lorta. San Renico, I mean, we were not minded. San Renico is not working, it's blasted by all of them. I think they got us too hot or not. So, who's who? There is no good form of getting worse, and they can't help us with that. Last step. I was told that the rock is not there, so I gave him permission. It's your son. It's your son, Chirvanchi. I can't bear anything that happened to you. That's all. He just came. But really she thinks, okay. Complete path, almost. She was in the corner with the fella. And you had to talk to her. You had to tell, you were telling her, isn't it? Everybody was telling her. I think she got into the car and she said, thought that she should just, what did she think herself to be? Driving so fast. They all told her, they said, don't drive so fast. When the rain started. Wanted to show off, but I don't know what she did. She was like a good dancer. Good, she was not listening anymore. She was not listening? No, Sanjay said, and everyone said, she was a good dancer. Yeah, that flow, that flow. Good, very good. She had already some accident years ago. In 1986 during the San Fernando day, she had a very strong accident, a heart accident. She had a car accident. She had a certain car accident. She had a certain car accident. She had a certain car accident. She had another car accident. And the car is quite perfect. How did Mrs. Manhattan get so much shock, she hear hoarding might have a problem at her Shoulders. Her Does. She H'd the employees when she did the MIC. Are you ready to never take one? Do it on the Religion Valley. It takes some extra item that is all disodied They have more pieces in the work Thank-you everyone This floor Jenny Okay. Yeah. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay. Okay.

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Sorry, Kevin. Yes, I see. and that the modules are generated by different qualities, such as the birth of our lives, qualities of our own lives, qualities of our own country. And all of this is at the end of the day, and all of this is at the end of the day, at the end of the day, this is the point of beauty. This is what we call how we perceive life. It's like how we see. We see ourselves as our own, and we see what we believe, what we believe in, what we believe in, and we see how we see, how we see, how we see. There is no consequence of the state of this kind of result. This is the end of the content. And then, in the same way, our physical and our physical programs, and I would like to say this in a way that represents, in the same way, how we perceive our own problems, physical, or radical problems, that are in the same way as in the same way as in the same way. And, in our physical programs, this is the beginning of the state of this kind of result. And what we also see, and what we also see, is the fact that we have to use the things that we have, the tools, and everything that is needed, such as a normal environment in which we are able to use the tools, and what we are able to do, is to use the tools that are in the field, that are conventional, and what we are able to do is to respond, in the way that physical programs respond to the state of our problem in the state of the field. And so, this is the kind of result that is the This is the kind of result that is the most important result. And the root of this, the root of this, is the sense of the human sense, and all the other things that we have to do. But the reality is that, what we have to do, what we have to do is to define this the idea of the basic techniques, to achieve something. All of this is a part of our community, and we are able, and this is what everyone knows, to be able to pretend, to be able to see, to be able to understand, to be able to perform things. We have to be able to be confident in our own interior, and also to be able to do what is possible, and we must do things that are possible. And even if it is possible, we must do things that are possible, that are not just disciplines, and we must do things that can change things. But I would say that all the things that can change the world are what the idea of a level that is terminal, that is a level of love. That is a level that is not a path that we can take from the human level. But I would say that in our own level, and in our own lives, in the universe, in the universe we can be the level of life, from which we can be aware. That is what the world is, and what the world is, is the connection between the world and life. We are human beings, we are human beings, we are human beings, and we are living beings, we are human beings. We don't have any of this kind of contact. And the reality is, because we do not have any connection, because we do not have any separation between us, we have to be there. And the way we are able to be able to be there is the same thing. We do not have any connection between us. And what we do know is that the connection between us and the world is the connection between us and the universe. And the world is the connection between us. The world is the connection between us and the world. And the way we can be aware is that we can be able to be more sensitive and have a less passive relationship and have a more authentic relationship, and for many people that is a very important one, but also we can be Sadhguru, we can be Sadhguru, we can be the Sadhguru, we can be Sadhguru, we can be Sadhguru of the world, we can be Sadhguru, but we are always the Sadhguru, we are always Sadhguru. And I think that's the most important thing. It's a transformation that is produced in a way that is not suitable in the creative world. So the divine is pointing to the heart of our human being. It's pointing to the heart. And that is the meaning. It's a beautiful, spectacular mind. But it's the beginning of a total transformation. In the same way, it's a spectacular mind. And it's a transformation that has to be created as an experience, an element, an entity. And in the same way, it has to be as a whole, and as a whole, as a whole, as a whole. And it's pointing to the world living. And the mind is the character. There is a sensation that is physical. And it's the sense of being something. It's the sensation that is very simple, but it's the sensation of being something else. And that's important to us. So we have to know what is the real question. And what is the life of the human being. In this way, we have to do the same thing in the way that we are in the same way. We have to do the same thing in the way that we are in the same way. We have to explain a little bit more about what is the aspect of the human being. We have to understand that the human being is not only a force, but also a force that is more in the brain. And that is the brain that represents the situation of our connection to the living. In what way, in what way, in what way, in which way, in this way, we are connected with the normal, that is the brain. This is the way we live in the brain. We live in the brain, but we are not. We are not perfect. As we have said, that when we are in the brain, it is more than the brain. And the way the photographic camera works is in the brain. So, in our brain, we have to do the same thing, because the brain has to be connected to the same thing, to the same things, and the same thing. We have to understand that in some areas, the brain represents one of the aspects that are represented in the brain, the mind, that is the form of the conscious, the truth, that the camera is the audience. The camera is the object of the whole thing, the whole thing, the whole thing, the whole thing. The brain is the object of the whole thing. There is a very important point that I would like to share with you, that I would like to use this to explain. And I want to tell you, that this is something that is important for the world, for the people who are living here, and those who are living here, who are living here, who are living here, who are living here, who are living here, and that the whole thing is the object of the whole thing. That is the part of the brain that is represented in the brain, that is the part of the brain that is

represented in the brain. And this is what I would like to share with you. And I would like to give you this point. When I was in high school, I was on the ground, and they were making me see these types of things and the halfway fire, they weretaker of Jupiter, and Saiyanshana is one of them. if you view anything more explicit or Do you have a certain sense of that connection to this event? What haskel is replication of this event here, or can you imagine a human soulky being poor. my friends and I believe that Andrea is the most important woman. But I also want to thank Andrea for her work. Andrea is the most important woman. She is the most important woman to the people who are participating in this conference, this lecture. I would like to thank the panelists who are here. They are the most important people who have been committed to this conference. They are the most important people. They are the most important people. They are the most important people in the United States. Thank you. I would like to thank the panelists. They are the most important people. They are the most important people. I would like to thank the panelists. I would like to thank the panelists for their work. They are the most important people. They are the most important people. They are the most important people. I would like to thank the panelists. Thank you for their work. They are the most important people. They are the most important people. Thank you. They are the most important people. Thank you. to move the fire escape dancing ometal and this is the way that we are going to live. This is the way that we are going to live. This is the way of our own lives, so that we can live. And it is also the way that we are going to live, because of our education and our transformation, so that we can learn that the life that we live in is connected with the living. It is very difficult. If we are in this world, this is difficult. And we are not going to live in the world, we are going to live with the elements, we are going to live with our own lives. Here, I am not going to tell you the idea, but if you tell me that you are in the world, all of your transformation in the energy, in total energy, and in the energy of the body, the symbol of the energy, that is what you have in mind, to be able to live in the world, in the world of energy, in the world of energy, but you are not going to live in the world. And here, I am going to tell you the idea, and I am going to tell you the idea. And I will tell you the idea, and I will tell you the idea, because I don't know if you know the idea, but we can talk about it, and I will tell you the idea here. So, when you are in the world, you are living in the world, you are living in the world, and you are living in the world. And here, I will tell you the idea, because I think this represents, I think, something like this. I think something like this. And I think that if you tell me, in the world of energy, you have a relationship with the thing that you are living in. So, I think you will see the idea. When you tell me that you are in the world, you will see the idea, and the idea. And you will see it. And you will see it. And you will see that it is difficult. And the idea of being in the world is to be able to see what you are living in. And to be able to be in the world with it. And that is the idea. And I think that the idea of being in the world is the idea of being in the world, the ideas, the ideas of energy, and when we are in the world, we will see our own connection. And the way we connect is through the consciousness. We must understand the sense of connection and the sense of connection. We must understand the sense of connection. And that is the idea. But it is also an interesting idea because there are many ideas. This is a book. And here, you see this book of the one day, the day of the santora. The day is like the day of the day that the santora is put in the environment, in the environment of the human being. In the planet. In the environment of the human being. The santora is a point that marks the ultimate goal of the human being. And it is a very important goal and it is a very important goal because it is a very important goal. And this goal is a very important goal. A very important goal is a goal that is not only to be accessible to the human being, but also to be able to be able to live and to be able to live in the world. And now, I have this mission. This mission is to introduce humanity in a way that is beautiful. And this mission is to make the world and the world feel the humanity. And this is the central goal of the santora. To be able to create a world that is more than just a situation and the world is more than just a planet. This santora is a very important goal and it is a very important goal because we have a very important goal and this is a very important goal. It is the most important goal and the most important goal. If we can create a world that is more than just a planet we can do this because we are the only ones and we are the only ones who can do it. And here, this is the central goal that is the mission of the santora. And here, I say that I want to make a world that is more than just a planet. And here, I want to make a world that is more than just a planet. I want to make a world that is more than just a planet. Because we have to do this because we are the only ones who can do it. This is the central goal. And this is the only one, but I want to make it more than just a planet. And this is the central goal. This is the land that I want to live in. This is the central goal. This is the land of the santora. This is the center of the planet. This part is However, with... stretched out ... it becamege t the no matter lights and ray Cr right way for the no matter ray among i nights e bit the e e click all uh... uh... i got it and the way in which the world is changing, the way in which the world is changing, all these are the manifestations of this planet, of this planet. And also, when I ask you, when I open up, what is the relationship with the world, with the knowledge of the world, and this vital area, the situation is diverse. This channel has inspired us to understand the importance of this in our own society. We have this channel, and we have our own website, and we have the digital version, which has helped us with the research, and we have the access to the future. And this is the reality, these are the aspects of the energy, and what I have to ask you, and I want to ask you, is what



makes us different from time? Is it the path to the world? We are talking about various things, we are trying to accelerate the world and to us, and we are not in the present. We are not in the present. Because in present, there is a person who is in the present in the real world. And we are not going to do that because there is a gap in the world, and we are not going to do that. We are going to continue to pass on and continue to do the future in our present. So, the solution, this is the idea that we can do this in the real world, and we can do this in the real world. And I think that is the reason why we are trying to accelerate the world in the real world. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Can I please? I bow to all the seekers of truth. At the very outset, I have to say that truth is what it is. We cannot think about it. We cannot conceptualize it. Nor can we change it. It has been, it is, and it will be. We cannot think about it. We cannot conceptualize it. S is se ran. Unfortunately at this human awareness, you cannot feel the Divine. You have to become the Spirit. The truth is, you are not this body, this mind, this ego, these conditionings. But you are the pure Spirit. And unless and until you become the Spirit, you can never be satisfied with yourself. Now whatever I am going to tell you, you have to understand that this is for you is a hypothesis but for me is gravity. In case this hypothesis works out, then you have to accept the reality as honestly. So you have to accept the reality as honestly. And you have to accept the reality as honestly. So you have to keep your mind open as a scientist. Till you discover the science of the Divine, you cannot talk about it. There is another truth that there is an all-pervading power of Divine love which does all giving work. You see all these beautiful flowers here, which we do not understand is a miracle. We take it for granted. Look at your eyes. What a camera it is. But we take it for granted. What about our brain? Which is a computer, a perfect computer, but we also take it for granted. If you ask a doctor who runs your heart, he will say it is an autonomous nervous system. But who is this autonomous? So what we find that even science is not conclusive. You may be able to make your cake fast or you may be able to have a better train. But it is not going to answer the question what is the meaning of your life. So that as your seekers you turn to religion. But you find that the so-called religions also are only money oriented or power oriented. They are not spirit oriented at all. While all those religions were born on the same tree of spirituality. But these people have plucked the flowers and now are fighting with those dead flowers. They are all fundamentalist. Because they think they are the best and they have a right to fight each other. You can see what's happening in the girl, you can see what's happening in Yugoslavia. Also Azerbaijan and other things, so many places they are just fighting and killing people in the name of God. This cannot be. God is love. So that you start thinking what is wrong, why should we not have the Divine within ourselves. The Divine is within you already present. Is present in all of you. In a potential state and it cannot be destroyed. It cannot be destroyed. It cannot be destroyed. Because it is of eternal nature, it cannot be perished. That is within you all the time and now the time has come for you to feel the truth. This is the truth that is within us. Now we have to take the moment that we feel eternal. I am happy that Jose has told you all about this subtle system that is within us. I am happy that Jose has told you all about this subtle system that is within us. Is this hell in Bible also that the tree of life. Also it is said that I will appear before you like tons of flames. Is I what you see are the tons of flames on top, you can see that like a lotus. All He said that I will appear before you like tons of flames. All the others have got flicks like lotus. All the world problems, if you see, are costly because of human beings. And all the human problems are because of their centers in trouble. So if by some means you can put these centers right, then all the problems will be finished. So when this power rises through these centers, then it nourishes these centers, strengthens them and integrates them with each other. And perimeters through your for today in Bona area, actualization, again I say actualization of your baptism. It's not just somebody putting the hand on your head, now you have become a Christian. Or you have become a Hindu or a saint or a Christian. Or you have become a Hindu or a saint. Whatever religion you may come from, whether Christianity, Hinduism, Sikhism, any religion, Buddhism, you can commit any mistakes. You do not become a saint. You have all the weaknesses as others have common to everyone. We have to understand that something has to happen to us. So this is the evolutionary process. Now you have become human beings and if you move on journey from that to the Bona area, you become the Spirit. So Sahaja Yogis, Sahaja Yogis with Jove is born. Born with you is the right to get this union with this all-pervading power. It is a spontaneous happening and you can't pay for it. You cannot pay for this knowledge also. You don't have to go to Himalayas, you don't have to start and fast. Sitting on your chairs you can get your Self-realization. It is as simple as that. Because the time has come. I call it a blossom time. But in the Bible it's called as the last judgment. In the Quran it is said at the time of Qiyamah, resurrection time, your hands can speak and we tell you what's wrong with you. So you yourself will judge yourself. This happening is absolutely available to everyone. Now in short I'll tell you the nature of the Spirit. Firstly I told you that when this Kundalini rises, She solves your physical, mental, emotional and spiritual problems. And this instrument had to be connected to the mains, otherwise it has no meaning. You are fantastic, you are glorious, only your community has to manifest. You have to be fantastic and glorious. Only you have to know that the community has to manifest. Like if you take a small box of television in a village, in a remote village of India, then you think it's just a box.

And if you tell them that you can see all kinds of films in it, then somehow can it be just a box. That is also the way we think about ourselves. But once it is connected to the mains, they see it is fantastic. In the same way when we are connected to the mains, we realize how fantastic you are. Now for your information, there are already three doctors in their university who have got their MD for curing incurable diseases. No doubt, we have cured many blood cancer patients and all kinds of mentally upset people. It's not that we do it, but your own power which is within you does it. Also people give up their habits. Overnight I have seen in England people who are drug addicts, overnight they give up their habits. We have, Sir, you are working now fifty-five minutes. We have been working for fifty-five years. Say in Russia, in one small little place, we have twenty-two thousand practicing surgeons. Their government was bad, but the people are like a clean slate, they are not conditioned. But I must say with great regrets that I have been to Spain since long, but Spain is the weakest country as far as the challenges go. When I had come first time, I stayed with our master here, and I met the Queen of Spain. She was telling me that this fourteen-year-old guru who was taking from them Rolls Royces, there were fifty thousand Spanish people following, so that we must have discretion to know what is the reality and what is not. You cannot purchase your guru. This one must understand, and if you understand that this is the grace of God, the love of God that works out, you will understand that you cannot pay for love. This one must understand that this is the grace of God, the love of God, you will understand that you cannot pay for love. So now the Spirit, when your Kundalini comes out of your continental area, She touches the place which we call as the office, you can say, pita, of the Spirit which is on top of the head you have here. But the Spirit resides in the heart, and when your attention becomes enlightened by the Spirit, then your attention becomes active. That means you can feel on your central nervous system the chakras that are yours and the chakras of others. That means you develop a new dimension of your awareness, which we call as collective consciousness. It is not just you certify that I am born again, but you get powers with it. You, if you know how to correct those centers, and if you know how to correct the centers of others, you can solve their problems. But wherever your attention goes, it becomes really innocent. There is no lust and there is no greed. What Christ has said, now shall not have a doctor's eyes. How many Christians have such eyes? When you put your attention onto somebody, this innocence acts and can cure that person, can give peace to that person, can do marvelous things. All the devilish things we are doing, nowadays I hear so much of this child abuse and all that, that the police have abused children, 200 children in America. All this just disappears. I think this is worse than that chamber. For poor children. Now all these things that have crawled into our society, just get cleansed when there are people with such innocence and compassion. With this light of the Spirit shining in you, you become extremely dynamic and extremely compassionate, because you are all the time in connection with this whitely energy. The nature of the Spirit is that it's a universal being. So you forget the limitations of your past, your community, your race, your nationality and you become a universal being. Like the drop across the ocean. And there is no more problem of all these useless things by which we are divided into sects. The greatest thing about the Spirit is that it gives you the absolute truth. See, for example, you all are seeing Me sitting here, there's no argument about it. In the same way you can feel it on your fingertips, all of you the same thing. Somebody says he doesn't believe in God. Let him ask a question, is there God? They will all feel on their fingertips, on their hands, a tremendous breeze blowing in. That is how we have Jews, we have Hindus, Muslims, all worship Christ. Because he was the son of God and this fact is tangible. Everything in Sahaja Yoga is tangible. They have all the proofs. So when you know the absolute truth, how can there be world fights? How can there be wars? Because everybody knows the truth, they are not sitting in the darkness. Thus we realize very clearly that we are now understanding the essence of every religion. Every religion has said that you are to be born again, that you have to be from the Spirit. Every religion has said that. Once you know that, you realize that all these people wanted us to be the Spirit, to understand the unity of all the religions. So we believe in an universal religion which believes in all religions and respects all religions. It respects all the incarnations, all the prophets, all the seers and all the real saints. These saints are evolved souls, they are not just certified by someone. And they have powers to raise your community. They have powers to clone. They have the full knowledge of the subtle system and everything. The nature of the Spirit is so great that it cannot be described in this short time. But you feel extremely energetic. Now I am about seventy years of age and tonight, this morning I came from Barcelona and this night I am going to a far off place. South America I am going now and I am amazed that Spanish and South America are very sensitive to reality. They don't take to artificial reality. They don't believe in people who are Jesus. And I am sure that this time at least, new people are going to get your realization and then you are going to settle down with it. Within one month's time you will become masters and then you start enjoying it, yourself and others. You don't have to pay for anything. But you have to respect your Self Realization and you must make this correction fully established. And if it happens, you will be surprised to know that you will be all the time in the ocean of joy, swelling and frolicking. It's a fact that you become very great and extremely creative. It's not time for me to tell you all about it. But I assure you that you all can get your Realization, the Unite of Fear. I know you have questions in your head

because you see the Western mind thinks too much. Also this is a new knowledge to you. But I will say, if you have any questions you can write them down and you can give it to Jose and I'll try to answer them to him. For the last twenty two years I have been answering such questions. I am quite an expert. But it is just a mental feat. It should not be mental, it is beyond mental. So first thing happens to you that you become thoughtlessly aware. You are not in the future or the past but you are in the center, in the present. Then you grow in your spiritual. So first you get your thoughtless awareness. I mean if you want you can think also but if you don't want you just become peaceful and there is thoughtless awareness. So your awareness is there, you are aware, you don't think, you are aware but your thought is. And in the second state you go into doubtless awareness. Because it is tangible, you can get proof of whatever is said to you. It is not blind faith. So then you become doubtless. Then you become very powerful, the power of love. So far we have not used the power of love only in the power of action. But power of love is the most strong, most beautiful thing. It constructs human beings into beautiful flowers like blossoms. Life becomes full of blessings. So I have to tell you that for this realization you take only ten minutes. Not more than ten minutes. But those who do not want to have realization, I cannot force them. You all can get your realization but you have to be absolutely free to accept it. You cannot be compelled on you or forced on you, cannot be. So those who do not want to have their self-realization should please be the one. All of you will get realization. So I assure you that you all can get your self-realization. But you must have full faith in yourself. You should not doubt yourself. There are three conditions which you are fulfilling. You are very simple. The first condition is that you have to have full faith in yourself that you will get your realization. You should doubt yourself. It follows the second condition. The second condition is that you should not condemn yourself, you should not feel guilty at this moment. Because there is this All-Pervading Power which is the ocean of forgiveness. And it is so powerful that it can resolve all the mistakes you have committed. So it is to be understood that if you are going to get your realization then you should not feel guilty at all at this moment. Because when you feel guilty you don't know that you can't on the left hand side of this center, on the left hand side here you can't. And by that you develop diseases like angina. You develop spondylitis and also you develop very lethargic organs on the left side. So to feel guilty is a myth. If you have committed any mistake then you have to just say that, all right I have committed this mistake, face it. But don't put it here. I assure you that whatever mistakes you have committed will be completely fulfilled. But have faith in yourself and respect for yourself because you are a human being. Human beings are at the epitome of their evolution. And they are the ones who are going to get realization. So it is very important to understand that you all can get your realization but don't feel guilty. People will just frighten you saying you are sinners and all that but there is nothing to be frightened about. Now the third condition is even easier. In the third condition you have to forgive everyone. In the second one you have to forgive yourself first. And in the third one you have to forgive everyone. Whether you forgive or don't forgive, logically what will you do? Nothing. But you play into wrong hands when you don't forgive. Those who have troubled you or tortured you are happy people. But you are playing into their hands and torturing yourself. More over does the center adopt a child mark. It is like this, constricted absolutely. And if you do not forgive, it will never open out. If you forgive, then it opens like this nicely. So first you have tortured yourself and now if you do not forgive, you miss your self-realization which is the greatest thing that you have to have. And you should not miss it. So don't even think about those people who you have to forgive because they are ready. Just in general you have to say, I forgive all of them. It's a very easy thing to do if you understand how important it is. Yesterday in Barcelona I found people were not forgiving and I had to work very hard on that. But today I have detached the plane so I won't be able to work it out. So please you, please listen to me and forgive. I am happy you are in a happy world. In short you should be pleasantly placed towards yourself. Why are you all thinking? Because you are not giving up. You are going to enter into the kingdom of God and you should do very happily. All right. So now I get the question, take out your shoes if you have no objection because this Mother Earth helps us a lot. All of you should be seated. There is room here. I told you, you have to be comfortable. Now please put both your feet apart from each other because you can do all the three powers. That Jose is told in that left side and right side there are two powers. Left is the power of design and the right is the power of action. So left is the power of mundane desire but the Kundalini is the power of pure desire. So you have to have just pure desire in the heart that you have to have your realization. But this time I would like to request all of you. I have been to Spain many a times. I have lived crowds also. They get realization and just get lost. I am sorry to say because it is like the parable of Christ that some fell, some seeds fell on the rocks and some on the marshy land and got lost. So please try to understand that it is extremely important for you to become a master of this. These are most important times, the new age that carries me. That is what it is. And if you do not become masters, where will you be? And will you be here responsible? Wherever you are digging a well, you find every water you want digging there. You don't want digging here, digging there, digging there. I am not for guru shopping. I am not market-winning. It is whatever is yours, yours I am giving you. Now you have to put both your hands like this on your lap, very comfortably. Now we will be using our left hand like this symbolizing that you want to have your realization, your desire. And we

will be using our right hand towards Me. And we will be using the right hand for nourishing our centers. So first we put our right hand on our heart. Because the Spirit resides in the heart. You don't have to do it again. It's once for all. Just put your right hand on your heart. Now here you have to say, you have to know that the Spirit, if it is awakened, you become your own masters, your own guide. So you put your right hand on the left hand side of your abdomen, even on the left hand side only, which is the center of your mastery. This is created by the great prophets. By awakening of this center, not only that you become master, but you become absolutely righteous, virtuous, automatically. And then you enjoy your own virtues and virtues of others, not boring at all. Then you put your left right hand into the low portion of your abdomen. This is the center of Divine knowledge, of the pure Divine knowledge. I cannot force it on you. Again I respect your freedom. So you will have to ask later on. I will tell you what is to be said. Now raise your hand again on the left hand side of your abdomen, on the upper portion. Now you raise your right hand again on the corner. Now raise your right hand now in the corner of your neck and your shoulder, where you see here, and put your head to your right. This is the center I told you about, when you feel guilty goes out of order. Now raise your right hand on top of your forehead across and put down your head as far as possible. This is the center for forgiving everyone in general, without thinking about them. Now take back your right hand on the back side of your head and push back your head. Now this is the center where without feeling guilty, without committing your mistakes, just for your satisfaction, you have to ask forgiveness from this All-Pervading Power. Just for your satisfaction. Now the last center which is important. Stretch your hand. Stretch your palm and put the center of your palm on top of the fontanel bone in. It was the soft bone in your childhood. Now push back your fingers as far as possible so there's a good pressure on your scalp. This is important. Now put down your head and now you have to move your scalp seven times clockwise. Please. This time. Now move it. This time. Seven times. That's all we have to do but now we have to close our eyes. You can take out your glasses and till I tell you please don't open your eyes. Now all of you should close your eyes. Now remember to put your feet apart from each other. Put the left hand towards Me and right hand on the heart. And now please close your eyes. Put your right hand on your heart and here you have to ask a phonetic question about your scalp. Let me give the complete instructions. So now you have to ask a question in your heart three times. You can call me Mother or you can call Me Shri Mataji. Mother, am I the spirit? Ask this question three times. Do you trust Jesus? Or is this clearly the standing and watching? Now if you are the spirit you become your own guide, your own master. So please take your right hand in the upper portion of your abdomen on the left hand side. Press it. And here you ask another phonetic question about yourself. Mother, am I my own master? I have already told you that I cannot force pure knowledge of the Divine on you. You have to ask for it. So now you have to take your right hand in the lower portion of your abdomen on the left hand side. Press it hard. And here you have to say or ask, Mother please give me pure knowledge. You have to say it six times because this center has got six petals. Mother, please give me pure knowledge. Six times you have to say it. As soon as you ask for pure knowledge the kundalini starts rising upward. So we have to open the upper centers with our self-confidence. So now you have to raise your right hand in the upper portion of your abdomen and you have to say with full confidence ten times, Mother I am my own master. You have to open the upper centers. It's self-confidence. You can ask a question, Mother, you are my own master. I have already told you that the fundamental truth about you is that you are not this body, this mind. This condition is this ego, emotions but you are the pure Spirit. Now you have to raise your right hand in the, on top of your heart and you have to say with full confidence ten times, Mother I am the pure Spirit. Mother, it's your soul that's built into it. This All-Pervading Power is the ocean of knowledge, of compassion and bliss. But above all it is the ocean of forgiveness. So whatever mistakes you might have committed this power of forgiveness can dissolve everything. So now raise your right hand on to the left hand side of your corner of the neck and the shoulder and here you turn your head to your right. You have to say sixteen times with full confidence, Mother I am not little. Please turn your head to your right sixteen times. Now I have already told you whether you forgive or you don't. If you don't forgive you don't do it but you play it wrong hand. And at this moment if you don't forgive this Agnya center won't open and the Kundalini won't come up. So you miss the opportunity, such a great opportunity of Self Realization at this moment. So raise your right hand on to your forehead and now bend your head fully downward and here you have to say with full confidence not how many times but from your heart Mother I forgive everyone in general. Now you are going to say something. Mother I forgive everyone in general. You are going to say something. You are going to say something. Mother I forgive everyone in general. So say it from your heart. Now without feeling it, without counting your mistakes, just for your satisfaction you have to ask forgiveness from the Divine power. So you take your right hand on the back side of your head and push back your head as far as possible. Here you have to say with full confidence not how many times but from your heart Oh Divine power please forgive me if I have done anything wrong knowingly or unknowingly. Now you have to ask for your satisfaction by putting your hand on the back side of the head and by holding the head up, you feel the power of your heart. You have to ask for your satisfaction by holding the Divine power if you have done anything wrong for a long time. Say it from your heart. Not how many times. Now the

last center which is very important, you have to stretch your palm fully and put the center of your palm on top of the fontanel bone area and put down your head. Here again I cannot cross over your freedom. So you have to ask for your Self-realization. So move your scalp seven times slowly saying Mother please give me my Self-realization. Please bend your heads, bend your heads. Please bend your heads, bend your heads and press it hard and move it seven times. Ask seven times Mother give me Self-realization. You spread your fingers. Now please take down your hands. Please open your eyes and put both the hands to the ceiling as you can. Now you have to ask for your satisfaction by holding the head up. Now you have to ask for your satisfaction by holding the head up. Now put both the hands to the ceiling as you can. Now you watch Me without thinking. You can do it. Now put the right hand like this and bend your head and see for yourself if there's a cool or warm or a hot breeze line, breeze coming out of your fontanel bone area, the left hand. Don't put your hand on your head away from it. How do you say? If it is hot that means you are not forgiven. Please forgive. If it is hot that means you are not forgiven. Please forgive. Some people get it close, some people get it forward. Now please take down your left hand like this. Left hand. And now with the right hand you just bend your head and see. Now like this, like this. Not like that. Like this. Left hand. See now. See. Open your eyes and see. Now. Now. Put now right hand again once more. Now see for yourself. Now raise both your hands and push back your head. Here you have to ask one of these three questions. One. Mother, this is the cool breeze of the Holy Ghost. Second one is Mother, is this the All-Prenaic Power of Divine Love? The third one, Mother, is this the Paramachaitanya? Ask anyone of these questions. Three times. Now take down your eyes please. You feel very relaxed. Now all those who have felt cool, warm or hot breeze on their fingertips or in their hands or out of the fontanel bone area, please raise both your eyes. Those who have felt, please raise both your eyes. So this is Margaret, a great artist, may God bless you. So many of you have been, got your germination, but now you have to look after yourself. You feel very relaxed now. But you have to come, not follow on and later on to a center so that within a month's time you become experts. You can go to the road. Now this is very important. Only you have to work it out for one month and you can master it. I'm sorry I'm a kid for South America, so I beg of you today that I had such a short time. More only got lost on the way. So I hope you will all become like great trees of fragrance of God. And one light which is enlightened can enlighten another. Thank you very much. Thank you very much. Thank you. You can have another one of them, please. Thank you very much. Thank you.

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in the Varanasi University and has been the top grade artist of the All India Radio and Television, and has had, I don't know how many concerts to her credit. And accompanying her on the tabla is a familiar face, Mr. Iyer. I will not now stand between you and the devotion of music. So may I present to you Dr. Rajam Jaishimath. I'm sorry. Behind the great artist is the pillar of strength, Mr. Rajam, who incidentally is also a chartered accountant like me and is also a great devotee of music, I'm sure. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Jaishimath. Mr. Mathaji wants country leaders to come on the stage. Country leaders to be on the stage. Mr. Mathaji. Mr. Mathaji. Mr. Mathaji. Mr. Mathaji. Mrs. Adam is known to Me, I don't know from how many years, and she is very talented lady and her relations also I have met, they are all very talented and they have dedicated their lives for the worship of Saraswati. She is from South but she has picked up North Indian music so well. It's very amazing how she renders it and she has been playing with Shri Shri Shri Shri Shri Kapur Mukhanach. So in her style with more what you call as Gayatri, means more like a singing song, extremely relaxed and beautiful having the music and you all will be surprised how this western instrument which is a violin we have adapted to our style by sitting down, you see we don't stand up like wrong wheeling, no. It's a very relaxed style and how see how it has been worked out. So this is a melody, it's not the kind of music you have where if you people play something and then play it yourself and but it's a continuous beautiful expression of a melody. So people from Kabela of course know her very well and they overjoyed that she is here. But Indians I think have not seen her many and she is very, very happy to go. She was very, very successful and we had a very violent night that day. It was raining and Vishnu Maya was just feathering us. Everything happened and then she sat down and then the police came to help us and they saw us, we were quite surprised. So it was a beautiful background I should say the atmosphere and after that she was so relaxed and Vishnu. Today she has decided to play to you the music. Okay. Okay. Okay. Okay. Okay. Okay. Cool. Cool. Cool. Cool. Cool. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh oh. Uh after this very, very beautiful concert I find it very difficult to express the beauty that we have enjoyed and the delicacy, all the waves of different hues and colors. It's something I feel like after the realization

she has jumped into another realm. Definitely. As if she was pulling every string of My heart all the time. With such dignity and balance and all of you absolutely lost in the waves of that beautiful rapport you had. Our music I know I have told you hundred times comes from the Spirit and as you have now felt your Spirit you can appreciate the joy and when the Spirit manifests its light on these beautiful tunes and melodies then it gets a very special type of a vision for all of you and I'm happy you enjoyed Her thoroughly. She's got a realization and you are all Sahaja Yogis so naturally there was great relationship also. Apart from that I have discovered one thing more today that South Indians when they take to music it's not a profession it's a worship. The purity of rendering the art is so evident not in Her but also with Mr. Balakrishna. Both of them absolutely the purity of it. There's no mixture, there's no cheapness, there's no publicity or sort of a you can say modulated things. It's just pure art, it is the greatest purity and this is something I discovered today. We have to learn from South Indians this point very important that they render. I've seen not here but even in Madras whether they're dancing, they are playing violin or they are playing their mudangam or anything it is for them a worship. Because of that the purity is mentioned. There's no show off, nothing so so deep. And today these two artists who are from South have learnt all North Indian music. The rendering is so pure so pure I mean. I was just thinking of some great artists whom I have heard because I must be the oldest woman here. And those who have been really very much in My view the highest or we can call the epitome of our classical North Indian music have been expressed through them today differently. No show off, nothing it's so beautiful. And this is what we have to learn that art is a worship, it's not a profession. Many people say that those who are pujaris or Saraswati are always in trouble as far as the Lakshmi is concerned. So that's your duty to look after their Lakshmi side. But their duty is to be purely devoted, dedicated to the art as a worship and as audience or you can say as people who are enjoying that music must look after their financial side, their Lakshmi side and also always respect, respect the artist. Artist is to be respected because he is worshipping the goddess Saraswati. I can't understand how people can be disrespectful. And in our country specially I've seen now there's such a big trend towards cheap type of music that they just make fun of art. As Sahaja Yogis you have to really understand that this is the music of the Spirit. Whether it is North or South Indian, I enjoy the same way whether it is South Indian or North Indian music, makes no difference to Me. Both are absolutely supreme in their own style and feeling. I don't know what to say about Mrs. Rajan. I met her because of her mother-in-law actually and then she has developed so much. But today she was very much different I felt, very much closer to Me and closer to all of you. May God bless you, Sahaja Yogis. I hope in our work time to listen to your problem. If you are in Bombay, if it is easier for us to get you where She is in Benares, doesn't matter. We have very small little thing for her. Something for you in the Maharashtra South. You always wear South Indian silence but I hope you'll enjoy this one also. I hope you have height if you fit, I mean. May God bless you, Sahaja Yogis. May God bless you, Sahaja Yogis. May God bless you, Sahaja Yogis. May God bless you, Sahaja Yogis.

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Oh my God! How do you feel about your marriage today? How do they feel about getting married? Yes! Are you happy? Yes! Very happy! This record, you will read here the record. I can see the record, but I have to correct the... No, it's to do everything automatically. Here is near, here is far. Which is near? This is near? You have here, you can do here. Look. Far and close. No, you leave. It's automatic. Okay. No, don't touch this. It is finger. Oh yeah, okay, I got it. Red light on. Yes! Do we wear the crown before we come? Yes, the crown is one finger. Your best friend will be great. Don't worry, your best friend will be great. Okay. Come on. Good man. She is good. Okay. Guys. So, there you go. For most of us, you can wear this. Shh. Okay.

Please don't try to create problems for Me. All My blessings to you. Please move a little bit, very slowly. All of you should move, very slowly. With your right hand please. Number one. Number two. Please, Mr. Malcolm's father, please. Where is the father of Mr. Malcolm? Mr. Malcolm from UK. Hello. Please. The girl has to accept her future husband. It's according to our Sahaj culture. First the girl has to accept. No girl can be forced to marry someone. So the first the girl has to accept and then the boy has to agree. This is first being decided. Now it's all right you can go ahead with the marriage. We call it as Jaya Mal. It's first stage.

So in the first stage, both the brides and the bridegrooms have to accept the Vishwanirmal Dharma. So this acceptance pledge will be read here on behalf of both the brides and the bridegrooms. Then the next stage comes, this is Kanyadana. For the Kanyadana, the bride's mother will drop water in the brides. The meaning of Kanyadana means the father and mother of the girl

have to give consent and to give the girl's hand into the hands of the boy with certain promises. Now first you have to accept that you belong to the universal religion of Sahaja. Means Vishwanirmal Dharma. The innate religion within you. That you have to accept otherwise we cannot marry you.

All brides and bridegrooms should take the following pledge. We all accept the Dharma of Sahaja Yoga. That is Vishwanirmal Dharma. We do not accept any other religion. We do not accept the bindings of any other religion except Vishwanirmal Dharma. I renounce all the Dharma's and surrender to Shri Adi Shakti alone. I accept the Vishwanirmal Dharma for achieving the God Realization. The way of life in Vishwanirmal Dharma is Satyam Acharyaata. That is the truth should be followed. Priyam Acharyaata. That which is blissful should be followed. Hitham Acharyaata. That which would promote Hitham, that is well being, should be followed. Benevolence. Which will promote benevolence. Benevolence should be followed. The way of life in Vishwanirmal Dharma is Satyam Acharyaata. The truth should be followed. Priyam Acharyaata. That which is blissful and compassionate should be followed. Hitham Acharyaata. That which would promote Hitham, the benevolence, should be followed.

Now the next stage is the Kanyadana. That is giving away the daughter to her husband. Now in this process, while the, to start with, we will be reading here what bride's father is supposed to be telling to the bridegroom. Thereafter, we will also read out here the acceptance of the bridegroom. That is the bridegroom will accept what is, accept to comply with what is being told to him by the bride's father. Thereafter, we will read the mantra in Sanskrit. At that time, we will have to do the actual Kanyadana. In the Kanyadana, the father of the bride will hold his hand over the hands of the bride. The bride's father has to hold his hand on top of the right hand of the bride, and the mother of the bride has to pour water on top of the bride's father's hand, symbolic that now we have washed off our hands of our daughter. Now, did you follow that? Will you please, now the bride's parents, the father and mother, come forward. Senior Sahaja Yogi should stand in between and guide them. Only the bride's father and mother should come forward. Nowriya chahat. Only the bride's father and mother have to come in the play. Will you please hold the hand, the father of the bride, hold the hand on top of the bride's hand and the mother has to pour the water. When we say, not just now. Others should not do anything. It's only bride's father and mother. Now let's have it.

Now, bride's father says thus to the bridegroom, my daughter is a Sahaj Yogini and she has accepted the Vishwaniramala Dharma. Also I and her mother are followers of Vishwaniramala Dharma. Considering that you are the best Sahaj Yogi, I offer my daughter to you in the auspicious and divine presence of Shri Adi Shakti. So keeping fully in mind the importance of this great function, please give complete respect to it. The bridegroom says, of course I will comply with it. Imaam kanyam susnaat am, yatha shakta lankurtam, patnit vena tubbyam aam sampradade. Bride's father has to say this. Now the bridegroom has to say that I am accepting the bride. Aum swasti. Say now, Aum swasti. Bridegroom haa. Just follow me. Means accept. Now the next stage is you will find in that plate two colored threads. The husband has to tie this one. Bridegroom should tie the thread with the dharbariya daswada on the left hand of the bride. First of all the bridegroom has to tie. In the right hand. Bridegroom. Bride has to tie this on to the right hand of the boy. There is a turmeric piece. Please take it up and let the boy tie it into the left hand of the bride. And the bride has to tie onto the right hand of the bridegroom. I hope it is understood now.

Now, both say the following. It is with the blessings of Sri Adi Shakti that I accept the auspicious bond of this marriage and pray, Sahaja Yoga Vardhatam. May the Sahaja Yoga grow. Atma Sakshatkar Vardhatam. May the Self-realization grow. Pusti Tusti Vardhatam. May the satisfaction grow. May we always have, by blessings of Adi Shakti, the sensitivity of Chaitanya, the life without ego, the joy of Sahaja ethics, the energy and enthusiasm to do the Sahaja Yoga work. Both the bride and the bridegroom have to say this in Sanskrit, repeat it when he says it. Alright, listen to it. Careful, it's not very difficult Sanskrit for you. Just follow me.

Now you have to tie the sign of marriage in the neck of the bride. The bridegroom has to do that. You just garland them, you need not tie up, just put them. Good. Please do it. Now the bridegroom should say, I am tying the Mangal Sutra, that is the thread of auspiciousness, as that which is the form of chaitanya, that which is pure, chaste and auspicious, that which is verily the thread of the chaitanya and auspiciousness and hence it is called the Mangal Sutra. Now you say it in Sanskrit, the bridegroom. So the bridegroom should repeat. In English, please follow Me saying, I am tying the Mangal Sutra, that is the thread of auspiciousness, as that which is the form of chaitanya, that which is pure, chaste and auspicious, that which is verily the thread of chaitanya and

auspiciousness and hence it is called the Mangal Sutra.

Now the last is, well it's not absolutely last but in between a little bit, that you have to make the fire element as the witness, called as Lajahom. The brother of the bride has to come forward. Even the uncle will do. Mama is the mother's brother will do also. The best one of the bridegroom should come forward. You have to ignite the fire while I am reading this. This is a prayer to Sri Ganesha. Then you start igniting the fire. Om gananaam tvam ganapatim bhavaamahy kavim kavinaam bhupasthiravastamam jeshtarajam brahmanam brahmanaspata ana shindvam nathibi jala ye na jala ye om bhakrathun damahakaya surya kotisam apramah nirvignam kurume teva sarva karyeshu sarvada.

Now you can see the rice krispies. The best one has to put it in the hand of the boy. Alright. First of all the brother has to put it, a brother or a best man has to put it in the hand of the bridegroom. Right hand. Now you have to put it, the bridegroom has to put this into the fire. It's suggestive to the brother that I will look after the chastity and the purity of your sister. I'll protect her from any attack on her chastity or purity. So now the boy puts a little bit of that rice krispies into the hands of the boy on the bridegroom. I mean the best one. Now when you have put it then you put it in the fire. The mantras will be said once. When you are putting it in the fire after that the bridegroom has to put some ghee on top of that with the spoon. While doing all these the bride has to touch the right hand of the bridegroom near his elbow. Bride has to touch with the right hand at the elbow of the bridegroom. When I say saha, please put it in the fire. While the sacred fire is witnessed, we invoke our own kundalini's and pray that all our faults, negativity and conditioning be burned into the ashes in the light of the kundalini. Once more. While the sacred fire is witnessed, we promise that we shall not support or take the side of those people who are not following the Sahaj Dharma. We also promise that we shall pay great regards to all sahaj yogis as they would be befitting to saints and sadhus and extend all hospitality to them. Fifth time. This is the last and the fifth time again please. The brother has to do it. While the sacred fire is witnessed, we resolve to lead the life with all humility within the mariada of limits of sahaja yoga. Like the fire which limits itself inside the firewood because the kundalini is the cool power of the divine Agni within us.

Now you have to walk seven steps with your bride. First you have to follow your wife. Three steps will be followed with your wife and then the four steps by the husband. There are seven mounds of rice. If you see, be careful where you go round the fire with your saris and clothes. Left to right. Now listen to Me. You have to go round the fire. The girl will lead first. First round when you take a vow and when you come back the girl will move with her right nabi. That is your right big toe. You just disturb that, remove that. That means one is over. It will be for three times for the bride and then four times for the man when the man will lead the bride. Now let's do. First time let's go round. All others should move out. Be careful with their saris. Move from left to right like the clockwise. Now go forward.

For the first round the bridegroom says to the bride, I remember Sri Adi Shakti Mataji in my heart and tell you that you must keep the chastity that would be necessary for good mooladhara. Our well being and auspiciousness lies in completely accepting and keeping full respect of innocence and forsaking cunningness. Alright. Now come along.

Second round. These are all the seven chakras we are talking about. Be careful. I remember Sri Adi Shakti Mataji in my heart. Now remove the second mound of rice by the girl with the big toe. And tell you that the divine aesthetics of married life should be seen in our daily life. Our home should be aesthetically decorated like planets and stars that are revolving within the limits of their orbits at specific distances. We should do all our work within and strictly abiding by the dharma. I shall extend all hospitality to Sahaja Yogis and fully associate with you in performing the duties towards dharma. May we both achieve the blessings of enjoying the joy of collectivity.

Now the third round. Slowly, slowly. I remember Sri Adi Shakti Mataji in my heart and tell you that I will hand over all the money that I earn to you fully realizing that it has come to me as the reward of your punya. You should spend that money carefully and only after consulting me. Keeping in mind that all the wealth belongs to God, we should spend our wealth whatever possible with the feeling that we are receiving God's blessings. There should be no hankering of material objects and becoming completely detached. We should nourish our mahakali principle. Mahalakshmi principle. Now the boy comes forward, the bridegroom comes forward and the bride follows. I hope you are listening to what we are saying on your behalf.



Fourth round now. Slowly, slowly. I remember Sri Adi Shakti Mataji in my heart and tell you that I will never hurt your feelings and shall forget all the mistakes made by both of us in our past lives. My love for you would be limitless and so should be yours. Please do not suppress your feelings and never hesitate to tell me if for some reasons your mind is at anguish or someone troubles you. I shall always stand by you, protect you and shall never listen to any false complaints against you. Now rub it off. This is the fourth one the boy has to rub it off.

Now fifth one again the boy in the bridegroom is to be in front and the bride has to follow him. Now the bride tells to the bridegroom, I remember Sri Adi Shakti Mataji in my heart and tell you that I shall bring the divine sweetness in your life. I shall cook delicious food that can be enjoyed by you. We should eat only the food cooked by Sahaja Yogis. Please do not force me to meet or be in the company of those who are not good Sahaja Yogis. We should never use between ourselves, abysheew or bad language and should never shout at each other. You should quietly listen to me and I shall also quietly listen to you.

Now the sixth round. I remember Sri Adi Shakti Mataji in my heart and tell you that we both should regularly meditate and teach our children and also our friends how to meditate. Our life should be that of penance but we should not complain or unnecessarily tell others about it and should be happy in all circumstances. Your eyes should be pure and free from lust for women and without greed for anything.

Now the seventh round. I remember Sri Adi Shakti Mataji in my heart and tell you that we should truly understand that Her Holiness Sri Mataji Nirmala Devi has conferred her great blessings on us and so we should completely surrender and dedicate our hearts to her. This dedication should be through complete integration of body, mind and intellect. We should be aware how tremendous and unprecedented work is with the self-realization and rest anything in our life is unimportant and of no consequence. It is my condition that we should day and night unceasingly enjoy Her ever flowing grace, devote and dedicate ourselves to Her, regularly offer the puja to Her photo with all the protocols and be extremely humble in Her presence. Please correct me if you find me failing in this. Now both of you have to say together this.

Now bride and bridegroom should say together, I shall open the path of moksha which I have got with the blessings and the grace of Her Holiness Sri Mataji also to others and shall achieve in the company of such great and realized persons the well-being of whole universe. This is in Sanskrit you have to say.

Now the last you please be seated. Now this is the completion of havana. You have to put, the bridegroom has to put the ghee on the fire and the bride has to touch the hand of the bridegroom with the right hand. There are three mantras that will be said and it is to be put three times. I hope you have understood it. All right. Now with the first mantra Om Aganaye Swaha. Put on, not the second time. Third time. Three times, that's all. That's enough. Om Tat Sat. Put it again. Yes, three times Om Tat Sat. Now the last one. Om Purnamada Purnamidam Purnat Purnamolachat Purnasya Purnamada Purnameva Vasishchate. This is four times. Now the last. Om Shanti Om Shanti Om Shanti.

Hello. The copper vessels which have been given to you for haven are yours. They belong to you. Now you can take them with you. All the copper vessels and also the Ganesha should be taken by the bride and bridegroom to their places. Moreover the presents will be given to you. Be seated. Lightly. These Southwestern leaders come along. Hello. Please come. All the Western leaders immediately. Come along. One each. Please give one each. One each to one couple. And both the bride and bridegroom should take it. Step to climb up. All of you go away from the bride and the bridegroom just now for one minute. I'm everything gets fixed. All the women are there. Those who haven't got the present please inform this side. If there is a surplus present please bring this side. Hello. If there is a surplus present bring it here. Anybody who has surplus present come here. Will all the other people relations keep away for five minutes? Hello please be seated. Right down each side. Please. Sandeep. What is it with me? Hey. You all have to drink together.

The mechanical thing. Meant to say what I enjoy. You have to say the couplet. She said the couplet. Are they not coming here? So what you have to do is to make one morsel. First the bridegroom. All right. Who is ready with the couplet? Why not I know? You are ready? Great. I must say. Come along. No, you sit there only. Right way. It will take some more time like that. But if you

do it fast, one after another, then you can have your food faster. You have to make a couplet before you make a man of your own food. So make a little bit of a cut. And then when you are ready, you have to use the microphone. So we have one ready here. OK. Roger. By the grace of Shri Mataji I have become a Sahaja Yogi with Shravani. I have become the Grosti Deva. Italian if you like. Good. Thank you Shravanicha for this big present and for this joy that you put your heart and every right. Thank you.

My name is Edgar and the name of my bride is Santosh. I don't know Marathi and Hindi yet but I will try something in English. Santosh, if this garland I offer my life to adorn your beauty and to tell the truth and to please Shri Mataji, Santosh Ji, I say that I love you very much. Yeshe Mataji, thank you for this present. My wife is a bride and now you have taken names. Take a morsel and put it in the mouth of the lady. Then the girl has to do it, come along. The poetry is, you can take care of my vishuddhi because you can provide me the ghee and the horn like a bee. Come along, start it. Just give her. The girls can give a big one. She is frightened. She will come in. Thank you.

We are Russell and Shamila. Shamila Yogini from Roma, she make me feel at home. By cooking me lots of pasta, she make me ascend much faster. Can you say very quick I must say. Who else coming forward? What about Shamila? My name is Shamila. Thank you, Shri Mataji, for filling my heart of joy. What about your husband's name? His name? Oh, thank you. What is your name? My name is Narasimha. You can start now. The bride must first take a very big morsel, this size and stuff it into the bridegroom's mouth so he stops talking thereafter. And the bridegroom may try to reciprocate, but I don't know whether he'll succeed. First the bride will pick up a big laddu or something and stuff it into the mouth of the bridegroom. Go on.

Namaste Shri Mataji. My wife's name is Aarti. And by Your grace, may our world life be a permanent Aarti to Your glory. Shri Mataji, You have given me Subhash and I'll give my life to You. Shri Mataji, my wife's name is Manju. If it doesn't rhyme, it will be all. Shri Mataji, three bottles and one glass. Jhumpa is first class. Jai Shri Mataji. My name is Sunita. I meet a wonderful girl called Sunita. No one else could be sweeter. Jai Shri Mataji. Now, the gifts of this local girl who has been born in Gnanpant Chai are granted me Shri Mataji. We have to have a program offered by this village. There is a special one done when the marriage is over. What does Naman means? Jai Shri Mataji. My name is Christian and the name of my wife is Kiran. The poetry is like this. Now she has given me a daily sunrise. Mr. Bhakas Patil is here. I'm not married. Hashanah will give you the first one.

Can you dance like them? With such light feet? She is Ganesha's Kripa. I was really enamored the way they were doing this dance because they have no way of learning this art or anything but the rhythm with which they were working out. It's not possible. I wish those who want to dance in Sahaja Yoga should learn some steps from them. Would be a better idea. So rhythmic. And also the drama you couldn't understand I have also understood little bit. But what it showed was the complete faith in God, complete faith in Shri Ganesha, complete faith in Shri Krishna. And with another style of music we call it as Gavana means the gopis who used to worship Shri Krishna and how they would dance and how they would get dissolved or should say get completely engrossed in Islam. In their own way, I mean in a village way, there's a poetry is there, there's music, they are dancing. I mean there is no way of penetrating these far off places where one could see such thing but what I said look at them how they are absolutely innocent people. And their rhythm of their feet, all of them is very much matching with the sea, you know the sea goes on like that. That's how they were rhythmically moving. And I was surprised behind them all the village people who are in shirt, pants, anything whatever is there also singing with them. Such a unique and such an understanding.

I wish I could sit more but I have some work to be done. That's why I have to leave but I hope you will enjoy this and now see how they are. Try if you can lift your legs that fast. We have only Hamid but Hamid also can't do this. So beautiful. So this is something one has to see in a sense how people can work it out. I know you must be expecting some sort of another music but there is lot in this and the way the rhythm is played and the way it is sung and the way these boys, they are after all boys but the way they are doing their footsteps are really remarkable. So now I leave it to you with all this entertainment and I hope your marriages will be very successful and lots of saints want to be born to you and will have really a great family system of a new generation. I bless you all with my heart. And I wish you to have complete faith in yourself and by no means you should fall from your state. Maybe the husband may not be of the same level, maybe the wife may not be. Try to bring all of them to the same condition and enjoy your Sahaj married life. May God bless you.

Just a few words Shri Mataji to thank you again and again for this beautiful time we had here in Ganapati Puli once again. Some

of us will be going, maybe they may not be able to assist to your puja in Kalwe. So thank you again and again Shri Mataji for all your love and the care you have taken for us and your presence here is the most beautiful presence we could have. Thank you Shri Mataji. Please let us repeat just all together that Shri Mataji we all the Sahaja Yogis of the world, we will have a long life once again. We all the Sahaja Yogis of the world desire you good health and a long life. Thank you Shri Mataji.

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Asere! Please be seated. It was really such a unique day and such a performance. Words really are not sufficient to describe our joy but as you were singing today about Anand Vihari I saw all of you becoming Anand Viharis, absolutely. Now we have before us such a great artist. His name is, you know, Ustad Amzad Ali Khansad. But have you seen the word Ali there? Perhaps you do not know that we worship Ali and Fatimabi in a puja. There's a regular puja for them because to us they are Brahma Deva itself and that's why you'll find among these Shia people who have got such a talent of expression. In the Koran I'm sorry to say that Mohammed Sahib was tortured so much and also later on as you know Hassan and Hussein were killed in Karbala. They had no time to talk about the universal nature but such a great book is this Koran. We have written now some sort of a commentary on that and it's obvious that he was the incarnation of the Primordial Master. Though he was so humble, he was so much worried that he should not be called as Divine because people will again start doing all kinds of ritualism. But now you can see, specially in on Tabla, left side of a Musalman is always very strong, Mani U Thathiri. This is the blessing of that great incarnation of Ali. Brahma Deva incarnate only twice. One was Ali who was not understood even by the followers Mohammed Sahib. It's always so. But we know who he is and we worship him. And by taking his name we have cured many diabetic patients. But before that we have to be connected with that Divine power. Now I see two great saints sitting next to Amzad Ali Sahib. They are really saints. Born realized you can see that. Otherwise at this young age they cannot be so deft. They cannot be. Such understanding, rapport and deftness from last life might be, they might have been with Tanse or someone, I don't know, but really they are prodigies. And such prodigies are now born to great artists is also the blessing of the Divine I think. You choose your parents no doubt. But they should be born to such great artists. Itself he shows their own choice. And they are saints. I am happy they have come to Maharashtra because you know Marashtrians are absolutely drowned into music. We had saints and saints and musicians saints, all kinds of things. But we had no saints yet who were playing sarod. So such beautiful things you see nowadays happening in this world that these great people are taking birth in the families of great artists because they know the value of this art, of this great classical music art. You also now realize, I know because now you are realized souls and you understand it and you don't like cheap type music. But see their dignity, their style and everything. Of course I always felt Amzad Ali was like my son, always. He is Khansab, he is a big man I know. But I always felt that kind of a feeling for him because he has that humility. With all that art, with all that creativity he is so humble. He is not at all conscious of his own achievements, at all. I give really a great credit to him and to his two children also. You know how difficult it is for Me to be your mother and your guru. It is very difficult situation. In the same way a father being your guru is very difficult, specially for such a music which requires complete tapashcharya, complete dedication and complete respect of your guru. When he is your father it's very difficult. I don't know how things are being managed by these children and how they have imbibed these things and such respect for their father. Because they see what art he has. I feel a great vision is before Me of this great music. And through music you have seen the chaitanya, the vibrations are carried everywhere. So how far can you think of the dimensions in which all this beautiful divine music will spread? I invite also Ustad Amzad Ali Khaza to My house in Kabela. I am not such a rich person. I won't be able to really give you, support you the way I would like to support all the artists, by all the audience I always say that I have got the blessings of the Saraswati but you must look after their Lakshmi side. But I am not so well off I should say. Whatever is possible I would try to look after, specially you. With what meditative mood he was singing, just think, and he put you into meditation. Of course Yaman Raga is a very simple beautiful raga. The way he played and his children, I must say this is, I have never heard such Yaman Raga before, never heard, I must confess. I must, I am an oldest woman here, I have heard all kinds of people all My life. But never such good Yaman Raga I have heard, with such a, you see, Trigoon, because it was not Jugal Bandhi but three persons, Trigoon, Aat Pika was playing. With such poise, such dignity, such beauty. We all have enjoyed, I don't know how to thank Amzad Ali Sahib for coming himself and bringing his children to give us this joy. Also the Raghdhar Bary Kannada, which you all appreciate very much and enjoy, but I think you really got lost with him completely. It was very meditative, very, very meditative and I think all your thoughts had stopped completely. You had reached the state of Nirvichara. I also was in another

world of music. Then the Kamach and the Bhajan, which was the favorite song of Mahatma Gandhi. Unfortunately Mahatma Gandhi never knew how to play any sarod, nor he knew how to sing. You know I have been with him as a child for years together, but such an interesting person he was that he could immediately make out if somebody was making any mistakes in the thala or in the sahara, surprisingly. He never knew Indian music but he had that spirit within him. Unfortunately he used to say, this is wrong and he respected music very much. Very much he respected music and in his music he, you know that very well that his bhajanavali was selected by Me quite a lot and specially the first prayers of his. He used to ask Me. Though he was a realized soul he used people who were of very mundane type, very ordinary materialistic people for the freedom of this country. I don't know, he was like some sort of a Paris putter as they say who just touches something becomes gold. He was that kind of a leader who gave us such a great idea of sarva dharma, samaan atua. But more than that is in sahaja yoga. We do not feel that all dharmas are equal but we worship all of them. All of them because they were all great people born on the tree of life, has beautiful flowers. Now you pluck them and the dead flowers you fight but they worked only for divinity and spirituality and nothing else. How could they work for anything else? But we have as human beings always try to make a mess of everything. But sahaja yoga, all the sahaja yogis worship them and this is the difference. Just feeling the same way about say Hindu Muslims and all that is different from to worship Mohammed Sahib as well as Shri Rama, partially Krishna. It's much deeper because we know they are all one. They said the same thing. They never wanted to create problems like this and in the music you find, you forget all your differences, your so-called brands, your countries, nations. Now you won't believe there are fifty-five nations sitting before you. Fifty-five nations. We have Muslims from Iran, from Algeria, from Tunisia, also there are so many of them who are now absolutely achieved the state of Sufi. We respect and worship all the great saints. In India also we had a very big movement I should say of the great saints as the Amudin Khasa. You know that the Amudin was another realized soul, Chishti where they sing in the kawalis. Never how could Mohammed Sahib say that you should not have music. How is it possible? How can it be? It's absolutely wrong, impossible. There's not much of a difference between Vaishnavajana and the Sufis, they are just the same. How could he say such a thing? And how could Christ say that you can have wine? All this is some sort of a manipulation item. Is impossible. Music is divine. Of course, cheap type music could be prohibited. But without music how are you going to worship God? How are you going to feel Him? Only at the time of meditation you can be silent. But this music that you have heard today has shown you how we were all tied in one sutra, into one beautiful feeling of oneness. So many countries are here, they have never learnt any classical music. They don't know any ragas, they don't know any talas, nothing. But the way they appreciate, you'll be surprised, is only because now they have become the Spirit. You want to say something now? Shri Mataji, it's very difficult to use words after music and it's very difficult to use words after you have spoken. We had many performances of great musicians but as soon as these great artists came in, we felt that we would be in your durba at home with someone who would play with the strings of our heart and that's what happened. We were, I don't know where Shri Mataji, certainly in joy, we were feeling the closeness. We were proud of him as if we were his children or his family. This is strange to have such a feeling for someone one has never met. We all so very much enjoyed the joyful and buoyant performance of the tala player who was sending notes of merriness and joy. And we were very impressed by the children of the great artists. Shri Mataji, on behalf of all the sahaja yogis of all the world, I would like also to thank Rajesh Shah who has provided us the opportunity to see you so pleased, Shri Mataji, because this is what we have enjoyed. In so many words, thank you very much for an exceptional evening. Thank you. There's something small from you all to them. I would like to say two words. On behalf of Mataji, when Pragya Srivastava rang us up, she wrote a formal letter and since I deal with Khan Sahab's correspondence, I just said in a normal way, I started writing since Mataji said about Lakshmi and Saraswati, I have to mention this to you. I wrote the Lakshmi part of it. And she wrote saying, Mataji is going to be here and this is your santra. I said, you asked me, that's why I wrote. I didn't say you have to do anything for us. We just need your blessings. And I humbly requested to Pragya Ji and told her, I'll be very happy, we both will be really honoured and blessed if Mataji bless the children. So this is the first time we plan to bring mainly because of you, Mataji, the children. And 14 years ago, when I was with Khan Sahab, marrying a handsome man and marrying an artist who is loved by all was a very difficult job for me to face the world. And I did not know, marrying a musician is where I ended. And I was very disturbed when I went to Mataji and I literally started crying. She took me to a room. I sat with her. She blessed me. Ever since then, I don't think I have ever looked back with her blessings. And she has cool dances there. Art and culture, I think without the love of people, the listeners and of course the blessings of people like Mataji and God, it cannot be music. So I think with all your blessings and all your blessings, Mataji, may it flourish more and more. May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! May God bless you! This is what happened when Christ vibrated the water. It became, tasted like the grape juice. But they said it was wine. This is the word used in Hebrew, wine, for a grape juice. How can you make wine in one minute, instantaneously? It has to ferment, it has to rot, it has to become absolutely rotten. Otherwise it's

not wine. So this is such a misunderstanding. That's why Mohammed Sahib had to say again and again. You must explain to them. So now he is in our family.

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63344 Talk 1

On behalf of all the Sahaja Yogis of the world, now there are fifty-five nations sitting here. On their behalf I would like to thank specially Rajesh Shah and Sukit. The Bhukun company has been always very kind and hospitable to us and we always look forward to this program. Sahaja Yogis are saying this is the best finale of the whole tour that they have and they really carry such beautiful memories of this place. I am very happy to see that so much of art is being looked after in this company because normally in a steel company to expect such art development is beyond the concept of any entrepreneur but thanks to Rajesh Shah and Sukit and all the managers and all those people they feel that their children should get into art which is a balance for all the mental activity they have to do otherwise. But the way Bhukun has shown her talent I am really amazed, I mean it's very high class, very high standard and I wish one day we could be able to call her and her troop to Bela and then we can organize their program abroad. They are leading. You see to learn Bharatanatyam in Bombay is not an easy thing because you have to have accompaniments all the time and you have to pay very heavily for a guru to come and do all the background music and everything otherwise they use just tape record and it's not so good. But here you have the guru as well as the students and I hope you get more students to learn this classical dancing of Bharatanatyam. In our school we have started teaching them Kuchipudi and the children from abroad are doing very well. Our country is full of art and you know there are so many styles of dancing. Not only that but specially this Tylana has been taken by Shivaji's brother and he started this also Bharatanatyam quite a lot. He started there near Nagapattinam to begin with. There's a big library he has made out of it. It's very surprising how Tylana has come from the word Tarana and on Tarana they play these intricate patterns of footwork. There is such a near relationship I should say with Maharashtra and with this specially in the temples they mostly in the south they use Tylana as one of the mantras for the deity to be awakened and it has given such a high place there. I myself have been to Nagapattinam and I have seen all these things and the Meenakshi temple specially this dance is performed with such devotion. It's a worship. Then I have been also to Punjab. I have studied there as you know and I also enjoyed the homely type of dancing and music as they sing because we had friends who were doctors there and who were also married when we went to their marriages. We saw all these things happening. It's very small, small things of the family life being discussed very sweetly. On a very loving manner the whole thing is describing the village family life. Once you have seen that you really are reminded of those days when we were students we used to go and listen to these songs and enjoy them very much. It's very rhythmic. So the whole country vibrates rhythm and everywhere you go it's a different style. Depends on the different cultures that they have and in the way they want to express themselves. It is a remarkable thing that in Bombay so many types of art are prospering. This Bombay which is actually placed by Mumbai, Mumbai Devi is really something to do with the art because I find all kinds of artists from all over the world come here but specially in India. So many artists who are performing all kinds of dance come here. As I said it is because of cinema but it's not so. So many schools have started and I'm sure one day this art will give some balance to this Bombay which is so industrialized and people are so busy running a ratress. This is very good for your children, for you and all of you to admire all these beautiful manifestations of Saraswati. With Lakshmi if you do not combine Saraswati you will never have balance and that's why I'm very happy that Mukul company has started this kind of a venture and all other companies will start this kind of venture. One more thing if they can start would be a good idea to form a group of people who could go in the surrounding places and find out what's the problem with them would be a good idea so some reward is established with the neighboring people who are here, what are their problems you see. And once you start establishing relationships with them it will be very helpful to your company and these people whom you are helping in your own sweet ways. Only thing is you have to just find out, make a survey, find out what's the problem is like. There are people who would like to do charitable but the problem is that when you want to do charity you don't find any institutions where you could really donate some money. For example we wanted to donate some money to some charitable institution but none of them proved to be all right and I was so shocked that in India you cannot do any charity to any place because you don't know what sort of these charitable institutions are. So if such a charitable institution is formed with the help of other companies also and keep a good honest working out administration I'm sure there will be many who would like to donate and help these people who are here and you can also do a lot for them and this will be a very unique thing that you will do because I don't think any company has tried that. Of course I know of companies who have taken a village

as a kind of a thing that they look after it but nothing has been done. I've been to those villages, nothing has been done it's just they said this company has taken over, that company has taken over. So this will be a very great help to all of you because also you'll have satisfaction that you are part and parcel of this country and of the whole world. So on behalf of all the people who are here and also on behalf of all the Sahaja Yogis who are here I would like to thank the administration of Bococon. They have been so kind, they looked after them so well, so well organized. We are really organized in the most disorganized way Sahaja Yogis are. But they don't mind because they are saints. I mean we are now going to new places, we don't know how it's going to work out but they don't mind, they can sleep anywhere, they can eat anything. But the way you organized everything is remarkable and I wish you could teach something to Sahaja Yogis who are organizing these disorganized tours. Such a pressure on them, I think it's too much of pressure on them but they don't mind also and they have done it with such joy and with such enthusiasm that it's really I don't know what to say and this is out of the blue, nobody can believe any company looking after these Sahaja Yogis in such a manner. Of course Sahaja Yoga is spreading very fast, it's spreading through many countries and all that and with the name of all these Sahaja Yogis also the name of Bococon is spreading. It's something surprising that how Sahaja Yogis have fallen in love with your company and how they admire the way you have looked after them. If there has been any short comings on behalf of Sahaja Yogis, please forgive them. Also I didn't know today the program was starting earlier so I was resting and thinking that now they'll call me but it was just communication gap but nobody minded it, I'm so very happy. Thank you. Rajesh says that if they could sing some Indian song, they could sing some Indian song. If it is so, you give your approval first of all by clapping. We are not so equipped just now because half of them have disappeared I think because of their planes and things but whatever we have here I hope they'll be able to render some good music for you.

63344 Talk 2

So now we are at the end of our tune and you all already believing. I don't know, I'm not supposed to thank you. But I must say this time the way you took up the responsibility shows that now you can take up responsibility and need not travel all the way everywhere and you can manage it. It's a very good thing. And also for people who are on the East side, their reaction is to fix me up. If I feel all right I'll definitely come but I would like to tell you I have not been able to get the visas for your country, except for Japan. So that should be done. Somehow those visas must be managed and maybe I might be able to do this trip of the Eastern people this time and also of Japan. Now the good news is today is that the wisest man of Sahaja Yoga is Stephen.

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Please come. Sit down. Please be seated. Yes. Little things. So you are a community of seekers. Good God. Shri Mataji, I think Maggie should translate for you because most of them are speaking German. Maggie, are you there? Where is she? Are you there? Yeah, I speak German. Here we go. No, yes. It's all love for me, that's all I can say. But the first thing you must have is your realization. That is very important. Now this child is a born realized. And you can feel the vibrations of the child. He's a born realized. And how will you know he's born realized or not? So once you get your realization, then you can say that who's realized, who are everything because you become the Absolute One. Now this, you've been doing some pranayama in sex. Pranayama. Pranayama moksha. Pranayama moksha. Pranayama is so important. It's very important. It's very important. Prana is so important. And prana. You do get your realization but it has to be pranava. Prana when it gets enlightened then it becomes prana. Prana when it gets enlightened. Prana is the right set power, is prana. Is created by our five elements within us. But it is the right side of me. It is the vital side for our physical and mental being. And the channel that works it out is Pingala Nadi. That is only one side. If you go too much on right side then you neglect your left side which is the side we call as Iranite. So Iranite is the emotional side. As they call it manasa. So in pranayama also they talk that you have to resolve. You have to resolve. You have to resolve. They talk that you have to resolve. Prana into manasa. But the problem is before realization it is not advisable to follow any one of these patterns. Because first you should know what is our prakrti, what is our nature. Every individual has a different nature. Say for example people in the west are right side. Means they are overactive, they are futuristic, they plan a lot, they are physically and mentally equipped. So the right side which is the Surya Nadi was practiced in India long time back as you must be knowing through the Vedas also they talk about it. Now the thing is in the west if you are the right sided person then to give yourself a balance you have to be a left sided. You have to practice left sided things. And if you

are left sided then you must practice right sided. So the balance is established. So in olden days you see when we were trying to seek the truth, the saints, the saints were the saints. The sages. They found that the people are mostly, mostly are left sided conditioned. So they started the system of exalting the right side. So in the Vedas you find the five elements are very important and Prajapati means the Brahma Devada creator. Of these five elements or Hiranyagar they call him when he is who got realization? But Janaka really took his lots of tests. He said, you won't give him realization. It is all described how he took his tests and then he gave him realization. We are in the test and we are standing in the center of the room. Now among you there may be some people who are right sided and maybe some people who are left sided. And you do not only belong to this life. You have had many lives of seeking. So firstly we have to see a balance to be given and then we have to see we have to see how your chakras work out, come into balance and then you get your realization. Thus you see you will come into a complete balance and then the Kundalini will rise. But it takes hardly any time to make your Kundalini rise. So tell them, I'll give you some. Now, when the Kundalini rises she establishes a balance, without the balance, like left and right in your spinal cord can cut out the centers. Like this, might go to the right or to the left. It cuts out the center, left and the right. Like that they make. Now when the Kundalini rises she establishes the balance, otherwise she can't rise. But afterwards you have to establish it yourself, cooperating with it. Then once you have got realization then we should see if you have to do pranayama or you have to do some vyayama or what, yamanyama. That has to be seen after you have got realization. See, how they enjoy Me. See, how sweet you are now. They are very sweet. There are so many children, born everywhere who are realized souls. Now for example this child is more on the right side. This is the children's position here, on the right side. And the people who are on the right side become overactive. And the people who are on the right side become overactive. Not only that, but they develop all the problems on the right side. I don't know if they have any problems on the right side. So you see, you have to first of all, like a car has to move. The car has to move. You see whether it requires the breath or the acceleration. Moreover, when the car goes to a different gate then it will know what is to be done, how to open the gate. But before the car has started moving, how can we decide it beforehand? This is common sense. This is healthful one. That is why anything that you do, you must do it first of all, with attainment of the absolute point. So that relatively you have discretion what is to be done. So that all your activities get related to the Spirit. Now Realization has been very difficult, I know that. And there has been books and books about it. But time has to come where the seekers have decided. Realization is their right to help. That time has come. And this time the Spirit. So according to time, as they call in Sanskrit, Samyacha, they practiced various types. How the human beings were, depending on the krakruti, the nature of human beings. And the modern Sahaja Yoga is nothing but a simple method which I felt that first give them the Realization. See now, this lamp is dirty, so we go on cleaning it, cleaning it through pranayama, other things, cleaning it. Another thing could be, you first put the light on. And then clean it. You can see it better. And you can do it easily. I won't have to tell you, don't do this, don't do that. You yourself will know. Like human nature is very funny otherwise. Now, they are carrying a snake in their hand and you see the snake and you say, throw away the snake. They will not throw. As long as they don't see the snake themselves, they will never throw it. They will argue with you. Till the snake bites them, they will be carrying it. And what's the use of throwing the snake when it has bitten? Because they are ignorance and darkness. So now put on the light and tell them, see what you have got in your hand. So automatically they will throw it away. They will not stick on to it anymore. That is why in this our Sahaja Yoga we first give realization. Then on vibrations you judge yourself. You better be your own guru. So there is no blame on me. This is the method which we call as Sahaja Yoga. Sahaja has too many. Sahaja means spontaneous because it's a living process. Kundalini awakening is a living process of a living force. And also it means, Sahaj means easy. Somebody asked a great saint in the 16th century called Ram Dasa, how much time it takes. He said, that is the moment. But he put a condition that the disciple and the guru should be equipped. The one who does that should be equipped as well as the disciple. But here disciple no conditioning. The disciple and the master both should be equipped. That was the condition he put. Then it was all touched. That's it. But here in Sahaja Yoga in Sahaja Yoga there is nothing like such a condition. As long as you desire to be realized you'll get it. When you see no function, you start to make a difference with Kriyayoga. Then you see self-Kriyayoga. I think, yeah, if you take him out, he'll be all right. It's very such a condition for the children, poor things, you know. Who's the matter? Are you all right now? I'm a bit tired. I think so. If you take him out for a while, he'll be all right. Just remove the oxygen. So now, with this you ask Me no questions. Yes, I'm afraid we didn't explain ourselves very well. The breathing we practice is not pranayama. It is, as a matter of fact, I don't think it is the Indian system at all. It is concerned more or less. There's a certain amount of mindfulness to start the breathing in the circle. And after that the circle takes over it spontaneously, moves to the left, to the right, up and down. So actually we're neither concerned about upward, upward or about the circle. And then the circle does whatever it has. And I think the way thing happens spontaneously. It cannot take. It cannot. But... Continuously it cannot take. The reason I tell you why, because the person, which is, it has brought a little also bad luck to us, because this is a compulsion in any yoga, in any union,

that a person who is a realized soul only can be awakened. And that he should be quite, quite an expert to do the job. Otherwise awakening cannot be replaced. You may be cleansed out, but awakening can only take place in a person who is enlightened and of a very perfect condition. Now this has brought us bad luck also, because everybody you see is talking big, this thing, that thing, you know from India, you know how many thugs have come here. But also it's a fact, because one large, which is enlightened, can only enlighten another light. But that doesn't mean you are obliged, that doesn't mean you are in any way dominated, nothing in the country. But he's a catalyst. And that is a guru, which enlightens one life for another. But in Sahaja Yoga we have no guru also. Because the enlightenment takes place, you become your own guru. There is nothing like a single guru, but once you have reached a certain state, what we call as Nirvikalpa Savadhi, where it is doubtless awareness, is a state, is the state of your awareness, of your consciousness. When you reach that state, then you yourself can give realization to others, you yourself can do everything, you can cure people, you know everything about it. You're very knowledgeable people, that's it, because the knowledge is all within. But the door has to be opened. And it is such a system in which the enlightened soul can be opened. Sub-guru is the one who is an enlightened soul can open. Why Radha Janaka had to do for Nachiketa? Nachiketa could not do it himself. But that doesn't mean a guru takes money from everyone, he dominates everyone, tortures, it's not, that's the middle line, not at all. A guru is a compassionate personality. But here I'm not a guru, I'm your Mother. And Mother, you know, is always a guru, but she is a compassionate. Not only that, but what is the desire of her Mother, is always that her children should get all her powers and they should shine, more than us. That's what she wants. What does she want? Yes. She will do it. She will give you the transition, the mention, the guru, that you are not in the right place. It is very important that when a person wants to be a guru, that he can make himself a guru. A guru is a person. And that is the other part. And she has to say, in Sahaja Yoga she is always a guru, she has to say that she is always a mother. And a mother is always a guru for her children. It has a very big snag in it, no doubt, because as I told you yesterday, that about only a hundred years back it happened, that people started describing a funny method, a new method as Shaktipata. It is a very big problem. It is a very big problem, but as for the people who are suffering from this new method, they are called Shaktipata. It is nowhere mentioned in the whole of Mejna, anywhere, this word Shaktipata. This is the word that is used in the whole of Mejna. In the whole of Patanjali, it's not mentioned. Traditionally nobody knows about Mejna. Only about this word I came to know from people who were suffering from troubles from their gurus. And they told Me this word. I said, where is this word? So this is some new style of thing people have started, which is actually a tantric stuff, is a stuff by which you get possessed, is a misfortunes. The gentleman who wrote a book for, his name was Vishnu Theodh, who was I think must have died about sixty, seventy years back. And this fellow was really absolutely on the wrong lines, because he's just started a new sort of a thing and a new thing appeals to the right-sided people. You see, whatever you're seeking is based on tradition. We have come from Amoeba to this stage. Like this electricity has developed through tradition of search on electricity. So it has no relevance whatsoever. It's a movement which just attracts the subconscious to play its part. Or the supraconscious, that is the right side, to play its part. We can say that certain people use the left side, some people use the right side. So that's a possession thing. And this, with this possession, you are physical, mental, emotional being is hurt. It is, if it is the left-sided, if it is the left side, if it is the left side, movement of that is. But if it is the right side, then a person himself doesn't suffer, but he aggresses others. He becomes very ambitious. He thinks turned off himself and he goes on destroying others. Like a marathon sail of cancer. So this is what it is that we must understand. That the whole thing has a science behind it, which has nothing to do with only Indian philosophy. All the great prophets and incarnations have talked about the Kundalini. Like Mohammed Zabna, who calls Kundalini as Asas. And he said that in the resurrection time, your hands will speak. That is exactly what happens in Sahaja Yoga, that your hands start speaking through your chakras. Lao Tze has talked about it. Confucius, Socrates, that you are to be born again, has been said very clearly by Christ. Now in the Bible what we hear about Holy Ghost is the one is the Kundalini. Now in Sahaja Yoga we can prove, we can prove actually the existence of our centers, the existence of all these incarnations in us. It can be proved to you. It is no movement with the darkness or arbitrary behavior. How we prove it now, I tell you, supposing I say that Christ is on the Agnya chakra. When the Kundalini rises, if She stops at Agnya, you have to take His name. Now if the Kundalini stops at a particular center, then you have to take the name of the deity on that particular center. This is the knowledge one has to have. That's all. Now supposing, now supposing this finger is burning. Now this represents the Nabhi chakra. If you see the back of the person, you will be surprised that at the Nabhi center the vertebrae will be out, out of place. The vertebrae will be out of place. The person who is suffering from liver, for example, if you see the back side of such a person, you will be amazed that the spinal cord will be uneven and will be jetting out. Now if you know how to give it a proper help, then you can improve that center and the Kundalini rise. So it is a process which proves all the incarnations, all the scriptures and all that so far has been said about our evolution. And about this is written in a book called The Bible, The Bible is the Bible. It is written in the Bible. And about this is written in a book called Nadi Granth by Prabhu Muni, who lived thousands of



years back, who was the pioneer of astrology. That such a thing will happen, that the Kundalini will rise, Sahaj, spontaneously and people will get their realization. It's a great description, it's a complete book. But that is what is happening. If you happen to read the book, if you can get it, I don't think it is translated in English, you will see that all that is said there is happening. So the Sahaj also means effortless. For example, there is a seed and you want to sprout. Now the Mother Earth has a capacity to sprout. And to sprout is the nature of the seed. Now when you put the seed in the Mother Earth, you don't do anything. It just sprouts like so. You are all equipped? So why do any efforts you have done, radha and last lives quite a lot? There's no need for it to go away. You are not seekers of today. You are seekers of ages. If you can eat this way, why go round and round? As simple as that. As a mother I say, I have done the cooking. You better eat, if you are hungry you will have. If you are not hungry, then you will ask Me how I cooked it, how I bought it and all that. Now this line is here. If you want to have it on, you just switch on there. And it's on because it is built in that way. But supposing you say, first describe to us how electricity has come and how then what is the history of electricity, it would be boring. It's already there, just have it. Why bother? I have done the job for you. Now you don't have to bother. I have done all pranayama, everything for you, finish. There is no need because you are all ready for it. It is so neat. Now let's have it. Let's see how many are you feeling, the fullness. Let's put the hands like this. This is the chaitanya, this is the pranava, not the prana. Pranava is the one when the prana is enlightened. Pranava is the one when the prana is enlightened. What I want to say is that the prana is the one who is enlightened. You don't feel it, you must have. It is you who has to judge yourself. Nobody has. Just see on top of your head. Shri Mataji, little higher, little higher. Slowly, it's very subtle. Look. Now put your right hand and we see with the left hand. Left hand. You just feel better with the left. Because right is heavy, I feel. Now ask a question in your heart. Is this pranava? Is it the Brahma Shakti? Is this the All Pervading Power of God? Is that the Alice de St. Is it that the Holy Ghost? Is that the Harlequin? You can keep your eyes open, it's all right. You are in thoughtless awareness. You are in in which are some of the already. Now done. See now, let's start. After realization you have to do practice. Not before. Now just practice. With understanding, with discrimination, with knowledge. Not happens. Not happens. Most of you have right side problem. Put left like this. Left is going to the sky, the right. Better? Little body. It's all right. Now don't be worried. You have to be pleasantly pleased about it. You are entering into the realm of the Divine. You should say one thing. The mantra, because the center is catching on Earth. But you see, there is another one. Everybody everywhere, Somewhat from where, But somewhere right in the center. You hear or hear the word? because this center is catching. Here it is. Mother, I'm not guilty. Put it in your heart of hearts. Not to feel guilty at all. You are a saint. Just forgive yourself. Catch him still. What do you say? Forgive everyone. Forgive, forgive, forgive. The science you need a man. Silence. Silence. You have to forgive, madam. Forgive everyone. Most forgive. From your heart. Just forgive them. I know because you are saints. Nobody can understand you. But you are not so badly off. Imagine the saints of the past. How much they suffer? The science you need a man. Forgive them. I know it was hard. So now I have to go to the program. Can you just see Her vibrations? Yes, it's all right. Little upset. You see, she's on top. Why is now rich? She has. She's on top. Left to the right. Just put her. Not the bounces at all. She doesn't have any She doesn't have any. Once more, tie it down. Now see. Are you feeling it now better? See, that's fine. That's fine. All right? So it's the science of the divine. Which you can master. All of you. Everyone can become a great master. So we have here, I don't know if you have books in now. This thing or something. And they have follow on program here. Yes, this is come. Why not? Today I'm going to talk about the Spirit. Better come. Come to the program now. Come to the program, Shri Mataji.

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It's a real, a real first of the actions. It's a real. But the talent is discovered earlier in age. He doesn't know that you have a talent. The amount of attention that you feel in the reading are still minutes. So you can pick up, but I don't know it. Now at this age, they have to start story early. But our children are thinking of giving the violence in the school there. And then you can appoint a very good violent teacher. So all these young children, they will come out. I'm thinking of giving them violence. That would be tremendous. I can give you very good teachers, young boys or young girls. They are all my own students, so they will give proper guidance to small children. Small or big? Boys and girls are grown up. They are in the university. They are taking training from me. But in Japan, they have tried very small children between 8 to 12 years of age. They played very well. In fact, I started at the age of 3. She started at the age of 3 and a half. So that was the age. I need not... She must have an attitude. But all these Sahaja Children, they will definitely have an attitude. That would be wonderful. You know yesterday, that little boy of Jeremy, he was never like Jeremy. He went and pushed his arms around my neck and said, Mataji, did you say that Ganesha's mother told you

never to say no and never to ask why? Did you say so? I said, I must have said, no. No, in the video I never heard. But my mother says so, but I never heard. Oh! So where does she hear this? Jeremy needs to be... He has the courage to come and ask you, huh? He needs to be directly to you. I said, but you should not ask your mother too many questions and also you should not say no to her. It's alright. It's not on the video. It's not on the video. Ah ha! He knew he was insisting. If I see on the video, that's the last thing. End of it. For me, I don't know how they have such tremendous respect, these children. One word from me, they say, will tell this to Mataji, they are finished. That's the greatest punishment. Realized souls, they are born with it. Even yesterday, they were all making noise. Somebody came and Mataji is speaking over the telephone. She is finding it's very difficult. All of you have to keep quiet. Everybody became quiet. All small souls in this world. Here they are very small. This is preschool. This is the first school. We don't manage them. There we have a regular from six years. Here we have below. Also the condition of the children in these western countries is very bad. Very bad. So they wanted to have some place in India where they could educate. Luckily we got this kind of shala. We are just working it out. And we are into Puchipuli dancing is there. She came all the way from Madras. Do you know of any guru in Madras whose name is Bujanda? Bujanda? Teaching what damn? Guru Bujanda. Nay, I have not come. In Austria somebody has sent me that letter. I don't know who is in the letter. Philip. I have brought it. Yes, Shri Mataji. I saw that. I never heard his name. I don't know who he is. I think it is some self made man. I have the feeling. Guru Bujanda. I have never heard. I know about one. Bujanda. Who was the one who sort of translated Guru Bali's book? On Nandigram. What is it? Nandigram. When they have predicted? Nandigram. Nandigram. So that's another one. But he is dead now. So I just don't understand who is this new one. They are sending us invitation. Pukul Purnima. I mean they have already their own. But whatever it is, I wanted to know because he is from Madras. What surprised me is that in the paper they say that the Holy Spirit is the Kundalini. And you are the only one who ever said that. So I really think they must have picked it from you. Because. There is one fellow, that Bangalore fellow. I don't know what he has written in his book. Who has written a book about Sahaja Yoga? Which is sold everywhere in another state. But I told him that without Realization he should write first so that it is a third person. Now he has got his Realization. His name is Radhesh. Something. I met him. You met him? So the same fellow must have mentioned this. So they must have taken it from there. Because he says that Holy Ghost, the Kundalini can be called as Radhesh. He also said that. So why do you think, you see they take words from these books and maybe that was written. This book we are rather exposed. Because it's selling everywhere. But the difference between a western mind and this thing I saw. Because Gopi Krishna's disciple came there once. And he wanted to know about Sahaja Yoga and all that. So Robert told me and when I come around Gopi Krishna. And another is Rosatka and Swami. You see it's all absurd to believe that the sex power can become Kundalini. I mean absurd. I mean it has to be dharmic. Isn't it? How can we earn a dharmic sky? But they believe it. They just want to believe in it. So I told him that I'm sorry I can't do it. Because this chakra he'll be wrong. But still he was insisting. Then he went away and he met this Radhesh. He told that if you want to have realization it's only Mother who can give you realization. And don't be in all nonsensical things otherwise she will not like it. Then he came next time. He got his realization. So this is what they want to sort of propagate. Which is absolutely wrong and also can give problems of any dimension. It's very wrong to bring people in the realm of God. It's wrong. But what is the problem of Buddhism? And there are two shakayas I would say. Two basic you can say problems. One is that one talks of Buddha's bhakti, this that and all that. And another one which is intellectual. The intellectual ones have gone into the head of the Western people. And if they are going to go this way already they are doomed. And they are going to be now finished if they go on like this. It has to be holy. Bhavitra is very important. If you don't have bhavitra how can you talk of Kundalini? I can't understand. So then he said but this one has written that one. I said see authenticity you should get from saints. What about Adi Shankaracharya? What about Markimaya? What about Nanaka? What about Ganeswara? They are the people who are real authority. Who are these? But after Buddha I think they all went helpless getter. They pulled them. They were not that real. But I don't know why the Westerner liked all these stupid ideas. He suits them I think or works on their weaknesses. So he's, I said what research I'm doing with Satyanand. Satyanand is the saints right? Then he woke up. He is a character of Karchamajaya Guru Granth. He is Satyanand fellow for Mughin. Horrible piece. And he said this is how Kundalini is going to be awakened. Rajamishtai. But Indians don't believe in it normally. But there are these Germans now using the way. Germans and Japanese. Now that's the last bit. For Rajanisht. But Shri Mataji what I feel is that both male and female or man and woman have constructive and destructive power. And I feel now that the destructive power of woman has been released. Because as long as a woman has chastity she is constructive. But if their chastity is broken in a woman she can completely finish man off. Because they have this power. And what I see of the society is that this destruction is now going on through the woman. This is what's happening. That's it. The women are much more active in it. Absolutely. In America especially the women are absolutely. They have lost all sense of justice. Not only in America anywhere I mean. I would say in Germany. Holland. Most of them have done it. But drugs are legally allowed. Legally allowed? Legally allowed. It's a hell. How I have my

questions you know. But they are something different. But otherwise it's hell. Drug allowed them offers. They have all out legally. And they have to be. World court is there. What a justice it is. They are going to be foreigners for you? Foreigners. I hope. John Eilers. From the window? Yes. For Samhita who will some music later? Then, backing shall be pleased. This says Territory is up against Skill?? F Let's say that theath seminar at the most. it little gap So now we have found a proper channel and also combined together all such people who were in that area, that they were having Nati Sandeet or Nati Sangeet Kesarthi Nata. Don't go subjang yam to mind it or we'll create an atmosphere for that. In the same way, we have to create a place for our children. Don't go subjang yam to mind it or we'll create an atmosphere for that. In the same way for classical music also. So we are going to do that in Marathi later on in Delhi area and all that. Sabna Awad's for one of these are these program. I said I'm very tired. I've heard her so many times but that I was very tired. So I said I won't be able to go. So she was telling me that what a difference it was. There were only 150 people somehow sitting and in between they would get up, walk out, smoke and ultimately only 25 were left. And she said they had no understanding. I don't know why they were there. They were not enjoying it like that. It's very surprising. And she said compared to what I saw in your programs, they are so rich, tremendous difference and that's how they feel encouraged also. If nobody understands you, they are just singing before stones. It's a question of creativity. In Delhi, there was a law and order situation. How did you feel? I felt very good. I was very happy. I remember once they had my program. So they said we put us, this is not today, this is about 3 years back. Amzad would like to play. So I said I put his name also in there. So more people might come. So when my program was over, everything was done, he said now Amzad are living, playing. Half of them got a cut, cut, cut, cut and went. They won't stay for a program. 50% absolutely left and 25% left. Only Sahaja Yogis were sitting. This gave the high meanings. The high meanings are superficial. Superficial it is said. But now you will all spread out because Haryana is there, then we went up to the era room, Lucknow maybe, Mahal Sir Logan. Lucknow is a place where we used to have so much music. It's also finished there. But now with Sahaja Yoga I'm sure this will spread there. Mother asked Me, Mother asked Me very, Mother asked Me, very... They don't aspire for ascent. Why any? Let should come in. After all, in My lecture of course there will be lots. But afterwards they don't follow Sahaja Yoga. You have to become. Sahaja Yoga is the becoming. that you are a Sahaja Yogi. This is coming. I tell you in India the people are very amazed when we went to these shops to buy all the classical tapes. All the ragas, series of all the ragas we were buying, we were buying so many Sahaja Yogi, all the classical tapes were finished now. And then the Indian used to come and buy all these rocks and pumps. See, in India it happened that our Sahaja Yogis had gone to buy some classical tapes. And then they were buying, the Gujarati's were buying all that kind of things. So the Indian said, what do you enjoy in this thing? You have so much in your own music. Why, what do you want to do? He said, this is nonsense. You know they had an argument. I said, once it was my childhood I had issues to feel that this music of our spirit must break out over and spreading out very fast. This is not a song which is written in the Indian language. This is a song which is written in the Indian language. This is not a song which is written in the Indian language. I saw the little girl who had come. Then I saw her. She was the first woman to come to India. She was the first woman to come to India. I was the first woman to come to India. She was the first woman to come to India. So when she came to India, she had to apply for some kind of competition or something. He came into the finals round. I am sure you will be able to do that. I am sure you will be able to do that. You have to do it. No. You have to do it. You are talented. You are a great singer. What is the difference between South India and India? You have to do it. You have to do it. You have to do it. So they are from South India. And the way she played the day Paffi Dada was just in penavas style. I was amazed because they say after all it's a very different style. But nothing is there. They say, Of course that South Indian music is also very very nice. No doubt about it. I enjoy both of them. But in the purity of it, really I am amazed. I said Chinti Babu also has played before me that he gave up his Sharab. He gave up completely. His Sharab he gave up. Even the Amzad Ali kapowat apne wahis a jamata that finished. He told on, I don't know, publicly he said that. That we had a wife. Remember Amzad Ali. Openly, who is the wife that I am. The mother will have good children and all that. She was also a dancer as well. When it comes to art, they don't care. When it comes to art, they compromise. I know him since long when he was nobody. I helped him a lot at that time. About the same time when I met him, he had come to me. So he remembered me and all that. He is like a Sufi now. So he told me that whenever you have a program, I must come and sing. So he came and he was there last day. In that program. But why pair went Shunab, I say before. Or Safka pair Shue. Or Piruske Bhandi, who Bajan Bighai. Who is Bajan? Ramas. One Ramas Bajan. Two, three songs he is. I have this guy. I have this guy. I have seen all these issues. Milk. Milk at your feet, all right. I have this guy, Nihapad Nishaat Khan. They are able to say. Allara kapiat kane. Oh, Safka pair Shue. They allow me pair Shue. So I was like, I don't want to be a bad person. They all touch my feet. Normally Muslims are not allowed to touch my feet. But when it comes to music, then they touch my feet and sing bajans. Bismillah karash nahi hai. Bismillah karash nahi hai. Bismillah karash nahi hai. Baju hai, mein uso sab. Baju hai. Bih kar nahi kumai, hai kapai sab karash banadi. Pure money. Tumane kar bhi nam to banadi hai. Tumane kar bhi nam to banadi hai.

Tumane kar bhi nam to banadi hai. Tumane kar bhi nam to banadi hai. Tumane kar bhi nam to banadi hai. He was going to come for this program. Tumane kar bhi nam to banadi hai. Don't put down. But his debut was still good. Kahane dili hanya hai lete? Nahi kamar guy, hi hai kik. Where was his program? In Paris. In Paris. In Paris. In Paris. Ahchau, he didn't come. He came all the way from. He was performing in Jigra. He came all the way to Paris. He came for my birthday in Kumbh Kaur. But he came to Paris from Switzerland. Samap le lek hai kar kar hai. Tuk tu baht. Ist hai mein kar ungaat ke hai. You see they told me the police that you don't have any program there. Lots of Muslims are staying. They might put a bomb on you. I said what sort of Muslims are staying? They said mein zaam udni nawli ya. I said that's our, they are our people. I said really? I said it's in 19, ah, I think it was, 48 or 49. I was the first to put a charter on that. Nobody was bothered with just lying like that. Now it has grown up so much. Ah, so I told these people that you go to his mother and put the charter. When they put the charter and all that, you see, they came in the program officially. But chief pleased I have every day chatur de kya hai. He said you must come at the time of Rosa to be, Rosa chur kana. So about 4 o'clock he called, please come. When I went there, they asked me to vibrate all their food and also to eat a little bit of that. And again he gave me a chatur and I mean no woman is allowed, you see, but she do things like this. It's too much you see. That's right. Your divine diplomacy. Ah. Your divine diplomacy. And then the whole thing was about the Muslims was over. They all came to our program and it was all. Then there is also dam dam sab sati mein. That is a fattishar or another saint, Shoo Shoo. He was a Sikh gentleman. So many Sikhs came from there. They got realization. So they said, you know, come landar ke landam. America to me and landar ka. Such friendship, such love. This is a middle-line, they run. Ninte jalan mein chakta. Maat mushki. Das sufi ho da hai. Toh hota kolle na tuke maar bhai ram ka part ka toh. Oh. Maat ke chief priest. And aapne ke bhi kuch kar na aamil kushche. Oh. Na aapne ke dhoothi. Aau dhiya. Aau dhiya dhoothi. And udkiya dhoothi faridhi. Faridhi. Faridh mein. Unke ghooth. They are all sufis. Very interesting it was this time. Lots of things happened which really was very good. Abhi chanda aa rahe hai. Haat mein chanda aa rahe hai. Aa rahe hai. Goin kyaal se lalit ki kamit hai. Now she's getting cool in her hand. Aa rahe hai. Aa rahe hai. Aa rahe hai. Aa rahe hai. Aa rahe hai. Aa rahe hai. Aa rahe hai. You can see from there. I can feel it. Abhi shukriya padi hai. Usse kala hai. Maa jaapte. Maa jaapte. Maa chakchi chaatte ho ki kuch barda. She wants to go deep into her shaalite. Aa rahe hai. Saare devi ke na mein hai hai hai. Aap suu chik. Yaar. Muqod ga. Abhi sab translate karein. Aa rahe hai. Aa rahe hai. osse ke Allah. Trua k celebrating. Ya chak sh interpreted ta boarot ang b assessed aar Yaar. strengthens Vaas ar sugar And at that moment, the two commands have beenevened together. I cannot hear you called up the guitar. Who are the connection between the two fathers of thewearn sabbath chak chay hai? seal. eligible. Wonderful concert yesterday. Thank you. You missed the morning course. Really?

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Sorry I had to little bit help him with his hand. So as you have heard these young artists, you could see in their innocence how creative they were and attention so concentrated. It's true, I am telling them, I know you have to sometimes get hurt and you get pain also doesn't matter because it's only Indian people who can really sing or play this music. I mean Indian artists you can call them, they may be from Bangladesh or from Pakistan, they are really basically Indians as far as the art is concerned. So you shouldn't mind if you are hurt or anything because you are the only people you can do this. It's difficult for Western people to take to this kind of music and to become masters, very difficult. So we have seen of course one or two people who have tried but it's very difficult. Like this Yawdi Mehanin, supposed to be a great artist and all that, I have seen him with Ravi Shankar. Poor Ravi Shankar was trying to play with him like a baby, you know. Absolutely, just couldn't play with him. It was just so, he didn't know how to play, he felt that way. So it's a great thing that these young people have taken to classical Indian music. Normally nowadays you are all enjoying this music while young people in India, in the city specially, like to have your pop music. So this art can be only kept alive by these young people who understand the value of this classical music. Unless and until they really adhere to it, I once felt that we are going to lose completely our heritage. But some or other it has worked out that I see now even younger generation is doing it. And also I have seen very young, very, very young, two years to ten years as I told you, children being born who know this music just spontaneously. So this great music must be saved. And there should be people who can play it, who can sing it, who can elaborate it. And of course there should be listeners like you. Because they are all saying that because you are so good at listening it that they felt absolutely at home and they enjoyed your company and such a audience they have never seen such a great, great, silent and good one which was understanding and was absorbing everything. So they are very much thankful to you for that. So it should not be any compulsion on you but gradually you will realize that it's a very

intricate, difficult and melodious Divine music and we should develop our ears to enjoy it. The only trouble in Kabela I find that nothing starts before ten o'clock. Whatever one may try. I was ready since eight o'clock. So they said now they have gone for their food. Then all right. I said, now is it all right, now is it all right. So there is no timing for it. You see somehow I have seen but you enjoy everything, it's all right. What does it matter if it is late or earlier? For tomorrow they are going to have a heaven. Maybe here they will try, I don't know where their idea is. They can do it here also, it's a good idea. And in the afternoon, in the evening time we'll have our pujas. That would be better I thought. I hope you are not hungry or you are enjoying your food and everything is all right. May God bless you all.

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When she went away everything went wrong, but now she has come back. She needs to be more serene about her emotional problems. This is the first time she has met me. I live in a physical environment. She is very happy to be here, to have met you. She would like to be helped physically. You have problems of the liver. Let me tell you what she is doing. Come and see them and they will tell you what she is doing. I am going to entrust you. I will go first. I will ask you to come and see. He is from UN. He just came back from Bosnia. He has to leave now. From Bosnia? How is it there? It's terrible. I have been traveling around. The situation is getting worse. You went to Bosnia and also to places where they are standing? Couple of places. There is like Mostar and few other situations. What are the situations where they are standing? You will give me some understanding. There are funny people I see. They have not known about human beings. Worst thing. I mean this kind of thing has never happened before. They don't listen to anyone. My attention is all the time there. You got this. Did you feel the cool breeze? I feel the cool breeze. My mother is two days away. I want to thank you for everything. He is from Morocco. What? He is very good. He is very happy to meet you. Now you come and see them. You have to take Sahaja Yoga to Morocco. She feels pain. She is from Argentina. She is from Argentina. She is feeling pain everywhere in her body. You come and see them. They will treat you for that. I will give you a better good night. I will give you a better good night. You are not a doctor? No, I am a doctor. I will give you a better good night. I feel a little bit better. No, I feel better. I feel better because we are going to have a good night. Yes, in Argentina. I feel a little bit better. But first of all you are alright. Are you feeling better now? A little bit better. I feel a cool breeze. Yes, I feel a little bit better. You feel alright. Come and see them. Let's go. She has been told that Christ is her master. She had some problem to feel that she is her own master. But Christ has said you are to be born again, didn't He? He is your master, no doubt. He is very much there in your head. This you will be guided by your own Spirit. And the Christ is the presiding deity. Christ guides your Spirit. Is it true that we are going to pass through a period of problems and then we have a new day? Yes, we are going to pass through a period of problems and then we have a new day. You are already there. Those who do not come to New York, they have to pass. She is already there. She would like to find the serenity of Spirit. That's within yourself. You will be there. Yes, I will be there. I will be there. She will like to find the serenity of Spirit. That's within yourself. You will yourself feel it. Did you feel the cool breeze? Then you will feel it within yourself. Nice. It's a nice word, serenity. She comes to the programs but she didn't feel the cool breeze today. Too much. How many fingers do you feel? Seven. How many fingers? I felt it. She felt it before the meditation but not during the meditation. She started thinking. And you did not forgive also? Better forgive everyone. I will give you the story. She is saying that she is very happy that she has since one year inside yoga. She already has an emotion. She is very not sure. Not sure. She feels. You have to forgive. If you forgive, then what can I do? You don't have a problem. No problem. No, because I can't forgive for you. I can't forgive for you. I can't forgive for you. I can't forgive for you. Because I can't forgive for you. He says he hasn't got problems of forgiveness. Yes. Now feel it. So you go on forgiving everyone. You can't forgive. So what is it? Is it a burden? Yes. It's so good. It's very good. Better give realization to others now. It's very good. Ask her to give realization to others. It's very good. It's very good. It's very good. Mother, I feel very good. Is he going to die? He died. His father died. His father is still recalling his death. Oh! Why do you want to torture his life? He is going to die. He is going to die. He is going to die. It's very good. Don't leave him alone. Tell him that you should take your birth again. I'm all right. Please tell him. I would like to ask people who already know that he has to let the child go through his first birth. Go on telling your father. Every time. So he will feel rested. Since very few days he is coming. He is not sure of feeling properly the vibrations. It's very old. He has been to some other guru world. Some other guru world. He has not been to a family. Maybe yes, but he actually sold only for little time. He is even a mile. He is a master of the ministry. Say it ten times. Ah! Are you feeling now? It's empty. Feeling or not? He is saying yes. This is your guru's problem a little bit. They are telling what is to be done. So? You felt the cool breeze? You felt the cool breeze? Now? He is

in a little bit. He is in a little bit. He is still can. He has the impression of feeling hot. He didn't know if it was right. But now? What else? What else is there? Feel! Ah! The feel. All right? He is in a little bit. He is in a little bit. All right. He is in a little bit. I will give it to you. She always feels hot. And the traditions. What is the meaning of the word? He had some guru or something? He had some guru. He had some nice. He was doing sport. Sport. Sport. Nothing. He is over-thinking, you know? What sport should he play? He is a little bit. Little bit. Let's give up. It's only. What is your protector now? What is his protector? You need control very nicely. On your heart and back like this. On your heart and back like this. This is the heart. Better not do that. It's better now. See? Don't do these things. We got this. I'm following the program but I won't do meditation. She comes to the program so she doesn't meditate. Yes, that's it. Why not? See, without meditation you'll not grow. You have to little bit start some putting on some music. And you'll feel better. And it's only a very short time in meditation. But without that you won't grow in spirituality, you won't enjoy life and you should. So just tell yourself that it is little time for My Self also. Right? Feel welcome. That's too good. All right. Only about ten minutes in the night if you can do it. She's very happy to be here with you, very very happy with your feelings. Since little time in Sahaja Yoga only one month. She's doing well. Very good. You're all right. You're all right. Thank you very much. You had a sound and you are more. Often we have a simple feeling that we don't remember. Thank you. Thank you for doing well in this world. We are very happy to be here. Thank you very much. You are very welcome. Thank you very much. Better forgive. Little bit. What do you do? I do a little bit. He's studying at the university. Engineering. As an engineer. Very nice. Listen liver problem. You come and see them all right? They'll tell you what is to be done. Yeah, little liver is there. All right? I'm happy you're here. Sometimes I feel the cold breeze. Other times as tonight I felt hot. Here it's hot. It's all right. Maybe you can see liver. I think I'll see you later. Thank you. You're all right. Thank you. You're very welcome. You are very welcome. You also come and see them. You do have a little liver problem. Thank you very much. I have a problem with the liver. Thank you very much. Thank you. Thank you. Thank you. You clean my hand. You clean my hand. You truly love me. You're getting close to my feet. You're all right. They're all right. All right? All right. We only wanted to thank you. One question. Yes, yes. Jesus Christ, is that on the cross or on some sort of a stick? He died on the cross but he was resurrected. After resurrection he went to India. And then he died there. He's got the problems in his eyes. What is the problem? He's a painter. He's an artist. That's why. All right. He's child. He's a painter. He's a painter. He's a painter. All right. You come and see them. I'll tell them what is to be done. He's happy to have met you. He didn't feel the cool breeze, actually. No, he didn't. He had been to some guru or somebody of course. Was it a welcome guru? No. Are you married? Not yet. You'll marry, isn't it? No, no, no. Once you say, I will marry, it's all right. She's been there for years. He's been there for years. I'd like to tell her there was a disselaide with all the people. He's walking the garden. Are you going to give him the confidence? I was going to ask that. Yeah, he'll like you in the door. We're all kinds of people. Everyone. No? Sure? Let's see. On his head, just sit. There is some kid, but not that one. Now forgive, forgive everyone. It's going on. It's a little bit more. I feel a bit chaste. It's a bit better. It's impossible. It's not yet. Did you smoke? No. I think it's more important to have a good marriage. I have a lot of friends who are very happy. You must see it by the fact that you mentioned marriage. It's a special thing. You see, marriage also is very important. It is very important. And to lead a good married life. It's important to have a positive marriage. All right? Now he's got it. All right? How are you? After a long time? Hi. How are you keeping? How about you? I feel depressed. This is Sonia, the new wife. She's a new fiancé. Her new wife. He wants your blessing. Give you the benedict. She's coming from Brazil. Really? In Brazil we have lots of Sahaja Yogis. Where do you live? In Rio? All right. So give them the I-Brasil. I think she has already. You have already that? Give My love to them. He's happy to meet you. Yes, he's got it. Very well. Now you have to give. It's like one light enlightens another. And that light has to enlighten others. So you must learn technique. Very simple. All right. Feel the cool breeze? Good. You see the Italian? Yes. He got me. Where are you? He's at Facebook. He didn't feel much. What does he do? Cosify. He worked for theatre. Theatre? The theatre. Better? Thank you. Thanks too much. See you. Don't think. Better now? Feeling it? Come to the ashram. All right, and master it. All right, so I'll remove all. One lady journalist here, one of the main newspapers. Is it Yogi or? It's a Yogi. This gentleman over there. He's all right. You felt the cool breeze? You felt the cool breeze? What has happened in his brain? What's your name? Minneh Joma. When will you get it? It's kind of a cancer. So you should come and see me. We need a gentleman. All right, please come. All right? It's all right. I'm sorry. Mr. Basim. She wanted to ask you three questions. Einstein was saying that the true value of a man can be measured on the fact that he can overcome his ego, the I-ness. What does it mean for Sahaja Yogi? It's wonderful. Thank you. What happens that after realization you have got problems in your ego or in your conditionings. You can make them out on your fingertips. How does this work? Einstein was a realist. He said that he can overcome ego and condition. What does it mean? How to overcome this? Now, you see, on your fingertips, if you feel on the right hand side here, this is the finger for the ego. This is the ego, this is the ego. And the ego is between the optic chiasma, you see. There is a center called agnya, optic chiasma inside the brain, agnya, which is a optic chiasma, you see, where these eyes, the nerves of the eyes cross each other. He's a doctor? May I say? Yes, that's what I'm

saying. You see, this, what happens that on that center is besides Christ. This center is called Christ. Christ is the center of the body. He is a ghost, a non-human being. He is a very beautiful, very beautiful, very beautiful. For a beer we Him, the That is a very beautiful, a very beautiful, a very beautiful. Yeah, yeah, it's true, true, correct, correct. She's asking how Sahaja Yoga can do that. Ah, I see. Now, you see, what we do without realization, you see, we do it through our ego only. Shri Mataji, shri Mataji, tuto go logenu efachamo prima del esperienzo della religione lo fachamo sotto tanto con nostro ego. Now, where do you get your realization? Then this pouch of ego is sucked in. Quando si rechevelo a religione, questo paulone del lego, viene comeri sukiato. All right. Now, then again it comes back. Le que su ciue? Oi, pero a cadaire e gi returna, que si, si rigonfia. Now, what we have to do at that time, we have to just say, I forgive everyone, I forgive everyone. Quando ci accorjamo di questo ego, prendo su preventivo, quero vido bemo dire e o perdono tupti. So that, you see, this is the mantra of Christ. Quisto e mantra del Christo. But after realization. Quisto, broccio fatto vo la religione, dovo o experiences a del religione. Also I can turn it, you see, that thing, I can turn it with My finger like that. Come forward this way. De posto fattave della copiao di odoppo cosine odo. This way, turn it. Just come forward, please. You see, when ego is not there, you don't feel. E quando lego non ci esta... You become thoughtlessly aware. ...de ventiamo senza benciare. E queso e semangrado di esta recunzape o relucibi ma senza benciare, no ci disturba. It's good, both your hands. She thinks too much. E lei ben sadro. Veramin te sto, fessando il avuro, me fessando il adre. She's saying, she's working, I can't, how can't she think? After realization she'll get inspiration. E doppo la religione, seri ci uno de lei spirazione. And if you want to think, you'll think, otherwise you'll not think. E se buliamo benciare, penciamo, penciamo. Attrimenti in penciamo, semo libe. Now, do you watch Me without thinking? Can you do, can you watch Me without thinking? E sio be darei, svete gi senza benciare. E queso o muito, no. No, just try, you haven't tried. Just try. E sei, she has the mountains of thinking. This is the mountains here that she is living in. That's the problem. This has to go down. Now, is she feeling the whole breeze? She's feeling the whole breeze. Is she feeling the whole breeze? Se te la brezza tresque. It's coming, yes? It's hot, it's coming hot. Very hot. Now, alright, one simple thing, you just say, Mother, I forgive everyone. You say it from your heart. I forgive everyone. In your heart you say that. Just say that. Se pit, valeke mocha kunche sh creations et prunche annually Yes, but not at all. All right, it will work out. Now, don't give up. Shhh. I'm trying to give you a balance, that's all. You are more intellectual, restless, emotional. How better? What do you say? It's coming hot, yes, but it's better. Coming hot? Yes, it's coming out. We can solve this problem of tension of many, but it will go to psychologists, not to us, because we don't take any money. Yes, but we can solve this problem of tension of many people, but it will go to psychologists, not to us, because we don't take any money. The ego takes attention, everything. The cause of the ego takes attention to the stress. No, but it's better. It's better after, so I don't believe a man does. May she make some questions? In this experience of Sahaja Yoga, there were some very important persons of the public and political. There are persons who did Sahaja Yoga and they improved, they changed their way of doing. Some of them did. Politicians don't take to spirituality. Normally politicians don't take to spirituality. Normally. Bureaucrates? Yes, because they are the industrial companies, because they are the industrial companies. What can you say? She wants to know the name of the important people who are doing Sahaja Yoga, who have changed their lives. Our Commander in Chief in India. The Commander in Chief in India. Commander in Chief? The Commander in Chief. But you don't write it in the newspaper. I get your right. Then don't write. Why not? Because, you see, I don't want to count all the people whom I have given Realization, it's not graceful. I'm doing it out of grace, you see, it's not. Supposing you invite somebody to give love, you don't write it to you. I know somebody, please. What's the use? You write your own experience. You should never, because it's love. There's a big grace about it. I never give any names. I never give. You see. Now, there are... ..people who are not practicing this Yoga. All Buddhism. What is it that is there that is beyond? And put in the way of influencing their own positive and positive lives. And I know that you don't know anything about it. What's he saying? He's asking whether there are people who have been influencing the political facts of the world because of Sahaja Yoga. You say that. Because, you see, Sahaja Yoga has nothing to do in the influencing and all that. It is something inner. You see, and it has to be an experience. It has to be an honest experience. It cannot be just because somebody is big, so we get an advertisement. We don't deal in that. It is an inner experience. It is not a thing of the climate, of the public, because it is so important. But it is an inner experience. It is an experience that can be lived, or can be sensitive. This experience is transmitted to the world. It is transmitted to the world. As it is an inner process, it has to show outside. No, but it is a matter of time. If you want to show, you have to show it by bringing them along. See, it's open to everyone. Now, we can say in Russia, there are thousands who come and very big scientists and doctors have come. But they have sensitivity. They have seekers. They have seekers and they have sensitivity. You see, you have to have sensitivity. Let's see how. Out of chimpanzees, supposedly human beings are made of this. I understand your anxiety. I understand your anxiety that you want any people to know about. But the main problem is that how many want their realization. How many politicians you think are seeking the truth? You just tell me. In Italy? In Italy. In Italy. It's making a difference between politicians and those who are practicing politics in a

sense. Politician, maybe there is someone, but the other kind is... My own brother is a politician. He is a cabinet minister. He doesn't want to do Sahaja Yoga. He says you cannot mix politics and science. He got it before he came in. She is saying that if this commander in chief is still leading an organization, he is going to be a leader. He is going to be a leader. He is going to be a leader. He is saying that if this commander in chief is still leading an army, there is a contradiction. No, no, no, no, no, contradiction. You can go and see him if you like. No question. But you see, he got his realization long time back. That's why. Now he has become commander. They have to come and see me if they want. If they have to come, they will come. And I don't want to use their name, just for publicity to those who have to come, then come. You can't change the negative or positive through your system. You exist or you don't exist. But I think it is important that we are not diverse. We don't want to say names. She wants to know the names of the important people who got here. I will not say names. Why should I? Why should you ask for names from there? I think it is important that we are not educated. I can't understand. We are not educated. But we came. I will not. You see, it is all done in complete understanding. It is not done like a publicity stunt, you know. Me they are not important. Me they are not important in doing everything. Me they are not just the same. Makes no difference to Me. It is for them to say, not Me to say. But I agree. She is dropping from Her angle. You see, I can understand what She is saying is from Her angle that if I can say that all those people who got position by that, many people will come to Sahaja Yoga. There is no need to give temptation to anyone. I never eat. It amounts to this. That I am saying that I gave realization to all these people so they have become politically very important that they should come. I am sorry but... See now, just tell her this one you got. You tell her... No, no, listen, listen. It is interesting. Now what it is that you are trying to tell Me that I should tell you how many people got into a political ascent, political powers because of Sahaja Yoga. Which I don't say because I never say that that Sahaja Yoga will give you political powers, no question. It gives you spiritual powers. No, it doesn't matter. No, no, no. To her political is very important. To me they are not. See, half of your politicians are in the jail. What's the use of giving them realization? I am concerned about the politics. Same in our country. But not for the people who are in jail. They are in jail. I am concerned about the people who are in jail. I understand, but I don't understand. I understand what you are saying. I understand. I don't understand. I am not concerned. I am not concerned. I am not concerned about the people who are in jail. I can understand. Thank you, sir. My husband was a top postman in the US and he wants that I should give realization to some great human people. I invited to the film the Alkune World, the Alaric Program, the International Unity. We have a lot of artificial and neural unity. We have to do it in the organization, but this is not important. For me, artificial and neural unity is not as important as a real reality of the spiritual world. We can do it. We can do it. Yes, we can do it. By giving realization, they are in pain. You see, not for them. Not there. You see, there he may not speak through the image of Sahaja Yoga. This point. There he may not know this. We are Sahaja Yogis and we are all Sahaja Yogis. I cannot put it more. That is good. And could you use the pain system, please? It is the hang of the extras of Allah. Look here in the screen. Now it's mine! If not then what better experience could be offered? We have Keep A and the perception of the world. This is a description of the world's tradition and if you have a point of view of mythology, of the story of religion and one of anthropology, and the possibility of work and deterrence in all world civilizations. This is a description of the world's tradition and the possibility of work and deterrence in all world civilizations. The possibility of experiencing self-realization is to meet someone who can lead the process. Now I would like just to introduce Shri Mataji because she has proven this capacity. I do not want to be too long because Shri Mataji is going to speak herself in a few minutes. Actually if she saw wishes and if you saw desire, she could also at the end of this program lead a meditation in which that experience would be felt by many of you. Shri Mataji is a mother, a grandmother, she is a wife, she knows all the dimensions of our life as householders. She also had a very active diplomatic life because her husband was, as you heard, the secretary general of the maritime organization of the UN and he was knighted by the Queen of England in acknowledgement of his very distinguished services. She has a very active diplomatic life because she is very much a secretary of the UN agency of the UN and she is very much a member of the UN agency of the UN. But what she is really interested in is not all this. What Shri Mataji is interested in is in manifesting the reason for which she has come on this earth and this is to give to those who saw desire access to their own spirit, access to their own self-realization. She has started Sahaja Yoga in about 20 years back, and now Sahaja Yoga is flourishing in something like 56 countries. The benefits of Sahaja Yoga are manifesting themselves in physical health, in psychic balance and overall in a much greater capacity to lead one's life in a dynamic, relaxed and joyful manner. And I would like to say that Sahaja Yoga, based on this physical health, in a much greater physical health, in an oblique, but also in the growing capacity of the human being, gives a very consistent, pure, joyful and deliberate life. To me, somebody who opens such a door is not a normal human being. For me, who is afraid of this, cannot be considered a normal human being. That is why, in the same way that we have to appreciate a tree to its fruit, our very great respect to Shri Mataji is an acknowledgement of the incredible spiritual powers that she has been exhibiting on her whole these last years. It is always difficult to perceive an historical event



when it is happening. When the Berlin Wall fell, everybody knew it was history in the making. But when you see 20,000 people getting their realization in the sports stadium of Leningrad, which I saw with Shri Mataji, this is also history in the making. When the Berlin Wall fell, everybody knew it was history in the making. But when you see 20,000 people getting their realization in the football stadium of Leningrad, in a program that Shri Mataji has, it is also history in the making. Because the story of the game is about a level, more than anything. Because technology has more than the source of our brain, but when we see the world, we don't see it as a part of it. This is the area where we see everything. And when we see the world, we don't have the capacity to see this brain, or the body, as the modern technology. And this is the yoga, the yoga of the brain, the yoga of the body, the skin, the brain. And a top of evolution that we have not yet seen in the past, is Shri Mataji, in our experience, the person who can be spiritual and initial to this top of evolution. Shri Mataji, I'm sorry, I think everybody is kind of confused with me jumping from one language to another. And I will now request you to, perhaps, I will ask Andrea to take it from there. Can you just say that I apologize for shifting from a language to another, but I don't want to take too much of that time either. Thank you. IVE Mr. Manet, I rememberiosyn in my time and foregoing and I can say I share the same A true Right Yes Yes We all know just the Leader of all Please ballisticize. Thank you. It's a really very true that so many are in the market because you have the special times. I call them blossom times when there are so many seekers and who want to seek the truth. The seekers don't know what to seek and how to seek. So, you have to be very careful and you have to be very careful. First of all you must know that it is a living process. It is a living thing that is happening. It is an evolutionary process. You have to have your last breath. Now we must understand that you cannot pay for it. You cannot put in any effort. It's your right to have it. So, once they have come to know that there are so many seekers and fruits, they will be able to see that there are so many seekers and fruits. So, a market has started of these gurus. About which I said in 1970 very clearly that there are such people who are really devils and they have come as gurus. There are two best at least you must put. The first one you must find out the disciples. If they have achieved anything, what is their lifestyle? What is the lifestyle of the guru? And the second one is that doesn't take money for his work. And the third one also can be applied to many of them who try to exploit their weaknesses and encourage them. They do not talk of holiness or of purity. Also they do not talk of self-realization. Because they don't know how to do it. So, it is for you to understand that if you are seekers of growth, you must seek for yourself that you don't pay for it. And that those who are disciples or those who are paying to this guru business, what have they achieved? Have they also got some powers? Do they know any modus operandi as to how they work out? Have they also got some powers? Do they know any modus operandi as to how they work out? For example Sahaja Yogis know everything about what is this procedure is. They can cure people, they can give them self-realization and they know everything about it. Within one month you can become an expert. But you don't have to pay for it. Little time you have to give to yourself, that's all. But always we have known that we must pay for God. So we think that we must pay. And that's how we don't even try to doubt these gurus. But we cannot pay for workers. He doesn't understand money, he doesn't understand banking, he doesn't understand. Can you read the question? Can you read the question? Just now I don't think it's the time for me to speak on this subject. Best is that you first get to a circle and see for yourself. Also you should not believe Me, blindfolded. But as scientist you must keep your minds open. And whatever I am saying should be taken on hypothesis. And if it is true, then of course as honest people you have Brexit. Once you get to your Self-realization you will know that all these religions were born on the same tree of spirituality. All these great incarnations and prophets came on this earth to establish spirituality. According to time they put forward the truth. But then people plucked the flowers and then started fighting with the dead flowers saying this is mine, this is mine, they are dead flowers. When this happens to you, you will be amazed that you become automatically religious. I don't have to say don't and don't and don't. You become so powerful and you see everything so clearly that you give up everything that is wrong and destroyed. These outside religions have become like the dead flowers. And we are shocked how those people who profess this religion, who are in charge of these religions are doing such horrible things. But once you get your Self-realization the religion is born within you, become innate religious. You will be surprised to know that overnight people gave up drugs, alcoholism, all kinds of bad habits. Also they gave up fundamentalism because they realized that all religions say the same thing. So in Sahaja Yoga we worship Christ, we worship Krishna, as well as Mohammed Sahib. We worship, we just don't say that they are the same, we worship them the same way. No, no, no, I said just now you may get the realization. But the sprouting of the seed takes place when it has to go into a tree. That's what I said for a month. At the most. You see what I have to say first? There are com Kobe love or human beings have been exploiting them up. Like these false gurus from India are exploiting the western people also. So the, as you said it, I am very happy that you are anxious to have your Self Realization and you will get it today. I am very happy that you are anxious to have your Self Realization and you will get it today. That shows you are a real seeker of truth. Ah, there is one that I know that some people have been cured from serious diseases in sahaja yoga, is it true? It is, it is true, it is. I feel that there are many people in the whole state who have been cured from serious diseases in

sahaja yoga. I see that. What is practically to do to get Self Realization? There is someone here who is injured from, he has a very severe avatar and he is very, very serious. We have here a senior who has had an attack on her vehicle that is so serious, and he has been continuously worried about her presentation. I am not sure about the people. Because they are so energy, they can't do it. We are practical. This is the practical thing. Yes. You should see for yourself, you see, don't believe everything. They are asking what are we practically to do to get Self Realization? You have to only unleash the desire to get Self Realization, that's all. I still used to say that man can be evolved. I understand the Shiva. Yes. He is not evaluated. He was. No, he said he can be evaluated by the way, how much he has in a way, he compels his ego, his own ego. So what is the meaning? Like to say, they are. So a man can be evaluated by the way, how much he has. Ego and compassion. Yes, you can evaluate everything. After Realization, your center sympathetic centers, you have seven, and on this side seven of them become enlightened. And they tell you what is wrong with you or what is wrong with others. The gentleman is asking that if you could Jesus said, Mohammed and Krishna in the same I mean in the same category, then why they different in totally different in some parts. Firstly according to time one has to work out everything according to time. Secondly all these books that Jesus about Jesus Bible to Mohammed also all these were written much later than they lived. And that is how they have tried to spoils the essence of their teachings. Now about fifty years back they discovered some papers in Egypt written by Thomas. One is very going to India, he lived them under a rock. The other thing is that many of the descriptions that were written by these prophets that were written by the Lord, they are studied and they are very much and the Lord is the most important one in the world. So they are not really in the way of manipulation. Last fifty years you see, they have been able to decode it now, library of Mohamadhi, you see, at Mohamadhi. And now it shows that what Bible, there are so many things that are missing in Bible and something that just not the truth. He has talked of experience of Self Realization and very much is Sahaja Yoga. Even Koran was written forty years after the death of Mohamad Sahib. He wrote in his ever new writing or in his ever new reading. So his revelation he told to his friends. After forty years they discovered that they were getting old. So they asked their children to learn reading and writing and then this Koran was written by these children. All these things we have explained about reincarnation, original sin, everything very clearly in Sahaja Yoga. Once you get to it you will be surprised that all this will be straightened out. All these things are being explained in Sahaja Yoga. The children will be able to see the same in Sahaja Yoga. How can one eradicate the spiritual sufferings which takes to self destruction? This idea of spiritual suffering is absolutely wrong. Why should you suffer? Christ has already suffered for us. We have to just awaken Him and He sucks in. If you see here these two things, one is on the right and one is on the left. One is the ego, another is the conditioning or super ego. So it is the ego in human beings, things that he has done right, wrong, he has done some karmas. These both are certain at this point, this crossing point if you see there, that's the place where Christ resides. And when this power which is in the triangular bone rises, passes through that center, Christ is awakened and He sucks Him. So that's your all karmas are sucked in. How much can we suffer? Can we suffer more than Christ? Is I can't understand. Once I say that Christ suffered for us and on the other side we start suffering or people start saying you must suffer for Christ's wife. You don't have to suffer. After all your Father, the God Almighty is the Father of all the fathers. Which father would like his son to suffer? I mean you make God unhappy when you suffer. It's logical. We don't have to suffer and I just can't understand. The insistent chapel you see Christ standing there and having the last judgment. And Michelangelo saw Him as he was and joined the Greek personality. He carried the cross. He could not be some miserable person. But on the table they put Christ like a some TB patient or I don't know what he looks like. I don't understand the psychology. Like when the beggars want to beg something they look very miserable in the same way they want to make Christ look miserable. How could he be miserable? So no scriptures are written. The difference is spiritual. Now the thing is I have had no gurus. I was born like this. But in the Vedanta is described. Specially Adi Shankaracharya has described very clearly about Kundalini. So many great poets from India have talked about Kundalini. They are absolutely supportive of Sahaja Yoga. But I think I could learn from them. I was born with this knowledge. I was born with this knowledge. I was born with this knowledge. This is all this Prana therapy and all these things. Prana is only on right side and that therapy never helps. So far I have not known anybody who got realization from all this. It is simple thing like this. See now this one instrument has got this chord. As simple as that. Now this instrument has to be connected to the mains. Unless and until it is connected it has no meaning. In the same way unless and until you are connected to this all-pervading power you have no meaning. And this connection is done by Kundalini. So there is no way out. Except for raising the Kundalini. And taking the fontanel bone area. So the Kundalini connects you to the all-pervading power. There is no therapy. There is no physical or mental or in any way there is no also people think that you should go on remembering something. It's not needed. For example now if you have a seed you put it in the Mother Earth. Now seed has the capacity to sprout. And the Mother Earth has got capacity to make it sprout. If you try to play about with the seed or if you try to say mantras, if you try to stand on your heads it's not going to sprout. It sprouts right so spontaneously such that it will be done. Now Anirudh said about developing of the Self.

He said how can you speak about developing of the Self? The Self being a transcendent category it is eternal of course. But only thing is that once you get your Realization your awareness has to come. For example this belief remains the same. But say I am blind and I am opening my eyes. Then gradually I start seeing it, this place, all of you, then I go in another room, I see everything so I expand my awareness. It expands by itself also. But you have to become thoughtlessly aware through your meditation. For example we live in the future or the past. We cannot live in the present. So the thought from the past comes then from the future also comes and pass out. But in the center there is a little space, a pause. That is where is the present. So when Kundalini rises she elongates those thoughts and the space in between increases. So your attention now is in the present. So there is no thought. Present is reality. Thus you grow in reality. So very simple meditation you have to do. Every day about ten minutes and it works out. You have done everything in your last life. You have been seeking and seeking. Now this life you better have your Self-realization. You are asking for the life of the entire. This life is better than the Self-realization. He is asking for the nice question. Can we get our Self-realization tonight of course? We can get our Self-realization tonight of course. Very simple. That's it. I must say the questions were very very good and very truthful. But after getting realization you may feel really on top of the world. But it is not an individual happening. It is a collective happening. Say for example if my one nail is cut then it doesn't grow. One nail is cut then it doesn't grow. In the same way you have to be in the collective. Once week maybe at the most or once a month you all have to meet. You don't have to again pay for it. For all the knowledge you don't have to pay. No pogyar. Can you believe that in My own other than we also say pogyar for payment. All right. So one has to be just prepared in a very happy mood. Receive their Self-realization. This is the realization of the Self. Now only thing I would request you to take out your shoes and touch the Mother Earth and touch the ground. How? Put both feet away from it. So this is your own power, this is your own right. And once you get it, you will know how great you are. They might have already felt different washes. Now I have told you that the truth is that you are not this body, this mind. These emotions, intelligence but above all you are the Spirit. And another truth is that there is all pervading Divine Love, the power, as called as permachaitanya. And this power does all the living work. It organizes, it nourishes, it creates, it is the power of the Self. It organizes, it nourishes, it creates, it takes. But above all it loves. So now you have to put both your hands towards Me like this. Put both the feet away from each other and reach no further. If you don't bend too much or bend forward, just take. Now this all-pervading power you can feel as the cool breeze of the Holy Ghost. Because Kundalini is the Holy Ghost reflected. So now please put your left hand towards Me. And put your right hand on your heart. This we have to do, just I want to tell you because later on you might be able to use this. Now here you close your eyes. You can take out your spectacles, please don't open your eyes till I tell you. Now here you ask a very fundamental question about yourself. You can ask Me, you can call Me Mother, Mother am I your Spirit? This is a question to be asked three times. If you become the Spirit you become your own master, your own guru. So now please take your right hand in the upper portion of your abdomen on the left hand side. We are working on the left hand side. Here you ask again a question, Mother am I my own master, am I my own guru? Ask this question three times. Now I cannot force pure knowledge on you, you have to ask first. So now please take your right hand in the lower portion of your abdomen on the left hand side. I am pressing. Here you have to say or ask six times because this center has got six pegs. So now please say six times, Mother please give me pure knowledge. As soon as you ask for pure knowledge the Kundalini starts rising. You won't feel anything but it is rising so we have to open the higher centers with our full confidence, self-confidence. Now raise your right hand in the upper portion of your abdomen on the left hand side. Now here you have to say ten times with full confidence in yourself, Mother I am my own master. Now raise your right hand in the lower portion of your abdomen on the left hand side. I have already told you that the truth is that you are the Spirit. You are not this body, this mind, these emotions but you are the pure Spirit. So now please raise your hand on your heart. I need full confidence. You have to say, Mother I am the pure heart. We say twelve times. I am the pure Spirit. There is one thing as I told you that you don't have to suffer. In the same way you don't have to feel guilty for anything. By feeling guilty you actually spoil your very important center which you call as left Vishuddhi. After all you are a human being, you are not God and if you have done mistakes it's alright. Because God is the ocean of compassion, of grace and of blessings. But above all He is the ocean of forgiveness. So please forgive yourself and don't feel guilty at all. Otherwise Kundalini will get stuck. So now please take your right hand in the left side of your shoulder, in the angle of your shoulder and your neck. I press it hard. Now here you have to say sixteen times with full confidence, Mother I am not guilty at all. Now next we'll have to forgive everyone. Some may say that it is very difficult to forgive. But if you forgive or don't forgive what do you do? You don't do anything. But when you don't forgive then you play into wrong hands. Those who have troubled you are happy and you are making yourself miserable. So you just forgive all of them and forget them and don't even think about them. Now please raise your right hand on your forehead across. Here you have to say from your heart not how many times, Mother I forgive everyone. Now please take your right hand on the back of your head and where you have to say. Without feeling guilty, without counting your mistakes you have to say with full confidence.

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today. I've been the whole day very busy. I hope you don't mind My being late. We have here a very great, honorable, prestigious  
guest. His name is Varnav Yury Alexanderovich. He's the President of the Academy of Arts in Diningrad and a very enlightened  
soul. He has been very kind to Sahaja Yoga and to Me. He's such a learned man in art and still so humble. I understand Divine art  
but not the human art so much. I understand the Divine art but not the human art so much. I understand the Divine art but not the

human art so much. Now I must correct Myself because I thought He must be of the art but He is of the science. I, misunderstanding comes from the sensitivity which He has, which normally scientists don't have. And as it is I was telling you that I understand the Divine science but human science is very bifurcated, bifurcated, is very much. It is really very gratifying for all of us to know that in the area of science there are people of His quality who can become so subtle to understand Sahaja Yoga. I wish Him a very long life and all the blessings of the world. I am told He... Vidheem is also his colleague from the same academy. You must now be all very happy that we have such a great personality. I am told that there is a great personality in Sahaja Yoga who will look after your interests, who will protect you and your peace. I feel extremely satisfied and overjoyed. On behalf of all the Sahaja Yogis of the world I would like to assure you, sir, that you will be always supported and will be regarded as the father of these children so that you can look after them. We hope you will be coming to our seminars in Italy in Kabela whenever we request you. Also we would very be happy to have your colleague with you. I am sure after seeing him all your insecurities have dissolved, insecurities have been dissolved. He is a very wise gentleman and I am sure he will always guide you in proper lines. Dear our citizens, dear foreigners, foreign guests, and great Shri Mataji, it is not only a significance for us here but for both our great countries. This document was concurred with by all the Presidium of the Petrovsk Academy of Sciences and Arts. It is my honor to present to you the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, the President of the United States of America, this is Nirmala Shrivastava, who understands and rules with the basic questions of religion, philosophy and science. Tirelessly she's doing noble work directed towards the goodness and friendship of nations, of the nations of India and Russia and all the world, who has seen in our country the center of the world of world spirituality and morality. The center of bringing together East and West, the center of the revival of high moral principles, which lights Russia's face, lights the faces of the many countries included in Russia. Under the leadership of the Russian people, being the founder of this moral teachings of Sahaja Yoga, Mrs. Nirmala Shrivastava really fundamentally joins the psychophysiological processes, the physical and psychological health of people and their style of living and morality. The Presidium of the Petrovskie Akademie of Arts and Sciences recognizes their pleasant duty to hear with, let you know, to let the leading daughter of the great Indian people and her... and they have voted you to be an honorary member of the Akademie. I'm really very much thankful to you, sir, for considering Me for this kind of great award. Luckily we have many enlightened scientists in Sahaja Yoga and also great artists who have been able to expose many things about the metascience and they have scientifically proved it. So you are the first person of this level who has recognized that there is a science beyond the science. Also there is art beyond art. And there is religion beyond religions. Now the science beyond the science gives you the secrets which are not yet discovered by science, which I will discuss with you later. I'll tell you what things have happened. And nothing is a mystery. Same with medical science. Now how do you know that this art is good and relevant and another is not? Whatever is constructive and whatever is destructive. When you reach the state of selfhood, of enlightenment, then you can feel the absolute truth on your fingertips as vibrations. So when you look at any art piece or artistic creation, it emits vibrations. Because it is made by a great realized soul. Like in your Armitage, you have twenty-six beautiful paintings of Ramarans. In the Armitage, in Dendelion, in Gita's birth, there are twenty-six beautiful paintings of Ramarans. I came specially to see them, long time back. They all have vibrations. And he has used very few colors, very few colors. But tremendous vibrations. So you can make out which is real art, which is not. Because now it is becoming sort of a commercial commodity. Art has become a commercial commodity. But not joy-giving. So in all these three areas of human endeavor, we find with enlightenment you get to the point where everything that is destructive just is negated. Wherever there is purity, there is joy. Also there is emancipation. You only enjoy that science, that art, and also that religion. The same with music that suits you, makes you peaceful and compassionate. This is the universal happening. Now see these people, nobody knows Indian languages, but how they enjoyed Indian music. Because Indian music actually comes from Divine. In the same way, many of your classical music, like Mozart, also come from the Divine. So now we reach a state of a new awareness where we understand whatever is righteous, whatever is beautiful, whatever is pure, and we enjoy those virtues. Thank you very much. I would also request the colleagues from the same academy to say a few words to us. Thank you. Thank you very much. Russia. We are very proud of the people who have supported us. We are very proud of our country and we are very proud of our country. I would like to say that Russia is not a place of justice. It is a place of love and love. I am very proud of the people who have supported us. I would like to say that Russia is not a place of justice. Russia is not a place of justice. I would like to say that Russia is a place of love and love. And it is an important and important effort to make such a donation good,

toaring with the corruption of the Russian agents and the Russian academy, state of the State of Kor combinations. It is very difficult to translate in English. So thank you very much for this honor bestowed upon me. Also, there's another area of art which combines all these three, is the drama. And today the French have decided to give a beautiful display of a drama which was actually written in New Zealand. It is a little sensitive area where we touch, I hope you wouldn't mind. It's about how our Lord Jesus Christ was absolutely misrepresented by Paul, because Paul was a bureaucrat. This is not against Catholicism, but is against, not against explaining why certain things were put there by Paul. First of all, he was a bureaucrat and he thought this was a nice chance to jump on the stage to take over. And he found out the weakest disciple of Christ was Peter. Christ has said, as Satan will follow you. Christ has said that to Peter that a Satan will get you. Now this Paul, when I was quite young, I asked my father, because I was born in a Christian family, who is this Paul? So he said he's a squatter, squatter. Also then he killed many real Christians who were Gnostics, who were knowledgeable like you are. He killed them and he also killed one disciple of Christ called Stephen. Stephen, Stephen. He was the hater of women. Even the Mother of Christ, he called her as a woman in the Bible, as a woman. She was not a woman. She was Mahalakshmi. Now, he missed the point completely that he was doing such a harm by hating women that way. As a result, women were not respected in all the Christian relations. Jews respected the Primordial Mother, Greeks respected Athena, India they respected Adi Shakti. Even in Koran, Mohammed Sahib has said, nobody should say a word against the chastity of the Holy Mother of Christ. This is the reason women became very insecure in the Christian nations, extremely insecure. Up till now there was a quarrel going on in England, supposed to be a developed country, whether a woman should be a priest or not. While in India, woman is a shakti, is the power. So spiritually, I think, it's very primitive idea, it's a very primitive idea. That's why I think in the West, women don't care so much for their chastity. All the time they have to be attractive to men and to be pampering their ego. Because woman as a mother is not respected. Whatever one may try, it's an innate feeling, so they call Christ's Mother as Madonna. It is not in the Bible. It is people out of their love for the Mother. That is how, you see, a great harm has been done. There is a saying in Sanskrit that, yatra narya pujante, yatra ramante devata, meaning where the women are respectable and respected, there where the gods reside. So this is the power of love of Mother. And there are so many other things which He introduced in the Bible. He edited the Bible. He fought with Matthews on immaculate conception and Thomas ran away to India. John also didn't want to write anything. His friend wrote for him. John didn't want to write. His friend wrote for him. John, say it again. So the, still the truth is there, such a lot in the Bible that they could not erase it out, thanks to the power of Christ. So this drama is about how Paul tried to capture the platform. I hope you all enjoy it. Thank you. Thank you. The name of the drama is The Saints and Mr. Paul. Please stand up. He is an Australian but now living in New Zealand. He is a well known writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. He is a great writer. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. This is a story about the Apostle Paul, the great apostle of the Holy Ghost of Christ, and the great mystery of Paul. He learns that Paul has arrived in Jerusalem. This worries him. But his counselor explains that Paul helped in the death of Saint Stephen. He is an ally. He is also a good administrator. He should be encouraged. Later, Saint Peter reveals to Saint John that Paul makes him nervous. He reveals him not to worry. Paul arrives full of anger. Paul reminds Peter that they have a contract. Peter, John, and James take charge of things in Jerusalem, while he, Paul, converts the rest of the world. Paul accuses Peter of breaking this contract by sending people to Antioch to turn the local Christians into Jews. Martha and Mary Magdalena arrive with James. They tell Paul of the many beautiful things that have happened to them over the years, especially being twice born at the Pentecost. Paul has a fit. In the last scene, Paul tempts Peter by naming him the rock on which he says Christ will build his church. Slowly and cleverly, Paul wins Peter over. John, however, realizes how desperate the situation is. Here we are in Jerusalem, 50 years after the birth on earth of the son of the Adishakti, Lord Jesus Christ. Having the land of the Jews under his control, the governor and his counselor are getting bored in their marble palace. Your Excellency, Your Excellency, Your Excellency, a dangerous man has arrived in Jerusalem. Really? Paul, the madman, the one who says we have to seek suffering and punish the flesh till it surrenders. He is dangerous. He fell from his horse on the road to Damascus and now he thinks he is a prophet. True. But he helped us. He was responsible for the death of Stephen who was spreading the law of Jesus Christ everywhere. But also, people, many listen to his speeches. They are fascinated by him. Do not worry. He dominates them, makes slaves out of them. What should we fear out of slaves? You are right. John and James threaten our world with their love. What we need is not love. It is Roman discipline and administration. Paul also is creating an administration and he may one day reinforce us. True. True. Soldier, you understand? Nobody should touch him. Let him be free to do his work. Our work. Peter is waiting for Paul to come. He is worried as he doesn't have much faith in himself. Could we have light, please? I have to stay calm. I have to keep cool. It will be no use if I lose my temper. But I

will be careful if he tries any of his tricks. Good evening, Peter. So is he here? No. Oh. He will be very soon. John. Yes. If I will argue with Paul, you will help me, won't you? Oh, Peter. You are the one with the brain. I'd sooner talk to a Roman legend. At least with the enemy, you know where you are. He's at the corner. He's coming. Is he alone? He works very fast. Can I go to the kitchen? He won't bite you. He's not a snake. Maybe still. I'd rather stay in the kitchen. God, our Father, we venerate you. Holy Spirit, our Mother, we know you. Jesus, the Son, we adore you. Please grant us the cool wind. Give us the love that blows cool. God, gracious, oh, God, Lord, Lord. Ah. Ah. Paul, we wish you peace and joy. I don't know too much about joy. It's not peace I want. It's bloody war. You don't change, do you? So, that's where you meet. Yes. People will come tonight for the prayers and the songs. Who does the plans for these meetings? Plans? We don't have too much planning. People just bring up what they want. Like? Oh, distribution of food to those who need help. How many successes we have had. How many baptisms last week, marriage, birth. You don't keep lists? Only in our heads. I have lists from every town I've been to. Andrew says too much organizing gets in the way. Of what? The divine will. Who will come tonight to the meeting? Most of us, the master chose, are in town. His brother James, of course. Rebecca, Thomas, Matthew, Joseph, Andrew, Martha, and Maria Magdalena. You have women at these meetings? All the best ideas come from women. But you don't let them vote. Anyone can vote if they want to. Why did you break our contract? Contract? We shook hands on it. You would stay here in Jerusalem and preach to the Jews. I would go elsewhere and preach to the others. I haven't broken any contract. You have? I have not. You have so? No. That's three times you've denied it. Cucurico! Who did you know about that? It was 20 years ago. Eighteen. Don't you feel any guilt? Remorse. Here come James, Martha, and Mary Magdalene, who are loving, pure in heart, and who are dearly loved by Jesus Christ. Don't you feel any guilt? I suppose I did at the time, but not anymore. Next day was his death. That was what changed you, wasn't it? Admitted Peter, the crucifixion was a big turning point. Not at all. The world collapsed. We are all empty inside. We could feel better than ever our longing for God. But when the resurrection came... Ah, and the great Pentecost. That was different matter. Nothing has been the same since then. Nothing. Pentecost! What did Pentecost have to do with it? Surely you know about it. You've been teaching, you've been converting people to the teachings of our Lord for five years now, and you don't know about being twice born? Twice born? What is that nonsense? Do you know what he's talking about? It was our beginning of being. Our big turning point. The enlightening of the light. Ah, yes. The night our Lord was arrested, he told us to wait in Jerusalem. He said the Spirit will blossom within us. We have no idea what he said, but we waited, like he said. And it happened. At Pentecost we were at Mary's place. Suddenly these cool winds swept through the house. In fact, it swept through each one of us. There was an incredible peace. No worries, no thoughts, nothing. Just joy. We went outside. Hundreds of people were standing there, watching us. We had this flame, this clear flame coming out of the top of our heads. Ah, yes. We were laughing, singing. Philippe and Bartolomeu were dancing. The crowd thought we were drunk at nine o'clock in the morning. The night our Lord was arrested, he told us to wait in Jerusalem. He said the Spirit will blossom within us. Ah, yes. Ah, yes. Oh, my, I was in your field of the night. I was in your field of the night. I was in your field of the night. I was in your field of the night. Oh, my, I was in your field of the night. I was in your field of the night. I was in your field of the night. Nous donnaient pour toujours notre liberté oui complimentary leatherEarly Non toi me equation Core archechGra Farage Imagination Non toi me intention Shri Adishakti Nirmala Maa Om Tameha Saakshat Shri Adishakti Maa Nirmala Maa Om Tameha Saakshat Shri Adishakti Maa Nirmala Maa Om Shri Vedantais Uafil De Bote Kiya kar de leza me le maam Nui saan toutes en faqui saam Te le dese en le quillon de la vu Da bien la fille, fis est fille La tête en temps en omaa Omaa Je s'enti les spasse à grandi roman Je vous le cielle tes la dame et imos Vous t'émme j'ai parte bra Qui peu imaginaire que tu existe Toa deshakti ma Omer du temps ou voinous A la joie Ooh On toi mais ou a sakshat Shri Adishakti Nirmala Maa Om Tameha Saakshat Shri Adishakti Nirmala Maa Om Tameha Saakshat Shri Adishakti Nirmala Maa Oh On toi mais ou a sakshat Shri Adishakti Nirmala Maa On toi mais ou a sakshat Shri Adishakti Nirmala Maa Alright, alright. I heard about something like that a long time ago but this is not the point. The turning point is not getting yourself born all over again. It's Christ's death. Nothing in the world is more important than Christ's death. Even his life wasn't that important. But his death for our sins. It was the eternal sacrifice for all mankind. But wouldn't you say new life is just as important? Even more important than death? Even his death? No, I would not. But back to the point who Peter said he didn't break the contract. Then who sent Nicholas to Antioch? Martha is a wise woman, always very active. She is not afraid of Paul. No individual did. What's this? Nonsense! Our Lord Jesus washed our feet. He told us we should do the same. So explain. Sending Nicholas to Antioch caused Shaios and Antioch in a city of immoral lunatics. But I talked to them about the Christ and many were baptized. They called themselves Christians. Christians? Christians? Yes, sir, I organized the Christians. Christ was very pleased he told me. He told you? Yes. But Nicholas frightened them away talking about the law of Moses and about Israel. Listen Paul, in this book we have written down every word we can remember Jesus saying. Do not take the road to any non-Jewish land. Go only to the lost sheep of the house of Israel. You are all against me. You're jealous of my success. The Greeks and the Romans you converted

against the command of God. So we must teach them the virtues we apply that Moses taught to all the Jews. That is why we sent Nicholas to Antioch. And Martha will teach these Christians in Cyprus. And John will teach the Christians in Ephesus. You can try but you won't succeed. It's not the cool wind that will work it out. It's miracles. In Cyprus a Jew was mocking me while I was talking about Christ's death. I felt the anger rise in me. I raised my hand toward him. Next minute he was blind. Many Romans asked for their baptism after that. You blind the Jew, one of your brothers. Blinding people is not miracles. It's witchcraft. Remember you baptized the Roman soldier Cornelius and his family. Why not baptize other pagans? Cornelius was seeking God. He had studied the Lord of Moses and had purified himself. He was truly ready. But all of humanity has to be crucified with our Lord. They have to go to the tomb with him and share his resurrection. Our Lord told us the Jews must lead the way. We must establish first those who are ready for second birth. So you say Jesus did not tell me that. People need simple clear-cut instructions so they can follow Christ and his organisation. It's more than words and organisation Paul, much more. More what? It's what happens inside. It's peace. It's joy. It's oneness with the Spirit. It's adoration over the Lord. It's the holy breeze. Have you ever felt a kind of coolness inside you? Not long after the great Pentecost I was at the market. There was a huge crowd. I was hot, feverish, angry, full of duds. Then I went to Mary's place. Did you meet his mother before she left? Well, no. She is the mother of all mothers. Generous, loving and yet powerful. Well, when I arrived at her place, the anger left me. She told me to put my hand over my head and I felt this coolness coming out. First a flame, now a cool wind. And who cares about Mary, that woman, anyway? I see Christ every day. You see Jesus? Yes, standing there. Sad, short and incredibly thin. Jesus, sad and thin. Short? He was bigger and stronger than me. Every day I see Christ. He tells me words of truth. Those who enjoy life must learn there is nothing to laugh about. It is better for an unmarried man to stay unmarried. Christians must confess their sins to a priest. Since only a priest can forgive, every Christian must suffer. These words could never come from our Lord. He told us to enjoy life. He blessed marriage. Every man, he said, should have a wife, for she is the source of man's strength. Forgive, he said, not confess. My God, what was it you saw on the road to Damascus? A sad little demon telling you to stop persecuting the devotees and join them? Why? So, you could do even more damage to the collective from the inside. Yes, Lord. I listen. I must go. Yes, proclaim your words everywhere. I understand, but they don't understand the great plan. Of course. Peter, I shall, my Lord. I shall, my Lord. Okay. Paul lost consciousness for three hours. The doctor came. He said it was epilepsy, but that he would recover. Wait, wait, stay. I always have a bad taste in my mouth when I wake up. People say I always look very sick. Come on, sit down. It's him. Yes, there. That's the problem. I used to have a headaches too, but since that twin blew through us, I haven't had it run. Andrew had a big pain in the back. Here, but not after Pentecost. You know, my dear Peter, people like your openness and enthusiasm. And it's not me who tells, and it's not just me who says so. Just a few hours back, Jesus talked to me. He said, Peter is the rock on which I shall build my church. He says that? Really? Yes, he wants us together, you and I. So, here we are. The new team. The new team. Spreading light into every dark corner of the globe. The new team. Paul, laying the foundations on Peter the rock, spreading light into every dark corner of the globe. You are serious about him calling me his rock? Oh yes. Imagine what it would be like if the whole Roman Empire was to be Christian. From Britain to Egypt, from Spaniards to Persians, from Caesar to slaves. He doesn't want Rome. You and I together, if we put our minds to it, we could give Rome Christ and Christ Rome. Romans? They murdered our master. I hated them even before they murdered Jesus. Did I? He doesn't want Rome. Did he say so specifically? Do not take the road to any non-Jewish land. Romans are superb administrators. Just think, Rome and Christ ruled by one single administrative spiritual force. Romans? They murdered our master. I hated them even before they murdered Jesus. No. You are wrong. The Jews killed him. The Jews? What are you talking about? To Jews, Christ was a real danger. He was a problem for rich businessmen. Even he whipped the shopkeepers in the temple. So the Jews wanted to get rid of him. So they called the Romans. Finally the Romans, under pressure, reluctantly, honestly, carefully, sentenced him to death. But it was the Jews. I saw it. I was here when he was arrested. By the Romans. I was at his trial. By the Romans. He was crucified. By the Romans. If Jews had wanted him dead, they could have killed him easily. Paul, what nonsense are you talking about? Well, well, well, well. You know, the Romans won't come into our organization if we tell them they killed Christ. So that's it. You want to change the story to build a big empire in the name of Christ. He didn't talk about converting Rome. The only empire he would talk about was the empire of God chosen. It wasn't power, authority, and force he talked about. It was wisdom, forgiveness, and gentleness. Sapientiam leporum veniamque. Don't stop. Your words in the universal language will last forever. It wasn't revenge that he told us. It was... Refere. Refere non doque. It was forgiveness and full-heartedness. Sei dignos rei et alias amare. He said we should be detached from everything. Families. Familias excuteri. Materialism. Co poris compendium excuteri. Power. Protestatum excuteri. Until only the spirits remence. Dum spiritus solus maniat. With its compassion and dedication. Com misericordia sua. And its peace. Et cum pache sua. You see, we make a good team. You will be the leader. I am an organiser. Christ tells me what to do. I arrange everything. But thousands of them will come to listen to you.



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I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. I am not a man of the world. Thank you. Is it crazy or what? What is it? We have to be thankful to these musicians who have come all the way from India. They have just come to celebrate the Diwali with you all and you have seen with what enthusiasm they have been entertaining you. Now the last song was little bit not correctly translated. It's a Kabira song and very symbolic, which he says that, Sanya is the life. Kabira being the Saint Michael by Ramanatha has always sung the songs of death. How he has overcome the death? He just shows that death is nothing. Can you tell them? Have you got it? That's better. That's better. He is saying that Sanya is life and when life went away, when he died, means he died, he says, I didn't fight with death. People fight with death, I reconcile. You see, this is very symbolic. Many people misunderstand him because he is very deep and symbolic. Then the second thing he is saying that you ask my friend. This is Kabira's daughter Kamal who is singing. You ask my friend what I did. What I did. So she says that I was lying on the bed covered with a sheet. I was lying on the bed covered with a sheet, like a dead body. So he is telling how when the death comes, how a realized soul acts. Then he says there are ten doors to this body which is enjoying everything, Ranga Mahal, where the body enjoys everything. There are ten doors. For normal human beings there are only nine doors, but for realized souls there are ten doors. One more in the Sahasrara. So she says that I don't know which window was opened through which my lover, that is the life, went away. So, his description about life is that he is like a Beloved, but he went away. I didn't fight as normally women would fight if some husband leaves her or any Beloved. Then at the end she says, she is the daughter of Kabira. Kamal is the daughter of Kabira. So she said, this life which came to Me and went away. So I was actually became married to this life is better that I should have remained a virgin without having life would have been much better. That is the description. So it is not that she left her husband or anything, but her husband or her Beloved was life. So this is how he has made it into such a beautiful romantic poem, I think out of death. That's typical of Kabira. He is such a great poet on death. How to look at death, how to witness death and how it works out is done by Kabira. He is, if you see from this angle you will understand all his poetry which appears to be very sometimes superficial and also sometimes not so spiritual. But it is extremely symbolic because he was also a great, great incarnation. So, may God bless you. For tomorrow we have a program about, there is a custom in India where we put a kind of a turmeric powder mixed with some scented things to the faces of the brides and the bridegroom. Unfortunately men don't understand anything in India about all these things. So they brought this turmeric powder from the machine. Indian men are absolutely ignorant about all these things. So I don't know, it might little bit burn your skin. Actually not burn but might get a burning sensation. It is meant to make you look more brighter and fairer. You are all very fair but still. So this ceremony can start at four o'clock. Once it will be applied to the ladies, to the brides and then to the bridegroom. And it is actually played just like holy that they have. We apply in joy. But be careful. I don't want you to have burning feelings. All right. After that you all, the bride and bridegroom, everybody has to have a bath or clean yourselves and be ready for the wedding. We could have about six o'clock. I'll have to see the girls first and then the boys. And that's how the wedding will take place. They all know about it. But one thing is not yet done which is very important to find out for the bride, a father and a mother. Also for the bridesmaid and one brother. And the brother for the bride. And for the boy also for the bridegroom, you have to find out a father and a mother. And a uncle, mama. So now you have to dominate tomorrow, the bride and the bridegroom have to dominate both would be their relations for the marriage. I wanted to have a western style marriage but they said they want to have Indian style. It's quite complicated. Or cement. But then it will burn. Try first and see. I think you have to put some glass and then some sand. Now there are so many marriages. There are about now I think about ninety marriages. And all the Eastern Bloc and Russian girls have to come in their national dresses and also the same for the bridegrooms. So the brides and bridegrooms have to come, national dresses. But I think all the Europeans and Americans have bought saris. There are some more left I think, those who want to buy. And the four, you have settled just now the wages. All right, there are only four left so if there are some new brides they should buy from the West. I think it will all work out. The whole thing takes hardly one hour. But you have to be very careful because we have to use fire and there are carpets here. It will be nice if you all can bring one glass sheet or something like a stone. So I hope you'll all enjoy a new style of

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Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? Can I take a picture with this light? This is a series of photographs that will begin to show you some of the things that we've discussed tonight. These beginning pictures are just informal pictures that you should be able to do. As I mentioned to you earlier, this is a series of photographs that we've discussed tonight. This is a series of

photographs that we've discussed tonight. This is a series of photographs that we've discussed tonight. This is a series of photographs that we've discussed tonight. This is a series of photographs that we've discussed tonight. In this picture you can see the light spreading a lot more prominently. In this photograph, in a program, light surrounds Shrimadaji. These are these vibrations, the Param Chaitanya, in Sanskrit, that flow through everything that can be admitted by a person who has their Self-realization. In Shrimadaji, this power is very well established, and therefore you see it expressing itself. We were having a Christmas celebrations and then these photographers took a thought shift there that photograph is very clear and suddenly, the white presence appeared in the middle now in this form on the left hand side. It's clear, it's not clear. So I have asked them to make a proper film out of it. There, all these ladies appear at different pudas, whenever we have. We have a photograph here. I'm trying to get that to work. That's a short video. So I think that we may want to put it back. Shrimadaji is giving not only programs in large cities like Seattle, but it's traveling through villages in developing countries as this photograph in India, to programs where seven, eight, ten thousand people attend and all give this experience that we're describing to you tonight. And suddenly, they will do this on the side. This is the photograph of Shrimadaji in a program where the camera recorded almost slowly these vibrations. Same on the left, on the top, and this is on the side. Also on the card. In this photograph, you can see light emitting from Shrimadaji's Agnya Chakra. It's not a reflection because her arm is out of the window, the window is down, and these vibrations are expressing themselves. The camera was able to capture that. This photograph is described as the many hands of Yavishakti, the Goddess. In this photograph, Shrimadaji is a program in India, her left hand is on her lap and open, the right hand is being held up to the audience like this, and from that hand is being emitted these vibrations that we spoke of in a tremendously concentrated form. It just becomes light. In this photograph, you see that emanating from Shrimadaji's head, the top of the head, just creating light which the camera was able to record. This photograph is the same, the whole photograph is these vibrations. This part of the Chaitanya you can just barely, pardon? I have the Saffiya, I have the Vyaya. Only the crown is remaining at the top of the head. The rest is just light. Again, this is vibrations all around Shrimadaji's entire body. Only the right hand is remaining in the photograph. You can see it being held up, and everything else is just light in vibrations. Vibrations here are completely filling the photograph, so the image of Shrimadaji herself is obscured by the energy. In this photograph, this is very dynamic. One of the things that as we progress in Sahaja Yoga, we begin to establish is that each of these centers within us correspond, have a corresponding deity or aspect of the Divine that helped to establish them. At the lowest center, the corresponding aspect is called Shriganesha, who is a deity from the Hindu religion. He is described as a very innocent and wise boy that has the head of an elephant. You can see in the photograph that appearing before Shrimadaji is this image of two eyes at the top of the photograph, and a very subtle outline on the trunk appearing before or during the function. This is Shriganesha. In this series of pictures, which were taken over a fair period of time, you will see light coming down from the sky, and rays shining upon Shrimadaji on a relatively cloudy day. This is taken from different angles at different times of the day, so that these rays couldn't be created by just a chance. A very small village in India. And they are appearing in the entire series. This is a program, I believe it's in India, from one angle where thousands of people have come to get the experience of Self-realization, and they're all holding up their hands to acknowledge that they have in fact felt that energy. This is from another angle on your hands. See the light. The light of the Kundalini, which I described earlier, is expressing itself in this photograph over the heads of people that have gotten this experience. So this is not only something that Shrimadaji has, but you yourself have within you that can manifest. And you can see the other on the same series. These are all people just like yourselves that have practiced Sahaja Yoga and established it. The first one I guess, coming up, and there are two lights for Sahaja Yoga, some lights up here and some lights and some eye-opening things to remind you that everything is there. This energy that you see starts coming out in rays at the top of the photograph and becoming more and more pronounced as you go through this series of pictures. See these lights, there were no lights. I'm also these lights now. This is the last of that series where everything has just become moving light. Emanating from where Shrimadaji is sitting. This photograph was taken on a boat in a small town in the city of Nair. In this picture, you can see everything looks quite normal, but as the photographs progress, you can see the tail area of the brain of all the people that are sitting around Shrimadaji, as well as from her satsang. There is the light flowing out from the head's bone. Over to the left is the light. There it's just all like, just flowing outwards. Just like rays of the sun almost. All of this was just taken by one of the sahaja yogis that were on the boat. They just appear on the photographs after they were developed. No one knew that this was going on. No one had any inkling until the photographs were developed. That's the case with all of these. This is just something that the camera recorded that when the film was developed, revealed itself. Then it is, next to this was a rainbow and My face in the sky. But then there were two of them, I don't know why, which is after this. There were a series of photographs that were taken of cloud forming shadows. I was looking at the rainbow. My face was also the same color as the rainbow in the sky. These are some of the children that have been born with this

awakening. If you are able to achieve this tonight, which all of you should be, children that are born of parents that have this experience are very often born with this experience of Self Realization. These children are very special. They are very intuitive and they express love very freely. These are some of those kids. This is similar to the diagram that we have here. It is the map of the inner instrument that is contained within us. With the moon channel on the left hand side, as I mentioned earlier, and the blue, I think the slide was reversed, and the sun channel on the right hand side. It is showing the balloon of the ego, which is the byproduct of the use of the right side. When we think, when we plan and act, a byproduct is formed at the top of the head as a balloon called the ego. The same token, the use of the left hand side creates a byproduct and a balloon, subtle balloon, at the top of the head called the super ego. This is the culmination of all of our conditionings. The byproduct is the same. The byproduct is the same. I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot change it. We cannot read about it. We cannot conceptualize it. Unfortunately at this human awareness we cannot know it. Something has to happen to us that our awareness has to achieve another state, a state of selfhood, a state of Spirit. Whatever I'm going to tell you today, you should not blindfold and believe Me. You have done that quite a lot. But keep an open mind of a scientist and if it works, then as honest people we must accept. Because it is for your benevolence, for the benevolence of your country, for the benevolence of the whole world. In this modern times there have been people who are of a special category, who are seekers of truth. We have made the center that there will be men of God who will come on this earth. They will see and they will find their divinity and they will get powers to make others divine. This is the time that has come for all of you to manifest your divinity which is within your sight. I have to tell you that you all have your divinity absolutely intact within yourself. It's all there. Nothing is destroyed, nothing is caught. It's all there. Because it is eternal in nature. Anything eternal cannot be. Maybe it is covered with clouds because of your, maybe some mistakes, doesn't matter. But it is all there absolutely intact. And this is the reason that some of you are feeling that there has to be something beyond and that we should find out what is that because you don't feel satisfied with whatever life you have. So this is a special time. They call it in the Quran as *Daya Maar*, meaning the resurrection time. This is the resurrection time where Mohammed Sahab has described that your hands will speak. This is actually, this is what happens to you when you get naturalization of this experience that your finger tips, your thumb, this is the first center, this is the last center, all of them get enlightened and you can feel the centers of others as well as your own centers. So first you get the self-knowledge and then you get the knowledge about life. Also in the Bible they call it the last judgment. There have been all kinds of interpretations that when we die then we'll come back and we'll be just. When we die what we are, bones are going to come out or how are you going to be judged? It should be logical. You are going to be judged in this life with this body of yours and you are going to judge it. So when this Kundalini rises, She passes through these six centers nourishing and also emitting light. When this happens to you then you realize also what is your problem, what centers are there and what is the problem. If you see all world problems are mostly due to lot of problems. We must have real problems. So if somehow we could find out what are these problems coming from human beings, we'll be able to locate the source and the source are these centers within us. Even there is a problem with these centers we have problems. In that case if we can somehow cure those centers, we can cure ourselves, we can cure the whole world. These centers that are within us are also represented outside medically in the physical sense we can say into processes. But medical science you know is such a specialization and medical science is separate then your psychology is different. If you have to go to a doctor you'll find there's one doctor for one eye and another doctor for another eye. Here we are dealing with the totality of a personality because if you try to cure one side maybe another gets affected. So we have to see into the totality of personality which is his physical, mental, emotional, spiritual being. All of that have to be alright and in balance. Just if your physical being is alright and mental being is not alright you can never be enjoying your life. All this totality can be easily brought in integration if this Kundalini passes through these centers which like a thread in a necklace connects all of them together. So first when this Kundalini rises and rises through your fontanel bone area then you get your integration of yourself. For example you want to do something mentally so your heart doesn't help. If your heart like this then your attention doesn't work it out. So first thing that happens to you that you get completely integrated. Secondly this Kundalini is the vital force within you. This vital force gives energy, nourishment to your centers but the greatest thing about you is, the greatest truth is that you are not this body, this mind, this conditionings, egos, emotions and all but you are the pure Spirit. When you achieve that state of pure Spirit then you realize that there is a All-Pervading power of Divine Love, a very subtle. You see these beautiful flowers here, we take them for granted. Isn't it a native miracle that these flowers have come out of small seeds from this Mother Earth spontaneously? Look at our eyes, such a camera, we take it for granted. This brain what a computer, we take it for granted. We do not even think how we have become human beings with God but of course some people have this inquiry, why are we on this earth? All this miraculous, living one, who does it? Suppose if you ask the doctor who runs our heart, he says, it's an autonomous nervous system but who is the auto? If it's an automobile there has to be some driver



sitting there, then who bites up? Who is the auto? When we start asking questions, a search, seeking starts and this I call as the people who are the seekers. In Sanskrit they are called as sadhakas. So the second truth is that there is an All-Pervading power of Divine Love which does all these miraculous things. But we have never felt it before, don't we? Not sure you can see it's a miraculous thing but you have never felt that. So when you become the Spirit, then for the first time you feel this All-Pervading power of Divine Love on your fingertips as cool breeze. For example in the Bible we have God Almighty and we have His Sahaja. He has no mother, that's a dove, the third one is a dove. It's very interesting that you have a father, you have a son and no mother. The reason is Paul, the one who edited our Bible, hated women and he didn't want to have any mention of the Mother. Though Christ on the cross did say, behold the Mother. And also if you read the Gospel of Thomas who went to India via Egypt and where he left all his treaties in a jar because he was so angry with Paul. All of them were angry. And he put all these treaties in that jar, was found about 50 years ago and later on was excavated 50 years back and then recorded the whole thing. Now a small part of it is out where he talks about nothing but spontaneous experience of the Spirit. And he has written very clearly that Christ has said many times about the Divine Mother but he said, this Mother has conceived me but I have another way to Mother. M is bigger and when this Mother and the Father are together I am bigger. So this primordial Mother which is described even by being such Athena, Athar, Athar, in Sanskrit Athar means primordial and also in Greek language it means primordial. There are in every literature they have described this primordial Mother and in Indian scriptures she is called as Anishina. So this Holy Ghost is this primordial Mother and when you feel this cool breeze it is the cool breeze of the Holy Ghost. So the Kundalini is the reflection of that Holy Ghost within us which is the Shakti, which is the power, which is the desire power of God. God Almighty is the spectator and the Shakti does all her work, please put. That's how we have this Kundalini placed in the triangular bone which is second. Greeks knew that it's a second bone, should be called a second bone. This triangular bone contains this power which when awakened like a primule in the seed it rises ascends and pierces through your fontanel bone area. As a result of that you get connected to this All-Pervading power so the union, the actual union, we can call the spiritual union, it is the yoga. Standing on your head is not yoga. It is a Patakya Yoga also if you read it. It's a, he has kashtanas, means eight, eight forms yoga has described in which Yama Dhyama is one of them, out of which one sixteenth part is the exercise meant for people who have problems, physical problems on their body. But then he, you see, has become such a lot of yogamis these days can be anything. A simple thing is the union with this All-Pervading power. This is the spiritual yoga which all of you are capable of getting, not only that but you have a right sahaja yoga, sahaja means with, jaja is born, with you is born this right to get this yoga, to get this union with the yoga. But you must have faith in yourself when I'm saying that. Now as it is, it's a living process and you can't pay for it, first of all you can't pay. How much are you going to pay? Say, how much are you going to pay to this Mother Earth for these flowers? So how much are you going to pay for something that is living work within us of evolution? We have not paid for any evolution, why should we pay now? But unfortunately I must say, when I came first in, in, in America, that was in 1972 and they said, we can't accept anything for which you don't have to pay. Even the BBC interviewer said to Me in that letter that a agro-sex and brain cannot understand anything that for which you don't have to pay. I said, who has made this agro-sex and brain? Is it made by God or somebody else that it is so different? So I gave up all hopes that I'm a nine years old and I can become. The first thing you must understand, you cannot pay for it, you cannot purchase it. Christ has said that meek in heart will inherit the heart. We have to be meek about it. If you think we can purchase our Guru, we can purchase God, it's not true, it cannot. It is first and fundamental thing which I would like you to understand and you can't pay for it. And it has to be effortless. Now another theory is very common that you must give up all that you have, of course money wise and the things that's, apart from that you must suffer. There's one theory that you go to Gobi Desert, walk to Mycenaean Thiruvannam, in any case you die, I mean it's because of the moral value. So make people suffer. You must suffer, you must pass, give money to Me. When I say this really, so many people have paid so much money to this nonsensical kind of people who have just had no fear of God that in the name of God they have reached simple, innocent people. All kinds of facts, all kinds of things started and as our freedom has given us choices, you see. They were telling Me how many types of serious you have here, of course, I would go back. So this choices started even in your city. So like a guru shopping started, you see, oh this guru, that guru, then that guru. The other day I met one, he had schizophrenia after the worst time he came to Me. He said, Mother, can you hear Me? I said, yes but what about your guru shopping? I could see him, all the gurus sitting down here and there. So he said, Mother, the latest one should I tell you? I said, you don't tell Me, I know all of them sitting here. And he is now schizophrenic. Schizophrenic temperament or we can call a patient is very common in America. In India we don't know what is schizophrenia, we have either mad or sad. Nothing in India. There are solid people in India, if anybody comes like this, they'll get lost. So they came here nicely to you because you didn't know what it was like to get you. I've met so many people. I don't mind making money but they have spoiled your chakras by that. Sometimes it's difficult to raise the Kundalini because of the obstruction. But does not matter. I've told you, your divinity

is intact. But this guru shopping business has to be stopped. If you find here your realization, go deep into it. Right? When you dig the well and you find what is somebody wanting in there, you don't want making steel holes everywhere. So now, we come to another point, what is the Spirit and when you get the Self, what happens to you? Of course you think, Mother, it's all very fantastic. But you are fantastic. Suppose I take a small little box and tell some remote village in India that this is called television and you can see all kinds of beautiful films in this. They'll say, what this box is? It's just a box. We all think we are boxes. We don't know how fantastic it is. So when you put it to the mains, you can see. In the same way we are built in that way. Nothing has to be done. It's all there. Like you see all the lights around here. Just have to put on one switch and they are on because they are already built in. In the same way within you is all built in this special instrument which works it out beautifully, your Self-realization. So the first thing that happens that you feel is cool breeze of the Holy Ghost on your fingertips. Second thing that happens to you that you become thoughtlessly aware which is described also in Patalini yoga is Nivi Chahal Samadhi where your thoughts which are coming from the past and from the future and we are jumping on the cusp of that, suddenly relax and there is a space in between you, created by this Kundalini which is the present and in the present you don't think. When you are in the present you don't think. Now if you want to think, you think but if you don't want to think, you will not think. So all this stress and all these modern diseases that have come are just because most of them are because we think too much. Then the peace that we talk of everywhere. I have more people who have got noble prize in this, I mean know them very well because my another life with my husband is related with all such people. They have no peace in their heart, nothing. They are extremely hot-nippered people. You want to talk to them, take a barge pole and they have got these prizes, peace, noble prize. What to do, whom to tell? It's something so artesian but in reality the peace is within yourself like a wheel which is moving on the periphery but in the center is the axis and if you can jump onto your axis then you are absolutely peaceful and you see all your periphery like a trap, you become a witness, just witness of a trap. To give another example we'll say that supposing you are in the water and there are lots of waves, you are frightened of getting trapped but somehow if you can get into your boat, you see the same waves and enjoy them but if you know how to swim, you can jump into those waves, enjoy them and can save many people. This is exactly what happens to you. So the peace that is within you starts manifesting and you become an extremely peaceful person. You actually emit this. When the Spirit starts manifesting in your attention, your attention is, you feel through your central nervous system. Then first thing is happens to you that your attention becomes pure and stable. Christ has said, thou shall not have adulterous eyes, means your eyes should not have lust and guilt. Very hard if you say, Mother how to do that? Many have told Me, Mother our eyes go like this, like this all the time, like mad men but once this Kundalini comes up and you get into this union with this Divine power, your eyes become pure, absolutely pure and such eyes are so innocent and so powerful that even a glass of these eyes can change and transform other people. This is what happens to people once this Kundalini fixes you up with that vital power of divinity. Above all the same attention becomes effective, becomes feel on your finger-tips your own centers and centers of others. Thus you become collectively conscious. A new dimension comes into you that you become collectively conscious. Who is the other then? The microcosm becomes the microcosm. Who is the other? You start feeling the other with all your finger-tips. If you know how to correct them, you can correct that person. Sitting down here you can feel the centers of anyone you want to be, dead, alive or far away. You take about ten children who are realized also, tie their eyes and put somebody in front of them and ask them, what's wrong with this person? Supposing they email this, this finger, they all raise one finger because they know absolute truth. You ask a gentleman, are you suffering from heart failure? Yes, of course, but how do you know? This finger denotes the heart. So you know the absolute truth. So far we do not know absolute truth. A person says something, B person says something, C person says something, then that is all. Now, this very nice I'm happy that Mr. Freud has been informed to be HOBAS folks. Very good idea. But when I said in twenty-two years back, they didn't like Me. And that this psycho-analysis is all HOBAS focus is also now set by many people and even the two books come out of very great spots. He ruined people by his own ideas and by ruining us, people were so much identified with him that they didn't like to hear anything against him. And today you see the result. He is exposed. After his exposure you know that he was wrong. But on your finger tips you can feel what was wrong with him. He was empty, he had died of cancer, he had bad relations with his mother and that's what he wants to apply to everyone, internalizing. It is unbelievable these theories were so deep in his absolute important. Recently one gentleman asked me, what did Mr. Freud say? I just told you in one sentence that he said that there's some sort of a relationship between child and the mother and so on. And he said, he said, I've got a gift come to the other end, you've got chopped in little bones and thrown away. In taller women you say such things about them. It's an abuse in India and you'll know if somebody says something like this, you can be arrested and put in jail. You can't say anything like this. It's an abuse. While it was accepted in America for God. These yarns that came out, perhaps maybe the Catholic religion which started another yarn of original sin. So to counter-balance that they must have surrendered to this only both are not. How can Christ attend a wedding if

it is, if it's an original sin? It's a very practical thing, it's a natural thing that we should get married, have children, have families. All these nonsense of original sin must have come from suffering sin. So many things like that logically you must have. And this is what made, must have made people to jump on to that and complete ruination of their childless. Somebody comes up with some items, they think it's new so we should take it. Is it necessary to take to everything that is new? Like one day I was sitting with the ambassador of Mexico, he's a white man. He said, I know you don't like Freud, of course I said I don't but you know he gave us something new. I said, see, you're excellency, you have eaten all this food before but you have never eaten the table which is new, better try it. He was really undimocratic on my part. So everything new is not great. We must have our own understanding, our own personality, what to accept and what not to accept. That is also possible only when you have your self-realization. As I told you, you know the absolute. Anybody comes out of Indian jails straight away, goes and wears those dresses, funny dresses, all kinds of things and puts some odds, comes here and becomes a great master. Nobody wants to see what sort of a man he is, what are his tendencies, what is his private life, what he preaches and what he practices. After realization if such a person you face, immediately you'll know he's a real cheat because your fingers will stand firm. Not only that but you might get a pistol from some of them. This is all described in the Bible such people will be my people. So you know the absolute but it has a very wider implication because if you know the absolute truth, all of you know the same truth and I'm sitting here, you all see Me and you all know that I'm sitting here, there's no quarrel about it. In the same way, when all of you know the same truth, why will you quarrel, why will there be fights, why will there be discussions of people and why will there be wars, no point. Now in India we have a seminar every year about three thousand people come from fifty five countries. I've never seen them quarrelling, fighting, never. Of course they bully each other slightly because they have lot of fun. They have fun. Life is a fun, it is not something serious. It's a fun but you have to reach that state when you know what is real one and what is not. These problems are because everybody has his own ideas and he thinks that's just the truth. But there's no substance in it. The reality is very different, the reality is unique, it's absolute. And once you know this absolute, there's no quarrel, no fight. So you know the absolute because this Spirit is the source of truth, the source of love, compassion, pure love but also it is the source of truth. Suppose if you really love somebody, then you know everything about that person. But this is much more than that, that you really know the absolute truth about everything, about every man, about every man. And all of you know the same thing. Also the Spirit is the universal being because it's the reflection of God Almighty and reflection has to be the same. Once it starts manifesting, we become a universal personality. That way we are logically also. See, you've got the skill little bit, you find the same way in every one, the same mode, the same art is everything the same. We laugh the same, we cry the same way, the feelings are the same. Only difference comes in the faces. It is in the, has to be otherwise you would have been so boring you know to see everybody in the same face, with the same color, the same eyes. It's a variety that creates the beauty and interest in life and that is what God has done but I mean I don't know, everything He has done is of, is of, goes into fiasco. I don't know how human beings have a speciality to make everything beautiful into something nice and small. We are all made the same being but the Spirit being, the universal being, we all just forget the superficial differences and we just feel that we are all human beings. This is the first time you start enjoying each other. I think compassion is so great. When I went to Russia, first time not, because Russians I must say, are really very sensitive to spirituality. They have no, not so many secrets. They have not so many choices. They have no choices. Whatever is in the market is there, you better have it or don't have it. There is no way of going shopping or things like that. So their attention is just there, there's not freedom of it but they are so sensitive, I'll tell you, I'll tell you, they have never heard My name, they have never told Me who I was and just they were there seeing My face. Apart from that they were so many there that I was amazed that inside went three thousand sitting and three thousand still absent. They said, what about us? I said, alright, let me see. When I came to the realization to women, they were all sitting outside, sitting waiting for Me when I came out. They said, Mother, what about us? All of them sitting down there. I said, alright, tomorrow you all come along, we'll have the program outside, not in the hall. All those who were sitting outside and all those who were inside, all of them were in the kitchen. Once they get realization they are there, you'll be amazed how deep they are. The day may come it might be the most powerful country, apart from India I don't know. India's also makes us a little different, I'm very vulnerable but between the two I can't say. But when I went to Russia first, twenty-five Sahaja Yogis from Germany came, these Germans, you know, they are boys and ladies. I asked them, how are you here? Don't you think Mother, it's our responsibility? I said, your responsibility? Yes, one out of four fathers. You have to do it, it kills in their eyes. You'll be amazed, they stop all people that you have seen and the gentlest people you could ever find, extremely gentle. After Sahaja Yoga, I don't know what has happened to them or their genetics have changed a lot, they are so gentle. You won't believe that they are the same Germans about who we are person. Such a change, except for these Germans still I don't know, they are the people who have been always very angry with everyone but otherwise. It is very surprising how this compassion bends away the heart and you feel so compelled that you have to have this. Now we have no organization, you'll be

surprised, I have no secretary. We have nothing that I could say, this is my off-wheel service, nothing but everything is working out because everybody is bicycling away, everybody is trying to do it. They are not paid for money, they get no money, I get no money but they feel from their heart that what they have got it should be into. We have to do this and the enjoyment that they get out of it is so great that this thousand times more than getting any money out of it. Because you get after realization the power to raise the Kundalini, give realization to others, cure others, you get all the subtle knowledge about your being with Indians for which you don't have to pay again. Of course you might have to pay for this for all. Formerly I used to pay for all the whores but nowadays these people have started paying for their whores. That's different but for your realization and for your work you don't pay. There is no compulsion on them, no payment, nothing. You are free, government-wise. There are some who have left Sahaja Yoga, we are very happy they have left because they were not the people who were preaching the same as their practice. In Sahaja Yoga it becomes the fullness as we call it, the innate which has been asked, the righteousness so innately built in and manifesting that whatever you say you do, now somebody who has been Christian, Hindu, Muslim, Indian can commit a sin, can kill anybody what would they like, there's no proportion, not in Sahaja Yoga. Overnight I've seen people have given up their sin, overnight. I don't say, don't say anything against them. I do not say against or for, don't do this, don't do this. These ten commandments I never say but automatically you do it because you get the life. For example, if you are holding a snake and I tell you, you have a snake in your hand, you will say, no, it's not snake, it's a rope because it's sharp, yes, you can't see. Till that snake bites you, you will be alright. But supposing you see the life even a little bit of it, you immediately throw it away, like that, you throw away all your habits which are destructive, which you have just accepted without any standards. Also your diseases disappear. I must tell you, we have seen many blood cancer patients being cured in this country. So many diseases have been cured that I tell you, I cannot tell you. All kinds of diseases are cured through your own good beginning, through your own path. Diagnosis is just all difficulties, you don't have to go anywhere. Even I mean the hospital, they kill you with diagnosis only. But here the diagnosis is simple because I said, believe me, you are all fantastic. So you can diagnose yourself, you can diagnose other people and you know how to cure them by very, very simple, simple things that happen, how to correct the chakras and once you do that, you are alright. We have now three doctors here in India, three doctors in India who have got their MD, after their MBBS in sahaja yoga, in curing, in development, like asthma, they will have seen what they have done. But many have been cured. Now the best part of it that we never write it down, who has cured too much, it's a, it's a not very horrible. Suppose you give food to somebody, you don't find out how to give food to somebody. In the same way, somebody is cured, they don't find out what you do, they are cured. Now the other day I've seen, like we are on the television, they have some lady talking about she has been cured of this and cured of that and they have all seen it. Absolutely not! With heat if you have cured, these are simply not. If somebody shakes before you go in there, you are cured, it's absolutely not. In some sort of a that we call the Pretha Vidya is the, what is that there, uh.. black magic or some sort of a spirit they use and with that they cure. But they put the spirit in you and once you have so called cured, you develop other problems. But you must know the whole modus operandi as to how you cure and how other person also should know how it is done and it should be tangible through medical science. It should have been a lot cured. How? What happened? What did you do? If you ask such a question, they won't be able to say. Oh just I say like this, I pray, pray, pray, I'm at it. Even this prayer, when you have no connection, was there some prayer? If the telephone has no connection versus a telephone, that's why Christ has said, you will be calling me Jesus, Jesus, I won't recognize. Most of these fundamentals must be the ones you have to mention. They are fundamentals, Christians, fundamentalists, you see, fundamentals, this is my fundamentalist. What is fundamentalist there? If it is fundamental, you cannot be fundamentalist because fundamentally we are all one. So the religion is universal within us, in any field and all the religions are fundamental. On the tree of life all these flowers have come, on the tree of spirituality they have prospered at different times. People plucked them and now they are fighting with these dead flowers. There's no life. Moreover all these religions are not speaking to Indian at all. They are only power oriented or money oriented. Here the other day we saw one picture, no one, some of it, I don't know what it was, where he said, you release hundred dollars, release hundred dollars, so actually you'll be surprised, a hundred dollars, no? And he said, you release it and then you get all the places. There was one lady, she had said, I have saved, crucified for her, grocery hundred dollars, she released it to us, she gives the phone number and all that and she saw the grocery in her doorstep and then the groceries started dropping from her roof and people immediately talked for one hour. Such a gluttonous nonsense. I was shocked, I mean how could he talk like this? And people believed what happens to their intelligence and people are giving money to them who are simple, faithful, in the name of God. All right. So the highest thing that happens to you when you become this Spirit, that you jump into the ocean of joy. Joy cannot describe you, it's an experience but you cannot do anything like happiness and unhappiness. When your ego is pampered you feel very happy and when it is punctured you feel unhappy but joy is a state. In which you see the essence of joy in everything. For example now, there's a very beautiful shawl is spreaded. I watch

this. Now somebody, if I own this one and if I'm not realized so, then I'll worry about how much will it cost and I must ensure it and all that nonsense. But if I don't own, then also I'll look at it, where should I get such a nice thing, where should I buy this? But if I'm a realized soul, then I'll watch this. As soon I watch the beauty, I will go thoughtlessly on my hand and all the joy that the artist has put in this, to make this, starts pouring on me like a soothing, beautiful feeling. That's what is true. And you don't think, you just watch and the essence of joy that is there, starts just absorbing. Of course so many other things happen which I must tell you that your memory improves. You become extremely creative. There are many great artists in India that tell you after coming to Sahaja Yoga, they have become so creative. Also that your age drops out, at least 20 years. You become extremely dynamic, at the same time extremely compassionate. Now, I'm 70 years of age and travelling every night, every night and doing this work. I have a very good family, my husband is very well-placed alive, I come from a royal family, all that is there but I can't enjoy my life unless eventually I steal a gift. Because first of all, when you have the powers, you are the capitalist. And when you have the power, you can't live without distribution, you are the communist. All these theories which look funny become minor. You can't exist, you can't enjoy anything unless it's you. You begin these joy-lives. This is how the whole world has to be transformed. And all of you have to have feelings that you have to become the maker of that world which is very simple, very joy-believing. Also this All-Pervading Power, you've seen these, these slides now. I mean, there's nothing we have, we have miles and miles of them and every day something new appears. Who is doing this in this All-Pervading Power? I told him that this will start showing also in the temples, churches and all that and now people are seeing them, some photographs are coming in the temples and churches also. So, you feel absolutely blissful. All the time you feel there's somebody who's protecting you, some force which is guiding you. All the time there's some sort of a miracle is happening and you're amazed how it happens, how it works out. So many miracles have happened in Sahaja Yoga. And they wrote letters after letters to Me, so I told one gentleman that why not compile them together. After one month he says, Mother, all the time on both the sides they have come to My head, now what should I compile? I don't know what to do with it. How many volumes have I to write? I say, Mother, I won't write. Do what to write. He says, it's impossible. Next month again it will be another mountain coming to Me. But these miracles are so sweet and so beautiful and so nourishing that I wish sometimes we could sit down and make some at least of them available to you all. You'll find all My Sahaja Yogis will be laughing, enjoying themselves but they are very decent, they are very good citizens. My husband in the beginning used to say that you are not real means you are a very evolved soul but you can't break others. It was impossible. But now he says, they are all angels. You all can be angels because you have that ability within yourself. But first thing is that you must have a pure desire to have your Self-realization. I cannot force you because I respect your freedom. It cannot be forced. It will take about ten, fifteen minutes to get your Self-realization. But I would say those who don't want to know, I cannot force them and they should leave the hall and not disturb us. Just take fifteen minutes more and if you want to stay, then please don't go in between the time when we are doing this. This process of awakening doesn't take much time at all but as I said you must have pure desire. I wish we had more time for you to ask Me questions but the main thing I would like to tell you about questioning that for the last twenty-two years I've been doing question and answer and this question and answer I think I'm quite an expert now. I know what to answer and quite a lot. It's a little bit I must admit, it's just a little bit. I don't guarantee your ascent because this is beyond the mind. You go beyond the mind, your attention goes beyond the mind. Like I'll show you. Now this is the attention is spread out at this level and then the Kundalini starts rising. She puts all the attention inside and here then at the apex She breaks, then all the grace starts falling on the sides and you feel very relaxed. Then in the brain through the nerves it starts enlightening your nerves and you feel good breeze of the brain because now your fingertips are enlightened as in the Vedic of terminology they say that sympathetic sympathetic endings are on the fingertips. I must say I've read medicine myself that the treatment that people give is like treating a tree from outside but Sahaja Yoga is the knowledge of the roots. Our civilization has grown so big but we don't know about our roots and if it is coming from the beast, one should not find it. After all so much knowledge of science has gone to the beast. So what is the harm if somebody brings this knowledge of the roots to you from the beast? It's very important to understand that in the Kingdom of God there is nothing like East and West. So you have to enter into the Kingdom of God and for that you should get out these things because somebody in the other hand told Me that people think that Christ was born in India or in America as a country. It's historically not. It is important that we have to understand we are not so small that we can belong to one small parent or to one small country or to another. We belong to the whole world and the whole world belongs to us. Only we have to get that expansion within ourselves. So now there are simple things have to be done. Again I say those who want to go those people who cannot see Me if someone wants can come in fright also if you want. Some people in might say this side just it. There's no need to see Me, there's no need at all. It's all there in that posture. Just believe that there's nothing to see Me as. Now, so there are three conditions which I must say, which I must say something to you by now. Three conditions. The first one is that all of you have to believe and have full faith in yourself and

should know that you are all going to get your Self-realization tonight. Please don't doubt yourself. So it follows that whatever mistakes you might have committed, anything of that kind then you should have no guilt whatsoever at this moment. After all you are human beings, you are not gods. Only human beings will come into this place. So doesn't matter. At this all pervading power of God's love is the ocean of forgiveness. Whatever mistakes you have committed can be easily resolved by that. So why, why should you condemn yourself for nothing at all? So have no guilt at all. People might have told you that you are silly, are means that. Those who tell you must be the sinners. Okay, get it? But it's very important because if you feel guilty then you would land on a center of a left hand side of the heart. Which is very dangerous even physically. You might develop spondylitis, you might develop angina, you might develop very lethargic hormones, some very dangerous things. So why feel guilty? If you have done some mistakes, please sit up and please sit down. But don't carry it here as a load, all the time killing yourself and have a spondylitis. What to, why you have the pain in the neck? I'm just telling you that you have, you have full confidence in yourself and please know that you are not guilty in that eyes of the divine. Just please forgive yourself. The second condition is, you don't feel guilty is the first condition you can call it on the second one. And the third one is very, very simple is that you have to forgive everyone in general. For some people it's very, very difficult but psychologically if you forgive or you don't forgive, what do you do? What do you do? Nothing. But when you don't forgive then you play in wrong hands. Those who have troubled you, tortured you, they all nicely enjoy life and you are torturing yourself. But when the Kundalini is rising, this center of awareness is constricted. See the optic chalc now, can you imagine, like this and it won't open unless until you forgive. You have to forgive. Then it opens. People will bear a cross and they will come and tell you, but they are very difficult to forgive. I said they come, they cross, they stay. Forgive everyone. Such a headache and you don't have to think about them also because that's also headache. As soon as you will say that, I forgive everyone in general without thinking about them, you will much like it. It's very important that you forgive everyone. As it is, you have suffered so much and are you going to miss this opportunity of Self-realization because your architecture gets closed. So please forgive everyone in general. These are the three conditions which I hope you will do. I have full confidence in you, I have no guilt about it, forget the past and forgive everyone without even thinking about it, in general. The only thing we have to take little help from Mother Earth, so you can take out your shoes. Those who are sitting on the ground are all around you. Sit comfortably. Comfort is the main thing you must achieve. You don't have to stand on your head, you don't have to go to Malayas, you don't have to start fast. Be comfortable. That is Mother's time. Now as the left and right side are two different powers, the left side is the power of desire, the right side is the power of action. Please put both your feet apart for me. No, no, for you it's all right. Sitting on the ground is all right. Perfect. That's the perfect thing. You have to sit like this otherwise. No, you remove your asanas, just shavas. This is called as sahaja sah. Spread your legs a little bit, not to put them in the top. No, not like that, just have to do. I mean, yogasana or what? I mean, if there's any problem, we'll also tell you what asanas to be done. It's a science, which you should understand, not to take all the medicine from the medicine box and just give it. You can sit on the chair if you are more comfortable. Now, what we have to do is to put the left hand on your lap comfortably towards Me, your left hand, because this is a symbol or symbolically you are designing Self-realization. Put the hand towards Me on your lap, comfortably or on your arms, any way you like. And with the right hand we have to nourish our centers on the left hand side. We are working only on the left hand side. So first we have to put our right hand on our heart. Here resides the Spirit in the heart. Now, if you are the Spirit, you are the Spirit, you are the Master. In the light of the Spirit you become your own guide, you become your own master, your own guru. So now take down your right hand, the upper portion of your abdomen, the left hand side, which is the center of your mastery. This center has been created by the masters and prophets, which is to be enlightened, later on by Google. Now please take your right hand in the lower portion of your abdomen. This is the center of pure knowledge of the mind. Now raise your right hand in the upper portion of your abdomen. We are showing to you now and then we close our eyes and we do the processing. Now take your right hand down on the upper portion of your abdomen on the left hand side. Now take your right hand on your heart. Now in the corner of your head and your shoulder, as I told you what happens when these centers reach your body and you feel this. Turn your head to your right. Now take your right hand on top of your forehead across and please put down your head as far as possible. Here you have to forgive everyone in your mind. Please take your right hand on the back side of your head and push back your head as far as possible. Here without feeling guilty, without counting your mistakes, just for your satisfaction, you have to ask forgiveness from this All-Pervading Divine power. Now the last center is touch your palm as much as you can. Put the center of your palm on top of your head. On top of the fontanel bone area which was a soft bone in your childhood. Now please put down your head as much as you can. This is important now to push back your fingers and your thumb so there's a good pressure on your scalp. So there's a good pressure on your scalp. Now please move your scalp slowly, clockwise, seven times. Scap, move it, push back your fingers very hard, put down your head, put down your head, push back your fingers and move it seven times. Don't hold your head, push back your hands, that's all we have

to do. That's all we have to do. Now again you have to put your feet apart from each other. If there's anything tight on your waist or on your neck, you can little bit loosen it. You have to sit straight, not with anything, just on it. You're a very comfortable man. Put the left hand towards Me and the right hand on your heart. Now you have to close your eyes, you can take out your glasses. Your spectacles should be removed because you have to keep your eyes slightly lighter. Please close your eyes and don't open them till I tell you. Here you have to ask Me a very fundamental question about yourself. You can call Me Mother, Ashri Mataji, whatever you like. Mother, am I the Spirit? Ask this question in your heart three times. Mother, am I the Spirit? If you are the Spirit, you are your master. So now please put your right hand in the upper portion of your abdomen, on the left hand side and ask another fundamental question in your heart three times. Mother, am I my own master? Ask this question three times. I've already told you that I respect your freedom and I cannot force pure knowledge out of you. You have to ask Me. So now please take your right hand in the lower portion of your abdomen, on the left hand side and here you have to ask six times because this center has got six petals. Mother, please give me the pure knowledge of the Divine. Please say it six times. As soon as you ask for the Divine knowledge, the Kundalini starts rising. So we have to open the upper centers with our self-confidence. So now please raise your right hand on to the upper portion of your abdomen, on the left hand side and please press it hard. Here with full confidence in yourself, you have to say it ten times, Mother, I am my own master. Say it with full confidence. I have already told you that you are not this body, this mind, this conditioning, this ego, these emotions, but you are the pure Spirit. So now please, raise your right hand on your heart and here with full confidence, please say twelve times in your heart, Mother, I am the pure Spirit. Mother, I am the pure Spirit. Please say twelve times in your heart, Mother, I am the pure Spirit. Mother, I am the pure Spirit. The All-pervading power of Divine love is the ocean of knowledge, ocean of compassion and ocean of bliss. But above all it is the ocean of forgiveness and whatever mistakes you might have committed can be easily dissolved by this ocean of forgiveness. So please forgive yourself. Raise your right hand in the corner of your neck and your shoulder and turn your head to your right. Here you have to say, again with full confidence, sixteen times, Mother, I am not easy at all. Please say it three times. I have already told you logically whether you forgive or you don't forgive, you don't do anything. But if you don't forgive then you play in wrong hands. Moreover, if you do not forgive, this Adrya Chakra will go to open and the Kundalini cannot pass through it and you miss this opportunity, the greatest opportunity of getting your Self-realization. So now please take your right hand on top of your forehead across and please put down your head. Here you have to say again with full confidence, without thinking about the people who have hurt you. Say it from your heart, not how many times, from your heart. Mother, I forgive everyone in general. Say it from your heart. Please don't say it is difficult, please don't say that. Now, please take your right hand on the back side of your head and push back your head as far as possible. Here without feeling guilty, without counting your mistakes, just for your satisfaction, you have to say. O Divine power, if I have done anything wrong, knowingly or unknowingly, please forgive me. This again you have to say it from your heart, not how many times but from your heart. O Divine power, if I have done anything wrong, please forgive me. Now, last set. Please, stretch your palm. Now put the center of your palm on top of your head. O Divine power. Now put the center of your palm on top of the fontanel bone area and now bend your head as far as possible, please bend. Stretch your fingers so that there's a good pressure on your scalp. Here again I respect your freedom. I cannot force Self-realization on you. You have to ask for it. So now move your scalp seven times clockwise slowly, saying, Mother, please give me Self-realization. You have to ask, Mother, please give me Self-realization. O Divine power, if I have done anything wrong, please forgive me. Now put your palm on top of your head. Now please, take your hand out of your head. O Divine power, if I have done anything wrong, please forgive me. Now please, take down your hands and slowly open your eyes. Open your eyes slowly. Put both the hands like this towards Me. Now, watch Me without thinking. Now, please put your right hand towards Me like this and bend your head and see with your left hand if there's a cool breeze coming out of your fontanel bone area. It may be a hot wave like breeze, could be warm, could be cool. If you have not forgiven, then it would be hot. So please forgive now. Now, please put your left hand towards Me like this. Now, bend your head and see with your right hand if there's a cool or warm or hot breeze like wave coming from your fontanel bone area. Now please don't put your hand on top of your head but away from it and see for yourself if you can feel cool breeze coming out of your fontanel bone area. Now, please put your right hand on top of your head. Some people get it very close to the head, some people get it very far. So just move your hand and see for yourself. It is you who has to certify that there's no air conditioner in your head, so it's coming out from there. Now, see the right hand, right hand but don't put your hand on your head, away, away from it, away. Now put your right hand again once more. Now see with your left hand, see for your, with your left hand. Now, please put both your hands towards the sky like this and push back your head. And now ask a question, one of these questions three times, one of these, Mother, is this the cool breeze of the Holy Ghost? Mother, is this the cool breeze of the Divine Love which is all-pervading power? Mother, is this the Paramachaitanya? Anyone of these? One question, anyone of these, ask three times. Not a darn good one. All those who are fed, who are caught, who walk in this

light, on their finger-tips or in their hands or palms or on to their fontanel bone area, please raise both your hands. Shri Mataji, may God bless you! This is Seattle, the saints of Seattle, I bow to you. Some people they feel there's matter, you can wait here, these people you've worked out. You can also see how it worked out and how it manifests. Doesn't matter if some people have not felt but most of you have felt the cool breeze of the Holy Ghost, the all-pervading power of God's love. May God bless you all! One thing I have to tell you that Sahaja Yoga in modern times is not an individual happening but it's a collective thing. You have to come to the collective thing. Like if I cut one of My nails, it won't grow. So many people they stare at home, they stare to home, Mother we felt very happy and all that, we are very good at it. Doesn't work out. You have to be in the collective and enjoy the collective. You will find there are people who are very good in Sahaja Yoga already and they know everything, they'll be very sweet, nice and compassionate to you and they'll tell you everything. So don't feel bad, in any way they will never say anything bad about you but try to grow in collective. For which you don't have to pay, it's not like an introduction lecture and then the money. If anybody asks, they'll let Me know. Nobody will ask. So you just enjoy yourself and you exteriorize them again. I'm sure I'll meet all of you exterior, I may stay longer with you and you have to not only know what it is, all the subtle knowledge about yourself but you have to select it. If you put a light, if you enlighten a light, this for the others, this light and you'll enjoy it. Those who have not felt, should not feel bad. You can get it in no time, everyone has to get it. So those who have not felt, wait for a while and the sahaja yogis can manage that. See, you'll be surprised how many people you move, other you'll find, how many people you'll feel. It's so simple. So enjoy this silence and from today you have entered into the kingdom of God, just watch and see. But now I know you won't go on being too shocked. I've got there is decision and I'll go to other people, I'll judge people. In a way what I want to say is that you must respect your surroundings, you must respect your personality, you must respect that you are something special, that you have achieved something special, that you are special people and this is a very silent spiritual revolution that is going in which you must play many active part, that's why you have got your realization. So I hope you'll understand your own dignity, your own decision in the plane of the Divine and don't waste your energies in nonsensical things. I expect that all of you will be all this. Also if I've said something which makes you feel guilty, also forget it, come to Me. It's a matter of, I should say fashion that people feel guilty also, but not in a way. You are not to feel guilty and tell all the trees on the way that we have implemented. Until then we are all injured now. May God bless you. What is it? What is it?

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All right? Felicity, you better sit on some chair, be careful. Are you all right? Yes, yes, it's all right, be careful. Yes, it's all right. It's expels, eh? All right. So, should we start now? Is it all right? Are we focused, just? Yes, it's okay. Forgive Me now and then I'll turn away and look at the time. I'll just be checking. I'll do that for some reason. It's all right. That's enough. Or an extension, if you have an extension cord, that would work too. Do you want to just hold a watch? That would be perfectly all right too, if I could borrow a watch from somebody. It's a digital one, I'm afraid. I'm not going to be on camera so I can look at the watch and do all sorts of things. You can do what you like. I'm going to jingle it around. It takes too long. Not rolling yet. Are you rolling? Just the legs. Legs, okay. I'm setting up. Just resetting it. Is the telephone off the hook? Yes, it is. When the little one may start crying. That would be nice. That would be a nice sound. Neck. You must look after the neck of the baby. That's the Vishuddhiya. That's the little motherhood. Okay. So about fifty minutes. We'll make it about fifty minutes long. Alright. I will answer in short, would be better. Whatever you feel like. Because how many questions you'll ask, it depends on. I don't know. Depends on how long your answers are. I can go on. It's all spontaneous. So ten twenty. If we started at ten twenty, what time? Fifty minutes later, please. I don't know. We'd better keep it facing for Me. So if we start at ten twenty, then if we finish at eleven ten, that's fifty minutes? Fifty minutes will do. It could be long then. It's all right. It's all right. Okay. Okay. Okay. You can roll. Mataji, in order to understand the process of realization, which is very complicated and almost has a kind of scientific discipline to it, but first maybe you could say a word about the goal in order to anchor our discussion. So could you say something about the highest realization, what the goal of this entire process is? The goal of this process is, to begin with, we should say, is to become the Spirit. The Spirit is the reflection of our Creator, the God Almighty in our heart, which is the collective being within us. Now of course this is all a theory for you, and you can say in a hypothesis, but it's a fact and can be found out. After you get your Self-realization, you feel the manifestation of the Spirit in your nervous system, in your conscious mind. This is the goal, to begin with. You see, if you talk of the very higher things, it could be confusing. So the first is Self-realization. That is the first goal. You said that the Spirit, you define the Spirit as the reflection of God Almighty in the heart. Yes, please. What is, what do you mean by God Almighty? God



Almighty is the one who is everything. He is the one who is the Creator. He is the one who has desire to create, the one who is, can destroy if he has no desires left, and He is the one who gives us the Spirit. And He is the one who gives us sustenance, who gives us this evolution by which we have become human beings. He is the entire thing. It is all His play. I was under the impression that the Kundalini was Mother Kundalini and that, that this energy was feminine, and now you refer to the Divine as He. Yes, He is Divine and She is also Divine, both could be Divine. But He is the one who is the witness of the play of His desire, and His desire is the Primordial Kundalini, is the Primordial Mother, is the Holy Ghost, as they call it. And She is reflected within us as the Kundalini. When this reflection that is the Kundalini meets the reflection that is the Spirit, then the yoga takes place, then the union takes place. What was, what was the Divine doing before it created anything? It was sleeping. It was complete silence and then it awoke. When it is awakened, a creation is created out of His power. But He is just the witness. Is, is the goal to participate in the Divine play or to return to the complete silence? First is to get into that play, to become one with the whole. That is the first goal, as I said. And you, you don't think it would be helpful to speak about anything beyond that? Just now it can be dangerous, you see. This is difficult for people in the West who don't understand the idea of, of a secret teaching that unfolds as, as a person develops. They, they overhear, we think that we can hear everything all at once. You see, it is a living process. And in the West I don't know how many have studied living processes. Living process is never like that. First the seed, then the roots, then the tree, then the leaves and then the flowers and then the fruit. See, so the, it is a living process. Now we are human beings at the stage when we are flowers. Now we have to become the fruits. Then the fruit has to grow. Once we understand living process, we can understand why. We have to first get Self-realization. That's why Buddha did not talk of God. Because if you talk of God, it's too far-fetched. So better to talk of Self-realization first he thought. Because if you talk of something abstract, then people get fizzled out. So as a spiritual mother you, you teach your children and show them how to become one with the entire cosmic play? Yes, first of all to become the, your microcosm should become one with the macrocosm. First feel that, first understand that and then grow into it. Now how do your, your disciples or your spiritual children do this? It's obviously not just a matter of philosophy, but thinking about it, how do they proceed along the path? As I said it's a living process and for living process you cannot do anything about it. It's spontaneous. But as in the living process you have seen that if you have to sprout a seed, you have to put it to the Mother Earth. And the Mother Earth has the capacity to sprout it spontaneously. You don't have to do anything about it. In the same way if I am the Mother Earth, if you put your hands towards Me you can get your realization. It's very simple. But once you get realization, you can also give realization to others by raising their Kundalini because from your hand that Divine power starts flowing. For the first time after realization you start feeling the Divine power. Many things happen though I said it's slow, but it's very fast. It's so, so fantastic and so dynamic that even Self-realization is difficult to contain. Many spiritual traditions they'll talk about spiritual cultivation. It's a, if you just put a seed in the Earth and just leave it to chance, many, many, many unfortunate things can happen. Are there any disciplines or protections that your students engage in? For instance, dietary restrictions or formal meditation or different practices? I don't think you need it anymore. You have done it in previous lives now. You have had enough of it. You don't need anymore now. What you need is your realization. The trouble is we must also understand that the creation of God is the epitome, is the human race and it is on the brink of its destruction. So the Divine itself has taken steps to see that forgive everything. Now just get them realized, you see. It's like emergency, you can say, or the last judgment has started or the resurrection time as described by Mohammed Sahib has started. He has precisely once said that your hands will speak what Sahaja Yoga is doing. He's all described also by many saints thousands of years back, the seers who have described the coming of Sahaja Yoga in those days. So you feel that you have experienced or you have the vision that the human race is living in the last days in a time of unusual cosmic emergency and flowering? Of course, no doubt about it. Without that they would not take to God also. This is something with human beings. Unless and until they are put to that kind of a frantic condition, they just don't look at things. But haven't human beings almost always felt that way? I mean, hasn't there always been a frantic condition? Haven't spiritual teachers, most of them always warned people that there is not much time left and that they're living in the last days? I don't think they did that way because most of them said that this will happen. They always talked of future. All the prophets have talked of the future of this time. Even William Blake who came hundred years back has talked about it. Everybody has talked about this time that this blossom time will come and that is the time many flowers will become fruits. And if these, why precarious? Because at that time it's a very delicate time. At the time when you are flowers it's easy to destroy. It's beautiful that you call it a blossoming time. I mean, many, many people who predict the doom, doom, doomsday would call this time of great destruction but you're calling it a time of blossom. Yes, first the blossom, then the doom. The blossom because you have to become the fruits. And once you have become the fruits, the rest is useless, is thrown away so that you can call as a doom day. But first God must give us, give you complete chance to be the flowers, to be the fruits. Isn't it? In His compassion. The students who gather around you, as you call them, your spiritual children, are they of different levels

of capacity or can all of them receive this realization and transmit it to others? All of them. All of them can receive. As long as you are a human being you can get realization. But there are sometimes very complicated people. They have had attacks, they have had physical problems, mental problems, emotional problems. There are special category, of course. There are some people who are a special category. Maybe you may not find that seeking in some people. But once you have established a quite a number of people who are realized souls, the others will follow them. So you feel that just being human itself, just having the human soul and the human body is enough for realization? Enough, enough for realization. Is that somewhat different than traditional Indian teaching? It is not different. But I am different, I think. Perhaps I am endowed with something special that I can do it in a better way, perhaps. So the karmic process of reincarnation and gradual preparation is being speeded up? Very much. But it was long time back when Christ came in. Actually nobody told us that Christ has come in India. That's the confusion about. The way they represented Christ, Christ was not like that. Christ came on this earth. His name is Mahavishnu in the Indian scriptures and He was to come to suck our sins and our karmas. And He's placed in a center called Agnya Chakra, the last center here, sixth, before entering into the, we can say, the Kingdom of God. This center was the most important one where Christ Himself established. And if He is awakened, He sucks in your karmas. This is already promised in all the Indian scriptures. They were waiting for this Mahavishnu to come. But the missionaries who went with the guns in the one hand and the Bible in the other, they never understood Christ. You see, I don't know what they were talking. And the way they talked about Christ, nobody could believe that it was Mahavishnu. But now when I told them it was Mahavishnu, they are all changed. Of course, that was Christ and He was Mahavishnu. He's already come, so you don't have to suffer. There is nothing like karmas. In Sahaja Yoga, if you can raise your Kundalini up to that and if Christ is awakened, He'll succeed for you. He's done it already. He's died for us, for this purpose only. It's a special type of a very special incarnation of the Divine vibrations itself. I mean, He is an abstract God who came on this earth. Tremendous personality it was created. He's all written down. Were you, what was your spiritual training as a young woman? What was your family background and when did you feel it? When did you experience that there may have been something special given to you spiritually? Oh, I am very ancient, you know, so I knew all about it since My birth. Since babyhood you had a feeling. Yes, I was quite, I mean, I knew all these things very well. Was there a particular time that it became active in you? Was there an experience of being called to your mission? You see, I took birth in a Christian family and My father was a very learned man. He knew 14 languages in Sanskrit and all that he knew. My mother was another very learned lady. And they were very dharmic, you can call them, very religious and good people. And when I was born My father himself told Me that you have to find out an en masse media, a media by which you can give realization to masses. Because if you start talking about God or doing anything like that, you'll form another Bible or thing like that, people may crucify you or do something like that. So if it becomes a mass thing, which I knew I was to do, but he also realized it, then only the solution is there. So you work it out in such a way that you enter in a subtle way into the human beings and try to find out what are their problems and permutations and combinations of their problems and how one can overcome it and how the Kundalini can work out in a mass way. So I worked it out. I went to all these fake gurus and all these masters, so called, to find out what do they do and how they work it out. I worked very hard. And then they came when I thought, now this is the time. So at what point in your life did you actually begin teaching, taking students or actually transmitting spiritual energy? Actually in 1970, on the 5th of May, this Sahasrara, the last, you can say, the opening took place. And after that I started. But I had only one disciple for some days. Like that, gradually it moved on. I could tell that You were speaking in Christian terms, in an unusual way. I could sense that You weren't speaking just as an ordinary Hindu. I mean, it's interesting that You were born in a Christian family. Of course. The, the, the, the... I am Hindu, Christian, everything. And You, You, You, You referred to Mohammed Sahib, I think, too. Yes, I was with him also, what to do. I was with all of them. So in, in, in previous lifetimes You, You, You... You know, with all of them. Yes, yes, with all of them, you see. I've, I've witnessed all that. That's how I'm such an expert on human beings, I think. The, the thing which, which I find remarkable about, about the way You're transmitting spiritual energy is that You, or the awakening of spiritual energy is that Your, Your students tell Me that, that they also become able to, to awaken the spiritual energy of another person. That should be the criteria for everyone, isn't it? If you do not get anything out of your, your guru, what's the use of having such a guru there, who just takes your money, does no work for you and gives you nothing? So what's the use of giving all the time? You must get some return. But, in the past great teachers have, have had only a few disciples who were strong enough to, to also awaken the spiritual energy of other people. It was enough, it was enough for them just to be able to, to transform themselves, where it takes great strength not only to transform yourself, but to, to be, become a, an ocean liner for other people to, to, to cross over the ocean. But that is always in nature also. If you see there's only one flower on a tree, then there are sometimes two, then there are ten, then there is a blossom time. You see the time is such, at this time I've come, and maybe something about Me also, which one should discover after Realization, isn't it? Are Your Mother and Father still living? No, they are no more now. I myself sixty years of age.

You look so young, I'm really... That's a camouflage. My daughter is thirty-four now, elder daughter, and I have grandchildren. I, when we were in India recently, we were fortunate enough to meet with Anandamayi Ma, and I just heard that she passed away a couple of months ago. Hmm. What good did she do? You see, what I'm saying you should see to these people. She actually got hold of all the bureaucrats of India. I must tell you the facts as they are. And the bureaucrats, all those, recently I had one, her disciple who was a patient of angina, high blood pressure. I mean, one can't understand that with the spiritual life, how can you have high blood pressure? It cannot go hand in hand. A person who is a realized soul must have a low blood pressure, a peaceful personality, isn't it? This is how all her disciples come to Me, with some trouble, mostly with kidney troubles, with heart troubles. I can't understand, she couldn't even look after their health. What was she doing? At least the health of your children should be all right, isn't it? You call yourself Ma. What do you do as Ma is a Mother. At least look after your health. If a Mother can't look after the health of children, I think she's good for nothing. Are there any spiritual masters in India today that you respect, that you feel are? Oh, there are many, many of them. Many of them they come and see Me, but they live in the hideings, I should call that. There are many. I asked one of them to come here. He ran away in three days from New York, believe Me. Really, it was too much for him. He said, I don't know Mother, how are you there? He said, after twelve years you tell Me to go there, not now. He couldn't come, he couldn't stay here. He said, they don't understand spirituality, they only understand dollars. So it's impossible for him. They have no patience. One thing I've seen, they have no patience with human beings. They are cut off perhaps, too much. But they are true, they are true, it's no doubt. They are not in the market. They have suffered, one of them suffered so much. His legs were paralyzed, his head was broken. His eyes were paralyzed, his hands were broken. And he does not know how to go about, so he has one tiger. On the tiger he writes, because he says, it's better to be on the tiger, so at least human beings are afraid of the tiger. We have many. Since you are a master of Kundalini, I would be interested to know what you are feeling about Shri Ramakrishna and Saharada Devi. He was a kind of a spontaneous master of Kundalini. Who Ramakrishna Parvansi? Not at all. Where was he? He gave Realization to no one, did he? He never gave any Realization to anyone. How was he master of Kundalini? He just played about with everything. You just listen to him, what he says. I will say Ramana Maharshi was, because he talked of the Self. But when did he? Ramakrishna was never. He was always in separation. A person who is in separation is not a Realized soul. It's a simple test. Anybody who thinks, Oh God, when will you meet Me? That means he is not a Realized soul. Supposing I'm in New York, I'm not going to say, when are we, am I reaching New York? If I'm in New York, I'm in New York. You see, you must use your brains in judging all the gurus. Ramakrishna, I would not call him, he was a devotee of Devi, is all right. That was all right. But he was not Realized soul. If he was a Realized soul, why was he crying and weeping and shouting and dancing? Mataji, thank you very much. I'm very honored to talk to you, but I think we should go. They are enamored by Ramakrishna now. What to do? What has Ramakrishna given to anyone? Just look at that. In all respect and love, this is the God. No, my child, you must understand, the people of Ramakrishna are suffering from cancer today. He suffered from cancer himself. This is the trouble with these people. It's better you are on the tape. Just tell me. Now what has Ramakrishna, he himself suffered from cancer. Now I cannot tell them the truth. And Ramakrishna, master of Kundalini, whom did he give Realization? Why are they so false? They are not honest people. Why are they so false? They are not honest people. Now what have I to tell them? Should I tell them the truth or not? You tell them. It has to be the truth. This is it! You see they don't want to face the truth. They are dishonest. I mean Ramakrishna has done no good, their people are suffering from cancer today. They are identified. You tell him, you tell him that I was there and why did you, you see they were all sick people. All left sided they have got cancers. What are they doing, why don't they understand these people? They are taking part, he's all right, he was a follower of God, he's all right. I didn't say anything against but he was not a realized soul, definitely he was crying. It's a fact, I mean you read it, he looks like a sick man himself, he died of cancer. Let it be now what to do. I mean it's impossible with these people, they are dishonest, they are dishonest people. But you can publish it Mother. In this case he may walk out but you can publish it, a magazine will publish everything you said and be very glad to have the article because people will read what they cannot stand the minute they get the impact of it but they will read it. And it will sink in and prepare the way by the written word. This is a fact, what I told you is a fact. You can read him, he's just trying all the time, where is my Mother, where is my Mother. What is there to follow a man who is not in realization? How can I support a wrong thing? What does it, it's nice to say good things about people to get them more into it but he cannot say this about Ram Krishna because people are suffering too much. They are sick, all of them are sick people, you go and see them because there are doctors, they want the doctors to prosper so they have to create sick people. If he had waited I would have told him, he should go and see what's happening to the Ram Krishna people. And first thing they get is cancer of the throat. He just walked off, see, he couldn't bear it. There are many who want to know the truth. All right, doesn't matter. So what is he, he was going to give it on the TV or something? Radio. Oh, it's all right because he's frightening. He should see. He will not now, he doesn't want to have it. There is a very strong attachment and feeling for the

people that were a part of that particular lineage and he's done, he's invested a great deal of devotion in the direction of that activity. In where? Shri Ram Krishna and other people have come after him. That's it, he must understand he was not a realized soul, you see. Give him a bad man, let him realize it. He was not a realized soul, you see, because people are sick. Actually Mother, I was... You should have told Me about it. When I first met him, it was a couple of years ago, he looked like a fellow in his early twenties. He looked like a fellow in his early twenties when I met him just a couple of years ago and I was amazed to see him. He's looked at him? He looks sick? I couldn't believe that he changed so. I don't know how old he is but he looked... Imagine he said, I look so young. What about Ram Krishna himself? He used to look an haggard old dying man. This is the way they are identified. They are not honest, they should be honest. That's the main thing. They are not honest people. You see, the strength is honesty. If you don't have that strength within you, of honesty, you cannot stand the truth. That's the point is. You may telephone and tell him this, that you see there's nothing to be so upset about it because what Mother says is true. We have patience from him. Mother is curing them, she has to cure. He's not coming down here to cure people. Himself is sick. I didn't say anything. I mean if you can again say what is going on, just say. What did I say exactly about Ram Krishna? Let's re-see it. It's nothing bad. I didn't say he's a bad man or anything but he was not a realized soul, he was a factor. They have deified him. They have deified him in a way. They follow him. A person who is a realized soul must have a low blood pressure, a peaceful personality. Isn't it? This is how all her disciples come to Me with some trouble, mostly with kidney troubles, with heart troubles. I can't understand. She couldn't even look after their health. What does she do? At least the health of your children should be all right, isn't it? You call yourself Ma. What you do as Ma is a Mother. At least look after your health. If your Mother can't look after the health of children, I think it's good for nothing. Is it? Is it? Are there any, are there any spiritual masters in India today that you respect, that you feel are? Oh, there are many, many of them. Many of them they come and see Me but they live in the high books, I should call that. They have many. I asked one of them to come here, he ran a main thing from Iraq, really. He, it was so much fun. He said, I don't know Mother, how are you there? He said, after twelve years you tell Me to go there, not now. He couldn't come, he couldn't stay here. He said, they don't understand. The spirituality they only understand dollars. It's impossible for him. They have no patience. One thing I've seen, they have no patience with human beings. They have got all their hands. But they are true, they are true, they are not in the market. They have suffered, one of them suffered so much. His legs were paralyzed, his hands were broken and he does not know how to go about so he has one tiger. On the tiger he likes. Because he says, it's better to be on the tiger so at least human beings are afraid of the tiger. There are many. Since you are a master of Kundalini, I would be interested to know if you were feeling about Shri Ramakrishna and Saharada Devi. Shri Ramakrishna was a kind of a spontaneous master of Kundalini. Who Ramakrishna Paramahansa? Not at all, very much. He gave Realization to Rama, did he? He never gave any Realization to Rama. How was he master of Kundalini? He just played about with everything. You just listen to him, what he says. I will say Ramana Maharshi was because he talked of the Self. But when did he? Ramakrishna was never. He was always in separation. A person who is in separation is not Realized. So it's a simple test. Anybody who thinks, oh God, when will you meet Me? That means he is not a Realized soul. Supposing I am in New York, I am not going to say, when are we, am I reaching New York? If I am in New York, I am in New York. You see you must use your brains in judging all the gurus. Ramakrishna, I would not call him, he was a devotee of Devi, he is alright. That was alright. But he was not Realized soul. If he was a Realized soul, why was he crying and weeping and shouting and all that? I said thank you very much. I am very honored to talk to you with you. What did he say? I am honored to have spoke to you but we have to go. He is afraid. And he left at 10.47. 10.40 I think. Mother, when you have time, I have an interview all written. When you have time, I have an interview all written. We put it on a tape and we use it in the radio station in Boston. Is it? It's all done and if they can tape it for Me, then I have the answers on the tape. Alright, you would like to send this one or you would like to have another one? Perhaps both. Can they can the radio? You ask Me other questions, I think. Yes, I have My own questions. Yes, questions would be better. When should we do? You don't want to take a tape out of that. I can do it now, if you want to do it now, if you want to rest, I can do it later. No, why not have a tape? If you have to send it to Boston, then you have a tape ready. And they get them to come down and I said I would call them as soon as you came and we know how much time you had. Alright, we can do it now. It's good, you have more time to. I thought it was a wonderful interview. I don't understand if it is so fair. No, no, no, no, you see, he was trying to aiming at that, you see. But no, he came with that purpose. His void was horrid, his stomach was wobbling, completely wobbling, poor fellow was nervous, he couldn't look at Me. And left, left the machine and left to understand. It's a fact, you know, whatever I am saying, you see, if the disciples are so very sick, he himself is sick, that woman is sick, when he'll get troubles he'll come to Me, I know. You see, the problem of it is that there are these people that have the ear of the public are targets. You see, major targets and they are attacked regularly, you see, and what they think is spirituality is really something that is just invading them. Is what? It's allities? What they think is spirituality, what they think is real, is just something that's invading them in order to get the ear of the public, in

order to get the attention of the public. He has a very large listening audience and so this, which is the mecca for the boots, you know, in this world but this country in particular, perhaps, his particular program is one voice that I would think the boots in the area would want to have silenced or at least under their control. There are He got upset when I said I was Christian, I tell you, because what Ramakrishna was, he was against Christians and specially Vivekananda was very much against Christianity and Christians and you know, just to outwit them he started this missionary work. You see, in the Hindu religion there is nothing like missionary work, is called as the worst of all, is the menial work. You see, he is not certain Brahmins, you see, this missionary work because the first concept is wrong that somebody is the other who to emancipate you are, you, if you are the Spirit then you don't have to help anybody, it is just you are part and parcel that you are helping, you see, so the whole idea is regarded as Shubra, is regarded as low, this is menial according to Indian philosophy, you see, and that's exactly started just like all the, if he had said here I would have told him all about it. He started this idea, this, what's his name, Ramakrishna of the missionary work but the one who really gave it a shape was his disciple Vivekananda. He started missionary things and hospitals and this and that, all kinds of things, you know, horrible people. They are extremely money minded, extremely gregarious, all kinds of problems they have. There's no transformation, nothing. Whom did he transform? I mean you must face it. This is the point. Now if this person, he got upset because I said I was born in a Christian family, I can tell you. They couldn't take it. They are against Christ. All of them are against Christ. They don't believe in Christianity as Christ, this thing, take it from Me. This is the reason. Is it a government radio he is operating? No, it's a listener sponsored radio. Is owned? A listener sponsored, he works on the station, it's called WBAI. Who owns them? The, it's owned by the people that's, that's supported. By the same people? By the public. By the public? It's publicly maintained. Is the public? Yes, the public sends money in. The government gives a very, very small part if anything now. Oh, sorry, the public is doing it? The public, yes. Now the, means a private man must be doing somebody who must have put in the money, must have started? No, actually they depend almost entirely on public contributions. But who is, I mean there must be somebody, we can do it now. It's good, you have more time to. 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But they have different managers. You see, then you can write to them that this man is a follower of Ram Krishna who was against Christianity, who was against Christ and that's why when Mother said it, he was upset. Why not write to them? You see,

he must be having bosses also. He has free hand in what kind of program? Whatever it is but you can point it out that he's biased, he's not open minded. If he's doing public work. Not in that sense, not in that sense. He has a strong support for Christianity and mainline Christianity as far as that's concerned. He's had several purely Christian figures, Catholic figures as well as general Christians. Then why was he only because of Ram Krishna being criticized? Yes. So that means he cannot be a biased person. You see, in a democratic country you should give chance to everyone. He should have discussed instead of giving. In his mind Ram Krishna is synonymous with a perfect incarnation of God. All right, whatever it is but you can't use your mind for a public work. You see, you must give chance to everyone under a democratic country. It must be pointed out to the public somehow. You cannot, I mean he cannot propagate Ram Krishna. He cannot put his ideas into my head. I mean he is a public servant. You both have equal rights. In that situation you both have equal rights. Equal rights, he's a public man. If he's a public servant, he has no business. I think it should be pointed out to someone there, up there. He's above you. Who brought him here? You. I did not, I'm sorry. I didn't realize. When did he meet you? I never did. I just knew that he ran a radio program for seekers so I called him up and asked him if he wanted to come interview you and he said yes. So you should go and see his, his superiors and you should see he's got, he's having a thing for seekers. He is a person who doesn't take any money, has done so much good and she's saying something same and this fellow just left. Is this the man who's doing good to, why not go see his superiors? He's acting as a censor. Huh? He's censoring you. He's censoring a public. Was he? He's censoring you. He's acting as a censor. Cutting people off from part of the truth. Yes. His own president. He's not censoring. Yes, that's the point. He's censoring. He can't just do it. You see, you should, you should all write. Yes. You are all citizens of this country. You can all write. We have a big group of them in Boston and they are all sick. They have kidney troubles, they have hypoglycemia, they have almost every disease. You should write. You see, why not say, why not write that I was present at the, thank God you were all here and Mother was, never said anything against him but she said she, he was not a realized soul and Mother has a right to say that and he just walked off. How can he do it? It's better. To pursue the matter. To bring him down. You see, he may believe into anything. You may believe into ghosts. So what? Everybody has a right to say what they want. This is a free country or it's a, what sort of a country is this? If we had someone to introduce Mother, it would, it's the table. All right. Which? I'll have some water. But. Well, that's for the other end of the year. Yes, because it's a free country. Yes. It's a free country. Yes. It's a free country. Yes. It's a free country. Yes. It's a free country. Yes. It's a free country. Yes. It's a free country. Yes. But someone to introduce Mother. And then I could come after the introduction, so that they know where Mother is. What is he saying? Brian. Anyone, anyone need someone? Brian is all right, because he is not from the country. He is a good idea. Brian is good. But he's a free country. Brian could come. But he would be sitting here? All right? No, you sit here, because he will have to go away, won't he? After introducing. But he can sit there, just. What did you like about the way the introduction? He's looking rather worried now. He gets very angry, isn't he? You, because he's a journalist, that's why. You see why he's angry? Because his clan has mis-piailed. But they are all like that. I must tell you, horrible people. I mean he's a journalist, he's a public man. He has no business to have his own opinion. You see, very bad journalism. You better get a letter from him. Very bad journalism. You cannot be biased, you have to be a witness. That means he's trying to attract every one of them to his clan. If you are upset, let us some say something. You better introduce. He's looking so upset of this place. This journalist. I thought it was good to see, they're so afraid. They're so afraid when they hear the truth, because that's the reaction we've gotten in Boston. They're afraid when they hear the truth, especially about the false gurus. That's it. My, On the floor, on the right hand side, at the door. I'll give you the introduction and you can just add anything you like to it. It seems Mother this is not, this is typical in the sense that the usual outlets, the usual newspapers and so on, are really primarily interested in those areas of power and money. That is really what So that I can understand. That I can understand. That is the area that I think we've got to move into. No, no, that I can understand, but I can't understand this. That's what I can say. This is the other, where You see, you cannot, you cannot have your own ideas and your own identifications so much that you cannot bear anything else. It seems that people are are placed, these sort of people who have an interest They are, they are biased. They are a placed and They are placed and then of course the bias What you call them? A vested interest. Yes, yes. Wested interest, you see. Wested interest is the word. Mother, I don't want that. He left it by watch. I think he left it by watch. He left it, he took your watch. He was holding a hand. I hope he'll return it. He'll return, no doubt, but good, your watch has gone with him. It will do some good to him. He didn't even have a watch with himself. What sort of an interviewer he is? Now so, would you introduce? No, no, I would say that is he going to come in the film or not? Just now he is very upset and angry. No, no, I don't think it's just sound. It's sound, is it? Because if they like this then they can come down tomorrow and do it themselves with their own television. No, no, no. Now, now, now, now, now, now, now, now, please, please, please avoid sound. I'll have some water please. Unless you are... Little warm. ...it is fine. It's all right, it's all right. It's the water here, thank you, thank you very much, thank you, thank you.

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I have just now addressed your would-be husbands about how to make the married life a great success. I know that the women are more conscious of that, that they are responsible to make their homes, their families, their children and above all their husbands very happy. This is your greatest responsibility because you are responsible for the society, not men, men are not. They are responsible for say politics, economics and they make mess of that also. So society is left to you. You have to look after the society by being very tolerant, patient and wise and try to understand the problems of married life in a very philosophical way, like a witness. First thing is not to react. It is very common because this girl is coming from one family and going to another family. Now to her she is conditioned by her first family. Before marriage, whatever was his life, he is also conditioned. Now when she is entering into the new life, she has to get rid of that conditioning and become a part and parcel and also the complete governor, I should say, of their family. She has a very great responsibility. I think most of the marriages which have broken so far are very few, one percent are because of the girls or the brides, because they have funny ideas. They expect too much. Only you are on the giving point. You have to give as much as you can give, love, affection, understanding and a complete wisdom expressed in your family land. If the family fails, I would always blame the girl, the woman, the bride. Why? Because it is her realm. It is her area where she rules. She rules silently. She doesn't dominate. She doesn't try to drag people into troubles. But what she does is to make the whole thing beautiful, happy. She never loses her sense of humor. And try to understand that you are really at a very, very important position. It's not just a marriage as they have otherwise. It's a Sahaja Yoga marriage. And in Sahaja Yoga marriage you have to prove that you have been very good wives and you have been able to look after. The side that is very important is the spiritual side. If you are not spiritual, you cannot marry in Sahaja Yoga, you know very well. And once you are spiritual, what you have to see that you enjoy every bit of your marriage. If you think that you are going to make yourself miserable and make miserable everyone, you are stupid. That's what you are. But you have such a good chance it is to make others happy and yourself also happy. If you want, you have all the help from all the other Sahaja Yogis also. Husbands are very easy to handle. I personally think if you use simple things of very sweet attention that they love. It's very interesting sometimes how you can manage your husband so well. For example, I'll tell you recently, my husband bought me a very expensive watch. That watch was so funny that you could not take it out. If you take it out within six hours, you had to wear it. I said even to see six hours you have to have a watch. Now how to correct him was the big problem because he had got it with great love and everything but I can't wear a watch throughout the night. It's a very heavy, big watch. Spent so much money. So I brought one big plastic bag watch from my own daughter and I took it to the table and put it down there. He said, why this watch? Because to see if there are six hours or not. So he started laughing. I said, see this watch is more suitable for you than for me. So you take it yourself and you can buy some sensible watch which I can use for all the time and it doesn't stop. He said this very cheapish type as it's all right for me. As long as it works as a watch, it's all right. So this is how you should really manage things wisely, humorously so there is no problem created. That is the wisdom. There is the wisdom in this, not in making yourself as a watch. There's another example I would like to give you. It's very interesting. It's about one Sahaja Yogini. She was divorced by her first husband. So there was another one who came and said, mother, she wants to marry me, should I marry him? I said, did you find out why she has divorced, why her husband has divorced? She said, no. I said, I'll tell you. You see what happened that she was all the time saying to him, I had a very bad childhood, my father was bad, this, that and something was wrong with my mother and how I suffered and all the time she used to cry like that. She got off right. She said, really? To me also he's telling the same thing. I said, no, be careful. She will start her story again with you and then you will come with a divorce. So I would say you better sit. No, no, no, no, I don't want to marry such a miserable woman. If she's that miserable, a mother, I better be without her. So this is what one should understand that you just go on repeating about your busieries and troubles and this and that. So the husband would run away. You are there to make him happy and not to make him miserable. All right? If you understand this point, I think I'm sure you are real Sahaja Yoginis who will work it out that way. You see, to get miserable is very easy. It's a drama. It's a drama, one place. But you never win sympathies with that. You see, no one likes a crying person. Because I've seen people when a bride is come like that, when they see her coming, they all run away. All the children will run away. Everybody runs away because some miserable creature is walking in. So nobody wants to hear any tragedies. So don't have to tell any tragedies. Secondly I've seen also that there are some girls who go on telling, I had so many love affairs. There was such a boy, this, that.

It's all nonsense. It has no meaning. It's a life that has changed. Your duty is to see that your husband and family is happy. Otherwise I would take no interest in such a hopeless marriage. So not to go and boast of it. Or secondly, that if the husband stupidly tells you, I was in love with this girl or that girl. Mostly it's a drama, I tell you. Just to have an impression on you that he's very much wanted. So be careful. If he tells you a story like that, you say, it's all right, now we are married, so we are husband and wife. Let's enjoy life, you see. So he'll be all right. So all these frivolous nonsensical things you'll face in life, don't pay any attention to them. I've not told them but I wish I had told them not to tell all these stories of their past life. Past is finished, now for you it is the future. How you work out in the future is the main thing. How you work out your own future shows your intelligence, shows your understanding, shows your love and also your such personality. So I expect from you all that kind of wisdom and understand. Men are very simple people, you don't know they are just like children. You should know how to handle them, that's all. They are the simplest things you could get. You see it's difficult even to manage a horse or a dog but men are the easiest if you don't rub them on the wrong side. All right? Another thing is that many women have a habit of finding out like a detective what things he has got, how much money he has got, where does he go, all that's not important. Not at all important. You should not be detective on him but you should behave in a way that should show complete understanding and complete faith in him because he is a Sahaja Yogi. You would have married from say non-Sahaja Yogi so what would have happened? God knows anything could have been but now you are marrying a Sahaja Yogi. Try to respect him because he is a Sahaja Yogi and unless and until you really follow the principles of Sahaja Yoga he will not respect you. I don't know if I should mention this to you but in my experience I have seen some women don't like anybody to come in their house. They don't want any outsider to come. In Sahaja Yoga is not enough. If there are Sahaja Yogis you have to look after them, to do whatever is possible for them and to entertain them. But not only for one particular person. For all of them you must have the same love, same respect and same relationship. It's very important because if you get favorites then there will be problem. You should have no favorites and this will work out so well you don't know. I have known people where some of the Sahaja Yogis would go to their house and they wouldn't go to another house so I said why? They said there is a tiger sitting in that house Mother. She is tiger sitting? Yeah there is. She really starts shouting and getting angry. I don't know why they behave like this. There is no sweetness about it. See what is most important for a husband is how sweet you are, how helpful you are and how kind you are. That's the main thing. Not how you look and all that finishes in three days time. After that they never see your face, they are not bothered. So to understand their need is that you should be very sincere, very affectionate and very kind. Now if any one of you think that they do not want to get married better tell me now. Instead of after getting married then I am in trouble. If you then want to have a divorce I must talk about it. Then you better have it now. And even if you want to have later on we will throw you out of Sahaja Yoga first. Then you can go and fight in the courts. So now you are wedded in Sahaja Yoga and you are committed to all the Sahaja Yoga disciplines of being very modest, kind and chaste. May God bless you all. So I bless you all with all my heart for a very happy married life and you should be determined to show your proper understanding of Sahaja Yoga. Now anybody who doesn't want to marry please now come up and say that I don't want to get married. All right. So one by one you all have to come and put like this kunku and akshata and these flowers on these slippers made of silver.

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You all know Kumar and his name is Dhananjay. It's a very wonderful name, I must say very few people have this name. And his younger brother is Mote. His elder brother also has come. He is very good at tabla. And of course Dhananjay seems to be getting inspiration from the Divine. And the way he played all those things were really so wonderful. He is very young in age. He started playing they say in the Andha Arbonium from the age of four years and very fond of Baba Mama and Baba Mama was very much fond of him. But sometimes you know people play politics, they use that and he didn't come for some time. I was surprised. I am very happy he could come and he could enjoy his music and his whole system. It's so wonderful that how many instruments he can play at the same time. Now this one was the last one, was something of a very great musician, Bade Gula Malakasa. We have heard him but not you people because we are old and you are all young so you may not be. He is no more now. But he was a great master, great master and so much lost in his music that while singing he used to raise all his body upward and again go back and in the beginning we felt Baba this is too much of an exercise. But the way he had mastered this Indian music was remarkable. We had such great musicians in our country and that art sort of died out with these great masters. But again I am happy that it has again awakened in the people the greatness of Indian music and it's working out all over the world. Now she



played Shree Shree. He was so apt because tomorrow is the wedding and Avinash is going to announce the marriages. going to announce the marriages. So it's the very right time because at this time it's auspicious to play sha'enai. So it's something so synchronizing. I think mostly because of the atmosphere is so much charged with the marriage announcements that he must have got the empathy, the inspiration. So tomorrow as it is we have to arrange certain things for you. There's going to be a haban in the morning and then next day is the marriage ceremony. Now this marriage ceremony is alright but the problem was the marriages I decided about five, six days back were only forty and then the marriages, marriage distinct came with the people and it was impossible to make selection. So now we have about I had done forty but they say now we have ten more and ten more for the what you can call the pre-marriages. Whatever it is I have to again request you that please don't behave like small children. You are grown up Sahaja Yogis. Try to understand how can Mother do this. Last minute if you bring all these things and in a hurry I don't know there could be so many left out. Apart from that so many could be wrong. So I request you not to be such a people who don't understand the value of these marriages. Last minute if you approach what will happen? I was doing till ten o'clock in my room. So you must have some consideration for Me also. They never used to do like this. Suddenly the speed has come. They always used to give Me time to decide. Now this time I don't know what happened that hardly any time was given to Me and now there are sixty marriages that are being split. I hope you have sufficient sarees and quotes because you have to be responsible. This is the one point you don't understand that we have to be responsible people. That is something still lacking that people don't understand their responsibility. It's now for years together you have been project and you have to be responsible. So please from next time any marriages come after six days I will not organize. I am also, you see, I have also limited time. There are always only same number of hours in one day. It doesn't increase. But this shows sheer childishness, sheer childishness. It's all right we have tried to work it out but next time I hope you'll understand and the leaders should not send those applications to you. I think I'll have to put down My foot somewhere now. Should not. Leaders must understand that things must be done at least six, seven days. You must have that much mercy for Me. I am not paid for any. So please try to reduce the pressure otherwise three days I'll be sending only in these things and what about the programs? So those who have sent the applications very late are little bit left out. But still I said tomorrow I'll try. But maybe it is difficult. I'm sorry I had to say this because I can't understand how you can be that irresponsible. Moreover those who have been in Sahaja Yoga for two years should only apply. That is one of the compulsory things. But all kinds of people apply. Even if they have been for six years, how much they apply, it's too much. Because that is one of the conditions that you should be at least two years in Sahaja Yoga. And that your leaders must give proper information about them. I can't understand that the people who are getting married could be so irresponsible. So may God bless you, all of you and please remember what I have requested you to do. Thank you very much. Thank you.

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It's such a great pleasure and tremendous joy to hear Anand play so beautifully. When I came from Nagpur, his wife was on the plane. I was very happy to see him there. And I asked him, what about your program to Ganpati Puri? He said, perhaps it is cancelled. I said, why? Because of this earthquake, the people were saying that we may not be able to have any program. I said, you bring your flute and we'll organize everything. But this was the, I say, I don't know why this kind of a thing was there, that you could not have any program because of the earthquake that we had. But I don't think we had any problem here. We just, all of us, had the great pleasure of having all kinds of music. But specially for Anand, I feel he's, I don't know what to say, but he's such a genius, I mean, such a genius. I knew his grandfather and also his grandfather's guru. And I must say that such a unique talent he has, not only that he has taken, of course, because he comes from that family, as we call it, Garandhas. But the talent he has is to, whatever he has learned from his grandfather or from his father, to make it so melodious and so beautiful. Every, every time he plays something new, never repeats. It's such permutations and combinations, one after another comes out of his mind. I don't know if it is mind or what it is. I mean, the whole family is known to be a very, very great musicians, no doubt. I mean, world famous musicians. I have told you the story of his grandfather that My own brother was once down with typhoid. And he couldn't speak. After that we thought he might lose his voice. I tried search but we didn't work out with him. So just I asked him, what would you like to hear? Which music? So he took the name of his father, Panna Lal Ghosh. I mean, that's the first word he spoke. I mean, this music is so great that it can make, as Shri Krishna has said, Mookam karo tiva achaalam. It makes a deaf and dumb person to speak and to hear. That's what I felt at that time. It was long, long time back. I must have been about hardly 15 years of age. But that time I did feel that this music, Indian music, has that capacity to capture vibrations and to be effective. Now he just

kept a spell brown, the Chitravataset Hari, as they say. Because of this, specially this instrument that we have, is such a charming instrument. Krishna used it and is made out of a very simple thing from the bamboo. There's no additions and no decorations, nothing. Simple bamboo. And it is very much symbolic also. I feel I'm, in all the instruments, I enjoy bhasturi the most. Maybe I have some sort of a conditioning, maybe I don't know about it. But it is symbolic also. They say once Shri Radha felt jealous of Shri Krishna. More of his murli is this bhasturi, flute. And she said, why is it that you always put it to your lips? Why? What is so great about her? He said, you better go and ask her. So he went to the flute and asked, what's so special about you that you are always at his lips? How is it that he always puts you to his lips? So the answer was very remarkable. The murli said that actually I am nothing, I am absolutely hollow. I am no more there. He is playing, everybody says he is playing murli, but actually he is playing, he is the player. He is the doer. I am just hollow, no ego. And this is very significant for Sahaja Yogis, that we have to be your hollow personalities if you want to play your vibrations for yourself and for others. So this is the most melodious, the most, I should say, unassuming type of an instrument, which doesn't give you any hangs up. Very, very simple, soothing. And when played through a great ananda, I really feel so joyous about it. I hope you also all enjoyed it. We are all floating in the air, I think, with that. We are all very fortunate that he brought his murli with him to entertain us. And this is much more than entertainment, it's much higher, much more valuable. I've seen his, all reciters we had, even in Kabela, are really memorable. He has been asking for his cassette, but so far Austrians have not been able to give me his cassette. So I would request them to please. He has asked for nothing, just for his own cassette, but so far he hasn't got his previous ones or even of this type. So I would request the Sahaja Yogis, who are recording him, that they should really give the cassettes. I always had told him that we try to sell some of your cassettes only to Sahaja Yogis, who appreciate your work, but not much of a profit, just for them to hear him again and again. So give him a big hand for giving us such a nice time. Thank you.

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64640 Comment

I wish I could translate all of them, but the last one I'll just tell you what it is about Namadeva. Namadeva went to meet who was a tailor as you know that one, the one who wrote our, I don't know, the Jogwa, you know the Jogwa, all of you or no? So he is the one who wrote this Jogwa in the 16th century and there was another great saint who was a, he is just a man who was doing some work with a clay, what you call that? Picharman? Like a potter, like a potter, yes he was. Both were great saints. So his name was Gora Kumar. He was a tailor, he was a potter. He went to meet this potter and this potter was kneading the clay with his feet. Suddenly he saw this great soul of a potter and Namadeva has sung the song that I came here to see the vibrations in the sense, Nirguna means something that is formless, but here it is in the form. Only a Sahaja Yogi or only a realized soul can appreciate another realized soul. This is, nobody can say such a thing that I came here to see just the formless and here Nirguna is without form and here he is in the form. See the appreciation. This is only possible for us realized soul to appreciate another person. One another, sentence I like this.

64640 Talk

It has been such an enjoyable evening and that we got to see so many talents among Austrians and Germans. It was all not known to Me that they are really so talented. They are Austrians, some of them were English and as you say it was an international group of people who worked it out. This talent is, I don't know, after Sahaja Yoga it has prospered or whatever it is, but is extremely beautifully expressed with all the decency, with all the humor and all the dignity. This kind of protection of art is very important today. As you know what's happening to our creativity in this Kali Yoga. This shows a proper trend of mind where we are going now as Sahaja Yogis. We have to produce something that really entertains the spirit. Even the satire on the modern life was extremely, I should say up to the point, because I have faced this kind of talk and I know what they talk. It was really very realistic. The drama was very deep and the dancing was really lyrical. I must say the Austrians and Germans are known for their creativity and they had very great musicians, artists and they care for art. But as the time is moving you find such vulgarity, obscenity, indecency that gradually everyone who are trying to create something are taking to these methods which are very cheapish, which has no depth, which has no meaning, which has no message. And this is what we have to do is to give the message of salvation to the people of modern times. I was so overwhelmed by the whole creation and they were very, I must say, extremely methodical as they are, the way they were handling the stage. I also have acted on stage many a times and had first

prizes always, I must say, without any ego. This has given Me an idea that I must get a proper curtain for you, get it done, that it should be properly organized for a beautiful stage. I have lots of ideas, let's see what works out. Now regarding this creation I can see how much they have put in to practice it and to work it out because these dances are not so easy unless and until they are practiced. With what dedication they have done it. I would like to really congratulate all of them for putting up such a nice show in such an inadequate atmosphere. There are so many things still missing in Kabelá, I know you have to go through lots of difficulties and the way you tolerate all that and the way you are going through it, it's very remarkable. It's really Spartan. Just in the beginning we had nothing, we have something now and gradually I'm sure we'll make a very comfortable place for all of you. But in any way you have created a paradise here and I'm really so grateful to you because it gives Me, I don't know what word to use, it's not satisfaction, it is not joy, it is not something I feel emancipated. But sort of a feeling of flowing into your being My love, My compassion. This is a very unique feeling which is beyond every kind of words that you can describe. I'm happy you all enjoyed it very much. I won't be able to name people separately who have acted or done anything or played any music. I congratulate all of you from My heart. May God give you more creativity, more patience and more depth so that we create a new world of holy auspicious atmosphere. May God bless you. Now the last but not the least is something I have to do also. For the Sahastrara day I have some presents for all the leaders who are working so very hard and who are doing so much for Sahaja Yoga. It's not a very big present but just to express My love as you have expressed your love, something. Also last time we couldn't give any presents. I gave some but not very good ones to the Austrian ladies because they were lost. We couldn't find those things that we had. Kept for them they were lost somewhere. But now we have to write some. I hope it will be all right for all of you to enjoy it. So for the, especially today I must mention Gregor. Because when he went to Austria he told Me, this is the most boring place you could think of. And the people are extremely boring. And on the street when you come in the night you see a horrible people standing, horrible ladies standing on the way. So I am really fed up, Mother, I don't know what to do here. I said, Gregor you find more Sahaja Yogis, impossible, he said. And today we see so many Sahaja Yogis. So we have to really congratulate him for getting so many Sahaja Yogis there. Secondly he was so much enamored by Rajesha. And asked Rajesha what is it about. And so the generator of all this movement is really Rajesha who put ideas into Gregor and wherever he was transferred he just enlightened the whole place. These two persons are very important for Sahaja Yoga, the way they have worked it out. I came to first time when I came here. I came with Gregor's wife to Italy and we, I had to put the posters and everything and not a single soul came for the program. The one who came was Guido who really has done so much to lift the consciousness of Italians. This have come up so well also, it's very remarkable. Also we have here world leaders who have done so much work. And I think I should first honor the world leaders and then all of you can see the other world leaders also can get something. So first we give it to Rajesha. Second to Gregor. Third one to Gregor. Dr. Spyro Damnined. Stephen Taylor. Now, uh.. need we'll read the names of the readers who would like to give these boxes where I've shown as a strata being opened out.

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After this joyous ending I don't know what to say, I was just enjoying the beauty of this rippling joy, something which cannot be described, you see. It is so spontaneous and so beautiful, the feeling of oneness, like an ocean, ocean of enjoyment. You see all the waves and the ripples. Just I can't believe that such beautiful things can happen to human beings. They are with such closed minds normally. I was watching the match because you are thinking of the match. I found it did not create love, it did not create oneness. On the contrary people developed kind, affect, very great aggressiveness. Apart from that aggressiveness it was kind of a hatred for the other party, I mean. I was wondering this match is played for what, it's a sports and the sport of love is this, where we all become one, we don't try to find faults with others, we don't aggress others, just enjoy everybody's rhythmic movement of enjoyment. This is so peaceful, so joy giving. While if you watch the match, I've been watching myself sometimes, I feel such hatred is emitting out of them. So because the whole thing is now money oriented, if it is money oriented it becomes a kind of a very aggressive game in anything, in tennis or this. In our times whatever sports were played were out of joy. We at least enjoyed them. But what do you find, neither the spectators nor the players are really enjoying it because they take one side. Now if you are from Holland you take Holland side, another one is from Belgium, you play from Belgium side. At least this kind of a combination should not have been there because they are so close see supposing the Holland losers or the Belgium losers, they start fighting among themselves very easy to fight, it's across the border. They could have made these games much more enjoyable if they had really had as was said a teams which are selected from all over the world, from different, different places.

That would have been much better. But when I see the way they kick the ball, every time they kick the ball the ego goes back, another they kick the ball, ego goes back. It's a very dangerous game but normally it should not happen, normally it should not. If a child kicks the ball he doesn't develop a hatred. But because of this money orientation, this kind of a, you can say a Maya, that people get lost and they start hating each other for that money that they are going to get. While ours, our sport is love oriented, is compassion oriented, actually the love. To enjoy this Divine love is the greatest blessings and I'm so very happy to see that all of you have been enjoying it. Money orientation comes when you are living with falsehood, like you have seen so many false gurus and people, they are so money oriented. They don't bother about anything about compassion or love. They suddenly start thinking that they can make, they can befool all the people. Here there's no befooling but enlightenment, openness, awareness, to feel yourself and enjoy yourself. It's so nice to see so many of you, My children, dancing like this, so beautifully, in such rhythm. I mean the way they are making kawali also shows how global you are becoming. Can you imagine this Belgian and these Hollanders, Dutch people would ever sing a kawali? They composed it and then they put the tune to it and sang so well in complete rhythm and in tune. Normally I have seen the people from the West cannot sing anything in tune much for a longer time, afterwards they go out of tune. So I was surprised that, and they are not professionals. And what we call the Alap, Tan, that was done by our Shri Ganesha here sitting, was wonderful. I was amazed how could they take out these beautiful notes, what we call Swaras. It's really amazing how you people have really absorbed the essence of beauty of music also from all over the world. Your Kabela is of course filled with love and affection, no doubt. But it's everywhere I felt the same thing, whether it is Holland, Belgium, India, such love, I don't know what I've done to you, that you are so beautifully enjoying yourself and others in such a simple manner. It's something really very beautiful. I must congratulate the organiser, I was surprised at you and very much surprised the way you did the whole thing, Muse and all that, and the way he sang also. All of them have done such good thing. Moreover the composition of the Spanish people was also very remarkable. First I used to see Spanish dances. I always felt it's very sensuous type. I never felt that it had this beauty of expression of divinity. But now I find they have that Divine understanding of rhythms and the way they were playing, you see it's that only the Divine joy was emitting through them. Otherwise it's nonsensical to do things which are degrading to us. Normally if you find in the West when people join together, whenever they join together they become collective, they just start thinking of something destructive. Either they will go for say so called drinks or for some sort of a drugs also. Holland is full of it. Drugs or even beating each other, calling names, abusing, this, that. I don't know why this tendency is there when they get collective. But in our collective we become so beautiful that we start singing the praise of the Divine. It's something never heard of, I tell you. I have seen people who go to church also, after fifteen minutes half of them disappear. Then afterwards the thing is over, they come and say, what a boring thing it was, you see, fed up with this, that. And some people are just flirting with women or women are flirting with men. There is, I never saw them with such purity that they were enjoying their Ganesha principle. It's really remarkable how you all have changed, very, very remarkable. And I especially feel for Holland where I've been long time back and I was surprised at them the kind of things they used to do in their fields and things. I could not believe it that they didn't think of Divine love so much as they should have because they were all farmers at that time. But they were very much busy with making money, how to get from Japan, from this, that. Every person at that time, I was surprised, was just busy how to make money. And they didn't know much also. When we went there they put a Pakistan flag on our table. We told them, we are not Pakistani. Oh, not Pakistani, then what are you? I said, we are Indians, all right. So they brought another flag which was not Indian flag also. I was surprised. They didn't know anything and they didn't know why this kumkum is there, nothing of the kind. They were very good at making cheese and butter and things like that, but specially their flowers. It always happened that whenever I went there, specially the beginning it was hundred years or something of gardening or whatever it is, I saw the most beautiful flowers in all. Living with these flowers only, it's really I was thinking what a place it is, the heaven on Earth. But then when I saw the people they never tried to feel the beauty of the flowers. They only tried to feel how much it will cost, how much they'll be selling it, what country they'll be selling. So this new dimension into which you have come is so subtle and so beautiful and such transformation. Because I've seen those days also and now I see you here, I'm really absolutely flabbergasted. I don't know what to say, I just don't know. It is such an achievement on your part really that you have become so pure, so beautiful, so wise. You are growing very fast. I know Spain has few Sahaja Yogis. Spreading Sahaja Yoga is not the point. Going deep into Sahaja Yoga is that what you're doing. If I go to Russia I can get thousands of people there. If Spanish people are deeper than others, that is much better. Going deep into Sahaja Yoga is much more important than to spread it. Just go on spreading to all kinds of people is not going to help us much. What you have to now know that we must have very, very deep people who will join with us. Also one must remember that there are very few places in the heaven. So how can you get all kinds of animal, beastly people into Sahaja Yoga? We have to understand that people who are deep, who are really, who are really the instrument of the Divine and that they are extremely loving, compassionate, not showing

off, not trying to do something, that is ugly according to Sahaja Yoga. So all has to be very beautiful relationship with each other, helping each other, understanding each other and also enjoying each other. We have here people from all over the world, always we have them. But you don't feel that way. Feel the whole global community that we have from all over is great. Next is our Guru Puja where lots of Russians also come here. I must say Russians are very deep Sahaja Yogis in such a short time. I mean you all are deep, very deep, but in such a short time they have become deep, is a very great thing that they have become so deep in such a short time. Whatever is the reason, what we have to understand that anybody who wants to be enjoying it deeply from the heart has to become matured and then only this enjoyment becomes complete. I'm very happy today to see you all here enjoying this music and enjoying all that was created by these three countries, so beautiful. May God bless you all. Thank you very much. They want to sing some bhajans. So I think we'll have an interval for about five minutes or so or ten minutes, whatever it is, and then we could have the bhajans. What about your food? Forgot number. We could have it for one hour more, some bhajans, all right? May God bless you. Till then you arrange, I'll just come.

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... Hello, are you all ready? Yes, thank you. Hello, how are you? Hi. Why do you walk in the bush? Next time you are not there. You have to go in the bush, not in the sun. Not in the sun. He comes from Cameroon. He wants to register the association of Sajir Gha in Cameroon. It's done. It has already been done. There are about 60 people meditating in 6-0. Do you want to finish it? I'll take it. He wants to write a book on Sajir Yoga and Christianity. He would like to have your inspiration for it. He wonders whether you can help him find a wife. Can we go a little bit faster, please? He would like to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. Please, could you just give the He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. He wants to give you a kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times. Please, could you just give the kiss faster than other times.

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Welcome to Ganpati Puvée. It suddenly got cold and I think you should be all careful about it, not to expose yourself too much, especially in the night. Be careful. Today's program is first to announce all the marriages fixed. We have already announced so many marriages and so many were not fixed. We tried to do the last bit of it and it will take about half an hour only, but whosoever is called, please stand up in your own place, need not come down. We tried, you see, very difficult to have an international marriage. So we tried to match as far as possible with their heights, with their education and with their looks also. I hope you like our choice, but if you don't like, from today I'm telling you, please let us know that you don't want to get married or you don't want to have a particular choice for yourself. It's much better to do it now, but after getting married, passing through all this ordeal, if you say no to someone, it's very hard because sometimes you are registered and lots of problems are caused because of that. We thought that all such people who after marriage misbehave or say no, will have to go out of Sahaja Yoga. We can't help it. Now you have four days here to decide, four days, and in that time if you cannot decide, then we can't help it. But don't say it's an atmosphere, it's somebody says, nothing. You decide on your own. It has caused us lots of problems so far so that I told Yogi that stop this marriage business. As it is, there are lots of problems in the choice also. So in such a short time, whatever we have done, also we must have made some misadjustments. I accept that. If you don't want to marry someone, you please tell us. We are not going to get angry for that or say anything. But understand that we have tried. Now there are some

people, thirty-nine year old, suppose, and they want to marry only Indians. It's impossible. And under these circumstances we can't help you. If you put restrictions, of course we observe the restrictions, but in that case there's problem. So now we'll start. All right? Also those people who have been announced before, there were some girls who were missing, some boys they were missing. So also you can find out and try to match. Yogi has been working very systematically. He's working very hard and don't think that I have not seen. I have seen all of them, but still you must know that in such a short time to decide is very difficult. Thank you.

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And under the circumstances we can't help you. If you put restrictions, of course we observe the restrictions, but in that case there's problem. So now we'll start, all right? Also those people who have been announced before, there were some girls who were missing, some boys they were missing. So also you can find out and try to match. Yogi has been working very systematically, he's working very hard and don't think that you have seen all of them, but still you must know that in such a short time to be able to see them. So Oleg Romankov from Russia with... Magnani Nirmala Kundandas, Nasik. They should stand up wherever they are. Alexander Likovich from Russia and... M. Yagneshwari from Hyderabad. Kaushal Rai from Delhi with Idenka Naranova from Slovakia. Idenka Karananova. Vijay Kumar Amruthay Bombay and Anupama Raul Baroda. Bipin Rajput Bombay and Elizabeth Pelos from Malaysia. Hadel Gonzalez from Colombia with Vaishali Talvekar from Nagpur. Roland Elud Boonberge from Austria with Jona Olivera Soza from Brazil. Gopal Labre, Sri Rampur with Jaroslava Gonkakova from Slovakia. Christian Francisco Stumbo from Argentina with Natasha Glazov from Chicago. Sanjeev Kumar Pune from Romania. Christopher Stanley from Australia with Kamlesh from Delhi. Julie from Italy or Iran. And Natalia Grig from Ukraine. Yonud Catalin Kazaku from Romania with Kalyani Malik from Yamuna Nagar. Yonud Catalin Kazaku from Romania. Patrick John Murphy from Australia with Tatiana Tarisekova from Russia. Gilles Belois from France and Rita Corvaglia from Italy. Hanton Gershon Shapiro from England and Sharon Montflava from USA. Prikumar Piot-Bienkowski from Italy and Manjir Upadia from New Delhi. Francisco Joseph Fellini from Argentina and Angelis López. Christian Romuard from France and Pigvelé Angelina from Australia. Carl Kinzig from USA and Natalie Birdfield from Australia. Denis Varge from France and Luciana Lescogne from Romania. Jean Joueau from France and Vasiliki Varakitsou from Greece. Eric Marin from France and Carmen Andrei from Romania. Vitus Plopenasiu from Romania and Claudia Hansen from Germany. Chin Xiong Chong from Malaysia and Svabu Karman from Romania. John Maetino from USA and Corolla Muzio from Argentina. Michaela Givaud from Canada and from Germany and Gosia Szyszkowiak from Poland. Christopher Steff from South Africa and Naina Ratnamvar-Bombi. Juan Rufino Vega from Australia and Silvia Beatriz Valderrama from Bolivia. Tommaso DiMarzio from Italy and Arty Anieszka Rozanska from Poland. Mariana Miguel Martini from Argentina and Gheishrita The boy is Mariana Miguel Martini from Argentina. Is he here? Giancarlo Bonimelli from Italy and Saraswati Elena Suraikina from Russia. Vonglui Voulinois from USA and Valvi Shankar from Delhi. Wolfgang Tricht from Austria and Madhvi Vadikar from Bombay. I am from Romania with Marion Svenk-Bacon from Germany. I am from Romania with Marion Svenk-Bacon from Germany. Chandrikanth from India from Nagpur with Olga Alekhina from Russia. Thank you. I think we have to start the music program now about these marriages. I'll tell you later on. But we have found out that Russian girls are the best as housewives, are very satisfied, I must say. They are not bothered as to how much you are earning, what you are doing. They are very satisfied and they can live with two, three sides. Very sweet girls, they are very good looking and also from other countries like Romania, Poland, they are very good girls. But I am surprised that Indian girls are very fussy and some of them want to know how much is the pay of the husband, how much he can earn, very calculating. So we have avoided such marriages, you see, because you have to fight your life in Sahaja Yoga. So many of you who got married before didn't have much money but you have more. You had faith and everything worked out well. So two extremes are there. Oooooooh. Oooooooh. Hello, hello, hello. Oooooooh. These are Indian songs in Indian languages. There are so many Indians who are sitting together here and there like groups. So I think that they should sit with other people one by one and explain to them what these people are singing. Then they will enjoy it more. I saw so many people were sleeping off. I think you must take rest in the day time. We have most of our programs in the evening. Tomorrow again we are going to have music, as Bhavamama says, from six o'clock, because I'm worried about your dinner now. And day after tomorrow, from nine o'clock in the morning, I'm sorry to say that, but there's price distribution only for Indians. The leaders of the Western countries and Australia and Eastern foreigners, I would say, should come here, the leaders, just to give presents to Indians. On the twenty-fifth evening there's a puja. We are organizing a very famous drama on Shivaji. There are two hundred actors and actresses in that. We'll try to arrange it here only. On the twenty-sixth and the kawals are coming on the twenty-seven. M. Rajam on the twenty-eighth, twenty-ninth, weddings on

twenty-ninth. In the morning we'll have haldi and in the evening the marriages. Most of the marriages have been fixed, but still I'm doubtful about one or two which will inform you. You better meet people, other people with whom you have been engaged. Try to find out all about it and then decide. Now there are three, four days. So I hope you do not make a mistake. Just talk to them. And I think you may, most of you will agree, but if you don't, don't hesitate. I'll be very happy. Don't leave it to Me. It's your decision. You shouldn't say, of course, if Mother wants, we'll do it. That I will never accept. You have to decide yourself, see for yourself. I've just given a guideline. It's no compulsion, no ruling about it. So you have to just see for yourself and decide for yourself. Thank you very much.

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Hello, my name is Phem xu The guy from the Center for the State is Today's session will introduce the Rest sensitive Turkish people And our Web Chris are from Hong Kong Thank you Members of members of And with that I would like to invite Mahatma Gandhi. Finally, President Xi Jinping. and instructors Come... I bow to all the seekers of truth. At the very outset, we have to know that truth is what it is. We cannot change it, we cannot transform it. We have to feel the truth on our central nervous system. The word bone means you have to feel it on your central nervous system. From here comes the one who is enlightened. Also in Sanskrit there is a word called Vidar from where the word Vener has come in to go on your central nervous system. In our universal process we have come to this human awareness. Unfortunately you cannot know the truth unless and until you ascend through a new breakthrough in your awareness. So what is the truth? The truth is that there is this central system within you building your human evolution. Human evolution. And that once this power of Kundalini which is in the triangular bone rises, through appearances through your fontanel bone area, she becomes one with this alternating divine power of love. You see these beautiful flowers and it's a miracle but we don't think like that. You take it for granted. If you ask a doctor who runs your heart, he will say it is a autonomous nervous system. This autonomous nervous system is done by which doctor? He got answer that question. There is a power which is subtle, which we have never felt, which is of divine love. Which is all-pervading. This power does all the living work. So the truth is that you are not this body, this mind, this ego, emotions, intelligence, but you are the pure state. Because you say this is my body, these are my emotions, this is my opinions. Now who is this mind, who is this me? Now whatever I am telling you, you should not take it for granted. We have had lots of problems with blind things. Just keep your mind open as a scientist and keep this as a hypothesis. If it shows results, if it works, then you have to accept it as honesty. Because it is for the relevance of yourself, the relevance of your family, your society, your country and the world at large. At this human level we do not know the absolute truth. For example, I am sitting before you, you can see me sitting here, so there is no argument, there is no corner. You will only know the absolute truth when you will become the Spirit. So you have to understand that you are the Spirit. We have so many times ideologies, philosophies, but what we find is that it is not the ultimate answer. There is no peace in this world. We have no peace within ourselves. I have met many people who have got awards for peace, for organizations of peace. They are so back and forth and after work. You have to oppose them in the past school. I don't know how they got peace awards. So the first thing that happens to you is that you become absolutely peaceful. It is like you are standing in the water and you are afraid of the waves. But somehow if you can get into a boat you can enjoy the same waves. In the same way when you learn how to shift you can go down and save people from making drama. This is what happens to you that you are living on the thoughts of the past and the future. One thought rises and falls down, another thought rises and falls down. But if I tell you to be in the present you cannot. Actually the past has finished and the future doesn't exist. So when this Kundalini rises she elongates this first. She pushes her aside and the space is created in between. This space is the present. When your attention stays on this space you become thoughtlessly aware. You are aware, absolutely aware of her kindness. And the present is the reality. This is the first state you achieve. Then the second state you achieve which you call as doubtless awareness. Where you know everything about yourself, complete self-knowledge you get. And not only that but you become your own master. There you have no doubts about yourself. You realize you are a divine person and there is protection of the divine on you. This happens to people sometimes both stages at the same time. Tao is the one in that system. Tao has said the same thing. But I think the tradition is Tao lost. This is the same thing as Tao. Only thing was that time there were not so many realized souls. Now the time has come for you to know the truth. In these modern times there are thousands and thousands of seekers of truth. This is how many people tell you, you can describe. These modern times have created these beautiful seekers of truth. But they are saved by false people. These false people are nothing but truths because they want to make money off of them. The

other day I met one gentleman who was sitting before me and he has been to South Gurus in Vietnam. I saw the materials. They had used all the chakras, the names of the chakras. You see, mistakes but they had used the same. He has explained all these things. They are not changing. They are not changing people at all. What is the copyright of the game? So you can't pay for it. How much will you pay to this mother for giving us these flowers? It's a giving process of revolution. Try to understand. So then we turn to religion. For example, Christ was a very, very pure soul and incarnation. But he was too mild. He never knew what sort of people he was facing in this world. So in the Bible, in the fifth chapter of Matthew, he says, if your one eye does anything simple thing, means if you look at a woman with bad eyes, take out your eye. If your right hand does anything wrong, then cut it out. I have been to all sorts of Christian nations. I have not let one who has taken out the eye cut his right hand. To follow Christ is not easy. One has to get an angel to follow him. But Christ never had an exclusive religion. He talked of the Brahma of Moses, of everyone. And then about Christianity, you can say, but he never said this is religion is different from the religion of Abraham or of Moses. And Mohammed Sahab also he talked of the Brahma of Moses, of Christ, even he called out religious successfully. Also he said there have been hundred and fifty thousand realized souls before him. Hundred and fifty thousand realized souls before him. Hundred and fifty thousand realized souls before him. So he never talked of exclusive religions. Of course he was also a great incarnation, so he thought only Christ has there to be well. And left it to human beings. Let it for the human beings themselves to cut their hand and take out their eye. So he asked others to do it. And for human he said any woman has bad eyes, should be well in half way, in the soil and should be big big souls. Think of American women, I don't know what would have happened. So in the democratic countries we have been then when every value system started and you have problems from that, lots of problems. You have licenses and consumers, any supplements for profit. Now, so the reaction to that was for that reason. So one side is complete licenses and another side is complete separation. Othi got a success. Once I was driving from Riyadh to England and I just kept talking. When I got up I found very different people, ladies with such small skirts and men very daddish. All smoking and drinking. So I asked the most people who are these people. She is the same as she said. They are going to London now, so they are going to London's life. With oppression they become even more immoral. So this is not the solution. From one extreme to another extreme you have to come to the middle path. Once you become a spirit you can come to that middle path, right? What about the way you become righteous, you become righteous? No one has to tell you, no one has to tell you. In England overnight people gave up drugs and said it. All your bad eyes just dropped. It's like this. Supposing I have a stain in my hand and I am very obstinate and it's all dark. I do tell you that there is a stain in your hand. I will not listen because because I am obstinate. But if there is little light immediately I will throw away the stain. That's what happens. In the light of the Spirit you become aware what is destructive and constructive for you. You become aware of the light of the Spirit. Then the light of the Spirit enlightens your attention. Your eyes become clear. And even a glance of such a person can be a peace or can cure another person, even the glance. These properties are remaining potentially there. Actually you don't know how to address them. You have no idea what will be interested in you. One has to have a personality which is known to him, is the identity of his personality. Now the another quality of the Spirit is that it gives you the absolute knowledge. Now how? If you stretch your hands on your fingertips you can know the centers of another person and your own self. If you know how to correct your centers you can correct the centers of others. These centers are responsible for all the problems that his government will do emotional exercise. If these centers are cured you can cure many things without going to the doctors. With your own power? Actually after that you don't go to the doctors. It is very simple to understand that all curative power is within yourself. In Italy there are three doctors who got their MD. For curing through Sahaja Yoga system. Many curative services are closed. It's power which is within us, why not use it? It is very surprising that a country like Russia has taken two Sahaja Yogas so seriously. They do not have any conditionings of any religion or materialism, no? They are not very good in the country. 65% of people in Russia are very very clean. 65% of people are very clean. And I would say 35% are very very clean. They ask for molecules, cigarettes or for genes. But the same people spoke in a speech and the same people gave a word. One of them said, so what? And one of them was given twice. I said I am not in any house but I was very shy about it. I said how can you give me the time stream? So the Vice President said, Mother what time stream has done? It's work not matter, you are working on human beings. Then the Russian government saw my work and asked me to be the Government and he said what? No other false rules are allowed. It's very remarkable how these people have taken the food. There are 2005 made doctors in Russia who are practicing Sahaja Yoga. I know also Middle East China has been four, five times. The people of Middle East China are the people who will take to Sahaja Yoga. They will take to Sahaja Yoga. Chinese have very big tradition of Islam. They are known for terrorism. They should know that when they are getting into materialism, there are problems that are created by materialism. But if you become the Spirit, your attention becomes so pure that you know how to earn better and be better. First of all, if you do this, now I'm 72 years of age and I'm travelling practically every second, third day. I don't have problems. In the same way, as I said, you jump in the boat and you see



your problems and you can solve them much easier. Moreover, you become one with the Divine power, which is the most alert, most compassionate and efficient power. It protects you. It protects you completely. It guides you to Divine operations. But firstly, you must know you can become that. I have seen people come to My program and they just disappear. Actually I'm not foreign but they are faith in Me. They listen to Me and when we have somebody who are their own culture, I don't know what happens to them. In the beginning the starting of the sea decreases. But then you have to grow to be a king. It's like the parable of Christ when He says, some seeds sprouted but fell and washed it down, something like that. So you have to respect yourself guys. I say this because you are wise people. Americans are like babies, they are very immature. I think they will take at least 20 years more to understand. They run after all kinds of false people, waste their money, waste their living. Now there's a new guru has come. All those have been planning a nice discovery now. All are experts. Some people told Me this new guru has taken all their money, everything. So what did he do? He called one man from the audience and said, I can teach you how to control the mind of this man. He gave me a pendulum in his hand. So now I can make the pendulum go round and round. And the fellow started moving the pendulum round and round. This is stupidity to be impressed by such things. So I asked him on this earth, we have come to move pendulums. Is that what you are seeking? Why did you give him so much money? Now we can soon be impressed. I think I am not an American, there's no law, you can't say anything about that. And then they want to fly a few feet high like that. Or that they will pay thousands and thousands of pounds. Or why do you want to fly a few feet? We have already jammed some of the road. If you are for such stupid things, nobody can help you. Sir, the Lord is not meant for idiots. Those who have no respect for themselves, how can you work it out? It works very fast with people who earnestly want to have their self-realization. The greatest quality of the Spirit is that it is the source of joy. You are joyous with yourself. You don't have to fast, you don't have to leave your family, you don't have to go to the Himalayas. Sitting down here you can get your self-realization. But you have to have faith. You'll be amazed how much it helps you every day. For example in England there is so much of people getting jobs. Even when they get educated. But all the Sahaja Yogis are involved. They all have earned sufficient and they are satisfied. So now it will take hardly fifteen minutes for you to get your life accomplished. But I must confess I cannot force self-realization. Because I respect your belief. Those who do not want to have their self-realization can leave the world. But please don't disturb others who are not able to get their self-realization. But please don't disturb others when they are getting their self-realization. You won't have any problem, you won't face any difficulty and all of you can get your realization. All right. Now I have to tell you there are three questions, very simple. You have to sit down together. And as there are three powers you have to fulfill the three departments. You have to know that this power of Kundalini is the power of pure desire. All other desires from the realm are not pure. As you know the economic law that wants are not satiable in general. That is great that you want to have a house and you want to have a car and you want to have a helicopter, maybe a plane. You go on all the time asking for something else because whatever desires you have are not satisfied. So this is the only thing is power which is the pure desire whether you are aware of it or not. In this short lecture I am sorry I cannot tell you everything about Sahaja Yoga. But I request all of you to come to our follow up programs and grow with it. That means all your physical, mental, emotional and spiritual problems will be solved. What if you don't have to pay but you have to give some time to yourself. Now there are three conditions as I told you. The first one is that this all-pervading power is the power of forgiveness. So please forgive yourself. That means you should not please leave me at this moment about anything whatsoever. At this moment your past is finished and don't feel guilty at all. That means you should be pleasantly placed towards yourself. The second condition is that you have to forgive everyone. Not to think about anyone whom you have to forgive but in general say I forgive everyone. Many people say it's better to forgive. But whether you forgive or don't forgive you don't do anything. But when you don't forgive then you claim wrong acts. You tortured yourself and the other person who has trouble you is happy. You are tortured yourself. So please forgive everyone in general. The third request is to take out your shoes. I tell you this because in England first time when I asked them to take out their shoes the English walked off. So what's attached to their shoes? But in the Eastern countries people know that to be respectful we have to take out shoes apart from that. This one has such our problems. I will be happy to take out your shoes. So be pleasantly placed towards yourself. Don't be angry with yourself or with anyone. Now the left side as you must have told you is the power of your mundane desire. And the right side is the action, power of action. So we all put our left hand towards Me like this on your left thigh. Now we have to use the right hand for nourishing our centers on the left thigh side. So first put your right hand on your heart. Now in the heart resides the Spirit. If you become the Spirit you become your own master. Now take your right hand, left hand side of your left thigh. Now you have to take out your shoes. So now take your right hand, left hand side of your domain on the upper portion and press it hard. This is the center of mastery. Now take your right hand in the lower portion of your domain on the left hand. This is the center amazingly is for the pure, you have divine knowledge. Now raise your right hand upper portion of your upper. And now raise your right hand on top of your. Now raise your right hand in the corner

of your neck and shoulder. Now turn your head to your right. This is the center goes into your body when you feel guilty. Then your heads your mind. Now you have the disease called spondylitis or angina. Also your other organs become retarded. Also cancer. So please raise your right hand on top of your forehead across. And put your head. This is the center for forgiving. For giving others. Now please take your right hand on the back side of your head and push back your head. Now here without feeling guilty. Without counting your mistakes. Ask, you have to ask the divine power for giving. Now the last center. Please stretch your palm for me. And put the center of your palm on top of the fontanel bone area. Now please put down your arm. Here very important is to stretch back your finger so there is a good pressure on the scalp. Now hold your scalp seven times clockwise. Now please put down your arm. That's all we have to do. Now please put your left hand on top of your left thigh. Please put both your feet apart from each other. Now you have to close your eyes. Please don't open your eyes directly. Please don't close them tight. Just let them speak. Now please put your right hand on to your heart. Here you have to ask a very fundamental question about yourself to Me. You can call Me Mother or Shri Mataji. Please say in your heart, not loudly, ask a question, Mother, am I the pure Spirit? Please ask the question. Now if you are the Spirit, you become your own guide, your own master. So please take your right hand in the upper portion of your abdomen on the left hand side and press it. Here again you have to ask another fundamental question about yourself. Please ask Shri Mataji, Mother, am I my own master? Now I have already told you that I respect your figures and I cannot force your divine knowledge on you. Now please take your right hand in the lower portion of your abdomen on the left hand side. Here you have to say six times, Mother, please give me your divine knowledge. As soon as you ask for pure divine knowledge, the Kundalini has started to rise. So we have to notice the higher centers with our true Self-confidence. You have to know all of you are going to get your Self-confidence. Be confident, Mother. So now raise your right hand in the upper portion of your abdomen on the left hand side. Now here you have to say full Self-confidence, Mother, I am my own master. Say ten times. With full Self-confidence in your heart. Now I have already told you at the very outset that you are not this body, this mind, this emotions, intelligence, ego and your conditioning but you are the pure Spirit. Please take your right hand on your heart and here you have to say ten times with full confidence, Mother, I am the pure Spirit. Now this all-pervading power is the ocean of knowledge. Is the ocean of compassion and love? Is the ocean of miracles? But above all it is the ocean of forgiveness. So what are you saying, Mother? You have committed in the past. Please forgive yourself. Now take your right hand in the corner of your neck and shoulder and turn your head to your right. Here you have to say sixteen times, Mother, I am complete. I forgive myself, Mother, I am not complete. I forgive myself, Mother, I am complete. You see at this moment if you don't say this, this center won't open and Kundalini won't be able to rise through this center. So you will miss such a great opportunity. So please say sixteen times. Now you can take out your glasses without opening your eyes is better. Now raise your right hand on top of your forehead across and down your head as far as possible. Here you have to say forgive everyone without thinking about them by saying, Mother, I forgive everybody. This center is one of the octogenical medical centers. You have to say it from your heart, not from your tongue. If you don't say, then this center won't open which is very important. I have already told you whether forgive or don't forgive, you don't do any. So just now please forgive is very important. Now please remember without feeling guilty, without counting your mistakes, just for your satisfaction, you have to ask forgiveness from the All-Pervading Father. Now raise your right hand on the backside of your leg and push back your leg as far as possible. Here you have to say from your heart again, not from any talents, or do I come? If I tell anything wrong, you will be your unknowingly, please forgive me. Now the last center I told you to stretch your palm fully and push back your fingers and put the center of your palm on top of the fontanel bone area and now push down your head. Now push back here. Put down your head please. Here again I cannot force Self-realization. So you have to move your scalp seven times clockwise asking Me, Mother please give me my Self-realization seven times. Now I will give you a few more times. Now please come back. Open your eyes. Now put both the hands towards Me like this. Put the right hand like this forward and see with the left hand bending your head if there's a cool or a hot, just like vibrations coming out of your fontanel bone area. Now put the left hand towards Me like this. Now put the right hand on top of your throat. Now put the right hand on top of your fontanel bone area. Now bend your head. Now if you get it close, if you get it far, now move your hand. Now please put again one more to your right hand towards Me and bend your head and see for yourself if there's a cool or a hot, just like vibrations coming out of your fontanel bone area. Now please put both the hands up like that, tap your head and ask a question. Out of these three questions, any one of these questions, three times. What else is it a cool breeze of the Holy Ghost is the first question, ask it once. Or you can ask, Mother, is it the All-Pervading Power of Divine Love? Otherwise you can ask this question three times. Or Mother, is it Paro Chaitanya or Guru? You can ask this question three times. Please, now put down your hands. Please now put your both the hands towards Me like this. And watch Me without thinking. All those who have fat, cool breeze on their fingertips or on the palm or out of their fontanel bone area, whether hot or cold, please put your hands. All those who have fat, please put both the hands. Now, may you ask this question? You are not

special, so tell me, how do you feel? I bow to all of you. Your safety life has started. Those who are not friends should not feel disappointed, in no way. You see, we have very nice center here and very nice people, very humble, who know everything about Sahaja Yogi. You will be lovely, sir. Here we are, have you got it? What's the matter, we have some other master? He is a master of all the world. That's it. So you come and get the clear out. See, these are all non-kind of people and sometimes they stop. All right? Not only they take money from you, but also the spoil your food away. What's the reason for that? I will be coming next year again, but before that I will make the request that you must look after your Self-realization. Now we have got somebody, a doctor from Austria and the Austrians have been personalized here. So I request you all to respect your own Self-realization and your own spiritual growth. Also if you have any problems, you can write to me. I would just now say that you enjoy yourself. Enjoy your Chai Sodor Chai Sodor Ching Hai, the incarnation of Ching Hai. May God bless you. Thank you very much. Thank you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you. May God bless you.

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Why do we need the second table? I think one table is in the picture option, I thought she just came on this section. I think one table is in the picture option, I thought she just came on this section. I think one table is in the picture option, I thought she just came on this section. I think one table is in the picture option, I thought she just came on this section. The second room is still there. I think one table is in the picture option, I thought she just came on this section. I think one table is in the picture option, I thought she just came on this section. So tonight we have the honor and pleasure to introduce you to an exceptional lady for an exceptional evening. So, Shumanoshi will come in about 40 minutes. But before that, before she comes, we would like to tell you a little more about her and especially about the techniques that she has been developing these last 20 years or more. She is a woman who has been living in Australia for over 30 years. She is a woman who has been living in Australia for over 30 years. So when they say that Shumanoshi is an exceptional lady, I have to mention a few facts about her life. The first thing I want to say is that Shumanoshi is now 73 years old. But two weeks ago she was in Australia. And then she went to Hong Kong, then to Taiwan, then to Malaysia, now she is in Bangkok. And tomorrow, in two days, she will be in India. Sorry, maybe a little bit long for the name to translate. She is a woman who has been living in Australia for over 30 years. She is a woman who has been living in Australia for over 30 years. She is a woman who has been living in Hong Kong, then to Taiwan, then to Malaysia, now she is in Australia, then to Japan, then to Taiwan, then to Malaysia. She is a woman who has been living in Australia for over 30 years. So I have also to mention that Shumanoshi has a family. She has children, grandchildren, she is married. And she is from a very high family. But still at this age, she travels all around the world, so why? When I say that Shumanoshi comes from a very high family, I mean to say that, for example, the husband of Shumanoshi was the United Nations Director or General Secretary for Maritime Affairs during more than 15 years in London. And of course, whenever Shumanoshi travels around the world like this, she is not paid for this conference. And she will not take any money from you or from me for this conference. She comes because she has a message to give us. And so she knows because she has a message to give us. And this message is a very simple message, but at the same time absolutely fantastic. And this message actually is an experience, the experience of yoga. So Kundayini already translated in Thai, but yoga actually means to be in union with something. So in union with what? With the inner self, but also with the energy and whatever is around us. So yoga is not something that you can do, you don't practice yoga, but you can be instead of yoga. So some people when they phone us, they just say, oh, should I come and go jogging and basket? Or you know they just ask what kind of exercise we have. But as I told you, we don't do yoga. We are in this state or not. And Shumanaji would like you or this evening to start experiencing this state of yoga. And also some people ask us, is it a religion? Is it Buddhist? Is it Hinduist? Or what? But actually in India there is a saying that saints have no religion, they are both religions. So actually when I say that saints are both religions, it means that when you experience a certain state of union with yourself, this is the same thing that is described in all the religions, all the spiritual techniques or traditions we can say. So tonight we will not speak about religion or we just speak about something which is a state of well-being that you can experience, all of you, without believing in anything. This is a living experience. You can say, oh, now we are in the right direction. Or now here you are going a bit too far. Or this is not proper. So please make this kind of new sense. So just imagine that you have an energy within that starts to be awakened. This energy makes you conscious of your emotional state, physical state, in a much more accurate way than you could ever imagine. Just imagine a sign energy that also tells you about all the people, how they are inside. And also

imagine that this energy can cure you but can also cure others. So to be more clear, I will show you this map behind. And you see on this map here three channels inside the body of the gentleman which is sitting in yoga. And in his body we have one channel on the left which is according to people who practice in yoga, the energy by which you feel things, by which you have the emotions, this is linked to the past. And you have another energy on the right side which is linked to the future, to your energy of planning. We can see the energy of the brain being futuristic, this kind of plan their lives. Tomorrow I have to do this, in ten years I have to do this. So we can see that I am not talking about the middle channel of the body of the gentleman, but we can see that you have two kinds of energy in human beings and Asian people know that very well. This is the yin and the yang. This is the female energy, the male energy, the past, the future, and the emotion, the action. So actually we are just living with these two energies and this is very difficult to be in the present. Because if you are in the present, means you are not thinking about the future, thinking about the past, you are just there in reality. And this, if you try to see within yourself, this is very difficult. Because it means also that you have to be above your mental activity. So actually we live in a world which is related, we can say. And let's say somebody is more on the right side. Let's say that this gentleman here, use more his energy on the right side. What does it mean? It means that in his life, in his everyday life, he will be more this kind of person which are very active, very logical. Everything they do, they are very logical. And with this, we can see this energy of planning and they are very active with their brain, but maybe they don't have feelings anymore. So if you are too much on the right side, you will be this kind of person who will be more like you. So if you are too much on the right side, you will be this kind of person who after his job, sitting in the car, once he has left the office, he is thinking about tomorrow, what I have to do, I have to do this meeting, he has to write this note, I have to start this project. It means that you are not in the present, but you are already in your worries about tomorrow, what you have to do in the next week and the next month. And of course, when it is time to sleep, you cannot sleep because you are still thinking about your job. So this is, we can see, of course this is a gross picture, but we can see that people who are more on the right side, the right side energy tends to be like this. So these people suffer, but they also may not be able to suffer because when we are too much on the right side, using too much of our brain, we can use our heart to feel what other people are, how they are, how they react. So we just like to, and we start to see only ourselves, we are more than ego here, this big little balloon here. So of course, you can imagine you have also people on the left side, and these people are people who just live with their heart. They have emotions. So this is very nice, but sometimes you can be also dominated by your emotions. What other people can tell you, even when they just respond, they may say, your boss is not happy with your job, or today, your project you gave me is not good. And this person will feel, oh, such a bad day, why he is not happy with me, and this and that. So we can see, over-indulging into emotions, people are dominated by their emotions. So we can see, over-indulging into emotions, people are dominated by their emotions. So of course, if you go too much on the right side, or too much on the left side, I mean too much on your action, on your brain, too much acting, or either if you have too much on your emotions, too much thinking about the past, lethargic, then some disorders happen and you can get sick, physically or mentally. So of course, the best would be to be more on the middle channel, and this is what the Buddhist people know that. We also know it in India, but it's very difficult to achieve. This is what everybody trying to seek meditation, trying to achieve, to be more in the present, not to go on the extreme. Because when you are, let's say you are not sitting here tonight, nobody, no one of us should have any problem. Because what problem is there tonight? Just sitting in a nice hall? So we shouldn't have any worries or any problem because we are in the present. I mean if we can be in the present, then there is no problem. So of course all this is just a talk, but what happens in Sanjaya is that you have an energy in your body here, which is named in Sanskrit as Kundalini. And this is a sacred energy. And when this energy rises, then you are above the right side and the left side, you can see. You can enter into the present very easily. And when this energy rises, then you also start to feel a deep feeling of peace and of compassion for others, but also for yourself. Because some people, whatever they do, they don't like themselves. But in Sanjaya, start loving others, start loving yourself and be in peace. You become a peaceful person very easily. And this is not a mental process. You will start to feel it. You will start to feel that this energy is raising to your body. And you will also feel, most of you will feel it on your hands here and on top of your head. You will start to feel like a cool wind, cool breeze coming in your head and on top of your head. And this is not a new thing. This is not a new knowledge. We will show you some slides later on. And you will see that on many stages, like many stages of the Buddha, there was this knowledge before. The only thing is that as this stage is very difficult to achieve, people now, they don't understand all these symbols that you can see on the stages of Lord Buddha. So, tonight we love to become Buddhas. I know everyone here is a Buddha, but what you will start to experience is that the same energy that is raising to Lord Buddha when he got his enlightenment starts to rise in you. Of course very slowly, not at the same level. So, this seems maybe a little bit mysterious to you, but one thing which is very important is that don't believe me, don't believe in learning, and don't believe in Shrimadaji when he comes. So, you don't have to believe, but you will try and you will see by yourself. Maybe it will work at first, I

would say for most of you, but still you will need maybe one month, two months more of practice to really feel everything inside you, to feel this energy working inside you. So, what does it mean? It means that one energy will start to raise inside you, rise inside you, and then you will feel different things in your body. You start to feel, oh, maybe I am too much on the right side, means I am more dominated by my actions. And you will feel it physically, because you will feel that your right hand, which is linked with the right shoulder, will be harder, more harder. Or let's say that if you are someone who is not so self-confident, when this energy will rise, she will stop here, on the heart center. And you will feel a kind of pressure here, or maybe a kind of heat, very slight, of course it's not hurting. And maybe in your hands also, on this finger, on this little finger, because this is linked with this chakra. So you will feel it, but also you can start to clear that inside you. It means that basically for someone who will feel this heart problem, this insecurity problem, just by keeping energy, this inner energy that you have already inside you, by directing it to this center, you will feel much more confident and much more peaceful. And this chakra is linked with your emotions, but also with your bodies, I mean whatever. Let's say somebody is sick, had a heart problem, heart attack maybe a few years before, but you will notice such a again, you will feel that the energy will stop here, because this energy has to cure it, has to balance it. And you can feel it in others also. If at your job you meet somebody who is really a bit worried about one project or angry with you, you will feel it on yourself, on your head, you will just feel there is a pressure here, on this center, on this Adhyay Chakra. That's what we call it. You will feel it directly, you don't need to speak to that person, you know that there is a problem. And of course when this energy rises, she will help to open all these chakras and each chakra has a specific quality. So it means that basically all the qualities which are inside you but maybe not manifested yet, start to manifest themselves much more. But I will not go much more into details. It is just for you to know that, I mean not basically Shri Mataji is going to speak about tonight and what you can achieve through Sahaja Yoga, but the most important thing is that you will have to try by yourself. And it is also absolutely essential to know that you cannot pay to learn this kind of knowledge. You cannot pay for this even to have an insight. So I would like to say a few more words about Shri Mataji, who she is. So as I told you, Shri Mataji is Indian, it's an Indian lady. And Shri Mataji was born in a royal family in India. And now she is about 73 years old. She was born in a Christian family. This is something important. And in her childhood her parents were very much involved in the independence fight, the fight for independence of India. And Shri Mataji even as a child was regularly in the ashram of Mahatma Gandhi. And it is said that Mahatma Gandhi was recognized as a very special child and would ask her about meditation. And as a young girl Shri Mataji was one of the leaders of the independence movement of India for the young people. And then Shri Mataji studied medicine. And she had a very normal life in the sense that she married an Indian gentleman who later had this high career that I told you about. And it's important to say that Shri Mataji was born with this energy completely awakened inside her. But as many saints, she couldn't at that moment give or transmit this experience to other people like you and me who are not ready for that. And in 1970 somehow because it was the moment and also because Shri Mataji felt that there were so many seekers, of truth, of peace, of spirituality were misguided by so many gurus, she somehow in her meditation found a way to give this experience to other people. And that's the way sahaja yoga started in 1970. And now sahaja yoga is practiced in more than a hundred countries. And Shri Mataji received the United Nations Peace Medal in 1989 as a recognition for her work in sahaja yoga. And she has been invited officially by so many countries, by so many cities. And when you go out, maybe if you have time you will just look on the table at the entrance, you will see all the diagonals and some, not all, some of these diagonals and some of these invitations of officials. And now she managed to present her great work of sahaja yoga. And also it's important to know that sahaja yoga maybe is not so famous as some other movements because we don't take money. So we cannot advertise as much as some people do maybe take a lot of money to teach spirituality or to teach yoga or whatever. It's something that people practice sahaja yoga for quite a long time when they feel that really it's helping them and they want to help others. And of course we joined together and we managed to rent this hotel for example to rent this hall with the help of this hotel, like Pramant Hotel gave us some very special prize because they know that we try to do something for others, not for us, not for me, not for Kundayee, not for any of the sahaja yogis and certainly not for Shri Mataji. So we would like you to really try to see by yourself tonight what's happening inside you. And please we would like to ask you to take a bit of time also. This is not a very easy process but this is a natural process. And the tree doesn't grow into one night. It takes at least a few months before you see something growing out of the earth and then it takes years before it's a very solid and total tree. And especially please remember that you don't have anything to lose in that. So people were just informing me that Shri Mataji had a kind of interview or something like this. So she will come in maybe 10 minutes. But before that what then we can do is that I would like to show you some slides. And on these slides what you will see is that this energy I have been speaking about sometimes can be seen from pictures. So some technical problems. Very normal. Nothing so special. Shri Mataji is here, sitting there. But this picture, we can see all kind of rays of light coming out of Shri Mataji. This was one of the same. This is again, there was no light actually here. It

was just a temple in India. And when we took this picture, it was only the light of Shri Mataji. I think Shri Mataji was speaking to people and then she just stopped, put her hands like this and she just started to smile. And we took the picture and this happened. And then she explained that there was some saints living in this temple a long time ago and somehow it was his energy that we could feel, that she could feel at that moment. And that comes as a light here. So of course don't believe that. But you will start to see by yourself. And this picture is interesting. Sorry maybe for those people who are too far, it's not easy to see but here you are, many people just sitting normally. And there are also people practicing Sanjay Yoga. And on top of their head you have this kind of light. On all of them. And this again is the same kind of thing. Just some Sanjay Yoga standing and all these lights coming on top of their head. Shri Mataji is arriving. Thank you. To welcome Shri Mataji, we have an introductory speech of Dr. Sootheen with Deputy with the head of the Parliament and we would like to introduce Shri Mataji. Thank you. Shri Mataji, please come forward. Shri Mataji, please come forward. Shri Mataji, please come forward. Shri Mataji, please come forward. I am very sorry. Shri Mataji, please come forward. Shri Mataji, please come forward. Please come forward. I am Shri Mataji, from St. Petersburg Academy. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I am a senior professor in the College of Science. I have been studying for thirty years now. Kao Yim, Thok, Tan Bata Natha Sapa. Ngo Thi Mi Ka Tuk Tan Thi Chuk Thok, Raman Si Phan Nati, Dai Lang Kha Thi Te Phu Kui, Lab Brin Ko Thi Khi, Kuan Leng Si Ma Kachi, Dai Thi Bai, Ting Saj Ji You Ka, Tan Bata Natha Sapa Mi Phap, Son Nui Chai, Bipi Sen. Tan Kui, Nong Lab Brin, Chai Vela Krip Neng Chuk Te, Nong Se Dang Ting Saran Sam Khan, Koolabenu, Thi Tan Tan Lai Chai Lao, Jaxan Jap, Sih Ting Ma, Jadai Ma Jadai Ma Nani, Ngo Phu Khand Winu Ophara, Kong Phang Kong Phang, Se Mo, Jap Do Ka Neng, Do Bithi Tan, Tham Ma Chah, Phu Se Khun Ka, Chi Wi Kong Tan, Thai Nhi You Ka, Thich Hach Minh, Thi Bien, Thai Penh Chi Winh, Thi I Bong, Soh Soh Boon, Soh Sucka, Nga Ko Nang Peh Soo, Sati Soo, Nga Ko Pruv, Nga Sapo, Nga Te Chah, Nga Ko Nga Ro Phu Rong Rui, Nga Phu Mi Khe Te Phu Rong Ka, Nga Ngo An, Phu Khand Nai, Thi Bichu Nhi, Rong Dung Phu Rong Ro Phu Rong, Nga Phu Khand, Thi Ngo Nga Ma, Phu Ngo Ngo, Sam Ma Te Chih Hui, Thai Bila, Och Tae An Bari Suh Kha, Thai Peh Khi Aai, Yang Nhi Mi Hing Chah, Nga Phu Nga Nhi Khu Nha Si Nga Te Chih Hui, Thai Bili Ngu Suh Mua, Och Ngu An Bari Suh, Sintang Thai Toa, Le Quang Sam Mok Soo, Thi Thi Hye Ting, Ngin Hsing Dibang Pad Khand Dang, Rui Bui Dang Dang, Ngo Mui Sa Hah Te Chih Hsin Khai, Ngo Ngo Tung, Ule Bui, Ngo Ngo Dua Dang, Le Hie Mi, Dang Tui Te, Oang Ruu Thang, Sam Mak Te Yu Khang, Jin Kla Thang Doi, Mai Kui Mi Ka Leib Kip Nghi, Japu Soo Chai, Ko Ru, Kauru Lap Prasugam, Kanturu, Krapu Nai Tha Nati Bae, Sam Ma Si Kse Bapu Jang Ase Bong, Ngo Mui Te De Bapu Prasugam, Pei Khandi Bae Si Bichat Thang Ngo Bhi Thi Bapang, Rupuk Korea Nang Nong, Ngo Ka Bisa Bae, Kekapu Bikit, Nga Thi Bichu, Hae Mi, Ngo Chio Hana Tutha, Jarlung Bauchai, Rupon Bisa, Jat Tumen Kumae Si Mataji, Ngo Ma Laa E Bi, Pei Chui Ngo Phu Kung Ka, Le Patana Satayapa, Le Kunu Phap Chi, Pei Chui Sa Samko, Di Te Bibui Kwan Rang, Kwan Mi Da, Sam Rang, Dung Lu, Dung La, Di Chuk Tung To, Nga Bi Prasugam, Le Bi Bim, Le Bi Phap Suu Chung, Le Bong Pho Bui, Le Phap Kua Biang Thi Bau, Chil Bata Nga Mai, Tha Dae Lap Phap Suu, Nang Tha Tha Tha Dae Lap Phang, Dae Bae Si Bata Thi, Nga Dae Lap Sa Tha Dae Yoo Ka, Kwa Tuk Tha Ngo Chuk Thi, Nga Ko Bi Phap Suu Tla Bae Thang, Kwa Kap Kwa Phu Tha. Thank you. Dr. Sue Tin Lclone, I juxtapose Dr. Tao Zhenggiey production. Hitler also represents a powerful and excellent work to the nation. But in his work and experiences, I would just say in few words what Dr. Suttin just said. I think Dr. Suttin explained to us how last year he had the opportunity to welcome Shri Mataji as a VIB in the empire and how he was just overwhelmed by the wonderliness, love of Shri Mataji and how he was just overwhelmed by the wonderliness, love of Shri Mataji. and how he was just overwhelmed by the wonderliness, love of Shri Mataji and her capacity to give joy and peace inside everybody who is approaching her. And Dr. Suttin also related an event that happened this evening, which is that she was even at the meeting with the head of the Thai Parliament, the president of the Thai Parliament. And the meeting was supposed to take only 15 minutes, but actually in the first 10 or 15 minutes Shri Mataji explained about Sahaja Yoga and she gave this experience to Thangul Hoe, the president of the Thai Parliament and his assistant. And then the meeting was for more than one hour because they were so interested and so overwhelmed by this peace and this joy that they started to feel in their heart after the awakening of this energy. And also Dr. Suttin just encouraged all of us to try to discover this very extraordinary way to attain the peace inside that is free and that is for everybody and without any concern for the world, for the age, for the nationality, the religion. And Dr. Suttin also mentioned about Shri Mataji, how she got the United Nations Peace Medal in 1989, how she is a member of the Academy of Science of St. Peter's College, honorary member, and also how she got the doctorate in cognitive science from the University of Bucharest in Romania and how she has been invited by the government of Tunisia to present Sahaja Yoga, how she has been invited by so many countries, so many cities like Vancouver, like Sydney, like Brasilia. Some of these places, they even say that they proclaimed the

day of the coming of Shri Mataji in their city, like the official Shri Mataji Day, and also how Shri Mataji was the official speaker for the Ford Women's International Conference in Beijing last year. Thank you very much Dr. Suttin. I come to all the seekers of the Kolkhara Way, I come to all the seekers of the Kolkhara Way, When we talk of truth, we have to know what are we seeking. The truth is, has been and will be. It cannot be displayed, it cannot be transformed or changed. Whatever I am saying to you, you should not take it for granted. We have had lots of trouble with blind feet. But if you experience what I am saying, then it would be better that we accept it as honest people. It is for your benevolence, for the benevolence of your family, for the benevolence of your country and for the benevolence of the world. We have been already told about the subtle system we have within ourselves. In this there is a power in the triangular board known as sacred. That means the Greek knew that it was a sacred bone. This power is joined with three and a half boys. And boys is a student in school and she is a very big power that she is called as Kundalini. When she is corrected, it's a living process of evolution. It is your own power. She is your own individual. She knows everything about you. She knows about your past, she knows about your aspirations. And she is anxious to give you your second birth. All the scriptures have described that you are to be born again. Or you have to know yourself. Even in Koran, no one says, unless and until you know yourself, you cannot know God. So the first truth is that you are not this body, this mind, this ego, these conditionings, these emotions, but you are the pure spirit. The second truth is that there is all-conveying Divine power which does all the human work. You see all these beautiful flowers, beautiful trees, so much living work has been done. Who does this? If you ask a doctor, who runs my heart, so he will say it's autonomous nervous system. But if you say, who is this author, he won't be able to say it, who is that? Also science has its own limitations. Firstly it is a monologue. I mean you can make something nice for living, also you can make a drum home to get it's own. There are many limitations of science, which cannot answer the question, why are we on this earth? He tells the problem is, why we don't have peace and why we are so much tortured in this world. We do not know the absolute. We live in a relative world. Also this mind that we have is a myth. We have a message clinically by our conditionings and by our ego. As we react between these two, the mind is created like a, we can say, bubbles. And the bubbles of thoughts keep us out of reality. Speciality of human beings is they react to everything. And thus this mind is created. All wars, all ugly things, all horrible things, all these are created by human mind. But if you know the absolute truth, there will be no quarrelling, no fighting, no arguments. So what is the absolute truth is this, that you are the pure Spirit? That there is a alternating power of Divine enough that you are a part and parcel of the whole. You belong to one organism or only one personality. Actually no religion is exclusive. For example, Abraham, Moses, they are all described by Christ. Especially Moses described Christ and his mother. Invade this person now. All that will be obtained. She is described in a very honorable way by moments. So how can you sleep Christians and do fight? All the Indians were born in the same place. All the Indians were born on the same tree of the earth. As beautiful flowers. I will not contract them, I will not fight in the dead flowers. But who follows the religion? Only when this Kundalini arrives, She enlightens the religion to bring it. You actually become a religious, in it. I don't have to tell you both, please don't do that. You yourself know what is to be done. At least you yourself become a saint. Once you are enlightened, in the light of the Spirit, you give up whatever is disturbed. Once you are enlightened, in the light of the Spirit, you give up whatever is disturbed. I will not contract them, I will not fight in the dead flowers. I will not contract them, I will not fight in the dead flowers. Many people say out of view of God, how to strike these heavens? In the light of the Spirit, they give up. Overnight, all these bad habits are overnight. At least thirty percent of the Sahaja Yogis are not in the sexual drug addicts. They give drugs, alcoholism, all things bad habits they give up, without any trouble. Because you do not have inner strength, give up. But in the light of the Spirit, you become so confident and you just drop out of all these factors. This is not only that happens to me. If you see your life, you are always embodied by the thoughts of the master of the future. But you cannot be in the present. You cannot be in the present. The thoughts come to you from the past or the future. And you jump on the first of these thoughts all the time. You never can be in the present, it's the reality. Because past is finished, future doesn't exist. So when this Kundalini arises, She elongates these thoughts in the space within you, in your attention. And She will go beyond your mind. At that stage you become a witness, you watch everything. You watch, you enjoy everything. You do not react. If it is something ridiculous, still you know it is ridiculous. But you grow here. The whole thing looks like a ground. Like if you are in the water and not some waves are coming, you are frightened of those waves. But suppose if by some chance you get into a boat, you can watch all these waves and enjoy. But suppose if you go up a street you can jump and make very different coming boat. You cross your mind, as a result you become thoughtlessly aware. You are awake, freely awake, but you are jealous. That is how you become peaceful. That is how you become balanced. That is how you become very compassionate. That is how you become very balanced. I am very old as you know and I travel so much. So they ask Me how to go to the traffic. I tell them I don't think I am travelling. Thinking about its time. I say don't think you are travelling is possible. All these tensions of quantities of stress and strain and all of it just disappears. I don't think you are travelling. Another state that you reach, we can call a good dimension into your

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And then if you say three times, talak talak talak, you can be divorced with so many children of the wife. And they are kept on the street. So, you see, if the children of such families are dead, you have to tell them about the common points. But specifically, doctor, is, they are to be told how the mother is to be saved. How the women are to be saved. Because they are your mothers, they are your sisters, they live with your daughters. So naturally they will start change. If you put these nice ideas into their head in childhood, tomorrow they will reward their parents, reward. Is there enough time left to make all these types of changes? Very much there. You see, now what has happened is, tell him that how, how the street works in Osha. You see, first one container has all the containers. So, it goes up to the point and the first one explodes under acceleration. So the second one then explodes. Then ultimately goes into space. So in our development, we have first physical explosion, then emotional explosion and then mental explosion. Now the last. So you are there. He says, yes, he's ready to run. All the vibrations in him. His organism is telling you what you are saying is the truth. And this is the time. So fast. Now see, Sahaja Yoga is spreading like fire. I came to Russia first in what year? The 89th. From 89 till today. In a foreign country. This is a foreign country in a way, for me. I even don't know language. Also don't know much history, as for ladies. Just pray like that. We all walk under one God Shri Mataji. That's it. And there are no boundaries Shri Mataji. We can't be. The language is not barriers Shri Mataji. How much is the people? Russian people are good. It has got to be very early. Not in the American history. It's a time, place. And these children, so many great children are born in this country. Because it's a better country to be born. Even in My country I must say. But do you know that in India the white skin people have minus room? It's called a demographic crisis. Everywhere. Why? Because children don't want to be born. They'll be born in Russia. They'll be born in India. Umania, Bulgaria, Germany, all those things. They'll be born in Russia. They'll be born in India. Romania, Bulgaria, Czechoslovakia, Ukraine. And in the Ukraine Shri Mataji? I don't know. Or Me, I don't know. We can talk about it. We are very special people. We are very special people. We are very special people. We are very special people. What is the point of this question? What is asking about Shri Mataji is about the time. He worries about the time because now there are many rumours and many sayings from different people that the time of apocalypse is here. The time of catastrophe you might say. When everything is supposed to be either ruined or go further Shri Mataji. If the good has to come. And if people don't accept it will destroy all that is negative. It looks crazy. You are perfectly aware of the time, lifting up, they will be left and the others will be destroyed or what Shri Mataji is asking. Actually I don't know what to do because in the hell also there is not much room. They will be hanging the limbo, I think. Don't worry about it. They don't deserve to be in the Kingdom of God. They are dishonest, they have no compassion, no love, violent and even if they are criminals anything can change but if they don't want to change Like Mr. Shirag now. Where are you going to put him? I am a Franciscan president. I have a lot of friends who are not Franciscan. But in politics they don't understand one truth that in politics you don't have to earn money. No, not at all. Because if you earn money, your reputation will go to God. But you have to earn fame. It is Slav, Slav. That's what? Like Abraham Lincoln, This is in the book of Alvaro Shastri who died here. My mother was not the official secretary. She was a realized soul. You see, he was a realized soul. Here we are the Tashkent, then in China. So I forced my husband to be with Me, to write it. You see, my husband has worked so hard, he was ultimately secretary general of this UN agency. Selected by 134 colleges. He has so many awards. But now he says only after writing this book he has got fame. He is little fights after fights of no way. So he is giving the book. Very nice meeting you. Is that the first name? Alexander. So all Alexander's are great. He has his father. He came from there, married an Indian. History he knows. He knows the history. And then when he saw the Indians as they were, he came back and said I can't have it. He is a little worried about the fact, is the raising Kundalini dangerous? They are writing. He has read the books as a senior Israel. He is a little worried about the fact, is the raising Kundalini dangerous? They are writing. He has read the books as a senior Israel. You see why they did it, why they said it. They didn't want people to get the truth. This fellow Gopi Krishna, his private life was so dirty and he just said better to say against the Kundalini so that people don't take the truth and they can earn money. He said that the Kundalini is not a god, that the Lord Jesus is the one. It is your mother, your own mother. The Kundalini is your second mother. Anxious to give you your second birth. She knows everything about you. She knows everything about you. Like a deep recording. How can she harm you? When you were born, your mother took all the labour pains upon herself. How can she harm you? They don't know anything. He read this from some Indian authors, books by Indian authors. They are all, we can call them, kurinas. And very bad in character. Actually. This is the Muladhara. This side is different, you see. Which is at the base. Indian also. Now this is responsible for all

our exclusion, inclusivity. This Kundalini crosses only six centres. And this centre is kept not in the process. Now here is Kundalini. The second one. She can teach you about the second one. Now, when you see what happens, this is the path of Kundalini. Now, when they try to raise the Kundalini from the sexual parts, then this daily Shri Ganesha of His innocence, innocence, then He gets a mouth. And He passes heat all over Me. So, one should know that in the awakening of Kundalini, you should not disturb this. So, actually, when Kundalini rises, all your exclusion stops, every time. Sometimes we are programmed for nine, nine hours. And I don't go to bathroom and you people, none of you. Because, you see, this stops all activity. Because it is innocence. Christ has said you have to be like children to enter into the kingdom. Meaning innocent. They use sex. That's why. The wrong way. Incidentally your Mother. And Her chastity. He looks out of the chastity of His Mother. You see, it is very interesting what they have done here is, the way they have done. But ultimately, you see, this becomes this. So, because, now I said that Christ, because Ganesha never incarnated. He was the internal child, He was the internal child. So, now Shri Ganesha incarnates as Christ, innocence. Now, everything is tangible. I told them that this chakra is made of carbon. You say carbon. It has four. Now, this carbon atom I asked them that you take it. We have lots of scientists. Now, if you see this atom from the right side, you see a swastika. Now, if you see. Now, you see from left to right, this is Omkara. This I told them. Now, if you see from down below. Alfano. Christ said I am the Alfano. The proof is there. We got a scientist here. Who I told them all these centers have a big hierarchy. So, you tell them what happened, how. Put it on Ganesha now. It's not so bad. Well, this is take after, ... .. and we put it in the paper container from the bag... in the morning. And then he put it on the container like this one. You will notice that... ..we call it An premediation, but theMedia principle is no longer possible in colourful respects. As you know he used springs like this. This I told you 10, 15 years ago. Now they have found out. This is the book for the children I read. Very sweet. They are all here. So I want to give you... Your smile is very similar to a child's smile Shri Mataji. Yes, I see. Now what I am saying that I want to give you this book and you can see through by the way just the essences. It is very similar to the book that I read. Thank you very much. Yes. This is the school. This is the school. Thank you. Thank you very much. Thank you very, very much. The Himalayas are not simple things. No, no, no. They are not. This is the school. This is the school. Yes, I am very happy with the tourism. This is a very simple system. This is just about every hill area in the Soviet Union. He was on the Palmers. He went to the Palmers in the Soviet side which is quite near the Himalayas. Still in the Soviet Union. But on the Himalayas as yet he hasn't come yet to the Himalayas. He has come and also to tell in the time by time for all of you in the other side. They are the great pieces. Yogi has done all the job. He was very, very glad to meet you Shri Mataji. Thank you very much. He feels he has got very much from our talk, from your talk Shri Mataji. I need to send you some more books to read. Because he understands English. Yes, he understands English. Yes, he understands English. Because he understands English. A little bit Shri Mataji, he said. Quite a lot. Thank you. Thank you, ma'am. Where is his card? He gave the card. Yes, yes. He gave the card. Please. All right. So should we ask her to give it to Shri Mataji? Very nice meeting you, very nice. Very happy and I wish you all the best for the development of Shri Mataji. Russian children I have met. And also Russia, of course. Thank you. Thank you. He is a patriot. Thank you very much. Thank you. Very fine questions.

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have brought for the Indian Sahaja Yogis. And it's very sweet of them to have brought all these beautiful things for you, whatever was possible from all different countries, and whatever was available they have been able to bring it and luckily everything has reached safe. So I think we should thank them, so give them a hand. I mean if the foreigners want to be here, they are welcome because they are the ones who have brought all these gifts and they should see the joy of the people who are here, but if they want to rest they can go and rest also, it's all right. And now I will tell you one after another. The first year we'll have children, very small children, up to say three years or four years at the most, very small children if you have any, or anybody who has small children can come, without the child also will do. So, I think it's very important that we have children, very small children, up to say three years or four years at the most, very small children can come, without the child also will do. So, I think it's very important that we have children, very small children, up to say three years or four years at the most, very small children can come, without the child also will do. All right, thank you everybody. Thank you. All right.

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some photos. Yes, for both of us. Will you please have your... Yes, please. Come on. Good evening, sir. He is from Italy. Hello. Hi. Hi. Sir. Hi. Hello. Hello. Aocal. Hello. Hello. It is nice to meet you. Are you jamming? Yes. Nice to meet you too. Thank you. Not that one. It is written that he lives under the intensity of healthy food. Something, you know, the other, the other. Is that your first visit to Egypt? No, it's my first. But I came long time back before. I was in Italy, 1960. I remember. But came from now. I can't make it out. I know this has very much changed. Very much? Changed. I think in a better sense, because there has been ten years ago problems in circulation for Mr. But it's far better, it has gone good. And we are doing our utmost to accelerate development. Yeah. Good. I mean, it's an interesting place because of the ancient history. And I saw the plane by which we came was all full. From where you came? You came from Rome. From Rome, yeah. We have a very strong group in the tourism industry. From the supply point, from the, I mean, the capacity of infrastructure, the quality of high-risk goods and also from the arrivals. So it's trying to get it. It's good. But also from India you have no India? You have no India? Of course. Yes, and they are increasing. Yes, they are increasing. We have interesting statistics about their arrivals and the feeling of nights and... India is growing now. Yes. It's a late nation. That's one of the things you must recommend in your history. That's right. I hope everything is taken care of. Yes, very fine. Mr. Ati Hosni is a big total operator. Have you received My letter? Yes, that's very kind of you. Yeah. Thank you very much. Thank you. So, you were all saying that, you were all saying that I have been in the room because I didn't come for My work before. It's the first time I have come for My work. Understood from Mr. Hosni that you are interested to promote tourism, like... Freedom and also peace. Because tourism is a strong mean of, for dialogue, human exchange and peace. Peace, it's a... Shri Mataji is bringing forward a very important message, you can say, which has to do with peace, excellency and... Atisha can die, let's suppose. What happens? Father, you see, you have to have peace, can only become when human beings will become concerned. So, there has to be peace. What is the meaning of this? Is it true? I don't know, I don't know. I don't know. But you are not a person who... No, I am not a person who is a person who is not a person. Okay. There was some confusion. About the cars. About the cars, I see. Now, I feel there is more peace. I will feel it. See now, they have gone to jigs, they had some... Of course, I don't know why, but it's very dangerous. No, I don't think of the miners. But there was such bad trouble that they had to get out. Can you talk about that? Yes, about Turkey. Yes, yes. If the... If the... If the phone record... If the state of Egypt specified the path of... If the sea crimes all over the world, all kinds of crimes, there is an important indication about the peaceful nature of this population. Egyptians lived in Saudi Arabia, in this country, and they were a mystic part of it. We have a multitude of races, a multitude of countries, a multitude of populations, I think, who came and just lived in this country. So we learned tolerance, we learned tolerance, we learned to live together, and that's why there is a great openness of script. They consider that the other is part of yourself, because this is interaction, all the time interaction. You can find people... ...African, like myself, others like French or Europeans, all Egyptians, I mean, it's a... No matter... Like India? Yes, and here the religion for instance. It's a very interesting and very important. Nobody knows, sufficiently at least, that... ...ten million, eight and ten million are Christians of Egyptians. So they are taking things like that, generalizing, making... There was very big propaganda last year. Yes, traditions, the idea of Islam and fundamentalist, Islamic countries, but what about our population? Is that a factor you can drop when you are talking about the tolerance? They are living for more than 14 centuries, citizens as Muslims, without any discrimination, they are in the government, they are in the top of the army, security services, everywhere, in the parliament and so on. This is something very special for Egyptians. There is no problem of minorities, for instance. There is no... There is no problem, minority problem, because what is minority? It is a cultural minority. That's it. What is the minority? Minority is a cultural minority and then in Egypt we cannot say that, because Christians are praying in Arabic. They are contributing in the enrichment of the national culture as others. A minority can be a geographical, you know, the idea of gatos or programs or others, but Christians are living in the same building with Muslims. There is no cities where you have Christians and others for Muslims, in the same building, as we see. A minority can also be an economic, social one, rich or poor. They are as rich, as poor as others. Everywhere, spreading the social strata and that makes no minority into a minority. Eugenious people. I think what Shivatad is doing is something very special, because she brings an experience which is really integrating all the people, all the races, all the religions, everything, by giving an actualization, an experience from inside. Something that you can feel in your inner system, something which transforms. religion is within, it's not without. If it was without, then anybody who says, I am a Christian or says I am a Muslim, would not do and commit any sins, but they do. That means they are not. So they have to become, is the point of experience of becoming. Also in Koran it is very clear to the prophet Muhammad, that unless and until you know yourself, you will not know God. But the attention is not on that. It's attention, whether it is Christians or Islam or any of the religion, is on something very superficial. It has to be attention what is being told, what you have to be. Even Christ has said, you have to be born again, you have to become yourself. Muhammad Sahab has said that, the prophet Muhammad has said that you have to become the worry. Now all these things are not like that. What is happening, just money orientation or power orientation and

fighting with each other. Christians fighting Christians who still fight in ourselves and Hindus fighting Hindus. What's happening in Afghanistan is a terrible example. Terrible, I mean I just can't understand this one thing. I was trying to understand who is supporting whom. Nobody is supporting nobody, everybody is killing everybody. It's fine, so many people are dying. But everywhere you see like that, you feel that people must know the truth. Unless and until you know the Absolute Truth, you go on like this mad, solid madness. See, when you cannot recognize another person as yourself, there is madness. And that can only happen when you know yourself. And that's the work I'm doing all over the world. And as a result of that I found that all over the world there are thousands and thousands of people. I can't tell you the number, but in sixty-five nations or sixty-seven, I don't know sixty-seven, sixty-seven to be correct, you know, it's progressing so fast. You know, it's working out. Especially in a place like Russia, I mean, we are missed, where they have also Muslims, they have all kinds of people. We have houses, perhaps they were so oppressed by communism, perhaps maybe, or they are very deep people, I don't know how they do it. They don't want anybody false, they are going. Because from India lots of false people went, then as a reaction the Americans became also false and all started making money and all that. But this, if it happens, the problems you discover. Because I think you should see My book that is here, I work through it. It's a more sort of My witnessing the West, it's more on the West than the book. It's like just lectures on different subjects but here I'll discuss the point. It's very interesting, very interesting. And also the gene, problem of genes and all that. Oh yes? Yeah, yeah, because I've done medicine also. Also? Yeah. So I've dealt with this gene problem and the problems of human beings as such and what do we have within us which helps us to get this, this way. There's a system within us and is described in the Koran as Asas. It's described already there. See, though Koran was not written by Prophet Muhammad, he didn't write it. For forty years, thirty to forty years it was long time ago. Then after a long time it was written. Osmani. Osmani, yeah. And who edited but some people were very cruel also at that time, very cruel people. And they came one after another, these khalifa. They were not Imams, you know. You have to be the Imam to write and they were not Imams so they missed lots of points but still lots of points involved. Now this is the one which is, is the power in our triangle bone which rises through centers, six centers, presses through here and you get the cool breeze coming out of your head and also you feel the cool breeze on your fingers which is the root. This is the experience one has to have to become a Ruhani. A Ruhani which means spiritual. This is an Arabic word as well. Of course we also use Ruhani. To become Ruhani you have to have this experience of feeling the Ruhani. Otherwise it is like an artificial thing you see some pictures say for example you see it's raining in the picture. It's not really raining actually. It's artificial. You have to go in the rain to feel the rain. In the same way this is you have to feel the reality and this works out now somehow I worked it in such a way that it works out en masse. Thousands of people get it spontaneously. It's very surprising. Yesterday that journalist Excuse me. Yesterday that journalist who was talking to Me at the airport just felt it. Just felt it. He's an intelligent man. He just felt it and I came back and told him that he's got the realization. I said, you test him now. He's a fancy also. He's a fan. Same thing he is. He's also a sinner. We felt it as a process. Ruhani. Already. Like this. You can feel it on there. You can also try. Try. We're trying. Just put your hand like this. Why don't you sit on your chair with the chair near Me? We can do that. This will bring us. We can try also. No, no. Just put your hand like this. And this inside. Put your hand like this. You will see what you will get in this book. Just see on his head. He is great. You must work. You will see it. This is what is the root. This is the root. Now you must know how to use this root. Root is the power of Divine Love. I'm compassion. He's saying that. He's got it too. He's feeling good. He's Ruhani. She can say it. What? What? Ask him. There is waves? See, there's a place for Ruhani work. See how so fast it got. Now feel it on your foot. You are such hard working people. And you get it so fast. Means you are seekers of truth. You are seekers of truth. Seekers of truth. Now you felt it on the head also. No, on the head I felt it. I don't feel it. I don't feel it. I feel it too much. I think too much, yes. Isn't it? He's got it. Left, right. That cold very often. This finger means that there is some obstacle, we can say. An external system. Just put your hand in your arm. This level. Is that cold often? Yes, but I take bronchial wax. It's better. No, you don't have to take anything. I think I can. Better now? See? Are you relaxed? I am better relaxed. We always like that. Keep putting your hand here. It's okay. It's okay. It's okay. So what's your name? I'm a human being. I'm a human being. I'm a human being. I'm not a human being. Oh, I am. I'm very much relaxed. Let me see. Nice to meet you. Just the flesh. Now now see. Now you can do this to others. No? I am qualified to do it to others now. I have the power. You gave me the power or it was there? It was there. I have the best intentions to be a Ruhani. But people I'm dealing with are not Ruhani at all. They will pick up. You can make them. They are materialistic and sharks. You can make them. You can solve your problems. I will solve their problems, I hope. Because, see, we don't know but there is this power all over. There is something about it. And now you have entered into the Kingdom of God. And this power will help you for all your good work and good things you want to do. Yes, I'm ready to have this adjustment. Yes, and you should just master it. Just master it. That's all. What about you? Yes, I'm ready. No, you can just take out the book. He is not Ruhani. He is not from our team. No, no, no. Put another hand also. Like this? Are you feeling anything? If he is help, you know, say, throw. Of

course. What does he do? He is a director general of My technical bureau office. A director general of the ministry. Of the tourism department? Of the cabinet of the ministry. You have to put your hands like this. Like this? What is interesting? Land being. Yes. Now, this here. No? The first one is for this. The first one. The first one. Let's see, let's see. It's coming. Yes, yes, it's there. It's there. You have to love yourself with the main point. Right. You have to love yourself and respect yourself. Very active. All of you, because you see the whole thing very little. At our conference, we will have a conference with the yoga master. Yoga? Not yoga, no. This is spiritual yoga. It's spiritual yoga. You can feel the Divine. Divine, yes. Yoga Divine, yes. Sahaja Yoga. Sahaja Yoga. Sahaja Yoga, Sahaja Yoga. He's bought. He's getting it here. Really? Oh, that's great. I'm active again. All right, sit down. Yes, it's there. It's there. Yes. It's there. It's there. I'll tell you what to do. Oh, nice. When you sit down, you can relax. It doesn't mean that you can sit there. But when you sit down, you can relax. All the energy is there. They are all in the very happy mood. That's the main point. Yes, we are happy people. We like others. We like interaction. It's exciting for us. Now, she's very good. She's very good now. I like it. You are very good now. You have to forgive, sir. Just forgive. Very important. No, it's not a sin. It's not a sin. It's not a sin. Because whether we forgive or don't forgive, we don't do anything. But if you don't forgive, then you play into wrong hands. You eat yourself. You eat yourself. That's the point. Now, just sit down. Yes. All right, it's cool. Can you feel it in the end? Please. There you go now. You are a yogi now. You are a yogi. You are a yogi and a johani. Yes, you are yogis and johani. Johani is a person who has a real experience, who knows all about reality. He cannot be just a person certifying himself, but he has to ask. And one has to grow up like a tree. Those spiritual thoughts and the spirit and ideas is fantastic. We cannot live by silly, stupid material things. We have to have this belief. We have to have these gods and the other belief. Values, human values, truth, courage, humanity, tolerance. That is not mental. Otherwise life is ridiculous. What you are saying is correct. Very correct. But if it is just mental, what's the use? It has to be your power. Oh, yes. That will be better. Better to have your power. Because that's the way it works out. You may say many things, that's all you face. But it should be your power. Just where you stand, you emit peace. You emit love. That's the power. Radiate. Radiate. That's it. I am seventy-three years of age. Are you? So you are like My son. No, let's say you are a brother. All right, what's your name, sir? My name is M.A.M. M.A.M. Yes, M.A.M. M.A.M. That's my... M.A.M. D.O.U.H. D.D. Like David. D.D. Like David. D.D. D.D. Like David. D.O.U.H. M.D.O. What is that thing? Somebody who people praise him. Who is praised? M.D.O.H. The one who is praised. Alhamdulillah. Alhamdulillah. Alhamdulillah. Alhamdulillah. He says, not yet being published because he's still full of mistakes by Indian printers. But whatever it is, it's all right. Okay. Goodness. All right. So, may I ask you one more question? You are what? What is that? What's he saying? I was thinking must I should come here on stage? On stage, you could have it. Yes, please, if you say it, I can do it. For some time. You develop this energy. Somebody will. If you say it, I will do it. It's very important, isn't it? Okay. You have to have this. Let's see what happens. You will get a very nice paper form. Okay. Okay. Okay. Okay.

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Satsang with Mooji Satsang with Mooji Satsang with Mooji Satsang with Mooji I bow to all the seekers of truth. At the very outset we have to know that truth is what it is. We cannot know the truth at human level. To give you a very good example, I would say that if you see a beautiful painting with rain and beautiful flowers and trees, but you don't get the rain. You just see outside. But if you have to have the experience of the rain you have to go inside the picture. That also if you do is to enter in the picture, you will break the picture. So actually we have to now understand that whatever we know about truth is just a picture. Unless and until you have the experience of your being, of your self-knowledge, experience, all the words, all the descriptions are useless. Another good story I'll tell you about one gentleman, his name was Shapish and he was a big cheat. And he went to the king and he said that, If you give me money I'll make a very beautiful palace for you. You must also give me, allot me the land. After one year he said, Still I'm making. Second year he said, Still I'm making. Three years passed. After six years the king said, I'm going to come and see the palace. So when he went there the king saw nothing but the land, vacant land, no, there was no palace, nothing. So the sharpest started telling him, see now this is the big gate into which we enter in and this is a very big palace here and there are beautiful, very beautiful, big, big places to receive the audience. So the king was watching and smiling. He said, Yes it's very good. Ultimately he said, now this is the main hall and in the center there is this seat, a special seat for the king to be seated. It's a throne made with beautiful lions and you sit on this throne. So the king said, All right, it's a very good idea. I'm very much pleased by your work. So will you please sit on the throne? I give you as a present, you sit on the throne. So Shabish went and sat on the throne in a sitting posture. So the king asked, How do you feel? He said, Very comfortable. So the king said, All right, go on

sitting. He sat like that for half an hour and he got so tired then he fell at the feet of the king and he said, Please forgive. In the same way, in the seeking of truth we are going round and round and round of some people talking about it. There are many in India I have seen, also so many come from abroad who are standing on their legs, standing on their heads. Some are reading books, some are reciting mantras, all kinds of things they are doing because they think they are seeking the truth. They are truthful, they are faithful, nothing wrong with them. But it's a punishment of Shabish on them. Some people starve, some people renounce the world and do all kinds of things. Thinking that they will achieve their self, that they will know the absolute truth. So people go to different places and worship and do all kinds of sacrifices. They change their dresses, cut their hair, it's not going to help. Actually something has to happen to you by which you experience the truth. Because people are easily enamored by all nonsensical things. And so many are lost in this punishment. So what is the truth? However I am going to tell you, you should not also believe blindly. This blind faith has not helped us at all. People are fighting in the name of God everywhere. Because blindly they believe that they are Christians, Hindus, Muslims, all kinds of people. All kinds of wars are there and so much is talked about peace but nobody has peace. So whatever I am telling you now, you shouldn't believe it blindfolded. But if you experience it, then you must believe in it as honest people. You must believe in yourself. Because it is benevolent for you, for your samadhis, your country and for the whole world. So the first thing is that you are not these thoughts. Unless and until, unless and until you know yourself, you cannot give up your seeking of truth. Christ has said very clearly that you are to be born again. Now if you put just a certificate born again, how can you become born again? It's all a false certificate. But if you are born again, then so many things happen to you and you get the experience. Experience of the all pervading power of Divine love. You see here beautiful flowers, here beautiful flowers and we take it for granted. We never even doubt how such beautiful different flowers are being created. Now if you ask the doctor who runs your heart, they will say it's the autonomous nervous system. Now if you ask them who is this auto, they don't know. It's just a name they have given. So once you have decided to be yourself, you must get the experience of this great power of Divine love which has created the flowers which has made you into human beings. Even Mohammed Sahib has said in a Koran that you can feel the all pervading power on your fingertips when you get resurrected. And the fifth Imam, Imam means realized soul, he has said very clearly that you will know absolute truth on your palms. When the resurrection will take place, when you will become a super human being or you will become the self. So you have to experience this all pervading power. Power on your fingertips. This Divine love we have never used before. In the name of God we have used hatred, jealousies, all kind of secretive destructive things. So the first thing is we have to feel, experience this all pervading power in reality. We have been already told about this power which is in the triangular bone. This is called as sacrum, this triangular bone. Means a sacred bone. So what is so sacred that the Greeks knew and they called it sacrum? Now this power is within all of you, all the human beings exist this power. And when it opens and sprouts like a primule of the seed it goes up through the different centers and comes out of the fontanel bone area. It's not just somebody puts water on your head and say that now you have become a realized one, it's not so. William Blake has said that a priest cursed on my fontanel. He cursed me on my fontanel. So this is the real baptism, real again I say real. It's like this instrument if it is not connected to the means it has no meaning. If we are not connected to the means we have no meaning. And then we have identity problems. I went to America and I was surprised the young people some are wearing armaments here, some wearing hair, some are wearing half pants with one side machine, hair cut all kinds of things. And they told me, this is their identity problem. You are wise people, try to understand by changing your outside are you going to change your inside. All right, let us see what happens when this Kundalini rises. Now there are seven centers you have seen. All these centers are responsible for our physical, mental, emotional and spiritual being. For example when this Kundalini rises the first thing she does is to cure you. Cure your physical elements. It cures your mental problems. All these modern problems of stress and strain is finished because there is a hole here. All the time this vital power of love and compassion is flowing within you and your emotional problems are also solved. Now the spiritual problem is that you have to become the Spirit. As soon as you become one with the Divine your Spirit's enlightenment comes. Now your attention becomes enlightened. Your eyes which are all the time full of lust, greed, envy, hatred become innocent. They become innocent and very powerful. There is a glint in our eye which is like a light and such a light when it falls on anyone can transform another person also. Secondly you must know that your so called mind is a myth. Myth is that it is made by us through our ego and our conditionings. As we have made computer we have also made our mind and then this mind controls us. We go according to the mind and the mind can lead you anywhere because it is controlling us. This mind we have to cross over. We have to go beyond this mind. How it happens? From the mind come all the thoughts of the past and the future. One thought rises falls off another thought rises falls off. We are jumping on the cusp of these thoughts. We cannot live in the future or in the past. But reality is in the present. We cannot be in the present. So what happens is that when this Kundalini rises she elongates those thoughts. And the space is created in between. That space is the present. Where we do not get any bombardment of thoughts. If you want we

can think but we can be absolutely away from it. So our personality develops another dimension called as thoughtless awareness. We are aware but thoughtless. This is the first stage which one achieves called as thoughtless awareness also described by Jung. The attention which becomes enlightened. You can feel anyone sitting down here with your attention just like ether. You can feel it on your fingertips. You can feel their centers. Then you talk the language of centers. You don't talk person who is white, black, grey, anything. You don't talk what dress they wear. But you talk in the language of centers. This is something that has never happened before. So another dimension comes to us known as collective consciousness. You become collective. As they say a drop becomes the ocean. But you become it's not just talk. You can feel chakras of others on your fingertips. If you can cure your centers you can cure the centers of others. So you know the truth. You know the absolute truth. Now see some people don't believe that Christ was the Son of God. After realization you ask the question. And then you find tremendous cool breeze growing in your hand. Cool vibrations. You lead a very relaxed life and very joyous satisfying life. Now Sahaja Yoga is working in 65 countries. In a very big way. For example in Russia we have Sahaja Yogis might be equal to population of Portugal. Because they have suffered so much that their attention has gone inward. And they have taken to reality so fast. I'm sorry that after so many years I have again come to Portugal. In America also I went after nine years. Because when I went there I found they are not at all prepared to take to reality. So I gave it up. But after nine years very different. Very different they have grown up. They had to go through the circle of materialism. Then they realized that there is something beyond because they are not happy people. Now when you become reality in yourself that you have no thoughts you become a very peaceful person. Completely integrated. And one with yourself. Today we talk of world peace, global peace. How can it be with the people who are full of all kinds of funny situations? They are identified with this or that and they are fighting. Even among themselves they are fighting. Even in the family they are fighting. So the first thing is important that we have to become absolutely peaceful within. Put your mouth to this otherwise they can't hear us. So it is important that our transformation should make us absolutely a peaceful satisfied person. That is the state we call as Sahaja. Saha means born with and Jain is born with you. Born with you the right to become one with the Divine power. For that you don't have to do anything. You cannot pay for it because it is the living work of evolutionary process. How much did we pay to become human beings? How much do we pay to the Mother Earth for giving us the flowers? She doesn't understand money. And the Divine doesn't understand money. You can pay for the hall, you can pay for the mic but not for your transformation. This is to be understood that anybody who asks money for your transformation or spirituality is a bold person. So as you know the absolute truth and your attention is also enlightened. The greatest thing that happens to you that you jump in the ocean of joy. Joy is not like happiness or unhappiness. If your ego is pampered you feel happy, if it is hurt you feel unhappy. But joy is singular and that is to be experienced. In one lecture I am sorry I can't tell you all about it. But telling is also words, words, words. Unless and until you have the experience what is the use of talking? So I think best is to have the experience of the Divine. It will hardly take ten minutes. But before that I will tell you one thing that it cannot be forced on anyone. You have to ask for it. You want it. Those who do not want to have or are just sitting here as aggressive people I would request them to go out. Because I cannot help them and they cannot help Me. They cannot help anyone. So those who don't want to have I would really humbly request that they should go out. First and foremost think you should know that you are human beings at the epitome of evolution. That means now only the last breakthrough is to be achieved. So you must have respect for yourself. For example you should not have any guilt in your mind at this moment. I can't understand people tell you that you are sinners and that you must go on repenting. If you are guilty you would have been in jail not here. But it's a matter of fashion also with people to feel guilty I think in the West. The Portuguese who went to India they should have learnt that Indians never feel guilty. They don't know what is guilt is. If you have done anything wrong all right correct it. But don't go on harping on it that I am guilty, I am guilty and curse yourself for nothing at all. So the first condition is that you are not guilty and you should not feel guilty at all. If you feel guilty then you catch the center on the left this one. Which is a very very important very important center because when it is in your body you get many diseases. One thing you might get spondylitis, you might get angina, you can get cervical cancer. You can get all the organs very lethargic. So why feel guilty all the time? In the West it's really some sort of a funny norms like one fellow told Me that I spill some coffee on somebody I am feeling guilty. Is she a stupidity? You must respect, you must respect yourself and love yourself. Because I am talking of compassion and love. So forgive yourself. When you forgive yourself also forgive all the others. Because whether you forgive or don't forgive you don't do anything. Logically you just torture yourself that's all. And play into wrong hands. If somebody has done wrong to you just forgive him. Leave him to Divine. And everything will be all right. Because this is also another problem is that this center here is like this in the brain. Is the crossing of the optic chiasma where the center is? Now, if you don't forgive others then this will never open out. It has to open. For that only thing you have to say in your heart that you forgive everyone and forget about them. Because even to remember them is a headache. So why carry this headache? Now you have tortured yourself quite a lot. But at this



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Two names are like Raneer, who loves Rama, who gives. And the curry means, who is the one who does. So this language itself is a very symbolic language and the way the meaning is also extremely symbolic. But what I like about them that they know very good classical music and also the drum was very good. Apart from that you see they are singing from the heart. It's not just to please Me or to please you. When you sing from the heart it's different. And if you see their eyes are just shining, they are all realized. Now I have to tell them later on about Nomad Sahib, about Salimda, and Ali, his two sons. All the history about them is they don't know. Then they will know what they are singing as such a being. So they are all our own, they are all our relations and we all have to accept them as one of us. May God bless you.

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It is the rhythm and the emotion that the songs written in Spain have. The country has a lot of emotions. And within us the emotions move, they move within us. For everyone, whenever I went, people just say my Spanish or something. So I just wondered what it was so similar to me and the Spanish women. I think that loving my heart is just all my things, but I think the women of Spain become loving. I think that's it. It was all of it. It is my own love that is expressed in each and every gesture. I hope that to all Spanish women this same love is expressed towards others. One thing we have to realize is that the yoga is love and divine love. And it is not attachment, it is not possession, but it is a divine love. It is not love of the flesh. It is not love of any material thing. Love is the love of your faith, but it is the love of the divine. The liberation takes place if you really try to witness everything in its real form. And see for yourself that how and why are you attached to something. Once it is discovered that we are attached in our witness state, then automatically the pure love starts going. As soon as you get your light, the sunlight, all the fog disappears. In the same way, as soon as you get spirit shining in your attention, all your doubts, all your mistakes disappear. This is what I told you today, that you have to be aware of yourself. Because now you are fed to yourself, your spirit. So when you are just feeling you are like a brilliant diamond, which is feeling like right self. So it is important to understand what you are, what others are not. And this awareness should be a firm, innate part of your being. Then only it will act and permeate into the atmosphere and into other vision. I hope when you go back to your countries you will give my message to them that we all have to be aware of ourselves. If you put dirt on the diamond, it won't shine. But dirt has nothing to do with the shining of the diamond. If you remove that dirt, it will shine brilliantly. For that you know what is to be done, is to witness yourself. If you are still right sided or left sided, see for yourself. And find out what's wrong. Just clear it out. Just do not accept it. Do not accept it. Because this dirt and faith is covering your diamond. This is what we have to understand in Sahaja Yoga. Then once you shine with that brilliance, nobody has to say with a vow that it is a penalty. You are. Nobody can doubt that brilliance. I don't want to have to do this. Nobody wants a person who is fake, who is impure, who is unrighteous to talk about God. Everyone wants reality. Only thing is that they should see reality in you or you should manifest your reality outside. The first one is not in our hands to make them understand reality. The second one to manifest reality is in our hands. Now for example you have seen very well I travel and arrange a program, there are thousands of people. In Italy they just saw my photograph and they came to my house. I do not proclaim anything, I do not promise anything but they all came. The reason is they are sensitive and they can see that there is genuineness in this face. Whatever is inside is expressed outside. If one is not genuine it shows outside. That is why the inner light should be made a big, big, brilliant light. So that we can make people see reality. In Rome when people were seeing this, one old man came and said that I can see the light of their faces. And you can see there is a picture that there is light for everybody's head. The other day I saw one painting that I remember from New York. And Greco has done a painting, very short Christ disciples being blessed by the Holy Ghost and all of them had light coming out of their heads. There were so many few, but you are so many and all of you have got light on your head. It is guiding you, it is looking after you, it is loving you, it is showing you the path. You should never feel that you are alone, but try to keep yourself clean because this light will disappear. May God bless you. I am sorry I have to go to Varvani. You learn that. And I will be traveling many countries, three months, I am already booked. But you carry this message to all the places and let me see what effect it has on that when I will be settling. Now I have to go back to England and I have been traveling for many months. I would like this message to go to all the countries in Europe and the

world. And when I visit all of them I would like to see the fruit of this message. Last of all let us give a hand to Jose Antonio who works so hard to bring Sahaja Yoga to Spain. Thank you. Thank you all of you, all the people who are staying and all the people who have come from outside Spain for bringing Sahaja Yoga to Spain. Thank you all. Thank you. Who are going to Varvani? This is your hand, to Varvani by plane. And then we have four different ones for every day of the day because everyone will use different things. Thank you. It is not important. Thank you.

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So Dr. Spyro is saying that first we showed the ridiculous and then the sublime. We have to give a hand to English Sahaja Yogis for bringing such joy to all of us. The tent was raised of course by the Italians but the stage was done by the English. This particular theme was prepared by Shivaji. He did it, of course a little bit I added to it but not much. So it's time for us to depart. May God bless you, all of you. I am sure you all have enjoyed very much and you have grown and that your sasradas are completely open. It's very big day for me specially that such a great thing could be achieved in such a short time so easily that I didn't understand the importance but now I know how important it was to open the Sahastrara and give realization to people. That time I didn't realize it was so important to have an en masse realization, really I didn't understand. Also I was not feeling very confident about human beings that they'll accept anything. But it has worked. Started with one lady and today you can say there are so many people, so many of you are here who know the truth, who know what is Divine love. May God bless you, all my love, compassion and all my blessings be with you. May God bless you, all my love, compassion and all my blessings be with you.

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He never felt the time the way he played it, I really... He never felt the time at all. I was thinking he was going to play more, but it's over now.

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He is so talented. I mean, I didn't know what to say, but he is really remarkable at this young age, he should play so well. Like Mozart, I felt his comeback or what in Sahaja Yoga.

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This is a very beautiful raga called Shankara. It's played before Shri Shiva, you see, it's like that. And it is, I think, it has one beautiful thing about it, the way it is played. You feel sometimes the nataraja is not dancing before. The way the rhythms are, the notes are placed like this. It's a very apt name for this raga, for Shankaras, very apt.

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I must say, He went into ecstasy and also you all were in a very different realm of Divine blessings, I think, the way you were enjoying the whole thing. But as He said it, this raga is difficult to play so fast because the notes are very far away from each other, very few notes, and you have to move your hand very fast. It's really remarkable every time I hear something new from Him and every time I find such creativity, working it out. I don't know how far this gentleman is going to go in this great art. As it is, you have noticed that today he was in a very free mood and full of heart, played so well. It was something very unique for all of us to hear such beautiful music on such a day where we are celebrating this Sahastrara. It's something that has to do with vibrations, of course, but I think that if a person plays with full attention and full dedication, after Self-realization, he got his realization all right, then it acts on your Sahastrara also. I could see you are all going blank completely and just floating into the beauty of this raga and enjoying all the waves, different, different styles and different, different permutations, combinations. It's very creative, very beautiful and I hope we'll have him again and again and enjoy his music very much. Only thing I was worried

about his finger a little bit because sometimes the finger starts bleeding also when you play such a raga like Durga or another raga is very difficult. It has also got few, few notes. When you play Durga, I always tell them play short, not very big because I'm a little worried about your fingers. So this, in this you have to use your fingers. You can't use anything else. Once I suggested somebody that, why don't you put some plastic? He said, no Mother, we can't put any plastic. How can we put a plastic and pull the strings and things? I said, but it's rather cruel sometimes. We are all enjoying your music and you are bleeding. That's not good. So he says, but I never feel bleeding that time. So it's a very difficult raga and requires tremendous practice for any raga whatsoever I should say. But these ragas, these are with say five, five notes are very difficult and I was surprised that once we had some Japanese friends who knew one or two ragas on this like Munakali and all that they knew and they were so amazed to hear Shankara that it was played so beautifully. They just, I mean we can call them, they just want ting, ting, ting, that's all. They don't know anything compared to Indian music, the permutations, combinations and all. It's a great blessing. I think in our country that we have such great artists who are doing such great work and are serving the art itself. They are specially blessed by Goddess Saraswati, I think that the way they are working it out is impossible to understand a human being doing these things spontaneously so beautifully. It's absolutely a divine art, otherwise not possible. Somebody told Me that the Muslims are not allowed to play anything, they are not supposed to have anything to do with music. I said, nonsense, it's not possible. How can Mohammed Sahib of all the things would say such a thing? Because he knew that music is divine and music has to be enjoyed otherwise you don't go into the ecstasy of your joy and that's what I could not believe such a story when people told Me. But in India you'll be surprised that the music is mostly played and is also sung by Muslims. So this shows that this is nonsense, it's not possible, how can they do so well? So this is how sometimes you see people try to bar the music and try to destroy the beauty of such a creativity, of such a blessings of God. Now I hope also that some of you will sometimes go to India and learn this music and also can entertain us. Of course Nishad Khan has many advantages over you. Firstly his father is a very well known sitar player, his uncle I have heard him, he is a very great sitar player. And I mean their family is known for this and with what deafness they play and understanding their plays, from very childhood they are hearing all this music in their families and the whole thing is worked out as a like a tapasya. And he has so many advantages over you but you have one advantage at least that being realized souls you don't have to learn any classical music but you appreciate. This is something great that has happened to you, that you appreciate and all these artists have told Me that we have never seen such nice audience which you have Mother. We forget ourselves here. Yeah, that's what they said, they just forget themselves and they feel so one with all of you and they can't understand that you have never studied this music, you have never heard this music and how you are submerged into it so easily. Some people have been in Sahaja Yogi for six months, eight months and they understand the music so well. It is to be understood through your heart, not through discussions and arguments and things like that but through your heart you have to understand. And once you understand through your heart then you see it is the essence of joy of that creation just pours down into the essence. You don't have to learn, you don't have to go to school, college, university. On the contrary I have seen people who have been to universities for music are headaches I tell you, all the time they go on finding faults here, finding faults with the musicians, this, that. Such a headache it is to be in their company. But just to have pure music understanding is so simple I think with Self Realization and that's how you all are enjoying it so much. I was myself never so sure about it and I always felt that I am, I hope I am not forcing this music on people. But from the very first day we started this music in Sahaja Yoga people were absolutely floored, I couldn't understand how they have accepted it. Of course there were some people who were little back numbers but they also came up now and now without understanding the notes or anything just they get plunged into it and they really enjoy above. You should not think that it is any hypocrisy or anything but they really enjoy Indian music. It's something really marvelous to feel that this is the music of the Spirit and that's why now they don't listen to any other music. They don't enjoy any other music but classical Indian music. It's something such a great advantage. I mean if you have to train so many people in the university. It is impossible. It is impossible situation and we have thousands and thousands, even Russians will be surprised, Russians. All these people have taken to this music so sweetly. It's something really miraculous and I thank you very much for rendering all these raga so beautifully today. Yeah, Mataji, this is the fifth time I think I have played the Dharwari Kannada for you and every time it has been different. I am very grateful you have invited Me this time. Oh, they are very enamored. Today also they are in a very different mood of this Sahastrara day when since this Sahastrara was broken for that. It's a very big event in the spirituality, spiritual life of people. So for them it's a very sort of a enjoyable day. Also today is Mother's Day. So all these combinations put together I think they are just listening to something celestial. They say, pele gandhar bhaagara nahin ho dete hain. Like that they are feeling about you. Aapne ku bhu dunya deekha hai hai. Paapi to ushme char chand raga hai. Aapne pachh mein taktile sindhi bhar bhi bhajana chaat na. Nein bhajai daroor ye to sunne ki dar bhi bhai te kar kar bhi nahi hua. Aapka samaste. Ye kare thay bhi to ek bhi nee bhaj hai bhi bhatare ekti musse. Dho bhaje takto kamse kam

program mona hai che aap. Aap to mujha aadati ho gayi kit doe bhaiye sothi mein usa. Pal sohi nahi saath. Suna hai yeh, kala vati suna hai yeh. You have never heard this raga kala vati, have you? No, you have. You are all. Aap yeh saare bazaar mein jakar ke, aa yeh sab kar ita rata hai. Aapne Hindustani bhai mein hai, duslam music kar ita hai. Aapne se kath hai tumlo kye kya kar ita kar lek, katumlo ke kya kar ita bhekar ki che. Duniya bhar ke cheeze ino nahi katti kari bhi. Bhaja hai tohle kala vati. Kala vati is a beautiful raga, you'll like it. Kabhi bhaiye nahi nahi kisamne ki sine bhi isle, man sotha kar thola, kala vati thola sa suna hai. Thank you.

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One thing we don't have is a person who knows tabla very well. If anybody wants to learn, they should tell him and ask all about it. It's in Manchester actually. In Manchester? Now we don't have any Sahaja Yogi in Manchester, do we have? Few are there, but are they good at tabla? Landalar atte to bhi? Na pa yoh shakto hai, that's no problem. He can come to London he says to teach. Alright, we can call him in Shweti camp, Saturday, Sunday. Paro bhaan. Arrange it. All those who want to learn tabla in England should give their names to Dr. Spyro.

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How did you like this melody? They dare not say anything else. No, no, no, no. It was wonderful and also you went into a mood, definitely. I doubt it.

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You have been noticing it this year with the people coming to the local programs, they are older. The kind of a, I think a feeling of frustration. I'm trying to understand what's the meaning of that. I'm not going to give it at you. Just I want you to hear. It's not a nice song it was. Bhajan? The universe things. I think it's a very good song. Hey, come, just put it there. There's one more tape in my room, I'll tell you what it is. There's another one on the other side. It may be in the... How many films you have? A lot. What you send them? They go to England. England? Or the Austria. Austria. Have they reproduced it? Some of them Mother. How about Taiwan? I think Helen was doing it, you know, Efrem's wife was doing a channel. She works in the TV station and she was copying them. Your father has done such a remarkable thing. With such dedication. So nice. One so beautiful that I told them also to change the color of the paintings that you have actually written. It's another one I think. Another one in the... Something they have given Me. Biharis, I guess I can give it. It's another one in the... I don't know if it is works, people are listening to it. Done by the Bihari people. They are attaching Me to them, I think. It's just My building. That's My spectrum. This is the villagers, they have done it. Let's see what it is like. This is not a painting. Villagers from Bihari. This is one. They have no tape recorder. They are just bringing one. Very happy. What is this photograph? Sir, can I see this? A bell? Sir, can I see this? I can see it. What is this? Boredita. So nice. I can see Rajicha's hotel. Thank you. Hotel vibrations. So we just have wishes. A. A. A. You saw this one? Mother Mary's. All of you have seen Mother Mary's? Let me have one. You just see this one. Who brought this one? It's on the stage. Mother, may we at some time know the science that lies behind these photographs? May we at some time know the science that lies behind the phenomenon that appears in these photographs? You see, this is done by Shiva. He's doing all these tricks. Just trying to convince you. But actually it is, I must tell you that it's a fact also. And this is the one She brought you, that She has brought you. It's a fact. And some of the photographs, they catch it. It's what I said that a new mood has started. Can I have? I can't get it. Is there any one? They have to get it one. Which one is that? That behind the... We're just waiting for the cassette player. This one of the villagers. Let Me catch. You see, everybody is trying to sling and to go for it. Another one I'll give it to you, may be mistake. Sort of their heart is not limited. Their heart is very much there. I was talking to her as to what trees you can have in that ashram. And She said it's a dry, hot cabin. Yes, and it can get reasonably cold also. Frosty, yes. And frosty. So I would say in the beginning you will have to look after this with some covering. Once they grow up, then there's no problem. And you must also apply for some input. I told her many trees you can input. Many types of things. And if you vibrate them, then they survive. If you vibrate. I told her various names. You try. Wawa you might get. Really? Jikku, gawa. You like all that. Wawa you like very much. And bananas, may be. I don't know. What trial? What you do, first you get one tree each. Plant it. See for yourself. It

works. If it works, then you can do it. If it works, then you can get it. If it just gets destroyed, then you don't have it. So try for one year any one of these trees. Then you can get grown. For Teek, She said you have to have a humid atmosphere. How do you have rose-foot here? Do you have rose-foot? Not actually. There is a thing called a queen stone rose-wood, which has a beautiful smell like roses, which we've been trying to get hold of. But it is a eucalyptus. It's not a rose-wood. It's not a proper, it's called a rose-wood, and it smells like it, but it's not. It's actually a eucalyptus. One that. Eucalyptus is all right. But, see, a part of eucalyptus. Try to be positive. Try. Try. Try everything. With vibrations anything is positive. With vibrations really anything is positive. It's not difficult. We've got it. For a year if you try, you will know exactly. Now, I thought, I would just say this. We'll let one little bit I would like to see. I don't know what sort of thing it is. The hardest thing is actually to get the trees. The hardest thing will be to get the trees. No, but they are importing them. You see, here now, they will trouble us so much for food. They are importing everything from here. It's only question of money. If you say we are importers, you'll get it. You have to pay some money. That's all. Otherwise, all kinds of things are coming from India here. All kinds of food, everything is coming. How is it they are getting Indian food here? I asked them, they gave, showed me something. They said, Mother, it's all imported. Yes. Well, most of the things that are here are imported. Then how do they know? They don't make much. They are My family. They must have some new clothes. They are not You can have papaya. You can use only seeds. How are you feeling? You feeling all right? You, I'm sick. Yes, I'm sick. All right. Just a little bit tired. Tired? Why? Because of the hot 24 hours. I will sleep at all. In the daytime, you should take a little nap, as good as. Like in Italy, they always have a siesta, and that's how Italy and Spain. Nothing is open. All right. All right. All right. We don't have much in here, in this house, because it's only we don't have much in this house, because it's only since Saturday that we moved in. We don't have much in the house, and that's why it's taking a little time. It was really. Today. But this one I've done that. Yes, ma'am. Everything is there. That's the one. This is rasam, from India, I think. Put this on the thigh. And the chairs, everything? No, the chairs are from, the Sahaja Yogis bought the chairs, the furniture. Furniture? We bought, yes. You bought it? Oh, no, it comes from different people's places. And they gave you, I will wear the carpet. The carpet and curtains, yes. Is it yours? Yes, ma'am. And those are? These two here, the house? These are from the house, yes. I tell you, it's a couple of houses. It's a couple of houses. It is the summertime about eight months here or so. Yes. Mainly, mainly summertime. A little winter. Winter is very short. Like Delhi. It was very cold though. It was quite a shock after Maharashtra. Yes, but it's only for people. I mean, short one, yes. It's very hot there. It's very hot. Oh, Pune is better. It's not so hot, not so cold. You've seen the house? Rajasthan. Really? How? It's only in photographs, yes. You've seen it? Well, I've seen it. This time? This time you saw? Last time? Last time. Not this time. Next time. This time, see here, indoor, everyday, lunch and tea. I've got beddha, this time. Did a good job. This is from Greece, isn't it? I don't know. From Greece. I'm not sure if that's it. That's not India. No. I'm not familiar. I think there's also one from Italy. You grow them? No, in Italy. No, you don't know. Any of these? No, you breathe. Italy, they don't grow. Italy, they are very nice, you know, some limited things. Like the jadi, stad. All the time, they eat that. All the time. All the time. Very traditional. So many courses. Just can't cope with it. Just can't cope. It's still the people are great. It's still the national. Even I, even all the police will come. Say Namaste. I'm so surprised. Would you like some fruit? What? Would you like some fruit? Why don't you come over here? Why don't you do the rubini? In the room. Come. This is the village one. This is the village one. This is village one. We bow to the Mother. There's a song song for our India. This is the Motherland. Here's the destiny for me. This is the Motherland. Look at her. She's around. The Bihari look. You're not from Bihar. I'm one man, Mr. Shemah. Got to transfer to Bihar. And now he has got 200 Sahaja Yogis. Spreading like fire. Before the persons, there was one who met Me. She is from Malabar and there are 100 Sahaja Yogis. I came to Malabar and we've been there. Only the fellow who got transferred there. Have you now got same thing? These are all government service. They get to transfer. They start Sahaja Yogis. Just like they were going from place to place. When he was in Italy, he said, I have better for Italy. I said, but not a single Sahaja Yogi has come. You come along. I said, all right. I went to Austria and see the love everywhere. The steel is pressed like one candle. Wait, I'll take your time. I'll take your time. Is this the first time you have come? Is this the last time? First time. First time you have come. First time I have come. Really? You must have given one to Me. I was a little tough, I was a little tough, I was a little tough, But I was a little tough, I was a little tough. Bhakta Bhagavan is doing such a good work. He is doing great. He got rid of his eyes. He is doing great. I was feeling like a medicine. He had it for so long. He had his eggplant for so long. All over the eggs. I am full. He is very good at eating. He is very good at eating. He is very good at eating. He is very good at eating. He does have better on the other side of the kitchen. And that means that is the bathroom. Yes, that has all glass that looks down the back of the garden. Very nice. Very light. Very light. Yes, all the bedrooms are on that side. There is a little room in there which I'm going to study. I think it's a little study. It just does a very small building. Yes. Is that a 50? Yes, I think we played 40 in the early 50s. But I think it's been redone. Sometimes it is. Some of the door frames have been changed. This one. This is a local wall called Jarrah. But it's been stained. It is... Is that radioactive? Yes, it is lighter and it can be darker. Depending on the age of

the Jarrah. But it gets a lot wiser with this. This one is a bit dull because it's been... But really Jarrah is very rich. Very rich. She was having something... It has double... Yeah. Fabulous winging. Yeah, she was having something. This way and that way. From here. Good. They actually made a ply like that in different ways. Across the fibres. They even use this one. Mainly fine. They do use Jarrah. The same part of that one. In the South West a lot of this paper has been used to make paper. Yeah. Yeah. They chop it up in little pieces like this and send it to Japan. It's such a nice wood that I like. Exposable. Very hard wood. Actually at Burwood, the floor, the college floor is Jarrah. All the way. But there's no Jarrah in Sydney. It's Western Australian thing. The dominant of Western Australia. I'm not sure what to say. I think that she has a teak. Yeah, but it's been slain too. Teak from where? I'm not sure from where. The chinta. Taiwan. Taiwan teak is. Is it teak? They say that Taiwan teak is popular? Yeah. They found Taiwan so maybe they know teak. I thought that. It is a Russian. Malaysia. You said Malaysia? I don't know what kind of. Malaysia. This place to play stands is a... A lot of chukwud is there. Yes. All kind of... I think there must be teak. It's full of... It's very tropical this one. What? It's very tropical. It's dense. It's tropical. It's gone. It's very hot. Yes. Another... The... The half of this have disappeared. That's all right. She said that she has a peach. So, when you went inside to see them, you were asking where are these half of it? I'm seeing... After some time I saw... You were venting those... Cool things. Yes. You are going to die. This is the place. This is the place where... The people who are here are going to die. Tell them about this. Tell them about this. All right. Got it? No problem. See now. Now, that money I have is less. Do people sing here or not? What? Do you sing here music or not? I'm so Indian. Can I come here? I'm not sure. I'll come here. Come here. I'll come here. I'll come here. I'll come here. So, all of us turn. I'll come here. I'm the only person who plays the tabla and sings also. Once you have realized them, then you cannot practice. It's nice to see all of you singing the same songs. I have passed the Pashtana. I'll come here. I'll come here. I'll come here. I'll come here. Tomorrow evening. He said we'll present you with some nice... You are also singing. That Martin for Gans is very good, I must say. Yes. It's taken to Indian music very well. He says, now I don't like any Western. I just like Indian music. And he's teaching his children also. He sings very well. He's called very nice voice. Super. Everyone noticed it. I'll sing very well. But he has met somebody else there, you know. It's Sahaja Yoga we have problems with problems. I don't know what to do with them. Who are better than the other? That's good laugh. Some are very innocent also. Like one gentleman in Delhi. Got a habit to talk to him. In Delhi. Got a habit of giving a speech all the time. They said, Mother, he keeps such a long speech and we don't even have time for Aarti. Never be listen to your lecture. He is the one who will give you. I had not... I mean I had the... I never got this complaint. Before that only I had said in one of the lectures that you should not give lectures. My lectures are there. Let them listen to My lecture. Then do Aarti. Finish it. And then this news came in about this gentleman. So he telephoned to Me. He said, Mother, I heard what you said it. But now what am I to do? Whenever I go to the ashram and whenever I see people I feel like speaking. Just I can't control myself. I said, Now what to do? I thought, I thought, what can I do? I said, All right. You put one beetle nut in your mouth. He saw me and I said, He said, How big I should put it? A little bit of thing. That's how life is. I mean sahaja yoga is quite some... I mean you can just jump into your ego very easily. I'm a sahaja yogi. It's not... It's quite a common thing to begin with. Then they follow. Then again they climb up. This time we were in Vampati Puri. No. Jose prepared a drama. He told me about that. The first person who was attacked was Mr. Yogi Marjal. And he was reading all over the place. He said, But why me of all the places? I said, Because you're very shy, that's why. Jose has ideas and I care. When we were in Milan they had a... This divine. And they would crawl for the first time he came out, out of London, in that program. And what do I find Mr. Jose copying Mr. David Brough? First time this fellow has come and he's copying him. Now he never copies. That's quite worrying. And I was quite upset about it. So I told him, Jose, you should not have done that. He's come for the first time, he's copying him and what will he think of you? And he'll never come again to sahaja yoga. He said, I'm sorry, I'm sorry. So then David called him to say, and said, I apologize, I say, I'm sorry, you know, he should not have copied you because he was looking like this at him. He said, No, madam, what a talent! Look at him. I did all this two years back, but he remembered each and everything. What a talent! I was so relieved by his appreciation. All kinds of things happened in Sahaja Yoga. But I don't know why, but in Australia, in Russia, they dreamt about Me much before that. Some man, some scientist dreamt about Me ten years back. And he was dreaming it every day. Ten years back. Country , what has result free ... .... He wrote a book Some fellow told me, saw Me dreams Like living from MY blighed view Tonight. Yes. Yes. But that's all right. But this fellow dreamt about ten years back? Yes. This one. Ustam also dreamt. Ustam was a dreamt. But in Russia there are so many. So many who dreamt. That's how they came to My program. They never heard about Me, nothing. Postering, I think. Okay. All these TM people looking lanky-panky, all sick. They went out and said, very good, let them go away. You see, it is, it really harms people so much. Sata ami gevaya khatoma. So I'll have my dinner, if you don't mind. Tomorrow morning he says ten o'clock with the pugya. If you are ready, I am ready at ten. Where are we? It's very far away. It's about an hour, it's dry from here. So I should be ready by nine? You will take the... Tomorrow morning. Depends on, you see. When you are ready, then you have to telephone. Yes, Mother. So even if I leave

at ten, it could be eleven o'clock. This is no time. So we'll have Mahavira's pugya. We have never done Mahavira's pugya before. Allow Me to answer that. Okay. Good night.

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Now coming back to the basics in Sahaja Yoga, we have to know that in Sahaja Yoga we have no hard and fast rules for anything because you are American people, you are saints and you know what is good for you. But you must keep that quality of saintliness and certain things you should avoid yourself if possible and if not then see that what's wrong with your centers. If something wrong with your centers you start getting into problems, getting into ideas, something which are destructive. Now coming back to the basics in Sahaja Yoga, we have to know that in Sahaja Yoga we have no hard and fast rules for anything because you are American people, you are saints and you know what is good for you. But you must keep that quality of saintliness and certain things you should avoid yourself if possible and if not then see that what's wrong with your centers. If something wrong with your centers you start getting into problems, getting into ideas, something which are destructive. So is best is to judge yourself first of all how are your vibrations. Now the best part that has happened so far I think in Perth which as I was happy that they have assured Me that they will try to get a big ashram because yesterday you saw how many people there were, day before you saw how many there were. Now if you have to help somebody in such a big way then we have to have a big ashram, a big place where people can come. I found out a suggestion another one if you can accept it that first of all you can have a big ashram somewhere which is to be renovated and all of you try to renovate it, it's not difficult as he said that you can purchase some dilapidated things as we have in Sahaja Yoga, mostly people come dilapidated, isn't it? And we put them right with a camera. In the same way we have to rebuild the whole thing, renovate the whole thing, a big thing and he says that he can get a loan for that for renovation which you can pay as rent and can be looked after and also the people who are coming from outside you can tell them that it's not for Sahaja Yoga but for this hall that we have here, a bigger place that little bit money could be paid and they wouldn't mind paying you some money but not for Sahaja Yoga, it's just for that gradually you should introduce this idea to them, will be a very good thing. Now collectivity should grow and collectivity grows with certain other subtler ideas that we should have about collectivity. First of all we are all saints, aren't we? So now we cannot talk ill of each other at all, we cannot. If we are thinking ill of somebody or criticizing somebody then we must know there's something wrong with us. In Sahaja Yoga we should not criticize anyone, we should see the beauty, the glory of another person and praise the joy that you have, the happiness that you have because if you want to gather the thorns you'll get thorns, you can't get flowers but if you want to gather flowers you'll get flowers. So nobody should talk ill of any other Sahaja Yoga because that is one thing creates a big problem in Sahaja Yoga. And secondly there's a leader within. Now there's a leader if you find something wrong with him then you directly tell me don't discuss among yourselves and create a group against him or her because through him only or her I can talk to you or come to you. Now supposing there's something wrong you can telephone to Me, you can call to Me if you think something dangerous, something is going to, it's all right, doesn't matter. I can talk to that person, I will ask the whole thing and we can manage. There's nothing wrong in it. I mean after all you are a part and parcel of the whole but every moment if you go on standing fighting with the person or trying to find something wrong with the person or trying to do something that will harm the basic unity then it's very wrong and that is one of the responsibilities you have that whatever you think there's something to be done, your suggestions you can give it to the leader. And if you think there's something very wrong in the leadership or in certain decisions he has taken or she has taken then you are open to write to Me absolutely. You can telephone to Me. All these letters pass through proper ways and it's every letter is sort of found out to be whatever is needed to be given to Me they give Me. Otherwise also they mark it that Mother this is the point that letter has. And the letters which do not require any sort of answering we don't answer but the answer comes somehow. So supposing you have a problem, the problem can be solved and all that. So there is no need to write various things like sometimes I'm from Australia, I letter comes it could be from ten to twenty pages. First of all it costs so much money to you. Secondly the people in England become suspicious not the Sahaja Yogis but the post people they think what's coming here some sort of politics or what. So there's no need to write very long letters just few things of how you are, how you are engaged. How everything is and sometimes you know these from America on the Thanksgiving day they wrote such sweet, sweet things only one sentence but such beautiful things that really I couldn't get over for ages. I said, Oh God I have done so much as the way they have described very deep and subtle things. So the subtler you become less you talk, the less you tell things, the less you talk. The less you write. As you know that in Zen system they write very small sentences, very, very small sentences and in that small sentence they say such deep and subtle things. So there is a report on a subtler level not on a superficial level. Thirdly I would say there's also a tendency among so many people like Harsh



was with Me or somebody is with Me closer but he's not the leader, see. So they tell him Harsh go and tell Mother like this, please tell Mother and he got fed up really. He said I am not the channel, leader is the channel why don't you tell the leader. Whatever you want you tell the leader and leader can tell Mother. Not Me, nothing to you. Then he got really mad because everybody started telling him tell this to Mother, tell this to Mother. He would not tell Me anything. He said I am not telling her anything what's the use of telling Me. So you should not find out any other channel. Your leader is there and we can decide. Now the point he has brought out now that about marriages normally, normally and there's no hard and fast rule as I said that it's better to marry a person who is married and that is better to marry a person not from the same place or not from the same collectivity. Now the reason why in India supposing now there's a village from a village they don't marry in the same village or from long time back it was not in the same university they would not marry. Even today the one who belongs to a particular university is called as a Gotra. Say My Gotra is Shandilya so I cannot marry in the Shandilya Gotra. I can marry, you know this was thousands of years back you see our forefathers must have studied in that particular university the Shandilya University but even till today I cannot marry somebody belonging to the same Shandilya University. I mean it's so far fetched but the reason was that that in the colleges or university a relationship should be there of complete celibacy and purity, that purity gets boiled. Supposing you want to marry somebody in the same area is all right you can marry but it should not be a common rule because then the purity cannot be maintained you will be looking out for a girl in the same area where you belong and there what happens some eyes will lose their innocence, Miladhara might be caught up. So it should be that you should marry outside so at least the purity of this place is kept. We are all brothers and sisters but if there's somebody who really thinks that it's important to marry and they want to marry somebody there's no hard and fast rule so it's all right but normally it should not be, it should not be a normal thing because then you start seeking out girls and all the time looking at girls you decide whom should I marry, whom should I choose. In the beginning we had these things, lot of these things in India, this problem and it was such a problem and mostly such marriages have turned out to be very funny to us, very, very funny. We had a very big mess up in Austria. There was a girl who wanted to marry someone, I said all right, I said yes, I cannot force anything like that, marry, since we both are sahaja yogis and then that girl fell in love with another sahaja yogi and with another and she became pregnant with another man when this sahaja yogi had gone out but it's such a problem I didn't know what to do with it. I just don't know but then this sahaja yogi, the first one her husband refused to have. The another sahaja yogi would not say that that is his child and a big problem came through because this girl lost her sense, you see, she went from one boy to another because if you go on like that there's no ending and it was a big problem, still it exists there but now she's left high and dry, I mean, there's no one who's with her. So first of all we should not pay so much attention to it, it's not important in sahaja yoga. The most important thing is you try to keep yourself pure, your vibrations all right, no problems and also if you, any sahaja yogi wants to have relationship outside sahaja yoga one has to be very careful because we don't know what sort of a mooladhara they have, what kind of problems they have, you might jump into something very serious and then you come back with a very serious problem telling Me, Mother, we had such problems as he knows very well even in Australia that somebody went with somebody else and she developed her peace and now it's difficult to marry her, something like that. So you see, in sahaja yoga we have to understand that marriage is all respected, it has to be, but it has to be monogamous. You cannot have uh.. mono andrus and monogamous. We don't believe in marrying one man, living with another man, running after third man because you see what I've been saying is coming true now, people have AIDS, people have all kinds of diseases, now in America also they think that monogamy is the best and after all it is not natural because supposing a man is married to a lady then the lady wants that the man should be in her privacy, should be hers and the also the man wants the same. If it is not so they feel jealous, they are not never happy. That's one of the symptoms that if a person is not happy uh.. with this kind of a thing then what's use of doing such a thing. Marriage must make everyone happy, that's first sign. If a marriage doesn't make everyone happy, such a marriage is a curse on society and these marriages don't stick also because you must have the support of the collective. If you have the support of the collective and if it generates joy and happiness, children are better, society is better and the whole situation is so good. You enjoy I mean uh.. such marriages but when you find something goes wrong you all become very serious, you don't like it. As in now you know in England we have problems with the royal family and there was a rumour that this princess Diana is going to divorce and everybody was so unhappy about it because they used to think such as they were Romy and Juliet and all these ideas were in their heads and suddenly you hear of such a ugly stuff and people were very nervous you see and they became very uh.. unhappy about the whole thing. So the marriage is to, is the best way to give happiness to others by having sweet children, having a good family, having a sensible life, gives such a, such a joy to all the collectivity. So that's why it is important in Sahaja Yoga that you should have marriages which will be successful, which will be sensible, which will be balanced and which will create beautiful children. Because I told you so many children are anxious to get born to Sahaja Yogis because they have great souls and they want good sensible parents. So we

must understand the essence of everything. Why in Sahaja Yoga we prefer this but of course there's no hard and fast rule if you want to experiment with something you can experiment but when you suffer Sahaja Yoga can't help you. So whatever is needed, whatever is good has to be tooled and guided and we should live with that idea. Now another thing that affects collectivity I think and the idea of having a separate house is very common with Indians specially so beware of them. Indians will find out ten excuses to have a house of their own. Uh.. this is the worst part of Indians you see they cannot have a collective life. Now we built a nice ashram for them in Delhi spending so much money. I tell you I also gave them lot of money and there's not even a rat living there. I said what is this? Uh.. nobody lives there. He said Mother you can live. I said I am the only one who has to live in so many ashrams. What's this of wasting money on ashrams then what is this? There's no need to build any ashrams if you are not going to live together. If, if few people cannot live together how can this world going to live? And only when you are all of you together My attention is there. Now we have some very good ashrams, very good ashrams and they have done wonders, wonders where the leader is kind, compassionate, loving and also corrective. If you love somebody the person doesn't mind you being corrected, doesn't mind. Now I, I also tell you many things you don't mind because you know I love you very much and this love is the thing that really is the correcting point. So if the, if the leader is loving, affectionate, compassionate then if he tells that this is not good for you, this is not for your benevolence nobody minds it because it's good for you. It's just for you, for something that will be good for you, good for your society, good for the country, for the whole world and so we have to realize that we are here for a tremendous task. Such a work nobody has done so far, no saints have done this. Poor things they were born one here and one there and one there, either they were killed, they were given poisons, were thrown away or tortured so far. But you are not one, you are so many all over the world, you have friends everywhere and you have so many relations everywhere, such sweet things. The another thing is people come to Ganapati Puri, many of you, then you should not form an Australian group. This was once we discovered that Australia is great, Australia is this thing and it fell down. God created one world, really. But then human beings called them Australia, India, England like that, that's their own being. You see it's all their headings, not ours. We are all one. So when they come to Ganapati Puri you must know that you should get mingled with other people, you should know them, you should write to them and you should have lot of fun and make fun of yourself and fun of them and it's very enjoyable because after Sahaja Yoga only you start seeing what's wrong with Australia, say what's wrong with India, what's wrong with England because you are so detached and you start seeing that this was the mistake and you really enjoy it and they, I enjoy when they really pull each other's legs nicely and enjoy each other's company and are so sporting and so sweetly enjoying each other's company. That's the greatest enjoyment for Me and when I see people are in a very jovial mood, in a very understanding mood, they are together of all the nations. Now we are in forty nations, can you believe it? And if we can just forget that we belong to any particular country, we belong to the country of God's Kingdom. Everything works out all right and we have to be beautiful people otherwise the others see and say, oh that's such a man was there and such a person was there, he did that and we have no business, no need to be arrogant at all with anyone, there's no need. We have to be extremely loving because love some people think is a weakness, is not, is not, it's the strongest thing. Now you can see from Me, in a way I am a foreigner in your country, I came to you and all that and the love has worked. So love is the strongest thing and we have never used the power of love which of course you know how to give bandhanas and things and to work it out, your love. So have faith in yourself that you are loving, you are compassionate, that's why you are dynamic because love is dynamic and all these things will help you. Now living together you can do something collectively also, I have been giving some ideas that you can work out this way, that way, so many things can be done and we can really establish a kind of a proper society of Sahaja Yogis. As you know that Vishwanir Mahatharma has been accepted as a federal religion in America, as a federal religion in America, so we have to establish here also. Now when you have entered into that then all these conditionings and all this ego and all this just drops out and you become pure beautiful people, which you can, I mean it's your own property, it's within you, so why not get to it? Why to ruin yourself for anything else but to ascend and in ascending you never can be in trouble, never can be in trouble. Now we have to help so many people, there are people suffering from alcoholism, suffering from drugs, suffering from other things, mental problems, physical problems, all kinds of things you can do a lot. One person can save so many people, so now all of you should decide also how many people you are going to meet and how many people you are going to give realization to and how many people you are going to attend to. Now when these new people come in then also one has to be careful, not to immediately say you are a bhoot, you are this, you are that. They don't understand your language, you see, you must know your language is different of chakras. So the best thing is to talk to them softly, gradually tell them what is Sahaja Yoga because it's absolutely a new science. They think it's a new philosophy, it's not new, it's an ancient one but they think like that so best thing is to take everything in such a manner that the other person understands that you are dealing with that person in a very subtle and a beautiful way. You don't just try to be aggressive. Aggressiveness is not the sign of a saint. You have to be very kind, you have to

be very gentle, you have to be very sweet and understanding and that they are not yet realized souls, they have just now come to Sahaja Yoga, they are not yet established as Sahaja Yogis. That's the sign of a good Sahaja Yogi. Anything else you want to ask Me you tell Me and I will definitely try to see to you that it works out. There's one thing I've seen how much depth we have that works out the best. Sometimes it is so remarkable. There was one fellow called Alok who came to Me in Madras about one and a half year back only, just a matter and he just jumped into the ocean. He is such a great Sahaja Yogi and then he went down to, then he went down to, he was in Bombay, I think, yeah, he was in Bombay where he received a news from his mother that she was very seriously ill. So went down to Rohtak from Bombay and when he was in Rohtak he found out that his mother was just about to die. The doctor said within three days she is going to die. So he just put My photograph and before My photograph he prayed, Mother, please cure my mother. That's all. And can you imagine in three days she improved so much that he brought her all the way to Bombay. Then he took her, they said it's a serious type of a cancer and he took her to the very famous hospital in Bombay, Tata Hospital for this cancer. And you'll be amazed that they said it's all negative, there's no cancer at all. So it's the, it's the depth within you. It's not the blind faith but the depth, deeply how much you are in Sahaja Yoga and he has been there only one and a half year. And then he said, I want to give up my job. Now what's the use of doing jobs? You say, I'll better do Sahaja Yoga job. I said, you are doing Sahaja Yoga job, all right. Don't give up this job. There's no need to give up anything. So you grow like a tree is settled in the same place but grows in the same way you have to grow and it works out very well. I hope, see, you get this new things are made up. How they express their love, nothing like children in this world I tell you. Now another thing was, You asked Me about a school to be started here, is a good idea. Start a school with that. That will be good for little children and then when they grow up they see what they get out of it. So you see, it's a very good idea. And in a place like that you can have a school. If you have a big basement or something you can have a school, you can have a meditation center there. Meditation room should be separate. Everybody should not be brought to a photograph which has brought the crown and all that, they get a shock. So just have ordinary photographs like this for meditation. But for a meditation room you can have everything you like but for a general center you need not have all these things because they don't like it to be there. And then for the children also you can have there, you can also make it an exhibition room or something like that. And another thing I find that Australia is a very expensive place no doubt, very, very expensive. So I think when you all come to India you should get the list of things that you want to buy from them and buy them. And it's terribly, I mean, you just can't imagine how expensive it is. So all those who are here also you can buy things for them and bring them because I think this is one of the most expensive places. I don't know what Helsinki is, another one, but in some things this is a very expensive place except for food. Food is all right, food is all right. The rest of it is very expensive. So when you come to India remember that you go out shopping nicely and get things for other salubhis also who are left behind. So next time I hope to see you all in Ganapati Puri. I know that Ganapati Puri is rather expensive but you try to put it down a little bit. But as the time is passing you see, every inflation going up and even the food in India is going up. I don't know how to bring it down. But we have kept to the same amount for the last three years and this year maybe we might bring it down a little bit more with some sort of a compromise on things. But for one month in Australia will be much more than in India I can tell you. Only you are travelling is a problem which you should little bit sort out. But the more you, the more the merrier as they say you come along. But I would say still the Australians shouldn't stay together. You should mix with other people, make friendship, you should be able to write letter to us. Because I am talking here about the collectivity of the whole world. And that's what you belong to. Anywhere you go in any place, it's so surprising sometimes how you meet a Sahaja Yogi. Like we had one girl, she went down to Sicily and another one went from I think Austria. And both were sitting in one restaurant. This one was sitting here, another one. And suddenly because of vibrations they were attracted to each other. They didn't know why they were attracted. So one went and talked to the other, a sitter, from where she said, I am from Austria. Then she just put her hand under the table. She said, are you a Sahaja Yogini? Yes, yes. How do you know are you a Sahaja Yogini? Yes, I am. And then the amount of love they felt between themselves. And they describe it so beautifully like a poetry, the whole thing. And they were so happy that in a far-fetched place like Sicily, two girls from two countries meet and they are so very happy, just with vibrations. Same with people when they come, you see sometimes they are not wearing badges or anything. Just with vibrations they know that this is Sahaja Yogi. All over the world you have brothers and sisters. You can never get lost, even if you want to. So that's how it is. Now, you have anything, any problem, you tell Me now about this one marriage you have served. I have no objection to it. But responsibility is more there. But it's not mine so much, right? And the second one is a problem of this lady having two children. She is a Sahaja Yogini and we don't like people staying with somebody like that. We must have our self-respect. Unless and until you are married with someone, if you stay with someone, it's a stigma for you as well as for the children. So I don't think, I don't agree there that you stay with someone without marriage. You see, you don't know how he'll treat you, how it will work out. They have to be Sahaja Yogis because then we can see that they don't misbehave. Of course I wouldn't

say that a hundred percent we are successful but at least ninety-nine percent we are successful in our attempt to get very happy, prosperous, beautiful married lives. And without that what's the use all the time, you see, in a struggle, fighting, what's the use? So that would be a better idea is to have a sane thing which is marriage and which is a very sensible thing and which will definitely help you all very much to be settled down. Otherwise you'll be all the time unhappy and insecure. Now those who cannot get married say they cannot come to that particular... But if they can send their photographs and all those things we'll decide there. I mean they can get engaged, they can get married, not such a problem. They can get married here also but they should send the photographs properly and also send there just like anybody else, you see. And supposing, supposing we find somebody for you, they are very good, then we'll send you a message and the collectivity can pay for you to come and you can stay with that person for a month to go. And it works, it works, I must say, more on vibration. Somebody could be this way or somebody could be that way, like a very remarkable thing happened this time that we have a very, very good Sahaja Yogi called as Chris Marlowe, England, very good Sahaja Yogi. And he told Me that he wants to marry an Indian girl but she should be very good in vibration. I said any color, any shape, anything, yes, that is correct, as long as she is a bundle of vibrations, Mother, I don't want anything else. I just, I didn't understand what he was saying. But for his age there was only one girl available and she was from south, very dark. Though I would say she was quite good looking in the sense that to Me, I don't know, with her norms, very dark and little on the plump side. He wanted a plump wife also, that was one thing. He said, I don't want to have bones around My head. So that was all right. But still I would not call her anything beautiful or thing for a western mind or could be ugly, could be ugly. And I told him all this, then see this is the photograph of this girl and this is this. If you like her, if you really want to marry her, really want to marry her, you can marry her. So when he saw her, he just jumped, he said, that's the war, Mother, for me. I was so surprised. I said, why? He said, it's limited. The vibrations from her eyes also, there are vibrations from such innocent eyes. It just fell for her. And he's so, so happy you can't. Why you will find somebody? Because somebody is, I mean I don't know why, just say, I know for some reason. Because they have black hair, somebody has grey hair and I don't like a blonde and I don't like a black hair to a person. All these nonsensical ideas start. They are so superficial. I mean here you can always color it. Except for, and some people will say the nose is long, somebody will say, after all God has made everybody differently. They cannot be one like, they are not plastic things, nothing. So they have to be different and the faces have to be different. But in Sahaja Yoga they have that inner beauty shining in the faces and that you can see. If you understand this point then you won't say no because this is the... But of course if there is any reasons for saying no, I will say, all right, never marry. But even after marriage I have seen people become so crazy and mad. I can't understand what happens to them. Like we had one marriage to a boy who is very good Sahaja Yogi in India. But to a very good looking girl, very, very good looking and I mean a good Sahaja Yogi. And then she went mad. I told you she went amak. She took that boy to Kashmir for a honeymoon. We don't have honeymoon because we have honey and moon everything in Sahaja Yoga. There's no need to go for honeymoon and all that. But she went for a honeymoon and spent two lakhs of rupees of that boy. And then she started asking him for this and that and she started giving all kinds of troubles to the mother-in-law and father-in-law, staying in their house. We must take another house, must get out of it. Within one month's time everybody went crazy and she went into Pune Street to see kissing him, hugging him, oh God, and so embarrassing for others. Sahaja Yogi's they came, Mother, what is this girlie? And the boy also got frightened with her. He said, Mother, please send her away. I just can't bear it. Now she's gone, now she's in group. She said, I was possessed, it was a bhoot. But you blame a bhoot, you're a Sahaja Yogini. How did you get into this kind of a madness? That because he was a rich boy, all right, so you shouldn't get into such a mad idea. You should understand that he's a Sahaja Yogi and you are a Sahaja Yogini. And the whole thing is so absurd now that this boy says, no, Mother, not me, not with her. He spoke so frightened of her. Though she said, now I'm all right, the bhoot has gone this time. I didn't marry her actually, that's one of the points I must tell you. Because there was some sort of a remark about her from the leader. So I just had kept that waiting. I said, let's see, next year we'll see about her. But she stayed back because she was anxious to get married. And they stayed in the same house where these people were living. And she managed him, I think, and then all these things happened and such a problem, such a problem. That boy is completely shattered. He's such a nice Sahaja Yogi. So he also happens like that sometimes and without My knowledge things have happened. But you have to know that whatever you have to think, matter, you have to analyze, whatever, you have to decide should be done before marriage, not after marriage. But before marriage they never think. Mother has said it, all right, we like her. After marriage, oh, this is so, this is so, this is so. It's a funny thing. Once you have taken, it's not a joke, it's not a show, it's not something so cheap as that, you're married. Somebody, you have no business to do in somebody's life like that. They start thinking after marriage is a wrong thing. Before marriage you should decide. That is one of the curses of the Western society, we should not be brought to Sahaja Yoga. We have no right to hurt anyone, no. You decide yourself beforehand, you tell Me last minute, if you tell me I don't want to marry you, it's perfectly all right. But after that when you have married somebody, you have

no business to hurt someone. It's sort of a very sinister thing it might come out that you are trying to hurt someone, that's not right. So before marriage you should decide. And after marriage you should accept it and make it a beautiful marriage. You can show to people there are people who we can say have been very, very happily married very well. And also a situation of where the husband is dominating or a wife is dominating and that should not be such. As I have told that you are two wheels of one chariot. But the left is on the left and right is on the right. If you try to fix the left on the right it will be a mess or anyone of the wheels is smaller than the other. They are equal but not similar. Then the chariot will be going round and round. So it is that you have to respect the equality of Sahaja Yoga, Sahaja Yogini and Sahaja Yogini. But also you must know that you are not similar. Woman is a woman and man is a man. And I nice to be woman I sometimes think because poor men have to please so many people in this world and a woman has to just please the husband finished. It's a simpler job. But in any case you should be proud of being a woman or a man. And this fighting with men for what? Fighting with men for jobs and this is not necessary. What is there to fight with men for jobs and for getting this thing better, that thing better. After all it's so materialistic. We should really understand that we are the source of power. We are like this Mother Earth which gives everything and still she is so great. That's how you should have that idea that we are doing everything for the family, for everyone. Of course you can work, you can do what you like but women are the ones who make the society. They don't make politics. If they go to politics they become neither men nor women I think. Women are the ones who make the society. So all that is society you have to look after. That's your job and it's very important I think. Your mother is a woman. I am a married woman, I have got children, I have got my family, I have everything. I have my relations, such huge society, family in my mother's side and my husband's side. We have so many but it's all all right. So nobody should feel inferior because you are a woman and nobody should feel superior because they are men. That's a wrong thing, that's unnatural, that's not so good. So we have to understand each other's dignity, should be respectful to each other, should be kind and wife and husband both of them to be collective. No possessive of each other but to be collective, to be pure, to be nice. There are certain few things you see which we have to understand in Sahaja Yoga and life could be beautiful in us, beautiful. Certain things missing in Indian culture, something missing in Western culture, we have to understand that these both are wrong and we are not going to have them and it will work out very well. For us there's only one culture and that is Sahaj culture and these children are now growing up so we have to prepare ourselves for that, to face them otherwise tomorrow they will put you right. May God bless you! May God bless you! So many will be coming, I'm sure now. Mother, we have a small gift for you. Ah, every time. It's only very small one, Mother. I have some small gifts for you all leaders but that I will give you in the puja, isn't it? All right. You know there is no need to give Me gifts, you are My gifts because now this house of Mine is falling short. I have to keep all my gifts, it's all right. I can open Kundalini, take this. But also it's done so beautifully that you don't feel like opening it. It's a Western Australian pearl, Mother, and we bought it many years ago actually and there was, it's made by, the mould was made by Robin Reed and it was made here in Perth by a local artist. It's beautiful. But don't you think it's too much? It's very beautiful down there, Mother. Such a combination. Is it gold plated or gold? It's gold plated, Mother. Then it's all right. Otherwise gold, again I go into prison in India. All right, thank you very much. Thank you, Mother. It's beautiful. The pearls are very beautiful. Thank you very much. So, very beautiful now. You give it to him, I think, very beautiful. Thank you ever so much. And what I am again saying that you get the measurements of children and ladies and men and whatever they need, you can buy and bring it from there. It's better. Because you see here it's so difficult and you waste your money and these things is not good. So better get things from India. So you get very nice things, sales and things like that. It will be much better, right? All right? Thank you, Mother. I had bought lots of things, I must tell you, for Australians. But they told Me that the customs here are so terrible that I can't bring it. So they got all exhausted. It's a Mother who does. Mother, we also have a poem of things. Yes, please. This day is dear to Me above all other days. Yeah, yeah, lovely. Come here. This is a song from Kabir. Yes, Shri Mataji. This day is dear to Me above all other days. Lovely, everybody should hear. Can you hear us? Give Me this. Pass it. This is a song from Shri Mataji. This day is dear to Me above all other days. This day is dear to Me above all other days. For today the beloved Lord is in the world, and they have become lost in her great beauty. I wash her feet and I look upon her face, and I lay before her as an offering, my body, my mind and all that I have. I am a person of God, and I am a person of God. I wash her feet and I look upon her as an offering, my body, my mind and all that I have. What a day of gladness is that day in which my beloved, who is my treasure, comes to my house. All evils fly from my heart when I see my Lord. My love has touched her, my heart is longing for the name which is Truth. Thus sings Kabir, the servant of all servants. He is so beautiful, so beautiful, so entertaining. And when I did meet Kabir, he writes all this. They are lucky people, aren't they, that we meet each other. So thank you very much. You got this one. Time enough? Please die. Can I get my smiley? Jai! Jai! Jai! Jai! Jai! Jai! Jai! Jai!

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Joyous atmosphere. The joy was just surrounding us, pouring on us beautiful waves of vibrations. I have no words to say about you people because I have never expected that Sahaja Yoga will grow to such an extent, specially in the field of drama and music. It's something so remarkable that we all are enjoying like our own family, like our own society. We are a different people than others. We have to understand that. We are not the same like other people who do not know what is joy is. So with this joyous note, I would like you tomorrow to come for the puja. And that puja maybe, I don't know what time they are fixed, whatever time they are fixed is all right. I hope this kind of Guru Puja we'll have every year and we'll all have a very, very nice time. In a Guru Puja people are supposed to be very much in a Spartan way, I should say, or we can say in a sannyasi manner. So even the menu was very, very simple. And I said, what are you doing? Why do you have such a simple menu? They said, this is Guru Puja Mother. Yes, in Guru Puja if she is the Mother, then you better give a good food. They must have very nice food for Guru Puja. And I hope it is so. And everything is working out. So many problems just get solved by themselves. And we had such a successful nice Guru Puja. Next time you all should come here prepared because I'm not the one who's like other gurus who goes on giving Pappasch as they say. But I would love to tell you something very interesting about yourself. Thank you very much. May God bless you.

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signify. We'll raise our hearts in truth for our own good. We'd like to raise our hearts in truth for our own good. We'd like to raise our voices from the earth to the earth. We'd like to raise our voices from the earth powerful music at the heartbreaking moment. We'd like to raise our hearts in truth for our own good. Tuyamao waiko ho mai rarti O Singing hallelujah, hallelujah Hallelujah, hallelujah Singing hallelujah, hallelujah I love all the seekers of the earth. Minquino al tu quelis centa todo el de la oleita. We are seeking truth, every man in the world. Ogo pengo lleguía, se habemos trar el centa todo el de la oleita. Because we don't know what we are seeking. And you can see, we fall into many traps. We want some people to tell you that you give up everything. All your money, everything, is there. So you will find out something. Otra vez en si y valcuno di di quede de la chara y pute le vaste di quense por vietar. Give up your money, give up your children and give all the money to the world. This world needs the sake of your family, or the attainment of your workspace or Pell. And you choose what will lead you, a secret place for all those shapes and opinions. Comedian! thin Give playing aOhint. Many seekers are put on the world. You are making the truth and the many answers are very important. The truth is we are not a sport. We are not a swatter. We are not related, neither we are convinced, but you are to be. You have become the spirit. We are not related, the spirit is remaining, but still it will not come into your attention. It has not come into your awareness. We are not related, neither we are convinced, but still it will not come into your attention. We are not related, neither we are convinced, but still it will not come into your attention. Whether you want to be saved or not, you can say this is the last step and your Self has to tell you that He created your energy, you don't have to tell Him anything. You cannot buy and you cannot purchase and you cannot pay for it. You are recovering from it, you are recovering from it. You recover from it, you shall know the habit of human beings. There are lots of things coming from our intelligence. In our collective world we are passing through various fields. We are in need of this humanity because we are in need of the whole world. Like anger, procrastination, psychotherapy, these are all animal sorts. Just for working all these animals in the field. Apart from that, people being sentient and they get the shri Mataji of the human being. This is another problem with human beings that they cannot see themselves and they go on living like that. What does it mean that time comes? When they start thinking, why are you here all these days? That time they are calling your secret spot. As it is, we have to explain about the power that resides in our that we are more than sacred. So when this power rises within you? It happens on things. You don't have to do any drills, you don't have to do any pictures or awkward gestures. It is the hand being quizzed in you and with this hand being quizzed, you shall become one with your Spirit. As a result, you lose all these horrible habits you have as your own medicine. But you become a very great spiritual person. With this happening, you are connected with a Divine power of love. Unless and until you are connected, unless and until you become one with that divine power, how can you combine with it? You see that there are many different ways because if you want to be connected and that connecting point is through this humility, this power within you.

This power exists within you also. Whatever comes in the love, whatever color you may have, whatever content you may follow, all these different differentiations do not work out or obstruct at this happens. But when you become one with divine power, it is like the actualization of the You can feel on your hands the cool breeze of the rainforest. You are feeling from now passing your head to the ordinary bone area, this cool breeze comes out. This has become this. After making realization, you may have little bit of love to yourself and little bit of one can be a muscle. You can feel the love of yourself and you can feel the love of your own self. As a result, you will become one with light and personality. You will become one with the personality and the personality of the person in the moment. Any value which is very light, can be light at another time. So you can also enlighten people. These centers about which you are born are responsible for your physical, mental and emotional being. But they are also responsible for your special being. So when the Kundalini passes through these centers, it nourishes you, it nourishes and also it integrates you. Integration is that you become one with the personality. It is not that your brain are to treat your heart or your heart are to treat your emotions. There is a complete harmony establishing you. Your help will do me, not only that, will make you a little bit more beautiful. You are a very beautiful person. I am very happy to be able to meet you. You are very beautiful. You are very beautiful. I am very happy to meet you. But we don't know about this power. We also don't know about ourselves. But when you get this, then you know all your fingertips, what's the matter with you? I think you know how your, that part of your genre, you can get cured by yourself. This is very simple to look at. But it is so vital that it has to be. The second thing that happens to you, that suddenly you find your creativity is in the best. Suddenly you find that you are very satisfied, sir. No more of me. You become very bad personality. So many things happen to you, of which you were never aware. All your fingertips, all your fingertips, you can feel your This is your self-confidence. And if you can blow your chakras, you can go to chakras also. The another thing happens to you, that you become collectively like a drop becomes the flame. You can feel the chakra level and so forth. So who is the level? You come into the ocean of Divine Society. All you come, very surprised, very good people and very young. Ultimately you become thoughtlessly aware. You have talked about it. Actually we live in the past world. We are conditioned by the past world. And that is how we are. But after this happening, you do not react. But you become the witness. The witness of the whole ground. But how it happens that the thoughts are coming from the mass and from the jubilation. The past is created and centered and it exists. We are dancing on the curse of these thoughts. But when the jubilation rises, we now reach the source. The jubilation rises, we now reach the source. We now reach the source. And the space is created. This space is called the government. But actually that is the presence. And that is the purpose. Your attention is the presence. And there is no thought. For example, I see something beautiful to say to this God. Sir? Now if it is mine, I'll be worried what we have to discover. But I have watched as a witness. I don't react. And the joy continues. This was made by the artist. In thoughts, I don't react. It seems that it has created. Can you describe it like this? Can you write about the government, please? You go into the North-Shree area. You have also described, while I see, He said, all my ideas come from the North-Shree. I will find a statement and find out the truth. It is the truth. It has changed the ideas come and realized from the North-Shree. What a political statement and find out. And He surprised. That is the truth. Now the truth is love and love is good. If you love somebody, you go into the water and process. But this is the love I'm talking about, which is the mind. It doesn't expect anything from others. It just knows that you are all capable of getting that Shree. It is not at all anyway difficult because you don't love somebody. He's powerful to me and He drives me without any problem, spontaneous. But if you have been to a rock-type room, then you just take time. Because they definitely feel obstacles in your ascending path. Actually you have to become your own master, your own. After knowing the reality. So, with all these powers you can do so much to others. Apart from that, we go to others, you go to yourself. You become a person full of joy and complete equality of mind. It's not extremely mischievous and there is all the time to mention. This is not meant is something very well made in very much the right way for you, but the time is gone. The time has come for you to get it. You are a special guy. The special time I go to is the last session. Now, you are a special person. I am a genius. You are a special person. You are a special person. The diamonds are very valuable things as we see how many are raised at the city's back. You are a special person. Also we have seen rural people who are very poor, very unkind. Also people who are being three-week and all things of bad things. You become a realized soul and nobody will touch you. If you are keen to be amazed, we have two thousand soldiers. They were all Muslims and some of them were automatic Muslims. When I told them the reality of the problems, they were all a real soul. I think it's a real soul. Now, it is unquaintly surprising. None of them, not one person was born by this unquaint all of these people. Not to see that, but even their houses were not touched. It's a fact you can be quiet. So you are not having a feeling. And when you start feeling this love within, this love of the world, again I say, it's now very important. I know the depth of your realization and growing. You don't have to pray. You don't have to stand on your head. You don't have to give up your family money. Such a thing that has to happen. In this lecture I now describe the details, all that you can have out of your realization. But one thing is definite that you have to have transformation. I understand that this has transformation, you

can never be pleased with it otherwise. You can never enjoy life. Automatically you understand what is good for you and what is bad for you. I never say you don't dream anything like that. Even better is having your own life. There is no looking yourself at all. Automatically it works for babies. So you all can have that experience. You can have that experience. You can have the experience of being a human being. Being a human being is a human being. Thank you. Together please. Thank you. That's just all. This is also a time when you ask the school and this too. But the entire people are extremely alone and not normal. They are still in the one hand out and they are still doing great sacrifice. They are still doing great sacrifice. They are still doing great sacrifice. You have to be complete. I am trying to all my kids, five people, I was also so soon will be in here. I would like to ask you a question, five questions, and a few suggestions on the other side. Another one, Alzheimer's. I can ask you a question on the side of Alzheimer's. Yes, please. It is a very beautiful person. Do you have any questions? If you have any questions, please ask. Do you have any questions? I have no questions. Thank you. I would like to say that, if you have any questions, you can ask in the front, in the front. It is very important to us. What are you talking about? It's something very important. She is your Mother. She is your grandmother. It's your thinking your mother. She knows everything about you. She knows about your past. She knows about your future, your aspirations, your values. I say, think like a baby boy. Think. Think. And when she rises, she is your mother. When you were born, who took the trouble, your mother or her? So, all people have written that it's very dangerous, because they don't know all of us. There was one gentleman who became very old. Why tell him? I have been doing this for the last ten years. But I have never seen anybody suffering. I have seen him with all these experiences, and I have never seen him suffering. I would like to say that the experience is very important to those who are suffering, to those who are living in the world, and those who are living in the world. I would like to say that the experience is very important to those who are living in the world, and those who are living in the world. Thank you. If you are suffering, please give some message. If you are suffering, please give some message. They don't want to do anything for you. They are self-conscious. They are full of arrogance and extreme demons. One can deal with people who are real seekers. They don't know. And if you are suffering, they might look at you. It is as I said in the last lesson, and if they want, they can come and tell you. They are not so serious. It has to be asked for. This Kundalini is the power of the pure inside. For example, you have a desire to go to the temple, you have a house. You were taught to have a house, but you are not satisfied. You want to have a house. I don't know how to say it. You are not satisfied. That means you are not living your life. But what does it feel like to feel so free? It feels so free, which is the whole thing. I don't know how to say it, but the Kundalini presents a lot of the scenarios of your life. One minute, please. One minute. Yes, I have a question for you, Mother. I have a question for you, Mother. I have a question for you, Mother. I have a question for you, Mother. What is the meaning of the Kundalini? How can you recognize the Kundalini? Firstly, they ask you for money. Secondly, they want you to give up your family. They want you to wear such a good dress, all in the sight of a person. What is the meaning of the Kundalini? It is a very important thing. It is a very important thing for the family, for the people, for the people who are in the world. This is the meaning of the Kundalini. There are many other signs. What is the meaning of the Kundalini? After realization, you put hands, and then your hands start burning. Why do you put hands? After realization, you put your hands in the center of the heart, and you put your hands in the center of the heart. You are the person who is in the center of the heart. That's it. So what are you doing? You are a very powerful person. And you want this message from results, these premonitions of what happened at the Gopu J staff, the people's construction team, from their time of work. Not only was this information an institution, but also an art, a spiritual, real message. Yes, somebody blocked the block also. You can talk to that person and if he let us know where he is, he has sent us all over the world also. We didn't talk about the world ever somewhat because we wanted to see again. But this could have been the form integrar or whatever that way. We have a very good center also in the land. You must be beside, you should obey. You see a paper on a bear of a, she's not obey, she have paper. Yes, you can, but first of all, to go for the center, become a real master, then you will be. Your attention will then guide you. But these days you will be forced into the point of view. I can only speak in Spanish, but I can speak in English. If you want to be a real master, you must go to the center. If you have somebody who wants to be a real master, you don't have to. You don't have to. So you can again. Then you'll be a real leader. I can't forget. With all my respect, I want to ask you, sorry, my name is being Italian, so good. I want to ask you, what do you think about life or energy in a normal planet if you think we are a piece of the sun outside the world, and all of the universes really exist? I think we are a piece of the sun outside the world. You should be able to take us now. All right? You should be able to take us now. I think that if we are a part of the universe, if we are a part of the universe, then we are a part of the universe. Thank you. Nobody stays with the most realization. You should say that. That's more important than any other realization. Shri Mataji, this is the most important thing and what is the most important thing in the world. Thank you. The most important thing is to be aware of the things that are inside us. We are aware of the things that are inside us. We are aware of the things that are inside us. Shri Mataji, I think you are all aware of the things that are inside us. All right, I'll let you go later. All right? You are the last one to tell me, but just now you



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There is within us that power in the character of hope is called a sacrum which is awakened and can connect with the divine. Now this power that we believe is in the sacred world that present means here is the sacred world. Now the problem is only how to awaken this power which is light in the spirit. So the truth is that you are not this world, you are not this mind, you are not these emotions of intelligence, but you are the spirit, the self. Now, one fundamental truth is that we are not in our physical body, nor in our mental health, nor in our mental health, nor in our emotions. We are the spirit of the spirit. This is the last evolutionary process that we all have to do. And the spirit of the spirit is the most important thing in our spiritual life. When this power we move right, it passes through six centers which are responsible for your physical, emotional and mental health. When this power we move right, it passes through six different centers and energetically, which control our own physical, emotional and mental health. This side is for days, that's why it's not self, it's one within. It's not a way to get any more of the spiritual life, but it's not a way to get any more of the spiritual life. It's not a way to get any more of the spiritual life. I'm very tired. You get very serious. It's not just talking about you, but the experience, actual experience of self-realization. That means you can feel a good dream on your fingers, as in the Bible they say, that the disciples felt the truth of the Holy Ghost. And we have heard about the lives of the Holy Ghost. And the experience of the spiritual life that we have experienced, the spiritual life that we have experienced, the

spiritual life that we have experienced, that means you can feel that it is actualization of the spiritual life. and naturalization of the spiritual life. It's not artificial, it's a reality. It's not a reality. It's a reality. And every human being has a right. Yes. You can have it now directly. And all the days to be one person of millions is to get such a light. But today the reason of our world is that it should happen collectively, maybe. But the time is now, they are not paying for it. Because the Divine doesn't take us to have money. That's why when people charge money for all such feats, you should know there's something wrong. That's why you should always pay for those who are paying for you. Of course you can pray for the hall, you can pray for your chairs, but you can't pray for your socialization. Yes. It is very important, because the time has come for all of you to get self-realization. It is important to understand that the time is mature to achieve all of you. And this is what is the last judgment. You have to decide whether you want your daily life in any part of it. And you have to decide whether you want your hands to feel the cool breeze. And also on top of your fontanel, you can feel the cool breeze coming out of you. You have to decide whether you want your hands to feel the cool breeze. You have to decide whether you want your hands to feel the cool breeze. You have to decide whether you want your hands to feel the cool breeze. But it's surprising. With this happening, when the cool breeze passes through the same cycle, your physical problem, mental problem, emotional problem, and spiritual problems, all that's all. And when all of this happens, when the cool breeze is activated, automatically the problems of physical, emotional, physical, and spiritual problems are resolved. This happens to you because you become the Self. And this happens to you because you become the Self. And all the six enemies that we have within us just drop out. These six enemies, these six-fellic enemies are like iron, green, rust. All these just drop out. These six enemies, these two enemies, they are like iron, and they become the pure Self. And you become the pure Self. They become the pure Self. And we become the pure Self. That's what you are. Because you are. So it's a matter of life for you. And so it's a matter of life for you. And so you get yourself the Self. So you should understand how precious it is that you should know yourself. So you should understand how precious it is that you should know yourself. But with this happening, you don't have to give up anything outwardly. There are many people who teach you. Give up your family. Give up your money. Give up your partner. Every sort of thing they try to teach you. deadline. Show the group that you have to go back, cause you may not want to give. You may dare amfully.... If you not going back, you think you need to give up something random. So you have to be reading Your way. You may not want to put it. You may not go. and you make it feel like you are not able to feel it. You have to know that you have a right to get yourself a light. And how vital it is today in these modern times when we find all kinds of problems coming up. In short, human beings must be transformed. So, it is a transformation that must be made in the human beings. Transformation into another beautiful self which is full of love and compassion. This transformation will change the whole attitude. And this transformation will change completely the whole society. Because on your fingertips you can feel yourself, in your centre, you can feel yourself. because you will know what is wrong with you, that is self-knowledge. On your fingertips you will know. And then, you will also know how to correct it. and you will know what is wrong with you, that is self-knowledge. And you will know what is wrong with you, that is self-knowledge. On your fingertips you will know. and you will know what is wrong with us. And you will know how to correct it. You will know how to correct it. and how to correct the problems. There is a new dimension that comes into your awareness which we call as collective consciousness. That is, you know, about others also, what kind of centre is catching them. You know, on your fingertips. Now, if you can cure yourself, you can cure other people. You can cure others. Thousands and thousands of people have been cured with Sahaja Yoga treatment. So many suffering from drug addiction, alcoholism have become completely cured. People who are sick and alcoholists, etc., have been cured. Despite all that, it takes time for people to understand that within you is the power which has to be awakened. people have told them about Kundalini. You have been already told about this power, Kundalini, which is made of three and a half coils. that's why it is called as Kundalini. And the centers are like flowers which are enlightened. Also, it is said, in the Bible itself that I appear like flames of very silence. That's what it is. Very simple. And absolutely without any kind of hazardous methods. We see all the problems in the world are caused by the ignorance of the human beings. that ignorance has to go. Now in this hall, supposing there is no light, you will not know how to walk out, you will not know who is sitting in the street. But when you are radit, you can see everything very clear, man and suddenly you find yourself in the world with wisdom, with love and compassion. I would like to talk to you for hours together, there's no end to it and I have already given, I don't know, thousands of lectures in all kinds of matters. But the only thing you have to ask yourself is if you really want to know yourself, and then you go beyond the mind. Because the thought comes to us through our reactions to this. Because the thought comes to us through our reactions to this. Through our traditional aim of all. Because the thought comes to us through our reactions to this. Through our traditional aim of all. Through our thinking. And this is the one we have to ask. And we can see. That's it. That's it. That's it. And we can see. But when you become one with the all-porevated divine power, you do not react. But you become a witness. You see everything as a witness. You do not criticize. For example, this beautiful💎 there's a beautiful ban. No, I look at everything. Without the

room. In non цы. and Jung has said about it. Then what happens? I just watch. I'm a witness. Otherwise I might think who uses it, how much it has cost, should I ensure? I can't believe it. I can't believe it. I can't believe it. But if I just watch, if I just watch, then the joy that the artist has put in this carpet, I will enjoy it. So another direction comes within us that will become thoughtlessly aware. This is the sign of a sin. For which you don't have to wear your precious to announce. Because you are detached, there's no need to do that. You don't have to abandon your family. You don't have to give up anything. You don't have to go to the earth. Because you are above, like the lotus is above the water. We need the whole world giving beautiful fragrance to everyone. We are here for a very beautiful world. And for a very, very beautiful life. all the problems, so far, all the quarrels, all the fights, all the wars are finished. and all the wars are finished. All the wars are finished. All the wars are finished. All the wars are finished. And all the wars are finished. Who is the other? You become part and parcel of one being. In this total integration, we are all part of the same being. Like a drop, we exist with limitations. But when a drop falls into the ocean, it becomes the ocean. Because a water is filled with a water. It becomes the ocean. I told you, you don't have to pay, but you have to understand your own value. you have to respect yourself by which you become a beautiful personality emitting all the types of joy to others. Your intelligence becomes emotional. And all your life is changing as if a great weather of transformation is now. We have to save our children, we have to save our families, we have to save our society, we have to save our country and we have to save the whole world. For which you don't have to take a sword in your hand, with the sword of love and the sword of compassion. So you forget the past, the future is also finished, and also the future doesn't exist. But you stand in the present, which is the reality. And like a great successful personality, you watch the whole world to be given this love. you become creative, extremely creative. in which way that you make others self-realized. That is how Sahaja Yoga is spread in 86 countries. Even in Africa, seven countries like Benin, Ivory Coast, seven countries have taken to Sahaja Yoga. It's such a global power. because you become a global person. because you become a global person. because you become a global person. all the dynamics of your personality just dissolves. you become a global person. You become a global person. you become a global person. You become a global person. There are so many things you need to go to. but first you must get yourself a special way. I know you have questions, but I would request you to write down your questions and I try to answer them later on, by later. Whether it is personal or about anything, you can live in a dream like a dream. Because this time has come, it's a special time, I call it the lost time. There are so many people who are, like the flowers, who have to just bring out the fruits. And so many flowers are here, which are pronti to become fruit. You will become completely perfected and become a full subversiality. And so you can achieve this kind of perfection. It's a religion of yourself. It should make you understand that all these religions came over for the same folks. But they are lost, that man. Some are lost in malicity, some are in power. That's not the evil. Some are for the same people, some are for the same people. Some are for the same people, some are for the same people. The aim is to know yourself and to know others. I gave Italy because I think in the whole of Europe the Italians have a very large heart. Not only that, but they are very creative. So I have had your disposal and we now, after this, try to end the experience of self-realization. Now I would request to you, those who don't want to have self-realization should take the whole. Because I cannot force you, you have to ask for it. Kundalini is your pure desire. Because all the other desires cannot satisfy you. Because all the other desires cannot satisfy you. Because all the other desires cannot satisfy you. If you have one thing and you get it, then you want to another thing. you have to pray for you, and you get it. At the end, if you have one thing, you do not Oczywiście, if you even come ANY twelve thirsty arero-ish, whom you are saying birds not in the same time. You do not speak till word is 21. mozzarella'dor, yeah? that your pure desire. Thank you, Adolf. The truth is that if someone is not interested or interested in doing this, it will also be out. If the others will remain relaxed. They will not be able to do this. It will not be any problem. It will not be any problem. They won't have to be able to do it. Because they are just ready. Because they are ready. The party can't help you. It's so simple as that. That's so simple. Thank you. It must be. It must be. I have a very upset and I have to ask you to please take out your shoes because this Mother Earth is a great athlete. So, let's take them a story and take soul, jump you a little bit, then sit back together part of the Mother Earth, soern said that Mother Earth has a particular force of very Now, if you have been feeling guilty, you are having yourself very much. Now, when you feel guilty, you start catching on the sign of the sense. In the long run, you develop a cold light or an angel. If you have been guilty, if you have done anything wrong, that's the past. Forgetting. As I said, you have to be in the present. Another very important thing is that you have to forgive. First of all, yourself by not feeling guilty. And also, you have to forgive others. Some people say it's very difficult. It's very difficult. But whether you forgive others or don't forgive others, what do you do? Logically, you don't do anything. But if you don't forgive, then you all the time torture yourself by playing into wrong hands. So, the best thing is to forgive them and forget about them. It's very important. It's very important. It's very important. But the center here also gets into trouble if you do not forgive others. It's also because the center of the angel, which is placed here, the center of the front, could be blocked. But for which you don't have to do anything. You have to stay with the same, the center

of the mother and the mother and the mother and everything. It's very simple. So, please put your hands on the screen like this. And I'm gonna keep going to the center of the two cables. The answer is 5, 6, and 7 centimeters. Because the center is out of the one of the correct self-honètres. On the left, also the same five, six, seven, six. You just put your hand like that. So, put your hand like this. Again, I would request you to forgive yourself and forgive others. Now, you bend your hand and raise your left hand on top of the fontanelion area which was the soft bone in your triangle. You can move and see for yourself if there's a cool breeze coming out of your fontanelion area which was the soft bone in your triangle. You can move and move your hand like this. You can move and move and move and move and move and move and move. So, I would like to see if you can see if you can see a fresh breeze coming out of your triangle. You can see if you can see a fresh breeze coming out of your triangle. You can see that you can see if you can see a fresh breeze coming out of your triangle. Now, please forgive. I would like to forgive yourself and forgive others. I would like to forgive others. Now, with the left hand towards me and with the right hand bend your hand and see for yourself if you can see a cool or a hot breeze coming out of your corner and move. Invertiamo le mani, la sinistra del suo scendale di la destra sopra la destra. E vediamo se percepiamo il calore o il fresco che fuoriesco dentro la testa. If it is hot, that means you have not forgiven yourself or not forgiven us. If it is hot, that means you have not yet could forgive you. It is from your being that it comes out. Because this aparenza is emanating from you, from your being. Now, again, with the right hand towards me and see for yourself. You can close your eyes. You can close your eyes. It's so easy. If there is a cool or a hot breeze, you can see all your fault needs or health. If there is a hot breeze. You can close your eyes. If there is a hot breeze. Now, please raise your hands with me. and so, with two hands, like this, and so on. Some people might have a little breath from below, like this, maybe. You can lift it up like this. Move it like this. And so, with the shoulders of the bar, you have to do this movement to bring it to the bar. To bring it to the bar. All those who have had good trees on their fingertips, on your palms, or out of the fountain, please. Please, please, please, please, please. All right. Allora, tutti coloro che hanno percepito una brezza calda oppure fresca sulle mani oppure sulla testa alzino entrambe le braccia. Oh, look. Just see yourself, in your hands. All of them. What about those who are sitting there? The whole of Milano has much centralization. Thank you. Some of you might not have that. That's not it. It's alright. You have to let them come to our programmatic followers and get them. Also those who have to come and know all about it, and they have to come to know something. So that you... So that you become masters. And you can hear more people who have self-help. And you can hear more people who have self-help. You can do it. And you can do it. And you can do it. Yes. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much for everybody. You're clapping for vibration please. We are clapping for vibration school, school vibration school is... So, we have a song, it is written, 16th century or so, by a voice. In India, we say that, O Mandala Kundalini, please rise, so. We are playing with the music, and we are playing with the music, and we are playing with the music, and this will help you, at the same time, your vibrations will increase. And going back, your voice and

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100 meters click oh wow Yes, I will show you. Because if people have a sign that says, thank you, never put a pot. What do you have here? It's a little baby. It's a little baby. This is the little baby. Come here. A dolly baby. The Chinese dolly baby. A Chinese dolly baby. It's a Chinese one. Like a little dolly. Very, very beautiful. You sit down like this. I say, what's the matter? You see, Mother, my wife works very well. I eat Indian food, I become a black man. She came here, I have lost weight. I said, no, you better take her away. No, no, no. I want to get clean. Let her be with you. Indian food is very important. They apply it to Chinese. Both blind people. Chinese is a vegetarian food. Chinese is a vegetarian food. Chinese is a vegetarian food. They have a lot of food. Let it play, let it play. You are not allowed to eat. You are not allowed to eat. I don't want to eat. They have changed so much. They have changed so much. They have changed so much. Singapore also they have changed very much. And they have lots of fountains. No need. It's enough to melt in any way. About 50 years. I've been traveling. Most of the morning I don't get jet-free to come. And I don't get, I mean I come home. Something I can't even go home. So many. So many I can do. I don't know if She says that because it's the real kind of thing. In the plane that's all. I do the same thing. There is something else I could do. There is to conditioning. That's the thing you are coming. If you are doing something you don't feel anything. But if you are sitting doing something. But you don't weep that's all. You don't think you are coming. I'm sitting on a sofa. Is there shit from any other? Sorry sir. The guy only gave me the 440. How are you getting five minutes? He is very happy. Is there only? He is very happy. Come here. You never used to stand. May God bless you. May God bless you. Your wife says she is a dandy. Her children say she is a

dandy. She is a very good traveler. She says you are a very good driver. She is a very good driver. She is a very good driver. She is a very good driver. You are a very good driver. You are a very good driver. I wish I had done it earlier. You are not going to be able to walk here. You are going to be in a parking lot. You are going to be in a parking lot. You are not going to be able to walk here. I am talking about Gordon. Gordon is talking about the bargaining thing. He is talking about the bargaining thing. He is talking about the billy. I think we will be close. They are very high priced. If you know even it is very high, you can't do it unless you have a map. You have 100% price as a bike. I am quite fast. You can go to the park. You can go to the high. Within 10 days, he has reached the top of the publicCon and his orders have been called. He actually created this this track. There was a sign called 20 trolling. He explained to the police in a5. He confirmed as to power. Is this 11th t Kiwi, me and your call blob? This is making sense. You don't think that only a few people will understand? No, we don't think they will. She did a very good translation for us. I saw her. I saw Dhanic with you. When you were dropping, you were dropping. She was doing the Chinese. She also speaks Mandarin as well as Cantonese. Two dialects of Chinese and English word. That's good. We also know that. He says that not as many languages as a lot of Indians. Indian, Iraqi, English, Gujarati, Sanskrit. And they pick up Chinese very quickly too. Chinese? He speaks Chinese. Chinese, to rather. It's not actually very good. It's very good. Web of ♦ Thank you. Thank you. Bye bye.

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How many times in five hundred minutes? See, it's all so sudden. Everything is worked out and comforting, permitting power of God. He is arranged and He's done something so subtle and so clear. But for that, two things is that one has to get realization. And what is realization? It is that another depth of it is all thought and feeling. It's the subtle of the detail, you can say, you understand. But it's the subtle in all the, all the things that you see here. Usually it's the way to be self-diagnosed. Self-diagnosing has variations. It's in a tree, it has to be kept. Therefore, who does that? Who does? Now in our body also we say, auto-numbers. Whatever I'm told you about is fallen fruit. Indeed, I have heard about it. Now will you sit down? On the ground, I would like to talk to you. Yes, please. It's Mother's culture. All right. I have a very heavy accident. Well, she told me just now. Be careful. She is giving something more to sit on. She is giving something more to sit on. Where was it sitting? Yes, it was sitting on the ground. Should we sit like this, Mother? Okay. All right. I'm so happy that there's somebody who is positive, who is like himself. See, it's the first. This all-pervading power, which is in the Sanskrit language called as Paramachankhaya. In the power of the Adishya. Adishya is the desire of God Almighty. All living work is done by this Paramachankhaya. For example, you see flowers. You see the flowers with green fruits. You see so many miracles in life. But we accept them as a product, because it is something for us is so mundane, every day we see it. Even if you see your own eye or anybody's eye, it's like a camera. So who has made all this? Who has evolved even then? This question should come to us. Then we talk about autonomous consciousness. We say there is an auto-villainess. Who is this auto? See, automobile. Then there has to be somebody who is driving it. So this is the spirit, the villainess, the stars, no doubt. But the energy that he has is the energy which is all-pervading, God as first. So in such a language we call it the power of the power of his life. That power when developed ego, it becomes the Adishya-Priya, the primordial mother. And that primordial mother's power is this Paramachankhaya. And she is the desired power of God. And within us lies the power of pure desire, which we call as Kundalini, in the Sahasri clan. So this is the reflection of the same Adishya-Priya, which is the Holy Ghost. But the Christians cannot relate it, we say to that. Holy Ghost, if you ask them they won't be able to explain. But Holy Ghost is the primordial mother. I described, say, in the Greek mythology as Athena, Athena in Sanskrit means primordial, from which the word ascends us. So this resides in the triangular bone, which is called as Sekhra. Again the Sekhra means sacred. So it means that we know about it, that there is a sacred bone within us, which has the sacred Holy Power, which is of pure desire. This Kundalini has to rise, and this Kundalini has to rise and pierce through six centers, not seven, six centers, though there are basically seven centers, and has to pierce through our fontanel bone area for the actualization of baptism, what we call as Brahma-Randra. Through this it has to come. Now described by Adishankaracharya, it is described in India since long, because it is described even by Markandeya, whose dates we cannot say, maybe 14,000 years. They have talked about it. But in the Gita also, Sri Krishna did not mention particularly about Kundalini, but he said that you meditate and do this and do that. But he talked about Self-realization. But later on the poets, in the 12th century we had Ganeshwara, great poet, who wrote treatise on Paramachaitanya, beautiful one, Amruta-Anubhav, beautiful one. It's not a translated, and I think even if it is translated, it will be beyond the heads of people, because at least to minimum they have to have Atmubuddha, they have to have this Self-realization. That may be the reason that Uddha never talked about God. He said, better talk about only Self-realization, because talking about

God is a later idea. First of all talk about Atmubuddha. So he talked in the sixth chapter clearly about Kundalini, 12th century Indian. Namadeva talked about it. He was another poet who wrote folk songs. Yesterday they sang that song, folk song, who talked about this Kundalini which has to rise and which has to give you realization. Now this, all this knowledge was there, but not worked out. It was at the time of Sri Rama, you know his father in law was Janaka, father of Sita. And Janaka was a great saint, and in his lifetime he gave realization to one person called Nacchiketa. But recently they showed a film of Rama and in that they showed that Rama was told about Kundalini by his Guru and he talked to him about Kundalini. Can you imagine now their thing? So this knowledge of Kundalini existed since long. It is like a connection with the divine. You see as your computer is to be put to the mains, you see. In the same way you have to be put to the mains. Move it forward, come forward. So this knowledge though available was not practicable. And it was my own vision you can call it or life I call it or advent whatever you want to call it, that I had to discover a method by which I could give a mass realization. It has to be a mass. It cannot be pertaining to one person. Because if it's one person nobody understands. What is he talking about? Like my father was realized soul and he knew about me. So he told me, you must take people from this first floor at least to the second floor so that they realize there is really something, it's not mythical, that God is mythical and his ideas of saintliness all this is mythical. So you have to work out something by which you can give a mass realization. And he knew that I have to do this job. So I started, there is a way of entering in a very subtle way into my attention into people to see what are their problems, what the problems human beings have. Because it is already predicted in our another books called as Nadi Granth. Nadi Granth which was written by Bhurugamuni who was the originator of our horoscopes and things like that. He was the one, Bhurugamuni. So he wrote a book called Bhurugusangita for general people and one book he wrote as Nadi Granth in which he has mentioned that in Kalyoga Paramachaitani itself is going to get a form and is going to give realization to people, a mass. And nobody could have believed it till it has started happening. So the reality is that no use talking about God because it's not reality. You have to become one with that divine power. For example, you may follow any guru, you may follow any religion, you may follow any philosophy. But everybody commits the sins, alright? No restrictions. Can take to any bad habit. Can be very harsh, can be very cruel, can be horrid and can be just like an animal. So how is it, where did we feel? Where do we feel there is a mistake? And the mistake is like that. That all the religions have said that seek the eternal. This is the essence of all the religions, whatever they may say. Seek the eternal and the transitory is to be treated in its own limitations and understanding. But what we did was to look after the transitory, nobody thought, talked of seeking the eternal. And there people have only interested money. So much so you'll be surprised that when I say you can't pay for it, they don't like me. Even Boston they asked me how much, how many Rolls Royce's you have? I said I have none. I said don't have none. Then we are not interested, it's no business. You see, so the whole mind... You know the western people only see one example of what lived in Pune. You know that. And now he has confessed I am told that he is before people. They are all like that. I tell you, but people must understand one warning Christ has given that rich will never enter into the kingdom of God. The reason was they think they can purchase God and they are misleading people like that. I know of someone who recently came to Boston, not to Vancouver when I was there. I actually collected 1.6 million and when I was there they came to me and I said, what did you get? Nothing, they got kind of a some sort of a reeling feeling. I said are you paying for reeling feeling? I have seen all of them now. I know them very well. They are all against me. They never talk against each other. Never, because we don't have to be people who should mislead us. These beautiful seekers was who have come on this side. From the year 1970 I have been talking aloud, telling them about who is this Rakshasa, who is that Rakshasa, who is this whom the God has had killed. Everybody's names had given the Rakshasa's names. But Sahaja Yoga is something where your Kundalini has to rise and you have to become something. You cannot pay, you cannot pay back. Now all right, my husband is a rich man, all right, take it like that, or my family is rich, all right. So I use that money for Sahaja Yoga. But supposing I was poor, so it's all right. For a person who is a realized soul, he doesn't seek comfort. He has this comfort of his heart and how it works out. It had to happen, it is happening. You'll be amazed to know that now slowly and steadily in all dignity and in proper way Sahaja Yoga has achieved now, thirty nations are doing Sahaja Yoga. Thirty nations are doing it and now we are going to Russia also. Ultimately we are invited by the health minister, so we are going to Russia last. But I've been to Turkey, can you imagine? And in Turkey the Muslims have become now Sahaja Yoga's. And in Algeria we have a barrister here, is he here or not? He went away also. From Algeria we have a barrister here, who is a realized soul. So now you see because it's a real work, it's not artificial like producing some plastics. So naturally it has to take time. Whatever it is, I tell you this is the time special time, as you call it, new age. It's a new age and there are people who are really honestly seeking the Divine. And whatever you may say, you give me your money, you give me your wife, you give me your house, they give everything for that. But you can't purchase. You can't pay for it. And that's why they are all after my life. And they think that whatever I'm doing is wrong. The other day they sent a letter, how can Mataji raise the Kundalini of people, is that I can. No doubt. Not only of people but of many people, of thousands

of people. This time in Delhi we had 12,000 people. About 10,000 people got realization. In Noida we had 15,000 people. There to about 12,000 people got realization. How do you define realization? How all these people around me realize? Of course. And you will get realization also today. I'll give you the realization to begin with first of all. That's how you met me. And there are many signs in Sahaja Yoga, which you can ask them, they'll tell you later. Many signs to prove what I am and what is Sahaja Yoga. Actually you can see the rises of the Kundalini and some people. They make a rise also, if there is an obstruction. If there is no obstruction, rises just like a jet. But there is obstruction, then you can see the pulsation. Now Delhi University has accepted this, that which Sahaja Yoga people get here. We have so many examples. Actually I never used to note it down whom I cured and all that. But now the time has come, so we have collected lots of good time. And the Delhi University people are very much enamored. And there are three doctors who have done the thesis on Sahaja Yoga. And they've got it right for MD. One on physical ability and second on epilepsy, asthma and third is psychosomatic diseases. And they have been accepted. So it has to come, it has to come in a way, it has to come in a way, that you should see to the disciples, how are they? Have they got any powers or not? Or they're just hanging on to a guru and dependent on Him. And because we have a background in India. You see, here there's no background. The main way they have made Christ also. They're Christ, I don't know what to say. They don't understand Christ at all. Have you heard about Saint Thomas' book which has come as Gnostic, in which he has described Sahaja Yoga completely. I read it, I read it. See, completely. See now. So it flouts all their ideas of sufferings and nonsense and not to marry and all these nonsense. Very abnormal. But for example last weekend I was at Haraldsbach, another Bavaria, where there's the operation site of Virgin Mary. And the people who have been there reported a lot of miracles, where the Holy Spirit coming as a cool wind. Really? Cool wind? Yes, cool wind. They saw the Virgin Mary, they saw the Goddess and whatever. The Church has forbidden the Catholics even to enter this place. It is quite possible. You know my photographs have appeared in the sky also, they've taken photographs. Yes. Yes, I see there are so many. There are lots of photographs of miracles of mine also. That's a light in the hand, light at my face. Yes, you are doing strange things, you know. Appearing somewhere on marine clouds, on various places. I always go to the market because you can leave vibrations in that place, where the individual is coming, going. So he said, Mother, please come, you just, even if you don't want to buy something, want you to go around. So I went into them also to see the faces of Mary as faces. Now according to Sahaja Yoga, Christ's Mother Maria was Mahalakshmi. She was Mahalakshmi. She was not an ordinary woman. She was Radha. Radha took form in the Devi Mahatma, if you see in the, see if you have to understand about Goddess, you must read Devi Mahatma. It's written by Markandeya, it's wonderful. In that he has written that Radha, what the son was Christ, absolutely described, fully. And he is the incarnation of Sri Ganesha. And this Mahalakshmi is the one with the central path, asusumna, through which you get your ascent. Now they know all Mahalakshmi stotra, everything very well. But if you just close your eyes, don't want to see anything else, it's a money-making proposition, that's why. It's a money-making proposition. What role does Sri Ganesha play in your spiritual path? I see many, many images of Lord Ganesha's party here in this room and I think it could be right, was as a connection to your path. What role does he play? I have one of my other two, a very big one. See Ganesha is the symbol that appears. Have you got a Kundalini's photograph or something? Kundalini's photograph. Is the word. I'll show you. Sri Ganesha is the symbol of eternal child because his body is human and his brain is of an animal. An animal never develops his ego. So an animal is a child, absolutely in essence. So he is the symbol of innocence within us. That's why he is placed here, below the Kundalini. You see exactly here. Now why? Because this is the center which caters to the plexus called as pelvic plexus and the pelvic plexus does all our excretion, inclusive of our sex. So Sri Ganesha, the innocence is placed there like a lotus and he looks after all these things. And he is the innocence. With the help of Sri Ganesha, actually you can say that she resides in all these because Sri Ganesha is the form of Omkara. Omkara is the power of Sri Ganesha which was created by Adi Shanti by Pramodian Mother as the first child or first symbol through which auspiciousness and holiness would spread in her creation. So the first thing she did was to first spread auspiciousness and holiness in her creation through this symbol of Sri Ganesha. So Sri Ganesha is here. And now the same Sri Ganesha's power is expressed in all these centers but when he comes here it's the incarnation. In the brain, all these deities who have been our milestones in our evolution in the brain they become as avatars, so he is Christ. Now it is a very scientific thing we have discovered. I told them once that carbon. So in the carbon atom, this Sri Ganesha is made of carbon atom. So you put the carbon atom under microscope and take a photograph of its arrangements. So I told them that if you see it from right, Johan is here? No, we have scientists who told you. From the right side if you take a photograph, on the left hand side you see the swastika but proper. There are two types of swastika. One is the other way round and one is this way. So this way is for construction, the other way round is for destruction. All right? So if you have the swastika on the left hand side, if you see from the right side, if you see from the right side, left hand side is you see swastika. When it's left hand you see swastika. If you see from the left hand towards the right hand, so on the right hand you see as Omgara, seed. But if you see it from down upward, then you see it as glass. It's

scientifically proven. To be sure, the swastika who brings destruction is what one Hitler used. Yeah, now what happened? Hitler was guided by Lama. In the beginning? In the beginning. And beginning and end also but Lama told him that if you use swastika, nobody can destroy him. That's a fact. So he used the swastika which is the right swastika like this, which is for construction. He was meaning. But you see God knows how to play tricks. So what happened that they were using stencil? Shablon. Stencil, you see. So with the stencil it got spoiled this side. So they turned it round. That's the trick of what? But war has done such a lot of damage to all of us, no doubt. It has, we don't want war anywhere. We don't want such people to talk of war. It's true. But now people have learnt a lesson also. They want, they have to learn a lesson. Otherwise it doesn't go into their heads, you see. The head is like a, I don't know what should I call it, it's like a stone. So it has to be hit by something. Now these politicians and all these people have learnt a lesson that war is horrible. Still, I mean in their brains still there is an idea of war, but that has to go. We want peace. We hope so. No, we have to have peace. Now we can't afford to have one. Now only the peace to get it is to become the self, because self is the source of peace. They talk of peace foundation, this, that, but there's no peace. How can they give peace? So you have to have your transformation. The whole humanity has to emancipate, but whole cannot. In evolutionary process only one or two fishes came out. Then twenty came out, then thirty came out, then shawls of them. In the same way in this evolutionary process I find now there are lots of people who have come to Sahaja Yoga and who have achieved a lot of position or a stage or we can see a state of mind, which is of a very high quality. If it works out and if people who are at the helm of affairs, if they get this realization, then there's no problem. How do people find realization on your path? Is it by your presence, by this awakening, if you call it a line, I feel this cold wind here too indeed. Is it by your presence or what they say exercise, do they have to do some special exercise daily? No, no, no, no exercise nothing. You can open your hands. You just put your hands also, you will also feel it. So you see no exercise nothing. It's a living process. You see it is like you put the seed into the Mother Earth. It's proud, it's all built in, it's there. You are built in to be a divine computer, only you are to be connected, that's all. So this seed has to sprout. What do we do to the seed? No exercise, nothing. We just put it in the Mother Earth, it sprouts just like that. You don't have to do anything, just if you spread hands towards Me you get it. Afterwards they can do it, even from My photograph people have got real life. Photograph also has got vibration. They will show you some photographs where you can, they have, this camera they have got them because the vibrations have got what you call light in them. Mother Earth we have the book here if you want we can show you. Later on you can show him, okay. And also of Sastra you show him, that's the best part. No, let him see. But you see we don't show it normally to anyone because the trouble is you see people are only rationalizing everything. It's not rationalization, it is beyond that you see. So just that, that's all, you don't have to do anything. Yesterday on one song of Namadeva I gave realization to at least how many there were? 450 people. 450 people? And that to Germans you know. What means a lot indeed. Four things, you know they are so simple and so dedicated people that all people have really exploited them. Germans are the most exploited people. First Hitler exploited them. Now these false gurus are exploiting them. I hope somebody like Hitler should not come here again to exploit them. The church has exploited them. They are very dedicated, ideally the sign of simplicity. They are acidic temperament. They are acidic. And acidic poor things they are so intense that you can put them into anything. And we have quite interesting development in religion anyhow because in the last 150 years here in the West two things happened. What brought a kind of female consciousness to the people. First since 150 years we have apparitions of Virgin Mary all over Europe. Hundreds of it. With spiritual awakenings, with feelings of the Holy Spirit or Shachina and so on. Another hand we have a femaleization of the human consciousness. We have the women's liberation. We have equalization of the relationships, of the social position and so on. And yet in your age movement we see that many, many more and more spiritual teachers are women, are women. In the past to know if a good man, philosopher or a man. So we have a kind of female consciousness awakening. You see the female consciousness has awakened because of course I should say I am on the set after all. You see and I am a woman isn't it? So Shakti is very important. Shakti is very important. And in the concept of Christianity also when they say, Yes please go ahead. When they say that there is God the Father, God the Son and the Holy Ghost. How can you have Father and Son and not the Mother? It's quite a gay company. I mean absurd. But second that the Holy Spirit was female originally in the Jewish tradition and Greek. Of course, of course. Sophia and Greek. The Holy Spirit has to be. The Holy Spirit has to be let to go back. What's the matter with you? Nothing. Sleepy or? No, no. So Holy Spirit has to be able. If you do not have this concept then how to break their heads you see. The concept itself is very dominant. And to Christ's Mother also they do not have much respect to be very frank. They call her a woman. How can woman have Christ as her child? And they do not believe in immaculate conception either. But we do. Indians do believe. They don't like all this talk. We do believe that there was immaculate conception. It's possible for God. Everything is possible. And if she was Mahalakshmi, if she was Radha, they described that Radha got a child. There's so many signs. Like Christ shows his fingers like this, you see. According to us this relates to Shri Krishna and this relates to Vishnu. So the Father shows. And if you read the book of the Goddess then you will



understand in that it's clearly said that Christ was born in the same way as Christ was born. And that his father, he was crying for Father all the time. And his father said that you will be the support of the universe. Now you call him Christ. What is Christ? The word Christ comes from Krishna. What is Jesus? It's also the word comes from. The word in Hebrew is called as Yeshu. And Yeshu is the name of Yeshoda. And Radha must have thought of Yeshoda to give him the name. Because Yeshoda was the mother, faster mother of Shri Krishna. That's why it's called as Yeshu. It's so clear that and there they have talked about the Holy Ghost coming. They have talked but they are not looking out for it. And that Holy Ghost has to be the comforter. Means she has to give comfort. Means physical comfort. Mental comfort. Spiritual comfort. Then she has to give counsel. She is a counselor. That is what we call, first is the Mahakali Swarupa. Second one is Mahasara Sothi. Where she gives you, Mahakali is here within us. This is the Mahakali. This is Mahasara Sothi. So she gives us the counsel. Eda Pingala. Eda Pingala, yes. Eda stands for Mahakali. Pingala stands for Mahasara Sothi. Sushumna, the central path is the Mahalakshmi. And it is the only Mahalakshmi power because Vishnu is the only one who incarnates. She incarnates. And that's why she came as Sita, as Radha, as Fatima, as Christ Mother Mary. So for Sahaja Yoga, Mary is the goddess. She is Mahalakshmi. She is the one who is the Redeemer. So the first one is the Mahalakshmi who is the Comforter. Mahakali, this is Mahakali. And Mahasara Sothi is the counselor. And the central path of Mahalakshmi is the Redeemer. But through Vishnu Kundalini rises and gives a realization. The main topic of the next issue we do is indeed the reappearance of the goddess. What role will the goddess play in the new age? I think quite an important one. That's a very direct question. I think quite an important one. See, I must be something, isn't it, after all. But I've decided not to talk about myself. The reason is Christ was really the Son of God. He was Son of God, no doubt, because he was Shri Ganesha. But people crucified him when he said the truth. And so they're so stupid, you can see there, you see. So best thing is that let them get their realization and then normally that's much better. Because if I say something about myself, very few will accept who are not realisers, very few. So if you have reached that conclusion, that is the female power of Shakti, which is going to incarnate, you are just there. Let's see, what? Now they can give realization, no problem. He's got a cool breeze of the Holy Ghost. Top here. It's good, right? Very cool, yes. Very good, right? They didn't... It's really good. It's very good. Get some oil from my vanity case, because I'll have to oil his head. All right? Yes, in the hands also. The hands are too similar to the feet. Yes, yes, yes, yes, of course. This is the... Especially here. Good, good. But how I met you, see? Yes, yes. Is it? I even felt it when I gave you a hand and I thought, my God, it's quite cool. It's actually hot summer day. I know. It works very fast. Yesterday just I spoke for eight minutes at the most, at the most. They got their rhythm just too much. So as the more sahaja yogis are coming, it's spreading faster. I was surprised at Columbia. See, Columbia, they were about 3,500 or 800 people. Okay? And 800 came back. In Columbia, can you imagine? They have never seen my face before. But we need it. We need it in your consciousness. They need it, they want reality. They need it, no doubt. If we don't get it, our world will... Okay. You said it, you said it. You said it. That's what all spiritual teachers of the last century said. We need spiritual awakening for many, many people because if we don't get it... That's why we have to have sahaja yogis. We have to have sahaja yogis who know the job. Why don't you appear on TV? Why don't you appear on TV? I didn't follow. Why don't you appear on TV, on television? You know, I'll tell you about TV. 30 million people have been there. I would love, but you see, they, they, that's the trouble is. It's not available to me, it's available to people who pay money. But it's not. They don't accept. You know, I tell you, you won't believe and it's so funny that in England, you can write it down also, the BBC gentleman came to see me and what he says, that Anglo-Saxon brain. Are you Anglo-Saxon also? German sir? No, very good. Very much. They come from Germany. Yeah. When the Saxon people came from Northern Germany. Oh, I see. But we are Saxon and they are Anglo-Saxon. Oh, I see. So the Anglo-Saxon brain. Anglo-Saxon. Oh, they are Anglo-Saxon. Anglo-Saxon. Anglo-People came from Northern Germany too. Let's be Anglo-Saxon. Oh, no. Whatever it is, it's all made by God, the brain. What he told me very precisely, that Anglo-Saxon brain, you cannot understand that you can get anything in this world without money. So I asked him, how much money will you pay me? How much did you pay to Christ? The most surprising thing is that they call themselves Christians. I have got connections to Germany too, not to be received. But if you come the next time, I can arrange for it. Of course, I would be very happy. Okay, no problem. I would be very happy and I have blast all of these falsehoods. I have many friends too and they have multi-business and table business. That's very good. And you know, America has accepted us as a religion. But Germany is the most difficult country because they say we are a cult. How are we a cult? We don't have any money, business, nothing of the kind. So how are we a cult? But why? Because they are afraid of reality. Everybody is afraid of reality. Yeah, you know, we have quite a strong protest in church and it is getting more and more empty, you know, they have to sell the churches as discotheques like I have been in Berlin. It's a matter of fact, I'm not joking. And there is some, you know, witch hunter, a modern age witch hunter called Farahak. Who is he? Farahak. He is exactly the man we have been to Farahak. Because Farahak, he is talking about you. The gentleman? He calls us as cult. Right one. Really? Yeah, why? Because nobody goes to the protestant church anymore. We have to do it. It's a mighty congruence, you know. No, but you

see, that is true that there are false gurus, no doubt. You must cancel on three points. First point is anybody who takes money for giving any awakening or any spiritual thing then cancel it out of one. Second, you must see the disciples. What is the achievement of disciples? How are they? Are they knowledgeable? Now he spoke yesterday for two years, two hours on Sahaja Yoga. I didn't have to talk. Now Philip Enjy will come to Sahaja Yoga. Actually Nepali got it. Two years ago was the magic. Just imagine, two years he's grown so much. So what have they achieved? Then also you must find out what sort of lifestyle the Guru has, you see. If he drinks and if he does all kinds of dirty things and then calls himself a Guru, what sort of a Guru is he? Of course, I mean now supposedly I come from a family, my husband is such and such, you know what his position is in life. So I have to dress up according to that. That's a different point. But I don't take money from them for my day to day life. So this is what is to be found out. How is he living? What is lifestyle? He says one thing does another thing. This Mahesh Yogi is another horrible fellow. You have got it. He's again getting strong. He has put so many people out of their houses, their soul, their houses. We had a group of people who came to Me. One of them was the one who was running his flying foundation in Scotland. I'll send you his letters if you want to publish that. And the people who got aids who came to Me, most of them were from this TM. I don't know what he does. They get cancers, they get heart attacks, this, that. See, I, as a mother I say, if you have got a Guru, at least your health should be all right. As a mother. So you have to become your own Guru to understand this. And then you have to have more people who can give Realization. They all can give Realization. All of them can give to 1000 people. But you know they are not like these Gurus who have nothing in them and they have put up their organizations. I tell them you go and talk about it loudly. That's something you are teaching too, okay? Everybody has to become his own Guru. You can get a blessing but some of the others. Of course you have to. That's what? But in the end effect you have to get self, okay? Not only you know, so let's say, what happened? What's in the right list of times? Okay, I have to believe that. And no, but... You should not blindly believe anything. Yes, yes, yes. And you believe. It's the same if I believe in the church or if I believe in the... experience. You see now with these vibrations you can find out everything because you become competent. You can feel it, yes, you can feel it. And relax too much. Now just see your foot also may be all right. Just put it up. Better now? Yes, it's better. It was much thicker. Yes? This hole is much less. Yes, yes, yes. Now just put it up like this, the one you have put it up like this. Get some eyes, see, and with the foot is put in the eyes of God. The right side is put left to the right. You think too much, you used to think. Now you won't be able to think too much. You will think when you want to think. Not all the time. Because it's quite a worrying thing, you know. One gets very much worried. So many seekers are lost, so many. Even those who were taking drugs were nothing but seekers, you know, seekers of truth. Now we have so many people who took drugs, finished now. Everybody is searching, yes, everybody. Every human being is searching for something, okay? And some people give up. And some people say, okay, I can't find God, I try to find money. And things like that, but... That's my lecture, you see. Everybody is looking for something. You give him the unique discovery he has, you see. Is he in it? Yes, yes. Is there any unique discovery? We'll give you lots of things in this. Lots of things? Please give me more material because the press can't... I will give you this, too. Oh, yeah, yeah, yeah. You can see we have lots of it, we have got lots of it. And we've got lots of people who have been cured of incurable diseases, the certificates of doctors, everything we have. And we have seven doctors now in London who have started recording all these things, how many people have been cured. Automatically. All incurable diseases. Blood cancer we have to. I think the Soviet Union will be very interested because every people in the Soviet Union and Russia, because... Because they don't have a church in the background, okay, and they believe in experience and they believe in... but it's real happening and it's also healing, they really believe because breast cancer... Oh, you see the Health Minister invited one of the Sahaja Yogis. From India. He's gone to see him and they were about to call Rajnish. Luckily there's chance would have it. This one of the Sahaja Yogis met the ambassador or someone and that's how it is being now postponed. But I'm going there and some doctors are also going for health purposes. Let's see. Is it good for you? Yeah, that's good. Put left, left to the right. Alright. Alright, just see. It's cooled off. Now better? Yeah, much better. Of course, much less. Just a minute. Just a minute. This ice can suffer. No, I was in the wheelchair for four weeks and hospital for weeks, wheelchair for weeks and... I wish you had met me earlier. ...on sticks and now I can finally walk. Yeah, and you see that everything, time has to come. That's the point. Time has to come. Look at today. I said that I must go and see the face of the lady, how they have put her up. So I went the other way to see her. Yeah, yeah. When I meet you. Yeah, yeah. How you recognized me is remarkable. Yeah, I know your face. I was on your lecture three years ago in Frankfurt. But you didn't come. And on the book fair about India where you didn't come. And so of course I know your face. But Frankfurt are from Munich. At that time I lived in Göttingen. Now I moved first to St. Berg and in April to Munich. Now I live in Munich. We live in Munich. But in Frankfurt was the book fair. At that time the main topic was India. And I was at the Frankfurt book fair. And you were very good at the paper also in Munich. It's the same paper. If I move it moves because it belongs to you. I belong to you. So that's why. Is it a newspaper or is it the magazine? The magazine belongs to him Simat. He is, he is the, he produces the magazine. I am the

publisher. He is the publisher. So if I move it. You see also Mohammad Sahab has said. You see. Mohammad Sahab has said at the time of resurrection. He calls it the time of resurrection which you call as new age. Your hands will speak. And they'll give you witness against you. They'll tell you what are the centers that are in the magazine. Can you believe it? And he's described so much about the resurrection. And he said all this namaz and all this you have to do till you get your realization. When you get your realization and when you know yourself at the time of resurrection you don't have to do anything. But Muslims wear our clothes. But we have hit them in Turkey. And now we are going to go to Tunisia and what other place? Algeria, Tunisia and what other you said? Senegal, you said Senegal. He was telling me that like a morocco, morocco. He was telling me morocco. Because this barrister was saying that you can. I was going to Turkey they all said mother you see this. I said nothing, I am going. What's going to happen to me? Let's see and it worked. And Muslims have very good search points. It has now done. What's that? Things too much still. I'll make you absolutely alright because the mother must look after the child. I think so much better. Yeah, yeah. Yeah, very much better. But you saw the P in German TV. You saw the K in German TV. You saw the K in German television. You should have P on the television. That would be very nice. Maybe next year we can arrange something because he has a lot of good connections to the German TV. We agree. We can arrange something. Some friends of mine are movie makers and have studios and whatever. And we organize a conference now in October and be an all-MAYER TV shows in Germany. Give them all realisation first. Call your friends you see. How can I do it? You can of course and they will help you. You can now just buy this. They will teach you to help. You see you can do it. What's your name you say? Michael. Michael. You can do it. Michael is Bhairava. In fact. Just a minute. Now come along. I'll just put the, just come. I'll turn your agya because it's too much thing has done being done. She's been worried I think. She's coming. She's a seeker out and out of a level. No, no. Put him left to the right first. That's better. Done. That's it. Lot of heat coming up. Better now? Yeah. Yeah. Yeah. Very good. Excellent. Great soul right? His whole potential is coming. But he has met all these horrible people also. He has to. You too his works mother. That's very good. Ah, may God bless you. Now let's see his foot also. He's much better. He's left out. Get a band. Now let's, because left now he could be because of his hectic life. Let it be. Let it be. Let it be. Then here. That's because maybe you'll be hectic life. Ha, now. All right? It's clear now. Yes, both. Now you're feeling all right? Yeah. Relaxed? No thought. Ah, very good. Very sadist, I'm saying. That's because of these horrible gurus he has been to. Put him in the swadhisthana. He's too many seeds. It's very hot, you know. Very hot. Now better? You can turn down and put my foot in here. Now better see now your foot. Hello, my son? Yes, absolutely. Oh yeah, oh yeah. You see? Yeah, yeah, yeah. Much better now. Yeah. You can see the train. You can see the river. I'm not turned off. Can you take off your shoes? Can you take off your shoes? Can you take off your shoes? You see these gurus who we have met, they have trouble. That's why you got an accident. Can you come on the back side? No, no, no. Now you teach him how to give realization, fully, so that he can give realization to people. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Hmm. Don't feel guilty. Hmm. Hmm. Hmm. Hmm. Don't feel guilty. It's here. Put your hand. Hmm. Hmm. Yeah, just that. Hmm. Hmm. No, you are, you have entered into the Kingdom of God, and after all, what mistakes you have committed? Nothing. Put your both the hands on the Mother Earth. Let's see. Yes. Very relaxed. Completely relaxed. All left to Shirdi. Hmm. Hmm. Don't feel guilty. Hmm. Hmm. Hmm. Hmm. Don't listen to them, and they tell you you are guilty. Malak and Shirdi. Hmm. Hmm. And maybe, let us take out the mala, let us see. Maybe, you see, this is Tulsi's mala. No, no, no. It's all right, but maybe the catch is sometimes, you see, material things do catch. Let's see. And your hand, can we take out from your hand also a little bit your material? Yeah. Whatever, nice. Just a little bit. I declare him by the jug. Yeah. But the dress you can keep yourself. I will wear it. You are all right. Yeah, you are all right. Now, just see. Now better. It's clear. It's clear, absolutely clear. Wish you this clear? Not yet. It's very hectic life, yes. That's right. What? Very hectic, eh? Oh, yes. That's it. No rhythm in the life. But these new age people have to be genuine and honest and should be intelligent. You see, you must seek intelligently. Like a blind faith, if you think about it, you will be another sect like Christianity or Hindus or this and that nonsense, you see. But if you really want the reality, then you have to be intelligent to see things. Is it divine intelligence? No, but... Hmm? No. You shouldn't say it when I am doing something. You are supposed to. You can take after it. You see, now. Now, what do you say? That's clear. Now, right? They are all pink gold, are you? Tell me. No. She is there. She is the problem. You have to tell me. You have to. It's the best. You should feel guilty, you see, for small, small things. That I should reach late, if this happens, that happens. You know these Western ideas. You are a free bird. All right, if you want to reach in, reach in time or you will reach. All right. Nothing to feel guilty. All right, aren't you? That is it. These are perfectionists, you know? No. You are not. You are not. You are not. You are not. You are not. You are not. You are not. You are not. You are not. You are not. Maybe in the experience, you might have been, you see the spinal cord, you should jam yourself. So it doesn't work in the relationship. Hmm. Good. This picture I have, I think this one is, that's a bit, should be, right. You lose, lose, lose. Everyone has to work. I am kind of a practic. Everything. You have to massage, you have to do this, you have to do that. This Guru nicely sits

down, you know, take the money. Come on, for cooking some sort of a mess, for isn't it pure? It's much better. Once the issue opens out, it starts moving faster. Now, the mother has to also anoint your head with a coil, you don't mind. Oh, she wants to see. Immediately cools down, immediately. You are all feeling the cooling? Yes. The collective conscious. Very good. Still his left abdomen is quite a lot, I must say. Left abdomen is quite a lot. You are married, Fainter? No. Then you just say, Mother, I am married, that's all. That's a mantra. Mother, I am married, say that. Just, just, just. Mother, I will marry. Yes, that's all. Just say this one more. If you marry to a girl, yes, she will marry to a girl. We will get you a very good marriage. Mother, I will marry. Mother, I will marry. Mother, I will marry. Mother, I will marry. Sooner or later. Sooner or later. Get you. Now, now, you see, that's a normal life. You want to marry me? No, no. You see, once you are married, you get into a balance, you see. And marriage is a divine thing. It starts of it's stupid. That's what it has happened. The best that people don't understand. But now, every year, perhaps, we have 75 international marriages. And most of them are successful. Most of them, I would say. Now, now the love is settling down, huh? You see, asceticism can make you very true. Acetics are not normal. You have to touch them with a barge pole. Now, just... His face is so relaxed. Right? Still, you get up here, up side. What's wrong, Mother? What? I think we should use the centre part, Mother. Centre, heart, huh? Should we see? We should do it, huh? Heart, Mother. Alright, I will just do it. Now, hold your breath. I am going to hold you. Now, through it out, Father. Again. Through it out. Once more. Through it out. So much, huh? We should always say, always happens. With the higher chakras, remember, because that's all. With the higher chakras, when there is obstruction, the lower chakras show the results. You see, because they can't, you see, the energy cannot flow properly. That's why. So always clear the higher chakras. Just this thing. Now it's flowing, Mother. How are you feeling, Michael? I am feeling good. Quite relaxed. What do you mean? Now you make him an expert of certain. Yes. Jhans. See, with the practice, we clear out. But it's very clear now, very clear. You're focused on that sometimes. Ah, now. Still. You see, he vibrated on his head. So he can put it before his bath, and he put it, and he washes it. You are right for him. It's hot. Very peaceful now. How are you feeling? Hello, hello, hello, hello. Here, we are in England. Hello. May God bless you. So, how are you? Fine, Shri Mataji, thank you. Sorry for last minute instructions. That's all right, Shri Mataji, no problem. You see, she was going to talk to me. No, what happened? Do you have to give him a bottle? Just for vibrating, Shri Mataji, and we put it in a bottle. You see, a gentleman will be amazed at such part of it. Maybe he had gone as usual for a little bit shopping and to go around the market. And there's a very beautiful statue of the Mother Goddess, of Maharaj. And you could see only the backside. So he said, all right, I'll bring the car. I said, all right, I'll go around and see the face also and of the child. It's beautiful statue. Now with four ganas, are carrying four raksas. Beautiful, very simple. So when there is this gentleman was sitting there, and he is the owner of a magazine which is dealing with all spiritual matters. And next issue he is going to have on the advent of a Goddess, and the primordial Mother. Can you believe it? Shri Mataji is just in the beginning. He just said, what's happening is, it's a matter of fact. It's a matter of fact. What's happening is, I can't believe it on my face. And he just said, advise me, you see. He just said, advise my face. And then we called him. He's a very wise man. They have stunned, you know. English has stunned, but this can happen only to Germans, I think. Just think of it. Everything is possible these days, yeah. These are Jews, you know. They now respect Christ and anybody can respect. I have 25% of the insurance too. It's a matter of fact. What has happened? We are coming with the musician's Shri Mataji. So are you going now? No, no, no. I'll be requested tomorrow morning. Yes, he's all right. What is the hurry? No, there's no problem. We just came to leave the instruments here so that we can take them tomorrow morning. We can have some music? Very good, Shri Mataji. It's a such. It's such. It's such filing this last month. Yes, very good. I was thinking of requesting you Shri Mataji when you could have some music. Yeah, yeah. Yes, now. You bought something? These are all the instruments. You didn't buy anything? I said, I went to the instrument store. Yes. I didn't get anything. I had to give orders. I had to go for 4-5 days. Okay. You gave them, you took them. I took them. You gave them orders? Yes. You see, he wants to buy some strings from here. He's a Japanese. Yes. But he says they have to have orders. Even orders. Now let him order. Yes, we can send it. The only thing they need is a sample of the strings that they need. And then they can do exactly the same. No, no, but he says he can. Yes, yes. I got a sample like that. What is that? Is that a sample you gave them? Yes. Ah, you're carrying it. Yes. So we're in get-ness. Yes. Absolutely relaxed. Absolutely open. In the central of the market space, there was a very beautiful statue of the mother and the child. You can sit there. Sit. Sit. Is the nescaï hot? Yes, it is. Is your nose hot? Yes, it is. It is hot here. Now it is hot. He said, let it be hot. Yes, it is. We will leave it here. You say, let it be hot. It is hot. Yes, it is. Sit. What should we see? I will actually sit down. Yes, we have to close the door. Otherwise the neighbors will see us. I am so sorry Simad. The neighbors will see us. What's the time? 10 or 15? Oh God! No problem if we have some instrumental music Simad, there is no problem. Not too loud. I am so sorry. I have to put my head down. Hahaha! You can put your head down. I will put my head down. You can put my head down. Yes, sit. Before taking your bath, you have to take your feet as well as your hands. Before taking your bath, before the bath, you have to take your hands off. Here I am. What? One. One. One. I think now it is alright. Is it alright? Yes, it is. It is alright. It is alright. It is alright. It is

alright. It is alright. It is alright. Stay here. No question. Stay here. Stay here. Have you eaten yet? No. You have not eaten before? I have eaten in the office. You haven't eaten at all? No. You have eaten? I'm not sure. I'm not sure. I don't know. I don't know. I don't know. I don't know. I don't know. Can you leave it there? Sure. We'll keep in touch. We'll give you the blue page. Unfortunately, we didn't have it. We had a pre-order and two programs yesterday. Public program. I'll leave it there. It's the big report. It's where it is. We're making it in the Artistic House. We're making it in the middle of the room. We're making it in the big, in the seven stages. And who will be part of it? Who is not informed? I'll give you the lecture and you'll do it where you talked about it earlier. You can also say that you're not informed. You can also say that you're not informed. You can also say that you're not informed. Because many of you have learned English and I know that I know that you've been asked who will be part of it. And who will be part of it? I'll give you the lecture and you'll do it where you talked about it earlier. Yes. Yes. I'm sorry. Then I stop this, there are seven of them. Everybody turn here. Then I stop. Then yeah. You see, this is Vince Dawkins, this is Ken Gaster. This is the knowledge. This is the knowledge. Seven of them. This is the knowledge. Not the one. This is my house. I'm not happy. I'm not sure if you're not sure about your house. What does he say about your house? He says it's only very bad. I'm thinking somebody is hiding somewhere. Oh yeah. Okay. Of course, you know, I'm like a guy. I'm not sure. I'm not sure. Yeah. Yes. I'm not sure. I'm not sure. I'm not sure. This is why we don't become people who are interested in this. This is how long time ago. We have not decided. We thought we would be left like this. Also, the results of the research we have, you see, these are the different kind of knowledge. I think that the energy powers come out of this. I should see the one who is holding it. And you can see it. See all the power is connected. That's right. And here is the question. I'm sitting here. You are all the same. I'm not sure. I'm not sure. I'm not sure. I'm not sure. I'm not sure. I'm not sure. I'm not sure. No, it's definitely not your presence. By law they would just come. They could call the polis. And the polis would come here and they would say... They would say a terrible decision. And it would be good. So we started with the kamal. I'm not sure.

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For fifteen countries we have got Kashmir jackets from abroad, the leaders. This is a present from Me for the leaders, Kashmir jackets. In fifteen countries, and I've got it from America, these things for you, I hope you'll appreciate them. But the problem is you have to try them. Mr. Philip Zies from Germany. I hope it fills you. My God bless. I think I put better feet out the way. It's small for you. No, no, you'll have to increase a little bit, that's all. Otherwise it's all right. That's the biggest. Just bigger ones, all right. Let's try this one. You're all right. Yes, you're all right. All right, is it all right? Or you can, you'd like to have bigger one? There might be a bigger one. Try this one. It's perfect. Forty-four long. But for big countries, first of all, all the, like Finland or Greece and all these people need not come because it's much better. Yes, much better, perfect. Which countries have been in Sahaja Yoga for many years, it's meant for them. Australia. Switzerland. Spain. Italy has been there. Germany. No. UK. UK is taken. Spain. I know. The lady has agreed, thank God. Australia. Steve Taylor. Switzerland. Matias. Switzerland. I think they are sleeping. That's very impressive. One for Gregor. What other country? USA, Canada. USA. You give him a long voice. That's okay. May God bless you. Forty. All right, we'll see them. South Africa is not a cold country. It is used gets. It is meant for cold countries. I will turn this again. Excellent. Perfect. Is it all right? No, just see. What did you have? This is perfect. This is perfect, yours is perfect. Steven has come to you. Forty too long. May not fit him, forty too long. Let's see. Oh, all right. Just little short. Forty four, right? Forty four? I always have this now. Those who haven't got it, that we'll see later. Now, what I'm saying, keep your bachan. This is for Greece. Greece, you can come, but it's for stamatis, you have to take it. Greece for stamatis. And also Turkey. Turkey, Greece and Finland, but for stamatis, all right? Give it for stamatis. This is a stamatis like him. Stamatis like him. Like all right. What is your size? This is forty two. My measurements in Russia are different, so it's about eighty four or fifty according to our measurements. I think what he was wearing was forty two. This is better. It's the same size, I think. This is smarter. Stamatis you can take that one. Stamatis this one is better. This is for him. What is the size? Forty two is it? This is the, ah? Slightly bigger, you don't need, it's very smart. That's forty two, Nicholas. No, no, not there. Yeah, that's what I thought. For stamatis. Now, for Turkey you should call some gentleman. I think for stamatis it can be better. No, no, no, Stamatis is bigger. Wasi. Yes, that's why you came here. Anyone from South America? South America. For dual you forty two regular, forty two regular. For dual, dual regular? Forty two regular. Forty two regular. Forty two regular. For dual, dual here, take one. One for dual here. From Brazil. One for dual here and one for, ah, ah, I think Camilo. Camilo. Looks very smart. This is put that thing. Camilo. Camilo, for you and for him we'll

get something else, alright? Just one minute. Now, but what else is stamatis? No, not for ladies. For dual you, alright. For dual you. Here, here, forty two regular. For dual you. For dual you. Forty two regular. Forty two regular. Forty two regular. Forty two regular. You have some long? Forty two longs we have. Forty two longs. Hano, hano. Forty two regular. Forty two regular. Forty two regular. He has forty two regular. Forty two regular. No, no. This is better. No, no. Dual here, this one. Yes. Hano. Oh, don't worry. He is. He is coming here? He has forty two regular. He is coming here. He is coming here. He is coming here. He is coming here. He is coming here. Clint- New Zealand It's perfect. What is it? It's perfect, I should say. Perfect. For New Zealand? He's looking, Antonio's looking for it. You're looking for the silk cloud, no? What kind you have, Shri Mataji? India, just quick, brother. From India, Rajesh Shah. Wow! This you have to make a coat out of, this one. It's a silk and wool, very beautiful. Now Orla. Orla, Antonio. See this side, Antonio is that the large side? The one you just gave. We want all large first. This is a kush rock, no? No, these are the chutay. Chutay rock? Chutay wallay hai, ye? Chutay wallay hai, ye? Chutay wallay hai, ye? Chutay wallay hai, ye? Chutay wallay hai, ye? Ye, ye, kita hai, kita hai, kita hai. He's like a monkey. Yaasim hai hai nahi. Ohu daga yaasim. Just see this. What is his size, Antonio? Yes, please. This is, this is, like, like, like, like, like, like table. This will fit in. Just try. What other countries left can you think of any other country? Ah, yes, South America. South, South Africa. And Finland. Finland kuch hota de do. It's very COVID-19. Yes, but we need a smaller size. South Africa and Finland, will you come here? They are all sleeping or what? What is left now? They are all sleeping. New Zealand we have given? All right, New Zealand. Finland? No, no, it's all right, I'll give you. Finland kadai doch hota. This is for Finland. Now the leaders from different centers in India, please. One from Delhi, we can have two, two, there are two leaders in Delhi, I think. And one from Noida, one from Lucknow, from Patna, from Calcutta, Madras. There's Bombay, Delhi, Pune, Calcutta. I'm Madnagar. I'm Madnagar. Madras, Nagpur, Bangalore, Hyderabad, Noida. Dehradun. Dehradun, Sangli, Brahmapuri, Satara. K3, Rajasthan. K3. About 40 centers. 40 centers, okay, we have to pass them. Take the main, take the main. See Bombay, Bombay one, Bombay we can give it to Makdo. Bombay, Delhi, Pune, Calcutta.

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I don't know what, how to say, uh.. as to the Russian scholars and scientists. Scientists are amoral people. Because science is amoral. But I was surprised that in Jeddi dutt, chemistry professor, we had about two thousand scientists, I don't know, ten thousand of them, who honored Me so much. And I told about one center of the world, that is Swadisthana. How Swadisthana can do it your life. And they were listening to Me absolutely with a lot of attention. But it's very surprising that they have never seen such scientists. Because they cannot see something beyond science. And Sahaja Yoga is mega science. It is beyond science. And when I told them how so many diseases are caused by one center, they were really amazed at it. But they were open, open minded people and a scientist means an open minded person. They were amazed also at the way they gave the awards. The first award that they gave Me, I said what it is, I am the tenth member of such an old university where very very great scientists have got the Sahaja Yoga. So how can you give me such a honor? So professor well now told Me, that, Mother, these scientists have only worked with matter. But You have worked with human beings and transformed. I was surprised the way he saw the point in this country. Easy to see this point that transformation of human beings is most important to me. If I have achieved it, it's nothing great I think because I knew how to do it, so it's nothing great. But I really feel very proud of you that you have achieved it. I have not achieved it. I was born with it. But you have achieved it. So many nations here simply enjoy the same beautiful feeling of your Spirit. And there are some different nations, different races, different religions and generally they are feeling the joy of their Spirit. And this is something which was My dream and vision but I never thought of Nobel Prize or anything like that. Because My husband has got all kinds of prizes and he always is all due to My wife. But what I really treasure is, that in a great country like Russia where science has reached its heights, that they should accept Me as a great scientist and academician. It's something very, very remarkable. Though I don't know if I deserve it or not. But that's what I feel about it. There is no doubt about it. Moreover, all the false rules are banned in Russia. But I was surprised also that they did not ban us. Apart from that, the patriarch who is like the Pope of Enninga, of the white horse, he himself invited Me to be there. So we are entering into the realm of religion also. It's something not only science but also religion which has to open eyes and see what have they missed or the promises that the prophets gave, that the incarnations gave are to be fulfilled. If they can just see this point, it will be so great. I was surprised also that the patriarch himself invited Me to this conference. So two great things I feel, that not only in science but also in religion, Sahaja Yoges is entering and will remove the darkness of ignorance. Another thing I must tell you

that when I went to Brasilia, which is the capital of Brasilia, the mayor of Brasilia came to the city and he gave me the peace of Brasilia, saying, on the peace you can't go to Brasilia. I was seeing it again. So on the political side also if you start entering into our problems you should have no problems, you should have no quarrels, no fights, nothing so. But let us live with happiness and love. I am sure, if this, I can see that vision coming through, this vision of mind, of seeing the whole world in peace and joy, enjoy themselves. All of you as he said, has had to judge Me, have to come up to Me and really do something to You. I don't know, sir, how to thank you very much because I don't know what's, but he has been needing Me for three, four years now. I was surprised, he is such a judgment man, such a educated person, and how he could see from the subtle side of life and that they discussed about morality, all the time all the subjects were that had morality. There was a gentleman who was a surgeon who is, how did you say, dearest, that's such a person. Very old, but he is still doing operations, he is still doing operations. And he is the one who wrote the Darshan of God. And I was a research guy. He wrote a book against Darshan of God in a country where both God is so popular. But just imagine, and these people listen to their letters. They are not like Western people who do not care for their letters. They listen to their letters who are very wise. One day I'm sure Russia will be one of the most important religious country. It will have such big name on it because they have taken to truth and not to nonsensical things. And I'm sure this will prove the good word that truth is what we should ask for. We should not get in any way dominated by untruth because untruth will never bring joy or peace. Actually I'm overwhelmed by what he has said and I'm happy he has made me so happy also by saying these beautiful things about me. But I must tell you, I'm a very humble housewife. That's all I am. I'm more than that. I'm not going to challenge you. Now we have to thank the Turkish people, the French people for organizing this beautiful program and this wedding despite all the problems and also everything works so hard because there were only 40 Sahaja Yogis in Turkey and they have done such dedicated work and so capable they are. I'm amazed to see this kind of industrious I should say or maybe hard of me. They have to be. And all the problems are solved here. They say, Mother, you have solved all the problems. Now I would say the managers have been done very patiently. Now don't spoil your managers and create problems already. That's all I want to know that you have very nice children and that you lead a society and help the society of great peacemakers. Thank you very much.

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Hello Good morning Really? to the Thank you. How was your day? Good. Good. How was your day? It was good. I'm fine. It's a bit strange, isn't it? It's a bit strange. It's nice. It's a bit strange. It's a bit strange. It's a bit scary. What's the story? Tell me the story. Tell me the story. Tell me the story. Tell me the story. Don't take it for granted. Tell me the story. Tell me the story. Tell me the story. Don't take it for granted. Tell me the story. Tell me the story. I'll take the map for Italy. Under your feet. God of the sea! Yay! Yay! X Set a notice. I don't know whether to fall. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. I don't know. We will serve you for example in every other country. Why do you think that Italy is a very deep place? I'm very profound. I don't know how I took to Italy. I don't know how I took to Italy. I don't know why you are so strong in Italy. Because of the heart. Probably because of the heart of Italians. Italians have a big heart. And they understand truth very fast. It takes a lot of time to understand what is truth. It's very beautiful. I don't know. I'm going to the hospital. I'm so full of it. I'm going to the hospital. I don't know how. My heart is full of joy that we are not like the first. So, what kind of a human being do you have? I'm not sure if you have any knowledge of this. What can I give you? I don't know what to say. The next week, I'm going to make a very important push for the country. With that, only the Sahasrara was opened up and people got there. That's what was one of the most important things in the history of the spiritual. So, you're still in excess. Just as to give self. And of course, it doesn't serve a lot. The most important thing is to give realization. The most important thing is to give realization. I hope you all will make it convenient to come to Sahasrara. My dear, I hope you will come to this Sahasrara's place. It has been a great, I should say, success. Anything. It has been a great success for Sahaja Yoga. And so far, nobody has tried to be funny. And finally, the next day, the Sahasrara's death. That means they are very wise people. The more I know about you, I think you are special people. All over the world, Divine World. All over the world. I want to stay in Italy forever. I want to stay in Italy forever. Yay! Yay! Yay! We are very happy. We are very happy. We are very happy to have you here for the victory. And to all the women, to all the people who have come. We are very happy. She is going to ask her name now. She is from Russia. She got married to an Italian. Hello. Mr. Gavo. My name is Bethyal. Hi. I am from Pim. Daniel. What is your name? Sei Duti. Sei Duti. Sei Duti. Sei Duti. Hello. This is a band. This band is called Ashish. It is a band that has a beautiful sound. Cheers. Seiza. Mateo. Deila. Deila. Seiza is

from Russia. I am Mateo. Vina, vina. Vina, vina. Vina, vina. What do you want? We want to play. We want to play. We want to play. We want to play. Ashish. Ashish. Light. Hello. I am Mateo. I am from Prakash. I am from Caluche. Thank you. I am from Caluche. Yes, yes. I am from Caluche. I am from Viva Ashish. I am from Pune. I am from Pune. I am from Pune. I am from Pune. I am from Pune. Come on. Come on. Come on. I love you. Thank you. We are from Caluche. Okay, let's see. We have to go to the corner. Yes, that's it. It's over there. What? I'm going to put the bamboo on the floor. Okay, I'll do it. I'll do it. I'm going to put it here like that. Do you like saltwater? Yes, I'll put it on the floor. Okay, I'll do it like that. Okay, I'll do it. Okay, I'll do it. Okay, I'll do it. Really? Yes, a little bit. A little bit. Oh, my god! It's hard. What's up? It's the most beautiful. It's so beautiful. I don't know what to say. Okay, I'm going to do it. What's up? I want to eat. Ah, you're so pretty. Thank you. Thank you. Thank you. Thank you. Thank you. You too, she has a good... Thank you. Thank you. To the child. That kind is here. That kind is here. Okay. A celibacy student? Yes. You too, Baba. And you know her? She is from... She is from Hungary, the aspirin is from Florence. And now they have moved to Hungary. First you have to join here. She will be soon. No problem. This child... That child he was here from... Boy. Yes. I've told her to bring him to... Thank you. Thank you. No, it's not here. Thank you, Janko. He is very happy with the wife. Thank you. I'm so happy, as long as she is here. Thank you. If you want to give her a big thank you, thank you very much. Thank you. Thank you. Thank you. Where are they? Where are Sharda and... They are coming, Shri Mataji. Huh? Coming, coming. Where is the mother? Where is she? I think... They can come with you or... She is coming. Aruga is coming? Aruga and also Shri Mataji. Yes, they are coming. They are coming. They are coming. The children are not here. They are not here. They are here and there. Yes. Is Sharda here? Yes. Is Aruga here? Yes, he is. He looks so happy. Yes. Is Aruga here? Yes. Is Aruga here? Yes, he is. Where is Aruga? Here. They are coming with Samir. They are coming with Samir. All those are here. All those are here. All those are here. All those are here. Swami Kriyaya graduates I'm not even talking. So beautiful the weather. No, it's tough.

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May God bless you all. I mean, I never expected so many people will be there, but I'm very happy for all these marriages and so many of the girls who are willing to marry. Sahaja Yoga has a special responsibility. If you are marrying in Sahaja Yoga, then you must understand one thing, that before marriage you can decide whether you want to marry or not, once for all. After marriage, if you start misbehaving, you're doing anything wrong, then we are not responsible. And after that we can answer you from marriage list. Then very difficult to get you married again. So first of all for Ganesha's blessings you should be good people. In Sahaja Yoga everybody cannot get married. All kinds of stupid ideas, hard to be given up. If you are good character, well behaved, loving person, then you marry in Sahaja Yoga. And you have to have love for your wife, maximum for your wife, nothing else. You have to trust her, you have to love her, and you have to give her everything that you can afford. First of all you must establish very good relationships with them. Sahaja Yoga marriage is not easy. They are all there to support you, to help you, to give you all the blessings. But in case you are not capable, you are very ordinary, very troublesome, then their marriages will fizzle out and then you go out of Sahaja Yoga. So even there is chance now to decide whether you want to marry or not. If you have decided to marry, be determined, you have promised that you will remain very good husbands and you will look after your wife, your family, and ultimately Sahaja Yoga. This is a special occasion for you and for us. It's not like any other marriage. So I would say that whatever has been decided about you, please accept it fully, with full endorsement. So far in Sahaja Yoga very few marriages are made, very, very few. And those who have broken are shattered, completely shattered. So we have to establish in Sahaja Yoga very good family life, very nice husbands, not like any other stupid that they are going round. No. We are a very unique personalities and we have a very unique relationships. So I request you all to be sure on that point, that you will show that your marriages are not like other marriages, very different. And you have to work it out in such a manner that they become ideal marriages. I hope you have achieved the promise. Thank you very much.

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Listen, please, and follow the vision. What does he, what does he do? He shines like a thousand stars. You have given us more



[illegible]

and darkness is a mystery very sacred, though it happens every day. Pleasant is looked, this newly created world. All along the length and breadth of the Earth, our grandmother spread the green reflection of her covering, and the escaping fragrance was pleasant to inhale. The great spirit, when he made the Earth, made no lines of division or separation on it. He meant that it should be allowed to remain as made. The Earth was Mother. I was made of the Earth and grew up on its bosom. The Earth, my Mother and Nurse, is sacred to my affections, too sacred to be valued by gold or sold for silver. The Indian believes profoundly in silence, the sign of a perfect equilibrium. Silence is the absolute poise or balance of mind, mind and spirit. The man who preserves his selfhood is ever calm and unshaken by the storms of existence. Not a leaf as it were, a stir on the tree, not a ripple upon the surface of the shining pool. His, in the mind of the unlettered sage, is the ideal attitude and conduct of life. If you ask what is silence, he will answer, it is a great mystery. The holy silence is his voice. If you ask what are the fruits of silence, he will say, they are self-control, true courage or endurance, patience, dignity and reverence. Silence is the cornerstone of character. The man who sat on the ground in his teepee, thinking of life and its meaning, accepting the kinship of all creatures and knowing unity with all things, was drawing into his being the true heart of civilization. The Indian was a true naturalist, a lover of nature. He loved the earth and all things of the earth, the attachment growing with age. The old people came literally to love the soil and they sat or reclined on the ground with a feeling of being close to a mothering power. It was good for the skin to touch the earth and the old people liked to remove their moccasins and walk with bare feet on the sacred earth. Their teepees were built upon the earth and their altars were made of earth. The birds that flew in the air came to rest upon the earth and it was a final abiding place of all things that lived and grew. The soil was soothing, strengthening, cleansing and healing. O our mother the earth, O our father the sky, your children are we. With joyful hearts we bring you the gifts you love. So we for us a garment of brightness. May the warp be the white light of morning, may the weft be the red light of evening, may the fringes be the falling rain, may the border be the standing rainbow. We for us this bright garment that we may walk where birds sing, where the grass is green, O our mother the earth, O our father the sky. The ancient Hopi Indians. The Hopi Indians still tell stories of the ancient migration of 10,000 years throughout the American Southwest in the shape of a swastika. This shape gave religious meaning to the journey as the Hopi were aware of the swastika as an auspicious symbol. The Arizona, New Mexico area where they journeyed remained a special place where the silence and the purity of mother and her nature can be especially felt. The Hopi stories tell of the crown of the head as a center through which every breath moves up and down with a gentle vibration that communicates with the creator. Aware of vibratory centers along the spine they sense the echoing primordial sound of life or heard a warning when anything was wrong. In the last phase of their creation myth the soft spot hardened and this special door was closed to them. They predict and expect a new world where all peoples are blessed with the renewal of a deeper relationship with God by way of the reopening of this special door which we know as the Sastra Chakra. If there is a name, a word, that can show the world what Hopi piece is, it is balance. The world must grow and expand but it must do it in balance. What is seen, touched and felt is thought to be real rather than the reflection of the world of the unseen, the real dimension of creation. When prayer and meditation are used rather than relying on new inventions to create more imbalances, we will find the true path. The Iroquois Confederacy In the eastern part of the continent lived the Iroquois people whose territory extended from New York State to Ohio. This area of Bantam was previously Iroquois land. In ancient times a war-like people with nations fighting against nations, the Iroquois were able to rise above their history of war to unite in a unique inter-tribal government known as the Five Nations Confederacy. At the heart of the Confederacy was its constitution which, according to legend, was given to the Iroquois by a man known as Degudoida. His coming had been announced to his grandmother in a dream. In this dream a messenger from the great creator told her that her daughter, a virgin, would bear a son who would bring peace and life to the people on earth. The child was called Degudoida. When Degudoida was grown he spread his mission of truth to the Five Nations. I carry the mind of the master of life, he said, and my message will bring an end to wars between East and West. The word that I bring is that all people shall love one another and live together in peace. Degudoida According to legend, the first person to take hold of Degudoida's message was a woman. For women were to hold in store the chieftainship titles and name the chiefs of the Confederacy. Their role was to be the sustainers, those who worked behind the scenes, those whose influence was powerful but indirect. Around the council fires of the league the men spoke their voices clear in the forest. But the women were always there, quiet in the background, and the men knew that they were watching, maintaining the balance. The Constitution given by Degudoida was a sophisticated statement of government. The Albany Plan of Union, an early attempt to unify the American colonies devised by Benjamin Franklin, was similar to and inspired by the Iroquois Constitution. Thomas Jefferson as well studied the Iroquois Constitution when drafting the present American Constitution. The piece of the Iroquois was symbolized by a great tree with roots stretching out to the four directions. It is reminiscent of the Tree of Life and of the four petals of the Muladar chakra. I am Degudoida, and with the chiefs of the five nations I plant the Tree of the Great Peace. Roots have spread out from the Tree of the

Great Peace. The name of these roots is the Great White Roots, and their nature is peace and strength. Any man of my nation, any man of any nation, may trace the roots to their source and be welcome to shelter beneath the Great Peace. We place at the top of the Tree of the Great Peace an eagle who is able to see afar. If he sees in the distance any evil approaching for any danger threatening, he will at once mourn the people of the Confederacy. I, Degudoida, and the chiefs of our five nations of the Great Peace, we now uproot the tallest pine into the cavity thereby made we cast all weapons of war, into the depths of the earth, into the deep underneath we cast all weapons of war. We bury them from sight forever, and we plant again the Tree. Thus shall the Great Peace be established. We bind ourselves together by taking hold of each other's hands. Our strength shall be in union, our way the way of reason, righteousness, and peace. Harkon, O chiefs, that peace may continue onto future days. Have courage. Think not so much of present advantage as the future welfare of the people. Be of strong mind, O chiefs. Carry no anger. Neither anger nor fear shall find lodging in your mind, and all your words and actions shall be tempered with calm deliberation. Think not forever of yourselves, nor of your own generation. Think of the unborn of the future nation. We return thanks to our mother, the earth, who sustains us, to the rivers and streams that run upon the bosom of the earth, to the three sisters, corn, beans, and squash that support our lives, to the winds that move the air, banishing disease, to the descending rains that give us water and cause all plants to grow, to the moon and stars that give us water and to the stars that give us light when the sun is gone. We return thanks to the sun who looks upon the earth with a fatherly eye. I'll say something about it now. I have also now found out that in Africa, ancient times, there are people who believed in Kundalini and they believed in subtle centers within us, just like these people here in America. And they always said that, awakening of this Kundalini, we are not going to change our realization. But of course they didn't use the word Kundalini, but they have shown in pictures and different kinds of cave paintings. I'm going to find out all about it and I hope you'll be able to publish it somewhere. So the tendency of today's generation is to go back to past, to find out what was there in the past and where are we. It's nice to do that way because then you can know how far we have come, how far we have deviated and how far we have to go. Now with all these ideas, which look so primitive to modern people, one has to know that from that primitiveness, if there were no aggression, if these people had lived for today, they would have definitely been much better people for Sahaja Yoga because their attention was towards eternal and not towards transitory things. Why? Now the modern times is such that our attention has now gone to transitory things and we are not bothered about eternal life and that attention has moved so far away that say from primitive life you come to the center and then you just forget about the center and move forward and they find it so difficult to come back because they have moved so much ahead of reality that it is for them a going down or sort of a giving up something which they think they have found something great and so still they are moving towards their destruction. Then the Sahaja Yogis also feel very upset about it but you can see that in this country there are people who have said those things, they have left their vibrations, it has been so here so that exist vibrations cannot disappear. They are there and once they are awakened again we are sure we can work out wonders in this country also. The only problem is they are so mainly proud of their advancement that they don't see their advancing towards their destruction and for this people have to write openly saying that what we are thinking about advancement is nothing but is our complete destruction and that's what we are facing. Tomorrow I am going to tell you as to what Sahaja Yogis have to do for that in America. There is a special thing one has to do in America because now as you see that the country is not of that level as we think it to be and to spread spiritual life you all have to do something about it and I'll talk about it tomorrow before the quarter. Thank you. Can you put off the... it's much better now. So what are they doing? She's doing much better than she is. Ah, so what are they doing? How big they have grown, eh? Oh, he's grown so big. Hmm? Sahaja Yogis are? Tomorrow puja after puja, chocolate after puja. They won't melt away. Tomorrow they'll have to eat a lot. I'll go and talk to you. Should we give chocolates just now to children? All right. Because tomorrow there will be lots of things for children. We have a children. In the Shri Mataji's room. In the yellow bag. Hello. He'll go with the chocolate. He'll go with the chocolate. Only for the children? Only for the children? Only the sweets. No, there's a toddler on inside. He's coming. You're sending somebody? He's going to go himself. That's also flimsy. This is primitive. What is he doing? Up the hallway. The children love to dance, mother. All right. There should be flute music with this, but perhaps there's not. I don't know. I'm not sure it's got enough volume. And perhaps this is of the new generation now, Shri Mataji. This is a poem about the collective and the miracle of the children's realization of you and your gift to them. They've done this in public. They're a group that's called from the heart. Life beats. Within me, awakening. New form. Arms reaching out like wings. I am lifted. Held. Then I stand independently. I gaze upon it all. Balancing. Amusement. Am. I am happy. When I totter, flutter, turn. Am. I am we, and I am free. Am. Life greets. Another me as I grow. Bigger. Longer and funnier. With and without teeth. And I feel. I ponder. And I wonder, how am I going to learn how? Teacher. Teacher. Please give me the skills to become all that I want to be. Show me the important things I need to know to reach out. To touch. To stretch. To hold on. To let go. Enrich me with wonderment and curiosity. For I am young. I am male energy. Surging. Leaping. Expanding.

Extending. Muscles strength and spirits gentle power. Life force channel to express creative joy. What I know and embody is real sanity. I respect all life and I know my sisters. I know their bounty and their beauty. As life repeats itself. As life repeats. Her pleasure. Her pleasure. Her pleasure. Mother earth, my teacher. Mother moon, my guide. Mother ship, our vessel. Mother land wherever I choose to abide. And in her pleasure I serve her. And from her treasure my needs are met. Respecting the life I am given. I reflect her special gift. For I am a child of the universe. Mother earth. Mother earth. Watching. Listening. Together. Life's feet. Dancing to its own hip hop beat. Tribal brothers celebrate. A reunited generation as east and west genetically meet. Yes. Oh yes. Let men dance again together. And trust. And trust each other's moves. Play and explore the possibilities of peace on earth. Brotherhood in truth. When life completes a grand cycle. Humanity. Humanity evolves as faith, hope and charity become. Vision become wisdom and become clarity. And we realize that by being special together. That this is indeed truly our mother's gift. The greatest. The greatest love. Of all. Now what is the next program? Next is... They are... I mean born daily. Mother must have been. She's got a... She's got a... She's got a... Can someone announce what you choose? These are the words. We've got blessing. Love, my dear. It's a video that we hope that you'll watch and if you like it, maybe this is what you'll have. We hope to... We hope to re-establish auspiciousness and the vision of America under Barat. And we hope to incorporate all the talents along the Sahaja Yogis. Not just in America but in Europe. Whoever has a Sahaja Yogis, you can help them up. Thank you. Thank you. These days, music is like making images and in the world. Every love that's flying, we'll see in time. Where angels come from, even powers that meet. Drown in the sea when the cool breeze comes. When the cool breeze comes. When the cool breeze comes. Sacrifices. Over all the time. Where have you gone? Where have you gone? You take your... We have one more song that we don't have a video for yet. The video for this is from a film called Kana Smasi. Which is a life out of balance in the Hopi language. And Richard's in the edge. This is a different song. This is a different song. This is a different song. Music plays. Also we had a beautiful day on the 5th of May this year. Two miraculous photographs have come out. I don't know if you have seen them. So it has been enlarged also. And we were going on a small little ship in... It's near Capri, you see there is a little beautiful island, Capri. And somebody was taking my photographs with other Sahaja Yogisitha. And the last two photographs, he got the photograph of Mysotra. And the second one was the opening and also the Kundalini Mai, Kundalini showing. And the three deity sitting. It's a beautiful photograph, I mean it's really remarkable. Then they enlarged it. And the enlargement you can see beautifully all the petals, the white petals of the Sahasdrava. And the second one is when it opened out. Then they used laser beams and with that they got some different colors. Normally the colors do not change. And all that you can use for your this day. Then there is another thing that happened that in Nepal on 5th of May, they saw the sun surrounded by a beautiful halo of rainbow completely. So they took the part because they couldn't take the whole photograph. Every time the sun was there, part of it. The whole thing, it's never happened like that. But also I know that when I was going to Calcutta they told me that they saw this kind of a beautiful miracle. But this was nicely photographed and they have sent me the photographs on that day. So all that can be put with this showing what is Sahasdrava. It's beautifully these two things I've come out. Imagine my brain is shown in that. With the bones even. Little bit part of the bones is there. It's very interesting. But the small one when enlarged, it's become something different. It's full of petals. So you have had photographs in the sky. I say you had photographs with my light in my heart and on my feet and all that. But this one is something out of the blue I think for Sahasdrava day. So these two photographs you can use and so far the enlargement has not come. I don't know where it is hanging. But I hope you will see it. What is the copy from Austria? Austria has got copies here. For enlargement as well as for the laser beam. By the way we also saw your halo around the sun. Really? When? I don't know about the exact dates but we saw it going actually just the day before we came to come here. So that would have been four days ago. There was a complete halo around the sun and all the dates were in the sky. And the little clouds that have all the prisms in them on the day-times were all through the whole sky. And it came across the Atron in Vancouver in a perfect band on from one side of the sky to the other. Really? Do you photograph it? You should have. I showed you those photographs of the Garuda that you had taken when you traveled back to India. You followed us from San Diego all the way back to India. That one is beautiful. But you see there are so many such things that's happening. A photography has something special, blessings I think, that I don't know if you have seen that photograph of one young boy who was a medical student, just a first year student or something, had an ordinary camera. One of the cameras perhaps you might have given as a present of whatever it is. He took photographs in that. All the dates are sitting behind me and they are throwing vibrations and they are throwing divine flowers, all kinds of things and also angels flying. It's beautiful. So all that has to be enlarged, something has to be done. I don't know who else. I think David Spiro has the negative and he has to enlarge it. So all these things are there which you can use because this idea is good with the photography if you show. These things are very good and with the rhythm. Only thing I feel about whole thing is that the rhythm should be fast, but these words must be said more clearly and again and again so that it goes into the heads of people, you see. Because to them it's just a Latin Greek sort of thing, that should not be.

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Like this, you see, there are many small, small little places where the saints have worked for the betterment of people because, you see, they are so collected, they can't bear the power to this country and the way these other people are living that we are making people uh.. fatalist is absolutely wrong because no saint has done that. All the saints have made them uh.. work very hard and to work out their problems and they have also told them what's wrong with the society, what is so blind, everything they have done. And this is this gentleman and he was saying that how they emancipated the society. So, you must have gentleman, in a nice work and Bhagya Maharaj was another one, was a saint, no doubt, but he did so much of social work. First he fought for the freedom, I also fought for the freedom of all kinds and then he fought for the betterment of people which I also did and then I started Sahaja Yoga in 1947. When I found that the whole uh.. spirituality is going to the hands of people who are commercializing India, I had to establish and whatever help you need, okay. Where do you live? I see people who are living from my, from the above, from the campers, from the temple and they are migrating there today. There's a room for you. So now you should also understand Shiva's worship is to be understood first of all, how to worship them, how to achieve them. See, Shiva is nothing but your Spirit and all these people are doing that, they are understanding. So we have to understand where are these states and where are all the moments after which everybody is. So we have to see to the essence of it. I'm very happy to meet you. I have a problem with that but I have to become a false self. You want to become? Oh, good I get. I'm very bad at making my problems in my life. Yes, you know, actually we don't believe in sannyas because sannyas is outside but sannyas is within yourself. See, I've been living this life time and now I'm living very well. I'm too very rich one but I can live anywhere. You see Me, I came back in the river, I live anywhere. I have no idea. I have to say that I'm 67 years old. So, you see, the comfort of the Spirit you see. So it's a very nice idea that you have changed and you have decided to become a household. So next time we give you a very good prize. He's a mechanical engineer. Ah, this gentleman who is like a sannyasi and who is like a... I thought I would take a decision of sannyas but the proxy came over giving like a sadhu. Yes, he didn't take a decision, he says, but he was giving like a sadhu. He's such a great man, I must say, to give up everything and to work so hard for the people in education and for spirituality. Now he has decided that he will join Sahaja Yoga and also he'll get married. He's a mechanical engineer. By permission of Mekelmanjiya, I put dollars as sorrys. Once 10 years I fully devoted to Spirit. Look after you, don't worry about that. But also we'll give you a nice wife. How old are you? 48 years. 48 years. My age is 5. If you try to find that, you'll find out. It's so sudden now. I try to find the possibilities. They're all very happy.

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Hey! Hey! Hey! Hey! Hey! Hi! Hi! Welcome to Game Level 3! May the So this is a nice ashram here. This is a nice. What now? This is how I turned out to be something a very wonderful place for Sahaja Yoga. And people are, mostly there are people pollination there. But so much of migrations and the thunderstorms are very, very bad. Except there are lots of civetous, so I despise a lot. I think, if people worship there as it is, it's very good feeling. I suppose you can go. After such a long time I am coming. Last time when I came in Edwin, he gathered in. But he didn't gather anyone afterwards. All disappeared. Suburbs are there. Slowly, slowly you should spread out to suburbs also. Like this Melbourne has 30 meters long, 20 meters broad. So what they started doing is to send one person in one corner, another, another corner, like that. And they had no proper ashram, they all had houses. And now suddenly all of them have joined together. Los Angeles means the angels which were lost or something. What's the Spanish meaning? The angels, Shri Mataji. The angels, haan? The angels. Just leave the angels. Loss is the? Loss is the. I'll give you some. I'll give you some. But this city plays a very big role in the whole culture of America. Very, it's as if in the Vishuddhi as you have got, Hamsa is like that, it's a Hamsa chakra, very important. But extremely money oriented places also. What a big house, eh? What a big house, eh? It's all right. It's all right. Hmm. That place Hawaii has a tradition. When I said Hawa Aai, Aai is the Mother, Hawa is the air, that's according to Marathi language. But it has a tradition, he said, that it is the breath of the Divine and everything they are talking about the breath and the air of the Divine and everything is very remarkable. Most of the things they are saying traditionally are so much like Sahaja Yoga. I want to see Dr. Wadhilkar today. And this is one of the, I think, the most important things that I have seen in the world. I want to see Dr. Wadhilkar today. And this is one of the examples

of Sahaja Yoga miracles, I should say. We had another one in Calcutta, when Dr. Khan, who is a very well-known psychiatrist, he fell on his top and fell on his back and the top broke to such a big point and the skull also broke and they said that it had an effect on the brain also. So he became unconscious, they took him to the hospital and they said that he cannot be saved, he will die by tomorrow. He stitched his head up, everything was done, put the bones right and then they telephoned to Me, they had a concussion of brain and God knows how he got it, might be a heart attack, fell so badly and there's a concussion of the brain. So I gave him vibrations and said, that's beautiful. Next day again, next day he started flowing, I said, you must be all right. Even on the phone I said, all right, I'll work it out, don't worry. And next day he opened his eyes nicely, he said, I'm feeling much better and then they removed him from the intensive care to another ward. Then Sahaja Yogis went and gave him vibrations but she never felt, he never felt any pain or anything, he said. And when I saw him, you should see also Dr. Waddigar, he looks at least ten years younger. Just like that he was also looking ten years younger when I went to Canada. With attention many things can work out, no doubt but you also should attention like that. If your attention is cleaned then it will also work, it will also act but still our attention has to be all right. Australia noticed that we have lots of Sahaja Yogis there but they don't meditate, attention is not all right. They are here and there and there and here. I asked them, I said, do you meditate? They said, no, we do not meditate so much regularly, we must be honest. So I said, but this is no good, you have to be honest yourself, you must meditate at morning and evening, other things will never improve, they'll never help you and you'll be in trouble. But I think now it started working very well when they started doing this meditation. Even in the ashram they do not have collective meditation, they do not have any individual meditation. I said, what's the use of having an ashram? You cannot meditate, everybody is very busy. I said, why do you have an ashram? So this is what it is, if you have to really be growing then you must meditate. It's the only way we can do it. I mean you don't have to be meditating, in the sense you do something about it but you have to be in meditation, that's Sahaja Yoga is to be in meditation. That state you must get, you must get into the state of thoughtless awareness and in that state only you can really come up. Because I was surprised that some of them were not even attending body programs, some of them were not even meditating. I said, what will happen after some time? You'll be just like other people, there won't be any difference. And that's what it is very surprising that within ten days or so everybody improved, within ten days. It was such a journey from Perth. I went to Sydney, it's another world, I mean from Perth to Sydney means it's another continent and from Sydney they had a very beautiful place and they told us the miracle of it that there was suddenly they met somebody who said, why don't you try a ground called Scout's Ground Scout's Ground in the center of the city, just in the center. Beautiful, see like a absolute like a jungle inside the city, so quiet you could not hear anything that was going on, birds were chirping, it's beautiful place. They got very beautiful cottages but one of them was a small one, they called it Para Mata. The reverse name is Para Mata, meaning the primordial Mother. So they gave the name of Para Mata and decorated it. The person who was organizing all that was so impressed by them, he said, I've never seen such people, nothing. When I went there, he bowed to Me. He bowed to Me. How could you create such beautiful people? I said, I have not created them, they have made like that but just imagine in ten days time how much they were changed. So whatever it is, you must meditate before sleeping, it's extremely important. Let us see now what happens in Hawaii but I must say David has been very venturesome to go there, started the whole thing in such a good way and I'm sure he will manage them very well, spoke very well also. He was amazed how what a good speaker he was, spoke very well, explaining everything very well and the sentence he used was that it's tangible. This is a new word I learned from him, tangible because normally this word was not used before, it's a modern word, tangible. Sahaja Yoga is absolutely tangible and they got so much interested, it was raining, still they were sitting down. When I went there, I said, but let us change. Went inside another hall which had this platform, suddenly they found it and they all walked out with their, walked in with their chairs and sat down around Me, it's like this, it was very nice. So what should worry about one's own vibrations, one's own vibrations improve, you'll start seeing things much better and when your vibrations are all right, Sahaja Yoga is going to work out much faster, otherwise it's not going to work and as you know that America is a very difficult place so you have to work much harder. You have to really put in lot of priority for, you have to say this about the most important thing is Sahaja Yoga, otherwise we won't be able to achieve much. If you just make it a secondary thing, don't work. Don't have to sacrifice much about it but only your own ascent has to be achieved. If that is achieved, then our problems will be solved, will be much better off. First time I came, I came to Los Angeles first, first time when I came, 1970, see, it was in Los Angeles. All these things are very difficult to do. You have to work out, you have to work out. These people can be very nicely exposed and they will be exposed very soon because they are so fast and the way they talk also people can find them out now. For example, I was just saying yesterday in the night, I saw one man talking daily. He was saying that if you release one hundred, hundred dollar note, you will get one thousand. See, openly, shamelessly, he was talking like this and he was saying one lady sent hundred dollars so she offered grocery so the whole grocery came to her house. All such things. It's unbelievable. How if you can really digest such things, I mean, just could bear it.



Instead of saying that you are all stupid fools, instead everything else. And he was brain washing everyone, quotation from Bible. You call them evangelists, isn't it, yourself? Evangelists. So they are the ones who make money out of Bible. So now when we have found out something very genuine, when we have got something so exceptional, unique which nobody knew about, it is our responsibility now that we have to give it to others in every way possible. And if you cannot do that and if you do not do it, then I don't know what to say because that shows that we did not react properly to the timings in which you are born, for what purpose you are born at this time. Very important to understand. You are born at this time to do something so exceptional. The timings are like that. But we have other activities we indulge into, get into other things which are our priorities. They all can be completely achieved if we just meditate ourselves. So I think I'll take you and leave today, tonight. Last night we slept about, I think, three thirty or four o'clock, not up at six o'clock and it's still travelling. I'll miss you. I'll miss you too. I've decided to have Ganesha Puja here. International Ganesha Puja will be here. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you.

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created be our my We're waiting for the past to say I'm all in the time of my life We're waiting for all that to say I'm in my own ship upon the nayash We're waiting for the past to say I'm waiting, waiting, I'm waiting On the time of my life We'll be waiting for all that to say I'm in my own ship upon the nayash We're waiting, waiting, I'm waiting On the time of my life We'll be waiting, waiting, I'm waiting We're waiting, waiting, I'm waiting On the time of my life to the best of the world. I'm a lady, a king, I'm a star, but you're not a man and I'm a man for me. Take it to the night and play I'm a man and play I'm a man and I'm a man for me. Take it to the night and play I'm a man and play I'm a king for my hands. At the video today, we have to know that truth is what it is. We cannot change it, we cannot inspire it. Unfortunately, at this human level of awareness, we cannot know it. This is the reason why in every scripture which is written that you are to be born again. Now whatever I'm going to tell you today, you are not to take Me for granted or not to believe Me blindfolded. We have had lots of problems with these blindfolded ways. But please keep your mind open like scientists and treat this as a hypothesis and if you find that whatever I'm saying can be proved, then you have to accept it as honest people because it is for your individual benevolence. It is for the benevolence of your family, of your spirit, of your country and the whole universe at last. Today I'm going to tell you about our evolutionary process. We have come to the human level but still we don't know the absolute truth. That is why there are problems of discussions, arguments, fightings, also wars. So we have to achieve another state above our mind where we can understand and feel the absolute truth. I say we have to feel it, meaning that we have to feel it on our central nervous system. Which in Sanskrit we call as Godh, from where the Vardhuta is, means to feel it on your central nervous system. It's not just I give you a big sermon or a lecture and you start feeling it. It is of no use. What we are seeking is what I am seeking. What is our self? What is the spirit? We are not this body, this mind, these emotions, these conditionings, these things, this intellect or your ego. Because for this you say, this is my ego, this is my feeling, these are my emotions, this is my body. So who is this mind which owns all these things? Now we have to locate that mind, that is I within myself, that is this body. So you are the pure spirit, that's the thing. The second thing is, you see beautiful flowers around you, we take it for granted. But don't you think it's going to happen? Who does this miracle? Who runs your heart? If you ask a doctor, who runs your heart, he says, autonomous person. Who is this autonomous person? Who does all these works of digestion and also of absorption? It is a thing that we take it for granted. We never even think how living through this works out. So the second truth is that there is All Pervading power of Divine Love. Of Divine Love. And this power does all these things. Also our evolutionary process was worked out through this power which is the All Pervading power of Divine Love. Now we have never felt this Divine Love before. And we do not know if it exists. But today the time has come for thousands and thousands of seekers and pros to feel this Divine Love, to be connected with that Divine Love. Is it all right? To be connected with this Divine Power, this All Pervading Divine Power, and this All Pervading Divine Power is waiting for us to be connected. Once you are connected with that power the union is the yoga, the spiritual yoga. It is not standing on your head for the all kinds of acrobatic things. It's yoga. Yoga is the connection with this All Pervading Power of Divine Love. This All Pervading Power of Divine Love is the one that has all living dual. We have never used the power of love. We have only used the power of that. But once you are connected with it then this All Pervading Power of Divine Love starts flowing through you. And you feel you have become a channel of this great power and you achieve many things through it. First of all you have been told about this power of Kundalini which is in the triangular bone. Now this bone is called as sacred that means the Greeks knew it's a sacred bone. The

awakening of the Kundalini is just like a threemule in the seat which has to go. When it arises from its seat and passes through six centers seventh center is below. Six centers when it passes it nourishes you. It nourishes your centers. It integrates your centers and ultimately it enlightens those centers. Most of the problems of this world come from human beings and all the problems of human beings come from the Sahaja Yoga of these centers. If you can put these centers right physically, mentally, emotionally you are once one. I must tell you in Sahaja Yoga now there are four doctors in New Delhi University who have got MD for curing diseases which are absolutely incurable. I very recently that cancer and all such diseases which cannot be cured because they are psychosomatic can be easily cured with this awakening. Another thing is when this light of the Spirit comes into our attention it is very surprising that we become aware of all the things that we are doing which are destructive. I don't have to say don't do this and don't do that. It's not the time to say that. But once you have the light you just take the things which are constructive for you. I give an example supposing I am a very obstinate person and there is darkness I am holding on to a snake and you come and tell me that there is a snake in your hand. I will not give up. I'll say no. Till it bites you. But supposing there is little light then immediately you drop it. So the enlightenment is the foremost thing that you ask to understand what are we doing? What is the purpose of our life? Science cannot answer the questions. Firstly science is limited. It is a model and cannot answer many questions. So we turn to religion. Of course all these great saints and incarnations and prophets came on this earth to establish within us religion which is a balance. But balance for what? Balance for ascent. Like if your brain has to ascent it must have a balance. So this idea that you must have a religion is very, very essential ascent. The problem is now take for example Christianity or Islam or Judaism. Christ and nomads are really great divine personality no doubt. Extremely pure. But they never understood what human beings are because if you read in the Bible the fifth chapter of Matthews Christ has said if you your heart is committing a sin thing if your hand is committing sin, cut it out. If somebody slaps you on one cheek, joint or other thing imagine if this was followed how many people in the west also in the east would have had their eyes and hands intact. The same thing happened in Ramaswami. First of all he thought that Christ can be very strict with men. So let us be strict with women. And he also used Shri Yaga, Shri Yaga as they call it which is another very difficult thing to follow because this Shri Yaga came to Jews by Moses. Moses when he came back with his step commandments he saw the decadent suicide of the Jews. So he said no, this is the scenario to follow which is very very difficult. Impossible. So I think the Jews gave it up and the Muslims took it over. But the worst is with the women. So to become a Muslim or a Christian or a Hindu or a Jew you have to have the capability and that is only possible if you get your enlightenment. If you are a self-dice person if you are really a twice-corner it's not like this like any brand like a Christian, Hindu, Muslim or twice-corner. It's just a brand. Anybody can come in, any sin. There's nothing immediately that is awakened by going to one particular religion or any other and that is the reason people don't understand that why in the name of God they are fighting why in the name of God so many men feel and now really just the name of God is used. But actually that what is described is not being established within yourself. With such a big human quality it was impossible really to follow these great people. Now in Sahaja Yoga the first thing you try to do is to awaken not only Me and to give Sahaja Yoga. You'll be amazed once you get your Self-realization you have the Self-knowledge in the sense you know all about your centers and also you know the center of others because a metaposome has become metaposome, a drop has become the ocean. Who is the origin? You can feel the chakras or the centers of another person on your fingertips. You can feel your own centers also on your fingertips. Mohammed Sahib has said at the time of resurrection your hands will speak and they will give witness against you which they will tell you most of the time. This is the time of that resurrection, Yama or if I call the last judgment. So again the judgment is like this that you are given freedom. If you want you can go to heaven or if you want you can go to heaven. This is the last judgment but it is your desire which is important. If you do not have the desire nothing can be forced on you because it is something that is your freedom which is to be respected. So the first thing that happens to you that your attention becomes absolutely innocent. Many people believe that their innocence is lost. It is eternal, it cannot be possible. Only there are some clouds. With this awakening the innocence comes out and a person becomes extremely innocent and his attention becomes devoid of all lust and cruelty. Automatically it happens. It is your potential immunity which acts. It is you who has all these glorified qualities. It's your own power which enlightens you by which you see yourself as to be something very much in the realm of divinity. As if you enter into the kingdom of God. So many miracles take place one after the other. In your lifetime that you are amazed how this has happened how it has worked who has said that who has guided you and gradually you start understanding that this is what I have achieved I am now in the kingdom of God. But you become extremely humble. You become dynamic and you always dynamic. I have known many artists in India who have become now world famous. Like you must have heard the name of Amzadar. You must have heard about the Deva Chodhi. There are so many scriptures in Kasti. All of them came to Sahaja Yoga and now to be a great artist. There are many painters there are many poets who have suddenly come out after their realization. All their potential starts manifesting. But they do not get it. With that the ego

of what they get is humility. They become extremely humble extremely dynamic at the same time extremely compassionate. Now when these sectors become absolutely clean you feel absolutely one with complete intuition. Otherwise normally what we think the heart doesn't angry or give up says no God has done it. But once you are ready and I show you you become completely intelligent and you get all the powers that you can give realizations to others you can give them peace and joy and you are the one who can transform others. It is something never happened before that you can awaken them completely. You can change their lives and that is how this is spreading so fast sahaja yoga. I was saying that in Russia I was surprised because they never believed in God officially they were bad. They never believed in divinity. They never believed in the higher life. That means they were like a clean slate they were not conditioned. They didn't have any conditioning and thousands and thousands of them got their realization. Best part of their sensitivity is that they did not believe in any false masters. They didn't take to any false masters. While in the West you know all kinds of people came from India of which are very much ashamed just to make money. How can you make money in the name of God? You cannot because God doesn't understand you. He doesn't understand you. Thank you. There is nothing to do with all this. This is your area not his. But when we start paying money for a good or for church or for mosque or this or that what do we do? We think we are purchasing God. You cannot purchase. You cannot organize God and you cannot purchase God. So you cannot organize people in the name of God. Automatically they get Now see these flowers. How they are automatically organized? You see a tree now I have seen a lot of what India so beautifully. How it is that every leaf gets the sun's rays and now all leaves have to fall down changing the color because it's the nature. Nature's play that they have to fall down to create nutrition like fruit for the tree to grow and allow this Mother Earth to have the sun's rays. It's all being planned and beautifully done. Except in the case of human being they will be able to come to you free level to choose from. Now when you start analyzing everything you are automatically connected. You have to go beyond this mind because this mind is a limited thing and that state is described in every scripture which we have to get. Now this is the power that connects you to the mains like we have this instrument here and it had to be connected to the mains otherwise it is useless. In the same way you are to be connected to that all pervading power of the wild Earth which is at hand which is very easy to than have. We are living all the time on the thoughts from the future and the past. If I say come to the present you cannot. The jumping on the cusp of the one thought that rises falls, another thought rises falls. On that you are jumping and you feel so sometimes tired, really tired because your mind is all the time thinking. But when Kundalini rises she elongates these thoughts and she establishes that pause where you become one with the present and the present is the reality not the past which is finished and the future doesn't exist. So you establish your attention in a state which we call as thoughtless awareness which is in Sanskrit is in Jara Samadhi. The second state when you start using these powers and understand the divine laws then you become doubtlessly aware. It happens to some people instantaneously but some people take little time especially the ways we start agonizing everything thinking about it. But if you somehow or other jump into that second state then you become doubtlessly aware. At that time your powers start manifesting and you are amazed at yourself how things are working out. You cannot achieve it. Then your attention which is enlightened wherever you put it, it acts. First of all as a result you are in the present, you are absolutely peaceful. Absolutely peaceful. Now My Mother says I must say 72 years now I'm going to but I don't worry. I'm planning now came from New York today only 5 o'clock and today only I have this program tomorrow again I'm going to Vancouver, tomorrow is the program goes on like this but to Me it does not matter because I don't think and in thoughtless awareness. So once you are in thoughtless awareness you get your inspirations and also you get your peace. You become a peaceful person. You don't shout, you don't get angry, you don't get your stress which is a very modern disease that has come stress. You just become extremely peaceful and you watch the whole game and such on. Because you are out of your problems you can solve them better also and there is a peaceful state where you are given all the help to solve your problems. Many people were surprised how their problems were surprising. They believe in God almighty. They may be going to church most or 10% but they never had this kind of experience and they are amazed how their problems are solved. Who is doing this job for them? All the angels are there and you feel that they are there. Now the time has come in and everything has started. But above all you jump into the ocean of joy, into the ocean of joy. You have seen those singers how they were singing with joy. Joy is simply welcome. Happiness and unhappiness are the two sides of one call. Like when your ego is pampered if you get it. When it is punctured you feel unhappy. But joy is something absolutely secular is enjoyed and this is the thing that is what we are seeking in everything. Whether we are seeking in money, in power in so called love or anything that joy you immediately start to feel that you have really jumped into the ocean. All this whatever I am saying is of no use unless and until you really feel it. And this is the only work if I have done about this is that this happening was done for one person one master and one survivor. But what I have done is this was that I have found out a way by which masses could be created. It should be en masse realization and the feelings. So it's a collective happening. Many people get their realization and then they get lost. This is their problem. You have to grow and for that you have

to come to collect the feeling. Coming to the collective you know each and everything within one month you will be masters. You don't have to pay for it. How much can you pay for this value of it? Only you have to respect yourself your self realization and you have to grow and forget about all the ideas of seeing and that you are so bad and you are so bad and how can you be? That is something is absolutely is of no use. So we have about fifty minutes more we need to get self realization. But I would request you that if you want to go away you can. If you don't want to have your self realization please leave the hall because it's only fifteen minutes but you will disturb others if you do not want to do what I have to tell you or what has to be achieved. It's very simple something very difficult sahaj also means very simple but sahaj means sah in its and sah in its born is with sah in which is born. Born with you is the right to get this yoga this union with the divine. So whatever said in the books in the scriptures you are amazed to see that it's all working out within yourself. Actually all these people suffered so Christ actually for three and a half years worked. The rest of the time he could not talk to people he had gone through with. Even Mohammed Sahib was given poison and nobody would listen. There is a poet in India Kabira will say, how am I to tell them they are all blind they say samajhaa no sahaja gaandha and this is what they felt their frustration of the day. So many of them really have been eating their lives very early, very very early and that is how they didn't know how what to do with it, how to tell them what's wrong with them. Because once you start telling them this is wrong, that is wrong they will just go but now a special time has come, I call it as blossom time when there are so many people who want to know the truth. William Blake has said it that men of God will be born in those days and they will become blind. Also they will have power to make others divine. He was a seer he could see that but people considered him to be a mad man because he could talk to people. Now for you you have this experience is very very simple and easy but this power of Kundalini is the power of pure desire. All other desires are not pure because today we want to have a house we want to get a house we want to have a car we get a car we want to have a helicopter goes on like this so we are never satisfied with what we have and he said in economics also that in general words are not satiable but this is the only desire whether you are aware of it now or not which is satisfied and this desire that satisfies you is the only desire which is pure. You may be aware of it or may not be and the desire is this is the one which is all-pervading divine power. Now this power of Kundalini is your own Mother like a tape recorder she has did everything about it she knows everything about it she she knows what you are aspiring what mistakes you are going to but she is the power of you like your Mother took all the trouble upon herself and gave you birth in the same way this Mother of yours which is your individual Mother gives you your second birth and it is remarkable how smooth this she was and how you get it I wish you all luck so that you all get your Self-realization again I will wait for a minute those who want to go can be the hall if we just take three minutes and see I'm so very happy that all of you want this Self-realization that means you are all great people great people on your way to become saints you don't have to change your clothes you don't have to do any of all these things it is inside that happens you don't have to go to Himalayas and stand on your head it just goes inside you see now there are three conditions which are very simple to do to run with you is very simple the first one is not to feel guilty about anything after all you are human beings and to earth is human you are not God's if you have done any mistakes it's all right you should have faced it at that time but don't carry on with it because actually what happens when you feel guilty this center here on the left hand side gets aching problem and you develop you can get into the disease which you call as angina could be spondylitis also could be lethargic organs so one has to understand that why should we feel guilty for nothing at all it's a myth why should we all the time try to condemn ourselves you are aspiring for higher life so please respect yourself and you are glorious please I request you not to condemn yourself for anything and do not think of I should say what sins you are committed moreover I feel that this kind of an attitude towards yourself brings you lot of unhappiness and sadness so there is no need to feel like you are not guilty contrary you should be very pleasantly placed towards yourself at this moment and forget all these things about sins you are not to confess anything in such a way there is no need your Kundalini your Mother knows everything about you you don't judge yourself she will be the one who will judge and she will be the one who will correct so you don't have to judge yourself and condemn yourself at all this is possible also in the west is a fashion to feel guilty for everything because there are so many norms that are made that even if they use a spoon or a spoon in a different way they feel guilty so one has to be really very light hearted at this time not to condemn yourself the second condition is that you have to forgive everyone this is another religion if you don't forgive then what do you do you torture person you play into wrong hands many people say it's difficult to forgive whether you forgive or don't forgive what do you do you don't do anything but by not forgiving you play into wrong hands so why carry on with this kind of a myth you torture yourself the worst thing is this center here on the optic chalmers like this absolutely constricted at the top if you don't forgive it won't work and the Kundalini won't pass so you will also miss the great opportunity of becoming the center so what's the use of carrying on with this mythical business of not forgiving is the easiest thing just you have to say I have to give everyone in general don't even think about it because it's a headache you think about something third condition is simple when you accept this too take out your

shoes because this Mother Earth helps you so much so if you don't mind please take out your shoes good luck please have complete faith in yourself that you are going to get your Self-realization I have mentioned to you don't doubt this I assure you in my lecture if I have said something that makes you feel difficult please get the lecture also now you know there are two powers left and right and these are different from each other so the left power is for the power of desire mundane desire and the right one is for the power of action so we put both our feet apart from each other because you don't have to pass now sitting down on your chair here you are going to get your Self-realization as I told you you don't have to go to Himalayas or anything no ostricating, nothing just have faith in yourself now please put your left hand towards me like that this indicates or symbolizes that you want to have your Self-realization it's the desire, power of desire now with the right hand you nourish your centers first the heart please put your left hand towards me on your left hand in the heart resides the Spirit Spirit is the reflection of God Almighty in your heart it resides but if you become the Spirit in the life of the Spirit you become your own guide, your own master so please take down your right hand in the upper portion of your abdomen on the left hand side your one thing on the left hand side here you have to say that you are your own master but that you can later on just now you put your hand now please take your hand right hand in the lower portion of your abdomen on the left hand side we are working only on the left hand side this is the center which gives you all the knowledge of pure Divine laws it's difficult to understand but later on you will know how it does now raise your right hand again in the upper portion of your abdomen on the left hand side then on the heart then in the neck in the corner of neck and your shoulder and turn your head towards the right I've already told you that this center is there gets to problems when you feel guilty and surprisingly today I think you all have problems but you don't now please remember you are not to feel guilty now raise your right hand on top of your forehead across and please put down your neck slowly as far as possible at this center you have to forgive everyone in general without thinking about it now please take your right hand to the back side of your head and push back up your head as far as possible at this point or at this center without feeling guilty without counting your mistakes just for your satisfaction you have to ask forgiveness from this all permitting Divine power please everyone should do otherwise you know you say I didn't get the vibration please now stretch your hand fully why is she like stretch your hand fully like that put the center of your palm out of the fontanel bone area which was a soft bone in your childhood now I'm telling you about the actualization of the Baptist it's not just I put some water here and see your Baptist but actualization means the cool breeze of the morning rose starts coming out of your fontanel bone area now rest back your fingers so that there is a very good pressure on your scalp now please bend your head and move your scalp with a pressure slowly clockwise 7 times bend your head bend your head push back your fingers don't move the hand so much as the scalp push back your fingers so there is a good pressure now that's all we are doing that's all now remember to put both the feet apart from each other left hand on your left hand sit comfortably, do not slouch or you just do not strain yourself, okay now you have to close your eyes until and until and until and until you please just keep them closed please put your right hand on your heart and please close your eyes here you have to ask a very fundamental question about yourself in your heart you can call me Mother or Shri Mother so please ask a question three times Mother am I the Spirit? ask this question in your heart three times Mother am I the Spirit? Mother am I the Spirit? ask this question I have already told you that if you become the Spirit you become your own guide you become your own master now please take the right hand in the upper portion of your abdomen on the left hand side here you have to say another question you have to ask me three times Mother am I my own master? ask this question now please take your right hand in the lower portion of your abdomen on the left hand side I have already told you that I respect your freedom and I cannot force the divine knowledge on you so you have to ask for it this second has got six petals so please ask six times in your heart Mother please give me pure knowledge of the Divine you have to ask for it as soon as you ask for the pure divine knowledge of the Guru this Kundalini starts rising up so we have to enrich our higher centers with our self-confidence so now raise your right hand in the upper portion of your abdomen on the left hand side and here you have to say with your full self-confidence ten times Mother I am my own master Mother at the very outset I told you that you are not this body, this mind this conditioning, this ego, this intellect all these emotions but you are the pure Spirit so now raise your right hand on top of your heart and ask say twelve times in your heart with full self-confidence Mother I am the pure Spirit this all-pervading power of Divine Love is the ocean of knowledge ocean of compassion ocean of bliss but above all it is the ocean of forgiveness and whatever mistakes you might have committed can be easily dissolved by this ocean of forgiveness so please raise your right hand in the corner of your right hand shoulder and turn your head to your right and now forgive yourself by saying sixteen times Mother I am not guilty I've already explained it to you that whether you forgive or don't forgive you don't do anything actually but when you don't forgive you play into warm hands at this moment if you don't forgive then this center and the optic chakra now won't open and you may miss out your Self-realization which is very important so please raise your right hand on top of the forehead across and put down your head and here you have to say not how many times but from your heart Mother I forgive everyone in general please don't think

about that hope you have to forgive just in general you should say Mother I forgive everyone now without feeling it without counting your mistakes just for your satisfaction you have to ask forgiveness from this All-Pervading Power so please put your right hand the back side of your head and push back your head here you have to say again without feeling it O Divine Power if I have done anything wrong knowingly or knowingly please forgive me say it from your heart not how many times but from your heart please say it now the most important center is the last center for which you have to say your palm free and put the center of your palm on top of the fontanel bone area which was a soft bone in your childhood now please stretch back your feet please now put on your head again I have to tell you I respect your secret I cannot force Self-realization on you so you move your hand seven times clockwise say Mother please give me my Self-realization you have to ask for it please bend your head please bend your head stretch back your feet slowly move your hand clockwise say seven times Mother please give me my Self-realization now take down your hands open your eyes please open your eyes please now raise both your hands like this towards me both your hands like this towards me now put the right hand towards me like this and bend your head and see for yourself if there's a groove or a halt please like vibration circle from your fontanel bone area please bend your head and see if there is a cool or a halt breeze like vibrations circle don't put the hand on top but away some get it much further some get it close now please put the left hand towards me bend your head again and see for yourself if there's a cool or a halt breeze like vibrations coming from your fontanel bone area if it is halt that means you have not forgiven yourself or you have not forgiven others so please do it now will you stop now try with another right hand once again bend your head and see with your left hand if there's a cool breeze or a halt breeze like vibrations coming from your own please open your eyes and put both the hands towards the sky like this please bend your head and ask any one of these questions three times first one is mother is this the cool breeze of the holy ghost ask this question three times or you can ask mother is this the all-pervading power of the mind love three times or you can ask mother is this the parama chaitanya is this the roof anything any one of these questions three times please ask now please put down your hands now put your hands like this and just watch me without thinking you can put on your glasses without thinking just watch me all those who have got cool or halt breeze like vibrations on the fingertips or on the palm or out of the fontanel bone area please raise both your hands please both the hands may God bless you I bow to you all because now you are simply nice and soft you'll be amazed how righteous you are and how simply please put down your hands thank you very much may God bless you but you have now come to our collective where you don't have to take anything or any food at the time but they will tell you how to meditate every day in the evening about ten minutes a night to grow how to be in thoughtless awareness to grow and as I told you to take no time for you to be masters for you to be able to be realization of yourself thank you very much Everyone what a realization I'm very happy with may God bless you you must please respect me it's very nice you will get the address of our center center any problems you have you can tell them you can write to me if there are any questions I'm sure they will be able to answer because they have been in Sahaja Yoga for so many days but in case you want to write to me also you can write thank you very much Hello we have a regular weekly meeting one in Vichysagar and one in Rondodow town for further information before you leave please get the address you can call us or you can write to us about your concern thank you I'm going to take the place with me you are going? no okay what they will do? will you have the favor? you have a chance I would like to take the floor then I go because everybody can stand up okay please feel your blessing thank you have a safe trip thank you guys give me I'll go have a safe trip God bless you thank you

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I'm a general practitioner and what's here I think you call a family physician. And I've been, I work within the NHS, I've been doing this work for about ten years or so. So if I could just pick up on a few of the Dr. Patrick remarks about the type of patients that we see and who we may think of benefiting from, complementary therapies. The most difficult part of my work is dealing with people with chronic illnesses, chronic distress whether it comes from physical or psychological or social problems, difficulties in life. Those are the patients that really pose the difficulties. And those are the people that maybe are going to benefit most from non-drug approaches. I've been interested in saggy yoga myself for about twenty years and that's, I'm mainly going to be talking about the research which is being carried out specifically into saggy yoga. But if you look through the literature about yoga and meditation in general, it's surprising how many illnesses, how many different conditions you'll find where there aren't published studies. Just to run through a partial list, there's hypertension, coronary artery disease, heart failure, asthma, osteoarthritis, diabetes, epilepsy, migraine, anxiety, depression, stress, chemical dependency and obsessive compulsive disorder. So I believe

in the US now, you have more patients consulting complementary practitioners than consulting conventional doctors and I think we're not far behind in Britain. So as I said, I myself have been interested in sagg yoga for twenty years and there are quite a number of doctors who have been practicing for that sort of length of time. When I first came in I was quite skeptical I suppose about the benefits to health, about the benefits to myself. But what really intrigued me were my own experiences. If I could have the first slide please. This is a diagrammatic representation of what we call the subtle system and this is mainly what Shri Mataji is going to talk about when she arrives. So I won't discuss it in any detail but just to say that I myself have experiences which relate to this system. The other thing which struck me and various colleagues was how many people who have been practicing yoga would come up to us without any prompting and say that their health had benefited in various ways. So I decided to undertake a questionnaire survey. I distributed questionnaires amongst the practitioners just asking them to report in the first instance whether they felt their health had improved or not. And these are the results. Basically those people with health index 4 or 5 reported that their health had improved. So the message of this slide is that in general the longer the people who had been practicing the meditation the more that they felt that their health had improved. And the sorts of illnesses that people would describe were not on the whole major life threatening conditions but the sorts of things I have been talking about. Chronic musculoskeletal problems, mean rate, asthma, minor psychological illnesses. So that's the first study. I'm now going to move on to talk about some research which has been carried out in the University of New Delhi. Over a number of years under the auspices of Professor Rai who as Dr. Katchek has already mentioned was here two years ago and gave a lecture. The first part of this research project was to look at the physiological effects of sarg yoga meditation. So the message of this slide is that as people meditate, galvanic skin resistance increases. And as people learn sarg yoga over the course of 16 weeks the baseline if you like also increases. Blood lactic acid concentrations decrease. Urinary VMA decreases. Systolic blood pressure decreases. So to summarize the physiology we can say that it's all consistent with the reduction in sympathetic nervous activity. Other observations were an increase in alpha activity on the EEG and in a separate study at McMaster University it was shown that beta endorphins rise whilst people are practicing. Moving on now to a number of clinical studies. First is hypertension. This is a study in which 15 hypertensive patients were followed up for 16 weeks. As you can see the diastolic blood pressure fell from an average of just over 109 to 86. I'm sorry. And the systolic blood pressure that fell from about 170 to 135. And this was despite a reduction in medication amongst the sahaja yoga group. So essentially a group of uncontrolled hypertensives where their control was improved and yet their medication was reduced. In asthma, 9 patients again followed up for 16 weeks. This slide shows a significant improvement in lung function and there was also a reduction in the number of acute asthma attacks. Again, in most cases there was a reduction in the medication taken. Third study was on epilepsy. 10 patients followed up for 6 months and over that 6 months the average frequency of the attacks was reduced from over 4 to less than 1 attack a month. And 3 patients had stopped having attacks altogether. So those were all fairly small and fairly short studies done in India a few years ago. They've all been replicated in Australia. There's currently a research program underway at the University of New South Wales and they are moving on to do larger and more rigorous studies. So that is my presentation. We're going to move on now. I'm going to ask Dr Ashish Pradhan to come. He is a clinical pharmacologist currently working for Bristol Myers Squibb in Montreal where he's the project manager of health outcomes and economic evaluation. So Dr Pradhan. Thank you. Dr Pradhan. Dr Pradhan. Okay. Dr Pradhan. Very, very succinct and brief presentation regarding the studies that have been conducted so far in Sahaja Yoga. What we are going to try to do over the next 10 minutes or so is to take a very quick, very brief overview of the subtle system to which he alluded and about which you shall be hearing in further detail and with a much more wonderful presentation from Shri Mataji herself. But as a background to what we are going to see just now and what you are going to hear from her, perhaps it would be pretty useful just to know what the subtle system is about and what kind of role does it play in our body and what kind of effect would it have on the health outcomes vis-à-vis the model of Sahaja Yoga. We are also going to see very briefly some epidemiological evidence regarding some of the hypotheses. So what we can at the present moment certainly regard as hypotheses regarding the etiology of certain things. The causal relationship or the causality assessment as we specifically would do in more rigorously controlled studies is certainly an issue where you deal with the whole paradigm of meditation and its effects on health. But what we have tried to do here is based on what Shri Mataji has been saying for the past 30 years, we have tried to get from the available medical literature whatever evidence may be available to see if we can find evidence that kind of conforms to those hypotheses that Shri Mataji has been talking about for the past almost three decades. So we shall come to that in the latter half of the presentation. So this is the overview of the presentation. We shall be taking a look at the subtle system. We shall be looking as to what is the etiology of disease according to the model of Sahaja Yoga. Then we shall be looking at the epidemiological evidence and we shall be concluding with some key messages. So the subtle system is composed of what are called in Sanskrit as Nadi's or channels of energy and they correspond basically with the autonomic

nervous system. Then we have the centers which are called as Chakras and they correspond with the nervous plexuses. Finally we have within each one of us situated at the base of the spine, the triangular bone, a residual garment energy which is called as the Kundalini energy. So for the purposes of introduction these are the three most important components that we have to bear in mind. The Nadi's are predominantly again three in number. On the right side we have what is called as the Ida Nadi and this side governs our emotions and it corresponds to the right sympathetic nervous system. Then we have the left side on the Pingala Nadi, sorry I have got it, the Pingala Nadi which corresponds to the right sympathetic nervous system, sorry that's a Thai Gopin and that part governs our actions. And then finally we have the Susumna Nadi which is the parasympathetic, which corresponds to the parasympathetic nervous system and this governs our evolution. The Chakras are predominantly seven in number, we shall quickly run through them. At the bottom we have what is called as the Mooladhara Chakra which corresponds to the Oxygen plexus. We have the Swatishthana Chakra which corresponds with the Aortic plexus. We have the Manipura Chakra which corresponds with the Celiac plexus. We have the Anahata Chakra which corresponds with the Cardiac plexus. We have the Vishudhvi Chakra which corresponds with the Survival plexus. The Agnya which corresponds with the Optic Thiasma and the Sahasrara Chakra which corresponds predominantly with the Limbic system. The Kundalini is basically as we just said is a dormant residual energy and it is the instrument of our self-realization through its ascension and establishment of union or yoga. Yoga as Shri Mataji has said is basically the union. So when the union takes place we say that the real yoga has occurred. So in other words what it basically alludes to is the fact that yoga in the classical sense has got nothing to do with physical postures or those kind of calisthenics. But it is an innate internal happening and it is basically the occurrence of the union. And the Kundalini energy is the instrument through which this union can take place. So what is self-realization? It is the upward ascent, if one could define it, it is the upward ascent of the Kundalini energy through the certain centers and establishment of the union through the All-Pervading Divine Power. It manifests, and this is extremely important, it manifests as the flow of a cool breeze which in Sahaja Yoga we call as vibrations, from the palms of the hands and from the top of the head. Let us try to take a look as to what is the ethiology of disease in Sahaja Yoga. Basically we have to then define what is a health state, what is positive health according to Sahaja Yoga. So it is basically we can simply characterize with three conditions. No blockages on the chakras or on those energy centers. A harmonious and steady flow of the cool breeze through the palms of your hands and from the top of the head and a state of complete balance within the subtle system. So when the internal system which is within us as Dr.Spiral alluded to and which we have just taken a brief look at, if all the elements within that system are in perfect harmony, are in perfect balance, then we say that that is positive health. So obviously disease would be a disturbance in this state of balance. So primarily the cause of disease according to Sahaja Yoga is an imbalance in the subtle system, secondary to blockages in the chakra. This is a very simplistic kind of a mechanistic model of understanding disease through Sahaja Yoga. Now if we have to understand what is the causal relationship between imbalances as we keep on repeating ourselves and disease manifestation. So if we have to understand that, then we have to understand, we have to look at just some of the hypotheses that Shri Mataji has been saying over the years and we are going to examine just three of those hypotheses for which we have found kind of evidence in the literature. These are not studies that Sahaja Yoga has conducted as compared to what Dr.Spiral alluded to. All of those were studies done by Sahaja Yogis. These are studies which are available in the literature and they were retrieved through the search of medical databases like Medline. So basically the first hypothesis is excessive and inappropriate activity of the right sympathetic nervous system, which is your Pingala Nadi on the right hand side, leads to a direct effect on the heart center. Let us just take this hypothesis as it is at the present moment and examine how it pans out. So basically when we say excessive and inappropriate, it means that if a person is more likely by nature to get angry pretty quickly or has increased hostility within him or has a kind of a domineering nature because the right side governs our actions. Yes, we need to perform our actions but actions have to be tempered with compassion, with the right quantum of the emotional input. Otherwise it tends to go into a system of imbalance. Let us keep in mind that due to the constraints of time we cannot go into too many details but this is a simplistic notion of what excessive right side activity would mean and its effect on the heart center. Bearing that in mind, the first study was the ARIC study published by Williams et al in Circulation just a couple of weeks ago. The investigators were from Duke University and from Johns Hopkins University here. The design was a prospective study of 13,000 individuals for over five years for the association between anger trait and the risk of combined cardiovascular events and heart events. So called soft events were incidents of angina, non-fatal myocardial infarction as compared to heart events like acute MI and CHD or tardisic and triclobutamine. Basically the patients filled out a questionnaire and kind of identified whether they had an anger trait, whether they were more likely to get angry relative to some other people that they know, that they did not lose their temper that fast and so on and so forth. Once their baseline was measured, this was a part of atherosclerosis risk in community study which was done all over the United States. The results, if we look at the odds ratios and I presume most of us are aware of what odds ratios



are, it is the likelihood of the event in the, when you take a ratio of events occurring in a particular group which is an exposed group, which is a group of interest and the denominator is different groups. So if you look at the odds ratios, for high versus low anger, it is 2.2 and the 95% confidence interval which means statistically significance can be attributed to this study and they range from 1.36 to 3.5 which means if you are a person who sees himself as getting angry pretty fast as relative to someone else, your chance of getting a fatal MI or a cardiac event is between 1 to 3 times as compared to someone else who does not apparently have that trait. For heart events in fact it was 2.6 with a confidence interval of 1.4 to 4.9. The second study was done in Portugal by Coelho and colleagues and it was published in the Journal of Cardiovascular Risk last year. It was again a case controlled study where cases of acute market infarction were compared to controls and what was found out is again cases of AMI versus controls, type A behavior was found to be a significant predictor of acute market infarction and it was also found out that they have significantly more depressive symptoms. So basically what this kind of goes to suggest is that within a psychosocial construct of an individual there was some kind of an imbalance and anger is an emotion that is predominantly controlled by this center which is called as the Agnya Chakra and it has like we said in the first, as we started off by saying in the hypothesis, indirectly affects your heart. Further evidence with this regard comes from this American study which was published in the American Journal of Epidemiology was conducted out of Willingburg Lake in California. Again it was a prospective cohort study, 2200 men over a 9 year formula and the odds ratios are men with hostility scores in the top quartile had an all cause mortality of 2.3 with a 95% interval of 1.4 to 3.5. Cardiovascular mortality was 2.7 with a CI of 1 to 5 and the last study in this category that we are going to see was published in the cycle journal of psychosomatic medicine by Gallagher and Conings. This was again a random sample cohort study and if you look at the odds ratios the predictive value of a low anger out score of ischemic heart disease events was 1.7. Again it was a statistically significant outcome. In this study what they did was again the patients had to fill in the question there like anger in, anger out, do I express myself when I am angry etc. So basically these studies kind of show us that out there in the world of epidemiology we are now kind of beginning to find evidence which might lend support to the freedoms that imbalance within us especially mediated through mechanisms like anger or hostility may have deleterious effects on cardiac events. Now all these studies that we have presented were done adjusting for traditional cardiovascular risk factors like smoking, hypertension, obesity, diabetes etc. So in a multiple regression model for example even if you adjust for those factors these factors like anger and hostility stand out as independent risk factors for cardiovascular disease. The second is anxiety or insecurity predisposes women to an increased risk of breast cancer. So this is not incidents of breast cancer agreed. This is breast cancer patients who have been followed up over a certain period of time. And the primary outcome variable here is whether or not they are responding to the same risk of breast cancer. So this is not incidents of breast cancer agreed. This is breast cancer patients who have been followed up over a certain period of time. And the primary outcome variable here is whether or not they are responding to different health. And the results are quite fascinating. The HADS score which is the hospital anxiety and depression score both depression and anxiety were significant independent predictors to chemotherapy. So women who had very high scores of anxiety and depression had a higher likelihood of having recurrence secondary to chemotherapy or failing to respond adequately to chemotherapy. The last hypothesis is we as Swamantaji explains very beautifully that after marriage because marriage is also the spiritual union between the husband and the wife both of them complement each other's state of health. So if the wife is having some kind of problems it does reflect in the husband's health and vice versa. So it's an absolutely complementary relationship between the husband and the wife which also means that behavior of one affects the behavior of another. One would say why do you need a study to prove that? But this study was carried out at the University of Utah under experimental conditions agreed. And what they did was by Brown et al. it was a randomized controlled trial of 45 married husbands in a trial setting to assess whether the perception of spouse or dominance can predict blood pressure reactivity. And the primary outcome was systolic and diastolic blood pressure and we found that, sorry, the results stated that subjects interacting with the spouse perceived as dominant was associated with having a higher blood pressure like both the systolic as well as the diastolic components. So what are the key messages? Psychosocial factors are emerging as significant independent risk factors of disease. Sahaja Yoga presents an excellent model for explaining the role of these risk factors in terms of a possible etiological role. For example, when we say that there is an existence of some kind of an internal imbalance. Sahaja Yoga therefore affords a critical alternative for management of these diseases through a simple and effortless program of correcting these internal imbalances. How that happens, how it all works out is something that you will find out. Misha Mataji is here and she will speak to you. But what we want to say here to these studies is that basically that there is this kind of an evidence out there and though we know that these relationships might exist between these kind of risk factors and heart outcomes, how do you cure? There is no pill that's available, there is no methodology that can account, there is no procedure that you can undergo in order to have an effect on these kind of outcomes. It basically calls for setting right your

internal imbalances and maintaining a state of positive spiritual health which then has an absolutely salutary effect on the physical health and this is where Sahaja Yoga can present its. Our next speaker is Dr. Brian Wells. He is a psychiatrist for profession, he is a consultant psychiatrist who practices, specializes in addictive medicine. He is based in central London and has an international private practice. He has lectured at many international conferences and he accomplishes very widely. Dr. Brian Wells, thank you. Good evening, my name is Brian Wells as Dr. Pradhan mentioned. I would like to thank Dr. George Patrick very much indeed for allowing us the opportunity to come here tonight and also to thank you all very much for coming. I appreciate it. It's well past the working hours even though Dr. Spiro and I are operating on UK time which is well past working hours. Congratulations for coming. I know that you are all eagerly awaiting your items too much and I can assure you, you are not going to be disappointed when she comes. We have heard a fair bit about some of the science around Sahaja Yoga and some may be feeling that this is still very rudimentary and one of the reasons why we are eager to present this evening is because we want to actually demonstrate via properly methodologically sound research that the teachings of Shri Mataji actually have a great deal to offer and that they are based on a scientific basis albeit presented in language that some of us may not be aware of. Some of the words like Kundalini, Chakras, Nadi's, etc. may not be familiar to all of us. They certainly were familiar to me as an allopathic trained doctor who in the late 1970s found himself having to become abstinent from alcohol and drugs and go to 12 step meetings. I am sure you all know meetings like Alcoholics Anonymous and Alcoholics Anonymous, etc. Eventually in 1980 I managed to get clean, get sober, go to AA, did my 90 meetings in 90 days and all that. As you may know the 12 step fellowships have a leaning towards spirituality. They are not religious organizations. There is quite a lot of talk about power greater than oneself and the knowledge you understand. As I was progressing through my own recovery I found myself actually looking out for things that made spirituality more meaningful. I tried going back to religion, I tried looking at different types of meditation, some of which I was very attracted to and some of which I wasn't. It was a very personal issue. Being someone who was interested in altered states, in chemical experiences, etc. What I needed was something that was experiential. I found if I sat in a lotus position or a yoga position, for me it didn't really do a whole lot. I was somebody who needed spectacular experiences. In 1982 I met an Indian doctor who I was working with. I was a junior psychiatric doctor. I sat down and had lunch with him and asked him what he had been doing. He said he had been traveling in India and he had met a meditation teacher. When he touched her feet he was plunged into this state of oneness and pure joy and pure knowledge. He felt this cold wind rushing through him. He was in a state of pure joy. To an ex-drug using psychiatrists he was looking for some sort of spiritual direction. This sounded kind of interesting. I said, do you have to be Indian in order to experience this? You certainly had to be Indian in order to understand the terms he was using, like Kundalini and chakras. I have to say that in my own quest I wasn't really a hippie. I never got to India. I would run out of money by the time I got to the airport. I never quite did the Indian trip, which a lot of other people have done. But I found myself interested. I liked this guy. He had something about him that was appealing. I was certainly interested to try this out. I was trying out all sorts of other things. Why not this? He arranged for a couple of people to come round to the hospital where I was going. I had to be on duty that night. They stood behind me. They had a photograph of Shri Mataji and lit a candle. I looked at the photograph and they stood behind me and seemed to wave their arms around and mutter things which I now realize were Sanskrit. They were the same mattresses. I sat there waiting to be plunged into pure joy and knowledge and oneness and ecstasy. It didn't quite happen. What I did feel was this cold experience starting at the bottom of my legs, working its way up my legs and stopping at the base of my spine. I was convinced that there was a draft coming under the door. They said, no, this is the sort of thing that people experience. People have different experiences, but people by and large do have some sort of physical or physiological experience. They then said, well, it started if you just meditate and by meditation I mean just looking at the photograph, using a candle and just achieving a state of thoughtlessness. This will just happen for you. You don't have to do anything. It will just work itself out. They left me with the photograph and with the candle. I have to say I was a little disappointed. I was hoping for a thunderbolt to come through the window and enlighten me with oneness with God. That hadn't happened. After I'd gone, I did know that something had happened. It was something that was totally free. Nobody had asked me for any money. It was also something that I knew in my heart was perfectly safe. This was not going to harm me. There was no question I had to wear funny clothes or eat strange food or do anything that I felt uncomfortable with. The people who'd come around and see me, they were working. They'd come around after work. After a normal day, they were doing one. One was a computer expert and the other was his wife. There was nothing odd about them. They didn't have weird beads on or anything. So I felt completely relaxed. After they'd gone, I became aware of this. It was as though it was a bubble of air that was following me around. It was sitting on top of my head and following me around wherever I was. I was also aware that my visual perception had changed slightly. I remember looking at the on-call room I was in. It had a white porcelain sink with a bar of green soap. It wasn't my soap I had to wear, but somebody left a bar of green

soap. It slightly stood out. It was as though I'd taken a small dose of mescaline or something. I was aware that something odd, but something very good had happened. I was on call in this busy hospital. I went to sleep and just slept. My pager didn't go off. I wasn't disturbed. I woke up the next morning and I felt very relaxed indeed. The next day, I had to run around London doing all sorts of things. What I found was really quite odd. This may sound a little cosmic. It may sound as though I need a little anti-psychotic medication. That's fine. But this is what happened. Whenever I drove anywhere, the lights seemed to be green. I just flowed. I had to go on the underground on the subway system in London. I just seemed to walk in. There wasn't a line to buy a ticket. I'd buy the ticket. The train would come in. The doors were open. I'd get on the train and go. Instead of waiting in line for more hassles that I was used to, I seemed to be in touch with some sort of synchronicity. Things were just flowing and things were effortless. I was very conscious that this was unusual. It was a strange experience for me because I was used to having a hassle and having to fight my way through London and work hard to make things happen. I think we'll just pause for one second because Shri Mataji is here and the stage is a bit dark so she needs to lead the way over to the stage. I'm just going to stop and then when she's seated, I'll carry on for a second. It seemed to flow, this cool business that was referred to earlier by the previous speakers, it just seemed to flow and it made me calm down. It worked very well actually in conjunction with my 12 step program. What I was impressed with was that there was no money involved. I didn't have to do anything strange. I could carry on working as a doctor in a busy western city. If I just practiced this meditation as was gently suggested to me and did little things to help myself clear up such as put my feet in warm water in the evenings. That felt pretty strange sitting with my feet in a bucket of warm water with salt in it but actually it made me feel a lot better. For me what I really liked about it was that this was experiential. It wasn't some academic process, it wasn't something I had to sit and read, I didn't have to learn Sanskrit, I didn't have to do anything other than just experience what was being suggested. I gradually began to meet Shumataji and go to meetings where there were large numbers of people. What really struck me about this is that when there are large numbers of people who are all actually utilizing this energy, then the whole thing actually becomes a very powerful experience because there are energies involved that Shumataji will describe. When there are groups of people doing it together there is a collective accumulation of energy and the whole thing becomes extremely powerful. So I went to a large meeting quite early on and I came away after a couple of days of meditation and larking about and dance programs and theater and things that were put on. It wasn't very joyful. It wasn't a sort of intense let's all sit down and meditate for 24 hours, the sort of experiential stuff that I had kind of ventured into previously and encountered groups and this and that. It was all very joyful and the thing that struck me was that Shumataji by herself was full of joy and she would be describing these very complex processes and there would be laughing and there would be a joyfulness and an innocence and an almost childlike state that folks seem to be in. As well as this extremely powerful experience of the meditation and what that meant for me was when I sat down after one of these meetings I just wasn't thinking. I felt totally calm, completely relaxed and when I did think, every thought I had was spot on. It was pure. I knew it was accurate. I knew that I exactly knew what was going on with my patients and I just had this confidence that when I was feeling like this, which wasn't the whole time, it was after, it did involve doing some work to achieve this state, but when I was in that state, which was a wonderful calm state to be in, I knew that every thought I was having was some form of pure knowledge. It was quite extraordinary. This all happened to me about 18 years ago and since then things have evolved. I now use Sahaja Yoga as part of my practice. I work a lot with addicts, alcoholics. We find an awful lot of people get involved in Sahaja Yoga and their desire to use drugs, to smoke cigarettes, to drink alcohol simply melts away. We don't do intensive counseling. We don't give them detoxes. Some people need to go away and have detoxes and when they come back they find that the balance that was referred to earlier, the state of well-being that was referred to earlier and the flow of energy, particularly when it's done collectively, just seems to lead people into a state of well-being and leads them into a pathway that seems to be in their own interest, which has been very much my own experience. So I found that my career has come together. Life makes much more sense. It absolutely complements everything I was heading towards anyway. It's helped with things like one's value system. One suddenly discovers that driving around in fast cars and things doesn't seem to matter quite so much when this is there as a way of spending one's evening. So hassling around and wheeling and dealing with stuff just didn't seem to make a whole lot of sense. So for me and for a lot of the patients that I've treated subsequently, I'm in no doubt that Sahaja Yoga is based on a scientific basis and it does need to be researched and we need actually to get a lot more data than we're able to present tonight. It's an experiential process. It's not academic. We actually feel physiological cells moving around. We actually feel ourself and we feel energy shifting around in our body and hopefully our technology will allow us to experience some of that this evening. Sahaja Yoga is a complete formula both for prevention of illness, for the diagnosis of illness and for the treatment of illness. It's also entirely free and there are other forms of meditation that aren't. There are other forms of meditation and healing where people are making a lot of money out of traditional spiritual techniques. And for me being free and being

something that wasn't forced on me, being something that's natural, gentle and joyful is important. So ladies and gentlemen, I'd now like to introduce the teacher of Sahaja Yoga, the founder of Sahaja Yoga, the person who actually has evolved and developed this form of meditation. I know you're all very pleased to welcome Shumataji Nirmala Devi who is here with us tonight. Shumataji Nirmala Devi, At the very outset I would like to thank the National Institute of Health for inviting me to speak to you people about Sahaja Yoga. Today I'm going to tell you the secrets of medicine. So far whatever we have known in the medical colleges or whatever we have known, there is something beyond it which we should know and utilize our knowledge for a great deal of advantage. Sahaja, Sahaja is with enjoy, he is born with you. With you he is born this right to become self-realized. Yoga is the union with the Divine Power. We have heard about Divine Power in all the books, scriptures, but we have never experienced it. We don't know if it really existed or not. But the time has come for us to experience that. Also in the medical science we know quite a lot about sympathetic neurosystems. But we don't know much about parasympathetic and its control. So the secret I'm going to tell you is how to control your parasympathetic effects. I will not tell you what is parasympathetic and how it works. But then it controls and it balances all the activity of the parasympathetic. If I say there is a power placed in our triangular bone which is called as x, you may doubt that. But this triangular bone is called sacrum, it's a sacred bone, that means the Greek new about it, it's a sacred bone. In this bone is placed in three and a half coils, that is also mathematical, three and a half coils, a power, which is made of milliplets. And which is the one, what we call, is for our ascent, for our last breakthrough. After human awareness, if we had achieved everything in our evolution, there would have been not all these problems. So many problems exist as we know, on individual level, on collective level, on every type of level. Why these problems should be there if we are really fully aware, involved? But we are not. There is something really has to be happened and for that our Creator Himself has placed this power in our triangular bone. Now you need not take My talk as granted, but you should experiment, as all experts do, you must experiment and see for yourself if there is this power or not, if it works or not, does it does not? No giving about it, it's absolutely scientific, absolutely scientific. And once you enter into that arena of secret science, there will be a means that there is so much to be known about ourselves. Now all the scriptures have said that you should know yourself. For us it is some separate subject, not for doctors. It's some sort of a religious subject that you should know ourselves. After all, we are a human being. Now of course we know that there is a doctor for one eye and a doctor for another eye, but this is we are going towards the unity. Unity as a human being, unity as all the movements, all the world, how do we do that? Is there any way of connecting you to that area of Divine power by which you all become like that? For example now, there's a small little piece, doctor has fixed for me here and I am talking to you all. It never happened when I went to college, it was never so, but now it will happen. So the new future, uh, medical science has to understand what is parasympathetic, what is this Kundalini I am talking about, what is the function of this Kundalini, how it works. Now it is like a primule in a seed which sprouts, which sprouts and then it grows into a tree. Firstly, whatever is your seeking, if you have not known yourself, seeking is, may go on and is going on in this country as you know, like a mattress. All your seeking must come to an end, otherwise it has no meaning, waste of life, waste of energy. How can it be that it can be finished is a very, very simple thing. Within you lies this power, whatever may be your color, whatever may be your nationality, your religion, whatever, as long as you are a human being, this Kundalini is there, quite ready to be ascending. It ascends automatically, just like a seed has a view which ascends. You don't do anything. You don't have to stand on your head, nothing of the kind. It is there, so it also means spontaneous. It works out spontaneously. So, it is spontaneous. You all have this power within you and only thing you have to experience this. This rises, this power rises, passes through six centers, I think they have shown them here, and pierces through your fontanel bone area, which you know what it is, I need not tell you, and then pierces through and becomes one with this all-pervading power as this instrument is connected, you also get connected. Without connection this has no meaning. In the same way we do have no meaning, we are going here, there, there, there, there, but we are not yet knowing the truth and the truth is that you are all going to be the Spirit. Now here we come very close to spirituality and to the eternal. Not to be afraid of it. It is a part of the same relationship. It is a part of us. We can't live without the grace of this Divine love or we can all-pervading power. Of course it is not mentioned in these and at least in any one of the books that you might have read, but it is a fact. You have to see for yourself. Don't deny because it was not in your hopes or you have not learnt it from any point of view, but try to see for yourself if it is so. Because how beneficial it is. First of all, all these centers are responsible for your physical, mental, emotional and spiritual being. Now you see there is one psychologist, another is a doctor and they will do all that because we don't know anything about psychology. I always tell you that your psychological, all these knowledge is like a child's knowledge. Then the right side which is, I should say, is the knowledge of the body, of the body in the physical self and also the mental self is also not good. What you know is outside of your position. For that what you have to do is to first of all get your realization. That at least you should have. Nothing happens to you. There is nothing to be frightened about. There is nothing to doubt about. You all have to have your self-realization, that is the self-knowledge. Once you have your

self-knowledge, you know all about your chakra, on your fingertips you can feel what's the problem with you, what's the problem of another person. For example somebody has cancer. Now he has to go through such a lot of rhythm and old, to dilute the whole thing. Sometimes people die during that time. But it's only on your fingertips you can say what is the disease the person has. On the fingertips. Because you are entitled, you are empowered. But first raise your powers and become that and talking about becoming and nothing else. Unless and until you become that, you won't understand what is the gift of the Divine to you. Once this Kundalini arises, she enlightens all the centers. She integrates all the centers. Apart from that she looks after all these centers. For example I will give you a piece of cancer. Now what we know about cancer is different doctors for different things and all that. But it's very simple. Very simple. You have said, you have left side and right side of sympathetic nervous. Now I don't know in the medicine how far they have gone but when I studied they thought both are just the same. They are not. They are two different systems. One works for the other but in a way it is opposite. So it's complementary. I'll show you now supposing in my hand I'll show you. This is one center coming from the right side, another center from the left side and you put them together. Now this is the spinal cord system for you. Now when you work very hard you are working your right side very much, right side sympathetic very much and you are exhausting your energy in the center whatever it is. Suddenly your left side just breaks. Why? May be some shock, may be some accident, may be anything due to the sickness it breaks. Now it breaks means it has no connection with the center. That means it is on its own. That's how many months it starts. Very simple as that. Now supposing by any chance, by any chance you could raise the Kundalini and push it through both these ends then it turns into a problem. That's how cancer can be cured. Of course Sahaja Yoga has cured cancer. All kinds of cancers it has cured. But we don't want to become doctors, you see. We don't want to do doctor's job, that's your job. But we can tell you how you can cure so many people. The way I got this doctorate on paper I read about one chakra. So because in a short time I can't tell you everything, it's the Swahishtanta that shows you. In the second chakra I read. Chakra is the center, in the subtle center which talks out of your third center that you call as Nabhi chakra. And it starts moving like a lotus orgy. This is the one which looks after all the organs in the spina. This chakra is a subtle one. Of course you may not see the dissection but it is there. Now when it starts moving like this, what happens is that you get too much on one side. Suppose you are working very hard here, then it has to go too hard. If you are thinking too much, we never think how our brain is given energy, from where does it get energy. It is through this center our brain gets the energy. I mean the brain sense, the brain sense gets the energy from this center. Now this center is working very hard so it, and when it starts thinking too much, people who think, think, think, think, think, what happens to them is a simple transfer of energy we should say and this Swahishtana chakra becomes attentive only to the brain. It also looks out in your liver. It looks out in bacteria, it looks out in your spleen, it looks out in kidneys and also the artificial cells. I would say the whole of it is that. That's the job it has to do, this poor one center. Now when you think too much, what first thing can happen to you if something goes wrong with your liver? Now the liver as a function as you know, is to take out all the heat of the body, heat of the body and deliver it into certain ratio of blood. Now that heat accumulates it cannot do it because liver is fading. As a result what happens, this heat starts moving upward. Now this is not in the medical news but I understand, starts moving upward. According to us there is a center, we call it right heart, the right heart, the very important center which we have left out right hand center of the heart, there are three arms. The right heart is connected and you can make Astha mind. Astha mind absolutely pure, 100% pure. No doubt but you have to take to Swahili, that's all. Then this moves from here, the heat goes to the heart. Now when a boy is young, twenty-one year old, twenty-two years of age, is playing tennis and also drinking too much, then what happens that his liver goes out completely and maybe he gets such a massive heart attack that it is fatal, you cannot save that child. But this process goes on and sometimes people get massive heart attack later on. So this is the heat process which goes say from here and moves to the pancreas. You get out also this pancreas affected, you get diabetes. Diabetes is also in store of you to become a serving thing that you. Then it moves down to the kidneys and you get foundation to the kidneys and the kidneys stop. One general, then heat also as I told you goes to the spleen. If the heat goes to the spleen only then it's what we call blood cancer. I shouldn't say but we have cured many blood cancer patients and mostly architects and chartered accountants, all such people get this blood cancer. They are cured. For the last ten years they are living well, they are alright. But we don't cure, we don't want to cure. You have to cure, you have to die, that's your job. I can only tell you what you have done. Then your intestines are affected and you become a super-paradigm. Very constipated person, always constipated. In the common human being, constipated. With this one center settling down with the Kundalini movement, all these problems can be solved. You won't believe, see now, before this if I tell my grandmother that people are going to the moon, she will say, I have not first met her. How can I go to the moon? Now you know it is true. So it's a very fast happening I should say. I call it the jet Kundalini in modern times. And it really works then, it's surprising. Now this happening of one center is so important. There are so many diseases which can be cured if you can look after these centers. Except for two which I will say is one is this. Eats. Because they can be cured but they are extremely

arrogant. And they think they are doing a martyrdom, they are martyrs. How can you talk to them? There are some big things like that, the silhouette of themselves. You cannot talk to them. Then another is the almighty. That's another disease which you cannot attend to. Because this comes to people who have been just like killers in their lifetime. They are very aggressive. These people when they get this disease they become even worse. They may even abuse you, they may say everything, they can't get up and hit you but they will say everything that is possible under this disease. So you give up your hopes about that and you say we don't want to have all this abuse. Not that they cannot be cured I mean but it's little too much. Sometimes it's too much to attend to them. I tried on three people then I gave it up. Because when they started abusing me and all that I was surprised that they couldn't receive any vibrations of it. So I said this cannot work out for them. So one has to be humble about it. If you think they have known everything it won't be enough. One thing. Another thing you have to be extremely honest. You have to be honest. You have to be honest to yourself and honest to the knowledge of Sahaja Yoga. It's all for you absolutely, the best that can happen. Now I was told that in this institution you have lot of research for you. I would love you people to do this research also. All of them. All the rest of the gimmicks people have done. All the best. It has not at all scientific in no way. For this you don't have to do much research. Because you raise up to the linear of one person and you will see there is something. It's a tremendous power within. But we don't know our value. That's what we said you should know your value. We don't know what we have. What powers we have. What we can do. Not through book knowledge but through the knowledge of the Divine. So how when we come to that we understand that spirituality and good health, everything is to you. So as a result what do you get? On your fingertips you can feel the centers. Five, six and seven. Just like that is five, six and seven. The right thing. You can feel it. Where is the problem? There is no need to take them to the bar, sing them to a As we are not in this way we can't do this. That's the simple thing about it. And I wish as you have been so kind to be here, you learn what's there. You don't have to pay. There is no problem. Like so many people have suggested that and have written books that if the Kundalini rises then this problem comes and that. Nothing of the kind. Last thirty years I have been told, I have not seen one person anything how do you relate? Never, never. So it is for you just to see to it, spend at the most one month and you will be amazed, you will be masters, you will be masters. Because it's your own power. It is not somebody else's power. It's your own power. It's your own power. Only thing you should have the full knowledge, full knowledge about the secret science of medicine. Because only with this we have no thinking. Medicine is for theorists people and can do. Then this is the best, easiest way. But that doesn't mean you discard. Because you are much more knowledgeable about it, you know what is the problem is. With the symptoms also you can say and you can verify. Very easily you can verify. Supposing you put your hands to something and you feel that person is a psychological place. You find out, you verify. And psychological places are completely pure in Sahaja Yoga. There is one patient who is here who was with you and only two years back I met him. And today he is a pure man. Psychology is very little pure, I must say doctor, I'm sorry. But they think very little pure. Also medically affected people also can be very little. First you must become the masters. You must have the whole powers within. And then you work it out and you will be amazed what powers you have. How much you can do to help this world. Apart from that the best thing that happens is a person gets completely calm from you. I feel, I have written also in my book, that in the genes we have a phosphorus. And if a person is dry, less water, this phosphorus explodes and you get into tempers. Getting into tempers is not your doing, it's just phosphorus works down the neck. So how to get rid of it and how to cure it, it can go up to the point that it changes also your genes. It's very surprising, that's the most important thing that you can transform into. People become so beautiful, so collective, so compassionate, so loving, the life becomes so enriched with all this qualities and you enjoy your life with all of them. So you get your experience. Then you get your peace. How do you get your peace? There is the proof. That our style is to see anything we react. You must, I see this top, table I react, I see people I react. But with Kundalini rising it stops. How? Because a thought arises, falls down and a thought arises, falls down. It's a continuous thing and we are mostly jumping on the cusps of these thoughts. Now when the Kundalini rises, she elongates this person. There is a space in between, it's called in Sanskrit, the villain. We can call it pause and when your mind stops at that, you become thoughtlessly aware. You are thoughtless but you are extremely aware and you reach the witness state. You see everything as a witness, just as a witness. Say for example, I see a beautiful carpet. I am very very shy, enamoured and I react with, I say, Oh my God, what a good carpet, how much it must have cost, where can I get it and all that. Supposing it's fine, then I am too worried, I have not yet registered it or issued it, so there is a promise. But supposing I am a realized soul, then I just watch it. I watch it silently and enjoy all the art that is put into it. That's how you learn how to enjoy art. In Sahaja Yoga, all the people who were chartered accountants, never knew anything about music or poetry, have become poets, very great poets. Somebody who never used to sing has started singing, so many things have happened. Apart from that, anything, I must tell you this capital is the tree that you prosper. Because your awareness is so great that you prosper. All of them have prospered. All those Sahaja Yogis who have come to Sahaja Yoga have prospered. Not that you are hankering after money, but money hankers

after you. You get prosper. And because your attention is so tight, your attention is so pure, in the light of the Spirit, your attention knows what is destructive for you, what is constructive for you. For example, somebody gets the money, he goes on wasting all this wisdom and getting all the bad qualities that are not needed for your body or for your mind. But supposing he is a realized soul, he gets the money, he says it's possible for some good problems. And that's how he works it out. So the prosperity comes and joy. Joy is singular, it is not happiness, it is happiness. Just if you feel joyous, you feel so joyous and happy and you don't hurt anybody, that is not your job. You just enjoy your compassion, your love, your confidence. So this is what, when Meemee has produced this thing, for expression of her love, you have become a doctor. For her compassion, you have become a doctor. But now the ideology has changed. That's what has to do with you. Enjoy it during the day. I mean I'm not taking anybody to these doctors, neither. They are trying anybody from the doctors, patients. But the enjoyment of the curing is so great, much greater than all the best people. And that's how you get. But you don't become poor. There are so many ways in your health because I said this Divine Power is also very important. Doctor's thing, I can tell you, he, when he joined Sahaja Yoga and then he was in it, suddenly he got a very, very big job, very big job in India. How he got it and how he got it. And very happy. That's how you understand how to have your beautiful family, how to have your beautiful relationships with each other, how to lead a very beautiful life and make a beautiful country. Such people are needed today. Such happy, joyous, peaceful and loving people we need. And that you get, for that you don't have to suffer in any way. Don't have to suffer. You enjoy. For curing others you don't suffer. You really enjoy every thing. So I wish you all the best of God. Please. If you can, if you want to have self-realization, we'll work it out. But that's not the end of it. You have to attend our centers. No money in it. You can't pay any money. This is one thing you should know. I mean in this country you could try to accept me because I was not giving any money. Can you believe that? They say, there are no rose-fries, I know. I only work on my uncle and I have nothing. Then you are in the business, no, I'm not. Then we don't want it. This attitude has been changed. What will they all fall for? For joy, for happiness, for being good to others. And automatically your heart starts melting and really will be no longer different. Other problems also get solved. You see, there's too much of right side because I'm saying, because you have dropped it. You people all develop right side more than the left side. Another thing which is very dangerous, one can get into, is the same heel going into your head. So you can get palampegia, you can get balance. It's common. It's very, very common. But that's not necessary. I even have very old, much older than all of them. But one thing is there that I'm very active and I never feel tired, never feel tired. It's so enjoyable, the whole thing is, to talk to people about issues and things and some kind of issues. Moreover, it cannot be forced on you. It cannot. You have to ask, why? Because this Kundalini is the pure desire. You know one thing, that our desires are not pure. If they were pure, there would have been no economics. Because you want to have one thing, all right, you get it, then you want to have another thing, you get it, you get it. You are never satisfied. So when this pure desire is said, you get the satisfaction. And that is not there and you enjoy each and everything, each and everything. That's the temperamental duty. Beautiful. Human beings are very beautiful. I think they are little bit lost in the wilderness. And they have to come back to understanding of the truth. Because you get the Absolute Truth, Absolute Truth. If any person comes to Me, and I say, he has been saved, you can verify the Absolute Truth. Anyone who comes, say, from India and tries to cheat, when the guru goes on, you can easily find out if it's true or not. Any other thing, whatever you want to know, it is absolutely knowledge that you can get. We call it as Gyanamaya, Mr. Power of knowledge and the power of absolute knowledge. On your nervous system, it's very, very dynamic, but you are dynamic. It's still, it's still being put away. But let it rise and you will see how dynamic you are, how much you are effective, how much you can go to retirement. Thank you very much. I made it. And I would request people to understand that I cannot force you. It has to be of your desire and soul. I would say, if you don't want to have your Self-realization, then go away. But nothing happens, hardly takes ten minutes for you to reach the heavens. So why not try? There will be no questions, I think. I wonder if you could be specific about what one would expect to see. Does one sit in that position? Does one say a mantra? Does one do physical movement? Does one close one's eyes? I have no idea what I'm talking about. That I will tell you, infinitely. But you don't have to stand here and ask, nothing of the kind. You can't. It's very simple. Wherever you have to go, it's all right. Thank you for asking. Motherji, what would be the effect of diet and posture on meditation? Ahara sahaja yoga, ahara sahaja yoga, ahara sahaja yoga, ahara sahaja yoga. This you can find out. Once you have your realization, you will realize what sort of a personality you are and what sort of food you should have. You see, it is not before that you can just say, all right, you become this, you become that. Once you get your realization, you yourself will realize that what kind of food you should take, what kind of posture you should have. It means that Motherji, certain schools say that the kind of diet that you take, for example fruits and like natural foods which women are agreed in getting, like in meditating properly, there are certain things like say, meat or for that matter or wine, all these do not work properly. That's why you are saying that you are not like that. It's not like that. It's not like that. It's a very analytical because say for example, I would say in general in India people should eat meat because they are so big, their muscles are so big. But say

in the European countries they should eat less meat because they are quite muscular, I think they are sometimes. For a liver patient, there is balance of the kind. It depends on the personality. Thank you. First I was saying in Marathi and then I was saying in English. I was saying in Marathi and then I was saying in English. My son is autistic and he has a very low mental IQ. So how can I treat him? How can I explain him? How can he do the yoga? How can I explain him? He is a very good person. He is a very good person. He is a very good person. He can be cured. He can be cured. He can be cured. He can be cured. Where is your meditation class and how can we get there? You have to come and you will be seized. You can try and you don't have to pay. You bring that son there of Charu Charu and you see for yourself. I am just telling her, she is talking about somebody who is 29 years of age and he can't even say it. So I said, all right, you get your realization. You understand and you can cure it. Also these people can go and do it. Not that people will not. But she can do it herself. We have no hospital here, nothing. Actually I wanted one of these doctors to come and stay here and tell you about Sahaja Yoga. Who has the means of Adam and Eve, so no problem. But if somebody could be employed or something, he could come here. That was my suggestion. Thank you. I have a question. Dr. Dallai, you do funny ones, don't you think? Yes? Dr. Dallai, you do funny questions, don't you? Well, it depends on your son. Anyway, this is also your yoga. So you are dealing with the Kundalini aspect of the yoga. India is everywhere. It's not here, don't say. I'm just saying or not. Okay, my first question is, you are dealing with the Kundalini yoga. That aspect, can we find any one person, any who can join also my experience with you? Yes, all right. That's the point for that. You have to come to our center. We have got, I have a human to find us, not only 50 for books I think. And also we have written about medicine, you can come and get it, they will help you. But you have to come there. Yes, I will come there but is there some flyer? You can come to know where are the yoga centers you have here in Maryland. So, can you not see from here? That information will convey to you shortly. Let me do that. Thank you very much. You are so anxious, I'm very happy. But they will do all that and tell you where is the thing. Now, most of them are anxious to get their Self-realization. So you get your Self-realization and then you go to the center also. All right? Thank you. May I make a quick comment? I'm sorry, I just wanted to let you make a comment. May I make a quick comment? I'm just trying to tell you that I have, I myself have worked with the eight patients that you mentioned and they want to come back to the meetings and they do the same meditation themselves. They have been treating themselves. Okay? Like this. Bending and bending. All these things you can ask is the letter. Why don't ask there? Why people are waiting to get their Self-realization, isn't it? So just respect that. You have to respect them, respect ourselves also. Is that what I'm saying? I think, by the time they are fully available, they are coming to me. It's common. I'm not sure. All right. Now everybody must sit down. That's important. You should be relaxed. You all should be relaxed. Now one half of you have to ask is to take out your shoes because it's not an earth itself but we eat them. I hope you don't mind. Okay. There's no need to sit on the ground or anything. Be gentle in your curiosity, okay? That's the problem. All right. Please put both your hands towards Me. Just like this. Simple like this. If they are on your lap, also all right. You shall make a good feeling out of it. Now, as a very outside, I have to ask you one thing. That you should not feel guilty at all for anything. I'm catching this figure. That means there are people who are feeling guilty. See, whatever has happened in the past is past. It's finished. And the future doesn't exist. You have to be in the present. And so please don't feel guilty. If something has been done wrong, all right, so what? At this moment, at least you should not be guilty. It's a wrong thing to feel guilty and kill yourself. That has happened. I don't know why, in the West they have done nothing. Nothing wrong. If they were guilty, they would have been in jail. It's a common fashion to feel guilty also. Indians will never feel guilty, somehow. They don't know how to fight for his feeling. And then another theory is that you have to forgive others. Forgive others. You may say that Mother, it's very difficult to forgive others. You may say that. But what I would say logically, whether you are forgiving or not forgiving, you are doing nothing. What are you doing? By not forgiving, only you torture yourself. So forgive. Forgive everyone and forgive yourself. That's a very important thing and it has such a tremendous power. So I request you to forgive yourself and forgive others. That's all. That's all you can do. You'll work out, I'm sure. You'll work out. Now how do you forgive? Just to say, Mother, I forgive everyone. That's all. Mother, I forgive myself. Mother, I forgive everyone. You can say that's very simple to say. That's not a mantra or anything but it's a very big thing because it opens the center here which is on the crossing of the optic chalice, which is very constricted and it opens. Like that. So just say that because you could really need has to rise. That's the main thing. Now please put your right hand towards Me and put down your head and see for yourself there's a cool breeze coming out of your head. Just see. Cool or hot breeze coming out of the fontanel bone area. Just see for yourself. You can put your hand up there or on the sides or forward, backward, forward, backward, anywhere you feel like and see for yourself if there's a cool breeze or hot breeze like vibrations coming out. It is hot because you have not forgiven yourself or you have not forgiven others. This must be the reason but let feel that it's coming out of your head is the biggest proof. Now don't doubt it. There's no air conditioning in your head that it is coming out. We must not doubt it. So lay it little bit. Lay it little bit. Not in front. Take it on the fontanel bone area which was the soft bone in our childhood.



Now please now put the left hand towards Me and bend your head and see with the right hand now, see for yourself there's a cool or a hot breeze coming out of your head. Have faith in yourself. That's the main thing. You all can get realization and you can become all self-realized also. Just like saying Sufis. Now put your right hand towards Me and left hand again on the fontanel bone area. You can move your hand and see for yourself if there's a cool or a hot breeze coming out of your head. Now after this please put both your hands towards Me and bend your head. And don't think. Just don't think. Don't think. Just don't think. Have your hands fully open like this and don't think. All those who have felt cool or hot breeze on the fingertips or on the palm or on top of your head, out of the fontanel bone area, please raise your hands. Oh My God! Thank you very much. So many of you, wow! Now only I have a very humble request is that you must attend to myself. Please attend to ourselves. I am trying to master this out. You can. This power is delivering you heat. It's coming out of your fontanel bone area. And it is there. It's so great and worth it no matter. So I would request you to please go to our center and mark me. And you will see how many wonders you can do. This was yours so far. Again I thank you very much, all of you and your history. You are so kind. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank you.

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This is very beautiful. The last time I checked it was on YouTube. Shh, shh. Shh. I'm not going for the wedding round. I will, but... I'm sorry, sir. Ah, thank you. I'm not going to leave you for a long time. And you're going to be oppressed. Shh. They should write in English because I can't read. Still I'm not sure. Shri Mataji, when the Indian teacher says something, you will be in trouble. Shh. I'll try to not repeat it. Shri Mataji, when the Indian teacher says something, you will be in trouble. Shri Mataji, in English. My heart is so cold, I don't know. Because maybe I'll be a city legend and live with my own family. Shri Mataji says that your heart is like joy. It's like the heart is like your own family. Thank you. You know what? What is also good is nothing but compassion. Because all yoga is a way of constantly becoming more and more compassionate. And if you have any pain against someone, just try to forgive. For getting it, you will forgive and you will be in relief. This is the kind of cure that helps you to be more and more compassionate. The best thing is to be able to give up and to be more compassionate. Because you feel very pure in the heart. There are so many things in me that I can't forgive. I'm just a friend of my heart. I am also a believer in Shri Mataji's benefits with all your support. I chose to come quickly because I did feel alive. I'm alive. I decided to come to Italy because I want to receive the love and the love of Italy. The joy that you are experiencing is really between the two of us. The joy that you are experiencing is really between the two of us. Because more is needed to get the realization of the other. And more is needed to be profounder between the two of us. And you will know your sense and you will know everything. And with all your heart and with all your heart and everything. Because yoga is the only way by which to become your Self. When you become your Self, then only you can know who's as well as your Self to be with you. This is what is very important. That you should know yourself. It is easy to know what's a problem you are trying to deal with. Also you will know how much you love the man. And you can cleanse yourself. But when you give realization, you can cleanse yourself. But when you give realization, you can cleanse yourself. And you can cleanse yourself. And as I told you, that means you need more sedition. You have to be creative. And what is the benefit of creating more sedition? And also you will get other creative powers. And you will get other creative powers. The whole of Europe, which I guess are the most creative. Because in all Europe Italians are more creative. The great senior San Giorgio is present here in the International Center. He is the senior San Giorgio. But nowadays I find that we are the most mechanical. Now the rural comment seems to be triangle. This is verywe Shareg week against vacation. I'll remove it, take two minutes to talk about it. Then it is time to aftervaccinate. Okay fine, we took colour amazing results to teach the other and the other. So you are willing to do your art, your expression of life? Through art, through our heart, through love and compassion. Then only you will have satisfaction of life. And only we will have satisfaction of life. It's such a beautiful thing to see so many people here in such a beautiful state of device, a vision state of device. You have visited Europe three times, in the last year and a half, the final tour of Europe was in the spring of 2020. It is beautiful to see that many people have been given this status of connection with the individual. The life that we have been given here, no doubt, but also knowledge, absolute knowledge. We have lived through joy and comfort, but we have become very close. For this you should really do something in finance or anything. And to answer this, I don't know if you have ever tried to do a type of penitence or austerity. It's introspection. It's only introspection. I will see what's wrong with you. It seems that something is not going to go through you. Then you can select yourself very easily. Whatever works the fastest, whatever you do the best. Then you will be amazed that you have some particular kind of people who are coming. We have to

make errGet up before this is something we didn't expect in the past. Without u Let's me know. If you are GOD made, I can't give up on like this isn't it. I will try. Mr. photography era and Sophia B Starr Associate San Education Director Thank you very much. Thank you very much. Thank you very much. Thank you very much. Thank you very much. Please come out. Out. And put your hands here. You have to think about how to expand your yoga. Because this ankle is... This is a big spandula ankle. It's an ocean. Because it's a ocean. You have to really get the salt in the ocean. You have to really get the salt in the ocean. You have to really get the salt in the ocean. You have to really get the salt in the ocean. and put it on other people. Okay, then how do you ideas of your problems, family, religion, everything? What is the purpose? To communicate your problems, your problems, personal problems, family, etc. And give it to the Divine? Yes, simply to free the Divine and resolve it. Try to resolve your problems. Because you are already in connection. Divine is with you. And Divine is such a wonderful Master, such a wonderful help that you would be amazed how your problems are solved. Master, organizer, and it's a surprise to see how your problems are solved. Then you would be amazed, you would know this person. He would like me. And you would say, how do you like me? You would say, I don't like you. Thank you. You attract them. I would do it with foreigners. And then, if you are in trouble, in the new form of communication, to communicate with your children, with the children who are in your city, and so on. Because you are already lost and they don't know about you. And you put something on them, they get into the room and ask you to do it. Because now this person is afraid of you, and so on. And so, if you don't know about them, then you can't go to the country or the country. Your eyes are all shining, I can see that. You see your eyes are bright, right? I will bless you with all the joy and happiness. I want to say thank you with all the joy and happiness. Thank you. Thank you. Thank you. Hello. I am expecting it. Thank you. Thank you. Thank you.

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Simon McCuller, where is he? That's your brother? All right. Dustin Brooks, sweet children trying to... You have got two? The sister. Steven Tolitz, who is that one? Sharon, you take it first. Is he asleep? He's ready for dancing. This is for Shannon. Kim. She's dancing too? Shannon, you give her. Go on. Hugh from Sydney? Now this is from your elder brother Warren. He wants to give to some ladies, all right, your sisters. Caroline? Come along fast. Nirmala. Susan Taylor. They liked it. Steven's coming. Susan Taylor? No. All right, Susan didn't come down. Wendy Brown's coming? John is coming. Rand. This is your sinister. Rosalind? Surabhi? Veena? Thelma? Asha? Joanne? Cheryl. New Zealand. All right. So, one child is left out. Alan? Ah! That's a very special one from New Zealand. You have all the boots there. See, all right? It's very interesting. Just have a look. All the children have got it? Nice, you like the cloth? Nice and soft, isn't it? See now, this side? Thank you. All the names are given.

All right. Come along. First the boys. Let's do. The boys, each, come along. Come forward. This one. From Warren. Boys, now you become a big boy, all right, with a ballad in your hand. Boys, come along, all of you. You didn't get anything? You didn't get a

present? They had. Oh, I gave you that. Yes, that's true. Come along, the boys. All the boys, come along fast. You have to thank Dr. Warren, all right? Uncle Warren. Any boys? Every boy from anywhere. Even fifteen year old boys? Up to fifteen years, tell them, Mother. Up to sixteen, fifteen, all right. All those who have got boys in the house, I mean, ladies whose boys have not come here, take the boys. And if you have two boys, tell Me. One boy only? Two boys? All right. If you have two boys, take two. You liked your present? How many boys? Two boys. One boy, one girl? All right, so you have for the girl also. She didn't receive for the little children, I think. She didn't? Timothy didn't get. Anyway, we'll fix it up. Now we give it to everybody. If you have two boys, take two. Have you got two? Those who have two boys, please take two. Yes, for the little boy also you take it. Hello, for the little boy also you take it. Take for all the boys first of all. Those who are not here also, please take it. Any more boys? Any more parents of boys? Any boys up to fifteen years of age? Small, big, every age. Newly borns. Yes. One for the gods, sir. Good. And if you have girls also you tell Me, otherwise also for girls. All right, that's girls. We'll just start. Only one or two? Two boys or one? One daughter, give one daughter. I would like to give one daughter. So now one boy. All the boys are over, now the girls. One girl. Come now. Very sweet, aren't they? What a selection. Good. For the girls who are dancing, those girls who are dancing, all right, one for yourself and one for who? How many boys? One for Sukarni. All right. Those who are dancing for them, are you taking? How many? One. All the girls. You got your presents? How did you like? Make a nice dress, all right? You can make a nice dress out of it. Girls, you take one of these. Thank you. Only one? For you? She had a son. Daughter and a son. Any other for the girls? What about you? You got it. She's got it here. They have... All right. You got for everyone? Anybody who's for whom? Your sister. All right. What? Already has. So done. So now let's have the dance.

Where should we have it? This side? Clear a space here for the dance in front of Mother, in between these two poles. Let's see the camera. Build somewhere from there to the pole. Clear a space in a whole circle there. It's all the time on My head. You have it for a short time. Imagine. I have it all the time on My head. Come here. Go on, shut all that. You have to learn from Me. I never complain. Though it's quite rich, you can imagine how terrible it is. See, they have like their cloths very well. I love the teacups. Some of you can sit this side, yes. Sit on this, don't sit on this. You can have something spread there, I think. Shri Mataji, Anand from Fiji has composed the song and he wants to sing it to you. All right, thank you. Before they start the dancing, if he could just sing to you. I think you come this side. Quickly, just play the lights down. Perhaps you'd like to sit over there. With the mike. Oh, I see. You're right. Come and do it here. Sit over there facing the mike this way. Don't you have some colored paper that will look nice for the dancing girls? If you have any colored papers? You can call it the silicone now. Silhoupe. Give him the mike. Writing's not that good. Get ready to speak. Do it on the panel, please. I'm going to sing the song. Shri Mataji. Atma jnana mukodena. Hamari truti oko mafkaro. Jai Shri Mataji. Mayase mukthide na. Agyanta dirkarna. Ashirvattho Mataji. Hamatmakupaye. Niseham aage chalakat. Paramatmakupaye jane. Teri kripaseham nirbhi chalu jaye. Abham ko nirbhi ka samadhi mimagan karadhi Mataji. Jai Shri Mataji. Mayase mukthide na. Agyanta dirkarna. Chamakas MAPIRA TUHIE NIR fragment , Nirmal Vidya arising from there. Sati to theitty. Yourelling and is Your spirit eighteen of windows and flourish as Love it on Thy 69th.

So now we'll have the dancing. If you people move a little bit this side, then dancing girls can come easily, come forward. You sit in front of her. Here you can come and sit here, all right? I think you better close the sides because it's very cold I think for people that side. You may close the outsides. That will not give such a big, yes, see now, when they are dancing if you put it, see this, put it in front, see the colors will change. No? This side, make it double. Color, it won't be so much shining there. Yes, when they, when your face is showing red, looks nice. Yes, give one there, one there and one here, you see. Make it fourfold. So when they dance, you see, the face will be showing reddish. It won't be such a thing on the face. Yes, you may change it later on if you want. Let them come. It's here, somebody has it, my spectacles, Modi? Almost. Much more soothing, isn't it, this way? It doesn't give such a light, better. What's happening? The elevator not working? Oh, it's burning. Just throw it out. Just take it out. Leave it. That one also. I don't know what you did. You should not touch. That's the problem. Keep it away from it. You see, then it's just above that. You see, just hold it, yes. On top of that you could have done it. It is, hold it, just hold it. When they dance then hold it, that's all. No, that's very open one, you see, that's why. It has no cover also. But you can hold it when they start dancing. Don't tie it up. Stand from front, not from near, yes, that's better. Just hold it, it's better for a while. That's it. Give it a bandhan. I wanted to have the picture of the children dancing. Bandhan works. Now again, it's all right. It's very nice, the colors are, see, it's all red. Except for Me everybody is looking red, I don't know what's the matter. Come along now. All right, the music has started. Very good. Who has taught them? Very tight. They have the lilt of it.

Mother, I might go and ring Steven in Adelaide and find out about the... No, I might ring Steven in Adelaide now and find out the time of the interview for tomorrow. The radio interview in Adelaide tomorrow, I will ring Steven now and find out what time it is. I will ring Steven now and find out what time it is. He's on the telephone now, he's ringing from bank on the telephone. He must have tried because we have changed our program now. PG is creating a conflict now. It's such a funny situation, big drama. I don't think this fellow will continue like that. But PG's, Indians cannot buy land there, that's the constitution. They cannot purchase a land. Yes, they have to go into business, they have to be in business to make money. Now he wants to start a new style of fire. You can sit down and eat the part of the chicken. No, you can't eat the part. You can eat the part of the chicken. No, you can't eat the part of the chicken. You can eat the part of the chicken. So, they now he's trying to form a new constitution. But that's not democratic, is that it? PG Islands. But Indians did not want to kill everything when they circled out here. I'm not sure of the history, Mellon. They were invited to come and help with the economy. But the constitution was made such a way that they come on land. I see. That creates trouble. There is all the time tension between the Fijians and Indians. Indians are very clever. They'll not kill anybody, but they don't do it. But they'll increase their population. They'll increase their population and win the elections. And a kind of a balanced life, you see. So, even in England, Indians are not religious people. In England, why this problem? Because they are balanced life, they don't bring their own good families, children get education, they are doing business. Where it is, they are very religious. Most of the Indians in England have got, um, uh, mercy rates. Most of them. And they don't take drugs. They don't find drug business. That below their degree should take a drug. How do they manage to do so well, Mum? How do they manage to do so well? It's just, first of all, the people who are gone there, have gone there to die of making money. So the whole family goes. They have day and night shops. The whole family goes. Day and night. They're so open. And now imagine, they are producing things in England, in the, in the culture. Many things which were never produced in England. These are all things are selling. They are very industrious people. They have got to make money. And they don't have any business. They work very hard. I went to one place called Trolley. And I saw some houses there. Very nicely done and all. So they said, these are the houses of Indians, I said. I said, England. At the English house, they were, he loves it. He clearly bathed the other person. So I said, what do you mean? Why the English? He said, they divorce their wives. Then I have another wife. Then another wife. Then why don't you talk? So then I have busy with the boys and the children are running away. And they, so there's no home like this. You see, somebody is owning the house today. Somebody, tomorrow has to sell the house for the wife will divorce and all. So this is the condition of the place. So I said, then what is the situation between you and English? They said, no, no, we are, they are daggers and with us. They don't like us. They are very jealous. They see our children being educated as architects, doctors. They don't like us. But I really saw it and I was surprised. You could make them out very lousy, absent, sexy. I think they must have their drinks in the night. They must go to the pub, water, money, they earn gold in all these things. This is the curse. And then Indians tried to copy the books which also have English. I do many things. So best I saw was this, that went to a Sikh's place. And as we climbed up, they had made a complete pub in his house. They took a look at the pub. I was shocked. I said, what's this? He said, pubber? She said, call it pubber. He's in my pub, he said. He took out the water, he showed me how the soda comes out of the mouth. So then I said, do you sell it here or what? They said, no, no, no, this is for our family. I said, do you drink? No, no, we don't drink. But those two girls should drink, we cannot have that. We make a drink, drink things like that, the whole pub over there. Mother, you were telling us a story about the lady with the pine furniture and she... Ah, pine furniture. She, we took a house on rent. So I didn't know my husband was busy. Even there, he saw the house, he liked it and took it. Then he said that there's a lady, his wife, she's like a vampire. I said, what's she doing? She's a very thin woman, she is very absolutely skeleton and she has very, some sort of a blouse which was quite transparent and I didn't know where to do. And this woman came in and she's a very, very hot tempered woman. She said, see, now this is my furniture. We are not to remove it, even an inch if you remove, I'm going to remove it. It should be, we are not to remove my curtains. He said, see how these curtains my wife won't like, I tell you to be very frank. They are very thin, you know, we can't remove them. I'm sorry but you see, no, no, no, you can't remove the curtains and this and that. So he was quite frightened of her, he said, for buying this house to be now out to manage. I said, why are you afraid of her? So what you tell her off? That no, we will not do these things. He said, no, no, you know now, you cannot tell her, now we are under contract, is that I said all that. So what happened then? After eight days, I found a lot, what you call dry lot, in that furniture. So then all the junky pine furniture, I don't know, there's a fashion nowadays to have all the junky pine, you know, supposed to be very fashionable. Any good cheap is fashionable, isn't it? So it was there. And we were both

our very heavy people, so we were afraid to ever sit on them. We didn't know what to do and she wouldn't allow us to bring our comfortableness furniture, instead we were like, we didn't know what to do. So I said, now you sit on the ground all the time, what to do now? There's so much afraid of us. So this thing dry lot appeared. And suddenly in all her furniture, I discovered dry lot. So we found that, I see there is dry lot in your furniture, we don't want to keep this furniture in the house, because all your boards are already cracking and they have got, if they get into that then your house will be finished and this, she got a fright. She said, all right, put my furniture in the, in the garage and you can bring your furniture. I said, but we not bring our furniture, which is your furniture there. Then only you can put all my furniture there. And this was treated by somebody, so I asked Antonio, treat it. So removed all the furniture, we brought our furniture there. So when my grandchildren came, you see, they said, but grandfather told us that it's a very witty, horrible furniture that you have to live with. Where is that? She said, no, no, that's all gone in the garage, because there was dry lot. So she just laughed. So she asked me, Nani, what did you do? She said, no, she said, please. So that was the thing. But now there was a tree which was just shangin' on the date. And there was no car to pass through that disease. So we had to cut that part of the thing. And they would ask her, and then he cut it. Then she said she was, she told her husband, you see, I don't know what's her husband said, my wife is crying for the tree that was cut. Not the tree, a branch is cut for that. She's just weeping for it. I don't know what to do. So you better make some sort of a compensation. So then I took CT, you tell her that money cannot come bring back the tree in any case. And we give it up to her saying whatever she said, no, so we have done it. And nothing of the kind. We are not going to compensate. And CT is a quite a big lawyer, you see, now he got corrected. He said she should compensate for giving us dry lot for nature. I said, Nani, so many horrible things to us. Then he said all these things. I said, see now, you should be afraid of people who are sick and never be afraid of nasty people. You must face them up and you must tell them. You see, because nasty people are cowards, they're cowards. If you stand up and fix that, they're not. Thank you. Good people should never be afraid of nasty people. I don't like to be afraid. And that's how we put the right crowd. She was absolutely non-trust and cheating on. We told her in and of that you come and see your things, all things are there, just see for yourself, and now we are shifted to another house. Because now we'll be 15 from London, so you won't take a house permanently, or you'll tell it off. So we've gone on to this. She's a South Korean lady, married to an Englishman. The Englishman as a husband is a cabbage, absolute cabbage. She always looks at her and says, what she has to say, whatever she says happens. I always say, Englishmen are the punk cabinet, just because they're boys. Basically, there are two tight slaps sometimes. The English women are also, sometimes are so dominated, sometimes so dominated. So she has picked up from somewhere, she's American I think, that is in America. But now things are working out better. You have some very good ladies, English ladies, very decent girls, and now things are working out better. But in the beginning I found some of the ladies who are so dominated, very dominated. Lots of imbalances. The Sahaja Yogi hospitality is same everywhere. The Sahaja Yogi hospitality, moment we've come here, given us something to eat. The moment we arrived, we begin with eating. They're also... No, I say, Baba, I just traveling, traveling means too much. But now you'll find out what is the situation here about you. When I came to Canberra also, I couldn't hear for the whole day. Not for the whole day. Then it was all right. Again this long travel, this is some trouble. The whole thing bothers me very hard to see. After you left us, Michael, you know, where do we go to all this? Yes, we heard. We sat in the airport for two hours also, upstairs. We were upstairs for two hours. Because James left on a later flight, Mother. And so we waited with him until his flight left. And it was about two hours after. John, back to Sydney, Mother. Why is he? That's what I said, one often you can rest for a while, then another half now. So the people from Hong Kong wanted to see me in Singapore. So I said, maybe in Singapore I might not have so much time. They are all the way to Hong Kong. So I said, they have to stop at Hong Kong to see me. Yes, what's it all right? Yes, it is, Mother. All your interviews are on Tuesday. Nothing tomorrow. Ten o'clock, ten o'clock on Tuesday, and half past one on Tuesday. So why did they have your supply list? Come to my bar, go to their... Our desire, Mother. Actually, the Irish people wanted me there. Who is the father of the Irish, the last one? Lawrence Castle, Lolita's husband. Lolita? The Indian girl, Lolita. Lolita? The doctor. How is she? She's much better, much better. He came from Nepal? Yes. I don't know. It's remarkable how people come inside of that. We have really lots of stories to be written about, sir, just for us present. From every country and every way of life, Mother. From every country and every way of life, the children have come. I mean, everyone can write individually, collectively, so many things happen and how it works out. How it works out. Are you starting a publishing company or something here? Yes, Mother. They have already started one called Margarita in Italy. No, no, not Italy. In Switzerland, where they want to publish my books through that Margarita. The name of baby is Margarita in the French language. So they have called it Margarita. And it's already been registered and all that and they are writing. And I don't know when the books will be ready. But I don't know if these books can be understood by non-realized people. I've gone into details of all the chakras and all those things there. Quite a lot. I just don't know. It's custom like the book for you, Mother. He said this would be a good book for you. And my lectures also will be edited and there will be published with it.

And today, the man who was serving was the person. He called me Mother. Have you surprised? Yes. In fact, I wanted to ask him, how did you know she is Mother? Then I felt maybe insulting. I don't know. Robert is in quarters. Robert is in quarters? Yes. Robert tells you that he is concerned with you. So skinny, Mother. So skinny. Where is he now? Sydney. I hope to see him there. His wife is gone or she is still there? I think she was going this week, early this week coming. I was going to talk to Gildor about it because I haven't yet told him. So I have to tell him at first. Otherwise, you see, it will be acceptable there. Yes. The children are going or staying? Weed, stainless and before, when I return, she will be there still. Yes, yes, I think so. I think he vitrically aims that. To hold her. I have to talk to Gildor about her in any case and tell her what is the position is. And then I have to see her and tell her. Because after all you see Gildor also has all these pressures, more funny women and things like that. It is too much funny. But I think there is a, they have to have the same problem with the primary schools for that. I don't know. I think they trained asalapajna. Primary school mother and teacher must be trained. Not traditionally. Sir? Yes. If anyone is in the class, then any teacher is welcome. If you see, Nagaraya Deputy Director of Education is our man. So there is no deputy. And in the meanwhile the person can... Anyone who is a... He is a graduate. What is the name of the house? It is made of Indian style chaat. What is the name? Masala or Sardar? Thai chaat. Hello, Kheer. Hello Kheer. Hello Kheer is done. Today is the end of the school. What is the name of the game? Kheela and Kheera. Kheela and Kheera. Kheela and Kheera. Kheela, Kheera, same. You can eat anything you want. You can eat anything you want. I went there and the kind of work they do on porcelain, I really tell you, with a small little brush. Have you seen that kind of work here? No mother. I have got one little wooden piece. That is called Kaliya pe. And this was a trance. One round, all these things can sit out. That's something. It's something like this. I think they do that kind of work here a little bit. Because the one you have given here is a present. It can sit there. But this is something so beautiful. Savitaja Mola Takkotapara. Savitaja Mola Takkotapara. That. They speak little. Savitaja Mola Takkotapara. The photo. Just a little picture. But I have it. So I want to take this picture. Oh, beautiful. Beautiful. Just like a moon. Such a beautiful child. They say there is a little group here coming up to the right. That picture. Right, they can. Who says a little born child, born, born? Absolutely. You must be hard to say. His eyes are shining. The mother and father, both have said you will be. In between, they will see that. Ma Shahi, is it? Is it? It's here. That's an order. They said it will be right coming up from there. Very small. Very small. But I have to say, they can take it off. They look quite normal. We just want to bring what it meant. The life's soul will be taken. What's the meaning here? It's like a moon. His eyes are shining. Oh, absolutely. Absolutely alert. Calling Ananda Chandran. Ananda Chandran. It's a moon of joy. Thank you, Chandran. Also, it's my grandson's name. Ananda Chandran. Ananda Chandran. She's like, she's my best friend. I was telling my mother. Don't write it down before you know it. That's why, for one thing, that I have to give the name to Savita's dad. She told me that, you have to give the name. I said, all right, let the baby be born. She messaged you? We took the baby and she was admitted to hospital on the way back from the airport after seeing you off. I think she was very anxious that she should be with me when I'm here. Absolutely. This is another miracle story about that has come. I don't know if you'll absolutely know. There's a fellow who is a worshipper of Shiva and there's a photograph. There's my photograph, you put it there, you see. So, the light came on my feet here and showed like that Shiva's, just a ninja is the point, or could be the rest of the area. There was, there was, maybe your thing, in his face of the Buddha, he had put my photograph. And imagine what came out here, certainly this light, like a Shiva, my feet. Who is this ninja on the point? He's Bombay. Bombay. He was basically a all kinds of some sort of a, I mean, whatever I am. What are you doing? What are you doing? What's that? Luck. Okay. Okay. You know this, Jerry, who is a, who is a ninja, she's the first one who got this photograph. Cheryl Slade. She's the first level photograph. She's the one. And she said that I don't know if other, your ashram has got it or not. Yes, we have one. You have got it. The one with the light coming down. Yes, we have. So I think only ashram has one. Yes. She said that Indians are writing that we have one. So I don't know who they sent this picture. We have sent this. Yes, we, I know we've got one in Adelaide, Melbourne, Sydney, Brisbane. Just somebody tell them that they have to tell it with luggage. There's some people have, there's already some people have them. There's some people bringing. You're going to have a lucky day. That's a good one. You deserve good marriage. They should stay and have a holiday with us, Mother, after the tour. They're going to say tonight. That's what we'll go with you. Whenever you are there. I think it's channel, you know, photography fresh. If you sub-curring, you can go to Basledini for my wedding. That's right. You did? You did? I did in the weekends. This is the one where you will be all the Mother, no? The Be All the Mother is the Mother. It's another one, Mother. This one was used the year before Mother, on the Postress, 1983. This one. And Be All the Mother is 1982. And... 1985. And 87. And 85. And 87. 85? 85 was the same picture. You used it in 85. But it was photographed in... Oh, photographed, I don't know, Mother. Oh, you had done this? Yes. Not sure, Mother. Photographed in here, they used it in 85. But you took a poster, Mother. A poster, the whole Mother, just from there. But I'm sure, I think I was so clear and so understanding, and not doubtful about anything. They wanted to know more about it. Yes. And the young people, that's a very big thing. But here there were also old people about, say, about 50, 60 years in this group that we have. Quite a lot. And quite



a lot of young people. Quite a big group. I think from where have they all these sensible, sweet people have come up? But they're good people, isn't it? Yes, yes. And it's really, really happy to see them. Very nice, sweet people. Very good people. Yes. Shri Mataji, would you like a rice from day in film? Or should we... What? Should we set up on... No, no, no. No, no, no. No, no, no. No, no, no. Ah, thank you. No, you don't set up on the day. I mean, I've been working very hard. You better rest now. Otherwise I'll set up for you. I've been working here. This is the money. Yes, this is the money. It's fine. I don't know where it is. It has a black background. Mother, you are coming out of the dark. It's fine. Yes. I look quite dark also. Complexion looks dark. And you asked us to change the black for a light colour because you said you have a light coming from the light, not from the dark. This was black. It was black. It was a night time shot in India, I think. It's beautiful. She's like a mother. The side is not of the clothes. I'm not like that. That's all. I'm a Sahara photographer. He said he's an attitude there, Sahadev Panathik. But I, why I will say it so, have you seen all of you that photograph that is viewed to me by Rajesh as you return to see me? Yes, he has this photograph. It's going around, it doesn't reach you. And because what I've seen is this, that there's something in the photograph, you see, that I've tried to keep it. Now, this time they didn't have any advertisement as such, in the sense that they put a small advertisement in the newspaper. You were thinking in the evening news that you would be advertisement. And the people came and they didn't get on, they were talking to me and then they hurried up. But I think you were late for the evening news. So it was not there. Then also there was this, the mother, the arrangements, nothing worked out. And specially the eaves we, the there one lady came up and she said this will be a brief after two weeks or something. So it was all as if nothing has been in the newspaper much and they were worried. I was telling them it's alright, we'll get the people advertisement as we can bear and all that stuff, that's all I have. But I was amazed so many people were. So I am feeling that it catch something in the face, definitely. Because even in London, when we have programs, just with that advertisement that I am coming, so many people come in the hall that you can't even walk in. But when it comes to sort of what you call other people trying to eat or there, I am workshop or anything, then the number goes up, I can't understand. Now so many people came here, you see again when I come they come to this house. There must be something in the face, that's all. I am sure other ones will. I don't know how can they, I don't know. Which number, which number, which number, which number, which number, which number? Number eight, it's number eight. Number eight. Seven, six, five. Seven, six, five. But it can be raised. Seven, six, five. It can be raised. And seven, six, five. And it can be raised. It's time to... This is something I can't understand that in America also, same thing I mean I am not an American, I am not a music writer or anything. There is something I find in my face, I think, practically from that. Otherwise other people make such advertisements in the films, in this thing, that thing, even in the cinemas, you see that. And so much they do. He groomed my, she is lady groomed my, she is going to some place and she sends at least twelve people ahead of her. And they contact all the big people. And they say, we invite you we will be sitting on the main chair, this, that, all kinds of things. And then they have to tell who are all the people who will be coming. And then they say, what has to be the invitation cards. They spend such a lot of money and then when they are in still you find about fifty, sixty people come to their room. This lady is lady groomed my, is the daughter of that Muttalanda. And she doesn't say she is the daughter of it. She is the lady that she went out. And one son here. Now, she went to my brother's places because he is the high court judge he is sort of this person in the birthday. She went to see him. She saw my photograph. So she said, they sit in my place, he said, yes. How is she here? He said, she is my sister. She ran away. She ran away. That they know they are doing something wrong. Otherwise why should she not have? Yes. No, she in fact said that they have come to the wrong place. She said, yes. One of all disciples, not she herself, but she said, she said, this right, that means you, nothing. Mataji's photograph was there in the hall. And she was sitting there, supposing. That's all it means, picture, photograph. It was good. I don't think she can open it. Please, don't do this. You have to just, you see, lift it, then it opens. All the girls like to enjoy their little children, right? Don't be very dulls. She is a good dancer, I must say. Her dancing is very good. She is learning here the dancing? Yes. Where is the school here? Come up and tell Mother. That's all. What is your school here? I don't know, Mother. It's in Melbourne, it's in the suburb of Melbourne. Who is the teacher? She's called Shanti. Shanti? And you have to, she has records. She plays the records and teaches you all records. Sometimes she has loud music. She has? Some people have it played on the New York dance. We haven't done it yet, haven't we? She's so talented, she's very talented. She's our one here too. Just use that one of my tips. I don't want to get lost in it. Oh, oh, oh, oh. She learns, but it's not good. And it's very difficult, Mother, for the western girls to know all these movements. You see the feet like this, and to dance. Yes. My doctors used to do that. They learned all that and they were understand also. But then they grew very tall, so they first started feeling shy. Such a lot of money is to be spent on their dress and everything, you know, the whole thing is quite expensive. So, let's say you provide with the dress and all that, or you have to get your own. Oh, I'm lucky because I can get all the hand down. And also we made the hair, the hair fix. And the dress, the solid thing that you are wearing. We got that from India. We got that from India. We got that from India. We got that from India. We got that from India. Good. They have a school here to

teach parathas. Yes. In Mirabar? Yes. I think it's better to learn Bharat, this of Kathar. It's better dancing. Because what happens is that Saati and Nanji, or you have to have all the things together. But there's no Kathar dancing here, is it? There's no Kathar dancing. What style do you learn, Mishra? Paranacham. This is Marath Man. This is the difficult one. Difficult in the sense you must have a singer. Then you must have a violinist. Then you must have a percussionist. But Kathar also... Kathar is also a tabla. Tabla. Tabla, the beauty of tabla is in Kathar. You have seen the Kathar dancing these boys must have sent you some from what? They have done. You did some Kathar dancing in the recording. So what? You didn't send them any? No. Because they don't know the things, you must send them. They are some of the good ideas. So who would you like to see? You haven't got any films you do here. No. None? None. None of these were the mainly style of music and all that. I also want to talk about this in my birthday. We weren't there then. But maybe you sang very beautifully in my birthday in the wrong way. You were not at your birthday. What? You weren't at your birthday? Ah, you were at your birthday. Rajesh made it. Is it all I thought? What's that? Can we afford you a dress? I was thinking that some music don't have any happy. I was thinking that some music don't have any happy. I was thinking that some music don't have any happy. I want to also be happier. I want to also be happier. Stop talking in a sense. Have you, you have got any music you got? No. You have got music you have got? No. Every time I must tell you all that you must be to some music. We have music. We'll just have to put it on to the side. Let's see before you know. No, not with us. We will do it in future. Must always have. It's very important. I don't know if there is any difference. Okay, I will just come. What's going to happen? No, no, the suitcase is broken. But you can tell us like Ram. There is a piece of rope. There is a piece of rope. There is a piece of rope and it's in there. It's in there. It's all under here. I will just have to take it. That it's a little bit. It's all over. You can tell us. I'll have to tell you. I'll have to tell you. So, how do you like it? Beautiful. This was the bad jams in Sydney, mother. She said to one better thing. How beautiful they are. Oh, yes. Thank you. Very important. Yes, they were for the Shuddy Camps boys. Were they? The elephants? The elephants? Oh, that's all. Beautiful elephants there at your feet, mother. Very much beautiful. Yes. Shuddy Camps people. This one has take the graph. That's a good photograph. I appreciate it. This one is. Go India. It's a travel poster. No, I see it. No, I see it. This one is in the office. Yes. I think you were talking to Mr. Saitay. Lilliana, call the dentist. Just have a look. Okay, mother. I'll call the dentist. Just see this. Just see this. See. How about the body? The master piece. It's a master piece. Beautiful. I don't know how they achieve it in the point. I think they put the brush and then remove the rest of the thing with the another little brush for us. Krishna was saying that they use a hair brush. They use it for about 50 years of age. And her husband at this late age has removed us. But look at this is the beauty. Such a beauty. And after Sahaja Yoga she started doing it so well. They use hair brush. This one we're going to get blown up to take just where you are in white with a little bit of dark at the back and had it blown up as a process. It's something I wish it blows. Looks like an engineer. It looks like the cool breeze has taken the shore away. I didn't know I could be cool like that. Not with the sand. It's very beautiful. Very beautiful the back. Rajesh took the man. Very satisfied. Very satisfied. Is Rajesh did this one? Yes he did. He took all. That's wonderful. And this one was a pure color. Something went to that. One better idea. Very nice. Beautiful. I'll say beautiful. Beautiful. The colors mother are so beautiful. What do you think of me? Very satisfied. We looked at these and Rajesh said they would be wonderful for three photos like this. So I'm going to get big ones for Rajesh and send them to him in India. Just beautiful. Colors are beautiful. Can you change the background? Just see that. Can you? It's absolutely a masterpiece in nature. Doesn't look like personite. What's that? Doesn't look like personite. Painting. Painting, yes. But he's painting now. But what of painting now? After we had our mission she said she would do this one. Of course. Mother, David Spiro has just run on the telephone. And with your permission he'll ring back in ten minutes to talk about shooting camps. You have to talk to the gentleman. In ten minutes. You want to talk to him? Yes. They are still going around. He's invited us for the photograph. Right, first. This is one of the things one can show after Sahaja Yoga. How can we get to art? This is an old woman, imagine. You two have done marvels throughout the world. We're also but I must say this is something remarkable. Did she used to paint before Sahaja Yoga, mother? She used to do a little bit, not much. But this kind of work she started after Sahaja Yoga. She lives in a village because she's a farmer's wife. Her husband has been a rocker. So she just makes these things and such and such. And also she makes some dolls she's just having it. Thank you. Michael. I would like to have a copy of this. You may have that one. This one. Please do it. Alright. You can't remember, see that one. Have a look through the photos here. Come on, how many? Where does that come? Because I have the negative. You select it right. I have the negative. I can make some. Where's the negative? That's right. Come on, how many? It's a bit of a big one, isn't it? She must have very good eyes, too, too. And she doesn't have a good eye. You see, Michael. You see. You can see, Michael. Now, you two things have come to see. There's this there's a school for Marathakya in India also for Marathakya. She wants to go there. But we are ourselves thinking of starting a school of Bharata Kya and Kathar and all that in Kulpatipur. We have got the land, so we want to start something, where we can all advertise all over and get people there for that. And if people want to learn those 21 hours, we have decided. On 21 hours and we get 20 teachers there and we can choose

seven out of them. I have to be there for six months. For six months they have to stay there. And then we can, I mean, we don't quite a lot of the six months, because without six months you can't learn. And the six months, because three months it's a very big rainy time and three months some attack. So when you go six months, six months will be the primary time for them. That is one. And the another is Vaitana school, which you are going to have for children from abroad. But that, now if you have a problem with primary school, you can start a primary school also. But seven year old child, the other three, they'll look out into your water. But that's also the time when they must begin Kathak. If they want to learn Kathak, they must begin now. Then only. That's seven. Have you seen Kathakal Singh? We have seen of Mr. Pallas. He's a great exponent. He's a great exponent. Both his wife and him. If you were saying he can come to Ganpati Purae to do the dancing for us, he was quite anxious. Let us see. These artists become very sort of busy when they go to the West, because some they go to this country, that country, all the time programs are there and stuff. But if you can get three, four times in Ganpati Purae, it will be a good idea. And you see, it should come for a day. Madras is the place for Farhat Natya. You have to study between Madras and Madras. Here we don't have a very good Sahaja yogi, or anything. We have very good Sahaja yogis there. Very good Sahaja yogi. Mr. Murti is a very nice man. You must have met him. Yes, I did. He's a very loud house and he makes good chocolates. He's a very good chocolate seller. Is that tall person? Tall person. He's very good. And such a fatherly person, very nice man. You have met some very nice people in Madras, very good search. One is Jainthar, Mr. Murti, that Mr. Murti's one niece is there. He's another very good girl. But it's also a place where many horrible gurus like Satya Sai Baba and all these have come down. And that has created such a problem. Because his own brother became mad with that. None of the body lost all his money because Sai Baba wanted him to make one thing. And he inaugurated the film and all that. And the whole thing has gone to waste. All that money is for it. There are so many criminal cases pending against him. Just a few months. In Madras. And here all the angels are after that. We should really publish the action. It is published. Despite of that people are changing the radio very fast. Is it published? Yes, yes. One of the magazines which believes in rationalism published all his life. So what do you think of the artistic talent of the living? Superb, isn't it? Superb, no doubt. I mean an artist can understand it better than any human being. Very, very subtle colours. Such a colour says, what theme lines? The mark of a man. Where is she from, Mother? She is from New Zealand. But she is an aunt of this chaly. Have you met her sometimes? She is the one who gives my photograph which has got this Dhammamana hair. She is her aunt. And then her husband suddenly left her for nothing at all for some other woman as well. So she said, alright, it doesn't matter. She took to Sahaja Yoga. And she used to paint a little bit. But this all is here, then after realizing it. Am I missing in modern times and imaginary? Isn't it in modern times who can do like that? But what she does, I think, also that she was telling me that she paints the whole thing and then with a smaller brush she takes out the paint and spreads it on the sides. She will make it thin. That's the very difficult task I must say. If you have any of the brush you go on. She has nothing there. Also there should be a piece of her, feel the kind of work you are doing in which gold rims are there, only the gold rims way. From town up or like that, gold rims. You know, big, contiguous, some sort of a gold like that. So it's like a Kundalini I felt, the fate you are going in a spiral way. I share no guidance of each and every. I must show you one more thing nice I can't bear to see that. So the brush talk about, I have pet her, where's my coat? Let's see, see, where the coat is there. Really they are very artistic people. Because they are, I think farmers. Because they are farmers they do this artistic job, very artistic. And out of the palm tree, can you imagine, the inside of the palm tree, I wish I had brought one piece out of that also. I don't know how they took out the inside of the palm tree and made all kinds of things out of that. And they, inside of the palm tree they say, there's a natural things there and they are painted it. So something so extraordinary. Very delicate work. Also they, here also you buy them, those boxes, with beautiful work on them, some sort of a thing they call it. But very cheap there, that's much cheaper. Much cheaper. This is, this is, this is, I am just a nice, see this works, you can see. Even a chef would appreciate that. It's a basket, it's a basket made out of cola. Such column, beautiful columns. Just see that. It's really masterpieces. What a workmanship. Beautiful. This is a basket, made out of cola. Take it out, get one. Only gone. Isn't it? I mean such minute things about how to speak of it. It's beautiful. It's a flower and a basket and some fruits. Beautiful, right? Last word I have to, I'll be excited. No doubt, I mean, sir, something with the last word that you can say, out of that please. It will be quite hard to carve the coral. No, it might be hard, it might be like also, if possible. And to put a design on a piece like that, not one piece. And what procedure? Precision. Very delicate, very delicate. Delicacy is the point I am saying, the very delicate. Whatever instrument they used, must itself have been very delicate. The instrument used for carving, must have been also very delicate. Very delicate. And the eyes have to be excellent for such a thing. I mean, even Sakunat B.B. and things like that. This saree was going to be one of the Guru Sujha's and the workmanship of this saree is also something so remarkable. That's, there's a Guru who is giving the diksha. The whole thing, you can see later on, I'll send you over, the saree. The whole thing, see that it's such a minute work, just have a look. Very delicate. It's all movements, very delicate. It's beautiful. It's beautiful, it's a world. See, very delicately they can work. See, this one is so delicate. It's all

woman, that's the part of it. I don't know how they do it. They don't think they do it also. Perfect Indian. In India they might do it in Ivory. You may try. Ivory, India is quite good to see. They make balls in balls like seven balls in the world. They can rotate the balls like that in the one round thing. I don't know how they manage it, but they do it. But this, this one also you can see if they can do it. They carve out elephants in Ivory, which you can't see with the naked eye. Naked eye. In a small age, shell like that, a small big shell, there are hundreds of them. And you open it and put it on your hand and you can only see with a magnifying glass. Every elephant will do it. They get blind doing that. I don't know how they do it. And they don't have magnifying glass, that's the best part. I can see in Ajat Dabhi's time, Ajat Dabhi's. They were all done with naked eye, it's nothing, they didn't use anything. But here if you have to see, then you have to put the light to see. And what work? Reminders work. We asked them how they must have done it. They said they used water to reflect the light. Water to reflect the light. That was to be like, they must have put in some water. Some water in some container. Yes. Or mirrors could have been. No, they didn't have mirrors. They didn't have mirrors like that. Only water. So they put the water in an angle, so the water used to reflect. The light. Otherwise it is all dark. So dark, but still in that light to do such work. Yes, yes. And they already get their stones there. These are like balls, the stones are. If you break them inside that, you find there are all sorts of quartz, all kinds of beautiful. Also you get some slightly precious ones. So they used to dissolve it with some sort of a solvent and they painted with that. It's like a bowl, you see. You didn't see them when you went to Ajata? In Nair. Quartz they were selling there? Yes. Yes, they were selling there. They saw them? Yes. And if you break them you get the bowl like this. They had a solvent. They used to dissolve that and they have used those. What is it? They call them thunderballs, mother. Thunderballs. Thunderballs. Thunderballs. Thunder eggs. Thunder eggs. Thunder eggs. There is Sydney people have it. Yes. You have them? You also have them? Yes, they are little ones. You have them? Small ones. Yes, a little one I've got. No, no, they are so big and fat. Yes, some are big and some are little. Yes. They have them here in Sydney? I don't think you can get them here mother. I'm not sure. They must have brought it. We brought them in between here. So that they would dissolve into some sort of a solvent. What was which one and that's what they used. What did you use? That's why it's over the last. Seven generations. They started first essentially before Christ. Two thousand five hundred years. Before Christ. Five hundred years before Christ. But ten generations long, no, eleven centuries like that. It's a bond of conflict. Eleven centuries. Eleven centuries. Could be ten generations. Eleven centuries would be twelve generations. Yes. Yes. But what is their acidity? Just if they have never seen Buddha, Buddha never came that side. From what devotion and how they did it? It's a jungle. I mean there's nothing available. No food, nothing. Monks. Goodest monks. Monks. And they have depicted all kinds of life there. Also there's somebody wearing a belt and skirts and hair dresses, all kinds of. I don't know how monks thought of all these things. See they have shown even Romans. Romans they have shown Romans. Because Romans physically. Yes. They have shown this. A long time back. Much before these people came in Moskoli, Rama and all that. Before that Romans had been. We had trade with Romans. Yes. We had trade with Romans. Because this python which is the place of Shalivana, the Sathvanas, they have got coins, they have found out Roman coins. Such an old couple of them. So I hope you'd like the name. I am the Chandru. Thank you. See, this is CP's name is Chandraka Prasad. CP's name is Chandraka Prasad. That's the name means the blessing of the Goddess. See Chandrika is Chandraka. But they also have Chandraka. Goddess name is also Chandraka. But also they have made Chandrika into Chandraka. In the UP style they use Chandrika for Chandrika. But that's the name also God's name, God's name. Prasad means the blessings. Prasad, they must be knowing. They are not Sahaja Yogi's. My Sahaja's name was Prasad. Prasad, God's, my father's name. His name is Vinay, Vin's modest name. Or we can call it Vinay is also name of Shri Damesh. Very few people know me by my name, the Christian name Vinay. All know me by my nickname Mahasana. Mahasana. So I've become known here also. Yes, called as Mahasana. Vinay Kumar. Vinay. There's a difference in my passport. It's in the name of V.P. Salvi. And the ticket is V.Salvi. You're asking me, oh, this difference has come. And said, don't worry about it. So should we now go and rest for a while? Would you like to rest, Mother, please? All right. Thank you very much. Nice meeting you all. I'm very happy to talk to you. Thank you.

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It's quite a crowd. It's a crowd. CHEERING CHEERING CHEERING CHEERING AND APPLAUSE APPLAUSE CHEERING AND APPLAUSE Wow. Oh, yeah. CHEERING AND APPLAUSE APPLAUSE Oh! CHEERING AND APPLAUSE APPLAUSE CHEERING AND APPLAUSE CHEERING AND APPLAUSE CHEERING AND APPLAUSE CHEERING AND APPLAUSE CHEERING AND APPLAUSE APPLAUSE CHEERING AND APPLAUSE Welcome to Ganpati Puri. APPLAUSE You suddenly got cold and I think you should be all

careful about it. Not to expose yourself too much, especially in the night. Be careful. Ahh. Today's program is first to announce all the marriages fixed. We have already announced so many marriages and so many were not fixed. We tried to do the last bit of it and it will take about half an hour only. But whosoever is called, please stand up in your own place. We don't come down. We tried, you see, very difficult to have an international marriage. We tried to match as far as possible with their heights, with their education and with their looks also. I hope you like our choice. But if you don't like, from today I am telling you, please let us know that you don't want to get married or you don't want to have a particular choice for yourself. Ahh. It's much better to do it now but after getting married, passing through all this audio, if you say no to someone it's very hard because sometimes you are registered and lots of problems are caused because of that. We thought that all such people who after marriage misbehave or say no will have to go out of surgery. We can't tell you. Now you have four days you have to decide, four days. And in that time if you cannot decide then we can't help you. But don't say it's an atmosphere, it's somebody says, nothing. You decide on your own. It has caused us lots of problems so far through. But I told Yogi that stop this marriage business. As it is there are lots of problems in the choice also. So in such a short time whatever we have done also we must have made some mis-adjustments. I accept that. If you don't want to marry someone, you please tell us. We are not going to get angry for that or say anything. But understand that we have tried. Now there are some people, thirty-nine year old, suppose, and they want to marry only Indians. It's impossible. And under these circumstances we can't help you. If you put restrictions, of course we observe the restrictions. But in that case there's problem. So now we start, alright? Also those people who have been announced before, there were some girls who were missing, some boys they were missing. So also you can find out and try to match. Yogi has been working very systematically, he's working very hard and don't think that I have not seen. I have seen all of them but still you must know that in such a short time to decide is very difficult. Siddhartha Gupta from Nagpur. Only those announced should stand up please. Panay Pravin Pinkovski from Poland and Ilona Pal from Romania. If you are at the back please wave a little bit so that we can recognize you. Alexander Likovich from Russia and M. Yagneswari from Hyderabad. Vancil Ray from Delhi with Idenka Karanova from Slovakia. Vijay Kumar Amruthi Bombay and Anupama Raul Baruda. Bipin Rajput Bombay and Elizabeth Palouse from Malaysia. Adel Gonzalez from Colombia with Vaishali Talvekar from Nagpur. Roland Elud Boonbegja from Austria with Jona Oliveira Souza from Brazil. Gopal Labre from Shri Rambur with Jaroslava Gunkakova from Slovakia. Christian Francisco Stumbo from Argentina with Natasha Glazov from Chicago. Sanjeev Kumar Pune with Elena Michaela Nescu from Romania. Christopher Stanley from Australia with Kamlisha from Delhi. Halle from Italy or Iran and Natalia Grzyk from Ukraine. Yonud Kattilin Kazaku from Romania with Talia Nimali from Yamuna Nagar. Jonud Kattilin Kazaku from Romania. Patrick John Murphy from Australia with Tatiana Tarisakova from Russia. Gilles Belois from France and Rita Corvaglia from Italy. Anton Gershon Shapiro from England and Sharon Montlava from USA. Prikumar Piot-Bienkowski from Italy and Manjir Upadia from New Delhi. Francisco Josefallini from Argentina and Angelis Lantos. Christian Romuard from France and Pigvile Angelina from Australia. Karl Kinzig from USA and Natalie Birdfield from Australia. Denis Varge from France and Luciana Stanculescu from Romania. Gisir Luciana. Alain Joueau from France and Vasiliki Varakitsou from Greece. Ulrich Marin from France and Carmen Andrei from Romania. Titius Plopenaciu from Romania and Claudia Hansen from Germany. Xin Xiong Trong from Malaysia and Svebo Carmen from Romania. John Maetino from USA and Corolla Muzio from Argentina. Francois Givaud from Canada and Bhavna Thukaram Bhalerao, Buna. Herbert Angermann from Germany and Gosia Sliszkowiak from Poland. Christopher Staff from South Africa and Naina Letnumbar, Bombay. Juan Rufino Vega from Australia and Silvia Beatriz Valderrama from Bolivia. Tommaso Di Marzio from Italy and Arti Agnieszka Rozanska from Poland. Mariana Miguel Martini from Argentina and Jeshrit Torat, Buna. Mariana Miguel Martini from Argentina. Giancarlo Bonimelli from Italy and Saraswati Elena Suraykina from Russia. Von Louis Voulenoise from USA and Valvi Shankar from Delhi. Wolfgang Tricht from Austria and Madhvi Vadikath, Bombay. Andrei Rasiu from Romania with Marion Svenk-Bacon from Germany. Robert Buckerton from Australia with Vasanthakumari, Bombay. Louis Gnonye from France and Caroline Mathews from South Africa. Mark Price from Australia and Tapati Bhattacharya Shillong. Gherlinda Mura and Anna Schreifer from Austria. The girl is Gherlinda Mura and Anna Schreifer from Austria. Vishwanath Datta from Calcutta with Louis Boyf, you know, Genova from Ukraine. Romain Dimitro from Bulgaria and Claire-Ann Nesdell from England. Vishank Savi from Italy and Sujatha Kenjale from Satara. Cyrille Fabrice Fingra from France. And Anique Germain Flegra from France. Francisco Fellini from Argentina and Maria Angeles from Argentina. Thomas Anthony from Angkor but we have found out that Russian girls are the best as housewives. They are very satisfied, I must say. They are not about the rescue, how much you are earning, what you are doing. They are very satisfied and they can live with two, three sides. Very sweet girls. They are very good looking. And also from other countries like Romania, Poland, they are very good girls. But I am surprised that Indian girls are very fussy and some of them want to know how much is the pay of the husband and how much you can earn, very calculated. So we have avoided such marriages, you see, because you have to fight your life in Sahaja Yoga. Because you,

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You are trained, Miss Horeya. Your train has to leave. He's telling Me on one side, on the other side, He says, I must speak in English and explain to you what they are saying. It's very embarrassing because they are praising Me to the highest. They find it impossible to translate it and according to them it is all My grace, as they call it, Karam, that it has worked out. For God they have two names are like Rahim and Kareem and Rahim is the one who loves, Rahimat, who forgives and the Kareem is who is the one who does. So this language itself is a very symbolic language and the way they are singing is also extremely symbolic. But what I liked about them that they know very good classical music and also rhythm was very good. Apart from that, you see, they are singing from the heart. It's not just to please Me or to please you. When you sing from the heart it's different and if you see their eyes are just shining. They are all realized souls. Now I have to tell them later on about Mohammed Sahib, about Salimdhya, Ali, his two sons, all the history about them which they don't know. Then they will know what they are singing has such a meaning. So they are all our own, they are all our relations and we all have to accept them as one of us. May God bless you. Thank you.

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Shree Gautam, Shree Gautam, Shree Gautam, Mangana Muthi Murya, Mangana Muthi Murya, Mangana Muthi Murya, Mangana  
Muthi Murya, Jai Ganaraya! Jai Ganaraya! Jai Ganaraya! Jai Ganaraya! Mangala Muthi Murya! Mangala Muthi Murya! Prema fulla  
kimala pena te hai hum Prema fulla kimala pena te hai hum Svadha tala adhaddha svadhatam Fannu sabukkarete svadhatam  
Nirmala ma seh Nithi namah Jeevan sukha seh Kardh vihye mai Aanat vinu shanti sada hi rade Aanat vinu shanti sada hi rade  
Svadhat tala adhaddha svadhatam Fannu sabukkarete svadhatam Jumjumke jumjumke adhatam Jumjumke jumjumke adhatam  
Aa vedhe svadhatu adhatam Aa vedhe svadhatu adhatam Jumjumke jumjumke adhatam Aa vedhe svadhatu adhatam  
Jumjumke jumjumke adhatam Aa vedhe svadhatu adhatam My gratitude for being in Sahaja Yoga, this country. Sahaja Yoga is  
not only that you transform people, but you also transform the atmosphere. And the people who are different or who have not yet  
got their realization do feel that something is lacking in them and they have to find the peace. And that is how Sahaja Yoga  
spread in many countries, tissue-like zombies, where there are mostly Muslim people, mostly. But somehow they felt the joy and  
happiness on the faces of Sahaja Yogis and they took to Sahaja Yoga. This is something remarkable how people get impressed  
by you. So I'm sure that this country also will spread a lot of joy and happiness. As it is, this country is not only on a quarrelling  
basis, it is quite a peaceful country. And it should spread here the news of your attaining peace and joy. Sahaja Yoga to look at is  
very simple, but you know it is very deep also, deep rooted within us. So even if you get your self-realization and even if you have  
given realizations to another personally, still you feel you have still to achieve some more talents in Sahaja Yoga. I'm so very  
happy this has happened in this place. You can never expect it will happen. But by chance I happen to pass through to the Yogis  
and to stay here and talk to you about it. I would love to have your questions. Write it to me and I'll try to answer them to you. If  
you have any problems or any questions, please let me know. It was otherwise how can I know what are your problems are. So  
don't hesitate and please write to me. Thank you very much. Thank you. Thank you. Thank you. Thank you. Thank you. Thank  
you. Thank you. Thank you. Thank you. Thank you. Thank you. Thank

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Storbritannia Storbritannia Störbritannia Storbritannia Storbritannia Storbritannia Störbritannia Störbritannia Störbritannia  
Storbritannia Störbritannia Störbritannia Störbritannia Y me lo pongo a mi, a mi, a mi, a mi! Un minuto hacia arriba! ¡Bien! NOS

Ajanavankar Jai Mataji Shri Mataji Jai Jai Jai Mataji Shri Mataji Jai Jai Jai Mataji, Shri Mataji, . Jai Mataji,  
Jai Jai Shri Mataji, Shri Mataji, Jai Mataji, Jai Jai Shri Mataji, Shri Mataji, Jai Jai Shri Mataji, Shri  
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Mataji, Jai Jai Sarkhatov Article Sarkhotators Sarkhotators Sarkhotators Sh❖ ignoring Sarkhotators Spiro, enter the box and  
come to the stage. Go behind those stats. Set dodges. Come with me. Go and strike the ashes awakened by the Doctor. . I have  
come to Shanti Purva. Why did the police come? What did the police say? They called. But the police stopped us in the morning.  
Why did they not come? They came at 4 o'clock. Did they kill foreigners? They came at 4 o'clock. They came at 4 o'clock. They  
told me that they will come at 6 o'clock. I told them that they will come at 6 o'clock. But there are many people like that only. And  
they shelled my father. There are many such things. I told him that I felt surprised. I told him about their history. And I told him  
about my past. And it took at least 8 days. They said, we are going home. Let us go to the school. Let us do this. Let us not send  
them to prison. We will come back soon. But they went to the puzzles. Yes. Yes. ... .. No, no, wait me please.  
Where is the contestant? It'skahn the greed problem in this Janak Ench❖❖ 1 minute! You are our program manager. No, you  
are my manager. You just give it to them. Look at us. These people are being beaten up. Yesterday they got beaten up by their  
wives. Do you know how many bad people they are? You have completed the program 8.30 am. No, no, I can't finish it at 8.30  
am. We tell you in the morning. You had come here at 4 am, right? I didn't come here. I came here after coming here. You tell me.  
Hello, hello, Angapur village. You don't speak. Tell me. The police had come from our side. They told us that this is the program.  
You wait a minute. You don't say like that. Angapur village, I request you. We all should stand on one side. Don't try to make  
anyone to stand in the middle. This group is going to go now. Let them go. Hello, Lakshya. We will go on one side first. Then we  
will go through the whole program. Hello, Lakshya. Yes, come here. You see, you should just wait here till these people go away.  
It's because I don't want you to be hurt. Alright? So sit down. Just quietly. I think they are very quiet. I am their mother. I have  
given them the right to live. It's fine. It's fine. I am going. You go. Now, they have gone. They are going to check me. You are on  
the road. How can you do this? They have gone. They are not coming. Where? Now, they are on the road. Where should I go from  
here? You come. Listen to me. They will come. I will take them safely. Take them out. And take the girl with you. Don't leave her.  
Take the girl with you. Take their names. Take their names and see who is who. They are blind. They beat us. Sit down. They will  
go. I will tell you. What you will tell them is a very Vare vare. They are heritage is spirituality not science. What have they achieved  
in science? They don't even know English language. And they have got no idea about science, nothing. But they think you people  
are coming from the country of science and you know what science has done to you. That's why you must understand that this  
country there is a kind of a stupid understanding about science. When the British were here we were sticking on to our own  
culture. Science has no culture and that's why you all have lost everything that you had and you are having all your social  
problems and this violence and other. Because they are dealing with science they think there is no God. So they are not doing  
anything. They can do whatever they like, they can kill anybody as what is happening in the West. So these are few people here,  
not many. But still you must see that what is going in this country is very dangerous. That's why I have to request all the Sahaja  
Yogis of India to work very hard to spread Sahaja Yoga so that these people will be controlled. They are very criminal type of

people, very criminal. Already one of our Sahaja Yogis was killed by them in Bombay. They are very criminal type and I think gradually the government will take over and they will be alright. They wanted to come on the stage because they can't arrange any program, they can't have people. Nobody is going to attend to their program. They wanted to speak from this stage. And people said that we have not come here to listen to you, we have come to listen to Mother. So just imagine how the violence is now spreading in this country and how important it is to spread Sahaja Yoga. You all know very well what's happening in the West. They are saying that I must be taking money from you. Now is there anybody who can say that? The absurd thing I tell you, just a kind of a funny aggression which has no meaning. So you should not really bother about these people because they are here. Tomorrow we will see to it that we inform the police about it and we will take them to task. I think we should carry some dogs with us. That's a good idea. If we carry some dogs they can attack them. Not we, we are not dogs. It's all a drama, you just see that. It has to go on in the history and see how people are. In a country where there is so much of culture, spiritual culture, we have such a heritage. They have no heritage of science. Now what are they talking about I just don't understand. I think some of the doctors are afraid that if we start curing people out of Sahaja Yoga they might lose their jobs or they might lose their patience. But there are so many patients in this world and I told them yesterday that I am not going to treat all the rich people. Let me treat only the people who are poor, who cannot afford to get cured. I told them very frankly. But they don't want to listen because they are all drunkards. They are all drunkards. And that's why they are behaving like this. Just like this they were shouting. So they couldn't, cannot see us enjoying anything. That's the main thing. They can't see us enjoying anything. And that is why it is important for us to understand that we are Sahaja Yogis. It's nothing compared to what people have suffered for religion in this country. For their goodness, for their righteousness. Shri Mataji is saying we don't have to seat for our selfish lives. These people on this planet have no connection. We don't have to tell anyone's anything you don't know about our lives, we don't have to watch the way they behave or its happened before. So let us not feel 1938 when they said they were interested in something, they were. But they don't know it, when they said a 3 ah parar mal may get me stuck in tears. Are you aware of that? Because if they don't confirm it right away, what happens? . . . . .

? I don't know if they are not teaching. ? . ? ?

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? Koi shaani kai karta? He say Rangapur has a very special feature about it. You see, Shri Ramadaswami, the master of the Guru of Shivaji, found the statue of Shri Rama, Sita and Lakshmana in this river, at this point, in the Krishna river. And this was such a remarkable thing, they didn't know how the statue has come there. So it was taken to a place called Jaffar where they put it. Now Shri Ramadaswami, I have created lots of Hanumanaks out of the Magadha, lot of Hanumanaks out of the Magadha. And And many, many others And many, many other Hanumanaks. Shri trusting people would listen to them. Shri willing to get angry and to repel the Nanaka. Now it is understood that He is saving us all in two very difficult lives. Asa wala hai, chastu kahe gawna kwe, kwa hai tanna rahe hai. Sahe bandhago, chumta tube 4 vas kahe chum nidho mele mane. Ko he manda hai? He saka he manda hai. 4 vas kahe dete hai. Ko he manda hai? 4 vas kahe chum nidho mele. Now, you see they are saying that it's better to go by buses, so they are going to call 1 bus, try 1 bus. Oh, police car! The bell is getting sofa-riders. K landed on the street, the cops got scared and ran away. Rep Marriage Children are liked by parents. Baby girl Take care of her child. Mommy was banged. eman's husband Women don't get bruised in your home. Men can go few minutes. He'll go last. The Sahaja yogis, men have to go now by buses because the police is afraid that these people might try to trouble you. So they are going to get the buses here and you all should go in the bus. Now all the men who are here will not go but quite a lot of them will go. There is a one bus coming, one by one you go by bus. The police man is going to look after you, all right? The village in Angapur is called Savanam. My name is written here. Nirmala Mata Devi is here. And now they have stopped their work. So let us all stay calm. They have to go to their place. So Savanam is my name. No matter what kind of trouble we face or what we do, we should stay in this village of Angapur. I am a little bit of a believer in this. What he is saying is that the shop is here. The police came here before. The people of your village have come here. So they want to start their protest here. And they have received money. And what will they do? They will come. I don't know. What is wrong with you? What is wrong with you? What is wrong with you? What is wrong with you? But I don't understand. Is summer secret for us? No! I admit that tomorrow willruk another estos. The funding is due for the next month. It will be in two months. So nobody pays for it. I will never understand. No, no, no. If



we really'll can do anything about it, we should leave the place. No you know that. No, we are successful fever. We can't do anything about it. Me? If you can do anything? It's easy to do that. Give me five rupees. Five rupees, money? Five rupees?

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...words that I would like to end and I'm very happy that you have come and I will request Mataji to say something also. Now you ask Me questions. Come forward. Can we feel these experiences? What? Yes, yes, yes, yes. Yes, you should, you should, you should, you should feel. Why not? Why not? You should. You want to feel it first before asking questions. That's the best. I mean, if you are a seeker you should ask for that. What's the use of asking questions? I'm not political leader, not seeking words. Best thing is that. Yes, why not? And specially you. Firstly because you are Indians and you come from Kerala where Adi Shankaracharya was born. Why was you born in this country? Great province. You can, why not? Just put your hands towards Me, you can. If you want to ask Me questions, you can ask Me. You see, it's a question of what you want. Not only that you can feel it, but you can see with your naked eyes the rising of the bone. You can see the pulsation on the triangular bone. You can see the rising very clearly. Absolutely, with the stethoscope. Now we have Dr. Bajorji Vida slathily, he's here. You can see it rising. Yes, that's the best. All right, you ask the questions first of all, the way you like. But you move forward. It's, it's a question just a split of a second the Kundalini rises. But there is a little part. The part of the Kundalini sometimes is blocked by your physical, mental, emotional disturbances, which are these different chakras, which we have to nourish a little bit. And can thousands of them get just like this, in the villages specially. That's why I said I'm more interested in the villages than in this five star hotel of mine. It's very easy to give realization to Indian people. Before them I can tell you. It's very difficult task to work in London. But in an Indian village it's just like this, thousands. Just like this. Because you see, definitely this is a yoga building. We have to be proud of it. But we have to know what our culture is. We have to know our heritage. At what time do you realize that you are able to realize this? Myself? I ask, you see, if you ask Me this question, I'll have to ask you one question, so that will explain. If I ask you what stage did you realize you are a human being? If I ask you a question, what stage did you realize you were a human being? You won't be able to say. In the same... I think what human was after, how long training? No, no, no training is needed for Me. You see, you were a human being. It is inbuilt. It is all inbuilt, you see. So supposing you are a human being, so your capacity as a human being is inbuilt within you, isn't it? You don't have to be told that you are a human being. In the same way it has happened. I don't know, I'm not interested in this part, how you will know that you are a human being. I don't know, are you in the same room? You are not aware. Yes, you are quite aware. Can you tell Me what moment it happened to you that you were aware? If you are able to determine what is what, then you will realize. You know you are a human being. In the same way you know you are this. You know this. You grow up like a child, first of all. Still you know that you are there. A dog knows he is a dog. A human child knows he is a human child, that he is not dog. Mother, what is the difference between your philosophy and the philosophy of life in the human being? Oh, tremendous, absolutely tremendous. Now, I would say one thing more. Again, you see, because I'm your mother and you must guard My state about it. Because you see, the government has sponsored this and all this is the first time I have yielded to a thing like that. So I don't want to fall into a controversy. But it's just the opposite of My own. I can tell you this one. Absolutely just the opposite. You just think of something like you give somebody a name. I mean, why do you need a guru to give a name? All right. Then you give a name. There's a big Shastra. If you come to Sahaja Yoga, you will know that different dateings are on different chakras. Then which chakra is wrong with you? Accordingly, you are to be told that, people that take that name of that deity at that particular center. Then that Kundalini moves from that center to another center. So you have to be told that. There is no talk of Kundalini, of chakras or anything. You just give somebody a name, you see. It is like saying that take this toothbrush and brush your teeth and you will have a little bit before and after sort of... It's all advertising thing. Moreover, it's much deeper. I've seen people who go to Transcendental Meditation are very difficult to get realization. Very difficult. We have got here three people from Transcendental. They have tremendous headaches, they suffered a lot. When they came to Me, they were just rattling like this. Now, you might say that I may be wrong too. You see, I may be wrong. But now how you do determine this way? That if you bring a mad person, a lunatic person, he also trembles the same way. If you bring a possessed person, he also trembles the same way. In the same way, they tremble before Me. And rather difficult to give them realization. They take time. You claim to be an avatar of this thing. No, I do not claim. I do not claim. I'm sorry. I do not. They do. You see, these people are not Me. That's the different thing. You see, this is the way it is. Always the human mind is from the other side and mind is from the other side. Why should I claim? Does the sun claim that I am sun? Why should I claim? If you are

that, you are that. Do you claim that you are a human being to anyone? What is your concept of avatar? Avatar, you see, these avatars, it is a Divine. Now first of all, do you believe in God? Began me. No. Do you? All right. If you believe in God, God has to take you, say, from amoeba stage to human stage. How does it do it? How does He guide you? He has to have some way of guiding you. So, one of His aspects, which is known as the Vishnu aspect, you can say, the evolutionary aspect, takes different forms at different stages, comes on this earth and tries to guide you. Like a fish wanted to come out of this. So a fish have got it. Like that all the avatars are nothing but guiding leaders, which came from Divinely. There is another psychological way that they describe as Jung has done it. Jung was a disciple of God. He said that through our unconscious, in our dreams, they guide you. The Divine power guides us, the all-pervading power guides us. But dreams, when the time we are awakened out of dreams, we forget most of it, you see. So the guidance is not correct. After all, somebody has to tell you about the Divine. I have to tell you where are your chakras. I have to tell you how you catch them. I have to tell you what are these fingers for. You will see all this we have done very elaborately. And these fingers, what are these chakras are? Actually I studied your medicine, just to talk to doctors. I studied also a little bit of psychology to talk to the psychologists, because God does not have language. So do you have the same complaint that you are the second coming of Christ? No, I am not Christ. Christ has to come. But when He will come, He will not spare anyone. That's what it is, colouring. I'm just preparing for that child, because I'm a mother. He'll just come and slash out on me. He will come, but He is not going to come to give you Realisation and to convince you of righteousness and sin. No. He's coming for the last sorting out. What we do to our banana trees, when the fruits are out, cut them out in the same way. He's going to come for the last sorting out. And there's very short time, so we have to be careful about it. What do you do actually to release the fact that the fractions are... You see, what I do is, this... Come here, come here. It's all right. What we do is to... Now I'll tell you something about medical science, which is, you know, it's quite boring, but if you don't mind, I will explain to you what happens. Because, you see, if you ask Me to put on the fan, it's very easy to press the button, isn't it? But what did I do and how it worked out, what was the electrical thing, what was the history behind it? Of course, there is an organisation. So if you want, I can explain to you what I do. It's actually I don't do anything, I would say. It just happens that you have got already built in you the mechanism, the complete mechanism. You can open the page and see. There is a picture of a human being sitting with the mechanism. You can see, open yourself. So you can have a look at that. Then I have a diagram, one of that, so far. Now you can see here, you see, this one is the picture. This is the subtle energy, a subtle instrument within us. This is, this is, this is. Now, of course, I mean, you can't see this with your naked eyes, because this is an energy form. But if it is there or not, for that you have to come to Sahaja Yoga and see with your own eyes that this residual energy here, this triangular, bold residual energy rises like this and opens out this. This is the baptism about which Christ has told you. He said that you are baptized, but not by the people who are graduated from theological college. You cannot graduate. You have to find it. You have to become a saint. That means this must open out. Unless and until you are enlightened, like a light, which is enlightened, like a candle which is enlightened, can enlighten another candle. Now you have to be a candle to begin with, and that is the candle you are. You are already made like that. You are an instrument which is already prepared, like this, you can say like this tablecloth. You are made like this, like the computer, and you are just to be put to the mains, and the whole thing starts from there. It's the fine aid of the whole thing. Now what I do in medically, I have explained in my article here, which means this is your, I had addressed to the medical people, and this is the address that you can see for yourself. But it works. Now, this one is here. Now, what you can understand is that God has made you from amoeba to a human being, all right? Now, after human being stage, what does He want you to be? Why did He make you a human being? Why were you made? Have you got your fulfillment? Supposing I make some machine, then you'll ask, Mother, why are you making this machine? That must have its fulfillment or not. That instrument must have its fulfillment. So you are made like this. It is already made, it's all prepared. I don't have to do anything. Just what I do is when the Kundalini sees, because it is a consciousness which knows Me. It just runs automatically. But how do you do it? How do you do it automatically? You see, because it is a consciousness which knows. It just runs. How do you make a fish rise to a weight? What do you do? It has the hunger. It is just... It's about the consciousness which is in the latest. In the? Consciousness is in the latest. In the? Yes. No, this is the residual consciousness. The consciousness has many, many aspects. You see, we have, in different ways, we have consciousness. First of all, we have the conscious mind which you are listening to Me, all right? You are listening to Me. Now, all the experiences and everything that you are listening to Me is going into your past. So we can say that is the subconscious. Then with which there is a conscious mind which also thinks for the future. That is the pre-conscious mind. Now, I am talking about the super-conscious mind where you become one with the All-Pervading Power. So you become collectively conscious. You become that. Now, they can feel your Kundalini, they can feel your chakras, they can see what's wrong. They are just like you to look at nothing, no difference. But inside they know and you will also know because it is an actualization, not just talking a brain wave or just a sermon or sitting down giving a pravacchana. It is not. It is a happening

that happens within you and when it happens, you become into samuhit, Chetan has collected consciousness. It happens to you. You just become that. For example, see, human beings, they are better than human animals. How? How do you know they are conscious, this is better? For example, you take a dog through dirt field. It won't mind but human being will mind. A human being understands the beauty, the combination of colors of things. A dog does not understand. This is a different dimension that you have to reach, all of us have to reach. This is your evolutionary jump now where you become conscious of that All-Pervading Power about this Shunabhi here. It is so dynamic, you can't imagine. Sitting down here you can feel somebody's vibration. You can cure, of course. It is already built in, you see. Like I come outside and I can push the button, the whole thing can start working because it's all built in. It started from the amoeba stage or even from the, you can say from the carbon stage, even earlier when it was just a power which got into many forms and now that is expressed through you. You go to another level of consciousness where you become electrically conscious. As I was telling Mr. Rajat the other day that first you know yourself, you know your power. Without knowing yourself you cannot know God. Like without eyes you cannot see the color, you cannot know God without being self-reliant. If you go to a temple, what do you do? It has to make an everything. You have to become that. You whatever you may do in the name of God, God does not know you because you are not connected. It's like telephoning to somebody, you cannot connect. Once your self is connected with God, then your own property, the Sampradaya you get. Now you are a capitalist when you get your something. Then you have to distribute. If you do not distribute, you are not happy. So you become a real communist. There's no forcing about, just flows. You can't live. Like the sun. Sun is the greatest communist you can think. But if it did not have light, how can it give you such? And then you do not want any rewards, nothing. You just force. It emits. I'm talking of that awareness, which we have not yet gone into. Shankaracharya has talked about it. Who has bothered about it? You see our great politicians, I've proved very much against them. But what I'm trying to say, they are all English people. We are more English than the English are, I can tell you this. What we have to project is what we have. So our politicians cannot be the same. Our politicians cannot think that this is the thing we have got in our country, our spiritual heritage. Let us put this and manifest this. We will leave the whole world one day, if you tend to react. We are very great. You have no idea. I mean, you have no idea about yourself. And we are much happier people than them. They have to learn from us. They have finished their family and lives, they have finished their societies, they are very unhappy, the richest countries, Sweden and the maximum number of societies. And for your information, in England, every two children are killed by parents, legal children are killed by their parents, mother or father. Can you think of such a thing? They have become absolutely animals. Where are we developing ourselves from? Why not short-circuit it and bring them round also? They are extremely unhappy people. And we have got this such a great thing and I have got it here. You see, now in America I'm refused to go there because the doctors there will immediately pick it up, you see. This is your thing, your heritage. You should have it. I have to teach them about Swami. Gregor also, you see, he knows right here, he's from Switzerland. I have to teach him what is Ganesha, who is sitting down here. He knows about Christ because he's a God. But what about others? Ganesha is the same as Christ is. He's the same incarnation. It is Christ who is nothing else but Mahavishnu. I can prove it on the Kundalini. You can ask any absolute question once you are realized. You get vibrations and you know whether it is the actual. It is fantastic. But you see, I cannot have a, as he said that, I can't have cheap popularity. You see, if I have fragrance you will come to me. And how can you charge money for such a thing? I mean, it's insulting, isn't it? Even to think like that you cannot purchase God. And it's nice, I don't have to have ashram now. I can always bring people to Kovalpil. You see, even a building an ashram is a headache. Everything is a headache. They wanted to have ashram in Bombay. I said, I will agree to ashram, you collect money. But I don't need any money from them. And how can I take money from my children? But I said, if you want to have ashram for yourself, please. But one condition is that no black market money is doing off. And seven years they have tried, they cannot have ashram. For such wretched, sinful people, why should there be ashram? Just not one person has offered us that Mataji have this place. But they don't mind giving money to this, Mahesh Yogi, this Yogi, that Yogi, all those people. They have got roars of them. Now this Rajneesh is another fellow you must have heard of. I don't know if I should mention it under your this table. But you know what sort of a mind is? Come on. Shri Mataji, can you tell us something about your background, where you were born and your education? My education? Yeah. I did medicine. You see, I never needed any education as such. But I did medicine because I wanted to be a doctor. I also studied psychology. And she is also a very well-known doctor and she is also, was a professor of chemistry. And the lady who I have cured, Nahi, they are saying, the one whom they know about in London, you see, her husband was my professor. And he could not believe that this is so. They cannot, you see, the scientists cannot believe that there is all pervading power. What can scientists do? You see, I don't blame them. Because if they see this is red, they say this is red. But supposing you are a doctor, you are a doctor, you are a doctor, but supposing you have eyes like microscope, through which you can see more than this, then you can prove it to them. So I said, you take your realization, then you can see this. Now they don't want to take it. Now, I cured is,

no doubt, I've cured a hundred percent. I've cured so many cancer patients, my disciples have. And cancer cannot be proved by anything else. But, Sahaja Yoga, take it from Me. It was born with me. So My background is that My father was a congressman, a very fellow congressman. And he also came to Kerala once to do a lot of Tamil things for elections. He was a great speaker. And also he was the member of the old Central Assembly, where there were only two, from Madhya Pradesh. And then he was the member of the Constituent Assembly, then of the Parliament. And like that, I have a background. I, Myself, I have been tortured by the Britishers and they have really tortured My life. Because in 1942 I took a very active part and naturally we had to be free. It was important, before getting free, how one would understand it. But as soon as we got freedom, you forgot that you are in this. So now you are finding how to be free. I know that, I know that. You see, I have no bitterness about it. You'll be amazed, the British today, the younger British, the younger people, are very different from their fathers. They are such excellent people that in the foreigners, I would say, they are the best. Because they do not have a shifty nature of the Americans. Americans are doing only good shopping. You see, they are very solid people. They don't take to Sahaja Yoga easily. They seek for themselves and then they come to it. You see, they are the most blessed people, I don't know, maybe they have got blessings of this country or whatever it is. But they are the most blessed people, they are the most balanced among all of them put together. And that's why My husband got elected and that's how I'm there. So what more background you want to know? I have got two daughters and four grandchildren. And you know about My husband? Yes, I've got it. Now what more? Who is he doing? No, who is for that? I'm the Guru Mata. Now who could be My Guru, tell me. Every one of you is, really, to be very frank, because I have to understand about four people. To you I understand. I really don't understand you. And to all of these people I have got. So I should say, you are My Guru. That's the way it should be. How old are you? How young are you? I'm very old. I'm forty, I'm fifty-six. Yes. I'm fifty-seven now. Yes. In terms of what? I'm quite old. Age, it has to be accepted. You see, even God has to be a normal person to talk to you. I have to become old, I have to use jashma, I have to be just like you people. I'm not here to show miracles. You have to be absolutely a normal person, absolutely a samayana, just like you. So that you'll accept Me much more, you see. You mean you have very much total control of the world in life? Not at all, it's all nonsense. It is just a show. What are you doing? You see, if you are wearing, say, those dresses to show that advertising that I am a sannyas, you don't know. It's just a happening within yourself. It's a happening within yourself. Nothing. On the contrary, I bless all the families. Family is the most important. And do you know there are some very great souls who want to be born in this country? Nothing else. Why do we have overpopulation? Have you ever thought of it? We used to pray for fertility. Do you remember that, few years back? And why people are trying to be born here? In England there is a recession. In Germany there is a recession. People are giving money, incentives to produce children. Children are not born there. In Sweden they are borrowing children from India and they are also going to Colombia and taking children with them, orphan children and all. Why children are not born there? Why? Because which sensible man would be born in those wretched, horrible hellish countries? There is any way. No sensible man. That's why we have to bear the law. Don't you be afraid of your population. Yes. I think there are no people with strong beliefs in Swamis. They are more adept in the career side. Yes, they are. No doubt you are correct there. But still people don't open their eyes. They do not have wisdom to see, you see, because they have a glow around them and they go with a big bump and show and this and that. So people are so superficial. They are accepting. Like I was telling about the Rajnees. In London only nine people started their show, you see. And it's a very funny way they started, in a basement. They had no money. So they took out all their clothes and started dancing and shouting. Some people came round to see them. Now they have thousands. They don't know what to buy. They will buy the whole of London when they are in. But one simple thing is, in this respect, in this licentiousness and publiceness, why do they need a guru? I mean they can teach all of these gurus. There is no rising of the Kundalini or anything. It's all happening. It's not rising. It's possession. By becoming naked, if people can become, realize. Then I think in Kerala half of the people will be. It's all absurd. You see, you are intelligent people with a heritage. It's a silly thing that he is to, absolutely silly and foolish and he is a panther. He is to insult the Devi, to insult all the chastity. He is the one who has taught people to absolutely convert it. You'll be shocked the kind of people live in that place. You have no idea. These people cannot even tell you. I mean you are too innocent to know what sort of people they are. If you don't give in the paper, then I'll tell you one. But don't give in the paper. It's too much shocking. Because we, king, know they are very happy. There is a law in England and all over the western countries that a man cannot sleep with his mother. Sleep with, doesn't mean the way we sleep with our mothers but the dirty way. And a daughter cannot sleep with her father. There's a law. We don't have such a law that don't do dirty things. You see. But they have a law. Now they are wanting to break that law and there's a big procession at the parliament. I've seen with My Una is in BBC, on the BBC table. They are demanding that this law should be broken and we should be allowed to enjoy it. Now can you think of such a thing? With all your advancement, they are silly people, idiots, idiots. You see with ego one becomes an idiot. You must have read Tulsidas's Ramayana. In the Ramayana they have shown how even Narada became an idiot, it is ego. So even Narada can