

asking for popularity.

What I want, that My children should be beautiful people. Then they enter into the Kingdom of God. They should be respected as great saints, sages, more than anybody else. They're special people and that's how they have to be educated. Maybe I'm very ambitious, you might say, but My ambitions are based on reality. I'm sure I can achieve it. But you must develop that, that humility within yourself, and understanding that we all have to improve, we have to be in the attention of Mother, if She has to say something to us, we are not to feel hurt. If you feel hurt, then know that it is your ego, beat yourself with shoes, take it out, because is not good. I cannot go on pampering your ego all the time, till you're completely blasted off and then you come and tell Me, "Mother why didn't you tell me?"

For example, somebody asked Me, he's in love with somebody, wants to marry, I knew the person was horrible and he should not marry the person. And I said that, in a way. I said, "All right." I mean, at first it was a shock, and I kept quiet. I said, now, how to say, not to pamper his ego either. But to say, how to say that no? And yes - it will be very difficult.

So I said, "All right, as long as she makes you happy, it's all right." Now the word 'happy' is a double meaning. 'Happy' means only your ego can be happy, not the Spirit, is joy. I did not use the word 'joy', I said 'happy'.

See I have to be clever about it. Now, if you have thought of it, 'Why would it Mother say 'happy'? She should have said 'If it gives you joy'. If I say 'joy' then it's correct, but I said 'happy'.

And I said it three-four times to him, that "Does it make you happy?" He said "Yes." "If it makes you happy, you can marry her."

Now, you see, if - he's very intelligent and he should have thought of it, but he never thought of it that I was meaning that it is not going to give you joy, it will give you, "if it gives you happiness, you marry." Happiness means: is your ego pampering, is simple.

Also you have to educate yourself to understand your Mother. This is the third thing you have to know is to understand your Mother. See, I have to be clever, because if I'm not, if I am very blunt you get blasted. If I am not, you are lost. So I have to be clever, and when I'm clever they call Me Mahamaya.

So, at least let Me keep to one style, let Me be a Mahamaya, all right, accepted.

But then you try to understand that if I tell you something, you just get absolutely annoyed and angry. And people get lost, you see, they get lost, if you tell them 'don't do it,' they get lost. If you say 'do it', then they get lost in any case because they're doing a wrong thing, so it is a big problem, and you should see what is good for you, "svartha" (). "Svartha" also means "selfishness" but it means "the meaning of yourself". "Sva-aritha", that's what you have to find out for yourself, what is good for you, and if Mother is saying something, then what is the meaning of what Mother is saying.

I'm too simple, but I'm very crooked, because when I tell you something straightforward, you do not understand, so I have to go in a roundabout way, see, that's the diplomacy of Shri Krishna.

You see, because Mother's intentions are very simple and sincere that My children should grow into real Divine power. They should become really, actually Divinity. They should be nothing but embodiment of God's love. I'm very ambitious, I have all confidence in Myself, in you also, and I'm sure you will understand, that I do not do your ego-pampering.

I encourage you, and I also sometimes discourage you. Both forces are important if you have to progress properly.

So when I encourage you, you feel happy, means your ego is there. When I discourage you, you feel discouraged, means your superego is there.

So you don't have to be both. You have to be in joy, because unless and until you educate yourself fully, the feeling of joy, the

feeling of Spirit, the oneness with Spirit will not be your own.

It's like, you see, My car, which didn't start, you see, it's a hopeless instrument, it can't take Me up to this Chelsham Road where I have to go for such an important thing. So what's the use of having such a car, isn't it? That's what it is. One has to understand if this, if this habit of Mister X, Y, Z is like this, it doesn't take me there, better not to have such a habit. Better not to have this kind of a personality, better not to have this mentality, better not have this kind of attitude, better give up, it's all nonsense, I have to enjoy, I've come here, on this earth to enjoy the bounties of God's love.

So it is a very great day today because internationally we are all celebrating My Birthday. Yesterday about ten o'clock I started feeling the vibrations flowing and My husband told me that in Australia the Puja must have started, and then later on, about, say, twelve o'clock again it was in India I think, continuously, so I feel now when all over the world My Birthday is on, even when it will finish here, it will go to America, and all over the world twenty four hours I'll be emitting vibrations perhaps because everywhere they are worshipping Me and the sun is moving, twelve o'clock, they'll be all worshipping Me. It's a great thing that such a day has come that people are feeling it round the world.

That it is a great day when the divine decided to start this Mahayoga.

Now, for your education I was thinking of writing a book, an article about how to educate yourself. But the problem is that when I write it I do not want you to feel that 'it is directed towards me', you see, because you will find something identification, your identification. It's not directed towards anyone, it's a general thing. Today you might be having that problem, tomorrow another might be having that problem, anybody, it's a general thing. With all your permission, if you say so, I think I should write it down, which will help you, which you should read impersonally, impersonally, and that is going to, I'm sure, help you.

That should be really the beginning of My another book which I am thinking for Sahaja yogis, that I should take to one book only for Sahaja yogis.

The one I've written is for everyone, but this one would be only for Sahaja yogis. The first one chapter would be: how to educate yourself to be in Sahaja Yoga and to grow in it and not to be deluded by ego and superego. I hope I have your permission today, and I'll start that thing for you. Now, if there are any questions we should ask because we have reached the point where we can start the puja now.

You should know that another cleverness your Mother has, you see, maybe the car was failed because of Me perhaps, you can't say. I'm very clever at certain things like arranging timings. You know, the thing is, we went for a.. there was a puja in, puja in...what was that place, [Andara? Indian name] or some place. What was the place we were in? We stayed in [Lonaura? Indian name]. We had a puja there. And for that puja, you see, they fixed the time at nine. As usual they fixed themselves as if they never ask Me. Nine o'clock, puja is fixed, Mother, come at nine. Mother should come, sit down, "All right, do My puja." You see, at nine o'clock, imagine.

I said, "All right, I'll be there." So I wouldn't go for My bath till eleven o'clock. They were saying: "Mother, go for Your bath." I said, "Just a minute, I'll do... [inaudible]." And without bath I wouldn't come for the puja. So they said, "Why Mataji is not going?" They were all very upset. Sit down, they were waiting and waiting for "Why Mother has not come ji[?]"

I said, "All right, I'll just go for a bath." At eleven I went for a bath. And they were to have puja at nine, you see. Then I came back about eleven thirty, I came down, they started the puja.

So before starting the puja I said, "All right, now please see the panchanga." where they write the dates, you see. There it was written till eleven o'clock was amavasya, is the day when there is no moon. And nothing, no good work to be done during that time, inauspicious, you see. I said, "How could I take My bath before that?" And they were all amazed.

I said, "I never read panchang, but I know what is to be done what, and what time it is the most auspicious time, that is the time

everything else is to be done. And you don't have any panchang today, but you can find out about it."

These things are very important, timings are, because as I have to consult all the deities, I have to consult all the stars, and also you know, the stars have got all the deities on them, they're all to be consulted, they are to be put right, the whole thing is to be geared up for puja so that you have the maximum advantage. I have to work very hard for all these things and it's a very big operation, so such a huge complicated operation that you do not know.

You see, when you start doing my puja you get your vibrations, you think, 'Oh, Mother has given us vibrations.' It's not so simple. It's a very-very big operation, imagine, to get a car done is so difficult. Now here there are so many complicated stuffs and the whole universe is involved into it, so one has to work out very carefully. So only thing, one should have a humility, why you don't understand Mother so much, it's all right, we have to understand our Mother more and more, so that education is also important.

So far you have had faith in Me, thank you very much for that, and I hope you'll have more faith in Me, and understand Me better, why I do certain things and why it is necessary. These cannot be rationalized unless and until you really reach that state of rationality, where the Spirit gives you the light to understand. Then you will see that time Mother will allow some time to pass and this happens, that happens, sometimes She may come earlier, later, it's little whimsical, to an ordinary person, but it is not, it is not. It is the working of the divine, which is to be understood from the divine point of view. See, from a human point of view it may also look crooked, it may look vicious sometimes, may look funny, but it's not so. It has to be done like that and I really use traditions to hide all that which looks funny to you. That's how I manage, otherwise you would be surprised, the things I'm doing, like killing the rakshasas and all that, is a horrible thing but I'm doing it, all these things.

You know I'm doing lots of things like I gave a bandhan to this Narakasura, and they had no meetings, not a single person turned for their meeting. So all these tricks I am playing, you may call it espionage or anything you feel like. You may call it anything very serious, what can I do about it? But it is so, one has to work out in this crooked world, you have to take them out and really do something about it. So it is a big operation on, while you are the real people on the stage, I mean, the whole opera, everything is for you, the whole dressmakers and everybody is sitting at the back, they're all working it out, you are on the stage and you have to achieve it. You are the actors and you are the real things, which are going to give the show. That's true. So if you have any questions, please ask and then we'll go ahead with this puja business.

Ah, now I must tell you. The Indian Sahaja yogis have bought for My toe-rings something, they bought for Me, and these are of course are going to be at My personal archives, I must say. And I've sent it to be worn to the, for the program. 'Cause they thought that the program is going to be in India. And they had made all these things, ornaments for Me there - but, poor things, I decided to come here and have the program. And they think you are specially privileged people, that I'll go to England.

But then I told them, "How many birthdays I've had with you, how many?"

Then they kept quiet, you see. They thought, why this privilege to these people, Europeans and the English? So I said, "Now, how many birthdays I've had with you?" Because they had made all preparations, they had made all these toe-rings and everything for Me, and you'd be amazed, how beautifully they had made these things.

So it is all right, we have to think of them, and today, on the twenty second, they are having a big program and there, where there will be some speeches and things, and some music program, and it is free to all, I hope it will be successful. Must have started by now, it's about five thirty - six o'clock they are going to start, so it's about that time, and that's how your Mother is postponing a little bit, if you don't mind.

All right. Any questions? [Kena?]

[Shri Mataji talking to the baby and other remarks: Hello! Yes! How are you! All born realized? Big people? Yes, coming on this earth? Quite shocked. You shouldn't laugh. They're all, they don't understand you, all right? Sorry, sorry, sorry. So you come on this earth, all right, to help Me out. Isn't it, isn't it? You've come to help me? Good. What about you? Yea(?), isn't it? All of you. Very

good. Now grow fast. Hello, yes, you also have come? She has also, she has also, oh God! She's wearing salwar! Who got this salwar? From where did you get it? From where is this? This salwar and kurta, from where did you buy? Eh, channa. Channa (Indian word?). What is it? What? Water? No-no-no, your laughing makes(?) the child cry. That's right, it is. Oh-oh, it's all right, it's all right, it's all right, no, no, no, no, no, no. It's all right, it's all right, it's all right, see. No-no-no, doesn't matter, doesn't matter, it's all right. It's all right, they all laugh aloud, you see. [Inaudible phrase?] Now what do you want? What? Channa. Now what is the thing?

Any questions? Has Rajesh arrived? He telephoned to Me, I didn't know, I said forty eight. I hope he is not searching outside. Is there anything written down outside? Did he telephone? Is there any way to find the way? Sign is there?

Hm. Any questions anywhere?

All right, all right, all right. He's been told? All right, all right! What has happened? Doesn't matter, they laugh too much. What? You take the baby, go and take the baby. Did you take the baby? Go and look after the baby. Little baby's crying, oh, this the baby, come here, look after the baby. What? See, the baby put her on your lap, come along? Little baby (? inaudible phrase....)

Ha. No question? What about some questions? [Question inaudible] What's she say? What is the[?] Venerated? And? She's recently realized? Is she realized? Did you feel the cool breeze?

Then you feel it towards the photograph, all right? You see, you see the thing is, it comes from, the origin of this question comes, because you are born in a Christian family, you see, and that's what we accept as Christianity, as Hindus are born, they say "we are Hindus." You see, they don't think that you are born in that, so we've accepted a certain situation.

Now, in the Bible it's written that whatever is created by Mother Earth, whatever is created by Mother Earth and by the Sky, or they call it Firmament, should not be reproduced and worshipped, you see? Now it's a very clear-cut writing, very clear cut if you think about it. We should first of all think, what is created by the Mother Earth. What is created by the Mother Earth? We never think on those lines! You see, because Bible is another thing which is a very diplomatic thing I should say in a way, because it was written at a time when everybody on top of them, so they had to write in such a way.

Now, what are the things created by Mother Earth are the things that have come out of the Mother Earth, which are vibrating, like I said Stonehenge. Now, you cannot reproduce it and worship it.

In India we have many places like that from where you can just feel the vibrations, do you remember, those who came to India, did you see that place near Musalwari (? Indian name) How cool breeze were coming out of that place, isn't it?

So that cannot be reproduced, because human beings are going to reproduce. Whatever you reproduce is artificial.

Now, supposing you make a statue out of me, that will be artificial. But not the photograph. The photograph is a real thing. Christ was, Himself was respected, you know that when He came, people bowed to Him on Palm Sundays, they laid down their cloths that He should walk over it. But Christ is different. If there was an exact copy of Christ as the photograph, it would have vibration. Now, do you know, Moses was buried in Kashmere. Nobody will know that, but I know, that He was buried in Kashmere. And the Jews who disappeared out of the Roman clutches went down in India and settled down in Kashmere, and they're called as Jews, actually, they're called, [inaudible phrase]... may be one of the Jews, she might be. They call themselves as Jews, actually they call themselves [inaudible] they call themselves. But who will know this? Unless and until you have vibrations, how will you know that Moses was buried there? So, when you read Bible without your eyes being opened out, enlightened, you read it in the wrong way.

Now what your people may say about Mohamed? You see, Mohamed was a prophet, no doubt about it. And He was nobody else but Moses Himself. Let the Jews fight and the Muslims fight. I know for definite they are the same personality.

Yes, they will break their each other's necks, let them break. They're going to reach nowhere with this nonsense, because they were the same personality reborn. Moses was reborn to teach the Jews that 'Baba, we are all human beings, there is nothing like you few people and they few people. They're all one in the eyes of God.' So this is what it is. Now, if you tell somebody that Moses died in India, they'll kill Me. But it is a fact! And I can tell you exactly where He died. It is described. All the words that are used in the Bible that Nebu and all these places where He's buried, is the place there, in Kashmere.

So when we read Bible as Christians, you see, for us it is that any photograph is worshiped then we are worshiping a sort of a statue. Is not so. Supposing, there is an exact copy of Christ photograph, then it is not, because you are not reproduced, with your hands. The statues are made out of hands of human beings, but I was surprised that some statues are also vibrating. There are some statues, which are also vibrating. Surprisingly, some realized souls can do it. That's why, in general it was written, and this kind of a stamp that we wear, you see, from our childhood we are born as Christians, Hindus, Muslims, Jews, or anything, the stamp we carry so far, when we have had no experience of anything. But we are educated that way throughout, you see, that we carry it on, even realization comes in, still we go on. It's a surprising thing how human beings take to artificial. Is all-artificial that you were born in a thing, your parents told you, you are a Muslim, or a Hindu, or a Christian whatever it is and you carry on with it.

But you don't want to think that you have to be born again! Why did they all say that you are to be born again? Because without being born again you will not know the reality. And whatever they have said is for your good, that don't worship anyone.

I would say, one should not worship Me also. Unless and until you are realized. I don't allow you to touch My feet if you're not realized. You have no business to touch My feet, I get the pangs. If an unrealized person worships My photograph I don't know what will happen to Me. But it's better to spare God, not to worship if you are not realized, is better to spare. If somebody is not a proper realized soul, they come under My feet, I get blisters.

Do you know that? It's not easy, you know, to deal with people who are not properly realized. You see, we think we are obliging God, here God is obliging you, to be very frank.

That's the fact. You see, a person who comes to touch My feet thinks, that oh, he is surrendering himself. It is the surrendering of the divine, I tell you. It's not easy. The other day I was in India, if you tell them, "Don't touch My feet." Here it is the other way around, because of Christianity, there's Hinduism. So Hindus think, you must touch everybody's feet. So when I say, "Don't touch My feet," that was the worst curse you can give upon them[?].

They said, "Mother, what have we done wrong?"

I mean, all the philosophy came down. I said, "All right, baba, touch My feet." My feet became so swollen, you won't believe, I couldn't even lift My legs.

See, this is what it is, you see, whatever you are branded with you carry on, carry on, carry on like that. But why not keep yourself open? Nobody has given you realization so far. Has any one of these priests or anybody given you realization? Nobody has. Accept the fact, finished. Then somebody has given you realization. A person who has given you realization must be someone, has to be.

I don't want to tell you like Christ to be crucified by you. But that is what it is, one should find out for oneself. Actually, we don't even give photographs to people who are not realized, to be very frank.

Because it is of no use, it is absolutely insulting to God to give the photographs to anyone who is not realized, who is not [inaudible? Indian word?] Sahaja yogi. We don't allow them to come to pujas also. You know that definitely, we don't allow many people to come in, I mean, you know that definitely. Because they don't understand. So what's the use of calling them for puja? This is one of the reasons we don't want people to come to puja, who are not yet fully Sahaja yogis. And the definition of a Sahaja yogi we have found out is that the one who has given realization to ten people at least. Those who have not given

realization to at least ten people, will not be called as Sahaja yogi any further.

So this is a criteria that you should be able to give realization to ten people, then only you are a Sahaja yogi, then only you can worship the photograph, then only you can come to puja, otherwise you cannot.

If you haven't achieved that much, you cannot come to puja. This is in India, but it's working, because there people have done it. And you all have to do it also.

All right.

[Shri Mataji talking to the lady who asked the question: So now, you have come for the first time? You've got your realization? Who has given you? Who gave you the realization? Who gave her realization? Where did you get your realization? Is it, at the Hampstead meeting? Is it? All right. So it is important for you to watch now, all right? And see for yourself, because you didn't get it through rationality and whatever you knew about it, isn't it? It's something, a unique thing has happened, so you must watch and witness the thing, otherwise I would suggest you should not sit for (full? inaudible) puja. [...] You get your realization! Who is the one who says? [...] No? Because you will go, you see, like that, you'll go little funny, you see, because you are still identified now with other thing.

To get identified with your spirit first, and then do puja, because you're not entitled according to us, see?

So it is better from your point of view also, not to feel bad. But have you got your cool breeze in the hand, did you feel? [...] Then it's all right. Now you watch, you see, and don't make your mind think too much, otherwise it may spoil your chances, all right? So now take it like that.

Is there anybody who hasn't got vibrations and is sitting down? Please, come forward honestly.

(To the baby:) He's taking a photograph.

Is there anyone here like that? No one, all right, so it's all right, because it does spoil a persons chances, I know.]

Now, any other questions? Sahaja yogis don't ask any questions. Very clever.

[Shri Mataji gives directions about Puja: All right, so now what one... these are (?) (?) English you better read (inaudible). Now, now Gauri, would you, now, give it to everyone, go and give it to everyone. ]

## 1982-0322, Reality is what it is

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Reality Is What It Is

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It's not very easy to explain Sahaja Yoga to anyone, rationally, as you must have also faced the same difficulty. Not only that we are facing this difficulty but has been faced, faced by all the saints and all the incarnations including Christ, Blake, all of them. I've been reading Blake these days and Don wrote to me that he's writing some sort of a thesis on Blake, friends, friends of sinners, written in his poems of such friends who are friends of sinners. But they could not communicate through human beings in that way as we could communicate because we can give Realization, we can make them feel the vibrations first of all. Like you can sprout the seed and we can show how the seed then gets developing. You see, this is an advantage we have and today the time, time has come definitely to us that what Blake has desired and asked for or pictured or visualized, we can prove it.

Now when we explain Sahaja Yoga to someone we have to talk a little at the beginning because they haven't found their absolute. It is, it can be quite difficult and frustrating in the beginning to talk about something that is such a living process of our evolution. We cannot explain how we evolved into a human being, and to explain how we are going to a newer dimension is also a difficult thing. How it is going to happen, how we are going to sprout, what is going to happen is unbelievably fantastic, absolutely fantastic and we can't believe that we could achieve that. People just don't want to believe that you can achieve it in this lifetime. They live in the future. As I told you last time we are futuristic people. You always think of the future. The dangers of future also I told you what happens to people by living in the future, physically, mentally and emotionally but spiritually it happens in such a way that you think that in this lifetime you cannot get your Realization. You are quite convinced about it that you'll get it in the future because you live in the future. So you can't accept the present in which you can get your Realization. This is one of the biggest problems of Sahaja Yoga that today we are facing the futuristic society, which always lives in the future. So to explain to them at this time, at this special moment, "You can get your Realization." This time is meant for that. In the past this was the future. And this future has been predicted by so many so that future has come now and one has to face it as a present. Every future has to be present sometimes, not imaginary, but the real future that has to face you which was seen by seers and predicted has to be materialized. Once you understand this point then one can explain Sahaja Yoga that this is the time one has to expect their Realization.

Now a man who thinks too much and who lives in the future would first shun it. Say that, "How can we get our Realization in this lifetime?" One may say like that. Then the same person, the same person, may accept, "All right", if you're convince that, "You can get your Realization" so - [Aside: Why don't you come here, downstairs? Who's there? Come downstairs, will be good idea]. So the second point he may raise as you must have also faced, is that, that even if you get Realization, because he's futuristic, you see he's imaginary. Everything he thinks is imaginary, isn't it? Is not reality. Reality is what it is. Supposing you want to think about this hall and you imagine this hall, it will be like this, like that and this will happen. It doesn't happen. It doesn't happen. It is not like that. What you see, what you feel is the way that you have to understand is the reality. But the people who live in futuristic ways are never realistic because they are imagining things. So the second point that they tumble upon is their own conception about God and Realization. That's not reality; reality is what it is. It cannot be changed; it cannot compromise. It is what it is. Now first for such a person whether they are futuristic or they are past-istic, you can say, the people who live in the past, all of them must resolve one thing very clearly, "Are you a seeker? Are you truly a seeker? Are you seeking the truth?" Then truth has to be not rational, not imaginary, but real. If so we should be prepared to face the truth as it is.

If you prepare the seeker like that, that as it is whatever is the truth you will face it, then the task is better. You prepare the person for Realization in a better way. Beside the second type of people are such, those who have lived in a materialistic world, in the gross life, we live in the gross life every day to day. For example, coming to Caxton Hall means money. Taking this hall on rent is

money. We think of money. If not of futuristic things we think of money. How we can do this hall, how we can take it on hire, how we work it out, all these are problems of money. So if somebody says that you cannot get God by paying money for it, God doesn't understand money, not at all. You have made money. God doesn't understand. Whether you pay Him or not He will make the place rain[ed] or He can give you fertile land. He'll give you fruits. He'll give you all the bounties and all the beauties of life. Whether you do anything for Him or not He is a giver. He goes on giving. He doesn't know money. He will do it for the rich. He'll do it for the poor; He'll do it for everyone. But we think of money.

Naturally, it goes easier into your mind if there is somebody who says, "You can pay two pounds for coming in." That sounds better, because it must be worth something at least, you see, because we live in relative world of money. Actually, money has nothing to do with God's kingdom. There is no money in His kingdom. And you can understand rationally that how can there be? How much did Christ charge for His sermons? We have so many great people in this country, who did not charge anything for what they said or what they gave, who were real people. And the reality is always proved in the human beings when it is done free. That's the reality. All other things that are sold out are the things which are not real. So when you come in, in the hall, you see a big hall and all that, and a money-minded person might start thinking that, "How is it without money, these people are doing? How can they do it?" Now the thing is you are not. We should be discreet about the whole truth and then understanding that you are not paying for God's Love; you are paying for this hall. That you are paying, that's your business, not Mine. You are not paying Me for that. It's your business if you want to have a bigger hall. You can pay for it; all of you put together, and can take a place whatever you like, if you want. If you want we can go to Hyde Park and have a free lecture there. Whichever way you say, I'm willing to do that. You cannot pay for it but you can pay for the hall because this is material, this is gross and you have to do it.

So one should understand that you are not to pay for this. You are not to pay for what I say to you, or for My lectures, or anything, or for your Realization, not at all, not a single pie for that. You cannot pay for it. It is so invaluable. That's the only thing that's so invaluable, that one thing you cannot bring it to the level of this gross existence that we have. It is absolutely overflowing. It's absolutely freely coming to you. So you cannot pay for it. It's Love, and Love you cannot purchase.

Now, the second type of a people who come in, who are not futuristic, are the people who believe in the past. Now they have faced another type of problem. They come here. They will think, "Oh, Mother, we are such sinners. We've done this thing", I mean all the past that they have. But love never sees any faults of a person. That's the sign of love. If you love someone then you just love that person for love's sake. You don't do it because he's such and such and such and such, then you love that particular thing. For example, you see a rich man comes in and there are ten people running around him. They are running around him for money. Of course, he doesn't give you anything. But you want to be seen with him so that people also think that you are also rich or whatever it is. Human beings have all kinds of funny ideas of living in imaginary world. But such imaginary world exists.

So when such people who live in the past, they come in getting, "Oh, God, I've done this and how will I face Mother or how will I face reality? I'm such a sinner," this, that. Now when you say you are the friends of sinners, the first conception only I don't want to agree that you are sinners. I mean, once you come to this place you are no more a sinner. I think, to My eyes nobody's a sinner. I mean if there is so-called sin, all right; it is because of your ignorance. So I would say, "They are ignorant. They're ignorant. They are the ignorant people." If you have no lights, and it's raining, and it's bombarding, and if you jump into a well is not the same, is it? Maybe deliberately you've jumped into a well. Some people do, you see. Some people are like this, "Come, oh bull, and hit me." There are people like that. That's true. That sort of people are also there but mostly it is a mistake, which is committed out of ignorance. You did not know that it was wrong.

Today I was reading some chapters of Bible and I found that the punishment for doing wrong in Levi's this thing; chapters were just like Shariat as they have for the Islamic laws, just like that. You see, a man who takes another man's wife should be killed. That should be done. That was the time we were like that, you see, where we had to establish our sustenance. We had to be like that; otherwise, we would never have decency in life. I mean, we could not listen to anything without fear. That's the sign of people who are still much more ignorant and absolutely under bondage. Like I would say in Riyadh, my daughter went out and she wrote a letter to Me, that, "Of course, if you see from outside you will think that these Arab people are really very cruel because they force things and they make people so much religious by force. But to Me it's a Heaven, because I don't need any



force for it, because I'm brought up this way. I like it. Because they don't tell you do any wrong things. There are no gambling dens, there are not hooligans, there are no rapes, nothing. It's such a wonderful place to live in. Nobody troubles you. You walk into any place, you take anything, no thieves. You don't have to lock your rooms, nothing, out of fear." This is done out of fear. But for people who are evolved and independent, fear is not going to help. We have reached a state where we have evolved.

It's time of Moses that these things happened. It's long, long, long, long time back when human beings were not evolved to that extent to understand that righteousness and goodness are good. We may do bad, we may do wrong things, we may try to harm ourselves. People do it, but in the hearts of hearts they know it is not good. It's not good. They should not have done it. Is wrong even to hurt someone. Now human beings have evolved so much. Imagine the Romans, the way they behaved and the way they treated people in this very country of ours that they would go to any extent of killing people. But all that cruelty, that violence and that ruthlessness and you can call even the licentiousness and the permissiveness that which they destroyed themselves and there was a fall of Roman Empire, we can see clearly, because they have committed mistakes, we have [BEEN THROUGH]. Because Hitler came in we know what violence is. And that's how we are correcting ourselves through our own people who are doing wrong things. Like one cell in the body becomes malignant and teaches the whole body to behave itself. In the same way any person who becomes overactive in any wrongdoing, he comes forward later on in the history as a person who should be abhorred, the person who should never be copied. He's the person whose name is never taken. That's how we were bent on learning, learning, and today we are at a stage where we are free to choose whether the hell or the heaven.

So when you reach that stage then one should not think of sinning. That's over now because I've told you many a time that Christ, when He came on this earth, He created that special spot for us which is called as Agnya chakra, which is at the crossing of ego and superego, that if you awaken Him, He can suck our sins. So before His coming there was no such arrangement. He has been predicted in our Indian Puranas and was called as Mahavishnu. Of course, they cannot connect Him with Mahavishnu because those people who went to India and talked about Christ, horrible people. I mean, I must say that the way Blake described the priests, you see, it's so surprising. He says, "Go off a child. The priest put His hand on my head to baptize", you see, "and he actually cursed me". See how clearly he says that he was not a realized soul and "he put his hand on my head and he really cursed me" because he had no right to do it. So because of this conversion business and this nonsensical idea of spreading, you see, conversion, because they think religion is also some sort of a political style, so they went into India and tried to convert people. They thought if all of them became Christians then they will have a democracy of Christians there and that will be under rule of English, maybe. But other people also now feel - like many Muslims now are going to India and converting them, thinking that it will become Muslim majority and majority and minority and all that. They'll think on those levels, you see, but one should know that everywhere human beings are evolving and they will always ask for the religion that is real and God that is real. Whatever you may try, like the Muslims, Hindus, Christians, all of them have tried all these tricks of this gross level. That's not the point at all. What you have to achieve is the understanding that you are a free person first of all, absolutely free. There should be no fear and there should be no compulsion. You are absolutely free because unless and until you are free you cannot go to that realm which is complete freedom, [TILL] you are absolutely free, to begin with.

If you are not a free person we'll have to make you free. For example, some people are, say, come here with drugs or with habits which are not good, or maybe some people come - and which are detrimental to health - with the habits which are bad for the mental side, or some come from false gurus who have problems from the false gurus. So these things are to be corrected first of all. But I would not call it a sinner, because for a mother to call her children sinners is a bit too much and I just can't think of such a situation where I could ever condemn any one of My children as sinners. So I would not say that they are sinners, but I would say they are ignorant, they are stupid, they have been naughty, and they have been dangerously playing with their lives, and they have been unkind to themselves. You see, I cannot feel that way that somebody is a sinner who has committed sins and that such sins are there that cannot be rectified. It would have been all right before Christ's coming, that we would have talked of karma [UNCLEAR], that we have done bad karmas and our karmas are there, so we are sinners and we are born as sinners. But Christ coming has a very big meaning, which I don't know how many these preachers have understood, that it means that He came on this earth to rectify our sins. So we are no more sinners. I mean, if there is someone who can rectify it, why should we call ourselves sinners? Why should we worry about it?

The basic problem with human beings is this, that they are ignorant. On one side they are proud of it; on the other side they are

frightened of it. Both the sides to My eyes is the same. Either you are frightened or you are proud of it. Is both one. The pride leads to stupidity and the frightening might lead to sort of a destroying capacity, in you, the way you go on destroying yourself by all the time cursing yourself and saying that, "I am bad," and, "I've done this bad and that bad." One has to get out of both these things and must know that you are a human being made out so many, what you call for unit cells, genes? The genes? Genes? Genes, so many genes through which you have passed and come to the stage where you are a human being. Is a special thing that is been created for a special thing after all. A human being is a special thing created for [unclear], is a special thing. But you are not the human being at the time of Moses. You are not the human being at the time when people were not evolved enough. You are people who are free to understand the value of freedom. If you understand the value of freedom you are the right people for Sahaja Yoga. When you have freedom then you must have discretion also how to use the freedom and respect that freedom and not to indulge into abandonment, which is stupidity. So going to extremes either on one side or the other is perhaps a sin, is perhaps a sin, and the sin so-called gives you a fear and aggression which is also a sin, gives you a pride, or a kind - not pride, I would say vanity, which spoils your vision completely.

So to talking to anyone who is a new comer, one has to be careful that either they are coming from this side or that side, and dealing with them we have to be extremely patient and loving. For I've told you that love does not know faults, does not know faults, and when we start finding faults with others we should know our love is not matured so much. I would like any Sahaja Yogi to tell Me about other Sahaja Yogi as a kind of a recommendation. Supposing I get angry with a person, I say, "Oh, he's, he's - he should try this. He should not have done this," or something. Then if a Sahaja Yogi tells me, "No, Mother, maybe, you see," then I like it, I like it. Maybe I'm testing you. But if you tell Me to worse even worse than that then I feel, "Oh, these people are not loving. I'll test your love also, whether you really love each other or not, because love is something that's a release. Actually, it's a release. Love is within you and say, for example, for Me when I love you it's a release of My boundless love within My heart. You see, it gives me such a release and such a relief and such a joy that I'm loving. I mean, it's flowing to you. If it doesn't flow then I don't know how to work it out. If somebody is unkind, is not willing to receive it, then I don't know how to work it out, you see, how to go round the person and I'm not so good at conniving things and being artificial, you see. Then I try some other tricks, you see, of working it out. But if they can receive your love I'm sure they will realize that you are the people who are out here for love.

The other day we had a case in Rauri. Actually, I'd gone to a village where about three to four cars coming suddenly in a village. I was surprised how these people are coming, from where? And they came down with their diseases; actually car people always have diseases, I think. So they came with their diseases: somebody is diseased; somebody, another one is diseased; and there was one boy, he was down with blood cancer in New York. I said, "Now that's too much. In New York, you have sent him there in a hospital and the doctors won't be good enough." He said, "Doesn't matter, Mother. As long as You give him vibrations from here we don't mind." So I took the photograph. I gave vibrations to the child and I told them that, "You telephone to Christine," I gave them the number - "and tell her that these things to be done and Mother has given your address." Now Christine looked after this boy, Christine and Herman, and all these people who are there who are mostly new Sahaja Yogis, except for Christine, all of them are absolutely new. And they went and looked after this boy and this boy was cured. And the doctors were surprised, you see, that this boy was going to, supposed to be, I mean, futuristically they said that he's going to die within eight days' time. And he didn't die, not at all. He survived and then there's found all negative reading there and he came down to see Me. I, of course, worked on him and saw to it that it is removed completely from its roots. I worked on him but when I saw him I was amazed that his left Nabhi which is the cause of this trouble was completely working all right. There was some problem still left but they did that. And the mother, you see, who has met with a very sad experience, her husband was killed on a highway by robbers in her presence with these two small little children sitting in her lap, when, about ten years back when this boy was hardly six years of age and another brother of his about four years of age. And this woman was so shocked and after that to get this kind of a disease for the son, you see. And what she told Me that was so heartening. She said, you see, "These are all angels, I felt. They didn't ask for anything. Day and night they came and work for this boy. They were so kind and they came all the time and worked and did so much. Mother, what have you given them?" I said, "I've done nothing. I've just done nothing. They have got their own Realization." And they said, "We can't imagine human beings with that selfless. We are all selfish people. We are really very selfish. They are so selfless. How did they work it out? We just can't understand how it has worked out." But it has worked out and the boy is cured and they were so sweet. They spent their own money to come to the hospital and they looked after - the doctors were amazed because doctors, they had, they - The woman had to sell lots of her things, because she's a rich woman, no doubt, but she had to sell one of her factories to go to America to pay for the doctors there. And she said that, "These people

would come down and they would come one after another and look after the boy every day and struggle through and they consoled me and told me that, 'Don't worry. He'll be all right.' They gave me Realization." And the heartening thing that they said was that they were so selfless. They didn't ask for any money, nothing. And they enjoyed, you see, they enjoyed their love, what they did for this woman.

And this is what it is that when you are realized you have to give it. If you don't give it then you stagnate, you stagnate and there is no fragrance about it, no fragrance, no fragrance. And you lose your vibrations. Your progress also retires.

I know it's very hard in these modern times to create a group of people who can love. You can create a group of people who can hate. Supposing tomorrow you start one big procession, "We hate God. We hate love. We hate this," you'll get thousands of them standing with you, "Yes, oh, we hate," you see. For hatred you'll get thousands of them with banners, you know. They'll pay for it and come down to show that they hate, because hatred is a very cementing force among human beings, surprisingly. Hatred is a cementing force. It looks like something, such a contrast, but it is so. I mean, when you try to collect people in the name of hatred, people join. They have never exploited the powers of love, never. I wish they had. All our wars, all our things have come out because we hate each other. Imagine, only human beings can hate that much. Animals can't hate so much as they can. So this love, which is divine love, which thinks, which coordinates, which understands, which is dynamic, it's so fantastic, it's so all-pervading, it lives in every particle of the matter, of the emotions, of the mind, of the heart. Everywhere it exists that power you can have within yourself. It's too much to believe. Too much a tall story for anyone, but this is the fact. The time has come. It could not be done earlier, I agreed, but the time has come. You have evolved to that state and that's why it has to happen.

Now if people do not accept, I must say this, futuristic problem, in case human beings do not accept it in a big number and become that, we cannot avoid the third world war. By that war a new consciousness may rise where people will understand this hatred is the worse thing. Perhaps we need a third shock; we have had two. Perhaps we need a third shock, to give us that elevation, to get that position of higher consciousness, where we start realising that this thing's based on materialistic and on hatred, gross living, is most dangerous to humanity. Then such people who really believe in love will rise and come up and they might be the ones who will be saved. So we should at this stage try to save as many as possible from this horrible sinking maya of hatred. Now talking about it has been done. Establishment of your sustenance has been done in the sense that if you can awaken that sustenance within you, on the void, you can achieve it. But main thing is even after Realization to identify yourself as a Realized soul, absolutely, that you are being given something very special, that you have your Spirit, which is manifesting and that you have to make good out of it, that you have to give it to others, that you have to work it out, you have to be a collective being, and not a secluded person just attached to few minds my house, my husband, my wife, my children, my chair, you can say, my hair, my nose, everything, whatsoever. To reduce yourself to that small world but to expand yourself to that great world which is Jehovah's world, which is Krishna's world, which is Virata's world, where you become one with that primordial being, where you become an active cell of that primordial being, that's the thing one has to do. And that breakthrough has to take place.

Now one may say that all the Scriptures are wrong, everything is wrong, that all these manifestations are wrong, Christ was no good, that He was not practical, anything one may say, there's - I mean, you have freedom to say what you like. But you must have wisdom to see that if there is a way, what must be the way? If there is a way for the emancipation of human beings there is only one way; there's no other way. I mean, whatever you may be an intellectual or, say, a emotional person or anything, whatever it is but you will reach one conclusion. There's only one way and one way is transformation of human beings to that level where they really say what they mean. They become. They talk of world-wide brotherhood. They talk of everything. We have all kinds of organisations doing all this nonsensical work, you see. We have U.N. system, and we have World Government ideas. We talk of love, helping Vietnamese, this, that. All sorts of things are there. But actually we are not. Face to face we are not. Face to face we become ourselves and that's why to become that, the becoming of it is important; the transformation is important. Once you are transformed to identify yourself with that transformed state is also important and that is only possible when you start allowing that transformation to take place within you, in thoughtless awareness where you do not think and impose things on you.

People get their Realization, all right. Last time so many got it. I do not know how many came back. And then they do not think that there is any further is needed, because once you get your Realization you can be very in a joyous state, blissful state. You might feel the vibrations very well, you'll be very happy and then you'll get lost. That's not the point. You have not achieved your

complete growth unless and until you have manifested your self. But such people may be very few, I do not know, may be very few who will really take to that maturity. Once you have matured is joy, is happiness. You become what you have to become, you find your absolute meaning and that has to happen. For that I'm sure Gavin must have told you that there's a Kundalini and there are chakras and all this is already a new place, the machinery is there. Is not a machinery as this one is which is dead, the machinery that understands and that loves you, that loves, that's the part of this loving machinery of God and that is what it manifest is the Divine Love of God through you, which you can maneuver. By this you may be able to manifest your voice but with that machinery when it works, when it is put to the mains, it works out that Divine Love.

So to explain things to people of different various types that they have come we normally divide them into three, as you know: the people who are ignorant; [HERE] the people who are aggressive and up in vanity, who are vain about themselves, they think no end of themselves; and the thirdly the people who are neither vain nor afraid. Those are friendly, pleasant people; good people who lead a life of moderation, who do not - are exclusively. They do not ask for separate food, separate living, separate room, separate chair but those who like to share. That type of central type of people, that type of people are best suited for Sahaja Yoga and such people should be really tackled first. Then the people who are sort of humble people, they are humble down, and those who think they have done some mistakes, they are better. But aggressive people, you be careful dealing with them because you might get a punch on your nose as soon as you talk of love, you see.

So be careful. Like there was a cartoon, a gentleman sitting on a hedge, you see, and somebody came and asked him, "Which is the way to go to Wimbledon?" So he was sitting there and he said, "No, sorry, the last one gave me a punch, I'm not going to tell you." That's what it is. You see, there are some people whom you cannot talk, tackle, because they are so aggressive. It's better not to argue with them or deal with them. Best thing is to leave them alone as they are and let them grow, let them find out. Because all these people will develop bombs, all aggressive people will develop problems for themselves. First of all they cannot sleep in the night. That's one thing happens to them when they are aggressive, right-sided people. They'll have high blood pressures, they'll have hot tempers, they may have divorces, they may fight with everyone. Ultimately they'll be find they are lost, not wanted by anyone. They will be meticulous, they will develop kidney troubles and they will develop a funny trouble where they won't remember their past, even their names they may not remember. Then they will come round. See, so allow them to have their nice time but don't butt with them. I would advice all the Sahaja Yogis, to see if there's an aggressive person, you just don't go near them because I don't want My children to be hit by anyone for no faults of theirs, you see. So such people must be avoided. Let them face life as it is. Let them get hits. They will get. They punish themselves by their stupidity that they are doing. See all their stupidity will be shown in different ways and they'll have to face it and then they'll come round. But these two types of people, one must tackle and must now do it in a big way.

Because this is a very big year for reality to be established according to certain predictions. I don't know how far to believe in predictions of modern times but olden times predictions are so wonderful that I just can't imagine that how people could see so many things about Sahaja Yoga. Two thousand years back a great seer called [BRUHU] has written something so great about Sahaja Yoga, that a new method will be devised by a Maha Yogi they call Me Maha Yogi who will be Para Brahma incarnate and will give Realization without any difficulties, raising the Kundalini and people will get it and this will happen, that will happen and they'll be able to see the pulsation of the Kundalini. All the details of Sahaja Yoga he has given two thousand years back. He's one of the greatest astrologers we have in India called as [BRUHU] and he's written down all these things on the lotus paper, you see, which they used to use a lotus leaves to write. In those days they had no paper. So two thousand years back, imagine maybe more, you see, according to English standard, maybe two thousand but I think it's much more that he has written about five, six thousands years back. He has written about this just after Krishna that this thing will happen and a Maha Yogi will be born who will give Realization to people and such a time will be coming.

So under these circumstances one has to see. Now I don't want to say I'm a Maha Yogi or anything; just I don't what to say because I don't want to have a punch on My nose. But I would say that you should find out for yourself whatever it is, you see, instead of crucifying Me. Thank God you can't crucify now, under the circumstances but you will be the loser, not Me. So I would say all those who are aggressive by temperament should know that there must be some way of getting out of it. Even aggression, you see, it's in the present state of human mind. It's very repulsive. You don't like it. You don't like those who aggress yourself. When you aggress anybody you repent after that. You don't like it, that, "Why was I so rude? I could have been better.

Why should I be disturbing someone? Why should I be like that?" you see? So it is, I think, in a way recoiling on people and they don't like themselves, as others don't like them. They also don't like themselves when they are aggressive with others and very malignant by temperament. They don't like themselves. They want to change; so even this may happen. I would suggest that we must very gently go but firmly and with a speed. We have to work it out and I'm sure it will work out and many people will get Realization and will understand Sahaja Yoga. May God bless you all.

Now for all the people who have come for the first time I have to request that after giving Realization you must give some time to yourself. Be kind to yourself. Go with it. Learn everything. Master it. It's very simple. There is nothing much to be [learned, done]. It's very simple. It's a child's play. Even children are good at Realization. Even little baby can do that. So one should learn and try to give Realizations to others. And one should not waste energy in running away from it and then coming after ten months and saying, "Mother, I've caught here. This has happened. That has happened." It's a thing which is most enjoyable. You must give one day in your lifetime to God who has created you. And you [DEVOTE] little time to your Mother also who wants that everybody must get Realization. If everyone of you wants to escape it, then who is going to work it out? I know you are, seem to be very busy people. Some of you are extremely busy, but busy for what, business for what? What is the name you are going to leave in this world? As a man who earn little money more than the others, that's all? I mean, you cannot earn as much as Mr. Ford can earn. So why there is a competition about it? Only thing is that you'll have no satisfaction of earning money. You will be always running mad with it. You must take out some time for your growth and your meditation by which you understand yourself and you understand others and help others.

Life is not worth living for yourself. It's a useless life which lives for oneself. You must live for the whole. You must understand that the whole, if you accept, you become the whole. If the drop accepts the ocean you become the ocean. Why not we become the ocean instead of little drops, which are just evaporated by heat of the sun or by anything? You can be lost. So why not become the ocean, ocean of love, ocean of forgiveness and ocean of compassion? May God bless you all.

Now if you have any questions please ask Me....None...  
What is it?

Question: [about eating meat]

Shri Mataji: Meat, all right. Now, I'll tell you about meat. Very important, you see. We must have compassion for human beings. What's the use of saving the chickens? Can I give them Realization? Simple thing. See now, chickens if you eat in compassion, you can. Because when you eat a chicken it goes into evolutionary process. It improves its evolutionary process. But you shouldn't eat animals which are bigger than you in size, because they give you troubles and problems and they make you aggressive. A person who eats aggressive animals or animals which are bigger than them, then they go more to the animal stage because they become aggressive, because they have - you see, these bigger animals have grown more than you. That's why they are animals. So one should not eat animals which are bigger than you. And they are the animals who have the feeling of compassion. They are the animals who have a feeling of oneness with you. For example, you see, a dolphin I would say, a sailor will never eat a dolphin or kill a dolphin because it's very near human level, you see. It is just like us. It has emotions. It has feelings. It can come and entertain you and all that. So that's a higher animal. But if he, if he's like that, you see, worried about even the worms, how far can he go? Everything must have limits.

Like there is a cult in India called Jains, you see. They try to save even mosquitoes - can you believe it? - and even the bugs, and they place bugs higher than human beings. They collect bugs, put them in a hut and put a Brahmin in there and pay the Brahmin. And poor Brahmin has to feed these bugs. It's a true thing and today also they are doing it. Can you believe it? And feed the bugs, compassion you know. So they are feeding the bugs on that poor Brahmin, give him money and when the bugs are full and fall off his body they give him money and something like that. Can you imagine this kind of a nonsensical compassion? So you have to draw a line. Everything is to be not to be taken beyond the line. You see, this is called as maryada in Sanskrit that how far to do, how far to go with your compassion.

So our compassion should be extended up to first of all human beings. Are we compassionate towards our fellow beings? We

are not. First of all, let's try there, all right? First, let's try here human beings and you'll be surprised we'll never end it. We can't even cross the limits of human beings. Then compassion to animals who live with us, all right? Like dogs, we can say, horses, cows, all these big animals, which live with us, dolphins, which are something evolving. Already they are evolving, it's an evolving state. But if you eat a chicken, I'm sure if I eat a chicken, I'm sure of that, it will become a better thing, something better. It will evolve, no doubt.

So the compassion that we have for bugs, it's of no use; or mosquitoes, it's of no use. But compassion for human beings. We are not even compassionate to our own children, you know. In this country I was amazed. First I used to say in England two children are killed by their parents but now I heard it is only in London city we do this. Can you imagine the way we are compassionate? They are vegetarians who are killing their children. What do you say to that? This is not compassion. So these are ideas we have got. We must understand how far to go with things like compassion, like mercy, like peace. Peace is all right till you reach a stage where you supposing you get a devil who is destroying. Say at the time when Hitler came in, that time to be peaceful would have been absolutely cowardice, isn't it? You had to fight him out. He was a devil. So you had to fight, and that's how I say Churchill was a great man to fight him. That's what it is, you see; so that is the limit where you go. You cannot have compassion for a person like Hitler, can you? What compassion? Did he have any compassion for anything? So compassion must have its understanding, its discretion, its wisdom. All right?

Now supposing if you ask Me, "Mother, give Realization to Hitler." Why should I? I will not. He's destroyed so many good people. He has destroyed all the values and he has destroyed the basics of human beings. Let him go to Hell and suffer for some time. That's what I will say as a Mother, isn't it? Won't you say that for your own children? All right, I have compassion for My children, I have compassion for evil people who are doing wrong, but not for people who are so destructive, not for them because they go against the plans of God. They are anti-God. They are indulging into anti-God activities. In the laws of God they are to be punished. Definitely they will be punished. Even if I do not punish them God will punish them, no doubt of that. They must be punished. Otherwise, how are you going to be saved? All right? Like Krishna who killed rakshasas. The Goddess killed many rakshasas. The devils, She killed them. Now, She should not have had compassion with these horrible ones, She should have? Because they were killing all the saints and all the great people they were killing. That's no compassion there, they're there to be killed. And these, these Jains do not believe in Krishna because they said that because He killed those demons, they don't want to believe in Krishna.

Now Christ they believe because He forgave those who were crucifying Him. All right, He did it because He was capable of that. His forgiveness itself, it's a punishment to these. His forgiveness is very great. He knew that God is going to punish them so much that He had to put in a word for them, because they were ignorant people. So that's what it is. So our compassion must be dealing, must be limited to a point where our wisdom takes it. It should go to that absurdly wit where we go up to mosquitoes and up to - even mosquitoes, they don't kill, you know. Even when they go in the W.C., you see, they don't allow the worms in that to be killed. Can you imagine such dirty, filthy people in the world? This is going too far, don't you think so? So where do we draw the line? Let's draw the line. Now in a place like, say, Iceland or one, I would say Arabia, some places where they do not get a single blade of leaf, not a single blade of leaf, how are they to live? God has given them only animals to eat. Now are they supposed to die? Or if they eat are they committing a sin? First of all, you must be compassionate so yourself to exist, isn't it? If you don't exist what's the use of all the compassion of the dead? How can they be if all are deadliness, Eskimos are all dead? How can they show compassion? So they have to be living, isn't it? So we have to understand in a complete discretion. All right? You understand My point.

Now compassion has got eyes, has got understanding. It's very understanding. It knows each and every thing. Love is the thing that knows each and every thing. So let love work it out. All the animals which are not bigger than you, which are not evolved so much, if you eat them then they can evolve but that doesn't mean you should start eating worms, you see again. You see, everything I have to tell the other side of because human beings always go to extremes of everything, isn't it? Now if I say that you should eat all the smaller animals that doesn't mean you should gulping, gulp down cockroaches down your mouth, you see. It doesn't mean that. You see, so again it comes, you see, the discretion part of it. You see, you shouldn't go to an extreme of everything. All right? On the contrary I would say that people who have eaten too much meat should not eat so much. They should reduce a little bit. They will be less aggressive, no doubt. But like in India, you see, we eat so much of vegetables. It's not

necessary. We can eat meat a little bit there. And you can also eat lean meat or meat of chicken and all that is all right. But don't eat these beef and horses and elephants and tigers and snakes. See, they are not good for you.

So people eat snakes and they eat cobras and I don't know what all they eat. I don't know. So, lizards, I mean things like that. You shouldn't eat all these things, and also animals like frogs. I don't think frogs should be eaten very much. It's a funny animal isn't it? Frog is poor thing. Frog is one very special animal. I should say. You see, out of love for the frog I say don't eat it. Really. Because I don't know if you know but people have found frogs living in ancient rocks closed up completely, absolutely. Is a fact, you see. And there is water provided for the frog by God. Frog, is a special animal, very much loved by God. And for billions of years frogs have survived. So you can imagine how this must happen, must be something special about them. That's why out of love for them we should not eat them, I think, the frogs, you see. Or, for example, monkeys. I don't know if you eat monkeys, do you? Do one in any country do they, eat monkeys? Monkeys they eat? Where? Australia? Really? Where? Indonesia? Really? That's one place where they should not. I don't know. They are another wonderful people, these monkeys are, I mean, and we should eat animals which will not be completely destroyed also. You should try to save animals, all the animals as far as possible, and just not kill them and finish them off. It's like, you see, going to extremes in everything as we do it. All right? May God bless you.

Now, any other question? It was a good question you asked because there is a misunderstanding about it, people have. Fasting also in Sahaja Yoga is not allowed, to fast. You can fast just for your health sake but not fasting for God. Please don't do it. God doesn't want you to fast or suffer. He wants you to be happy people. Why for Him? You can, you can fast for yourself that's a different point but not for God. Christ has done for us forty days. We need not do anything. He has done all the sufferings for us. We should not say we have to suffer. If you say that, you'll get another Hitler. Jews said that; so they got the Hitler. So don't say, "We want to suffer". If you want to suffer, then have Hitler. If you want to have Realization, then Mother can be there. But otherwise you can have Hitler if you want to suffer. Simple. Whatever you want it's supplied on a plate.

What? What? Easter? I will be speaking on it on Easter day. Will you be there? I've spoken about it twice, about Easter, the significance of egg and everything and if you have got the magazine of "Nirmala Yoga" this time, there is an article. Did you get that? No. You didn't get that? Oh, I see. Maybe you see, this time, what he was saying that is difficult to send it collectively. There's some sort of an export problem. You see, every country has problems like that. So if you send your individual names, you see, it would be easier to send them directly. Of course, it will be little more expensive for them for the posting but they said they can manage. Directly if you send is much better than to send them collectively. And Gavin can arrange that. I'm surprised that's a problem, there's a problem on that, but I have got it about eight days back and nice things I've said about Easter. And one more, was a very good lecture I don't know if you have got it where I talked about the egg, what's the meaning of egg in Mahavishnu [UNCLEAR], all these things I've said in there. And again on Easter I'll speak. On the second of April. That's when is the Easter on? Eight? Ninth? Ninth. Ninth is the crucifixion, all right. On the second of April is Ramanavi. Ramanavi is the day when they celebrate Rama's birthday. That day also in India they fast. That's another stupidity, is to fast on a day when somebody is born in your family, to fast. It's nonsense. Why should you fast? You must celebrate. You see, it's nonsensical. And I don't know why Brahmins have given these ideas to Indians to fast. You see there because they take all the money; so they must fast a day and give all the money to Brahmins, you see. That must be the reason, fasting. Because on that day somebody's born, why should you fast? In India everybody fasts on the day Krishna is born, Rama is born, they all fast. I don't know why. What is the need to fast on that day but to celebrate that they are born? Is absurd, you see, fasting of this kind.

Food is not so important in Sahaja Yoga, it's not. Food is not at all....

## 1982-0324, Meeting with French Yogis

View [online](#).

24 March 1982

Conversation

Cambridge (England)

Talk Language: English | Transcript (English) – Draft

Conversation, songs, with Shri Mataji, Cambridge, England, 24/03/1982

### FIRST AUDIO

Shri Mataji: May God bless you.

Beautiful.

So, you hurried up too much. Will you have something to eat or not?

Sahaja Yogi: No, Mother.

Shri Mataji: You had your breakfast?

Sahaja Yogi: Yes, Mother.

Shri Mataji: Sure?

So, I wanted to talk to you about France, the programs.

Oh God! What is it here? It's a tree! It's a tree, is it?

Sahaja Yogi: A very small tree.

Sahaja Yogi: The tape recorder, Mother.

Shri Mataji: For what?

[Laughter]

Sahaja Yogi: William was very anxious just to hear you Mother; William who came back to France is anxious to know what-

Shri Mataji: You must get some tapes from Gavin, copy of tapes from Rustom are wonderful tapes there. Five tapes.

Sahaja Yogi: Rustom? I have.

Shri Mataji: Rustom. You've got? There are wonderful.

Sahaja Yogi: Yes, Mother.

Shri Mataji: All about Christ and his place and all that, it's very good. They have sent Me these tapes about Christ and really, I was



verifying [unsure] , I must say, as I couldn't bear these people having the thing called United Church.

They are uniting all kinds of bhoots and mesmeric people, all sorts! They had all kinds of false gurus, fake gurus, this, that in the name of church. I mean, this is even worse than having a church, isn't it? If there is only one bhoot, you can make it run away.

But this kind of a donkey stuff they are doing, I just can't really explain how they behave like that.

Yes, come in, come in, come in.

Hello.

So Marie, what are they doing these people? What work are they doing now? We are trying to expose.

Marie: They are trying to-

Shri Mataji: But, is it a church organization?

Marie: Not at all, it's completely outside of churches.

Shri Mataji: Independent.

Marie: Very independent.

Shri Mataji: Ah.

Marie: Some of the people are Catholics, some of the people are just-

Shri Mataji: But then who will attack Catholicism?

Marie: They won't, they won't.

Shri Mataji: That's it, you see? That's the point is, that's the basis of the whole thing.

Marie: Yes.

Shri Mataji: That's the basis, you see. Because you see, if you allow one bad thing to continue, the others say: "What have we been doing? We are doing the same thing. Why should you have any objection?" You see? Like in India, there's one "adi guru"- he calls himself- Shankaracharya Arwe fellow. He wants to crown himself and he wants to have a crown and he wants to have a huge, big umbrella weighing tons, you know, with all the gold- what you call, jewellery and everything. Just think of it. Now, if somebody asks him: "Why do you want it?" He says: "What about Pope? Why don't you think of him? Pope does these things, he has got all the jewellery, this thing, that thing. And moreover, on top of that, what he says is the worse thing, that [inaudible] let the Christians here.

They said that at least our Rama, or Krishna wore the real gold stuff. But Christ did, wore only rags. Despite that these people are wearing the jewellery, so, I mean why can't I wear?" He says.

But he doesn't understand he is not Rama.

What to talk? What to say? You see, they are so stupid, you know, you just can't talk to them. And they are convinced with it. I don't know.

So, but you can get some writings from Australia. Australia, I'll let the Australians tell you what they have printed. So, their printing will help you to print in your, this thing. So you write to Warren and he'll send you all the things they have.

Marie: Yes, Mother.

Shri Mataji: Also my- somebody has got all the cuttings about Me where I have said this false guru, you should be careful, this thing.

Now, I must tell you a very good thing happened. The TM people here, in Cambridge, suddenly became aware of Jim's restaurant. The head of the department, who was a Dean once upon a time and a very powerful man, he came down to Jim's place. And he saw my photograph. So, he asked for a very special meeting of the TM and he sent invitations. So, Jim wrote to Me and I gave a bandhan and all that, and nobody turned out for the meeting. Not even a single soul. Can you imagine? Not even a single soul. So it's working out, no doubt, at that level, at a very subtle level. It's working out, no doubt.

Yesterday, it was very cold there.

How do you like the house? Yet, it's all removed and, John? He's not putting back in proper places.

Sahaja Yogi: It's vibrated.

Shri Mataji: Hum?

Sahaja Yogi: It's vibrated with John, Mother.

Shri Mataji: Isn't it? It's very blissful. Colleen is very nice. You should see the whole house.

Marie: It's quite amazing.

Shri Mataji: Hum? It's very subtle. You know this, I got this from where? Actually, I saw this-

Sahaja Yogi: Which John did you want, Mother?

Shri Mataji: The other one. He took it out and he's not placed it back, you see.

Marie: I think he has just gone out. He went out to see someone.

Shri Mataji: Somebody, to repair the front door.

Marie: Yes.

Shri Mataji: It's all right, let him come back. So, you see, what happened, that I went to see one place created by one Georgian artist called Adam, architect, very famous. And he had these, he had all these designs. So, I came back and I design it myself this, on the same lines. They have come quite near that. And then we copy, then the fellow was here he copied it and he made it.

But, if you want to see that place, I think it's overdone. Ours is not so much, a little bit. So, I think the French should like it because they don't like too much.

[Shri Mataji is laughing.]

Shri Mataji: So, what is happening to France?

Sahaja Yogi: Well, we have prepared everything, when we come back Mother, to start programs next to the place of Nathalie because it's a very, very light and very nice place. And also we have prepared some programs in Paris. And we-

Shri Mataji: What is the program?

Sahaja Yogi: When?

Shri Mataji: What is the program.

Sahaja Yogi: We have tried to make one program each fifteen days, so we have time to make a proper advertisement. Because last time we found out that [when] we have programs each week, there were very few people and they were not very well organized. So we try to put our attention more and advertise.

Shri Mataji: What you do, I tell you. In the Western countries, though they are so affluent, they are very fond of food and entertainment. Indians are not, you see, though we are poor, we are satisfied. I think those who are satisfied are born in India, perhaps.

What you have to do - I got a hint from Christine, you see. We have to learn from each other! [Shri Mataji is laughing.]

What you do, you call them for a weekend and that we'll have music and will have dinner and also we'll have some dogs, the whole day they can spend there. At a weekend. If you ask them to travel somewhere, they like it, first of all. And secondly, you must call them for dinner. They'll be very happy and anxious to do it. But if you just call them for the programs, they are not interested. You see, they are still so gross and so materially sort of- you see, I'm surprised that in affluent countries, people should be so fond of food, it surprises Me. But they are. The more they become affluent, it's like drunkards, you know: once they start drinking, they just want to have more drinks, it's something like that. I mean, the Western people are much more materialistic than Indians are though we are poor people or maybe that temperamentally we are like that. We are satisfied people, aren't we?

Sahaja Yogi: Yes.

Shri Mataji: You have seen them [In India].

Sahaja Yogi: Yes, very much.

Shri Mataji: You must not have seen any Indian eating anywhere.

Sahaja Yogi: They are very satisfied. They are very loving people.

Shri Mataji: They would get up in the morning, arrange everything for these people for food, everything and you would not see them eating anywhere, sitting down and eating. Serving, looking after you, giving you food, arranging things, running about, but you will never see them sitting down suddenly. But if the - Western people will suddenly rush and sit down on their things and start eating [onomatopoeia].

It is a [inaudible] thing, I must ask Cristine. First, I never knew that you are not satisfied people. As far as food is concerned, after a certain age, a person should be satisfied. Say, when you are young, say about five, six years, seven years, one feels like that. But then they grow, you see, and then you don't all the time ask for food, food, food, food, food, so important! It's not so. So this

point, you must remember. And Christine has sent Me a hint that if you can call people- Hi John!

Sahaja Yogi: Hello Mother.

Shri Mataji: If you could call people for food and for some entertainment then they'll be there. But if you just say you are coming for programs, they are not interested. They are not interested in programs. And thirdly, my lectures maybe the third position, maybe. The first, food, second entertainment, third, my lectures. So you put my lectures.

Sahaja Yogi: In the last part, when the belly is satisfied. [Laughter.]

Shri Mataji: They are like children still, they are not grown-ups. I tell you now, I've discovered when Christine gave Me a hint that, you see, I was, I never knew this that they are so fond of food. That Western people are so fond of food when they have affluence they are such children still wanting to eat more and more. And if they have food, you see this. We never think of food!

Sahaja Yogi: The house will be open one afternoon, a day per week and a weekend also to any person who is interested and we will share our life and our meals. So...

Shri Mataji: No, no, you have a group meal business. All of them, all the Sahaja Yogis, at least, must be with you that they are going to celebrate Mother's birthday or something, delayed action doesn't matter, but we'll have food, you see.

Sahaja Yogi: Yes, OK.

Shri Mataji: Cheese you can have for the French.

[Laughter.]

They have two hundred types of cheese but still, they go for one cheese! All right, so you have something to eat and something entertainment then you can give them the lectures. I tell you they are still children compared to Indians.

We are not interested in food, we are not! By the time we have our- even children in India are not interested, you have to run after them with the plate in your hand: "Eat, eat, eat." They won't eat. Just they don't eat. You ask any father, mother in India, they'll have one problem: "Still they don't eat what to do?" Just don't eat.

Here I have seen that I used to think it's only one or two, but if it's a common thing that people will just come and eat this thing, that, they come from there, eat, properly done. No question, in India.

Now, the servant, look at him.

Sahaja Yogi: He does not eat very much.

Shri Mataji: He, you see, you give him anything, it's lying there. He will not eat, I will not eat, C.P. will not eat. We just don't eat anything.

But, I've seen that with Western people you just lay it down, it's finished. You see, you have to finish [inaudible] it's just finished.

It's a thing, you see, it's a, I think it's the mind perhaps, maybe.

Sahaja Yogi: They are not satisfied inside, so.

Shri Mataji: Hum?

Sahaja Yogi: So we know that when we eat we are-

Shri Mataji: I think it's just nervousness.

Maire: It's desiring something and not knowing what you want. So you take the most obvious thing which is food. Or you know what you desire but you don't want to go for it because it requires more discipline. And instead of -

Shri Mataji: No, but we don't put any pressure on ourselves. Automatically, Marie, I tell you, it is automatic. We don't put any pressure. I mean if we get food well and good, if we don't get doesn't matter.

But sort of it's not such an important thing for us to have food.

It's more respect, more manners. Manners are very important in India. Say, if you are unmannerly then a person will think as if he has been stumped, you see. If somebody says you are unmannerly, it's the worse thing that you can say to an Indian. So if you eat like this and it's regarded also as unmannerly in India. I think you've developed this. I've seen my grandchildren now just don't eat, just don't eat at all. You give them anything, you give them chocolates, you give them this, they'll throw it.

Very little. Maybe, they like some icecreams sometimes. So, I get some icecreams for them. [Shri Mataji is laughing.] That's all I think, nothing much.

But I think this eating also comes as nervousness. They don't know what they are seeking and they start eating food. Then entertainment. So do it: first of all food, then entertainment, then my lectures. And then Realization.

Also, they are some people who will just listen to the lectures, they'll say: "I just want to listen, that's all." The desire is up to that point, then finished.

This is India, is it? You are all so much tanned.

Sahaja Yogini: Our liver Mother.

Shri Mataji: Now, you are tanned with liver, is it?

[Laughter]

[Inaudible]

Sahaja Yogini: It's true.

Shri Mataji: In India, it was very bad.

Sahaja Yogini: But I also get tanned very fast, Mother - I try never to go in the sun because I don't like it. But even I get tanned very fast.

Shri Mataji: That's liver. Liverish personality. Oh God! This liver business is too much. So, stop eating cheese, absolutely.

For liver, I don't know what to do but left to the right is a good idea for liver, very good idea. And don't think too much. You still think too much.

I think Lord's prayer will help you. If you say Lord's prayer, Agnya will be balanced. If Agnya is balanced- there's not a single photograph which I can say is like Christ, to save.

Sahaja Yogi: We bought from India a picture where we see only the nose and your Agnya.

Shri Mataji: Hum?

Sahaja Yogi: There is a big picture, in India, of You. We see only your eyes and your Agnya. You know, like that, just like that. And we put it in the meditation room.

Shri Mataji: Only my eyes.

Sahaja Yogi: Yes, and your forehead.

Shri Mataji: Is it? I have not seen that.

Sahaja Yogini: Mother, I have pictures Mother from India. From Alex?

Shri Mataji: [In Hindi]

Marie: Your glasses?

Shri Mataji: Glasses.

Who are these?

Sahaja Yogi: Destandey's daughters Mother and Patricia.

Shri Mataji: Hum? Whose's daughters?

Sahaja Yogi: Bestanday's daughters.

Shri Mataji: Who was?

Sahaja Yogi: Mister Deshpande

Shri Mataji: Deshpande.

Deshpande was a big [?]

Sahaja Yogi: Yes, I know.

Shri Mataji: This is tremendous, you see? These photographs are even improving gradually I see I'm showing myself.

I just bring my spectacles. [Shri Mataji leaves the room.]

[Cut in the audio]

Shri Mataji: I was very tired in Delhi birthday. We used to have so many programs and it was nice.

Sahaja Yogi: Mother, I was wondering, would you like to be taken in video during your trip?

Shri Mataji: Hum?

Sahaja Yogi: Would you like to be taken in video film during your trip of Europe?

Shri Mataji: Video film, when?

Sahaja Yogi: When you are going in Europe, this year.

Shri Mataji: Video film, all right, let's see. I have no objection to anything.

[Inaudible.]

Shri Mataji: Oh, you saw this?

Sahaja Yogi: Yes, it's Walt Disney, Indians [inaudible] It's spiritual Disney Land Mother.

Shri Mataji: Where was this? Where was this picture?

Sahaja Yogi: In a big kind of museum we can say -

Shri Mataji: In Dehli?

Sahaja Yogi: Not in Dehli, no. Where there are all the saints.

Shri Mataji: Oh, I see, I see. Yes, they said: "You must see that and " I never go there. Yes.

Very tired ...

This is a very good photograph, you see, it's got the whole image of [inaudible].

Shri Mataji: [Inaudible]

Sahaja Yogi: These are baptised by the water and the sitar is like this playing, [laughter] it was very nice, Mother.

Shri Mataji: You enjoyed yourself, hey?

Sahaja Yogi: Yes, Mother.

It was much more deep this year.

Shri Mataji: Hum?

Sahaja Yogi: I had a deeper experience this year in India.

Shri Mataji: Ah, very good.

Sahaja Yogi: I felt more, I felt more vibrations.

Shri Mataji: Where is it, the difference?

Sahaja Yogi: It is when we went to this temple, we went to a big temple Mother.

Shri Mataji: Ah, ah. They gave you the cool [inaudible] Kolhapur.

Sahaja Yogi: Kolhapur [unsure].

Shri Mataji: It is the same Disney Land.

Sahaja Yogi: Disney Land. Yes spiritual.

Shri Mataji: Very few Indians- foreigners must have gone there, to this Disney Land, you know.

Sahaja Yogi: It's very funny to fish, you go out and-.

Shri Mataji: Yes, there're very few have gone there.

All of these photographs of [?] have got something, a special expression. Disney Land, I've not been there.

Sahaja Yogi: This one is wonderful.

Shri Mataji: How did you get these colours? I never got a shawl like this, of this colour.

Sahaja Yogi: It was in Dehli, Mother.

[Shri Mataji is laughing.]

Shri Mataji: Father, mother. [Shri Mataji is laughing.] C.P. was laughing really, he should see these also. He would say: "What are these? [inaudible].

Sahaja Yogi: It was a wonderful marriage. [Shri Mataji is laughing.]

Shri Mataji: Everybody watching them, you know, in the streets.

Where was that? Haldi.

So much of mirth and happiness and joy for everyone.

Sahaja Yogi: Mother, we have learned a song from India. Shall we sing it to you?

Shri Mataji: All right, sing it. Indian song? It's an Indian or an English song?

Sahaja Yogi: It's an Indian Mother.

Shri Mataji: Now, what're the words?

Sahaja Yogis [Marathi, 2]:

Amhi bighadalo tumhi bi ghadana

Amhi bighadalo tumhi bi ghadana

Mataji nchya sange mule bi ghadali

Mataji nchya sange mule bi ghadali

Mule bi ghadali Chaitanyata nhali

Mule bi ghadali Chaitanyata nhali

Mataji nchya sange badha bi ghadali

Mataji nchya sange badha bi ghadali

Badha bi ghadali Prakashamaya zhali

Badha bi ghadali Prakashamaya zhali

Amhi bighadalo tumhi bi ghadana

Amhi bighadalo tumhi bi ghadana



Mataji nchya sange mule bi ghadali

Mataji nchya sange mule bi ghadali

Matajinchya sange Dharma bi ghadala

Matajinchya sange Dharma bi ghadala

Dharma bi ghadala Vishwa Dharma zhala

Dharma bi ghadala Vishwa Dharma zhala

Amhi bighadalo tumhi bi ghadana

Amhi bighadalo tumhi bi ghadana

Mataji nchya sange mule bi ghadali

Mataji nchya sange mule bi ghadali

Mule bi ghadali Chaitanyata nhali

Mule bi ghadali Chaitanyata nhali

[Shri Mataji is laughing.]

Shri Mataji: You've got it very well. You can see-

It's a very sweet song, isn't it? It's written by -

Look at that one, what is he doing?

Sahaja Yogi: He's cutting the trees there.

Shri Mataji: He is cutting the trees?

Sahaja Yogi: Yes. A little branch and after it will go there again.

Shri Mataji: On my God.

So, this song, you know the meaning?

Sahaja Yogi: Yes, Mother.

Shri Mataji: It's a double meaning. "Bi ghadalo" means "spoiled", we got spoiled, you know, the dharma got spoiled and we became the dharma of the universe, you see. The religion got spoiled and we became the religion of the universe, like that. It's very a double meaning, it's beautiful and written by Tukaram. Now, you have seen his picture, yes.

Sahaja Yogi: Tukaram!

Shri Mataji: Yes!

Sahaja Yogi: Oh, I'm very pleased to learn a song from him, Mother.

Shri Mataji: It is a- at the end, his name come in, but they have not put it in this one. Because [inaudible] for Mataji. But it is Tukaram who has sung this. So, you have seen his film, you remember his film in Pune?

Sahaja Yogi: So nice, Mother.

Shri Mataji: That's a very beautiful film. You remember Nathalie, that film of Tukaram?

Nathalie: Yes, Mother.

Shri Mataji: The same one has written this song "amhi bighadalo tumhi bi ghadana" that "I am spoiled so you also get spoiled". And it has a double meaning "bi ghadalo". Also means the sea has taken its form "bi ghadana", the sea has taken its form and you also do it. Just like that.

Very straightforward, simple words but very deep, you see. Who taught you this one?

Sahaja Yogi: Well, before we were leaving, I had some Indian to sing some songs and write the words.

Shri Mataji: My sister sang this song. Did you tape her?

Sahaja Yogi: What happened, this night [inaudible] and something happened and we lost it. This tape has been lost.

Shri Mataji: But some people must have it.

Sahaja Yogi: Maybe Douglas, because he's not ready yet. Maybe, Douglas- Malcolm has recorded everything from you from India.

Shri Mataji: Yes, so he must have got it, yes. He must have got it, Douglas.

(British) Sahaja Yogi: This tape, we have it.

Shri Mataji: All right, so. And this-

Marie: Mother?

Shri Mataji: Yes.

Marie: I know you said that the Goddess doesn't understand French but there's some beautiful song to the Virgin Mary, in France.

Shri Mataji: No, you sing that, that I understand.

Marie: That, you understand.

Shri Mataji: They look so nice. You see this?

Sahaja Yogi: Oh, yes Mother, beautiful.

Shri Mataji: You see, before a song starts, it has vibrations, you know. So, I understand that. Those I understand, not the language.

Marie: Can we sing to you Mother?

Shri Mataji: Please.

Marie: It says: Mother, be the queen of our home, be the queen of our country.

Shri Mataji: Now, say it.

[Sahaja Yogis sing]

Chez nous, soyez reine,

Nous sommes à Vous,

Régnez en souveraine

Chez nous, chez nous.

Soyez la madone

Qu'on prie à genoux

Qui sourit et pardonne

Chez nous, chez nous.

Vous êtes notre Mère

Daignez à votre fils

Offrir l'humble prière

De vos enfants chéris

Chez nous, soyez reine,

Nous sommes à Vous,

Régnez en souveraine

Chez nous, chez nous.

Soyez la madone

Qu'on prie à genoux

Qui sourit et pardonne

Chez nous, chez nous.

Le soir quand les fatigues

Alourdissent nos coeurs

Gardez nos coeurs prodigues

D'amour pur et d'efforts.

Chez nous, soyez reine,

Nous sommes à Vous,

Régnez en souveraine

Chez nous, chez nous.

Soyez la madone

Qu'on prie à genoux

Qui sourit et pardonne

Chez nous, chez nous.

Dites à ceux qui peinent

Et souffrent sans savoir

Combien lourde est la haine

Et combien doux l'espoir

Chez nous, soyez reine,

Nous sommes à Vous,

Régnez en souveraine

Chez nous, chez nous.

Soyez la madone

Qu'on prie à genoux

Qui sourit et pardonne

Chez nous, chez nous.

Shri Mataji: Beautiful. It's beautiful and very soothing. And this "Chez nous" is what?

Marie: In our home, Mother, country.

Sahaja Yogini: Within our hearts.

Marie: In our hearts.

Shri Mataji: In our hearts, "Chez [inaudible]" in our hearts.

Marie: "Chez nous" means in us, with us.

Shri Mataji: "Chez".

Marie: "Chez" means within.

Shri Mataji: "Chez" is within.

Marie: It's somebody's home or somebody's heart.

Sahaja Yogini: "Nous" means us, Mother, "chez" means at our place.

Marie: At our place.

Shri Mataji: "Chez doux." "Chez doux"?

Sahaja Yogis: "Chez nous."

Shri Mataji: "Chez nous."

Sahaja Yogini: "Nous" means us.

Shri Mataji: "Nous."

Sahaja Yogini: Yes, Mother.

Shri Mataji: "Nous" means what?

Sahaja Yogini: Us.

Shri Mataji: And "chez"?

Sahaja Yogi: Within.

Shri Mataji: Within.

Sahaja Yogi: Within us.

Shri Mataji: Within us. "Chez."

[A Sahaja Yogi sings]

"Amhi Matajinchya Charnashi Aalo"

Shri Mataji: You speak a lot of Marathi.

Sahaja Yogis:

Amhi Matajinchya charnashi aalo

Ganesha tse name gheta

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Shri Mataji: Just see-

Sahaja Yogi:

Laxmi, Laxmi, manata, manata

Laxmi, Laxmi, manata, manata

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Sarasvatichi pujita, pujita,

Sarasvatichi pujita, pujita,

Shri Mataji: Sarasvati pujita, pujita.

Sahaja Yogi:

Sarasvati pujita, pujita,

Sarasvati pujita, pujita,

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Ha Amba masni manata, manata

Ha Amba masni manata, manata

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Ram, Ram, manata, manata

Ram, Ram, manata, manata

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Shri Mataji: Sacred song.

Sahaja Yogi: Amhi Matajinchya charnashi aalo

Krishna, Krishna, manata, manata

Krishna, Krishna, manata, manata

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Vithatla, Vithatla, manata, manata

Vithala, Vithatla, manata, manata

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Yeshe shi praptita, praptita

Shri Mataji: Pratita

Sahaja Yogi: Pratita

Shri Mataji: "Pare tita"; means praying to Jesus-Christ. A prayer: "Prarthana, prarthana", prarthita, prarthita.

Sahaja Yogi:

Yeshe shi prarthita, prarthita

Yeshe shi prarthita, prarthita

Sahaja Yogi zhalo

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Kundalini Jagruti ota

Sahaja Yogi zhalo

Kundalini Jagruti ota

Sahaja Yogi zhalo

Amhi Matajinchya charnashi aalo

Amhi Matajinchya charnashi aalo

Shri Mataji: It was good vibrations like freeze, freezing [Laughter]. I tell you, now rub my foot the way it was hold



[Laughter] I tell you. Now, rub my foot the way it was holding.

[Laughter]

Sahaja Yogis are [Laughter] I tell you, you become the ice-cold Himalayas now, not only Sahaja Yogis.

[Laughter]

Sahaja Yogi: Mother, you have seen this film.

Shri Mataji: We have seen this? Oh, I see. OK. Has this come today?

Marie: Yes, Allan brought it.

Shri Mataji: Allan?

Marie: I think so.

Sahaja Yogi: Yes, Shri Mataji.

Sahaja Yogini: Also Madhama [unsure] from Canada was gone this morning.

Shri Mataji: Who?

Sahaja Yogini: Marc, [unsure] from Canada. He went this morning and he left a letter for you.

Shri Mataji: Oh, I see.

Sahaja Yogini: He had to go back to Canada.

Shri Mataji: He was telling Me also.

Sahaja Yogi:

Jai Jagadambe, Mata Bhavani, Nirmala Mata Jagadambe

Jai Jagadambe, Purna Kadambe, Nirmala Mata Jagadambe

Shri Mataji: Ah, great!

Sahaja Yogis:

Jai Jagadambe, Mata Bhavani, Nirmala Mata Jagadambe

Jai Jagadambe, Purna Kadambe, Nirmala Mata Jagadambe

Bolo, bolo.

Shri Mataji: They have taught you all this?

Sahaja Yogi: No, from the tapes Mother.

Shri Mataji: Which tape?

Sahaja Yogi: From the tape from India, Mother.

Marie: We asked somebody to record for him.

Shri Mataji: Who?

Sahaja Yogi: This has been recorded from Rahuri.

Shri Mataji: From Rahuri.

Sahaja Yogi: Yes, Mother. And I listen to it this morning at five.

Marie: [Inaudible]

Sahaja Yogi: This is more simple but for the others, we have got the words written by

Shri Mataji: Oh, I see. It's Purna Kadambe, ne? "Kadamba" means lotus, "purna" means a "complete lotus" it's a beautiful combination of words, I don't know how they get it. It's very surprising. But [Inaudible] must come out very well I must say.

What are these playing with the children?

Sahaja Yogi: This playing?

Marie: No, it is this playing with the children.

Shri Mataji: What are they playing now?

Sahaja Yogi: With a kind of- I don't know-

Marie: Cymbals.

Shri Mataji: In the school. He has pushed receptions in the school, you know? Very good reception in the school. And such huge grounds, just think of it and think of other places, you see. I mean, you can see very clearly the difference. We spend so much time here and I don't know what is the outcome.

Marie: It's slow.

Shri Mataji: Very slow. You know Marie, now I have been doing this for ages, I should say. Eight years have passed. How much time did we have spent in India, do you know? I started about seventy, I came here in seventy-four, January means three years. And here eight years, can you believe it? What can you do, I mean, with these people? Three years only I worked there [in India] and people are so simple, they want to get it and they work it out. I don't know how to explain all this.

Sahaja Yogi: They see everything from their hearts.

Shri Mataji: Yes, there is, of course. I mean here, the people are very complicated, I think. Even Australians are better. Australian, it is – you see, that's like, it is more like people are simple. Here it's complex many complexes you know with them, [unsure] so complex that I don't know. What do they think of themselves? Such a complex system is there, to accept such a complex system itself is wrong. To say that you are this, you are that, I mean I don't know. Where have you reached with these complex things?

Sahaja Yogi: We always, when we see something, we try to intellectualize. It always starts from there.

Shri Mataji: Yes, that's it, very true, no doubt.

Sahaja Yogi: To judge everything with there.

Shri Mataji: But to intellectualize what? What are you intellectualizing, you see? What I don't understand is what is there to intellectualize? Can you intellectualize the sprouting of a seed? Say, for example. Can you intellectualize? Human beings can't do anything. Can you explain why the flowers have come like this or intellectualize? It's stupid to intellectualize about that is living. You cannot intellectualize, you see? You can only do it about the dead things. But about living things, how can you say? Can you explain why a flower takes such a shape, can you explain? How? How? How? Tell Me. Anything you cannot explain how. I mean you can't even create a stone, leave alone anything else. Let living thing alone, you can't create even a matter, not even a stone? Can you create even a stone with intellectualization? So what do you get? It's nothing but complications, it's imagination it's not reality. You see, imagination is imagination and reality is reality.

It's very simple but people don't understand, you see, why- how can you intellectualize anything, I just can't understand.

It's very difficult to let them see this point, this simple point that living things cannot be intellectualized. That makes you really stupid [Andre?] you really become stupid. Absolutely stupid, you know, to my mind, it is stupidity. To my mind, if I see- actually, I don't know what to say, I mean, how to explain? You are intellectualizing something which you cannot intellectualize. [Shri Mataji is laughing.] That's all. What do you say? Stupid! What's the word for that kind of folly?

Marie: It spoils your life completely.

Shri Mataji: I mean, an unnecessary waste of time and an unnecessary waste of energy for nothing at all. It's all imagination, sitting down and intellectualizing, I mean it's a mental activity, nothing constructive about it. Why waste? Why waste your energy? This is the thing I don't understand.

This one is nice (photo).

You see, the main thing is, that a great thing that has happened. At least, I can communicate, penetrate into that, at least. This has happened. But now, how many I am going to get you out of this intellectualized electrolyzed people, I don't know. They are jumping all the time. They are jumping so much that it's impossible.

Marie: Mother, the main way is if people feel they're loved.

Shri Mataji: Hum?

Marie: If people feel that they are loved. It's only if their heart opens.

Shri Mataji: They feel they are all right. Have you seen?

Marie: No, no.

Shri Mataji: They feel- No, but just ask them if they feel that they are complete. They feel they have found out the meaning of what they are. Have they? Just ask them.

This is stupid, they are stupid persons only think like that. It's a sign of great stupidity, believe Me, that to feel "I'm all right." you see? You are even thinking till you say "I'm all right." Means what? You must say: "It's stupid". Are they all right? You think so? Anybody who can say that they are all right.

This one is very nice (photo).

[Cut in the audio]

[No sound for a couple of minutes.]

Shri Mataji: This one is beautiful. One is better than the other, nothing to change. [Inaudible]

Shri Mataji: Just think of Me, I mean, how much talk to these people? They don't want to get their Realization they don't want. Then, how am I to talk to them. I mean, without Realization, how will they understand about Me? And if I say I am this and that, supposing I say like that, then they'll start getting angry with Me. So it's a very vicious circle, I tell you, this intellectualized business [unsure], like electrolyzed people going round and round and round like mad. They don't want to stop and they think they are all right. That's the worse part of it, you see, they are going directly to Hell.

They don't even think they require cleansing.

Like John told Me [unsure], he's better now but the father does not want to recognize. Sahaja Yogis said: "You should have been all right and the [inaudible] also." So we taught Sahaja Yoga no doubts, I mean that is awareness, All-pervading Power that you have to feel it, you have to be born again. What about that part? Now, Mister Pope is coming [inaudible] That means he is going to see – what is a queen and a king?

Yesterday, you see, when the king and all of them came up, I did not stand. I just did not stand. He said: "What has happened?" I said: "[inaudible] Mister. Why should I just stand for you people out there [unsure]?" I just did not stand.

Especially Miss Gandhi [Indira] was there. But she is a thief, you see. How can you stand for a thief? I know she is a thief, I cannot stand up from my seat, I said: "How can I stand up for her." People just stand up.

[Inaudible sentences.]

... I tried and tried I am not going to stand up for them. Who are they? You know, they are not [inaudible]. In the kingdom of God, where will they be? She's such a big thief Miss Indira Gandhi, such a cheat, horrible woman. She is making money on that poor country. Why should I just stand for her? Such a [inaudible] woman.

I like the king, he's all right. But, I mean, I did not stand up for her. She's a thief all right, that's all.

You see, I went to see Nizamuddin Auliya, a Realized soul whose tomb is there. And the king, you see, the emperor, somebody's there. The emperor, you see, he must have come. He wanted, you see, to make him come to salute. He said: "No, I will not. I will not salute." And he got so angry that he said to the saint that: "If you don't come" - Is it?

Marie: [Inaudible].

Shri Mataji: Who can do it?

So, you see, he said: "You have to come." So, he said: "No, I cannot. I don't want to come to bow to you. I'm not doing that." So, he sent an order that "if you don't bow to me, like tomorrow, I'll cut your neck." You see, the neck will be cut out. And that night, he was murdered, the king, the so-called king was murdered.

The saint doesn't bow [Inaudible]. The saint has to sit. [Inaudible].

But I am the same [unsure] of the saint why should I stand up?

Shri Mataji: Rustom.

Sahaja Yogi: Rustom, Mother? Nice brother.

Shri Mataji: He's a great Sahaja Yogi, isn't it?

Sahaja Yogi: I spent my last night by this musician, this sitar musician, I don't remember his name, from India.

Shri Mataji: Ravi Shankar.

Sahaja Yogi: Not Ravi Shankar, another one. We went to Patricia also, they know, they met Patricia.

Shri Mataji: Oh, I know.

Marie: Debhuka.

Sahaja Yogi: And we went to these classes of this kind of Bangali 's dances, the girls were dancing very smoothly. Not heavy, not heavy like us.

Shri Mataji: [Inaudible part ]. You didn't see them dressed.

Sahaja Yogi: No, it was lovely, a lovely ballet [unsure].

[No conversation for 3 minutes]

Shri Mataji: [Inaudible part].

You can put it off. [Cut in the audio]

58:35

Sahaja Yogini: Are you sending us an English Sahaja Yogis to Paris?

Shri Mataji: I wish I could if there was some job for them.

Sahaja Yogini: What is it about Gregoire, Mother?

Shri Mataji: Gregoire? No, Gregoire is going away to- what's the place. Gregoire is going away to Bonn, Bonn, for about three years he'll be in Bonn and he hates it because of his in-laws there.

Marie: But he's not, normally he's not there officially, is he?

Shri Mataji: Not yet, but he said soon. But, he would like to go somewhere else. He said: "If I go to Vienna, I don't mind, anywhere but not in Bonn." That's one place he hates.

Shri Mataji: What did she say?

Marie: She wonders why he was not in Rome any longer.

Shri Mataji: Rome?

Marie: Yes.

Shri Mataji: When was he not there?

Marie: Because she didn't know that he was finishing at the end of March.

Shri Mataji: Who?

Marie: Gregoire.

Shri Mataji: Yes. We have opened an account now, both of us together for the building. We have started now for the building in India. You see, there are three buildings we have to build and all of us must contribute, anything that is possible, you see. So, I said, a minimum of hundred pounds one should contribute in a year. But that's so minimum, I mean, we'll make no money, a hundred pounds is nothing. But still, a minimum of a minimum one hundred pounds, one year is not much.

Sahaja Yogi: Yes.

Marie: Which buildings, Mother?

Shri Mataji: We have got now a very beautiful plot of land in- or maybe of three lands in Bombay. One of them is the land which is a beautiful place on top of a mountain from where you can see three [inaudible]. It's very near to Bombay, it's a beautiful place. That we have got for free. We have got two lands free and one we have paid for it, a government land.

[Shri Mataji is working on someone.]

Shri Mataji: John, what has happened?

John: I am just [inaudible] Mother. It's about ten to eleven, right?

Shri Mataji: Hum. John is doing very well. Only thing, his Vishuddhi should improve. You know, I was coming on the steps and suddenly my right Vishuddhi twisted. Here is [laughter] Really! And C.P. said: "What happened? Are you going to fall?" I said "no". Since Vishuddhi, you see, when I look at the sensitivity of my body also, if you are a Realized soul. If C.P. has a bad Vishuddhi, I don't feel. But if John has, I feel it.

How is it, John, with this? What's the matter?

John: I am [inaudible].

Shri Mataji: Not yet.

John: Not yet.

[Shri Mataji is laughing.]

Sahaja Yogini: Mother?

Shri Mataji: Yes.

Sahaja Yogini: I have a point here Mother and I can't get rid of it.

Shri Mataji: Just sit. What do you have?

Sahaja Yogini: It always gets blocked here.

You'd better leave, she won't come, eleven-thirty is worse. She might come; give a bandhan.

Better. What's the matter here?

Marie: I don't know, I can feel it rises and then it starts descending [inaudible].

Shri Mataji: That means it is a left Vishuddhi, "ne"? It is a left Vishuddhi, you should cure it.

Marie: It's a very exact spot, Mother, it's a very precise spot.

Shri Mataji: Are! [Conversation in Hindi.]

Shri Mataji: Thank you, thank you very much.

This is Radesh's wife.

Shri Mataji: This you put this thing in such a container that doesn't require much water.

It's left Vishuddhi.

You see, this is too much these people are trying to be too much, there is not even one person Madrasis, you see, and nobody appreciated. And all the Satajis were laughing. [In Hindi]

Indian Sahaja Yogini: Especially vocal music.

Shri Mataji: [In Hindi]. But best would have been to have instrumental.

Indian Sahaja Yogini: Flute.

Shri Mataji: [In Hindi]. South Indian dancing, that would have been much better than this music of Shubah Lakshmi. And she's not such a singer I tell you. She's not a great musician. What it is, she's good for bhajans and all that. She started first time, singing Hindi bhajans. So, people started to appreciate. But nothing great compared to what we have, talents.

Sahaja Yogi: Excuse-me, Mother, Gregoire, he wants to know if he can take your darshan.

Shri Mataji: Who?

Sahaja Yogi: Gregoire, he wants to know if he can take your darshan tomorrow at eleven o'clock.

Shri Mataji: All right.

Better?

Sahaja Yogini: Sometimes it's very painful.

[Conversation with Sahaja Yogis in English and in Hindi while eating. Music in the background.]

Shri Mataji: So, if you don't mind I'll talk to her for a little while. You go and have a look at the house and you can hear the music everywhere.

[END OF FIRST AUDIO]

SECOND AUDIO [track n°4]

[The first five minutes are the same as on the first audio]

Shri Mataji:..Such a complex system is there, to accept such a complex system itself is wrong. To say that you are this, you are that, I mean I don't know. Where have you reached with these complex things?

Sahaja Yogi: We always, when we see something, we try to intellectualize. It always starts from there.

Shri Mataji: Yes, that's it, very true, no doubt.

Sahaja Yogi: To judge everything with there.

Shri Mataji: But to intellectualize what? What are you intellectualizing, you see? What I don't understand is what is there to intellectualize? Can you intellectualize the sprouting of a seed? Say, for example. Can you intellectualize? Human beings can't do anything. Can you explain why the flowers have come like this or intellectualize? It's stupid to intellectualize about that is living. You cannot intellectualize, you see? You can only do it about the dead things. But about living things, how can you say? Can you explain why a flower takes such a shape, can you explain? How? How it takes, how? Tell Me. Anything you cannot explain how. I mean you can't even create a stone, leave alone anything else. Let living thing alone, you can't create even a matter, not even a stone? Can you create even a stone with intellectualization? So what do you get? It's nothing but complications, it's imagination it's not reality.

You see, imagination is imagination and reality is reality. It's very simple but people don't understand, you see. So, can you intellectualize anything, I just can't understand.

It's very difficult to make them see this point, this simple point that living things cannot be intellectualized. That makes you really stupid [Andre? Inaudible], you really become stupid. Absolutely stupid, you know, to my mind, it is stupidity. To my mind, if I see-actually, I don't know what to say, I mean, how to explain. You are intellectualizing something which you cannot intellectualize. [Shri Mataji is laughing.] That's all. What do you say? Stupid! What's the word for that kind of folly?

Marie: It spoils your life completely.

Shri Mataji: I mean, an unnecessary waste of time and an unnecessary waste of energy for nothing at all. It's all imagination, sitting down and intellectualizing, I mean it's a mental activity, nothing constructive about it. Why waste? Why waste your energy? This is the thing I don't understand.

This one is nice (photo).

You see, the main thing is that there are great things that have happened. At least, I can communicate, penetrate into that, at least. This is has happened. But now, how many I am going to get you this intellectualized [inaudible] five people, I don't know. They are jumping all the time. They are jumping so much that it's impossible.

Marie: Mother, the main way is if people feel they're loved.

Shri Mataji: Hum?

Marie: If people feel that they are loved. Internally their heart opens.

Shri Mataji: They feel they are all right. Have you seen?

Marie: No, no.



Shri Mataji: They feel- No, but just ask them if they feel that they are complete. They feel they have found out the meaning of what they are. Have they? Just ask them. You see, stupid, they are stupid persons only think like that. It's a sign of great stupidity, believe Me, that to feel "I'm all right." you see? You are even thinking till you say "I'm all right." Means what? You must say it's stupid, are they all right? You think so? Anybody who can say that they are all right.

This one is very nice (photo).

5:04

You see, I've seen what happens if people take with the lens, then the one portion of the body looks big and one small.

[Cut in the audio]

Shri Mataji: I mean if you are here, I'll be quite free for you. Tomorrow morning I'll be much freer than this. Today, you see, I've got some things to be bought, this, that. You see so many things are left out in this house which need to be tidy, I don't know. It's a man's house. It has come out well.

[Shri Mataji speaks in Hindi.]

Sahaja Yogi: This musician, Mother, gave me an address of a man in Paris who is playing the tablas. Shall I start some?

Shri Mataji: Who gave you?

Marie: Debhu Shadhari.

Sahaja Yogi: Devudsha. I don't know, maybe he's not a good fellow, I don't know.

Marie: Debhu gave him the address of somebody.

Shri Mataji: They'll be very expensive though. But doesn't matter, we can learn if you want.

Marie: I can always go and ask.

Shri Mataji: Yes. In India, it would be much cheaper to study, but, next year we'll do something about it. Because, you see, Baroda? I wanted to go to stay in Baroda [Gujarat].

Sahaja Yogi: Yes, Mother.

Shri Mataji: Baroda has a very big university of music and everything: dance, music, art, everything. So you can stay with them and it will be easier you see. Sheh is going to start an ashram in Baroda. So, it would be easier for you to learn all this.

You should also go, I think. [To others]

Sahaja Yogi: One year in Baroda. The twin brothers excited [laughter]

Shri Mataji: Yes. I was telling you, you should make some money here and then go.

The kind of door you have in your- for your first wardroom, in the drawing-room when you enter in a huge, big wardroom, that kind of a door, what is it called? That kind of design.

Marie: It's a sort of country type of furniture.

Shri Mataji: Is it?

Marie: Yes. It's a traditional country style.

Shri Mataji: It's country, it's not regency style. Not sophisticated.

Sahaja Yogini: Country style.

Marie: I's traditional country style.

Shri Mataji: Very robust.

Marie: Yes, very robust.

[Shri Mataji is laughing.]

Marie: It has to be.

[Shri Mataji is laughing.]

Shri Mataji: No, you see, what? I was thinking if Me and CP we are making one cupboard. So, now I think I'll give up, in one week I get it here, it's quite nice. Then, another thing he wanted, CP, very "petite" [French word meaning "small"] chairs that you get in France, with a simple design on it. A sort of, that kind of people's seat they have mostly.

Marie: Well, small chairs.

Shri Mataji: Not small. But chairs, "petite" chairs you see, which have thin legs, French chairs and all that. You see, they have very thin legs and things. So if you could find out some shops.

Marie: Yes.

Shri Mataji: Or maybe Lille would be better.

Marie: Paris has a lot of furniture, lots of lots.

Shri Mataji: You know it's very expensive to go to even [?]. But some place, if you could find out where you can get a second hand.

[Some noise.]

Shri Mataji: Rustom!

A "chaise longue", and one, two chairs and a little, you know, it's very "petit" thin legs, that sort of things.

Maire: So it's very delicate.

Shri Mataji: Delicate, sorry.

Marie: So you would want how many chairs?

Shri Mataji: Two chairs.

Marie: Two chairs and a "chaise longue".

Shri Mataji: And a "chaise longue", yes. Two chairs and maybe a little "setty" two "setty" [unsure]. You see, we have one room like that, all right?

And another room that we have upstairs, you see, is only this much, we can't put in a big, big sofa's set there.

[Inaudible]

Shri Mataji: What is it you're catching?

Sahaja Yogi: Liver?

Shri Mataji: Both things have come up here, you see?

Sahaja Yogi: Oh, yes. I [Inaudible] when I was young, you see. I fall on the head and I opened my head. I always had that those two. Always. [Laughter]

Mother, I wanted to ask you, Kay and her husband have arrived in here.

Shri Mataji: They are coming here?

Sahaja Yogi: No, they just [inaudible] because Kay has got something in England she's going to take back. They just came to visit and

Shri Mataji: But they'll be here for a week at least. Then, I'll see them later. A little later this week. Just, this week is a little thing because of this Indira Gandhi being here, you see.

This timeline, that time, these things, it's too much.

Sahaja Yogi: There's one gentleman, mister [inaudible], you see?

Shri Mataji: From where?

Sahaja Yogi: Algeria. He's a very important lawyer in Algeria. You've met him before.

Shri Mataji: His grandma is from Switzerland.

Marie: Yes, he went to live.

Shri Mataji: He sings very well.

Marie: Yes, very good.

Shri Mataji: Are you getting Algerians there?

Marie: In France, not so many but some people were sent by mister Channal [unsure]. A young couple and the lady had leucemia. I think I wrote to you.

Shri Mataji: Oh God! They'll now get all the patients as you know.

Hello, John? Can you put on some music?

Marie: She's all right now, she's all right.

Shri Mataji: You treated her?

Marie: Yes.

[Shri Mataji is laughing.]

Marie: But she's treated her herself, Mother. I gave her the picture and she said that I keep praying and praying and praying now, I asked her to.

Shri Mataji: That's much better.

Marie: And they are so simple and so good.

Shri Mataji: Because they become, you see, sort of established in Sahaja Yoga.

Marie: Yes, yes

Marie: Yes, yes.

Shri Mataji: He's a doctor, he's a lawyer?

Sahaja Yogi: Yes and he is in England this week.

Shri Mataji: He is coming here. This week he's coming.

Sahaja Yogi: He is here already in a hotel, nearby. And he phoned me yesterday to ask me whether he could-

Shri Mataji: I will be more free tomorrow or day after tomorrow than today. They have to go and get these styles of yours and all my time is wasted in all nonsensical things.

Nirmala Yoga has come today, it's a good one.

Sahaja Yogi: There's a little bit something about here.

Shri Mataji: Yes, put your hand there.

Sahaja Yogi: Yes, Hamsa more.

Shri Mataji: Hum?

Sahaja Yogi: Hamsa.

Shri Mataji: Hamsa. He does not meditate. You see, if you meditate every day, I can make out on the vibrations. It is easy, it goes on a communicating like dirt you know. And you have to remove every day, it's better. If you go on, then it starts sliding down into privacies. You must meditate, otherwise, it's a big problem. Then suddenly, you find a big mob.

He's very good, meticulous but he has to gain on speed. And I think with meditation he can do it. Can you become a master?

[To John]

You've done it?

John: Now, here.

Shri Mataji: Good! He's so speedy, I tell you. Now, what about putting some screws on, one or two.

Sahaja Yogi: Yes, I nailed it [inaudible] some wood pulp in the holes.

Shri Mataji: Good, great. He's very fast.

Shri Mataji: He thinks too much. What are you worried about?

New Sahaja Yogi: Nothing.

Shri Mataji: And why do you think so much? When the thoughts come, we should say: "Not this, not this, not this." It will work out. I think also, hair should be cut a little bit.

Sahaja Yogi: Yes. I am only waiting till I go back to France because I have a good hairdresser there. That's why. [Laughter]

Shri Mataji: He doesn't like the hairdressers here, imagine!

Marie: He's by us, you know, he's really by us [unsure].

Shri Mataji: By us towards what? Towards French?

Marie: Yes

[Shri Mataji is laughing.]

That's nice that the French should come here and Indians- The English should go to France and work there.  
16:12

[That part is at 58:35 in the first audio]

Sahaja Yogini: Are you sending us an English Sahaja Yogis to Paris?

Shri Mataji: I wish I could if there was some job for them.

Sahaja Yogini: What is it about Gregoire, Mother?

Shri Mataji: Gregoire? No, Gregoire is going away to- what's the place. Gregoire is going away to Bonn, Bonn, for about three years he'll be in Bonn and he hates it because of his in-laws there.

Marie: But he's not, normally he's not there officially, is he?

Shri Mataji: Not yet, but he said soon. But, he would like to go somewhere else. He said: "If I go to Vienna, I don't mind, anywhere but not in Bonn." That's one place he hates.

Shri Mataji: What did she say?

Marie: She wonders why he was not in Rome any longer.

Shri Mataji: Rome?

Marie: yes.

Shri Mataji: When was he not there?

Marie: Because she didn't know that he was finishing at the end of March.

Shri Mataji: Who?

Marie: Gregoire.

Shri Mataji: Yes.

We have opened an account now, both of us together for the building. We have started now for the building in India. You see, there are three buildings we have to build and all of us must contribute, anything that is possible, you see. So, I said, a minimum of hundred pounds one should contribute in a year. But that's so minimum, I mean, we'll make no money, a hundred pounds is nothing. But still, a minimum of a minimum one hundred pounds, one year is not much.

Sahaja Yogi: Yes.

Marie: Which buildings, Mother?

Shri Mataji: We have got now a very beautiful plot of land in- or maybe of three lands in Bombay. One of them is the land which is a beautiful place on top of a mountain from where you can see three [inaudible]. It's very near to Bombay, it's a beautiful place. That we have got for free. We have got two lands free and one we have paid for it, a government land.

[Shri Mataji is working on someone.]

Shri Mataji: John, what has happened?

John: I am just [inaudible] Mother. It's about ten to eleven, right?

Shri Mataji: Hum. John is doing very well. Only thing, his Vishuddhi should improve. You know, I was coming on the steps and suddenly my right Vishuddhi twisted. Here is [laughter] Really! And C.P. said: "What happened? Are you going to fall?" I said "no". Since Vishuddhi, you see, when I look at the sensitivity of my body also, if you are a Realized soul. If C.P. has a bad Vishuddhi, I don't feel. But if John has, I feel it.

How is it, John, with this? What's the matter?

John: I am [inaudible].

Shri Mataji: Not yet.

John: Not yet.

[Shri Mataji is laughing.]

Sahaja Yogini: Mother?

Shri Mataji: Yes.

Sahaja Yogini: I have a point here Mother and I can't get rid of it.

Shri Mataji: Just sit. What do you have?

Sahaja Yogini: It always gets blocked here.

[Music starts. Shri Mataji might be working on that SY]

Shri Mataji: She has not yet come, I don't know.

You'd better leave, she won't come, eleven-thirty is worse. She might come; give a bandhan.

Better. What's the matter here?

Marie: I don't know, I can feel it rises and then it starts descending [inaudible].

Shri Mataji: That means it is a left Vishuddhi, "ne"? It is a left Vishuddhi, you should cure it.

Marie: It's a very exact spot, Mother, it's a very precise spot.

Shri Mataji: Are! [Conversation in Hindi.]

Shri Mataji: Thank you, thank you very much.

This is Rajesh's wife.

Shri Mataji: This you put this thing in such a container that doesn't require much water.

It's left Vishuddhi.

You see, this is too much these people are trying to be too much, there is not even one person Madrasis, you see, and nobody appreciated. And all the Satajis were laughing. [In Hindi]

Indian Sahaja Yogini: Especially vocal music.

Shri Mataji: [In Hindi]. But best would have been to have instrumental.

Indian Sahaja Yogini: Flute.

Shri Mataji: [In Hindi]. South Indian dancing, that would have been much better than this music of Shubah Lakshmi. And she's not such a singer I tell you. She's not a great musician. What it is, she's good for bhajans and all that. She started first time, singing Hindi bhajans. So, people started to appreciate her. But nothing great compared to what we have, talents.

Sahaja Yogi: Excuse-me, Mother, Gregoire, he wants to know if he can take your darshan.

Shri Mataji: Who?

Sahaja Yogi: Gregoire, he wants to know if he can take your darshan tomorrow at eleven o'clock.

Shri Mataji: All right.

Better?

Sahaja Yogini: Sometimes it's very painful.

[27:10: end of the first audio part. Cut in the audio]

28:57]

Sahaja Yogi: Nice souvenir to come back here.

Shri Mataji: See with her, all right? Now, this is the bathroom. See my bathroom.

[Laughter.]

Marie: It was there, is it?

Shri Mataji: Yes, not yet repaired. I have to get somebody. Maybe somebody knows someone I don't know.

Marie: I know someone who knows someone.

Shri Mataji: Gregoire got this one from the presents or for the birthday. I've so many things I don't know where will I put them?

Shells I'm going to buy now shells, for putting.

Marie: Maybe I know someone, I'll telephone. If you want to me.

Shri Mataji: Yes, really?

Sahaja Yogi: Yes, Mother.

Shri Mataji: Then tomorrow you tell me. All right? I have three of them.

Marie: I'll try. I have to know more details [inaudible]. I know somebody specialized in [inaudible]

If you do always the same size [inaudible] I'll phone anyway.

Shri Mataji: Good, it's fine if you do it for Me. It's a good idea.

Shri Mataji: [Inaudible] there was nothing else, it was just horrible, the whole thing was falling down. Nothing.

Sahaja Yogini: It's nice... like a story.

Shri Mataji: Modi has sent it. Like a story, yes, like a story.

[Conversation with Sahaja Yoginis.]

Shri Mataji: No, there is one cover that side, you must see the cover, it's interesting. It is not yet complete but will be. And all mirrors are going to go up here. Here, we are going to put a mirror

[Inaudible]

Marie: This is very nice.

Shri Mataji: Isn't it?

Marie: Beautiful.

[Inaudible]

Shri Mataji: That C.P., he's very fond of gold stuff. But just see how it is [inaudible] here, the leaves.

Sahaja Yogi: Is the door repaired now, Mother?

Shri Mataji: It's repaired, thank's, God! I don't know how they managed. Otherwise, I thought it's a lost thing, now.

See the matching, how we got the matching, you see.

Marie: It's very nice.

Shri Mataji: Isn't it? Rajesh was impressed by the matching, how I got the matching flowers.

32:45

[Conversation between Shri Mataji and Sahaja Yoginis about the house and its arrangements.]





## 1982-0402, Shri Rama Navami Puja

View [online](#).

2 April 1982

Rama Puja

Chelsham Road Ashram, London (England)

Talk Language: English | Transcript (English) – VERIFIED

Shri Ram Navami, Chelsham Road, London, England, 2nd April 1982.

(Shri Mataji is explaining how to talk to new people and havans)

So first of all, you should start talking about energies: that these energies are moving within us and how they activate. Then you talk of the third energy which is the One which has evolved us, and that's how we are here. And you talk about your Self, the controlling part, which is controlling you, the Spirit.

So, if you go on an abstract line, it would be very appealing, these energies. Then afterwards, once you have talked about energies, this, that, once the people – that is within you, – sort of they'll feel ego, "Oh, we have these energies. We can utilise these energies, do this, do that." And then you bring them down to Sahaja Yoga, later on. But to begin with let us talk of abstract. Because Indians are different, I mean Western people are different. They are fed up of religion, they are fed up of all this. So, if you talk of religion it gives, creates, a problem. That's why in the beginning, Vedas, when they were written down, they didn't talk of God or Deities at all. They talked about God, God the Creator, but just about Brahmadeva. Throughout: Hiranyagarbha, Brahmadeva, Right Side, they talked. And the whole thing is said, mantra, is like, "bhur, bhuvah, swaha" – three things.

Now, Bhur is actually the Mooladhara, is the Earth according to me, the Mooladhara. Mooladhara Chakra and Mooladhara itself.

Then Bhuvah. Bhuvah is the one which is called the antariksha [the whole Creation], is the one which is all created, so it talks of Brahmadeva. Then Swaha. Swaha is capacity to burn off, of the Agni [fire].

It is so surprising. And then they talk of Maha, Tapah, Tapaha and Maha. "Bhur, Bhuvah, Swaha, Maha Tapaha". So, when they talk of Swaha, they talk of Maha. Maha is Vishnu, what you call "The Great", "Allah Hu Akbar." And of Tapah. Tapah is the one where you have to become a tapaswi, means a person who is going into a penance – that of Christ. And they say that you have to penetrate through the Surya, that is on Agnya – is in such an abstract way – and then you get to your moksha [liberation]. So, they have talked of all the chakras. But if you talk about the abstract part of it, people have no objection, they'll listen to it, listen as it is a very good thing. There's no religion as such.

So, today especially I'm talking about Vedas and these havanas we do. When we do the havan it is a yagnya. 'Yagnya' means 'by which you know', 'Gnya' means 'to know' – 'Yag'- 'nya'. And this is done where you use 'Swaha' as the word. That means you use the principle of fire to burn off all that is wrong in you – 'Swaha'. And you awaken it by taking the different names of the God. And it started at the time of Shri Rama. Today is Ram Navami. I should say it was not started, we should say, but it was very much invoked when Shri Rama lived and they used to do yagnyas at that time. The reason was, the people had just started realising that there is something higher and you have to worship that higher Self, the seers said. And they thought that best thing is to do yagnyas.

Same thing on the left side, of course people started the worshipping of God and dedication to God and all those things. That is bhakti. But mainly what they did before Shri Rama was the yagnyas, Vedas. With which they prayed to different elements – elements have made our chakras – and tried to evoke the Deities of the Elements. But actually, it amounts to the same thing.

So, as a child, Shri Rama was studying with a very great saint, and when he was studying with him, Vashishta was the name of

the great saint. And Vashishta had an ashram where Shri Rama and his brothers studied.

(Aside: Come along! Come in, come forward. Give her a chair to sit down. Can you, is there a seat here? I think Gavin can go, lots of seats are there.)

Shri Rama was studying with this Vashishta and they used to come for holidays to father's place. Then, he had the capacity to kill a demon with only one arrow. It's called as ekabani. One arrow was sufficient of Shri Rama. And he was a small little child, say about seven, eight years of age. And people were surprised how he could do it. So, whenever they had a yagnya – now these yagnyas were created to awaken, evoke, the Deities inside the spinal cord – actually. And for these yagnyas they used to sit down and do all these havanas the way we do it. But at that time, the rakshasas would come and try to spoil the yagnyas, because yagnyas are to be done with pure heart and with cleanliness and with purity, it should not be insulted, there's a protocol about it. While they thought that, "If we insult the Deities there, then the Deities will disappear and their yagnyas will be spoiled." Now these yagnyas were done, in the olden times even, even when Shri Rama was not here. But at the time of Shri Rama also, there were some rakshasas who took a special pleasure in spoiling these yagnyas and Shri Rama as a child would go and protect them from the demons. And the demons would take some sort of a funny form and come like invisible creatures and put some bones of animals and things like that in the yagnya. And that would spoil the effects of the yagnya. And Shri Rama would protect that, as a child. Imagine, as a child he used to do that! They would be doing the yagnya and he would be sitting outside with all his small brothers around him and they would kill the demons who would try to destroy the yagnyas. This is the early life of Shri Rama in which you see how, as a child also, he showed an amount of expertise, you can say, in arrow and bow. So, any time you see a statue – how to make out a Shri Rama's statue, is to see if there's an arrow and a bow, then it's a Shri Rama's statue.

Now his coming on this Earth gave us the development of the Right Side and so the yagnyas were also on the Right Side. Because first of all when human beings came on this Earth, they were frightened of all the animals who would invade them and all kinds of horrible rakshasas and all those people, and negative forces they would trouble them. So, in that state they needed to create a king, a ruler, who was an ideal king and he would rule according to the laws of dharma.

So, He was the one in charge of that era, what we call as Satya Yuga you can say, but actually, He was here in Treta Yuga. That's the time when He was here, that's Treta Yuga, and Krishna came at the time of Dwapar Yuga. And today is the time, when I came it was Kali Yuga. But now, today, the time is of Krita Yuga, the Yuga where work will be done: 'Krita' means, "work will be done". This is the time where work will be done. So how things have moved from one to another?

Now in the Treta Yuga when Shri Rama came, the idea of kingship and rulership started. So, the greatest emphasis was on the goodwill of the people. The people had to have goodwill: for the people and for the king, and for the betterment of humanity. The will, that is the Right Side.

So how to create the goodwill in people? First the leader has to sacrifice and show how far he can go in sacrificing to keep the moral and the goodwill of the people. So the Right Side was created by the advent of Shri Rama because he showed a path of creating among people the awareness that they should be ruled, that they should not be anarchist, there should be one head who should be able to organise, co-ordinate and work out a collective thing.

You see, when we think of a king, we want to oust him because we don't like the idea of being ruled either. Because he's not a good king perhaps, or he doesn't represent that will of the people which is a common will which creates this king who rules for the maintenance of that goodwill. It is a symbolic expression of your goodwill.

So, when you create a law, it is also the expression, common expression, of all the common people, of the common feeling that they should abide with law. It doesn't come to you that you are a slave, or you are to be dominated, or you have to be put down, but it is only your common will, which is good. The desire of all the people which is the good, righteousness, incarnates as Shri Rama and He looks after that will. Because, supposing an individual may start saying that, "This is not good," "This is not good." An individual might take a different attitude about things. But you must have some symbol of that goodness placed onto

someone. And those symbols were created to symbolise your righteousness, your sense of good, so that you can be saved yourself!

Supposing, today, somebody comes and hits you. Now you can feel how bad it is to be hit by someone or murdered by someone, others, so you decide there should be a law protecting you. But tomorrow you may do the same thing. So, what you do is to take out your goodwill, represent it as the kingdom or a king or a governing body. So, the government as it is representing, should represent, also – in both ways. It's not that it always represents. It may not at all represent, may not, possibly. But, that the government itself should represent the good in you, the purity in you, the pure will to be good, to be protected. And that you should also abide by it. It's a very mutual thing.

But what happens that, once you start electing someone like that, or making someone like that, or appointing someone like that, as usual, he goes into an ego trip. It's a simple thing like that. It's absolutely a simple ego trip. The government gets into an ego trip, people get amazed how people behave. They'll elect, supposing, a Prime Minister and suddenly you find the Prime Minister behaves like a brute and you can't understand – "We have elected somebody like a Prime Minister thinking that he will do the good to us." You see. It's possible. And then the revolutions take place while people revolt, fight it out. Again, the will of the people fights it and makes it alright.

(Aside: Come, come here over, then come forward...)

So, we have to have something absolute because all these values are changing every moment. Isn't it? We think that this government did not do so well – for example, we think like that – so we want to demolish this government. Then we bring another one and we find the same thing happening. See, whether you bring a communist or you bring a socialist or you bring a democrat or you have a monarchy, whatever you may have! But still, what happens actually is that, all these things that come up and go away...

(aside: Gavin come here. Can you move forward a little bit so that everybody can be seated?)

...all these changes that take place go on creating a feeling in a man that we should be anarchist. Why should we have any government? Why should we have any king? Why should we be ruled by anyone? Because you find the person who's ruling is not up to the mark and he is just trying to deceive you. At that point you have to have some absolute standards.

If you have an absolute standard then you can always judge that this king is deviating from the right path, is not doing what a king should do.

A king has to be like Shri Rama. He has to be like Shri Rama. Representing your will, your goodwill, your sense of proper judgement, fair play and righteousness. If the king is not righteous then your collective goodwill will go against the king.

Now you go and throwing one from another. Say, I've seen now for example in France: We had one kind of a Prime Minister. He did lots of things which were not good so he was thrown away. So, you had another one kind of one. Now he's doing another thing, so he's going to be thrown away. And we are just going, playing games you see. First of all, we have say, Labour Government. We don't like it. So, then we have another Government, Conservative Government. We don't like it. Throw it away! Go on playing with it all the time. But in this relativity, we are improving – definitely. We are more aware, understanding the value of these people, and also the public is understanding. But then when too many such people come in who are negative, they also bring down the will, the collective will, very low. And people start identifying themselves with these autocrats or, you can say, those people who are ego-oriented, who have no moral values, who have no fear of God, who deny religion, who deny evolution and the Government starts behaving in such a manner that you are amazed – how this is the Government? Like in Chile and Argentina, the way the Government is behaving and is putting down the people. All these things are happening. You don't know. It's such a relative terminology. Like El Salvador, you don't know what to do over there now – whom to support. Whether to support the Americans, or to support the Russians and all that.

Now, under these circumstances a Sahaja Yogi can stand and say, "Now, what to do? Should we join this or that?" All is a wasteful thing. It's just a game going on. Let them break their heads. They are good for nothing. Useless people. So, you cannot solve these problems and you are not supposed to solve them. They must get their Realisation and establish the Kingdom of God. So that really Shri Rama rules on this Earth and not these horrible kings who change their morality every day, who change their ideas every day, those whose will is sometimes for something materialistic.

Like I would say now in our country [UK] we thought that we'll have Mrs. Thatcher. Good, very good, she's coming up very well I should say, certain good things she is saying, like self-restraint and all that, those things she's talking are good things. But what about herself following this? Shri Rama, not only propounded what was good but he followed that. He sacrificed for that and he established his own symbol as a pure symbol of that righteous will, that is within the people, which is the collective righteous will.

Now, for example, you can see clearly how the ego-oriented things work out, first of all, by the misidentifications we can have. Now if you are a communist, you have to be out and out communist! You cannot have compromise between democratic methods and communism. They can't find any integration. They think that if you have to be this you have to be absolutely this. If you have to be that it has to be absolutely that. But, in Sahaja Yoga, what you find is both are integrated because you have the complete capital and have now to distribute it.

This is a complete integration here. All these 'isms' and all that are experiments of the artificial, of the mind, just a projection of the mind, which is, whatever is man-made is artificial, you know that. But what is God made is all integrated. That, whatever you have within yourself, you must give it to others.

Now see for administration also, what happens after Sahaja Yoga. Say, I am your Mother, here, sitting down. You like me to guide you. You like me to govern you. You like me to correct you, you like me to scold you and to even go to a great extent to see that your life improves. Supposing I say, "Alright, I give up. I don't want to trouble you!" You will not like. None of you will like such a situation where I say, "Alright you are a gone case, I have nothing to do. You get out." Nobody will like such a situation. You want me to govern you. You want me to look after you. You like that. Automatically you have started liking it. There's no domination, but you want my domination. You want me to dominate you. You want that all my desire should be dominated – automatically. Why you feel that, "It is alright, it is very good if Mother takes interest in me, corrects me. It's a privilege"? Why do you think like that? Because by that there is a general good created. It's a general good created in you. Because you have become integrated. Your body, your mind and your soul, all of them think the same way. They all want the same. There's no difference. Once there is integration you will find that Sahaja Yoga is the easiest way to live it. But if there is not, then it is no.

For example, if you are a lazy person, say for example, or you are a very hot-tempered person or you are a sort of a dual person, or you are playing tricks with yourself, you are playing games, then you won't like Sahaja Yoga. As long as these situations are in you, you will not like Sahaja Yoga. But once this situation is overcome, then you will like it because then you will know that whatever is good for your Spirit is for the well-being of you all and of all the people. Once this well-being comes in, everyone feels absolutely nourished and fresh.

So, the governing part is enjoyable. The correction part is even more enjoyable. And that you are in the attention of your Mother is such a great feeling within yourself that, "Yes". No, nothing will go wrong with me. She'll look after me." "She's there to look after me." But this integration part comes very late because of ego problems.

You have built up egos because of wrong type of people administering you. From your childhood you might have had bad parents who never talked of God, of good things of life. They themselves did not lead a life of sacrifice. Very self-indulgent parents can create a problem like that. They never gave you the right type of life, a proper value system which should have been there. They never educated how to enjoy righteousness, virtues, in life. Possibly, later on, the country in which you are born, the other people who surround you also might have done that. Also, your government, whichever you have known, must have done that. So, when these things change, when you find that you have achieved that kind of integration within you: that whatever your

body likes is good for your Spirit also.

Like say for example, I don't like certain things myself. I don't like drinks; I don't like it. I just don't like it. Nobody can tempt me. I mean, no question of temptation, I just don't like. I will hate the things which are really bad for my Spirit – automatically. I don't have to tell myself, it's just there. To tell lies I don't like because it harms me there. I don't like it.

Whatever is good for your Spirit will automatically work out as soon as this integration takes place and this is the work of Sahaja Yoga today. That's why I said it is Krita Yuga, is to be done. And this integration must be achieved within ourselves.

So sometimes you have to make your body come to this level. Maybe you are under the influence of some bhoots so your body doesn't help you. Little bit of tapasya, or penance, is needed after Sahaja Yoga to make this possible. And then once you start enjoying it then you like it. Like driving a car – in the beginning it's difficult. Or swimming, anything, when you try to do it's rather difficult in the beginning. If I say, "You forget it now, whatever you have done in the past you forget it now get to the new things now. You have to do it."

So, you have to put your mind to it with all your full zest. That, "Alright, if my body's not helping me – alright – then I'll try to improve my body because I'm not the one [this body]." "If my mind is not helping me, I must improve my mind. If my, what you call 'intellect', is standing in the way I'll have to put my intellect right because after all I have to be integrated. If I am not integrated, I'm not going to enjoy anything nor am I going to do anything good to myself or to others. So why am I here? Why am I trying to destroy myself?"

But when you are disintegrated, you will be surprised. your one action will destroy your second action and second action will destroy third action – when you are disintegrated. I'll give you an example: Supposing now I am sitting here and somebody tells me that this will burn you. This is my own maya. But the body wants to burn itself. It says, "No, alright, don't listen to this, just burn itself." Now, when I say this it sounds absurd. But, say, the mind says you should not take to alcohol, but still you'll go to the pub, then you are disintegrated. Gradually once you start listening to your body too much, your mind just gives in. It just gives in. In everything that you do, if you are integrated, you will be amazed that you will really become dynamic.

Integration is nothing but your complete connection with your Spirit. The Spirit starts flowing into it. In every walk of life, you will be amazed how dynamic you'll become if you are integrated. Just the connection is to be absolutely achieved with your Spirit. Whenever you think of something, ask yourself "Is it good for my Spirit?"

Some people have a habit of thinking that spiritual life is such that you hang by the shoestring somewhere, in the air and there is no connection to the day to day life. So many people think like that. They think such a man should be a thin, miserable creature hanging onto some tree or something (laughing) and should be absolutely in a paranoid state or something. That he is frightened of the whole world; who cannot talk to anyone, who is so much exclusive that he becomes a recluse. These absurd ideas should be given up by Sahaja Yogis.

You have to be very much there, absolutely there between all of them. But something: you should be rare, a different type, a unique personality. You are to be there with all these things that are going on.

Now people are frightened, you know, even of Sahaja Yogis. They are frightened of Sahaja Yogis. If they see somebody negative, they say, "Oh, this thing, that thing." Now take a fight with that person. Take a fight. "How could you dare to do this, such a thing? You are a Sahaja Yogi! Come up! What do you mean by this?" You have to fight it out. As long as possible you should try to salvage a person, talk to him in that manner.

The other side of it is that when you talk to others, when you talk to others, when they come to you, then there has to be a kind of a tremendous sincerity within you. If you are doing with that sincerity, people will know you are doing with sincerity. When you talk to a person, they should know that sincerity of heart is there. For example, you may talk to that person very sweetly, but your heart may not be there and the person might think, "Oh, he's just seeking elections." All right? But if you talk to someone with the

sincerity, you'll say, "How could you do such a thing? Can't you see yourself? Can't you work it out? That's what it is. You are here for that." Now in saying so, your sincerity, which is coming from your heart, is to be seen, and that's what is Shri Rama's character is: that he was on the right side of the heart, means the heart put to activity.

Do you understand that, where Kabira has said, "Mana mamata ko thira kara Lau." (meaning) "I will make my compassion of my heart – mana – from my heart, the compassion, make it steady. "Aur paanch hee tattv milaon", (meaning) "and put them into five elements."

You see, in the same way, when you are in the left heart, that's your sincerity. It's your heart-felt thing. But the heartfelt thing, what's the use? There are many Sahaja Yogis who really feel, this world is horrible and something must be done, Sahaja Yoga must be brought in. But how many of you are really putting that to action? Absolutely into action? Without that, your Shri Rama's tattwa cannot be improved. Shri Rama's tattwa is only improved when you put all the things into action that's exactly what Shri Rama did.

So, in the ascent of man, when he came up to Shri Rama's place, the advent of Shri Rama was not in the centre, but on the right-hand side. He moved aside. So much so, that he forgot about his past. He's never mentioned that He's an incarnation. He never told His father. He never told his mother. He never told anybody that He was an incarnation. Of course, it was evident that he was. His brother knew about it. Now he had two brothers. Very interesting. I mean he had other brothers also, but Bharat and another was Lakshmana. These two brothers were with him. Now they show the two sides of a human being.

One was Lakshmana and he was that fiery type; you see. He couldn't bear anybody misbehaving towards Shri Rama. He couldn't bear anybody talking in a very mundane type to Shri Rama. And he used to get so angry with all these people that he would just come out like a big thunderbolt on anybody who tried to say anything about Shri Rama. Even Parashurama, who was there, a contemporary incarnation of Shri Rama Himself was Parashurama. It's a very interesting story about that. But he could not bear Parashurama in any way... (break in recording)

...He is the Shesha as they call it. The serpent which sleeps in the bhavasagara. On which Shri Vishnu rests. The same Shesha had taken birth as Shri Lakshmana. Now for a western mind, to them, snakes are sort of...if you talk about snakes for them, only they know the Adam and Eve snake that's all, they don't understand anything. And they can't understand why people worship snakes. You see, snakes are, like cobra and all that, they are like the kings. They are the kings of the underground. And Shesha is the one who supports the whole Universe. So, this Shesha is worshipped as the cobras are worshipped in many villages in India, even today, because they don't trouble anyone there. Because they are like deities, are worshipped in India. And sometimes they do, but mostly they do not bite a good religious man.

There's a story of Sai Nath where snake charmer was given a lot of money just to kill Shri Sai Nath. And because Sai Nath, used to, in the night, suddenly goes up to his own swing he had made, about thirty feet above the ground. God knows, nobody knew how he used to go there. But they would find him sleeping up there. (Laughs). So, this snake was taken by this snake charmer and he put the snake on to Sai Nath. And the snake went there, and Sai Nath talked to him and He said, "Oh God, you've come here to meet me after such a long time. What is your job?" He said, "This horrible snake charmer has asked me to bite you. So, I've come to tell you to be careful about these people." The snake charmer was looking with amazement that he was talking to him! He said, "Alright, you go now." He talked to him. These are age-old snakes, you see. So, the snake went and bit the snake charmer. (laughter). But then he came down you see, from his thing, and he sucked his poison and threw it away. "Because, after all, you see," he said, "the snake is angry with you because you tried such a trick." So, he sucked in. That's compassion. That's compassion. And he sucked his venom out and the fellow was completely changed and he said, "Now I'm going to announce it to all the people what, these brahmins tried to kill," that they wanted to kill Shri Sai Nath. And why? Why were they so frightened of this man? He used to live outside the village and they were so frightened of him because they were doing all wrong things in the name of God. So, they were all frightened that they'll be exposed.

So, this is what it is, that He sleeps on the Shesha. And Shesha is the one who is sometimes expressed in Sahaja Yogis, I have seen, as anger, when you try to be non protocolish or when you try to be funny or you don't behave yourself. That's the Shesha in

them. That is also sometimes needed. You have to be a Shesha sometimes because otherwise people will start misbehaving and by that they will be harmed. Not that I will be harmed, but they will be harmed. So that kind of temperament is also needed.

But the other one (temperament) is very interesting, is that of Bharata, the brother. He showed how Shri Rama bestowed the kingdom to him because of his mother's agitation. And he didn't know what to do. So, he went back to Shri Rama and he said that, "You take back your kingdom. I don't want anything. You are the one who should govern. Why should I have it?" So, Shri Rama said, "Alright, you just be there in charge of the kingdom. I have to obey my father; I have to obey my mother because I have given them a promise."

So, Shri Rama's another great quality was once given a promise – is to be kept. This is another quality we have to have that, if you have promised anything, you have to keep it. If you have said, "I will do this," you must do it. You should not find out excuses to avoid it. It's absolutely an anti-God activity to avoid doing things that you have promised. Your Deities will never be happy. You must see that; whatever you have promised you must do.

Now, when Bharata was sent back by Him he said, "Alright, give me your sandals which I'll take there. And I'll use them as if that's the symbol of you being there." And he put those sandals on the throne and he ruled that kingdom and looked after – Bharata. Though when he was going to see Shri Rama then Lakshmana saw him coming and he said, "Look at this! He's coming here to invade you now! He has thrown you out of the kingdom and now he's coming to invade you." So this is also, I've seen, among Sahaja Yogis, is there, that the Sahaja Yogis who are like Shesha cannot see also the goodness of other Sahaja Yogis who are very good people, extremely sacrificing, nice people but their intentions are not understood, are misunderstood, which is a very sad thing. You must see the intentions of another type of people also, who may not be so hot tempered, may not be so much angry but their intentions are very good. They have come actually to ask for the sandals of Shri Rama.

So, among these two types of people, I have seen that there is always a bit of a misunderstanding going on. So, both the types of people should try to understand that we both are needed for Sahaja Yoga. I cannot only do with one type of people. We have to have both types of people who will look after both the styles of the thing.

But when you are dealing with others one should go as one. For example, if a person is, say, coming to Caxton Hall and he says something then you should weigh it whether he's a new one or an old one. If he's a new one then you must show all gentleness, kindness, all kinds of exterior things which will please him. The reason is: he's not a realised soul, he doesn't see your subtle thing. What he sees is what you are, outside. How you are dressed, how you talk to them, how you behave towards them. All these things they see first of all. They don't see what you have got inside. They can't see your heart, they can't feel your vibrations, so you have to be very kind to them, you have to be very sweet to them.

I received a letter from someone saying that, "The Sahaja Yogis have been very, very rude to me and have been angry." Like the other day, somebody came and was sitting at the back: they are trying to salvage, salvage what you call the people who are lost by the cults or whatever it is. He was sitting at the back and when I said, "Come forward." And he didn't come so you said, "You get out!" You should not say! Let me say. That time you should keep quiet. Nobody should say, "Get out! If you are not going." Because the thing is if we say, "We don't care for people who are not humble!" Then they are going to be lost in any case. Let us give them a fair chance. Let us give them a fair chance to come into Sahaja Yoga; first by your behaviour.

Now, some people have a habit of, sort of talking to them a bit too much. They should not talk. That's one thing I feel, that, while giving vibrations and all that, at the most you should ask, "Are you feeling any cool breeze?" in a very humble way. And this is another quality of Shri Rama, is a sankoch. There's no word in English language because you have 'formality' which is a very insipid word to describe 'sankoch'. Because, there is no integration between your heart and formality. But if you can think of a 'formality of the heart' then what do you call that? What will you call in English language?

Shri Mataji: the formality of the heart.

Yogini: Sincerity.

Shri Mataji: No, sincerity is different. It's an action. Sincerity is an abstract thing. But formality, from the heart. You see, how to say such a thing?

Yogini: 'Honestly' Mother. 'Honestly'.

Shri Mataji: No, no. Not 'honesty'. These are all abstract words. In action.

You see, say for example, now, I am sitting. Now if they bring me a cup, alright? It's a broken cup, for example, you go to somebody's house, and it's a little broken. So, if an Indian is there -I don't know about Western style – he will drink it off. He will not say anything, "It's broken," or anything. But maybe somebody might say, "It's a broken cup! It's broken."

Or say, you go to somebody's house and you don't like a colour scheme or something. So, for an Indian person it would not be proper to immediately say like that (laughter) – for an Indian person. You see, "formality of the heart". Not to say something in such a way that you touch the wrong side of the person is sankoch.

Now to such an extent Shri Rama had that; there's a good story – I think I had said it before also, but again I'll repeat it to you – which is described in another Ramayana written by Tulsidasa. Although Tulsidasa was not a Realised soul, but some points he has brought out very well. He says that: Shri Rama was putting the arrows against the heads of Ravana. And he had ten heads. And he had a boon that, every head that falls off, another head will come up. He had a boon like that. So, his brother says, "What are you doing? You know that he cannot die by putting the arrows across his head. You have to put it in his heart otherwise he will not die."

So, the sankocha comes in Him and He said, "See, in his heart he has got my wife because he loves Her and She's sitting in his heart. How can I hit him in the heart? She'll be hurt." See the delicacy of his understanding. So, he said, "Then by hitting his head is he going to be killed?" He said, "You see, attention, once it is going towards his head, his attention will be withdrawn from his heart. And once the attention is withdrawn, my wife will not be there any more, then I'll hit him and I'll kill him." (Laughter)

So, see, the sankoch! You see, then you will understand that how we are rude and arrogant. This kind of arrogance and rudeness comes to us because we have no sankoch. We should not say everything to everyone. We need not. Should we say everything? Say, for example, in your puja maybe you are doing something which should not be done. I know it's wrong. Unless and until it's absolutely wrong, I will not tell. I said, "Gradually they will learn." Because otherwise you become like this, you see, tensed up. You must see Linda's face if I tell her anything! She goes into... (Mother demonstrates).

So that sankocha, that understanding comes if you love someone and understand. Now, you have to love all the seekers of the world. They have done wrong, they have done all kinds of ego-trips, they have done all kinds of mistakes but your Mother loves them and you have to love them. If they are to be corrected, I'll do that. You just don't do that way that they feel hurt. Put a sankocha. While talking to each other educate yourself, train yourself to say things which are sweet and nice, which will make another person feel that this person is a properly brought up person in Sahaja Yoga tradition. So, we have a Sahaja Yoga tradition also, in which, when we speak to each other, we have that sankocha within us of Shri Rama. And if you do not have that sankocha, you get the Right Heart (catch). And that Right Heart is a very dangerous thing in a country like England, where the climate is so bad, because it gives you a horrible thing called asthma. I'm not frightening you, but it's true. You get asthma if your Right Heart is caught. Not necessarily that asthma comes from Right Heart only – can also come from centre heart – but if you get Right Heart you definitely get asthma.

So, the attitude you see, like your father. I've heard people talking to father also in such a funny way. You can't talk to your father like that. They talk to me also very rudely. I mean, I have seen people, Sahaja Yogis, shockingly sometimes – on a very mundane level or you can say in a very unprotocolish way. Then you will get into Right Heart.



So, this sankocha one has to learn, the maryada: means the boundaries of your relationships. You see, “we love each other,” doesn’t mean that we go on aggressing other’s privacies. To what extent you love each other doesn’t mean that you go on in a way that you try to transgress all the beauties and all the privacies of another person.

You see, someone walks into the bedroom directly, it’s not the way Sahaja Yoga should be. I need not tell. But you must knock if you have to. And knock at a time when you need it! All the time to knock or to hang onto someone all the time is not proper.

The sankocha is a complete cultural stuff. So we have a cultural tradition which we have to learn from Shri Ram. He’s known for his sankocha. Every time, how to say this, I cannot say that. We have this very much engrained within us [in India]. The children are to be educated in that way, and once they are educated that way they will learn the sankoch, and that will give them a proper understanding of social life.

Like you now see, this light is here: if you put your finger to it, it might burn and you may remove your finger. But if you are with another person and if you try to take liberties with that person a day may come when that person will misbehave or will harm you or do something to you. But still, you will not realise [that] it is because you have no sankoch [that] it has happened.

So this sankoch has to be worked out very beautifully in every way: in thanks-giving, in accepting somebody’s gratitude, in expressing your love to another person – in a way that is a sankoch.

Now Shri Rama is known for his boundaries. He doesn’t cross the limit. Yesterday, the other day I told you about food, that you don’t cross the boundaries of food, like being compassionate to the bugs and to the mosquitoes. In the same way in everything discretion of the heart should be there. Now, there is no word for “discretion of the heart” in the English language, which is maryada. Discretion of the heart is, to understand, say, example, that if you are rude to your father what do you gain? You gain nothing. But if you are humble you might gain over, with your father all right. Even if he’s a bad man! Because what happens in reaction, if you say psychologically: Supposing you are the son of a father who is doing something wrong and you are obedient to him, he will always have a fear that he will lose you if he falls in your ideals. So, by that humility you will raise him.

If you are humble, if your behaviour towards your parents is like Shri Rama’s, there’s nothing to lose. You don’t compromise in your principles or anything. In day to day things, like that, if your father is sitting...I mean in India if the father is there, you won’t sit down before him, you won’t sit, at any cost. Till he tells you ten times, you won’t sit before him. It helps, you know. Then it reacts on the father that, “Supposing I misbehave much my son will not respect me.”

So, the sense of respect also comes from your heart. That’s only possible if you know that maryada from your heart – how far to go. What is the need to be rude to your father? No need at all, at any cost! What is the need? Or to your husband or to your wife? Why to say anything harsh to anyone? What is the need? What are you going to gain out of it? By saying anything harsh I have not seen people have improved. Only when a guru is harsh or, I mean, the mother or father are harsh to the children it helps. Nowhere else it helps you in common relationships. Like brothers and sisters, it does not, and higher and lower. The lower person has to bear the harshness of the elders if they want to improve. There’s nothing so important! After all, they’re not going to throttle you.

Supposing even if he says something bad to you – doesn’t matter. You try to. And there, what one has to remember is what Christ has said that, you must put another cheek. So, use the heart’s discretion – how far to go to a person. In the effect of it you will be a very, very powerful person, in your family, in Sahaja Yoga, anywhere. Those people who are obedient to me are very powerful Sahaja Yogis. You know that. And those who are not go down very fast. I try to save them, by everything, but I have seen – those who are disobedient, who don’t listen to me, who are rude to me, who do not understand the protocol, go down very much in Sahaja Yoga. Absolutely (clicking fingers) like that! In a second, I find they are going hundreds of feet down. It’s true.

Because what is lacking in you is the discretion, the maryada – how far to go. And that’s another thing we have to learn to educate ourselves.

So, the education of Shri Rama as it was, I told you, that he could kill a demon with one arrow. You don't have to beat them a hundred and eight times, one beating should be sufficient. But you have to be powerful people and the power of a person increases by putting maryada. Supposing you have wheat, and you just spread it, it will spread all over, anybody will, birds will come and eat it off, it will be finished. But if you put them in a sack it will have a weight, it will have a size, it will rise in height and it is useful. It will have respect. But the thing that is all spread all over, which has no maryada, will never be respected.

Nothing works out without maryada. Even the light keeps to a maryada. You have to keep your maryadas. That is part of our training.

Say, for example, an aeroplane is there and it is not bound by any maryadas. It is not bound. When it goes in the air it will be finished! All our ideas of freedom are to be bound by maryada. If the freedom has no maryada it is abandonment, it is nonsense, it is not going to help us.

So, we have to create out of Sahaja Yogis great politicians. It has been predicted [in the Nadi Granth] that if Sahaja Yoga does not spread then the third world war is inevitable. People will suffer a lot with a third world war. It is possible to avoid it if people take to Sahaja Yoga in a big number. But if they do not, there will be a third world war and the effects of that will harm people so much that ultimately it is the Sahaja Yogis who will be called for a conference and not the diplomats. The Sahaja Yogis will be consulted, and they will decide what is to be done for the world and they will become the rulers of tomorrow's world. So, we must have a full idea of how to be rulers like Shri Rama.

We have to go too far with ourselves, to training up ourselves, educating ourselves, getting rid of our egos and understanding that we have to grow.

It's a very big task, it's a great task and sometimes you might think, "How can Mother expect us to do it?" But I think you are the people who are chosen for it and you have to get to it and work it out. So, we have to train up ourselves to be first good rulers of ourselves and the rulers of others.

First, we must learn to rule ourselves. Here in this body only you'll learn how to rule yourself.

Comfort, if you get fond of comfort, make your body work it out that there's no comfort needed. If your body indulges into too much eating or anything, make your body learn that it's not good to indulge into it.

If you speak too much, talk too much, if you are rude, just say that, "I'm not going to say a word from morning till evening." Take to mauna (silence). So, the tapah, is the penance time, is now ahead of us. With that penance, the greatest thing that is going to help you is to go and talk of Sahaja Yoga – give the message of my advent – and also talk about how the transformation, the blossom time has come. This you have to do, plus you have to learn how to rule yourself and then how to rule others through your heart, not through your mind. You have to rule through your hearts by learning all the qualities of the heart which I have told you.

And I must congratulate you for the article you have written on Blossom Time. I have gone through it. I have really enjoyed it, thoroughly. He's done very well. May God bless you! And I think it will have a good effect. I'm surprised how they published it: have they changed their mind or what happened? It's amazing! Have you seen that article?

It's great.

And thank you very much for the nice creepers you have sent me. They are so beautiful, they still are under a shock because I removed them from your gentle care to mine. And mine is a little sort of flippant one now. But today we tried to do some justice to them. I'm sure they'll... We gave them a bandhan. (Laughs)

Shri Mataji: You mean you want to be more intelligent?

Yogi: No, to get rid of the rubbish Mother.

Shri Mataji: Rubbish that is in the head? You see, the best one, in Sanskrit it is said, "Ya neti neti wachane nigamor avochus." means, you go on telling your mind, "This is not, this is not, this is not." Any thought that comes to your mind, you go on telling, "this is not the thought. Not this, not this, not this." Then the inspiration starts coming. You see, what I feel, people are not inspired. They have got fear on one side. Suddenly, you do something to them they go into a fear, a trauma. Or else, if you try to be good to them, they go into an ego-trip. So, to stay in the centre, what you have to do, is to go on saying "Not this thought," and, "not this thought." Then you will be a deep Sahaja Yogi.

Best is this. Because intellect is nothing – so-called intellect. Only God has intelligence, nobody has! To be very frank. (laughing) It's a big joke, isn't it? (laughter) Everyone thinks they are intelligent but they are not, they are stupid. You see, all stupidity is considered as intelligence these days. For example, cunningness – it never pays you dividends. What is intellect? Is the only understanding of intellect as Adi Shankaracharya had put it – "Na yoge, na sankhya," ['Vivekachudamani', verse 56]. "Neither by Yoga, nor by Sankhya, nor by work, nor by learning, but by the realisation of one's identity with Brahman is Liberation possible, and by no other means."

All these things are good for nothing. Only service to your Mother is the best way. Ask your intellect, "Is it serving my Mother?" Intellect will tell you, the so-called intellect of human beings, to cheat yourself. It cheats you. It gives you escapes. It cheats you. All the time the intellect is working by saying, "This may be good, that may be good" you see, but the real good, it never sees. It's a trick of the ego, trick of the ego. Are the choices. Ego likes choices, you see. So, "This is good, this is bad, this I don't like this, this." All 'I' business should be given up and say that, "Not this, not this, not this." "We" should come in, "we", not "I".

Now you are not anymore 'I's, you are 'we' now. That's how the intellect will go away. Because this intellect has gathered all kind of nonsense and it doesn't exist! That's the biggest maya! It doesn't exist! There is no intelligence at all! What is the intelligence, is just to understand that there is nothing like this intellect – you are nothing. You see, to explain His intellect would be something like explaining human civilisation to an ant! Even that is easier! It's like that – His intellect. And He's so innocent. So simple. I mean, anybody is amazed how can that be.

So, the most intelligent person is the one who knows that our intellect is just a ego-trip. This is the sign of pure intelligence, is the sign of pure understanding – that the heart is the ruler and there resides the Spirit which is the most intelligent thing within us. And the inspiration of the Spirit is the manifestation of the pure intellect of God.

And what I told you today is the intellect of the heart. But of the brain – zero! But then, what's the use of the brain?

Why have brain? Why not only have heart? It would be alright. But the brain is the one which acts. Heart gives the inspiration but the brain acts on it, it's communicating. But the inspiration, the source, is the heart, is the Spirit. Again, connect yourself to the Spirit. Intelligently, how will you explain Kundalini awakening? Leave alone Kundalini, how can you explain sprouting of the seed intelligently, through your intellect? Explain, means, explain why, how. Sprouting of the seed, a simple thing which you see thousand and one times. How will you explain? Intellect is that says, "I cannot explain." A very limited thing. It's ego, nothing but ego.

And once you get rid of it then the pure intellect starts coming in.

You see, with Mr. Yoga Singh, you will be amazed, you see, who is, I mean he came to us as a bhoot absolutely. He's so much changed. Now he speaks, I tell you, he speaks like a saint. I was amazed! He speaks so well sometimes that I want to quote him sometimes – the way he speaks about certain things. I am amazed how he has started talking like that.

So, whatever you have to say relate it to the Spirit and you will talk like saints. Relate it to Spirit, not to anything else, relate it to Spirit and you will be amazed.

He told me that, "There are many people in this world who are absurd." I said, "How do you know?" He says "Because they don't want to know anything about you. I don't know why are they here and why have you created them!" You see, he was a person with so many bhoots on his head. He's such a beautiful man, I tell you. He says this, "This is your servant is alright, but he has to learn certain things if he has to live well. He doesn't have neatness. Because his mind is not neat. He has to be a cleaner person. But his mind is not clean. His heart is all right. But the mind should be clean". I was amazed at him. He's not an educated man or anything, just an ordinary person. But they start talking like prophets.

I think you'd better read some of the prophets then you will also start talking like them. You read Kabir, Khalil Gibran, all these people. What is Blake? He was a prophet too. You can talk like him. Why not? He talked through his Spirit isn't it? Pure intelligence. Then you'll become Shri Rama if you can do that.

So, today's a great day. I'm happy you all could come. And it has worked out so well that this is, I was going to come here and talk about Shri Rama and wish you all that you follow Him up. Respect yourself! And it's your responsibility to be good, to be like that, to work it out that way.

May God bless you.

All right. You wanted to do a small, little puja? You can wash my feet. And have you got Shri Rama's anything [mantras, etc.]?

(Gavin Brown reads from "Ramayana of Valmiki", Chapter 86)

## 1982-0405, Limitations of Divine Power

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5 April 1982

Limitations Of Divine Power

Public Program

Caxton Hall, London (England)

Talk Language: English | Transcript (English) – VERIFIED

Limitations of the Divine Power, Public Programme, Caxton Hall, London, UK - 5 April 1982

...Divine to work out its working. Because Divine can go up to a point, that's the trouble. It has no interest in your money, nor in your position or anything. It has only one interest: that you should take to Divine love. And if you go on accepting something that is stupid how can Divine help you?

I have been thinking on these lines all through and I have talked to some of those who came to us that, "How is it [that] you never discovered that they were false gurus?" They said, "We could see. There was something in us that was saying that, 'There's something false about this gentleman.'" And still, why did you continue? They said, "Because we were walking in a dark alley and didn't know whether we were walking forwards or backwards and they said, 'Go on and on and on,' promising us about the future." And that's the point: because you are futuristic, you are people who are futuristic, you do not want to believe that you can get your Realisation today. You just don't want to believe it. You don't want to listen to that person who says, "You can get your Realisation today." You want to keep it for the future. Everything postponed for the future. And that's why you go on living with it, till you are completely finished and wrecked, when Kundalini cannot rise, when you cannot get your Realisation.

I think the worst thing this futuristic society has done to us is that we always postpone even our Self-realisation. Can you imagine? It's a very sad thing. This kind of postponement is going to lead us into great troubles.

The Divine Power today is so active, so activated. It was never so activated, I can tell you. Those who are Realised-souls can see that. At the time of Vedas the Divine Power which looked like small sparks of light, which you can see, the Realised-souls can see, was called as 'bhargo', 'bharga'. And in the main mantra of Vedas it was written that, "Make me such that I should be able to see that bharga, that Divine sparkle, in the sky," which Sahaja Yogis can see. And for that people were willing to sacrifice anything to get to that state where they could at least see that. But today, because of futuristic society, we'll also say that, "All right, we'll see it tomorrow, not today. Leave it for tomorrow."

Now this power, today, is so very active it was never that active, it was never that sensitive. Today that Divine Power is extremely sensitive and those people who are simple people, who are not futuristic by temperament, can feel it. They are so sensitive to it [that] in a split of a second you can give Realisation to thousands of these people.

So, I personally think that one should try to feel this Divine Power, those who are Realised-souls, in its all aspects. And the greatest aspect of it is that, today it is very active. It is very active because so many people are Realised-souls on this Earth. Because of you. It is working out things in such a dimension. I mean, you can see the result of this yourself. For example, when the Sahaja Yogis got this ashram they were amazed. But it's the blessing of the Divine Power. You know how knowledgeable it is. A tree which is a mango tree will have to give mango fruits. This power first sprouts the tree, chooses all of them in such a way that a mango tree gives a mango. Any other tree will [also] give the fruit that it has. The child is born to a mother. People have not heard that dogs are born to human beings. A human child is born to a human being.

So many forces have been active before but today the spiritual force is so magnetic and so great. And the greatest of work it has done [is to] bring forth so many seekers in this world. It's the Divine force which has brought all of you on this Earth. And now the only problem is of guiding them to the right lines.

Now, the Divine Power [which] can be called as the 'Universal Unconscious' for people who are not Realised-souls, can give you dreams and you can understand through dreams the symbols, if you could, or even clearly see things by which you can come to Sahaja Yoga. And you can find your Self-realisation. But when a person sleeps, in a deep sleep, he goes to a state called 'shushupti'. There he does see many things. But when he's returning to consciousness, that time, there are other layers which cover you up, your memory. Here also the futuristic temperament is responsible. The people who are futuristic have got a very bad memory. Their past is cut out and even when they go into their depth, their memory itself is inactive. Apart from that the mind of a modern man is so full of thoughts and ideas. There's so much of pressure and load on his head, that by the time he comes to his consciousness, all that he has seen in the dreams becomes to zero and the superficial dreams of this present day life cover it up. So that even the glimpse of that is not convincing or maybe it cannot guide. The telecommunication system of the Divine is through dreams, to human beings, but only the dreams we see in the state of shushupti. For a Realised-soul it is easy to be in that state, to remember it, and to forget about all useless things because he is no more identified with the mundane things of life, with the useless things of life. But the guidance of these dreams, I have seen some people had these dreams. In Rome, I was surprised. In Rome, so many people came to my programme because they saw me in a dream. There was an actress who saw me in her dreams and she came to see me and then she came to talk to me later on and she told me that, "Mother I saw you in my dreams." And clearly she saw me as something that was important to her.

The activity of this Divine force is also marred when we are taking our spiritual life to some sort of an organised religious form. Now, any religious form, say Indian religious form or say an English or say a Christian religious form, has deviated from reality. One must accept it. It's a fact, whatever you may say. That churches or temples or all these religions, which were really meant for Sahaja Yoga today - there it is. I have to go and work. But where are they? They are going to deny me completely. Why will they accept me? If I am the redeemer I have to look after them isn't it? But they are not going to accept me at all. On the contrary they'll be against me because their activities are either money activities or you can say the other organisational activities and all these nonsensical activities, which has no meaning as far as the Spirit is concerned.

So all such people who are extremely overpowered by these ideas...now just look at the dogmas that people are fighting for. Like, I can't understand that Catholics and the Protestants are saying that there are lots of differences. How can you have when the essence is Christ. Essence is Christ. How can you have differences if you believe in Christ. At least on that point you cannot have difference. And once you have all these dogmas covering you and these differences in you, you are identified all the time with something that is really dead, is done by your mental projection, so whatever this power may try, how far can you take it?

And from this deadening thing, when you start to get out of it, you will land up into another problems like these fake gurus. And they are on and on and on because for them it does not matter if somebody is ruined, somebody is suffering from any diseases, doesn't matter at all, it is what they earn out of you. So they cheat you today. If you get out they have another lot which is willing to be cheated. They go on and on and on. They mesmerise you. They keep you completely under their control. They brainwash you. And there is nothing in between: one side is this darkness of organised ways of looking at things and another is this kind of mesmeric imprisonment from where you cannot get out. Where is the freedom?

And whatever one may try to work out it is impossible to convince a person who is enslave with his own will. Mesmerism is nothing but imprisonment with your own will. You have accepted to be mesmerised, you are accepting it, you are going on and on and when there is a pull still going on all the time that there's something wrong with this person. There's something wrong with this kind of Christianity and this kind of Hinduism and this kind of Islam and all those things. But still you go on with it because you have accepted that enslavement with your own desire. It sustains your ego. You think you have been with it throughout so you should [continue to] be. But what about your Spirit? What about getting your second birth? That is in future - next life! This life it's not possible. It should not be an impossible task but the situation is such today that the whole world is in a trauma, in a shock and the people who know about the future don't want to look at it, in a way, those who really can see it because it shows horrible things which can happen to us, the way we are moving. Those who know about it know it. And human beings are intelligent enough to understand that there is something definitely wrong with our whole system and we have not been able to correct it. Also they have reached this state. They are not ignorant people today. They are knowledgeable, they

understand this. Whether they are with the science or not, whether they are with the Churches or not, in their heart of hearts I am sure there is a kind of an understanding which makes them understand [that] this is not the answer. Definitely they have this idea, I am sure of every one of them who are still a little bit left free. Maybe a priest would not think like that, but I can't even think of a priest who would not think like that, "There's something wrong with this system. I'm [going] on and on with this. I have been doing it every day, day in and day out, I'm preaching every day but that's not the end." I mean, if they are dishonest, if they could be dishonest to themselves to that extent I can't say, but they must be thinking [that] there is a way out. But that doubting is killed every moment by giving a new supply of explanations. In the science also there are many people who understand that science is not the end of everything. It doesn't give you answers to everything. In politics also people realise that it's a confusion, you can't say what is right, what is wrong.

The other day I was seeing a very peculiar type of an argument which was really very foreign to me as an Indian, that they were discussing whether to keep the children with the parents or not, how to remove the children, when to remove, how to delimit. I mean, I can't think of an Indian ever proposing such a thing. Such a government will go to the dust in India if you say such a thing that, "We'll remove your children from you." But that's a different society, this is a different society. But such a confusion between them that [they] didn't know whether they should remove the children from the parents, they didn't know whether, if you remove the children, then are you really going to help the children or not, if the parents are cruel what's going to happen? I mean, I can't think of parents being that cruel. I cannot think [like that] myself, because we had no wars. You had wars, maybe, people have become warmongers. Still, parents being that cruel that you have to remove children from them is something unnatural, absolutely unnatural, because nature has given you children and nature has given you that love and how is it that in between these two natural things some sort of an unnatural happening is taking place? But it is happening and these confusions only make it possible for me to say that, in this confusion only, man is doubting today, "Is this the meaning of our lives? Is it what we are seeking?" We have to be honest about it. If this doubt is there then maybe the Divine Power can work it out I am sure. But they don't want to listen about it, they don't want to know about it, they are not bothered about it. They are going the way they have been going, they are very happy. They say, "We are not seekers." What does that mean that they are not seekers? Are they satisfied with themselves? Do we like the way we live?

But this freedom is not available, is not available. If you like the way you live, you may have cancer, who knows. You may have any disease. You may get mental problems. If not, your wife may divorce you, your children may leave you. I mean there are immediate problems which you may face, you do not know what's happening today and what's going to happen tomorrow. For example, I know somebody who is a very nice man and who is not a seeker and he openly told me, very nicely. No seeker, all right. We don't discuss religion, all right. And his wife ran away. So he comes back on God, "Why God is doing such things?" I mean, "What have I done that God should punish me like this?" On what level are you just now? You are just thinking of leading a very mundane, ordinary life, but you cannot. This freedom is not available under the circumstances. It's a time when there is an emergency, tremendous emergency, in the atmosphere, which we must understand. When we talk of the society, the decadent society, "this is happening," what is it? It means that you are placed in a way, as if there is [a] plague, and you have to be careful about it, to find out ways and methods, the escape of it; where to get it. You cannot carry on with your mundane type of life even if you want to because the problems that are around you, in front of you, at the back of you, are so many that they will definitely take charge of you if you do not become your Spirit. It is like that.

If they don't want to hear, all right, but they must know that there is God's grace on this Earth. My Grandson who was only at that time four years of age - I don't know how he knows so many Sanskrit words - he came to me [and said] that, "It's most surprising that people don't know that there is God's grace working out everything." He has told me. In Sanskrit it is 'anukampa'. That, "God's anumkampa is there, they don't know. What do you say to this? They don't know." He's a Realised-soul, he's a born Realised-soul, no doubt. But still [he's] a little child, you know. He said, "They don't know." And he had that compassion, "Because they don't know they are punished." He had that sort of a feeling that, "They are blind and that's why they are punished. They don't know." But he doesn't know that they don't want to know also. And why they don't want to know is the second enquiry we should come up to.

The other day we had dinner with some very big leaders of your country, Labour leaders and Conservative leaders and all that, and I was surprised that they were amazed when I told them that I am a happy person. They said, "We are not. How can you be

happy?" I said, "I am not only happy but I live in joy." They said, "How can that be? We don't know what joy is." So I said, "Would you like to know?" They said, "No!" (laughter) They also told me, "In this country we don't discuss religion." I said, "It's no question of religion. I am just talking about joy." "No!" And what they were discussing among themselves, I must say, was something, I mean I don't know how to and intelligent man this gossip business and this and that...All sorts of things they were discussing which had no relationship to their status or to their position in life or to anything whatsoever. I was wondering, "How are these great people?" When you reach near them you find they are so small, so mundane. There's no subtlety in them. They don't want to know about it perhaps because they are frightened. They are frightened to know that there is something higher than that. And this fear comes from ignorance, complete ignorance. Because that is the area of full joy, complete bliss and peace. All the nations have to rise to that so that there's no fear, there's no war. The war is because we are not integrated people. Individually we are not integrated. Like we'll eat the food which doesn't suit our body, we'll desire for something which doesn't suit our mind. We are so disintegrated. We live in seven personalities, fight with each other. And when these seven personalities get together we have collective fighting going on.

So, the confusion comes from within and from without and in this confusion only, I think human beings must seek. Now the stage has come where I have to tell people, "Please seek! For heaven's sake seek God!" Christ has said that, but people don't understand. They'll stand on the pulpit and read out that Christ has said you must seek and you have to have your second birth. After that a big lecture follows - finished! These things are of very vital importance today. If they are neglected, nations after nations will be destroyed — nations after nations. It's definite. The time is so short that's why Realisation has to be quick. We cannot postpone it [until] tomorrow. I can do the same trick. Christina wrote to me, "Mother, we should never give realisation on the first [day]. If you give on the first day they'll never turn up second day. You tell them, 'Today is very difficult.' Then next day you just raise Kundalini up to one chakra and keep it hanging there. Keep them hanging, never give them Realisation. Then reach the last stage when you are sure that they are the seekers. Otherwise it is like throwing pearls before the swines." This exactly she has written to me. Of course I can't do it because I see the emergency, I see what's going to happen.

So many will be thrown away from the grace of God. So we have to work it out. Because those today who are refusing will come to me I know at a very later stage when it will not work out. The clicking of the mass Realisation will only work out if the seeking on your part is also of that magnitude. Otherwise, if there is a light and [it's] kept under the table, how can it spread? You have to be prepared to get the masses. But how? Is the problem. The people in charge of all communications on this worldly life, I don't know what they are seeking. They discuss all other nonsensical things but they don't want to talk about Sahaj Yog. And the whole problem with me is [that] I can't understand human beings on that level. I just can't understand. How can they postpone it when they know it is evident, it is coming? It's going to work out on them and they are going to face the greatest difficulties, very soon. It's going to work out through their children, through their families, through societies, through nations. And this universal understanding has to become a collective understanding, then only, what the Divine Power is doing on its part will work out. Otherwise it is useless. You cannot blame God for that. It's nice to blame God for everything. What about thinking about yourselves [and] what you are up to?

It's true Kundalini awakening is a very difficult thing. It's not easy to awaken the Kundalini, no doubt. One had to work for days together, for years together, they said even lives together. They had to go on cleansing themselves and then clearing out themselves for years and years and years and then the guru would raise your Kundalini. It's a fact. But today the emergency has come and the Divine Power understands that this emergency is there. People have to get Realisation. That is how you are placed, in a very precarious way.

I do not know when people in charge of human beings will realise. They are supposed to be in charge, but up to what point? Up to what point? They have to realise that, if they do not accept their evolution, all those who are following them up and thinking them to be their leaders and ideals are blocked by their nonsensical lives that they are leading. But it's hard because, as it is, to be leaders means that you must have big egos. And they don't think that there is anything like God also. Just they use God because by that they can impress people. But there is no real understanding about God's ways.

As it is Sahaja Yoga is doing a lot of work in this country. I can see that. And the people I have got are really beautiful people. They have become dynamic now. They are wonderful. But I must say we are very few compared to the population of this place



and compared to the importance of England, which is the heart of the universe. We have to have many more and not only that but we have to have much deeper Sahaja Yogis who will go deep into themselves and would spread out and get more people to Sahaja Yoga.

I don't want to talk about Kundalini again. Every time I have been repeating about it. You've got the books, you can see the new people who have come. Today I think there are very few new people but those who are there should come in front, without any fears or reservation. One should not feel bad if we say, "You come forward." There is no show going on here. If you have come here for your Realisation you must come forward and get your Realisation. It's not another kind of a lecture that is going on. We do not ask you to pay any money or anything, because you are deserving cases, because you want your Realisation. Like sensible people you must get your Realisation. Now you may say that, "We have come just to see and we have gone away." This is an ego-trip I personally think. There's no spying going on here. Have you come to spy here? Or why have you come? Are you from the newspaper? We have nothing to do with newspapers either. If you have come for your Realisation you should come and get it. It's a simple thing. If you just want to sit here you disturb the vibrations of other people; you do not know that. A person who doesn't want Realisation is no good for us and is troublesome and it irritates the good vibrations that are here. The Deities don't like that. So I would request you not to feel afraid of it. There's nothing to be afraid. There's nothing to be angry. And don't get into any ego-trips. Just get your Realisation. That is very important: for which you cannot pay. But that doesn't give you a right to assert yourself the way you want to be. You have to little bit understand that this is a place, not Caxton Hall, but is a temple, where you have to get the blessings. If you don't want to have it it's an insult, so you better go. If you are here for not having it, it's better not to come. It's better not to insult. At least you should be so kind as not to insult. There is a way, of course, of telling people, because you must know that people don't like it if you tell them like that. But you have come here for your Realisation and for nothing else.

It is my ardent desire, has been that the whole of this country should become Realised. Because I think it is one of the leading countries. It can change lots of things. But it is too much to expect, I believe, now. I have spent eight years. And from my experience I feel that this country has lost it's moorings. It has lost it's depth. It runs after things which are very superficial. They were known for their scholarship, for going into the details of the things, for finding out about rights and wrongs. And today I find the whole thing has become nothing but a matter of discussion and talking and showing off. There is no heart in it. This is the heart and if the heart fails the whole universe is going to suffer. To work it out we have tried everything. Whatever people have said I have accepted. If they have said, "Mother, you have to advertise." I said, "Advertise. Do what you like, the way you want to do it you can do it." We have tried everything but also, as I said, it can go to an extent; it has its own maryadas, its own boundaries, then it recedes.

If you have any questions please ask me.

Today I'm in a preparation mood because if you know there's a big event coming and that was such a big event on this Earth. I don't know how people have forgotten everything and just, the crucifixion has become a symbol of showing off. It's very sad. It's a very sad thing. If you have any questions please ask me.

Ask some questions.

Seeker: (inaudible)

Shri Mataji: Did you hear him? Come here, please, come forward.

Seeker: (inaudible)

Shri Mataji: No, no. You see, I know the question. You sit down, I'll tell you. This question has been asked many a times, that: "Once you feel the cool breeze are you a Realised-soul?" Once you are born as a human being you are human being, isn't it? Then you don't become an animal. But you can, if you again go on living with other animals, you can. Supposing a human being becomes friendly with monkeys, he'll start behaving like monkeys. But if he lives with human beings and develops himself and

matures himself then he becomes a good, matured human being. For a human being to be all right he has to learn the ways and methods of the sustenance of his human qualities. Every human being who walks about is not a human being according to me. Some of them are monkeys, some of the are donkeys. Yes, to me they look like that, without their outer appearances, the way they talk, the way they behave, the way they are. And some of them are like jackals and things like that. Some are so aggressive and some are so secretive just like scorpions and like other animals which just crawl up; from some hole they'll appear. You see, all these things are so dominantly there that, though they have got the human form, that [their] past is so dominantly there that you see nothing but a snake coming out from somewhere and just hissing at you.

So when you touch it, what do you touch? You touch this Divine Power which is surrounding you. That is the cool breeze you are feeling. Just you have touched it now. But your past is so great and you are identified with so many other things. And there are so many other problems with you that you have to come out of it completely. Like, as I have said, the egg has to become the bird. Now once the egg is broken, it must be a bird inside otherwise it won't break, but the bird has to come out of the egg fully, otherwise it's stuck with all the things that are in the egg. So some of the Sahaja Yogis have been who just came out and flew, spread their wings beautifully. I have seen that. But some are still sticking on because some of them think that Sahaja Yoga is here to solve their physical problems or their family problems or their somebody's problems. You see, they are stuck up! I have seen people will bring all the family people who are suffering from cancer if I cure one cancer patient; I mean, [if] a cancer is cured automatically, supposing, of somebody. Then he goes and brings...there was in Poona, I gave Realisation to one fellow and his angina was cured and the doctor said, "You are completely cured!" So he got at least twelve people who were suffering from all kinds of diseases. Imagine, he had only twelve patients around. Otherwise he would have taken me to the hospital. And then, naturally, he loses his vibrations because that's not the way [to progress]. You are just coming up, you have just touched outside, you are just out of the water, just breathed once, but that is what is Self-realisation. It's not self-recognition as yet, it's only Self-realisation. But recognition starts when you start understanding what this power is, how far you can go with it, what you can do it, how many people you can give Realisation to. [Only] then you become a Sahaja Yogi, you are not a Sahaja Yogi [before that]. I have known some people who are born Self-realised, good for nothing, absolutely useless people. They feel my vibrations, just as soon as they enter the room they'll feel my vibrations - so what? They are thoroughly useless people. Now we have decided not to tell anyone that they are born-realised because their heads go off. Can you imagine? Even Self-realised people have this problem of ego. You have to outgrow. It's just the connection [that] is established with the Self. But still the connection is so weak. All right?

That is what it is. You have to grow. But even touching that connection, itself, was a very difficult thing. But because it was difficult, people used to stick onto it. Because it is easy today they just take it for granted. But one has to do it fast, that's all - I can't help it. I know it has a reaction. But I have known people who got Realisation, they just said, "That's it!" - Finished!

It's like you are standing in the water and there are waves and you are frightened of the waves but somebody is dragging you onto a boat, you are not in the boat yet, you have touched the boat, you are just coming up. But you want to live with the crocodile as well. So the thing is going on. One foot in the crocodile's mouth and one hand on the boat. But some just jump into it and then they see the waves, and they are not bothered, "These are waves, after all we are in the boat!" All right?

So it depends on the quality of a seeker, very much. Because the quality is now to be improved, after Self-realisation. It doesn't matter: whatever is the quality you shouldn't mind. Whatever is the quality can be improved. No problem! All right?

May God bless you.

Are you all right now or not? So you give up all your personal problems. Forget about them. You are so much shocked because you have come from an Indian family, but these problems will never shock English people. Because it's very common and mundane. You come home and you find your wife is disappeared. It's very common, nothing wrong in it (according to them). You see you are free to do what you like. So you should not be so much shocked about it and worried about anything like that. All right? If you have come to this country you must know [that] you have to pay for it! (laughing) Isn't it? I mean, you may gain something in money but you may lose your wife or someone, can't say. Yes, that's very true. You see you have to. It's very difficult. It's very difficult. You can't trust anyone in this respect here. Suddenly you will find your neighbour walking into your

room and settling down there as the husband of your wife. It's quite possible. So this is what it is and one should not be shocked about it now. I have reached that conclusion now. I tell all the Indians from abroad not to have any cultural shocks. They should be quite prepared for it or they should not stay here - finished. We have other shocks and they have other types of shocks, you see. So, to get out of all these things, one has to know that, by coming to England, you have gained your Realisation, and get to it – that's the main thing. Is that the most important thing for you? Is it? If it is the most important thing then you have got it. But you should make it the most important also. All right? That's how it is going to work out: make it as the most important thing, then you will be in joy. And you must spend it. If you have got your Self-realisation you have to give Realisation to others, isn't it? And it's so nice that Indians get it so fast, that's also a great thing. You should be thankful that you get it so fast compared to others. All right? May God bless you.

Now what else is the question?

You see it's a very complicated life here, one must understand, and in this complication there are problems no doubt. That's why the Realisation works like that. You see, it moves with a snails pace, where it's a jet age.

Shri Mataji: Yes please?

Seeker: (inaudible)

Shri Mataji: Great. What a nice question! He wants to know the relationship between the Self and the Divine Power of God. It's such a nice question but requires at least half an hour. Self is the reflection of God within us, which is the Spirit, which resides in our heart, normally. And the Divine Power is the power of God which is his love, which desires, activates, creates and evolves. It evolves human beings after creating them, to such a point that they can feel this power through the connection of the Spirit. When you get connected to the Spirit then only you can feel this power around you, before that you do not feel anything. Because the one that can feel this power is your Spirit but the Spirit in the human consciousness is not conscious [this] means you cannot feel it on your central nervous system. But once you are Realised it starts acting in your central nervous system and that's why you can feel it all around you. All right? I made it (the answer) rather short but in one of my lectures of Creation you might be able to understand it better. May God bless.

You see they say that there is All-pervading Power, everybody says that, isn't it, in every scripture. But how do you know? In Vedas they have said about Bharga, they have talked about Bhargo. So you can imagine, even that time they knew there is Divine Power around us. But how can you see it? How can you feel it? That means human level is not sufficient. You have to rise up to a certain higher level and that level is where you become the Spirit and Spirit is the Collective Being within you. That's the collective, that's the connecting line. I cannot give any example because it's such an absolute thing. It cannot be relative. But something that exists within you which is collectively connected, part of the collective, which is conscious of it's collectivity. And once you get connected you get collectively conscious, not only that but your central nervous system gets activated [this] means it has a greater dimension in itself and you start feeling the All-pervading Power. You can start feeling the vibrations of another person. You can see in that person where is the problem and you can see in yourself where is the problem by feeling it on your fingers.

This should happen to you. If this does not happen to you all other things are useless. This is what it is, what Christ has said, what everybody has said, and if it is not happening [there's] no use going to church on every Sunday. No use, it's just a waste of time. No use ringing the bells or singing the praise of God or anything - it's all useless. If you cannot get to that, that means the ladders are wrong, you are climbing the wrong ladders. All right?

So any other question from Sahaja Yogis will be a good idea.

(Break in audio. Yogi probably asks question about family and giving Realisation to them but it's not on the audio.)

Shri Mataji: Now you see, you have to decide like this: if he's not interested, give him up. Because he's your family: so it's an

accident [that he got Realisation]. Just forget it! Don't waste your energies with these people. Christ has said clearly, "Don't throw pearls before some people." All right? So that's what it is. If he is a seeker then it's a different point. No use breaking your head against a wall. But if he is a seeker, all right, then you can work it out in your own ways, if you know about Sahaja Yoga, how to work it out. A seeker may be all right.

We have had such experiences of family people, very absurd, you know. You just don't know. There was a gentleman who came to see me who was the father of one of the Sahaja Yogis. I gave him Realisation. And he is a drunkard, and he gave up his drinking for some time, but his wife said, "What is this? This is not our culture! We have to have drinking otherwise how are we to entertain people?" or whatever it is. He was again drawn into that society. So, just imagine, to say, "This is our culture!" (laughing). Again [he was] drawn into the same society. And she's a big Catholic! And she said, "You must confess your sins!" And one of the sins he must have confessed [is] that he got his Realisation, I am sure! And then, so much so that he lost everything, and he's a drunkard now. He sleeps and gone. Now the son and the daughter who are great Sahaja Yogis today, have given them up, finished! How far can you go with them? Do you see the point?

So, under the circumstances, one should find out if he is a seeker. If he is not a seeker, no use talking to him about anything whatsoever. It's a waste. I tell you it's a waste. But I have seen [that] non-seekers are very much attracted towards people who have superficial things and they have a pompous show and things. They are very much attracted. And they will ruin their lives like that. And how far can you go with them? I mean, you should try but what can you do? Like, another Sahaja Yogini, she had a son who became like a criminal personality. Then she said, "Mother, how to give him Realisation?" I said, "No forget it! Now if the police is arresting him, what can you do? Give up!" That I said, that, you can go up to a point, up to an extent, but beyond that you cannot force people to be Realised, you cannot. They have to get it themselves, they have to ask for it. There's a protocol of the Divine Power. You cannot fall at their feet. After all, for what? It is for their gain, not for our gain. We don't take any money, nothing of the kind. We are doing it for their gain. They should ask for it, isn't it. Or should we fall at their feet, "Take your Realisation! Take your Realisation!" Is it expected? That's going too far!

So forget about such people who do not care for Realisation. Forget it! If you think you can bring them round, well and good, otherwise don't go too far otherwise you will lose your vibrations I can tell you.

You will lose your Realisation. That happens. But I must say, Sahaja Yogis are very sensible.

Any other question?

Are you still involved in your family so much? Are you still very much involved?

Yogini: (inaudible)

Shri Mataji: Your husband? If it comes from a wife they'll not have it — that's another point about men. You better try it through some other Sahaja Yogis. You see, men are such that, if it comes from the wife they may not have it. Yes, it's true. So better try some other Sahaja Yogis to talk to him. If he is a seeker you should try, otherwise forget it. When you were married you were not a Realised-soul, so it's all right. If you believe in many lives, how many times you must have been married before also? (laughing)

Yes, any other question please?

Gavin: Is there anything we can do to increase the vibrations?

Shri Mataji: Actually Gavin, I feel here everybody is not a Sahaja Yogi, and this we should discuss separately because this will be another secret working we'll have to do. So I think we'll do it next time when I meet you in the ashram. Will that be all right Gavin? Because what we can do, we can do a lot. I think you people can do a lot, no doubt, and that's how I had exactly in my mind to tell you but I just wanted to see. I feel today, it would be not very good because the people who are here may be new and you know how they get shocked if you tell them anything like that. Of course, nothing that you are going to do that is anyway wrong or

anything, but they won't understand, I mean to say. Our terminology is different from theirs and they are absolutely new so they won't understand our terminology when we say about bandhans and this and that, so it's better to discuss it amongst Sahaja Yogis only where one can understand all the terminology, otherwise they'll be quite shocked thinking that this is another language we are speaking.

About the new people who have got Realisation and have been here for more than three times should come to our programme on the seventh, will be a good idea. Those new people who have got Realisation, and who have been to the programme three times, should come to the new ashram on the seventh of April. I hope you know the address of the new ashram. Who are like that? People who are new and who have got Realisation.

You touched your Realisation the other day. No? You did. And you have been coming to our programmes, so you please come. All right? Who else? Yes, please come, if you don't mind.

This gentleman has come today? Is he feeling the cool breeze? Are you feeling the cool breeze.

Seeker: Not yet.

Shri Mataji: All right. It will work out. And have you come for the first time today? All right. Just put your hands towards me. Just like this. Let's see. Just like this.

You all have to feel the cool breeze. If you don't feel the cool breeze then we cannot talk about it. You have to feel the cool breeze, the All-pervading Power. Unless and until that has happened we cannot say we have touched it. But so many will not feel on the hand in the beginning. So we should see that it comes out of your head, from the brahmarandhra, is the fontanelle bone area. If there is a cool breeze coming out of your head from here then you should know that you have touched it.

Now please put both the hands towards me and close your eyes.

Just close your eyes.

Put both the hands towards me and both the feet on the ground, touching the ground.

Just put your, both, the hands.

Just close your eyes.

Come here, come, come here. There's a place here. Come along!

Him also, if he could come here, will be a good idea. This gentleman at the end Gavin, he's come for the first time. It's better.

Just put your hands like this and please close your eyes. Please close your eyes.

Yes, please come forward, come forward. Will be a good idea. See? As we have to see that you get it. It is the becoming which is important, it's not just giving a lecture, you have to become. If you do not become then it has no meaning. It's the becoming that is important. Please. Please come. It's good.

We have to see that you get it. That's our main interest and concern, nothing else!

Do come all of you please. Please come forward. Very sweet. Come along, make yourself comfortable. Come along.

Please come, there's a seat here. Just join, here there's a seat, come along. Sit down.

Put your both the hands.

Close your eyes, close your eyes. Don't keep your eyes open.

(End of recording)

## 1982-0407, Shri Mataji's Wedding Anniversary

View [online](#).

7 April 1982

Talk to Sahaja Yogis

Nirmala Palace - Nightingale Lane Ashram, London (England)

Talk Language: English | Transcript (English) – Draft

Mother's Wedding Anniversary, Nightingale Lane Ashram, London (UK). 7 April 1982.

[INAUDIBLE]...To the Divine, for providing us such a beautiful place. As a name is Nightingale. I didn't expect it to be that...really that big and so beautifully done. It's all provided for...for the saints who have to live here, for the people who are chosen by God in this country to do His work. We are doing God's work and it is God's desire that we are to be looked after, we are to be blessed, we should have no worry of mundane things like a house...we can say of a...what you call a shelter and food, money...we should have no such worry. Because we have to do so many other things now, that if we go on spending our energies on these useless pursuits who is going to do the great work of God...that is the emancipation of human beings.

At this juncture when we know the crisis...great crisis...is facing us in this Kaliyuga, we have to realize that the divine is working with great understanding of this precarious time, and the dynamism of that divine power is so smooth and so powerful that's working out everything for your comfort, for your peace, for your blessings, and for your powers by which you can give realization to people. You can assume all the powers that are promised to the saints. In the same way, it is essential for sahajayogis to know that they have to do a lot to give assistance, to allow also the divine power to act through you because you are chosen instrument of God.

Now, one has to understand a big problem that comes to us when we face western sahajayogis. As I am facing you people here...I have to tell you that, that western sahajayogis have different problems from the Indian sahajayogis. The basic problem is that Infrastructure in the west- outwardly is wonderful. For example, if you have to telephone to someone...is very easy here to communicate; if you have to go somewhere you can get a car, to get a house- you can get a beautiful house. The infrastructure is very good, for say...material development, this country is very well suited. Because in the west we have had outward development, the development of the shoot, and the roots were neglected. And roots are the basis of our existence. So the roots, the infrastructure of roots, if they are weak the divine power cannot permeate through those roots. And those roots must be looked after, and are to be put right; we have to see to it that we put them right through your powers of divine vibrations, because in India if you have to develop something, it's a big problem.

Supposing you want to take a tractor, there is no road to take it there; if you want to ...say take a ship there, the ship will be standing outside the ports for God knows how many days; if you want to telephone someone, its always out of order. And it can be disgusting for people who have lived with all these comforts and conveniences here. But to make the divine power flow into the western people is even more difficult than getting telephones to India...much more. The reason is, the structure needed to permeate this beauty, are starved, are weak, are unable to even feel the need for it. But when the tree discovers that it is going to fall down...is going to go out, then it starts looking after its roots and bothering about it why? Why are we getting destroyed? What's happening to us? We have not looked after our roots? So now how do we go to our roots? Our source is our spirit, and (trauma?) was spirit...we get that strength. But the reception becomes weaker if our roots are not alright. And the roots are nothing but simple things, which are the Ten Commandments, which are the don'ts and dos.

Sahajayoga has one advantage that nobody is told, "don't do that". You come along any time any ideas any ego anybody can come in. Raise their Kundalini. Then they become enlightened. The light comes into the room and they start seeing all the defects of the room, and then they start repairing it because they see those defects at something outside...outside. The identification with those defects falls off, and people have changed overnight- we have seen them. But still the structure has to be brought forth. Actually, in Australia things are working out much faster. As somebody told me, "Oh, Australia is a large

village!" So this advancement has made people so complicated...so dry...that talking of God itself is something people abhor. Talking of religion is not allowed, I mean people don't like it in any elite society. If you start talking about religion, they'll tell you off on your faces, "you are not supposed to discuss any religion; you can discuss politics as long as you like...but religion!" Can you imagine? So the responsibility of the sahajayogis first and foremost is to improve their infrastructure. And that is we have to pin pointedly understand lies within us, and within the whole of us.

The first one was that I never ever put down my foot on any disciplining, on any sahajayogi. There's a complete freedom for you to rise above, to go to heaven, or you can take two running jumps and go to hell. There was no restriction of any kind on any sahajayogi; if you want you can come, if you don't want, you don't come. At the most I'll enquire how are you and all that; but there was no compulsion on anyone of any kind. The reason is, now you are free people. And freedom that is enlightened should give you proper reasoning to know, what is good for you? And what is bad for you? And how you should go about yourself? The problem arises; actually, all the laws are not for people who are sensible and wise. Not at all, they don't need any laws. But problem arises only when there are people who are licentious, permissive, who have no control over themselves, who have no will power, those who have bad habits, who try to be destructive. They do not do any constructive work towards the whole, but all the time they are thinking of something destructive. Either destroying themselves or destroying the organization, so (Unclear can/called), the living organization of sahajayogis.

Now, the problem with us is that we are used to this kind of a freedom so far. In the ashram, I never came up to find out, how you lived? And what was the way you were conducting ourselves? I never enquired as to what people are doing in the ashram? What is the routine they are following? We have ashram, which provides for very cheap living and cheap food. All the conveniences now, God has given you. This is your...these are your punyas, he's blessed you. Now let us see what we can do about it? We have to also find out what we are doing about thanksgiving? We have to formulate certain things to self-discipline ourselves. The disciplining should come from within willingly; happily...it's for your building up and for your growth. Those people who do not want to discipline themselves must be kept out of ashram. Because they are still weak, because the people who are in the ashram are expected to be the best people among all the sahajayogis because they are specially blessed!

So those who are the best are specially blessed have to be the best! And to be that, what are we supposed to do? I mean, they are the generals for example, and the generals, if they get up at 11 o'clock in the morning and just rush up to their work, come back home, get angry with everyone and sleep off; what are they going to do in sahajayoga? So all such people have to come up to a certain maturity of understanding the spirit of sahajayoga. In the spirit of sahajayoga, you have to build up yourself according to the requirements of the time. It's a war on...really there's a war on, you have no idea, and you have to prepare yourself for that. If people think that this is a good convenience, that we are here, you are destroying yourself. A big chance has come to you. This is all going in the history. All this will be all written down just like Bible. Everything that has happened to you will be written down. All about you people, who are the people? Who are baddies we should say. The people who do not understand the value of sahajayoga, the ones who do not pay attention to their building up and to the build up of sahajayoga, it will be all recorded. Because you are chosen for a work like that, everybody's name is going to be entered into that.

So first of all we have to understand, that a self-discipline, which comes from your-self has to be ascertained. For that certain rules and regulations are to be made in this ashram and those who are not staying here or in another ashram also the same thing. Those who are not staying in this ashram or that ashram also should follow the same rules and regulations, as far as their daily life is concerned. That's how you are going to purify this nucleus. By purifying this nucleus, you will permeate the divine flow of God, the divine love of God, into the hearts of people. We have to educate ourselves in a way that is going to help in the construction work of God's desire. Certain rules and regulations have to be formed. There are some people who are wise, who will definitely make some rules and regulations and try to follow them. But there will be many who are weak, who require little boosting up and pulling up. You have to do it. You have to be trimmed out to become the beautiful pattern of that great event which is the greatest of all the events of the world...greatest event of the whole creation. And for that, you have to be equipped and educated. And that's why we have to know that the education that you are going to have, has to be done with full understanding, that you are free to leave or to stay here.

There's no compulsion on anyone. But it will be most enjoyable...I'm sure it will be. If you are of a little of that caliber you will



definitely enjoy the whole education of sahajayoga which is very important. Because you are faced with a society where the infrastructure of the roots are destroyed; nobody wants to talk about God, nobody wants to know about It, nobody wants to hear about It. In such a place if you have to do something, you have to be exceptional people. And for that you have to regulate your life, regulate yourself, and grow in a proper way. If you do not try to look after a tree, the tree dies out. If you do not supply water to it and proper nourishment, it will die out. In the same way, whatever you have achieved, if it has to grow, you have to learn how to nourish and bring to the maturity of that personality which is required to construct the design, which Sahaja yoga wants to implement. We are efficient otherwise, but we are not efficient as Sahaja yogis; it's the other way round thing.

Now we are talking of the roots. And when we talk of the roots, we have to know, that we have to suck-in that power which surrounds us. And what is the main thing that is going to suck? That's your Spirit. So first of all, the first priority should be to the Spirit. All material things are secondary. See how you got the house? "Yoga kshema wahamyam!" As soon as you got your yoga, Kshema is working. All of you have been blessed. But especially this place is a big blessing. So one has to understand, to look after the roots, our priorities have to change. First and foremost is our spirit. What are we doing to bring the spirit into our attention? We are all the time worried- about money, mundane things, useless things. On one side there are people who are running after things, which are of no importance. On the other side I find people who think they are very spiritual, live in some ethereal world and do not come in contact with reality. Both things are equally nonsensical. If you think you are very ethereal, you are sadly mistaken. Or if you think you are very materialistic that is also not correct. You are a spirit, which shines in this body. A person who is spiritual is extremely dynamic. Dynamic in the sense that such a person has tremendous powers of activity. He doesn't get normally tired. He doesn't waste his energy into nonsensical talks because he respects himself. The self-respect! So the education may start immediately as soon as you put your priorities properly. First of all is your-'self' and then the 'whole'.

Sahaja yogis must educate themselves, in a way to understand- are they selfish or not? For example some sahajayogis are very good at sitting for prayers together. But some of them want to do it individually. They are selfish people, absolutely selfish. It's all right once in a while, to do your own thing, but if it is available you must do it with others. It's not only selfish, but it is useless. You may go on doing puja for ten hours, makes no difference. When you are together, you are in the collective. For example, supposing you are the cells in the heart of the Virata, all of you are the cells of the heart, and you find one cell somewhere twitching, what's going to happen? Is it going to work out the whole function of the heart? All the cells have to work, not only that, all the cells have to understand each other. And they have to work it out in such a way that they fulfill the function for which they are created. That is the criteria otherwise only one cell starts pulsating somewhere, it may become malignant, it would be useless, it is destructive! So any one person who is having his individual prayer, should know that in sahajayoga today, no individual exist- it's the whole. It's easy to criticize others, very easy to criticize others. Because see our eyes are outward- not inward, you cannot see inside. But that's not going to help, that's destructive again; very destructive to criticize others.

(Transcriber's note: Shri Mataji is talking to a yogi)

Now if you try to criticize others, you are actually against yourself. Because you will find the another person is also yourself! He is the part and parcel of the same organism, which is working it out- the functioning; and how can one cell in the heart be against the another cell? Can it be? Or individualistic? It's very destructive for your self and for others. So everything has to work as the pulsation of the ocean. How it moves in a wave! When some have to rise, they rise, then they go down and other comes up, they rise. In the same way, understanding the movement of God's desire. Now, the roots are spoilt also because we have lost the sense of collectivity. But the worst curse of the western life I personally feel is- alcoholism. It's really I feel that may be one of the reasons why people have become so deaden to dharma? I mean the amount of things people do here blindfolded, without even thinking that it is wrong, I- I can only blame alcoholism. Because I think when you take alcohol, you become so money minded; you are left with no money at all. And an alcoholic, any amount of money you give is not sufficient you see. He'll live on a shoe-string but he must have a bottle; he'll sleep on the street but must have a bottle. I have known some friends of my husband who were alcoholics. And they were getting- they were senior to my husband getting much more pay, were from very rich families and they didn't even have sometimes blankets in their house, you see an extra blanket, if you went to their house. They would have all broken cups and saucers and they had no money. All these bad habits of racing and alcoholism and which is supported by the government and all that. All these bad habits have led people to these insensitivity. Because you see alcohol is something like polishing all your sensitivities, to your dharma, to right and wrong. Only thing that really upsets people is that they should not do

anything illegal, because they will be caught and put in the prison. But if they can escape even that part, they don't mind doing for alcohol or for any such drugs. So to bring about that insensitivity, we have to know.

Now we have a pub just outside here. We must avoid that road I think. Or one day this pub may run away from here, if they go into liquidation. Already there are so many which have gone into liquidation for your information. I heard last time they were 57, which had gone into liquidation. But I think this time the number is double, the sooner they go into liquidation, better it would be for this country, for the younger generation that is coming up. All this has worked into our nerves, and our sensitivities are lost to dharma. The only thing...the only hope we have is our spirit, which has enlightened us...which has given us that sensitivity...which has brought us back to light; the truths, the reality, how we have destroyed ourselves! This money-mindedness is also due to this alcohol. I tell you a man who is a drunkard, is very money-minded. Naturally because he has to have money for drinking, and it's like an ocean he goes on. I mean you can't drink water in that big beer thing; you can't drink water that much! I really tell you how they can drink such a big thing...I can't understand, I mean if you give me water in that big thing I just cannot gulp it down in one sitting... it's beyond me! You see it's like an ocean it becomes! It goes into some bottomless pit I think the whole thing is thrown into something and that requires money and for that people have to be money-minded.

Of course thank God, no sahajayogis drink. Now those who are drinking still, I would request them to put their will power absolutely. And will power is very simple, if you can move your right to the left 7 times, you can manage it; if not, try 108 times. But you can manage it. Get rid of this nonsensical habit, which has killed your dharma, which has killed your personality, which has made you a slave of all this nonsensical thing, so get out of it. For sahajayogis I have never put a bandhan on that, that you don't drink, but you just stop it. But you can understand what a bad thing it is to drink! I mean you don't see your sisters, you don't see your mother, this relationships that have developed here they're so queer, you know so strange, you can't believe it that human beings can have such a relationships, but that is because you are drunk; I mean how will you know your sister and your mother [UNCLEAR-here/even]? And that's why, one of the things we have to understand that all bad habits we have, we have to give up A to Z. Worst is drinking of course, but there are minor bad habits also.

Now Christ has talked about murmuring souls. And about them, He's been so angry, that he said that, "these people I've spit out of my mouth." He said, "those who are hot, I will manage them, and those who are cold, they are mine. But those who are in between, I'll spit them out of my mouth." Of course I don't use such language, but this is his language, which he has said it. This is they're repulsive people, the murmuring people, who are in the ashram for their convenience. And they are having their own secret things and they are talking sometimes against sahajayoga, against this, why that, why this? These are very destructive people. And beware of them. As it is, we have to look after the very delicate thing, that are the roots, and then these people are of no use to us, absolutely of no use, who start sitting down and saying that, "O, I am doing this kind of another thing and I am trying another thing, and we have this another guru"; and whatever is wrong is wrong. This is not a cult! You must know.

Sahaja yoga is not a cult! It is your evolution, is your natural thing that's happening to you. It's not a cult! Where there's nothing like bad and good, every guru is good, every pub is good, every madman is good; it's not like this. In a cult, everybody is good you see, there is nothing like bad thing, every thing is good, what is wrong? That's cult. But in natural processes, we have discretion. And we know what is good and what is bad. If you have seen a sunflower, it knows which way to turn its face. The trees know which way to turn their faces, which way to move. The roots know, where to go? How to go towards the sources of water? They just don't go towards the...a...deserts! That is also good! So this is not a cult! You must know that. This is not where everything is all right as long as you give some money, or as long as you are a member or as long as you think you belong to some sort of a organization...No, it is absolutely there's no compromise. There is no compromise with darkness, with untruth, with anything that is destructive for human beings; we cannot compromise. As an evolution, there is no compromise. One has to understand that we are human beings, and we have freedom. That if you want, you can get along with compromises. But as far as evolution is concerned, you will be out. You won't be there. You cannot pass through the gates of Agnya chakra. You will be thrown on sides. You will be thrown into places, where you don't want to go. You cannot pass through that. If you have to pass through that gate, then you must know that there is no compromise of any kind. You have to come up to a certain maturity, and a certain adherence to the truth and identification with your spirit.

Like people will say, "Mother! They are also good people." No they are not. If they are not they are not. Of course out of

compassion one may think of giving them emancipation, improving them. But today they are not good people. Today, they are not alright, tomorrow they may be; that's a different point. If they are not good today, they are not good today means, today for us they are not good. We don't talk of tomorrow. But to listen to them, or to agree with them, or to support them, or to be with them, is anti God activity. Because moment-to-moment, there is destruction working; and in the same way, there is construction going on. Any moment when you find anybody who is against, they are not with us. We cannot compromise. Especially for people who are living in an ashram. I have seen that person coming from Rajneesh walks into the ashram, and with all his horrible dress and everything and with his mala, and stays in a sahajayoga ashram. There is no compromise with such dirty people. They are not fit to enter into our ashrams; these are temples. Not temples of ordinary people, but of realized souls; who are chosen by God, for God's work.

We don't want anyone of that kind to come inside. If they have to meet, they can come to Caxton Hall, it's all right, there every Dick, Tom, Harry is there, it's all right. But not in the ashram, not in the ashram. You should not allow anybody temper the holiness and the auspiciousness of your ashram. For us, holiness is the highest thing; if you are not holy people, you cannot do any work of God, believe me, you cannot. You have to be a holy man, you have to be prophets, and you have to lead a life of holiness. If you are unholy, you are no good. So, the whole working out is in a different line. The efficiency of being holy and holy person is efficient by itself! Jason just wrote a letter to me, saying that Mother, it's difficult, just now we don't know whether we are going to get a house or not, it's going to be difficult, so far, we have no idea. I just gave a bandhan. See, just holiness working it out and here you are! That's how holiness is going to work. The purity of heart, the purity of love, but love doesn't mean run after somebody who is a Rajneesh's fellow or something. So, anybody coming from any guru should be banned from the ashrams; till he comes to sahajayoga, in Caxton Hall, cleanse them properly, washed, bathed and shaven and shorn, then he can enter. One has to be very careful on this point.

So I am making it extremely clear to you that in the night about 12 o'clock a phone comes in SOS, "Mother, we have three people from Muktananda." Send them back to Muktananda. They have been with them for twelve years, all right, let them carry on for three years more. The other day we had somebody who came, who was with him for twelve years. And he said, "I have become a recluse. I can't think about anything. I have no money, I have lost everything." I said, "go- go back to him!" He said, "twelve years I have been with him." What did he get? Now if he has to come to sahajayoga, I told him, you are going to Australia, all right, you get your realization, you be certified by them. (UNCLEAR- and then), only certified people can enter into the premises of our (UNCLEAR-country?). But certified people have to be extremely beautiful people, very sweet tongued. Better try to read dictionary now; find out the sweetest way of addressing people. All slangs and all words, which are full of thorns, must be dropped; all the flowery words must be chosen. You are not a hypocrite, because you are flowers after all, you have to be fragrant no doubt! But for whom? For Sahaja yogis and not for outsiders.

There are people who despise sahajayogis. I have seen some sahajayogis are like that, and are very friendly with other people. They are frightened of other people and are not kind to sahajayogis. With sahajayogis, you have to be very kind. But that does not mean, with outsider you should not be. You should be! Because they are seekers! You have to be kind to them; you have to be nice to them. There's nothing wrong in being nice and flowery. That's not hypocritical. Am I a hypocrite? It's not hypocritical, to be nice to people. On the contrary with others you should not be angry. But in a way you should tell them for example, such people walking you should say, "I am sorry, we cannot have people from Muktananda here. If you want, you can come to Caxton Hall." That's one way of talking. There's a way of saying, "it's very embarrassing, but we are sorry, this is awkward, [UNCLEAR-you or we?] are not allowed." Best thing is to write down all the rules and regulations as soon as they come, hand it over to them. Let the blame come to me, I don't mind. That's how things have to work out. About minor things and all that I think we'll have to sit down, make rules and regulations.

But the major thing is meditation together. I've told you before also, that I have myself lived in Mahatma Gandhi's ashram. If I tell you the conditions there, you will be amazed; I mean I would never want my children to be like that. I used to think, Mahatmajji is rather cruel on people. But the way people had to live in an ashram, absolutely (UNCLEAR-spartaned?), absolutely (UNCLEAR-spartaned?) methods. So much so, that even a villager would be running away from such a thing, I mean it was so too much for him to live in those conditions. You have to clean your latrines, clean the latrines of all the guests that are there, with the buckets and things like that. Can you imagine? And all those things we have done, and he said that unless and until you get rid of these

things you will not understand what the untouchables are like? So he made us learn all that you see. So it was all right for me, I am quiet a tough person, but with others, I used to think it's too much! For people, say, Maharaja's sons coming and all that, with so many servants they have and this and he made to clean the latrines of the guests, it was too much for them. But he made them and once he asked somebody to sleep on the ground, he said, "I cannot sleep on the ground on the mat, I am used to a bed." He said, "then you go and sleep outside. For one month you sleep outside and you will be all right." And there were snakes you see, in the grounds. And the snakes never bit anyone. That's one thing good about them. They never bit anyone. But you see the fellow didn't know what to do? See...where to sleep? So he would come inside and sleep on the mat again. He thought first, it would be nice comfortable on a...grass, but then he saw the snakes you see, crawling around him so he walked back.

And it was so in the schools also, the such trainings were there before that children were asked to..were asked to go round the whole cricket ground, you see. If they would not make their beds in the morning, they were asked to take the beds on their back and go round the whole cricket ground in the schools you see. But these things must be there for you see untidiness, is something I can't understand! Untidiness as you see if, you are at this age like this, what will happen to you when you will be of my age? I just can't imagine I mean, how can you then, I mean what will be your shape? I just can't think of a person that at this age, how can you be untidy? Untidiness comes from untidy mind I think. And to be untidy is a curse! Absolute curse you know! You are absolutely a lost person! Putting everything under the big curtain and hiding this under this, this is not the way to live! I mean this is such a small thing, that I don't know how to tell you but, I mean we were in Gandhi ashram, we were not allowed to have any sweeper or any cleaner or anything. And everything had to be spick and span even the leaves had to be clean. Can you imagine?

I have heard that some of the ashrams of these gurus are kept extremely clean. [INAUDIBLE] Most people are punished, not physically, but financially. The fine is fifty pounds, for one litter falling out of your hands, fifty pounds, finished! That they have done in Singapore they do like that. If you drop one cigarette anywhere, you are charged- fifty pounds. So people are extremely careful. But we are sahajayogis, we are not to learn it through; fines and strictness and fear. We have to learn dharma through our freedom and understanding by respecting ourselves, you have to [UNCLEAR- be/live?]. Now sharing is very important. There are some sahajayogis who do not know how to share? For example, food! You must share your food. I have told you that, those who do not share food should not live in an ashram. And such people are not going to be called as sahajayogis at all. You see if you are sick, it's all right! In a house, for an Indian house I would say, the food is cooked for all of us. And we all eat it. Whatever the mother cooks for all the children. They don't have a separate cereal in the morning, "which one will you have?"- "I will have this one"...another one, "I will have this one." Third one will think, 'what will I have today?' What is there to think and why to waste your energy in all these choices?

It's only ego! Nothing but an ego. I have seen it people having big- big these menu cards and reading them for half an hour, and coming down, what are I am going to have? Better have all of useless same, what is there? The tongue is the same, and mouth is the same. And it's going to be the same! What is there so special about deciding, what will I have today? What have you done today, that you should have something special? What is such a special thing about it wasting your energy, "O! I will have this." "I will have that." Even I have seen, when we sahajayogis used to go for our dinners and all that, everybody would order, "I will have this." Now, imagine, eighty persons going to a restaurant, everybody ordering something else; no wonder that people would not accept us there because all the people who served us must have gone mad!

(It's all right take it easy. Burnt yourself, with that saree, you need not bring the cup...poor thing. Thank you very much, thank you very much, thank you, thank you very much, thank you.)

So this is what it is, that we should not have all these choices. Whatever is cooked by the grace of God, praise it that we've got the food. We eat the food with all joy and happiness, and if anybody sick, [UNCLEAR- we/he] can cook for that person that's all! But so much attention is paid to food, what's the use? We are so much worried about these useless things, and after eating all that food also, the tongue is so horrible just like a snake. While snake eats only grass! He doesn't eat all these cereals and all that! It eats grass. But our tongues are just like snakes when we eat all the best things, with selections this- that. All things we do, clothes we'll wear with selections, we'll [have?] be particular about this, and particular about that, but we are not particular about our roots! That's the point; we have to be particular about our roots. Because we all have to grow, we have to become great

sahajayogis.

Out of you, great prophets have to come! And for that there has to be single minded, complete devotion to understanding that you are realized souls. If you have to go after other gurus and all that, you go ahead. You can go ahead and do what you like with yourself. If you have no discrimination of vibrations, you can do what you like! But if you have, then use it and know for yourself that you are your own guru; you don't need anybody. Anything else like that about your roots you have to understand. That it is you who has to improve yourself it is you who matters and nobody else to me and to God. It is you who has to be such that you should look after yourself the way you look after your clothes, look after your food, look after every choice of yours. Whether you will be that choice that God would like to have, make yourself like that; that God will pick you up, 'Oh! This is my best flower, with the best fragrance.' This is what I want you to do. So when we make rules for this ashram it's a challenge. This is a challenge for my children to come up to it.

I have known many gurus who came to me, who are good gurus, told me that why have you given them realization? Who are they? According to them you are all Dick, Tom and Harry. What have they done? We have done so much of tapsyas, we have done this, we have done that, why have you given them realization to these people? Now the tapsya has started. We have to be tapasvis. We have to be people with penance and we should be happy to do this. But that penance make people egoistical, hot tempered; this is going to make you very sweet, nice and good and joyful...that's the difference between the two. If you, I had asked you to do this tapasya before realization, you all would have been standing with one stick in the hand, hitting everyone who passed by. Of course you would be good, but the rest of them would be hit by you. So thank God, now the tapasya has started with understanding that you are going to develop your self to this level. And thus I am sure this ashram, which is a blessing of God upon us, we'll prove worthy of this and create a new world.

The time has started. The breakthrough has started, I can assure you it has started. Believe me! The ways and methods, which are working out, which are very interesting, which I would like you to understand that this new style is developing. You are going to get lots of sahajayogis. But first of all, you should be such that they should see you and see that the faces of this people are like sparkling diamonds. They should not find any faults in you. I bless you with all my heart, with all the powers that I have, with everything that I have- I bless you. May God make you the best flowers of the whole universe. May God bless you.

But today is my wedding anniversary. And that is how we are here and my husband is also going to come. And we have to decide now how many are going to get married this year? Except for one or two most of the marriage has come up very successfully. And those who have been also married before and got re-married in sahajayoga have come out to be very good companions. They've improved in their relationships...it's much better now. And everything is working out in a beautiful way and lots of realized children are being born. And we are being strengthened by their advent. So this auspicious day today, is just after 'Palm Sunday' when Christ was received with all jubilations and today is the time when we have to understand that married life itself is a- is a big yagna, it's a big homa, it's a big havana in which, we have to adjust, burn off our angularities and we have to appreciate and understand each other and cope with so many things and make it a beautiful...a...beautiful...what you call the beautiful cradle for the children who have to come. And also a sustaining thing, marriage is a challenge and is very sustaining very helpful to understand yourself. It's like a reflection that you see every minute.

If you know how to really reflect about yourself because after realization you can do that and see for yourself how you are going about? Whether you are losing your vibrations or gaining? It's a challenge! And every time you do anything in marriage after realization, you progress. How you handle situation? How you work it out? How you understand? Everything is very important. And all these things work out so beautifully, if you know that you are a realized soul and that marriage is a havana. And those people who teach- don't get married and all that are absolutely anti-sahajayogis. You have nothing to do with such people. Who talk, don't get married like brahmakumaries and things like that. Not to get married and do what? All kinds of nonsensical things! Marriage has been established by God. Is an auspicious thing and is to be respected. All these ideas must be given up that marriages are not important. Marriages are very important, but not more than sahajayoga.

Marriages are important, because they help sahajayoga. Not because they go against sahajayoga. So more time must be spent with sahajayoga activities, both of you should work it out. And not that we should have a nice holiday together, or sort of a thing

like that, you'll never enjoy. You cannot enjoy holiday without Sahaja yogis being there. Now these are your holidays, these are your festivals, these are your enjoying places. I know you enjoy here much more than anywhere else, isn't it? So that's what it is! So why should we go for any special holidays separately and this and that and become miserable and come back with all catches? So I am thankful to you for arranging this program today on an auspicious day for me, it was an auspicious day that I married Mr. Shrivastava, and it's an auspicious day for all of you, that we... we have to understand that marriage has to be done in a proper way, in a sahajayoga way and is to be lived in a sahajayoga manner. I think Mr. Shrivastava will be coming now, before that I better finish this lecture and you have to find out about the food, just call the boy.

(Transcribers' Note: Sri Mataji is talking to yogis in Hindi)

Shri Mataji: You understand my thing? You like them? Good. Now if the servant is there I will just ask him. Has he come?

(Transcribers' Note: Shri Mataji is talking to someone)

So any questions? Or should I go and see the place? Alright, where are my shoes gone?

Sahaja yogini: (Someone asking question about reincarnation but INAUDIBLE)

Shri Mataji: They ask you question that whether there is reincarnation or not? Yes it is.

Sahaja yogini: But how? What you say?

Shri Mataji: I mean, Christ himself has said that "I will come back to you." That's the proof. But otherwise also you see there are many cases now that have proved that there is reincarnation. That people have been talking about previous lives and when people went and tried to find out and they are verified. It's been proved now. I mean people have accepted, those who read these books they know there is reincarnation. You see people remember about things about previous lives. But what is...it's not so important; you should say, it's not important to know. You see they will hook you on such questions. What I am saying, they will try to hook you on such questions, which is not so important.

(Transcribers' Note: Shri Mataji is talking to a Yogini)

... (INAUDIBLE) anniversary and we both want to thank you all for celebrating this and also the opening of this place was done on the same day. And we both are very much thankful. And I hope you are all going to enjoy this place and we enjoy the community living and sharing of joy. Thank you.

## 1982-0411, Easter Puja and Havan, The Creation of Lord Jesus

View [online](#).

11 April 1982

Easter Puja

Nirmala Palace - Nightingale Lane Ashram, London (England)

Talk Language: English | Transcript (English) – VERIFIED

Easter Puja, "The Creation of Lord Jesus". Nightingale Lane Ashram, London (UK), 11 April 1982.

I'll talk before and then at the time you can just tell me what time it is. The radio is off? You can keep it till eight o'clock and... So happy Easter to all of you.

[Shri Mataji smiles to the sahaja yogis and does namasté].

Today we are celebrating a day which is a very, very important, absolutely the most important, we can say, day, when such a great happening took place. And it had to take place that way – it was all in a way destined.

In my last lectures I have told you how Christ was created first in the heavens.

In the Devi Mahatmya, if you read that, He was created as Mahavishnu and is mentioned very clearly, that first He was created as an egg.

It is written in this book, which perhaps was written about 14,000 years back. It's a book that predicts about Christ, and that is why people in the West, specially, offer an egg to each other as a friend.

The first existence came on this Earth as an egg, that was Christ, and part of it was kept in that state and the rest of it was used by the Holy Ghost, by Mahalakshmi, to create Christ out of it.

In that ancient book He was called as Mahavishnu; means the greater form of Vishnu.

But actually Vishnu is the father and He is the Son created by the Holy Ghost.

After my lecture I would like, if you have the book, to read it out to them, the whole texts of how Christ was created.

And when He was created, He cried for His Father, as He cried also on the cross once. And He cried for years. And then Christ, in Mahavishnu state was blessed by His Father who said that, "Your position will be placed higher than Mine. And You will be the Adhara," means the 'Support of the Universe'. See, how from Mooladhara He becomes the Adhara. This was all done at the heavenly stage - Vaikuntha stage you can say. Then He was given birth by the Holy Ghost, who was the mother of Christ on this Earth, who was nobody else but was the incarnation of Mahalakshmi; means She was Radha. Ra-dha. 'Ra' means energy, 'dha' means the one who sustains the energy.

There are many aspects of Easter one has to understand, but the most of all is why did He die and why was He resurrected?

This point I have not yet touched, perhaps, so clearly. That's the point I want to tell you today. It's only you people can understand the importance of the life of Christ.

And when it is said that you have to get your realisation through Christ, it means that He had to pierce through the Agnya chakra. He had to be there. If He had not created this gap in the gate, we could never have got realisation.

That is why it is said that you are to pass through the gates of heaven only with the grace of Christ. Of course, that doesn't mean churches, it doesn't mean at all churches.

That you understand as sahaja yogis that you have to pass through the Agnya chakra. Ultimately that's the most difficult point where human beings have to pass. Because, at the Agnya chakra, your ego and superego are fully grown. At the human stage only this ego is developed. Now how to overcome the ego was a point. And to overcome the ego, Christ had to do this.

When He was created in the beginning as Shri Ganesha - you know the story how He was created, that the mala, is the - from the body of Parvati, the Holy Ghost, was taken out, because before Her marriage, She was - She had to cover Herself for Her bath with many scented things. And it was taken out, all these things, and Her vibrations came out. And She created this child just to protect Her chastity; outside Her bathroom She put him. And you know the whole story about it.

Now there was a part of the element of the earth in that child. Pruthvi-tattwa, was there. All other centres - all other centres have got some elements in them. Some elements like pruthvi-tattwa is there, earth element; then you have got water element, then you have got air element, and when you come to this it is the light element, it's the light.

And at this point, at Agnya chakra, He had to cross the last element, that was the light element. That means He had to come out into the true form of only the Divine Power, the Omkara, the vibrations you can call it; or the absolute - you call it logos or something like that? The first sound, Brahma.

So He had to become the principle of Brahma. To become the principle of Brahma, He had to get rid of all other elements within Him. So the last was also the light element, which He had to cross through.

So He had earth element in Him, as He was of the mala, and all other elements within Him. But when it comes to the Agnya, He had to give up all the elements, that He had to die the death of all these elements that were within Him, to become complete, absolutely pure Spirit.

What He did on subtle form works out on the gross form, and to do that He had to die.

And whatever died in Him, was that little element of earth element and other elements, and what came out of Him was pure Spirit.

[To somebody: "Just move forward."]

Was pure Spirit that was resurrected; the pure Spirit, the pure Brahma-Tattwa which had formed the body of Christ, which was the body of Christ. And this happening came - Christ has done what was predicted about Him - that He is the saviour, because He passed through that gate to take people from this bodily existence, means the one that depends on the elements, to that existence which is Spirit.

So the resurrection is where you become, from your attention, you jump into the attention of the Spirit. When you feel your attention, when you become the Spirit. That is the happening which has happened to you also.

But He became pure Spirit, pure Brahma Tattwa when He was resurrected. And the resurrection is a happening of the Divine Power which came from Mooladhara chakra as just earth element, started growing.

It took its birth from there, came up to Agnya chakra. There Christ was created to pass through all the elements, ultimately to enter into the Sahasrara to become a complete Brahma Tattwa.



And this was a very difficult thing, was very experimental. And the experiment was quite a dangerous one. It could have failed also, because He had in Him that human element, the body element which suffered.

And He suffered, because this body element suffers, not the Spirit; Spirit does not suffer. The body element suffers.

So He had to suffer that body element and to get over it, to get out of it. And to get out of it He had to have a tremendous courage.

It was such a difficult operation. Without Him nobody could have achieved. He knew it was predestined, but it was one of the most difficult things to happen.

I wonder how many Christians know the significance of an egg. Now egg signifies a stage where you are before realisation, when you are in your eggshell; that you are Mr. X, you are Mrs. Y, all that.

But when you mature fully inside, the bird is ready and that is the time you are hatched.

This is the time you get twice born.

So, actually the resurrection of Christ signifies that, and that's why we give that egg to people saying, "You are an egg", a reminder of that, and this egg can become the Spirit.

And also it is written that it was an egg when He came. First He was created as an egg. Half of it remained as Shri Ganesha and half of it became Mahavishnu.

Then He came on this earth and He departed with all His elements and the pure vibrations formed His body, and He remained there within all of you, to be awakened. And when the Kundalini takes your attention through that point, there you also become the Spirit.

That's why He said that, "I'm the gate, I'm the door." He didn't say, "I'm the destination." He said, "I'm the door," because you cannot become Christ. That's why he didn't say, "I'm the destination," that you have to achieve Him. But He has created this space for you.

You can become spiritually awakened; you can become your Spirit.

But Christ is an incarnation, He was the Son of God. And so He is an incarnation, and that incarnation came on this earth just to pull you out of your elements, to make you become the Spirit.

Now how is it that it was the most difficult thing? Because human beings have created in their heads all kinds of artificial barriers.

You see, whatever we think and whatever we do with our mind is all dead, is man-made, is artificial. Because reality is beyond your mind; it is not in your mind. You cannot conceive it; you cannot hold it.

Whatever is in your mind is not the reality, it is beyond.

So, for a human being to accept something that is beyond mind had become so difficult at the time of Christ, because of Romans and all these people coming up. And we are repeating the history again.

They were so ego-oriented, they were so full of ego that to destroy their ego somebody had to do this to create a passage.

By His death so many things are proved, that all those who crucified Him were stupid people, they were ego-oriented, they were blind. They could not see what He was. They could not see what a genuine personality He was. They crucified Him.

I mean, it's the greatest stupidity.

And they crucified Him, it was all known because these people were so stupid that they would have only crucified Him, what else they could do? Because they couldn't bear, with their little egos, somebody who is so simple, who is so genuine, who is so true. So they crucified Him and that crucifixion came as a breakthrough for us.

But message for us is the resurrection part. Message for us is the resurrection, and not crucifixion. Crucifixion is not the message, because He's done it for us. This is the point where Jews must understand.

The other day I was reading - today only - some discussion with the Archbishop of Canterbury took place. And the fellow who was asking him was asking him questions as if he was asking questions to God [laughter].

In a way he said so also that, "I would ask this question to God, that, why is it so many Jews were killed?"

They asked for it. They wanted that they must suffer because they wouldn't give the credit of suffering to Christ.

They thought, "We all have to suffer." Ego. It's ego. "How dare anybody suffer for us? We must suffer separately."

They couldn't give that credit to Christ and all the later thinking was that, "We must suffer." So, whatever you think, comes into action on this gross level, so Mr. Hitler was born and he made them suffer. And the stupidity of human beings is responsible for all the problems that are created on this earth.

The other question was, "How the children get leukemia?" He would ask God, "How children get it?"

If the parents are so frantic and speedy, children have to get it.

If you are not relaxed person when you are married and when you are going to have a baby, you are thinking of divorces and all sorts of nonsense, that franticness will work on the child. Psychologically it is a left-side problem, and the child has to be a patient of leukemia as soon as he is born. That is what it is.

So the problems are created by human beings because of their stupidity.

There is no problem that God has created for you. He's solved all your problems. All your problems He solves; you have seen in Sahaj Yoga how He solves your little, little problems even. But we create problems for ourselves by our stupidity, by our addiction to elements, to material things, to material habits.

Matter sits on our head. That is on the, we can say, on the level of the earth element.

Then we have other problems like emotional attachments: "This is my daughter; this is my child; this is my; this is mine; I'm so attached to my child."

Then, "This is my country. This is your country." We create problem. This Falkland camp... Falkland this thing is an artificial problem, you can see that. I mean, when these people went there, these Spaniards, they all should be driven back to Spain. And all from Brazil should be driven back to Portugal.

What are they doing there if this is the situation? But they are all human beings! What is this territory business? So let human beings live happily wherever they are. What are they going to get out of this territory?

God never created Argentina, Chile, England and all that, He created one homogeneous structure, and it is to look after each other.

Like a heart is created, a liver is created, a brain is created, a nose is created. If they start fighting - say this eye starts fighting this eye.

[Laughter]

We laugh, but we human beings do the same thing. We are all the time doing like this.

This is the stupidity of human beings, which is creating problem. And when you become very stupid, somebody horrible takes advantage of that and comes on this earth just like Hitler, and he tries to put you right.

You don't need all that. You need only wisdom and your realisation.

And that is what is done today that you have got realisation.

So Easter for sahaj yogis all over the world, is the most important happening, because if it had not happened it would not have been possible to give realisation to people.

I think Gavin will read it out to you later on about what is written about Christ in Devi Mahatmya. This book was written about 14,000 years back by Markandeya.

So imagine, 14,000 years back he knew, being a seer, just like Blake, what was going to happen when Christ was to come.

But He was called as Mahavishnu. He was not Vishnu, He was the son of Vishnu.

And how many Christians understand about Easter? They don't. They – it's - Christianity today is nothing but a mental activity, that's all, which is dead; nonsense it is. Just like any other nonsensical religion, it has become another foolish, stupid religion, which has no meaning. Unless and until you get your realisation, unless and until you feel the vibrations, unless and until you feel this Divine Surrounding Power, how will you understand? Because that's the only thing that is truth; that's the only thing that is reality, and unless and until you achieve it, how will you know about Christ? And fighting about Him; how can you fight? I can't understand really.

To me, it's stupidity gone to another extreme. By this thing, what you do actually, is to use all these great incarnations to kill each other. Can you imagine? The things that came to elevate you, to make you into higher living are now used, the same things, the names are used to kill each other, to bring down each other.

At the most, if you reach a point where you don't understand, then they start saying, "It's a mystery" [laughter]. What is the mystery? In Sahaj Yoga there's no mystery. It's all just there. To me, human beings are a mystery [laughter]. I don't understand them. I can't understand.

The resurrection of Christ has to now be collective resurrection. This is what is Maha Yoga. Has to be the collective resurrection and for this collective resurrection, first of all sahaj yogis must decide to be collective. Because through Kundalini awakening, you cross, no doubt, you cross through, but you enter an area of collectivity. And if you do not allow that collectivity to permeate into you, then you come down.

Supposing you become a state beyond the element, the state where you are a collective being; you are aware of the collective being; you are aware that you are a part and parcel of the whole; you are aware that you have to help your nose and your eyes because you are part and parcel of the whole. You reach that stage where you understand that, "I am as important as other cells are, and other cells are to be helped by me and they have to sustain me, we are one." There should be complete concord.

This awareness comes after Realisation, and if you do not understand that this awareness, that this collective awareness is the only way you can stay in that area. Otherwise you get out. You start having your smaller wells and you just go down into them. The more you start to expand yourself, you rise higher and then you are again with your badhas or whatever it is.

But if you think that, "I have to live for the whole. I'm responsible for the whole. I'm responsible for creating a nucleus of a cell which is going to look after the whole, and if I fall down the rest also suffers. I have no business to fall down because I have been resurrected to this point. I have entered into the state of collectivity, where my being, which is the Spirit, is the collective being and I have to stay there, I have to be there; I cannot fall, it's not the way I can live."

But I have seen after realisation also, people cannot get out of their shells. They still remain in their shell. They cannot spread their wings and sing, and get out of their shell and just fly. They cannot do it. They still stick on to their small ways of life, in a smaller ways, in every way. In a holiday you go, you want to have a separate holiday. Why? This is the holiday time, holy-day as they say. Holy day. This is the holy-day. When you are with other sahaja yogis you are really enjoying the holiday. Where do you enjoy a holiday otherwise? Which is the other way? To be with them is the real holiday. And that is why one should understand that you should expand your collectivity. If you do not expand your collectivity you are just a waste. You are a wasteful creation of Sahaja Yogis, which I'm sorry to say, will go down.

Such people show also, in the beginning, gradually they start getting better and better and better. And once you are there in full state, you really enjoy each other's company without having any fears about them, without having any possessiveness about them, without having any kind of expectation, but just enjoying each other.

That has to happen. Like all our cells in our body are like that. If they can do it, why not we? Because we have so much of sense; at least we think we have more sense than the cells have. At least it is expected, because we have evolved so much from a unicell to this state.

And then you are the epitome of God's creation; you are the topmost people. Then why not? When you are resurrected, the first thing that should happen to you is to understand that you are no more an individual, but you are a collective being.

You are no more an individual.

All things which make you circumscribe your individuality - throw that away. You are no more an individual. All problems which come to you as individual problems are absolutely useless, false, wasteful. Think of the collective problems. I enjoy such people. Like the other day Fergy [Derek Ferguson] was anxious to know about Bristol - which points are there, which are giving vibrations from the Mother Earth. He's worried about the whole of Bristol - all the Jamaicans, then about the whole Britain - British people, and then of the whole world you should be. That's what one should think. One should not think, "How will my daughter get married? How can I get a ticket to go there?"

All these nonsensical ideas should be given up because you are now entered into the Kingdom of God and He is going to look after you. Because that state you establish within yourself that you are a collective being.

All other things will drop out. Gradually everybody will be moulded. Even the most difficult I have seen, have improved.

But what about you, the one who is improving everybody else, what about you? How far you are there? How far in your faith that

you know that, "I have entered into the Kingdom of God and that every action mine is looked after and guided by His power and I'm aware of it. I'm aware that I have entered into the Kingdom of God which is expressed through my collectivity."

So collectivity is the nature of a sahaj yogi. And that's what one has to realise.

May God bless you all.

Is it all right now? Just time [laughter]. How I manage it [laughter], without looking at the watch?

Come forward. There's some people standing. Come forward. I'll have some water. First some tea. I mean, all these lectures if you could tape [Hallo, Athena, hallo!] – if you could tape all these and sort of send some of them to France and – or from Lille they have come both of them – and I think it should work out. Because first the people come in, then they disappear. As usual, that's the common feature, you see. Then gradually they...

Yogi: Mother?

Shri Mataji: [Looks at something aside] It's lovely.

Yogi: If someone makes a list of Your lectures, what You've been speaking about, as it was along which we got one, we can print a list each month on a newsletter, so the people in other centres can write and ask for tapes in writing, ask which wants...

Shri Mataji: That's a good thing. You must every time I speak you will give it a heading. All that we should. What is it? Is it coming?

Yogi: The radio programme.

Shri Mataji: Ah, is it coming? It's still time.

Yes, that is important. I agree that we must have a list of things where... You have to give it a title - you see, I have no titles, but you have to give a title. For example what you can say is the Resurrection of Christ, or something about Easter.

Actually you can contact this Bishop of Canterbury. This - you know... Poor man, he is not such a staunch Christian, I feel, the way [Laughter]... I think next time you may write a letter to him, and some of you can go and see him. And Gregoire comes, and three-four people you should ask for a thing. And you should say - today's, can you get today's Times? Or if you can telephone to my servant, tell him not to throw today's newspaper, he's a good thrower [laughter]. Very good at throwing. Can somebody telephone to him? Is a phone here available? John?

Yogi: He used to be in the cathedral of Saint-Albans.

Shri Mataji: Eh?

Yogi: He used to be in the cathedral of Saint-Albans. You know? He was there when You were there.

Gavin: When You were in St. Albans, when Djamel was living at St. Alban, You visited there, he was the bishop there. That time.

Yogi: He was the bishop there.

Shri Mataji: How was he?

Yogi: I didn't know him at that time, but soon after You visited, he got promoted [general laughter].

Shri Mataji (smiles): Really? Good idea!

So we can write to him. [Yogi: Yes] I might have met him there also, possibly. Might have seen him.

[Yogi: "It's quite possible, yes"]

Gavin, you have to collect my passport tomorrow. All right? Then I would say, on 5th of May, if you people could collect some money for this building. That's a good day, when you can give it to me, or to Gregoire [Yogi: Yes], and we can put that money in the bank, we have opened now an account for that. Any amount that people want to give, and the first amount – and also Lille people wanted to give some money. I told them that's for our, you should give it for our building account, because we have to have a building now, it's absolutely eminent.

Before I go back, you could have money for which you can also tell Warren that this is what is decided.

Then the first amount should go on the 5th, would be a good idea. And I've got the account number also, so you can send it in the name of Gregoire, and the account number I'll give it to you. If you want, it should be all right.

Gavin: May I ask You to find out how many people are about to go to Paris from here?

Shri Mataji: Now. Now, for Paris, the thing is, it is on Tuesday, the programme is on Tuesday. And she has arranged that we go to Lille on Sunday. So if you come to Lille on Sunday, after the programme, if you want, you all can go to Paris, and stay in the ashram there. Or is it possible in Lille? Is there any place where we can take it on rent for a night somewhere?

Yogi: No problem, Mother.

Shri Mataji: What is it?

Yogi: No problem.

Shri Mataji: No problem? Sure? [Laughter]

Yogi: There's definitely place.

Shri Mataji: All right, so one night you can stay in Lille. Will be good idea.

Yogi: If there are enough people we could also take a bus.

Shri Mataji: Hm?

Yogi: We could take a bus to travel.

Shri Mataji: Good.

Yogi: If there are enough people, we just have to find out how many want to get there.

Shri Mataji: Now, from Lille then we go to Paris. In Paris you have a big place to the... that will be the Monday, Tuesday, and Wednesday we have this Puja, in the morning time perhaps, and I would like to come back if possible on the 6th. If 5th is all right, all right, otherwise 6th you can put it.

Somebody is working it out in Brussels! Did you write to that doctor? [Yogi: "Yes, Mother..."] Good. Have you kept his address? [Yogi: Yes...]

I think on Gavin I put too much pressure also sometimes. Somebody must try to share that also. And you should find out. It's easy to telephone to him, I know his number very well [laughter]. But you can find out, all of you, if he needs any help.

Magda, sometimes you can telephone to him [Magda: "Yes, Shri Mataji"], and find out if he needs any help, for writing some letters or something, and also for typing anything – anybody who wants to help him, you see, it's essential, because I trouble him quite a lot [laughter]. And also you have a little account for sending letters and things, and for telephones, a little account can be made.

Everybody should - now, because we are expanding, we have to have a proper system by which we work it out. So many letters come to me every day, and I'm so lazy, I just can't... I don't know [Shri Mataji laughs]. I think if I write now, then another will come tomorrow, so I wait for a while. Then I - but my attention is there. If you write to me, I'm very happy because I know what is happening. But don't write very long letters, you know [laughter, Shri Mataji laughs]. I like, I enjoy them, but if they are too long, then, you know, the main thing is left out.

We have to be to the point and properly with the protocol and all that.

There's one gentleman who writes to me regularly from India. His name is Mr. Brahme, Mr. Brahme. And he writes only two sentences: one is that, "Mother, please bless me that I will be a good sahaja yogi", "Mother, please bless the whole world that they become sahaja yogis, and the Sahaja Yoga spreads, and your most loving son at Your Lotus Feet, so and so." That's all [Shri Mataji laughs].

Every - regularly, I must have so many letters from him, that's all. It's good after all: whenever you write praise and all that it's good. But sometimes you know, we go on writing – like one gentleman has written, "I've been working for two years, I've done everything, I've done nimbu, I've done this, I've done this, I've done that and I've not felt the vibrations", you see.

But the list of things he gave, you see, made me laugh really [Shri Mataji laughs, laughter]: "Oh My, you must be fed up!" [Laughter]

And the simple thing he is doing wrong, which people didn't understand that is he is doing Gayatri mantra. If you do Gayatri mantra, it doesn't work out. I mean, this is so common, I mean, while we are here, Gayatri mantra if people have done, their right side is so much horrible, and it doesn't work out at all. So you have to neutralise it with Lord's Prayer, and with forgiveness to others, with the right hand towards the photograph and left hand outside. And never to say Gayatri mantra again, you see? But that's what it is. But these small, small things people don't notice when I'm treating others. And I don't know how to talk about it, one by one, because when it comes before me, I know the solution.

So it's better that you people note it down what Mother does at that time. Now this Gayatri mantra is one of the worst curses on human beings, I think. It is so right-sided. An Indian, if he does Gayatri mantra, he becomes ten times worse than any westerner.

Think of it.

Now, can you read it? Now is it started?

[The yogis are waiting for a radio broadcast about Sahaja Yoga]

Yogis (several voices together): Somebody has to set the frequency... The right frequency for ...

Shri Mataji: Why not start the radio?

Yogi: I think everything's on.

Shri Mataji: Is there no radio there? (Yogi: "Yes, Mother.") What's happening?

[A radio is heard]

Shri Mataji: Loudly, I can't hear.

Yogi: It begins after five, Mother.

Shri Mataji: Is it? More loudly. [On the radio some people can be heard speaking about churches. Shri Mataji and sahaja yogis laugh] [To somebody] Is it yours? [Yogi (barely audible): "No, Mother... it's a hour-long programme, Mother...".] All right, all right.

[Yogi: "You see, we didn't take all of it..."] That's better. You have to go through all nonsense to listen to some sense of that. Gavin, what have you got? You read the Bible, I think?

Gavin: Yes. It's a very appropriate psalm we've discovered, Mother, very short...

Shri Mataji: Must be, must be.

Gavin: ... for the ashrams.

Shri Mataji: Eh?

Gavin: It's for the ashrams.

Shri Mataji: Lovely.

Gavin: "Psalm 133. (1) Behold, how good and how pleasant it is for brethren to dwell together in unity! (2) It is like the precious ointment upon the head, that ran down upon the beard, even Aaron's beard: that went down to the skirts of his garments; (3) As the dew of Hermon, and as the dew that descended upon the mountains of Zion: for there the Lord commanded the blessing, even life for evermore".

Shri Mataji: See? Very beautiful you found out, I must say. Now what is it? Devi Mahatmya you read it out.

[GAVIN HAVING STARTED READING FROM THE "SRIMAD DEVI BHAGAVATAM," BOOK 9, CHAPTER 3]

Gavin: "Narayana said:- 'O Devarshi! The egg (born of Mula Prakriti) that was floating in the waters for a period equal to the life period of Brahma, now in the fullness of time separated into two parts. Within that egg there was a powerful child, lustrous like one thousand millions of suns."

Shri Mataji: Suns. See.

Gavin: "This child could not suck Mother's milk as it was forsaken by Her. So, being tired of hunger, the child, for a moment, cried repeatedly".



Shri Mataji: Forsaken because He had to grow!

Gavin: "The child that will become the lord of countless Brahmandas (universes) -"

Shri Mataji: Countless Brahmandas. Brahmandas are universes.

Gavin: "...now an orphan having no father nor mother began to look upwards from the waters. This boy came to be denominated afterwards by the name of Maha Virat when He became gross and grosser.

As there is nothing finer than radium, so there is nothing grosser than Maha Virat. The power of this Maha Virat, one-sixteenth of that of Shri Krishna, the Highest Self. But this boy..."

Shri Mataji: That is Yehova.

Gavin: "...But this boy, (born of the Prakruti Radha), is the Sole Stay of all this Universe"...

Shri Mataji: Sole Stay.

Gavin: "... He is denominated by the name Maha Vishnu. In his every pore countless universes are existing. So much so that even Shri Krishna could not count them. If it were possible to count the number of dust particles, it is impossible to count the number of the universes. So there are endless Brahmas, Vishnus, and Maheshwaras. In every Brahmanda, there is Brahma, Vishnu, and Mahesha. Each Brahmanda extends from Patala to the Brahmaloka. The abode of Vaikuntha is higher than that (that is, it is situated outside of Brahmanda), again the abode of Goloka is fifty koti yojanas (that is 50 x 10 x 4 x 2 million miles) higher than Vaikuntha.

This Goloka Dhama is eternal and real as Shri Krishna is eternal and real. This world composed of seven islands is surrounded by the seven oceans. Forty-nine Upa Dvipas (smaller islands adjacent to them) exist here.

Besides there are countless mountains and forests. Higher than this earth is the Brahmaloka with seven heavens, and below this, are the seven Patalas. This is the bounding limit of Brahmanda. Just above this earth there is the Bhurloka, above is Bhuvaloka, then Swahaloka, then Janahloka, then Tapahloka, then Satyaloka, and above that ..."

Shri Mataji: Mahaloka. Mahaloka not there? Maha.

Gavin: Brahmaloka.

Shri Mataji: Bhur, Bhuvah, Swaha. They call it Brahma.

Gavin: Bhur, Bhuva, Swaha.

Shri Mataji: Swaha, Tapah.

Gavin: Janah.

Shri Mataji: Janah. Tapah.

Gavin: Satya and Brahmaloka. "The splendor of Brahmaloka is like that of molten gold [Shri Mataji assents]. But all the substances whether outside or inside this Brahmaloka, are transient.

When this Brahmanda dissolves, everything dissolves and is destroyed. All are temporary like bubbles of water. Only Goloka and Vaikuntha are eternal. In every pore of this Maha Virat is existing one Brahmanda. What to speak about...”.

Shri Mataji: Hm. Pore means any – every – what you call this, pore of the skin. One Brahmanda exists in Christ. [Aside] Thank you.

Gavin: “What to speak of others when even Krishna cannot count the number of these Brahmandas. [Shri Mataji laughs] In every Brahmanda there is Brahma, Vishnu and Mahesha. O Child Narada! In every Brahmanda, the number of the gods is three kotis or 30 millions. Some of them are the Dikpatis (the Regents of the quarters); some are the Dikpalas (the Rulers of the quarters), some are asterisms, and some are planets.

In the Bhurloka, there are four Varnas (Brahmins, etc.), and in the Patalas there are Nagas. Thus the Universe exists composed of moveable and non-moveable things. (This is Brahmanda Vivriti). O Nārada! Now the Virat Purusha began to look up to the skies again and again but He could not see anything within that egg except the void. Then distressed with hunger He cried out repeatedly and became merged in anxiety. Next moment getting back His consciousness, He began to think of Krishna, the Highest Person and saw there at once the eternal light of Brahma. He saw there His form as deep blue like new rain-cloud; with two bands [Original text reads “hands”], garment of a yellow color, sweet smile on His face, flute in His hand and He seemed to be very anxious to show His Grace to Devotees. Looking at the Lord, His Father, the boy became glad and smiled.

The Lord, the bestower of boon, granted Him boons appropriate for that moment.

Oh child, let you possess knowledge like me, let your hunger and thirst vanish: let you ...”

Shri Mataji: See. Hunger and thirst vanish. He fasted for forty days. See, all the indications are there.

Gavin: “...let you be the holder of innumerable Brahmandas till the time of Pralaya (the universal dissolution). Be without any selfishness, be fearless and the bestower of boons to all. Let not old age, death, disease, sorrow or any other ailings afflict thee.”

Shri Mataji: This is a sign of a Brahma Shakti. He Himself has said before that the Brahma Shakti, or the Spirit does not die, does not get old and all that, and He is telling him all that.

Gavin: “Thus saying, He repeated thrice on his ear the six-lettered great Mantra “Om Krishnaya Swaha” worshipped by the Vedas with their Amgas, the Giver of desires and the destroyer of all troubles and calamities. O Brahma’s Son! Thus giving the mantra, Shri Krishna arranged for His feeding thus.

In every universe whatever offerings will be given to Shri Krishna, one sixteenth of that will go to Narayana, the Lord of Vaikuntha, and fifteen sixteenth is to go to this boy the Virat. Shri Krishna...”

Shri Mataji [laughing]: He is Narayana also, Shri Krishna is Narayana, you see. So one sixteenth will go to Narayana and fifteen sixteenth to His son.

Gavin: “Shri Krishna did not allot any share for Himself. Himself transcending all the Gunas, full, He is always satisfied with Himself. What necessity is there for any further offerings? Whatever the people offer with devotion, the Lord of Lakshmi, the Virat eats all these. Bhagavan Shri Krishna giving thus to the Virat the boon and the mantra, said, “Oh child, say what more you desire. I will give you that instantly.” The Virat boy hearing thus the words of Shri Krishna spoke. “O, Thou Omnipresent, I have got no desires whatsoever, save this that as long as I live, whether for a short time or for a long time, let me have pure bhakti towards Thy Lotus Feet.”

Shri Mataji: That’s why always Christ has these fingers like this [Shri Mataji shows second and third finger of right hand], one

denoting towards Shri Krishna and another towards Vishnu.

He's talked of His Father throughout. "For a short time or for a long time": He lived for a short time and for a long time.

Gavin: "In this world he is Jivanmukta (liberated whilst living) who is your Bhakta; and that bewildered fool is dead while living who is devoid of any Bhakti to Thee. What needs he to perform Japam, asceticism, sacrifice, worship, holding fasts and observances, going to sacred places of pilgrimages and other virtuous acts if he be without any bhakti to Shri Krishna? Vain is his life who is devoid of any devotion to Shri Krishna, under Whose Grace he has obtained his life and Whom he does not now pay homage and worship. He is endowed with Shakti as long as Atma resides in his body; no sooner the Atma departs from his body all the Shaktis accompany him.

O Great One! And Thou art the Universal Atman who transcends Prakriti, Who is All will, the Primeval Person -"

Shri Mataji: See?

Gavin: "...and of the nature of the Highest Light. O Child!" Thus saying, the Virat boy remained silent. Shri Krishna then spoke in sweet words, "Oh child, let you remain as fresh as ever like Me. You will not have any fall even if innumerable Brahmas pass away.

Let you divide yourself in parts and turn into smaller Virats in every universe."

Shri Mataji: That's what He did.

Gavin: "Brahma will spring from Your navel and will create the cosmos. From the forehead of that Brahma will spring eleven Rudras for the destruction of the creation."

Shri Mataji: See. [Shri Mataji smiles]

Gavin: "But they will all be parts of Shiva."

Shri Mataji: That is given by Shiva to Him. You see, the eleven parts are given to this child by Shiva.

Gavin: "The Rudra named Kalagni, of these eleven Rudras, will be the destroyer of all this Vishvas (the cosmos). Besides, from each of your sub-divisions, the Vishnu will originate and that Bhagavan Vishnu will be the Preserver of this Vishvu world.

I say that under My favour you will always be full of bhakti towards Me and no sooner you meditate on Me, you will be able to see My lovely form. There is no doubt in this; and your Mother, Who resides in My breast, will not be difficult for you to see."

Shri Mataji: Better to see [Shri Mataji smiles].

Gavin: "Let you remain here in ease and comfort. I now go to Goloka." Saying thus Shri Krishna, the Lord of world, disappears.

Shri Mataji: See, it's so clear cut. Better send it to this Archbishop of Canterbury [laughter].

What does he understand about Christ?

That every pore of His skin is one Brahmanda. So He became very gross, you see, in the sense that He came down on this earth, you see, and then He became the Spirit. That's why it is said, His "only Son."

Yogi: Mother?

Shri Mataji: What is happening? Nothing?

Yogi: Mother, may I read something for You?

Shri Mataji: Yes, yes.

Yogi: Paul, Paul Duncan and I have written this.

Shri Mataji: Eh?

Yogi: Paul Duncan and I have written this for You. It's called "Resurrection Sunday."

"We wandered lost in this confused age /

You came to us like rain to a scorched plain /

We made so many foolish mistakes /

But You laughed and loved us even more. /

We walked always seeking Messiah's return /

And then You came with open arms. /

We closed our hearts and ran our love dry /

And You refreshed us with cooling Grace. /

Mother, O Mother, River of Love /

You wash our troubles away. /

Mother, O Mother, Ocean of Joy /

You are opening our flowers. /

We struggled hard inside our shells /

You took the eggs and made the doves. /

We cried for love and forgot how to be /

You wiped our tears and make us see. /

We needed the fulfillment of Christ's words /

And then Mother Mary, You gave us true second birth. /

We languished in our man-made tombs /

Divine Redeemer, You rolled away the stone. /

Mother, O Mother, River of Love /

You wash all troubles away. /

Mother, O Mother, Ocean of Joy /

You open all the flowers.”

Shri Mataji (smiling): So beautiful, I think. Very beautiful. It's like a mantra working on my vibrations.

So now all our programmes are fixed for different days, and now I have received a letter from – again from him, Jim, saying that he would like to have a programme from the 15th of June now. And I personally think that he has put last two days – one day to Norwich, and then one day in Cambridge, then Norwich, I think 17th is Cambridge, 18th Norwich and again Cambridge, and then Puja. Best is to keep two days in Cambridge – first Norwich, that will be - what date did I tell you to have Norwich?

Yogi: The 18th, Jai Shri Mataji.

Shri Mataji: 18th should be Norwich, 19th and 20th Cambridge, and 21st will be the Puja. All right? Just change that much, otherwise it's perfectly alright.

What else? Kevin, how are you?

Yogi: Sorry, Shri Mataji...

Shri Mataji: Hot? Very hot?

Yogi: No, I was late, I didn't have time to change my clothes.

Shri Mataji: You are all right! [Laughter, Shri Mataji laughs]. You are all right. You see, when the Mother has seen you in your “birthday suits” [laughter], why should you worry about any dress with your Mother? [Laughter, Shri Mataji laughs] – isn't it? [Laughter, Shri Mataji laughs]

There is no formality with the Mother [Shri Mataji laughs]. It's all right, She likes to see you properly clad, but there's nothing, no formality. [Aside, to somebody:] Thank you, that's all, thank you very much. [To the yogi] But you look serious, that's what I want to know.

Yogi: Oh, I'm worried whether the Divine is coming through on the tape. [Laughter]

Shri Mataji: Oh, I see.

Yogi: Because I don't know!

Shri Mataji: Yes, I was wondering what's the matter, why are you so serious – no, I just thought, maybe because now you are married and you are thinking of a married life now [general laughter], what to do, and - No? No problems?

Yogi: No, no.

Shri Mataji: You see, when you even tell somebody, "You have to get married", suddenly they ... [Shri Mataji makes a worried expression], as if somebody has stuck a pistol! [Shri Mataji laughs, laughter] That's the first reaction I have seen many-a-times.

Pat has not come today?

Yogini: No, Grazyna is not very well, Mother.

Shri Mataji: Hmm?

Yogini: Grazyna is still not very well...

Shri Mataji: I know, poor thing.

Yogini: They'd like to come and see You next week...

Shri Mataji: I have told - her problem is basically something different, and I have told the solution and I've asked Gavin, Gavin to find out. Did you ask Sarah?

Gavin: I didn't get the chance just yet.

Shri Mataji: But Sarah is here, you can talk to her. You see, we have a, we had a doctor in India called Dr. Shirolkar, and he devised an operation – you might have heard his name [Yogini comments probably on name, Shri Mataji: "Ah"] – to strengthen the ...- [She hears a baby crying: "Who is crying so much? Just see the child"] – the lower wall, the lower wall of the uterus, you see?

And that operation somebody must be doing here also, I'm sure.

Yogini: Yes, she had it.

Shri Mataji: Eh?

Yogini: She had it done.

Shri Mataji: She had that operation?

Yogini: She did, but it's still... she still...

Shri Mataji: No, but then she conceived very early then. [Yogini: "Sorry?"] You have to wait after that to develop into a proper... she had that kind of an operation, did she?

Yogini: I think she did it, yes.

Shri Mataji: Then she should have waited to see that the wall is fully developed, I think if she had allowed to - I'm going to work out something else for her. You can have another layer just to make it strong, you see?

[Yogini: "Yes."]

Any other problems? [To a yogini] How are you now? Gail? All right? Don't do any heavy work, but walking is good. In Regent Park,

you can go in the morning for a walk, not in (unclear word) but it's a good place to walk about little bit.

[To another yogini] How are you? Why don't you sit on a chair, will be better, better. Better sit down on a chair. Go. Go there, to sit down. So how are you? [Yogini: "I'm all right..."] Good. I'm happy you could come. I'm happy you could come.

Received any letter? He is telephoning me, he is telling me that he is trying to get the permission and this and that, he's going to write to me again. His style is like this. You see, he doesn't want to talk about it unless he really gets the permission.

Yogini: I wrote to him.

Shri Mataji: You've written to him, yes. He telephones to me. All suspiciousness, you see, because he is in the Air Force, and the government is suspicious of foreigners, you see, marrying any Air Force this thing, you see. I just don't understand. So I would say take my passport, you have to walk like a criminal with your passport number, this, that [laughter], and you have to get my visas in Rome and these places.

But I think he can do it, Dinesh knows how to do it. Tell him to go to Varad, Varad Rajan, he'll give him, because is a diplomatic passport.

How are you now, Kay, are you better? Hm.

Bala, what about your chickenpox? [Shri Mataji laughs, laughter] Gone?

Bala: It's gone.

Shri Mataji: Djamel, how are you?

Djamel: I've got the Agnya problem.

Shri Mataji: Agnya? On the day of Resurrection Agnya should clear out. Somebody has done everything for us, you see? Best is to rely on that, all done!

What, so why should we worry?

Hm, better. Hm. Everything is done for you, I mean, lucky people I must say. [Laughter]

Like guests, you see? That till, all others have to do everything for you, and you have the fruits of it.

Isn't it? A good situation. But still you look so worried. [Laughter] As we say, there's a dog walking under a cart. He looks very worried because he thinks he is carrying the cart, you see. And the poor – the one, one, the bullocks which are pulling the cart are quite happy. [Laughter] Better now?

Is it true that in Islam they hate dogs?

Yogi: No, Mother.

Shri Mataji: No? No. They don't hate dogs. In Iran they – I don't know why they hate dogs so much. Somebody was telling me that they ill-treat dogs, absolutely. I said, "Surprising it is."

Yogi: Same in Malaysia.

Shri Mataji: Hm?

Yogi: They are not well treated, animals in general are not well treated.

Shri Mataji: They?

Yogi: They are very badly treated, You know?

Shri Mataji: Badly treated. Because, you see, they have become little insensitive to animals, I think so. Like here people treat the dogs very kindly, but their children very unkindly [laughter]. Is the other way round.

I mean, it's - just don't understand, it's a mystery as I said. [Shri Mataji laughs, laughter].

Those who want to see me, can come. Tomorrow evening I'll be at home. All right? About, say, six o'clock. Then Sahasrara Puja must be fixed in the evening, so that everybody can make it.

Say about seven o'clock, that would be good. Many people can come there – evening because it's a Wednesday or something. It's a Wednesday? [Gavin: "Yes"] So Tuesday-Wednesday-Thursday- Friday, perhaps?

Gavin: No, it's a Wednesday.

Shri Mataji: It's a Wednesday? [Gavin assents] Are you sure? [Gavin assents] Because if second is Tuesday...

Gavin: No, second is Sunday.

Shri Mataji: Hm? Second is Tuesday.

Gavin: No, it's Sunday.

Shri Mataji: Is a Sunday. Then it's all right, Wednesday. So one should try to have it about seven o'clock, so that others can come in for the puja.

Now, is it over? Or...

Yogi: ... John Glower is here, and he's supposed to be ...

Shri Mataji: Where is he? So we can start the puja business because otherwise it will get very late. All right? [Yogi: "Yes."]

When you, when you get it...

[A radio interview of a sahaja yogi about Sahaja Yoga is broadcast on the radio, and listened to by Shri Mataji and the other sahaja yogis.]

Yogi: ...called Sahaja. Sahaja comes from Indian language and it means "born with you", or "spontaneous", because essentially Yoga isn't just something that allows to keep fit as has become in the West now.

Yoga means union, union of your Self and your Spirit, or of your Spirit and the Great Spirit, which is the Divine, or God (...).

And in that in fact your Spirit – which again people nowadays don't even know exists, most of them usually feel embarrassed



when you talk about souls and Spirit, in fact is a reality.

It is that within which is the true nature, its qualities are pure bliss, pure consciousness and truth. And if one can experience that Spirit consciously, then obviously one can be a very blissful person and not have the problems that most people have. The question is: how do you get it?

And Sahaja means it is spontaneous, in other words something now for the first time has made spontaneous Self-Realization, or knowing yourself fully possible for the first time.

Interviewer: You say "something". Just what is this something?

Yogi: This something is the fact that in the sacrum bone, which is the bone at the base of the spine, is a being, that we call Kundalini, people in the East call it as Kundalini. The Christians also have come across it, but they called it Holy Spirit. Jesus has talked about it too. And ...

Interviewer: The fact that the Christians would...(...) that it is in the bone, they wouldn't like.

Yogi: No, they wouldn't, no, they wouldn't but nevertheless Christ talked about it, that's the essential thing, not that the Christians would necessarily; but rather what Christ said. Now, somehow this being, which is the Divine inside, has to link up the individual Spirit - we say the Atma, the personal Spirit - with the One, the Divine, right? And the way that happens is that the Kundalini rises up the spine, enlightens Spirit, and pierces - it goes to actually seven subtle centres called chakras - which I will tell about in a minute if you like - until it pierces the fontanel bone on top of the head, this top chakra, the top center.

When that happens, the personal spiritual reality inside, which is the Spirit and the subtle centres and the Kundalini, which is latent if you like Divine power within, all are brought into the conscious nervous system for the first time.

Interviewer: If this is there, or has been there all the time, why is it that it hasn't happened before?

Yogi: Why it hasn't happened before, well, it happened before in a few cases, there have been enlightened people who were great saints, people with immense courage and spiritual power who did have their Self-Realisation before, I mean you could say that Lord Buddha was a man who, because of his great perfection, attained his spiritual life, in other words the Kundalini came up fully, and he was totally as we'd say God-realised, in other words he became a hollow personality flowing as if played through, his ego just went, as well as his conditionings went, and he was just as the Spirit.

And now it happens to anybody, and this is the main thing, this is the interesting, exciting and thoroughly enjoyable thing; but now, it isn't a case that just a few sages go and live on a mountain in a pure, absolutely perfect knowledge may at the end of all [unclear] time get their Self-Realisation: now, any of us who desire it, any of us who are seeking it, genuine seekers can get their Self-Realisation.

And the reason for that is that an Indian lady, called Mataji, Her Holiness Mataji Nirmala Devi, has come absolutely foremost to give this gift of Self-Realisation, by which - not that She is a guru who has come just to, you know, have people sit at Her feet, and pay money and so on; on the contrary, She said you can't pay for the Divine, you can't pay for your Yoga, your Union with your Spirit and God.

It happens spontaneously, and the reason it happens, is because in Her presence vibrations which come from Her, or even from the photograph of Her, come in through the upper side of the hands, and that acts as a trigger for the Kundalini which is residing, which as you say we don't know about, which may have been there - is there nevertheless whether we know about it or not - at the base of the spine. This rises up and that cool breeze, what you feel as cool breeze in your hands, all right? Vibrations flowing from Mataji in full-fledged form - the Kundalini then comes up and you begin to feel things in your...

Interviewer: There are many people that - do you know that the real fact is, and I have to say this...

Yogi: Yes.

Interviewer: ...is that there are lots and lots of people who are saying very similar types of things; and also lots of people, let's have it, just... (indistinct words) you know. What's the difference between this one and the rest?

Yogi: Right. There are lots of differences, but admittedly, because of the age we're living in, because there are so many things around, some of which have been absolutely proved by psychologists and other people, just intelligent people, to be absolutely dangerous and damaging to people.

That has to tell you the difference difference, you have to have a discernment. Discernment, as I said beforehand is that you have to judge Mataji, you have to judge Sahaja Yoga on what you feel about it I suppose, right? Before your Realisation. And also using consent. But Mataji's message is this: you can't pay for the Divine, absolutely not, it's satanic to try and pay for the Divine.

Secondly, if a thing is genuine, you are not going to get bad side effects, you are not going to feel ill: if a thing is holy and is good and pure you'll feel good; and it will be obvious in your whole personality... (indistinct words). And equally, you can't come to this spiritual Realisation, or God you could say, or your Spirit or the truth, you can't come to that on a path which is unrighteous, you can't come to that on a path of unholiness, of immorality, or of extreme behaviour.

Interviewer: But you know, there are lots of others who tell exactly the same words Then what's the difference between yourselves and say Raja Yoga? Now they don't get money either.

Yogi: The fact is that we have the actual happening, which you can feel inside yourself, you feel the cool breeze. When you get Realisation, and anybody gets it - you don't have to pay for it - you feel the cool breeze in your hands coming from the picture or from Mataji. As soon as you actually feel, and you have to verify for yourself, and you might say "there's a cool breeze", doesn't make a cool breeze; but if you feel the cool breeze you can't really deny it.

Secondly, you feel cool which comes out of your head, when you get Realisation, not before. Thirdly, you begin to feel all this extremely subtle, very sensitive and beautifully made creation which is the human personality. You begin to feel its subtleties.

Interviewer: Where does this all lead us? Where is it going to take us?

Yogi: It takes us into the future, absolutely, or you could say into the present; it takes you to yourself. When the Kundalini goes through the second to the top chakra - the sixth chakra, you come into the present and you enter a state of thoughtless awareness, spontaneously.

It's absolutely natural, it just happens, when the Kundalini reaches that point. The reason for that is that, suppose you are thinking, you can't possibly be in the present, you can't be aware of the actually present. You can be aware of just what's just passed, or what's going to happen in a very short time, but you can't be aware of the absolute present.

So the only way to be in the present, absolutely, is to be thoughtless, and the Kundalini does this, when it crosses that point on the forehead. Then you just become thoughtlessly aware and we are in that state all the time. All we do is in that state.

It sounds strange, but it's a reality. The cares go, the troubles go, your problems go, as these chakras get cleared out by the Kundalini rising up, it clears out all the awful things that cause the problems; and you become in the end a joyful being.

Interviewer: And should you be interested, She is holding a meeting at Caxton Hall on Wednesday the fourteenth of April at 7pm, everyone is welcome.

[The yogis cheer and applaud the broadcast.]

Shri Mataji: Ah? Now, the one point that's very important to be said on such interview, you see, is that you become empowered by your own powers. You yourself know, you can feel it, the other person, you can feel yourself and you know how to maneuver, you see, this Kundalini of others; you can give Realisations to others; you can cure others; your power is released. Your power of your Spirit is released on your central nervous system.

That would be really convincing; that is not my power, it's your own power you can feel.

Yogini: Mother, it seems, through talking of other groups, they do all say very much the same as we do, but the only thing that we should say – really has to be convincingly - is that we do have such powers.

Shri Mataji: That's it.

Yogini: That's it.

Shri Mataji: Just talking is very easy.

You see, if read some books, they talk. See, they read a Sahaj Yoga book, they can say, "I have a Kundalini awakening. I can see the chakras. I can..."

All right, say!

Ask them, "Can you feel our chakras?"

[Yogi: "That's all."] That's all. Then what do they agree? Then what do they say; are they going to come?

Yogini: Some of them have done, yes, Mother, we were...

Shri Mataji: I think you should go and meet them, again and again. [Yogini: "Yes, Mother."] You see, Amar Samati asked – he went to Santa Cruz, absolutely a new place. And he met people and talked to them and told them, "See, you are not feeling anything, why are you adhering to any group, for what? For paying money? For what? Because you have been doing it, but you are not feeling any vibrations, nothing; you are not feeling anything, you have no powers."

And he convinced them.

And he said, "There will be at least five to six hundred people," and there were – more than that, for that programme.

That's what you have to go and tell them, "What have you got? You haven't got any powers. We have, we can feel you. We know this is what, this is your chakra is here, that is there." That's the thing.

Yogini: Mother, there is a very funny story, we went to see some Buddhists, and I asked one of them (...) what enlightenment was.

Shri Mataji: Hm.

Yogini: And he gave me a very flurry answer. And I said to him, "Do you think you will get it in this lifetime?" And he says: "Oh I don't know, I think it might be possible."

And I said, "Well, how would you know it when you get it?"

He said, "Oh, I suppose it will dawn on me one day." And as he said that, his Kundalini came up! [The yogini laughs, laughter]

Shri Mataji: It will what, it will what?

Yogini: He said, "I suppose it will dawn on me one day." And as he said it his Kundalini came up [Shri Mataji laughs, laughter].

Shri Mataji: Good.

I'm also sending – you see these... Somehow, with my husband's job, I meet people who are seekers and who are placed at the helm of affairs. I'm sending them books, you see? And I want to send one of the, one of our books, to Indonesia. There's an ambassador from Indonesia who's very anxious, so he has been writing to my husband that, "You haven't sent the book as yet." So we'll have to send it there.

Yogini: Mother, Warren has sent this cassette up, it's the first VHS copy of the... (inaudible audio)

Shri Mataji: Oh all right, let's see. Can we see here?

I don't know what nail paint these people have put, I don't know. Indian. Doesn't go with any English nail paint remover. Can you believe it? Shines, though...

I'll just come back from - It's a good one, no doubt. And it's come out very well.

[Shri Mataji stands up]

[PAUSE IN RECORDING]

...and also it shakes a little bit, but doesn't matter, we can't help it, you see, because originals we have in any case and, but these must be transferred. But all the new ones should be done on VHS, you see. That's a better new system to use, you see?

That's a better idea I think, than to use the, that one and then transfer it.

It's quite good, I mean, as far as ... I mean, it gives - it fits all right, but could be better if you have direct. But as it is we don't want them to be lost, everybody would like to hear, and some of them are very powerful in Houston and all that. Have you got Houston one here?

Gavin: There is at least one Houston, Mother, I don't know where it is now, maybe Warren will send.

Shri Mataji: Alright, so ask him to send some Houston things for people to see, they were very powerful. Specially on Christ I spoke very well. And why don't you send this one to Houston people, the one on the Easter day, will be good idea, you see?

And if he wants to hear also, Mr. Tricky Fellow, he could, you see. No wonder, because of pressures on him, you see? You see, that is being a cult, it will become a cult, Unity Church will become a cult once he starts tolerating everything. Just write to him that, "You'll become a cult then, you don't become a living church. The living things know how to discard, what to accept."

Please sit down.

Yogi: Excuse me, Mother, is this light disturbing You?

Shri Mataji: This is what?

Yogi: Do you mind this light on?

Shri Mataji: I didn't see it!

Yogi: Oh. [Laughter]

Shri Mataji: I think this gives a better picture.

Yogi: It does.

Shri Mataji: It does. Yes. [Puja begins] You can get people from say Lille have come, who else from – London, you see, the new people, if they don't come forward, then how will I know them, you see, some of the new people whom I've not met should come forward, you see, will be good idea.

You must tell your names to me and... [Yogi: "Gary"]. What's it? [Yogi: "Gary"] Gareth. [Yogi: "Gary"] Gary, Gary, all right. Gary.

Anybody else from Lille? Patrick, you can come along. You come along – now, what's your name? Christopher. Christopher I don't know. Christopher and Gary. Now, who else is there? A new one? Come along. Patrick you come, and you come along. You also come, because you've come from outside.

Hilary, is it all right? You've changed a little bit, is it all right? [Yogini: "Yes, Mother"] Little bit, because you see, it's no use going up and down [Yogini: "Yes"], so is best is to finish with Norwich, [Yogini: "Yes, Mother"] and then be in Cambridge [Yogini: "Yes"].

Yogini: Mother, did I understand you were going to spend two evenings in Cambridge, and then the puja the following day.

Shri Mataji: Yes. [Yogini: "Or is it one evening?"] No, no, that's how, that's how, that's what it is. [Yogini: "Two programmes"] 18th at Norwich [Yogini: "Yes"] and 19th and 20th Cambridge [Yogini: "Yes"], and 21st the Puja. 21st is a Sunday, isn't it?

Yogini: I hope so, Mother, yes.

Shri Mataji: I hope so, [Yogini: "Yes"] because you see, some people will have to come from here for Puja. [Yogini: "Yes, Mother"] Just find out, is it a Sunday, 21st? All right. Come along, come forward.

Yogi: No, it's a Monday.

Shri Mataji: Ah. I would say David, you come along, David Prole, please come along, to wash my feet. And Kay, Kay? The other Kay, come along, yes. Good.

And Samson, where is he? Oh... [Laughter] I call him Samson, his name is Simon I always call him Samson [laughter]. I can't forget Samson, you know, nobody is a Samson here, just imagine!

Yogi: Caleb, Mother.

Shri Mataji: Eh?

Yogi: Caleb. [Shri Mataji laughs] Caleb's the one, Mother.

Shri Mataji: Who? [Yogis: "Caleb"] He is Samson? Who is Samson?

Yogi: Magda's son, Caleb.

Shri Mataji: Caleb is Samson? [Laughter] I didn't know! [Shri Mataji laughs].

So Maria, what is it now, next year will you do for Greece, hm?

Maria: Next year, as You wish Mother, we can do it this year if You like.

Shri Mataji: [Laughing] I think it's too early. We'll have to go, prepare, do something there...

Maria: We have to go at least one month in advance, Mother, before You come, to prepare something.

Shri Mataji: Yes.

Maria: And then we'll have to stay after ... in order to establish something.

Shri Mataji: You'll have to stick on there. Maria: I have written to Maria (Fujami?) and I have not received an answer yet, inviting her to come over here.

Shri Mataji: That's what I'm saying.

Now come along, you both can wash my feet first of all. One by one, so this space is given to others to also come along.

You just move on. Let it be now, it's not ready, just good, you see, you can put it on one side, this one put it on the here. Now you can light it. You both come along first of all to wash my feet.

Now what I'm saying, somebody who has to put the water should be here, and Gavin, you better guide what is to be read and what is to be done.

Now come along, both of you come. One of you should drop the - yes, you put the water, come along, she can do it, come that side. Now you, be careful, that's all fallen off. Yes. Why don't you put the light at the back there, somebody can gradually - with care, somebody with great care has to do it, there's oil in it, it's very heavy, it's very heavy!

Now, come along. Yes. Would be better if you put it there and then light it. Put it right first of all. I think Marcus knows how to do it, Marcus? Come along. Yes. You come along, you also. What about your watch, is it all right? Good. Wipe - now rub it, rub hard, rub hard, rub it hard.

Where is the matchbox? With sahaja yogis you won't find matchboxes! [Laughter, Shri Mataji laughs]. Rub it hard. Yes. They have offered it now. No need of...

Yogi: Say all Mother's mantras.

[Sahaja yogis recite Three Great Mantras]:

Om Twameva Sakshat, Shri Mahalakshmi, Mahasaraswati, Mahakali, Trigunatmika, Kundalini Sakshat, Shri Adi Shakti Sakshat, Shri Bhagavati Sakshat, Shri Mataji, Shri Nirmala Devi Namoh Namaha.

Om Twameva Sakshat, Shri Kalki Sakshat, Shri Adi Shakti Sakshat, Shri Bhagavati Sakshat, Shri Mataji, Shri Nirmala Devi Namoh Namaha.

Shri Mataji: [Aside to a person come to wash Her Feet] See now.

Yogis: Om Twameva Sakshat, Shri Kalki Sakshat, Shri Sahasrara Swamini Moksha Pradayini Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: [Aside to the person] May God bless you. Now let them come here. Rub it hard. Here. Void.

[A yogi reads out the Gospel of Matthew: 6,1-6.16-18]

Then Christ said unto his disciples: 2Therefore, when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets that they may have glory of men. Verily I say unto you, They have their reward. 3But when thou doest alms, let not thy left hand know what thy right hand doeth 4that thine alms may be in secret; and thy Father which sees thee in secret, himself shall reward thee openly. 5And when thou prayest, thou shalt not be as the hypocrites are, for they love to pray standing in the synagogues and in the corners of the streets that they may be seen of men. Verily I say unto you, They have their reward. 6But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which sees thee in secret shall reward thee openly.

7But when ye pray, use not vain repetitions as the heathen do, for they think that they shall be heard for their much speaking. 8Be not ye therefore like unto them, for your Father knows what things ye have need of before ye ask him. 9After this manner pray therefore: [Yogis join in] Our Father who are in heavens, Hallowed be thy name. 10Thy kingdom come. Thy will be done in earth, as it is in heaven. 11Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us; 13And lead us not into temptation, but deliver us from evil, for thine is the kingdom, the power and the glory, forever and ever. Amen.

Shri Mataji [aside to the people washing their Feet:] Good. Water... you take out in... this water.

Yogi: [From the Gospel of Saint John. (13.1) – King James Bible]From the Gospel of Saint John.

1Now before the feast of the passover, when Jesus knew that his hour was come that he should depart out of this world unto the Father, having loved his own which were in the world, he loved them unto the end. 2And supper being ended, the devil having now put into the heart of Judas Iscariot, Simon's son, to betray him; 3Jesus knowing that the Father had given all things into his hands, and that he was come from God, and went to God; 4He riseth from supper, and laid aside his garments; and took a towel, and girded himself. 5After that he poureth water into a bason, and began to wash the disciples' feet, and to wipe them with the towel wherewith he was girded. 6Then cometh he to Simon Peter: and Peter saith unto him, Lord, dost thou wash my feet? 7Jesus answered and said unto him, What I do thou knowest not now; but thou shalt know hereafter. 8Peter saith unto him, Thou shalt never wash my feet. Jesus answered him, If I wash thee not, thou hast no part with me. 9Simon Peter saith unto him, Lord, not my feet only, but also my hands and my head. 10Jesus saith unto him, He that is washed needeth not save to wash his feet, but is clean every whit: and ye are clean, but not all. 11For he knew who should betray him; therefore said he, Ye are not all clean.

12So after he had washed their feet, and had taken his garments, and was set down again, he said unto them, Know ye what I have done to you? 13Ye call me Master and Lord: and ye say well; for so I am. 14If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet. 15For I have given you an example, that ye should do as I have done to you. 16Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him.

17If ye know these things, happy are ye if ye do them.

Other yogi [continues]: 18I speak not of you all: I know whom I have chosen: but that the scripture may be fulfilled, He that eateth bread with me hath lifted up his heel against me. 19Now I tell you before it come, that, when it is come to pass, ye may believe that I am he. 20Verily, verily, I say unto you...

Shri Mataji: Loudly.

Yogi: He that receiveth whomsoever I send receiveth me; and he that receiveth me receiveth him that sent me.

21When Jesus had thus said, he was troubled in spirit, and testified, and said, Verily, verily, I say unto you, that one of you shall betray me. 22Then the disciples looked upon one another, doubting of whom he spake. 23Now there was leaning on Jesus' bosom one of his disciples, whom Jesus loved. 24Simon Peter therefore beckoned to him, that he should ask who it should be of whom he spake. 25He then lying on Jesus' breast saith unto him, Lord, who is it? 26Jesus answered, He it is, to whom...

Shri Mataji: Now somebody else should read, because he has to wash...

Yogi: I shall give a sop, when I have dipped it. And when he had dipped the sop, he gave it to Judas Iscariot, the son of Simon.

Shri Mataji: Simon, you come. You come, both of you, then David will do it also. He has to wash. Who else is there? David and who else? Let Pat come to join David. Pat is there? Come along. Yes. You wash my feet. Rub it hard.

Other yogi: 27And after the sop Satan entered into him. Then Jesus said unto him, That thou doest, do quickly. 28Now no man at the table knew for what intent he spake this unto him. 29For some of them thought, because Judas had the bag, that Jesus had said unto him, Buy those things that we have need of against the feast; or, that he should give something to the poor. 30He then having received the sop went immediately out: and it was night. 31Therefore, when he was gone out, Jesus said, Now is the Son of man glorified, and God is glorified in him. 32And if God be glorified in him, God shall also glorify him in himself, and shall straightway glorify him.

33Little children, yet a little while I am with you. Ye shall seek me: and as I said unto the Jews, Whither I go, ye cannot come; so now I say to you. 34A new commandment I give unto you, That ye shall love one another; as I have loved you, that ye shall also love one another. 35By this shall all men know that ye are my disciples, if ye have love one to another. 36Simon Peter said unto him, Lord, whither goest thou? Jesus answered him, [Whither] I go, thou canst not follow me now; but thou shalt follow me afterwards. 37Peter said unto him, Lord, why cannot I follow thee now? I will lay down my life for thy sake. 38Jesus answered him, Wilt thou lay down thy life for my sake? Verily, verily, I say unto thee, The cock shall not crow, till thou hast denied me thrice.

Shri Mataji (aside to the person washing Her Feet): It's all right. Put it a little bit...

Other yogi: 1Let not your heart be troubled: ye believe in God, believe also in me. 2In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. 3And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also. 4And whither I go ye know, and the way ye know.

5Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way? 6Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. 7If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

Shri Mataji: "Have seen Him": see, this point they miss!

Yogi: 8Philip saith unto him, Lord, show us the Father, and it sufficeth us. 9Jesus saith unto him, Have I been so long with you, and yet hast thou not known me, Philip? He that hath seen me hath seen the Father; and how sayest thou, Show us the Father?



10Believest thou not that I am in the Father, and the Father in me? The words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. 11Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. 12Verily, verily, I say unto you, He that believeth on me, the works that I do shall he also do; and greater works than these shall he do; because I go unto my Father. 13And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. 14If ye shall ask any thing in my name, I will do it.

Shri Mataji: Good, beautiful. [Aside to the people washing Her feet] Come. Good, now: you can take this water in something else this side. Take it. Take the other one now, better... Good.

Yogi: 15If ye love me, keep my commandments.

Shri Mataji: Loudly.

Yogi: 15If ye love me, keep my commandments. 16And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; 17Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you. 18I will not leave you comfortless: I will come to you. 19Yet a little while, and the world seeth me no more; but ye see me: because I live, ye shall live also. 20At that day ye shall know that I am in my Father, and ye in me, and I in you. 21He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father and I will love him ...

Shri Mataji: See now: First Commandment he said, that you love each other.

The disciples must love each other, he didn't say any Dick, Tom and Harry. First love the disciples, all of you should love each other, that's the main thing is. First thing is that. Second is, "My father".

See the relationship.

Yogi: ... and I will love him, and will manifest myself to him. 22Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world? 23Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him. 24He that loveth me not keepeth not my sayings: and the word which ye hear is (not) mine, but the Father's which sent me.

25These things have I spoken unto you, being yet present with you. 26But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. 27Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. 28Ye have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

Shri Mataji: Good. Start it with the high tones, will keep it up, you see. The thing is people must hear you. [To a person washing Her feet] Good. Now just see the hands - vibrations.

Gavin: And now I have told you before it come to pass, that, when it is come to pass, ye might believe. 30Hereafter I will not talk much with you: for the prince of this world cometh, and hath nothing in me. 31But that the world may know that I love the Father; and as the Father gave me commandment, even so I do.

Shri Mataji: Hm!

Yogi: Arise, let us go hence.

1I am the true vine, and my Father is the husbandman. 2Every branch in me that beareth not fruit he taketh away: and every

branch that beareth fruit, he purgeth it...

Shri Mataji: See!

Gavin: ... that it may bring forth more fruit.

3Now ye are clean through the word which I have spoken unto you. 4Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. 5I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing. 6If a man abide not in me, he is cast forth as a branch, and is withered; and men gather them, and cast them into the fire, and they are burned. 7If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you.

8Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.

9As the Father hath loved me, so have I loved you: continue ye in my love. 10If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.

Shri Mataji: All right. Now come along, now come. John and Don. Yes. Just take it in the bowl.

Gavin: 11These things have I spoken unto you, that my joy might remain in you, and that your joy might be full. 12This is my commandment, That ye love one another, as I have loved you. 13Greater love hath no man than this, that a man lay down his life for his friends. 14Ye are my friends, if ye do whatsoever I command you. 15Henceforth I call you not servants; for the servant knoweth not what his lord doeth: but I have called you friends; for all things that I have heard of my Father I have made known unto you.

Shri Mataji: Rub it hard. Hard. Hm. Very hard.

Yogi: 16Ye have not chosen me, but I have chosen you, and ordained you, that ye should go forth and bring forth fruit, and that your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it to you. 17These things I command you, that ye love one another. 18If the world hate you, ye know that it hated me before it hated you.

Shri Mataji: Throughout one Commandment. Just see. Because He knew that if you don't love each other, nobody is going to believe you.

Yogi: 19If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, therefore the world hateth you. 20Remember the word that I said unto you, The servant is not greater than his lord.

If they have persecuted me, they will also persecute you;

[Shri Mataji nods Her head affirmatively]

Yogi: ... if they have kept my saying, they will keep yours also. 21But all these things will they do unto you for my name's sake, because they know not him that sent me. 22If I had not come and spoken unto them, they had not had sin...

Shri Mataji: They had...?

Yogi [repeats]: They had not had sin. [Shri Mataji nods affirmatively]. But now they have no cloak for their sin. [Shri Mataji smiles]  
23He that hateth me hateth my Father also.

24If I had not done among them the works which none other man did, they had not had sin: but now have they both seen and

hated both me and my Father. But this cometh to pass, that the word might be fulfilled that is written in their law, They hated me without a cause.

Shri Mataji: See. Very true.

Yogi: 26But when the Comforter is come, whom I will send unto you from the Father, even the Spirit of truth, which proceedeth from the Father, he shall testify of me:

Shri Mataji: Spirit of Truth is the point. You see, you get the Spirit of Truth and then testify, you can testify.

Yogi: 27And ye also shall bear witness, because ye have been with me from the beginning.

Shri Mataji: From the very beginning. Though in Hebrew it may not be he or she, I think so. Not sure, but you see, must be some sort of a gender person.

[To the person washing Her feet] Now stop your movement, just stop it. Just keep it steady. Absolutely. Steady it. You still you are moving.

Other yogi: 1These things have I spoken unto you, that ye should not be offended. 2They shall put you out of the synagogues: yea, the time cometh, that whosoever killeth you will think that he doeth God service.

[Shri Mataji: "Better. Put your hands towards me"] 3And these things will they do unto you, because they have not known the Father, nor me. 4But these things have I told you, that when the time shall come, ye may remember that I told you of them. [Shri Mataji to the person washing Her feet: "All right?"]

And these things I said not unto you at the beginning, because I was with you. 5But now I go my way to him that sent me; and none of you asketh me, Whither goest thou? 6But because I have said these things unto you, sorrow hath filled your heart. 7Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you; but if I depart, I will send him unto you. 8And when he is come, he will reprove the world of sin, and of righteousness and of judgment. 9Of sin, because they believe not on me; 10Of righteousness...

Shri Mataji: I think you stand up, and say, you see, because people can't hear you. See now how clearly, again, just read it. How clear it is. What a nice chapter today.

Yogi [repeats]: 7Nevertheless I tell you the truth; It is expedient for you that I go away: for if I go not away, the Comforter will not come unto you; but if I depart, I will send Her [laughter, Shri Mataji smiles]unto you.

8And when She is come, She will reprove the world of sin, and of righteousness and of judgment: 9Of sin, because they believe not on me; 10Of righteousness, because I go to my Father, and ye see me no more; 11Of judgment, because the prince of this world is judged. 12I have yet many things to say unto you, but ye cannot hear (bear) them now.

Howbeit when She, the Spirit of truth, is come, She will guide you into all truth: for She shall not speak (of) himself; but whatsoever She shall hear, that shall She speak: and She will shew you things to come.

Shri Mataji: Whatsoever She saw.

Yogi (repeats): ... and SHE will shew you things to come.

Shri Mataji: No, before this sentence, what is it?

Yogi (repeats): 13Howbeit when Her, the Spirit of truth, is come, She will guide you into all truth: for She shall not speak of Herself; but whatsoever She shall hear, that shall She speak: and She will shew you things to come. 14She shall glorify me: for She shall receive of mine, and shall shew it unto you. 15All things that the Father hath are mine: therefore said I, that She shall take of mine, and shall shew it unto you. 16A little while, and ye shall not see me: and again, a little while, and ye shall see me, because I go to the Father.

Shri Mataji [to somebody washing Her feet]: Now better? Yes, better. Better now?

Just see on his head. Are you alright?

He is alright. Alright. Now. May God bless you [Shri Mataji makes bandhans around the person].

Other yogi: 17Then said some of his disciples among themselves, What is this that he saith unto thee - What is this that he saith unto us, A little while, and ye shall not see me: and again, a little while, and ye shall see me: (and), Because I go unto the Father? 18They said therefore, What is this that he saith, A little while? He cannot tell what he saith. 19Now Jesus knew that they were desirous to ask him, and said unto them, Do ye inquire among yourselves of that I said, A little while, and ye shall not see me: and again, a little while, and ye shall see me? 20Verily, verily, I say unto you, That ye shall weep and lament, but the world shall rejoice: and ye shall be sorrowful, but your sorrow shall be turned into joy. 21A woman when she is in travail hath sorrow, because her hour is come: but as soon as she is delivered of the child, she remembereth no more the anguish, for joy that a man is born unto the world. 22And ye now therefore - and ye now therefore have sorrow: but I will see, but I will see you again, and your heart shall rejoice, and your joy no man taketh from you. 23And in that day ye shall ask me nothing.

Shri Mataji: In that day, you see? You shall ask me nothing. [Shri Mataji smiles, laughter]

Yogi: Verily, verily, I say unto you, Whatsoever ye shall ask the Father in my name, he shall give it you. 24Hitherto have ye asked nothing in my name: ask, and ye shall receive, that your joy may be full. 25These things have I spoken unto you in proverbs: but the time cometh, when I shall no more speak unto you in proverbs [Shri Mataji laughs] but I shall shew you plainly of the Father. 26At that time of day ye shall ask in my name: and I say not unto you, that I will pray the Father for you: 27For the Father himself loveth you, because ye have loved me, and have believed that I came from God.

Shri Mataji: Beautiful. Now what more you want? Said everything! Read the Resurrection part, somewhere. [To the person washing Her feet] All right. First here make... this side. Did you tell? Good. Here. Now put your hands towards me. All right? Good. Now.

Can we – I was thinking – all right, for Mandy and Magda, you can come and wash my hands. Ken, one of the things. If you can bring a bucket or something you can put on that...

Yogi: [John, 19.41] 41Now in the place where he was crucified there was a garden; and in the garden a new sepulchre, wherein was never man yet laid. 42There laid they Jesus therefore because of the Jews' preparation day; for the sepulchre was nigh at hand.

1The first day of the week cometh Mary Magdalene early, when it was yet dark, unto the sepulchre, and seeth the stone taken away from the sepulchre. [Shri Mataji: "Get a bucket or something".] Then she runneth, and cometh to Simon Peter, and to the other disciple, whom Jesus loved, and saith unto them, They have taken away the Lord out of the sepulchre, and we do not know where they have laid him. [Shri Mataji: "Some bucket".] 3Peter therefore went forth, and that other disciple, and came to the sepulchre. 4So they ran both together: and the other disciple did outrun Peter, and came first to the sepulchre. 5And he stooping down, and looking in, saw the linen clothes lying; yet went he not in. 6Then cometh Simon Peter following him, and went into the sepulchre, and seeth the linen clothes lie, 7And the napkin, that was about his head, not lying with the linen clothes, but wrapped together in a place by itself. 8Then went in also that other disciple, which came first to the sepulchre, and he saw, and believed.

9For as yet they knew not the scripture, that he must rise again from the dead. 10Then the disciples went away again unto their own home. 11But Mary stood without at the sepulchre weeping: and as she wept, she stooped down, and looked into the sepulchre, 12And seeth two angels in white sitting, the one at the head, and the other at the feet, where the body of Jesus had lain. 13And they say unto her, Woman, why weepest thou? She saith unto them, Because they have taken away my Lord, and I know not where they have laid him. 14And when she had thus said, she turned herself back, and saw Jesus standing, and knew not that it was Jesus. 15Jesus saith unto her, Woman, why weepest thou? Whom seekest thou? She, supposing him to be the gardener, saith unto him, Sir, if thou have borne him hence, take (tell) me where thou hast laid him, and I will take him away. 16Jesus saith unto her, Mary. She turned herself, and saith unto him, Rabboni; which is to say, Master. Jesus saith unto her, Touch me not; for I am not yet ascended to my Father: but go to my brethren, and say unto them, I ascend unto my Father, and your Father; and to my God, and your God.

Shri Mataji [to one of the yoginis]: Left is catching. Just rub this left foot. Rub it. Just rub the left. All right. See, these two, two fingers up here, see, Vishuddhi and Agnya. Rub it hard.

Other yogi: 18Mary Magdalene came and told the disciples that she had seen the Lord, and that he had spoken these things unto her. 19Then the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace be unto you. 20And when he had so said, he shewed unto them his hands and his side. Then were the disciples glad, when they saw the Lord. 21Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you. 22And when he had said this, he breathed on them, and saith unto them, Receive ye the Holy Ghost: 23Whose soever sins ye remit, they are remitted unto them; and whose soever sins ye retain, they are retained.

24But Thomas, one of the twelve, called Didymus, was not with them when Jesus came. 25The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe. 26And after eight days again his disciples were within, and Thomas with them: then came Jesus, the doors being shut, and stood in the midst, and said, Peace be unto you. 27Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

28And Thomas answered and said unto him, My Lord and my God. 29Jesus saith unto him, Thomas, because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed. 30And many other signs truly did Jesus in the presence of his disciples, which are not written in this book: 31But these are written, that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through his name.

Shri Mataji: He tried to awaken their Kundalini. It's not written in this book; I wish they had written. Many Christians would have been saved [Shri Mataji smiles].

All right. So better? Wash my hands. Yes, two for one hand. Wash it. Hard Hold the another one.

Yogini [reads further]: After these things Jesus shewed himself again to the disciples at the sea ...

Shri Mataji: Stand up and read loudly, I can't hear you.

Yogini: 1After these things Jesus shewed himself again to the disciples at the sea of Tiberias; and on this wise shewed he himself. 2There were together Simon Peter, and Thomas called Didymus, and Nathanael of Cana in Galilee, and the sons of Zebedee, and two other of his disciples. 3Simon Peter saith unto them, I go a fishing. They say unto him, We also go with thee. They went forth, and entered into a ship immediately; and that night they caught nothing.

4But when the morning was now come, Jesus stood on the shore: but the disciples knew not that it was Jesus. 5Then Jesus saith unto them, Children, have ye any meat? They answered him, No. 6And he said unto them, Cast the net on the right side of

the ship, and ye shall find. They cast therefore, and now they were not able to draw it for the multitude of fishes. 7Therefore that disciple whom Jesus loved saith unto Peter, It is the Lord. Now when Simon Peter heard that it was the Lord, he girt his fisher's coat unto him, (for he was naked,) and did cast himself into the sea. 8And the other disciples came in a little ship; (for they were not far from land, but as it were two hundred cubits,) dragging the net with fishes.

9As soon then as they were come to the land, they saw a fire of coals there, and fish laid thereon, and bread. 10Jesus saith unto them, Bring of the fish which ye have now caught. 11Simon Peter went up, and drew the net to land full of great fishes, an hundred and fifty-three: and for all there were so many, yet was not the net broken.

12Jesus saith unto them, Come and dine. And none of the disciples durst ask him, Who art thou? knowing that it was the Lord. 13Jesus then cometh, and taketh the bread, and giveth them, and fish likewise. 14This is now the third time that Jesus shewed himself to his disciples, after that he was risen from the dead.

15So when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas... Simon, son of Jonas lovest thou me more than these? He saith unto him, Yea, Lord;...

Shri Mataji [to the person washing Her hands]: See the vibrations, are better now.

Yogini: ...thou knowest that I love thee. He saith unto him, Feed my lambs. [Shri Mataji aside: "We'll give something else"...]

16He saith to him again the second time, Simon, son of Jonas, lovest thou me? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my sheep. 17He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, Lord, thou knowest all these things; thou knowest that I love thee. Jesus saith unto him, Feed my sheep. 18Verily, verily, I say unto thee, When thou wast young, thou girdedst thyself, and walkedst whither thou wouldest: but when thou shalt be old, thou shalt stretch forth thy hands, and another shall gird thee, and carry thee whither thou wouldest not go.

19This spake he, signifying by what death he should glorify God. And when he had spoken this, he saith unto him, Follow me. 20Then Peter, turning about, seeth the disciple whom Jesus loved following; which also leaned on his breast at supper, and said, Lord, which is he that betrayeth thee?

21Peter seeing him saith to Jesus, Lord, and what shall this man do? 22Jesus saith unto him, If I will [Shri Mataji (aside): "Honey" ...] that he tarry till I come, what is that to thee?

Shri Mataji (aside): Honey, honey... honey.

Yogini: Follow thou me. 23Then went this saying abroad among the brethren, that that disciple should not die: yet Jesus said not unto him, He shall not die; but, If I will that he tarry till I come, what is that to thee? 24This is the disciple which testified of these things, and wrote these things: and we know that his testimony is true. 25And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that shall (should) be written.

Shri Mataji: Ah, you see, He said that, "Thou shalt not die." What does that mean? Nobody dies, isn't it? And that you'll be revived, you'll have an Eternal Life!

[To the people offering the elements]

Good. Now ... that should do. Just pour it. Yes. Is it over? You didn't show - read the Resurrection itself.

[To the people offering the elements] ... you should pour some honey also, pour something. Better. Honey is there. Pour all that.

It's good. That will do. Now. More milk.

More milk. Gavin? [Gavin: "Yes, Mother"] More milk. Good.

Gavin: [John 20: 19-23] 36And as they thus spake, Jesus himself stood in the midst of them, and saith unto them, Peace be unto you. 37But they were terrified and affrighted, and supposed that they had seen a spirit. 38And he said unto them, Why are ye troubled? and why do thoughts arise in your hearts? 39Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

Shri Mataji: That's it!

Gavin: 40And when he had thus spoken, he shewed them his hands and his feet. 41And while they yet believed not for joy, and wondered, he said unto them, Have ye here any meat? 42And they gave him a piece of a broiled fish, and of an honeycomb. 43And he took it, and did eat before them. 44And he said unto them, These are the words which I spake unto you, while I was yet with you, that all things must be fulfilled, which were written in the law of Moses, and in the prophets, and in the psalms, concerning me. 45Then opened he their understanding, that they might understand the scriptures, 46And said unto them, Thus it is written, and thus it behoved Christ to suffer, and to rise from the dead the third day: 47And that repentance and remission of sins should be preached in his name among all nations, beginning at Jerusalem. 48And ye are witnesses of these things. 49And, behold, I send the promise of my Father upon you...

Shri Mataji: Behold?

Gavin (repeats): ... I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.

Shri Mataji: Just read this one: "I'll tarry you...". [To the person] I'll have some more water.

Gavin: I'll tarry you in the city of Jerusalem, until ye be endued with power from on high.

Shri Mataji: Again, please. I didn't follow every word. "I will tarry you...".

[To the person pouring water in Her hands into the amrut] Yes.

Gavin [repeats loudly:] Behold, I send the promise of my Father upon you: but tarry ye in the city of Jerusalem, until ye be endued with power from on high.

Shri Mataji: See? [Shri Mataji smiles]

Gavin: And he led them out as far as to Bethany, and he lifted up his hands, and blessed them. 51And it came to pass, while he blessed them, he was parted from them, and carried up into heaven. 52And they worshipped him, and returned to Jerusalem with great joy: 53And were continually in the temple, praising and blessing God.

Shri Mataji: It's promised! I've said it many-a-times, you are promised!

[Aside] Very good. How I think should we do - we'll have food and then have havan? What is it? Is food ready or... We can have havan and then have the food, whichever way you see. I'm free tonight, for the whole night [laughter]. Whatever you say. Why this?

Gavin: Mother, for this puja we don't give You a sari. [A box is offered to Her]

Shri Mataji: Oh, good.

Gavin: We give You something more symbolic.

Shri Mataji: That's good. May God bless you. Beautiful. Can I open? Beautiful.

[Shri Mataji has difficulties opening the gift. Somebody: "Can you help?" A yogini is trying to help: "Comes off, Mother..."].

Gavin: What a granthi! [Laughter]

Shri Mataji: Really beautiful, Gavin. Really beautiful. What's in there? Gavin?

That's not good, that's too much. I don't know how you could think of all these things, this is too much.

Yogini: Mother? Mother? It's a real egg.

Shri Mataji: It's a real egg.

Yogini: Yes, Mother.

Shri Mataji: I know, I could feel the - could feel it. Must be duck's egg. Or something. It's very big, eh?

Some yogis: Goose.

Yogini: It's a goose egg.

Shri Mataji: Hm?

Yogini: Goose egg.

Shri Mataji: Goose egg. Very well done. Good. All right. And this one is? [A ring]

It's too much, Gavin, it's too much. Very beautiful. Thank you.

Gavin and yogis: Jai Mataji.

Shri Mataji: Thank you very much, thank you. It's so beautiful, you can't imagine. Very beautiful. It has that pradakshina round the Spirit [Shri Mataji shows the ring around Her finger. She probably refers to the fact that the ring has a ruby in the middle – the stone representing the heart - with a gold round frame around the ruby].

See? It's beautiful. What a choice, it's a beauty.

We shouldn't spend money on gold.

It's beautiful. It's too much, you shouldn't give so expensive things to me. Where did you get this egg? Real beauty I think [laughter]. It's quite an antique. Could you do it carefully, again, tie it up.



What an idea. I wish the egg that walks becomes like this, all adorned, with all the beauty. All the precious things.

[Some children bring some gift to Shri Mataji]

Yes? You brought this for me? Hello, what's that? This is what? This is what you've got? Eh? What's this for? Now what is there?

[Shri Mataji kisses the child] This. Hm?

It's flower? This is - flower? [Shri Mataji takes the little girl on Her lap]. What happened? You've been crying! Don't cry.

[She plays with a toy with the child]

Did you see this one is? What's that? She is becoming a farmer or what? [Laughter] See this flower. Good? Nice. (Laughter)

[Shri Mataji goes on playing tenderly with the little girl on Her lap] So what about chana? [Shri Mataji feeds chana to the child and laughs] Now what's that? She is getting taller!

So now, what is the programme, next? Is - what about dinner? Or should we have the puja first? Who is the in-charge?

I was saying that Nick should be in charge of this place and Norman should assist him, and they should form all the rules and regulations of this place.

And when Harry comes, his wife will look after the cooking side of it, and the cleanliness of the place, because she'll stay at home, and Harry will look after the Puja part.

I think to the other ashram also, whatever is needed you must do the needful, make it a comfortable place. And, any other problems with this place? You have got sufficient rugs and carpets to spread here? Nick?

Nick: We have about fourteen, Mother.

Shri Mataji: Hm?

Nick: We have about fourteen carpets...

Shri Mataji: Forty carpets.

Nick: Fourteen, that You bought for us.

Yogini: Fourteen.

Shri Mataji: Forty.

Yogini: Fourteen.

Shri Mataji: Fourteen.

Yogini: Yes.

Yogi: It's all the carpets You bought for us... (inaudible), Mother.

Shri Mataji: Yes. That's true, but what about for people in the bedrooms, are they all right for them or they need something more?

Yogi: I think there are a few, Mother, that still need some flooring.

Shri Mataji: Hm?

Yogi: There are some rooms that still need carpets, Mother.

Shri Mataji: They have parquet. But maybe you might need some - these carpets you brought, the other ones, door-to-door ones, have you spread them somewhere?

Yogi: Some of them, Mother. Most of them come in this area, here.

Shri Mataji: Area, hm. Yes. Do you know, these are little small for the bedrooms, I think. If there's any need of anything you should let us know, but you must keep some rooms vacant for the guests who are coming here. All right?

Yogi: Yes, Mother.

Shri Mataji: Some rooms must be kept. Norman, you would just go and see what you would like to keep some of them, comfortable ones, for the guests who come from anywhere else? And what about the food arrangements, are all right?

Yogi: No, I think this is being sorted out now, Mother.

Shri Mataji: Hm?

Yogi: We are sorting this out now, Mother...

Shri Mataji: What about the gas, gas connection?

Yogi: Gas is on, Mother.

Other yogi: It's on, Mother.

Shri Mataji: It's on. I mean, if you need, let me know. I don't know what are your needs, it's such a huge thing [Shri Mataji laughs] that I can't make out what you need and what you want. Is done very well, I should say. Agnya is done very well [Shri Mataji is looking at some decorations on the wall] and all these things.

Now what's that? It's a cake! [Shri Mataji laughs] All right. So, can you hold it for me? [Yogini: "Yes, Mother"]. Now, should I cut the cake first, and then take the flowers, all right?

Thank you. So this is to celebrate the resurrection of Christ. And resurrection of all the sahaja yogis. May God bless you all.

[Shri Mataji receives flowers] Thank you. Just beautiful. May God bless you. Hm. Good. Thank you. Hm. Thank you. Thank you. Thank you.

Very good vibrations. Put your hands under my feet, let's see, under, like that. Now put your head down there, let's see. Beautiful, good, great. Now let's see her. Let her come alright. Come along, put your foot, hands too. So, you have to tell me your names again. What's your name?

Girl: Lisa.

Shri Mataji: Hm?

Girl: Lisa.

Shri Mataji: Lisa. I know.

Do you like this kind of dress, Lisa? Next time for you also.

New one for Bumble – good, she is all right, I think she is all right – one for Athena, one for Olympia. They'll wear this kind of a dress. Eh? How will they look, very sweet. Let them wear saris, I think, next time - that would be the best [Shri Mataji laughs]. Imagine, Athena and Olympia wearing that [laughter]. Now, it's better. [Flowers] Thank you very much. May God bless you.

What is it now, Gavin?

Gavin: Mother, with Your permission, Arneau has written a dedication.

Shri Mataji: Who?

Gavin: Arneau sent it.

Shri Mataji: Oh, I see.

Gavin: And then we'd like to sing Your aarti, and then You could have Your supper.

Shri Mataji: All right. What is?

Gavin: After this we'll sing Your aarti, and then You may have Your supper.

Shri Mataji: All right. Please. [Shri Mataji laughs] All right, come along.

Gavin (reads): "Mother, for Your birthday, we have made a pledge: we should dedicate our life to Sahaja Yoga. What is this pledge, and to what extent can we follow this pledge?

We have to be collectively surrendered to our Beloved Mother.

We are collective the moment our Spirit rejoins Your Heart, Mother.

We are collective the moment Your Smile irradiates our beings.

We are collective the moment Your eyes of love and compassion pour into our heart their Divine flow of unequalled beauty.

We are collective the moment Your heart touches with softness and peace the inner part of our Selves; collective means one heart, in the Heart of the Divine. One smile, in the Smile of God Almighty; one joy melted in the Divine Joy of Your Glory, You, our Beloved Mother.

One sound, expressed through the extremely beautiful melody of Your Voice; then, we surrender to You. Surrender is a

happening; it is the exchange of love between the Mother and the child.

Let us melt Your Heart, let us dissolve ourselves in the inner part of Your Heart; so that we can see and feel the glory of Your Becoming; the tenderness of Your Face and the grace of Your Hands.

But surrender is more: surrender is action magnified through collectivity. How can we love You, Mother, if we do not act? [Shri Mataji seems to say in a low voice: "Wah"]

How can we follow You if we don't find?

How can we be the Golden Builders, if we do not build Your love and compassion in our hearts?

Let us pray to You, Mother, to be Your soldiers, the soldiers of truth and of righteousness. Please, take out our passivity.

Kill our inaction. Destroy our apathy.

Brothers and sisters, let us wake up to gain the battlefield: are we sahaja yogis or are we cowards? Do we realise that we are the children of Adi Shakti? Do we see, every second of our life, that She is Almighty, that everything which lives and pulsates comes from Her, and goes to Her? That the whole universe is in Her command, and bows at Her Lotus Feet? That all the angels are protecting us, to win the war?

We are not allowed to sit down, we have to stand up, to take the sword, to hold it firm in our hands: what is more glorious and beautiful than to fight alongside our Beloved Mother?

When in the middle of the battlefield we feel all is against us, let us just pronounce Her Name in our heart: Your Name, Mother, like a pure river, cleans and eliminates our fears and doubts, fills us with confidence and joy, courage and faith, because Your Name is the Name of God Almighty; let us collectively surrender to You, extreme beauty, extraordinary glory, eternal purity, cosmic power, greatest love, unsurpassed splendour shining all over the universe - Mother, Mother of all the Mothers, Mother of Your devoted children, this is our pledge; and with Your grace and blessings, therefore reside in our heart forever".

Shri Mataji: What beauty. Beautiful. [Shri Mataji laughs] More than any aarti. He realises, he realises the dimensions, all the dimensions of this great time he realises, you see; you can see it very clearly. It will work out; as I told you the other day, infrastructure, you see, has to work out, first of all, and the Kundalini will work out, and then it will spark. Nothing to be disappointed, it will work out. Kundalini will work out, but you have to be very strong about certain things, of loving others. Strong to love, is the point; of giving, of sacrificing, forbearing, enjoying it. Mildness, sweetness, gentleness, graciousness towards others; and towards yourself you have to be firm.

May God bless you all. May God bless you. May God bless you all.

Whatever is said in this prayer, be your own; may it happen to you; may it give you the manifestation of what is desired.

May God bless you.

I was thinking, David, you can along with Don and Gavin and all such people, you see, those who can talk to Mr. Bishop [of] Canterbury fellow, could go and see him, some of you, could go and see him, and tell him that this is the what it is, just for yourself; if She is the Comforter, if She is the One who has come, will it not be amiss for you, why not you first see Her and judge Her?

Yogi: Mother, Mother, the man on the radio said that if lots of people write to him, then it could be a hour-long programme. Would be good.

Shri Mataji: Better all of you write.

[PAUSE IN RECORDING, THEN A HAVAN IS PERFORMED.]

Gavin: Om twameva sakshat Shri Bhakti gamyā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Sharma dāyinī namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirādhārā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Niranjanā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirlepā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirmalā namaha.

Yogis: Om swaha.

Shri Mataji: Just put it to him, so that he can see ...

Gavin: Om twameva sakshat Shri Nishkalakā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nityā namaha.

Yogis: Om swaha.

Shri Mataji: Put it to him.

Gavin: Om twameva sakshat Shri Nirākārā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirākulā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirgunā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishkalā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishkāmā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirūpaplavā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nitya muktā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirvikārā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirāshrayā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirantarā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishkāranā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirūpādhi namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirīshwarā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirāgā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirmadā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishchintā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirahakārā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirmohā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirmamā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishpāpā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nisaoshayā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirbhavā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirvikalpā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirābādhā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirnāshā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishkriyā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nishparigrahā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nistulā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nīlachikurā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Nirapāyā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Niratyayā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Sukha-pradā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Sāndra-karunā namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Mahā-devī namaha.

Yogis: Om swaha.

Gavin: Om twameva sakshat Shri Mahā-pūjyā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Mahā-pātaka nāshinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Mahā-shakti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Mahā-māyā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Mahā-rati namaha.

Yogis: Om swaha.



Gavin: Om twameva Sakshat Shri Vishva-rūpā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Padm'āsanā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Bhagavatī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Rakshā-karī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Rākshasa-ghni namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Param'eshwarī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Nitya-yauvanā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Punya-labhyā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Achintya-rūpā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Parā-shakti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Gurū-mūrti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Ādi Shakti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Yogadā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Ekākinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sukh'ārādhyā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Shobhanā-sulabhā-gati namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sat-chid'ānanda-rūpinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Lajjā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Shubha-karī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Chandikā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Tri-gun'ātmikā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Mahatī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Prāna-rūpinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Paramānu namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Pāsha-hantrī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vīra-mātā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Gambhīrā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Garvitā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Kshipra-prasādinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sudhā-suti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Dharm'ādhārā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vishva-grāsā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Svasthā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Svabhāva-madhurā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Dhīra-samarchitā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Param'odārā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Shāshwatī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Lokātītā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sham'ātmikā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Līlā-vinodinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sadāshivā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Pushti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Chandra-nibhā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Ravi-prakhyā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Pāvan'ākuti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vishwa-garbhā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Chit-shakti namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vishwa-sākshinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vimalā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Varadā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vilāsinī namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vijayā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Vandāru-jana-vatsalā namaha.

Yogis: Om swaha.

Gavin: Om twameva Sakshat Shri Sahaja yoga dāyinī namaha.

Yogis: Om swaha.

Shri Mataji: Now. Now whatever you desire about Sahaja Yoga – you just desire in your heart that: “Many people should come to Sahaja Yoga, and that Sahaja Yoga should be accepted by people and that it should spread like wildfire in the West.” Ask the Agni itself, one hand towards that, one hand towards me.

[End of tape]

## 1982-0414, What is the need for Sahaja Yoga?

View [online](#).

14 April 1982

What Is The Need For Sahaja Yoga?

Public Program

Caxton Hall, London (England)

Talk Language: English | Transcript (English) – Reviewed

The other day, on the radio, they asked a very nice question, which I think I should handle first. The question was 'What is the difference between other sects and Sahaja Yoga?' It's a very good question because it gives you a relative idea as to what is reality, and what is not.

First of all, we should see what is the need of Sahaja Yoga. 'Sahaja', as you know, is 'Saha', means 'with', 'Ja' means 'born'; is born with you. Means is spontaneous, it is with you. What is with you is the right to be united with the Divine, that's, to be in yoga, to be united with God. Now, there are people who just don't believe in God, either – is quite possible, they are frightened to hear the name of God, because of various experiences they have had, the various ideologies that have prevailed. But God exists, no doubt, whether you like it or not. But unless and until you have felt the existence of God, to believe in God is difficult; one can understand that.

Now, what is Sahaja Yoga? In Sahaja Yoga what actually happens to a personality is this: that the sleeping power, or we can say un-awakened power within you, which is your germinating power, rises, passes through the various subtle centers within you, and pierces through this fontanel area, and, what we call it, as a 'baptism', as a blessing or the grace of the Holy Ghost, you get your realization. It's a happening, it's actualization, it is living, it is living. It is the blessing of the living God, not of an artificial one.

Like anybody calling you, says 'Alright, let me baptize you' and just puts their hand on the head; it may not be baptism at all, because how can he, because he has not raised your Kundalini? It's like any seed, supposing we have, and the seed, we say that this seed is living, alright? How do you prove it? Unless and until you germinate it, how can you prove that it's a living thing? So, the germination has to take place. Unless and until that happens, how can people believe in anything, whatever you may call it?

So, this rebirth has to take place, as everybody has told. Now, we need not sort of deny all that, defy all that, but we can keep ourselves open to understand what is the thing they are talking about. Now, why? What is the need, what is the need for a person to get his realization? That's the main thing. First of all, people have said, 'You are the Spirit'. All right, we may be so; why? What is the need to be the Spirit? We are all right as human beings, as flesh, everything; what is the need to be realized? And once you understand the need, then you'll understand what is Sahaja Yoga, and what the other sects are.

The need is this, that you are a part and parcel of the whole. Like a big primordial being you can think of, and He has many cells, and you are one of the cells. But you are not aware of it. You are not yet collective. Now, the difference between collective and a mass system is different. In a mass system, I mean, you can hypnotize complete masses – they'll start dancing, jumping, screaming, shouting. You can do what you like to masses; I mean, if the masses are of a weak-minded thing you can ask them to commit suicide. You can tell them anything they will do, if you just want to use the mass media. Like they become hysteric. Actually, it is a special thing within us which makes you mimic others; is a very ancient thing within us, very, very ancient, that we were – as animals – we used to do that.

See, you have seen birds. Have you ever seen the birds like cranes flying out? They always go in a triangular way, and as the one, the leader, turns, all the rest of them follow it, very automatically. So that's this instinct we had to follow others, you see, to copy others. That's a very deep training to our being, that we try to follow others, and that's why; what happens, we see some people going somewhere, so we think 'Oh, we should also do the same thing'. It's that competition between us.

See, this competitiveness has also come from the same seed within us of copying others. See, we try to copy others, like 'clubbing', now, we have a club, say, club of people who dress up like white, suits and things. Then there are clubs with a certain type of dress, or you can find, as I last time told you, yards and yards of black suiting's, walking in 'elite' societies. I mean, it's just clubbing you know. They just want to club it together, put it together, then uniforms are there, and then you have to wear the uniforms, and you sort of feel that you are a part of the mass. It's a part of the mass, now. Again, this is a mass thing.

But Sahaja Yoga is a collective thing. People talk of collectivity, all of them talk of collectivity, but it is only rational, it is artificial. For example, a husband and wife must live together happily. Now the reason for that they give is that if they don't live happily, this will happen to children, that will happen to children, that will happen, and that it may be that it won't be good for both of them, so we reason it out, go to a point, a 'rational' point you call it, a logical point where we say, 'Alright, we should not give up the relationship between husband and wife.'

But supposing husband and wife get realized. Then, what happens, they become aware of their duty as parents, aware. Awareness is a very different thing from just be in mass. Like, husband, wife feel that, you see, marriage is not thinking but you just feel it within yourself, not as a feeling of emotional style, but actually becomes your being. For example, after realization you start feeling the cool breeze in the hand. But supposing the husband wife are trying to deceive each other, immediately the vibrations will go away. They'll feel no cool breeze – it's finished. They cannot proceed more further within.

Supposing a person has bad habits, say some dirty habits he has developed in his childhood, and he's continuing with it. After realization, if he starts indulging into it, immediately he'll find he's feeling uneasy and his vibrations are lost. He becomes aware – means on his central nervous system he can feel the bad effects of what we call as 'bad'. He feels burning, he feels different centers are in trouble, I mean he can feel it just like as you can feel it hot and cold on your fingers.

So, when you become aware, then real collectivity can come. It is not a rational thing to say, 'Oh, we are interdependent, and we have to help each other. We must do this in a way that nobody should be harmed, that we should not be harmed.' All this rationality is not needed – for, supposing tomorrow, if somebody tries to put a pin through, immediately the other hand will go there and hit the person and this hand will go back. All the body will react, automatically. The whole body will react to aggression on one side, or any kind of problem, but it is aware. It is not doing with rationality, there is no, it is spontaneous. There is no question of anybody thinking about it, but it happens just spontaneously.

So, to preserve ourselves, to preserve our body, mind, everything, is a disintegrated action before realization. For example, before Realization, the brain will say, 'All right, you do like this', but the heart will say, 'No'. For example, supposing a man falls in love with a married woman, so the heart says, 'Oh, carry on, she's a nice lady.' Brain says, 'No it's not proper you see, disturbing her family life is not a good thing.' The dharma, the religion part in the stomach, which is also a reality, it is not the dharma we talk of in the church or anything. [The gentleman can come here, please, there's a seat here. May God bless you.]

So that can be done, but the realized person does everything in an integrated way. In an integrated way, like if he is in love with a married lady, immediately he cannot fall also, he cannot fall in love with a married lady, just will not, he just doesn't do. No question of them saying, 'Lead us not into temptation', you just don't do bad things. We just don't like it, because you become aware, and the awareness is not rational at all. We cannot think of awareness which is not rational, because whatever is not rational, according to us, is nonsensical, is erratical, is arbitrary, is nonsensical. But it is a sense that develops with you. It's an actual sense within you that develops, not the way it is developed with thinking, the sense with your mind, but the sense in your organs, in your body, in your being and in your heart, that you just don't do it. This is awareness and this is collectivity, and those who cannot rise to collectivity cannot be good Sahaja Yogis.

And once you understand that this comes through the awakening of your spirit, then you understand all the problems of the world can only be solved if human beings become that collective being. That collective being is the Spirit, and this collective being, if it is, if it is somehow awakened in our attention, then we automatically become that. Automatically we become collectively conscious. We don't have to rationalize it – just there. Means a little child will immediately say 'Oh, Mother, see, this

man has got problems.' 'Now, how do you know?' 'Oh, all my fingers are burning.' That person is not denounced because he's not well, whatever may be the problem. That person is not discarded, nor is told that he's good for nothing, but immediately you feel the problem as a witness of that person, and you have a power, because you are collectively conscious.

As you can correct within yourself you can correct others also, because you are collectively conscious. Means you have the power to correct another person, to relieve him of the pain, troubles and everything, to help him out, to cure him, to do whatever is needed just by yourself. Because, at the point where you are, at the Spirit point, you are one with the Spirit. I would say, like, while I'm talking to you, I'm only connected with this to you, but supposing I was on a radio station, then I'm connected with many. That point of connection is the Spirit, and unless and until you have achieved that point of connection, the rest of your – all your doings – are good for nothing.

Now, what is the difference between a sect and Sahaja Yoga? In Sahaja Yoga, an individual, an individual; again, we are all individuals before Realization. The other day, as I told you in Easter, we are all like the eggs, and that's the sign of a human being, that he's still an egg. He lives in a shell, he thinks of himself, he thinks of his family, it's good in a way, he thinks of his country. Everything good, up to that point, because he's a shell. Whatever he tries to make himself big, you see, United Nations, everything you've been, but that shell business will remain in you. It will be there, showing results. But when you get that shell broken completely, you are a bird, you just fly out.

So, the Day of Resurrection, as I said, the Day of Resurrection, has started, is mentioned in the Koran, many a times, much more times than about the Day of Doom. This is the Day of Resurrection, where people have to be resurrected to be their Spirits, as Christ Himself has done that for us, by crossing the gates of Agnya chakra.

Now this is not a sect, because there is nothing unreal about it, nothing unreal. There's no hypnosis, nothing, you are completely aware of what you are doing, you are aware that there is your power within yourself, and that power is flowing, and that you become that power. But that power is not of domination, or overpowering anybody, but of love, but of love of God, which is doing each and every work of this world.

For these flowers have come out from that, these flowers become fruit because of that. Because of that power people conceive children, because of that you are born, because of that power you have become from amoeba to this stage.

So, that instinct of the mass is very much now prevalent, and used in this sense. They just give a mass feeling to people, that, you see, a competition is set in. First of all, in all these western cities, western cities especially, people are conscious of their money power. So, they use that also, so you pay some money; like on a horse, you pay a certain amount, they pay for a sect. 'So much money, I'll pay.' The other says, 'Have you paid so much?' I mean, you'll be surprised, in the elite societies they talk like that – 'Oh, these days, you know, I'm having so much of money, and I want to go and join a sect – this sect or that sect or that sect.' Because a competition has set in. Anywhere you see these musicians and singers when they sing. Actually, it was all maneuvered, it was all maneuvered in the beginning, that they get hold of some people who are weak-minded, who do not know their willpower, so to overpower them and use that instinct, that subconscious instinct in them to excite them, and once they're excited they all go mad, all go mad, and they become hysterical. And that hysteria is used today, out and out, by all the sects, and that's why people are so crazy. If you look at them, you can't believe they're anywhere near God. How can they be? They all look crazy, possessed, mad people. (17.09)

But this collectivity is to be understood in its own dimensions in Sahaja Yoga. This is the second task of Sahaja Yoga, which is more difficult than the first one. To give realization is not at all difficult, because it's a natural thing, it is within you, the time has come, the blossom time is there, you get realization without much difficulty. If not in one sitting, in second sitting you'll get it, no doubt, but to establish you as a collective cell of the whole is a very difficult thing, and unless and until you are that you are thrown out of the whole. If you don't become aware of it you are just thrown out.

Now, collectivity in Sahaja Yoga does not mean that you wear some kind of dresses – all of you wearing same kind of dresses, or doing the same type of thing, or jumping or any such thing which has no sensible logic in it. It is the collectivity that you feel



within yourself, that nearness you feel, not emotionally, also I would say, people think it's an emotional attachment to people. It's not emotionally also – it is beyond emotions, it is beyond thought, it is the Spirit. Because everybody has got this Spirit in them. Only thing, you have to become the Spirit.

Now anything you see, even, we can say, going to a temple. Now, in India, ladies are busy dressing up if they have to go to the temple. They'll find out 'What sari she's wearing, what sari am I going to wear?' like we do it in the churches also. We go there with our best dresses, just watching what dress she has on, then we come out of the church, directly we ask the question, 'Where did you get this one?', you see. So, the whole attention is on a social contact, a social 'mass' feeling within ourselves. So, we are not individuals at all at that time, not at all. First, we have to be absolute individuals, and then you become a complete, aware part of the whole.

But, if you are not an individual, say that's why people who belong to these sects, or belong to some sort of a commitment, or to an organized place, they find it difficult, because they are not yet prepared to accept that individual jump into the whole. If the whole of it comes, well and good. If the whole doesn't come, they are sticking on to it, though it can be very superficial also, like, you see, in England is a custom to put the fork and spoon in a particular way. In France it is different, in somewhere it is different. Now, even that can be a club-forming stuff for us, because, you see, we are Americans we'll put it this way, we are English we'll put it this way, if we are French, we'll put it this way. But it is such a superficial sort of a thing and if you go into it it's all superficial. All our clubbing is superficial.

Now, if you start getting after it and reacting against it, then you are destroying yourself. You are completely destroyed. There is no need to destroy anything like that, but to be understanding that 'this is superficial'. Nothing, you should not waste your energy in fighting anyone of these. There is no need to fight anything, to get out of it. There's no need to fight any such thing. What happens, that by fighting you lose your energy for nothing at all. On the contrary, you should understand that all these things are artificial, and you should wait for a moment when you get the reality. But if you fight them also there's a problem. If you don't fight them and you become one, there's a problem. So, both things are energy-sapping. We go on thinking, thinking, thinking about it, where do we reach? We reach nowhere.

So, Sahaja Yoga is a system which is the system of the nature. Is not a system of human beings, which is artificial, or an organization, or a mass movement, nothing of the kind! Is the system of the nature itself, which has made you a human being, an individual, now, like an egg.

Now this individual has to become, not the mass, which is an animal instinct, but to become collectively conscious, has to become. Is a consciousness, means on the central nervous system you feel that consciousness, and that is what is the reality. We go about into anything understanding that this is right, that is right, is all mental. If you understand everything whatever is mentally available, you are still in the shell. But what you feel is the point. What you feel on your central nervous system is your real consciousness. The rest of it is your mental activities, imagination, or whatever is mental is manmade, it has no meaning. Like we have written books after books, I don't know how many energies have been wasted in doing all sorts of things. Books after books are written about this, that, all kinds of yarns and yarns of, I should say, imaginary wanderings about things.

But that's not the thing, you see, it's within yourself. That's within yourself, is your own Spirit, that resides there in your heart, is your own power, which you should get. And if you can feel that power then you will be amazed that you don't have to have any United Nations Organization and all that. You really enter into the Kingdom of God in the sense that you get that power of love, which makes you extremely loving, sweet, I should say magnetic, extremely gentle, and also could be very powerful if it comes to use of power. It's extremely powerful. In your behaviour you become an extremely attractive person in the sense that you do not give trouble to others. You do not – on the contrary, you are a trouble-shooter, I should say, you are a person who is a peacemaker. Wherever you stand you create peace and happiness, but this is still outward. Inside, you are so tranquil and blissful, and the highest above is that you are so connected that, even verbally, if you ask any question, 'Is there God?' you start getting great vibrations. The rapport is established; you can see the rapport is now established; you can talk to God. (25.05)

It's easy to say that there is no God; it's very good, because then we have no headaches, people think, but all the headaches

come because of this kind of a belief also, that there is no God. And also, there will be headaches if you believe that there is God without knowing it. Both things, according to Me, are still the two sides of a pendulum. It is not in the centre, or we can say this is how we go to the right and to the left, but do not ascend. For the ascent, this actual thing, this living thing, this germination, has to take place, and that is why Sahaja Yoga transcends all these nonsensical sects, absolutely. It has no respect for them, it has no respect, because it saps the energy of human beings, it puts them down, it doesn't give them a chance to rise to their own power which is within themselves. But, with understanding that, after all, human beings are ignorant about it, they are not very sure, it's alright if they're involved with any other such things, doesn't matter.

But, in a sect, if you go – I was surprised, I went to a 'Unity Church' a Unity Church, imagine, Unity Church, in Houston. They were kind enough to invite me there and they didn't know how outspoken I was about things, you see, poor things were in for trouble I think, after My coming. But whatever it is, I was surprised; they were selling all kinds of books there, all kinds, which are satanic, which are mass movements, which are very detrimental to human beings, and they knew they were. Like, in a church they were selling books of a man who is treating licentiousness, permissiveness, can you imagine? Such a contradictory thing, I mean either Christ was wrong or this man was wrong, how can you have both the things together? And they were saying 'This is Unity'. This is not unity; this is not unity. This is such a superficial unity of getting all the dust, filth everything together and gold with it, and saying 'Now you have it'. Do you put in your food the poison and then eat it, because you want to unite it? You can only unite things which can be united. You cannot unite all the mess of the world together and say this is unity. You cannot unite Christ with a man who is teaching licentiousness, permissiveness and all kinds of dirty tricks.

So, one has to understand the mind plays a very big trick, that the mind itself is a very, very tricky thing, it's a very intelligent thing, and it beats you. And you start understanding, 'Oh, let it be, doesn't matter' and you start compromising. How can there be compromise between the food and the poison? Can you have strychnine with food? Simple thing as that. We have to separate, we have to say, 'This wrong, this is right.'

Whether people like it or not, if we have to respect human life, if you have to respect this great creation of God, if you have to see that they get what that is promised to them, are we going to play with their lives, with their body, with everything? Like there are some people who believe that drugs can take you to God. I mean, just imagine the absurdity of it. Now, thank God people know that drugs harm your attention, harm your awareness.

There was a book written, I was told, I met somebody in Vancouver, who has got a PhD, by a book which was written by – I've forgotten the name of the gentleman – who has described that the alcohol takes you to spiritual life. And I say absurd. The thing that goes against your awareness itself, how can it take you to awareness which is enlightened? It would be something like to cover this light, break all the bulbs, everything, and that will take you to light. It is absolutely absurd. The whole statement is absurd. You cannot go to God if you try to harm your body, harm your mind, harm yourself. Even a person who has had a bad childhood, who has suffered because of something, say war, or something, even such a person is a little less blessed in the beginning; we have to work on him to put his mind at rest, put his body at rest, to see that there is equilibrium within him, and then only he can get realization. Anybody who is a disturbed man, who is upset, we have to put it right.

(29.02) Now, some people have definitely felt that drugs are going to solve the problem, honestly they have felt it; I know they have been very honest about it. They have taken drugs; doesn't matter. That also can be neutralized, because you are seekers; you have just done that because you are seeking. Is that – the main thing is that you must see and that you must get it, is the main object of Sahaja Yoga, that is yours.

So, whatever may come, whatever may have happened, doesn't matter. It's going to be corrected, it's going to work out. And then, overnight, people give up because they realize that this is 'it'.

All problems of humanity are because we have not yet found out our Spirit, which is a collective being. All international problems, say, all your political problems, all your economic problems, come from that one thing which has not happened to human beings; you are still in transition.

I would say it would be something like people who are still in the water, getting halfway up and halfway down. They don't know whether we are to be saved or not. But once you have reached the shores that's all right. That's a little breakthrough that has to take place and people have to establish their collective consciousness.

So, there are many who get realization, you see, many come here, they get their realization, then disappear. I have seen. They feel very happy, everything done, now! Nothing; you have to become collectively conscious after that. Means you have to educate yourself to understand how to feel that collectivity within yourself. That is more important, more difficult for human beings, because they all like – what do you say? – a quick happening, a very quick happening. And a quick happening takes place, no doubt, but that quick happening is just taking you to a point where you have to stay, you have to become. If becoming is the thing, like an egg breaks into a nice little bird, but the bird must learn to fly. If it does not educate itself to fly, it remains something in between egg and bird, and anybody can eat that off. It has no quality as a bird which can save itself, protect itself, and can fly and enjoy. It has no quality of a bird if it is just roaming about like cock and hens, you see, when they were in the forest, they used to fly, I have seen these forest ones flying very high. They can fly just like an eagle, but if you see them on the ground, if they are settled down on the ground, they are eaten up by people who can catch them – anybody can catch them.

So, to have that quality, the quality of that collective being, one has to educate and rise above that shell system, that system that has bound them, that has made them an individual, which was important, to have a shell for you. The individuality was very, very important, otherwise you would not have been matured. So that, a time comes that shell must be broken. Like now, the car is important for me to bring down here, but I have to leave the car to come down inside. In the same way you have reached a certain stage that, up to that point it was alright, but you don't have to carry it on any further, and you have to settle down with the new dimension, a new life within you, and that's what is your second birth.

For this, God has placed everything within ourselves, you see there a system – did anybody speak about Kundalini? You should have. All right, doesn't matter. Now, you see, every time I don't want to repeat about Kundalini and all that. And there is a system within us called the Kundalini. All is within us. Now, it is very easy to sit down and say, 'Now, Mother, how do you say it is so?' I mean, it's good, you see, because people want to know about it, how is it we have the Kundalini in the triangular bone? And then we say that there are subtle centers which look after, I mean which manifest outside our gross centers, and all these things. We do talk about it, but you can all doubt, 'Let's see, how can there be such a (33.44) thing? How are we to believe You?' But why not? Because I'm not taking any money from you, nothing. By believing Me, what is your loss? It's nothing. Now the people who are here, you should see, and ask them. Their lives are all changed. They have become different people. They're enjoying themselves, they've got their own powers, they can manifest them, they have become experts. They look so simple, just like you, but if you see their faces you will see how blooming they are. Apart from that, that they know all about it, they are masters and scholars, and they are great gurus, sitting down here around you, and you can also become that.

So, there's nothing to doubt. But now, supposing you are a 'doubting Thomas', you see, you will doubt. I don't mind if you doubt, also. We'll try to solve the doubt. The main thing is of making you the Spirit. That's our job. For that we are here and you are also for that, so it is better to cooperate with us than to argue and discuss and spoil everybody's attention. You see, some people are such reactionaries, they come, ask questions, and when it comes to realization they just run away. Mostly we have seen such people, who sit down with a very doubting mind all the time, but for what are you doubting? What are you going to lose? What are you going to lose here? Nothing. If you have a cancer you can be cured. If you have mental problems they can be cured, all the problems can be cured as a blessing of God. It's true, and, apart from that, you become your own power. But if it is a mass system you don't doubt. You see so, for example, we go to church, we don't doubt, just we don't doubt. We don't doubt the priest, we don't doubt anybody. We go to a temple, we never doubt the priest, we just pay as everybody's paying – it's a mass system. It is not – here you are an individual, and that's why you doubt.

You are an individual now and you doubt, but I would suggest that better to have your realization than to waste your energy in doubting. Because if you are all seekers, you are going to get your realization, if not today, tomorrow. But only thing, why delay? Sooner the better. But if you have any questions, I would like to answer them.

We have all this Kundalini and all that and I wish Gavin had told you about it or somebody should have told you. Next time we'll have a lecture about Kundalini, what it is, how it gives realization, how it rises, how it pierces through different chakras, pierces through your fontanel bone area, and also how it gives you of these Chaitanya Lahiris, what we call as the 'Cool Breeze' in the hand: cool breeze of the Holy Ghost, and that's what you have to see.

Now, if you have any questions, you may ask, because when you are getting realization, I want you to be free, because you have to go beyond thought, and it just happens without any difficulty, there's nothing to worry. Now there are people who say that Kundalini's very dangerous and all that. Maybe for people who do not know anything about it – like if you put your hand inside this, you'll get a shock, because they don't what this means, you see, but the one who knows the job knows it – it's very simple. Even children can do it if they know it. If you have any questions, please ask me.

Please ask, if you have any questions. (Mother drinks water.) You should ask me some questions. How many of you have listened to the radio and have come? Any one of you? Is good, good. Yes, it's good. So, you thought it was very convincing? What he said it? Is it? Good. I'm happy. That's John (laughs). He's doing Theology, and he's now fed up. He says, 'Mother, theology is just talk, talk, talk, talk, talk' and but he should have said one more point, as I said. John and Fergy, is he here? Fergy, he's there. Both of them had gone, but he didn't say that you get your own power. You see, in a cult you do not get your power, you're just like mad, all of you, walking into some sort of a blind alley, but you don't know where you are leading to. You must know what you are doing, what it is, everything about it. (38.24)

Good, I'm happy that you were so convinced by his, this thing, but we found it impossible to handle these people of the media. Very funny upset people, I tell you. They don't want to – they abhor truth, I really tell you, they abhor truth. Most surprising is that when you tell them the truth they are really upset. They don't want to hear, you see. If you tell them some hanky-panky stories they are very happy and they would like to help you if there's a hanky-panky story behind it, but if you say, 'Oh, you can get your realization, you are the truth, you are the Spirit', they don't want to listen to you. They're very funny people, you know. They can't believe it can be fine – why shouldn't we have confidence in ourselves? After all, are we going to seek it again next year and next year? Why postpone it? If it is so, why not have it?

This is the first time the radio people have allowed somebody to speak, while Sahaja Yoga has been growing very slowly. If the media help us, you see, understanding how important it is and vital, that it should grow in these countries, because in India it's much easier, much easier, I mean thousands and thousands it's working out in the villages and all. But here, you see, media's so important and so powerful. Thank God we are not so developed, so we don't depend on media so much in India (laughs) and the newspaper people also understand that truth has to be there, and they help us, they have been very helpful in India, compared to here. Here nobody wants to even publish an article on Sahaja Yoga – nothing. Can you imagine? Nobody wants to do anything about it.

Question – Do all the Sahaja Yogis use your photograph when they meditate?

Yes, now, I don't know who told you that. I'd say it should not be told, because you see, people get frightened with the idea that why use My photograph, you see is the problem, it's this way. Now, see, the trouble is My photograph has got vibrations. Now, what to do? The problem is like this. It has tremendous vibrations, not only, but it can cure people. There was a boy in America who was down with blood cancer, and the parents of the boy came to see me in a very far-fetched village, and they wanted that the boy should be cured. So, I said, 'All right, give me his photograph, I'll work on it.' But in any case, I sent them, asked them to telephone one of the Sahaja Yogis in New York. She has only My photograph, and she used it and the boy is cured. Now, supposing if it is so, say it's a penicillin injection, or you can call it something, you see, a miracle drug, for example, say My photograph is, then should we not use it? Now, supposing it is, that's what it is. What can I do about it? I didn't know the camera would be so good, really, I didn't know. Camera is much more sensitive than human beings are, I must tell you. There are so many things that camera has caught up, which human beings cannot catch. Like, one day I was sitting in a village giving lecture in a place where a realized soul had died – a great realized soul. And the camera caught – I mean I can feel it, but you people do not see it with your eyes – a great flood of light was falling on My head – a flood of light, and the camera caught it, and six times

it happened and the camera caught it six times, and seventh time I just did like this and it stopped. Just there, in the camera. I don't know if they have brought the photograph, but we have that photograph with us and you can see for yourself, you see. Camera is so sensitive and so honest and so deep that the way things have been shown by a camera. The other day somebody took photograph of My feet in India, with that instant camera, and both My feet, you see, I was telling them that these two centers are working very much, and they are on the Feet, you see, and from My toe you could see a shaft of light coming out from one of the toes and one of the fingers, which I had said these centers are catching. So, camera caught it.

There must be something about me also, isn't it? Must be, of course. It's there, but is better to see and I always tell Sahaja Yogis not to tell about the photograph, just now to anyone, because if you tell them they get upset. You see, they think 'Oh, God, is She going to dominate me?' (laughs, general laughter). You know, we are so frightened of domination, isn't it, because people have been very dominating. But could be somebody loves you very much, that even the photograph of hers can love you so much, isn't it? Could be. Something we cannot think of – someone who is just love. And the photograph has that love within itself. You can use it as you like. Then there should be no objection.

None of the people before me were photographed. Christ was never photographed, Buddha was not photographed, even Mahommed was not photographed. This is the first time you have developed this wonderful thing called camera, and there's my photograph. What to do?

In Hong Kong, the lady who was in charge – I mean, Chinese have very wise people – and this lady, who was in charge of that TV center, she felt the vibrations and all that, and she said 'Mother, why not we use You on the TV?' I said, 'Good idea', and she put me there, on the TV for about three minutes, just standing, and she said. 'Just put your hands towards the photograph and see', and so many got cool breeze and they wrote to us saying that, 'We got cool breeze in our hands from Mother'. And we have established a center in Hong Kong, only by these things. If your TV people ever allow Me to do that, I could help, in a very great way, isn't it? And would you not like to do it? I mean, supposing you were in My place, it would have been better, I know, but you cannot be. Anybody in My place can come and do it, I'll be very happy. But that's the trouble, you see, Christ has to bear the Cross, He had to do it, nobody could do it. We don't mind Him doing that, but why should we mind Him being the Christ? Somebody has to do it. Alright?

And you will do it, too. Even you can give realization to people. You can give realization – all of them can give realization, they can cure, they are all experts sitting here, one better than the other. When you talk to them, you'll be amazed; they're all scholars! Somebody sitting next to you is quite good! (laughs) Both the sides, I should say!

It is rather difficult to accept a photograph, because it is said that you should not bow to any. It was said because there were no photographs before, nothing was there. Photograph is such a truthful thing. And you will see yourself, later on, then you won't give up, I know that, you'll like it. Alright?

Any other question? A photograph – we also have symbolic value for photographs, say, for example, we have the Queen's photograph here. We'll not spit on her photograph, will we? She's not there. Will you spit on her photograph, any one of you? Will not, because after all that photo, that thing represents something, is a symbol, isn't it? It may not give vibrations but definitely it is a symbol of something.

It is a co-efficiency of the whole thing that works out this. Even when I am talking to you, you'll be amazed, something is working out within yourself. The sound also carries the vibrations. You cannot see, but so many Sahaja Yogis have seen the vibrations going into it. You start seeing all these things. So, you have to develop up to that point, before that we don't tell you anything about how to become collectively conscious in a permanent way. In the beginning we just say, 'All right, you let us give you the light.' First you feel the light, then you start seeing everything. Nothing is compulsory in Sahaja Yoga, but you yourselves start doing things because you know it is so. (48.03)

Should we have realization? All right. Those who are new people should come forward. I would request – is better if all are on the second (row), all those who are realized should get up and these, if you look at these people, they look just like you, isn't it? But

they are all realized souls. They're all realized souls, and experts. This one is another expert. He used to sell wine before (laughs, general laughter). Yes, yes! It's true, yes. They are all around you, in front of you, behind you.

Can you come forward, please? Please. It's better. Please, there are seats there. Here are some seats if some people want to come down. It's better to be in the front seat, because later on, you see, if there is a problem with your Kundalini rising – why don't you come here, my child? Come along, you, both of you, come along. If there's any problem, then the Sahaja Yogis can look after it; they can raise the Kundalini with their own hands, because the power is flowing from their hands, you see; so they can raise the Kundalini and can give you realization, and then, once you have got realization, you can give realizations to others. Is as simple as that. Today they are realized souls, tomorrow you will be realized soul. All of you have to become realized souls.

How many will become, God alone knows, but there should be many, even in the West, where things are moving rather slowly compared to India. But it will, it will happen I'm sure. Now, for getting realization, it's a very simple method. Is that you have to expose yourself, your fingers. You see, these fingertips are the ends of all the sympathetic nervous system, and these two hands represent those seven centers, like one, two, three, four, five, six and seven. Seven centers, as you see in the hands there; exactly like that. You can even tally it later on, you can see. For example, if you have a liver trouble you can feel them on your fingers. Everything you can feel on your fingertips, they said 'On my fingertips', that's how you become an expert.

English language has many unconscious expressions, which has shown that, how you become realized.

Now, so, what happens, that you just have to close your eyes. First of all, you must close your eyes, because, when Kundalini rises and pierces through this center of Christ, then there's dilatation of the pupil, so we want your eyes to be closed at that time so the Kundalini rises smoothly, and then She pierces out from here. When She pierces out from here, you can feel the cool breeze coming out of your head, you can feel it, but you have to have little, melting of the sensitivity, you see. Some people are not so sensitive and they do not feel it. Doesn't matter. If you don't feel it today, you'll feel it tomorrow. But most of them feel it, and these people, are the Sahaja Yogis, will look after you. So, we have to be wise, we have to be sensible about it, and it will work out. It will work out with all of you, it has to work out, you are seekers, this is your right to have it, and you are having it because it is your right.

I am just here like – I tell all these people that I am like a 'bank', which is 'cashing your checks'. You have done good work in your last lives, and these lives, and you are not wrongdoers; you are good people. You are seekers, and you are seekers of God, of ancient times. You've come here to take your realization; you'd better get it. It's as simple as that. My job is to give you realization. I'm 'paid' for it; you can think like that, and that is what it is, and you have to have it. (52.20)

There is no quarrel between you and Me. If you don't want to have it, it's all right. But it is with Me all the time, safe; whenever you want, you can have it. But better to have it as soon as possible.

Now, put your hands towards Me like this, and just close your eyes. Just close your eyes and you'll be amazed the difference it will create. (Rubs Her hands together and drinks some water) Just put both the hands towards Me. I mean, it is a simple method. Why you are putting it because these centers must be exposed. Is important. Very simple; it is very simple method. Please close your eyes. Please close your eyes, just close your eyes.

Now, there are problems within ourselves. They show up in our Kundalini rising. Not to you, but to the people who are sitting here who are realized souls, and when you are realized souls you will also feel the same. At this time the problem is on the heart, there's too much pressure on the heart.

I would request all of you not to open your eyes, not to open your eyes, but put your right hand on your heart, inside your coat, jackets; just on the heart, especial on your heart, and in the heart resides the Spirit. Just put your left hand, and you can ask the question, a very fundamental question within your heart, you can ask Me a question within your heart, 'Mother, am I the Spirit?' Just to ask that question, because you are the Spirit; but just ask that question. Ask thrice. (Mother rubs Her hands together.)

Now, while talking to you about Sahaja Yoga I might have said something that might have upset you, or you might be thinking that 'I have done this wrong and that wrong', but forget the past. In Sahaja Yoga there's nothing like 'sin' when you come for your realization; it's all washed off, so don't worry about that, and don't feel guilty. If you feel guilty, of course there's a problem, but you just say, within yourself, in your heart, that 'Mother, I am not guilty'. You are not guilty at all anymore now. Anything you have done, anything that you think is very wrong, forget it for the time being. Just forget it, and say, thrice, 'Mother, I am not guilty'.

Now the third thing you have to ask is to say, 'Mother, am I my own master, am I my own guru?' Also, ask this question three times. (Mother rubs Her hands together.) Please put both the feet on the ground, in a straight way, you see the Mother Earth helps us by that.

Now, you may ask a question again, saying, 'Mother, am I the part and parcel of the whole?' Please don't feel guilty, please don't feel guilty, please don't feel guilty. It's a fashion, I tell you, feeling guilty; is a competition, who feels more guilty. People like to have some sort of 'Greek tragedies' artificially built around their lives. (chuckles; sound of Mother rubbing Her hands together and blowing).

Please ask the question 'Am I the part and parcel of the whole?' Just ask the question, please, because collectivity comes to people who are large-hearted, who are big-hearted, big people, who are not small. (Mother drinks water.)

[Long pause in tape.] (58.30)

Now, please put both the hands towards Me. Both the hands, and just say 'Mother, I have forgiven all the people. I've forgiven everyone.' Please put both the hands towards Me, and just forgive everyone, forgive everyone. Say 'I have forgiven everyone, Mother, I have forgiven everyone'. Forgive!

Now, you have to say this because I cannot go against your freedom, you are free to choose, so you have to say 'Mother, may I have my realization? Will You please give me realization?' because I cannot force it upon you, you have to ask for it. It's your freedom. Just ask for it. (Mother raises Kundalini and bandhans Sahasrara)

## 1982-0419, The Dawning of Realisation

View [online](#).

19 April 1982

The Dawning Of Realisation

Public Program

Caxton Hall, London (England)

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The Dawning of Realisation. Caxton Hall, London (UK), 19 April 1982.

[Last] time I talked to you about collectivity outside your own shell, how, after your Realisation, after your second birth, you become conscious that you are no more an egg but, now, you have become part and parcel of the whole. You realise it gradually.

In the beginning only what you feel is nothing but cool breeze blowing into your hands or maybe little tingling sometimes or maybe some heaviness, to begin with. But then, gradually you realise it. Some people do realise it in a very quick way. But as the infrastructure within is not properly fixed, Realisation comes very, very slowly. I spoke to you about our infrastructure within.

Now the faith in God or faith in anything that is Divine, also in the Divine Power, is not easy to achieve logically. Some people have faith in God because they have been taught from childhood that there is God. Maybe they think [that] by relying on something like God, somewhere in the air, they are doing better in life.

There could be many reasons why people have faith in God. But actually, when you feel the presence of Divine Power within you and outside, it is hard to believe that it is the Divine Power. And even if you know all about it, it is difficult to assume it.

It's sometimes a surprise to many Sahaja Yogis, when they see around people who have got Realisation, who have got cool breeze flowing from their hand and they disappear. They just can't understand such people that - how it has happened that these people have come to a program, one day, they have got Realisation, they have got cool breeze and then they have disappeared? Are they the people who are little-believers or half-baked or mediocres? Or what is it that they have no curiosity any further to go? Or that they are not intelligent enough to understand that there's something very dynamic, something very new, very natural [that] has happened to them?

It is not a cult, they can see for themselves, because as in a cult there's a mass hysteria or some abnormalities, there's no abnormality with these people, they are very normal. Despite all these things, all the proof to believe that there is Divine Power around us and that now it is flowing through you, it's there. But still people don't believe in it. Then why? What is the reason? We have to see what is the reason why we are not able to still accept that this is what it is.

The time when great incarnations were on this Earth, when people like Mohammed and people like Christ, Gautam Buddha, all these people came on this Earth - very recently I should say - nobody believed that they are incarnations or they are Son of God. I mean this is the only problem they had - to accept that He was Son of God. I mean this was the only problem they were struggling [with], all of them, whether they were Jews or Muslims and such communities, they could not accept that He was the Son of God. I mean what is the harm in accepting the situation. Supposing He is the Son of God, after all there's no property distribution going on, there's nothing like a will God has written that, "I'll give it to my Son," that we should contest it. But people could not accept it.

Now one may say that, at that time, that nobody felt the cool breeze, nobody felt the connection with the whole. But today also, today also the situation is the same. Situation is the same because of a single simple reason that: we ourselves are not integrated, we ourselves are not part of ourselves. Our mind is running one side; our body is running another side, our heart is running in another direction, our sense organs are running in a different direction, our liver is functioning in a different way. We



are not at all integrated ourselves. And as long as this integration is not there, even if you feel the Divine Power, even if you see the working of the Divine Power and mentally even if you accept that, "This is what is happening to us! It is there!" And you see for yourself, even, the pulsation of the Kundalini, the rising of the Kundalini, the breaking of the Sahasrara, even then it is difficult to believe that Sahaja Yoga is the only way to have your rebirth. On this point some people will fizzle out. The others will fizzle out that, "Why it's Mother who has to do it?" Then there could be other problems also with people that, "Why didn't happen to other people. They had to work very hard and why didn't they get Realisation?" How the mind works it is something very amazing. And as I know all the permutations and combinations of human negativity about his Realisation, I compassionately feel that it should be explained to them why they do it.

I know it's very frustrating sometimes and people feel so disgusted. I have seen some Sahaja Yogis thinking that, it's better to give up and cancel England out of the map of Sahaj Yoga, or cancel France out of the map of Sahaj Yoga. But that's not the way. We have to understand that their own connections are not yet built-in. For example, this machine on which I am speaking now, is connected to the mains. But if it is not connected within itself, it will not work out. Both things are important, that it should be connected outside as well as connected within. And that connection within is very, very much lacking in the modern human beings. There are many reasons for that.

First of all, a big movement started long time back, among human beings, to deny God. To keep it, at the most, as a formal discreet stuff. It's just a formal thing, you see, you don't talk of religion at all. You go to church, come back home or you go to a temple, come back home, sit down. You are a so-called Hindu or a Christian or a Muslim, or something like that, but don't discuss it. Because as soon as you start really discussing religion in the real way...I mean it's easy to give a sermon sitting on a pulpit, but to allow it to be discussed and logically sorted out, it's impossible to prove because it is mysterious.

It is a tremendous power that works it out. This tremendous power that works it out cannot be understood by normal human being; cannot be. The working of this is so dynamic and the dimensions into which it works out is so great, that a human mind cannot understand it, a normal [one]. Even a Sahaja Yogi, when he gets Realisation, is trying to understand, first, the dynamism of this Divine Power. And the dynamism of this Divine Power looks so simple, so simple, but they can't believe it that it could be that simple! For example, if I say, sitting down here you can find out about anyone, the way his Kundalini is. I mean this is something people can't just believe! It's too much for them to believe.

So, suddenly if you are exposed to something so dynamic, so great, so vast, so effective, so efficient, it is impossible for human mind to understand that there's such a great thing [that] existed all through. Because they never discussed it, they never talked about it. You are not supposed to talk about it and discuss it. That's the main thing. You cannot discuss religion.

And how far do we discuss even science? Like they'll say there is gravity in the Mother Earth. Alright. What is the nature of gravity in the Mother Earth? How is it there? Why is it there? On that point - finished! Science doesn't give that reason. They just say, "There is a pull of gravity in the Mother Earth." Finished! Beyond that, they do not want to discuss, they just say, "Alright, up to this point and beyond that nothing."

So if you go to a man who is a priest or a religious man or one who is talking about religion [he] will say, "Oh that's God's mystery. That's God's mystery, we cannot go. That's a mystery." So, one says that "You cannot go beyond that, it is so, and that's why we should not worry about God." The another one says, "Alright, this is the mystery and the mystery we cannot unravel." So, "I'm not a believer in a thing that exists," or "I am the believer of a thing that exists but I cannot explain it."

If you discuss a small thing [like] - how is it a particular flower becomes a fruit. That is not discussed, you see, in elite society, it is not to be discussed. At the most, you can talk about weather because there cannot be any quarrelling. Even a thing like Falkland Island should not be discussed. Maybe some Argentinean is sitting somewhere there, and he will be hurt about it, you see, or something might happen. So we are so careful as to what to discuss. But if people sit down and discuss it they will know that there is a tremendous working of the Divine Power around.

Can you count the amount of work it is doing? It's an impossibility. Like a flower becoming a fruit. Now take only one type of a

flower. How many there are in the whole world? I mean if you think of it you just feel that, "It's too much." We just cannot.

How this Mother Earth is moving with such a tremendous speed and we are just settled down nicely here? How many such suns and stars and constellations are moving? There's no end to it. If you go to the microscopic side: just see the skin and you will be surprised that it is 1/16th of an inch [and] has got such a beautiful, organised layer which works out all the five functions of the skin.

It is tremendous! And when seeing all these things, in going into science, if man doesn't want to realise that there must be a power that is doing all these organised things and there must be one organised personality or maybe a controlling thing that is working it out, then it means that they are trying to live with a myth because they cannot solve it.

The myth is that there is no God. This is the biggest myth I have ever heard. And to believe into such a thing that there is no God is just to accept, that as you are the highest of all, the lord of all the world, how can there be anybody higher? This is one of the biggest hurdles of human beings in the modern times. In the ancient times, olden times, it was so but it was not so much, to this extent that now man thinks that he is on top of the world and that he is the one who can guide the whole world and who can manage this and manage that. For example, I cured a patient about ten days back. I shouldn't say, "I cured," because it just happened that she got cured, through Sahaja Yoga. And she went to the hospital and the doctors saw her. And they said, "No, it can't be, how can you be cured? How can you say you are cured?" She said, "I am cured. I have no pain, nothing. I am perfectly alright and everything is functioning alright." "But how can it be?"

You see, not to accept anything comes from a fright that, if you accept something, if you accept that there is Divine Power, then perhaps you may have no position, no significance.

So to be compassionate to people who get Realisation, you have to tell them that, "It is not that you are overpowered by the ocean, but you become the ocean. The drop becomes the ocean. Not that the ocean overpowers you." Then it may be that you can go further with the second step where ego is little bit given assurance that, "You won't be finished."

The infrastructure has this one problem that, ego has separated all your inner being into different parts and anything that ego says or is pampered, is good. Good and ego's happiness are regarded as equal to each other.

Now, if you can overcome that first hurdle with people, that you become the ocean, that you become the guru, that you become empowered with your own powers, you have crossed some areas in a personality. And it's a fact. To begin with, it's a fact. But this area, actually, you get much later on. But better to promise that highest, you see. Like people promise that, "If you do this, you will get the Kingdom of Heaven." "Alright. Then what we'll get?" "Then you will get the Kingdom of Europe." "Then?" "Then you will get the Kingdom of England." And like that, you see, it moves. But if you tell them that, "You will get the Kingdom of your own Self."

They will say, "What's there?" "The Kingdom of your Self! Such an insipid stuff?"

So you have to start from the big stuff, saying that, "You become your own guru." Which is a fact! You do become your own guru. But that happens much later. But still if you tell them directly that, "You become your own guru." first, it will appeal to them.

They can start thinking immediately, "Alright, if we become the guru, we'll start a big cult, you see? We'll have a big cult, we'll have so much. I'll also have Rolls-Royces, 58 Rolls-Royces and I can demand this and that." All these things may start working in the mind of a person. Because the concept of a guru is also so nonsensical that it is not conceivable for people when you tell them, "You'll become your own guru." But if you tell them, "You'll become your own guru," they'll feel happy. And that's the point you've missed I think John, the other day when you spoke, that, "You will become your own guru, that you'll become."

But what does that mean? Actually that means that your own religion within you, your Ten Commandments within you will be enlightened; that you yourself will be correcting yourself all the time. That means you will guide yourself. Nobody else has to

guide you. You yourself will guide yourself. It means that. That you will have such a willpower that you will keep to righteousness, to correct living, to normal behaviours, to the middle path of life, to be compassionate, to be loving, to be honest and [that] all those things will come to you automatically. That you will give up all your bad habits. "You will become your own guru," means that. And that is what when you tell them before, it would be dangerous.

So, I would say that, first of all, if you have to say in a way that, "You will become your own guru," it should not be very much discussed and talked to people about. But [it] is a fact that, once our own Void or our own religion within us, sustenance power, becomes enlightened, if you see the light of that, then you enjoy that light, you enjoy your virtues, you enjoy your righteousness. And that righteousness when you start enjoying it, you stick on to that. But that happens later on.

The problem is [at] first only [what] you feel is tingling or maybe cool breeze. But this enlightenment of your sustenance happens later when you start enjoying your virtues, enjoying the virtues of others, enjoying the righteousness. And that is what is a difficult thing among human beings. And because of this delayed action people don't accept Sahaja Yoga. Because they want everything in a very fast way.

If they could feel the joy of enjoying the virtues and the righteousness just then, then they would not ask any questions. But in the structure of man this comes later on. Though you have to unravel that screw before but it is put back the last.

When the Kundalini rises in the Void it goes through this central-most channel called as brahmanadi. Is the central-most among the three nadis, channels, in the central channel. The central channel is Sushumna and concentrically there are three channels placed and the inner-most is brahmanadi. The other two are called as Chitra and Charini.

Now the first one, it just goes like a single thread of hair and pierces through the fontanel bone area. Now one may say that, "Why not..." You see we can blame God for this that, "Why not He had only one channel so that we could feel the impact of Realisation very fast?" But one has to understand that whatever God does is for our well-being and for our hita and for our understanding.

If you go the other way round you see, that when we start hurting our central path of Sushumna we start from outside. Like, you see if you go to a wrong guru, to a cult or to a wrong thing where you bend your head or you have faith in something that is artificial then the first channel is broken, is hurt. Now supposing if the whole of the Sushumna channel was made of only one tube-like channel, then the whole thing would have been finished. So, the first one, the outer-most is first attacked by our stupidity that we do - is to bow to someone who is a fake person. Or we go to things, we believe in things who is fake.

It is also harmed in the people who are very arrogant and think no end of themselves and they think that, "We are the lord of the whole world." That, "We can teach everyone, and everybody else has just to learn from us!" That, "We are the best sect or the best organisation or maybe the best religion or 'the chosen ones'."

Also there, first layer of the Charini is hurt.

So, at the very gross level it is first hit by these two types of people.

Now, the second one also can be hurt by people who practice all kinds of nonsensical things. Like I have met many Sahaja Yogis who have been to all kinds of nonsensical things and have practiced very perverted type of practices, very perverted, and all kinds of perverted ideas. Like, they will go to a cult - I have seen some people who have been to a cult, for example - and there it is preached that you should not even look at your wife, or some sort of a thing, nonsense. And they are having relations with other women.

Like there's another cult in India, I don't know it is spreading here also perhaps, where people believe that you should never get married and you should lead a very chaste life, you should be virgins. But the virgins have - what you call to men virgins in English language? Oh whatever it is! I don't know if you have any. But what you call them - men virgins, we call them brahmacharis and brahmacharinis. So the brahmacharis, you see the men virgins - I don't know if you have any cult like that, but I think the priests

are here like supposed to be brahmacharis. So the brahmacharis and the brahmacharinis should lead a life of complete celibacy and should not marry. They should not marry. Not that they should lead a life of celibacy. They should not marry. They should not marry, but there is no compulsion as to what sort of life you should lead!

Now, it is such a contrasting thing! You should not marry for what? For leading a celibate life. And then with that what is the other contrast you have? Is that you are leading a bad life with other people! That's allowed.

These kind of perversions when we have in life, or all kinds of perverted things we are doing these days in modern times, all sorts of improper things, touches the second nadi which is the Chitra. I mean, I can't even imagine! I don't know so many things what human beings do, to what extent. But these are the buffer nadis outside. And that's why there's the very subtle one which is called as the brahmanadi is used by Kundalini. But first, to begin with, when She rises, She tests you and finds out what sort of an ascent She's going to have.

So, only a thread will rise first of all. Because supposing if there is a hit on say five, six threads they are hurt and then they become very weak and they fall down. So, a very subtle, one thread we can say out of that, comes up to pierce the fontanel bone area.

Now this is the structure within us, which does this. Is done the same way as a seed sprouts or any living thing happens, like a flower becomes a fruit. It's the same way. It's a living process. So, when this one rises up and pierces the fontanel bone area, [at] that time, when there's a little touch with the All-pervading Power, which is subtle, by our subtlety you start feeling this cool breeze in the hand. But still there are two more nadis surrounding it which have to expand and get more of the Kundalini coming up.

So now we cannot blame God for this kind of doing because He knows that human beings are like this. We try all the time to ruin ourselves, morning till evening, in every way possible. Sometimes trying to please our ego or sometimes trying to please our superego - all our conditionings. First of all we never will accept any knowledge from anyone which is True Knowledge and we always want to try ourselves.

Now anybody who talks to us with the authority, with that purity and with that holiness we don't like such a person. We abhor! But anybody who plays upon our weaknesses, upon our ego and superego, who is really harming us and we are not aware that we are harmed by these things, we are not aware at all.

Like a person like Freud now: Freud must be a really [of] the category of Hitler. Hitler was on a very gross level but Freud was a subtler one. He has ruined human beings, absolutely! You can see that in Kundalini, how he has ruined the innocence of people. Their sense of shame, decency, decorum, which is a gross thing and by putting perversions into their heads now what we have are societies which are just like living like animals. And this is what one has to realise that the people who talk about harming us we accept them more than those who want to construct us.

Now those who want to construct us will definitely tell you that this is not the way it has to happen. Because if they have real concern and real worry about you, they are not bothered about their cheap popularity, they are not bothered about pleasing you for anything, because there is no gain as such, except for the satisfaction that you have told the Truth to people.

So this infrastructure that is within us, the more modern we become the worse it becomes. And this infrastructure, if it gets spoiling more, and more, and more, then it is an impossible task to communicate with them or to inform them of the Truth. Though they might feel cool breeze in the hand, they might get the experience and all that, but [it] doesn't fit into their head. I have known people who have done that way and sometimes it is amazing how thousands get Realisation and very few remain into that state where they want to gain the deeper significance of Sahaja Yoga.

Unless and until they get to the deeper significance of Sahaja Yoga, they are not going to accept it. They are not going to recognise it. It's a sad thing but it is so that, one has to touch the being very deeply because it's a beautiful being which is being

ruined by various things, as I have described to you. There's no end to it.

All these circumstances, keeping into view, one has to be very, very careful and compassionate towards people who are seeking and who are coming, because these are seekers of the ancient times they have been seeking.

Now, as the time has passed, of course, the communication of the Divine has improved, definitely it has improved. Because you have seen that we can give mass Realisation, people can get mass Realisation. You have seen in India that it can happen. So the communication from the Divine Power has improved, but the communication from the human power is reduced, reduced and also is very much wounded.

So if you see the Kundalini - I don't know if you can see the Kundalini of some people or most of you - you will be amazed that it is really a wounded Kundalini. She has hit many points which has hurt Her. Because you didn't respect, you didn't respect Her. You did not know how to respect Her nor you could meet people who guided you properly how to respect that special thing that God has given you, the special blessing of this Kundalini which is within you. Is the primule, is a very tender thing, is so beautiful, it is eternal within you which has to rise and give you Realisation.

Now this is your Mother, which is waiting for an opportunity to give you your Realisation. And this Mother has no way to come up because we have hurt the path through which She has to come and She is also jarred. I would say She is coiled like a tape within ourselves. This is the structure of this Mother. She is coiled in three-and-a-half coils and She has to rise. Now think of a tape recorder which is put on a sea which is turbulent and sharks are eating it off and then it is burnt - all sorts of things that can be used to damage it have been done. Still it is quite intact. Of course there are little problems with it. It is still quite powerful. It is still expecting that great happening for which you are born, for which you are seeking, for which you are on this Earth. She's there. You can't think of any human mechanism of that delicacy, that sensitivity, that beauty, that understanding and that strength. It's hopeful against hopes. And that is the thing still preserved there, because it is protected by your innocence which is still there, little bit left.

You see whatever you may try with your innocence, as you cannot create a complete vacuum, you cannot get rid of it the whole. So whatever part is left of your innocence is guarding that and that essence is still waiting, is there. Whatever you might have done, whatever wrongs you might have done makes no difference because Kundalini is intact.

But what is the problem is the other way round: that the mechanism of God is perfect. The mechanism of Divine Power to give Realisation to thousands is absolutely in perfect state. Absolutely, I can tell you. But to make your brains understand the importance of your Self, of your being, of your purpose, of your meaning, is difficult - because it is not integrated. Your heart does not know your brain and whatever happens to your heart is not communicated to your brain. If you reasonably see certain things and logically see something happening, still your heart may refuse if it's a weak heart, if it has weaknesses. But the Kundalini has the beauty to strengthen your heart, to strengthen your brain, to strengthen your liver, to strengthen all your being, and to integrate it, but She must be given a chance. If you don't give Her a chance, you are not fair to yourself. People are fair to others but when are they going to be fair to themselves?

Ego is the not the way we are going to be fair to ourself because ego is a nonsensical horse on which we are sitting. It's like John Gilpin's horse which takes you round and round the places reaches you nowhere for your wedding day. It's that kind of a nonsense. So if you are playing with John Gilpin's horse and if you are satisfied with it and you think it's a big fun, we are harming ourselves.

So to get to the real point is that to understand what is our infrastructure. The outside one is alright. We import things in India. We can import anything for India but we cannot take it to the villages, we have no way to there, there's no road. So that structure within us has to be built-in with our own coordination and cooperation. We have to cooperate with it. As God has taken all the care to build in the structure without, outside you, and also inside you He placed nice thing, and you were the trustee of that, you were in charge of that, but it is spoilt. So you must give time for this inner structure to come up.

Now some people are unnecessarily frightened also. I have seen some people frightened of I don't know what. Sometimes I think that we are frightened of too much of purity or of holiness or they are frightened of anything. For such people I would say they should read God's words about it, that you should not be frightened. He is compassion, He is love and these things are there. These are not the words of somebody who is giving you a sermon. I am telling you the Truth. It is there. But you have to come up to that point to feel that beauty of that Truth, to enjoy that Truth. And once you start enjoying that Truth then there's no problem for Me. There are some here sitting, quite a lot of them, who have felt that way. But you have to have understanding that the inner structure is still to be rebuilt and completely integrated and for this you have to give some time to yourself, some patience to yourself and some compassion. Not to be frustrated, disgusted with yourself.

Some cases have been very difficult, I know. It's impossible! I have to be very strict with them, I have to thrash them, do all kinds of things, but still there are cases which are to be thrashed out, doesn't matter. We'll work it together. Somehow, we'll manage it.

Thrashing doesn't mean real thrashing, but thrashing with love! And all these things have worked out with so many, so why not with you?

But you have to know one thing that you are seekers of ancient times and this is the time that was promised and this is the way you are going to get it. There's no doubt about it and instead of doubting it, please have it. Take it within yourself, allow it to permeate, work it out and see for yourself that the power you have got is the power of God's love.

May God bless you. Thank you.

I would like to have some questions if you have any, will be a good idea.

Somebody should come here. I mean sometimes you know, I can't hear some of their languages! I have a language problem. (laughing)

Gavin can you come down here. It's only this lifetime I have learnt English language, otherwise I never knew that before. Just anybody who wants to ask a question please ask, please. Go ahead! Not to be afraid of or frightened of anything. This is a temple you are in. No questions? It's very good.

Yes my child?

You see, to begin with, you have to have your Realisation so that you get the light within yourself. But the light is not so clear-cut in the beginning, all right? Then you have to have your chakras cleared out and you have to have your Kundalini up there all the time, to feel the whole thing working out. And for that, we have certain suggestions for you, how to clear out. Because you start feeling your chakras on your fingertips to begin with. You see, you start feeling them. So, you know that supposing now this chakra is catching, for example.

Seeker: Yes?

Shri Mataji: Now in your case, this one is catching, all right? Why, because you have a weak eyesight.

Seeker: What?

Shri Mataji: Weak eyesight. If you have a weak eyesight, then the - you see here, the cerebellum becomes weak at the back. All right? Now how to get better eyesight, how to get that portion corrected? We have a particular method by which we do. You see, by light, you have to put the light here. Then the sun's rays you have to take it in a particular way, and a little exercise is there which one has to do. And you'll be amazed, you may have to give up your spectacles very soon. It's like that. What I am saying, that it is pertaining to all the chakras on both the sides, means left and right.

Now the left side is the emotional side and the right side is the physical and the mental side. Now whatever are our problems on the Left side and the Right side, we have different methods by which we can correct.

Now if one method doesn't work out with you, maybe another may work out. But it does work out. As it is, the upsurge of the Kundalini itself solves many problems. Upsurge of the Kundalini.

So, the best thing to keep your chakras clear is to first of all, keep your heart clean, you see. You should keep your heart clean, means you should not allow bad thoughts to walk in. Now how do we do that? How to? Because if you are at the point- this one is, at thoughtless awareness point, then there is no thought. The first thing one has to do is to achieve that position when you are thoughtlessly aware, and that's not so difficult. There are so many ways by which you just sustain that position.

First of all, you jump out, absolutely you get the vibrations here, but then to put it down here is important because unless and until the Kundalini is kept here, the thoughts start coming from all the sides and then you cannot work it out so well.

But it works so fast, you can't imagine. I have known people who were alcoholics, next day they just gave up, Next day just they gave up. There are people like that: 'druggists and chemists' I call them, and just one day over, finished, over it.

It can be like that. So you see, depends on...But doesn't matter, not to get disgusted with yourself. You must love yourself, that's the main point is. That if you love yourself as I love you and I'm bothered about you, it will work out. It will work out.

Seeker: So love is important for us.

Shri Mataji: Beg your pardon?

Seeker: You have to love?

Shri Mataji: You have to...?

Seeker: You have to love yourself?

Shri Mataji: Yes, you have to love yourself. And in love, we don't try to harm ourselves. A mother who loves the child, she will also tell that, "Now don't do this. This is not good!" Supposing the child is trying to put finger into some fire or something. Isn't it? That's what happens to you. You start guiding yourself. You just don't do it. It just happens to you. You get that kind of a personality which does what is right, right for yourself.

And it is such a mutual thing, you see? But you must have patience [is] what I'm trying to say there. Don't get impatient with yourself. If you get impatient then love is decreased.

Seeker: Can't hear you.

Shri Mataji: Love is decreased in you. Alright? So you have to have patience with yourself. Because it may be, there might be some chakra is not clean as yet, may be, possibly. But when we have cured people who were suffering, say from blood cancer, who are great Sahaja Yogis today. So why not you? I mean, it's very easy. It has to be easy because it's a living process, alright?

Seeker: But what I want to know is, is it all free?

Shri Mataji: Oh, it's all free (laughter). Absolutely hundred percent. Hundred percent. Everything is absolutely free.

Seeker: But I myself ????

Shri Mataji: You should! Because you can imagine, if you love yourself, how much fees are you going to pay? (laughing) See, this is that much absurd, to say to pay fees for love!

You can't imagine a person who just loves you, just loves for love's sake. Can you think of someone? In our concept we can have someone, maybe. I think you had it in your concept otherwise I would not have been here! There is no fees. You don't talk of fees. Alright? No question. Everything is free. All my love, everything.

I don't know. I don't understand money. You will be amazed. I am hopelessly bad. I just don't understand. I am so bad that I just don't know anything. If you ask me to cash one check in the bank, I'll have to ask Gavin to write for me. I really don't know. I just can't learn about it, alright? But love I know. That I know very well. And you will also know. It's absolutely free. So just don't worry on that point. It has to be! This air, what do we pay for it? Nothing.

Now we have of course a place where people can stay and it's quite a nice place. And for your stay you have to pay about... they charge fifteen pounds per week, that's all, for staying in London. Some nice place we have got. Of course that, I will not pay for your stay there! That's what you have to pay for, if you are staying there, for your room where you stay. It's a very nice place it's a huge big place. For that you have to pay fifteen pounds as rent for the room. That's a different point. But you don't pay for my vibrations or for my knowledge or for anything. Alright? It should be made clear-cut. It doesn't mean it's a charity hospital where people can come and stay free, have food free. That's not the point. For your food and for your stay you have to pay.

Seeker: I understand. The course and the instruction is all free.

Shri Mataji: Absolutely. Not only, but all the attention your will have, free. All the complete attention, absolutely free. Is that clear now? It's amazing isn't it. but it is so.

Seeker: Yes, it's amazing.

Shri Mataji: Yes, it is so. Alright. What else? It's a good question he asked. Very sweet question, you know.

Seeker: Is there a danger if you awaken the Kundalini?

Shri Mataji: Who says that? Can I see the gentleman?

Seeker: It's me.

Shri Mataji: Ah, alright. Not at all. You have read?

Seeker: Surely if it rises too fast?

Shri Mataji: You see these are the people who are naïve. Not only that, but they are the people who do not know a word about Kundalini. Now, here are so many people sitting here... The Kundalini is your Mother, and awakening Her, how can there be a danger? Will there be a danger if you have to sprout a seed? It's a living process. How can there be a danger? You see these are stupid people or these are unholy people, unauthorised. They don't know a word about Kundalini. They try to put their hands onto wrong things, do all wrong things. It can be a possession. It can be anything. They don't know a word, they have no authority. You have to have authority. Divine authority should be there to raise the Kundalini. Like the Mother Earth, if you put a seed in the Mother earth, it will sprout. But supposing you open it and operate it and try to take out the primule, it will die. Alright?

There's no danger at all. There's no danger of any kind. How can there be, it's a living process. Apart from that, it is your breakthrough. It is your second birth.

Even when you were born, you never felt any pain, the mother had to go through. That's it. You don't have to feel anything. Of course the other Sahaja Yogis might feel your chakras and might feel a little pain here and there. But it's very little recording, to



know where you have the pain. But once you become a Sahaja Yogi, when you become an expert and you start giving Realisation, then you will also know about it. There is no danger of any kind at all.

Seeker: Are You saying that there's no danger if it's followed correctly when we awaken the Kundalini?

Shri Mataji: No you have to have Divine authority to awaken it. It's a living process as sprouting of the seed. You understand my point? So if you are ordained, not through any church or any temple or anything, but it's a God's ordain. Like, we can say, John the Baptist had that power when he came on this Earth. And there were many in India who had this power, who are ordained, I should say, who have a Divine Power within them flowing, who are capable of raising the Kundalini. They do it without any trouble. Even seeing them, you might get your rising. You see from my photograph, Gavin has got Realisation; he got his Realisation from my photograph, can you believe it? From my photograph only. So many got it from my photograph. So it can happen. It is a thing which is to be understood with proper patience, that God exists, and He has His own methods, His laws, and the way He works out is dynamic. Once you become that dynamic being, you will start seeing those working through your own hands. You do it.

Now in New York, two-three Sahaja Yogis cured a blood cancer patient and the patient went out of the hospital. I was not there, they cured. They just cured a blood cancer. You can do that yourself. Yes, it is too fantastic isn't it? But it is. It has been promised.

You see I was reading Koran and I was amazed that many-a-times it is: "The Day of Resurrection, the knowledge will be given to you." "The day of resurrection you will know all about this mystery." All this was written in there and what are these Muslims doing now? And what are the Christians doing? And what are the Hindus doing? just tell me. They are fighting over, whether they should play some music before the masjid (mosque) or not, that's all. It's stupid. It's all so gross that if you start thinking from that angle, I mean we really get lost, we don't know.

In the same way about Kundalini, those people who have written, I was amazed, a big book like that you see was saying, "Kundalini is in the stomach." I said, "How can that be?" It is not! You can see with your naked eye sometimes. I will show you if somebody has a big obstruction in the Nabhi Chakra, then you see it pulsating nicely, this triangular bone, very nicely, clearly you can see. You can see the movement of the Kundalini with your naked eyes. You can see the piercing of it. Absolutely without any harm to the person. On the contrary, the one who gets Realisation never get's any pain, that's the worst part of it. I wish they could get a little bit to know that there is problem. Only those who are giving Realisation get it a little bit, you know? Like the mother gets the pain, in the way. But not the ones who are getting it. They don't feel anything bad about it.

Supposing a madman comes here, you see, and sits here and he hits you, he doesn't feel anything that he's hitting you or anything. It's only you feel that you are hit, it is like that. Anybody comes with a problem here, we feel the little pain here and the little pain there, but they don't feel anything and we have to work it out on them and clear out because who is the other? They are within us.

To feel ourselves alright, we have to treat them. And how can we pay for that? For treating ourselves how can we pay? Do you see this point? Who is the other? They are part and parcel of you. Then you can't take any money, you can't grudge anything alright? We have to grow.

It's so simple as that. Can't believe it, isn't it? Because you have read too much about Kundalini I believe (laughing). Actually, you see, these people have no authority to write. But everybody can talk about God, about Kundalini, anything. You see that's the trouble. Who is going to stop them? There's no legal control over them. Anybody can say whatever they like. They say about Christ anything. I mean they write anything about anyone. I am amazed to see all this, but what to do? There's no legal protection for God! (laughing)

Any more question please?

There should be no fear of any kind. The day has come for you to have Realisation. You are going to get it. Only what request I

have to make, is that, even if you get Realisation today, just don't stop it at that point, that's all. You have to go further with it to correct yourself fully, to be the master. This is one thing you have to promise yourself. Because we'll work very hard, and we'll do anything that is possible, everything that is to be done, we'll really work very hard. And it will be brought out, you will feel your Realisation. But I have to make [a] very humble request, that you should not very speedily stop coming and think that, "Oh, now I've got Realisation, finished." No it's not that. Alright? That's something people feel, because sometimes they feel so elated at the first thing that they think, "Oh, now we've got Realisation, finished," and then after one year they come down with some sort of a problem. That's not good.

It grows slowly. Sahaja Yoga itself has grown very slowly in this country, and has taken its roots now, gradually. And I am sure it will take its roots into the hearts of many. Because this is a special country according to my own understanding.

All the knowledge, everything is free, again I say.

Alright? Now should we have Realisation? Let's have it. Alright?

So, can you take you your shoes, will help you a little more. You have to little bit coordinate because this Mother Earth, you know, she helps to suck out lots of our problems. You just take out your shoes, and I hope it's not very cold down there for you people. Just take out your shoes, that's all, just to take out your shoes.

I find some very good people today. There are some nice seekers. Better to come in front, all those who have come for the first time is a good idea. Please come forward, is a good idea to come forward. Yes. Not to have any apprehension, nothing. It's just you become because you are ready. It's like, as I said that an egg becomes a bird. That's what it happens. Alright, very good.

Now we have to know that, as we have shown here, there are on these tips of our fingers, first we feel the centres that are within us. And these are seven centres. This is the first centre, second, third, and then the fourth, fifth, sixth and the seventh. No I'm sorry, sixth and the seventh. These are the centres here.

Now these centres are seven, and these centres are seven. These join together to form the central path, like this. So the Left side and the Right side. And to feel- I mean medically also they accept that the sympathetic nervous system is expressed on the fingertips, that's all, they have reached to that point and they accept that. So when you put your hands towards me like this, just like this... And close your eyes... Just close your eyes.

Keep your eyes shut, for one reason that, when the Kundalini rises above Agnya Chakra, that is where my red mark is, then the pupils get dilated so, if your eyes are not closed then the Kundalini doesn't rise above that. So better keep the eyes shut for the Kundalini to rise above that centre, just.

## 1982-0422, All is so Beautifully Made

View [online](#).

22 April 1982

All Is So Beautifully Made

Public Program

Hampstead Friends Meeting House, Hampstead (England)

Talk Language: English | Transcript (English) – VERIFIED

Better? Good. You came before, did you, no?

So to continue with the same topic we had, about the infrastructure of a human being, about which I told you, that God has made this infrastructure very beautifully.

Even in nature if you see anything that is living, see a tree if you look at the tree, you'll be amazed, how the different channels that takes the sap upwards are so beautifully placed that there's no problem for water to rise. The suction in the water takes place because the sun shines and the water is sucked in.

The nature is so nicely built up, absolutely harmonious. When it is winter time the leaves drop out because the Mother Earth requires the nutrition and the leaves are not getting so much of sunshine, so there should be less surface exposed. The same nutrition is taken up again, and again, in the spring, you find again the beautiful leaves breaking through.

It's so beautifully worked out, the whole situation, the whole Universe is so beautifully made, and the infrastructure is so made that it receives all the blessings of the Divine without any difficulty. It rains and the nature receives it. If you've ever been to a forest, to a densest forest that you could think of, you'll be amazed how clean it is; and the fragrance of that place is so clean, nothing stagnates. How it operates and how it works out through sunshine, through rain, through wind.

In this whole Universe, now man is created, which is a problem. The infrastructure of man can be ruined by him; it's only he can do it. The trees cannot ruin themselves, can they? They stand up like witnesses, they just give, just give. Even when they die they give their wood. When they live they give their flowers, they give their shade, they give their beauty, they are giving, giving, giving, all the time. And the one who takes is this great epitome of creation - the human being. He's the recipient of all that. Then, he has got intelligence to receive everything from that and to use it for one's own purpose. That's how we are exploiting - I would say exploiting - the blessings of nature. That's good, that's what God wanted that we should really have the blessings of nature; that you are the monarchs of this Universe, so [that] everything stands in attention for your needs. While man, on his own, goes mad with his extreme behaviour. He doesn't think of his infrastructure which he can ruin. The problem is, only the man can ruin that; not only that but also the outer structure which is the atmosphere. You send one man to a forest, it's alright. If you send two hundred tigers to a forest, it's alright. But if you send ten men to a forest - finished! All the beauty is finished.

On one side, the sense of beauty, only human beings have got. The sense of understanding cleanliness only human beings have got. So they are the only enjoyers, they are the only enjoyers of all this. They are supposed to enjoy all this but there is something lacking in them which doesn't give the full enjoyment. When you look at a tree - today cherry blossom everywhere - then the thought starts coming, "How much they must have paid for this tree? How many years it must have taken?" All these mundane type of questions come to your mind. But supposing, by any chance, if no thoughts come into your mind, you just see, witness, could witness, then the joy that they are trying to give you and express would be complete within yourself.

That state we have not yet achieved: Always we have thoughts, thoughts which are all artificial. Thoughts that make you some sort of a imaginary person or, if you don't go to the subtler side, a very gross person. It's not reality. Imagination is not Reality and also the grossness is not. Like a poet might say that, "What a flower is there and its beautiful," and that and that. And all sort of stories he may build up about a flower, and a person who is not imaginary might say, "I don't know how much it will cost, how to

put it down, what is the use of this, how it can be economic."

Poetry is, of course, touches, subtler side of life, no doubt. And thank God Hampstead had so many great poets. But still is imaginary for other people. What you look at, and you think, may not be true for others. For example a person like Blake, who wrote all poetry, nobody understood Him. To understand Him also you have to have Realisation otherwise you can't understand Him at all.

So, whatever is rendered, on gross level or on imaginary level, by the nature, cannot be enjoyed by human beings to its full extent, cannot be. We think so. Look at the economic laws as they are that - "Wants in general are not satiable." Means that's not satisfying at all. I mean it says, it confesses. Today you want to have a car? Alright, you have a car. Then you want to have an aeroplane? Alright, you have an aeroplane. Then you want to have some sort of a thing. There's no end to it.

So it proves that the joy that you get out of material things also are not satisfying. Because at the state at which human beings are they cannot enjoy. They cannot enjoy anything, though they are supposed to enjoy everything, because they only have the capacity to enjoy. But there is something lacking in them by which they cannot enjoy anything. And what is that quality? What is that state? Because the connection for extracting joy has to be with the Spirit. Spirit is the connection which emits joy. There's no other way to enjoy life without remorse.

To be connected, first, with Spirit is the only way that we enjoy because joy doesn't have double side. Like people go for a ballroom dancing. Supposed to be enjoying. They come home and a big fight starts with them. God knows what they have enjoyed for! The enjoyment of life is only possible if we could get connected to the Spirit. And that connection to the Spirit, is only possible if you sprout into that, you become the Spirit. As Christ has said in very simple words that, "You are to be born again." Very simple. Looks very simple. But how? You are to be baptised, but how? Say I go to a theosophical college or some sort of a college and they say, "Now you have got a right to baptise." Now to any intelligent man does it appeal that way? Can it be possible? Baptism, if it's a living process, in which you have to get connected, connected with the Spirit, then what do you do about it? That means you have to achieve a state of mind, where you become the Spirit. That connection has to be established. If that connection is not established, then you cannot be a twice-born by certifying yourself. I have seen many people they said, "Mother, I am twice-born." I said, "How do you say you are twice-born?" "What is the certificate you have got of being twice-born?" You cannot just certify yourself. This is not a self-certification. Supposing a dog says: "I am a human being." Will you accept? No, I mean, he can go about, he can go about and say that, "I am a human being." But he doesn't become. It's a state, is a quality, which is, in evolution, has to be shown. It's an evolutionary quality. A fish, which has to become a tortoise has to become a tortoise. She can't just say that, "Oh! I am a tortoise. Oh! I am a tortoise."

This is where human ego comes in. By saying something you do not become. And this is one of the basic things we must know, that we have to become in actuality, in reality. We have to face up to it. And not believing in something because it is said. Anybody can say anything, what does it matter? You see, you raise this tongue and put it under your palate and say what you like! What does it take to write a book? You take some printer and you give him something to write, you can write any trash, any thing so-called, you can write about God, this, that and talk big, give sermons, have big organisations - but it's nothing of the kind.

Even supposing you have some animals, like dogs specially, I would say that. Now you make them dress up like little babies and this and that, make them dance and in a circus you might find they may become little bit like human beings, they might carry letters or may bring your children from the school - I mean they can do lots of such things - but will you call them human beings by any chance? I'm not saying the difference is so much but one has to understand one thing: that we have not yet become the Spirit. In all humility, let us accept this fact that we have to become the Spirit.

Now, supposing that is the only source of joy, if that is your real property within you, if that is the thing you have to achieve, supposing for that you have become a human being, then must you not all do that? It's logical that life has no meaning without it, you see. You make a candle and you put a wick in that and do everything with it and when there is darkness, you say, "What are we to do now?" Enlighten that light! It's so simple. The whole Existence itself will have no meaning if we do not become the Spirit. We all have to become the Spirit otherwise we are useless. We are good for nothing. Our lives has no meaning.

Now when somebody says like that, I could be another what you call hypocrite, or could be what you call them false, fake guru, I could be like that myself, telling you big stories. Could be possible. Alright? Anybody could be like that. But why cheat yourself, is the point. Let anybody try to cheat you, but you don't cheat yourself. You accept one simple point that you have to become the Spirit, in all humility, and that is one wish a seeker should have.

I have known seekers, they try all kinds of things. Like a gentleman had a very bad this centre and asked him, "What have you been doing?" He said, "There's some Rompashompa man. He's written some books, of the third eye and I'm going to operate, and my third eye is going to come out." I said, "What? Who has told you that?" He said, "There are books after books on this." I said, "Really?" And how dare this fellow do that thing. By operating here if you get the third eye...(laughing). And he was doing all kinds of nonsensical things believing in that man, and his, this centre itself was ruined. I said, "But see the fellow what is he doing himself?" You see, that's the best part of it. You see God has given us not only brains, but wisdom. God has given us wisdom and we should use that wisdom, and judge these people on these lines to see what they are telling us. Most of them are ruining your infrastructure. I would not care for anyone of them if they were just smuggling money or making you poor, doesn't matter, in the Kingdom of God, doesn't matter. Alright, if they want money, give them away - finished! There are many smugglers, thugs and robbers and swindlers. All sorts of people are in this world, you see. There are thousand and one words to describe them. But they are spoiling your infrastructure is the problem. And when they spoil that infrastructure, then this happening of Kundalini awakening takes time, there's the problem. People develop diseases, they develop emotional problems, mental problems, all kinds of problems with all these things.

Actually you must know that, if you are a seeker, and if you seek, you have to become absolutely a normal person. All your abnormalities must drop out. If they don't drop out then you should know that you still have some horns coming out! But people don't understand that being abnormal is (means) going down. Anybody who thinks that he can paint his hair, or wear a funny dress, walk about, he'll achieve God, I don't know how to tell them that this is not the way. Or anybody who thinks that [if] he behaves in a funny manner or shouts and screams and says the prayers very loudly on the street and do all these shows, will go to God - is not possible.

Only way is to keep your wisdom intact: your steadfast faith that you are the Spirit and God is compassion and He will make you the Spirit. This is the only thing that is needed in a seeker. But without wisdom when you try any one of these things then you have to go [in] a very round circle to come to the same point but completely bruised, wounded, and sometimes absolutely sick to death.

The problem today is very complex. Your infrastructure is spoilt not only by these pseudo people [but] also by so many other things which we have taken to: the society, the family life, the addictions, the habits, and so many things have crawled into us and have woven such a net that to get out of it is not possible. There's only one way to get out of it.

Once, as a child, I had read a story about some birds: A net was cast, and so many birds, doves, they were caught in the net. And they discovered that, "We are misled, misguided." They saw some grains and they were misguided. So how to get out of the net? Was impossible for them. Is an impossibility. One person cannot get out. One person tries to get out, others get more entangled and he gets even worse. So what to do? They all said, "Why not we all fly out with the net itself? And then with our beaks we'll cut out this net, and we'll be freed, but first get out from here. Put our energy together, all of us and let's fly out." And that's what they did. They spread their wings, all of them put together, and took off. And off they went and they were freed. Today's Sahaja Yoga is that kind of a trick. One person cannot work it out - is impossible. If one person has to do it, it's an impossibility. He has to go and live in a cave permanently. Any one person even endowed with powers like Christ, comes on this earth is crucified - finished! Three years, He's crucified. Nobody understood Him. So we have to have many more, to get out of this net, which is created through the efforts of these pseudo people, through our stupidity, our wrong doings, misguidances - all kinds of problems which are against evolution. One has to become a whole group to lift up the society higher so that you can really get rid of the shackles of this bondage.

Could be there are some gurus in India who are good gurus who are Realised souls, who have taken many lives to be Realised and they are very clean people, all that is there, no doubt. But they are very few and they all live in the forest hiding in the caves, and even I told them, "Why don't you come down from your hidings?" They said, "It's better we are safe here." Their legs are broken, hands are broken. You see people have never tolerated them. So, according to them, after twelve years, I think during all My stay in England perhaps, they'll be better off to come down - people won't hurt them so much. One fellow was beaten up so much that all his backbone was finished. So real gurus are just hiding. And the ones who out are just moneymaking propositions - simple thing as that - because they know how to pamper your ego, to play upon your weaknesses, to make you more embedded into that net, into that mire, and take full advantage of you, that's why they are here.

People don't like it [if I say that]. People get identified with that kind of a chain, but that's not freedom. Freedom is when you really get your own powers which are within you. You have got your own powers. You have to be your own guru. You must reach that point from where you guide yourself, in such a way that the guiding lines become part and parcel of you. That means in your central nervous system, in your conscious mind you must feel the existence of the Spirit. This is what is the evolutionary process. This is what you have to achieve and all other talks are absolutely of no value.

Let us face it! There's no flowery talk needed for it, nothing of the kind. It's a doing. Supposing I tell you, alright, if you have to make such and such cake, you mix this, mix that, mix that, mix that, is alright. But when you mix that you find a poison is created out of that. Another person can say, "Alright I'll mix this, mix that and you have the cake," and there's no cake nothing, then what do you eat?

So all these talks and all these organisations and everything has no meaning of any kind. It doesn't empower you to be the Spirit. I am not here to denounce anybody or to make anybody low or anything but what I think that they are wasting their energy and your energy and their energy. Why don't they accept that for years together they have been doing all this nonsense and they have achieved nothing. My main concern is that why don't they see it? Why are they so mass-minded? Why don't they see it clearly that these people haven't achieved anything and what are we going to achieve? "What my father did my grandfather did, my great-grandfather did, I am doing the same thing and I have not achieved anything as they have not achieved anything. Why not?" Every scientific-minded person should think like that. Every religious person should think that this religion, if it has any meaning, it's not giving any fruits [from] what is written in there. In the Islam, if you read, I don't know if you people have read Koran, but is written that there will be a day of Resurrection. That Resurrection has to take place, has been said by every one of them. But what about that? Nobody wants to talk. They'll only talk about the day of the doom because then they can have a nice money you see frightening you. "The day of the Doom is coming better give money." As if God understands your bank accounts. You haven't paid any money so far. Every such artificial type of thing is accepted by reasonably wise, sensible, educated, mature people and they find it impossible to get out of it. This is a clubbing, it's a mass thing.

Know you are an individual just now, to think for yourself. God has made you an individual. You are like an egg which is an individual, we can say. You have to think about it. You have to judge about it to find out. And then you become the collective and that means you become aware of your collectivity - aware. Collectivity doesn't mean mass reaction. Like ten people start dancing, "Oh that's a very good cult you know." What do they do? They just stand up and dance. I mean for that, how much do you have to pay? Only ten pounds, that's all? You just go there, take out your clothes and dance, finished. You get to God. Very simple method, and people believe in it. I tell you people believe in it. They believe in all these tall stories. The simple thing they have to see, "Have we become our Spirit?" A simple question we should ask ourself, "Is it for our Spirit? Is there any rapport established with that Divine Power?" Have you felt that Divine Power anywhere?

And when we are not keeping our minds steady on this point, we can be ruined. This all this structure gets spoiled, which is a very delicately made, beautifully made, God has made it the best of all, better than all the trees put together, all the animals put together, everything, is the epitome of His creation is man. Except for one thing: that he has been given freedom to choose. It had to go. That had to be done. If you don't give freedom at this stage, how can you enter into complete freedom? If you do not know how to use your freedom...supposing a man who doesn't know how to use his freedom he goes about [with] daggers, killing this killing that killing that person or starts killing himself, it can be both ways. There are some who start killing others or

start killing themselves. Will you give him a freedom? Even in a normal way we don't give him freedom to go about killing others, or killing himself. So he has to have idea of using his freedom towards himself and towards others, and that freedom we have to use. And if we have used it properly, wisely, then there's no problem because it's made so beautifully.

I told you how Kundalini is placed. How She is placed, at the safest point and how She's coiled up and how these centres are kept so subtly within your medulla oblongata in your spinal chord. How it is protected and how this Agnya Chakra is placed between pituitary and pineal on the optic chiasma point and how the Sahasrara is made so beautifully - is amazing. Only thing [is] the light of Spirit has to come to enlighten all that, that's all, nothing more needed. You have to just choose that, sensibly, that you have to become the Spirit.

You cannot force on the organisation of God anything. He is on His own. His organisation on His own. Only thing you can do is to enter into His Kingdom and become a part and parcel of that blissful domain. You would never like to change it either, it is so wonderful. It is so protective, is so loving, is so gentle, so kind, so compassionate, that you would hate to change that organisation. But we do! We try to organise God even.

For people who think that that is the ultimate you have to seek, it's all arranged to enter into the Kingdom of God. The time has come. This is the Day of Resurrection. These are the Days of Resurrection. What Christ did, there are many people...I read the other day one book saying that He never resurrected Himself. These human beings, I must say! They scientifically they 'proved'. 'Scientifically', can you imagine? Now how can you prove scientifically? I don't understand. According to them He didn't die. Of course, He cannot die, He's an Eternal Being I know that part is correct. But He never died. He died the way a Divine has to die but He resurrected Himself as the Divine has to resurrect. He definitely resurrected Himself. But these scientists were not there to see. Then He descended again, that's a different point altogether. But He definitely resurrected His Divine Body. And He had such a beautiful, confident personality after that, that wherever He went, He left a great imprint on people.

And this is the trouble, that they try to prove everything scientifically. You cannot prove Christ's resurrection scientifically. That's why you cannot deny it either. What He did it on the gross level, at that time, has to happen, in a subtle level within you. That, he has done, that's why they say, "You have to pass through Him." He has done that for you. He has really done it, and we have to see that happening within us. Not by saying that, "Now we follow Christ." Alright, you have one big flag: "Followers of Christ," "We are all Christian soldiers walking and we believe in Christ and we are all resurrected." No you are not. You are not. At the most if you are a good Christian or a good Hindu or a good Muslim, good, again I say, then you are well balanced for your resurrection. But if you are not even that, then it's a problem for me, problem for you. But if you have been a good Jew, or a good Christian, or a good Hindu in the sense that you have kept your sustenance alright you have been a normal person, you have gone through the central path and you have kept to the central path of life, you are not an extremist, not a person who does anything abnormal, is a normal person, then you are very good for Realisation. It's as simple as that. But the way people have carried this simple method of organising people into 'better' life, into something so absurd like hating each other, killing each other or all sorts of things, you know. I mean it has nothing to do with God, believe Me. And "We are the chosen ones and we are the best and we are the selected." This is self-certificate. You see if I say, "I am the graduate of the Cambridge University," how long can I befool Myself and others? Which I am not. In the same way we have to really, really get our certificate from ourselves that we are reborn, not from anybody else.

So we boil down to this point: that we have to be really, really very honest with ourselves, because it is our loss, nobody else's, that so far we have not achieved that state of Spirit and that, in all humility we are going to achieve it, we have to achieve it and we have to accept that this should happen to us. This is so simple, it's so simple, and so natural. It's just in the event, that at this time it had to happen. It's a very simple thing, there's no complication, if you have not complicated yourself much. But even if you have, the Divine Power knows how to disentangle you and work it out. This is the blessing of the Divine where you become the Spirit and then you reach your absolute from where there is no doubt about anything.

If you want to know what happens is that you just start feeling a cool breeze flowing into your hands, or from your hands, and then [if] you ask a question, "Is there God?" and the breeze is much more. If you ask about a thug, "Is he a good man?" it stops. The rapport is established with your Spirit, which speaks to you as cool breeze in the hand. This cool breeze in the hand is the

energy of your Spirit flowing by which your diseases get cured, you can cure the diseases of others, you can raise the Kundalini of others and give them Realisation and you can enjoy the beauty of nature, not thinking about it, or grossly valuing it but just enjoying it in a full way.

This is the short and sweet [version]. But it's such a long story, started thousands of years back, and today, it is just reaching its climax. The fruit is just going to be formed. It's just the blossom time has come for this story and if the seekers co-operate, I am sure it will work out. I have all the hopes.

May God bless you all.

Have you any questions for me today? No questions?

Why don't you come, there are lots of seats here, all of you can come and sit down, come along. Need not stand all the way. Children should sit in the first row. That's your child? It's good. It's born-realised. So many great children are born in this country. I don't know how many understand it. He, or it is she? Hello. She wished Me outside.

Now there's was a gentlemen poor thing he has to look after the child, is it? Let him bring the child. Children don't trouble. Just bring them in. We like them to be in, they just keep quietly. They enjoy it.

Yes. Why keep the child? These are all born-realised children to you. They won't trouble you, sit down, they'll be very happy here. Leave them alone. Hello, yes, come along, let them play. Just let them play. You see they know what to do they are busy people. They know what to do, they're busy people. They're relaxed.

Alright. No question really? Sure? No questions? Alright.

So now only one question could be, that how to do it? Who'll bell the cat? It's very simple. How do you sprout a seed? In the same way, it is done. As you have seen there, that the hands denote all the centres: five, six and seven centres. There's a handbook also which you can take it and see for yourself. Now some of the people I've seen when they take the book you see, they read it and they get worried about something. Whatever is written in that book is the truth. Now we have tried to keep away lots of it, from people because they want to have the truth, what to see themselves. Like some people only hear what they want to hear you see. The rest they don't hear. But whatever was necessary to be told, has been told in that book, which should not frighten you in any way or should not bother you.

You just see the book and read it if you want, and see for yourself whether it is true or not. But just do not get worried about that. Is a wrong attitude, because I'm talking about the realm which you have never known before. This is the area which is unknown to you, so if you are entering into that area which is unknown to you, you need not just get upset about it, but see for yourself whatever is written in that book is true or not. Though we have kept out lots of things from there, not to upset you because people get upset with anything. Even if they see a candle they get upset, "Why there's a candle?". I said, "Now, what to do?" If electric light is there is alright, but no candle. If they see this they'll say, "Why this?"

See everything can make you upset. You have ideas you see, that a person who is going to give you Realisation should be sitting in some black place, you see, all covered with two horns coming out. That's not the thing. I have to be the most normal person, isn't it, otherwise you won't accept. So all these ideas you have about people, or some people think that a person who's such and such should be of this height, of this width, this face, of this, that. All this is your own imagination. So we have to keep ourselves open because this realm you have to get into and see for yourself. Just keep yourself open and see for yourself.

Now you have got these five centres, six and seven centres in your hand. Now I'm telling you this, but it doesn't mean that I'm forcing on you something or a brainwashing is there, but these centres are there, you see. If you go to a doctor he'll tell you about things and the same way I'm telling you that there are seven centres. These are the basic centres within us, basic. And these centres are shown here, did you somebody talk here, Gavin? So they are shown on here. Now when you put your hands towards



Me like this, these sympathetic centres get activated, just like as you put the seed in a particular manner it sprouts, it's just like that, there's nothing, so you have to just put the hands.

Now some people have an objection even for that.

Now you have come all the way for your Realisation. What is the harm for putting hands like this? What is the harm? But even they have objection for that. But if a guru is there they'll bow to him one thousand and one times, give him five hundred pounds and again bow to him and go back into lunatic asylum. I mean I have met many like that. But if you tell them just put your hands like this, because after all the energy has to flow. Apart from that, you have to ask for it. It cannot be forced, because you are a free person, you are free person not to have it or to have it, alright? But if you have to have it, I mean if you don't want to have it, well and good, then we don't have anything to do with you. We don't want to waste our energy with people who don't want to have it. Just we do not want to waste our energy, because why should we? If you don't want to have it, it cannot be forced, you see. It's not a horse that you can put in the mouth and the horse eats, it's not like that, because the taste of this you have never known. You see is a new area into which you have to that is your spiritual area, for that you have to understand how to get to it. And for that even a small thing like putting the hands, if people don't want to do it means they are not seekers at all. There's nothing to be frightened. Kundalini doesn't trouble anyone. We have had thousands of people realised, nobody had any problem, nothing. On the contrary, you feel much better and cured.

Just close your eyes, put both the feet on the ground. That also has a meaning because when I say put both the feet, it has a meaning. I won't tell you anything that is not necessary, because I have to gain nothing out of it. Is better to take out if possible but if they are there doesn't matter. But you see they just little bit you know too many reasons they are. Then sometimes they do, and even the tight things in the waist. If the waist is very tight, physically, then this is not proper, you can just loosen it a little bit. But with some people the Kundalini shoots off so fast that whatever may be the type of way you are sitting or the way you are, whatever you are doing just shoots off. Now, put your hands towards Me like this, and close your eyes.

Keep your eyes shut, that is very important to keep your eyes shut, because the Kundalini when She rises, over the Agnya She dilates your pupils and if it is not closed She won't rise. Just keep your eyes shut, it will work out. Keep your eyes shut please, just keep your eyes shut. This is the chance of lives, not of one life, know that. This is what you have been seeking in all your lives and you have to have it, you have to get it. You must get your own power. Close your eyes.

## 1982-0424, Conversation, About Children

View [online](#).

24 April 1982

Conversation

Ruth's Apartment, Rome (Italy)

Talk Language: English | Transcript (English) – Draft

Conversation about Children, Ruth's apartment, Rome, Italy, 24-04-1982

Shri Mataji: [unclear] I thought there was a big gap in my travelling now. Coming from India, I had some rest. [Where has Wilson gone?/It's very nice and warm] London was very warm. How are you? I asked her. She said she's here. How are you feeling? May God bless you.

Am I supposed to sit there?

Sahaja Yogi: Yes, Mother.

Shri Mataji: It's too much, beautiful all right. [He is busy/it's beautiful.] So beautiful it is.

Sahaja Yogi: Would you like a cup of tea, Mother?

Shri Mataji: Yes, that would be nice. How are you?

Sahaja Yogini: Hmm, good, thank you, Mother.

Shri Mataji: That's good. Now, I can see that on your face.

[Sahaja Yogini: I never thought I would see you again. / I always enjoyed to see your face.]

Shri Mataji: You know you all have to expand. This time [it is faster/spread much faster.]

Shri Mataji : So what a welcome! What a welcome, [huh/eh]! What a welcome! [Arya?] must have told you all her experiences that we had in India. This year maybe we may not have any group in, in India maybe, because now I am going to concentrate on building some sort of a building for [unclear/ to speak] [these people here. The land that is given to us is absolutely beautiful. The land is so beautiful , you people all came away – it is the most beautiful land that you can think, you know, just and from there you see the [sea/three] beautiful lakes [and/on] the other side you can see. And the fellow was just waiting for Me to go there and to accept, you see, that land. So he said, "I have been a worshipper of the Goddess all my life, and my forefathers have been there, and I was promised that in my [unclear] in my old age. I'm going to [and I'll feel relieved how can that be], that my forefathers told me , "How am I going to see Adi Shakti?" Then he got his realization, and it's just beautiful and so great. He's an old man of eighty years. Can you believe it? He came all the way walking up the hill just to show me the place. And he said, "This has been there since the Treta Yug," means since the time of Rama this has been. They had found out relics in that area. Such a nice land we have got. Just free, can you imagine? One acre of land. It's very expensive. We have got three lands absolutely free, absolutely free. I said, "We do free work. So we get everything free. What to do?" But it is a beautiful thing and after that, when you come there, it's really remarkable. Because it's so peaceful and so nice, and such a nice thing there, and very good vibrations.

Last time had a problem in Bombay, little bit , not much. But you people are in Sahaja Yoga. You don't mind anything; that's the main [unclear]. You don't mind any sort of a problem. Why don't you take chairs? You'd be more comfortable. I will be very happy.

Sahaja Yogini: If you don't speak English, we don't understand Hindi.

Shri Mataji: Yeah, so you better translate it because I have learnt in this life time English language, and I think I can speak it but I don't think I can ever learn any other language. But I understand little bit Italian, little bit of French. I learnt this time. I don't know how I learnt. It has something scientific.

Sahaja Yogini: When will we learn English?

Shri Mataji: Yes, you will. In Sahaja Yoga it would be possible. Now the French people were singing songs in Marathi language. Yes, in the ashram, they were singing in Marathi language. I was so surprised. I said, "How did you pick up?" They said, "You know, Mother, we went there. You were in Poona. We asked them to teach us Marathi songs and they taught us." And they were singing very nicely with a very good pronunciation. Just imagine, and the tunes are rather different from, you see, the Western style, but they did it very well. That's the work of Sahaja Yoga. It gives you a special dynamism for everything; yes, for everything. Those who have never known any wood work – ask Allen. Allen has become such a great carpenter [and such a fine/fast one] we are all missing you there. He is doing very well. He has become a very precise, very good carpenter. This is a new thing they have got now to put Me on the heart. It's a good idea.

Sahaja Yogini: Mother, [do/would you] want to have lunch now?

Shri Mataji: What about others coming also?

Sahaja Yogini: Maybe [when/by] it is time, it is ready, they will arrive. By two o'clock they will come [unclear].

Shri Mataji : What did you say? They'll be coming. Is it the same house? How did you like this present?

Sahaja Yogini: Oh, it's beautiful.

Shri Mataji: This was from Poona, all kinds, you know. When I came from Bombay I ran short of liquid money. I said, "Now what to do? Better take out some money from the bank." And so somebody came to see Me. It was Mr. Pradhan. He said, "Mother, you know you over-paid us six thousand pounds, six thousand rupees." I said, "Really?" "That what I have to pay now." "So better pay." Just imagine. Just like that. In the material level it works out so correctly.

You were fixing up that partition. You remember that one?

Sahaja Yogi: [Which partition was that, Mother?].

Shri Mataji: Which one is it? It was the one that you were fixing on the cupboard, in the bathroom cupboard.

Sahaja Yogi: Oh, Your bathroom.

Shri – Remember?

Sahaja Yogi: Yes.

Shri Mataji: How it just fixed. You see, he didn't think. He just went and fixed. Finished, it was just there. But this time, you see, in one of the rooms, you see, it was time to fix the partition. Partition had a limited [Tarnish?/dimension] And Laurent came as usual, you see. He stands up and then measures up. Then again stands up. So I said, "What are you doing there?" So he said, "I am trying to," he said, "work. So I have to figure it out, still I think." I said, "Straightforward, it's the same [unclear]. You just put it straight." "Really?" I said, "Yes, it is perfect." He said, "But how do You know?" "You just see it." He just went and saw. It was just perfect. Wasting so much time, figuring it out so much time, standing there. I said, ["I said it is there, it is there/unclear].

Now he has given up, you see. If I say so, he says, "Yes." He's given up. He is fed up with Me now. He just thinks that, "I don't know how Mother knows these things."

Another we had, one Mr. John. He is another great thinker. So I told him to put the mirrors in a line. He is standing. "Whether to start? How to put it? How many?" He is counting. I just said, "You start from here and put it," and all of them fell in line, absolutely. He was amazed at it. So I said, "You see, there is something like a fifth sense which is called as [dimension]."

Hello. What's your name? What's your name? Born-realized, both of them are.

Sahaja Yogini: Daniele. He is called Daniele. You had seen his picture in this [unclear] when you came to Rome.

Shri Mataji: Yes, I remember. Both are realized souls, great realized souls.

Sahaja Yogini: Both?

Shri Mataji: Yes.

Sahaja Yogini: The other baby comes from Sicily, Mother, and they have been meditating and been Sahaja Yogis, only the two of them, and they were all alone. They came to Rome now, just to see You[unclear].

Shri Mataji: You see, yesterday I went to this. We had a program. No, day before yesterday, in Hampstead, and a little boy of 4 to 6 years age came, and his father came and said, "I don't know why. He just saw Your photographs and he said that 'I am going to see this lady and you must take me to Her,' and he was so much after my life that I had to come." And he was just too cute. "This one, this one. This is no good. Forget it." And then everybody was laughing. He said, "What is so funny about it?" You see, he couldn't understand why they were laughing. They were appreciating the way the little boy was telling Me about our body/it. You see, he stood up there, put his hand. Little Olympia, you should see how she works out the Swadishthana and Allahu Akbar.

Sahaja Yogini: Really?

Shri Mataji: Yes, she tells them to do Allahu Akbar and she is showing the Swadishthana. She is hardly [unclear] and she doesn't talk much.

Sahaja Yogini: She must be two years or two years and a half.

Shri Mataji: Not yet, I think not yet.

Sahaja Yogini: Would you like some milk, Mataji?

Shri Mataji: It was really remarkable how this child has grown up. From the very beginning she was like that, but now she is coming up to the programs and helping Me out with little things. It looks very sweet, na. [Adi/and] he brought one almond and put it in My hand. "You just keep for a while. Just that I am hurt. It's hurting me, all right?" Then he put it on the backbone of that person, you see, and tried to take out. He said "It still doesn't crack; still doesn't crack." Can you imagine how much they understand that their [fruit/] is going to come up. But the foundation is huge. [They are going to come out/ they are all coming up]. [No problems/ they have no problems].

Hello. Isn't it? There is no problem at all. They are busy people, though. All right. [They/You] are enjoying so much. That's the best thing. That's a really good feeling that you really enjoy. Translate it into [unclear] so that they understand.

Sahaja Yogini: [translating into Italian]

Child: Adita, Adita, Adita.

Shri Mataji : Aditi is the name of the Primordial Mother.

Sahaja Yogini: Really?

Shri Mataji: Children know so a lot when they are born-realized. My grandson, he was only about two and a half when he started talking. And he used such big words. I mean, one day he said to Me that, "Do you know, Grandma, that in this world people don't know that there is God's compassion everywhere?" I was surprised. And the word, "compassion", in Sanskrit, "anukampan". He used the word at two and a half years!

Sahaja Yogini: May I translate?

Shri Mataji: Yes, please.

[Sahaja Yogini translates Shri Mataji's words into Italian for the next section.]

Shri Mataji: It's most surprising. And the two, two daughters, the another girl has got two daughters, elder one. So they went to school, the younger one. Younger one is about three years of age. She was going to school. They gave her a piece of paper, you see. And she showed Me and said, "What's written here?" I said that, "It's written here that you have to go to a hotel, and there is a meeting. When you go there, then if you do a course for eight days and pay hundred rupees, then you will get your transformation." With little children, imagine, these papers were there.

You translate for them.

So the little one says immediately to Me, "How can they get transformation with anyone by paying money? Kundalini has to rise, isn't it?" So the elder one says, "Of course." She says, "You see, my father has done eight courses. His Kundalini is just frozen."

So the younger one says, "These people who have written must be really mad people. You see, they don't understand. They are mad, you see. They are like owls, you see." That's what she said that, "They can't see in the daytime." The elder one said, "No, they must be liars or thugs. Otherwise, how can they say such a thing?"

They understand so much. This grandson's sister, his elder sister, she is another very enlightened person. She's very young, about four years or so. They went to Ladakh and there was one lama sitting with the shaved hair and big and was looking at his [unclear] and everybody was touching his feet.

Translate.

So this one was looking at that person. And my daughter was also there. So she saw her mother go and touch his feet, and then her father also went and touched his feet. She couldn't bear to see that. She just couldn't bear it. So she went and stood before that lama just like this, and with her head like this she said, "What do you mean by shaving your hair like that and wearing this kind of a long robe? You think you have become a realized soul? How dare you ask anybody to touch your feet?" She was hardly four or five years old. "You are not [unclear], you are not realized, and why are you doing like this? You shouldn't do like this." And my daughter was so embarrassed. She told me that she was so embarrassed.

They are very powerful, you see, very powerful. But then, you know, other people try to put them down and all that. So they become quieter. But otherwise in childhood they are very powerful.

And the same, another one, Aradhana, elder one, you see. I had taken her to one of the meeting where they had called Me as a

chief guest. You know this Raman Maharshi's hundred years. So they had called Me as a chief guest. From this Ramakrishna Ashram, this fellow was sitting next to Me with a big dress, choga, like that, you see. Big thing he was wearing, sitting next to Me. And My granddaughter was sitting with another Sahaja Yogini in the front row, you see. She was so young at that time; must be around four years or so.

And she couldn't bear, you see. She just stood up. She said, "Grandma, who is this man sitting with this choga?" You see, choga is rather a bad word for robe, you see. "Who is this sitting with this robe on his body, this fellow? Ask him to get out. I am getting heat from him, horrible fellow." She just blurted out and every – there were lots of Sahaja Yogis, they all started laughing. I said I was [amazed]. "Who is this man sitting next to You with this?" No, no, she didn't say choga. What she said was maxi. "The one who is wearing this maxi." It's maxi, you see. She knows the word. So she immediately got up and said, "Who is this man sitting next to You wearing this maxi? Ask him to get out. He is giving so much of heat. Everybody is feeling heat. Why is he sitting there next to You? Ask him to get out." All the Sahaja Yogis were around, and they laughed. Such things happen, you know, with these children.

[To a baby] Isn't it? Yes, yes, he knows. He knows that. What's your name? You didn't tell me your name. David? David – great. One great name you have. David, David, you have channa with you? They like channa, all of them. It is an international/ food for children, I tell you.

Sahaja Yogi : [unclear]

Shri Mataji: Yes, what's he said? Yes, come here. Come, let's have these flowers, see. David, come here. See these flowers are so beautiful. Come and have a look. He's shy, shy. Let him be. Just see. These flowers are so nice. Won't you have them? No, don't force; don't force. They will be friendly. So many great children are born in these days.

Now you will be amazed; I was reading in the Quran, and in Quran there is so much of it. They call it "Day of Resurrection". So much of Sahaja Yoga described less about the "Day of Doom", more about the "Day of resurrection" and that you will have knowledge. You will know what I am talking about. I am talking about the Divine Power, and it will teach you everything [there is to know].

And also Christ, the other day we [were looking through] the Bible, that something, that, "You will be blessed by the Holy Ghost," or something, "so that you will know My Father forever." Beautiful. This was the other day only when we were reading Bible. They found it and they were reading out. See how nicely Christ had said, so clearly. Yeah, I mean this is only possible if you know your spirit. Otherwise, forever to know Him, means you will not doubt anymore.

There is a book written by somebody which I was looking in, where they say that Christ, He died on the cross and all that. I mean, He cannot die in any case, because He is the spirit, you see. So how can He die? It's true, but that He was carried away is not true because He did have resurrection, went into His resurrection and then He came down. Then He went to Kashmir. It's a fact. But how can you prove whether there was or not? But for Me, who else will [say?]. That is it, you see, that I had told them that this thing had happened: Christ had gone to India; He was there. This I told long time back. Also I had told them that Moses died in India in Kashmir. I told them, and now it is, it is proved now.

But you see, that doesn't mean that Christ did not have a resurrection. Because the cloth, you see, the shroud, the [sacred] shroud as they call it, that is true. That is what – yes, it is true. But that was not, He was not carried in that. How can you carry anyone with a cloth which is sort of, full of blood? It was smuggled somehow.

Yes, the book is written by, I think he's a German or someone, I think. I don't know why he wrote that part. But he tried to prove. Perhaps maybe he might be thinking that these Jews were always blamed for the crucifixion of Christ. So he might have been, he must be feeling guilty for all the German [unclear], whatever it is. But he found about Christ in some monastery in Leh. I will find out Myself because near Leh, my son-in-law goes there. I will find out. But there, there was, they say, a prophet was there at the time Christ was there. He was known as Isa, Isu. All these names are there and... [Aside: May God bless you. Come along, we

have been waiting for you.] But how can you scientifically prove whether He was ever resurrected or not? The only way is through vibrations.

Sahaja Yogi: Mother, you know, we were just [thinking/reading] the other day an extracted [GW: extract?] in a book made by a French historian who is called [Audrey Dumas] who is quite known in France, and he wrote a book called the "Jesus of Pharaohs" or something like Jesus as king, and in that book he says, he repeats all the times when Jesus said, "You see, I am talking to them but they don't listen to Me. Send away those priests. They think they are in the Kingdom of God. They don't [unclear]." He repeats and regrets all that. And then he described, just at the end, he says, "Well, there's one thing: I believe in everything and I believe in Jesus and I had to write that thing. But still, of course, there's one thing I cannot prove: that Jesus was resurrected, and this is just the only point where I cannot say anything."

Because, you see, we want to think God is like us. He is God. God is God. I mean, He can do anything. You can't even make this flower into a fruit. [But if He's God, it means that he can really do it/and if he can do this thing why can't you do that?] He is God and if He can do this [unclear].

You see, when you talk to human beings, you have to have a human body, and to make them comfortable, you have to behave just like them. But God is God, you see. They do not /just understand easily how many dimensions. It's not possible.

See, I came to Rome now and all my left foot was lame. I couldn't even lift it. The whole of it is now full of [unclear] this left side. Then I started rubbing it. Vibrations [unclear]. Then it's all gone. You see, the negative forces mostly act because of some sort of, you see, spirits on them, actually, and these spirits are the ones who get threatened and they just clutch hold of My feet [unclear]. After all, I am for their liberation. See, by forgiving them and by telling them to take birth, or by rubbing them out you can [unclear]. You see, it's like a very low micro, micro, micro level working, which human beings cannot understand. But it's simple for Me. It's least complicated. It's least complicated. Most complicated are human beings, because they have complicated themselves like that. You see, just call it, complicated.

There is no need to do all these things. What is the [use/need]? Just be good human beings. That's all we need. [Unclear] you cannot get the Kingdom of Heaven [unclear]. No one is going to beat this aggressiveness and this, you see. [Unclear]. You cannot get the Kingdom of Heaven [unclear]. A light has to come to see reality, what is in what, what is really enlightened. The light has to come. Otherwise in darkness, there is such gross [unclear].

Let him, let him play. They are all right. They are busy people. Let them play and shout. They shouts at the bhoots also. All right, let them play. He gets into a loving face and [he gets all] that expression on his mother. They are busy people, aren't they? Yes, he is feeling that love. He is expressing it on her because he doesn't know what to do with Me. See, all that joy he is trying to express, that's all.

You have to write down their names and tell me, because pronunciation-wise, I think it's very much easier than French, because you speak the way you write. It's more phonetic. But this French, she calls you, she doesn't call you [Why is there such a nuisance/unclear] she tries and says whose name are you taking Aai, she said you don't know. I said, "Which one is this Ruth?" I said, "What's that? Spell it." She spelt it. I said, "Oh, that is Ruth." I said, "Why you spoil your Vishuddhi but nothing gets out?" And "R" is a very important because "R" stands for energy. "Ra" is the power of the root – Nirmala. He said, "Nermala." I said, "This is [calling/spoiling] My name."

Sahaja Yogini: How should we pronounce it?

Shri Mataji: I don't mind. We had a [busy day in France, there was a media/Algerian lady]. She was suffering from leukemia. She wrote me a letter that Marie gave her My photograph and she put it [under the pillow]. She used to see that photograph and pray and she got all right. Doctors are all surprised. She has gone back to [Dublin/Algeria] and there she [saw/has] her children - five children - and family and husband all are very happy.

Sahaja Yogi: There was a funny story that happened in Sicily [unclear]. Two friends of ours to whom we had give realization last summer, but who were not convinced really, and now they told – we met the other day ? that both of them were suffering so much from their heart and left side and one of them went even to the doctor because of this heart and the doctor could not find anything. Sandro e Giovanni.

Shri Mataji: Yes, that's correct. That's how Sahaja Yoga has to work out.



## 1982-0425, Conversation

View [online](#).

25 April 1982

Conversation

Ruth's Apartment, Rome (Italy)

Talk Language: English | Transcript (English) – Draft

[The William Blake song, "Jerusalem", is sung.]

[unclear] prediction. Specially it's a prediction about the house. I don't know if you have read all that, this house that we are going to be building is says that at the back of Kensington Garden, then there's a brook there who was called as so Twyburn which flows just under our house. Somewhere there, used to flow. A house will be decorated and the earth like humility will give the base as sort of very good [unclear] the whole thing is. And hearts will be thanks-giving. All this will be built. And [there] the golden builders. You see, they are painted with gold. The golden builders will build a monument. It's beautiful. Every word of it, it's so many things in that. As well as they are still searching it intuitively because when the things happen then they find out. Like the foundations will be made in Lambeth way, and [a/her] sinuses will vibrate round. [Aside: So you tell him?]

Sahaja Yogini: Yes, Mother. [Italian translation]

Shri Mataji: And first because He[ll be lived] in Surrey Hills. I lived in Southern Hills first, you see. So the first because he'll be lived in Southern Hills. And another one, another prediction we had in India, means it's another great thing, two thousand years back. [So/See] there was a great guru, who, very well-known for his astrological predictions, you see. He has written two books, you see. One of them is called as Nadi Grantha and in that thing he has written about Sahaja Yoga, that it will start in 1970. I started in 1970 exactly. And he called Me a Maha Yogi. See, that's the, the Maha Yogi will be the embodiment of the Parabrahma, and that this Parabrahma will have the power of whatever He wants to do it will do, whatever He doesn't want to do it will not do. It's [Hindi] Shakti. In 1970 it is done. And that a very big Yogi will die in 1922 and this Maha Yogi will be born after that. I was born in '23. And a new method will start by which the sleeping Kundalini Shakti will be awakened and people will get their Realization. Such a lot he has written that I know, really it's most surprising, and I have asked Gavin to write down the whole thing, whatever is rest said. Yes, and then people will be cured of their diseases. You don't need any institutions like hospital. And then if there are sufficient number of Sahaja Yogis, then you don't need a third world war. Otherwise, there could be a third world war. And after that third world war, people will gather together. Even if you have that, then only the Sahaja Yogis will be respected and will be called to have a conference instead of these horrible politicians. It's quite a lot, but Gavin is going to prepare that and is going to send to all of you. Are you getting Nirmala Yoga here?

Sahaja Yogini: Yes, Mother, we are.

Shri Mataji: Now, in that [context] he is going to publish Nirmala Yoga about this. All are noted. Then there are other predictions also he is going to [give you] there, of others' predictions also. Like what Sir John, John, you see, John [spread, gossiped that]. What then Christ has said, what John has said, and other gurus. And Quran, Quran also. That would be good then, I think will be one we have to establish it. Of the guru. Then?

Sahaja Yogini: There was a [unclear], he's not here. Our, our purpose was humorous, he didn't know. And he was saying also, "Oh, but now we have reached the end of the whole thing. There must be somebody or someone above us who is directing the [whole thing]. We couldn't have before is changed but who knows? Maybe we have come too far and now we'll be rescued, that is He will first destroy a disciple like that because He will have to do so." And he was finishing with this interrogation [part] and we've send him an invitation to come.

Shri Mataji: Is it? That [guru is over]. Very good idea. What about this [popularity]? What has happened? You are less bothered.

Sahaja Yogini: Yes, according to the newspapers now they have [revived] there, in front of each other and they are waiting for the United States to move and to take ananya shakti. Nothing has happened as for the newspaper this evening. We can listen to the music, Mother.

Shri Mataji: How are you feeling? She's looking much younger suddenly.

Sahaja Yogini: She says that she feels so wonderfully well that she wonders if she really deserves it.

Shri Mataji: Yes, yes. I'm always here for you. These are much more. Italians are sweetheart people, isn't it? Have [indoors] life but not so much complicated. How are you feeling now?

Sahaja Yogini: Oh, Mother, she feels great.

Shri Mataji: How are you, [unclear]?

Sahaja Yogini: [Fine].

Shri Mataji: How are you, sir? He's sleepy now. You give him something to eat, I think. He plays so well; I didn't know. You must come to London.

Sahaja Yogi: Oh, Mother, I, I used to [come].

Shri Mataji: You learned this in Sicily or?

Sahaja Yogini: He's from Rome.

Sahaja Yogi: I'm from Sicily but I, I remember only I were in Rome.

Shri Mataji: But since childhood you were here? In your childhood you were here in Rome?

Sahaja Yogi: Yes.

Sahaja Yogini: He will have a kind of public audition on piano the day of Sahasrara Day.

Sahaja Yogi: No, the day before.

Sahaja Yogini: Or the day after. He says so. The day, the day before the purusha of Sahasrara Day you will have a public audition on piano.

Shri Mataji: Exact here?

Sahaja Yogini: Yes, here around.

Shri Mataji: Oh, it's, it's great. For his age is such a good thing. It's great. Single? Solo is? Solo piano?

Sahaja Yogi: Yes.

Shri Mataji: You say it's only you are going to play or somebody else is.

Sahaja Yogini: He will be a pure [daemon] playing that evening and he will play without orchestra.

Shri Mataji: Good, good. [unclear] You'll write about [unclear].

Sahaja Yogini: Whenever you might phone [Smith's], Mother, [your food] is ready.

Shri Mataji: No, I'm going to cook. What's the time [I have to cook]? Twelve o'clock? It's all right. Doesn't matter. So you must learn how to wear a sari now.

Sahaja Yogini: Can we [quarrel]?

Shri Mataji: And this is very traditional style sari in India [you can get].

Sahaja Yogini: We must [unclear] want to know it.

Sahaja Yogi: Mother, I think you forgot to change Your watch. It's a quarter to two now.

Shri Mataji: Is it? Oh, I see. This is one hour less, [unclear]. I'm still having English watch within Myself.

Sahaja Yogini: Do You want to eat here, Mother, or in the other room, like yesterday noon?

Shri Mataji: Yes, that it is better, to sit down there, very much.

Sahaja Yogini: They have done the basic things. [Are you down there, Sylvie?]

Shri Mataji: Italian painters are also very well-known, like musicians are. But I am surprised that there have been many, many even scientists, Italian scientists. There have been lots of scientists, Italian scientists, you see. And of course painters and all, but they've got scientists later.

Sahaja Yogini: They have lots genius people, I mean.

Shri Mataji: Mmm?

Sahaja Yogini: They have lots of genius.

Shri Mataji: Genius?

Sahaja Yogini: Yes, they have.

Shri Mataji: Really. As Michelangelo was an Italian one.

Sahaja Yogini: Yes, Mother.

Shri Mataji: And [Da Vinci]?

Sahaja Yogini: Yes, Mother, he was. And Dante.

Shri Mataji: Even Dante? I don't like these Dutch painters so much, you see. Went out of proportional too much. Italians are good.

But now they are busy with [other things] and their attention is not on creativity so much.

Sahaja Yogini: And the ones who create, many go away, as here they are not appreciated and even those scientists...

Shri Mataji: They go away.

Sahaja Yogini: They will go away, yes. Then, yeah, they want to go away because here they are not appreciated.

Shri Mataji: All right. So where do they go mostly? Whether...

Sahaja Yogini: In Belgium....

Shri Mataji: America.

Sahaja Yogini: No, Europe.

Shri Mataji: Oh, Europe.

Sahaja Yogi: United States.

Sahaja Yogis: Yes, United States a lot.

Shri Mataji: They are not appreciated so much.

Sahaja Yogini: No, not really.

Sahaja Yogini: Mother, do You think this is Virginia Lake?

Shri Mataji: Yes, this is in Virginia.

Sahaja Yogini: It's among the, among the nature and they are putting flowers right on the floor.

Shri Mataji: Really?

Sahaja Yogini: Yes, this is in many places. Then is one [unclear] of Virginia Lake.

Shri Mataji: Really? You see, the paints were brought. They start painting again.

Sahaja Yogini: Yeah.

Shri Mataji: Yeah. [Very good]. Approximate age. Good.

Sahaja Yogini: She's OK? [And he] looks like her Mother?

Shri Mataji: Isn't it? They suit very much.

Sahaja Yogis: [unclear] away.

Shri Mataji: Very much, they resemble.

Sahaja Yogini: So subtle.

Shri Mataji: God, beautiful. God, and height.

Sahaja Yoginis: Yes, yes, yes. Yes.

Shri Mataji: That's it.

Sahaja Yogini: Mother, Victor, he wants You to [come].

Shri Mataji: They are used to get it rather unconscious.

`` ` Sahaja Yogi: It's all right.

Shri Mataji: Are you all right? You gave him Realization or not?

Sahaja Yogi: I think it crossed it, Mother, yes.

Shri Mataji: Crossed it? This is another liver patient [also]. Then we've done Sahaja Yoga so. Today we brought Sahaja Yoga books.

Sahaja Yogi: [unclear]

Shri Mataji: [Study]. You did not know? It was a [unclear]. Facing that side. Facing that side.

Sahaja Yogini: She really wants people want to see that. His only wish is [unclear].

Shri Mataji: The [moon]. What work he gets?

Sahaja Yogini: [unclear].

Shri Mataji: When? You get government?

Sahaja Yogi: Nothing [unclear].

Sahaja Yogini: [unclear].

Sahaja Yogi: Why? Somebody wants? International of the Hong Kong.

Sahaja Yogini: He was a, for a International [unclear].

Shri Mataji: Oh, I see. That's why we should also go down to see the [unclear]. Telephones are going to be improved and [unclear]...

Sahaja Yogi: [unclear]

Shri Mataji: I don't know, the human goes on seeking. [Aside to a child: Can you tell? Are you [Sylvie's]?] It's inherited. [unclear]

Sahaja Yogini: Yes, Mother.

Shri Mataji: Unfortunately.

Sahaja Yogini: I'll bring Your food, Mother.

Shri Mataji: Hain. Please bring the food. Hain. Great. Are you feeling cool breeze in the hands?

Sahaja Yogini: I am feeling, but very less, Mother, [unclear] vibrations in this moment. And it can be [on the each and everything].

Shri Mataji: This is the Romania, first visit. Yeah, close your hand. Good. [Panch have you made it, Christine? To Kolhapur, Panch Ganga.] Close your hands. [Long pause] Wife is all right? You see the [unclear]. [All right?]

Sahaja Yogini: Yes, Mother.

Shri Mataji: She's is a Sahaja Yogini?

[unclear talk]

Sahaja Yogini: She believes but she doesn't want to practice.

Shri Mataji: She's not granted with Realization. She's not granted [with Self-realization].

Sahaja Yogini: No, no, no, there was nothing at all.

Shri Mataji: She, but she is all right, [everything] all right?

Sahaja Yogini: Yes, [unclear].

Sahaja Yogi: How we can feel Your [unclear]? [unclear].

Sahaja Yogini: She brought up a child from [home central board], which is in Italy.

Shri Mataji: What? What is?

Sahaja Yogi: She go to the child's [unclear].

Shri Mataji: What?

Sahaja Yogini: No, she go to the child [unclear].

Shri Mataji: Want a child?

Sahaja Yogini: Yes, but [though/now] she's an Italian [unclear].

Shri Mataji: Oh, good for the child. How many, how many days?

Sahaja Yogini: Four months ago.

Shri Mataji: Four months.

Sahaja Yogini: Four months ago.

Shri Mataji: All right. It has that [unclear] because the children are in home centers. What's her name?

Sahaja Yogini: Sarah.

Shri Mataji: Can you yourself repeat, Sarah, please?

Sahaja Yogini: No, but is Sarah. Sarah.

Shri Mataji: Sarah. Sarah. [unclear] they are having an organization called Sarah? [This much nonsense]. He sent here [unclear].

Sahaja Yogini: Yeah, you can say it English Sahaja Yoga. Today on the Times there was an advertisement, "Buy your Realization from TORA", T O R A. [unclear]. [Then my mother thought] that we might be trying and something that he remembered how to surrender. Then it talks about the second coming of Christ in two months' time.

Sahaja Yogini: In two months' time?

Sahaja Yogini: And it asked the question to the public, "Are you ready for it?" And ready for all [they said it's a crossed road, a [unclear] you see, all sort of things. And they appeared on the TV. Then also I don't know how they found out but he also started saying that he's a Christian, and spent [unclear] thousand pounds for advertising. [unclear] and all Rolls Royce is finished. And Times has written that [unclear] newspapers don't need. So we have other some examples here troubling round, isn't it?

Shri Mataji: These are [unclear] they took for the car and publicity.

Sahaja Yogini: And I think I can say Mother's answer to that [unclear]?

Sahaja Yogi (after the translation in Italian): In English you speak more.

Sahaja Yogis: [unclear]

Shri Mataji: See, only thing is that [in Italy/initially] we should also know that there's something in the atmosphere. There is one thing because they all know is something in the atmosphere. Work it here [unclear] is like a market place. This is a market for them. So they must be marketing people, you see. They know there is something in the atmosphere. All the Sahaja Yogis must have [realized] that we are all realized souls and got the vibrations and everything. [unclear]. They say also that the Comforter has already come to give us Realization, and we are always denigrating. Why? Are you, you saying everything for money? Are you not afraid of God? Are you ready up to the [epitome] so that one talk on the [unclear]? [unclear talk]. Ha. You also work very hard [really]?

Sahaja Yogini: [unclear]

Shri Mataji: Very hard? That's it. You are all busy people. No? Very busy.

Sahaja Yogi: [unclear].

Shri Mataji: Better? [Angel is not in the hall]. You see, instead or so they will go to church or some kind of wrong gurus. You can, you may go to a guru or anything who gives you Realization. But always we [unclear] bhoots. So we [unclear] just seekers.

Sahaja Yogi: [unclear].

Shri Mataji: You don't tell about others?

Sahaja Yogi: No, no, not magia, only spiritism.

Sahaja Yogis: Spiritism.

Shri Mataji: Spiritism.

Sahaja Yogini: He says of a patrol [level] only he left on curiosity. As is curious, more as curiosity than as a [unclear].

Shri Mataji: How many did they come? Was she start showing the [deep part]? Then marketing will be for that, of course...

Sahaja Yogini: You couldn't easily recognize [unclear].

Shri Mataji: [unclear] what? Expect what? Don't worry.

Sahaja Yogini: He says that [unclear].

Shri Mataji: What he is saying?

Sahaja Yogini: He says that, that he would definitely [unclear] because You [brought] just in few minutes. Instead of curiosity.

Shri Mataji: [unclear]. Just out of curiosity. Better?

Sahaja Yogini: Right side is the heavier.

Shri Mataji: Right side is. Right to Me, only right hand.

Sahaja Yogi: [unclear] because only I'll find.

Shri Mataji: What's he saying? [Long pause] Ha, better? Better, na?

Sahaja Yogini: He looks like is less heavy?

Shri Mataji: How is he?

Sahaja Yogini: Less heavy.

Shri Mataji: Less heavy.

Sahaja Yogini: Spiritually.

Shri Mataji (to a child): You stand up.

Sahaja Yogini: ... Realization done before. The Realization they have been given?

Shri Mataji: None of them was realized. You see, the olden gurus, they sit wherever is Nabhi but all these have [unclear]. You call Him Dhanvantari... [Missing part]



Sahaja Yogini: When You cured him it is a main thing.

Shri Mataji: And in this stage of, I mean, this stage when they are plants there is no awareness about a competition. But when you are a human being there is an awareness of competition, but when you get realized you, you don't have that fear, competition, but you enjoy growing, becoming one to another. It's nice to see how Sahaja Yogis grow, where I meet them after sometime, again what they have, again that they are not having. It's nice to see for Me also when I go to some place after some time how they are grown up to Me. Because Kundalini [unclear] grossness. It's nice to see you. But if you don't cooperate with your Kundalini and try to do something, you see, only experimentation, this, that, you see, or harm it and doing wrong things which should not be there, after some time Kundalini also don't rise. You see, it's such as bad. Means the Realization [fail]. You see, there is no other force within you but your own desire to be the Spirit as they have told. But to have that force properly [also] you must have reached there. But most surprising thing is that Kundalini also gives you wisdom. She is the one who gives you wisdom. That is, they say that She gives you the oil, She gives you the, what you call, this the container, the oil, then the candle, then the wick and also the light. That She gives you. Then, then enjoy it. It's so kind and compassionate. And the only thing She wants that you should enjoy your life. Only we should try to understand Her problems and try to cooperate with Her, because we have created problems for Her. By our rationalities or by any other things we have created problems for Her. So we should try to cooperate with Her. Also by conditionings. Better? He is better? How are your vibrations? How are you?

Sahaja Yogini: Better.

Shri Mataji: Other lectures [unclear] speech [must have helped you already]. How is your Nabhi? And don't think. Just don't think. Just leave it on Me. Hmm, better. Here is the [unclear].

Sahaja Yogi: It doesn't satisfy this body.

Shri Mataji: Now, you never felt before?

Sahaja Yogi: No, Mother.

Shri Mataji: It's around this [unclear].

Sahaja Yogi: Now are You happy? Mother? OK? Must be [pulsating].

Shri Mataji: Good vibrations. You should work on Vishuddhi more. [unclear] Better?

Sahaja Yogi: [Hope I do not catch again]

Shri Mataji: We'll give bandhan. All right. [Long pause] Anya, come. Ganesh, come. [unclear]. Come, come, come, come, come. Very good child. [Playing and singing to a child] Better now? First I've cleaned [unclear].

Sahaja Yogini: But they are listening to the bhoots right now Mother.

[Long pause]

Shri Mataji (about a child who is crying): Got hurt? Oh, God, where did you get hurt? What, what happened? [Long pause] Better now? When they are using candle [don't/you] put right hand on towards the candle on. Put like that. And this one. And there should be something where are the [unclear].

Sahaja Yogini: A different one?

Shri Mataji: Yes.

Sahaja Yogi: Mother.

Shri Mataji: Now, you just turn the right. Right hand, towards the right hand. Put this hand [to Me]. Just left hand towards Me. Is that so? And you could you sit on the ground. No, no, that side, you see. Put your hand towards Me. Right hand towards Me. Put it in the center of the Nabhi. Little hard on the Nabhi. You'll [do] your hand first. Very bad. Good [unclear] except of what I tell you. Heat coming out. Ha, is better. Pain is taken?

Sahaja Yogini: [unclear]

Shri Mataji: I beg your pardon?

Sahaja Yogini: [unclear]

Shri Mataji: What's [unclear]? You are a very hard-working man. And you think too much. No, no, nothing is bad in you. [Hindi] Is your hand shaking? Is there any shaking in the hand?

Sahaja Yogi: No, Mother.

Shri Mataji: Better now? [unclear] married everywhere, no?

Sahaja Yogi: [unclear] all together in this process [unclear].

Shri Mataji: No, one towards the light, one towards the light. You can put it on your lap, of the [unclear]. This one. And this one towards the light.

Sahaja Yogi: This one. Somebody will put your hands.

Shri Mataji: Little higher. It's cleared out. It's feeling hot. [Long pause] I am feeling the cool breeze in the left hand now. Ethan, now, let it be, [unclear]. Close them in, left in hand. Then clear that. Yes, Vishuddhi. That shows how dangerous [in even good sight]. Even if you are not interested in any way, don't do anything, but even is building that [unclear]. I mean, somebody was working in a selecting this junk, you know, selecting these bhoots and garbage are here. Such a bad left side. Even for about four months also. What's it?

Sahaja Yogini: Situation is quite dramatic. The British had gone on the Island of Georgia which is thousand kilometre from Cortland and so they have just disembarked...

Shri Mataji: Yes, this is it.

Sahaja Yogini: And no resistance, and only the last week a few English had on a secret prepared this operation and also few days ago two British helicopters attacked an Argentinean submarine. And they are two killed; people would be in a very bad state, not bad but I mean very bad. And they say now...

Shri Mataji: What are they, British or Argentines?

Sahaja Yogini: No, no, Argentineans. And they said now every moment this could turn in a real war. Argentina has not yet released any declaration.

Shri Mataji: And not withdraw even?

Sahaja Yogini: Not withdraw and not released. The Argentinean Foreign Minister has just arrived in Washington. And in Washington this crisis started, and Reagan is following everything, but no decision.

Shri Mataji: What is the decision?

Sahaja Yogini: Reagan is following everything, listening to everything, but no decision has been taken. And Mrs. Thatcher went to the Queen and told her what have been done [mainly] and that they are ready for war and now they would say is very serious and war might begin any moment.

Shri Mataji: So, this Army ship, this boat has reached Georgia?

Sahaja Yogini: Yes, and they have this [boat]. I think about a thousand or more British soldiers have gone on the island now.

Shri Mataji: On the island there are no Argentineans?

Sahaja Yogini: Oh, I think there are. They are a few inhabitants, not many, but now the British are on the island.

Shri Mataji: But I'm saying there were no Argentineans there?

Sahaja Yogini: They did not speak of any clash between the Argentinean troops.

Shri Mataji: Will not be. If they speak of any wind or anything they have to watch that it was there which I'd like to give a bandhan.

Sahaja Yogini: Wind to be? There was lots of; there was tempest but they said that despite the tempest and the bad weather the British worked out faster than they had planned to do and that everything went fine for the British.

Shri Mataji: As will be the Argentineans will be killed for nothing at all. Worthless. They should withdraw their troops from there. What's your [nationality]? Is that [Swiss]? Did the USA has done [unclear]?

Sahaja Yogi: Perhaps is not.

Shri Mataji: Really convinced? It's a democratic country? It stands for democracy, lives with democracy, [greatly] supports the democracy. These are fascists, you see.

Sahaja Yogini: They were saying that they had established a crisis department at the Foreign Ministry which were studying twenty-four round the clock all possible developments of the situation.

Shri Mataji: Aaaa? How is it?

Sahaja Yogini: They were studying twenty-four hours round the clock all possible developments of the situation, how the situation could change and degenerate from the yet better. And that is what they were doing so seriously, just parley. And then, Mother, it seems it just had propagated. But in Italy, in the north of Italy, in the [unclear] there has been a big fire in a big public palace, public palace, where there was an exhibition. And it seems that many people died and many people are [injured]. And this is the biggest catastrophe Italy has had now for since You came last time at least.

Shri Mataji: Really? What was it? What time?

Sahaja Yogini: Just this afternoon and this is [average], this afternoon Mother. I told again.

Shri Mataji: How are the people in north Italy? What sort of people they are?

Sahaja Yogini: They are doing no magic like in the south of Italy but they are more busy people, more working people.

Another Sahaja Yogini: They are more on the right.

Shri Mataji: Mmm?

Sahaja Yogini: More on the right.

Shri Mataji: Right side. That fact is connected to what it's [unclear].

Sahaja Yogini: It's still Italy. It's the center of Italy.

Shri Mataji: It is center of Italy?

Sahaja Yogini: Yes, Mother. It's, maybe, it's three hundred kilometre north from here.

Shri Mataji: There are no seekers first. [This is the point.]

Sahaja Yogini: It's, it's the same part of this saint, Saint Francisco of Assisi comes from. This saint who was talking to the birds.

Shri Mataji: Mmm?

Sahaja Yogini: Saying of Francis of Assisi.

Shri Mataji: Oh, I see.

Sahaja Yogini: It's more or less the same region.

Shri Mataji: He used to talk to the birds?

Sahaja Yogini: Yes, he used to talk to the birds and to talk to the fire and to talk to the moon.

Sahaja Yogis: And to talk to the sun.

Sahaja Yogini: But also not far away from there they have established the centre of these yellow nun, yellow people, these...

Shri Mataji: Rajneesh's.

Sahaja Yogini: Yes.

Shri Mataji: That's it. That's it.

Sahaja Yogini: Quite recently.

Shri Mataji: Rajneesh's are all, you see, Rajneesh's is more to place for burnt to fire. Who knows? That's it.

Sahaja Yogini: They have also established a center, Rajneesh's people in Sicily, Mother.

Shri Mataji: Really?

Sahaja Yogini: Yes. Eight months ago. Last summer, I think.

Shri Mataji: Only prospering. That's why Rajneesh's people, that's why. That's why we shouldn't worship.

Sahaja Yogini: He says that there are many people there and because now there's a center where people can go. But if these people [are] less convinced, then he go on just curious about novelty and so on.

Shri Mataji: Ha, that's all.

Sahaja Yogini: But, yes, yes, and I think and also mass media had just total [attracted] and this attracts people.

Shri Mataji: And the fellow who had a paralyses attack for the [way] [unclear] about these things [unclear] paralyses attack. And that all his ashram was burnt away. He, they are all running away from all the places now. In America he ran away, just ran away. He's not now. He couldn't have. In one night they all went away, and there was a big fire in the ashram. All his ashrams were burnt away, and his places were burnt away. Secretly they ran, secretly.

Sahaja Yogini: Oh, he says, it was written this in the newspaper.

Shri Mataji: Was that? Despite that, these people are not listening to anyone. They should not go. Also this is very inauspicious [thing]. They must try to do something [wrong]. That's the reason they set fire. You see, it is Ravana. You know Ravana? And his Lanka was also burnt, Ravana's country. And wherever he will go there, there he will get this fire.

Sahaja Yogi: Mother, first thing I saw when I've got the train in Rome were about ten or twelve Rajneesh's people, on the station, near the side of the station.

Shri Mataji: Here?

Sahaja Yogi: In Rome, yes.

Shri Mataji: Just imagine.

Sahaja Yogini: The disciples also get cancer.

Shri Mataji: Yeah, they get cancer, they get mad, get all kinds of things but the worst is wherever they stay there's fire caused. Just imagine. People want to become mad; what can you do? In London it is now much less.

Sahaja Yogi: Bristol's very bad [though], Mother.

Shri Mataji: Even now?

Sahaja Yogi: Oh, yes. I don't know...

Sahaja Yogini: In Italy, they speak quite often in the newspapers. Just last month they had big reports about this center in the

north of Italy especially.

Shri Mataji: Is it?

Sahaja Yogini: Yes, there have been big reports.

Shri Mataji: When was it? In, in, in the papers?

Sahaja Yogini: Yes, about, well three months ago, two or three months ago, maybe some six months ago but regularly they have [written].

Shri Mataji: About what? About what, what are they saying?

Sahaja Yogini: Oh, they are describing the life, who is coming, describing the people who direct this center that they restored an old building.

Shri Mataji: In a general newspaper or in their own newspaper?

Sahaja Yogini: No, no, no, general newspaper, in the daily newspapers or weekly newspapers. It's a kind of fashion there was those days in Italy to speak of those things.

Shri Mataji: Then how long are living here? Yesterday so much [unclear]...

Sahaja Yogini: He says that he has begun it more or less at the beginning of '70s but really seriously as from '74 or '75. Especially a journalist who was very lefty began doing that, and so he was right away lots of talking about that. But now people they are more, they felt betrayed because of his going away and they are going secretly and taking women with him and so on but they keep on [unclear] last spirit on the internal going. But they are more trying to do things concrete. But they don't feel like wearing the clothes anymore. It gets kind of strange.

Shri Mataji: Did he settle in Sicily? This is in Sicily?

Sahaja Yogini: Yes, Mother.

Shri Mataji: Good, you can get hold of them. Is that very difficult?

Sahaja Yogini: On the concrete level they are very well-organized and they are getting help from the authorities, and getting land.

Shri Mataji: From where?

Sahaja Yogini: Land. Help from the authorities, getting land and also land has been given, donated to them and they are getting churches and all concrete [terrain].

Shri Mataji: They don't belong to Rajneesh as such? They are on their own. They are starting on their own.

Sahaja Yogini: Yes, they are Rajneesh's.

Shri Mataji: As far as [unclear].

Sahaja Yogini: So he says that as Rajneesh turns the people over it can happen everywhere. Also local people began being impressed and going into that, and there were mostly or many women and lots and lots of money, and it's not very clear where

from the money comes. And this is true saying. I heard that many rich people were going there and just running all money with that, and he says that's why local people got involved in [these theories/this].

Shri Mataji: But the theories they are following are of Rajneesh's, isn't it?

Sahaja Yogini: Yes, Mother. Because he's saying he is the last ...

Shri Mataji: Mmmm?

Sahaja Yogini: He's saying that it's because he is very last [unclear] helping now. I mean, they have no guide.

Shri Mataji: That there is nobody else.

Sahaja Yogini: No, nobody else. Now, they have started putting this over, the dress on, and one in a next day they [were rained all the] way.

Shri Mataji: That's true. Now what to do? How to hand that [signition/ignition]. Actually, there are lots of seekers, I know. But how to do it? Yesterday I came from this place, but you can have a public meeting. Just talk about it openly to begin with. You know, from Me you [may get]. Is that [unclear], you know? Worse than him you should say. He became the guru of people [unclear]. As if you are there, like that. I'm here in such a [unclear] man whether is [unclear] relationship between the Mother of Christ and Her son. Then he said about Mohammed Sahab same. He said the same about, you see, Rama and Sita and Lakshmana.

Sahaja Yogini: He also pretends to be higher than Christ.

Shri Mataji: And that I don't know that people takes or not that he wants to bring down everyone saying that they are homosexually infected people. And he said that Maria Magdalena was a keep of Christ. Just imagine. Last filth.

## 1982-0426, Ruth's apartment

View [online](#).

26 April 1982

Conversation

Rome (Italy)

Talk Language: English | Transcript (English) – Draft

Conversation in Ruth's apartment, Rome, Italy, April the 26th, 1982

Shri Mataji: [to be convinced that] what we have to expect, what should happen to you, what Christ has said. Not what the churches are talking. What Christ has said, if you are a Catholic. Catholic means, I don't know what you know of Catholic. What does it mean?

New person: No, I was brought up as a Catholic.

Shri Mataji: No, no, what I am saying, what is a Catholic, the word means?

New person: What is a Catholic? Oh, the words itself, I don't know.

Shri Mataji: In our, in Sanskrit language, is called Samadhi, means something eternal. The ancient and eternal is Samadhi. So that is what is Catholic. And what do we expect, is what Christ has said, is/means Samadhi. So we should really sort it out first of all in our minds. It's very much necessary. We should sort out what Christ has told, what are you to expect, what is the proof.

New person: That's my problem, because I'm already [having a OR agno], I am agnostic, [to the point of I don't OR so I'm going to find and] verify, perhaps I believe in Christ as a man.

Shri Mataji: Yes. Yes. All right. No, no but you see...

New person: I don't know if I believe in God.

Shri Mataji: All right. All right. As a man also if you believe what has He told? What has He told? You see if you believe Him as a man or anything He didn't tell lies, [He didn't OR did He]?

New person: From what He is saying, no.

Shri Mataji: All right. Then it's all right. [Then if the truth He's said] then what did He say? What are you to expect?

New person: Just to treat people the way you want to be treated, basically.

Shri Mataji: Ah?

New person: To treat people the way you want to be treated yourself, basically.

Shri Mataji: That's true, but you see then, how can you treat people because you don't know yourself. First you should know yourself.

New person: Hmm. Also true.



Shri Mataji: Isn't it? Unless and until you will know yourself, how will you treat [people]? You see, they are all laughing because they have gone through the same circle, did you see? And they have been through your circle only, that way. You see, it moves like that.

New person: That's not humanely, that's what I basically mean. It's humane, not human, just humane.

Shri Mataji: To be humane. But how will you be humane? Sometimes, you know this idea of helping others itself comes from a very big ego in you. Who are you to help him? Who is the other?

New person: Makes you feel good.

Shri Mataji: Isn't it? I mean, supposing I say I'm trying to help you, and if you are part and parcel of Me, I jolly [well OR will] have to do it. If you are my finger I have to help you in any way. If I can feel you within Myself I have to help Myself do that. So who is the other? So Christ never taught this. The way people understand Him is absolutely wrong. I just don't understand, like looking after the poor, you see. It's a nonsensical act. That was not [even OR what] He has taught to look after the poor nor anything.

Of course, the poor will be helped. That's a different point altogether. But look after your Spirit. For Christ, you see, poverty and riches has no meaning. It has no meaning to Me either. To Me if you make Me sleep on the ground I can sleep. I can live in the palaces. I can live anywhere, in the same fashion, in the same Hindi way as I do. So it doesn't matter to a person who is spiritual whether he's rich, poor or anything; doesn't go into the head of the person, you see. It doesn't go. The comfort doesn't matter. Such a person is absolutely Spartan, by any means, absolutely Spartan. He doesn't ask for any comfort, any this thing. I mean, he can live in any condition [he OR you] like. You can, you know, they know I've lived in villages, travelled in villages where they have no traces of comfort. And I [could OR can] manage [everything]. I can live in any comfortable house; I can live there. So this was not His idea to help the poor. I asked people why did they get this idea, to help the poor. You see, [unclear] on the contrary, to help the poor, best thing is to yourself reach your Spirit. Then you can help so many people automatically without spending any money, without any material thing that really can't help. And that is what is ...

New person: By knowing your Self.

Shri Mataji: By being your Self. The first thing is [to, you] know your Self. And just now you said that "as far as myself is concerned". Now do you [yourself realize] that your connection with the Self is not done? So whatever you say, whatever you say is your mental self, that's all. All right? And the mental self is nothing but what? [I mean pampering it is because of ego OR Perceive a thought of it]. Whatever you do mentally is nothing, is nothing. It's not the reality.

New person: Mental, [yes perfectly OR is not the reality].

Shri Mataji: So whatever is the reality is your Self which you should know. So the first step is that, what I say is that you should know yourself, first step. Unless and until you have got the light of the Self, whatever I talk is of a mental thing. You say something, I say something, it goes on, mounting up.

New person: It sounds only one has to know one Self [GW: oneself?].

Shri Mataji: Yes, that's the point. Now, so you have come to My point and I am at your point also that you have to know yourself. Now, how do we know ourselves? Let's go to that. How do we know ourselves? By thinking about it we cannot. By reading about it we cannot.

New person: I feel crazy without books.

Shri Mataji: Now what is the possibility, what must happen, what is knowing Self means, is that in our consciousness, in our

conscious mind we should know ourselves. That is our Spirit. In our conscious mind. Now whatever we have achieved in evolution so far, say for example, you understand the nature of the flower, you understand the whole thing you see, as an arrangement, a pattern of all these things, music you understand, melody of it and all that. That's because you are a human being, because you have evolved as a human being. Supposing you make this music concert supposing [to a rock]. What could [it mean OR be the message]?

New person: I don't know.

Shri Mataji: So evolution has brought you to this state when you are evolved, up to this point where you have an awareness which you know through your central nervous system. Come to the [unclear] through your central nervous system [in you OR you know]. Now what should happen to you in evolution? Something should happen to your central nervous system. All right? In your Self, in your Self-realization, something should happen that you should have a new dimension [through/to] your awareness, which is just a human awareness at this point. There should be a breakthrough. And in that what should happen? You see, you visited the person of this family. He has said very clearly that you should become collectively conscious, though he does not know how he became. He does not know the [truth] because he just became. It is a spontaneous thing. The whole thing is a living process, just like a flower becoming a fruit. Like you becoming... an egg becoming a bird, the second birth is.

As Christ has said, everybody has said [that] you have to have your second birth, or resurrection. All right? Now what is that? Where should we see it? Where should it [express/be expressed]? In our central nervous system, because in all evolutionary processes, is the central nervous system that really developed and expressed and manifest. And that came into our attention, all right? So scientifically when you move forward, then something should happen to your central nervous system. That means you must have a new dimension of feeling in your central nervous system.

New person: Pure [attention was / things were] never felt before or discussed.

Shri Mataji: Your pardon?

New person: Pure [attention was / things were] never felt before or discussed.

Shri Mataji: Never felt before, [na OR now}... now this feeling should not be emotional. You see, some people feel so emotional about some scene; some people do not feel so emotional. You see, it's a, it's also imaginary thing because for some people is so emotional; for some people it is not so emotional. Like, you see, it's emotional if also not necessarily is reality, not necessarily. You see, if your, somebody's background is very sadistic he may enjoy a sadistic thing. Somebody who is another [side/style] he might enjoy that. So we, what you have to feel is exactly that everybody has to feel. All right? Supposing you see this color as white. Image is one for all of us, all our eyes: it is [one/white]. If you see this light is green, [and OR then] everybody sees this light is green, with our eye, all right? So in the same way, all of you must see the same thing, the same thing, and whatever you feel at that level of awareness and that whatever you feel should be a collective feeling, feeling more collectivity. That must be [met OR united]. Absolutely scientifically you reach that point.

New person: By/like communication.

Shri Mataji: Beg your pardon?

New person: Is it [by/like] communication?

Shri Mataji: Like communication [it works]. All right? But it's not communication like you see, some people say, "Oh, I communicated with a person." When you go to then another, ask person, he'll say, "I hated that person." So isn't it? So there is no reality of feeling, you see. A girl feels, "Oh, I'm in love with a boy, and the boy is this and he loves me," and when you go and ask once say, "Take me away from him." It's very common. So the communication that is between all of us has to be absolutely real, should be felt on the central nervous system in our feeling, [it is like that] all right? Scientifically, this should happen to us.

Now, I'll tell you something. Supposing that there is a way. There is something in you that works it out. It is your own. Within you is this power Kundalini which rises and makes you that. Supposing I tell you. Now the thing is, if I tell you that, that this happens, this will take place, what is there to doubt? [And/Like] if it happens, very good.

New person: Exactly!

Shri Mataji: If it doesn't happen, it is not happening in any case. I mean, as it is you haven't got it. So if it is going to happen, why not have it?

New person: Right. Yes.

Shri Mataji: All right? That's the point. That's it. So then what is the use of doubt?

New person: That's...

Shri Mataji: Because it is only, only there are only two possibilities: one is that you are realized; or you are not realized. There is no third possibility.

New person: Yes, but that...

Shri Mataji: Now are you doubting whether you want the realization or not?

New person: No.

Shri Mataji: No. Then it's all right. [When you are with Me] then what are you doubting about?

New person: I'm searching.

Shri Mataji: Aaa?

New person: I'm searching. Obviously, or subconsciously.

Shri Mataji: You are searching. But it's not your hobby. It's not your hobby? You mean it.

New person: Pardon?

Shri Mataji: You see, searching...

New Person: I wouldn't be here otherwise.

Shri Mataji: You, you see, that's it. So you mean it. But you know there are some people who have a hobby also as such. Even if they find, still they are running like crazy. And run [there]. And they come back to Me after three years. They are mad people, I think. I've seen.

New person: You know it's not...it's not really worth finding something and then going away and finding it later on.

Shri Mataji: You see, because if you have found something you have to weigh it and see for yourself if it is [so OR sure] or not, isn't it? But if you just see it, now your habit is, supposing somebody has a habit, all right, this one, is good, like guru shopping as

they call it, you see. They go and see, come, come, no good, no good. Still they are... Gregoire was that. Can you believe it? Gregoire was like that. He told Me, "Mother, I've developed a habit of seeking. What am I to do?" Human mind is such that it develops every sort of habits. This habitual, it gets habitual. They take to everything, you see. People wanted to have a breakthrough from all the nonsense that was going on and all kinds of things people were putting on. So they said, "All right, anti-culture." Now anti-culture is the habit.

New person: I don't know.

Shri Mataji: So from one habit to another habit we move but to get realized and to station down you have to have a steady sitting down and settling down, [seeing/see] it because it has its own protocol. This is the thing. If you are realized now, see all of them were telling Me where were you catching, what was your problem, what chakras you were catching because you can feel it on your fingers. These are the seven centers of the sympathetic nervous system and they all knew what you were catching, what was happening.

New person: And they'll all say the same thing.

Shri Mataji: Yes, same thing. It's just same. There's no difference at all. Even if you get a little child he'll put the finger this way. A little baby will show that. Even little, little children, you will be surprised [give OR with] realization. Two-year-old children, three-year-old children, if they are realized children. There are many born realized. For we'll be sitting in My program they are running about, you see, taking care, [doing] that. They are very busy, all the time. And they do the job. They do the job for me. And I tell them that, "Bring children. All the children should be here. They are the greatest Sahaja yogis I have." You see, they come and tell Me like that, it's catching on the right Vishuddhi and show Me this one, you see. It's very interesting it was, the way they manage. Olympia is so small ? she's hardly two and she can't speak much, you see ? and she saw somebody, she said: "Allah hu. Allah hu Akbar." She said, "Allah hu." And she does everything, like this, like this....Such a little kid, two years, such a sweet thing, you know. So interesting to see how beautiful these children work it out. I mean, this is what it is and you've seen it and you know that, that because children....

New person: Children haven't been ruined.

Shri Mataji: I beg your pardon?

New person: Children haven't been ruined.

Shri Mataji: No way. The children are the ones who are realized children, you see, are tremendous, tremendous. You don't know how tremendous they are. The way they fight it out, the way they work it out is tremendous. I've seen my own grandchildren like that. All four of them are realized, great realized children they are, and the way they fight it out is surprising, really, the way they fight it out. Then they are not afraid of anything. Not afraid. They are just like, you see, little great angels. They are such a help to Me. It's only the grown-ups, you see, they have developed big horns and have entangled themselves, you see. Children are very sweet. And the way they manage, you see, in this weary world.

New person: Because children are still innocent.

Shri Mataji: Innocent, and apart from that they are born realised. They are ancient children. They are ancient. They're saviors. You see, this is the time of Resurrection; this is the time about your Last Judgment. And all the great souls are to be born. This is the time. It has come now. There's no time to be lost, no time to be lost. It has to happen. That's why there are so many seekers. You just think how many seekers there are today.

New person: Really.

Shri Mataji: At the time of Christ, twelve? Now where are they lost? Where are they gone? What are they doing? They don't come

to prove. They are very easily influenced by people who are false. Always. It is surprising. How they are influenced by them? These [Silvers] went to work there in Sweden. She, she came and stayed with Me in My house. And everyday she started doing morning till evening [prayers]. And My daughters will work and they said, "What is this girl you have called? We have come all the way from India and this girl is taking all Your time and doing nothing but [unclear]." I said, "No, no, she will come down. You'll see her." Then I, My daughters, you know, one of the daughters, she asked her, "Did you ask so many questions to your previous guru?" She said, "No, we could not because he was a lama." He sent word that, "I won't come there till you make a house of [coral], marble flooring." Poor these Swedish people starved themselves because, you see, here the young people don't have much fun. Like in India we give to our children lot of fun. So the care here the people don't have. So they starved themselves, made that floor of marble for this lama to come to.

And this lama used to make this lady, the one who was arguing to Me, one thousand time just bow to him for one year. [She/He] would never talk to him. He was sitting there and she was bowing him one thousand times. I said, "Why did you accept?" "Because everybody was doing." But I said, "Why was everybody doing?" She [couldn't answer].

So that's why the progress of Sahaja Yoga is very slow. It has to be speed up. It has to go very [fast/quick]. But say, country like India, first class, amazing, thousands after, thousands just like that. But sometimes, you know, they say I'm wasting My time in India. For one person I've spend nearly three hours, five hours, till they have their Realization, but in India in ten minutes you can make thousands. Why are [you/we] here? You are also seekers of ancient times. You, you may not know your values but I know. That's why [I give you time].

It is I who should doubt; again I say that. Though it's a different thing; it's just the other way round. It is not going to... So put your mind at rest a little then it will work out. Because the mind is a, you see, the mind is a donkey. That's why Christ [stood on OR told us] a donkey, you see. Mind is a donkey. If you go behind it, it will kick but if you go in front of it, it will put its head down, [you can hold it upon] ears and try to tame it, this and that. It's a donkey which knows, you see. If it knows you want to go somewhere [then it will take it's time OR they'll leave the place back]. So you just say, "I'm a seeker and I had enough of it. Now I must have my realization." That's what it is, as simple as that, very simple. It's simple thing to understand, but if it doesn't happen it's not My fault. It's not My fault. It's your mind. This is all your [working, work to do].

New person: That's the problem I feel [nearly being OR very] guilty.

Shri Mataji: You see, [we are back to that Vishuddhi]. You see you [have OR are] relaxed very much but you have a very bad Vishuddhi. You must know, very bad Vishuddhi you have. I don't know, perhaps you have been drinking, smoking and also some other problems, very bad Vishuddhi. [If should OR You have to] come to [Me again] means [I] to promise you I have to have patience and you have to have patience also. That's the position. Whatever is the position I have to work [it]. See? And this has to be cleared up. For this I have to work, not you. So who has to have patience: Me or you?

New person: [I. But] I'm the Taurus.

Shri Mataji: That means?

New person: I'm the Taurus.

Shri Mataji: Oh, that is, that's what it is?

Another Sahaja Yogini: Taurus.

Shri Mataji: One of the Taurus's problem I recall is [marrying a wrong]. She's [unclear].

Another Sahaja Yogini: Oh, really?

Shri Mataji: Pardon? She got married [and she was] absolutely married person. She was so crazy after her first husband who had left her, divorced her, finished her, but still she was married, you see. We didn't want to look at him. We went to Canada. He ran away. But when she got married now to this ...

Sahaja Yogis: Andre.

Shri Mataji: [Still seems] that there is something problem. Or, for example, Jane.

Sahaja Yogini: This is so much problem.

Shri Mataji: All right. So let us be obstinate about finding it, all right? We can direct our promise that we can look after.

New person: [unclear]

Shri Mataji: Pardon? It's a very loving method and very delicate method that God has created for you. Actually, by our own mentally exasperation we should say we really exhaust our energy and dry out all that [creativity that is inside]. Actually, a person who is simple-hearted, who doesn't think too much, lives for the moment, enjoys everything, such a person is very suitable for Sahaja Yoga, very suitable. But you are also because you are a seeker and it is not seeker of today but of many, many, many ages, you see. So you have to find it. Whether you find it today or tomorrow you have to find it. So better have it today. Why postpone? I've been told you are a journalist so I said have it. Because...

New person: I'm a journalist of sorts.

Shri Mataji: Hmm.

New person: Not a hundred per cent but I am working for the radio.

Shri Mataji: No, journalists I've met, both experiences as a journalist, you see. But it's a very sensitive area to which they deal, you see. And if they do not understand their responsibility they can be very dangerous to the cause. This is a very big costly cause. It's not a simple cause, a few people here and there. It's the whole world has to be saved, you see. The emancipation of the whole humanity is My work, you see. It's not a simple work which can be just a trivial, a trivial thing or one can just make fun of or something like that, you see. And here I find a journalist, for example, came in Lausanne who was a very nice man and was a very intelligent and he saw to it and got his realization. He was just there. He was so good; he wrote a very nice thing about Me but he was till he was [gone OR going] on a holiday and we get a presenter, the editor made a big fun out of it, you see, and they wrote there's an [old lady again who is coming.] and was corresponding and wrote few letters in all such places.

All that, you see, created a problem for Me in Lausanne because everybody said as if I mesmerize or some sort of a thing, you know. They couldn't understand. You see, they are waiting for a happening, they are waiting for a savior, they want somebody to do it, but when you say you are there you just have such a making fun of the person. At least settle down and see for yourself. But there was another sensible lady who came down to London and she got her realization. She went to Geneva and she wrote a very sensible article [about what she felt really OR that she felt very great] what she felt. Actually I would say her realization took about three days. But it worked out. In Lausanne [all who came to Me], first class. This lady could feel it and she stayed all the three days to see Me. Can you imagine?

She got her realization and while realizing whatever I talked to her, she wrote such a column, [print out the report OR it down, she told everything]. And she published that article. And how many people got realization? You see, the same thing, just imagine in Lausanne is Sonia [and Linda] and Geneva now we have at least, we should say, about a hundred people who are very good, and while in Lausanne not a single person. You see, so it's a very sensitive area, you see. This is a new type of crucifixion, I should say. So you could be Jews or you could be, you can say you could be [the] horrible Romans, if you want to be the disciples of the

truth people. See, so the area is very sensitive, this. The journalist area is the worst of all, I think, because if they are not helpful they can be very dangerous, very dangerous. And there's one Oxford award, she's achieved, [Swarna].

Sahaja Yogini: [Swarna].

Shri Mataji: She wrote an article but you know her style is very ... she thought program starts because she writes about. So she wrote like that. But she did say what she has to say about, but that doesn't have the impact on people and this is the [thing why] somebody resents about it perhaps. And she is again wants to do it again, you see, but I said, "First you change your style. Then you come to Me, because now you have to do it not in the normal way as you do it but it's a ?". Of course, she did it in courageous nature but she did it in a very frivolous way. It didn't have that impact. But say in Australia, tremendous. Australians are the best. How they solved it and how they did it, I told you a miracle happened and [that's why they all believed]. But it's a money-making thing; it's a money-making thing. People can make money out of this. I don't know when [the crooks are dying], you see. They say the dharma is in turmoil. It's a money-making thing whatever is controversial, you see, critical...

New person: If somebody can turn something nice into something nasty they do so.

Shri Mataji: Yes, same thing, you see. They can convert it into anything, whatever they want to be [virtuous]. But this is a very important point and it should not be harmed. But if somebody harms it, it's dangerous for that person also because it's God's work. And in God's work ? and this is very important ? it's the most vital to think about. It's THE thing, is the epitome of creation. I mean, if you don't take your, say, realization for example, you are, [outer/out then], finished; that's all. As far as I am concerned it doesn't matter. But if you spoil the chances of others then it does matter.

New person: No, no, what I think is...

Shri Mataji: It's dog in the mangy [GW: manger?]point like, you see...

New person: I'm sorry.

Shri Mataji: It's like a dog in the mangy {GW: manger?}you see, who won't eat the grass as well as others doesn't allow, to catch it in the [jaws] like that. That is a very dangerous thing, [they are cunning to Mataji].

New person: Mother, You're the wise [woman/One].

Shri Mataji: Mmm.

New person: You're the wise [woman/One].

Shri Mataji: No, I'm just telling you. If you tell Me that, I'll say "No, that's you see, a journalist. You have to be careful with the journalists, you see. They will [think now OR print out] many things nonsensical, you know, very nonsensical things they will say. Like I was staying in a place in Bombay in a nine-storied, you see, so they said, "She's staying in a nine-storied house," or something like that. I mean, it was a horrible flat, actually I was absolutely Spartan, nothing there, no furniture, nothing. But today you see what, what do they expect a person to be, I just don't understand. It was [scary to a fright] since they are having none like that. Any expectations are like that, isn't it? And they are also paid by all these fake gurus [whosoever they are].

New person: [They are serious black handlers]

Shri Mataji: No.

New person: Oh, really?

Shri Mataji: They all. All. You see, I know that's a now on front Good Tara, Good [Patilia] you know something like that.

New person: It's that fourteen year [old] boy?

Shri Mataji: No, no, this is another one, something unknown, sort of a nonsense have started now. The fourteen years is finished now.

New person: It's all right. [He's retired].

Shri Mataji: He is retired. Not only because this, [but] his disciples have got blood cancer. I've told you, it's very dangerous. Like Hare Rama might get throat [cancer]. [I put them right, now finished.

Shri Mataji: Mmm.

Sahaja Yogini: Hare Krishna, [Mother].

Shri Mataji: Hare Krishna, ahaa. Very bad. They did, they come to Me to help. But I mean, it is curable, not so bad. But some of them are really bad. But whatever it is, see all these, how is taking advantage they must be [heaved], pampered, think no end of themselves, you see. They never [feel] will be finished off. But this I am telling you about new one. They are giving this time hundred and thirty thousands pounds, you see, openly for the publicity of this TARA. And "Times" is writing about it and then they are expecting Christ, you see, talk to deliberately and appear on the television.

New person: Concernedly.

Shri Mataji: Concernedly. Such a thing.

New person: It's [figured].

Shri Mataji: They make a Disneyland out of France, I mean, they can make anything. It's all show. You cannot be any show about God, isn't it, and just put in Disneyland. You cannot just show it by [creative] advertising or anything. It's reality and reality is what it is. It cannot be what they want it to be. So I am sure you'll get your realization. That's all My work and it will be [unclear]

New Person: [I'll do it.]

Shri Mataji: All right? That should happen; that's the main thing. You are seeking not in this life but in many lives. You better then cooperate. All right?

New Person: I'll try.

Shri Mataji: Just cooperate, cooperate, cooperate. It will work out. You are, you are very relaxed. Your Kundalini had crashed but it fell down again. [It's for your kruta. Still you haven't [got]. So much [inaudible]. I'll look after. I'm working on you, whether I'm talking to you or not, I'm working on you, all right? [unclear] You see, you are against Catholicism, isn't it?

New person: On a certain extent, yes.

Shri Mataji: Yes. That's, that's correct. It's a very correct attitude you have.

New person: I'm, I'm sure it is. I went to school with priest, somehow [everything OR he] was strict and everything was contradiction.



Shri Mataji: Yes, yes, that is true. It is contradicting. You can see. That's a very correct attitude you have. I mean, I was just saying in this morning only. Imagine what have done out of all these big incarnations who have been on this earth. Like for Mohammed in Islam, nonsense they have created, [unclear] they have created. How are they going to recognize the reality going [wrong]? They have created, you see. It's all money-making propositions.

New person: Oh, certainly, certainly.

Shri Mataji: It has nothing to do with God actually. How will they recognize Christ?

New person: You are right. I'm sure they'll get rid of Him.

Shri Mataji: They have some fun in lots of ways and methods. Got really bad but if they could be saved they should be. This Mr. Pope [I've risen his [Kundalini] this one governing is doing now].

New person: Sorry?

Shri Mataji: When I went to Cracow, you see, I went, I went to their place because My husband it's a VIP, you see, so they made a Mass for them. And this fellow was the cardinal, was the cardinal in this Cracow. I didn't know all that but you see against this thing we should be [understanding] everything. He is very, is very impressed by Indian people, this one. And I raised his Kundalini. He felt that also, [and it fell down] like that. And I wrote a letter to Gregoire because Gregoire's birthday is on the 8th of September. And I wrote to him a letter and I said I'd met just someone like this, a cardinal and I raised his Kundalini because Gregoire was sort of moved, sort of worried about all the Catholics going to hell, you see. "Oh, I said, [unclear] are these because... But you don't worry but I don't think it will stay here. It's all fallen down and all that." And the letter [will be there]. So when he was elected he said. I had forgotten all that. He said, "Mother is the one whom You gave realization."

New person: That would/could have been of help to him.

Shri Mataji: Aaa?

New person: That would/could have been of help to him.

Shri Mataji: I don't know. But sometimes you know, he, Gregoire says that, one day he was talking on the radio, on the television and Gregoire said, "Now please say something about the Holy Ghost. Say something about the Mother Earth." And he has started talking about the Mother Earth and Gregoire raised his Kundalini and [unclear]. There were two-three Sahaja Yogis sitting. So it may work out but, you see, he's so much bound. You see, he is not Spirit-oriented. He's more power-oriented, everything else but the Spirit.

New person: He's man. He's man. He's man elected by men.

Shri Mataji: Man elected by men and certified by men, not the Divine power, [he's not divine]. And man-made things cannot be raised.

New person: No, the man destroys everything he touches.

Shri Mataji: Aaaa?

New person: Man destroys everything he touches.

Shri Mataji: See that...see that, [he does, he does]. But man is the most beautiful thing on earth. He can recognize Me. Whatever he touches, feel it, [creates] now, will vibrate, will grow. That's what Sahaja yogis are doing, they do. And we experimented with so many things. A Sahaja yogi in India experimented with wheat, you see. And it comes out ten times more and he has got [ninety/nineteen] Star of India. And he's made such a lot of wheat in India. See, now is the time when we become really a prophet, not a saint, I would say it's hard to understand because we can give realization first. Time has come. It is great [news]. You must have read Blake.

New Person: Yes.

Shri Mataji: Blake has described all Sahaja Yoga in such details to comprehend. He said, "The God of men will be born in those days and they will have powers, they will become prophets, and they will have powers to make others prophets." But he even described where I stayed for he said that the first we're going to live is [Twyburn Brook] where I lived. Then he says that foundation will be made in London where we laid the foundation of our ashram." Then he described the house that I now have, which will be decorated by the Sahaja Yogis. He's describing the house near we [play on] such a ground and [unclear]. And it's what My house is there now and these boys are painting it with gold, the ceiling. And the golden diggers will be doing in it. It's such detailed, such details we got. And a sinuousness will vibrate this. Sinuousness are the nerves will vibrate that land.

It's so beautifully he has done. I don't know how he could see, like Markandeya. He's a seer at that point. But in this [unclear] that has happened [unclear] unless you see his [saintly way]. I think, I've only seen one exhibition that was [unclear] much. And they were just looking, "Oh, how nude this woman is. How nude is that." I said, "Look at these." We never understood [unclear]. So sad. Blake did talk of Jerusalem long back. In England, nobody can believe it.

New person: [Is it he speaks of ancient times?]

Shri Mataji: Is it, it is going to be Jerusalem.

Sahaja Yogini: Yes, he knows it.

New person: And [Satan] is the Church of England.

Shri Mataji: They think like that.

New person: And then [thus he changed] international probably.

Shri Mataji: Yes, but what about this Bishop of Canterbury? He's very fond of all the fake gurus. Actually, he felt about the people who [are most cunning]. Now can you imagine this? Bishop of Canterbury. He's so stupid. But still I've told these people to write to Me, same problems, [the same persons]. You are an English or American descendant?

New person: I'm half-Austrian, half-Irish, born and brought up in England.

Shri Mataji: This time I'm going to Ireland.

New person: Really? I've never been there.

Shri Mataji: Really?

New person: Never. My mother is from Ireland.

Shri Mataji: She's from Ireland. Yes.

New person: Yes. In the south.

Shri Mataji: South, south of it, is it, we go to south Ireland. We have some[one deep], very sweet girl from Ireland is there. And is so anxious she's said/told, "You must come to Ireland. You must come to Ireland. " But north Ireland I was told that these Mahesha yogi disciples are three percent, are three percent population of north Ireland is Mahesh yogis. Israeli there are, how much? Five percent or something of Israelis are disciples of Mahesh yogi. No wonder they have become so mad. Very destructive.

Sahaja Yogini: Mother, I have a question concerning the group. Mother, what would you do [You do good] and someone of this point of view comes to Geneva because they come very often. We would like to do something very good. What is the best thing to do? We are expecting somebody for tomorrow evening just near the house where I live and we must do something against him.

Shri Mataji: Simply give a bandhan; just give bandhan. He wrote to Me a letter about a Dean, you know, from, a [doc] was written, written up, from Cambridge. And Jim and Hillary have got a, a restaurant in that medical college. And the Dean of that medical college, he is a disciple of Mahesh yogi. So when he came down to the restaurant, he saw My photograph. Perhaps they know about Me. So he said, "Why this photograph is here?" He said, "It's all right. It isn't doing any harm". So then he called for a very big meeting, brought [unclear], spent lot of money, this, that. So they wrote to Me, Jim and Hillary that, "Mother, You see, please put Your attention as they are going to have a very big meeting," and deliberately I was [putting them into] [bandhan]. So I just put My attention and when they came back they laughed and laughed. I said, "What happened?" He/Jim said, "Not a single person came to the meeting. He had brought [heating] such a big hall and all that, everything." He has really accumulated so much money, so much money he has [accumulated]. He doesn't know what to do [with them]. So much money. He got three aeroplanes. He got so many things he got. This lout fellow has got fifty-eight Rolls Royce and now he got the fifty-ninth one.

New person: Oh, really?

Shri Mataji: This is their image. They came in the fifty-ninth. He, he wrote to them, "I'll come to India only if you give me the fifty-ninth Rolls Royce." Poor this boy, you know, he did everything that he could. He sold their house and this and got him his present Rolls Royce. But he won't come to Sahaja Yoga. John toyed with somebody.

New person: Okay.

Shri Mataji: John you know, John he went to see somebody because he was to [unclear] was going to see him. So he said "What's this nonsense? You are [doing] nothing; is all absurd, you see. All this is madness is nothing but such of nonsense." And he said, "Really?" and then they got into the car and this boy suddenly got into a tree. He got mad with all the car's articles, here, there, braking a little. So John got out of the car. He said that, "This must be a mad fellow, isn't it?" And ultimately he was caught up by the police because he really hit him. And thank God, John got out. He was hitting and he said, "Just now he is half-mad." He's a devil. He's a demon, [this fourteen years is a demon [unclear]].

I know all of them one by one, what they are, who really they [are] and how to get out of [that], which you should all learn. You definitely will know. But first get your realization. That is the first condition in Sahaja Yoga that you must get your realization. It's not enough. You have to get your realization. You make the experiment. Then you become a Sahaja yogi. Then we'll tell you everything about, not before. That is the first condition that you must get realization, and you should feel the vibrations and you experience the vibrations of others. You should be able to enjoy, and then you become a real Sahaja yogi. Otherwise, you see, if we'll talk to you about it you'll go mad, because it is tremendous. The knowledge is tremendous. The knowledge about Divine is tremendous. The communication power of God, of Divine is so great, it is remarkable. The fact is that/there. Some Sahaja yogis are now going to India, and Christine [from Switzerland has to organize them, their travels].

Marie has told, "Just put a photograph there." So, that's not the way to show you that somebody [has evolved] came to see Me from [America] all the way to India, now. So I mean whatever it is first of all get your realization. Sit here. [unclear name] translate so.

Sahaja Yogini: [Italian].

New person: True.

Shri Mataji: I have to try again to work it out. It's discipline and effort. It's only what I feel and I trust you. I've got some people in My trust which are all with you. It's that, simple as that, clear as that. Where is it? It's your own. Prashant? Come. There must be something about Me that you can trust as good. All right?

New person: All right.

Shri Mataji: He has a void.

Sahaja Yogini: Oh, yes.

Shri Mataji: Yes. [inaudible] sick to the toilet. Oh, God. His void is very much...

Sahaja Yogini: God, it's terrible...

Shri Mataji: It is to be cleared out.

Sahaja Yogini: Means, Mother, that [shall I shoe-beat him]?

Shri Mataji: Aaa?

Sahaja Yogini: Means, Mother, that [I should shoe-beat him]?

Shri Mataji: It's all right.

Sahaja Yogi: It's that the void, Mother? It's void.

Shri Mataji: Yes, that's Void. Yes. Left Swadishthan catching. Void. No, no that's it. Come along. It will work out. It's void and [unclear]. Certain points we have to work out, all right? Can you take out your belt? It will be better. And this black thread will do it better than that also.

New person: It's probably not going to work, you see. It doesn't undo.

Shri Mataji: Aaa?

New person: It doesn't undo.

Sahaja Yogini: Scissors?

Shri Mataji: But you take it off.

New person: Scissors.

Sahaja Yogini: Okay?

New person: Scissors.

Shri Mataji: That's little better, sit down. Sit that side. See the truth, see the truth, see. [In that, see] collectivity.

New person: Please, see/sit.

Shri Mataji: His Swadishthana. Just give him more bandhans. Can you see the procedure? It's such, that you cannot become a member, there's no membership, nothing, no organization but you have to become [something]. And we have to work, not you. You are not working. [Missing part]. And these fake gurus don't work at all. But if they don't do any work what's their [purpose]? They sit down and take the money; that's all. You see, they don't do any work. It's heart chakra I'm getting. Heart chakra. And this one is done. All right. [unclear]

Sahaja Yogini: Do you want to attend to you?

A person: I really want it.

Shri Mataji: Ha. Now you ask the question, "Mother, am I my own guru?" Ask the question.

New person: Mother, am I my own guru?

Shri Mataji: All right, again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Again.

New person: Mother, am I my own guru?

Shri Mataji: Ha. See. [unclear name] you see. [Must I tell you about?]. Left void.

Sahaja Yogini: I understand.

Shri Mataji: So left Swadishthana it is there. Oooo...

Sahaja Yogini: Please feel the absolute truth.

Shri Mataji: Left Swadishthana it is there still. Aaa. Better?

Sahaja Yogini: Yes.

Shri Mataji: Better?

Sahaja Yogi: Swadishthana is still.

Shri Mataji: Swadishthana? Yes. Ha, yes. He's better now.

Sahaja Yogi: [But left heart].

Shri Mataji: Ha. Yes, left heart is still. Put your right hand on the heart, please. Ha. Vishuddhi, now don't feel guilty, you see. That's again economically [unclear] is very cheap. Never to feel guilty. Now, better?

Sahaja Yogi: Heart is there [unclear].

Shri Mataji: Heart is still there. All right? Now don't feel guilty. Vishuddhi.

Sahaja Yogini: It's really I think [done]. I must congratulate you. You are much better now?

Shri Mataji: All right? Ha. Come. [Nabhi it is]. Please put bandhan. Now there's one thing, I can't get over your own freedom, you see. So you will have to ask for it. You say, "Mother please give me realization." I can't get over...

New person: Mother ,please give me realization.

Shri Mataji: Again. Again.

New person: Mother ,please give me realization.

Shri Mataji: Again. Once more.

New person: Mother, please give me realization.

Shri Mataji: Ha. All right? Going out. Don't think. Don't think. Better, see now. All right, once more.

Sahaja Yogini: It's warm, cool, warm, cool.

Shri Mataji: You see what is it?

Sahaja Yogini: Now it's really cool again.

Shri Mataji: [It's a bit longer] Hmmm... And now even more, all right? Come along, come. Rest one moment. [unclear] What I'm saying once you get realization then you get correct answer. See, the Kundalini must come up because in the seeker it will come up with the force [and it works out]. Hmm... That can't be in five minutes.

Sahaja Yogini: I can see that.

Shri Mataji: Seems like [unclear] for a time. What is it?

Sahaja Yogi: Vishuddhi is the problem.

Shri Mataji: Vishuddhi is. Ha. It's obvious. [unclear]. Hmm. It is there. Better? All right? Ha. It's all right? It's cool. Very [unclear]. Hmm. Better? [unclear] All right.

New person: [Inaudible]

Shri Mataji: Vibrations? Yes, it is more.

Sahaja Yogini: It's beyond [unclear]. Hmm, what's it [unclear], Mother?

Shri Mataji: Heart. Ha. It's heart. [unclear]

Sahaja Yogini: Finished.

## 1982-0428, Liver, Mantras

View [online](#).

28 April 1982

Liver, Mantras

Public Program

Rome (Italy)

Talk Language: English | Transcript (English) – Draft

Public Program Day 1. Rome (Italy), 28 April 1982.

YOGINI: ( says some words in Italian, she translates the whole speech )

Shri Mataji: Now to cure this liver we have to take lots of carbon-hydrates. And best is white sugar, if it is vibrated. Now doctors always say that, "Don't take sugar". You cannot have a general treatment like that for everyone, because everybody is different and different problems. Those people who have liver-trouble must take sugar which is vibrated. When this sugar goes into the blood-stream, then it puts the, it puts the [unclear; H2O.] of the water, of the blood into proper shape. The [H2O?], you see in the hydrogen and oxygen, it's like this, you see, the Oxygen is in the center, say, and these hydrogen's, two hydrogen's on the sides, like this, you see. But when it is imbalanced then what happens, this goes up and this comes down and it cannot receive the heat. But when you get that and this goes down and these two come up, when you take the vibrated thing. So, you can receive the heat. So that when you take this vibrated sugar, when you take this vibrated sugar, your liver is cured. Normally, liver-patients are always skinny and they are very irritable, they could be very hot-tempered. And they could be very dry in temperament. They may not even have any, any emotional feelings left in them.

Ah, I had a dentist as a – who came to Me, a dentist and who had become absolutely without any feelings. He said, I have no feelings now for anything. He said, he has no feelings for his children, nor for his wife, neither for his mother. So I said, "What do you do every-day, what exercise?" He says, "I do jogging for five miles". I said, "Why do you do it?" He says, "To keep good health". But your, your physical health is not everything, your physical health is not everything! You are not only your body, you are not only your emotions, you are not only your intelligence, but you are the Spirit. And if you just look after your body, then you might become a wrestler or something. But even if you are a wrestler you'll come to Me and say, "Mother I have no peace of mind".

Such people can get heart-attacks, even those people who plan too much and think too much can get heart-attacks. They are all vulnerable or prone to heart attacks, they can easily get heart-attacks, such people. Because if you pay so much attention to your body your spirit in your heart doesn't like it and it gives you warnings and even then if you don't listen then it just disappears and a person dies. So this is the problem of the right-sided people. Now the left-sided people are the people who are very emotional, they weep and cry too much and – ah - they can be very boring, ah - if one is dry, another is boring. While one thinks of the past and one thinks of the future, but you have to be in the center.

Now people who are left-sided can drive down very much into hysteria and things like that or they can even get into possessions by the dead spirits. Even the right-sided people, if they are extremists, they can get possessed by very ambitious people who are dead, the example is of Hitler, he was a possessed man of very ambitious spirits and he was heart-less, he had no feelings and he, he had such a capacity to give these spirits to others, to get others possessed also. And he possessed many people like that. So anybody who thinks that ego is a good thing, then they should know, that they can end up as Hitlers. Now the left-sided people can get leucaemia also, they can get troubles of the uterus, palpitations and frightening and fear, they can live in constant fear – ultimately they become lunatics, they are not normal people.

But a person who is left-sided is, gets the trouble to himself, but the right-sided trouble others, they are never aware that they are troublesome people, while the left-sided always feel sorry and guilty.

So to overcome all this we have to be in the center - that means we should not go to extremes. You see, the western life is more



ego-orientated, because they say, what's wrong? When an eighty year old man will carry on with a girl who is eighteen years and he'll say, what's wrong? And an eighty year – ah - woman will carry on with an eighteen year old boy and she will say, what's wrong? Ego makes you stupid. That's the first thing that happens to egoistical people, they become stupid and they say, what's wrong? They jump into all problems, saying what's wrong? Because they lack wisdom and they get success, they think that is success, like Hitler thought. And they try to aggress and put forward their point of view.

The left-sided people may not aggress, but they can be sly. For example the breast-cancer is caused to women who are left-sided and are in-secured in life. For example if a woman thinks that her husband is a flirt and she has a sense of in-security and she develops breast-cancer. If the husband is right-sided and woman is left-sided then there is more danger, because the husband won't have any feeling and the wife will have too much feeling and they will go more to the extremes. But when you give vibrations of realized souls to this center-heart, there you see that heart-center, then with the vibrations the security is established. That is how bloo - breast-cancer can be cured. Any kind of cancer can be cured with Sahaja Yoga and it may take hardly any time with some people.

Our president of India, he came from America, when he was operated on for cancer of lungs and he was just dying in London, in the aero-plane, and actually they had made all preparations for his funeral in India. I went with My Husband to see him, because My Husband knew him very well and the High-Commissioner of London told the president that this Lady is not only Misses Shrivastava but She is the Mataji Nirmala Devi. And his wife had heard My Name, that I have cured many people, so she said why don't you save my husband? And he is a nice man, a good man, I just put My Hand on his back for ten minutes. He had not slept all these days with all the injections and everything, but he felt absolutely relaxed, he wanted to sleep. And then he got up absolutely fresh and in Delhi, when they reached, he just walked down and everybody was surprised. And then when I was in Delhi he invited Me especially and showed Me that even the operation-mark has disappeared. And he wants Us to have an Ashram in Delhi also so that many people can meet Me.

But We are not interested in curing people, because if the cured people are going to do some work for Sahaja Yog, then it is of some use. [to the translator: cured people] I mean you will not have any lamps repaired which cannot give light to others. [to the translator: Say it again!] Now those who do not want to help others, who just want to use Sahaja Yoga for their own purpose are of no value to Me. It is a very selfish attitude and Sahaja Yoga is not meant for people who are selfish. Those who think for others, those who want to do good to others and give them enlightenment are My proud, I am proud of such children. If a Sahaja Yogi is very selfish, only looking after one-self, then after some time he loses vibrations. So one has to know, that if you are cured you must learn how to cure others and you must know how to give enlightenment to others.

Now, it's a collective happening, Sahaja Yoga is a collective happening, it is not for an individual. Where about, ah, where more people come and sit together there I reside, there I am – but it is not a group-formation like the one We know of these mass-rallies and these mass-programs, it's not like that. Because mass is nothing but a mimicry going on, doing all abnormal things. If one starts jumping, others start jumping, if one starts saying Mantras, others start saying Mantras - but they are not aware. But this I am talking about the collective, collectivity, which means you are aware. That means you – ah – you know what you are doing.

Now again, about the Mantras I must tell you that it's a big science and one should know how to take Mantra, what time, where. You cannot give a general Mantra to everyone, like a general medicine. The Mantra is according to the way Kundalini is moving. Say the Kundalini has stopped here, then you have to name, take the name of Christ or you have to say the Mantra of "Lord's Prayer". Now if it stops in the stomach, you have to take the name of Vishnu. If it stops around the Void then you have to take the name of these primordial Masters like Mohammed or like other People like Moses, Abraham. If it ... if it stops here you have to take the name of Shri Krishna or you have to say "Allah hu Akbar" with these fingers in your ears and that's how you can cure your throat-troubles.

These are all Mantras, but not like everybody stupidly saying "Allah hu Akbar" or everybody saying some Mantra which has no relation to that person - and before realization you have no authority to take any Mantras. Like if I have to meet – supposing – the Prime-Minister then I have to go through proper channel, there is a protocol, I cannot just go and shout his Names

somewhere, ah they will arrest Me. Now God is the Prime-Minister of all the Prime-Ministers, He is the highest of all, so taking His name is not such a simple thing, that anybody can take His name, just call Him as if He is your servant. And the way we pray sometimes, you see, look after my father, look after my mother, look after my children, look after everyone, that's not the way to address God. First you have to get your realization and enter into the Kingdom of God, then He looks after you. Then He looks after you fully, in every way.

Krishna has said, "yogakshemam vahamy aham", meaning, "I – ah – after you get your Yoga, I look after your well-being". You must get Yoga first, He said, Yoga first and then kshema. [To the translator: Kshema is well-being.] So even materially you are helped, but you don't become over-rich, that is going to extremes, but you get a satisfaction that a King has. You get that status within yourself. So – ah - with Sahaja Yoga you can cure many diseases and for the time being you can use My Photograph, because it has got vibrations. Now people say, that why Mothers Photograph is to be used? Because this is the first time somebody has taken a photograph.

[a short discussion amongst the Yogis, Shri Mataji asks: What's it?]

Yes, because you see, Shri Krishna's Photograph is not available, Shri Rama's is not available, Jesus's Photograph is not available, Mohammed's Photograph is not available – now only you can take photograph. So Photography has also come at the right time, so that we can really have a collective emancipation. Many people have got realization through photograph. So why not do it? If you can get advantage of it, why not use it? Ah, another question people have, that why it is Mother who, who has to do it? But I said, that you do it, I will be very happy. If you could do these things yourself, I'd be the happiest person, because then I'll have some leave. But I don't know many things, I, I, I really don't know man-, things that you people do normally, like I can't write a Check, I can't go to the Bank, I can't take a photograph – I don't feel bad! Then I don't feel bad, so why should you feel bad, if I know one job?

So that's how one should look at it and should get full advantage for one-self and give it to others. Now those people who have any questions can ask Me also and I would like to talk to people who have got some diseases little later. Now if you have any questions just ask Me.

Thank you.

Yogi: One of my friends, he just came back from India a few weeks ago and he said to me he was on the Himalaya, in the mountains and there he met a man and this man, ah, say his name is papaji and this man says he is a Maha-Avatar and he says is – ah, ah, ah – Maitreya and he has many disciples and my friend came back very excited to see this being has really much power and he needed, he said, he needed some [INDIST.SOUNDS LIKE: lives to reach] and he came back very much excited and he wants to do very natural [INDIST.]. Ah, do you know anything about this man?

Shri Mataji: Papaji?

Yogi: He says that his name is Papaji.

Shri Mataji: I know quite a lot. That's all there, you see, there are real Gurus in India also, there are, but these Papaji is not. There are many real Gurus, but they are hiding themselves, mostly and - ah - even if somebody goes to them they are ver-, they don't like it and, because they are fed up, you see and they have told Me Mother that first you establish a proper atmosphere for us, then only we'll come down.

Yogi: [says something in Italian]

Shri Mataji: But about Maitreya, now I tell about Maitreya. Maitreya, again you are futuristic, but doesn't matter, Maitreya is the one who is coming as Nishkalanka as called as Kalaki, is the last, when Christ is coming to sort out, that is the last Avatara but when He'll come He will not talk to you. [to the Translator: "As you tell this, My dear." And later: "Maitreya."] Yeah, He is the one who is going to come. He is actually Mahavishnu at this stage and then he comes as Maitreya at that stage and that's

Kalaki-Nishkalanka, is called as Nishkalanka - means pure, and My name the same. [Shri Mataji to the Translator: Maitreya laughs]

Ha! You got it here in the Sistine Chapel, Maitreya standing there - is a ... Sistine Chapel has got Christ exactly, where He is standing at the Agnya-Chakra, throwing people left and right, you see, that is what He is going to do. That's Maitreya, Michelangelo has done that. He is not going to talk to you, council you or redeem you or anything raise your Kundalini, He is just going to sort you out, at the end. That is going to be the ultimate, that is going to be the ultimate where those who are useless people will be destroyed, only those who are realized will be settled in the Kingdom of Heaven. And those who think themselves to be very big [INDIST.SOUNDS LIKE: dowdies] like Kings, Queens and all that – they will not enter into the Kingdom of God. It's only the Seekers who get their realization will be there. That's why I am here, to give you realization and to teach you how to give realizations to others. All right?

First thing you must know, any Guru who meets you, anyone – don't listen to stories. The person, if he can give you your own powers through realization is the one who is real. And those who put spirits in you, make you dance and jump and an-slave you are not real. They are devils some of them are really. I know all of them very well and you should not be [INDIST.SOUNDS LIKE: eluded] into their docks. You people are much higher than all of them, but you can be easily miss-led.

So now, is there any other question?

Yogi: Yeah! You are talking about – ah – that Christ come here [INDIST.] for this time and ...

Shri Mataji: What?

Yogi: ... on Sunday, on Sunday the 25th [INDIST.] and there is a big sign in the newspaper with he was saying, he was saying that Christ – you see - He will, He will release Himself to the next two months ...

Shri Mataji: Hmm, that's another, that's a story, again a story-teller's. This one was company of called T-A-R-A, Tara and, and they are going to se-, spend hundred and thirty thousand pounds. And they are going to make Christ appear on the television. Even if you spend all the wealth of yo-, this world you can't do it. [Shri Mataji laughs] It's all money-making propositions. You see, money begets money and the spirit begets spirit. So all these jokes and all these clowns, you should not pay attention to them. We have had enough of them. All right? Yes, it's true, that's a big amount, they are sen-, they are saying also, we are going to spend hundred and thirty thousand pounds, they are not ashamed about it. (Shri Mataji laughs) And they'll bring some hocus-pocus there. How will you recognize Christ, tell Me? After all, realized people can, but otherwise also you can rea-, ah, recognize very easy, ask Him to walk on the water.

aside: Did you feeling pain? Oh God, void, I know he has a very bad void.

[Yogis laugh]

What's happening?

YOGIS: [INDIST.]

Shri Mataji: Feeling the pain, in the void?

Yogi: In the void, yes that's right ...

Shri Mataji: Hmm. The, the way they talk about Christ as if that He is in their pockets. There are all descriptions about every incarnation and to make them out it's not difficult.

Aside: All right now, is it, is it any ...?

Yogi: [talks in Italian]

TRANSLATOR: He wants to know ...

Shri Mataji: All right.

TRANSLATOR: ... he wants to know [INDIST.] recognized a special [INDIST.]

Shri Mataji: [laughs] Yes, it is so. It is so. I am here to do that job. Later on you will know about it, that's My speciality.

Ah, should We? Yes there, Rama?

Yogi: I would like to know about another friend's friend and he had an accident ten years ago, and he cannot walk and he has, he is like cut here in this area, at the end of the spine, you know, but I don't know how, the feeling you know was sometimes working, sometimes sick, the walking, You know, he ah, and he was afraid, you know, and ...

Shri Mataji: Who cannot walk, what do you say?

TRANSLATOR: He has a friend that had an accident and he did also [INDIST.] because he has his spinal cut here and he would like to see him walk again.

Yogi: He had a ...

TRANSLATOR: [INDIST.]

Yogi: Now the thing is, that sometimes that his feeling and sometimes right, I cannot, you see it, You know, but he may walk again. I would like to know You, tell us if it is possible ....

Shri Mataji: All right, I teach you how to make right. Try, you are trying, what trying? I don't know how far it is broken, but what trying? You may work it out. Now, but don't pay too much attention just now to the sick. First of all you all must get well, you must become – ah - good Sahaja Yogis, you should become strong and then you should do it, because if you start doing it just now, you see, you are just now like little Babies, you see, like little seat-lings and this is very important, this month you have to be care-full about it and once you are established as Sahaja Yogis then you will know everything how to do it and how to work it out, but as a Mother I have to tell you that you should be care-full. Just now the Kundalini has come up, you are just now sprouted, be care-full. First you have to also learn how to protect yourself and how to properly understand all the Chakras and things so, it would be easier for you, because I don't want that you get caught up into something else.

TRANSLATOR: [INDIST.]

Shri Mataji: Is so?

TRANSLATOR: [INDIST.]

Shri Mataji: Hmm, is she better?

TRANSLATOR: [INDIST.]

Shri Mataji: It's very good. You tell them how to do it - you see? - with the Photograph, today. Tonight you try with the Photograph and then tomorrow again We can be here – at eleven O'clock?

TRANSLATOR: Yes.

Shri Mataji: All right. Yes, this photograph now, you should mount it properly on some sort of a cart-board or something, so it can be kept where-ever you feel like and if you want you can frame it, even through the glass the vibrations come in. Now this Photograph has got vibrations. Now before doing anything else you have to put a light-candle before the Photograph - so if there are any negative forces around will disappear.

Now what you do, you first put your left hand towards the Photograph and the right hand on the heart and saying thrice, Mother I am the spirit. When you say that, you will start feeling the cool breeze flowing into your hands. Now supposing you don't get any cool breeze in the left hand, then you put the right hand and put the left hand like this, outside. You will find that the flow will start coming in and there will be cool breeze. Then again put the left hand like this and see if it is coming now in the left hand. Now this means that you are taking the vibrations from there and you are letting out into the atmosphere the negativity, or the abstractions.

Now when you see that both are all right, then you can put both the hands towards the photograph. But in the night, before sleeping you should get a little bowl of water with salt, this is symbolic of the Ocean - that's the Guru - and put the light again before the Photograph. And look at the Photograph with both the hands and put the feet in the water. The water should be warm enough, the water will suck in, there also you can do, the same way is to put left hand and right hand here, to begin with, then put the right hand towards the Photograph and left hand out, like that. Then left hand towards the Photograph, right hand out - you will find the movement within your-self. Then put both the hands towards the Photograph ...

This is one thing, then to raise your Kundalini yourself, stand before the Photograph and move your right - left hand like this - this is the desire and put right hand in clockwise manner and go on taking it out like this, like this. Keep this hand steady and one hand you raise. Take it on top of your head, as much as you can and take it out and [INDIST.]. Again - your left hand, left hand steady, yes, now with right hand should, it's better to be care-full. Or you can sit on the ground if you like, one of the [INDIST.].

Now put it up on the head, on the head, like this, now proper you [INDIST.SOUNDS LIKE: can do that, proper. Fasten it]. Now again, third time. Then again do it with complete attention, you see, this is your desire and this is your action - you are acting on that. Now We raise it up again - now you have to give three knots here: one - two - and three. Now see. [INDIST.SOUNDS LIKE: This is all you have to do.] This will increase your vibrations - you see. Are you feeling vibrations now, within? Is good. Are you feeling cool breeze?

Yogi: [INDIST.SOUNDS LIKE: Now I feel sensations, it's like ...]

Shri Mataji: That's not cool breeze.

Yogi: [INDIST.]

Shri Mataji: It will become cool breeze after some time - all right? All right? That's all. It has improved so?

YOGIS: Yes.

Shri Mataji: So it has. So you can give twice, thrice or however you feel like, you can do it, raising up the Kundalini or even before sitting before meditation and then, if you feel like closing your eyes, you can close your eyes and go into meditation. You will be in thoughtless awareness, there won't be any thought. Just try to increase that space of your thoughtless awareness, that's the presence.

Yogi: [INDIST.]

Shri Mataji: Now she is in charge here, she is in charge [INDIST.] like some others [INDIST.] ...

YOGINI: Antonio!

Shri Mataji: Antonio is here?

YOGINI: Yeah.

Shri Mataji: Antonio is here? And ah, ah –

YOGINI: Giuseppe.

Shri Mataji: Where, where is he? Here? Is he here? Then ...

YOGINI: Yeah.

Shri Mataji: So and, and you are here and ...

YOGINI: [INDIST.]

Shri Mataji: [INDIST.]

YOGINI: [INDIST.]

Shri Mataji: Do you want to continue? [INDIST.] All right. So all these people who are here all ready who know about Sahaja Yoga. So you have to get to it seriously and work it out for a month and they will also contact you and after My going also they are having a conference-hall where they meet you all and they will be able to guide you and tell you how to go further and gradually you will know yourself. And once you are absolutely – ah – established you feel completely free and full of joy. All right, you all are there who are here and after you have fully done established tomorrow I will see you again. Work it out in the first [INDIST.] proper. And [INDIST.SOUNDS LIKE: tomorrow in the] evening I will be here and tell you all about these Chakras.

SEEKER: [talks in Italian]

YOGINI: [translates, INDIST.]

Shri Mataji: So makes no difference – ...

SEEKER: [talks in Italian]

Shri Mataji: ...you can keep it anywhere. Even the Photograph has got lots of vibrations, this one. And My attention is all over Italy.

What did happen?

Yogi: [INDIST.]

ANOTHER Yogi: [talks in Italian]

ANOTHER Yogi: He wants to know this – ah – ...

TRANSLATOR: [explains Shri Mataji what was said]

Yogi: [talks in Italian]

Shri Mataji: Ah, ...

Yogi: [talks in Italian]

Shri Mataji: ...ah, it's the Lakshmi, yeah, but don't worship Her, because this is not made by a realized soul. Oh he is all right, it's good, it is a representative of Lakshmi, I will talk about Her – all right? But you should not worship, because the statues are not made by realized souls.

YOGIS: [INDIST.]

TRANSLATOR: I am going to tell her.

Shri Mataji: You see Me, what is to be worshipped and how in the Bible was it written My Name.

Thank you very much!

## 1982-0428, The aspect of the deities on the chakras

View [online](#).

28 April 1982

The Aspect Of The Deities On The Chakras

Public Program

Rome (Italy)

Talk Language: English | Transcript (English) – Draft

2nd Public Program April 28th 1982 Rome, Italy

I bow to all the seekers of truth.

Yesterday I gave you an introduction to the spontaneous happening of Self-realisation through Sahaja yoga. There is no other method than the spontaneous and the living process. As all the seeds sprout the same way, in the same manner, your awakening also takes the same way.

Today, especially as asked by someone, I would like to tell you about the aspect of the deities on these centres. It's written in the Bible that "thou shall not recreate anything or reproduce anything that is created by the Mother Earth or the sky and worship it." But the first part is, people, pay more attention to the second part where it says "whatever is created by Mother Earth and the sky". Now, what is created by the sky and what is created by Mother Earth? The one that one can worship.

You'll be amazed that this Mother Earth understands much more than we know. And this Mother Earth produces through her being such stones or such images which have a coefficient which emits vibrations. For example, in England, we have a place called Stonehenge. For a normal person, it is something mysterious but it is produced by the Mother Earth and it is placed in three and a half coils exactly. But some people who did not understand the meaning of it took up the stones and placed them on top of other stones and there is a cult which blindly goes and worships the place. But if a realised soul goes there he can feel the vibrations of that place.

Now for you to understand where it is a real thing coming out or not the best way is to get Realisation. I just saw the photograph of Stonehenge and I said that is a place of worship. But those who are not realised also go and worship there, it has no meaning. Because if you are not a realised soul you are not connected and you do not understand what you are doing. And thousands of years have passed, these stones are standing as they are.

Now also people have found out that when the magnet is used on the ground there are some places where it tips down – means there is more magnetism coming from the Mother Earth and it pulls it down. These are the possible spots where later on the Mother Earth may bring out that kind of a stone which has that coefficient.

For example, the stone that they worship in Mecca is already mentioned in the Puranas, in the ancient books of India. It is called as Macceshwarshiv, so it is true that that stone has a power to emit vibrations. Now in the Islamic religion, it was prohibited absolutely, as in Christianity, to worship any statue. Because the reproduction of any one of these will be done mostly by people who are money-oriented. And these money-oriented people cannot produce that effect out of the stone, of whatever material they use, which is genuine and divine.

For example, Notre dame has got a statue of Mother Mary which is very vibrating because it is done by some unknown artist who was a realised soul. Here also the Sistine Chapel in the Vatican is very vibrating because it was created by Michelangelo who was a realised soul. So the one that is created by a realised soul is vibrating.

In India we have places where there is a Shiva's Temple, are formed on such swayambhu, it's come out of itself. We have got 12



vyotirlingas and actually, they are divided, the two last are divided into two halves, means they are in two places. But for a person who is not realised it is just the same whether they worship a Shiva Linga or they worship any other thing, it has no meaning, they don't understand, they are blind.

In the beginning, when the search for the spirit started, people saw deities placed on these centres. But when they saw that these centres had these deities they made statues out of them. And they started praying to those statues. So if they had to get to the nectar or to the honey in the flower they started talking about the flower. And that is how they got lost in the flower. Now the thing was when a person like Christ or a person like Mohammed, all these people came on this earth, they saw that this idolatry was going on of the things which are not vibrated and the people who are blind. So they started talking only about the honey so that people should care for the honey. Of course, all of them said that "you must get your second birth, that you must get your Self-realisation".

I think Sahaja yogis can come forward so others can sit down there. Now come forward and sit here, enjoy. You are alright. Young people, you can sit there. Let them come forward.

They thought it is better to talk about the honey that is contained in the flower and put the attention of people on the honey itself. But their followers have not realised souls and because they were not realised souls they started their own ideas about getting to the honey. So they talked about a god without a form. But they also talked, talked and talked. They did not follow what these great incarnations said that you have to be born again. Human beings are very good at making a mess of everything that is real.

So to get to the honey what has to happen? That you have to become the bee. If you are not the bee you cannot get to the honey, whether we talk of the honey or of the flower. Why these people talk so much that they built up dogmas after dogmas, all artificial.

The simple thing was to get Realisation which is a very very simple thing done by the Kundalini that is within you. Some people also thought of the Kundalini but they also made a big dogma out of it. With these dogmas, you cannot reach there. On the contrary, with these dogmas, people only fight and have hatred for each other. And these dogmas only have made all these religions, or we can say all these praises of God, as useless. It is why it's becoming a kind of a quarrelling place – Medina, for people.

Like in England now the pope is coming, they are fighting that Catholicism and Protestantism are fundamentally separate, different. They have only one fundamental and that is Christ. They all talk of God and how there can be fundamentally different? To me, a simple person like me, I can't understand quite these quarrels of the intellectuals and their flights.

If you have to eat the fruit better eat the fruit. And what's the use of counting the leaves and fighting what number they are? So the mind or the attention was taken away from these deities for this reason that people should not get entangled with them, may reproduce their statues and worship them. And no use doing that. There are 12 Shivas I told you and there are so many of the Vishnu, real ones, and there are 8 Vinayaka, Ganeshas, in India, 28 of the Primordial Mother. But what's the use? Indians are hopelessly bad. They are not realised, people. Maybe because of these vibrations they are rather frightened of God and they don't take to things which are not good for sustenance easily, as other people have done. But they are very materialistic, they could be more materialistic than the western people. For in England I have very few Indian disciples. So even if they belong to a place where there are vibrations going on, it may have no effect on them. It's like rain falling on the upside-down pot.

Now today when I talk of deities one must know that there is one God and He has one power which is Love. This Divine Love is the Shakti, is the power which is, we call her as the Primordial Mother if He is the Primordial Father. Now I am one person but I've got a heart, I've got a liver, I've got a brain and I've got my digestive system. And the whole thing is a very complicated system. When we say, "I have one God", we think He is like the rock of Gibraltar. He is a living God and He has different aspects which are represented as different deities. And that what has reflected in you also because God created this Earth to see His reflection. This universe is His mirror and when human beings become perfect, when they get their Realisation and improve onto them, they reflect God fully in themselves.

Now it is said in the Bible that God made man on His own image. Now supposing this is the image of man, so God has to be something like this. And this image has got 7 centres within it mainly so God also has got 7 centres within himself. So this image of man has the most important organ as the heart. And in that heart resides the God Almighty as Spirit. In Sanskrit he's called as Sadashiva, in Arabic he's called as Rahim and in the Bible, he is called as Jehovah. Now His power is the Holy Ghost, is the Primordial Mother, is expressed in the human beings in the Kundalini that is in the triangular bone.

[Shri Mataji speaks aside: "Can you come up some more?"]

In the beginning, they are both one, and it's the state of entropy where they are sleeping. At that state, they are called as Parabrahma. You must excuse me because I am using Sanskrit words because there are no English words for this. Italian is better but French is much worse because there is no word for awareness. Because as I told you in India it was the search in the root that gets evolved all this knowledge. Actually "Sanskrit" means "made holy".

Now this, the Parabrahma is the One that is a sleeping state, where nothing is created. Then the Parabrahma awakens, it's an eternal process. When it is awakened then the desire of God, or love of God, wants to create. So He separates His power, the Primordial Power, from Himself and this Primordial Power creates. In the same way in a human being, it is reflected the power of desire on one side, and on the right side – the power of creativity or power of action.

Now with this power, which is the active power, God's Primordial Power becomes two powers; that is first of desire and then divides into two: first is the power of desire and third – the power of action. It's separate from the God Almighty who is the witness of the play of the Primordial Mother. Now there is a third power which is within us placed and that third power is the power of Evolution or the power of Sustenance. By this power, we have become from amoeba to human beings. Now after becoming the human being we become the higher human being where we get related to the whole by the awakening of this primordial power which is the Holy Ghost placed within us as Kundalini, reflected within us.

Now the first centre which is placed below the Kundalini is the centre of your innocence. It's the child within you. We can say, in evolution – till we became the carbon atom. [Unclear] centre is called as Shri Ganesha.

Now the same Shri Ganesha incarnates on this earth much later as Mahavishnu at this point as Our Lord Jesus Christ. So when people say that "you have to go through Christ", it's a fact and ultimately the Kundalini has to pass through that centre. At the Sistine chapel that's what Michelangelo has painted, it is this centre. This centre is placed between the pituitary and the pineal body in the optic chiasm means the crossing of the optic nerve. And some people call it a "third eye". And it has to be pierced through ultimately, otherwise, you cannot get your Realisation. So the message of Christ's resurrection is this: that He crossed through that small gate to become the Resurrected so that you all could be resurrected. So the time of your resurrection is now. But it cannot be done by just an artificial type of baptism. There Christ has to be awakened only through the awakening of the Kundalini by someone who knows the job, who is authorised by God, not by a theological university. Actually, they will never recognize Christ. Christ has said, "You will be calling me, 'Christ, Christ', and I won't know you."

Now, what is the importance of this happening, that Christ is to be awakened, why? Why is it necessary that He must be awakened within us? Because Christ is the incarnation of the Energy of God that is innocence and that was awakened here, sucked in two pouches that are above, called as Ego and Superego. When we work with our action power we think we are doing the work. But actually, you do not do any work. What you do is a dead work. Like a tree has fallen, so you make it into a chair, you think, "I am a great furniture maker." From dead to the dead. But we don't do anything that is living. We can't make the trees grow, we can't make the flowers. And so beautifully organized that a mango tree will give you a mango, without any confusion. This kind of complicated work that is done in millions and billions of times is done by the real Doer, that is the Primordial Ego. Ours is a false one.

It is like some villagers wanted to go by plane and they were told not to take too much luggage because it would be too much for

the plane to carry. So they put the luggage on their heads in the plane thinking they're making the plane little lighter. Our Ego is that absurd.

So this Ego develops within us as a result of our action and the ignorance that "we are doing it". The Superego develops within us when we start getting conditioned. They are born in India, you are born in Italy and start thinking, "I am an Indian", you start thinking, "You are an Italian", all this starts from the very beginning. A person is given the name Alexander, he thinks he is Great Alexander. Moreover, if you are told not to do it, you become a sort of quite apprehensive that this should not be done, out of fear.

There was a lady in India, used to fast on all the five days in the week. So I asked her, "Why do you fast five days, it's too much." She said, "My father fasted on Monday, my mother fasted on Tuesday", like that – all her relation fasted on some day or other and that's why for five days she was fasting. So it comes from the animal heritage that we start to mimic others and start taking conditionings upon ourselves.

So that is how we either live with the Ego or with the Superego. And there was a big theory of karma started from the time of Shri Krishna who lived 6000 years back in India. And he said that when you will become realised then you will become "karm-atit", means you go beyond karma. But he never said that you can for your karmas, you can clean them or washed them off like that.

But even the people who followed Christ never understood him. Because when the missionaries went from here to India they never told that Christ is already born, it was promised in the Puranas, and that He is the One that is going to suck our karmas. That's how these politically oriented people went there, that they had no idea what Christ was for. They went there just to have more people, converting them so that democratically, it had democracy, they will be able to rule politically. What does it matter if the donkey is a Christian, Hindu or Muslim? No wonder Christ trod on the donkey.

The purpose of his life was to give you resurrection. He is called as "Mahavishnu" in the Puranas, in the Devi Mahatmyam, where the Mother Goddess of Christ is producing him in the Heaven first. [Shri Mataji speaks aside: The mother Goddess is the Virgin Mary, that's right.] And Mary was an incarnation of the central power called "Mahalakshmi".

If they had just mentioned just the quality of Christ the Indians would have known what is He. He was Mahavishnu which is promised thousands of years back, that he will come and He will be the Saviour, he will work for sucking our Ego and Superego. Now when the whole situation was that they did not know that He has arrived and that He is the same as Mahavishnu described, naturally people still went on with their karma theories. Though it is in our ancient astrology described that this time will be coming and that there will be a method by which this Kundalini will be awakened spontaneously and people will get their Realisation. So people were waiting only for this, not understanding that Mahavishnu has not yet arrived and how is this going to happen. As everywhere people were so very money-oriented and they created big religious things and temples, and this and that, and making money out of it. Everywhere where the vibrations are and where the real has come out of the Mother Earth there is a big nice temple and now they are making big money out of that. Recently, I am happy to say, that most of them are now taken over by the government. Of course, the government also doesn't understand anything about vibrations. At least they will not make money out of it.

So this is the great deity of Christ which appeared here where there is a red mark on my head on that crossing of the optic chiasm. So in the heart resides God Almighty as a witness, as the Spirit, and the Holy Ghost in the triangular bone as sleeping Kundalini.

Now the second one actually is in the navel, the Navel centre. This is the centre which represents on our side our desire for our well-being, desire for food and provisions. This centre looks after the digestive system and is bestowed upon by the deity of Shri Vishnu or Narayana, as you call it. The one which is the Father, who gives us all the provisions, who sustains us, the One who incarnates on this earth to lead us in our evolution. And this deity is important, very important, as it is the one that creates that path called as "Sushumna" for our Realisation. It is the deity that gives us our awareness and when it is whole it becomes our brain. At that time He is called as the "Great Primordial Master", so it is the Primordial Being. In Sanskrit, He is called as "Virata"

and in the Quran, He is called as "Akbar". So the whole Primordial Being is here, and Shiva is in the heart and Virata is in the brain.

Now from this centre arises another centre which is, actually looks at the second centre, but it's the third centre of Swadishthana. The navel centre, or the Nabhi chakra, manifests outside, in the gross, with the solar plexus, while the third centre, Swadishthana, manifests outside, in the gross the aortic plexus which looks after our creativity. So the creator aspect which is called as "Brahmadeva" is placed on that. Now, this Creator creates five elements and out of that it creates the earth ultimately and on that lives Vishnu to create human beings or material things he creates.

Now it goes around the Navel centre and this is a place where we call in our Sahaja Yoga as Void, it's the hiatus. When Moses crossed over the Mediterranean Sea it is symbolic of our crossing the Void. So this Void, or this Ocean of Knowledge or Attention, is frequented or incarnated by the powers of the Primordial Masters. They come on this earth to tell us what is our sustenance, how to be in balance. The Ten Commandments are the ten sustenance we have within ourselves. They are the people of Dattatreya, the people who incarnated as Dattatreya are the people like we can say like Abraham, Moses, Socrates in the West and Mohammed, Nanaka, like them, ten of them are divided as the incarnations of this Primordial spirit of the Master, Gurus. And the last of all was in India about 100 years back called Shirdi Sai Natha. He's done a lot of work in India, but not this new one, he is an imposter. Because he puts before his name that he is the true one. If you are true you don't put before your name that you are true.

These great prophets or great incarnations came on this earth to teach us how to lead our life in balance, in purity and in holiness. But why to live with all holiness and purity, for what? Because if you are not in balance it is difficult to raise your Kundalini. A person who is an extremist is like a person who stands on one leg. Even a person who sits on a cycle has to balance it. Anything that has to move has to be vertical and in balance. Have you seen any bicycle going like that all the time? But we are like those racers who go round and round and round in a circular way, it's a very absurd and an abnormal method the way we are extremists.

I mean, you tell anything, even to the seekers, they go to the extremes. Moderation is the key of life. If you overdo something you really spoil this delicately built body of a human being. Yesterday I told you about the centre that is called as Swadishthana which transforms your fat for the use of the brain that thinks too much. Now I was told that Italians are very fond of the sun. That is the sun line, right side. Sun, a little bit is alright, in moderation. But why sit the whole day? The brain is made of fat and the whole fat will melt and by the time you are 40 years you'll end up in a lunatic asylum. Apart from that, your liver will be spoiled. They say that it makes the skin brown. What is the need to have brown skin? I don't understand. Because if so then it is better to marry black people and have brown children. That is the best solution. It will give integration and racialism will go away and you won't have to burn your head in the sun. And too much sun gives so many other problems, like skin cancer you might develop. You might develop also [UNCLEAR] which is a horrible thing, that all the time you feel like vomiting, you can't eat any food and you are skinny. Too much sitting in the sun has so many problems that I will give one complete lecture to tell you how horrible it is. Of course, there are vitamins in the sun and for D vitamin you can take tablets, but don't waste your health. Nowadays there are people who are having in the house some sort of a solarium to burn their skin. Are we all becoming cinema actresses? This idea I think has come from them because when they take their photographs, you should see, they are all painted in dark colours. Whatever God has made you, you are beautiful. In India, people hate to go to the sun because they think they will become brown. And it is difficult to get married to a girl who is brown in India. Just the other way around here, this idea that this is mostly relative.

So all these things take you to extremes. Like some people want to slim so much that they look like mosquitoes. And horrible looking they call themselves beauties? Such people are extremely hot-tempered and they will divorce very easily. Of course one should not be very fat, but that doesn't mean that you should be abnormally interested in things which are not of use. All the extreme behaviours make you absolutely abnormal.

Now we do not say that we do not drink or do not smoke. Because if I say that then half of you will go away. But as soon as you get your Realisation you forget it. Then you don't have to be told, the religion is born within you. It is an enlightened religion, then you'll just avoid anything that is wrong for your health, that is wrong for your healthy mental attitude. Emotionally you become so

[UNCLEAR] that good relations are established in the family, in otherwise also. And as you become collectively conscious you become conscious of the whole. And that is how you exist in complete harmony and complete bliss of God.

Because I have to these other three centres, out of which I've done with Agnya and the other two I will to tomorrow. Because Realisation is the most important thing, not talking. And if you want later on, once you are realised, then you can get my tapes from London and from other places. I have been to America, all places, and you can listen to them for further knowledge.

But the first and foremost thing, is a very serious problem of today, is how to get to your Self? So forgetting everything you must first get your Self-realisation. Yesterday some people, I was told, were saying, "What is so great in getting the cool breeze around?" Now, if I give you a diamond you won't know the value of it if you are not a jeweller. But you'll have to go to the market to find its value. In the same way, when you get this cool breeze, the feeling, it is the All-Pervading power which does all the living activities, that vibrates in your heart as pulsation, that vibrates in every atom and every molecule, that gives gravity to Mother Earth and that is the one that gives you meaning. Once you get that then you'll be amazed how it blesses you. Not only that you get material, physical, emotional and mental blessings but also you get complete protection. You will be surprised gradually when you will see after Realisation – every moment you are protected and guided as if angels are looking after you.

There are some many miraculous things that have happened but I cannot tell you all of them in a small thing like this. But for example, there was a girl who was coming from a village to see me in Bombay. And she met with an accident, that girl, the whole bus came down, twice rolling down, it fell out 20 feet down, and it fell on four wheels and nobody was harmed at all. And the driver runs away with the fear. But there was a man on the bus who knew how to drive and he got into the bus and he started the thing and he came upon the road. Indians are very sensitive to saintliness. So they started asking, "Who is the saint within us? Who is the realised soul because of whom we are safe?" But this girl felt shy to tell. But she had a ring with My photograph so they said, "Then Mataji has saved us and this girl is the saint with us."

## 1982-0429, The Heart and Hamsa Centers

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The Heart And Hamsa Centers

Public Program

Rome (Italy)

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Public Program Day 3. Rome (Italy), 29 April 1982.

All the seekers of truth, I bow.

I have told you before during last two days, about the different energies that run within us and also the subtle centers who manifest with those centers outside, except for two. Today I will tell you about the remaining two centers and about what to do after realization. As you know, today is the last day and tomorrow I have to leave and next time I'm sure I'll come for a week to meet you all again.

Now the centre that is placed in the center of the heart is called as the heart center, or in Sanskrit language is called as anahat chakra, anahat chakra. This is the center, very important, because till the age of twelve years the sternum bone which is placed in front of it, produces a kind of sense which are called as antibodies, and then these antibodies travel all around the body and protect us from any invasion from outside. This is the center that informs the antibodies about the invasion and how to fight it. This center is bestowed upon the deity of the 'Mother of the World'. She's the Mother of all the seekers and of all the saints and prophets and She protects all the seekers who are mislead or carried away by fake gurus and false gurus. She also protects the seekers when they are trying to achieve their realization and some negative forces try to pull them down.

This center is the center of security, so the first thing any one of these organizations - whether they are religious or of fake gurus - they try to put insecurity into a person: 'If you don't do like this, this will happen, if you don't do like that, that will happen,' so the person is insecure to begin with. Or it can also be that they might say, 'This is due to your karmas, you've been a sinner, you have been this, and you must confess, something wrong with you...all these things build up the insecurity within you.

Now if this insecurity is developed in a person the diseases are caused like palpitations, fear, nervousness, frustration, can be very cranky, hysteria, could be epileptic...can go to any extent. When a person sees a sign of danger, this center starts pulsating, by its pulsation the heart starts beating more and the antibodies are alerted to see what is the danger coming in.

But a seeker should never forget that he has a very powerful Mother, the most powerful Mother and She is capable of handling any kind of situation, whatever it may be, for Her children's sake. If this security is built in a person, he is not afraid of any kind of endurances or any kind of attacks.

In the very gross level also this centre is very active. Say a woman loves her husband and she has her security with her husband and if she finds that husband is a flirt or a man carrying on with another woman, if her security is disturbed, she may develop a disease called breast cancer because it is a mother's center; it is very, very powerful in a woman, but when women forget their potential powers they can develop a very weak center.

The potential power of the woman is a motherhood, not the way women flitter away their energies in doing all childish, cheapish things. They should not give away their chastity, sense of chastity so easily because then they will have no strength in their center heart, and they can easily get to problems.

Today only somebody asked Me, 'Mother, what do you think if the women want to work as the men, and what is the need to work like that?' Actually, in the affluent country there is no need for women to work, I mean to earn money. Whether you work or not

you get your money, but building up of children is the most important thing. Even the men must realize that if a woman is not respected as a housewife and as a mother, they are going to have the backlashes of this kind of system. It is the most important thing to give sense of security to your children.

In the West, people will give lots of presents and lots of things to the children to play and make them mad with it. I have seen seekers who come to Me from such mothers who are very demanding or who are very cruel or who are working outside, not paying attention to children, are difficult to get realization. Even the heart organ which contains the Spirit also gets into problem if the mother sense or mother security is not established in a person. Of course the children must not be spoiled, but they must know that their mother loves them. This work can not be paid for. It is the most vital thing today to look after your children.

I have seen in America which is such an affluent country, the boys, young boys and young girls are just like vagabonds, hooligans, absolutely they have no discipline of any kind. They are just wasters, they are good for nothing, they can never get realization, they've ruined themselves. If home is the blissful place of love, nobody will leave the home. After Sahaja Yoga, after realization, I have seen people settle down very nicely in their married lives, and have very nice children who are disciplined.

There are so many things now happening in this world, I mean we are so precariously placed that God knows what day it could be that the atom bomb can be released from somewhere, that can we could be quite harmed in such a way that all security and everything will be finished once for all.

So whatever is happening outside is also happening inside the human beings. Outside is the reflection of the inside and that inside is being destroyed at a very early stage.

In Sahaja Yoga, when the Kundalini rises and goes through this center, She establishes a kind of sense of security by which a person neither aggresses nor recedes. On the right side of the center is the centre we call as 'right heart.' This is the center of the father and Shri Rama resides on this center.

Now He was a benefactor and a benevolent king. A person who is not a good father or a son who is not a good son gets a problem of this centre and the result is asthma.

If your father is worried about the son or a daughter, he can get asthma. If a father dies very early also a person might get asthma. We have cured asthma of thousands of people and this is a simple thing that there is something lacking in the sense of the father; in the Spirit of the father.

Now the, because there's short time, I have to cover a lot so I don't tell you about the other centers, this is not one of the seven centres, but is a sub-center between the Agnya and the Vishuddhi; this one, and this one is called as 'Hamsa.' Means it is the center that balances; She's the balance that is within you. If the left and right side energies are working in a balance, then this center keeps alright. If it is too much on the right-hand side, then this center becomes dried out and if it is too much on the left-hand side it becomes full of mucus and people have problems with their face, pains in the face, both ways.

Now the Agnya chakra which is placed between the optic chasma in the, where the two optic nerves cross, that point, a very subtle center which controls pituitary and pineal body which I have told you already.

Pituitary is the king of all the glands within us because it is for activation, ductless glands, of the ductless glands, ductless glands and this pituitary also controls our ego. So this one can control ego and superego through pineal body.

So when Christ who is bestowed upon this center is awakened then it sucks both these balloon-like structures, thus it removes all our conditioning and all our karmas, all our actions.

So Christ is the one, one has to cross come to, otherwise you can not get your realization, no doubt about it, because if He does not suck the ego and superego, the door that is this Brahma-randa that is the frontanel bone area won't open, and to do that we

have to take Kundalini up to the Agnya chakra.

The Lord's Prayer is the mantra to open the Agnya chakra. Everything that is said in Lord's Prayer is required to please Christ there to be awakened, but this prayer should not be said by a person who is not a realized soul; who is not connected with God, otherwise it has no meaning because there is no connection. Supposing there's no connection between the telephone and you telephone: what's the use of telephoning?

In the same way, all these prayers they do so loudly and everybody can put up such a show and all that, has little meaning to God. The idea we have about God is rather funny because we think that we are already connected with God and whatever we say to Him He just listens to us, but actually the way we believe into things is so mythical that if somebody tells you that it is not so, one feels hurt, but I hope you won't feel hurt if I tell you the truth.

For example, I am not an Italian and if I apply for, say, a loan from your government they won't listen to Me. I have to enter in the kingdom of Italy. In the same way, you have to enter into the Kingdom of God and be enlisted there, but when people start telling lies it becomes like truth to them. If you go on saying same thing, same thing all the time, you start thinking that you are telling the truth and if some coincidence takes place, then you just start believing, 'Oh, God was very kind to me especially.' On the contrary, we have to, we have to think that, 'What have we done to receive the grace of God? What have we been doing to be in the book of His Knowledge?' That is the way, if our approach is, I'm sure one day it happens that you get your self-realization.

As I told you before, these are the days of resurrection. These are the days of Last Judgement and lots of seekers are born. That's why the population is so big. How are we going to be judged? You won't be put in some sort of a measuring cup or in a balance to see how you are, but you have a system within you, built-in, where this Kundalini - the residual power within you - rises and shows what are your problems. So this is the time of redemption and counselling and comforting so that you realize what is the Spirit.

For example, when Buddha got His realization He didn't even want to talk of God. He just talked of the Self or the Spirit, because He thought if He talked of God again people will think they have become gods. So He went further than we can say Christ and Mohammed to delimit the search.

For example, first people talked of the Deities and people got lost with the Deities, like talking about the flowers. Then they started talking about the honey and they got lost with the honey, means with the formless God. So Buddha just said that better only have the taste of that, just a little taste of the honey, but every religion is going against its own teachings. Buddha told them not to worship anything because He knew the problems that would come out of it so Buddhists worshipped everything; all sorts of things they worship.

Christ said, 'Don't have anything to do with the dead because they are Spirits'. He took out the Spirits and put them in the pigs but in every church you find a churchyard. All dead bodies are put there in the church. And Moses has told that one should not take hard drinks. If you go and see Jews, the first thing they will do is to offer you a champagne. You see the Muslims have been told not to smoke and to drink, not to drink, yes, because at that time there was no smoking and Guru Nanak told that one should not smoke and drink because at that time this was a problem but now I have seen in England the Sikhs, His followers, drink more than even Scotch people. It is such a situation with which one has to deal.

Now the main problem with us is how to become one with the Spirit. That is not a difficult problem because Kundalini, I know how to handle it and you will also know how to handle it and now the Divine has decided to get you to His Kingdom. If God's creation has to remain, people have to get realization to know Him, so the Divine Power itself is anxious to get you to the Kingdom of God.

There has been many predictions of these times; in India, in the Bible and in England also, by one great poet Blake, but the trouble with the people is that they are already lost and mislaid into wrong paths and they are misidentified because realization is not a hysteria or a mass happening; it is not hypnosis. It is something by which you get your own powers. It is not the power of



the guru that you admire but it is your own power starts manifesting and it is a living process of breakthrough which is now the end of our evolution. It is a living process, that means human beings can not do it. Only God or the realized soul can do it.

We can make people dance like mad, we can make them wear some sort of a, a garland, we can make them nude, or do all kinds of mass hysteric things even murder them together; all sorts of things they are doing now. This is simple mesmerism. There are some people who materialize things, bring out some diamonds and things like that. God is not there to give you diamonds. If He has to give you something, He'll give you something that you can not have. He will do something that you can not do and He'll give you something that is of the highest value, so invaluable that you can not pay for it and that is what you should expect when you are seeking.

It is very saddening sometimes to see that how in seeking, in frustration, people have gone into things which they should not have gone into, but I have seen after realization there is such a transformation. Apart from the appearance the whole being changes so much. All the priorities change so, so quickly and the whole behavior becomes so collective. Not mass, means individual is aware, that great harmony and bliss resides among them.

First the thoughtless awareness is the state you achieve. That happens when Kundalini crosses this spot.

When the thought rises from a point it goes up and comes down. We see the rising of the thought but not the falling of the thought and then another thought rises and again falls off. So either we are in the past or in the future. In between [this] these thoughts, there is a space and that space is the present, and we have to stay in this present, and in this present we are thoughtless but aware. If you want to think you can think, but if you don't want to think you need not think. This state is your fort where no one can attack. All negative thoughts or thoughts of aggression do not, can not enter into this pure, holy area of present. All the present moments are full of dynamism, every moment is full of joy and dynamism.

When the Kundalini touches the Spirit and crosses this frontanel area when you get your real baptism that time you feel the, feel Spirit within yourself in your attention, that you become collectively conscious. That means you can feel yourself and others on your fingertips. Now if somebody wants to know a particular person if he's realized or not it's very simple for a realized soul: he just puts his hand and thinks of the person and immediately he can feel whether he is realized or not.

Now for you to establish that collective consciousness you have to work in the collective. Means you have to feel the vibrations of others and you have to know your own vibrations. You have to practice. You have to practice very diligently, and you'll be surprised how scientific it is. Even if you have ten children tied up their eyes and if you ask them to feel somebody they'll always say, 'He is catching on the heart,' and if you ask the gentleman, 'Did you have any heart attack?', he said he had two already.

But where does lie the problem? The problem is, there are so many fake that one can't keep [unclear: time? Or track?] of another fake but all fake people take money from you and they have a big sort of a what you can call an iron curtain around them. For which you know I worked; you don't have to work. Other gurus will tell you, 'You give me money and start jumping for three hours' or, 'Give me money and stand on your head for two hours.' If you can't do it he'll say that, 'You're no good; you better give me more money,' and such people appeal to people I don't know how.

One thing one has to know that the time is precarious and important and very serious. In the Bible John in his revelation has said, 'only 144,000 people will be realized.' Can you imagine what a number? I'm sure already I must have given realization to about 35,000 people already.

Mostly Indians of course, but what about the rest of the world? Are they all going to be left out? But why? Only because of ego problem. Ego makes you blind. I can not pamper your ego, I'm sorry. Nor am I harsh with you, harsh. I can persuade it to a point.

If I have done the cooking, I can invite you to have your dinner. If you are not hungry you'll just argue with Me. I would like you to know so many other things like how did I make it, from where did I get it, all those things, but if you are hungry you will have it. Not only have it but you'll taste it. I can not taste it for you, can I? I am already tasting it and enjoying it, and enjoying it. I want you

to enjoy also and I hope that you will accept this invitation with love and take your realization.

I think there's no end to this knowledge as I've told you I have given hundreds of lectures everywhere and there are tapes, but we don't give these tapes to people who are not Sahaja Yogis. Also, we have books which we do not give to people who are not established in Sahaja Yoga. First you have to get your realization; grow into your realization. You should be able to give realizations to others and once you become doubtlessly aware, which is a state, then you are a yogi and then only we see that it is worth giving the book into your hands.

I am very happy that in My last two days I have seen so many Italians getting their realization. Though Italy is the last place I have touched in Europe and we have very strong Sahaja Yogis in Paris and in Geneva, but I have a feeling that we may have a much stronger centre in Rome because the people are very spontaneous.

I've been very happy to meet you all. I'll miss you – every one of you. You can always write to Me; if it is necessary to answer, I'll answer, but in any case I will know and somebody will answer you. It's very hard to say goodbye, but I have to say. After again I give you a session of self-realization today, I have to say goodbye to you. After that we have Sahaja Yogis here and we have a some sort of a center also you should contact, and we also have a program after this in a place where you can sit down and decide how to start a proper center in Rome.

Now, somebody has asked Me questions about the pope and it's a little embarrassing thing to answer. Only thing is if you all get your realization, then you can find out whether he is a realized soul or not and whatever he's doing is of a political nature, not of a spiritual nature. You see, we think that these political things can solve the problem of human being is absolutely wrong. Now, say I have think, I have the powers, so I'm the capitalist, but I can not enjoy them unless and until sharing it, so I am the absolute communist. All this forty crews as they say in Argentina or Chile or in other places like Pakistan and all these things are also not solving the problem. Any kind of government is not perfect. That is a fact.

Now, the problem is the human being itself. If you give freedom to human being, he runs like a madman. Half of the Western people are little funny there, because they think 'What's wrong in doing this? What's wrong in taking drugs? What's wrong in taking so much alcohol? What's wrong in killing yourself? What's wrong in killing others? What's wrong?' Such a stupidity of a showing off that they love each other and all that and while walking the steps of the say, a divorce case, they are kissing each other. What is this? Husband is killing the wife, wife is killing the husband, the children are killing the great-grandparents, the grandparents killing the... what is this? This is human beings. What kind of anarchy is this?

We had a, we had a Sahaja Yogi about twenty-six year old, and one day he came and he became very serious. I said, 'What's wrong with you?' He said, 'My mother was forty-eight years of old, she has eloped with my friend who is twenty-two years,' and the mother came to see Me and she said, 'What's wrong?' She had three young daughters. They have gone on their way to all wrong things. They have gone on the other wrong way because there's no [unclear]. It's a funny world, I tell you, this so-called 'freedom' is, is gone into waste. Man can not hold the freedom.

Now, I have seen many communist countries, I have travelled a lot because of my husband. There the people are absolutely useless. They have no freedom to think. They have always a fear in the despotic people also they find some sort of a fighting just to divert the attention of the people and the people are absolutely unaware of where they are, what they are doing, what is the time. If you give somebody some money he will immediately go to a pub. If you give money to someone, you make him rich, he becomes the worst man that you could think of. He has all the problems of the world. That's why Christ has said that rich can not enter into the Kingdom of God.

So, these political problems cannot be solved. Only the human problem must be solved from its roots. If we have many Realized souls, I'm sure it will work out much faster. And that is what is the need of today to save this humanity from complete disaster. So many seekers are born for the same purpose and I am sure they'll find themselves very soon if they have some wisdom left in their heads. Because when I tell them there's something wrong with their guru, and that has stopped their Kundalini from rising, they get so angry with Me you can't imagine.

There is one guru, he took three thousand pounds each from husband, wife and the child and gave them epilepsy and the guru said that, 'I'm going to teach you how to levitate and how to fly,' and this gentleman was the head of the Scotland Academy of that flying squad and then he came down to Me with all these problems which I had to solve – now they are alright – and they are perfectly doing well, but they've lost all their money, they were paupers when they came to Me, and they told Me that this guru has got already seven keeps. I think he'll have thousand if you go on giving money to him. What will he do with the money? He can't eat [inaudible: it?].

This is what it is and that's why I have to tell you, all your misidentifications with falsehood must drop and you must ask for your own powers. Sahaja Yoga is no organization, it is no cult, we do not have any membership, we do not force anybody to come or if somebody wants to go away we can not stop.

A person is called as 'Sahaja Yogi' by the quality of his or her evolutionary status and only these people are allowed to come in the inner circle of Sahaja Yoga and get the higher knowledge about Spirit. There is no money, there is no such nonsense going on.

So I think we should now have [unclear: a] realization, and get to our self, that is Spirit, and later on I'm sure we'll tell you some more tapes where I have described the nature of the Spirit especially and other so many things which I have not been able to talk to you.

One more question they asked about the handicapped children. The handicapped children are mostly created because the mothers do not know what to be done during pregnancy. Say, if you see an eclipse during pregnancy you will get a handicapped child.

If you see a setting sun during pregnancy for long period [unclear: of] times, then you will get children whose eyes that are very weak. If you get any antibiotic treatment during pregnancy you will get a child with the blue heart; as they call it a 'blue baby.' So there are many such things when it happens to the mother. Also, it is also karma sometimes that affects the child. All, all such children can also get realization and can also get cured, but our main interest is to give realization to people who are normal so that they can realization to other people.

(Disturbance in audience...) What is it? What is she doing? What is she doing? What is she doing? What is she, why is she behaving negative? What has happened? Huh? She is mad, is she? What is she saying?

(Yogini: this woman says that uh, this woman says that (Brigitte?) has attacked her and something like that..) You see, why are you disturbing everyone, My child? What don't you sit down? What, why are you disturbing us? We are doing good work, we are doing God's work. If you don't want, why did you come, and you are disturbing, getting up, going out, coming in... is it good? You have to be civil person, isn't it?

(Yogini: They, they said they're feeling bad because all windows have been closed.) Huh? (Yogini: They said they are feeling bad because all windows have been closed.) So don't (?), what did they want, to open the doors? (Yogini: They want to go out, is what I understand.)

But you shouldn't do like, this is not a cinema hall you have come to. No, you must understand the seriousness, you see, you must understand, you just can not come and walk off...it's not proper. It's not proper. All right, now let them go, all right? Now you can go, it's all right. Now you can go. It's not proper, you see? You disturb somebody who is doing good. You see, you are not so important, isn't it? What can you do?...but you should not trouble Me. If somebody's speaking here, you come in and go out, it's not the way to behave. This is a holy place. You will not understand. You should have respect. You have no respect, no respect. No, you have no respect. (Yogini: They say, they say they have been pushed on the floor or something.) Pushed? Please.

(Sound of commotion – arguing, etc. – increasing in room.) (Yogini: They say they have been...) All right, you can go out, all right? (Yogini: They want to know if they have been realized or not, because they say they have been realized.) You see? Just see, I'll tell you. You can not command Me. You should sit down. If you are realized you won't be so violent like that. Why are you so violent? (Yogini: She says that You can see if they can, if they are realized.) So what's the use of such a certificate? Then why don't you sit down. Sit down! Be quiet. (Yogini: One is saying that she has been used by [unclear].

All right. What happened? They pushed you? For what? For what? (Woman: Because I did not want to go out and they...) That I know, they were very disturbing. All right. Yes that's true, you see, when you come to a place like this, you have to be really in a very quiet mood. If you are in a negative way, you can be very disturbing to others. This is a sure sign of negativity. There was one man, who was sitting here, and was walking outside and were coming back inside and walking out... he is a possessed man, I know, because he wanted to get well but he couldn't bear also my vibrations, you see? So he was going out and again he was coming in. I could, I can understand, but if somebody's disturbing such a nice program of ours, then there's something wrong with the person.

This is a, not a political thing going on here, or a mafia or anything. It's a very simple thing that we are doing is to get to God, and they were going out and coming in and going out and coming in so I said, 'You better to lock the door so that they do not come back.'

I mean, even if you have to go in any case, because you are not all right, then you have to say that, 'Please may I go,' not to hit someone. It has been taken advantage by people that all the saints must be tortured and hit, but no more. It's a very different thing we are dealing with. They don't know what are they up to. May God bless them. They are very stupid, that's all I would say. All right. So we need not feel disturbed about it. They are negative, what can you do?

Now I would request you all to put your hands towards Me, like this and close your eyes. All right sit down now, comfortably. You see, if I told them that 'You are negative,' they would have [unclear]. They are stupid I must say. So many people think they are realized souls, you know. We, we are twice born and how to tell them, 'You are not,' because if you tell them, they'll hit you back. That's the problem. A person who is a realized soul is the one who can feel the vibrations of another person and can feel his own vibrations. They know where the Kundalini is. Even if they are small children of six months, they know and they show by sucking their thumb or finger what chakras where they are catching. So it is not proper to certify yourself with something, unnecessary. Why? You are the loser. Better to have it and then certify. Then you don't need any certificate. That is between you and your God, that you know you are realized.

All right. I would request you to put your hands towards Me like this and close your eyes. Please put both the hands and close your eyes. Please don't open your eyes, because when the Kundalini rises through the Agnya chakra you get dilatation of the pupils and if the eyes are open it doesn't rise.

At the very outset I have to say that you should don't feel guilty at all. On the contrary you have to say that, 'Mother, I am not guilty.' Say it at least three times. Please say it again that, 'I am not guilty. Mother, I am not guilty.' It's too much. I think you put your right hand on the heart and say that, 'Mother, I'm not guilty. Please say sincerely. What guilt can you have? God is the ocean of love and forgiveness and compassion, and what guilt can you have compared to that? You are all men of God and you have come to seek God. Why should you feel guilty? Whatever I have said you'll forget that also if you should feel guilty with something I have said.

## 1982-0430, Puja and How to establish beginners

View [online](#).

30 April 1982

Devi Puja

Ruth's Apartment, Rome (Italy)

Talk Language: English | Transcript (English) – Draft

Conversation with Sahaja Yogis, Rome, Italy, April 30th [unsure], 1982

Now we have to also find out the tapes from. Now when you go there, you ask Gavin and other people. They will give you the tapes. And also from Nirmala Yoga, also, you can ask people to have membership. You can also get some nice records and things like that. From Gavin, he will tell you. In France, there might be some tapes of music that have been done in my presence. Ask Gavin to give. And he will be able to tell you and how to get it. It can be sent by a person or post or something.

But another thing that now Marie is doing is to find out people who are against the cult, you see. And such people should be brought to Sahaja Yoga. Marie is doing that work, a kind of [unclear] and that's how they brought people, you see, to Sahaja Yoga. And that sort of people you find out if you ask Marie about it.

Sahaja Yogini: Against the cult.

Shri Mataji: Against the cult, you see.

And about the protocol also perhaps they are printing now a new sort of a pamphlet. So, you get those and other pamphlets that are there. If you can translate, we can get copies made for, I mean, you have translated?

Sahaja Yogini: I have translated only Sahaja Yoga practice.

Shri Mataji: And you got it printed also? All right. So, if you want any other that they have got, if they want to be translated or anything. You can ask them.

Sahaja Yogini: Yes, Mother.

Shri Mataji: A more good point, a fellow told me there, that all the gurus are telling the same, same things, except for you who has given us the Self and the knowledge. So when you talk to these people, that you say, you should say that, "You do not have the real knowledge. But first of all, you do not have the experience and the feeling. And thirdly, the knowledge about it, is also not there, you see". [Unclear name] was there, who was saying that, "This is every guru says the same sort of things. But does not do anything". So, that's the point is. Apart from that, the knowledge, you see, about chakras, about centres, about the deities then the Kundalini, nobody talks about it.

Sahaja Yogini: You said, "First the experiment, then the knowledge".

Shri Mataji: No. You see, the thing is, other gurus just talk big. And all of them talk the same thing. But here, it's the experience, you feel the experience and then you get the connection, the yoga. And then you get all the knowledge, very different from all this, of the higher life, divine life. It has not yet been anywhere explained so clearly.

Sahaja Yogini: I see.

Shri Mataji: That's it.

Sahaja Yogini: Mother, can I just ask you a question. Should we teach them very fast the mantras? Or should we wait a little bit?

Shri Mataji: So, you now teach them. So, you now teach them, you see. Like somebody who is now coming from TM, you can give them the mantra of this 'Narakasura mardini'. Actually, you people should also understand among yourselves, you see? You must have complete harmony among yourselves, no arguing, no fighting, or damage. The one who is now the eldest among you, as you are now here, should be taken as the leader. And there should be no quarrelling and when you go away, then Flavia can take over. But just now, as long as you are here, you have to be the leader of this place because I cannot contact everyone, all right?

Sahaja Yogini: Yes, Mother.

Shri Mataji: So, then Flavia can take over. And then Flavia should try to get a flat or some place and a telephone so she could be contacted. So, decisions must be taken about everything among yourselves not in the presence of others. In the presence of others, they should not even feel that there is any opinion difference or anything in you. Otherwise, you cannot become a guru. And the biggest thing that the guru has to do always must listen to others, what others are saying. That's how best is to solve the problem. Otherwise, if the guru just starts talking, and not listen to others what they have to say, then what happens, that there is a problem always.

You take a paternal attitude and then a sense of responsibility one must have, that it is your work. You have to do it. This is God's work you are doing and you have to do it beautifully. So that the best thing will happen, will be that you will also get out of your ego, superego, problems, and others will be helped very much.

Now if somebody brings in some problem, say a little problem about say, somebody's brother or sister, you see, this kind of a problem, somebody's brother or sister, you see, this kind of a problem, then one should not get driven by that. Just see that letter- that you should write such a letter that, "Mother, such and such has happened and this is happening". And you should put it before my photograph. That will solve the problem. And not to be worried on these points. On the contrary, a guru must give them a problem.

Sahaja Yogini: Must give them a problem?

Shri Mataji: A guru must give others a problem like, "We have to have a centre, what should we do? "

Sahaja Yogini: Oh, yes.

Shri Mataji: "We have to have a telephone, now what should we do?" You see, bigger problems like, "How should we arrange a program? How should we arrange a puja? Let's see what have you got". Instead of taking problems from them, you should say, "Now we have this problem now tell me". So you put them up at a higher level and a bigger level and a wider level.

You see, in the beginning of course, because you see, all people are around us and all that, so we feel concerned, this, that. But actually, gradually, when you rise, you start thinking that these people are really of worth, no doubt. But if a guru has a proper direction, he'll put the people on to the problems which are really facing in a big way, to everyone.

Now we have found out that if you just have a program, you could feel very boring. So, you can have a little sort of a tea or a dinner or something like that attached to it. And people can pay for it, you see, so there is more sort of give and take. Because at that level people are more sort of tuned to having a little dinner party so everybody can pay for it. Because at that level people are more sort of tuned to having a little dinner party so everybody can pay for it. If you have this kind of a program, then the thing will start moving much faster.

But if you just say, "Come to the program, sit the hands like this". You see, in the beginning, it is boring for them, because they think it's [unclear]. But later on that's the main thing, you know, that's the most enjoyable. So, to begin with, you must say that, "We are going to have a tea after that, you people should pay for the tea".

Vibrations are so much I must [unclear] Ah!

So, you see, you can have tapes and you can make it interesting Let them listen to the tapes. And let them listen to what it is. Then you can ask them to also- you can get Advent, but you can ask them questions and you should see what are the problems like that, you see. So, there is some rapport established first of all.

Say, "We will have a tape now", and let them play the tape. Tell people to write down if they want any important points to be discussed, you see. And afterwards, you can discuss among yourself so that they are involved in the tape. And if you have any problems, you can always tell me. And I can write to you or I'll telephone to you. Somehow, I'll manage to contact you or I'll ask somebody to write you. But you know how busy they keep me everywhere. And I have no time at all.

Also, you must get the photographs of all the people put them in an album. Keep writing when do they get the Realization, their names and addresses, it would be a good idea so that I can have an album which I can see every day, and my attention will be

there.

Sahaja Yogini: Mother, may I ask one question? As one of the problems in Italy will be the knowledge of English, would you give a bandhan so that the people begin, feel like learning English and learn it fast and easily?

Shri Mataji: Yes, how many languages can I learn then? It's better they learn English.

They are good at languages. I think they are quite good at languages.

English is all right for them and also, I think, Hindi would be all right. But French is rather difficult.

Sahaja Yogini: Mother, do you have any advice? Can you give us some advice for an introductory program? A [unclear] form, have to -

Shri Mataji: I mean, you see, Marie-Martine and you can [unclear] an advertisement and get other people also saying that, "This is Sahaja Yoga program". Get that fellow who wrote about me. If he writes some article, in some other magazine or something you see. So, he can say that, you see, "If you can see clearly that you did feel the vibrations and all that, this is not to be taken so lightly, you see".

Sahaja Yogini: He did feel the vibes.

Shri Mataji: Hum?

Sahaja Yogini: He did feel the vibes.

He did feel.

Shri Mataji: Yes, yes, yes. He did. So, if he can write something and he should then say that, "These people are saying that she is the Comforter and she is this and that. If Christ has said that he is going to send some Comforter, why not you come and see for yourself?"

Sahaja Yogini: That's right.

How long must we wait till we have some new people coming into this apartment?

Shri Mataji: You see, let them come. There's no harm as such, but because if you find a center nothing like. But till you find a centre, they can come, it's all right.

Sahaja Yogini: They can come right, very soon, if they are worried by the-

Shri Mataji: Yes, no, no problems. Because, you see, till you find a centre, they should come here. No problem, yes, it would be better. Because I've been here, So, by coming here, they will settle much faster, I think.

Sahaja Yogini: Oh, yes. So, we want to make many programs in a public room then.

Shri Mataji: In a public room, if you need a big crowd and all that, then you should have.

But you may need then to talk to them, you see, about what is to be done, or tell them that, "Now we need some money to have a public room". Now these are the problems, you see, which should be discussed with them. And talk to them, "What can you suggest? Can you get some place?"

Sahaja Yogini: Would you like some tea, Mother?

Shri Mataji: Hum ?

Sahaja Yogini: Would you like a cup of tea?

Shri Mataji: All right. I take a cup of tea and then I get ready, then we'll go.

It's already 10 past.

I take a cup of tea and then I get ready and then already. I don't know about [unclear].

Sahaja Yogi: It's half past ten, Mother, half past ten.

Shri Mataji: Half past ten, you see!

Sahaja Yogini: Ten thirty.

Shri Mataji: Is that sure? My watch.

Sahaja Yogini: Bolo Shri Bhagavati Mataji, Shri Nirmala Deviki jai!

So, I thank you very much, all of you, for organizing this program in Italy. And that bringing me closer to the Italian children. I thank you all very much.

Sahaja Yogini: We thank you, Mother.

Sahaja Yogi: Thank you Mother, so much.

Shri Mataji: You'll translate to them. Gracie.

Sahaja Yogini: Yes.

Sahaja Yogini: Thank you from Rome, from Italy, Mother.

Shri Mataji: I beg your Pardon?

Sahaja Yogini: Thank you from Rome and the Italy,

Shri Mataji: May God bless you all.

[21:42 End of talk side A. ]

[Cut in the audio. Puja to the Devi. Names of the Devi]

[Side B. End of puja. Conversation around 41 minutes; very unclear.]

You must make copies of these tapes and translate in Italian. And give it to them so that they can read it, you see.

Also they can- [unclear] in Sanskrit. Sometimes, you are not translating.

Sahaja Yogini: In Sanskrit.

Shri Mataji: Hum, 'nama'. There are only Gavin that has put some name [unclear] hundred and eight.

Sahaja Yogini: Mother, we want to thank you all of us, for this puja, which is a wonderful [unclear].

Shri Mataji: I'm your due. It has all that has to be.

Sahaja Yogini: We thank you also Mother, for so much time and so much patience and so much love.

Sahaja Yogini: Thank you, Mother, I feel so much confidence. [Unclear]

Sahaja Yogini: Thank you, Mother, [Unclear]

Shri Mataji: In the [unclear], I gave you my heart there. So, I am very concerned for the future of the people who will be there, whether they stick to Sahaja yoga or not, whether they have that assiduity to stick on, or may be lost, because once you have given them their second birth, they are your children. You tell them, "Mother was concerned about you all, that you should be serious and look after your Realisation. Because it's a very precarious time, very important, very rightly". I think, if this kind of a lecture you must tell to all the [unclear], so that they will feel it is possible to come down. When you are having other programs?

Sahaja Yogini: The next Thursday, Mother.

Shri Mataji: Will you be back?

Sahaja Yogini: Yes, I'll just be back. I will be back the night before. It will be the 6 of May.

Shri Mataji: How will you be back so soon?

Sahaja Yogini: I will take the night train, Mother.

Shri Mataji: And they can take a train in the night.

Sahaja Yogini: Yes, they will take a train in the night.

Shri Mataji: So, you just- as soon as you go there, you book your seats for coming back. You have to be back in time. It's very important that all of you should be there. At this time, whatever you desire, you must desire. Close your eyes, and desire for what [unclear]. Every thing that you want to have.

[End of side B]



## 1982-0502, A simple proposition

View [online](#).

2 May 1982

A Simple Proposition

Public Program

Vauban-Esquermes, Lille (France)

Talk Language: English | Transcript (English) – Draft

I bow to all the seekers of truth. I've been here before, also, to Lille, and it has been a place of special attraction for Me somehow. The peace in this place is very attractive, and the people, I'm sure, are many, who are seekers in this place. But these are the days when all kinds of confusions have to be there, and this is the time when your wisdom is going to be judged, and your honest seeking and intelligence is going to be weighed.

It has been already prophesised that there are going to be many fake people on this earth, talking about God. But it is for you to know that you are seekers and you will have to find the truth, otherwise you can never be satisfied and the whole life will be a waste. The seeking that resides within you is neither your ego nor your superego. It is very easy to pamper your ego and feel happy with mundane things of gross life, or to go on indulging into all kinds of imaginary tragedies. But today the time has come for you to face the reality, which is beauty, which is glory within you, which is being promised that you are to be born again.

It is promised that you are to be comforted, and you are to be redeemed, and you are to be counselled about it. And, because of such an understanding of the atmosphere, many people are floating fake and absurd organisations to dissuade you. This is a special time, the greatest of all in the history of creation. In your evolutionary process, this is the last breakthrough which you have to achieve. Now, this evolutionary breakthrough is a living process, as it has been before. It is a natural process, and not a man-made process. So you cannot achieve it by your mental projections, but by some natural happening within you, so that your awareness becomes newly enlightened. That means something must happen to your awareness, and not to your outside world.

For example, you may have any kind of government, makes no difference. At the most, maybe little here and there, there will be a change. You may have any economic system or social systems, it's not going to change much. If the tree is sick, you cannot treat it by treating his leaves, can you? You have to go to the roots. In the same way, the change has to take place in your roots, and the root has to be brought into play by giving some sort of a substantial help to the roots.

As it is a living process, you cannot pay for it, how can you? How much do you pay for being a human being? And what did you do to become a human being from that stage? It's only the ego of man; he thinks he can even organise God. You cannot organise Him, and no use also fearing Him all the time, because He is compassion, He's love, and He's anxious, very anxious to emancipate the human beings to that state which was promised, so that human beings know their Creator forever. It should not be an imagination again, but a reality, a feeling in your central nervous system, in your awareness. Some people have given ideas that if you start jumping you might get to God, or if you change your dress, you might get to God, or if you do all kind of these nonsensical things, you will get to God. This is a mass behaviour of human beings, coming from ancient times, from animal state. If one animal does something, others are supposed to do the same. They do not think about it. But in human state they think, and their thinking is also limited. For example a man he spends, say, 500 pounds for getting to God. So, another one...so another thinks that ...all right, I can pay 600 pounds to get to God. The third one will come with £6,000, why not?

So human beings have a speciality for bringing down all that is Divine to gross level, but animals cannot and they are not bothered. Somebody tells them that by giving up everything, so-called giving up, we have achieved God; people will give up their dresses, give up everything that is decency, decorum. By changing mental attitudes, you are not going to change anything inside, or by putting any kind of an human effort, you are not going to work it out. The One who has made you man, is going to make you superman!

At human level, it is difficult to believe. Animals never thought of it, while when human beings were made to think, they think we are going to do it ourselves. When we have not done so far anything about it, how are we going to do it anything about it further? So the force within us is going to do it, and there must be some force that has done it, and that force must be existing, and that is going to work it out for us.

Now, also we have to know very clearly what are we to expect to happen to us? In the different ancient scriptures, in every religion, there are been descriptions but which are very vague, and beyond human conception, beyond their understanding. For example, it is said in every possible scripture that you are to be born again. Today when we were coming to Lille, we met a bus which was written there, "You are to be born again. And Jesus is going to give you a rebirth. And it is Jesus Christ." Yes, true! It is so! But how? How? How have they taken contract from Jesus Christ? Have they given Realisation to anyone so far? Only it is self-advertisement under a false name.

How are we going to be realised? Is there anything within us that is going to work it out? Intelligent people should go about it logically. Now we know that we have become human beings, definitely, but what is our powers? Or are we to be born in this confusion and die after this confusion? Worse than the life of animals because animals never have any confusion at least. Whatever problems they have, they solve and then they die. But they have limited problems. It's only human beings can think of the beyond, and that's how the confusion and complication is there.

Now, if I tell you anything about what is within us in the system built-in, you are not to take Me for granted. And you need not believe Me even if two French have certified Me just now. First of all, it has to happen within you, then you have to settle down with you, and you have to feel it yourself, you have to be the master of that Divine power, and then you will know that what I am saying is the truth. Simple is the truth that you are the instrument God has created. You are to be connected to the mains. You have to feel the power that is Divine, you have to enjoy it, and you have to manoeuvre it on a collective level. It's so simple as that can be ended up in one sentence.

Now they must have already told you what is within us, have you?

Gregoire: "Not really, Mother ..."

Shri Mataji: They were just certifying Me all the time, I believe. [INAUDIBLE] but the other part also they were just certifying Me. All right, thank you very much for the certificate! Now... But as a scientist, you must have an open heart to see what I have to say as a hypothesis. As you enter a university as a new student, you keep your mind open and a hypothesis has to be put before you, which has to be proved, and then if you see all that, then you have to become the master of that. It is a simple proposition.

Within ourselves are placed three powers. The first power is the power of desire. That acts for our past as well for our subconscious mind, and for the collective subconscious. The/another power is the power of action which acts on the right-hand side, and is responsible for the action of our mental and physical activities. These are the subtle powers within our spinal cord and in the brain, which manifest outside in the gross our left and right sympathetic nervous system. In the centre is another power which gives us our sustenance. By this power, the whole periodic table of the chemistry is established. Like carbon has four valencies, and the way we become human beings with ten sustenances. So this is the power which gives us our seeking and our evolution, ultimately. This energy manifests in the gross as parasympathetic nervous system. When any emergency takes place we go into action, or we go into our subconscious, or into emotional activities. The sympathetic nervous system of the left and right goes into action. For example, if you are frightened and you are running, the whole body goes into a state of emergency, but the central path, the central energy, of parasympathetic, brings it back to normal.

As there's very little known to the doctors about parasympathetic nervous system, because it is absolutely autonomous, works on itself. And what is this "auto", then? Just giving some branding somebody by some name you do not explain. If there is an "auto", who is this "auto"? This "auto" is the spirit in your heart. This spirit is the reflection of God within yourself. And this spirit actually looks after the parasympathetic. It is not in our conscious mind. We cannot feel the spirit. There are many people, I've

seen, that, "My spirit says so". This is also imaginary, because there is no rapport established as yet with your spirit. It has to come in your central nervous system feeling, because whatever you have achieved so far is expressed in your central nervous system.

So, now, whatever is left within us is this, is to bring that spirit into our conscious mind, into our attention. This is the breakthrough. Like an instrument is created and is put to the mains. Like the car is made and it has to be started, is connected. Without starting the car, what's the use of moving the wheels? Without connecting the telephone, what's the use of talking? Now, what do we have to expect when we think we are connected? Could be only our thinking?

Now, when this happening takes place, actually, the fourth power which is lying there, called as Kundalini in Sanskrit language, is a residual power rises through these six centres, going upward, piercing through this fontanel bone area, giving you your real baptism. And at the end of it, you see so many flame-like things are looking, is a lotus. So, when this happens, actually all these centres that are shown here look like little flames as described in the Bible that, "I will appear before you like tongues of flames." But nobody is explaining all these things. This is the tree of life!

Moreover, one becomes so one-sided with whatever one has, that one does not want to see that it should be related with something else. There is no understanding of spiritual life on a mental level. For example, the description of Christ given in the ancient Indian scriptures, He's called as Mahavishnu, and He is told to be the support of the universe. But who reads Indian scriptures to that extent? Because in England people believe that Christ was born in England. I hope French don't believe like that, that He was a French. So, they just don't want to see anything else.

Now, this is one of the facts, one can see that this kind of one-sided view of everything and fanaticism has led human beings into great confusion as far as spiritual life is concerned. Actually, up to Christ's birth, most of the knowledge of Bible was taken from various people, not from one person, and it was never accepted that one could go little beyond to see what is the reference there is in the books which are much more ancient than Bible. There are books which are much more ancient than Bible, and people have lived much before Christ, so there must be something written about Christ in their books.

It is said that this deity will incarnate on this earth and He will be responsible for forgiving your karmas and your sins. When the Kundalini rises and pierces through this centre, which is the centre of Christ, that's the last one, from which one it has to pass to get into the limbic area, then Christ is awakened there, and once He's awakened, He sucks in the ego and superego, built in by these two energies of your desire and action. Thus, a space is created in your fontanel bone area, and you get your Realisation.

Like in Sanskrit language, a realised soul is called as a "dwijaha". "Dwija", means the one who is born again, and also the bird is also called "dwija", because he comes out as an egg, and then he gets to the stage of a bird. So, some transformation has to take place within yourself. A great psychologist, Jung, who got Realisation in his lifetime said that person has to become collectively conscious. He said that, "There is collective unconscious, which sends symbols to inform us in our dreams." And he said that you have to become conscious of that unconscious.

So, it is a happening to your awareness. Like a dog, if he passes through a dirty lane, he doesn't see anything there dirty. Human beings, when they pass through the dirt, they know it is dirty. When they are human beings; they do not know what is anti-God, and pro-God activity. When they do something which is against them, they do not know they are doing something which is against. They do not know that they are doing something that will take them down into Hell, and they do things collectively to bring about such an atmosphere that even their children go down: that is how we had fall of Roman Empires, and many Empires, and God knows now how many empires are now going to be fallen.

So, he does not know how he's behaving towards himself and towards his society, towards his nation and towards the whole universe. All his enterprises are linear in movement and they went back and come back to him, and hit him. Then they say that we are, in French, les misérables. Create your own problems and then you say that we are very unhappy. But a realised soul knows. Knows, as a reality, as a feeling, not as an emotional feeling, because that could be relative, but as absolute on his fingertips, on his hands, that this is wrong.

So what happens when the Kundalini passes through these centres and pierces through this fontanel bone area? For the feeling, you start feeling a cool breeze coming out of your head. Not always, first the heat comes out: heat of the liver, could be quiet a lot, may burning. And then comes out the cool breeze, and then you feel completely relaxed in thoughtless awareness. You feel you have become a witness of the whole play now. At the same time, in most of the cases, you start feeling it in your hands, flowing that energy. But as a result of this happening, your health improves.

Recently, in New York, a blood cancer patient was cured and sent back to India. In Paris, a lady was cured of her, again, blood cancer and was sent out off the hospital. This is the minimum that happens. This is the minimum a realised soul can do. Many mad people have been cured. In this mad world, there are very few normal people actually, and they have been cured, they have become normal, their beauty expressed in their life, and in their face and in their behaviour. All their habits drop out in most of the cases. Some of them are little possessed, so they take time. You are no more slave of any such habits that makes you absolutely lost in life. You become the master of yourself, and once you become that, you can give awakening to others.

In this fake gurus system, in the fake guru system, they will give you big, big stories, that the guru has this power and that power, but what about the power of the seeker? Everyone has power within himself which must be enlightened. Whatever one may say - I'm this and I'm that - has nothing to do with you, unless and until you get your own power and manifest it because if you're the spirit, you must feel your spirit, and you must feel your own power. But these are not powers which are absurd, like flying in the air. Already, there are so many planes flying, imagine human beings start flying, what will happen?! I always say that the guru who says so, should be put on tower of Pisa and let's see how he flies!

So, all these absurd talks and nonsense is not what is self-realisation is. It is the breakthrough that is promised, it is that judgment which is being told in the scriptures, it's not something cheap that can be sold! Is the most serious thing, about which we should be careful. If you have missed it, you have missed it forever. And then the last sorting out may start, and you will be nowhere. Nobody's going to come and persuade you and ask you, and request you that "Please, become your spirit."

But unlike animals, human beings take to false things much faster. If you put a plastic flower and a real flower, no bee will go to the plastic flower; they're not fools and stupid things. But 99% will go to plastic if they are human beings, I'm sure. That's the beauty that, somehow, we do not know what is plastic and what is real. When the real come, you crucify them, you beat them, you torture them, and when the false comes in, you give them Rolls-Royces, and aeroplanes and everything.

Of course, nobody real needs even a single farthing from you. Such a person is not interested in your purse, and does not require anything of that kind. Such a person is above all these nonsensical comforts and nonsensical ideas of human beings. You cannot purchase such a person, nor can control. He's a free bird, and the king of his own. But He's compassion and love. And in that compassion He wants you, He loves you because He can't help it. In His love, He suffers everything. He has patience and understanding - understanding of the limitations and the ignorance of human beings.

But it cannot be forced, and asked to eat something, if you do not want. Actually, so many gurus say that we take money because otherwise people don't take things seriously. Like you pay some money for a show, and it's a bad one, still you go through it, because it's a bad show, but doesn't matter, because you have paid for it. And then you pay more if they say, because you have paid less, you go on like this, like mad. That's why reality will grow very slowly. It has taken thousands of years to come to this mass level, or say, collective level. But plastic flowers are very easy to create.

Now, with this happening, as I told you, the physical and emotional side is absolutely balanced. and all such diseases like epilepsy and others, like lunacy and all that, which are torturing the minds of people, are cured. Even the physical problems of people who have indulged into wrong type of habits, like bad diseases for men and women, they can get cured. The other day, same happened in Rome. That all gets cured, but the only thing is that you have to ask for your Realisation.

God has given you freedom to decide. If you want to go to Heaven, you can go, if you want to go to hell, you can. The other day,

one mad boy asked Me, "Mother, how do you go to Hell?" Nowadays they are planning in the other way, because they have failed this side... ascent, so they are trying to have a descent. I said, "You take two running jumps and you can go there." But for your ascent, you have to allow your Kundalini to rise, and break the Sahasrara, or the break ... the Brahmarandra, the whole ... the Divine whole to the subtle ... to the Divine power which is surrounding us.

We have taken this Divine power for granted. This is the power that pulsates in every atom. This is the power that transforms flowers into fruits, seeds into trees. This is the power that has made you human beings. This is the power that gives you children of your temperament, of your style, it sorts out. This is the power that controls exactly if there's a mango tree, you will get a mango, and nothing else. The total living work is done by this power. Either there is this power, or the power of man who has made an atomic bomb, because he has tried to separate something that was done by this power. Even the destruction power that is assimilated there is the anger of this power. Man can only transform matter, which is dead. He cannot do any living work.

This is the Divine power, which is the Holy Ghost; we start feeling on our fingers, as cool breeze. Is described in the Bible and described in many books, specially by Adi Shankaracharya, he's called them as 'Saundarya Lahari' [meaning] 'The waves of beauty'. The first thing is to feel that. Like you come in a dark room, you just put on the light, and then you verify everything, and see for yourself. It is very easy to say what is there [n this cool breeze feeling. Have you felt it before? What is this? How it works? How it helps you? How you become the master of it, is the knowledge you have to have.

In this short time, I'm sorry, I won't be able to elaborately tell you all about these centres and all these, how to awaken them, and what happens, because the time is rather short. In London, I must have given about six, seven hundred lectures, and everywhere in the whole world, I don't know how many lectures. When you get established in Sahaja Yoga, when you become absolutely master of this Divine power, as there are many now we have imported from outside France, then alone, you will be given all the further knowledge about it. That is first to be judged how far you are capable of handling this Divine power. But it works out in a very simple way.

For today we have two little children who are born realised. One is, I think about three years, two years, isn't she, Olympia? "One and three quarters." One and three quarters, and another is - how much is she? About eight years or so. And the one who is not even talking, shows the finger which is burning, to denote the different centres by putting in the mouth. There are many children who are born like that in every country today. But how will you understand even those children, if you haven't got your Realisation?

So, this time is the most important time and all human beings, all those who want their Realisation, should take it. And the rest of the people, who do not want to have it, can have their own way, and then I'm not responsible. John's revelation, he has limited it so much. He says only 1,044,000, no, 144,000 people are going to be realised. Imagine what a limited number it is! Better enlist yourself fast! I hope today it will work out with all those who are here, and you will feel very nice. But that does not mean that you should think now you have got Realisation, so you are now finished with it.

Like the other day in Rome, one journalist came, and he felt. He said, "I've never expected this, I'm fantastically good, and all that, and vibrations I'm feeling, cool breeze I'm feeling" and then he never appeared on the scene. And he said that, "I'm enjoying my self-realisation." It is very selfish, I think. Just to enjoy for yourself. Imagine the light enjoying its own light, and giving no light to others. Why to give enlightenment to any such selfish personality? He will lose all his vibrations, I can assure you, and then he'll come back to Me, after one year, and say, "Mother, I've got a headache here, and my foot is like this, and I met with an accident ..." And those who were with him, now will go too far, and maybe giving Realisation to so many people.

God has no interest in such wasters. Do you repair the lights which are never going to give light? God is the source of all the common sense, and He's not going to do something to waste His energy on people who have no value for their own lives. So, I tell you again, that you are important, very important creation of God as a human being. And in His compassion and love, He has decided to give you this emancipation, so that you enter into the kingdom of God, and reside with His bliss. You are the most important than among all the evolved things, and the grace is absolutely openly flowing. You don't have to confess anything, you don't have to feel guilty, you don't have to worry what you have done before, you don't have to pay, or jump, or do any mental or

physical exercise, it works out.

But the transition from working it out and developing into its full scale is a dangerous place. Like a bird which halfway comes out of the egg, and still is sticking on to everything that is dirty in the egg. Here, one has to fearlessly, completely thrash out all that is misidentification, and spread the wings into this new freedom. With complete confidence and understanding that your Creator is the Almighty, and that you are in His domain, and that He loves you.

May God bless you!

If you have any questions, I would like to answer. ... It's just a real comfortable seat. Grégoire, just listen. Why don't you come here? You come here Grégoire. You come...no you come! No, you have to come because you'll translate to Me, because I won't understand.

Grégoire: He has received an initiation, and he would like to know whether he can receive an initiation from you, and if one can have two gurus at the same time.

Shri Mataji: Excuse Me. If you have really received the real initiation, you don't need another one. That's a very good thing, I would like to go and meet your guru if you are really realised. But supposing, if you have been to a wrong one, I'll have to really work very hard on you, I must say. Because supposing a train that is derailed, has to be brought back to the ... And if you want to believe still in the same guru, if he's wrong? If he's good...very well and good... If he's wrong, and you want to continue, then I cannot pull you out, because, you see ...

For example, a person who knows how to swim, I don't have to bother; he'll come on the shore. If he does not know how to swim, also is easier to pull him in the boat. But some crocodile is holding his foot, and he's still wanting to have his foot in the mouth of the crocodile, then what am I to do? Then you have to give up the crocodile, because you can't see the crocodile, but I see the crocodile. And if I say you are the ... that he is a crocodile, you may get angry with Me. But I'm only afraid that after some time you'll find sitting in his stomach. That's why despite even if you get angry, I'll have to tell you that this is not a correct guru. If he's a correct guru, I would love to go and meet him, I would be very happy.

Everybody who calls himself a guru, is ... I think ... not a guru at all. I've known people who have been to gurus, who have been got ... head of the academies and all that of these gurus, are falling on the street with epilepsy. So, we can't have darkness and light together. Because, I'm not a guru, I'm your Mother. Actually, I want you to be your own guru. But if you have a nice good guru, who has given you initiation, in the sense that he's awakened your Kundalini, it makes My life easier.

That we'll know in one minute, even a child can say. You see, some of these gurus can give you blisters. All, most of the cancer patients, are initiated by some sort of a thing like this, like black magic, or gurus, or ESP's, or what you call them, mesmerism. ESP is extra-sensory-perceptions. You see, all this mesmerism, and also what you call hypnosis, even hypnosis, even psychologist is unauthorised, it is all unauthorised behaviour. All these psychologists really need a psychologist like Me to cure them. I've been curing so many psychologists Myself.

One of them is Grégoire's friend who is a first class, first of Oxford University and Cambridge University, a Mr. Rustum. "Jungian" too ... now he's all right. He's not "Freudian." "Freudians" are more difficult.

Now, any other question?

For translation, tell him to say two sentences, and then you can translate. It's like a lecture, not a question. All right? Uh.Ya! Decca.

First of all... [the name of the person not clear]

Grégoire: He's very happy that you are against the fake gurus, and he thank you for this. And number two, I mean the main

question is: he does not believe in human freedom, because he says we are not free to be born when you want, and to die when we want, and to have accidents when we want, and these kind of things.

Shri Mataji: I'm talking of that freedom only, I believe in it, and you can have it also, [INAUDIBLE, MAYBE then would be how?]

I'll give you an example: there was a lady, you see, there was a lady, this Algerian, was told she was going to die in one week's time, doctors said, everybody said ... And she is not only living, she's not only living, but she's doing very well now, she's with her children and everything.

Why, our president of India, who came to London airport, and they told that he's going to die, they had prepared for his funeral and everything in India. And I met him at the airport; you know that, in ten minutes he got cured, and he went there, he walked on, everybody started seeing whether if he was coming or his ghost was walking down, it was like that. And he's still there, still there.

All right, then ... about accidents, you see, this ... so many accidents one and 1,001. But I'll tell you one where the bus fell down, with the Chhaya pandit coming to see Me, about eighty feet, double rumbling, and it stood on it's four wheels and the driver ran away with fear, you see, but somebody knew how to drive, and the key was in there. They started the thing and they came out, and not one person was hurt.

Actually, even if Sahaja Yogi wants to die, he cannot die. He'll be looked after by angels. Is a fact. Tell him that, you see, all this could be a ... stories to him, but all is a fact, and you see for yourself, if I say so, why not have it? It's all free. He is honest because, at this point, you see Grégoire, he is honest because at this point what he says is true, because he's not free. But I'm talking of something that has to happen to you, all right?

Question (unknown man): You said that you made a statement that there is a direct correlation between black magic and spiritualism, and cancer.

Shri Mataji: I've seen that.

Question (following): Are any statistics available on that statement?

Shri Mataji: Yes, you see, what happen, whenever I treat a patient of cancer, now I have treated ... and all these people have treated. You see, what I find, there is a centre in us, which is, what we call the left Swadishthana. Is this centre, where we feel the heat here, on this one... Left Swadishthana is the, I didn't talk to you about centres, you see. This yellow coloured one, left Swadishthana, you see on the left-hand side, comes to people who indulge into unauthorised subconscious areas, you see? Who deal with unauthorised subconscious areas, and invariably, every cancer patient who has come to Me, had the strongest of this centre catching. With others on the left, more on the left, always. So, that's why doctors cannot cure it.

Grégoire: May I translate, Mother?

Shri Mataji: All right, say it, and further also, I will elaborate it, scientifically.

I'll tell you the scientific explanation, all right? Now, about six months or eight months back I saw a film of cancer experts on cancer. About how far they have reached, you see? What I've been talking for so many years, now they are talking about it. Now what they have photographed are the elements or, you can say, the things, the proteins - they call it protein 52, protein 58, they give the names as usual, doctors give only names, you see...they don't know what it is, so they call it protein 52, 58, something like that, and 59, and these proteins, they are photographed even, which looks very funny, in their photographic thing. And they have seen that these things come and attack and trigger the cancer. And they come (they have said it, very clearly, all of them) they come from the area which is built within us since our creation. So, it is from the collective subconscious. Now when you people do spiritualism, or these wrong gurus, and fake gurus and all these people, what they do is, that, they somehow or other take you to your collective subconscious, where there are all that is dead. And there are viruses, means dead plants, and dead

animals and dead human beings. Mostly these gurus use dead spirits. Even the mesmerism and ESP, all is that. Of course, some of the gurus put you also through your ego, pampering on the right-hand side, into supraconscious, on the right-hand side into collective supraconscious, and you develop other diseases because of that collective supraconscious. Like Hitler, would be there waiting for anybody to jump into, if you go to collective supraconscious. So, it could be both ways, but mostly, a cancer is left-sided. It may start with the movement towards supraconscious, you may move to supraconscious, but as a momentum, you see, you might as a swing, go to the left too much, you see?

So, it is an oscillation, but when that, it is settled, I mean when it is triggered, it is the left, of that I'm sure. But, you will see yourself, once you get Realisation you will immediately see. All this will be your own knowledge. Say, a person has cancer, say, of say. Vishuddhi, of throat. Now, he must have right Vishuddhi, left Vishuddhi, and ... special ... This one.

Now, this left Vishuddhi, is coming from feeling guilty. It's very dangerous to feel guilty. Is absurd. What guilt can you have? It is the ocean of love. Unnecessarily you are just imagining, like little children. All right, are you satisfied, now?

Man: No.

Shri Mataji: Why? Because, no, you are not, no, no, no...I agree, you won't be satisfied, because you are not yet realised. Once you are realised, this is a thing to be experimented and seen, isn't it? Supposing I'm telling you the truth, and the laws of Divine, you have to enter into that realm, and see yourself, isn't it? Like a scientist.

Man: I can accept that, but I still didn't get an answer to my question.

Grégoire: But may I just say, that we ...there are some doctors in Sahaja Yoga, one of them is here, and they have started ...He was asking about statistics ...so simply statistics ...

Shri Mataji: Ah! Ah.Ah.Ah...Yeah...yeah...

Grégoire: The answer of Mataji has gone more away of your question, but they are now working out some basic data, but it's a process which has just started, so we cannot provide you statistics as such.

Shri Mataji: Statistics, ...Yeah...yeah...yeah... But I, one thing I will tell you, Grégoire. You see, it's a headache, you know, to keep statistics. We are not going to do that, I'm telling you. I'm fed up, you see, we don't want to keep files of this, why should we? You see like... I'll tell you, I went to this Medical College, because I've cured people now, and I cured the President, so they have to ask Me, how I did it, isn't it? He understands?

And I told doctors all about sympathetic, parasympathetic, and everything, and they asked Me ... for ... then they sent Me ... "How many people you have cured, and give their names, and this and that ..." I said, "I do not know how to keep files. And it is disgraceful. That you give somebody out of your love and you record it, it's disgraceful, isn't it?"

And for what to do? For why? Because, we are not here like doctors, mercenary ...

No, we are not here to cure people. We are here to give you Realisation, but as a by-product people get cured. But we are not interested in curing people as patients in the hospital, not at all. Because what's the use of curing these useless people [INAUDIBLE but G's translation indicated "if you cure these people, they are not interested in their spiritual Realisation."] There are most of them are useless people, I tell you.

There was one [INAUDIBLE] who met Me in that [INAUDIBLE] six thousand people out of that got hold of Me, because he had angina. I said, "Well, all right, I am going away now to Pune, he came to ... he was living in Pune, a very rich man and all that. I cured his angina. He got at least twenty-six people to Me. Then I cured all of them, then again they brought twenty each ... and I was just exhausted for nothing at all. So I told him, "Have you got any friend who is able-bodied, or are all of them like this?" So



then he said, he arranged a very great program in Pune and he gave Realisation to many people [INAUDIBLE]. So I told all these people there were, you yourself may get Realisation, become masters and doctors and cure your relations - why bother Me? I do not want to take any credit or discredit of that. I just want that you get all the knowledge and you do it yourself. Every time it happens, you see, one to five hundred - I decide I will not take anyone, but again something happens, they catch hold of Me, again you see this starts. Because I feel now that the person has suffered, but the person has no consideration at all. I cure him, he gathers the old people, fourteen people will fly out to, say, London, to get cured. That's what it is. They won't come for realisation. What's the use having all such healthy people, so-called, if they are good-for-nothing for Sahaja Yoga, for God?

At least you should never say you've been cured, because I've seen doctors might get after your life. Better let them cook their own stew. But when the doctors have failed, they come to Me! [INAUDIBLE] sitting down there. He had the same left-Swadishthana problem. He will tell you. So why go to that extent, you better have it, now why worry about everybody else? Tomorrow you can talk to doctors. Yes, you can please them. You can become knowledge. All right?

May God bless you!

== Note ==

French translation by Grégoire

I bow to all the seekers of truth. I've been here before, also, to Lille, and it has been a place of special attraction for Me somehow. The peace in this place is very attractive, and the people, I'm sure, are many, who are seekers in this place. But these are the days when all kinds of confusions have to be there, and this is the time when your wisdom is going to be judged, and your honest seeking and intelligence is going to be weighed.

It has been already prophesised that there are going to be many fake people on this earth, talking about God. But it is for you to know that you are seekers and you will have to find the truth, otherwise you can never be satisfied and the whole life will be a waste. The seeking that resides within you is neither your ego nor your superego. It is very easy to pamper your ego and feel happy with mundane things of gross life, or to go on indulging into all kinds of imaginary tragedies. But today the time has come for you to face the reality, which is beauty, which is glory within you, which is being promised that you are to be born again.

It is promised that you are to be comforted, and you are to be redeemed, and you are to be counseled about it. And, because of such an understanding of the atmosphere, many people are floating fake and absurd organisations to dissuade you. This is a special time, the greatest of all in the history of creation. In your evolutionary process, this is the last breakthrough which you have to achieve. Now, this evolutionary breakthrough is a living process, as it has been before. It is a natural process, and not a man-made process. So you cannot achieve it by your mental projections, but by some natural happening within you, so that your awareness becomes newly enlightened. That means something must happen to your awareness, and not to your outside world.

For example, you may have any kind of government, makes no difference. At the most, maybe little here and there, there will be a change. You may have any economic system or social systems, it's not going to change much. If the tree is sick, you cannot treat it by treating his leaves, can you? You have to go to the roots. In the same way, the change has to take place in your roots, and the root has to be brought into play by giving some sort of a substantial help to the roots.

As it is a living process, you cannot pay for it, how can you? How much do you pay for being a human being? And what did you do to become a human being from that stage? It's only the ego of man; he thinks he can even organise God. You cannot organise Him, and no use also fearing Him all the time, because He is compassion, He's love, and He's anxious, very anxious to emancipate the human beings to that state which was promised, so that human beings know their Creator forever. It should not be an imagination again, but a reality, a feeling in your central nervous system, in your awareness. Some people have given ideas that if you start jumping you might get to God, or if you change your dress, you might get to God, or if you do all kind of these nonsensical things, you will get to God. This is a mass behaviour of human beings, coming from ancient times, from animal state. If one animal does something, others are supposed to do the same. They do not think about it. But in human state they think, and their thinking is also limited. For example a man he spends, say, 500 pounds for getting to God. So, another one...so another thinks that ...alright, I can pay 600 pounds to get to God. The third one will come with 6,000 pounds, why not?

So human beings have a speciality for bringing down all that is Divine to gross level, but animals cannot and they are not bothered. Somebody tells them that by giving up everything, so-called giving up, we have achieved God; people will give up their dresses, give up everything that is decency, decorum. By changing mental attitudes, you are not going to change anything inside, or by putting any kind of an human effort, you are not going to work it out. The One who has made you man, is going to make you superman!

At human level, it is difficult to believe. Animals never thought of it, while when human beings were made to think, they think we are going to do it ourselves. When we have not done so far anything about it, how are we going to do it anything about it further? So the force within us is going to do it, and there must be some force that has done it, and that force must be existing, and that is going to work it out for us.

Now, also we have to know very clearly what are we to expect to happen to us? In the different ancient scriptures, in every religion, there are been descriptions but which are very vague, and beyond human conception, beyond their understanding. For example, it is said in every possible scripture that you are to be born again. Today when we were coming to Lille, we met a bus which was written there, "You are to be born again. And Jesus is going to give you a rebirth. And it is Jesus Christ." Yes, true! It is so! But how? How? How have they taken contract from Jesus Christ? Have they given Realisation to anyone so far? Only it is self-advertisement under a false name.

How are we going to be realised? Is there anything within us that is going to work it out? Intelligent people should go about it logically. Now we know that we have become human beings, definitely, but what is our powers? Or are we to be born in this confusion and die after this confusion? Worse than the life of animals because animals never have any confusion at least. Whatever problems they have, they solve and then they [INAUDIBLE - die?]. But they have limited problems. It's only human beings can think of the beyond, and that's how the confusion and complication is there.

Now, if I tell you anything about what is within us in the system built-in, you are not to take Me for granted. And you need not believe Me even if two French have certified Me just now. First of all, it has to happen within you, then you have to settle down with you, and you have to feel it yourself, you have to be the master of that Divine power, and then you will know that what I am saying is the truth. Simple is the truth that you are the instrument God has created. You are to be connected to the mains. You have to feel the power that is Divine, you have to enjoy it, and you have to maneuver it on a collective level. It's so simple as that can be ended up in one sentence.

Now they must have already told you what is within us, have you?

[Gregoire: "Not really, Mother ..."]

Shri Mataji: They were just certifying Me all the time, I believe. [INAUDIBLE] but the other part also they were just certifying Me. All right, thank you very much for the certificate! Now... But as a scientist, you must have an open heart to see what I have to say as a hypothesis. As you enter a university as a new student, you keep your mind open and a hypothesis has to be put before you, which has to be proved, and then if you see all that, then you have to become the master of that. It is a simple proposition.

Within ourselves are placed three powers. The first power is the power of desire. That acts for our past as well for our subconscious mind, and for the collective subconscious. The/another power is the power of action which acts on the right-hand side, and is responsible for the action of our mental and physical activities. These are the subtle powers within our spinal cord and in the brain, which manifest outside in the gross our left and right sympathetic nervous system. In the centre is another power which gives us our sustenance. By this power, the whole periodic table of the chemistry is established. Like carbon has four valencies, and the way we become human beings with ten sustenances. So this is the power which gives us our seeking and our evolution, ultimately. This energy manifests in the gross as parasympathetic nervous system. When any emergency takes place we go into action, or we go into our subconscious, or into emotional activities. The sympathetic nervous system of the left

and right goes into action. For example, if you are frightened and you are running, the whole body goes into a state of emergency, but the central path, the central energy, of parasympathetic, brings it back to normal.

As there's very little known to the doctors about parasympathetic nervous system, because it is absolutely autonomous, works on itself. And what is this "auto", then? Just giving some branding somebody by some name you do not explain. If there is an "auto", who is this "auto"? This "auto" is the spirit in your heart. This spirit is the reflection of God within yourself. And this spirit actually looks after the parasympathetic. It is not in our conscious mind. We cannot feel the spirit. There are many people, I've seen, that, "My spirit says so". This is also imaginary, because there is no rapport established as yet with your spirit. It has to come in your central nervous system feeling, because whatever you have achieved so far is expressed in your central nervous system.

So, now, whatever is left within us is this, is to bring that spirit into our conscious mind, into our attention. This is the breakthrough. Like an instrument is created and is put to the mains. Like the car is made and it has to be started, is connected. Without starting the car, what's the use of moving the wheels? Without connecting the telephone, what's the use of talking? Now, what do we have to expect when we think we are connected? Could be only our thinking?

Now, when this happening takes place, actually, the fourth power which is lying there, called as Kundalini in Sanskrit language, is a residual power rises through these six centres, going upward, piercing through this fontanel bone area, giving you your real baptism. And at the end of it, you see so many flame-like things are looking, is a lotus. So, when this happens, actually all these centres that are shown here look like little flames as described in the Bible that, "I will appear before you like tongues of flames." But nobody is explaining all these things. This is the tree of life!

Moreover, one becomes so one-sided with whatever one has, that one does not want to see that it should be related with something else. There is no understanding of spiritual life on a mental level. For example, the description of Christ given in the ancient Indian scriptures, He's called as Mahavishnu, and He is told to be the support of the universe. But who reads Indian scriptures to that extent? Because in England people believe that Christ was born in England. I hope French don't believe like that, that He was a French. So, they just don't want to see anything else.

Now, this is one of the facts, one can see that this kind of one-sided view of everything and fanaticism has led human beings into great confusion as far as spiritual life is concerned. Actually, up to Christ's birth, most of the knowledge of Bible was taken from various people, not from one person, and it was never accepted that one could go little beyond to see what is the reference there is in the books which are much more ancient than Bible. There are books which are much more ancient than Bible, and people have lived much before Christ, so there must be something written about Christ in their books.

It is said that this deity will incarnate on this earth and He will be responsible for forgiving your karmas and your sins. When the Kundalini rises and pierces through this centre, which is the centre of Christ, that's the last one, from which one it has to pass to get into the limbic area, then Christ is awakened there, and once He's awakened, He sucks in the ego and superego, built in by these two energies of your desire and action. Thus, a space is created in your fontanel bone area, and you get your Realisation.

Like in Sanskrit language, a realised soul is called as a "dwijaha". "Dwija", means the one who is born again, and also the bird is also called "dwija", because he comes out as an egg, and then he gets to the stage of a bird. So, some transformation has to take place within yourself. A great psychologist, Jung, who got Realisation in his lifetime said that person has to become collectively conscious. He said that, "There is collective unconscious, which sends symbols to inform us in our dreams." And he said that you have to become conscious of that unconscious.

So, it is a happening to your awareness. Like a dog, if he passes through a dirty lane, he doesn't see anything there dirty. Human beings, when they pass through the dirt, they know it is dirty. When they are human beings; they do not know what is anti-God, and pro-God activity. When they do something which is against them, they do not know they are doing something which is against. They do not know that they are doing something that will take them down into Hell, and they do things collectively to bring about such an atmosphere that even their children go down: that is how we had fall of Roman Empires, and many Empires,

and God knows now how many empires are now going to be fallen.

So, he does not know how he's behaving towards himself and towards his society, towards his nation and towards the whole universe. All his enterprises are linear in movement and they went back and come back to him, and hit him. Then they say that we are, in French, *les misérables*. Create your own problems and then you say that we are very unhappy. But a realised soul knows. Knows, as a reality, as a feeling, not as an emotional feeling, because that could be relative, but as absolute on his fingertips, on his hands, that this is wrong.

So what happens when the Kundalini passes through these centres and pierces through this fontanel bone area? For the feeling, you start feeling a cool breeze coming out of your head. Not always, first the heat comes out: heat of the liver, could be quiet a lot, may burning. And then comes out the cool breeze, and then you feel completely relaxed in thoughtless awareness. You feel you have become a witness of the whole play now. At the same time, in most of the cases, you start feeling it in your hands, flowing that energy. But as a result of this happening, your health improves.

Recently, in New York, a blood cancer patient was cured and sent back to India. In Paris, a lady was cured of her, again, blood cancer and was sent out off the hospital. This is the minimum that happens. This is the minimum a realised soul can do. Many mad people have been cured. In this mad world, there are very few normal people actually, and they have been cured, they have become normal, their beauty expressed in their life, and in their face and in their behaviour. All their habits drop out in most of the cases. Some of them are little possessed, so they take time. You are no more slave of any such habits that makes you absolutely lost in life. You become the master of yourself, and once you become that, you can give awakening to others.

In this fake gurus system, in the fake guru system, they will give you big, big stories, that the guru has this power and that power, but what about the power of the seeker? Everyone has power within himself which must be enlightened. Whatever one may say - I'm this and I'm that - has nothing to do with you, unless and until you get your own power and manifest it because if you're the spirit, you must feel your spirit, and you must feel your own power. But these are not powers which are absurd, like flying in the air. Already, there are so many planes flying, imagine human beings start flying, what will happen?! I always say that the guru who says so, should be put on tower of Pisa and let's see how he flies!

So, all these absurd talks and nonsense is not what is self-realisation is. It is the breakthrough that is promised, it is that judgment which is being told in the scriptures, it's not something cheap that can be sold! Is the most serious thing, about which we should be careful. If you have missed it, you have missed it forever. And then the last sorting out may start, and you will be nowhere. Nobody's going to come and persuade you and ask you, and request you that "Please, become your spirit."

But unlike animals, human beings take to false things much faster. If you put a plastic flower and a real flower, no bee will go to the plastic flower; they're not fools and stupid things. But 99% will go to plastic if they are human beings, I'm sure. That's the beauty that, somehow, we do not know what is plastic and what is real. When the real come, you crucify them, you beat them, you torture them, and when the false comes in, you give them Rolls-Royces, and aeroplanes and everything.

Of course, nobody real needs even a single farthing from you. Such a person is not interested in your purse, and does not require anything of that kind. Such a person is above all these nonsensical comforts and nonsensical ideas of human beings. You cannot purchase such a person, nor can control. He's a free bird, and the king of his own. But He's compassion and love. And in that compassion He wants you, He loves you because He can't help it. In His love, He suffers everything. He has patience and understanding - understanding of the limitations and the ignorance of human beings.

But it cannot be forced, and asked to eat something, if you do not want. Actually, so many gurus say that we take money because otherwise people don't take things seriously. Like you pay some money for a show, and it's a bad one, still you go through it, because it's a bad show, but doesn't matter, because you have paid for it. And then you pay more if they say, because you have paid less, you go on like this, like mad. That's why reality will grow very slowly. It has taken thousands of years to come to this mass level, or say, collective level. But plastic flowers are very easy to create.

Now, with this happening, as I told you, the physical and emotional side is absolutely balanced. and all such diseases like epilepsy and others, like lunacy and all that, which are torturing the minds of people, are cured. Even the physical problems of people who have indulged into wrong type of habits, like bad diseases for men and women, they can get cured. The other day, same happened in Rome. That all gets cured, but the only thing is that you have to ask for your Realisation.

God has given you freedom to decide. If you want to go to Heaven, you can go, if you want to go to hell, you can. The other day, one mad boy asked Me, "Mother, how do you go to Hell?" Nowadays they are planning in the other way, because they have failed this side... ascent, so they are trying to have a descent. I said, "You take two running jumps and you can go there." But for your ascent, you have to allow your Kundalini to rise, and break the Sahasrara, or the break ... the Brahmarandra, the whole ... the Divine whole to the subtle ... to the Divine power which is surrounding us.

We have taken this Divine power for granted. This is the power that pulsates in every atom. This is the power that transforms flowers into fruits, seeds into trees. This is the power that has made you human beings. This is the power that gives you children of your temperament, of your style, it sorts out. This is the power that controls exactly if there's a mango tree, you will get a mango, and nothing else. The total living work is done by this power. Either there is this power, or the power of man who has made an atomic bomb, because he has tried to separate something that was done by this power. Even the destruction power that is assimilated there is the anger of this power. Man can only transform matter, which is dead. He cannot do any living work.

This is the Divine power, which is the Holy Ghost; we start feeling on our fingers, as cool breeze. Is described in the Bible and described in many books, specially by Adi Shankaracharya, he's called them as Saundarya Lahari, "The waves of beauty". The first thing is to feel that. Like you come in a dark room, you just put on the light, and then you verify everything, and see for yourself. It is very easy to say what is there in this cool breeze feeling. Have you felt it before? What is this? How it works? How it helps you? How you become the master of it, is the knowledge you have to have.

In this short time, I'm sorry, I won't be able to elaborately tell you all about these centres and all these, how to awaken them, and what happens, because the time is rather short. In London, I must have given about six, seven hundred lectures, and everywhere in the whole world, I don't know how many lectures. When you get established in Sahaja Yoga, when you become absolutely master of this Divine power, as there are many now we have imported from outside France, then alone, you will be given all the further knowledge about it. That is first to be judged how far you are capable of handling this Divine power. But it works out in a very simple way.

For today we have two little children who are born realised. One is, I think about three years, two years, isn't she, Olympia? "One and three quarters." One and three quarters, and another is - how much is she? About eight years or so. And the one who is not even talking, shows the finger which is burning, to denote the different centres by putting in the mouth. There are many children who are born like that in every country today. But how will you understand even those children, if you haven't got your Realisation?

So, this time is the most important time and all human beings, all those who want their Realisation, should take it. And the rest of the people, who do not want to have it, can have their own way, and then I'm not responsible. John's revelation, he has limited it so much. He says only 1,044,000, no, 144,000 people are going to be realised. Imagine what a limited number it is! Better enlist yourself fast! I hope today it will work out with all those who are here, and you will feel very nice. But that does not mean that you should think now you have got Realisation, so you are now finished with it.

Like the other day in Rome, one journalist came, and he felt. He said, "I've never expected this, I'm fantastically good, and all that, and vibrations I'm feeling, cool breeze I'm feeling" and then he never appeared on the scene. And he said that, "I'm enjoying my self-realisation." It is very selfish, I think. Just to enjoy for yourself. Imagine the light enjoying its own light, and giving no light to others. Why to give enlightenment to any such selfish personality? He will lose all his vibrations, I can assure you, and then he'll come back to Me, after one year, and say, "Mother, I've got a headache here, and my foot is like this, and I met with an accident ..." And those who were with him, now will go too far, and maybe giving Realisation to so many people.

God has no interest in such wasters. Do you repair the lights which are never going to give light? God is the source of all the common sense, and He's not going to do something to waste His energy on people who have no value for their own lives. So, I tell you again, that you are important, very important creation of God as a human being. And in His compassion and love, He has decided to give you this emancipation, so that you enter into the kingdom of God, and reside with His bliss. You are the most important than among all the evolved things, and the grace is absolutely openly flowing. You don't have to confess anything, you don't have to feel guilty, you don't have to worry what you have done before, you don't have to pay, or jump, or do any mental or physical exercise, it works out.

But the transition from working it out and developing into its full scale is a dangerous place. Like a bird which halfway comes out of the egg, and still is sticking on to everything that is dirty in the egg. Here, one has to fearlessly, completely thrash out all that is misidentification, and spread the wings into this new freedom. With complete confidence and understanding that your Creator is the Almighty, and that you are in His domain, and that He loves you.

May God bless you!

If you have any questions, I would like to answer. ... It's just a real comfortable seat. Grégoire, just listen. Why don't you come here? You come here Grégoire. You come...no you come! No, you have to come because you'll translate to Me, because I won't understand.

Grégoire: He has received an initiation, and he would like to know whether he can receive an initiation from you, and if one can have two gurus at the same time.

Shri Mataji: Excuse Me. If you have really received the real initiation, you don't need another one. That's a very good thing, I would like to go and meet your guru if you are really realised. But supposing, if you have been to a wrong one, I'll have to really work very hard on you, I must say. Because supposing a train that is derailed, has to be brought back to the ... And if you want to believe still in the same guru, if he's wrong? If he's good...very well and good... If he's wrong, and you want to continue, then I cannot pull you out, because, you see ...

For example, a person who knows how to swim, I don't have to bother; he'll come on the shore. If he does not know how to swim, also is easier to pull him in the boat. But some crocodile is holding his foot, and he's still wanting to have his foot in the mouth of the crocodile, then what am I to do? Then you have to give up the crocodile, because you can't see the crocodile, but I see the crocodile. And if I say you are the ... that he is a crocodile, you may get angry with Me. But I'm only afraid that after some time you'll find sitting in his stomach. That's why despite even if you get angry, I'll have to tell you that this is not a correct guru. If he's a correct guru, I would love to go and meet him, I would be very happy.

Everybody who calls himself a guru, is ... I think ... not a guru at all. I've known people who have been to gurus, who have been got ... head of the academies and all that of these gurus, are falling on the street with epilepsy. So, we can't have darkness and light together. Because, I'm not a guru, I'm your Mother. Actually, I want you to be your own guru. But if you have a nice good guru, who has given you initiation, in the sense that he's awakened your Kundalini, it makes My life easier.

That we'll know in one minute, even a child can say. You see, some of these gurus can give you blisters. All, most of the cancer patients, are initiated by some sort of a thing like this, like black magic, or gurus, or ESP's, or what you call them, mesmerism. ESP is extra-sensory-perceptions. You see, all this mesmerism, and also what you call hypnosis, even hypnosis, even psychologist is unauthorised, it is all unauthorised behaviour. All these psychologists really need a psychologist like Me to cure them. I've been curing so many psychologists Myself.

One of them is Grégoire's friend who is a first class, first of Oxford University and Cambridge University, a Mr. Rustum. "Jungian" too ... now he's all right. He's not "Freudian." "Freudians" are more difficult.

Now, any other question?

For translation, tell him to say two sentences, and then you can translate. It's like a lecture, not a question. All right? Uh.Ya! Decca.

First of all... [the name of the person not clear]

Grégoire: He's very happy that you are against the fake gurus, and he thank you for this. And number two, I mean the main question is: he does not believe in human freedom, because he says we are not free to be born when you want, and to die when we want, and to have accidents when we want, and these kind of things.

Shri Mataji: I'm talking of that freedom only, I believe in it, and you can have it also, [INAUDIBLE, MAYBE then would be how?]

I'll give you an example: there was a lady, you see, there was a lady, this Algerian, was told she was going to die in one week's time, doctors said, everybody said ... And she is not only living, she's not only living, but she's doing very well now, she's with her children and everything.

Why, our president of India, who came to London airport, and they told that he's going to die, they had prepared for his funeral and everything in India. And I met him at the airport; you know that, in ten minutes he got cured, and he went there, he walked on, everybody started seeing whether if he was coming or his ghost was walking down, it was like that. And he's still there, still there.

All right, then ... about accidents, you see, this ... so many accidents one and 1,001. But I'll tell you one where the bus fell down, with the Chhaya pandit coming to see Me, about eighty feet, double rumbling, and it stood on it's four wheels and the driver ran away with fear, you see, but somebody knew how to drive, and the key was in there. They started the thing and they came out, and not one person was hurt.

Actually, even if Sahaja Yogi wants to die, he cannot die. He'll be looked after by angels. Is a fact. Tell him that, you see, all this could be a ... stories to him, but all is a fact, and you see for yourself, if I say so, why not have it? It's all free. He is honest because, at this point, you see Grégoire, he is honest because at this point what he says is true, because he's not free. But I'm talking of something that has to happen to you, all right?

Question (unknown man): You said that you made a statement that there is a direct correlation between black magic and spiritualism, and cancer.

Shri Mataji: I've seen that.

Question (following): Are any statistics available on that statement?

Shri Mataji: Yes, you see, what happen, whenever I treat a patient of cancer, now I have treated ... and all these people have treated. You see, what I find, there is a centre in us, which is, what we call the left Swadishthana. Is this centre, where we feel the heat here, on this one... Left Swadishthana is the, I didn't talk to you about centres, you see. This yellow coloured one, left Swadishthana, you see on the left-hand side, comes to people who indulge into unauthorised subconscious areas, you see? Who deal with unauthorised subconscious areas, and invariably, every cancer patient who has come to Me, had the strongest of this centre catching. With others on the left, more on the left, always. So, that's why doctors cannot cure it.

Grégoire: May I translate, Mother?

Shri Mataji: All right, say it, and further also, I will elaborate it, scientifically.

I'll tell you the scientific explanation, all right? Now, about six months or eight months back I saw a film of cancer experts on cancer. About how far they have reached, you see? What I've been talking for so many years, now they are talking about it. Now what they have photographed are the elements or, you can say, the things, the proteins - they call it protein 52, protein 58, they give the names as usual, doctors give only names, you see...they don't know what it is, so they call it protein 52, 58, something like that, and 59, and these proteins, they are photographed even, which looks very funny, in their photographic thing. And they have seen that these things come and attack and trigger the cancer. And they come (they have said it, very clearly, all of them) they come from the area which is built within us since our creation. So, it is from the collective subconscious. Now when you people do spiritualism, or these wrong gurus, and fake gurus and all these people, what they do is, that, they somehow or other take you to your collective subconscious, where there are all that is dead. And there are viruses, means dead plants, and dead animals and dead human beings. Mostly these gurus use dead spirits. Even the mesmerism and ESP, all is that. Of course, some of the gurus put you also through your ego, pampering on the right-hand side, into supraconscious, on the right-hand side into collective supraconscious, and you develop other diseases because of that collective supraconscious. Like Hitler, would be there waiting for anybody to jump into, if you go to collective supraconscious. So, it could be both ways, but mostly, a cancer is left-sided. It may start with the movement towards supraconscious, you may move to supraconscious, but as a momentum, you see, you might as a swing, go to the left too much, you see?

So, it is an oscillation, but when that, it is settled, I mean when it is triggered, it is the left, of that I'm sure. But, you will see yourself, once you get Realisation you will immediately see. All this will be your own knowledge. Say, a person has cancer, say, of say. Vishuddhi, of throat. Now, he must have right Vishuddhi, left Vishuddhi, and ... special ... This one.

Now, this left Vishuddhi, is coming from feeling guilty. It's very dangerous to feel guilty. Is absurd. What guilt can you have? It is the ocean of love. Unnecessarily you are just imagining, like little children. All right, are you satisfied, now?

Man: No.

Shri Mataji: Why? Because, no, you are not, no, no, no...I agree, you won't be satisfied, because you are not yet realised. Once you are realised, this is a thing to be experimented and seen, isn't it? Supposing I'm telling you the truth, and the laws of Divine, you have to enter into that realm, and see yourself, isn't it? Like a scientist.

Man: I can accept that, but I still didn't get an answer to my question.

Grégoire: But may I just say, that we ...there are some doctors in Sahaja Yoga, one of them is here, and they have started ...He was asking about statistics ...so simply statistics ...

Shri Mataji: Ah! Ah.Ah.Ah...Yeah...yeah...

Grégoire: The answer of Mataji has gone more away of your question, but they are now working out some basic data, but it's a process which has just started, so we cannot provide you statistics as such.

Shri Mataji: Statistics, ...Yeah...yeah...yeah... But I, one thing I will tell you, Grégoire. You see, it's a headache, you know, to keep statistics. We are not going to do that, I'm telling you. I'm fed up, you see, we don't want to keep files of this, why should we? You see like... I'll tell you, I went to this Medical College, because I've cured people now, and I cured the President, so they have to ask Me, how I did it, isn't it? He understands?

And I told doctors all about sympathetic, parasympathetic, and everything, and they asked Me ... for ... then they sent Me ... "How many people you have cured, and give their names, and this and that ..." I said, "I do not know how to keep files. And it is disgraceful. That you give somebody out of your love and you record it, it's disgraceful, isn't it?"

And for what to do? For why? Because, we are not here like doctors, mercenary ...



No, we are not here to cure people. We are here to give you Realisation, but as a by-product people get cured. But we are not interested in curing people as patients in the hospital, not at all. Because what's the use of curing these useless people [INAUDIBLE but G's translation indicated "if you cure these people, they are not interested in their spiritual Realisation."]  
There are most of them are useless people, I tell you.

There was one [INAUDIBLE] who met Me in that [INAUDIBLE] 6,000 people out of that got hold of Me, because he had angina. I said, "Well, all right, I am going away now to Pune, he came to ... he was living in Pune, a very rich man and all that. I cured his angina. He got at least 26 people to Me. Then I cured all of them, then again they brought 20 each ... and I was just exhausted for nothing at all. So I told him, "Have you got any friend who is able-bodied, or are all of them like this?" So then he said, he arranged a very great program in Pune and he gave Realisation to many people [INAUDIBLE]. So I told all these people there were, you yourself may get Realisation, become masters and doctors and cure your relations - why bother Me? I do not want to take any credit or discredit of that. I just want that you get all the knowledge and you do it yourself. Every time it happens, you see, one to 500 - I decide I will not take anyone, but again something happens, they catch hold of Me, again you see this starts. Because I feel now that the person has suffered, but the person has no consideration at all. I cure him, he gathers the old people, 14 people will fly out to, say, London, to get cured. That's what it is. They won't come for Realisation. What's the use having all such healthy people, so-called, if they are good-for-nothing for Sahaja Yoga, for God?

At least you should never say you've been cured, because I've seen doctors might get after your life. Better let them cook their own stew. But when the doctors have failed, they come to Me! [INAUDIBLE] sitting down there. He had the same left-Swadishthana problem. He will tell you. So why go to that extent, you better have it, now why worry about everybody else? Tomorrow you can talk to doctors. Yes, you can please them. You can become knowledge. All right?

May God bless you!

## 1982-0503, The Day of resurrection has come

View [online](#).

3 May 1982

The Day Of Resurrection Has Come

Public Program

Maison de la Mutualité, Paris (France)

Talk Language: English | Transcript (English) – Draft

Public Program Day 1. Paris (France), 3 May 1982.

French introduction by Grégoire. [It starts with questions and answers]

...Seekers of truth. At the very outset, I would like to apologize, because I could not attend the session the other day. And also to apologize for this small hall which we could arrange. Please, forgive the organizers for this little hall which has put you to inconveniences.

I was very happy to hear your questions, which gives Me a little idea as to what you are seeking. Today, we are standing at a position in the history of time, where the Day of Resurrection has come. This time was to come, was prophesized. And that prophecy has to be fulfilled by someone. At the very outset, one has to understand what are we to seek, and what is our resurrection.

This is the enlightenment, this is the self-realization, but...what is it? [Inaudible] People may talk: "This is that, this is that, this is that..." Thank God in the modern times, people have logic. Now, if you see to the history of evolution, you will realize that evolution has taken in the awareness of person, or the seeker. And the higher was the evolution, the lesser was the modulation in the body and the outward side.

So, now, if there has to be the evolution, what it is going to be? In the awareness has to be seen. Because whatever has happened to us, in our own evolution, we have achieved it in our awareness. For example, for us, it is a truth that it's a small hall. Because we can see with these eyes. In the same way, this is...the color of this curtain is a fact for all of you, it's a truth. Because you all have eyes. Say, for a dog, to go through a dirty lane is not difficult, but to a human being it's very difficult because he's aware of the filth.

Because in his evolution he has developed a nose which can smell filth. So, to understand it fully, logically, is that something has to happen to your awareness. Now, on this point, there have been lots of confusions, on this point itself. The confusion comes, because we can think what we like. Rationality is that moves the way we want. Evolution is not a thing that we can achieve through our rationality.

We did not think of our evolution to be a human being, or a donkey, or a, say, a monkey did not think that he has to become a human being. He just became. Neither he...it had any concept of what he is going to be. Neither it had any capacity to concept...conceptualized. But human beings have that capacity. But that capacity could be imaginary, because human beings can go on imagining things.

So, the concept of anything that we have built up may not be true. So, if we are honest seekers of truth, we have to face the truth as it is. One has to adore it, and accept it, and allow it to permeate. It may not be according to your concept. It may challenge your ego also. For example, a gentleman came and sat before Me, and he started jumping like a frog. So, he told Me, that he has read in a book, which is quite authentic...even in modern times, that, when you get your Kundalini awakening...you hop like a frog.

And I saw that book Myself, and I was surprised that it's written in there. But, logically, are we going to become frogs now? What

are we going to become logically? That is some new dimension has to come into our awareness. Many psychologists like Jung who were realized souls have indicated that one will become, become, again the becoming is the point, collectively conscious.

Means something should happen to our consciousness. In which we become collectively conscious. So, when this Kundalini rises and pierces through the Sahasrara, and is established there, you start feeling a cool breeze in your hand. With this cool breeze, some people might think it's a psychological case...it's a psychology...something... some people can say...

Because human mind has a special capacity to escape the truth and accept the falsehood. That we have done before, but now you cannot miss it. Now, with this, as you have asked Me a very right question, that in the hand you see the same colors repeated that are on these centers. Now, these are showing that, on your hand...In the Bible it is said: "Your hands will speak." So, on your fingers...fingertips are these seven sympathetic nervous...sympathetic Chakras ...one-two-three-four-five, six and seven...six and seven.

On the left and on the right. These are accepted by medical science that sympathetic nervous system reaches your left and right extremes...is accepted by medical science up to that point. These fingers, these hands then can tell you what centers are in trouble in you, as well as in others. For example, just now, in the whole audience that they are sitting here, they are mostly catching on this center. Call a child and call...the child will also put this finger in the mouth.

Right...right...left, left...sorry left heart [inaudible-small missing part] this is very common with the western people. They sap their energy sitting down and cursing themselves for nothing at all. But Sahaja Yoga is the system or technique of Divine Love. And love that is the ocean...is the ocean of compassion...that washes off all these so-called specks of things that you think to be great sins.

So, while listening to Me, you should know that you should not feel guilty about anything whatsoever. And be relaxed. Now, when you become collectively conscious, means your fingers, means your central nervous system, is showing the result of your self-realization. Means your conscious mind is aware of what has happened to you. Not only that you feel your own Chakras, and the Chakras of others, but you get your own power to correct them, you own and others.

The powers starts flowing through your fingers to begin with or maybe begin with in some people from the head. And you can use that power for curing people of their centers. Centers... All the problems coming from the imbalances and the mal-adjustments of the elements that have made these centers. And to adjust them, to...and to put them right is a very easy thing for a person who has got this power just flowing through him.

Now, when you are a realized soul, actually you are connected with your spirit. The spirit has its seat on top of your head. But it resides in human heart. In the heart organ itself. And when the Kundalini rises, (she's) touches that subtle point, then the information goes to the spirit, and it starts manifesting through this connection its own existence in your central nervous system. So, you start feeling this cool breeze. But cool breeze is not from the spirit. You get connected through the spirit and that is what is important. Because through the connection of the spirit...just like this is connected to the plug...in the same way, you get connected through your Kundalini to the "plug". And the plug is the spirit in a very gross way I would say.

Now look at that...he has written a big book on Sahaja Yoga... So, the connection is established through Kundalini, through the... "Being" within us, which is collectively conscious, all the time. That is present all the time within us. It is conscious all the time aware, about our everything that we are doing.

...[missing words]...Connection when it is established with the Divine, then that electricity, or that power we can call it, the power that is all-pervading, starts pulsating in the conscious mind. Now, we can say that, I...if I take the name of God if you are not disturbed, that God Almighty is the One whose power is separated from Him. And His power is the Shakti or the Adi Shakti, or the Primordial Mother.

And the light of this power, the...covers all the universes, covers the minutest of atoms and molecules. While God Almighty is like

a witness, and is watching the play of His power. As man is made in God's image, God Almighty is represented by the spirit in human heart. And its power, which is the representation of the Adi Shakti or the Holy Ghost, is represented by the Kundalini.

So, when the Kundalini gets connected with the spirit, we start feeling the collective consciousness, because we get connected through the Kundalini, to the collective being within us. And that's how we become collectively conscious. For example, say... this is the image of God...we can say, then Sadashiva, the God Almighty resides in the heart. And his power creates the whole universe.

Now, how does it create? First of all, He has to desire. So, we have within us, the power of desire within us. Now, this power of desire is active without any effect. Visual effect. For example, if I desire to be the president of France...I won't...I do not become. So, whatever we desire, does create an activity of a type, which is not apparent. But the activity that takes place, through our brain, and through our physical efforts, is apparent. If we think that we want to, say...go to Mother's lecture, if we want, in the desire, you may, you may not.

But, if you come to the second type of activity, then you will have to think how you are going to do it. So, you go to the future side, and plan it out how to do it, and you use your physical body for that as well. That's why we call it an activity that is as a...not inactivity, but you can say non-activity. I don't know in French. ...And that is activity...

That is the past, for example, somebody is sitting and thinking about the past. Then what is the activity? The activity is of emotions and all that, but there is no production out of it. So, the foremost thing is to desire. If God Almighty does not desire, nothing will be created. So, out of that power of desire, the another power of creativity comes in. In our Sahaja Yoga language, we call the first power as Mahakali power, and the second as Mahasaraswati.

And the central one, we call it as the Mahalaxshmi power. It is the power that manifests the parasympathetic nervous system within us. This is the power that gives us our evolution. By this power we sustain. By this power, God has created...you can say, the chemical periodical laws to give them different quality of valence.

We can say at the lowest Chakra, below the Kundalini, is the carbon atom, which started combining with others to form life. As it has got four valences, this one also has got four... This is the power that we have got from the Mother Earth, which is innocence. And the magnet within us is placed in this one.

Look at the animals, how they have got their magnetic fields properly adjusted and so well understood. The birds, from long distances, cross...across to southern hemisphere, and then back again with proper direction, because their magnets are intact and pure. Till' the animal stage, this magnet is quiet intact. But, at the human stage, you are given freedom to do what you like with this center.

Because at the stage when you are a human being, when you [have-are?] raised your head at this center [Shri Mataji must be showing Vishuddhi Chakra], you have to become independent and free people to decide. As soon as you raise your head like that, a new system starts growing into you from your right side, like this, and covers up the whole area up to this.

Because when human beings indulge into any activity, they develop a feeling that "I am doing it", that is mister ego. Before that, there is only a growth of one side, a left side, and that too very rudimentary in the human...uh...in the...in the animal stage. So the ego goes on pressing on the superego too much, and superego also develops then, and that's how you get cut off from the mains.

That is how you become a shell, and a separated personality, a free personality, to do what you like. We can say like an egg. When the calcification takes place you become completely an egg of your own. It has to be an egg if you have to become a bird in a free world of God. Because evolution cannot go any further than this, unless and until the people who have to enter into the Kingdom of God, have to realize the value of freedom.

But the word freedom itself is again confused. If you are very ego-oriented, you think whatever you do is your right. Any kind of nonsensical things people do, they'll say: "What's wrong?" I had a disciple, who was twenty-six year old, and he came one day, he's very good and intelligent boy, and he was very sad. And he told Me that: "My mother who is forty-nine or so, or fifty years of age, has eloped with my friend who is twenty-two."

So she came to Me, the mother, and she said: "What's wrong?" The laws are so absurd, that she sold her house, and the husband had to live in another house, she had to live in another house, and she had three children who just became like prostitutes. Her own daughters. And they also came and told Me: "What's wrong?" With ego a person becomes absolutely unaware of the collectivity.

That means he becomes malignant, he becomes a cancer-cell in the body of God Almighty....Malignant...The left-sided person is a person who start getting all kinds of conditions upon himself. They are another type of dead people. Because there is no wisdom in choosing your conditionings. Such people can be fanatics, could be mad people, could be hystericals.

The other day, I saw, some people in the bus; I was traveling with "Mary", who were just talking to themselves, and they are all of the same style, like mad...I mean lunatic. Now, the nature has its own way of controlling, and giving you balance. For example, if you are too much ego-oriented, and only working out the right-side, then what happens, that to replace the fat cells from your brain, the liver has to work very hard. The... the Swadishthana...is the Chakra...is the Swadishthana...

When you go on planning everything, all plans go waste, no doubt. But apart from that, your brain also goes waste. Because you do not know what Divine plan is. You have to know the Divine plan, to fit into your planning. So, whatever planning you do, can create problems not only for your liver, but also for all the organs which are important in the...in the abdominal area, because that has to be looked after by the same centers.

So, you develop diabetes, because your pancreas is out of care. You may develop blood cancer, because your spleen is out of care, you may develop kidney troubles and also high-blood pressure and you may also loose completely your memory at a young age, without knowing what's your name is.

So, this can happen to you, if you're right sided. But still nature goes on giving you warnings by many ways. But, if you do not listen to the nature, then you get an attack on your heart. Because your attention is away from the spirit. And your spirit is in the heart, which gets angry and recedes. Now, see the balance, the heart is for emotions. Not for mental activities. But when you do mental activity, your heart goes out. But if you do your emotional activities like weeping, crying, and becoming very sulking type and receding type, then your brain goes out.

[Missing words and sentences...] ...which we can call as our break and our accelerator. Now, we have to use both of them, keeping ourselves in balance. Another great capacity of human beings is to go on the extremes. We cannot be one-sided in ordinary life...We cannot be one-sided in ordinary life. Supposing we have one leg, we can't stand for long time. A car cannot go on one wheel like this in an angle, does it?

Even on the bicycle, you have to balance. This balance comes from wisdom that you have. And this wisdom tells you how much to listen to others, and how much to yourself. Like today, I had somebody who gave Me a very good ...a...good report of what happened to her. She was telling Me about the psychoanalysis, the madness of it. Which suggested that she has bad relations with her father or her mother, or some sort of a nonsense like that.

In her wisdom, she could understand that she has pure relationship with her parents, and this is nonsensical, this [is?] some sort of pathological case they are describing. Like Freud was himself a psychopath. Himself died of cancer. Not only but he had relationship with his mother, such a perverse man he was. He did not know what chastity is, what purity is, what holiness is, what sublimity is.

If the psychologists are dealing with pathology, all the time, with pathological cases, they become pathological cases themselves. They have no way of protecting themselves. And these pathological cases, which are one in a billion, they make it a general rule for all of you and you accept them. You are created in your dignity and in your glory to become the spirit.

And while they want to reduce you to your a sex point, and how on earth any man with self-respect can accept such a nonsense as that. So, what is it that [our?] we go to the extremes in everything? Either we go to the right side, or to the left side. If you go to the right-side, you can also become like an ascetic, a very dry personality, devoid of any feeling. Like husbands who are hard working, women who are hard working, can be very funny human beings.

Very strange things they can do. Because they have lost that balancing factor. In England, no I should say England then itself, statistically it is proved that two children are killed by parents. Children! And there the parents want to become vegetarians, and save the animals, and save the mosquitoes, and save the bugs. They are sending money to Afghanistan, and all those things, but they cannot look at their own children who are suffering.

So, these extreme behaviors on the left-side can also create terrible problems. One of them is cult formation. Cult formation. This weakness comes to us from our heritage as animals. There is a kind of a phenomena called...there is a kind of a phenomena called mimicry that takes place among animals, so that they copy others, and go along together. Now, if there is a very strong personality, like Hitler, then he can impress on people, by pampering their ego to begin with, that they are something "chosen" people.

[For-but?] Hitler also used the same methods that these false gurus are using. He got help from these Lamas in Tibet, the parasites, who told them...who told him the secrets how to control human beings. Now, beyond this area of your subconscious, there lies the collective subconscious where all that is dead lies. Even the cancer, which I've seen has been there, because people have been driven into collective subconscious.

A person who gets cancer is always a left-sided person. The doctors have reached a certain conclusion about it. I saw a film the other day, where they showed some doctors experts on cancer, telling that the cancer is triggered by proteins which they named as "52-58", anything you can name, but they can't explain, which enter into the area of human consciousness.

And these proteins, according to them, are coming from the area which is built within us, since our creation, means collective subconscious, that... they don't know. So, that's the sects are formed, because, say, you call some people and tell them you pay five pounds each. And become the member of this...not sect...but a very "enlightened" group. How can you pay for your enlightenment, it's a sensible thing to think of! But as soon as they pay five pounds, they become a club.

Then they have to go through all the rigorous imprisonment, because they have paid for it. They don't understand that this is a mass action that is going on. A...somebody will say: "Oh, I'm feeling very nice", another says: "I'm feeling very nice", "I am feeling very nice", and here the cancer is developing inside. But, what has happened to your awareness? What powers have you got? What have they given you? I may say anything about Myself, what does it take? For Indians specially, they tell lies morning till evening.

I've known Indians, if they don't tell thousand lies everyday, they won't eat their food. And they want to amass money, and are trying to befool. But there is a subtler thing which is happening there: the white race tries to overpower the others by their right-side. And tried to press them. So, now the left-side is attacking you. There are befooling you.

I went to China with My husband, and I told them that there are so many people who are become; now, drug addicts, and they are just cured by Sahaja Yoga. They said: "Why do you do that? Why do you cure them? Because they gave us opium, for days together, we were under opium, and they just killed all our essence, and they ruled here, and now, that's what they have to pay for their sins...let them have it."

But for the Divine, whether it is East and West, it does not understand directions or skins. It's all stupidity going on among

children. The only interest now Divine has, to give you emancipation, and to take you into the Kingdom of God, and nothing else. And for that, I have to counsel you, I have to give you comfort from your diseases, and you are to be redeemed. That has to be done. Specially for you, those who are seekers, who are the epitome of creation.

They are the one's who are going to enter into the Kingdom of God, not these kings and all these [inaudible-philosophs?] They have no place the so-called rich and the so-called poor, and the so-called quarrelsome people. So, it is you who have to get enlightenment in the body of the Primordial Being. So, that is how the sects are formed, and in general I have told you I don't want to criticize...

## 1982-0503, Talk to Sahaja Yogis

View [online](#).

3 May 1982

Talk to Sahaja Yogis

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Talk to Sahaja Yogis in ashram Le Raincy.

Shri Mataji talks to a baby: Oh! What a nice place, it's beautiful for you. All right?

Shri Mataji: Hello!

[A Yogini garlands Shri Mataji.]

Thank you.

Ah! These are the one "lilas" [lilac], aren't they? They are called as "lilas".

Sahaja Yogini: Yes, Mother.

Sahaja Yogi: The light is all right Mother. It is not too much?

Shri Mataji: Very fine.

[Shri Mataji about flowers on the tray for aarti]: Beautiful! You don't get them in London. Beautiful!

Shri Mataji, aside: Hum, you don't make him seat like that, he doesn't like it. He wants to seat apart with Me.

Is this the lady who has come? All right come along, come along! Let her have a chair.

Good, good, good. Do come in, come in.

Sahaja Yogi: Shall I put a chair here Mother?

Shri Mataji: Yes, here in front of Me.

It's very sweet of her. You tell her that I received her very sweet letter. I was very happy.

[The lady comes forward with a present] Oh, thank you very much. Thank you very much, very kind. You can sit down, you can come. Yes come, come forward.

Sahaja Yogi: Mataji dit qu'elle a reçu votre lettre. [Shri Mataji received your letter.]

Shri Mataji: I'm very thankful to her for the sweet letter, and I'm feeling happy that she has got all right because she is a good person.

Lady: Je suis enchantée de la rencontrer.

Sahaja Yogi: She is delighted to have met you.

Lady: Je suis très reconnaissante pour ce qu'elle a fait. [I am very thankful for what Shri Mataji did.]

[Shri Mataji takes her hand and kisses it.]

Sahaja Yogi: She is very grateful for what you have done.

Shri Mataji: Now, do you have people in Algeria who do all kinds of nonsensical things like black magic?

Lady: Ca a tendance à disparaître mais...

Gregoire: There is still, yes, in Algeria, there are still things like that.

Shri Mataji: You didn't go to anyone like that?

Lady: Non, non, jamais. [No, no, never.]

Shri Mataji: But maybe out of jealousy, they've harmed.

Gregoire translates: I've never done any harm to anyone so I don't know if somebody has done it

Shri Mataji laughs: ...Jealousy...

Because Djamel had that effect, though, I mean, he didn't get the same kind of troubles, but he had the same thing and he was



amazed, you see.

A great personality.

[To a child]: Hello sir! What are you doing? Are you eating that? Your father didn't give you anything to eat?

[To the lady] Come forward, come forward. I'll have to put my foot down there all right?

Just tell her in French.

Be comfortable, comfortable.

[Shri Mataji gives a kiss to a teddy bear, to a child]: Give this to the baby. Give this to the baby, all right? Go and kiss the baby, did you kiss the baby? Come along, where's the baby? This is a baby's doll.

Sahaja Yogi: She was frightened.

Shri Mataji: Now, she is all right, she was upset yesterday, I think she had a [ ?] on her.

"Vous fâchez..." [inaudible, in French]...

Gregoire, have you noticed his face is of a very different style? Gregoire's face.

Gregoire: Yes Mother.

Shri Mataji [put her feet on another part of the lady's body]: Yes, now, better!

Do not feel guilty. And sit comfortably with both the hands on the floor.

All right. Just relax, all right?

[Cut in the video].

Shri Mataji [two babies are on her lap]: Ha, ha!

[The baby wants to stand] Ah, ah. What's that, what's that? Oh!

Again he wants to go.

Ah, I want to stand up, on top of the world, on top of the whole world! It's his day.

Is it Sahaja Yogis' day? It is Sahaja Yogis' jealousy. Take him, take him.

You look so sweet both of you together, don't you?

Again.

[Laughter.]

Shri Mataji: No, no, he can't eat, he has no teeth, you eat, all right?

[Baby stands]

Ah, ah! Who is standing? Who is standing? Very busy man, very busy person. You see, Gregoire, their faces are so wide, did you notice that?

Gregoire: Yes Mother

Shri Mataji: They have wider faces.

Shri Mataji [plays with the children, the eldest laughs so loud that the baby is scared]

Shri Mataji: It doesn't matter! No, no. It doesn't matter! Ho, ho!

He gets frightened, you know.

Gregoire: Is he hungry or?

Shri Mataji: How is he with Brigit's son?

Gregoire: They were very friendly, but Brigit's son. But we were very worried for him because with Brigit's son gets some, he is very- has an Agnya.

Shri Mataji: Just take him.

So, what happened, Gregoire? What's happened with Brigit's son?

What do you see vibration wise? Some Right and Left Nabbhi is there. So what happened with this? He got an Agnya from the father?

Gregoire: Yes, not only this but his father told him so that now we know that whether he-

[Cut in the video.]

Shri Mataji: Your brother, has he been talking like that to her?

Gregoire: Yes,

Shri Mataji: For what?

Gregoire: He just told her that vibrations suggest that, if you go on like this, you say now, I am fed up. If you go on like this, I'll leave you and I will find a very nice husband [inaudible]. I mean, something like that for him to know that he should not go too far.

Shri Mataji: But what does he want her to do?

Gregoire: You see, Mother this-

Shri Mataji: Many things.

Gregoire: It's beyond understanding. Also, our parents, we don't even ask [inaudible] it's beyond and his mother is also like this.

Shri Mataji: He's very fond of his mother. I mean he's very much under her control.

[...]

[Cut in the video].

Shri Mataji: I don't know if you have such laws here or not, but in India, any man who carries on with a married woman is punished by law for seven years. Would you like to say?

[Marie translates]

Shri Mataji: This law we've got it from English, of course now they don't believe in it. But I was amazed at how they don't believe in such things, I can't imagine.

Thank you.

So this was the case, that's why he had to establish such a system at that time. But it is not compulsory for you to marry four wives at all. So what Muslim don't understand is that if you have any relationship with any other woman, but a married woman, it's a sin according to Islam. [Inaudible], that's a fact, you see, but they don't mind having relationships with other women, they don't live as saints, no!

My husband, who was in Ryad read an English paper in which all things had appeared and there was a big article on: "Where is our money going?" It's all lost in Paris and in London with the street women. Isn't it?

It's what it is that Islam, in essence, is for a complete recognition of marriage and the sanctity of marriage. But on the contrary, I think Muslims have missed the point. I think that it's a fundamental thing that he married even a little girl, you see, just to save her. Because in those days it was necessary, you see, for a girl – say- who was discarded by some people around and offended, this, that, he had to protect her and for that he married.

Like Krishna's case, you see. Krishna had his sixteen thousand powers and he got them, there were born in India as women. But he couldn't be keeping them in the house because everybody would say that they are his keeps. So he made one king captured them all these sixteen thousand and kept them in his house, you see, in his [?]. So Krishna defeated him and got hold of them and married them. And he had five elements also which tried to incarnate and then he married too as five wives, as queens. And he was called as Yogeshwara.

Gregoire: Mother, did you say that he married the five elements?

Shri Mataji: Five elements, it was his five wives, the five elements.

Gregoire: Who were they, Mother?

Shri Mataji: You see, they're five of them, Kalini and all, they are five, there's Rukmini and all these five. He had five queens. And after all, he was the Virata, you see? That's why he needed to have all these powers.

Can you give everyone one of these? Gavin, I think we should use those Indian sweets this afternoon.

Gavin: All right, Mother.

Shri Mataji: For lunch make sure that everyone gets one.

But he was Yogeshwara. He's called as the God of Yoga, means who is completely connected with the Spirit all the time.

And I told you the story about him that once his wives wanted to go and offer their homage to a saint who had to come on the other side of the river. Now this saint-

[Shri Mataji talks to the baby]

So when he went – when his ladies asked him that: "We want to go and meet the saint, the river is in flood. How do we cross?"

"It's very simple there's a mantra." He said that: "You go and say there, if Shri Krishna is a Yogeshwara, that means he has no wives at all, no relationship with any woman so far, then the river will go down."

Gregoire: Brahmacharya or Yogeshwara?

Shri Mataji: Brahmacharya, celibate.

They went and said that to the river and the river went down completely and they could walk through because river is the water: it understands dharma.

So, they worshiped the saint and when they were coming back, you see - they gave lots of food for him to eat and he ate a lot of food and they looked after him. And when they were coming back, again the river was in spate. So they went to the saint and asked him: "What should we do now?"

So the saint said: "How did you come?" So they said: "We told some absurd thing to the river, saying that Shri Krishna is a celibate king but we are all his wives and we know he is not. But then the river receded." So he said: "All right, now you go and tell the river that I have not eaten even one single particle of food all my life. Go and tell the river. Not even tasted, not even tasted!"

So they went down and told the river that: "This fellow, if he has not eaten even a single particle, if he has not tasted even a single particle of food, then you'd better go down."

So the river went down.

[Inaudible], they are all absurd people. So, for God, there is nothing like sin because whatever is against God is a sin. Whatever God does is not sin. If he wants to kill he can kill any number. He can have wives, husbands. Now, in these days the population can have many children. God, he can have!

But they indicate a certain kind of mood of life just deliberately because they want people to follow that mood, [Inaudible] of people.

I can take up all your money, property, everything, it's fine, what is there? The whole world's property I can take up. But I should follow a certain amount of mood of life to show the way you should lead your life. Because you see, I don't need any help but you do.

So, this is all the drama.

Hello, how are you? Why don't you just sit down? [Inaudible] He has been busy cooking and do all the work for you only.

Gregoire: He is busy with journalists, Shri Mataji.

Shri Mataji: What's that? Are they coming?

Gregoire: One is there. One is coming to the program this evening, one journalist, and one is probably, the one who was on the phone is probably coming to the program tomorrow.

Shri Mataji: Very kind of them.

[Laughter].

Shri Mataji: It's all right. [Inaudible]. They are all like that [Inaudible]

Ruined people. You see, something serious has to happen, then they will be all right, to their newspapers.

A gentleman like this Murdoch [owner of The Times], horrible fellow, the name itself "Murdoch" you see "Murd" means, in English language, is "dead", dog, "dead dog". And this one is in charge of the whole of that. He's the one who has purchased Times. How many of this in England, Patty?

Patty: And a lot of the Australian papers.

Shri Mataji: How many Indians purchase now? Like since.

But in Australia, his friend was the one who was cured with Sahaja Yoga and he had cancer. But I don't know if it was his friend or his friend's friend, but somebody related to this Dead Dog.

[Laughter].

He's very licencious and he's a very horrible fellow, he's a horrible man, extremely adharmic.

She's better?

Shri Mataji: Still some Vishuddhi Mother.

Shri Mataji: Don't feel guilty, for what do you feel guilty? Because God is very patient you must give it some time. You cannot do anything which is so big, bigger than the ocean of love. [Unsure]

[Cut in the audio]

There's a- you see, the head of this perversion.

Why don't you come here? Take a chair. Take one for him.

Sahaja Yogi: Mother, I would like to give you, this is a present.

Shri Mataji: Presents.

Sahaja Yogi: I had to make it for a school. It was a project. [Inaudible.] I wrote about Sahaja Yoga and its inspiration for arts.

Shri Mataji: I see. And then, this is the thesis. About what? About Sahaja Yoga?

Sahaja Yogi: Yes. That's, it's the source of all painting and art. I tried to write it for people that are waiting for You in the world of art. [Unsure]

So, sometimes You may feel it's a bit catching here [at Hamsa chakra].

[Shri Mataji is laughing. She is reading the booklet]

Shri Mataji: First time people make [inaudible]

You see, there was a gentleman who was the chairman of the Muhler [?] and Company, very great company they have, very big company. [inaudible]

And he met Me, no more now. He was the first who met Me in 1965. He was very much in the Sahaja Yoga and I think he was the first Dutch who may talk about Sahaja Yoga. He was very much interested. But [inaudible]

Sahaja Yogi: I think in Holland, many people seek. They take [inaudible]

Shri Mataji: Of course, they are very [inaudible]. We had one, that is – what's his name that one?

Sahaja Yogi: Gavin.

Shri Mataji: Gavin, Gavin, he stays there. We should get him the address from this lady.

Sahaja Yogi: She's French?

Shri Mataji: She's a Dutch lady.

Sahaja Yogi: She's English I think.

Gregoire: She's French.

Shri Mataji: She's French married with a Dutch.

Sahaja Yogi: And she lives in Holland.

Shri Mataji: She now lives in England but her son Gavin lives with the father. And he was telling Me that Dutch may not be seeking. They are very much crooked [unsure]. He said they drink, this, that- very bad. And about his father [inaudible] like any other Dutch father who drinks too much.

Sahaja Yogi: It's silly.

Shri Mataji: He is in Holland, not in Belgium. But the gentleman whom I met was also in Holland.

Doctor Nagansey [unsure] is very [inaudible] isn't he? He's a Realized soul. But these people are [inaudible]

They lack collectivity all of them.

Marie: Realized souls or?

Shri Mataji: No, no, no. This doctor Nagansey is the chairman of the High Court.

Gregoire: De la Cour de justice internationale. [International Court of Justice]

Shri Mataji: Yes. He got his Realization and he helped Me because he was the secretary of the President, I mean it's the topmost job we have in India for all the civil servants. Ad he got Me this land. I mean he just helped Me to get the land and all that he talked about. But, I mean in collectivity they do not, they won't come to the programs and things like that, but they should be.

Otherwise, he's a very nice man, he got his Realization. He sent his wife to Me to get Realization. Let them come in, please can you come forward?

[Talking about some ladies]

Shri Mataji: And what about the other speaker who came between the last time?

Sahaja Yogi: Well, he has some difficulties to leave Algeria because this year we are changing all passports. [...] After March, the passports will not be valid any longer You know.

Shri Mataji: [inaudible].

Sahaja Yogi: You have to apply,

Shri Mataji: For a new one.

Sahaja Yogi: Yes, so he could not come this time. You see? But few of them are quite well. That old man, he's OK as I told You in London last time. He has problems with his right neck. But the others, especially the small one, they will get any problems, it's normal of course.

Shri Mataji: It's all right.

Sahaja Yogi: It's quite all right, now there is the little sister, the smaller one. [Inaudible.]

Shri Mataji: What about Morocco, what do think? Morocco could be a prior place to move in. Morocco, there is democracy or same style?

Sahaja Yogi: Well, it's not a democracy. It's not reactional. There are lays of the population that might be [Inaudible.] Tunisia would be a more opened society.

Shri Mataji: How far is Tunisia from Algeria?

Sahaja Yogi: Well, about 800 kilometers from the capitals.

Shri Mataji: It's not very far. About a thousand miles

Sahaja Yogi: In North African, all these three countries are pretty close, they share borders together [inaudible].

Shri Mataji: I mean, I was thinking, we should have a center somewhere there in one of these countries where it is rather free, where one can start, and for those people who are, say, in Algeria, in all such places where they are not so free, they can come down easily. You see, for them to get passports and to move on to Tunisia than to be in Paris perhaps, would be easier.

Sahaja Yogi: Right. It's near, you can drive from Algeria.

Shri Mataji: And Tunisia won't have, and Tunisia's government won't have so much objections to their coming in I think. Like Moroccans and Algerians, all those.

Sahaja Yogi: No the relations are very good among them.

Shri Mataji: They will not have problems.

I think Djamel's mother comes from Tunisia.

Sahaja Yogi: Yes, yes.

Shri Mataji: He has been always telling Me about Tunisia. According to him, Tunisia would be the best place to start a centre.

Sahaja Yogi: Yes, Tunisians are very open-minded.

Shri Mataji: Yes. So, should we keep it for next year? To start a center in Tunisia somehow.

Sahaja Yogi: That would be a better idea yes.

Shri Mataji: Then people can come from Algeria to Tunisia, and get their Realization.

Sahaja Yogi: Sure.

[One lady is massaging the right leg of Shri Mataji]

Shri Mataji: They almost got the light, isn't it? No government to stop the light [inaudible]. But the fundamentalists must be dropped down, you see, they have to be pulled out of the West. They'll be ruining everything, they are ruining everyone. Now if you are reading the Koran, I must say that there is more accent is on the day of Resurrection, more accent is on the day of Resurrection than the day of Ruhr. And the day of Judgment and the day of Resurrection is very important. I mean they are preparing it, the whole Koran itself is preparing you for this day of Judgment.

Somebody has to talk about it.

Now the main thing why Muhammad sahib or anyone did not talk so much about Me in person or description of Me or the One who will give you knowledge is on the day of Resurrection - it's written that you will know God better, that you will know the knowledge and all those things are written very clearly. The reason was that it was some sort of a security when you haven't seen, so that it should not direct all the negativity towards Me when I come here and life should be easier for Me because if they come to know that I am the One who is coming for this, then the whole of Mullah they will be going on my head.

[Shri Mataji is laughing] So just he wanted to hide the things. Apart from that, I think, after Realization, I can convince you. That is one of the reasons it was not so clearly said.

Indians have an advantage on others because it's already described what to expect from a person who is coming for this sake. So for them, it is very easy to recognize because there are all the names all the descriptions, everything is there.

I must say English are also specially very much endowed because of Blake. Blake, I mean, he has written about Me, it's really remarkable. Even the house now that we have bought now. He has written about that, about that house, the Golden builders and everything.

Sahaja Yogi: How?

Shri Mataji: In the house itself, you'll be amazed, the house will be- he has written the house will be- Can you get that, it's a very good one. She has brought it upstairs, in my room.

Sahaja Yogi: [Inaudible]

Shri Mataji: That's in my room upstairs. Can you go and get it from Mathias you can see, it is in the, I saw it in the cupboards.

He has written about a house near Kensington Gardens, it's near that brook, you see, it just passes through the house, I mean it's an under thing on top of that all the houses are built. What's the brook's name Gavin? Tyburn?

Gavin: Tyburn, Tyburn.

Shri Mataji: Tyburn.

And he said that the Golden builders - because when the house was all done and all, actually these Sahaja Yogis went and

painted it all these garnishes with gold. It's the Golden builders there were called as Golden, beautifully done. So many things! But one of these things is so remarkable, he said we will discover this.

Shri Mataji: Should you have your breakfast all of you?

Even Rome had some signs when I went there the key of the Roman- this thing- church which is kept there as symbol of – the key was given [inaudible] according to these Christians, you see, [inaudible] and that is symbolized as a - they have made a monument for that key and all that. The thing felt down. So many symbols felt down there before I went there.

And there's a gentleman [inaudible] had Realization before, but the trouble with him is that he doesn't know he has got Realization. Tell him to come in, he's a new one I don't know if you can find him. [Unsure]

Sahaja Yogi: These are only pictures of Blake Mother.

Shri Mataji: Not the book?

Sahaja Yogi: Nineteen.

Shri Mataji: Not the book of Blake.

Sahaja Yogi: Yes.

Shri Mataji: Bernard you have got?

Sahaja Yogi: Pamela has got the book in her car and she's going to pick it up for them.

Sahaja Yogi: [Inaudible, about giving Realization to an Indian man]

Shri Mataji: You can ask him.

[Inaudible]

Shri Mataji: But what did [Inaudible]

What I would just say is why did we believe in them? Why in Muhammad? Say, it's all over because I'm that, I am.

Why do we believe?

I am just asking a simple question because I'm all that, but I am just asking.

You see, just before this person has been cured by Me, you've not seen The Virgin curing anybody. [Unsure]. And they didn't see Muhammad, they didn't see Krishna, they didn't see anyone. I gave you Realization, not Virgin Mary. So why do we believe in Virgin Mary more, and in Christ and Muhammad, all of them?

Now, I am before you. When they came, nobody believed in them either. Like, when Muhammad came they said we believe in Moses. When Moses came they said we believe in Abraham. So, we are believing always in the past. We have never met them. We have never seen them. They have not given us Realization. They have not given us any knowledge, this Divine understanding of God's Power. Then, why do we believe? What we see, what we can feel in the present, that's what we should be. All right? But it's the human nature, it wants to escape the present and live with the past or with the future. Or these stupid Jews still [think] somebody is going to come to redeem them. And for the stupid Christians, Christ has come and nobody is going to come. And



when he has said: "I will send you a Comforter." So, what about that?

And imagine a combination of a Comforter and a Redeemer and a Counselor. Tremendous job! Christ has not given Realization to anyone, nobody was ready for that. All these churches and all these people who talk of any of other religion are nothing but money-making propositions. All advertising agencies. It is an advertisement that doesn't give any goods.

[Shri Mataji is laughing.] All artificial and imaginary. The reality lies in the present.

There's another thing why we don't believe in the present because we don't believe in ourselves sometimes that we are endowed with the power to know God. We don't feel confident about ourselves that: "Why not we, in this lifetime, know God?" That means only the people who came at the time of Christ - who never recognized him - are the only ones who are saved and the rest are all finished. It is like recognizing the seed and not the fruit. All right? May God bless you.

So be in the present, this is the counseling part of Me. And Realization is the redemption part and curing is the comforting part.

Ah, Realized! [About the new person]

Like yesterday one fellow who would just believe in Christ, he wouldn't get his Realization. I said, what to do with this fellow, I didn't see! [Shri Mataji is laughing.]

Like somebody sitting outside that: "I must have my food here and not in the kitchen like other staff, you see?" Absolute nonsense!

If Christ had done, it would be all right, but he did not tell it. He left it to Me. So, why do they want to use him because they can take advantage of this kind of a transition that is between Me and him at this time and that time. Myself, I'm the transition myself of myself. But stupid as they are, they can only make some money or fanaticism or some quarrellings, some hatred. They are not to give you anything. They are all fighting among themselves. All the Muslims are fighting among themselves, all the Christians fighting among themselves, all Hindus fighting among themselves.

[Shri Mataji is laughing.]

How they believe in one thing that is God? If it is fundamentally one thing you are talking about, then how can you have different visions? If that one thing is the Absolute, all of you should feel the same way? As long as you are blind, you will go about like that.

And they will- they have told you that the day will come that you'll know the knowledge and it will happen. Nobody talks about it. They talk about the past only. And only the Jews who talk about it and postpone permanently. [Shri Mataji is laughing.] They'll never want to accept it at all. They will never accept because then all of them will have to accept the reality. So, thanks to God at least now they don't say they have to suffer. They have learned a little lesson.

What about you people you having something to eat?

Sahaja Yogi: They are starting Mother.

Shri Mataji: That's the present now.

Who has been cooking?

Marie: It's a mixture of everybody's cooking.

Shri Mataji: Did they?

Sahaja Yogi: Before You came, Mother, we have been cooking.

Marie: This is the weekend before. [Inaudible]

Shri Mataji: You put it in the freezer. And then you have permutations and combinations.

Marie: We spent the whole day in the kitchen peeling vegetables.

[Cut in the video while Shri Mataji is eating]

Shri Mataji: ...So the mother brought him. So I put the child, that's how Indians take a child, [unsure] just like this, it's very comfortable. He was there for a while. So he said that: "Mummy never takes me in her arms. Mummy never kisses me. [Inaudible]

He said: "My mother has never done that to me". I don't remember, my mother has never touched me, has never done that to me. I asked her: "Why don't you do that?" She said because I'll develop a guilt according to Freud. Can you imagine? A guilt with your own child. If you embrace your eight years old child you'll develop a guilt in America. Really stupid women. For a mother, to say like that! Imagine! For a eight years old child.

They trained up like that, they grew up like that, all these ideas are coming from this horrible psychologist. No doubt, what she said is true. And they have to exist and they must create such a world, creating psychological cases.

If you are studying even psychology you can talk with Peter. Can you believe it? [Shri Mataji is laughing.] Left Swadishthana, they will all get cancers I think but the time it's over. They all catch [Shri Mataji shows the Left Swadishthan.] They have been all anti-God.

I hope that you have more sensible girls like you in this country, France.

Sahaja Yogini: I hope so. Because I have in my family, my brother is in psychoanalyze and also my sister.

Shri Mataji: Psychologist?

Sahaja Yogini: No, psychoanalyze.

Maire: They are having a psychoanalyze. Both the brother and the sister.

Shri Mataji: It's a fashion, it seems, it's a fashion here.

Sahaja Yogini: For me, it was not really expensive but my brother is young it's my parents who are paying.

Shri Mataji: Why?

Sahaja Yogini: Because he had bad friends, he 's not very young, nearly twenty.

Marie: 2 hundred francs for half an hour.

[Cut in the video]

Gregoire: "Institut de psychanalyse de Paris" mardini.

[Laughter.]

[Sahaja Yogis repeat it 7 times]

Shri Mataji: You have a big institution here?

Sahaja Yogi: Not any more. [Big laughter.]

Shri Mataji: What did he say?

Gregoire: Gavin said "not any more".

[Big laughter.]

Sahaja Yogini (new): She is in psychoanalyze for five years. She is studying psychology to become a psychoanalyst. She works all the time. Yesterday, she started to have a stomach ulcer. And I tell her "keep cool, you work too much".

Shri Mataji: Did she come to Sahaja Yoga?

Sahaja Yogini: She is against it.

Shri Mataji: Why?

Sahaja Yogini: I don't know.

Shri Mataji: So you don't have to pay for her.

Sahaja Yogini: Yes, I don't know, I will try.

Marie: She is possessed by Freud. There is only Freud, horrible! He is against tradition.

Shri Mataji: She's very much there, she's a very wise French girl.

You have to know that you are very wise.

Sahaja Yogi: [In French: he is very materialistic and has turned her away from tradition] I saw that since a week, before I was in the dark. Now she is having a stomach ulcer and she is only thirty.

Shri Mataji: Something wrong with her.

But I think psychologists, because it's the New Age, they are models.

[Inaudible]

Shri Mataji: You see, one thing that they don't understand that you can die out of cancer. He had a very bad family life, the relationships with his family was horrible because he was having relations before with his mother [unsure]. Such a wretched man, what can he teach you? He himself had a life of such a low level. What can he teach you?

Sahaja Yogi: [Inaudible] In that way, it's a kind of hypnotism. At twenty years, the sweet girls and boys, they worship their teachers.

[Inaudible]

Shri Mataji: But one criteria, you tell them, one criteria is this, what power have you got? And how much you can discriminate? If you have got the light then you should be able to see through yourself and another person. Or it could be just ego pampering, you know. Or maybe that it is a kind of a thing that plays upon your weaknesses. So one has to tell them that how much powerful that you have become?

And if you have a car for example. And you have the brake and the accelerator. Now, you learn to know how to handle these two things, then you become the driver. You do not become a driver if there is a car standing before you or you are like a policeman handling all the cars with your hands, you see. You don't become a driver if you are just standing on the roadside and giving ways to the traffic only. Only you become the driver when you know how to use your accelerator and your brake. And then, you become the master of that when you are just automatically doing it. And you see yourself, your body, your mind and everything, as your servants. That means you become the master of your body, the master of your mind, the master of your intellect and master of everything that you have. So they cannot enslave you. All these habits come to you to enslave you. So you must ask them to find out: "How much mastery have you achieved?" This is what it is.

So when you talk to them, you should say: "But, it's just, to feel for somebody who is just worshiped [inaudible] this and that, but what have you got yourself?" But with Sahaja Yoga, you become a guru yourself, a master. You get the power with whom you can overcome any such temptations. This is what you have to talk to them. Just running after somebody like a crowd or like a mass or you can say, like a herd, what is the sense? What have you got yourself, what has happened to your awareness? One should face it directly and not to escape into something that just believes there's something great, it's imaginary.

Sahaja Yogi: But they answer sometimes if the cool breeze could be imaginary, psychologically?

Shri Mataji: No, it cannot be. Because I tell you why it is thought because it has cured people of cancer. With the naked eyes, you can see the pulsation of the Kundalini. You can photograph it. He has got it in his video, the pulsation of the Kundalini. Also, you can take photographs of vibrations.

[End of video]

## 1982-0504, Shri Mataji Teaches French Yogis to sing Bhajans, Eve of Sahasrara Puja

View [online](#).

4 May 1982

Evening Program

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Shri Mataji teaches bhajans, Ashram in Le Raincy, Le Raincy (France), May 4th, 1982

[Tape 2; talk on video, Shri Mataji Teaches "Amhi bhi ghadalo" to Yogis, Marati 2.]

Shri Mataji: .....This one,

Sahaja Yogi: Too hard I must say.

Shri Mataji: I tell you.

In this song, you say "Aadi Kundalini". You see, the "a" is a long "a" and "di" is short, "aadi".

Sahaja Yogi: "Aadi".

Shri Mataji: So, in the same way, the whole thing is written. You see, "Raama",

Sahaja Yogi: "Rama"

Shri Mataji: "Raama". So if you stay at "Ra-ma-i" then it's long. If you say "Ramai" that's all short.

"Raama". "Raama". You see, this is the thing. You must understand where is the long one, we call it "dirgha" [""], it's the long.

Then "laghu" ["" ] is the small.

So whenever it's long, you should keep it long. In the whole pattern, it's the same because tune is the same, there's no new tune in it. All right?

[Shri Mataji reads the song]

Gregoire: When we'll write to Bombay and Dehli people that you sang for us Mother, they will be [Inaudible] of jealousy.

Shri Mataji: I've sung for them, many.

[Laughter]

Shri Mataji: Same with this "Amhi bhi ghadalo", the same.

Sahaja Yogi: Yes Mother?

Shri Mataji: You must understand where is the long where is "laghu". But I knew it's too elaborated [Inaudible].

Now let's sing "Amhi bhi ghadalo".

Sahaja Yogi: First page.

Shri Mataji: Am-hi bhi gha-da-na. You see, when you are saying something "AmHi" "Ami" – "AM Hi", "M" and "H" "Amii"

Sahaja Yogi: "Amhi bhi gadalo",

Shri Mataji: "gh, gh, gh",

That's it, "bhi ghadalo",

All right, doesn't matter, you can't say "you" also,

"Amhi bhi gHadalo".

[French Sahaja Yogis try it]

Shri Mataji: "Amhi bhi ghadalo, tumhi bhi ghadana".

"Tum Hi" means "Ma" is half and "Pa" is full [unsure].

"Ma"

Sahaja Yogi: "Ma"

Shri Mataji: "Tumhi"

Sahaja Yogi: "Tumhi"

[Sahaja Yogis sing, Shri Mataji sings along]:

Amhi bhi ghadalo, tumhi bhi ghadana

Matajinchya sange mule bhi ghadali

Mule bhi ghadali chaintanyat anhali

Amhi bhi ghadalo, tumhi bhi ghadana

Shri Mataji: Hello, one second. It's all right but you when you sing, it's more sort of a Frenchie' style, you cut it, you see.

"Amhi bhi ghadalo, tumhi bhi ghadana"

[Laughter]

You understand. Indian style is that-"Amhi bhi ghadalo, tumhi bhi ghadana".

It's a melody.

You see? That thing [cut] is not there.

"Matajinchya sange mule bhi ghadali"

It should not be into the ear distortion.

It should not be discordant to the ear.

Again.

Just hold it [the note] don't play.

[Sahaja Yogis sing, Shri Mataji sings along]:

Matajinchya sange mule bhi ghadali

Mule bhi ghadali chaintanyat anhali

Mule bhi ghadali chaintanyat anhali

Amhi bhi ghadalo, tumhi bhi ghadana

Sahaj Yoga sange badha bhi ghadala

Shri Mataji: Now, you see now there are three words, Sahaja has come now. You see, Mataji is different and Sahaja well [unsure]. Then you have to pronounce it that way.

Shri Mataji: You see, this one is one, two, three. One, two, three.

One, two, three. One, two, three.

Now you sing.

This is the bhajan "taal" and in this thing, you have to beat "ti, ti, ti" you see? You are doing it very well! So now you go and work. And you sing it out, ok? All right.

Let's finish. David, come along, let's sing. You, English, you 'll have to sing this song, now come along now.

[Laughter]

English must sing Marathi songs. Come along, David. He's good at this you know, Rabin and this Marcus all these are quite good at that. Come along, let's have one more tune. They have very good voices they're a bit shy.

24:25 [Cut in the video]

[Shri Mataji listens to singers on tapes and translates some sentences of the ragas.]

Tape 1:

[Shri Mataji is playing harmonium and singing, Hindi 11]:

Jai Jagadambe Jai Jagadambe

Jai a Ganeshaji Ki ma Ambe

Jai Jagadambe Jai Jagadambe

Jai a Ganeshaji Ki ma Ambe

Jai Adi Kundalini ma Ambe

Jai a Ganeshaji Ki ma Ambe

Shri Mataji: Tomorrow, I'm going to teach you one.

Sahaja Yogi: As a third one.

Shri Mataji: It's going to be horrible, though.

Sahaja Yogi: No, it's so sweet.

Shri Mataji: All right.

Jai Adi Kundalini Jagdambe

Sahaja Yogis: Jai Adi Kundalini ma Ambe.

Shri Mataji: It's not the pattern. Jagadambe it should be.

Sahaja Yogi: Jagadambe.

Shri Mataji: Jai Adi Kundalini Jagdambe.

Sahaja Yogis: Jai Adi Kundalini Jagadambe.

Shri Mataji: Jai a Ganeshaji Ki ma Ambe.

Sahaja Yogis: Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: Jai Vishnu ki Lakshmi Jagadambe.

Sahaja Yogis: Jai Vishnu ki Lakshmi Jagadambe.

Shri Mataji: Jai a Ganeshaji Ki ma Ambe.

Sahaja Yogis: Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: Jai a Jagadambe. Jai a Jagadambe.

Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: All should say Jagadambe. Be is- whenever you are putting Ambe, it falls short. To ma Ambe is - Jai Jagadambe Jai Jagadambe, the same song it is, it's a mistaken song.

All right

Shri Mataji and Yogis: Jai a Jagadambe. Jai a Jagadambe.

Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: Jai a Brahma Sarasvati Jagadambe.

Sahaja Yogis: Jai a Brahma Sarasvati Jagadambe.

Shri Mataji: Jai a Brahma Sarasvati Jagadambe.

Sahaja Yogis: Jai a Brahma Sarasvati Jagadambe.

Shri Mataji: Jai a Ganeshaji Ki ma Ambe.  
Sahaja Yogis: Jai a Ganeshaji Ki ma Ambe.  
Shri Mataji: Jai a Jagadambe. Jai a Jagadambe.  
Jai a Ganeshaji Ki ma Ambe.  
Sahaja Yogis: Jai a Jagadambe. Jai a Jagadambe.  
Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: Jai a Shiva ki Parvati tu Ambe.  
Sahaja Yogis: Jai a Shiva ki Parvati tu Ambe.  
Shri Mataji: Jai a Shiva ki Parvati tu Ambe.  
Sahaja Yogis: Jai a Shiva ki Parvati tu Ambe.  
Shri Mataji: Jai a Ganeshaji Ki ma Ambe.  
Sahaja Yogis: Jai a Ganeshaji Ki ma Ambe.  
Shri Mataji: Jai a Jagadambe. Jai a Jagadambe.  
Jai a Ganeshaji Ki ma Ambe.  
Sahaja Yogis: Jai a Jagadambe. Jai a Jagadambe.  
Jai a Ganeshaji Ki ma Ambe.

Shri Mataji: Jai a Rama ki Sita Jagadambe.  
Jai a Rama ki Sita Jagadambe.  
Sahaja Yogis: Jai a Rama ki Sita Jagadambe.  
Shri Mataji: Jai a Rama ki Sita Jagadambe.  
Sahaja Yogis: Jai a Rama ki Sita Jagadambe.  
4:53



1982-0504, I'm your Mother. I can't tell you lies.

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4 May 1982

I'm Your Mother. I Can't Tell You Lies.

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So as I said, at the very outset, I again ask your forgiveness for this hall which is again for all, smaller inside.

Now, at the very beginning, you have to know that I'm your Mother. I can't tell you lies, I can't, sorry. But I don't want to hurt you either or to make your ego stand up, so that you lose your chance of Realization. I have to do it very carefully because I know you are delicately placed, perhaps you do not know that your situation is precarious. In your naiveness, you have reached sometimes a place where you'll just drop out. You have read a lot without knowing anything about what is the problem. It takes nothing to print a book in India. And these days, it is a very prosperous industry to print books. I've not printed any book of My own. Gregoire has written a very big book but that we don't give it to people who are not yet Realized fully, because you have to be prepared, developed and mature to sustain the truth. If you do not accept the truth, it will come through, but it will break so many things. So I have to do everything very carefully and you cooperate with me, please.

Shri Krishna has said: "Yada yada hi dharmasya, glanirbhavati bhārata." Whenever there is a fall in the human consciousness "Paritrāṇāya sādhuṇaṃ viṇaśāya cā dūṣkṛitāṃ, sambhāvamī yuge yuge" means "To destroy the ill doers, evil people, and to save the sadhus, the ones who are seekers and who have sought, I take incarnation on this earth. [In Gita verse 7-8 chapter 4]

Now, the present problem that I face is this: that the sadhus have been attacked in a very subtler way by the evil doers, so that there is nobody as pure sadhu or pure evil doer. These evil doers have gone into your brains, they have gone into your being. And the one who tries to warn you or even tell about it may upset, because a little of them is in you. So it is a very delicate operation and is extremely difficult.

I didn't expect the sadhus to be in this state. Normally sadhus have an innate, built-in system within themselves, that they have logic, they logically and instinctively understand what is the truth. But the evil doers have been so active and so cunning and so camouflaged that they have entered through the back door. This is between you and me, now, between Me and the deities within you, they are practically exhausted within you and disgusted the way they have been tortured. I've seen your Kundalini sometimes, and I've seen it's just putting her head on all both the sides and fourth sides sometimes with helplessness, wounded and terribly tired. So one has to understand that you are all saints, you are people of God, and you have to achieve your Self Realization.

There are many secrets and mysteries of the Divine which will be revealed to you later on. But first of all, you must have your vibrations, vibratory awareness, a new dimension to ask these absolute questions and to verify whether it is true or not. Now if I tell you that the skin which is one sixteen of an inch, at the most, has got lots of cells in it and is regularized and is very well organized, you are not going to believe it unless and until you have a microscope to see it.

And the human awareness, at this level if it could see, then it would not have been so much deluded into problems.

But first of all, I have to make you open your eyes and see through the microscope. And just before that, if you start denying it, how am I going to push it to it. Now the question – like if somebody says that: "What about tolerance?" Christ, who was the most tolerant divine personality one could think of, has said that: "Those who are not against me, are with me." So are we going to tolerate Hitler? We had a very good example of this tolerance that we had of mister Hitler; for eleven years he was building up and we were tolerating him and then we had it.

The destructive forces of this universe are not going to be tolerated by divine Power. All such people will go to Hell, after all, there is hell created for whom? They have no business to deal with anti God activities. He is compassionate, he is kind and he is forgiving. But he is a God of wrath; and beware of that wrath. Who are we the human beings, talking of tolerance, it is he who

should decide. What we need is his protection and his guidance and love. So it's a question of discrimination.

Say, for example, I would say that: "My Kundalini is all right and I'm all right. I've no problems." But there are seekers who have problems, their Kundalini is not up, they are in a mess, they are mislead; all right, doesn't matter, because they are seekers of God. I have to work day in and day out. I have to be the most gentle person with them but not with these evil doers who have tried to kill the children of God!

In 1970, openly, before about thousand people, I took the name of each and every of these gurus and told that they were all devils, I know them since long. And people were afraid that I'd be killed and this and that. I said: "It was not that Christ crucified himself because others did it", it is He that had to do it, that's why he did a drama. And that "He has eleven powers to destroy them, eleven rudras. One of them is sufficient to finish the whole universe." But that time, He tolerated it, all right, because, that time, nobody was Realized. And none of the saints were troubled. He took up everything upon Himself to prove how stupid we were to crucify Him. So now, first of all, you must get strong with your power, the non violence of the strong has some meaning, what is of a weak person tolerating?

But I must say, after Realization, you do get a power to tolerate many more things that normally you cannot tolerate, that you will develop yourself that power within yourself.

Love teaches you to tolerate because you enjoy the love and not the comfort because love is the most comforting thing. You don't need any comfort anymore. But if it comes to the destruction also, this love itself will destroy. And that's going to happen very soon, before that, better get Realized. Alright, now relax.

[Laughter]

Alright, so, now we are-

[To someone] Now please, don't go in between, it's a very funny stuff you see, if you are in a- sitting down- and if you going to move out, better move out first. It's not proper. It's not proper to behave like this, alright? French are supposed to be very cultured very well behaved people. You shouldn't disturb others.

So now, to the questions of the gurus. Logically, as I told you that Self Realization is evolutionary breakthrough. It's a living process, has to be spontaneous. You cannot read about it, it's very vital. Say, our breathing is spontaneous; supposing we have to read about how to breathe, how many of us will exist? We do not do the breathing but the autonomous nervous system is doing it. So it is a spontaneous thing, beyond human control. But if you become super human you will have the control of that. At human level, what you can do is to read a book, think, think, think, that's all. But you do not know that it cannot be done by thinking. Now you cannot pay for it. You cannot demand it. You cannot, sort of, put an effort for it. So it is absolutely spontaneous.

Now what do these gurus do? These so called, I call them a-gurus.

There are, even today in India and all over may be, lots of gurus who are Realized souls. They all know Me and they recognized Me, even I've not met them, because their understanding is of a different level. But they are not in the market.

I called one fellow from- what's the place of that- Calicut, and I asked him to go to America because I could not go, and he run away the third day from there. He said: "These are mad people I don't want to deal with them." There is another guru who is a real one, and I went to see him, he was living on top of a hill, about seven miles we had to walk about. And Sahaja Yogis were surprised they said: "Mother you never go to any guru why should we go there?" So I said: "You feel the vibrations." And they felt the vibrations very, very strongly and that's how they knew that he was a Realized soul.

We went to see him, also the meeting was very dramatic- I'll tell you later on sometimes- but his legs are broken, his hands are broken. He's fed up of the people. He said: "These are mad people I have nothing to do with them." Though he himself has a tiger on which he moves! But he said: "It is easier to manage a tiger than to manage these mad human beings." He has told Me: "After twelve years, Mother, I'll come down." But he send some poets and told them to make poems about Me. The Aarti you sing if from one of the poets. There are so many stories I can tell you about these real gurus. They have really become intolerant of human beings now, because they think human beings are just like scorpions, and they can never be-put right. If you try to do good to them, they will bite you. Now this fellow himself is about more than hundred and five years and this is his opinion about human beings so far. And he said: "They are donkeys; give them the job of the donkeys."

Now whatever it is, we have to see to the other side of it. Thousands of years back, it was predicted that this time was to come. In Nalazamaity Purana [unsure], it was described that this time is going to come in Kali Yuga, that is modern time, when the seekers are seeking, and they will get Realization. They will come as ordinary people, simple people, householders, and they will get their "atma sakchat kar" means, Self Realization. As I told you Blake, who was there hundred of yeas back, has predicted about these times, to such an extend that [he said] where I will live first and then where I will go next, then where will be our ashram, to the point of its place, exact place.

The predictions have been quite a lot but not so clear cut as Blake has done.

The predictions have been quite a lot but not so clear cut as Blake has done. There is another very, very good prediction done about two, three thousands years back, may be more, because Grugu was a great muni [sage], was a great seer, about this happening that a unique method would be developed by which the Kundalini would be awakened and that people will become yogis. And the description is so beautifully done, that one can see through these things. But I don't need any certificates. Actually, people were a little hesitant, also because of security measures, they didn't say so many things clearly. Because after Realization, you'll recognize Me.

So about these [false] gurus you should not ask Me. Minimum of minimum, any guru can give you his- at least, he should look after your health. If the guru cannot even give you good health, why are you retaining him? Now they talk of so many things to avoid the issue. They say: "These are your karmas you must suffer." Very good excuse, you see? But, if this is because of our karmas, why is he taking money from us? That must be also our karmas that we are giving money to this fellow.

So I will tell you about the karma also in this lecture. Now, about other Yoga systems, the Hatha Yoga is Patanjali Yoga Shastra [treatise]. Now there are in Patanjali Yoga Shastra, there are "Ashtamgas", eight things. Out of them, one is for "Yaman Yama"[ethical principles] and out of that, one third is the physical exercises, Ya-Yama [Niyama?]. That too, first and foremost thing in Patanjali Yoga Shastra is "Ishwara Pranidhana" [devotion to the Lord], meaning that your God must be established first in your heart, means when the Kundalini moves, then only you will know what chakras are catching.

For example, when we were coming from our house, we met the jam on the way. Sitting at home, without starting the car, how can we know about the jams? Before starting the car what's the use of moving the wheels and the steering wheel? It is very simple that it has to be an awaken state in which you can correct your charkas. Now the "asanas" are also not to be taken whole, like the whole medicine bottle. We also use asanas according to the need of the charkas, according to the personality. For a person, say, who is a left sided, he should not do any asana, whatsoever where he has to bent forward. And the one who is right sided should not do any exercise which is backwards. No one knows about it. Will you take medicines without consulting the doctor? The only trouble is that for yoga there are no doctors who can be produced out of college. You have to have a divine authority. And unless and until you have the divine authority, you cannot say that this is this or that, this is that.

Now the questions were, somehow I've told of Patanjali or Raja Yoga is a thing that happens within yourself and the Kundalini rises. It is not that you can do it from outside. Again the same thing like, not without starting the car, you move it. Same style is Kriya Yoga. The "Kriya"[act] means the action takes place within because when the Kundalini rises, there must be happening something, to keep it sustained there, to make it expand, to go up, there must be something happening inside.

Now, when the child is in the womb, the womb increases automatically, isn't it? But by increasing the womb, can you get a child? It's absolutely as simple as that. So by doing all these things which you can do easily, you cannot go to God. Even the more difficult things, whatever you do, you see, some people stand on one hand, one leg, one hand, don't speak, take out their clothes, dance like mad, sing on the street some songs, some are really madly in love with the guru. These things, you can do, anybody can do, you don't need a guru for that. Now you want to have even a guru to teach you sex perversions? I think Western people have really developed a sophisticated expansion into it, they don't need a guru for that. [Shri Mataji is laughing.]

So what is the need to have a guru for that to certify?

[40:29 Cut in the audio up to 40:51]

So, one has to understand that the happening that is coming today is not just for today. It's the growth of a tree coming up to this stage where it's a blossom time. And this tree of life has now given those beautiful flowers. And now the cool wind ahs to blow to make them into fruit. So all the incarnations and all the happening in the universe, are part and parcel of this happening. They are the milestones of your evolution and they exist within you. They are just to be awakened.

Today the time is short, but I can tell you about one very important centre, I would say the Agnya chakra. Here, where I've a red mark, is actually the window of this, the window of the Agnya chakra. This chakra has got the deity whom we call as Lord Jesus Christ. Now, who is he? Here, in the first chakra, you have the deity of innocence, and this deity of innocence, later on, incarnates here as Lord Jesus Christ. Now, those who are not against Christ are the people who are all within this area. There is one God, but he is not like Rock of Gibraltar. It's a living God, and the more evolved living being is, he has got eyes, he has got ears, he's got nose, he has different aspects in his life.

All these aspects are manifested in you and that's how we come to this point of Christ. In the book, you can read about all others but I must tell you a very important thing about Christ. Christ is mentioned as Mahavishnu in the Devi Purana. I don't know if it is translated or not in English. This Mahavishnu is a special creation out of this basic innocence. Now this is the "adhara", it is roots, the support of the root, it is the root here: Kundalini. And this is the support of the root: Mooladhara. And Christ is the adhara, is the support. And if you read about his manifestation of Mahavishnu, you will see, it exactly tallies with that of Christ. Now Christ is to be born in you as they say. Many people just certify themselves, we are Christ born. There are not truthful, they are dishonest but doesn't matter.

Now this one, when it is awakened through the awakening of the Kundalini, you will know that everybody has to have the Kundalini pass through him. So this is the door through which it has to pass. So He was created out of just the Chaitanya, the divine vibrations only. That's why He could walk on the water. Before him, Krishna has told, six thousands years back, that these divine vibrations or atma, does not perish, cannot be killed, you cannot destroy it.

"nainam chhindanti shastrani

nainam dahati pavakah

na caiman kledayantyapo na shossayati marutah"

[Bhagavad Gita Chapter II, verse 23: Weapons cannot shred the soul, nor can fire burn it, water cannot wet it, nor can the wind dry it.]

This is clearly, He said it. To prove that, He came on this earth and He crucified himself. He died for all practical purposes and then He was really resurrected to prove what Krishna has said on the first place and to establish the door within. He's sitting there, who will help you to cross through this very narrow place. Because the ego and the superego in a man had really jammed the way. It was a very subtle operation to pass through that. By his crucifixion, He did that and by his resurrection He made it clear.

But what was the quality of Christ's life? When Christ is enlightened, what He does is to suck these two bunches of ego and superego into himself. So they say that He died for our sins and to make it clear, He died for your sins! So that nobody should suffer. Still people say the suffering is needed. For the Jews denied Christ and they wanted to suffer and they suffered.

Now when you go to a Guru, he also says you must suffer! With the guru, if you get into problems, if you have a pain here and a pain there, you must suffer more! And when you say: "What about Realization?" They say: "You must have karmas." But what is the ego, it's nothing but your karmas there. And what is the sin? It's nothing but your conditioning.

There was one personality that was specially created to suck this. Indians knew about it, that such a personality has to come. They were waiting for Mahavishnu to come. They confused him with Buddha. But Buddha is a different entity which stays here on the ego to control it. And this is Mahavira, who stays here to control the superego. This can be proved after you get Realization.

If the Kundalini stops here you have to say Lord's Prayer. That is the mantra of this centre. And that is what no one knows among Christians who went to preach Christianity to Indians. They never tried to find out what is the reference of Christ in other books.

On the contrary they were just busy converting people so that they will have political authority on India. And the stupid way they did it, I don't want to tell you because you will lose all the seriousness of the subject.

Now if they had told, at that time, that Mahavishnu is born and He came to suck our ego and superego, then these horrible marketing gurus would not have been there. But this is what exactly happens when you get your Realization, that Christ is awakened. He sucks your ego and superego, and then a space is created here and you have seen yesterday, one gentleman had a soft head here, just like a child.

So the Sahaja Yoga deals with the reality as it should happen to you. Why should it give you psychological treatment because I'm not taking any money from you or having any such things, I guess. Even if you have ten children who are Realized, and tie their eyes and if you ask them to place their hands to one of the seekers, they will all raise the same finger. Even the combination of the fingers they'll show. They have no psychology with them. As it is, you people are very much complicated. And nobody tells you how.

So today I will tell you how human beings get complicated. We have a left and right side within us, the left and the right side [Shri Mataji shows them].

Now the left side is the side, as I told you, is your power of desire. Now the beyond power of the desire is the subconscious, the past. The present subconscious and all the subconscious. And beyond that is the total Subconscious, the collective Subconscious.

Now, on the right hand side, we have got the power of action, This power is the expression of the five elements within us. This is the power of the Creator, Brahmadeva. Beyond this is the supraconscious, that is the future. And beyond that is the collective Supraconscious where all the futuristic people who died are living. If you enter into that area, you might find Mister Hitler sitting somewhere if he is not already in the Hell. The Hell is down, below. Now when we try to do something, or we desire something too much or go to extremes, that means we bend on these two sides too much. We are thrown into these areas or this area. Now when you enter into these areas, you really get possessed by that area.

A futuristic man can get possessed by another futuristic person who is dead. Western people are honest, they don't tell lies but that's why, some, one of them was Doctor Lang. He's now dead, so he was late Doctor Lang, who went into the body of a soldier in Vietnam and told him that: "I will make you a great doctor; you go and see my son". He didn't go into the body of his son, you see, very clever. He came down to London to see the son and told him something which surprised the son, because these were secrets between the father and the son. And they started an international late Doctor Lang curative centre- late. They were many such doctors to help. All of them were "late" and they worked out some sort of a centre from where people who were sick had to write letters and they would tell you exactly what time or what date you will receive the blessing of the doctors. At that time, exactly, a person used to get a big shiver in the body, shaking in the spine and absolutely behaving abnormally. And physically, the body would feel better, but mentally off. After two, three years, the person would come out with such emotional problems, that they had to be declared as mad lunatics or they were nervous people. I actually came to know about Doctor late Lang through the patients. [Shri Mataji laughs.]

Because when they stood before me they used to shake, so I would ask them: "Who is your guru?" They said: "No guru." I said: "Really?"

Then I found out this was Doctor Lang and company was there! And they were very effective, they would not leave. But thanks God, now they are cured these people.

Now, in short, I've told about the right sided people. Even LSD gives you the same man. When you start seeing the light and everything actually, you are going into the future. You start seeing auras, that's also right sided. When there is some sort of a defect in any instrument, it creates auras and things, isn't it?

But if you are integrated, you don't see any auras. These auras actually represent the different beings with you like your physical, mental, emotional and all that.

Like in the prism, when you see the rays of the Sun, you see seven colours. But when all of them are integrated, then you don't even see the rays, you just see the light.

Now, most of the people who are left sided try to go more left sided because those who are right sided are thrown out of the

society because they are nuisance to others, because they are very hot tempered, they have a very bad tongue, they are very aggressive on others, but the left sided people are trouble to themselves. And they catch such a miserable caricature of themselves that people always have pity for them. So they want to show that they are more miserable than you. Like women who suffer from hysteria. For hysteria, if they give them two slaps, they'll be alright. In India, we rub the shoe and put it to the nose and they are alright.

So there are two types of people but when they start going to the left they get captured by very sly and very wrong type of people. It can be any sort of a possession. The gurus try the tricks on the right or the left, depending on what ever they know. Some of them are ancient crooks and some of them are raksasas and pishatsas of the old times. So they already have these siddhis-so-called- that means they have already got under their control some spirits which they use. I don't want to tell you what they do, I know all their tricks very well. And they just mesmerize you. If they want, they will make you all nude, make you dance, have a mass sex. If they want, they will say that you jump like frogs, you are going to fly in the air or any such a nonsensical thing which has no meaning to your Spirit. And your ego is so much stuck with them, that you don't see this is stupid!

Then they give you a so-called mantras. A gentleman told Me he paid three hundred pounds to get a mantra. And the mantra was "tinga". If you tell this to any Indian, he'll laugh. Tinga means this [thumb], as you show to someone: tinga! And the fellow would not tell the mantra because it's a very big secret. [Laughter]

And he was afraid to tell. He had no divinity left in himself he was an epileptic person but he was afraid to tell the mantra! Or they give any mantra like "Rama", "Krishna", anything. Now, Rama is not in your pocket, neither Krishna is. If you have to go and meet this President of France, you have to go through such a channel and a protocol. And here is "Krishna", and "Jesus" and "Rama" who are the kings of kings above all these little things like presidents. And you start taking their names everywhere, without any protocol, without any connexion? For example, Rama's chakra's is here on the right heart. And you are again thrown back as if you are arrested by a president's- what you call them, the people-

Sahaja Yogini: Body guards.

Shri Mataji: Body guards, and thrown away.

So, such people who take "Rama's mantra" develop a disease called asthma or could be lung's cancer. Those who take Shri Krishna's name on the street of -what do they say- Oxford street, they buy this [false hair] in the market these things here, you see, and dress up in a funny dress which they cannot control; this, they cannot control, and make a cheap show of Shri Krishna. All this kind of a "bla-bla" going through this centre of Shri Krishna, you catch on this chakra and may be you may develop cancer of the throat. First, Shri Krishna is to be awakened so your conscious mind is connected with him. So a Realized soul only knows what mantra to be said, where. He is the only one who can connect his mantra to the Deities. But normal human beings cannot. If they try these things, they are always thrown away.

Now, Shiva resides in the heart. Those people who say: "Om namah Shiva" will definitely get a heart attack. Those who say: "so ham" must know "so ham" means: "that is me", "that is I", "that is what I am". "That is I", "so ham". "That is I". What is "that"? "That" is the Spirit. That means you say: "I am the Spirit", But by saying with your mouth, will you become Spirits? What is the authority? If I say: "I'm the President of France, will I become President of France?" I have to become. That's the main thing, is the becoming, is the essence of Sahaja Yoga.

Today, I'm speaking to you at a time, when, in the other parts of the world, people are celebrating a very great day that is 5th of May, that is tomorrow. This centre, the last one, was opened on the 5th of May in 1970. This prediction, which was done by Bhrgu Samhita [Vedic period horoscope] says that a due transformation of human beings will start in 1970 exactly. So this is the destination of the Kundalini is to enter into the limbic area which is the Kingdom of God. All the seven centres have got their seats in the limbic area, so the complete integration takes place and the transformation becomes evident. This, you can see, is beyond your brain, it's beyond thinking. But if you start thinking about it, you again come down. For some time, you should not allow the Kundalini to come down. Those who have been to guru always get this problem, the Kundalini goes back to the centres which have been in trouble. And again you must learn how to raise it and put it right.

This period of transition is very, very important and that we must do it very carefully. It's a very narrow margin where you have to pass very carefully. For some people it is one day, for some people it is one hour and could be one minute. But some people

could be one month, could be little more. But every one of you can get Realization. I do not find, even a single person here who cannot get Realization, if not in first sitting, in the second or the third sitting. But retention of it, the most important thing to know for the retention and proper growth of the personality, is to know that now it is not an individual ascent but a collective ascent. If you sit at home and do little meditation as told to you, you may be lost. Luckily, you have already got a centre here and people who are senior Sahaja Yogis, who are living in Paris, not to feel hurt about them, tomorrow you will be the same. They will try to be very gentle and kind with you but you must cooperate. Do not quarrel and fight because you'll be the loser. We have to go gradually with you people, really, not in India so much, because people have got the pattern already with them.

We have three persons, very main persons in India, Markendeya, Adi Shankaracharya, and we can say, all the other incarnations which came on this earth, who were in India, who have clearly said what is Self Realization, very clearly.

But specially, we have to be very grateful to Adi Shankaracharya who has written books after books on this. Now one more question is on Tantrism which is the Tantrism is nothing but an anti-God activity. Like there is, say, a photograph of Christ-but we don't have- but supposing there is a place which is holy, we have many such places. For example, your Notre Dame has got the statue which is vibrating surprisingly. The one who made must be a very high soul of a very high quality. For example, Michel Angelo who has made Sistine Chapel was a Realized soul. For example, we have got Stonehenge, in London, which is the stone that has come out from the Mother Earth which is described in the Ten Commandments. The commandment is: "whatever is created by the Mother Earth or the sky should not be reproduced and worshiped." Because that time, at the time of Moses, there were no artist who were Realized souls, apart from Moses, there was nobody who was Realized soul, so such a law had to be passed. Still, I would say that to worship any such statues which are recreated by somebody is not alright. But there are places in India also like this which have come out of the Mother Earth, which are real, which are vibrating. So they are alright. But without Realization how will you know?

So what I was trying to tell you is this, that while telling you about Sahaja Yoga, you have to be careful that you keep your vibrations alright, see for yourself whatever is the thing that is giving you vibrations. Mainly, your vibrations are important.

So the Tantrism is like this that when you start doing wrong things the presence of a holy thing, then the attention of the holy thing or the attention of the holy image goes away from there ....

1:30:41

[Break in audio]

1:31:42

[...And that way, we create an area which is] unprotected by God. Then you get there your- all the spirits- and God is not interested in that filth. You may say that God should look after but you see, how far can He go with the gutters? So that area is created, they bring the spirits there, and by doing all these dirty things, they put a spirit into you. Tantrism is the complete attack on your innocence. It's this centre here they are attacked. This is the centre that is for controlling all our excretions, including sex. And they try to put the innocence into a jeopardy. When you come to the centre they will tell you more about Tantrism.

Now, somebody asked Me about Krishna Murti. You must go and see his disciples. They have become second Krishna Murti. They can give greater lectures than he can. And the way he said: "There is no guru, there should be no guru" all are false. You should be your own guru. But how? Apart from that, if there are plastic flowers you must know there has to be some real flower. You cannot deny that real flower for these horrible plastics. I think those who do not know much about it should stop talking. They can be very dangerous, such people, because they'll deny all that is reality to you.

You have not worked out your evolution so far and on your own you cannot work it out. If you have tried such tricks, it would be problematic for Me. You don't do your own operations, do you? But you don't get a street man to do operations you get a real doctor to do it, and a good doctor, and a certified one. A candle which is not enlightened cannot get enlightened by itself. An enlightened light can only enlighten the other light. Only thing, what you can do is to keep your candle alright, get enlightened and enlighten other lights. Because you have everything within you, it's all your own.

Only what you lack is light. And the possibilities are there. Somebody has the light and passes on to you, you get enlightened so what is there to feel hurt? There is no obligation. I do it for My pleasure and you will do it for your pleasure too. It's nice to see

people transforming before you, how a gardener feels when he sees the flower becoming the fruit. He does it for his joy! And so you do it for your joy too. How can you measure that in money or in any thing?

About love you asked Me: this is the power of divine love. But divine love doesn't get settled into one flower. Like the sap has to move into all the flowers and the leaves, in the same way, this divine power moves into all of you. If it settles down into one person, then the whole tree will die and the one person-the one flower will also die.

I think we are quite late today, you didn't feel the time at all! So I think, it's better to have Realization. I'm sure you all will get it today. We'll work it out. But if it doesn't work out, you shouldn't hurry up. There is luckily an ashram, there are luckily people here. They will do the needful, so you don't have to worry.  
May God bless you all.

Can you open the window that is we'll feel better.

Now where are they going?

[Inaudible]

It's very simple.

Now what is the difference between animal magnetism and world magnetism, human, and vibrations? It's very simple. I don't understand how Sahaja Yogis don't know. [Shri Mataji laughs]

Animal magnetism acts without the awareness of the animals. But when human magnetism is awakened, it acts according to the awareness of the man. I don't know driving but I know the roads. I know the right and left, that's all, there are only two turns. Whether it is North or South, you can find out even if there is no sun. North and South you can find out whenever there is no sun. Now, in an animal, it has the magnet which just acts – eh, what's the- there is a medical term in zoology for that- as a reflex, as reflex.

But when it is awakened in the human beings it comes into awareness. This is what it is that the Spirit comes into your awareness. You can have a rapport through the Spirit. It comes into your central nervous system that you can feel it. The difference is the same as a human being who's a driver, knows when to turn the wheels and the car is not aware, it just turns the wheels. Alright?

Very anxious, eh, Grégoire. Are you bad at driving?

[Laughter]

Alright.

You see magnet is a thing which puts every thing into proper form and proper program. Magnet is the innocence within you. And the innocence is the magnet that acts magnetically. It is such a powerful thing, that it organizes everything beautifully. I can't tell you how far you can go. It's a big horizon ahead of you. For you it is a vast sky of manifestations. So I can't tell you about the destination. It's futuristic. Every moment is great. You'll feel the dynamism of every moment. It's tremendous.

If I tell you the stories of Sahaja Yogis you won't believe them. It is unbelievable the way you are protected, the way you are loved and helped and comforted, the way you get your knowledge, the way you are nourished, the way you become powerful, confident and creative. The whole dictionary can be finished like this.

May God bless you all.

Shri Mataji: Can I have some water? Somebody should give Me some water. Alright.

Now you have to put your hands towards Me.

Put both the feet on the ground properly.

And loosen your neckties a little bit and your belts a little bit.

Take out, if you have any talisman or anything banding your [neck] like the gentleman here.

Now you have to know that you are seekers. And you have to seek your Spirit. So far, whatever you have done has to be forgotten, specially by Me and by you also. Because you have to have your Realization. That's a must. I'm trying my level best.

But if you try to make fun, or try to be smart, you are going to outsmart yourself. So as a mother, I want to tell you that you'd better have your Realization. And don't worry about what you have read, what you have known, what you have done, for what you



have paid money.  
May God bless you.

Now please, close your eyes.

Take out if there are any necklaces given by gurus or anybody like that.

All the mantras which were given to you, either by Buddhists or other people, please forget them for the time, because they are not enlightened. They are generalized without any meaning. After Realization, you will know all the secrets and the mysteries of your being and that of the Divine, without any reservations, without paying any money whatsoever.

So please, forget all those things, be kind to yourself and don't be obstinate and get your Realization.

Just now again you are catching on the left Vishuddhi it means that you feel guilty. Will you please put your right hand on the left side of your neck and say in your heart from your heart that: "Mother, I am not guilty." Say it trice, four times, five times, till you feel realised in that part. There is nothing to feel guilty about anything. God Almighty is the ocean of love and He forgives everything. He is so mighty that He can forgive everything. He's so great and mighty that He can forgive everything.

Go on saying it please, I will know when you are free from that kind of an imaginary guilt. You can move your right hand a little bit there, up to the spine, and see.

Now keep the left hand as it is, little fingers stretch and bring down the right hand up to the end of your stomach on the left hand side; lowest, lowest, at the lowest point, Swadishthana. Lowest point of the stomach, still lower, just, just in between groin -

Sahaja Yogi: A l'aine [at the groin]

Shri Mataji: ..Groin you say?

Sahaja Yogi: Yes.

Shri Mataji: Now, you should say: "Mother, please teach us the divine methods."

"Cleanse us with the divine methods of cleansing." Say it trice please. Actually if you say it 6 times it would be better.

Now raise it a little higher, in the centre, on the left hand side. And say that: "Mother, give us the bliss and the peace of the Divine." Say it ten times please. These are actually the mantras you are saying on different centres. We'll teach you later on in Sanskrit the mantras.

Now put it a little higher, under the ribs on the left hand side. The right hand for the Void, under the ribs. And say: "Mother, am I my own guru?" Say it ten times again.

Now put it little higher on the heart, at the base of the heart. And say: "Mother, am I the Spirit?" Please keep your eyes shut now, please, because Kundalini is rising. Put your hand in the centre, centre of the heart, in the centre, near the heart. Now say: "Mother, please, give me the security of the Spirit." To be said twelve times. Again take your hand to the heart and say: "Mother, am I the Spirit?" Say it three times or seven times would be better.

Now put it up again onto the left side of the neck where you have put it before and again say: "Mother, am I not guilty" trice. Now just put it on the centre of the neck where there is a depression. Now, please say: "Mother, am I the part and parcel of the whole?" Say it sixteen times.

Now put the ring finger in the centre of the forehead where the red mark is, where you move it with pressing, in a clockwise manner. Now you please say: "I forgive." Forgive everyone. "Mother, I forgive everyone." Say it twice from your heart, from your heart.

Now put the same hand at the back of the head. And now say that: "Please forgive me if I made any mistakes." Go on pressing the back side.

Now put the hand on top of your head, pressing on the fontanel bone area with a clockwise movement. Press your fingers in that area and move them with pressure in a clockwise manner. Move it up and down from the margin of the forehead upward, going backwards. Now move the backside of the head with the pressure, clockwise.

Now bring back moving it at different points to the centre. If you are tired you can take out a little bit hand, little bit release it.

Now release your hands.

Now feel it on top of your head if there is a cool breeze coming out. On top here, it's not so far away it is more on the fontanel bone area where you had a soft bone in your childhood.

[2:11:42, Shri Mataji blows in the mike.]

You can turn your hands if you are tired, see with other hand also, other hand.

[2:12:34, Shri Mataji blows in the mike.]

Some people might feel it much more higher than they think it to be.

[Shri Mataji blows in the mike.]

Now put back your hands, you see also if in your hand you are feeling the cool breeze. You may rub your hands a little bit. Put a little breath on them. Now it will improve.

Alright? No? It will. In the beginning it is like that. Those who came yesterday, got Realization, are better off naturally.

## 1982-0505, Sahasrara Puja: Opening the Primordial Sahasrar

View [online](#).

5 May 1982

Opening The Primordial Sahasrar

Sahasrara Puja

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – VERIFIED

Today, it's a great day for all of us, the seekers that the last work of the Divine, of opening the last centre in the Great Primordial Being, was done on the 5th of May 1970. It is the greatest event of all the spiritual happenings of the Universe. It was done with very great care and great adjustments.

It is not in the limits of human understanding, how things are worked in the heavens. It is your fortune and God's love that has worked out this wondrous miracle.

Without this happening, there could not have been a possibility to give mass Realisation to people. One could have done it for one or two persons here and there, but to give such a mass awakening could not have been possible.

As you know, in the Sahasrara, there are the seats of the seven main chakras. There are one thousand nadis or, as they call it, flames, and they all have each sixteen thousand powers. Every nadi deals with a particular type of a person and, with the permutations and combinations of all these nadis, human beings are looked after.

As soon as Sahasrara was opened, the whole atmosphere was filled with tremendous chaitanya and there was tremendous light in the sky, and the whole thing came on this Earth as if a torrential rain or a waterfall, with such a tremendous force, as if I was unaware and got stupefied.

The happening was so unexpected and so tremendous that I was stunned and I became completely silent at its grandeur. I saw the primordial Kundalini rising like a big furnace, and the furnace was very silent but a burning appearance it had: as if you heat up some metal and it has many colours, in the same way, the Kundalini showed up like a huge furnace, you can say; a furnace which is like a tunnel, where you see these plants you have for coal burning to create electricity; and it stretched like a telescope one after another, it came out, shoot, shoot, shoot, like that. And the Deities came and sat on Their seats, on Their golden seats, and then They lifted the whole of the head, like a big dome, and opened it, and then this torrential rain completely drenched Me and I started seeing all that and got lost into the joy. It was like an artist seeing its own creation fulfilled; I felt the joy of great fulfilment.

After coming out of that beautiful experience I looked around and I saw human beings so blind and I became absolutely silent. Then I desired that I should get the cups to fill this nectar. But I saw all stones.

Sahasrara is the most beautiful part of your being. It is a big lotus with one thousand petals of different colours appearing like inflated flames. It is a thing which is seen by many people but to see it pour that torrential rain was like these flames becoming a fountain, fountain of colours and of fragrance. Can you think of a flower pouring its colour and its fragrance around?

People have written very little about Sahasrara, because whatever they have seen is from outside and it's not possible for them to go from inside. Even if you reach from inside, if the whole Sahasrara is not opened out, you cannot see its beauty; because when it is closed, the whole of it, the total, then you just pass through a little aperture and get out of it. But just imagine a huge big petaled, thousand petaled lotus, and you are sitting inside in the corona and looking at all these petals - all very beautifully coloured, and fragrant, and pulsating with the bliss and the joy.

To remain into Sahasrara, on that position, is the ideal situation. But then, after the silence, you are filled with tremendous compassion and love, and you are drawn out to people who haven't yet known what is having eyes. And thus you try to put your attention to the Sahasrara of millions of people, and then you start seeing the problems that exist in the Sahasrara. And even if you desire to open the Sahasrara it is a very difficult thing because the channelising from the Divine to human beings has to be through human beings. The power could be with you, but it has to be channelised through human element.

All My life I had not known many realised-souls. How to get them? How to work it out? So I started looking out for people, and I met one old lady of seventy years, and she was very perturbed about something very gross; and when she came to Me she felt very peaceful. Her Sahasrara was very worn out. And in My company she would think of something else, not of the Spirit. And her brain would be covered with clouds and darkness. Again and again I had to enlighten it but she did not get her Realisation.

Most of the people who came to Me in the beginning came for getting cured. This capacity I had from childhood. And I could also give Realisation to a few people before, but they had to be very earnest – ardent. I didn't meet any one of that quality because I was not living in the forest, I was living as a normal human being among other normal human beings, and they were not that earnest, that ardent and I had to do this work among them.

How to talk to them about the real world that exists and the false [one] in which they live? And one lady, the first one who got Realisation, just came to see Me because she was possessed with the idea of seeking, she thought, and it worked in her. That was not the happiest day, because she's one of those who get individually Realisation. With this great happening many should get at a time. We had a programme in Bordi in '70, and there, first one gentleman got Realisation in the evening. Next day there were negative forces acting [in the] morning time, and they started talking of favouritism. I could see in the atmosphere the vibrations were going wrong. In the evening I took up a very strong, firm attitude. I was in a great fury. I had never gone into such a fury before and I lashed out at them. Surprisingly, twelve of them got Realisation. That was the greatest moment. Then many got, one by one. Three of them who were travelling back got Realisation. Suddenly, in the train, they felt the vibrations. So the mass evolution started.

Sahasrara is your awareness.

When it is enlightened you get into the technique of the Divine. Now there are two techniques: the technique of the Divine, and the technique that you follow.

You cannot act as Divine, but you can use the Divine power and manoeuvre it. For example, Divine looks after all the Universal happenings: every minutest particle is controlled by Divine. When your Sahasrara opens out and your Kundalini touches the fontanelle bone, sort of an igniting force is ready in your Sahasrara, and as soon as the fontanelle bone area opens up through the brahmarandhra, the grace of your Spirit ignites that igniting force and your nadis get enlightened; not all of them, quite a lot of them; not all the length, but quite the peripheries. That's how you get your enlightenment.

So many things happen because, also, of your seven centres being in the Sahasrara. With the light you see their relative positions. I mean you do not see, but it works in your conscious mind. Your conscious mind feels that integration within you. The rationality which is separated from the heart becomes one with the heart. It becomes one with your attention. Wherever your attention goes you act in a collective way. All the activities of your attention are blessed. The attention itself is effective.

Your attention is very important, your desires are even more important. Because it is such an integrated thing, your desires and your attention become one. Whatever is good for the Spirit you desire and your attention goes to the thing, whichever is emitting the Spiritual power. The priorities change very fast. Those people who are primitive and not evolved may not find that happening but those who are over mentally developed, they actually have an attention which they try to test. They first want to see how to raise the Kundalini, they want to see that it is logical.

For a balanced person there's no questioning at all. We have some people like that among us. They just became and they never

questioned. They just settled down. They are innocent, they are intelligent, above all they are spiritual. But whatever may be the defect in the quality can be corrected through your Sahasrara.

First of all you have to put down your ego because if ego is there it presses the Sahasrara. Also the super-ego must be reduced because it also presses the Sahasrara and gives pain. So to keep the Sahasrara in its healthy state one has to understand that the priorities are to be changed. Some people take time, so they have to put some deliberate effort. There are many books, if you read them, they suggest anti-God activities. An enlightened Sahasrara doesn't like it, it closes back. That's like a poison. It doesn't like any poisonous thought to come in the mind. If you go about with the poison then it again closes.

In the same way the people who are hot tempered, very much hot tempered, and all other problems of the ego, if they try to suppress the Sahasrara [then] also the Sahasrara starts closing down. Those people who have had conditionings from wrong gurus and wrong books, from wrong parents maybe, from a wrong country, from a wrong livelihood also do not allow the Sahasrara to grow in its healthy way.

It is only the Sahasrara [that] has to grow, not the Spirit. The more sensitive the Sahasrara is, the more it receives the Spiritual qualities of the Spirit. Actually the peace is felt in the Sahasrara. The bliss is also felt in the Sahasrara because that is the brain, and the brain is the epitome of our nervous system, central nervous system, of consciousness itself. So only merely by opening Sahasrara, the work is not done. We have to have more and more channels who will act on these nadis with their different powers, and who can work it out in a proper systematic manner. But those people who indulge into wasteful habits after Realisation obstruct the flow of the nadis, and really are very harmful for the Virata. Such people should really leave Sahaja Yoga and spare [us]. Or such people should be asked to leave and one should sever relations with such people who is standing against such a great work of the Divine.

The one who wants to develop on Sahasrara should know that he should not have bad company, but always have the company of the other sahaja yogis. He should not have his own holidays and her own time, but most of the time he should spend in the company of other sahaja yogis.

After the Sahasrara, when you are above Sahasrara then you can see that it is very important that all these nadis must be kept together. And all the centres and the Deities must be kept awakened and integrated. This can be done even with a conscious effort by watching yourself, your thoughts. You will start seeing your ego and your superego. You will be able to see how you cheat yourself and you are dishonest to yourself, how you are convincing yourself that you are very good, how you are enjoying a[n] ego trip.

Sahaja Yoga is for people who are Spirits so all other things must drop out. All misidentifications must be dropped out. One can do it through conscious mind, as I said, that you can really correct yourself because after Realisation whatever you desire becomes a part of the Divine desire and whatever you do becomes a part of the Divine action. So one has to remember that with conscious effort we can find out ourselves and see if we are really honest about it.

If one is honest one can see that collectivity is the only way to expand your Sahasrara. For that, tolerance is needed, wisdom is needed, and a stature is needed of a prophet, which you are, and you should talk like a prophet. Actually, you have to educate yourself. How does a prophet speak? [Shri Mataji corrects Herself] How does a prophet speak? This is not insincere or acting because now you are awakened. When you are not awakened then whatever you do like this is artificial.

Sahasrara is the controlling, guiding, evolving force and so to keep it absolutely ready for growth and expansion one has to watch one's own growth. Never justify your wrongdoings. If you start justifying, you are actually thinking about that. We have no time to think about oneself. You have to think of others because others are also in your brain; and when you start thinking of others, talking to them about their resurrection, your Sahasrara will definitely increase in its size and in its sensibility. The sensitivity will also increase, the depth will also come in. It is just like a tree, when it grows, its roots spread very strong.

So you have to come out of your shells and spread your wings. All small things of mind must be given up. You have to live like a

very, huge, big personality which has to give support, guidance, help and awakening to thousands.

If this Sahasrara Day in France, establishes a new dynamism in this country, I am sure that it will catch up with the thought of the people. It will resound into their brains, their unconscious will transmit it into their being and they will start thinking afresh. Now, new breakthroughs will take place, and people will start going towards Truth logically. They'll come to right conclusions. They'll drop out all that is useless and wasteful.

Sahasrara is the throne for the Spirit and the bigger is the king, the bigger is the throne. The way you treat your Spirit is expressed through the way you have your Sahasrara. As it is the seven chakras are seated in the Sahasrara; you become the master of all these seven chakras, and that's how you can do Realisation, you can give Realisation. And then you can become a subtle being. Through your conscious effort, you can enter into the beings of others and raise their Kundalini and correct them. Enlightenment of the Sahasrara also gives you a new sight to see all the sukshmas, all the subtle things in the atmosphere. When you start developing higher and higher, you can see the vibrations as lights around you.

You may not have any interest in many things but you'll be amazed how you become the master of so many things. As if your brain is materialising whatever you have been desiring. And this is what is Krishna promised, who is actually the Virata. So you become the master of your brain because actually the Spirit is master of the brain.

The more you start bringing Spirit into your attention, the more the Sahasrara increases in its size. And the light of that expands and you become [a] more powerful Sahaja Yogi. This is the greatest thing also for God Almighty to see that this has happened, so that He can, for the time being, postpone His anger and wrath; so that He can forgive human beings for their mistakes, their obstinacy and childish pranks.

Let the man rise to see the glory and the greatness of his Father. Let him have so much of power that he can bear the compassion of God. Let the Sahasrara develop into such dimensions that it can execute the working of the Divine through his own conscious mind.

The Sahasrara has one mantra, that is "Nirmala", meaning: must keep it clean, pure and immaculate. That is what is your job, is [to] try to keep it pure and clean. And this will definitely mark another step, another accelerated jump into a new dimension of many more human beings.

It is a very great pleasure to be in Paris today, so that the whole world attention should be on Paris, on France, on this country which is really being cursed; neglected by all the deities, because human beings really went very wrong.

Let all the Deities be settled down in this country because this is the attention, and attention, whatever attention we pay, is reported to us through Sahasrara. So the Sahasrara of France may be opened out, so the attention of France should be directed towards Spirit, and towards the eternal life. Is [a] very important country, that's why I decided to have this day celebrated here. Now the responsibility on the French Sahaja Yogis is much greater. They have to change their methods and styles. They should be very mild, gentle and healthy people but at the same time they should be very strong Sahaja Yogis, so that when others see them [they] find that superiority in them.

Before the Sahasrara day we have had such a successful session. I am very happy about you. May God bless you all.

Now I bless all the other centres, who have prayed and are praying; to give them a very developed Sahasrara, an enlightened one, that will separate them from their small shells. Let them expand so much, that they become one with the whole.

May God Bless you all.

## 1982-0505, Initiation to Havan after Sahasrara Puja

View [online](#).

5 May 1982

Havan

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Havan after Sahasrara puja, Ashram Le Raincy, Le Raincy (France), May, 1982

Shri Mataji: Ah, the great Sahaja Yogis are sitting down, he? [Laughter]

Alexandre: We are Brahmins.

Shri Mataji: Have you got the Deepak?

Dr Rustom: Deepak, lamp.

Shri Mataji: Light, light.

Alexandre: Matches?

Sahaja Yogi: Lamp. [Inaudible]

Shri Mataji: Gavin, you have the shawl with you?

Come along.

Alexandre: [Inaudible] We came back to India!

Sahaja Yogi: Mother?

Shri Mataji: [Inaudible]

Gregoire: Shri Mataji, what about everybody? [Unsure]

Shri Mataji: Let them, if they want to come.

Shri Mataji: Now spread out [inaudible].

Gregoire: [Explains in French what they will do]

Shri Mataji: Please.

Can you spread something more for people?

[Shri Mataji is making a bandhan]

Shri Mataji: Please move from the thing. Because, you see, normally, people want to walk. A little bit so all can have and put it and it starts.

You see, I would say that John, you can make these people come forward.

Please come forward.

Where is Nathalie?

You also come along.

People who are from France and Algeria should be seated. And also, from Lille.

Where is the Ghanta?

Dr Rustom: The bell.

Gregoire: Where is the bell?

Gavin: Just coming.

Shri Mataji: [To the Algerian lady] Come forward.

Keep it there with Gregoire. You see, keep it with him.

With Nathalie. All right? You people [inaudible] of that.

[A child gives the bell to Shri Mataji] Oh! Thank you very much, thank you.

Shri Mataji: [To Gregoire] Keep the light down.

They can do it.

Now somebody must look after the wood. And I think, Benoît, you look after that.

Alexandre: The ghee.

Shri Mataji: And you look after this, you see? All of you look after this.

Before doing anything else, we have to sanctify all the things that you are going to use. Means, we have to get them vibrated.

So, Gavin, let's do it. [Inaudible]

[Gregoire puts a point of Kumkum on the bell, then on the coconut and its pot, the 'kumbha'.]

Shri Mataji: This [kumbha] represents the Kundalini. And the top one [coconut] represents the Mooladhara. The coconut represents the Omkara.

[Shri Mataji draws a swastika on the conch]

Sahaja Yogis: Om twame wa sakshat, Shri Agni sakshat, Shri Adi Shakti sakshat, Shri Bhagwati sakshat, Shri Mataji, Shri Nirmala Devi, namoh, namaha. (X 3)

Dr Rustom: First, we'll begin by the seven names of Lord Agni.

Om Shri [Inaudible]

Sahaja Yogis: Swaha, swaha.

Dr Rustom: Now we begin with Lord Vishnu's names.



## 1982-0511, Understanding the Love of God

View [online](#).

11 May 1982

Understanding The Love Of God

Public Program

Caxton Hall, London (England)

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For the last so many lectures we have been saying that you cannot pay for God's love. It makes me laugh sometimes. Human beings can never understand His love because they live in a very limited sphere. His love is unlimited. His forgiveness is unlimited. Even this word 'unlimited' and 'infinite' we do not understand because we have not known anything like that. And to say that something is genuine is also like certifying something that is genuine. You don't need a certificate. Even that human beings don't understand.

We live with artificiality. We try to find the Truth. Again we accept artificiality as Truth. Again we go on fighting. Then we think, "This is the Truth." Again that turns out to be something artificial thing or some sort of a mental projection.

All these limited endeavours of human beings and experiences they have made him so conditioned that it is not easy to understand God. He made all this Universe in His compassion and love. He created you as human beings, also, in His compassion and love. He doesn't need anything. But He loves. And you can't understand a person who loves beyond any reason, without any reward, just love because for love's sake. We can't think of one human being like that who can love only for love's sake. Only after Realisation, as you grow more and more, you realise that loving is the greatest joy.

And then you cannot think of money in relation to Him. It's something you say, but I think even to say this, "We don't need money" or "We don't take money," itself is so low level! It's so much gross because money and all these concepts are your own.

He didn't make this world to get any fruits out of it. Nothing. He just made it because He loved and He wanted just to express His love. Just to manifest that love He made this world. There's nothing else expected. And to put the human mind at that level is an impossibility, I find, in the beginning, but gradually they start understanding how forgiving He is, how kind He is, how nice He is.

So the first problem I face in the West always, even in Paris this was what I faced, was that human beings feel guilty. And this guilt is such a big problem in the West, I just don't understand! Why to feel guilty so much? And that is one of the hurdles of Sahaja Yoga, I have seen, that people start feeling guilty. To such an extent that they don't believe that they can get Realisation. They think they are sinners, born outright, permanently, branded as 'sinners' and [think that] they can never get their Realisation. I mean, just they brand themselves. It's beyond self-pity also, I would say it's even self-destructive!

Today, I have taken up the subject of Left Vishuddhi because I felt that I must one day speak on this subject. That this is absolutely not intelligible to God that you are guilty. For what? Guilty for what are you? If you ask yourself you will say, "Oh, we are guilty because we crucified Christ." - at the most. That is the maximum guilt a human being can say on his head. "We crucified Christ." "We tortured all the saints." All right. But by being guilty what do you get? Do you get Him back? Can you go back and correct that situation? You cannot. But harping upon that, you do get into your sub-conscious mind. You get into a position where you are no more normal to receive the love of God. You recede into a corner of your mind which is darkness, which is ignorance, which is blindness; where you cannot receive that beautiful ray, that eternal flow that's coming in. You hide yourself at the back and then you say, "What about the sun? I cannot receive it because I don't deserve it."

Behind all this ego-orientation in the West though I wish they were purely egoistical - they are not. All this ego recedes back into

that little pouch, what we call 'the guilt'. You say something to someone. It's not saying that thing at that stage that, "I've said it, all right I've said it and I take the responsibility. It's good." Not that way. But you come back home, "Oh, I should not have said that!" So you wobble between one kind of action into another kind, from an aggressive to the another one of a receding type. And this wobbling really is very, very troublesome. It can go on too much, the oscillation could be so much that it can make you absolutely frantic, diffident and sometimes useless.

On the contrary, God wants to find human beings who are cheerful people, who are happy people, who are thankful to Him for His blessings. The most unhappy animal in this world is a human being. Can you believe that? Animals don't know happiness and unhappiness, also a good point is. But the most unhappy human being and the most complicated human being has become so over, you see, self-destructive that a destruction force has built within himself.

Now think of that force that has built you up into a human: how with care and love, without your knowledge, without troubling you. Even when you were born you never knew what was the pain of the birth; your mother took over it. He's made you a human being so carefully, delicately he's built you up. For what? What is the fruit of this beautiful flower? Why the flower starts hitting itself? Have you ever heard of anyone like that?

This is the worst disease with which we, in the West, suffer. French, yes, we had at least double the number of people than we have here today, surprisingly, but all of them had the same problem and I think all their psychologists, psychoanalysts, the books, the writers the philosophers, everyone has done to them; they have given you the ideas and everybody accepts them and they curse themselves morning till evening, walking with so many wrinkles on the forehead. When you ask them they will say, "Mother we are very unhappy people." It's like asking unhappiness to come and decorate you.

But it has a subtler meaning, of which people are not aware. These are the times when you have to get your Realisation, this mass Realisation has to work out, is all prophesised, and very important times are these. All the stars are acting to help us. The whole Universe is helping them. All the elements are helping us. We are on the stage. But when the actors arrive on the stage they are finished! They can't act, they can't do anything, they can't play their game. They are so involved with their different roles.

And that is why one has to understand the subtler effect of it. Then only you will get rid of this guilt. You are playing into the hands of negative forces, they are not less than any atomic bombs, built within yourself.

Now what is the way it works out, I think people do not realise it. It's a very subtle method. Let's see the atomic bomb, hydrogen bomb, what will you do there? They will separate something which should not be separated. We break atom which is not divisible into its divisible parts. So we put a pressure to break them. And when that breaking force, that aggression I would say, is worked out, that becomes another destructive force.

So whatever effort we have put into that multiplies; it's not the same force. And that we use for our destruction. I mean, this, only human being can do, to create things to destroy himself.

But this force which works within our minds, within ourselves, within our being - where we actually really hate ourselves, sometimes I feel, the way we are destroying ourselves - this force we build within ourselves thanks to many nonsensical writers and conditioners, and people who talk of conditioning really condition you much worse! You should be singing and chirping like a bird. You should be laughing and enjoying life like a flower.

But I find human beings faces, all, looking so very unhappy. What's the reason? The reason is you are separated from your own being, the being that integrates you. You are completely disintegrated. When you disintegrate a hydrogen atom, you form a very big force [that is] built into it. In the same way, you are disintegrating your being: your physical being on one side, your mental being on another side, your spiritual being on another side. There's no integrating point. And when you cannot feel that integration you feel guilty, but that guilt is just a symptom of a very big destructive force built-in you.

This is the way we are going to destroy ourselves. No other way. Our destruction is not going to come to us from outside, that can be controlled. It's going to come from within, within ourselves.

Everything we do now, after disintegration, is further disintegration or further building up that negative force within ourselves. But to integrate it, to make you feel complete integration with all your being, is only possible if you can somehow or other get to that integrating force which is still there and is quite deep.

That's the last chance I would say now. That has to win. The way the negative forces have set in motion, of which you may not be aware at all, you may not be aware, you don't know what darkness is there. And to fight it, what one has to do is to bring in that light of the Spirit which integrates. Darkness always disintegrates you. For example there is complete darkness all right, I can't feel you, I don't know who you are, where you are sitting, [then] we are all separated. I can't see you, I don't know who you people are here. I wouldn't know where is the window, where is the door. I'll hold this and say, "This is the Truth." All disintegrated personality. And disintegrated people always see aberrations, they see different things, different auras, different things.

Now it's a very vicious circle. You just think of it. It's a very great vicious circle we have. The vicious circle is that we try to think about it, which is limited. Supposing I have a limited vision [when] there is darkness - what will I feel? You start thinking about it and thinking about it, pondering over it. The more you think about it the worse it becomes. Another way could be people may try to solve this problem, to think that we are disintegrated, is to talk of big things, "We are all brothers and sisters! Let's form UN council. Let's do world organisation!" All blind people doing world organisation will end up, at the most, as a labour department, that's all. With all these institutions working in a big name where are we? Actually when we become aware we don't need them. We don't need at all. So this awareness is nothing but is the light of the Spirit within you which is missing. The Spirit is watching you all right. It goes up to a point, it sees your stupidity and your limitedness and it goes up to a very great extent, I should say, where it's finished. It disappears and a person dies or he gets into trouble, he becomes crazy, mad, whatever you may call him. He develops other diseases like cancer which are caused by another problem here as you know - Ekadesha.

So these forces are built within us, of negativity, when we go to the extremes of negativity. So, in the Kundalini shastra, we can say that the left and right side, when used too much, you build up these forces in the head of eleven Rudras, of the eleven destructive forces. A cancer patient develops it. But even before developing cancer people can develop it. And there are so many things that can create this that, sometimes one would feel, in this vicious circle, that how are you going to patch up the whole society? And there's only one thing that will save the situation - it's Self-realisation.

All other things are destroying, are absolutely confusing. But there's only one thing if you can do, it saves the whole thing. Like putting on the light - finished!

But people don't understand the importance of Self-realisation, because some people ask me, "What's the use of getting the cool breeze in the hand?" Now see the big canvas of the whole thing, the whole cosmos, in a jeopardy. See what's happening to human beings today. And if they are to be saved [there's] no use being unhappy. Like in France they said, "You cannot Mother, say you are a very happy person." I said, "Why?" "Because that means you are ignorant of the shocks." You see? I have to say, "I am very unhappy," you see. I have to paint some lines here to show that I'm very deeply concerned, worried about the whole world. [Laughing]

But what is the solution have you got? You want me to be like you only? Is that the solution? That if ten people are weeping you also join them weeping? Is that the solution? And the one and only method that we have, which has been already told and prescribed and has been prophesised - nobody seeks it! No one seeks it!

See now, in The Bible: 'you have to be born again'. 'Christ is to be born in your heart'. I mean they do it, even before solving the whole drama, they do it, of giving you 'second birth', by 'Christening' you, so-called [laughing]. Hindus, they believe [that] without yoga there is no sense. "Yoga kshema wahamyam," Krishna has said all the time that, "You seek yoga. What are you seeking?" All these treatises and all these big books and all these scriptures are aiming at what? Even those who talked, "You must live with dharma, you must live a balanced life." [was] for what? Why do we do it? What is the destination? And the destination is the Spirit.

And today, the background is so black and so dark that this solution is the end of everything. But do we realise this? On the contrary the vicious circle builds in within us all the time. "Oh, see how the world is miserable! How can I be happy?" "I am so unhappy in life!" I have yet to come across a person before Realisation saying that, "I am a happy person." Maybe ego-oriented people might say, "I am happy." meaning, "My ego [is]". If he goes in a swanky car or something like that he's very happy, on top of the world! After ten minutes you see him [looking miserable]. And this vicious circle is set in. This ego-oriented circle, or another one, it sets in. Another vicious circle and another vicious circle and another vicious circle, we go on from one to another, moving on the wheels after wheels without realising that, "Where we are going?"

And this vicious circle has to be broken by one faith, by one understanding, that God is forgiveness, God is love. When we feel love for anyone without any lust and greed, then that is God's love within us. That He is the embodiment of that pure love which just loves, which has given you this beautiful human life and wants to make you more beautiful.

He created all this creation for you and that He wants you to enjoy the bounties of this creation. He wants you to enjoy the citizen of his realm and the Kingdom of his Grace. Do we go to see someone who is highly placed with a morose face? Do we? That day, we'll specially brush our hair, make our hair into a beautiful thing, make our face nice, dress up well. It looks like we are well, you see. That's outside. Inside, if you just feel how kind He is, how He has worked out meticulously in this blissful life of a human being. But think how much He has done for you! Instead of that, if you are all the time going to say, "I am very unhappy in life." I mean, think of someone who does everything for you and you just come back saying, "Oh, I am just a very unhappy person." What is he going to feel about you? No gratitude! Count your blessings one by one. That's what one has to do, is to have complete understanding that He is God Almighty, He can do anything that He likes and we are the recipient of His Almighty. He is the Ocean of love and we are the recipient of His love. Let us feel that within ourselves and understand logically with wisdom.

If this sets into your mind, that's the best conditioning I think human beings can have, what you call in Sanskrit the 'susanskara', means the 'auspicious conditionings'. We don't have only conditioning and ego, we have a third thing called also 'good conditioning'. The conditionings that have ruined your chances of enjoyment, let it be brought round. And see for yourself. Logically you can see how much He's done for you. I mean, none of the animals were that comfortable as you are. They don't know the idea of comfort, they have never had a car, even chairs to sit down.

It's easy to say, "Nice to be like animals," you see. But just go and see the way they live, poor things! No. Even the king of the forest, how he lives, one should go and see. But he's happy. He's full of joy. Oh, he has to kill an animal, he'll kill it and with his dignity eat one or two days - finished. Then he lives for ten days without food. Whenever he feels hungry he goes [hunting]. He's not bothered. He doesn't feel guilty for killing anybody: he's hungry, he has to eat, he eats - finished! But human beings, as they are, they will eat someone without the need and then feel guilty. This is the problem.

He has made you with his own image. He's done everything beautifully. After Realisation, you start understanding yourself and enjoying yourself as you enjoy others. The fragrance of others you start enjoying. Self-realisation is the only way you can get the light in - enlightenment.

Everybody talks of enlightenment, enlightenment. Enlightenment means, for some people, is that you start jumping. Is it enlightenment to be abnormal like that? Or take out your clothes? I mean just think of it. How does it go into your brains, I just can't understand, that doing all these nonsensical things, how can there be enlightenment? Or taking to alcohols, drinking or drugs or anything, how can it give you enlightenment? Has it given to anyone so far? It might be some sort of a funny, strange experience you might get, but not enlightenment. In enlightenment you get integrated, you see your way through, you know where you are standing and how you are moving in relationship to others.

So the illogical method, I would say, 'unwise method', the way we deal with life becomes a kind of a possession. And we are possessed by this negative force which is eating us out. And we go on living with that idea, enjoying that idea that we are miserable people, we are unhappy, we are helpless. I mean, I have seen people sitting on the streets and discussing, "Oh, thank

God there's going to be eight stars coming in and we'll be all destroyed". I mean, just imagine!

But we have to think about The One who has created us. Is he waiting for your destruction? Will he be happy with that? How much are we cooperating with Him? With what care, love, He has created us? With what hopes, whatever it is. What does He want to do for us, that we are sitting down and feeling guilty? And now I have to tell openly that it has come to you also through other vehicles apart from the psychologists, psychoanalysts.

Psychoanalysts: the other day we had a girl, she came to see me. She's French. Her English was wonderful, and she said, "Horrible psychologists! They make me mad!" I said, "Why?" "They said, I have bad relationship with my mother, bad relationship with my father, bad relationship with every third person. I don't have! I have absolutely pure relationship. They try to put that idea into my head that there's something abnormal, pathological about me which I am not! And they are making my brother's relationship also funny by telling him that I have bad relations with him!" This is it.

So, hit at the point of the pure love, disintegrate, "You can't have good relationship with your own mother, with your own father, with your own sister, with your own brother. Nobody. Because you cannot love except for, you are sex-points!" We have just relationship of sex! Even animals have better relationship than we have if you have to accept the psychologists. And they take money to suggest all these nonsensical ideas into your head. There are some here sitting. I will face them later on. This is how they put in ideas, into your heads, that, "You are a person who has no purity," and that, "You are a sinner." "You are a damned person." And, "Any person you look upon, you have only sex relationships, nothing else." I mean, are we sex-points? With all this evolution, God has made us into a sex-point, that's what we have done to ourselves – reduced ourselves to that point only. He has created you in your own glory and your own dignity. He has not created you to be only wasted like this.

Then the second thing that disintegrates us very much more is the idea that, we are here, you see, to live in a gross way somehow, fighting political, economic, all this nonsensical progress that we are making. And everything is explained, all destructive forces are explained in the name of political or economic growth. I don't know if it is 'growth' or whatever it is, but definitely it is not love, take it from me. It is not love. That's why economics of God is to be understood. Politics of God is to be understood. And for human beings to understand it they must have Self-realisation.

In His economics generosity is the key-note. He enjoys his generosity. Material things are to express your generosity, isn't it? What are they for? The most enjoyable thing is to give, and when you give you will see your economic problems will be solved completely. Because you are here to become free, no problems! The problems are because you want to grab. And once you start giving, you get it as much as you want because, if there is no outlet, there's no joy, there's no happiness, there's no relief from the material domination on you. But giving is the way you can get rid of that material domination on your head, that you give away. Give away everything that you have and you will be surprised how it flows to you.

Now when I say, "It is fantastic the way it acts! Fantastic the way it acts," Somehow, it's easy to say, "It's Mother is saying something which is something miraculous." But what do you think of Moses crossing the sea? You mean it was miraculous or it was a false story or what do you think of it? It was absolutely true that he did cross the sea. With the help of God, he could do it. What about Christ walking on the water? He did because by His nature He did it. What about all the miracles that were done by these incarnations? Is absolutely true. I am here to prove all of them. But you must get your Realisation. Not because that I cannot prove it. You must enter into that realm of awareness. Otherwise, they cannot prove it. It's true.

The other day, somebody was saying that Rama is a fiction and I said, "How do you say that?" He said, "Because it looks like a fiction." I said, "To human mind they cannot understand God, who has millions and millions of hands and eyes to work out His plan". So naturally Rama is a fiction. Krishna is a fiction. Everybody's a fiction! Because we ourselves are fictitious, I think! It's not that it is a fiction, but we are incapable of grasping that is miraculous, which is divine. And that's why we just call it, "Oh!" No. Everything is true, believe me everything is true.

Now Rama's case, let's take it. Simple to be like Rama, all right? "Rama is a fiction." Many of our Indians are very anglicised now, very westernised, you see. So, they want to say, "We don't believe in all this fiction!" So they're becoming English. For them, to become English is the last epitome, the last word. So we don't believe in Rama, nothing, you see". All right, it's all our old style of

thinking. But He exists and He is within us! It can be proved by your Kundalini awakening. The person who has got asthma, who suffers from asthma, catches on the Right Heart. You have to take the name of Rama to cure him. Nothing else can cure him. It's simple. The Kundalini stops here (at Agnya).

Many people don't believe in Christ. "We don't believe in Christ". But you don't believe in Christ, but under what circumstances? Why? Why don't you believe in Christ? "Because, you see, we don't think He existed. How could He be possible?" We don't believe in Moses, we don't believe in Christ, we don't believe in anyone. All right. Do you believe in yourself? Perhaps that is missing. Because the Self is not there. If you know your Self, you should believe in them. Because when Kundalini rises, at this point (Agnya), you will be amazed, at this point, whether you believe in Christ or not, at this point, at the Agnya Chakra where you see the crossing of it, you have to say Lord's Prayer. You have to take the name of Christ. Otherwise, Kundalini doesn't rise. Now, most of the people who are here, who are Realised, know this. It has been proved to them.

In the Nabhi, in this Void, if it is hanging, we have to take the name of Moses. Whether you are a Jew or not or a hater of Jews or whatever you may be, you have to take the name of Moses. The whole movement of the Kundalini is to integrate all the truths which are treated as miraculous, some people think it's falsehood, it's good for nothing, useless. All these things are proved by the movement of the Kundalini in your central path. And the greatest and greatest thing that is proved is that God exists, not only exists but He is active, that He does everything for us, that it is He who is the truth and it's his power, Brahma, is the truth, the rest is all falsehood and nonsense. It works in all details too, in small details also.

Now Sahaja Yogis have seen the miracle of Sahaja Yoga, they cannot explain it. You cannot explain also. When you become Realised, you are surprised how you are helped, how you meet people, how you get to things, how things work out. And how it works out so smoothly you just can't imagine! Even to the smallest detail it can work out, beautifully. But you have to establish yourself in the Kingdom of God. Not with these fanatical ideas, like you go to the Catholic church and they say, "Now you must confess". I don't know from where did they get this idea! I don't think Christ would have ever said that, "You'd better go and confess to these priests," who are not even Realised-souls! What are they going to do by confession?

And then the answer came to me from a priest. I asked him, he's a nice man, he's a Realised-soul now and he's working for Sahaja Yoga. But he told me, "The reason in the Bible it is written is that, 'Whatever is corrected on this earth will be corrected in the heaven'." That's why you'd better correct it by telling to the priest! Now by any logical means do you think this priest can correct you by telling them anything? Whatever is to be corrected on this earth is your Kundalini and your chakras. If the language of Bible has been, especially the Old Testament, has been extremely guarded, it was a security measure. Like, the Tree of Life is nothing but the Kundalini which is enlightened. Absolutely, it is that, it looks like that, like a tree.

The other day they were having a programme, I think today only. my children showed me, "Look, the Kundalini." I went and saw and they were describing about Moses, something perhaps, and this was the Tree of Life they said. And my children, grandchildren, said, "See it's the Kundalini!" The language they used, may be for security measures, may be, but not the word. If it is now changed by human beings, it's false. Human beings can change words, that's a different point. But you can see it, in Sahaja Yoga you can see what is changed, what is wrong, which is falsehood. You can see all these things. So, to disintegrate you, these things are again created in the name of religion so-called.

I mean these people are here for God or for making you feel guilty? Like, say, Jews think that Christ was not a saviour. If they are still waiting for two hundred years it's not true. He's the One. Without Him you cannot raise the Kundalini. One should understand that He's the Mahavishnu described [in Indian puranas]. But if I say something that doesn't mean that you should believe me, not at all. But you should see for yourself, because if you are interested in the emancipation of the whole world, you should not get stuck on to one, stuck on to one thing and say, "This is the truth and this is the truth". No. See for yourself what is the truth and you will be amazed that they are all one like Christ has said, "Those who are not against me are people who are with me."

Moses and Christ are one, which can be proved. Same in other religions. So religion is another way to disintegrate you. You hate each other. Fundamentalists fighting, for God! "Fundamental difference, you know!" Can you imagine! What is the fundamental of these religions? It's their Spirit, isn't it? Is it a difference between the Spirit of one and another? Fundamentals are that God is

one. He has created us. And what are you fighting about? "Fundamental difference, you know. Fundamental difference!" When there exists no difference at all!

So we have psychologists, we have religious leaders teaching us how to fight and hate God and your fellow beings in the name of God.

This is another disintegration that sets into us. So, you people, who are thinking [people] should understand that anything that creates such limitations within us, any kind of fanaticism is dangerous not only to you but to the whole society and if you support it even this much, you are supporting that destruction.

With Sahaja Yoga we can establish that, anybody who is a fanatic has problems and suffers from many diseases [from] which normal people don't.

Then there are another type of a people who say that, "All right. We don't believe in God because how can God create this fanaticism?" How can you blame God for fanaticism? I just can't understand. He never created it. Actually, He never created any difference between you people, just a variety, just to make it beautiful, that's all. See, He didn't create England separately, this separately to that extent, the way you think. But He created them because they are different organs in the body of God.

Do we take out an eye and say, "This is an eye so I do not have anything to do [with it]."? Can we? It's like that! It's simple like that. It's so simple. The truth is so simple and so starkly lit before you: that we are doing all these things, fighting, quarrelling, all the time within ourselves and without.

Now, for that Self-realisation, God has placed this wonderful thing, Kundalini, within us, very beautifully, in the best possible position. It could not be better anywhere. To create this happening within us, in our awareness, the Kundalini has to rise and give us Realisation.

Now people ask questions to God also, can be. They can say, "Why did He do it? Why didn't He make us wise to begin with?" There are many like that! "He should have just made us wise. Just from monkeys dipped into some wisdom powder and pushed us out as wise people living in the Kingdom of God!" "Why didn't He do it in our evolution? Why did He make us so stupid?"

One can say to God you see, "Why did You create these problems?" talking to God. But who are we to ask Him questions? He does what He likes. But, there's a reason. If you have to enter into that complete freedom, you must know how to be free. If you are just abandoned people, you have no sense of freedom, you don't know how to be choosy about the good and the bad and you do not understand the value of your own wisdom. And if you are put in charge – imagine some mad people put in charge your government, what will happen to you? So you have to grow up to that point to feel your freedom that, in your freedom you are righteous. In that freedom, you are kind. In that freedom you are absolutely balanced.

And when that happens to you, then only the higher freedom is given to you because that's completely free. And once that higher freedom comes into you then you can feel the responsibility, the responsibility to be responsible for your freedom.

To put this beautiful responsibility onto you, you have to know how to use your freedom, this is only [a] transition which has lead all of us into this feeling 'guilty business' or this aggression. Can you imagine? You could have waited for a while without feeling so sick. I mean, sometimes I feel the people are going for a funeral, the way they look miserable. The rest are busy creating such people.

So, there are only two types of people, if one sees: some who are being victims and another who are victimizing.

So, to have the balance in the centre, to stand in the centre, God has created this little tide where you have to just learn how to weigh your freedom. He gave you freedom to know. And this freedom is the only thing that has created all the problems you face. Not God, God has not created any problems for you. No. He wanted to make a very smooth ascent. He's made your machines so beautifully.

Despite all this, you do get your Realisation, no doubt. But because of habits, you may run down again to it; again you may have an ascent, again go down. It happens with some people, doesn't matter. But if you are steady it is going to work out. It has to work out. If God has to save his creation, He has to do it! Only thing: how many are going to cooperate and take advantage of his

compassion is to be seen. That is the most important thing: how many are going to be wise to see to their own advantage and to their own ascent. It's the only choice.

May God bless you.

If you have any questions, you may ask me. And then I will do the Realisation.

Sahaja Yogi: Mother, how the negative force is created?

Shri Mataji: What's it?

Sahaja Yogi: Mother, how this negative force is created to begin with?

Shri Mataji: What is he saying?

Another Sahaja Yogi: How the negative force is created, to begin with?

Shri Mataji: By the 'great' human beings.

Who has created atom bomb? Same type. From the very beginning, they started creating these negative forces. All kinds. In seeking, as I told you, in seeking, they set in this vicious circle which started creating. And the, you see, this mistake is small. What is the mistake in separating a hydrogen atom? Isn't it? Just they did it for fun sake, maybe. I don't know why they did it. But now, that will become like a devil sitting on everybody's head, in everybody. Thank God only, whatever they create frightens them. Thank God. So they are not going to use it. But who has created that? Human beings! In ignorance, they have done it. As a Mother, I have to say that. I cannot say that it was deliberate. It's a dangerous situation there.

It's obvious. In your lifetime, people have created atom bomb, what was the need? I mean, for a stranger like me, I don't understand what is the need to create an atom bomb. What is the need? Who are they to create this kind of a democracy and this kind of communism and this kind of all nonsensical institutions which just make people fight?

Any other question please? And you can't blame God for that. At least, God didn't tell you to make atom bomb.

Any other question please?

Sahaja Yogi: I have got one.

Shri Mataji: Yes.

Sahaja Yogi: Why do you think people are all the time so afraid of losing things, of losing their ego, of losing their relatives or -but not losing but - losing what they have built up in themselves, their identity that they think they are, they are afraid of losing it.

Shri Mataji: Why are they afraid?

Sahaja Yogi: Yes.

Shri Mataji: They have been cooked up like that, you know. They are told like that, they are conditioned like that. What can they do? You see that all the time, if somebody tells you that you are going to lose, "It's very precious, very precious". You see, you'll hold on to it.

But one must know in growth, in life, when a flower becomes a fruit, it loses flower for fruit to come, to grow into new. When an egg breaks, its shell falls off, and the bird comes out. It's not losing, it's growth.

You have been frightened, what can you do? From the very beginning. What is there to lose if you are not holding anything? [Laughter] All right? What is there to lose? You just tell me. If you're not holding onto something then, if there is no catch on anything, what are you going to lose? You are just enjoying and giving.

What do we take from here? When we go the hands are like this, when we come our hands are like this. Our hands are open when we go, we can't take anything, we confess it. Even ego we leave here. Everything we leave here. [Laughter]

All myths! So many myths have been created and man is living with the mythical ideas. I tell you he is living, he's compromising with the myths. All the time, he doesn't accept a myth then they say, "He's not a sane person". All sorts of [myths], and there are many, many sets here. People start copying others, you see, blindly. It's all you see, to an ignorant person like me, it's something I just don't understand; what is the need?

But I am talking of the real world where you have to enter into, it is reality. And do you know? Reality is love. It is love. But not the way human beings understand love. But love which flows, which thinks, which cooperates and generates the feeling of joy. It's a very different world where we have to enter into. And what will you lose? What have you got? What you have that is lost, that's your Spirit. And what you don't have you are holding on to it. There's nothing to be lost, it's very true: they are so frightened you



don't know. Very frightened.

They are made like that, what can you do? But they lose everything to a person who knows how to handle the situation in the real sense. You can just become like a cabbage with some people. Really, they can make you a cabbage. In the name of God, in the name of enlightenment they can. Yes, they can harm you. Then they are not worried. I don't know how they get this confidence with that.

Like the other day, we had somebody from 'charismatic movement'. You remember that? Norman. And I hope you have not taken any photographs of him, did you? We were also quite worried about him. And he went into such movements of the body; for at least half an hour he was so much in a very funny type of epilepsy, you see. All his body was moving and terrible. He was crying and weeping. He fell down on the ground. You can't imagine. And he said, "This I've been doing and so many are doing like this, and they think they are getting into Holy Ghost." I said, "The Holy Ghost? What an unholy thing it is to be like that!" Holy Ghost! Can you imagine?

He wanted to get out of it. He could not. Now he's all right, perfectly all right. He's like a small little child. I wish you could see that. John, you should have seen that. Really. Shocking, it was. Much worse than TM, I tell you, much worse. Because the movement was so fast, unrhythmic, big fast movements. The whole body was gesticulating and it was too much. But he got cured.

Any other questions?

Ego is one problem, I must say. It's a very big problem. And for ego, like some people say, "Mother, why you should do it?" I said, "You better do it! It's a very good idea. I would like to retire". [Laughter]

But you can't do it, what to do? You see? All right. Now you do so many things [and] I don't feel bad. Why should you feel bad if I know something. You know, one thing I know is to awaken, awakening of the Kundalini. Now what can I do about it? Are you going to crucify me for that?

I mean I don't get any - what you call - title from your government for that, no payment, nothing. So why? Why to feel bad? I mean, I will make you the same way. You will raise other's Kundalini also. So what's the harm? You will, of course, you are going to do it yourself. Supposing I have the keys with me: if I give you the keys, will you feel your ego will be hurt or not? See, if I am a trustee, I have to give you, isn't it? Do you feel your ego hurt if I give you your keys? It's so simple as that.

This is your own. This is your own property. I have got the keys. I'll give you because I have got them. Now what to do? If you have them, it's very good. You never had, so I'm giving you. [Laughter] What is there to feel hurt about that part? Actually, I have to work very hard you don't have to work hard at all. To begin with. Then it's up to you.

Any other question?

I would like Sahaja Yogis to ask me questions for one reason because when they are faced with life [unsure] and other people will ask them questions, so any questions which you have not been able to answer, you can ask me and then we will have our Realisation.

Sahaja Yogi: Mother?

Shri Mataji: Yes?

Sahaja Yogi: What is the approach towards the Christian Church?

Shri Mataji: What is it?

Sahaja Yogi: What is our approach, the line, for the Christian Church?

Shri Mataji: Have pity for them. [Laughter]

You see, I took my birth in the Christian religion, in India. And first, the Hindus, you see, were very upset that, "How could She take birth in a Christian religion?" I mean so-called Christian religion. And I must tell you I was baptised forcibly by a Lutheran church! All right? The simple answer is that Christians are the most fanatic people. And the Indian Christians are the worst because they think Christ was born in England. Really, they think so. You see, if you have an English name then you are a real Christian. Otherwise, you are not. You can't imagine how ignorant they are. And how the Christians are most fanatic. It looks funny but it is so, because their fanaticism is so beautifully managed. It is not like Khomeini's, which is stark open fanaticism. You know

Khomeini is that and he has to accept he is. But this one is very well polished you know, beautifully done. Others can be said they are stones, but this is like a diamond artificially made. They do social work this Christian way.

Now for example, if you ask somebody the way in England, it's a Christian way to tell the way, you see. What God has got to do with this? Just you tell me. They have mixed up God with all these things. It's such a big mixture they have made, that the fanaticism of Christianity is very much in delusion. For them, begging in the name of God is also Christian. It's a very dangerous game because they are the cleverest of all, they think.

So, the way they have entangled themselves into, is so much dogmatic and so beautifully philosophised. It's a philosophy. To know it you have to get out of it. It is so beautiful you can't imagine, it's so beautiful. And so appealing, they are the most 'kindest' people, 'compassion' personified, great people, Christians. And the Christians believe it. Christ never asked you to beg. He never asked you to collect money for the poor. Nothing of the kind, it was not his idea at all, you see. He wanted you to get your Realisation. That's what He wanted. You have created the poor and you'd better look after them. That's not God's job. Communist may be the greatest Christians like that, the way they look after their poor. God's job is one: is to give you Realisation. No other job. To take you away from this ignorance and mire of life into that beautiful blissful Kingdom of God. That is the work of God and not these things which you describe back.

But it looks so idealistic, you know, the whole thing such an idealism. That's why it's very, very dangerous. And it's so well organised. So well organised, you know, so well organised. Even the hymn numbers everything is done so well, every book is done so well. Stand up to sing. Now you sit down. So regimented, beautifully. No one can realise even that this is we are going all to madness, you see! It's a very wonderful thing.

You are not supposed to look this side or that side. It's all right. In England, I have Christians, many have been Christians, you see. I've Christians, Jews, all kind of disciples. Indians Christians, I don't have even one. Except for, of course, my family people are from there, but they have known my childhood, they know me. But the rest of them, for them I am a healer! [Laughter]

I am, believe me! Hindus are my disciples, then Muslims are, but not Christians. Not one. I knew this. And when I went to America, they pronounced, "A Christian mystic has come!" That gave me good marks you know! [Laughter]

People came to see me, because I was a Christian mystic, properly baptised. I must get my certificate also!

So our attitude should be of simply pity towards them. Like Blake has said it, "The priest cursed my head when he baptised me."

It's something like that, it is really. We should have real, simple pity for all the people who go to churches where there are all the graves and they sit on the graves and get all the spirits into themselves. God save them!

I don't know why Christians, everyone is just like that. But among the Christians only, I am sure, one day Sahaja Yoga will come up very well. That's the power of Christ. I hope so. I hope so.

Misled and misled people, also who are enjoying that misleading, are most difficult, aren't they. Don't you think so? How can you talk to them? Who can break it? When I go to India, I can speak in a 'sanathan', means catholic – where thousands of people came to attend my lecture and they respect me as a saint. Do you think in any church whatsoever, I would be respected like that? Except for one 'Unity Church we had', [Laughter]

where all kinds of bhoots are respected. So, I was also called to give a lecture. It was I think more of a - I don't know, money-making proposition whatever it was, whatever it was.

But in India, that's the blessing of the Hindus they are not organised. For them, a saint is a saint. Even the Prime minister, even, I would say, the president of India would stand for a saint, they wouldn't sit.

These ideas are not here. We are too organised to get out of this organised way, to find out what is beyond. You see, we just- all our spirituality is just satisfied by going to Sunday church; finished! Or giving some money for the feat, that's all. That's not the way it is. It's much, much, much more. But be kind to them. Christ has said that, "You will be calling me, 'Christ, Christ' I won't recognise you." That's what they are. And I'm sorry for them, really sorry.

Any other question?

Sahaja Yogi: Mother, can everybody become aware at the most, how do you recognize it up?

Shri Mataji: Yes. Everybody can. But everybody doesn't mind, want it. You see, they don't want it. See how many people are here. But if it was some sort of a falsehood, if I'd come with two horns there would have been three halls big like this. People don't

want reality, my child. They don't want it. They never wanted it. They always crucified it. But now, at least, there are some who really want it and I am happy you think of others also, very happy to know that.

But it's a difficult task. I have to work very hard. They don't want reality because, in Sahaja yoga, it is a becoming. It is not just to come and fill in a form, "All right, you are the member!" Or you pay, supposing, a one-pound a membership fees. It's not that! It's your becoming, it's what you become. It's your thing, that must happen. You must get your properties. This is the problem.

You have to give up a little bit. It's easy to give up. It's very easy but I never talked about it before Realisation, because after Realisation just give up. If I tell you, half of you might go away, so I'm not going to tell you. You'd better get your Realisation. It will work it out. It will establish a new priority within yourself, naturally, because if you have light you see. You see snake as snake and rope as rope. So, I don't have to tell you, you just see it. You just feel it. It happens to you. Yes, I know, I know. I wish I could. It can be done to all the new people, whatever race you may belong; it can. But how many are there? It's a very slow movement. For four years, I had only seven Britons with me. I was struggling with them. Four years, can you imagine? In England. [Laughter] It's a tremendous task.

All right. So you get your Realisation now. Let's see how many you bring in.

Yes?

Seeker: Divine holy Mother, after Self-realisation, how long it takes for a new [unclear], is it possible to stop being reincarnating and seek perfection?

Shri Mataji: Is it easy to? Last what did he say? What d'you say? It is easy to? Last sentence what d'ou say?

Seeker: I was saying after Realization, is it possible to stop reincarnating and to be perfect these troubled times?

Shri Mataji: You are reincarnated by Self-realisation itself!

Seeker: And to stop having rebirths and births.

Shri Mataji: You don't think of these things afterwards because you are not futuristic anymore, you live in the present. You see, these ideas of rebirth and this frightening stuff: you should not have rebirth. Why not? I mean, you create a beautiful house, everything, and then you say that you don't live in it! When you become a rich man, you want to enjoy your wealth isn't it?

Seeker: But they're not Buddha saying: birth is suffering, death is suffering.

Shri Mataji: Yes, that's true. But not Realisation.

You see, what he has said is, Buddha never asked you to limit your desire of ascent. Because people talked of God, once they talked of it in India but nobody talked of the deities. That was a problem because it became a talk again. Then they talked of a God which was abstract, like you can say Jehovah and other things because they wanted people to get over their stuck up points you see. Nothing worked, you see.

So Buddha said, "All right, let's talk only about the Self-realisation. Nothing else. Not even of God. Let's talk of that only. Let people get to Self-realisation then we'll talk about God." So he said, "All right, only Self-Realisation. No God. Nothing." That was his job: fix you up with the idea of Self-realisation. He said, "Don't worship anything, don't worship, get your Self-realisation." They are worshipping everything under the sun, these Buddhists! What am I to do?

So, whatever Buddha has said, everything is re-said in Sahaja Yoga.

"Buddham sharanam gachami." I surrender myself to the Enlightened One. The One which is enlightened is your Spirit.

"Sangham sharanam gachami," I surrender myself to the collectivity. Unless and until you are a collectively conscious person how can you surrender?

Buddha also, whatever has said, is not understood before Realisation. You cannot.

"Dharmam sharanam gachami," is the sustenance within us. 'Sharanam' means you become that. It's not a mental thing, "Oh, I surrender myself!" But you just become.

You become the enlightened one, you become the collectively conscious. You become the dharma, the sustenance, the religion within us. You become! That's what he meant. But for them, 'Sharanam gachami' means take a wheel in the hand, go on, "Buddham sharanam gachami". Now. [Shri Mataji strikes her forehead] What this wheel is going to do, I just don't understand, you know. They go on [for] hours together. They'll go mad. They will end up into lunatic asylum, believe me. Or like mad, you are

saying something, all the time praying: is that the way you are becoming? They don't even know where Buddha is placed within yourself.

But Sahaja Yogis know where He is placed and how to please him. Whatever He had said is nothing but Sahaja Yoga – absolutely, hundred percent.

Actually, Buddha was nobody else but an incarnation who reincarnated himself as Adi Shankaracharya. You can see it clearly in your being, it can be proved on Kundalini again! You see, how can I prove it?

To understand them, first you get your Realisation. Again, I am talking like Buddha only! He tried some things, by which he thought people would take to Realisation. But human beings, as they are... He thought they are very much involved in materialism take them out, try this, try that. Nothing works out. Nothing. Only thing that works out: the real happening, nothing else.

Seeker: Mother, you are [inaudible]?

Shri Mataji: What's it? Say it loudly.

All right? Is there somebody else saying something, which I didn't hear.

Today the vibrations are so much that, really, to be very frank, [Laughter] you can't imagine! I don't know how am I listening to you, what you are talking. It's really too much flowing out. I can't believe it. Why? There must be some great seekers who must have come today.

Should we now go in?

I would suggest that those who have come for the first time should come in the first or second line is better to understand. Please. First or the second line would be better. I mean, these men all of you should get up and give them. They are also Realised people.

Come forward come now. You also come along first or the second line. Come along come along. There are some seats here. It's better to look after the.

Chaya also you tell. Chaya is there. Chaya is there. Just tell her. Now please, you have to put your hands towards me just like this. And put your feet on the Mother Earth touching. It helps. You need not to take out your socks. And please close your eyes.

Please put your fingers towards me directly little stretched, little stretched.

Now again we have to do the same exercise of putting your right hand on the left hand side of your neck. And saying thrice that, "Mother, I am not guilty." From the front side. Yes, that's the point where the guilt goes in so just say, "Mother, I am not guilty." Say it again and again. Move the hand here and there you'll feel the loosening of the tension there. At the back, go up to the spinal cord and you can feel tension there. Downwards you can feel it. Just go on saying, "Mother, I am not guilty."

Still there you can put your hand from the back also if you want from the backside spinning this way. More on the left side, the whole problem is on the left side. For anything, you should not feel guilty whatsoever because God is love.

For anything, whatsoever whatsoever you have done. Forget it. You've been to wrong gurus anything you have done to harm yourself forget it. Now put it on to the right side.

Even the Sahaja Yogis have been into the trap of Left Vishuddhi. Now put both the hands towards me again, please. Now raise your right hand towards your heart, put it there and little bit press it and say to yourself that you are the Spirit, "Mother, I am the Spirit." Just say that, go on saying.

## 1982-0512, Talk to Sahaja Yogis

View [online](#).

12 May 1982

Talk to Sahaja Yogis

Brighton (England)

Talk Language: English | Transcript (English) – VERIFIED

Talk to sahaja yogis. Brighton (UK), 12 May 1982.

And first you have this background, that they are seekers, they are misled, they are your brothers and sisters, and they are been really taken into the clutches of negativity. You have to move very, very carefully about it, very carefully. First of all they must feel your love and concern. That is very important. So instead losing temper with them or getting angry with them you should really have compassion, because they are so unfortunate. They are so unfortunate. Those who are not coming to Sahaja Yoga and are going the wrong way; are so unfortunate people, they are lost people. Whatever they may say, but they are lost, and you know that. They are lost people. And with this myth that they are living, they are going towards hell, actually. And they have lost all chances for Realization if they don't understand Sahaja Yoga, see? You have to talk to them like that, that, "How do you recognize him as your guru? What has he done for you? What powers has he given you? You can be your own guru".

Don't start talking about Me, first of all. No, not much. You should say, "She does nothing. She just makes us our own guru, and we know what is our problem is, we know your problem. You can work it out. That's not difficult. But after all, if you are seekers, what have you found out so far?" I mean, if you... there's somebody who has been guiding, you must see what he has done to others. They might talk, they might say, "Oh, we have found the way, we have done..." But what way? One thing one must ask: "What have we got in our own awareness, in human awareness, what have we got?" "What have we achieved?" And that is how you will know because, you see, you are not manifesting your own powers. You may be talking what guru says, what is written in that book. Anybody can do it, what's so great? You are not manifesting your powers at all. You have no powers of any kind, you are weak people. It's just a mass nonsense going on that people just follow somebody and another one follows, another one follows, but one doesn't see that what's happening is everybody is running. See, one doesn't want to wait and see, "Where are we?". "What are our moorings?" You see. you must find out. We must fathom out ourselves. And you say you are feeling better; this may be ego pampering. That's not the thing.

What has happened to your awareness is the point. Can you judge others? Can you judge yourself on absolute points? If you are at absolute points, and you judge, and supposing you say you judge like this, are you sure that the other one will judge the same way? You see, when you put a direct question like this, then they will answer. You say, "You don't try to deceive yourself we deceived ourselves in the same way." If you start on this that, "We were like this, we were misled, we did all these mistakes", then they'll understand. Some of you should say that, "We went to drug side, you see, the left sided, into hypnosis. It was hypnosis first; we didn't know it was hypnosis. We were hypnotized. We did not know, you see, we were so much enamored by their way, outward behavior and this and that, that we never understood that it was hypnosis."

But logically also you must understand, that if we have organized ourselves as something, are we really meaning it or it is another artificial thing, just like a church or just like any other, other organization? It's not God's organization. If so, do you understand? And then with Sahaja Yoga you should say that, "We can feel your Kundalini, we can feel our Kundalini, we know our chakras, we know your chakras; we can feel it. Even the children can feel it if they are realized souls. We speak the same language, we raise the Kundalini of others, by which we have cured people of cancer, of many diseases, mental diseases, emotional diseases. Can you do it?" You should say: "You have no knowledge of the technique of God". Technique of Divine is different from our technique. Just by sitting, standing, jumping, shouting, that's not a technique. The technique is that you should know where we are moving.

Then you can say about right sided people also that you say, "We are God world government and an incarnation is born." "Where

is he? He is dead now. Who are you? Nothing, except that you have little money with you. There are many people who have money... But organizing dead is not the way to organize. You are deceiving yourself, by this kind of a nonsensical talk. This is all nonsensical, is all written down, in the Scriptures. If you know how to read the Scriptures, you can just interpret it and put it whatever you like and if you know how assert and talk, you can write many books. It's nothing great. But can you read your own book? Can you feel your own chakras? Can you read another person's chakras? That's the main thing. You should say, "Our guru doesn't want any money. She is not even a guru, She is a Mother. She is so affectionate. She doesn't take any money, She doesn't do anything. On the contrary, as Bala has said, She gives us presents, She looks after us."

Sahaja Yogi: Mother, I was talking to one gentleman. He is not Sahaja Yogi, but he is very well known in the Brighton area, and I said to him, "How do you see Sahaja Yoga and how do other people who heard of Sahaja Yoga feel about it?" And it seems that we're still staying as being... we are not very well known and people still see us as a cult, Mother, because, with all respect, Mother, when, when they see a picture of somebody with a name, immediately the response is, "It's just another organization, it's a cult."

Shri Mataji: Why? I mean My photo, this picture doesn't look like that, does it?

Sahaja Yogi: No, Ma.

Shri Mataji: You should put this picture on. I mean, you see, there is a difference, you must talk to them, "It's not a cult, because we have no organization, we have no membership, we don't pay anything firstly. Then we, we all are people who are aware of a new dimension in our awareness. Even small children come. We know, they know. There is... cult is a thing which creates fanaticism. We have no fanaticism. We are open to all. All can come." They have to take their Realization, is the main point is. You see, our all attitude is absolutely subtle, and we should say very, very... spiritual, because we say, "You must get your Realization". We don't say, "You must pay so much money", you see? "You must get your Realization". "Secondly, you see, you people talk of making sort of big funds and things for the growth". All right? "But, we, we want the becoming. We want what becomes of you, that's important. What becomes a person, what becomes of others, becoming. So it's a living thing. And living things cannot be cults, you see? It's a living thing. What we want, you should get a new awareness in which you should grow, and you should become effective, you see? It's not well known because we are not a cult. That's the main reason."

Sahaja Yogi: Mother, these, these are gross people and... they, the general feeling amongst them is that if it's Indian it's got to be a cult.

Shri Mataji: Who?

Sahaja Yogi: Because it's Indian, you see? Because You, because You, You took Your birth in India..

Shri Mataji: No, no.

Sahaja Yogi: They're seeing around this...

Shri Mataji: What about the cults they are having in America and all over?

Sahaja Yogi: Yes, well, they see the Maharishi and they see the orange guy and they just think: "Oh, it's just another one!"

Shri Mataji: You see, you must talk about India.

Sahaja Yogi: It's just what they say.

Shri Mataji: That India is the place which has the roots and we are offshoots, no doubt about it.

Sahaja Yogi: They don't understand at what level they are.

Shri Mataji: Yes, it is true. India is not all cult, is not all cult. There are real people and there are unreal people. And the unreal people are in the market. Mataji is not in the market, She is a temple in the market. This is the difference. She is not in the market, She is selling nothing, you see? But, She, the temple had to be established in the market because in the market people were looking in the name of God. So She's the only guru who has come, who is a real person, who is a realized person, who is not a cult person, but has come to the market and is the temple, which is a more difficult thing. And you can say, "We have seen, actually with our own eyes the Kundalini rising. We have seen people being cured of Sahaja Yoga, getting out of the hospitals, how are we not to believe in?" By Sahaja Yogis! Christine has cured one blood cancer now. They are very confident. Not that only I have cured, but Christine has cured now, Christine and... What's his name, another one? They have cured it, so you cannot just say... Herman. But you can also cure. "So this is not a cult. Our health has improved. We have given up all old habits, alcoholism automatically; we are saving money, about every way we are better off. In the cult this doesn't happen, only you start behaving in a funny manner, everybody is becoming strange. We are very normal people, we are not strange. On the contrary we have drop out all our strangeness. Cult is a strange thing." But if you walk anywhere you will not be called strange at all, on the contrary, you'll be called very healthy and happy people.

We went to one, one shop in Italy. The lady of a very big shop, you see? As soon as she saw, she said, "Ha, ha, come along." Yes, she did not know what was happening to her. "Ha, please come in. Oh, come along.. I am very happy. Come along." She didn't know what has happening to her, you see, the way she was expressing herself, so funny. And then, in France this happened, and then we went to another shop. They said, "You people look so very happy, very happy, relaxed people. So who are you?" And one man who saw Me at the airport, you see, he was from Congo, and he just followed Me. There were three, four others who followed Me, and they came to the airport. And we were sitting at the airport and he asked them - he is from the Ministry of Industries from Congo - and he asked, "Who is this lady?" "She looks so serene and you people look so happy, what is all this going on?" And now, then he went to the ashram; now he is going to take it to Congo. So you must say, "Either you are seekers or you are not. If you are, you must seek it, as we have sought. We went through all these nonsensical things. We have just to come to tell you because you should not be lost." Yes.

Sahaja Yogi: I still see divine light before [the whole thing], Mother, and I was talking to them about what You keep on saying about the experiences...

Shri Mataji: I can't hear.

Sahaja Yogi: I was talking to them tonight. I'm trying to sort of getting them to come to the Pavilion night...

Sahaja Yogi: Speak of [British], Mother.

Sahaja Yogi: I was trying to expose the meeting, Mother.

Shri Mataji: Yes, I know.

Sahaja Yogi: And they said something like "Oh well, we've heard all these stories about how, you know, people have blockages in their chakras and they start to shake and that. How do you know what's happening in all this sort of thing?" Could You give us some sort of good, rational counterarguments against that? Because they are so obviously into their guru that they think that theirs is right and if you feel pains in the chakras they said is because you're all blocked and not them, you know?

Shri Mataji: It's very simple. You give yourself a bandhan and you can discriminate. If you just give yourself a bandhan then you can discriminate.

Sahaja Yogi: Yes, but to that, to satisfy their minds, you know...

Shri Mataji: No, it should be clear-cut to you also, isn't it? So, if you give yourself a bandhan, you can make it out.

Sahaja Yogi: Yes.

Shri Mataji: You can go and talk to them. You should say, "In any case, you come and listen to Mother; She'll tell you if you have any problem. We may be not so good as yet, maybe. But we definitely feel. We have to still learn because we have to become and know all the technique." So, that's what you should accept a situation - may be that we do not know. Just you give yourself a bandhan and you'll know. And afterwards you don't have to do that also, immediately you know what is yours and what is theirs. Why are you not going and talk to them? You take one or two people from here, again. Suburb and London people can go, senior people can go and say. Oh, but none of them have come here from... Gavin, all these people, anybody. You can go and talk, all of you are quite senior that way. You can tell them that you can put yourself into chakras, you can feel it. All right? If there are three, four people then if one is too much, you see, because they are negative people. So they try to, sort of put you down. But if there is one person is like that, another person can stand up and say, "This is this." Another can say, "This is this." That's how. But there should be no quarreling among Sahaja Yogis there. That's important. Otherwise it would be ridiculous. But that's how it will be, that you can make out.

Sahaja Yogi: Mother, You also focus in Your attention on the front person, aren't You? By putting the attention, and then if you catch...

Shri Mataji: Yes, that's wrong. My attention is there on Brighton, no doubt, but what I'm saying that, you see, you are the channels now. You have to do the job. You see, I am the source but you have to be the channels. Channels have to be all right. Say for example, look at this, Truth is what you [use]. Is your great Brighton. Hmm, now better. Better now? It's all right? How is it? And when they ask you such questions also, you should say, "But you can't even say those blocks, anything; you cannot see anything." You should say, "You have not even seen with your naked eyes the Kundalini rising, nothing. We have seen it". At least you see you are progressing. "Maybe the knowledge may not be complete, but we are seeing that. It's actualization, is not just talking, you know?" If you take three, four people is always better in an argument. You should say, "Look, you want to achieve it or not? You don't have to pay anything. Nothing to be surrendered, nothing. Just you have to come and see for yourself. After all, what is She going to gain out of you? We have to gain out of Her. So why not?" Better. You have to tell them about the concern that you have. You should say that, "You are not going to get it. That's not the way. You are not manifesting any of your powers." If we are, technically all right, - one person can be all right, technically, who understands the technique, the divine technique - another who can argue it out, another one who can talk about other gurus, and things like that, three, four people. You must all have a proper training center, I think for this. Sit down, talk, talk, find out how to propagate, how to talk. All these things you have to do.

You see, like Warren has done that and it has worked out wonders. But you see, Warren himself got into it too much and he really learned it. Just gone into it, find out what is what, what is what, what is what. That's how he can do it much better. Got all Sahaja yoga books, this, that, everything. And worked it out, found out this, that, every kind of a combination and these things. And then also, when you start doing that, you get the knowledge. The Advent, our Gregoire has written, and I asked him, "How did you get all these quotations?" He said, "I just got it. When I was writing, they just came to me either I read it in the book or in a newspaper, suddenly at that moment only I got it." So that's how the knowledge comes to you. Like today only I bought a nightdress for [Shonu] or something, so Ruston said, "Mother, you never wear". I said, "No, I don't. I wear sari." He said, "I know because the Devi is not supposed to sleep in the nightdress". Devi, you see? Twenty four hours I am on duty. When should I undress Myself? It's correct. He told Me this, that, "How can a Goddess be undressed in the night? Because She has no night and She has no day." The way he has studied it is really remarkable, you see? The way he has studied all the names of the Goddess, the meanings and all that, you see. gives you such tremendous strength, and the identification with that. He said, "How can the Goddess retire? She has no retirement. When She sleeps, She's working harder, still." Is a fact. And all this understanding comes by identifying yourself with the Creator. Because superficially it looks odd that I should sleep in a sari on, you see.

But if you fix one point, that whatever Mother does is a divine thing, then everything starts revealing to you, why She does it. Now



this thing like Coca Cola. I, I, first I never used to take it. Now, there's something gone better out of it, something has been removed from that Coca Cola, which was wrong there, now it can take [in]. Never used to drink any Coca Cola. In small things, in big things, you can see today you see, at one point only I said, "I think you are going in a wrong direction." On one point only I said. Of course I told him by what way to go and all that. But just one, and that was the point he made a mistake. Many things I have to do. I have to manage this big stuff, you know? It's a very difficult task. To be a human being is the most difficult task I see. But I am managing it quite all right and you should use that. You should use that to camouflage Me, in the beginning; very much. You should say, "Just like us, She is absolutely human. She drinks tea, She sits with us, She talks to us. It's nothing like that, and we know what we are doing, every word. In only a cult you become fanatic and you don't know what you are doing. It's not like that. We know everything. We know how people are mesmerized. We know what chakras are... We know everything about it. Cult is ignorance, this is knowledge." "And we don't want you to be unfortunate people". We don't want you to reign yourself in complete terror and... to be under the reign of terror and agony and frustration...

You should ask the people who were there for twelve years, thirteen years, all these movements, "Where are they?" "What has happened?" They are only in Sahaja Yoga. Most of those senior people of all these gurus are in Sahaja Yoga. Charismatic movement. You should have seen the charismatic, bapre [oh, my God - Hindi]. The fellow went into... You were not there.

Sahaja Yogi: I don't know.

Shri Mataji: In France, they went into a big... we've never seen such an epilepsy. For how much time, do you know?

Sahaja Yogi: Long.

Sahaja Yogi: More than half of an hour I think.

Shri Mataji: At least half an hour.

Sahaja Yogi: Yes.

Sahaja Yogi: It's crying, and sick and everything.

Shri Mataji: And apart from that the whole body was shaking.

Sahaja Yogi: In total convulsions.

Shri Mataji: And he got cured. I just yield to him, "You get up now."

Hello. Is Jason here? Yes. Oh, good. Hello, Jeremy. How are you? Good? Daisies and daisies, these days. Just see. I've never seen a daisy like this before.

Sahaja Yogi: Mother, can you take?

Shri Mataji: What a color! And here the Sahasrara is very strong, do you see that?

Sahaja Yogi: Beautiful is that. And daisies are very fragrant these days, very fragrant.

Child: Nanny's (Grandma - Hindi) name is Daisy.

Shri Mataji: Hmm, that's why. They all know. The daisies have the greatest variety now, I think. I'm going to see in the... I don't know, when are they going to have that... Chelsea Flower Show. Next week? Next month? A week or I don't know when?

Sahaja Yogi: It's in May.

Sahaja Yogi: Very soon.

Sahaja Yogi: Very soon, Mother. This month.

Shri Mataji: They were building up all these things, today we saw. But maybe next week, maybe. You should say, "These arguments have no meaning, doesn't give you any strength. Don't be misled. It's not good. You see, you can brand anybody as cult, but what you will get out of it, you see? There is no money, there is no organization, there is no membership. How can it be a cult? And we are very normal people. We are not strange. First thing is they should be strange people doing something strange. We don't do anything strange." They might say that you move your hands and things. You should say that, "When the power starts flowing from our hand, we have to use our hands; we can feel the power flowing". All right? When did you go? To see whom?

Sahaja Yogi: If I [might], I just saw them, I didn't go to see them. It just has happen to see them. I didn't go to see them, Mother. They just happened to be there, at the time I've just... was passing, at the same time as they were. So we got into sort of natural talk, you know.

Shri Mataji: You go, go and talk to that fellow, who is he? Malone or whatever it is. What is his name?

Sahaja Yogi: I've been working on him, Mother. Talking with him a few times. His name, his name is John Noyce, Mother. His name is John Noyce, Mother. And...

Shri Mataji: Let him, let Phil and all these people go and see him.

Sahaja Yogi: Yes

Shri Mataji: Good idea. Nick is there, anyone feels normal. Take three, four people and you talk.

Sahaja Yogi: Yes, Mother.

Shri Mataji: Danny is there. Now, anyone. And need not be people from say, from Brighton. If you are from the same place nobody has any respect for you. You should take people from... These are all human psychologies. You must work it out. I think I should sleep now, 11:30. All right? [Hindi/Marathi] You see, if you have the caliber you'll get through, you'll see. Not the heart. If you say that, you'll hurt them. But it's a caliber, you see. "That's true, but one has to have that caliber, of a seeking. If you are superficial seekers, then it's rather difficult I think, it's better... But if you are deeply seeking, than it works out, no doubt. We have seen that." You cannot say you, but you should say, "We have seen some people, you see, who are very superficial type. They really do not stick on. They just get out. But we have some people of very high caliber. They just come into it and they have the pattern, they just fit into it like that. It's a fact. We are not telling lies, you see?" But this will put up their challenges and they will be better off. All right, so if you don't mind... I wanted to have a bath; now I'll have it tomorrow morning. I was saying that tomorrow morning these children would like to go to the children's this thing or something? You liked it?

Sahaja Yogi: Very good, Mother.

Shri Mataji: I told her. She, she took so much interest in Me, suddenly. We were on the same table, she was just facing Me and there were other eight people all together, small table. But she took so much interest in Me, I don't know why. She asked Me several questions, different, different, so many questions she asked Me. And one of them was... She asked... I told her we were very happy, Indians were very happy when you said nice things about the Indians settled here. "Oh, I mean it, I mean it. They're very spiritual endowed people, you see. How we live our life - we have made a mess of our lives - they are sensible, their children

are educated, they are very solid people and they have, they have lot of, they have given a lot of contribution to the growth of this country", she said. So she said, "How do they manage this spiritual side, you know?" I said, "It's like a, your developing is that of the shoot I think, and we are on the root's side perhaps". "Oh, must be that." And then she has asked another question to them, "I've seen people who are academically very good, you know. They, I don't know, they get western sometimes. I don't know what happens to them. They are very good as individuals, they do very well. They're individualistic but what happens to them later on, I don't know in life. So she asked them, "They say, there is somebody saying... "

## 1982-0513, The Left Side Problems of Subconscious

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13 May 1982

The Left Side Problems Of Subconscious

Public Program

Christchurch House, Brighton (England)

Talk Language: English | Transcript (English) – VERIFIED

Public Program Day 1, "The Left Side: Problems of Subconscious". Hove, near Brighton, UK, 13 May 1982.

[First three minutes are without sound]

But as I told you there could be good conditionings. In the way, in the same way, you can have good habits and bad habits. If habits inhibit or obstruct your ascent, they also can help to stabilize you. The conditioning comes to you from the matter with which we are dealing every day. When a human being sees the matter, he aggresses it and he wants to use that matter for his own purpose. He changes the forms of the matter for his own purpose. He starts getting used to matter as comfort, or as a help or a guide in life. The more you start depending on matter, the more your spontaneity is finished, because you're dealing with the dead. Matter, when it is dead, then only we deal with it. When it is living we are not so much bothered about it. So the deadness of that matter settles within us when we start using that matter for our purpose.

But how are we to otherwise exist, is the question people can ask. If God has given us this material things and this matter to be used, are we not supposed to use them? And are we not supposed to enjoy them? But we don't enjoy really.. Before realization you cannot enjoy any matter. You can only form a habit and may become a slave of that matter, before realization. It's a principle of, fundamental principle of economics that wants in general are never satiable. Means today you want to buy something like a carpet. All right, you bought it. So now that carpet becomes a headache, because it's your possession, you have to look after it. You have to insure it, you have to worry about it that it doesn't get spoiled, first of all. And secondly you really get into another mood of buying something else. Now you have bought the carpet, finished. Then you have to have something else, then you have to have s.th. else, then you have to have s.th. else. So it does not satiate you; it does not give you the joy. Matter can never give you joy. It's the Spirit that gives you joy.

And when the ascent takes place, when you become the Spirit, then matter takes another value system within ourselves; the value system of matter is very different. As I'm sure Jason must have told you that when you get your realization, then you start feeling the cool breeze in the hand. In relationship to matter it's very helpful to be a realized soul, because immediately you know what is good for you and what is bad for you. For example, you eat something that's not good for you: Immediately you'll lose your vibrations and will become hot. Even looking at it, it may happen. You want to sit on a chair on which somebody who is a very wrong type of a person has sat, immediately you'll feel, "Oh, something wrong in this place." With your vibrations, which is a definite thing, an absolute thing. And this conditioning can only be over – these habits can be overcome only if you become the Spirit, because Spirit is always dominated by the matter. And the Spirit has to overcome that domination of the matter.

Actually, Spirit cannot be dominated by anything. But what I mean is that it is covered, like the sun can be covered with clouds. In the same way all our domination, or we can say all our enslavement of the matter, makes us dominate our Spirit in the sense that we cover it up. The clouds are there, we can't see the Spirit. We can't feel it. The spontaneity which is the beauty of the Spirit we do not feel in a person. So, in judging a person, what do we judge? How that person looks, what dress he's wearing, how he walks, what are his formal ways, does he know how to say "Thank you", "Sorry" or not, you see? All these things impress us very much. What sort of a car he has, what sort of a house. Maybe we may miss, we may miss a saint. We may miss Christ again because He was a carpenter's son. How are we to know who is Christ? Is there any way of finding out who is Christ? Many people are now talking "Christ is going to come, He's going to come on the television." You can put up anyone there as Christ. How are we going to make it out? By His dress or by some sort of a thing they have done? Most of the paintings of Christ and most of His statues that I've seen are no where near Christ, no where near Christ, you see. They are horrid things. I don't know

what are they.

So how will you make it out that this is Christ or not? Or this is some sort of a hokus pokus fellow or some sort of a person who has come just deliberately to delude us from reality. There is no way out, to find out what is the truth because we are so much used to material forms that we have. For example, our idea of art also is in the same way moulded. We like this kind of art. If you ask them, "Why?" "Because, you know, this has this kind of a thing – harmony", or maybe, "this is more proportioned" and all that. But how do you know?" You know because you've read certain books or maybe that you have understood from somebody else that this is art, this is beautiful. I mean, you brand something as beautiful, but is it really? If it is beauty, it should be Spirit, because Spirit is beauty and beauty is Spirit. So is it, is it beauty? How do you make out that this art is beautiful or not?

For example, according to all normal ideas of womanhood, I don't think Mona Lisa is a beautiful woman. I mean the way these days you see mosquito-like women are regarded as beautiful. So how they call Mona Lisa so beautiful? What's in her? Thousands of people would be assembled to see that painting Why? What has that? Only vibrations will tell you that it emits vibrations. It appeals to your Spirit without your knowledge. You're not aware of it. It appeals to your Spirit. That's why universally that painting is appreciated. But when this conditioning becomes collective, any such conditioning becomes collective and you accept "This is the form that is beauty; this is the form that is reality; this is the form that is spontaneity", then the confusion starts. The confusion starts at that point, when it becomes a collective thing.

For example I met some people of some gurus. When I asked them, "What makes you think that your guru is truthful, what has he given? He said, "Because sitting in my chair I just start jumping by myself. I don't do it but it happens, it's spontaneous." And in My presence, the way his body was moving was so horrifying. Anybody would have tremendous compassion and concern for such a person, that you can't sit for five minutes straight ... Woman: Excuse me, it wasn't spontaneous, it was nervousness. Yes, that's what I'm saying ... Woman: You're very wrong in what You talk. What? Woman: About everything. From where do you come? Woman: Up the road. That's it. Better go. Woman: Don't worry. I am. Look at that. She'll go to the pub now. Must try to understand the subtleties, you see? If you are confirmed with what - Now supposing somebody starts jumping in the thing and he say's, - as she says it's true, nerves, that means you're not in control of your nerves, isn't it? Don't you think so? You're not in control, you have not controlled. Spontaneity is a thing which is not the thing that makes you a slave. This is the point I'm trying to bring. It doesn't! It makes you a master. Spontaneity must make you a master and not a slave of anything. She must have come from TM because TM people jump like that. And they end up as epileptic people. I have cured so many of them. I don't know if someone has come from there. Even the head of their academy in Scotland, the flying squad academy, as I call it, where people pay three thousand – now this gentleman sitting here is one of them who suffered. When they suffer then they know what it is. The other day we saw somebody with epilepsy of such frequency. The poor child, he was hardly twenty-six years of age, young man, supposed to enjoy his life, was going into such trauma, you can't imagine. And if this is happening to somebody going to a guru, you paid for it, how can it be anywhere near Spirit?

This is what I'm trying to tell you, that Spirit gives you spontaneity in which you are the master. You are the master of yourself, complete master, no enslavement of any kind, no habits formation coming. All habits drop out. You become so, so spontaneous that I don't have to tell you. You just drop out all habits and you become a master of your self. That should happen to you. Instead of that, if you indulge into things which enslave you, you will like it for a while because you can't help it. But if really sit down, you will know that it's not the thing that you wanted. You wanted to be the master of yourself.

Now here in this map as we show we have two powers, left and right powers. The left power is the power that gives us conditioning – left side, the subconscious, the collective subconscious. That gives us the conditioning. Now, if you try to deny all that, then the right side is even worse. It gives us action, but with action we can become very ego oriented. So both ways it can be troublesome. Supposing you say that "All right, I have no conditioning of any kind. What's wrong in doing this? What's wrong in doing that?" And if you just move with that idea, with that freedom, it will be abandonment, it may not be freedom. Because freedom must have wisdom behind it. So both the sides, the movements on both the sides are wrong. So what is all right, In the center? Is not to get conditioned by anything and not to be ego oriented. But how to do it is the problem. The problem is how to do it. To be spontaneous is to be absolutely free.

Now I would consider these two powers as say, a brake and an accelerator in a car. Now you use both the powers. You use the brake first, you use the accelerator. You try to control these two powers. But, first of all it is difficult to understand how you can use these powers. Gradually, with practice you'll do it. You know how to drive the car, you become the good driver. After becoming the good driver, still you are not the master of the driving. But then you become the master. So, today the master within us, within us is the Spirit. But before realization, we are not the master because the master has not come in our conscious mind. It is not expressing in our conscious mind. In the sense that we are not empowered by its powers.

The Spirit exists; It has Its own powers. But we haven't felt those powers within us. Once we feel the powers of the Spirit, we are empowered by our own powers which are there. The powers are within us. These are our own powers. We don't have to borrow from anyone, ask from anyone, they are in ourselves. The Spirit is within us – only thing that Spirit has to give light in our, in our consciousness. It has to come in our consciousness.

In simple medical terminology we can see, say, that the Spirit must manifest Itself in our central nervous system, in our central nervous system, so that we should know what we are doing. Not that we start just jumping on the, on the chair, or some people said, "Oh, we just start doing it." It is hypnosis. It's not correct. You are not in conscious mind. You are doing it out of hypnosis. Hypnosis may be coming from outside force. It's not your force, your awareness, your understanding, your power. It is somebody else's because you're not doing it. As matter has a power to overpower us, in the same way there are some material things, I should say, which are very dangerous, which are placed. For example now cancer, take cancer, cancer overpowers you. It's a very serious thing. Cancer overpowers you; you cannot overpower cancer. Take a very concrete example. Now how is it caused? Doctors say this way, that way. We, Sahaja Yoga can cure cancer, definitely, hundred percent it can cure, it has cured. Many Sahaja Yogis have cured cancer. How? Is very simple. That you become master of yourself and you master the disease also. You master everything. Because the master is within you, it has not come in your conscious mind is the only link is left, and when that happens Yoga takes place, union takes place. We should now completely keep ourselves limited to Self-realization, about God I'll tell next time. Self-realization means to bring your Spirit into your conscious mind. Now how cancer is caused? Let's see here what happens. It is caused by left-sided activity. Now left sided activities are emotional traumas, emotional problems, emotional upheavals, emotional insecurities – any kind of insecurity can take you to the left side. Little more movement can be these horrible gurus because they hypnotize you. They put you to the left. They put some spirit in you or I don't know what they do, but they put you to the left. Any one of these activities which are not authorized by God, taken to, you go to the left side, because you cannot ascend in the center. So either you go to the left or to the right. When you overdo these things, like black magic - you have another thing here I've heard, some sort of a organization head - and the fellow you see, he used to - everything he saw moving in the house. He came to Sahaja Yoga and his water jug was moving there and this was moving there and he couldn't explain what was happening in his room. He was sitting down and he found something moving from here to here. It happens. What is that? What is that doing this kind of a thing which you cannot control. Again we come to the same point – something you cannot control. So you enter into the realm, into the realm where you are controlled and you are not under your own control. And that realm, when you enter in, I have always seen all the cancer patients are the ones affected by this. Most surprising. They are not aware; they do not know how they get into it.

For a lady, supposing, say she's suffering from an insecurity about her husband or maybe something, or maybe she thinks that her husband may leave her any time. She loves him. Whatever it is. Such a woman might get a breast cancer, because the insecurities set in, in one of the centers there which you can see here, the center of the heart - Center Heart, as we call it. Now if this center goes out of order, if a woman feels insecure for anything whatsoever, she's capable – she's vulnerable to be attacked and she can get into cancer.

So we have to understand life in totality, and not in one way. The total impact of life, the total effect of life, the total relationship with life must be understood. Now no doctor knows this. Will he know, when he treats the patient for, say breast cancer, will he know that this lady is insecure? There's another disease – anorexia – many girls suffer from it. They don't just eat. They just give up eating. Now, you do not know why it happens. Doctors can't cure it; nobody can cure it. What is the reason? The relationship of a girl, of a daughter with the father. Say father dies and the daughter doesn't see the father, or she, in heart she loves the father but she doesn't express it, or there's some bad relationship that comes between the father and the daughter, you

get this trouble anorexia. You'll be amazed but it is impossible for doctors to get – we have some doctors sitting here – it is impossible for any medical science to go near it. Because they do not see a human being in its totality. It's a very delicate instrument God has created. The way we are harsh with others, the way we sometimes try to trouble others, try to make others feel insecure are unfair, unjust. Without our knowledge we really give them a tremendous insecurity. And such insecurities can work out incurable diseases of which we are not aware.

So to understand the totality, what should happen to us? We should achieve that state where we can see the totality. Like if I have to see now, for example, the whole of Brighton, what should I do? I should go on a plane and see it from that height. I can see the whole. In the same way in your awareness, in your understanding, you should rise to that point from where you can see the whole. If you cannot see the whole, the partial vision, or we can say, a little that you see can create confusion, can create problems and some of them could be of a very, very serious nature. Because as human beings, we do not know what are we. This is the greatest problem of human beings, that they'll say, "I don't like it." Now which one is this "I"? Is that your Spirit, or is that your ego? What is the part that is not liking it? Or is it your conditioning, because you're brought up in a particular way so you don't like this? Which part of you is not liking it? And you'll be amazed that it is not your Spirit. Because if Spirit likes, how will you know? It's only through your vibrations. When you can feel the vibrations, then only you will say, "Yes, my Spirit likes it", because the vibrations have emitted.

So we are still in a transition state as human beings. We have not achieved that state which is called as the state of Self-realization where you become the Spirit - the becoming is the point. Where you become the Spirit you know what you like. You really know what you really like, because you are now the reality, you are not any conditioning, you are no more an ego but you are what you are really, and that is your Spirit. And surprisingly this Spirit is a collective being, is no artificial collectivity within us, that also "All right, we belong to all Brighton so we are one" or "We belong to one street so we are one." It's not like that, but is something that you are, absolutely you are a collective being! And you start feeling that collectivity within you with these different centers working it out. And you can feel it - others, you can feel others on your finger tips. Can you believe? In the Bible it's written that your hands will speak. The description of these days is that your hands will speak. Why not people go and find out how does it happen? How can your hands speak? This is what happens that on your finger tips you start feeling and understanding what is reality, what is beauty, what is joy, what is love. This is the left side which we get, and ultimately with this left side problems we get physical pains.

It's very painful to have left sided problems – it's very, very painful. The pain cannot be explained, no one can understand, nobody can cure it, you can't tell anyone and people think that you are fussing, they give you psychological treatment. You just don't understand why this pain is within you. And this pain comes to you from left side, the subconscious. The beyond the subconscious is the collective subconscious, and this collective subconscious is the one where, whatever is created from the beginning up to today in the creation is within you. And once you go to the subconscious, you just get lost there. You are so overpowered by this power of subconscious that it is beyond you to understand it, beyond you to get out of it and beyond you to – not to succumb to it. And it goes on increasing.

Like I asked some people: "Why did you go on doing it when you knew that you were not doing it, somebody else was doing it? Still why did you continue to do it?" They said: "Mother, we were under the blanket, it was darkness, we didn't know where we were moving and were just going on and on and on."

And as I told you last time, feeling guilty is the biggest blockade. Is the biggest blockade because once you start feeling guilty that- this center on the left gets blocked and the – it's very difficult. And you don't know why you are feeling guilty. All the time you're feeling guilty but you don't know why you're feeling guilty, why these ideas of guilt are coming to you, that this feeling of guilt keeps you away from joy, from enjoying anything, from being spontaneous. Why? And this explains why we sometimes are miserable for nothing at all. Actually, God has not created us to be miserable. He has made us so beautifully, so carefully. He has created us with such love and compassion, not to make us feel miserable, not for anything. He doesn't give us any diseases, no problems. But we have done these things to ourselves by going to extremes on the left or the right.

As I am today talking about only on the left, I would say that to feel miserable for nothing at all is also wrong, is being unjust to

yourself. The people who are left sided must know that they are the Spirit, that they are that beauty which has to come, which has to express itself. That they are not the people who have to suffer all the time and to live like miserable people. They are not. But because they take so much upon themselves, bear so much upon themselves, they become like that. And to avoid that bearing up they may take to some other habits, you see. Many people take to alcohol also for reason because they can't bear the pangs of life, they can't bear it. That's why they take to it. But once the Spirit is awakened within you, you become so strong, you become so joyous, so spontaneous that all these things drop out, all those things, so-called diseases, so-called habits, just drop out and you become a new, blooming personality.

Now the basics of having this center within you – you can blame God for that, "Why did He give us these centers on the left hand side, what was the need? He should not have given these left sided ones, so we would have been just in the center to go." But the trouble is, the human beings have to know in their own freedom, how to deal with themselves. They have to learn little hard way the wisdom. They have to know by going to extremes they have suffered. They have to realize it because if they have to become truly, absolutely free they have to rise in their wisdom. If they're not wise people, then they cannot enter into the Kingdom of God because they'll be abandoned people.

Say, people who are abandoned, who don't understand any laws or regulations, if you get them in England, we'll have to put them in jail. In the same way, human beings who have not got that wisdom within themselves – through sufferings only one learns, but we should not ask for suffering. When we ask for sufferings, we are asking actually for mistakes to begin with. How will you suffer if you do not commit mistakes? So when we ask for sufferings we are committing mistakes. So what we should ask for is nothing but our Spirit. And if you ask for your Spirit, it is your own and you have to get it, it is in your own right that you're going to get it. Is no way that I'm obliging you or doing something special for you, it's all there. You are like a light which is just to be enlightened because I'm an enlightened light and you become an enlightened light, you can enlighten other lights also. It's very simple. If you become an enlightened light, you can enlighten others. You don't have to bother about anything else then. You become an enlightened light yourself, that's the point. It is all there, it is all your own, you have to just have it. It is as simple as that.

There is nothing very complicated as these people make it or anything that these philosophers have put before you. Nothing of the kind. It's very simple, it is within you, it is spontaneous, it is a living process, as in living process you have become human beings, you are going to become super human beings. It's absolutely spontaneous, you can't pay for it. How can you pay? I mean, absurd it is! If it is a living process how can you pay? How much do you pay to the tree to grow up? I mean in anything living, do we pay anything? How much do we pay our nose to breathe? Can we pay for it? It's absurd, it's ridiculous. Can we pay for it? We cannot, it's a living process, we have to become, an egg has to become a chick. Now how much do you pay an egg to become a chick? Or how much does the egg pay to the mother for becoming a chicken? It's that ridiculous, but we never understand that living things are so spontaneous. We never see living things, we live with matter, we live with the dead, not with the living things. If you start watching a tree, you start watching a flower, how it becomes a fruit. You can't even watch because it does it so slowly, you can't even watch a flower becoming a fruit. Suddenly you find all coming up. Like when I came to London from India I found all the trees were bare, absolutely like dry sticks, absolutely like dry sticks. Within a week, what I find is the green coming up; and within second week it was all lush, you can't believe it. We never even notice, we take it for granted, it's happening. How does it happen? It's a miraculous thing. If you see it, it's miraculous! How these flowers, for example the particular flowers are only on a particular tree and others, another, are on another tree. How does it happen? Who chooses them? Who puts them in proper shape? Who organizes all that? And this is what one has to realize and that is the All Pervading Power of God that does all the living work. And once you become that – the Spirit – then this power starts flowing through you. You feel the power through you as Christ was touched and He said some power has gone to someone, like that.

You just become a medium of that power flowing. But you are empowered to manoeuvre it, to manage it, to understand it. You know completely about it, you know how to give it, you know how to work it out, you know how to cure others, cure yourself. You know the complete working of your machinery. Apart from that, you get the powers to overcome all the problems of your own machinery also. It's so fantastic, whole thing sounds very fantastic because we have never seen this before. But to us it doesn't sound fantastic when we see all these flowers suddenly turning into fruits. It doesn't sound. But we see human beings turning into fruits, then it sounds very fantastic, "How can that be?" It has never happened before. Only one person would get



realization and it was such a difficult thing and nobody got it. How is it today? I say, it's the blossom time, which is been promised, which is been already prophesized. Even a great poet in your country, William Blake, has prophesized it. He said these times will come, when men of God will become prophets and these prophets will have power to make others prophets. I mean nobody could be more precise than Blake, I tell you. He was so great to say this will happen and this is what we have to expect. when we go to anybody for seeking. Have we become prophets? And what is a prophet? Prophet is a person who is a collective being and who knows all about it, who is the master.

We call prophet a master. And that's what you have to become: The master! And that mastery is very simple because it's all built within you just it has to be connected. Like anything like a television set is to be connected to the mains, it's all built in, it's there, it just starts working. In the same way you are that, you are that. Just it is to be connected. Whatever may be your caste, community, race, nationality, shapes, heights – anything whatever you may be, makes no difference because all of you have got this great thing within you, this power of a rebirth and you are to be born again, and you will be born again. Why not today?

There's nothing to get angry, because people get angry sometimes because they don't like anybody telling them about something which - of which they themselves are feeling bad. They don't like it. For example if there's a drunkard and he drinks too much, he's an alcoholic, he doesn't like it and he feels bad, and if somebody tells him, even in the most gentlest way that "You'd better give up drinking", he doesn't like it. But what I am saying is not that you should not do it, I said it will happen that it just drops out. I don't say, "You don't do this" or "Don't do that", but it just happens. And you must first understand what is the problem and how the problem is overcome. That's why I have to talk, otherwise there's no need to talk about it all, it just works out. It just works out because you are just ready to have it and you just get it. I don't do anything. I'm just a catalyst, I should say that it works out.

I hope you'll ask Me some questions about it first, before we go in for any realization. If you have any questions, please ask. You must ask.

Yes? Man: Is there any difference to what You are saying and what guru Maharaji ... Who? Man: Guru Maharaji Now, I'll tell you one thing. When you talk about any guru I don't want to go into controversies. All right? That's first thing I'll tell you. But I will tell you to ask yourself or ask anyone, What has he done for anyone? Has he been able to give you any power, or anyone the power? All right? Now, I can tell you all these who are here who are realized souls who are here, they are just like you to look at. Of course from face you can make out that they're very relaxed and very happy people. But they can cure people, they can give realization to people, they understand everything that is wrong with you and with themselves also. So what has he done to your awareness? Nothing.

Now, his disciples, what have they achieved? You ask them, "Where is the Kundalini of this person? What is the problem of this lady or what is weighing upon her mind?" They won't be able to say. If you cannot even make out what's wrong with another person or with yourself, how are you going to help? All such people, what do they do? Let us see. Simple thing is that they can mesmerize you. You may feel happy for a while, it's just like drinking, you know, if you drink, you feel happy. But, by drinking, what have you achieved? Have we become masters? All of them are like that. You see, this gentleman, so obviously because he asked for Rolls Royce. What is a Rolls Royce for a prophet? I mean what does it matter? You see My point? This is so obvious, I mean this is so logically obvious. First of all, anybody who takes money from you is a parasite, simple as that. And to ask for Rolls Royce of all the things, can you see? You have got Christ. You can see from Christ's life. Will He care for your Rolls Royces?

To such a person - He's a king, He doesn't bother whether He has a Rolls Royce or not, whether He sleeps on the ground or not, makes no difference. Such a person doesn't care for anything, because He is in comfort, He's got His own comfort. He is a man of Self-respect. Do you think will He ask for anything whatsoever? I mean it's so obvious, for you people it is so obvious. But when I talk to some people of this guru, the particular one you are telling Me, they said: "Mother, we gave him the metal and he gives us the Spirit." Can there be an exchange? Can you purchase your Spirit? Use your logic, all right? God has given us brains to understand, logically we can use that. Can you, can you purchase, can you purchase the Spirit? Isn't it so simple? We can't pay for it, My child, we cannot.

If you want to give Me a flower, all right. It's just an expression of your love, and that's all. But you can't purchase Me. You can't. Your love can purchase Me, all right, that's different. But you can't purchase Me with metal and money, can you? What is a Rolls Royce? I mean I don't know what are all these crowns and things. What are they good for? They don't give you joy. Go and ask the people who wear the crowns. The other day I was with Mrs. Thatcher. Poor thing, she was so miserable. Yes, she was! You know I tried to sort of put her down, her vibrations. She was very miserable. We were just across the table talking to each other. And what I was doing was to balance her - poor thing, she was very, she's very upset. So, you must understand, you are too simple people, you are seekers of ancient times. You are not seekers of today, you are seekers of ancient times. And this time has been promised to you before, also. And now you have to find it. Now you must keep your logic straight forward. I mean anybody who asks for Rolls Royce, I mean this is one of the stark examples I would say, cannot be any guru. It's the starkest one, absolutely one of the ... But there are subtler ones. He's not so subtle. You will get out of it in no time, I know, all of you. But the subtler ones are even worse. Some of them may not even ask for money, may not. I don't know of any, but there may be some because I heard about someone who doesn't now take money, in India. He has made money here and now he's gone to India and he doesn't take money from them. But the one who has really not taken money, one person whom I know, has been using women. He's not interested in money part, he's using your women. You see so this is what it is, you must understand. His interest is not in your Spirit, but in your purse or in your women. Imagine. How can holiness be combined with these dirty habits of people? That means they themselves are under the control of their desires which are anti-God.

These are all anti-God activities. And you people being so simple hearted, I tell you, you're so simple hearted! If you tell an Indian that a guru takes a Rolls Royce, he says "Eh." Immediately they'll cancel. They know this guy, How can they? Nobody will give to any guru in India. Gurus have to pay people sometimes first to entice them. Westernized Indians, it's different; but those who are real Indians, they, you see they are - people live with the mothers and they know what is what, you know. Nobody can befool them, they're very practical people. Yes, My Child? Woman: Can you be healed through faith? O, the faith is two types, with what we call in Sanskrit is 'Shraddha', is different from what you call as faith. In English they use it as "blind faith" and another as faith. All right? We can make it like that. Now, the blind faith is this, that "I have got faith in God and God will heal me." This is one faith. All right? Another is a faith which is enlightened where I say you are the Spirit when you are connected. Now, if you say that "I have faith in God", you shouldn't feel hurt when I tell you the truth, all right? Because if it is a blind faith means that you are not yet connected with the power. Not connected.

See, now supposing I start saying, "Christ, Christ, Christ, Christ!" Christ is not in my pocket. I can't even meet a prime minister or a queen without having a protocol or a connection or some sort of a, you see, position or, we can say, an authority. Isn't it? Now when we talk of anyone like that, some people go on saying, "Rama, Rama, Rama, Krishna, Krishna", You see, these are all incarnations and Christ is the Son of God. He is the Son of a King and you just can't meet Him. You can't just call Him. He's not at your beck and call, He's not your servant. All right?

Now, to having faith like that when you are not connected, if you are healed, you are healed by some other agencies, not by Christ. But if you are a realized soul and then you are healed, then it is done by Christ. I'll tell you a difference, a very clear cut difference of healing. We have in England - we had, I don't know now if you have that one, it's an organization called an 'International Curative Center of Late Dr. Lang'. Now this Dr. Lang was dead, I mean he was late but he had a curative center. You see, and this gentleman died and he possessed a man in Vietnam, a soldier, not his own son but a soldier. Now this soldier was told by this fellow - I mean, they're very honest people, being English, they are honest and they tell the truth, you see. They don't say that "we do it through God" or anything. So he told that there are many doctors - I hope the doctors won't mind - who have died and who were very ambitious are still wanting to cure people. And "He should go back to my son and tell him all the story that I've come in you and my son will believe." So he said, "How will he believe me?"

He said, "No, no. I will tell you some secrets which only he and me, both of us share. So he'll definitely believe you."

So this fellow agreed. He was a very healthy fellow, actually this Spirit entered into him when he got into a certain shock, something he saw which shocked him in the war and this Spirit entered. And he was carried by that Spirit somehow to England where he met his son and he told the whole story. And the son had to believe because he knew so many secrets. And they

started this curative center.

Now how do I come to know of late Mr. Lang, is the thing. They cured a lady who was in India - long time back- it was 1970 I'm telling you. And she came to see Me, and she was all shaking, nervous, she's like this. I said, "What's this?"

She said, "I was sick with a certain disease and I was afraid of an operation and I came to know about this organization, I wrote to them and they wrote to me saying that 'at this time on this date we'll enter into your body.'" Openly, I mean they don't say that "We are God" or anything. "We'll enter into your body and you'll feel a little shaking, doesn't matter, and you'll sleep off and we'll work it out." And she said, "I got cured of that disease."

But after three years or so, the whole body started shaking and she couldn't bear it anymore and she came to see Me. That's how I came to know about Dr. Lang, you see, that he had - this poor lady was tortured for three years, she suffered so much. And then she came to see Me. So after Mr. Lang entered into her body - Dr. Lang - it was after six years that she came to see Me because three years she was all right, and after three years it started. And that's how I came to know all the Spirits that had entered into her, the doctors and all that. It was a horrible case. Of course she got cured later on, no doubt. Because when you become the Spirit, you are in your fort, nobody can enter into your body. You become something which doesn't get contaminated, doesn't get over powered, nobody can dominate. And that's how she got cured.

So with faith, if somebody says, "Oh, you will be healed" you see and they start shouting and screaming and this and that, and suddenly you might feel, maybe there's a Spirit. They replace also sometimes these Spirits, it's very surprising. They can replace a Spirit from one to another. I've seen such cases also. All kinds of things I have seen in Spirits. The other day, only about eight days back, wasn't that, Marie, when this charismatic fellow came in? Eight days back in France a gentleman came in. Young fellow, must be about twenty-four or so. He got into such a big agitation and started crying and a funny type of a thing that I've never seen, a Spirit, entered into him. Whole body was shaking. And I mean he fell down, he started crying, weeping, all sorts of things happened. And he said that "I went to charismatic movement where I got it, and many get it." And they think Holy Ghost has entered into them. Now just imagine. How can Holy Ghost make you miserable? I don't know from where these ideas come in. And poor child, you know, he suffered so much. Now he's all right. But he couldn't believe it that you could be all right, because he thought ... and then they say, "These are your sins and you have to get over your sins and this is why you are, what's happening to you, you still have done bad karmas, and this and that. But your bad karmas and all those things can be solved when the Kundalini rises. There is a center for this specially which is really being adorned by Jesus Christ here. Did you tell them, about this center? All right. So this is the center, that when the Kundalini passes through that - that's why they say that you have to pass through it - He gets awakened, and when He gets awakened all these two pouches you see, they are of ego and superego, your conditioning and all your left sided problems and right sided problems are sucked in. That's why they said that He died for our sins. He is described in the ancient Indian scriptures as Mahavishnu but you see when the missionaries went to India they gave a very wrong picture of Christ, absolutely wrong picture, so they were still expecting Mahavishnu to come in. And this is what it is. He's supposed to be, according to missionaries, somebody who sort of converts people and all that nonsense. See? It's not the real thing, that He is to be awakened within us. He said that. He said, "I have to be born within you." And that is what it is. When Kundalini rises, She awakens that center within us and all our conditionings and egos are sucked in, a space is created here in the fontanel bone area through which the Kundalini comes in and you can feel the cool breeze from your head coming out. That's what it is. And you feel it in your hands. It's not just that you're mad after someone, you see? It isn't like that. It's not that way, you see, nothing of that kind. You become a Self-respecting, normal, dignified personality of great Spiritual value, which you are. All right? So this is what faith is and what is blind faith is. Yes, My child. Man: It seems very difficult the concept that Self-realization doesn't involve some

personal effort. Can it really come to anybody in effect of how materialistic they are? Am I understanding this? Yes, it appears on the face of it very difficult and how people are materialistic is also true no doubt, but Spirit is much stronger than the matter. And when It has to express, it completely crushes all that and It comes. Now, we have here, most of you are English people I should say, westernized, very materialistic people they were, I should say, I mean living in that world, they may not have been that materialistic because if they are not seekers, they would not come to Me. But a new being has been born.

If you look at an egg you feel, "Oh, what a hard stuff is this!" But if it is broken at the right moment, with the right understanding, it

becomes a bird. Because a living process is all, only the last breakthrough has to take place. Apparently it looks difficult, but to Me it is not. Perhaps I know the job. All right? Yes, it looks ... many people have said all kinds of things about Kundalini, also. I must say some books I have seen have horrified. You see if you don't know the job, everything – supposing if somebody else doesn't know how to drive a car, you see, and he gets into the car the way he'd describe it would be horrifying. You'd never get near a car, isn't it? It's like that. The one who is not authorized and does not know the job should not do it. But that's what happens to you, that you become the Spirit, you become your own master and you become the master of this art – the master of this art! Yes, My child? I couldn't hear you? You mentioned hypnosis earlier and You also said that You regarded Yourself as a catalyst... Don't You think that the hypnotist also regards himself as a catalyst? Yes, very true. Yes, yes, no doubt! Yes, yes that's true, but the difference is this, that the hypnotist brings you under his power. He doesn't give you any power or no new dimension to your awareness, you see? There's a tremendous difference between the two. You see, you have got your own power within you. Say, for example, all right, your Spirit there. Now I'm a catalyst, you see, you can use a spoon for giving a poison or could use it for giving a nectar. All right? So if you give the nectar, then it's a great thing; and if you give the poison, it's horrible. It's like that. Now the hypnotist uses hypnosis – how does he hypnotize is the point. What he does is to push you into your subconscious, into your collective subconscious where he overpowers you. You are under his power. He says, "You become like a child", you become like a child. "You suck a little bottle", you do it. What's all this? But here you become the Spirit in the sense that you become collectively conscious. It's no hypnosis because you yourself can feel it.

Now, say example you take ten children who are realized souls. There are some children who are realized souls, even little children. And you take them near a person who is suffering from some trouble, all right? Now you tie up their eyes and ask them, "What's the problem of this gentleman?" They will raise the same fingers, all of them will raise the same fingers, say "This is burning." You see, because the sensation you feel – of burning, of numbness or of cool breeze, a new awareness of a vibratory nature is born within you. Not with hypnosis.

On the contrary, after hypnosis you feel so tired and finished as if somebody has been riding your horse. It's just the other way round. And you start growing into you and understanding, you can cure people you understand what are the centers that are catching, you understand what are the centers of another person that are catching. In the beginning sometimes people have confusion, I've seen, that they don't know whether these are my centers or your centers. But we have ways and methods by which you can discriminate. You can see which are your centers catching and which are the centers the other person catching. You also know how to get them all right, you also know how to give realization to others, and to empower them with their own powers. It's just the opposite. But catalyst could be horrifying, and catalyst could be just heavenly.

Question: Can a person selfrealize themselves through their own effort (...)? With their own effort? O, that I don't think is possible, you see, because like a light which is enlightened can only enlighten another light. But what I'm saying, that even supposing like Buddha, you see, He got His realization when He was absolutely tired and He had to have it. Of course the Holy Ghost did that. He could not have done it on Him, but He got the realization there because it was a different circumstance which He had to live, He didn't have to talk about God, He didn't have to talk about the whole thing. Because people were so much engaged in talking of big things like God and about all kind of deities, this, that, there was a big confusion. And somebody was to be realized at that time who would just localize it and say, "Only Self-realization! Don't talk of God or anything, forget it." That's why He got realization like that. But you cannot get realization just like that – only possession you can get. You cannot.

Somebody who is an enlightened soul, such an enlightened soul doesn't take money from you. Normally, you see, people don't want to give you realization. Ninety-nine percent of those who are really realized, they will throw stones at you, they won't have anything to do with you because their experiences of human beings are horrifying. If you go and talk to them, they'll tell Me, they told Me that "Wait for twelve years. See, Mother, they will all finish You off, they'll kill You, they'll do this." It's very venturesome to deal with human beings because they'll be very egoistical and they will never accept you. But if you take like this, like somebody who knows, is a help, isn't it? And realization is not possible, is not possible to be done by yourself. It's not possible. Because if a, say, a candle which is not enlightened wants to get itself enlightened, the light has to be brought, isn't it? It's so simple as that.

But one should not feel bad about it, actually. See, I don't know how to drive, somebody drove Me down here. I didn't feel bad that he had to drive Me down, did I? And I only know one job. I don't know many. Many jobs I don't know, I don't know how to operate

bank, I don't know how to write a check, I'm hopeless in many things. I don't know how to open a can, maybe. But I know how to open the Kundalini. All right? So if I know one job, why should you mind? After all, we depend on each other for everything, isn't it? So why not, if I know the job, what's the harm? And you will know, too. You will know, too. But it cannot be done by yourself. But actually in this you're not obliged for anything. I just do it because I love it. It's just emits, I don't do anyway, I'm just flowing, I don't know how it happens, just it's flowing.

I just love for love's sake. Just, you can't believe such a person can exist, but I do really, I am like that. Sometimes you might even, some of the Sahaja Yogis do feel that I'm too compassionate and that I should be rather strict with people and things like that, you see, they come and tell Me some wisdom about it. You see they think I'm not so practical, but this is the most practical thing. Yes, I know they make mistakes because they don't know they are walking in darkness. If you are walking in darkness, you will bang at something. Then only thing you can do is to have compassion for them because they can't see, they are blind. Isn't it? How can you have any anger or temper?

And moreover, I would request you not to have any misidentification with anyone whatsoever. You have to get to your Spirit, that's the main thing. If you still think of somebody, you see, like the lady – I don't know, somebody might have sent her here, maybe. I don't know why she got angry. I didn't say anything to hurt her. Maybe she is possessed. I don't know why she has got angry with Me, and she just got up and just walked off saying that "You're telling everything lies." Why should I tell you lies? I don't have to get anything out of you. But why it happens? Because she's not sensitive, she's not sensitive to Divinity. She doesn't understand who's Divine, who's not. I don't blame her. She hasn't got the sensitivity. It's a calibre. I have seen sahaja yogis now of different varieties have come to Me. Some of them are of such a calibre you can't even believe. They get into realization, they know what it is, they have the pattern just like a diamond, they get it and they get into it. They're tremendous people. There are some who slog behind. Some of them who get realization but still they go on doubting, all kinds. Doesn't matter. I love all of them.

Yes, My child? He is a sahaja yogi? So what is he talking now? What did he say? He's saying Mother, if before realization we were such a horrible person that we gave cancer to everybody we met or something like this, after realization does the effects of that get taken away or what happens? Yah. I know it, so many things have happened. We had somebody in Brighton, you remember – he's here right now, I think – who was drunk when he came in. He was very angry with Me, you see, to begin with. He said, "How can I get rid of this trouble? I can't believe You", and all that. And he's all right, perfectly all right. His change is so beautiful, you can't... is he there?

Yogi: Yes, I am. May God bless you. He's so sweet now. The other day he came to see Me. I said, "Look at that. He's so sweet." He was a very sweet man, wasn't he? But something had put him up, made him upset, you see, that he became alcoholic, you see. He's all right. And the compassion can only make you understand this that there's a reason for this – He is a very sweet person, very sweet person no doubt. But something had gone wrong with him. It's all right.

So this happens, it's true. Sahaja yogis realize this. Some, of course, I must say, go little bit, doesn't matter. They'll come up, all of them will come up, I'm sure of it. Everyone is made for it. Actually, the Divine is anxious to give you realization – much more, much more anxious than you are. If there were thousand people today, I would have given them realization better. But very few people take to reality, you see now. That guru Maharaji, thousands are like mad after him, isn't it? He's given nothing to the poor people. But for reality, there are very few.

Like the other day somebody asked Me a question, "Mother, why don't You do it to everyone?" I said, "Where are they, everyone? They are missing. Where are they? In this Brighton, how many there are? How many are here? All right? That's the problem. It takes time for people to love reality, time. It's such a beautiful thing. And even they get realized, then they drop out, you see. They say, "Oh, I'm all right now. I'm all right." After one year they'll appear. That's not the way. You have to master this art, absolutely master it. It is all free, absolutely free, now they are all sitting down here, they can say that. Would You talk a bit more about Self-realization and and, You know, what's necessary to enhance that? Yes, Yes, I will be in My next lecture, one by one. Now I'm talking of the left side, the right side, and then the center, and then also, of course about the Spirit, definitely, hundred times, that's what I have to do. But gradually I have to build you up. All right? I will definitely. You won't believe, I think I have given five

hundred lectures already in London, at least. And it doesn't end. Every time they say, last time I spoke they said, "Mother, it was absolutely a new dimension You talked about", you see. I don't know. Kerry told Me first time he touched his vibrations so much with My lecture, I don't know what I touched him so much. Yes, it's surprising. He's from Australia. Australians do well. Very fast work. So, all the questions are over now? Should we have it? What of Karma? Eh? Karma? Karmas are when you do any work or anything with your right side action then the effects of that accumulate within you as an ego because you think you are doing it. Actually, we don't do anything substantial. What we do is a dead work. Like as I said we make a chair out of a dead, a tree. That's all we do. What work we do is an idea we have we are doing work. What work are you doing? Can you convert this into a fruit? We can't even put fragrance into it. So this myth, you see, works as ego within us as shown here, which I will be speaking tomorrow about, all right? And this is what is that we think we are doing this work, that work, and this ego thinks that if you have done bad work or good work we have to suffer.

You see, a tiger doesn't feel that way. If tiger has to eat, it must kill. It kills the animal, eats it, finished. It doesn't sit down and sulk, "Oh, God, I should not have done it. I should become vegetarian." It doesn't accumulate any, any, any karmas in it, all right? But we human beings do. Why? Because we are closed. We are closed. See here, we are closed. They are open. Whatever they do, they are not bothered. But we are bothered about what we do because we think we do. And when, as I said, this center is opened out, He sucks our karmas, and the so-called karmas are nothing but sins, you see. In a biblical language we can call it as sin, you see. And they're all sucked in by this powerful Deity of Christ awakened within us. And you get beyond it because it is the ego that does the karma. When your ego is finished, where there are the karmas? They are finished, too.

Then you don't say, "I did it." What you will say, "Mother, it's not working out, it's not going up." Now what is this 'it'? It becomes a third person. "It's flowing. The vibrations are not coming." You see, you don't say, "I - I am doing this realization. I am raising the Kundalini", they don't say so. They say, "It's not rising." You become a third person. That third person is the Spirit. Where you do not say that "I should do it." Even if it's your son, you'll say, "Mother, it's better he gets realization." All right. You'll see. Try. It doesn't work out. All right, then should I give a certificate? He said, "How can You give certificate, Mother, how? Kundalini, Kundalini has not risen." Everyone knows, you see, whether it's your father, mother, sister - anyone - if they're not realized, they know they're not realized, so what? They just know.

And this granddaughter of Mine, who was - she's here now - she is a born realized, and she was hardly about five years of age, I think, when they went to Ladakh. And there was one lama sitting with a shaved head and all that, wearing and all that. Everybody was touching his feet. And the parents also, not realized, My daughter is not realized, so she also touched his feet. She couldn't bear it anymore now, it was too much for her. She was sitting in a higher block. She went, put her hands back and looked at him, turning, She says, "What do you mean by asking everybody to touch your feet? You're not even a realized soul! By wearing this dress of yours and shaving your head you think you can ask people to touch your feet?" Little child of five years, yet she understands. We had once a program in India when they invited Me as a chief guest and for this Raman worship - was a realized soul- and one gentleman from Ramkrishna ashram, the head of that, was sitting with his big orange robe, you see, sitting there. And My, another granddaughter, she was sitting in the front row. She couldn't bear him anymore so she shouted from there, "Mother, the one whose wearing a maxi dress, Grandmother, please ask him to get out, he's giving heat to all of us." So you see, there were many sahaja yogis who were feeling the heat from the fellow and he thinks he's a very Spiritual man. And she just stood up, she said, "Ask him to go, he is wearing a maxi." She didn't understand it was a robe or thing. Even children know who are realized souls and who are not, if they are born realized. There are many children who are born realized these days. The time of judgment, this is the time of judgment. Of course about this I'll tell you later. Do You mind if I ask You a few questions? It's all right, I don't mind. But what happens, if you ask too many questions sometimes it becomes mental activity and may delay further realization sometimes. So I would advice you, if it is not so important, better keep it out because, you see, answering the question is only on mental level. I'm talking something much beyond, you see. So, it is something logically if you have understood Me - all right, let's have it. If it will work out, work out. If it will not work out, doesn't matter. I'm here for three-four days, and we are going to work it out. All right?

So it's better to keep your mind at rest. Tell the mind, "You have asked many questions before, you have thought of many things, now the time for you to receive the blessings of your own being." All right? If you tell your mind, it will rest. It's a, it's a wonderful thing, mind is. If the mind knows what you want, and if it is the reality, it supports you and helps you very much. The same mind

which can go astray, you see, it's like sometimes like a donkey.

Like Christ used donkey just to suggest the mind that if you allow it to go astray it will take you to all kinds of things, but if you control it, it takes you there where you have to go. You just make him keep quiet. It's better to keep quiet at mind level. And that's why I answered your questions because later on when the Kundalini's rising, at that time, the mind should not stand up, isn't it, to say that "I haven't asked this question." That's why. Just to soothe it – there's no need – but, just to soothe it down, I do it. All right? So best thing is to get your realization is the best thing, otherwise this mind is quite a disturbing stuff. It can come at the right time, when you are going to achieve your last breakthrough, it may stop. All right? So if you have any immediate question by which you are really oppressed then you must ask Me. But if it is not so important, just give up. Is it very important? Then it's all right. He has realized it. Now, I have to just request you one thing, if you don't mind, we have to take out our shoes, because the mother earth has such a lot, you see, so we have to take her help in every way possible.

[NOT VERIFIED PART]

Just to keep your feet on the ground, it helps a lot. You need not take out your socks, but it helps a lot to put your feet on the ground as they are, and just to put your hands like this because, as I told you, that this is all sympathetic centers, as he must have told you also, you feel the flow in here moving without ... I mean it moves, but you don't feel it so much till you get your Realization. Just put your hands like this and close your eyes.

You have to keep your eyes closed. This is the opposite of hypnosis. Just keep your eyes closed because when the Kundalini rises, She dilates your pupil. When She dilates your pupil, then little bit there's a difference in the vision for second, split of second. But, if your eyes are open It won't rise, It won't rise at all. So keep your eyes closed, absolutely closed.

Now the first thing as it is, we have always seen it happen, is that this guilt business is coming from something unknown, so better to put your right hand on the left side of your neck and left hand towards Me, without opening your eyes. Left hand towards Me. Left hand towards Me. With the palm upwards. Left. Yes, like that, and you should say that "Mother, I'm not guilty." That is very important because this is a very big obstruction.

Just say, "Mother, I'm not guilty."

Seekers: Mother, I'm not guilty.

Shri Mataji: Again, please

Seekers: Mother, I'm not guilty.

Shri Mataji: Again, please.

Seekers: Mother, I'm not guilty.

Shri Mataji: Now we can put the same hand on the other side of the whole back, neck. This is very important center is, I'll talk about it later on, the way I'm doing it, if you want you can see yourself. The way I'm doing it, left hand towards Me and right hand on the back, on the complete vertebrae at the neck, the base of the neck, you see. This is a very important center about which I'll tell you. Yes, that's how. Try to press it and put your head back. Little bit.

Now you put this right hand at the heart level, little higher, and press with your fingers. Left hand towards Me, all through. Now you have to say, "Mother, I am the Spirit" thrice.

Seekers: Mother, I am the Spirit. Mother, I am the Spirit. Mother, I am the Spirit.

Shri Mataji: Now, same right hand, you push it down on your stomach, on the left hand side. And now you say, "Mother, I am my own guru, I am my own master." Just say that.

Seekers: Mother, I am my own guru. Mother I am my own master.

Shri Mataji: Again.

Seekers: Mother, I am my own guru. Mother I am my own master.

Shri Mataji: Five times. Again.

Seekers: Mother, I am my own guru. Mother I am my own master.

Shri Mataji: That will do. Now if you put your right hand on top of your head, on top. Not touching it, little on top slowly, [aside to a woman in the audience] are you feeling? [aside to a yogi] She'll see. [aside to the woman] Are you having problem?

Woman: Yes, I've got ...

Shri Mataji: Oh I see, just put your right hand towards Me ... [aside to a yogi] you need not, she'll work it out. Yes. I'll put it right. All right? Just, yes, like this, it will work out.

All right. Now you might feel the Cool Breeze coming out of your head from the fontanel bone area where it is soft. Cool Breeze.

First the hot might come in. But you have to ask for Realization because I can't cross your freedom, you see? This is your freedom whether you want to be self realized or not. So you have to say, "Mother, please give me my Realization." You have to ask for it. Just has to ask. Just ask for it.

Seekers: Mother, please give me my Realization.

Shri Mataji: Again, please.

Seekers: Mother, please give me my Realization.

Shri Mataji: Again, please.

Seekers: Mother, please give me my Realization.

Shri Mataji: Now just feel it. Are you feeling it on top of your head? Umm.



## 1982-0514, Advice on Right Side

View [online](#).

14 May 1982

Advice On Right Side

Public Program

Brighton Pavilion, Brighton (England)

Talk Language: English | Transcript (English) – Draft

Shri Mataji: Oh, I would suggest that first let them ask questions today. So I keep myself there...If you have any questions, it's better to ask me first. So that your mind is at rest. I'm glad to stand...better to see people better. Am I better here or on the ground?

Now, first of all it's better to ask the questions because yesterday when we started this question session people got little deviated. It's better to ask questions now, what you have, because you are all seekers. You are all seekers and you have been seeking so is best is to ask questions now so I'll be able to put the answer in between My lecture.

No questions? That means Sahaja Yogis have become quite capable of explaining Sahaja Yoga and I'm very proud of them. When I went to Australia the newspaper people asked Me, "Mother, are all Your disciples scholars?"

I said, "No, they are very common people. They have to be very common and normal people."

But they said, "The way they know things, surprisingly we feel they are all scholars."

I said, "All scholarship is within yourself." All the knowledge is within yourself. If you only can get light there, you can see all that knowledge is within you. You don't have to go anywhere for your knowledge. It's all inside, everything is built in. You are built in so beautifully to become your Spirit that I don't have to do much about it. It just works out. Only thing is that one has to know what we should expect; to be the Spirit, what should be our expectation. And that also logically you must understand. It should be a logical conclusion. Not just because I say something, because you have become a member of some group, because you have paid money somewhere. It's not that way. Reality is what it is. And logically it has to be reality.

The other day I told you about the left side, about the past, about the subconscious, about the collective subconscious and the problems of the subconscious and the conditionings we get from material things, from matter. Matter is always trying to overpower the Spirit. And this matter is overpowering us because we come from matter to begin with. But how does the Spirit come out of it? What happens that we become the Spirit?

People have talked about Self Realization. So many people have talked about second birth. Everyone has said that you are to be born again. There are many people who go about saying, "I'm twice born," self certified. You can find all kinds of people in this world, who are knowing that something has to happen, some breakthrough has to take place, something we have to seek. Imagine at the time of Christ there were not so many people who were seeking, nobody could talk to the disciples also much. They were just ordinary fishermen, very simple people. But today is the time when you find so many of seekers all over the world. Seeking what? What are you seeking? The seeking is of your Spirit. Now this is also a very vague term to say you are seeking your Spirit. Now what is this Spirit supposed to be? And why should we seek this Spirit?

In our evolution we are human beings, our awareness is that of human beings and this awareness of human beings is not the ultimate. If it was we would not have been seeking. It's not the end of it.

We have to reach at a point where something more has to happen. Now how do we approach the subject logically? In our evolution, what has happened to us? We were animals, from there we became human beings. What is so special about human

beings compared to animals?

In the awareness of man there's a new dimension. For example you can take a horse through a dirty lane he doesn't feel anything, the dirt or filth, or beauty, colors, nothing. Makes no difference.

But if you take a human being through a dirty lane or a dirty house, immediately he understands, he doesn't like it. So what has come into us is nothing but in our awareness a new dimension compared to animals, or we can say in very scientific way is that in our central nervous system we have developed a new awareness.

Whatever is in our central nervous system, we are master of that. Supposing I feel this is hot, everybody will feel this is hot. If I say this is the color of this particular bird, everybody will say the same thing.

So whatever is the awareness of one human being - awareness I am saying, not the myth, not the hallucination, but the reality as far as his organs are concerned, sensory organs are concerned is just the same. A person who feels hot does not say that he feels cold, nor the other one will come and say it is cold, they all will say it is hot. So one thing is there, the truth is one, it cannot be two, and that whatever has to happen now in our evolution has to be in our awareness.

Like a fish became a turtle. If a fish became a turtle, what happened to her? It is in the awareness of the turtle, it started feeling the Mother Earth. It lost something that fish had and it started feeling something new.

In the same way, in our evolution if something has to happen, we have to be something more in awareness, more dynamic. For this we can take help from the writings of so many people.

For example we can consider Jung as one of them who has talked about it. Jung has said that when the breakthrough will take place, the human beings will become, will become, collectively conscious, will become.

He didn't say that you'll all start doing the same thing or you will start behaving in the same manner. No, he said you will become, you will be aware of it, not unawares. So when you are seeking the Spirit, if the Spirit has to enlighten you, in your awareness you are going to know something more than you have known so far. For example, you might feel it hot and cold today but maybe with that awareness you might feel something different about it. He has said it very clearly that you have to become collectively conscious. So the becoming is the point in our evolution, nothing else, we become something.

In Sanskrit language for example they say, for a realized soul - for Indians it's very common knowledge it's nothing so much difficult to understand - he's called as a dwija, the one who is born again. And also a bird is called as a dwija, because a bird is born first as an egg and then it grows, matures and then suddenly it becomes a bird. And that is the parallel of Realization. You also know that on the Easter Day we give eggs. It has the same symbol, that we are eggs and we have to become the birds. So just now, at this stage when we are human beings we are just limited like an egg to grow up to a point where you can become the bird.

All other sort of things people talk of is not the Realization. Like I may say that "All right, if I mesmerize you very well, I can give you bottles and you might start sucking the bottles just like children." Even knowing that you are doing something funny, you are doing it. You'll be compelled to do it because you are mesmerized. Any such activity that you fall into is not Realization because whatever has happened to you as human beings that you are, you have done no activity whatsoever.

We didn't cut our tails as monkeys to become human beings. It has happened spontaneously like a flower becoming a fruit. It's a living process. One does not realize that whatever has to happen to you is a living process, is not a dead process. What we can do is all dead. For example we can stand on our heads, we can jump, we can run, we can do all kinds of things but that is not the living process.

The living process is when you become something, and that becoming must be asked by all honest seekers. If you are not

honest, then it's difficult or even if you are honest and you are misidentified with certain ideas you have read because you have paid for the book or you have paid for an organization or paid for someone, that's not going to help you.

What we have to see what we become and that's what yesterday I told that you become the master. You become the prophet as Blake\* has said that, "God of men [Shri Mataji may mean "Men of God"] will become prophets and they will have powers to make others prophets." So to be very honest with yourself you should say, "Have I become a prophet and can I make others prophets?" This is a very simple way of looking at our Realization and this what you are capable of, that you become the prophet, because everything is within you, the whole machinery is within you, you are like a computer, you are just to be put to the mains, it will start working.

You have to just become that. And if you do not become that, then all other things - forming an organization and any such thing - is of no use, is of no value, is all, I can say, misguidance. What have you got yourself? Supposing, I mean, if Ray has to say something: "Oh, Mother saw a light, and this happened and that happened; She has these powers, and those powers," it's all useless. What is it to you?

I may be the king of anything, so what does it matter to you? What has become of you is the important thing and for that becoming if I say there is everything placed within you I have to prove it that's all. This knowledge is not unknown to us, actually. Is all been described from the time of Moses. Like He says, "The tree of fire." Now what is the tree of fire? Nobody knows, they just say there was tree of fire. But if you see the Kundalini completely enlightened, if you can see it really looks like a tree of fire.

And then it is said also in the Bible that, "I will appear before you like tongues of flames." Now what is that? No one explains, nobody knows, these tongues of flames are nothing but these centers when they are enlightened, you see them just like tongues of flames. But you need not see them because when you are outside the pavilion you can see the pavilion; when you are inside you don't see, you just see the hall.

And that is why one should understand that it is not what we think should happen, but it is what will happen actually we should accept.

So first we should get rid of all misidentifications with our ideas that this will happen, that will happen, and this should happen. I should see a light, I should fly in the air. There are many people who are paying money to fly in the air. I mean it's absurd. Why do you want to fly in the air? I don't understand. Paying much more money for that than they would have to pay to go round the whole world. I really tell you by plane if you travel it won't so expensive as you are paying for this flying business, this Flying Squad business. And what is that, we have to understand, what is that? When we go for this flying what are we getting into? And this method of mesmerism is so subtle that you cannot understand. You just go on into it. Like the same Flying Squad business, we had a gentleman who was the director of the academy, down with epilepsy, his wife down with epilepsy, the child down with epilepsy; and they all came down to Me, they lost their houses, they lost everything, penniless. This is what has happened to the flying of the whole joke.

Now, one must realize that you cannot pay for your evolution, you cannot pay. It's very simple to understand. As I told yesterday that if you pay to this flower will it become a fruit? It's a living process for which we cannot pay, it doesn't understand money. Living processes do not understand money. I've not known any human being - supposing he's suffering from indigestion, he'll put some money there saying that "Now I pay you, my stomach, now will you digest my food?" Do we do like that? In the same way it is the highest of highest living processes for which you cannot pay. It's a very subtle thing to understand for human beings because they believe that for everything one has to pay otherwise it doesn't work out. You see you go to a machine, you want to have a good, say, machine, you must pay. Which works, you see. If doesn't work, you can have free. But the one that works you have to pay. Any motorcar, it's free, means it's all a junk, you can't have it. We have to pay to take it to the junk shop, so it is always in the minds of human beings that one has to pay. And this is very wrong. That you cannot pay. I'm talking of the processes, which are beyond human, the human beings are not doing it.

For example we cannot transform a flower into fruit, the living process itself is beyond human reach. But when you become,

when you become a superhuman you can handle them. And this should happen to you. If it has does not happen to you all the rest of the things are wrong. I'm telling you with great concern because the people who are in the market, who are selling goods, are doing it very well.

They know how to entice you, they know how to put ideas through you, how to give you misidentifications, and you just get identified with them till they completely drop out. And then you are left high and dry. You say, "Oh, God, what has happened?" One thing is there, that your Spirit is not lost. It is there. Despite whatever the mistakes, whatever may be the seeking, but the Spirit resides within you despite everything, till you live. And this Spirit is to be brought into your conscious mind, means into your central nervous system, you should feel the powers of the Spirit in your being. This is what is Sahaja Yoga is. Sahaja, as he must have told you, means born with you.

Now, yesterday I told you about the left side, which is the power of desire, and through this power we have our all conditionings and all the deception from the matter, materialistic things and also what you can say we collect all our past, the past then extend up through/to (?) the collective subconscious. I also told you yesterday that cancer is a disease caused by the left side extreme behavior of people. Those who go into the extreme behavior on the left side get the disease called cancer and it can be cured if you can bring such an extreme case in the center, it can be cured, no doubt about it.

Now, the second side is the right side which today I have told that I will tell you about. The gentleman is not here who asked so many questions, is he here? He was just busy asking questions, that's all, yesterday. He's not interested in seeking, I think.

All right, now the second side on the right hand side, is the power by which we act. First we desire and then we act. Now this power, right side power, is expressed within us as right sympathetic nervous system. Science has come from the same, science is in the gross, these are all subtle things that are within us.

Now this right side power which exists within us, gives us the power for our mental and physical capacity to act. Now this action takes place when we desire something, we want to implement that desire then we go into action. One has to understand what sort of a power is this. This power is called as prana shakti in Sanskrit. Prana, and the another one, the left one as mana shakti is the power of the emotions or can say of the mind, but you see English language is not so clear-cut about it. So I would say mana shakti and the prana shakti, these are the two powers that exist within us and we start using them as left and right, we can say like a brake and an accelerator and then we become the master of driving. But while becoming that we make mistakes.

The human mind has a specialty to go to extremes. Supposing I tell somebody, "Now, you have to meditate." They'll meditate for five hours. There is no need to meditate for five hours or anything. But if you tell them that you have to stand on your head, they'll do it for ten hours. So there is no need to go to extremes, we have to be just in the center, be kind to our body, be kind to ourselves. There's nothing to be frantic about; there's nothing to be so much exasperated about it. It's just very simple thing that has to happen to you.

For example, think of a seed which is sown in a very loud music or, say, a place where everybody is rushing, shouting, screaming, what will happen to that seed - will never sprout. If it is in a peaceful place, is a properly placed one, or not in a tilted pot, then it will definitely develop into a beautiful tree or a beautiful shrub, whatever it has to develop into. In the same way if we are too much on the extremes, we go to the left and to the right.

Now going to the left, I told you yesterday what happens that all these things like hypnosis, and ESP's and most of these gurus try these tricks, you see, like they just make you hypnotized and people become absolutely mad over the guru, "He's our guru," and they behave just like absolutely people without any brains. "Oh, I feel nice with that guru"

I see that the reason is that you feel there's a sort of a sense of security built-in in this gentleman and, "if I'm following him, you see, he is going to Heaven and I'm going with him to Heaven." It doesn't happen like that.

You have to individually go into Heaven yourself and you have to become your own guru and you have to know everything about

it. It's not that anybody can put a trailer behind and put some people into it and say, "Now come along, I'm going to Heaven." Most of these are people who are really going to Hell and you will follow them very fast. So it is never so, believe Me, that anybody who says that following a certain guru you'll go to Heaven is absolutely wrong. You must follow in the Principle and every guru who is a real guru will always tell you, will always tell you that you have to become something. He'll never just say, "All right, you've given me the money, all right, you are the member, now you are my child, now you are my disciple and I give you my love. Let's have love." Where is the love? "And give more money, give me Rolls Royces, give me this, give me that." And like mad we are doing it thinking that we can exchange these things.

Now, as we are seekers we have every right to find our Spirits and we are not to be deluded by any such tricks and pranks of these people or I would say very sinister methods that they are employing. Not only to initiate/it's not only they deceive (?) you for money - I don't mind they are smugglers, let them have money, what they want to have; but they spoil your chances of Realization which you do not realize.

And once they are spoiled, it's very difficult to give you Realization, and if you do not really, positively work it out it's going to be impossible situation. I've seen people who have suffered on account of this.

Now this action within us acts for our mental and physical capacities on the right hand side. Like we think of the future, now the planning will start, this planning, "Now we must do this tomorrow, or day after tomorrow we have to do it." and we start sitting, "Now, I'll go there and I'll find this and then I'll take a ticket and then I'll go there." I mean, our mind is working for the future. So much so, we, we become absolutely futuristic, to such an extent sometimes I've met people who are futuristic they even forget their own names. Can you believe it? I mean they don't even remember their father's name. That's all right, but even their own names they forget.

I mean they are like mad people because they don't remember their own names and they don't know where they are, what they are doing. I have met people of that kind who are really sick people because they have become so futuristic now that they do not know anything about their past. Now this futuristic behavior starts in a society where people always think of the future. "What will I do, what am I to do tomorrow, what am I to achieve tomorrow?" And all these things, when they start doing their attention goes to the right extreme.

Now, in this place we are very dangerously placed, very dangerously placed, when we start looking for the future and the future seeing is a imaginary stuff, is absolutely imaginary, because what you think of the future doesn't exist. What exists is the present, you have to be in the present not in the future.

But people will say you have to be in the present, but how? We cannot. Either we are in the past or in the future. Because when the thought wave rises, it comes up and goes down. Another thought wave rises, goes up and comes down. Now, this thought wave which comes up we go with it but we don't see it's going down. Another thought wave that rises we see that but don't see where it goes out. And so we are jumping on the cusp of these thoughts and we do not know perhaps we are with the past or perhaps with the future. But in the center of these two thoughts there is the present and we don't know how to take our attention there, which is a very difficult thing and just to say that you should be in the center is not possible. All these things, "You should do this, you should do that," is not going to work out unless and until there is light. For example, there is no light in this room and you say, "Walk straight," you cannot walk because you can't see where is the passage, how to walk. Even if you order, do whatever you please, you cannot just walk straight without touching any of these chairs because there is no light, you can't see.

So one has to understand that in the futuristic life when we live and we plan too much for the future actually what we are doing, we are living in an imaginary world. We have many stories of people who lived in imaginary worlds and how they found that everything was destroyed. And there are people who work it out through their physical efforts and when they go into their physical efforts they create another problem for them because they just become physically oriented people. And if you are just physically oriented, the Spirit gets angry with you.

So the right side movement is for the people who are very meticulous, you see, which you can call the people who are very

particular about the time and who are very firm about things, who are very dry people and who are very straight and they won't tolerate any nonsense. One sort of people, you see, that you find normally and that sort of people become a headache and they are very boring, you see. You can't just bear their company, they can be very boring people. And they give you big lectures about how to be straightforward and how to walk straight absolutely. In the nature nothing is straight, it all moves so beautifully because the nature is created out of varieties, and variety brings the beauty. They don't think of beauty, they don't think of love, of compassion, nothing. For them it is a very meticulous world and that's how they live. Such people are developing a big ego within themselves, as you see there, is a yellow stuff in the head called as ego.

By the action of the left side, emotional side, we develop a superego, but by the action of the right side we develop a ego. Now this ego is not easy to be seen. Because if you have a superego you have pains in the body, you are a miserable person, you have wrinkles on the face and you look absolutely worn out. But if you have ego then you look so dynamic. We can say that Hitler was the extreme of this ego business. And he got into his head that he is some sort of a god incarnation and that he has to save the people and he was the one who knows about races and everything and he is supposed to save some race. This kind of idea comes from these people who are right sided, they are very aggressive, they may be very good to talk to, they may be very humble to look at, could be very good business men, could be anything but they do not know that they have this Mister Ego coming up on their heads just like a big balloon and they are floating in the air. The end of ego is stupidity. You'll be surprised, the end of ego is stupidity. Such people indulge into all kinds of stupid things, and they say, "What's wrong?"

For example I've known old people behaving in so stupid ways, and they say, "What's wrong?" You know, an old man, say of ninety years, who can't even walk without a stick, takes to these dances you do and then he falls down, you see, and he thinks, "what's wrong?"

Like a lady I knew, she was about eighty-five, she died from a horse falling down. Naturally I mean what else you expect at eighty-five, that's what is evident, for a lady of eighty-five she should settle down at home, look after grandchildren, maybe she might have great grandchildren, you see. Instead of that why does she want to be twenty-five year old lady to climb on a horse? So all such stupid things they do and then they will say, "What's wrong? Is nothing wrong in stupidity, what's wrong?" But such people are a nuisance to the society, to others.

The people who are superego are troublesome to themselves, but those are egoistical are troublesome to others. They are all the time correcting others, torturing others, putting their ideas on to other people, and such people can be very, very successful because nothing succeeds like success.

They go on hammering things into the heads of people, saying, "Now this is true, this is true," and when you go on saying it, this suddenly you believe, "Yes must be so."

And such people are much more dangerous I would say from the superego type.

But for people who do not know the tricks of the superego they can be very, very, very dangerous because they are very subtle, you cannot see them, they mesmerize, and they can possess you and they can be very sly and they can work out all sorts of methods which you are not aware. So it is not easy to choose which is better, which is not better. Both things are wrong to go to extremes, on the right or to the left.

Now let's see what happens physically. As I told about the cancer on the left hand side that we do, physically what happens to people who are futuristic? We have a center specially for futuristic behavior called as Swadishthana Chakra which is in the gross manifesting the plexus called the aortic plexus within us. Now this Swadishthana Chakra is very important for human beings, specially for people who are developed people.

With this chakra actually we convert the fat of the stomach for the use of the brain. Now this is the center of the Surya, of the sun. Now when we start thinking these cells are converted in such a way that they become useful to the brain.

Now, if you are thinking all the time, all the time you are thinking, then what will happen? I mean the horns are not going to grow out of that, you are consuming all that, and then you are consuming all those cells, you have to have replacement, and for that replacement this Swadishthana Chakra has to work very hard to convert the cells for the use of your brain.

Now, when it is doing that there are other things which this Swadishthana Chakra has to look after, for example your liver, your pancreas, your spleen, your kidneys, all are to be looked after by this center, and also uterus for the ladies. Now, when there's only one work is given to this Swadishthan Chakra and it cannot do any other work, then other things are neglected, so you develop a terrible disease called liver trouble.

Now liver trouble is another thing that you do not feel yourself, others know that you are liverish the way you are hot tempered, the way you are fussy, the way you always snarl at people and the way you are never satisfied with anything, the way you criticize others, all this is liverish and such liverish people are never happy with themselves because liver looks after your attention and those who have liver problems, their attention is horrid, that goes like this, you see, you cannot keep your attention straight. On the street you'll walk straight into a car because you are looking at something which you are not supposed to look. But all the time you are looking at like this, you cannot walk, I mean you won't find any animal like that who walks like this, but only human beings do it. If you see them on the street you'll be amazed. Where are they walking? They don't walk straight, they don't look straight, but their eyes are going this way, that way, because the attention is wobbly, the attention is wobbly because of a bad liver.

So this liver is a very, very important thing. Now, this liver has a special capacity to extract all the poisons from the body as heat, and the heat in the body is to be transformed or should be conveyed to the blood, or the water in the blood, and that has to be taken out of your body maybe as perspiration or in another form. But what happens that when this liver is out of gear it cannot do it, it cannot pass this heat into the blood stream and the heat remains in the body and you really become heated and that heat makes all these problems for you.

So in Sahaja Yoga what happens that when Kundalini rises, She changes the form of the blood. The hydrogen and oxygen which are placed because of this heat and all that in a very funny way, like this, get like that, [Shri Mataji indicates up, then down] and they start receiving this heat within them.

That's why those people who have bad livers feel little heat when the Kundalini rises. But one can cure it by giving it that peace and comfort to that liver organ, and you can definitely cure your liver, no doubt about it.

Then the second thing that happens to you is the pancreas which gives you diabetes. Only a person who thinks too much gets the diabetes. For example, an Indian farmer doesn't know what diabetes is. But then you stop your sugar, but that's not the way to stop your diabetes. Diabetes comes to you because you think, think, think, think, think, too much. The doctors won't understand this, that's why they say it is incurable, because they cannot connect thinking with the disease. And this is what happens when you are all the time thinking like mad, then diabetes takes place. And this diabetes is also curable if you get your enlightenment. You can cure also the diabetes of other people, but because this vital power, which is integrated of all these three powers flows through you and you can replenish, you can give more to other people who are exhausted of it and sort of you can fill them up with this power and you can cure.

But the third one is the worst of all that happens to people is blood cancer because of spleen. Spleen is one thing very important that it is the center of peace within us.

The one who doesn't have a proper spleen cannot be peaceful person. Now, it's a very simple thing but doctors cannot connect it, nor all science-oriented people can connect it, to something very, very simple. And the simple thing is that when we eat our food, if we are frantic we are out to get trouble with the spleen and we can get blood cancer. Now if the mother is of that temperament or a father is of that temperament, the children might be born with blood cancer. Now, we'll be happy to tell you that in New York we had a case of blood cancer and when I was in India, in a village, somebody came and told Me that such and

such boy is sick, he's only sixteen years with blood cancer and doctors have declared that he's going to die within two weeks time. They always declare, they are good at declaration only.

And when this case came to Me, I told them that "I cannot do anything, I'm in a village, but you can telephone to one of the Sahaja Yoginis. She was in England, now she is in New York and she will look after this case." You'll be amazed that the boy was cured completely, he came out of the hospital, he came to see Me and now he's gone back to studies.

I mean like that we have cured many cases of blood cancer but here we are not to cure people by any... or healing anyone, that's not our job. It happens spontaneously as a by-product of the Kundalini awakening. Main thing is we have to make you doctors, we have to make you knowledgeable people, we have to make you collectively conscious human beings who have to enter into the Kingdom of God, to reside there in His peace, bliss and joy.

Now this trouble of also of kidney, of high blood pressure, all that is due to this. People worry, they are frantic, you see, and this franticness comes to us just as a matter of habit. I've known people, as soon as you say, "Oh, you have to go by airplane somewhere," suddenly the airplane word, triggers that frantic, "Oh!" They get mad. They don't know what they are up to. They will forget their passport, they will forget their luggage, they'll forget this, they are frantic. At the airport if you go you'll find this left Nabhi as we call this center is, the spleen goes frantic.

Now, when you eat your food or do any such work there is an emergency created and more blood needed to digest that food. So this spleen, poor thing, works very hard to create that extra amount of blood cells. But at the time you are eating, you are also, say, reading a newspaper, that's the worst thing one should do in the morning. Horrible. You read the newspaper, you are eating the food, your spleen goes off because another emergency comes up.

Then you get on to your bicycle with a sandwich in the hand is even worse than that. And you are rushing to your work, suddenly you find a big jam on the way, then you are even very badly placed with the situation, and you get so frantic and you don't understand and the person who is in front of you go on saying, "What's wrong with this fellow, why can't he drive fast?" and the same fellow is saying something exactly the same to the another fellow who is going ahead. So this madness is on, this rat race is on and if you are eating your food in such a hurry and in such franticness, you develop this trouble which is very dangerous called as blood cancer and among young people is very common.

Now, the last and not the least is the trouble of the heart. When you pay too much attention to all these outward things, to material things, to your all material advancement, to your physical advancement and to so much of a computerization of your brain, then you neglect the necessary attention to your Spirit which resides in your heart, and so the Spirit recedes and when the Spirit recedes you get a heart attack. Only a person who is right sided gets a heart attack, and never a person who is a left sided. I told this to a doctor and he told, surprisingly, that in a mental hospital you never need a cardiogram, you do not need it. They never get a heart attack. A mad man never gets a heart attack, surprisingly. A person who is mad is using his heart more, his left side, his emotions and his heart should go out, but no, his brain goes out. Can you imagine? And the one who uses the brain, his heart goes out.

This is a balance created by the nature in us. See how cleverly the nature is trying to guide us in the center: don't go to the extremes, keep to the center, keep to the center, and then when you are absolutely in the center, then you get your evolution very quickly.

So this is the right side that we have, the futuristic side, and as you know we are all very futuristic by temperament. This futuristicness cannot be cured by telling, "Oh, now, don't think," you cannot do it, you just cannot do it. If I order you that "Now, you better stop planning," you just can't do it, you can't help it. You have to do that kind of planning.

And you find all these plans fail because these plans are not related to the plans of the Divine. Divine has some other plans while you have some other plans and they never combine together and that's how you find all your plans fail and you are just frustrated left high and dry. You don't understand how it has happened.



For your understanding, one has to know that there is a Divine Power. You may like it or not. All this living work that is done - millions and millions flowers which are becoming fruits, a seed becoming a tree, a particular seed becomes a particular tree, all the choices that are made, the whole organized way the chemical acts, the way the chemistry is made of periodical laws - everything you see in this world is all so well organized, there has to be somebody doing it.

So there is a Divine Power which is surrounding us, no doubt about it. But we have not yet felt it, that's all. If we have not felt it that doesn't mean it doesn't exist. It does exist and it works out. We have seen with our own experience that so many living things are happening. We just take it for granted, we are not bothered. See, in human life itself, a child is to be born, then a fetus is held in the body.

Normally the law of medical science is this: that anything foreign, if it enters into the body, is thrown away immediately, all the forces are built up to throw it away. But what we find that when a fetus is built up the whole system works out to nourish it, to look after it, to really to bother about it. Very carefully the water is created around it so that it is not disturbed, and every sort of a care is taken by the body to look after the fetus, and when the fetus is ready, it is thrown out.

Who does that? Who does that? We must ask these questions to ourselves sometimes. After all why have we become human beings? What was the need? What was the need? And if we haven't got the answer that means we are still in transition and we have to get there where we get the answer.

We are made humans beings to feel that Divine Power, to maneuver that Divine Power and thus enjoy the bliss of divinity. That Divine Power is the Collective Being, that gives us collectivity. The Spirit in our heart is the one, which is the Collective Being within us, which manifests that Divine Power to flow through us and that's how, once we are connected to the mains, we start becoming what we are for.

Like a machine, once it is put to the mains it gets its meaning; but this machine, though it is put to the mains, is not aware of the electricity, about My voice, anything. But a human being, when he gets connected with the mains, then he becomes aware and this is what you must see.

When you get realized you can raise the Kundalini of others, you can give Realization to others. Ray himself has done to so many. Even in Riyadh, he did it. He did it everywhere wherever he went. He's just like you, he's an engineer, he's just like you, he was just like you and now you'll be amazed that how much he knows about himself and about others.

And a complete change has come because once you get the Spirit, when you get the highest, all these mundane things drop out and you become a master of yourself. No more enslavement of any habits or anything, it just works out beautifully. But one must give a chance to oneself and one must have patience. The worse part of intelligence, so-called, is that you can make fun of everything. That's the easiest way, to make fun of everything and get rid of it.

In olden times when they wanted to face the reality, like when Christ came in, they didn't make fun of Him. But they did at the time when He was crucified, but they just denied. But now it is not basically problem, that problem doesn't exist because to deny is...it requires more effort, so is better to make fun.

Is stupidity, again as I said. Is stupidity to make fun of something because you are that, you are the Spirit. You are the one who has to get it and if you just know how to make fun, please go and play about with it. All your life you'll go on, all your lives you'll go on, what's the use?

And if you do not get your Realization, in the words of your judgment you have failed, you have failed and there is a chance given to you. You can be comforted and you can be counseled, you can be redeemed; but nobody can make you taste the beauty of your own being, that you have to do it yourself. If you do not want to do it, all right. It's perfectly all right. You are free to do it, do

what you like. But if you want to do it, then please stop your guru shopping and wobbling, stop and see for yourself what you need. It's a serious thing, which should happen.

Unless and until human beings are evolved, none of the problems of the world are going to be solved, none of the problems, take it from Me. Whatever they have done by their thinking - say they have created democracy, they have created communism, this, that. All this nonsense has no meaning at all in reality, it has no meaning. Because, say for example you might say I'm very powerful so I'm a capitalist. But I can't live without giving to others, so I'm a communist. I'm a complete capitalist and a complete communist. Everything exists within Me and these ideas are all artificial that you make some set of people as democratic and some people as this thing. Because as long as they are attached to selfishness, to all these things, they are not going to do any good job out of it.

Now, the detachment takes place because you become one with the Spirit, which is not attached, which gives you that light, that detachment from where you can see the whole thing just as a drama going on. And you work it out very well. You become so dynamic, so dynamic that you are amazed at your own dynamism. Apart from that, one has to realize if there is a Power, which is an all-pervading Power, that Power itself thinks, organizes and looks after you. So many things have happened to Sahaja Yogis that if I have to tell you all about it, you'll be amazed. Amazing things have happened. But Krishna has said very clearly, "yogakshema vahamyaham," means "When you get the yoga, you'll get the well being." After yoga. He said yoga first, first the union must take place, then you'll get the well being.

Now I've seen people who go to so-called gurus and things, sick, you see their faces pale, absolutely finished, they are good for nothing, absolutely miserable people. And how such people could be in yoga?

Not only physically, mentally they are at peace, they are full of compassion and love.

And the compassion that doesn't talk, but just flows, it flows, it emits, you can give your compassion even to flowers. If the flowers are dying, you can give them this and they will live for a while. If there are, say, trees which are dying, if you give them they will prosper. If you give it to animals, they'll be different because first time, after getting this power only, you are giving back something to the nature. So far you have been always taking from the nature. Now it is the first time you start giving something to the nature. Because the compassion just flows, it doesn't receive anything, it just flows to others and this should happen to you.

Don't be satisfied with cheap things, with something nonsensical, which is something sort of a mimicry or a mass ideas. I am talking of collectivity where every individual is aware. It's not a mass activity, it is collectivity.

May God bless you.

I hope today many will get the Realization and become one with their Spirits and will feel their collectivity. That's only My hope is.

Brighton I place very high up in England and I always said England is the heart of the universe. It is very important that it is the heart, no doubt, and that's why Blake has said that it has to become Jerusalem. There's lot of truth in what He has said.

Lot of things he has said about Sahaja Yoga, is absolutely true. But the heart is sluggish. Heart is sleeping, is a sad thing. Like I say that Europe is the liver and it is drinking, can you imagine what will be the state of affairs of this, universe, if everything is going against one's own essences?

And the essence of English is that it is the heart. That means it articulates, it circulates.

Whatever happens in England is taken up seriously. Supposing you become, all of you, stupid people - the whole world will become. The responsibility is such a lot on you, which you do not realize. It's a very important thing that we are doing. It looks very small in this country because there are very few people who really come to Sahaja Yoga and settle down. Very few people,

there are very few of that caliber I think. Young little children are there, many will come up by about, say, ten years or so. I'm sure there will be a very good quality of people who will be coming and the seekers who are here, are also sort of little nervous because they want to learn from Americans and from Europeans. There's nothing to be learned from them. It is you who are going to circulate; you are going to carry the message.

I know it's a very important country and somehow it was managed that My husband could get his election done in England and we are here now for last eight years, can you believe it? And, I'll be here maybe again four years more, at the most. So I hope something will happen and this Brighton, which is a very good place, I'm sure here also many will get their Realization and will help in the emancipation of human beings.

Thank you very much. May God bless you.

If you have any questions you must ask Me. In all frankness I must tell you I'm your Mother; I never feel offended you ask Me a question. Is important because, actually, I have no question. You have to ask Me, I have no question at all.

Q&A; - transcript

[Prashan] is crying, [isn't Michelle]? Better take him out, I think. Better take him out because in meditation he'll disturb. Is he not all right? No questions? How important is color in our lives? How? Yogi: How important is color in our lives? Color? It is important, if you understand the value in vibrations. See the color, any color that you use, use with other colors, gives a coefficient, you see. A painting say, for example, every painting is valued according to something artificial in normal human life. I don't know how they value it. But in the spiritual life we value it with the vibratory point of view. For example you see a painting, maybe abstract, maybe any kind of a painting and you put your hands towards the painting. If the person who has painted it, is a realized soul... For example I would say Michelangelo. He was a realized soul. And he has done the Sistine Chapel. If you see the Christ he has made, is absolutely very near of what Christ was. But other people, you see, they make Christ in such a horrible way that bad vibrations are coming. And I mean I don't know how people like it but some people say : "Oh, it's very great and it's very valuable". I just don't understand, who is nowhere near Christ, it is not good colors and it's the inside, the filth inside, you see, people are trying to express. For example to show Christ, like, just like a skeleton, you know. It's a cynicism, I think. How can a person who carried a complete cross be like that? You can imagine, you see. He was a healthy man. Not healthy, He could take five of modern people and just swirl them in the air, you see. He was such a powerful personality! And such a man can only be non violent. And His non violence has a glory, isn't it? What is the non violence of a person who is already a weakling? So they show Christ, such a weakling, I can't believe it. and I just don't understand from where did they get the ideas. But I've seen such statues being sold for a very big price. So human beings have their own ways of value system. But the Divine has different. So the color also plays, say, you may have colors, like red color is now, people according to the psychologists who are quite stupid, I must say, is very bad, according to them the red color is. No, but it is not. Red is the color of the Mother. Because the first light in a mother's womb is red. The child sees the red. And that's why it has the smallest, what you call, the wavelength. Anything that you want to attract the attention, you see, a cricket ball is red. If you want to say "Danger", it is red. And the red color has its own value. The white has its own value. But in human mind it's very different. You see, they have their own norms, and forms and things like you see, they have got. Now you must eat with, say, fork and knives. Now the fork and knife must be kept like this. If you don't keep like that, then you are not elite, you see, like that. So in the same way, in, even in art they have done this kind of a mischief, that this color is nice, that color is nice, you must have everything pastel. Now they are changing, because first they used to say: "All right, we can have blue". This must be an old one. So they say: "All right, let's have blue more, some sort of a..." Specially the Grey color, you see, Grey. Now the whole sky is Grey, everything is Grey, why do you want to have Grey on your body also [go in] Grey suits, isn't it, used to have? But now they have realized there's no warmth in Grey, in blue color. So must have something warm. So they want to put red. They are realizing gradually, you see. It's all right Grey for Indians who are so full of exuberance to give them a little balance, let them wear some Grey, it's all right. But for people who are in England I think Grey is too much. I mean it's a headache to see anymore greys and when you see the yards and yards of greys walking in these smarties I see, I'm really shocked. And specially you have those dresses from, borrowed dresses, that you wear, you see. Some look so odd and so clumsy in those dresses and they are walking about, you see, they think there is no end of themselves. They look really clownish, you see. But these forms and these things we have created, human beings, That, "this is the form which is the

best. You must wear a tail coat". All right, tail coat looks nice, but not in Grey, by any chance, I can tell you, If you wear a Grey early in the morning, it's not, I think its rather not being nice to God, because how are to show Grey on a nice sunny morning? You should wear something nice, red. Yogi: Thank you. All right? So it is very diverse and beautiful. But one must enter into the realm of the Spirit. Then everything forms, you see, just like magnet, when you put the magnet through, all filings go into proper direction, in the same way the whole thing becomes so systematic and understanding. Immediately you know which place is giving vibrations, which is not giving vibrations. Even the chair you can make out, everything you can make out. It's very interesting. Even the forms. The other day only I told you about Mona Lisa, if you, I mean according to the modern ideas of beauty, where you have just mosquito-like women, you see, walking, the Mona Lisa seems to be an ugly woman. But still people are attracted towards her. Why? Because there's this coëfficiency which gives vibrations. She gives vibrations, you know. So only on that vibratory awareness only one can judge, whether it is absolute or not. Because you have not reached your absolute point. To somebody it may be a good painting, to somebody it must be horrifying. Yes? Yogi: Mother [yesterday] when You were talking about that eighty years old woman who was riding a horse [unclear], it seems to me that we all do it sometimes, why do You laugh at others people's sufferings and [unclear]. Shri Mataji: Suffering? Yogi: Sometimes I do laugh unconscious [unclear]. What is it? Why do we have sufferings, you are saying? No, I'm saying I am upset You laughed when You talked about that eighty years old woman riding a horse. And why did You laugh then, and why do You [unclear]. You come here, I can't hear you, just come here. You are saying something nice definitely but what is it, I don't know. Mother, I was saying You laughed when you talked about that eighty year old woman riding a horse. And it seemed to me that, I [unclear] rationalizing that it was [in her hurry] falling then to the death. Right? And being as a not at all [unclear] soul I am, I was wondering why we, I laughed, and that's at suffering and also why You did as well? Still I didn't follow. Come here, come here. What's the matter? You know I can't hear. You talked about a woman riding a horse, right? Shri Mataji: About what? Yogi: That eighty old woman riding a horse. Aha! Oh, I see, oh, I see. Yeah. But You laughed and I was wondering why and why, why we laughed as well? [unclear] Because it is nonsense for an eighty year old woman to sit on a horse. See, you're not supposed to sit. You see, ask any wise man, say from India get a villager, he will just laugh, you know, that he wouldn't understand why an eighty year old woman, you see, poor that horse, how far can it look after that old woman? Why do you trouble the horse like that? See, an old woman should know that it's a liability on a horse. And she should not jump onto a horse, isn't it? It's simple as that. You see, an old woman should behave as she is old, she should accept her old age. It's a very great thing to be old, you know. And it's such a glorious time you have as an old woman. I mean , I enjoy my old age the best of all. And I think it's a great thing to be old. But to behave like a child of, say, fifteen years, and getting on a horse when you are eighty years, it's wrong. That means there's no sense of proportion. One must mature with time, see, the maturity must come. Like my grandchildren would like to play with the little cars, all right? Then my husband would like to play with his own car, which is a moving car. Maybe I am maybe, sort of little bit too oldish and over mature. May not like to play with these things, I may like to play with your Kundalini. So, it's stupid for an eighty year old woman to get on top of a horse. It's absolutely stupid. And it's stupid for a little child to get on top of the horse. See, everything should be done according to the age. It's only why she got onto the horse? What? Why? What is the need? Only because her ego is there, simple thing as ego. She doesn't want to accept her age. She doesn't want to settle down as a mature old lady. It's nice to be very old. She doesn't understand how nice is to be old. In this country only, I don't know why people ridicule, but all your leaders are very old, surprising. I mean Margaret Thatcher is slightly older than Me. All your leaders are old and why do you ridicule the old age, I don't understand. Unless and until you are old, you are not going to be accepted as leaders even in this country. British are that way quite wise. I think only William Blake was the man who was very young. And is something so remarkable. I mean old age is very much respected in a way. And you must respect your old age, not to behave like a little boy of fifteen years, to get on top of a horse, you see. And this horse must be nervous, I'm sure, because horse understands who rides. All right? What I was trying to tell that how people become stupid and they don't understand they have been stupid, because it's just ego. I: But why do You laugh at ego? Shri Mataji: I beg your pardon? Excuse me, Mother. Why do you laugh at ego? Laugh at ego? On stupidity, what do you do? I mean, you can only laugh at. At people who are stupid we can only laugh, isn't it? What else can we do? They are stupid, startlingly stupid. Because, you see, this woman could have taken to Sahaja Yoga, she could have got cured, she could have been all right, she could have helped people. Instead of that she's spending her time in going on a horse. Now, she's done it, that, long time back. Why she's doing even now? Why doesn't she think? That there are very a few years left for her, it is important, these are very important years. Let her do something sensible. There's no sense in this. Only thing you can do is to laugh. There's no sense. What is the sense in going about on a horse like that? It's a possession of the ego, I think. Horse is, a horse or motorcar and all these things, are things of ego. I know of a lady in India, her husband was a governor, and I used to think she was a sensible woman. But as soon as he retired from governorship, she died. She came down from the horse. But isn't it good to

laugh, isn't it good? If one looks after mental patients, and all these crazy little things they do, we couldn't look after, if we didn't laugh but crying. Yes, I understand. You see, we have to laugh at many things. It's a joke, you know, all the time, the whole, whole thing is a drama in which you see something stupid then you laugh, you see something funny going on, you laugh. It's better to laugh than to be angry. Better to laugh than to be angry, isn't it? What's the use of getting angry with a woman who's already dead? There's no wisdom. No wisdom in this kind of living, you see. That's what I was trying to say that a person with his ego loses his wisdom. There is no wisdom. Human life is very precious, not to be wasted. I mean, if this woman had lived, I knew her very well, that's why I am saying, she would have done something good. Her life would have had some meaning, but she was not bothered. So You laugh [when You see pity things]. Shri Mataji: I beg your pardon. I: You laugh [when you see pity things]. You see, I laugh because what I am to do now? I mean, what to do, I mean I felt very sorry, her husband is left all alone now in life, he doesn't know what to do and I don't know what to do. Because the husband is a very nice man, is a very big man in the country. He is regarded as a lord or something and he is a minister also - I don't know he is now minister or not - I know them very well. And the poor fellow is now, doesn't know how to manage his household, anything, he is left high and dry for nothing at all. And if you ask the gentleman he said, "I don't know why my wife was so crazy up to the horses." You cannot expect these things, but then you just laugh. It's better to laugh than to be serious, isn't it? Only if somebody dies in your family then it's all right, but otherwise all the time we, what we find people very seriously moving about and doing what? What have we done? What have we done with all our seriousness? Created these all of the atomic bombs for our destruction? What have we achieved with all of this seriousness? We must laugh and one, one must laugh and really enjoy the play of Divine. It's beautiful. When you'll open out more, you'll laugh much more. Any other question? The sages of India, here everyone always told us that when we meditate and do pranayama the spine must be straight. Why is that? Will the Kundalini not rise, if the spine is not absolutely straight? You see, these methods were employed at the time, very long time back. Patanjali shastra yoga was practiced strong long, long time back when we had a very different type of living, you see. Like four types of varnashramas we had. The first one was where a person had to be completely celibate and go to the gurus, stay in the forest, have the education with the gurus till the age of 25 years, you see. That was the age when they selected some people for Self Realization, but very few people. And then they talked to them about eight things called as ashtanga yoga, in which one of them was called as yama and nyama, which meant the correction of the body, correction of the morality, correction of the behavior, everything. Yama - nyama. Nyama means the laws. Now, in that because the children when they are small, if they bend their spine too much, they will develop in any case problems, in any case. So they said you must keep your spine straight. But this prana, that they told, was done after the establishment of Spirit, you'll be amazed. Ishwara pranidhana it was called as. It was called as the establishment of the Spirit. Once the establishment of the Spirit is done, then the Kundalini starts moving, then you know what is the center is catching. According to the center you have to do a particular exercise. But the modern one is very different. I mean, that has nothing to do with it. It's just they've taken out only that part where you have to do exercise. And it's really maddening when I see that, that this exercise, is something like taking all the medicine together, without understanding when you have to take, which exercise, for which part and what is the need. Because unless and until the Kundalini is moving, how will you know? So the whole thing is upside down. It could be something like without starting the car, you start moving your wheels and everything. So what people are doing today is absolutely opposite what they should have done. See, in the other way, I can say in another words can be that it is all artificial, because the Kundalini has not moved. First the Kundalini has to move, first the Ishwara pranidhana had to be done. And this is the problem today of these, with the people who have done hatha yoga. Because I find their heart has a problem. Though they are seekers, they are doing it for seeking, no doubt. But the problem is, it is a very, very partial thing they are doing. So the sages did say that your spine should be straight, our spine should be straight, no doubt. At least when we are growing, our spine is growing, that time it should be straight, because if it is not straight then you develop a sort of a bend, and it's not good. But the Kundalini will rise, whether you are bent or not, believe Me, it will. Whatever style of thing you are, or the pose you are, you'll get the Kundalini rise. That's all. This is something special, I should say, it's being there! It's already predicted like that. I wonder if these people have the article which Gavin has prepared. After going through certain old books of Brigumuni who has written about two three thousand years back about this special type of thing that will take place at such and such time and they have said in 1970 this should happen and I have started this work in 1970. Something special. What else? Indirectly Your Holiness You stressed on the Divine power and as a Christian I would like to know, this creation of God and according to Christian philosophy where it says we are, I would go for our Christ philosophy and He says, the way you should enrich your Spirit, is by denying the flesh completely, including the sex. So is it the same thing You are teaching? Of course, hundred per cent. I am teaching, doing what Christ has already predicted about Me. That means You are denying all Your five senses including the flesh? What? Denying what? Your five senses, your desires. No, no, I didn't say that. I didn't say that. Then how do You explain "denying the flesh"? No,

No. I didn't deny anything. No, no, nothing of denying. What Christ has said, "You are to be born again". Now, the philosophy is "God, save us". because what they have made out of Christ is something I can't understand. Because they are not seeing that they are not becoming the Spirit. Are they? They are not! Are they doing it? The philosophy is a different point all together. You can make anything out of your philosophy. But what Christ has precisely said is that you have to become the Spirit. He said that your hands will speak. What about that? Your hands will speak after this, you see. What Christ has said is going to happen, not what these people are telling you. What have they achieved? Say, your forefather might be a Christian, his fore... or they may be all Christians. What have they achieved? Nothing! Today the churches are selling in this country. Why? Because they have not been able to give the answer. I am here to give the answer. I am here to prove Christ. I am here to prove all that is written in the Bible. When, also is said, "the Comforter is going to come and you are going to achieve it by which you will know My Father forever". What is that? They, they are not going to recognize Me, these philosophy people, they are not, they will deny. He said: "You'll be calling Me Christ, Christ and I won't recognize you." These are the people. These are nothing but money-making propositions. Simple as that. It was wrote that Christ has been saying this, "You, you want to follow Me, you deny yourself, then you come and follow Me". Shri Mataji: What is it? Yogi: You'll deny yourself. No, I never said that, what are you listening? See, impossible, Christ says. What is it, denying yourself? Yes. You want to follow Me you deny yourself and take up the cross and follow Me. Is it the same thing like, You try to [unclear]? What, what is he saying? Again, what did Christ say? Just come here, just come here. He said Christ has said you should deny your flesh. - You are what? Christ said you should deny your flesh, take up the cross and... Yes, yes, yes, yes, the flesh. Yes, yes, that's what it is, yes. I would like to know, is it the same thing You are teaching? Of course, all that, My child, it is what He taught and what He promised. He helped me. Please let me know how, how do you just deny yourself? You do not deny, actually what happens, you become the Spirit. See, when you become the Spirit, you start seeing your body, your flesh outside. Yogi: Yes, I understand. Shri Mataji: All right? You see, you are in the water, then you are afraid of the water, you are in the water, but if you are taken in the boat, can you not see the water? But you are away from it. That's all. It happens. It's a happening. It's a happening again. All right? What Christ taught that's what I am exactly doing. But not these churches, take it from Me. I'm sorry to say this to you. In a way it's self denying. It's not self denying, it's a happening. I: It's a happening. Shri Mataji: You become a Spirit, and you start seeing yourself as a third person. All right? It's a new thing that happens in your awareness where you become, see yourself as a third person. You just do not do it rationally, "I deny myself". All that you do not do. It happens to your awareness by which you can start seeing yourself away from yourself. Then this body, all these things are not so important. What is important is the spiritual joy. That should happen, that's the real baptism. Actually you feel that coming up here and breaking it through, the actual baptism takes place. You see the whole force coming up and pulsating here and breaking this part, is the actual baptism. It's not like somebody just putting you a hand there, artificially, "Now, you are baptized." It's not like that. It's an actual thing that should happen, that's a real actual thing. All right? May God bless you! As it is said the cold breeze, cold wind of the Holy Spirit, you really feel the cold wind of the Holy Spirit coming out of your head. You really feel it. All right? All this it had to be proved. Yes. Do You believe in Redemption, as said? Of course. This is due to Redemption only. Due to Redemption. That's all right. But for that you don't have to confess anything to Me, nothing is to be confessed, nothing, it's just happens, all right? He's such a [unclear]. May God bless you! I tell you, if you really read Bible in a honest way, you'll understand Sahaja Yoga very well. You must re-read it after Realization. You'll be amazed how many truths have been covered by this so called philosophy. It's really very sad what they have done to Christ! I sometimes feel it is the second crucifixion of Christ! Funny things like Pope coming here, the protestants are saying, "We are fundamentally different". I mean how can they be Christians? I mean their Christ is their fundamental or not? How can Christ be two different things? I, to My mind, I just don't understand these people following like this. Why it is happening? Because they don't believe in their own Self, nor in Christ, in reality. They believe in creating dogmas, differences, hatred, all this. How can you do it in the name of God? How can you? It's done in every of religion, no doubt. It's not only the Christians who are experts, everyone has done it. Jews are another sect. We have Jews here, we have Christians here, we have Hindus and Muslims. See, then they after Realization, see, they see, what harm have been done in the name of God. These fundamentalists, these fanatics, all of them thinking they are the chosen ones. It's very nice self-certificate this, that you are the chosen ones.

## 1982-0515, The Creative Power, Central Channel

View [online](#).

15 May 1982

The Creative Power, Central Channel

Public Program

Brighton Pavilion, Brighton (England)

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I am sure Phil must have explained to you the mechanism of our evolution. As you see before yourself that there are different centres at the different level of the body and all these centres denote or different stages of our evolution. These centres cannot be seen. There are subtle centres placed in the medulla oblongata, means in the spinal cord, and also in the brain.

As I told you yesterday that God has created us that purpose and the whole thing has been done very beautifully, with great compassion, care. Is done very delicately and all these centres denote within us the kind of the growth that has been manifesting one after another.

But at the human stage we are still in the transition stage because we do not know the meaning of our life.

The meaning of our life will only be known when we become connected with that power which has created us. The power that desired for our creation, that activated for our creation and the one that evolved us. These three powers are indicated in those three lines. The left side is the power of desire, the sub-conscious and the collective sub-conscious, and the another one which activates is on the right side which looks after the action, the activation, the creation up to a stage when life started taking its form.

Then comes in the carbon atom. Carbon atom is a very important pivotal element that was created at a point where it had four valences which it couldn't depart or put [...]. This came as a special catalyst, you can say, which started creating life.

Now, the life was created, but, after creating that life as a unicellular animal, we had to become human beings. The chairs do not grow, this hall will not grow, nothing is going to grow which is dead. But, whatever is living grows and evolves. We have become human beings at a stage where that center is near the neck. Where we have raised our neck up, where the animals put their head up. A new system started building up within themselves, by which a crossing took place and this crossing of the energies created these two pouches called ego and superego. Because there was no outlet. The animals have both the feet and both the hands on the ground which comes from the hind legs and goes through the forelegs. But in the human beings, when he raised his head, then a new system developed within him by which he created ego. When he worked, when he took action through his mental and his physical capacities, he developed a system called ego.

Actually ego is a complete myth. Because we really do not do anything. As I said, we only do dead work. We cannot do one living work. We cannot do any living work. And so the ego that is within us is just a myth that we are doing it. So this myth rises and the superego at the animal stage is pressed back and when both of them combine on top of your head, till about the age of twelve years, the calcification takes place and you become yourself, you become completely independent. The "I"-ness develops. That means you become like an egg. Now you are a separate entity, a free entity, which can work out the left and the right side, which is like a brake and the accelerator of a car and learn how to use them to develop balance within you by making mistakes, by experimenting, you develop your wisdom in the center.

Sometimes the human beings go to the extremes, as I told you yesterday, how they go on to the right side into the extremes and what diseases they develop and what problems they develop. In the same way, I told you a day earlier that when you go to the left, how you develop your problems of emotional side and even a disease like cancer comes to you from the left extreme. Now, in the center is the evolutionary process, is the power of evolution, is the power of your sustenance. For example, carbon has four valences, that means, the carbon has got the sustenance of four. Human beings have ten sustentances which are expressed

in the Bible as the Ten Commandments. These are for the sustenance of human beings. When Moses was on this earth, that time it was too early to talk of Self-Realization, about Spirit. As the tree was growing, the tree of life, he talked about the tree of life, tree of [...], about Kundalini he did talk. But, he more talked about the sustenance, about the maintenance of the balance, of the being. He was more particular on that point, because that was the time where people had to learn to be in a balance. He didn't talk of baptism, for example, Jews don't believe in baptism. But he did say that somebody is going to come, Maseeha, and He is going to give you the Spirit. He is going to give you the Realization. But, Jews as you know, denied Christ, they didn't believe in Him and that's how Christ was crucified.

Now Christ is a very, very important advent on this earth. Apart from other advents, first of all, I'll tell you about Christ, how important He is and how He plays a very important role in the human beings. People just talk of Christ - Christ, Christ. We should go to the church, say Christ, Jesus Christ is the one I see. So many posters saying Jesus Christ is within you, Jesus Christ is coming, Jesus Christ is here, but where? Where is He? Where does He reside within us? He resides in the center which is the sixth center called as Agnya. This center is placed between the pituitary and pineal body, is a very subtle center and has got two sub-plexuses. He incarnates there as the embodiment of innocence. That's why He is such a powerful deity who incarnates and settles down in that area. His coming on this earth was very important because the ego and superego had crossed each other and there was no space for the Kundalini to pass through. That is the cross where He was crucified.

And when He came on this earth, four thousand years before that, Shri Krishna described that the power which is divine cannot be destroyed. The Spirit cannot be destroyed, it cannot be burnt, it cannot be blown off. And that's why Christ had to come on this earth to establish that truth. He was one who was "Aum", the one who was the Primordial sound and that's why He could walk on top of the water. Only the sound can travel on top of the water because it has no gravity to fall down. It was a special creation of Jesus Christ in the heavens, it's described in many books - Indian books, scriptures, He is described as Mahavishnu. Of course, the people who call themselves Christians got their Christianity from various sources and they interpreted it the way they wanted to.

For example, St. Paul in the Bible is not a realized soul, nor he has got anything to do with Christ. Nothing. He never met Christ, he had nothing to do, he just came forward, he was killing Christians, he was a half Jew and a half [UNCLEAR WORD], and he had bribed people to get a Roman visa or something like that. And he was there as a Roman soldier. And he was killing people, he was killing Christians. And suddenly he says that he saw a light and he, a self-appointed man and I don't know why he is in the Bible, he should not have been there. He is a misguiding personality and that misguidance is today acting against Christ. Actually, I have a feeling that always, when such a great man comes in on this earth, and His work starts, some negative forces become very subtle and come forward to help the cause and actually they are against God. This I will prove it you later on, why I am saying so.

But, Jesus Christ Himself, He came on this earth because we had a problem - the problem was of ego. The problem was, whatever work we did, whatever bad things we did created an institution of sin, we became sinners that made us a personality which was sinning. And He came on this earth to suck all the sins from [UNCLEAR WORD]. It is all promised in the ancient scriptures that such and such personality will be coming and when He comes, He is awakened by the Kundalini and if He will be awakened in the Kundalini, then He will suck your sins. So, there will be no Karmas, there will be no sins, not at all. So He came on this earth for sucking our sins, to take our sins, He died for our sins, we all say this. Then why do you have the idea of sin anymore? Why do you go and confess about your sins? Because if Christ is there and if He is awakened, He will definitely suck our sins.

And the second idea people had that we have to suffer. This was the idea which came from the Jews, that we have to suffer. Several years have passed that this Moses was there and that it was promised that somebody is going to come who will suffer for you, once and for all. And all your sufferings He will take. Such a great personality was that of Christ. He came on this earth, He went through all the sufferings and still even Christians go on saying, we have to suffer. Why? Has He not suffered sufficiently for you? Are you going to suffer little more than Him? Why have you to suffer? Only thing what has to happen in you is that Christ is to be awakened. If Christ is awakened within you, you will be amazed that all these so-called sufferings disappear just like that.



There are no sufferings anymore left. We have seen patients of cancer who are suffering very much, who are told by doctors that you will die within two weeks time. Is a fact. Now, if their Kundalini is awakened, their cancer disappears, all their pain disappears, all their agony disappears and they feel very light and they feel that they have become collectively conscious, that they are saved. They all know that they are saved. Once it happens, then immediately, the lightness of the whole mind, the lightness of the body, the lightness of your being is felt and you feel so light as if you are floating in the joy of God. And this is what was promised and we should have expected.

But what we did was to go back to the same old stuff, which was thousands of years back without understanding that if it was the growth, if it was the living process, the living process always transforms one from another stage to another stage. Like we can see a seed, seed becomes a root, the root then has the shoots, and the shoot has other parts one by one till it becomes a blossoming flower, flowering tree and then that tree bears fruits. And then these fruits also fall off. In the same way, if life has to grow through evolutionary process, there has to be stages by which we have to move, it is not that every time that somebody comes, he starts a new religion. How can it be? Christ has said, those who are not against Me are with Me. Now, who are those people who are with Him? He said it very clearly. Even Mohammed accepted Christ as a very great soul and He has said that you must wait for the day of resurrection. But who is talking of Day of Resurrection? Among Muslims, nobody talks of that, they only talk of the day of doom. I don't know why human beings are so anxious to go to that day of doom without going to the resurrection. We are here to be resurrected and redeemed and that is what is Sahaja Yoga. Sahaja Yoga not only counsels you, tells you all about it, it gives you redemption and a comfort, a comfort that is, from the sins and from the worries of life. This is what is Sahaja Yoga.

Now there are other deities who are settled down in other centers, about which you can read in the book, it's given very clearly. But people get shocked about it, when I told them that these are deities are placed here, there and there. For example, if I talk to Indians, they think I am preaching about Christ, I am supporting Christ; I am making everybody Christians, that's how they started looking at Me. And when I tell you about Shri Krishna, you will say the same to Me, because human beings have a habit to form a club. Now if you are following Christ, then you cannot see anything beyond, you see, you just get closed like that. But you don't see even what has these Christian church done to you. I was born myself in a Christian Church and I know they have done nothing whatsoever. Same about Hindus - what have their temples done for anyone? Go to these Muslims - what have they done for these Muslims? Nothing. Except for building big, big, huge mosques and churches and temples and half of the England, I am told that the church is owning. How are they going to recognize Christ? When Christ comes in, are you going to recognize Him? How can you? Which is the way? There are many who say, we pray to God, we say God, give us some job now, we use God for every third person. God is not in your pocket. You have to be connected to God. You have to be one with Him. Otherwise, you will be arrested. As without connection, you cannot approach anybody in authority, how can you approach the One who is the Authority of all the Authorities, without even having any connection or protocol? So all these people who are supposed to be in charge of Christ, in charge of Shri Krishna, in charge of Shri Rama, are all just I must say, are telling lies. Because they are not. They have nothing to do with them. None of them can really deliver the goods.

On the contrary, if you go and tell them that this is the time of judgment, and this is the time where you must accept that you are to be redeemed, that's the main thing, you are to be redeemed, if you are not redeemed, then all those things are absolutely useless for human beings. The emancipation of human beings has to be brought in - if it cannot be done, then give up all these nonsensical ideas and dogmas and fighting things and come up and see for yourself what is reality. But they'll not do it, because they exist on our ignorance, they exist we are ignorant about it. The force exists within you, the Spirit exists within you, you don't have to go to these places where there is no talk of Spirit at all, no talk of Self-Realization. In every religion, it is said that you have to get your Self-Realization, you are to be born again, you must be born again. In America, I met so many people, and they told Me, I am twice born. I said, how? We belong to an organization that is twice born. I said, the whole organization is twice born or what? And they believe in such mythical things that they are twice born. I said, what is the sign of a twice born? How can you make out a twice born? Anybody can stand up and say, I am twice born. Are you going to believe that person? Some people are so simple that anybody says anything, they just believe them, but that's not so. A 'twice born' has to be collectively conscious person and a twice born has to give you the power of your Spirit and that when you become twice born, you should be able to do

that to others.

Like Blake has said, that Men of God will become Prophets and these Prophets will have powers to make others Prophets. He said it so clearly for you English people, but I don't think you people like him very much. Because very few people I have seen, who really appreciate Blake and some of them have said that he is mad. Naturally, among all the mad people, a sane person may look mad also. But he is the one who has so clearly said and in this country, this great man should be born and should talk about Jerusalem is remarkable. Because you cannot think, in England, where people just believe in dominating other countries and using their power to dominate others, you could get Jerusalem established. But what he said was of these days, when those false ideas have dropped off, when people do not think of domination, they do not think of materialism, they are fed up with all these things and they are seeking today. And who are these seekers? These seekers are the men of God. So recognize yourself. First of all, you must recognize yourselves before recognizing anybody else that you are seekers and that you are men of God. Unless and until you have found God, you are not going to be happy by all these nonsensical alternatives people are giving.

The other day, I said that there are some people who are just jumping, dancing - is this the way you are going to become twice born? Is absurd. How can you be? How can you believe that such absurd thing that you can otherwise also do it, if want to jump, what is there, you just lift your leg, you can jump. What is so great? Is it jumping and screaming and shouting and talking nonsense, is it what you are going to achieve? On the contrary, you are going to achieve something that will make your awareness much more alert, the awareness that will be collectively conscious. In your awareness, you should be able to feel others. You should be able to feel yourself, your own being. And that is what is important. Now, these other methods impress people. I don't why this circus impresses them. If they say ten people dancing on the streets, Oxford Street with a dhoti, they are singing "Hare Rama Hare Krishna", people say, "Oh, ho, oh, what godly, divine people are". They are not to advertise it on the streets of Oxford street and other street and wear those funny dresses and funnily dancing, is that the way are you going to God? Use your brains. You are one of the brainiest people in the whole world. Use your brains and find out, is this the way are you going to do it? Something has to happen within you and that within is just now, the time is today, you have to get it.

I am so very happy to see that so many people came today and that they are so anxious to get to their Realization. Now, after Realization, when this ascent takes place, when the Kundalini rises and you start feeling the cool breeze coming out here, people may say, what's there in a cool breeze, now this is the Cool Breeze of the Holy Ghost. It is all over, all pervading. You can feel it all over, actually some people start looking at the window, is it coming from the window, if the window is open. That is clear cut to some people. Now, when you start feeling it, you must use it. You must establish it. If you start using it, then only you will know the value of it. If you have not used it, how will you know what is that? This is the Spirit manifesting and you have to find out whether it is true or not by using it.

Supposing I give you hundred rupees which is Indian money, then you don't know what rupees are. You must use them in the market and then only you will know the value what it is. In the same way, when I say that the Realization only takes place by only one method and that is the method of Kundalini awakening within you, like a primule in a seed rises only by one method, there are not ten methods that a seed sprouts. The seed has got a primule which has to germinate and it creates that tree which you see. Whatever may be the type of trees or anything, the only the way it germinates is through primule, in the same way, when your actualization has to take place, this Kundalini which is placed at the triangular bone has to rise. And when She rises and pierces through your fontanel bone area, you really get your real baptism. Not artificial. You cannot give an artificial baptism. Actually, Blake has said, the priest cursed me on my head. It's true, because he has no right to touch his head. He is not a realized soul. Priest is not a realized soul, they are self appointed. You cannot become a priest in a theological college or anything man made stuff, it's all artificial. Whatever is man made is artificial, isn't it? Whatever is God made is real and God made things are within you.

But after Realization, when you are established, you yourself have supreme powers, you can do so many things after that, that you are amazed at your own powers. You are surprised at yourself, that you are so glorious, so beautiful, so wonderful and so blissful - you become like a magnet for others. People are surprised at you, all your priorities change, all your habits drop out, all kinds of nonsensical things that were so much bothering you just drop off. And with that, all these centers are enlightened. And every center has a blessing to give. For example, the Nabhi, that is in the center here, navel center, has a blessing that Krishna

has said Yogakshemam Vahaamyaham - that when you get yoga, first yoga, He didn't say Kshema Yoga, then when you get the union, you get the well being. Now well being is your achievement. Not that you become very rich like Ford, that's extreme, that's nonsensical, it's a headache. But you get a satisfied person. You are looked after, God looks after you. We don't believe in God the way He is really. He is God Almighty. He is God with all the powers and His power is doing all the wonderful things that we see, which are living things. Every second, billions and billions of flowers are coming out and you cannot imagine to what extent it is powerful. And this power when you feel within your reach, you can maneuver it, use it. And be glorified by that.

Sahaja Yoga is here to establish all the religions of the world in one thread - to integrate all of them and integrate all the great incarnations of the world in one. Because they are within us, they are not separate, they are all together, they are one family, only we come at different levels of our evolution. And have misjudged them, misunderstood them and we are fighting. As I have said many a times, that from the trees, we remove the beautiful flowers, which are nurtured and nourished and developed by one sap in the tree. And then we fight for these flowers which are dead, ugly that this is mine, this is mine. And that is what is very important to understand that God has created this world not to hate each other, He has created you not to hate each other, but to know how boundless is His love, how eternal is His compassion, how great He is and that with what care He has built you up. You'll be amazed when you get your Realization to see the inner side within you, how it works, how it shows, how it indicates, you can make it out, a person supposing when you ask the person, this finger is burning you find, you are a realized soul and you ask the person, "What about your father?" "I have nothing to do with my father now, you see, I am very angry within" they said. This finger is burning, this is the father's finger. You have to tell that "You have to forgive your father. Unless and until you forgive your father, the Kundalini won't rise". She has recorded everything about you. You have no business to be angry with your father, just forgive. Then the Kundalini rises.

Now, we say Lord's Prayer. Why? For what? What is Lord's Prayer? It is a mantra. It is a chanting at this center. Without saying Lord's Prayer, if your chakra is caught up, you cannot make the Kundalini rise. It's most surprising, how we are made, all of us together and how we are part and parcel of the whole. It's very surprising, how it acts on us and how it convinces us that what we are doing is the way we have to be. It's not like any other, so-called God's organization where you can pay some money, become members and you are finished there. Or you dote upon your guru. Your guru is great and this and that nonsense - this is not that. It is you who has to become. It is you who has to know. It is your own power. And that's what one to understand. Of course, you cannot pay for all these nonsensical things, I mean, I just don't understand that how you pay for these useless people. When you cannot pay for God, why should you pay these horrible people for anything? There is no need to pay, but you do, you do pay them. You think that you are purchasing your guru - any guru who is accepting such a thing, who is purchased, is not a guru but a parasite, he is a regular parasite, nothing but a parasite. There are many parasites out now. Because you are so simple. You are naïve in a way that you don't understand a person who belongs to God only gives. He cannot take. He cannot take anything. Even if you give one thing, He will give you ten things as a reward of that, so He cannot take. And this is what is so simple to understand. Everything is extremely simple, but human beings have become rather complicated and those complications definitely create a problem for the Kundalini awakening, no doubt. But doesn't matter. Whatever may be the complications, we know all the tricks now. All the permutations and combinations and I am sure, we will be able to work it out.

Thank you very much. I would like you to ask Me some questions before we go further with this. May God bless you all. You should not be afraid of Me or should not be in any way be embarrassed. But of course, you should not try to be rude or ridicule something, that's not good - there's nothing to ridicule or to be rude. That's not very good, not very helpful for your Realization. Questions, if you have anything, otherwise, we will start with the Realization program.

Question and Answer session

Q: [NOT CLEAR]

A (Shri Mataji):- You have to work very hard. You thought that. All right. It's a good idea, because all of us think that way. Nothing new. Everybody thinks that how can you get it so easily. Now, you do get it, no doubt. But how? May be I know the trick, must be something special about Me - I am supposed to do this. I know it. All right? They talk, talk, talk. Some man, somebody was in California. He cut their tongue, can you imagine? To push it back into here - that's called [UNKNOWN SANSKRIT WORD] Avastha. Imagine, cutting their tongue here. And now these old people are wagging their tongues just like dogs in India. They are still

there. The fellow is dead and gone. He was talking of Kriya Yoga and all that. He's gone now, but those people have their tongues down below, no self-Realization, nothing. People have been standing on their heads, no self-Realization, nothing.

Now, I'll tell you one simple thing. One must know that we did not do anything to become human beings, did we? So if I have to become super human beings also, you don't have to do anything. Because it's a living process. What do we do for living process? Very simple thing. If you want to germinate a seed, you put it in the Mother Earth. She knows all the job and She does it for you. Do you do anything? Do you stand on your head or do you run? Or do you have any sort of a physical exercise to see that the seed germinates? Nothing. It's a living process. For living process, you don't have to do anything yourself. But, after Realization, this is a unique thing. After a human being gets his Realization, then he feels the power, so he is no more an animal, no more an inanimate thing, like this machine doesn't know I am speaking in it. It doesn't know it is carrying the electricity, least of all, it cannot do anything by itself. But here, you know the power is flowing through you. You will know how to maneuver it, also, you will be completely in charge of it. That's what I am saying - it's fantastic, isn't it? But for [UNCLEAR WORD], what's the harm? It's for [UNCLEAR WORD]. Yes, I agree, it is said that you have to do this, even Kundalini awakening, God, I have read a book so big as that, I couldn't read all that nonsense but, in that book, they said that Kundalini is in the stomach. Can you imagine? You see, about God, Hitler can write. Napoleon can write, anybody can write. But I have to deliver the goods, I have to. Say, I am banker and I have got the key with Me, which I have to return to you, that's all.

Another simple example I will say that this candle is enlightened and that one is not, supposing. Then just this light has to go near that because it is ready made. But if I can't see, I don't know anything about it, I may take this enlightened light or may not take this enlightened light, do all kinds of things which may be absurd. And that's why you go on like that. Like, from the village, Indian village, those who have not seen electricity, they come and you tell them "Put off the light". They'll go and start blowing at it. And the whole night they will be blowing and they will say that it is very difficult to blow off this light. Because they don't know the trick.

That is the mystery, mystery of the Christian Churches. They'll talk of mystery. What is the mystery? Because you don't know anything, so call it a mystery. Very nice. There is nothing mysterious. You will see everything clearly. You will see everything happening clearly. You can see the rising of the Kundalini, you can see flowing of it, but they don't want to accept, they are too vain, that's what it is. Same with every sort of religious person, it's not with one, but they are also vain and they do not want to accept it. They do not want to accept it. And they will losing all the chances. The chance is now, the time is now. Because they want to carry on with that state.

Yes, you must know that in India, in the villages, there are thousands of Sahaja yogis, thousands, you see. The more westernized you are, the more developed you are, you are less prone to reality. You prefer plastic mode than reality, I think. And that's how there are less people, but very good quality of Sahaja yogis we have in the West, very good quality. Because they intelligent, logical, once they have found the truth, they stick on to it. And they work it out. They are very intelligent people. You really need pure intelligence to understand this. But if you have a biased mind, then it is rather difficult. But still when it works out, how far can you go on denying? Best thing is that you are a seeker and you must seek it. Supposing, I have done the cooking, forget it how I have done it, better have it. If you are hungry, you will eat it isn't it? You have to taste it, not Me.

Q: [Not clear]

A (Shri Mataji):- Is going to be extremely simple. Even the word "simple" may be complicated. Tatksana. In Sanskrit, it's Tatksana. That moment it happens. But, sometimes you are so complicated that poor Kundalini cannot rise, you are so complicated. So that is also simple. We have to clear it out. Some people who came yesterday to get their Realization are today sitting here quite entitled to give Realizations to others. They are going to give Realization now. It's extremely simple. Not to worry about it at all.

But you have to also understand that you get your Realization because compassion of God has decided to do that. But, you also must understand your own value, that once you get Realization, you should not disappear, you must try to grow more into it and master this art of Kundalini. That way, in Brighton, I think we gave Realization to quite a lot of people. But they do not take to Sahaja Yoga because they do not want to give Realizations to others. They just want to keep it to themselves, after one year, it all

is lost. Then again they come to Me, "Mother, we have lost the vibrations". But vibrations were given to you to give it to others, you have to help others. You cannot, it's not an individualistic thing. You have to share. This is like I make you the capitalist and you share the capital with everybody else, otherwise you cannot enjoy. Unless and until you give to others, you will never enjoy.

Christ has said that "You do not enlighten the light and put it on the table". Exactly, that is the situation. Of course, we have some very great Sahaja Yogis here in Brighton who are doing wonderful work and all of you, I am sure will get Realization and do the purpose for which you have got it. And not just get lost. It's very wrong, I think its ungratefulness towards God who gives you Realization, then you must try to give Realization to others, otherwise this movement will not spread, it will just remain up to you, it won't go further. You have to learn the method, it's very simple. Even children can give Realization. So, it's not difficult, but you must come forward, spare some time for it. And must go forward with it. That would be very selfish, just to get Realization for yourself or if you are sick, to get yourself cured. It's very selfish.

The other day, we had a lady, she had a dislocated arm, you remember that? And she got cured. She never showed her face again. She came just to get her arm cured. Tomorrow, she has something else, she'll come back again. This is not the way to extract and exploit God's compassion. Because human beings are in complete deprivation of the spiritual wealth and as God has given us means and methods, we must try to give them what we have received.

#### Realization program

All right, let's have it now. It's very simple as I said. That's the best way. Give them a hand. See now, this is the kind of people you get. This is the kind of people. Just think of it. They don't want Realization. They don't want it. These are alright. Look at those four people who came in. Just look at them. They don't want it. They must be tied up with some other gurus or something, till they are completely finished, they are not going to come to Sahaja Yoga. They have to come down to that level where you see no way out, in that condition then they come to Sahaja Yoga, which is something too much for Me also, isn't it. When you are healthy, when you are alright, better to get to it.

All right, take out your shoes. The main thing is we cannot give Realization to people who do not want it. To be very frank, we cannot. It is your complete freedom which is respected. If you do not want it, it is better that you go away. The other day, yesterday, there was one gentleman, who came here. I told him just to put hands like this, he would not do anything, he was sitting like that. I said, why are you here. "I've come here to see". I said, what? There's no observer needed here, you have to come to get your Realization. And they don't understand, that if it is free, that doesn't mean you should take liberties with us, that's not proper, that's not being just and fair to us. Just come here and trouble us like this is not a good thing. Because if you don't want your Realization, it is better to go. But if you want it, you must sit down and take it. Because, it's a big load for us with such people who obstruct, who obstruct the movement of the Kundalini, they just obstruct. They cannot get Realization, they cannot go ahead, its better that they go away and don't trouble others. It's a very much better idea than to have them here who do not want it. Because, you see, also the deities don't like such people, who come here just to sit down. They don't like it. They don't like such people at all and it's very hard to continue with the work if there are people, who do not want reality.

Please put your hands like this, just like this. Take out your shoes please. And just put your hands now. Why to take out your shoes is very simple - because when you take out your shoes, you touch the ground, the Mother ground. Just put it like that on the ground. Put both the hands straight. And close your eyes, that's all. Just close your eyes. Keep your eyes closed. Because when Kundalini rises above the subtle centers, then there is dilation of the pupils, that's why you have to keep your eyes shut, because Kundalini won't rise if you your eyes are open. So, one thing sure, there is no mesmerism.

Now please don't open your eyes. Put your left hand towards Me as it is there and right hand you put it on your heart, because in the heart resides the Spirit. And ask a question, "Mother, am I the Spirit?" You need not ask loudly, but you can ask within your heart. "Mother, am I the Spirit?"

Now take this hand higher, at the end, at the point of your neck on the left hand side and just say "Mother, I am not guilty." It's simple. Just go on saying, "Mother, I am not guilty". This is very important. "Mother, I am not a sinner, I am not guilty". You must

say that.

Now without feeling guilty, you put the same hand again on your heart. Without feeling guilty, again I say, without feeling guilty, you should say, "If there has been any mistake, please forgive me." Ask God to forgive you, if you have done anything wrong. According to God's plan or design, if you have done anything wrong, ask God to forgive you.

Now, as I said, that you have to give Me permission to give you Realization. So, you have to ask, "Mother, please give me my Realization." And put your right hand now on top of your head while saying so. On top. Just on top, little higher.

Now put the other hand, and this right hand towards Me. You may take out your cap, because you may not be feeling the Cool Breeze if there is a cap on your head. So better to take out to feel it.

Now put both the hands towards Me. And now see if there's a cool breeze coming in your hand. You have to forgive, forgive everyone. Please say, Mother I forgive.

Now the Sahaja Yogis who are realized souls sitting among you, will just feel if you have feeling the cool breeze or not on top of your head. They won't disturb you at all. The power is flowing from their hands and they can make it out. And they'll tell you what is the problem is. So, nobody should talk. Keep your eyes shut. Keep your hands like this. And these people will see you if you have got Realization or not. And then, they will tell you, why, what is the problem is like, let them have a look. And you will also become the same as they are today.

## 1982-0515, Shri Lalita Puja: Understand your own importance

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15 May 1982

Understand Your Own Importance

Lalita Puja

Gillian's House, Brighton (England)

Talk Language: English | Transcript (English) – Draft

Shri Lalita Puja. Hove, Brighton (UK), 15 May 1982.

I am really a proud Mother to see so many sahaja yogis. And one must understand that even if you get few people as newcomers, they may be few, but one has to realize that each one of you is now a realized soul. Each one of you have grown so much that you can create a nucleus yourself. And after growing in a collective way together, now individually the seedlings have become strong shoots now, and they can definitely be transferred into different places and work it out, because each one of you is a prophet. I wonder if you realize it or not.

Of course you have got the joy of realization, the bliss, everything you have got; you have grown up to that. Slow and steady you have achieved it, and as you have grown as a tree now, every one of you is so important and so powerful. I know that few people come in, in a collective way, and you find it difficult in the beginning how to deal with them; because they are still not grown enough, they are still not up to the point where they really realize their own importance. But you should all understand your own importance and your own quality that you have achieved.

In any other so-called fake organizations – for example, say, take the church – there's only one priest. In the whole locality there is one priest, though he doesn't know anything about it, doesn't matter! But still there's only one person who is authorized even by church. Everyone has to listen to one person. But here now you all are dynamic people: each one of you is capable of giving a good lecture. Of course all of you can give realization very well, no doubt about it. In all your groups you must try standing on your own legs. Try in your own groups. Think of all the dimensions into which you can shoot off. Because now you are ready – you are now the prophets. You don't have to depend on anyone as such, or you don't have to depend on your fellow beings also for that – individually you can do it. Though you are connected with each other, you all understand the same language, you have got the truth together and you are all together; but the dynamism must come individually into you, and every one of you in your own sphere, in your own line can work it out, because you know all about Sahaja Yog.

Now those who are half-baked may not know. They still are rationalizing maybe something, doesn't matter, they will also be all right. But as far as you all are concerned, you are all prophets, and as prophets you must stand up. Wherever you go, you talk of Sahaja Yoga, tell them that "This has come to us, this is the light. We know everything." I mean you don't have any doubts about it, isn't it? But the trouble is that you feel that the others may not understand, they are stupid people, they are foolish people, or they are ego-oriented or they're aggressive, or they'll do this to you or do that to you. It's true, but you must know that there's not only one person who's fighting it out, there are thousands all over the world who know your language, who know your thing, and they all know the same thing. So you are not alone fighting it out.

Once you know that, then you'll be amazed how much power will start flowing into you. The more you think about it, meditate upon your Self now, I would say, and know that you yourself, you are prophets. And then you'll see the dimensions into which – so many are My dimensions sitting here, I can see that. So in every field, in every walk of life, wherever you move, you have to talk about it and tell people.

Now there are certain things, we have made certain rules and regulations for Sahaja Yoga, Sahaja yogis. That is just to see how many are really half-baked and how many are full-baked. That's how we have made certain rules and regulations; because those who are really full-baked will accept them without any difficulties – they are absolutely there. Now as it is we know there are

many categories of people who come to us. The people who are top-class get into Sahaja Yoga without any difficulties, they are top-class people. They achieve their powers, they assume their powers, they start asserting their powers, they just become that. Like we say we have the complete pattern of the ring with us, and only we have to put the diamond there. You find the diamond – all right. They'll just settle down with it. But some people even after realization go a little bit this side, that side – doesn't matter. They'll all come round.

But those who are top-class people are still, I must say, are quite a lot. I mean, I can tell you I know so many gurus who are real gurus, not these – these unreal you forget, and the fake you forget – but the real ones also, they haven't got a single one like that, not even a single person. Like Gagangan Maharaj, he told Me very frankly, he said – I said, "Why don't you give realization to them?"

He said, "Who gave me realization? I had to work very hard, this, that."

"All right," I said, "you had a guru who gave you realization, so as a guru it's your duty to give."

And he said, "I've given it to one person. I worked on him for twenty-five years. I cleared his Agnya, I cleared everything, gave him realization."

"And what is he doing now?"

He said, "Now you'll meet him, Mother, some time. You must see this fellow, he is horrible, and he's the one who is now making money, running after women." After realization, after twenty-five years of his work! He said, "I have nothing to do with this man." Now this fellow was called as Anaa Maharaj.

I said, "All right, I'll have a look at him if he comes to Bombay."

So he came to Bombay, and one of My disciples had invited him to his house. She's quite a rich lady, and she said, "Mother, Anaa Maharaj has come, and You had told that You would like to meet this man, so he's come here. Would You come?"

Went there; he of course touched My feet all right and that, but he was smoking in My presence, just imagine. He touched My feet and sat down. He said, he started talking ill of his guru first of all – the one who worked on him for twenty-five years, can you imagine? I mean you are very kind people, you don't talk ill of Me! I've not worked for twenty-five years on you; and look at him, he was talking ill of his guru.

And he said that "You see, my guru, why should he go to, why should he go to Bombay? Now what is the need?" Because this fellow was making money in Bombay, so he didn't want his guru to go there to tell against him. "And why should he go to Bombay? He should not leave his place. He was all right on the, on top of the mountain. What was the need for him to come down?" and all sorts of things he was talking there.

I said, "Really? That is your guru, you are not to talk ill of him."

He said, "But this is true. He need not have left the place, you see?" And he was still smoking there.

I said, "All right, I have to go." With so many women around him pressing his feet, this, that, taking a lot of milk and enjoying himself and smoking, and talking in a very condescending manner to his so-called disciples. Poor things, they were simple people, you know.

I said, "All right, I have to go now. So you just put some – I'll give you some kumkum on your forehead." So I took some kumkum and put it on his forehead. So his Agnya was just burning, oh, absolutely My finger went like this! I said, "That's it."



"Now," I said, "all right, now can you – I'm going now, you put some on My forehead." And I sucked his finger inside, he couldn't move it. Just like that, it was all ....

And he said, "Leave me, leave me, Mother. I'm sorry, I'm sorry!"

I said, "Now, you just promise you'll not talk ill of your guru. Then only I'll leave you."

He said, "All right, all right, all right! Please leave me!" So I left the finger.

But see now, the Sahaja yogini lady who was there who has been saved from so many problems because she was a clairvoyant person, to her he told a lie, is complete lie. He said, "I was giving power to Mother." See, they saw it from a distance. "So I was shaking because I was giving power" – you know, means this shaking was giving Me power!

But this lady should have understood that when you shake, it means there's something wrong with you. And you know, she said that "Now I will give you also such powers as came to Mother." That time it was just the beginning of Sahaja Yoga, I should say, quite the beginning. "So now you'd better have a yAgya, hom (havan) For that all of you must bring one and a quarter tola of gold" – that's about ten grams – "and give it to me." That was the beginning of the end. Now all their money, all their property, everything he sucked in somehow.

And her sister met Me when I was travelling once from Delhi to Bombay, and she just fell at My feet and started crying. I said, "What's the matter?"

She said, "Mother, this fellow has looted us."

I said, "Who?"

"The Anaa Maharaj."

I said, "How? But that day you saw him shaking. That's the thing." So how she was befooled by this fellow, who told her a complete lie. If she had seen the vibrations of this man, it would have been all right. And this is what Sahaja yogis forget. They are prophets, they have their powers; but their power is their spirit, is their vibrations, and they forget it all the time that we have got a new awareness, vibratory awareness. We have to judge everything on vibrations. And that's the only failing point of all the prophets.

If it is untruth – I am very innocent, you know, I'm very simple-minded, I just don't understand things at all, you see. I don't know the crookery of man, how he goes round and tells lies and this, but on vibrations I know what it is like – absolutely. You may tell Me any stories: with all your crookery, with all your intelligence and all your special sharpness I know what you are up to, because only I know it with vibrations. But otherwise I'm very simple, I can't rationally or anything I can understand, but by vibrations I know where you are. In the same way you develop your vibratory awareness, its sensitivity, and try to understand things through vibratory awareness. If you can do that, then you will be perfect prophets. You'll be perfect prophets.

Now among ourselves also you'll find there are people who are not up to the point. Such people should never be trusted, should never be trusted because they are half-baked, they might become negative, they might become positive. So they should not be trusted and they should be treated with a little reserve. Once they become all right, then you can take them into your own fold. For example, recently a girl married somebody who is a great Sahaja yogi. Now because he said he loved her and all that nonsense, so I said, "All right, baba, you marry her." But I knew that this one is no good, but what to say? And then this lady tried, actually she travelled with Me and she tried even to clutch My heart with the bhoots she had, absolutely. Twice she did it. So cunning, the spirits are so cunning in her that when she went back to Australia, you see, she put up a show in such a way that "Oh, she is so insecure and her husband doesn't care for her, and this and that ..." And the whole of that ashram, just imagine,

would have been lost. But I knew something was happening, so I trunk-called. Immediately I found out. I told them, "Now, see her vibrations!"

They said, "Mother, we don't find anything wrong with her." That means they never saw her vibration to begin with; because what happens once vibrations are lost, you can't feel anything. She has engulfed all of them so much that they couldn't feel anything about her. Can you imagine?

Then rationally I asked a question, "Can you replace Warren for his wife?" And they got a fright.

So, one has to be very, very alert about it, extremely alert as to these people who are half-baked. They will always try to pull you down. Half-baked people will always try to pull you down, unless and until you are firm enough to pull them up. Because they are not doing it, they are not aware of it, but they are under the possession of these people, and when they do something, they try to do all anti-God activities.

Another one I'll tell you was in Geneva. In the beginning I don't tell openly about a person. As far as possible I don't tell openly, because it's not proper. Give them a chance, they'll come up, it will work out, doesn't matter. I can manage it. But when the nuisance becomes a collective thing, then one has to talk about it openly; you see, because these people will go to one person, say something, another person something, third person something. So you have to be very alert. And they're not aware of it – that's the best part of it, they are not aware of what they are doing. Like this lady in Geneva would go on asking everyone, "What do you think about Mr. X or Mr. Y?" All right. So you would say something: if you are negative, she would catch hold of that.

Day before yesterday I was very happy when Ray told Me something good about Pamela. He said, "Pamela is a very artistic lady." When you start seeing good points in others it gives Me pleasure, it gives Me happiness, it gives Me joy. But if you start seeing bad points in another, then I don't like it. Sometimes of course, when you – I also test you on that point. Sometimes I'll say something, you see, deliberately: I'll say, "All right, something wrong with Ray" – I may say. I know about whether it is wrong or right; just to judge how far you can judge that person. Then if you say, supporting to the right thing that he's doing, then I know that you are right. I like it, I appreciate you, I really adore you for that. That whatever is the truth you should tell Me, because I know the truth, but I just play around with you to see what you think of another person. So try to see the good point in another.

But on one point you should understand, if a person is quarrelsome, is trying to overpower you – Birmingham we have a problem like that, which I have not yet exposed or said so. Still I have kept a secret but I am telling people that in Birmingham there's a problem, and that problem comes from one person who is not aware of it. I will talk to that person, tell that person that he should get rid of this problem. But if he does not then I have to tell about it openly, because I don't want Birmingham centre to be lost. We would have lost Geneva, I tell you we would have lost it. Everybody went against each other and big problems were created, by one person. Though you are full-baked, still you are not so collectively aware and appreciative of others as you should be. You are all one. Not only appreciation, but you can't do without each other.

So slow and steady as the English character is, which is a very good character but it can be very slow. Slow and steady you must rise about, above your own shells and see the beauty of another Sahaja yogi, and see the point that are good in that person so that you imbibe. Some people have certain capacities. And surprisingly then, I talked to Pamela about Ray and she praised him a lot, and that really made Me extremely happy; though I must say Brighton may not have been so bright yesterday in the program, there were few people, but doesn't matter. This is very energy-giving, to see that Sahaja yogis appreciate each other.

Now somebody has a problem: say, left-sided people always have a problem in My lecture, they go off to sleep – naturally, they have to! It doesn't matter whatsoever, I am working on them even if they are sleeping. But when I work on them, I have to sleep Myself to go into them, see? So that drag is there, it doesn't matter, it will come up. There are ways and methods of how to work it out. But that's not so important to Me. What is important is, are you sleeping towards your fellow men, fellow Sahaja yogis? Are you alert about them? They are just like your hands, eyes, nose, everything. You are all one. You cannot do without each other, because you are the only people who have now got the eyes to see. You are the only people who are aware. And we are not few. We think that we are very few. You see, maybe then other gurus they might get thousands of them, they are useless – as they go

they come out, maybe added up tails and horns they might have! But they are not aware people. And you are aware. On one side you have to pull out the people who are not aware so much, on the other side you have to appreciate people who are more aware. And this is what one has to understand.

Now every quality of every nation is going to help Sahaja Yoga. Say for example, I would say that French, they have lots of disqualifications, maybe. But they have one quality: whatever they do, they do it seriously. I mean even nonsense – even nonsense. So this quality of theirs if they use for Sahaja Yoga, if they develop that seriousness about it, they are a great asset to Sahaja Yoga. As I told you, English have the quality to – first of all they don't talk. I don't know why their mouths are shut so much. They are silent, and they say less than what they should say. They are upright, slow and steady. We also need people who have to be slow and steady and upright. But the defect could be that we just allow things to happen, and we do not stand up. You may be slow, but you must walk. If you say "I'm slow" that means there is some speed somewhere, isn't it? There has to be some movement somewhere. Even if something moves slowly it means there is a speed. A "slow" words means there is a speed, isn't it? It doesn't mean that you are stationary. "Slow" means a speed, and some speed you must have. And that is what is, you have to get up. You have to arise. You have to shoot off.

They have been doubly blessed by Sahaja yogis, because now I am stationed in London, we have Caxton program. "All right, we go to every Monday, like to church, listen to Mother's lectures. Very nice lectures Mother has given. We appreciate it, come back home." Done, for the whole week.

No, you are prophets, and you have special responsibilities as English Sahaja Yogis. That's why I came down to this country to work it out for so many years. I told you that in India I have worked only for three years; now I have been here for eight years, and maybe four years more. But why? What was the need to come to England and work – while you know in India I can get thousands like this who can get realization, you have seen with your own eyes. I have given realization to thousands, and who are so beautifully placed in Sahaja Yoga, they are so solid. They are not the people who will come to one meeting, and next meeting they are lost. They are not like that. They are steady people; they go ahead with it.

But still why I'm working here: because this is an important position. Every cell of this heart is very important, and that is why you all should try to move. And do you know, the job of heart is to move things? It circulates, it must circulate. Try every method of circulation, talk to people. You being English, you will understand the other people who are not yet there. They are also slow; they can't move fast. You see, it's a quality that a bull sits down, you know, then it won't move, whatever you may try. It's just sitting down, settled down and very happy with that posture. So you have to say, "Where are you sitting? On top of what? Volcano!"

Tell them all about it, give them the big message that the Redeemer has come now. There's no time to sit down. This is the one who is here. Better get up now! Don't carry on with your old ideas and old things. Must know that this has happened. And as I told you, the predictions can be used, you can use anything that you want to use out of Sahaja Yoga. You can tell them anything out of My speeches, whatever you want. You have every right to do what you like with My speeches. There's nothing to be afraid of, or worried about.

Like the other day somebody said that out of protocol they did not do this. What is the protocol for children? Nothing. You are My children, after all. You have every right that I can give you. So there's nothing like that. Something was not done – what did you say, Pamela? "Because of protocol ..."

[Pamela: So many things now that I don't know which one.]

Yes, something she said, I've forgotten that. But what I would say that, because it is so obvious that you are special people. You have been enthroned. I'd better recede in the back, like the Queen Mother is, and let Me see you rule! That would be much better. And don't worry about protocols and things so much – go ahead.

I mean, the interview or the thing that you have written in the newspaper is not absolutely correct, but I don't mind. Because that will suit people, that certain things I have not done, like helping Gandhiji – what could I help him, you see? He never meditated.

Yes, in a way it helps but the way it is written, it's not that grossly – I did it in a subtle way. Doesn't matter. But I don't mind. Whatever you say is correct, whatever you do is correct, and it can be put right. Even supposing you say that it was exaggeration sometimes, the exaggeration can be achieved. Whatever you say will be the truth, so don't be afraid of saying what you feel like.

Now another background of the English people is – this you should not be so much frightened of – that they will always say something with little less than what it is. I have to tell you, you should say it with little more, if you have to make the bull move, you see? Say little more than you can say, because whatever you say is not more, and this is the Infinite. [Laughter]

But it should not be also so much that they can't bear it.

Like Warren had an experience which I told him, "Only tell the Sahaja yogis, don't tell anybody else because they'll never believe it." There was no petrol in his car and he had to go for a propaganda work. And he went round and he did all his propaganda for eight days, and when they came back the petrol was not available. At the petrol pump the fellow said, "Your petrol is full, why do you want to have petrol in?"

Why not? That can be done. But don't tell anybody else, because they'll just say this is cock-and-bull story, you see. You see, you have heard the story of the bread and the fishes. Because in the Bible it is so, we believe it. Why not today? You have seen so many things happening like that, I mean so many things in your own lifetime. But all these things if you tell them, they won't believe. So your wisdom is in believing that you are in the realm of God and He is Almighty, and that He is going to give you everything that you want and aspire for. People won't believe it, I know. But it's true, whatever is desired you can get it, but if you tell people they won't believe. But as far as Sahaja Yoga is concerned, you have to make a statement which is not reserved but open, with confidence. The diffidence that is put into it because of this training is not good. With confidence, "Yes it is so, it is so! This is what it is."

Like first when I went to India, Raul Bai, you know such an elderly lady, an Indian lady – they feel little shy about everything. She's the one, with full hand up in the air she was shouting, "Bolo Mataji Nirmala Devi!" And Modi looked at her; he couldn't raise his hand, you see. He was a little shy. But she went thrice, and then she lifted his hand and said, "What's the matter with you, such a tall man? Why God has given you height, for what? To raise your hands only." And poor fellow, he had to raise his hand!

So that's what it is. Have boldness, have complete confidence in yourself, that you are Realized souls, that you are prophets. Not to be upset or worried about things, but you are prophets now. Assumption! In Sanskrit, it is said 'raj', that is, the energy is permeated. 'Viraj' means, enjoy that energy within you, 'viraj'. 'Ra' is energy. 'Viraj' means, you enjoy that energy of that throne. Assume it! You are the kings now, behave in that manner. It is not arrogance at all. A person who is a king is never arrogant, if he's a real king. You see, if they are borrowed kings, then it's different. But if they are real kings, they can never be arrogant. So, with that special type of royal behaviour, you will attract people. It's not putting up show, is – you are!

On the contrary this is the reservation you are having, for what? You need not dress up like beggars or like dandies, but your dress should be such that you are a king, not bothered. And you'll be amazed, it will work out. You are the people who have the greatest of my time and company, and also I know your language. I have given more speeches in English than in my own mother-tongue or in Hindi – can you believe it? And so many Indians now, who did not much care for English after independence, are trying to learn English now; and they are afraid that one day, English may replace Sanskrit, the way Mother knows English.

So I have to make a very, very simple request to you that assume, assume your powers. Assume! You are no more slaves. You are realized souls now. With this personality you will really enhance the beauty of Sahaja Yoga. Unless and until there are flowers on the tree, the tree has no meaning. And the flowers have to be up! They don't hide; have you ever seen any flower hiding itself? They cover the whole of the body of the trees, and fragrant, assuming their own powers. And the fragrance springs. Everybody knows the flowers are up, all the bees are round there. That's how you have to be. Assume your powers – inside, outside, both. Not only inside, outside. And they'll be amazed at your confidence, at your compassion, at your capacities; and the greatest of all, the complete vidya, the complete knowledge of Sahaja Yoga, the complete knowledge of Kundalini, the complete knowledge of Divine which you have. All right?

Now Gavin, whichever way you want, you can do the puja.

Gavin, come along ... You should have names and things. And Marcus.

[Yogi: Ganesh Puja, Mother?]

Ganesha has come! So you also know Sanskrit .... Both are learning Sanskrit.

[Yogi: Should all those who haven't done Your puja before be called up?]

All right, but not absolutely new people. Not absolutely new, but those .... Come in. If they want to do it, it's all right. But you see, the problem is they're absolutely new people. But in France it was ....

[Yogi: Some people have come from outside and may not have had a puja.]

Outside from where?

[Yes, there's a gentleman from Devon, Mother.]

Is there? Good, that's nice. And also, you see, in France it really clicked there. We had the puja next day and we called those people who got realization. And they really clicked, you see, they were very sensible because they were seekers. They understood the meaning, and not only .... They were Muslims, and how good they were – absolutely top-class. Top-class people, you know. ... What's his name, that lawyer?

Aychala. He's a wonderful man, isn't it? His wife ... And he said, "This is the Resurrection Time; what is there to question?" ... And he's a lawyer, and his wife also?

[Yogi: Yes. And they've talked to so many people in Algeria.]

I tell you, he brought fourteen people by plane. Yes, he did.

All right. So if the new people do not form any barrier, it's all right. They can come and wash My feet. It helps always. But if you have barriers, don't do it. Just don't do it. You see, it doesn't help Me, it helps you. Some people think that by washing My feet, I can save one washing or whatever it is! So it's a privilege, and if you have to do it, you should do it – is good for you, you'll immediately settle down into your realization. So those who are new people can come. And you have to wash My feet first of all.

He understands so much, I tell you! My grandchildren, they are – they understand the protocol so much. He took off My socks and put on top of the head of – his top! They understand so much, it's ... ! Nick was telling Me that we have to learn from children so many protocols. He took it out for Me today, she said, for puja evening, and I think I'll leave it to use.

So, those people who are new, please come. They should do the puja. They have the privilege, not the one who ... Who has come from Devon? Great! Come along. Come along, come along. Good. As from Brighton who are the people who should come and wash My feet, because that's the best way to settle you down into your realization. He is to be the first? They understand the privileges. Very good.

I think Paul, I think you should wash My feet, better wash My feet. Good. Aha, that's good. Better take a mantra. By the way, whom did I give that thing I had brought for you that ... day? To wash My feet? Whom did I donate it? Did I give it to you people? The big thing. No, no, recently. Ask Marcus. Marcus, we had that silver thing, big thing? Big thing like this? Which one? No, no, not

that. It was from England only. I think the Lane. Must be there.

[Yogi: You gave me one at Your house, Mother, to give to Nightingale Lane.]

Did I? Where is it? You must bring that. You see, that's a very good one. It's surprising that, that I had it with Me, this was from England, and I brought it back for you. Made in England, can you imagine? In Sheffield! So I brought it back to you, that you can use it. So next time you bring that, because stainless steel is not so good as that thing is, you see? It's all right, it doesn't matter.

So now, you will say the mantras, no? With Shri Ganesha's, first of all. Have you got that? ... So how will you do it on My feet? On My feet you use the ghee with this. Little bit of this coconut should be saved for after this .... All right. Hundred-and-eight names. But he has got translation, necessary too – oh, that one. Let him read his translation of, because this is for the new people.

This is the Shri Ganesha who incarnated as our Lord Jesus Christ, and this was written fourteen thousand years back. It's been translated, so you can see now how His coming was already there, and how the things that are written in here show the complete picture of Christ – which He is, which people do not know, you see. They talk of Christ, Christ, Christ – what Christ is? Let's see. Now, Gavin, can you stand up and read it? No, no, that's all right, forward it, just forward it. Now, who will – why don't you ask somebody to read, because we have to come .... Jeremy? Read it, loudly.

Now, where is ... Who will we get? Marcus? I think you are .... Where are all the ... They're that side. So you come this side. Marcus, you come this side, so you have to hand all the ....

Let all the children to wash My feet. Let the children do it first. That's better. Shona! .... Let Olympia come in. Olympia, come here. Come, come. Who else is there? You'll have to wash My feet. All right? Everybody has to wash My feet. Come along. Now sit down there. Everybody's going to wash My feet. All right? That's it. Now come along. Get the water. Amit, sit down. Take out your shoes. Must take out shoes .... Sit down, sit down .... Sit down, sit down. Sit down, sit down. Sit down here, just like that. Please sit down. Now will you sit down! Sit down! Sit down. Now put the water, come along. You put the water, just come along ... Now see everybody's doing it. Come along. Aha! Who will do it? Oh, oh, all right. Give him that hand. Where is that – Katie? Just call her. Right hand, right hand, you give the right hand. No, no, no, don't cry. Don't cry. Don't cry. Where is Katie? Call Katie.

Now wash it, wash it. Come along, come along. Come along, come along. She can do it. She can do it. She's big now. She can do it. .... It's all right now, see, it's cool breeze coming. Good, good, good. Come along, Katie, come along. Katie has come, see? Now Katie has come. Come along, Katie. Come along, Katie, you do it.

[Yogi: "Let our ears hear that which is true ...." ]

See, everybody's doing it. All the children are doing it. All right.

You see, this is what is the point, that when you get realization the spirit is awakened – that is Christ – and that you listen. "His presence in you": with that you listen. Means with the spirit, you see, the point is. That's what He said: the Comforter will come and He will, or She will, whatever it is, will make you comfort in such a way that you will reside forever in My Fath – or would remember My Father forever. That's the spirit you remember.

That's the spirit, you see? See now, hear this.

Who are others? .... You never? You too? .... Can you imagine, he's here! You have never washed it .... Grace, you rub with your hands in the water. Just rub it. Come along. Just rub it, in the water. Rub hard. You have to rub with your fingers. You see, My feet are perfectly all right. Nothing happens to them. Rub as hard as you can.

[Yogi: The names of the Goddess, as Shri Lalita.]

Now, you stand up and .... Would you do it? Good idea, because ... Can you put it for him? .... All right, just stand here ... Translation, otherwise these people won't understand.

Can you sit down, would be better. We can ... Mother Earth ... vibrations. Very loudly now.

Can you put "sakshat", that would be better ... Not too much. .... "Mataji Nirmala Devi" would be better .... At the beginning you say .... Once you've said it, it's all right.

Now you'll be sure of it, all right? May God bless. She's sure of it. It's better now.

These are all the secrets of .... All right, but you don't see that .... All the horrifying things you have chosen there to read! .... Ra, Ra-dha: is to .... means the one, "Ra" is the energy ... which permeates, permeates. Radha is ... Ra is energy of Radha. .... Again horrifying things now! In the beginning they'd say all horrifying things to settle you down, I think, that's why .... All right. All right, now go ahead. .... Sugar-cane now!

She's the causal elements. Causal elements, you see? Causal .... Like the causal of the Mother Earth is fragrance. Fragrance is the causal of the Mother Earth.

You see, the emission of vibrations through the aura engulfs all the other auras into it .... All the Mother Earth.

With the Nabhi .... That means .... She's full moon of musk. They, you see, they have tried to put all poetic ideas to describe something.

You see, the thing is, it's a difference: it's beauty and auspiciousness. Auspiciousness is the face, you see, that gives you shubha – shubha means "that brings good luck." The face you see brings you good luck. That is known as auspicious. Of course, I mean, modern people don't believe in such a face like that, that there could be a face. But there can be a face which if you see, then it brings you good luck. Auspicious.

[Yogi: Salutations to Her, the diamonds of whose nose outshine even the stars.]

That's why I don't wear anything there!

.... It's of the joy of beauty. So the Sahaja yogis enjoy the beauty of those flowers which She wears. Because of vibrations, it's that. You see, it's a simple thing is that anything You touch becomes vibrated, and if you see that particular flower you are more happy, because it's had vibrations. Vibration is the one which only gives this. ... Yes, there are.

Lotus of – the lotus of love. ....

Which means, which comes out of the kapol. It is the description. Kapol is this one, so this is the part they are describing. .... See, padmaraag, padmaraag is the fragrance of the lotus. Is the raag, means the energy of the lotus is coming out of Her forehead. .... No, from this, kapal and this is kapol. Kapol is – I'm sorry: this is kapal, this is kapol, cheeks. The energy that flows from the cheeks is the energy of the raag, means, raag actually means love, compassion – of a lotus.

Like the new leaves. Vidru is "new leaves," you see. Like the new leaves. .... What is the translation? It's a very big thing, but it's very poetic, it's rather embarrassing. It's rather embarrassing! All right. .... Blue. Like the blue leaves, you see, of that color. You see the color of the new leaves – isn't it pinkish-red, isn't it? So Her lips are of that color, which will put shame to even those blue leaves, newly-born leaves, you see, pink ones.

Yes, but they are the controller of the Nirmala Vidya; Shuddha Vidya – pure knowledge. These are, teeth are the manifestation –

they manifest pure knowledge. It's the primules of all the Vidyas. Primules.

Camphor is to be applied. And betel is to be eaten, – which I don't eat, you see.

Sanlap means "auspicious." Alap is the report, report. Report. So .... You see, to be very frank, it's very embarrassing. You'd better read it. .... No, no, that's what is written there: like the music of veena, divine music of veena. .... Saraswati.

(Maybe just one more towel .... )

See, in a subtler form you must see all these things. You don't see that, all the strains, you see. In a subtler form, diamonds are the things which radiate – they radiate, you see. So when they say the diamonds around the neck, it's not question of wearing it outside; it's a question of radiating that love. So the necklace, necklace is useful. But now, you are My diamonds in My necklace, so why should I wear any diamonds anymore? .... Cosmic, that's it. You see, when She didn't have Her own diamonds, and the one that She did have, She used to wear those diamonds, all right. But now you have living diamonds, so what's the need? They were used to radiate Her power. Now you don't need anything; you are the ones who are going to radiate the powers. Right? ... That's it ... All built-in!

I think we'd better not translate it, better not. It is more about the breast of the Mother. Because the children are worried about the breast, so it's described here, so it's better not. No, no, no, better not. You see, this is written by, for people like Markandeya, and they described Mother in and out. I don't know how they found the Mother like that, you see, because they are children. You see, so they were the children. So the children know everything about the Mother in and out, see, so described the whole birth.

That's the .... There are three folds. The Mother is ... three folds. That's why it's called as .... Very embarrassing!

Kamesh is .... He's the God of all the desires. "Kama" is "desire." That's why He's placed in the Heart.

Too much of an arch. Can't wear modern shoes! ....

They took a photograph – you were there – no, no, but one of the photographs where they just saw the flames coming out of My feet .... Maha Shivratri.

You see, all this is being said because by saying these things you excite these powers, you see – they feel happy, they get excited. And it is nothing special for Me because if it is Mine, it's nothing special. It's just there. But one has to know that why you get realization so fast, because must be something special about Me. Why you got realization so quickly? I look like you, behave like you, everything is like you. But there's something very subtle with it, which is very dynamic, and you must understand the cosmic nature of the Mother. That's how it will explain how you all are getting realization, how you are giving realization to others. That's why all these description are being given by the seers, who are of a very high quality people, you see. They are very subtler, but the subtler you grow, the more you understand My powers, and your own powers too. But it's such a mutual understanding, you see; like the more you open your eyes, the more you see the sunlight. In the same way it is. But there must be something about Me, that you are getting realization, and that something is this description.

[Yogi: They say that the Goddess is so great that even Lord Ganesha looks only at Her feet. He never looks up to see Her face.]

But not Sahaja yogis, are all right. They are excused. They are meant more than any other deities, and they are treated like that. First with children, you see, the deities also are very, very good, very, very kind. They know they are on the stage and they are to be looked after, and they are therefore My favorite ones.

[Yogi says there is another description that the Goddess's toenails do not need to be cut, because they are clipped by the jewels of the deities' crowns as they bow at Her feet.]



It's true, I seldom do that. But sometimes I think I have to, because when you people come on My feet – you are not Brahma, Vishnu, Maheshas – you should not get hurt. See, you don't have any crowns! .... See, at the right time!

Brighton married ladies .... Brighton. Brighton married ladies.

[Yogi: Salutations to Her, whose Lord is within Her power.]

Hm. Just imagine!

[Yogi: The meaning of this is that one can only approach the Absolute through Mataji.]

That's Her power. You see, even the, even the control of the Shiva, Sadashiva, is in the hands of the Mother is not true, to that extent.

[Yogi: But you are His, the manifestation of His power.]

It's true; but you see, My love is, compassion is quite a lot, much more. I'm not wrathful. But if you people misbehave too much, then He's wrathful. I may not be able to control. Then I have to witness the wrath of God. He's compassion, He's love, He's innocence – everything is there, but He's wrathful. So be careful what you want to do.

You see, actually in subtle form it's this. That thing which is a, which is Kailash, part of His domain. Kailash is a very big space, you see .... Peak of .... Kailash.

You must see the pictures of Kailash. It looks like a human face, absolutely – so wonderful. And three little heads, can you see? Absolutely clearly you can see this. And the vibrations are tremendous. And what about the day we had Shiva Puja? That day it was frozen completely.

Heroine. .... Nayika is the commander, that's correct. Shri Chakra: it's the chakra with which the whole world is created, everything; creative chakra is Shri.

Chintamani is the jewels which is, which emits the fulfilment of your desires. Whatever you desire, your worries, your desires are fulfilled by that jewel, by Chintamani. ... She is the one who fulfils all your desires. You must desire.

Brahmas, five Brahmas. Five elements.

Loudly.

Vaibhava, is the glory ... combines ... Manatma. What is translated, read it. You see, this is because of samasas; vigraha is not correct, that's why. Now you read the ....

Atmanas. Manatmanas: the ones whose minds have become atmas. Manatmanas. ...

See, they are Her dignity – that's the point. That's Her vaibhav. Vaibhav means, we can say, the majestic pulsation She emitted. Something – vaibhava can be, bangles can be My vaibhav, means they're ornaments which add to Her majesty. Vaibhav, you see. .... Rishis are My vaibhavas, see; now what I've told you is true. You're My vaibhavas.

This Bandhasur, this what's-his-name is – was yesterday that lady was entangled by him ... Muktananda – is Bandhasur.

[Yogi: The asura who ties you up.]

Very difficult to get rid of these people. Muktananda, see is the one who makes you absolutely bound to him – and he says, “Have muktananda.”

[Yogi: The opposite!]

This lady is down with tuberculosis, but she can't give him up, you see. She has both the Hearts catching very badly, she's going down, and she can't give up because he's tied him – he's Bandhasura. But Bandhasura has this quality: you have to tie up people, you see, and even if they are dying they cannot leave.

Sampatkari. Sampati means “property” and is represented by elephant.

This is the main point. See, ashwakoti – crores of ashwas. Ashwa means horses; so, white horses – crores of them. ... Do you know that? Ashwarudha. The ones who are on the horses, white horses, are representative of the Shakti, of the Power, and they are the ones who are part of the Kalaki. Crores of them, crores. “Crores” means ten million – one.

She's the action; action chakra is Shri Chakra, through which one acts. It's the right side, Shri Chakra. ... Geya chakra. “Geya” means “by which you know.” Geya is the, by which you know. She is the one who is in possession of that center by which you know. Knowledge is that chakra only.

Those who are served are the mantrinis. You have – your mantras are enlightened mantras. Whatever you say is mantra.

Kiri? Kri, kri. Yes, that becomes “Sa”. Kri is Karochita, is Shri Chakra only.

So Sahaja yogis must be careful, you see, also. A little bit frightening. Madhyaga. Blazing garland – Jwalamalini. Jwalamalini is .... Horrible Bandhasur.

What is the valor of Nitya? Is crucifixion of Christ. It's the valor of Nitya, because He's eternal Being, so you can see Him crucified; otherwise for a Mother to see Her Child crucified is horrific. But because He's the valor of Nitya, that's the valor of Nitya – the valor of eternity. You see the valor of eternity, how He is killed actually, and He resurrected. But when you see that valor, it is so beautiful.

[Yogi: We must know that the same thing is in us.]

Yes, of course. .... Bala is Kartikeya. It's Kartikeya. And He kills, because at this point the Kartikeya works out, you see – at this point. And this is one, this horrible fellow Bandhasur, creates your ....

Was terrible lady, that night! Is there not going to be ... now. Now it's done or not? It's done now.

I gave it to Pamela. Pamela, where are those ornaments I gave you?

Where is that? ... Yes, where is it? Both things are there.

From Her ... fingernails. Karanguli. Anguli is “fingers.”

Pashupati's Shiva, and She's Mahapashupati.

Burning the cities, is just like Rajneesh's city was burnt.

Madhyakuta. Middle part.

Kula is, you can say, it's a dynasty, dynasty; house, house.

[Yogi: Mataji's kula is all the Sahaja yogis.]

Of course .... See, it's very delicate. See, what are the symbols of, say – now, Gavin has given Me a little crown as a symbol of England, you see, which I really look after very much, you see – kept it very carefully. Also Kulangana is a word used for a lady who cares for the kula, means for the house, for the dignity of the house, dignity of the family, of all the dignity. She cares for the dignity of all the members of her family. To her, the dignity of her family is the most important thing.

She enjoys that. ... There's another word is kaul. Kaul is this thing where they ask whether it is correct or not for the kula, that is; and if the flower falls on this side or that side, they say, "Yes, kaul, yes, yes. The Goddess has said yes to me." So Kaulini: She's the one who is the, of course the mistress of the kula; but She's the one who gives you yes and no, the indications which way to go. .... Akula. Akula means "the one who is beyond any disturbance." Kula also mean "banks of the river" – kula, so also can mean "the one who has no banks."

"Samaya" means "time." She's the one who knows the time when to start puja, when to do what, She knows, She knows the timing because She is inside the time. This is very important. What is it? "Samayachara". "Samayachara" means "whatever is to be done in a particular time". For example, now in modern times, see, that particular, that whatever is to be done, auspicious thing for modern times, one should do. For example, learning English is important for us. But apart from that, "samayachara" means mannerism of a particular time, you see, certain mannerism of a particular time which is good, auspicious, must be done: like putting the belt, see, while sitting in the car you must put the belt – "samayachara", whatever it is.

You see, for Devi it is not necessary. For example, if you give Me some money, I need not put it in the bank. I can lose all that up and say that I've finished – there's no sin for Me. I can take away all your properties, everything, there's no sin. But I must do according to the time, to prove what is good for you, how you should behave towards money, towards collectivity; and accordingly, I behave. And there is no need for Me, because I am beyond it, isn't it? But "samayachara", whatever is necessary for according to the time, I have to do.

And that's what you should understand. Not to be abnormal people, you see, behaving in an abnormal way. Even I tell you that you need not put on this red thing, because it may not be "samaya kul" at this time, you see – people won't understand, so you need not put. It is wisdom to behave in a way that you lead normal, you behave in a normal way, do something that is normal. But God need not. For God, it is not necessary because He's beyond, but when you have disciples who have to come up, who have to deal with other people, they must know how to behave. Like to say thank you is not necessary for Me to you, at all. If you give Me a glass of water it's a privilege to you, all right? But I say thank you ten times, because you must also say thank you. "Samaya kul", "samaya kul".

[Yogi: Salutations to Her as the only one who lives in the Mooladhara.]

Nobody can enter in. Brahma granthi. ... See, you can't enter inside the center unless and until your kundalini rises, and the kundalini is the representation of Holy Ghost. And She's the only one which can enter into it. And also She resides, the Devi resides there as Mahalakshmi or as Lakshmi, in Manipura.

Now see, without coming to Sahaja Yog you would not understand all these things, isn't it? Because it's not known to you that there are granthis within us, there are centers within us, that these centers are to be broken, then there's granthis are formed between the centers – all this knowledge is impossible. If you are not realized what's the use of talking about it to you, because you cannot see that. But in a person you can see it, that at a certain point you find it is between two centers this kundalini stops, you see. There is the center, say, of Manipura and Swadishthana, in between the two the kundalini stops. Now what is that? That

is the granthi of Vishnu, so that's the Vishnugranthi vibhedini. If you say the mantra of "Vishnugranthi vibhedini", then only the kundalini will rise. But before realization, before the movement of the kundalini, it is what? It is just talk, it has no sense at all.

Here, at the Agnya Chakra. Antara. Antara means the innermost core. Antara – in the innermost core of Agnya Chakra She resides. .... Rudra .... "Sahasraram bhuja" means in the lotus of the Sahasrara, aarudh – She is bestowed upon that. Ascend – aarudh. All right. Actually when you go onto a throne or onto a horse is what you call mounted: She is mounted upon, She is mounted upon – aarudh.

[Yogi: Salutations to Her who is slender as a lotus stalk.]

That mean you should not be harsh with Me. .... Bhavani. "Bhava" means "to manifest." Whatever is manifested. .... (Known.) .... You must have feeling. If you don't have feelings for Me, you won't know Me. Rationally you will not know. Those people who tried to know Me rationally can never know Me. You have to have feelings. .... (Forest of ...?) You see, if you have to become, there's a big mesh on, and She's the one who cuts that and makes you the spirit. See, whatever is manifested is created, is nothing but a forest, isn't it, and She takes you beyond that.

"Bhadra" means actually "gentlemanly", see? She likes people who are gentlemanly. She doesn't like arrogant people, people who have no sense how to behave, ill-mannered sort of people She doesn't like, you see – except for Shiva, who is His own style, you see. He's very kind, but He's so innocent, He's so sweet. Imagine, He comes on a bull – He's not very bhadra! Not very gentlemanly to come on a bull, isn't it! .... I mean, She's a lady. She's ladylike, you can say.

[Yogi: Salutations to Her who gives all good things to Her bhaktas.]

All good things, not bad things – supposing you ask for a whisky, I will not!

[Yogi: Salutations to Her who loves Her devotees.]

Definitely. You must know this in your hearts, that I love all of you very much, all right? So you won't be diffident at all. I love you, every one of you, much more than you love Me. So that you love yourself and each other.

[Yogi: Salutations to Her who can be approached only through devotion.]

Through devotion. .... You can only control Me through bhakti.

Sharada is Saraswati.

Shatodari doesn't mean that. Shat means hundred. She has hundred, hundred – udara means stomachs, see, udara means the wombs. She has hundreds of wombs. Otherwise how will I do the work?

(... is going to make Me red!)

Should be also unruffled type. There's nothing to be ruffled, it's all a joke going on. .... That means completely integrated personality.

[Yogi: Salutations to Her who is beyond desire.]

That's why I say you must desire.

She's purposeless, you see, purposeless. This Prapancha means "purposeless", you see. All the elements are the ones which create the purpose. If the elements are not there, there's no purpose. .... I mean, if you become abode of everyone, how can you

have abode? If you become the support of everyone, how can you have any support? Imagine the situation!

Nirupadhi .... upadhi means there's no upadhi. Means, see, see, additions, an addition, you see. A upadhi is, you see, like they say "Sir this and this", "Lady this and this" – you see, these are all upadhis. This is additions; which, if you are complete, you don't need this thing – attributes.

I mean, if you have passions, how can you destroy passions? But it's so natural, you know. There's nothing special. Nothing special about a person who didn't take to these passions ....

Naturally.

These are called as dual names, you see: that the first they give the quality, and then what does that quality do. Say, if they say "Nirmama" it's a person who doesn't say "this is mine," who doesn't feel "this is mine, this is mine." Such is the person only –that's the quality. Nirmama quality itself destroys this attachment in you when you say "this is mine, this is mine, this is mine." You see, like a soap has the quality to cleanse, all right? The soap has to cleanse, now nobody cleanses the soap. That's how it is.

[Yogi: Salutations to Her who has no doubt.]

About anything. See, this is what it is. If I had doubt then you would be doubtful also. But you know Mother has no doubts about things, so when you come near Me your doubts also vanish, automatically.

That's it ... Very good ...

"Bhava" means whatever is manifested. You see, whatever is manifested is bhava; and whatever is manifested is this flesh, this body, this everything, see. So you just get above it, that you deny it – the denial of the flesh, as Christ has said. So Bhavanashini means the one who takes you away from this world of illusions, the world of manifestation, in which you think "Now this house is mine, that is mine." All these ideas go away, and you become one with the reality.

[Yogi: Salutations to Her who has no plans, no mental activities.]

Not at all. But what to do? The mental activity I don't understand. I sometimes say "I think" because of samayacha, you see; but to be very frank, I never think. I don't know how to think. It's impossible. It's a funny machine, you know. That's why for you I have more respect and concern, because whatever I have I have, it's nothing so special, you see? But you are achieving it, so it's something special about you. If you have everything, what is so great? If somebody is achieving it, it's a greater thing, much, much greater.

That's all right. But for that I cannot take any credit, because it's automatic people take it. I don't know how to take the credit, you see. That capacity is also not there, you see, to take the credit. I've tried, but I can't! I never feel, you see, that a very credible about it that I should take a credit, and come and "this is My doing." I just don't feel it that way, I don't know how to feel – I mean, there's something's missing in the personality. The ignorance is missing. All right?

[Dr Rustom continues with the names.]

Now this is the integration, and non-integrated, you see. When you are integrated there's no problem, you see, about it: you are integrated. So, whatever your body is, it will eat what is good, everything is integrated; no problem, there's no quarrel about it. Within yourself you are at peace. Let others do what they like, whatever they think about themselves doesn't matter. But as far as you are concerned, you have no problem because you are so integrated, you see, and supported: there's no Left Vishuddhi feeling-guilty business. I don't feel guilty for anything at all, you see. If I scold somebody – all right, I had to scold, I've scolded, finished. I don't sit down and start feeling my Left Vishuddhi. I am completely integrated. Whether I am in peace or in turmoil, or in anger turmoil I'm never – but I deliberately take anger upon Myself. Because it is deliberate, what is there to feel bad about it?

Because you get, you see, blown into it: that's why you feel bad, "Oh, why I did it?" But this I do it deliberately. Then what is there to feel bad?

Dr Rustom: You assume the things.

Shri Mataji: Yes, yes, of course. I do.

Dr Rustom: Om Shri Nirnasha namaha [180]. Salutations to Her who cannot be destroyed.

Om Shri Mrityu mathani namaha [181]. Salutations to Her who destroys death.

Shri Mataji: The other day, I used the mantra of Mrityun jaya. Did you hear that one?

Dr Rustom: Yes.

Shri Mataji: That it should be used for people who are possessed by sort of a cemetery business, you see. Now imagine a complete cemetery possesses a man. Then what to say? It's Mrityun jaya.

Dr Rustom: Victorious over death.

Shri Mataji: That, "You are victorious over the death."

Dr Rustom: Om Shri Nishkriya namaha [182]. Salutations to Her who does nothing.

Shri Mataji: That's what I say. I don't do anything; I am lazy person.

Dr Rustom: Om Shri Nish parigraha namaha [183]. Salutations to Her who takes nothing.

Shri Mataji: Yes, who takes nothing. Really, to be very frank I cannot take, you see, that doesn't work out. You see, whatever comes to Me goes with a double speed.

You know who is Durga? Durga is the one who is that fellow who did anand marg. .... All right, now give some rice on top. This is what it is. Now if I take this, it will blossom into thousands. .... And you see, what is this ritual? What does that mean – (that's all) – what does that mean? Now this is the expression when you do like that, is that now we have, making this auspicious, with this rice and (what you're calling?) turmeric. Now the turmeric is a very special thing which is very auspicious, created by Mother Earth. Is a very auspicious thing. You cannot say why – it is. So mix it up with rice – rice is also a favorite of Mother – and make it auspicious with your hands. You have put it there, by which you say that "Mother, this we give it to You."

But actually, to put this akshatas – akshata; akshata means "this cannot be destroyed." So while doing this what you are suggesting, that "Let us detach ourselves from these fruits, which we are giving to our Mother." All right? The detachment. By that detachment, you develop a detachment within yourself. It's a simple thing. That is, to give something to Mother is something not needed; but when you give it, by that you develop a detachment. That's why you have to give: you develop a detachment from that. Of course you get it back, hundred times more back, but that detachment is developed within your heart; and even if you get thousandfold more, you are not attached to it. See? Then you become generous, you start giving to others. And when you are blessed by the same type of fruits, you don't enjoy it alone, you only enjoyed it with others.

You see, human beings have a capacity to enjoy everything all alone. They can sit down in a room, close the door and peel out a fruit and eat, themselves. I mean, they can do it, quite capable. Even the crows cannot do it, the animals can't do it, but human beings have a capacity: they can do it. I don't know how – it's an impossible situation for Me, impossible. Even to eat food sitting alone is an impossible situation. But to sit down and enjoy yourself alone is possible. But by doing this, what you are saying: that we make it auspicious, give it to Mother. By that, you develop a detachment that whenever you will eat these fruits, always shared with others, and they'll be bountiful, bountiful: meaning when you have more, give it to others. All right? So I'll just touch it, all right? That means I have accepted. May God bless you.

And when you eat these fruits now, you will develop that detachment in your Nabhi Chakra, that you will not hanker after fruits of the season, but you'll be satisfied. That is auspiciousness, that you feel satisfied. And what satisfies you more is giving: that's the sign of a realized soul, you see. When you understand the joy of giving, then you are a realized soul – otherwise you are not. May God bless you. .... Whichever you think I should eat it, I'll touch them ... Strawberries? Strawberries I like. It's the easiest to eat. You must eat strawberries always with a little bit of salt for the throat. Thank you. Now what else? This puja is done now...

See your scholarship! Absolutely is true. Now as you have done the job of the unmarried girls, let the unmarried girls do this. Come along. Unmarried girls from Brighton. Brighton is a nice place, very few unmarried girls! Unmarried men, all right. Let unmarried men and unmarried girls! Come along. Unmarried men of Brighton. Only two? Three? Mike, you are supposed to be Brighton fellow. All right, come along. You become one. You can include Anand if you want. He's from Shicarpur. And Sonu. Sonu, you can join us, all right? Open the sari.

Gavin, that's too much. Who has done – this is too much! See, these are very expensive in England, you should not buy them. Bought in India? .... Open it out. It's beautiful, isn't it? It has got fans, I think, and what else? Real Bengali sari. That's the blouse-piece. It's complete with the blouse-piece. Now, the bachelors must know which side is right side. Is correct, you're right. This side is right side. Now bring the sari round. It's a training! Ah, how nice! So can you take the photograph of all the bachelors and the spinsters? .... All girls. In India they are called as kanya, kanya. ... Are you not a bachelor? A bachelor ....

Start now? .... This is from London. All right.

It's very beautiful. This one is from Brighton. Let Jeremy put it, the Brighton, all right? Jeremy. The sari. Get this out, it's too much. Let's put the sari on both the sides. Is that for the arms? Now come along, come along now. Bachelors have a special – they're blessed today. They are called as kumaras, kumar. And the, I suppose what they call spinsters are called as – but what do you say in English? This is the word, but you use for old women! .... When it is the marriage is announced? I see. So, they are called as kumaris, and the boys are called as kumars. I think Sanskrit has more decent names, isn't it? That's because they respect the unmarried men and unmarried women very much – they're very much respected. This for arm? Arm, here. And here, it's too small – too loose, too loose. Better make it tight. Tie it up. Must tie it tight, otherwise it doesn't stay, you see. This is for Shri Chakra, or you can say the right Nabhi and Shri. Why his hands are shaking – with vibrations! Ah, great – it's a great task you have done. Yes, it is. Just pull it, pull it out. First tie it that way. Give him a hand.

Come along, tie it up properly. Come along, come along. Tie up ... right. What's that? .... No, when you have done it with these daisies, you have done it. All right now. It's all right, done; it's a great job, no? It's not easy. It's only because you are Sahaja yogis you can do it. No, no, it's not easy. Ask anyone.

These flowers in front. These are all Vishnu's powers. Done? Such fragrant! Look at this one, has such a Sahasrara open. See these daisies, see what a beautiful Sahasrara they have! See these, look at this one. Just see it, all of you. Only the daisy flower have this kind of ... in them, have you noticed? And now you will know why My name is Daisy. See, one better than the other – see? .... Yes, really! Yes, that's it! And the fragrance, you should see the fragrance of the daisies.

All right, I think the boys put the sari in such a way ....

May God bless you.

May God bless you.

I would suggest that all these should be given to the sea here. These flowers can be thrown into the sea.

[Yogi: Mother, may I read a prayer? This is a prayer for collectivity.]

All right. Read it loud. Stand up.

Very good. Vishuddhi is a very big fight, I must say, to work it out as Shri Krishna. This left Vishuddhi is a big problem, very sly. Right Vishuddhi is another problem. We have to fight it out.

May God bless you all.

So havan we'll do, after lunch – would you do with Ganesha's names?

Unfolding is easier than to fold it. Give it to the bachelors to do!



## 1982-0515, Havan after Shri Lalita Puja

View [online](#).

15 May 1982

Havan

Gillian's House, Brighton (England)

Talk Language: English | Transcript (English) – Draft

1982, May 15th – Havan after Shri Lalita Puja

[UNCLEAR exchange between Shri Mataji and yogis]

So this should go to the...

Thank you very much. [UNCLEAR]. I can use for all the ... Keep it. This one you should give to Bai. [UNCLEAR], I never vibrated it. That is from where? Alfa Libra, the name of this. Alfa Libra, Bombay. Can you imagine?

Give it to Bai.

[Shri Mataji comments on giving and taking prasad] Take it with the right hand, you have to give. Now you can give half of it because it is too big. You can hold it, you can, with the right hand. Somebody has to [UNCLEAR]. [UNCLEAR] combination?

Did you read the article that Sunday has put about this prediction? Or something like that. John, who has got? Have you got that, the article with you, have you got it? Alright. Where it is? Alright, Just see if you have.

[UNCLEAR] predictions, no good.[UNCLEAR]

With the right hand, with the right hand, not with the left, take it with the right hand.

[Mother speaks aside in Hindi or Marathi.]

Very nice. We have more chana in the house or is it finished?

I must give you a silver one. [pointing to Her drinking glass]

What is missing now In the puja? He wanted a small one for the ... But the [min 5:41 UNCLEAR, referring to small bowl?] the small one that is to [UNCLEAR] actually. Do you have the [UNCLEAR]? It is mine.

[a Sahaja yogi] He wants to accept it. He accepted already. It is alright. [UNCLEAR]. In that, you can put the chana. See, I bought it but in my generosity, I gave it away. I mean for the [UNCLEAR]. I bought, you see, some things for you. I told [UNCLEAR], I told you, no, that I have some things for you. But in my generosity in Delhi, I got rid of some of them. Then I realized it was for London.

We have changed the program in Middlesbrough.

Where is my purse? My purse. This is my own? Yes, it should be one. I left it at my home. I want to give you at least one full. But in the temples they don't give you this much, isn't it? They eat the whole lot themselves.

Scotland, and all the Western countries and put it on the list to burn. Scotland is first, alright. And then Switzerland, England [UNCLEAR].

That's a maple leaf, is it? Or it's castor oil, I think. Yes, castor oil.

Put that thing on top of this. Keep a space in between, all throughout. We must have ghee. Put some ghee there, on top of that, a little bit on the [UNCLEAR].

Now you light this up, put it in the fire. First light it. Light. Keep carefully your... Done, done. Done. Just pour there, stop. Ghee is used for that, alright. On the sides you got to put some more, [UNCLEAR] then it will all catch fire. A small amount.

Now, have you all got the samagri yet coming? Now those people who are from Brighton should come forward. Now what you have to do is just to immerse it a little, just once, that's it, that's all. Not too much. Not too much.

Only Brighton. [Mother gives castor oil leaves to put the samagri on.] Only Brighton. Some more.

(Havan pujari): Everybody should say the mantra of Lord Ganesha three times.

They are alright, the ones that are coming to worship [UNCLEAR] each other.

(Havan pujari): On behalf of all the Sahaja yogis we are doing this havan to worship Shri Mataji Nirmala Devi on the 15th of May 1982 in Brighton.

I've told them [UNCLEAR] the ocean, only show up the ocean. What is the ocean?

(Sahaja yogi) – The English Channel.

That.

We do this havan for the spread of Sahaja yoga, for the cleansing of Sahaja yogis and emancipation of [UNCLEAR].

And the moon is in that phase. It's very good, 7th day of the moon and [UNCLEAR] it's a whole mantra of that. What a benevolent time! We could look after the black magic and all the black things on this phase, more the left-sided problems.

Now somebody should be in charge of that and somebody should be in charge of that. [Shri Mataji refers to fire and offerings?]

Let's start.

(havan pujari): Om Shri Ganesha namaha. Om swaha.

What about this gentleman?

– I am not from Brighton.

Doesn't matter. But you've got your realization. Come. This is a place of your worth.

[Havan proceeds with names being read]

Durva [UNCLEAR], we have already put there. See how it has come. The straw of durva [UNCLEAR, Hindi or Marathi, gurva grass?]. Ganesha likes them the best.

(havan pujari): Om Shri Ganeshvara, Namaha. [Mother offers swaha to the havan]

Put it inside, move forward. [the offering]. Come forward.

Om swaha, om swaha. Like that. Rhythm. [Mother shows how to offer, min. 21:53]

Ganas are the disciples of Shri Ganesha. And you are all Ganas because you are all made in the same way.

(havan pujari): Om Shri Guru garva harayana namaha.

[min.41:30] "Garva" means "vanity", the guru having vanity, it takes away that. Yes, pride. [UNCLEAR], it is all the same, but they kill the pride of the gurus.

Glory. Protect.

[min 51. 13] All the badhas of [UNCLEAR] people have gone inside. [UNCLEAR]. You feel better [UNCLEAR, alright/on the right].

[Min. 51:38: Negativities offering starts]

Economic badhas.

Every badha that is left out.

You should keep the fire burning.

All the left-sided badhas.

All the badhas of the left side.

China. Japan.

All of the badhas of the left you can say, that combines all. [Mother refers to badhas of churches, cults, magic, witchcraft, etc. offered beforehand.]

All the badhas of the right side.

All the badhas that affect the ascend.

Badhas of psychology. And the so-called [UNCLEAR].

All the badhas in the marriages of Sahaja yogis and in the married life of Sahaja yogis.

[min. 58:22 UNCLEAR]. [UNCLEAR] of great sins. All the religions we should say. Everybody is just the same. All these fanaticisms and all the religions.

Decadence also. And those who do not have confidence.

Now from this one you put on the eyes, the [UNCLEAR], you worship it on the eyes. [min 1:08:44: Mother invites everyone to take with both hands the blessings of the aarti fire and offer it to the face as if washing]

Now you can have too. Alright? Cleared out? Come forward. First bow down, take it.

Such a comfortable chair. [UNCLEAR] such a comfort. I hope I don't get[UNCLEAR] of it.

[UNCLEAR]. It's alright. Are you alright? It is giving vibrations. [the aarti]. Come here, here. Come along.

## 1982-0601, Spanish Radio Interview

View [online](#).

1 June 1982

Interview

Madrid (Spain)

Talk Language: English | Transcript (English) – Draft | Translation (Hindi to English) - NEEDED

Spanish Radio Interview, 1982, June 1st Madrid

[pre-interview]

Shri Mataji: It's the real baptism. It's the real baptism. You actually feel the bones becoming soft, on your head, and the cool breeze of the Holy Ghost starts coming out of your head. It's alright?

Interviewer: Yes. We will ask you how many persons practice Sahaja Yoga?

Shri Mataji: How many? In the world, lots of them. But Spain is the last place, I should say. Even we have Portugal, many people practising. In London, lots of them. America, everywhere. In India, in the villages – thousands. People practice it en-masse because you just become that, it's becoming.

Shri Mataji: We should tell them also about the fake gurus and the cure because we cure nice people who are affected by them.

[interview starts at min 3:28]

Interviewer: [Presents Shri Mataji in Spanish]. Good afternoon.

Shri Mataji: Good afternoon.

Interviewer: What is Sahaja Yoga?

Shri Mataji: "Saha" means "with", "ja" is "born with you", it is born with you. And "yoga" means union with the Divine. And this right - to be one with the Divine, is born with you. So you have a right to be born again which is promised in the scriptures. So you have to be born again. And this system is built within you but it happens that you become that. As you have become a human being from an animal state, you become divine by this happening. A new awareness comes into you, a new dynamic awareness starts emitting through you because you become the Spirit. And that is what is told in all the scripture: that you have to be born again, that you have to be Spirit. It is said that your hands will speak. And then your hands start speaking because it starts flowing through your hands, the energy that is of your Spirit. And you can make out what's wrong with another person, what's wrong with you. And you can correct it also with the hands. And you feel very peaceful and happy and this is what every human being has to achieve. Because the human being is a transition, he's not yet achieved his absolute, he's not achieved his meaning.

Interviewer: What is the difference between Sahaja Yoga and the other yogas?

Shri Mataji: This is not a cult. This is something that is within you which works out by itself because this one has to happen. But other cults are just money-making propositions that you achieve nothing. Here you achieve your own powers, you become the Guru.

Interviewer: How many people you have, all over the world?

Shri Mataji: In other countries, there are in thousands but in Spain, it has to be established.

Interviewer: Why do you think Sahaja Yoga is not taking in Spain? Because it is unknown?

Shri Mataji: People are naive and seekers, they are good seekers, very deep seekers. But they are naive and they have been entangled by clever gurus. And those gurus who have failed outside now, who have been found out, are settled down now in Spain.

Interviewer: So is it a minority that comes to Sahaja Yoga, all over the world?

Shri Mataji: Not minority.

Interviewer: No, I mean here in Spain.

Shri Mataji: Yes, here in Spain. Another thing I discovered that some Spanish people have started it, the thing here, like some "Malaga", "Balava", all sorts of things they have also started. You see, the Spanish also are trying to make money out of it. It's most surprising. [Spanish translator refers to the cult as "empresa de acólitos" o "San Bala".

Interviewer: In which country you have most Sahaja yogis?

Shri Mataji: Of course in the Indian villages, thousands are there, thousands we've got.

Interviewer: Apart from India, which countries?

Shri Mataji: Apart from India, which other? England and Switzerland, Portugal. But the maximum now is in England and France, I should say. I'll tell one more thing: that people take time to take to reality. Artificiality is very easily accepted because you don't have to become. Here you have to become. If you pay the money you become a cult member. Just pay the money, you become a member. You can't do that in Sahaja Yoga. Real flowers are difficult to create and plastic flowers are very easy.

Interviewer: You said before that Sahaja Yoga cures illnesses. How is that possible?

Shri Mataji: It cures because it is the vital force that starts flowing through you, the vitality that is lost, through which you work out everything in life. It's again pushed back into you through the All-pervading Divine Power that starts flowing through you, which does all the living works, like even transforming of the flowers and all that.

Interviewer: How many cases have you cured?

Shri Mataji: I would say thousands.

Interviewer: And what diseases, spiritual or physical ones?

Shri Mataji: Cancer is caused by a little bit of a mental problem, always. And it's absolutely curable through Sahaja Yoga.

Interviewer: Do you think that Sahaja Yoga can be completely absorbed in the western society which is so culturally diverse from the oriental one?

Shri Mataji: Love has nothing to do with culture. It is a living technique, you see. If you sow the seed here in Spain or in England it sprouts in the same way. It's beyond all this.

Interviewer: In conclusion, how long Mrs Shri Mataji will be in Spain and what is her post in Sahaja Yoga?

Shri Mataji: There is no post in love, I am a mother. What is the post of a mother in your family, you tell me.

Interviewer: But they are different, no?

Shri Mataji: This is not like a regular, official thing. It is God's Kingdom.

Interviewer: Thank you very much for being here.

Shri Mataji: Thank you. Thank you.

[Shri Mataji speaks aside: Will she come?]

[min 14:37 end of interview]

## 1982-0601, Evening Meeting Part 2

View [online](#).

1 June 1982

Talk to Sahaja Yogis

Madrid, Madrid Flat's (Spain)

Talk Language: English | Transcript (English) - Reviewed

1982-0601 Evening Meeting, Madrid, Spain Part 2. 27.08

Who is going to find out?

[UNCLEAR: They must have stolen them.] Australia or to say your country which is very good at getting [taking] all the black money to Switzerland. [UNCLEAR - there's other] stupid things are done. What is the need to allow the money to go out of [UNCLEAR: England] I [just] don't understand. Cash money you see that only has black market. [UNCLEAR] Maybe taxation binds [buys] military things. You tax someone all right, [you] your tax for something sensible, nobody minds but for buying military things and then seeking [UNCLEAR: Falkland] What's the use? While your hard-earned money the taxpayer is going in the see of [sea of Falkland] [UNCLEAR] [UNCLEAR] Where are you two going? She is buying all these materials, [war] more materials, [UNCLEAR: is] finished. Then, its also, you see, it's a double solver also these horrible Argentinian people who killed their own people are being punished now. All these dictators are [UNCLEAR nicely] punished.

That's a very good thing. They needed some punishment. And why is she the person who is harmed because she was collecting. She started this, and another is America. [UNCLEAR which is doing the same thing] It will be in trouble. [UNCLEAR: They will see that] very soon. Russia is in trouble too. It will work out, you will see that. You don't realise how [UNCLEAR] She [UNCLEAR gave Me] for ten people [UNCLEAR can I tell you] finished.

Sahaja Yogini: I will get you little plates for biscuits and cheese Mother.

Shri Mataji: I have no space left.

Sahaja Yogini: May I keep this as prasad?

I think now there will be a revolution. in Argentina and [Chile ? UNCLEAR] In Argentina and Chile. [UNCLEAR] Did you follow? She just doesn't follow. What's the matter? I said there will be a revolution now. I don't know. [UNCLEAR] [UNCLEAR] [It will be. You will see.] It's too good. You will see.

But no communism. You see the trouble was these people were going to [in for] communism. If they had gone for democracy, [UNCLEAR] Because communism is no solution at all. It's much worse than dictatorship. [UNCLEAR]

Yogi: The communist does not believe in God.

Shri Mataji Not at all. So what's the use of having communism?

Yogi: They are very materialistic even.

Shri Mataji Very materialistic. And this was a mistake of Chile people and Argentina people to ask for communism. Communists [you] wouldn't even know what has happened.

Nice to see communism from far. How communism? That was a mistake. Chile people are so stupid. They don't understand



what communism is. Russia will just come and sit on their head. Whatever happened to Poland see. Czechoslovakia finished, Poland finished. It could finish too. Afghanistan tried to [UNCLEAR] something. They are sitting on their heads now. Only the Indians are saved.

Yogi: Now the church. The Church in Chile, they are very political Mother.

Shri Mataji: Church?

Yogi: Yes. [UNCLEAR] What about your Pope? [UNCLEAR] He himself did ] a political stunt. He said, "I don't want any war." I mean, who wants war? What is the need to say, "I don't want any war"? But give some solution. What is the solution? I don't want to be involved, everything is to be done peacefully. For that you don't need a Pope to say that. Church is for [what -] teaching them Capitalism.

Yogi: Catholic .. How they? from the left people..

Yogi: Communist people Mother. They [help?] the Communist.

The communist people they [killed?] They killed this and they killed this, that's all. So, they are just the same. What was your Mother's [UNCLEAR thought. What did she believe in -] Communism? That's [UNCLEAR: They are so stupid] stupidity. [UNCLEAR to believe in communism. [UNCLEAR] [UNCLEAR]

Yogi: In 1970 until 1973, I was [UNCLEAR] this [UNCLEAR] I was very active in Politics. Because my mother [UNCLEAR: teach Geraldo] and myself to do politics [things Mother] since. So [UNCLEAR] and myself you were communist? I was [UNCLEAR] You worked for communist that time?

I was socialist. Yes communist.

Shri Mataji: See, now you see the stupidity of communism is there. Complete. That was a mistake. [UNCLEAR They are very materialistic] They don't understand God at all. They are absurd people. Sahaja yoga would have never reached to [UNCLEAR: If you] were a communist. Of course, now, you have given up all your political. [UNCLEAR] He too was.

Sahaja Yogi: I was never very much into.

Shri Mataji But your brothers and sisters, were [UNCLEAR] ? He is married. Wendy is Geraldo's sister. Wendy is married with my brother, so we are relations , he is my My brother is married with Geraldo's sister.

Shri Mataji Rodrigo is your brother?

Shri Mataji So Rodrigo's wife is Wendy?

Yogi: Yes. [ She is his sister. Yogis and Mataji talk about relations] [UNCLEAR] All these things should be understood in the light of the Spirit. It's difficult to understand.

Without democracy you cannot have realisation. Cannot work out. I cannot go to any country which is communist and do Sahaja yoga. Nor can I go to any country where there is [UNCLEAR despotic] rule So both are useless. Only democratic countries we can work out. We have thought we have done, [That's what we have done] you see, We have gone to France, Portugal, all these people are democratic. [UNCLEAR: If communism had come] This is what it is. Very wrong misleading things these are.

The car fellow was just changing everything. He was cheating. First he said something, and [then] he changed everything [these] horrible people.

Sahaja Yogi: They are always trying to get your money.[in Spain ]

Shri Mataji: Spanish, you see, have worse worst are these [UNCLEAR]. what you call Italians. They are the worst, terrible. Portuguese are very good people compared to Spanish actually. They are very good people, they don't cheat you, they trust you. They are very good people. We went to [UNCLEAR: this] place [UNCLEAR Rome.] We wanted to buy some marble [UNCLEAR] small small pieces of marble First, they said [UNCLEAR so much] [UNCLEAR so much] I mean really went on. All increasing decreasing, ever expanding, every sort of thing, you know.

I got so fed up. Two or three shops I went to[UNCLEAR I said, give up] these people,[are] horrible. Such a waste of time, you see. Then I just thought I said, "If the Italians" [UNCLEAR] [UNCLEAR] she [UNCLEAR: did it] in 5 minutes. Got the whole thing very cheap. Such liars actually, terrible liars. I said this, I said that, unnecessary. Where have we [you] parked the car? It's convenient.

Yogi: I have just received [UNCLEAR a phone call] from England.

I have just received a phone call from England. My wife, she has been bleeding and they don't know what is ...?

Shri Mataji She has been bleeding?

Yogi:Yes Mother.

Shri Mataji How many months it is?

Yogi:It's five months Mother.

Shri Mataji That's very [UNCLEAR: common with ladies] is such a common trouble.

Shri Mataji Many reasons are there for that. Some of them is that, they use those pills, you see. She may be alright. Anyway it is common [UNCLEAR is] bleeding Who else? I mean everybody had [has] this trouble. She is [getting too much UNCLEAR: bending too much] She said it was quite a lot. She said it was quite a lot and if it carried on tonight, they would take her to hospital.

Shri Mataji: It's an ordinary case. Nothing so extraordinary. [Was there too ]Is it too much or less?

Yogi: She said it was a lot.

Yogi: She said it was a lot.

Shri Mataji It was a lot?

Shri Mataji: She talked to you?

Yogi: Yes Mother, she called [phoned] me.

Shri Mataji Now what did she [UNCLEAR: telephone to you?] What do you [UNCLEAR] You should have told her that if you have done sahaja yoga. [ it would have been better.] Should have been better. Did you say that? Pray to Mother?

Yogi: I did say Mother. [When] She was having all these troubles because she doesn't do sahaja yoga. How did you get the [UNCLEAR phone, where] ?

Yogi: When I was, told [Mother] to call urgently to England.

Shri Mataji: Also she might have lifted something, or something like that, you see. [UNCLEAR: Little big is alright,] I can't understand too much. Because they start little bit little bit like that you see. It's suddenly too much then there must be something she has done. With [ She's been] careless [UNCLEAR]

Shri Mataji What about your father?

Yogini: He is in Chile now.

Yogi: He is [UNCLEAR divorced] with my mother. He is divorced. He separated to my mother.

He live in Chile Mother.

Shri Mataji With another woman?

Yogi:Yes Mother. You remember him ? He left when you were young or ?

Yogi: Actually, my mother left him because he was horrible. In 1970 [UNCLEAR: he made horrible life for us, so my mother say] better for us children to separate him, And she separate, otherwise we would be crazy. [UNCLEAR with my father. He shout my mother. He shout us] [UNCLEAR] last two years. I write him and I tell him sahaja yoga [UNCLEAR]

Shri Mataji When did she join politics? Your mother?

Shri Mataji: When did she join politics? Your mother?

Sahaja Yogini: My mother was very political, so that's why they are in trouble. he doesn't [UNCLEAR believe] in political. [UNCLEAR]

Shri Mataji She [UNCLEAR So when did she join the politics.?] communist?

Yogi:[when she was very young Mother] from when my mother was 25, something like that. [UNCLEAR]

In modern times we cannot cater for people like that.

Shri Mataji [And what did she say?] Can you [UNCLEAR]? [UNCLEAR] [Visuddhi?] is on this joint, Put some balm there.

It's all there. All sides. This side also. Who was the lady, whose husband had left her? One of the Chili woman? Who is that? Cambridge, there is one lady whose husband has left her?

Yogini: Gerald's mother.

Shri Mataji How is she?

Yogi: I don't know Mother, she is with him now Mother.

Yogi: They are together now.

Shri Mataji With the husband?

Yogi: Yes.

Shri Mataji Good then.

Yogi: She is very happy now Mother.

Shri Mataji She wanted to [UNCLEAR] have him there. [I wanted to know what happened to her.]

Yogi: She is very happy with him now. She had [UNCLEAR] [UNCLEAR]

Shri Mataji He [UNCLEAR: gave up the] other woman?

Yogi: Yes he did Mother.

Yogi: She say I remember [UNCLEAR] and she said I love with him.

[chat about yogi families]

Shri Mataji [UNCLEAR] is going very slow because of [UNCLEAR]. How many brothers there are?

S. Yogini: Five.[UNCLEAR] is so much fighting with her. [smoky business?] very few people are We have lost so many [UNCLEAR]

S. Yogi: My father and my Mother they adopted. |We were about 40 mother.

Shri Mataji: So you were all adopted?

S. Yogi: No Mother. Five of us were her children.

Shri Mataji: And then there were more. 40. Four zero. And where are those children?

S.Yogi; They are all over the world now. They are grown up [and with families now]. [They are older?]

Shri Mataji: You are in touch with them?

S.Yogi: Yes Mother.

Shri Mataji So the 40 children have gone away now. Where are they?

S Yogi: Some in Chile, Some in Austria, some in Belgium.

Shri Mataji: And you are in contact with them? [ And you should contact them about Sahaja Yoga. [Austria I will be going.] [Austria I will be going to Austria. Also I will be going to Belgium.] Some are still in Chile.

S.Yogi: Yes Mother. Five brothers? [They are in Belgium.]

Shri Mataji: They are in Belgium]? [Belgium is going very slowly because of catches. So much fighting with one another. Few people are there. They have lost so many men.] I think something wrong with your Visuddhi, that's why the voice is not correct. Something wrong with it. You've got this trouble, [UNCLEAR: goitre? ]

Yogi: Sometime Mother.

Shri Mataji That's the reason.

Shri Mataji That's the reason, that's why you can't hear me and you can't [UNCLEAR: hear me, goitre.] You developed lot's of troubles during that Chile problem. In Chile. Very few people are there. They have lost so many men.

Shri Mataji You were in jail?

Yogi: No, my mother. But I was so frightened Mother because it was horrible time. [UNCLEAR Also my mother when they talk to her. ] I was so afraid Mother because when they talked to my mother [UNCLEAR: they assaulted.]

Shri Mataji [UNCLEAR: Assaulted?] all non-sense storytelling. Just not it. You see, the knowledge should be such, you should know all your powers. You should now what's all is inside you, you should know what is wrong with another person, everything that is knowledge that is shuddha vidya.

Yogi: [UNCLEAR] the Lalita Sahashranama. It's very difficult book.

Shri Mataji Now you come to the point.

Yogi: I have it.

Shri Mataji: Yes, you read Lalita?

Yogi: I bought it in India, yes.

Shri Mataji That's it, that is what all it is. All right? Now put your hand towards Me and say, "Mother, Are you Lalita? Ask the question. Again.

Yogi: "Mother, Are you Lalita?" Again.

Yogi: "Mother, Are you Lalita?"

Again.

Yogi: "Mother, Are you Lalita?" All right? If you have got Lalita Sahashranama, you don't have to do anything. [UNCLEAR] they don't know anything, do they talk? They don't talk of kundalini. They don't know anything. I mean they don't even have the knowledge. Leave alone anything. Knowledge is also not sufficient, which is not [shuddha UNCLEAR] which is not pure, shuddha vidya.

Just, put your hand here, put one in Swadishthana here down below. Now, say, "Mother, are you suddha vidya?" little lower.

Yogi: Mother, are you sure [suddha]?

Shri Mataji No no, this one, this hand, little lower. Now ask again, "Mother, are you suddha vidya?" "Mother, are you suddha vidya?" "Mother, are you suddha vidya?"

Shri Mataji Again. "Mother, are you suddha vidya?"

Shri Mataji: Again. "Mother, are you suddha vidya?"

Shri Mataji Again. "Mother, are you suddha vidya?"

Shri Mataji All right.

Shri Mataji Everything you belong [you will know] , all the knowledge you belong. [you will know], Where is Lalita Chakra? Where is Shri Chakra? What is what? everything there is.

Yogi: Shri Chakra?

Shri Mataji: Everything.

Yogi: [UNCLEAR]

Shri Mataji Yeah.

Shri Mataji: Yes, everything, you will know where is hamsa, where is what? Everything you will know. That is knowledge. all right?

Yogi: I like to be initiated in the Shri Chakra.

Shri Mataji Shri Chakra is already – [it's] is here. All right? It's [UNCLEAR within you], you are already initiated.

Yogi: Can I practice the bija mantra?

Shri Mataji Bija mantra? Which one you practising?

Yogi: Hamsha samhala bryam, ananda vairabhayam.

Shri Mataji I see. Say before me.

Yogi: Hamsha samhala bryam, ananda vairabhayam.

Shri Mataji Again.

Yogi: Hamsha samhala bryam, ananda vairabhayam.

Shri Mataji Again.

Yogi: Hamsha samhala bryam, ananda vairabhayam.

Shri Mataji I am the mantra vidya. All right? [UNCLEAR: It's working] May God bless you. He is so good, you see, just ready to have it. Work it out. [UNCLEAR] Only be careful is starting [catching] on Ekadasha, this is, Ekadasha is strong because of this [UNCLEAR: thing].

Yogi: Thank you.

Shri Mataji: All right, sit down. You work it out, you come here, every day these boys are going to be here. These boys have come all the way from England for you. They are going to stay here in this house, you see, this is, they got this house so they came and

stayed, they couldn't get a house also. Now, and you establish sahaja yoga here. All right? Are you all right now? All right? So you have to go to work? I'll vibrate your sugar. You are all right now. [much better?

UNCLEAR] All right. [UNCLEAR: epilepsy] come. Let him come. Come. Bring my sindoor. Sit down, sit down, sit down. What is this you are wearing? What is it?

Yogi: [UNCLEAR]

Yogi: It's just a its a [UNCLEAR] Mother, a [UNCLEAR].

Shri Mataji: [UNCLEAR], all right?

Shri Mataji: Come forward.

Shri Mataji: Eyes closed. He is all right. Good, are you seeing me? Good, your eyes have improved. I am just putting you to protect your eye [UNCLEAR] for a while. All right. Better? [UNCLEAR] [UNCLEAR], that is the best way. Nirvichara samadhi, it's called Nirvichara.

Better not to think. He's got all the Ekadesha and all caught up very [UNCLEAR: much]

Shri Mataji This is the side of [Buddha UNCLEAR] These are Ekadesha. 11, one of them is Mahavira. [UNCLEAR] is the back Agnya? See the Spirit. that's how his eyes are. This is [UNCLEAR], this is spirit you see. You seek all the questions. [UNCLEAR] You see there is a, they become you see. Like a prism, they start giving you many many images, this that.

This is the spirit inside you.

Yogi: 7 [UNCLEAR]? 5 or 7?

Shri Mataji: 5. [UNCLEAR]

Shri Mataji He has read a lot. What he is doing is [UNCLEAR] isn't it?

Yogi: Thank you very much.

Shri Mataji He is realizing it's different

Yogi: Thank you.

Shri Mataji Yes. There's a book we have got, I will give you one.

All right? You go through that. [UNCLEAR] give him that book. But now, you establish sahaja yoga here, all right? You have got a house or some work? Have you got a room or somewhere to stay?

Yogi: I live alone [UNCLEAR]

Shri Mataji Where?

Yogi: In here in Madrid. I live in a flat by myself.

Shri Mataji Yourself?

Yogi: Because I am a brahmacharya.

Shri Mataji All right, we will see your brahmacharya.

Shri Mataji With the Mother when [if] you try the brahmacharya, I will put you to trouble.

Yogi: With [UNCLEAR], who is the [UNCLEAR] ?

Shri Mataji No no, what I am saying if you try any brahmacharya, you see Mother is a playful thing, she plays, see, isn't it? She is Kalawati. kala, very artistic, kundalini. She plays art with you. And she tries to bring you round, you see. All these ideas of brahmacharya will vanish soon.

Yogi: I see, I need to raise my kundalini sooner.

Shri Mataji No, no no. You are [UNCLEAR: sit] there on top of your head. Just see. It's already risen, when are you going to rise? See yourself now. Feel it on your head, [it's come up] just come on. [It's come up.] All right? You don't have to rise anymore. But Now, if you get married, then realized souls are to be born, you know many realized souls are to be born. All right?

Souls are to be born.

Yogi: I have to find my Vairabhi. [Bhairavi]

Shri Mataji: Vairabi [Bhairavi], all right. You will find in a sahaja yogini, a good one, all right? Don't worry. Now, you will, you will definitely. Now, see this is the book.

Yogi: Oh heaven, thank you Mother.

Shri Mataji I will write it down your name. Are you peaceful?

Ask him. Is there still thoughts? He is not thinking? Ekadesha very strong. It will work out. You are all right. [UNCLEAR] thing would want to take it out. Now, rejoin [enjoy] yourself. Also, practices of sahaja yoga, you have got the book you have got the translation. Small book.

Yogi: You have a small book?

Shri Mataji No no, the small one.

Yogi: Yes Mother. You should make it a point to come to England.

Yogi: I lived two years in England but I left. I would like to go back and see.

Shri Mataji Oh yes, you must come. And let me know first, you take my address from these people. in the Ashram, we have a very beautiful Ashram. All right, you come along there. I am there in June July. I am there. So you telephone to them and find out. And come along. All right?

Yogi: Yes Mother. How are you? Just see this [UNCLEAR] [UNCLEAR] Om twamewa Sakshyat narakasura mardini Sakshyat. [UNCLEAR] Om twamewa Sakshyat narakasura mardini Sakshyat. [UNCLEAR] Om twamewa Sakshyat narakasura mardini Sakshyat.



[UNCLEAR] Om Sakshyat Adi kundalini Sakshyat. [UNCLEAR] Om Sakshyat Adi kundalini Sakshyat. [UNCLEAR] Om Sakshyat Adi kundalini Sakshyat. [UNCLEAR] Om Sakshyat Adi kundalini Sakshyat. Now, open your eyes. Om Sakshyat Maha Vairabha sakshyat. Om Sakshyat Maha Vairabha sakshyat. Om Sakshyat Maha Vairabha sakshyat. Om Sakshyaat Aatmaam sakshyaat. Om Sakshyaat Aatmaam sakshyaat.

Om Sakshyaat Paramaatmam sakshyaat. Om Sakshyaat Aatmaam sakshyaat. Om Sakshyaat Paramaatmam sakshyaat. Om Sakshyaat Aatmaam sakshyaat. Eyes open. Om Sakshyaat ekadasha Rudram sakshyaat. Ekadasha Rudram sakshyaat. Ekadasha Rudram sakshyaat. Om Sakshyaat Sahashraha Swamini sakshyaat. Sahashraha Swamini sakshyaat.

Sahashraha Swamini sakshyaat. Sahashraha Swamini sakshyaat. Mokshyadayini sakshyaat. Mokshyadayini sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat.

Nirmalam sakshyaat. Nirmalam sakshyaat. Nirmalam sakshyaat. Now see me. Are you seeing better?

## 1982-0601, Kundalini is like a primule coming out of a seed

View [online](#).

1 June 1982

Kundalini Is Like A Primule Coming Out Of A Seed

Public Program

Madrid, Embassy of India (Spain)

Talk Language: English | Transcript (English) – Draft

Now this power lies within us, it's called as Kundalini. She lies in the triangular bone. Now look at that, this bone is even in English called, in the medical terminology, as "sacrum". And "sacrum" means sacred, that is, in Greece people knew about it.

When I went to Greece with my husband I was really amazed because they took me to this Delphi and also to the Temple of the Primordial Mother. And the Primordial Mother was called as "Athina" while "Ata" in Sanskrit means "the primordial", just imagine. They have so much Sanskrit. And she had this Kundalini in her hand, like this, with all the chakras. I went to Delphi and there I saw, they said, "This is the centre, the navel of the universe." I've told them much before that Europe is the navel, navel chakra of the universe. And there they said, "This is what is, has been, since long." I said, "Really?" And I found that the cool breeze was coming out and the vibrations were there. But just I tell now. I saw a little statue of Shri Ganesha because it has got tremendous vibrations. So I asked the lady who was interpreting, I said, "What do we find here?" – "Nothing, it is a little elephant sitting down there." Imagine, since long it has been there. Then I wanted to find out how did they know about these things which we had known a long time back. They said, "We had an Indo-Arian rapport, Indo-Arian rapport. And in that Indo-Arian rapport they told us, that we have, we used to believe only one Mother but they told us, 'No, it's they, mother, it is three forms.'" And the three forms that we believe in Mahakali, Mahasaraswati and Mahalakshmi, they are there. Just imagine, how much they knew? And that afterwards, you see, they got lost, went onto the right side, finding of the devas and this and that.

Now within us, this Kundalini lies and she has to ascend. She has to ascend and she does not ascent by any force, by any mucking, by anything, it is like a [UNCLEAR] coming out of a seed. And you cannot force onto it, it just germinates by itself. So this Kundalini has to raise, pass through all these various subtle centres, cross through here and that's how you get... This is called as "Brahmarandhra" in Sanskrit, "fontanel bone area" in the medical terminology, where we have the "taalu", where we have a soft bone. When it pierces through then you really start feeling the Cool Breeze, the "Chaitanya Lahiri" as described by Adi Shankaracharya. But you'll be amazed in the Bible – it's all described. They call it the "Tree of Life". They said... And last year before you I've done all these, and these are the chakras, they actually look like that.

Then Christ has said, "Your hands will speak." When he has described the Age of Resurrection, which is now, he says, "Your hands will speak." When the Kundalini rises and she comes out of here, you touch your Spirit, because the seat of the Spirit is here though the Spirit resides in your heart. And you start feeling that power flowing through you. That power is nothing but the All-pervading power of God which has been given to you. Brahman, the Brahma itself which is all over. Adi Shankaracharya has said that Brahma is [UNCLEAR, Hindi]. And it is a fact.

All the living works, say for example the beautiful trees you see, the transformation of a flower into a fruit, any living work - say, even we becoming human beings, all this is done by that Brahma. And for the first time, as soon as you become one with the Spirit, you start feeling it. It is such a remarkable happening within us that some people just even don't feel it, don't even feel it. Suddenly they just start feeling the Cool Breeze coming out. But as a result of that, not only that you become collectively conscious but physically you get alright. Because it's a vital force, it starts flowing through you. And that vital force corrects so many diseases, like cancer now. You'll be surprised, cancer can only be cured by Spirit.

Now I don't cure nowadays, my disciples do. Recently, very recently a boy called Rahul who was in New York and his father came to see me in a village near Rahuri. I told him to telephone to one of the Sahaja yoginis in New York. She cured him. He was blood cancer, they've said, "You'll die at the most in one month's time. You should go back." And he got completely cured, he came

down to see me in London and now he's got well. Another Nigerian lady, very recently I'm telling, I've been able to cure many other people but this Nigerian, she is a Muslim, and she used Sahaja Yoga method, she got cured of blood cancer. She is back and I [UNCLEAR].

It is all remarkably working, you'll be amazed. We are not awakening to it. Indians are... which is so..., they are awakened to something better. They are too good, I think, all of them are, that they do not open their eyes to it. But even say, from Nigeria, recently I had forty people who flew out, just to see me and to get their Realization. They're so anxious to get their Realization while we are not, we are not. I don't know why. Because it is... [Shri Mataji recites a shloka in Sanskrit, min 20:55]. If you have something all the time [you don't value it], like the people living in Prayag take their bath in the well and not in the Ganges, the Ganges is flowing all the time, it's something like that. But this is what one has to [UNCLEAR].

Now I will tell you how cancer is cured, it's very simple. It's so simple you'll be amazed how cancer is cured. Just like the [UNCLEAR], very simple. Because the power is so great that if you touch a person cancer can be cured. It's very simple. And the simplest thing is that, that it is living; whatever is living is spontaneous. For example, our breathing is so very simple. If you have to read books for that or stand, or hang, or have a guru and pay for it, how many of us would have gained it? It's a living process.

Now, we have within ourselves three powers. Of course, we have our own names in Sanskrit, but we can say in English also, we can translate them and tell you. On the left-hand side, we have a power called as "Iccha shakti" in Sanskrit but we can say the "Power of desire" by which we desire. And on the right-hand side, we have got another power called the "Power of action" – "Kriya shakti". When you desire something you want to act. But Power of Desire is not manifested unless and until you act. You can say in a car, as you have got a break and you have got an accelerator, so we have two powers. Now you are learning driving. You are given complete freedom to learn driving at this state as a human being. You are trying to learn, sometimes you go to the left, something you go to the right, sometimes you make this mistake, sometimes you make that mistake. Thank God, our country has so many traditions that we mostly keep to the centre. We just do not rush into one thing or to the other. Thank God for that, that's the blessings of our country – that we really keep to centre. But we just keep to the centre and we don't rise above, that's the problem. Now, the third power is within us, it's the power through which we have evolved. We have evolved up to human state through that power. And now only one breakthrough is needed: where this power should take us to that point where we become the Spirit because Spirit is the Collectivity.

Now as you said my husband is one of the heads of the UN things and all that, but what I find, in his office also, that they talk of universality all the time. See, they talk that we are all universal beings and we are all brothers and sisters, and this and that. But I don't find it exists, it does not exist. You see, it's everybody's cause, an artificial. They have to go on saying all the time, it's brainwashing, "we are all brothers and sisters", and all that. But in the UN system also I find it is not true. The UN system has come to us from the unconscious and we have thought of this, we have thought of building up this universal thing. But it is not, it is artificial, it is not real. It becomes only real...

[Shri Mataji speaks aside, probably to a child] Come along, come along, come here. Just come, come. Good. Sit down, sit down, sit down. Good. Do you want to have coca-cola? Alright, have it. Take it.

Now, this universal being is actually within us. It is within us. But when you touch it, when your consciousness touches it, the light of that universal being starts coming inside us. And when that light gets within us we get enlightened. Enlightened doesn't mean you see light, the light you can see always. But through enlightenment you can see, you can feel your own centres and you can feel the centres of others. You can correct your centres, you can cure yourself and you can cure others.

For example, Kabir has very clearly said about this. I mean, for that we don't have to go too far to know, just Kabir, who spoke and wrote in Hindi language, very special think about Sahaja Yoga. First, he says, "Sahaja samadhi [UNCLEAR, Hindi]. Guru Nanaka also has described about Sahaja Yoga. But they used to... You see, they had arrived at a point and others had not arrived. So whatever they spoke was never taken very seriously. Especially the Hindi people didn't like Kabir very much, they criticize him, mostly, I should say, more scholarly type of people, calling him "sadhuk [UNCLEAR] and all sorts of things and they condemned him. But he talked of the Truth. You don't have to have a very elaborate language for that, you don't have to have a degree for

that. It's something so spontaneous he found, that there is "Sahaja samadhi [UNCLEAR, Hindi]. There is about Kundalini, that "Ida, Pingala, Sukhmana nadi", he describes: there are three nadi – Ida, Pingala and Sukhmana. And then he said, [UNCLEAR Hindi, sounds like "Shunya hi hara para Anahata bhagini"], actually you feel the throbbing here. So he said, [UNCLEAR, Hindi], "you feel the Anahata, you feel the throbbing" and then it starts flowing through. But the best he has said is this: [UNCLEAR Hindi], that is, "I bring the love from my heart". [UNCLEAR, Hindi] – "establish it", establish it. "The love from my heart" because he was a realized soul, he was a realized soul of very high quality. He says, "From my heart, I get my love, establish it." [UNCLEAR, Hindi] – "into five elements I put it", just imagine. What a great thing to say that "My love that is in my heart, of my Spirit, I put it into five elements." Then he says, [UNCLEAR, Hindi] – "I get 25 people to catch fall down." [UNCLEAR, Hindi] – "I put them into one sutra, into one thread." Look at that, how clearly he said it. How beautifully he said it. Dnyaneshwara has, of course, said it very clearly. In his sixth chapter, he has described actually the Kundalini itself, he described how the Kundalini is [UNCLEAR, Hindi], it's very clear here written about the description of it. Everybody has talked about it and it is our own heritage. It's the greatest heritage we have.

The world is not going to be alright. All political problems, all your so-called problems will remain as they are, they are not going to solve any problem whatsoever, take it from me. Because supposing now you say, "Capitalism is bad." But I say I am the greatest capitalist because I have all the powers within myself. And I am the greatest communist because I cannot live without sharing. I have to share them, I have to share them. My husband has realized it, that this woman cannot live without sharing. So he permits me, he allows me, on the contrary, he helps me to go all out, to help people because he knows that this woman cannot live without sharing her joy. So he allows me. So whatever is your greatest capital, you have to share it. But it becomes, not a forced thing on me, it is just spontaneous. It's the most joy-giving thing, this whole generosity is so joy-giving and so fulfilling that you just take automatically. You don't have to tell yourself, "Now, you be generous, you have done this." It just flows.

The other day she asked me, Kathleen asked me, that don't I feel it's too much to do for others. I said, "Who is the others? Who is the other?" I mean, if you are part and parcel of my body, I can feel you within my body, then who is the other whom am I feeling, whom am I obliging? I'm obliging myself. Actually even when, normally also, if somebody is getting drowned and you jump to save that person, actually at that time you do it to save yourself because you can't just bear that, you can't bear the death of that person, that's why you jump in.

But here it becomes so spontaneous, so automatic that you don't even think about it. And some people start thanking me but I don't know why they're thanking me, for what. It's such joy, it's just happening, it's working. So it is so spontaneous and it is so overflowing that you don't have to worry about it, but most of your family problems are solved. Now the best part of it, that Krishna has said, [UNCLEAR, Hindi, sounds like "Yoga kshema vahamya"]. He has said that "I will give you yoga and kshema", means well-being, your material things are also solved. "Yoga", when you get this union then your material well-being is also solved, according to Shri Krishna and it is a fact. Now it doesn't mean that you become [UNCLEAR] or what but you become sufficiently looked after by God Almighty, believe me, it happens. He didn't say "Kshema yoga" – we go to Krishna's temple, we say, "Oh, Krishna, please give me this job, look after this, you must look after my daughter's marriage" and all these things. But he said, "Yoga kshema vahamya" – "First you must get your yoga". Once you get your yoga the kshema will come. You'll be amazed at how things are working.

I'll give you a very simple example which is unbelievable, the thousandth and one, but which is unbelievable for people. But if you can understand it, how Shri Krishna looks after. You have heard about Christ supplying the food to the thousands, it's a fact, it is not untruth. You can see that in Sahaja Yoga when it happens you'll be amazed. But I'll give you an example of a lady in Australia. She wanted to come to India. For them coming to India is a pilgrimage, to Sahaja yogis there, coming to those villages when they can go and live among the mosquitoes, you know, and all the problems. It's a big pilgrimage, they call that, and they come all the way from there and they wanted to come and she wanted to bring her daughter because she had no way to keep her somewhere. So she said, "Mother, please zero to me, Mother. I would love to come but my money is not sufficient to go to India and I don't how to with my daughter, I'll have to take her also." She just wrote to me and she told me that after one or two days her daughter took of her trinkets, she had many trinkets in the house, for the sale, the jumble sale of the school. So the teachers saw it, "What do you mean by this? This is gold, real gold." She said, "Gold, how can it be?" She said, "Yes, it is gold, better call your mother." So they called the mother on the phone and the mother came down. And she said, "You go and see, this is real gold." And she said,

"When I sold it, it was exactly the same amount that was needed for our trip, exactly the same amount."

Recently I received a letter from Vancouver, not from Vancouver, one lady had gone to Vancouver from Australia and she owed some money to two persons. And when she's gone from Australia she said that "I was thinking, 'Why should I own money? I'm a Sahaja yogini, I should not owe any money to anyone'". And when she went back she received a letter from the income tax that "you have overpaid" and she got exactly the same amount. And the second time, again she got another letter that still more is left and she got exactly the same money she had to pay for the other person.

It is so interesting to see how God looks after you, every bit of it. There was another Sahaja yogini, her name is Chayapath. She is a Christian girl, she was coming to see me from Rahuri and she was rather delayed. So I was worried, I said, "Why she had not come?" She came and she had such a miracle took place: that she had an accident in which the bus fell down, twice it tumbled around and fell and stood on its four legs and nobody was hurt. So they said, "Who is the saint sitting?" You see villagers know. "Who is the saint sitting on this trip?" And she was wearing my ring, you see. And they know about me and they said, "Oh, this is the one who is sitting here and that's why we are saved." But there was the driver who had run away because he was so frightened of the whole [UNCLEAR] and there was one gentleman who knew how to drive a bus. He got up, and the key was there, he started and they came back. It has happened with so many people that they are absolutely safe in an accident. It's something so surprising, "Yoga kshema vahamya." Krishna never told lies and this is his [UNCLEAR] but first, you must get your yoga.

In the Gita also Krishna told at the very outset that you must get your Realization. Because what he told was that "you must know". And knowing was only possible through your spiritual evolution, through your Self-realization, otherwise you cannot know. So he said, "You must know." But then Arjuna asked him a question, "You are here saying you become a sakshi (witness) when you are saying 'Go and have a war'. Now you are telling one story here and another story there." So Krishna thought of it. And Krishna was the embodiment of divine diplomacy, divine diplomacy, very clever. He thought, "He won't understand if I'm ambiguous, so better tell him from things by which he goes about this yoga in such a [UNCLEAR] way that it becomes action. The best diplomacy is that, that you put an absurd condition. If you have to be diplomatic then you must put an absurd situation which can never be achieved. If you give an absurd situation which cannot be achieved, then another person comes around to say, "this is absurd" so that he quits out. So the second thought, that now what to tell this Arjuna. So he said, "Alright. You do your karmas but put the karmas at the lotus feet of the Lord." You just cannot do it, it's absurd, how can you do it? Because there is a central [UNCLEAR,? being].

If you are doing something you know you're doing it, you have not yet become the third person. Till you are realized you will never be in a position to leave everything at the lotus feet of the Lord. So this is an absurd condition. Then bhakti also is there. "Pushpam phalam toyam" – "Whatever you have got, fruits, these, that - you give it to me." And what will you give? He used a very wonderful word there that... I'm forgetting the shloka that he said "ananya bhakti". Ananya, ananya, me and not the other. Where is not the other?

[a person from the audience: UNCLEAR, Hindi shloka].

See, this is the shloka. That is ananya, till you become the "ananya" you cannot do bhakti. Ananya means you are realized. An-anya - when you are not the other.

When you are realized then only you can do bhakti. Ananya when you are not the other one. Then only you can do bhakti. This is another absurd thing. People go on saying, "Oh, we are giving pushpam, phalam, toyam to God", but you are not connected with God. Yours are calling, "Rama, Rama, Rama", where is he? You are not connected. You should be connected to Rama to call him. If you are not connected you are calling, maybe somebody with the name of Rama may enter into your link and may spoil it. That's what these gurus are doing. What these gurus are doing – nothing but an enticement.

Because, beyond these two powers, on the left-hand side is collective subconscious and beyond the right side is the collective supraconscious. And if you go to the extreme, like this now you go on praying to God and breaking your neck before him and saying all kinds of things, "You have not done for me anything, I have done so much for you." What can we do for God, normally?

But we go on like this, it cursing God's [UNCLEAR]. Under such circumstances, we may be driven into collective supraconscious. Some people have a habit of thinking of the past, crying, weeping – this is this left side. Also these gurus, these unauthorized people can drive you to the left side. Then you enter into the collective subconscious. And all that is dead resides in there. Even I saw one film in England, very interesting, by doctors. I also did medicine so I understand what they are trying to do about that. They said that cancer is caused by the triggering of, triggering of our system by some proteins. They named them. Poor doctors, it's very honest, they just give names. So they said the name is protein 58, protein 52, but this is just a name. And they've photographed also. And they've said that those triggering proteins that enter into our being come from the area which is based within us since our creation, means collective subconscious. Imagine. And always cancer is caused through emotional problems. I've yet to come across a person that the cancer is caused not without this kind of a movement on the left. Always it's a left side problem that comes. But I mean doctors, as much as they can see, they can say. So see, they're honest. They can not go beyond.

Now the right-sided person is a person, which are our most of the bureaucrats, is a person who is very futuristic, describing how we have to go, how we have to reach, we have to buy the tickets, we have to take the plane, we have to organize people. All our five years plans are failing there for the same reason. Because we have been planning too much without understanding the plans of God. First, we should understand the plans of God and then do it. But what we do? We do our human plans. And that's how we are failing. For example, I went to Moradabad, I told already. Lots of these tractors lying there. I said, "These Russian tractors, what are they doing here?" All junk. They said, "You see, we imported the tractors according to this five-year plan." Alright. Then what happens? Now they can't go to villages because there are no roads." I said, "What sort of planning is that?" And from the villages [UNCLEAR] come back to the city, on the contrary, you are going the other way around. All your planning is aborted. All such planning fail. You just try to plan, it will fail.

And it is written about the Devi: "Sankalpa vikalpa karu" – "He spoils all your plans." Because you must understand He has a plan. So whatever comes your way, accept it. Say, yesterday I was wrong. Alright, doesn't matter. I was very quiet and the girls said, Vivian worried, they said, "Mother, you are too patient." I said, "No, I was enjoying. You see, I was enjoying, the vibrations were going. I was enjoying. What is there to feel?" Now wherever you have to take, you take as there is. What is there to be excited and getting angry with you when you are trying your level best? I was very silent about it and I was enjoying the whole thing. So when you start witnessing the whole thing you do not plan. You just witness, see. And then you are amazed, you are so relaxed about it. But this cannot be told that I cannot brainwash you to say "you relax and relax" and that. But when you become the Spirit, even if you want to, you can't worry. I mean, I can't worry, even if I want to. See, my husband has a big complaint about me, that "This lady never worries about a thing." But everything works out so well for me, I don't know what is there to worry? Nothing has gone wrong. What is there to worry? By worrying I don't think anything comes out. But all such futuristic people can be very dangerous to themselves.

I met the other day a gentleman who is the chairman of a "Paluka ....", something and I asked him in Marathi, I said, "What is your name?" – "That also I forgot." - I said, "That also you forgot. What is your wife's name?" – "That also I forgot." And the wife started crying, "See, he's forgotten even my name." I said, "Fathers name?" – "That also I forgot." He was so futuristic that all past was cut out. So if you become futuristic all the past goes out. But the worst thing is emotionally you get drained out. So what happens - emotionally you become weak. You have no time for your wife, you cannot enjoy everything, you're always one foot out and one foot inside, you are in such a speed and the emotional side is weak. But the seriousness of it, it's very dangerous and one of the most serious diseases one gets with this kind of frantic behaviour is a blood cancer and that's why I want to warn you.

Now blood cancer is caused by the overactivity of the spleen in our body, it's on the left-hand side here, because it produces red blood corpuscles for the use of all kinds of emergencies. For example, early in the morning, the husband would get up, I mean that's my common thing, I've seen it, he takes his time to read the newspaper. And newspaper one should not read in the morning, I'm quite of the opinion because I've seen that when he is reading his spleen is going into a big thing. Because you see, he feels responsible for the whole world, he gets very upset - now something happening here and there, and something happening to the peace and everything. So, you cannot solve any problem as such, but he is reading the newspaper. Then you get up and you have your bath in a hurry and then you just dress up. And as soon as you are in your dress, the fast has come, the

speed comes in. You sit on the table and just have your breakfast a little bit, you walk out, you are halfway through, you find a jam on the road, you shout at people, scream at them – sometimes, my husband is a very silent man, he'll just hold that, but the spleen is going on because it is working that emergency all the time. First, it looks after the newspaper, then it looks after the bath, it looks after the emergency of eating the food, then emergency of going up to the office, all these emergencies are looked after by this poor thing and the spleen goes out of order.

When the spleen goes out of order then it becomes crazy. When it becomes crazy then it just not [UNCLEAR]. It becomes so crazy that it loses complete control, it gets receded from the whole and is triggering [UNCLEAR]. And that's how blood cancer is manifested. The Deity on the spleen is the Gruhalakshmi. Gruhalakshmi is the Deity on the spleen. In older times, I remember my mother and my father – he was a realized soul, and he would sit for his food, my mother would fan him slowly. In the morning he would just take milk but afternoon food if he came home, or anything, she would be fanning him. And with the rhythm of that time, he would eat very slowly, very quietly. But today it is not so. We behave in such a crazy manner that poor spleen does not know how to keep up.

Another very common disease with the thinkers is that they get liver trouble. Very common, liver trouble. With the liver they got slimmed down, they get vomiting sensation, they feel giddy, all these things come because they think too much. So what happens? That when you think too much, I mean you go on thinking just like mad. I mean sometimes I feel that thinking is going to bring [UNCLEAR] still they're not going to stop. They just think. Just see that. Now, this becomes a habit later on and when you think too much then your system requires more cells for your brain and these come from your stomach where there is fat and these are fat cells. So there's one centre within us which transforms these fat cells for the use of the brain. Now if you just start thinking, thinking, thinking, morning till evening, it has only one job left – it's to transform the fat cells. Now the main job of this centre is to look after your liver, look after your pancreas, look after your spleen, look after your kidneys and also look after your [UNCLEAR]. So when you just start thinking it neglects all these things so people get their liver problem, with thinking.

Then is diabetes. Diabetes also comes with the same, because the organ which is the pancreas is neglected so you develop a disease called diabetes. Now you will be amazed that in India, if you go to a village, especially near Meerut where my husband was a collector, people used to take five spoons of sugar, five spoons of sugar, [UNCLEAR, Hindi]. And I was amazed at how could they eat five spoons of sugar and never got diabetes? But see, they were villagers who do not think, you know. They were not so much thinking, they were not in charge of the whole world, they were not carrying all this Goverdhan on their one finger. They were very, very simple people, not thinking too much, taking sugar, eating well, nothing happened. But for a deft person, if he takes sugar, he is there to get diabetes. But by not taking sugar is not the way to cure it. You must cure your pancreas by not thinking. But if I say, "Don't think", you cannot do it. It would be just brainwashing. Something has to ... [End of recording of Part 1]

Public Program, 1982, June 1st – Indian Embassy in Madrid, Part 2

I went to America. What is their richness? Plastic and rubber, that's all they have. At most I can say that they've borrowed things, what else? If you go to England even a silk sari like this they'll go an appreciating, "What a nice sari, what a nice sari." You know to them even one silk sari like this is so precious. To us it is nothing, I mean, you can get a sari. We have so many things in our country which is so precious and nice. But we want for nylon saris, then what can we do? If you think that by having these helicopters we are rich, you're sadly mistaken. We have all the genuine things in our country, everything. Here even one silver piece you take out, people are shocked, "Oh, you've got silver." I mean, for us silver is not top, we have so much silver there. What is there to feel for?

Poor and poverty is a thing of the mind. In India, I find even poor people so very happy, so very joyful. You go to their house, whatever they have they give. And the person who can give is the rich man, not the person who cannot give. We are just like this, I'll tell you. I feel sometimes we're all like this: whatever is the condition we can adjust ourselves. We are not bothered. Like an elephant, doesn't matter what happens. And that is one of the things that makes sometimes our country very slow-moving, but we are moving in the right direction. I know we are moving in the right direction. Don't take to ways which are absurd. I tell you, there is nothing to gain from in these absurd things. Joy lies in sharing, in loving, in being compassionate, don't calculate. If somebody comes in the house, I've seen even Indians, you know, calculate how many are coming then they count how many

sandwiches is it. I was amazed, these are Indians? I mean, this is not our character, not our character.

I've my grandchildren, all born realized, and the two granddaughters, they told me, "Grandma, we want to be air hostesses or at the most nurses." I said, "Why?" They are both are very clever, very intelligent. I said, "Why? Why air hostess and why a nurse?" - "Only in that profession, you can feed people, otherwise in what profession can you feed?" This is they enjoy that motherliness of feeding. Even a dhoby (lavandaio) comes in the house, they'll make him sit down on the sofa set, give him to eat and he'll get so embarrassed. They'll open the [UNCLEAR], they'll say, "You must eat." They'll bring from the fridge and give. And my daughter, my daughter she really enjoys. She tells us, "See how generous, how generous." And the generosity is something very, very lovable, very lovable. So one should not be calculated, one should not be so much vindictive. Forgive, forgive people. Forgiveness is a very great blessing, the greatest weapon we have. We should forgive.

We should not be jealous. Jealousy is another thing that's corroding our country, I don't know why. Jealous of what? What are we jealous of? You go and see a rich man and you'll be amazed that they are really unhappy people, what is there to be jealous? If you have to be jealous, be jealous of a person who eats today and not bothered about tomorrow, and sleeps off nicely and gets up in the morning and sings like a bird. That's the person you should be jealous of. What is the use of being jealous of people who are worried about income tax, who are worried about smuggling, who are worried about this? You'll have headaches. And with all this, they are not happy. Really, that's the fact, that's the reality, I'm telling you. It is not necessary for us to be jealous, not necessary for us to be asking for more, it's all satisfying, very satisfying.

To be in that country itself is so satisfying. To me, I go to villages, there are no trains, there are no ways of going, I go by bullock cart. My husband says, "How do you manage? I mean there are not even bathrooms." I said, "They have a very good bathroom suite there." He said, "Where?" - I said, "Near the river. If you go early in the morning, at 4 o'clock, it's the best way to have a bath in the river. And you can do what you like with yourself. It's the best place if you to a village, you get the fresh air and then you sit down with a fresh feeling and you hear the birds singing. It's so beautiful." I said, "What is there to feel so bad about it?" They all have been to India, in the villages there, you'll be amazed. And you'll be amazed the way they met all the villagers who are Sahaja yogis, just embracing each other, they're kissing each other, taking them into their house. The first time a westerner has entered into their house. And they are surprised, the way Indians are so joy-giving.

Her brother, who has written this book, he told me, "Mother, I will not get married here, I'll get married in Rahuri." Rahuri is my forefather's place, the Shalivanas. I said, "Alright. So we go to Rahuri people that he wants to get married." You won't believe - six thousand people attended his wedding, six thousand people. And we're having our Indian, Marathi ways of teasing the husband and wife. And we have to give the morsel in the mouth of the boy and the girl has to give the morsel in the mouth of the boy, all that was done. And the name taking and everything, and hiding of the rings, everything we did and they were so very happy. And they looked so beautiful. And they have now a child which is so sweet and so good looking. And I gave him a name of Machindranath because Machindranath lived in that area. And they all call him Machindranath, he is called as Machindranath everywhere. He has another name but they call him Machindranath only, all of them call him Machindranath. So it is so sweet. This a new kind of love, affection and respect.

Such a great country is now respected in the whole world, has to be respected. Whatever is respectable has to be respected. But first of all, we must respect our country's traditions, we should understand its philosophies, its theories and then only they will respect. Because if we do not have respect, if we do not know much about it, then they will think, "These people haven't got anything." We have to know something about ourselves.

So may God bless you. I am very thankful to you for inviting me to meet all these nice people here, to talk to them. It has been really, really very good of you. You also had organized a very good function for us for inaugurating this book "Advent" which I don't have now. But perhaps you have got one? And we have to now have a reprinting of the book, almost all the books are now finished. I have one more book left here and it is now being translated in French and then we are going to do it in Portuguese and Spanish also. So it will be translated into many languages. We haven't got an English book "Sahaja yoga and its practice", isn't it? The small book, do we have? Alright. [UNCLEAR, Hindi]. We can send them over, so this is a small book, I'll send it over, let them have a look at it.



Now if you have any questions you must ask me. [Shri Mataji speaks aside in Hindi.]

And the new people, go ahead because we have to begin, alright. You have time, you must have. If you are not lost, it's only 10 - 15 minutes. You can have your tea, please. Go ahead. [Exchange in Hindi between Shri Mataji and yogis.]

Any questions? Please. It's a very big subject and a very large subject. I've given up to six hundred lectures so far in India, maybe more. In America, I don't know how many I've given.

Q: Sahaja yoga, if I have to tell somebody, how will I define it in one or two sentences?

Shri Mataji: "Sahaja" means something you are born with, and easy, and "yoga" means union with the Divine. Actually, yoga is only possible through Sahaja, means a living method, there is no other way around. It's a living method, it's a living happening. You see, as we have become now human beings from the animal state, now we have to become something higher. And what have we to become? We have to become the Spirit. Like you have said, you have to become a collective being.

Now, that evolution is a living process, it's not any mechanical or human or rational or mental process. It's a living process, just like seed sprouts. So it is the breakthrough of human awareness into a new awareness where it gets enlightened. But it is not a technique, that is a human technique, it is a divine technique. How does a seed become a tree? We never think about it, we never think. A seed becoming a tree. I mean, not one, thousand and one. Then one seed which is a mango seed will become a mango tree. The sorting out, the whole organization has worked out so beautiful. So all that is done through Sahaja.

Everything is Sahaja. Even Krishna's play with the gopis was Sahaja yoga. You'll be amazed, how? You see, what he used to do, he didn't know how to achieve it. So what he did was to throw a stone at the water they were taking from the river Jamuna. Now, river Jamuna was vibrated by Radhaji, she used to put her feet there. Ra – dha, Ra is the energy, dha means the one who sustains. She used to put her feet in that water. Some Jamuna water they used to carry on their heads. He used to break them at the back and that water used to fall on the Kundalini, so he tried to raise that. And even ra-sa, "ra" means energy, "sa" means with, so rasa is also the same. He tried to put the energy through. You'll be amazed, in America I met a gentleman called Mr Lord who was an engineer. When he got his Realization he saw himself playing with Krishna, he had never known about Krishna, he didn't know anything. And he said, "Mother, we all held hands like this and we made a pyramid. And this bright boy went up and he broke a container." Can you imagine? "And we were feeling his feet on our heads flowing joy." He had never known Shri Krishna, he had never known who he was. So this was rasa, this what Krishna's idea was: to hold hands like this and pass the energy; ra-sa, "ra" is energy, "sa" means with. All his tricks were nothing but Sahaja Yoga.

Rama. Rama went bare feet. What was the need for him to go bare feet in Maharashtra? Just to sanctify, put the vibrations.

[UNCLEAR, Hindi] Krishna now. Krishna is "krishi", from "krishi", means the one who has done the farming. He is the one who has done the farming and now the farming is to be reaped. Now the time has come to reap the farming.

[Shri Mataji speaks aside]

Now, if you have any questions, please ask. Alright?

Q: Do you recommend the practice of Hatha yoga? The practise of asanas and so on.

Shri Mataji: Of course, of course. But the trouble is Hatha yoga is big science, it's not one-sidedd, it's not only... You see, there as ashtangas in that niyama, yama; in the niyama you have ayama, it's one little bit of it. Now supposing a person is futuristic, what kind of asanas he should do? There is no denotation. You see, we do Hatha yoga as if we are taking the whole medicine box into ourselves. That is not the way. We should know the discrimination. A person who is futuristic should not do any exercises which

go back, like mayurasanas and all that. He should go forward, like paschimottanasana. But when the Kundalini rises then that's the best thing to tell you what is to be done because you know where the Kundalini is hiding. Now supposing it is hiding here, this is the centre of Krishna. Now, what do you have to do here? You'll be amazed if I tell you and you should not be shocked. Shri Krishna is the Virata, it's the Primordial Being, it's the Virata. And what is Virata? It's Akbar, Mohammad Saab has told us the mantra for this. He says, "Put these fingers", these are the fingers which denote this, "you put these fingers in the years and say, 'Allah hu Akbar', it opens out." You try this. If you have a problem here with your throat, of course, if you are realized – that's important, you put your fingers here and say, "Allah hu Akbar" thrice, it will clear out. We all do it, that's the mantra.

Lord's prayer is the mantra for this. If you think too much say thrice Lord mantra and it'll be cleared. These are all mantras. So the whole integrated system must be done, not only singular of yoga, you stand on your head or do something, but the whole integration is needed. And you must understand, discriminatingly, where to use which one.

Like now, they are sitting here talking about Raja yoga when the kumbhaka takes place and this thing happens, a khechari takes place. Even in this horrible Kriya yoga, they cut the tongue, can you imagine? I've met people whose tongues are hanging like this and Kabira has really [UNCLEAR] completely, he has really said, [UNCLEAR, Hindi. He was so angry with these people cutting their tongue and putting them wagging like this. Actually what happens? That when the Kundalini rises the kumbhaka takes place, khechari takes place automatically because as the car moves the machine moves also. But deliberately you need not do it by cutting the thing, putting the thing back. You just feel that the thing goes in, but you don't feel much about it physically, you don't feel it. But it happens inside, all this thing takes place but you don't have to do it artificially, it's a living process [UNCLEAR, Hindi].

Q: [Hindi]

Shri Mataji: [Hindi] Spontaneous is living, whatever is living is spontaneous. Spontaneous is living.

Q: But still you have to learn it, it doesn't come spontaneously, without learning.

Shri Mataji: It does. It does. Without learning, even children are doing it. Small, small children know it. You see, when they put their fingers in their ..., let's say their thumb, it means you are catching on this centre. When they put this, you are catching on this. Now, this centre is because you are guilty, feel guilty about things. Now why you have to learn? Because when you have to master it then you have learned it.

Q: [Hindi]

Shri Mataji: [Hindi] You have now be born as a child in a new dimension. Then you must know what is this, what you have got. For example, I come to Spain and I've got Spanish money and I don't know how to spend it. How will I know? I must spend it. When you start giving it, you'll learn it very fast. Learning is very easy, but you must give. [UNCLEAR, Hindi], it's easy.

Q: Give what?

Shri Mataji: Give vibrations.

Q: I would like to take some.

Shri Mataji: You take and give. You see, what happens: when you give then it flows more, if you are enlightened, light must be given. Giving is taking. The more you give the more you get.

[exchange in Hindi between a lady and Shri Mataji about Karma yoga]

It's a mental attitude. Actually, there is nothing like Karma yoga. Karma is now, which is a-karma. We don't do any karmas but

karmas happen. I mean, I'm in akarma, I don't do anything really, to be here.

Q: These vibrations, how do they move?

Shri Mataji: Now what happens: that the Spirit, Spirit is the one, when it touches your attention – Chitta, when the Chitta is touched by the Spirit, it starts emitting its vibrations and those are like a cool breeze. But actually, this cool breeze doesn't come from the Spirit as such. Spirit is just a plug and if you are plugged into it the electricity starts flowing. So the All-pervading Power which is above us starts flowing.

Q: Now the Spirit coming in touch, is it by [UNCLEAR, Hindi]?

Shri Mataji: No, it's not a conscious effort. It is just the effort of the Great Support, it's a Great Support.

Q: At what time it may come?

Shri Mataji: Anytime. But like you see, Buddha, he got his Realization because he's so dharmic. But of course, the same power gives him the power, it's only the way his Kundalini goes, he got his Realization. Buddha, as I told you yesterday, was a very practical incarnation, that he didn't want to talk of God, anything, he just wanted to talk about the Self and that's why it happened like that. It can happen to someone, very rarely happens like that. You have to have somebody to enlighten you.

Q: So what we do to remove the hindrances to this connection?

Shri Mataji: There are hindrances because of the ...

Q: And the connection inevitably will be established?

Shri Mataji: No, Kundalini won't rise. [Hindi], you will be dharmic, you will be dharmic. You will be very good for Realization. But Kundalini has to rise to somebody who has that thought. For example, a light which is enlightened can only enlighten another one, but he has to be a satguru, he has to be a person who is a realized soul and who has knowledge. So if you are realized and if you know about Sahaja yoga you can give realization, these people are giving realization. One person in Maharashtra has given realization to ten thousand people, can you believe. So it is possible.

[exchange in Hindi about Kundalini, Atma and Param-atma] What is the need to have a happening? [Hindi] so that our attention is attracted.

[Hindi], in sense, that if you want to ask any question as you'd ask, say, to a computer, you'd become a living divine computer. You ask any question. For example, if you want to ask, "Is there God?" As soon as you ask the question you'll get tremendous vibrations coming to you. You want to know about somebody who is a realized soul or not, there won't be any vibrations. You go to a place... I'll give you a very interesting incident.

We had gone to Kashmir. And at that time our Sai Saab was there and he said, "Go around and see places." And we were going just in Kashmir, some places. And in the wilderness suddenly I felt tremendous vibrations. So I asked the guide, "Is there anybody around or any temple, or anything around?" because there are lots of good temples in Kashmir. He said, "No, there isn't. Here it's all wilderness and very few people live here" and all that. I said, "No, but there is vibration." My husband said, "Why should we worry?" I said, "No, no, I must find out. They're so tremendous, I must find out." So he went through a circuitous route. I told him, "Alright, now go and find out from these people." So came around Muslims. He said, "Yah, Hazrat Ali, Hazratbal, Hazratbal is there, the place for Harzarbal. And now this is only one hair of Mohammed Saab kept there and I caught the vibrations about four, five miles away from it.

So to feel the vibrations is the only way to know what is reality. That's how we've discovered in our country Ashta Vinayakas, we

have discovered Shiva's places, we have discovered all other places. Now this place, Mata Mary we have in Bombay which is the statue of the Mother Mary and the Christ, and all sorts of places. Here also, Notre Dame is vibrated.

The other day I went to Portugal and there was a fair so I told them I will go to the fair. They said, "Why?" I said, "There must be something." So we went there and I asked them, "Is there a shrine in this place?" They said, "What happened?" They said from the rock, in the rock, some children were moving about, they were following a little rabbit and the rabbit entered into a hole. And when they put their hand this statue came out. And a funny rock, it's a very different type of rock, it's not a common one. It is absolutely a wedge of Virgin Mary, with the eyes, with the almond eyes as all the descriptions are, just like that, with her hair like that, absolutely. And such vibrations in that place, you're getting down you can feel them.

We have so many such places in India but how will you know, unless and until you are a realized soul? And nobody understood realized souls, they used to torture them. Anybody said anything, just tortured him. But now they cannot. Because people used to make money off everything so they would not like a realized soul because then they can't take money. When religion becomes a money-making proposition then naturally they don't like it because it goes against their business.

Q: Will the vibrations cure someone? What exactly happens?

Shri Mataji: For example, cancer. I'll give you one example of cancer, it's this way. This is supposing the centre of the spinal cord, or medulla oblongata as in science is, and this is – on the one side it's the left-side power and the right-side power on the other. Now if you go on too much moving onto the left, too much onto the left, what happens? This gets dislocated. And there is a Deity in the centre, every centre has a deity. So the Deity slips off and you just get cut out. When you get to cut out the connection with the whole is lost. Then you start growing on your own, that is malignancy. Anyone who tries to grow on his own is malignant and then that malignant thing starts eating other cells. Now, what do we do when we give the vibrations, supposing on the Nabhi chakra? If there is a cancer of the stomach, it could be with some other reasons also. For example, if anyone gets cancer of the stomach, we can't cure that but we give the vibrations with our hands, on the stomach. Then what happens that this gap heals, it comes back to normal and the relation with the whole is established. If such a person gets Realization, he gets cured. It's only establishing your relationship with the whole and putting you in contact with the whole. And the whole thing works out in a constructive way. The whole destruction becomes constructive. It's just like switching off and switching on. It's very simple. It's integration. Like an atomic bomb. Atoms are separated. Then what happens? That is an artificial thing, you just put them out, they are integrated. And that force creates destruction.

Another system, we can say, of the alcohol. Somebody is an alcoholic, he gets a bad liver. Now to cure it is very simple. Because when you take alcohol, the hydrogen atom and oxygen atom are placed like this, because there is H<sub>2</sub>O, 2 hydrogens place like this and oxygen here, normal water as we've got. And by this what happens? When it goes near the liver, the liver has the capacity to extract the heat from the body and put it in the water. So people get temperature, if you some have poison in the body with temperature it goes out, the whole thing goes out of the system. But in case you take too much alcohol, say you become alcoholic, then this system breaks; it goes like that. And when it goes near liver like that it cannot receive any heat, that's why the heat starts accumulating. Such a person may not get any trouble for some time because the liver is the most patient thing, but he may develop cirrhosis of the liver or something serious later. Now with Sahaja yoga what happens: that the hydrogen becomes this. Because the hydrogen becomes enlightened and it receives the heat. And then, you will be amazed, I've seen people emitting such heat that the whole room doesn't need any heater in a place like London, can you imagine? Such heat comes out of them that is surprising, from the liver, tremendous heat.

[Shri Mataji speaks in Hindi mixed with English] In the village they will vibrate the water and just drink it. [Hindi] All the vibrations, they go in the stomach and cure a person. Actually, you'll be amazed, [Hindi]. 1970 is the year. Actually, it was redone by another [Hindi], so he brought it down [Hindi], according to that he calculated and he said it was 1970. But even this [UNCLEAR, Bujendra?] he's written about it at least a hundred years back. It's very interesting how people are progressing in India. But [Hindi] Blake Saab, this William Blake. Oh, he is remarkable. He said, "In those days the men of God will become prophets and they will have the power to make others prophets." [Hindi]

You will feel better. [Hindi] Just take out your shoes, that is important because the Mother Earth must help us. You'll feel so much better and no problem, no problem, there is no problem at all, it is very simple, and you'll feel so relieved. [Hindi]

[min 32:24: Shri Mataji starts giving the Self-realization, mostly in silence]

Please close your eyes.

[Hindi] Start feeling the cool breeze. Both the feet should stay on the ground and you start feeling a cool breeze coming into them, very relaxing. I mean, you really feel so relaxed, very relaxed, there is no thought.

[Hindi]

Have you? He's got it.

[Hindi]

He's got it. What about her?

[Hindi]

What about her?

Ok? You've got it too?

[Hindi]

Let's see the little one, you've got it? [Hindi]

And you get such a complete relaxation. Now you watch me without thinking. Just watch me without thinking.

[Hindi]

First thing, you take a photograph, we can send it over and the vibrations come from the photograph.

[Hindi].

How is she? Liver? You have taken the right thing, you come and it'll be alright. [Hindi]

Q: What is wrong with me?

Shri Mataji: [Hindi]

[Hindi] left Swadishthana. You've had some guru or somebody that you believe in?

A: [UNCLEAR]

Shri Mataji: Oh, see, that's the problem. That's why you have got a problem.

Alright, you see. He too, he's got it. Ok. What about her? [Hindi]



## 1982-0602, The main points of Sahaja Yoga

View [online](#).

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The Main Points Of Sahaja Yoga

Public Program

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Talk Language: English | Transcript (English) – Draft

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[Shri Mataji starts speaking in 21:22]

[tape 1]

I told you about the false gurus how they try to entice you, today I have to give you the main points of Sahaja Yoga, as I told you yesterday that Sahaja is a thing which is born with you, it is within it is your own premule your germinating power within yourself and that this Yoga also takes place as a living process, it is a living process which we should understand in a proper way like for seed when we sow it we do not put any money for it, it just comes up by itself. The mother earth gives the warmth and it happens, in the same way, it is within you this power is within you it is your own and it works spontaneously in a loving way, so one should understand that you cannot pay for it, you cannot manure it, it just happens as a living force acting like a flower becoming a fruit. The other day one gentleman who got his realisation last year was complaining because he could not continue with it, he felt the cool breeze alright and he did not know what to do further. The thing is everywhere any country I went people took realisation then they felt responsible about it, they wrote to us and try to find out what is to be done further to grow, because if you are left at that point with your vibration then you have to grow after that, that is the most important thing is that you have to grow and at that point, you have to know about Sahaja Yoga. Before that you get it realisation even without knowing about it, especially, in the beginning, you are like a very delicate seedling and you have to respect your being and you have to be very careful and handle it with great compassion and love. Moreover, you have to have a full understanding as to what is your problem, the best way is to give to others then you grow much faster. If you do not try to share your power with others it does not grow. I hope this time we will be able to establish a centre here, he is going to stay here for at least two months and there are others who are going to stay in any case till the 17th but now it is for you people to take the responsibility and work it out yourself, every time we cannot import people from outside and I am sure it won't be needed. Now for today's thing, I would like to tell you about these different centres. You have heard and you have known that God has made you in his own image, now if this is the whole you are a part and parcel of the whole and the part has to become the whole. And to become the whole God has made all arrangements within us during the different stages of evolution. All these different centres demarcate your evolutionary process. The first centre that we have down below is the centre of your innocence. The deity that is placed on it is called Shri Ganesha because he is the eternal child, now this eternal child is kept there because he is always eternally innocent that is your innocence. This is a very important centre within us though it is placed below the Kundalini. Kundalini is in the sacrum bone wind up in three and a half coils. This is in all of you, as I told you this is the pure desire within us, which is unconscious now but becomes conscious when it manifests. Now the pure desire is to be one with the whole. So, this centre is placed below the Kundalini which is a virgin to look after the chastity of the virgin. The Kundalini is the reflection of the Holy Ghost within us. She is your mother, she is the mother of every one of you, but she is an individual mother of you own she has only one child that is you. She takes birth with you many a time and records what you are. When we try to deny her the right to give a second birth, she gets sick sometimes she is very unhappy and sometimes she freezes down. Now, this last centre has got a special power of innocence which looks after the excretion of the body, in the gross it manifests the pelvic plex. So, it looks after the sex also. An innocent child does not know what sex is, but sex that is perverted is punished. Or sex from which we become [UNCLEAR vidana] like nuns and all that is also punishable. Sex should be done through a proper marriage system. Marriage is a collective sanction and we should keep to that. Now the way people have deviated the whole society has [UNCLEAR physilled] out. There is no end to it. The whole society does not know lives in complete insecurity. The security of a person is built up in the home and when the

home life is disturbed the child is insecure all his life and he develops all the kinds of diseases. So, it is a responsibility of the people who want to marry to have a home which is secured for their children. They have no business to make their children orphans. That's why in the west few children are born there is a population problem they have minus population. But in India where we have a very sweet home family life and very loving parents all the children are born there; we are bearing your loads. That is why we have a population problem because of your dry temperaments. In Germany, I went and a lady she told me she doesn't want to have children because if I have children my figure will be spoiled. Then my husband will leave me, I said he has married you or your figure! If such a superficial man is your husband throw him away! If he cares for your figure and not for you what's the use of having such a horrible husband. So, the whole value system is wrong, at this kind of a value system ruins actually our family system. So now we have to see this centre has got Shri Ganesha who is the embodiment of innocence at a different stage and when he incarnates, he incarnates as Shri Jesus Christ at this centre [Agya]. Jesus Christ incarnated on this earth and was first created in the heavens about which we know in the bible. He was specially made for a special purpose, its written about him in a book called Devi Mahatmayam is a description of the goddess how she created this great embodiment of innocence. He was called as Maha Vishnu and the description of his incarnation is very clearly given that he will be the support of the universe, that he suffers for the sins of the people, that when he will be awakened within us he is sucking all our karmas and our sins. When these two powers of desire and action started acting thy created a big cross here on in the brain. In the brain where the pituitary and the pineal body is in the centre of it is the subtle centre. This is the door that Christ has said, now this door was so much completely closed because of these two powers crossing each other. So, to penetrate through them they had to create a special type of an incarnation which was Jesus Christ, he was created of this divine vibration, he had nobody. He was a person who was nothing but Chaitanya AUM or you can say the divine vibrations. Now this one when he was created in the brain where it was to give you a [UNCLEAR prayed] space in that area. So, when the kundalini rises she enlightens that centre [that] Christ is enlightened. By that, he sucks in two pouches of ego and superego like that. Ego is your karmas and Super Ego is your conditionings. It is a living process. It is not a process that you call somebody he gives you baptism just like putting hands there. It actually happens, this portion [bhramarandhra] becomes absolutely soft and you start feeling the cool breeze coming out of your own head. It is an absolutely living force, it is nothing psychological, it is neither any rational thing. And this thing about Christ was never told to Indians. When the people from here went to India the missionary they carried a gun in the hand and missionaries behind. They never understood that Christ has nothing to do with politics and when people made enquiries about Christ "What is he?" "Who is he?" they said he died for our sins you better get Christians. They just started branding everybody as Christians, Christians... some Catholics some protestants some this some that. So they understood that this is another fad/cult because the missionaries did not know about Christ at all when they asked "Is he Maha Vishnu?" who was born they said who is Maha Vishnu they do not want to read any other book, they are so self-opinionated. I was myself born in a Christian family and I saw their stupidity for very close quarter, I used to argue with them they never understood me at all. It was impossible to talk to them they had no understanding of the divine they thought if they have more Christians in India they will have democratic powers. Not only Catholics even protestants as they came from England and it was so that the Christians India believed that Christ was born in England, but they also started wearing English dresses behaving like English. So, this is the great Maha Vishnu who was born. According to Indian astrology, it was Maha Vishnu the day he was born. But the saints in India were told off, we had Muslim saints, we had Hindu saints, we had all kinds of saints they would not listen to anyone. I mean when they become saint, they lose their identities they become holy realised souls, now when this centre is awakened, and Christ is awakened and space is created, real baptism takes place that is what you must all ask for. Now, Christ has said your hands will speak, when the Kundalini pierces through you start feeling the different centres in your own hand. One of my first disciples [their] children in London was little sceptical he was just little doubting he said, "Can I know about my father?" I said you put your hand and think of your father he got a burning here at the base of this finger now these are the centres of your father and these are the centres of your mother so I told him your father must be down with bronchitis he telephoned to Scotland his mother answered and mother said your father is down with severe bronchitis then we can give him vibrations from here and you can cure that his wife rang up to say that she is bleeding the other day and he got worried, I gave vibration and said she is alright now he telephoned and now she is alright. You become dynamic because you are dynamic only your computer this divine computer is to be connected to the mains if that could be achieved then everything goes well but the biggest problem in the west is there is too much Ego, I am sorry to say. If Christ comes instead of me, they would have already crucified him. Everyone thinks that they on top of the world. Today I went to Indian ambassador's place there were many Indians of very high official were there, after realisation, they said mother you have to give us photographs because we have to get vibrations from your photograph. But if you give it to the west, they will say why your photograph? For realisation, they will come to me but if I say there are vibrations in



my photograph they do not want to accept

[tape 2]

....Married woman and I have no problems, my grandchildren have come all the way from India to beat me, I have left them in London and I have come here to give you realisation. Now, if you challenge me, I will be very happy you can take my seat very good I would like to retire [laughing] very easily if somebody could replace me, I will be very thankful. Because you could not do it, I had to come but why should your ego be so strong! I don't know many things. I don't know how to sign even a cheque, I don't know how to drive, I don't know anything about the worldly thing you know. I am something different, but I don't feel my ego challenged if somebody else has to drive me I don't feel that he is insulting me because I do not know how to drive. I know only this work; I also know cooking so why you should mind! So, first of all, settle down with your ego, you have to humble down, if you are not humble it doesn't work out. Sahaja Yoga is not meant for arrogant people, if you try to be arrogant it will drop out. Christ tolerated everything but he has said "I will tolerate everything against myself but nothing against holy ghost will be tolerated", that's exactly the case so humble down yourself, I am your own, I am your mother so have no ego then you receive more in your heart. Now here the second centre about which I want to tell you about is the Swadistana chakra. Now Swadistana chakra comes into play when you want to create something, or you want to think of the future. It is the centre of your actions when you also use your body or use your mind then it comes into play. In the gross, it manifests Aortic plex. This centre transforms the fat cells from the stomach for the use of the brain and when you think too much this activity goes on increasing and when this activity is done only for the brain the other activities of this centre are neglected. This centre has to look after the liver, the pancreas, it has to look after spleen, kidneys and in ladies the uterus. Now when you start thinking too much your liver goes out of order, when you think of the future you become futuristic so much so that your memory starts going out your past cuts off and you reach such a state that you don't even remember your name sometimes. Now when this mind thinks too much people try to subside it by alcohol or something like that by drugs or things they try to subside the brain because it is too much for them to think all the time so its an escape. But that spoils the liver even worse, a liver is a thing that throws out all the poisons from the body, the poison goes out of the liver as heat to the water in the blood, so if there is anything poisonous we get temperature but if you become very alcoholic then liver goes out of order. Because the alcohol makes the pattern of the water bent like this, there are two hydrogen atom and one oxygen atom and the hydrogen atom bents like this. So, when it comes the molecules of the water come near the liver, they cannot receive anything in themselves, because their normal shape is gone. After realisation or after giving vibration to liver the shape changes like this, from this to this and tremendous heat is given from the hands. The same thing happens in cancer, from a cancer patient such tremendous heat comes in that this room can become absolutely hot like an oven. In London, I was curing a cancer patient and the room became so hot that we had to open the windows when the temperature was freezing. So, one has to understand that all the time thinking is not good. But by telling you not to think you cannot do it. It cannot be brainwashing, only the kundalini has to rise when she goes into that space above this centre you cannot think. If you want, you can think but if you don't want you need not think. But when it passes through your fontanel bone area the power of the divine power start flowing through you. With this power, you can give realisation to others. You can give them cures. You can cure a mad person. The whole system of valuation changes, tremendous change. You become very transformed, you become very secure, loving, affectionate and giving. You start looking much younger. Nd your body, face glistens with light. You are not bothered by small petty things of life because you become the witness of the play. The whole thing looks like a drama and you think you are just enjoying the drama. This all should happen in realisation, but some gurus make you jump like frogs. Are you now going to become frogs or earthworms! We have to use our brains. You become very beautiful very dignified very sensible wise personality. You become that quite a magnetism of your love. You do not overpower anybody neither you allow to overpower you. You stand in your strength of love. This is what has to happen because judgment time has come this is the judgement. God is going to judge you by your kundalini he is not going to put you in the scales to judge you. God has said that I will send you a [UNCLEAR comforter] that you should know my father forever, Christ has said. Unless and until you are realised how will you know his father the God almighty forever? So you have to get your realisation and you have to learn everything about I would like to say a few things about the so-called mantras and all that all the Hathi yoga and everything even raj yoga. Hathi yoga started 1000 of years back in India when we had a very different style of life where the children went and studied with a realised soul and in Hatha yoga, the main thing was Iswar pranidhan means establishing your Iswara means your God that is to first establish you as a realised soul, then there were other ashtangas other seven of them. And this exercise which you take so seriously was just a part of it but that also to be used with understanding where to use what is

only possible to know when the kundalini is moving. Supposing your this centre is bad and you are taking exercise for this centre what is the use! In any case, this will also go bad. There are so many things which are done in such a half hazard manner without any knowledge there is a difference between east and west in their own lookout towards life. West is like the shoot of the tree which grows outside if tree grows too much outside you must know the roots have to go down below, you cannot see the roots but the roots are going down if they do not go down then this shoot won't be sustained and this roots have reached that stage where today we are having a blossom time of realised souls. Because in the west after reaching the climax of their development now they are receding back. They are realising that matter cannot give you joy. The economics has the basic principle that no wants are [UNCLEAR sacheble] in general if you want today a house once you get the house that's finished. Then you want to have a car when you have the car you want to have the helicopter but you are never happy and never satisfied because the matter cannot give joy only the spirit. And then once you are realised you can give joy to the matter. There is a technique by which you can give joy to the matter. Today there is such a short time I am sorry I came only for two days I was to be here for three days but they after tomorrow also these people are going to come here and talk to you and tell you all about it. I want a proper centre to be established here. It does not require any money what requires is desire and responsibility. If you have to enter into the kingdom of God you better do it. Already the young people are getting into troubles with these false gurus. There are so many seekers in this country. This is the only country where we do not have a centre can you believe it! I have been to Vancouver only for one day and we have a centre there. In Portugal only two boys got realisation they came to London learned a lot about Sahaja yoga and they have started a centre. So you awaken to your responsibilities it is not meant for one person, it is meant for the whole universe because the whole has to be awakened. You cannot just sit at home and do meditation. You all have to meet once a week. The girl had agreed to stay here he has got a job in London but he is going to stay here on his own for at least two months. He has no job here but still, he is willing to stay he will tell you all about it and there are other people till the 17th you can talk to them.

May God bless you all.

Next time when I come, I am sure we will have many more people our Indian ambassador who is also a Sahaja yogi here has told me that he will come to address the meeting and he will invite many important people. I hope you will all collaborate with him and cooperate with him, May God bless you thank you very much.

You can ask me questions for five minutes only as I think we should have a realisation which is more important.

## 1982-0602, Conversation about jewels and false gurus

View [online](#).

2 June 1982

Conversation

Madrid, Embassy of India (Spain)

Talk Language: English | Transcript (English) – Draft

Morning conversation with seekers about jewels and false gurus, Madrid, Spain, 1982, June 2nd

Seeker Joseph: Yesterday, there was a person who studies Buddhism, A person not too much tall, older. Do you remember who he is? Brownish, short with moustache.

Sahaja Yogini: Yes.

Seeker Joseph: Suddenly I got a smell of sandalwood, and I thought it came from him, but no, he did not smell like sandalwood, but there was a moment when Shri Mataji passed by me and she smelled sandalwood, and I told myself. What is it, then I turned to smell the older man and he did not smell sandalwood, I went to smell Shri Mataji again and she neither smelled like sandalwood, but I know that maybe it was my nose that was open at that moment? When Shri Mataji passed by, I felt the smell of sandalwood.

I do not know what to think.

Sahaja Yogini. Oh!

Shri Mataji: What he says?

Sahaja Yogi: He says that in the meeting yesterday, when he passes near You, he smells sandalwood.

Sahaja Yogini. Ja, ja.

Sahaja Yogi; Jaja.

Seeker: She must carry such exquisite vibrations.

Shri Mataji: What he says?

Sahaja Yogi: You must to have so exquisite vibrations

Shri Mataji: the fragrance comes from inside

Sahaja Yogi: All these essences come from within

Seeker Joseph: Yes, I know it

Shri Mataji: Even remember me, sometimes, you can smell fragrances, this mother earth is made of fragrances.

Seeker Joseph: Yes. I am going to tell you a history. A friend of mine named Fernando ... Sesma Manzano, God bless him, deceased.

Shri Mataji: What he says?

Sahaja Yogi: He tells a history about one friend of him named Fernando

Seeker Joseph: He deceased, he was a man ahead of his time, I talked a lot with him. At that time, I with him and other friends used to meet us every month at a café in Madrid. To talk to chat. We: the group of friends knew that he died and a few days later, month after or month and peak. A friend of mine called Lucinda, went to the same café, with another friend and in a moment when they were talking about Fernando noticed that suddenly a sandalwood fragrance entered the place. She told me, and I said to her: it is logical he is at such a high vibration that when you talked about him, he expands towards you and that smell of sandal comes.

Shri Mataji: Maybe He was a Realized soul.

Seeker Joseph: Yes, yes, yes, he suffered a lot, but well.

Shri Mataji: In India only, the Realized souls are buried in the earth, not other people. Everybody is burned, only the Realized soul is buried.

Seeker Joseph: Of course, that way they do not ... stain (the earth)., logically.

Shri Mataji: He is the quality. Bring your friends also. And I see, you are the very good quality (said to José)

Joseph: Thank you.

Shri Mataji: And give him the book, you can get translation to him and he can stay here I write your name. What is your name?

Seeker Joseph: Is the book going to be dedicated and everything?

Sahaja Yogi: Yes.

Seeker Joseph: it is wonderful....

Seeker Joseph: Pepe Conrado, my complete name is José Conrado.

Shri Mataji: Pepe Is your father's name?

Sahaja Yogini: Not, Mother. Pepe is like diminutive of José.

Seeker Joseph: One moment. One moment. Joseph Conrad. as the American poet

Seeker Joseph: How many days will you be here?

Sahaja Yogi: I Think to translate for her to Spanish for a long time.

Seeker Joseph: You? Here?

Sahaja Yogi: I do not know

Sahaja Yogini: She will be here only 3 days, the group until 16 or 17

Sahaja Yogi: She goes to Portugal, she has to see other people, she's going to be there one day and then goes to London. Sahaja

Yogini: But you can see her I London

Seeker Joseph How in London?

Sahaja Yogi: she's going to be there one day and then goes to London.

Seeker Joseph: When she goes to London?

Sahaja Yogi: Until Friday and then she goes to London.

Sahaja Yogi: June and July.

Seeker Joseph: If I could understand English, I would follow her to continue hearing her teachings.

Sahaja Yogi: But I translate.

Seeker Joseph: Do you go to Portugal?

[The Sahaja Yogi translates to Shri Mataji what Joseph said]

Shri Mataji: Oh, good.

Sahaja Yogi: You can go to London. In London there are many people who speak Spanish.

Sahaja Yogi translated to Shri Mataji

Seeker Joseph: If God and the negatives ... allow it, I'll go

Sahaja Yogini: She asks if you are married.

Seeker Joseph: Yes, but for test.

Sahaja Yogi: How so, that for test?

Seeker Joseph: Yes, but for test, because I am a lawyer and we sign a document where it says that if I am doing well, we continue and if it does not go well, we separate. I have been married for civil reasons; a document was written where it says that the marriage we have is first made as a test.

Shri Mataji: How is she?

Seeker Joseph: Little girl, Pluton, Scorpio, half witch. Half holy. If you look at her badly, she is a bug and if you look at her well, she is a saint. How women are.

Shri Mataji: (Big Laugh) "Meeta", in Sanskrit means little (half)

Seeker Joseph: But tell her that if I get married, for me, marriage is nothing more than a social act; it is a document, it is a contract, like any other.

Shri Mataji: After you bring her along and we gave her the Realization, then it is a divine contract.

Seeker Joseph: Oh, many thanks, but I will be very careful with what I do, because. I must think ... take it easy.

Shri Mataji: You know why it is so important now? Because many great souls want to be born again now and want very good parents, that is why the parents must be good, sensitive, and peaceful.

[The Sahaja Yogi explains to Joseph what Mother said.]

Joseph: Yes, I agree with all that, but you must understand that I am a lawyer and I also dedicate myself to divorces.