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Ego Is The Outcome Of Stupidity

Birthday Puja

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Birthday Puja. Delhi (India), 21 March 1997.

[Hindi to English translation]

Doctor sahab gave Me a pill to sleep and I slept off. But, you all were singing songs here, I thought some people who did not get the chance to sing, also got the chance. Everything is going on well. But, when the whole world sleeps, then a Sahaja Yogi is awake, and when the world is awake a Sahaja Yogi sleeps. It means that the things towards which Sahaja Yogis are inclined, other people are not inclined towards them. They are inclined towards other things. In some way or the other, they face away from the truth. Meaning, some are caught up with money, some are caught up with power. Human beings get caught up with one or the other hassle, and get completely lost. They get away from the truth, their attention does not go towards truth. Some will say this is the reason or that is the reason, some or other analysis they will do.

However I think, it is ignorance. In ignorance, people do all kinds of things. A sort of darkness, dense darkness falls on them. For example, if this place is plunged into darkness, there might be a stampede. Some may get up and start running, then many people might get knocked down, get trampled over, get hurt, anything can happen. When we are in this darkness, then we are in a state of sleep. But when you are awakened, when your Kundalini is awakened and when you are confronted with the truth, then nobody can describe the glory of that truth. I asked somebody: "What did you get in Sahaja Yoga?". He said, "Mother, I can't tell you what, but I got everything". What does "everything" mean?

I will also say that today, I got everything in Sahaja. When I was a child, I used to tell My father that it is My desire, that like the stars in the sky, many people on earth should also shine like stars, and spread the light of God. He said, "It is possible. You find a method for en-masse awakening; don't give lectures, don't write anything, or else another Bible or another Quran will come up, and that will become another reason to fight about. So, first of all, You do en-masse awakening". And the task of en-masse awakening started, spontaneously, in a Sahaj way. But, the problems associated with it, I have to tell you today. It is a great pleasure that en-masse awakening happened and everywhere, in every country, in such great numbers, people have taken to the truth and are in its' bliss. But it hurts to think, that for en-masse Realization, we have not been selective. We opened the door for all sorts of people to enter and they brought their dirt along with them.

When even a few such people come, they cause a lot of damage. Great saints like Namadeva who have been among us only, had said very clearly that those who are bad can never become good. Their habits can never be corrected. He said, for example, take a fly. If a fly sits on your food, it will make you sick, and if it dies and you eat it, you will die too. The fly cannot become good, and there are a lot of people like this fly, who are very fond of jaggery and they keep running towards it. So, in Sahaja Yoga all such things should drop off. We cannot ascend higher, until they drop off. If something gets stuck to the wings of a bird, then it cannot fly. That is why this sky of bliss which poets have called "Raganchal" - the sky of Mother's love - in this sky, you cannot fly like a bird because something is still stuck to your wings.

Today is a very auspicious day, and many people think of it as a great day, and on this day, something special happened. Many people have mentioned this. But today, you all have to do something very special. You have decorated this place with so many balloons. One becomes happy to see them and thinks, that even rubber has so much power to give us joy and happiness, and that also can become a beautiful thing. We are human beings and on top of that we are Sahaja Yogis now. We are great people.

So, what should be done to raise everyone to a certain level? Recently, I had an experience, which I am going to tell you as a story, that had hurt Me a lot. I am telling this in Hindi because this shortcoming exists mainly in Indians.

It is not common in foreigners and foreign countries. They don't have much understanding about it. Earlier, in our country, within our whole Mother India, many kind of nations were integrated. You know Burma, Ceylon, Pakistan, Bangladesh, etc., many nations were a part of it. This is our mother - Bharat Mata. But people divided it. Why did they do it? The reason is that, for example, there were some people in this country, who thought, "That person became our country leader. He got great authority, so why should not I do something so that I also get that authority. If he can become Prime Minister, then I can also become Prime Minister".

Jealousy, first thing. They became jealous and thought, "If we have a separate country, if we divide the country, we will get a share of it and we can rule it". Similar situation happens in big families as well, that people want their own house and want to stay separately, with their family and children and have no connection with others. So, division became a nature of human beings. Because of this reason, Bangladesh was formed. I was quite surprised that people demanded for Bangladesh so strongly, because some people wanted to rule a country. Now, in the name of Islam or any other religion, with some or other excuse, the partition was done. And today Bangladesh is in such a state that people say, "Mother, you don't go there, else tears will keep rolling down your eyes continuously. It is that bad". What is the condition of Pakistan?

Ceylon, which is now called Sri Lanka, what happened to it? By breaking the country into pieces, they thought that they will rule it. Most of the prime ministers of these places, who somehow managed to create a new country, were killed. They were murdered. So, jealousy increases jealousy. And then such groups get formed and then they fight... Even now the idea of division prevails in our country. Like we have Vidarbha here, Jharkhand is there, Bharkahand is there. What is one going to achieve by this division? What has anyone achieved so far by partition?

Sahaja Yoga is totally against the partition of anything. We want to unite everyone, synthesis. Synthesis is the principle of Sahaja Yoga. If you do not accept the idea of synthesis, then it is better that you leave Sahaja Yoga. Recently, a very big incident took place, when a gentleman came to Sahaja Yoga. He used to remove bhoots from everyone. I told him, "Stop this or bhoots will catch you". But, it became his hobby. Maybe the people used to pay him, or appreciate him, whatever... So he started a group of his own.

Such people from Sahaja Yoga also joined him. They all formed a separate group and made a separate institution. Yes, regarding Me they had no doubts. But, regarding leaders they said, "They are useless". They found faults with everyone, with one person or another and said, "We are leaders of pure conduct, and we are Mother's devotees". Without asking Me, without My permission, without telling Me, they made their own group, they used My photo and what not. I had no idea what was happening. [UNCLEAR]. Pointing out leaders that, "This leader is not good, that leader is not good"... If somebody is bad then I will know it Myself.

When you believe in Me, you should leave things to Me. Let Me decide if a leader is good or not. But, to say, "Why did the leader do this? ", "Why is he like that?" - you do not have the authority to say that. Now someone will ask, "Why are there leaders in Sahaja Yoga?". It is because it is not possible for Me to associate with everyone, so if there is a person in between, then I can associate with everyone through him. So, they got angry with the leaders, "This leader is not good. He is like this or he is not like this".

If there is something wrong with the leaders, I should correct it, not you. What you should do is to write to Me. But, if you tell such people, "If you don't like the leader, you can leave Sahaja Yoga", then 10 more half-baked Sahaja Yogis will join them. And then they will start talking ill about that leader. In the same manner, a group was formed and about 70-80 people joined them, whom I had never seen or heard of before, and didn't know if they are Sahaja Yogis or not. Then that person said, "I am the incarnation of Kalki". Alright, if you are that, so be it. I have nothing to say. But, get out of Sahaja Yoga. There is no place for you in Sahaja Yoga.

These people believed that he was the incarnation of Kalki and started touching his feet and all that. There have been "maharajas" who get their feet touched and grab money. All sorts of "maharajas" are there and they became one of them. He

took lot of money from them. Gradually, all the faults they were pointing out in the leaders, the same faults were present in them, all these faults got nicely exposed, and everybody started wondering what was going on. So this sort of jealousy and ambition manifest. But, all the fools in Sahaja Yoga got filtered out and joined that group. Really amazing. Since it is the Last Judgement, all such Sahaja Yogis get filtered and join together. They comment about the leaders, that their character is not right, that they misappropriate money, they are like this, like that - these people investigate more than CBI.

I am amazed that they crossed all the limits. At least consult Me. At least accept the certificate I give. You say, "We believe in You", but you don't believe in what I am doing, Then these stupid people reached Ganapatipule, and there they started throwing stones at Me, because when one's mind gets corrupt, when one loses wisdom, one is not aware of what one is doing or saying - one behaves like a person who is drunk. And there they created a scene. They even came to the program. I felt such bad vibrations from them. I thought, "Oh my God, are these people going to be in Sahaja Yoga"? Instead of correcting their vibrations, they were correcting other people's vibrations. So, this kind of people who are in Sahaja Yoga, should leave Sahaja Yoga, because this is not Sahaja Yoga.

But, if one or two of that kind come up, many people follow him, thinking he will lead them to heaven. This is not so. Sahaja Yoga is a collective movement. It is a collective institution. In this, if one's ear is here, nose is there, hand is elsewhere - it's just not going to work out that way, because the Chaitanya does not like it. Then I said, "You are rebelling!". Then they replied, "Are You abusing us?". I said, "No, I am advising you not to rebel against the Chaitanya". This is why there was an earthquake there. Who knows what else is going to happen?

As a Mother, I told them that the Truth and God will not spare them. I am a Mother, it is different with Me, but they (God & Truth) will not spare you, so please leave all this. But as the saying goes, "Old habits die hard", that's the case here. They are still doing it. Now, I heard in Dehradun they are doing this in full force. On one side, there is Jharkhand, and on the other, they are creating "bhoot-khand" (land of bhoots). Now, if these 4-5 bad people are thrown out of Sahaja Yoga, then there are many people who will join them, and they will form a new group. But, I am least bothered about that group, they can very well go and drown themselves in river Ganges, I don't care. But, they cannot be in Sahaja Yoga. And they can't use either My name or My photo.

Today, I felt very sad when I heard, that the person whom I trust so much, who has done so much work, was being questioned, "How did you get that car?". Oh ho! He is working and has a business. Anyhow, I should be the one to ask. And still if you have any such "special" complaint, write to Me. I didn't want to say this today, but as there is no other time, I had to say these inauspicious things on this auspicious day. If you want to do this kind of business, then you can go out of Sahaja Yoga right now. I have no objection in that. In Sahaja Yoga there is no compulsion. I have never even forced My family to join Sahaja Yoga, although I know that there is nothing greater than this.

But I have never asked them to do Sahaja Yoga. If you want to do it, then do it, otherwise don't do, but you should not do this kind of things. That means you can never be a Sahaja Yogi. In a way, from a Sahaja Yoga point of view, to behave like this towards your leaders is a great sin and to form groups on this basis is even a greater sin. If you want, you can write to Me. I will check. In fact I can immediately know through vibrations, whether you are right or they are. They write all kind of things in their letters. Even when they write, they write such nonsensical things that I don't feel like bothering. "This leader is like this, that one is like that".

Are you yourself a very great soul? Look at yourself! You should see yourself. If you yourself are not alright, then what will happen in the future? You have children, and besides the children, all the neighbours who live around you, what will they think? If your leader is "like this" won't they think, "Doesn't your Mother have some sense, that She selects these kinds of leaders?". This kind of problems start and then Sahaja Yoga finishes there. Till now it has not finished anywhere like this. I have always tried my best to save all those who are drowning. It's better if they are saved somehow, and have more Sahaja Yogis.

But I also feel that this Heaven is based on truth, so to go to this Heaven some preparations are necessary. If not, then there might be a shortage of space there, so, nature might be also trying to push these useless people out. But you should not get into such affairs. If you are really aware, then be aware of yourself, not about others, be aware of your own self and see your

shortcomings. Some people have some other affairs, like money affair. Some people come to Sahaja Yoga to earn money. If you tell them that you are not here to earn money, it doesn't enter their brains. I will also have to tell you today, that in money matters, some people have very little brain. Christ had said, "First will be the last and last will be the first", but it doesn't seem like that. In the beginning, Sahaja Yogis who came to Bombay, said, "Mother at least take thousand rupees from each one of us".

I said, "Children, I neither know how to count money or how to keep it, nor I know anything about banking. But, if we can form something like what we call a trust, then I will deposit your money in that". Not because I want to show that I am very honest - it's not the case - I do not know how to be dishonest, so what can be done? If I don't know how to count money, what should I do? I don't even know how to write a cheque. Leave it! I am differently made. But, you people know everything that if anyone takes money in the name of religion he will regret. The money trap is very powerful. So, this time I thought and told you many times, that there are women here begging on the streets, a lot of Muslim women, who have been abandoned by their husbands, who beg on the roads with their children, and also lot of women have come from Bihar and Rajasthan.

We should do some good for them, so we formed an organisation. For this I don't need any money from you people. We have never asked anyone for any money. It all gets arranged somehow. But, I thought that you should also receive some blessings, so I said, "Donate 500 Rs instead of 108 Rs". Finished! I got letters after letters - "You increased it from 108 to 500?". What is it if you just have to pay it once a year? Do you not want to do any good deeds, but only want to gain? Then how will your Lakshmi tatwa be seen?

In Lakshmi tatwa you have only to give. So much fuss was made for 500 rupees! Five hundred rupees you give sometimes for just a hair cut. So much chaos was made for that 500 Rs, then I understood people are still half baked. This was not so in olden days, devotion and sacrifice were there. And they didn't even feel that they were sacrificing. They enjoyed it. So, the thing is that our attention is still on money. "We will pay only 108 Rs, or we will not come at all". Better don't come, get out of Sahaja Yoga permanently.

That is better. Because Sahaja Yoga is not for beggars. First of all you become alright and then help the beggars. We can help beggars. For that, if little amount is being asked, then why are you getting so angry? You know I neither touch that money, nor I know anything about. But, if for a good cause, instead of 108 Rs, 500 Rs is being asked, then you fight with all the leaders, fight with everyone, and create problems saying, "Mother, who suggested this to you?". The person who can suggest Me is not yet born. I go according to My will. This is what you should understand.

I may look simple from outside, but actually I am very clever from inside! So you should not try to befool Me. And you people cannot even give this much for Sahaja Yoga? For so many years I cured thousands of people, gave so much money as tips and did so much for you, you know that, but even for such a small thing, people turned their back! I felt very sad. Earlier also such a thing has happened, such a low level thinking. Now, in Bombay, people said "Mother, do the Puja here, this time". I said, "I had a very bad experience here last time". When the Puja took place, only a quarter of the people paid for the food, rest I had to pay. You did Puja to Me and I paid for your food.

People of Bombay, particularly Maharashtrians are very miserly. They will give to brahmins, they will give to Siddhi Vinayak, but here they came running for free food. A quarter of them paid for their food, and one-third paid for the Puja - eleven rupees, just eleven. And they came to Sahaja Yoga. Instead, they can take a bowl and sit outside a mosque - that would be better. Allah may do something good for them. This kind of people are there in Sahaja Yoga. That is why I want to tell you that till now I didn't need any kind of donation from you all. But, I thought, "Let Me see, let Me test you". And that testing amazed Me.

And there is no one so poor here who can't pay even 500 Rs. And so it was told, that whoever can't give needs not give. I got call after call saying, "Please cut my name, I can't pay". "Why? ", "Because my husband only earns". "How much does he earn? ", "7000 Rs. But, I can't pay. My husband will pay only for him. As if we should put it on sale like it is done in marketing.

"Better if there is some sale. Can You excuse us from paying?". What is there to excuse? How much money am I going to get? Will it run My NGO? Not at all. But, your test is done, about how much deep you are. So, to take the attention away from money, is

very important especially for Indians if they are in Sahaja Yoga. Otherwise "jail bharo andolan" (a kind of protest) is going on here. Why is your attention so much on money, when I have awakened your Lakshmi tattwa?.

As much as you give, so much you will receive. "To give" is so joyful that there is no limit to it. When you give Me something, I only take it to make you feel happy. I don't need anything. There is no place in My house to keep anything. I can't do anything because you give it with so much love, it makes you happy. I am tired of telling you people, "Don't give Me sarees", "I don't need anything. I don't need any jewellery". I even said I am going to sell all the jewellery; everything will be done by that. They said, "Mother, whatever You do, we'll give You (gifts) anyway".

I am doing it for your joy. For Me what is give and take? When I have not taken anything, then what is there to give? So, this is something, we Indians must learn. I have met such people - you will be surprised! Just to get independence of our country, My father sold all the land and properties, My mother sold all our jewellery and we all went to jail. They gave Me electric shocks and made Me lie on ice. Nothing happened to Me. It was a joke. But still people tolerated all kinds of things, and went to jail for 2-3 years.

People are still going to jail, there is no doubt, but that's because they are corrupt. They claim, "See, we also went to jail". Those people who have misbehaved in Sahaja Yoga are going to be expelled by Me for sure. And be warned: if anyone dares to raise the voice against any leader, then I will turn him out of Sahaja Yoga. Understand this completely without a doubt, because we do not have to divide. If you are selfish, mean and you don't have any job, then join the police, or become CID (Crime investigation department) or do anything. Why have you come to Sahaja Yoga? When you are not worthy of it, why did you come? I have been too bold to talk about such things to you on such a day. When I went to sleep then only it came to Me, "What should I say today?"

I am 74 years old. If one is old what one should say?". So, old people have also one job: to guide their children. They have to tell them too, what life is all about, and why they have to come to Sahaja Yoga. In Sahaja Yoga you have not come to destroy yourself; because the path of Sahaja Yoga is extremely narrow. If you have to come to Sahaj you should know that you have to tread on this narrow path, on one side of which is a mountain and on the other a abyss. So, to walk on this path if you don't have that strength, that strength of your heart, that determination, if you don't have that pure desire, then it won't work out and you will be stuck somewhere in between. On the mountains you might have seen people going up on donkeys. The donkeys were asked, "How did you become donkeys?". They replied, "We were also like you, but, since we were half baked God made us donkeys, so that at least in this form we can make it to the top".

These stories you have heard, read. Our country has abundance of them. Regarding this subject there are so many stories. Most of them were written to teach us, to make us understand what happens when we choose the wrong path. Several stories are there and among them, those stories which teach us a lesson, those are the real ones. Again and again, I am feeling that today I should have told something nice, but this topic got highlighted as a big concern on Shri Shiva Puja, that I thought now if I don't talk about it, how will it work out. And on Shri Shiva's Puja you cannot say anything because He only knows to forgive, but that too, to some extent. But, when He gets angry, you know what He does. I fear Him the most. Because if He gets angry, then He will finish you.

The knowledge of Sahaja Yoga was free for you, in a way, because your previous births were great. You have got it because of the wealth of good deeds accumulated in your previous lives. However, even after coming to Sahaja Yoga and getting everything, if you are going to be of no use, then better leave it, and spare Me also. I said this today after thinking a lot about it, although I do not think much, I am generally in Nirvichara, but still I am worried because I consider you all My sons and My daughters. So if you keep falling because of your faults, I cannot bear it. It hurts Me a lot. In Sahaja Yoga there is everything: bliss, peace... All your problems disappear in a snap of the fingers. You know it, you have experienced it, I don't have to explicitly tell you about it.

[English transcript]

That was for Indians not for you people. And I have to tell you thank you very much for this celebration, for all these beautiful balloons.

But, looking at these balloons, we have to also see some of them who have lost their air completely. This is another problem we face in the West because to have ego itself, according to the Western culture, is a very great achievement. And when we start living with our ego I know how one looks like. He really looks like a stupid fellow. When he talks, when he describes himself, you don't know where to look because just feel like laughing at his stupidity. Ego is the outcome of stupidity. I don't know what to say; how to give a simile to ego, because it's just bloated and makes you float in the air, and when it bursts you are down on the earth. But you are not down on the earth the way Sahaja Yogis should be down to earth; but you are completely finished. All your arrogance goes to waste. You can never understand Sahaja Yoga if you have this ego in your head.

I have known people who have this ego. They have come to Sahaja Yoga and still they want to think that they know more than anybody else. To know about yourself you have to go deep down, and to go deep down you have to give up all this idea which makes you float in the air. Imagine if you have a big balloon attached to you. How can you go deep down into the sea? You cannot. That kind of an air which makes you float in the air, absolutely in an area of stupidity, what else - I mean English you will think there are no words- stupidity means everything. Then you may think no end of yourself. You may think whatever you like, you can behave the way you like and all that but what do you achieve? You achieve nothing out of it.

Whatever you achieve people are jealous of you. They want to harm you. You have no friends. Nobody cares for you, and in Sahaja Yoga people know who has got this problem. So, I've seen people when they start talking they say, "Ah! We know, we know him." Once I had an experience, long, long time back in Pune where the people who were owning that wada said that we cannot have Shri Mataji's program because She is not a Brahmin. So the Sahaja Yogis said, all right we'll give it in the newspaper because She is not a Brahmin we cannot have a program. So, these people came to My program and the owner of that was sitting on the gallery on top. He couldn't even walk. He was suffering from some sort of a funny disease.

So these people suddenly start. I didn't know. They didn't tell Me anything. They didn't tell Me that these people have protested or whatever it is. So they all started shaking like this, like this, like this. I said, "What is this?" So I said, "What is it?" They said "Mother, stop it. We know You are Shakti but stop it. It's too much, too much." "But what did you do?" They said, "We didn't do anything. We just said this is a Brahmin's thing and a Brahmin's wada, and this area is mostly resided by Brahmins, so we thought that You cannot have your program." I said, "Really, that's all?" "Yes, yes, that's all. But it's, you see on the other side, you see those people?"

They are also shaking with Your power." So I asked them, "Who are you? Are you also Brahmins?" They said, "No, no. We are certified mad people from Thana." "And how are you here?" They said, "There was one fellow who was mad was cured by You." "Really?" "So our superintendent is here. He has brought us here. We are certified mad. Certified." My goodness, these people looked at Me. I said, "See now, you tally. You are shaking and they are shaking. Now you tally. Where are you?" There was no word. But, no word. And they all became Sahaja Yogis.

Not only that but the gentleman sitting upstairs I told him, "You get up and come down." He came and since that day he has surrendered his life and did a lot of work in Pune. So what I'm saying that anybody who talks like that; that "This is wrong, in Sahaja Yoga, this should not happen, we should not have paid so much, or this leader is not good"; should take a paper, thin paper, on his hand, and put it before the photograph. If you can stop the shaking then you are all right. All of you can try this. Then try on the right hand. Very practical. If the paper is shaking that means Mr. Ego is shaking, and you know how to treat your ego in Sahaja Yoga, thanks to Mohammed Sahib. He has told us how to treat it. Now these two problems are within us.

One of them is our conditioning and another is this ego business, and we make our mind out of that and we are playing under the governance of these two things which we have used to make this mind. Now you have to be careful. You find out with left hand. Now let's see. If the left hand is shaking then you are conditioned. If the right hand is shaking then you are egoistical. So now you treat it. You treat these two things. Before Me you'll get vibrations all right because you see I am your Mother. All right.

But that doesn't mean you are all right. You try on My photograph; that's much more sharp. So being Mother you know I play

around. I think, I don't know what I should say, but maybe you may not feel that way. But before the photograph you put on the left hand side a newspaper or a little paper or a thin paper. On the right hand side another paper. One by one you try and judge yourself, what are you? After all you have not come here in Sahaja Yoga to emancipate Me. You have come here to evolve yourself and because of that you have to face yourself and see for yourself what is within you which is very strong, which is troublesome, which is dragging you down, which is killing. Sahaja Yoga is nothing but Ocean of Joy.

I thought that in My absence you'll be all enjoying it all right; you do. Airport I have seen sometimes I am late because of the plane, about four hours, five hours, and everybody is so fresh, and so nice early in the morning. I said, "What's happened?" "The whole night we have been enjoying Mother." So what you enjoy in that is collectivity: samhita. That collectivity you should enjoy only by getting rid of your nonsensical boundaries that you have built, and then you see the joy. All the time you'll be floating in joy. There is a sense which people have which you may not have before realization. Some of the people, I was amazed how deep they are, how they took to Sahaja Yoga. Supposed to be very great men. Supposed to be people of very great principles but very hot-tempered, intolerant about people, and they take to Sahaja Yoga just like this because inside there's a big depth, so that everything is absorbed without any problem. Everybody can achieve but one has to be careful as to the two wheels of our mind. One is the ego, another is the conditioning.

All kinds of conditionings are there, especially in India. In the West it is all kinds of egos you know, different, different types. I have seen so many types and varieties of egos, I was surprised; to face that. I didn't know what to say. It's a very, very subtle thing which people have carved out of their minds. So for you today it is to be decided that you are only still small children, and like small children you must have a very clean heart to accept, to absorb the beauty of peace that is within you; and also the beauty of purity. Without purity you cannot enjoy anything. So in Sahaja Yoga though we have so many people I must say the purity of these few saints, who lived earlier, we have to yet achieve. For example, yesterday they were singing about Ali. I was so very happy because He was an Incarnation.

And His purity people are singing now; not at that time. He was killed at that time, He was tortured. That always they do. Then we have many others. We have here Dam Dam Sahib. See what a great thing to come to. We have here Nizamuddin Auliya. We have so many people in our country itself that nobody, no other country can claim. They have one, say in England they have William Blake or this and that. We had so many people.

Why? Not because we were very good people, but because we were to be improved. Things had to be done. So they were born. Though this is a Yoga Bhoomi anywhere you go in India, I was surprised, in Haryana so many great saints lived there. But they were all tortured, troubled, never understood. It was so painful and hurts you how this stupid, ignorant, blind people tortured them. So now it is our duty of Sahaja Yogis to, first of all, find out who is a saint. Even among Sahaja Yogis, as I described in Hindi language, there are people who try to trouble, trouble others. If you have no recognition and understanding of what is the truth, what is love, what is pure compassion, then you are not a Sahaja Yogi.

It's like an obtuse angle you see, you have. You look at a person with an obtuse angle you don't see anything, one-sided. Now, at this juncture when I am so very old now; I have to request that you turn your eyes to yourself. Introspect. Because among you there are some people who will try to divert your attention, will try to say things. Very easy to say, "He is very dishonest, he is very immoral"; very easy to say. What are you? We have to now understand that Sahaja Yoga is to be consolidated through synthesis. We are believers of synthesis. Any divisive thing that comes into your mind you should just throw it away.

This is a request on this day I make you - that you please introspect. Unless and until you introspect you cannot even respect yourself. You cannot even love yourself. If you love yourself you will introspect and find out what's wrong. Supposing I love this sari, then if I find any doubt about it or see any dot somewhere or something I'll get it cleaned. I'll not be proud of it, wear it and go round saying, "Ah! See I've got so many spots." In the same way, you should be not proud of whatever asahaj temperaments you have within yourself. And don't talk like that. Christ has called them 'murmuring souls'. He said, "Beware of the murmuring souls".

I would say: "Throw away all the murmuring souls". That's the only way. In Hindi as they say 'bakwas'; their name is bakwas;

means the ones who just chatter, chatter, chatter; talk all nonsense about others. He doesn't know what he is. It is much more in India, I must confess. I'm sorry, though I'm an Indian. It is a habit of talking ill of others, sitting down just chit-chatting. They will not talk of Sahaja Yoga. How many people know Sahaja Yoga in the proper way? I mean if I have to give degrees, what degrees I should give to you?

Tell Me. You don't know even about your vibrations. Of course you are Sahaja Yogis because you have fallen into this trap of achieving evolution. But how many are really grown up into it? You can. So I have to again and again tell you, to make Me happy, you have to give up all these nonsensical, cheapish talks; but try to understand from each other what we know of Sahaja Yoga. Discuss it and contribute to this knowledge by describing your experiences of Sahaja Yoga. There are many who do it. I am not saying they don't do. But even there's one bad fellow he can spoil all of them; like one bad apple can spoil all the apples.

So what do we do -throw away the apple out of the basket. It is important see, even I feel all this, standing like a witness to you, silent witness. When I see big, big mountains, and I think they are like great saints who are watching, and they are trying to record what is happening in this world because they also understand. They also know. I have to again, and again, tell you that today is the day to see your own self, your own chakras, your own - I should say - defects. That will give you permanently the joy that is promised. You will get thoughtless awareness. Also you'll get doubtless awareness. But never get into the trap of your conditioning and of your ego. This is what I have to tell you today, on this day where you are celebrating, that you celebrate your own birthday.

Celebrate it. See for yourself what you have achieved and what you are going to achieve. It's time for you to celebrate than to celebrate My birthday. I'll be very happy to celebrate your birthday than to celebrate Mine. So may God bless you.

1997-0330, Easter Puja Evening Program

View [online](#).

30 March 1997

Evening Program

Sahaj Temple, New Delhi (India)

Talk Language: English, Hindi | Transcript (English) – Draft | Translation (Hindi to English) - NEEDED

1997-03-30 Evening Program, Easter Puja, Sahaj Temple, Delhi, India,

talk starts at 02:09:09

After the performance of Artists :

Shri Mataji: You can see the creativity of this young gentleman. He is a born realized I could see... The way he was singing was so creative, so creative, so beautifully made. His father is a very well known musician I have heard him, on the ...I think... twice I heard him from Delhi and once I think from Bombay television maybe and he is a long time back & his brother also ...And their style was very unique no doubt. And in that style, I feel that there is a combination of every sort of permutations and combinations we use in music ...Well, I don't want to discuss them ...that part of the music...But it's very elevating...Elevating and for you people who are all Sahaja Yogis now, you should know that we have some more here sitting ...Today is the great day of resurrection of Christ and resurrection of many if you take place now And I am surprised that even so many Muslims are now getting their realization, so easily. Muslims are the best, I think for realization because perhaps they follow the 'Nirakara', the formless. Also, Sikhs are very good ...but `compared to Sikhs we have more Muslims because they have found out that with all these they have been doing They have to go beyond. They already described in the 'Koran' that you have to receive your resurrection. So there are many who are looking forward to especially the young people I have seen have great alertness for this. In Bombay now we have 25 young people, Who have taken to Sahaja Yoga and they are understanding that what we have to have is What Mohammad sahib has told that you have to become a 'wali'. In our country We have many of them as you know here we have Aulia Nizamuddin, then we have 'Khusro', we have [unclear]. But also in Pakistan, there are many like that. And there are 'Sufis' all over the world. They are 'Sufis' and they believe that they all have to become 'emam'. And it's true you have to become the 'emam'. All this religion ...Why do you follow? Because to become something which is already promised to be one with the divine... And you could see How he was so creative, I was amazed! At this young age, he is tremendous and also it shows that day by day we are getting not only musicians but also artists, in all field of art ...Very creative people...Especially among Muslims God has given them, a blessing of art. But they are not supposed to sing I can't believe it. Mohammad Sahib could never have said that ...Could never have said that ...It's little bit, I think to mix up there because they have such a talent for music, such a talent for any art ...They are more artists than intellectuals... And that's something good also in our way because for Sahaja Yoga the intellectuals come rather difficult people Can't they? So it is a great pleasure... I thank you ...Your father especially...and the way you are working in America I am very happy. Please teach them this Music, Which is eternal music...I am sure they will all pick up very fast because I have seen that whatever we have our foreign Sahaja yogis, they sing so well that you can't bring them out. They are Indians or they are foreigners ...So when I will go to America I will call for you. And I will send for you and there you will meet those people quite a lot. Also, I think you can come to Cabella sometime you can invite him. He is tremendous I mean people will go mad over him I can see that. :) Also this gentleman who is playing the violin I have never heard him before but once only I had a chance to see him such a young man I was surprised! He is so beautiful meant for 'Sangat'. Also himself he knows so well and he is so well Just imagine such a young age. Then we have one tabla also. Another gentleman whom I have heard before also. And as they say, there that 'Baya' is very good for Muslims He has got very good 'Baya' I must say ...So God has given them some sort of special blessings. And that's why they are part of us. And we are part of them ...We don't believe in separate religion, separate thing ...We are all one ...One with divine and once we realized that, our joy is complete. As through Music, you can have a record So through the divine how much will be the record. Isn't it? Through Music, you become so much one with anyone, Whether they are Christians, Hindu, Muslims anything...Then beyond the Music is the music of divine Love. Once that starts emitting through your personality, through your behaviour, through your life, this world can change for the better

...Very much for the better and I hope this will happen ...Everywhere it will work out in such a manner that we all become one world. May God bless you.

1997-0406, Felicitation at Unity International Conference

View [online](#).

6 April 1997

Conference

The Claridges, New Delhi (India)

Talk Language: English | Transcript (English) – Draft

TRANSCRIPTION OF FELICITATION AT UNITY INTERNATIONAL CONFERENCE 1997-0406, NEW DELHI, INDIA

Doctor U.C. Rai: 1984, I met Her Holiness Shri Mataji Nirmala Devi. She was giving a talk usually in a hall, one of the halls [UNCLEAR] when She was there. And She said that Sahaja Yoga is considered, if you do not think it is possible, why don't you do some research? And that was the beginning in 1984 of doing some research on Sahaja Yoga. I was a professor at that time. I asked one of my students to take this subject and he started doing it.

And the first thing that came to my mind, that if I ask somebody to do this Yoga, then I must be very clear as to what are the advantages of this Yoga on his body. And therefore, the first thing before diseases are ready, I would like to tell you only a few. One was, that there was a change in the secretion of neurotransmitters. And these neurotransmitters, as doctors here will know, had an array. You see, these are usually produced when you are in a state of psychological stress.

If there is a greater production of adrenalin the body, it can give rise to so many things. It produces anxiety, neurosis, it can produce hypertension, palpitation and so on. I thought that it is a very good thing. That, if by doing Sahaja Yoga for fifteen to twenty minutes, you can decrease the production of adrenalin, which is the culprit for giving heart attack, hypertension, anxiety, neurosis, sometimes insomnia and so on, then why not we do another research and try to find out, that whether it would be helpful in the treatment of essential hypertension.

And another thesis was done. Now, this student got his M.D. on the subject. Then we took another one to find out what is the role of Sahaja Yoga in the management of essential hypertension. And this again was a post-graduate doctorate thesis. And I don't know whether Doctor Gupta is here or not. Professor Saroj Gupta, she was the head of medicine at Lady Hardinge Medical College. She was a cardiologist also. She had [break in recording] left their medicine and they maintained their normal simply by doing Sahaja Yoga fifteen minutes a day.

Now, this was something very encouraging for us. And I told Shri Mataji about it. And then one day Shri Mataji told me, "Doctor Rai, Sahaja Yoga can even cure epilepsy as well". Now, I was really surprised. I told Shri Mataji, it is all right for hypertension, insomnia, right for anxiety and other things, but epilepsy is very difficult to treat. For one and a half year, I did not take the research up. Because I was not able to conceive how would it help in the management of epilepsy? But fortunately, what happened, Doctor B Ramamurthy who was a famous neurosurgeon from Madras – I happened to go to a conference, and he had a paper. And in his paper he showed; what he did actually was, he collected the EEG waves from the saints in the Himalayas into a module. And after that, from that module, he transmitted those waves, through the [UNCLEAR] simulation, into the epileptic patient. And he demonstrated that if such waves are transmitted into the person, the epileptic patient improves.

Now that gave me an idea, that what Shri Mataji is saying can be true. Because when we do Sahaja Yoga, it actualises in our brain, it increases our alpha index, that is, the index of the alpha waves in the brain. And these alpha waves are more in cases of persons who are doing meditation. And my student is here in this gathering. She did research, she did work for two years, three years, I think. And this time, I thought I should not do it alone. I should take the help of another person, neurologist, who are expert in the field of neurology.

And so we asked one neurologist, Doctor Gupta. Doctor S Gupta, he was there, and he was one of the supervisors. And I asked Doctor Selva Murthy, he was at that time a physiologist and now he is a director at the Defence Institute of Physiology and Allied

Sciences. And there, at the Defence Institute of Physiology and Allied Sciences, we had a very good [UNCLEAR] EEG machine. So we thought [UNCLEAR]. Because Shri Mataji is coming, I think we should receive her].

[Shri Mataji and Sir C.P. Srivastava arrive at the venue. Sahaja Yogis receive and escort them to the podium area. All dignitaries are welcomed with floral bouquets, amidst applause].

Doctor U.C. Rai: I have told them about Sahaja Yoga and its medical effects.

Shri Mataji: Ah.

Speaker: Now I would request the chairman to welcome Shri Mataji.

[Applause].

Speaker: Now Juhi(?) Talwar will present a bouquet to Shri Mataji.

[Applause].

Speaker: Mrs Malini Khanna will present a bouquet to Shri [?] former governor.

[Applause].

Speaker: Doctor U.C. Rai will present a bouquet to His Excellency, Sir C.P. Srivastava.

[Applause].

Speaker: Your Holiness Shri Mataji, Excellencies, Ladies and Gentlemen, it is my proud privilege to welcome Her Holiness, Doctor Nirmala Devi. She is married to Doctor C.P. who was a talented student of his time, who later joined the Indian Administrative Service. And rose to the high position of private secretary to then Prime Minister Lal Bahadur Shastri. And later retired as Secretary-General of the International Maritime Organisation of the United Nations.

Currently, Shri Mataji is stationed in Italy but keeps on moving from one country to the other, enlightening people on the benefits of Sahaja Yoga. With the result that today this science is practised in more than sixty-five countries. She has blessed millions of people in Asia, Africa, Europe, North and South America. She is having several chapters in Russia and has recently opened one in China.

Sahaja Yoga was originally described in Markandeya Purana as Doctor U.C. has shortly mentioned. But centuries back, it remained in oblivion, until Mataji Herself re-discovered it in 1970. According to Her, the practice of Sahaja Yoga transformed the personality of a person. Not by giving lectures or writing books, but evolving an all humane society, comprising of good, law-abiding citizens. Who are full of love and compassion and fraternal peace. Those who fully understand one another and have no ill-will towards anyone, irrespective of diverse caste, colour or creed.

All [UNCLEAR/over the world], hundreds and thousands of people have given up drugs and alcohol. And are today leading a happy and healthy normal life. Shri Mataji's special work has been acclaimed universally. Her program of self-realisation has been received with great enthusiasm all over the world. I have no words to describe how significant it has been for global transformation. For Her contribution towards awakening of Kundalini, Self-knowledge, the Petrovskaya Academy of Arts and Sciences in St. Petersburg, has conferred its prestigious membership upon Her.

The University of Ecology Bucharest awarded a Doctorate for Her exceptional contribution in creating awareness among people [UNCLEAR/to Kundalini]. Friends, I would like to quote here, remarks made by none else than Claes Nobel, the chairman of the

United World on a new human epoch for mankind. This new epoch will constitute a much-needed giant leap forward in the evolution of the species of human beings.

In the end, I express our sincere gratitude and considerations to Shri Mataji for Her very thoughtful gesture to grace us with Her august presence.

[Applause].

In appreciation of Her noble work, and Her outstanding contribution in the creation of a happier, healthier society, my organization, the Unity International Foundation is pleased to nominate Her Holiness Doctor Nirmala Devi, with its highest award, the Unity International award for international understanding.

[Applause].

Earlier recipients of this prestigious award are world-renowned personalities like the late Governor-General of Mauritius, Sir Seewoosagur Ramgoolam, the late Swedish Prime Minister Olof Palme, the President of Argentina in 1985, Raúl Alfonsín and the latest among the recipients is the [UNCLEAR] President [UNCLEAR]. The award will be presented later this year, seeing the convenience of Shri Mataji.

Ladies and Gentlemen, please give a standing ovation to Her.

[Applause].

[UNCLEAR]. Now I request our chairman, Mr Jyoti Jain, to tell us something about the award that we are going to present to Her Holiness Doctor Nirmala.

Chairman: What is Unity International? Unity International is an organisation dedicated to the twin ideals of one world, one family. It has been working for the last [UNCLEAR] to promote understanding among the people of different origins, irrespective of their diverse ideologies and customs. Having the inspiration of two great protagonists of secularism and international fraternity – Pandit Jawaharlal Nehru and Doctor Zakir Hussain, Unity International was established in 1962 and this year we are celebrating the 35th anniversary of its inception.

The former President of India, the great Gyani Zail Singh, nurtured it for long and helped it achieve its [UNCLEAR]. Besides other activities, from time to time, Unity International honours outstanding personalities for their contribution to international understanding and world peace.

We have four categories of awards. The highest award is only given to the heads of states and governments and the recipients are eminent personalities told by Doctor Anjali(?). The late Governor-General of Mauritius Sir Seewoosagur Ramgoolam, the late Swedish Premier Olof Palme, the President of Argentina Raúl Alfonsín and others.

Our second award is for the scholars, artists and people from the cultural field who have been richly contributing to the human civilisation through their respective professions and vocations. Award recipients are a Japanese medical scientist, a Norwegian singer, an Australian human rights activist, a Hungarian painter, a member of the British House of Lords and so on.

Unity International also gives awards for national understanding and one of the recipients of this award is Doctor P Satyanyanali(?) who is presiding here today. And the other recipient who has already been announced is Khurshed Alam Khan who is the Governor of Karnataka.

Our fourth type of award is the ambassador of the year. And among the recipients are the ambassador for Argentina, China, Russia and so on.

The foundation is pleased to give its highest award, so far only for heads of state, to Her Holiness Doctor Nirmala Devi.

[Applause].

It will be presented to her later, on a mutually convenient date. It is ladies and gentlemen, one of the highest pleasure of announcing this award to Her Holiness.

Thank you.

Speaker: Excellencies, I now request Her Holiness, because everybody has been waiting for almost two hours to listen to Her. I request Her to give Her words of wisdom to the august members.

Shri Mataji: I am very much grateful for this great organisation that we should have international unity. Now as far as efforts are concerned, people have done lots of research, conferences and also, they have tried to convince people that without unity we cannot exist. The reason is that this world is one. We are all part and parcel of this world. But we are not connected as we are in the body, that even if we get a pinprick, the whole body knows about it.

Because we are not awakened. Our awareness is not such that we can feel this collective awareness within us. This collective awareness has been talked of by Jung, long time back, but not clear, as it should have been. In the collective awareness what happens is that, as Doctor Rai has told you, this Kundalini which is your own power.

So, as a result of that, you become part and parcel of the whole. You become aware of others. And this we call collective consciousness. About which Jung has talked. He has talked and described. But to understand it properly, we must have that experience.

The experience of becoming one with this all-pervading power of divine love.

You have heard about it – in the Bible, in the Koran, in all our Indian scriptures it is described. That there is a power, a very subtle power which does all the work for us. Now, we do not believe that it exists. And even when I tell people, they think it is something beyond our intelligence. But you have to go beyond your mind. That is very important.

Now, this mind power, which we consider to be very precious is just made by us; through our ego and through our conditioning. Mind, it is a myth. It is created by us, and we just play into the hand of our mind as we use our computers. The computer has been made by us. And this computer is ruining us. In the same way, this mind controls us. And we always take guidance from this mind which is awake. I mean, if I say that you should not be shocked. Because we are very much identified with this mind.

I must tell you that if this mind goes on, it can make anyone mad. It can get identified with any idea. It can get identified with any person or stupid thing. And it can be [UNCLEAR]. So, it can lead human beings to wars or anything that will ruin unity between us. For example, I was talking to someone who wanted to have a separate state. I said why do you want to have a separate state.

So the gentleman said, "You see, then we can have the Prime Ministers". I said, why? Because he wanted to become the Prime Minister. Now in our country, we have the same. Our country has been divided into three more countries like Burma was a part of our country, Sri Lanka was a part, Pakistan and we also have Bangladesh. Now if you go to these countries, you will be surprised that they are in a mess, complete mess.

For example, the people who fought for their freedom and separation, most of them were murdered. Like you know Habib-ur-Rehman was murdered. Then in Lanka Badrinayake was murdered. Then also again, Pakistan, Bhutto was murdered. These people, they wanted to have some kind of position so they started saying, "We must have a separate state, separate

identity". But for whom they fought? Fought for whom? But still, they do not see the point. By getting separated from the main land, how much they are suffering.

Now also in Europe, they have started a big campaign that we all should be united. Now, all that uniting is so artificial that it has affected the growth of these countries. I went to Greece in the beginning, it was very rich. But when I went later on people were saying, "I don't know why we joined this European market; we are not capable. They are going to rule us, these Germans are going to sit on us". And I felt that even the unity, which was done, so-called, it was not done properly. I thought it was very, very artificial.

Otherwise, they would have been happy. Same in Russia I have seen how Belarus trying to come back Russia and I've told this to the Ukraine people, why are you separated from Russia. As it is, they are suffering. So the idea that one country should separate from another to achieve something – I have not seen any country which has achieved something better. So, this unity works in a different way - which is not artificial, which is within.

When you get your self-realisation as Doctor has told, then what happens is that you get within yourself, a new dimension. By which you feel the collective consciousness. You can feel it. On your fingertips, you can feel what is wrong with you, through self-knowledge. Also through the collective consciousness, you can feel what is wrong with others. So once that happens, unity comes so fast. I am Myself amazed; the way things are happening in Sahaja Yoga.

I went to Russia. I was a little shy of publicity. But when I went for My first trip to Leningrad, I was amazed. That two thousand people were sitting outside and two thousand people sitting inside. I just could not understand. How could these Russians take to Me so easily? But they said, "What about us? We cannot get inside these halls because it is [UNCLEAR]". I said, "Does not matter, I will come back". When I came there, all of them got realisation. I came out, they were still sitting there. "What about us?". I said, "All right, you come tomorrow. I will be there in the morning".

In Russia, we have big, big places there and lots of very beautiful gardens. "So you come and sit on the stairs, and I will talk to you". You will be amazed, five to six thousand people came. Those who were inside, those who were outside and many others. I was amazed. I said, "How is it you have taken to Me? What have I done for you? What makes you think that I can you give something special?". They said it is so obvious. I was surprised at their sensitivity. And I found Russians, also other Eastern bloc people are extremely sensitive.

One of the reasons for sensitivity, perhaps, maybe, I do not know, is because they think that they were oppressed or whatever it is. But the thing is, they have lost their sense of possession. They are not possessive. They were told by the government; you can take your flats and live there happily. They said, "No, no, no, do we do not want, you look after it". The cars were given to them, they said, "No, no we cannot keep the cars in government control, we cannot control our cars, you take them". They have no sense of conditioning in them. They are such a clean slate.

Another thing they do not know anything about any condition. Because they were not told about [UNCLEAR], they were never told about God, they were never told about all these things. Which is also creating problems in our country. I was so surprised that these people took to Sahaja Yoga so easily, that next program I had, we had eighteen thousand people. It is amazing the way Russians have taken to Sahaja Yoga.

I do not know the Russian language. They said, "Mother, you look like a Russian". I said, "Maybe".

And they were so sweet and so kind. And then we had a program of two hundred and fifty scientists. I must say Russia has developed science in such a subtle manner. They have a very deep science. And they all were there, I started telling them about science. To talk about something else may not be so good, so better start on science. One gentleman got up and said, "Mother, we have had enough of science. Now you please tell us the science of the Divine. We are anxious for it".

That way, I must say the Indians are quite complacent. They (Russians) are really seekers of the truth. They want to know what is

the truth, they want to know what is the Divine. Perhaps they were not allowed to know about [UNCLEAR/it] or whatever it is they have done. One thing I noticed about them is that they are really introspective. If you read any one of their great authors, even the hero will introspect. It is the temperament of introspection that has worked in them. And they want to know what are we doing, why are we here? And this has [UNCLEAR/led the way] that they have accepted Sahaja Yoga.

They are so deep, so deep, that even in a program of eighteen thousand, people got cured. Just by My entering. I was amazed. They told Me, "Mother, we got cured by Your lecture". My lecture? It was that great. So much confidence they now have.

When there was this coup, I was also in Moscow. And I told them, "Do not worry about this coup that is happening". You would be surprised. They said, "Mother, why should we worry? We are in the Kingdom of God". Can you imagine? So sensible.

Mr [UNCLEAR] talked about Claes. He is really a remarkable man. He just listened to one of My lectures. He studied it to his depth. And I cannot explain how a man so learned, so well educated, how could he take to Sahaja so easily. Because intellectual people have their brains very much troubled with their thoughts and ideas. Somebody meets one type of a person, he becomes identified with him, another type of a person, he becomes identified. You listen to somebody's lecture, that lecture goes into your head. So that whole the time, the brain is covered with outside ideas which are not yours.

Unless and until they are your experiences, they are not real. And to get this experience is very easy. Of course, this, our country is a country of great humans. I must say, even in China, I was surprised when I went there, they came and asked Me, "Mother, is this the treasure of which Chinese talk about? The treasure of spirituality is within?". But they have read about it. They know about it. They are all just waiting to get something out of us. But here I find not that much.

Here we are busy with, I do not know what. And we have no time to pay attention to ourselves, to know ourselves, which is told by everyone. Christ has said, "Know yourself". Muhammad Saheb has said, unless and until you know yourself you will not progress. I mean there is no religious scripture who has said about it, that you should know your Self. You should have Self-knowledge. It takes you beyond your mind and beyond science.

Doctorsaab has asked Me to talk about meta-science. I do not want to discuss about something which is meta-science. Science, as you know, has its own limitations. First of all, it is amoral. There is no morality. And so, science can go any further, anywhere – you kill people, destroy countries, and you do not feel anything. Because it is amoral. Now, morality does not mean outside restriction, but it means [UNCLEAR], compassion and love. Pure love for others is morality. In that pure love, you understand what is to be done, what is not to be done.

But if you artificially start anything like a moral [UNCLEAR] or something, such people can become extremely dry and also very hot-tempered. It should come from within, that you should know that you are nothing but a pure Spirit. You are not this body or mind, you are not this ego, you are not these emotions, but beyond that. You are the pure Spirit. And once you become – even knowing it is not sufficient – becoming is the point. If you become that, then you will be amazed, how great it is. Not that you become collectively consciousness automatically, but also you become a fountain of love as [UNCLEAR]. Unless and until this happens, you cannot bring it in [UNCLEAR/use].

For example, I have been working Sahaja Yoga at a level which I would not call at a government level or any official level. I never tried to disturb My husband's office or anything. But I was just standing on My own. First of all with seven hippies. Gradually it grew up into such a sweet thing.

Then we went to Russia, Africa, Eastern bloc and most of the European countries, even to America and South America. It was, just people felt that say if one person was from South America, he said, "Mother, what about South America? When are You coming to South America? We need You very much there". When I went there, I found so many seekers. They are not seeking money, power, nothing. They are just seeking, that is all.

Now, I must tell you a sweet story about Germans. First, they are so [UNCLEAR/full of seeking]. First time I went to Russia, then

twenty-five Germans came to Moscow. I said, "How are you here?". They were Sahaja Yogis. They said, "Mother, don't You think that we Germans killed so many Russians? Don't You think that it is our duty that we should come and give them what they need?" – with so much love and so much compassion. Look at these Germans, they are really so sweet, so soft, you will not believe that they have anything common with Hitler.

Then there were Austrians; they are also Germans. So they went to Israel. I said, "Why did you go to Israel?". There was no arrangement for anything. Just they went and stayed there. They said, "Mother, the thing is that we felt very responsible for these Israeli Jews. Because so many have been killed in our country. And so we cannot forgive ourselves and we have to do something about it". Imagine, Germans going to Israelis and talking about that. And they caught hold of some very nice, young people about thirty or so.

But I was amazed that they came to Egypt. So I asked them, "How are you here?". They said, "Why not? Because we have to make friends with Muslims. So we have to be here in Egypt". I said, "Very good". Automatically they are working out this unity. Automatically. I do not tell them. They just do it on their own, understanding what is needed, is an inner understanding, inner meaning. Now, this is what is really [UNCLEAR/something to be proud of]. That we human beings are capable of tremendous peace if we fall into this ocean of Love.

And we do it in such a beautiful manner, such a sweet manner that you cannot believe that they are human beings. They are acting like angels. They are absolutely beyond all limitations of the human mind.

The other day I read an announcement or rather, news about a gentleman who was saying that "I am going to start a jihad". For what? To get rid of all the immorality they have in the West and all sorts of things, the drinking and all other things he was describing. So, one Sahaja Yogi telephoned Me, "Mother, what is the need to do jihad for that? There is Sahaja Yoga to get rid of all these things. We all were drunkards, we were all doing all kinds of nonsensical things, we believed in all kinds of immoral things". We don't need to do jihad for that. You just get it yourself, get so much cleaned and above all these things that are within us, what we call in Sanskrit "apadhi" meaning all these appendages within us fall off.

By itself, it happens. I assure you it happens. It will happen to you also. There is nothing special. Because this Kundalini is your own. And this Kundalini when it rises, it just works out. It is your own mother, your individual mother, it knows everything about you. And when she gives you your second birth she is very happy. Very. You all can have that.

Specially for Indians, I would say, we have so many seekers. So many seekers. So many great incarnations. It is like some lotuses have come out and the rest is still just [UNCLEAR]. Now we have to understand that we Indians are born in this great country of yoga, because of our previous lives, maybe. Maybe some sort of blessings.

But we are not taking advantage of it. Problem is, we are not taking advantage of this Yogabhoomi. It can very easily give you yoga and give you all the blessings of the Divine. We have to try, and we have to work it out. The meta-science part is that I can tell you so many things about the soul, about so many things that have not been explained so far, through Sahaja Yoga.

For example, the first chakra. (in Hindi): Is it not here (Mother may be referring to the chakra chart).

Sahaja Yogi: It is there.

Shri Mataji: The first chakra called as Mooladhara. See, this chakra, it is made of carbon atoms. Now carbon atoms, the [UNCLEAR/symbol] of carbon atoms is "C". If you take hold of a carbon atom and take a photograph, what you will see, you will be amazed. If you see from left to the right, the same thing looks like Omkara. Just like Omkara. But if you see from down upwards, you will see alpha and omega. Christ has said, "I am the Alpha and the Omega" and he is the incarnation of Shri Ganesh. It can be proved.

So many things can be proved. I may not be able to tell you all that in this short time. But I would say that there are many things

that can be proved, the source of all these things can be proved. Another thing is that when you get Self-realisation you can get the cool breeze coming out of your hands and you can feel the all-pervading power. Now with this thing, you can say what centre you are catching. Because these are seven centres on the right hand, seven centres on the left hand.

You can easily feel on your fingertips, the different centres. Even a small boy can feel that. Anybody can feel that. Once you start feeling, anybody can tell you what is wrong with you. Or even you can tell what is wrong with you because you [UNCLEAR/sense it]. As I told you this morning, if there are ten children and they are realised souls, and if you put somebody before them and ask them what is wrong with him, they will raise one finger, all of them, the same. Because it is absolute knowledge.

So they will all raise the same finger. Supposing they raise this finger. There is something wrong the throat and if you ask the person, "Something wrong with your throat?", he will say, "How do you know? I have not spoken; how do you know?". I said, how do you know, is that the knowledge is communicated to you through this power, this is wrong with this person.

We are also in this country suffering from lots of false gurus and false [UNCLEAR/people]. Some of them were in jail and have come out, and have become great gurus, making big money and all. And especially they take to rich people. They go to any city and they find out who is the monied man. Who is rich and who is in power. Who has a big position? And they approach them. These people, actually, you can find them out on your fingertips. Because you will just start feeling it.

It is written clearly in the Koran that your fingers will speak, your hands will speak, at the time of "kiyama", at the time of resurrection. They will speak and tell you about yourself and others. You can feel your own centres and you can feel the centres of others. Supposing you know how to control and correct your centres, you can also correct the centres of others.

Now the curative that comes to you, it is not a big miracle. Because all these seven centres, these are responsible for your physical, mental and emotional being. And above all, the spiritual being. [UNCLEAR]. And that is the personality which has a complete union. Not only himself, because he will be deeply integrated. There will be no conflict within himself. He will be absolutely peaceful. And outside also, he will be very genuine, very loving and he will win over everyone.

Sahaja Yoga has another little problem that if one Sahaja Yogi goes somewhere – we had one Sahaja Yogi who came to us in London and then he went to Italy. He went to Italy, he told Me, "Mother, I am feeling very frustrated, I am feeling no cool breeze, there are no Sahaja Yogis". I said, "All right, I will go". I went there, we had a program and so many became Sahaja Yogis. And then we were amazed at how they have grown. I do not know how many, thousands, thousands are there.

Like that Sahaja Yoga started spreading, not by Me I would say but people who went from here to there. Like one seed is transferred from one place to another, there are many seeds which transfer, and they sprout. Now among these Sahaja Yogis how they [UNCLEAR/love], it is very surprising. Extremely surprising how they love each other. There was one Sahaja Yogi whose mother was torturing him, and he was extremely fed up. He said, "Mother, I want to die. I don't want to live". I said, "No, no, do not say that". "No, I will take another life and I will come back", and all that.

And when this bomb blast came, he was the only Sahaja Yogi who died. But from all over the world the inquiries came, from all over the world. People said, "You must do something about this, and you must know where to bury him. And he was a saint", and this and that. I mean, Bombay people were amazed, in the municipality, how this one gentleman had died and all over the world people were disturbed. If something happens to somebody, say in Australia, all the Sahaja Yogis all over the world start working on him. It is surprising how they feel for each other.

As if, I told you if there is one prick here, the whole body knows about it, in the same way, this becomes a living organisation of people who are realised souls. They are so aware, so aware. Whether it is Russia, Poland, Bulgaria, or could be European countries or could be American.

Now, Africa, I was told, there are four hundred very strong Sahaja Yogis. I have never been to Africa Myself. And I was really amazed to see there are four hundred Sahaja Yogis in one city of South Africa. Now what they are doing is to collect more and

more Sahaja Yogis. And that is how they are working. It is very surprising how it works and where it works.

For example, I was thinking, Maharashtra is good to work because they have such great saints like Gyaneshwara and all that. But Maharashtra is a hopeless case I think, now I have given up. They are all intellectual people, all useless, just go on arguing, arguing to no end. Though they have so many saints, so many people to tell them about it. Gyaneshwara is a great saint who lived there. Either they are ritualistic, "karma-kandi" or they are intellectuals. So Sahaja Yoga is not meant for them.

I am very sorry to say because I took My birth in Maharashtra. Because people in Maharashtra are so impervious. But I was surprised, in Delhi, earlier I used to say Delhi is [UNCLEAR/busy] and all that, nothing will work out. Delhi, it is working out very well. But I was more surprised about U.P. I was married in U.P. and what I knew about U.P. people, was they used to behave very proudly. Eat well and enjoy life. Very lazy and I should say people who indulged in all kinds of drinking and gossips and all those things. That is all. Such a limited life.

But in Lucknow suddenly, it spread out like fire. It is spreading so fast there. I was amazed by how it has taken place, in Benares also, and also now in Bihar. But most surprising was in Bengal. First time I went there, there was only one lady in the program. Now I cannot have a program there at a hall, I have to have it in a very a big ground or a big stadium.

Anyway. Where it spreads, God knows. Where it is congenial, one cannot say. Very surprising. And this is what it is that, if you are really wanting to have peace of mind, this is what you call a mother's temptations. "Pralobhan" as they call it. Mother says, "You want to take the medicine, go take the chocolate". Same thing we say, "If you really want to have unity, [UNCLEAR]". As I told you at the very beginning [UNCLEAR]. And Sahaja Yoga will work very fast. Because that is the only way you can get natural, inborn, spontaneous love.

We have a program every year in a very far-fetched place called Ganpatipule. There, I was amazed, people come from all over the world. There are some rich, some are poor, some are [UNCLEAR]. We do not have many arrangements there for all these people, because we did not have much money or all these things. But they do not want it. They can live wherever they are, they are enjoying themselves. I told them, "Don't you think it is very uncomfortable?". They said, "Mother, we are just sitting in the comfort of the Spirit. Our Spirits are so comfortable, we don't bother".

They do not bother Me that this is not good, that is not good, nothing. Just they enjoy. And if you see the way all these nationalities enjoy themselves, you will be surprised, that the unity in their rational [UNCLEAR]. There is such beautiful understanding. Such a beautiful flow of enjoyment. Of course, they pull each other's leg sometimes, but for fun. All the time they are full of joy and happiness. All these petty things like rivalry, competition, all this drops out. They have no time for all this because they have all become the saints.

And it has been said by so many that, these are men of God and they will become the inheritor. Not only capable, but it is their birthright.

We have so many of them now, surprising I never knew there would be so many Sahaja Yogis. I never understood that, because there used to be one or two, like Sufis and they suffered so much, one you meet here, another in Turkey, one in Tunisia, one everywhere. I went to Tunisia; I was amazed by how it worked there. And all these petty problems are finished.

Of course, as Doctor has told you, it cures. That is nothing great. It cures. [UNCLEAR]. Because you develop the witness state by which you just, you do not react. You just watch. This helps you to understand yourself better. You just change completely, the panorama of your own being, and people who come close to you are also amazed. "What has happened to this gentleman. He was a fighting cock, a shouting fellow, how has he become so quiet? Why he has become so loving and why has he become so much interested in us."

The personality of our, the human personality, is as described in the shastras as an egg. And a bird is also called as "dwija" means born twice. And the one who knows the "Brahma" is also known as "dwijaha" means twice-born. Now once you become

one with the Divine, you are born again, in the real sense of the world. It is not like you just put up a signboard saying, "I am born again". But if you are born again, it means that you have powers.

The greatest power is that you love. And you enjoy your love. This power works.

Now we have a lady here from Mexico, I told about her in My program. I never knew she was here. Luckily she is here. So I will tell her story. She is a person who met Me because she was working with the U.N. She met Me in New York.

She got her realisation, very easily. And she went very deeply into her emotions. Then she got early retirement to go to Mexico and her son was studying, a very young one. She wrote to Me that, Mother there is some disease, a Mexican special disease, which only very few people in my family get when they are sick. At a very old age. They get some sickness and then they get this disease. But they are very old, when they are just dying, they get this disease. But unfortunately, my son has got it and he is a young boy. And I do not know what to do.

So I started wondering, now what to do. I was just putting My attention. So the first letter came like this, the second one came like that. The third one she said, "I implore you. Save my child". And the fourth one came saying that, "Mother, I am amazed. My son is cured".

[Applause].

All the doctors have said that. Then it is not a miracle, it is not a miracle. It looks miraculous. So many patients have been cured. Doctor Rai has cured so many patients also. He has now gone to Vashi where I have built a humble type of a hospital. He is working there. And for the poor, we do not charge. We never used to charge anything but then they asked us, so we said all right ten rupees. But otherwise, people who are going and staying there have to pay.

And so many have been cured. And so many have [UNCLEAR] through Sahaja Yoga. So curing is just a "pralobhan", we call it a temptation. For you to understand that more than that would help. It is not the end of it. I have so many wrestlers, come to Me and say, "Mother, give me peace because I am now on the verge of collapse". So I cannot understand the wrestlers who have the best health, best muscles, best everything should think like that. Then it is better that I should get peace in my life.

So to get peace, this collective consciousness has to become one with the divine power. It is the greatest opportunity for all human beings and for all the world. Enjoy the real unity that exists within us. Now, this is the one point, is the very important one – that I cannot force it on anyone. It is your freedom. You have to use your freedom.

I have seen some people who have got realisation. They go very deep. But some just get all right. It is just like the parable of Christ that some seeds got sprouted and fell on the path. So, there are some who just get sprouted and do not come. But to depth people just jump into and are great. I mean, I am Myself surprised how people all over the world have worked it out. And how such unity of a real nature, absolute understanding and joy-giving unity exists.

I was asked to speak only for ten minutes. I did not know how much I would say all this in ten minutes. The time would be too much. So, I hope you all take to Sahaja Yoga. Just take to it. Then we will see. Thank you.

[Applause].

Speaker: Ladies and Gentlemen, I am very thankful to Her Holiness, Doctor Nirmala Devi for Her celestial message. Celestial message to all of us. And we hope that She will keep on Her gracious blessings on us in future also. Because all of us spiritually benefit by Her words of wisdom.

Now, in our program, there is a very distinguished personality present here. In fact, he does not require any introduction, but still, as a formality, I have to say something about him. I mean, Sir C.P. Srivastava, who is a very well-known personality in our country.

Needless to say, he was a very brilliant officer in the Indian Administrative Services. And later on, he became Secretary to our late Prime Minister Lal Bahadur Shastri.

He was in Tashkent where Shastri died. And he has written a book also, on the late Prime Minister. It is very informative, on, one of the best biographies written on the subject so far. Doctor Srivastava has held very important positions in the government and in the United Nations. He was the Chairman of the Shipping Corporation of India and then he went to United Nations as Secretary-General.

[There is a break in the recording].

Sir C.P. Srivastava: I know you have been here for a long time and I assure you, I have no intention of holding you up for more than a few minutes. But since I have been given the honour of saying a few words, I will certainly take advantage of that. I am grateful to Unity International for that privilege. I am going to speak about my own experience of Sahaja Yoga and how I have seen human beings being transformed.

I have worked in government offices and without being modest, I have provided good [UNCLEAR], I have worked very hard. But I assure you, I have not been able to transform even one single individual. All that happened was perhaps, a few people took my example and started working very hard. But to transform a human being is an impossibility.

You can transform a machine but a human being who has so many options; it is impossible, normally, to transform a human being. I do not know what your experience is, but in my experience, it is extremely difficult.

Can you hear me there at all?

Audience: Yes.

Sir C.P. Srivastava: And I said, "Unless and until I see Sahaja Yoga working, I am sorry, I will not accept it". And I know that if you do not get people of that kind, it will be a problem. But I did not see initially what it was all about. And then something happened.

I was transferred from India to the U.K. to the International Maritime Organisation. I was sent there. And very early something happened which changed me and changed the course of events in some way, about this matter. What happened was this, quickly. We were living outside London. One day my wife went to Piccadilly Circus and found a young man lying there on the [UNCLEAR], a white young man. And he was obviously in great trouble. She said, "Why are you here? What is the matter with you? Don't you have anyone to look after you here?".

The boy said, "I am sorry. I have no one", and he was suffering from all kinds of diseases. Drugs and so on. She said, "Come to Me", and She brought him home in the car. And when I returned in the evening, I found a young man sitting in my drawing-room, in my house, whom I had never seen. And the more surprising was that he was wearing my clothes.

So I thought I was seeing some sort of an apparition. I proceeded, went to my wife and asked, "What on earth is the matter? Who is he?". And then She explained to me, this is the story. So I said, "That is it? Thank God. I am happy you have brought him home". And I will not go into details, but he stayed with us for about two, three months. And gradually, his transformation took place.

And within two months that boy was cured of his diseases, he blossomed into a beautiful young man, he was an engineer from Australia who had gone astray. He went back to his mother and father. He became a good man, a happy man, and can you imagine the happiness of the parents of that boy to have received him back.

And that I thought, was a very good thing. And every Sahaja Yogi is a miracle. To transform someone, even an evil person to a good person – I have no other words for that. Now thereafter I began to see people who were accustomed to drugs. And they came up just overnight. You don't know, it is not a fable – I have seen it myself. I told you already, I am a very hard nut, I am not

easy to convince. So when you see a person who gives up drugs overnight, what do you say?

And he says, drugs have gone away, I have not given up anything. Alcoholism goes away, immorality goes away. You can quote it. [UNCLEAR], Sahaja Yoga, go there. We [UNCLEAR/1:08]. And so, I began to believe. And I accepted it. I could see I was wrong, and my eyes were opened.

Now, ladies and gentlemen, I have put very briefly exactly how I see Sahaja Yoga. [UNCLEAR] aside, if you see the world, the developed world or the developing world, everywhere people are worried. They do not have peace in society. The people who have two refrigerators, two cars, are they happy? No. Those who do not have enough to eat, are they happy? No, obviously.

Why? And I will tell you my reason. And the reason is this. You know, communism and capitalism, both have created a society in which ethics has lost its value. Communism believes in the supremacy of the state, and capitalism in its extreme form believes in the immorality of society. And I am not saying [UNCLEAR] morals, I am saying the ethical ways have been forgotten. And all over the world, people are tortured. They are looking for something new.

The established religions with millions (of people) following have unfortunately become ritualistic. They are really not transforming human beings from [UNCLEAR]. The result is you go to some lecture, or go to a mosque, and we know people in this country are very religious, but the [UNCLEAR] is white, yellow, Asian. [UNCLEAR]. Because we believe in one united family. This is the message of Unity International. It believes that ultimately, all people are the creatures of one almighty God.

Almighty God, the Father, cannot distinguish between one group and another group. Now that God has given you, me, everybody, a spark; a spark that is inside us. A spark which is there. If only you want to know. You have heard of Doctor Jekyll and Mister Hyde. It is in you, these two persons. You can, if you want, awaken Doctor Jekyll in you – if you really want. No one can repost.

But if you want to be good, there is a way. It is to awaken your own power. You do not need somebody to give you this power. Somebody cannot give you this power. You have your own power. All you have to do is that you dare to awaken it and you become good. Every simple man. And if you become good, then good governs your day-to-day activities. Then you will not think of evil. Harming somebody. You will not think of abusing somebody.

You will think of doing good. Because inherently human beings are good. Because Sahaja Yoga helps humans to awaken the goodness within them. And to exorcise the evil. And a good human being is badly needed in Sahaja Yoga. It is only on the basis of being a good human being you will have a good family, you will have good children, you will have good states and you will have unity.

Otherwise, you know all this effort will be futile. Personally, I was at the United Nations for sixteen years. I think the U.N. should be promoting human resource development, not for promoting enterprise, symmetry only. They should be promoting a better human being. Combining normal education with some education on the ethical lines.

Now I am not talking very high principles of morality. The basics, the basic elements of ethics, which are common to all religions. And that is Sahaja Yoga. Sahaja Yoga is now spreading. She is my wife and [UNCLEAR], what can I do about that? I have to acknowledge and accept it. She has been in many countries and I have been to many countries myself. Initially, I was a distant observer. I am still not too close. But I see this happening every day. So my sole prayer is that human beings everywhere will take advantage of this.

Her main contribution is not, in my view – people have talked of Kundalini before. Her main contribution is She says, sitting in a gathering, five thousand, ten thousand people, they can get realisation, if they want. That is Her contribution. In other words, this is a new hope for mankind.

Formerly, you know people said you go to a “rishi” (sage). They would say you sit down here for ten years, and you do this penance and you do that. No. You remain normal, get an education, get [UNCLEAR/married and have children], have a family. But

be good. This message of goodness can be passed on to a gathering, or to a few or to individuals. And that is the hope for mankind.

A large number can get the benefit, if only they want. I hope I have not taken too much of your time. Thank you very much.

[Applause].

Speaker: Thank you, Mister Srivastava. After Mr Srivastava's very thought-provoking speech,

[Break in recording. Another speaker takes the podium].

Speaker (in Hindi): Srivastavaji, Doctor Rai, Shri Saxena, friends, I am happy and pleased on this occasion which has been organised by Unity International Foundation and that too on yoga, yogashastra. The experiences that Shri Nirmala Devi has, and especially, what Doctor Rai told us; after listening to that – the ancient yogashastras and scriptures that we have in this country, we are gradually forgetting them. They reminded us again.

I will give you an example. We are [UNCLEAR/original inhabitants here], but outsiders whether they are from Russia, or Germany or other higher places, they show more interest in this. I had a friend in Hyderabad. He was a very big man [UNCLEAR]. His son had an interest in buying and collecting antiques. He came upon an ancient manuscript which was written on "tadpatra" (palm/papyrus). He kept it and then he felt, "What will I do keeping this with me, better donate it to a museum or university". He went and offered it, "I have this, if it is useful to you, please take it". And no one paid any attention to it. Said, "You keep it with you". Some friends came to him from a museum of [UNCLEAR/natural history] in Hyderabad, it is also here.

While talking it came up that he had such a thing. They saw it and said, to keep it safe and not give it to anyone. And they called two German professors. They took one look and took it with them for two months. They studied it non-stop, stopping maybe only to eat. After two months they called and said, "Can we have it?". He said, "Why?". They said, "This has very important information and we need it for our university". And he got an opportunity to go to Germany.

He was curious and asked them what was in the manuscript. They replied, "This ancient manuscript is full of knowledge. From this, we wish to extract the knowledge of science and medicines within it". What I mean to say is, as Mataji has said. She went to Russia. Why did people come in their thousands to meet Her? They wanted to know what this science is. They were curious about imbibing it. And we are forgetting.

How many people from us will come today? Very few. Very few people will try to understand. And to just any other gathering, they will go in their thousands. They are of no use to us. What I mean to say is that our ancient scriptures that are full of knowledge about yoga and just any type of science, it is essential to know that. Mister Srivastava talked about peace. The people of Europe despite being wealthy, being millionaires, they still do not have peace.

I will give an example. I had the opportunity to go to Bombay. I was waiting at the airport. There was a European lady also there. She had a scripture in her hand, and she gave it to me saying, "Read this". I asked her where she was from. She said she was from [UNCLEAR] and that she had her home here in Juhu. Hare Rama Hare Krishna is there.

I got the opportunity to go there. I saw there were a few Indians there, but other people were there. English, French, Germans, Americans, quite a few people, but very few among us. And they were quite young also in their twenties and well educated too. I asked them about their education – some were doctors, engineers, philosophers, there were also millionaires. I asked them why they were here. They said, "We have everything, but we do not have mental peace".

What I mean to say is that in our ancient scriptures, the yoga and shastras that are there, there is a need for them. I am happy that Nirmalaji has undertaken this task. I have been told that her kin are spread all over the world. Europe, Africa, America and all the countries in Asia. And people are taking an interest in it.

I would like to say one more thing. We have here people of a [UNCLEAR] type. Among sadhus, saints, rishis – what do we call that type of animal? – the kind of living beings who trick and betray people. People have told me so. I have been to many countries. I have been to Italy, I have been to Europe, I have been to China, I have been to Japan, I have been to other countries in Asia. Wherever I always hear about two types of things. There are a few people who explain about the shastras, the Vedas and show the path in the true sense of the word. There are some people who, for their selfishness betray the world.

[UNCLEAR]. I am happy that Doctor Nirmala Devi is active in spreading this yogashastra in the true sense. And today's event has been organised by [UNCLEAR].

Unity International Foundation has been performing an important task in all these years. I first came to Delhi thirty years ago, thirty, thirty-five years ago. I became a Member of Parliament [UNCLEAR]. At that time, the important work that was being performed through this organisation, when I see it, I am happy to see that they choose those people who are truly engaged in the welfare of mankind. They have honoured and encouraged them.

[Applause].

[UNCLEAR/earlier presented to Doctor Nirmala Devi at (?) Hall]. Today, I am delighted to honour Doctor Nirmala Devi once again.

[Another speaker takes the podium]

Speaker (in Hindi): [UNCLEAR/Raviji] thank you. You referred to some hall. I think, seventeen years before today, we had given an award to Paula Pal (?) in this very hall. Paula Pal has personally come from the station to receive. Paula Pal and her three children were here and She(Mother?) had come to give the award. So we are creating history again.

So what happened is that, at Unity International, as Raviji said, and we go back a long way - for us stopping bombing or making guns go silent is not going to help. Peace will come only if you transform yourself within. Your thoughts will change, and a new form of humanity will take birth. And that humanity, when they have no enmity or hatred towards anyone, then peace will be achieved automatically. So this a very nice philosophy of Shri Mataji and we respect it highly.

And we appeal that Mataji continues to support us and we continue working further in this domain.

[Applause].

Now only the last item is left and that is tea. But before that, we would like to propose the vote of thanks. And I would like to invite the very dynamic, [break in recording].

Sahaja Yogi: Doctor Nirmala Devi, Sir C.P. Srivastava, Excellencies, Ladies and Gentlemen. We have all gathered here this evening for the Unity International Conference to bestow the Peace award to Her Holiness Shri Mataji Nirmala Devi. We are indeed very fortunate and blessed to be in Her presence. She has immersed us in joy and complete happiness.

We are the seekers and You have shown us the way to the truth so beautifully and exquisitely. We thank You for that. Shri Mataji, we thank You for showing us the path. For showing us the way of uniting our individual consciousness so we all feel the all-pervading Divine Love, the paramchaitanya. The Divine power that knows no nationality, no boundaries, no race nor religion. No caste, nor creed, nor colour. Our own collectivity as Sahaja Yoga is the prime example of all this.

My own personal experience has been a remarkable one. I could never imagine that a day would come when we would sit together; different people of different backgrounds, different races from all over the world as one. This is really the purpose of Unity International and I am ever so grateful to Unity International for bestowing this honour upon Shri Mataji.

We are also extremely grateful to Sir C.P. Srivastava for gracing us again. Your personal experiences and observations of Sahaja Yoga are indeed enlightening. This is the first time I ever had to speak publicly. And I admit I would like to hear you speak again very soon. It is a real pleasure to hear you speak. Thank you very much, Sir C.P.

Honourable Shri Satyanarayanaji, for the knowledge that you gave up and your advice to us, we are grateful. Many thanks to you.

My thanks to Shri Anil for organising this function and the rest of the Unity International team and all of Shri Mataji's distinguished guests here. My thanks to Mr Jyoti Jain who announced the award of Unity International with [UNCLEAR] to Her Holiness Shri Mataji Nirmala Devi. I must also thank Professor U.C. Rai for his explanation of Sahaja Yoga, of the chakras and how our bodily systems work. I must tell you at this stage that I myself have been in Sahaja Yoga for just about two years now. And it really had transformed my life. It has radically altered the way I speak, the way I think, the way I react to people and the way I look at the world. I am sure that all of you will experience the same bliss and joy and peace that we have found in Sahaja Yoga.

I also thank Mr T.P. Seth for sponsoring this evening's function and all those people who put in tremendous efforts in making this a success. Last but not least, please accept my gratitude and thanks for being present with us here today this evening. We are very honoured to have you here and on behalf of the organisers, I would like to invite you to tea in the adjoining room.

Thank you very much.

[Applause].

[Shri Mataji is conversing with attendees who are gathered around Her seat. End of recording].

1997-0406, Address to Doctors, The Art Of Healing

View [online](#).

6 April 1997

Address To Doctors, The Art Of Healing

Public Program

Indian Medical Association, New Delhi (India)

Talk Language: English | Transcript (English) – VERIFIED

I bow to all the seekers of Truth.

At the very outset, I have to tell you that Truth is what it is. You cannot change it, you cannot transform it, you cannot explain it. Only thing [is] you can experience it.

In this Kali Yuga there is a special category of people born in all the countries very surprisingly, who are seekers of Truth. And William Blake, the great poet of England has said that these men of God will be born during this time and they will know the truth. So many have said about this. Even in our old books of prophecies. You have known so many of them but especially the one which is described in Nadi Granth written by Bhrigu Muni is clearly said that at this time people will know the Truth through the Kundalini Awakening.

The knowledge of Kundalini was known to us, I don't know how many years back. You cannot say because our history is so unknown. But at the time of a great saint called as Macchindra Nath and Gorakh Nath, they were indulging into awakening of Kundalini but the condition was that one Guru should give Realisation to only one person.

Went on like this till the twelfth century when Gyandeva first of all asked his Guru, his own Master was his own brother. He asked him, "You please allow me to at least write about Kundalini." Because in the Gita it was not described. Though Shri Krishna has talked of Sthit Pragnya and all those things but he didn't talk about: How to get it? What is the mechanism within us which works it out?

Then he wrote it in his Gyaneshwari which is just a, I think, explanation of Gita very clearly that there is a power within us. In the sixth chapter he wrote about Kundalini but the people who were in charge of religion didn't want that. So they said, "This is a Nishiddha (prohibited) part and you should not read this part of Kundalini."

But in the sixteenth century under the guidance of Guru Nanaka, Namdeva, Kabira, all these people, clearly, clearly, very clearly wrote about Kundalini but the way it was mutilated by people which is very surprising. Everything has been mutilated but this one was very surprising because Kabira was in Bihar and he called Kundalini as Surti. Very clearly, he said about Surti but in Bihar, 'Surti' is what you call 'tobacco'. They call 'tobacco' as 'Surti', so you can imagine what is the mutilation.

Now this power is within you. If I am telling you something today you need not accept it. Blind folded acceptance is of no use. We have had enough problems with blind faiths. So, first of all you must get the experience and then you will not doubt it.

This science was known to us since long but as it was only done for one person or say ten persons at the most, I decided to find out a method by which an en-masse Realisation could be given.

Luckily my father was a very social person and I could meet many people. Even my husband's life was such that I could meet many people. So, I worked out the permutations and combinations of human problems and then I discovered how we can easily solve this problem of Kundalini awakening. Because there are problems on the way of its ascent then Kundalini doesn't, Kundalini doesn't come up.

Now there are seven chakras basically within us. These seven chakras are responsible for our physical, mental and emotional being.

There is no doubt about it but you have to first find out and then believe in it. Don't believe because I am saying so or anybody says so. You have to experience it and feel it.

There are many ways we can also judge. For example, in the Koran, Mohammed Sahib has said, "At the time of Kayama, means this time of Resurrection, your hands will speak." He also calls it 'Kayamat' means 'those who will not accept will suffer'.

But who will accept their hands will speak, their mouth will be shut and their hands will speak? This is exactly what happens in Sahaja Yoga that once you get your Self-realisation you can feel those subtle centres within you.

These subtle centres of energy are seven in number and are acting for giving us all kinds of energies.

Now the problem is how to make people believe in Kundalini. It's a difficult task because you are all intellectuals and you have had your medical education from England and all those places you see. It is more westernised and to believe in something Indian is rather difficult for people that it's all Indian after all.

But actually, even in medical science we have to understand the limitations of a science.

First of all, science is amoral. Secondly, it does not go to the roots. So, it starts like we have to treat a tree. So, we treat the leaves, treat the branches but Sahaja Yoga is going to the roots, is the knowledge of the roots. And the roots are the seven chakras and our Kundalini. Of course, without medical science you cannot also understand Sahaja Yoga. That is also one of the things because you can relate very easily. It is very scientific.

Now there are three Nadis also Left, Right and Center. Left is called as Ida Nadi, right as Pingala and the centre one is called as Sushumna Nadi.

Kabira has described it very clearly and it is in the Granth Sahib also written down but nobody tries to understand or to go beyond the words. Just go and read the words that is not going to help. You have to go beyond it. It is like this, you see a beautiful picture say where it's raining, it's very beautiful and you are seeing it, that's all. But you are not inside it to experience it.

So, to enter inside was difficult one because of the tradition of giving to one person only, or to few persons and secondly the greatest objection came from people who were in-charge of religion those days.

Nowadays those who are intellectuals, you should say medias and other people who have a feeling that they know everything, they don't want to take anything, that is to begin with. This is one of the reasons why people don't turn their eyes to the great knowledge we have in this country.

I am so very happy today that Indian Medical Association has given me this honour first of all because I could never imagine in my lifetime, I would be able to talk with you. I also did my medicine and I knew how difficult it was and how people were blind. So, I used to think, "How will I explain to them", like Kabira has said, "Kaise samjhau, sab jag andha" (Hindi: How to make them understand when the whole world is blind?).

But the time has come because there are seekers now. And they should also know one more thing, that this country is the Yogabhoomi. They have given us science all right but we will give them Yoga. We will give them the real basic knowledge what is the foundation of Medical Science, is the foundation!

Now by experimenting this and that also you have seen that it is neutralised by challenges. Every theory is neutralised so that

means it is not Absolute. So, we have to go to something that is absolutely Absolute.

You have seen that Einstein found out something then our people are after him this is wrong, that is wrong, it is going on like that. All the time something comes up, people go on criticising and the whole knowledge goes into oblivion.

So now we have to understand that if this is the Yogabhoomi, this is our country and if it has given us such a knowledge, why should we not also listen to it, because not only that it will flower your knowledge of medicine, not only that but it will give you such a confidence while practicing, while talking about medicine.

Now as it is a subject, is on medicine I would like to speak on one of the centres which is very important because doctors are always affected by that centre. So, I better tell them what can go wrong with doctors and what they should be careful about.

It is to be understood that there is a centre, is the second centre which we call as Swadishthan. This centre is very interesting. It comes out of the Solar Plexus we call it as Nabhi Chakra and like a lotus and it moves all round you see, as you can say in gross way it is Aortic Plexus. It supplies energy to Aortic Plexus. It is not Aortic Plexus but supplies energy to Aortic Plexus.

Now this centre is very important because it gives energy to our liver, to pancreas, to our spleen, to our intestines, to our kidneys, can you imagine such an important centre it is! This Swadishthan.

But the most important work it does is very...which I don't know you will accept or not but it supplies energy to our grey cells which we are using all the time. When we are thinking too much, when we are acting physically and mentally, this centre has to supply energy to our brain, we can call it to our grey cells which we are using all the time.

When we are doctors, we are using our grey cells how much? We have no idea. There is nobody who has found out how much we use our brains but we are going exhausting our brains and also, we are very futuristic. All doctors are futuristic. Maybe they want to find out something in the pure sense of the word or maybe they have certain ideas or maybe it is money, may be anything but they are very, very futuristic and in that trend of futuristic behaviour also there is a big competition so they don't know what to do. They have to be futuristic and think but what will happen.

Now in this kind of movement of the mind what happens we start becoming very right sided, extremely right sided. Now as a result of that, as a right sided man, you know I would say what medically can happen, of course also happens lot of things mentally also.

But what can happen medically, this Swadishthan Chakra which has to supply to your liver. Why do you call it 'liver'? Because of liver we live. Liver is very important in Sahaja Yoga. I know that in medicine we don't know much about liver and it is absolutely curable in Sahaja Yoga. But now what happens, liver is the one which takes all the poison of the body and throws it into the circulation. That everyone knows, all right!

Now when liver is looked after it is normal, then we have also a pancreas, then we have spleen and also kidneys and the last part of intestines, intestines as a whole but the last part is very important.

So, such a man who is always thinking all his energy is going to his brain and all these organs are neglected and he can be affected by any one of them.

So, the first thing he is affected is bad liver. Now this bad liver because it cannot throw its heat, which is the poison of the body into the circulation. What happens that it starts, heat starts rising, this heat goes higher on the right side. We call it right heart which is the centre which controls the lungs. So, such a person can get Asthma.

Now Asthma has been cured through Sahaja Yoga, very simple way. But it can be cured, it gets Asthma. We say it is incurable because we do not know about Swadishthan.

Now this same thing happens to our... when it moves to the left side pancreas.

Mostly people who are sitting on their chairs and thinking too much and planning too much get diabetes. Sugar doesn't give you diabetes.

In Maharashtra, I don't know maybe here also in the villages, a villager will take sugar in such a way that the spoon must stand at the right angles. That's the way a tea has to be made otherwise it is not tea. He never gets diabetes because he earns without any insurance or anything, spends it sleeps off. Next day he earns. He does not have botheration about future. What he should do? He should accumulate money or he should give it to somebody? Nothing. He just lives with himself.

Now this goes to pancreas, gives you diabetes, this heat.

Then it goes down then the kidney, kidney it coagulates.

Now for kidney if you go to dialysis, I must tell you not that only you die, but you die bankrupt it is a fact. Now in no way I want to criticise doctors, they have to earn after all, but there is a simple way of curing this kidney trouble. And once this kidney is cured, it is cured forever.

So, by helping Swadishthan you can cure also kidney.

But the most difficult thing is the spleen. Now in modern times we are very hectic.

For example, most of the doctors have to get up early in the morning on duty. In college we also used to do the same thing. Then we have no time to eat our food properly nothing. And we take our breakfast with us sometimes. In America I have seen doctors even brushing their teeth in the car. (Mother laughs.) It is the limit of things.

So, in this kind of a hectic life you see what happens: the spleen, poor thing which has to produce RBCs for emergencies gets mad. She can't understand, "What is the matter with this gentleman?" and it cannot also a sort of cooperate with all the madness we have.

Then we read newspapers. Reading newspapers in the morning is a very dangerous thing because every day you see something horrible and you get such a fright. For example, these days our country is in doldrums. I never read it in the morning at any cost. But if you read it early in the morning any newspaper then finished, you will get some... They only tell you about what has gone wrong; disasters, accidents, if not that then political crisis, this that which upsets you. Whether you like it or not but it upsets you.

So, reading newspaper early in the morning, then just running forward. No time for wife, no time for children, nothing. Formerly I remember that husband used to eat nicely at about ten o'clock. The wife used to fan him because there might be some flies around. She used to fan and relaxed way they used to eat food and live relaxed.

Now what you call in Urdu language 'Kashmakash' (Mental Struggle) is so much that people are just running mad. They don't know what to do.

Now they go to the office, then they find, doctors especially, the boss is angry or there is some very serious patient has come, somebody has died by mistake. I mean doctors are completely treated like criminals in America, absolutely like criminals. So, this is also coming here. If they do anything wrong by mistake, they do something, finished. Their practice is gone, they are put in jail. I mean after all they are human beings but this consideration is not there.

And so, this futuristic life makes them really crazy people. Then they become very hot tempered. Liver gives you heat, you

become very hot tempered at the slightest thing, you just shoot off and start saying things which you should never have said. Then you feel guilty.

When you feel guilty you catch this centre here, left Vishuddhi we call it by which you develop spondylitis. If not spondylitis, there is something horrible thing can happen to you.

Now according to Sahaja Yoga, we have two types of heart attacks. One is an active massive heart attack and another one is what you call lethargic like angina.

So, the first one which happens is the massive one where same thing the heat reaches the heart.

Now say there is a boy who is playing tennis at the age of twenty-one or twenty-two and is drinking also, competing with his father. So, he gets that massive heart attack and it is absolutely fatal. He cannot live after that. This is a very common case you must have also seen. I am not telling you something out of the blue. But the another one is if you continue with this kind of thing then maybe one day you might get massive heart attacks especially the industrialists. Industrialists are so much futuristic, so much calculating that they don't calculate that this will entail their own heart trouble.

So, this heart suddenly collapses and they die. This is a, we call it an active heart attack due to over acting.

Another one is lethargic heart attack like angina, that is if this [Vishuddhi] centre is caught here, if you feel guilty.

Some people are very sensitive and very formal type you know, they feel guilty, "I should have done this." I have known people who have been crying all their life, "I spilled coffee on the table of such and such." I say, "Let it be, now gone finished. Why are you bothered?" But they'll go on and on and on. It's a habit they have formed to feel guilty about this. So, about anything they start feeling guilty.

In India we are not so much I think formal type of people, thank God. So, I find less cases of this but still there are many people who develop this left side. Not only with that you develop your spondylitis but you develop a situation where heart cannot pump blood for your brain, that is angina. Nobody knows that it comes from this left side problem; left side problem. It comes from other things also but one of them is feeling guilty.

This is something I am telling you which is not yet told in medical science. But I am sure one day we will have it from India. We will tell these people what we know about the roots of trouble. The root of trouble is like that.

So now the last but not the least is the effect of Swadishthan is this heat reaches the brain and gives you paralysis on the left hand side because you know it crosses over nerves. So, it gives you a terrible paralysis on the left-hand side but you feel it on the right-hand side.

Also, nature is the one which tries to stop. If you don't stop, it says, "All right, I will stop your right side." Left side will be all right.

Now the one side of life is also right side. Second side, another side we can say is the side which is left side. And the left side and right side when they meet, you get psychosomatic trouble.

With this Kundalini rising what happens that it nourishes those centres.

For example, see this is one centre formed by two left and right side. This is a centre; left and right side. Now the Kundalini passes through this. But supposing you are using right side too much like this and suddenly left side breaks sometimes then what happens that your connection with the main, you should say mains is lost. You are on your own and cancer starts.

Now this cancer can be cured also; I am sorry to say but it is a fact. It can be cured. Cancer can be cured, not at a galloping stage

I think but at an early stage. We have also tried some galloping stage people. They have improved but still I would say it is not guaranteed at that stage. After all nothing is guaranteed but still it works and it has worked.

Now when this cancer is caused you see, what is our job is to push back this left side with the right and also through Kundalini awakening to nourish, nourish the centre.

You see this is the basis for our health our - you can say mind, everything it's a mental, physical and emotional but also spiritual because when Kundalini rises like this; it goes crosses over this fontanelle bone area.

This is Kabira has said, "Shunya shikhar par anahat baje re." Nobody can explain what does he say. "Shunya shikhar par anahat," is the heartbeat. How can a heartbeat come up? 'Shunya shikhar' means 'on the fontanelle bone area'. He was not mad but the people who do not understand cannot think that this Kundalini reaches here. It does. You can see for yourself; it does reach here and once it breaks, this sound is finished.

Then on your nerves, you are amazed on your central nervous system you start feeling the cool breeze of the Holy Ghost as they call it in the Bible or they call it as the Alakh Niranjana or they call it as Brahma Chaitanya. You start feeling it on your fingertips, on your hands, you can.

If you experience that, still you go on saying, "No, no, no. I do not believe in anything." It's all right. But if you really start moving into that line and start feeling that, then you are amazed because when the Kundalini rises as I told you She helps you physically.

I have told you about only one chakra but there are seven chakras. So, all these seven chakras, they give permutation, combination of these three channels. It cures all. As a result, you start enjoying your life. You become what you call a person who is a witness to this whole thing. The whole thing becomes just a drama and you start live it, seeing it so clearly. This is first thing happens to you.

Now if you have something serious or say something you have to operate somewhere then you are nervous already, "How can I do it?" If you are nervous, then how can you operate?

And also because of specialisation you can only do one part. I have known people, surgeons also, who have opened the body they said, "No this is not my job. This is the job of that doctor."

So, you know the complete knowledge of medical science, complete! It's not only surgery, it's not only what you call medicine and others; we have learnt so many. So, all that becomes a totality.

In totality you know what is wrong with it on your fingertips. For diagnosis, you know a patient dies after it. If somebody goes to say "Houston" for diagnosis, you should insure him because maybe he might die with diagnosis only. It's like this, here diagnosis is only on fingertips. On the fingertips you can feel very easily what is the central catch.

Now if you learn or if you know what are these centres meant for, if you know what they are related to as far as your physical side is concerned for doctors, then you will know that this person is suffering from this disease. Even small children, say ten children, you tie up their eyes and ask them, "What is this person suffering from?" So immediately supposing they give this [Vishuddhi], you ask that fellow, "What about your throat? Is it all right?" "Ah no, it is not all right." But how do they know? Because on the fingertip they know, they show the finger. So, everybody will say the same thing because it is Absolute.

This All-pervading Power about which people have talked about, they have called it Brahma Chaitanya. They have called it all kinds of things but they don't know what it is. It is this power that starts flowing and when it starts flowing through you, tremendous things happen, tremendous things happen.

I have known so many bureaucrats you see, were so much worried, upset; because they were honest people and were suffering.

They took to Sahaja Yoga. Their lives are changed now, they are enjoying themselves. They are not bothered. Because this not only guides you, this not only gives you knowledge but also protects you all the time.

I have seen many doctors who are doing say heart trouble. Heart patients they are looking after. There are doctors who are curing cancer patients. I met one doctor who has a dialysis hospital; got his kidneys. I said, "Doctor, how have you got this?" So, he is just treating only people for dialysis and he gets his kidneys.

So, there is no protection. You should also have the protection as a surgeon has. He will tie up his hands and everything. But then otherwise normally doctors have no protection of any kind when they treat another person and if they are sensitive, they may catch from them slowly, slowly the diseases, which they are going to cure.

This is also a point nobody thinks of. We are not machines, we are human beings, we are not stones but we are sensitive and when you see somebody suffering you catch from them. You definitely catch but in Sahaja Yoga you know you are catching.

In Sahaja Yoga you know what you are catching and you know how to clear it out and how to protect yourself.

Now this is what one doesn't understand that all human beings can get their Self-realisation, all of them. Only thing if you are thinking that you are a great scientist and you are above everything and you have read everything, "I don't have to know anything", then it doesn't work.

It cannot force. Sahaja Yoga cannot force on you its knowledge, nothing. It respects you, respects your freedom. Freedom has been given to you whether you take to it or don't take to it, is your own.

But if you want it, if you are really desirous of getting it then you get it. But with that you get knowledge not only about medical science but also about people.

Now there are so many types of Godman coming now. How will you know they are not correct? How will you know that Guru Nanaka was a great, not only saint but an incarnation? How will you know about Christ? How will you know about anyone of them because you don't know the Absolute?

You are born like that but once you are born in Sahaja Yoga, you become a Yogi. And then you know exactly that they are all one. All the Sufis are one, all these great Prophets are one. All these we can call them Prophets and also incarnations, they are altogether one. Christ himself has said, "Those who are not against us are with us." But how many Christians understand this?

So, there is no need to have different, different religions. It's in one big huge ocean of knowledge which has different, different, we can say, ports but that doesn't mean the ocean is different.

All your problems will be solved as far as integration of religions are concerned and you don't have to give up anything but respect everything in the right manner that you know about them. There is nothing to discard, nothing to condemn but to just, to know about them, that you are amazed how they are talking the same thing what you are talking.

I have read a book written by a one great Sufi from Turkey and another I have read it with our Nisamuddin here who had written something and his disciples, just the same, they write the same thing. I mean there is no difference because absolute knowledge is the same, only expression may be different. They might use different expression.

So, you get out of this madness of religion also. Religion can never teach you to hate anyone, can never, because I am talking here about the power of love. This All-pervading Power is the power of love. It guides you; it looks after you, it cooperates, it coordinates. It is so efficient a government that I don't think we can ever imagine how efficient it is and it works just like this. Sometimes it is very amazing.

I will tell you now, today a case of a lady which is a true case. Is she here now?

(Response is inaudible.)

Mexican, no? She might be here. See, there is a lady. You are there!

She is a lady here. She was working with the UN and when I went to New York, she got her Realisation and she became a very ardent Sahaja Yogi. It rose to that thing where we call shraddha. Then she wrote to me three letters telling me about some disease her son has got who is only eighteen years of age studying in Harvard University or something. She said, "Mother this disease some people get it in my family at old age and they die." It's a special Mexican disease, it's a big name as usual you see. (Laughs.)

So, I was thinking what to write to her and we're just paying attention. And she said, "Should I bring my child there, what should I do?" and all that. And the fourth letter I find that the doctors have said that he is completely cured, there is nothing in it. Just imagine how quick it was. (Clapping.) I mean, I was amazed.

There are so many cases like that but this is something remarkable. Where is Mexico! I was in Pune and just see how this Paramchaitanya has done it. How it is kind! It is the power of love of God which looks after.

After all the One who has created us, the Creator is going to look after us, isn't it? But we should have also little attention towards finding out what is the truth. Don't accept anything, you have to find out the truth first of all and everybody has said that it is the same thing. Everybody has said you should know about yourself.

Guru Nanaka's thing I will say:

Kahe ray Ban khojan Jai, Sada Niwasi Sada Alepa, Tohey sang samai

Pusp maday jo Bas Basat Hai, Mukur Mahey ras chayi

Taisai hi Hari basay nirantar, Ghat hi khojo bhai

Kahay nanak bin aapa chinay, Mitay na bhram ki kai'

He said you must know yourself. "Know thyself" Christ has said. Everybody has said you should know yourself.

Now what is that knowing yourself? That is nothing but you are – the principle is that the truth is this that you are not this body, this mind, you are not these emotions, you are not this ego, you are not these conditionings but you are the pure Spirit. All our saints have said that.

Now we are not on that path. We are not looking out for what are we. If we are the Spirit, then how are we to become the Spirit?

Now anybody who starts talking like that, I mean, I was very much opposed by many people because they thought I was just telling lies, I am this thing, that thing, but when they got sick, they came to Me.

That's not the way. The way is to try to know that we do not know the absolute. Once you become a little humble about it that we don't know the absolute, so the religion and science become one because you can explain it scientifically as Dr. U.C. Rai has done. Scientifically, you can explain what happens.

Now you don't have to become what you call 'karm-kandi', 'ritualistic', no need. There is nothing to be done ritualistically, nothing.

Once you are really realised, you have to do a little meditation everyday in the evening.

Now what I also would I should say this Paramchaitanya that it gave us a chance to have a hospital in Vashi and the results are very good in Vashi.

They never use to charge anything for the outdoor patients but they said, "Mother, please allow us to take ten Rupees." I said, "All right, take ten Rupees." Is all right for (inaudible) but the people who are living inside, they are also paying little amount; nothing compared to what people pay in the hospitals. And Dr. Rai has so sacrificially accepted. And the doctors are coming from Russia all the way.

You know, Russian doctors are wonderful doctors. They are very great scientists, I must say. They have gone very far in scientific approach. They have tried to find out the energies, which are subtle energies, and lots of things they have done but specially, they are very much interested in working through Sahaja Yoga and they are coming down here to work.

Now I would not expect our doctors to come and work like that but at least for once a week, they can give some time and they can practice Sahaja Yoga just as a blessing to the people.

Our country is full of very poor people, very, very poor people, extremely poor and we feel very much concerned. People always ask Me, "Yours is such a Yoga Bhoomi then, the, why the people are poor?"

The poor they are, because they do not follow the right path, you see. If they follow the right path, Lakshmi is also there to bless you.

There is nothing to worry about money, nothing to worry about anything and you become a person who is absolutely in balance. As soon as something comes up, some crisis comes up, immediately you all become silent and you start seeing what's wrong, what is the problem. Because you are not silent, always in the conflict, you cannot see the problem clearly and you cannot solve it but, you actually, you don't solve any problem.

It is this, I must say this power. I also tell them I don't do anything; I am just sitting down; this power is doing everything. They don't believe it but it is a fact. I am not doing anything, I am just sitting, I am not planning, I am not doing anything whatsoever but this power does everything for us so why should I do it. But, it's rather difficult for human beings to leave things to this power.

Even some doctors who have been practicing Medical science have had very funny experiences.

Like there's one Dr. Amjad Ali in Australia who is very well qualified and he was experimenting (Mother laughs) on some sort of "kya kar rahe they." (A yogi is telling something to mother.) So, you see that what he found out when he went close to them, they start becoming smaller. He could not experiment. He said, "How my experiment will go? I cannot! As soon as I go near them, everything disappears, all the disease disappears, so what can I do?" I said, "You don't experiment with that but you can experiment with the people who are already sick and do something about it."

So, there are many things like that. And another person told me that in England there is a craze for research. So, one scientist, they told him, "You find out what is minus 273, the absolute zero." So, he said, "I cannot, because the formula is such that some heat will remain always there." I said, "All right, do one thing, you go and tell them this is absolute and how can we find absolute." "We cannot find Absolute. It is absolutely, absolutely beyond us". Then I said, "You use vibrations and you use these divine vibrations." And he achieved it. He got his doctorate and he did it.

So, they asked him, "How did you do it?" He said, "I cannot explain to you." "Because if I talk to them, they will never listen to me. These scientists, you know, they think no end of themselves. How can I tell them that I did it with this divine power?"

They cannot believe that there is another big power.

After all who runs our heart? Ask the doctors who runs our heart. They will say Autonomous Nervous System. Now who is this Auto? Ask this question second one. You can't answer. Who is this Auto? 'Auto' you don't know. They will just... But they are honest because they say, "We don't know" and they have put it the name 'Autonomous'. Now I am talking of parasympathetic nervous system, as you know very well. And we know very little about parasympathetic. It's a fact. How far other people?

I will tell you that in very simple words what is parasympathetic. Now when there is some emergency, our sympathetic nervous system which is to the left and right side go into motion. Like, we have to run, then if you are running, our heart will start pumping blood. But what brings it back to normal, is the parasympathetic, in simple words. (Shri Mataji speaks aside in hindi: kuch kuch to doctors bhi hai aur kuch kuch aur bhi hai thoda.)

So, this parasympathetic nervous system, when it is filled with energy, when it is filled with energy it just settles down. It gets nourished and then it starts working in such a beautiful manner that you achieve so many things which you could not normally achieve.

First thing that happens that you become a very peaceful personality, very peaceful.

Because we are thinking, now the thoughts are rising and falling, again thoughts are rising and falling, again thoughts are rising and falling. All the time we are jumping on the cusp of the thoughts. But there is a space in between and that is in Sanskrit called 'vilambha'. But we can call it 'pause' in English language.

Now this is the time where we never see that point. We never are there. So, when we are jumping, we are jumping in the future or in the past.

For example, just now, you are sitting before Me, maybe you are thinking if they will get a train or not, a bus or not, this and that, or maybe you are thinking about your past. But you cannot be in the centre. This is the big problem. You cannot be in the present. If I say, "Be in the present", you cannot.

And in the present is reality. In the present is totality and in the present is silence. You don't think. So, according to even to Patanjali you have to become Nirvichar. These thoughts which are bombarding your head, you have to become in charge of them, I mean, you have to be in control with them.

So, what happens? You become Nirvichar, without any thoughts. It's a thoughtless awareness. And this thoughtless awareness is the one that gives you complete peace within yourself.

People talk of peace, other. I know of people who have got peace awards, big, big, such hot-tempered people that you have to approach them with a barge pole. I don't know from what angle they are talking about peace but they have got peace awards. You know, big, big people like that I have known who have got peace awards.

Peace has to come within. When human beings become peaceful, there won't be any quarrels, no fights, no wars and no politics. If you are peaceful, then you are so satisfied, you are as in Hindi, they say, "Apney me hi sama jatey hai," you are satisfied with yourself. You don't get into the mad rush of approaching somebody, encroaching somebody, aggressing on someone; no, you are with yourself in complete peace. As a result, so many things happen.

Maybe I am the oldest person living here. Nobody can be more (laughs) in age because I am seventy-four now. I will be seventy-five. So, you can imagine. But at peace when you are, you are not having any such ideas of aggression, aggression or anything. You become absolutely peaceful and this peace is very required today for this world to come to something which we call as a peaceful world.

By fighting, by quarrelling you can never achieve peace. I have seen people going with the flags, now fight for peace and fight for this, no need. If you become peaceful everything works out so well and this Paramchaitanya is with you to help. There is no need to fight anybody, to aggress anybody or to trouble anybody.

This is very important for doctors and for also business people.

The problem of business people – because they told me there are some business people also – is their stress which is a common disease. They are the same, very futuristic, you know, all the time calculating, very, very futuristic. And in America, a new disease has developed, they call it 'yuppies disease' (Shri Mataji talks aside: What is the name – samaj liya na – in that? Naya naam nikla hai na par mai usko 'yuppies disease' kahti hu.)

That disease is such a horrible thing, it is that your rational mind just goes out, your conscious mind just goes out, you can't even lift your hand, you can't even lift your fingers and people carry you just like what you can call a reptile on your body. You can think all right, you can talk all right, you can plan all right, calculate all right but you cannot walk, you cannot lift your hand, you cannot do anything.

This is a new disease that has come in America and is spreading all over and I have seen one patient also here.

So, what I am trying to say that going with this your stress, all kind of things can happen.

Now why this stress is there, that also we should know.

First of all, the Kundalini has started working in this Kali Yuga in these times. Secondly, if you see these two centres, two Nadis or two channels, we call Ida and Pingala. So, the Pingala Nadi creates Ego within us as it is shown here, you see, the yellow one. It creates a balloon like. Then the second one is the Ida Nadi which also creates a balloon. Now Ida [should be: Pingala] Nadi creates the ego balloon and the left side one creates the superego, means conditionings.

Now if you are identified with something, if you are conditioned within you with something, then these two are. But when you are too much right sided, these are all – you see the ego moves and covers the left side. So, there is a blockade, complete blockade.

Now whatever problems you have they cannot pass out of your body. That makes you weaker and weaker and that's how you have stress.

With this Kundalini, these two move out and is opened out and you become one with this divine power.

Now as far as the brain is, for there are some neurosurgeons also, as far as the brain is concerned, we know that we use wee part of our brain, very little part of our brain. But once you get this Kundalini get it enlightens so many areas of your head that you just know.

Sometimes people ask Me, "Mother, how do you know?" "I know. I don't know how I know." There is no technique for it. Just I know. They say, "Mother, how do you know this thing? How do you know?" Somebody wrote me a letter and I said, "Who has written this letter, I know." And I told them, they said, "Mother, how do you know?" I said, "I know for definite this is the one who has written." I don't know that person. I have never seen him. I have never seen his hand writing but I said, "I know who has written this letter." Just I know.

But I wouldn't say that it's something great that I should know because I just know without any work, without any thinking, without any managing. Just automatically I know everything. So, once you become that, you don't have to worry.

Now, for example, I know, also, a lady doctor in Delhi, no in Bombay. She is the one who is a surgeon. She said, "Mother I could

know that this man has tumour, very much low in his brains but it will come out." So, she said, "Then I was just giving vibrations first. I said let me try first the vibrations on that." They said, "No, No, there is no tumour on that side." She said, "It is here. I know I can feel it; it is here." They wouldn't, they started arguing with her and then they found out the tumour where she said, exactly there. They said, "How do you know?" She said, "I don't know how do I know."

So even the children can tell where is the problem, in your head, in your brain, what is happening.

Now to look after your brain is very important that you don't go into imbalances because if you go into imbalance, your right side will develop or your left side will develop. Actually, the right side develops on the left and the left side develops on the right.

Now also I don't know how far the medical science has gone up to the understanding as to left and right side are two different complementary systems

(Shri Mataji, aside: I don't know if that they accept, do they?)

But in Sahaja Yoga you will discover that there are two complementary systems. One is right sided; one is left sided. And when the right side is too much then the left side might act or when the left side is too much, then right side may act. You see it's a complimentary two systems and if you go on one system all the time then you become right sided or left sided.

Now left sided are the people who are not futuristic but who are the people who live in the past.

Now of course I don't want to, just now, discuss about it very much because it's also more confusing for people. Because they don't want to believe that there is something like dead souls or they don't want to believe in the viruses being dead vegetables and things like that but it is.

On the left-hand side, we have got all our past since our creation. So, if somebody gets virus you give antibiotics, you do what you like, it won't go. Only Sahaja Yoga can drive it out. Only through Sahaja Yoga you can cure viruses because only Sahaja Yoga can act on the left side. Many mad people, crazy people have been cured through Sahaja Yoga.

Also, it gives you a good idea about how you can show people, who is mad and who is not mad.

Like I had a program in Pune in the beginning and they arranged it in a hall which was owned by some Brahmins. So, when I went there, they said, "No, no, She is not a Brahmin so we can't give Her the hall." So, Sahaja Yogis were mischievous, they said, "All right, we will give it in the newspaper that they are refusing because She is not a Brahmin." "No, no, don't do like that we will have it."

So, I didn't know what was happening behind the back. When I went there, I was sitting there. Very interesting I saw about twenty-five people sitting in front of me shaking like this you see. "Mother, stop it, stop it, we know Your power, stop it." I said, "I am not doing anything, you are...." They said, "Now, also there are people who are shaking like this." So, I said, "Ask them, who they are?" They said, "We are certified mad from Thana. We have come here with our superintendent because You had cured one mad man." "So", they said, "Are we also mad?" "Yes, there is something wrong."

So, the thing was they were thinking the Brahmins are the highest or something like that. Is all nonsensical ideas because Brahmin is that which knows the Brahma, which knows All Pervading Power. And because of these funny ideas, they have tortured all the saints. Specially in Maharashtra people have tortured all the saints all the time.

So, where you have so many saints and so many people then you must know that it was just to work out the brains of these close-minded people. But to open them out is only possible I think when they are in difficulties. When they are not in difficulties they don't want to accept. Supposing they are sick then they will come to Me. Now if you cure somebody sick, you see once he is cured, he is finished. He doesn't do any Sahaja Yoga; he doesn't want to help anyone.

But if there is a person who is healthy, who is perfectly all right and who is knowledgeable, if he comes to Sahaja Yoga, he will be such a help to this, I should say, to this poor country. This country is suffering from tremendous poverty.

Now only saying, "Garibi Hatao, Garibi Hatao, Garibi Hatao" ("Eliminate poverty!") I know of one gentleman who was a great corrupt fellow and who used to live in one small room with a little cot. I said, "Why do you live like this?" He said, "Because, everybody is garib [poor] so I want to live like garib." I said, "Why don't you give all this money to these garibs? Why are you lying like this?" He said, "All right, you suggest to me any organisation which is absolutely above board and I will move."

That was a difficult thing, a decision. But what I am trying to say only by saying people are garib, garib, you have to attend to that and is only possible through Sahaja Yoga. How?

Sahaja Yoga is practiced mostly by middle class. Both the sides are - one side are the poor, another side are the rich. Rich are very few [in Sahaj]. But more by the middle class. Then it's like a river which expands on both the sides.

This time I was, I mean, I have been always thinking that I have to do something for the poor people, something, always and I have done also on my own but I wanted Sahaja Yogis to contribute, Indian Sahaja Yogis. So, I told them I want to start a place where we could have these women who are standing on the roads with their children asking for alms. We can have something to help them. Immediately, I was surprised Sahaja Yogis contributed to me for that and I was so amazed at their enthusiasm. I said, "This is the generosity. This generosity that has come to Sahaja Yogis." And then when they said, "Mother this is we have got all this through Sahaja Yoga. We have improved so much that we don't have to worry."

And they so generously, I mean a person becomes extremely generous. He becomes very peaceful; he becomes generous and he starts enjoying the generosity. I mean people earn such a lot of money. Everything they should do there is no harm.

In Sahaja Yoga, there is nothing like sanyasa. Nobody has to take sanyas. Nobody has to go out of his family, out of his ... nothing. It's all here. Why to go anywhere?

So, you have to be a very normal person. But one thing is important, you must have the pure desire to get your Realisation. If you don't have that pure Realisation then it doesn't work out. Apart from that it might work but you go on dropping down because if you want to make money out of Sahaja Yoga or if you want to, say, achieve some power out of it. You see, you are so powerful that you don't have to ask for power or anything.

You don't know how it works and how it gives. First of all, only we have to believe that we are reflections of God Almighty. We are not just human beings.

Specially, to be born in India you must have done lots of punyas, otherwise you cannot be born in this great country I can tell you. All this, you see, is all nonsense that is going on, is just skirmishes on the periphery, but if you see the culture, the love, affection we have, the understanding of value system we have, you can't imagine.

When you go abroad, you are amazed, you don't know how to tell them. They are so stupid, I tell you, very stupid people, nothing to learn from them. I have been fighting with the stupidity of people specially. Americans, I sometimes, I think that they are not yet grown up as human beings. The way they talk, the way they understand. They only like people who will come and tell them stories and make fool out of them, make lot of money.

To me they said, "We cannot take to Sahaja Yoga." I said, "Why?" "Because you don't take money, what is your validity? If you don't take money then you have no validity, why should we believe in you because ..." I said, "Supposing I take money, then?" "Then we can prosecute you." I said, "Go and prosecute all these people who have looted you". Nobody could prosecute them.

So, this is we should not look to them for understanding of life. They have not yet understood. We have to look to ourselves. We have such a heritage. You can imagine, thousands of years back, we have been talking of Brahma, we have been talking of absolute truth. In what country they have this kind of knowledge. No country.

So, first of all we should be very proud to be an Indian. That's very important. Even Sahaja Yogis from abroad they dress up like Indians and they have taken to our culture, our style of culture. I need not tell you about the Western Culture as I was really shocked. Then I thought I better write down something about them as a witness whatever I saw.

So, there is nothing to learn from them, nothing to learn, but one day will come, they have to come here.

All the doctors have to come here. I am very thankful, very, very thankful to this Indian Medical Association especially. I never expected and I am very grateful to them for this because I know in this country if the doctors take it up, all over the world they will have to understand the value of our knowledge of life and of Medical Science. (applause)

I would say that I have seen so many people sitting here I don't know how many are doctors, how many are from industries and how many are Sahaja Yogis. Whatever it is, one has to know that all of us are blessed by the same reflection of God Almighty within ourselves which we should experience.

After that you will tell me what has happened to you, what you have felt and what you had. It's a thing, is a matter of your right to have it. It's your right to have that power but you have to ask for it. If you don't ask for it, I cannot force it on you. Nobody can force it on you.

It is a very spontaneous happening and it works out, so fast, so fast.

I must tell you in Russia, this hall of course has fallen short but in Russia you always have it in big-big huge places with sixteen thousand, eighteen thousand and they are so much, I don't know, endowed with shraddha, so much that in the program only they get it. Only in the program! I could not understand.

And they had a meeting of the scientists there, about two hundred and fifty scientists came. So, I started telling them about science to begin with. I said better be on their level at least to talk to them. So, one of them got up and said, "Mother, don't tell us about this science, we know everything. Now, you tell us the science of God, science of Divine. You tell us about this." I was amazed, look at these Russians!

So, I found out all these countries like Bulgaria, Russia, Romania and all these five countries, there the people are like clean slates, they have no conditioning, they don't know anything about God, they don't know anything about books, nothing. Absolutely, they are not conditioned and the way they have achieved this Sahaja Yoga I have been really amazed at this.

Romania I was amazed and I just told them, one paper I read – not read, I never read – I told them about one thing and the medical, same thing like this, was there and they gave me a Doctorate, not honorary but real Doctorate, on that knowledge.

Can you imagine? I mean it's not possible. First, I didn't know, I have never known these things, so one of my disciples, "Mother, you have become a Doctor!" I said, "That I think I have, already." "No, no this is a real Doctorate, real." I said, "Really, how they have done?"

Such sensitive people but this sensitivity comes perhaps may be that they were very much oppressed and troubled and also, they had no conditioning of anything. And it's very surprising they have no sense of possessiveness. Their Government said, "You take your own flats and look after." So, they said, "No, no, no we don't want. You look after." They said, "All right whatever cars you have given, you take them." "No, no, no, no. What a headache. You better look after. What is the use of taking them? Because after all when we die it will be left here."

So, such unconditioned minds and such clean slates I tell you!

In the same way we are also very much, Indians are very much capable, very much more capable than they are.

Once they get it, they get it and they can go very deep into it because our life is very deep. Our, culture is very deep. We have had thanks to all the Saints and all the Sufis and all the incarnations that basically our genes are very good.

But with Sahaja Yoga you can even change the genes, we have shown you. You can change the genes also in Sahaja Yoga. And we should not accept anybody because he says, "His genes are bad, so he should be allowed to be what he is."

It's not that. Everything changeable and to say that genes are just the cause of your own style, it's not so. Because one child will have different genes, another child will have another genes. So how can that be? So, it's not from the parents, it's not from anything, circumstances but it is with your own reactions to things that you develop genes.

So, what happens with genes is that you become a very, very religious man, very religious in the real sense of the word. Not religion because you pray too much nothing but inside, inside you are so religious. And religion is what is love, love for humanity is religion and that become so innate and so in born and you enjoy.

It's a loving thing. You enjoy giving your love to others. Even those who hate you, you love to give them love because you think hatred after all is due to ignorance, is not because he hates you really but ignorance. And you start seeing the whole thing in a very different vision.

So, I have a great vision of our country achieving that en masse emancipation, awakening and so let the whole world come here. Once, they came just to give us slavery. Now, let them come here to learn what is Divine. And you all can do it very well. You don't have to read many books, nothing of the kind. We don't give also books to people because if you give them books, they will just become masters of the books and will not achieve anything they should go deep down.

First of all, they should be themselves completely one with the divine. Otherwise they are not entitled, they have no powers. When you are not empowered, how will you do the job?

But for that you don't have to spend too much time, five minutes in the morning, ten minutes in the evening. If you can meditate nothing like it and you will be surprised that all your thought process will slow down so much so that you can see clearly what is right, what is wrong. What's going wrong with you also because you get self-knowledge. And also, with others because you develop a new dimension which we call as collective consciousness, Samuhik Chaitanya, collective consciousness. Sitting down here you can feel the vibrations of Mr. Clinton or you can feel the vibrations of any person anywhere, sitting down here.

Now if you know how to correct these vibrations, your own vibrations, you can correct the vibrations of others. You can correct the vibrations sitting down here of other people who are far away. But of course, you can also correct the vibrations of people who are with you. In your family there are people who are mad, you can correct them. So, we can have very good families and we could have very good marriages.

It has many dimensions Sahaja Yoga but today is the day I want to really thank you all the medical science people, and the industrialists, that they should now take to Sahaja Yoga and make the best of their lives, lives which are brought in this great country of Yoga where you can easily achieve.

In this country, it is so full of vibrations, so full of vibrations, you won't believe. I was coming from London with my husband, and I told him, "We have touched India." He said, "How do you know?" I said, "See the vibrations all around. It's only in India you feel these vibrations." So, he went to the pilot just to find out. He said, "Sir, only a minute back we touched India."

So, this is such a great country you have. (Very big applause.) And if we could just develop that feeling that we are Indians and it is our responsibility to see that our knowledge goes all over and let people take advantage of it. By that we don't criticise anyone. By that we don't condemn anybody, as I have told you, but we give them the basis of all the knowledge, and that, in Sahaja Yoga, you can do it very well.

I would say that instead of reading the book better get your Realisation because Kabira himself has said it, "Padhi Padhi pundit murakh bhayo, pundit bhayo na koye, dedha hi akshar prem ka, seekhe to pundit hoye."

Thank you very much.

(Dr. U. C. Rai is asked to make a presentation on Sahaja Yoga.)

1997-0503, Evening Program, Eve of Sahasrara Puja

View [online](#).

3 May 1997

Evening Program

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Talk at the end of Evening program, eve of Sahasrara Puja, Cabella Ligure, May 3rd 1997

Today's program was really very, very joyful, very masterly. I must say credit goes to Germans as well as to the Austrians for doing everything so perfect. The first half we were amazed how people from the west can play so well on Indian instruments with Indian ragas. It's an impossible task. I mean, in India, they spend at least ten to twelve years to reach that stage and in three months' time they all have achieved so much.

And Babamama was saying that it is due to their realisation perhaps, that they pick up all these things in three months' time. I was surprised Myself in three months' time how he could play so well.

Then other programs also were very interesting, for example the way they showed about this music being conducted so well.

I mean, you have to pay \$50 to see this program!

And has to be pin-drop silence, and must sit in your place sort of fixed, permanently as if...

And this was so remarkable and so professional, so, so beautifully done, without one mistake anywhere, in such unison – also is that the blessing of Sahaja Yoga, I don't know.

No conflict, nothing; but sometimes you find, say you go to some big orchestra program or some sort of what they call it, where you find people are jealous, they are feeling angry, we can see from their faces they are not enjoying each other.

But I found that they were not only enjoying, but they were encouraging each other, and were treating them in the collective consciousness. Which is a very good sign for an orchestra like this from eight countries – could have been impossible.

Impossible to have such unison, such understanding, and such beautiful rendering of these difficult people, like Vivaldi I think is quite an intricate fellow, and I loved him very much when I heard him first.

And though he was an Italian he was quite, I must say, he was musical, in every way, very honest and very musical.

This is what is of every country, wherever there is music, I find there is a Divine play through them and they forget their nationality, they forget their problems of their own community and creed.

Same with the Germans and Austrians: Austrians are known of course for having very good orchestra and music and all.

But this orchestra was really Divine.

Because you could see on their faces such joy while playing, enjoyment, even the conductors were so sweetly conducting.

It's a very different atmosphere and different styles where everybody enjoying, you see, playing so well. I could enjoy all that much more than any other places I've been to. Very beautifully done, and it really shows how Sahaja Yoga can be so creative.

And also can be so much collective, giving so much joy to themselves and to us also.

Sometimes You felt You are sitting in a very big hall or somewhere with a big music is going on, and suddenly You find "These are My children playing so well".

I'm so proud of all of them, very much proud of all of them. And then the, even the rap was quite nicely done I must say, you had to show that part, also the other side of it. And the films were another very, very well done films, very much carrying the message of Sahaja Yoga.

On the whole, if you see, every, every, every piece of work was so beautifully organised and arranged that I don't know how you people have developed all these capacities, to rush, run the stage, and to manage the drama, and the films and things like that. Even the drama was so good, the play was so beautifully performed. If you, I don't know if you have been anywhere near a company which does drama: they are so nervous, shouting, screaming all the time, you know? And getting so very upset that you don't know how they are going to perform. And then sometimes, you know, they just make such horrible mistakes while rendering their speeches and all. In England there are very good, I must say, drama houses and ... But nowadays they make such horrible ones that you can't see anyone of them. It's horrible, I don't know what cheap things they are producing, taking such a lot of money. And in that cold, you see, there's always very cold in those halls, I don't know why. You just can't bear to see those horrible plays.

One day you people, those who have performed here, I am sure will be going to the masses, and you will be going to these big halls and playing such beautiful orchestra, and showing such beautiful plays and dramas. Also the film was made with very great understanding of the subject. I would say that we should put our hands on all kinds of art styles and try to see what we can produce, because there is so much talent in Sahaja Yoga.

This is only in five countries we have got all these talents, but otherwise if you see in every country we have such talents, and with Sahaja Yoga, see, they have become real artists and great artists – so we should utilise them and try to make something creative, because nowadays the whole world is nothing but art. Because people want to see good plays, they want to hear good orchestra, and also they like to have something very much – what you can call – musical dramas and all that.

So I would say that we all can work it out very well and find out the talents within us, which is amazingly is hidden there. Because now you are realised souls, you'll find it's very easy. I've known people who could never get onto the stage to speak even, absolutely so frightened, so I pushed some of them up.

And now they are very great orators. As great orators they have occupied very high positions in life now, and they are doing very well.

But this is what it is: you must have courage and you must have faith in yourself, that you have achieved something, you can express yourself very well. That is going to give you a very good exposition I should say, or a rise in the whole atmosphere of art. There you will be recognised, I am sure you all will be recognised, because you have special talent like this artist has: he is a realised soul, but you are all realised souls.

So also in painting you can work it out, I was happy so many sahaja yogis are learning.

So it's [a] very good idea. And also I am also very much touched that this academy of music, which you have started in the name of My father – because he was very anxious that our Indian music should go all over the world. And this Academy is doing a very good work and is creating such great artists, that unbelievable they are.

Very, very, really talented people. But still, the way they have prospered looks like Sahaja Yoga miracle. And this Academy was, Babamama was telling Me that he can have for three months over here in Daglio, three months during summertime, for the sahaja yogis to come and learn, so all of you will become great artists (...).

It's only Italian government should give us visas, you see, they're very difficult. They are the most difficult people I don't know, Italians: who wants to settle in Italy? But they are very troublesome. And if they allow us to start this academy here, with all the rules and regulations and things, whatever it is, then it's a good idea, we can start it.

We have Daglio already here and during summertime people can come and learn. And you learn so fast, in three months you become experts! In tabla like Allah Rakha, sometimes, in sarod... I mean, really you out-beat all these great artists. So it seems you have entered into a new realm of special energy and dynamism.

May God bless you all.

1997-0504, Sahasrara Puja: At Sahasrara you stand on Truth and go beyond Dharma

View [online](#).

4 May 1997

At Sahasrara You Stand On Truth And Go Beyond Dharma

Sahasrara Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Today we all have assembled here to worship the Sahasrara.

As you have realised that Sahasrara is a very important part of the subtle system.

Of course, this is a great day, in 1970, that this chakra was opened up. But by that, what you have achieved, we have to see it.

First of all, when the Kundalini rises she goes to your Void, where is your dharma.

And your dharma gets established at the Nabhi Chakra, we can say, around the Nabhi Chakra. Your dharma gets established which is the innate pure universal religion, is established.

But then the Kundalini rises higher. Despite the establishment of the dharma, we start becoming little bit aloof from other societies, because we find they are adharmis – they have no dharma. Also I think we are afraid that we might get caught up with their adharmas.

So, at that stage, we don't want to cross the limits of Sahaja Yoga. We want to keep to Sahaja Yogis, to Sahaja Yoga program and to our personal Sahaja life.

Of course, it's important, because first this chakra must be fully nourished. And this chakra is actually moves round the Nabhi Chakra, which we know as Swadishthana.

This Swadishthan chakra is, in a way, very important because it supplies energy to the brain.

So, when dharma is established, the subtle energy pushes through the Kundalini more energy for the Sahasrara. And also the energy for dharma which was in the Swadishthana, also starts flowing with it. It crosses over and starts rising in the Sahasrara.

Till then we are, I would say, we are not yet full Sahaja Yogis. Because one can become fanatic about Sahaja Yoga.

I have seen people who are so fanatic that they cannot even meet people who are not Sahaja Yogis. They cannot even talk to people who are not Sahaja Yogis, and all the time they are frightened of meeting people who are not Sahaja Yogis.

Of course, you need not meet people who are evil, people who are against Sahaja Yoga, who talk against it. But those who are seeking the truth, it is our duty that we have to go to them.

So, when it reaches the state where it is established in the brain, that time, we go beyond dharma: dharmatit. We become 'beyond dharma', means that dharma becomes part and parcel of our being. We cannot lose it.

Sahaja dharma becomes, within us, a part and parcel, which is a very great achievement because then you don't have to do any rituals. You don't have to worry about meeting other people. You don't have to worry that your vibrations will be harmed.

Then you don't catch from anyone. You don't catch also other negative forces. No one can harm you. That I call as the 'completion of your shraddha'.

That time, Sahasrara is so fully enlightened that you become dharma.

For example, we can give the example of Christ. Christ saw a prostitute being stoned. Now Christ had nothing to do with the prostitute, I mean, just the opposite of it. But when he saw she was stoned, he took a stone in his hand, and he says that those who think, who have not sinned at all, can throw a stone at me, and everybody was stunned. Why is he taking the side of a prostitute? He is a religious man. He should also put stones on her. But He was standing on truth. That's exactly what happens to you when it is established in Sahasrara that you stand on truth.

There's a little difference in the, I would say, in dharma and in truth. A dharma person might become too dharmic, illogically dharmic. Can go to the right or to the left.

A dharmic person might think he is the superior person to others. That, why should he try to save anybody else, let them go to hell. Who cares? This kind of an attitude can come in a person who is dharmic.

Also I have seen some Sahaja Yogis, who start new methods in Sahaja Yoga. You do like this, so it will be alright, you do like that, it will be alright. Because they are now stagnated at the point of dharma. So they start telling people that you do this way, do that way.

But when you rise to the point of truth, then you don't do any rituals, you don't need any rituals. You are not bothered, because you are in dharma and here you are standing on the truth, and truth is much greater than dharma.

For example a person who is standing on truth. He doesn't care for any absurd ideas about religion. Even about Sahaj religion. He doesn't care that "After all this is Sahaja, this is not Sahaja." He goes beyond. In the sense he sees a global truth within himself.

He sees the truth which is all-pervading. Not only sees, but he knows and he feels and he is in that truth. So when dharma flowers into truth, it's a very beautiful happening, and that should happen to all of you.

So many things can linger on, if you are only on the dharma level. I've seen people going into ego. Making money. Sometimes they don't even ask me and go on doing things which they should not do. They do wrong things which are not good for Sahaja Yoga. There is no humility about it. And they don't understand that whether this dharma is standing on truth or untruth.

So, we have to go to the foundation of dharma – which is Truth.

As described before, it's a Tree of Life which has got its roots up in the brain and the branches in the body. So you have to go to the roots of everything, and that is the place where you reach when you are absolutely established in Sahasrara.

In the Sahasrara are the roots of all these ideas we have, or we can say all these swarupas we have taken.

We have now become dharmic. What is the root of dharma? Why should we be dharmic? What is the need to be dharmic?

There are many people in this world who are extremely adharmic, living very well. According to, I mean, outward expression we feel that they are very happy people, they are all right, they are enjoying themselves, while we are deprived perhaps of all the so-called enjoyments of these people.

So, at the state of only dharma, things become very important to us which are... may not be standing on truth. There are so many things like that, I can point it out to you, that, how Sahaja Yogis falter. Even after achieving dharma stage they falter.

I have seen people giving up their drugs, alcoholism. Giving up other kinds of addictions. Even their language improves and their, we can say, behaviour is changed. They become humbler people, no doubt. But still they are conscious that they are standing on dharma. This consciousness has to disappear!

At the stage of Sahasrara, this consciousness disappears because Truth is love and love is Truth. That is the point where the Kundalini meets the heart chakra. As you know the peetha of heart is here. So when the Kundalini pierces through that heart Chakra, what starts flowing in the brain, in the Sahasrara is the Truth, but Truth that is love.

There's a difference between Truth as itself and Truth that is love. So out of love for that prostitute that Christ stood by her. He stood on the roots of Truth, no doubt, but what was flowing through his heart was the love, the Pure Love. So now when we have pure love for someone, we see the whole thing in a different manner. We see a person in a different manner. And it becomes very sweet.

Otherwise truth can be very bitter, can be very painful, but Truth which is adorned with love is just like a flower without the thorns. It's very interesting how a person who is pouring with love and is standing on truth. That's the personality you have to become.

Now in the expression of love we can take an example to understand.

Supposing I meet somebody and he is telling all kinds of horrible things about another person. So I feel tremendous love for him as well as for the person whom he is telling all these things. So now I take to lie, a complete lie which is a truth also in a way. I tell that person, "See, what are you talking? The person about whom you are saying all this, has been just praising you all the time, and here you are talking like this!" Now, this is not the truth, actually. But you take the help of the lie, the other side of the truth, to bring out a friendship between the two persons.

So this is what is the work of love, that, it tries to bring people closer to each other. To say things by which they become one,

united.

So, all the divisive methods that we have used so far, just disappear and we try to understand what is the method by which we can join people's hearts.

As it is you are in Collective Consciousness. But this Collective Consciousness if it is superficial you can achieve great results like as you have done it. Maybe you can build beautiful ashrams, you can do all these things. But when it is filled with love, Collective Consciousness, then the joy is complete of Collective Consciousness.

Now people talk of peace. You cannot have peace without this new awareness, we call it Collective Consciousness. But in that also there has to be the main tattwa, principle, of love.

For example now Sahaja Yogis say from Germany and Austria are going to Israel. It's very fulfilling. I was happy that they have chosen for this Puja people from Israel.

And then I found Israelis coming to Egypt. Forgetting all that Muslims have done to them.

It's really remarkable how people get attracted towards expression of their love to their fellow men, to other sahaja yogis. And once it starts growing, you will be surprised how we can change this world.

Most of the problems, human problems, are due to hatred. And it is very commonly used: "I hate, I hate". It's absurdity. It's a sin to hate someone. Why do you hate someone?

You can hate the sin, you can hate the evil, but you should not hate people just for hating's sake. This hatred that we have is responsible for all the problems we have had so far. Because one person becomes very powerful. By dividing people he becomes very powerful. And these divisive things have really crushed so many countries.

For example our country was divided by the British. Now they are having the division. This doesn't stop. By dividing us what has happened? All the countries who have gone away from India are suffering very much. Those people who tried to divide the country thought that they'll become Prime ministers, this, that – most of them have been murdered by their own people. You can see clearly how hatred manifests itself. It starts from a small point and it manifests all over. Very clearly it can be seen in any country being divided.

There is no need to divide any country. That creates more hatred and more trouble.

In the same way in Sahaja Yoga. We should not think of having divisions.

Now we have got a beautiful land, as you must have heard about, near the Ganges. Now people are thinking if they can have separate houses, separate compounds.

Why? You know how to live collectively, you enjoy collective life, so why do you want to have separate houses? What secrets are we going to have from each other?

After all, whatever we do is known on the vibrations, you cannot hide anything, so why have separate houses? Why do you want to have some privacy? Because in Sahaja Yoga, there's no privacy. We know about everyone, what are they up to, what are their problems, what chakras they are catching. Isn't it?

So there is no secret about anything in Sahaja Yoga. Everyone knows about everyone. So, what's the use of having privacy also, I can't understand. It's like this, you see, still the mind is working like that.

Then they are thinking of inheritance. All right, I was saying that you can have inheritance, but if your son is not a sahaja yogi, what to do.

We cannot keep a culprit there, to trouble everyone. It is not the rules and regulations that are going to keep you happy and joined together, but it is the pure, Collective Consciousness and It's love. Because as you know we have no proper organisations, we have no clergy-ship we have nothing like that. Leaders also can shift, more times than Ganges river can shift its course. So there is nothing like that. It's all on a shifty sand we are standing, all the time, and Your Mother is another one who tries all kinds of tricks.

The reason is, I want you to stand on rocks. And this rock is emitting love, is emitting that divine love. And the joy of that love is really so beautiful.

For example people would like to have their separate bathrooms, especially Indians. Suddenly they have become Britishers and Britishers have become Indians. Indians want to have their separate bathrooms, I don't know why. And this is a very common

disease with Indians, and it is also spreading to other people, I feel sometimes, that they want to have their separate bathrooms. In a collective life there's no need! You don't even know, I mean if you ask me, I wouldn't even know if I have been to bathroom or not. Just go there, come back – finished! I've no time for all that.

In the same way, you also should have a concept of a society which is living like a ocean. If ocean rises – they rise, if falls – they fall. Just one unison of love.

I am expecting that kind of a society at the foothill of Himalayas. And I'm sure you, all of you, will realise that, Himalaya being the Sahasrara of the world.

Luckily I wanted it to be done before the Sahasrar puja, and it is done. With the blessings of Himalayas I should say.

But Himalaya is also like a Sahasrara where the Kundalini has risen, where the vibrations have come out. And in the sky you can see the vibrations. But this Himalaya is ruled by a wrathful God called Shiva! That's the dangerous part of it.

So we have to be very, very careful. If we try to play around, if we try to take to hatred among ourselves, take to divisive methods, take to something that is not Sahaj, this wrathful God is sitting on our head.

He is also in Mecca. This is Makkeshwarshiv there. If you try to misbehave, he comes out with his wrathfulness.

Anywhere you are, you have to be very careful that this Shiva is everywhere.

Like one of these lingas of Shiva is in Berdi Baidnath, that is in Maharashtra, at Latur. As their people started another kind of sahaja yoga. Also they were drinking on the day of the Shri Ganesha's isurgen, so the wrath of Shiva linga came and there was such a big, huge earthquake, in [which] many people were lost. But none of the Sahaja Yogis, and their centre was saved completely.

Now we had a big fire also, as you know last time (in Ganapatipule), and nothing happened to you, you are under protection. You are all the time protected. There was no wrath of Shiva that could work out anything. Fire could not do anything to you because you are under protection. But this protection is Your Mother's love. Is not anything else but the love of Your Mother, which is very powerful and which is protecting you and helping you.

In the same way you develop that kind of love for others, for other sahaja yogis, for other people, for other things, for this Mother Earth, for all that.

Your love can not only protect you, but protect others also.

Your attention as long as it is on yourself will start becoming smaller and smaller. "I should have this, I should have that, I like this, I like that." All these topics will fall. You will never say "I like this," no question!

What do I like? It's difficult for Me to decide, if I like anything. "This I like, that I like. I like to be this way." Who are you? Ask yourself the question. Who are you? If you are the Pure Spirit, it is nothing but love. And in love you think of others, the problems of others, you try to make others comfortable. You try to look after others and you don't just look after yourself and bother about yourself. This is what you have to reach.

Though you may be dharmic, you may be in every way sahaj, but still, unless and until you reach that state in your Sahasrara I wouldn't say that you are all right.

You have to work it out.

For that of course meditation is very important, but the thing that stops it, is your mind. Is your mind that goes on telling you. All the time you watch your mind, how it tries to guide you, how it tries to tell you, "Now what about me? What about my house? What about my children? What about my country?"

Like that you go on "My, my, my, my, my," ultimately you end up into nothing. But when you say, "You, You, You"... Kabira has said a beautiful thing about it, he says that – when the goat is living, it is saying (in Hindi) "Mai, mai, mai" means "I, I, I". But it dies, then they take out the intestines and put it on a dhunki, which they put it for the cleaning of the cotton, and [at] that time, what does this dhunki says? "Tuhi, tuhi, tuhi", "You are the one, you are, you are, you are." And that echoes all over.

In the same way you have to think from other's point of view. First of all, Tuhi, when you say, you say it to your Guru or to God that "You are the one, I'm no more, I'm dissolved, I'm finished, I am become one with this ocean of love."

And then you say to others, "You are, you are" – that is Sahaj Culture.

See, so, lots of falsehood will fall off. Falsehood that surrenders you and others.

Like people try falsehood by saying something: "I love you very much", and on the back they plan something very bad. They can do anything.

Not sahaja yogis, they don't do it, I must say that they have reached that state where they don't do it. But still if they don't do it, they are conscious of it. All the time they are conscious, "We don't do this, we don't drink." So what? "We don't fuss about food." I mean, all their things they have achieved, they are very proud of it, you see, very proud that – "We are like this, we are that". You see, because you are the Pure Spirit, because you are that, so you have become that. How can you take pride in something what you are? Like somebody asked me, "Don't you feel very proud that you are Adi Shakti?" I said "What?" (laughter) I couldn't understand the question. I said, "See now, if I'm Adi Shakti, what is there to be proud? Because I am that. What is there to be proud? If I was not that, then I would be proud of it, but I was. So what is there to be proud of?" (Laughter)

Like the sun, you see, it shines, is not proud that "I am the sun!" Or if you are born, say, with your eyes and nose, a face like a human being, you are not proud, "I am a human being! I am a human being!", Are you proud?

In the same way if you are that what you are, you are not proud, you are not conscious about it. Not at all conscious. I mean, I never tell myself I am Adi Shakti. There is no need to tell, but it is so, what to do? Now God has chosen me, I should say, to be the Adi Shakti, alright, I can have it.

But I just don't know what is there, as if like some people think that sahaja yoga has been bestowed upon them like some Lordship or something like that. [It's] not that. It is what you have become! When you become, one must understand, that you have become that.

Like supposing a stone becomes gold. Then it is gold. It won't be proud that "I am gold". Gold is gold. Why will it be proud of that?

In the same way this consciousness of being a sahaja yogi drops out.

Still it lingers, so one has to be careful, that once you are a sahaja yogi, you are a sahaja yogi, so what? "I'm a sahaji, so what? Nothing so great.

It's like saying that "I have a nose," you see. To be proud of saying "I have a nose," you see. What is there? Nose is already there, what is there to be proud of?

But this pride has to go away. That's very important to realise, that "I'm not there, I am no more. I am one of the whole. [It has] become the ocean, this drop of mine. I don't know if there are any boundaries left in me."

This kind of consciousness develops in you, when your consciousness is filled with joy only. Just with joy and bubbling with love. Bubbling with love. You go on, you see, expressing your love, whether you talk or you don't talk, whether you say about it or you don't, whether you are smiling or not. This joy is in your heart.

Now the heart chakra here (in Sahasrara), the peetha of the heart chakra, gets filled with the light of Truth.

But that Truth is not such an absurd thing that we know of as Truth is. Somebody asked Me "What is the truth?" So I said that "It was written, long time back, that you should speak the truth and speak something that people will like." – "Satyam vadet, priyam vadet."

Then people said "How can you meet these two things? Truth may not be palatable and could be something that you say which people like maybe false. So how to make these two things meet?"

So Krishna gave a very good answer. He said, it's like this – "Satyam vadet, hitam vadet, priyam vadet."

You say the truth, truth you must say, but that truth should be good or should be liked or should be appreciated or should be nourishing for your Spirit, by which there is benevolence (hita), which creates benevolence. And then it has to be priya. In the beginning people may not like and say that, "He said horrible things to me" or whatever it is, but at the end of it, he will say that, "See, it's so good that this was said to me that I have done something perfect". But in any case there is no need to say something very harsh or hard to anyone. That is not your job to go on correcting all the rest of the people. To begin with many sahaja yogis I have seen have been saying, "You've got this chakra caught up, you've got that chakra caught up!" All this is the play of ego.

You have no business to condemn anyone. You have come from such a condemned condition yourself, so why are you condemning others? Only thing is, if you are capable, if you are equipped, if you are matured enough in sahaja yoga, then you will just take it up as a great challenge of love. And you will do it.

But you won't go on condemning that person, finding faults with that person. It's a very good excuse if you don't want to do it.

Supposing somebody is sick, and the doctor doesn't know how to cure, so what does he do? He says, "You see, you are sick because this happened, because you went in the cold, because this..." "Arey babaaa! Yes, but now I am sick. So what about curing me?" "No, because you did this, because you did that, you should not have done this!" All about the past mistakes he'll go on.

In the same way we go on, that "You did like this, you were like this, you went to the phalara* guru, you did this kind of a mistake, That's why you are like this." No! Don't tell him anything! Just work it out and it works.

Of course, you can ask, if he has been to some [false] guru, but don't condemn, don't criticise, there is no need to condemn anybody for what mistakes they have committed.

This is all coming from the consciousness that you are better equipped, that you have all the knowledge. You have, you're very knowledgeable people, I must say, very knowledgeable. You are the gnostics, all that I accept. But as long as you are aware of it, you are not. Once you are not aware of it, then you are that, what is called Sahaja Yogi.

So, I would expect all of you to have this new development in their Sahasrara. In your Sahasrara. In everybody's Sahasrara.

We have to think of the whole world. We cannot just think of Sahaja Yogis and also about the seekers. Seekers are there, all right, but what about the rest? There's are so many problems they have. And so many things are to be done. For example, now we have a problem in India of poverty. So, I'm trying to do something for them. You have problems in your countries. You should find out what problems there are. You can start some sort of a movement for them, try to help them as far as possible. It's not missionary-like, that you convert somebody for some sort of a reward, or for some name you have to do it. You just do it for your pleasure. Because it's your pleasure to do it. That's how you will go to the society and you won't be afraid that you will be caught up.

I know of one couple when I asked them, "Why don't you start working it out?" So they said, "Mother, we are afraid our ego will come back." I mean they are afraid of themselves only, (laughing) that their ego will come back. So, all these problems should be dropped out and you should reach that state where you don't have all these fears, all these nonsensical ideas about yourself.

You are powerful. You have powers. Not only that, but you have been specially bestowed with those powers. But if you don't use it, then what are you? If the lamp is not enlightened, what is this lamp for? Just for decoration?

So this has to be used. And this has to be used without feeling that awareness within you that you are something great, better than others, something selected or also they say that "We are chosen."

So, this can spread very fast with such grace and understanding.

All kinds of stupid people are there, it's alright, you know they are stupid people. Just laugh at them, make fun of them and that's how you can solve the problem. But even that, you should do it in such a way that you don't hurt them. That whatever you do, you should see from the results, what works out. Results should be such that you should see how it works out. With some people... That's the intelligence, I think, that's the superior intelligence by which you know how to say things, what to say things, how to work it out.

Love, this Divine Love gives you a complete control over yourself. And you know everything, how to behave, how to talk to people, how to manage them.

I don't know what is the worst thing among human beings. According to Krishna it was temper, hot temper, was the worst thing. But according to Me it is jealousy.

Jealousy of any kind is absolutely, I should say, like a scum. In Sahaja Yoga also people feel jealous, and they may not say so because I don't like it, but they may create a problem. They may try to create problem among each other.

So one thing you should have a watch on your mind, if there is any kind of jealousy. I'm rather worried sometimes. Supposing I want to give some present to some people. Then I'm worried that I shouldn't do something that will create jealousy. We should not. Mother might have forgotten or, it's alright, She is running short of it, it's alright.

But people have that kind of a very sharp sense of jealousy even in Sahaja Yoga.

Now supposing I meet somebody and I don't meet somebody else – finished! That person develops a jealousy for the person whom I meet.

Sometimes people pester Me too much. "Mother, I must meet you, I must meet you," I don't know why. Why do you want to meet Me?

I am all over, everywhere as you say, then what is the need that you should meet Me and talk to Me, what is the need? It's not for you alone, I am, I am for everyone. But some people think that they have a special right on Me and they think that I must meet them, individually. Otherwise they feel very bad.

All these things have to go away in a big way when you become, as I said, the ocean. Then you are not bothered, what shore you go, where you travel, you are not bothered. You are only with the ocean moving up and down.

That is how it's a living ocean of love. And that's what we have to develop it. Without dominating others, without showing off. It should be, the whole thing should be contented within oneself. In Hindi is said better "Apne me samaia hue" It should be all within yourself and that's the most enjoyable thing, because, you see, what we want, supposing I want something for myself you see, so I'll strive and get it.

But this is something, if you have within yourself, you, fully filled within yourself. So what is most important, what is so much needed? Nothing.

You are completely filled with yourself, contented with yourself, and then you want to share. This is the ideal way of dealing with Sahasrara, I think, and I am sure a day will come, this whole world's Sahasrara has to be opened out.

This is what we have to do it, and we are not going to disappear into some exclusive places. That is just for meditation you can go there. But not for escaping the world, that is not the idea. Idea is for meditation, for your growth it would be a nice place to go to.

It's very important to understand how valuable you are, how remarkably important you are. Born at this time, got your realisation. For what?

To emancipate this world, to transform human beings, to take the whole of this world into the realm of God. That is what you are here for.

May God bless you.

*(Phalara means in Hindi "such and such", so the translation should be "such and such guru".)

1997-0524, Talk: Sahaja Yoga is now on your shoulders & Evening Program Adi Shakti Puja

View [online](#).

24 May 1997

Evening Program

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Talk before Adi Shakti Puja (at the End of the Evening Program), Cabella Ligure, May 24th, 1997

It has been a very, very joyful evening for all of us. And we thank all the people who have brought all kinds of entertainment for all of us. I'm really amazed because last time I couldn't go to Spain despite they had invited Me, but I think somehow it has taken roots there, there are so many people who are now involved in Sahaja Yoga.

It's very important that places like Spain should have many more sahaja yogis I think, I always thought, because it's a country visited by so many people, so cosmopolitan, and there are quite a lot of Turkish influence also.

Despite that we found it was not so much encouraging (Shri Mataji laughs), and Jose was extremely upset with the whole thing. And he said: "Mother, what has happened to these people here?".

It's alright now, as you see, it's very encouraging, we have so many beautiful singers, musicians from Spain, and there are so many people here who have come to entertain you with their beautiful, melodious music – specially their rhythm is something really extraordinary.

Indian music has a rhythm of its own, but it's very bound by its systems, while I find here is absolutely a freedom to play whichever way you like, your tabla whichever way you like, your rhythmic patterns, which is a very great thing to achieve also that freedom despite the fact that it keeps the rhythm on.

Now the another thing we have to now say about the way Belgian people have sung very well, and the way they have shown their love.

Belgium is another very important country, where of course there is European, as you know, capital, and that's a very important country where I'm very happy that Sahaja Yoga is taking its roots.

Last time I was so happy because the leader from Belgium used to always say: "Mother, now what to do, this Belgian government is funny, and the Belgian people are funny", and all that. Suddenly he said: "It's become different now". I said: "Why?".

"Because newspapers are only writing against the Catholic Church and they have forgotten us completely". (Laughter and applause)

That's very a promising thing that people are now taking to Sahaja Yoga in Belgium in such a serious manner, and they must understand their responsibility as they have got the capital of Europe with them.

So they have to be people of very lofty ideas and of very high culture.

I must say for art, they are real artists there, they really respect art, and they have a great sense of art, even now after all this modern art has come, all these things have come.

But I think that the number of artists we have in Belgium in Sahaja Yoga are the largest in the whole of Europe, it's surprising, but there are so many artists in our Belgian Sahaja Yoga, that sometimes I feel that it's a combination, say, music coming from Spain, and from Belgium this art is coming, it's really great.

Now we have Holland, and Holland also now coming up in music, I must say, but the way they showed the sahaja yogis to begin with, how they are and how gradually they change when their ego and their... (She laughs) superego burst out is very realistic.

I've seen this (laughter. Shri Mataji laughs). I'm sorry (Shri Mataji laughs, laughter).

I've seen it, you see, sometimes (laughter) that some sahaja yogis, you see, in the beginning, they are not all of them like that they were showing in Belgium (She corrects Herself) in Holland, but some sahaja yogis in the beginning, you just don't understand them what they are talking about.

And – see, they just start talking so big and, as if they have read too much maybe, or they are too much conditioned, whatever it is.

Then you just look at them, with understanding there's something wrong somewhere, and ultimately really the conditioning goes away and the ego also bursts out, and then they become very good sahaja yogis.

But so many sahaja yogis are there who just jumped into Sahaja Yoga. That's something also very remarkable. But sometimes who jump very fast do not go very deep, it's a very funny thing about human beings I can't understand.

That sometimes they take time to take to Sahaj Yog, and once they take to Sahaja Yoga they go very deep.

And sometimes they take no time, they just jumped into it, and then afterwards you just don't understand why they are still at the same point, same height, and they're still not going deep into it.

So it's all has something to do I think with all the education one must have had, or maybe the way they are brought up, or maybe their childhood, or maybe some psychological problem – or could be some sort of a egoistical treatment they have developed or some sort of a complication within.

But that doesn't matter, ultimately everybody comes up and become a very good source of Sahaja Yoga.

Sahaja Yoga is now on your shoulders, you have to look after it, you have to spread it.

Music is one way you can spread – in India, Maharashtra specially, every Saturday they take a truck, on the truck so many musicians go from places to places, and they arrange the program there, give a program and then talk about Sahaja Yoga.

Like that it's spreading very fast, that way, even in Delhi. In Delhi I was surprised which I used to think is nothing, absolutely an empty shell, but Delhi has become so great now.

Because the people started going round to other villages, and spreading Sahaja Yoga, and developing that confidence within themselves.

The confidence comes when you give realizations to others. Apart from that, the joy that you get by giving realization is the greatest. You – as if like a mother when she gives birth to a child, how happy she feels. In the same way you also feel that you have been able to give realizations to others, and that is how Sahaja Yoga spreads a lot.

Now from Finland, I'm very happy that people have come all the way from Finland, because so far I didn't go to Finland, and they

have been doing some work also in the Belarus – is that right? (Somebody says something)

Yes. So you see, it's a thing they are moving out from their place and going to these places which I may not be able to reach. And other Scandinavian countries are also represented here, and I wish I could go sometime to Scandinavia to spread Sahaja Yoga there.

I've been there, but – I've been to Finland also, as I must say, but I didn't do any work for Sahaja Yoga there (She laughs). So, you see, Finland I went later on, but other Scandinavian countries also I wish I could go, and if My health permits and My age as you know is – traveling becomes rather difficult for Me.

But in that case I would request all of you to do something in all these countries where I may not have touched or maybe Sahaja Yoga is not growing.

Where Sahaja Yoga is not growing you should go all out to help them. It's a very remarkable thing how we come from different countries and different cultures, speaking different languages, and how we understand the language of heart, language of love, which is Divine love.

So tomorrow will be our great Puja of Kundalini – they call it Kundalini Puja, or Adi Shakti Puja, whatever they may call it – but I think I'll be able to say something new tomorrow for all of you to enjoy. I cannot entertain as you can entertain, but somehow I've seen that My (She laughs) – whatever I'm saying you all listen to Me so intensely that must be some entertainment there, I think so (laughter).

So may God bless you all.

Have a nice evening and sleep now. And tomorrow morning I have asked some people to see Me. I hope they will come and see Me and I'll be very happy.

May God bless you. May God bless you.

[End of audio]

1997-0525, Adi Shakti Puja: Respect the Mother Earth, Why are we in Sahaja Yoga?

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25 May 1997

Respect The Mother Earth, Why Are We In Sahaja Yoga?

Adi Shakti Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Adi Shakti Puja. Cabella Ligure (Italy), 25 May 1997.

Today we are going to do the Puja of Adi Shakti. It's a difficult subject to talk about Adi Shakti, because it's not easy to understand that Adi Shakti is the power of Sadashiva. Sadashiva is the God Almighty. She is His breath, as they some people call it. Some say She is the desire and some say that She's the entire power of Sadashiva, and Sadashiva cannot do anything without Her powers.

This subject has been described by many people in various books in different ways. But actually we need not go to the background of the creation of Adi Shakti, for that at least you'll need seven lectures (Shri Mataji smiles). But we'll come to the point when Adi Shakti started working on this Mother Earth. The first thing is we must know, that She created a Kundalini in the Mother Earth itself and She created Shri Ganesha out of the Mother Earth, it's very interesting. So, the Mother Earth becomes a very important thing for us. If we do not know how to respect the Mother Earth, we do not know how to respect ourselves.

The expression of Adi Shakti within you is the Kundalini, no doubt. That is the reflection of Adi Shakti in you. But the reflection in the Mother Earth is also expressed, as you all know, in different places, different countries, different cities, as the manifestation of chakras and Adi Shakti's creations.

It was very important first to create a very holy Mother Earth for human beings to be born on that. So, the reflection of the Adi Shakti as Kundalini first was on the Mother Earth. Kundalini is, we should say, is a wee part of the Adi Shakti, or we can say that She is the desire, pure desire, of the Adi Shakti. So, Adi Shakti is the desire, complete desire of Sadashiva; and Kundalini, Adi Kundalini is the desire, complete desire of Adi Shakti.

Now this one was first expressed in the Mother Earth, inside the Mother Earth. Inside the Mother Earth, the Kundalini came up in such a way that it cooled down the inner part of the Mother Earth as much as it could, and then it manifested on the surface of the earth as different chakras.

So, it's tremendous similarity that we have with Virata, the Mother Earth and the human beings. If all of them are being reflected by the Adi Kundalini so there has to be a great connection between them. It is not understood by human beings how they are connected to this Mother Earth. This Kundalini passed through different centers, creating different centers in the Mother Earth and ultimately broke through Kailasha. And I don't know how many have you been to Kailash you'll see tremendous vibrations flowing out of Kailash.

Now the way we insult our Mother Earth, what we are doing is we are insulting the Adi Shakti. So many ways there are we should respect the Mother Earth. I mean it was an Indian custom to begin with, when you got up from your bed and you touched the Mother Earth with your feet, you have to say, "Oh Mother Earth, please forgive me because I'm touching You with my feet". All the movements of Mother Earth are controlled by this inner Kundalini, which is the reflection of Adi Shakti. The gravity that it has also is the manifestation of the Kundalini of the Mother Earth.

Now, why we are suffering in this beautiful planet, because we do not respect what we have to respect the most. Mother Earth is to be respected, meaning what? Meaning that whatever is created on this earth, by the movement of the earth, by the sea, by all

the elements, has to be respected.

Today's problem is pollution, all kinds of things people talk of. The reason behind it, people never understood the importance of all these five elements which are supportive of our life. So, to respect the Mother Earth people do Bhumi Puja. Many people, when they are building a house, they will do the Bhumi Pujan, means they will respect the Mother Earth, because if She is not being respected maybe there could be an earthquake, which means that this Mother Earth understands, knows and acts. It acts in such a manner that human beings don't understand why such things happen.

Now, we can say that, in a place called Latur, it was Shri Ganesha's fourteenth day and they had to submerge the statues into the sea or into the river, so they went all out, singing, dancing. After coming from there they all started drinking, and drinking is not liked by Mother Earth at all. If you are drunk and you are walking on the road you'll fall down. It so happened with their drinking that a big earthquake broke in, and all those who were dancing, were drinking, all of them were engulfed into that earthquake by Mother Earth. Only our center, which is there, was surrounded by a big gap but nothing happened to our center and not one single Sahaja yogi was ruined by that.

We can understand because we are sahaja yogis, how the Mother Earth has acted to save those people who were sahaja yogis. So the understanding of Mother Earth about saints is very great. She knows who is a saint, She knows the feet of a saint and that's why, you know so many things were created, like Moses, He went to the sea and the Mother Earth came up, for them to walk through. If all the Jews had walked, it would not have worked, but it was Moses and His saintliness that the Mother Earth Herself came up and helped.

In the same way, when Rama was building a big bridge between Lanka and India, the Mother Earth came up as a bridge. So, we should not try to curse the Mother Earth for any mishaps on this Earth. If people are saintly they will be always protected by Mother Earth. She will always try to give them whatever they want.

You can see in the minute way, that supposing now, in our Cabella here, the roses are of such a big size, such a big size roses, you won't find such big size in the whole world. But we have here, such big ones. In Pratishthan, we had flowers of sunflower so big as that. One man could not lift it. Now, how is it all this is happening in particular places? Is the Mother Earth who knows who is living here, who is walking on Her back we should say, or on Her soil, because Mother Earth understands vibrations.

Now, certain places we say that are very holy. How have they discovered that these places are holy, because of magnetic forces. The magnetic forces in England, I was surprised, were crossing each other at a place called Oxted where we lived. They were crossing since long, but we lived there later on. So, Mother Earth also organizes and arranges things for saintly people. It's very interesting to see how the Mother Earth guides you in a proper way. I mean, I don't know how many instances I can give you. But we don't understand the value of the understanding of this Mother Earth and Her loving protection for all the saints.

In the same way, we have to understand how the whole atmosphere, the rain, comes in at the right time, the moon, the sun, everything works out in such a beautiful manner because they know it's a saint. They know these are saintly people sitting here. They know that they are pure people, that they are the essence of life and they should be looked after, they should be cared for, they should be bothered for. It is not bothered about people who are of no use.

For example now for Hajj, so many people went and so many were killed. Some went to Amarnath and they were killed because they were not saints, just ritualistic people, going for a ritual which, in the discretion of the Mother Earth, was of no avail and of no advantage to them. But nobody learns from this, nobody learns. When so many people were going to say, Amarnath were killed, Pakistan said, "See, they should not have gone to this Amarnath, it's a false place, why did they go there? And by going there what has proved is that it's not a holy place". But when the Hajj thing took place, they had nothing to say, they didn't know how to explain this Hajj business and the killing – (She corrects Herself) dying of so many people. The reason is this, that these people have been going to Hajj all the time.

Once there was a stampede with thirty-two thousand people being injured and troubled and killed. Now this is it. Now, what is

Mother Earth suggesting, that going to these places, holy places, they are really holy, no doubt; going to these places, you are not doing any spiritual ascent. You are not achieving anything by going to these places, which are really holy. That cannot be challenged. They are holy places.

You must be knowing that I was born in Chhindwara, and Mecca and Chhindwara are on the same Cancer line. How is it? What is about Mecca? Mecca is Macceshwarshiv – it's a Shiva.

Why did Mohammed Sahib ask people to worship a stone? He didn't believe in stones, He was against all kinds of idol worship; then why did He say this black stone, which is there, has to be worshipped, for that people have to go there. What was the reason? Because He could feel the vibrations, He could feel that it's a swayambhu, so He said it.

So, all the Muslims like mad are going there. By going there nobody has improved, I have not seen anybody improved by going to Mecca. It's just a kind of a ritual. They think if they go there, when they will die tomorrow they will tell God, "See now, we have a certificate, we have been to Mecca."

Like our pope once upon a time used to give certificate, that when you go to heaven, you can show the certificate that now you are a real Christian. In this way, all these artificial things came up, but there is reality behind it. The difference is the reality is for the real people and not for false people. But this ritualism has grown too much.

Like in India we have many swayambhus created by the Kundalini again I would say, and which are really worshipped. I've been to most of them and I was surprised that most of the pujaris were suffering from some sort of a serious disease. Like one was a paralyzed fellow. He said, "We are serving this God here, and You said this is swayambhu; then Mother, how, why is it we are suffering from this disease?" I said, "Because you are just making money. You can't make money out of God. If you don't want to serve God, you don't stay here, but if you want to serve God, then you can stay here, but don't make money out of this". It's very common, I have seen, those people who make money get paralysis, I've seen it.

It's a very deep understanding all these elements, Mother Earth, everybody has about everything. Because their Kundalini is not like your Kundalini, which is, though in itself is pure, but because of your human endeavors, human mistakes, ego, superego, all sorts of nonsense, the Kundalini is not so sensitive, nor does it tell you what is happening. It has to be very alert, sensitive spirituality within you, by which you can say immediately what you think, what you know, what you understand about anything.

But the problem is that this doesn't exist. Why is it you should not be so sensitive? On the contrary, I have seen, if their mind works against somebody, then they start saying, "You are catching on this, you are catching on that, you are catching on that". Actually, the person who's saying that is catching. So, with this thing one has to understand that if we are the true reflection of Adi Shakti, then we should be pure, absolutely pure, like the white snow. Even one black drop – that's why I wore today the white sari - falls on the white, it shows. You should be so white that anything, any minute black spot also should be seen by you, and in others also to be felt by you. If that height is achieved by pure life, by pure thinking, by pure heart, it is not necessary to manipulate anything; no, no need at all. It's all natural like the Mother Earth is. Does She manipulate anything? Nothing. Just see how spontaneous She is. You put a seed in the Mother Earth and see how it sprouts. She is so spontaneous, Her activity is so spontaneous, we never wonder about it.

See different types of flowers, different types of fragrance, different types of shrubs and trees, how She grows with such balance in every place. In every minute atom and molecule of that Mother Earth there is sense.

So before us is the best reflection of the Adi Shakti and that is this Mother Earth. So first we must respect the Mother Earth. I like you people because you are sitting on the ground, it's very good. For meditation, if you can sit on the Mother Earth, it will be extremely good because the special quality of the Mother Earth, which also I have unfortunately, that I suck your problems. She too sucks your problem and when she sucks your problem you get rid of them without any difficulties. So, if you cannot, say, sit on the ground, then you take a stone, better is, or you can have a marble, or something which is natural on which you should try to sit. But if you sit on the plastic and do your meditation, I don't know what is going to help you, the plastic? That's why I request

you always, that use natural things, because natural things can absorb your problems very well.

Unnaturally also we live otherwise. You see it is on the physical line, also on mental line. On mental line what do we do, that we go on arguing, explaining, it's going on and on and on and on! There's no end to it. One should get headache, you see, actually with all that. But if you are spontaneous, if you are very spontaneous, immediately you will know what the other fellow is trying to do or to say or to communicate. You don't need much thinking about it, because you can absorb even the thought of another person. Absorb doesn't mean that you take the bad thing of that person, but it's like the sieving out. You absorb what another person is saying and you sieve it out.

Now the problem of this Adi Shakti is this, that I decided that I will have all of you enter into My body, absorb all of you. It's a very dangerous game I know, but I did play, because I'm supposed to do at this stage of time, that I should absorb you all in My body. So with you, all your problems are also gone into Me, all your troubles also have gone into Me. But by absorbing it, see, it's like ocean into which you are put and you are cleansed. But what about the ocean? Ocean has got still your problems and things lingering and they are very troublesome. So the best thing would be for you to cleanse yourself.

Cleansing is very important through introspection. But doesn't mean thinking, never means thinking. But introspection means meditation and that you all should meditate.

I must tell you, we had a meeting of the leaders and they came out and sat in the drawing room. As soon as they assembled I had such a severe pain in the stomach and I had such a bad diarrhea that you can't believe. Now, who has got those problems, I don't know. Who has brought these problems, I don't know. But as a Mother, as a Mother, I don't mind anything, as long as you all get well and purified.

Just like as the Mother Earth cares for you, I also care for you. And just like as the Mother Earth loves you, I also love you, whether you are bad or good is not the point. But to be kind to Me if you could try to be really good Sahaja Yogis, not a showoffs, not business-like, not only thinking type, not argumentative, not criticizing others; if you just try to meditate every day ten to fifteen minutes, I tell you, My health will be first class. Because I have taken your injections inside and they start torturing My life for nothing at all. See so, now, it's a risk I have run, and I am sure you are all very sensible people, and you will understand that your Mother shouldn't suffer. This is every-day crucifixion for Me sometimes you know, and I don't know what to say.

For example, the other day in Delhi, one gentleman who is a leader, came to Me, to see Me, and My one foot started going like that and paining so much. I mean I didn't know what to tell him that, "You get out now," because I just can't hurt him, you know. But I said, "What's the matter, where have you been, what did you do?" And so he realized and he went out, and really it improved. Nearness also, I think, has an effect, because if a man like that is, or a lady like that is full of problems and she comes very much closer to My attention, then I have to take up the cross, it's like this.

A very simple understanding should be that, "Why are we in Sahaja Yoga?". We are in Sahaja Yoga to ascend, to go higher and higher, as you sang yesterday. It was very entertaining yesterday the way you talked about your ambition to be higher and higher. Really it was very joy-giving, no doubt. But what are we doing about it, what are we trying about it, we should see.

Seriously we must think, are we meditating, are we all doing something to elevate others also, to give Realizations to others? Specially, women I have seen, don't do much of this, which is very bad, because you are the mothers. You have to go all out to give Realizations to others. But men are more active that way and women are not. So it works the other way round. Now on one side the men are, I think are active but don't meditate. Women meditate and men do the outside work, it's sort of a part-time, or you can call it a good labor division that, "You meditate at home and we'll go all out". It's not going to work out.

So one has to meditate and one has to also go out to spread Sahaja Yoga. Both things have to be done. Supposing now you meditate and you don't spread Sahaja Yoga, you will never ascend. Because after all this Kundalini, you see, She's a sensible woman, She's very sensible. She thinks, "Why should I make her a saint? What is the use?". Sahaja Yoga is not individualistic, it's not for one person to become a saint and sit somewhere, it's not like that. It's not meant for one person, for oneself, it's not

individualistic. It's a collective happening. So if you are not helping to the collective, Kundalini says, "All right, you are all right as it is", just like our body. See, in our body if one organ says, "All right, now I am all right, I am not going to work out", or one cell says that, "I am not going to now grow, it's all right. Why should I worry about the whole body?", it won't work. It's a living, it's a living organism, I have told you hundred times, when it is a living organism, it has to grow, it has to grow and also to absorb.

To have energy you have to meditate and you have to grow. If you don't grow, you are finished. You are no more a Sahaja Yogi. I wouldn't call a person a Sahaja Yogi who has not even given one person Realization. Cannot be a Sahaja Yogi. Sahaja Yogi has to give Realizations to others. Apart from other activities, the main activity should be how we give Realizations to others. Unless and until we really look after that side of life, we can never, never grow in Sahaja Yoga.

For example now, take My position. I'm all right, I'm complete, I have no problem. But why did I work so hard and wanted so many Sahaja Yogis, why? What was the - I don't have to grow either, I'm overgrown already. I don't have to do it, but why? What is the need? The need is like this, the need is of love. I have so much love that I have to channelize it. If I don't, I'll suffocate, I can't love Myself. So, this love has to spread. For that, I have to have you people, who can take this love to others and make them happy. This is a kind of a vision I have, and in this special time, it was promised by many people, by many saints, and it is so obvious that you are all specially chosen for this kind of thing. Now how far you understand your importance is a different point. You do for your emancipation, all right, you meditate. But if you are not channelizing the love, the Divine love, what is the use?

Now supposing I repair something very nicely: I repair this machine [microphone] nicely, put it right, everything, and I don't speak, what's the use of having this? In the same way, (Shri Mataji laughs), if you work very hard, I know people who get up at four o'clock, have their baths, do meditation, sit down, in the night again they sit down for meditation. But they never go out, they never talk to others, they never spread Sahaja Yoga. They do not give Divine love to others, so how can this great problem of this world be solved, that it has no love? It has never known Divine love.

It has to be given to them. They have to feel this Divine love, this power of Adi Shakti. They have to know it. Otherwise, you have been selfish, I would say, that you had a nice time having all this and you have not given it to others. This is the reason why Sahaja Yoga sometimes fails to create a proper balanced personality in a human being.

Some people are like this, that now supposing a Sahaja Yogi has married another Sahaja Yogi, take a position like that. Now My desire is that they should develop a complete understanding of each other, love for each other, but a love for Sahaja Yoga and for others. This is the only way we can justify marriage in Sahaja Yoga, otherwise why should they marry? But it doesn't happen like that. What happens is, once they are married, then either they will quarrel, they will ask for divorce; if that doesn't happen luckily, because in Sahaja Yoga, so easy to get married, you know. If that doesn't happen, then they start having their own family, their own homes, they are again becoming very small, very, very small, very limited. Did you come to Sahaja Yoga for that? You have to realize your responsibility.

See this Mother Earth, how she knows her responsibility. She's just made out of nothing but soil, some mud, but look at Her. How she is conscious, how she is particular, how she works it out, how She is attentive, how She is careful. While you, though you have been blessed so much by everything you are, are you thinking of giving it to others? With twelve disciples, whatever was the problem of Christianity, I mean it was nothing good job, I must say, but still Christianity spread out. Islam was not a very good job either, it spread out. All those bad jobs have spread out so much, so why not the good job of Sahaja Yoga? It has to spread, it has to go to various places.

Try and find out where you can go and talk about it and do something good to others and help them somehow to rise above this common existence of misery, unhappiness and destruction. The time is very short and I think if you see the time, the rate at which we are moving is not proper. We have to be much faster, we have to go much ahead and we have to create much more Sahaja Yogis through our consistent, very intensive effort. But we - it's a side issue, you see, it's by the way, Sahaja Yoga is by the way. And this is why we are failing in our responsibility. We have to learn from the Mother Earth.

You might say that, "Mataji, how can we be like you? After all You are Adi Shakti". Many people say that. "You are Adi Shakti, so

what, you see, with one finger You can move things like that". But why should I? Why should I, what is the need? So in that reflection that you are Me, in that reflection that the Mother Earth is Me, in that beautiful creation within you, you have to become very sensitive to the need of the world. What is the need of the world? Today, if you fail, the whole thing will fail forever. Only very few will be there. So the need for you is to spread Sahaja Yoga, because this love is not only for you. Is not to be enjoyed by you, but is to be enjoyed by as many possible in the whole world.

So, today, we have to decide that, as the children of Adi Shakti, we have to go all out, everywhere, every corner, we have to shout and we have to tell loudly what is the time in which we are living, and what is the responsibility that you have to fulfill as Sahaja Yogis. There must be some reason why you are here.

Like in the beginning, Sahaja Yogis used to ask Me, "Mother, was I this last life, was I Shivaji last life?" I said, "What's the use? You might have been anything, but what are you today is much higher". Try to understand. You might be, say, Napoleon, you might be, say, one of the kings say, or maybe the queen from somewhere. So what, what did they do? Did they raise anybody's Kundalini? Did they have any power? Even the disciples of Christ or even Mohammed Sahib's disciples, anyone - did they do it? Did they have any understanding of Kundalini? Did they have any love for others, that they should give them Realization?

There were some Sufis, they never gave Realization to anyone. There were so many saints who never gave realization to anybody. Mohammed Sahib never gave Realization to anybody. Gautam Buddha never gave realization to anybody, think of it. Christ never gave Realization to anybody. Anybody. Krishna did not do it, Rama did not. Nobody - but you can do it! You can do it and you know everything about Kundalini. It's a very big thing because you are children of the Adi Shakti.

You are here and your Mother is here. It's a very, very fortunate thing for Me that you are here. I'm very proud of you, but again and again I have to tell you that the work has to be with a faster speed, we have to move with a faster speed and get more people to Sahaja Yoga.

It is rather, rather difficult for Me to say something forcefully, that's not My nature you know. Can't get into tempers and cannot get angry, and I cannot forcefully say something to you, but if you fail, then only thing will be that you have failed Me completely. It means that, nothing less than that, and if you don't want to do it, then I would request all of you to take a vow today that you will spread Sahaja Yoga and you will talk about Sahaja Yoga, know about Sahaj Yog. There are many who don't know anything.

Also, it's very surprising they are Sahaja Yogis, they don't know anything. And don't create problems for Me, like marriage, "We can't now live now with the wife, we can't live with the husband". All sorts of nonsensical problems people create for Me in Sahaja Yoga. Are you here to create problems, or to remove problems of people?

So, on the whole we have done well I must say, but it's not the final. We have to work faster with more enthusiasm and joyfully. You don't know what joy you get when you give Realization to somebody. It's the most joyful moment is when you give Realizations to others. Just try, you must try once, you'll enjoy it, then you'll want more and more and more. Now after Sahaja Yoga really the want disappears into this desire that, "My God, this man is going, should I call him and give him Realization?" On the street, you will feel like calling him, "Come here, come here, I want to give you something", then make him sit down, give Realization. This will be your style, like mad - you'll say, "Oh no, no, look at this, this gentleman is without any Realization, let us give him".

You'll have to go to churches, you'll have to go to universities, you have to go to all such congregations where they have no idea about what they can achieve; and then tell them without any fear, without any malice. You can talk to them and you should tell them, "Now we are here to help you, for your good. We have not come for our good but for your good, now listen to us". And I am sure, very sure, that the Kundalini within you will be very happy. She is not happy you see. She is not happy with people who are not using her fully. So, she'll be very happy to help you, and do the needful for the emancipation of the whole world.

May God bless you.

[Puja begins. Ganesha Atharva Sheersha is recited. Then leaders go on stage.)

Yogi: Hindi 63.

[Bhajans: "Jago Savera". Ladies go on stage for Devi puja. Bhajans: "Vandana Karuya Matajila". "Jogawa"]

Yogi: Hindi song number 67. "Vishwa Vandita".

(Then Aarti is performed. Then Mahamantras follow.)

(After collective Namaskar)

Shri Mataji: May God bless you all. May God bless you all.

[End of video]

1997-0607, Evening Program, Eve of Shri Krishna Puja

View [online](#).

7 June 1997

Evening Program

Camp Vacamas NJ, New Jersey (United States)

Talk Language: English | Transcript (English) – Draft

Day before Shri Krishna Puja, New Jersey (USA), 7 June 1997.

Tomorrow I'm going to tell you about it, but today, I would say, music, dancing, art - every kind of creativity will definitely bring forth the spiritual aspect of American's life. They have to come to this. Otherwise it's not going to be appreciated, it won't be an appeal, people won't like such music. They'll try some tricks otherwise - you know that in this country we have all kinds of people, all kinds of music, and sometimes extremely stupid. But, somehow they are gaining the idea that popularity now doesn't remain with all kind of strand and stupid things. They have taken, I'm sure, by their own urge to search the reality a new type of a style, new type of a singing, in which there is a different tune, I feel, is coming up, suggesting that there's something higher that we have to enjoy. The idea of enjoyment is change. Sometimes people feel that this country is not so ancient, it has no traditions, also people are from different cultures and so they are all mixed up, confused. But in that confusion only you are going to find the truth. And that's why everywhere in America you go you find that there are people who are working some out sort of a search of their own. Maybe it's not correct - it's not all right. Like the music now, you see, you had such serene, deep music, also some very collective music, all types of music that you could think of. And Indian music, Spanish music, also Russian music - all these have combined on the stage here. That is suggestive that one day the whole world will have sense of music. That's a different thing than music is, because music can be anything. To have the sense of music that not only entertains, but elevates you, takes you to higher realms of your existence. That is music.

You know how much I love music. It is not because I'm - sort of - fond of music, but through music vibrations can be spread much faster. And they can be also easily penetrate into your being. So, a person who is absolutely dry, who doesn't like music at all, or the one who is - who doesn't like poetry, I mean, all the left-sided talents. Such a person is not in balance. And that's why it is important that one should try - even if you don't like - try to understand music.

The another side - it's a very funny mixture here, I find, in America. One side is this creativity which is sometimes quite mad. On the other side you find people extremely busy. Have no time to even sing something or read something - extremely, extremely busy making money. Only money is the criteria. But the money situation seems to be very bad here to Me, for future. Because of the stupid ideas about economics here.

Whatever it is - Sahaja Yogis are going to be absolutely very rich, prosperous, well-known, because the talents they have will show. In every field of life you'll find every Sahaja Yogi will be so successful that those who were full of their ego and thought no end of themselves will realize that unless and until you have the light of your Spirit you cannot grow very further. Because in the dimensions of human mind you cannot conceive the heights which you can reach. Through music - when today you were singing I was amazed what a talent we have in Sahaja Yoga. I mean, they are not paid for, they have not trained, they have not been to universities and colleges of music - just spontaneously how beautifully they can sing and give us spiritual music which really heartens Me. I was very happy to see the progress you have made in art, I should say, and the other variety of your expressions. Everything was really wonderful and I enjoyed it thoroughly. I'm sure one day all of you who are just Sahaja Yogi singers will be professionals - and this and that, but don't forget Me then. (Laughter)

So it's a nice time we had this evening. Tomorrow again there is going to be puja and I'm really, really I must say very happy and I congratulate you to organize this program in America in such a beautiful manner. And all of you are such enthusiasts. They told Me how you have been contributing and they wouldn't take any money from Me, because I thought, "How could they bear all the expenses?" But somehow or other it's all working out. It's just your sweet desires, your deep surrender. Everything has worked

beautifully and the oneness of all the world you can feel in America today and I hope this will go on and on and on and we'll be spreading it much more.

May God bless you!

1997-0608, Shri Krishna Puja: Freedom Without Wisdom Is Dangerous

View [online](#).

8 June 1997

Freedom Without Wisdom Is Dangerous

Krishna Puja

Camp Vacamas NJ, New Jersey (United States)

Talk Language: English | Transcript (English) – VERIFIED

Shri Krishna Puja. New York (USA), 8 June 1997

Today we have decided to have Shri Krishna Puja in the land of Shri Krishna.

Though this is the land of Shri Krishna, people ask Me why the people are not spiritual.

How is it they get entangled into different types of seekings which are not leading to truth? Why is it the people in America [are] not so alert as to recognize what is the truth and what they have to find?

Shri Krishna's time was, as you know, at least two thousand after Shri Rama. And Shri Rama created lots of disciplines for human beings to follow in the path of their ascent.

According to the time everything works out.

So people were extremely rigid, disciplined, and it so happened that people lost the touch with the truth. They would leave their wives, ill-treat their wives, do all kinds of things in the name of Shri Rama; because always human beings take to something which is not right.

The another side they never saw, how Rama went after Sitaji to find Her, and He fought the horrible rakshasa Ravana to get back His wife.

So the other side people never see. Only this side they saw that He was very strict with His wife, and if the wife stayed over in some function He got so angry, and He shouted at Her and He threw Her out, and all those things.

That is how Shri Krishna came in. Always incarnations come one after another to correct themselves only. When Shri Krishna found that it is on the other side, of ego – that men thought they were very powerful people and they could do whatever they liked, and they had all the power to judge their wives – so Shri Krishna came with a new diversion, or I should say, from a new idea about life.

He talked of freedom, He talked of abandonment, and He talked that life is for enjoyment.

Radha was the source of joy. "Ra" is energy, "dha" means the one who sustains energy. She was the source of joy, and His idea was, to enjoy life is the best way to live.

And that's why He said that you should play Holi, you should enjoy yourselves, you must have Raas, by which you enjoy group dancing and freedom.

So people thought that's the way one has to live – is to be absolutely free, live as you like, specially in America.

They thought that to enjoy life is complete abandonment: no discipline, no bindings, you can divorce your wife eight times and

husbands ten times.

That sort of a life started long time back, but it really prospered in America. The prosperity of this kind of a culture came to such a level that now we don't know what's going to happen to the family system, to the joy part of it.

Again here people forgot the other side of it. Adi Shakti first created Shri Ganesh. Shri Ganesh is the source of wisdom, He's the source of auspiciousness. Through Him we understand auspiciousness. And He is a child, He is an eternal child.

And this behavior of abandonment is very destructive if there is no wisdom. First thing was to establish wisdom within ourselves.

But we start a theory or a kind of a pattern of life without thinking have we got the wisdom or not? Are we capable of following that pattern of life without any development of our wisdom?

But the worst was when the freedom became the criteria of life, people became extremely dominating and egoistical.

The first answer always you will get it, "What's wrong?"

You ask them, "Why are you doing this?"

"What's wrong?"

"I mean, it's wrong because it is not auspicious."

"What's auspiciousness is there?" – absolutely like you can call them, people without any brains, brainless people. "Brainless" means there is no wisdom.

What is the power of brain is wisdom. So life started drifting into a destructive pond, we should say, of no return. And every kind of filth was accepted as a blessing, and nobody would think that this is wrong, this is not for human life.

Even the animals are all not like that.

Added to that came the stupidity of drinking alcohol. I don't know how they discovered alcohol long time back, long, long time back, but they say it came out of the manthana and out of the churning of the ocean by the suras and asuras, by the rakshasas and by the devas.

Must be some trick to get these rakshasas drunk, and to somehow or other manage to get the kumbha of, the pitcher of amruta, ambrosia; so that these rakshasas will be lost drinking and then the devas will get their due, which was amruta, which was ambrosia.

That might be one of the reasons that it was created out of the ocean, or among all the fourteen things that came out of the ocean. So kind of a oppositions, opposite quality of things were created.

Another thing they created were prostitutes.

One may ask why prostitutes came out of that manthana – because now you have freedom.

You are given freedom to choose, and so you must have full vision whether to choose an auspicious life, a holy life, a divine life, or to choose destructive life.

This opposition came forward because your freedom had to be respected, that was very important. In the growth of human awareness it was very important to respect the freedom of human beings.

Because animals, if you see, they have no freedom: a snake will be a snake, scorpion will be a scorpion, lion will be a lion. They live with their own qualities, gunas; you cannot make them do something that other animals are doing.

We have passed through all these different animal yonis and now we are human beings, and now we have freedom.

Now why freedom, one may ask – because these days they ask such questions for everything you say – why freedom needed?

Like I always told you before that in the school they teach you two plus two is four, and you have to remember it. But when you grow and when you go to college, you are supposed to have freedom to understand everything yourself.

In the same manner, your awareness was to be brought to that level that you could use your freedom wisely.

Now, you have to have temptations. How can you judge a person whether he is blind or not blind? Supposing you ask a blind person, "Is this a flower?" He might feel it, say, "No, no, it's a bee." So he has to have his eyes to see, and once you give him the eyes he goes amok. He doesn't know what to do, what is good for him. So he chose all that was not at all good for him, auspicious for him, and detrimental for his growth.

So the drinking started, and with drinking you don't know how we get abandoned. I have heard people, that they lose their sense of relationship with brothers, sisters, mothers, everything, if you get drunk. So many drunkards have told Me this. That is why in this country we have funny type of relationships – one can't understand, how can it be? But it is so. By drinking, all these things have happened that they don't know who is your sister, who is your wife, who is your mother.

In India also we have but different type of thing, that they will ill-treat their mother, they'll ill-treat their sister, ill-treat their wives; the other way round also. (15.47)

But here they do not ill-treat, they love, but in a very perverted manner.

Just see the reaction in two countries.

So this grew up very much, and today we see a country that is America in a complete chaos.

So this freedom without any wisdom at all growing, starts creating a terrible ego.

When auspiciousness is given up then Shri Ganesha sleeps and as Christ, who is the incarnation of Shri Ganesha, also doesn't bother.

So the rule of Christ is finished. So what rules is the ego, this ego which thinks it is free. It doesn't know it is bound by all kinds of enemies of very horrible types.

At the time of Shri Krishna He said that the worst enemy human beings have is anger, but I think in modern times the worst enemy human beings have is greed and jealousy.

Greed has no meaning these days.

I mean, what do you say to a person who has three thousand shoes – I mean, pairs of shoes? Must be mad!

There are all sorts of things, you know, in greed you see these days. You don't know how people are really behaving. No one can explain. I know of someone who has five thousand dogs. What is she doing with those dogs I don't know, but she has.

Like all countries, even in America I think it's much worse, much worse.

Now you may call it anything, consumerism or anything like that, or your economics which is, I think, very faulty, it doesn't understand human beings – whatever it may be, it can never bring benevolence, neither to the person who thinks he is rich, or to the people whom he is exploiting. As far as spirituality is concerned, they are all away from the realm of divinity.

Now the mind starts working with ego.

Ego takes over like a computer, and it starts suggesting ways and methods by which how much money you can earn. So when you start earning money, then again the same Ego Mister tells you how to destroy yourself with this money.

They do all kinds of things when they have money. I mean, that money is not a Lakshmi prasad; it is some sort of a money that becomes like a rakshasa or a devil and which devours you.

It takes you to all kinds of wrong places. It takes you to such horrible theories that nobody would accept such theories. This ego makes you feel that – ah, yes, you are perfect, you know everything, whatever you are doing is the best.

But with all that doing, what happens? You become restless, you cannot sleep. Now with the problem here is that people have this so-called tension, stress.

In our young age we never heard of this word, what is tension, stress is. Even now in India very few people know about it.

Because you yourself, you are destroying yourself. So with this money, say, you want to entice some woman – take a very low-level thing. Then you'll run after her, give her this, give her that, and spend all your money till you become bankrupt. And then you'll start sitting and crying. And this is a common story.

I don't know why don't they make films like this, to show actually what happens to a person who runs after money, and he goes on then spending that money. He doesn't know what to do, you see; money also eats him, I think. On the other side we have people who are extremely miserly. So all their – with the money only, they become so much greedy that they keep their money in seven locks and keys. Now, they see in the world there are people who are suffering so much, who have so much problem. Why not spend some money on them? So then there are agents come up, like our Swiss bank. Swiss bank is the outcome of our greed, completely our greed; because we have so much money we don't know what to do, so we put it in the Swiss bank.

Swiss bank says, "All right, we'll look after it."

Because we are greedy as well as we are miserly. I mean, miserly people are another crackpots, I should say, the way they live. But also the people who have money are really crackpots. They have no sense of self-respect, neither self-esteem.

Now imagine eighty, ninety-year-old women going for a shake dance, as I told you.

Because they have money they think they should do this, competing with the young people, because they have money.

If they have money, if they get it without any, I should say, cheating or without deceiving someone, if it's a real good money they should give it to some good cause and try to propagate goodness. But money itself seems to be something very bad, like poison, because either this money makes you mad how to spend it, or mad how to save it. As if you become a slave of this money business, and in that slavishness you go on drifting, drifting, drifting.

I've seen people when they talk, you don't know why they talk like that, you know. Then you discover that they have a bank account, that's why they are talking like that. If you don't have bank account then you won't talk like that.

I mean, more than that also. This country is overflowing with money, with all kinds of money transactions, permutations and combinations and this and that, and what you can do with money – because Shri Krishna is Kubera. He is the Deity, or we can say He is the God of wealth. But at the same time, He is a very mischievous God.

You can see clearly: this is supposed to be Shri Krishna's country which is overflowing with money. At the same time you find horrible things happening, worst in the whole world.

I mean, no one can beat Americans, they say, in stupidity, in vulgarity, indecency, exploitation.

So this is the curse of money on human beings, which is to be understood, that freedom without wisdom is the most dangerous thing to use.

It is better not to be free if you have no wisdom, because God knows what you will do if you have freedom and no wisdom. I've seen here, heard about women who are killing their children. I mean, nowhere you will find such a thing like that, killing small children. Now how this money makes you so dry that you have no, I would say, no love, no feeling. Just for killing's sake also, people kill here.

Now there are – there's another thing that this money does: it creates a disparity. There are some who are very rich, there are some who are very poor. So those who are very poor are against those who are very rich. They can't understand why should these people have so much money, so they think it's a matter of right to snatch all that money from them and use it for themselves.

But the same money can destroy them also. So snatching that money with violence or grabbing it is not going to give you any blessings.

So what is the purpose of wealth? That is very important for people who worship Shri Krishna to know.

In Shri Krishna's life, He saw that the women who were creating buttermilk and butter were carrying all that all the way to Mathura, where in Mathura this horrible King Kamsa was reigning. And they used to give to all the soldiers there.

He didn't want them to do that. Because they would fetch much more money, they would be paid much more, so these women were greedy about it. Instead of giving them to their own children, to their own families, they used to collect all that and take to Mathura.

From very childhood Shri Krishna used to throw stones at those pitchers and break their pitchers, because he didn't want that to go all the way to Mathura to feed those horrible soldiers.

This is what it is we have to learn, that if we have, say, surplus money or something, you have to think what you can do with it and what joy it can bring, by sharing with right type of people.

Not in the pubs, no, no, I don't mean that, but sharing it for their needs and what they want.

Actually a disciple of Shri Krishna should be a self-satisfied person. Look at His life, how self-satisfied He was. Every episode about Him talks of His complete oneness with Himself.

For example, when Arjuna asked Him that “Why don’t You join us Pandavas to fight with us?”

In modern times in the competitive life, you see, if you see those races, they are so anxious to win, to have the higher position.

Then all the big, big politicians are trying to bring down other politicians, to have their own power. But what did Shri Krishna say, that “I will be your charioteer. I’ll drive your chariot, but I will not lift My weapon against anyone.”

We can’t think of anyone like that today. See, people will never say that, “All right, I will stay down and you’ll be on the throne.” Very difficult even to see one person who could behave like Shri Krishna.

Because whether He is a charioteer or He is the one who was Arjuna, or He was the captain of the whole thing, He knew what He was. What was the need for Him to become this or that, and that? But these days, you see, to become something is such a struggle going on. Someone wants to be, say, the prime minister – that’s the highest, I think, I don’t know. But then some want to dislodge the prime minister. Then you start from the peon upward, everybody wants something higher, higher, higher, higher.

This is another very subtle type of greed which is working out in our minds.

Even in Sahaja Yoga I’ve seen that the leaders – now are settled down of course, much better – but used to be such a terrible fight for leadership. It’s all a myth, actual myth, but they used to fight. And they would write letters after letters.

There were groups: one group would write against another group, another group would write against this group, and I used to just laugh, because there’s no truth in it.

Leadership is no truth, it’s just a joke.

But even if I told them it’s a joke, they would not understand it’s a joke and not to be that serious, and to fight about it.

Gradually it’s settled down normally – better, much better, it’s not so much bad.

But that is what is there, this greed. That was the mistake, I think, of Shri Krishna, that instead of anger He should have put greed as the worst thing. Actually, you see, these incarnations don’t know much about human beings, and they would not know how far they will be going – same happens to Me. But they are absolutely unaware that what these human beings are, what you tell them, what they will make out of it.

Their brains are so sharp that they’ll pick up whatever is wrong for them, and never see whatever is right for them.

Shri Rama tried something – it was of no use. Shri Krishna tried something – it was of no use.

So we come to Shri Jesus Christ.

Nowadays the people who are something else are ardent disciples of Christ. They have no wisdom of any kind. Like mad they are going about.

You read there about their organizations, you read about things that they do, you are amazed at it; you see, how can they be disciples of Christ?

In no way they have any right on Christ to begin with, because they don’t know anything about Christ. First to know and then to imbibe His qualities are something very, very, I should say, impossible thing these days.

Some would say, "Why was He born in a poor family? He was born in a poor family – He should have been born to Mr. Ford." Some say – I mean, you see, finding faults and criticizing is the only thing left to us now because you can't do anything else, that's why.

Then they would say, "Why did He get himself crucified?" He didn't crucify you. He should have crucified you, but actually He crucified himself, that was His mistake.

It is also very difficult for human beings to understand incarnations, because they are in juxtaposition. They are very different things, so human beings can't understand. Now they are there to lead them, they are there to tell them what is to be done; but the way they understand, you see, it's just absurd.

For example, you know in Chicago I met the head of the Hare Rama fellow. Another puzzle he was to Me, really, because he came in a very thin dhoti and it was so very cold, and he was shivering before Me.

So I said, "Sir, why are you wearing such a thin dhoti? You are shivering, I am very sorry."

He said, "Why? My guru has told me that I should have a thin dhoti."

"Why?"

"To go to heaven, to achieve my ascent."

I said, "Really? He told you like that? But Shri Krishna never wore a thin dhoti."

"But I am not Shri Krishna," he said – see how the human mind tries to avoid. So now, then he had shaved his head and had a big pony-tail behind. I asked him, "Why have you shaved your head?" So he said, "Because my guru told me that you have to shave your head if you have to go to heaven." So I said, "But Shri Krishna did not shave His head."

"No, no, but He was incarnation. I have to shave my head so I have to go to heaven."

So I told him, "See, Kabira has said, 'These sheep are shaven and shorn every year twice. And if they all go to heaven where will be a place left for you?' ". So he never understood Me. He got very angry with Me, and he said to Me, "Mother, You are talking ill about my guru." I said, "I am not talking ill. I am your Mother, I am just asking Me that what's the use of wearing this thin dhoti, that's all. A Mother has a right to ask." He got very angry, he went away. And he's the head of these Hare Ramas!

So to understand the incarnation also you have to be a realized soul, otherwise you cannot, because they look very absurd.

Without asking any questions if you can become a realized soul – if you ask questions it's one degree less – without questioning if you get your realization, without any questions, then you have the highest marks. But if you, after questioning and this thing and that thing, then you have less marks, because your mind is very active, and the person whose mind is active cannot achieve something beyond the mind. You have to achieve it beyond the mind.

This is one thing at least if you all understand, I think My work is done.

All tricks tried by Shri Krishna, all disciplines put by Shri Rama, all the gurus who tried their level best to tell you what to do, is only to make you a yogi by taking you beyond the mind.

And then what happens? Then you are in connection with this all-pervading Power which is looking after you, which protects you, which helps you; in every way you are absolutely in charge of this Paramachaitanya.

Now supposing I do not take the citizenship of America – of course I may never take, but supposing. Then this government is not in charge of Me. But if I take, of course they'll tax Me, do all kinds of things, doesn't matter, but at least they'll be in charge.

But this Paramchaitanya when it takes over, it is love, is absolute love: love which thinks, understands, coordinates, cooperates, works, and extremely sensitive. It works – I'm sometimes so surprised the way it works, without fail, without making any mistakes. You don't have to even tell, because you are there.

But to believe that we are there also is a difficult task. With all the experiences you should believe that you are there, but that is also quite a difficult task.

So when we say they're established Sahaja yogis then what we mean is this, that they are completely one, under complete charge of Paramachaitanya. That's what we have to be.

If you want to save this country, you have to be that. No argument, no explanation, nothing; no fighting, no strikes, nothing.

No placards is needed. You are the ones who will advertise Sahaja Yoga. Every one of you should understand that your life is very important at this juncture. And you have to become that special person who reflects reality through the divine love.

May God bless you.

1997-0610, Mind cannot take you beyond the mind

View [online](#).

10 June 1997

Mind Cannot Take You Beyond The Mind

Public Program

Cathedral of Saint John the Divine (United States)

Talk Language: English | Transcript (English) – Draft

Public Program, with Claes Nobel speech, New York

I bow to all the seekers of Truth.

First of all, I have to say that Truth is what is. You cannot change it, you cannot transform it, you cannot discuss it. It is what it is, it has been what it has been and it will be what it will be. If you accept this fact that we know truths, but we don't know the absolute Truth. And we have to know that absolute Truth which is described in all the scriptures, because they were all talking about the Truth only.

So what is the Truth? The Truth is you are not this body, this mind, these emotions, but you are the pure Spirit. You have to achieve that state of Selfhood. Unless and until you become that, you see all kinds of differences among people, among religions, among nations.

So first of all, as you have been described about Kundalini, you need not have blind faith, because blind faith is more dangerous. We have had lots of problems with this blind faith. But you must keep your mind open, because you are seekers, special people, a special category of people, as described by William Blake, who are seeking. And as seekers, you should experience whatever I am saying, and if it works, if you experience that, then as honest people you must believe it, because that's what you are seeking and this has to spread all over the world.

They have already described to you what is the power residing in the triangular bone, which is awakened and you get connected with this all-pervading power of Divine Love. Love is greater than Truth, because Love is the giver of Truth. And this divine power of love is doing all the living work on this earth. For example, you see these beautiful flowers and we take them for granted, we don't understand how these different flowers are created, with different fragrances, with different heights, with different bushes, so meticulously. Who does all this? If you ask a doctor who runs your heart, he'll say it is an autonomous nervous system, but who is this "auto"? Who is this auto that runs your heart, which digests your food, works out everything within yourself?

So when we turn to religion also, people have not been able to explain it properly, because people to whom it was to be explained were not ready yet, I think. They couldn't understand. In every word that is written in the scriptures, there is a very, very deep meaning behind it. But as it is, as you know what has happened to all the people who are supposed to be at the helm of affairs of religions.

Now the trouble is that whatever religion we take, wherever we are born, where we are is just a chance. You could have been born in any religion, in any city, any village. But you start identifying, it's a human nature to identify with where you are being born, who were your parents, what society you lived in, everything. All these conditionings make you think that you are that. It all settles down in your mind.

If I say something, it should not shock you that mind is a myth, created by us. Through our reactions outside, we are conditioned in our mind, we have also got our ego to protect ourselves and to react. That's how this mind has been created and this mind which we have created something like we have created a computer and we are now slaves of our mind, we cannot do without it. But to believe in your mind is not that you believe in the truth.

Mind can take you to any level of degradation or any level of ascent. But it cannot take you beyond the mind. I'm talking about the realm which exists beyond your mind which you have created. This realm of Divine Love is everywhere, it permeates into everything, it acts into everything. We believe that there is God, that also is like blind faith, we believe that His powers are there, but now the time has come for you to feel it, to know it on your central nervous system. In Sanskrit, there is a word called "Vida", from which the word "Veda" has come. The first stanza of Vida says, reading all this, that: "If you cannot find out this all-pervading power, it is useless." Another word that we use is "Buddha", this comes from the word "bode", bode means to feel it on your central nervous system. And then Christ also said that you are to be born again, He did not mean that you put a

certificate on your head "I am born again", no!

It's a happening, where there is a breakthrough in your ascent in the evolutionary process. You have reached a human level of human awareness, but you have to go beyond it, and that is what is there within you, the great power of Kundalini.

Of course, this knowledge has been used for all kinds of nonsensical things. Today only somebody warned Me that Kundalini, they think, can be awakened through some sort of sex business. Actually Kundalini, if you see, is placed above, see here, above the last chakra of Mooladhara. That means, when Kundalini rises, this chakra just becomes silent. Christ has said: "You have to enter to enter into the kingdom of God, when you are like a child." Means innocent, all these execution??? habits also drop out, they become absolutely silent when Kundalini rises. So this kind of a myth was started. I am ashamed to say that these Indians, they used it, because they thought that this kind of thing would be more appreciated in Freudian countries and they brought this kind of knowledge. It has nothing to do with these animal instincts. You are a human being and you have to rise above this animal status.

Now, as it is, you know that people talk of great Jihads and things like that. They think that by putting people into a kind of a discipline with force, with swords in their hands. That's not the way you can achieve it. In all your freedom, you have to achieve in your own freedom. You cannot force it. Until you become absolutely free, you will not understand what is your value, you will not understand what you can achieve, what state you can achieve.

So when this Kundalini rises, She gives lots of blessings to you. First of all, She is your Mother, She is the one who knows everything about you. Everything is recorded in Her, about your past, about your aspirations, everything. And She knows how to rise. As when you were born, your mother took all the trouble of your birth, in the same way it's a very beautiful awakening that takes place.

Now some people have written that when Kundalini rises, there people become mad and this and that, nonsense! I have never seen, I have been working for at least twenty-seven years, I have never seen even one person suffering like that. How can it be? She is your Mother. And She gives you this second birth, She is very anxious to give you this second birth, specially nowadays in these modern times, it was to be, it is already predicted, that this is the time when many people, who would be seeking Truth in the Himalayas and all kinds of difficult places, will become householders and they will achieve this union with the Divine. This union with the Divine is called Yoga, and it's called Sahaja, meaning spontaneous, born with you. This happens to you because it's a matter of your right. As a human being, you have a right to become a higher personality. And you are suffering, you are seeking because you feel inside that there is something higher you have to achieve and you have not yet achieved that.

So the one thing that happens first of all when you rise, through the first chakra the Kundalini rises and what She does, She gives a blessing, a special blessing of Mooladhara chakra, by which you become a very moral person, moral in the sense that the way, you see these days, our eyes are moving here and there, the way people are taking, I mean, to the extreme, if you go, I don't know what to say, because, really, I don't know from what minds these things come out, but all sorts of nonsense people do in the name of enjoyment.

You become a very sober and a dignified person. Because you know yourself, you develop that dignity within you yourself and a calibre of a very high, moral personality comes in. Then the relationships with your sister, with your mother, with your brother, with all other human beings in the society become extremely pure, it's the pure love that you enjoy. And these stupid ideas which have corrupted our society, they just drop out, it is your role, you can get it in no time. Now whatever you have done or what feelings you have been indulging into, you just forget, the Kundalini will take care of that.

The second blessing that you get is that you become extremely creative, extremely creative. The creativity has been shown among Sahaja Yogis all over the world, I need not describe all that. But you become creative and in a very pure personality. It's like, these days, you see, all kinds of things are created to sort of befool you. They create all kinds of nonsensical things, dirty things, filthy things, which are not digestible by any saintly person. You really become a saint in a way that your creativity becomes so better. See this beautiful cathedral was created by faithfuls who believed that in America one day, this place, there will be so many seekers of Truth and they'll get the blessings. They did not create it to have some sort of a filthy, dirty, we should say, entertainment. Then you are entertained by something very pure, something very, very beautiful, in the real sense of the word.

But the highest thing that happens to you that you develop a new dimension in your awareness which we call as collective consciousness. You become collectively conscious, Jung has talked about it, you become collective, conscious, means you start feeling others on your finger tips. On your finger tips you can feel yourself. Now these chakras, as you have been told, are denoted on your palms and you can feel on your finger tips your own chakras and the chakras of others, the centres of others and your own.

So who is the other? You become collectively conscious. I am saying again, you become! It's not lecturing, it's not saying. Then see how many problems get solved, you know. For example, we indulge, as he said that we are really creating problems for our Mother Earth, but actually because we are not collectively conscious. Once you are collectively conscious, you are in your awareness, then all the time you think that: "What will harm others? Should I smoke or not? Why should I smoke? It will harm others. Should I start a pub or not? No, because it will harm others." All these wrong things that we are doing for money or for anything whatsoever, drop. We just don't do wrong things, just don't do. Why? Because we are collectively conscious.

1997-0616, Thinking takes you nowhere

View [online](#).

16 June 1997

Thinking Takes You Nowhere

Public Program

Los Angeles (United States)

Talk Language: English | Transcript (English) – Draft

Public Program. Los Angeles (USA), 16 June 1997.

I bow to all the seekers of truth. At the very outset, we have to know what truth is. Absolute truth cannot be changed, cannot be described, cannot be transferred. It is, it will be and it was. So whatever I am going to tell you today, you need not accept it with blind faith. This blind faith has done so much trouble in this world. People are fighting in the name of religion, in the name of God, as if all of them are blind and don't know what to [do]. So the absolute truth, whatever I tell you, you are not to believe it, because I am telling you. But you have to experience it. If you experience and still you are not been able to settle yourself, with yourself, then no one can help you. But as you are the seekers of truth, you have every right to know it. And at the very outset, I have to tell you, you can't pay for it. You just can't pay for it.

Those people who are making big money here, in the name of God, in the name of truth, in the name of spirituality, don't know that you cannot sale it. At least you must know that none of the Incarnations, who came on this Earth like Christ anyone they didn't charge any money. This is a simple thing which you let you know that what is the truth is the truth and it is above you, your money, status, your personality. So the truth is that you are not this body, this mind, these emotions, these reactions, this ego, but you are pure Spirit.

And that is what you have to know. Spirit is the only way, which will enlighten your life, which will give you peace, which will give you wisdom, which will give you protection. Anything that is Divine is coming from the Spirit. So by standing on your head, by fasting yourself, also killing others, you cannot get it. It is something within you. And as you have been told about this power, it exists in all the human beings. Whatever may be the race, whatever may be the religion, whatever may be the nationality? This is based in the triangular bone of every person, only awakening of it is important.

Not this knowledge, was not known to Indians or to many other countries. I was surprised in Ukraine, they knew about it. And also in a place which is [] Bolivia, [] they knew about it.

Of course they don't know how to awaken, but otherwise they knew there is a power within us, which has to arise. It is the way you get connected like this instrument here. If it is not connected to the mains, has no meaning, has no identity. In the same way, unless and until we are connected to the Divine, we have no identity. We may brand ourselves, these and that and that but that is no identity, is falsehood and can change every moment.

Now I don't know how to bring Americans to this subtler understanding of this subject, because by nature, they are shifting. Today I am giving you a lecture is alright and, it is a guru shopping than go to another place or you do another guru shopping, I must tell you very frankly, because America is the only country where Sahaja Yoga has [] failed very badly. On the contrary, Russia, you will be amazed, Russia, of course I am not the communist that way, but the operation of communism and not so much of money orientation, consumerism Russians are like clean slates. They don't know anything about religion, God, nothing. But they have grown inside, and you will be amazed that in one village, called Togliatti, we have twenty one thousands practising Sahaja Yogies. They are just like our yogis, very high level people there. I was amazed how they got it so nicely. And they have no sense of possession at all. You will be amazed that their Government told them, you can have your flats, you can have your cars, they said, no, no, no. You better look after, we don't want to have headache. They don't believe in insurances, it's nothing. Sense of possession is so little, that I think their energy is not wasted on that. And once they have come to Sahaja Yoga, they are very

well settled down. So what, five six years back, I think, they said a joke that there was an American Sahaja yogi, who met Russia Sahaja Yogi and the Russian asked how many Sahaja Yogies you have? He said, we have fifty six, so Russian one says, "Oh my God, you have fifty six thousand, we have only twenty one thousand." It is a very sad thing. I have been, the first country I visited was America. I came to Los Angeles, but somehow I don't know if you are really seeking the absolute truth or not. And I again, they have called me, have come. These people have hopes. But such a, slow moving train, I tell you that you are amazed, of course India I can't say about India, because we have traditionally understood, what is spirituality?

All the thugs and all the thieves have come here, exported nicely and they are settled down here and they have so many disciples here. I am surprised of course they are sent away, they go into trouble. But what is the wisdom part of it is that we should see what do we get out of our seeking? What are we seeking? What do we want to be? And that one has to learn. [The last], I think twenty six years, twenty seven years, I have been doing Sahaja Yoga. The first country, I visited was America, and for nine years I did not touch it. The reason is, I feel that they are people everywhere. That is not only Americans, are the people [] but I feel there are seekers, Lots of seekers in this country. And they are in delusion that they can purchase their spirituality. If you can purchase your guru, he cannot be your guru; he must be your servant that you can pay for it. This is one fact I would all of you to remember, because what happens, I come, give lectures, do this, finished. You are seekers, all your life will be seekers unless until seek the absolute truth. Whether you go from one place to another, whether you go from one guru to another, makes what. You are moving about like this all the time. And the reason why they cannot mature your spirituality because they are so shifting. So one has to mature in a very subtler way and that is that you have to be first connected with this All Pervading Power of Divine Love. We have heard about it. In this Bible it is there. It is there in Koran. Of course in all the Sanskrit literature, by different names, they described, but there is an All Pervading Power of Divine Love. That's what we have to get connected to. That is the Yoga. That is the unity and you all have right to get it. Not only because you are human beings, but because you are seekers, and seekers of truth. They all have a right to ask for it. And that is why; I come again and again to your country. To see those seekers, which are lost, so many are already lost. But those who are still there, let them have the beauty of their being, the glory of their being, and let them know what they are. For these you don't have to exert. You can't read it in the books. It is just happening that takes place this Kundalini rises, very, in a very strictly manner. In the short time, you can feel the Cool Breeze on top of your fontanel bone area and on your finger tips. That is my job. That's why I am here. But your, is to understand what you are? Unless and until you become realised souls, means connected with this All Pervading Power, all these whatever, Mr. Yogi has told you, has no meaning. All these centres are within you. No doubt. And they look after your physical, mental, emotional being.

This happens automatically there, because you are desirous of your ascent. Whatever we do with our mind, we have to know this mind is a myth. Many people, I am told here in this country, are making big money in telling you how to use your mind and how to move pendulum, all sorts of non sense. Do you want to have the power to move the pendulum, so when this power rises, spontaneously within yourself, then these centres which have gone into jeopardy, have created all kinds of problem in you, just get corrected. I am not telling you lies, when I say, Sahaja Yoga has cured, Cancer, even AIDS. And you can get rid of all your allergies and this and that non sense, if you become the Spirit. Because Spirit cannot be attacked, is beyond the mind. But this mind of yours, which you are so proud of, is created by you only. Just like we have created computers, this Spirit is completely finished and you are just living with this mind which guides. One day this computer will become our master, in the same way, we are playing into the hands of this mind. It is created by us through our conditionings or may be by our ego. Now this mind makes you think, think, think, think like mad. And this thinking takes you nowhere. For example, if you start understanding your mind, you will know that it only thinks about the future and about the past, what is the present? Can it bring to the state of present? Past is finished and future doesn't exist. Present is the reality. If you want to know the reality, you have to be in the present. Now how will you be in the present? As long as you are moving with your mind, you cannot. You have to go beyond the mind. So there is a state which we call as Thoughtless Awareness. [Yung] has described it as, surprisingly as Thoughtless Awareness.

That means you go beyond your mind. There is no thought and you are absolutely aware. And the whole personality, you see becomes a personality of emission of light, emission of joy, emission of wisdom because beyond that all these lies. You have not touched that point. That's why you are worried; you are upset, you are sick. But once you cross over your mind than you are in connection with this all-pervading power.

People talk of peace and peace and award of peace and this and that. But I have met them many. They have no peace in their

hearts. I don't know how they got awards. They are very hot tempered people, you know shaky type, can't think it. This peace award, peace is within and that is what we have to do. Instead talking about peace, create peace in human beings, by transforming them. If you are standing in the water, the waves of the water rise and fall, rise and fall, that is what happens to you, that thoughts jumping on your [] of your thoughts. You are and you are afraid of the waves. But supposing you get on to a boat than you can watch them. And you can enjoy them. But supposing you learn how to swim, than you can jump in and save many others who are still lost. This is exactly what happens in Sahaja Yoga. That you go beyond your mind. And you see your stupid mind and you laugh at it. You laugh at it. And you are at peace, because when the Kundalini rises these thoughts get elongated and there is a space in between. That is the space where there is peace. So your attention stops at that point, where there is peace. You become extremely peaceful. And you don't have to worry about your own protection. People say Mother if you are peaceful and somebody attacks you, what will happen? All right if somebody attacks you there is this all pervading power that can protect. There are so many examples in Sahaja Yoga, where this power has saved so many people. Now we can trust any kind of nonsense but the truth is that this power protects, because it loves you, it cares for you.

Recently when I was coming at the airport, four Sahaja yogis and their little child came, they had tears in their eyes and I said what's the matter. They said Mother, You know, we are protected. They had a very bad accident and this car was finished and everything was absolutely useless. Even to call it a car while all of them escaped, without a scratch. This is only one of the examples I am telling you. This I have to tell you because otherwise you won't understand how important it is? This is nothing. This is nothing that you get. You get your own powers, because you become collectively conscious, collectively conscious. You can feel others on your finger tips their chakras and you can feel your own chakras also on your finger tips. If you know how to correct these centres, you can correct others also. You can cure others also. You can give realisation to others. That is how Sahaja Yoga spreads. And you will be amazed, how many other qualities you get. I don't know how far Yogi has told about every chakra's. But every chakras, the centre when enlighten gives you special, very special qualities. For example we have say somebody who could not even write an essay, he started writing books. Another one who was Chartered Accountant, who never knew what is, language is, is started writing poetry. All kinds of creativity, comes to you.

Secondly you become religious, you become, it is not question of just saying I am Christian, I am Hindu, I am Muslim, no you become. Means in you, religion innately acts. I never told anybody don't murder, don't kill, all these don'ts of the Ten Commandments that are given, but it automatically as happens. People just don't like to do; they don't want to do anything that is not religious. Religious doesn't mean that you dress up well and go to Church, come back home and sing few [] but religion is within yourself and that religion of Divine Love, which is pure, which is absolutely pure. So this Kundalini purifies you completely. Her purification helps you to see the world in a different way. You become the witness. Witness of the whole drama, don't get involved into but you see the drama and you know the solutions. Also there is this power all the time which is looking after you and help you.

Believe me there is this power, once you become one with that power than believe me you are all the time filled up with this power and this power looks after, gives you wisdom. Everything that you could think of, but you believe there is such a power itself, very difficult for human beings. This is the big problem. But supposing I say there is supposing, now you can verify, you can verify if such a power is there or not. And after verification, if you believe there is such a power of love, than all your problems will be solved. You go beyond all these concepts of stupidity, which is divisive. Anything, you know can divide us that's typical of human beings. They want to find out ways, how we are different from others all the time. Because they are in circle by their conditioning, by their ego, I mean their mind. From the childhood, you know gets into their head; they can't get out of it. I see the problems of this country are nothing but of their mind. All these problem cannot be solved by forming organisations, by strikes, by no no no a human being has to be transformed. Once human being is transformed, than he becomes a very very beautiful personality. You don't have to fight; this power will fight for you. You don't have to argue; don't have to do anything that's why calling it Sahaja. Saha means with and Ja is born. [Born] with you is this power, which you have to achieve.

Now this Kundalini is your mother. Also in many religions, they don't even believe in mother as Goddess, but there is. This Kundalini is a mother. She is very careful; when she is giving you a second birth like your mother borrow all the problems in your childhood, in your child birth. In the same way she does everything very smoothly, very beautifully. And she gives you this connection with this Divine. So you develop a new awareness, a new dimension of your awareness call as collective

consciousness. When there is nobody is the other just think of that. Just think that this finger is hurt, the whole body feel sorry for that. When you become part and parcel of the whole, when the macrocosm become microcosm become again I will use the word become, become, become. It's not imaginary, it's not only thing. Than who will fight, who will fight, who you are. The same as the other is. Just think how you people can solve the problem. Not much is needed; just you become connected with this Divine Power. And respect yourself; you have to respect yourself as Divine people. And you have to get out of all the conditionings you have added and you have to get out of all these non sensical ideas, which are separating you.

You are the leaders who will take this country away from all kinds of madness that is going on. Every country has some madness, it is not yours, they are different types that is all. But what I find, once they get their realisation, we have now Sahaja Yoga working in sixty five countries, in some countries very very strong. But when they meet each other, I mean you cannot make out, way they are friendly, the way they are joyous and such pure love. There is no incident of some body's husband running with somebody's wife like that. I have not known such an incident non sensical one. We have marriages every year about at least hundred marriages. One in a million, I should say one in a thousand might not work out. International marriages and the children that are born are really the Saints, who are trying to take birth with people who are realised souls. Very different type of society it is. They look all normal people except that they have glint in their eyes, which shines, that they have vibrations in their hands. That their attitude is very different. Such a nice race is going to come that is what is blessed. This is the Age of Aquarius. And Kundalini has got the Aquarius as its sign. This is the specially I called the Blossom Time. Because so many seeker are borned in this time, special time, when this Kalyug, this modern times has come. Nobody seems to be happy. Only at this time these flowers are going to become the fruits. That is what you are. You don't know what you are. Don't judge yourself by your own ego or by other's judgements and criticism. But you are all beautiful seekers. William Black has said that there will be a special category of people who will be borned. They will be man of God and they will know the Divine. This is the time that has come.

For all of you, every one of you in America, specially, specially Los Angeles, is the word used for Angeles. So there must be Angeles around. I am sure. I am looking around for them so above all everything is this pure love. Even beyond truth it is. So please know that this Creator, God almighty, who has created you, is not going to destroy this World. There are many like this organisation, who talk, now we are all going to be destroyed you see, frightening everyone. As [if] those who say so are going to save it. Don't believe all these stupid talks and bombastic advertisements. Try to understand how who has brought u have become you to this level of human awareness is going to destroy. He is so great. He has made everything is going to destroy. He is so great. He has made everything so beautifully within us. Only we have diverted our attention to things, which are but not so important that doesn't mean that you have to give up your family, give up your house. You stand on your heads and go to Himalaya. Nothing of the kind. I have known some people who are, have sold their houses, takes out their children out of the school to give money to the gurus. I mean use your brains. How could you that. As a Mother I feel very sad that why should you suffer so. Such ignorance about truth. Such ignorance about understanding about yourself, you must understand that this is absolutely very easy as you have become human beings without doing any things Sahaja. In the same way you are going to be the higher being without doing anything, without paying for anything. Is something that has to happen within? And you have to become something. So lastly I would say because, Yogi, I don't know what he has told you, when you become one with this Divine Power. You get filled with joy. And joy is singular and not like happiness or unhappiness. It is joy, a singular. It is to be experienced. You enjoy every small small things. It is a feeling, which is to be enjoyed.

And has to be experienced, will be amazed that when this happened, you don't run after non sensical things and worries and I should say destructive ideas. Enjoy yourself; you enjoy everyone you enjoy every moment of your life. Even the absurdities, stupidities, you enjoy and cruelty when you see you can destroy. Not you but through you this Divine Power. I don't know if you are aware world is changing very fast.

All kinds of people are getting exposed. So many things are happening. By the Year 2000, I don't know how many people will be in [Jailed]. I don't know, if you have sufficient jails are not? How many people will be exposed and punished? And how many will be swimming in the ocean of joy. This is not a false promise. You will get your realisation, just now. But as I said, you have to little bid humble down. If you have come here to criticise than Kundalini won't rise. She is very clever. We have to humble down little bid. The thinking that I have to be that beyond the mind, have to be one with this All Pervading Divine Power. And what you feel is the Cool Breeze. Cool Breeze of the Holy Ghost, as described in the Bible. Cool Breeze coming on your finger tips. Cool

Breeze coming out of your fontanel bone area. And you become thoughtless. It is something you have not known so far. Nobody might have told this thing. There are not many books, so you have to first of all verifying by experiencing. Do not deny it. Because you have thought that something is different as funny. It will take hardly ten minutes. I will request you those who do not want to have it, can leave the hall. Because it cannot be forced, it cannot be forced. You have to accept that you want to become one with the Divine. This is what you have to accept. It cannot be forced. It cannot push you there. So those who do not want to have their self realisation, can leave the hall, will be very kind of them. It will take hardly ten minutes as I told you. Thank you very much.

1997-0618, Absolute Truth is to be felt on your central nervous system

View [online](#).

18 June 1997

Absolute Truth Is To Be Felt On Your Central Nervous System

Public Program

Berkeley (United States)

Talk Language: English | Transcript (English) - Reviewed

[The talk starts at 35:05]

I bow to all the seekers of absolute truth. At the very outset, I have to say that truth is truth. This absolute truth cannot be changed because it is absolute. It cannot be transformed. It cannot be explained because it cannot be described. Truth has to be experienced. It's an experience. In Sanskrit language, we have a word called 'Veda'. It comes from the word 'Vida'. 'Vida' means to know on your central nervous system. Like, I can feel this [armchair]. In the same way, you must know the truth on your fingertips. 'Bodh' also, from where the word Buddha has come, is that enlightenment; you have to feel it on your central nervous system.

So, this absolute truth is what it was and is and will be. But I would request you not to believe Me because this blind faith has caused so much trouble to us. All the people are fighting all over the world with this blind faith. They believe in this and they believe in that, believe in that. This kind of faith is not going to help us. We have to feel it ourselves and experience it. Unless and until you experience, please don't have faith in me or in Sahaja Yoga. Very important it is to understand that this absolute truth is beyond your mind.

We think no end of our mind, and all those who came from my country as well as from your own country, to deceive you and make money out of you, have used their mind very well. And your mind could not detect it. Even today, they are there. So, for you to see what is the truth, you must know that you cannot purchase it with money. This is very difficult to digest. Many people told me in America, "Mother you can never be successful. You cannot get people because they just believe that the person who doesn't take money has no validity."

My experience was so horrible! In Boston, they asked me, in the television, "How many Rolls-Royce you have?" [Laughter] "I have none". I said, "My husband has only one car". "So, you are not in the business?" "No". Then they said, "We cannot, we are sorry. You have to be in the business". So, [with] all these mental acrobats that have been going on in this country, I've been hoping to come to Berkeley. That everybody told me that Berkeley is a place where there are people who are truly seeking the truth. And they are revolutionary. They do not accept anything that is just established. Imagine after so many years, 27 years, I am coming to Berkeley, where I was really very anxious to come.

So, now the time has come that we have to know the truth. We have to know the absolute truth. I call it as a blossom time, because I find there are so many seekers of truth all over the world. And this time has come for these flowers to become the fruit. Very simple thing to understand that this is done by a Power within you as explained to you. Whether you believe it or not, it is there. This power has to be awakened, that's all. A very simple thing, a journey of three to four feet that's all. But such a simple thing, people don't want to accept. If you say, "Eat this way", they'll say, "No, why not this and this way?" Because of this mind!

This mind is the one which has created real problems for us. I am told some gentleman is making big money by telling that how to project this mind here, and project mind there. It's like a cocoon. In a cocoon, you dash here and dash there. You have to get out of it. When they said, "You are to be born again", clearly, that doesn't mean that you put a sign board here: 'born again'. No. Born again means something has to happen to your consciousness, to your awareness. You have to be truthful about it. How can you be satisfied with something which is not the truth?

So, what is the truth? Truth, if you understand, is not this body, this mind, these emotions, these thoughts, and this ego. But it is

that you are the pure Spirit. You are the pure Spirit. You have to become the pure Spirit, that's all. This is what is the second birth. In the Bible, Christ has said, "You are to be born again". In every religion, it is said that you have to be born again.

In Sanskrit language, to a Realized soul they call it a 'dvijaha'. Means to be 'born twice'. And they call a bird also a 'vijaha' because it is in an egg state and then it becomes a bird. There has to be a complete transformation. If you see the problems of our age, there are many, but the main is this that human beings are to be transformed. They have to be transformed beyond this mind. This mind is created by us through our conditionings and our ego just just like you create computer and then you become slave of that computer. In the same way this mind is also working so it is said that you have to go beyond this mind. When you go into the realm of divinity then you can watch your mind very clearly - how it works, what it does, where does it take you?

This power of kundalini really passes through six centres. The seventh centre it does not pass. Six centres it passes into. It pierces through the fontanelle bone area and gets you connected to all pervading power of divine love. We have never felt it before. We have never felt it. Christ's disciples have said that the cool breeze of the Holy Ghost. In the Quran is called as rue. In other Indian scriptures it is called as paramachaitanya, bramachaitanya. Everywhere it is described this subtle power which we do not feel normally but which exists, which looks after us. Which nourishes us. Which thinks. Which protects. Above all it loves you. It's such a beautiful experience it is to be one with that Divine Power which is created for us there. And please remember that God Almighty who has created us will not allow us to be destroyed. We may try our level best to destroy ourselves but He will not and nobody should be under the fear that this world is coming to an end. There are many organisations which are preaching this world is coming to an end and for that we should give all our money to this organisation which will not come to an end perhaps.

All these ideas when they propound and all these ideas they talk about – there's no proof of it. There's no sense in it. Like the other day one family came to Me and said one gentleman was moving a pendulum, something sort of like that and we followed him. We sold our house. We took out our children from the school. I said, "What's gone wrong with America?" We have no brains to understand. How can we accept such a nonsense as that? But they did and now they are in trouble. So many people have looted you because you don't know what to expect of a person who is spiritual.

How can you purchase your guru. He's not your servant. If you understand this point I tell you half of them will run away and so many will just close their doors. So I must tell you in Sahaja Yoga you don't have to pay and if you think that you have to pay then I must say that it's not going to work out. Money is created by human beings not by the Divine. So when this kundalini rises, passes through six centres, these six centres are responsible for our physical, mental and emotional being and also the spiritual being. When they are going to [unclear] then this kundalini when She arises, she integrates them. She nourishes them and connects them to that Power which is all the time flowing within us.

One may say, "How are we to believe that there is this power"? Now look at these flowers. Look at these flowers. Have you ever thought what a miracle it is. These flowers of different colours, of different nature, of different fragrance are brought in by whom. You ask the doctor, "Who runs your heart"? They say it is autonomous nervous system. So you ask them, "Who is this auto"? Who is this auto which is running my heart? Who is [unclear] my heart?" He cannot answer because he has no answer. But you can find the answer. You can find the answer to your question. It's not going to be difficult at all this, one should understand. This is Sahaja. Saha means with and Ja means born with you. You have the right. You have a birthright to have your self-realisation, your enlightenment because you are born in this Kali Yuga. In these modern times it's already predicted that at this time only people who are seeking God or seeking the truth will one day find it during this special time. That's why they call it an Aquarius age. But coming to the point what happens to you, what should happen to you? First and foremost thing happens to you is that if you have any physical ailment you get cured. You do get cured. We have a hospital in India where they recorded many patients have been cured of very difficult and incurable diseases. Because you go to the basis. Supposing you want to treat a tree and start treating the leaves. It won't work out you have to go to the roots. So what I am talking to you about the roots on which our life depends.

This is the first thing that happens that your physical being is cured. And the second thing is you become a very peaceful person. The modern problem of stress and strain is understood because as you see there, that there are two channels which one brings the ego and another brings the super-ego. From both the sides they cover your head and all your worries, all your problems get

stuck up there. They don't know how to get out of it. But once the kundalini opens you, stress and strain is all finished. I'll explain the other way. If you are thinking the waves of thought rise and fall, rise and fall and we are jumping on the cusp of these thoughts. Actually we think of the past or the future. We cannot think of present, this moment. We cannot make our attention stand at the present. So we are not with the reality because reality is in the present. But once these thoughts are elongated by the kundalini a space is created. In Sanskrit they call it vilamba. It means a pause and in that state you become – again I say, you become. It's no lecture, nothing, it's just happening that you become absolutely silent within; thoughtlessly aware, which Jung has also described. You just become thoughtlessly aware. When you are thoughtlessly aware – absolutely peaceful within yourself. Absolutely. People are winning awards for peace and this and that, for peace and organisations for peace but themselves are not peaceful. They have no peace within themselves. How can they emit peace? Such a person who has become peaceful within emits peace, creates peace and lives a life of comfortably peace and non-violence. This peace is so powerful, so powerful that it protects you. It protects you. As soon as you see a crisis you become silent and then the nourishment comes from this peace that you are. And you are amazed how problems get solved because this peace is blessed by this all-pervading Divine Power.

So the first thing that happens to your awareness is that you become a peaceful personality. In that state all these ideas of race and nations and religion and all that will just vanish. You really become a religious person, really in the sense you don't do anything wrong, don't harm anybody. I don't have to tell you, don't, don't, don't. It just happens. At that stage people just drop all their bad habits. I don't want to name them because you may not like. But just happens to you that you become so peaceful, so satisfied, that you don't want to take to anything. Just it happens automatically because you become peaceful and that you are now enlightened. But when the kundalini passes through your fontanelle bone then a new awareness comes into you, which is the collective consciousness. Collective consciousness is you can feel the other on your fingertips. You can feel the chakras of others on your fingertips, whether that person is dead, living or maybe away from you. You can feel it. Very nicely you can understand what's wrong with that person.

Now anybody who comes from jail from India and wear their, what you call, saffron clothes – immediately everybody will go at his feet. They don't know – they don't know how to find if this man is a thief or a crook, no way. But as soon as you are a realised soul you can feel it on your fingertips. You might get little burning. You might get little tingling, and immediately if you de-code it, what is in Sahaja Yoga you'll be amazed how you will find out what sort of a person that is. Also you can feel your own chakras, your own centres. Some of them are in jeopardy so the kundalini comes back again and again and tries to cure it. And when it cures then you become so sensitive. Really sensitive. You can feel what's wrong with yourself and with others. And you know how to cure yourself. You can cure yourself. Nobody has to tell you how to cure. Without spending a single pie you can do it. But despite that people are thinking that – no, no, no, no. Let us see something else might be there. You go to somebody like that immediately you can feel that this man is a crook. He doesn't have the truth with him. But you have to establish yourself. It hardly takes about a month or so to absolutely become established Sahaja Yogis.

Now you have powers to raise the kundalini of others. To cure others because this power of love which is above everything else always makes you a very generous personality. You want to help others and you find solutions how to help others. You just do not accept anything because you know what is right and what is wrong, what is absolute. On your fingertips you can feel the absolute truth. You take ten small children and you tie up their eyes if they are realised souls, they will always say the same thing. Supposing they say that this finger is catching. That means that this fellow has got a heart trouble. If you ask him, "Have you got a heart trouble?". "Yes, but how do you know?" And everybody will feel the same. Everybody will know the same thing. There's no question of quarrelling, fighting, or discussing or arguments. Everyone feels the same way. Everyone knows the same way and why should they then quarrel or fight? They leave alone the war. When nobody is the other. When you are part and parcel of the whole, the macrocosm becomes the microcosm. When you become part and parcel of the whole why would you – why would you try – why would you try to hurt another who is the other? Does one finger hurt another finger? The problem of war can be solved without any trouble if we have Sahaja Yogis in that area where there is a possibility of creating a war or creating a problem. The another problem is of a moral I think, degradation that we have. This moral degradation is not possible through any kind of discipline. You don't have to go to Himalayas, stand on your head and stand on one leg or do all kinds of exercises, its not physical. But you become morally equipped. That's all within you. You'll be amazed that innocence cannot be described. It cannot be described. All right. Some clouds can cover it but it cannot be described. And so this innocence starts acting and you

become an extremely moral person from every angle.

Our society is finished. Why? Because our moral standards have gone down. Our value system has gone. Suddenly you become a shining personality. A beautiful person who is living with ideals which looks so distant and difficult. The one who is a realised soul – his attention is so powerful. Wherever he puts the attention, it works. Wherever he wants to bring forth change, it happens. I am happy to know that in this place you all believe in the change, change for the better. Transformation is the only way you can save this world. There's no other way out and for that the Sahaja Yoga is the only way we can do it. But that doesn't mean that you are not capable of getting it. Within a month you become your own master. You become your own master so become masters of kundalini and you can raise kundalini.

I know there are people who have read a lot against kundalini saying that kundalini does this and all that. For the last 27 years I have been working on this kundalini, I have not seen anybody suffering. No violence, no problem, no [unclear], nothing happens amongst Sahaja Yogis. It is running in 65 nations. I must say Russia is much higher. Very surprising. Russian people are much ahead. I was amazed at how they were so sensitive to truth. Perhaps maybe the atrocities of communism, they developed their depth and they got to Sahaja Yoga. Once they get realisation Russians are great Sahaja Yogis. It is not easy to explain why but this is something good that when democracy came there only I could go otherwise I could not have gone. But the way I saw the way people there I was amazed that how could these people they are so sensitive. I Didn't advertise too much and I didn't have many people there, nothing of the kind, and there were 2,000 in the hall because they are supposed to take tickets for the hall and 2,000 outside, and they asked me, "Mother what about us?" I said, "All right I am coming back". They were still there. I said, "All right can you [slight break in video]. You won't believe, 2,000 from inside, 2,000 from outside and 2,000 were friends. And once they got realisation they settled down. They are not shifty by nature. They are not shifty people. If we are shifty we can never mature. Think of a tree which is shifted all the time.

So we lack in maturity and understanding. We shouldn't shift. Like if you find water in a particular place, particular spot, you are digging a well then go ahead with it. Don't go on digging all over the place. I call it as guru shopping and this kind of a guru shopping has created lots of problems on your kundalini. They have not given you anything. Gurus after gurus have come. In the year 1971 I came to America and before coming I told in India in a very big gathering the names of all these horrible gurus who have come and who are going to destroy the seekers and these seekers are lost. So many are lost. So I have to make the humble request that you don't go on digging everywhere but respect yourself. Respect your self-realisation and grow into it.

As a Mother what should I tell you? That I am with you all the time. I love you all. But you love yourself and don't make a bizarre life of yours. There's such a beautiful future lies ahead. And why should we not enjoy when people all over the world are enjoying. If this happens I know in this God blessed vishuddhi I have great hopes. I don't know. I just felt very great about Berkeley because the first Sahaja Yogi in America was from Berkeley. He was a student here and he was mad, real mad as a student and when he saw one Indian boy, very clever, asked him, "Who is your guru?" He said, "I have no guru" "No, no, no you must be having otherwise how can you have this temperament. Forgive me I am so disturbed. You are not at all disturbed. How are you so peaceful?" He said, "I don't know." So he entered into his room at night, saw My photograph and said, "Who is this?" He said, "This is my Mother." He said, "No. You tell me who." So he told him that this is the lady who is – I don't know if you should call her Mother or anything, but She's the spiritual leader. She has given us self-realisation." Next day he got a plane and I mean how frantic he was seeking, and he came to London. Then when he came to My house and he asked Me I am coming by train, how will I recognise you?" I said, "I will recognise you, don't worry, and I am the only Indian lady there. He came down all the way from the station to My house. He was walking for fifteen minutes. He was talking, talking, talking, telling Me. Very intelligent man. Very intelligent, all kinds of books he had read. He had gone I tell you - become like a library confused. I said, "What's this going on?" I said, "Let him talk. Let him tell." That all happened in Berkeley. And he came down there and he said, "Mother there are many like me. I said, "AH?". That's the reason I wanted to come to Berkeley when he told Me, "There are many seekers in Berkeley and I always thought I should go back."

Then he wrote to some people here when he got his realisation. But people would not care. He said he used to have arguments, big meetings, seminars and here they are not bothered about what I am writing to them. He was so disappointed. Doesn't matter. But whatever it is now I leave it to you to understand that there's a very great thing awaiting for which you don't have to pay at all,

but you have to give some time to your self-realisation. And that sometime is something that they will be having follow on or something. Please go to that follow on and learn it. You can master it. Not at all difficult to master. If Russians could do it why not you? Just think of it of how much you can help your countrymen and the whole world. Americans are known for going all over the world to help, but now we need a self-help. We have to help ourselves.

Last of all there are many things which I could tell you what happens after kundalini awakening and when they used to write to me – this miracle, that miracle and all. So I asked for an Englishman and I said, “You better now write about them.” So he said within one month all of them have come up to my head like this. You better select Mother.” “ I said I have no time so leave it as it is.” So many things can happen to you which will be very beautiful and you will meet with such beautiful people and experience all that is there but above all what happens to you is that you jump in the ocean of joy. Joy is something cannot be expressed. It is to be felt. Happiness and unhappiness are two sides of a coin. But joy is singular and you enjoy everything. Everything you see you enjoy. Everything you hear you enjoy. Life becomes so enjoyable and you become such an enjoyable personality.

We have had all kinds of people coming to Sahaja Yoga. All kinds and you'll be amazed how they are transformed and have become such beautiful people. All over the world. May God give you wisdom. You have intelligence and also you have lots of understanding but wisdom is something one should have. Without the wisdom you cannot achieve spiritual heights. You are a pure spirit but you have to ascend and dwell in that beautiful atmosphere of Divinity where the Divine helps you, fully protects you. Looks after you, guides you. So many things happen that you'll be amazed. Not by reading. By reading you are lost in the words as Adi Shankaracharya said [Hindi] Means in the web of words we are lost. We have to go beyond it. These words can at the most give some joy to your mind but we have to really be there because you are real seekers and that's your right to have it. You have to get it. May God bless you all.

It will hardly take ten minutes for you to get your realisation. Hardly ten minutes. Maybe even less. But first it used to take you will be surprised, half an hour My hands used to break raising their Kundalini. But now it seems the awareness is quite different. It works very fast. So I would request you to be comfortable. Just be comfortable and you can take out your shoes would be better idea because this Mother Earth you know, she helps us a lot. You have to put both the feet apart from each other.

There are two conditions. Very simple, very simple. The first condition is that you don't have to feel guilty. That is you must forgive yourself. Whatever has happened, has happened, now finished. What's the use of carrying that guilt. And the guilt in modern times, I must tell you, it's so superficial. Whatever is finished, is finished. That is in the past. But if you feel guilty then this centre catches on the left hand side. This is a very important centre. And this centre for Americans especially who will know later on why. But this centre when it catches, what happens to you firstly that you get a disease called angina where the heart cannot pump straight blood for the brain. Then the second thing is that you might get spondylitis of a very serious kind. Thirdly you might get lethargic organs. So why carry this thing called guilt which has no meaning, to torture yourself, to trouble yourself. Those who do not torture, others take out on to themselves.

The second condition is also simpler because this centre is like this. [Shri Mataji indicates the Agnya chakra area.] You see this how this cannot open. So to open this you have to forgive others. Many say it is difficult to forgive. Whether you forgive or don't forgive what do you do? You do nothing. But by not forgiving you torture yourself and the one who has given you the trouble is enjoying nicely and why you are torturing yourself? This centre is very important because I told you it's very constricted. So you have to just forgive. Forgive everyone. Just say in your heart I forgive everyone. You can call me Mother. You can I Mother I forgive everyone. And you'll feel much lighter. No use carrying the load of not forgiving. This is what is the second condition. I hope you don't mind if I say that, that you forgive yourself and forgive others. It will make you much lighter and this centre will open because the Kundalini has to move through these centres.

So now you have to put both your hands towards Me like this. Towards Me. As I told you that you feel it on your fingertips. So what you feel is the cool breeze. Cool breeze of the Holy Ghost. Sometimes you feel hot. I'll tell you why but you will feel that and also you will feel the cool breeze coming out of your fontanelle bone area which is soft bone, matured soft bone in your childhood.

So put both the hands towards Me like this. There, now please put the right hand towards Me close your eyes and take out your spectacles if you like and put the left hand on top of your fontanelle bone area, not touching the head but away from it. Now please put the right hand towards Me and feel if there is any cool or hot breeze like vibrations coming out of your head. Now please take your left hand towards Me like this. Place it like this towards Me and put your right hand on top of the fontanelle bone area above. Now some people get it far. Some people get it close. So just move your hand and see. If it is hot that means that you have not either forgiven yourself or forgiven others. So now you do it please forgive. Forgive yourself and forgive others. Please, please. This heat will go away. But if it is a hot coming also doesn't matter it will cool down after some time.

Now again. Once again please put your right hand towards Me and left hand on top of the fontanelle bone. Please put down your head. Put down your head then you can see if works better. Don't think. Don't think. Now please put both the hands towards Me like this and don't think. Watch Me. Don't think. It is not mesmerism because I have closed My eyes now right? Now please open your eyes and now if there's cool breeze coming from down below then lift it up and put it on top like that. Now again please put both your hands towards Me like this. Don't doubt it. Please don't doubt.

Now raise both your hands towards the sky like this and push back your head. Here you have to ask one of the three questions three times. One of them only three times. You can call me Shri Mataji or you can call me Mother. In your heart please ask, Mother is this the cool breeze of the Holy Ghost? Push back your head. Another question is, Mother is this the all-pervading power of Divine Love? Ask genuinely with a genuine heart. Third question is Mother is this the paramachaitanya? Ask any one of these questions three times in your heart. Now please bring down your hands. Now put your both hands towards Me and don't think.

All those who have felt cool breeze on the fingertips or hot breeze on the fingertips, or on the palm or out of the fontanelle bone area please raise both your hands. That's it. May God bless you. The whole of Berkeley. I am very thankful to you. I don't know what to say because you are really discerning people and that you have felt this all-pervading power. Now you have to just know how to use it. How to help others. How to help yourself. It's very simple and if you can attend our follow-on, follow up programs that they have, you will become master Sahaja Yogis. I know that. May God bless you.

Tremendous experience.

1997-0620, A Journey of Self-Discovery and Collective Consciousness

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20 June 1997

A Journey Of Self-discovery And Collective Consciousness

Public Program

Vancouver, St. Andrew's Wesley Church (Canada)

Talk Language: English | Transcript (English) – Draft

I bow to all the seekers of Absolute truth. At the very outset, you have to know that truth is truth. You cannot change it. You cannot transfer it and you cannot describe it. Truth is to be experienced as told by all the saints, all the incarnations. You can not purchase it. You can not pay for it. It's a funny psychology when people say that we can't believe you because you don't take money. Still, I have not been able to understand why such an absurd idea prevails.

Now whatever I am going to tell you today, please don't believe me blindfolded. We have had enough of trouble from blind faith, and this blind faith has led to all kinds of problems, false, cruelties, there is no end to it. So what one has to know that unless until you experience it you are not going to believe it and I tell you because you are seekers. You are true seekers, an ardent seeker. Special people. You will go on seeking till you find the absolute. So it is important that we must now bring a full stop to our seeking and get what we have been seeking and enjoy it.

You have already been told about the subtle system that exists within us. Believe me, it is there and it works wonders. It is being kept there for your evolution. This is the last breakthrough of your evolution which you have to achieve that when this power rises she pierces through your Fontellene bone area and connects you to this all-pervading power of divine love. In different scriptures, it is discribed as with different words. For example, in the Bible, it is called as the 'cool breeze of the Holy Ghost', also 'all-pervading power of divine love'. But in the Quran, it is called 'Ruhu'. In other scriptures it is called as 'Brahma Chaitanya' and some have called it as 'Alakh Niranjana'. All this is the same name for one thing that is the, 'subtle energy of divine love around us'. So far we have not felt it as human beings. But with the ascent, we are going to feel it. For the first time, you are going to feel this great energy that looks after us which gives us complete protection, complete guidance as if it takes over all our problems and responsibilities. This is not just to be believed, again and again, I say, but to be experienced, how it protects, how it looks after you, how it nourishes you. Imagine in this one experience you get everything. And how much will you pay for it? It is so invaluable. How much did we pay to Shri Krishna or to Rama or to Jesus Christ? No saint has ever been sold like this. So this funny ideology that you must pay for everything doesn't apply here. If you decide not to pay to any guru of India or England or America, all of them will drop out. Because this is a business. It is a business for them and there is no business in Sahaja yoga. It's a natural phenomenon of your growth or your evolution as the last breakthrough. This has to be understood very clearly. If you understand that, then I can explain to you what all things can happen to you once you get your Self Realisation'.

Apart from describing about this all-pervading power, I would like to tell you, what happens to you once you become 'one with this divine power'. Just like this instrument, if it is not connected to the mains then it has no identity, it has no meaning. In the same way unless and until we are connected with the main switch the power that has created us we have no meaning and we have no identity. We may think of many things that we are this we are that, all these things are temporary you know very well, and they will drop off any time, but something that is eternal, that is the 'absolute truth' which you know through your spirit. So what is the 'absolute truth' is that you are not this body, you are not this mind. You are not this aspirations, conditionings and this ego, but you are the 'Pure Spirit'. You are the Pure Spirit which you have to become. Unless and until you become that you will be restless. You will be struggling. You will be seeking. You will not be satisfied with whatever you are doing. So to be the Spirit' what have you do is the ascent. Accent how do you achieve is through this Kundalini awakening which is the subtle energy in the triangular bone. Can you imagine, Greeks called it as Sacrum? Sacrum means secret. So they knew that it is a sacred bone and this is to be worshipped. It is remarkable how in many countries the knowledge of Kundalini was known and it was known in Ukraine, you will be amazed. In Russia, known in Columbia and Bolivia and also in Greece. I mean so many countries I have visited I feel it was known among the aboriginal also that there is some sort of a power within us which will connect us to the divine. But

later on, I don't know because of blind faith or maybe because of no subtle ideas people just forgot about it and that's how so many problems were created. So, first of all, we have to understand that we exist in the future or in the past. We have nowadays the problem of stress. Very common because we live in the past and the future which does not exist. In our brain from both the sides, it is like a balloon is two institutions as you have seen, get filled up with our conditioning and with our ego. These two balloons when they are completely full we get the feeling of what you call stress because there is no outlet to it and that's how you develop those problems which are very modern today. Now, this ego and conditionings make our mind. We have made this mind. We have conditioned it. Supposing I am born in India then I am an Indian and then I am conditioned by all Indian things. Supposing I am born in Canada, then I am a Canadian, if I born in a Christian family then I am a Christian, I am born in Hindu, then I am a Hindu, or born in a Muslim then I am a Muslim. So this conditioning goes into us without even thinking about it, without even understanding it. Even we get lost into the web of words which Sankhara Chariya has called as 'Subd Jalam' meaning the words. You go on reading, reading, reading, reaching nowhere. This web of words keeps us away from reality. This mind I always say is a myth because it is created by us. As we have created a computer we have created this mind. One day may come when we will become slaves of this computer. In the same way, we are the slave of this mind and just want to bother about this mind only, what it says what it guides. There is someone I was told in America who has come to say that I can tell you how to control the minds of others. And he says I can control the mind by showing a pendulum movement. Now just imagine people have sold their houses. They have taken out their children from the school with such a man who talks bombastically about these things, that you can project your mind here, you can project your mind there. What has this mind created? If you see today's films, today's creations, I can say, the modern culture, where the mind has gone? How far it has reached? What has it achieved? If you see the achievement of this human mind you might be quite amused. Except for very few things this mind has created more destruction, more destructive power and more hatred. If we have to listen to this mind, I don't know how this world is going to exist, because all the time there is competition, all the times there are conferences about how to destroy each other. This mind of ours has to be transcended. You have to go beyond this mind so when the thoughts are there about the future and the past, we are jumping on the cusp of the thoughts, but we are not in the present. If I say you be in the present then you can not. The present is the reality, not in the past or in the future but in the present and we can't be in the present because we cannot transcend this mind of ours. For that, the Kundalini does the job. She pierces through this mind, through a very constricted Agnya Chakra and comes out of Fontellene bone area. As a result, you become 'absolutely thoughtlessly aware', about which thank God, Yung has talked. Yung has said that "you have to first become thoughtlessly aware." You are fully aware but you are 'thoughtless.'

This is very well described in our Patanjali and all these Shastras that he has very clearly said that once you become thoughtlessly aware, you have crossed your mind. At that point what happens to our awareness. What happens to us that we become absolutely peaceful. The so-called stress and strain all disappear. We become absolutely peaceful. Very much satisfied and we become like a 'witness'. We see the whole world, the working of the world as a witness. It is said in the Bible also that, 'you have to be the witness'. Said also that, 'you have to be born again'. That means people put a blackboard here saying I am born again. What does that mean? You just put some sort of a sign or signal here saying that I am born again. You are not born again. That is deceiving yourself. If you are born again then you have 'powers'. Like a bird is called as Dwijaha, in Sanskrit language and also a realized Soul is also called Dwijaha, that means 'born twice'. Dwihija I think.

The one who is born twice like a bird he is an egg then he becomes a bird. In the same way, a human being is a human being then he becomes a bird, complete free. Freedom. Complete freedom he has. Freedom from all kinds of bad habits. All kinds of bondages. All kinds of wrong thoughts. All kinds of hatred and all other enemies of human beings. He becomes completely free and then he spreads his wings in the same way as a bird does. So this is what has to happen. That is what one has to get to is to get rid of these shackles which have put down our personality. Have created all the problems for us and for others. Now as there are some Shiks I must say, something it is said in their own Via Guru Nanak himself has said that (in Hindi translated) Why do go to jungles to find Him, HE is within you, you know yourself, and the self-knowledge is the only way you can realise. Every one of them have said so. Also, there is Kabira, he said, how am I to explain, (in Hindi) how can I make people understand because the whole world is blind. You see all the saints in India or all over have said, the same thing that you have to transcend. Transcend this mind and go beyond it into this new state of 'thoughtless awareness'. Then you become absolutely a gentle, beautiful loving personality. Your temper falls down. Your all anger falls, all kinds of ideas that hover in your mind all the time, all types of ideas stop. If you want to think you can think but if you don't want, you don't have to think. Then the whole picture now I see this beautiful church, the way the beautiful glasswork and all that work is so very beautiful but when I see this in thoughtless

awareness, what happens that I don't think how much it must have cost, it might break or it should be insured, something, I don't think like that. What I feel is the joy, the artist who has done it. The joy of the artist who has put inside this beautiful stain work of Jesus. I feel the joy of that artist flowing in me and just cooling me down. You do not get ideas about how much I should pay, whether it is a carpet, now there is a carpet, how to put it sort of for insurance, and all these problems that face us, all this disappears. All that you see is the joy and get all the joy pouring into you and making your life so joyful and happy. This is the first state where you arrive which I call 'thoughtless awareness', which has all these qualities that manifest in your personality. But beyond that when you see that this Kundalini passes through your physical strata that is the part of the Chakras, you get better. Your health gets better. We have seen people cured of Cancer. Cured of all kinds of horrible diseases. Not only that. We have also seen people being mentally perfected, those who were mentally upset, depressed. Even lunatics have been cured with this happening. This is your own power. Nobody is obliged to anything. It is your own power. Own power, this is your own Mother which gives you your second birth. She has been waiting for this day, for this time, because you are so much, so much worthy of it. Because you are seekers, this is your birthright to have this realization. To have this self-knowledge. Because on your fingertips you know about your own centres. This is your self-knowledge. You know where are you, what is wrong with you because these centres are for your physical, mental, emotional and spiritual being. You can detect where are you catching, on what finger you are catching and thus it is all decoded and you can find it out. It is a very simple art which can work very well. Once you start understanding you are amazed at yourself how it is known to you at your fingertips. Everybody feels the same way because this is 'Absolute knowledge'. So there is nothing other knowledge. If the child says this finger is catching then everybody will say this finger is catching. That means something is very very wrong with the throat or maybe you are having some sort of a cancer of the throat. Depends on the intensity of this catching sometimes, you feel like burning, sometimes you feel it's very cool down, depending on what is the decoding of this. That is how you can cure yourself and also you can cure others. So this another awareness comes into you is of 'collective consciousness'. 'Collective Consciousness', that is who is the other. You can feel everyone on your fingertips. You know about everyone on your fingertips, whether he is dead or alive, whether he is near you or away, you just have to take the name and you can feel it. Now there are many people from India also from I don't know from everywhere, they come in the name of God. I mean I don't know how to describe, they are missing some people showing a hundred dollar note that if you send this to God, God will give you everything. Such a stupid thing also people, I don't know how people listen to such stupid things. Now you can make it out on your fingertips if this man is a truthful fellow or he is not. If he is trying to cheat you if he is trying to make a fool out of you. Only on your fingertips, you will know everything. It is not difficult at all even for children. Even the children can say what is wrong with another person is as far as the centres are concerned. Then these centres are decoded so you know what is wrong with this centre, this centre, for example one fellow came and asked me why they were asking me about my father. Everybody came and asked me about my father. Why? I said maybe this finger was catching. Now when he got Realisation' he felt the heat on this finger and it was verified. So all that we are saying is that it can be verified, is to be little bit have a little bit to learn with little patience, how to verify, what is the decoding at the most one month. In one month you can be masters. You all can be masters, you can correct others, you can give them Realisation'. Now, this is the power you get when you are twice-born. I said you must have powers. So the power you get is that you can raise the Kundalini of others. You can give them Realisation', and you can cure them. You can correct them, and also your whole being becomes nothing but a peaceful being because you are beyond your mind. People talk of peace. They give awards of peace, I have seen and met many people who have got these awards. They are horribly hot-tempered, horribly right-sided, aggressive people. But they get peace award from I don't know which angle they are given peace. Perhaps most of them have been instigating or have been starting some sort of trouble in any country and they have got the peace award. Peace has to be within us. Through only our transformation we can get peace. If we do not get our transformation, we cannot get peace within. We cannot. Our attention itself is so disturbed all the time, our attention itself has no peace but once you get this status of peace within you, you emit, your attention emits peace, it gives peace, because who is the other, whom are you going to fight. One finger of my hand does not fight with another finger. In the same way, we are part and parcel of the whole, like a microcosm becoming a macrocosm, we talk about it but you become. Again I say like in Sahajayogi you become. It is not just talking. It is not just giving a sermon. It is not just telling a story, it is what happens to you, that your whole personality changes. It gets completely transformed tonight you will get it. In one evening you can get it. Now the question is how to grow. Then we have here some very, very, good Sahajayogies, they are very humble, nice people. They will not touch your ego but might suck in your egos and you will find yourself extremely congenial, extremely beautiful and there is a big race of such people existing today. William Blake said there will be born people or the seekers he said, 'people of God', and they will know God, and they will become peaceful. He has said it very very clearly and that is what is happening today, and is going to work out. I call it the 'blossom time' and this blossom time is really, so many seekers are

there and who are receiving their Realisation'. It is a fact. I am not telling you anything to gain anything. But this Canada I have visited many a times and I was surprised. In Canada, people are not that sensitive. Very surprising that people in Russia are extremely sensitive. Extremely sensitive. Once I went to the first time I went to Leningrad and there were hardly 2000 people inside the hall because the hall was for 2000 people but outside were 2000 sitting. They said Maa, what about us? I said alright let me finish with these people and then I will come out. When I came out they were still sitting there. My God, what to do? So I said "alright." I said, "can you come tomorrow, we will sit outside here on the grounds and we will have it". And so they came. But not only they. They came and those who inside came and 2000 more people came and since that day they are Sahajayogies. Since that day. I did not have to say now do this no, no, they just jumped into it. I must say this communism is not a very good thing, but the torture of the communism has made these people so deep, so sensitive, so introspective. They have been introspective that I know because I have been going to Russia before also with my husband. I always feel they are very introspective people but they were so deep I never knew. Now today there is a joke that one Sahajayogi from America went there and the Sahajayogi from one place Thalaiyatti asked him, how many Sahajayogies are there, it is a long time back. He said, we are 56000. He said my God you are 56000 we are only 21000 in Thalaiyatti. So you can imagine it is like fire it has spread. Of course in India I am not surprised, but for us the system traditionally we know what is our future. We know what we have to achieve. Traditionally we know, I mean, there are politicians and there are other things but the majority of the people in India know that we have to have our Self-realization, otherwise everything is useless. And so it is not so difficult. But in a place like Rumania, Russia, it has spread like fire. But not in the Western countries so much. Of course, it is, Italy is alright, I can say also Austria, Germany, but the transformation that has taken place in people is remarkable. First time when I went to Russia to Moscow 25 German Sahajayogies came. I asked him, "how are you here?" "Mother is not our responsibility.? Our forefathers killed all these Russians so we think it is our responsibility that we should come." Now, this all I was so touched by the whole thing that look at these Germans, they are feeling so much for these Russians and then I was told that they have now gone to Israel. I said, "why to Israel?" Mother, how many Jews the Germans have killed. Is consciousness. They went to Israel, they spend their own money, they stayed there, they got some Israeli as Sahaja yogi. But then I was amazed that in Egypt, these Israeli came. I said, "how are you here?" They said, 'Mother we must make friends with these Muslims. Isn't it necessary that now we should be friends?' "So they are all friends of pure relationship. There is nothing like somebody's husband running away with somebody wife and all that nonsense. All other pornography and all nonsense that you have here. Nothing of the kind. They are completely transformed and changed. Absolutely changed people. But one thing about them is that they are not so money-oriented. This money-oriented is going to lead us to a very great disaster you will see, very soon. You will be breaking our families, breaking our children, I don't know what is going to happen, because money can never give you pleasure. It can never give you joy. But I don't say that you don't have to earn money but then you feel satisfied and you do not become a greedy person destroying yourself. All this is possible if you become 'complete'. Unless and until you have the completeness, that fulfilment of your being is not there and then you start doing all kinds of things which has no meaning, which has no legal permission, neither it is good for you nor it is for your society and if you watch you will be amazed to see, how many are getting destroyed. In America they say that 65 per cent will become schizophrenic. It is beyond me to understand why should they? They have such nice medical science everything but schizophrenia is very common. Why? Because there is no balance. Only through this, the balance is established. You become one with yourself and you enjoy yourself in such a manner that you enjoy everyone. All these stupid ideas of enjoyment where you just waste your energy and create problems for each that doesn't exist. You get into such a beautiful mood, you enjoy everything then all this race and creed and religion and all these divide things which have separated us from one another just disappear into thin air, and you will be amazed how you achieve a state which is so beautiful and so peaceful. There is so much to be talked about and to be told about this, but I would say that I hope you will attend our follow up meetings where you don't have to pay any money again and if you are insisting on paying then you pay yourself but please attend this follow-ups. Before that, I have to give your Realisation', for which I hope you are ready. Those who want to have their Realisation' can only be in the hall. Those who do not want should go away because we cannot force it. I cannot force it. It can not be forced. It is so 'spontaneous'. It is a living process of your evolution which works 'spontaneously'. If you want it will work out if you don't want it it will not. So please I would request all of you to be here, if possible be humble, and not to be critical, don't doubt yourself, and it will work out. I am sure it will work out. It won't take much time it will just take short time for you. Hardly about 10 minutes.

Something I have to suggest is that we have to take out our shoes. I hope you don't mind.

(Some more people can come. No harm. If some people want to sit. Some more people can sit but doesn't matter you are far or

near. Makes no difference at all.)

Now there are two very very simple conditions, very simple. The first one is not to feel guilty about anything. Supposing you have done some mistakes. So you need not feel guilty about it. It is all done. Finished. IT is past. (Here sit here in the front. It is alright.) And no use carrying that all the time. I have done this. I have done that. Actually the modern norms are also so funny that even if somebody say takes the spoon in the left hand and takes the knife in the right, he will go on thinking about it. Oh my goodness what did I do? So you should know that if you were guilty you would be in jail and not here. So none of you are guilty. It is just a fashion to feel guilty for everything. But do you know, feeling guilty what happens? This side of your centre, this centre is very important, gets caught up. And when this centre is caught up then you get first of all the disease called as angina which is a serious disease where the blood cannot reach the heart. Then after that, you get spondylitis, if not that then you get lethargic, very lethargic organs in your body. So why to carry any guilt, unnecessarily making yourself sick and torturing yourself. There is no need. You have to love yourself. You have to understand that you are human beings, and special people, very special people who are born to seek the truth. It is a very great achievement I think, that you are seeking. How many seekers were there at that time of Christ? Very few. At that time of Buddha very few, but today I find thousands and thousands. So you are something special, and that's why to respect yourself. You have to respect and you have to love it. You have no business to condemn yourself saying that I have done this guilt and I have done that wrong, that wrong. Forget it. It is conditioning.

The second point, the condition I would, say is that you have to forgive everyone. Now many people told me that it is very difficult to forgive. But logically see whether you forgive or don't forgive what do you do? You don't do anything. You are just torturing yourself. Why do you want to torture yourself, while the people who have troubled you who you are not forgiving are enjoying life and you are torturing yourself? Now, logically you understand this. So just say in your heart, Mother, I forgive everyone. That's all. You have to say that in your heart. In your heart, 'I forgive everyone'. Don't think about them. Because thinking about them is also a headache. Just in general if you say it will work out. Why? Because this centre is like this. Absolutely constricted and if you do not forgive it will never open and Kundalini will not pass. So you have to forgive everyone. You don't do anything. Just you have to say, 'I forgive everyone'. That's all. These are the two conditions. I think they are not very difficult. The third one, I have already requested that you have to take out your shoes, and nobody has minded it. I must tell you in England first time when I said that please take out your shoes, half of them walked out, so I was a little worried. I hope in Canada you are not attached to your shoes to that extent. (laughing).

In short, you should be pleasantly placed towards your self. You should be Prasanna Chith. (Hindi) Become PrasannaChitha and sit. You should be pleasantly placed towards yourself and not to feel in any way guilty or in any way being tortured by someone, so you cannot forgive. You just forgive and see.

Now please put your hands both of them like this towards me, just like this, simple. See because I told you these are the five centres sixth and seventh centre these are the endings of the Sympathetic Nervous system so the energy has to flow through this. You just put your hands towards me like this. Can you? Little higher, all of you, please a little higher. Now you have to close your eyes. You can take out your spectacles if you want. Please close your eyes. Now put left hand towards Me and right hand on top of the Fontellene bone area which was a soft bone in your childhood. Please put your right hand on top of your Fontellene bone area. Now bend your head as much as possible. Now please see if there is a cool or a hot breeze like vibrations coming out of the Fontellene bone area. So keep away from, not on top but away from the head. Move this hand up and down because some people see it very near the head and some people see a little far away. Just see if it is a cool or a hot breeze. If it is hot that means you have not yet forgiven. You have to forgive yourself and forgive others if it is hot, but doesn't matter, as long as you get the breeze like vibrations. Now please put the right hand towards me, bend your head, close your eyes and see with the left hand if there is a cool or a hot breeze like vibrations coming out of your Fontellene bone area. Forgive yourself and others. Please forgive yourself and forgive others. Now once again put your left hand towards me and put your right hand on top of your Fontellene bone area. Now bend your head and now see for yourself by moving your hand if there is a cool or a hot breeze like vibrations are coming out.

Now slowly open your eyes and put both the hands towards me and watch me carefully. Don't think. Don't think, just don't think. Your thoughts will stop because you are in that state where I told you in a 'thoughtless awareness'. In Sanskrit, we call it Nirvichar

Samadhi. Now if you are feeling something cool or hot coming below your hands you push them like that. Now raise both your hands towards the sky and here you have to ask one of these three questions, three times. One question three times. The first question is, you can call me Mother or Shri Mataji as you like. 'Mother is this the cool breeze of the Holy Ghost?' Three times you have to ask. Or 'Mother, is this the All-Pervading Power of Divine love?' Three times you can ask this one Or 'Mother is this the Roo?' Is this the 'Alak Nirajan, Paramchaitanya?' Ask this three times again. Whichever one you want to ask. To verify. Now bring down your hands. Again please put them and watch me without thinking. All those who have felt cool or hot breeze on the palm or the fingertips or out of the Fontellene bone area, please raise both your hands. May God bless you. I have to forget Russia now. I can tell you. May God bless you. So blissful to see all of you getting 'Self Realisation', but now you should see that you grow in it. Like the seeds sprouts but it has to grow so you have to grow because the centres may be in jeopardy. Maybe there is some trouble there and it can be cured, it can be helped, it can be opened fully. The only thing you have to come to our follow up programs. It will be conducted, I don't know, they will tell you just now where it will be conducted. I hope you all enjoyed it very much and you will become part and parcel of the whole.

May God bless you.

They will sing some song, one song and you have to clap. In the clapping, you will see the vibrations will increase and improve. So enjoy it now. Enjoy the message. Enjoy yourself. Enjoy everything.

Clapping.

This is the song they are singing, was written by a Saint, in the twelfth century and here he is saying that, 'O Mother, give me the Yoga, jogua and then he says that I will do this and I will do that, but you please give me the yoga. Now this song is sung in all the villages of Maharashtra but they don't know what they are asking for. Now, Of course, it's much better but all of them have been singing this song in the villages as entertainment that, 'O Mother give me the Realisation', yoga, 'union with the Divine'. You may not understand the language but the vibrations you can feel.

Song starts.

People clapping.

You see the Kundalini rising. 'Ambe' is the Kundalini rising. That is how with the hands they sing, like this you rise. The kundalini, rise like this.

Thank you very much all of you. Thank you.

1997-0622, Oh Mother! Take me out of this webs of words

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22 June 1997

Oh Mother! Take Me Out Of This Webs Of Words

Public Program

Toronto, University of Toronto (Canada)

Talk Language: English | Transcript (English) – Draft

Public Program, Canada, 1997-0622

Yogi: Can you turn the house lights off, please?

Good evening everybody and welcome to this [UNCLEAR] of program on sahaja yoga, in the presence of Her Holiness, Shri Mataji Nirmala Devi. We shall now going to have, now have a brief introduction on the different aspects regarding sahaja yoga and basically it is going to be an introduction to ourselves that after Shri Mataji comes and She begins Her discourse, we are going to try to have before that a background in our minds uh.. as to what exactly should we expect, what exactly we would have then and try to on the context the meaning the things that She's going to tell you. Believe me, this evening is a [UNCLEAR] evening in the lives of all those of you who are going to see Her for the first time. To begin with, as we all know from different walks of life, through the ages the prophets and the seers, after whom the great religions have been established, have talked about an inner awakening, a search for the truth that exists within each one of us, the realization of the Divinity that exists within each one of us, the awakening of Divine potentials within each one of us and in doing so seek our integration, our union with the All-Pervading power of God. This has been called and termed through various terms, various modifications, various definitions and one of the commonest ones is yoga. Yoga actually means the union; The union of the Soul which is there within each one of us and that of the All-Pervading power of God and in the union between the Atma and the Parmatma or the individual Soul and the Supreme Soul. Shri Nanaka, who established or after whom came to be established the religion of Sikhism, said very clearly, "Kaahe he mann khojat jaaye, sada niwasi, sada Alepa, tohe sung samaaye" - Why is it that you go on searching for that external, without, when that which is the highest, is the most sublime is in fact within you? Christ spoke of the Kingdom of God saying that the Kingdom of God is within each one of us and we have to reach that Kingdom of God, that we have to be born again and upon which they [UNCLEAR] asked, one of the disciples that, "Being born again, does it mean we have to enter our mother's womb?" He said, "No, the Kingdom of God which is within you has to be reached to a process and thus you have to take to a second birth." Lao tse spoke about the internal river that flows within each one of us; Confucius said about the same thing and thus you have all these people who have been through the centuries speaking about something within each one of us that has to be awakened.

So what exactly were they speaking about? Were they speaking about different things - in fact, no. Socrates said, "Know thyself." The essence of his philosophy was to know one's own self - meaning to be realized within one's own self. To have this union, to have this loss of attitude [UNCLEAR] between the self and the other person, to have, in other words, the complete union that was to have the yoga. Now, the instrument of this yoga resides within each one of us and it is possible for each one of us to achieve this state. At this point of time, permit me to emphasize, that what we are going to see just now, is nothing new, is not an invention, is not a new discovery. It has been something which has been spoken about again through the scriptures in the Bhagwad Gita, in the Bible, in the Granth Sahib. In the Koran it has been said time and again and many have tried to achieve this state and many did, however, their numbers have been far and [UNCLEAR] between because because on the Holy Spirit ladder, on the process of our evolutionary scale, the time had not come for everybody to achieve this state. As all of us know, human evolution has been progressing for millions of years from unicellular actually simple organisms to highly complex, highly evolved multi-cellular, multi-functional organism, which is the human-being who is at the apex, the epitome of evolution - we have evolved to this [UNCLEAR].

But the evolutionary process has now reached it's penultimate stage and now we have to cross over into that area whereby for

the human level, from the consciousness at the human level we have to achieve that which is beyond, which is beyond the limited human consciousness. and thus the time has come which Shri Mataji prefers to call as the Blossom time where the Universal Self has to be reached by the individual Self. The individual consciousness has to be integrated with the Universal Unconscious. and that is where sahaja yoga comes into the picture. Sahaja yoga makes this process extremely simple and the awakening of this power within us takes place without any effort - absolutely effortlessly. Sahaja yoga, by definition, is a synthesis of two words - 'Saha' means with and 'Ja' means that which is born with. So sahaja means that which is born with and that is how the yoga takes place. Now let us see as to what is this instrument of integration that is present within each one of us. As you can see in this chart, we have about three channels flowing within each one of us. On the right hand side we shall see a yellow channel which is called as the Rajogun or is called as the Pingala Nadi.

On the left hand side we have, what is called as the Ida Nadi or is the Moon channel and in between we have a channel which is called as the Sushumna Nadi or what is called as the Satwagun. Now these aspects have also been spoken about at length in different philosophies. The Chinese called it or have called it the 'Yin' and the 'Yang' or the power of the action or that was the passive power and that was the active power. In Ayurveda it has been called as the three different elements which govern the life of the individual. And here we see that this is precisely what they have been talking about that the right side, which corresponds to the Right Sympathetic system, is the channel whereby we are able to act - it gives us the power of action. On the left side which is, as you perhaps might be able to perceive, is the dark blue colored channel, which is the passive side, is the moon which we call it the channel of the moon and that is the side which gives us the power of desire. It is through this channel that we get the power of desiring things. So we can desire through our left side that is the left channel and we can act out those desires through the right side. The most important one, is the one in the center which is called as the Satwagun, which is the central path of evolution and within this central path are situated different centers, different energy centers, which in ancient Sanskrit text have been called as chakras meaning seats or seats of power. There are about seven main chakras in the body and we shall take up quick look and follow them and, of course, there is the Kundalini energy, a dormant energy lying within each one of us which is, in fact, the instrument of our union with the Divine, which actually brings about the union between the individual Self and the cosmic Self.

It is extremely difficult to cover everything in a brief introductory talk but we shall try to understand as much as we can so that we can have, as I said before, a brief background as to what we shall be privileged to hear once Shri Mataji takes the floor. At the bottom we have a red colored chakra, which is called as the Mooladhara chakra; Now these chakras are situated within the Central Nervous system - they are extremely subtle, not perceivable to the human eye very visually, however, they have anatomical correspondences. For example, though we may not be able to see the three channels they correspond on the right side to the right sympathetic chain, the left side, the left side sympathetic chain and the Satwaguna or the middle channel corresponds to the Parasympathetic chain. Similarly, the seven energy centers correspond to seven anatomical plexuses within the human body. A plexus is nothing but an aggregate of nerves. So we start at the bottom, which is a red colored chakra, is called as the Mooladhara chakra, it is the seat of our innocence, it is the seat of our purity, it is the seat of our chastity. On the awakening of this chakra, through Kundalini awakening, these are the qualities that manifest within each one of us. And thus as we progress through these channels, through these chakras which [UNCLEAR -I'LL ENUMERATE?] very briefly what are the qualities of each one of these chakras and what are the benefits that we are going to get out of it because the bottom line is, okay if we do sahaja yog, if we take our Self-realization, what's in it for us? So as we shall advance, we shall realize that there is indeed a virtual storehouse of benefits for each one of us.

Above the red colored chakra we see a triangular bone which corresponds with the gross sacrum bone at the bottom of the vertebral column. Here resides the Kundalini shakti, what is called in Sanskrit as the Kundalini shakti. It is a dormant, residual energy within each one of us and it is to the ascent of this energy that as we have said before, "We'll seek our Self-realization." Above that we have a yellow colored chakra which is called as the Swadishthan chakra, is the second center. It is the center of creativity, of activity, of intellectual functions and it is through the exercise of this center that we are able to plan, we are able to think we are able to [UNCLEAR - ACT UP?], we are able to conceptualize and naturally an over-functioning of this chakra can result in imbalances. Above that we have a green colored chakra, which is called as the Manipura chakra, which corresponds to the Aortic plexus in the human body and this chakra has qualities which give us a sense of proportionality, a sense of balance, a sense of satisfaction, a sense of integration, a sense of dharma as is said in the ancient Sanskrit text, which means a sense of

duty - a duty that is sacred, a sense of duty that is there within each one of us. Duty as a citizen of this country, duty as a citizen of this, as a member of this social [UNCLEAR], duty as a husband, as a father, as a son, as a daughter, as a friend Within each of our interaction, within the social [UNCLEAR] we have certain duties to perform in an ideal way, in a perfect way and it is to this said that we get an ideal as to how these duties are to be performed. Above that we have the fourth chakra which is also the heart chakra. It has got two components - on the left side one and on the right side one as well as one in the center.

Through this center we get the power of comfort, we get security and it is this center, which is in these modern times, completely in a state of imbalance because of a great amount of physical activity, emotional stress, insecurity through careers, through jobs, due to various other factors - economic, social, convenient just naming. So anything secretly results in an imbalance in this chakra and the raising of the Kundalini puts this chakra in a state of balance giving us the gift of security. Above this chakra we have the fifth chakra, which is called as the Vishudhhi chakra, which corresponds with the Cervical plexus within us. This is the center of communication, our inter-personal relationships - the way we relate to each other as family members, as friends, as individuals in a working environment, as, as individuals in this society, as citizens of the world. This is the center that brings about integration within human beings. Above this we have the sixth center, which is called as the Agnya chakra and it corresponds to the optic chiasma within the human physical body. As you know, within us in the brain there exists a place called as the optic chiasma where the optic nerves actually cross over each other and then go backwards. Now this was, somehow, known to the ancient sages, ancient prophets, who through their Divine realization, had realized and had actually seen this subtle system within each one of us and had already mentioned about it. So this is an extremely crucial center because through this center we get the power of thought, the power of thinking, the power of rationalization and the two channels of the left side and the right side, basically, cross over at this point and terminate into the two balloons of the ego, which is a yellow colored balloon on the left hand side of the head and into a blue colored balloon on the right hand side of the head which are the corresponding the balloons of the ego and the superego. Lastly, we come to the seventh center, which is the Sahasrara chakra, which is the seventh center which corresponds to the limbic system within the human brain.

Now this is the center which contains the seats of all the previous six centers and when the Kundalini ascends through all the six centers and gets go up to then once again the Swadishthan chakra, then the second center, the Nabhi chakra or Manipur chakra, then the third one, the Heart chakra, which is the fourth one, the fifth chakra, which is the Vishhudhi chakra, the sixth one and, finally, the seventh chakra which is the Sahasrara chakra. Once the Kundalini comes out of the seventh chakra, it establishes a contact with this All-Pervading power of God and that is the state which has been described in all the Scriptures as the state of Self- realization. This is the state wherein an individual becomes thoughtlessly aware - is not that is not aware of his surroundings but he is in a state of thoughtlessness and very difficult as it might perhaps be to believe this state is very easily achievable. because as most of us know that when a thought process starts, it starts very slowly, achieves a crest - achieves a peak level of activity - and then it gradually falls down and then the second level starts, the second thought starts and throughout our lifetimes we spend consciously jumping from one thought to the other, to the next and to the next. However, there is a time between two successive thoughts when there is an infinitesimally small space of time wherein you are actually thoughtless but we are not aware of it because it is going on at such a fantastic speed. Through the process of Kundalini awakening we can stay between that [UNCLEAR - IN THAT OR INACTIVE?] period, between two thoughts and be actually thoughtless. This is the state known as the Nirvicharita, which means the state of thoughtlessness which has been described again and again through the scriptures. My dear friends, what I would like to emphasize is, that sahaja yoga brings about this entire process very spontaneously, very effortlessly without involving number one any form of payment of any sort. You don't have to pay a single penny to get your Self-realization because as Shri Mataji says, "You cannot buy your Self-realization and God, most importantly doesn't understand money."

To achieve this state without any effort, without the chanting of any hymns, any mantras, going through any long procedures of fasting, physical exercise, any physical [UNCLEAR], any conditionings, you don't have to give up any thing, you don't have to take any preset conditions It is extremely simple, it is extremely spontaneous, it is extremely effortless, it is extremely effective - it works. Sahaja yoga is today being practiced in more than 65 countries of the world including the former Soviet Union and the Soviet Republics we have hundreds of thousands of yogis all over the world practicing sahaja yoga. Now, what are the benefits of sahaja yoga? Briefly as we have seen, each one of these chakras, have their special qualities and as the Kundalini energy, which is like a Mother, which is our spiritual Mother waiting to give us this great opportunity to be born again, She nourishes

these chakras just like a mother nourishes her own offspring. And thus through the process of Kundalini awakening, the qualities of each one of these chakras starts manifesting through each one of us and thus we can become and we have such people all over the world today who are beautiful citizens beautiful individuals leading extremely moral, chaste, beautiful lives serving a great function not only to themselves but to the societies and to the nations of which they are the citizens. These are the benefits of sahaja yoga in a nutshell. Apart from this you also enjoy very good physical health, psychological health, emotional health and mental health because sahaja yoga helps you to achieve a state of an integrated personality where there is no conflict within yourself and thus you don't have conflicts with others. You don't enter into conflicts with others because you are established in a state of peace and when you are at peace with yourself, you don't feel like getting into a state of disturbance, getting into a state of war even at a mental, at an intellectual level with others. Let us now try to understand as to who is the person behind this great Spiritual happening. Shri Mataji Nirmala Devi was born in India in 1923 in a Christian family.

She took part to, She was the child of extremely patriotic parents, very learned, highly intelligent, very well educated - Her father could speak so many languages fluently, Her mother was a Masters [UNCLEAR - OLDER, VERY OLDER?] in Mathematics. Into such uh..., such a intellectual, highly gifted and patriotic family She was born in 1923. As most of Marathi might be knowing, those were the years when India was trying to get it's independence. and Her parents were deeply involved with the [UNCLEAR]. So at the very young age She got Herself involved in the Indian freedom movement. She even stayed with Mahatma Gandhiji in his ashram at Wardha and at Sabarmati in India and after Indian independence during those years She was married to a gentleman who later served extremely important post within the Indian government and later on in the United Nations. She was married to Dr. C.P. Srivastava, who was the personal secretary to the late Prime Minister of India, Shri Lala Bahadur Shastri and thereafter Dr. Srivastava, Her husband, was for six consecutive terms the elected Secretary General of the International Maritime Organization which is a very important division of the United Nations. The point that one tries to make is, Shri Mataji has been a married person, She has two daughters, She has grandchildren and they're married so She is an absolute householder, an absolutely seemingly, an absolutely apparently and absolutely on the base of it a very domestic person like you and me and each one of us in this auditorium and beyond.

She has completely played Her role as a daughter, as a citizen, as a wife, as a Mother, as a grandmother to each one with absolute perfection to such an extent that all of them even today are extremely devoted to Her. She enjoys a completely blissful married life with Her family but beyond this She is the spiritual guide to millions of Her devotees around the world and She has established this movement of sahaja yoga at the same time keeping Her connection, Her duties towards Her family which brings us to the most important point and the most wonderful point about sahaja yoga, which is that you can have a state of God realization, you can continue to have your state of Zen, your state of thoughtless awareness without having to divorce yourself from any or all of your duties as a normal citizen, as a normal individual. We can continue with our lives, with our careers, with our married life, with our social lives and yet enjoy the state of bliss and happiness. The reason why one tries to emphasize this point has been, is because till sahaja yoga was brought into effect people could achieve the state of Self- realization. However it took decades and decades of, sometimes fruitless perseverance, fruitless effort to achieve this state. People had to leave their jobs, they had to leave their families, go and stay and meditate for years together just to achieve that fraction of this wonderful state. But after 1970, after Shri Mataji established sahaja yoga, this is the blossom time when not one, not two but people in the thousands can achieve this state because human evolution has reached a point now where they can get this wonderful happening within each one of us. I shall now, [UNCLEAR] This is the song is in the Hindi language and the words [MUSIC] [SONG] - Awaaz uthayeinge, hum saaz bajayeinge, hai Mata mahaan apni, yeh geet sunayeinge Awaaz uthayeinge, hum saaz bajayeinge, hai Mata mahaan apni, yeh geet sunayeinge. La, la Chaitanya bahe jahan tak Maa, Hai roop Tumhara hi Hai nirakaar phir bhi, hai swaroop Tumhara hi Chaitanya bahe jahan tak Maa, Hai roop Tumhara hi Hai nirakaar phir bhi, hai swaroop Tumhara hi Yeh shakti roop Tumhara, hum sab ko dikhayeinge hai Mata mahaan apni, yeh geet sunayeinge Awaaz uthayeinge, hum saaz bajayeinge, hai Mata mahaan apni, yeh geet sunayeinge La, la Anmol khazana ban gaya, dil Teri mohabbat se Parivartit harshit ban gaya, yeh Teri ulfat se Anmol khazana ban gaya, dil Teri mohabbat se Parivartit harshit ban gaya, yeh Teri ulfat se Pratibha ki Teri baatein, hum sab ko sunayeinge hai Mata mahaan apni, yeh geet sunayeinge. Awaaz uthayeinge, hum saaz bajayeinge, hai Mata mahaan apni, yeh geet sunayeinge.

hai Mata mahaan apni, yeh geet sunayeinge. [CLAPPING] In this next song is about Kundalini; It's called 'Kundalini rise' O,

At the very outset we have to know what is Absolute Truth is. Whatever I'm going to tell you today, please do not accept it. and do not take it for granted because this blind faith has created so many problems as you know. In every country we have people who have such tremendous blind faith that for ages together, for generations together they have been blinded where they are born, what is their community, what are their parents, what nationality they belong to, what race they belong to. All these have created tremendous conditioning in our mind. and we are bound - we are not free - we are bound, bound by all these ideologies and everything that we have been hearing, which we have been reading about, which we have been knowing. So, for people who are seekers of Absolute Truth must understand that so far have not found out Absolute Truth. Now, what is the Absolute Truth? Absolute Truth has been told by all the great Incarnations and all the saints of the world is that, "That truth lies within you and that you are not this body, this mind, not this aspirations and ego and conditionings and also emotions but you are the pure

Spirit." This is the state you have to achieve Now these modern times, I call them as Blossom Times - they are special times all being already predicted in so many scriptures, especially, in a scripture called as Naadi Granth written by the pioneer of our astrology, Bhrgumuni.

He said, "At these times people who are seeking reality or truth in the hills and dales and caves will find the truth." Of course, as you know that many people are just get enamored by things which are hellish, which are nothing to do with truth. Where you must have heard of so many people committing suicide, going into big violence, killing others all sorts of things which are hellish and they [UNCLEAR] that they are seekers of truth - they cannot. Truth means tranquility, peace. It means also joy. Have you heard of every saint who started a tirade against killing others? Unless and until they were very much attacked, like at the time of Islam, they did not take to it because they do not feel safe and protected. But the problem with all of them was that, they were not connected to the Divine power of truth, to Divinity. In their thought they thought they belonged to some sort of a community, to some sort of a and that is the point why they lost and we are surprised why should they suffer. Now the time has come, special time as I told you, blossom time, where many flowers are born and they have to achieve their complete maturity - become fruits.

This maturity will be possible if you have a steady mind. They start doing guru shopping, going from one to another. If, say, a plant is removed all the time from one place to another, how will it improve? You don't have to pay for it. Also this is another very great objection for Me that you don't have to pay for sahaja yog. They think that if you have paid then you have to do less work - you have paid for it. Secondly, perhaps, maybe, they might think, " Oh, what is the credibility?" Now, something that cannot be sold, which is invaluable, we have to think about Christ, how much did we pay? Think of anybody who was an Incarnation; How can you pay for your Self-realization? How much do we pay for this Mother Earth which produces beautiful flowers for us?

We don't pay Her anything. In the same way you cannot pay for this living process of your evolution which is a last breakthrough, is the last breakthrough of your evolution. So firstly we must understand what this can [UNCLEAR] in our way, in our realization. If I say, this mind, this human mind is the most artificially created obstacle by us. Through our ego, through our conditionings we have created this mind which stops us from entering into that realm of peace, tranquility, of Divine love. How to cross this mind has been a problem for all the seekers because it bombards you with thoughts, all the time it's bombarding your thoughts - thoughts are coming from the future or from the past and we are not in the present. Just now if I say, you be in the present, you cannot be. You'll be immediately thrown to the future side or to the past. These two sides all the time keeps us tossing. The thought comes like this and falls down, another thought comes and falls down and we are dancing on the cusp of all these thoughts all the time and that's why we are restless, that's why we are upset, that's why we have so many problems of our mind itself.

Apart from that we have so many other problems - many diseases are there which we do not know how to cure and if you try to cure one disease, you get another one. It's a very funny thing that if you try to cure, say schizophrenia you get another disease which is because of Dopamine or what ever is, is called as - you get another disease which is more serious when your hands, your feet all start shaking. So now, between these two how are we in the center? For that, our Creator has created this beautiful subtle system within us - whether you believe it or not, it exists. When you are suffering from [UNCLEAR - BODY'S?] diseases and if your power, residual power, which we call as Kundalini, who is your mother, your individual mother - all of them have your individual mother. she knows everything for you, she knows what are your aspirations, she knows what mistakes you have committed, she knows where you have been - it's all recorded but she's extremely anxious to give you this second birth and for that spontaneously she rises, rises and pierces through this fontanel bone area and connects you with this All-Pervading power of Divine love. We have heard about it, we have studied about it, we call it by different names for disciple of Christ call it, 'The two breeds of the Holy Ghost,' very clearly. Then in the Sanskrit language it's called as Paramchaitanya. Also in the Bible is described as the All-Pervading power of Divine love and also Guru Nanak and all these saints have described it as 'Alakh Niranjana' It's a beautiful world 'Alakh' you can see that.

Niranjana means it is without any amusement That's the one is the Spirit of the Holy Ghost, we can say, the power of the Holy Ghost which is around us and when the Spirit comes and it is enlightened, we can feel that power flowing through our Central Nervous system. So there's a word called as 'Budh' from where 'Buddha' has come - meaning to know 'Bodh' means to know on

your finger-tips, to know on your Central Nervous system. It is not just lecture, it's not just creating a sign of a red, 'O, I'm a Christian, I'm a Hindu or I'm a Muslim or I'm a twice born.' A person who is a twice born, is a person who is a realized soul whose Spirit is emitting vibrations on the nerves through the Central Nervous system. It's so close to Science, it's so simple with the Science and when this starts happening then you get this [UNCLEAR], you can call this Self-knowledge. Also in Sanskrit there is one word called Veda from where the Vedas are written. Ved means Vid, Vid means to know on Central Nervous system First stanza of Vedas is that, 'If reading all this, if you do not get it vid of it, means it's known on the Central Nervous system, it's all useless. Shankaracharya has said very clearly, "Oh Mother! take me out of this webs of words." He called it 'Shabdjalām' - out of this webs of words.

You go on reading, reading, reading and Kabira has said, "Padhi, padhi pandit murakh bhaye." - by reading too much even the learned becomes stupid. I used to think, 'What is he talking about, what does that mean? If people read, then how can they become stupid?' Because others go into your head. It's the knowledge of the other people in your head - their own brain is finished. Well, I've met many like that over read people. They just go on talking, talking, talking. God knows what they are talking - incoherently sometimes. So whatever these people have said, I have seen and I've seen in people happen but I've seen something more in these modern times that spontaneously thousands of people get realization It's an enmasse happening - it's not one person giving realization to one person.

It's said in the twelfth century [ie 1200s] in India - there was one, we can call them as one type of seeking. Once somewhere seeking the right side someone left one particular center and they were called as 'Avadhutas' - Machindernath and Gorakhnath, two great people uh..., saints, you see. They went up to Burma, they went to even Russia, they went to uh.. Volimia and these people talked about kundalini. So they know about Kundalini but they don't know how to awaken it and they have run away, these people have run away to Bolivia and all that so it's [UNCLEAR] the knowledge is still [UNCLEAR] in Bolivia [UNCLEAR - SO HIGH UP?]. You can imagine, this knowledge has been there for thousands and thousands of years but has been finished by people who are supposed to be uh.. people in charge of religion; You call them 'Dharma Martand.' They would not accept, they said, 'No, this all nonsense. Even in twelfth century [ie 1200s] when Gyanadeva, such a great poet, wrote about it in the sixth chapter of his book, they said, "This is something is not to be seen 'nishiddh' - you're not to read this," because they didn't want people to have this true knowledge because if they have true knowledge the existence of all these type of people will disappear and then how will they manage because they are money-making or power-oriented, so how will they gain? This was the purpose of deleting all this knowledge completely from human existence. Now, when I start talking about it, people say it's a cult. I don't know how it is a cult when it has been described [UNCLEAR] It has to be experienced, works no doubt.

So, the first of all, as I told you, that you get rid of your sicknesses, your illnesses, your physical illnesses. Doctors are easiest to come to sahaja yog because they see the difference between the treatment of sahaja yoga and treatment of anything. We have definitely cured cancer, definitely cured cancer, definitely cured also AIDS, no doubt but the problem with AIDS people are they're thinking they are martyrs and they're formed in groups of people that they are great martyrs, you know such a martyr - now how can you cure them? They are under a wrong impression that they are dying, like martyrs they're dying; They have flags and they have big, big [UNCLEAR] everywhere - what can you do to such people? But it can cure most of your illnesses - most. I wouldn't say guarantee because maybe, some may not receive it This is the first thing that happens that physically you get cured. Mentally - mentally also many diseases have been cured. We have more mental diseases than we have physical. They're saying, in America very soon there will be 65% people suffering from Schizophrenia - can you imagine? What are we going to do in that country 65% people are suffering but when I tell them they don't want to believe.

Why not? Because you don't have to pay anything, you are not given any medicine - nothing. You are cured through sahaja yoga treatment. Why not go and see that, see for yourself. But the whole medical science depends on how much money you earn naturally; Because we don't earn any money so people don't like us. It's very funny thing but it is happening. Then, all your emotional problems are solved. We have had marriages after marriages every year I don't know how many are married and every year at least, hundred are married in India, also in Russia. About 1% people get divorced - that we don't mind. Divorce is important if it is absolutely [UNCLEAR] If it's troubles each other, it's alright.

But only 1%, at the most, people take divorce and they have children who are extremely talented, beautiful, loving, respecting -

they are out of the blue beautiful children and at a very young age they prosper so we started school in Dharamshala. There's a place in India where it is nice and good and normally in India people have good schools away from the madding crowd of the cities and villages. You'll be amazed to know, that in the Matriculation exam that we have, which is a very difficult exam, I think, compared to any other country, in India, the first person, first of first in the whole of India, was from our school and all the children who appeared for that exam, got first class. To get first class in that examination, is very difficult because it's not an ordinary type of course and imagine, this girl got first class first in the whole of the country - how? And she is American, both parents are American. It's very surprising how it has happened but because your creativity improves, your retention power improves, your memory improves and your attention itself becomes so pure that you don't go on seeing things which are useless, you don't waste your energy, you only see things which give you joy. Your attention is so, so sharp and so loving; It is attention that works everything. Imagine this attention which is hovering here and there and wasting it's energy and all the energy of the body - this attention becomes so sharp and so loving that it goes to places wherever it is required. Because it's Absolute knowledge, the attention itself becomes Absolute. Whatever your attention will tell, is the fact.

Now how do you get the attention on your finger-tips [UNCLEAR]? You can feel on your finger-tips which center is out of caring, which is in jeopardy. You immediately feel on your finger-tips, you yourself become the detector [PLEASE THERE - AFTER THE LECTURE, ALRIGHT?] So, you yourself automatically know what's the matter with you, on your finger-tips - you have Self-knowledge. Now you don't get worried and upset, you take sahaja yoga treatment, you're alright, your chakras are alright, are cleaned out, centers are perfect. Then you can also feel others so you can know what's wrong with the others. Now there are many I know here in this country also in America all over because you're well off people in search of money come here as big gurus and I don't know what they call themselves. Some of them just have changed and wearing saffron clothes they have no [UNCLEAR] about them and they say say we're [UNCLEAR], we're this, we're that and people are so simple they believe them. And so many have minted money. There's one in now in America And he gives some sort of a pendulum to move then you can move the pendulum [UNCLEAR] But what upset Me was that, so many people have sold their houses, taken out their children from school and are suffering so much, so much money [UNCLEAR] So, one has to understand that Absolute truth is to be felt on your Central Nervous system; It is an experience, it is a becoming, you become something.

For example, in Sanskrit a realized soul is called as 'Dwijah' - born again and a bird is also called a dwijah because bird is an egg and then it becomes a bird. In the same way we are in the web of our conditioning and ego but this egg opens up and we grow our wings and complete freedom, complete freedom because you're by freedom you never do wrong things, you'll not do anything that is destructive to yourself and to others. I mean, it's something they talk of religion as if you have become religion or you are beyond religion, you don't need religion - you are religion. That's the state you get and is already described in so many books but we don't understand because it's said sometimes it is in poetry, sometimes in abstract way but you become religious. So first state comes to us when these thoughts are all hovering on our head, when the Kundalini rises She elongates this these thoughts and in between is the bliss of peace where you don't think. In Sanskrit it is called 'Nirvichara Samadhi' We can call it thoughtless awareness - you're completely aware but you are thoughtless, without any thoughts. If you want to think, you can think but if you don't want to think, you need not think. It is fantastical - you become so peaceful that you do not react - reaction goes away That's how family life, national life - everything can be improved. And when you see something, see I see this beautiful carpet here so I don't think, I just watch because if I start thinking, I'll think how much it is, who's it is - if it is mine, I'll be worried it - I should ensure it and all sorts of things. But if there is no thought, I just watch and the joy of the artist which is in this carpet starts in an abstract way starts flowing and starts [UNCLEAR] Me.

Really beautiful things when you see, don't have to think and the whole thing becomes like a peace giving apparatus. Feel so tranquil and so peace and this modern disease that has come of stress and strain disappears. Absolutely disappears. There is no stress, there is no strain because this has opened now, everything passes out. But at the same time the problem gets solved - how? Supposing you are standing in the water, then you are afraid of the waves that are rising but supposing that you get into the boat, then you watch. You watch and enjoy also. Enjoying [UNCLEAR] waves don't trouble. Then what do you do? Supposing you learn swimming.

Swim, go down and save many others who are getting completely lost. This happens to you as a matter of your powers - you become that, you become that powerful and the second great thing that happens is that you become collectively conscious -

samoochik. Like on the fingers [UNCLEAR] you can feel others. Who is the other then? You become part and parcel of the whole; The microcosm becomes the macrocosm. It is said, said but now you become again part and parcel of the whole and the whole looks after you. It gives you such a protection that you are amazed. Recently there was an accident in Philadelphia - [UNCLEAR - FOUR?] sahaja yogis [UNCLEAR] were travelling and the car was crashed. They came back to New York with tears in their eyes, I said, "What happened?"

"Mother, You have protected us." "Why?" Not a scratch on their body and many such things have happened. So many of miracles that now miracle has lost it's meaning really. I told somebody that you better write down all these miracles because I don't have time so within one month he had it up to his head, above his head both the sides papers. He said, "Mother, I don't know what to write what not to write so You better go through this." I said, "I have no time, I don't have time so leave it, it's alright., let them enjoy the miracles." But there is this Divine power, Divine power of love. We need not believe. You're going to feel it today - tonight you're going to feel that power and once you feel it you have to just know how to use it.

So you become collectively conscious and when you become collectively conscious, no fight [UNCLEAR], no; You don't fight, you don't react. There is no need to preach about peace at all; Also giving peace uh.. awards. People get peace awards - I've seen them and met them then how their horribly hot-temperatures have reached, I don't know how they are saying that they have got peace - where? Peace should be within us and once this transformation takes place in human-beings, there will be no war, there will be no problem of any kind with another person, with another human-being. You enjoy each other. Now, as I told you we have 65 nations who are in sahaja yoga, who are working out sahaja yoga. Some nations are very powerful, say, Russia; It's very powerful. Thousands and thousands Russians - maybe because of oppression of the Communism, maybe they didn't know anything about religion and - I don't know how to explain but I was amazed. I went to Leningrad first where two thousand people inside because for the hall they have to pay - not Me but hall and there were two thousand people sitting inside, two thousand outside. I said, there was not [UNCLEAR] just My photographs were here and there so, then they said - they learnt something in Hindi also, said, "Ma, what about us?"

I said, "Alright, I will, I'll come back." After the program when I came they were all there sitting down, so I said, "Alright, you come along tomorrow. We'll wait here, there's lot of open space, you don't have to book hall." So they came. They came, two thousand from inside came, outside two thousand came and two thousand their friends also and six thousand of them, they got their realization and they just settled down in it; they're not shifty. That's what I find. I don't know America even Canada. If your mind is shifty like that then you cannot grow, cannot mature. But they had this problem of oppression and no talk of religion, no talk about sex. They were so clean people and so deep I was surprised all of them settled down.

There're thousands and thousands there now. There's a joke about it

1997-0703, Public Program: Tribute to Shri Mataji Nirmala Devi by Claes Nobel

View [online](#).

3 July 1997

Royal Albert Hall, London (England)

Well, indeed, life is full of surprises, after all we are meeting here, inspired by the message and work of holy Mother Shri Mataji Nirmala Devi and she is not here in body but she's here in spirit.

Also the wonderful letter that we recently heard from Ayatollah Rohani, which speaks very highly of the work and the mission of the holy Mother, where he indicates the importance of women in the world, is neither here. And frankly speaking only 36 hours ago I did not know that I would be here at the Royal Albert Hall, addressing this audience.

Still I say, dear Holy Mother, and I also recognise her husband, Sir C P Srivastava, in the audience and I say most importantly, dear friends, fellow seekers of truth, are you out there? Because with all this light I can only see about twenty people in front of me. So, say yes if your here then I know, (lots of clapping). Now I can see you and I can hear you as well as you can see and hear me.

With that said I want to say, that I have a vision, I have a vision of the world that is better, saver and saner than the one we are presently are experiencing. It is a world where people live in harmony and peace with themselves and in harmony and peace with nature. Now those words are vast, its a bold vision do I have a practical way from going to vision to reality, yes I will share that with you and I will share it and indicate the tone of the meeting by ten small words, and they indicate how this global world transformation shall be undertaken, and they are right thoughts, right words, right deeds, right here and right now. (lots of clapping)

The key word, is of course, right. This world is fighting about what is right, what is right to you might be wrong to me, and visa versa., it is a grey area. So we need a reference point, so we can distinguish between right and wrong and between truth and lie, tonight Shri Mataji will show us what is right, tonight Shri Mataji will empower us to become masters of our own destiny, and tonight we will be guided by the knowledge of Self-realisation in the light of truth and we shall all know absolute truth and absolute peace.

Now 100 years ago, Alfred Nobel established a Nobel Peace prizes, these prizes represent excellence, we have prizes in chemistry, physics, medicine, literature and peace. Of those prizes I hold the peace prize to be the finest. And I want to tell you that Alfred Nobel listened to a women, he listened to his secretary, Burta from Suttonry, in Paris, 100 years ago, when she said, "Dr Nobel, your should use your vast fortune for betterment of the world."

Tonight you are listening to another women, we are listening to the message of Shri Mataji. However, I'm very much inspired, first by my uncle and later on you here by Shri Mataji. Alfred Nobel talked much about peace, he was frightened that his awesome, explosive, dynamite which cleared up land for harbours and tunnels, could also be used for warfare. Today in the arsenal of military systems, it's like a small firecracker. But at that time it, dynamite was a most awesome destructive material. Now Alfred Nobel thought basically about peace as an absence of war. But I assure you that peace is much more than absence of war.

And I see that peace exists is four specific areas. The first area is the peace that the individual has in him or herself. How do we treat our mind, our emotions and our feelings? how do we treat our body? Are we slaves to other masters or are we our own master? Until we have the inner peace in ourselves, we can never have an outer peace in the world. And the safest and best way of finding world peace is to have mass movements that includes all religions and philosophies, all enterprises, whether they are political or scientific nature, to realise what inner peace is and that's what we are talking about tonight.

Self-realisation. What does Self-realisation mean? Well, it means that we are realising something, but what is the Self? Ladies and Gentleman, the Self in us is the divine, cosmic powers that exist in each and every individual but which is dormant in most people around the world. The spiritual leaders from ancient laws, they knew about this, and they spoke about this. But this secret of secrets has been suppressed, deliberately, until Shri Mataji, with great courage and great wisdom, being an old soul, who decided by herself, to come back to the Earth at this critical time in our history, in order to share her knowledge and wisdom, which is the Sahaja Yoga, which is instant Self-realisation which is to activate the dormant principle that we all have, which is the Kundalini. And to help the Kundalini to rise up and thus become, what it says in the Bible, "You are created in my image" (lots of clapping).

That was the first category, first sphere, of peace, the one we have within ourselves. The next one is the peace that we have among each other, in the family, in our community, in our nation, that we have peace with other ethnic groups and with other religions that we really become true, what I call active listeners, and as active listeners are able to put ourselves in the place, in the shoes, of the other party. Only then when we have the outlook from their perspective, shall we understand what they are trying to say. We're always talking, talking, talking. My dear wife, who is not here tonight, she said, "Claus, you talk too much, you don't listen".

I have started to practice, what she calls, active listening. The third sphere is the sphere that pulled me in originally, after all I am a European Swedish business man, why am I up here speaking the language of spirituality, and saying that is where the hope of the future exists. I'm doing so because I have a deep and profound reverence for nature. As a Nobel peace laureate, Dr Albert Schvitzer said, after he had worked and worked trying to distil a phrase that contained everything that he knew, everything that he wanted to say through his philosophy, Dr Albert coined the phrase, 'reverence for life'.

Nature is nothing but a plethora of examples of life in this multifaceted version. And I tell you dear fellow seekers of truth, we, humanity today, in our ignorance, in our greed and in our lust for power, we are in the process of destroying the very thing that makes this planet unique and that is life on Earth. (lots of clapping)

And so far we do not know of another planet in the universe that harbours this miracle, Earth is like a blue jewel in space and there is only one Earth and this Earth is fragile and we must take care of her and we respect her, Earth is also called nature, we cannot break the laws of nature, we must live by the laws of nature, if we break them, Mother Earth will break us. And we are only one species, of, we do not know how many species we have, five, ten, fifteen millions, but this we know and this has been proven by the worlds most foremost scientists in Harvard University, United States, Dr Edward O Wilson, we are today bringing to extinction 250 species per day, that is as if we are deliberately and willfully pulling out thread after thread after of what consists of fabric of life. And Mother nature will not let us continue doing that without correcting us as naughty children.

The fourth sphere, of peace, is the peace that we should know between ourselves and God. Any religion or any group who raises their arms and destroys his and enemy in the name of God is not following what God has asked us to do. The world should not know of violence (lots of clapping).

And the world should not know a war. I call, as we already heard, these four spheres of peace, Earth ethics. And tonight we will hear more from the holy Mother how we shall have a reference point, how we can distinguish if we have a charlatan and a fraud in front of us or if it's a genuine honest person. And you, dear audience, you have come here tonight from many different walks of life and like you, I have also been seeking for the truth, I am beginning to discern truth rather clearly and let me tell you this, that I look upon life on Earth as a kind of a school, a school where we are learning perfection and purification. Now on Earth everything is interdependent, interactive and inter-related. And on Earth, and well as in heaven I guess, every action has an reaction, every effect has a cause and every cause has an effect.

And the Holy Mother, as I said, She is a highly evolved soul, she has learned from many, many lives, what it is all about and this what is all about laws, the unseen laws, the spiritual laws, they are always here and they work as infallible as the law of gravity works,(drops his pen onto the floor) it always works all those unseen laws, it is for us to learn and perceive that law. I am very

comfortable with the teachings of Shri Mataji and I am very comfortable with the Holy Mother herself. I say so because, in the Bible there is one saying, among several good ones, you shall know the tree by its fruit. And lately I have met the young men and women, in different parts of the world and certainly from many different parts of the world and they are all shining, beautiful human individuals that radiate inner peace and balance. They are unique, you have follow and you that are in the process of following, will be I think, those individuals who should call themselves, ambassadors for the Earth.

And after tonight's session is over, I'm sure, that you shall see clearly how you shall distinguish between truth and lie and you shall realise that blind faith is of no value and that fanatisists and to take up violence as a last argument is of no value. Eventually those things will bring you unhappiness, they will bring you conflict and potentially war.

Ladies and gentleman, I know that we hold the future in our hands, I know that the future is in your hands, I know it's in my hands and I also know that the future of the planet exists in the heart of the individuals. Now I will close my remarks, tonight, by a fable from India. I heard it when I attended the Rio conference '92, that was the twentieth anniversary of the Stockton conference, that for the first time, put on, the environment on the world agenda. In Stockton in '72 we had only two heads of state, the prime minister from India and the King of Sweden.

In Rio twenty years later, we had 110 heads of states. A marvellous declaration, was drafted, agenda 21, just last week in New York, just 70 heads of states that continued with Rio plus five but as I told Sir C P, when he asked me about how is the outcome of this conference, I said, Well, we are talking about sustainable future but it seems to me that in UN there is much of a sustainable dialogue ongoing. Tonight we shall take the action. Well, I asked the Holy man from India, the white robbd achhriya, and I said is there hope for the future, and He said Mr Nobel I will answer you question as follows:

When the dear Lord had created the Earth, he was very very happy, very very pleased, it was His finest creation in the universe and he decided to celebrate, to have a party and God invited in all the angels and all the devils, when they were there he toasted them, and wished them welcome as a good host, and said there's only one rule that you must strictly obey, while you are here, having a good time, and by the way the best food and the best wine was served, ambrosia nectar, and he said there is one rule and that is that while your here celebrating my creation, you may never bend your elbows.

The devils cried out and said we don't want any part of such a party. How can we enjoy it? Not bending our elbows. So they left. Then the party started, the angels were having a jolly good time and the dear god was very very happy. Now how could they eat and drink without bending their elbows? Well, I sense that you can see what the moral of the fable is. The Angles were feeding each other, they were sharing and they were caring and that is what we shall do in the future together. Thank you very much.

Addressed by the Ayatollah Rouhani, delivered at the Royal Albert Hall, London, on Thursday 3rd July 1997 (text translated on sight and read by Derek Lee).

If we consider the most ancient evidence left by homo sapiens, we can see that man has always been aware of the existence of a Supreme Being, who is Lord of all things and of all living creatures.

Using every conceivable means, human beings of every era have always tried to show their feelings of deep respect (and reverence) towards God and to perform what is due to their Creator.

This is why Islam has always stressed the possibility of direct communication with God. Even those who have fallen into idolatry have never denied the existence of the Creator, but have simply put their idols and their images in His place. And this is still happening today. This being the case, how can we recognise a true prophet and what is his or her mission?

The mission of the prophets is to reveal the Will of God, that is, to provide a logical and tangible explanation of religion as it is experienced in our daily lives.

Genuine monotheism - the belief in a Supreme Being - means (or implies) the unshakeable oneness of the whole creation, that is, the indissoluble union between man and God. Monotheism proves, then, the pointlessness of idols and of images that come between man and God. The mission of the prophets is thus to set human beings upon the right track, and in order to do this, the prophets have used two parallel and complementary paths:

- the way of learning, based on theology and philosophy
- and the way of Self-knowledge or Self Realisation.

That is why we find in our Holy Book, the Koran, both scholastic discourse and phrases which hint at the 'way in' to knowledge of

the Highest Self. The concrete means of putting this message into practice is what is offered to us in this age by Shri Mataji Nirmala Devi.

To back up this Truth, if you will allow me, I will quote these words of the Prophet Mahomet, who tells us: 'God is closer to man than his own veins.'

And the Prophet says: 'With the knowledge of the Spirit, man will begin to know himself, so as to finally achieve knowledge of God.'

'With the purification of his inner being, man becomes conscious that he is the Spirit.'

It is thus that the experience of spontaneous Self Realisation - which is revealed by Shri Mataji Nirmala Devi - and Sahaja Yoga - which is the practice which she teaches - both spontaneous Self Realisation and Sahaja Yoga are in perfect harmony with the teachings of Islam. It is because of this revelation by Shri Mataji that I have wanted to speak to you tonight.

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In similar vein, I should like to end my talk by referring to the condition of women in Islamic countries today. As you know, the position of woman as mother is glorified in the Islamic tradition. The Prophet Mohamet went as far as to say: 'We experienced Paradise at our mother's feet'.

As a wife, Islam not only acknowledges her complete right to choose her own husband, but pays homage to her in the famous words of the Prophet, who says: 'The best amongst you is the one who behaves best towards his wife'. Or again: 'Women are sent to us by God and men are responsible for keeping them safe.' women are thus considered to be equal to men in both their responsibilities and in their legal and civic rights.

Today, unfortunately, we have seen that this great insight of the Koran is not always understood and therefore not respected in the various Muslim countries.

You, Shri Mataji, by virtue of your courage, your sincerity and your purity, by virtue of your untiring travels through the five continents, you are today justly considered to be the Messenger of Peace in the world.

Your exemplary life makes you the perfect symbol and model for Muslim women. May their quest for Justice, their desire to be able to enjoy a true spiritual life in their own dignity, may their quest find an echo in the spiritual approach of the real Islam. This will make it possible to put a stop finally to all kinds of injustices which are still being committed against women in the name of religion.

It is with this vision and with the aim of defending the rights of women in Muslim countries throughout the world and in particular in Afganistan, in Iran and Turkey, that I address this brief talk to you Shri Mataji and to all the people assembled here tonight.

signed

Medhi Rouhani

1997-0718, Evening Program Guru Puja

View [online](#).

18 July 1997

Evening Program

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Evening Program Guru Puja, Cabella Italy 18th July 1997.

Sorry, we started the program late and My watch was one hour late because I didn't change from London. So, whatever is there, we must accept it in Sahaja manner.

Now today, Babamama has already told you about Rahul, son of [UNCLEAR Nargita] but also I have to tell you a boy from Canada, who is the son of Dr. Mishra, who stood first in the whole world in GMAT exam, which is a very difficult exam. Since we started our school, people have been after our lives and have troubled us a lot. But in the final exam of ICSE, which is the highest exam, you have to appear before going to college. In India, in the whole of India, the girl who stood first is from our school, Radha. And there are, there were eight candidates for this exam from our school, all of them got first class. It has happened to many people that they have achieved a lot of success in Sahaja Yoga and also in their lives.

Now, there are some people who can tell you how they have got better jobs and better jobs and higher jobs. You know our Dave from America, he's got a very big job now in Singapore, where he is going to be a partner of that company. I don't know what has done that good to them, but as far as Dave is concerned, I know he's a very humble, dedicated Sahaja Yogi. And the first day I met him, he was just crying. I said, why are you crying? He said, why didn't I meet you before this? And throughout I've seen him such a humble and such an effective leader, such a good person. But how now he's blessed one after another. Before him there was a leader who was not so good. I didn't like him very much, but what to do, there was nobody to take up, so I said, all right, go ahead. But suddenly that fellow turned out to be even more rude than before and we didn't know what to do with him. And luckily that the moment Dave got transferred and he came to Los Angeles and that's how he could become the leader. Just imagine how Sahaja works out things for me also and solves my problems also. So I don't know how many more successful people are here sitting. I think we must make a list of these and have to put them in the cool breeze so everybody will know what they have achieved by coming to Sahaja Yoga.

May God bless you all.

1997-0720, Guru Puja: A Guru Should Be Humble And Wise

View [online](#).

20 July 1997

A Guru Should Be Humble And Wise

Guru Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Guru Puja. Cabella Ligure (Italy), 20 July 1997.

Today's puja is very important for us. You all have got your self realisation, you have all the knowledge that is necessary to give realisation to others. You have to know what you have already, that's very important, because if you do not try your hand and if you do not try to give realisation to others, firstly you will have no faith in yourself - you'll have no self esteem also.

The second part is that, you try giving vibrations to other persons but don't get involved with that person. I've seen some people get too much involved . If they give realisation to one person they think they have done a great job and they start working on that person, his family, his relations and this. So, so far as you must have learnt, that one may be related, one may be closer to one person but not necessarily he will have that much of a chance of self realisation.

Only way to grow is to be collective, there's no other way out. If people think that by staying away from ashrams, alone living somewhere, they will achieve much, that's not the way Sahaja Yoga is meant. Formerly people used to go to Himalayas and most of them were separated and only one or two persons were chosen for spiritual growth. Here it is not a question of spiritual growth, it is a question of your collectivity growing in you. That is how you become a person who is collective, who enjoys collective, who works on collective and lives with collective. Such a person develops new kinds of powers and these powers are such that they are very subtle but they penetrate into any molecule, atom or human beings anywhere. And their penetration is only possible if you have a temperament which is collective. Without being fully collective you cannot achieve that height, which is very necessary today for Sahaja Yoga.

As you know there are problems and problems all over, as if we feel that the world is going to sink. Especially when I went to America I felt that "my goodness this is a hell that they have created here, it's just a hell". Because they have no dharma -they don't believe in any dharma. Completely they worship adharm - and this kind of climate is flowing all over. All over the world you get reactions of American adharmic life - and people think there is nothing wrong in it. Whatever you tell them they will not believe. Nor will they think there is any worth in it. But they don't see the destruction from the very basis of their life, their families, their societies, the whole country I feel is filled with such ugly type of adharmic nature that one cannot even imagine how such ideas came into their heads. And these ideas, I need not tell you, you know them very well.

But if you have to save your children you have to be an ideal guru yourself. If you just talk of Sahaja Yoga and if you try to assume that you are a Sahaja Yogi, also you try to propagate Sahaja Yoga without all these powers being awakened in you, it would be a failure. So how to develop these powers within us we should see?

It's rather embarrassing for me to tell you how you have to behave towards your guru. I think people have told you. But naturally, spontaneously, as soon as you get your realisation and grow in it - naturally you develop a very humble attitude. Also an attitude through which you achieve lots of qualities of your guru. Now supposing the guru is at a particular height, and if you try to go on to the same height, nothing will move towards you. So you must sit at a place which is much lower than the guru's.

Some people take too much advantage of my good nature, I should say. And so many people have pointed out to me that you must correct these people, they talk to you at equal level and all that. I said "they will learn a lesson, they will learn a lesson" but sometimes it doesn't work out and they start talking in the same manner as if they are talking to your friend, or to your equal. First is complete humility. You have to be a humble person, extremely humble. Now you check on that, when you talk to others,

are you humble? When you think of others, are you humble? When you look after your wife and children, are you humble? That's a very important thing for every person who thinks he is a guru. Humility is the first quality, or I should say, the ocean into which you must jump. Some people think that if you are humble, Mother, then people will take advantage of you. Nobody can take advantage of you because you have to remember another point, that you are protected all the time, looked after by Paramchaitanya.

I know you know that, but how many really believe that there is Paramchaitanya with us? If you really believe that there is Paramchaitanya, then you don't get frightened, you don't get worried. You are not subjected to all kinds of nonsensical ideas also. But if you think that you are not protected, what will happen? How will things happen? Then Paramchaitanya leaves you alone. You have to see the whole drama. How Paramchaitanya works out - how it works out, how you are behaving. Supposing you are not in a proper shape and you try to show off too much. Then what happens? Then you'll get the reward for it, not that I do anything, but it's the Paramchaitanya which will teach you a lesson that you will remember, that you should have been a little different from what you have been. After all we have to know why we have come to Sahaja Yoga. To begin at the root of it, we have come to Sahaja Yoga because we wanted to know the absolute truth. And this absolute truth has been now known to you through your vibrations. You know it through your vibrations, what is the absolute truth. And you should work everything on that line, that absolute truth, whatever you feel on your vibrations you have to follow.

But unfortunately I have seen many people who think that their vibrations are all right - they are all right, and whatever they are receiving on their vibrations is first class. Now how to correct that point is very difficult - it comes from ego. When you have ego you can never find anything wrong with you. And even if the vibrations are telling you something it might be somebody else who's telling you something, because you are not there, your ego is there, and your ego is just spoiling you and teaching you things which normally you would see clearly that - "I'm doing something wrong, I should not have done it". In this process of correction and improvement, when you indulge you should see, are you getting subtler or grosser? That is the best way to judge.

Now I have seen people who go on judging all these small things on vibrations, like whether these vibrations are alright or not in this tree, or on these flowers or on this land, all these material things they want to see the vibrations. But for what are you seeing the vibrations? You are seeing vibrations because of some sort of a material gain. You think that if you check the vibrations and the vibrations are all right, then you are quite safe. You'll not lose this, you'll not lose that. It's not true. Because vibrations are not meant to judge all these worldly things and worldly matters. It's absolutely cheapening the vibrations. You should not cheapen them, because vibrations can suggest things which may be detrimental to your growth, very much.

Once I wanted somebody to go somewhere and so he said, "I didn't go Mother" I said "Why? "because I saw the vibrations were very bad". I said "that's why I asked you to go! If the vibrations were good, what was your use going there? I said "The reason I asked you to go there was so that you could help, but before that you judged yourself, judged your vibrations and then you didn't want to go." So what happens, we want to have an easy cosy life and all our problems must be solved by Sahaja Yoga otherwise we think Sahaja Yoga is of no use. Whatever is our desire must be fulfilled. So now the desires are mostly personal, "My child is not well". So the child should be all right. "My husband is misbehaving". So the husband should be all right. Or, "I have no house, I must get a house". See how we are moving our mind. It's still on a very consumer society, as they call it. We are all the time thinking now, I should have a son now instead of a girl, and then you get a son and you'll blame Sahaja Yoga for that. Anything that according to your desire doesn't work out, then you think that it is Sahaja Yoga that has done the harm and you are suffering because of Sahaja Yoga - or this faith in Sahaja Yoga gets a little moving, or we can say in a way, it's not that deep. But if you are deeply embedded in Sahaja Yoga then what happens? What may come, I will be a Sahaja Yogi!

Supposing somebody dies. Normally in Sahaja Yoga it is difficult for people to die also, I must tell you. Even if they want to die they can't die. It's the Paramchaitanya which decides for you. But supposing you take up a position like that, still you must know that that wish may not be fulfilled, and if that is not fulfilled then you feel disturbed and you think, what's wrong? But your wish is not the wish of God Almighty. While Paramchaitanya is the wish of God Almighty.

Now for example, I went to America, take it like this, and America attacked me, a little bit it troubled me, for all these days I'm suffering, so called, and I've had pain and I've had all kinds of things. But that I had to do because now the American Sahaja

Yogis will realise how much one has to pay to make this dumb head of Americans to rise. How stupid they are and how foolish they are, who are enamoured by people who are taking money . So many people came to me and told me "Mother if you start saying that 'this I can give for \$300.--', you'll get thousands and thousands of disciples of yours". I said "They'll not be my disciples. If they come for money, thinking that because I'm taking money, it is worth this or this, that means that they are absolutely stupid". Sahaja Yoga, you cannot get it by money. This is the first principle they don't understand, most of them - most of them don't understand that you can get self realisation without paying any money.

There were some Gujarati rich people in New Jersey and they asked questions to Sahaja Yogis that "how is it possible to get is so easily? It's not possible because it's a very difficult thing. All the Shastras have said, everybody has said, "It is very difficult to get your Realisation". All right. If so, how is it you're giving it so easily, why?" Nobody knew how to answer these people. You should have said like this, "All right, it is difficult, it's very difficult, and you cannot give mass" - true. But if somebody's doing it, then you have to think about it, how somebody's doing it?". So these kind of stupid questions are there and still if they go on, you have to really tell them in a very humble way, "Sir, one has to be worthy also!".

So they will run after people who are just making money out of them, making a fool of them - and they boast, "we have 3 gurus", somebody says "we have 7 gurus" - and I wondered what must be their condition. So the people who are extremely stupid, in Sanskrit they're called "Muhur", people who are brainless, cannot get their realisation. So give them up. If they are arguing with you, you just give them up. It's not their right to argue with you. Their right is to get realisation, but not their right to argue with you, ask you foolish questions and stupid questions. But you should always remember that with that humility, you must have your dignity intact because you are a guru. Once you know you are a guru one thing should be there - that you will not behave like a joker all the time. Your behaviour will be dignified. At the same time, it will be a very pleasant face or a pleasant personality. It won't be an annoying type. Your personality itself will suggest that there is something special about you.

Now how to develop that kind of a personality? The biggest problem in the West is ego and the biggest problem in the East is superego. Now this ego business I don't know from where it has come. In all walks of life they show how egotistical they are. For example, I went to America and I was surprised that there is a racial problem and the blacks are treated in a different manner and the whites in a different manner. I mean, colour is given by God, and somebody has to be black and white. If everybody looked the same it would look like a regiment. There should be some variety. There should be some change in the face and also in the expression. One has to be a person carrying better or different expressions otherwise you will be bored with such a world where everyone looks the same, just the same. But so much of racialism there that I was surprised that how it has worked into human mind.

So as a guru you must develop a complete detest for racialism, complete detest. It's very easy to understand that anybody who has a fair complexion could be the cruellest man or the cruellest woman, and could be the cruellest mother also and the one who is black could be very kind and generous. It doesn't go with the colour. Temperament doesn't go with colour. But because the blacks have been ill treated so much that they react, and they react naturally sometimes in such a manner that it is very crude and very cruel. But this kind of attention, this kind of a, we can say, wrong type of attitude towards human beings, even towards animals, they won't bear it . So towards human beings, to have such an attitude, itself shows that you are not worthy of Sahaja Yoga at all. So anyone of you, who has such a feeling that somebody's black and somebody's white, cannot be a guru in Sahaja Yoga.

Then in India we have caste system. Equally bad and horrible. It has no sense in it, no basis whatsoever. But in India we have people who believe that some castes are higher and some castes are lower. Every caste people can do all the worst possible things, there is no demarcation for them, and every low caste can be very very good. We have had many great poets and sufis in the lowest caste in India. These castes are man made, you know that man made cloth doesn't suit us, and all these man made ideas are not going to suit us, and it will lead us to a great, I wouldn't know if it is discretion, but I would say to a complete destruction. Because hatred breeds hatred, and it goes on increasing and increasing. If you cannot get rid of your hatred then I would say you are not a Sahaja Yogi. These are all conditionings, you were born in a white family, so you are white. You were born into a christian family that's why you are a christian. You were born into a jewish family that's why you are a jew. All this is just because you were born in that. But does that mean you are higher or lower? All the problems of the world today, if you see,

are because of human attachment to nonsensical ideas of superiority. Only through collective living will it change. For example, I would say, in an ashram, we should have all colours of people living together, with equal rights, with an equal understanding and love and affection. If that's not there it's no use calling it an ashram.

Once they asked me, "Mother, will you come and give a lecture in Harlem?" I said "Why not?" So some Sahaja Yogis said "Harlem? Mother do you know what Harlem is?" I said "I know, there's no harm". They said, "You know the blacks are there and...." I said, "I'm also black!" You could call me black or you can call me white. But the love is such a thing, love is such a thing, that cleanses all these ridiculous ideas we have about other people. To brand anyone as black and white shows that you have no eyes to see. Any person with depth, any person with a loving heart cannot see these superficialities - cannot see.

Today is a day where we are celebrating the Gurus' greatness. Now look at all the gurus, how they were, how they behaved. We have many in India and many others, many sufis in other countries. These sufis or these saints that we have had never believed in any caste system. Never believed in black and white. Christ - He never believed in black and white. Buddha never believed in black and white. Nobody believed in any kind of man made ideas. These are all man made ideas which we have accepted and even after realisation we try to carry on with them. Now by saying, we do not get rid of it, but acting we can. Just see how we work out these stupid ideas within us, and how we can get rid of them. Very simple is, in meditation you should sit down and see how many people you love, and why do you love them. Not out of pity, but just with love, how much you care for others.

I have seen some very beautiful examples of that but still I must say that there are certain fixed ideas which are to be dislodged completely - very important for every person who is a guru in Sahaja Yoga. Means he has to be a clean-hearted, open-hearted, loving-hearted, fellow. His heart should play the tune of Paramchaitanya. If his heart is full of all these man made ideas, I don't know what will happen. Even when they transplant a heart they cannot do it with a man made one, they have to do use a real, natural one. So you can imagine when you try to take to all these odd ideas, just divisive, they will never give you collectivity. So introspection has to be made. Are we one or are we judging each other? Now the judgement is quite a lot also. Now all this can be seen only when you live together. Otherwise how will you know? When you start living together you start discovering what is missing in you. What is not there. What has to be there. It is so peaceful to have a heart which is full of love, because every movement of that heart is so much joy giving, so much joy giving.

There is a story of Shri Rama that he ate the beeres, a kind of fruit, which were first tasted by an old lady, with such love. Shows what? Shows that a person like Shri Rama, who was the king of the highest heritage, and this old lady who was just say of the lowest caste gives him these fruits with such love, and when he eats that he starts praising it. So his wife says "give me some", he says "alright". But the brother is still half way, I think, in Sahaja Yoga, so he doesn't like it. He doesn't like it and he gets angry. Then she eats and she says "Brother- in law, it is wonderful fruit, I must say" He says "Alright give me some". But Rama says "Why should I give you some now?" First you get very angry, so why should I give you these fruits to eat?" The story shows that the level of your personality as a guru is judged by your clean heart, by your loving heart, by your highest remarkable personality. In the personality it is not something that is to be built in artificially. It is not artificial.

It is natural, absolutely natural. Whatever you do has to be natural. So this artificiality of certain ways of talking or certain ways of living together, creates problems. For example, we had an ashram in America, in New York and there was a lady who was very strict, everything should be tip top, it should be here, spoons should be here, the forks should be here and all sorts of things. And she hurt many people. It is not important, these cultural, we can call it, taboos, are not important in Sahaja Yoga. Because now you have become a guru. A guru, he can stay anywhere, live anywhere, eat anything, anytime. That should be the case. But also I have seen in Sahaja Yoga there are many who are very anxious to eat the food as soon as it is served. Once it happened, I was there, they had served the food, and just they started removing the plates. I said "What's the matter? I have to eat it." "Oh you have not eaten Mother?" "No I haven't yet touched it even!" So it's a sort of, first is the very lowest type of desire, we should say, is the hunger. Now a guru doesn't bother, whatever you give it is alright. Whatever you don't want to give is alright. Even if you don't want to give, it's alright. But one has to develop that by killing your ego. People feel very hurt if you serve them a little later than another person. It's all kind of funny things I have seen in Sahaja Yoga. On the contrary it is the lowest type of a desire, you should not be very much catered to if you want to be a real guru.

Of course many problems are solved as I've seen so far that they do not take drugs, and do not take to drinking and all such things. This is such a blessing because if I had to start from that level I do not know how deep I would have gone, from where I would have pulled you out. But that is of course a very big thing, that is quite a nice thing. But still, to make a beautiful life out of it, which will attract the attention of everyone. How you talk, how you behave, how you love. So again one has to say that Guru Padwa comes only through the love that you have. Like they'll have say 10 people, for anything - for a drama supposing. And they have it only from a particular country or from a particular group. Then there's no fun, there's no fun. For example, they'll have a music group, so from the particular one caste could be or could be one religion could be one school or anything. So that shows that you are still not there - as a guru you should like every kind of culture, every kind of beauty and that has to be brought into our daily lives.

You should not look down upon anyone for their colour, for their race, for their status, class consciousness. All this has been shown in the lives of all these gurus and saints who lived. Tukarama said "Oh God thank God you have made me a Siddhu caste": He was not, but he just said so. All of us all the time should not be conscious of what has been our birth, what has been our personality, or what has been our beginning. One should not be able to make out of it who is a saint and who is not. Even people are proud that they are saints.

I was surprised, that in America also, very much, that the Russians who have gone there are a very different quality of people. They wouldn't raise their eyes to me, wouldn't raise their eyes, and very deep, very very deep. Vibrations were very deep. The reason is I think that they have been oppressed during Communism, perhaps, maybe. And now they have come to America where they have seen this so called freedom and what nonsense it is doing. So, knowing these two extremes, I think they have gone very deep into their own being. And they have such strength and such unity among themselves. I was surprised that I had never met them before. They didn't come from Russia, only they were there. So, what is it that has kept them like that is that they had no religion in their heads. They had no religion. To them every religion is the same and they had no religion to follow. So a guru cannot belong to any religion because these religions are also man made. They have created such a problem all over and they are all fighting amongst themselves. How can they be divine? So you should not get involved into some sort of a religious bias. I've seen it, that a Sahaja Yogi say, if he's a christian - then the bias will be so that he is a christian, you can make it out. If he is a jew, you can make it out. So what's the use of coming to Sahaja Yoga? Their attention, if it goes inside, they'll find out. You have to dissect yourself, to see what's wrong with you and why is it that you are not very successful as a guru.

The success of the guru is, he doesn't bother about time. Every time is the holy time. For he's not bothered if somebody is late, or has come early. He's not a slave of watches and time. This is also man made. There were no watches about I think, say 300 years back. And nobody was so particular about the timing. So first thing, he is beyond time, "Kalateet". Then he is also "Gunateet". "Gunateet" means he doesn't belong to the left side or to the right side or to the centre. He is beyond these three - beyond these gunas, where he stands and sees everything in the divine light, everything. If something good happens to him, he says the divine light has done it, if something bad happens to him, he says the divine light wanted this way. Everything he leaves for the divine light. He is beyond the gunas. Like supposing there is a person who is on the right side, egotistical. Then he'll start saying "Ah how is it? I wanted this, this didn't work out and how?" He will challenge. Another one will start crying, the left-sided one, that "I am very sorry this has happened to me, it should not have happened, and all". Or in the centre also, he might also think, "Oh how far are my vibrations? How could I not know and all that?"

But a person who is a real guru, he looks at it as a drama, as just a witness of the drama, "It has happened, it was to happen. So, it has happened". Now what do we get out of it? Is we get something, the lesson that this was not right or this was wrong. That's all. For that moment, not to go on churning it in your head. That's all one gets and he's not bothered about anything else. So he goes beyond his gunas. Beyond the gunas, he lives. He eats anywhere, sleeps anywhere, he's not bothered where he lives. He's not bothered whether he goes by car or he goes by bullock cart. He doesn't feel that he is not being honoured if they give him a garland of few flowers, he's not bothered. Because nothing can enhance his personality. Nothing. You give them something simple, it's all right. Or even if you don't give, it's all right. It is not that he judges himself through your eyes, but he judges himself through his own eyes. And he sees for himself the joy of enjoying himself. What is there to be so particular about anything? What is so great to be hankering after anything? It just works out in its own time, and if it doesn't, it doesn't. What does it matter? Just

think of it.

Also, in Sahaja Yoga, a guru has to be a binding force. There are two types of people I have seen, which go on breaking relations. It is very easy for them, they go on complaining. But there are others who have a power to bind people together, in such a sweet manner that the people are brought closer together. Not that they have to forgive. It automatically works out. It just works out like that, and people go on joining such a man.

I was surprised that in America there were very very few Sahaja Yogis. They spent, they said \$50,000 and got 50 Sahaja Yogis. \$1,000 for one Sahaja Yogi in America - so a very bad shape. But still you see we have to hope for them because there are lots of seekers, and lost in the wilderness of seeking. But, I thought that maybe it's a circle. They have to pass through this circle of stupidity and then definitely they will see the point. And it has happened. We had about 4,000 people for my lecture, which has never happened there in that country. Nobody has got such a lot of audience they said. But still not many came, but they got their realisation. So I think gradually, even in America, it may start growing. And the Sahaja Yogis must not only worry about their houses, and where they live and all that, but go all out to them. I would say that some of the Sahaja Yogis who could afford to go should go to America and work out this outside work. Maybe if there are outsiders who come and talk about Sahaja Yoga they might be impressed.

There are so many false gurus that you can't count them. And they have accepted them. It is very surprising. Though they have suffered, they have lost in money and everything, still they have accepted - "after all he is our guru". So there is basically something wrong with their brains, that they don't understand what is to be expected. I have written one book, perhaps it may reach them, but in any case you all can write your experiences and things and can publish it. Maybe it might help them to open their eyes. While writing anything you have to remember that it should show your quality of Sahaja Yoga. How you are. In that, one should not feel that you are putting them down or trying to say some things which will hurt them, but say it in such a manner that it corrects them, and helps them.

For a guru it is important that he should not have any false ideas about himself. He might be from a poor family, he might be from a rich family, whatever it is he should not be conscious of that because once you become that. You see, look at Kabira, he was just a weaver. Look at Tredas? he was just a shoemaker. You see in India these a very low caste, supposed to be. He has written beautiful poetry. Then Namadeva, he was a tailor, just think of that. All these people have written the same thing with great beauty of poetry. How have they achieved it? Because now they have entered into that great realm of spirituality.

You people also write some very good poetry, I know. But some of the people who have written good poetry turned out to be very obstinate, very egotistical people. This is something I couldn't understand. You are writing here beautiful poetry and you are full of ego, so from where the poetry is coming - God knows. So first of all is yourself, your personality, has to be something that people should say, "This is a real guru we have met". For that you know very well, you don't have to give up your family, don't have to give up anything. But ego if it is still there - I don't know what to say, but you must get rid of it, completely. And collectively also ego should be driven out - collectively. It's a thing that people are egotistical secretly within themselves, but sometimes it shows. It's a very subtle nonsensical disease that people have, and they just indulge into it.

On this day of Guru Puja, I have to say now that one has to work very hard, very hard. The most important thing is how much you have dedicated your life, your time, to Sahaja Yoga. Then only you will achieve that state of guru. Look at me I am a housewife, and I have my family responsibilities, problems, but despite that I am all the time thinking about Sahaja Yogis, Sahaja Yoga, and all that is this emancipation of human beings in the whole world. Not only here or there. In the whole world. So that should be your widened vision. Not for only your school, college or university, or this or that. But a very widened vision one should have. And that you have to develop through your working into every type of circumstance, every type of problems you have. Once you develop that kind of personality, then you'll be amazed how you can help so many people. I know there are so many Sahaja Yogis here who are worthy of praise and really I love them very much and they also love me very much. But one should always see that, as you are now going to be the gurus, you have to be careful not to think that you are a guru. You should never think you are a guru already. Once you think again that you are a guru your ego comes up.

So once you decide, "I am nothing, I am just a little ripple in the heart of my Mother", if such a humble feeling you get, then all your problems can be solved, and things will work out. Because your attention and your behaviour is going to impress other people. Nothing else. Whatever you may try, it is you who is going to get Sahaja Yoga further.

There's so much to be said about how to become a good guru and all that but I think I'll keep it for next Guru Puja.

Thank you very much.

1997-0822, Evening Program and Weddings Announcements, Eve of Shri Krishna Puja

View [online](#).

22 August 1997

Evening Program

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Evening Program Talk

1997-08-22 Evening Program At Krishna Puja, Cabella, Italy,

You can see, I have become black today because of Shri Krishna.

It's very interesting how everything in this world moves according to the desire of the param Chaitanya ...It's very surprising. I wanted them to make a film about fundamentalism. It's done very well ..We might be able to show it in India, maybe because they have already asked me to make some episodes of my life...It's they would like to show one after the another ...Somehow in India in the Television, We have many Sahaja yogis I didn't know Even the Director, Deputy Director...They were all Sahaja Yogis,& once they came to see me in Delhi in our Ashram & said to me -(Somebody said) Mother, You don't like media but what about Television? I said don't talk to me about Television, they are horrible people(Mother laughs) ruining our lives and I gave a very big lecture you know for about 5 minutes So 2 persons came towards me holding their ears. They said Mother, we are sorry but we belong to the Television ...oh I see I am sorry if I said something ...They said I am the Director & he is the Deputy Director ..of all India Institute of Television...Can you imagine...Oh my God, I said I never knew that you are here & I am sorry for what I said ...So they wanted to have my...I think I had 3 interviews with them. They said Mother We will not ask you a question alright... then...You come and sit wherever You want to sit and we will organise everything and we want to show to the people what is reality. I was so surprised & they did it no doubt but last time when they wanted to do it I was not in Delhi and I couldn't do it...So I said next time I will try to do something. They said why didn't you give us some episodes?

I think the films I have seen what these Americans the great, have made.All of them I would like to give them. But the second part of Christians also must be shown to give a balance.And also of the stupid Hindu, you call them False Gurus So like that we can have the combination of 3 films In that you can show about "Harey Ramas" how they are begging and how other people are beggars like"jeohas" witness.But apart from that Christianity works out everything secretly ..you see ...So you have to expose some things also there because it is on top very nice very good to talk to and all that but inside they are doing all kinds of things and making people take to What you can say something very sinister...Something very wrong..Unless and Until you expose all these 3.It won't have a balance I think and then we can talk about Sahaja yoga as well...I am very happy with the way the film was made ...I am very very happy that the Muslims are a poor thing from childhood are taught to hate everyone.At least in Christianity, they talk of love ...Talk (mother laughs)because they have so many wars and so many nonsensical things. Now we can put forward in these films say for Christians We can put forward nos-tics, We can put forward in the Muslim thing how the real person was Ali ...How he was murdered, his wife washis children were murdered.And whats going on now...Its quite a bold thing which you have to put in ..And by doing all these things nobody gets anything -the Peace, the Joy which is promised by religion.So these religions have no meaning The religion within is very different which is to be awakened and once it is awakened we all become one ..We have to come to that point...So I think this film as it is alright It could be little bit shorten here and there.Plus you must have another film and another film.Then these 3 films, if they are ready I am sure we will be able to show the nonsense that is going on. Muslims are against the Christians more, also against Jews but Christian - they are against because they have seen this Christian religion gives complete freedom to What you like, There women were nude ..they wear very scanty dresses...And the woman is like prostitutes and the men are like -I don't know what, they run after the women and men run afterSo that's the only job they have got...They haven't got anything higher anything great so they are against They think that they must put some taboos ...but I like the way you showed about these people from Colombia, Original! .I am going to talk about them in Ganesh Puja ...There are worth lots of things than you know...So we have to see to this ..that what is wrong in all these

things...In Sahaja yoga we attend to our primordial taboos they are primordial These taboos are primordial and if you cross them, and if you leave your 'Maryada' then whether you are a Muslim or a Hindu you can not be saved ..You can not get your realisation...So in Sahaja yoga, the built-in dharma within us is awakened and we take to primordial taboos which are meant for a human being.If the human being does not observe these taboos then What happens ...Whatever is happened in America, or Iran or any other country ...So what are the primordial taboos I am going to discuss in Ganesha Puja ...And once that is awakened within us I don't tell you ..that Don't do this and don't do that.There is no need because they are all awakened within you and you just don't do it ...So that is, has to be brought in this way...But the filming was very good ... the acting was excellent I must say...But we can write another story without me if it is possible ...Because this will be all right say -for Indians ...They will understand ...but if you show this say to any [unclear] country will be shocked.For that I would say that -this gentleman who was [unclear] he sent a very nice letter say that -In the Koran, it is written that to follow a religion you will read about but the main thing is you have to know yourself If you do not know yourself you can never know God Is written clearly.So he says this great work is done by Shri Mataji ..is the work of Islam that she is doing...It's a big sort of a ...what you calla big certificate...Because he is the head of all of the "Shias of Europe" ...so that is how if he want to make the people happy ...We cannot discipline them ...We can't tell them that don't do this don't do that Only thing you better awaken them ...As soon as there is light within you, you see for yourself...What's wrong ... of course some people do get it much faster, much deeper but some have ego some have conditionings...So still they go back to it again they come back It is like that. But mostly, Sahaja yogis, once they get to Sahaj yoga they go deep into it..... mostly...And I must say that now we are sending most of the Russians to America ...They will solve the problem ..May God Bless you

1997-0823, Shri Krishna Puja: Primordial Taboos and Sahaj Dharma

View [online](#).

23 August 1997

Primordial Taboos And Sahaj Dharma

Krishna Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Shri Krishna Puja. Cabella (Italy), 23 August 1997.

Today, we are here to celebrate Krishna puja.

I went to America and they wanted me to have a Mahakali puja. But I said, no, let me talk about Krishna only, because we have to first realize what is the strength of this Puja.

How are we going to establish Shri Krishna within ourselves?

He, Himself has said, that whenever there is a downfall of dharma – dharma doesn't mean what we understand as Hinduism, Christianity or Islamic nonsense – it is not.

Dharma means, our primordial taboos that are built-in in the human beings.

About these, I think aboriginals knew better than we. But then what we did, we dominated them and also they had to change their style of life.

The primordial taboos are only understood if people are trying to understand oneself or else, whatever has come to them through tradition.

Now, Sahaj Dharma is a little bit different, in the sense that it's much higher than the Sahaj ideas we talk of, but it's much higher than even what Shri Krishna said or Shri Rama said.

First Shri Rama thought, best is to give them disciplines. People should be serious about life, have full idea about their own being, they should respect themselves.

All these things were written down long time back. Also, people, basically when they were good people, they understood that whatever is bad for us, we should not do.

These are primordial taboos. Now, these primordial taboos are built-in within us.

Now, supposing I say don't drink, you will go on drinking. If I say don't tell lies, you will tell lies. It's the human nature, you see, is to go against primordial taboo because they think now, they have freedom, freedom to do what they like. You are free people. Actually they are not. They are under the spell of all the kinds of allurements, you can call it, or temptations, which are against human life. And it's very natural to be a person of Dharma.

Small children, mostly have it. For example, I've seen children, they feel very shy to take out their clothes, even small, small boys, I've seen. They won't take out their clothes in the presence of others. They feel shy. So, all these are described like "Ya Devi Sarva Bhuteshu Lajja Rupena Samsthitā".

So, you should be shy, you should be humble and respect your body – it's very important.

In these modern times, exposure of body is regarded as a great achievement of women. They are trying to become aboriginals, you see. That time they never had these ideas and they were not so confused, you see. So, even if their women were scantily dressed, it didn't mean that it was some sort of a sex or some sort of an attraction for men or men behaving in funny manners to show that they have a special attraction for women. I mean, why should you?

It is absolutely absurd that men should be attracted to women and women should be attracted to men – and on the road, on the street, you go, you see, just that going on!

This adharma is the worst I think, it's a curse. Because, after coming to Sahaja Yoga also people start doing this nonsense, you know.

They should all go to lunatic asylum, I think, they are no good for Sahaja Yoga.

But dharma gets established as soon as you have the light of the Spirit.

At the time of Shri Rama, He had to put down: A, B, C, D, E, F. At the time of Moses, also, He had to put down ten commandments – but Krishna thought the other way round - to establish a Dharma of pure love, pure love.

So, because He wanted that Shri Rama's taboos were forced on people, just like Islamic, just like Christians – never works.

So, He thought better to ask them in their freedom, they must develop pure love.

Radha, who was with Him, as His power, is called as Ahlada dayini. She's the one who gives joy. Pure joy!

So, all these limited type of attractions end up in trouble.

Now, drinking is against you, you know that. Today they are talking about tobacco, tomorrow they'll talk of drinking when they will find so many people suffering from horrible livers and die.

Then they will taboo it. But it's a natural taboo for your body.

If you do something all the time which is not good for you, for your good life, you are becoming adharmic. This is to be understood very clearly that the Sahaja Dharma is that you are just free – complete freedom from lust, greed and all nonsense. You are above it. You are above this.

Sahaj Dharma is above the Dharma established by Shri Krishna or by Shri Rama. Because you have reached that stage. It's in complete freedom you have to be dharmic.

Whatever is not good for you, you should not do. I don't have to tell you that you don't do this or you don't do that.

Whatever I say may not be acceptable but immediately your vibrations will tell you. This is Sahaj Dharma. In the Sahaj Dharma, you get rid of all kinds of, as they say: (Hindi words). Means – lust, anger, attractions, then – greed; that's very important, greed – greed and attractions.

Now, if you understand how people are greedy; greedy for what? This America is dying of consumerism, you see. Now, see the trick of the trade: In America, you can borrow any amount of money from the bank, no problem. Now, even if you don't borrow, they'll send you a letter, "Why don't you take 20 thousand cheques we are sending you, why not have it? Aah, very rich you'll

become, you see – it's very nice to take a loan."

I was told some people used to come to Ganapatipule after taking loans. I said, "Stop that nonsense."

So they take the loan and then they come to Ganapatipule. All the time their mind is: "How will I pay this loan, how will I manage?"

All the time the attention is distracted, even when you want to do something good to yourself by coming to Ganapatipule.

So, such a mind is not free. The free mind is that which has an attention completely enlightened by the Spirit. But problem is we are still rising out of this human bondage to a higher life of realization. And when we are going to that level, we have to realize that we have to give up all these shackles, all these horrible things within us. Like a bird, when it is born out of the egg, shakes out all the parts of the egg.

Your brothers, your sisters, your father, your mother, your husband; everybody – they'll try to put you down.

Now, if they are drinking, they'll say, "Come along, you better have something to drink, you are not social, you are useless, you are not up to date. What is this nonsense?"

That's how a fashion starts and this collective action of fashion didn't come from Shri Krishna and not in Sahaj.

In Sahaj, you are absolutely free from all these nonsenses. If you want, you can wear a good dress, if you don't want you need not. You are free. You are free from money bondage. This is very important.

Money bondage is another thing. I know some Sahaja Yogis who came to Sahaja Yoga trying to make money out of Sahaja Yoga. You came to Sahaja Yoga for what? To get out of that money bondage.

In the Sahaj Dharma, to you money is nothing but the dust of your feet. Nothing so important.

Then, we have such a collective sense of accepting nonsense. That has to be dropped out, especially in America, I was surprised. Also in England.

A fellow came as a hippie. His hair was looking like some monkey, monkey's better I must say, I don't know like what, all put together like a, you can say... I mean, there is nothing to compare, I tell you.

So I asked him, "Why are you having such hair?" He said, "Because I want to be primitive. Now, we have to get to the primitiveness."

I said, "But your brain is modern, what is the use of growing your hair like that? You think you can become primitive? You cannot!"

Then afterwards I learnt that he died. Another one like that came and he didn't die, but went to lunatic asylum. Like that I met many, but why do you do it? Because that's the fashion.

Now Italy, you know, is prospering because of all kinds of designers. Now there is a joke about the new rich people, in Russia especially. Russians are not like that, normally. They don't accept something because it is a fashion. So, one fellow said that: "My God, you lost your hand in that accident!" "Doesn't matter, but I lost my very expensive watch from Switzerland." "Really? What?" "It was a Rolex." Doesn't matter if the hand is gone. The Rolex is gone! Rolex is the fashion.

[14.46: Can you remove him down, this one, because people can't see you.]

So these are new rich people who have money. (Dog is on the stage: It's alright now, he'll be able. Come along, come along. Ah.

Sit down, sit down. Now go down)

They (the dogs) don't follow any fashions, I have not seen dogs taking to any fashions. Monkeys is taking - I mean, supposing, you see the Italian designers make something special for them, they won't think much of it. Maybe their masters might buy it, but not these animals. Now, we don't have to become animals of course, but we don't also have to become slaves of fashions.

So there are some shops which are very expensive. Why? Because they are designers. So you move about telling everybody, "See, I am wearing this thing from a designer shop, this is from designer shop." That means, what about you? You have no sense of designs, you have no sense of understanding what you need and what you don't need. And nowadays most of them are in jail also, sorry to say, but they have money and they have made money by befooling you.

Specially in America I was surprised that they were selling most of the things which were coming from Italy designs, Italian designs, written down Italian design, so they were buying it, Italian design. I was surprised that such artistic things they create that are available everywhere, such beautiful things.

But what they believe in, is some sort of a group madness. Everybody wearing the same kind of design is from this or that. This is not Sahaj Dharma. We are not slaves of anything. We are free people.

We have not to accept any design or anything. Ah, it is there, is there! Let the stupid follow that. We are Sahaja Yogis.

Now, this also prevails among people who are supposed to be sadhus, they all dress up the same way. How can you make out who is who?

In Sahaja Yoga, we don't want you to dress up the same way, look the same way, cut your hair the same way. No. You have to be individuals, because you are free, but that doesn't mean – freedom is always supported by wisdom – that doesn't mean that you do what you like.

All kinds of funny things happen when a person doesn't know what is the light of the Spirit. In the light of the Spirit, you don't get involved into this kind of collective madness that is going on. We are so collective in mad things. I wish they could be collective more in wise things.

Wisdom is very important and a joy giving quality of Radhaji, Ahlada Dayini Shakti, has to come within us. Means, when we meet another person in the collectivity, another person should feel happy meeting you.

So he taught the Dharma of love.

Love is not there if you discard because he is black or because he is brown, because he is white. It's very superficial – what is black, white and yellow? I don't understand. Here they go to the sea shores to make themselves black and there they say, "We don't want to have any blacks," specially for Americans. I think this kind of separation I found there, among the blacks and the whites, I really wept.

I went to Harlem. Sahaja yogis said, "Mother, will you go to Harlem?" I said, "Why not, I'm black, if you call me black, I'm black. If you call me white, I'm white. If you call me yellow, I'm yellow. So, I'm going." And there I had a lecture, you know, so many people were there, really I cannot forget.

It is one of the most famous places that there is built in that hall and the same hall is built in Australia where I had addressed many people. I thought, "Just look at this!" They said, "Mother, the Australians copied from us."

Now, these people, so sweet, so beautiful, I tell you. I could see their heart, I could feel it and the fellow was trying to compere. After my lecture he just came, he hugged me, kissed me. I mean, he would have even minced me, a little boy about 22 years of

age; such love he felt. And he said, "Mother, next time You come, You are going to come to Harlem." But I am told that hall is closed.

So the Americans system somehow or another goes against democracy, not only against democracy but against what Abraham Lincoln wanted. They had such a great man there and there is a little street I saw in his name.

Of course in Washington they say they have some nice, beautiful statues. But otherwise his principles are finished, his ideas are finished because somehow or other, some people came and wrote against – from England especially – against the black people.

What business do they have to write against something that is created by God? If there are the same colours everywhere, they all will look like military people. They have to have different colours, they have to have different hues. See, look at the trees, look at the flowers. And look at the different hues the sky has, just to make us happy – Alladha.

What gives you happiness is variety. Variety is a sign of beauty. If there is no variety, it's so boring I tell you, so very boring. But they are very proud of it and they think no end of themselves. They think they are very great people, they have a sense of superiority, because they have a certain type of nose or maybe certain type of lips or maybe a certain type of hair.

Such stupid things they are and you join hands with them. How can you join hands with them? You want your freedom? Then be a free person. In the freedom you have to have variety, very important.

I would say that, now, the Sahaja Yogis who are going back to America should have a new style of drive: go to the black people.

I was very happy to see the South American seminar, that they had taken specially to aboriginal people. They went and met them.

I have met them also and I was so surprised that they immediately said, "Mother, You are spiritual, we know, but can You solve our problem?" I said, "What's your problem?" "Very simple, we have a land." "It's alright, then?" "Very little land, 5 or 6 hectares of land that belongs to us where the sage grows." Sage is a kind of a, according to them, it is a holy plant. Alright. "Now, we always meet, all of us, there for different festivals because we regard that land as a holy land." They know so many things, you know. This is a holy land – there were vibrations for that. So they always used to meet. So natural!

"So, what has happened now, what is your problem?" "The government has sold this land, this American government, to an Indian." I said, "To an Indian?" "Yes, so can you request this Indian to return it to us? We'll pay him the money." I said, "What's the name of the Indian?" They told me the name, I said, "My God! He is a Sindhi, Sindhi! He won't leave you even one single pai, is he going to give you this? I'm sorry, I may be Divine or I may be anything, I can't help you."

But I was surprised, nobody raised a voice against it. They should have raised voice. They should have told the government, "Please return their land. Why do you want to have it? Why do you want to grab it?"

As it is all the Americans are immigrants. They don't belong to that place, that they were not owners of that place, they'd gone – they are immigrants.

So they have no right to keep somebody's land like that and then to think they are superior. It's very nice, somebody enters your house and thinks he is very superior and drives out all the people of the family.

That is what has happened in America and just opposite is Sahaj Dharma. With Sahaj Dharma, you take people into your heart, you love them. Your love flows all the time, your compassion flows all the time.

To me it's a problem, my this body is more compassionate than myself. I don't even think of compassion and this body just

grasps everything. It wants to solve the problem of others but I don't think you can have that kind of a body, you shouldn't have. But, at least you should have a heart which is open.

You see on the street somebody who is a dark fellow. I like about the black Americans, that once I got down at one airport, so one gentleman, black gentleman said, "Hello darling, how are You? How are You here? Very happy to see You!" "I'm happy to see you. How are you?" Then once I was travelling in ... what was the airport? Ursula was with me. So he looked at me, one fellow, very tall, hefty, fat, you know. He said, "Ah! Are You back again?" "Ah". I said, "I'm back. You know me?" "Of course, of course, I know You."

He had never met me, I had never known him. But I felt happy, I felt very happy. That's the best way to meet people.

Supposing you are walking on the street, you see some black gentleman going. It's a terrible life there, I tell you, it's a terrible life for them. I've known, I've read books on them, I've cried and wept and I felt very sorry. So, as a Sahaja Yogi, you should just jump at them and you should say, "Hello, how are you?" Shake hands with them. They won't cut your throat, I can tell you.

In criminality, I don't know who is more criminal in America, whether they are the blacks or the whites, competing. But, if you are kind and if you are loving, you can remove that part of criminality which is within them because hatred can only be washed away by pure love. But people think they are very cunning, very superior in cunningness, of course. Otherwise, what is their superiority?

Only this complexion, this white complexion is the worst of all. I was very fair, very fair, till I got married, or for some time, and then I started becoming darker and darker. Because white complexion gets all kinds of, you see... the light you put on me, I absorb, I get black spots.

So it's not a very great thing to be white, I don't think so. It looks very funny and pale and joyless. But no use going to the sea, making your body, I think brown, brown, not so black, brown and then suffering from cancer of the skin. This kind of stupidity is also very much fashionable.

Now, in collectivity, how much do we get impressed by this, we should be on the watch.

I saw my granddaughter was wearing a sleeveless dress. I told her, "Better you should not wear a sleeveless dress."

She says, "It's very hot, I feel very hot." She's young. I said, "But see, these are two very important chakras. If you expose them, then you'll have a problem".

She doesn't like to wear dresses which are above the knee, but she says, "People wear even above the knee." I said, "Knees, they are very important chakras, we should keep them closed, otherwise if they are affected, we'll have knee trouble." Immediately she changed – immediately. "Mother, I'll wear blouse from inside and something from outside." Immediately. Because she knew this is a natural primordial taboo that we should not expose our these two chakras and these chakras. But, nowadays, the more you have long legs, I don't know, they have shorter clothes. And I don't understand what is in the legs, the whole beauty is in the legs or what?

So, I've met one lady who travelled with me. She was wearing a burkha because she was a Moslem and by the time we landed in London, she took out the burkha and the dress was much above the knees. I said, "What kind of Moslem woman is she? She's worse than even Christians because they wouldn't wear such a thing. You know, to come out of the aeroplane, you have to come down on the staircase." No "Lajja", no shame, nothing, shamelessness!

So, Sahaj Dharma is that you have to have shame, you have sense of shame. What you talk to others, what you say to others, how you behave towards them, in the Sahaj Dharma is Alladha dayini.

If something is not Alladha dayini, keep quiet. Don't say. What is the need? What is there to be sarcastic? Showing off your brains

in your sarcasm. It's not a sign of good breeding that you talk sarcastically to others in a sharp way. But if you talk sweetly, what's the harm?

This sweetness comes from Radhaji. Now, of course they have misused Her and they have made it into a sort of a Romeo and Juliet business. It was not that way. She was a very pure woman and She was Mahalakshmi.

So, to be a Mahalakshmi, after coming to Sahaja Yoga, you should know that you should dress up in a way that's perfectly alright.

Once I remember, I was at a big party and one gentleman came and he sat down, "Aaaaaah!"

I said, "What happened?"

"What a relief, Mother, Mrs. Shrivastava, to see You. See these women, I'm fed up. But You came, I felt such a relief." I said, "What is so relieving?" "You are so serene."

So, women are serene in Sahaj Dharma.

They are not stupid, frivolous, laughing at anything. That's not the way for a woman. Anything happens, they must laugh. I mean, there is something laughable, alright, but some things are not even laughable, they laugh. That's not the way.

That can be ridiculous also, can ridicule others. But, laugh of appreciation, laugh of enjoyment, is so pure and creates such a beautiful atmosphere.

I think the whole ecological problem is in our brains and your upbringing. It is not outside. It is inside us, which is reflected outside.

In Ganesha Puja I'm going to tell you how we are so closely related to Mother Earth and how the Mother Earth and the atmosphere reacts to our behaviour, to how we live.

In the Sahaj Dharma, you give up lust and greed very easily, that I know. I mean, if they can't even give up that, then they should not call them as Sahaja Yogis.

The first thing you give up is lust and greed. I find it among young people, now, that those who come to Sahaja Yoga, become really, very free people. They don't run after women. Women don't run after men.

They are together, they sit together, talk together, laugh together, but it is the purity that is there. In the Koran it is described, that when Kyama will come, beautiful women and beautiful men will be there, but they'll have no lust and greed, they'll be pure.

It is today, you can see – that lust and greed is finished in most of you – most of you. Automatically it is finished and now you can see for yourself that you are free of this bondage.

Then our marriages are coming tomorrow.

In the Sahaj Dharma, first thing that is very important is forgiveness. If somebody cannot forgive, then he cannot be a Sahaja Yogi – forgiveness.

How this forgiveness comes in is by forgetting the past. Otherwise you'll go on saying, "This person tortured me, that person tortured me, he was very mean to me, he was that to me, he did this to me." Shows that you are not of that calibre to understand Sahaja Yoga – because you cannot forgive.

What is there to remember? The present is the best. Now if you are sitting here with me, enjoying the Alladha dayini Shakti, that time if you are thinking about the past, shows what? That you are not of the calibre. To be the calibre of Sahaja Yoga, you should be free of your past. Finished. There is no need to confess. I know after Sahaja Yoga many people wrote letters to me of confessions and I just said, "Baba, just burn these letters. I don't remember. I don't want to read anything about anyone." So, there should be forgiveness. If there is forgiveness, you'll be surprised, you'll feel very relieved and your married life will be very happy. But if you try to remember something... Alright, some marriages are really, really very difficult, alright, so you get out. In Sahaja Yoga we have allowed complete divorce, but must be with some reason, not because you think something is superior.

Now we have banned many countries from where we don't want to have girls or from where we don't want to have boys.

What is the reason? With experience, we have learnt, they are not marriage substance. Now then, better not marry. And if you marry then live like an ideal Sahaja Yogi. Also, if you are a Sahaja Yogini, then you can carry on very much better by forgiving all the time.

Every time, when people tell me, "Mother, You see, You must help me." "Why?" "Because, You know, my husband doesn't give me any money." I said, "Give him up. I don't mind. He must give you money. Why doesn't he give you money?" If you talk to the husband, he'll say, "Mother, she's very extravagant." I said, "You better give up Sahaja Yoga both of you and do what you like."

In Sahaj Dharma, the husband-wife's relation should be really romantic, should be really beautiful.

It is not, you know, we talk of love and all that here, very rarely people fall in love and carry on with it.

It's a blessing if you really get that kind of a feeling. But mostly it is a curse.

So to fall in love is very good but that doesn't mean you forget that you are a Sahaja Yogi.

In that, Sahaja Yoga helps a lot, I think, in your married life. Same, dharma is for your children, that you bring up your children – not troubling them too much, but into a free life.

Let them use their wisdom.

Sometimes I know children go astray and try to follow wrong things. Then you must correct them, you must tell them, it is your duty. They were not born out of the trees but they were born here, from the parents. So it is the duty of the parents to tell them that this is wrong and this should not be done. It's a very wrong thing, you should correct that and that correction should be in a Sahaj way.

I'll tell you an example. I had a problem once, with somebody coming to me and saying, "Mother, I can't do without smoking, I have to smoke." I said, "Better smoke then, but you can't be a Sahaja Yogi, because a smoking Sahaja Yogi is a funny caricature you know, I can't think of a Sahaja Yogi smoking. How will I look if I start smoking like that?" "Ah, horrible!" I said, "Then, if you are my son, you cannot smoke, it looks bad." He gave up smoking, can you imagine?

So, dealing with children, always make yourself an example, yourself part and parcel of that event. So the children don't feel, you know. This is something that I have talked many-a-times. Children is one thing I tell you, they can give up everything but not your love.

If they know you love them, they will not accept anything that will make you not love – not love them. This is for definite, because children are the best people who know about love. Of course, I don't know, I feel that in English language, I didn't see many books about children written beautiful, beautiful things. There was one book that was published when I was in London: "The children talking about the politicians", and they published I think, 5000 books and that very same day it was finished.

So, talk to children, talk to them.

You'll be amazed, they are full of honey.

They have such nice, nice things with them and when they talk like that, then you are amazed how they say things, how they talk of Sahaj, how they are expressing their spiritual strength.

Now, we have many very good children and also they are absolutely Sahaj. One boy came and he just prostrated himself before me. So, I said, "Why you did it?" "I was getting cool vibrations, Mother, from you, so I did it." "You like it?" "Of course! "More than chocolate?" "Of course!"

I was surprised. "What... you eat them or what?" "No, no need to eat, you know, you feel so happy inside and I feel, Mother, you are putting Your hand on my heart and trying to console me." I was surprised. "And where is your heart?" He said, "It's here, here is my heart, I feel it here."

Just imagine, what love and what understanding of Sahaja Yoga. For these little children who are below even five years.

Now, you are all grown up children of mine and I want you to know all the beauties that are within you, that you have to enjoy.

First of all, learn to laugh at yourself.

That's the best way to enjoy yourself, you know. And not to spend much time looking in the mirror, that's another way. You spend too much at the mirror, then there's something wrong with you. I think, personally, that it's a kind of a possession may be.

So, what you should see inside: "Are we Sahaj Dharmies?"

Mother has established Sahaj Dharma, much more than what Krishna wanted to establish.

He wanted to establish the Dharma of love which of course we have, but apart from that we have so many other beautiful facets and such beautiful things within our personality that we have forgotten to enjoy.

So, the attention should be on your own qualities, on your own personalities and then you'll be amazed how your personality is giving you joy, giving you Alladha, giving you so much patience with others. To me the whole thing looks like sometimes a joke because nothing so serious.

It's not a Rama's type that you have to be serious. I don't have to kill anybody, I don't use any weapons in this lifetime.

Without weapons if things are solved, what can you do? But you must try to see the beauty as Sahaja Yogis. You should be sensitive to see how you have been helped, how you have been guided, how you have been blessed.

This is Sahaj Dharma.

If you cannot know that, then you live on a very low level. I mean, it's not the fault of Sahaja Yoga, but it's your style, you are not sensitive.

Supposing somebody does not know that he is burning his hand. So what will you do? He has no sense, he has no sensitivity, he cannot feel. He can drink, he can smoke, he can do everything and still he is existing alright. Must be a rakshasa, I think or I don't know what to say.

So, we have to take an example from other good Sahaja Yogis and not from the bad ones and how do we proceed in enjoyment – which is an ocean, just an ocean.

For example, now, I came, everybody was trying to fan. But also in the West another problem is they like to live in hermetically sealed rooms, hermetically sealed cars, they are very afraid of draught, I don't know, as if they'll be thrown away or what will happen to them. They don't want draught. I mean draught is not coming from some iceberg.

So, they don't believe in the fresh air at all and that's one other reason that people are very suffocating sometimes you know, they just suffocate. They are used to a suffocating life.

Once I was in India, I was very hot, so somebody was driving me but the person who was there was from a Western country. He said, "Don't open – don't open the window." I said "Why?" "There's a draught." I said, "In this country, in India people live in the open. What is a draught? What draught are you talking about?"

You can't open the door, you can't open the window, you can't open anything, if you open anything, they'll be all dead, you see, as if. So open yourself!

As it is about the nature, also it is in their private lives. They don't want to open. If somebody comes to their house, "Oh, my God, now we'll have to share the wines, we'll have to share the foods." They cannot share. They cannot share. That is most uncollective.

But in India, I must say, people have a good sharing capacity because they are still primitive, they are still primordial, yet not gone out of the way to satisfy their own ego. But I think somehow or another in India, people like to share. If you want to please any Indian, you tell them, "Tomorrow I'll come and have food with you." His wife will jump. She'll say, "Now what do you like, tell me, what food do you like?" She will jump. But otherwise, what happens, as soon as you say he is coming for food, the wife will say, "No, no, I am going to my mother." Immediately she'll have a programme.

I just don't understand. They'll have beautiful houses, very clean, very beautiful everything, but if somebody comes to their house, they get a shock as if electricity has entered. So, for whom is all this?

To show off, they will borrow money from the banks. Even Indians in America they do. They want to have three Mercedes, four houses, for what? Borrowing money, with borrowing money they'll do it. Sahaja Yogis have not to borrow any money.

There is no need, you can do away with things.

Why to have so many cars? Nowadays, people don't even walk at all.

We used to go to our school, my father had a car in India – nothing doing. We had to walk. We used to climb one mountain. It was about five miles the school – every morning.

Then in the night, in the evening, the car used to come, you see. And I would walk with my bare feet, because so much vibrations were there, and the chappals, I thought were cutting my vibrations, so I used to have chappals in my hand and walk. One day, we had a new driver, my father sent him. He said, "How will I know who is your daughter?" He said, "Any girl with the chappals in her hand is the one whom you have to bring."

So, it is to enjoy your nobility, to enjoy your generosity. It's very important. And not to side with anyone. You are not identified with anyone.

It's much better now, I think, because since you have taken to Sahaj Dharma, I've seen – English will tell you what's wrong with English, Swiss will tell you what's wrong with Swiss, Indians will tell you what's wrong with Indians. Actually, I learnt from them. I don't know these things are there.

Russians will tell you what's wrong with Russians. They immediately start seeing, "What's wrong with us? Where do we lack in this?"

Because the collectivity of being in one country, say as an Indian, we see now, what's happening in India, all corrupt, horrible, this, that. So, I said, "Alright, if you don't like India why don't you go somewhere else?" "No, no, no, no, that – we will stay here, but this is a very corrupt government, they are very bad, this, that." Anywhere you go, you will find immediately they see – because you don't know they are now chosen to change their country.

I have taken up many questions, now, of India and I'm going to start working on that level now. We have already started, in a way, for the destitute women, then for other types of poverty and all that. Just by saying, remove poverty, poverty cannot be lost. You have to have feeling for the poor, then only. But you get with more that feeling because you are an Indian. You are an Indian, so what? Your own brothers, sisters starving.

You get that very deep feeling within you if you are a Sahaj Dharmi.

So, this is the new Dharma we have established now in this world. A new race, with a new Dharma, which is much above even Shri Krishna's vision is coming through.

He describes in the beginning. I think, He was not a good salesman, because He describes the best first; you see, the salesman first will start from 2 rupies, then go onward to 2000 rupies.

But He first told us that you have to become Sthita Pragnya, means Sahaja Yogi – and then Shri Krishna was asked a question by Arjuna, "What is the Sthita Pragnya?" Then He describes a Sahaja Yogi, that He describes before, first chapter, second chapter is that. Now, then the questions start. You know, Arjuna was a great questioner, I think. So, he starts asking questions, "Then what about this and what about that and what about that?" So He goes on explaining to him that, "You see, this is all just a Maya, this is all an illusion you have. Get out of this illusion. If once you get out of this illusion," because Arjuna said, "They are my relations, they are my teachers how can I kill them?" So, Krishna says, "Nobody is killed." He said, "Nobody is killed, but they are being killed because they are not following the Satya Dharma, so it's alright."

What is your brother, what is your sister? They are not following the Satya Dharma, so you have nothing to do with them. If you can correct them and help them, it's alright, otherwise forget them.

First, deal with people who are straight. Like we should say that we must deal with people who are simple, innocent and then you can take to difficult people when you are that good. Otherwise you will come here saying, "Mother, I have caught this, I have caught that."

So, in Sahaj Dharma you, being the Spirit, you also know about others very well and you can make it out, who is who, what chakras they are catching.

But the trouble in America, I found that Sahaja Yogis used to, just could go and tell somebody, "You are catching on this chakra."

Now, he has come for the first time and you tell him, "You, you are very egoistical." He says "How do you know?" "Your Agnya is catching." Maybe, his own Agnya might be catching.

Is this the way to receive a new person? Is this the way to talk to a new person? See, on the contrary, you should say, "Come, sit

down, very nice, you are very great, see?"

Because they are still ignorant, so they like some sort of buttering, as you call it, you see, we call it chaplusi. Then, gradually, because you are doing this just to make him a Sahaja Yogi, because you love him. Basically that is the reason. But as soon as somebody comes in, if you tell him, "This is wrong with you, that's wrong with you." This is not a Pope's business, where you go on telling people what's wrong with them, go and confess. To whom? To all these silly people. It's not that.

What we have to show; that you have fallen in love with that person, you are nice to that person because you like that person. Then gradually you pull him up.

But as soon as he comes you give him one shot, so finished. How can you have good relations? Americans have to learn this. I don't know why Americans think they are very superior people. I tell you for wisdom I would not say they are so much. It's completely lacking – wisdom in them. And they misunderstand people very fast, start judging others, is not the way you can have Sahaj Dharma. Sahaj Dharma is – you are your own. You are in your own, you are in your own realm and in your happiness and joy. Where is the time to criticise others?

So the best thing is to show your maximum love to everyone. In that love, you should not show your pity but love which is again: Alladha dayini.

This is the message of Shri Krishna but I don't know how many understood it.

Now, what you find those who are following Shri Krishna, like Hare Rama people, they are really beggars on the street.

He is Kubera, and his disciples are all beggars, can you imagine.

Does it add to His glory as Kubera?

So, Sahaja Yogis are not like that. Should be generous, should not bother too much about yourself. Should not all the time think about yourself, but think of the collectivity, how you behave.

Collectivity is not to bring – force people to come to Sahaja Yoga. Once they come to Sahaja Yoga they will know the joy of life and you don't have to tell them anything. Nothing has to be told, just silently it will work and they will feel your love.

You see, love is something so great. It not only helps others but it also helps you.

It's so joyous to give realisation to others. But if you start telling, "Your this chakra is catching", why are you giving realisation?

If you don't know how to give realisation, better not do it. So, to criticise is not the way we can enjoy love.

Ah, of course you can pull the legs of each other sometimes, just for fun's sake, but not to harm, not to torture, not to make that person fall.

You are all Sahaj Dharmies, you have accepted Sahaj Dharma and in Sahaj Dharma we have to have pure love of the heart, not hypocrisy, and a sensible life.

Now, this Pope is against abortion. I'm not. If a woman is suffering, let her have abortion. The one who is living is more important than the ones who are not living. If somebody wants to have abortion, that child can be born again. According to us, nobody dies permanently, whatever it may be.

So, this is one way they use it for propagation of human beings.

Like they say the Moslem women are a like a factory. They go on producing more children, more children, more children. So there are more voters. So the Pope knows that. That's why he says, "Abortion, No." Christians should not abort, because then there will be less Christians to compete with the Moslems.

But in Sahaja Yoga, we don't have such funny, radical, nonsensical things. We have divorce, and we have also abortion, which is important to understand that these are all taboos which are there. But not for people who have to get out of the troubles – you have to help them. Then that's how it works.

But to be very frank, we don't have to do abortions, it is achieved by Paramchaitanya. Paramchaitanya does for me. I don't have to. I don't have to do anything. It's Paramchaitanya.

It's nice because it knows what is to be done, how to achieve it. And sometimes you are in trouble, then know that you are not leaving things into the hands of the Paramchaitanya.

If you leave it into the hands of Paramchaitanya things will work out very well.

So, to understand Sahaja Yoga, first and foremost thing is, how much you are enjoying yourself? How much enjoyment are you giving to others? For that you have music, you have this, that.

I was saying that today I won't speak much, but, somehow, with Shri Krishna you can't keep quiet. He played Murli, Bansuri, flute. Look at Him. I talked to you, but He just played Murli. He didn't talk so much, except for the Gita, you won't find Him talking.

And those who read also Gita are horrible people, I tell you, I have met, those who read Gita. They don't understand what Shri Krishna's Dharma is.

If they don't understand Shri Krishna, how will they understand Sahaja Yoga? So, for all of you is to practice on love, on forgiveness, on appreciating others, on giving joy to others.

Some of the Sahaja Yogis have been very kind to me also. Once I went to the shop to buy a sari, for myself and the sari was very expensive for my purpose. So, I didn't buy. Said, "Let it be. This colour suits me, alright, but it doesn't matter." I didn't have so much money to buy that. So, that Sahaja Yogi bought that sari and on my birthday gave me – and really, I could not see because my eyes were filled with tears.

Just a small thing like that. Normally I don't expect you to do anything for me, no. But small, small things make you so happy.

But even if you do this to somebody, may not understand, may not realize, may not feel it. But if you are a Sahaja Yogi, you will.

So thank you very much; for all this that I have said to you, try to enjoy yourself and make others enjoy you.

May God bless you.

1997-0823, Weddings Shri Krishna Puja Weekend

View [online](#).

23 August 1997

Wedding

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) - Reviewed Krishna marriages - Men Talk- 1997-08-23

[1:20:35]

Shri Mataji: Come in, come in. Just come forward a few [UNCLEAR].

Just come forward.

How many of you understand Spanish? So somebody can translate in Italian? Is it all right?

Hello, come here. Come, come the other side. Come along.

How many understand English? I've asked not many so they understand also Italian. And English? All of you? Practically if you translate, all right. First of all of My blessings and love. You have yesterday heard my lecture of Sahaja Dharma. You are no more a Christian, no more a Muslim, no more a Hindu. But you are Sahaj so Sahaj Dharma is the religion of pure love. So as you are getting married now you have the greatest chance to show your Sahaj Dharma to your wife.

So first of all approaching your wife who maybe are from a different country so have to be gentle and to be kind and sweet. You should not be hypocrites. So don't talk of your past, anything! And if they start telling you say I don't want to hear any of your past, finished, it's over. First of all you should introspect and don't judge your wife suddenly. So you have to make a very good beginning even in the beginning if you are behaving like a stupid fellow you have lost 50% chance.

[1:25:06]

Be laughing, enjoying, don't be very serious. Now after the marriage you have to know you are Sahaj Dharmies. In that way you should see that you forgive your wife if she makes any mistakes and she should also, she will also forgive your mistakes. And listen to them. First time a girl from India was married to a French man and she told me these french men are mad! They are [UNCLEAR], I said why? 'Because they drink water after eating [UNCLEAR Mother]'. Traditionally in India we know what to eat when and what not to eat. Now here in Italy they make another mistake to take the coffee and then the ice cream it's absolutely wrong. Hot thing should be the last and you, even if you have to drink water after hot coffee then you must eat something. And when you come out of the heat or out of the sun you shouldn't immediately drink water. It's good for your health, I'm telling you this because you wouldn't like your wife to tell you. But the wives are always worried about your health and they tell you anything that's good for health, you shouldn't mind it. You must listen to them.

Like my granddaughter got married to a very nice man but she said 'All men are crazy, don't you think grandma?'. So she says you look at my husband, he wants to look after my health, he's all right. But one day I was working so he came after me, [UNCLEAR 'Go to sleep now, go to sleep, go to sleep now?']

[1:28:34]

So I asked her, 'Why did you do that?' So he said it was two o'clock in the night and she was still cleaning the house. So I asked my granddaughter, 'Why did you clean the house at two o'clock in the night?'. She said 'My husband has invited people from abroad and they are coming at six o'clock in the morning and if my house is lousy, they will say that I'm lousy, they don't say my

husband is lousy'. 'So I have to care for my reputation!'.

[1:29:32]

So – but if it is loving attention and loving understanding then you can really understand each other very well. Now the problem with the western people is that they are slaves, absolute slaves of time. And we have now crossed the limit of time now with [UNCLEAR Kalati]. But they get after their women, 'You must come, you are very late for this, late for that, late for that'. Now basically men have to what? Dress up, it's all [UNCLEAR] they have to wear a pants, shirt and finished. They are ready but for women they have to do a lot. So you don't have to, you don't have to trouble your husband for that or for wife.

[1:30:56]

My husband, he will tell you I get ready in five minutes but all women can't do that. So it would be miraculous if ladies can get ready in five minutes. In this way the small, small things gather together and fight starts. The men think they are men and they have a real right to tell their wives what they want. As if they are in charge of [their] wives. The wives manage but if it happens to men that the wife is in charge he goes into a lunatic asylum. You have to know that you are all equal in the eyes of God. But they are no similarities, wives are all Sahaja Yogis and you are all Sahaja Yogis and we should have a very good example of husband and wife. Wives are particular say about neatness, the men will fight. It could be the other way round. So if somebody is particular in neatness you can tell that person, there's not need to be that neat. There are some very particular about cleanliness, women. So men you say, all right I will not have a bath because you are too particular about cleanliness. So it's a fun, it's a fun and the relationship should be of two very nice people who are enjoying each other. You can tease each other, it's all right. I can give lectures to you but you won't bare any lectures on your wives. If she gives lectures, you can put your hands to your ear side or the other way round. They will respect you if you are very deep sahaja yogis, they will love you if you are really well forgiving as a sahaja yogi. So you must see what your wife likes. What your wife likes. And give her some presents, some flowers to show that you love her. After all we are human beings not animals, we can speak, express our love. Now let us see how many do that very well, to love their wives despite their faults and she loves you despite your faults. There only you will get very great souls born to who has their [UNCLEAR]. These saints don't want to get married to fighting, quarreling, discussing husband and wife. Then only you can have very good families and your children will be beautiful children. But if you quarrel and fight and think of divorce only rakshasas will be born. Children also, you must look after with love don't try to, to much pressurised them.

[1:37:15]

It's the, marriage is the best feeling when you can show your best achievement in Sahaja yoga. So now I bless you from my heart as I said and I think you will understand what I'm saying, there's nothing to be frighten of marriage in sahaja yoga. You are trying to marry, most of them are from other countries, so try to know about there country, what are there customs. And only you should not go on boasting about your own country that will not please any one. You are a great Sahaja yogi when you can see whats wrong with your society, whats wrong with your traditions whats wrong with your thinking of your country people. You should not make your wife tired aslo and if somebody is tired, you should say don't make her tired, take her side always. I sure she will be a very sweet person but supposedly shes beating someone, hurting someone, insulting someone then you have to tell her. They have done my puja's virgins so I'm sure their attitude towards marriage with devotion. Lastly I would ask you to have some mercy on me also. I receive many letters from husbands and wives describing how their husbands are cruel or stupid or foolish or whatever it is.

1997-0906, Talk and Evening Program, Eve of Shri Ganesha Puja

View [online](#).

6 September 1997

Evening Program

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

I must thank Australian collectivity and all the other countries which are here. How beautifully they have organized the whole thing. They didn't waste any time with all these programs, you see. They.... You don't know what I must be feeling when I see all these countries which I have visited before, and I know most of you very well. The way the whole joy and happiness that you have received through your spiritual awakening, in the light of your spirit, it's very evident and very beautifully ringing like waves, and waves. It is Sahaja Yoga's dreams which I had, it's more than fulfilled, I can tell you. I couldn't understand that how - right from Australia, then Japan, then Taiwan and Vietnam, all these countries plus the greatest of all is, I would say, people from Malaysia - that we have been able to organize this spontaneously so beautifully. Somehow or other it has worked out, that's all I can say. China - I never expected Chinese to come and sing these songs; it's very surprising. They sang so well. I have been to China, I have never heard such nice songs there; I mean, they were very rudimentary in the beginning I've felt, but this time you find them really understanding what is being sung.

So we have people from all over the Eastern side, and also others have joined you. Now this qawwali has completely, you see, made My body vibrate with the same speed they were singing, and I didn't know what to do now. So this is what is love, and with this love we just get immersed. This ecstasy that you were getting into was just nothing but is the bubbling of love.

I'm still trying to see how this great assemblage of different culture, religion and nationalities which always bound us to limitations; and how suddenly you find so beautifully here, of all the places - I mean I'm surprised - Iranians, because Iran, you know, is in a great trouble. My attention is very much there and I can't understand what's gone wrong with them, I really can't understand. I would have gone to Iran Myself, but now such a thing has happened that I can't go. No use going like that. But things will work out, you will see. It will work out and the country will change. Its all nonsense will be over. As it is they are suffering too much. They are very poor and fundamentalism, it is eating them off. They are all fighting among themselves. This is no religion, this is no Islam, this is not what Mohammed Sahib wanted. It is very difficult to explain to them or to tell them about Islam, that this is Islam, and this is what is the truth.

There's one boy, he's an actor, he's a Sahaja yogi. His name is Javed Khan. He's a very well-studied, Koran he studied very well, and he has brought out all the points which are absolutely similar to Sahaja Yoga. He sent it to Me, he's very brave.

I told him, "Should I write your name?"

He said, "Yes, what will happen?" He is a, he has a black belt, and there are twenty-five Muslim boys in India whom he has got it with black belts. So he said, "If anybody comes to meet me I can beat them."

I said, "You are not to beat them."

"No, no, Mother, just few hands here and there, and they'll be on the..."

Such a nice boy and very brave, very brave. He's not afraid, and he's living among Muslims only. So I told him, "Be careful."

He said, "What is there? They have to be careful about me, I am standing on the truth." I was so happy to hear these words from this young man, who has read Koran very carefully.

So we can say now that it's not in different nations we have to think, but we have to think that we are belonging to one world of divinity, and there you are absolutely protected. In Russia when I went there they had a coup. And in the coup everybody would be, I mean, upset. So I asked them, asked Russians, I said, "Aren't you afraid of what is happening in your country?"

They said, "Why? We don't belong to this country, we belong to God's country. We don't belong to this. We have nothing to do with this country."

Just imagine. But the depth of Russians, I don't know from where they have got it: very introspective and very deep people, I was amazed. And the good news is about, they had a medical conference in which one lady brought a note from the patriarch, means the head of their church, of the Orthodox church, saying that "Sahaja Yoga is not a cult, and it is part of us." So no danger of now - we were thinking that one day Sahaja Yoga will be banned in Russia. It cannot, because we have thousands and thousands of people. But this is the revelation we had by that lady, and I was very happy about it.

And American Congress of, you can say, the parliament of America has sent a very beautiful certificate for Me. So all these things are coming from all the sides. And I think even Ayatollah Rouhani, he has said very clearly that "In Islam there are only two ways of knowing the knowledge: one is by studying, and another by becoming the Self. Self-knowledge is the only way and this work is done by Mataji, She is doing the work of Islam." Can you imagine? He's supposed to be the head of the Shiite people.

So though Iran is full of Shiite, their government seems to be stupid still, and doesn't want to see the point. What has happened in Kabula or anything, still they are crying about it - it's over now. Now a new age has started and I hope the Muslims will understand. I heard also that in London Zafar has arranged some program with some Muslims, so I would like to see him tomorrow for how are they behaving. I mean, they can't kill Me, they can't have fatwa on Me, that's what they said: only the Muslims get the fatwa. So I'm safe, doesn't matter.

Now this is very important, because that is one area where so many are still very blind. And I'm only worried, all of them going to go to hell or what, in the nonsensical idea of jihad and this and that. Let us see, it's a turning point - maybe they will learn it. See, in India most of the Muslims are not even educated. They are so poor, so uneducated; now how to talk to them I don't understand. But this young generation like Javed who have come up now, they are understanding what Islam has done to them is not what Islam is. And they are now standing there nicely, built up with black belts, to fight all kinds of nonsensical ideas. That - I have got that letter, and I would like to take copy and give it to all the leaders to see what he has discussed about Islam, so clearly he has said it. It's only three or four pages I think, four or five pages. But we'll make copy of that and give it to you.

We have to worry about them. They are your own. They are created by the same God or is created by the same Adi Shakti, so they are your own; but they are getting destroyed. So we have to see that we really do something just to make them awakened, or tell them. I've been doing it, you see, on My own the way, but you all can talk to your friends who are Muslims and go round, and you can use this Javed's knowledge very well for that.

Today's program was mixed with so many things, you know, and the dances they had from these ladies from Bangkok, you know - I have never seen such nice dances, never, and I've enjoyed them very much. But the raga was Indian both times I saw, it was rag was Indian, and also the tala was Indian and they were dancing, I mean like we can say the angels coming on this earth to dance. Imagine, this place I've been there, and I never expected they're so artistic, very artistic people. And art is something is the blessing of God that you all have got it, and I'm very happy about it. Try to develop your artistic talents also to balance, balance the right side. Right side is too much, that's no good. So artistic talents will help you. Also the way you enjoyed music shows that you all are blessed with the appreciation of music.

I also feel that Sahaja yogis should have all kinds of talents which are artistic and they should get those talents, only not in music - art, dancing, in every way. All these, you see, things are so encouraging to others that they also want to do the same what you are doing, you see. But for qawwali I must say you are masters now, really. One qawwal has died already and now I see other qawwals coming up very well, and young ones - so, so much impressive, so much. And this mood should remain forever with us.

Have I missed any country? All right.

Now, another attention has to be paid to America. Americans are very childish people, I must say. They are not grown up. Very childish, and they also require attention from you. Because now you are becoming global. So you have to pay attention to them also, not Australia or say Taiwan, but to the people who are lacking in Sahaja Yoga, you have to attend to them. For Americans I think music is the way we can approach America very well, if we can sing well and dance well.

About dancing I must say you all are in ecstasy, so there's no rhythm needed, nothing needed, you are in ecstasy. But still it's better to learn steps. I must say Hamid is great for that. He's so light-footed, I'm amazed at him; he's very light-footed. So you have to learn from him how to dance, he's very good, and I think we'll have more people who will teach you how to dance. But ecstasy dance is different. But otherwise we can have classical dancing, and you must have seen in India they play legim with such a light foot, you see, and that's the blessing, such a big blessing for people to express themselves.

I mean, Sahaja Yoga has spread in every sphere and there are many people who have come. I would say that we got a very famous man called as Klaus Nobel. But his son is another remarkable one. I was amazed the way he took to Me, took to Sahaja Yoga. When I came to Berkeley he was standing at the airport near the gate, and with a flower. As soon as he saw Me he was just stunned. He didn't give Me flowers, nothing, just stunned. For two minutes he didn't know what he was doing - so deep he is. Spoke very well, and he is organizing many things. He's a very nice young person we have got now with us.

Now I think America's stupidity is going to finish and they are going to take to Sahaja Yoga, because all these stupid and what you can call those false gurus are no more. There's one or two left but they'll also disappear very soon. They are using My lectures, they are using My book to impress people. But to give realization they are not there.

This is how this life is changing very slowly, beautifully and it will come to its maturity very soon I am sure, that people will accept officially Sahaja Yoga. It's difficult; very difficult it was when I started it, but now I think they have to.

I was surprised the way they praised Diana for this - her death, you know. Of course I felt bad also that she should have death; but she had no maryadas. She was a born-realized. I told people she is a born-realized, and that's why the compassion, you know, she couldn't help it - used to meet people, talk to them, do them. But it is England; because England is the heart and anything happens in England - it's such a little place like that - will spread all over. Let many queens die, let many kings die, this won't happen. This is because of England, from the heart, and this lady was so compassionate. Only thing she used to just go and meet people, touch them, and funds she was raising. But despite that I must say, it is England; and also the media which gave her such a highlights before, so now the media is into trouble because of her. But this is what, how Sahaj works. It turns things easily, and her death was also very remarkable. So from Sahaj point of view the whole thing was a big drama: necessary, very necessary to show that any woman who is compassionate, who is kind, is respected so much. I hope now English women will change their attitude towards others; because this should be a big lesson that this lady, because she was so compassionate and good, that she was so much respected.

Then, tomorrow I can't say these things in the puja, but today I have to say that I'm thankful to you that we have fifty years of independence in our country. This is - and this fifty years of independence has been so much wasted, because in the beginning it was constitution, beautiful constitution, beautiful people, very good people. I have seen extremely good people in India, full of idealism, full of principles, giving everything for the country. When I wrote this song that time we were all arrested and tortured, and this and that; that time I wrote this song for the glory of the Mother. And that has happened today, because everywhere it was celebrated, and.... But I must say that our country needs, requires very much spirituality, very much. It's the source of spirituality, and it requires spirituality. But when they see you people singing the song of Adi Shakti, they're amazed. They can't understand how can you sing all these things about our country, how do you know?

Now one great musician was there in our program, she's very well known, she and her mother. And they said, "We put our head

down."

I said, "Why?"

"Because in such a short time how can they sing so well, with such beautiful rhythm and such beautiful swaras? They cannot." I mean, they used to think these people, they can never sing Indian songs, and they were so surprised at this.

And this music has to go on. Babamama has already started the academy; he has already made five huts, he says. And his idea is to get people there to learn. But he says, "In three months they become experts. Something great about these people. Even Indian Sahaja yogis can't do that." What you people can do, Indian Sahaja yogis cannot do. That means there's something very special. In three months one fellow sang Rag Malkauns with Alap, ... everything. I was wondering what has happened, how can this Englishman do all that - Englishman of all the things? My father used to tell Me that "If you want to teach Hindi to an Englishman, better jump in the sea!" That's it, he had, I mean, if it was for Englishman - what about others, I don't know.

Now with all this, you see, see your talent is showing your spiritual advancement very much, and that's how you must see. John I know is really great, also Andrew, I heard you today only; and you are all really very great musicians here sitting before Me. And I respect you very much and I hope you also respect this art, and develop it better for the entertainment of others who are not yet such musicians. But they will be one day. You know, I may have to extend the stage here!

So that's all right for today; tomorrow we'll have puja at five o'clock. It's very cold now. It used to be quite hot so we thought, better have it at nine o'clock, but I think we'll have the puja at five. And tomorrow I'm going to tell you really something very deep, so come prepared for that. Thank you very much, thank you.

May God bless you.

1997-0907, Shri Ganesha Puja: Dharma Has To Be There For Your Ascent

View [online](#).

7 September 1997

Dharma Has To Be There For Your Ascent

Ganesha Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Shri Ganesha Puja. Cabella Ligure (Italy), 7 September 1997.

Today we are going to worship Shri Ganesha.

It is said about Him that He is the first Deity that was created on this earth by Adi Shakti. As about His creation, you know the story. And also you know how an elephant's head was attached to Him. Today, I am going to tell something more subtler about Him, Kundalini, and the Mother Earth.

He was made out of the Mother Earth, with the vibrations of his Mother. Now, the significance of Mother Earth, we have never understood. Now look at the Mother Earth: She is the one who produces all kinds of beautiful flowers of different fragrance, of different nature, colour, heights. The trees are different. Trees, when they grow up, they grow in such a manner that every leaf, every leaf of that tree, gets the sun. Look at the collective sense which is given to us by this Mother Earth.

We have never realized that this Mother Earth...is giving us everything that we want, and the sun helps the Mother Earth – cooperates, coordinates with Her. To go further with it, you have seen that picture where the Kundalini is coming out of the Mother Earth, and half of it is seen. So what does this Kundalini do for us? Or what does this Mother Earth do for us?

The Kundalini leaves the Mother Earth as a reflection. And what does She do within us to build us up in which way? So it is the primordial power which is coming out of the Mother Earth. Mother Earth itself acts like a mother. She looks after you, She gives you whatever you want. And another miraculous thing is that the highest tree is a coconut tree and the coconut will never fall on any creature or any human being. That means it's all-thinking—all understanding, all consciousness, all awareness is coming from the Mother Earth. But we never understand. As it is, we take it for granted.

Now what does She do for us, for us human beings? She's the primordial power. What She does is to build in us a primordial, we can call, restrictions or primordial taboos or primordial dharmas. For example, you see the steel is here. It has its own dharma, it cannot behave like wood. Wood has its own dharma, it cannot behave like silver. They all have their dharma and they are bound in that dharma. Everything that is in the nature has its own dharma. If you see the tiger, if you see the lion, if you see a mongoose, or you see a snake, they all have their dharma, their style, their everything. It's very surprising, how they are bound by it.

Once, in Prathisthan, I went from the other side to My bedroom, and I saw a very big snake came out of a hole. Of course I was quite away from it, but it felt My vibrations and started running away. It fell in the swimming pool and it wouldn't come out. So somebody went down and killed it and brought his body up there. I was surprised: it was such a big one, about six feet, but it intertwined itself in a very beautiful pattern, surprisingly, when it was dead. All right. Then what they did, they said that, "Mother, if we leave it, it will fall in the water and again it will come to life, so what should we do?" I said, "Let it be then. What do you do?" They said, "We burn it." So they burnt the snake. But the female of the snake came out after ten days. They said, "There must be a female," and she was searching for him when suddenly somebody saw her. They killed her also. They killed her, and she also made the same kind of a pattern. I was amazed: a very beautiful pattern of the body going round, like this, like this, like this. Exactly the same, she also made.

So I was surprised: how is it that this lady knows how to copy her husband? She did it, and when we burnt her, she was finished

of course, both of them were killed. But what I felt is that animals, creepers – those who creep permanently – other people also, every type of animal, the whole of biology I studied, I was amazed that every type of animal has the exact, the same sample of behaviour.

For example, you can put the dog in the water, he'll swim, but the cat may not. See it's a thing that is built in, the dharma, what I call the primordial taboos. We have, in the same way, primordial taboos built within us, which are dharma. A human being has to be like that. If he tries to be something else, something goes wrong with his life. It's like, say, if you have a glass [and] you drop it on the ground, it will break. That is the dharma. In the same way, when human beings start deviating from the line of dharma, they get into trouble. But it is only human beings who can do that. They can only cross over these taboos, these primordial taboos, and can become horrible.

You see a person, sometimes I wonder what's wrong with him. He has a nice home, very good wife, everything, then he has a keep [another woman]. What is the need? For a man, it is primordial that he should have only one wife, and [she,] one husband. It's a taboo, as soon as you deviate from that, something goes wrong. Now who punishes, or who corrects, or who destroys is this primordial Power, which we call as Paramchaitanya.

If you can understand that it's a structure. Say, this is the structure of this hangar. Now, you want to break it, you can break it because you are human beings, but it will be broken. As simple as that. We have to understand we are human beings and we cannot do things which go against our dharma.

Now, why the dharma? Dharma has to be there for our ascent. Now man, in his intelligence and his progressiveness, thinks that anything he does: "What's wrong?" Especially in the West, this is very common. But I must say, for the aboriginal people, or people who are – I mean, I don't know if I should call Indians aboriginal or not, but those people who were made aware of their primordial taboos somehow, as the animals know what is bad for them, that knowledge was there with aboriginals.

Today we are here with Australians, and in Australia aboriginals are so many. I was surprised, most of their words were Sanskrit. So, might be they might have got it from India, or maybe they have gone there from India. So many words they have got which are Sanskrit. So I started thinking about them. Normally, aboriginals – say, in India we have aboriginals: Gond, Korku, Bhil [in Maharastra].

We had a lady who was a maid with us, Gaynabai was her name. She was an excellent cook, but she had her maryadas. All the time, like if my father came, she would immediately cover her head and go in the other room, to respect him. Nobody told her to do that. Their marriage system was also very surprisingly good, and their relationships with the children also were very good.

Somehow or other, in my childhood I met many of them because I also had a habit of going to the jungles, where I used to meet them. And I was surprised, they would not drink—this I'm telling you was about sixty years back, maybe more—they would not drink. Very lajashi, means shame of everything. A matter of, sort of prestige, for them was important. They would never steal anything. And I was really very impressed, how these people were so dharmic, so good, and happy. They lived in huts, they didn't mind, but they were very clean and neat people. It is now changed.

The same people are changed so much. I mean, they were like sacred people, I tell you. Holy people. They worship Mother, they worship Mother Earth, nothing else. And I asked this lady, "Why do you worship Mother Earth?" She said, "She gives us everything. She is a just Mother, we live in the jungles, She looks after us, and She is the most conscious person. She knows that we are there and that She has to look after us." Even to take out some leaves from the trees, they used to think about it.

But then the missionaries came. They converted them, they gave them skirts and blouses, and I don't know what all they did. But Gaynabai did not take; she said, "What is this? Why should I wear a dress like this where the whole body is exposed? No I'll wear a sari, I can never give it up. Why should I wear this kind of a useless dress?" But when they met with these so-called advanced people, so many of them started living like that. They said, "You have no freedom; you are just bound by something, by someone." But actually, they were bound by the sacredness, by the divine understanding. And then they started changing. She

was all right, her husband was all right, but her son started drinking. This is the beginning of the end. Then gambling, and all other sorts of things he started. Then her grandson started going to prostitutes. And the idea was only that we are free: "What's wrong?"

Now these primordial taboos are in you, built in. They are there. These are existing maybe in a potential state—maybe you have curbed them down, maybe you have turned them out, but they are there. All the time they are there, and that's what we say, that you are leaving the maryadas. Or else we say that you are insulting Shri Ganesh. So when Mother created this universe, the first Deity was Shri Ganesh. Auspiciousness was created. Now, we don't understand what is auspiciousness. Auspiciousness is a complete understanding of primordial restrictions, and also of the protocol.

For example, in India we all used to do that – though I was in a Christian family – that before touching the Mother Earth, getting up from the bed, we used to say: "Oh Mother Earth, please forgive us because we are touching You with our feet." So respect for the Mother Earth and for nature is built in within us, it's part and parcel, we are part and parcel of this whole – we can call it a whole universe.

But when you get into this nonsensical idea of freedom, then you are leaving your Mother Earth. Your gravity itself reduces. This Mother Earth has to teach us. While we are plundering, now there's everything ecology – ecology people are trying. Whatever is outside is also inside. If you want to exploit your Mother inside, or if you want to trouble your Mother inside, you can also trouble this Mother Earth like this.

Now what has replaced our understanding is very simple, is that we are paying more attention to money. If you can cut a tree, say, to get money, then it is hurting the Mother. But if you can cut the tree for beautifying Her, then She's happy. Her discretion is so great. See the way she produces flowers, different, different types of flowers. In different countries, different types of flowers.

Like Me, I saw in my country that flowers are extremely fragrant, very fragrant, and She understands so much. Once I went to Australia and this flower you call hibiscus, it's a red flower, it becomes pink and then red. Imagine: it becomes first pink and then gradually it becomes red. Even the sunflower goes on turning its face with the sun. Now how can you say there is no connection between a sunflower and the sun? Automatically it goes on changing.

So these hibiscus flowers are the flowers which we use to worship Shri Ganesh. And the program was to worship Shri Ganesh. On the way I saw so many trees of hibiscus, just flowering. I said, "At this time, so many flowers." I said, "I think you better get these flowers for the puja." I went, and when I arrived in the hall, all the Sahaja Yogis had got hibiscus on their own – I never talked to them; just on their own. They didn't know that it is to be used for Shri Ganesh, but the Mother Earth Herself created at that time. This is the time of Shri Ganesha when you should get hibiscus. It's very remarkable how the nature is so much within us and how this, whatever it is within us, guides outside and receives the blessings. We are not something separate. This Mother Earth is our home. We have a home in Her, and She has a home within ourselves.

I said today that for Shri Ganesha, He had a body of the clay, just ordinary clay. So you can imagine, you can really think of it, how this whole universe has created us. All of it is within us, and when we try to hurt something, then we are hurting ourselves. The intelligence of Mother Earth I have seen from My childhood. It's such a beautiful thing to know the nature and the Mother Earth. That's why all the saints, in India especially, used to go and live in the forest. Only in the forest you could see clearly how this primordial bondage was absolutely obeyed. Absolutely obeyed, naturally, by the nature.

For us it is difficult. We are rather "free" people. So simple things, simple things like, a woman should be always covered properly in her body. Because she respects her body, she respects her chastity. But if you tell this to somebody, they won't listen. As you see the evergreens, they are always clad; no leaf falls off. I call them as the females. And the other trees, deciduous, they do lose their leaves, so I call them as men. Because they are men.

Here, it's the other way round, I have seen. I used to go to any party, somehow or another they thought I was a very serene person. You meet somebody, immediately the man will button up himself and the women will open themselves. I said the whole

brain from here has gone to this side and this one has gone to this side. It's so stupid. But even Mrs. Thatcher has said that "it is our culture that women must expose their bodies." For what? Are they prostitutes or what?

So this craze of exposure of the body has become so strong now that even in India, if not on the streets or in the household, but in the cinema films, you see women – really this never happens in India; what you see in the films, never happens. If they start wearing dresses like that, so many people will throw stones.

Then all other sorts of – I shouldn't say clumsy, but very grotesque things happened. Like, I can't understand man having relation with man, woman having relation with woman, and children, and this and that and that. We didn't know these things in India, I didn't know. Why? Why has it happened here? I don't think fifty years back they used to do that, also in these countries. Why have we given up our sense of shame? And this kind of nonsense that has come into us—I think must be some bhoots in them or badhas in them or something horrible, but this is something absolutely unnatural. Absurd! Then a married man having eyes on unmarried women and unmarried men are having relations. All kinds of things people do.

And you won't believe, this doesn't happen in India. Really, I tell you, these days it is now sort of spread out, but I would say in good families you don't have it. Somebody told me there is AIDS in India. Yes, because they take bath in the river. If they stopped taking bath in the river, this will stop. I was a medical student, I have studied, and I came from a very open family, I never knew these things that men can do. It's stupid. Even in the lunatic asylum in India we have never heard of such reports. This is absurd.

You see the children. The other day, Guido gave me a present of a girl who was feeling shy, little girl, you know, holding her frock like this and feeling shy. Shyness is the ornament of women. Children are all shy. I remember my granddaughter, she was once watching one magazine, she was very small, two years or so. So she saw one woman in a bikini or something, she was hitting her: "What are you doing?" She saw in the magazine. "What are you doing? My grandmother will come and give you two slaps. You shut up! Please wear your dresses." They would not. Children don't like; have you noticed it? Or I don't know if they are advanced, but normally children don't like shamelessness. But the shamelessness has gone to such an extent that to them, keeping nude is a very great advancement. This is nothing.

Somebody told me that he wanted to save the aboriginals, but they were so much, so much impressed by the white skin that they accepted everything. But they were even having relations with their own sister, daughter, mother. Competition. These are the subjects; it's rather heinous to talk about. And I can't understand how can a human being go to that level. And at this time we have Sahaja Yoga, where you have become aware, aware of your natural taboos. It is there, because I told you potentially it is there. It is enlightened and suddenly you have accepted. I never expected so much, I tell you, but you have accepted it. And not only that, but you are enjoying it, you are practising it.

You see the lives of all the great saints. You can't have something like Diana – see, they are going to call her a saint. She had no maryadas. Oh I have sympathies with her because her husband tortured her or maybe something, but maryadas are very important. How can she be a saint? Now if you become just an ordinary human being who has his taboos, who understands, who is aware, then they will say, "Oh what a man he was." I mean, that was. He was. He was born like that. So such a man is praised, in the West especially. Also the other way round is that now the majority is the law. If the majority is stupid, then all the stupidity is regarded as great.

They have no brains, they have no intelligence to understand how can these things help. Alcohol, for example. I mean, alcohol, it has done no good to anyone. But alcohol, without alcohol you are no good. They won't talk to you. They say that unless you have alcohol, you cannot talk. And it is so rampant, it is so much in the society that all the parties I attended, except for me and my husband, everybody was drinking, and drinking much more than normal because it was free.

They are all poisons. These are all poisons spoiling us completely, from one to another. This one is a taboo now, for cigarettes. Imagine. Why to smoke? I don't understand, like a chimney people are smoking. But they have no courage to give it up now. Everywhere: no smoke, no smoke, no smoke. When will they start no alcohol? Everybody sees that it's so dangerous. It is against human awareness. Everybody sees it. You see people falling down, you see people cursing each other, fighting. I tell you, if you

stop this alcoholism, all this shamelessness will go away. Because when you take alcohol, your awareness is abated. One alcoholic told me, "When I take alcohol, I don't see my sister as my sister, but see her as my beloved." Well, "How do you do that?" "Yes." But for all social status and all that you must drink.

Now, we don't even understand how our primordial taboos are completely battered by the society we have. The simple thing is that to understand your own self, better sometimes see the stupid people. You'll be amazed what sort of things they are doing. Because I have seen, I used to be very amazed, what are they? And then to cover it up, to cover it up, they have etiquettes, you know, very elite. They talk in a very special manner, move themselves in a very – I should say, like a trained personality. And anybody who doesn't do that is out of their sight. They think that he lacks elite-ness. So another idea is that we have to be elite.

Ganesha is made how? Let's see that. Look at Him: He's by no means elite. He eats like a glutton and He looks at you as if He's going to hit you with his mace. For Ganesha, there is no forgiveness. When he became Christ, there He developed. I don't know how it worked out, but as Ganesha, there is not at all forgiveness. Don't try to ask forgiveness from Shri Ganesha. He'll never forgive. Even if his mother says, "Now you'd better forgive," "No, that I'll not do."

He never forgives. Then only it comes to the point that the Mother has to say, "I forgive you," then He can do, because one thing about Him is, He's extremely obedient to his Mother. Absolutely. So if the Mother has forgiven, finished. But otherwise, he will never, never forgive. And that's why all kinds of these horrible diseases are seen. Thousands of them. Also, if you don't respect Him, then impotency can come, or AIDS, and all these secret diseases that people have. I had a very bad time with people who suffered from these secret diseases, because Shri Ganesha accepts My forgiveness, but whenever He has a chance, again He comes back. Now see, they are deities with their own dharma. They too have their own dharma.

He gives you a lot of things. He gives you mainly wisdom, discretion, understanding, but if you don't obey Him, His qualities, then He's a very difficult man. So to tell somebody "don't do it" is very difficult, but the nature takes respite. If you want to become a patient it's not difficult, but to get you cured on the Mooladhara is very, very difficult. You do get cured, no doubt, ultimately, but the most difficult disease is from Mooladhara.

He is a child, all right. He's an eternal child. He's innocence. Despite all that, He cannot forgive you if you disturb your innocence. Mother is just the opposite: She wants to save at any cost, She wants to save people. But not Ganesha. Ganesha says: "All right, you better go to hell." And hell is in our own lives here, you see, those people who are drinking, smoking, prostitution all this – this is all hell. What else is hell? And He will never save you from hell.

Only in your aarti, in Marathi aarti of Shri Ganesha, they say that at the time when I am getting my realization, You must save me. That's the only thing they ask: at the time of my resurrection, You must save me. It does not say that at the time of my resurrection, You protect me. No. You save me. Because He's the one who is sitting on every chakra like a vice-chancellor of the university. Even if you have Vishnu on your side, Mahadeva on your side, but if Shri Ganesha is there sitting and He says, "No, not his ascent," it doesn't work out. It's very difficult.

So now I am telling you this, that your children are here. In these modern times, horrible things are happening to children. I mean, I think the whole of this negativity is against the innocence. Wherever they get the children, they misuse them, they teach them bad things. Even the schools, everything is so horrid. So then, we have to be careful. We have to be very, very careful about our children. We have to guide them properly, look after them, and let their primordial taboos should be that that restriction, that taboo, that is to be preserved.

So if a child does something nice, appreciate it. I'm not worried about a child being little bit, what you can call, a little bit mischievous. Here, they have to be. It's all right. But if he takes to anything that is anti-Ganesha, be careful. All kinds of diseases can develop, and if they are destroyed in childhood – these taboos – then they are very difficult to revive.

Still I have always said that innocence is never lost. Only, there are some clouds which try to cover innocence, and we become rather ignorant about it, that we have done anything wrong. That is your duty. Your society is horrible. Next generation I don't

know where it is going to end up. When I think about it, I really get a fright.

The solution is that you have to be careful about your children and their thinking and their attitude towards Shri Ganesha. They are special lovable things for Shri Ganesha.

You can't imagine how He loves the children. And He's always there to protect the children. If He protects anything, it is the children He protects. And if you people really understand what I am saying now, because if you have to cross this margin of human life and spiritual life, first thing is your Shri Ganesh. When Kundalini rises, Shri Ganesh is quiet. He just supports the Kundalini to rise. He's the one who also suggests to you that it's the wrong way you are doing things. He looks after you, but He'll not forgive you.

It is not so difficult. The way people talk about their physical needs and all this nonsense, even the animals don't talk like that. Try to enjoy things which will give you real enjoyment. For example, flowers, nature, garden. Instead of destroying this nature, try to build it up, try to see how you can make it a beautiful garden or a beautiful place. Every time I am here, I am thinking: what should I do with this land here, which is very barren? How can I change it? All the time there is thought about how to make it beautiful. And in that, if there is innocence, no greed, there is no competition, there is no attachment, but just to enjoy the beauty of your own creation, to see how things are.

Out of proportion people have gone, out of understanding. For example, here or anywhere in Europe, you are not supposed to grow anymore fruits. Why? Because the price must be kept low. If you have so many fruits, why don't you send it to places where they don't have fruits? They will destroy it, finish it, but they will not do that. So the love and feeling for others is not there, and they destroy if something is overproduced by the Mother Earth just to keep the prices high. Very cruel! They are very cruel still. Only thinking about money, money, money, money.

All this happens. So it's still happening, and I'm sure one day will come when it will all stop. The pubs are the best buildings in the village. Then the way they glorify drinking is the best part of it. It's all done. You see it. Now, the only thing, I would like you to have a desire, that: let drinking be finished, like smoking. If you think like that, that might solve a little bit. I personally think it is with drinking only [that] you develop all these perverted attitudes. Otherwise if it's a normal man with a normal brain, why should he do such things? Fighting, quarrelling, killing, violence: It's impossible to understand how can a normal person do such a thing.

Shri Ganesha gives you balance. He keeps you on the proper track. But if you don't want to listen to Him, you are thrown away. I hope you understand our relationship with nature, with Shri Ganesha, and with our Kundalini is absolutely identified with each other. Absolutely. If you start loving the nature, all these ideas of spoiling your innocence will be finished.

I used to write poetry, I'm very fond of nature, but then I told Myself: You have to do work for Sahaja Yoga. If You take to poetry, they'll all call You a poetess. And I don't want to have any such position to be a poetess and all that, so I gave it up. And I was a very good sportswoman. I used to play things, I used to be first in every sort of game, and I had championship, this and that. I gave it up. Whatever I did, I used to get into it. I studied medicine, I stood in the first at the whole university. I gave it up. Why? Because I am the Primordial Mother, and I have to do the job of awakening the primordial nature, the dharma within human beings, and that's what I have to do and nothing else. But for that, I don't do anything. I am Nishkriya – I don't do anything. Really, I don't do. It is done by the nature. Done by Shri Ganesha. Vishnu, Mahesha, everybody. They are doing it.

But, then what is the relationship? The relationship is, they are all in My body and they are all bound by their own dharma. And they act. This is the relationship: spontaneous, automatic, like a built-in relationship. For example, the fan is built in, so as soon as you push the button it starts moving. It's like that. All of them are related to Me, and they have a tremendous protocol, tremendous respect, that if I say anything, they will not finish it.

See, this thing is, that very, very deep thing that I am telling you: that you are a human being, that is, there is built in within you are your dharmas, and if you go against your dharma, then you'll be finished. They're all built in within you. They are all there, potentially. I hope you'll understand how important it is to be aware of your restrictions within yourself. So thank you very much,

all of you.

May God bless you.

1997-1004, Evening Program, eve of Navaratri Puja, Materialism, Nature and Marriage

View [online](#).

4 October 1997

Navaratri Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

4th day of Navaratri, "Materialism, Nature and Marriage", Evening before Navaratri Puja. Cabella (Italy), 4 October 1997.

[During the evening program, after some musical performances and a play by the English, the Swiss sahaja yogis acted in a play where they openly denounced the Swiss bank (about its money laundering etc.). Ultimately, they recited the "litany for the doom of Materasura", the demon of materialism:]

"Litany for the doom of Materasura":

This is a world that feeds the Swiss Banks' Octopus.

This is a world where too much is not enough.

This is a world where negativity is a plus.

This is a world where the saints say: Enough.

This is a world where 1.3 billion people live on an income of less than \$1 a day and where the planet does not have enough natural resources to sustain, at a worldwide scale, the consumption pattern of Malaysia, leave alone America.

PLEASE SHRI DURGA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Durga Namoh Namaha.

This is a world where ten per cent of world trade is generated by drugs and narco-traffics, or US\$100 billion represents the amount that yearly poisons mankind, while money laundering in Switzerland and elsewhere has become a most prosperous activity, reaching all levels of society.

PLEASE SHRI RAKTABIJA VINASHINI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Raktabija Vinashini Namoh Namaha.

This is a world where Wall Street sucks the wealth from the working middle class to bestow it upon the rich and where Walt Disney makes you forget all about it.

PLEASE SHRI KATYAYANI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Katyayani Namoh Namaha.

This is a world where an Egyptian eats at MacDonald's in Cairo and a Chinese at Pizza Hut in Beijing, because modern consumerism expresses the lowest common denominator of world culture and erases the meaning of national values and traditions.

PLEASE SHRI SHAKAMBARI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Shakambari Namoh Namaha.

The new multinational entities are experimenting with new forms of dictatorship, setting their production sites in the developing world, reducing to slavery a subdued working class and exploiting children on the altar of productivity gains.

PLEASE SHRI RAKSHAKARI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Rakshakari Namoh Namaha.

The globalization of production and services allow a few global players to befool us and impose the rules of their game to the mass of unsuspecting consumers.

PLEASE SHRI BHIMADEVI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Bhimadevi Namoh Namaha.

Vast restructuration endeavours are progressively leading to the eradication of small and medium-sized enterprises for the benefit of gigantic corporations operating on a worldwide scale.

PLEASE SHRI CHANDIKA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Chandika Namoh Namaha.

The gradual concentration of liquid wealth in the hands of the super-rich is marginalizing national sovereignty and its elected officials, and is imposing a titanic dimension to the ruler-ship of money.

PLEASE SHRI RAKSHASAGNI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Rakshasagni Namoh Namaha.

Greed raised to the power 108 means the pauperization of the world's middle class and outrageous wealth for the remaining 10%.

PLEASE SHRI DAITYENDRA *, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED. * (MARDINI) This has been removed as it should not be preceded by Shri as it asks for the destruction of the entity involved as in "Catholic Church Mardini"

Om Twameva Sakshat Shri Daityendra Namoh Namaha.

The systematic elimination of alternative economic solutions, unequal trade and financial manipulations are challenging the equitable distribution of wealth among the population of the world.

PLEASE SHRI VAJRINI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Vajrini Namoh Namaha.

The deregulation of the financial markets has opened wide the gates of Jurassic Park for the large financial predators to roam

about and thousands of billions of dollars are created from nothing by speculators to feed their unlimited thirst for money and power.

PLEASE SHRI UGRACHANDESHWARI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Ugrachandeshwari Namoh Namaha.

The Swiss financial centre works as a haven for rich tax-dodgers from developing countries, and diverts needed capital from national investment programmes, industrial infrastructures and social expenditure to inflate the stock exchange of the developed countries.

PLEASE SHRI UGRAPRABHA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Ugraprabha Namoh Namaha.

The trend of today's mega mergers is to marginalize the State, bypass national legislation, manipulate the market, control the economy and, for all practical purposes, finish off the social foundations of real democracy.

PLEASE SHRI MAHAKALI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Mahakali Namoh Namaha.

The lure and mirage of such a radical concentration of wealth and power threatens to neutralize all seeking of the Spirit, and the deafening roar of the triumph of asuric materialism destroys the hope of millions of seekers.

PLEASE SHRI MAHAMAYA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Mahamaya Namoh Namaha.

The alliance of mafia, secretive bankers and corrupt managers has infiltrated the world economy and is threatening the ethics of collectivity which provides the foundation for the value system of our entire civilization.

PLEASE SHRI VIRATANGANA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Viratangana Namoh Namaha.

The enormous increase of financial assets has siphoned cash money out of the real economy and channelled it into the financial markets, building up a planetary gambling casino where arbitrary currency speculation can mount huge attacks against any country which tries to follow socially-minded policies.

PLEASE SHRI KHADGAPALINI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Khadgapalini Namoh Namaha.

The etheric sophistication of financial electronic circuits has created a virtual world where the immateriality of money has become the sole reality.

PLEASE SHRI VISHNUMAYA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Vishnumaya Namoh Namaha.

The progressive domination of technology is sucking the blood of the farmer, the artist and the potter, turning the man who works with his hands into a permanently handicapped person.

PLEASE SHRI DEVA KARYA SAMUDYATA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Deva Karya Samudyata Namoh Namaha.

The information highway leads to the maya web of a virtual world where human attention is scattered, desire is confused, truth is atomized and the soul is thereby reduced to slavery.

PLEASE SHRI RADHA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Radha Namoh Namaha.

Modern communication can become a domestic [may that mean "demonic"] tool in the hands of a few media moguls and opinion-making tycoons who are spreading their hedonistic world views of power, money and sex.

PLEASE SHRI SHUKRATMIKA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Shukratmika Namoh Namaha.

The Mlecchas * (from Vedic Sanskrit mlecchá, meaning "non-Vedic", "foreigner" or "barbarian") is a Sanskrit term, initially referring to those of an incomprehensible speech, later foreign or barbarous peoples, as contra-distinguished from Aryas.) of Satan have infiltrated the Internet global village to pour pornographic dirt and filth within the nest of the family and to spread hell's shadows in the minds of helpless people.

PLEASE SHRI NIRMALA KUMARI, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Nirmala Kumari Namoh Namaha.

Hail, salutations to the Great Devi! Aum, Amen.

May there be Auspiciousness, Joy and Peace.

May Thy Divine grace penetrate the waters flowing from our mountains to the four corners of Europe and spread the pure vibrations of the Aquarian Age.

Salutations to Thee Shri Mataji Nirmala Devi Ji, the Resplendent One, O formidable Avatar! We bow to Thee, most pleasing yet most frightful, who has been approached by the Trimurtis for the sake of protecting the universe.

Today, in this festival of Navaratri, we chant the litany of Thy children in Switzerland for the defeat of the foes of the Spirit, and we offer to Thy glittering teeth the new asuric forms of materialism.

PLEASE SHRI RAKTADANTIKA, DESTROY THE EVIL FORCES THAT MATERIALISM CREATED.

Om Twameva Sakshat Shri Kalki Sakshat Shri Sahasrara Swamini Moksha Pradayini Mataji Shri Nirmala Devi Namoh Namaha.

[TALK BEGINS HERE]

It has been such a great treat for us, not only entertainment but the way, for our own future, how to move and what to do. It's very surprising that this Swiss bank business has been attracting my attention all the time. I don't know much how they can digest everything so well. In these modern times, when people are talking of democracy, talking of very big ideal things and all that, at the same time, how can such an illegal system exist openly? And for that, I have a plan, as Arnaud has said, I have to expose, I have a plan to do something about it. As far as the materialism is concerned, it's working out. (1.27)

All these countries who were supposed to be very advanced, developed, are suffering first from recession; and a terrible recession. That recession is going to give them a lesson about overproduction of nonsensical goods. Materialism comes because people have gone mad with their greed.

I was searching a house in England, went round to see houses and I was surprised that all kinds of plastic things and mixed things and all that, were piled up in mountains in every house; mountains! And you passed through a door; you would find two legs of a pant falling on you. But not only in England, same in Paris, I've seen people accumulating so much of nonsense, that they don't know where to put it and what to do. This madness is on, and on and on. Now, I have found out a solution for Sahaja Yogis, what they should do. They should try to encourage handicrafts. Every country I went to, I bought handicrafts. Whether it was Czechoslovakia or England or anywhere. I cannot understand, how can you go and buy this rubbish of plastic, of these useless things.

And these handicrafts, when I bought, I was surprised. I must tell you about Czechoslovakia, that there were small, small, very small shops, and they all came one by one: "Mother, buy something from us also. Mother, buy something from us." You know, I was surprised, such beautiful things. They said: "We cannot sell them." But all nonsensical things, people are buying.

So, for Sahaja Yogis, they must take a vow, that we'll only take things that are hand-made. You need not have many things. You can have few; but something hand-made. Now supposing you get a dress. There should be some hand-made embroidery or something put on that. So, some labour is put into it. It is very difficult to see how people go in for things which are very cheap and extremely troublesome.

I must tell you one thing; I cannot wear nylon. I can't wear anything artificial. Really, I can't. For a while, if I wear socks also, my whole body starts painning. So, it is against. Handmade things are few, I agree. But use as far as possible hand-made things. From the Mother Earth, they make very nice, say terracotta. So, I am a socialist by temperament, I think, so I felt a great urge that I should really export nothing but terra-cotta. And terracotta is such a beautiful thing. It's so soothing, it's so good, it smells so well. But people think: "No, we should buy something that is made from America, in some machinery thing." They go on buying like that.

In America also, I was surprised that beautiful things are selling in shops that they call "Outlets". Very beautiful; mostly of silk and cotton. And leather, pure leather. But people will go to big, big markets and buy all nonsense at a very high price, and not from there. Means they have no wisdom. And this is what happens, that the wisdom, if it is lacking in your sense, then this wisdom corrodes the society; because wisdom itself shows how dangerous it is to go on buying these nonsensical things. Also, now you are seeing that people are taking more to Ayurveda and to homoeopathy. They don't want to use these horrible medicines produced by your great country. You know what they do, Swiss? They send very big offers to doctors from India to come and work for them. And supposing they have produced one sample, as you have shown, then the same one, they change a little bit and say: "It's better." And you know, these medicines, most of them are very dangerous and troublesome. By mistake, my family gave Me these antibiotics. Since then, my legs are very weak and troublesome. I have improved, no doubt.

So, you see why we are now taking to this? Because pollution is there, another thing which is created by all these machineries. Gandhiji was saying: "There is no need to use so much machinery." Now, motor car: we can walk, we can use trains. But people want to go anywhere by motor car, even if it is about, say, ten meters. They don't want to walk. That's why our health has gone down.

I must tell you; when I was studying in the school, my school was about five miles. And we had a car, and we had also horses and what you call as a buggy, in our house. But it was compulsory for us to walk five miles in the morning. Evening time, the car used to come. But morning time, we all had to walk five miles to go to our school. And in between, there was a small little mountain which we had to climb. That is how we learned about nature. If you don't walk, from the car, what do you know? At the most, you can see some lamppost. What do you see from the car? Nothing. You cannot see the nature. This walking system is very much out of date now for people. People don't walk. I am not saying that today we are very changed and we are very advanced people. In a way, we have gone down. Because we cannot walk.

God has given these legs to walk, but we cannot walk. You avoid walking in the end. Now, because of that, so many cars! I think that in some families, they have five cars, because there are five family members. Specially in Spain, I was surprised. So many cars, so many cars, and every car has only one person. Now the problem has started with the pollution and all these things, because we have lost the habit of depending upon ourselves.

Now, see what happened in, say, Kuala Lumpur and all these places, suffering from what you call the (smoke) smog. Now, I have not done it, if you think that way. And they pray to Allah: "Give us water." Why would God give them water if they are doing all kinds of nonsensical things? Now, there is the smoke going on. Why? Because they have cut the trees. Why do they want to cut the trees? Because they want to make money. That's all. And their wood is coming to India, because in India also, they have cut the trees. If you go on like this, mad, you'll have pollution, means what? Is that destructive forces will act and stop it.

For that, you don't have to pray to Goddess. It will work out. And it's all working out everywhere. So, whatever you have to have, try to have something which is handmade. Even your clothes need not be many, try to have it which are handmade. It's one of the things Sahaja Yogis can do. They need not be- to send money to this Swiss bank also. This Swiss bank will be very badly exposed now, I'm angry with them for one more thing: that they had promised that they would give the money to the Jews, and now they are going like this, they don't want to give. When they will die, are they going to take it with them?

All these sins will be punished. And that is why I am very happy that he has brought it, because I have been talking about it even in that conference I went to in China, I talked openly about the Swiss Bank.

I have talked to many magistrates and to many, what do you call them: the head of the Law Ministry and all that, and I told them: "Why not, we have a conference and say that this banking is nonsense?" Now, all types of bad people are taking advantage of this system and are trying to make money, look very nice, or I don't know.

So many have lost their money there. I don't know what was the need to put all this money there, that when they die, their children do not get anything. But the problem is this greed, it's some sort of an inner defect in the human being. He becomes greedy; greedy, because he has deviated from dharma. He thinks he can get pleasure out of things. He cannot. And he goes on accumulating and buying, and this and that.

I would say, your Mother also does that: I buy. But I buy things that are handmade. So that tomorrow, if I have to give it as presents, or if I have to sell off things, even the ornaments you have given Me, I didn't know what to do, I am selling them. What will I do with the ornaments? I have to buy so many ashrams, this, that. My family ornaments also I am selling. Because I spend money on my family things also. This is, just think of it, what is all this for? What pleasure does it give us? I can understand, if you want to give somebody a present, or somebody you want to give some happiness, joy, you should do it. But just for yourself, go on, go on, how much can you digest it? You cannot. Joy is much more in giving to others.

It's not a thing that gives you any understanding of the fundamentals. The fundamentals is that you are dharma. Within you is that, that is your valency. And this materialism is absolutely against it. Because it creates all kinds of people: mafias, the Swiss bank, the cheats. We have communities after communities who are known to be cheats, who are very materialistic. They have no spiritual sense.

So, for Sahaja Yogis, I would say- of course, you have said all the mantras, so I am supposed to do all that. But what you have to do is not to buy any more anything which is not handmade. Try it. At least, there should be some embroidery, at least there should be some work done on it. I am surprised that these things are not so very good for us, they are injurious to our health.

So, Sahaja Yogis must learn that they have to walk. They must walk. And they must see the nature, what is in the nature. Many of you don't know, say, I asked the name of this flower; how many of you know? It's a very sweet name: "kiss me quick", apart from its botanical name. But it is, you see, what I am saying, everything you should know. You should know about small, small things: from where this embroidery comes, from where the sari comes.

Our Indian men are the worst. I would say, they don't know anything whatsoever. But even Western men also have the same problem. You must take interest in things in which you have not taken interest.

For example, Indians don't know how to cook. They don't know. Once, my husband told Me that he knows how to cook. I said: "What?" He said: "I'll make chapatis." And what he made was nothing: Australia, America, this, that. But he said: "I give up. Because I was doing shipping, thus shipping means shipping." But minute things, you can see, what we call, is a subtle vision, subtle eyesight.

If you walk, look at the nature, love the trees, love the animals. You'll be amazed, there are so many things to be known, than reading newspaper. What is there to read in the newspaper? For hours together, you go on reading newspaper, next day you forget it.

You'll be amazed that, for Goddess it is said that: "Kataksha, kataksha, niriksha." "Every glance, She knows everything." Any glance She puts on any man, woman or anything, She knows where it is. And if you are my children, you should also try that. Because I always used to run out in the jungles, in the forests, I used to go to all such places, I really enjoy the beautiful Mother, this Mother Earth who has created such a beautiful thing.

Have you noticed just now that the colours of the background which was made by the Russians, and the colours of this facing thing, are just the same? They have used the same colours. It's through collectivity. Now, you notice, in the nature, it's so matching, you know; nothing gross, nothing loud. It's so beautiful: this is red, but it has green to match it. This Mother Earth knows everything, She understands everything, She does everything. But what do we do for Mother Earth? It is to run after artificial things, machinery, this thing. And now, a new thing has come, it's computer.

It's alright if you want to write letters to someone. But otherwise, it's quite maddening. And this computer will make our brain absolutely zero. It will be paralyzed; we won't be able to think two plus two.

So, anything that you want to use, also, should have its maryadas. Don't go beyond it. If you take to swimming, you'll go on swimming till you get sick. If you are horse-riding, you will go on horse-riding till you fall down. See, this is also a kind of a life which has no maryadas. Like greed has no maryadas, that's how all these kinds of nonsense: "I'm only fond of this, I'm only fond of this". You are a human being; you should never say like that. On the contrary, you should say: "I must learn this; I must know this. What is this all about?" It is very important. Otherwise, your personality will be a dwarf personality. And ultimately, people end up in money. I don't understand.

I cannot even count two hundred notes. Cannot even. I don't know about money, I should say. But I am good at mathematics. But I don't know. Whatever money you are giving goes direct to them, and they do with it whatever they like. And somebody says: "How much you got for this?" "I don't know." "How much for royalties?" "I don't know." Because I am not interested. I am not interested. What is there to be so much interested in money? But I get money alright, no problem; never a problem. I sold one of my ornaments and I got at least one hundred times more than I have spent. Maybe you might say it is vibrations, whatever you may say. So, to get after money means you get very much in the clutches of money. So, what is the solution to get rid of this

greed? It is to try and give it to others and see the joy. Give something to others. Share and see the joy you feel by giving something.

I must tell you, Grégoire isn't here but I am missing him, because once I went to a sari shop and wanted to buy one sari. But I thought it's rather expensive. Why should I buy such an expensive sari? Came away. And you'll be amazed, he gave Me the same sari on my birthday. And I was so thrilled with joy! Because he bought it; next day he went and bought it from that shop, kept it with him and on my birthday, he gave it to Me. These small, small things can give you great joy, in giving people, other people, not yourself.

I don't know if I have bought anything much for myself in my lifetime; never. Even if I go out shopping and I am thirsty, I don't even buy one coca cola for myself. People know I don't buy anything for myself; Practically nothing, but you all give Me so much, what to do?

Now, I have decided that after these seventy-five years of age, I shouldn't take anything from you, whatsoever. But to please you maybe, they are asking that only take national, international... "Alright, but no more. Every country shouldn't bring. After all, there is national, international, you are all international people, what is the need to bring any present for Me? I don't even have time to see them. I am so very busy with other things, because there are so many problems in this world.

So, I would suggest that, to get over all these things, we should see ourselves what are we doing about it? I am sure none of you have money in the Swiss bank, thank God. But never earn more than you have; there is no need. Whatever comes your way, is alright. Of course, if you are doing some work of creativity, of creating some designs, of creating something, it is alright. But don't buy, go on buying things for yourself or putting the money here, hiding, hiding there. There is no need. You see, you'll be so satisfied and so happy being honest, being absolutely beyond any problems.

Now this Mafia business is there, I agree with you. Now, this Mafia can be controlled only by the government, because they give such a big tax. Now for example, an artisan, in this poor country, I will say poor because most of the people are suffering from tax; here, you have to pay two hundred and sixty-five types of taxes. Italians are known for their art. They make beautiful things. But they cannot, because they have to pay so much taxation. Only the designers, they make the money. Designers make the money, befooling everybody. They befool people so much!

Once, my husband went to Cairo and got one scarf for Me. So, he said: "This is designer's". I said: "This looks Indian to Me; this is an Indian thing." And surprisingly, in the corner is written "made in India". He paid twenty-five pounds for that, and in India, you can get it for two pounds.

So, this is another thing, to run a race of eliteness. You see, this one was bought by my son-in-law. I said: "What is so special?" "This is very great, you know." I didn't know what was so special about those spectacles. So, I went to one shop in America, and they all started saying: "Madam, madam, madam..." What is so "madam" about Me? Why are they calling Me "madam"? "Oh, you don't know?" they said. "This is Cartier!"

I said: "What is Cartier?" So, I am going to put "Kartikeya against him".

[Laughter.]

All such stupid ideas. You see, and then, they bought Me a watch "Patek Philippe". That watch, they bought for Me. And it would not run-in time. I said: "What is this? It never keeps the time. It's always out of time." My vibrations must be doing some tricks. So, I gave it to one of them and I said: "Baba, show this thing to the Patek Philippes." (27.14) Ah, that time, Mathias was there. "This will hit their ego, Mother, very much." I said: "Why?" "Because they think they are the best." I said: "Whatever it is, tell them to change it, it doesn't keep time." Then I asked my daughter to have it. I said: "Baba, I don't know why, I think maybe I am going to have something simple."

That again turned out to be what you call “designer’s”. They are now, most of these designers are in jail. And some of them met Me when I was coming from Russia. They are absolutely useless people. They take out some idea and sell it for a high price. If you are a fool, you go and buy that. Did you notice that this is Cartier? For Sahaja Yogis are simple people.

Now, the thing is these are also Mafias. I tell you these are also Mafias, and these Mafias are exploiting you, I have written it in my book also, if you read it, how these entrepreneurs are trying to befool you. You wear a simple dress, simple, hand-made, will be much better than wear something that will make you look like something out of the blue. And there is no need, because it is just satisfying your ego. Some people have a habit, as soon as... say I have, supposing, some dinner set. They’ll come and see the back of the dinner plates:

“Ah, from where did you get?”

“I don’t know. I think somebody gave Me; I don’t know, I don’t know.”

“No, no, you’d better find out, because it’s very nice.”

Next day, they’ll go round the whole place, to find out if they can get the same dinner set. And Sahaja Yoga is just opposite, I tell you; you depend on Sahaja Yoga.

Once, my husband liked one tea set. So, you know, London has big, huge big stores. Some of them are really horrid. I went there; we walked and walked and walked through so many! They said: “Alright, we promise after six months.” Another said: “Seven months.” Another said: “Eight months.”

I gave up the idea. Then C.P. said, “What happened to their factories?” I said, “They don’t have anything, they are exporting.” Then I went to Australia, you’ll be amazed. And there, for a special price, just for propagating, they have put these tea sets there. Imagine, in Australia! And I got it for the half price. So, if you don’t have greed, you get what you want, just there. Just there you get it. But if you have greed, then God makes you dance. Alright. That is so simple as that. Whatever you want, you can get it if you don’t have greed about it. That’s such an enslaving thing within us, that we have greed!

I mean, I can give you a thousand and one examples about that. Thousand and one. That if you don’t ask for anything, don’t desire for anything, you get what you need. Whatever you need, you get. But if you go on desiring, if you go mad after it, go there, get these, and get lost. And then, the thing also gets lost. That’s why it’s said, better try to develop a detachment. It’s alright if it is there, very good; if it is not there, it doesn’t matter. Then you’ll be surprised, your attention will be so subtle.

Now, none of you, I think, has seen these beautiful flowers, that are here. The beautiful embroidery that is there; the way they have done this. Now, can you tell Me how many there are hands in this one? Fourteen; twenty-eight. This side – fourteen, this side – fourteen. I mean inclusive of all these other things. So, you don’t notice anything. And your attention becomes in the Mahamaya. This is no explanation; your attention, if it is clear and simple, you can see the things clearly. And with that attention only, that attention yourself takes you to the right place you have to go, you get the right thing, what you have to buy.

Can you tell Me, these carpets are from where? They are mostly from Russia. I went to Russia and I saw this carpet factory. They have no sense of export, also. So, I told them: “How much will a carpet cost?” They said: “Only twenty dollars.” I said: “Baba, only twenty dollars for a carpet?” So, I told doctor: “What to do, now we have to buy many.” I said: “How much for export?” “Two hundred dollars.” I said: “In India, it’s the other way round: if you have to export something, then the price is less.” I said: “Alright, so I guess we must think of a solution”, because I needed. So, I asked about twenty Sahaja Yogis to buy each, one. To Russians, they give for twenty dollars. I said: “Alright, you bring this.” So, you should go in for solutions, and not for problems.

Greed is a problem. How do you get rid of the greed is the point? And to get rid of the greed, if I buy something, “For whom should I buy this one? For whom should I buy? Ah, this would be alright for another friend of mine.” Like that; if you train your

mind along these lines, not for yourself, but for others, you will be amazed, this greed will run away. And you'll have joy. As you want to give Me things, I understand that. I also want to give you. In the same way, think of all others. They are all brothers and sisters. From other countries, make friends with other countries. If giving is there, then this greed goes away; and you get what you want. It's a very simple mantra. It's surprising, so far, with all the miracles, we don't understand that whatever we need, will also be provided for all. But you must need it. Not for stupid collection of things.

This was a very, very good thing, acted very well, I enjoyed it thoroughly, this Swiss bank laundering. I know, my country suffers from it. Now, the other drama which was done by the English, "The Pilgrim's Progress", is an old, quite an old drama, which I have read long time back. But this is the real pilgrims, they have shown how a seeker goes into wrong ways, methods; and throughout, they very nicely brought in how, even a Sahaja Yogi, while rising, falls into different pits. It's a very good thing for you to know that, if you are a Sahaja Yogis, you should be very careful and you should see that you don't fall into these pits, and ultimately the ego and superego. (36:38)

In the west the problem is more of ego, not of superego. And for ego, to accept that you have ego is the only way; and then it will drop out. If you know there is ego, ego will drop out. The simple thing is to know that you have ego; ego of something. People have ego of any nonsense, you know. There was one lady, very proud and egoistical. So, I asked about her, what is the matter with her. "Because she knows how to make dolls." Why, that should give you ego, or what? I didn't understand that part. But this is what it is. Even for small things, people have ego. And all this designing and all that, is based on your stupid ego, which makes you buy all this to show off your ego. So, try to be humble; humble, and try to understand that all these worldly things, we are not going to take them with us. They are going to lie down here. I am not saying, you renounce. I am not saying you take sanyasa. But you should know that the value of these things is nothing compared to you. When ego comes, this idiocy comes in. You think, by wearing something great, you can very much influence others. You may, but those who are influenced are another set of fools, I must say.

Once I was wearing a ring and I went shopping in one of the places. And they were so respectful to Me, I said, "Suddenly, the shopkeepers, they never respected Me because I am an Indian, what has happened?" So, I had gone to a shop where the lady was known to Me. She said: "May I ask you, is this real?" I said: "What do you mean, real?"

"Is it real emerald?"

"Yes, yes, very old, from my family."

"Ah, is your family very rich?"

"No, no, it was from my forefather. I am just wearing that."

"My God, if it is real, what will be the price?"

"How will I know? It was bought a long time back. I don't know the price."

"No, can you get me one?"

"Why do you want to have it? You can have this one if you like."

Like that, you know, a small thing makes them think that you are so great. What is the greatest thing within us is our Spirit? The Spirit that we have. And we should know that we should be proud of it, that we have got the Spirit within us. And if we will be proud, we will not do nonsensical things. You are people who are all realized souls. And already you have crossed over this pilgrim stage; you are much above that. Now, the greatest thing is to know that we are spiritual people, and as spiritual people, you even dominate Me, in a way. If you all desire for something, I cannot get over it. I have to accept. I have to keep you pleased. Many things I am doing just because you want it. Doesn't matter. It doesn't matter to Me because nothing comes over my head.

So, it's alright. Whatever the children want, let them do it. But the one point is, this ego has to be really under control.

There is one little more point, I would like to tell you; because tomorrow, I may not be able to say, in Navaratri, you see, I am bound by other things. Is this, I wanted to talk to people who are married in Sahaja Yoga, especially to the ladies. I think some of them are extremely dominating and stupid. What is marriage? Marriage is honey-moon, as they call it. Honey is the essence and moon is the peace. Now, if the women are quarrelsome, fighting, sarcastic, it is absolutely a hell for men. Instead of that, if woman knows the essence, the honey, she should know how to please the husband, to bring peace in the family. Now, some of the husbands are drunkards, or anything. Not in Sahaja Yoga. What pleases the husband, you see, in a way, it's a trick. It's a trick of a Realized soul: how to please others. What do we do to our husbands? Do we try to please? First of all, try to find out what he likes.

My husband, I would say, he is gone away, thank God, he used to say, "You shouldn't wear any flower in Your head." But in Maharashtra, all the married women are supposed to wear flowers. Since that day, I never wore any flower in my head. It's alright, it doesn't matter. He didn't know what I was, so he said: "Don't wear any flowers." I don't wear. Then he said: "You must wear bangles." Because he comes from a very traditional family. All my life, I wore bangles. It pleases him, what's the matter? Little, little things you do, just to please him. Then he also starts thinking, "What should I do for my wife?" But first, it must start from women, not from men. Because women are responsible for the society.

In the Western culture, they are not told what their job is. Man's job is economics, politics, money-earning. They have made a mess out of it, I agree with you, quite a big mess. But your job is to make the society. And to make the society, first you must know how to keep children pleased, how to keep your husband pleased, how to help people. On the contrary, if you try all the time to dominate, that's not your job to dominate at all. Your job is to make, neutralize his domination. By simple, simple things. I'll give an example. Thank God he is not here. He knows I am very clever in certain things. In his office, he had a gentleman. I never used to interfere with his office, but there was one gentleman, a good one, who gave up his organization and joined another one; because it was a private one, he was getting more money, so he joined it. But he found it was horrible. So, he wanted to come back to the shipping corporation.

But my husband is very particular about rules and regulations. He said, "No, no, no! Now I won't have you. Get out!" So, he came to Me. Normally, I never interfere. He came to Me and he said: "If you tell him, he might listen." I said, "No, if I tell him, he will never listen! But I know how to do it."

So, I told him that this gentleman had come to see Me. "Ha, so he has come to the right person. Now, are you going to trouble me about it?"

"No, no, no. Not at all! But just think why he came to Me?"

He said: "Why?"

"Because he thinks that I am more generous than you are."

Immediately this competition. [Laughter]

And that fellow got the job, he was a great friend of his, even in London, he was helping him a lot.

So, when we think that we have to control our husband, it is better to do it in a very simple way. Only on fundamentals, you can put down your foot. Otherwise, for small, small things if you go on dominating your husband, I tell you, you will miss the point. You were married for stupidity or for honey-moon?

And in the West, especially in Italy, we have very bad experience of women. English also, I must say. English girls also have given Me a lot of trouble. I mean, they are banned now; because I cannot help it.

One girl from (Celon) Sri Lanka, she was married to somebody from the USA. Imagine, from that horrible Sri Lanka where there is every day at least thirty murders, she got such a good chance to go to the USA. Of course, USA is also not a very great place. But she started behaving as if she is a childish person and talking to him in such a manner. He told Me, "Mother, she is a sadist. Whenever I telephone to her, she talks to me in such a sarcastic manner, and this, and that, that I am surprised." I said, "A lady from Sri Lanka? I cannot believe it." Then he told Me what she talked to him and how she talked to him. I was amazed. I mean, no man would be happy to hear all these things. But she thought she was very friendly, and she was joking, or something like that. This doesn't work out in marriage.

Man doesn't want a wife to be on a horse and beat him with a whip. Why has he married? For the happiness, for the joy, for the sweetness, of a home. It is a very important thing I wanted to talk, because so many of women are thinking that they are something great. Some of them have some money, some of them have some jobs. First job is to keep the society very happy and to keep your husband happy. That is the first job. If a woman cannot keep the husband happy, she is no good for us. She is no good Sahaja Yogini. This is a place like man who is working in the office, he has to keep his boss pleased. If he doesn't please his boss, he is useless, he is thrown out. In the same way, a woman has to think about the husband in a very kindly manner. Because this is her job. This is why she is married. Otherwise, she should not marry, she can do what she likes.

It is a difficult thing to convince anyone. Because, you see, men are right sided, they are hot tempered. But I have told you just now how to capture their anger. I have seen also in the films, you see, all romantic scenes going on. It never happens. Nobody is like that. You see, it is all absurd things you see, so you expect them to be Clark Gable or somebody; it is not so. You have to love. You have to take your husband into your heart first. This is your duty. Otherwise, what else are you doing?

I was shocked, a girl from Sri Lanka. And this boy said, "Mother, you can kill me but I will not have that girl. She is not joy-giving." It is a fact. So, if your wife is like that, supposing, now I am telling men. The trick of the trade is, if your wife is like that, try to understand why she does it. What is her problem? Why she dominates you? Or you think she dominates you. Most of the men who talk, "Wives are like this, wives are like that...", they are very dominating. Why she is dominating you? What is wrong with you, that she is dominating? If you introspect, you will find that you give very little time to her.

Now, the other part is, there was one lady, she wanted to have a divorce. I said, "Why?" "Because he goes to work all the time and he is not there, and this and that." But I said, "If you divorce, then you will never be with him. So, why do you want to have a divorce? At least he gives you some time. But if you divorce, he will never be with you, so why do you want a divorce?" I cannot understand the logic. I mean, women should not be brainless, to say such a thing! If you want to divorce your husband for this, it is absurd.

Now, for men it is important that they should give some time, pay some attention and get some things that they like. Now, I will give you again my own example. My husband never bought any flowers for Me. You all bring flowers for Me. But he never brought any flowers for Me, whether it was birthday or anything. Then I realized that this man has no sense of flowers. He doesn't know what is a rose, or what is any other flower. And he might bring something which is horrible, you know. Maybe cactus he might bring. So, it is better that he doesn't bring anything because it could be insulting, isn't it? And then, one day, he admitted, "I don't know about flowers. Will you tell me? Except for roses, I don't know anything." And you'll be amazed, even roses he misses out. So, with such an ignorance of things, if your husband doesn't do, it shows consideration.

But men should try to know what a woman likes, what she wants. Moreover, men have their own styles of thinking. Now, to give my own example again, better is. He buys always very expensive things. So, I told him, "Don't buy anything for Me." "You don't like?" "No, no, I like it. But too much of these expensive things. What should you buy?"

So, he is very fond of buying this kind of sweaters from that Scotch House. Very expensive, they are two hundred and fifty pounds each, you know? I don't know how many I have. How many in black, how many... I told him I will get them from Switzerland, they are much cheaper there, and all that. Then another is, he wants to buy cashmere coat for me, always! I must be

having at least ten of them in hanging. But he likes to give that only. Alright. So, I am passing out them to my daughters, grand-daughters and all that. What to do now? You see, men... He doesn't mean anything bad. But because he doesn't know; doesn't know.

First thing he did was to, in India, before going to the puja, he went to buy a sari for Me. One of my nephews went with him. So, he says, "Give me the most expensive sari that you have." So, these people thought that, "Somebody has come now!" The shop people couldn't understand this gentleman doesn't understand anything about it. So, they brought out a sari, they said, "It is the most expensive. The price is forty-five thousand rupees." In those days. He said, "Alright, alright, you give me. I have a card; will you take the card?" "Yes, yes, we'll take the card." He bought a sari. It is so heavy; it is so heavy that it is something- [Hindi aside]

Shri Mataji: That... what do you call that, arm..

Some Yogis: Armor.

Shri Mataji: Eh?

Some Yogis: Armor.

Shri Mataji: Very heavy, you know. I said, "Now, what?" He said, "You must wear for the puja." I was walking like a giant, you know. There's a description of your Mother: "Ati Saumya, Ati Raudra." "She is extremely soft and extremely terrible." But I don't know, with that sari, how I sat. I sat in one place, glued down into that. Now, to get up, I didn't know how to get up with that weight on my body. And then I brought it and put it properly in a box, and this and that. So, he said, "When are you wearing that next?" "Now," I said, "please! I have kept it nicely for one wedding. I will wear it sometime." I promised him and kept it there. Because he doesn't understand about saris. I know he doesn't understand about saris. So, if he doesn't understand. Whatever he buys, I say alright. And he spent so much money on those things, you know, forty-five thousand rupees... [Hindi]

So, he doesn't understand what is real, what is unreal, nothing. Doesn't matter. You have to just see his heart, how he is giving. With what love he is giving. He doesn't understand, so what can he do? Poor man, you know.

I always buy suit lengths for him and suits for him, always, myself. Once he said: "Alright, I am going to buy this time. I said, "Better buy". He bought such a horrible one, and he went to the office and everybody said: "Sir, this is not your taste." [Laughter] So, he threw it away and he said, "I will never buy now. Then, you'd better go and buy for me." See, but the trouble is, if women take interest and know what sort of colour he will like, and this and that. And also, public opinion is very important for men. What the public says.

Like once I painted my drawing room with a very nice colour, pink and black mixed, very nice. Because it is a sign of warmth. He said, "What is this colour you have put? You should have...this, that." He started shouting. I said, "Alright, tomorrow we are having a party, after that I will change." Next day, people came and they said, "Oh, what a colour, what a colour! How have you made this colour? How beautiful!" He started looking at Me. I said, "Should I remove it?" "No, no, no, no, no, it's very nice." [Laughter.]

Men care for public opinion very much. And you should see that you create a good public opinion in his presence, so that he will appreciate you. All these are tricks, you see. I tell you, men are very simple, but you have to understand them. Sometimes they get angry, doesn't matter. Actually, if they are angry with somebody else, they will come and put it on you. It is better, because if they will do anything to others, they will beat them. You are not going to beat. If you understand a few things about men, it will work out. Of course, some are very miserable husbands, I know. And some miserable wives. For them, we have divorce allowed. In our Sahaja Yoga, we have divorce for them.

So, that is the thing I wanted to tell you, that you should make a very good housewife, a very good Gruha Lakshmi. Now, why am I telling you this, that I am suffering from Gruha Lakshmi's chakra. And all the doctors have told Me it is because in the collective, Gruha Lakshmi's are not alright. Because they are not good housewives.

Like, I will tell you now, we have Swiss women. They are very good, I agree about that, but very fond of cleanliness. Swiss are mad after cleanliness; women, women. You cannot talk to them even five minutes. If you are sitting there, they are picking up this, picking up that, picking up that, cleaning, cleaning, cleaning. Very difficult. Swiss women. Now, I was in Eritrea, Alga told Me that the women of Eritrea are known to be Swiss women. Oh, doesn't matter if the house is a little untidy, if something has fallen off. In India, no woman will do that. Now, the guests are sitting and she is with a Hoover. Like another thing is, like anything breaks, say, supposing, a thermometer breaks. In India, they will say, "Very good, now there will be no temperature; the thermometer is broken." But I have seen in the west, very surprisingly, supposing some coffee is spilled, I am a guest; immediately they will bring the Hoover, bring something to clean it, in the presence of the person.

Now, if a glass breaks, finished. It is not important. It is a very subtle type of materialism, I think. That the person is sitting here, who is a guest, and why are you trying to do all these things in Her presence or in his presence? But these Western women never understand.

Another thing is, now you go to an Indian house. Their colour scheme is different. If you go to South Indians, theirs is different. Everybody has their own taste. As soon as they will enter, Western women, "What a colour scheme!" "What a thing you bought! Oh, my God, this is horrible!" Immediately they will criticize, on the face. So, another point is that you must always consider the feelings of others. Woman is there to give proper understanding of feelings of others; what they think. Or they go to an Indian house and will be smelling out their food. They will eat the same food; they will enjoy the food. But they will try to show; to show that it is something lower. This is very western, I must say. If somebody is wearing a dress, immediately they will pass a remark. Very western idea. You will not find good Indians doing that. I do not know about the modern Indians, what sort of things they are. But immediately they will say things which will hurt. This is not the way a woman should know. On the contrary, always praise! What is the harm by praising something? You are not losing your business.

By saying: "What a nice thing, what a nice sari! What nice clothes!", what is the harm? You will enjoy your sweetness, you know, really enjoy your sweetness. It is not telling lies, not to be that honest, also necessary. Because you don't like something, you must say, "I don't like it!" This word must go from Sahaja Yoga. "I like this and I don't like that!" If I say that, how many will remain in Sahaja Yoga? So, it is very important to drop this: "I like it, I don't like it". Who are you to like or not like? What about your Spirit? What about your heart?

So, again, the same thing comes to, that women have to have a heart; a very large heart, beautiful heart. And your Guru is a Mother. So, you have to be wonderful mothers and wonderful wives and should have very, very large heart. So that all the selfishness, even this bank will collapse, if you do that. It is existing because we have small hearts. If you have large hearts, this will collapse.

I have said it specially, because I have had many complaints about the women who are married here, some Indian women also. That is why I am telling you. Best reports are about Russian women, I must say. Very good reports about them. They are very satisfied souls, they want very little, they are not greedy. Surprising, communism has done so much good to them. It is not communism, but the extremities of communism have thrown them into that area where they don't have any sense of possession. They don't have.

Their government said, "Alright, you can have your flats and look after them." They said, "We don't want them." Government said that, "You can have your cars." They said, "We don't want them. You'd better have!" Because, just to own the car is such a headache, they know. Let the government have the headache. They are not, you know, sort of people who are even conscious of possessing. Of course, now, they have had some funny people, I forget his name, who was finance minister you had. And he was in Geneva, where he learned all the tricks of the trade and he brought forth lots of reforms, so called; so, now, Leningrad and Moscow have become very expensive places, thanks to Swiss influence. So, this has happened there also, but still the people are very good, and the ladies who came from there. Even Romanian girls are very much respected, now everybody wants Romanians or Russians, or from Kiev. But this time, they didn't come, we are sorry they are not here, I am missing them all.

Lastly, I have to tell you this is a very good book, Arun Apte has written. This is the book. You all should buy it. I don't know, [Aside] what is the price you have put it? [Shri Mataji speaks in Hindi about the book and its prize] So, those who want to have this book should apply. There are only five. Very good book; so, you will understand about Indian music.

It is said that this music has come from Omkara. And it is very sort of – sensible music. Now, I think all those musicians who sang before, who were singing western song, it was alright. But what was missing in that: melody. It is not melodious. You see, like a little bit you sing, then you sing this, then you shout, then you bring it down, then do like this. And they think that they have to sing through their heart. They have to express the feeling of their heart. Now, supposing somebody is dejected, so he sings the song of dejection. Then another one who is talking about love, he will sing a song. He may not be, but artificially they want to produce that effect. There is no need; to sing in parts, like one word, then one word, there is no melody in it, there is no flow in it. And, while, Russian songs, though they were folk songs, were very melodious. But don't worry, Americans are invading that part also. They are having all this horrible music there. Now, the music means, it should please you. It should give you more entertainment; not to make you unhappy, not to make you sad. If you have all these feelings within you, then you should try to say like this, "Yes, there is a problem, but I will get over it."

Because you are Sahaja Yogis, you have to show the victory; the victorious nature of your lives, in your music. I am not talking about others; they go on crying, weeping and singing. But there is no melody first of all, it is just part, part, part, part. Even the orchestra, I was surprised: it all goes like this "ta ta ta ta ta" then goes "ta ta ta ta ta".

But Indian orchestra, you will see, it is melodious. It flows like a river. So, this difference is very bad. So, I would request all the musicians who are singing. The singing doesn't mean that you use words which nobody will understand. Words must be clear-cut and the melody must be there. Now, in Indian ragas, there is melody but words are not important. So, you enjoy the tune, and everything, whether you know the language or not, doesn't matter. So, when you can combine melody with western music, you will see how different it will be. And this book will teach you.

This is a very good book, which you should have, and you should understand that how the music can cure you, music can give you joy, what is the basic, the essence of music. And then you can flower it out. I am sure, if Indian musicians take to western music, it will be much better than to western music as it is. I cannot understand, these people are so famous and people think they are very well earning and all that. In America, anybody can earn like that, but to make it a proper music, I think you must have the basis of Indian music. Then you can expand it as you like.

Now, please try to buy this book, to understand Indian music. There is no price yet given, but it won't be much more than normal, so next time, I think for Diwali Puja, they might bring- [Shri Mataji speaks in Hindi to know when the book will be available] Or at Ganapatipule. I will try to get more of these, but this you must really read, because you will know what is the essence of music, alright?

And lastly, today is the fourth day of Navaratri, and they have given Me some of them, names which are really horrid. But they must be people who have suffered so much and they asked Mother to kill those horrible rakshasas. Now, in a way, it all will kill in its natural course. I know that. If you people take to sense, because you are the ones who can do it. If you do not try to acquire things which you don't want, unnecessary things, if you try to reduce all these things, and take to something natural and love the Mother Earth, I am sure it will work out. The Mother Earth herself will work it out.

You know this earthquake; now, nobody is going in the church. I didn't do anything; it is the Mother Earth. Nobody goes in the church. I didn't do anything, I would not. I was sorry for the art pieces gone. But see now, how the nature is working out. Now, Islamic people, these Islamic people from Indonesia and all these people are suffering from the smoke. I didn't do that. Because, when you try to do something wrong, it comes back to you. Action has a reaction. So, your faces should be sahaj, you should be sahaj, shouldn't look like strained people. I cannot understand. You are sahaj; and be in that sahaj mood.

I am sorry I have taken so much time, but tomorrow I won't be able to speak all these things to you, and you should try to think about it, that, "Our Mother loves us, She wants us to have a good family, She wants us to look after our children." So, I have advised all the men, as well as the women. Better to be "hen-pecked", there is no harm. But "hen-pecked" doesn't mean that they are "hen-pecked". See, they are just to please your wife; what is the harm? But it doesn't mean that dominates you, that is not it. Like, "Come to my father's house; I must go to my mother's house." All these kinds of things you should not permit.

But women should also understand, her family is more important than father, mother, even Mataji. Because I will be only happy to see a happy family.

So, thank you very much.

H.H. Shri Mataji Nirmala Devi

1997-1005, 6th Day of Navaratri, Your Beautiful Qualities will prove the Truth of Sahaja Yoga, Devi Suktam explained

View [online](#).

5 October 1997

Navaratri Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Navaratri Puja, "Your Beautiful Qualities will prove the Truth of Sahaja Yoga". Cabella (Italy), 5 October 1997.

[Upon arrival Shri Mataji is welcomed by yogis singing "Durgati Harani Durga Ambe"]

Today is the sixth day of Navaratri.

There have been many incarnations of the Goddess for different, different purposes. But when the great saints introspected themselves, who were worshipping the Mother, they found out that what She has done for us.

The other day I told you the dharma is the innate valency of human beings. And they are ten. This is already established within us, but we deviate, deviate from dharma and all the problems come in, because to leave the dharma is not a human quality.

But Goddess Herself has done so many things for us already, within us, though we are not aware of it. Is said that "ya Devi sarva bhuteshu" – "all those whom You have created" - means mostly the human beings – "What do You do? As what do You exist inside the human beings?"

Now, just introspect if you have these qualities within you or not, because they are given to you by the Goddess, by the Shakti within you.

Like: "Ya Devi sarva bhuteshu shanti rupena samstitha" - is very important, that You exist within human beings as peace.

Do you find thus human beings who are peaceful within and without? Very difficult. But She has given you that, She has given you that peace which you have to achieve. Now it comes, because you have fallen off your human dharmas.

So this peace that She has given you, you have to achieve through your ascent, through the Kundalini awakening.

You are excited, all right. Or, you want to take revenge, you want to hurt others, you want to trouble others, you enjoy sometimes, even as Sahaja Yogis people enjoy hurting others, troubling others.

So, the second one She says is: "Ya Devi sarva bhuteshu priti rupena samstitha".

Priti is the quality of loving, that a human being has been given the quality of loving. But, it's not there. Because first nonsensical thing human beings have is jealousy.

Now, supposing I gave some present to somebody, and some present to another one. Even in Sahaja Yoga they feel jealous. Very surprising. How can you, when the Goddess has given you the quality to love?

Very, very common nonsense about it is that human beings are very jealous. But as Sahaja Yogis you should not, because that quality that the Goddess has given you is of loving.

That quality should be shown - on the contrary you are very jealous. That means you are not a Sahaja Yogi, blessed by Shri Mataji - no. If you are blessed, then you will have no jealousy whatsoever.

And this jealousy sometimes it goes to this extent that now, "We are, say, from Cabella, so you are from Albera". Finished. These so close to each other, just like the two nostrils together. But there will be jealousy.

There will be jealousy about, "Why not Mother come to my country, if You can go to that country". So this comes also from the ignorance that "This is mine, this is mine, this is yours". This jealousy starts in such a funny manner that we do not realize also that She has given us the power to love. Tremendous power to love.

Inauspicious power, our cannot be. But auspicious, dharmic power to love somebody. Means without any lust and greed, without any jealousy.

But the human mind has developed itself so cunning that it is proud that it can be jealous of someone. Out of this jealousy only greed comes in, as I told you.

Is a fact, because you feel jealous - so you want to buy the same thing.

Then you must compete with others. If somebody has got a job better than yours, then you must compete with him.

These things are all destructive and the powers of Goddess are constructive. She gives you all the powers that are absolutely constructive.

Then She says, "Ya Devi sarva bhuteshu" - the saints have said it - "kshama rupena samstitha". Kshama is what you call, is the forgiveness. Forgiveness from the heart. All right, somebody has been cruel to you, has been nasty to you, has exploited you, have troubled you, but you have the power, greater power to forgive. Do we use that power to forgive?

Then for relaxing also, what does She do, that She gives you the sleep: "Ya Devi sarva bhuteshu Nidra rupena samstitha".

When you are tired and you can't sleep She makes you sleep. She relaxes you.

So the power of relaxation She does because She acts through parasympathetic nervous system. The sympathetic nervous system can excite you, can depress you. But the parasympathetic relaxes you, relaxes your heart, relaxes your body, and completely you feel relaxed and sleeping in the lap of your Mother.

But there are many people who cannot sleep. Because they are thinking about something they have to achieve. If you cannot sleep, then something wrong with you. And when you cannot sleep I also cannot sleep.

Whatever collectively happening, also works on Me. Anything wrong you do, that works on Me, specially collectively. So you cannot sleep because you are thinking of things which are of no value.

Now, to overcome that in Sahaja Yoga we know we have to go into thoughtless awareness.

But when your ego is working or...

[This child is very disturbing. I've seen him all the time running about. Better tell him. Whose son is he?]

You see, in India you'll find children absolutely keeping quiet. Why? Because the mother takes up the responsibility to train the child.

So many programs we have had, have you ever seen any child running about? Yesterday also they were running about here.

The reason is mother doesn't take responsibility as a mother to see that the children are properly brought up.

Even you are so old, but I have to tell you. Whatever is good for you, for your society, a new generation that has come.

In this new generation if you still are not behaving in a proper way, in abnormal way, how can you impress others? So, Mother has to tell you.

The most interesting thing that the Mother has put in you is: "Ya Devi sarva bhuteshu Bhranti rupena samshtitha".

She puts you into delusion, because sometimes the children cannot understand unless and until they face the delusion.

They have to face the delusion. She allows, allows you to go wrong to a point where you discovered you are lost. Very important it is that She plays, this is the Mahamaya part as they say. And this is discussed in every religion that we get lost with this delusion.

Now, what are the delusions we have? We have the delusions of ego.

Ego for men as if they are very powerful, that they can do what they like and they are not going to be punished for it.

For women they too behave in the same manner.

They don't understand that this is a delusion the Mother has given into us, for us to find out that we are in the wrong. Because if you tell somebody, "This is wrong, you don't do it", still they are not matured enough so they'll go on doing wrong things.

So the Mother says, "All right, go on. Very nice, very good. Very good thing. You'll jump in the sea? Jump".

Then when you realize that you have been in a delusion, then only you can return back. Otherwise, without any problem you cannot return. So many of you are so obstinate, so self-conscious. Whatever one may tell you, you will not listen. Whatever way you may try to convince you on a mental level, you won't.

So, the bhranti, the delusion, is beyond the mind. It is beyond the mind. It works out sometimes very well for difficult people.

Now, when You are in a position of a Mother, You don't want Your child to be ruined, naturally. She feels responsible, and She thinks that: "Now they have got connection with the Divine, and this connection should not be broken, that they should be all the

time blessed and be happy.

All this is within us, within us built-in, from our very childhood, but we forget, slowly, slowly we start losing it.

Maybe the conditioning is such or maybe the ego is such, and maybe that they forget that they are realized souls. I am talking to you - to people who are realized souls. I'm not talking to people who are already lost or who may be on their way to Sahaja Yoga. But the way you are brought up, the way you have been told very sweetly with love, with affection, with kindness - and if you don't understand that, then you go into bhranti.

For example, it is also said that: "Ya Devi sarva bhuteshu Lajja rupena samstitha". Lajja, I don't know how to describe, it's not shyness. It is a kind of a shame about your body.

Now they have beauty contests. India also they had beauty contests.

[Why are you writing? What is he writing? There's no need to write, there will be a tape. Alright?]

Lajja rupena samstitha means you have to have shame of your body. That's specially for women. As a child you will see, women are very shy. You see little girls, they are very shy. That shyness gradually disappears, but in the beginning they are even shy of Me.

They come before Me, they'll put down their head. They'll not even say Namaste.

Very sweet.

And they don't like people wearing funny dresses. I remember My granddaughter once, she saw one magazine in which there was a lady in a swimming dress. She said, "What are you doing? Better wear your dress, otherwise my Grandma will come and hit you hard". (Shri Mataji laughs)

To that lady was saying that; and then she opened and saw a man's dress with just a small, little knicker. I don't know why they do it. And then she said, "This one is, seems to be absolutely shameless fellow. He is going to have a bad time now." And she closed it. And then she told the maidservant, "Burn this, burn this off. I don't want to see." Such a little girl she knew that it was wrong.

But the way nowadays we are going about with the show of our body, and sometimes I feel that all these designers will die or will get bankrupt, because people wear such little clothes these days.

There is no space for any artist to show his work or to show his art how he can dress you up.

In Japan I asked them how - this is long time back, now Japanese are Americans but at that time - I said, "How is it you wear these dresses, these kimonos, done so well, very expensive and it takes time to wear that?".

So they said that, "You see, if God has made a beautiful body, then it is His art, and we have to make our art decorate it.

So what we do is to make our art to decorate it."

I really liked it, because in India same thing. If there is a lady she has to wear a sari, which is being made very artfully, very beautifully, just to decorate her body, just to respect the body. But this seems to have gone with the influence of America, I should say, which are, they are brainless people, absolutely brainless, nothing to learn from them.

Only two-hundred-year-old people and we start behaving in their manner, we don't see even what is happening to their country, what sort of people they are, how they live, what is their idea, what is their goal in life.

Every false guru has exploited them, because they are brainless. If they had brains they would never have accepted them. Ha, they have brains how to run a computer and how to run a television - mechanical things. But as far as their own body is concerned, they don't know how to manage.

In India they had a beauty competition and many sensible people opposed it, because it's like selling your body and making money. What is the difference between prostitution and this? If you get money by selling your body, then it's prostitution. You are not supposed to sell your body. That's not what Goddess has done to you. But you should dress up well, different, different occasions are there, for those occasions you have to wear the way it is.

The other day I gave a very nice sari which is, we call as paithani to one lady as a present. And we had a function for a book, was inaugurated, and this lady came there. So I said, "Why didn't you wear a paithani?" She said, "What, there is no wedding on. How can I wear for this function paithani? There has to be a wedding." Very sweet - "in the wedding I can wear."

It is all, you see occasions, places which are to be celebrated. Like in India, when women go to the temple or to worship the idols or anything, then they will wear all that is necessary to face the Goddess, after all.

Imagine people coming for this program here wearing, I don't know what they call it, but like jute, jute clothes - like hippies, what would happen to Me? I would disappear in thin air, I can tell you this much.

So, one has to have respect for the body.

That is what She has said first - that "Lajja rupena samsthita".

Now you might say that there are people who are taking the bath in the river and this and that, and give justification. But you are saints! You are realized souls! You don't have to see those people who are not yet realized and who are misbehaving. You must do what a saint should do.

There are so many qualities that the Goddess has given you. Another is kshudha rupena samstitha. She's the One who has given us hunger. We have to eat our food.

Nowadays there's a fashion of becoming thin or whatever you may call. And you know so many diseases have developed. Anorexia, this thing, that thing, because women want to eat little.

You can change the things that you are eating, but it's not the aim of life to only look after your body. Body is not the only important thing. What is important is your Spirit.

And She is the One who gives you the Kundalini. She is the One who give you a method by which you'll ascend. But all the time worried about their body. This is something I can't understand.

Specially the women who are the shakti.

Then another point is that they follow a fashion. Fashion is madness. When I was young I used to wear My blouses like this only. But in India also fashion started. They used to increase the size of the sleeves, then decreased the size of the sleeves, then some went up to here.

I thought, "What is this nonsense? Why waste money like this?". You have a particular design, and this is traditionally accepted design, that you should have.

Why do you want to go on increasing and decreasing the size of your sleeves, according to the fashion. "This is the fashion".

Who makes the fashion? Devi? Devi has made the fashion? Who has made the fashion? Is these hungry, greedy people who are befooling you. And you are trying to follow fashions.

Now, for example, I told that you must put oil in your head, at least on Saturday put sufficient oil and then wash your head. But you'll not do that and then you'll start losing your hair.

I can understand if you have no time, you are a very busy man - but why? Why not do something where it is needed to look after yourself also. So, you'll look after your body to thin down, you'll lose your hair, eyesight will be weak, your teeth will be falling, and you will become very soon an old hag.

Same with the men, nowadays men are also going to beauty parlor, I'm told.

Too much money I think, and stupidity together. There is no need. If you lead a good, healthy life - you have to exercise and meditate.

If you meditate you become peaceful. With that peace, you'll be amazed, you'll have so much of energy.

So much energy is wasted in thinking.

And what do you think? If you ask somebody "What are you thinking?" "Everything." But "everything" means what? Why do you think so much? What is the need to think? It's a habit, human habit to go on thinking about everything.

For example, just now, there are three carpets here. Now, if I put attention on it I'll just see how nice they are; I'll just enjoy - enjoy what the artists have done, that's all. No words - nothing. Just the enjoyment within yourself.

But if you ask somebody else, he'll just start saying, "Oh, this is not good. That's not good. This much some price, that price, this thing, that thing." The joy of that artist is finished.

You cannot get that joy, that joy about which we are seeking. What we are seeking is joy, and even when you have got a way of doing it you do not achieve it.

Because thinking is a reaction, reaction to everything, and it makes the life so miserable. It makes the life of the person who thinks and of others also.

I'll give you an example. This whole thing we got it done just because it's very heavy rains and also we have problems of sometimes snowing. So I thought that's a nice thing to have a nice thing done and it's very well done, we got it.

Now, there are thinking people in this Italy. Lots of them. That's why it's not progressing.

Now, we applied three years back. Three years they kept our money locked up in the bank, imagine. And first time they said, "All right, everything is fine, it's all right. You can have it." It had seventy signatures of these Italians, so-called.

And then they came round to say, the same people, "No, no, no, you must change it to copper". I said, "Why?" "Because copper will be aesthetically very good." But don't they know, stupid people, that copper will look the same as they are looking? After one month only they will have the same colour? This is the idea of aesthetics, and now I have told them, "We don't want your land, you keep it to yourself, give us back our money." With a simple thing like that. Why? Because they have a committee, there is "rejune, bijune, sijune". You have to go through all that nonsense, because they all sit down on chairs, very seriously, "We must discuss, we must consult, we must ask everyone, and then this and that".

And ultimately what comes? No progress of any kind. There is no peace. Maybe, I don't know, maybe some underhand dealings are needed, for which they are feeling shy to tell Me.

I don't know what is the thing is, but still I can't understand when the one office says "Yes" and again, when it comes back to it, it says "No". Three years. So, what I am trying to say that thinking too much is a sign of ego. But, they don't find any solutions, no solutions of any kind. They'll never hit the solution. Because they are just discussing, arguing, thinking - they have no solutions. Now, it is important that Sahaja Yogis have to do introspection, introspection - inward. Introspection is inward-looking. Inward-looking. "Why I am thinking? What am I thinking? What is the need to think?".

You will become Nirvichara. Don't allow your mind to befool you. This mind is like a monkey, I tell you, it's really like a monkey. And when it starts working it makes you jump from this end to that end, that end to that end.

And if you reach some conclusions, so-called, and if it is not achieved then you are the most miserable person. I have seen people thinning down only thinking about something which is absurd.

And you can see out of this thinking what comes out on a global level also.

What is the need to go to the moon? So many people are starved, are dying out. What is the need to go to Mars? What are they going to get from there?

Because they formed a habit. First they came to India, then went to China, then went to this, then went to that; they can't sit down, settle down. They can't settle down in the house also.

Specially men. If you are travelling by train, even if the train stops for two minutes men must get out. The wife will be worried now. And while the train will be moving then they'll jump in. It's a cracked brain, I think, like that - even why say they are like a monkey? Because monkeys won't do that.

It's that they cannot stationary remain in one place. Now, in meditation you have to sit down, in one place, not to jump from here to there, there to there. This is very difficult.

Women have other problems. While cooking they'll meditate. They have no time! They have their friends, they have to go to shopping, to buy things and fill the house with all kinds of rubbish. They have no time for anything.

They are also very adventurous. They want to do business, they want to do this, they want to do that. For meditation they have no time. So, settling down is very important. Settle down with yourself.

So, once someone told Me, "Mother, if we settle down, we'll become very fat." (Shri Mataji laughs) All right, doesn't matter - but you settle down.

All sorts of excuses are there not to meditate. "Yes, I meditate, Mother, but you know, so difficult in these modern times. There are crises in our lives, there are problems in our lives." But actually you'll be amazed, when there's a crisis, say, in My family or in Sahaja Yoga, immediately I become thoughtless.

Spontaneously I become thoughtless, because the problem will be solved by the Paramchaitanya. The Paramchaitanya is going to solve the problem, why should I think?

Forget it. Let the Paramchaitanya look after. If you don't depend on your Paramchaitanya, it doesn't help you. Doesn't give you any solutions. Then you go on round and round and round with your brain and work it out.

This is what you have to know definitely that you are connected to the all-pervading Power of Divine love. This is not love which is stupid - love that thinks. Love that is truth. Love that is joy.

All this is built in within you, and now you have got realization, so instead of evolving yourself, you just jump into things which are of no value.

And so many Sahaja Yogis get lost. I was recently told by someone that we have lost about hundred Sahaja Yogis, because they started following another Sahaja Yogi, who started seeing things. So they also wanted to see. If you can see something that means you are not there, simple thing.

If I am, say, on the top of a mountain, then I'm there. But if I am away from the mountain I can see it. The more you see something that means you are away from it. Did you follow this point?

So, the subtle, the sukshma, state is that where you are yourself that. So, how can you see yourself? This is the point Sahaja Yogis must understand. Anybody who can - "Mother, oh no he can see, he saw auras around You, he can see this thing." So, how can you see?

Because you are that, you can't see.

So, all such people who are very popular sometimes, in the beginning of Sahaja Yoga try to control you and befool you. And then you are thrown out.

Now, this is what we call is the judgement. There are sieves and sieves and sieves through which you have to pass. Where you get enamoured by this or that, or you fall for this or that, all these things are there in a step-by-step how you are arriving. You are arriving at that point where your destruction is sure. Because you have to become the Spirit. You have to rise in spiritual life.

And if your movement is downward, who can help you? This is a very interesting time as I told you, is the time of judgement. And at this time we have to be careful that we are our own judges.

Nobody has to tell you that you are catching this one and catching that one. You yourself can feel it what chakras you are catching.

Whatever I may try on My own to suck in all your problems, do whatever is possible, to keep you rising and rising and rising, but what I feel that this method of helping you will not make you so strong, because you'll always think that, "After all, Mother will suck my problem."

If I get hundred letters, out of them ninety-nine are of Sahaja Yogis who are suffering from this trouble or that trouble. I'm amazed, you have all these qualities already awakened in you, they are in you. You use them.

Somebody will say, "That fellow is troubling me, that wife is troubling me, the husband troubling me." Just forgive! Just forgive! Your power of forgiveness is poor.

Moreover, more than what the saints have written you have got the power of truth. You know the reality. Much more than those saints who have praised the Goddess.

If you could just think as to what level you are sitting you wouldn't fall, you wouldn't go down that much. Only problem is you have to know that your ascent has to be spiritual, and already these qualities are very well balanced and put within you. More than dharma.

Dharma maybe, you have a power to give up or to fall down, but these powers are never destroyed within you.

I remember once I went to America first time and I met one gentleman. The next day he came and he told Me, "Mother, I am changed, I am changed, I am changed."

"What happened?"

"You know, I used to hate my uncle, I never wanted to talk to him, very angry with him, but this time, just imagine, yesterday I met him, I went and hugged him, and kissed him, and I said, 'Now, I have forgiven you, completely forgiven you, now don't think about feeling guilty about it. He started looking at me like this.'"

So, with the Kundalini awakening all these beautiful qualities to have will come up. And then your generosity, your beautiful being, which is enlightened by the Spirit will prove to the world that Sahaja Yoga is the truth.

Yesterday's beautiful dramas have shown us, but it should not be a mental satisfaction within you, that "I have got the realization, now I am this".

No. No. No mental. It's a state, it's a state, and that state to achieve, you have to really meditate and find time for meditation every night, every morning.

The more you'll meditate the better it will be.

No excuses are to be given or to be convincing to yourself. Everything is unimportant.

Your ascent is very important, if you really want to save this world from - in this Kali Yuga.

I think today I have made it very clear to you what qualities already are instilled within you.

They are there. They are not dharmas, but qualities. They are just within you, only thing you have turned your attention to something opposite, otherwise all these qualities are already instilled within you. They are already there. And nothing can destroy them, except for you yourself. If you have destroyed them, nobody can help.

May God bless you all.

(Puja begins)

(Shri Ganesha's mantra is recited three times. Children go to perform puja to Shri Ganesha. Ganesha Atharva Sheersha is recited.)

Yogi: Seven ladies from the hosting countries who have not previously done puja to Shri Mataji, should come to do the puja.

(Announcement is repeated in French) Could someone say that in Russian, please.

Other yogi: Page Hindi 84. Jago He Jagadambe.

Yogi: Only ladies who have never done the puja before, please (announcement is repeated in French and in German).

(More bhajans: Vandana Karuya Matajila)

Yogi: Hindi 87. (Bhajan: Shri Jagadambe Ayi Re)

(Vishwa Vandita follows. Then Aarti and Mahamantras.)

Shri Mataji: May God bless you all. May God bless you all.

Guido: The ladies from the hosting countries may start to distribute the Prasad.

1997-1101, Evening Program, Eve of Diwali Puja

View [online](#).

1 November 1997

Evening Program

Lisbon (Portugal)

Talk Language: English | Transcript (English) - Reviewed Talk before Diwali Puja, Sintra, Lisbon (Portugal), 1 November 1997

[After the play by Sahaja yogis] (02:02:38)

Shri Mataji: Actually Gyaneshwara always brings tears to my eyes, because he suffered so much. And he has talked about Sahaja Yoga.

His dream (2.02.52) was nothing but Sahaja Yoga and it's better to understand what it means, because it was in Marathi, so I would like to translate.

[Shri Mataji translates from Marathi the Pasaydan, the epilogue to the Gyaneshwari by Saint Gyaneshwara:]

He says: "O, the Spirit of the whole universe, for you I have composed this dream of mine. After hearing this, I hope you feel satisfied. It's more than satisfaction. And then you give me a blessing of vibrations. 'Pasaydan' is vibrations.

Now he describes that, "All the cruel people should give up their cruelty and there should be love between each other." See how he is describing Sahaja Yoga!

He says that, "Those who are away from Truth, removed from Truth, their darkness should go." That's what he is demanding. "And the whole world should see the sun of Self-realisation."

Can you imagine? "And whatever then one wants, he'll get it."

He says, "Everywhere is the flow of auspiciousness and great saints will be there." That is you all, you see, he is describing.

And: "Such people will be very much in number and they will be respected. And it will become impossible to control themselves when you meet all the people whom you have created." You see, all Sahaja Yoga, he's describing Sahaja Yoga.

"Tzala kalpataru..." Ah, this is for Sahaja Yogis..."Tzala kalpatarunche aarewar chaitana chintamanitzegao.."

So he says, "Now you who are the Sahaja Yogis, who are the forest of trees which give the boon of whatever people like."

Kalpataru is a tree which gives you the boon for whatever you want.

So he said, "You are the ones! You are the ones, come along! You are like the forest of those trees which give the boon."

"Chaitana chintamanitzegao." Wah, wah! "You are the village, or we can say the community, of having awakened mind within you."

"You are the oceans which speak," that's what he has called you, "full of ambrosia", "full of ambrosia". "You are the oceans of ambrosia who can speak, who speak." Now look at that! What he's saying about you. That's what you are.

"Chandrame je alamchana martanda te tapahina". "You are like the moon which has no spot in it, spotlessly clean. You are the moon who are spotlessly clean and you are the sun without any heat in it."

"Te sarvaanchi sadaa sajjana"

"These people who are always very benevolent people, these are very benevolent people, and they become relations of each other."

Not your old relations, but you become relations of Sahaja Yogis, with each other. It's a fact. You see, that's what he said.

"Kimbahunaa sarva sukhi, purna houni tinhi loki."

He says, "Otherwise, all of you will be very happy, very happy from all sides and you will be complete people, perfect people, in the three worlds."

"Bhajjo aadipurukhi, akhamita"

"When you will worship the Primordial – now here they have said the Father – you will become eternal."

[Aai grathopajiviye, vishesi lokim iye, daada vijaye, hoave ji]"

He says, "You will be like books of eternal knowledge and in the whole world, people will see. Your eyes will see the eyes and you will win people with your eyes full of love. And such people should be put aarti."

"Yetha mhae shrī vishvesharāo, hā hoīla dāna pasāvo, yee vare jñānadevo, sukhiyā jālā"

"She will be called as Adi Shakti and She will give you the pasaydan," Pasaydan means vibrations.

And he's asking that, "Oh, God. Give us pasaydan and this will happen. By that the whole world will become extremely happy."

You see, I can't read Roman language.

I am very bad. I can know one language, and not translation of that. Nor do I know this Roman language which people use, English, to write about if they have to say something Marathi. But it's not easy, because it misses the points I think. And I can't read, so, you see, that's my incapability to read it.

Especially in India, in the church, they used to use this Roman thing, and I could never sing, I could not understand what is this.

But what He (Gyaneshwara) has said is that you are the ones who are this, who are that. I mean, he has called you as the kalpataru, means the ones – you are the trees who can give any boon you want to. And there are forests of it, because you are so many of them. And 'chintanmanitze' – you are the ones who can remove all the worries of the people.

Imagine! What a right description He has given!

But I think [that] still Sahaja Yogis don't believe in themselves: that they have all these powers and what they can do. It was Gyaneshwara who described you. But I wonder if you can describe yourself like that because, I don't know why, they are very humble, Sahaja Yogis are very humble and that's why they don't believe that they could be this.

But just think of all these false gurus who have nothing, their Kundalini is absolutely dissolved inside, but how much they talk, how much they tell! And their disciples are also the same style, you won't believe.

I met one lady, a disciple of one guru, and she started telling me about her guru such a lot that I got up and walked into another place, and I requested them that, "Baba, give me another seat!"

So, when you have everything you don't talk. You won't even tell your mother, you won't even tell your father, you won't even tell your neighbours. All round, I mean, you are so many.

There were only twelve disciples of Christ and they spread the message of Christ. Of course, whatever they did didn't turn out very well! But you can, because you have got Realisation, you have got all the powers and you know, you have the real knowledge. Not only 'real' but it is the knowledge of the Divine, a secret knowledge. Everything you have, but you don't talk. I would request you, all of you [that], to anybody who meets you, just start talking; in the plane, anywhere.

Best is to wear my badge, so they will ask you questions, "Who is this?" And then you go on telling who am I. It's the best way to spread Sahaja Yoga, that you all should talk about Sahaja Yoga to others, whenever you meet anyone.

Can you promise that? All right.

So thank you very much. This is what Gyaneshwara has talked about you. So you have to prove what he said is true.

Thank you very much.

[Applause]

[After the sitar concert] (2.53.34)

Shri Mataji: What a recital it was. And despite the horrible wind, you know, he just went on without looking at it. But actually it was so rhythmic, I felt, that even the wind was dancing.

Now I cannot, I mean, I don't know what to say, but only thing is that I have never heard such a Malkauns raga. Never. In my lifetime I have heard so many people, but no-one has played so well as this. These are the signs of a new era, where such a talent will be shown.

Also everything was so wonderful and so good.

I don't know how to thank them for this beautiful recital. [Applause]

And also the French made it a very wonderful evening for all of us. And it was really a Diwali in a way, but today is a day of brothers and sisters. And specially this day the brothers are worshipped by the sisters, and they are to be given something present, you know, the boys have to give. So, that need not be now done this year, let it be, doesn't matter. But I think this kind of a Diwali is so beautiful and so energizing, because vibrations were flowing. So many vibrations. And the way you are appreciating this music – you see, it's very different from yours, and you are all engrossed in it.

I hope all the people also from Africa have appreciated this music, and they would like to go also to Academy in the name of my father.

I never knew Spain, Spanish are included in this group? No.

But I know about him, he is a very great tabla player, you know, very great. Spanish, he's very good. And he was watching everything and only with watching I'm sure he'll pick up your tabla. He is very dedicated, very good.

And I'm happy to see people from all over the world here, and tomorrow they want to do some havan.

I don't know what time you can do it, and this Mister Wind is still there. There was this kind of a wind also in Italy, and I don't know: they said that it came from the South, and froze the South Italy completely, which was never frozen before. Not the North, but the South. It's all, I don't know what's happening to Italy now, and – this wind didn't disturb us much, because it was dancing with your music.

So thank you very much all of you for also enjoying, because I may be crazy about Indian music, but I don't know how you people stand that.

In any case tomorrow is the programme, I don't know when they want to have a little havana. It's important to do the havan. And then puja will start about – I told them 6 o' clock if they are ready. But they are never ready by that time I think, na? (Shri Mataji laughs)

And it's a very small puja, it's not a big puja, it's not a very big puja. But later on, after puja, we spend more time. So, as it is, we have two programmes tomorrow. Those who want to join for havan can do it. And I don't know where you will do the havan, here, or there outside? Here?

Eh? Outside. Ah, this wind should not be there anymore. All right, let's see.

So I wish you all very, very happy Diwali for next year, and I think Portugal is the place for Diwali Puja, no doubt.

I knew about Portuguese that Vasco de Gama, when he came to India, was a very nice, simple man.

Then he came back and he told the king that Indians are Christians. So he said, 'How do you say they are Christians?'. 'Because they worship Mother! They don't worship the Father as the Muslims do. So they are Christians or, if they are Hindus, they are Hindu-Christians'.

He was a very simple man. And a big research was done on what was the influence of the Portuguese on India.

But they lived there for quite some time, and they never listened to our music, that's one thing. Nor did they understand anything of it.

As it is, now in Portugal to have this music, itself is a great, I should say, is a very great adventure. Because these people had never known, they used to think that we are making some noises, that's all. English also, they never learned any music or nothing. So, whatever it is, now this music has come to you.

Once you know classical Indian music, you can sing any type of music. May be Spanish, may be the modern, anything, because the voice gets trained so well.

So I would say those who can afford should go to Nagpur, and those who cannot afford should write to me, we'll find something for them.

So thank you very much all of you, enjoy your Diwali night.

May God bless you.

1997-1102, Diwali Puja: Shri Lakshmi and Money

View [online](#).

2 November 1997

Shri Lakshmi And Money

Diwali Puja

Sintra (Portugal)

Talk Language: English | Transcript (English) – VERIFIED Diwali Puja. Sintra, Lisbon (Portugal) - 2 November 1997.

Today, we have gathered here to worship Shri Lakshmi.

In Diwali, in India, they worship Lakshmi because a great rakshasa called Narakasura was killed; also that Lakshmi came out of the sea, at the same time, long time back.

I mean, I should say, this is like Her different appearances on the same [unsure].geog region.

Lakshmi is the Goddess which gives us wealth, gives us prosperity. She is very blissful, no doubt. She gives you protection and also She is very humble because She stands on the lotus. She is very light, [which] means She does not put Her pressure on anyone. These are symbols of Shri Lakshmi. But also She is a part of Mahamaya in the modern times only.

When people get Lakshmi, the money, they don't understand that She is their Mother firstly, and She is to be respected.

When this kind of a perverse idea of Shri Lakshmi comes in such countries, such people meet their last end and destruction of the worst type ever. So this Lakshmi has to be used with a big balance, like standing on a lotus and not get into the pond, where there are all kinds of creatures to eat you all.

You have to stand on the lotus: that means that you are above all the lures of this Maya.

Also in Sanskrit and in our languages, we call Lakshmi as the Maya. If somebody gets lot of money, they will say, "You got a lot of maya!" Now, this Maya plays the tricks.

If money, prosperity was the salvation, then there would have been no problems in this world. Because those people who have money always get ruined. If they are not ruined, their children, their grandchildren get ruined.

This principle of Lakshmi within us is very dubious and the allurements are so much that people see somebody having a good car these days, they think, "Aaah! What a man he is!" In any case, he is not going to give you the car! If somebody is having lots of palaces or buildings people start admiring him!

This is Kali Yuga. They start admiring: "See this man is so rich!" Even [with] clothes: people see you wearing clothes which are very well tailored; might be from some designers [so] they think no end of that man.

For example, in England, there is another befooling place called 'Savile Row'. So if you want to buy one suit, you have to pay sometimes £3000. Now, people are so stupid that now if they wear a suit from Savile Row, they put the brand outside: "Savile Row"!

All such tomfoolery is going on all over the world. The clothes have no meaning, their lifestyle has no meaning. Ultimately they end up in Swiss bank!

The Lakshmi Tattwa of Swiss bank is also now showing its teeth, and if you read what's happening to them, I mean, they are

shaking, they don't know. They went to this limit that they took the teeth, golden teeth of the Jews! I mean, it's going too far! All this tomfoolery has been going on. They have military services – why? Who is going to conquer that country? Even Napoleon didn't do that. And they have made big caves to keep their weapons there. Who is going to attack them? Stupid people! Suffering from ego. But the attack has come and this attack is so serious that they might be completely shattered and destroyed. Now, who falls for this kind of thing, you should see, are the people who are crooks, who are dishonest, who are absolutely adharmis. They can be mafia dons or they can be some thugs, some black marketeers, some smugglers. So, going against the Lakshmi principle are so many these days.

One fellow who was thrown out of Sahaja Yoga, because he was trying to be very dominating and all that, he said: "That's better!" I said: "Why?" He's doing now smuggling, making money out of smuggling and he has become very rich, according to him. But it comes to an end and a very tragic, bad end.

Money is such a lure for human beings that it kills all sense of decency of higher values, everything.

A brother who is very nice and a good fellow, if he gets money out of proportion by doing hanky-panky, he neglects his mother, father, brothers, sisters, everyone. So I would say, then it comes to that point that Lakshmi becomes a bhoot then and all Her blessings become a challenge to your dignity.

Now, certain countries, like America which is the area for Shri Krishna, because He's Kubera, they have no money as such. I have seen [that] they are all poor, they are all indebted. So many Indians went to America and they can't come to India now. "Why?" "We are indebted." "Why are you indebted?" "Oh, we get everything free, now, you see, the bank gives us loan. We can have the best lifestyle!" So they will have three Mercedes: "It's nothing! Three Mercedes is nothing! We should have Rolls Royce's. We should have this!" For what? What do you get out of it?

Now of course, little bit they are shaken up with the stock exchange and all that nonsense they had started, all this joke and all these very big camouflages. All now are coming out.

So, this is no Lakshmi, because Lakshmi must give you dignity, prosperity and respect.

I think Americans understood about it, so they became philanthropist, means they are giving money to people. But to whom did they give money? All the names these people took from South Africa were all given money by the philanthropists of America.

What has happened to their wisdom?

That 16-year old boy, he went there and then all ages went there and made a very big money. All this money-making proposition...

Can you give some seat to those musicians?

So what is the matter if there is a blessing of Lakshmi? Why a man who gets the blessing of Lakshmi becomes so funny, so stupid and ultimately ends up his life that people are not there even to pick up his dead body?

What is the difference between money and Lakshmi? She gives you money, all right, agreed, but when She is giving the money, what happens to that money which comes to you, is a very subtle thing [which] one should understand.

In India if you give, say, a hundred rupees to your servant, immediately he'll go to drink somewhere. First idea will come [as to] what he should do: he'll go for a drink of the hard ones.

I mean, your vodka is nowhere near that!

Such hard ones they make in India, you know.

It is called as 'haath bhatti': means 'made with hands'. So in hundred rupees, they are willing to go. I mean, that means any money you give to them, it spoils their life completely.

Lakshmi has been given, all right, so what happens to this Lakshmi? She changes Her form and Her form is so bad that you are completely ruined with that! So, now we have to understand what is the way we can use the Lakshmi.

Supposing I get money then I will go to the market and I'll see something nice: "Aaah! This is very good for this Sahaja Yogi!" Or I will say, "This will be very handy for our ashram." Immediately the mind starts working in a very socialistic way, I should say, not individualistic.

For example, I went to Rajasthan and I saw such a lot of sand, just like a big desert, with dunes, everything, and people starving.

So I said, "How to get money to these people?"

So, I said, "Let me start a factory, factory with the unbreakable glass,"

Which they make only in France. They make it very cheap and it's regarded as a very cheap thing, but not in India.

In India, if you go to some elite's house, they'll offer you tea in these unbreakable things. They think it's very elite. You know, it depends on what you think about what. And they are very proud of it.

So, I said, if we make these things in India, these poor people, you know, because there's so much sand and sand is needed by trucks. So I will utilise this to make this beautiful factory here, and then give them some support to live well.

Now, when I went to one place called as Warana – you all had come also once. There's a gentleman who was a disciple of Gandhiji and he's organised this Warana company for distributing milk.

It became so very rich, so very rich, it's a co-operative, so he started giving money to all the co-operative people, those who were labour there.

Now, this labour had never seen that money, so he came to me, touched my feet and said, "Mother, you tell me now, what should I do? I am so unhappy with the development of this Warana, because there are prostitutes who have arrived from Bombay, there are all kinds of hard drinks which have come from Bombay and these people are smoking like hell, they are taking drugs!"

"Ay?" "Yes! Wherever there is money, the drug goes there. And the children are becoming absolutely useless, they don't want to study, they even slap their parents!"

So he said, "This was not Gandhiji's ideal, now what has happened?" He says, "This is a curse of money." And he was crying.

Now, how can Lakshmi become a curse? It does! It is in the Nabhi. What a central position it has. And when this Nabhi starts working, it is a very remarkable thing that you feel [like] gobbling the food all the time with this Nabhi.

I mean, you go on eating, go on eating like mad and then some bhoot comes in to eat also with you inside the Nabhi.

Then you can eat so much that no human beings can eat like that, except for the people who are rich.

Then you start a big science or what you can call etiquettes. I don't want to hurt anybody: I mean, if you are eating well I don't mind, eat well. But the first part is, because today is Diwali, I'm trying to tell you all these interesting stories.

I went many times for dinner with French diplomats: my goodness! Now, me and my husband don't drink. So for forty-five minutes they were only discussing what they will have today! Then they remembered [that] yesterday they had that, the day before they had that, so there should be variety. So, then they came down to something, not all of them drinking the same [but] different, different. So, they came to some point: "All right, we'll have this."

But some people asked for something which was not available. So they said, "You have to have it!" and they shouted at them. My goodness!

They took forty-five minutes to decide what they are going to drink! It's regarded as French etiquettes, I think.

And we two [were] chief guests, myself and my husband: looking at this man and looking at that woman, didn't know what to do with these etiquettes! We were thinking, "Now better go!"

Then came to food. They are so particular: "I like this and I like that!"

They are worse than Indians, I tell you! And they took at least, at least, eighty minutes to decide what they will eat. Ultimately, they found something nice, each different: and the restaurant people were trying to pamper their ego: "Oh, what a thing you have chosen! This is the best!" (laughter)

So they started serving. The cheese was smelling so awful, I tell you! We couldn't bear it, both of us, so my husband told them, "Today is our fasting day for both of us!" (laughter)

He said, "Why is it a fasting day?" He says, "In India, we have, you know, fasting like this, sometimes we have to fast; today is ours."

But I told him, "Here, one day you are saying today is our fasting, but we have to go to so many dinners, what will you do?"

He said, "Everywhere it's better to say that we are fasting!" Such a horrible cheese they brought and they started boasting that they have two hundred types of cheese!

I said, "Two hundred types - of the smelly ones -, from where did you get?"

They said, "This is French perfection!" See this. I said, "What is this French perfection?" But then, you know, tears came into my eyes.

CP said, "Why are you crying?" "I'm not crying, but I think what will happen to these people with their cheese? Where will they go? Even if they go to hell, people will throw them away with the smell of the cheese!" (Laughter and applause)

Then I read how this cheese came in. So they said there was a big snowfall and they had put some big, big containers of milk in a cave, and people forgot about it.

Snowfall was there for twenty days, whatever it was, and they just forgot about it. So, after one year, they got the smell coming out of it; so they went and saw the cheese being formed, can you imagine? This is the beginning of the end.

Actually, one should never eat anything that is kept overnight, normally.

But now they have got fridges, so you can keep it for two days, three days at the most. Like on the ship they keep it. But this I couldn't understand that, this cheese, which they told me is very old. I said, "Really?" And they sell it by that, how old it is. And

their wines, if they are, say, two hundred years old it is two hundred times more expensive. So, it's such a bhootish thing to eat all that.

So, when the Lakshmi goes into the hands of bhoots on a very less level, I should say, then it goes into the heads of people who want to exploit money, exploit the poor people, exploit countries which are downtrodden. They go on like this, collecting money, you know, looting, looting, looting.

When English came to India, we didn't know [that] they used to take bribes. On Diwali day if you went there without any present they would say, "Oh, baksheesh? You must give some presents."

And what they liked was our country liqueur. I never knew this but later on I came to know, because my husband became a collector of Meerut. And there were bottles of country liqueurs kept in that house! But that house was itself more than hundred years old. Long time back it was kept there still, some of them were there. We could have sent them to England to sell, it would have been a good idea! So, the older it is [they think] it's better.

This Lakshmi I think becomes old and dies and there is alakshmi. 'Alakshmi' means when you have money and you don't have the qualities of a person who should have money.

In that quality of alakshmi, you become very miserly, you don't want even to help your brothers and sisters, you don't want to give any money to anyone. And even if you give it, you give it to false gurus and wrong things. This is up to, we can say, is alakshmi. The behaviour becomes very arrogant, so arrogant that you behave like horses! People look like horses: they walk like horses. But I don't know if horses have ego.

If you see these people, you just don't understand what has gone wrong with them.

There is one gentleman who started an aeroplane business, aeroplane business in India. I won't take his name, but say some 'Majidiya' or something. And my granddaughter met him with my grandson-in-law and they were walking like this, talking like this!

They couldn't understand these two persons; so, they came and talked to them, "Who are you?" and all that. And then they said, "We are this Majidiya!" So, my granddaughter said, "Who is Majidiya?" My goodness! They fell from heavens! "You don't know who are Majidiyas? Do you read newspapers or not?"

Then her husband came in, he said, "I do. Now what do you want to say?". "We are Majidiyas!" He said, "Who are Majidiyas?" "You don't know? What sort of business you do? What is this?" Such stupid things they did that these children felt that there's no use having any business; if business means this kind of behaviour: very indecent, very arrogant.

They don't know how to relate to people!

They don't know. And after some time, I heard that their business was completely finished, was a flop as they call it: flop.

So now we have to realise that this Lakshmi, how it takes us to wrong things. Firstly, She makes you very egoistical, somehow. The man who has money starts behaving like that. One cannot understand how a person who was normal suddenly becomes like this, starts talking like this! He might earn money even in the horse races!

Around the Lakshmi is the valency of dharma. There is, around the Lakshmi, the dharma. And this dharma if you cross – that's the best place where they can cross the dharma – then, you can do whatever you like, which is adharmi, which is irreligious, which is hideous. You have to just cross that limit of dharma, you have to just deviate from dharma.

Now, as I said many a times, that ten valencies human beings have got; but apart from that, there are many dharmas which are surrounding it like angels. Like, first dharma is your love for humanity: is the first dharma.

But if you say from that end when you start, it starts with Stri-dharma, is the dharma of the woman: how she should live, how she should get married, how she should look after her children, what should be her behaviour. All [this] is Stri-dharma.

And then is Patni-dharma, is the wife, wife's dharma, what should be her dharma. In her dharma she looks nice. If she gives up her dharma then she is a prostitute.

So, then is Pati-dharma: how should be a husband, how he should behave towards his family, how should he pay attention towards his wife, about the whole entire family, the whole parivar (), as they call it: all the relations and everyone. That is his dharma.

But beyond that is the dharma of Satya-dharma: how much he sticks to truth.

Then the dharma for creativity: in creativity as you know very well these days, with money people are standing on their heads or I don't know what they are doing, because the amount of nonsense they are producing all over the world in the name of modernism is no way is Kala-dharma, no way.

Then we have also politics, Rajkaran-dharma. Also this dharma is there. Now taking bribes, I mean the kind of things that are going on: corruption, all kinds of things that are going on, competition, fighting and all that. They are falling from their dharma of Rajkaran. Education, same thing; we call it Shiksha-dharma. All such things are dharmas. There's a kind of a principle which we have to keep otherwise you can topple down from the lotus, and that's what happens.

Now we have also Rashtra-dharma. The Rashtra-dharma is [to] your country; there's a dharma of your Rashtra. When you have to fight for your country, you should. But you should not be aggressive on other countries, not try to dominate other countries, nor you should bring a bad name to your country. It's very important!

Sahaja Yogis have all these intact, absolutely, because you are standing on the lotuses already. You don't have this problem; normally not.

Once in a while there are people who behave like that, but mostly Sahaja yogis don't fall into these traps; that's why their Lakshmi Tattwa will definitely improve. They'll have little problems here and there. But without problems, if you get Lakshmi, you will not have value for Her. So, with little problems, you get the Lakshmi. But Lakshmi doesn't give you all this imbalance.

Such a man has to be extremely balanced because, beyond that, is the step of Mahalakshmi, where your seeking starts, where you become a seeker. You go beyond Lakshmi principle, and this Mahalakshmi principle starts coming into you.

I would say the Western countries this consumerism has started, and it's such a funny one: in America, one lady was married to an Indian and he used to tell me how this consumerism works. I said, "How?" He said, "I gave my wife money to buy two shirts for me because I had no shirts. So, she went and bought five skirts." So, I said, "You have so many skirts, why did you buy the skirts?"

"Because in this money I could buy five skirts instead of two shirts, so I bought five skirts."

So he said, "I can't wear skirts!"

"So, how I should correct her?" he said.

I said, "You do one thing: tell her you want to buy some skirts for her and go and buy five shirts. Then she will realise that if the money was given to her for one purpose, it should be used for that."

This is a very subtle principle which I follow, because I don't understand money.

So, what I do, whatever money I get, I put packets: this is for this, this is for this, this is for this, into packets.

But I don't understand, and I don't write accounts. I am very bad about all that. Somebody else does that. Now, if I spend some money from one pocket for some emergency, then I again fill it back. It's written there: so much is there, so much is there. So, the money is available at the right time for whatever I want to do and the money is in the packet.

It is not in the open thing that I can just, "I want to buy a Mercedes. I want to buy a Rolls Royce!" No, nothing doing! It is for some purpose, and there is no need.

So, when you go to the shop and you see something, you won't buy it, because that money is not kept for that particular thing.

For Sahaja Yogis it's very easy to handle their money with respect. So, you go to any shop, you won't buy anything.

But my nature also is spontaneous. So, I went to Frankfurt, changing [plane]. They said, "Mother, there is a very nice watch shop."

I just thought, "I am going to get three son-in-laws and what am I going to give them?" So, I went to that shop and I found such beautiful, beautiful things.

But I had not kept any money for the watch; but I said, "I must buy!"

One of the watches turned out to be a very unique one, I must tell you, which is no more available.

Because of my eyes, I saw [that] this is something unique. And my son-in-law is so overwhelmed. So overwhelmed. He is quite rich, he has no problems. But he said, "This watch you cannot get it!" Then an article came about that particular watch. So he has kept it with him.

So to have something, it should have a value behind it: that is the dharma part. The value behind it: what is the value?

When you want to buy something just don't buy because you are mad: I mean instead of shirts you buy skirts; not that way.

But anything that has an artistic value or some special value, then you should buy that.

Now this sari I am wearing, it has a special value. Why? Not [just] that it is made with hands, is a very beautiful design it has, no. This was made in a place called Paithan which was the capital of a kingdom which belonged to my forefathers [the] Shalivahanas; and these saris were made there, Paithani. And they used to sell it to people. Now they have becoming expensive [but] in those days they were cheap. Now, it has that value. They were very honest, very religious. They were called Shalivahanas because they used to give shawls to the Goddess. They spread their kingdom very much; and also there is a calendar in their name. But the kind of life they led: they were just very generous people. And they have made beautiful temples, beautiful places for people to rest near the river; I mean, so many beautiful things they have done.

Apart from that, Rama and Sita, when they went to Dandakaranya, they went to this place, and you have the place where Sita took Her bath, Her bathing place. There's a little river flowing there, and how it was covered from all the side and how the light was coming – so beautiful.

But whatever Rama had done they redecorated it with the Rajput style art. Then also there was a very beautiful temple, I saw that they had made. Also, I don't know how, there was some water flowing and there was Shri Mahadeva's, a big thing, pinda (linga),

very big. And also there was a Parvati's statue. So old as that! I don't know if it was put by Rama or by my own, you can call them the grand, great, great, great grandparents. But the beauty about that place is that it shows that Sita used to worship Mahadeva. The water was flowing, somehow by nature inside, up there in a stream, and She used to take the water and put it on that pinda. How deep these people were, those who built that temple.

Such a beautiful temple they have made. So many temples are built like this in India by people who had money; and they believed that if you spend your money in this kind of work, you are blessed.

I bought a land, near the River Nira — that's my own name, 'Nira' — and this land I just bought it just like that without thinking. And what they told [me was] that their guru, Shalivahana's guru, was Shandilya, and this place belonged to him, long time back, which was an ashram of Shandilya. Exactly the same [land]. And that land I bought, very surprisingly.

Then in the newspaper, it came out, everything about that land. And this land was the place where a great devotee of Shri Vishnu, Prahlada (), was playing.

So, you must have heard about Prahlad. His mother had a husband: Hiranyakashipu () was her husband, a horrible rakshasa, so she ran away from there and who helped was Indra. He brought this lady to the place of Guru Shandilya, and Shandilya told Indra, that, "You don't put any effort for her. I will look after her. And the child that is going to be born to this lady is going to get the avatar of Narasimha." You know Narasimha is the man and the lion. He said, "How can that be?" He said, "It is so." So Indra left her there.

The child was born [and] till five years, that child used to play in that land which I have bought. I mean, I didn't know about it, but I just saw it; I was surprised. But when the child grew up, up to five years he had to go back to his father.

I don't know how many of you read about Prahlada? Raise your hands, I would like to know. Upaar karo (Hindi: lift them), let me see.

His father tried to kill him and torture him but he had certain boons, so Shri Vishnu appeared as Narasimha, means the lion and the human form. And then He killed this Hiranyakashipu, the father.

Now, imagine how much, big it was, that thousands of years back this must have happened, and that I should purchase that land.

And there is a very beautiful temple built about three hundred years back by Maharashtrians.

So, the story is that Prahlada came into the dream of the people who wanted to build the temple and told them that, "I have already made a statue of Narasimha along the River Nira." Imagine the name of the river is also mine! "And if you can walk along the banks of Nira River very close to the temple, I have made the statue in sand."

It's a miracle! So, they went there and they saw that statue. They brought it back and installed it in that temple. And it's still there — made of sand. Also they say there's a kind of a river or a water flow, a very small one, just like the finger, [that] flows down from the top — God knows how!

So, now see the value: the value of money which was collected to build this temple had such an old value. So the value is not money.

This, one should understand.

What is the value of the thing? If you want to give something to others, then the feelings you have in your heart is the value, and that value is the real Lakshmi.

When you are, say, building a house, the plans you make, the things you do: what is the idea behind and what you are trying to express through that house is the value of that house.

Once you understand that, you have to buy, with this Lakshmi, or you have to use this Lakshmi for certain value and not for showing off or for money. This superficialness that we have about money itself is like an ordinary glass. But if you put, behind the glass, the mercury, you can see the value.

So, when you start buying something, what is the purpose? Why are you buying? This will determine the value.

Like, last time I came to Portugal and I said, "We'll go and buy some terracotta."

But they are very expensive. I said, "This is the price." But I wanted to buy terracotta from Portugal because it's very rich in that.

So, we went to one factory, and the factory was quite far out. None of them could find out, but I told them, "It's here only! Just go and see it." And then we bought the terracotta. But on our way, I told [them], "Stop. Stop here. Stop!" So, they stopped. There was a shop. I had to buy some things for Sahaja Yogis in India and also for some people in Cabella.

And that shop had such beautiful cottons. There were Sahaja Yogis from here who saw that. Such beautiful clothes, and I bought a lot of it. I said, "Thank God! The problem [of] presents are finished now for India." So joy-giving it was.

Everybody was surprised: "Why suddenly in a place where never Mother has been there, suddenly She finds it?" It has a value because I wanted to buy something for Indians, to be given as presents. So, if your Lakshmi is say, this much, once you add to it a value it becomes so big.

The sign of a person who is a lakshmiapati is this: he should have a house like a lotus in the hands of the Goddess, he should protect people who are depending on him and, from the left hand, he should give. This is the image of the Lakshmi. This is what the Lakshmi is within you.

If you have these four things in balance, without conditioning, without ego, then you are a Sahaja Yogi, otherwise, you are not.

On a Diwali day, we have to promise ourselves that, whatever we are going to get now, as Lakshmi principle, or as a Lakshmi's prasad, should be used in getting things which has value. And thus you will learn that you have used your Lakshmi very well.

And with that, your Mahalakshmi principle will become very strong, will become very strong, by which you will ascend very fast.

Today is the day for us to celebrate the Lakshmi puja. But Lakshmi puja doesn't mean that you worship money. Money as it is, is the most dangerous thing, and I think it is the hidden weapon of Lakshmi Devi.

You see, if you try to misuse Her, She goes on punching with it. With one punch, if you don't realise then She gives you another punch — like that. Then She might little bit twist you, to suggest. She'll try everything to convince you that what you are doing is nonsense. Ultimately, She sees your destruction completely.

So Lakshmi, though She is the One who is the giver of boons, giver of everything, you should not be misled by Her Mahamaya character.

I am your Mother, so I better tell you to be very careful!

Thank you very much.

The wind has stopped!

1997-1204, Types Of Powers through Kundalini Awakening

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4 December 1997

Types Of Powers Through Kundalini Awakening

Public Program

Ramlila Maidan, New Delhi (India)

Talk Language: English, Hindi | Transcript (English) – Draft | Translation (Hindi to English) - Reviewed

Public Program

[Translation from Hindi to English]

My salutations to all the seekers of truth!

Firstly, we should know that truth has many interpretations, and many books have been written on this. On religion ("Dharamapurasar") how many books, how many preaching's, how many bhajans, how much devotion are there in front of you? Today is the special day of Guru Tegh Bahadur ("one of the ten gurus in Sikh religion"). He also said that you should be devoted to God. By being devoted to God, you can attain your inner balance, inner peace, and all the negativities that are clinging onto us will all be destroyed. But now today's world is not like that. Nowadays, people in the world are special. On one side there are people who are seekers. They are searching and want to find the truth. And on the other side, they are people who are not afraid of anything. They are not afraid of God Almighty. If you tell them, "If you do wrong things you will go to hell," they do not believe in such things. It is said that for seven generations people take up this sin; we do not know how much. They go through all types of sorrow and pain. Whatever you tell them, you try to scare them, whatever you tell them, that fear won't affect them. They have become stone-hearted people. 03.00

Now killing is a big sin. Killing people in this manner, killing small children, is a very big sin. But when the feeling of sin itself is completely finished and no one believes in sin or saintly virtues and has a feeling that, "I am everything and whatever I do is right, and for money I can kill whoever I want to kill". This status of today's Kali Yug was never like this before. I agree that not all people are like that. Many people are very religious, they are good, and they believe that they should not commit sin. Not only that, they do not even do sin. But people who are terrorist-like ("aatataayi"), who are extremist, because of their pain, because of their difficulties, people are suffering today. People ask, "Where is God? Where is the power of God?" In life, we always walked on the right path, but still, we have to face people like Dalit, I mean, who have fallen so low. Such people are troubling us. Nowadays, without any reason, people have started beating. Now in the name of religion, they think killing somebody is a good deed. I don't understand. In the name of God, people do not even feel bad about destroying others. In the name of God, they collect money. In the name of God, they say all kinds of lies and spread hypocrisy. 05.08

Nowadays, the problem is too much, and nobody is able to realise or feel or even think how you can kill such small children, kill ladies. I have never seen so much cruelty. If there is any reason or any war, at least it can be understood. But it is nothing like that; only for money. Because somebody has given money, so you go and kill anyone. In today's world, because of greediness for money, people don't understand how they are falling into the pit of sin. 05.53

I agree that there is poverty in the world. In our country, there is a lot of poverty. We can do things to remove poverty; we can think about it, understand it. This has only one meaning, that people have become completely blind; they do not understand why they are doing this, and just like mad everywhere they are destroying themselves. The only treatment for this in this Kali Yuga is Sahaja Yoga. For this, first, you need to know yourself, what you are. Unless you identify yourself, you won't understand dharma or God. Because in the name of religion ("dharma") they are many sins happening in the world, and in the name of goodness they are looting many people. Some people do not understand what to do to improve the state of human beings. People are now afraid of each other; they are fearful and worried, and they are not afraid of God. By talking about all these things, only heat is

increased and nothing else. But people don't have the sensation ("samvedana"). They do not have the power inside them by which they can know what they are doing, into which pit they are falling, what they are doing, where they are getting misled. No matter how much you make them understand or teach them, they do not understand. It is only mental, which is called "mental" assessment, not beyond that. So if a person understands by his intelligence, they may go one way — go on the right path — or another side, he may go on the wrong path. Whatever is happening in the world, people are in doubt. They think there is nothing like God. There is no any power in his consciousness ("Chaitanya"). 08.15

Now we need to understand that unless there is a change in human beings unless people change unless they understand what is reality, and after understanding still he does not get the affinity ("aatmeeyata"), till that the time, they will be worse than animals. At least animals won't kill their children. If you leave some animals together and if they belong to the same species, they won't kill each other. And we are destroying our own species that is, the species of human beings, by taking big, big names, by talking about big, big goals ("dheya"). It cannot benefit anyone. It won't help you at all. But by Me talking about it, nothing is going to change. For this, you have to change from within. You have to know this from inside that you have to understand what you are. For this, God has made all the arrangements within you. Inside you, there is a power of Kundalini, and you have been told everything about it, and all these chakras are there, through which it is necessary that the Kundalini energy passes. 09.47

All the big gurus have explained about Kundalini. In all the religions, Kundalini has been explained. Even Mohammed Sahib has said when he got his realization, then he felt like he was sitting on a white horse and had passed the seven destinations ("manzile") like we have the seven chakras. But nobody reads it in depth. They don't understand it. Any guru, whoever was a real guru, if you listen to them, they have told about the same things. Other than changing within you, there is no other way. Because of the change inside you, you will get all the powers, you will become strong, you will understand your self-respect, and you will be dignified ("gauranveeth") in your self-respect. You will understand that this dignity is an asset for you; a very big asset has come within us that we understand our spirit and we respect it. 11.03

Now, this cannot happen that I say that, "You are the spirit," and then you will ask, "Where is it? How can you say this is a spirit?" You have to prove it. And this proof ("siddhatha") you will achieve in Sahaja Yoga. Another thing you have to understand is that you have this power within you. Everyone has that power inside. All the people who are sitting here, according to Me, around ninety-nine per cent have felt it and have experienced it. This is a matter of pleasure for Me also. Here, in Uttar Pradesh and in Delhi, many people have accepted it and even adapted to it, and after adapting it, they have settled it within. 11.55

Now it is your responsibility that, whatever powers you have within you, you have to know them. What are all the powers you have? The first power you have is that you yourself can give Self-realisation to others. The second power which will come inside you is that all the worldly wishes, desires and greediness will disappear because the darkness within you is destroyed by the light. Then you will always follow the enlightened path. In that light only, we find all the solutions, happiness. We get a lot of peace, and we were waiting for this very experience. What we are experiencing today is not just for talking about, but for us to experience it, and when this happens, people will attain a special form; what I say is, they will be called great humans. The meaning of a great human is that person who can feel for everyone inside themselves. We call this collective consciousness. This will be awakened within us, and with this collective consciousness, why would we kill anyone? Who is the other person whom we are killing? We are killing our people. Whom do we have to cheat? We are cheating our own people. We have to understand that the whole world is inside us. It won't happen by just understanding it. You have to feel it and experience it within yourself. When you experience this, you will be amazed to know that you are an Ocean of Peace. Peace is seated in a beautiful form within you, and you want to spread that peace far and wide. You will think, "Why should only I experience it? I want to give this experience to many people." In this way, an internal collectiveness will be established within you. There is no need to talk about religion ("dharma"), no need to spread fear, no need to blackmail anyone. When you get your light within, then you will start honouring yourself, and in that honour, all these useless things that you are running behind in this world will be stopped. 14.34

Like when we were coming now, on the way there were many vehicles, so many vehicles and vehicles passing by, going this way and the other way. If for one moment you stop and look, then you will see how they are going like mad people in opposite directions. What are they doing? What do they get? This will be your condition. Then you will stand by yourself and stop them. "Dear brother, the way is this side, not the other side. The power which is within you, this awakening power is within you, the

power to purify ourselves, is within you.”

On the way when I was coming, I was reading “Clean Delhi” (“Swachha Delhi”). How can it be clean? “Swa” means your own spirit. With this only it can happen. What is the use of this outside cleanliness? When you are cleansed inside, then you will know what you are. Then you will know how many good qualities are there in you, how much love is flowing within you, how much joy can be created within you. And many of you have experienced it. I am not saying anything new, but now we have to increase this thing and give it to others. 15.54

I came to know that people have come here from many places, from outside India, from foreign countries and even from all the nearby places. People from Uttar Pradesh, people from Delhi have come here. Now you have to think you all are one family. This feeling of oneness should not be only a mental thing (“jama kharch”). It should be from within. You should feel it inside you in reality, that we all are really one. We are different waves of the same sea. We are stirred up as one (“aadolit”). The same movement is going on, and when you achieve this thing correctly when you get onto this properly, we don't know how one person can change many people's lives. In this way, only Sahaja Yoga can be spread. But in this process, we can't get defensive (“pratarna”). We cannot cheat this. Many people cheat us. They take money from us. Let them go. People who are like that, who are doing wrong things, let them do it. Now you should know what you are, what your powers are and how you are using them. One guru has come, only one. He changed the world. He has done so much, he has written so much, he has spoken so much. And we are in thousands, thousands of thousands spread everywhere, and we all are one. At first, the ideology was one master, one saint, one Sufi, and everyone used to trouble them, trick them. Now it is not like that. We all are one. Whichever caste we are off, whether we were born as Hindu or born as Muslim or born as Christian, it does not matter. Whether you were born in this country or any other country, it does not matter. You will feel this oneness wherever you go. 18.01

Now, you need to experience it. This means something should happen to you. You have to become something. In Sahaja Yoga, it is not like that you pay 10 paise and you become a member. It does not happen like that. You have to become, and that depth is very easy for you to achieve. There is no question of money in this — God does not know what money is — but you will also understand that the becoming is (‘not’?) difficult. It happens on its own, on its own everything. All the goodwill descend upon us by itself and will enlighten us. So what is this thing? How it is happening? Because when your Kundalini is awakened, you are connected to the power which is spread all over the world. You will achieve oneness with that power. From that oneness, you yourself, like this electricity — all around this electricity is there. It is connected to the mains from where the electricity is coming. In the same way, you are also always connected to power. After it is connected, you will see all your work will be sorted out. Everything will be corrected. If you make any mistake, that will also be corrected.

Now what I am saying is not a lie. You can prove it (“pratyay”), you experience it, and after you have experienced it, you will feel, “Why am I worried? Everything is fine. Why am I worried? What am I worried about?” For all things, there is a limit, and when it crosses the limit, after seeing it you will be amazed that everything has become right. Everything is set right. This is your experience, and this experience you have spread all around the world because today our country is on such a brink (“kagaar”), you don't know when it will fall apart. Hence you all are the axis (“dhuree samayee”). You have stopped it. You are only the element to support it. Not like, “Now I am a Sahaja Yogi” and then it is done. This country's expectation (“pratya”) is spoilt. Its circumstances are spoilt. You all have to stand together to stop it. And you all have the blessing inside you by which you can achieve all types of powers within you. 20.43

Today here we have seen many big gurus. Many big incarnations have come, but all these incarnations now should be visible in you. People must be able to see, and they have to think something great has come, something special has come. They are not so-so (“aise waise”) people who are stupid. This is not just stupid talk. I don't know from where we have got this cruelty inside, and how so many low type words have been established (“samanvay”) within us. If it is only for money, then also it can be understood. But other than that, somehow this is a kind of a demonic tendency (“pravritti”), and this demonic tendency has increased a lot in the present world. Earlier, there was only one Ravana, but now I can see out of every ten people, there is one Ravana that stands out. But if the remaining ten people are Sahaja Yogis, they can completely destroy this one Ravan. Destroying Ravana means by awakening them, not by removing his ten heads. You have to give them their Self-realisation, and after giving them their Self-realisation, you have to make them experience this happiness. 22.09

The path of Sahaja is of love, only love, and love is only the ultimate truth. There is no difference between truth and love, but if you love someone you will know everything about him. We have to use this power of love. People do not understand that this enlightenment ("chaitanya srishti"), all of this is raining love inside us. From this, the love flows, and this love will spread over the world, that you will be amazed at what this world was and what it was not. In your lifetime only, in your life only, it will happen, and seeing this you will be surprised that you have changed this world, and from where to where you have taken it. (Sahaja yogis are clapping in the background). 23.09

You need not work hard. It is all a pleasure for you all. When you have come from far-off places, you have seen that when you sat in the lorry coming here, you were enjoying it. When you had to stay in another place where there were no proper arrangements to stay, there also you were enjoying. When I came in the aeroplane I was worried. What if the aeroplane does not arrive on time? Then I didn't know how many people, poor things, could have come. But when I reached here, I saw that everyone was safe, laughing. I asked them, "What were you all doing when the plane was four to five hours late?" They replied, "Oh Mother, we had so much fun. Like this we did not have anywhere else." These things have to be understood, that normally people will be worried while waiting, but here while waiting people enjoyed and saw all these beautiful matchless things like this. All of this life is in front of you. Just you have to get into this. You have to make an effort to get into this. Carefully you have to get into this, and you have to achieve it. This work cannot be known by the brain, nor can these things be done by hard work that you stand upside down on your head. It is nothing like that; you just get mixed and get melted into this. The greatness of this love is that you won't face any difficulties. All your difficulties will be destroyed, and a new awakening will happen within you. With that, you will feel the whole world is something amazing. 25.02

By the way, if you see, God has made a beautiful world. Nothing is God's fault, and He has also made Kundalini and placed it within you. He also wants you to achieve your awakening and get into this, but you people are involved in small-small things. It is all useless talk like someone says that "Sir, I am a Christian. I don't agree to it. I am so and so. I don't agree to it." What is the benefit you will get by disagreeing? In all the religions it has been written that you have to get your Self-realization. Without Self-realization, you cannot know about God. This is the absolute truth, and until you achieve it you will be restless; you will be worried; you will have problems. But as soon as the Ocean of Love starts overflowing and pulls you within yourself, you will think you don't know how this has happened. Many Sahaja yogis have asked Me whether our past life karma was so good that we could achieve this thing. I said, "Don't talk about past lives. Talk about this life only. In this life, you have got your transformation, and accept this transformation with utmost humility ("sar ankhon pe"), and because of this, all the work that needs to be done, do it with love." 26.25

Some people can be bad. They get into Sahaja Yoga, no problem. You don't have anything to give and take with them. Your give and take should only be with God Almighty, the supreme consciousness. It has so much fragrance – there is no other path like this. Because helpless people who came before, incarnations, gurus, first were not able to give your awakening, and another thing is that you were not capable of understanding them. This is something that reaches to the wisdom of the general public. One simple work is to awaken the Kundalini. For this, there is no need to see any caste, creed or anything. All this is meaningless talk, is meaningless rebellion ("vidroha"). All the relationships amongst each other, the love, you must understand in different ways, in which there is no greed, no infatuation, no jealousy ("matsar"), only love, and love is there. Such is a relationship that gets developed with others in Sahaja Yoga, and if anything is lacking, then you can clear it by meditation. You have the right to lead a pretty ("sundartam") great life like this, and you have to achieve it. 27.51

India is the land of yoga ("yogabhoomi"). Here, whatever happens, useless things are always happening, but still, this is the land of yoga, and it means that in this land of yoga, the glory of the consciousness ("Chaitanya ki mahima") is the maximum. The consciousness is spread in all four directions. Now you talk about pollution, but I can see the consciousness ("chaitanya") in all four directions. Where you all are sitting, there is a lot of consciousness around. As and when the Sahaja yogis increase, all these things, like pollution and other such things, will automatically be destroyed. These words I am saying, please keep in mind. Now give attention to your own life. What are we doing? How are we living our lives? Night and day we are worried about money, night and day we are worried about useless things, or are we sitting and putting our attention towards ourselves and seeing our own

dignity, seeing our greatness, and along with that, we are seeing the flow of our love being spread all around the world. All these things are the ultimate duty of a Sahaja yogi. For this, you do not need to give any money. There is no need to do anything. All this work will be done in the right way, but one thing we have to do is to know about ourselves completely, how great we are, what specialities we have. 29.17

Today, you people have come here on this day. Many people have taken the trouble to come here. I heard that some have come from outside. There are no proper facilities here so that I can do some arrangements for My children. But I see that they are filled within themselves ("samaana") and are doing well ("vyavasthith"). How everything is happening, we don't know, because the oneness of the collectivity, its form, in this oneness you are enjoying yourself, whether you're sitting under the pavilion ("mandap"), whether you are sitting near the river or you are sitting anywhere. When four Sahaja yogis meet, they start enjoying themselves. All this is the evolution of happiness ("anand ka pradurbhav"). The happiness spreads within. Its place is within our heart, and when we achieve this happiness within us like you have been told that in Sahasrara it becomes complete joy ("nirananda"). Nobody can say this is happiness. "Nirananda", complete joy in everything, in small-small things, in big-big things, in everything you get happiness, and when your sight falls on things which are wrong, which are harmful to the society, due to which people are becoming sad, you will be amazed that your attention will be implemented ("karyavith") and your attention will remove all such negative things. Your attention should go there, but if your attention is on yourself, then it is useless because this attention is enlightened. Wherever you put this attention, on anything that you know, immediately that thing can get rectified, collectively. But we have to keep our attention clean. If our attention is entangled on nonsense things, then it cannot be implemented as much. But if our attention is filled ("plavith") with the ultimate power and is blessed by it, then the attention can do so much work. Wherever you go, you will be amazed. Only yesterday we thought about it, and today the work is done. And on a large scale, in a large collective manner, the work will be done. To think that we are only two or four Sahaja yogis. So what about us? You are not only two or four Sahaja yogis. You are many in every country, and everywhere you people are settled. 31.51

End of talk in Hindi

Transcript of Talk in English

31:52 to 35:24 [Mother talks in English]

I am sorry I have to speak in the Hindi language because there are so many people who know only Hindi. But I am sorry for you because I won't be able to meet you again as you are going away on the tour. What I was telling them is that whatever you may be taught through religion and whatever they might frighten you that you will go to hell and this will happen, that will happen, whatever it is, people are not afraid of it. And what do they want? They want that whatever they have to do, they'll do it. They are not afraid. The fear has gone. The fear of God has gone; the fear of sin has gone. All this is finished. And that's why it is important to understand that we have to become transformed into a new personality. This personality becomes the Ocean of Peace, the Ocean of Peace, and with this peace, you can spread peace. And when you are peaceful, you see the reality of your life, the beauty of your life. Then you understand that others are also as beautiful as you are.

Now all this destruction, the wars, all kinds of thing that are going on, because we think the others are there and we are different. We are all one, tied together in one thread. Even the Mother Earth is a part and parcel of that. All the stars and all these heavenly bodies are part and parcel of that, and we are one of that. 33.39

So this has to change. The world has to change through you. You are the catalyst. Through you, it will change. Not by talking about it or by threatening people or telling them stories. All kinds of things are going on in this world. It is the transformation which is very important, and that is so easy to get because you are seekers. You are seekers of truth. You know it's very easy to get and to be experienced. In that, when you experience that peace within yourself, people see, they are impressed, and you can spread peace. Peace is only possible if there is genuine divine love flowing within you. Otherwise, talk of peace is all useless. I've known people who have got Peace awards; I don't know why they got it. They have no peace within. You must have the peace within, and that peace is only possible when you are transformed into a new being, a new personality. All the prophecies are

there. All the scriptures have talked about it. All the incarnations and all the saints have talked about it. That transformation is at hand. If you want to have that transformation, it's not at all difficult, but you must know you are capable of getting that transformation very easily and retaining it. 35:09

I am sorry now you will be all going on the tour and I won't be travelling with you this time, but I hope you all enjoy your travel and enjoy the art and beauty. May God bless you all! 35:24

End of talk in English

Transcript of Talk in Hindi

35:55 to 35:30 [Mother talks in Hindi]

May God bless you all! 35:30

End of talk in Hindi

Transcript of Talk in English

35:31 to 35:33 [Mother talks in English]

I am so very happy to see you all here. 35:33

End of talk in English

Transcript of Talk in Hindi

35:34 to 38:53 [Mother talks in Hindi]

I am so very happy to see you all here. I could not even think that Sahaja Yoga will spread so far. Today I can see it. And now I have got high hopes that the world will now change. Undoubtedly it will change now (Sahaja yogis are clapping in the background). Today's program is very small, to give you your Self-realization. So many realized people are sitting here, that there is not quite a necessity, but if you want then it can be done easily. In India, it is very easy to give realization. But outside, My hands and legs used to hurt. It is very easy here because you don't know on which land you all are sitting. This land is very great, and the person is sitting on this land which is an extremely holy thing. Our country is very pure, and this country has many holy and religious powers which are helping you. You don't know that people of India, whatever you say, some are very spoiled, they have become rotten, but in a particular way, they are more religious. Because of that, I have seen that thousands of people can get their realization instantly, but the capacity to go into depth is very low. Like these foreign people will take much time. They had not heard that something like this can happen. They take much time to get their realization, but when they settle, they go deep. They settle like each one will become one diamond. All these things should be there in you. Half unfinished work is not good. So I request you all again you get your realization, but after that, you have to meditate in this and get into the depth and progress in that, and when you give realization to others, you will experience happiness in that. There is nothing better than this, there is nothing more pleasing than this, and you must have seen that many people have given realization to others. They have awakened their Kundalini and they have transformed them. Like these things are there. 38:18

In Italy, one mafia leader came to meet me and started saying to Me, "Mother, please give me my awakening." Then I asked him, "What will happen to your mafia?". Then he said, "What is the use of this mafia? There is nothing in it, and I don't want it. I want to go into God's mafia." Then I replied, "God does not have any mafia. In the court of God there is only love. There is nothing else." And that person got his realization, and he has closed all his mafia in that place. Like this, slowly, slowly, many things will get right. (Mother clears her throat). 38:53

End of talk in Hindi

Shri Mataji is now beginning the program of Self-realisation 38:54 to 46:39

[Mother talks in Hindi]: Now all of you keep the hands like this towards Me.

[Mother talks in English]: Please put your both the hands towards Me, please.

[Mother talks in Hindi]: Both the hands towards Me like this, straight, and now on the fontanelle bone area. Keep your eyes open. No need to close your eyes. Keep your right hand on the fontanelle bone area. Keep it like this, above your head, on top of your head. On the top of your head.

[Mother talks in English]: Please put your right hand on the top of your fontanelle bone area, a little away from the head, not on the top, I mean touching the head. Please hold it, and put the left hand towards Me like this. You can feel a cool or a hot breeze coming out of your fontanelle bone area. It may be cool or hot. If you are overactive, if you think too much, you will be hot. Just see there will a cool breeze coming out of your fontanelle bone area. Now please put your right hand towards Me, bend your head and see for yourself, if there is a cool or a hot breeze coming out of your fontanelle bone area.

[Mother talks in Hindi]: Now, put your left hand on top of your head, comfortably keep it, and bend your head and see from within you. From inside, because of your Kundalini awakening, a cool or hot breeze is coming from your head. Collectively, it will work faster. Now move your hand. Sometimes you have to move it above your head, and some may get it at some height, some may get at a lower level. Move your hand around and see. Now, left hand towards Me and right hand on your head, above the fontanelle bone area, which was the tender part when you were a baby, on the top. Put your right hand above.

[Mother talks in English]: Now please put your left hand towards Me and put the right hand on top of your fontanelle bone area, which was a soft bone in your childhood. Try to see if there is cool or a hot breeze coming out. Now lift both your hands high like this, please.

[Mother talks in Hindi]: Everyone lift your hand up like this, and bend your head backwards and ask Me one question, any one of the three questions, three times.

[Mother talks in English]: Please raise your hands, towards the sky and you have to ask one question out of the three questions, whichever you feel proper. Now the first question is:

[Mother talks in Hindi]: Is this the power of Adi Shakti?

[Mother talks in English]: Is this the cool breeze of the Holy Ghost? Ask this question.

[Mother talks in Hindi]: Mother, is this the All-pervading Power of God ("Paramchaitanya")?

[Mother talks in English]: Please ask the question, is this Paramchaitanya, the All-pervading Power of Divine Love? You can ask the question, "Is it Ruah ("Spirit")? Mother, is it Ruah, as described in the Quran?"

Ask any one of these questions, three times.

[Mother talks in Hindi]: Out of this ask anyone question three times. Lift your hands up and bend your head back. Now put your hands down. Again, put your hands towards Me.

[Mother talks in English]: Please put your hands again towards Me, and don't think because the first thing that happens is that you become thoughtlessly aware.

[Mother talks in Hindi]: After this, when the Kundalini crosses the Agnya chakra, then you will enter into the thoughtless awareness state. You will be fully conscious, but you will be thoughtless. Thoughtlessness is very important. Please put both your hands towards Me and try to become thoughtless.

[Mother talks in English]: Please put both your hands towards Me and try to become thoughtlessly aware. Now see if there is a cool or hot breeze coming on your hands or your fingertips or out of your fontanelle bone area.

[Mother talks in Hindi]: Now look at your hands, whether you get a cold or hot breeze coming out, which are called as vibrations ("chaitanya lahiri"), or vibrations are coming in your fingertips, or in your palm, or from your head, which is called as the "Brahmarandra" (fontanelle bone), coming from it. Now some of you have experienced it.

[Mother talks in English]: Those who have experienced it.

[Mother talks in Hindi]: Please put your both hands up.

[Mother talks in English]: Please raise both your hands.

[Mother talks in Hindi]: Countless ("Ananta") blessings to everyone, every, every person who is sitting here, each and every person.

[Mother talks in English]: May God bless you all. May God bless you. Everyone who is sitting here has got it. May God bless you. May God bless you.

[Mother talks in Hindi]: Countless blessings, and more blessings for children. Put your hands down. All of you are realised now. But now going forward by making a little effort, you can clear your chakras as well. Your problems should be solved. Now when we will meet again, I hope that twice the number of people will come here. I hope you all are always happy in this Ocean of Joy. Countless blessings. [Mother talks in English]: May God bless you all. 46:39

1997-1224, Evening Program and Talk on Christmas eve

View [online](#).

24 December 1997

Evening Program

Ganapatipule (India)

Talk Language: English | Transcript (English) – Draft

Ganapatipule (India), December 24th, 1997

(Music played on tape; then Shri Mataji says the following ...)

I wish you all very Happy Christmas and very, very, very prosperous New Year.

I am Myself amazed at these people who have come to the Academy and have picked up this difficult Indian music so easily.

Some of them have been only for two months. Imagine, people spend all their lives learning classical music and how these people have picked it up so fast.

I mean, they say it is due to Sahaja Yoga but that is really a miracle, really a miracle.

Even the Indian music sung by Indian musician here today amazed Me the way they have been singing like great Ustads and I just don't know how they have done this, and how they have achieved this, because I know in My family there was too much of music and those who were interested used to get up in the morning and practice every day for three hours in the morning, and three hours in the evening; while I find here the people coming from countries where they don't know a word about Indian music, picking it up so fast. Maybe - I just can't explain - maybe their previous lives they might have been in India or maybe.... that they are so talented.

I can't explain, because this is really, if it is due to Sahaja Yoga, I must say, Sahaja Yoga is something that creates miracles within and without.

I have seen only the miracles without, but now this is the miracle within that people who have never sung Indian music, have never heard about Indian music, are picking it up in one or two months or three months.

Impossible! If you tell somebody, they won't believe it!

Now, today's program is over but tomorrow I will see you. At 12 o'clock we'll have our Puja, and afterwards, in the night, you can have another program if you want.

But we'll have our Puja in the daytime would be much better, though Christ was born 12 o'clock in the night, but I'm born 12 o'clock in the daytime.

So with this praying and worshipping, you really know that in Sahaja Yoga we respect all the incarnations, all the prophets, and all the religions in their essence.

This is something so great about Sahaja Yoga, and that you all have accepted it is even greater.

So may God bless you all. Hope to see you tomorrow for the Puja. May God bless you.

Tomorrow evening I would like, or maybe morning time, some of the leaders from the West to come down to decide about what Pujas they will have on behalf of their country.

So some of you if you could come, I'll be thankful. Tomorrow, about say 9 o'clock? Or 10 o'clock. Thank you.

1997-1225, Christmas Puja: You have to be loving, affectionate, kind and disciplined

View [online](#).

25 December 1997

You Have To Be Loving, Affectionate, Kind And Disciplined

Christmas Puja

Ganapatipule (India)

Talk Language: English, Hindi | Transcript (English) – VERIFIED | Translation (Hindi to English) - Draft

Christmas Puja. Ganapatipule (India), 25 December 1997.

Christmas Puja, Ganapatipule (India), 25.01.1997

[Translated from Hindi]

Today, we are here to celebrate the birthday of Shri Jesus Christ. Jesus Christ's life was very short and He spent most of His time in India, in Kashmir. He went back just for last three years and people fixed Him to a cross. It was somewhat destined. To open Agnya chakra He had to offer this sacrifice. So in this way He set up Agnya chakra. Agnya chakra is very constricted small and not easily openable because a human being got freedom that made him egoistic. This ego constricted his Agnya chakra. And from that constricted Agnya chakra it was necessary to take out ego And to take out ego you have to control your [MAAN - Mind]. But you do not take out your ego from your [MAAN] As soon as you will try to take out your ego from your [MAAN] the [MAAN] will go on increasing and the ego will go on increasing [AHAAM KAROTI SAHA AHAMKAR] We do ! It means that if we try to minimise our ego the ego will shoot up because we will try to do so with the help of ego only. Those who think that to our ego will suppress will eat less food worldwide violence one standing on one foot and some on their head Every type of experiment people do to destroy their ego But it does not suppress the ego. It shoots up. To fast, to do [JAP TAP- rituel] everything shoots up ego ! Havana also gives rise to ego ! Because Agni is right sided. Whatever karmakand we do, rituals we perform gives rise to our ego. For the past thousands of years human beings have been doing the same type of karmakand. Everything inside out whatever has been taught, is he doing. This is why Sahajyoga is against karmakand. There is no need to do any karmakand. And to go to the extremes is all the more bad. As I said that to take away your ego you, in Marathi is called [' JODE PATTI'] beat 'it' with shoes. So daily in the morning Sahaj yogis move out in a line with shoes in their hands. O.k ! but if you have ego, then only Every one is going out with a shoe in his hand. All this karmakand penetrated into Sahajyoga too. So much so that from France a gentleman came from Vashi hospital and got this karmakand from there. It is for sick people. If you have this trouble, then you do this karmakand The karmakand of cancer are written in that. I said it is human being's nature to do karmakand because he thinks that he can do it because of my karmakand, work will be done and in this karmakand not only you in foreign country also many people go on doing karmakand of various types. For example will go to church once a year. means today after that they don't take even the name of God. after doing all the dirty jobs of world and go to Catholic [DHARAM] (officially, legally) and make confession If you can see this foolishness, then will be a Sahajyogi. If you can understand that this wrong act What we have done is wrong and now onwards this act is not to be done. If you can understand this your brain will retain it Now Karmakandis have got all the more qualities. One thing is that they are misers number one. If you talk to them about ten rupees they start jumping into the sky. That is called in Marathi, 'KODI CHUMBAK' (Stick, sticky) One thing is that in Marathi there are such words That your ego will dissolve easily. For example somebody talked high of himself, i did this, i did that tell him in a low voice 'You are climbing a chickpea tree'. A chickpea tree doesn't exist ! [Shri Mataji speaks in Marathi] So he cools down. I did this, i did that, i Till this 'I' ness doesn't go till then our recognising Christ is wrong. But it is surprising that what is called Christian Nations where there is christianity more than them egoistic I have not seen particularly English. American everybody is so much egoistic that can't understand these disciples of Christ. Now what is the remedy of this ego? that should be thought It's remedy was Jesus Christ and He has taught that now love everybody love your enemies too. It's remedy He said was 'Love'. and apart from 'Love' there is no remedy. But this 'Love' is the 'Love' of Param Chaitanya. He said clearly, 'Seek yourself'. knock the door and the door will open ! It doesn't mean that you go and knock the door. It means open the doors of your heart. A person whose heart is small those who are misers that person can never be a Sahajyogi. And another thing which is very important if you get angry it

means that you have too much ego. I have seen absolutely angry volatile people And they feel elated saying, 'I am a very angry person'. Such people cannot be in Sahajyoga. Those who know to 'Love' and that too 'Pure Love' and that too such 'Love' where there is no expectation no desire those who completely know to love selflessly only they can be in Sahajyoga. Egoistic people do wrong acts. I am tired of them. They will start something on their own and they won't even tell me. and by doing so Today thousands of questions have risen Today it is worth saying that in Delhi once they on the day of some puja hurriedly told me that we are getting land only this much. How much did we charge ? How is that going to be ? How is the land ? Nothing ! And no Sahajyogi told me. Because if tomorrow somebody says, 'Mataji has said so' leave that person. If I have to say something, I will tell myself. After that we had so many meetings, I didn't say anything. Now those who have given them money are holding their heads that they have been cheated ! How to get back that money ? Without asking Me all the work Absolutely without asking Me. The land is so bad that they have received a notice that you cannot construct anything here. On the contrary you will be arrested Every Sahajyogi has right to tell Me and ask Me they made a society of their own and became mad that they are getting land It is such a bad land It is said that you cannot grow even a chicken Are the Sahajyogis even worst than chickens ? Now whatever has happened is foolishness ! and for that I am not responsible. But you ask for your money back. It is none of My responsibility. Jesus Christ had said that those people make houses live in houses they should watch birds he makes his own [GHARONDA] (addicted to her house, stuck to her house) with how much love they make a small one for their ownself and when they make their home they feel a great joy in constructing that home He explained it in every way that you give up attachment. This is my house. This is my land. They are my children. Even this much that it is my country. This attachment should be given up. Then only you can be great. In the whole world you are brothers and sisters. It doesn't mean that you give up devotion to your country. Not at all ! If you are not devoted to your country you can't do anything. Within you there should be devotion to country. But the same devotee to country becomes devoted to the world. If there is no devotion to one's country if there is no drop, how can there be a sea ? first of all whether there is devotion to country, is to be seen first of all. If you are working against your country you are not devoted to it. Jesus Christ had no need to go back. He had said also That there live such people Those who have the desire of only [MAL] (dirt) are [MALECH] (the person full of dirt) But Shalivahana told Him, 'No ! No, you go'. ' And teach them [NIRMAL TATTWA] the principle of purity. He went to teach them [NIRMAL TATTWAM] and they put an end to His life. It is mad people's country. He didn't need to learn anything. But had to teach something. That is why He went there. and for the same reason His end was this way. But 'Wiseness' and 'Forgiveness' 'Forgiveness' is the only mantra which can open Agnya chakra. If against anyone you have any ill feeling against anyone anger or if there is a tendency to be violent against anyone your Agnya cannot be up to the mark. Whatever you have to do you have to do with love. Even if you have to say something to anyone you have to say so that his life becomes 'NIRMAL'. It doesn't mean that you spoil your children. To children you have to perfectly discipline If you cannot discipline children your children can never be good Sahajyogis. And for that you must be yourself disciplined. If you are not disciplined yourself you cannot discipline your children. About Jesus Christ's life very little was written. But He was so disciplined In this way tolerated and from His life He showed He didn't need to be married He didn't marry It doesn't mean that He was against marriage. People have such wrong notions And that is why they have self made notions the women who are called 'NUNS' were married to Jesus Christ He was Sakshat Ganesha ! How can anyone be married to Him ? Apart from that Men also no to marry such unnatural/ uncultural concepts were taught..... With that everyone can be kept under control but one cannot become Christian. like such [KRITRIM (artificial) BANDHAN] to cover oneself today Chritian religion is losing its importance. They forgot Jesus ! and created a religion out of their own and call it Chritian religion. The Christian religion of today Looks like a blot on the name of Jesus ! Because I was born in this religion I saw the ins and outs of this religion. The same is the case with Hindu religion. In Hindu religion you cannot be communal at all. Because your various gurus, real gurus like Datatreya etc., and Nathpanthies are your many incarnations and your Sayambus are many. You don't have one book. You have number of books. Only Jesus and Bible They can be fundamentalists. And they can be Yahudis also And all the three are related to each other. It is written in books. But a Hindu can never be communal. Because some have some guru and others a different guru. Some adore Mahalaxmi. Others Renuka Devi. Some to Krishna. So, every person every family individually adore incarnation, books. As such there is no book which can be called as Holy Bible. So to all the religions a Hindu should pay respect. The capacity of paying respect is maximum in Hindus. Once we were in a hotel, there was a Bible. They keep a Bible [IN THE ROOM] whether somebody reads or not. That Bible fell on the floor. There was one Hindu with us. He picked up The Bible, put It on his head and then on the table. They will never touch The Bible with their feet. The Christians will do so. A Hindu will never do so. To respect everybody is Hindu's Dharma. But those who have come out of it are very very strange. Those who are our politicians such people have taken birth Asmushrooms come out in monsoon same way some people have come out. But they are not Hindus. They don't know anything about their [DHARMA] religion. North Indians don't know it at all. and those who are South

Indians They know that bramhins have to be given money here and there have to do this and that [RITUALS]. In this Maharashtra there is nothing else than karmakand. They are so karmakandi. In Maharashtra I have worked very hard. Everything was waste. Because they are very ritualistic [KARMAKANDI]. They cannot give it up. Here is the temple of Siddhi Vinayak The Ganeshji that is there I have awakened that. Now what do I see that there one mile long long lines one mile long are standing on Tuesday. Gneshji too must have slept. The ritualistic people of this type are in Maharashtra. Because of that Karmakand their temprament has become hot. And in North India also I have seen that some people are Karmakandi. And those who are Karmakandi they have lot of anger, are hot tempered. And those who are not in Karmakand are very cool. So the first thing is Stop ritualism. But respect everything. Stopping ritualism doesn't mean to kick everything. This balancing was taught by Jesus Christ. Without this balance your Agnya Chakra cannot open. Everbody's respect and unnecessary ritualism in which wrong people are growing Now a day's false gurus They exist because of ritualism [KARMAKAND]. They will say you give so much money, do this do that. Do Havana 108 times daily read these names, those names giving you mantras doing this that These are Karmakandis and teach you Karmakand. Completely against which is Jesus Christ. Which He knew that by doing Karmakand a human being becomes egoistic. and to crack this ego To Karmakand He had forbidden tottaly. had forbidden totally. The same way, in the name of God anyone earning money was objectionable to Him. On the contrary reverse process started. Earn money and consume. They don't give up earning but [believe to] earn money and consume. It doesn't solve any problem. Today in Sahajyoga work We should remember how much money we paid for Sahajyoga work. How much money did we give? Jesus Christ had twelve fish killers. Even they spread in the whole world by working hard. Today you are so many disciples of mine. And if you want you can give realisation to so many people. Can introduce so many people to Sahajyoga. But the people should not be half baked. They should be deep. Unless they are deep, they cannot understand. And for that the greatest thing is that how much we love them. And how much love they give to others. Anyone who is a leader in Sahajyoga he should remember first of all that the teaching of Jesus Christ to love everybody Am i doing that ? I shower my anger over everyone. I keep everybody under control I express my anger with my eyes. This ego is very much not only against Sahajyoga but his destructor Whosoever is egoistic should lessen it and replace it with love Life will be a pleasure. Life will be beautiful ! If you don't know how to love then for a few days you come out of Sahajyoga. First you open the doors of your heart. With that only With its Shakti only Sahajyoga will spread. The question is that those who spread Sahajyoga they have the Shakti [Power] of love less and the Shakti of anger more. It will never spread. With love it will spread And with anger it will minimise and diminish. The teaching of Jesus is necessary for us to understand. Sorry I had to talk in Hindi language because most of the people here are Indians Some of them are Marathis and others are from North India. I was telling them about Christ. What was His power ? His power was of 'Love'. And not of anger Because He is the one who has crossed the most difficult center of Agnya. Those people who have ego never realise they have ego With their ego they do all kinds of nonsensical things. Without asking Me they have done something in Delhi. Without asking me they have done something in Russia. And it is so destructive to Sahajyoga. that they don't realise what they have done is the crime which is punishable by all Divine laws. If you want to do anything you must tell me beforehand. You must consult Me you must talk to Me Because I know what is happening. You don't know if somebody wants to cheat you. Then how will you know if you were so sensitive you would find out You would have asked Me, 'Mother what should we do ?' At least ask Me. This is the main thing missing among Sahajyogis now that we have a kind of a very subtle ego. If you make somebody a leader it is very dangerous sometimes if the leader developes ego because of his wife. It is a very difficult thing. They can destroy Sahajyoga completely. Anything is possible. So before you do anything like that you have to consult [Me]. I am still living and you can ask You can write to Me, you can telephone too. Atleast I am there to tell you but then you have to develop your balance and your love.

[English Transcript]

I'm sorry I had to talk in Hindi language because most of the people are, here, Indians. Some of them are Marathis and others are from the north of India.

I was telling them about Christ, what was his power. His power was of love and not of anger, because he is the one who has crossed the most difficult centre of Agnya.

Those people who have ego never realise they have ego. With their ego they do all kinds of nonsensical things. Without asking me they have done something in Delhi and without asking me they have done something in Russia. And it's so destructive to Sahaja Yoga that they don't realise what they have done is a crime which is punishable by all Divine laws! If you want to do

anything you must tell me beforehand, you must consult me, you must talk to me because I know what is happening. You don't know if somebody wants to cheat you, then how will you know? If you were so sensitive you would find out. You would have asked me, "Mother what should we do?" At least ask me. This is the main thing missing among Sahaja yogis now, that we have a kind of a very subtle ego. If you make somebody a leader it's very dangerous sometimes if the leader develops ego because of his wife. It's a very difficult thing. They can destroy Sahaja Yoga completely. Anything is possible.

So before you do anything like that you have to consult. I am still living and you can ask me. You can write to me, you can telephone to me. At least I am there to tell you. But then you have to develop your balance and your love. That is only through this Paramachaitanya. With this All-pervading Power of Divine love, you can develop that discretion, you can develop those special powers.

Even if somebody telephones to me, immediately I know what's wrong with the person. I don't say that you can become like me but at least you have vibrations, to see. Also see your own vibrations, how are you moving. Put a paper on your hand and you'll see, it will start shaking before my photograph. With this ego you cannot go further.

Why did you come to Sahaja Yoga? You came here not to become some sort of a leader or some sort of a king but you came here to become a great Guru, as you asked me, "Gurupada dijiye." For that you have to have, in Sahaja Yoga, a complete humility, natural humility, natural balance. This is what Christ has taught us.

At that time I don't think people had that much ego. Ego is a modern 'present' to you. People get ego out of anything. For example, I met one lady once and found her ego very bad, I said "What's the matter with her?" So I asked my daughters, "What does she do?" they said, "Mummy, she knows how to make dolls." For that she had ego. What is so great than to be a good Sahaja yogi? You may be the king, you may be anything. Now you see the prime ministers, and all of them, going to jail. What have they compared to you? They have no balance, they have no sense. What makes you as separate individuals, higher people? [It's] because you have no ego.

Now people try to remove their ego, there's two types: so they will go on beating themselves with shoes. All kinds of ritualistic things they do to remove their ego. But all this you do with your mind! Whatever you do with your mind will give you ego only. They become ascetic, they are the greatest egoists I must say. Hitler was the greatest ascetic, with his asceticism he became Hitler. If you want to become Hitler you become ascetic. In Sahaja Yoga you are not allowed, at all, all this asceticism. You have to be loving, affectionate, kind and disciplined. I must say this because when you are loving you go out of bounds sometimes because you have no discipline of Sahaja Yoga. 'Loving' doesn't mean that you become like a Romeo and Juliet, it doesn't mean that. You must have your balance through your discipline. If you have no discipline you can never be a good Sahaja Yogi.

From the life of Christ we have to learn these things, that, unless and until we have these things we cannot become good Sahaja yogis.

Firstly ritualistic nature, secondly anger, thirdly miserliness. Like if you go to England it's written there, "Save pounds by taking a taxi." This is what it is: miserliness, where can we save money. "Mother, can you give concession?" It's not some sort of a business I am doing here. "If you make it half price so many will come." I am not using your money. I am using it for your buildings. All this I've got it (land and buildings of Ganapatipule). Of course my money also and your money. So many things I have done, the whole of Vashi, the whole of ashrams, in Delhi two ashrams, then the whole of school, and also land in Poona and other places. Now in Poona they want me to pay the land, to pay for everything, and Poona people are the, known Maharastrians to be great miserly, kunjush people. Even for their own ashram they would like me to pay, for everything! And then nicely go and sing bhajans. You see, they are good musicians that's what they are. But very, very miserly people. Miserly people can never love; they love money. Egotistical people can never love because they love power: to control others. They think they are doing it for Sahaja Yoga, but [they are] not. Unless and until you do something for yourself and your ego, no use working for Sahaja Yoga.

Look at the Christ, he took birth in a very humble abode. But he was The King. And he lived with the poor and tried to save them. He saved the lepers, he saved so many people, there were twenty-one people were cured by him.

Now [with] Sahaja Yoga I don't know how many thousands have been cured. But what is important is, if you are curing, know that you are not curing. It is the Divine Power that is curing. You are not doing anything. It's best to be like that. I feel the same way, I'm doing nothing and I'm Nishkriya, doing nothing. But I'm not lazy. You should be active but all your activity should come from the Divine Power of love. First of all you must extend your hands for love. You extend your heart, extend your money, house, everything for love. Now if your wife doesn't allow others to come in the house throw her out of the house, I don't mind. Teach her how to be kind and generous. The other way round for the husband. It's very important, you have to be generous, you have to be kind and you have to be loving and sweet to others.

Christ only once went into temper, which he had a right to do that, when he saw people selling things in the temple. Same thing we have here (market stalls outside the gate of the Sahaja Yoga land in Ganapatipule). And if you don't go and buy anything from them, they'll be lost. But you only go and buy things from them because you have a habit of shopping. Anywhere people go they must shop, it's a habit. Shopping they must do. They will not see the greenery, the beauty of nature, nothing.

When I went to so many countries with my husband, I had to go and see beautiful places like museums. I never used to shop. But when I have so many children, then I have to shop, so I would go for shops. But not the way that every place is for shopping. What is there to shop here when you have come here for your spiritual growth? In Mecca do they have any shops? This is the holier than holy. Why should you go to these shops, I can't understand. I have told them not to have shops but you people are the ones who encourage. Who encouraged them to make money out of us? Nothing essential to buy there. Now you have come to the holy occasion. Here you have come for your worship.

In our Mahalakshmi temple, there are people who are selling garlands and things for the ladies hair, but they say it is for the goddess and they buy there, all the people who are coming, stupidly, and give it to the Brahmin in the temple and the Brahmin sells it back at a lower price; and his garlands are, I don't know how many times, sold and bought and sold and bought because of the stupidity of the people who go there. If they have to take something they should buy from outside not at the place where you have come.

As it is you went to Delhi, you could have bought there, or you came to Bombay, you could have bought there. But not in this place, we cannot make this place Bombay or Delhi. Otherwise why should we come here? That's why Christ took a hunter and beat them, those who were selling things near the church. Now they don't have. I have seen, near the church they don't have. They have outside. But they sell other things. Like Catholic Church sells a wine called 'Benedictine', imagine. That's another story. Christ went for a wedding and they had no wine, now in the Hebrew language 'wine' means the juice of the grapes, it doesn't mean fermented. So he converted water into that wine. You cannot convert water instantaneously into wine; wine has to rot, has to smell, the more it smells the best it is. But they think that Christ said you must drink! He never said that, he just converted it into wine meaning the taste of the juice of grapes. Once I went to some television and there was a very nice man, in Italy. He said "Mother you first give me realisation". So I said, "Get some water!" I put my hand into it. "Now you drink it," He said, "It is tasting like wine," I said, "This is what Christ did." He got his realisation. Instantaneously you cannot make wine. But if somebody dies, they will drink, if somebody is born, they will drink. At any cost, without drinking, they are not normal. But the people who got realisation are suddenly changed. They don't want to drink, they have stopped drinking, their attention has become nice. It's the whole thing is changed. This is the transformation that has worked: of which Christ has talked, Mohammed Sahib has talked. Everybody has talked about this particular time when people will get transformed. But even after transformation you do not want to become what you have to be - for which you have come here. You will be left behind. There's a big transformation is taking place! In that transformation, also, your rising is taking place. There's a big evolution going on and those who will not evolve properly will be left behind. As it is said that: this is the last judgement. And you will be judged. You will be left behind. You cannot adhere to people who are rising higher. With your weight you'll fall down.

So, for you to understand Christ: it's all his qualities you must have. If you are hot tempered, alright go and beat yourself with shoes, but if you are not then you need not. You must know what you are. First of all introspect. Accordingly you should work it out. But this ritualism is not allowed in Sahaja Yoga all the time. I would love all my children to be extremely loving and collective.

Not to denounce anybody for no rhyme and reason. And if you have to denounce you should tell me. I know what is what. Without asking me you should not measure up somebody and say, "I've measured somebody." With what? What is your yardstick? You, yourself, are caught up in the web of ego. You cannot condemn anyone without telling me. You have to tell me. Don't worry that this will disturb me or anything, but you should ask me.

I know about everyone, maybe I have not met that person, but I can feel the vibrations. You can write to me. Many people just telephone - that's not the way! You must write to me because I read each and every letter. But all nonsensical letters you should not write also to waste my time, like, "My father's, mother's, mother's, this thing is sick or is dead and her bhoot is moving about." All sorts of funny letters come to me. What can I do for such people? That's not important. Or, "I need money, I have no money and I'm depending on you for money so please send me money." (laughter) You can ask on my photograph. If you are a good Sahaja Yogi you don't have to worry about money also. Or, "I have no child Mother, what to do? I want to have a child." Those who have a child, ask them what do they have to say!! So many have got children after coming to Sahaja Yoga but you must deserve it.

So many miracles have taken place, so many people have been cured, no doubt. But that doesn't mean you have done it. Don't get into the trap of ego. That's most dangerous. If you destroy Sahaja Yoga, you are destroying yourself.

So, today, you all have to promise in your heart . Put your hands to your heart and to say now, "Mother we'll love. We'll spread your Divine love, encompass the whole world. Give realisation to all the people. We'll not shout. We'll not be angry. We'll not do all kinds of rituals. But just surrender, surrender our ego to you." Surrender it, surrender your ego: all your problems can be solved. Because as long as there is ego this Divine power doesn't take over. You may do anything, you are not connected, your connection is missing, Christ is missing, he is no more there. To establish him first of all you must show how you love, but that doesn't mean that you love your wife, love your children and love your house! You have to love everyone. Try to make everyone happy. That's why I like music because through music you can spread vibrations. It's a very good media of spreading vibrations, of loving vibrations. But those who are musicians have to be loving people, not hot-tempered, not showing off, not thinking too much of themselves.

All this will work very well if we understand that this Divine Power is so powerful, and, no doubt it is love, no doubt it is truth or no doubt, if you get out of it you'll be caught up by anything and you could be finished. It is a very, very powerful, effective, and absolutely conclusive power you have within yourself. And thanks to Christ that crucified himself, sacrificed his body for our sake, that our Agnya is opened, otherwise I could not have done this Sahaja Yoga. But in this area we have Buddha, Christ and Mahavira, and they had to do tapasya, tapaha. They did it. You don't have to do now, they have done for you. Now, see, I saw the musicians yesterday, in two, three months they have learned so much. Otherwise, formerly, all the musicians I knew for Indian music had to really starve for months together, they had to practise for years together [and] they had to bow to their guru. That's all over now because of this Paramachaitanya and your power to be one with the Divine. This Divine power can transform you completely to such an extent that anything that you want to do you can do it in two, three months.

In Pune when they were singing once, foreigners, as we call them, with respect. In India 'foreigners' means respect, not like other countries. So they were singing [and] there were some very great musicians who had come and they told me, "Mother, we put down our head to them because how could these people, who don't know a word about Indian music, have learnt it so well?". "And the pronunciation of this Marathi language is very difficult but they are so good at it, it's very surprising." Now all this has happened in your presence, in your presence.

It's nice you have balloons here to celebrate Christ's birthday and all these balloons in your heads, of ego, should be burst, should be finished.

And I'll be happy if you could learn Hindi language. I know English maybe not so good but best is to learn Hindi, if possible, because there are already fourteen languages in India and so many languages in other countries. Every country has a different type of English language. If you go to America I don't understand their English for at least two or three days because they go on taking their tongue and their lips on one side and then on another side. English, and the French is another point. So best is to

learn Hindi, and that too, a good Hindi, not Sanskritised (sic), but as they say "Roz-marrah ke" - day-to-day Hindi, because I feel better if you all understand what I am saying. It's not difficult because you are all Sahaja yogis, you can learn Hindi in no time. I'm not saying learn Sanskrit! But Hindi is very easy. It's not my mother tongue. I have never studied Hindi language, never. But it's a very easy language to learn. But, as my Father told me, "Never teach Hindi language to an Englishman." I said, "Why this advice?" He said, "There was an Englishman who was after me that I should teach him Hindi." So he said, "I have to tell my servant to open the door or to close the door. So to open the door he said you say, "There was a cold day" - means "darwaza khol de," And for closing the door, you have to say, "There was a banker, " "darwaza band karo." But now it's different. They'll pick up Hindi very quickly, very quickly; I can see that. If they can learn this horrible Indian classical music, which is so difficult, so easily that will happen. They can learn Hindi in no time and make me happier with that, not because Hindi is my language, it's not, it's Marathi. But Marathi [is] very difficult. I don't think you can learn Marathi. It's very precise. I think that it's one of the best languages to put down your ego. That's why Maharashtrians are normally not egotistical because in their language there is built in process. For example, somebody is boasting, that, "I have done this, I have done that." So in Marathi they will say, "Don't climb on a bush or the tree of chana," which is so big as that (very small bush). Then the person is finished! Like that there are many words by which you can put down the ego of the man on his face. So Marathi language has so many advantages. But I would not ask you to learn Marathi language, it's not so easy. But Hindi you should, it is very easy, very easy. But you must know one thing, that in Hindi language there is adab. Adab means modesty and...

Babamama: respect, respect.

Shri Mataji: Respect, but more than respect it is. A style of saying things. Not Urdu, but Hindi of day to day talking, there is respect and a way to address others. All this will give you a kind of a more flexible vehicle to express your love. Because in Hindi language we can never translate, "I hate you," we never say like that, "I hate you." They cannot say because to hate somebody is sinful. So they can never say, "I hate you." Chastity is more in Marathi language but it's a little hard because it has got such, as I told you, idioms which can correct you, just there.

All this is just to request you now, if you can learn this music, which is very difficult, you can always learn a simple Hindi language which is very, very easy and very, very easy to talk.

There are so many things I would like you to know about Christ, but this is a short time in which I cannot tell you, the way he had his own priorities. Though in the Bible he's not described fully, I should say, and whatever it might have been they have reduced it, maybe. And the way they practice Christianity also is shocking. So one has to learn Christianity through the heart, [there's] no other way out. They should learn through the heart, heart of your Mother.

May God bless you all.

Normally after my lecture I give realisation to people - but you all have got it already. You can just put your hands and see for yourself if you have the cool breeze or not. And face yourself. If there is something wrong you must get it corrected. Better, better. Ta puja kara! (marathi: So let's do the puja). Good!

1997-1229, Weddings talk to men

View [online](#).

29 December 1997

Wedding

Ganapatipule (India)

Talk Language: English | Transcript (English) – Draft

You all have decided to marry and you have agreed to marry the wives that we have chosen for you. Now one responsibility you must know [cut in the video].

And if you have still any confusion about this, you should decide not to marry. But after marriage, the responsibility is that you make it a happy, joyous marriage.

The key of the whole thing is that your wife is also a Sahaja Yogini, and don't try to find faults with her, but find the good points in your wife. That will make you happy and will make her happy. So, I don't hope that with sixty people here, or sixty-five, that there will be problems for Me after the marriage.

You can decide now if you don't want to marry, you can decide now and say, "No". But afterwards, you should not try to find faults.

Secondly, you have to protect your wife, that's your status, that's your – I should say- that's your pride. You have to protect your wife.

And thirdly, you are a part and parcel of Sahaja Yoga activity and collectivity.

All these things, I want to tell you again and again, so that there is no more problems for Me. After you are married, you must know how to enjoy your sahaj married life.

May God bless you all.

Thank you very much.

I wish you all [unclear], best of it. [Laughter]

1997-1231, Adi Shakti Puja: Respect Your Wife

View [online](#).

31 December 1997

Respect Your Wife

Adi Shakti Puja

Kalwa (India)

Talk Language: English, Hindi, Marathi | Transcript (English) – Draft | Translation (Hindi to English) - Draft, Translation (Marathi to English) - Draft

Shakti Puja. Kalwa (India), 31 December 1997.

[Translation from Hindi to English]

Today we have gathered to do Puja of the Shakti. Shakti means all the Shaktis and not any one special Shakti. All these Shaktis are situated on all our chakras and without these Shaktis no work of the Devtas can be carried out. Like you know that the Shakti of Krishna is Radha and Ram's Shakti is Sita, Vishnu's is Laxmi. So in the same way the abode of the Shaktis is with the devtas. The Devtas cannot do anything without the shakti. That sole shakti is situated in the center heart as Jagdamba. This Jagdamba shakti is very powerful. You know that She lives as a mother or a wife with the Devtas. Worship of the Shakti means that there will be a Puja of all the Shaktis of the Devtas.

By these shaktis being spoiled our chakras get damaged and because of that all our physical, mental and emotional problems come about. That is why it is important to always keep these shaktis pleased. It is said that the Devi should be pleased. By the awakening of the Kundalini this shakti got another Shakti. There is a speciality in these shaktis, that they become one with that Omnipresent Shakti which is the Param Chaitanya, the shakti of the Adi Shakti. Because of that oneness the shakti comes within. All these little shaktis get integrated with the Shakti. For example if your heart shakti is weak, and when it gets connected with the param chaitanya, then this weak shakti becomes powerful and its message reaches all the shaktis that now there is nothing to worry about as this shakti is now powerful. Shakti is in the form of the female nature, and the devtas are Male nature. So to respect a woman, to treat a housewife (gruhlaxmi) as a gruhlaxmi, is very important which the men have to learn. This does not mean that women should always give lectures or get angry. Women should like a gruhlaxmi look after their husbands, children and their homes. She has just one work. The husband has a thousand things to do. So they must marry properly and look after her is very important. The work of the husband is to treat the wife like a devi, like a shakti of the home. And the relation with his wife should be calm and pure.

Man thinks that because he is a man he can do what he likes. This is a very wrong thinking. By doing this troubles come to him. If you trouble women then the devtas do not live there. A woman of the house should not be obstinate. She must keep her husband happy, should keep her house properly. The woman of the house (gruhlaxmi) is the shakti of the house. So in a way there should be a very deep oneness with her. When this gets disrupted then a woman leaves her wisdom and gets upset, and sometimes she can be like a bomb, will quarrel; by this a bad influence comes on the children and the society starts breaking. When society breaks then the children will break. All wrong things will come into them and they will go astray. And the discipline of the home gets spoiled. In the house where there is no discipline the children get ruined, the society gets ruined.

Today what is happening abroad? There the woman does not think that it is her responsibility to maintain the society, to live wisely. They are fighting all the time. By fighting, peace cannot come in the house. What should one do to bring peace? One must talk and discuss with the husband, "What is the matter? Why can we not live lovingly with each other by which our children become alright?" In the West they do not want to learn anything because their society has become absolutely shaken up. One woman will marry eight times and become rich. She is only greedy for money. She does not consider herself responsible for the condition of her society. She does not think that our society is my responsibility. Even today our society is still alright and the reason for this is that the mothers are alright. But the mothers should not force themselves upon the children. They should make

the children understand, make friends, think of them as your equal and keep them on the right path. If our society becomes alright then the problems we are in, that we hear that there is bloodshed, bomb blasts, this or that is happening will cease. The reason for this type of fearful life that we have got into, is the mothers of such people. If the mothers had kept their children properly then today they would not have gone out of control, or did such dirty things. They should get such a life which is extremely pure and they always believe in their purity and keep it pure. Your shakti will only work if there is purity otherwise this shakti will finish off. So one should think that the basis of Shakti is Purity. Because when it will have no Purity then the shakti will just sit down right there and you will be powerless. In a country like America I see that the children are just without power. It is said that 65 % people in America will either get sick or go mad. The reason for that is that at home they did not get the Mother's love and affection. A mother's love and affection should not be of the kind that the children get spoiled. In that love and affection we should think that our child should become a very good citizen, a good human being and a very good Sahaja Yogi. If you give your children training with this intention then our society can become absolutely alright. For that there is no need to do much. If the children can meditate for a short time, that's all. But if you give your children freedom, as times today are very bad, then children can go astray. So the women who think we are laxmi, or this or that must know that first of all you are the support of the society. The sight towards society is not of males. It should be of the women. That is why I always say that the women are weak in Sahaja Yoga and not men.

It is very important that women should know all about meditation and Sahaja Yoga. It is very important, because it is only through women that we can make this society alright. Men are busy with governing, and economics. You have no concern with that. You make your children alright. For that you too must meditate daily. You too respect and grow deeper. How many women are there who are so deep. When they meet me they go on crying about their problems. That is why I am saying today that if you are Shaktis then you become in the form of the shakti and try to do good for the society. By this your countries and many countries can benefit. This will become a very beautiful bright example. People will say , " What a great thing". Our country has not yet become like this. In our country so many defects have come into women. One is that one gets very quickly enamored by foreign things. Being too much enamored by cinema, and trying to be like the heroines of cinemas. I had thought of marrying a girl, but heard that she sits in front of the mirror for three hours. So when will she look after her children, when will she look after her family? Is she really that much worthy to sit in front of a mirror? What is the need to do all this? And see what a face is coming out by doing all this. I cannot sit more than five minutes in front of a mirror! That is also too much! And then like this it grows and then girls go astray. The others are the girls who have got spoiled. They are convent educated, and can speak English, such girls will humiliate them. Then because they are being humiliated, these girls also ape the convent educated girls. You should think that what the level of such girls is. They are completely stuck in slavishness. Today this came in fashion so they wear it and tomorrow another fashion comes they wear that, and make a pile of clothes in their house. By changing into new clothes daily or doing fashions does not enhance a woman's grace. You must understand the bhakti of your shakti. By that the special blessing you will get, you will be able to cure all problems without any hassles, because your oneness has been established with this all pervading power/shakti. So by fighting nothing can be achieved. Meditate with peace and understanding and bring your children on to the right path.

Now the husband is very right sided. Thinks that he must do this or that, but a woman must integrate or contain in her house and family. Like the ocean, if you press it on one side it contains in on the other side. In the same way a woman's heart should be. If she is in trouble on one side she contains or integrates into the other side. What does contain/samanaa mean? It means oneness. She must bring in oneness. If she cant do this then she is not the Shakti. If she quarrels and argues with everyone then she is not a shakti. Shakti means that you can integrate with everything. The highest. Whatever happens you are above it all. Then you are the Shakti, but if you got suppressed then you are not the shakti. Many things have been said about the women of this country. Even our country Bharat Mata we call as Mother. In this country the mother is considered a very great thing because she saves her children from going on the wrong path. She guides them properly. She gives them such invaluable qualities that will help him throughout his life. You must think that do we live in peace, harmony and joy in our homes? Your husband comes home and you start fighting with him. But if you say leave it and establish a warm atmosphere of love in the house then your children will grow properly.

So in the same way, for men also it is very necessary that always making fun of your wife is not nice. This is a lot in North India. There is no cleverness or intelligence in that. This is all useless. Look at your wife's qualities. It is not necessary to relate it, but

try to understand her and get to know her good qualities and respect her. I am saying this today because a lot of women have come into Sahaja Yoga but still there are a lot of ceremonies in them. On this Friday do this etc. In Maharashtra it is too much. You have become your own Guru why do you need to do ceremonies? So women who are stuck in this type of incidents they must be saved and made to understand. You have to make them understand that the shakti is within you and you can become active with this shakti. Today when I look at Mumbai city I see that the western culture has come in too much. But you can see that the westerners who have come from abroad, wear saris and are sitting with decorum. They are well educated and from high families and are sitting with so much decency and decorum. Over here I see that day and night the interests of girls are insatiated. Going out to eat in hotels, fond of roaming around and all the interests of the world. If one interest comes in, that I am the shakti that gives everyone joy, then see how the society changes. And men should also accept this. In this way by respecting a woman our society will become alright because society is dependent on the woman and not men.

Now the second thing we have seen that the men have governance and economics in their hands. They should put their attention there. There is economics whether good or bad, but men must sacrifice for their country. I am surprised that I used to live in two worlds. When I was young my parents were in jail, and there was nobody elder in the house. We had big houses and we were living in huts but we were very happy. My mother gave all her money and jewelry to Gandhiji. Our nature was so full of sacrifice. My father was so self sacrificing. He had very expensive suits and when he came in to the Congress he burnt them all at the cross roads. Those people were something else. One cannot see such people nowadays who talk of sacrifice. Now they mostly think how to earn money or cut someone's pocket. They also lived with Governments. They were also Members of Parliament and constituent assembly. But they had a mind of sacrifice. I have seen people who would sell off their carpets, and other household goods by which they could get some money. What are we going to do with all this? Such self sacrificing people I have seen and now I am seeing these beggars who are busy stealing money. It gives me great pain to see that how come such a difference has come only in fifty years. Where has our country gone? So much greed, so much want for money. They have crores of money but still they still want to collect and collect and are running after power. Men should try to understand that what have all we done? What all have we for our families? What all have we done for our country? What all have we done for this world? What have we given or we just came and looted, took and left. Our ruling people do like this. They don't know what a great sin this is. This life is only so little but the life one has to spend after this life, those ones will know who have looted the country and filled their pockets. And then our country is poor. If such thieves will be your ruling leaders then what will happen? Do not give votes in the coming elections to any thief. Sahaja Yogis should decide to not give votes to thieves and if propaganda is done then say, 'Do not vote for Thieves'. They have taken all our money and emptied the treasuries. There is no money. They have eaten crores of rupees and gone. People do not have their attention on such matters. Do not vote for such people who have been stealing and humiliating their country. I am saying from the heart that you should support only those who are honest, because your Mother is very honest. If you were dishonest you would not have got Sahaja Yoga. So it is very necessary that you know your worth. Doesn't matter if you buy fewer clothes, or a few pieces of jewelry. What will happen? But a mind of sacrifice is very powerful. It helps us a lot and with that our country can get alright. Where have all those self sacrificing people gone? Perhaps in jail. They are no more here. Very few are seen. That is why it is important that we move on Truth. And we will never give bribe or encourage greed. Never. If you all decide this then all such people will run away from Bombay. I bless and I order you that you go and take out slogans that "Do not Vote for thieves and corrupt people". Make big banners and write on them, "The thieves/corrupt have eaten the country. Do not vote for the Corrupt" Do this everywhere and in every village.

[English Transcript]

I was telling them about the shakti, is the woman. Man cannot do without the woman. She's the power behind him. But how you treat your shakti is very important. How you look after your wife is very important.

I was telling them in the West marriages are broken, families are broken, the children are on the road and there is no discipline at all, no discipline of any kind. You can't say what sort of children they'll be tomorrow. They could be devils. They could be anything because parents have no interest in their children and parents have no interest in themselves.

So first of all, the family has to be all right. You must know that you have married. So many people got married now in Sahaja Yoga. So I have to tell them: at the very outset you must decide that you'll see the good points of your partner. And you must

promise and take a challenge that we are going to make a very happy married life. Very easy to find faults with others, because your eyes are outward. If you could somehow turn them inside, you'll be surprised that you have many more defects than they have.

And it's the responsibility of the women to look after the society. If something has gone wrong with your society it is because of the women, who don't understand what is their job, what is their duty. And their attention has gone so low that they try to compare themselves with the cheap women, with the cheap actresses and also women without any ideals in their life. You being Sahaja yogis, you have to understand that you're not like these horrible women. You are a special type. And you must not take to all the stupid thing that these women are doing for money. It amounts to prostitution, I think, the way things people are doing for money.

So be satisfied. And if you are satisfied, you'll really enjoy yourself. You'll enjoy your family life. The woman who is not satisfied always finds faults with others, always is demanding something, can never make a good wife and can never make a good society. And this society which she will make will destroy the next society.

Of course the men must respect women and respect the great qualities in them - their satisfaction, their patience, their understanding, everything must be respected. And they should not make fun of their wives all the time. I have seen, if that is done then women stoop down to the same level. That's no friendship. In friendship, you must have respect. It's all right, you can do this with your friends but not with your wife. And this is what I can't understand, that how men use their intelligence in such a stupid manner. Because she is the mother of your children. If you make fun of her, children will also make fun of her. Of course she has to respect you because she receives her authority from you, but also you must maintain her authority. You must keep her in proper shape.

For small things, husbands give up their wives and misbehave. It's more shocking that some of the senior people in Sahaja Yoga have done all kinds of nonsense about their married life. I am amazed at them. How could they do it? And this really shocks Me. I was told that this year, on coming here, will be Sahaja yogis who will go astray, they'll do dirty things, bad things and, I should say, things which are not pure and they will destroy Sahaja Yoga. If they are predicted like that, you can imagine at this age of Mine, I'll have to fight it. But you all can fight it by understanding that it's not your life, this is not a Sahaja life and you have to live in a Sahaja manner, must bring a good name to Sahaja Yoga. Not artificially but really, people should say that if they have met any saints they are in Sahaja Yoga.

The other day also, I said that miserliness is not the quality of a Sahaja yogi. Because he knows he'll get whatever he wants. Should go on distributing as much as you can. All this is going to work out in the favor. More than men, women are miserly. They'll look after their children but not others' children, not other people. So if the women become more socialistic, it would be a better idea. And it will help them a lot to do justice to their own shakti because she wants, your shakti within wants you to be generous, to be kind, to be loving. If you are not loving then it's not going to work out.

[Translation from Marathi to English]

I spoke to everyone in Hindi language, Now have Marathi people learnt Hindi yet, or still involved in Marathi language, which in itself is a beautiful language, but till the time you all learn Hindi, you cannot excel in Marathi. So now who just know Marathi, or who are just think they are Marathi, it will not work now, even God knows English language now, then at least you people should learn Hindi language minimum, if you know English that's good, but you should know and speak Hindi language. Marathi people are the one who are headstrong, and have attitude. too much of ego, thinking I am Marathi and I am Shivaji Maharaj, all are Shivaji Maharaj and Jijabai. one cannot understand these people. So with complete Humbleness, one should follow Sahajyoga. There is no word called Humbleness here, and no one uses it. Even if they use word Humbleness, they don't mean it. They will do namaskar to me, as many times as they see Me. but what about other things. Marathi peoples' attitude and headstrongness, I have seen from here to there. they have many Gurus, rituals and conditionings attached to them, which will not leave them. When will they benefit? For name sake they are Sahaj yogis, just by keeping badge one cannot become sahaja yogi. From heart one should become sahajayogi. or that one should have humbleness, sweetness, and you should compassion towards others. How

is your Mother? try to become like that. You should have humbleness in behaviour.

Just as females fight on road I have seen Sahajyoginis fighting. I am surprised. You are sahajyoginis. you are considered as yogi's now, from where you get this feeling of aggression. Humbleness means what? I don't think anyone really understands. so my request to you all is that Marathi females should be more humble and even Men too. Men here if they are brave then get very headstrong, in Maharashtra. That's not how it works in North India, surprisingly even if one is Commissioner, then he will be modest. Even a small job makes their behaviour wierd, such are Maharashtrians. they have become rebellious minded people. now I don't understand how to make them understand, to go deeper. what is to be achieved should be learnt. So many saints have taken birth here, they got fed up with people here here, and they bowed down and bid farewell and attained Samadhi. because did not want to live in Maharashtra. People here don't spare anyone they were after everyone even Me. Speak with love with everyone, and respect everyone Other person is human and so am I. My humanity should be visible to the other person. No point in making fun of others. There is no meaning in showing off your self- importance.

According to my own experience, I used to think North Indians are awful but, now I see that Maharashtrian worse, I went to rural places in Maharashtra, but no where I could see humbleness in them. Elders have wierd strictness in them, which is nonsense. How will the kids be alright? I feel, men are so strict here, as if they are from military. There should be loving nature and sweetness in speech. you should consider all kids as yours But if you torture your kids, then how will you love other kids. So, Maharashtrians should have humility in them. I need not tell you the humbleness of Shri Ganesha. You should have same humility. The same sweetness should be reflected wchich is not visible. One should talk to each other with respect, since you all are yogis. We must respect each other because you all are yogis.

Once, I was told, "close your eyes", By some people who came and said "These are lower cast people". Tukaram has written many couplets saying that "good I am born as Mahar". Many examples are there about such saints, but people have troubled them and sent them away, Nothing went in the brains of people, nor they understood anything. There is no principle of love in you. I asked youth congress leader once what is your policy, Policy? Thre is no policy. whatever senior leaders say we follow that, so if your senior leader do corruption you also do same Leader replied innocently " yes, we also do the same". So, here there is no need of fools, there is no need of idiots. we need different people. Now we have to improve the situation in Maharashtra. Here, you should respect the younger generations and nurture them. I really did not like youngsters being sent for a battle, and were not allowed to sit for puja, I clearly told that this will not be accepted anymore. Love is the most important thing. We don't measure the love which we feel for others. The love just flows. You should have unconditional love. With all love and respect we should treat each other, and create a new society of Sahaja Yogis for all of us. We have created, but still it has to shine. We should make it shine by your behaviour, and sweetness of your words, So that it reflects clearly. Our society will be extremely beautiful, extremely beautiful. So, avoid the negativity in behaviour, and accept the positivity, and follow these things for peaceful living.

My infinite blessings to all.

1998-0320, Birthday Felicitations: Put Attention To Your Spirit

View [online](#).

20 March 1998

Birthday Felicitations

New Delhi (India)

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75th Birthday Felicitations Program. Delhi (India), 20 March 1998.

I bow to all the seekers of truth.

So much has been said and really my heart is full of gratitude for all of you to come here, all the way, and the way people have described about Sahaja Yoga. To understand Sahaja Yoga, we should know where are we today in this Kali Yuga. What are we facing today? It should really make you feel quite disturbed to see the way things are going on in every country, everywhere. What's the problem? What is the, such a need for people to become so restless, full of tensions. Collectively, country-wise, anywhere you go you find some sort of a confusion. Terrible. The whole society seems to be boiling with a kind of a fear of destruction. What is the reason?

There are so many religions, so many organized, disorganized, all kinds of things. There are so many sadhus and saints. There are so many books written about what you should have. But the only one who is a seeker of truth should see one point: Why, why there is so much problem in this world and how can you help them? Where is the problem? It is inside the human being. As described, you see, we have come out of a animal stage to a human stage. We have a human awareness, no doubt. In that awareness, we start seeing all kinds of things that are not good, which are destructive, which are disturbing. If it doesn't disturb you, that means you are not at all a sensitive person. But you are sensitive as a human being.

So now what is the reason for this, is there. In every field of life, whether it is political, economic or any field of life in which human beings are living, there's a very subtle problem which people don't understand. Now if I say that, "There is spirit within us which shines in our heart," you need not believe, need not believe. But our attention is not on the spirit. They call it "atma vimukh" - our attention is outside. At this stage at the human awareness, our attention is outside, outside in various things. Now where should our attention go? To evolve, for what? To achieve what? The firstly, our attention has now go towards our spirit, towards spiritual understanding. This is one thing has to happen to human beings to begin with. Otherwise our attention is outside. We are worried about money, worried about power, worried about this, worried about that, in competition and all kinds of things going on. But if your attention is turned somehow towards your spirit then what happens to you is that you become a power of the spirit. And the power of the spirit is the highest power that you could think of.

First of all, spirit is the one that loves. Loves without asking for anything, without expecting anything, just loves. It's an unconditional type of a personality which just emits love. Anybody in trouble, anybody having a problem, just it flows. This capacity to flow in the heart exists but on top of that, is the closing point, is that our attention is not on our spirit. Even in political endeavors or your economic endeavors, any endeavor, what happens is that attention is outside. So you go into competition, you go into this thing, you go on becoming very competent and then suddenly you find another one coming up. There are so many struggles when your attention is outside. Because in attention outside, there is no purity. There is no purity. It's just attention to yourself and that too is so limited. Very limited it is because if you pay attention to yourself, there's no end to your troubles and woes. For a person, as they said, really is fact that: I don't mind sleeping anywhere. I don't mind eating anything. I am not bothered about all these things, is a fact. Because, you see, it's not very important I think. But without thinking, I am made like that. I am like that, all right. But Sahaja yogis have become like this. This is the miracle that human beings have turned their attention to their spirit. Then you are amazed how things work out. Without any competition, without any fights, without any quarrels, how your attention becomes fixed on your spirit.

First, the first thing that happens to you is good health. Your health improves. Firstly, if your health is all right, I mean so many

problems are solved. This world, I think at least 30% people are always sick. Because of the tensions, maybe because of bad food and this and that. This is first thing that happens to you is your health improves. Today now in Sahaja Yoga, we have people who have learned that by these modern ways of economics and all that, has not given any peace to anyone. We think of America; I mean I've been to America, I know Americans: How terribly disturbed they are. Their families are ruined. Their children are ruined. And all kinds of stupid things are happening. Our Indian gurus are going and making a big money there. And they just want peace. They just want peace of the heart. That's only possible when your attention goes to your heart because in the heart resides the spirit and the spirit is the source of peace. First is the love and second as I told you just now is the peace.

You become extremely peaceful. You become like a witness and you see the whole drama like a joke. It's nothing so serious to be worried about. It all works out. And this is what one has to become is to become the spirit which is your own, which is in your own heart and that is the source, as I told you, of love and again I say of peace. And the third thing that happens to you, that the source of spirit being joy, that joy bubbles in your life. It just bubbles in your life. You don't know how to get out of that great ocean of joy. You start swimming in it, enjoying it, every bit of it. You touch all the shores, going round the whole world, their hearts and everything. It is in the heart that resides. Again I say, it is not in the brain. No mental activity can take you to spirit. Spirit is only possible if your attention could be somehow taken to the spirit. And that's possible only through Kundalini awakening.

This change of attitude towards life, this change of complete peace and joy has come to you all because your attention is now on your spirit. Now you don't think of money, money walks your way. You don't think of power, power walks your way. And the power of the spirit is the highest, the most powerful and the most righteous thing. It is not necessary that you should become a sanyasi, sadhu baba, do all kinds of things. No necessity of these rituals. The spirit is residing within you. Already all you have done in last lives. Now this life only thing you have to do is to put attention to your spirit. And that's only possible through the awakening of this Kundalini - the Primordial Mother. When She starts, I mean that's also your own. When She starts rising, She passes through the centers and enriches them, integrates them, and pierces through the last fontanel bone area and makes you connected to this all pervading power of divine love. But this power of divine love is not only "the love," if you want to say, it is also peace and joy and also it is the superior wisdom.

It is rather subtle for normal man to understand. I know that. I've gone through that. For persons to understand that one can become the spirit .. but this is in the evolutionary process. Today is the time for people to become the spirit. This is the blessing of this blossom time as I call it and people have to become the spirit. Otherwise what is left of them is like all other human beings who'll, I don't where they'll end up. So this is an essential step today to become the spirit. All the saints, all the prophets, all the religions have talked about it. Not that they have not. Of course, we have twisted them. We have made separate, separate things. But it's only one simple thing is that you are a spirit and that spirit, unless and until you become, you cannot achieve any peace, any joy and no love.

The Sahaja yogis here are sitting have achieved it. They don't think they are from foreign countries or from this country or that country. They don't want. Now here it is in this camp we don't have very good arrangement for sleeping or eating or anything, no good bathrooms, nothing. They are just enjoying themselves. Nobody minds it. Of course certain things of particular country may linger on. But then it drops, it drops. Gradually it starts dropping out. Like a flower when it becomes the fruit. All its petals and everything drops out and then it becomes the fruit. So you have now become the fruit -fruit of knowledge, fruit of wisdom and of love. For knowledge, you don't have to read books. There's no need to. People who have read too many are difficult to get Sahaja Yoga. But what you have to see yourself: What is the reality? But that's only possible if you are a realized soul. Otherwise you get lost in the illusions of the world. You live with the illusions all your life, struggling, fighting and I don't want to say what's the end is.

So a simple thing that has happened with Sahaja Yoga, in your evolutionary process your attention now has gone to spirit than to anything else. As soon as the power of the spirit comes, you find yourself successful in everything. You don't want;. You don't ask for it and if you are not, you don't mind. You don't mind because you think they don't understand. It's all right, forget it. So there's no use fighting for it, asking for it. For this, one thing is important, first and foremost thing, you have to forgive everyone.

Human beings, I don't know sometimes they're illogical. Supposing somebody tries to harm you. All right, I forgive him. Forget it because I have no headache of that. What he is trying to do is to give me a headache which I will not take. I just forgive. So that is a very important point, that Christ has also said that, "You have to forgive." Mohammad Sahib has said so many things but I don't know how people have twisted. Christ has said so many things, how I don't know how they are being twisted. Every one of them has said one thing: that you have to become the Spirit. And how people have twisted it and have formed so many religions and in that religion why should they quarrel? If there is one God there should be no quarrel.

Now in Sahaja yoga, you find people have come from different race, different countries, different ideologies, everything. One thing great about Sahaja yogis, they are very pure people. There's so much of purity in them. There's no problem. I do not have that problem of immorality in Sahaja Yoga. We don't find anybody being immoral. If somebody has been immoral, he just gets corrected. If somebody has been cheating, he gets corrected. If somebody has been a corrupt person, he gets corrected. Because spirit gives the light for you to see for yourself what is good for you. Supposing you are going on a road and you are blind. You can walk into a ditch. But supposing you have the light and the eyes open. You know how to go. And that's exactly what has happened in Sahaja Yoga, that people have realized how to move, how to go about, how to walk, and not to fall in the ditch. I have seen people who have fallen into ditch also. But I have nothing but love for them. Because they were blind, you see, for a blind person you can just have love, isn't it? And I found that once I forgive them completely and I ask them, all right, even if they have abused Me, said things against Me, it's all right. Because they don't know what they are doing. They are blind people. So once you feel that way about others, that doesn't matter. Whatever they have done, whatever they have so far, so called harmed you also, is no harm to you because you are standing on a pedestal of truth.

So the second point is that the spirit is the source of truth, not of untruth. For example, there is some false guru. Immediately you will know who is false. How? On your vibrations, on your fingertips you know that this man is false. Is all said by Mohammad Sahib that, "Your hands will speak at the time of resurrection." That exactly happens that you see: this is the trouble. Now if you want you can avoid that person or if you want you can bring him round and put him right. But we should not try on the complicated characters very much in the beginning, I said, because they will complicate you. Now those people who have matured in Sahaja Yoga can easily manage that also. And also we must know that all the elements are working for us. All the events of the world are just to show how wrong things are wrong and how right things should be done.

Say for example, when Hitler came. He started destroying people. And he took nine years to build himself up. And he did all kinds of things which cannot be forgiven by anyone. But he died and suddenly you find in Germany, people are so enlightened. Now you heard some people, I was amazed how they are so enlightened about love and about the divine. All these countries, I've seen are doing so well unexpectedly.

Imagine in England, who came to India and ruled us for three hundred years, there are so many Sahaja yogis. And also as you see today when I speak there, we have the whole hall filled up with people, in England. I've seen also in the countries like Russia, where these people were on the verge of collapsing after they started on democracy. Whether it is democracy or communism or anything, these are all isms. You have to come out of it and see for yourself that so called democracy has become demon-ocracy. So called communism has failed. Why? Basically what's wrong with them? It was all based not on the spiritual level. There was no spirit involved in it. It was all based on, I should say, on the endeavors which are outside, which were very limited. And those limits, once they break, you see you have a problem.

Now economics, the world economics if you see is collapsing. Everywhere there is recession. If they are such experts then why there is recession? Why there are problems? Now the people say we must remove the poverty. I agree but not by giving some sort of a beggar's gift but with self respect. You can do it. You can do it because if you can approach people who need with Sahaja Yoga and enrich them, you'll be amazed, they themselves will do better and work it out. All kinds of things, you see, like in abroad people used to say, "Mother, You talk of spiritual life then why is it India is so poor?" I said, "They are not so poor in spirituality." They may be poor in money. Those who have got lots of money, are they also very good people? Are they also doing something very good? In the same way, those who are poor are not doing something good that one should have compassion on them. Agreed. Now what to do? If both sides are so miserable, what should we do? Is to change them. Change the whole attitude

towards life. Immediately I've seen people who are supposed to be rich start understanding poverty. They start sharing. They start working it out.

In Sahaja Yoga, you'll be amazed how people help each other. How they work out everybody's difficulties and problems into something very beautiful. You see, it's the wisdom that you get from this all pervading divine power. This power has been described in every religion. You call it nirakar, you call it ruuh, you can call it paramchaitanya; you can call by any name. But name is not the point. Whatever it is, once you are connected with this power, you are blessed. Thousand times you are blessed than you are as a normal human being. As a normal being, no blessings it has. It has nothing but your own endeavors that the amount you push in, that's what you get. Here nobody pushes oneself. Automatically you are pushed into that. This force, divine force brings you to that. And you have seen that in your own lives how you came to Me, how you came to Sahaja Yoga. It was some sort of a divine force which worked it out, which is Sahaja, which you may not realize but when you get your realization, you just think about your own life: "How I came to Sahaja Yoga? How I got this?" And then you see this peace, reigning over your hearts. The love, affection, everything. What is, as you said, I have many powers, maybe I don't know, but one thing for definite, one thing that Sahaja yogis can get all My powers.

As a Mother, Mother wants to give everything to Sahaja yogis. This greatest joy for a Mother is to see Her son or daughter grow up like Her. I, I have a great vision of life. And I see the picture of that here today. I was a ordinary housewife without much money. You know My interest in money is zero. I don't understand even the bank and the somebody has to sign a cheque for Me. My husband has to count My money, I am so bad. But still I've never had problem. Never had problem because it is the greed in man, terrible greed in man that creates problems. But if he learns how to be satisfied, automatically the greed drops out and you feel absolutely comfortable. But that doesn't mean that you become a sadhu baba or you become a sanyasi or a something you give up. Those days are gone. Those ordeals you have passed through. You've been to the Himalayas. You've stood on your heads and did all kinds of things.

Now no more is needed. What is needed is that: you have to put your attention to your spirit, the more you do it, the more you absorb all other attentions and put it to your spirit, which is there already existing. There is nothing to be brought from outside or nothing to be learnt. It is inside every one of you, is in the heart. Only thing you have to, you have to just feel it. Now that feeling can only come if you are awakened in the Kundalini. I know that no one like Mohammad Sahib or Christ or Abraham or Moses, who have created books or whatever history they have created, no where They would have ever thought that people will form an organized religion and start in a way as if they are against each other. But it has happened. It has happened. To remove that, you have to give them the knowledge, the pure knowledge. Not the knowledge of the book but the pure knowledge. And the knowledge that is pure is wisdom. Through this wisdom only I've worked. This wisdom I had from My childhood. Nobody has given Me. It's there. But this wisdom has taught Me one thing: that whatsoever maybe the condition of a human being, whatsoever maybe his style, whatsoever may be his ego or his conditioning if he can feel the love then his spirit gets [transformed?].

This transformation has taken place. Here we have only one percent of the people who have got realization all over the world. But I know, I remember them all today who are not here, that they have been seekers, madly seeking, seeking the truth. They went through horrible time seeking. They had very bad gurus. They had all kinds of expenses, everything they did. But once they came to Sahaja Yoga, they have found what was the truth is. And the truth is very simple: that you are the spirit. You are not this body, this mind, but you are the spirit. This is the truth and they have found the spirit. That's what is the truth that they have found. Once this truth is established within you, that you are the spirit, nothing can destroy you, nothing can harm you. It cannot have any wants. It doesn't have. What wants can you have when you have the spirit because such a satisfying thing? It doesn't condemn anyone. It doesn't runs after anyone. Is satisfied with itself, absolutely satisfied.

You see, I was very anxious that I should lead a very normal life. I should not be like some Himalaya fellow or something like that. Because this is needed for a common people. Today it's a aim en mass, en mass awakening. It is not for one person.

This was the thing because once any discovery is made, supposing, and that discovery only is for one individual, it has no meaning. It has to go to masses. And this is what I knew: I have to do it. And I had to work - they say so but I don't think I ever

worked. I was just witness to whole thing. I saw it just like a witness enjoying all kinds of things as you sit on the shore of a ocean. You see waves coming, going like that. But inside, inside that is a human being who wants to evolve, who wants to become the spirit. Then he starts thinking what good he can do to others. So far I've been very anxious that people should become Sahaja yogis. I didn't take to any missionary work or any social work. I used to do when I was not in Sahaja Yoga, I should say, when I didn't start the Sahaja Yoga. But later on, I discovered that unless and until you transform people, unless and until you become the spirit, you'll become like any other social worker.

I was working in a, say, blind school. I was the chairman of the blind school, blind people. And I was surprised, the people who were with Me were very funny type you know? The governor was to come and they said, "Who will sit next to governor?" I said, "What is this?" So they said also, "I being the president, I have to sit." I said, "Not necessary. I can sit anywhere." But they all started quarreling on this point. So I said, "All right, we'll take a plank and put it on head of the - of the governor and you all sit on that like sparrows." That humor helped a lot and they settled down. So this is the stupid thing where you see it, what is your position, what do you get? I mean it's so stupid that even the ant knows how to work out the collectivity. I don't know how human beings are dying after useless nonsensical things. But the only thing is, he has not yet become the spirit. So he doesn't respect himself, no respect. So he does all these things which are not very respectable I think. Then I thought that this kind of work people are doing, they think no end of themselves.

Once you start doing something good, why should you think you are very great? I, I can't understand, you see, My brain is that way useless. Because what I found with these people who were working with Me, very anxious to take the credit for this. Somebody wanted to become the chairman, vice-chairman. I said, "You become everything." So the attention being on your promotion, it's not a real promotion, no promotion. Everybody used to laugh at them, it's a degradation. Your promotion is not through your own being but through your own spirit. Being means a very big thing, I think, but spirit is very subtle, very beautiful which is residing in all of you like a light. It's a light in you.

Now there are Sahaja, so many Sahaja yogis who are giving enlightenment to others. There are people who are going all over the world. I was surprised that people from Germany and Austria came to help Me when I first went to Russia. I said, "What are you doing here?" Said, "Mother we have to do something because so many people were killed by our forefathers." Then My heart started really thanking them. Look at this, what has come into them? Then they went, you'll be amazed, to Israel and from Israel they brought lots of Sahaja yogis to Egypt. So I asked the Israelis, Sahaja yogis, "Why are you here?" They said, "Mother it's our job now to make friends with these Sahaja yogis from Egypt." Just see how love engulfs all these angularities, all these thorns of life and dissolves it completely. It's so joy giving to see your love acting on others. Small, small things and very big things, all that works out with love.

For example, in an industry now people have problems of strikes. Very common struggle, have and have not and this going on. But if you can raise the people to the spiritual height, to their spiritual need which is the most important need today, you'll be amazed there will be no problem of any kind. You see, it is a kind of a communism. It's a kind of a socialism. It's a kind of a democracy. It's all things put together which works.

Democracy means we have Sahaja yogis who wanted to organize this. They said, "Mother what should we do?" I said, "I am not going to say anything. You do what you like. You choose whatever you like, whatever you want to do." And I was just busy arranging the flowers in the house because so many flowers came and I am worried about the flowers. I was just arranging the flowers in the house. And what I find, now see how they've done: no quarrel, no fight, no discussion, nothing. How have they done? Otherwise you cannot make ten people sit together and talk the same way. One will talk, another will talk, another will talk, will go on discussing, discussing this, reaching nowhere. Otherwise only one man has to work it out, otherwise nothing can work. So you see, it changes the whole atmosphere of every human being. Changes his attitude, changes his endeavors and everything becomes so beautiful and joy giving.

You are a socialist also because you start thinking about the people who are down trodden, people who have no money who are poor, and you try to work out something by which they get some money.

I used to go with My father for a case in a district called Chanda. And there I saw people just with one cloth around them. What was shocking to Me: just one cloth, whether it is winter or summer. I used to weep so My father would say, "Why to weep before them?" I said, "What can I do? I must try to do something for them." Now when I got so many Sahaja yogis, I told them, "I want to help these people somehow. And what they make is pottery." So they said, "Mother, all right. You can get the pottery. We'll import here and we'll sell them." You'll be amazed now, these people have got houses, they have got a good life to live and they are living very well. So in a way, it is a kind of a socialism. That you see problems and you know collectively to solve it, collectively, not singularly but collectively.

The all of the Sahaja yogis suggest, "Mother, this can be solved." So far I have not done anything directly, I must say, like starting a organization of that kind. But now when there are so many Sahaja yogis with their attention on their heart, now My attention is going to the people who need our help. So first time, I have asked them to make an NGO for destitute women and for children who are being deserted by their parents. And immediately, you'll be amazed, it all did. We got the land. We got the people. I mean, I'm not doing anything and it's all done. Moreover, so many people have written, "Mother if You want land, we can give You. You come here, do this, do that." Can you imagine? Once I just thought of it: that we have to do something for the poor people. Also other so many things can be done with your attention which is pure, full of love because the love, you see, is something that gives you the wisdom how to do it. If you have love, it gives you the complete insight into the problems and how it works.

See it's surprising for Me, I mean, I used to do that always but even after Sahaja Yoga I found that is the love is the solution. Is this only way we can enter into the hearts of people. But for that love, we should not try to do it for some money or for some achievements or for some sort of a reward, but just the whim of the love and that is what is today paying all of you: The way you love all the people. The way you have done so much work. You don't know what gratitude I have for you. Single-handed I could not have done it. I could not have gone to so many countries. It's a like a place like Benin, where there are only Muslims are there, I would never - I could never have thought of going to that far fetched place where these people are there and imagine these people are Muslims and they have all taken to Sahaja Yoga. And in that they are understanding the beauty of love. You, this is done by French. Can you believe these French? Going down all the way to Benin and getting it done. Even English have gone all the way to different countries; even the Austrians and also Germans and Italians are another quality of people who have a very rich heart, I must say. They have a very rich heart and the way they are spreading Sahaja Yoga throughout Italy is really remarkable. I am amazed how these people are approaching all these people who have never known what is spirit is and how they are getting them to Mother.

Now with that, you see, we don't have to say "prohibition." We don't have to say "don't take drugs," nothing. No don'ts in Sahaja Yoga. Automatically they drop. I don't have to say, "Don't do it." Just automatically they drop.

I mean you'll be amazed, once we had a program and there was a light to be put in a one of the deepas and nobody had a matchbox. Can you imagine? Nobody has a matchbox. Is such a problem with thousands of people there, nobody has matchbox. So we had to send somebody to get the matchbox. There's no need. So I never say, "Don't do this," never. I've never said it but it has worked like that, it has worked. I don't know how, how you have dropped it but it's very simple when the light of the spirit is there. In that light, you just don't.

Now all the people have said, "Don't drink." Say for example: Sikhs, Muslims but you see they all drink because they are not really Muslims, they are not really Sikhs. If they were really that, they would not have drunk. How is it possible then? They have to be the spirit. In the light of the spirit, we just don't do anything that is destructive, just don't do it. You don't have to tell anybody. Now you are all sitting here, you know that I've never told you anyone, "Don't do this." But I was amazed in London that people overnight gave up drugs, overnight. People employ military, this, that drugs is [INAUDIBLE]. They gave up prostitution. They gave (up) drugs, all kinds of destructive things to which human being take sometimes out of frustration and sometimes because they feel very lonely.

But now in Sahaja Yoga, you can never be lonely. All over the world, you have brothers and sisters. If they come to know somebody is there somebody is coming, they'll all go to the airport to receive. It's not a brotherhood of a ordinary life. It's a very

deep type of a brotherhood. It's a very deep understanding. But they are very deep people, I must say, because they have been seekers and in that seeking they have really got completely into a turmoil and that has made them very deep people.

This book is "Light of Quran" is written by a lady Gilmet. You read it. I would request you to read it because she is so deep. I knew she was very deep but the way she has expressed is so beautiful, so joy giving that she's not a Muslim, she married a Muslim, so called, because they were all Sahaja yogis and the way she has narrated her seeking is so beautiful. We have so many big writers in Sahaja Yoga who have given very, very nice books and things. But this Gilmet is very shy. She doesn't talk. She keeps quiet. But inside, she's so deep because of her seeking.

So there are many people in this world who are seeking the truth because they cannot bear the nonsense of modern world and they are very sensitive. They are not insensitive, very sensitive people. That's how you all got your realization. It's nothing of Mine. To say that "I did it," is not proper. If you were not like a candle, I could not have enlightened you. So I am very thankful to you. And I am so much enamored by the way you people are feeling about Sahaja Yoga: that collectively you have to work it out, globally you have to work it out.

You have to help each other and bring up the people. Most important thing is to create a mind universally which is towards the spirit. Then we'll solve all the problems, no problem. Now if I say I am starting some sort of a project here for the poor. Immediately all of them will send Me money. Immediately they'll all work. They'll find out who can work it out, who can come and help Mother. What work can we give them? How to work it out, all over the world. I mean, it spreads so fast. I have to just say that. I never asked for money. I never said, "I need money," but immediately they will plan out the whole thing, bring the whole thing here and work it out.

It can work in India, it can work anywhere. It's not just they are interested in India. But globally they are interested in the problems. It is not for making some sort of a show or some sort of a, we can say, a cult. It is something which is very innate, which is very subtle and that works, that gives them joy. That gives them joy to do something for Sahaja Yoga. I am sometimes amazed how they feel for the whole world, how they care for the whole world, how they are willing to do for [?].

Of course as I said, every country has some problems. Like, we can say that north Indians are interested always in politics because Delhi is here. But is reduced now, very much reduced now. There's not much going on. And they don't like to hear anything against anyone. That's a good thing. And in the south, we can say in the beyond Narmada river, whatever we have, Maharashtra and all that, they are very ritualistic, very ritualistic people. Even if they put the thali [thali MEANS PLATE FOR DINING], you must put salt here, you must put vegetable here, you .. so that a blind man can also eat food properly. You must use only one hand. You must keep another hand tied up. They're very, very ritualistic because of these two things, you see, in Sahaja Yoga they do not grow.

Whatever it is, we have to understand that these are [lingering PROBABLY ?] still are behind us. For example in north India, I would say if anybody speaks anything ill about anybody, just put your. This principle of Gandhiji was correct. Never listen to any nonsensical gossip. Gossip is going on. People like to listen to gossip because of this media also. They were showing nothing but gossip before election. And the whole gossip goes into our mind and that's how we work out. So for this part, I would request all the people from the north India to never to listen any criticism, never to criticize anyone. What is the use? Just see logically: if you listen to somebody's criticism, what is the use? What do you gain out of it? Now by repeating it to somebody else, what do you gain? What is the gain? Simple thing, always ask the question: What is the gain? And why to see something wrong with others?

I know by that you can be cheated. Somebody can deceive you, is true. But doesn't matter. You don't get anything into your head. You don't get any filth and any poison in your head. I know there are people who create problem, talk from one to another, do this, do that. But that should not harm you in anyway because you have the spirit and the spirit cannot be harmed. It cannot be destroyed. It is said that, "It cannot be destroyed by any weapon. It lives and lives forever." So the attention towards the atma is lacking, atma vimukta.

We, our eyes have gone, our attention is gone to something away from the spirit and that's why all the problems are there. Once you are one with your spirit, it works. It works for you because it is in connection with the God almighty. It is in connection with the all pervading power, which works out everything. I know this all pervading power. It has showing so many miraculous photographs about Me. And actually I, I didn't ask It but It is doing. Because very active, It is very active. And if It sees anybody who is subtle and who is deep, It acts.

In your business, in your politics, in your family in everywhere you'll find this light will shine and you'll respect, respect the hearts of a person. You'll respect the love of others. You will respect the spirit that is shining in others. This is the reason why you have learned to respect each other, because your spirit is enlightened. I can see it so clearly.

I am so very happy to see so many of you here for My birthday. I don't know what is the significance of a birthday is but whatever it is, it is one of the things that I can meet you, all of you here, so very happy. I am thankful to these people who are elites of our society. They are very great people elected and sometimes given very high positions and also there are some very well known industrialists. All of them have to understand the value of spiritual life. It's very important for them. Not to avoid this point but to be one with your spirit is your own property, is in your own, I should say, the complete glory that you have is to be the spirit. With all this, I don't know how to thank you all and how to thank all these people who spoke so nicely. Only thing, I wish you all a great growth in your spiritual life atmonnati, into your spirituality so that it covers all the corners of the world and create a beautiful world of tomorrow.

May God bless you!

H.H. Shri Mataji Nirmala Devi

Sir C. P. Srivastava speaks:

Shri Nirmala Mataji, this is the first time I have addressed Her as Mataji. I think on Her 75th Birthday celebration, time has come for me to surrender myself fully to Her. Shri Patwaji, Shri Rizviji, Shri Janaji, Shri Rahul Bajaji, dear Sahaja yogis, Sahaj yoginis, distinguished guests, ladies and gentlemen.

I regard myself as singularly fortunate to be standing here before you today to participate in this momentous celebration. Mr. Chidambaram asked one question. He said, "How is it that so many people are here today from all parts of the world? What is it that brings them here?" Now I want to narrate one incident to you which will probably illustrate how this Divine Lady has built up Sahaja Yoga, step by step on the basis of very devoted and very persistent hard work.

I recall a day in 1974. I had taken up a job in London. We were living in a place called Oxted-on-Surrey away from London. I used to commute. And you know I am talking of twenty-four years ago. And one evening when I returned home, I found in my house, I expected see my wife and some domestic help. But instead, I saw sitting in the drawing room on a sofa a young man, a young boy, white skinned and I didn't expect to see him there. So I looked at him and he looked at me and we wondered who we were. And what was even more intriguing was the fact that he was wearing my cloths, my kurta and pajama. So I began to wonder whether I was seeing some apparition, whether I'm in my senses, or something wrong with me? So I retraced my steps, went back to my Wife, and said, "Now who is he?"

And She explained to me, She said that day She had gone to Piccadilly Circus and there She saw a young man, lying uncared for, unattended. Obviously, he was sick. So She went up to him and asked what the matter was. And the boy said he was very ill. He had nobody to look after him. And he was almost dying. Now She said, "Come along. Come with Me." And She brought him home and arranged for him to be given a bath. And since he didn't have any cloths, he had to wear my cloths. And I was greatly relieved. And I was very proud. She had brought home that young man out of tremendous love and compassion. And, you know,

that young man stayed in our house for about 2-3 months. He was given Sahaja Yoga treatment. And within a matter of days he began to improve. His jaundice was gone. His drugs had gone. His alcoholism had gone. He became, within about 8 weeks, ..

1998-0321, Birthday Puja: Be confident, don't lose your confidence

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21 March 1998

Be Confident, Don't Lose Your Confidence

Birthday Puja

New Delhi (India)

Talk Language: English, Hindi | Transcript (English) – VERIFIED | Translation (Hindi to English) - Draft

Birthday Puja, Delhi (India), 21 March 1998.

[English Transcript]

I was overjoyed to see the way you had organized this beautiful welcome. I must say that it's your love which finds all kind of expressions of enjoying Sahaja Yoga. I really can't understand how these unique ideas come to your heads, and you represent the different countries from where you have come. I wish you carry these flags back to your own countries, and tell them the message that the time has come for our resurrection, that we have to rise. We have to rise above this human level to a higher level of existence. And if that happens, then how it changes your life, how it makes you happy, how you lose all your absurd ideas of hatred and of harming others, injuring others: all this kind of ideas which have worked out to give some sort of a sadistic pleasure to many people, and they have enjoyed the way they want to destroy the joy of others, the happiness of others.

To maintain the happiness, I know, you being Sahaja Yogis, you have to bear a lot, tolerate a lot of nonsense. You have already done it, and gradually once Sahaja Yoga is established in your own countries as something that is so beautiful, so very pure, so very important that all others in your countries also will try to follow that path which you have crossed over. Only your lives are the ones which will reflect the beauty of your inner being and of Sahaja Yoga.

I told you yesterday what was missing in the human awareness, and that the attention was not on the Spirit. But when it is on the Spirit, what happens to you? Firstly you become according to Sanskrit words, gunatit: you go beyond all the three gunas. That means you are no more a person who is tamo guni, means the one who has got all kinds of desires of self-indulgence. Your attention moves from there to the second style where you are rajo guni, the right-sidedness: they want to do something, want to show something, you want to become something, you want to compete with others. All this struggle just disappears. "Atit" means beyond. Then sattwa guni: that is also where you are seeking, where you see that what's wrong in this kind of extreme behavior, and you just hate that kind of life and you want to get out of it, and then you start seeking. That also is finished. All the gunas are finished, so you become gunatit.

It just happens when your attention goes to your Spirit, because now the attention is not on any one of your inherent, you can say, or conditioned qualities, or of egoistical qualities. So you become a person who is beyond this. This is something very remarkable as far as for normal life, but for you it is not, it just happens. You just enjoy being yourself. You're no more concerned about your own conveniences, comforts and petty things. But what happens is that you just go beyond all these three gunas which have been dominating you this way or that way. So that's how you cross the limit of human awareness, firstly.

Then the second one is, you become kalatit: you go beyond time. I know today I was late somehow. It just works out that way. But you didn't miss the time. You were still enjoying. I could see, sitting in the house, that you are all in a very enjoyable mood, all of you are enjoying nicely. I'm not here, but still you are enjoying. This is beyond time. You're not bound by time. Whatever is the time is your own, because you are standing in the present, you are not standing here and thinking of the future. You didn't think about what will happen tomorrow or how will you catch your plane, or how will you do this. Here you were just enjoying, enjoying the present, and the present is the reality.

If you are thinking of the future or of the past, then you are not in reality. I have told many-a-times that past is finished and future

doesn't exist. So at this moment you are here sitting, perhaps may be waiting for Me, may be just enjoying every moment of your stay here, of your connections with others. And this enjoyment cannot be described, how you are enjoying this. Otherwise people would be seeing the watch, wondering, "Why Mother has not come? What is the problem? Why She is not arrived?" and all kinds of ideas can go round. It helps a lot to be kalatit.

I remember in Nasik I had to work very hard because no Sahaja Yogi would come forward to do anything, they were so shy and so much worried. And it so happened, luckily or unluckily we can say, that My car failed on the way and I was delayed in going. About one hour passed, there was no car coming that way, there's no way to go, and we were stranded on the road. Now surprisingly, when I reached the place where we were going to have the program, the Sahaja Yogis took over. They took the responsibility, and they were very busy giving Realizations to others and working it out. Otherwise they would not. They could not believe that they have power to give Realization. I may tell them, but they would not raise their hands. And just because the time was there and they thought, "So many people are here, Mother is not coming or She may be coming, so it's our responsibility." In that way they took the responsibility.

So when you are beyond the time, you become responsible for that moment. It's such a responsibility which is also collective, means you just all of you become responsible. It's very surprising, we are so many here, there's no quarrel, no fight, nothing. We are very nicely settled down, just beyond all kinds of stupid ideas of attacking each other. That happens because you are not involved with the time. The time cannot bow you down. Perhaps if it were not you people, some other people, they would have thrown stones on My car, thinking, "So it is so late She comes, we are here boiling in the heat." They would have resented. But not the people who are beyond time. They are nicely sitting down, enjoying themselves. It doesn't matter, the time passes on.

Then you become dharmatit: you become beyond dharma, beyond your human nature. That means whatever you do is religious, whatever is your endeavor is religious. If, say, you are in a business, you would like to do business in a religious manner, because you are beyond religion you are not bothered as to follow a particular pattern or ritual of any religion, but you are beyond it. Like people who are, you see, not beyond religion: they must get up early in the morning, they are bound by their rituals and they pass through the rituals, and if one of the rituals is not done they are very unhappy and shaken up. But not you. For you, you are always in dhyana, always in meditative mood, and anything goes wrong you just jump into that awareness where you get the solution, and you are not disturbed, not disturbed at all when things go wrong.

Like ritualistic nature makes you very constricted, very docile, sometimes can be aggressive also. People with their ritualism trouble others a lot. Like one lady who was supposed to be our friend came to My house.

So she said, "I'm a vegetarian."

I said, "Then?"

"But I can't eat the food in which non-veg. food has been cooked."

"All right. So we'll have to get new utensils."

So I went and bought new utensils for her.

So she said that "You have to be careful that even the spoon should not be used."

So I had to go and get for her a spoon.

Then she said, "Tumblers; because people are taking food here who are eating non-veg. food, so you better get us something which is absolutely new."

So I had to incur all these problems. And then she was in the kitchen and she wouldn't allow our cook to cook anything for us.

She said, "First I will cook, and then you can cook."

And she made such a nuisance out of her that instead of being a guest she became a pest, and this is what happens to people who are ritualistic, because they are very demanding. They go on demanding that "This is our dharma."

I know of another story was told to Me by somebody in Bombay.

She said, "This lady who came to me as a guest, because she was related to something very high up, she was worse than my great-great-great-grandmother."

I said, "Really?"

She said, "I can't understand that in India we have such people still living. She came here and she said, 'I cannot take water from the tap. You have to get it from some sort of a well.'

"Now, there are only two wells in Bombay. So people had to go and fetch the water, but the cook had to be completely drenched in water and then only he could cook.

"'Because if he cooks without that, then I won't eat.'

"And she went on, and on, and on there, and the cook got sick with pneumonia, another cook came and he got flu, you see? This lady didn't mind.

"She said, 'No, that's my style.'"

So she asked Me, "What should we do with such people, Mother?"

I said, "You should have asked her that 'We have this thing. If you like it well and good; otherwise you don't eat, it's all right, good. Fasting is a very good thing.' That's the only solution for such people who are so self-centered and so much bothering others."

So this self-centeredness comes to us because we think, "This is our dharma, this is our right, this is - everything belongs to us. How dare they do not do it?" How much we trouble others, how much we make them inconvenient, how much we try to make their lives miserable, we never think. We go on demanding things, "This is my dharma, what can I do? This is what I have to do." But it becomes such a conditioning of the mind that I have seen many cases in Sahaja Yoga who got conditioned like that.

There was a lady, French lady who came to Sahaja Yoga, and her mother was very ritualistic to begin with, and she was so troublesome that she must go to church every Sunday. She would dress up well, go to church and come back home. And one day she just disappeared. So they told the police to find out this lady, and when he went to find out the lady, the police said that "We can't find her, God knows where she has disappeared."

Then she said, "All right, go and find out in the church." She was still sitting in the church.

Next time again she disappeared. It happened three, four times. So the police said, "Sorry, we are finished with her. Now if you want you can put her in the old people's house, and that's all." So they sent her to an old people's house.

So this Sahaja Yogini told Me, "Mother, very surprising, they are otherwise very stupid people, they go on sitting, brooding, talking nonsense like mad, they have all become senile and their senility can be very well seen. But what happens that on a Sunday they all dress up well and go to church. That's the only point where they are sane." It is very surprising how the conditioning works.

There was one person I had who came and stayed with us, and he said, "I'm very good driver."

So I said, "All right."

But he only know driving, he didn't know about London, what sort of a place London is. Now he knew the driving very well, but if I had to go to the north, he'll drive Me to the south. If I had to go to the east, he'll drive Me to the west.

I said, "What's the matter? You know driving?"

"Yes, I know driving, that I know, but I don't know anything about road, I have no road sense."

One day the police got hold of him. I was also in the car.

He said, "Where are you going?"

He said, "I am going to such and such place."

So he said, "Now you have been to this place six times. Again you are coming back to the same point six times!"

So in the old age I have known that these things form a kind of a habit, but in young age also you can find people get so conditioned by their style. So this is what you can call the human element, where you get attached or get bothered about something. Now it's a kind of a, I should say, a madness that somebody demands this, somebody demands that, "I don't like this, I don't like that." It goes on, and on, and on. It's so common to say "I don't like," "I like." It is very surprising that they go on saying like this.

They go to somebody's house, "No, no, I don't like this carpet." I mean, it's not your carpet, you've not purchased it. This person has purchased the carpet. What have you got to do? Why should you say "I don't like"? Who are you? You have not paid for you. The one who has paid likes it, finished! Why do you want to pass your remarks, "I don't like it"? Are you a connoisseur, so to criticize others?

Somebody is wearing, supposing, the hairdress in a way, but "I don't like this kind of hairdress."

"Why?"

"I don't like, that's all."

Then it goes from there to human beings and everyone. Who are you to like or dislike? What is your position? Why should you say "I like" or "don't like"? But is very common, specially in the West, to pass such remarks, "I don't like it."

"I don't like India."

"All right, if you don't like, sit at home. Why did you come here?"

"I don't like Turkey."

"Why?"

Because if supposing anybody is wearing a long skirt, they'll say, "No, I don't like it because it is Turkish." So you should only wear

short skirts. But we don't like short skirts, supposing. But one should not say that "I don't like it," because it hurts people, it takes away the pride of the person.

Now when you are in Sahaja Yoga you must know that you are not normal human being, according to the normal standards, you see, you are above them. Your likes and dislikes are different from theirs, and your whole attitude has changed. You are, sometimes you are just like children, I have seen. You talk like small little children, very innocently, and sometimes you talk very profound things. Now this is unknown to people who are supposed to be normal, because normal people, you know, they are so bombastic, all the time they go on saying "I, I, I."

Kabira has said that when a goat is living, she goes on saying "meh, meh, meh," means "I, I, I." But when she is dead and her intestines are drawn into a kind of a wire for, we call dhunak - means "with which they separate the seeds from the cotton" - that time, what she says, "tu hi, tu hi, tu hi": "you are, you are, you are."

"You are everything." When you say that, immediately your attention goes away from others, finding faults with them, finding what's wrong with them, using your brains all the time to criticize others, to make fun of others, sometimes even to talk ill of others. People enjoy gossips. Why? They enjoy gossip because they don't know that another person is the same as myself, and I have no business to gossip about that person.

So this understanding, I should say this loving wisdom doesn't exist when you are a normal human being. At the slightest provocation you can get angry, start doing all kinds of things just like a bull in the china shop, you can behave any way. Suddenly you'll find them just growing up into that. The reason for that is, you are not yet a Sahaja Yogi. But Sahaja Yogi is a person who enjoys all kinds of things. Say somebody becomes very angry and hot-tempered. He also sees that what is happening, how he is behaving. So, actually it is not a dharma that you get angry with someone, it's not. It is something very low to be angry with others, to be all the time shouting at others, to be exacting things from others or to criticize others, thinking you are something great. And this doesn't pay. By the time you come to the end of life you'll find you haven't got one friend, one neighbor.

Another thing is that when you are very egoistical, you think no end of yourself and you go on talking, jabbering, talking, jabbering, and the another person just gets bored stiff; but still you are talking, talking, talking about yourself, "I did this, I did this, I went there. I, I, I..." It goes to any limit, and you are not ashamed as to what you are saying.

I have seen people who have taken to all kinds of funny attitudes towards others, when they are just normal human beings. If somebody says something wrong about somebody, somebody says that "That person is like this, I know, you see he did this way."

Immediately it goes into their mind, "Yes, it's so."

Now that makes your mind a sick mind, we can say vikrudh, where the mind is not normal. You become sick, and you accept all this sickness and go on accepting it, accepting it till you are a sick person, and this sickness is extremely dangerous. Not for others so much as for yourself, because nobody can stand such a sick personality.

Now you might say, I've seen people who have taken to religion. Like now I am a religious person, supposing. Now you better be religious, so what? You can't do this, you can't do that, you cannot sit here, you cannot eat this, this is important: all time to discipline others, instead of disciplining yourself. Because when you are a normal person you don't see yourself, you just see others; but once you are a realized soul, you just start watching yourself and see for yourself what's wrong.

Now after becoming the Spirit, in the light of the Spirit you see yourself. You just see yourself. What happens, how you behave and how you enjoy yourself, when you know how to correct yourself. It's very sweet. Little, little things you do in such a beautiful manner, and you'll say such beautiful things. Of course there are people who cannot be corrected, they're incorrigible. So also you should just see this is incorrigible, you can't help it.

Like in Sahaja Yoga we have some people who are all the time trying to help the wrong type of people, like they have taken a power of attorney in Sahaja Yoga. So if somebody tries to be funny, we expect a telephone call from that power of attorney. After two hours, he tells, "Now, please tell Mother that such and such person is to be looked after. This has to be done, that has to be done." It's absolutely a habitual thing with them to inform Me that "No, You must help, You must do something." But now it has become such a common practice, and we know that he will just now come along and give us a big lecture on this subject.

So you see, it's a nature of a human being which has been going through the different types of complications in life, also born with some genes or something that he is not a very normal person, though we say he's normal; because the way he reacts, the reaction that he shows is very absurd. There's no need for anybody to telephone to Me, to tell Me that "You see, this man is such and such, You better look after him." Unnecessarily to interfere with others' affairs when you have no authority, when you have nothing to do with that person. All sorts of, I can tell you, designs are there that has been made into the minds of human beings, and these designs all disappear, just disappear. I don't know how they get all these designs, from where they get it - maybe their country, maybe their family, maybe their genes - whatever you may say, all this disappears, even your genes change. That is what is Sahaja Yoga, where you become the Spirit; everything changes. And what happens to you, that you become a person who knows what is joy, who enjoys joy, who enjoys existence, who gives joy to others, makes others happy, all the time thinks how to make others happy. Just it happens, though you are brought up the same way as others are, though you are being educated the same way, maybe; but all that disappears and you become a wise, beautiful, joyous person.

It's something that you have achieved, of which you may not be aware, the way you are enjoying in this scout-ground. No other group could have enjoyed as you have enjoyed. I can see what you are doing here and how you are enjoying, how you are enjoying the company of others, it's very remarkable; and that has come because your heart is full of joy of the Spirit that shines within you. You can examine yourself and see for yourself whatever I'm saying is there or not. Of course, there are some people who think no end of themselves, they are staying in a hotel or some lodge, or something. They are not enjoying. They still think that they are something great, so they must stay somewhere like that.

Very surprisingly, specially Indians I have seen, when they come to Cabella they all want to stay in a hotel. In their lives they might be having one bathroom in their house, but when they come to Cabella they want to stay in a hotel with attached bath, with this, with that; young people, it's very surprising. It happens because I think they have never seen a good hotel, or may be that they have lived in a very bad condition. But a person who is a Sahaja Yogi can live anywhere, can sleep anywhere. Only thing is that his Spirit is there to make him happy, nothing else. That is the One that gives you happiness.

All these other ideas that human beings have, which have created problems after problems. Now you see, because you belong to a different religion, you are bad. If you want to know about the Christians, you'd better go and ask the Jews; and if you want to know about the Jews, better go and ask the Muslims; and if you want to know about the Muslims, go and ask the Hindus. You'll be amazed how they talk about other people as if all of them are bad, and they are the best. So this whole attitude changes completely. You forget it: who is what, whose religion is what, from what sort of family they come in, from what is the background they are coming in. They become just one with each other. What they enjoy is the company of all the Sahaja Yogis. All the Sahaja Yogis are there, that's all. So many Sahaja Yogis will be there, and that is the Mecca, that is the Kumbha Mela, that you can call anything if you like. The collective joy that you enjoy has come to you because you have crossed, crossed that barrier which has stopped you from seeing the truth.

The truth is, as I said yesterday, that you are the Spirit, and once you become the Spirit you become gunatit, kalatit and dharmatit. Once you cross these limits, then you become like a drop in the ocean. If the drop is outside the ocean, it's always frightened of the sun because it will dry it up; he doesn't know what to do, which way to slip, which way to move. But once it is one with the ocean, it just moves and enjoys because he's not alone, it's not alone. It's moving with the waves of that beautiful ocean of joy. And that is what you have achieved, of which you are aware; you know, but you don't know you have achieved it, because you are the Spirit.

Now you should be on the watch about yourself sometimes, and you'd be amazed to see how you are changed, how you have

become so simple and sensible and wise. So many problems come in the West because they are still stupid, I think, very stupid people. Because even an old man of eighty years would like to marry a lady of, say, twenty years, and he doesn't understand why he is doing it, because he doesn't accept his age, he doesn't accept that "I am an old man, I must behave like an old man." He wants to marry a girl who can be his granddaughter. This is more common in the West. They always think like that. Any young girl they see, they think they should marry that girl. They may be just on their way to the grave, but doesn't matter, they want to have a wife like that. This is the problem of the West.

Now how does it come? Because they don't understand that we are old, and to be old is to be proud. Now when I was five years, I cannot imagine so many people could have come to wish Me a happy birthday. Even when I was fifty years there were not so many people. Now when I am seventy-five, see how many people are there to wish Me happy birthday! When you are old you should be proud of your age, if you have lived wisely; but if you have been stupid, then of course nobody can help. Everybody will laugh at such a person, but they will do the same thing. It's a custom in the West to go on having wives after wives, divorcing your wife and this, that.

In India it's the other way round I should say, they don't have much respect for the women. They were supposed to have great respect for women, they were supposed to have placed their women at the pedestal of a sati, and even if the woman may be anything, they don't respect. Now this is from where it has come, I don't know. Some of them say that it is written by some poet that a woman should be beaten up. I mean, who is this poet? He should be beaten up I think, first of all. He was born out of a woman, and here he writes like this. So you see, we like to take up something which is wrong, which is absolutely absurd. This comes because you are not wise. A wise person will take in whatever is the wisdom. He won't accept anything nonsensical. You go on reading the books one after another, one after another. So many books you read, and where do you land up with that? You find you are reading books which are no good for you, useless, but if you are fond of reading, you go on reading.

So the lack of wisdom gives you indiscrimination and you justify it, all that you justify and you say, "Now this is very good. Whatever I am doing is the best." It's not ego, I would say, but stupid human understanding. "Whatever I am doing is good. Whatever is my attitude is good. How dare anybody tell me anything that this is wrong, that is wrong?" Everybody will laugh at that person, make fun of that person. Such a person will suffer a lot, everything. But he will never accept that "I have done something wrong."

So when you go beyond dharma, you become, go beyond dharma, then what happens that dharma becomes part and parcel of you. You don't do wrong things, you just don't do it. It's not that somebody is telling you or you want to follow it, or there is compulsion or you are disciplined, but you just don't like to do wrong things, to say something which is not respectful, which is not helpful, which is not loving. This is the quality of a Sahaja Yogi, where you become the Spirit. Becoming the Spirit, you don't have to tell anybody, so obvious, so evident and one can see that, and the more you go deep into yourself, you find that you are endowed with such greatness within you, such beautiful feelings, such nice things within you that you overcome the ego of others.

I must tell you a story. Once I went to see a saint. So the Sahaja Yogis said, "Mother, You never go and see these gurus and this and that, so why do You go?"

I said, "You come along with Me." So we had to climb a lot.

I said, "From here you see his vibrations. First you see his vibrations."

So lots of vibrations were coming. So we went up the hill, climbed up. And this gentleman was supposed to have powers that he could control the rain, and it started raining, and raining very heavily, and I got completely drenched in that rain. When I went up I saw him sitting on a stone, just shaking his head with anger or I don't know what. So I went into his cave and sat down.

So he came back, he came back and he said to Me, "Mother, why didn't You allow me to stop the rain? Is it to overcome my ego?"

I said, "No, not that, I didn't want, I didn't see your ego anywhere; but the problem is the another. You are a sanyasi, you are a one who are an ascetic, you bought a sari for Me. Now if you bought a sari for Me, I can't take from you because you're a sanyasi. So I had to get drenched, so that I will have to borrow sari from you."

And the whole thing melted away. He became a very different person.

So with wisdom you know how to handle different types of people. You say things by which you melt their ego. Their conditionings also are brought into a kind of a new awakening. They see in you that wisdom, that love, that expression of, I should say, your Spirit. And that's how so many saints, though they were tortured and troubled by many, but they were definitely very much respected and loved. But those saints in those days, I must say, were definitely very nice and good people, but one thing was there: they were rather strict and disciplining with their disciples. The reason was that they were not realized souls, their disciples, and these gurus thought that "Unless and until you discipline these people, they'll never rise, they'll never become something great, so they have to be disciplined."

And those who were seekers of truth accepted that "All right, whatever you say, we'll do. Even if you ask us to fast, we'll do it." They'll stand on their heads, "All right, stand on our heads. Do what you say, and we will be willing to do it. You don't have to worry on that point." And that's how they were very disciplining type.

But in Sahaja Yoga there is no discipline taught. The reason is, you are realized souls, your Spirit is there and the Spirit gives you the light. In that light you see yourself so clearly, and you can discipline yourself. I don't have to tell you. You know that so many people have given up drugs overnight, but I never told them, I never even talked about drugs or anything, and how did they do it? Because they had the light, and this is what is you have got today, is the light of the Spirit. You become absolutely independent and absolutely free; complete freedom, because you have the light. You cannot do, you cannot do wrong things. Supposing now there is light, and there is some sort of a big explosion taking place. I won't run towards the explosion, no. You won't run either, because you have got the eyes. So the Spirit and its light is the greatest guiding factor by which you become, as I said, gunatit, you become kalatit, and you become dharmatit. You are not slave of anything. You are not slave of your watch, you are not slave of time, you are not slave as to what is your gunas are. You don't want to see whether you are right-sided, left-sided or centered. You are a Sahaja Yogi, and a Sahaja Yogi is beyond all these things, so you are gunatit. You are dharmatit because dharma becomes part and parcel of you. You don't have to follow any disciplining of dharma.

I have seen in Sahaja Yoga, in some of the ashrams they are very strict. That should not be so. I have told them never to be strict. If somebody doesn't get up at, say, four o'clock, doesn't matter. Let him get up at ten o'clock. After some time he himself will get up at four, but don't try to discipline them too much. Children also you should not discipline too much. Of course if they are realized souls, they themselves are so good, they are so beautiful. But if they are not, try to give them Realization. Once you realize that those who are not realized are making all these mistakes, that they are in the darkness, your attitude towards them will change. You will just try to be extremely patient and kind, and affectionate and loving, because you will know that person is not realized. He has not got his eyes, he can't see, he is blind, he can't hear, he can't feel the reality. So first let him feel the reality. What is the use of giving him a lecture and disciplining? Still he'll go on making mistakes and troubling himself, or troubling others.

So this is what you have achieved through your enlightenment, that you are beyond all these things. And you become a person of a temperament which is so loving and so joy-giving. I mean, it's so many examples I can give in Sahaja Yoga which has happened, that I have seen the beauty of their love and affection, not only towards Me, but only towards others also. Only if it is only towards Me I can explain it, but I can't explain the way they are kind to people, as I told you yesterday, that these people went to Israel, now they went to Egypt, they went to Russia. Who told them? I never asked anybody to go anywhere. On their own they felt they have to go and do this job, and they have to help people to get out of their ignorance.

So today, on such a day when you are celebrating My seventy-fifth Birthday, and so many balloons are there - they are very remarkably, very picturesque and have colors of different types, expressing your love for Me. In everything I see your love.

Whatever you have done here, all your decorations, everything, I feel My children are so loving. I have done nothing for you, I don't know what makes you feel such gratitude. I still want to know, what have I done? I have done nothing! But the way you want to express your love, it's very surprising; except for, I would say, that you got the light of your Spirit. In that light, might be you see something different in Me, but the way you are showing your gratitude is really beyond Me.

As the other day, one of the speakers said that "You don't thank your mother, take her for granted." It's a fact. There's no need to thank Me, you have to take Me for granted. But the way you want to thank Me, just like a small little child would like to thank, you just become like children. You're so enthusiastic about it, and you don't understand that normally is not done like this anywhere; nobody tries to be just like children expressing their beautiful love.

It's a very new thing that one can see. Such peace, such love, such joy all around in a far-fetched place like this, how could you do that? How could you manage that? It's not easy to understand, it's not for human beings to see that. They just don't understand how these people are like this, and why are they living like this so happily? Now you have comforts in the house, you are living so well in your houses, everything is there, but here in this scout-ground it's not such a comfortable place to live. But you can live anywhere, I know, I have seen it. Wherever you are, as long as there are Sahaja Yogis around, you don't care for anything. And this collective enjoyment of each other, without any expectation, without any criticism, without any gossip or any nonsense like that, is so beautiful. And even when you pull each other's legs, you know, I enjoy your jokes and understand that it's such friendship, such beautiful friendship. Whether you are from India or from England or from America, or from any other place, you find there's such oneness of understanding, oneness of movement, like one waves rises and another wave rises, and another wave rises. It's continuous, eternal, and this is what one has to achieve for others also.

For that also, must remember that you have the light; others don't have. So you have to be very considerate, tolerant and understanding about their problem, and just listen to them. What is their problem? First they'll tell you that "My business is going down," or they might say that "My wife is no good," or "My son has no job, he is not working." All kinds of things they might tell you. Listen, listen to them, for them it is important, all right. After that you will find gradually, you see, they'll soothe down because you are emitting love, you are emitting joy, you are emitting confidence through your spiritual awakening. You have those powers. You just stand anywhere and you can create peace in that place, you can create happiness in that place. So be confident, don't lose your confidence.

Also your wisdom to understand others will be very much convincing for other people to understand that "They are something exceptional. They don't get angry, they don't get into temper, they are not mad people, they are not after some sort of a craze - just very, very balanced people." And this you don't have to practice. It is there. It is within you, and you should be proud of it. You should not think that it is something that you have to achieve, or to become. You have it, within yourself you have it. Only thing that you have to see in the light of the Spirit yourself. It just is a very simple thing, and that works out. It is not easy for others to understand you, but it should be very easy to understand them; because you were like that before, and now they are seeing you and they will become like you.

It's very simple. You can see this, that I started Sahaja Yoga with one lady. And now today, see how many are there. Now what have I done, I really don't know, what have I done? I have no idea. And what you think, such gratitude and enjoyment and joy! So all these things, whatever I have told you, you have to be aware of your being, of your own Self, of your Spirit, that you are the Spirit. And as you are the Spirit, you are beyond all these things. And once that happens, you'll be amazed what a personality you are.

(Shri Mataji continues in Hindi)

[Translation from Hindi]

Today I spoke in English, because most of the time I speak to you in Hindi. But whatever I have spoken to them, I am sure you must have understood. What has been said is, that when the light of the Spirit spreads inside you, then three attributes get awakened within you. As you know, within you, you have three gunas (constituents of Nature) – Tamo Guna, Rajo Guna and

Satya Guna.

Those who are Tamo Gunis have a style of their own. Rajo Gunis have their own style. And when they feel the tedium and aversion of their pursuits; they enter into the area of Sattwa Guna (search or seeking for the truth). And then one feels, that I must stop these useless pursuits and look beyond. When you enter the state of Satwa Guna, then your search starts. And when you achieve what you are searching, then you go beyond all these three states. That is when a person is recognized as Gunateet (beyond the gunas); Kalateet (beyond time); and Dharmateet (beyond Dharmas). They do not have any particular Dharma. Whatever he does, is Dharmic in itself. He cannot do anything adharmic (against dharma).

His very nature, Swabhav – (Swa means the spirit, bhava means nature of the spirit), becomes swayam, the Self. It becomes like this – that he experiences a special kind of self existence, a special kind of peace; and a special state of being. Then he becomes a special personality, the giver of peace, happiness, and joy, to everyone who comes into contact with him.

It may happen sometimes that the love you are giving people, is not understood by them. They might misuse it. It can happen. But it does not upset you. You just feel, he is still ignorant. He is not able to understand. He lacks proper understanding. You don't comment on his shortcomings. You just watch; and think, that maybe later he will improve. Because you realize that at one time you were also like this, and now you are standing at a higher level. Tomorrow he will also come into our fold.

Now you are so many. Shri Jesus only had twelve disciples. And they made so many, many, Christians. Nobody gave anybody realization, but they made them Christians. You people can give realization. This is the work you all have to do now. That whomever you see, just give them realization. All questions and doubts will disappear, and a new kind of ambition will arise within you.

A very unique manvantar, (evolved species) is starting to emerge. (Punar Utthan ka bela), the Age of Resurrection has come. With this, a transformation of human beings has to happen. It is most necessary. Otherwise the problems of human beings can never be corrected and solved. There has to be a transformation. And when he is transformed, he will become so auspicious and beautiful. And the auspiciousness of every aspect of his life, enters the environment and dances.

In order to achieve such a beautiful and auspicious life, you do not have to do anything. You don't have to pay for it, or labour for it. Nothing to be done. Just awaken the sleeping energy within, maintain the awakened state and enjoy.

There are so many deep people in Sahaja Yoga, and I Myself am amazed at seeing this. That how did they take this profound depth into their lives so fast. Actually this depth was already there within them. But they were in darkness. Now, when they have entered the Light, they have become enlightened, beautiful, and auspicious. What can I say about all this!

There is a great aandolan (upheaval) in My Heart, that whatever powers there are in the entire Brahmand (Creation), you should achieve all of it. All these powers that the Rishis and Munis (sages and saints) of old had achieved, may you also achieve that. And achieve them, even while you live a normal life.

Today is a very Shubh Divas (auspicious day), and you have celebrated it with so much joy. Like little children you have given Me so much love. What can I say. I just cannot find words. It is actually too much, too much! And to fully understand and absorb it, is going to be very difficult. That why have you bestowed so much love on Me. What have I done for you. I am just not able to fathom it. I have not done anything great for you. This is your love which has grown and grown, and reached this stage.

All I can say to you is, keep growing in this way and keep taking others along with you. They should also experience this happiness and joy. May they all become a part of this process, where a special and unique personality is emerging.

My eternal Blessings.

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Evening Program, 75th Birthday Celebrations - New Delhi (India) Sunday, March 22nd 1998

[Transcription starts at 2:27:47 of video]

I really don't know what to say but always after a program, I try to say something about it. Firstly, the first gentleman who was here - Jagganath Mishra – I must say, he brought all the atmosphere of Indian sweet culture in the villages very beautifully. For example, I've seen that only in India, poets have described the mischief of the children, the walking of the children – their gait, their style, their...every little bit of it. But nowhere in any country, I've seen, children have been described so sweetly, small little children, how they walk, how they fall and how they do mischiefs, but this is Indian speciality. That is our literature, all over you'll find poetry describing the play of Shri Krishna, maybe of Shri Rama and all kinds of things... wonderful. Even there was a Christian gentleman who got converted, he also has written a beautiful poem about Christ's childhood, but I haven't seen anywhere in the literature, in the Christian community or Christian people, that they have described Christ as a child – how he was, how he looked, how he walked. It's very interesting, and that's what I felt today when there he was describing the... swing that we have for this season – we call it as the Vasanta, means the ...as the Spring - very bad at translation. So the spring, you see during springtime in India in the villages, they put up big, big long swings and... under the trees, the mango trees. You see, it's so beautifully described all these things. This is another thing of Indian literature where they do not describe only the love affairs - you see this one point. Also, describe the relationship with others and with nature and how the whole community is playing the Holi maybe or this swinging and all that... so beautifully described. I wish some of the Sahaja Yogis could take to that now and when they write their poems or they get into literature, they write about the children – how they walk, how they are mischievous, how they fall down. It's a very sweet thing and makes life much sweeter with all these things. Also about nature, wherein the nature people have gone – not for just a picnic or anything – but just to enjoy nature. It would be a very good idea and that would really show that you have imbibed some of the suggestions – or we can say, descriptions – of Indian life. It was very sweet, you know. I really enjoyed his style of describing village life. It is so sweet and shows how people love each other and express their love. There's no carnal love, nothing of the kind, but very pure love between say Yeshodaji and Radha ...I was surprised how it was described so well. So he brought out through his shehnai – he's a master, I must say of shehnai... such a shehnai I have never heard before, I must say – it was great and what a find.

[audience applauds]

Atcha... Then you know Ajit Kade. ... he has been always coming and singing songs and describing about various things Today he sang Marathi songs - whether it is Marathi or Hindi, is just the same to you, so makes no difference. But in Marathi songs, also the mood is very different from Hindi songs because he was singing, you know, one song very sweetly about Shri Krishna. He stands with His leg, you see, crossed ... so he said this langla – means 'a lame fellow' – how can he be God? What sort of a god it is? Very sweet. The whole description was very sw... sweet and at the same time, it started raining so, you see, it's an indication that now it's cooled down, you see... it has to cool down, and the way it all related - you understand so many things happen in Sahaja Yoga because they're connected. You have heard his songs before and he is a very... very sensitive person and he feels for all of you – he himself is a Sahaj Yogi and he has written many poems on Sahaja Yoga. Today he didn't sing them except for Brahma Shodhile.

Now the third one I enjoyed very much was the dance. I always admire Kuchipudi the best because it has power, where they express all their feelings very clearly, very sweetly, everybody can understand. And also they have the footwork and all that - you

have seen how she worked on that thali and how she danced. So these are all the techniques of Indian dancing which is different from, I should say western dancing but as many Indians have learnt western dancing, you can also learn Indian dancing, you see it's not difficult. And there are some Russian girls who are learning Indian dancing in Russia. I was surprised that, to see they are learning there. But it's very easy to understand Kuchipudi, that's the easiest thing to understand because it's very expressive. So I'm very happy to see her dance like this, and she's a Sahaja yogini, her husband is a Sahaja yogi who is a filmmaker, can you imagine? Such a simple man like him. So it was a very high standard program, I must say because I never expected one after another such nice program coming up and, after her dance, we had you, people, here. I have heard you separately - not together so many - when there are people I know, they are from different countries, I know them. I have heard them separately as I say. But I have never heard them together and your music, it has to be done collectively. Sometimes you hear the individual play, but it has to be collective with the composer's things before you and it is to be done in a very meticulous manner. Extremely meticulous. I was surprised some Indians got up and went out, but if you go to any hall in the west for a concert or anything like that or [UNCLEAR] or anything - you are not even supposed to [cough?]

so much respect is to be given. But for Indian music, you can walk about, talk to people - nobody minds that - because perhaps people are very liberal but I think that one must respect - respect the artist and the art otherwise art won't grow. So now we have here some very nice musicians. I was surprised that none of them made any mistakes: that's the best part of it though they were coming from different countries, and they did it so well and with such speed and understanding. I wanted them to play this Binati Suniye because, in India, we don't have any notation, can you imagine? We don't have any... composers. Only thing is we have to go through rigorous... training, rigorous training for at least, I don't know, I used to think that it's at least twenty years or thirty years but nowadays I find the western people get it in three years - something special about them - and after that only, they can start singing with their own originality, with their own expressions. They don't need. They themselves are composers as if they know the whole knowledge - how to build up, how are the melodies are, ragas are, how far to go, how to express - and they are left to themselves to do it. Now there's a rapport between the audience and between them so that rapport works and they know how to play. This is another style - I would say both styles are all right. There's nothing wrong in any style or another style, but for Indian style, you have to go into rigorous training and if there are people who are [UNCLEAR] sitting here, then it can be found out that you are making mistake, you are doing this... But normally it is very enjoyable in the same way as your music is. You had composers and composers and they are different, different types of people - we couldn't play all of them today - but perhaps I like all of them very much and I enjoy western music equally the same as Indian music as well as south Indian music. I... music is music. I mean, I don't understand that this music is superior, that music is superior - there's nothing like that. They're all different types of music and, only thing is you must have a sensitive ear to enjoy it. One's enjoyment is abstract - it is not according to the country, according to any style or anything. Everywhere music has developed and we should learn to appreciate, to enjoy every type of music. I am very happy and thankful for the way you have played your orchestra, it was really remarkable. I never thought that you all would join together like this - though I've heard Austria is very good and also Romania is very good, they have so many good musicians there. But for Indians, it's a treat because they have never heard Mozart, I think - very few people must have heard him. Of course, he was a great master, no doubt. Vivaldi, Verdi... all of them, tremendous people no doubt. But I had a chance to go abroad and I had a liking for music so I could hear them. It's a chance, a great chance for Indians here to hear all these great composers, so thank you very much for that.

1998-0323, Birthday Felicitations

View [online](#).

23 March 1998

Birthday Felicitations

New Delhi (India) | Transcript (English) - NOT needed

Evening Program, 75th Birthday Celebrations

1998-0325, Birthday Felicitations

View [online](#).

25 March 1998

Birthday Felicitations

New Delhi (India)

Talk Language: English | Transcript (English) – Draft

Evening Program, 75th Birthday Celebrations

Talk starts at: 2:43:56.

Shri Mataji Nirmala Devi: "It was a real feast, isn't it? And also your guitar from the West has been so well managed for Indian music. In the guitars as you play you cannot create melody because it breaks all the time, but with this one, you see, how it was created, just like sarod, I would say. Now, Mister [SOUNDS LIKE Butt]'s Guru and his Guru's Guru I have met [SOUNDS LIKE alone] in [SOUNDS LIKE Khazan]. Not only I've heard him - very good at [SOUNDS LIKE pakwadjji]. And also, what I see, the sarod, sarod also in him has come from the same. [SOUNDS LIKE Myer] style, you see. This is sarod style. The way he played was just like a sarod. To make this into a sarod is really creditable, I must say.

So you can see the depth and the greatness of Indian music. You see, how they must have worked hard, how many years they must have spent. And the young gentleman on the tabla wala, the tabla wala and his Guru [SOUNDS LIKE Kishan] Maharaj, I have heard him many a time. His style is just like [SOUNDS LIKE Kishan] Maharaj. He reminds me of [SOUNDS LIKE Kishan] Maharaj. Very nice person, [SOUNDS LIKE Kishan] Maharaj was and such a... such a master of talas, you see, you don't know we had very-very great people in this country and I am very happy to know that they have donated their art to younger people. And they are developing it, because it's a music which you cannot just learn like that, you have to go into a very rigorous training and a very devoted life. Otherwise you cannot master this, it's a very, very deep and very, ah... I should say, divine. You can see in the Divinity how it is expressed through Indian music.

[CUT IN THE VIDEO]

But for this music you have to have a proper, deep education. To work very hard and those who are listeners also must know it's just a rapport of Divine feelings between the players and the listeners. I mean, I am so enthralled by all this. I am trying to do at this age whatever is possible to enshrine this great music because for divine life you need this kind of deep music. Just like yours, like Mozart and other people we have. But they are gone, finished. But still Indian music is continuing. I am very happy about it, I am thankful to these young artists that they have taken up this Indian music so seriously, have worked so hard and have brought that traditional thing back. Otherwise, I was thinking is going to die out or what's the... Luckily, now we have an academy also and I am sure it will be revived and it will create more and more artists in India and also abroad. Alright? May God bless you."

[CUT IN THE VIDEO]

Talk continues at: 2:47:57.

Seventh Day

26.03.1998

Sir Chandrika Prasad Srivastava: -- "Dear Sahaja Yogis and Sahaja Yoginis, can you hear me? Yeah.

We have been celebrating an event of momentous importance for entire humanity, the birth of your Holy Mother, Shri Mataji, seventy-five years ago.

In effect, we are celebrating something which needs to be appreciated and understood. Before Her, there have been Incarnations, they have given to this Earth excellent religions and these religions aimed at bringing humanity to civilized existence, to existence according to ethical standards. So we have these different religions growing up in different places, getting different followers but, over a period of time, instead of uniting all of them, they began to separate them, as if there are compartments. And you had tensions in the nineteenth and twentieth centuries. There was a great need for a new Incarnation to come and to lift the humanity to a higher level of spirituality and that is why Shri Mataji has come to this Earth and She has taken birth here.

Seemingly, it may appear to be an impossible task. How do you do that? And initially, that was what the blind did not see how would Shri Mataji succeed in Her mission? But if you see what you see here today and if you hear what you have heard today, is this not already a new world in existence? And it is Her world which has come into being.

We are now talking of Hindus, Muslims, Christians, Sikhs all being brothers and sisters. The possibility of me, a born Hindu, worshipping in a Mosque, why not? Or in a Church, why not? Or in a [SOUNDS LIKE Gurdwara], why not? Every place of worship is for everybody. And that is what Sahaja Yoga is. Sahaja Yoga lifts humanity to a very much higher level of spiritual existence. Now, this is Her mission and She began that mission twenty-eight years ago with great difficulty. I think we must all recognize and recall She has single-handedly brought about a tremendous revolution in humanity. I narrated you the other day of one, one event, twenty-five years ago, where She got hold of a young man who was almost dying and brought her home. Did She ask him 'What is your religion?' No. Did She ask him 'What is your language?' No. Did She ask him 'What is your race?' No. He was a human being and She brought that human being home, treated her with Sahaja Yoga and treated her with that powerful emotion: love. Selfless love, love of a mother. And very soon, this boy, who was a drunkard, who was given to drugs and all that goes with it, he got transformed. So that is how She begun, Herself, individually looking after one person or a group of persons. You saw Mister Grégoire, he came here as a U.N. diplomat. He also had come to our [SOUNDS LIKE Exeter] house. He was a young man, brilliant young man, but in search of truth. He stayed with us for two days and went back a realized soul. And now he has been one of the pillars of the Sahaja Yoga movement. So that is why, how She, your Holy Mother, has step by step, human being by human being, built up Sahaja Yoga and now we see thousands sitting here and a million or more around the world. That is Her achievement.

Now, what is the message that you have to carry from here? We have been celebrating, I think this has been a most memorable event, it has been an elevating event, but what message will you carry from here? That's very important. And the message that you carry from here to the wider world is Sahaja Yoga, now, has to engulf the whole world. It has to spread everywhere, it has to come to every human being, every human being has to be uplifted and if you carry that message, then I have no doubt that, with the blessing of Shri Mataji, that will succeed. When we meet again, to celebrate Her eightieth birthday, probably it will be not a million strong, will be two hundred millions strong and why not?

And while we celebrate a hundred years of our existence, there will be five billions Sahaja Yogis in this world.

I owe a tremendous gratitude to Her, She has been my wife for fifty-one years, She has looked after me with tremendous love and care and affection. Once She was in Australia. From there She rang up my cook in London giving instructions as to which vegetables he should prepare for me and how. That is a wife. She is a mother of my daughters and your Mother. She has looked after not only us, but all of you with the same love. She has never distinguished between Her children and any other children. Every child to Her is Her own child.

How can I express adequately my personal gratitude to Her? Except just say 'I love you'.

Well, we wish Her eternal life, She has an eternal responsibility and I know that that is your prayer and when I go back from here I

will convey to Her what you want me to convey, your love, your prayers for Her good health, for Her long life, for Her happiness.

Now, coming down from the Divine to mundane life, this function has been organized exceedingly well and we began with a function where a number of important people came and addressed the gathering and they expressed their bewilderment, that was the word used by Mister [UNCLEAR], the [UNCLEAR] of Finance minister.

Yes, people are bewildered, they just cannot believe their eyes, they cannot understand how human beings who quarrel outside this world are just in love with each other. When they go back, they go back amazed, stunned and they do not know how it has happened. Gradually, it will [UNCLEAR]. Now, all these persons spoke so well, so highly and we must be very, very grateful to them. I think that day Shri Yogi Mahajan who is not here has played a very big role, he was the master of ceremonies. Rajesh Shah is not here, he was responsible for bringing you a number of them. But that was a moment when this political leaders begun to see where they were deficient and where your Mother was creating a new model for them to follow, to uphold and follow.

Then, we have had marvellous music program. Music is spiritual. It lifts you up. And music has been a very important integral part of Sahaja Yoga movement. And here I would like to thank and to congratulate Baba, I call him Baba because he is my [UNCLEAR], but he has played a wonderful role in getting music together, in organizing this and let's give him a big hand.

Apart from music, a function of this kind, a celebration of this magnitude - please do sit down -, of this magnitude requires a tremendous amount of organization. I know some international conferences have been organized for two thousands persons, three thousands persons and I assure you they were not even half as well-done as this has been organized here.

And there are many, many who have joined hands, many Sahaja Yogis from Delhi and outside and to all of them I would like to express my gratitude. The Yuva Shakti, they have been exceedingly, excessively busy and very, very helpful, played a great role. The caterer, he has produced excellent food. Everyone must combine. But there's always a master mind behind all this. Please don't believe that these things happen so automatically. There's someone behind this and that someone is Mister [SOUNDS LIKE Nargilkar]. I'll request him to come along."

[CUT IN THE VIDEO]

So, once again, Shri Nirmala Mataji Ki? Jay! Ki? Jay! Ki? Jay! Thank you. God bless you. Thank you.

1998-0405, Shri Rama Puja

View [online](#).

5 April 1998

Rama Puja

Noida House, New Delhi (India)

Talk Language: English | Transcript (English) – Draft

Shri Rama Navami Puja, Noida House (India), 5 April 1998.

As compared to Maharashtra, Navaratri of Chaitra month of Shalivahana Shaka (dynasty) from Pratipada to Navami is celebrated with more grandeur in North India. In Maharashtra the birth of Shri Krishna (Shri Vitthala, i. e. Shri Krishna as a King) is celebrated with religious fervour as 'Gokulashtami' Shri Vitthala was the eighth incarnation of Lord Vishnu. He incarnated (was born) at 12:00 midnight. Shri Rama, the seventh incarnation of Lord Vishnu, was born at 12:00 noon on the ninth day of Chaitra month. This day is called as Ram Navami.

Mataji Shri Nirmala Devi also incarnated on March 21, 1923 at 12:00 noon, like Shri Rama, in Chhindwara, Madhya Pradesh. Chhindwara is situated in east-west and south-north directions where two lines meet. This date of birth is as per calendar based on solar months. But as per the calendar based on lunar months, Shri Mataji's birthday was due on the first day of the first month i. e. Chaitra month of Shalivahana Shaka 1845. In Maharashtra the first day of Chaitra is known as Gudi Padwa. This happens to be the birthday of Shri Mataji as well as the day of coronation of King Shalivahana. Now Shalivahana Shaka 1920 commences from March 28, 1998 as Chaitra Pratipada, the first day of the first month.

Shri Ram was the ideal husband where as Shri Sitaji was an ideal wife and the Children born to them, known as Lav and Kusha, were also the ideal sons. Shri Rama wanted to establish the high ideas to be emulated by humanity. Socrates, as you all know called him 'a Benevolent King.'

Actually all the events that occurred in the life span of Shri Rama like 'Ahilaya Uddhar,' 'Moksha' to (Adiwasi woman Shabri), Killing of Bali, who was the king of monkeys, who was doing adharma, as well as the killing of Ravana because he kidnapped Shri Sitaji, to establish the rule of Dharma. Actually, Shri Rama was 'Dharmatita' i. e. Beyond Dharma. But strictly speaking, Dharma was in born in him i. e. he should be called 'Dharmasthita.' He was the embodiment of Dharma.

To uphold the maryadas of the throne he renounced Shri Sitaji (who was very dear to him), simply because people doubted her despite her crossing the fire (Agnipariksha). Shri Sitaji herself also left Shri Rama, in a way in the end after bringing up her children nicely; who had acquired all Vidyas and had mastered the art of Archery, so much so that they defeated their own uncle Shri Laxmana and ultimately Shri Rama had to come to fight with them to free the horse of 'Ashwamedh Yaganya' But Shri Sitaji who stood on 'Dharma,' intervened and averted the fight between the father and the sons.

Shri Rama in his own way, acted in life as if he were acting in a drama, forgetting that he was a Divine incarnation. But later on, when he incarnated as lord Shri Krishna, he was alive of his powers and used them diplomatically and punished all the Rakshasas one by one.

Shri Rama was also a great Devi Bhakta i. e. devotee of Shakti. Before attacking Shri Lanka he performed Devi Puja for which he needed a Brahmin for conducting various rites (sanctified acts) to please the Devi. He then sent for Ravana the king of Shri Lanka, who was a Brahmin and Devi Bhakta. He readily responded and helped Shri Rama in performing the puja of the Devi with all nine types of rites.

Had Shri Rama been of a cunning disposition, he could have killed Shri Ravana then and there but he was a 'Maryada Purushottama' (A righteous person). He did not do such a mean and irresponsible act. They were enemies but while performing

the puja the enmity was completely forgotten.

Even his sevaka (most obedient disciple) Shri Hanumana was an ideal disciple to be emulated by all the Sahaja Yogis. He was of great powers. He is an innocent personality of a very high order, always keen to perform the task set out for him by Shri Rama. Later on also he appeared during the incarnation of Shri Vishnu as Shri Krishna and used to ride on the top of the chariot of Shri Krishna.

He is known as 'Chiranjeev,' an eternal being, one of the seven eternal personalities. He also comes and helps and performs all the tasks assigned to him. He is always present in all my pujas and on one occasion he had been visible in vibratory form, in one of the photographs taken in Bombay.

So character of all these great personalities are to be emulated by all Sahaja Yogis in their life styles to achieve their ascent in Sahaja Yoga.

May all of you follow such great characters and be successful in achieving the high ideals of human behaviour. You should bestow love and compassion on each other and on the people you come across in your lives and become ideal Sahaja Yogi brothers and sisters.

May God bless you all with eternal blessings.

1998-0416, Talk to Sahaja Yogis

View [online](#).

16 April 1998

Talk to Sahaja Yogis

Dubai (United Arab Emirates)

Talk Language: English, Hindi | Transcript (English) – Draft | Translation (Hindi to English) - NEEDED

Talk to Sahaja Yogis, Dubai (United Arab Emirates), 1998-04-16

Shri Mataji: They wanted me to go there but something was going wrong all the time. So I just couldn't manage.

Sahajayogi:(In Hindi).Shall we do arti.

Shri Mataji:(In Hindi.)Can do it afterwards.In the evening. Now I am going to be here with you all.

After seeing so many people you don't know how overjoyed I am. Tremendous.

(In Hindi.) Have those things come?

Sahaja yogi: Yes. It has come.

Shri Mataji:(In Hindi)Why did they get it opened?

Sahaja yogi:(In Hindi) That was not Yours Shri Mataji. That belonged to Ruhi.

Shri Mataji:(In Hindi) Okay.Not mine?

Sahaja yogi: No.

Shri Mataji:(In Hindi)Why did they get Ruhi's opened?

Sahaja yogi: They just wanted to see.(Laughing)As you said

Shri Mataji:(In Hindi)Does Ruhi have the keys?

Sahaja yogi: Yes.

Shri Mataji: This is supposed to be duty -free place or something.Ruhi what were you smuggling? (Laughing)(In Hindi)This has turned out well because they were very obliging, no doubt, to give us a room and I would have been very nervous about how to manage and meet in that small little room. I didn't know they had so many Sahajayogies now.

Sahaja yogi:(In Hindi)First there were 5 then 20.

Sahaja yogi:(In Hindi)20-30 people more. There are twenty, thirty people who have not been able to come here.

Shri Mataji:(In Hindi)Is it so? They will come.

Sahaja yogi: If YOU give permission then it will happen.

Shri Mataji:(InHindi)Of course, of course.Why not. Ask for permission. I would love to see all of them. We were able to find solutions with Srilanka. Wah, wah. I was so much worried, you don't know. How many times have we tried to open our eyes? There is one fellow called Srivardanan. I think he was in the U.N or something and he was in France. And he is the one who organised but he found it very difficult, I don't know why. But now things have changed I think. Still, there is going on, troubles are going on. It was really useless thing to fight like this.

(In Hindi)You don't eat spicy?

Sahajayogi:(In Hindi)No.We do not add any spice.

Shri Mataji:(In Hindi)There are lots of badges in the bag. We have brought some badges.

Sahaja yogi: Yes

Shri Mataji: But they were running away from the whole calamity there. So they had another problem. Not of Sahajayog and they were not that time interested because they had trouble there and they had come as political refugees in London. Then I think they disappeared. (In Hindi) There are two books of Islam now, they have not come here?

Sahajayogi: (In Hindi) No.

Shri Mataji:(In Hindi)Here there are Shias or Sunnis?

Sahaja yogi:(InHindi)They are mixed Shri Mataji. Both are there. Lots of people from Iran.

Shri Mataji:(In Hindi)Shias listen. There they had a very big conference and at that conference, 700 people came.300 Muslims were there. They all got their realisation. Once they get their Realisation they 'realise.' That is called 'Mirage'.They call it 'Mirage' for 'Self Realisation.' Beautiful description. People do not read properly. They read superficially and they pray reading some stanzas. I was now reading Guru Govind Saab's work on 'Chandi'. Everything is written in such a clear cut manner.No religion was differentiated except for rituals. There was so much ritualism and this worshipping and all that. Too much. So he said let us talk of the 'Nirakara'. Let us talk of the 'formless'.Not of form. That is how it started. See it is like this we can say in a simile you can understand. That if you have to get the honey from the flower, they started talking about the flower, but it did not work out. They became very ritualistic. So they said, "why not talk about the honey."So they started talking about Parama Chaitanya and also about the honey part of it that you get. But despite all that, it was just talk for talk. Whatever they have written down is just, they have just read without getting into the real meaning of it. That is the problem. So Adi Shankara also said that, "Oh, Mother, take me beyond the 'subth jalam'", in this 'web of words.' So they got lost in the 'web of words'.Everyone.Not only we should say the Hindus or the Muslims or the Christians or the Sikhs, all of them. They got lost and that is how they never got the reality. And when you don't have the reality you start denouncing. That is all false, that is all nonsense. They talk of religion. In Maharashtra, and also in Srilanka people were very ritualistic you see. This has to be done. That has to be done. But those who were Buddhist were not so. But still, they did not go near the truth. Buddha has described it. Because he said it.'Budam saranam gachami'.That means the one who is enlightened. 'Buddha' means the one who is enlightened. Buddham Saranam Gachami, so to enlighten the people, we should 'surrender'.Then he said 'Darmom Saranam Gachami'. Darmom means dharma. Dharma has to be sustained. And then ultimately he says Sangam Saranam Gachami.Sangam means ,this is Sangam. This is Collective. So all these things that Buddha has said also, they couldn't do it because it was sort of a mantra, everybody is saying. So I think, it is not the mistake of Buddha but the mistake of the people, who never understood it and that is how so many types of religions came. So many types of, we should say, Sangas came. And nothing but fighting amongst themselves thinking that they are all great. But actually they are all one. All one. They all described them as 'One'.We human beings, you see, form separate, separate things and started fighting. So ultimately one has to understand that if you have to go to honey you have to become a bee.No use talking about honey. That means you have to be a 'realised soul'.They all have said the same thing. I am surprised how we missed the point.

They said the same thing and that is so important. Even Quran. See my father translated Quran into Hindi so I know. And now we have got two very nice books. They haven't got the book?

Sahaja yogi: We haven't sent them

Shri Mataji: Better send them. Is it allowed? That book has to go all over. Masjid was saying that you should send it to Iran. I said you take it with you. In Iran also we have people who are at least 50 people are there who are Sahaja yogi. The first country I visited was Iran. It was not followed because they did not have the strength, any time. Like once I was travelling from Ria to London and they were all in burkha and this and that and that dress that they have. And I went off to sleep. When I got up I saw people are wearing a bow, tie and all, the ladies were wearing very short skirts, so I asked the air hostess did we land somewhere else. No, no we were travelling all the time. From where did these people come in? They are the same. In the plane itself, they change. (Laughing) There it is so compulsorily they have to be like that. And then afterwards that compulsion goes away and they just shoot off. So it's not what they say or talk, that is the problem. It has done more harm than anything else. Now we are having even in India same problems but worse in Pakistan. In Pakistan, these people from India who thought they will become king or something they went to Pakistan. In Pakistan, poor things they understood that something is wrong. So they formed a group of people near Karachi, around Karachi and then they started demanding to give us Karachi as a separate state. The whole fight started. With that fighting ultimately it so happened that they got separated. But they say this Benazir Bhutto was killing at least 21 of them. They call themselves Mujahirs and now the rate has gone up much more. Much more violence. I don't know with what idea they went. Now their relations are in India and they are quite worried about it, very much worried, how to get these people and how to work it out. I don't know if the Indian Government will allow them to come back. Because they are regularly killed. Though they are Muslims and they went all the way to Pakistan. So this is what is the problem between the Shias and Sunnis. It is so ancient and so much developed that you cannot explain. It is some sort of an ignorance.

Sahaja yogi: We had some poster photographs for all these. All these photos.

Shri Mataji: (In Hindi). He has brought good photographs. Very good photographs.

Sahaja yogi: All the Collectivity here. Shri Mataji's photos.

Shri Mataji: UNCLEAR took this photo. (laughing)

Sahaja yogi: (In Hindi.) Okay. One of the best photographs.

Shri Mataji: Laughing. (In Hindi.) Brought only one?

Sahaja yogi: There are many. A whole bundle.

Shri Mataji: (In Hindi.) It is on the wrong side. Turn it. All the dharmas have gone wrong. Now it is upright. It should be like this. Put here. It is looking good here. Yes. Put it properly in a line.

So we will meet here in the night. I hope you all are not living very far away from here. You can all come conveniently. They were not allowing us to get out of the airport, but we gave bandhan. The airline organised it.

Sahaja yogi: (In Hindi) Shri Mataji, Shri Mataji, this is the book you saw before. I had sent a book.

Shri Mataji: (In Hindi) What is this?

Sahaja yogi: I had sent a book, returning it. Did you get it in Delhi? The letter is addressed to you.

Shri Mataji: Well written. You? It is alright. You can get it published in India. One fellow who has come now he is doing a very good

job. Have you seen MY new book on 'Meta Modern Era?'

Sahaja yogi: New one. I have read that but not the new edition.

Shri Mataji: Not the new one?

Sahaja yogi: Not the new one.

Shri Mataji: Very well done. It is very good. I will ask you to read it. Good. This Brahma Paramachaitanya is the one in lots of things these days you know. Showing lots of miracles. (In Hindi.) You have not brought the book. We can show him.

Sahaja yogi: You have seen it? No?

Sahaja yogi: No, no.

Sahaja yogi: We will send you. Miraculous photographs. We will send you.

Shri Mataji: Get this printed in India.

Sahaja yogi: I have sent one copy to Arun Govil Saab.

Shri Mataji: So many miracles have taken place.

Sahaja yogi: Mr Nikhil Advani, he has gold business. (In Hindi) He has a gold business. He has been here for 8 years. Also Mr. Saxena.

Shri Mataji: (In Hindi) Okay. Saxena? You all Kayastha don't get scared?

Sahaja yogi: (In Hindi.) I will bring some things here and show them to you.

Shri Mataji: (In Hindi.) Oh, that is nice. These people have an obsession that in the puja they have to give some ornament. One madness. I do not wear any nor do I want any. But no one listens. I told them I am selling MY own jewellery, otherwise how will Sahajayoga work? Have to sell it off. They are saying sell this also if you want but we will gift you an ornament. Now, what to do? Useless obsession. I don't wear them at all, but they feel that we should give this to the Devi. This time they gave me 12 or 15 paintings on MY birthday. It is not paintings, it is Tanjore work with different aspects of Shivji. It is very beautiful but I told them you have got it from Madras with all the packing done. They are happy. It makes them happy. What can I do? Now every place it is sarees. I said, "if there is Draupadi Vastra Haran, it will be good." If there is Draupadi Vastra Haran then we can utilise those sarees. I have never even opened them. But I don't know what gives you pleasure to give ME sarees. It interests them.

How did you manage us to get us out of there? (In Hindi) Even here whatever you are searching you get caught here. Everywhere. Finland is so far away, the land is Finnish. Even there we have Sahajayog. Don't know how? Everywhere. We have in Chile, Mexico. I have not gone there. They are having a conference now in Chile. Very surprising.

Sahaja yogi: Yes. The Chilean government is very open. They are very open to..

Shri Mataji: I have been to Chile. They asked me, "what sort of powers You have?" I said, UNCLEAR. We heard you had some sort of powers. Give us some powers. (In Hindi) Politically they want some powers.

Sahaja yogi: Shri Mataji we also have opened a centre in Sharjah.

Shri Mataji: I know it. There is a centre in Sharjah. Is it done? We went to Sharjah, remember.?

Sahaja yogi: Yes, yes. First time when you came in 94.

Shri Mataji: (In Hindi) Yes. There were lots of Indians. All labour class. They used to drink a lot. Don't know how they stay here and drink so much.

Sahaja yogi: (In Hindi) They drink a lot.

Shri Mataji: (In Hindi) A lot. The whole night. The whole full night I was awake watching them. I did not get a seat, so they gave me with them. They had nothing to do but drink, abuse each other, shout at each other, all of them were drinking. They were all Muslims. Indians, Muslims. One thing, this drinking is a horrible thing. Absolutely. That is why Mohammad Saab, Nanak Saab, they all said don't drink. Then the people just become bankrupt. In my husband's family, mother's side, they all used to drink and they had so much money that the money was put in a bank like a thing, practically covered and just like as we measure petrol you see, they had a yard and they used to keep it inside, and they used to see how much money they have. Now there isn't even a 5 rupee note. (UNCLEAR) and people were not that stupid to smoke. But Nanak Saab clearly said not to smoke. But then the Muslims go on smoking like mad. About the Christians, Christ went to a wedding and then he changed water into wine they said. Now in the Hebrew language wine does not mean 'sharaab'. It means, wine means, the juice of grapes, that's all, in the Hebrew language. Now I can do that also, if I put MY hand in the water. You can do it also. It can taste like grape juice. It can. But you can not make wine, real wine in one second spontaneously. You have to make it rot and it has to be absolutely spoilt. Otherwise, it is not. So how he did it instantaneously? So that spontaneous happening cannot be creating alcohol. For that it has to rot, it has to ferment. So for now Christians it is a compulsion. It is a ritual. If somebody dies they must have champagne. If someone is born they must have champagne because Christ you know said it. He never said and in the old testament where the Jews follow, it is clearly written, 'all strong juices and all strong wines are not allowed'. Meaning which are being fermented. Compulsorily it is said, since the time of Moses and then Moses got so angry with the Jews that he wrote it down in the third chapter in the Bible. What they call it here Shariat. He wrote it for the Jews because they were so bad.

(In Hindi) People said 5000 were sitting outside. There was such a lot of love. Such a lot of love. Cannot understand. They are coming.

(Talking to a child in Hindi) Are they coming? Will you have a biscuit? You were smiling before. What happened now? Come. Take this. Take out the shoes. It will be easy. Now she will come. Take. Take. Alright. Does she walk?

Sahaja yogi: Yes.

Shri Mataji: (Light laugh).

(People talking in the background.)

Shri Mataji: (In Hindi) Are you going to dance?

Singing bhajan (37.07 to 41.26)

Shri Mataji: (In Hindi) Beautiful. Who has written it?

Sahaja yogi: Everyone got together and made this.

Shri Mataji: Is it so? Very beautiful. Sing some more.

Singing (42.05 to 46.15)Ganesh Bhajan

Shri Mataji:(In Hindi) Very nice. Sung in proper 'sur'(chord). Very good.Beautiful.Very beautiful.

Sahaja yogi:(In Hindi) Mataji, this is a button. It is from Srilanka.

Shri Mataji: What is it? I have to UNCLEAR.

Sahajayogi:(In Hindi)This is the weight of Kartikeya.

Shri Mataji: Kartikeya.

Sahaja yogi: Yes.

Singing (47.06 to 51.42)

Shri Mataji: Very beautiful. I could follow a little bit.

Sahaja yogi: This is Sinhala and Tamil. A mixture of Sinhala and Tamil.

Shri Mataji: What.

Sahaja yogi: Sinhalese language and Tamil language mixed.

Shri Mataji: It doesn't say, but I felt that Kartikeya was born as Gyaneswar.That is why at the age of 23 he took a Samadhi. But he wrote this beautiful 'Saint Gyaneswari' and another one he has written 'Ambica.... UNCLEAR. You all should get that English book. It is a wonderful book. It describes all the experiences of a Sahaja Yogi, and it was I think, it is this Kartikeya the way His powers are very expressive of themselves.

(Hello, hello talking to a small child.)

Hello, come here. Come here. It is a protocol.

Sahaja yogi: Laughing

Shri Mataji: Very good.

Sahaja yogi:(In Hindi) Shri Mataji, we have a request.

Shri Mataji: Come here.

Sahaja yogi:(In Hindi) Shri Mataji, we have a request.

Shri Mataji:(In Hindi)What is it?

Sahaja yogi:(In Hindi)If you could give some time and come and bless the centre in Sharjah.

Shri Mataji:(In Hindi)This time it may not be possible, son. You know why we spent so much time. We could not get the card and we were ringing up and trying. Now they said, come tomorrow.

Sahaja yogi:(In Hindi)We will manage all that. We will get that done in the morning tomorrow.

Shri Mataji:(In Hindi) Not necessary ME going there. I am there.

Sahaja yogi:(In Hindi) If that place is touched by YOUR HOLY FEET.

Shri Mataji:(In Hindi) Think that is already done. Because there is very short time. And the problems these people have created. For nothing. Tomorrow we will call MY husband and then he will call. All unnecessary. I am fed up. I told them to let it be but no one listens.

She is very happy to go there. She is very happy after listening to the song. That is because she is 'realised'.(Talking to the child)Bring the flowers. Do you want to drink water? You drink. Everything has got wet. They(children) have all the rights because they are realised. Bring a cloth to wipe. It is very slippery.

This is the reason, otherwise I would have been very happy to go. This is a big problem. I told them to leave it. There is nothing in this. Useless fights.

Sahaja yogi:(IN Hindi) Shri Mataji, your things can be checked in tomorrow morning at the airport.

Shri Mataji:(In Hindi)That is at noon, 12 o'clock.

Sahajayogi:(InHindi)Yes. The things can be checked in before so that YOU get more time.

Shri Mataji:(InHindi) Alright. I told them if it can be checked in, then do it. Why have they brought it here?

Sahaja yogi:(In Hindi)That can be done in the morning. It can be done at 90' clock,10 O'clock.

Shri Mataji:(In Hindi)No, no. I said check it in from Delhi. I can bring one or two sarees with me. They did not understand and don't know what happened. Got them down and then they stopped us and opened (UNCLEAR) bag.

Sahaja yogi:(In Hindi)We will get it done in the morning tomorrow.

Shri Mataji:(In Hindi)Yes. That is better. Last time remember the amount of rushing here and there.

Sahajayogi: (In Hindi) Shri Mataji,there is one last Bhajan.

Shri Mataji: Yes, yes, I was going to ask you.

Singing 57.07 to 1.01.13

Shri Mataji:(In Hindi) Lovely, lovely. Very nice poem.Inspired.Very beautiful. The poems are so deep. You all have gone deep. I never expected this and am not able to express MYSELF. I am very happy. This is such an isolated place, I thought nothing is going to happen here. Such a lot has happened. Undergone a lot of struggles. Too much of struggles. I mean though it looks alright from the financial point of view, otherwise it is quite a, and also very money-oriented place. There is not much of love. In this, I think you have done a very great job. Very great. In a desert, how can you grow lotuses? But you have done that. I am very happy. Very very happy.

Sahaja yogi:(In Hindi)It is all your blessings.

Shri Mataji: She wants to dance? Are you feeling shy? Do you want to dance or not? Then dance. Who is going to sing for you? (Laughing) Now stand up otherwise he is going to dance there. Come along let's see. She is going to dance.

Sahaja yogi:(In Hindi) Shri Mataji, these people have a Bhajan...

Shri Mataji:(In Hindi)Is it their Bhajan? Okay, first take that out from your hand. You sit. What is it you want to sing?

Sahajayogi:The Bhajan 'Vandana, Vandana'.

Shri Mataji: Yes. There is water. Now sing.

Bhajan Vandana, Vandana 1.03.46 to 1.06.56.

Shri Mataji:(In Hindi) Beautiful, beautiful. The children sang very well and the big children also sang nicely.

Sahajayogies:(Laughing)

Shri Mataji:(In Hindi)Are the schools good here?

Sahajayogi:(In Hindi)Indian High School.Good.

Shri Mataji:(In Hindi) Indian? Good. Good.

Sahaja yogi: Following CBSC syllabus.

Shri Mataji: Is it good?

Sahajayogi: Following Delhi board.

Shri Mataji:(In Hindi)The atmosphere also must be good. There is quite a lot of freedom here on certain things.Remember we had no freedom. Very difficult. It starts from here.

There is the problem of Muslims here, and for them, there are two books we have got. Very good books. One is written by UNCLEAR and another is written by Javed. He is a black belt and he has made 25 black belt people Sahajayogies. He has made 25 people who are black belt people,he has made them into Sahajayogies. And they are working among all the Muslims in Maharashtra. In the same way, we had a conference of the Muslims as I told you in (UNCLEAR), where we had about 700 people. And out of them, 300 Muslims got their Realisation. It was such a success. They are mostly Shias. So maybe also Shunis you see, because today this fellow had a spondylitis so we cured him. Now we said we will give you the, I don't know..

(talking to children playing)Let him come. Let him come.Come.Come. Give that to him otherwise he will fall. It is all wet there. Is it wet? Sit there. Now it is alright. Everything has got wet. Yes, water has fallen. Is it alright now? Grow big fast. Flowers?

Child: I have a baby sister but she is only ten months.

Shri Mataji:(In Hindi) I can't hear you. Come here and tell me.Be careful when you come here. Don't fall.

Child: Repeats again. Now she is sleeping.

Shri Mataji: Oh, I see. You better look after her. Alright?

Child: Yes.

Shri Mataji: When she will grow she will sing like you and dance also. Alright? May God bless you.

Child: My brother is dancing.

Shri Mataji: You have?

Child: I have a brother.

Shri Mataji: He is your brother? Oh, very good.

Child: But he is dancing.

Shri Mataji: You dance. Areh! That's all. Wonderful.

Sahajayogies: Laughing. Child dancing. People laughing.

Shri Mataji: (In Hindi) Don't laugh. He will get shy. You are a great dancer I must say. Dance now. Now he is shy. Christ has said, you have to be like children to enter the Kingdom of God. What does that mean? That means that you have to be innocent and it happens because, see when your Kundalini rises, then your Mooladhara chakra..stops acting, closes and the only job Ganesha does is to raise the Kundalini to support it so that it does not fall down. All other functions are not there. For nine hours, ten hours, nothing. You don't feel like going to the bathroom anyway, because this has stopped functioning. So all these things are so interconnected, the whole Universe, the whole Cosmic laws. All Spiritual laws. It is so connected that this happens then, that happens. So many things you see in Sahaja yoga there are UNCLEAR is nothing miraculous. It is a fact. It is there but for ordinary people, for general people, it is just a kind of a 'miracle'. So many things are happening and it is working out. People are getting cured and improving.

(Playing with the child) Come. One is sufficient to entertain you. Laughing. (In Hindi) Sit. Sit in peace. Now sit. Sit for a little while. Okay. He is himself now, giving a lecture to you. (Laughing.)

I am happy you have a school here. So at least your children can stay with you. But otherwise, this modern life is so horrible, teaching all the cities of India also and they are introducing all kinds of nonsensical ideas to our children. Very difficult. Moreover our cinemas, films now I feel will improve, because there is a big opposition for this kind of thing going on, for the vulgarity and all. Easy to take to something that is subhuman, inhuman. But to give in human life, you have to have a certain amount of Dharma. If you don't even have this dharma you cannot ascend. See you may follow anyone. You may follow your religion, anything but if you don't follow the dharma then you can not rise. It is like say a life which is so imbalanced and it cannot rise. Now that is why they say first follow the dharma and then you will have ascent. But not in Sahaja yoga. In Sahaja yoga whatever you have done, whatever you have been following, whatever have been your mistakes, doesn't matter. You come. And then you get your 'Realisation'. Your Kundalini will tell you about 'your self'. Mohammad Saab has said that your hands will speak and UNCLEAR that is your hands will tell you what chakras you are catching, where is the flaw. For a Sahaja yogi, his attention should be on his Spirit, not outside. Outside problems can be solved just like this if your attention is on the Spirit. Because of the light of the Spirit, you see solutions, you find your way out. For everything, for your health. For everything. So the best thing is when you meditate put your attention to your heart. Put your attention to yourself and also see for yourself how much compassionate you are. How much kind you are. How much affectionate you are. But it is not that I am saying that we should have attachment like 'Mumta', you can have, this is my child, my house, my this, my that. If that is there then it is a big problem. That is not love. Love is without any attachments. It is real love. It is pure love. You don't love somebody for money, you don't love somebody for some

gain or some position. But you love somebody because you 'love'. And then that pure love will give you complete joy. If you don't have 'pure love' then after some time you will be very disturbed, you will be very upset. You can feel the other way round. But with 'pure love' you never feel, you feel extremely gratifying, happy about it. So that is what is to be experienced. (Give me water) And that is what one has to experience in Sahaja yoga. Nothing else. It is the experience, is the point. Now Ganpatipule how many have you been? Wow. Really? Good. In Ganapathy, you can see how there is 'Love' you know. Thousands of people with all the inconveniences and everything, I mean suddenly we never expected so many people and we did not know what to do. Thus they made little pandals suddenly. They never wrote that we are coming. They just arrived. Now, what to do? So they made some pandals and just temporarily. But everybody was very happy. There is no thieving, no talking ill about others, no discussion, no arguments. They only felt joy with each other. That's all. That should be so. And I am so happy to see also, that from Srilanka we got people. That was a very big desire of mine. You don't know how much I wanted to do something for Srilanka. They are very much in trouble in every way, and also Indian government is responsible for that I know. The mistakes they committed and all that they did was very, very wrong. And that is such a wrong thing to do. There was a journalist who came to Switzerland and he told me all about it. And I asked him to publish it and as soon as he published it he had to lose his job. You see because Rajeev Gandhi was a big favourite of your government. And when he felt that his mother was the one who brought them and all these things, now he is the one who has done this they were very angry. Because the Swiss bank people said that they are our very good customers. Who? Rajeev Gandhi. So you dare not. All the Gandhi family so you should not say all these things and he lost his job. So this is what it is, that even to tell the truth and all that you have to have circumstances where you can tell the truth. The old man came later on when all that happened. But he told me that for nothing at all there is a quarrel going on. There is no need to have a quarrel. It has gone too much now. So many people are going to be hanged. Let us see. It may or may not happen. I was just thinking it should not take place for one man to be against twenty-six people.

It was all manufactured in India, and then they learnt all this Gorilla warfare in India. There were, how many I don't know, but many centres and Indira Gandhi was the one who started it. I know but what to do? How can you neutralize it now? So people have to understand that no use fighting, nothing. We should try to console them and try to bring them around. Because even in India there is no place to live. So better settle down properly there and live happily, instead of fighting and bring all kinds of problems. So one has to talk to them. But who can talk to them also? Very difficult. We sent somebody from Kuala Lumpur. He went there. He went through the airport and one taxi fellow came to pick him up and on the way, he was murdered. They have gone mad. I don't know, they just don't understand. By these things, we can not get Independence. And even if you get what happens? Now see, Bangla Desh and Pakistan. These are the two countries who separated from the Mother. As a result, now Pakistan is absolutely under the control of the Americans. Americans are giving them everything and now suddenly they have withdrawn, so their left hands are and the economy is so bad that they have no industries, nothing, while India has both. This side is Bangladesh. Bangladesh is one of the poorest countries in the whole world. Very poor. My husband used to go to Bangladesh. He said you better not come because you will start your Ganga, Yamuna all the time. You can't exist there. It is so bad. Bangladesh conditions are the worst. So it is such a mess they have landed. Now if they were part and parcel of India it would have worked out after all you know, but what is the use of having another country. Now the reason I have found out is this. There are few people who want to have their own importance, because they want to be the Prime Minister. Like Jinnah wanted to be the Prime Minister and Jawarlal which was a mistake maybe, but he wanted to have Pakistan. Same with this Bangladesh, there was this Mujibur Rahman. He wanted the same. But he was the one who was murdered by them. So you see the situation is such that they want it, but they do not know why they want it. What is the subtle thing behind it? They think we can have ministership. We will be Prime Ministers and then we can take the money of the public. Same with our country. See those who want power do not want it for power. They want it for money. Just say we have invested three lakhs so we have to get some investment or market you may call it, kind of bargaining, that we have taken this much trouble, we have spent so much money so the government must give and so we have stamped this, that. We have all kinds of things and all this.

Got a pain in the back?

Sahaja yogi: Yes.

Shri Mataji: What is the matter?

Sahaja yogi: He could not fold his legs for a long time.

Shri Mataji: He has put on too much weight. (In Hindi) If the diet is controlled it will get alright. Dieting and walking. Let him sit on the stool. Just sit on the chair. There is a chair there. After sometime.

Sahaja yogi: You want to sit on the sofa?

Shri Mataji: Give him 3 candle treatments. That will reduce him a lot. 3 candle treatment. It will help him. He will be alright after some time. With the 3 candle treatment, he will reduce. Alright. Do you know how to do it?

Sahaja yogi: Yes.

Shri Mataji: And also then... Baby crying. (Shri Mataji laughing) Very interesting. See the love.

Three candle treatment he will reduce and also he should do., you people eat a lot of rice?

Sahaja yogi: Yeah.

Shri Mataji: You take out the water? Take out three, four times. Starch. Hello. So that will take out the starch.

Sahaja yogi: Starch.

Shri Mataji: So that will take out the starch and anything that grows under the mother earth they should 'not take it. Nothing under the mother earth. Shouldn't take. That is the 'Prithvi tatva' much more in him and also you should give him 3 candle treatments and Ganesha Mantra will help. Alright. It is not difficult. It is very easy. You can reduce him. And also for eating fats should be reduced and carbohydrates. If you don't take carbohydrates at all then there is no harm, you can take little fat. But carbohydrates if you are eating then it is better not to eat any say fats. That will solve. It can be done. If he can do a single bar. Very good. You know it is called puppy fat. It is not bad fat. Then suddenly they shoot up, quite tall. Also, give him Calcinol. You write it down. He will become very tall. Calcium, I don't know what you get here. Calcium but is very good and chew one or two tablets every day. He doesn't like roti?

Sahaja yogi: Wheat chapati?

Shri Mataji: He likes. Then better not give him rice. But if you are giving rice then wash it three, four times. Starch like potatoes, any starch and carbohydrates, if you could avoid it. The single bar has lots of benefits. But I think they suddenly go up like that. My daughter herself was like that at the age of 14 years. And now she is very tall, I think she is 5.61/2." But three times (UNCLEAR) very good. We have lots of people from Ceylon in Kuala Lumpur who are Sahaja yogis. They are in Kuala Lumpur and they came to Ganapathy pule. I don't know if anyone of you met them or not. Chinese came and also we can call them Tamilians they came. Do you speak the same language?

Sahaja yogi: We speak Sinhalese.

Sahaja yogi: Sinhalese.

Shri Mataji: This was a Sinhalese song?

Sahaja yogi: Yeah, yes. It was. It is a mixture of Tamil and Sinhalese.

Shri Mataji: (In Hindi) How do they write in Sinhalese?

Sahaja yogi: What is the script? Do you have a script?

Sahaja yogi: They have. It looks like Telugu.

Shri Mataji: Alright. But this fighting for a separate land doesn't help. Noway. It will never help. It was a wrong idea somebody has given. See if you are in minority and there is discrimination, you can fight it. But don't fight for the separate land you know because that does not work out. And gradually you suffer a lot. So many examples are there. Wherever they have tried to separate the land, the Motherland, the Mother Earth is angry. Punjab was doing so well and then suddenly I don't know they took to Pakistanis, and lots of Pakistanis came in. The whole place was such a prosperous thing, they became really poor. Very poor. So these are examples to show that, they should not demand for separate country or land. Instead, try to bring more together so you will be much more stronger. And also help your government and people. That will be very good. I was having a talk about Buddha also, recently. So they said that Buddha gave up everything and he went away, left his wife and child and all. I said those days are gone. If what you are praying for is within you, you can get it. I gave him realisation but the same day I was leaving. I did not know what to do. He said that stay for one day more. I would like YOU to address all the people, cabinet, everything. I said sorry when the time will come I will come. We have in Thailand also lots of people. Now they are having a bad time with the finance with this government. These time come and go. Bad times come, good times is there. Also, this is our I should say, the fate that is there. But more than that is our courage, our realisation. With that what does it matter? You just watch the whole drama going on, sometimes up, sometimes down. It goes on like that. And it is very enjoyable, if you learn how to enjoy it, then you don't mind anything. I am very, very happy. You don't know how much I am touched by this song. Because you have expressed your heart in it and I said, in this desert to have people like you all very gratified. Very gratified. Now you should get more people and more people. Approach more. People from India, from Srilanka and maybe also there are some Chinese. Chinese are very good Sahajayogies. Russians are excellent. Excellent. I was surprised at these Russians. They are in millions. You can't count them. And the way they got their realisation was amazing. And so sensitive. So deep already. So then I found out two things that this communism has made them love, I should say in perspective and they developed their depth in that. Because communism was very disgusting maybe or oppressive, whatever it is. That's one thing that happened to them. And the second, there is no conditioning. They are neither Christians, Hindus, Buddhists, anything. No conditioning. They did not know even about God. But as soon as they saw me... the first time when I went to Leningrad I was surprised that when I went to the hall about two thousand people were sitting outside. I said why are you standing outside, why don't you go inside. They said Mother there is no room. All the seats are full. In Russia there is a law, if you take any hall they charge you some nominal amount and they occupy the rows so they don't give us neither they give it to anybody. They keep it for themselves, not UNCLEAR. So they said there is no seat and we can't go in. So we are sitting outside. I said alright we will finish the program. I finished the program and about one hour or so and came out. They were still there. I said what are you doing? They said, YOU said, YOU will come and give Realisation and we are waiting. I said, "O' My God. Alright. Can you come tomorrow morning?" There were lots of big, big compounds in every place. I said I will sit on the steps and we will have the program. The next day 2000 inside ones, 2000 outside ones and 1000 more from somewhere. 5000 people were sitting. What is the matter with them? It never happened in any place. I said, "how is it, the first time I went, how is it you all have come like this." What else can we say? Mother, we saw your photograph. "It is obvious. It is obvious." "Obvious from your face". I said look at that. My Mahamaya part finished off I think there. "It is obvious?" "Of course. It is obvious". So then it spread just like fire. We never have any program in any hall but always in a big theatre where 20,000, people can be seated. So 20,000 are inside and 10,000 are outside. On and on and on. So much so that they are banned. Even Hindus are banned there. They have an orthodox Church and some Muslims and something like that. Now you see, there they call it the head of the Church of the Orthodox Church. His name is Alexi and he has a woman who advises. Because her Agnya is sort of a I don't know what. Instead of seeing inside, she sees outside. So she sees people as they are. So as a spy she is the adviser for this gentleman. She came to our program and she saw me and she saw lots of light coming out and all ask for me and then she went back and told him that they are not in any way any cult. They are healers so it is alright. So we are not banned. Whether they call it healers or anything we are not banned. And that's how we have started this... But I have seen them anywhere. They are in America, anywhere Russians, very very deep. Very deep. If you could get hold of Russians here talk to them. Or let us know, we will find out from where do they come and all that. So their relations UNCLEAR. Otherwise, they are very much afraid of all kinds of these false gurus. Very much. But they are self secured. They described to me about ISCON people and also they described to

me about this Satya Sai Baba. They say he is like a golliwog. Before I could tell them anything they knew all of it. It has gone up to Siberia. The whole thing is working out in a very nice manner and things are going smoothly.

So all of you enjoyed Ganapathypule, I am happy to know and actually for certain people they have In Hindi) Did you get a concession? No. They can give concessions to you people. Like we had gone to Kuala Lumpur they gave. (In Hindi.)No one came from Ceylon. We can work it out and if they want to come we can arrange it. It is a big concession they have given. They asked me and I said, I don't know, do whatever you like. (Laughing.)Because all these people are from Taiwan, Kuala Lumpur, East Asia, there are lots of places...I have no idea. Also for Russians. In the beginning, I used to pay them when they came. Poor thing. They did not have money to buy a little sherbet or anything. So difficult. But now they are better off and they are doing. For Ganapathy puja this time, we will again have marriages. Last time we had, I thought you people will come but there were more than 100, and I did not know what to do with hundred couples. And I was thinking from where will I get sarees for them. And suddenly they discovered in Cabella in the attic, two boxes full of sarees. I don't know. And I never bought them. I know nothing or I forgot and that's how the marriages took place there and they were very happily married and all have gone with their husbands or wives. It is very good. So many Indian girls are married and also so many, even Japanese girls. One Japanese girl is married in Cabella. Very interesting. What about Tamilian girls or Srilankan girls? We have one only, in England. She is Srilankan. One person. She is from some university. She came with me to this conference 'Peace Conference', the women's conference in China. She came, Srilankan. Don't remember her name. She is very dynamic. So the whole pattern is so different. This world is so very different. Sahaja yoga pattern is just different, but it is all working out. Spreading very much. Especially in the U.P. of all the places. I can't believe it. Even the chief secretary there said. So many secretary IAS officers have said. Even in Delhi but not so many. Delhi we have the DIG Police is Mr Toor who came and he gave a very nice program himself this time. When C.P. came, he came to the airport to receive him, and then we have Income Tax people, the customs. I mean these people who are... now one thing, to be honest, I admit 'because they are satisfied.' What do you want to have more? They are satisfied. (In Hindi) Do not take pains, bother, for tomorrow. Very happy. This time you see last minute they said, 'yes, yes you can get out of the airport.' (In Hindi)I said what is the use of going early then. There is no use because we will come back here.

All your love and affection and suddenly I got...(In Hindi) It has got late for everyone. I felt so happy meeting you and so relaxed that I went off to sleep nicely and they would wake me up. This shopping business has to be done so the whole thing became very late, isn't it? But what to do.

1998-0418, Evening Program, Eve of Easter Puja

View [online](#).

18 April 1998

Evening Program

Ataköy Marina Hotel, Istanbul (Turkey)

Talk Language: English | Transcript (English) – Draft

Evening Program At Easter Puja, Istanbul, Turkey, 1998-04-18

(From 2:07:52 speech starts)

I never expected such a beautiful pandal you have raised and the way you have organized the stage as if you are all experts on stage arrangements. I can't understand how beautiful it was all done. Now I don't know what to say about all the programs that you have arranged.

One better than the other and it shows such a capacity you have or you have developed to organize such beautiful entertaining, continuous programs.

I used to do the same when I was young. I used to arrange many programs and I know the difficulties and hurdles we had. Because the people who did that were not Sahaja Yogis. You are all Sahaja Yogis so you are also combining and you are helping each other, so beautifully. There is so much of harmony, no problem of any kind.

This is something to be seen and to be felt the way it has been done. I was really surprised the way, they had the Turkish dance also. These people are beautiful dancers and they can be paid very heavily. If somehow I could introduce them to some Serena people from India.

They used this kind of dance very much and but it is very difficult.

I don't know if you understand there is a myth patterns of those people who danced here and who are so fast.

My husband used to always tell me that Turkish people are the most capable people. If they take to anything they do it very well. And I can see that in three years' time this whole of Istanbul has changed. So many new buildings have come up, is so different you can't make out the same road the same place you are in.

So we have to learn from them is to be capable of is one and to have a speed, very important. Though I don't like the speed that comes and goes like. If you have to go to the airport suddenly, you get speedy. But the speed in the sense that when you are doing something you must have that balance within yourselves and you must do with a kind of a divine spirit with that you will achieve so many things. As you have seen today how these people are singing the qawwali or a little girl sang so well, Ganesha Stuti and others also. So well done that is unbelievable. For Romanian girls to do this Nath Bharatanatyam is something that I can't understand but Romania I think is a Gandharva. What you call the celestial musicians place.

You get all kind of musicians there and suddenly you find so many beautiful dancers there who are doing Katak and also this very difficult dance Bharatanatyam and also I have seen doing Kakhakhali. It is very surprising how they have picked up like a Kuchipudi dance which is a very fast number. And they are so good. I mean as if the rhythm is built in their body the way they do it. I am surprised. They are very beautiful also violin player, musicians there.

You see how they are picked this qawwali which is such a difficult thing to sing with all the alaps and things but they have managed it somehow very beautifully. If somebody listens to it from outside they will think that somebody like Nusrat Ali sing. It

is very beautifully done and my all congratulations to them.

Apart from that, I must say that Indian music is very difficult and people learn for ages to master it. But how in Sahaja Yoga you have done so well, for example, Selim playing sarod like an instrument so well.

Well you know I asked Hamzad Ali. He said ten years he was just practising. So what is this happen to you all that, you are doing so well? Especially I find in Babamama School that he has started. He himself is amazed because in three days, three months they can sing a melody like malkauns for which people have to work for years together and they just go on.

So from where this knowledge has come to them. Is it from the previous life or is it your spirit, God knows. Because he says even Sahaja Yogis who are Indians who are realized souls can't do the way these westerners are doing. Means this something really the whole music thing flowing towards the west now I think the way people have taken.

It was very very beautifully done, extremely entertaining for me. I didn't know how the time past. It was such an endeavour on your part to do this. Beautifully this all pandal is done so well. I mean I never expected in Turkey all this thing could happen. We have only one person Nese she is a young lady and how she has organized in this, very graditude.

Also very creditable to Greek people to come here, and take such part and help them. You see this is a very nice idea to have Greeks and Turkish to be together. Because they are having a fight otherwise you see for petrol. For petrol, I think. And this can finish with Sahaja Yoga. That this fight between Turkey and Greece will end very soon.

Another thing which is very remarkable is the way you pronounce also Indian words so well. I am surprised. Because not easy to pronounce them so easily and accent, the accent so clearly. It is very very remarkable I must say. Of course, I mean not that Indian music is the last word. It is not that always that is the only one that is the highest.

For example, I have also heard Austrians playing very beautiful orchestra from Vivaldi and Mozart and all that.

So it is something happens to you. I think within that, you start acquiring this talent of music and acquiring the talent of playing the music, understanding the music so well.

Is not possible. So this is, if this is the blessing of Sahaja Yoga half of the work is done. Because through this musical notes only the vibrations flow. When the music is played I find so much vibration goes out automatically. Of course, it has to be in tune. It has to be in rhythm but otherwise, there is no other way out to spread the vibrations.

So music plays a very important role in Sahaja Yoga. And even if you don't understand it doesn't matter. Because vibrations flow and you get the blessings of the vibrations. Music is very important. But no one guaranty, no-nonsense must be.

If you do it in a proper dignified manner any dance or any even a drama is very very successful. Regarding our drama I was, it was an eyeopener and it is a very bold venture on your part to put Ayatollah there. I mean it was too much. I don't know what to say because they are all ignorant. You have to forgive them. They are very ignorant and because Quran was written after forty years, after the death of Mohammed Sahab. You see there has to be some ambiguity, this means it is ambiguous.

But if you really read through the words, through the lines than you will find. It is all Sahaja Yoga written. Absolutely Sahaja Yoga was written there. But that is what inside you should have if you go through the Quran with that inside. Because we are bringing no credit to Mohammed Sahib no credit to Quran, no credit to Islam. So this is what is happening and if we have to save the Muslims, we have to tell them, whatever is the truth. And in that truth, they can rise.

It is true about Christians also. It is true about all religions that whatever is written is ambiguous, perhaps for all of them. Because it is in poetry and so the people don't understand what is written. They don't understand the meaning of.

For example, we have a very great poet Kabir. You know him very well. Kabir sang a song saying, "sayyaan nikas gaye mai naa ladi thi", so sayyaan means what, sayya means according to our Lucknow people, it means lover.

What has he got to do with the lover? See Kabir has nothing to do with the lover. But said that sayyaan nikas gaye. So they used to think this about the lover. But when I told them sanya means life. They were all shocked. I said it is. What has he got to do with the lover? It is life when it went away I didn't fight it.

Is the whole symbolic expression of Kabir is never understood by people like he has, he has said to Kundalini called is surati. So what people understood that he is talking about tobacco. They made surati as tobacco. Tobacco's name is surati in Bihar. So you can imagine what Kabir must be thinking in this, I don't know God from where did I write for these stupid people. But it is ignorance. When the eyes are not open, you don't understand, what is it.

You see a snake in a rope. The only thing I feel is that it was not written in absolute prose, dry prose. People have misunderstood. Same about Nanaksa He has written such a beautiful very beautiful thing and that whole Guru Granth Sahab (religious scripture of Sikhism) is nothing but the poems of all the realized souls. But in that he has written, again and again, don't only read the words but read the meaning within the words. But they just go on reading one after another you know. One comes put the the finger there and another starts.

If that is the way you are going to read Quran or Bible or this Nanaksa... any one of these books you are going to land up in where oasis of stupidity is. That is what was happening to people that's why they are misled, they are fighting. Why should people who believe in God, why should they fight? What is the purpose of that?

So, this is what has happened and now it is your duty as Sahaja Yogis. Because you have got the light is your duty to explain to them that this is what we have been doing wrong.

And we all miss out if we don't take to Sahaja Yoga, we all miss out. So the best thing is to have patient, have love and compassion for people, for the blind. And then explain to them very sweetly what you have followed.

You are the people who have been called as imams. You are imams you are no less than imam. Imams also didn't know so much about kundalini or about the ascent and all that. Except for Mohammad Sahib himself has described miraç (ascension). That too in a such a symbolic manner. That anybody who reads it will think that will sit on a white horse and go towards the sky. It is not like that.

You see they are symbolic people. That's why I always avoid symbols. Because I know human beings will not understand symbols. This is the way they express to make it beautiful also people are so angry for listening to anything that is truthful. That they wanted to put it in a very sweet manner and this way. Everybody has done that.

Gyaneshwara such a powerful man. He took. They all use symbols. And because of the symbols, people are confused and some people have taken advantage of that.

So what we have to now tell them, that this is a symbol of what. Explain to them. This is symbolic meaning what and then I am sure, I am very sure, they will take to the right path and follow the right path.

All the Sufis also write poetry. This gentleman also writes poetry. All of them write poetry, you see. The poetry is very beautiful to enjoy like flowers. But if it goes into the head of the people then it is of use. It doesn't, doesn't. So you have to talk just like your mother, in a prosaic, straight forward way and explain to people. But among yourself, you can use music, poetry, everything.

I am very thankful to you for this beautiful program you have given now such a variety and of such an expression of art. I don't know what to say. I never expected all this and in Turkey, I never expected at least. So much work has been done in Turkey I

didn't know. This is all thanks to Nese I think or to Selim and all these people, have done so much to create so many Sahaja Yogis here.

I am happy people have come all the way from Kiev and also from Romania and from all over to celebrate, this great occasion of ,I should say, they call the resurrection of Christ. Whatever it shows that you respect all the religions equally and understand beauty. This is the biggest achievement I tell you today in the turmoil of people fighting each other.

So May God Bless You.

Thank you very much. Thank you ever so much.

I hope tomorrow they are going to have a havan. And after that in the, "what time is the puja? One o'clock? we can have havan later..."

We can have puja at about 7 o'clock they said and havan in the morning whenever you decide.

"what time is havan"

10 o'clock you can do havan. And all the negative, negativities have to be burn. So think of them who are the negatives and who are troubling you. We have to burn them off. We will be alright.

May God Bless You.

I am especially thankful to our guest and his wife for being with us. So very kind of you. You know we Sahaja Yogis no sense of time. We are beyond time

We will be sitting until tomorrow morning if I don't move.

So now this is special, 2:30 is too much I think.

Thank you very much.

1998-0418, News item on Turkish Star TV

View [online](#).

18 April 1998

Interview

Swiss Hotel, Istanbul (Turkey)

Talk Language: English | Transcript (English) – Draft

An Indian Guru who came to Istanbul to teach Yoga is in the focus of attention of the high society. See who kneeled before the Indian Guru wanting to find solutions for their problems. It is sufficient to spectacular welcome ceremony in Istanbul with flowers and songs to understand how popular the Indian Guru Shri Mataji is. The 75-year-old Indian guru came on a wheelchair to avoid getting tired. Devotees welcomed their Guru kneeling down before Her. Some had tears in their eyes. Not only Turks came to Sahaja Yoga conference in Istanbul. Guru's disciples came by busses even from Malaysia and Russia. Shri Mataji continuous to receive the high society in Her hotel room in Istanbul. A concrete example of the interest shown to Her are the shoes left in front of the door. The devotees, knowing that Shri mataji likes flowers, they decorated the hotel room with flowers. There is a strong smell of flowers and incense in the room. One of the Shri Mataji's visitors today is from an old Turkish family of Eczacıbaşı. Nükhet Eczacıbaşı expressed her respect by offering flowers to Shri Mataji. Shri Mataji had a conversation with Nükhet Eczacıbaşı who was sitting on her knees before Shri Mataji. Shri Mataji asked her if she fulfills her family duties.

Shri Mataji: but you were a daughter, you looked after the parents,

Nükhet Eczacıbaşı: I tried my best and Yoga helped me very much

Just by looking into the young ladies face Shri Mataji said that, she had a kidney problem. Indian Guru who is said that She is able to cure AIDS and cancer took some sugar in Her hand and put a healing power into the sugar.

Shri Mataji: But be carefull about your health now. It is important. Take this and this will cooldown you.

Nükhet Eczacıbaşı: I will.

Shri Mataji: And you will feel better.

Nükhet Eczacıbaşı took the sugar and when she was leaving the room Shri Mataji again explained to her how to use sugar.

Shri Mataji: Take it with a spoon and put more water.

Like other guests who are impressed in this way by the Indian Guru, we kneel down before Her hoping to learn Her secret. The first assesment is positive and Guru feels the energy. Then together with Her assistant, She makes a check up. Indian Guru does not find a physical ailment but She draws out attention to a mental problem.

Yogi Mahajan : Do you have feelings in your hands?

Shri Mataji: Now, you have to forgive, allright?

Yogi Mahajan : You don't forgive. You have to forgive. It is a mental problem.

Shri Mataji: Now, better?

Negative enegy is taken from the body and now the mind is brought to state where it is ready to forgive.

1998-0419, Easter Puja: You Can Spread Sahaja Yoga Only Through Love and Compassion

View [online](#).

19 April 1998

You Can Spread Sahaja Yoga Only Through Love And Compassion

Easter Puja

Ataköy Marina Hotel, Istanbul (Turkey)

Talk Language: English | Transcript (English) – VERIFIED

Easter Puja. Istanbul (Turkey), 19 April 1998.

Today, we are celebrating the Resurrection of Christ. That is the greatest message of Christ life, not the crucifixion.

Anybody can be crucified and killed, but this dead body of Christ was resurrected from death. Death itself died and He overcame it.

It's a miracle for ordinary human beings, definitely, but not for Christ, because He was a Divine person, He was Shri Ganesha, He was Omkara Itself. So, He could walk on the water, gravity would not affect Him, and also He got resurrected because death could not affect Him.

Such a great Divine personality, specially created for human beings that people should recognise Him. But they did not recognise Him, they killed Him, in a very brutal manner. And even now they think [the] cross is a great thing because Christ died on a cross. It's a very cruel idea of human beings to respect the cross. What does it show? It shows that people liked all the cruelties done to Him, symbolising cross as the one that represented His death and these atrocities, the way He was tortured.

So, it was a very sad time when He was crucified. But when He got resurrected it was the most joyous, most auspicious and most beautiful time. The resurrection of Christ is very symbolic for Sahaj Yoga. If Christ could be resurrected, then if human beings also can be resurrected, because He came as a human being with all powers and He created the path of resurrection for us.

This path of resurrection is the one that we have followed in Sahaj Yoga. But the greatest thing is the piercing of the Agnya Chakra, which is described in all spiritual treatises, or may be called as, the scriptures that, that is the door which is golden, which is like a cover and no one can pass through that, so constricted is this door of Agnya Chakra. But Christ did cross that.

His crossing has helped us today to open your Agnya. Without opening the Agnya you cannot go to Sahasrar. And this was done so easily, in your case, only because Christ could go through all that torture and all that brutality, and crossed over it.

How much we should be indebted to Him, I don't know words that can express, because He is the One who took lead in telling people that: "You seek, you seek and you'll find." and then He says that, "You have to come and bang at the door." This is exactly what has happened in your case: that you have risen up to Agnya and then you have crossed beyond Agnya.

This crossing of Agnya was not at all difficult for you. Though, by your own ideas of thinking and of conditioning, of the futuristic planning and all that, it was a big, big crowd of very black clouds [that] were hovering on the Agnya, thoughts were overpowering you, and you could not have penetrated through this Agnya which was all covered. But you did, and you never even felt that you have crossed the Agnya Chakra, so easily.

So, first of all, we all should really be very thankful to Christ for opening the Agnya for you.

For Him, all the tortures and all the brutality were nothing, because the purpose of His life, the purpose of His advent, His

incarnation was to break the Agnya chakra.

Today, you will find that even though your Agnya is opened out and you have crossed through, still you will be amazed that people get involved in the Agnya Chakra. In Sahaj Yoga, people do get involved in Agnya Chakra.

Now, how do we see, through introspection, what happens to us?

For example, once people come to Sahaj Yoga they think they are in charge: in charge of this, in charge of that, in charge of all the Sahaj Yogis. And they start behaving in a manner which doesn't behave a Sahaj Yogi. It doesn't. I have seen them and I really am amused the way they just start thrusting themselves [forward] and showing off that they are very much in charge. This is nothing modern: this used to be there with human beings. But if it was so, it was before Sahaj Yoga. Even now, people get into the mood of dominating others by saying that, "We are in charge!"

Sahaj Yoga is not so simple as you think, because there are lots of temptations. Supposing you make somebody a leader: now, a leader becomes some sort of in charge and he gets the drunkenness of power. When he is like that, he starts dominating all the rest of the people and also starts showing off that he is something very great and he has to dominate all the rest of the people. Then he creates an atmosphere of fear. Firstly, I have seen, what happens with them is that, they start saying falsely that, "Mother has told this, Mother has said so. This is Mother's idea." I have nothing to do with that gentleman but he goes on talking like that and people get very frightened. Then also he can also frighten you by saying, "I will tell Mother! Mother will listen to me and She'll punish you!" I am sometimes very surprised at such people because I have never said that I will punish somebody or I'll take him out of Sahaj Yoga, nothing of the kind.

So, this man who thinks no end of himself, he may be a leader, may not be a leader, may be nothing in Sahaj Yoga: and then he starts talking like this, in such a funny manner that it doesn't look that the person is a Sahaj Yogi.

Then he goes even further. He goes describing himself as something very great; as if he is the one who is chosen specially for rising higher and higher. When I hear about these things, I am really amazed! How can people befool themselves all the time and behave in such a manner?

First thing in Sahaj Yoga is humility. If you are not a humble person, you cannot be a Sahaj Yogi. The person who orders about, the person who talks in a manner as if he is Hitler, any person who tries to control and be in charge of the thing, all these capacities only show that that person has achieved nothing in Sahaj Yoga.

First thing is to enjoy the humility. I have seen people like this. They'll always sit in the first row. They'll be always sitting in a place where you just see them all the time there. I just smile: I know they are just show-offs, they think no end of themselves, and that's why they are there. But they themselves are losing, they themselves are not very happy, that's why they try to do all these tricks and this kind of domination.

The other side of it is people who are humble, who are simple, who are honest and who are really seeking the Truth, are being oppressed by this gentleman. He oppresses them, tries to show off, tries to make slaves out of others. And I have seen people have gone so far, that there was a group of people who just would not move even an inch without the permission of their leader. And they would go all out to be subservient to such an irrational personality.

First of all you know this is the love of Mother. Mother never dominates. She cannot dominate because She is nothing but love. As soon as She sees the problem, immediately She absorbs it. She has to make deliberations, just a drama sometimes, to show that She is angry. But She cannot basically be angry with anyone.

It's the love which all the time, all the time, is flowing and that love envelops the Mother as well as you. That is how you people understand Sahaj Yoga. What does a human being need is nothing but love and compassion. Love and compassion of a very, very pure type. Look at Christ. He pitied the people who crucified Him. He told His father, The God Almighty that, "Please forgive

them, because they do not know what they are doing." He could see that the blindness of these people, are doing wrong things and God the Father would be very annoyed, who is wrathful, and may destroy them.

So, this is what was done with a very compassionate feeling without thinking about it, just automatically He felt that, "These people are doing all this to me and I don't know what will happen to them." So, He prayed to God, to Father, "Please forgive, please forgive them, for they do not know what they are doing, they are blind, so please do not punish them."

What compassion, what love! I mean, think of it: do we do that in our life if somebody harms us, troubles us? Do we ask Father to forgive those who do not know what they are doing? That should be the level of Sahaj Yoga. And it will work out very well if you ask for forgiveness, God will look after them, He'll transform them, He'll bring them to their senses.

The messages of Christ are full of love, compassion, pure compassion. How He tried to protect Mary Magdalene is an example of them: who was leading a sinful life and for a saint He had nothing to do with her. But when He saw she being stoned by people, He stood against her, He took a stone in His own hand and He says, "Alright those who have not committed any wrong deed or have not committed any sin, can take this stone and hit me!" And nobody came forward, because they had to face themselves.

When we are dominating others, then a kind of a cruel joy is there: some sort of a joy that I don't understand, myself, but people have. They show off, that, "We have achieved this joy, we have achieved this great power." It has happened for centuries with all the great emperors and also despotic rulers. But with Sahaj Yogis it should be the other way round. They have to rule the world with peace and love. They don't have to show off by any chance. This is how Sahaj Yoga will spread much, much faster.

What does the world need? You just think of it. It needs only love and affection.

Those people who are yet lost in the ignorance about life and are still busy troubling others, torturing others, going against the collectivity will have to return to normalcy. It's very abnormal behaviour sometimes and you just don't understand why they behave like mad people. It is very difficult also to tell such people that, "You are mad!" And also is difficult to be with such a person who is so mad with some sort of a power.

It goes on like that with so many Sahaj Yogis, I have seen who start thinking they have lots of powers, they think they can do whatever they like, they can talk to anyone and they can confuse everyone. But in Sahaj Yoga you don't have to confuse, you have to clearly express your love. But that doesn't mean any kind of particular gesture for a particular happening, but it is just an inner oneness with each other.

Sometimes I find Sahaj Yogis so much understanding each other, so much loving each other, so beautifully enjoying the love of other people. When I see that, I feel very, very happy, absolutely overjoyed. That's what I wanted - [that] these people should enjoy is there.

And you will be amazed: the most enjoyable thing is the love that you give to others. You may not receive, but when you give love to others, then it's the most enjoyable thing. But the way you express yourself is also an art I think, to understand how to please others, how to make them happy.

I told this story before also, about a saint who lived in Gaganbawada: it's a hill or a mountain. He used to live there. And he couldn't walk. Because of vibrations, he lost his legs or something, the power in him. And then he would go all over the place on a tiger, because the tiger loved him and he loved the tiger.

So, this gentleman was all the time telling people from Bombay, "What are you doing here? Mother has come, go and touch Her feet!" I didn't know why he was so much concerned. So, I told Sahaj Yogis, "I must go and meet him." So, all these gurus they say that, "We don't leave our pillows (takiya). We have to be in our own pillow." Means wherever they live, exist, they won't go out. I'm the other way round, I am never stationed in one place! So, they asked if I could go, so I said, "Why not?" So, I went there and the

Sahaj Yogis said that, "Mother, you never go anywhere, so why do you want to go here?" I said: "Alright, see the vibrations!" And it was tremendous vibrations!

So, when I went up, this fellow was very angry with the rain because he was supposed to control the rain, he was supposed to be controlling the rain. It's very surprising that when I went up, he not control [it] and I got completely drenched. So, he was very angry. He was sitting on a stone and doing like this (moving head from side to side) with anger. I didn't say anything to him. I went inside and sat in the cave where he had made some arrangement for me to be seated.

Then he came, he touched my feet and he sat down. And I was amazed that he was still angry and he couldn't understand why the rain could not stop. So, he asked me, "Why did you not allow me to stop the rain? Because, after all, you were coming to see me all the way and the rain should have behaved! And I also could not, somehow or other, control the rain. So what was the thing, what was the lesson?" I just smiled. I said. "See, you are an ascetic, you are a sanyasi, and I am your Mother. I cannot take a sari from you because, after all, you are a sanyasi and you are not supposed to take anything from a sanyasi." Even the Mother cannot take anything from him. "But you have bought a nice sari for me and I had to get drenched so that I could take a sari from you." You see the sweetness of my telling him just made him melt away and he started crying.

He said, "We need a Mother for this world. There should be The Mother." We cannot solve the problem because whatever it is, we get angry. Or we want to disappear. We don't want to be with these horrible people who are so sinful to help them. This is the problem with the world today and that's why you find very few spiritual people in the whole world. Because they are the ones who are being very much tortured, troubled, insulted, all kinds of things happened. So they are struggling and struggling, so they want to die very fast.

Gyaneshwara: such a great personality, such a great writer, poet. I mean, He was everything. So beautiful He has written. But at the age of 23, He took His Samadhi, means He went into a cave and closed the cave and died there. He must have been tired and fed up with the surroundings of ignorant people, and that's why He did it.

So, we can imagine a person like Gyaneshwara, who was the incarnation of Kartikeya, had to recede into the world of the dead because He could not bear it any more the way they were torturing them. They tortured Him so much, saying that He is the son of a sanyasi. I mean it's like this: son of a sanyasi means, He's no good. He's absolutely like an illegitimate child, and He's ill treated to such an extent.

He didn't even have shoes to wear: in that heat of India, He used to walk with bare feet. And His sister, brother who were great scholars, who were great saints, great incarnations, all of them suffered. As a result, He wanted just to disappear, and He made a beautiful way of doing it, that He told them that, "I have to go." And He took leave from them, and went inside His cave, and got His Samadhi.

Even Christ was very young when He was crucified. He was 33 years of age. It was all planned by the Divine that He was to be crucified to make way for our Sahaj Yoga, to open the Agnya, to sacrifice His life, and for Him to be hanged in such a horrendous, cruel way; which normally you do not find people behaving in such a manner towards a person who is about to die. So what happened [was] that those people who were in charge of His crucifixion must have been some devils, the way they behaved. It is not possible to forgive them, even if Christ, says. It's difficult to forgive such people who were watching the crucifixion of Christ.

So, if that is the case that a person like Him thought that, "Let me do my job: is to break Sahasrar." And then He didn't want to live, live with these stupid people to be tortured, and He just disappeared into Kashmir where He lived after His resurrection.

Lots of stories are there about His ascent and His resurrection. And, all those stories, if you read, you'll be amazed how miraculously He got His second birth or second life in Kashmir. He lived in Kashmir happily for some time with His mother and there He died. They say there's a grave of our Lord Jesus Christ and also His Mother was there. But who has taken advantage of His life, from His life? Who are the people really who wanted Him to die? You know very well! You know very well. How Christ died, and the people came up suddenly, like Paul and Peter, who tried to make a big business out of it. It's very sad to see that

these two persons brought such a shame.

This Paul was nothing but an organiser, I think. He was a person who was bureaucratic, I should say. But he was not only bureaucratic, he was also a man who wanted to have a big position. So he told a lie that: he went down to Damascus, and on his way, on his way he saw a big cross. According to Sahaj Yoga, all such signs are the sign of supraconscious. It's not of the Spirit. And then he came back and he started his own research and things like that. And he's written a lot of things. But throughout, if you read, you will find that he was not a Sahaj Yogi. He was just an organiser. He was a bureaucratic personality who was writing: "how we should administer, how we should have people who are different types of people, how should we manage them." So he was the management department for the Christians.

So the Christians also became extremely secretarial types like: everything has a time, you must come like this, you must sit like this, you must talk like this. And also the nations which are supposed to be Christians are observing all that in a very official manner. It is not understood why they are so much official in everything. Just the opposite [of] what Christ did [which] is to break the Agnya, they built up this.

And the Christian nations became the most arrogant, most aggressive nations in the whole world. For them it was their right to occupy any land they saw. It was in their right to establish their own laws, their own assemblies. All this is done in India, I know. Even today, if you go to places like Punjab and all that you will find the people are just living like rustic people, working very hard, and they are all the time under attack from people who are dominating, and those who wanted the full advantage to be taken out of these people. It was a ridiculous thing to behave like that, as Christians.

Then, also they started converting them. This is another nonsense – converting. Converting them. And in the South, what they did is to...we, Indians, never make breads. They don't know how to use an oven in the South. So they made huge big cakes – you can call it a cake, or you can call it a bread – and put it in the water, or in a well, and they would say that, "We have put the part of the calf," of a buffalo, or could be a cow, and they just believed them. And so, they said, "Now, you are finished, because you are no more belonging to Hindu religion or to any other religion. So, now, you have become Christians." And that's how they made thousands and thousands of people Christians who were actually downtrodden people, I should say. At least they would call themselves downtrodden.

Now, all these downtrodden people, they wanted to have converted to Christianity because they thought they all wanted all such people who would just follow the missionaries and who would not question. Because they were not educated people, they were not people of any understanding or intelligence to understand what these people are. So, when they started this, tirade against the downtrodden people, so many of them joined them. Thus they found their own race and they started their business.

This is a thing one should understand: how the dominating nature of people accepted a particular religion because that religion is nothing but humility. And how then these people, supposed to be in charge of Christianity, converted people into something absurd. It is a human nature: it can enjoy any nonsense, any kind of cruelty, any kind of oppression. It can never give up that realm, that area, where they have been dominating.

Now as it is, the Christian nations have gone even beyond that because among the Christians it is all the freedom given to them, they are 'liberated': "Do whatever you may like if you become Christian! You are all right." Isn't it? They are the ones who have been dominating, and those who are dominated are there, everywhere. They would go to ordinary people whom you can call as Aborigines and convert them. Their main method was to convert. What was the need to convert so many people? Because in democracy it is important that the number you have should be large. So to gain the number, they used to convert. And it has ruined so many things.

See, the whole situation of Christ really makes me feel very nervous.

Today, you all are Sahaj Yogis. You are all so much higher than others, you have all the powers. And then supposing you want to behave like the Christians, I don't know what you will do.

So now you are on the verge where Sahaj Yoga is accepted in different countries. And there people respect people who are Sahaj Yogis, they have [been] given positions. Then suddenly you might get this power business into your head, and you may try, you may try to become like a despot, because that is human nature: that's not Divine, but that's a human nature. For example, when in the kingdom of the animals, they are aggressive on each other - it's all right, it's permitted, it's done. But there is a system, there's a way, there's a method how they dominate. It's not like they jump on everyone. But I have seen in Sahaj Yoga, many people, you make them a leader, finished! Then, he sits on everybody's head. If you don't make them a leader, then they go on writing letters to me, one after another, that, "Mother, we want to be leader. I want to be a leader." Like this they go on insisting on that. For what do you want to be a leader? Just to dominate others. And this domination business is not meant for a Sahaj Yogi.

I am here today to tell you about the beautiful image of Christ who rose above death. In the same way let the death of all nonsensical ideas, all negative thoughts: everything has to be overcome now. You have to be the Lord of yourself, and in that you should feel so comforted, so happy. In giving others, you will find it very much easier than taking something from others.

It's very, very surprising how Sahaj Yoga has taught you all these things. In Sahaj Yog people have to say that, "They are very wonderful, they are very beautiful people, they are very loving, they are very kind." I want to hear that all the time about you all, that you all are individually or collectively, you are something outstandingly great. But this greatness is not by domination or by showing off but is coming from within. People see you and know it is something, and that is how Sahaj Yoga is going to spread.

It's the Christ within you who has to arise, Christ within you who has to guide. It is Christ within you who will teach how to behave towards others and how to gain their confidence, and give them the love and peace that you have now flowing within you, to make them very, very, happy and joyous people. This is the message of resurrection. This is the message of breaking the Sahasrar.

So this egg which was described in the - very surprising - very clearly described in the Devi Mahatmyam: how this egg was formed and was broken into two, and from one part of the egg came out Christ. Another part was Shri Ganesha. It's all written down. But this Christ is described as Mahavishnu, not as Christ. So this Mahavishnu then rose, and He does all these, all wonderful things. It's a real message, beautifully written, by the life of Christ that now, as we are thoughtlessly aware now, we have to express that light through our lives. And we have to show to the world that we are quite capable, and that only we are within ourselves, absolutely complete. We don't want anything from others. What we want now is to give whatever we have achieved to others. This is what people are looking at you and at all the Sahaj Yogis.

May God bless you all!

Thinking of Christ, I find it impossible to keep awake even, because to keep in these modern times is very difficult when you are thinking of Christ and talking about Him. It's just something, shows that how people never understood such a great man, such a great personality. And He was Divine, absolutely Divine. And despite that, He made a drama to go through all the sufferings. It's very painful even to remember all that, how He crucified Himself, and He how He died.

But the main point is this: He's done it for you, for all of you. And you are so indebted to Him.

It is His work which has helped the Kundalini to be awakened and could pass through this fontanel bone area. All this would have been impossible without the sacrifice of Christ. You all should deserve to have some sacrifices.

This is a very symbolic thing that has happened. And you all should be all the time prepared to sacrifice whatever is possible for the emancipation of humanity. It's very, very subtle at this moment now: forget about your seeking, forget about everything! What is needed is that you have to remember all the time that you are saved, you are being blessed, by the sacrifices of Christ. It's very important.

May God bless you all!

1998-0420, A TV Interview

View [online](#).

20 April 1998

Interview

Istanbul (Turkey)

Talk Language: English | Transcript (English) – Draft

A TV Interview, Istanbul, Turkey, 18.04.1998

Interviewer: Sahaja Yoga, It's founder is now in Turkey and speaking only with us. Who is she? Shri Mataji. Listen to what she is saying.

Shri Mataji: All those watching me, if they have a desire, should open their hands like this. Put your right hand on your heart and say inside, "Mother, I am not this mind, this body, these feelings, these conditionings". I am the pure spirit. We are carrying a feeling of guilt inside. But it is harmful to this center here. Now stretch your right hand towards Me like this. and put your left hand above your head. And see carefully if you feel a cool or a hot breeze You can close your eyes if you like. Now stretch your left hand towards Me. and check with your right hand above your head. Do you feel a cool or a hot breeze? You can move your hand slowly up or down. Now raise your both hands. And ask one of these questions from your heart.

Mother, is what I have felt the cool breeze of the Holy Ghost? Or Mother, is this the Spirit? Or Mother, is this the all pervading power of Divine Love? Now look at Me but don't think. And you will feel a cool or a hot breeze on your hands. also you can feel it above your fontanel bone area. This is the moment when your spirit starts to grow.

Interviewer: How Long you will stay in Turkey

Shri Mataji: I'm going on Monday

Interviewer: Did you like Turkey?

Shri Mataji: Of course, very much.

Interviewer: In very short time we are waiting you again in Turkey

Shri Mataji: Oh! I think, next time I will come for a longer time. [Cut in the video]

That those who felt the cool breeze should write the letter for should inform them, that will be a good idea. Interviewer: But it is spring time now, there is no one who does not feel a breeze above one's head.

Lady: In generally, people in the world are not happy with their life and with themselves. Everything they want happens they earn money but however still somehow people do not become happy they do not feel happy inside. As it was said in the Koran, Miraj has to take place.

Shri Mataji: The ascent has to take place. And a transformation has to give

Lady: Prophet Mohammed has said, you will feel your Spirit on your fingertips. And you will know yourself, you will face yourself.

Shri Mataji: This reality you should know.

[Cut in the video]

Christ never went to any university.

Lady: Some people, for example Christ never went to any university. Mohammed did not even know how to read and write. When you are standing in the water you may be afraid of the waves. But you are standing in a boat you will watch the waves and enjoy them. But if you can swim, you are not afraid of the water. you can jump into the water and save people there.

Interviewer: As Shri Mataji loves people, she also likes flowers. Is there any special flower She identifies Herself with?

Shri Mataji: My name is also daisy 'margarita'.

Lady: Here is a gift.

Shri Mataji: Thank you very much, thank you. Beautiful.

Interviewer: It is the eye of Shri Fatima.

Shri Mataji: I know, I know.

1998-0420, A gift from the divine

View [online](#).

20 April 1998

A Gift From The Divine

Public Program

Istanbul Military Museum, Istanbul (Turkey)

Talk Language: English | Transcript (English) – Draft

I bow to all the seekers of truth. First of all we have to know what is the truth. Truth is that, you are not this body, this mind, these emotions, conditioning but you are the pure spirit. The spirit is the reflexion of God God Almighty in your heart. So you have to seek the spirit which resides in your heart. The spirit is the source of peace, of joy but when you achieve that you get rid of all your physical, mental, emotional and spiritual problems.

Especially your country is very much blessed by so many Sufis you have. The word Sufi itself comes from saffa, cleanliness, cleansing. How will this saffa will express. To begin with, Prophet Mohammed has said that you must pray and surrender yourself to the Divine. By praying you will keep your attention on the Divine seeking. But it doesn't work out that way. It was human beings have so many weaknesses. They do not know the straight path but they go astrayed. That is why you have to have your ascent to reach the spirit state.

To reach that spirit state, there is within us the power which can give you that great state of spirituality. Already it is existing in all of you. Whatever religion you may follow, it is there. It is a gift from the Divine that you can achieve your ascent which is call as miraj (ascension) in the Quran.

This miraj, it is only possible, if you ask for it, if you want it. It cannot be forced. It cannot be pushed into it. It is a naturel sprouting of your being. Like a seed, you cannot break it. You have to put it in the Mother Earth. It is a naturel process of evolution. We have to know to become the spirit and that is the promise of modern times. As it is, modern times is full of all kinds of negative forces, within and without. And the human being has become restless. So human being has to be transformed. With the kind of human being we have we cannot solve any problem, because human beings live in the future or in the past. They cannot live in the present. And in the present is the reality, not in the past, nor in the future, because they don't exist. So all this turmoil, all these tensions are because we are not at peace with ourselves and with others. We have been already told about the inner being within us. You don't have to believe because I am saying so. You can experience.

The second truth is that there is all pervading power that we called as ruh. This power is existing throughout. You see the beautiful flowers and you take them for granted. It is a miracle. All naturel activity is a miracle. Now only a new miracle has to work it out. And this new miracle is actually, the ascent of human beings in a very large scale.

These centres as you see here, are responsible for our physical, mental and emotional being.

Now this miraj has to take place within yourselves. And Mohammed Sahab himself has said that when you will get your Brahma, you can call it the self-realization, then your hands will speak. One wonders how can hands speak or what happens that when you get the ascent, you can feel this all-pervading power on your fingertips. And you can feel the cool breeze of the Holy Ghost as the Christians call it, the Ruh. And all these chakras, you can feel it on your fingertips, clearly. And you know what are you suffering from, what is wrong with you. This is how you get self-knowledge, knowledge about ourselves. Otherwise you don't know.

Say, if you are suffering from cancer. You will not know otherwise I mean unless and until go through the whole tests of the diagnoses by the doctors. But with this you will know immediately, what problems you have on your physical level or mental level and also your spiritual level in a way that is such as that certain centres are out of [UNCLEAR].

Also you may know how to get yourself all right, how to cure your centres. Thus you will also know about others, what is wrong with them. Because you have a new dimension in your awareness, which we call as collective consciousness. And this happens to you automatically. You start feeling the vibrations of other person, again on your fingertips. And when that happens if you know how to cure them, you can cure others also.

As it is when the kundalini rises on your central nervous system, I should say on your through the different chakras then it nourishes those chakras. And if it is something is obstructing, you will also know how to clear the way. Ultimately you will feel the cool breeze coming out of your fontanel bone area. You can feel it. It is not just a sermon or a lecture but you can actually experience it. And you are amazed that yourselves. That is how you are connected to this all-pervading power.

This all-pervading power, which is doing all the living work. If you ask the doctor who runs your heart so he will say, it is autonomous nerves system but who is this auto. They will be very honest, they cannot tell you the answer.

The time has come, all of you to get your miraj, your ascent. It has nothing to do with outside. It is all happen inside. This kundalini is your own mother. Every one of you have your individual mother. And she knows everything about you. She knows what are your conditionings, what are your inspirations. And she is so careful that very gentle she rises, you don't know feel her rises.

And the result you get your ascent not only that but you get your power to bring others to this ascent. It is something they call miraculous. It is a process of evolution that has to enter now. Of course, you cannot pay for it. God almighty doesn't understand money or banking. You cannot do any rituals for it. Only thing you have to have the pure desire to have it. And it works out. Of course there is somebody who is suffering from some diseases or some patients, then it may not work and passed. But this obstruction can be removed.

So as I told you, you develop collective consciousness. Like a drop a water falls in the ocean, it becomes the ocean. You are no more there, you are lost in the collective.

When we say Allahu- Akbar, we mean that ocean where we are part and parcel of the ocean.

Quran is not only for the Muslims, nor Gita is only for Hindus. They say the same thing; they say the same thing that you have to be one with the Divine. Only problem is that, it all written in poetic language. And people can change, can make them little intrigate and ambiguous. But once you have your miraj and once you become the spirit, you see the oneness in between the lines.

All our false ideas drop and we understand that, we have been fighting for nothing at all.

Not only this, but look at your peace within yourselves. We live as I said in the past, in the future and the thoughts come up like a wave, like that and again disappear. In the centre there is a little gap, that is the present.

We are all the time bombarding by thoughts, either from the future or from the past. But this happening, the kundalini separates and makes the thoughts belong it. And you become again I'm saying, again I'm saying, you become thoughtlessly aware.

That's how we achieve our peace within. And then whatever you think is coming from the Divine source. With this Divine source, you see the truth. And the truth you see, that this all-pervading power is the power of Divine love. As we say it is rahmet (God's mercy), rahmet. All right, this rahmet is coming from the Divine and makes us full of love and joy and affection.

We feel the whole world is full of happiness and of this love. All these enemies of hatred, of jealousies and all these our enemies just drop out because the spirit is pure and it has no such manifestations. And in the light of the spirit, we see clearly, what is

right and what is wrong.

Supposing now before you, there is a man standing who is a cheat, immediately you can feel it on your fingertips, what sort of man he is. And if a saint is before you, you can feel tremendous vibrations.

For example, to know about Mohammed Sahab thoroughly, you have to see his vibration, about Christ also. You can find out about all of them, very clearly. The life becomes very peaceful, joy giving. And the countries will change when this transformation take place.

I will request you to read a book which a French lady has written about Sahaja Yoga and Quran. I read Quran with my father, He translate it into Hindu. It is amazing how it talks of reality. Then came Guru Nanaka, he talks the same. But they just read the book, night after night. They are so blind, they cannot see the truth.

I think people in Turkey are maybe wise and get the truth. I am sure they can pave the way for all the Islamic countries who are suffering for nothing.

Say, tomorrow rest of life, it is all dark, then what will happen, so many people will be killed.

Only in the light of spirit, you can see what is reality. All this great people came on this earth, to tell us this. When it happens you form a beautiful group, collective being, we can call it collectively of people of all the nation.

Already, Sahaja Yoga is working in 70 countries. Most surprising was Russia. I never expected that Sahaja Yoga will be taken and go so deeply in Russia. But because, maybe of the suppression with the communism, communist or maybe that they were told not to read any books or anything about the God. They are so clean, such a clean state. There was no conditioning and they were absolutely sensitive about it. In that country, they have not excepted anyone but for Islam and Orthodox Christianity and Sahaja Yoga. It is very surprising, how they see truth, the reality, the honesty of Sahaja Yoga.

As I said, I have very great hopes for Turkish people. That they can come to Sahaja Yoga and see for themselves, what is the reality and get all Muslim worlds into it. That you don't have to tell them, don't do that, don't do this, they don't just do it. They become so powerful within. And so many miracles take place in their lives. That is what is going to happen to you all. Only thing you have to have pure desire. It will hardly take about 10 minutes to have it. But just you have to sit quietly and allow to have this.

Of course it is entirely depend on you, whether you want to have your miraj or not. As it is I have told, you can't pay for it. You can't demand it. It works with people who want it from their heart.

So, those who do not want, I cannot force as I said, you have to leave the hall. It will be very kind of you.

All right, one thing I have to request, I hope you don't mind, you have to take out your shoes. Because mother earth helps us a lot.

All right, please open your hands like this as you do for Namaz (muslim pray). One thing, you have to do is to forgive everyone. Many say, it is difficult to do it. But actually, logically if you see whether you forgive or don't forgive you don't do anything. But if you don't forgive then you play in the wrong hands and torture yourselves for nothing. So please just say in your heart that I forgive everyone.

You may call me Mother or Shri Mataji, you can say, Mother I forgive everyone.

Now you see, just keep your hands in a very relax manner.

You can close your eyes.

Now, raise your left hand, on top of your fontanel bone area which was a soft bone in your childhood.

Now, see for yourselves, is it a cool or hot breeze like vibrations coming out of your fontanel bone area.

You can move the hand little bit and bend your head.

Now put your left hand towards me and right hand on top of your head again. When we bend head on the fontanel bone area.

You can move your hand up and down, also sideways.

Now put both your hands towards me again and you can open your eyes.

Now see for yourselves if you are feeling any cool breeze like on your fingertips or maybe hot.

Now watch me without thinking. You can do it.

All those who have felt cool or hot breeze on their fingertips or on their palm or out of their fontanel bone area, please raise both your hands, both your hands.

All of you.

1998-0510, Sahasrara Puja: Blessing of Divine Pours Only If Sahasrara is Completely Open

View [online](#).

10 May 1998

Blessing Of Divine Pours Only If Sahasrara Is Completely Open

Sahasrara Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Sahasrara Puja. Cabella Ligure (Italy), 10 May 1998.

Today, it's a great day because Sahasrara day and Mother's day have come together. It's a very Sahaj happening, I think, and that is what we have to understand, how Sahasrara and the motherhood go together.

Sahasrara was definitely opened and Mother had to do it, because formerly those people who came on this earth tried to teach people about dharma, to bring them to the central path, to the straightforward path of ascent. They tried everything, whatever way They thought was good for a particular community, particular area, particular country. They talked about it and lots of books came out of it, but instead of all these books creating people of religious, spiritual and a united nature, created people who were all against each other. Absurd, it's an absurd thing, but it happened.

So all these books that were written, all this knowledge that was given, was all misused by human beings, just to get their own power, I should say. So, it was all a power-oriented, also money-oriented game going on. When we see the outcome of all these religions, we feel it's all empty. They talk of love, they talk of compassion, but it all is for a purpose. It is all a political game sometimes, because they still feel that they should have power, not the spiritual power, but the worldly power, so that they can dominate the whole world. So, this domination started working so much in the human mind that we had lots of wars, killings, all kinds of things. And when it subsided, I felt that now, maybe, opening Sahasrara might help people to see the Truth.

At the level of Sahasrara, you know the Truth. So all kinds of illusions, all kinds of misunderstandings, all kinds of self-imposed ignorance, they all have to disappear, because what you know is the Truth. The Truth is not sharp, it's not harsh, it is not something which is difficult to assimilate. People thought Truth must be something that would be just very damaging or could be very harsh, could create problems between human beings. It should not have, it should not have, it was not meant to be, but whenever They talked of Truth, the people used it for a wrong purpose. It's something special about human beings that they start using things for a wrong attitude, for a wrong message and try to use it for their own purpose. It's such a common thing with human beings that they want to have power over other men.

I have seen in My own country when people wanted to have separate nations. Those people who wanted to have separate nations actually did it not to achieve anything great, but just because they can become those people who wanted, few of them, they'll become something great in their own country. So they never wanted to be in a country where they may not rise to that height. So then they separated those countries and by separating, I have seen, all these countries are suffering, suffering very much; there is no growth, they have financial problems all kinds of problems are there and also the main country is suffering because they have now developed enmity and all this is working out against the main country.

So, to have a separatist idea itself is against Sahaj. Say for example a flower growing on the tree looks very nice; it develops there, matures there and it produces seeds also. But supposing you cut the flower and take it away, then what happens? The tree loses the flower, no doubt, but mostly it is the loss of the flower. Now, this they did it all of them and when they did it, you see, what's the result? People who tried to have their own country, their own domain, they were killed, murdered, abused and some of them are in jail.

So the attitude even outside Sahaja Yoga has shown that it doesn't help. So we must learn to be one. If after Sahaja Yoga, after

your realisation, if you do not understand this message that we all have to be one, one single unit, one single body, if we cannot be, if you are identified with other things, then it's no way you have grown, you have not matured.

Very important point on Sahasrara day one has to understand that all the seven chakras have their peethas in the Sahasrara; all the seven chakras. They are nicely settled down in the midriff of your brain and they act, through that area wherever they are, on the chakras and work it out.

Now, all these seven chakras become one, I should say, or go into unison, complete integration takes place in these centres, because these are governed by these seven main chakras, we can call them - we can call them by any name - and they govern all the others chakras. And because they are in unison, completely integrated, that's why all your chakras are integrated.

It's the peethas which are enlightened, I should say, by Kundalini, also blessed by the Divine Power, immediately become integrated, they say that, like pearls in one string. it's even more than that, it's more than that. All these peethas within you get integrated in such a manner as if there is no difference in their manifestation. Supposing you have a chakra which is not alright, something wrong, physically, mentally, emotionally, whatever it is: the others chakras try to help this sick chakra and try to evolve a personality of a Sahaja Yogi in a way that he is integrated.

Now, integration within yourself is very important. Unless and until you are integrated within yourself, you cannot be integrated outside and she within yourself integration is such a blessing of Sahaja Yoga that a person who gets this realisation becomes a personality which is above the normal personality. It is not attached to all the negative forces, the destructive forces; it just gives up so many things which normally [are] very difficult to give up.

All these seven chakras that we have within ourselves are then guided by these peethas in a unison; just the help that comes from this unison helps all the chakras to get completely integrated. As it is, we are not integrated because our mind goes on one side, our body goes on an other side, our heart goes on another side, our emotions are different. We do not know which is the right thing to do, what is the best thing to do, but after realisation, in the light of the Spirit, you get the Truth and you know what is to be done.

For example, after Self-realisation, you can judge people on their vibrations, you don't have to use your brains for that, just on your vibrations, immediately you know what's wrong with yourself and with others. So, here it is a double correction. One is you see your own being, your own Self, your self-knowledge comes to you. And secondly you can also make out another person, what sort of a thing he is doing. If somebody is not Sahaj and claims to be Sahaj, you can easily find out that he is not Sahaj, his behaviour is not Sahaj. So, best thing is, for all of us, is to get this integration absolutely working out within ourselves. We should not shun it, but we should accept that whatever defects we had, whatever wrong we have been doing, what wrong thinking we had, whatever destructive we had taken to - all this has to disappear because you are Sahaja Yogis.

Sahaja Yogis have a special job to be done; they are not like other people who are just working for money, working for power, working for domination, you are not. You are working in Sahaja Yoga for the emancipation of humanity.

So, whole thing is that, this Sahasrara is a global field where we enter in. We enter into a global field and when we are there, we just become ourselves a global personality. So all these minor things like your race, your country, your religion and all these which are artificial barriers between human beings just drops out and you become a realised soul and you know what is humanity, you understand the humanity. This has to happen in all the Sahaja Yogis when they are together, they should understand that we are not, no more, ordinary human beings. We are special people, chosen for a very special work which is the most important thing to be.

Now, as you know what is going on, in Kali Yuga, I need not describe all that to you. But what is the light of the Spirit, which is going to show you what you can do to remove the ills of Kali Yuga...Starting right from yourself, you just see for yourself with great amusement: what you have been doing was all stupid. You should not have done that but you have been doing, so it's alright, you can forgive others who are doing it. And you'll understand that those who have been doing it have been doing all this

out of ignorance.

But now you have your Sahasrara open. In the open Sahasrara, you are getting, or, Divine is pouring its grace all the time. With that reception, with that, we should say, the nourishing of your Sahasrara, what happens is something really great, one thing happens is that you get detached from yourself, you can see yourself, you can see your past, you can understand yourself, that you have been doing so many wrong things and misunderstanding people. This sometimes takes you too far away from yourself, but once this light comes and the Sahasrara is nourished, in that light you see, clearly, what wrong you have been doing to yourself. Then, as a person, you can see your faults, but also you see the faults of your society where you live. I have seen immediately, after people they get their realisation, they start telling Me, "Mother, I was a Christian, but, see, this is Christianity." Somebody will say, "Mother, I was very patriotic, but I see now what patriotism is." Like, everybody starts seeing its own background, its own styles, in which he has lived, and just gets out of it. And once you are out of it, it's no more identified with you.

And it's such a spontaneous happening. Only thing you have to learn to be spontaneous. And that's what I find that, in Sahaj, people still, though they are out of this illusion, this ocean of illusion, still, sometimes their one leg is still there in the ocean, still they are pulling it out and pushing it back. That should not be. That is only because people don't meditate. Now to say, "You must meditate", people think it is a kind of a ritual or maybe a kind of a style of Sahaja Yoga. No! Meditation is for you to go deep down into yourself, to achieve all that your Sahasrara wants to give you, to achieve that height of detachment, of understanding. It's only through meditation.

So, what happens in meditation is that your awareness crosses over Agnya, goes above and it's now stationed in the Sahasrara, in thoughtless awareness. Then the reality of Sahasrara, the beauty of Sahasrara starts pouring in your own character, in your own temperament. Unless and until you meditate - not meditate just to get well or just to feel that, "I must meditate" - but meditation is very important for all of you, that you develop your Sahasrara in such a manner that you imbibe the beauty of your Sahasrara.

If you don't use your Sahasrara in this way, after some time you'll find that Sahasrara will close down, you'll have no vibrations and you'll have no understanding of yourself. So, very very important thing is to meditate. I can immediately make out a person who has been meditating and the one who has been not meditating; because a person who does not meditate is, still, thinks that, "Oh, it's alright, I am doing this, I am doing that." Meditation is the only way you can enrich yourself with the beauty of reality. There's no other way, I cannot find any other way but meditation by which you rise into the realm of Divinity.

For example I would say that Myself whatever I have done is this, that I have been able to find out a method how to give you Self-realisation to masses. But it doesn't mean that if I give to masses, they are all Sahaja Yogis, no. You must have seen, whenever you have your programmes, people get realisation when I am there and they come to programmes for a while and then they drop out. The reason is - they have not meditated. If they had meditated, they would have known what is their quality, what are they. Without meditation you don't understand what is best for you.

So, today is a day when you have to promise Me that you'll meditate every night, every evening, maybe in the morning also. Whenever it is possible, if you can go into meditative mood, you are in contact with this Divine Power. Then whatever is good for you, whatever good for your society, for your country, all is done by this Divine Power. You don't have to overpower the Divine Power. You don't have to order, you don't have to ask; just if you meditate, you are one with this All-pervading Power which is another great blessing to us.

Unless and until your Sahasrara is opened, all the blessings of the Divine Power cannot come to you, it cannot. Maybe you might get some money, you might get some jobs, you might get this and that, but your own development is only possible when you meditate and your Sahasrara is completely open and open to Truth. Now, the Truth is that this Divine Power is compassion, is love. This is the Truth. They say God is Love, God is Truth. So the equation has to be made that Truth is Love and Love is Truth. But it's not a truth that as you have for your own children, you have for your family; attached.

Attached love is not the Truth. If you are attached to somebody, then you never see the bad points of that person; if you are angry with somebody, then you can never see the good points of that person. But it's a complete detached love. And that love is extremely powerful, because whenever you project that love to anyone, you'll be surprised, the problems of that person will be solved, his personality will improve, everything will work out in a very big way and his life will be changed. But if you are attached to anything whatsoever, that attachment itself causes problems and doesn't allow Sahaj to grow. This attachment could be any kind: for example, you can be attached to your country, attached to your society, attached to your family, it can be of any kind, but when Sahasrara is open, you learn one thing is detachment. It just happens that you get detached, though, I mean, you are not running away.

As it is, in Sahaja Yoga, we don't believe in people who run away from society and go to Himalayas, all that I call them as 'escapism'. That is not the point. What happens is that you are there, you see everyone, you watch everyone, you know everyone, you are close to everyone, but you are a detached person. It's a state of mind that you achieve when Sahasrara is open. In that state, you are dealing with people, you are dealing with problems, you are dealing with situations, but you are not involved in it, there is no involvement. And that involvement which you had before can never give you complete insight what is happening, what is the Truth is; about any situation. So, this detachment helps you.

The greatest thing of the detachment is that you are not affected. No use saying that, "Oh, You are not affected, Mother, so how can You feel for another person? How can You have compassion for another person?" Because if you feel for another person, then only you can solve the problem. But this feeling that you have is again a kind of an attachment. It is not a real feeling, because it doesn't help. The person is crying, you are also crying, the person is troubled, you are also in trouble and this does not help that person, nor will it help you. So to have detached, in no way means you do not feel the another person - you do feel. You feel the agony of that person, the trouble of that person, of the whole society sometimes, and of the whole country. But that your feeling is so detached that the All-Pervading Power takes over.

First we must have full faith in the capability of this All-Pervading Power. As soon as you are detached, you say, "You do it." Finished! Once you say that, "You are going to do it, it's You who is going to do it!", whole thing changes completely, because you transfer all your responsibilities, all your problems to this Divine Power, which is so powerful, which is so capable, which can work out anything. So, whenever you think that this problem, you are going to solve, you are the one who is going to do it, then alright, the Divine Power says, "Alright, try your luck!" But if you can really put this problem to the Divine Power, it will work out.

We have all kinds of problems in Sahaja Yoga, specially when we find that people are not so much attracted to Sahaja Yoga, they are few in number, then you feel very bad about it. But have you tried to meditate on this point? And have you tried to put this problem to the Divine Power? Why should we worry when we have Divine Power available through our Sahasrara? Why should we worry, why should we think about it? Just leave it to the Divine Power. If that is possible, if that you can achieve, you see, which is very difficult for human beings because they live with their ego, they live with their conditionings. But if that attachment to all these things goes away, then what you do is just leave things to this Power.

Krishna has said in His Gita ki, "Sarva dharmanam parityaja, mamekam sharanam vraja" - "Forget about all your dharmas." dharma means in His meaning that we have a dharma of a wife, of a husband, of a member of the society, all of them have their dharma, but He says, "Leave them and leave them to Me and I'll manage." This is it, we have to learn, is to say that, "It's this Divine Power which will solve our problems." As human beings, it is a very difficult state and this state only can be achieved through meditation. But I am not saying that you go on meditating for hours altogether, not necessary. But with full faith in yourself and in the Divine Power, if you work it out, I am sure, it's not difficult to rise to that state of consciousness.

That is what we have to achieve. It's possible for men as well as for women. They don't have to think, "How can we, Mother, do it after all?" You see, all such people are not good for Sahaja Yoga. Those who have diffidence about themselves cannot do anything, but those who are surrendered, and those who think they can do it, can manage all this transfer of their power to the Divine Power. Just put it on the Divine Power. Now, supposing I have a car which can drive Me down. So, if I have a car, then I don't put bullocks on it, I don't push My car, I just sit inside and use it. In the same way, if you have this great power around you, if

your Sahasrara is absolutely, completely submerged in it, then you'll be amazed how things work out for yourself.

I will give you an example of a Sahaja Yogi, he's no more now. He was a fisherman, ordinary fisherman, but also he was educated, so he was working in a bank. This one was going one day to do some Sahaja Yoga work and he had to go by boat. So, when he came out, he saw the whole place was clouded and it was about to burst out into a big havoc. So, he got very much perturbed about it that, "What is this?" Immediately- his Sahasrara was so open and good - immediately he said, "Now, I leave it to this Divine Power to stop all these things happening. I don't want it to rain and to have any problem till I come back home and go off to sleep." "And it was surprising," people told Me that, "Mother, the clouds and everything were there all throughout, but it did not rain, it did not do anything and there was no chaos of any kind." He went to another island where he had to go, he did Sahaja Yoga and came back. And then when he went to sleep, then only, everything started pouring down.

So, nature, everything, every leaf, every flower, everything is worked out through the Divine Power. So, we should not have our ego that we can do something ourselves, we can manage ourselves. Once you have that kind of a thing, you are not yet that much developed, you are not that much grown up in Sahaja Yoga. But to grow in Sahaja Yoga should not be difficult for you, because you have guidelines. Those people who got their realisation, very few of them like Sufis and we had some saints in India, all of them, how much they must have struggled! Nobody to guide them, nobody to help them, nobody to tell them about what they can achieve and despite that, they were very satisfied people, very happy people and they worked it out so well. They saw the whole world with another angle as you can also see. But they were not upset and they had such self-confidence, they had such knowledge of their own that they achieved through their meditative process and the way they have written books, some of them are so great. It's very surprisingly how they have achieved these great verses, such full of knowledge. One cannot understand that they had no guidance, nobody was to tell them. But one thing with them was that they always tried to look after their Sahasrara.

Now one thing is there, obstructing Sahasrara is the movement of your Agnya into thoughts. That's the only thing, that's the only thing that stops your entry into Sahaja Yoga. Thoughts are coming all the time, because a human being is born who reacts to everything, react to this and react to that. Then the thoughts come in and thoughts go. There's a big crowd of thoughts. Because of that, your attention cannot cross over Agnya and can't reside in the Sahasrara.

So first of all one should see, ki (that) what sort of thoughts are coming. You have to condemn yourself sometimes. You have to say, "What nonsense! What have I been doing? What's the matter with me? How could I do all that?" Once you start doing that, these thoughts will start disappearing.

These thoughts are coming from two angles, one from the ego and another from your conditionings and these are so much built up within you that they don't allow your Agnya to be crossed. That's why we have two bija mantras of "hum", 'kshum'. First one is, when it is conditioning, you are endowed with this kind of a fear: "I shouldn't do like this, I shouldn't do like that, it's not allowed, that is not allowed." That's the conditioning part of it. Conditioning can be of many types, but the ego part of is that, "I must overpower everybody, I must get this, I must be able to rule everyone." These two things are there in the mind which are all the time crossing over.

So, it is important that we should go into thoughtless awareness and that thoughtless awareness is the real way that your Sahasrara can be nourished by the Kundalini. Because Kundalini cannot go through, cannot pass through. And for that, as I said, there are two bija mantras, is, one is 'Hum' another 'Kshum'. So, if you are conditioned, you are frightened, you are afraid and you had ideas about yourself... These days the way the people are describing, they'll say, "I am an extrovert!", somebody will say, "I am an introvert", somebody will say, "I am a hippy, I am that, I am that." All kinds of things they can have attributed to themselves.

But these ideas are all coming from outside, they are not from inside. To get to the inner side of yourself, the subtler side of your being, you must allow the Kundalini to go through the Agnya and to cross the Agnya is a very important thing in modern times and for that you have to meditate. If you can meditate with complete faith in yourself, this Agnya can be opened out - with surrendering to the Divine. You have to surrender yourself to the Divine and when this Agnya opens, you'll be amazed, your

Sahasrara is just waiting to transfer, to give you all the help that you need through the All-Pervading Power. Your connection of Sahasrara with the All-Pervading Power is established and by that you'll be amazed how all these seven chakras work for you, how they help you, how they try to give you whatever is the real knowledge about everything!

This real knowledge that you get is very joy giving. You can see this real knowledge in everything. You don't have to start reading any book about it. In every situation and in every person, in every flower, in every natural happening, you see clearly the hand of the Divine.

Once you see the hand of the Divine, your ego starts disappearing. Once you say that: "It's You, You do everything." Kabira has said something great about this, He said that: When the goat is alive, it goes on saying: "I, mai, mai, I am, I am." But when it is slaughtered and its intestines are made into strings, which are used for cleaning the cotton, then it says: "Tu hi, tu hi," "You are, You are, You are."

You see, in this symbolic way, they have suggested that you have to become dissolved into this Divine Power. It's the Divine Power that does everything, "What am I? I was just a drop and I fell into this Ocean of Awareness, of the Divine Power and that is taking over and working it out." That will help you a lot to be a great Sahaja Yogi. You develop curing powers, but still you are not proud of it. You develop of course awakening powers, you are not proud of it; you develop so many creative powers and you are not proud of it. You become really very, very creative, extremely creative.

But the greatest thing happens to you [is] that you become a global personality. So you start seeing the problem of every country, of every other nation, where they have problems. But these problems when you see, you don't see like other people, because others may like to use it for their own purpose, maybe for media, maybe for something. What you want to see is that these problems are solved.

You see, your powers are so great with this kind of a mind, I would say, which is dominated completely by the Divine Power that, whatever disturbs you, immediately is taken over and It starts working out.

Many, many problems have been solved by Sahaja Yoga, and also they can be solved on a very universal level, if you are a global person. If you are a global person, then what happens is that you become a, sort of a, vehicle or you can become like a channel for this Divine Power to act, because you are purely a global personality; not attached to this, attached to that, but a pure Sahaj personality, which can be used by this Divine Power very easily.

For that, as I told in the afternoon also, that we have to be careful about few things that we have. Firstly anger. Anger is the worst thing that we have. Angry for what? There is people who talk like that: "I was very angry." They are proud of their anger. Anger is the sign of complete stupidity, absolute stupidity. There's no need to get angry with anyone because by anger you don't solve the problem.

With anger you spoil yourself. With anger you do in your own nature. With anger you really spoil the situation. So no use having any anger about anything. But if anything happens that angers you, you should settle down and see for yourself why is it wrong, why is it disturbing you. Your seeing itself will help this problem to be solved.

You must, first of all, realise that you are a special personality, that your Sahasrara has been opened out to this all Divine Power, as if you have entered into the realm of Divinity. You are a great guest in that Great Court of Divine domain. You are not an ordinary person.

And so, once you understand why you have Sahaja Yoga and why you have got realisation, is that there's something special. But that should not give you any ego. It's not for ego that you have to have this. But it's for understanding that you have to play into the hands of the Divine. It is, this play is something I could explain like this, that, if you are, supposing, an artist, then in the hand of an artist is the brush and the brush never thinks that it is doing anything. It is the artist who is doing everything. In the same way, when you are one with the Divine Power, you just feel, "I'm not doing anything. It's the artist who is doing. It's the artist who

is managing,” And who is the artist? Is this Divine Power which loves you, which cares for you, which looks after you, which absolutely is identified with you.

You’ll be surprised, I have got so many letters from people - how Sahaja has helped them, how at the right moment they got the help, at the point of complete destruction, how they were saved. So many people have written to Me. But I’m not surprised, because if you are one with the Divine, It looks after you. It has all the powers, all the powers. Only one power it doesn’t have to control you. If you want to ruin yourself, It gives you freedom, complete freedom, if you want to ruin yourself, “Ruin!”. If you don’t want to accept Divine Power, “Alright, don’t accept!” It’s a complete freedom to do what you like with yourself. That is one thing It has given and that’s why you must curb down that freedom and respect the Divine Power.

Today is...I like the day when it is the Mother’s, I should say, Mother’s Day also. Because I think only a Mother can work it out that way. One has to have a lot of patience with people. What I have seen with all these great incarnations who came, They just disappeared, in a very short time They lived, very short time. Somebody was crucified about 33 years of age, somebody took a samadhi at 23 years of age, because I think They couldn’t bear the way people were stupid. They couldn’t see the point that they could do something for human beings. They lost their confidence, I think, or maybe that They thought, “It’s useless to work for these people.” Like that, They took a position that- is better to disappear.

But Mother’s position is different. She’ll go on struggling and fighting for Her child. She’ll fight it out to the last to see that the child gets all the benefits and this patience and this love and this forgiveness is innately built-in in a mother, because Her attitude is very different. Not any achievement, not any big name or what you call a sort of an award or anything. It is just She does it because She is a Mother. And that is what is the sign of any mother, if she is a real mother, at least for her own children, she will go all out, she will work out everything for day in day out and to save the child from disaster. But Sahaja Yoga is a much bigger family and for that you really had to be worked out through the Mother’s principle. You cannot take any other principle.

Like there were very great warriors we had and they have done a great job also and they have worked out as warriors. Then we had some who were very sacrificing. All kinds of people they were. They worked very hard to establish dharma in people, but they could not. I thought of one thing, that - no use establishing dharma. First of all give them realisation, when in the light of the Spirit they see what’s wrong, they become dharmic automatically, so best way is to do that. Not to force dharma on them. Because [if] you put dharma on them, they don’t know how to bear it, they can’t digest. So this will be the best way is to just make them aware of their Spirit. Once the light of the Spirit comes, in the light they see everything clearly, then no problem is there. And that’s why this Mother’s quality is very helpful.

I mean in every country there has been a manifestation of the Mother Principle, in every country and it has been depicted and said, but later on, it was taken over by people who didn’t want to talk about Mother because they couldn’t justify themselves the way they were behaving. So they said best is not to talk of the Mother. Also those who were very much advanced people, very matured, who were really incarnations, did talk about the Mother all the time, but still talk was talk. Now, this has to [be] worked out as a Mother has to work.

So, in your own way, when you are doing Sahaja Yoga, there also you have to be a mother. More mother’s quality than the father’s quality, that there’s no ambition, there’s no competition, there’s no jealousies, nothing. Just you want your children to come up and to grow into their spirituality. If that is the only attitude we have then you’ll be amazed how satisfied you’ll feel, because this is a very, very joy-giving thing, to see people growing in spirituality. Not only talking about it, not only reading about it, but actually happening, actualising within yourself. So this quality is very helpful and that really helps every Sahaja Yogi to be patient, to be kind, to be humble.

But you have to correct also. But there’s a way of correction of another person, of people who are coming not from the divine world but from the normal world, so it’s a difficult task to correct them. Some people are so hot-tempered they can’t bear it - doesn’t matter, you have to forgive them. But, best is to concentrate on people who are simple, who are loving, who are affectionate and then gradually all these complicated people, also, will join.

Your way of dealing with others has to be motherly. The motherly relationship has to be there. I was surprised that in the Western literature I don't find any description of a child and a mother's relationship. It's very surprising. There's no, no description at all, how the mother sees the child, how he walks, how he falls down, then how he gets up and how he talks. All kinds of beautiful things are described, but not in the Western countries. I don't know, they never saw this point I think, that is very important that to describe the attention of the mother: how she is loving, how she is kind, how she tolerates so much nonsense and how she keeps it in, as a, sort of a, forgiving thing. Not just to use it against the child or to trouble. Sometimes you have to correct, you have to tell, but at the right time, at the right place if they are told, the child also sees the point whatever is there.

The first most convincing thing is the affection and the love of the mother. She goes on forgiving and giving that assurance that, "I have a mother, nothing can happen to me," and this assurance works very well. But the same assurance you have to give to other Sahaja Yogis who are getting realisation from you. Let them feel that you are not angry with them. They are stupid, I know, they are sometimes violent. I've gone through all kinds of people, but only thing that has worked is pure love. Pure love has no attributes of expecting something. You just give love and try to improve that person with full attention. But in divine work, you don't have to get attached to that person.

Supposing there's somebody who is not up to the point, is also troublesome, gets angry with you, annoyed, insults you and everything: so, forget it, they are many others. There's no need to run after one person, to get attached to that person or to make them fame. Now, main thing is that I feel always the Sahaja Yogis always feel that I am their own, which is a fact. Whether I talk to you, whether I meet you or whatever it is, you have to know that I'm your Mother and any problem you have, you can always tell Me. But sometimes the way people tell Me problems also, I feel how low they are. Their mentality is so low. What are they asking Me? Supposing you go to some king and ask him for, say, half a dollar, then what will the king say? "What is the matter with this person? He doesn't know what he should ask for!"

In the same way, one feels that way that when you are asking anything to your Mother, it should be of some value, some great value. It should have the value of complete satisfaction. When you ask for something, it should give you complete satisfaction. But I have seen people asking for this thing, for that thing. I mean it's to such an extent that I sometimes feel, "Oh God, how am I getting all these people around Me who are desiring something very low, very mean, insipid!" But if you are one with the Sahasrara, then Sahasrara itself works; It will bring you contact with people, in contact with such people that you are amazed how It works.

I went to Turkey and My experience of Turkey has proved that beyond doubt. I never expected, but the Turkish people of all the people of the world have taken to Sahaja Yoga just like a windfall! I can't understand how they have accepted Me. And there were at least 2000 people in the follow-up and people were finding it impossible to get them round and tell them and when they had very close meetings also they had so many people and they continued to be there. Now, maybe that is a very disturbed country, with fundamentalism very much working out, but everywhere, every country has problems and, as we should say, a kind of a very destructive image.

Every country has. But in some countries, I don't know how it sparks and once they become Sahaja Yogis, no problem. It's no problem about anything if they are Sahaja Yogis, you see, you don't have to tell them, they themselves work it out, they understand it, what is it. Like we have every country which has problems, which has people who are not of a very great level, who are not great seekers. Maybe in some countries, I feel those who were great seekers are lost; like England, I feel that all the seekers are lost by drugs, hippyism, all nonsense. America is the worst of all, which is so much lost into wrong seeking. And it's difficult to find people there who have right seeking.

Gradually it is working out, but still, I must say we should not think of any one particular country where Sahaja Yoga is not working out so much or in some place is not working out so much. It is what we have to think globally that Sahaja Yoga is growing and you are part and parcel of that society which is Sahaja Yoga. It's a very rare society which they never had. There are one or two Sufis here and there, one or two realised souls here and there who only suffered. All their lives they were tortured, nobody looked at them.

I had great hopes about Maharashtra, but I'm so disappointed, because they tortured all these great saints all throughout, you know, so badly, in such a mean manner that I think they are still paying for it, and despite the fact I would have done so much work there, what I feel is that their karmas are not good, because they still, I would say, it's a rotten country, it's becomes so rotten. You can see that, the way people are behaving and whole thing is so bad, though Sahaja Yoga is there, no doubt, but I wouldn't say it is of that level as it is in the North, North of India, very surprising, North Indians never knew anything about Sahaja Yoga. They were not such religious people like that, but how the North people have taken to Sahaja Yoga is very surprising.

So, you can't say where the light will show, just can't say. And wherever it shows we should accept, wherever it doesn't show we should not feel bad about it. What can you do? You cannot sort of break their heads for Sahasrara, (laughing) their Sahasrara has to be opened out and with your motherly love, with your motherly understanding, I am sure you can do it. May not be to the same extent in every country, but I'm sure as I feel that, maybe, the punyas of these great saints will work and maybe wherever I felt little bit disappointed, I feel that all these places will work out and Sahaja Yoga will grow. But first and foremost is your Sahasrara.

Only your Sahasrara can reflect the light of the Divine. So, your Sahasrara is extremely important. You must meditate to enrich your Sahasrara, to cure it, to make it completely nourished by the Kundalini. There's no need to do many rituals, but meditation and also little bit of taking bandhan, even now, today, is necessarily, I think, when you go out, because still Kali Yuga is working its own pangs and Satya Yuga is trying to come out.

We are the ones who are going to support, look after the Satya Yuga and that's why the Sahasrara opening is very, very important. It's very important and those who want to grow should meditate every day, whatever time you may come home, maybe in the morning, maybe in the evening, any time.

But you will know that you are meditating when you can get into thoughtless awareness, then you will know. Your reaction will be zero. Look at something, you will just look at it. You won't react, because you are thoughtless. You won't react. When that reaction is not there, then everything, you will be surprised, is Divine, because reaction is your Agnya's problem.

Once you are absolutely thoughtlessly aware, you are one with the Divine. So much so that Divine takes over every activity, every moment of your life and looks after you and you feel completely secured, one with the Divine and enjoy the blessings of the Divine.

May God bless you!

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Shri Mataji: Can't have lights outside?

Shri Mataji: I bow to all the seekers of truth. These are special times, I call them blossom time.

See, all the flowers are out now. In the same way human flowers have come in the seeking. Seeking the truth. For ages, they have been seeking the truth and now they are born at this special time, to get their aim. So many of them got lost because they did not know what to seek.

Even the science is a 'seeking'. And the seeking in the science is in the limited area. Because science is diversified. Somebody is a physicist, he will seek truths in physics.

Some in the medical science, some in the chemistry, like that. And they go on diversified, all the time into different lines of seeking. But the truth is different. In the area of truth, if you have to seek, then the first thing you have to have, humility; that so far you have not known the truth.

If you think you have known the truth, then nobody can force you. But if you are humble about it, that you don't know the truth and also that you should have the purest desire to know the truth. These are special times- as I said, because, there are so many seekers who are born. And they have to get, what really they are seeking.

So far there have been lots of theories about the truth. But it never happened that they knew the truth as reality. So there has been diversification, even in all those theories. Some say, this religion is good, some say, that religion is good and all kinds of diversification started.

And science being an amoral area, there was no connection established between science and absolute truth. Science is not absolute, it is always challenged.

But truth is One. It's singular. And it cannot be challenged. But the main thing is, the truth which is the absolute truth, has to become the reality.

As you have chemistry, you have to say, periodic law, as a reality. Also in physics, in the same way, it has to be a reality. So the seeking of truth, when it reaches that point, where the truth becomes reality, it is an absolute truth. So what is the absolute truth?

I can give you as, a theory; and it has to be proved. In a way it goes, in a way, goes beyond the field of modern science. But it is a science. It is an absolute science, which cannot be challenged, which cannot be changed. And which everyone knows as the truth.

If I say something, it's a theory to you, but it can be proved. We don't know much about ourselves.

We don't know why we get those diseases which are incurable. We don't know why people go mad or lunatic type. Schizophrenic on the physical level. Also, we don't know, how these genes are within us. And how can we change our genes?

I can go on and on and on about these states but the main thing, is that I tell you the theory of absolute truth. For that, you don't need any academic qualification. You don't need any elegance or any kind of very ritualistic ideas. It is very very simple.

It is very simple because It is vital. For example, we know how to breathe. Nobody has told us how to breathe. But we know. How?

Because it is very vital, so this knowledge is within us. Now the time has come, it is vital, that we should all know the absolute truth. The absolute truth is, that, you are not this body, this mind, not this emotions, not this ego but you are the pure spirit.

The scientist can challenge and they should. Because you can't see a spirit under a microscope.

So, what I'm telling you is, about, that you are the pure spirit, is a fact, is a reality, which has to work out in you.

Then the scientist will have to accept, that, it is a science; science of spirit. Now, If I say, that, we are human beings, but we are not yet, at an absolute level.

If it is absolute, then everybody will know the same. But, that is not the thing, everybody thinks differently. And accept something as a dogma. And there are fights over it. Discussions, conferences.

But this is something, that has to happen to you. It's, you have to become something.

For example, you see so many lights. These lights are of no use if they are not connected to the mains. In the same way, if I say, that we have to get connected to the mains.

Now, what is the thing that is which I call as the all-pervading power of divine love. Now you see all these beautiful flowers. Different colours, different fragrance, different forms, if you ask a doctor, " who runs your heart?". He will say, 'it is an autonomous nervous system'. But who is the auto? That they can't answer. But they are honest. So they will say, 'we don't know'.

So one has to go beyond, this circumference of knowledge, to know, the pure knowledge.

And that I call as a modern, meta-modern discovery.

Now you are the spirit, is said by so many saints, by incarnations by everybody else. This is not a new statement. But scientist always thought, that the area of saintliness, spirituality is not connected with them. But whether you are a scientist, a doctor, a philosopher, a poet, a politician, all of you are nothing but pure spirits.

It doesn't matter what you think, as truth. Only thing, you must have a pure desire to know Absolute Truth. For this, our creator has done a tremendous job. He has put a very wonderful energy within your sacrum bone, ' sacrum bone'. That means, even the Greeks knew it is a sacred bone. But they got lost.

Now, this energy in the sacrum bone. Is a fact. But, first you have to verify. You should not just believe me, because I'm saying so. But, you must verify.

And also verify, if there is this all-pervading power of divine love. For that, this power, which is coiled up in the triangular bone has to rise. It has to rise, through six centres; centres of energy.

And pierce through this fontanel bone area and become connected with this all-pervading power.

Once it happens, then you get completely integrated because all these centres act in unison. These inner centres are responsible for our physical, mental, emotional and also spiritual being. If it happens, a person becomes a spiritual person, in a sense that the spirit shines.

In your attention, And you know the absolute truth. You know it on your finger-tips. It's said in 'Koran' Mohammed sahib clearly, that at the time of resurrection, your hands will speak against you.

That, your hands will tell what's wrong with you. Now, again I would say, we must verify.

If it happens to you if the kundalini is awakened and you become one with this all-pervading divine love, then you start feeling cool vibrations in your hand. Very cooling vibrations. And you feel thoughtlessly aware. Because, we live in the future, or in the past through our mind. When we live in the past, it doesn't exist, it's finished. And the future doesn't exist at all. Present is the reality.

So what happens that your thoughts, do not disturb you and you become silent inside. So the first thing happens to a person, he becomes extremely peaceful. No competitions. No fighting. No violence. He becomes extremely peaceful within. And this peace is emitted out to others also. Is a science of the inner-being. That we all have. But we are yet not aware of it. So when you become absolutely peaceful. You can't have quarrelled, you can't have wars, any more.

If this happens in the mass scale, then whole humanity can be emancipated. And they will understand, their real value, absolute value as spiritual people.

Now, these centres get enlightened. And with this enlightenment, the first thing that happens that people get cured. I must tell you that the Russians are really very special people. I knew this long time back. I don't know how they have become so deep. Maybe, through introspection. That they get their realization, in no time.

I have known people who came to my programme and got cured. One lady, who was epileptic or something, I don't know what she had, she came sitting on a chair, wheel-chair and then she suddenly got up and start running. It happened to so many people, that they got cured.

For which, you don't have to pay anything. You don't have to go for a diagnosis. It is can be very horrible rigmarole. You can feel it on your finger-tips. The diagnosis, what's wrong with the other person. In the same way, you can feel about yourself. All this looks so mythical, but it's actually, 'The Reality'.

And the saints and the great incarnations, try their level best, but could not go into the heads of people. Now mentally, all the time we are thinking- thinking, bombarded by all kinds of thoughts in our head. And we really get absolutely distressed with it and get into a funny type of situations.

Schizophrenia, very common. Mental what you can call distress and also lunas. Nowadays, a new disease has appeared is as Alzheimer. If you study, the life of a person who suffers from Alzheimer, he must be a very aggressive person. All his life, he must have really, tortured people; demanding, fighting, quarrelling, and possessive. And thinking of no end of himself or herself. Such a person can get Alzheimer, after certain age. Deviation in the brain takes place and a person assumes the lifestyle, which he had followed before; without being conscious of it.

Now there are so many things like that which can be explained, once you are connected to this all-pervading power of divine love. So as I said this divine love creates these flowers, runs our heart does all the living work. For example, this body doesn't accept

anything foreign. But, when a foetus is formed, it not only accepts, but, looks after it and expels it at the right time, at the right moment.

You can't explain, who guides this body to do all that. So the scientist also, many of them, who are truthful have discovered, that there are many things that they cannot explain.

All this is, because, we have not yet found our destination. Once you find your destination. You'll be amazed to see yourself being, such a great thing. Created by the love of the divine. A special person, who can cure others. Who can, give peace to others. Who can, give love to others. So many things happen.

Like you become much younger than to your age is; you become extremely creative. I have known people who were absolutely dry chartered accountants, have become great poets. You become very creative. Some musicians in India, who have achieved a great name in music are mostly Sahaj Yogies.

'Sahaj', Sa means 'with', 'Ja' is 'born with you'. What is born with you, is the 'Right', to become an enlightened personality.

Then you start understanding all the Sufi poetry and all such mystic poetry, which you never understood, before. You become very powerful, but this is the power of love. Which doesn't, oppress; Which cares and which loves. Another power, that you have, because you become collectively conscious.

Our learned professor, just now told you, that we are not different, we are 'one'. it's a fact. But, you have to 'become'. Once you 'become', then you know, you are all 'one'.

In everybody's heart, this divinity shines. But it has to be brought, this part of the divine has to be brought into your attention. And when it happens, your attention becomes enlightened. Paying attention to anybody, you can help. Paying attention to any country, you can help. Your attention is so powerful, that it can cross thousands and thousands of miles. The attention controls the Sun and the Moon. You will be amazed, how powerful you have become.

Now, if it's very very cold, it will become hot, tolerably hot. And if it is intolerably hot, with your presence, it will become mild.

In the presence of such a person, these flowers though they are cut out, they start blowing, though they are cut off.

The vitality, which we call as the life vitality, you become the source of that. But, 'Becoming' is the point.

I must say Russia, is a very special country. I know you have gone through lots of problems. But that has really made pure gold out of you.

And the people here, only the scientist of this country are so open headed. Nowhere in the world, I've found so many scientists with such an open head.

Of course, we have some people in other countries. But so many we have here, who are scientist, who are dealing with the material science and suddenly become spiritual scientists.

With this collective consciousness, you can feel the centres of others, as well. You can of course feel you own centres through self-knowledge and if you, somehow, know, how to cure yourself, you can cure others. Sitting down here, you will know how to cure others.

You will know about the people who had a past, who are. 'no more', also about them, you will know on your fingertips.

You will not bother as to what dress they are making, how they look, but what are there centre is like. Don't have to go into details

about it, you don't have to study like a science study.

I must say I have also read science and medical science because I knew I'll have to talk to a scientist as well as to doctors.

And it has worked here in this great country of yours, I really tell you how people, who are so well educated, so highly placed in life are so humble, to accept this knowledge.

For this you don't have to pay. Is a natural process of your evolution.

You were an ordinary human being but now you have become a spiritual human being. This will change your life completely.

You will be peaceful and you will be witnessing the whole thing, like a drama. Also, the greatest thing happens to you, that, you become joyous.

You are full of joy. Joy is singular, it's not happiness or unhappiness, it's just Joy.

You don't criticise, you don't find faults with others. But you enjoy everything, even you laugh at the absurdities and ridiculousness.

Now, if you see in these modern times; when you are born, people have become, some of them have become, worse than animals. They do things which even, animals don't do.

Also, there are other problems like drugs and this and that. But by telling them, not to do, they will never accept on the mental level.

But after self-hood, you become so dignified and you know this is all so ridiculous.

In England, overnight the young people gave up drugs. Overnight, people changed.

So this is the time of this transition, of this resurrection.

For which you don't have to do anything outside. It's only in your own body, it will work. It's your 'right' to have it.

And as this flower has a right to flower and give fragrance, in the same way, you have 'right to be enlightened'.

No obligation of mine. I just love.

Especially Russia, I really love you very much. Because you are so lovable, people.

That, you respect me also as Mother, I love you like my children.

I don't know, how to explain a Mother having millions of children. But it is so. And it is so energy-giving to me as well as to you.

There is a record of love. I don't have to quarrel with you, argue with you or to shout at you, it just works.

You don't know this divine power it's such a powerful thing. How it manages things.

How it manipulates everything, for your good. Everything negative drops out. Anything that is aggressive disappears. And your life becomes very smooth and beautiful.

You become a satisfied soul. I think Russians are quite satisfied, compare to other people.

Such a beautiful human being you become, that you respect yourself and you respect others.

A new civilization has to come up and it's working out more in your country.

Russians, people use to be frightened of them. Now the situation is very different. Russians are now loved by everyone. Because, there are so many Sahaja yogis in Russia, who are very deep and mature. Not so many in other countries. They have so many [UNCLEAR]

I 'm very thankful to you and to all of you for inviting me to this conference so that I could talk to you and to people, who are of science.

Like a blind man whose eyes opened, he sees everything for reality. In the same way, you see everything all types of miracles as reality.

And this is going to happen to you all tonight and also later. Thank you very much.

I think I should give Realization. Talking is talking only.

You have to have proof of what I've said, but if you have come here to criticise and is your mind in the opposite direction, it will be difficult. So tell your mind, to keep quiet.

All of them have got it already. Now, I have to make one humble request, that please take out your shoes, if possible.

Because this mother earth helps us a lot. Put Both your hands towards me like this and both the feet apart from each other. Just now, don't ask, why. I'll tell you later on. Only have pure desire in your mind, that you should get your enlightenment.

Little higher –{for hands'}

Now you can close your eye and ask a question in your mind not loudly. Mother am I a Spirit? – Three times.

Now see, if you are feeling a cool or a hot like vibrations on your fingertips.

Now, raise your left hand on top of your fontanel bone area, it was a soft bone in your childhood and bent your head. Don't touch with your hand just keep aloof and move it up and down and see for yourself, if there is cool-breeze or a hot breeze like vibrations coming out of your fontanel bone area?

Now please have the left hand towards me and bent your head again and see if there is a cool or hot breeze coming out.

Now put both the hands towards me, again and open your eye.

Put both your hands up and ask a question; any one of these three questions, you ask three times,

Anyone -"Mother is this the cool-breeze of the Holy Ghost ?"

Second One - "Mother is this the all-pervading power of divine love ?"

Third One – "Mother is this the 'Paramchaitanya'? Ask one of them, three times, in your heart."

Put your head Up and ask this question. Now please take down your hands.

All those who have felt, cool or hot breeze on their fingertips or on their palms or out of their fontanel bone area, please raise both your hands. I said both of your hands. I said this is what it is- Russians. I bow to you all.

You are my own, my own children. May God bless you. Thank You.

Sahaja yogi- Everybody has it.

Shri Mataji-All of them.

Sahaja yogi - Sahastra open.

Shri Mataji - You saw?

Sahaja yogi -Sahastra open of all.

Shri Mataji -You saw it?

Sahaja yogi -Miracle photo.

Shri Mataji -Show them.

Shri Mataji - Where will you show, where is the screen to show. You show them, I've seen them all.

This is the proof of there is all-pervading power. I don't do anything. It is this all-pervading power, is trying to prove 'Me'.

Sahaja Yogi- I want to thank Shri Mataji, The storm of applause which has last sounded, gives me the opportunity, to thank Shri Mataji for the interesting and rich rapport, which will remain in our hearts.

I'm a physicist, that's why I had like to start my presentation with the words, which were pronounced about physicists and specialist in natural science.

While discussing the idea of 'The Truth', it was said that every scientist is searching the truth in his subject - a physicist in physics, a chemist in chemistry.

From this point of view me and my colleague, co-author of this report, Mr Shipov are wrong physicists.

We never were searching the truth either in physics or in natural sciences in general.

We were looking for the knowledge in Physics, realizing that the Truth is much higher than physics and natural science.

All this work is based on fundamental, the work which has been carried out for the last 20 years is based on the fundamental ideas, different from the cores of so-called this, phenomenological theories, which starts not from nature, but from the starting presumption, which adequacy cannot be proven, as a rule.

In the works of my colleagues, Mr Shipov, it was shown that apart from the four obvious interactions in nature, there exists one more known to mankind for a long long time.

Besides strong interaction – within the atomic nucleus, strong interaction. Besides weak interaction which defined electronic disintegration of the nucleus, apart from electromagnetic and gravitational interactions, which are known to us from the school. There is one more interaction, one more field which is called 'Torsion'.

The theory of electromagnetism was started with simple tests, when in ancient Greece they were taking an amber comb, using it to comb hair and drawing a bit of fluff.

This experiment defines the age of electromagnetism. Ancient Chinese manuscripts were found and they are dated the 6 -7 years before B.C. though the people with the [UNCLEAR] looking for water. Yes, looking for water. 6-7 years Before Christ. At that time the humanity practically used the torsion fields, though the term itself appeared only in 1922, due to the works by Cartane.

It was shown in these works that all the scientific information about the structure of the world can be represented in a very simple scheme, it's known from the school.

Everybody knows, Hard substances, liquid and gases. In the middle of the century, we found that the elementary particles of plasma. And after that in the thirties, it was the work by Einstein

Physical vacuum

Particle or plasma

Gases

Liquids

Hydro substances

The works performed by Mr. Shipov proves, that there is a higher level of matter organization, which got the name of primary torsion fields. It appeared that from modern science, the higher levels cannot be described, using the language of formulas.

And all of them were united in a general group, called "Absolute Nothing', the matter which gives birth to everything and absorbs everything. We could call this 'Absolute Everything'. Now I would like you to remember the table of Alice Bailey, which gives the structure of different planes.

Many remember that Bailey 's table contains 7 planes. The lowest level is the Physical plane, which consists of 7 sub-planes in its turn. I'd like to draw your attention to the fact, that three sub-planes fully coincide with what you can see here.

At that time science already knew hard substances, liquids and gases. And further on, there are four sub-planes, which were not discovered, they are called by her the fourth Ether, the third ether, the second and first ether.

Now we can state that science can define these ethers, that is to show what it is, at least some of them. The fourth ether is, what we called here 'plasma' (see the table). The third ether by A Bailey is the physical vacuum. The second ether by A Bailey is the primary torsion fields in these structures, the fields which are connected with consciousness.

Before I start speaking about first and second ether, I had like to say something different. It is not by chance that I have just mentioned that we were never looking for the 'Truth' in physics. We understood, that, when we have to get some new knowledge from physics and that knowledge is limited. And secondly, we have to show, the place of our new knowledge.

And here we say, that the modern science was able to disclose the content of the fourth, third and second ether. But the modern science cannot explain what is the first and second ether and all the planes of higher level.

We have all the ground to believe that the modern mathematical apparatus has exhausted its capacity, moreover, new non-binary logic is needed for new discoveries.

And many scientists' think that all their discoveries are their own creation.

More than five years ago, Roger Penrose, an English physicists theorist published a book. As far as I know, he was not familiar with esoterics. He was only dealing with mathematics. He published the book ' New mentality of the superior'. In this book, he analysed the knowledge - where new knowledge is coming from. He made his analysis based on strict modern mathematics and physics.

The conclusion he made was quite unbelievable for such a person, as he was. He said, that, we can not understand the proof of theorems and laws, do we have the capacity to understand where the new knowledge comes from? Only in that case, if we assume that somewhere there exists the data bank, which accumulates all the information in full volume on everything; and it is only unclear, as it was put by Penrose; " where from and how this knowledge comes to the minds of scientist?".

I think that any esoteric could explain how it works?. As a result, we have to agree, that if a scientist received an idea, it means that he was allowed to get his knowledge.

And if some scientific ideas come across any difficulties, it only means that either it will not be possible to understand this knowledge now, or that this is not the right time for this knowledge, it's too early.

One can say that in the framework of the theory of physical vacuum, many results are not simply scientific but technically concrete. Not only theoretically, but practically it was comprehended that torsion field play an important role in the consciousness. One could tell about this for a long time, but I had like to give only one example.

There is a device, which has the size of two cigarette boxes, there is a metal furnace for melting the metal. Moreover, this furnace is grounded and the electromagnetic signal cannot go inside the furnace. I switch on this box and after the melting is over, we found out that in this volume the structure of metal has changed.

I couldn't achieve such a result by electromagnetic waves, even if it was not screened. Moreover, I changed the structure of metal 100 kg in volume, bearing a tool which consumes less electricity than a lamp of a pocket flashlight. This is not an experiment, this is a technological patent.

Then I invite to the same laboratory, a person with an open channel or an open vision. He sees this experiment and he understands what this device radiates and what happens with the metal, when it is affected by this device. Then the person is offered to do the same, the way he has seen it.

After this is done, the following result is clear, the metal has changed its structure, but the mechanical characteristics have improved by 10-12 %, then in the case with the device.

This is a real example of what can be achieved in physics with the help of subtle energies, which are called in physics 'torsion fields' both by a device or by a human being.

Now I had like to tell you about one more result, very important. Even before the war, it was discovered, when nobody pays attention than when one takes a picture, no matter what or whose, torsion fields or subtle energies cause changes of the structure of the emulsion. And it is possible to say exactly what is changing there.

They changing the spinning structure of the film emulsion. And it doesn't affect the visible image. Secondly, in our country, they found 6 researchers who could get different images working with the same equipment, different from other people.

To understand

And it is possible, to understand those structures in the shape of balls, lines and other complicated structural formations are photo registration of the torsion field. But there were some strange situations, if a person has as well developed vision or open channel, then while taking pictures, some field structures appear on the photo.

And if a film made by an ordinary person on the same equipment, who doesn't have all these qualities, then the picture doesn't show these torsion field structures. So in no time, we could guess that a well-known technical principle is working here.

When a picture is shooting by a person with corresponding qualities, then in the course of picture taking the emulsion will absorb both; the conventional field and a torsion field from the source of photo object.

And if simultaneously with this, the support signal as engineers say, coming from this person is also absorbed, then visualization is taking place. The best result was achieved by, Mr.Karpov more than ten years ago in our country.

This is the image of a person in the course of an active meditation. You see that there exists a brightly expressed global structure of the torsion field – subtle energies. There are three streams one of them is coming from the person himself and two parallel streams.

In another condition, we can see two spiral structure, left and right very similar over the actively working apparatus.

Another picture-activity in nature [in the video].

Active work in the open, during the work on the channels, we see, what kind of a structure appears over his head. This is the photo of the group of people who are in the process of a group meditation and we can see that a group of people is creating a collective field which is vividly expressed and is a collectively explained and now I liked to show something unique in my mind.

Shri Mataji in the process of work. Here you can see structures which were never ever observed. It is probably that, they reflect primary torsion fields.

One more citation –Another picture

Shri Mataji in the process of work.

I had like to say the following

Maybe the level of subtle vibration so high that it is impossible to reflect the structure of this energy formation, on the level of the substance of all the matter and I had like to say subtle vibrations were so high that it is impossible and lastly I'm very sorry that the projector cannot show all six pictures in succession. I'll change them. In the beginning of the work all looks like an ordinary picture.

Second picture -The second picture shows the changes, in the field situation present here. The marking point is the bench and its stripes. The changes of the spinning structure of space is so strong that if it had not been for the bench then it would have been very difficult to identify with all the rest on the picture.

Third Picture - It is more deeper penetration. The changes of the structure of space is so strong and so deep that, we can see that it changes at the space itself, as collective fields of the source, which are connected with the people, who are standing behind Shri Mataji.

Fourth Photo - The changes in the space structure, deep structure in the next phase is even stronger. You can't see the bench itself, but you can identify the centre and if you look hard, you will see a vivid face. There is a bright image. I think it would be nice to ask Shri Mataji whose face it is.

Whether this is the image of the participants of the meditation or this is the projection of super-plane?

Fifth Photo - The last stage of work. Here you can see that the space is fully structured.

Shri Mataji is saying, that, "the space is transformed by this force."

Presenter says that that the space is transformed with the help of subtle energies-Torsion fields. by the This structural order is reflecting the high level of spirituality, the high potential of her love.

But we have to say that the term Torsion field needs some explanation. The so-called subtle plane doesn't contain any energy. All the interactions and effect on the subtle plane level is performed by information. But the outcome of the information influence maybe the changes in the energy state of the object of interaction

One more fact is important there is no limit to the diversity of the structural transformations of space.

I don't say think our collective fantasy will be enough to see, 'What structure cannot be realised'; any structure can be realized.

This is another rich structure which is different from everything we have just seen, as an illustration of the diversity which is impossible here.

This is principally a different plane, which doesn't coincide with the two previous ones. This is another image.

In background, Shri Mataji says, this is the other way round "the other image was of sitting in the heart of the universe."

As you can see, this is a very rich structure and you can see not only on the central part with a lotus formation, but there are a lot of field streams which can be identified individually.

If we could have more time, then the circle of this kind of information could be enlarged significantly. There is a big library of this kind of pictures. Apart from the pictures you have seen today, there are images which show the fields coming from the earth itself.

In background, Shari Mataji is saying, "this is nothing but vibrations."

And of course all the method used here, cannot fix all the variants, significant information from all the on subtle vibrations of earth.

You can usually read about the new pathogen relation in literature. But in reality, there are up to ten different in their nature-radiations which differ by physical characteristics.

There could be different types of torsion radiations, one has to think of different regimes of radiations. Some of them have been worked out and are already been used.

[Thank You and praise by Sahaja-yogis.

In the end, Shri Mataji signs some books for the scientist and physicist and guest. She received a gift of Mother Mary with Christ. And the conference ended with a song about Russia.]

1998-0611, Russia is a great country of Spirituality

View [online](#).

11 June 1998

Russia Is A Great Country Of Spirituality

Public Program

Moscow (Russia)

Talk Language: English | Transcript (English) – Draft

Public Program. Moscow (Russia), 11 June 1998.

I bow to all the seekers of truth .I know that you are not only the seekers of truth but you have found the truth.so many of you.And your life is fill with the light of the divine .Of Course there are some people who have come for the first time . but they also can have the lights very soon .Russia is a great country of spirituality. I found it long long time before i started sahaja yoga here .People are very simple hearted and they understand the value of love .They did not know about god or different types of religions that existed.I think it was good .because they were not conditioned .they are like a clean slate .while in all other countries people are very conditioned .Also in india, they have fixed ideas in their heads they are not open minded . And the most surprising thing in this country is that the scientist have reached a very great height of. They instead of going through analysis in separate and separate areas they have entered into themselves to find out what is consciousness. While this is not done in any country [unclear] for eg America is so advance but outward you can't talk to them of spirituality.To them spirituality is nothing but spirit ,means either it is the dead body spirit or drinking . so that is what is there spiritual life.but somehow i don't know how in moscow there are people who introspect them perhaps that they know that there is something higher beyond the mind beyond this physical being.Even a great scientist like einstein has said that i was so tired finding out about relativity and i was absolutely [unclear text] out .he couldn't discover anything about this theory and even he was so tired that sitting in the garden playing with the soap bubble like a little boy.and suddenly he said i don't know from where i got the theory of relativity.

Everything drown upon him ,all the great scientist have said that they get it something from outside not there own .Now ,spirituality has reached that state in this country especially that we can prove it- its the science .Its a reality.

So far [unclear he has said] those who are spiritual believes in something and those who were scientist who live in a science,but now after the realisation after the actualisation ,of the spiritual experience it becomes reality .

Once it becomes a reality it becomes a science ,that is what you are going to experience tonight.

You are going to experience the truth about yourself .You are going to know what are you ..that is your own truthyour self knowledge .for eg -a person gets a disease he doesn't know anything in the beginning.he becomes reumatic he doesn't know how it start. Any complication that he get is when it's over developed and beyond but he doesn't know from where he gets because he has no self knowledge.Now this is here in our being already being explained to you

That you should not believe me .We don't need blind faith.you have to experience it .you have to see with in your self if this enters into this or not. because these centres scatter for your physical ,mental ,emotional and spiritual being .now we say there is a bone, is a triangular bone which we call as sacrum that means that the greeks knew that there it is a sacred bone .sacred because it has a dormant energy in it,which has to rise ,and pierce through your fontanel bone area ,which is the actualisation of baptism which is not someone [unclear]...but it actually happens .which power become the all pervading power of divine love . Again you should not believe it.You see these beautiful flowers here,the whole [] full of flower it is .Who created the flowers ?Who runs your heart ?The doctors will say its autonomous nervous system .but you ask who is this auto?They can't ask .This auto is your self in the heart,is the spirit in your heart when this kundalini rises ,she connects you to the all pervading power ,which has created all living things .This energy becomes one and go round with the subtle energy which does all the subtle works .It all exists ,It all works ,it understands ,it knows ,it sees ,above all it loves you.Loves you fully .Cares for you.

And see remarkable things that in this country of shiva its working very fast .I don't know what are the blessings for you .special blessings I should say in Moscow or in your country itself its working in such a big way ...may be you people are very genuine ,You are not hypocritical,may be you are introspective ,really you want love ,you want protection ,especially when there is so much mafia everywhere This mafia will die out very soon .It can not fight with divine .Divine is very powerful If don't listen to the divine it creates problems ;very interesting problems and that is how you all are protected .Now when this kundalini rises ,she

passes through the various centers ,she enlightens them and integrates them .There is no more conflicts in the mind .Now you are in your being .Whatever way your mind ,your heart ,your liver [unclear] the first thing that happen is that physically you are cleared .I must tell you ,first time when I came to Moscow, half of the people were sick ,children were sick ,now I don't find it? Very few of them are sick, one or two here and there that too some sort of physical ,and not mental also. You will be amazed to know that in America 65% people ,Because they are so mad after nonsensical things.It's impossible to talk to them of something higher something very subtle .so from India lots of false guru were exported nicely .they are even worse then [unclear].and they looted that country completely .

Americans itself has created such horrible things.[unclear]

But I am sure after seeing you they will come up because they believe in competition .and once they compete with you I am sure they will come to a subtle understanding .Of Course now one must know that you can be connected to this all pervading power which is very powerful.It is not the power that dominates or wants to take the land of other countries or the money .Its not the power of greed and lust ,But it's the pure power of divine love .So its called as Mothers power like a mother like a matrishta .so we have now here an opportunity to achieve that state .so first thing your health improves ,so many people have cured from all incurable diseases.without down payment .without any money.because when it happens in your hands you start feeling the cool breeze of holy ghost .That means your five fingers six and seven centers are there .Now your right hand is for your physical and mental being and your left hand for the emotional being.So you know what centers are catching .There could be little burning some sort of sweating ,could be hot breeze .You can make out about the person from these vibratory awareness.and you can judge it a person without telling him but once you know about that person you also know about your self.Also you know how to cure your centers and if you know how to cure your centers you can cure the centers of others also.Because you have developed a new dimension in yourself in your awareness which is called collective consciousness .This is what a great philosopher called [unclear Youg]have tell that you develop a collective consciousness That's not living but you go beyond your mind .The other day one journalist asked me ,that you do everything from your mind then how can you get rid of your mind .I told him that this mind is a myth because if the mind was alright then how could you have Hitler .This mind can tell you all kinds of things and you can do all kinds of things ,and what will you get out of it .so this mind is not dependable ,the rationality is not the vehicle to understand and discriminate .So you have to go beyond your mind into the realm of reality .Because with this mind we live in the past we doesn't exist ,we finish,or we live in future we don't exist anyway .

So what is the ultimate is the present .Present is the reality.But if I tell you to be in the present you can not be .you can not become the one with the blessed ,because the mind goes on left right left right .as a result you become extremely peaceful with in ...with this enlightenment ,you attention becomes enlightened and it understand ,it can feel, the another person ,it can feel everything the whole nature ,becomes one with you .sun moon ...it becomes your own .because you reached a higher state of enlightenment .The second thing that happens to you ,that you becomes extremely peaceful.you don't react .you do not react at all . but you become like a witness.the whole thing looks like a drama .

And they told me that we start a program at seven I just smiled .I knew we can not Its very hard I said alright alright ,you can start at seven .now it has become so pleasant that we don't have to worry as to the sun is in the shelter now .and so the moon will also come .Our situation is very good now that we have to achieve the blessings of the divine which gives you the light within .I mean so many sahaja yogis have told me that without sahaja yoga mother the life is so miserable

They are all enjoying each other .They are all helping each other .Nobody is jealous.No one criticizes .

Ofcourse we might have one or two here and there but they are very few . so this collectivity that we have is such a power behind us .everything happens for our good.eg – we didn't get the hall .In my heart I was very happy I wanted an open space.Open space is so good because the all pervading power is here all over not so much inside the hall.

In india we have all programs openly and it works much faster because we are in contact .Sitting on the ground itself is very great because [unclear].she gives you energy when you are asking for your self realisation .But last not the least that you reach the state of joy. Joy cannot be described .it does not have happiness or unhappiness .There is a joy in everything .Everything that you see everything that you find ,They told me the story of the mafia and I just laughed .They are so stupid They can't fight the divine .We have lots of mafia when I went to Italy ,and I got the house at the top of the mountain ,and they said that Mother there is such a lot of mafia they will loot you out and everything will be finished .

But I went there and all the mafia people ran away they came to Russia .

Now from Russia I think there is a transform ,for eg at [unclear]a head of mafia came to see me ,he wanted his realization .and he got it .so it will happen everywhere Because everybody wants peace and joy .whats the use of getting money gives you no peace it should give you no joy .But also you prosper ,and you don't pay so much attention to money.

Money touches your feet .After All greatest thing is the joy .People believe that by getting money you will get the joy but you don't

Money is a headache .but if it is used for your spiritual satisfaction it's a blessing .I am so happy to come in Russia now I am seventy five years of age and my doctor has prohibited me to travel ,but I said Russia I will go in any way .so he said why Russia ,I said I have my thousands of children there very beautiful childrens And when the Russians went to America they were amazed and said mother the American sahaja yogis are not sahaja yogis ...they are not as pure as such of Russia .even Romania is good Bulgaria is good In no way you should think that you are under developed.All this developed nations are good for nothing people,compared to you .so respect yourself as Russians .and you can get your realisation at no time ,I know .so now, you will have a session of raising the kundalini and I know you people have questions . So please ask your mind to keep quiet for awhile . And then you after realization go home and write down your questions. Maybe you wouldn't be left with any questions . So just now you must have your pure desire ,pure desire to have your self realization that's all.

Normally people are standing ,I can't work out but I will try today.

All those who can sit down please get seated .

You need not see me .there is no...but mother earth helps .only thing if you wearing shoes ,please take out your shoes ,and put the both hands if you re sitting on the chairs,away.Now you have to sit comfortably and put both the hands before me .put your left hand on your top of the fontanel bone area .

Little above .dont touch your head ..now put your left hand towards me and put your right hand at the top of the fontanel bone area .

And once more ...right hand towards me and the left hand towards me is there cool breeze coming out of your own fontanel bone area .

Now please put your both hands before me and don't think ,alright

Now you can raise both hand in the sky .;

Push back your head and ask the question 3 times :

Mother is it the cool breeze of holy ghost .

Or is this the cool breeze of the divine love .

Or in Sanskrit Is it the param Chaitanya

Now put down your hands .see how much breeze is doing between us .see the silence outside .and you are feeling the coolbreeze .all those who have felt the cool breeze on their finger on their palm or out f their fontanel bone area please rise both your handsthat 's Russia

If you are not sure you ask your neighbor, to feel on your head so with this you will give up that is destructive .

You will give up smoking drinking and ...I didn't tell you anything ...It will automatically happen because when u walk in the light of the spirit you can see what is darkness. Thank you very much.

1998-0621, Adi Shakti Puja: You Must Develop Humility

View [online](#).

21 June 1998

You Must Develop Humility

Adi Shakti Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Adi Shakti Puja. Cabella Ligure (Italy), 21 June 1998.

In Russia the people, somehow, are very open-minded, not only that, the Scientists especially, are very open-minded and were suppressed very much. So they tried to find out the subtler things; not only finding out about chemicals or about some physical properties of the light, but, they wanted to go into the subtler side and they had found out already a great deal of knowledge about the auras – auras around the hands, auras around the body. They had done so much research and, it was accepted all over the world – their findings.

Now this gentleman was a specialist, I think, because he's a very well-known, a very very well-known person and he's holding a very big position. He was saying that he has to run 150 organizations. Very humble and very nice person; and when he came out with this discovery, I was happy in a way, because scientifically, if it is proved, then nobody can challenge it. He has already written a book with all the algebraical complications of what he wanted to prove. He said there is a vacuum. Beyond the consciousness, there is vacuum; and in that vacuum only, you can know the reality and once all this becomes the reality, it is a science – and that's how it is made into science.

He showed so many of my photographs – especially the one where a lot of energy is coming out of my Sahasrara – when we were on a boat. So he said: "She is the source of all the cosmic energy" – and that's what Adi Shakti is. She's the one who creates everything. The whole atmosphere that we know of is very artificial but when you understand what She has done. The first thing She does is to – and in my book also, I have written down about it – but I would like to tell you – that her first, I should say, manifestation, is on the left hand side. That's the Mahakali's manifestation. So She comes on the Mahakali system, the left hand side. And that is where She created Ganesha. Shri Ganesha is created because he's purity, he's innocence and auspiciousness. This had to be created before She created the Universe. So first thing She does is to create Shri Ganesha and She's settled down. Then She goes up, of course in the body of the Virata, and then She goes round and goes up on the right hand side – in the other way and there She creates all the universes, as you call them, Bhuvanas [worlds]. One univers, there are 14 Bhuvanas, means, many, many universes make one Bhuvana. And She creates all these things on the right hand side. Then She goes up and then She descends down creating all the chakras – Adi chakras or the pitas.

She comes down, makes all these pitas and then She settled as the Kundalini. But Adi Shakti is not fully the Kundalini, we can say, the Kundalini is a part of it. The rest of the work is much more than this. So, although we call it the residual energy, means after going through all this journey, then She comes round and She goes as Kundalini. Because of this Kundalini and the chakras, She creates an area, which we call as the chakras in the body. Now first She creates these chakras in the head – we call them the pitas of the chakras. And then She comes down and creates these chakras, which are in the body of the virata.

Now, once this has happened, then She creates human beings. But not directly – through the evolutionary process, She goes through, and that's how the evolution starts and then it starts developing from the minute, small little microscopic organisms in the water and then it starts evolving. So when She creates water, and She creates all the universes, She chooses this mother earth as the best place to play Her evolutionary process and there She makes this little microscopic thing. Of course I have written all about it and when my book will be released you can see that how first hydrogen, carbon and oxygen and all of these things were mixed up and how nitrogen comes into play and how a living process starts. All this I have done in another book that I am going to write now. I mean, I have mostly finished but there are some more chakras are to be dealt with.

Now with this happening, you see, one thing is there, that whatever I write, now people won't doubt, they will know it is a scientific fact and that's what, whatever I say, is a fact.

Now to believe in a Mother, Adi Shakti, was impossible. Especially, you'll be amazed that Christian religion, somehow or another avoided the mentioning of the mother. Then the Islam, that also avoided the mentioning of the mother. This complete negation towards the mother. But only Indian philosophy had the mother and the Indians are actually shakti worshippers. So this is how it was kept up and brought to this position now. That people have got full idea as to mother principle that has worked out everything.

On this Mother Principle, in India people are very sure that it's the mother who does everything and thus we have in India many, we should say, many Swayambu's, means things that are created of the mother earth. For example, you know in Maharastra we have got Mahakali's place, Mahasaraswati, Mahalaxmi and also we have got a place for the Adi Shakti. Some people who have been to Nasik must have seen Chaturshringi [in Pune]. How many people have been to Chaturshringi out of you? It's good.

So this Chaturshringi [Saptashringi in Nasik] represents the Adi Shakti.

Adi Shakti which is the fourth dimension of this power which gives you the ascent and ultimately through Mahalaxmi channel only you get your Realization. All this is a process; all was created by the power of Adi Shakti.

It's a tremendous task, the previous ones were not difficult because there for nature to create, it was very easy. The Mother Earth is one with the Adi Shakti, the whole atmosphere is one with the Adi Shakti, all the elements are one with the Adi Shakti. So, she could create all that without any difficulties. But when human beings came, they got their freedom. That's the only, I should say, species which fell into the maya of thinking and of having the ego in them. With this ego, a maya worked on them, I should say, and they forgot about the principle that created this universe – they took it for granted. They felt that this is their own right that they are there, this is their own achievement, and they are the owners of everything.

This started working in their minds so much that they invaded other countries, they destroyed so many people and they never felt bad about it. All their lives they have been thinking about aggressing others, controlling others and doing all kinds of harmful things. But they never even thought or never did an introspection to see that what we are doing is very, very wrong and it should not be done. Because of the freedom they have; such a turmoil in this world and the people who were in charge of affairs, they were very, very cruel and extremely - had no feelings for the other people. And this happened so many times on this earth.

Now Sahaja Yoga has started. Once Sahaja Yoga has started, we have Sahaja Yogis who are now receiving the blessings of the Adi Shakti directly. But still, I must say, amongst Sahaja Yogis also, we don't have people whom I would call as very well matured. They are Sahaja Yogis, some of them, are just because it's a fashion, maybe it should be better from their angle, or from their selfish angle, or whatever it is. It is a very wrong thing. If you are in Sahaja Yoga, you must know now you are responsible for the whole world. You are the only people who have come forward, you are the only people who have achieved something and then, at this juncture, you should behave in a manner that behoves a big saint or a realized soul.

But sometimes you find they are behaving in such a manner, it is shocking sometimes. They have no respect for themselves or for others and their whole attitude is very funny. Some of them are money oriented, some of them are power oriented and those who are power oriented are more dangerous I think than money oriented. Because those who are power oriented try to bring such a bad name to Sahaja Yoga. They are very insulting, dominating and horrible people. Their whole attitude is to achieve power in Sahaja Yoga and they try all tricks to achieve that power.

But for sometime they look alright, but after some time you'll find, they'll all disappear from the field of Sahaja Yoga. It's a very big cleansing process going on. You must understand that you have come in the field of very high consciousness where you are in contact with the divine. Now here if you behave like ordinary people who have no divinity within them, how long will you continue like this? So this is very important that you should try to meditate and evolve yourselves and become really very good Sahaja Yogis. In some places we are very very, lucky. In some countries you are very, very lucky. But in some countries, I find, that the people are just deaf and dumb. They can't understand Sahaja Yoga, for my programme they do come, and afterwards they just disappear. This one, I think is also, Sahaja Yogis are responsible for this. The way they go about, the way they want to do Sahaj work, is not Sahaj. Must be something definitely wrong with the whole thing and that's why it's not working out the same way as it is working out in many places.

So I have to tell you that all this is there, that Adi Shakti is there and all this has happened through Adi Shakti. But now the further

work has to be done through you people because you are the channels, you are the ones who have to transform people. Now everybody should understand and know, how many people we have given realization to? We have to think about it. What have we done for Sahaja Yoga?

Once I was travelling by plane and I met a lady who was sitting next to Me. She was so hot - I couldn't understand. Then she told Me she is a disciple of a guru - very proud of it and she started telling Me all about him and things. I was amazed, that, look at this woman, she hasn't got anything from him and she was just saying, "I have given so much money to him, I have done this thing to him and all those things". But she had nothing and despite that she was talking to Me, a stranger person, about the guru. But in Sahaja Yoga, I have seen, people are rather shy. They don't want to talk about Sahaja Yoga openly to others. Which is a very wrong thing you are doing, because you are responsible for this. You have been given Realization, of course you were seeking, everything is alright, but all of you must try to give Realization to others.

I must say that, somehow, men have been more dynamic in working it out. The women in Sahaja Yoga are not yet coming up to that level as they should. They have to be more sensible about it and they have to work it out. They can do it, but the only trouble is I think they have certain minor problems about which they are worried. Always I get letters from ladies saying this is wrong, that is wrong, complaining, all the time. I am so fed up of their letters now that I think that it is useless to read them now, also. So I have to tell you all, that it is important, that men, because they are dynamic - women should be much more. Because they are shakti and I am a woman. So I find that the men are more sort of active and dynamic about Sahaja Yoga and I don't know what is the reason why the women are not. They can transform so many people, they can do so much good to others, they can bring so much love and compassion, because this love and compassion is a quality of a mother, of a woman and if the women don't have that quality, it is useless to be a woman.

All the time if you are busy about your useless things, like fashions or faces and all that, then the time is all wasted. You have a short time now, you got your realization and you must decide what have you done so far, what have you achieved so far. But I would say that also, in Sahaja Yoga, I have found, there are all kinds of funny ideas growing here. Like certain rituals they'll take up. Then they prescribe certain rituals, they'll talk about it - a kind of a power orientation is there. They want to oppress others and they want to take over and frighten people and behave in such a manner that, as if they are very good. Some of them start saying that "Mataji said so, this is Mataji's ideas". By their own power-orientation they manufacture things and talk like that. But ask them "How many have you given realization?". The first thing is, you must determine is, positively "how many you have given realization? It's just talking about others, criticizing others, talking about the defects of Sahaja Yoga - seeing in Sahaja Yoga, I would say, is still a very preliminary thing that has happened before and it should stop now.

Now, as it is, once this book is out, all over the world it will be known about our work, we will not be challenged any more. But still we have to see for ourselves, that, if we have achieved this kind of a recognition, then we should be up to that, our capabilities should be up to that. We should not be lagging behind. For example, if you ask some Sahaja Yogis, especially Sahaja Yoginis, they don't know much about Sahaja Yoga. They don't know about chakras, they don't know anything about the deities, nothing they know, how can they be Sahaja Yogis? You have to know all about it. Only thing, that you don't realize that it's not outside that you are a Sahaja Yogi but it is inside. Inside you have to have that kind of an understanding of the chakras and of Sahaja Yoga, how it works, how it helps you.

Now supposing, if I'm the source of that energy, which you know very well I am, then you achieve, you also, a kind of a perfection about dealing with people and bringing them to Sahaja Yoga. It is a very important work you have to do, is to bring Sahaja Yogis in Sahaja Yoga. What I find that some people are very much still lagging behind and it is very surprising that they live in that country, they are part and parcel of that country and they are not bothered. Under these circumstances they'll be blamed, that why didn't you do, why didn't you find out the ways and methods of convincing at least your countrymen.

So Sahaja Yoga, at the brink of growth, cannot grow only with one country, two countries, all the countries have to be brought into Sahaja Yoga. All the people that we could call into Sahaja Yoga, will be a very good idea. And then we have books to convince people, we have to talk to them about it. But what I find about Sahaja Yogis, that once they start spreading Sahaja Yoga also, their ego comes up and they think they are great Sahaja Yogis, they are great leaders, all these kind of stupid ideas walk

into their heads, which is wrong. You have to just think in a very humble manner. The more you have, the more you become humble. Like a tree, when it is laden with fruit, it bends down. In the same way, you have to be very humble, but that humility is sometimes very difficult, because the culture of the west is not a humble culture, it is a culture of aggression, a culture of domination. So far they have been everywhere, because of domination they could go all over the world, they could achieve so many things - what have they achieved? - nothing. In their own countries, if you see, drug addiction. Why should people take to drugs so much? Then all kinds of sinful things they do, which I don't want to mention, but you know what they are doing.

In India, which is a poorer country, one cannot even think of such things happening around you. So find out what's wrong, where and how you can correct these things, if you can help them. Actually now, as I told you, I am going to start some sort of organizations that will do good to human beings; but you all can join also. You can also start in your own countries, something like that. But first you have to get rid of your ego. You see, that, once it happens to you, then only your attention would be steady. And this ego is very simple for you because you worship Christ, and Christ is the one who was settled on the Agnya chakra. You all worship Christ, but that humility of Christ is not there, just the opposite of it. It has happened everywhere that, whatever was preached in the religion, people did just the opposite of it.

For example Hindu religion, I would say Hindu philosophy, is that in everybody resides the spirit. Now, in everybody if there is spirit, then how can you have different cast systems? And how can you have somebody higher and lower? The other way round. Now Christ has said that you have to forgive, forgive everyone and you have to humble down, and that's what one finds that among Christians they don't know humility. They have no idea of humility. Men are like that, women are like that and the men and women then go on fighting, there's no question of anybody being humble, peaceful and all that. So it's very artificially that they are showing off that they are philanthropists and all that, but inside in their heart I don't find there is any love, there's any compassion, in the real sense of the word.

So when we are dealing with reality, we have to know that we cannot just go on with things which are artificial, which are befooling others, but we have to really become that. Once you become that, when you are really like that, then only you have done the job for which you are born at this juncture of blossom times. Otherwise you could have been born earlier and could have been something different but you are specially born, so you realize your value, realize yourself what you are and try to understand to have self-respect and try to do things which are very important as Sahaja Yogis. Of course you are doing a job, you are doing other things, but you'll be amazed if you do work of Sahaja Yoga you'll find more time for everything. Once you start doing God's work, God does your work and that's how you will be amazed how you get so much time to do the right thing. Now it is for you to go back and introspect, see for yourself.

Now the Adi Shakti herself has come - but I'm very simple. I'm very simple to look at. In my behaviour I'm very very humble and people take me for granted. I don't do anything, I don't want to punish you, I don't want to do anything. But you yourself get punished, you yourself become useless, if you do not look after yourself and grow yourself.

This finding is so great, and this man had never known me before. He's very learned, but he's very humble and what he told me that - "just imagine I'm sitting before the creator of this world and still I'm very normal". So I said "what should happen to you, what do you think?" He said "Mother, it is a big thing to realize that I am sitting before you, and that you are here". I said "It's good that you don't feel my presence so oppressive, or so dominating, I'm very happy". "No", he said, "I just feel love, just feel the compassion, that's what it is". We have to know that we should have just love and compassion. Compassion and love for ourselves in a way that we should not harm anybody's heart. To say something, to hurt someone is very sinful but some people enjoy that very much, they think they are very clever - it's not so. When you talk to someone, you must say something which is very soothing and good. Another thing is the temper of a person, the temper that the slightest thing here and there they get into tempers. Now this has to be told, this temper, that "you keep quite, I have nothing to do with you", that is one thing. Then there are people who are very subtly, I should say, power-oriented, very subtle. They have tricks and trades by which they know how to control others. What are you going to gain out of it? What is your gain? By doing all these things, what will happen? In these worldly things, you might be a little bit popular, a little bit having a position or something, but what is it after all, that is not going to help you. What is going to help you the most is to make yourself a perfect channel for Sahaja Yoga. To be a perfect channel; in that you will be amazed how you'll be helped.

So, I would say for you people, who are in the west I would say, you must develop humility. It's very important. I was surprised in Russia itself, the people are not only humble, but such dedication, such dedication - unbelievable. They don't even raise their eyes to me. I don't know how they got this idea. This is not after the discovery, but even before that. They were so nice and so humble and so full of love and even the children brought me small, small presents, you know - just to give me, so sweetly. This is something surprising how these people in Russia have achieved that capability to become, and I think in the west, Russia is a country which will achieve a very great height in spirituality and that means they will be the most powerful people. Let us see what you are doing in your own country and how you are going to work it out. You see there are so many things you can do, very easily, if you see for yourself that you are the instrument of the divine and then your temperament will change, the nature will change, you'll become a very very sweet person, a likeable person and everybody will think that this is a saint walking around.

So that's all I have to say about this, whatever is the discovery, is not a discovery for me, but discovery for the whole world and I'm sure once it is established and is exposed to the whole world, things will change for you and for me also.

MAY GOD BLESS YOU

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Verify The Science Of Sahaja Yoga

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I bow to all the seekers of Truth.

These days there are people who are going all over the places to find out the Truth, the enlightenment. And there are so many books available, so many people who talk about enlightenment. And this is only in this special age, which I call as " the blossom time ", is happening. If they are not seeking the Truth, that means they are not yet evolved as this should have been. But this is a special time that we call as the "Last Judgement" and that time has come. In the Koran it's called as Kiyama and described very clearly what will happen at this time. All these have been indicated in all the books which are, I would say, mystical or we can call as religious - whatever you may call it - the mystic part of it. They've all indicated this time, this time by the end of this century, this should happen. And this has bewildered many people, they are going hither and thither, getting into problems.

As it's very embarrassing what Dr. Derek Lee has told Me. Is a fact that I went to Russia and a scientist came forward and he said that: " Mother, I have seen your photographs and it says so much because I haven't seen more than one line showing. " It is very embarrassing, the whole thing was very embarrassing for Me. And he said: " I've proved it now, through all equations and everything. " And he showed Me the book which is in Russian language and all mathematical calculations, that one has to go to a vacuum state, a physical vacuum state, for Reality to be understood. It was, I think, too much of science in it.

For whatever it is, all these ideas, say of Koran, of Bible, of other religious books, all the religious books from India could be called as a myth and they were treated as myths. Many people thought it was just a myth and they said there's no use believing in all these things, there is nothing. And also through these books, people have been misled to do wrong things, so the whole thing got challenged also in a way: that it's not practical, it's not beneficial, is no good.

But when it becomes a real experience - you may call it subjective, may call it anything - but when it becomes a real experience, then you start believing in it as Reality. But if a scientist proves it with his scientific knowledge, then I don't know what to say, then it really becomes the fact. And when it becomes the fact it becomes the science.

Science can be challenged. First of all, science is amoral. It is not bothered, as a science as it exists today, if they create atom-bombs, they create other things destructive and use it for wrong purposes, there is no binding force on the scientist. They can do whatever they like and people can use it the way they want to use it. But when it comes to Divine force, the science is perfect, I must tell you. You cannot challenge that science, you cannot - everything that you know through the science of Sahaja Yoga, you can easily verify it.

For example, firstly it is said that your physical elements disappear, it's a fact. Without any money, without any fees or anything, just you get cured of your troubles. And when you get cured of your troubles, then you are amazed how through your own power you have been cured. But it happens, it has happened - you know, we have many doctors here - English doctors, not easy to convince - and they have seen with their own experience that many patients who were supposed to be incurable are cured. They have seen that many drug addicts got all right overnight. How? Without paying for it, without taking any medicine, just through their own power of Kundalini.

Now this power of Kundalini was known all over the world, I think, because I find in their museums Kundalini drawn in the triangular bone even in Sweden I saw. But I should say, it's in Finland, I saw. Then also, I went to Ukraine in their museum, there are all pictures of these chakras and of the Kundalini. And in a farfetched place like Bolivia, where it could not reach there even by air about, I think, six years back, you find the pictures of Kundalini. And Colombia, the ancient Colombia had created statues in which Kundalini was the main thing. So somebody must have told them or they might have known about Her. But somebody went from Italy to Bolivia and the Bolivian people said " We know all about it, yes, we know. But we don't know how to raise the Kundalini. " And now there are I think eight, nine thousand people in that farfetched place of Bolivia who have got their Realization. For which you don't have to pay. Is the main thing one should understand. It's like you don't pay for your breathing, you don't pay for your digestion - in the same way for your ascent to a new life, last, we can say, the breakthrough of your evolution, for which you don't have to pay. As soon as you understand this point, you'll be amazed that you'll give up all nonsensical people who are marketing their things, selling their things. You see, it's something absurd, the absurdity to such a limit that you become blind and you don't know what they are doing, what they're up to. And don't want to listen to anybody who wants to tell you the truth.

Now if we have to see for our own ascent - as they say in Koran, Miraj - in India this thing is called as Self-realization, Atma Darshan, or you can call it, Atma Sakshatkar. If you really want it - it's very easy and has to be easy, because it is so vital. And when that works out, you actually experience it and it can be tallied with the description of it. The trouble is we are so mental. We want to derive everything on a mental level. But thank God, this scientist has found out something for your mind to go round and round and round and reach the point. Because I think sometimes this mind, which is filled with all kinds of false ideas - sometimes slightly right ideas or sometimes real ideas - they go on bombarding in your head. And this scientist has said that you have to go to the vacuum, which Jung has described as thoughtless awareness, to become thoughtless. When you become thoughtless, then you can see, feel Reality.

So, what happens, how do we get thought? When we go to some place, we see something - immediately we react, that's our habit. This can be also proved scientifically why we always react. Either we react towards it or we absorb it. So, all the time our mind is working - and it is a wobbly mind. You are all the time bothered with it and the modern times are the worst, though this is a special time, as I said, because this is the time when people think the most and this thinking goes on acting in such a way that they suffer from all kinds of diseases. Also sometimes this mind doesn't tell you that this is wrong, that is wrong. You go on doing things you know, for example, Hitler, how he behaved, how he killed so many people, but he never realized he was doing something wrong, never. Ultimately, he killed himself because he was afraid that he'll be caught, but not that he repented. So, they go on doing wrong things all the time without knowing that they are doing wrong things. Now, to say this is sin, that is sin only fills people with fear, that's all and guilt. But actually when you become the Self, in the light of the Self, you know what is right and what is wrong, what should be avoided, what is not beneficial for you. You just know, because you know about your Self, you get the Self knowledge that is you can feel your centres - has been told to you - on your finger tips, this again is said in the Koran that " at the time of Kiyama - the Last Judgement - your hands will speak ". But whole thing gets perverted sometimes by using it for a wrong purpose, that's how we have destroyed sometimes the real knowledge, the subtle knowledge of our being. It's nothing to stand for hours together on one leg in Himalayas torturing your body. You don't have to torture your body at all. People think that if you have to perfect yourself, you must torture. This body is the temple. What is the use of building temples after temples when you cannot build your own temple? This body is the temple and why should you torture this body? You must look after this body, look after with love, with respect and then only you will realize how important is to have a body. All these funny ideas, you know, of renunciation and all false kind of approach is not going to help.

My daughter was coming from India. She said, there were some fair people travelling with us in first class. So, they wouldn't allow the air hostess to come and serve them, because they cannot allow the air hostess to talk to them. So I said " Did you talk to them? " Said "How could I, I'm a woman, who would talk to me?" Because she's a woman, nobody would talk. Then, sat on the ground. There's no ground but they wouldn't sit on the chair and eat the food. For what? Because they are renouncing everything, I think they have renounced their brains, that's what it is.

All kinds of stupid things people do, for what? To achieve that state of tranquility, the state of Self realization, of Self knowledge.

But just think of it, which is what has to happen inside. What's the use of doing something outside unnecessarily making a mess of yourself and of others? It is absurd, the way people try to understand that by troubling your body, by making a mess of your body, making a mess of the whole society that you can achieve something which is so subtle and beautiful.

Now, the scientists call this All-pervading Power, or which I say, of Divine love, as cosmic energy, or they may call it by any name. But it's nothing solid, it is Love, it is love of God. And this Divine love of God is an energy that runs the whole universe, universes of universes. Just see the miracle of life. All that is managed by this energy of Divine love! Well, we have never felt it before, so we don't know what it is, but in every scripture it's written there - that there is the power of Divine love. For example, in Sanskrit, this is called Parama Chaitanya or Brahma Chaitanya. In every scripture it is being described, but for people it's some sort of a... unknown thing.

But now, with science, if it can be proved that the whole universe is managed by this energy which thinks, which understands, which loves. For example, the same scientist came to see Me, to have an interview with Me. He was smiling all the time and he asked Me very interesting questions. One of them he asked about the picture he had seen. Where? Here in this hall. They were singing the song " Sitting in the heart of the Universe " and all over Me came: heart, heart, heart, heart, just like a doctor would draw the line of the heart - so many hearts drawn with the rays of light. And he asked " What is this, Mother? How do they know that they are singing this song? " I said " Because I know, so they also know. " Precisely how do they do things? Because they know, they know more than anyone can know. Not only that but the way our genes and all those things are there is a very subtle thing, no doubt, but is all managed by this power of Divine love. Please understand: there is nothing to fear, nothing to get upset, nothing to starve, nothing to climb Himalayas, nothing needed. This power loves you and it is around you, here it is. It is everywhere and it pulsates, it vibrates, it creates everything.

Also the scientist told Me about Einstein, who said that " All these ideas come to me not from within but from without as if somebody is pouring these ideas into me. " And he said " I felt the same way and so many scientists feel that. " Surprisingly, in Russia the scientists are very open hearted. And at the time of Stalin, they were all arrested and put in a place called Novosibirsk (?), where they were living, and there they developed, you see, this subtler side - because they were not allowed very much to do other things. So they developed the subtler side of human beings, and there they found out also about auras - he is one of them - auras: that human beings have auras and from the auras, you can diagnose their diseases. But now, after seeing My photographs and all that he has reached the proper conclusion surprisingly. And I think, I hope I'll be saved from all kinds of people who criticize Sahaja Yoga as a cult or this and that. It is not. It's a living process whether you are a hindu, muslim, christian, anything, is meant for you and it is your right, your birth right to have it. And then after that, once you get the sprouting of the seed, you must allow this tree to grow. Actually, those people who talk of social work, talk of helping others, doing this for them and doing that for them have to understand: first you should be empowered, you must have the power within yourself to help others.

But if you just come to my program, they always say, "Mother, for your program the whole hall is full", and then they start disappearing - specially in England, very surprising. England is the heart of the universe, and how could they be so careless about their ascent and so careless about developing their own huge big tree of love. They are the best suited and they have to work it out. But they don't, they don't take it seriously. Why, I don't understand. Maybe they don't know what they are. They are very powerful people, they are, I should say, the instrument of the Divine. Only thing, they have to develop. But they stick on to this or stick on to that - then you can't grow. This is a seed already placed within you - undisturbed, unspoiled. Only thing is a little water of love has to be poured on it, then the seed sprouts, and when the seed sprouts, it rises, the plumule sprouts out into and it rises, goes up and comes out of your fontanel bone area, which is called as Brahmarandra in Sanskrit language, meaning the hole to feel the Brahma, the All-pervading power.

I've seen people who know also Sanskrit very well. They are running here organizations, but they don't know anything about Kundalini, it's very surprising. What do they read, I don't know. And if you go to them, they'll argue so much with you that you feel like running away from them. Only they know how to argue. No argument needed actually, it is there, within you, this power is. Do you argue with your stomach how to digest the food? And even if you do, will the stomach understand? It's as stupid as that, to argue about something which is so spontaneous, which is a living process - it's a living process of your evolution. Now, by the

way, how did we become human beings? Do we know? And how do we become a super human being? If there is a way, there's a method, you don't have to spend anything. But you have to grow. If you don't grow, it's useless, as Christ has described, just as some seeds fell onto the land which was not fertile. Is it so? Are we living in a land which is not fertile for spirituality or we are running after some things which are illusive? Why should we run after illusive things? Here, you get the experience, all right, after that you must grow. If you grow, you can change this world - it's a global movement. Like in Russia, I would say, there are millions, millions in Russia. While in India, too, we have may be millions. And also Austria - so many countries have got it - Italy, imagine. Their people have awakened, so why not in England? And the leaders of England are rather upset with the English. They think this... " It doesn't work out, Mother. " I can't understand. Because this is the seventh time I'm here, and seventh heavens you have to know, that you can know without any difficulties, without paying anything, the whole knowledge is free! Is it because it is free you don't care? They've asked Me to talk about it. Otherwise, it's not worth talking about these things.

Your country as such is like really the heart and it circulates all over the world. All your newspapers - they may be useless - but they circulate. All your media - whatever they may publish - it circulates all over the world. You don't know about Americans, though it's supposed to be a very great country. We don't know about any other country so much as we know about England. How? Why? Monarchy in so many places, but we know everything about monarchy from England. Why? How? How do we manage? Is worth asking this question: there's something special about this country. I lived here for years, I've worked hard, I went from North to South, East to West. Perhaps, I left no city which I did not visit. But the situation is such that when they get Realization, they are very happy, they start jumping, and after that they forget about it. It's a great responsibility on people of UK that they can do so much in spirituality. Not...it's not something also so cheap that it can be sold, it's invaluable. It's invaluable. It's your right to get it. And also it's your sensibility that you should grow into it. For example, in England, when I first came, I had to deal with the drug addicts, they were the first who came. Perhaps, they were seeking in drugs the Truth. When they came, overnight they gave up their drugs - overnight - even alcohol - people gave up overnight, overnight. Believe Me, they are here now, I know they are sitting here.

Now, this is the minimum, and so many people got cured. I really wanted that something should be written about the miracles of Sahaja Yoga. So I told one gentleman, Englishman he is, he wrote to Me " Mother, it's not even one month, from both the sides, all the letters have gone up over my head. I don't know how to select. So, can you give me some time? Myself, I have no time at all. You can select yourself. " With all this, why don't you experiment and why don't you grow? You are very important, this is what you don't understand: that you have been born in this country or you have come to this country - whatever it is - it is a very important, significant place and a life of yours. But you should understand that it's very important and that you should grow. But it is beyond Me to understand that in a place like Austria, in a place like Italy, how is it, they have understood it and they're automatically working it out? I, you know, I have crossed My 75 years of age and I don't know how long I will have to live to face the English people and how will they understand! Sometimes, it's beyond Me.

But now you will know that it is a science and the scientists have said that they have seen the cosmic energy emitted out of My head. That's a fact that Sahaja Yogis know. Sahaja Yogis know, they have felt it, they have got this experience. For them, it's nothing new - not through science - but they have known it as an experience.

Now for you... You are also very well-educated people, everywhere, you are respected very much, it is for you now to evaluate your own personality and understand: Why are you on this earth? What is the purpose? So many of you got Realization last time, but you are nowhere, you've done nothing... I mean, you've got your Realization, all right. Each person can give Realization to thousands of people if he gets out of his own, I should say, own ideas. And this can do such a lot of good to the whole world. Formerly, in America it was terrible, because all kinds of funny people went there, to make money. So, they told Me " If you don't ask for money, Mother, in America nobody will come. They have to pay for it, otherwise they don't value it. " I said " But, sorry, you cannot, how much, you tell Me how much should I charge. How much do you charge for your mother's love? Then you tell Me how much you charge and then we can work it out. " And it was surprising that it hit their heads. Now it's better. Same thing, I have to request that, please, find out, when you have this experience of Kundalini awakening that you are a chosen person for a special work.

For example now, this instrument, if it is not connected to the mains, what is the identification, what is the purpose? That's why

then people become hippies, they become this, then punks - because they have no identification. But the identification is only one: that you are the Spirit, that's the Truth. And it has to happen to you, that you are the Spirit, you have the power of the Spirit. In the light of the Spirit you start seeing, start seeing and understanding so well about all the problems that are in the whole world and your own problems also. It's not only Self knowledge but also global knowledge of a very subtle nature. And that is all is within you, all this horizon is there waiting for you to greet it. But I don't know why people have no confidence or no understanding. Anything can be done, but first of all you must have the pure desire to become that. Forget about everything else.

For example, this power of, which resides in the triangular bone. This bone is called as Sacrum, means the Greeks also knew that this is a sacred bone. This power is of pure desire. And if you have the pure desire you can become so dynamically aware of yourself and aware of everything. I was surprised that in a far-fetched place like Russia we have to always take a stadium, you can't do it in this hall, you cannot manage, I think. How is it, in that country it is working? Because of communism, perhaps. They were so oppressed, that all the search started going inside. But just in such a short time, I was surprised, these people, how did they get it and how did they develop and they are still developing, all of them are developing. And only I am the person allowed in Russia now to go and preach - this is also another thing. This ignorance that we have, the problems we have - physical problems, mental problems - it will all be controlled.

Now there's a new disease, as you know, Alzheimer. How it comes? If a person is extremely aggressive and torturing people, doing this. When he gets old, his brain deviates and only that bad stuff start working and that person who is suffering is not aware of it. And you cannot cure it, also. But in the lifetime, if you get your Realization and you become absolutely peaceful within yourself, such diseases cannot touch you, they cannot disturb you and you become a loving beautiful person. You don't bother about what he earns, what the other person has got a personality, this, that, nothing. It's just a subtle love you feel for everyone. For everyone, whatever religion he may belong, whatever country he may belong, whatever problems he may have.

Can you believe in a place, in a country like Turkey Sahaja Yoga sparked like this. There are two thousand Turkish people who are meditating and their Prime Minister's wife came to see Me, just to get her Realisation. Now, what is so great about? They say Ataturk was their leader and it is the one who has led the path. Why? You had such great people: William Blake and so many... Shakespeare, this, that - they were all Realized souls. Their poetry is not just to read, but to read between the lines what they are saying.

It is very important now, I request you, at the end of this century, that once you get your Realization here, please, grow, become more collective. Certain funny-funny ideas I heard and I was surprised - that the hall is not all right, and that... - there's nothing to do. It's something that happens inside you, something that works inside and gives you that beautiful feeling of being the Self. As a result, your health improves, you become mentally a very satisfied and a very balanced person, all your stress, this and that disappears.

Thirdly, you look much younger than what you are, because inside you are younger.

Fourthly, you understand others, you love others, love to do things for others and all these stupid problems of fighting with these, taking revenge on the person, killing somebody - this all disappears. That with the name of God all these stupid ideas, which has created the global problem, will disappear. The time has come and it is the Last Judgement. I think, the levels are changing: those who are chosen, I should say, this path of Divine love are going higher and others, who are negative, are going downward, they are getting exposed, everywhere, they are getting exposed. They'll be exposed. That is for you to decide which way you want to move, what you want to have.

I think, this is the first time I am saying this to you, I've never said this way. I told you what you are - you are so great, this, that and this, that - but despite that, if you don't realize your value is wasted. So when you become the Spirit, then everything changes for you. I am surprised how people start understanding the follies of their brothers and sisters, who are forming a big society, things like that.

For example, they give up drinking. When they give up drinking in France, Sahaja Yogis were thought to be mad - because how

can you do without drinking? And now the French are taking to Sahaja Yoga very much. Imagine, French are much more than they are here. And they are saving money because they are not wasting on anything: no drugs, no smoking, no drinking. But we don't say " Don't do it! ", because otherwise half of you will go away, but it just happens to you. For example, if there is light, you can see everything clearly: whatever is destructive, you just don't do it. But whatever is constructive we accept and work it out. Such love and such affection. For example, these people who were singing, they're from all over the world, they are not only British. Especially the British, very difficult to learn Indian language, it's impossible. And look at them how they are singing. And not only that, but singing Indian classical music, which is a very difficult thing. I didn't teach them. It's very surprising, how things work out. So many artists I know, who have earned the world fame with Sahaja Yoga. But we have an Academy and so many foreign boys went there and studied Indian music. I was amazed: in three months they were singing Malkaus raga with all elaborations. Impossible! How can they do all that? Also there's one boy I know - he was hardly fourteen years of age when he came to Me - and within one year's time he is a great violonist, he plays Mozart without seeing any papers, anything. How can do it? He was not like that. And he writes such beautiful poetry. You can't believe it! I asked him " When did you start? " - " After seeing You, Mother, I don't know why I'm writing. " I have seen people, who are scientists have become poets. Can't understand, how your sleeping - or I would say - dormant qualities just come out. You don't run after success, you don't run after competition, but automatically it happens. For that you don't have to worry " I am old, how can it happen? " - nothing. At any age it can happen to you. At any time it can happen to you. So don't doubt about yourself also. Then you become a very loving sweet person, very sensible and dignified. You don't insult others, don't trouble others, but you help, you share the difficulties of others. Suddenly you find, you've become a part and parcel of a great collective which is working in the whole world. It is very surprising, how you have brothers and sisters all over the world and wherever you go, they'll give their life for you. Have you seen such a family anywhere? Beautiful people!

So, I have to make a request to you. Today, of course, I'll try to give you Self-Realisation, if possible, it works out. But you must respect, you must respect and you must grow. All the saints have talked about it in India.

Now, we have here lots of people from, say, Punjab, the Sikhs are there. And all these books have been described for Sahaj. He himself, Guru Nanaka said " Sahaja samadhi laago ". He has used this word, all of them have used this word. But Indians who are here, I don't know, they are... they say " We cannot digest Sahaja Yoga. " They can only digest pounds, I think. Very surprising. It's very surprising how this materialism has come over. But does it give happiness to anyone? Does it give joy, does it give friendship? Full of jealousy, competition - all nonsense is going on. You overcome all that just like this, you enjoy, everything. If somebody has a good furniture, all right, this is a very nice carpet, all right, so what you do, you look at it, you enjoy. You enjoy whatever is created beautiful. You don't think about it, you don't react. The reaction is that there's joy. What a beauty it is! You don't think who has made it, how much it will cost, nothing. You become thoughtless. And thoughtless awareness is nothing but such a pouring sense of joy. Joy which is neither happiness or unhappiness, but singular. You cannot describe it in words but you can really feel it inside yourself, that joy of being the Self. And that's the time has come for you to get it. You are also here for that and this is the special time when it is going to work out. Now you feel also a collective consciousness, that you can feel on your fingertips the chakras, the centres of other people and who is the other? On your centres you can feel your problems, in the same way you can see the problems of others. If you can cure your own centres, you can easily cure the centres of others. Without any money, without any fuss, without anything. It's very, very simple, it is all built-in within you. All this is built-in within you and this built-in power starts working. You don't have to do anything. It's all there, for example you see so many lights are here: you switch on and you get all the lights. But you know how to switch on: it's all built-in. Again I say, you don't have to stand on your heads, you don't have to break your necks, nothing. As you are you are wonderful. And this is your own individual mother: She is your own, She has no other child, and She knows everything about you. As you have in the tape, you see: She knows your past, She knows your aspirations, She knows you very well and She is the one who is going to give your second birth. She is your mother. She loves you. Now there are books saying that if you have the Kundalini, She disturbs you, it is the modern ones. Well, they say that "burns you". She is your mother. Have you heard, I mean maybe in these modern times everything is possible, but can a mother burn her own child? She has been waiting for ages to give you this Realization. For ages She is within you and now you don't give Her a chance to give you a second birth? How can that be?

You will understand that all these great incarnations who came on this earth have helped to build up this. They are all there within you, on these centres, which you'll find out. And all these fights going on stupidly in the name of God or anything is

nonsense because they are all one. We are only fighting. So all your global problems, all your fighting problems, all your family problems and the word "problems" disappears. It happens. It must happen, because you are specially blessed, and you are the Spirit. This collectiveness gives you the feeling of oneness with others. Not out of jealousy, not out of greed, not out of any carnal love or anything, but it is just pure love, pure love which you have not experienced. All the perversions drop out... But you don't become sort of an abnormal person on the street, you see, walking with your closed eyes, no. You become an enlightened person, absolutely normal. You dress up normally outside, you can live with your life. But then you understand what is your dignity, your decency and everything. There's no show outside of your achievement but you know within yourself. You also know who is a Realised soul and then you meet. There's such a connection. Has been always, but now it becomes obvious, evident and you can work it out. The most important thing is that your brain opens out like this, like a lotus. It opens out. All the problems of brain drop out. How many diseases there are of brain, I wanted to know, so there's such a big book. I said, "My Goodness, more than the petals we have in the brain". And it can happen to anybody in the modern times. It's very common, it's awaiting at your door, sort. All this can be solved, absolutely you can be saved, you can be protected. And every time you will be feeling this: you are protected, there is somebody to protect you, to encourage you, to look after. Who is that? That is this Param Chaitanya. That is this, they call it Ruh, they call it the All-pervading Power of Divine Love, they also call it the Cool Breeze of the Holy Ghost, as you feel a cool breeze on your fingertips. It's all written there in all the books, but symbolically, so people don't understand.

Once it happens, then you are in another world. Such miracles, such help and such protection! It's a thing where you feel, you can never be drowned in the ocean of this mad world, because now you are in the Ocean of joy. You are enjoying and this is what you have to have. But you must grow, all of you must grow. I am staying on for one day more just to come to follow-up meeting. Also if you have any complaints you better bring them. But there is nothing to complain actually, you should complain against yourself. Either you are lazy, or you are too enthusiastic or you are infatuated by some sort of a nonsensical guru or something is there. Just don't try to criticize others but see for yourself, introspect: why is it, why can't I do it? All this can work out, I assure you. I assure you very much that you should realize that My coming to England, living here for years together. I didn't come for Sahaja Yoga. I came because My husband got a job here. And then, seeing people in England, I thought, they can really achieve a lot.

May God bless you all!

Derek is asking Me, "Better give them Realization." I know, they are ready to get it, but they have to grow, that's the point, I'm telling you. He feels quite helpless and he doesn't know what is the matter with them. I told him " You grow some beard, moustaches. " Maybe a better idea. Might be they're used to things like that. It's nothing external. It is the internal beauty that we have to know.

Now, it's very simple. If it doesn't shock you, I'll tell you there are two, three conditions.

The first one is you have to take out your shoes, if it doesn't shock. Because this Mother Earth helps us a lot - She absorbs all our problems.

All right. Now, the second condition is - which is also not very absurd - that please don't feel guilty about anything. It's a fashion: "I'm very guilty." - "Why are you guilty?" - "No, I've to confess - I am very guilty." - "About what?" - "You know, the other day I was eating the food and I was holding knife on the right hand." - finished. These norms are human beings have created this kind of stupid things for which you should feel guilty. And that this center here, on the left hand side, you get spondylitis, also angina, it's a fact - so, not to feel guilty! What are you guilty about? If you were guilty, you would have been in jail, not here. So, please, first of all, forgive yourself completely. You are not guilty, I assure you. There's a new evolution with people's mind that they should feel guilty - finished. If you are guilty, when it happens, you should have done something about it, forget it. Why are you carrying that load on your left Vishuddhi, here? This is the second one.

And the third one is - I think, is also very simple - is to forgive yourself, as I said, and forgive others. Now, you say " Mother, we can't, just we can't, it's very difficult. " But try to understand the logic: whether you forgive or don't forgive, what do you do? Nothing, just the same. But say, if you don't forgive, then what happens: you play into wrong hands, you torture yourself. So, just say in your heart " Mother, I forgive myself fully, I forgive others fully " - whether they are in your mind or not, just say that and

your this center will open now in no time.

This will all help Me a lot. These tree things are very important and I know you can get your Realization in no time.

So to put your hands like this towards Me, like this, just simple, as if you are asking for your Self realization, like this. Need not be higher, just whatever is comfortable. People can't believe that sitting in the hall, how can we get Realization? But you deserve it. You get it because that's the time, and because you are seekers.

Don't doubt yourself, please. Have your hands like that. Now, you can close your eyes, if you want to. If you don't want to close, don't close your eyes. Because there is no mesmerism going on: at least, I close My eyes.

Now, put the right hand towards Me, and put the left hand on top of your fontanel bone area.

Now, you'll feel some cool or hot breeze, coming out of your fontanel bone area, which was a soft bone in your childhood. Don't put your hand on top of it, you have to put it away from you, and you can move the hand to see yourself. Don't say that you've got it unless and until you've got it. You are not to cheat ourselves, all right. Now, please, put your left hand towards Me and put the right hand on top of your head. You can bend your head, that's better if you bend your head, and with the right hand you see.

Once more, please, put your right hand towards Me, and again with the left hand you see for yourself, if there's a cool or a hot breeze is coming. Now, don't doubt it: if it is coming, it is there. Could be hot, it will cool down. Can move up on the sides and see for yourself. Now, open your eyes and put your both the hands towards Me like this. Now, watch Me without thinking, without thinking, just try, you can do it.

Ah?

Now, raise your both the hands towards the sky like this, push back your head. And ask anyone of these three questions three times, anyone of them:

First one " Mother, is this the Cool Breeze of the Holy Ghost? " - first question is " Is this the Cool Breeze of the Holy Ghost? " Second question is " Mother, is this the All-pervading Power of Divine love? " Third question is " Mother, is this the Ruh, or the Param Chaitanya? " Ask anyone of these questions three times in your heart.

Now, again put down your hands, that's all. Now, put your hands like this towards Me, just like this.

All those who have felt cool or hot breeze on their palms or on their fingertips or out of their fontanel bone area, please raise your both the hands.

Just look at that! You're proving what I've said. Just look at that! Now, you've got it, now this is a responsibility to grow.

May God bless you! May God bless you!

Such a joy, such a happiness! I wish you best of luck and also wish you a very, very deep understanding of your being.

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Understand The Importance Of Becoming

Public Program

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I bow to all the seekers of truth. So many of you have already found out what is the truth, truth about yourself, that you are not this body, this mind, these emotions, this ego, conditionings, but you are the pure Spirit. After realizing that, not knowing but realizing that, when you become the Spirit your attention gets enlightened by the Spirit. And this enlightened attention is so intelligent. And as it is connected with this all-pervading Power, you'll be amazed that whatever you try to look at, to put your attention to, it just works. It is such a proof that you are one with this All-pervading divine Power. To prove that there is divine Power which is All-pervading, first you have to become the Realized soul, you have to become a person who is enlightened, as they call it Buddha. The word is Bodha; comes from enlightenment. And the one who is enlightened is a very different personality from what that person has been. You become a very powerful, no doubt very powerful; powerful in the sense is the power of love. Is not the power we know of, but is the power of love that acts, that works. And then you are amazed at yourself how you have been able to do so many things which you would never do. And how your personality becomes a very sensible, wise, and also absolutely in balance.

Nobody has to tell you anything. You are your own master. But first you have to grow to that point. Till you become that, you are not yet empowered fully. But some people who are not yet understanding the importance of becoming, who do not know that they have to grow, become again useless, good for nothing. I always remember the parable of Christ. Yes, He tells that, "You are sprouted, but you are wasted." It has to grow. And that's what yesterday I insisted that you pay full value to your ascent. You look after yourself, and grow into it. Then you will know what is the power of love is. There is no ego about it. No, not at all. You don't feel the ego. What you feel is that it is flowing. It's flowing; wherever you go it's flowing. This power is flowing and that captures the whole atmosphere, the whole environment. If you people get your Realization, also all the global problems can be solved. Like you have got now very much pollution problem. The pollution gets settled down.

This power of love can settle pollution because it also acts on the five elements. You'll be amazed how it acts on five elements. It works in such a manner that it should in every way encourage you, help you work out your programs, your ventures, your meetings; anything that you want to do is worked out in such a beautiful manner. There are so many examples of that in every day-to-day life for people have had. And they have been amazed how they've been helped; they've been brought to a new scene of complete control of the whole situation. You become the master, no doubt. But you don't have the arrogance, you don't have the anger of a master.

To give an example I would say, now supposing I want to go somewhere or I want to meet somebody or something. About five minutes later I find the gentlemen walking here.

So I would say, "How did you come?"

He said, "I don't know why I felt like just coming to meet You."

Because it's all interwoven, we don't know that we are not singled out. We are not something separate from this universe. We are a part and parcel of the whole. But this feeling of part and parcel of the whole is not mental, it's not just our understanding, but this is what you experience all the time. Even small things or big things, in every way you really realize how everything is helping

you so much.

Another example, I can give a very simple example that we had one function for which we needed some things and from a village away from Milan.

So I said, "All right, how will you manage? Is this hardly any time? And you have to go to that village to get it, and it's in a factory so the person may not be able to locate."

Suddenly a telephone came. A lady telephoned to Me, "Mother, I am going to such and such place. Do You need anything?"

I was surprised, really. I said, "Yes, yes we need. But you don't know the place, how to reach there, it's quite complicated."

So she said, "You tell me what You need." So I told her we need this thing from that factory. And can you imagine; it came in no time?

I said, "How did you find the place?"

She said, "Very surprising, I met a Sahaja Yogi when I came out of the building and he said, 'I've come to meet you.'" So she said, "But I have to go such and such place, and I don't know the place."

He said, "I come from there. ['WHY BOCA?'], I'll take you down."

And that's how it all worked out in no time. And they were thinking.

I said, "Don't worry. You don't have to worry, it will all work out."

And the Sahaja Yogis who are here, who have been in Sahaja Yoga for days together can tell you thousand and one examples of this kind of small, small things. So even the small, small things are also done, of course the big things are also done. Like you pay attention to any country it works out, it changes its pattern, for example Iran.

We have many Sahaja Yogis from Iran. And they were saying, "Mother, why is it not in Iran there is some improvement; it's getting from bad to worse?"

I said, "You just meditate, it will work out."

And they told Me now Iran is completely changed. They have become very open and they've become this, I was surprised.

I used to think I'll go to Sri Lanka sometime. And I tried to go there, but it was not possible. I said, "Let it be. It's not wanted just now." So I went to Dubai where we had a program and got about thirty people from Sri Lanka who got Realization. And they decided to go to Sri Lanka and give Realization to people. I mean, just think of it. I mean, anything small or big, you do it in the name of God, in the name of this Power, it works. And you do not think of selfishness. You see like this: I would say we are sitting and asking God, "Give us this, give us that." After getting a realized personality you emit, you give, and you enjoy giving more than taking. This is what happens to you. And so many things like this people can tell you, on economic level or a political level and this level and that level. You are amazed how suddenly you get everything so easily, moreover you get a chance to give it to others. And to give it to others, itself is so joyous.

For example, you saw these musicians. I don't think they knew anything about Indian music once upon a time, but now they are so happy to sing to you and to do this for you. It's very, very amazing that you become over powered by your own Self, in the sense that you enjoy your Self, really enjoy your Self, and while you see everything working out, so why worry? Why worry about the time? Never will you miss a train or miss an aeroplane. Take it from Me, it all works out in such a beautiful manner for

day-to-day life.

But spiritual life is even better when you are meditating, otherwise your attention is going here, there, there, there because you are not awakened, you are not enlightened. But after some time when you have really become a Sahaja Yogi and just close your eyes and then you will find you are in that blissful state where you get rid of all problems, all worrying things and you just become silent, thoughtlessly aware - which Jung has described very clearly, that you have to become thoughtlessly aware, means you go beyond the thinking mind.

Now what does think in your head is your ego as I told you yesterday, or your conditioning, and you go on reacting to it all the time. But after getting Realization and after achieving that state, you don't react, you just watch, and that watching itself is very powerful. Your watching silently is very, very powerful and it works, it works wonders. I was thinking that all these things which are connected, you'll say now what is London, what is England? We don't know; where is it placed in the whole universe? What is the role of England in the whole cosmos? We don't know anything, but suddenly we realize that we are this and we are that. We are specially born in this place for a particular type of special work we have to do as an instrument of the Divine, not doing yourself something, but as the instrument. Like a painter, say, has a brush and he's, she's very nicely painting. It's the painter who is painting. But if the brush starts thinking, "I'm the one who is painting," it's stupidity. But this stupidity goes away. And you really feel you are in the hands of the painter, because you see beautiful things we've done, beautiful lives been carved out, how you meet beautiful people all over the world is the thing. Now we talk of peace, we talk of love, affection. These talks have been going on, but you don't find that love, you don't find that concern.

First time I went to Russia and so many Germans came there and I was surprised.

"How is it you are here?"

"Why not Mother? So many of them were killed here by Germans, don't you think we are duty bound to come here to help?"

"Yes, correct." But how they all arrived there, I was surprised.

This time I went to Egypt, and in Egypt I was surprised many Israelis came.

I said, "How are you here? What are you doing here?"

They said, "Mother, after all, these are Muslims. We have to make friends with them. If there are Sahaja Yogis here, we'll have Muslim friends. What a thing it is!"

Just imagine this love, this understanding! And this really filled Me with great joy. Look at these Israelis, recently they got their Realization, their country is still in a turmoil, and how they come here all the way to Egypt to make friends with the Muslims. We talk of friendship. We talk that we have to have we can say a very global understanding of each other, we should try to help each other. It doesn't work out because the man is still as it is in the state where he cannot see that we are part and parcel of the whole. But when a drop becomes the ocean, then it doesn't think it's a drop. It thinks it's a part of the ocean. In the same way once you grow up you become very collective. Now here also you don't know so many of them have come from other countries, why? Maybe you say, "Mother, to listen to You." No, also to support the people of London, the people of England, to get into this great force of love; is just felt that way.

When they come to India we have programs where we have thousands of people and what I find there's no quarrelling, there's no fighting, there's no complain, no problem of any kind, there's no complaining of anything. If something goes wrong, they try to put it right together. They're always together and such love, such love they have. Now so many people living together in a far-fetched place where there are not so many amenities - nothing - so happily. Of course, they pull each other's legs that is true, have lot of fun together, but nobody I have seen have ever complained about another person as such. And if they do, then they realize that something wrong with them, something missing in them. So this wholesomeness we can call it, this oneness, this global

commonness is so easily imbibed. You don't have to give lectures, it's just there.

I know of a lady, she's a very, very deep person. She's French, and she went to Sicily for something. And there she met saw another lady sitting on the other corner. "She's not from France." When she saw her she felt that she's a realized soul because of the vibrations.

So she got up and went to her directly and said, "Are you a realized soul? Has Mother given you Realization?"

"Yes, it's true," she said. "I also felt same way about you."

And they met each other. Actually, this lady had gone first time to Sicily and she didn't know the language, but this lady immediately took her to her house and such. So you see, you meet suddenly a person, you know they're realized souls. You see it is so easy to make out in the past also, those who have been realized souls.

I went to Turkey and I was surprised where they had so many of these Sufis. Sufi word comes from saf, saf means cleansing. They are very clean people though they are Muslims in the sense that they were born in Muslim families. But when I explained to them what Koran has said, and Mohammed Sahib cannot say these horrible things, and they were quite convinced. And they are now such a beautiful enlightened country I should say. And they are having a better relationships with other countries also.

It is very amazing how these political problems, international problems can be solved if the people at the helm of affairs take to Sahaja Yoga. Sahaja Yoga is for the emancipation of all the humanity. It's not for one country, another country, one person, another person; is for the whole humanity. Now how many will come to this level is a different point, but if substantial number of people take to Sahaja Yoga, we can change the whole world, but substantial people should come together. There is no problem. You go to any country and you write to somebody or inform somebody or even telephone to somebody that you are a Sahaja Yogi, all the Sahaja Yogis will come round to help you. They are all your brothers and sisters, but they are not like these worldly brothers and sisters who are temporarily your brothers or they care for your property or this, nothing. They just want you. They just love you as you are a Sahaja Yogi. Such a big grace of these special people are coming up.

I must say in England you had a great poet like William Blake who has announced that this will happen one day, and this is happening today. But you as English or British people have to realize is: this quarrels which are going on between Ireland and Scotland and this and this all will finish off, because it is working on wrong grounds. Once they discover that this is not proper, they'll stand on their legs and see for themselves that we are all one, not only in this country but in all the countries, we are all one. And this is what is going to happen in the collective consciousness. It is a consciousness I'm talking now, it's not just a lecture or mental attitude, "After all, we are all human beings." Not that way. It really happens with them.

You become one with another person because it becomes your personality, it becomes identified with you. You don't have to argue it out, it just you are. You don't see anything which is different. Also you enjoy the variety of people, variety of dresses, variety of things, you enjoy. But to you everybody is in the same ocean of love, that they are just dancing and they are enjoying this ocean. If you are in the ocean and if there are waves, you are frightened of it. But supposing you get into a boat, then what happens to you? You enjoy the same waves no doubt. But supposing you know how to swim very well, you can jump into the water and save many people. That exactly what happens when you become your own masters. When you become your own masters, then you realize that you are much higher than others, without any arrogance, without any ego, but compassion. Is the compassion that makes you one with others. It's a thing to be understood in a very subtle way.

Like Christ was there, all right. So look at His compassion. Such a compassionate person! How is it He said that "Oh God, please forgive them for they don't know what they are doing"? Is His capacity as a very great enlightened personality. You see it is not what you are doing some charity, is this, that - is not the point. The point is you become a charity. Yourself you are a charity. I've seen people who do charitable work, they go on taking the money, doing all kinds of nonsensical things. I can't understand how can they do it - because they're not enlightened.

In the light of your Spirit, you don't do wrong things to others, you don't do wrong things in the politics, you'll not do wrong things in the economics. And all that has been described how you should be - you should be this, you should be that - automatically becomes a part and parcel of your personality. You are not told that "don't eat this and don't eat that," you just don't see this thing, you don't see that, nothing of the kind. It is you only decide, it is only you have got these qualities in you, and your personality itself will emit such beautiful, peaceful vibrations all around wherever you are.

Now as it is, when I first came to London, I was surprised that so many of people are taking to hippie life, they're taking to drugs. And I discovered they are not doing it because they want to get out of this world or anything of the kind, or as a matter of habit, but they were all seekers. They were all real seekers of truth. And they couldn't find it in the world that existed that time, so they took to this, and they were just driven into it. So first thing I tried was to get hold of them. And I was amazed how overnight they gave up everything and how they became such good Sahaja Yogis, because you see they were doing it for seeking.

Many people in seeking are lost also because they took to wrong type of gurus, or maybe they took to wrong type of things for their search. It's all right, doesn't matter, they'll be born again and they can get their Realization. But the people who are today in this country, more younger or older makes no difference, are worthy of getting this Realization and this ascent and this special personality. They are worthy of it, but still, as I said yesterday, they are not yet aware what they are worthy of. It's not what jobs you have got, what parents you have got, what properties you have got, it's nothing important. What is important; what are you? Are you a realized soul or not?

So many are getting Realization all over the world. As I told you in Russia really I was surprised, how these people have become so sensitive. First time I went to Leningrad, now they call it St. Petersburg. When I saw so many sitting outside I said, "Why are you not inside?" Now there the seats are limited and they sell the tickets; not the organizers but the hall people they sell.

They said, "Now we can't go in because it's all full."

I said, "Really? So what will you do?" I said, "Let Me finish the program, then we'll see."

When I came out after forty-five minutes they were still there. I was amazed. There are two thousands people sitting inside, and two thousand people sitting outside.

I said, "All right you come along tomorrow." Look at the tenacity of these people. "You come tomorrow and we'll have it in the open grounds."

Surprising, Moscow is a place where there are lots of open spaces. So they came who were inside, one who were outside four, four thousand we can say, and also one thousand more. They all came. I was sitting outside.

I was amazed, then I asked them, "How is it we didn't do much publicity and nothing, how is it you have come?"

They said, "Mother we don't know, we felt," see this is what, "we just felt we have to come."

And they did, just that feeling came into them. So how much deep they were, they were not superficial people, very deep, and they are still all of them there, and have multiplied, multiplied into... don't know how many thousands. See they said, "We just felt it." And it is very surprising, we are just given a small advertisement that's all, and how did they feel it? And how did they come?

So this feeling also is very important, but that can be only when you are deep personality inside. If there is no depth, then doesn't work out. But they were at such a point where they just felt that they have to come to this program. So many people went there, so many gurus from India also, from America also. So many people went; none of them they accepted. See this sensitivity to spirituality. Also you can develop if you have depth. But I must say they have suffered a lot, they have suffered a lot. With this suffering I think they developed this depth within their heart and they could feel My love. And I mean, I cannot tell you how they

are, it's amazing. Of course in India Sahaja Yoga is doing in a much wider scale I should say, much wider scale. But the way these Russians are, I mean they are so deep, so deep.

Some Russians are in America. And what they told Me very surprisingly, they said, "Mother these American Sahaja Yogis are not really Sahaja Yogis."

I said, "Why?"

"No they're still you see not Sahaja Yogis."

So I was wondering: look at these people. America I have been going for years together and why they are saying about these American Sahaja Yogis? Because that depth of seeking. They had found out they have no sense of possession.

Their government told them that "All right we'll give you your own flats, you have them. We'll give you your own cars. We'll not run your cars and your flats."

They said, "No, no, no, we don't want to have, you have it. We don't want to have a headache. Who is going to look after the car? Who is going to look after the flats? We don't know, you better have."

Can you imagine? Here people run up and down for a flat or something, there they say, "We don't want." And even now they have not taken the flats in their own names, because they don't know how to look after them. I said, "We don't know." I mean very surprise. Of course there are at least forty percent people who are not of that level, but to have sixty percent people like that - the scientists, doctors, architects, all intellectuals of a very high quality. I was surprised to talk to architects, how they understand the [CAUSATIVE?] of the hall, how they understand how the house should be built. I think Leningrad is a place so beautifully built that it has none of the buildings have a backyard. No. They have a square in between, very beautiful. It's one of the most beautiful cities all over, not only in short places. Like Paris may be very beautiful, but in a very little place, a limited place. I was surprised how these people have been so much developed.

Now what happened was that's what they told that they were aggressed by the Communism or by the people who were Communists, all kinds, specially Stalin and all that. And that's how they thought they should develop themselves within themselves and that's how they have become. But I whenever I read lots of these books of say Russian writers and I was surprised that introspection is the main thing they have discussed. If there's a hero then he would introspect himself - how is he compared to the heroin? With all their books are full of introspection. And because of this western civilization - whatever we may call it, the materialism - we are so much outside that we do not introspect.

We have to introspect ourselves. Why are we on this earth, what is the purpose of our life, why should we be here? If you start introspecting, immediately you will find that we have not served the purpose of being human beings, to be evolved as human being. All right, you had evolved up to the human level, but that's not the end of it. If it was so, why there's so much problem? Why you cannot compromise with yourself? Why there's a fight going on between your head and your heart and your liver? Why are you fighting? What is the matter? Why can't you all be united within yourself at least?

So there's something wrong; this connection has to be established. That's possible when you see these chakras, then the Kundalini passes through. And when She travels She passes through these centers just like you would put string into many beautiful pearls, you see it goes. And that's how the complete integration takes place. You're completely integrated in yourself. You don't doubt yourself, there is no doubt. And you understand that whatever you are doing is the best thing. Your heart agrees. Your mind agrees. Your liver also agrees.

Liver is the giver of your attention, and this attention becomes so beautiful. You start seeing in the subtle way the beauties of your doing, your working, your functions. Everything you understand in such a beautiful manner. You can never hate yourself. And you can not hate others also, because you can see the subtleties, because you have become a subtler being, and you can

enter into their subtleties also. Of course, I do not say that all are like that, or all are capable. This I've now I accepted that all can not be and as I told you yesterday now there are two levels: one is going upward and one is going downward, doesn't matter, don't worry. What you have to see what you can do to go upward and enjoy the company of others who are on the same platform. This can happen to you because you're collectively conscious. You're looked after. You're protected. You're guided. You're loved. Above all this power knows who you are and how it runs to your help, you must see that.

There are so many things I've said, there are so many lectures which I would like you to hear. I've told them that you must give them the tapes, it's very important. You must sell the tapes to them and take the minimum.

And so they said, "No Mother, we used to take so much."

I said, "No, make it half. And say 'for sale' if you want to, if that appeals to them."

But you see these are beautiful, precious lectures which I've seen people in other countries use them while traveling long distances, and also otherwise for meditation, so many of them are working it out that way. So if you really are interested in yourself, interested in your ascent, interested in becoming one with the whole, to be in the Kingdom of God; then please take these tapes, listen to them, meditate on them. Meditation will become very much easier.

You don't have to jump or do anything, like all kinds of funny meditations have started. You must have heard there are people who are trying to raise their body three feet height. For what, I don't understand. As it is, you see we have such problems of traffic, and these three feet height people... But still people do it because they think is something great to be flying three feet height. Nobody has done so far but that's what they claim. Every time they come out with a new thing, "Now this can happen to you, that can happen." Nothing of the kind. It is the experience of oneness. But some people are still not up to the point. I've seen them. They just still go on say, "Ah ha, ha, ha, ha, ha, I felt so much better." What is it? You so much you felt better means what? Can you give Realization to other people? Can you raise their Kundalini? Can you cure yourself and can you cure others? That's the minimum you should be able to do, other what's the use of just describing that "This is my spiritual experience and I felt like..." I mean, all these things are not going to help in anyway.

Why we should deceive ourselves? You see it's all right I must say these false people try to deceive you. But you are also deceiving yourself if you do not want to accept the reality. Reality is what you become, what your personality express, how you have changed. Otherwise it is idiotic to believe in such things, I think, sometimes when they tell you that this will happen, that will happen. Never have I seen anything good coming out of these things, but just a person lives in his stupidity.

As it is we have to be alert, this is what we call is the Ghora Kali Yuga means these modern times are called as Ghora Kali Yuga, mean the worse time for human being. And you can see all kinds of things that are happening today never happened before. So this the worse time have come and we can any day fall a pray to it, it's a fact. I mean I've known people who have been very good people, suddenly I find they are absolutely lost - lost to themselves, lost to their family. So that must be according to Indian scriptures is Ghora Kali Yuga, and in this Ghora Kali Yuga you cannot find people who are deep, who are very selfish, who are very low level.

I've seen many people come to Me for getting cured and getting better and all. Thousands have been cured with Sahaja Yoga, but they don't want to become Sahaja Yogis.

Surprisingly somebody told Me, "Mother because we don't want to have the ego."

I said, "Where is the question of ego?"

"Because supposing we get self-realized, we'll have ego."

I mean this is just a stupid excuse. Once you're a realized person, you don't get any ego, your ego finishes off. And if there is

some problem - you see, I've seen many people came in the beginning to tell Me, "Mother my Agnya Chakra is catching." That means my ego is troubling me. You separate from your ego and you see for yourself that this is Mr. Ego is troubling me. And you want to get rid of it because gives you a headache. Normally the ego doesn't give headache, but then it starts giving you headache when you are a realized soul; you want to get rid of it. It's very simple that we have to understand ourselves, our beings, all these subtle things we must know. For that you don't have to go to any doctor, you don't have to ask any scientist to help you. You yourself will know what's wrong with you. In your being these centers are placed. You can see for yourself on your fingertips; you'll know what's wrong where.

Today only I told that yesterday there were very many right-sided people - when people who assert themselves too much, who are dominating. So they were surprised, because normally the British are left-sided. Means they're all the time frightened people, very frightened because they dominated, I think, a few years back, or I should say about fifty years back they were dominating. Now they're afraid that "we'll be dominated, we'll become slaves." So it's the other way round. But I was, when I told they were happy at least their movement, there's some movement towards the right side. But this right and left side movement has to finish. You have to be in the center. And to come in the center, best thing is to meditate.

For Sahaja Yogis it is very important to meditate. Meditate about ten minutes in the night and about five minutes in the morning, nothing much is to be done. In all these centers they will tell you how to do it. You don't have to do anything, hardly five to ten minutes if you can meditate; even in the night, it's all right. That's all time you have to give. But I've seen many people who don't do it. They just come for curing or this or that, and then they don't meditate. Then they cannot grow. The way you can grow is only through meditation and understanding.

Somebody said, "Mother we cannot surrender."

"But who asked you to surrender?"

Don't have to surrender, but you have to meditate. If you go on meditating yourself you'll understand that you are the Spirit, that you are the powerful Spirit which is the reflection of God Almighty within us. And when it comes, you become a very different person, very different. Your face improves. Your skin improves. Your behavior improves. Your temperament improves. Best of all, you just start seeing what was wrong with you and you try to eradicate all that was wrong, just through meditation. You don't have to do anything. You don't have to condemn yourself, just with meditation you can work out.

And I'm sure all of you are sitting here who have got their Realization can, if they all can work it out, this England will be a changed place, absolutely most blissful place. Also I've said a lot about England. I think once you come to Sahaja Yoga you will know all about it, what is its place and all that, and really enjoy that you are born in such an important country and that you are so important. And only thing that is lacking in you, that you did not find your identification. Once you find your identification, you'll be amazed and you'll be very happy that you're born in this country.

The temperature is sometimes very cloudy, grey. I know. First time I came to London in the month of May and such wind it would, use to just penetrate into the bones you know. I said, "What sort of a country is this? There's a curse of the Goddess or what?" But then I realized this is all just to teach them a lesson. I think that nature wants them to understand and this is how they are playing. Because, you see, if the climate is such, you stay at home more and don't run away from families, don't run away from your wives or husbands, you stay at home. This is one of the things that has worked here and that's why I think the English are better than Americans, because American are always on the run. Now to settle down into your own homes this is a more ideal, I should say ideal thing to happen, but that is not the end of it.

When you meditate you'll surprise, within yourself lies such beautiful atmosphere of such joy, happiness, and peace. Ultimately you get the experience of joy. And joy as I told you is singular, and that experience of joy is so beautiful. In everything that is - supposing there is something ridiculous, also you enjoy the ridiculousness of that thing. If something is beautiful, you enjoy the beauty of that. So, the sense of enjoyment is so beautiful. And if you are all together you enjoy it even more, because it somehow or other hits the heart of other people also, and you enjoy their joy. It's like this enjoying their own joy. It's a beautiful state in

which you all have to go.

I've told you, seven times we had this big hall, Albert Hall. Every time I came, they were there. Maybe because I don't know what happens, when I'm there they are there, but later on they go on disappearing. So now I've told them that "You give them tapes at half rate, doesn't matter." You please listen to those tapes and try to grow, because you're all intelligent people, alert. These are special times when you have to really respect yourself. It's very important time and you have to grow. Very important it is that you have to grow, whatever may be your religion, may be your caste, community or may be your country; you all have to grow together and to know that you are one with each other. May God bless you!

Shri Mataji: What is the next program?

Derek Lee: Shri Mataji we could sing more bhajans if You would like. If You'd like, we could sing more bhajans now.

Shri Mataji: All right. I'll be pleased.

Yesterday's bhajan that they sang a - was the last bhajan, is written in the sixteenth century by a very famous poet called as Namadeva. Now this Namadeva has written this beautiful poem and in that he's asking, "Oh Mother, give me the Yoga, give me the union with the Divine." And he calls this Mother, the Kundalini, as Jagadamba. So she said, "Ambe You rise, You rise, You rise." This, see, they have been singing for ages in our villages but they don't know what they're singing, what they're asking. And when these Sahaja Yogis went to some villages there in Maharashtra, they got hold of these people and asked them. They wrote it down, the whole thing, and that's how they have got this song with them.

So this great Namadeva was just a, he was tailor. And he went to meet another realized soul whose name who was just a potter, and he was kneading the clay. When he was kneading the clay he stood before him, Namadeva to protect him, and he says in Marathi language very beautifully that "I came to see the Chaitanya, the vibrations, but it is in person, is in your person it is there." I mean only a realized soul can appreciate another realized soul I think and enjoy - not jealousy, not competition but the enjoyment that "See, there's another one." But he says, "You are the Incarnation." So, look at the understanding between these two great soul!

Then this Namadeva went to Punjab where he met Guru Nanak. Guru Nanak immediately recognized him and He told him, "Why don't you learn Punjabi language?" He learned Punjabi language within one year's time, it's an easy language. But then he has written such a big book, such a big book on Kundalini, on Realization. All these things are written in the Granthsahib by Nanak Sahib. But if you just read Granthsahib, how can you reach the truth? That's what it is. They all tried their level best to give you the best, every one of them. But somehow or other it could not be imbibed, and there was no question of people asking for Realization.

So now it's very different. You all can have your Realization. You can read all these poets and poetry, and you can understand that they are saying what you feel within yourself. Such oneness you'll feel in literature, in art, in everything. It's one world I'm talking about, one world of Divinity.

May God bless you!

Shri Mataji: So any another bhajan, which one they would like to sing?

Derek Lee: Shri Mataji many of these people were not at the Albert Hall. Many of the people here were not at the Albert Hall, Mother, so they may not have felt the Cool Breeze.

Shri Mataji: Is it? You think. I thought you are all Realized souls already. How did you get them here? I don't know. Are they afraid of the Albert Hall or what? All right. So, I think we can try that again. Just put your hands towards Me like that. Just take out my shoes and it's all right. You have to take out your shoes, that's all.

Now as I said yesterday that another simple thing is that you have to forgive yourself. As it is you know it's a fashion to feel guilty for everything. I don't know how it has started, but to feel guilty, it's a fashion. Say sorry. Formally on the telephone we used to say, "I beg your pardon," all right? Nowadays they say, "Sorry." Sorry for what? So this sorryness is too much. Now don't be sorry for anything here. You shouldn't feel sorry in any way. Don't feel guilty. You have done nothing wrong, believe Me. It's all nonsense that you must have read some novel or might have read some I don't know what that you have to feel guilty. You are not sinners by any chance, take it from Me. They're not sinners.

It's all just money-making propositions, I think to say, "You're all sinners, you give us money so all your sins will be washed off." I don't know they also give guarantee card [?] said. So all these gimmicks you must understand, it has nothing to do with reality. So just in your heart you believe Me that you are not sinners, not to feel guilty for small, small things. Our norms are so much that you can feel guilty for anything. Say you spilled coffee, finished. All your life you are bothered that I spilled coffee. I mean coffee is to be spilled only. I don't understand.

So these stupid nonsensical norms that we have adopted are really responsible for creating this feeling of guilt within us also. Also, all funny ideas you read, the books you read and things you read, because you are on the way of righteousness, you are on the way of reality, so you start saying, "Oh my God, I did this! I should not have done it." It's all right. Forget it. If you have done anything wrong at that moment only you should neutralize it. But don't carry the load all your life on your Left Vishuddhi. Is a very dangerous thing because you develop spondylitis, if not that you can develop angina. So this is a very important center and don't feel guilty for no fault of yours. So this is another very simple condition.

And the third one is as you forgive yourself for everything, you should forgive others also. Because yesterday I told you whether you forgive or don't forgive you don't do anything. But if you don't forgive others then you are playing into wrong hands. So just say, "I forgive everyone," which is very important; because here people believe that how can I forgive, it's very difficult. What is difficult? Nothing. Just have to say, "Mother, I forgive everyone," finished. Once for all you say that and you'll be surprised. this center will open out. Without these two centers opening up, the Kundalini cannot pierce through. So just help yourself with these two things just in your heart you have to say.

Now in your hands just see, watch what's happening on your hands. As I told you yesterday, all these fingers are activated when you get your Realization or vibrations, because these are all centers of the sympathetic nervous system endings. And in these centers what you find is that these are centers on the right hand side are for your physical and mental being. Left hand side are for your emotional being. So you can see these five centers, six and seven, this is the seventh center, which is here in the head in the limbic area. So you have these seven centers and you start feeling on these seven centers the vibrations, the Divine Power, to see that. Now one scientist in Russia I told you yesterday has found out through his calculations and mathematical things from My photograph that, according to him, I am the source of this Cosmic Energy. I don't know what to say, but whatever it is you just feel it yourself on your fingertips, just feel it. A cool breeze or a hot breeze will be coming. Now you...

[What's this signal? No one knows. All right.]

Put the right hand like this and put the left hand on top of the fontanel bone area, through which the Kundalini pierces through. You can bend your head, better. And now see for yourself if there's a cool or a hot breeze coming out of heads. If it is hot, nothing to worry, that means some correction is needed, but maybe it might cool down just now. Put your right hand towards Me, bend your head and see with your left hand. Not touch the head, keep it away and see for yourself. You can move your hand from left to right. If you have not forgiven yourself or others there will be hot breeze coming in. It should be Cool Breeze of the Holy Ghost. So now see for yourself. It's called as Ruh, or it's called also as Paramachaitanya. Now put your left hand towards Me. Now put down your head and see with your right hand now. Bend your head and see from your right hand. You can raise it; you can move it and see for yourself if there's a cool or hot breeze coming out of it. Once more you put your right hand towards Me and see with the left hand. All right, now please put both your hands towards Me and watch Me without thinking, just without thinking, you can do it without thinking.

Now, now you can raise your both the hands towards the sky like this, bend back your head and ask a question, any one of these questions three questions ask one of them, three times in your heart, three times. You can ask, "Mother is this the Cool Breeze of the Holy Ghost?" Second question, "Is this the all-pervading Power of Divine Love?" Third question, "Is this the Paramachaitanya?" Any one of these questions you have to ask only three times, that's all. Now take it down.

All those who have felt cool or hot breeze on the fingertips, or on the palms, or out of the fontanel bone area, please raise all your hands. See now. My God, see all of them. May God bless you! May God bless you! Bless you!

I think this is a better place than Albert Hall. Maybe you have all kinds of programs there, maybe that's the reason. I don't know but I like this place very well, this works very fast.

So this is what you have felt for the first time you have felt this all-pervading Power of Divine Love. You felt it, but now you have to grow into it. That is just permanently part of parcel of your being, that's the growing part we lag behind, and because of then they have many problems.

Say today I have cured somebody; again he comes back, "Mother now I have this disease."

"All right, did you meditate?"

"No." Then comes back again, "Mother I have this problem."

"Did you meditate?"

"No."

So what I'm saying I go on like this working on this madcap who doesn't understand that only meditation will keep him in the center, will keep him all right, keep him wise. If you cannot meditate what can I do? It is a very simple thing. You don't have to pay for it. It's very, very simple. So unless and until you meditate I cannot help you. You have to grow. You have to grow, that's very important. So, may God bless you!

Derek, you got all of them.

1998-0712, Guru Puja: Humility & Complete Obedience

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12 July 1998

Humility & Complete Obedience

Guru Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Guru puja, "You must learn obedience", Cabella Ligure (Italy), 12 July 1998.

Today, we have assembled here to do the Guru Puja.

The word 'guru' comes from 'the one which is magnetic', 'the person who is magnetic'. The one which attracts the attention of the seekers, is the guru. Also it means 'the heaviness' or, you can say: a person who is very steady, who is very deep, who has the knowledge and who can act like the Mother Earth; for the power of magnetism in the Mother Earth also is called as 'magnetic', but in Sanskrit is 'gurutwa karshan', means 'the attraction of the heaviness of the Mother Earth'.

But actually it is a power of the Mother Earth that makes us stand properly on our legs when it is rotating with such a tremendous speed. Otherwise we would be all thrown away with that velocity that She is moving. [If] we are still attached or we are one in our balance, it's only because She has gravity. This gravity has to be in a guru. Gravity means a kind of a serious understanding of oneself and one's own responsibilities.

So, a guru has to be very steady. In these modern times people are very mobile, all the time agitated, all the time getting disturbed. With small things happening here and there, they get disturbed. They meet people who are not of any quality then they get disturbed. These disturbing qualities come from our deficiency in our gravity. A person who has gravity doesn't get depressed, neither gets excited, nor gets overly enthusiastic, nor is he very sad or unhappy. So, he is in the centre. He is in the centre of his being.

But how do we become the guru? That is very important for Sahaja Yogis to understand. Many have felt that they are gurus, they have tried to behave in a funny manner and have lost their guru position. First and foremost thing, for Sahaja Yogis, it is important that they must have introspection. They must watch themselves.

If a person runs about, changing because a fashion has come, because people have suppressed them or have asked them; just to please people of cheap values, if a person changes, then he cannot be a guru. He has to station himself properly on the values of Sahaja Yoga.

Without introspection you will not know. You will never remember what you have done wrong, nor will you think of what you have to do right. But that is only possible if you go on improving yourself.

First and foremost thing is, all the great saints have praised their guru. For example, we have a very great saint, Gyaneshwara, in India. He has written a complete chapter about the guru. In English they have translated it as 'preceptor'. Guru is the preceptor. And what he has done is a great thing. He says [that] you are not to challenge the guru, otherwise you can never become a guru. For name's sake you might be, but you are not. Secondly, you can never misbehave, you can never be rude, arrogant and you cannot show your temper to a guru. If that is so, that means you are not a guru, you are still on a very low level personality. It is very clearly said that, if you try to say against other gurus who are real gurus, who are of very high calibre, that also, then you are not a guru.

But I would say that you all have got now vibrations. You all have got vibratory awareness. When you have vibratory awareness

you are capable of finding out about everyone. Now, you need not talk about your own understanding of a person, but try to face that person directly and tell that person, "This is the problem" and ask him to change.

But in Sahaja Yoga, we have something more than other gurus had. Other gurus were very, very strict. They used to carry a stick in their hand, and a big stick, which they would use for walking or for hitting their disciples. They used to hit their disciples in such a bad manner that the disciple was literally frightened of the guru. I'll give you an example of a guru I came across: One fellow was there, in India, who came to one of the ladies who was a Sahaja Yogini and he said that, "My guru has sent me word that Adi Shakti is going to come and stay with you. Is it true?" She said, "Yes, She is going to stay with me, so what?" He said, "My guru has told me that you go and request her and if she could come to our ashram." She said, "I'll ask Mataji, I don't know." This fellow came to a programme and he saw me, a housewife; he said, "This cannot be that guru!" But when I came in, he saw - and when I did Self-realisation - that everybody's Kundalini was awakened, he was so surprised and he prostrated himself before me.

Now, his guru was living in Amarnath. It's a very famous religious place in the Himalayas and this fellow lived in a place called Ambarnath (in Maharashtra). So, he asked me, "Mother, will you come to my ashram?" I said, "Why not?" Because these gurus in the ancient time never used to leave their seat, they call it 'takiya', means 'the pillow'. They never left their takiya. I said, "Alright, I don't mind. I'll come to your ashram." So, he was just keeping quiet all the while.

So, I went there, this guru fell at My feet and he was very, very respectful and then we came back home. So, this fellow started telling me, "If you don't tell my guru, I would like to tell you that I have got a very bad Agnya. Can you cure, Mother?" I said, "Why not? I will." So I went back to this guru again and I said, "Why didn't you cure his Agnya?" He said, "Why? Why should I cure? Who cured my Agnya? I worked [it] out myself. I had to introspect, find out. And I cured my own Agnya. And why should I cure his Agnya? Let him plod, let him work, let him get to this, otherwise he will be a spoilt man." I was quite surprised!

And he said, "You do it because you are a Mother. You are nothing but love, and that's why you are doing it, all this, for others, but not me! No guru will open the Agnya of his disciples!" I said, "Then why are you a guru?" He said, "Because we have to guide them, and if they have their Agnya badly cut out, if their attention is not alright, I am not bothered about it. It is their duty to introspect and find and climb the ladder which I have put before them. So, I am the guru, I can only give them the ladder to climb up. It is they who should work very hard. It is they who should introspect. It is they who should correct themselves. Why should I help them to such an extent that you open their Agnya?" I said, "Alright, you allow me to open his Agnya, if you don't mind." He said, "You are a mother, do what you like, I have nothing to say. If you want to do that. You will spoil them. You will spoil him. Let him do it on his own, otherwise you will be spoiling him." I said, "As you are also spoilt that you don't open anybody's Agnya!" "Yes! But whatever position I have achieved is a permanent one."

So I opened his Agnya. Then, this fellow on his way, he told me that his guru came back and, "He put me hanging on a well and he used to every time lower the rope, so I would go into the water; ten times he did it." But I said, "Why did he do such a cruel thing?" He said, "Because he found me smoking a cigarette." "My Goodness!"

So, I asked this guru, I said, "Why are you doing such a horrible thing to your disciples?" He said, "Otherwise, if you don't do like this, they will never rise, they will never come up. You go on forgiving them and the more you forgive, the worse they become. And they will show no ascent at all, so you have to be very strict with them. Please don't spoil them all the time!" I was really surprised how he could say so. "You see," he said, "Mother, if you give everything free, you give them everything so easily, they will never value their self-respect, they will never value their Self-realisation." I said, "It's not so. You have to give them a chance. You have to allow them to rise and to allow them to become something. Like Mother Earth, what She does, She sprouts the seeds, then the trees come up, then after that She gives them the fruits and She sees that the fruits are ripened. All that She does." But he said, "But they are not trees, they are human beings and they have freedom to become devils also." I said, "Alright, if they are devils, I can manage them. You just see how I can manage them. And if they are devils, they'll remain devils, you cannot change them."

So, he argued with me and when he met Sahaja Yogis, he asked them: "How many of you are willing to give [your] life for Shri Mataji? Do you know what She has given you?" They said, "Yes, we do." So they came to me and told, "Mother, he wanted us to

give life for you." I said, "That's not necessary. It's not necessary." Because he used to ask his disciples perhaps!

And then I met many like him who were very strict gurus. Complete obedience was needed, complete humility, complete surrender was needed. A word against the guru was not tolerated, but even you could not answer, you could not show any temper to a guru. Now I have met people who are like that sometimes, then I stop talking to them, that's it! If they want to improve, they can improve. If they don't want to improve, you cannot force them to improve. But, according to these gurus, there should be a great fear in their mind, that they should be so frightened, that they should behave themselves.

Now, we expect so much from the guru: that he is your father, mother, he is a friend, everything. He is a pure person, who just wants your ascent. He wants to look after you. He wants to guide you, wants to protect and takes you to the life of spirituality. And this is the way a guru has to work out. But what is expected of the disciple is even much worse. The disciple has to be absolutely a pure person. He should have a pure desire to become a spiritual person. If he doesn't have this pure desire, if he has some other desires, then absolutely useless.

Like some people come to Sahaja Yoga, I have seen it: they want to make a name out of themselves, they become great masters of everything, they want to dominate everything. That is not important.

There are some people who try to make money in Sahaja Yoga, a way of making money. That also is absolutely wrong. And, not only that, but it's [a] very low level that you want to make money out of Sahaja Yoga.

Then there are people who just come here for some politics. They go on saying things here and saying things there. All these things are not going to give you any ascent whatsoever. You have come here only to achieve a great life of spirituality of becoming a guru. Now, also this politics business is quite a lot. People try to enjoy the position of a leader. So, they try to keep that position in a very special way. There is no need in that. If you are a leader because you are a great master, you will remain [so]; nobody can challenge you; nobody can dethrone you. And one should not get disturbed with any such fear. Sahaja Yoga is a yoga in which fear doesn't play any part. There's no fear for you.

Only thing for your ascent, it is necessary that you introspect. Try to find out what have you been doing. Are you an absolutely humble person? Do you do whatever is told to you? Supposing I tell somebody, "Just go to some place." He may not go. He will come and tell me, "You know, Mother, this happened, that happened..." some excuse. He may not go. But that's not being good. If you have been told to go to that place, there must be some meaning and you have to go. You have to obey! If you are not obedient, then you cannot become a guru, because, if you cannot obey, how can others obey you?

This obedience is not for any personal gain of the guru, not at all, but for your gain only, for your education, for your ascent. So, if such a view is taken, then what happens [is] that you start getting all the qualities of a guru.

Firstly a guru cannot be fussy man, first and foremost thing: "I want this house, I want that thing, I can't like this, I can't like that." If a person who does not know how to get detached from all these habits, he cannot be a guru. How can he ascend? Of course, I mean, you have to try that you get rid of all these habits. They are funny habits which make you miserable. It doesn't make miserable others as it makes you miserable. No habit should cling to a guru.

First and foremost is that he has to be beyond time. He should not worry about time. Many a times I have seen people, if they have to go to the airport for example, something enters into their body! They become speedy, suddenly, everybody. Even if I have to go, I am going, all of them will become speedy, everybody starts running helter-skelter. Why? I am going, you are not going. But it happens. Like that, if you tell somebody you have to go to a function or for some felicitation, people start jumping about. And that's a very modern disease, it was not before. So they start seeing that, "We are getting late," getting upset. But if you go on worrying like that, you don't go beyond time. And when you go beyond time, you control time, time is with you all the time. Whenever you go, it happens.

I'll give an example of that: We had a little girl in Cabella who fell down and she broke her hand, very badly. I was about to leave

for America. Actually, I had come out of my room when I saw the child. I said, "Alright, it doesn't matter, I'll cure this child, first." They said, "No, Mother, but your plane!" I said, "It's alright, forget it!" So, I got the child, treated the child and she was alright and after, I think, half an hour, I left, I left for the airport. And you will be amazed to hear that that aeroplane was out of order, which was going to New York. So this plane is out of order. Then they said, "Alright, you can go by another aeroplane which goes to Washington, with the same ticket." I said, "Very good idea, give me that." And I went by that, so that I reached Washington, which is a very, very nice airport to arrive because there is no problem of customs, there is no crowd, nothing. All people go to New York, I don't know why. They should all go to Washington. It's very surprising. I discovered for myself that I wish I had not gone by that horrible plane to go to New York. Like that, everything works out and the time comes what is good for you. It is such a lot of experience of mine, which I can tell you, that to worry about time itself is a headache. If you leave it to this Divine Power and believe in it, then everything works out for your good. And if it does not, you must know that it is your destiny. You must accept. You must learn to accept, because, whatever you have fixed up yourself as something very great, is not.

So, what is the greatest thing you have to achieve? Your detachment. Then you become gunateet, means, as you know, we have three gunas within us. One is called as Satvoguna, is the best, but there are two other gunas which are, as you know that, Left Side and Right Side. Either you are a right-sided person or a left-sided person. These two gunas within us are of no importance. Supposing you are a right-sided person, then what happens to you? You become overactive, overactivity gives you fatigue, gives you all kinds of diseases, which you have seen, and you have to cure Right Side. Such a person is extremely speedy. He cannot sit in one place for two minutes. He is all the time jumping and he creates problems for himself and his family.

Then the left-sided person, which we call as the tamoguna. The right-sided is the rajoguna and the left-sided is the one which is tamoguna. 'Tamo' means 'darkness'. Such a man is afraid of darkness. Darkness, everything, he is afraid of. But he becomes a very intriguingly, very crooked person. He always tries to trouble people in a very crooked manner. Not openly. While the right-sided man is openly a Hitler. But this one, the second one, the one we call as tamoguni is the one who tries to trouble others very much.

Rajoguni has an opinion of his own about everything. When he is so much having his own opinion, he goes on forcing it onto other persons. But, if you see his own life, he is in complete misery. He cannot carry on with people, he cannot talk to people and there is a very big gap between himself, his Spirit, and his being.

The second type, the tamogunis are the ones who end up with all kinds of diseases. Even the right-sided people get lots of diseases. But the left ones get it psychosomatic. Psychosomatic diseases are very dangerous and not curable by human doctors. So, you have to take to Sahaja Yoga. But again, you go to the right or to the left, again right to the left. This is not a very good attitude, I think, towards life, that you get bound by one of these gunas or you are all the time like a pendulum, moving from left to right, right to left.

So, you have to be a steady person. For that you all have to meditate. I know immediately a person who meditates and I know who does not meditate. You will yourself know a person who meditates. It's a question of ten, fifteen minutes, but that you must do every night. And morning, about five minutes meditation. Then you develop your balance. You develop your tenacity. You develop your own body in such a manner that it can stand lots of nonsense, it can bear lots of things. You don't have then desires left: what food you should eat, when you should eat, whom you should please, nothing of the kind! You yourself become such a sweet person, that everybody is pleased and understands that one has to be like you. The people see you and you become like a model, people start following you, that means you become a guru. In this way, you get rid of these two habits that you have of Left and Right side.

Now, satvogunis are the people who believe in the righteousness. But when they are righteous, they can have contempt for others who are not righteous. They go on saying things to such people. So, they can develop a kind of temperament. So they become aloof. They can go to Himalayas, sit there and not to meet anybody, get out of the society, get out of all your relations, everyone, and just establish yourself as a big guru somewhere. This kind also of, also, another generation is there which is of no use.

I met some of them when I was in Hardwar and I told them, "What are you doing in the Himalayas?" He said, "We don't want to face human beings. They are useless people, they are good for nothing. You do anything for them, they go on troubling you. We don't want to be there." So, I said, "Why have you become a guru? If you cannot manage them, if you cannot get out of the troubles they are giving you and out of all those things and remain in your peace, then what's the use of becoming this?" He said, "We have had enough of it." Some of them were over 100 years of age and all that. But I said, "What is the use? Your life is of no use. You are staying here, alone somewhere in the jungles." He said, "The tigers, the snakes, all of them know us, that we are great and they don't trouble us, but these human beings are terrible. If we go down, they'll trouble us and torture us, we don't want to go there, because they are very ambitious or they are very negative. Something is wrong with the human beings. None of them have reached a perfect state."

So that, all that, I was surprised how they are not at all willing to come down and be with us and be a part and parcel of us. They said, "Alright, Mother, you have come, you are a Mother, you can tolerate all this and you can work it out, but not we. We are out of it, we don't want to go back." They have lots of powers, they can control the nature, they can do so many things, but they said, "Easy to control even a snake than to control a human being. Today they might behave in a particular manner, suddenly they will become horrible. You don't know these human beings how uncertain they are, what uncertain quantity they are." I said, "There is a way of putting them right. You first give them Realisation." In the light of their Spirit, they can see how they are doing wrong things. Ninety-nine percent [of] people will know what's going wrong with them, where are they missing the point. They will start seeing themselves.

Spirit is like a mirror where you see yourself clearly, and you start changing yourself. There's no introspection actually needed then, when you have your Spirit awakened. You can watch yourself, you can see for yourself clearly, as soon as you become a developed or evolved Sahaja Yogi. And that is one point one should see: if it has happened to you. If you can see something wrong with you, if you can find out what sort of defects you have, if you can detach yourself from those defects, and if you can understand that all these attachments and defects and habits are pulling you down, then only you can leave them. But that only happens, when you have this mirror of your Self shining through. When this light comes to you, you see for yourself what is wrong with you, what is the wrong path you are taking.

Overnight you have seen [that] people have given up so many things. Many gross things they give up, but still there are many subtle things which stick on to them.

First thing that happens to you is that you start finding what's wrong with your own people, of your own nation. I am amazed, you see: When the English got Realisation, they started telling me about the English. When Italians got Realisation, they started telling me about the Italians. If you tell Italians that, "You see, this Italian fellow did this, like that", he said, "Italians, after all, Mother! What will they do? They are just like this, you know!" He himself is an Italian, but immediately he'll say. Same with the Russians, I have seen, it's very surprising that they start telling you about what's wrong with the Russians or with the Ukrainians. All of them are quite aware. Even Indians, they'll say, "After all, this is Indian, you know, Indian people how they are, Mother, they are doing like this." I was surprised that they themselves being Indians, how are they immediately telling me about the Indians! And many things I have come to know about these countries, actually through the Sahaja Yogis only. When the Sahaja Yogis tell me, I am amazed that they are not identified with their country, they are not identified with anyone, even [with] their own family they are not identified. If they find something wrong, they'll tell me, "Mother, my father is like that, my mother is like that." That is how you get detached, when you start seeing and are not identified.

If you are not identified with all these things, then you become a free person, you have the freedom. You become a person who is not attached to anyone because he is your father or she is your mother or a sister or anyone. This attachment is a very dangerous one also. With the family attachment we have lost many Sahaja Yogis. Because their family was funny, they got lost. They couldn't get out of it.

We don't say that you detach yourself from family or get out of it, but, in a subtle way, you should understand what are they up to and what they are doing.

All this subtle understanding about everyone doesn't give you any right also to criticise them. You should see for yourself what's wrong with you. You know, all these subtleties you criticise that, "Such a person is such, such a person is such," but you also have the same problems with you. That's why you get detachment only possible through this introspection, through the mirror of your Spirit.

So, the spiritual life is very important to a person than anything else on this Earth. Because such a person has been seeking, he has been seeking the Truth, he has been seeking the Reality. And once you know the Reality, you don't want to cling onto something which is not Reality. You want to be a person who is above all these things, that you can see all these things. And that is how you can save others, who are getting drowned into the ocean of darkness, into the ocean of misidentification. Only when you are above this. But mostly what happens is this, that you are identified. You are identified, "How can I do it? How can I say?"

The countries where Sahaja Yoga has spread well, there have been people who are not identified with those countries and think that they have to help all these countrymen to come up, to join in. For that, tremendous patience and love is necessary.

As you know, this Cosmic Power, as they call it, which, they say, I am the source: actually, it is the power of Love, of Divine Love, of pure Love. And such a love doesn't demand anything, doesn't want anything, but it acts, it works. For example, if you love somebody, you would not like to do something to displease that person. Of course, there are some Sahaja Yogis who do things which I really don't like, but I never show. I just keep quiet. But normally, if a person has love for someone, he wouldn't do anything to displease or to trouble that person or in any way hurt. Without that development within you, you cannot become collective.

In collectivity, what happens [is] that you feel for others, you understand others. You may not show off, but inside yourself, you know. Supposing somebody has done lots of funny things with you - doesn't matter. But gradually you will see, he will change. Gradually he will become better, because he will realise that whatever he has been doing has not been a correct thing to do. He will not only feel guilty, that's not the way, but he will say, "I should correct. Why did I do like this? I should not have done it." Gradually he will improve. But for that, you should have a great sense of forgiveness, great sense of understanding.

Under circumstances, people also misbehave, because they have had no training how to be alright, how to be humble, they misbehave. Because in their culture, perhaps, there is nothing but just anger, and arrogance is regarded as something great, also, they misbehave. Sometimes they come from such families where only arrogance is taught. So you can't help it. Such people are to be forgiven again and again, and see that they change. Because I have a faith that all human beings can be made into beautiful flowers of fragrance, all the human beings.

But I know there are some difficult ones. Why? Because they don't want. If they don't want, if they don't have the pure desire, you cannot force it on them, so forget it! They are difficult people, forget about them. But those who want, those who have a great desire, which is absolutely pure desire - not for money, not for position, not for anything else, but for achieving a great state of spirituality - such people are to be helped at any cost.

I know some of them have gone to very wrong gurus and they have suffered - they have a bad Agnya, they have all kinds of things - doesn't matter, you should try to help them. If they can listen to you, if they can understand what you are telling them, I am sure it would work out. It has worked out so much, as you can see now, that, in the foreign countries where I was just an Indian, how people have taken to it! How they have understood me and how they have become Sahaja Yogis of such a great value and level.

We never had so many saints in the olden days, never! Only one saint would be born, and he would be tortured. There were not so many to help each other and to protect each other.

So, collectivity is to be learned very well, how to be collective, how to be nice to each other. Because, later on, when you become the guru, when you have to guide the people, you will know what are the problems of the collectivity. Also you will know how to

overcome that, how to make collectivity perfect. And once you learn that thing, you will be amazed that you have mastered the art of being a guru.

I would like to see so many of you becoming a real guru, real masters. Not only in your jobs, in your talents, but in your own life. People should say that, "Such and such person is a real guru." For that, as I said, you must learn obedience, complete obedience. You should not question the guru. Whatever is told to you, you must do. Though in Sahaja Yoga I do not say that. Today is the first time I am saying it, because I find so many of you fall a little short of becoming perfect.

You don't have to sacrifice anything. I have told you. You don't have to give up anything. You don't have to give up your families or anything and do odd things just to show that you are perfect. But it's something, a state, within yourself which you have to establish, where you become extremely humble, obedient. And you will be growing with this light, I am sure.

Once you understand the importance, then you will dedicate yourself to become a personality of a rare quality. It's very difficult, as people sometimes say, but I think it's the easiest thing to be, because that's the most comfortable way of living in life.

No use fighting, no use quarrelling, nobody trying to show off and all that. The care of everyone, the suggestion of care is very much satisfying for others. A little care here and there, people like it. And that only comes from a very noble soul who bothers about small, small things, about whatever others need.

It's not for your own advancement. It's not for your own leadership, whatever you may call, or for your own positions. Then you are falling short. But it's for your own ascent, for your higher life that you give up all these ideas of leadership and this and that. It's absurd the way sometimes I find some Sahaja Yogis are so anxious to assert themselves as leaders. It's not correct.

So many times I have explained to you that your own development, your own correction, your own position in Sahaja Yoga will say what you are. Whatever others may say doesn't matter. What you say about yourself, truly, truthfully, is the reality. And you must face yourself all the time.

I would say specially for the ladies, because I am a woman and I have worked very hard all these years, and, as a woman, I must tell that all the ladies should try. Because they always say, "We are shaktis", but in their life, I don't see there is any work done as shaktis. Only they are sort of dependents all the time on Sahaja Yoga. They have to stand up in their own freedom. They have to be independent and they should have right ideas about everything. I am sure if the ladies come up that way, Sahaja Yoga will spread very much.

Men are working much more for Sahaja Yoga than women are. I can understand, because they have families, they have children, these things. But the most important thing is that, once you take to active Sahaja Yoga, then your children also come up well, the family is also looked after. After all, there is this Divine Power which looks after all of you.

You must believe that this Divine Power thinks, understands, It organises, above all It loves you. This Divine Power has to be understood, that It is now your own and that you are in the Realm of this Divine Power where you won't have any problems whatsoever. If you leave things to the Divine Power it will all work out.

As you know, about this scientist who found out about me. I have to just say that he asked me that, "How is it that so many hearts are made here?" I said, "People were singing the song 'Sitting in the heart of the universe', so this many hearts have come up." But he said still, "Does this power hear?" I said, "No, it's me only! I can hear. I was hearing the song and then the Power organises everything." It's something to be understood very well, that the power within you, what you have, understands and understands you also. It is a way of power which is your own power, but you cannot control it. It knows about you, whenever you are falling, when you are doing wrong, the same power which protects you and loves you like a mother will correct you and bring you to the right path.

I think, now, a new century is starting and so many things have to happen. And all of you must decide that you will do this or that.

Whatever is your understanding about spreading Sahaja Yoga, you should try do it. All of you should put your mind to it. If women can't go out, they can write down something, they can write about their spiritual ascent or about whatever their experiences are.

So in any case, all those who have got also very miraculous photographs, they should send it over here; very important is, because this gentleman is coming here in September and he is going to analyse all of them. So it will be very nice of you if you can send it. Also you write down about your different experiences you have had in Sahaj Yog. That will be also a good idea, he told me, that he would like to publish a book like that.

And now the time has come for us to publish our miracles that have taken place. All of you have had some experience of miracles, so I have to request you to send, as soon as possible, written well, in English language or in Hindi language or Marathi, because I don't understand other languages. And please don't send me in other languages, we will have to appoint somebody to translate them in fourteen languages, it's a difficult thing. So, I would request you to send that.

I am sure today's lecture, you will again go through it and understand it and work it out.

May God bless you.

1998-0726, It is a Happening, It is an Experience

View [online](#).

26 July 1998

It Is A Happening, It Is An Experience

Public Program

Caffè della Versiliana, Versilia (Italy)

Talk Language: English | Transcript (English) – Draft

Emotional... He's a very good son of mine and I am very proud of him. He is really well spiritually [Unclear grown]. And he wants you all to share my love also. It's very kind of him to have invited Me [UNCLEAR] and it's very kind of you all to be here, present.

[unclear Make something?...]... to these people.

I've come to tell you that within you lies the peace, tranquillity and a very beautiful spiritually life.

[CUT]

But as Christ has said "You are to be born again". But you have to ask for it, nobody can force, nor can you pay for it. In these modern times it is your birthright to have your second birth, birthright. For even which you don't have to do any [UNCLEAR first]. You don't have to stand on your head, you don't have to go to the Himalayas. It is a very spontaneous happening that takes place. Within you lies the power, who is your individual Mother, your own Mother and she knows everything about you, she knows what mistakes you have committed also she knows your aspirations. And as your Mother has given you your birth in the same way She gives you a very beautiful rebirth.

So you get the real baptism.

[CUT]

Which we call as sacrum that means the Greeks knew it was a sacrum bone also Indians knew about it very much. And there were two saints who travelled all over the world. They went to Ukraine and also went to Russia and also Bolivia, which is so far off. And they have told them. They have told them about this that there is a power within you. I was surprised even Chinese know about it. This is a power which is within you, in coils. Three and a half coils. Now, so supposing this instrument is not connected to the mains, it doesn't work. It has no identity. This is how, unless you are until you are connected this all pervading power, you have no identity. I have found many of your young people are trying to find the truth because they think a lot of falsehood around. But you cannot find it outside, it is within. So when this Kundalini rises, when this power rises, it passes through six centres. And these centres are responsible for our physical, mental, emotional and spiritual being. So all

[CUT]

Strings them together and completely integrates you then you cannot feel disturbed because your mind, your attention and your heart are intune. Now the truth is that you are not this body, this mind, these emotions, your ego but you are the pure spirit. Another truth, just watch these beautiful trees, you see how they have grown spontaneously also today I was watching those sheds and what colours its has, who does all that. If you ask the driver - doctor who runs your heart, he will say it's an autonomous nervous system. But who is this auto? That they can't answer, they be humble I must admit, we can't answer. So this is an all-pervading power of Divine Love. Christ has described, everybody has described this power of Divine lOve also the disciplines called it the cool breeze of the Holy Ghost. So unlimitley this power pierces through your Fontanelle bone area here and connects you to this subtle power of all pervading power. That is the real baptism and you really get connected and then you start feeling a cool breeze flowing through your hands. It is a happening, it is an experience. It is not a sermon or is not a lecture

and you become a very different person. Firstly you get relaxed because you find of you your problems are taking over by this all pervading power then you become a person who is absolutely peaceful. Now how it happens, now supposing you are standing in the waves of the ocean and you don't know how to swim, then you are frightened. In the same way, thoughts start rushing into your head, one after another, some come from the future, some come from the past. But you are not in the present but in the present is the reality so when kundalini rises She longgates the thoughts and spaces created in between. That is the present, that is the reality. And you become thoughtlessly aware.

You are thoughtless but aware, much more aware. A great psychologist, Yung had described. First he was involved with this guru, Freud but then he gave it up. And he also said it was Mother's Power, loving power. Now we do not know how much this power loves you, how it looks after you, protects you and guides you. Once you become a person who is call it, self realised or reborn you really start feeling all along.

In Italy, I must say that Italy is a place for spirituality because people are loving, they love there Mother and they love their children. In the whole of Europe, Italians have a speciality, thats why I've got a house in Italy, to settle down here for six months - six months I'm here and six months in India. Of course you can say there are problems but they will all sort of very soon you will see. All bad people will be caught. This can be worked out very fast, no problem.

Any questions...uh what will happen....if they feel shy.

[CUT]

Guido - Is for you.

Shri Mataji: Her husband is the chairman of the [UNCLEAR shipping] corporation.

[CUT BUT IT CONTINUES]

And the daughter, the grand daughter is graduating in America. So I have two daughters are four grandchildren but the family system improves when you get your self realisation because you become so loving and you start appreciating the love of others. This love doesn't have any selfishness behind it, nothing expected. It's pure love. So this happening your health improves, your physical being improves. We have now a hospital in India, a big hospital for Sahaja Yoga that people go to from all over the world without paying for the medicines or anything they get [UNCLEAR]. They are cured of cancer and all kinds of incurable diseases. Also they become very creative so many musicians from India have become World famous. Also they have become a great artists because the Divine Love appreciates and gives power to create. Actually the person becomes very balanced and with this power of understanding it becomes a very good, I should say [UNCLEAR] of knowledge. I have seen students who where good for nothing suddenly started [UNCLEAR] in their class. And they become very loving in the family and they are very kind to others.

Overnight people have given up alcoholism and also what you call that drug addiction. I'm going to start a centre for drug addiction children becuase Italians told me that drugs are the biggest problems. And I would like you people to send your children to this centre where if they are taking drugs.

He said.

And you don't do something like that. You give up all bad habits and you become an absolutely a fresh person. Also there is no need to go to a beauty parlour to look young, you look young anyway.

...they are very soft, my whole body, nothing working, vibrations, light.

[CUT]

And just enjoy every one. And I never feel the pressures because you become like a witness. Now if you are seeing a drama, you think you are the hero or maybe a [UNCLEAR] and you start getting involved with it. But as soon as the drama is over, you find you are just a witness and not in the drama. This is how you see yourself and you are no more worried, upset or disturbed or stressed.

In Russia we have many, many Sahaja Yogis and there are a set of scientists, very famous. Stalin was very fanatic, through them out of Russia in a place called [UNCLEAR]. So they joined together and worked out many things, especially about auras. Now this particular gentleman is a physicist who works with the light, he had never met me, he was not a Sahaja Yogi. He's about sixty one years, I think. And they showed him, My photographs. I have some photographs, I mean many photographs I should say. Where you see lights coming out of Me, around Me, all kinds of things. Out of My whole body. But normally we did not show any except Sahaja Yogis. Now he saw them and he said "I've got through the library of Mataji's photographs, one photograph was when I was in India, this last centre I opened on the 5th of May.

So I celebrate that day on the 5th of May. But the Italians said "Mother, we celebrate on a Sunday, it was Saturday so we celebrate and go on a... and go on a boat". I said all right and they hired a boat and hired a photographer for me. So I was sitting in the boat and at the same time in India when I opened this thing, at the same time a lot of light started coming out of My [head] - lots. And he photographed that. He didn't see it but he was photographing it. And then that light started spreading all over and My face became like three faces. And the fourth face on the head, fourth face, very subtle. So then that light started radiating all sides like this.

So the gentleman, the photographer had negatives, when he took them to the shop, you see, the Gentleman said 'What is this?! What is wrong with your camera?'. Only the bench on which I was sitting was, can be seen - bench. Also another photograph he had when he saw My whole body, nothing but vibrations, light. And then you see, there was one photograph where taken in London which is shown - I couldn't understand hearts, hearts, hearts, hearts, hearts here. I said that is the time, they were singing a song in London, Sitting in the Heart of the Universe. So he asked Me, later on in the interview. Does this power also listen and understand? You see, of course I was his [UNCLEAR thing] so he called this [UNCLEAR thing] also. Now here the lecture was so good, so maybe he got it translated the lecture but he said there's lots of [UNCLEAR]. I'm coming to Cabella and I'm going to write a complete book about it. Because he has got all formalic, this and that in a typical way. And he said that Mother you are the source of [UNCLEAR]. I said that is not cosmic because cosmic only means material, it is Divine Love. He said -

Of course, that would be very good... that he also tell about his experience.

Guido: He said already.

Shri Mataji: You said it! I must learn Italian.

Guido: He said it before you came.

Shri Mataji: Oh before I came!

As I said you don't have to pay, it is your own right, you have got it within you. You, please don't criticise yourself. And you don't have to feel guilty. I want to tell you that you have done nothing wrong. You shouldn't feel guilty at all. If you feel guilty then this side of the centre, of this centre (Vishuddhi) goes out of [UNCLEAR gear]. As a result you may develop Angina of the heart or you may develop spondylitis of a very serious nature so not to feel guilty. And in the western life there are so many funny, funny [UNCLEAR knobs]. For example if you put the spoon like this, fork like this, it's like a sin. It's not important at all, what is important is what's in your heart.

So the second thing you have to do is to forgive everyone! Now many people say it's very difficult to forgive but logically whether you forgive or don't forgive, what do you do? You do nothing! But if you don't forgive then you play into wrong hands - play into

the hands of the people who have troubled you or maybe tortured you, anything against you. Best thing is to forgive. So that it is not your job anymore. With that you will be amazed - this centre (Agya) which is the crossing point of the optic [UNCLEAR] in the brain. Which is a very, very constricted centre but if you just feel and say that Mother I forgive everyone, just like that it will open up. These are the only conditions for you. It's very easy to give you this experience with this open air and open [UNCLEAR] But one thing which will take help of the Mother earth and so we have to take out the shoes, that's all. You not need take off the socks but just the shoes.

[CUT]

Shoes off - only italian spoken

[CUT]

Italians are very sensible. First time in England when I said that half of them walked off. So it is very simple, now be pleased with yourself, be pleasant to yourself. You actually have to love yourself in a way. You have to respect yourself because you are human beings and you are seekers of truth. As I love you, you have to love yourself. Very simple here.

Now you have to put both the hands towards Me, like this. Just on your lap, on your lap. Just like this - very comfortable.

[CUT]

Hands on lap - only italian spoken

[CUT]

...On the left hand side for emotional. Same one the right hand side, they are for the physically and the mental [UNCLEAR]. The left side is for the left sympathetic and the right is for the right sympathetic.

Now you put your left hand towards Me and right hand towards Me, both the hands for a while here. Now put the right hand towards Me only and put the left hand on top of your Fontanelle bone area, it was a soft bone area in your childhood. On top, not away from the head but not on top like this but little away, little away. Now move your hand and see for yourself if there is a cool or a hot breeze like thing coming from your Fontanelle bone area - little higher, little higher. Little higher, you can bend your head, could be better. You...

Now if it is hot that means you have not forgiven others. So forgive yourself and forgive others. Now put the left hand towards Me, now on the right hand see yourself, a cool or a hot breeze coming out of your Fontanelle bone area. Now again once more only put the left hand.

Out of your head, out of the fontanelle bone, the soft bone in your childhood. They just started. Now put your hands like this towards Me.

... you can become thoughtless.

Now, see if the both the hands from both the hands if you are getting a cool breeze or a hot breeze. Some of them might get it from down below like this, so you take them up like that, some of you might. Now all those who have felt cool or hot breeze on their palm or on their fingertips or out of their fontanelle bone area, raise your hands. Both the hands.

May God bless you all. May God bless you all. Meditation you have to do in the evening about ten minutes just to grow. So you can all can give realisation to others, you can give realisation. And you might feel very much on top of the world but thats not sufficient, you have to grow, you have to know everything about it. Thank you very much.

I was very young, about seven years of age and I went to with my brothers, father and mother to meet him (Gandhi). So Gandhiji said to My father that you have so many children, why didn't you give [UNCLEAR]. So my father said you can have anyone. So Gandhiji picked me up and then I used to always go for my three months holiday and stay with him. He was a very disciplined person and he used to discipline everybody. We had to get up at four o'clock and go for worship. And in that place it was like a jungle where there was a lot of snakes also. But he told nobody will bite and when we were sitting praying, we used to see sometimes [snakes] crawling. The snakes never bit. But he had realised about Me that I was something spiritual. So we, he wrote his hymns which need to be sung. He asked Me to help him. So I told him that you have to use this way the Kundalini rises, the different - and see these different chakras. And he added, he added absolutely. Sometimes he used to be very angry, he wouldn't make his orange juice. But I finally told him, I'm a little girl and he always used to sit with Me. And whenever I went to see him, he used to get up, rise, rise. And so many times I've seen him, talking to him. He said first we must get our independence then only you should start your sahaja yoga and give realisation to people.

And also I met another prime minister, our prime minister [UNCLEAR]. He could recognise Me. My father also was a very great realised soul. And he was a criminal lawyer and he told me about human beings, what they are. And now they indulge in self destructive forces. So I should say he was in a way he was my teacher as far as human beings were. But he was extremely generous, a very kind person, very, very kind. So with Gandhiji my experience was that he was very loving to children but very strict with the adults. I used to argue with him, I said why are you so strict?

The problem of India is that we had these british in our country for three hundred years! Without any visa and they completed lynch us. That's how they started there social security, this, that. So actually when they left, we were just bankrupt. Also they created problem with Pakistan and this and that. Both the countries are very, very poor, Pakistan and Bangladesh - very poor. In India there is a problem because of poverty but it is improving now, much better, it is improving. But I think that at the same time in the West we have child abuse and all kinds of things. Killing the children in America is horrible. In India we don't understand what is this, child abuse we can't understand, we can't understand homosexuals. And the other day, our [unclear] came and he was telling me about this wife who was very, very tense. So he said Mother when you touch her she was very relaxed but again after a while she became very tense. And she goes on shouting at me, I said Indian women are very relaxed because men have to work outside so they are tense but not women. So he said because of tradition, we are brought up that way and that's how we make a good family. Wherever you're poor or rich or anything, you love your children. And this kind of thing doesn't take place, doesn't come into our heads, we don't understand and the relationships are pure. Recently I heard horrible news that a lady of fourteen years or sixteen years got a child from her brother, her own brother.

With Sahaja Yoga you understand your relationships with everyone and enjoy that relationship, no problems, no problems. In Sahaja Yoga now even in Italy we never have problems, this man running after that woman, that woman running after that man, nothing of it. And the women are very relaxed and happy and men are also relaxed and happy. Actually marriage is to be enjoyed , it's the love between both of them has to be like a nectar. So, you see I was told that there's no book in England where there is romance after marriage, no book. In India all novels are describing the love after marriage, not before.

Question from the crowd (italian) 00:59:25

Shri Mataji: See that is a political question, not a spiritual question. If I ask you about your government what would you say. So I'm not here to list those qualities. But actually you see in this, not of money but we had some of these missiles already made up, long time back. But they want to proceed if they are working or not and they took it into - what do you call? A desert, where nobody was hurt. Just to see if it is working or not. It was not that money was spent but it was there already.

Question to Shri Mataji

It's this I cannot understand because we don't have it in India, we have other nonsense, not this because God has created everybody different. I mean in India we can have - I am quite fair, I was much more better and my youngest brother is really dark.

So how can I hate my brother because he is dark. It's only a question of ego. Now you go to the sea to become brown but if someone born with the brown skin, you don't like him. It's all skin deep problem.

Question about Christ

He is very great. He's very very great. Without him I could not have done this job. He opened the Agnya chakra. On the cross, on the cross of [unclear]. He was a special divine personality. He had to crucify himself to cross this (Agnya) and He did that. Because of that I can open this (Agnya chakra) and what he has said on the cross that 'Oh God forgive them for they do not know what they are doing'. So that's why I asked you [to] forgive, to open this centre. He is the loveliest, the best [unclear] incarnation we have of the divinity.

Question, your opinion of the Catholic Church and the Pope?

You, yourself, know what I should tell you.

Question from the crowd. Separation between the west and the east culture.

Whatever good of a culture has to be taken. Good. Which has done good to you. For now in India we have horrible caste system because at first it was not like that. According to whatever work you are doing [unclear] what work you are doing. But gradually it became whatever family you are born that is your caste. It's wrong. We had one system where the wife didn't like to be a widow so she choose burn herself [unclear away]. It's all a [unclear] system. Which they change. So many things we had wrong, they change that. They have these [unclear forms....] But you can't change religion because we have no organised religion. It's the religion of the self and we are brought up so traditionally so we know what is bad and what is good. One very good student from India went to [UNCLEAR temptation] and told me, they don't know what is wrong and what is right and they think it's an adventure. Because we had such a well [UNCLEAR] family, we know what is wrong, what is good. I'll show an example, a simple example. One girl was married in France and she told me the French men are funny. I said what happened? They go in the sun and go back and take water directly. In India we will never do that, eat some biscuit or something and then take water.

Say after eating any fruit, you see, any fruit. You are not supposed to take water, you have to take some carbohydrates they don't know. Like after coffee they take ice cream, I mean I am shocked. No, this, all people know it, even Pakistani, even Bangladeshi's everybody knows this shouldn't be done for our health. Another simple thing I'll tell you, I hope you don't mind, after eleven o'clock you should never sit in the sun. Never, never, [UNCLEAR]. They don't say [UNCLEAR Cancer it is]. No means no.

Now we had some people in India, Italy, from all over and I told them at eleven o'clock we should come back, don't sit in the sun. So they didn't listen to Me, they had such big, big blisters all over their bodies. And there were some Doctors who rushed to Me and said what to do? [UNCLEAR] or something. The Indians [Inaudible]. I said all right I'll cure them, I took a little water in cotton and I just put it on them and it all subsided. But still the hit was inside so I said all right you take my sarees, I had cotton sarees, cover yourself up and then tomorrow you can return the saree. So they dry cleaned the sarees and thanked Me for folding. And I went to my brother's place you see and the sarees had such big, big holes all over, all over the sarees. It was so [UNCLEAR different], you see it's the prove, the prove. The sun is good but can be very bad after eleven o'clock.

(Italian - thanking and if She can say some nice words)

Shri Mataji: That's very kind of you to have said. What I have to say that there is an all-pervading power of divine love. So you have to give up your worries. Your fears. Also your anger, just it happens, you can't do it. And enjoy each other, it's pure love. Italians are very, very close to it and I really bless you from my heart. That after this you will enjoy yourself fully. So may God Bless you.

[1:49:14]

Shri Mataji: We have so many sahaja yogis everywhere.

Yogi: Especially in Italy, especially in Italy everywhere.... Since you are here in Italy.

Shri Mataji: I just can't understand but the special thing about [Italians], they have a large heart. Italians have a large heart and more heart qualities. And I don't think they are so much money oriented [like] Americans. Americans are the worst.

1998-0815, Evening Program, Eve Of Shri Krishna Puja & 14

View [online](#).

15 August 1998

Evening Program Krishna Puja

Campus, Cabella Ligure (Italy) | Transcript (English) - NOT needed

This is 2 different days 1998-08-15 and 1998-08-14 because at 1:33:32 it cuts to a different Krishna backdrop. To be split when DP version will be available.

1998-0816, Shri Krishna Puja: He Gives You The Witness State

View [online](#).

16 August 1998

He Gives You The Witness State

Krishna Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Shri Krishna Puja. Cabella Ligure (Italy), 16 August 1998.

Today we are going to have Shri Krishna Puja. It is a very important thing about the power of Shri Krishna that gives you a witness state. This is very important also because in these days of Kali Yuga and complete confusion of value system, all kinds of turmoil makes a very complex conditions to exist. The state of witnessing is only possible through meditation. You reach the state of thoughtless awareness. It is combined together.

Now the witness state is such a state where you just do not react. If you react, then the problem starts. It's a very simple thing to understand that we react through our ego or through our conditioning. Otherwise there is no way to react. Anything. Now, for example there is a beautiful carpet here. As soon

as I look at it, if I use my ego I'll start thinking, "Now, from where did they get it? How much they paid it?" This is the first reaction. Then you can even go further with it. Anger can come in. "Why did they bring such a nice carpet? What was the need to put it here?" Goes on like that, one after another. Now in my conditioning if I see these things, I would say that this color is not suited for Krishna Puja. They should have had another color for this Krishna Puja. So this kind goes on from one to another to another. But that means this conditioning is built up within us.

All our problems of our conditioning are really horrible. For example, racialism. We have racialism-in America it's very much more-you can feel it, though they don't say. But if you go, say from Italy, you feel it. If you go from India also, you can feel it. Now, why this racialism is there? What is the reason? Why do we react to this kind of horrible hatred for another community or another color which is only skin deep? Now with rationality you might be able to explain, "Oh God, these people, they are absolutely useless," or "They have come to our country and are just troubling us." All these conditionings are there. But if you see when they talk of immigrants, the Americans must know they are immigrants, all of them. America never was their country. And they threw away all the other red Indians, took away their land and very nicely they are the owners of America. But the reaction is, those who are not white-complexion, they are all to be condemned, tortured.

Now, if they are by nature violent then also this conditioning of violence comes in. Then they start killing each other. They have killed ruthlessly so many people thinking that they have a right to go into any country and kill everyone and take the land that is not their own. Actually, land doesn't belong to anybody as such, but nobody has right to go and occupy it and throw away the people who do not belong to that country.

Yesterday was the Independence Day of India. And I have seen the flag going up-our national flag, and the British flag going down. All that has happened after so much of struggle, so much of sufferings of the people. Because they came to India, landed nicely there and became the masters. So this is also a kind of a conditioning that comes in a collective way-that you go into anybody's country, throw away the people from there or sort of occupy that place and become the masters. It's like going into somebody's house that belongs to somebody and throw away the people who are inside and nicely settle there as the owners and the masters. Because they have better intelligence- perhaps, the cunning more in them. With that cunning, if the white people think they can rule the black people is not where you can develop a witness state.

So this kind of conditioning is like a plague and moves from one country to another country where some people think they're

superior and make people look inferior. And the people also are there who accept this kind of a situation, accept this kind of a position where they are supposed to be equal. I would say, take the example of America because this has been celebrated by Americans, and because Krishna is the ruler-Krishna is the ruler of America. He, himself, was a dark person, Himself was on the black side. And in the same country where He rules, another great thing is that they don't realize that if all the black, all the Asians get out of that country now, I don't know what will happen to them. All their sports are managed by the blacks. If you want to see any American sport, 99% are black people. Then if you want to also see the music, because these black people, though they have black color, which is all right-as you have white, they have black color but they have a voice which the white people don't have. They can sing so well that no white people can compete with them. It's a full justice done to the color. Now if you take out the Asians, all doctors, all nurses, all architects, all accountants, all of them will disappear. Now, what will remain?

You have to understand that it is color which is nothing to do, nothing to do with your intelligence, with your value system, with your spirit. We are here to achieve our spirituality. The spirit doesn't understand color because it is so superficial and it is so very cruel to condemn someone for the color. Same now is happening as the reaction. Every action has a reaction. So what happens is that you find the blacks are reacting. They are reacting and their reaction can be very dangerous. Every day I read the reactions are coming up so badly- not in America but all over they are now thinking they must rise and oppose this domination. But in their own country where they have people of different colors-little variation, I think. They are all black people, but little variation maybe. So they form groups and they start cutting each others' throats. I have seen on the television how ruthlessly they kill. I don't know what is the difference of color is, but somehow they have formed groups and this group will go and kill that and that group will come and kill. It's not like Kauravas and Pandavas. It's not two types of people absolutely opposite. It's not that the negative and the positive is there. It's not. They're all negative whether they're white or black. And they start quarreling and fighting with each other.

Now this violence is growing so much. I think violence is the only weapon they use now to express themselves. You see here, something happens so somewhere there you find they explode bombs and kill so many innocent people. It's very, very sinful to do like that. Even the slightest violence is sinful, and this kind of a violence in the eyes of Shri Krishna are absolutely to be punished very badly. Now, this comes through ego. You think because you belong to one clan, another clan you can kill, or something like that. A funny idea into human mind comes in and you decide that you have a right to kill another person. One may say this comes from hatred, but hatred is an outcome of ego. When the ego starts acting, it collects all these things like hatred, also possessiveness, anger, violence. All these starts coming out of the ego, which actually blinds the person. You become blind to the fact that there is no need to have violence, no need to hate someone, no need to kill anyone because of this ego that is there.

Now one may say, "Mother, how does this ego build up?" Of course, mostly it is due to reactions. Also, it is due to the conditioning. If the child is told from the childhood that, "You should hate these people, they are to be hated. They are wrong people, they are bad people." They just start doing that. When they grow up they start showing that hatred is now like a cactus, growing very big and is killing others.

There's no justification for this kind of a behavior by human beings. If they are human beings, they have to have human qualities. And that is what is possible only if you learn how to just witness and not to react. For example, you see two cocks are fighting. You enjoy that. Two cocks are fighting. People are enjoying. One cock dies-they are very happy, as if the one which died had killed his parents or did something like that. Very surprising. Now in Spain, even now there are these bullfights going on every year. Six bullfights every year and the hall contains more than ten times more than we have here. And is always full. And now the women have taken to fight the bulls. Now if the bull is not killed, they allow the bulls to go on the street and kill people. This kind of a violent enjoyment is still lingering into the minds of the people. It is so sad to see people who are now talking of humanity, talking of peace, talking of joy, are still enjoying these violent acts. Either they are doing, or they want to watch.

So then you go to these films and things that have been created of a horrible violence and people enjoy it, enjoy such films and such films are again created. Now, if you really become a witness state, if you are in a witness state, then what will happen? If you watch any such things that are happening, it will subside. If you are in a witness state and if that level, then no accident will take place in your sight. Even if there is an accident, then you can save the person, you can help the person very actively. That's in

a very small scale. But even in a very large scale, you can do it-something wonderful.

I remember I was not very old at that time, but we were living in a house very close to the Secretariat where they had a strike. And they were asking for separate Maharashtra or something. So the police was standing there and, by the order of the chief minister, they were shooting at everyone who was coming. Anyone who passed through that road, they were shooting. They were enjoying a shooting game, all of them. I saw all this and I just couldn't bear it. I just went down, went down and asked the police to stop it. They stopped!

You'd be amazed. They stopped. Then I carried those people who were wounded up in My house, took out their bullets and all that, called the ambulance and saved them. But for that, one thing was there-I was in a state of witnessing, so you become fearless.

There is no fear at all once you learn how to have the state of witnessing. Because when you are not witnessing, you get disturbed, you get upset, you get excited. You may join, also, this wrong type of people. But if you are in a state of witnessing-that, itself, is a power. And that witnessing state helps you to win over so many difficulties of other people.

There's a Chinese story about a saint. So one king brought his cock to him and said, "You train my cock in such a way that he should win." He said, "All right." So he kept the cock with the king for one month. And when the show started, different cocks came from different places and they all started fighting. This cock just stood up and was watching, just watching. And other cocks got such a fright. They couldn't understand how this fellow is not disturbed. He's just watching, he's standing, he's doing nothing. So all they disappeared from the arena and he was declared as the successful one. So this is the best way to bring nonviolence. In violent places, you go and stand steadily there, facing all the things that are happening. And that witness state acts, acts and stops that kind of a violence that is going on.

But witness state is not a mental state. It is a state of a spiritual ascent where you become a witness. Best way to practice witness state is not to criticize anyone. Not to criticize. I've seen people who are all the time criticizing others. They cannot criticize themselves so they start criticizing others so much so that they don't even see what's wrong with them. They don't even say what wrong they have done to others because they think they have a right to criticize others. And they enjoy this criticism very well. Actually, there's nothing to be criticized. You just watch and see for yourself. That's all is your right. You have no right to criticize anyone or anything. But some people think if you do not criticize, then it will go on like this and it will never stop. It's not that. Once you watch the thing yourself-only just watch-your attention itself is enlightened now. With that enlightened attention you can just watch and stop the nonsense that is there. But we are always conscious that we are something great and we have to do this and we have to do that. Under these circumstances, what happens is that you become another problem. Because what can you do? You can't do anything. But what you can do is to watch.

By watching and by just seeing things as they are you really develop a very different state of being. Firstly, all such people who are just witness, what happens to them is very interesting-that their memory loss is much less because whatever they see becomes like a picture to them-like a, we can say, they can tell you even the color, the folding, everything. Whatever they see is so much in their mind, like a photo, and they can tell you exactly what they have seen. And your memory is not lost. While if you react onto everything, your memory becomes horrible. People are so much habituated with reacting. Like I know of one gentleman, he had a habit of reacting and I was going with him in the car. So he was reading every advertisement, every name of every shop, every person, every thing he was just telling who is that, what is that, this, that. I was wondering, "Look at this gentleman, he's talking so much. What will happen to him?" But ultimately I found that all such people who are all the time reacting become-actually they have I think senile decay or maybe they become forgetful, very forgetful.

But this is not the only loss we have. With this kind of people when they are formed into a collective, they can be very dangerous people. Because with that kind of a nature, they have to do something. They must do something because, after all, they are combined together for a purpose or, we can say, for some reactions which all of them have built up. In small things, in big things, you'll find people do like that. And some people who are very much, very much developed in this kind of behavior, can collect lots of people and do any amount of harm to others.

I would get the picture of Hitler. For nine years this fellow was watching what wrongs Jews are doing. He wouldn't watch what Germans are doing-what wrong they are doing to the society. And that time the society also was very bad because they were having all kinds of licentiousness. Now he was noting down, "These Jews are like this, they do this, they take money, they're lending money." All kinds of things he got into his head. As a result of that, he built up a reaction into him that, "We must somehow or other see that these people go away from Germany." But then he thought, "Even if they go away from Germany, they'll prosper again. So, why not kill them?" I mean, to such an extent that even, you know, you cannot see such films. You cannot see anything of that nature that Hitler did. But he did it. And people who followed him also did it-without feeling any hitch as if it was a matter of great pleasure or joy, or maybe it's a duty. How could they get duty-bound to such a horrible thing like killing thousands and thousands of Jews? What Jews had done to them? They could have corrected it. But why did they indulge into such violence and they wanted to finish all the Jews of the world?

It can be very, very dangerous because once you start losing your witness state, you can fall into negative collectivity. And thus this negative collectivity acts, acts in such a bad manner that all the conflicts of the world, all the problems of the world, perhaps, are related with this. So as Sahaj Yogis, what should we do? We should not react. We should not react. If you see something wrong-all right, you meditate on that. You meditate. If you find anything wrong happening, all right, meditate on that. If somebody is unkind to you, at that moment do not react. Afterwards, when that person is quieter you tell him. Or tell her. Because at that time when he is so volatile or she's volatile, if you tell, nothing will happen. Gradually-I don't say always-you can win over such people. But gradually you may be able to make them understand that it's wrong, it's wrong to do things which they have been doing.

In a way, you see, the reaction to anything which is stupid also can be very self-destroying. Like some people have built in reactions, like you have seen this Mr. Clinton behaving. I mean you can't understand a man of his stature, of his level, should have such reactions. But must be from his childhood or I don't know how he built it up. Now he's in trouble. Very shameful. This also is, I think perhaps, comes from a very great indulgence into reactions. Why should you react? To a woman, I can't understand, or to a man. And this is one of the biggest problems of today's culture, especially in all the developed countries-that all the time men are looking at women, women are looking at men. For what? Perhaps they look at women because they want to see how many women are looking at them. Or they look at men, perhaps maybe that how many men are looking at them. Why? Why is this happening? Because they have some inferiority complex in them or that they want to attract the attention of everyone.

I mean horrible things are done these days to attract the attention of others, to get the sympathy of others. I mean if you see the level of your awareness, where it goes, you'll be amazed. Like they say one lady killed her eight children just to get sympathy from others. Think of such horrible things people are doing! Now if you want others to have reaction, you do this. That they want others to see you or to react to-I don't know-to give you importance, you can say. But what's the use of such an empty importance? But people are seeking it. And it's a very common disease of modern life. All the time-how you should look, how you should appear, how you should walk. Everything is so stupid and wastage of energy.

God has created human beings very, very different. None of them are copies, none of them. Even in the nature you find the leaves of trees, they are so unique you cannot match them with another. So that's how human beings are created-differently. They are made like that. One has to accept. Whatever you are, it's all right. Why do you want to look like another person? This kind of reaction is extremely stupid, I think-that we are spoiling our energy and life for something absolutely worthless.

Now you being Sahaja Yogis, your worth is great. You have come here to emancipate human beings from these silly ideas and foolish ways. The way people are behaving, I don't know whom to blame, but suddenly our attention has become very diversified. Our reactions have become very, very funny. One doesn't know why people react like that and then why do we worry about what people react. All these things are not only on individual level but also on a collective level. As a result, you see, new kinds of value system has been created.

Now for a mother, say for example, she'll boast of how many men are running after her. Or she would think she's a great actress. I don't know what they think of themselves. And the way they talk about themselves is something surprising. If she is a mother, she has to be a good mother and she has to look like a mother, but they're so much engrossed, or they are so much standing on the basis that they have to be extremely attractive, they have to be the queens or I don't know what, what a position they want to have.

Same with the men. You see, if you have something within you, if there is any quality within you, is there anything that can qualify you as a great man, it will be showing. You don't have to advertise. You don't have to pamper it. Nothing. It will be showing. So that indifference if you have towards the public opinion, I think you can achieve a lot. Most of the frustrations will disappear.

In Sahaja Yoga, also, I have seen people want to show off a lot. I know who does that. But they should know. Once you do not react to outside, you start reacting to inside and introspection will start properly. When you see yourself, you'll be amazed how admiring you are, how happy you are. Now if you go beyond that a little more, then you don't think about these things, you just become thoughtless and you just stand up as a person who is respected, whose company is wanted, who is loved and who is cared for. So one should not worry as to what people react, what they say about you, what they think about you. You should just introspect and see for yourself. After some time you don't need even introspection.

It is a kind of a state I'm talking about where Shri Krishna told Arjuna that, "I will not fight. So in between Me and the army, My army, you have to select." So Kaurava said, "No, we'll take your army. You give us your army and we'll strengthen our army." But Arjuna said, "I don't want army. I want You. You don't want to fight, it's all right." Because though He will be there in a witness state only, He won't be fighting but His Power will act. He doesn't have to fight. He doesn't have to do anything. But His own Power which is outwardly is silent but will act. And that is how we will win the war.

So this power of witnessing you all should develop. Try to develop it-that when you are reacting, stop reaction. Stop reaction about everything. You'll be amazed. You will find yourself a very, very powerful person-in the sense you'll have no ambitions, you'll have no desires, you'll have no special fondness or anything. But just you are witnessing the drama. It's very interesting to witness also. Because then you understand the humor behind everything. You understand the stupidity behind everything. You understand also how people have been so violent and you'll just laugh at it. You don't get upset, excited, nothing. Just laugh at it. After some time you'll be amazed. Your witness state will increase. And when in the collective all of you have that witness state, you can do wonders without doing anything, without saying anything, without acting. Only your presence, itself, can work it out. I don't say that it will have effect on everyone. No, can't say. But most of the people.

Any person who is in that state, he is the one who brings peace, he brings joy. I'll tell you a story of a Sahaj Yogi who was going to another island-he was living in an island-for Sahaj Yoga work. And he found the whole sky was covered with very black clouds, thundering clouds. So he just looked at them like this and he said, "Wait 'til I come back. I am going to do Mother's work." He went to another island. He did the program. Everything happened and when he came back he wanted to sleep and suddenly it started raining and thundering. Even the nature understands. Nature understands that you are in that great state of witnessing.

But if you are very ambitious-even in Sahaja Yoga I have known people who are very ambitious. They want to become leaders-I don't know what else. Actually it's all a myth. All mythical things they want to get to and worry their heads about mythical things. Once you learn how to witness, you'll know the myth. You will know the absurdity. You'll know the maya. So to overcome the problems of personality, the best thing is to witness. Practice witnessing. Everything. Before talking, practice witnessing. Before giving any comments, just start witnessing. It's a very, very satisfying attitude.

In Shri Krishna's life, the greatest Power He was a witnessing personality. Without doing anything, without taking a sword in His hands, without talking about fighting, He's the one who has helped Pandavas to win the war. Not only but through His Gita He has tried to tell us what we have to do to win the war over evil. Whole Gita is the witness state He has described about. If you read it, Gita now, from this angle, you'll be amazed to find that everywhere He is like a witness, describing everything, whatever He sees. And He will tell you how this witness state has helped Him to understand, also, human beings.

He is a man who was, we should say, was not such a big businessman. Because first He told you that how to become Sthita Pragnya. Sthita Pragnya is the one who is in the witness state. If you see all these verses on Sthita Pragnya it's nothing but a person who is in witness state-how he lives, how he is happy, how he looks at things. It's interesting, very interesting. First He describes that-not like the shop people who will describe first the bad thing, but He starts with the best. Then He goes down to other things and tells you that whatever are the three aspects.

The first he talks about karma and many people get stuck at that point-that whatever karmas we are doing, we'll get the punyas out of it. He's not. He didn't say that. If you know Him, then you know He never meant that way. What He says that, "Whatever karmas you have to do, you can do it, but leave the results to the Divine Power." Results are from the Divine Power. Now maybe that some people think that they have got money because they have done good karmas and start doing all kinds of bad karmas with that money. He didn't say that. He said, "Leave the results to the Divine Power." Because Divine Power knows best what is for you. And so, if you think you have done something good- you have served somewhere to the poor, you have done something really good for the women, or anything-the result of that, you leave it at the Feet of the Divine Power. Means that you don't build up an ego for whatever you have done. Very well He has written this but to understand Him, one should have again the witness state to see what He has written about karma.

Then He has written about gnyana. Gnyana means where you know. But that doesn't mean you go on reading books-never. Gnyana means to know what you are. That means you have to be a Sahaj Yogi by which you know so many things through vibrations. Gnyana doesn't mean reading books. By reading books you become more ignorant. So gnyana means that you must know your Self. If you do not know your Self, you do not know anything. So it comes to that you must get your Self-Realization. You must know your Self. It's the second thing He has said.

Lastly, He talks about bhakti. Bhakti is devotion. That, too, is another trick of Shri Krishna, the way He described bhakti. Now you find people on the street, "Hare Rama, hare Krishna" singing. In one word He has concluded, He says you must do ananya bhakti. Ananya means when there is not the other. That means when you submerge yourself into the Divine. You are one with the Divine, then you should do bhakti, otherwise I do not accept. He says that if you give Me patrum-some leaves, or some fruits, or some flowers, I will accept. I will accept, but for Him the real bhakti is only possible when you become one with the Divine. Otherwise, it's just a show. So the third bhakti part also comes after Self-Realization.

Now in the bhakti, you see, there is no "what is the value is" and "how much you paid for it" and "how you bought it." It's not important. For that a great example is of Shri Rama when He went in the jungles. There was an old lady from the shidul's class-means she was one of the bhillni, as they call it-these people live in the jungles. So she brought some berries and offered it to Shri Rama. And she said that, "I have tasted all of them and they are not sour. All of them I've tasted." Now after tasting something in India people call it, it's become not to be eaten. I mean we cannot taste something and give it to somebody else. It's not done according to Indian culture. But Shri Rama took it. He took it. He said, "What beautiful fruits! I've never eaten such fruit!" So Lakshmana got very angry. He said, "You stupid woman. You have eaten these fruits and that's what you are giving to Shri Ram. Why do you do that?" So Sita was watching. So she asked Him, "Why don't you give me some of these fruits?" He gave. She said, "My God, what nice fruits these are! I've never eaten such good fruits." So then Lakshmana also His temper came down and He said, "Can You not give me some?" She said, "Why? You were so angry, why should I give you?" So ultimately, She gives him that fruit. So what did He see in those fruit was the love, the love of this old lady living in the forest, her love which was important. So when you want to give something also, it is your love which is important. Not how much you paid, what value you have spent-nothing-is the love with which you do it.

And that love should be evident. If such things can happen, even with Shri Krishna the same thing happened. He went to-they called them Hastinapur in those days where these Kauravas were living. And the king was Duryodhana. And he asked Him, "You come and stay with us and have food." He said, "No, no I won't be able to come." He goes to another person, Vidura, who was the son of a maid servant. Vidura. Because Vidura was a realized soul. He was a realized soul. So He went and ate in his house where he had cooked very simple food. Because he was a realized soul, to Him he was the best to have food with.

So your value system should be based on such things like love. Where you can get love, you should be attached to that person. Where you get a realized soul, you should be attached to them, and not to worldly people who think no end of themselves and think they are great. They may be. But to you as Sahaja Yogis, it's the love of people which should be respected, should be understood and to be felt. But if you have no witness state, then you'll see how much money this man has got, how many cars he has got, what clothes he's wearing. All these considerations will be there. But in a witness state, you will understand that you'll get vibrations from this person. You will understand that person is spiritual. And that's how you will stick to such a person. You will not go for artificial things, but genuine personalities that are there.

May God bless you all. Thank you.

[Before Shri Mataji left the hall, She said:]

Hello. I would say that after this Puja, I expected all of you to keep quiet. But everybody was talking. I don't know why, what had happened to you? You must enjoy the silence within yourself. I hope you'll understand that. Thank you.

1998-0905, Shri Ganesha Puja: Ekakarita

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5 September 1998

Ekakarita

Ganesha Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Shri Ganesha Puja, "Ekakarita," Cabella Ligure (Italy), 5 September 1998

Today we are going to worship Shri Ganesh.

I think I have told you a lot about Him and His nature, but still so many of us have not yet realized what are His powers, and what He wants.

The first and foremost thing is that to respect Shri Ganesha is to understand the importance of chastity. Chastity is not only for the women; it is more for the men to observe. If you have self-respect, in the real sense of the word, you will take to chastity without any difficulties. But if you have no self-respect, then you run after something which is very low, of a very degrading quality.

So it's very important that chastity must be respected, must be understood, and must be imbibed. This habit of not observing the proper protocol of the chastity develops from childhood. And we have to be very careful, when we are in a Ganesha state, we should not take to such horrible things. I don't know from where people get the ideas.

As you see today, in the whole world there's a crisis of chastity. In the West, especially, we have heard of so many cases of child abuse. In a temple of God one should not even take the name of this dirty disease which has grabbed the people. But in India we have never heard of it, we don't know. Of course, some of the men are very, very ruined people and they can't help it unless and until they are put into jail.

But for a Sahaja Yogi, it is very important to look after our chastity. As I told you yesterday, it is not necessary to find a girl for yourself or a boy for yourself. It's also against the rules of chastity. I'm not saying that you should allow only your parents to decide, but let the Sahaja Yoga decide, because you are Sahajis. You are born after the image of Ganesha, who ultimately becomes Christ.

So what should be your attitude towards chastity is very important. The most important thing [is] that if we get ruined on our chastity level, then Sahaja Yoga is very, very difficult, and it doesn't give you that blessing as you should have.

You saw yesterday people from Romania and also from Ukraine were singing so beautifully. One of the reasons is that basically they are very, very humble people. They are humbled down, so much so that they have given up nonsensical ideas about sex life and all that. So the humility will teach you that you are not having your self-respect.

In the Islam they have stressed a very big importance on chastity. Very much. And this was gone to such an extent that Mohammed Sahib said that you can have five wives or four wives, but you don't have women who are prostitutes. Once this chastity starts leaving us, we don't mind anything under the sun.

We have seen the results of that working out in many people who are very highly placed. And these highly placed people think that they are something great and they can overcome the binding of Jesus Christ and they can do what they like, go on misbehaving with women who are under them. They may do it secretly, they may do it any way, but Ganesha watches that. And

He punishes them for what they are doing. It's a terrible thing to go into these kinds of ventures which are not the field of Sahaja Yogis.

Sahaja Yogis have to first of all steady their eyes, because it is concerned with the power of Jesus Christ. But in all the Christian nations, I have seen people have wandering eyes. Very surprising: when Christ is their leader, they worship Christ, go to church, sing the praise of Christ, and they have wandering eyes all over. These wandering eyes cannot be representative of the chastity of Christ.

Now the second point is that the power of Ganesha can only be manifested if you are wise, because He is the giver of wisdom. Now people don't understand what wisdom is – this is the big problem. Intelligence, so-called, is not wisdom. It can make you a very cunning, very aggressive, and sometimes very subtle person who can go on deceiving people, telling lies, doing all kinds of things, and believing in themselves that they are very, very successful.

Success is never the criteria of a Sahaja Yogi. Success in Sahaja Yoga means very subtle surrendering of oneself to Sahaja Yoga. That is seldom to be found unless and until you meditate every day. It's very important that you must meditate. Those who do not meditate will be lost to Sahaja Yoga, because wisdom can only grow through your inner inspiration. You can have this inner inspiration only if the power of Shri Ganesha manifests. He is the giver of your wisdom. In the wisdom, what you do is to find solutions, solutions which are peaceful, which are satisfying, which are soothing.

He is the one who takes you to task also. Like yesterday I was told there was a whirlwind, and many people had to suffer a little bit because of the wind that came and blew off your tents. There's no need to have tents in this climate; what is the need? I don't understand. But they cannot live without a tent, you see. I can sleep outside very nicely, on the street also.

So there's no need to sort of fuss about all these things and bring the whole household here. There's no need. We should not be afraid of discomfort. If you want to have a very comfortable life and you can't suffer any discomfort, you are no good for Sahaja Yoga.

In olden days, people used to go to Himalayas, stand on one leg, pray to God, and they didn't give realization, they couldn't get realization – while you all have got realization. So one should not try to make oneself a very sort of a lordly person. There is no need to care for comfort. I can live in comfort and I can live in any way, at this age also.

So what you have to do is to – not to practise, I say, asceticism but to become an ascetic. Practising means trouble. But if you just become an ascetic from within, then you don't bother about these little, little things here and there. But our style is still molded by the outside world. We haven't got our own world, then we are going as the fashion is. And once you start going with the fashion, the wisdom disappears.

I never tell anybody that you don't have this fashion or that fashion or anything. It's your wisdom which will teach you. Wisdom will teach you how to regulate yourself, because you have come here to ascend, to achieve a great, special place in the realm of spirituality.

I must stress again on the power of wisdom. Before doing anything, you should just appeal to your wisdom and find out if it is wise to be like that. With this practice, you will reduce your temper, absolutely. You'll reduce your lust, you'll reduce your guilt very much, because once you start understanding that there's no wisdom in feeling guilty, your guilt will disappear.

Also the worst thing is that we have a great desire to have this, have that, and to indulge into all kinds of greed. This greed becomes zero as soon as you understand wisely that there's no need. Otherwise, all the time you'll be thinking about yourself, about your health, about your children, about your house – whatever is supposed to be yours.

But the death proves that nothing belongs to you. You have come alone, and you have to go alone. This is the wisdom which is to be imbibed. You cannot practise it, you cannot force it, but it's to be imbibed through your spirituality.

Then the greatest thing that happens is the joy, joy of the dancing of Shri Ganesh. Like a child you see Him dancing, how joyous He feels, and you also feel. In the same way, a little child [is] being born within you, and you start behaving like a small child. Normally it has no sense of lust, greed, nothing. It knows how to share.

So this is the position, we say, that you become a gana—the army of Shri Ganesh, they are ganas, and they are very powerful. And they do all the work of the world, they live in this world, but all their source of energy is from the Divine.

So Shri Ganesha is an Omkara. He is the first Deity created by the Goddess, because He is auspiciousness. So, first auspiciousness is created for our good. We are auspicious because of Shri Ganesha.

Some people, if they are in the house they create problems. They are always creating problems out of nothing. They are not auspicious people. Those who are peacemakers, those who are loving are the ones who are blessed by Shri Ganesh. What is the wisdom in fighting? You should find out: what is the wisdom in fighting? Why are you fighting, for what things? For small, small things, things that you can yourself correct? Why should you fight? If you have a fighting nature, that means Ganesha is against you, [that] your Ganesha is sleeping; that power is not with you. There is no wisdom in it.

In this world, all those great people who have been respected since centuries have been very, very wise people. Not hot-tempered, not people who were quarrelling, not people who were having lust as the aim of their life; such people will be never remembered by the progeny.

But that's not so important, as you as Sahaja Yogis are very important. You are here on this earth to emancipate the whole of humanity. So, what should be the aim of your life is to go deep into your spirituality. This aim of getting into spirituality, I think you all know, you see, but you do not work out. I have told you last time that your attention has to be inside, not outside, and you should not react.

All these procedures help you to be wise, to be sensible. But the sensible person who is just sensible as far as his own comforts are concerned, money is concerned, or his own health is concerned – everything encompassing him – is not a wise person. He is not wise.

If you see a little child, who is properly brought up of course, he will always bother about other people. He'll find out what others need, what can make them happy. He'll list all the simple methods. He will try to please others, but not to gain any favour or to show off that he is very generous, but in the real sense of the word, that gives him joy. That is the collectivity.

Today I am going to tell you something more about this collective nature that comes to you through Shri Ganesha's efforts, or we can say His powers. Somebody told Me that Einstein has already made a story like that, is a discovery that if you all become cool, that is under the Shri Ganesha's blessings, then we all become one. That's his theory, but we also had Phil Ward here who established that when you cool down the helium gas, all the molecules, or you can call them atoms, they start moving in a collective way. Otherwise they are hitting each other, they are beating each other, and they are running helter and skelter.

In the same way, when we have Shri Ganesha's blessings within us in the real sense of the word, with our wisdom, then what happens [is that] we become very much evolved Sahaja Yogis. "Evolved Sahaja Yogis" means they have become one. "One" means what? "One" means they all live for each other, they enjoy each other, they see [to] the comfort of each other.

For example, the people who are very rich, people who are very poor, people who are sick, people who are healthy, all of them combine together as one. In Sanskrit it is called ekakarita: they become one. And this oneness shows in your celebrations. When you all come here you try to help each other all the time, I've seen – nobody minds helping each other. I have seen people enjoying each other. They do not want to hurt anyone; on the contrary, they want to be helpful and sensible with each other.

Most of your leaders I have chosen who are very wise, who avoid problems, who do not get into panics. Most of them, I should say. And when, you see, even you people try to destroy Sahaja Yoga, they know you are doing it.

So to find out this ekakarita, you have to go deep down into yourself, by which you will feel that you are all one. Whether you are here or you are in Japan or in America – anywhere – you all think the same way, you all help the same cause, and you try to be the same style. I have seen people when they come for the pujas, so many of them, how they enjoy each other's company, how they try to help each other.

Somebody who is, say, in Russia or say, in Bulgaria, anywhere, he will write to Me about the problem he has, something. So somebody from America – without [Me] telling him, without [Me] informing him, without any information – immediately writes to Me: "Mother, such and such a person is there in Russia. Will You be able to send that person to America?" Most of the time it happens like this.

But I don't tell them. I never ask them. Even if I ask, suddenly there will be a response from so many people, from so many countries: "Mother, this is the problem? All right, we'll go and do it."

For that, I must say Austrians are very sensitive people in this respect, in this ekakarita. They went all the way to Jerusalem, you know, to help the people, to get them realized. I wanted to go to Jerusalem, but this bombing business may not allow Me to go. But the Jerusalem people, I found them to be much more collective, because they came to Egypt. I said, "Why have you come here?" "To make friends with the Muslims of Egypt."

Just imagine! I was surprised. How could they come here? "No, just to make friends. They are Muslims, so we want to make friends with them." So making friendship without any ulterior motive, without any gain, is one of the signs of your ekakarita. Not only that you are satisfied with other Sahaja Yogis, but you want to bring other Sahaja Yogis in. So many have done that. This is something so nourishing.

Now, as you are being enlightened, you get another person who is enlightened. It's very great joy-giving: If you give realization to one person, you feel very happy. I mean, so many write to Me: "Mother, now we have got thirty persons, twenty persons," and they are very happy about it, that we have got so many Sahaja Yogis.

But doing that, one should not develop the ego – then again you go against Ganesha, because Christ, you know, He doesn't like it. Egoistical people He doesn't like, and He is Shri Ganesh. So He doesn't like such people who out of their ego want to create an organization of their own, and try to dominate others. This kind of people They don't like. Both of Them are the same, there is complete ekakarita between Them. In the same way, we too develop that special quality of ekakarita.

We forget about so-called religions that we have. See now, how they are fighting. All the religions which are outside are fighting among themselves. They are dishonest, they are doing all kinds of wrong things – you know it very well. Every day it's in the newspaper that you hear about what wrong they are doing. They are a little bit successful, but not for a long time, because they'll be exposed. This is the time of exposure, that they will lose that great faith on which they have been working out.

All these will have to just disappear, these false ideas about superiority of any religion. How can a religion be superior to another one which is created by the effort of Shri Ganesha's auspiciousness? It's not auspicious at all that you fight another religion or you fight another creed, or you say that this is a lesser race, or we are a higher race. All these false ideas, they drop out. This doesn't remain anymore, because all these ideas have created problems.

Say, in America, they first hated the Blacks, so now the Blacks are hating the whites. It's a big turmoil going on, you see. Then we have, also in India we had people who were supposed to be untouchables. They were tortured, they were troubled, and they did a lot of wrong things which they should have never done, which is not written in the shastras. Because of that, now they are acting against the so-called "touchables" and putting them right in their own places. So this brings in conflict.

Shri Ganesha is the one, when He gives you wisdom, you understand that nobody is superior to another person. You are all made by God, and whatever is made by God is auspicious and beautiful. Once you start understanding that, this ekakarita spreads outside also. It spreads to other people. It's not just because of a certain social understanding and a social upliftment [that] you try to be good to others – no. It is from inside; inside you do it.

This ekakarita first must work in the family. It's very important. The family which is disturbed all the time cannot create children who are in the state of ekakarita. That's why I always tell them that, don't fight. If in the family they are fighting, they cannot be Sahaja Yogis. If there is such a fight it's better to get out of such a family.

So we have sanctioned also a divorce. Any man who is flirting with other women or doing wrong things, we have asked him to get out of Sahaja Yoga. The reason is, one bad apple can spoil many apples. So such a man or such a woman should be kept out of Sahaja Yoga completely so that there is a better family relationship, which is very important in Sahaja Yoga.

Your family relationships should be absolutely perfect. But I can't understand: if you can't enjoy the company of your wife, then what are you going to enjoy in this world? If you cannot enjoy the bliss of your family life, you cannot enjoy anything else.

This very close relationship of husband and wife is thrown apart because of Ganesha problem only. If the Ganesha was all right, there would have been a perfect union, perfect understanding between husband and wife. But if that fails, that means there's definitely something wrong with the Shri Ganesha. Try to correct your own Shri Ganesh than to see to others.

You have to meditate, and meditate on Shri Ganesh, to sit on the ground and meditate. Now when we run away from the Mother Earth and we don't touch Her, we don't respect Her, in a way we don't respect Shri Ganesha. He was made out of the Mother Earth, and He controls the Mother Earth. He controls all the five elements. Not only that, but He controls you.

I liked the film yesterday where they showed a Ganesha walking about with another person, who was telling, "Don't do this, and don't do this." It's a very, very beautiful film because it suggests that Ganesha is always there to tell you not to do it. But if you do it, then you develop all kinds of horrible diseases, all kinds of horrible faces, all kinds of family problems. Also you can develop national problems.

So this is so important to understand, that such a feeling of, I should say, very inauspicious character is to be avoided. I can't understand: how can people feel so bad about small, small children, some two-year-old child, some five-year-old child? If you see a child, even a photograph of a child, you feel like loving that, you feel like kissing that child.

If the children cannot be respected, how can you understand the value of Shri Ganesha? See how sweet they are, how sweetly they behave. And they understand! They understand you, they understand Me. I know, even the small children, those who are very small, newly-born children understand Me. So there's innately within them, is built in, a kind of a feeling of understanding the love.

To understand the love also is very difficult for egoistical people, because they love themselves, they don't love anybody else. Or if they love somebody it is out of lust, maybe greed, maybe some sort of an association. But love for love's sake is only possible if your Shri Ganesha is properly cleaned out and kept.

We have come so far, and we have so many Sahaja Yogis all over the world. Of course I have worked very hard, I must say, but you also have supported Me very much. I am thankful to you. It's not possible in this Western world especially, where there's no consideration of Ganesha's Principle, that you people should come out so well and accept Sahaja Yoga as a life for yourself.

In Sahaja Yog the most important thing is to worship Shri Ganesha within you, and the quality of Shri Ganesha within you. It's very soothing, it's very peace-giving, it's a very secure . . . security-creating power. If your Ganesha is all right, nobody can touch

you, nobody can destroy you, nobody can upset you, because He is the one who is the giver of peace.

The world peace is disturbed because we have not worshipped Shri Ganesha. I've seen people in very big positions, in charge of military, in charge of that, in charge – not in charge of themselves. Their Ganesha is absolutely ruined and finished. All such people are such leaders of nations, and people try to follow them in their own way.

Though they may do something secretly, it doesn't matter; people know about it. Because in auspiciousness if you are losing, then the whole world comes to know, somehow. It will all be exposed, because Satya Yuga has come. In this new Yuga, there's light of the truth within us, and this truth can expose all that is nonsensical [that] we have been doing.

Now truth is the quality of Shri Ganesh Himself. He is the one who is giving us truth. In our brain, it comes to us through Jesus Christ. Jesus Christ has worked so much, He's done so much. But look at the condition of the people who are supposed to be following Him. Look at the way they are behaving.

Let us at least show that if you follow Ganesha and Jesus Christ, you are in the image of that personality which is something so very spiritual. Spiritual life is the giver of joy. You cannot get joy out of anything else but spirituality. You can get some satisfaction, you can get some ego, you might feel that you are something great, but the only way you can get the inner peace and joy is Shri Ganesha's manifestation in all the chakras.

He manifests in all the chakras, which when you are in a proper state on those chakras, you get the joy. And that joy comes to you through Shri Ganesh.

These days people are writing horrible books, horrible things. Also there are some who are trying to write very sweet things about Shri Ganesha's principle of understanding, principle of His auspiciousness. Very sweetly. I've seen some people have written some very, very sweet stories about Him. It's not only the love stories; up to a point, all right, they created so many love stories, love stories, love stories. Now something beyond that, one has to know. And beyond that is this Ganesha Principle, which is of complete peace, of complete joy, and of understanding of love, the value of pure love—of giving, and also of taking it. Anyone who gives you the pure love should be understood in the right way.

Yesterday I knew that Shri Ganesha has gone off a little bit. I don't know why He was like that, but one has to understand that there must be some people within us who do not follow the Principle of Shri Ganesh, and that's why these troubles are there.

So with a sincere heart and a sincere mind, if you ask the blessings of Shri Ganesh, He is always ready to give you. But if you don't listen to Him and if you destroy your chastity in any way, He will punish you. He'll not spare you. He doesn't have the idea of sparing.

At the level of Christ only, He thought of forgiving, of forgiving you. But forgiving doesn't mean that any, any sin can be forgiven – no. It's like a kind of a controlling power. Christ has said that you'll be forgiven, but Shri Ganesha at a point, when He sees people are forgiven, He tries to punish you. That's the limiting point where He thinks it's not proper to forgive such and such person. So for Christ, to forgive is all right, but for Ganesha, He has to expose and punish the person.

So in a way, you have to know that Christ is very great, because He gives us the forgiving power job, and Shri Ganesha is very powerful because He limits our forgiving power. You may forgive anyone, you may say that, "I would like to forgive," but we don't know if Shri Ganesh will allow to that extent. And Christ accepts that. Because They are the same, They are like the two sides of one coin.

So we cannot depend too much on the forgiveness power of Christ, because there is Ganesha always sitting there and He has in His hand, you have seen, a very powerful weapon. He is the one who is just peace, who is coolness, who gives you coolness after realization. You get the cool breeze because of Shri Ganesh. Because it is Brahmachaitanya, no doubt, but the one who emits it is Shri Ganesha.

He cools you down. He brings you down to a very cool, satisfied, and a person with complete calmness. With that calmness, you become all one. This ekakarita is established, oneness is established. Whatever country you may be believing in, whatever country you may be proud of, you will see the bad things in that country and you will try to improve that. You will not be identified with the bad.

This is the greatest thing of the Satya Yuga, that it exposes, and you do not support something that is wrong, which is being done as an aggression – you don't accept. And once you don't accept that, then you start becoming one with the people who are one with you. And they all believe in the same thing, their ideas are the same, their thinking is the same, their joy is the same, and they enjoy each other very much.

They become one, and this oneness has to be established fully in Sahaja Yoga. Some people who are only interested in making money, who are interested in getting a good crowd or some sort of a thing of a very low level, cannot. Those who are in Sahaja Yoga to find wives for themselves or husbands for themselves, are not.

This spirituality grows with humility. And the humility of Ganesha is told by His venture once, when His Mother asked Him that, "The one who will go round the Earth three times, I'll give Him a present." So Ganesha thought, "Who is greater than My Mother? Not this Earth." He had a small little rat on which He used to travel. This shows that He was so humble: on a rat He could travel, no pressure on the rat. While His brother Kartikeya had a peacock which could fly, so He knew He cannot go round the world and win over His brother. So He just went round His Mother three times, and He got the present.

This shows one thing, that speed is not the way of success. You have to slow down your speed. Apart from that, you have to understand what is the most important thing, as He understood: the most important thing is to love your Mother, to respect your Mother, and know that She is the highest, She is the greatest. And that is how He has been expressed within ourselves. Once that happens, your spirituality grows.

I hope you will work it out this way now, Shri Ganesha, and start an ekakarita.

I don't like people writing letters against their leaders, against this man, against that man. That's not good. There's no need. If you just can be forgiving, and keeping one with each other. Try to get more people, and more people. You cannot separate anyone as saying that they are condemned, they are no good. Try to get them. With your forgiveness, with your sense of chastity, things will improve.

So this exclusiveness also should be given up, which perhaps comes from a kind of a sense of insecurity, I think. It is Shri Ganesha! If they are the wrong type of people, He drives them out. So don't get frightened of them, and don't get upset with them. Try to be one, one, and try to be more attracting people to yourself, keeping them to you, trying to manage them, and look after them.

I hope you will all meditate now after this to develop your Ganesha qualities, and develop that power of chastity, and also of peace and security.

May God bless you.

1998-0906, Marriages and Talk After Marriages: Mahalakshmi Principle

View [online](#).

6 September 1998

Mahalakshmi Principle

Wedding

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) - Reviewed

[Shri Mataji speaks at the end of the marriage ceremony]

Shri Mataji: You hear?

Yogi: Yes.

Shri Mataji: It was such a joyous and a beautiful occasion that we all enjoyed it thoroughly and all the brides and bridegrooms look so very happy. It gives Me great pleasure and I bless you from My heart.

Only I would say that after marriage try to make a loving successful marriage. It is very important.

For example, we saw from one country there were six to seven girls who misbehaved and took a divorce. Because of this kind of a thing we have banned that country practically because we think there's something wrong with these ladies that they have broken one after another so many marriages.

So must be their empty ego or may be something like that. It has been our experience. Also there are some other countries also. From there are - we find some very bad instances of very good marriages we have had. So what I said that if you don't want to marry don't marry.

But in Sahaja Yoga it is not for yourself or for your wife you are marrying but you are marrying for Sahaja Yoga. So when you fight, quarrel or do all nonsense you are only harming the name of Sahaja Yoga.

So you have to enjoy each other's love, each other's feelings, and the joy of a married life. I have seen some people are so stupid that they don't know what is the joy of a married life. If you do not want to enjoy it's alright. It's like the cake if you don't eat, you don't eat.

But to be sensible and to be acting according to the Divine laws, you should stick on properly with great excitement and great enthusiasm.

There are so many marriages in Sahaja Yoga who have been extremely successful. They have got children who are born realized, very beautiful children and they have all the families coming to Sahaja Yoga by seeing how the marriages have taken place.

I have to give some notes to you that the husband should not think that because he has married he has a right to dominate the wife, always to sit on her head. Of course in the West they don't do it. But in India they do it very much. They are very, very aggressive men.

On the contrary in the West I find that women are much more, much more aggressive than the men are, which is something I can't understand. And because of this sometimes the marriages fail. There is no need to aggress anyone. Need not trouble anyone. If it's absolutely incorrigible, if it is not at all possible to carry on, we have in Sahaja Yoga sanctioned divorces. But it's a shameful thing. I don't like it to have divorces and then not to enjoy the life.

So you should get into a beautiful romantic mood now, and enjoy your wife and enjoy your husbands. And don't start quarreling from the first day (Shri Mataji laughs, laughter and applause).

Now. If you indulge into divorces you bring actually bad name to your family, upbringing. Then you bring bad name to your country.

And as a result other girls who want to get married from your country, because of My experience of such girls who have destroyed their married life, I don't like to marry anyone from that country.

It has become now a practice that we see about six-seven years now, how the marriages have been working out. So if you want to discard completely all the decency and the beauty of Sahaja Yoga marriage, then it would have been better you should have decided not to marry. Because there's no obligation on us as such. It's more the obligation on you that you should get a good wife or a good husband.

Despite everything - supposing you don't want to accept it or don't want to do it, do not just think of the divorce, because I have seen people in the West are always thinking at the time of marriage how to get divorce. But is a very shameful thing. It's a very wrong thing. It shows no sahaj life. If you are real sahaja yogis you should be able to carry on with your wife or with your husband in a very loving sahaj manner. Is the blessing of Ganesha on you. He'll protect your married life, He'll help you very much, He'll take you away from wrong things.

I know it's such a blissful thing to be married in Sahaja Yoga. But there are some stupid women or stupid men who do not want to enjoy their married life. That case we will agree to have them divorced. But once they are divorced we'll not allow them to marry in Sahaja Yoga.

That is for definite. We don't want to marry anyone who has divorced.

If they have divorced with proper reason it's alright, but just for the sake of divorcing if you want to have a kind of a special treatment you will not.

So I have to tell you that as far as Sahaja Yoga is concerned, divorce is out of bounds but in case you want to fight, you want to trouble, you want to destroy other's lives, then of course divorce is done.

I would request you now to enjoy the company of your wife or your husband. It is for enjoyment that we have started marrying people from this country to that country.

Yesterday I have told you that you don't organize your marriages because we are not responsible. Let us organize your marriages.

If you start like this, all kinds of funny problems will start as they have mostly in the Western society.

Because, they come here, they want to select a girl, or they select the girl in their, from their own centers. That is in center they are not meditating but trying to find out a girl or a boy. This kind of a nonsense we want to stop.

So if you want to marry in Sahaja Yoga you don't have to find out your own bride or your bridegroom because we want to see how the vibrations match and how things work out.

Despite that also marriages fail. But invariably I have seen when the marriages are fixed by themselves they fail. It's just like any other marriage.

So the best thing for you is to now make a compromise with yourself that you are not going to be stupid and you are not going to waste your married life.

I've been crying, you see, with your smoke (Shri Mataji laughs).

So I worked very hard for you.

With all this we have done, with such scrutiny, with such understanding; and you should not make us miserable for nothing at all.

So I again and again request you that you be in a very happy mood now. I'm very happy, I bless you from My heart.

And I am sure your marriages will work out. But don't be hasty.

Take it easy. Everything is to be taken easy first of all, and see, gently work it out your marriage.

May God bless you.

Thank you all. (Applause)

Yogi: Now, now on behalf of yogi married couples and sahaja yogis, we offer garland to Shri Mataji.

Shri Mataji: In a...(She laughs) We have a custom now that the bride and bridegroom receive their food in one plate, one plate. And they feed each other. So the first, the boy ...

(Speech in Marathi away from mike)

Ah. First the girl, the bride has to give the morsel in the mouth of the husband. You shouldn't be very naughty to give a big one,

alright? (Laughter)

Ah. Then the boy, the bridegroom, has to give the morsel in the mouth of his bride - with love.

Now also there is custom in India, I don't know if you can do that. It's very simple though that you have to take the name of your wife or your husband in a couplet. It's like this. And if you can do some people, you just compose it now, and you can raise your hands. Say I give you about ten minutes to compose a couplet in any language that you want to, in which the name of the bride and bridegroom is there.

So the bride does that and the man does that. Then all your life, married life, you don't call your husband by name.

I mean, it's something great (She laughs) that you are not to call your husband by name. But you have to say what - I don't know in English - darling? (She laughs, laughter and applause)

That is, that is I don't know what that is in English, but.... but that's how, but... according to us in Indian way we call him the master. And also in Maharashtra they call it the Turban-in-the-hook. You see, because the husband has a turban and he puts it on the hook. So they call it... If you ask him (her), "Where is your husband?" - so she, the lady will answer, "The turban-in-the-hook has gone out" (laughter, She laughs). So there are interesting, very, very interesting customs. And that actually brings husband and wife very much together.

There are so many games they play after the marriage is done.

But practically now I think you have got lots of things done already; but if you want to take the names I'll give you ten minutes I said.

Alright?

Thank you.

[The garland is offered to Shri Mataji]

1998-0927, 7th Day of Navaratri, You all should depend on Paramchaitanya

View [online](#).

27 September 1998

Navaratri Puja

Campus, Cabella Ligure (Italy)

Talk Language: English | Transcript (English) - Reviewed

You can't imagine how a Mother who has so many beautiful children, sees them in such a joyous mood with their families, their children nicely settled down. It is very satisfying to see you all so much in joy and complete oneness with the Divine.

One has to realise only one thing, that, though you are many, still, compared to the population of this world, we are very few who really know the True Knowledge, the Real Knowledge.

You are the people who are knowledgeable, no doubt. But also knowledge which is not being adorned with Truth, or which is not the True Knowledge, has no meaning. All that vanishes into thin air because it is artificial.

By your Kundalini awakening, you all have achieved that state where, we can say, you know. You know what is the Real Knowledge. But think of the people who do not know what knowledge is. We, take for example, we say that our knowledge is nothing but love. But one should understand the discrimination. The knowledge that is love, within you, is just emitting out from your being. You don't have to assert. You don't have to think. You don't have to read some sort of poetry or go into some romantic mood. It is just Pure Love which emits and this is the Knowledge also.

How you have to relate it is this way. The knowledge that you have about yourself is evident, is absolutely expressed, on your fingertips; and about others also. You know about others and about yourself. This is the greatest, subtle knowledge you have. No one knows like that. Apart from you people, no one knows about themselves or about others.

So this knowledge that has come to you, which is extremely subtle, extremely secretive, absolutely secretive. If you know about somebody, you know. Others do not know that you know about them. And so this knowledge that you have got is nothing but love. It is very difficult to make knowledge and love put together, because our idea of knowledge is very different. What we read from the books. How can you love from the books?

What love means, our attachments. To us, in ignorance, you get attached to people, to children, to family, to things. By getting attachment it is proved that we do not have the knowledge. If you have the knowledge then all attachments should just drop out and you should become a global personality, a drop in the ocean. For example, we are attached to many things, like, we are attached to our family. Something happens in the family we get very disturbed, we can't bear it. If anything happens to our children, we feel horrible, it's just the whole world is falling on you. Then from family, you move on, you are attached to your friends, to your neighbours, you are also attached to your country. Attachment to your country is also not knowledge.

Once you are a realised soul you just start seeing your country clearly: what wrong it has got, what ignorance it has got, in what darkness it exists and in what way it is quarrelling, fighting for rights and things. But with the knowledge that you have within yourself, you see it so clearly, what is the problem of your country. Then you try to improve that, through your love: means the power of your knowledge is love.

If you have all the knowledge within you and if you are just sitting at home and meditating it has no meaning. What you have to do is to go about: tell people, you have to meet other people, your friends, your family and other relations, about your knowledge. If you cannot do that then your knowledge is not with love. It is such a connection between the two. You feel like telling everybody that you've got your realisation. You feel like telling everyone that you are a realised soul. But in that you feel that you are expressing your ego. Alright, by some other ways, by some other methods you can express to them that you have the True

Knowledge. When you have the false knowledge, you can get ego. You can think that, "I know so much, I know about this, I know the colour of the carpets, all the shades – everything". Any stupid thing, if you know, you think you are very great. That's the sign of stupidity, in your head also, if you think that this is very great to know.

Now we have discovered that, through all kinds of acquiring knowledge in the whole world – what we have achieved? Nothing. There are wars going on. There's all kinds of destructions coming in. I saw on the television this [hurricane] George. It's a whirlwind which is going around and is killing so many people. It's destroying so many people. Without understanding what he's doing. But he's there and he's acting very well. So, is it that he doesn't understand? Or is it that he understands and that he is doing something just to correct people? This also, we should, have full idea.

Like yesterday, when I came here it was raining heavily and then I sat down and suddenly it stopped. Stopped till the whole programme was over. Till I spoke, it was not working. But suddenly, when you started clapping, also it started clapping (The hard rain falling on hangar at Cabella really sounded like clapping!!) That's what it was. So even the nature knows who you are. But you must know the nature, this is the point, nature will act according to what your level, of spirituality is. Surprisingly, I always felt, that there cannot be levels of spirituality. I felt that once you get realisation, you are there. But later on, I discovered that I was wrong – it is not so.

Even after getting realisation, I found people had so many obstructions in rising. There were so many temptations which were keeping them down. So one had to work out on different chakras, different nadis, somehow or another, to make you perfect. Because the perfection within only will give you the authority to use this Knowledge. There are, as I told you, two ways of doing it.

The other day I told you that you should not react. It is human nature to react, it is absolutely human. But if you have to become superhuman, you should not react. By not reacting, you will grow, definitely you will grow. But if you react, then you cannot grow. Because you are working under the pressure of other things that is not yourself. Now supposing, as I said, I see these carpets, I know the colour and this and that, and I react to it: finished! I will not have any sense of judgment if I react to it. But if I don't react, then I'll know whether these carpets have got vibrations or not: are they emitting vibrations or not?

Now what are these vibrations? That is the love.

So the communication is like this. If you have the light you can see things. So when you see things, the light is there and light gives you the perception, gives you the vision to see things. In the same way, when you are enlightened, what happens that these vibrations start flowing – just like the light, and in that light you can see things which are good and which are bad. But sometimes you put the same parameters as human beings do. Like you go to some house, a very nice house, a very good house – all these things make you very happy. But actually what about that house? Is it having good vibrations or it's having bad vibrations, is it worth living there or not?

Like the other day they told me that they can get a very nice place in Milano, a little beyond Milano, on rent, very cheap. I said "Why is it so cheap?" Immediately I felt the vibrations of the place. I said "Did you go and see the vibrations of that place?" They went and saw – it was all burning (on vibrations). They found out that there was Scientology there for years together. I said, "That's not the place where you can live". You have to have a very pure place. Even the hut of a poor man would be better than this comfortable, so-called, place.

So one has to use the vibrations all the time to understand everything that you are doing. In that also it can be misleading. Some people feel the vibrations and they tell me "Mother, I've felt the vibrations and I've felt that I should marry this man". I said "Did you feel the vibrations – yes?". "Yes I did, very much, and I must marry this man". When I see the man, I see the bhoots in him – I said "My God! What sort of vibrations this lady has felt about him?"

So in your judgement, what is there? There is no Pure Knowledge. So see how connected they are: vibrations which is love and also the other thing which you have to have is the knowledge, the Pure Knowledge, the True Knowledge. We can say that Pure Knowledge and True Knowledge is like the energy, like electricity. And the way you feel it, the way you understand it, it exists, that

is love.

People don't understand also, what is the love is. They get mad after someone and say that "Mother, I think that I am in-love with that person" and after 5 days they'll come and say – "Mother no, I won't have anything to do with that person". Why? Because you have not got the Pure Knowledge. You did not feel the Pure Knowledge in that person through your vibrations. Now see how connected it is.

Like we can say the sun and the sunlight, what is the difference between the two? The sun is there, when the sun comes, there is sunlight. So what is the difference? Or we can say the moon and the moonlight: what is the difference? There is no difference in these two things. One is the moon and another is the light.

So all these things are very very confusing, that we don't understand how confused we are about it. We don't understand how our vibrations can mislead us. Because vibrations are there, alright. But sometimes, even if they are missing, just to justify yourself, you will say, "We have vibrations and we feel that it is very good, excellent!" And later on you will discover that it is not so.

So even now, when we are realised souls, you should know what is encompassing us, which is around us, what is that which makes us feel that, "It's alright, it is good we should have it". Once we start understanding that: vibrations of Pure Knowledge are of a very different nature, then you are not attached to that person, you are not attached to that family, you are not attached to that country – nothing. But what you feel is the pure vibrations coming to you. This is the point which is very confusing – when you say "My vibrations are good, I like those vibrations," while you jump into the ocean of filth! Many people have asked Me "Mother, why is it sometimes we make mistakes?" You do not make mistakes, it's your ignorance, which is darkness. And that's why whenever you plunge into it you fall into trouble. So to understand that, our knowledge has to become completely clear.

Like in our house, supposing we have a lamp that's dirty, you cannot get the light. In the same way if our heart is not clean, especially our heart, if it is not clean, then we start doing things believing that it's right, by which we hurt ourselves or others. It's a very, very common error in human nature to identify wrong things as right and just to make themselves look such a great, such a divine thing.

As I told you now, there are people who want to say, divide the country. Simple reason, they want to divide. Now they want to divide because they want to have importance. The few people who want their importance will instigate others, tell them "Alright, we must have freedom. If we have freedom we will have this country for ourselves, then we can develop ourselves". Or a part of the country which is richer, which is better off, they will think that "It is alright, we will have all the money to ourselves, we will have everything to ourselves." So they divide.

They can divide in the name of religion, in the name of prosperity, whatever it is. But if you divide the country, actually you are facing a big problem because you have seen that, wherever people divide, they fall into a kind of a dark, dark, dungeon from where they cannot come out. It's just a few people whose ego is that, they want to have some land as their own. But they die, not only die, some of them are murdered. And like that, all that idea, that "we'll have the possession of the land" goes away.

So in the same way we can see on smaller things also. In smaller things also we are very much identified that "If I have this thing, then everything will be fine." You cannot understand how people just jump at things and say "O Mother this is ours, this is ours, we must do this for ourselves!" Openly! They don't think it's wrong to say that, "This is my country, I must do for my country," and another says "This is my country and I must do for my country." As long as there is this 'my' and 'I', that means there is no knowledge.

The knowledge, as I told you, Pure Knowledge, is that which gives you a pure light. A pure light means pure vibrations. Now vibrations can be misleading, as I told you, or could be the quantity of vibrations can be less or more. There's another way to see it, is to see for yourself, "Why do you want to do a particular thing?" Mental also – you can use parameter of mental understanding. "Why do I want to do it?" "What is the gain for all the people?" If you start thinking from that angle, that: "What is the gain for others? What will they gain by this? Why should I do it?" You'll be amazed, you will get the real picture of what you are

doing.

So you must keep yourself all the time in a state where you witness yourself. You see yourself, that, "Why am I doing this? What is the purpose?" Sometimes this could be some conditioning, could be some sort of a psychological thing, could be anything. But if you start watching carefully, "Why I am doing it?" You'll be amazed that your vibrations itself will start telling you on your fingertips.

But sometimes the vibrations are so superficially coming, "Ah, I got vibrations!", and this and that. For this reason I am saying again and again, though you are such a nice family of mine and we are all so much blessed and we have so much of knowledge with us, we should be very wise. There is no wisdom. If there is no wisdom, we can never understand what we are doing.

Now to develop this wisdom? What have we to do? You see, every time, if I say anything they'll come and say "Mother, how do we get wisdom? What is the way to get the wisdom?" Wisdom you have already within you, Shri Ganesha is already there, who gives you the wisdom. But you must take to Shri Ganesh.

There I find, people become so much addicted to Shri Ganesh that they lose his identity. Completely. They become very slavish about the whole thing and they just believe that they are very spiritual, they are very great. All these false ideas are no good. Does your Ganesha give you wisdom? Now you must count: how many wise things have you done so far? Where did you take a very wise decision? Have you been wise to do something or you have been just doing it because you are identified with a particular type of life or particular type of answer?

So wisdom is a thing that gives you, first of all, complete peace. If your wisdom is developed then you become very peaceful. Because whatever people may say, whatever they may do, whatever aggression they may do, whatever it is – you are peaceful. And you see the stupidity of the other person, of the other nations and you understand why they are doing it.

This wisdom is such an important thing in human beings because animals don't have so much wisdom as we have. Sometimes, of course, sometimes, we have even less than animals! But still, by experience you see, we have to learn that we have been making mistakes. So many mistakes we have committed so far. Now, are we going to commit more mistakes? Or are we going to be wise?

Wisdom is not apparent outside. You can't say somebody is wise by looking at that person. But in vibrations you will know that, that person is extremely wise. He may speak. He may not speak. If he speaks he'll speak about something so deep, so wise, and so nice without hurting you. This kind of a temperament, if you develop, is to become wise, for every question.

For example, some are very attached to their children. So much attached that they forget that they are part and parcel of this Divine Force and they just start doing all kinds of things. The other day I met one lady whose son was very sick and she took him to the hospital and doctors gave him all kinds of medicines and he became even worse. Then she telephones to me, "Mother I don't know what happened, I went to the doctor and the doctor gave him this and that treatment and the child has become worse". "Then why didn't you ask me before, why did you go to the hospital first?" Lack of wisdom. And there, why don't you ask?

We had one case here in Cabella. There was one child who fell down and broke his arm. Now the mother didn't show any wisdom and she took the child to the hospital and the doctor said "Tomorrow we are going to operate her and put some artificial arm inside". But the father was sensible, he said "Alright, tomorrow? Not today? I'll take the child at home." He brought the child to me in the night about 3 o'clock and I said, "Alright." I put it right. Next day when he took it to the hospital, the doctor said "But now there is no need to operate because his arm's alright!" See the difference. One is worried, immediately they'll go to the doctor, instead of consulting Me, asking Me. They are sahaja yogis, but they will go and ask the doctor to do something. Once the doctor starts doing something then they'll come to Me.

There's lots of miracles which have taken place about Sahaja Yoga, I must say, and in that, you should see, the wisdom helps you. Of course my attention is there always, no doubt, but still you should not take it for granted. You have to ask.

One day, you see, I was just sitting and I just thought that I should telephone somebody in the ashram of New York. I never telephoned there. So I found out the phone number and we telephoned and I said "Is the child alright?". So the leader there was surprised, because that boy had fallen in the water and was in the water for quite some time and he was all filled with water, even his brain was filled with water. As usual, there were some doctors who said that he cannot survive and even if he survives his brain has so much water that he cannot be normal. So I just said that "Don't worry!" I didn't know, nobody told me. "Don't worry! The boy will be alright, completely". So they were surprised how I said so! Firstly, how I knew that the boy had fallen, there was some boy like that. And then they didn't know how I said he'll be alright. And he was alright, he's perfectly alright. So they were surprised at my knowing about it, how is it that Mother knows that there's a boy who is so sick? Here I will say that it is pure knowledge.

You see my attention is always around you people. Always dealing with you. And how I know is this, that this attention of mine is global. So anything happens to you, any upsetting takes place, any, I should say deviation takes place – my attention is there. And Immediately I know there is something wrong somewhere and I don't know how my attention goes to particular places which makes life better – it helps people in need. I don't do anything about this attention but this attention is the wisdom. The wisdom that spreads all over. With that wisdom you know what's wrong with another person or any other organisation that is in Sahaja Yoga. Everything you come to know. If you want to know, it's different, it's just you know. Like you spread out everywhere. For example, if you have to telephone then you have to use the telephone – but for me I don't have to use the telephone, I just know.

So this has come from a pure innocent wisdom. The innocent wisdom is just like a child, it is everywhere, and it communicates and it tells what's the matter, what the problem is. Many people have been cured with Sahaja Yoga, many have been cured. Now if they can say, that "Mother how did we get cured? What have we done? Did you see our chakras, did you find out what was wrong with us?" No, I haven't, I haven't, but I leave it, in my wisdom, I leave it to Paramchaitanya to do the job.

This is the main point is: that, can you leave everything to Paramchaitanya in your wisdom? If you cannot then yet you have not felt the Real Knowledge within you. That is the level that some people are. I am not now so sure about those who get realisation are all so much filled with Pure Knowledge. Some of them are, but not all of them. With experience they learn. With meeting people they learn. But as the wisdom, pure wisdom...is difficult for them because they do not rely entirely on the Paramchaitanya. Everything happens, just the Paramchaitanya knows, It understands, It organises, It loves, It does everything. That's the energy It is. It does everything. And how It manages! How we call coincidences, are really organised by Paramchaitanya.

As I told you yesterday the way the rain was, the rain came and went away. It has wisdom. Innately it knows I am sitting here. he programme is going to start it stops. The flowers know Me. You don't know, when we have flowers, they are of this size, I don't do anything to them, they start growing and growing and blast like that. Now, one would say, now "Mother how do they know?" Because they are natural. We are unnatural. We have taken so many artificialities as part and parcel of life. You see all kinds of courtesies, this, that. All that's not necessary. All these stupid practices that we have adopted sometimes keep us away from Pure Knowledge. And when there's no Pure Knowledge, we don't know anything what's happening, we just get frightened for small things, upset for something. I mean it's something very surprising to see sahaja yogis getting upset.

Among a hundred people, if supposing there's a problem, so, if you are a sahaja yogi, you have to just witness and see. If you cannot do that then you are not a sahaja yogi. But it's not like practicing, you know. Like they say, if you have to have the blessings of Shiva, you must say 108 times His name. That's not the way! He doesn't like it. You see, nobody likes that kind of a murmuring. You see somebody comes and takes your name all the time near your door you will throw him out! So that's not the way, this is a wrong idea that you go on taking the name of somebody and that Deity will help you.

First of all you have to become wise enough to understand that you are a part and parcel of Paramchaitanya. Everything will work out by that, and it works out so beautifully. Of course, some people have a hard time, I don't say they don't have. But it is not hard, because if you are one with Paramchaitanya, and you know that It is doing the job, you are not feeling that hardness, or

sickness or anything.

All the people who write to Me about their problems, I don't know what to say. All I can say is "Do you believe in Paramchaitanya?" Alright, It knows. It knows what is to be done. It knows what is to be corrected, It knows what is to be said. You see It can create poetry, It can create music, It can create everything. But do you leave everything to the Paramchaitanya? This is the second point in wisdom. Do you have wisdom to leave everything to Paramchaitanya, after experiencing also?

Like there was one lady who was going in the car and she found, her car and the brakes weren't braking and she didn't know what to do now. If the brakes were not working more how will she manage? It was in Germany, all the cars were moving very fast and she did not know what to do. So she put her head on the steering wheel and she said "I leave it to Paramchaitanya". She said she leaves it to Me. Alright, it's the same. So by saying that, what happened, she said, "Mother, I don't know, when I raised my head I found my car was taken on one side of the road and nobody was there." All the cars were passing by but somehow or other this car was taken there very nicely by some force.

So the wisdom lies in understanding the working of Paramchaitanya. How it guides you, how it helps you, how it preserves you, how depending on Paramchaitanya you can continue to be living very happily.

I think in Sahaja Yoga we have lost very few sahaja yogis. They live for long, they don't die, and if you ask their experiences, it's very amazing, how it works out. If they don't want to live, also, they can pass. But if they want to live, Paramchaitanya takes over and you can live long. But living long doesn't mean that you go on bothering yourself, as to what you will do with your money, how will you live, what will be the source. All these nonsensical things, worries come to you, alright, then the Paramchaitanya says "Alright, go on worrying!" If you go on worrying, "Alright go on worrying!" It doesn't matter, what will happen? Whatever has to happen, will happen. But Paramchaitanya can interfere in case you leave it to Paramchaitanya.

They said many a times, leave it to God, leave it to God. What God means, I don't know what they mean by God. God means Paramchaitanya, God means giving divine force, that is working everything.

So another way of looking at it is, the wisdom that we should understand, that each and every particle of this world is created by Divine – by the Divine force. And these particles and everything are completely under the guidance and supervision of Paramchaitanya. Nothing can move unless until Paramchaitanya works on it. It is something so connected, globally it's so much there that people don't realise what they are doing, what they should have done. I mean on many scales you find something happening. Like, supposing something is happening now in America. Just try to find out what America has done to other countries – immediately you will get the answer. So also it takes full care of the persons who believe in Paramchaitanya, who give everything in the hands of Paramchaitanya. We give things to the police, we'll give to the doctors, we'll give it to some civil people, engineers to do some things. But they can make mistakes, they can create problems – but you leave it to Paramchaitanya. It is something so remarkable that in my own life I have seen that all the time it works for me.

I was building a house in Pune and we had to put a slab, a very, very big slab. We needed about 300 bags of cement for that. So I got the cement and I got the people but they said to start early in the morning and you can finish next morning – 24 hours. I said alright. So, at about 5 o'clock, I told "Let's go, the work is over". They said, "How do you know?" I said, "I know, let's go and see". Imagine, it was going to finish after 12 hours. It was already finished and all the workers were walking about. Everybody said "Mother, it is a miracle, how can such a big slab be laid in such a short time?" I said, you see, to make them understand, I said, "Hanumana must have done the job". But all these people, all these Deities, are part and parcel of that Paramchaitanya.

Now you are worshipping the Mother. To worship the Mother is the biggest thing because all these deities and everybody are Her children under Her command, under Her desire.

So, to worship the Mother the story of, as you know about, Ganesha – that the Mother said that the one who goes round the Mother Earth 3 times I will give him a present. So Shri Ganesha thought, in his wisdom, "Who is greater than my mother? No one else." Because he knew he cannot compete with his brother who has got a peacock for a conveyance. So he said "How can I go

round and win over this person?" So best is to take to wisdom. "My Mother is greater than everything else!" So he went round his mother 3 times and he got the prize and the other brother was just still moving on. When he came back he found that the present is already lost.

So, again and again I will say – it is the wisdom that helps you. The wisdom to leave everything to Paramchaitanya and this is something for a modern person, very difficult to understand. He can't calculate $2 + 2$. It is so bad! Because of these computers and things like that. It is absolutely hopeless as far as any mathematical calculations are needed. Now I must say I don't know how to handle any computer or calculator, but if you ask Me just like that, "Mother how much will it be?" I'll say "So much," and it will be that. It will be that. But I am so sure about it: it cannot be anything else but that and it works that way. Sometimes of course, if I want to tell some wrong thing just to mislead the person then I may say something, but normally I know it is that. But I know not like the way we know, I just know it! That's what it is: just know it. So I am not saying that you develop your knowledge to that extent that you can do it. But your wisdom. If you start using your wisdom it will always come handy. In anything that you do, think of the wisdom.

My advice to you is that, as your Mother, who loves the whole world, who loves all of you and cares for those who haven't even got realisation – you should also try to create more people for Sahaja Yoga.

But in that, if you start behaving in a manner all the time, saying, "You are catching this, you are a bhoot, you are this, you are that." I have never said that to anyone, so you shouldn't say like that. There is no love, there is no understanding. The understanding is that: you were just the same as the person was and now you are knowledgeable. so you must use your knowledge to correct that person, not to put him down. And that correction is also not verbal. It is just through your vibrations you can correct the other person.

Most of the Sahaja Yoga work sometimes, I've seen that it stops, because we are very methodical, we become like great teachers, we start telling them stories and then they get fed up with you.

So when you are handling other people, as I said, we have to spread the knowledge. It is very important. We cannot keep it to ourselves. But it is not for any ambition for any leadership, for any kind of recognition but just the use of our wisdom, the use of our knowledge, that we want to help others out of love. Not for any recognition, not for any position, nothing. Just we want to do it because we love them.

And I am sure this will work out very effectively and the person who will be helped or the persons will be helped will be just bound to you because they find the true knowledge. But supposing somebody comes to you and says "I know the true knowledge". You should say "You might be knowing, but I have to know what you know". Then you ask that person and he will give you a big lecture. You say, "No, that's not the thing", just smile and say, "That's not the thing." The thing is, true knowledge is a part and parcel of your being. It's just within you. It is not some sort of a concrete stuff that you have read or you have understood but it just has become a light within you, and that light is there.

There's no necessity for you to be very well-educated or to be very intelligent or to be very highly placed – not necessary. It is how your heart is clean. In the heart it resides. Imagine all other knowledge resides in the brain, while the Pure Knowledge resides in the heart. It is very surprising. But we do not know also that actually our heart rules the head. There are seven auras around the heart which control the brain in such a manner that we act in the hands of the Paramchaitanya.

Unless and until your heart is clean, unless and until, in your heart, you have a beautiful image of a person who is very, very pure – you cannot, you cannot do anything mentally.

From your heart, if you have to do, your heart has to be very clean and extremely wise. This is the point one has to jump into that your heart, is it wise? For example, to get attached to someone too much, identified with someone shows that your heart is not clean, it has so many bondages. Open your heart, fully. And that's why they say that the Goddess resides in the heart, in the centre heart. She resides in the centre heart because She is so balanced. She resides in the centre heart as Shakti. And She gives

you all that you want. Within you, She's settled down, as many things. You know the slokas which says, that "She's settled within us like knowledge, She is settled within us as memory, She's settled within us as sleep also She's settled within us as illusion, bhranti." She's the one who puts us into illusions because we are not yet fully perfected. We have to become paripakva – means absolutely matured. Till we are matured, this Mother, Herself, puts you into illusions and plays around so that you learn how to be wise.

So one should understand that She's playing around with you and you should try to be very careful and not to be falling into Her Maya, because if She puts you in the Maya, you'll go round and round and you will reach nowhere.

So this power of bhranti is also very important. This delusion, you can call it, or you can call it a thing by which She creates a drama in which you become like a stupid man being found out. So this stupidity and all that can be removed by this bhranti that She creates. And this power of bhranti, is because of human beings, as they are, because they will not understand something straight forward. So it has to go round and round, till they reach a point to understand that it was the play of the Mother that brought them to this shore of wisdom.

So for us it is important to see that so much has been done by Paramchaitanya for us. The Mother has done so much for us. Now what are we going to do ourselves to get all these powers that She has given us, to be completely enlightened and developed? What have we done so far? Nothing to be done as such, but to develop a kind of a deep devotion, deep understanding. And that depth is possible, absolutely possible because now you are on your way to that perfection.

So today, in Cabella, is the last puja and I want to tell you, as a Mother, that you all should depend on Paramchaitanya. That's very important to depend on Paramchaitanya. Also there is a habit of many people to put the blame on others. Like "I got caught up from this person, and got caught up from that person." You are caught up by yourself only! All such ideas are of no use. Face yourself, find out about yourself and you have to perfect yourself, that's so important, because, at this juncture of time, people think that something great is going to happen. I don't know, 2000 years, according to them, will be something great. But I don't know, because it is all man-made, all this 2000 year and 3000 year is man-made. But I myself, as predicted by many, that possibly because of your understanding and your wisdom, I'm sure something great may happen in this world and things may be brought to a proper level of understanding, of spirituality, because this is the Last Judgement, and in this Last Judgement, you have to play a very vital role, which I am sure you can do it, if you decide to achieve something for the future.

May God Bless You

1998-1002, Conference for Doctors

View [online](#).

2 October 1998

Conference

Versilia (Italy)

Talk Language: English | Transcript (English) – Draft

Conference for Doctors, Marina di Pietrasanta, Italy, 2 October 1998.

These are the days of a great turmoil and all kinds of problems are cropping up which never happened before: political problem, economic problem, personal problem, family problems. Now also the psychological complications are there and everybody is seeking if there is any solution to this. Physical problems also are there which doctors have to face a lot. And I have also studied medicine, so I know how difficult it is to get through all the exams. Despite that they have not reached to any solutions. But if you believe in God, who is a creator, we have to also believe that He must have given us something to solve these problems. So, I have to just tell you that the time for our transformation, the evolutionary breakthrough has come. As Christ has said, "You seek Me and you'll find." So, when all these problems are cropping up, you want to seek the guidance of the Divine.

So My simple message is that you have to seek your Self; you must know yourself. Christ has said, "Know thyself." And for that there is an arrangement within us and if that works out, then you'll be amazed if you become the Spirit, how the life changes, the whole thing changes for you. You see there are those so many lights here, but if they are not connected to the mains, they do not give light. But if you become the self, if you get connected with the Divine, then not only that you give joy to other, but you enjoy yourself. Later on I'll tell them how it works out.

Yogi Translator: Wants to go back in the time when You were staying in Gandhi's ashram and You were living with him and what is happening.

Shri Mataji: Gandhi was a spiritual personality, no doubt, and he understood Me very well, though I was a seven-years-old girl when we joined him. But he told Me that unless and until we become free we shouldn't talk of spirituality. So, his main life force was spent only on getting India free and then he suddenly died. But he was a very disciplined person, overly disciplined. I mean, I used to always be with him and tell him that "Why are you so disciplined?" He used to make everyone get up at four o'clock in the morning and then go for the worship. And in that place there were lots of snakes also. They've never bitten anyone but there were snakes. So, he said for getting political freedom you have to be very disciplined. And that's how, I mean, he used to make everyone absolutely into regimental force and his process has worked, we got our independence, all right.

Now you have to get your freedom, freedom from all the worries that bother you. And also other physical, mental, emotional problems that face you, which is very easy, which is extremely easy, and if you are keen on it, you just get it.

(Shri Mataji was addressing the Italian who asked the question about Gandhi)

Then I'll tell them how you get it.

Yogi Translator: When did You realize that You have it, such tremendous spiritual powers?

Shri Mataji: Just from very childhood. As you realize you are a human being, I too realized from My birth only that I have these powers within Me

Yogi Translator: Did You start from childhood to cure people and treat them?

Shri Mataji: No, no I didn't do that because My father said that "You better not talk about it now. Nobody will understand, you

see? But You find out a way and method by which You can give realization en mass. Because, if You give it to one person, the situation will be the same as that of many saints. So, better to give it to thousands of people." And that's what I was studying human beings, what are their problems are. And I one day in 1970, the fifth of May, I opened the last centre. The first disciple I should say, was a lady, only one. But now, I don't know how many - thousands.

Yogi Translator: When somebody is sitting in front of You, what do You understand about the person sitting in front of You?

Shri Mataji: You see a person who is a seeking person is sort of in tune and they just, it's not difficult to give realization.

Yogi Translator: What is Sahaja Yoga?

Shri Mataji: All right, Sahaja, saha means with, ja is born. And it is within you is born the right, the birth right, to get your Self-realization. And yoga means the union with the divine power of love.

Let them also ask questions, will be good idea.

Yogi Translator: How to achieve the Self-realization?

Shri Mataji: All right, now what I am going to tell you is not written in the medical science. But it can be connected with the parasympathetic nervous activity. You shouldn't believe Me because I am saying something. But if it is proved, then you should not doubt it, because it is for your benevolence, for the benevolence of your country and for the whole world, for the whole humanity.

All right, as you see here in this booklet, you can see clearly this triangular bone placed at the base of the spinal cord. This bone is called as sacrum bone and there is a power in this which is called as Kundalini. Kundal means coils. But the knowledge about this was known long time back. Maybe the Greeks also knew, so they call it a bone which is being of spiritual nature. Now this power lies dormant in that sacrum bone. And then this bone, this has to, this energy, energy has to move six centres upward. Now these six centres are responsible for our physical, mental, emotional and also spiritual being.

Yogi Translator: How can a foreigner, a westerner, follow Your teachings and follow the system which need also some concentration and attention and culture?

Shri Mataji: Yes, you see because also in the Bible is written that "I'll appear before you, like flames" and these centres look like that. And for the doctors, they should know that we have autonomous nervous system within us which runs our heart, which does all the living work, you see, within us. There are, see it is made of two sympathetic nervous systems and one parasympathetic. According to Sahaja Yoga these sympathetic nervous systems are acting complementarily but opposite direction. For example the left sympathetic acts for emotional actions and the right sympathetic for physical and mental activities. Now this all can be proved. But when we increase our activity, sympathetics go into actions. Supposing we run very fast, our heart starts beating faster; but what brings it down to normal? Is the parasympathetic. Now, medical science has not reached the parasympathetic area. Through Sahaja Yoga you can reach parasympathetic. That's why I studied medicine, because I knew I have to talk to doctors and we have had so many doctors all over the world, so many. And is accepted in many countries also. We have a very big hospital in Vashi, in New Bombay where lots of people are cured with Sahaja Yoga. For example I'll tell you about one centre. The one centre which is called as Swadishthana is the second centre above this triangular bone. And the first centre is below the Kundalini.

Now this second centre we can call it in the medical term, they are called, but on the physical side, this centre is known as aortic plexus which I learned as aortic, I don't know what the modern name is. This centre is connected to the third centre. Third centre which is the solar plexus and it moves round as it is shown as well as in one direction or in the other direction. Now when we are too much working, worrying, thinking, we are futuristic, then this centre has to go to the right side. But when it is moving to the right side his energy can be exhausted. It supplies energy to the liver, pancreas and also two kidneys and spleen and the lower parts of intestines. Now when a person is very futuristic, then he gets lots of problems. One thing that I state now is not written in

medical science, that the brain which is exhausting its energy all the time, from where does it get the energy? The grey matter you see is exhausted all the time.

So from where does it get the energy? So this is the centre which gives energy to the brain. But when we are too futuristic, worrying type, we are very much, all the time working out then this energy of this centre only goes to the brain. And all other organs do not get the energy sufficient. Firstly the liver, liver has the function to take out the heat which is the poison in the body and to put it in the blood circulation. But it gets very, lots of [shunt] energy, so the heat is accumulated in the liver. Such person can be very hot tempered, irritable, very fast. So what happens that when this heat goes upward it first of all attacks also the heart. It also attacks the lungs and such a person can get asthma. In Sahaja Yoga asthma is absolutely curable. In young age if young people drink and play tennis and hard things like that, then what happens? they get a massive heart attack and fatal. And they die very young. But for other people it may stay on for a while, but it goes on acting on the heart. But, that can go to pancreas and one can get what you call a diabetes. Then this heat can pass to spleen and then you get a disease called blood cancer. Then it goes to the kidneys, the heat, heat goes to the kidneys and it coagulates the kidney and you can not pass urine. Then you go for dialysis and you become bankrupt and then die. Also it can give terrible constipation and also with that constipation you might get piles and things like that, complications like that. Now if it doesn't work out that way, then this heat can pass also to brain and then one gets paralysis on the right side. So we have to have a balance. We should be in the centre. This is the only one centre I am telling you but, I'll tell you about the cancer now.

Now cancer is caused I'll say by putting, you can see like this [Shri Mataji joins Her Hands together and makes a circle with Her thumb and index fingers of both hands, also joined together to make one circle] the centre one, the centre one is the one through which the parasympathetic acts. Mostly on the left side these people are depressed and always crying, weeping, feeling guilty, all kinds of psychological complications, may act on the left. And once they got active too much, with any shock or with anything it might break this position [She separates Her Hands from the centre where she had made circle with thumb and index finger, keeping only the tips of her fingers still touching]. Now if that is broken then what happens that there is no connection with the mains. And there is a kind of virus that enters into that area and it goes into cells and starts making them malignant, means they are their own, not connected. So that you see a cell can go on growing, eating other cells like a egoistical man overpowering everything.

Now for example something develops here [Shri Mataji points to Her cheek], it can stop the nose, it can stop the eyes, everything can be stopped. Now when the Kundalini rises what she does, she passes through all these centres. Like this, she passes into these and sort of pierce through all of them. And it goes and pierce through this seventh centre, fontanel bone area. So that is the actualization, say, of baptism. You really get baptism. And then you get connected with this all-pervading subtle power, the all-pervading divine power of love.

[Some people talk in Italian]

Shri Mataji: Have they no questions?

Yogi Translator: Where are the different chakras on the hands?

Shri Mataji: The left side is emotional side, the right side is the physical and the mental side. So this is the Mooladhara. Then the Swadishthana is these two. [showing Her two thumbs], left and right. So the right Swadishthana is as I told you is for futuristic, fast life and the left is for people who are suffering emotionally. The third one is the Nabhi chakra. Then the higher to that is the Heart chakra, Centre Heart actually. Then the third one is this Vishuddhi chakra. Now if you feel guilty this chakra catches [Shri Mataji shows her left index finger]. If you are aggressive in your talks and all that, then this chakra [showing Her right Index finger]. Then comes this Agnya chakra [showing Her Bindi], this one [showing Her left ring finger] is very important, if you do not forgive then it catches [indicating Her Bindi]. Then comes the last, is the Sahasrara, it's in the limbic area. Limbic area is like this and it opens like a lotus that is called as Sahasrara, there are one thousand petals.

[Another question from the audience]

Desire, pure desire, let's have a pure desire to get it.

Yogi Translator: She likes the to thank you because she saw on Your book that You say a very important thing: "forgive everybody and forgive yourself"

Shri Mataji: That's the main thing, very important, you have to forgive yourself because if you don't forgive, you develop this centre [showing the left Vishuddhi on Her left collar bone] and if you don't forgive others then this centre goes into jeopardy. [She points to Her bindi]

Yogi Translator: We should forgive at any cost because by not forgiving is a self-destruction.

Shri Mataji: You see whether you forgive or don't forgive, actually you don't do anything. But if you don't forgive then you torture yourself at the hands of others and the one who has troubled you is enjoying nicely.

Yogi Translator: What's the meaning of meditation and how we do meditation?

Shri Mataji: First you get your realization, that's very important and then meditation is very simple. We have many people here in Tuscany who can tell you how to meditate.

Yogi Translator: Can we perform an experience?

Shri Mataji: Without experience you should not believe, as written in the bible is the cool breeze of the Holy Ghost. So what is that I have to tell you in short, I must tell you that there is a all-pervading power of divine love. We have never felt it before. Look at these flowers, who makes these beautiful flowers? Who runs your heart? If you ask a doctor, he again say the auto-nervous. But again I'll say who is the auto? All this is done, all these living processes are done by this all power, the power of divine love. It is love, it is love, it is no other power. It is pure love. All right, so we have to just feel it.

Can I request you to take out your shoes because this one [?] for a while. This Mother Earth is very, very kind and she takes up all our problems. Now you have to just put your both the hands like this, a little higher, with the fingers opened, with the fingers opened, opened, not like this, opened, higher, higher, put up higher, not very high but still you may close your eyes.

Now please put your right hand towards Me and you have to just say: "Mother Give me my realization."

Now also you have to say that "I forgive everyone" three times.

Now just put your left hand on the top of your head and right hand towards Me and see for yourself if you are feeling the cool breeze on top of your head, maybe hot, maybe hot, above. Now place the left hand towards Me and the right hand you feel if there is a cool breeze coming out of head or maybe the hot. Now again put the right hand towards Me and the left hand left hand above. Now open your eyes and please put both your hands towards Me. All those who have felt cool breeze on their palms or on their fingers or on top of their fontanel bone area, could be also hot.

[She said while working on a lady who couldn't feel the cool breeze]: Just forgive, forgive everyone, just say, just say, now see, forgive, forgive, just forgive, otherwise you will be in trouble.

[While the English yogi was working on her from her back]: Strong.

[Shri Mataji working on a man]: You are a doctor?

Man: Economical science.

Shri Mataji: Ah! We are giving you a balance, forgive everyone, everyone, are you feeling? No? May be the Vishuddhi, problems of asthma?

[Shri Mataji talking to the conference organizers]: So many people there are, but we have some...they have to organize something as a centre, if they permit here.

Yogi: Tomorrow there will be cardiologist coming from all over Italy.

Shri Mataji: All right, ya, that's great.

Lady Translator: He said On Sunday, twelve o'clock, he is organizing the meeting with the mayor and for some people who work with the mayor.

Shri Mataji: Very kind of you, but how was the lecture for the doctors specially?

Yogi Translator: Beautiful especially directed to doctors.

Lady Translator: He said he apologize but tomorrow he has to go for this television in Milan.

Shri Mataji: I know, best of luck.

Lady Translator: Tomorrow even if he will come late from Milan, he will come to say hello.

Shri Mataji: Oh, Thank you, Thank you.

Translator: And Sunday morning he will be here with you.

Shri Mataji: Because of you so many people have been helped, very creditable to you, thank you very much.

[Shri Mataji talking to a baby]: Hello, you are singing for Me? How they know Me!!

1998-1024, Play on Joan Of Arc and Talk, Eve of Diwali Puja

View [online](#).

24 October 1998

Evening Program Diwali Puja

Novi Ligure (Italy)

Talk Language: English | Transcript (English) – Draft

Evening Talk before Diwali. Nova Ligure (Italy), 24 October 1998

So, I wish you all a very happy Diwali, and a very prosperous New Year. The whole evening was so full of joy, peace that I don't know how to describe. The whole event was worked out so beautifully by the French. Especially people from South Africa, from Benin, from Ivory Coast, from Kenya, and also many others who have come from various countries, have shown their talent, their joy, their happiness. The best part of it is that I've found them to be very well equipped with the names of all the deities and how to praise them. Very surprising, in this short time, how Sahaja Yoga has spread to all these countries.

Regarding the programme, that was presented by the French, it's remarkable I must say. Last year they had one very good drama on Jnanadeva; and this year this other one was really very very remarkable. A long time back I told them that Joan of Arc was a special, blessed person by the divine. And she should be worshipped as a goddess or as a deity, which has looked after France and its independence. But then the people, every year I repeated, but they didn't make anything on her. So, I was very happy to see Joan of Arc represented here.

Actually, in my own life, I have seen. At a very young age of fourteen years and eighteen years, I was fighting for the independence of our country. And my professor, my principle of the college, told me later on that, "I knew that you are the Shakti, because how could you, all alone, fight these people?"

So, all this aggressiveness is now quite visible, and people can see how they have been aggressed. Now the French aggressed these people, these countries. Because of their aggression also they have been able to come to Sahaja Yoga, in a way, because then the French took interest in these people, and now, some of them are Moslems, and of different religions and they have taken to Sahaja Yoga. It's a very very remarkable thing to happen.

They are full of rhythm; rhythm is in their body. God has given everybody something. Now, if some people have got a fair skin, I don't think God thinks much about that. But if the people have a dark skin, see their rhythm, the sense of rhythm, and the way they were dancing to the tune. Not only, but with what speed they were dancing.

I must congratulate you all for making such a nice play out of Joan of Arc; and all the actors, especially the lady who acted as Joan of Arc, was remarkably good. I really must say that I never expected Sahaja Yogis to come out with such a nice drama on Joan of Arc. Practically, she was forgotten, because lastly she was burned. So many asked me, "If she was the blessed one and looked upon by the goddess, then why was she burned?" Why was she destroyed?" So, all of them had to face (all the saints had to face) the negativity, and even if they died, doesn't matter, they are eternal. So it's not a very sad thing to think that all the people who are saintly have to suffer. They can suffer because they can afford to suffer; they have a power to suffer. That's why everybody who is a saint, in itself, is so rewarding to the whole world.

You all have become Sahaja Yogis now. Whether you are from South Africa or from France or from England or from anywhere. So there should be no idea of domination on anyone, or taking charge of anyone. Once you understand that you are all brothers and sisters; and that you are under one flag of Sahaja Yoga. You should have no idea of becoming individualistic or trying to show that you are something better than the others. To my eye, to my own vision, you are all just the same. Whether you are well educated or if you are not educated, whether you are dark or you are white or whatever may be the colour. To my eyes you are just the same. Look at the mother earth, as you have seen, anybody who wants to see the mother earth can learn that she doesn't differentiate. She looks after everyone with the same love and affection. So I think, if there is even a little in your minds

left out of these dominating areas and dominating nature that you had, please try to get rid of it and see to it that you become a humble person. Without humility, you cannot achieve divine heights, it's very important to be humble. And at the right time then you will be surprised that all this humility is paid for.

So, tomorrow we are going to have the puja. It's a very good puja of Shri Laxmi, it will be. I was thinking because it's quite a warm place, we can have it about six o'clock tomorrow. And I hope you all will come and attend the puja and get the blessings of Shri Lakshmi. It's very necessary, I must tell you, that I allow you all to have these pujas of all these deities, but you must know it's a very sensitive area, where you have to be auspicious, you have to be sensible. You cannot just come to puja without understanding the significance of the whole thing.

Now for this Lakshmi puja also, there's a warning. If you are coming with a closed mind or with a heart, which is closed, which has no generosity in it, and which has all funny ideas in the head; all such people won't be blessed. On the contrary, they will get a kind of the other side of the Lakshmi called a-Lakshmi. And that's why one has to be very careful that when you come tomorrow for puja, come with an open heart, with a love in your heart and there is proper reception of Lakshmi's blessings.

May God bless you all. Thank you very much for the nice entertainment and for bringing out all the talents of the world. I must say I'm sorry for the Portuguese because I was going to Portugal, and I just couldn't do it because of my bad health. I don't think I have a bad health, but whatever it is. I just couldn't do it this time, but next year I'm sure we'll be able to manage.

May God bless you. Thank you very much, thank you.

21 Invocations in honour to Shri Joan of Arc

(offered during Navaratri Puja 2012 in Cabella, in the occasion of 600th anniversary of Joan of Arc's birth, by organizing Countries- Africa, Cyprus, France, Greece, Israel and UK)

Salutations to the Virgin Goddess, the divine protectress of France.

Salutations to the pure youthful Virgin who led Her country to victory from the age of seventeen.

Salutations to the Virgin Goddess who is the master of the art of war.

Salutations to the Virgin Goddess who is ever pure and steadfast of purpose.

Salutations to the Virgin Goddess who acts with lion-like courage.

Salutations to the Virgin Goddess whose innocence and purity awaken the purity of others.

Salutations to the Virgin Goddess who is loved and worshipped by the innocent.

Salutations to the Virgin Goddess who leads the innocent and inspires them to victory.

Salutations to the Virgin Goddess who works tirelessly to establish the Kingdom of Heaven within human beings.

Salutations to the Virgin Goddess who is one with the Voice of God.

Salutations to the Virgin Goddess who only knows the Will of God.

Salutations to the Virgin Goddess who easily overcomes anger, hatred, evil and aggression.

Salutations to the Virgin Goddess who is the embodiment of peace and compassion.

Salutations to the Virgin Goddess who incarnates again and again to protect Her children.

Salutations to the Virgin Goddess whose pure intellect easily outwits those who stand against Her.

Salutations to the Virgin Goddess whose sword is the sword of faith.

Salutations to the Virgin Goddess who is attended by Shri Bhairava in the form of the Archangel Michael.

Salutations to the Virgin Goddess who is attended by Shri Hanumana in the form of the Archangel Gabriel.

Salutations to the Virgin Goddess whose banner inspires love by radiating the pure love between the Divine Mother Shri Maria-Mahalakshmi and Lord Jesus Christ.

Salutations to the Virgin Goddess whose pure heart was untouched by fire, as She is the purity of fire.

Salutations to the Virgin Goddess who resides in the heart of Shri Mataji.

Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi namo namah

1998-1025, Diwali Puja: Expression of Love

View [online](#).

25 October 1998

Expression Of Love

Diwali Puja

Novi Ligure (Italy)

Talk Language: English | Transcript (English) – VERIFIED

Diwali Puja, Novi Ligure, Italy, October 25th, 1998

I am overjoyed really today to see you all here to celebrate the Diwali Puja. We were to be in Portugal but it was not so - so we are here.

Diwali Puja is a very small puja but extremely significant. Firstly in Diwali, the first day they buy something for the family. You can - maybe some cooking utensil could be, an ornament for the wife or something like that. Because that is the day of housewife. And that day is to be celebrated as the housewife's, I should say, homage to her. As a result you know in India even now housewives are very much respected. Actually they are respected all over. You will be amazed that even in the protocol of the government receptions anywhere the wife is very important. And where she is sitting, what is her position is very important. Even today in the most modern and advanced countries also they have a special respect for the housewife. The housewife may not be educated, she may be a very simple woman, she may not be very modern.

There was an experience for Me: in London we had a program where we all were invited, and the head of the delegation, his wife was missing. So they asked Me, "Where is she?" Because there is a seat for her, she has to sit there.

I said, "I don't know, I didn't see her. She must be somewhere here." So just before starting I went to the washing room and I was surprised she was sitting in the waiting room there. I said, "What are you doing here? They are all waiting for you outside."

So she said, "They asked me to sit here."

So I went out and I told them "Now she is sitting there. Why... why don't you call her to sit in her seat?"

"Is she the wife?"

I said, "Yes, of course, she is the wife."

"We thought she was some secretary."

I said, "What made you think?" This lady had, you see, very modern ideas - wearing a very modern slick dress and all that and and everybody thought this lady must be the secretary at the most. So they made her sit in the waiting room. You see - So it is expected of a housewife to be decently dressed, honorably dressed and not to dress up like a secretary or somebody who is just in the office. Because she is regarded as the highest - whether you like it or not. But she had permed her hair and she has been to a very expensive place for all decorations and everything. And poor thing, when she arrived they put her in the waiting room near the bathroom. That's what it is.

So for a housewife, she is the dignity of the household. Not only that, but she is responsible for the complete culture of that country, complete culture of that country. They represent the culture. Like in India nowadays they have started in the films showing all kinds of funny, funny dresses. But I haven't seen any housewife wearing that. I haven't seen anybody. It's not in reality, it's only in the film, because the society is so strong and the housewife is supposed to be a decent person. She has to be

decent, she has to be very dignified and she has to behave in a dignified manner.

On the contrary I would say, we had a prime minister called Lal Bahadur Shastri. His wife was absolutely uneducated because Shastriji went to jail and she couldn't take her education - very simple, ordinary woman. And she went to France. That time there was this Mr. de Gaulle, he was the president. And his wife was another very simple woman. So Shastriji told her that "You are not to cry when you are leaving Mrs. de Gaulle, now you've become great friends." God knows she didn't know French and she didn't know Hindi, but somehow both of them became great friends, on the level of housewives. And when he warned her not to cry, what happened that they started crying when they had to leave.

So Shastriji said, "I told you not to cry."

She said, "It is she, this French lady started crying. What can I do? I had to cry with her."

So you see, it's a kind of a great collectivity of housewives that has to work out. They have common problems, they have to face their children, they have to look after the household, everything – I mean there are so many common problems with the housewives. And the housewife also knows all little, little things. You see, men at least in India don't know much because they live in the air, I think. So the women have more sense in this respect, for small, small things they are quite aware.

It's very interesting sometimes, the men commit mistakes of such a great humor. Because they do not deal with day-to-day life, with all the problems of daily life. On one side the woman, housewife, has to deal with the daily life. On the other side she has to look after her family, her children. Also, poor thing, she is responsible for the society. She has to maintain the society. In a country where women are sensible and are matured, you will be amazed that they become extremely good families, good societies and good children. That's why I must say, India is a very good country of very good society. This is come out of the housewives, the Gruha Lakshmis of the house, who have done all the work that is important as far as the culture is concerned.

This kind of thing is very much in India and with that, what you find that the people respect, respect the housewives. So respecting the housewife is the most important thing in our Sahaj culture. But that doesn't mean that the women should try to dominate and trouble and fight with the husbands. But it means a very important position in the society, of a housewife. She is treated as a something a, like a devi only. But she too has to be a devi. If you treat her like a doormat, then children will never respect her. If you don't pay proper respect to her, the children won't respect the mother and there will be no impact of the mother on the children. As a result the children get wayward, and in the societies or in the countries where the mother is not respected, you will find the children become extremely dominating, hot-tempered and horribly uncollective.

So it's very important that on this day we call it Dhanteras - the thirteenth day - you have to buy something for your wife, and you have to give her something as a present. At least you should buy a little pot or something that can be used in the kitchen to show your respect to her. In the families where mother is not respected children become extremely troublesome and the whole, their family also suffers - wherever they are married, whatever happens to them. Men have to realize, it is their mistake that they have never respected their wife as they should have. In the presence of the children if they shout, in the presence of the children if they don't show any respect, the children can never respect the mother. It is something, a criminal thing to do to women who are in the household doing all the work for you, looking after you, your family, not demanding anything.

Only if you want to understand how they can be troublesome, is see them in the politics. When they go in the politics they put all men upside-down. And one woman can put all of them in their proper senses. Because their field is their house, their family. If they are not respected in the family, they get out of the family and behave in such manner that you can't imagine. Though she has to bear a lot, she has to suffer a lot, but in the family she must be respected. That's a very, very important message of Gruha Lakshmi.

Then the second day is the one where this horrible rakshasa called as Narakasura was killed. Always all killing is done with the power of the Shakti. This Narakasura was the fellow who had tortured so many people and had done lots of cunning stuff. He was a very treacherous, cunning man and it was impossible to kill him. But then somehow or other, with the advent of a special

power that this Narakasura was killed. That was the another day, fourth day, where Narakasura was killed. They say that when he was killed, the door of hell was closed. So people should take their baths early in the morning. But I am of the opinion that day if the door is open, better not take bath. Be in your beds till this fellow is put fully into narak. You should not bother about him. "Naraka" means hell. And from the hell they extracted him and killed him. The last one is the best, where they have the meeting of Shri Rama and His brother Bharat. Shri Rama went to jail, obeying His father. And for fourteen years He was – not a jail but in a, we could say, He went in the forest as a - it was a kind of a jail only, because He was living in the palaces and He was sent in the forest by His father and his daughter-in-law; also I mean it's His own wife. And also the brother, they went together into great sufferings. And you know the whole story of Ramayana. The child that lived in the palaces had to go in the forest and live in terrible conditions, when He was to be the king. Was too much.

But Sita went with Him and She supported Him and ultimately it so happened that Ravana came and took away Sita. But Shri Rama fought Ravana, killed him and brought back His wife. But when they came back to their own capital in Ayodhya, there was a big jubilation and Bharat, His brother - he was very much attached to his brother and he ruled that country with the paduka - they say is the kind of sandalwood chappals they use – of his brother. He put it on the throne and ruled. So that is how the Bharat milan- the meeting of Bharat with Shri Rama- is celebrated, and that was the time He was crowned also as the king. So it is long time back, thousands of years back this thing has happened. That jubilation is very significant that the right king gets His own throne, and He rules. And all the injustice and all kind of atrocities He has gone through has to be completely finished from His life. And that's why Diwali is important.

So the last day they worship the Goddess Lakshmi. Because it is Her blessings that brought forth all these beautiful meetings. And that's why they worship Her, Lakshmi, as such. But there are nine types of Lakshmis within us, which I think I have told you sometimes back.

Now in that Lakshmi Puja is this, that you worship the Lakshmi Herself. It doesn't mean money, not at all. To worship money is wrong. But what it means that Lakshmi is the money which is with us - or the whatever prosperity with that - should be very carefully spent, because She is very mobile and the money can slip out. On the contrary you should not be at all miserly. Miserly people – Lakshmi is not happy. But if you want to spend, you must spend it in the right way, otherwise the money is spent in the wrong way.

Now when the Lakshmi was created - you must be knowing out of the churning of the sea She came out. She had four hands, one hand was to give. She is generous, She gives. Like this She gives, and with one hand She blesses. These are Her two hands. One is to give, and to bless the person. Very important it is, that when you give to somebody something, you forget about it, and you bless that person. Not only you give money, but also you bless that person.

The other two hands have got two lotuses of pink color. Pink is the color of love. And a person who has money should have a house which is full of love. Any guest who comes in the house should be respected. He should be treated just like God. In India you have noticed how they think foreigners - "foreigners" means God to them. Here "foreigner" is a bad word, but in India is very respectable. If you are a foreigner means that you are God. How they have looked after you, you know that, in India. This is the reason, this is the basic culture of India that anybody who is a guest - he may be anything - if he is a guest then he is to be treated like God. In the other countries it's just the other way round, you know. If you are a foreigner then people think it's not even proper to talk to that person. I don't know how the mentality is like that.

But not in Sahaja Yoga. Sahaja yogis are not like that. They treat the guests very well, I've heard. They look after each other and they are beautifully collective. So this is what is the meaning of the lotus, is a house full of love. Like a beetle which has got even thorns, when it comes to the lotus, the lotus open out and the beetle goes inside and sleeps very nicely and comfortably. Even the beetle - undisturbed. That is how one should treat, if you have money. But here what I find in the world now, if you have money you become yourself like a beetle. They're so full of thorns and horrible ideas, so insulting, and think no end of yourself. It's just surprising is that money which should give them the form of Lakshmi - Lakshmi Swarupa - they become like devils. And the way they treat other people is even worse than that.

So these are the significance of the form of the Goddess. But the best is, She's just standing on the lotus. That means no pressure on anyone. She exists on Her own - no pressure. She doesn't put any pressure on anyone, just on Her own She stands and all Her weight and all balanced on Her own dignity. This is the way a Lakshmi should be. And that's how, if it is, when happens in the countries where people are having now financial crisis and all kinds of crisis, things will improve. People will enjoy. They don't enjoy their money, nothing. They don't enjoy. This is just aggressiveness and also funny ideas of having a, something, very expensive things and what you call the designers. Now I think these are designers are anti-Lakshmi, that they have come. Because they are extracting all your money nicely and all your money goes to waste. If not that, then people take to womanizing or to drinking - such wasteful habits. They don't do anything which we can call as really the blessing of the Lakshmi.

So one has to remember that when you want to give something to someone do it with the full heart. Such full heart that it forms that Lakshmi Prasada. You see, that should happen, otherwise what's the use of giving presents to anyone? You see, they are very funny people, you know who give presents out of a very narrow outlook. But they try to give presents. Like in Japan, if you go, they'll give you such a big present. You go on opening and opening and opening and opening it, till you come to a point when you'll get a matchbox. In the matchbox - inside the matchbox, you will take two, you can say, it's two doll-like things made out of small little those matchsticks. Start looking at them "What this is, why such a big design?" and very surprising. But they are very simple people otherwise, very simple. When we went there, they told us they - wherever we went, you know even in a shop when it was raining they would give us a present.

Now I said, "What is this? Why are they giving us a present like this?"

So the lady who was translating, she said "They think You are from a royal family."

I said, "What makes them feel we are from a royal family?"

"Because You don't go to hairdresser."

I said, "Really?"

"Yes. In Japan, royal family people never go to a hairdresser."

I said, "I didn't know this, that they don't go to the hairdresser."

"That's why they think, You are from the royal family."

Just imagine what ideas people have about hairdressing and all that. But in India or these places a woman must be properly combed - her hair. She shouldn't look like a hippie going round, you know. Because we have many people who still believe in a kind of a hippieism and they wear their hairdress like that.

Now, woman plays a very big part in the society as I told you. Whatever way she wears, whatever where she goes about, also the children pick up much more then from the mother than from the father. Sometimes could be much more from the father also. But actually the, all the refined things are picked up from the mother. So it is more for the ladies to understand how they dress up, how they live.

Nowadays - I went to London and I've asked one Indian Sahaja yogini "What is the fashion now?"

So she said "jipreya" in Marathi. "Jipreya" means if you put your hair like this is. See in India, if we have hair like this the mother will say "Now remove your jipreyas." Because if you put like that hair your eyes can become squinty. But that's the fashion to put the hair like this, you see - very much, sometimes on the eyes also. So that's a jipreya fashion. And this now is quite common I find everybody dignified ladies also, except for Mrs. Thatcher, everybody puts on this kind of a thing. I don't know how Mrs.

Thatcher has escaped it.

But anybody who does anything that should not be followed by women. It's very slavish. Because this is the fashion, that's why they do it. That's the fashion, so they do it. It's absolutely stupid to do that way and to play into the hands of these people who make fashions. Because you are independent. You must stand on your own character. you must stand on your own understanding of things. Instead of ruining your faces you should try to improve them by your dignity, by your understanding.

Now it's more on the women - I am sorry to say - Lakshmi Puja is more on the women that what they have to understand, what they have to be, how they should be. I have always told you that it's necessary for a woman to be dignified, very much more than the man. Man can be stupid – doesn't matter, you see, doesn't matter so much. But women have to be dignified and sensible. And men, as it is, don't know much as you know that very well. Poor things, you know, they are They are educated only in the universities. But as far as the practical side is concerned, they don't know anything. So one should not feel bad about it. I mean, it's very enjoyable to see the way men make mistake and then they go on saying "No, no, I know this, I know that," and they don't know anything! So -

But man will never say, "I don't know." You see, that's his character. It's all right. You must know that he doesn't mean it, because he really doesn't know anything! Also in art. I don't think men know much about art, and also their one side is missing is aesthetics. Poor things, they make one type of clothes wear all throughout. Just one type of dresses they will make and that they will make and wear throughout. They don't have any demand. But women are artistic. And if our Indian women give up wearing saris and take to jeans, where will the villagers go? Because they live with their saris that they make during holidays and things like that. So in India is not possible to introduce all these dresses. In the school maybe, but later on they all give up, because they like saris. So the saris are still on and will be on because it's so artistic, it's so beautiful. One sari doesn't look like another sari. So the idea of beauty and the idea of art much more with the women, not with the men. And so one should see that if men don't know, doesn't matter. But you make your houses absolutely artistic. Make it comfortable like the lotus, as I said, that should be such.

But some of the ladies can be very much like a Hitler, you know, in the household, very dictating. "This should be like this, that should be like that," making the life of men absolutely miserable. I have known a person who used to carry a newspaper in his house. So I said, "Why do you carry it all the time?"

He said, "Whenever I sit, I put the newspaper first and then I sit."

"Why?"

"Because if it is spoilt a little bit my wife will shout at me."

I said, "Why?"

"Because she doesn't like anything to be spoilt. So she's so particular. I carry a newspaper always with me - wherever I have to sit I put the newspaper."

I said, "It's too much."

He said, "You will also have to do that, I tell You." So very particular about the whole house that it's impossible to live in that house. It's even worse than a hospital. So some women can be very particular about that and very methodical, could be.

But normally women should be very loving and extremely accommodating, and also being friendly with all the family members, with everyone. It's very important that I've a family so big. We have a very large family, so many brothers and sisters and everybody one better than the other. It is so remarkable that everybody has a different type of a perfume, I think, or a kind of a fragrance that shows an individual personality in them. Despite that they are all so nice and so good, so accommodating and so much enjoying, that it's remarkable how people live together.

Specially in Russia I found the women are very adaptable and very humorous. And they were making fun of everything and enjoying life. Very surprising, we had taken presents for them. But we had taken for about two thousand people, but there were sixteen thousand people. So how could we give these presents?

So the women took out their chains and they said, "All right, we'll give it to men, all right. We'll give them our ear-tops, all right," and they were making fun of men, who were feeling bad that they couldn't get anything. Such fun, you know, such understanding. Because they are not so money-oriented I think and they are very spiritual-minded. So a spiritual woman wouldn't bother about other things like this and will keep a dignity of her own and will show by her every gesture that she is spiritual. This is something so sweet, you know.

As I was telling you, on one side sometimes you feel a little different, say, I said it about Japan. But in the same Japan when I went there, I liked their tiles very much. So they were building up something, I liked the design of their tiles. So I said, "Can I take one from here?"

"No, no, doesn't matter. We'll send it to Your ship." And on the ship a big load of those tiles arrived.

And the captain asked Me, "Now what are we to do?"

I said, "How did you get it?"

He said, "They brought it to You." All kinds of varieties of those tiles, can you imagine?

So on one side it is a way of expression, on the other side is different. So one should understand also. When somebody gives you something you should understand what is the significance of that, and not to feel bad about it. The significance of that could be very much great, you may not understand. So better to ask, why they have given you these things. That is what is, what we call auspiciousness, one of the great qualities of the Lakshmi is, that it should be auspicious. Whatever you give should be auspicious.

Like sometimes I have seen little children out of mischief will bring a lizard and try to give you. I mean, it's very inauspicious to do that. But they are not told that it's inauspicious, so they are doing like that. They have to be told it's not auspicious, it will not please the Goddess. So that has to be understood very well that you should not try to insult the Lakshmi by giving something which is wrong. If you don't know, you should find out and do it properly.

In this way this is the Diwali thing. But the greatest message of this is that the kingdom was given to Shri Rama. Shri Rama was the embodiment of justice and fair play. And this was given to Him. In the same way we have to feel that our expression of gratitude, our expression of love should be such that it should be given to a person who is a symbol of such greatness like Shri Ram. It's a very, very subtle thing one should try to understand. If you don't want to give, you should not give. But if you want to give, then you must give something which is worth the person to whom you are giving. That is one of the lessons you should have about Shri Rama's temperament.

When He went into the village and He found there was an old woman [Shabari] and this old woman had all her teeth out practically. And she was from the aboriginal and she gave Him some we call them "ber" - is something like is a kind of a fruit, small fruits. And she said, "See, I have tasted all of them and all of them are very sweet. Because You should not have something which is not sweet. So I have tasted them with my tooth, I have put my tooth on to them and I have tasted it. So please have them."

Immediately He took it. But His brother Lakshmana got very angry that it's very inauspicious in India, if you have put something in the mouth and then you want to give to somebody is something ["utishta"] - is not to be done. But Shri Rama said "I have

never eaten such beautiful fruits. They are the most beautiful fruits I have eaten.”

So His wife says, “Also give Me some. After all, I am Your half this thing, You must give Me.” So Shri Rama gave Her some. She said, “Wow, what a thing it is, tremendous.”

She ate it and then the Lakshmana says “Give me also, sister-in-law.”

She said, “Just now you were saying all kinds of things against this lady. Why do you want to have it?”

He said, “Now please forgive me and give me.”

So, see, it shows that Shri Rama could see her love, her vibrations in those fruits that she had offered. And He could appreciate to that extent that He gave it to His wife and the wife also joined hands with Him. This is what it is. That whatever you do, you do it with love. If you do it with love, you will be able to make it auspicious. But if there’s no love, you are just doing for some purpose, then it is useless. So this is what is there for giving; giving to the person like Shri Ram, and to such a great incarnation. She just thought of her love and she gave it to Him. In the same way you have to be very simple, simple-hearted, and then you will know what is the best to be done.

So today is, actually the Diwali is over and I want to wish you again and again a happy Diwali and a very prosperous new year.

May God bless you all.

The same Lakshmi becomes Mahalakshmi. That is, when you understand the value of money and when you are saturated and you are fed up. From inside you get detached, then a new form of Lakshmi comes forward, that is Mahalakshmi. That’s the power which takes you higher and higher, which is the spiritual awakening. You have seen in all the countries which are very rich, this desire started that they should seek the truth, they should find out the truth and that’s how you are all here. That means Mahalakshmi Power started working in you, that you were seeking the truth. And while seeking the truth you came to Sahaja Yoga. So this Mahalakshmi is very important for you also.

And you know Kolhapur, there’s a temple of this Mahalakshmi which came out of the Mother Earth. But they themselves didn’t know that in that temple why they sang “Jogawa,” which said that “O Ambe, awaken.” Ambe is the Kundalini. So why in Mahalakshmi’s temple they sang? You can understand that, why in that temple they started singing the song of “Jogawa” by which to raise the Kundalini.

1998-1201, Evening Program: Arun Apte and students, Talk

View [online](#).

1 December 1998

Evening Program

Ganapatipule (India)

Talk Language: English | Transcript (English) – Draft

Arun Apte (and students). Ganapatipule, Maharashtra, India. December 1998.

the transcription for the first 12 minutes of the talk:

It is very difficult to describe this inner joy. You can only enjoy it. You can only feel it. It's something so innate, to see that so many of you have learnt this difficult music. And all of you have been enjoying it.

I went to various places in the West, and I felt that, why, even small little children, boys and girls, take to something which is self destructive? Why? Why do they take to drugs? Why do they take to all these sins which are self destructive?

I mean we could blame the parents to some extent, but on the all, there was something them, which was troubling them, which was trying to say that it's not true, this' not the thing, this is not the thing that you want. And that's what made them go into all kinds of various types of rebellion, I should say, against all the accepted truth or accepted goodness or value system. And I just thought that, of course in India the parents are rather strict, I must say, like - but there is one more thing in India, there's a big outlet for them. And I found that outlet was the talent that they had. They had lots of talents, all of them I felt, when I talk to them, and this and that, I felt that they have lots of talents, but there is no way to express it. Crain people have been doing some sort of an harp hazard expression I should say, [Shri Mataji smiles] and they could not understand themselves why they were doing it. And this was the main thing that was lacking, I think, in the West, that the children had no way of expressing themselves, of expressing their talent. And this talent was making them mad, I think, that was making them absolutely rebellious. It was not their mistake by any chance, it was an energy within, which was bubbling and had no outlet. And whatever outlet they had was not recognized, was not appreciated.

And this made me feel that if the children are given an outlet, a means of expressing themselves, I'm sure they'll take to it, they'll forget all these things, they'll never take to all self destructive ideas. Because they were angry with them I think. And it worked. It worked in the sense that first I wanted Yogis to start a school for small children. And I was surprised how these children took to another kind of life style, very disciplined style. It's very different children.

Like in the West I found a child, supposing you take him to the shop, he'll make you mad because he'll say buy me this and buy me that, not understanding that one cannot afford it. And left to himself, I would say that he would go on buying the whole of the market. He's so mad about it. But I thought that there was some sort of a thing that's lacking in him, in satisfaction.

On the contrary in India, if you take one boy or a girl to the market, they'll say: "bas, bas [enough, enough], only one, one will do."

Big, very big problem. I had my own granddaughters I took them once to Delhi because they had broken their chapels, you know, and they had only one pair, the parents are well to do, no problem, but one chapel with them had broken, I said : "All right, you come along, now in Delhi you can get good ones, we'll back from now." So they came and I bought for them They said : "Nany, at any cost we'll not take the second one, We'll just take one. " But I said : "Supposing this brakes, then what will happen?"

"Then you'll come back again to Delhi to buy chapels." "Have one spare at least." They wouldn't listen and they run away into the car. I went there I said : "What are you doing? Why don't you buy chapels for yourself? " Why do you want to waste your money? Nany, you can use it for something else."

Now I was surprised the way they were so satisfied, of course they are born realized, no doubt, but also the all atmosphere. I felt that this atmosphere, if the children from the West can get , they will definitely prosper, they'll definitely express themselves, and they'll become excellent people. But I did not know the energy was so much, you see.

After my brother your Babamama, I asked him why not start an academy of music - and when they came to music I was surprised. I was really surprised, when we had been expecting anything from them, within 3 months, within 4 months, they picked up such a difficult music style. It's impossible, it's impossible for Indians to do that. They can never do in 4 months time. Oh

Baba, I've seen in my own family, they were musicians, and my sisters, my brothers, for hours together, every morning they used to get up at 5 o'clock and start their music. Every day rias [training] for 3, 4 hours. Every day! I used to think now when will this end, I mean after all, if somebody has to sleep after 5, you can just not sleep. But that's a custom in India to get up very early in the morning.

But, the way this people are learning it so fast, it is because that urge to express themselves was inside very, very strong, much stronger than Indians. That's true; I can tell you very clearly, I have never heard of anybody learning this difficult music in 3 months and 4 months. For years together they would not learn. Same about you people, how you have started appreciating it. I just don't know. I mean it's a different atmosphere that has started, so full of hope and joy.

8;35

You see now, there was one fellow who went to Belgium. He was an Italian, Italian Sahaja Yogi. He said : "Mother, I was surprised, there was a nice program with the Indians, and the Indians consulted and arrange so I went to the program. And they were talking to each other and some of them went out and some of them came in, these Indians. They never understood that it was Pilu rag [Shri Mataji speaks in another language] Even an ordinary Pilu raag they cannot recognize!

I was surprised that this Italian that he - what he sings he really, I've seen it. The Indians, when they go for this kind of a very deep type of music, after 15 minutes they start sleeping out. Also they told me that in England, they went to a music center, otherwise we can say for buying the records or something, so all the boys who were there, who were Indians, were buying pop music, that music, and they looked at that Sahaja Yogis and said : "Are you stupid fools? Why are you buying this music, this Indian music? What is there in this Indian music?" They said : "It's better not to talk to you because you are gone case."

Now, you see, because, some or other, this is a sahaj trick idea, that your energy's tuned up to a very subtle and deep understanding of the music. Otherwise, it would never have worked like this. I mean it's the Kundalini, of course, no doubt, but the way she has nourished you to absorb, to understand, to enjoy, this is very subtle music. And it has happened more with the western people than with the Indians. I'm sorry [Shri Mataji talks to someone in particular]

But Indian don't have that much of understanding nor that much of enjoyment. Westerners may not enjoy, euh- may not understand, but they enjoy!

Indians feel- those who are, I mean, a little bit educated in music, will start finding out faults, finding out ragas, this was not good, that. No, but not Westerners. Western people are so humble about it. Isn't it remarkable how is it they have picked up so quickly and have understood? Because, they have become subtler. This is the only thing I can say that they become subtler and their energies are flowing through the subtler level. It's surprising for Babamama, also for me, for everyone that in 3, 4 months, how can you play Malkans rag?

First time I heard, I started wondering [Shri Mataji laughs], how can that be? And that is such a hope to save this music. It may be that In India, it may be declining, but in the West, it's rising.

1998-1210, Letter

View [online](#).

10 December 1998

Letter / Poem

(Location Unknown)

Talk Language: English | Transcript (English) – Draft

To whomsoever it may concern.

I want to state that nobody has any right on my body, without my permission I should not be treated by any doctor vidya or any other person.

Specially my husband and my family members should not at all have any say in my sickness.

No one has to admit me in any hospital.

Even Sahaja Yogis can not admit me in the hospital or treat me or arrange any doctor for treatment – for me.

I want to declare that my family should never never admit me in the hospital. Specially my husband has no right over my body and any advice from him should not be accepted at all. In short I do not want to be admitted in any hospital by anyone.

Before my death I will write what is to be done with my body.

(Sg - UNCLEAR) Mataji Nirmala Devi

10th Dec 1998 (Ms. Nirmala Srivastava)

PDF

1998-1214, The Revival of Indian Spirituality

View [online](#).

14 December 1998

The Revival Of Indian Spirituality

Public Program

New Delhi (India)

Talk Language: English | Transcript (English) – Draft

1998-1214 Public Program, The Revival of Indian Spirituality

Now you are coming from different countries. I am very happy to see you all. Here also we have sahaja yogis from different countries who have come. Lucky that, that this time they are here and you are here.

Many people come to India, all the time, from all over the world. And if you ask them they'd say we are seeking the truth. So why are you coming to India of all the places? They say that they have learned that the truth is in India, that we have to find out the truth. I must say that in our country also we have lots of falsehood and lots of false gurus have come up just to make money, to befool people and to some [UNCLEAR another/or the other] to destroy our relationships. But I must tell you that India is a very deep country and the knowledge of this country is not easy for a western mind to grab. Really to begin with because the reason is, the style of seeking knowledge in India is different, absolutely opposite of what you have in the West.

First of all, in India, I mean those who are real seekers and those who want to know the reality they are the ones who see one point that this is [UNCLEAR relation] is written in our ancient books, described by great saints as you have also Sufis and all these people there and also prophets in the same way they believe that what they have written is the truth. But [(talking away from mike) Come in. Who are they?]. But they, Indians, don't challenge it. They don't use rationality to find out as in the West that [UNCLEAR and] think everything they start rationalizing. They don't rationalize. What they do, they believe because it is told by the saints who are, who are above us. Who have reached a state which is much higher than (us). So now how to tally it, is the problem? So to tally it it is said that you have to get your self-realization or the second birth, as Mohammad sahib has talked about it that you have to have kiyama means you have to have your second birth. If you don't have your second birth you are not yet a complete person. Once you have your second birth then you must become also a complete spiritual personality. Unless and until you are a complete personality you cannot judge these people or have experiments within. So when you reach that state of, I must say, the highest evolution within you then you can test it what they have said is the truth or not. But not at this human level. Because at this human level we are at the most what we are, mental. We are physical, emotional or mental. But we are not yet spiritual. Unless and until you are spiritual you cannot judge whether something is spiritual or not. All this kind of understanding, all this kind of basically built-with-in-us for thousands of years you see. Indians are not the people who can be taken to rationality which they think is very low type of judgment. They have to be in the spiritual realm, in the spiritual personality, to understand spirituality. Now from all over the world the spirituality is coming as you see but reality you can only find in India, I must say very humbly. The reason is, it has been a country for spirituality. Not for materialism. So the materialism has not grown so much. All other things have grown in this country. But for spirituality which it should have been. So people start thinking they are very superficial. They are. The modern generation is very superficial and they take to all western ideas, western things and western culture. But our culture is very, very much in the foundation of human beings, foundation. Like as you see now things are happening in the west. We start wondering how these things have happened. Is not allowed in any religion, is not allowed in any books or anything. Why people are behaving like this? The reason is they have no faith, actual faith. What they do is to just show off or to make a group. They make a what you can call, a group to say that we belong to this religion, that religion, that religion. But if you see the Indian philosophy you will find all the religions are exalted. All this, you can say, all the principles of this great religions are there. You cannot challenge it because it is so basically true. So basically true that when you see what is written say in Kuran we have a book here. I don't know if I gave you that one. We have a very nice book Light of Kuran. So when they read kuran also they do not read it. When they read bible also they don't read it. Because they are lost in the words and same things happening to Indians. Their, all their philosophies and all that they get lost into the words you see. So in the web of

words everything is lost. As a result they do not reach to the principle that is described. That's why we have problems with every other religion but there should be no problem, no problem. Because all religions are based on the same principle that we have to achieve our spiritual ascent. There's no other goal. But according to time, you see, they had to put things this should not be done, that should not be done. All this is due to the time factor which came in their time and they had to tell about it according to the society in which they lived, according to the behavior of the people of that time. In India because it's an ancient country, very ancient, somebody told me, Mother why don't you write a book on Indian culture? No, I said, it's an ocean. It's not easy to describe and ocean. It's an ocean and is very deep. But when imbibed and when understood and when you become spiritual within then it just sieves into you, just comes into you and it shows that every culture of every country is the same. But in Indian culture it's very very clearly described. That's the only thing [UNCLEAR there]. Same thing is described. I mean now say there's, ah, say Clinton is now in trouble. In India he would have been thrown out long time back. You see, because the value system of morality is very well described in Indian culture. This is not moral and this is moral. And the ruler has to be absolutely a moral person. But in America, you see, is different. There as I said is perversion has come into the brains of people. And because they have money materialistic people try to follow American life, which is not congenial. If you go to America you will find it's not congenial to human beings. It's very destructive. People are very destructive. They have no love. They try to dominate. They have racialism. I mean they have all kinds of things. While we too have in our country lots of bad things have come because of the British rule which came here. Most of our bureaucrats are nothing but British. It's surprising it is. That there behavior is like British. I don't say something wrong with the British also. But one thing is there, this country has evolved for so many years and they tried to dominate us so much that none of our, I should say, literature could come up. So much has gone into darkness.

The other day I had an ambassador here from Mexico and he told me what is the problem of Mexico. I said it's the problem of psychiatry, psychology. He said, "What do you mean?" I said, "In Sanskrit language we call it bhoot bhadha. Means, the obstruction from the past." Now they don't believe in a sort of a dead body or a dead person can invade human being. They don't believe. Though Christ removed the, what you call, devils from the people like that. But they don't believe. Even in Quran there is a mention like that. But that is alright in Quran. That is alright in bible. But as far as the belief in the human being there is, they don't believe. Now if I tell them that the psychosomatic troubles comes from the left side attack, left side attack, that is from the past, from the things that have gone out of circulation from evolution or you can say dead bodies, the dead persons, the dead personalities they will just refuse it, to listen to it. But if unless and until you believe in it and you experiment with it how will you be able to eradicate this bad thing. So that is not only there. Every country has this problem. Every country even England is also full of it. I mean of course advance countries like America is much worse. To add up to that lots of false gurus went to America and have done this one. So on this point also people don't want to agree. But whether you agree or not tomorrow you will have to come to it. Because if you want to get cured of your psychosomatic troubles, even cancer, even AIDS, all these diseases come only by the attack of these small small particles of these viruses which were left out of our circulation through evolution. That will be seen. That is a knowledge to be seen very clearly. Now in sahaja yoga many people have been cured of cancer, no doubt. Also of AIDS they are cured. So many people have been cured. It's not, I am not telling you something false. But for that one has to understand that there is some power beyond us, something much beyond. Like Einstein himself has said that there is a kind of an area which he calls as torsion area which you will see in one of these things, torsion area which is beyond our human personality. He calls it, we have to be a vacuum ourselves. We should not exist anymore as physical, mental or emotional being. When you go beyond that if there is a vacuum then only you can feel the torsion area he's clearly said it. But he was a realized soul himself. So whatever he says people want to doubt you see, whether it is this and that?. So with rationality we start doubting. But not to believe in Einstein shows how arrogant we are. After all Einstein is saying there must be some in it. Like that the whole world is going on and on a very superficial basis. Now our sahaja yoga is a very different thing. It is that we all human being have a special power, a residual power within us called kundalini which resides in the triangular bone which is called as sacrum. Now the sacrum bone means it's the sacred. That means Greeks knew about it, that's the sacred bone. And this power when it rises from here goes through the, we call it a sushumna nadi, the central path of the thing and pierces through the fontanel bone area then you get the actualization of baptism. Then you become a Muslim, then you become a Hindu otherwise you are not. So it has to come out of your fontanel bone area and has to go to that torsion area.

[(question in hindi)UNCLEAR] Uh? What is being brought? The chart, this is the chart. Can you all see this one? Or we should raise it a little more. Now it is said in our books that such and such power exists and it has to rise. It exists in every human being. Whether he is Indian or Egyptian, Black or White anything. If you are...as long as he is a human being he has this in the triangular

bone down there. So it rises through these six centers. Your seventh centre is down below. And when it rises through the six centers it pieces through the fontanel bone area which we call as thousand petal center. That becomes one with the sutler energy which is surrounding us, which does all the living work. Now you see the beauty of the flowers. These flowers are made by whom? You'll say the Mother Earth. But how is it that the Mother Earth does that? From where does She get the power? How do you run your heart? Ask a simple question. It is you run your heart because of the same power that is all pervading divine power of love. It's a power of compassion and love. One should understand the basic. It's not hatred, it's not violence, it is love, it is compassion and this power works out on everything. It works out in such a manner that ones you get that you can feel it on your fingers all these centers. You can see clearly there are shown that on finger tips you can feel what is the centre that is catching. You can feel your own. Mohammad sahib has said very clearly, your hands will speak at the time of kiyama. At the time of last judgement we can call it or the last resurrection. Your, your hands will speak. Your hands will speak. That means they will show, your hands will show what centers you are catching. Can you imagine when He said that nobody tries to analyze how can our hands speak. But your hands will speak he has clearly said. And that is what happens to you that you see your fingers showing you whether you are catching this centre or this center or this centre. This is actualization. This is not just talking. This is not only just describing something but it happens to everyone and should happen. As a result what happens all these centers are responsible for our physical, mental, emotional and spiritual being. So they all get enlightened. They get integrated. Also they are nourished. So all our physical, mental, emotional problems get solved and we become spiritual. Now whatever country you may belong to whatever religion you may belong to you have every right to become spiritual. And when you become that you will be amazed to see that so many qualities within us start showing. The first and foremost quality that comes to you is you get a new dimension in your awareness. And what is that is collective consciousness. You become collectivity conscious. Means you can feel another person. You know what's the problem with that. With love not with anger, with love, you feel one with another person. Ones this happens all the quarrelsome things will disappear. The whole world can be changed and transformed. And you as people who are responsible for the media can do a lot. But for the media people it's very difficult because they have got on top of them other bosses sitting, this that. And if they write anything like that may be that it may not be liked, it may not be appreciated. But you have to have courage. And you must write about the truth if you find it, if you get it you must write about it. As a result what happens, actually what happens is that we are made of sutler energy. When we talk that, this Mother Earth, there are five elements which we are made of. But these elements are made of sutler energies. Once you become that your sutler energy start manifesting. And with that sutler energy you start getting different types of things. For example, they say it is the word or we call it shabd and from there it is, the another thing that comes is the naad, is the sound. This is the beginning I am talking of. And with that sound ones you have the sound then from the sound all these five elements come one after another. But the first one that comes out is light. So such a person starts showing light. You have seen there. See the light is all over. That is the first thing, Tejaswa (glow).

Shri Mataji talks to yogi: What is Tejasva called? Tejaswa is called? Take it out(in Hindi language)

Yogi: Radiance.

Shri Mataji: Huh?

Yogi: Radiance.

Shri Mataji: Radiance of light. Radiance of light. Radiance of light. So that you start... (Please remove this, it's not useful) can starts showing radiance of light around a person as they have shown auras and all that you must have seen. In so many people they show auras also. The artists have seen auras around realized souls. Then that from the same comes the second subtle thing is Vayu. Vayu, air.

Yogi: Ether?

Shri Mataji: No no, Vayu is air. That is cool breeze. So you start feeling the cool breeze of the Holy Ghost as they say. This is the second thing. These are all subtler things. Of the air. Subtler is vayu. So it starts. So all subtler energies start showing.

From the Jal (water)... Of the water also subtler...

Leave it. Doesn't matter. I will hold it.

So from water also you get a subtler thing of Jal. Jal is, we can call it as moisture. But moisture is not subtle. But a moisturous person. What happens with the moisture that your body becomes soft. Your know you put moisturising thing you body will become, your face becomes subtler. And dryness doesn't come and your youth is preserved. At Least you look young. Your aging doesn't come. Like that everything starts showing.

Then Agni is for..huh?..

Yogi: Fire.

Shri Mataji: Yeah Fire. Then the fire. See such a person is fire. But he doesn't use because of love that's very much...But fire can be used for two purposes. One is for burning out something and one for cooking food and doing things. So such person can create wonderful types of foods and interested in giving good food to people. And that food has vibrations. If the food of such a person has vibrations because it was cooked with that love, and passion, compassion. So that you take that food and you become a it can call a very tranquil person. Satisfied, you get with that very much satisfied. Now ones you people become satisfied materialism will be finished. Materialism will have no sense because what is it today you buy something then you go and buy another thing. Isn't it? It is, all the time you are dissatisfied. Today you want to have a table and tomorrow you want to have a sofa, then you want to have a car, you want to have a...endless...That finishes and you become very much satisfied.. If you buy a table you will enjoy it. You buy a sofa you will enjoy it. You meet somebody you will enjoy it. So this particular nature that human being have is what you call a greed finishes. And he is a satisfied soul. He is a happy soul. And he enjoys himself. This is happening with the agni tattwa. Because this fire becomes a very silent, beautiful satisfying fire. In the subtle form when you get.

Then there is jal tattwa (water principle), is the water. Water which is being vibrated, which has got vibrations can cure you. But normally you take any water it's not going to cure you. But water which is vibrated by some saint or something can cure you. And also you must have heard of many places where they have waterfalls which...waterfalls which what you can call are curative type. All this is the subtler side of these five elements. Then the Mother Earth, certain places are we call it as very sacred, for example Mecca. Now what is so special about Mecca. It's a stone there, that's all. What is so special? The special according to our puranas, our old literature, it's Macceshwarshiv itself. The God has come in the form of that stone according to Indian descriptions. You can imagine we have many Shivas and out of them one is Mecca. So but to prohibit Hindus to go there is wrong because they believe in Shiva and there is the Shiva there sitting down. Like that we have all the, all the elements go into transformations and they become subtle. And human beings also become subtle. So they understand [that] there is no difference between a person living in this country or that country or that country. So all your political problems can be solved. Supposing you give realization to Arafat and to this new president of Israel. No problem. If Israelis and Palestinians are given realization, no problem. They all can live very happily. And there will be no problem because they will see the oneness the subtlety that comes is that you feel the collectiveness. You feel one with everyone. And this is the new, we should say, transformation we are waiting for. That means sahaja yoga is working very fast all over but it's not very advertising type I must admit, cause I don't like too much of advertisement myself. But it advertises by itself. By itself. And the truth about it is that people have experimented and experienced.

Now in a place, farfetched place like Leningrad in Russia, when I went there I was surprised that we had put one or two photographs here and there I think may not be even in the newspaper. And they were two thousand people who filled the hall. There they filled...they had limited capacity. We have to pay for the hall ...for the hall people. So outside there were two thousand sitting I said how is it...How do you... you are all here? For what? They said, "Mother, to listen to you." Then I went inside and said alright let me finish these people and let me finish my lecture. When I came out you will be amazed they were still sitting. I said what is it? They said, "Mother we are waiting for our self realization. I said, "Alright you come tomorrow all of you and I will give you self-realization." You won't believe all these two thousand inside two thousand outside. There's a very big...This is one thing

about Russia, they have huge big compounds so many came and also one thousand more perhaps. They all came and we all sat down. They sat on the grass and I sat on the steps and I talked to them and pin drop (silence). And all of them are still sahaja yogis, growing very much. I was amazed at how these people are attracted. What has made them come? So they said Mother so obvious, your face. My face I did not think it was that much to [UNCLEAR work up].....Yes, we just saw your photograph and finished. We know.

Now what has happened with them is that with communism they are very much suppressed. They couldn't express themselves too much. They didn't have that freedom. So they sought their freedom inside. They grew inside. While when we have so called freedom you go, you see, into abandonment. You do all kinds of things in the name of freedom. Human beings have too much freedom when they are in the so called democracy. So then they can, even, can become demons. You see in democracy you can become a, you see, demonic. So that can happen, but in Russia I was surprised and so many we have now sahaja yogis. I mean I have, I don't know countless. Cannot count them as such. Surprising that that country has got so many. And they are very satisfied souls. So whatever has happened I told them aren't you worried about your political problems. No Mother. I said why. We are in the kingdom of God. Why should we worry? See this satisfaction. In the kingdom of God we are. Why should we worry that what's happening in Russia. See this kind of a mind of thousands of people. See it's not just a false satisfaction. But factual I think...They are having lots of other things with them. For example, the vegetable growth has gone up. They have everything in that country. But the management is so bad that they are poor supposed to be. But they are not. Actually they have lots of things that many countries don't have. But inside I was surprised that people in Russia are the most sensitive. May be they were so oppressed and so troubled. So this oppression has gone in the proper way there that they developed this kind of a sensitivity to spirituality.

In our country also we were very much suppressed but instead of getting into the same mode as the Russians have we have tried to become Britishers you know. We are very slavish. Because one woman comes from there who is very fair from Italy and we are all surrendered to her. Such slavery of fair complexion I have never seen before. But it shows our basic slavish mentality. And that's why we have closed all our old books our knowledge into seed. We are not bothered to see that. And we are incapable of going into it and finding out what is so great about our country. It's so much encompassing the whole universe. And what we can give them the highest that is the spirituality which they don't have. Now because they have gone into materialism fully. But all our books all our literature has gone into waste. Nobody wants to read about it, nobody wants to know about it. Now with sahaja yog there is a revival in a way because we have a hospital now, regular hospital, where people are treating all kinds of incurable diseases. But is so simple no medicine nothing, raising your kundalini, finished. You raise the kundalini and you get it. You don't have to waste money on medicines because what is medicine today.

When I was studying medicine, they had to learn each and every medicine and we had to write a proper what you call a complete serial number of all these and a compounder had to make it. But now you see this, all these companies are making what you call antibiotics. For everything happens to there's an antibiotic. They are not bothered as to how it affects you what if it bothers you. And it has become like that now. We have become so industrialized you see, doctors...that it is difficult for people to get out of it. Sahaja yoga we don't give any antibiotics. We don't give any antibiotics. Not at all. We don't give any. Only kundalini rising and vibrated water and all that. Diagnosis also is such a big one overall. I mean if you go for diagnosis you come out half dead out of that diagnosis. Such a person... In sahaja yoga you can get it on the finger tips. Even children can tell you what's wrong with you, if you are a realized soul. So such a great science is lost in this country because of a British rule we had. They never bothered to find out what was deep down into this country, such a knowledge, such a treasure of knowledge.

So it happens also such that I met him in a very.... different circumstances and he was very helpful and he only told me. "How is he here?", I said. He said, "We are, so many of us are here.. and who are...who have come for this conference and.." So I was very happy. And he said, "They would like to meet you Mother." So I said, "Alright alright I would love to meet them and talk to them about it."

Now as you are all, what you can call, journalists used to questions, I would like you to ask me questions. Doesn't matter. I mean, sit here, Sit here.

Man: Hi, I have already seen Mataji at Kathmandu. Because I am from Nepal. And I would like to ask Mataji how do you find the..about religion..how they treat upon religion. What's your views?

Shri Mataji: How do you treat upon..?

Man: Yeah upon religion. Yeah

Shri Mataji: You see reasoning is done by your brain isn't it..so called. But actually it's not brain so much I should say but your conditioning and your ego. They give you the reasoning. This is the reason, this is the reason this is.. but you reach nowhere. You reach nowhere. You go on reasoning, reasoning, reasoning. You will go mad but you cannot reach to the point. But if you can stop reasoning and try to see if there's another way out without reasoning, then this kundalini rises in an ancient way and can happen to all of you. There's no problem. And ones you get it then you start understanding that there's a..another system beyond us which guides us, which helps us. So the reasoning takes you nowhere. All the problem of today is because of reasoning.

Lady: You speak of a hospital where people are not given medication. But they are healed. Can you tell me more about that?

Shri Mataji: You are healed...Saying what?

Yogi: Asking how are people healed in hospital?

Shri Mataji: I told you just now. You see, these are the centers which look after our material side and also our physical welfare. So once it rises, this kundalini She nourishes those centers. Now I'll tell you example you say of cancer.

Yogi: Hello, Hello, Hello

Shri Mataji: Now..say, these centers are formed, as you know, within us we have autonomous nervous system. And autonomous nervous system has got three channels, the center one and the two others. So very little is known about this parasympathetic nervous system. About the medical science they know very little. From the left and the right, say for example, these two forces coming and form the central path. In this resides the, we should say, the energy for the particular area, alright? Now what happens we start using this either on the right or the left, say for the journalist it's more the right side they use. Because they have to think, futuristic you see all that. Now you start using them too much on this side. So you start moving like this. And there is exhaustion of the energy also. So what happens suddenly, something happens in life, some accident, something, some emotional problem so the left side which is the emotional side just gets out. So as a result you lose your connection with the whole. With the whole you lose. So you become working on your own. So you become malignant. This malignancy is the thing that works as cancer. With kundalini what She does, She goes here just like a tread and then She goes here, She brings them together. And then she nourishes them. So you get cured.

Lady: So how do you personally reach that stage. You talked about the spirituality.

Shri Mataji: Yeah

Lady: How do you?

Shri Mataji: That's why I am saying that your kundalini has to be awakened. First that has to happen. Then you must have faith in yourself that you can work it out. If you are diffident or oh I am ...See all there are all kinds of people there. They are people who are very guilty. Like, how can I get it? I have done this thing, I have done that thing. That's one type which catches this centre. Another kind are very arrogant. They catch on this side you see. So this has to be corrected.

Man: The vibrated water.

Shri Mataji: Huh?

Man: The vibrated water. You spoke about vibrated water. Where does it come from?

Shri Mataji: It comes from people who have vibrations. Those who are realized their souls have vibrations. They can feel the cool breeze in their hands. Even if they put hand in the water it is vibrated. All such people, saints and all that, whatever water comes from them is vibrated. For example the river, Ganga here, Ganges is, has got vibrations. I mean, you have to become that then you can feel it, right? Unless and until you have that, subtle within you, you cannot feel it. To you everybody is just the same. Every bottle is just the same.

I'll give you an example. I went to Kashmir and suddenly I felt. We were going out somewhere actually [UNCLEAR Nibwel]. Lots of vibration. So I asked the driver, What do you have a temple here, something? How do I feel the vibrations? He said we don't have any temple here. I said, "Alright, I will tell you, go this way." That's the (side) vibrations were coming. We went that way. There were some Muslim houses some very poor people. So I asked them, "What do you have here?" So he said, "It's the Hazrat Bal." One hair of Mohammad Sahab was kept. [UNCLEAR]...I get vibration. But these stupid people, they did not know anything, what it was. They are fighting for it and they..also the driver didn't know what it was. And for five miles, before five miles I felt the vibrations. So whatever I say has to be tested on vibration which is your own, which is your own testing capacity. The capacity otherwise is blunt, it doesn't give you the real picture. But supposing have vibrations you can feel it. Who has got it? Where you have it? It's a very subtle thing but once it is there it works.

Man: How does one attain such a state where you can?

Yogi: How can one attain this state.

Shri Mataji: It's very simple. You can all attain it here only. Very simple. Now what has happened is that, I would say, that in the 12th century [1200s] in this country, up to that time we had a group of people called as Nathpanthis. I mean we had all this all over the world. There have been so many Nabis. But in this country we had. And there it was a law I would say, traditional, that one person could give realization to another person, only one, one to one. Then, you see, there was a great poet called Gyanadeva, Gyaneshwara. He wrote all this at the age of 23 you can imagine, what he must be. And he asked his guru that he should permit him to at least write about it. So in his book Gyaneshwari he wrote. On the sixth chapter he wrote about it, that such and such energy he sees and all that. But nobody used to give realization. Then in the sixteenth century there were many poets who wrote about it. I mean Guru Nanaka wrote about it, Kabira wrote about it, everybody. But nobody understood what they wrote because see normally people didn't know what they were talking about. And after that sixteenth century it became yet still the same problem that one guru would give it to another. So when I was born...I was born I was myself a realized soul and my father himself was a saint. He told me as you know that is your mission is, to find out a way to give self realization am masse. So I worked it out myself. I by chance or I should...by luck my father was a very social person and I met many of his people. My husband too very social and I used to study human beings what's the matter. Why can't they get realization? So if I've done anything it is this that I've discovered a method by which am mass realization can be (done). And that's how thousands can get realization at a time.

Man: [UNCLEAR So]....can we experience that?

Shri Mataji: Alright, they can all have it. You see so many sahaja yogis sitting here, no problem.

Alright. Only thing you have to do is take out the shoes. Not the socks but the shoes. Will be better that way. Alright put both the feet apart from each other. Now just put your both the hands towards me like that.

It is not mesmerism because I close my eyes you see. They mesmerize with the eyes. And don't doubt. Just now don't doubt

yourself. It's the main thing. How can I get it? I have done this wrong. I have done that wrong. So as first of all you should not have any guilt. You must forgive yourself. At the same time you should also forgive others. Is very important. Because if you don't forgive others you play into their hands and bother yourself for their sake. So best thing is to forgive. Forgive them all, one and all. Now many say we can't forgive. Actually you don't do anything. What do you do if you don't forgive? You are just torturing yourself. So best thing is you just feel within yourself, just say that I forgive every one of them, which will open out your throat chakra which is very important. That will open out completely your, also your Agnya chakra which is very important is the...within the optic chiasma you have this so this chakras are to be opened out by your saying only. It's like a we can call it a mantra. Just by saying that I am forgiving everyone I want to forgive everyone. And I've forgiven everyone. Now you have to ask for it in your heart, "Mother please give me my self-realization." That's all. You have to ask three times that's all. Now keep your right hand towards me and left hand on top of your head. Now close your eyes. Top of your head over the fontanel bone area and don't touch your head on top. Bend your head. Bend your head. Please bend your head. And see if there's a cool or a hot breeze coming out of your fontanel bone area which was a soft bone in your childhood. Close your eyes and bend your head. See for yourself. You can move your hand and see. If it's hot then means you have not yet forgiven. That's important. But doesn't matter. Even if it is hot it is alright. It's throwing away all that ill feelings within you. So it's hot. Now put the left hand towards... Now with the right hand...please bend your head. With the right hand you bend your head and see for yourself. You can move your hand up on the sides and see for yourself that there's a cool or a hot breeze coming on you, in you, through you. But don't doubt yourself. You all can get it. You all are quite capable of getting it. So don't doubt yourself.

Now raise your hands little higher. Open your eyes. Some of you are getting here and here. So you have to turn it upwards like this. If you are getting that way. From here to here. Doesn't matter. Now see for yourself. Hands up..

Now all those who are getting cool or hot breeze on their fingers or on their palms or out of their heads anywhere, please raise your hands.

All the journalists have got. Oh God. [UNCLEAR They should not/Thank you God.....] No they will work it out.

Man:

Shri Mataji: That's it. That's it you have to admit.

He has got. You haven't got? No see. Just put on your hand. Journalism!..(laughter by audience) You are not getting. Keep your feet on the ground. Your feet should be on the ground. Yes, now? It's done, you have got it. No? Yes, just find out. Ok, they will help you, doesn't matter. You know getting but you are doubting.

Man:[UNCLEAR]

Shri Mataji: Come along. Just see this. You are getting it? He's got it. He's got it. What about you? No? Now don't doubt. Don't doubt yourself is the main point.

He is already realized. He is the...he's brought all of them.

He's got it. Got it. Now believe in it. Believe in it. It is there. Why he is not getting himself?

Indians get it very fast. But they don't get established. Others get established. The reason is that they have great importance for it.

It will happen son, will happen. He too has got it. What about you? You got it. What about you? Not yet? You think ...do his right and left. Do his right to the left. How are you?

1998-1216, Expression of Subtle Elements

View [online](#).

16 December 1998

Talk to Sahaja Yogis

New Delhi (India)

Talk Language: English, Hindi | Transcript (English) – Reviewed | Translation (Hindi to English) - Draft

"Expression of Five Elements on a Sahaja Yogi". Delhi (India), 16 December 1998.

I have been telling them that the style of Indian knowledge is very different from the Western mind. In the West, you see, if you say something, then they want to have an experimental approval. They will go to the scientists or to other people who are equipped with knowledge to know what they said in these books is true or not. They will even judge Christ. They would even judge Moses. They would judge everybody as if they are the most intelligent and the most capable people. And they write books after books against them disclosing as if they are those people who have said something, have said out of their minds or something.

It is never accepted normally and if it is accepted they become absolutely fanatics. So, now according to Indian style of understanding is that first of all if a great Rishi or great Muni or a great... you can call a saint has said something, then he has said it, while you have to just listen to that because you are not equally the same. Whatever he has said is his own experience, his own knowledge and you have no business to judge him or to say this is not true, that is not true. You accept it and once you get your self-realization, it is clearly written down after self-realization, you have to grow. Grow into perfect being and then you can see for yourself what he has said or they have said is the truth.

So the approach is different. In one way if you start going through science, through this, through that, you cannot reach anywhere and moreover your growth is stunted. So, what you have to do is to go to this knowledge through believing in what they have said. Whatever Christ has said, you have to believe, whatever Mohammad has said, you have to believe, whatever Guru Nanak has said, you have to believe, whatever Gyandeva has said, you have to believe, Lao Tse you have to believe: like that. Because you are not of that spiritual level. So accept it. Now don't try to analyse it. Everything you try to analyse and in that analysis you get lost. So once you are a realized soul of that level and then you grow into your fullness – what we call sampurna – then only you will know whether whatever they have said is true or not and then you can find out. It is very easy, then, to know whatever is said is true or not. For Sahaja Yogis now is very easy to find out if something is real or unreal, if it is truth or untruth, it is love or hatred. Only through vibrations you can do.

But going beyond that, I may say, beyond that one has to know what are these vibrations and what are they made of. What is the subtle force which is behind those vibrations. We call it Paramchaitanya, alright. Paramchaitanya, so what. What happens to you when you get Paramchaitanya, is something to be understood, the subtleties.

As I said, we are made of five elements, alright? So when you get your awakening, when the Kundalini reaches Sahasrara and opens out your fontanelle bone area, you become one with the Divine power. Then this Divine power itself starts flowing through you. A connection is established. Now when She starts flowing through you, this Shakti starts flowing through you. Then what happens? The subtle part we should understand. The subtle part is like this, that these five elements, we are made of, these vibrations gradually start breaking into the subtler form of which they are made. So the first thing such a person has is the breaks, you see, as it is said that "Word is God." It's said also in the Bible, "The Word is God." Now what is this Word? Word is a silent, we can say, silent commandment. We can call it like that.

But from that Word comes, according to Indian Philosophy, is another thing that we call as "Bindu"... or we can say a Word becomes Naad, is a sound... and then it becomes the Bindu means one small dot, and then from this dot... you see, all these five elements start coming one after another.

The first element that comes out is light... "Tej" light ... is the first element that comes out. So the essence of the first element is light. We call it Tej, Tejas. It is written, of course, in Sanskrit but we should understand that how the light pervades Sahaja Yoga so much and you see the light also everywhere. So the first element which is light and you can say in English the light's subtle thing is, we can say, "enlightenment", you can say. But enlightenment has another meaning, so we can say it is Tej, Tej. For example a person who gets realization has a face which is very radiant, so you can say the "radiance". The radiance is the subtlety of the light. So this radiance starts showing on your face. Radiance starts expressing itself and with that radiance people get impressed and they start thinking something special about this personality which has a radiance.

Now you have seen my photographs also wherever they are, many a times you find lots of light around. That is nothing but the light in me is giving radiance because the light becomes subtler. When the light becomes subtler in Me, – light, light is one of the elements – when it becomes subtler then it gives radiance and so this is the subtle growth within you that takes place. Your faces also start shining. They too have radiance and they too have a kind of a different complexion, I would say. This radiance is to be understood, is the subtle of the light of which we are made, light in the gross manner.

Then after this from the light comes the second thing, which we call as Vayu in Sanskrit, meaning the air. So the air that we have which is gross air, what is subtle of air is the "cool breeze" that you get. The cool breeze is the subtle of that air. So the subtle of what you understand as cool breeze is what we call vibrations, the subtle of that is air; which is a part and parcel of our making. So this cool breeze is the second thing that you start getting subtler and subtler. When your growth takes place, all these subtle things start expressing themselves. It is not only that you get vibrations but you get the cool breeze and that is the subtler of air that has built you up.

Then comes the Water. We are also made of water. What is the subtle of water is... sometimes English language, you know, becomes little short of expressions... but they call it... I mean which makes the skin, hard skin soft. The skin becomes soft. This is another sign of a realized soul that his... there is some cream they use, isn't it, to soften the face. But this is the water in us, gives us that luster, that nourishment to make our skin very soft and that softness of the skin becomes very visible. This is the minimum of minimum, I would say. But then a person who is a realized soul becomes very soft person, very delicate. When he talks to somebody, in his voice there is warmth or I should say there is... [Shri Mataji speaks in Hindi]... to have that flow, watery flow and coolness of the water. So that is the another subtle thing that should be expressed in your behavior, on your skin, on your dealings with others, that you should be like the water, which is mobile, which is cooling, which is soothing, which is cleansing. So this also becomes a part and parcel of your being, once you become a realized soul.

With this water you have also another thing which we call it as Agni, means the fire. So you also have fire but it is a very silent fire. It does not burn anybody but it burns all the wrong things within you. Whatever wrong things you have it burns and it burns the wrong things in other people also. For example, a person comes with a great anger towards me. What happens that this anger becomes cooler with the fire that is there. Moreover, a realized soul cannot get burnt, fire cannot burn, the burning cannot come to him. It is very important to understand. Also if you are doing something wrong, it may burn you but if you are a good Sahaja Yogi and I should say, perfect Sahaja Yogi, fire will never burn you. We have an example of Sita Ji that she went into the fire Pariksha... nothing burnt. So this is what one has to understand, that once you get to the subtleties of the fire, so the fire and the water both of them become sort of Divine.

For example, the water which you touch, water you drink, whatever you put your hand in the water, the water becomes vibrated. Means What? The subtlety of the water comes in it, the coolness, curing power also comes in that water. So when it becomes subtler, all these powers start showing which you can see for yourself. You do not have to experiment. Then the lastly is the Mother Earth... is most important... is Mother Earth. There is a photograph you might see which was taken in Russia in My Dacha where the Kundalini is in the Mother Earth. They have shown clearly. It is there and it is the Mother Earth which shows. For example, I have seen flowers, if you keep them in my room, they blossom. They can become very big like that, never people have seen such big flowers, sometimes they say. I am doing nothing. I am just sitting down and what happens to the flowers? You see now there this principle of the Mother Earth works... the subtle Mother Earth, it works, it's a mother. And that gives you all the nourishment and makes you grow healthy, and this is how this subtlety works of the Mother Earth.

Mother Earth is the one who is giver of virtue to all these flowers and to all these trees and to all that, but it also plays a big part in us. It is not only the Mother Earth that exists without our connection and we do not respect the Mother Earth. We have polluted it, we have done all kinds of things, we have removed the trees and we have made a mess out of her, but she is our Mother and so many subtle things of this Mother Earth come into us. One of them is gravity. A person becomes very attractive, not in the physical sense but in the spiritual sense. Such a person attracts others. They feel attracted and they feel that something special is about this person. This is one of the qualities of the Mother Earth. If she had not kept us attracted we would have fallen off with her movement and also other qualities of the Mother Earth also start manifesting within us, and we become very, I should say, extremely tolerant, patient... person. Tolerant and patient... extremely tolerant and patient. But if you are not tolerant, if you are hot tempered and all that, that Mother Earth's principle is not expressed I should say. Look at the Mother Earth. How much she tolerates our nonsense, how many wrong things we do against her, but still she tolerates. Sri Ganesha's quality is to tolerate, to begin with. Up to a point, he tolerates. In the same way we too become extremely tolerant, patient and forgiving.

This is the minimum of minimum that should happen to all the Sahajayogis who have vibrations, because now I have told you all the things that are expressed in your vibrations. It is a thing to be understood that what you have become now is something very great, it has not happened to others, it has not happened to somebody who is not really a Sahaja Yogi. You see the people who go to Church or to Mosques or to Temple, see their faces. Look at them, how do they look like? They haven't got anything from the Temple, they haven't got anything from the Mosque, they haven't got anything from any one of these places where they go to worship. So, that is artificial. That has become something, I should say, without any connection with the reality. Only after realization you are connected with reality and you can get the understanding of all these subtleties working through you.

Why I am telling you this, because I want you to know and recognize yourself, to understand what you are, what you have got. Once you recognize yourself and understand yourself you can do a lot. First of all to say that I am a Sahaja Yogi itself it should be very much with self confidence and as a self confident person should find out what have I done as Sahaja Yogi? What can I do as Sahaja Yogi? Some Sahaja Yogis have done wonders. They have done such a lot of work of Sahaja Yoga, while some Sahaja Yogis are still writing to me that "my husband is fighting with me, my son is like this, my mother like this"; all the time, you see, letters after letters come to me. You are a Sahaja Yogi. Now you just see to your subtleties, work it out. They think I am here to solve their problems, their family problems, and their jobs and things. I am not here for that. I am here to give you self-realization and the understanding that whatever you have got, you must accept as a challenge, take it up as a challenge and you will be amazed, how you will be helped and how you will get the results!

"Sahaja" does not mean only that you get spontaneous realization. It also means that you get spontaneity. The whole nature gets spontaneity. All those subtle things that I have told you, they also get spontaneous and they work it out. Of course, there are Angels and there are Ganas who are helping you but you need not worry about them just now. Main thing is you must realize what you are, what have you got and how much you have faced it, you have got it and how it has worked? I have seen every time I just have a little problem of something, immediately it works. It works in such quarters and such people that I never expected. Just comes in. Everything works out. But whatever works out is for your good, is for your growth, for your understanding that you are a Sahaja Yogi. You have entered into the Kingdom of God, but this you have to develop.

Also, introspection can tell you that are you working out all those things or not? If you take to introspection, you will be surprised to see, yes, you have these powers and you can do wonders.

So I bless you all, please develop those subtle things within you. They are already there; you do not have to do anything. Only understand and locate.

Thank you very much.

Translation from Hindi:

Those who are searching the truth, my salutations to all those seekers. We all are searching for the truth. But, in which place should we search that, where should we search that, Where is this truth hiding, should be understood in the first place. In foreign countries also I noticed that many great Sufis were born, and they all spoke about Sahaja, totally about Sahaja. But, no one respects them there. Their recognition is very less there. Very few people recognize them and entertain themselves by reading their (Sufis') poetries. But, they do not follow the path mentioned by Sufis. Like this, in every country, many great Sufis are born.

In England also, a great saint William Blake was born. But no one used to listen to him. Even I have never heard his name in my college days also. But I knew that he existed. When I went to London, I purchased his book for the first time.

Attaining self-realization has become very easy through Sahaja Yoga, for everyone. There is no such thing in this, that "you stand on your head", or "you abandon your family", or "leave your children", no need to do anything like this. This energy is present right inside you. Within you, in a triangular bone, this energy is present. It is not just that I am telling you, People have been talking about it since time immemorial. Now, kindly keep both your hands towards me. Now, keep this hand (left hand) towards me, and right hand on top of your fontanel bone, which was a soft bone in your infancy? Keep your hand above that bone. Right hand.

Now keep your right hand towards me and left hand above your head. Again, keep above your fontanel bone. That is, not on your head, but above it. Now check, if you are getting any cool breeze from your head. Some people may get the breeze much above the head, some may get in front of the head, and some may get behind the head, rotate your hand and check. Now, left hand towards me and right hand on top of your head and see that cool breeze is coming out. It's coming. It is possible that you are getting a hot breeze also. Because you have to forgive everyone. Do forgive each and every one. If you don't forgive, then you will get a hot breeze. If you don't forgive, then what do you do? Nothing. You are only troubling yourself. So, it's better to forgive everyone, then you will get a very cool breeze. Forgive yourself also. "I have done this mistake", "I have done that sin", don't think anything like this. Forgive yourself also completely. Now keep both your hands towards me. Please put both the hands towards me.

Now, who ever got a cool breeze in both their hands or hot breeze, please raise both hands up. From this end, to that end? My infinite blessings to you all. My blessings to all of you. You all have achieved it now. Your seed has germinated. You have to make a big tree out of this. And if all of you grow into big trees, then what can be better? After that, how long can this kalyug last?

"Satya yug" is anyways coming. But its Radiance has not spread yet. You people are going to Show light towards Satya Yug. Now I am very confident that you are going to spread Sahaja Yoga. Each man can give realization to 1000 men, and each woman can give realization to 1000 women. And everyone should try and give realization to all others, everyone else. My blessings to you all. In the end, we all will sing "Vande Mataram". All of you stand up for that.

1998-1217, Difference between Indian and Foreign system

View [online](#).

17 December 1998

Difference Between Indian And Foreign System

Public Program

New Delhi (India)

Talk Language: Hindi | Translation (Hindi to English) - Draft

1998 -1217 or 18 –Public Program DELHI INDIA

Sahaji brother: On behalf of all the Sahaja yogi brothers and sisters, who have come to Sahaja Yoga Kendra, Delhi, we welcome Her Honorable Shri Adi Shakti Mataji. For your information, Shri Mataji's schedule is busy, 12 months and 24 hours. Not only India, but in over 75 countries Shri Mataji's work keeps happening continuously. From this busy schedule, Shri Mataji has taken out time for us Delhi people. So, I request all of you to take advantage of the golden opportunity. I request Honorable Shri Mataji to give all of us who are present here the precious knowledge of Sahaja Yoga.

1-st translation of Shri Mataji's speech:

Shri Mataji: My salutations to all the seekers of truth. We are searching the truth but we should understand first where this truth is hiding and where exactly we should search for it. You must have noticed that thousands of foreigners from all over the world come here, and when asked the reason for their visit, they say that they have come here in search of truth. "There is no truth in our country, but thinking that there is truth in India, we have come here."

And in search of this truth thousands of people have been coming here for several thousand years. You must have heard in history that several people from China and many other countries came here. And somehow, they knew that the truth is hidden only in this country. And in search of this they used to wander in caves, in the Himalayas, and used to try every possible way to discover this truth, because whatever religion they followed, they knew that just by following the religion they could achieve the truth. This religion is just a guideline, like a sign post, written on the road, showing the way. This cannot lead them to truth. So, to get rid of this incompleteness, they used to come to India in search of truth, and this truth has been in our country and is still here. And it is most necessary to achieve this truth.

There is a lot of difference between our system and foreign systems. There, the system of knowledge is such that, if anything is said about knowledge, then immediately they start analysing it and researching it. How correct is it to do such a thing? If Jesus Christ said something, for that also the analysis will start. By this analysis the truth can never be found. Instead, this may lead to the finding of many distorted forms of the knowledge.

Now we should think about the system in our country. There is definitely some speciality and sacredness in this country, that so many great personalities, sages and seers have been born here over several thousand years. And this extended up to the 16 century, when great personalities like Guru Nanak were born, and they wrote volumes on truth. Many things were told and explained. But our system is such that we don't negate or discuss the writings of the great personalities and don't try to look at them from the classical point of view because these have been told by people who are at great heights, and if they have written something from that level, we respect and accept it, and follow their footsteps. This is the speciality of our system that with reverence and trust we accept that whatever is written by great spiritual masters is the absolute truth. There is no lie in it. We don't have the right to analyse or crosscheck this, as we are not that wise. We are not that great. Neither do we have much understanding of scriptures, nor we know them in depth. Once we understand this fact, we easily accept the truth with reverence, which has been given to us by the great personalities.

In foreign countries also I found that there were great sufis who spoke about Sahaj, nothing but Sahaj. But no one accepts

anything told by these sufis in those countries. Very few people respect them, but they also read their poems and entertain themselves; that is all. Like this many sufis were born in great countries. In a place like England also a great saint like William Blake was born. No one understands him. I had not heard his name even in my college days, but I knew he existed. When I went to London for the first time I bought his book. The reason for negating these people is, according to the foreigners, sufis are mad, William Blake is mad, and all the saints and sages also are mad. This kind of egoism which prevails in foreign countries is not seen in our country. Rather, we should say that it was not there before, because now we also are becoming foreigners. We do not know anything about our country. Children in our schools hardly know anything about our country. I asked one of the children, "Do you know anything about Ajanta?" He asked if Ajanta is in India or abroad. The resources of our country are so great, so strong and unshakable, but we do not consider it our prime duty to know about them. We can never discuss the culture of this place. Many people, particularly our foreign Sahaja yogis, requested me to write a book on the strong points of our country. I asked them, "Which strong points are you talking about?" They replied, "About Indian culture. Please write a book on Indian culture." I said, "Our culture is like an ocean. What can I give you from this ocean? I will have to write volumes and volumes on this subject."

Let me tell you something which could be a funny incident for us. Once, a foreign lady came to Me who was the wife of an Ambassador. She was wearing a garland around her neck. She told Me, "I don't understand Indians." I asked her, "Why? What happened?" She replied, "I went to a flower shop, and I found a beautiful garland in that shop. I bought it and wore it, and the girl who was selling the garland started laughing at me. And everyone I saw on the way also were laughing at me because I was wearing that garland." I did not know how to explain it to her. I told her, "Look, here in India a garland is worn only when someone honours us. You cannot honour your own self. So, if you are honouring yourself and wearing a garland, then it is definitely something very funny for Indian culture, and would make us laugh." She said, "Your Indian culture seems to be very deep."

Any Indian will understand that giving importance to your own self, and roaming around with a garland around your neck, is considered a despicable act, because there is no humility in this. We should understand who we are and what we think of ourselves. But I would say, whatever agitation Mahatma Gandhi carried out, regarding this matter, had an adverse effect. When I was with Gandhiji, I found that whatever he did was only to promote the Indian culture, in spite of the fact that he was educated in a foreign country. Without this culture the world cannot exist. If the world has to be saved, then Indian culture should be an excellent example so that others will understand that this is the true life and there is true joy in living like this.

And in his ashram, there was a tradition of getting up at 4 in the morning. It was a rule that after getting up at 4 in the morning, you finish with your bath and other things and proceed to the prayer hall. And during the prayer sessions sometimes we could see snakes dancing in front of us. But there is no history of snakes or scorpions biting anyone in the ashram. The environment was so pure there. And people of all castes, creeds and religions used to worship there, with humility. And along with the prayer, music sessions also used to take place. And it is not surprising for Me since I know him so well, that whatever hymns [bhajanavali] he wrote were based completely on the Kundalini and chakras, in order, that is, it was written on one chakra after the other. His first hymnal was on Ganeshaji, the next on Saraswatiji, and this continued with other chakras in ascending order, describing the deities of each particular chakra. And we were supposed to sing in the same order. After that the Lord's Prayer was recited from the Bible, and after that a few verses from the Koran also were included, and there used to be mention of Buddhism and Jainism as well. But the first part of the prayer always used to be about deities present in each and every chakra of ours.

He had such a spiritual outlook, and he knew everything about Kundalini and all the chakras. With the complete knowledge, he wrote these verses, in an organised form, and tried to bring this knowledge to the common man. And he used to ask me questions about spiritualism. I was a very young girl at that time but he used to say, "Tell me, which profoundness of Indian culture is special?" Now it is very important to talk about our culture, because people have forgotten Gandhiji. Gandhiji has become totally unimportant because his spiritual teachings are not seen anywhere in today's politics. No one talks about spiritualism. If Indians cannot understand spiritual matters, then who else can?

Today you can see that people from 75 countries have come here to attend this meeting, and our spiritual matters have spread in these 75 countries. And these people have got Self-realization, and they are following our culture. They are not following

American culture, or English culture or French culture. On the contrary, they say that the culture of their respective countries will take them towards their downfall. This culture kills our spirit, and diverts us from morality. These people have understood this. Now shouldn't we understand?

We people give explanations and fight for things which completely lack even the thought of morality. And the greatest thing our culture teaches us is to be moral. There are certain rules in morality. In our country every person has full freedom to either be moral or immoral, because ultimately you have been given the complete freedom. Now you should understand "swa" [spirit] and "tantra" [mechanism]. To know the mechanism of your spirit is the actual freedom. "Swa" means your spirit. To know your own spirit is the freedom [swatantrata].

Shivaji said that in the future you will know your spirit. And that is what Sahaja Yoga is, where you will understand your spirit. And the easiest way to know your spirit is through our Indian culture. You can never get to the depth of this culture because you have been thrown out of it because we are being ruled by kinds of people who have no knowledge of Indian culture. These people have bundled up Gandhiji's teachings and thrown them in a corner, and whatever they are teaching is contrary to Indian culture.

For example, I belong to Chittorgarh. You must have heard about Rani Padmini, who jumped into the pyre. She jumped into it along with thousands of other women, to save their chastity, which is considered to be the greatest power of a woman, according to us. Wherever the chastity of a woman is not respected, that place is dominated by demons, devils and ghosts of Brahmins [brahmarakshas]. And this truth can be witnessed in America. Many nasty incidents are happening in America, which I cannot describe. The mothers are killing their own children. There is so much of filth there, that people are not scared of doing anything wrong. Since you have not been there it may look like the grass is greener on the other side for you. They are not scared of God. We don't even know if they believe in the power of God. For them everything is money, which has to be achieved in any possible way.

I know a person whom an American asked, "If I give you a lot of money, will you kill that particular lady?" This person replied, "No, no, I cannot kill anyone. Why should I kill her?" The American replied, "For the sake of money." He said, "I can never kill anyone for money or any other reason." The American said, "I can kill her, because I will get money. Money is everything." Then, you wouldn't hesitate to kill your mother also. The other day a person came here who said, "Mother, I killed my own mother." I said, "OK, so tomorrow you will kill Me also." A person who can kill his own mother and show disrespect to her can never be an Indian.

There are plenty of descriptions of Indian mothers. We consider mothers as the form of Shakti, and we worship that Shakti. In all our scriptures there are descriptions of the mother. Everything starts with the mother, but in the foreign system a mother does not have a place at all.

Many of the foreign countries have been named after fathers. For example, we call our country Bharat Mata or motherland. But they claim that their country is masculine. Germany is one among them. You all know very well what Germany did, and now they are suffering for their deeds. Indians can never do such a thing.

But there is a lot of ignorance in India. Recently, I came across a book in Jaipur, which must have been written by a local person. In that book he has written that instead of going in the pyre, Rani Padmini could have surrendered herself to Alauddin Khilji and she could have become his slave. There would have been no war in that case. She burnt 32000 women along with her. Where is the wisdom in this? See where these people's thoughts are going. Maybe we should compromise on everything. What was the necessity to fight with the British? We could have been their slaves as well. If we had compromised everywhere, many people would still have been alive. But what would they achieve by just being alive? Today so many Indians are living, but what good are they doing? What are they going to achieve? Money, money, money; this money has gotten into their brains also. And for the sake of money should we sell our values? Should we completely destroy them? These values are our support system, and you should know that the whole world is waiting to see which value of yours is going to lift you up, and which value of yours is going to awaken you. And you are becoming fools in the hands of everyone. The British tried to fool you and you acted stupid.

Whoever is trying to spread immorality in the country can definitely not be an Indian, because without morality you can never rise

high. Only with the help of this morality can you achieve the All-pervading Power. If there is no morality in you, you can never become emancipated. You will go to hell, and your country will also go to hell. Like, I have observed that in foreign countries people are given complete freedom. Somehow or other their only intention is to earn money. It doesn't matter if women have to sell themselves or you have to open liquor stores. The only intention is to earn money. And after earning so much money, where does America stand today? Do you know that they are indebted to many countries? The country is sunken in debt.

Many of our educated Indians went to America. I asked them, "Why have you come here?" They replied, "There is a lot of money in this country. So we came to earn money." All right, then what happened to all the money? Why is everyone in debt? Every youth is paying off a loan. I said, "You are all Indians. Why are you sinking in debt? You should remember that you people are highly educated engineers, doctors, and chartered accountants, and still you are so deep in debt that you cannot even go back to your country." They said, "To have a lifestyle of this kind we have to borrow money." Like fools, they use their credit cards and order this and that and unnecessary things just to match the American lifestyle, and thus they are in debt. You went all the way there, and now you are in debt. What is the use of going there? You could not earn anything properly but you are paying off loans. Yes, you have huge houses, expensive sofas, carpets, this and that, but everything is paid for by loan money. And in that country taking a loan is not considered bad at all. So you also keep borrowing money. We should not be in a place like this where the culture is so unprincipled. I call this as wrath of "aLakshmi", where superficially everything looks beautiful but there is nothing inside except loan. What can we learn from these people? They come here to learn from us, and what can we learn from them? There is nothing to learn from them.

We should not be frightened to accept boldly that there is no greater country than ours, and in the whole world there is no better culture than ours. It is very difficult to get to the depth of this culture as we also have become very useless. In India people have become so worthless that they sell their vote just for some onions. Now, Sahaja yogis who came here from outside came with a bag full of onions. I should be ashamed of this. Many people know how to fool others but Indians are expert in being fooled by others.

All these foreigners brought along with them bags full of onions. I asked them, "Why have you brought onions with you?" They said, "Because we heard that there is such a shortage of onions in India, that the government is getting toppled because of that. So we brought onions with us." I said, "That is true, but at least don't embarrass us so much."

Those days are gone when people used to fight for their country and sacrifice everything. We ourselves were among them. Today people who are claiming all the rights in free India, did they or their ancestors ever do anything good for this country? When there was combat in the country, when people were fighting for freedom, getting hurt, going to jail, sacrificing their homes, were any of these people present there at that time? Now they are claiming rights and passing orders that this should not happen in the country, and things like that.

I am very astonished to see that to bring unethical things in the country there is so much fighting going on. Today the principle is to spoil the justice lovers by giving them liquor, teaching them ugly things, wrenching money from them and swallowing it yourself.

You have to remember one thing, that if you are coming to Sahaja Yoga you have to accept the Indian culture, in spite of your caste, creed, race and religion. Without that, it is not possible to be in Sahaja. And you need to understand what Sahaj Marg is. Consider that we follow a certain thing religiously but we have not achieved it yet. So many fraudulent people have come, giving wrong advice, because of which there is plenty of chaos. So that is why it is mentioned that you get Self-realization. There is no meaning in your religion or your talks unless and until you have achieved Self-realization. This cannot be achieved by your intelligence.

Einstein himself has said that this Self-realization is beyond our minds. He also was a Self-realized soul, who mentioned about "torsion area" but people negated him by asking, "Where is this torsion area?" How can you find this torsion area? You cannot find it until you attain Self-realization. So first of all, achieve your Self-realization. For that also many false people mushroomed in our country. Many tantrics grew, who started cheating people by giving them things like diamonds, and people started getting