

minutes I had to tell them, in the car. Ramesh was sitting in front. He was writing "so many kilos, so many kilos, so many kilos, so many kilos". And forty kilos of rice was cooked. And four hundred people ate. And the- you must get the tape. Did you get the tape for Sahasrara day?

Sahaja Yogi: I don't think, was it [inaudible] there?

Shri Mataji: No, from Bombay. Did you get? One from Bombay.

Sahaja Yogi: I don't think so, Mother,

Sahaja Yogini: Ruth's letter with most of the talks in it. And she said it's going to be written in the Nirmala Yoga next month.

Shri Mataji: Hum, then it's all right. Then it's all right.

If it is translated, it's all right. Yesterday's speech was good also [inaudible]. It was very good, isn't it? It has cleared out many people, it was nicely balanced.

So now, first thing I have to tell them, as you say, that it does not relate to what you have known so far. But with Americans another problem is that they are very sold out to traditions.

So, if you talk, there was- I must tell you an experience. There was one fellow who came, very well-known man there, who does lot of TV, this that. He came to see Me. And when I was talking to him then he asked Me, "What do you think of -

Shri Mataji [talking about the baby], "She has given up". All right, have some more.

[Laughter]

The jugglery going on. Still, there's more.

And that gentleman, he said that- no I told him that, "He was not good, Ramakrishna was not good". Immediately he folded all these things and he [inaudible] "Thank you very much". And then these people telephoned to him. They said, "Why, why did you behave like this towards Mother? Why did you do this? So, he said, "But, you see, this Sahaja Yoga is not traditional". He said: "What do you mean?" He said, "Why should She say such a thing about Ramakrishna?" According to them, Ramakrishna is very traditional. In which way Ramakrishna is traditional? That he used to dance, he used to dress up like a lady, do all kinds of dramas. Which tradition is that in India? But they have certain conceptions of the traditions, only fifty years old tradition they accept.

And then anything you tell them - you were there for this Lewes meeting, you see, that girl asked Me a question.

Sahaja Yogi: No, I was at the theatre. But I couldn't manage so...

Shri Mataji: Lewes, you were not there?

Sahaja Yogi: No, I was not.

Shri Mataji: She asked Me a question about the tradition part of it and I told her what was the traditional. And this was all kept a secret for six centuries, nobody talked about Realization. You see, to them, tradition means whatever people have been working out for the last fifty years: it's tradition. It's not. On the contrary, all these fifty years, they have ruined all the traditions of India. Absolutely. Absolutely, no traditions at all.

Say, fifty years back came the star of Pluto, of fifty years back when I was born. And just after My birth, everything moved in such a fast way, the negative side, because they knew that now, their end has come. So, the anti-God activities became extremely powerful. The day I was baptized was the fifteenth day of My birth, and there was a carriage by which we were going. You see, in these days we used to have "tongas" [horse-cart] in India. And the horse fell down, the horse went up like that, actually, and the cart felt down. It broke into two and I felt inside the cart. On top of Me was the cart, on top of that felt all these things. But nothing happened to Me. See, the negativity, how fast it is working.

Then, after that, I got terrible blisters on my body, all over the body. For six months I was just covered with blisters. So many were negative forces like that. I still have one or two marks in the body, one mark here [on the left arm]. So, you can imagine how powerful these forces were at that time. But my mother said that, "You were bleeding, never you cried about it. Nothing. You were bleeding and we were afraid to touch you cause all body was filled with blisters". But from nothing at all, it came, so they did not understand. So how negativity has worked throughout, shows that they just expedited all their forces, brought in.

So, these sixty years, as of course, Sahaja Yoga, has come out of it, but the other side is also very deep, and it has a very deep bearing in America, because last sixty years have been important for America also, very important. And how many changes in these last sixty years in America has taken place! How many presidents you have had? I think when I was born- when did

Abraham Lincoln died?

Sahaja Yogi: 1866, '67 just after the Civil War.

Shri Mataji: Ah. And then?

Sahaja Yogi: Then Grant, Ulysses S. Grant the general as President.

Shri Mataji: Eisenhower came. Before Eisenhower who was the thing?

Sahaja Yogi: Truman, Mother.

Shri Mataji: Truman I mean. I think from my birth was Truman. You see, Truman came, then Eisenhower, I mean so many.

Sahaja Yogi: Truman, Eisenhower, Kennedy, I think Nixon. Johnson. Johnson, Nixon.

Shri Mataji: Five, just imagine! And in sixty years' time. Who was before Truman? Eisenhower?

Sahaja Yogi: No, Roosevelt, Roosevelt.

Shri Mataji: No, no, Roosevelt it is. Roosevelt. I was with Roosevelt. I remember Roosevelt also very well. Roosevelt was one great person, I mean, very great. After Roosevelt, horrible! It's going round and round. This Reagan is, he has no vision, he has no higher feelings, nothing.

You see to combat Russia, you must have people like Mahatma Gandhi, you see, who knew the power of human beings, you see. Not people like Reagan can fight, nor this Mrs. Margaret Thatcher. You need people like Mahatma Gandhi to fight these. To fight a sword, you must have a shield, proper shield, not a sword. And if you could produce someone like Abraham Lincoln now, he can put them right. But that one also, Abraham Lincoln, is another great blessing they had, what a great blessing! There's only one road somewhere very far-fetched I saw once, in his name, nothing else I saw! I mean once a statue I saw of Abraham Lincoln. And he was the greatest man you could think of.

And even greater than Jawaharlal Nehru or anyone because, he gave such great conceptions and such great ideas about freedom. What about these Reagan and all? I mean imagine a cinema actor! English would not accept that at least. Of course, even Margaret Thatcher is petty trader sort of a person. But Reagan, I just don't understand.

Sahaja Yogi: There didn't seem to be much choice for the elections.

Shri Mataji: Hum?

Sahaja Yogi: There didn't seem to be much choice, just between him and Jimmy Carter.

Shri Mataji: Yes.

Sahaja Yogi: There is no other choice.

Shri Mataji: First, the Jimmy Carter was a wrong idea, you see. That's like stepping down one after another. So, between them two, I don't know. But such a great country, you have such great thinkers. Do you have only these two clowns there to vote for? What I am saying, why not bringing out some great people? People with ideas, people with higher thinking. Or you cannot beat Russians otherwise, unless and until you talk big. You have to tell them all these big things, then Russians can't talk.

Sahaja Yogi: Mother, they have such a show business attitude towards everything. They have no-

Shri Mataji: Americans.

Sahaja Yogi: They don't take it seriously. Even the West, with the Indians, they just make movies out of India. They never see the reality.

Sahaja Yogi: Is it, is it because they harm their roots?

Shri Mataji: Oh, you must have leaders who are visionaries, you see, those who have bigger ideas. Otherwise how are they leaders? Leaders must have some big ideas, you see, the leadership is that a leader will never tackle small problems of their followers but give them problems, "All right, solve this. Solve this problem. We have to do. Now I have to go to America, now tell Me what am I to do". That's how you should lead people. Put their mind into it. Instead of that you put your mind into their smaller problems, you see, finished!

Sahaja Yogi: Do you think, Mother, that it's maybe because they, they don't feel their own roots, they don't feel their own worth, that they...

Shri Mataji: No, you see, it has an advantage that also, because they don't feel their roots they should think of much higher things. Because deep rooted people can be quite [Shri Mataji thrusts her fist towards the ground] you see, conditioned type, very conditioned type. But they should really fly out with their wings. Instead of that, that is floating here and there. Actually, those

who have no roots should fly out, isn't it? I mean those who have roots, the birds are higher than the trees, aren't they?

Sahaja Yogi: Yes.

[Laughter]

Shri Mataji: And I had that feeling about, because if you read Abraham Lincoln you do feel, "Isn't it Sahaj?" Really, he was talking of golden Age, I think.

Sahaja Yogi: It was a new country.

Shri Mataji: Absolutely. And the newness, and the new ideas, and all that, it's all brought down, just like that, collapsing type.

Now, say, French, very deep rooted, now where are they going? Horrible. They hate everyone, very big headache they are! I tell you, wherever there's a French, it's a headache. [Shri Mataji holds her head] in the diplomatic- [Talking to the French leader Alexandre] No, no, you are a Yogi. He's a Yogi now, he's a Yogi. But it's a fact, you ask him, it's not a fact?

Alexandre: That's true Mother.

Shri Mataji: You see, for nothing at all they create a problem. And in diplomatic services, ah!

They create problems after problems.

[A Sahaja Yogini comes with the lunch] What is it? I have to talk there.

Sahaja Yogini: Fish and seaweed, Mother.

Shri Mataji: But I'll sleep like a log of wood if you give me all that.

[Laughter]

Sahaja Yogini: It's just seaweed [inaudible].

Shri Mataji: All right. All right.

Sahaja Yogini: It seems that it is quite big but-

Shri Mataji: That's fish! It looks so nice, you can't imagine. Which is the seaweed?

Sahaja Yogini: It's the black underneath, is the seaweed.

Shri Mataji: It's that? All right. And that's the fish.

Sahaja Yogini: Yes.

And this is some of the sesame seeds. That's all, Mother.

Shri Mataji: Then I won't have all this, just that. Thank you.

You got the seaweed.

Sahaja Yogini: Yes.

Shri Mataji: I must teach this boy to clean it.

Fine!

Sahaja Yogini: Yes.

Shri Mataji: Excellent. You said this is Chinese?

Sahaja Yogini: Japanese.

Shri Mataji: Japanese?

Sahaja Yogini: I mean seaweed.

Shri Mataji: Oh, horrible Japanese are. They can't make like this.

[Laughter]

They just can't make that.

Sahaja Yogini: This Chantal has told me how to make it.

Shri Mataji: Chantal has done?

Sahaja Yogini: She, she said how to make it this morning. I got the ingredients.

Shri Mataji: Very nice, I tell you, very, very nice. And the fish is very good, too.

Pamela, you have made it or she has made it?

Sahaja Yogini: I made it Mother, but Chantal told me how to make the seaweed.

Shri Mataji: What did you do with the fish?

Sahaja Yogini: Roast baked in the oven.

Shri Mataji: Just baked it?

Sahaja Yogini: Yes.

Shri Mataji: Remarkable. What else you have? Mushrooms?

Sahaja Yogini: Mushrooms, carrots, onions and that's all. A little bit of tomato sauce and ginger.

Shri Mataji: And there's butter also.

Sahaja Yogini: A little bit of ghee. I kept at minimum.

Shri Mataji: A little.

Sahaja Yogini: A little bit ghee.

Shri Mataji: Ghee. Very good. Excellent. You must eat rice oven. And I should find out about this shop in London, what shop you were saying?

Sahaja Yogini: The body shop, yes, Mother.

Shri Mataji: You get seaweed there? Where do you get seaweeds?

Sahaja Yogi: Neal's yard, Mother.

Shri Mataji: Hum?

Sahaja Yogi: Neal's yard. Chantal's work there, Mother. She can get it for You.

Shri Mataji: Oh, I'll ask Chantal to come and teach to cook, how to do it.

I never knew seaweed was so nice.

I never knew they were so nice. I thought that Japanese eat everything so...

She works in a health, health trade, does she?

Sahaja Yogini: She works in a dairy, Mother. She makes the cheese and yogurt in the dairy. Shri Mataji: Dairy.

Sahaja Yogini: Yes.

Shri Mataji: You were, you two, doing something like that, was he? You were not connected with that sort of thing.

Sahaja Yogi: I've met Paul there who introduced me to You at the meeting.

Shri Mataji: Oh, I see. Whom did you meet?

Sahaja Yogi: Paul Danken. Paul.

Shri Mataji: Winston told Me something. I used to think that was, Covent Garden was beyond the river. That day, first day when I went there, I knew it was here. I've never seen it before. And that, that system of that clock you know, that's very interesting.

[Laughter] And we reached there at the time when it was- Hello, how are you today?

Sahaja Yogini: Sorry for coming late, Mother.

Shri Mataji: No, it's all right. We went out. I bought some laces. Do you know there is very nice shop now.

Sahaja Yogini: Good.

Shri Mataji: Which sells all for the past, What? It sells the past.

Sahaja Yogini: Antiques.

Sahaja Yogi: Yes. The past for sell, Mother.

Shri Mataji: Not antiques, laces and very nice- I bought for twenty pounds so many laces, you can't imagine! Laces, lace work, lace- what you call- curtains. Complete curtains, made of hand, made in hand, with thread. Can you show her?

Sahaja Yogi: They are still in the car Mother.

Shri Mataji: Where is the car?

Sahaja Yogi: With Paul.

Sahaja Yogini: Mother I wanted to give You this one, and wanted to show you what has happened. Because last year in Hampstead, remember we gave You one like this and I remember how much Mother had loved it. And we had one this one at home. For one year we've kept it and it was resting. And just quiet because it is not yet the season. And every day I was looking at it. And four days back I thought, "Ah, I think, I feel when Mother comes, it will make a flower". And when I woke up this morning, this was present.

Shri Mataji: How sweet it is! You know, this is called as the flower of eternal in India, anantya. It's called as that, gardenia. And then when you gave Me, I'll really looked after it. See how many there are!

Sahaja Yogini: Yes. I just bought, I saw little buds coming and I felt, I was sure, because Mother loves it, it would know that You are here.

Shri Mataji: You see how nature works it, so sweet.

Sahaja Yogini: So great to see.

Shri Mataji: Thank you very much. Just imagine this flower, I discovered only just after I started Sahaja Yoga and named it. You wanted to know how the name of the Trust which was not very definite like Sahaja Yoga but something, little ambiguous I should say. So, I said, "All right, the Life Eternal. Call it the Life Eternal, you see".

And, in Marathi translation, Hindi transposed, "Ananda Jivan". Then after that, one day I discovered this flower, some people had brought it. So, I asked them, "What is this flower called here?" They said, "It's called as the flower of eternal, anantya". Just tremendous fragrance! But it's Indian flower, actually. But the best part is most of your flowers are not fragrant.

Nature works in all its detail, in all its detail. And so many things, I tell you now. In America I am going, the man who is going to helps us is Dr. Marwah. He says that he knows many people here and he will arrange a TV and everything, in Los Angeles. And see now, he's become the Mayor of Los Angeles.

Sahaja Yogini: Oh, great. That's good.

Shri Mataji: What help we get! But despite all that, as you told Me about that money crawling in, despite all that, human beings are the ones who will let us down. Whatever we may try, God is trying his level best to do this and to do that, everything. Same thing in New York. There was one Dr. Lanjeevan whom I met. And he wanted Me, somehow or another, to talk to doctors and all that. But he said, "I don't know if people will listen to me and all that". And he became the chairman, chairman of all the practicing doctors of New York, that association. But then he refused to do anything for Me. And next year, he lost his job, got into trouble, everything he had. But he became the chairman and refused to do anything for Me. Then he had problems.

So, nature, even God's help, everything is perfect. You can't blame it. The earnestness of Sahaja Yogis, their desire to get so many to Sahaja Yoga, everything is there. But somehow, the negative forces are so active, that human beings, you see, they can't see things through. It's very sad. What's going to happen to all these people? They don't know they will go to Hell and Hell is so horrid. There's no other way out. I mean I can go to any extent to please them, to do what they want but they must get their Realization.

There's somebody who wanted to meet Me. So C.P. said, "He must come and see You. You are a saint. He's coming to see you as a saint. He should come and see You. Why should You go and see him?" I said, "Baba, it doesn't matter. But if it will help Sahaja Yoga I will go and see him. I don't mind, I have no dignity, nothing. I'll just go and see the fellow if it works out for good". But never, I tried anything.

Such help, you can't imagine! I was in Bangalore and there was a yoga teacher. And he came to Me and he wanted to talk and as usual, he became rather rude. He said, "But why should you say that You have got Realization? Why should You say that You can raise the Kundalini?" I said, "I never said that". Because one of his assistants had come to Me. So, I said, "I've never told her". She knows about Me, so many people know. Ask her. At that time only who comes in, is the Secretary of the President of India, whom I have cured. He just jumped on him. He said, "You are a very rude and arrogant fellow". What do you mean by saying such things to Her? Do you know what She has done, who is She? Who are you? Why should you ask such a question? He just jumped on him. "You're a very rude and arrogant person. What do you mean by saying these things? What authority you have to say such things to Her? Do you know She's cured our President? I've seen it with my eyes. She's cured one man and I've seen it.

[Cut in the audio; end of video]

It was remarkable because we, form was very interested itself, doesn't matter. But there is a beautiful church and when you go through the church you have to go down. And there you find, there is a little statue, of Mother of Christ. The face is exactly like mine, is put there. And the story about it, that two children who were running after some...

[End of audio]

1983-0527, We can get Self-realization so easily

View [online](#).

27 May 1983

We Can Get Self-realization So Easily

Public Program

Brighton (England)

Talk Language: English | Transcript (English) – Draft

I went to your radio broadcasting and people told Me that, "It is very difficult to believe, that we can get Self-realization so easily."

Also that, "The whole thing sounds so fantastic, so great and how can we human-beings get our realization so fast." We must know that we have not created ourselves and we cannot create ourselves either; We can destroy but we have not created ourselves. Some energy, some force - call it God, call it anything - has created us and the way we have become human-beings, one can see very clearly, there has to be some purpose. If so, then we have to find out that purpose. Logically, we reach a conclusion, that whatever we know today about ourselves and our being and our purpose, is not sufficient to convince us of our importance, of our glory and the need for this force to create us. To understand what it is, why are we here, why are we made human-beings - are we able to find out with this human instrument we have got? With our human awareness can we find out why are we here, why are we made or is there anything else provided within us that can give us the ideas, the knowledge about ourselves. One thing is definite, we must understand that in these modern times, there are many people born, who do not accept life as it is. They perhaps do not know for what purpose but they want to deny and defy a revolt against the mundane type of life they think there's something missing in it. They have not been able to find why they are here.

Perhaps, they think the joy is missing in life and what is the purpose of our life. But when we start our search in this direction to find why we are restless, why we are dissatisfied, then we get lost. It's like, we have come now to Brighton by train and there is no train to go to a particular point any more. Now, if you give up the train, there is no bridge and how to reach there. Everything seems to be unknown also we do not know what are we seeking, though we feel that we are seeking the Truth behind everything else. Then, with our reasoning, we have to understand what are we seeking first of all. Then how are we to seek? The normal way of seeking anything, for example, your power, your money your wealth, has to be changed. There has to be some other method by which you have to seek that which is innately missing in you and that cannot be anything that you have known so far. If you had known that so far, you would not have been seeking.

You go to Science, you go to Arts, you go to any field of knowledge, you will find there is no way by which you can be guided to this new awareness that you are seeking Naturally, you are misled - anybody can mislead you because you are going to an unknown realm and anybody can mislead you. Moreover, there are so many books about the unknown that it is not easy for us to discriminate. We have got person like Hume, who doesn't have much support in U.K., who was a realized soul and what he talked about the Truth, according to Me, is perfect. Then, we have another one, called Mr. Freud, whom I call a very half-baked gentleman, while many would not agree with Me there and there could be so many like that, where we do not know how to discriminate. So many books have appeared, so many things have been placed before you, so many ideologies, so many fake gurus - I could be one of them same time, maybe trying to deceive you to get something out of you - possible. All these things are so much, that I can understand you all are so much confused. But if I were a seeker, in a simple way, obviously, what would I do? First of all, supposing, you are going into a market-place to buy something, what do you do? You go and find out from others, those who have purchased things from the place, how it is. Is it good, is it doing good to you, is it working alright?

You just don't buy anything because it is advertised; At least a shallow person may do such a thing but not a person, who has earned his money with great difficulties and who understands the value of his money. He won't just go by and buy something because it is advertised in a big way. So, what are the things that one has to do, is to find out, those who have been going to all these different alternatives, what have they achieved and what am I going to achieve it? Now the first thing we say that, you get something in your awareness if it is a living evolutionary process. In your awareness you have a sense of color you have a sense

of beauty, you have a sense of cleanliness. In your awareness, means in your Central Nervous System, whatever you have achieved, you can feel it and understand it. If some thing is hot, you know it is hot, if something is tasty, you know it is tasty; In the same way, the Central Nervous System that is built-in within you, which is your own, you should feel whatever you have achieved. It's not just a, sort of a, brainwash people can give you. Like if I say, alright, this is not red - this is green. You say, "No, I see it red and it is red - that's the truth - I can see it with my eyes."

Supposing I say, "No, this is not wood, this is foam," you can feel it, "No, this is definitely wood not foam," you can feel it and as a seeker you must know that you have to feel it yourself, not your emotional methods, not your mental method. To a person emotionally a flower may be very important because it's given to her or him by somebody whom he loved very much but to everyone that feeling should be the same. Wood should be the same for everyone of you. God should be the same for all of you by all it's tests - then you have found something. It cannot be the whim of one person, "O, I've found God. Now I'm great, I've done this, I'm," but, what is the criteria? It has to be a criteria which is supported by everyone but here also they can beat you, I can tell you. Supposing, I have a power by which I mesmerize all of you. You'll all say that, "Our Mother is this, Mother is that." Here, we should go further to understand that you may say anything about Me or say, "I'm above everything and I'm this and I'm that," and anybody can say like that and advertise about Me but to you, who is a seeker, that's not important.

You are not going to be a hero worshipper. Just to worship somebody because you think that such a big hero is there - now those days are gone. The days have come when you have to become the hero, where you have to become something. A time was there where there were very few horse-riders, so we used to be enamored by them, "Oh, such a one is there." Even today, the footballers. We appreciate them, they are our heroes, watch them, the globe-trotters, we watch them but today you have to become that, you have to become your master, you have to know everything; That is the time today otherwise no use seeking. Are you seeking another hero for yourself? Is that hero going to take you somewhere or he's just going to use you for his own hero worship? So, the second point is that what have you become out of it. When you see somebody, whom you want to judge - a disciple of anyone - you should know what have you got, what did you gain because you have to gain something out of it.

That's how, you will start neutralizing many people and the last of all, if the seeking has to be fulfilled, it cannot be done the way you have been doing all other things like paying money. If you pay money, you might even get a seat in the Parliament, maybe or maybe that, if you do some social service or something, you might gain popular votes but you have to change that - that is not the way you are going to achieve. In this new realm of seeking, it has to be a living process of evolution. Under these circumstances, when it is going to be a new method, it has to be a living method. Please come, here there's a room here. Yes, there's room here. It's alright. Now, the living method we, human-beings don't know. We know and we don't know. For example, as I told you yesterday, if you have to sprout the seed, then you know that you have to put it in the Mother Earth and it will sprout but you don't know how it works; You don't know that.

Anything living you do not know but you know how it happens. You do not know how to convert a flower into a fruit - you do not know, despite all your Science, everything put together but the living process produces all these results, this you know but how it works, that you don't know. So, if it is the living process, it's a very different method, which is not so far known to human-beings. So, logically you reach a point, where you try to understand the living processes, how they work. Firstly, all living processes are spontaneous - they are not deliberations. For example, our breathing itself, is a living process within us worked out by Autonomous Nervous System. Now, to understand our breathing, if you have to go to a library or to a University or to a guru, how many will survive? So, it has to be the easiest, simplest, spontaneous and intelligible to everyone of us. You need not be a graduate [ASIDE - You come this side please, if you don't mind. You can come - there's a room there also.]

You can not manoeuvre or work out a living process. It works by itself - sahaja. Sahaja - 'Saha' means with, 'ja' means born. It is born with you. Yoga means union with the Divine. Now many people think standing on your head is yoga; I think, it's a misnomer there. Yoga means yukti, means the joining. If standing on the head means yoga, means you are joining your head with the Mother Earth or something like that, it might be. Joining of your attention with yourself, is yoga to begin with because unless and until you know yourself, how are you going to know the rest of it. So yoga means union with yourselves, which enables you to get united with the Divine, with the All-Pervading Power of Divinity.

To an intelligent man, it's all Greek and Latin, I understand because you have never heard, perhaps, in your books about Divine. Whatever is done, that is living, is done by this Divine Power and because we are not yet Divine, we cannot do it, we cannot maneuver it but once we become Divine, we can manoeuvre it, so now we have to become Divine through Sahaja yoga, means Sahaja is not, sort of a, custody of few people, it's for everyone because it is the right of every human-being to become united with the Divine, to become Divine. Every human being has this right to get this unity; That's what sahaja yoga means, that is spontaneously works within every human being and you have to get to Divine. Now the problem may come later on with the word yoga is, that when you become Divine how will you know about. Then the second meaning of yoga means deftness - kaushalam - deftness, is the nearest word for that is deftness. Deftness, how to handle the Divine power. So far you have not handled it, you have not felt it, the All-Pervading Divine Power but then when you have felt it, the second stage will be, how to maneuver that Divine Power. So, Sahaja yoga goes into two stages. First is the spontaneous awakening of your Kundalini, which is the triangular, which is settled in the triangular bone, as I told you yesterday and I told you the names of the different centers, which are subtle centers within us and secondly, to know how to handle this power that now you start feeling as cool breeze of the Holy Ghost. This Kundalini is a force, which is residual within us - meaning, when the whole being is created and now as we are human-beings, this is still fully existing there.

Our impure desires, that's why we do not get satisfied with them; We jump from one to another but this is the purest desire that is within us and this desire has to be awakened within us so that we become one with the Divine Power. As the Divine Power starts flowing within us, actually, we get connected with that source of Divine Power within us or as if we get connected as this instrument is connected to the mains. It is inexhaustible. It flows, fills you up completely. As a result of that, you get rid of all your physical, mental, emotional problems most of them. All repairs take place. Cancer, all diseases which are supposed to be incurable, all kinds of incurable diseases can be cured by Sahaja yog; You can cure them once you become Divine. We have cured, no doubt. If you want to know, you can find out. So many people have been cured and once you get that light of Truth within you, you drop out all that is false, automatically you drop out.

I don't have to tell you, "Don't do that, don't do that," nothing - no Ten Commandments before realization but after realization, you become a master of yourself, just a master. All that is falsehood falls off and that's what you have to be. Once you are the Spirit, your Spirit is your master and the Spirit starts guiding you. It sounds fantastic but if you look at a amoeba, he was thinking what a fantastic thing the human beings are! And why this fantastic human being is created after all, is to be known that fantastic thing that he is. But whatever is unknown is not Divine that we must know. Many things are unknown to us because if they come into awareness, they cause problems. Our ears can hear only a particular type of sounds but birds may hear something more than us, which we have lost because for this human body it was not necessary for us to know those things. So many things we have lost and so many we have gained just to suit our this human being as it is and whatever we have to achieve, that also we achieve in such a beautiful manner that all the problems that are existing within us because of our ignorance, just vanish like thin air. It's really magical but whatever is unknown, is not Divine.

Today I'm going to tell you about that part, which is unknown to us and which part is Divine. Yesterday I told you, in short, about the chakras, today I will tell you about the channels that we have within us. The channel we have on the left side, as you see, is the channel, which is a subtle channel. In the Sanskrit language it is called as the Ida Nadi or the Chandra Nadi or the, or the channel of the moon. This manifests outside the Left Sympathetic Nervous System. Now in the Medical Science, they do not differentiate between the left and the right. I mean, they haven't reached that state of subtle understanding so they are confused between the two. For them left and right both are just the same So the left side, which is the Ida Nadi, is unknown to us, means, which is not in our awareness - we don't feel it - is the past that we have, is the present past, is the past past and is the past from where we have come. All that is Collective past, is beyond us, is unknown to us. Quite recently I saw about a year back, a very good broadcast about the cause of Cancer.

Of course, they reach somewhere near there. They said that the vulnerability of cancer exists in everyone and everybody builds in a cancer and dissolves it. We say that the Sympathetic activity builds in cancer and the Parasympathetic neutralizes us, according to Sahaja yog. But they also said one thing very notable that, the cancer is caused by triggering, by, they called them Protein 58, Protein 52 - giving them some names. You see, they don't know what to call it. By those entities, which can be called

as Protein 52, Protein 58 - they enter into our being and trigger the cancer. Also they said, very remarkably, that, "This attack comes to us from the area which is built within us since our creation." We call it as Collective Subconscious. They are very, very near us. So, cancer is always caused by an attack which triggers this disease and this attack comes to us from the left side called as the Collective Subconscious.

So when we move too much to the left side, we might get cancer but before that we get experiences which we do not know. They are unknown but very dangerous. Now what are the experience we get on the left hand side is, that first people start seeing their past. They find their bodies are removed and they are flying somewhere and they are left somewhere. Sometimes they start seeing things which they have never seen before. They can gradually start feeling a kind of numbness in their brain by which they cannot understand many things. Their memory is very good but they find they are very lethargic, they cannot get up to do work. They feel hopeless in life. The more they go towards left - with so many things you can do it with certain types of drugs, you can do it if you attend to some gurus, by following certain methods which are left-sided. All the methods of mesmerism can take you down there, all the Spiritualists and all that, even people who go to churches or into temples, where people are mesmerized - even the temple people can mesmerize you.

In the church, if you are sitting on top of the dead bodies, you might be mesmerized - anything that is dead can cause it. Say, you are living near a cemetery, in the night if you are going about after 12 O'clock somewhere, maybe in the night you can be possessed and the result of that, ultimately becomes very obvious that people just get possessed in the beginning. Once they are possessed, they start accepting that possession and behave in a very strange manner for other people but they themselves feel quite happy about it. It goes on moving towards the left more and more - people can get epilepsy, people can get diseases, which can be called as Schizophrenic or any psychological problems which doctors cannot cure and the psychologists are also trying to fumble at it because left side is the psyche, that's why I said, that Freud was absolutely half-baked; He only knew about the left side not about the right side. So, all left-sided problems start coming to you. Recently I heard, about a disease called AIDS, which has now gripping many people in America and may grip people here - is also another left-sided attack. Promiscuousness, all these things are left-sided, are emotional things. You run after emotional things and you go into the unknown and you're hit there in your ignorance and then you don't realize, why, we were seekers? Yes, you have been seekers for ages, no doubt but you did not use your common sense, your wisdom, what you were doing. All those gurus who teach you that sex can take you to God and all this nonsense, can take you to the left.

All these funny ideas that they give you, can take you to left. Then the right-sided are also there, so many people who can do that kind of a thing So, this is one unknown area, I've described to you, is the Collective Subconscious. On the right side is another channel, called as the Pingla Nadi, is the Surya Nadi, is the channel of the Sun. This is the channel of your action, of your creativity, of your future. Now those who are futuristic people, those who live in the future, plan in the future because future doesn't exist; What exists is the present. The central path is of the present and the right sided one is that of the future. So those who are futuristic people they can be very austere, they can be without any emotions, you see, specially, say people nowadays, I find, are doing lot of exercise, [UNCLEAR] even doing exercise They can just become like dried fish [UNCLEAR] - not even a grain of emotion inside. So the one on left side, talk of love, "We must have love and all that," the others, they say, "Disciplined, come along now like military, wars, this, that," no compassion, no love - talk of love is nonsense - there's nothing like emotions, forget it. So, the right-sided people become extremely strong-headed, very futuristic. When they become futuristic, they can even forget their names - to that extent they can go; Their past miss even their names.

I've known one gentleman, who forgot even the name of his wife and she was crying and crying, "Just see, he forgets my name. Every time I tell him, he forgets I've been married with him for 30 years and now, just imagine, he's forgetting my name. What a mess he's in! He doesn't remember my name." He forgot the name of his father, everyone but she was very upset. She said, "The father is gone, he's now no more there to weep but I'm there to face this thing that he doesn't even remember my name - he was that futuristic." He must be remembering the name of his future wife perhaps, the way he forgot. It is so absurd a thing to be that futuristic because future doesn't exist but in the presence if you, in the present you live then, you are with reality. Future doesn't exist, the past is finished but if I tell you be in the present now, to be, you cannot be - it's not possible. Either we are in the past or the future and beyond the future is there is another horrible realm that exists, which is called as the Collective Supraconscious.

This Collective Supra Conscious was used by Hitler and many leaders can use this. You see, they'll frighten you, they'll tell you that, "This is going to happen," or maybe they might say that, "We are the highest race," like Hitler said. And everything, you see, looks like that to people. So, the left-sided people are the people, we call as the ones, which are having a big superego or the Pineal body acting and the right-sided are the people, who have too much of ego with the Pituitary acting. Both are equally just the same. The one, who are left-sided, torture themselves. They will starve, they'll put knives into their bodies, they'll put nails into their nose or pierce pins into their faces, color their heads. It's very dangerous to color your head like that. I've known people coming from that kind of thing - they're about to be blind; These pigments and all that - one has to be very careful but when it happens to them, then they come - doesn't matter, still one can work it out but the right-sided people are the ones, who torture others, who overpower others. They think they are the right.

They'll convince you that they're right and you will just be with them. They have a sharper intelligence in a way which is not wisdom. Because to have one person carrying the whole load upon himself and taking all of them into Hell or into a situation that Hitler created for the Germans today. No one trusts Germans and the Germans are so apologetic, you see, all the time, if you have been to Germany, specially to East Berlin, you'll be surprised. They're so apologetic. Oh, they say, "It was a political mistake, it was this mistake," all the time they're so apologetic. So, a person who is right-sided, can also create an aura, a kind of a big thing and people can jump into that because it is unknown. It was not known to Germans, what it was to feel, that they were a special race but do you know that Hitler used these horrible Lamas to give him this power to absolutely entice these people. He tried all these tricks on them because he learnt how to entice them; It's an established fact. So a person, if he gets possessed by power, he can get you also possessed by it and you lose complete control over your own understanding and no connection is there now with the Whole - you don't think of the Whole.

A man, who is ego-oriented, acts on his own and starts destroying others and making others also the same way as he is. Now, this realm of ego is not known to you and that realm, if it comes on you, you will not recognize it. It gives you another type of physical diseases also like, heart disease. If a person has a heart trouble - there are two types of heart troubles, according to Sahaja yoga - one is a lethargic heart another is an over-active heart and the treatment is just the opposite, while in the Medical Science, it's only heart trouble, whether it is angina or whether it's coarctation of aorta and pulmonary vein or anything it is, just the same treatment they give to a patient. There are two types of people - one who are left-sided, one who are right-sided and the third type of people, are the people who are in the center, who live in moderation but in seeking you do move to the left and the right. In seeking you do move. If you are wise, you keep in moderation in the center. Tradition helps a lot, if you respect the traditions. Not all the traditions are good but some traditions do come from the Unconscious and the more you are prone to the Unconscious, the more you are guided by it. Simple-hearted people, village folk, who are not so complicated, who don't use their mental projections so much, are very much near it, very much near.

They know who is an Incarnation, they know who is a Divine person, they know who is fake but people who are complicated, find it difficult - there is a barrier because they have lost that sensitivity, because they have lost that feeling. [HINDI - AAP LOG AISE BEECH MEIN SE NAHIN JAANA CHAHIYE BAHUT BURI BAAT HAI. HUM LOGON PE BURE LOG BAATEIN KARTE HAIN PHIR. YA TO AANA NAHIN CHAHIYE AUR - AANA CHAHIYE TO BAITHNA CHAHIYE. - EMERGENCY KA PATA LAGTA HAI - HAIN? - BATAOONGI KAL MAIN. MAIN AAPKO KAL BATAOONGI [UNCLEAR] I'll tell You because it's very urgent [UNCLEAR] - [HINDI - AAPKO TAQLEEF HAI KOI?] - [HINDI - JI HAAN] - [ACHCHA] - [BATAOONGI MAIN KAL] - [ACHCHA, THEEK HAI] - I'm sorry [HINDI - ACHCHA THEEK HAI] She's not well, she's saying, so that's why she can't sit longer. We can have some people tomorrow morning, if you want. I can see them, if they're sick or in London, if they can come, I can see them but just now, I'm just trying to create doctors out of you.

You all become doctors, so that you can treat yourself and you can treat others - that's the best, isn't it? So, My job is less. Now, with this that there is another awareness, which is here on top of our head, where we have to rise. While, we can call it the Super Consciousness - I mean, there are no words in modern language but we can use super; Cambridge people would say Supa - we can say Supa Consciousness here and that consciousness, if the consciousness we have to achieve and that's possible not through your mental projections or through your education by anything but by the living process of Kundalini awakening, which

pierces through your fontanel bone. It removes all your, so called, artificial identification, sophistication and all this nonsense and you become that pure thing, your Spirit and that's what is this Super Consciousness, you have to achieve. Then you become, again I will say, it is not just a brainwash - you become that and by becoming, you get completely cured of all these misidentifications, of all these wrong ideas because you become the Absolute. There is no more relative world left for you; You know this is the Truth because once that becomes, becomes your own, becoming becomes your own. You start feeling a new sensation of cool vibrations, of cool breeze in your hand. First time you feel that Divine Power flowing through you and you feel the cool breeze coming out of your head. This nobody can do; Can any human-being do like that to take out cool breeze?

It starts coming out of your head, you can see and it starts coming out of your hands. Then, the second stage has to be achieved in which you have to know the kaushalam, the deftness how to handle this Divine Power which you have achieved. This is a very vast subject because, so far, whatever you have done, you have done through your human awareness. Whether you have accepted the knowledge of this tree or the culture that we see or anything, also that you have done through human awareness and whatever seeking you have done, is also through your human awareness. You have to have the awareness of your Spirit to go to the roots to understand the knowledge of the roots, the roots that are nourishing this tree. Whole economics, politics, everything that you have outside, has deep roots within yourself. Unless and until you understand those deep roots, you will not understand the oneness of the whole thing. An example I'll give you about politics now; There's a big problem between Communism and Capitalism; They're all one, perhaps, you do not know. I would say, I'm one of the greatest Capitalist because I have so many powers within Myself but I'm the greatest Communist because I must share them. I can't live without sharing it.

Both things meet when you have real power then only you can have real sharing. This is all artificial sharing. That's why we have to achieve our real power and learn the joy of sharing. You automatically become a Communist, if you are a real Capitalist and there is no problem and quarrel on that point. All knowledge of Economics is superficial - why? because you talk about human-beings who have desires or wants, as they call it; Want is the word. Wants which are satiable in particular but not satiable in general. We talk of the want, which is satiable in particular also in general. So the knowledge of Economics that you have, is still on a shallow level. In the deeper level once you have this, then the satisfaction itself becomes part and parcel of you.

There is nothing to be desired anymore. First, you are facing a person or someone to desire something from that person or from that position from that chair or maybe from that food or maybe from that house. Now, it's the other way round - you give it back. You take from the Nature morning till evening - you're exhausting the Nature; Now you give it to the Nature. How? If you now give these vibrations to a tree which is dying, it will survive. We have experimented, in India, in an agricultural college, with many professors there, that if you give vibrated water to the land or which is irrigated by vibrated water, you get ten times more the yield and it's not like hybrid to taste - it's very nice to taste; The food is very nourishing They have tried with Indian cows. If you give them vibrations, the vibrated water to drink, they produce milk. Supposing, they were producing, say, 4 litres or say 5 litres, they start producing something like 20 litres. Maybe, an Australian cow may produce 25 litres but they'll produce in between, say 20 litres but the milk of an Australian cow will make an Indian a vagabond.

He'll be very rude, he'll not respect anyone, he'll have no sense of respect - it's all funny for us when the children start taking that milk, you see. They hit you back, they become boxers - all sorts of, you see, traits from Australia just crawl into India, which are now we are not used to but if you give this milk to an Australian he becomes a sober person, he becomes a sweet person because he comes in the center. And Indians, who are all the time frightened, worried, upset about money, come in the center. So, it affects everyone. To bringing left to the right, is not the way to improve but bringing left to the center and right to the center and that's how, you give back to the Nature whatever you have achieved from the Nature you have got from the Nature, you give it back and that's only possible, if you become the real Capitalist to give back. The whole thing becomes [UNCLEAR], the whole priorities change. As I told you yesterday, that an egg becomes a bird. Now imagine, the similarity left between an egg and a bird - just free to fly. The first stage is, that you become a bird and the second stage is, you learn how to fly and make others fly too. It is fantastic.

To you it may appear to be something very unusual but to Indians it is not. Those who are Indians; I mean, they are Anglicized, Westernized, then I can't say, but those who know about this that we had since thousands of years this method of giving realization, was adopted. People were given realization but very few, one or two. But today the time has come that thousands of

seekers are born and they have to be given realization and it has to work out enmasse; The time has come, that's why it is going to work out. So, I would request you, that you should today ask for your realization and work it out and get your realization. I'm here only for today, I'm sorry to say, in Brighton but I'm not very far. These days I'm in London. Somehow, it was all organized that I had to come to London and My husband got re-elected three times unanimously and I hope this time he won't ask for another election because it's time for Me to go back to India and work there but two and a half years are still there for this term, so I'm there for two and a half years and you need only, I think at the most, two and a half days to be an expert, if you want to. Some people got realization in Louis and today they are giving realizations to others. Only day before yesterday they got their realization, so you don't need too much time.

Have you any questions, please? I'll answer. If you have any questions, please ask. Thank you! Seeker - They have been [UNCLEAR] when You tell this to put our hand on our hearts and then here, we had to do this sixteen times and say - Yeah, yeah - "I'm not guilty," and You said You will explain, alright - Yeah. Why sixteen times - You didn't say, You didn't explain Yes, I'll tell you. It's very simple. In our book you will know that all these centers have got a number of petals - we call them petals and this is a very important center because by raising our head we have become human beings. It has got sixteen petals and you'll be amazed that when in the gross we see the cervical plexus, which is the gross manifestation of the subtle center, that also had got sixteen sub-plexuses, so we say it sixteen times that all the petals could be treated. Actually, eight times is sufficient for, if you are only suffering from the left side but I don't want to leave things to chances because the way you people feel guilty, it is better you say it sixteen times - it's better - because it's a fashion these days to feel guilty.

For what people feel guilty, I just don't understand; Is only the Western people - I've never heard Indian feeling guilty. I've never heard. If they are not Westernized, they don't know also why to feel guilty - for what? We have not murdered anyone. And if you are guilty, then the courts will find it out. Why should we criticize ourselves to be guilty or anything and you are not in the presence, so why should you feel guilty - for what? If you had done anything wrong, you would have been arrested long time back. But in the law of God there is something called as forgiveness and as He is the Ocean of forgiveness, He dissolves all these little, little things that you have done - you are children. Human-beings have to make mistakes - after all they are not God So what is there to curse yourself or to feel bad about it? That's why I said sixteen times otherwise eight times punishment is alright but I said sixteen times because here the people do it in a very big way, that's why.

These are all different number of petals, as you can see. The four for the first one six for the second, then ten for the central one, then twelve for that one - the heart, the this one sixteen, this is two and then thousand, thousand but we make it simple. There are seven centers in the Limbic area. The seats of these seven centers is in the limbic area, so we just say seven times for this. We should..... yes? Seeker - We have to get realization. I've come here for realization [UNCLEAR] What does he say? Please repeat it. Seeker - I've come to get realization, I haven't yet. - He says coming here realization, Mother.

Annh? - May he have realization, please. - That's the best. That's the best thing - that you've asked for. Yes! - How do I get it? Yes, that's what I am just waiting to see. That's great! That's a very good thing to say. Yes, you'll have it.

Alright? It's very simple now. Must believe that it has to be simple - one thing. That I've told you at length that it has to be simple thing. Only thing, that All-Pervading Power is here, everywhere but we cannot feel it. You see, like a radio can only catch the ether in the same way it is. It's very simple. Now what you have to do, is to put your feet on the Mother Earth. Why? Because She helps us.

She helps us a lot. Take out your shoes, will be better to give you some connection with all these artificial things, I don't know, but still let's start. So, better take out your shoes it will help and also, when you take out your shoes, there's a little relaxation to your feet, you see. Just take out your shoes like that and put your both the feet straight like that and your hands like this. Why don't you do it? It's very simple. Yes, it's very simple. It helps Now, as I told you yesterday and today again I tell you that these hands, here shown in a bigger way you can see, these from the color you can see that these fingers are the manifestation of the centers which are sleeping here. Now these are five, six and seven on the left hand side and these are five, six and seven on the right hand side, so these centers when joined like this, say, now this is the spinal cord. In the center you can see here, is the spinal cord.

So the left and right join and that's how a center is formed. Now these centers are represented on your fingers. As I told you yesterday, Muhammad Sahab has clearly said that, "At the time of resurrection your hands will speak." He has talked more about the time of resurrection than the time of doomsday - really! But those who read Koran, never talk of resurrection - they think they're already resurrected but they talk of the doomsday because everybody should be frightened of the doomsday, you see, so they all cling to these mullahs or to the priests or to the pundits and all these people but they don't talk of the resurrection day, which is at length is so much vividly, clearly described. Now, so these hands that you have, you don't think much of them, perhaps but they are very great. You have to just spread your hands, like this, in a very simple way, put them on your lap and be comfortable - that's important. There should be no nothing uncomfortable about it. Just put your hands, place like this. Just place like this and close your eyes.

Before closing your eyes you can take out your spectacles because spectacles will little bit be disturbing as the eyes also gets cured. Eyes also get vibrations so better to give a greater chance to your eyes it's better to remove your spectacles and close your eyes; You don't have to open your eyes because when the Kundalini is rising like that and She comes up to this center, that time if your eyes are not closed, She may fall down and some of it may not even rise at all. So some of you may not have the awakening, so better is to take out the spectacles also. If there's anything tight here, you can little bit loosen. I mean, if it is very tight but if it's not very tight, it's alright, as long as you are comfortable. Here also sometimes we have little tightness also you can loosen it. Now, you have come here to gain the maximum advantage and so you have to co-operate a little bit with us. So just, you take out your shoes, take out your spectacles, take out your, I mean, I also take out your teeth and nails and keep your eyes shut but if you don't want to do it, no use being here, you see, just why to be here. Like, the other day, two people came, they said, "We are observers, you see." I said, "Are you international observers here?"

Here you have come to be, so better get something. What are you going to observe? You are not even a realized soul, what are you going to observe? Do you think, [UNCLEAR], I think, that you have come to observe here? What will you observe? Everything is going to work out within yourself. Why don't you guide yourself with this greatness? So please, try to put your hands straight, close your eyes. Any observers, please, I will request you to go away because it's a waste of time for us and for all. So why?

If you have some free time, you can go to some beautiful garden and enjoy yourself. Please close your eyes. Just put your hands straight, just like that and nothing more to be done for the time being. Don't fix your attention anywhere and don't worry if there are thoughts coming in you. Just make your attention very loose, in the sense that you just don't worry about what thoughts are coming; You just watch your thoughts, that's all and don't pay any attention to them. They're coming and going - that's all. Put your hands straight towards Me, on your lap with your fingers open towards Me - just like that, straight - that's all, with your fingers little bent towards Me, that's all. Why don't you close your eyes? Please close your eyes. There's no harm in closing your eyes.

If you don't want to do it, it's better you go away. Now as the left side is the desire power, we have to keep it fixed - the desire; Desire to be one with the Divine - left side. That is, the left hand is to be fixed as it is, on your lap - as is as simple as that and with the right hand we have to do the action. Is very simple action is, that you put your right hand on your heart, just on the heart. Now, in the heart resides the Spirit. At this stage, in your heart, you have to ask a question to Me, "Mother, am I the Spirit?" You are that but you better ask the question because still you are not sure, so you just ask the question, "Mother, am I the Spirit?" As an answer to that, the Spirit may be awakened within. "Am I the Spirit? Am I the Atma?"

Am I the Spirit? Am I the Atma?

Now you are to put this hand to your point on the left side of your stomach. This is a center which you are [UNCLEAR].

It's a center of your mastery, the center that you are a guru, that you are a master. Because you ask me a question, Mother, am I the Spirit? Logically you have to ask second question at this center, Mother, am I my own master? Am I my own guru? Logically. You can take it little lower your hand and press it with confidence. You are your guru. If you become the Spirit, you are your

guru. Please ask ten times.

Now raise the right hand again in the same position as the heart, without opening your eyes. Now we are very confident that we should assert that, Mother, I am this way, just assert. This is the mantra for all the beings who suffer from heart problems. Mother, I am the spirit. You are the spirit.

This is the chanting for all the beings who suffer from heart troubles with the [UNCLEAR]. This you have to say, twelve times.

Now raise this right hand at the base of your neck on the left-hand side. We have to do all these movements on the left-hand side. Press it hard. Here you have to say sixteen times, Mother, I am not guilty. Some people can say that thirty-two times. There are some like that, I can feel it. This is the biggest hurdle with all the Western people. Because Spirit is never guilty, never committing sins. So how can you be guilty? You have to say, Mother, I am not guilty because you are the Spirit. When you have the status of the Spirit, how can you contend?

Now put this right hand on top of your forehead, across. You have to say this only twice but with full conviction and understanding that, Mother, I forgive everyone. Yesterday I told you that those people who say that it's difficult to forgive, must know that it's a myth. Whether they forgive or not, you don't do anything about it except for torturing yourself. And playing into the hands of people who are to be forgiven. You just say it, I'll forgive everyone, twice. If it can clear out, very nice.

Now place your right hand on top of your head, the center where the fontanelle bone area is, which was a soft bone in your childhood, with your palm pressing it, and move it in a clockwise manner, the scalp, while pressing it a little bit, not much.

At this point, I cannot cross your freedom. So you have to say, Mother, I want my realization, please give me realization. I can't cross it out. If you don't want it, I just can't do it. You have to ask God. Christ has said, you have to ask, and the door will be open for you. You have to ask. This is seven times. With humility, of course. You are asking for something ultimate.

Now raise your hand higher and see if there's any cool breeze coming out or a hot heat is coming out. Some people will feel the cold breeze and some people will feel heat coming out and some people will not feel anything. You can change your hand. Put the right hand towards me now and with the left hand you see. Little half, little in the center. About only, about, say, you can say, four fingers higher, or a little higher than five fingers higher. That's how I do. Move. Even you'll feel in your hands, some of you, not every one. Change your hands again and again and see places. That gives a balance.

You shouldn't be very serious about it, you should be cheerful, you have entered into the Kingdom of God. It shouldn't be very serious. Also, seriousness can cause problems. I'm trying to make it a light thing for you so that you don't become serious. There's nothing to be serious. All the Sahaja Yogis can help you if you mind that because it is flowing from their hands, they can [UNCLEAR] it and see for yourselves. I mean, they will be able to tell you exactly what the problem is, all right?

Some yogis should [UNCLEAR]. He doesn't mean [UNCLEAR] God and then... Here, sensitive nature. You got it? You got it too? Now what about this gentleman? You can see just the vishuddhi here. Put your hand here, you shouldn't feel guilty. That's not what we want, not to feel guilty, that's all. [UNCLEAR] that these people know where your [UNCLEAR] are. They have no idea about it. Even the children know. [UNCLEAR] Problem is correcting and you get your realization well. You feel the cool breeze? What you can't talk but work it's just working out, just work it out.

1983-0527, Talk to New People after Meeting

View [online](#).

27 May 1983

Talk to Sahaja Yogis

Brighton (England)

Talk Language: English | Transcript (English) – Draft

1983-0527: Talk to New People after Meeting, Brighton, England

[This section comes from the audio sent by Derek Ferguson from the UK.]

Shri Mataji: Hello! Freedom of the world, isn't? I told you it is more like it. A lot of people did not come today.

Sahaja Yogi: ... and she is from Rottingdean along the coast [a little way]

Shri Mataji: Is it? How far?

Sahaja Yogi: A couple of miles,

Shri Mataji: That's all?

Sahaja Yogi: That's all

Shri Mataji: Did you feel anything yesterday?

Lady: Not very much.

Shri Mataji: Not very much, all right.

[AUDIO 2 STARTS HERE]

Shri Mataji: How are you?

Lady: Very well.

Shri Mataji: Now, all right. Did you say it thirty-two times?

[Laughter]

[AUDIO 1 STARTS HERE]

Shri Mataji: It should be sixty-four.

You see, it is a reaction. You see, it is a very funny thing, but when we smoke, you see, we feel guilty as well with it always, because we are doing wrong to ourselves.

And that guilt builds up again. So, again you'll smoke; again that guilt builds up. So, it goes on building up, you see. But you'll give up, no time; it takes little time. I've seen if the young people [let's/ like], say, him or someone who gets realization, they drop all their habits overnight, absolutely overnight, but for older people because the habit is now gone too much in the system and also the willpower is little bit [less], so they take little time. But it works out. So don't you worry and don't feel guilty about it.

Seeker: No, well, I know it isn't good for me. You see, I've always known it wasn't good for me.

Shri Mataji: I know, I know, but doesn't matter.

Seeker: I try to build the system, You know? [Unclear]

Shri Mataji: Yeh.

Seeker: And I have reduced the cigarettes a lot.

Shri Mataji: You will, you will reduce completely. It will happen. But don't feel guilty, because it's a vicious circle.

Seeker: I know...

Shri Mataji: You see, you will feel guilty and then you smoke. If you don't feel guilty, you will not smoke. It's a vicious circle; I'm just saying that. So you go on saying sixty-four times, "I am not guilty."

Seeker: All right.

Shri Mataji: It's a very vicious circle; I know that. And [there is] for Aids [GW: AIDS or aids?]. It is a problem, you know. We had one John, with us. He's still there in Scotland; he's there, and he had his parents. And he learnt all these things, smoking of these dopes and things like that and drugs and all that. So after realization, next day he dropped everything, one hundred percent just dropped it, you see. But these parents are still lingering, you see, still trying to get out of it. They got out of most of them. But still they're they're hanging on to one thing there.

And they feel very guilty and then they feel guilty. They have, of course, all respect for Me, and there was an accident and they were all saved from that. They said, "It's Mother who has helped." Everything is there, everything, but that, this willpower that to leave that last part of it is still there, and they little feel guilty. So I said, "There's nothing to feel guilty. You just come along and see. There is nothing to feel guilty. Only by seeing Me you will get over these habits," and that's how it's working out. So [that's] nothing; nothing to feel guilty. That's one thing is definite: you'll just drop it. And even some young people, one or two [can] carry on, like this one in Lille. What's her name, hm?

Yogi: Cathy, Mother.

Shri Mataji: Cathy, now she's all right. She's given up, or she's still?

Yogi: I don't know, maybe, maybe [maybe/the baby] Mother, since she [has got] the baby...

Shri Mataji: Eh! That's how they sent Me a telegram about the baby. She said the name and all that. But I think with the baby it will stop completely. But she had stopped quite a lot. And she was so nervous about it; you know, in My presence she used to shake, and I said "I [know] it's all right. I know you smoke. It's all right. I mean, it's not such a sin."

Yogi: Mother, it was Brian who gave up overnight.

Shri Mataji: Who?

Seeker: Brian from Australia; he used to smoke eighty a day.

Shri Mataji: Which Brian.

Yogi: Brian Bell, Mother.

Shri Mataji: Really?

Yogi: And yes, he was telling, he smokes eighty a day. And then when he got his realization from You, then he had a cigarette and he found he didn't like it.

Shri Mataji: That's what happens.

Yogi: [he threw the packet away and that was it /And stopped it right away; that's it.]

Shri Mataji: Yes, it has happened with many like that, with many people, you see? I mean, you get rid of so many things. Like he

had hayfever, his continuous hayfever business. I mean, I'd never seen him without hayfever, and one day he just gave it up, you see? He gave up the hayfever.

Hmm. So now, who, who else is the new person here?

Yogi: Fergy.

Shri Mataji: Come forward, come. All right [please/just/you] sit down. We'll see that. No, let's work on her; just put your hands like this. Now you see, when you come to the center, these people will tell you more about it, what is to be done, how to get rid of things, [and] whatever has to be got rid of, should be got rid of. One should not feel identified you know, about anything. Even people get identified with small things, you see? Like a necklace now, for example; if the necklace which is not giving good vibrations or is for the time being requires a little treatment, then we should try to remove the necklace. If they say, "Put it in the water," you should not feel bad. If supposing, "It's given by my mother and all that," is not proper because even if it is given by your mother it must be cleansed, you see. So anything that is told is for your good, and as you would listen to a doctor for your treatment, you must listen to them, and not to feel bad or unhappy. If you start feeling unhappy about it, or bad about it, then you will drop out.

You see, this is what it is; slowly and steadily. They should be also very kind and gentle because they know what they were themselves, all of them, and from where they have come and what they had. They all had problems and they came out of it. So they also should remember that these are the people, they are coming for the first time, and the cleansing has to be done and with a gentle way because nobody should feel hurt about it, any cleansing. It should be...

If you are very deft and an artist, you can do it in a way that the person doesn't feel hurt. Sweetly and nicely, you must explain to them that this should be given up. And it should be done in a way that that doesn't hurt your ego in any way, and your identifications must drop [off/ out]. But is a, is an art how to slowly bring people to that understanding; you see, it is an art. And what should be worked out this way, that it should become a longing for people to do that. And one can work it out.

She's all right now. I'm happy.

Now, I missed you yesterday.

Man: I'm sorry.

Shri Mataji: All right, let's have your hands like that, and it takes nothing to say some kind words, you see. [She repeated twice: "to"] to all of them. If they are catching or if there is any problem, it's not that we want to do it. It's there. So one has to be very, very kind and gentle with them.

Haan! Hmm! better, hmm., better. Now see, his vibrations. I think you should sit little separately from him, all right? And from anybody who has been to TM, you sit separately from them also. I think Jim has been to TM. Who else? Raise your hands who have been to TM. Two hands. All right, so now you make some room for a person where there is no TM person sitting. Come this side. It's better to come this side, you see. Fergy has not been to TM, I'm sure. Mark, I don't think you have been to TM.

Mark: No.

Shri Mataji: No, no all that nonsense. Now it's better. Ah! It's all right. Hmm! Better now. You feel better; it comes up.

Hmm! Please put your right hand on the Mother Earth like that here. Please tell her to breathe. Hold your breath little bit, thrice, little bit, not much.

Hmm! Hmm! Haan! Better, all right? Just see on his head.

Yogi: [Unclear]

Shri Mataji: Please close your eyes. Is she all right? On the head, on the head. You see, you can feel it better on the head because all the chakras are there. So immediately you'll know.

Haan! Haan! Left Vishuddhi and left Agnya. So you give it a loop like that. Left; no, this way, anti at the back, and throw it away.

Hmm! Better now, better. She's there. It should be here. So put your hand on her Vishuddhi.

How is Cambridge?

Yogi: Coming along, Mother, this evening [stage?]

Shri Mataji: Hmm! Next will be Cambridge, I think, after.

Yogi: Would You like to come, Mother?

Shri Mataji: It will be in July sometime. Hmm? June, I have to go to Paris and, eh?

Yogi: Spain.

Shri Mataji: Paris and Spain, and it could be in July I'll come. Norwich is doing well, I was told.

Yogi: Yes, very well Mother.

Shri Mataji: Is it?

Yogi: Dawn should be there Tuesday.

Shri Mataji: Who, John?

Yogi: Dawn and the baby.

Shri Mataji: Dawn, she's coming.

Seeker: Yes, I think she is coming. So I am not sure.

Shri Mataji: Dawn has a specialty. She's the one who brought Brighton people to Sahaja Yoga. And now I knew she will bring some people from Norwich. But Cooley; how is he? Still in a temper? Is he all right?

Yogi: He's great.

Shri Mataji: You see, he, he can't tolerate nonsense. That's the trouble with him. What he says is true; he gets so annoyed with people. But one has to tolerate, to see. That's another part of Sahaja Yoga: one has to tolerate in the beginning.

Yogi: In the beginning we were very tolerant and after sometime we become less tolerating. We forget how we were.

Shri Mataji: But also the parents of Dawn are funny people, very funny, absurd, absolutely.

Seeker: They don't speak now.

Shri Mataji: There's no openness of the heart, you see. They'll put some barriers, some sort of [cynicism and all/a see reserve this] that.

Yogini: Mother, Don's baby hasn't been feeling very well, at Agnya. Don said he has a respiratory infection.

Shri Mataji: I knew, I knew this was because, you know, when she came, such a lot of

[flem/phlegm]

came out of her lungs. So I hope she comes with the baby to see Me.

Yogini : She's intending to come Tuesday, Mother.

Shri Mataji: She was very stupid also, looking after the baby, you know. She didn't know how to look after the baby. The whole thing was filled with phlegm. I took it out. Such a sweet thing she is, the baby is. Such a beauty; real Greek, heh? With the big eyes. That's what Kulli was afraid of when she was going to have a baby because she is a little clumsy person, and he said that, "My child will be sick." So I said, "You better learn how to look after the baby." That as a Greek he can't do, like Indians, you see? All right, better now.

Haan! What about her? Heart, right. You live there alone? Do you live in your house alone?

Lady: No.

Shri Mataji: You are married?

Lady: Yes.

Shri Mataji: And

[do]

you have children?

Lady: No.

Shri Mataji: When were you married?

Lady: Twelve years ago.

Shri Mataji: You want to have children? What?

Lady: My husband can't have any.

Shri Mataji: Who told you?

Lady: The doctors. He's had a operation [Unclear].

Shri Mataji: Why doesn't he come to Sahaja Yoga?

Lady: [Unclear]

Shri Mataji: Heh?

Yogi: He doesn't like to go anywhere, Mother.

Shri Mataji: Why?

Lady: He likes staying at home.

Shri Mataji: He's developed that complex in his mind. Tell him, "Mother has called you. Must come and see the Mother in the home only. From home to home we can go, all right?" It'd be nice to him. Tell him he must come and see Me. It may not be so; may become fertile. You can't say these days, all right? What does he do?

Lady: He's carpenter.

Shri Mataji: Carpenter. So bring him along sometime to London. Hm? He has got his workshop at home only?

Lady: No.

Shri Mataji: Then?

Lady: He works for an employer.

Shri Mataji: Then he has to go to office in any case, or he has to go to...

Lady: He doesn't mind that.

Shri Mataji: Then you tell him, he should not be obstinate. It can work out, you see? Why not try? It's like a doctor. That's the reason you've got this right heart.

Lady: Also, I am worried because I have fits.

Shri Mataji: Hem?

Lady: Also I am worried because I have fits.

Yogi: She's had some epilepsy previously [Mother]. She's had epilepsy.

Shri Mataji: When was this?

Lady: Got epilepsy / I start having fits] about six years ago.

Shri Mataji: And now?

Lady: Well, I take drugs to stop it.

Shri Mataji: All right, now if I advise you one thing, you should listen, all right, that don't wear anything black, because this epilepsy and all that is worsened with black; you should wear something light-colored clothes. And it is absolutely curable, epilepsy is. There is no problem about it. But you have to bring seven lemons and seven chilies. (To get rid of tm problems)Today can you get it for her?

Yogi: Yes, we are going shopping today.

Shri Mataji: And she should put her left hand towards the photograph and right hand outside with the light. And you must keep lights in your house as far as possible; you must keep light. With the photograph you should have a light. Light is the one that is going to help you, all right?(to get rid of tm problems)Some Yogis talking all together [Unclear].

Shri Mataji: She's all right? Hm?

(Fergy)[I think it is blue/Her fingers are clearing, Mother]. They were blue but they are clearing.

Shri Mataji: They had become blue!

(Fergy) They were blue, yes, but they just become clear.

Shri Mataji: Ah, good, good, good. I never knew why had they so blue! This became, when, when was this?

Lady: Yes, about six years.

Shri Mataji: How many?

Yogi: Six years ago.

Shri Mataji: And how many years you did your TM?

Lady: Six years.

Yogi: About six years, Mother; the same.

Shri Mataji: They go hand in hand, is it? Say Narakasura Mardini. It's so miraculous, Sahaja Yoga. Done. It's finished; that, too, if you press it.

Yogi: Mother, there is some new people come.

Shri Mataji: All right. May God bless you! Now, you were there yesterday?

Man: No.

Shri Mataji: Oh, I see she was there. Yes, I saw. Good, please. What about this lady? How is she? She was all right I [think]. Put her right to the left. Is she all right?

Yogi: She does some healing, Mother.

Another Yogi: She does this absent healing, Mother.

Shri Mataji: So what we can do is to make her stand there for a while. Let her right side, it should be outside and left side inside. Then it will be cleared out. Then I'll work on her back.

Yogi: Put your left hand towards Shri Mataji, your right hand just upside a little.(facing backwards)

Shri Mataji: Left hand, that would be better. It will be cleared out. It will be cleared out just, yes.

Yogi: I'll show you.

Shri Mataji: You see, it will pass through left. It will clear out; it will. They'll show you everything, all right? We have to clear you out a little. Is he all right?

Yogi: Feeling Swadishthana and Void, left Swadishthana.

Shri Mataji: Swadishthana. You use light for him. It's very good. Have you got another candle?

Yogis: Yes, we have more candles.

Shri Mataji: And candle stand or something. Just do it. You see, with all these people you can use left. With her also you can use left, you see? You can put a light for her to put her left, right hand. Need not open the window; it's all right. You just put a light; it's all right. Hm! Better now, you see? Put your hand. Are you feeling better? Are you feeling anything in your hand?

Yogi: She says her hands are so warm [Unclear].

Shri Mataji: Both the hands or one hand? You put them to your cheeks; you'll see.

Yogi: Her face is hot as well.

Shri Mataji: Eh, eh! You've been to some spiritualist or someone?

Lady: [I went to a spiritual church for healing]

Yogi: She went to spiritualist church long time ago for healing.

Shri Mataji: That's it. That's it. That why you have a problem. Now what was the name of the spiritualist church?

Lady: [Unclear]

Yogis: [Unclear]

Shri Mataji: Patron. Hmm, give her one; will be good idea. She, too. For him also light will be a good idea. What a left Vishuddhi! Baap re. Just see, Sarva Mantra Siddhi. You should say the mantra.

Yogis: Om Twameva Sakshat. Shri Sarva Mantra Siddhi Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Om Twameva Sakshat. Shri Sarva Mantra Siddhi Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Again.

Yogis: Om Twameva Sakshat. Shri Sarva Mantra Siddhi Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Better. Now say Vishnumaya.

Yogis: Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Again.

Yogis: Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Again.

Yogis: Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: All right, say it once, I think twice more. Let's see, six times eight times. If you say you've said three times, five times more you say Vishnumaya.

Yogis: Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Yogis: Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Om Twameva Sakshat. Shri Vishnumaya Sakshat. Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Cleared out. Now just see on his head. He's got it. He's got it. It's very much there; it's great. Yes, he's got it. Just see it on your head. It's all right. It's done. It's done. It's cool. He's gentleman with very moderation type of a person. Hmm! Little further, little here in front, yes, just see [here] [Unclear.] Raise it, raise it. See, little bit on the left he has problems. So what you do is to right, raise the right and bring it to the left. Little bit, not much. He's all right. What do you say? Is she all right?

Yogis: Cleared, Mother.

Shri Mataji: Cleared. What a miracle Sahaja Yoga is, isn't it? Such a miraculous thing, yah? Now? Haan?

Yogi: Still has left Agnya; it's clearer, though.

Shri Mataji: Mahaganesha Mahabhairava, say.

Yogis: Om Twameva Sakshat, Shri Mahaganesha Sakshat, Shri Mahabhairava Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Hmm.

Yogis: Om Twameva Sakshat, Shri Mahaganesha Sakshat Shri Mahabhairava Sakshat Shri Adi Shakti Mataji Shri Nirmala Devi Namoh Namaha.

Shri Mataji: Done. Now on his head, right to the left. Give him something to sit down.

Yogis: Cushion.

Shri Mataji: Some cushions. He's all right. He's great. A sensible man and a wise person, you see? Like Kabira said that, "Das Kabir jatan se odhi, Ye chadariya, jaisee ki taissee rakh deenee chadariya" He says, "This sheet," ? means this body of mine ? "sheet is created by God, and I used it with very great fear, 'jatan se odhi', and kept it as I got it, didn't spoil it. 'Jaisee ki taissee rakh deenee chadariya'. I kept it the way it was given to me by God. I kept it the same."

Haan! But that doesn't mean that you should feel guilty because you are not Kabir, see? Come along. Come along. There's room for you. Is all cleared out, all the blue, everything? Not a trace of it left now? Can you believe it? You had it for six years? Show it to your husband, see? May God bless you!

You see, it happens so quickly that some people told us that we must take photographs of before and after, but the whole thing happens so quickly, there's no time even to adjust your camera. It took five minutes. She had all blue, blue fingers, absolutely blue, for how many years? Six years, and it all disappeared in no time. Now, where is the time to focus the camera?

Better now. It's better, better. Left is still little bit shaking. Hm, these are the effects of TM. Horrible, horrible; worse thing is TM, I think, sometimes.

There is a girl called Valery, you see, in London. She's giving a program about these gurus, you see, how they have spoiled people, and there she's taking interviews and all that, and of course she's got many TM, because there are many TMs who have come. And also we have got Rajneesh people in Belgium. They can come and tell about it, what happened. And it seems that BBC is interested in that, and they tried to make that film. In this, they are trying to show, you see, how these gurus can spoil your being. And also she being a Sahaja Yogini, she wants to say what one should expect, but not Sahaja Yoga. The word she's not using so far, because that may look as if she's trying to support one and degrade others, you see. But it's all right that way, and that sort of a thing, a play, you see. We can write also a play on those lines, how a seeker who's born like that with an idea about goodness of the world, and he depends on all these gurus without any suspicion, how he jumps to them, his money, does everything in all complete confidence, you see, and how the media and all other people, like we should say his agents and people who help them, you see, to build up their images, you see.

How they also create a false image of these people and how the seeker without understanding jumps into it and falls a prey. That's sort of play. It can be very interesting and it can be very amusing also, because some of the things that these gurus tell you, I mean, for any normal person they can see that it's absurd, you see? And we can put in many ways the ideas of Sahaja Yoga in between in there. Like, one can say, for this [Mahesh yogi?] that not his name. We'll not have his name as such, but we'll use some other names and things, but he's going to teach you to say to fly, all right? Then why doesn't he fly himself, you see? Can he fly himself, and sort of things, you see? So and we can show how people fly exactly, what sort of thing they do and how they jump. And all those things if they are shown to the public, I'm sure, you see, the new people, the new seekers are now seeking, will not go to these nonsensical places. They will go to reality. And that is very important.

Now we have one David Praul who used to – I don't know, he never wrote, but he was in production of plays like that. And we have Sahaja Yogis who can act, and we can work it out a play like that. But first, such a play must be properly written down, which I hope some people will try to give.

You see, everyone can give a interesting dialogue in that say a part of it, and we can just fill it up. And at least it will stop now stupidity and this kind of befooling that they are doing. This must be stopped now ? it's important ? and also drug, you see? Drug is something so simple to stop. Now, for example, these AIDS and all those new diseases have come up. People are going to stop it. That's their nature's help, but for these gurus somebody has to talk on that level Otherwise, nobody can understand it, you see. They must see themselves. What's this? Why are we going to these nonsensical people, about their – the way they give you mantras and all that? And to answer it back, we can have another person or a personality or some sort of a thing that is Sahaja Yoga, in a way, and that shows the light. Say, for they, they say that this is the mantra they gave me secretly, I can't tell you, and mantra turns out to be nothing but what you call is the tail of a scorpion, inga. Inga is nothing but the tail of a – what you call ? a scorpion.

Yogi: Scorpion. House scorpion.

Shri Mataji: The tail, it is the sting, the sting. The sting is attached to the tail, you see? So that tail which is stinging is inga. He's given this mantra to so many. And that's why he used to giggle, you see, "How I've befooled these people." He used to giggle. He was called as giggly, because he used to laugh, you know. He used to mock at people. "Look at these people. I've made to fool out of them." He couldn't control. And these are the ardent, sincere, earnest seekers of ages, not of today, see, and these horrible satanic forces have taken birth to just to finish all your seeking, which you cannot understand. You are too simple for them. You cannot understand how horrible they are and the way they take money. All these points can be brought in clearly. But we must save now as many as we can. The time has come. As it is, they are little bit doing [unclear].

But they have their own methods. You see, this Rajneesh, there was a very nice film on "The God who ran away". It was shown by BBC, here, and luckily we have taped it. And in, in Australia two Sahaja Yogis, who are very well-known journalists, they wrote an article against Rajneesh, and a suit was filed against them, and the newspaper people were very much worried, you see ? two million dollars. And they wrote to us that, "This is what has happened, Mother. What to do?" And we sent this film to them, and when we, they saw this film, they withdrew the case, you see. But see the trick: still, they would not give up. They went to BBC and bought that film at a very high price, and now that film cannot be shown publicly. You can even buy falsehood, you can buy poison and that's what it is. Now they cannot publish it. You cannot show it publicly under law. Just see: the law helping the thugs.

But we have got it. I mean, we can show it to you. But you won't eat your food for eight days, if you see [it]. It happened to Me. It's horrible. Horrible, I tell you. It's such a horrible thing. It's the hell. I mean, what you have heard of hell, you can see it clearly. But the people who were doing it never felt it, never knew what they were doing. And most of them are now in madhouses somewhere. Nobody is bothered. From TM we know of so many who are in, but one is a very bad case. What was his name who is still in the lunatic asylum?

Yogi: Alan, Mother.

Shri Mataji: Alan, poor thing, and all others are lost. You know, they are just like cabbages. Even if you show them a garlic, they start shivering. And if you take these incense things near them, they start shivering. They can't see the light. They sit in the dark. Their lives are wasted, everything wasted; so much money.

It's a very serious thing, you know. Now we are not going to be destroyed from outside, you see. We should not worry about Russia. They are already getting destroyed because they are taking to parapsychology. What we should worry, how we are going to be destroyed from inside, you see, cancer, on the physical side. All these diseases were not present about sixty, seventy years back. Now these new diseases are coming up. Then mentally all these gurus can capture you. Negative forces, like even witchcraft or spiritualist, even churches are taking to charismatic. Can you imagine? Churches are taking to charismatic. As they are, they get possessed, because there they are, sitting on the tombs of other people. So they are already possessed.

On top of that, they are doing charismatic. According to them, charismatic movement is Christ movement. Now what to do to such hopeless brains? When did He do such things like "charismatic movement Christ". One better than the other. Then the Jews, another stupid clan. I don't know. They want to deny Christ at any cost. All sorts of things are there. Then these fanatics in Iran, they are political fanatics, social fanatics, religious fanatics. I mean, everybody ends up as a fanatic. What sort of a brain people have? They haven't got a way of seeing things. Now if you are a Conservative must you absolutely be a Conservative? Can't you be a little bit of a Labor, and a Labor? Can't you be a little bit of a Conservative? It's such a fanaticism. Such stupid people, I tell you. All over the world, it's like that.

In India they are all thugs, I tell you, real thugs in our politics. In Delhi they are, it's a big gang sitting there, of thugs. It's all absurd. My brother is also a Cabinet Minister but I told him, "Among these thugs, what are you going to do? As a person you will be

thrown away, or you have to become like [them/that]?" All thugs, looting our country openly. And whatever are remaining from politics are coming here as gurus. That is the guidance from India, the great spiritual land, spirituality. I'm so ashamed of these people.

These Rajneesh people; another fad. In London when they started this center, they just hired one big huge basement, horrible-looking, cleaned it up and started this center. You had to pay five pounds to go in that basement, take out your clothes and start dancing with hands up, "Ho, ho, ho, ho". And imagine these wise Englishmen going into that, paying five pounds, take out their clothes and dance, and not one; in one month nine hundred people started doing it. Can you believe it? And now it is so much, such a great number, that they have occupied most of the basements. Imagine. And yesterday these stupid two people who had come, I told them that, "You shouldn't wear these things. Why are you wearing?" "He said that, but he talks like You." I said, "Really?" I mean, they are so mesmerized that I am just anti-him. Openly I'm talking against all these things he's doing, and here they are hearing Me as he's talking. Can you imagine the mesmerism of that quality? How will you get out of it?

Hm. Better now? Put down his sympathetic [unclear]. I think better talk about good things, about God Almighty, Who's so kind, Who's forgiveness. See, I never imagined it will work so fast and so well. He's so great. He's so anxious that this world must be saved. He's doing everything that is under the sun, I tell you. He's so helpful. Except for the human beings, every other element is helpful. Animals are helpful, nature is helpful, all five elements are helpful. I don't find anything that is not helpful except for human beings. Can you imagine? And that is the epitome of His creation. Sometimes they have too much ego, sometimes they have too much conditioning, and I don't know how will they get out of it. And it is moving so slowly, you don't know. We have been to Brighton. Now how many years I've been coming?

Yogi: For four years.

Shri Mataji: [Unclear]

Thus seven years at least; I'll see now what is the situation today. They had nine hundred in one month, and in seven years what do we have? What to do now? But first they didn't want to put the posters and all that. I said, "Baba, do what you like. Advertise Me the way you like, do what. I'll go to your radio stations; everything I'll do." But just see, this is the state of affairs of a human mind, you see. It's such a slow movement. Think of it. You all should find out ways and methods by which you can spread Sahaja Yoga in Brighton. Really, you must, because Brighton is very, very powerful place, very powerful, I tell you. This I said long, long time back. And you can see from the energy lines how powerful it is. Have you seen the energy lines of Brighton? It's very interesting to see. Where is that?

Yogi: The book is up in German with all those papers.

Shri Mataji:

[talking aside: Give him some sort of a seat. There must be some rest.]

Yogi: Cushion or seat? Cushion? Pillow?

Shri Mataji: Now see here, the [Sussex] elephant, they've found out here. You see it so clearly. See, the unconscious is helping so much. Where is that drawing of a little elephant and all that?

Ah! Here you see; see now. You see, this is the elephant, little elephant, here at this point. See, this is the elephant at this point here. In Sussex, all right? And this a little dolphin here, and here they had for seminar at this point. Now I don't know where is this elephant placed.

Yogi: Twenty miles, east from here.

Shri Mataji: Twenty miles east.

Yogi: There is an [Unclear]

Shri Mataji: Heh?

Yogi: [Unclear]

Shri Mataji: And from Lewes also, Lewes, there is a line passing through sea. And these are all zodiac signs at different points, you see. But now we have to take full advantage of it. That's the point, is that we must understand the unconscious is helping us, the nature is helping us. The sea is here, so fine. If you don't now take to it, I don't know what will happen. The sea is so close. Be careful. One has to be very careful, with the sea there. See, and the way we are insulting sea, we don't respect. It's your Father. People go and drink there. I mean, the sea is the one against drinking; that's in the Void. Ocean is in the void, and all of them go and sit there and drink. Just imagine. It's very much punishable, but so far it's quiet.

Now you all have to think and find out ways and methods of exploiting ? you may call it exploring ? the brains of the people here, how to how to make them come to Sahaja Yoga, to save them, because destruction is very close, is very close. You have to work very hard, I tell you.

Yogi: We are trying to expose some of these false gurus by getting some accounts of people who think of these gurus, and publicly, what damage they have done.

Shri Mataji: Do you still have false gurus here in your colleges, universities?

Seeker: Yes, we have Divine Light [cross going there, unclear]

Shri Mataji: Divine Light is still there?

Yogi: The Orange people. We are seeing more Orange people now.

Shri Mataji: You can use the film for the Orange people in a private.

Yogi: What?

Shri Mataji: You can, you see, in the private ? public, you need not ? but you can tell some people that we are going to show you a very good film about Rajneesh. Why not get them in a private place and show them that film? Why not do like that?

Yogi: Show us the Orange people?

Shri Mataji: Orange people see what you have been doing? Is it God?

Yogi: We can't get many Orange people come to Sahaja Yoga.

Shri Mataji: No, no, not Sahaja Yoga. You can just tell them a private film show arranged, especially for Orange people, all right? And get up some place private.

Yogi: And wear orange.

Shri Mataji: Need not wear, need not, all right. Even if you wear, you are that. So doesn't matter. It's not you are not professing

something wrong. They are. So you just say that for Orange people, especially for Orange people arranged, a private film, you see. Let them see for themselves. [it is a good idea to neutralize that.]

Yogi: But not publicly.

Shri Mataji: No, you can't do that's [against the] law, they say. Because they have bought it, you see.

Yogi: Other gurus maybe.

Shri Mataji: Now which one?

Yogi: Divine Light.

Shri Mataji: Oh, Divine Light. We can give you lot of information about that.

Yogi: And TM.

Shri Mataji: TM, of course, I mean, TM, TM lot of people are here, see? Yes, that we can say publicly. You can also – you see, we have lots of articles written. Linda's article [or there] must be with someone, eh. [Winston?] you have that article?

Yogini: We've got some of it, Mother. Yes, we definitely managed to salvage some of the documents.

Shri Mataji: No, the one she gave in the world news.

Yogini: News of the World.

Shri Mataji: News of the World or something.

Yogini: It must be somewhere.

Shri Mataji: So we can do that.

Yogi: Mother, we can get people to work, to write their own personal accounts about what happened to them and how they have changed since they are in Sahaja Yoga, and to compile a file of all those who have been mesmerized and damaged and put it forward to some public, to some full public publishing.

Shri Mataji: Is it possible?

Yogi: Yes, in Brighton, they say, a socialist newspaper called "Brighton Voice" which we could send an article to.

Shri Mataji: See, he can, he can help you in editing that. So you will know what is to be put there. But put it in a way that it's written underlines, you see everything, the people should know the truth, you see? Carefully, but they should know the truth what is behind it. So, you can take from all these people who are here, and also people in England can give you lots of; we have so many people from TM now. They all can write to you.

Yogini: Ishwara and Dave who come to Sahaja Yoga.

Shri Mataji: Let them die their own death. Ishwara, let them go. They'll die their own death. You see they are, you see, it's like a balloon. It has to blast by itself.

Yogini: They said they are higher than Sahaja Yoga.

Shri Mataji: Yes, yes, you are. You better go higher and higher. Just, just push them up. It's very good. We accept; it's higher. Why do you come here to know this? Why don't you go to... let them blast up. That's what is going to happen. It's such an absurd thing. You don't have to protest against them. You should say, "Oh, very great, you are really higher. Will you please go away from our meetings? Why do you come here? We are not higher people." That's how, you see, we must learn how to confront others also. There a tactic for that. For these stupid people who think they are higher, let them feel that way. Sometimes it need happens like that.

Yogi: Mother do we have anything about these Lamas coming over? Do you know anything about these...

Shri Mataji: Where are they coming now? Russians are coming like Lamas? Where are they arriving?

Yogi: This, this, the Buddhism is been influenced something by the Tibet.

Shri Mataji: Yes, I think we can write a book about this very well. I'm trying to gather some information about these things, and see this, My son-in-law is going to help Me with this, who has been to [Unclear]. But what the Buddhist have achieved, we should see what they have achieved.

Yogi: They have a big center in Brighton, Mother.

Shri Mataji: Why not go and talk to them?

Yogi: We did.

Shri Mataji: What did they say?

Yogi: They just laughed at us.

Shri Mataji: They are all laughing Buddhas now. No, but there is a center in England, and the head of that head center had come to our program. He's very anxious I should go and see them in their own place. This girl, what's her name? Sarah, she's arranged it. Sarah, no. What's her name? That very fat one, what's her name?

Yogis: Rita, Mother.

Shri Mataji : Rita. Sorry, Rita, Rita, she, she arranged it, and I didn't go there that time. I had no time, but I this year I'll go and see them. The fellow felt the cool breeze. But you see, the Buddhism can be brought round very well because they have so many cults and so many deviations that is not one. That's one of the things we can always

[put]

, you see. If Christianity is correct, then why do they have so many branches? If Hinduism is all right, why do they have so many paths? It has to be one; if truth is one, it has to be one.

Like they went and asked Mahatma Gandhi, some missionaries, you see, "You believe in Christ, principle of non-violence. Then why don't you become a Christian?" He said, "I will, but which church should I join?"

Buddhist also, you see, get this Ekadasha Rudra [very badly, they suffer a lot, suffer a lot.] I think we'll work through that center also. They suffer too much, and the principle they have evolved is that we must suffer [a lot/ if we have to go to]. So suffering is

taken like a blessing for them. Gradually, it will work out when they'll suffer too much they'll to such an extent that in America I went, and the journalist had come, as I told you, and he just disappeared and he asked Me about Ramkrishna, and I said he was not a realized soul and, but he said, "He suffered so much." I said, "Who asked him to suffer? Why should you suffer?" So what he says, "We have a right to suffer." This is [brainwash/ brainwave], I tell you. I didn't know what to answer and this, such a stupid thing like that, "We have a right to suffer. Nobody can take this right from us." American, I must tell you, "Nobody can take this right from us. We have a right to suffer." So go on then; suffer. And if somebody says that, "We can take away your sufferings and if you give us this suggestion that, 'No, we have a right. You can't take away our right'." At least in law you cannot take poison. There are many things you cannot do: you cannot commit suicide; you cannot do so many things. They can say, "We have a right to commit suicide. Who are you?" Maybe, you see, I don't know, a new law may be passed after sometime. If many people start believing in suicide, they might just come up with an idea that, "Why not we have a right to commit suicide?"

Like in, say, Sweden and Norway, now of course Switzerland is the top most in suicide. Do you know that?

Yogi: I didn't know that.

Shri Mataji: Now, now it's surpassed. The greatness of Sweden and Norway is lost now. Now it's Switzerland.

Yogini: The high season is November, when the weather is bad.

Shri Mataji: Really! They do it in November. Horrible! And if you, some people you see, some girls, young girls, they told Me that, "Main thing we do is to plan how to kill ourselves." That's all they have to think of all the time. The vibration is so horrid that the fingers were numb. I said, "What do you do?" They said, "Only thing we do is to plan how to commit suicide." Can you imagine? Young girls of seventeen, eighteen years.

Better now, better. Are you feeling better now?

Yogi: [Unclear]

Shri Mataji: That is what, that's good. Now you just watch Me and see if you can stop your thought while watching Me. Can you watch Me without thinking? There's no thought. Is there is any thought now? Are you thinking?

Yogi: I think of You, nothing more.

Shri Mataji: Nothing. Haan, better. Back Agnya, Agnya at the back. You see, what's happening, the whole Kundalini is working on the back. Because of the Agnya it is not going through. So he's feeling the heat.

Yogi: The liver?

Shri Mataji: Yes, the liver is there. Health-wise also, he's not all right. But that's not [the liver/ so difficult]. First of all, the left side should be cleared out.

Yogi: Which sugar You recommended?

Shri Mataji: Hmm! Of course, of course, no doubt. Are you all right now?

Lady: Yes, My head is cooler.

Shri Mataji: Cooler? Good.

Yogi: When they were pulling down the sympathetic, Mother, she felt a lot cool on her head.

Shri Mataji: Good, yes, it works. This is the Yuga of the vibrations working. It's called as Krita Yuga now. The Kali Yuga is over now. Krita Yuga has started. What do you say?

Yogi: Left void [Unclear].

Shri Mataji: He needs lemon and chilies, that's it, and also you need sugar, all right? Little more treatment is needed, if you don't mind, haan?

Man: Yes, Mother.

Shri Mataji: Better now, it will be but to take it out permanently. You took it up very seriously. Is it TM?

Yogi: No I didn't ... about two weeks [Unclear]

Shri Mataji: You had this liver trouble before also.

Man: [Unclear]

Shri Mataji: No, no I mean you were thin like this before also.

Yogi: I am always thin. My father is thin. My brother is thin. We are all thin.

Shri Mataji: That's it. Yah, see that's the thing. What do you like in food?

Yogi: Food? Most things.

Yogini: [Unclear]

Shri Mataji: Fried? What, likes what?

Yogini: He doesn't like sugar.

Shri Mataji: Sugar he should have. He needs it very much in the body. Very much he needs, but not fried things. Not fats that he should not have. You see, that's one thing he should not have.

Man: [Unclear]

Shri Mataji: No, no with sugar you'll rise. You see, because the fat gives too much work to the liver, so we must give some rest to your liver, and the sugar sustains it. Carbohydrates are important for some people. It's not a general rule that if you don't take sugar, another person should not take. It's not such a general rule, you see. Doctors are like that. I shouldn't say because there are some [people] sitting behind you, but, you see, they are indiscriminate. They don't discriminate between. There are two types of people. Some have lethargic organs and some are overactive. Now, yours is overactive. So you need something to settle it down, all right? It's a temperament. Everybody has a different temperament, and accordingly the person should be treated. Actually, our medical science, the present medical science, at the same base, but they changed over somehow, just like [Rabinath/ Wagner], you see? They changed all the roots of music. The doctors changed all the roots, and they started treating the leaves instead of the roots. [All right.]

Are you better now? Now you do also one light for him. I think if he does there it will make, half of it might clear out. Are you

better? Are you feeling the cool breeze in the hand now? Not yet? All right.

Can you make him stand near that light for a while if he can? Let's see. Keep it there only and let him stand there. You can come forward. Let him stand there, which is a good idea. It will work out. All right, just for a while.

So you see, now, we have a problem: we have published, I mean, one "Advent". You have seen "Advent", have you? Have you seen the book?

Man: [Unclear]

Shri Mataji: "Advent". No, you go through it. I think it will be a good idea. That was written when he was just progressing in Sahaja Yoga, and now the one he has written is much better, but that's in French. And he would like it to be done in French, that one. We thought we better send it to Algeria which is a cheaper place to print. But, you see, this publishing is like, now say we have got a book this "Advent" or something like that, if you can go through that, these people from Australia have given Me an idea that we should make a – what we call - pocket book out of that. What is that there's some pocket book? Paper, paper bag, paper bag. So for that, you see, I would suggest if you go through that as a publisher, supposing you find which things will be objectionable because it is only meant for Sahaja Yogis. We don't give this "Advent" to anyone else who is not a Sahaja Yogi. Once you are established in Sahaja Yoga, only this book is given to you, because the truth is so great people cannot just accept the whole. But if you can point out from there whatever is to be eliminated through, we can make it a shorter book and can give more explanations things in there. And then we can publish that book. As far as I'm concerned, I'm yet published already. I've written something. But I think it's too much of the thing.

It's very simple, naive, absolutely naïve simple language. But I gave it to My husband. He says, "It's moving, going over my head," you see. So I think it would be difficult for people to understand.

Yogi: Would it be possible to take several of Your short talks?

Shri Mataji: My talks can be done. Yes, talks can be done. Yes, that's all My talks can be done, and we can sort it out. Talks can be done... I have no objection to that. That's all right. So you can see to My talks, you see. Because talks are public, so I'm rather careful.

But this book one, that one that I was writing, you see, it has gone through various problems also because I had a lady who was typing, who didn't know Sanskrit or anything, and she was hopelessly bad, you know. Its typing was hopeless, but still whatever has come up is quite good and is absolutely vibrating. But as My husband is a very brilliant man, he says, "It goes over my head." So I thought, it's better to keep it only for Sahaja Yogis, but as you said it's a good idea. What do you say?

Yogis: Yes, Mother.

Shri Mataji: So we can compile some of the talks. Now who will find out about it? You see, [Pravin?] with some other people. There are four very nice lectures I gave in Bombay in Marathi language which will be now translated in "Nirmala Vidya" and they one whole magazine dedicated itself in India, Marathi magazine, for the publication of these. I think there are six lectures of Mine and four other people have been written there, about the, we have three great saints in India, poet saints, in Maharashtra. So that is Gyaneshwara, and second one was Tukarama, and third was Ramadasa.

So in relation to them, Sahaja Yoga they have described. Like that, it's a very beautiful magazine, but you don't know Marathi and the whole magazine is dedicated for that. It's a huge big magazine come out and it's done very well. So I think that also will be translated, but you know Indians are not so good at English. So you can retranslate.

And I can help you there. It's very nicely done, one in on Christ and one on Kalki, Christ the complete. Christ one is very beautiful, you see. And for Indians to read about Christ was very remarkable, because, especially Maharashtrians, you see, they were so

amazed that He was Mahavishnu and which was. They were so happy ? you don't know ? that they have, we have found out Mahavishnu. They were looking out for Mahavishnu. And here it is: Christ is the Mahavishnu. You see, they were so surprised, the connection.

So I would suggest that if we could compile something like that, would be good idea. It's very good idea.

So now you people, those who think whatever lecture you think has been quite impressive, not as Sahaja Yogis, but as for normal people, you see. You are little bit abnormal. So you can give some ideas. [Name unclear] will you work it out?

Yogini: Yes, Mother.

Shri Mataji: You can do it because he's in Brighton and she's a barrister, you see. So she will know the law point. We shouldn't say anything that they will put Me into jail now, not this year, this time, not this time again.

Yogi: Could I help also, Mother, with that?

Shri Mataji: Yes, of course. That will be nice idea, and also on medical thing, I think Rustom and you both, I, once I talked about medical thing to Rustom, and we worked on the all the endocrines also together. Have you got that with you?

Yogi: I got that sheet right now. The chakras and the plexuses.

Shri Mataji: And the relative endocrine?

Yogi: Doesn't have much on that, but we could.

Shri Mataji: We could work it out.

Yogi: With Rustom we could work it out.

Shri Mataji: All right. So then, David, what we'll do that if you want, will you give Me the sheet and all that accordingly, and I'll say something on the...

Ha Haa! What's that? What do you have in your hand?

Hmm, these are Sahaja Yogis? So, we will, if you give Me that, then I'll tape something for you, which you can – that will be good on medical this thing. So medical side; we can have social side and things like that; it will be good idea.

Hmm, is she all right? How are you feeling? Cooler now? Good, good. Right hand and the left? Not yet. Right to the left with the light. With the light you feel cool. Can you imagine? Isn't it surprising? Some people start feeling the cool breeze coming out of the flame, you see. They start wondering what sort of a flame it is.

What's that? Ah that's a Sahaja Yogi on the run, you see? That one, too. All right, let's see. Running faster. You see, there's an elephant here. Did you see this?

Boy: Yeah

Shri Mataji: And there's an elephant here, too. This is Ebony, you know. This is Ebony.

Boy: What's that?

Shri Mataji: That's an elephant.

Boy: What's that?

Shri Mataji: Which one? This one? Something, I don't know.

Boy: This is singing there.

Shri Mataji: Yes, you want to sing? All right, let's have it. Would you sing now? Haan. Now let's have the music. Now sing a song. Let's hear. You sing. Otherwise how will you hear? Now come along. Let's have a nice music. Now you are not just smiling. Now which one you know?

Boy: Twinkle little star.

Shri Mataji: All right.

Boy: [Unclear]

Shri Mataji: I can't sing. He can't do it. He's saying. Will you try again? You sing it now, haan. Sing it now. Let's hear.

Boy: [Unclear]

Shri Mataji: You are not singing.

Yogini: Do you know "Baa Baa Black Sheep", Steven?

Shri Mataji: Yes, you can say "Baa Baa Black Sheep". You should say "Baa Baa Black Sheep". You know that one?

Yogi (singing): Baa baa, black sheep, have you any wool?

Shri Mataji: Now you don't sing. He's going to sing. Now you don't sing. He's going to. Now come along. You better sing. Now come along. Let's have it.

Boy: Sings "Baa Baa Black Sheep".

Shri Mataji: Very good. It's coming out very well.

All your nursery rhymes are also so suggestive of Sahaja Yoga. You don't know, for example, "Oranges and [unclear GW: Lemons?]", and "London Bridge is falling down". So many; so suggestive they are, so suggestive.

We think they are just rhymes. They are not. It's very suggestive, like the "Humpty Dumpty sat on a wall", you see? Ego. "And all the king's men and all the king's horses could not [sit/ put] together Humpty Dumpty again", and that's what is going to happen to Ishwaras.

These are tomorrow's Sahaja Yogis, you see, great ones. They are going to give speeches and they are going to sing, isn't it? Aren't you going to sing some Praise of God. Just meditating. Take this. [Unclear]

Boy: Is that Your house?

Shri Mataji: Looks like one.

Boy: Is this Your house?

Shri Mataji: Isn't it.

Boy: [Unclear]

Shri Mataji: Yes it's My home...

Boy: [Unclear] built Your house

Yogini: This is Your house?

Shri Mataji: Yes, in a way. Yes, it is. You like it? I have another house, many houses.

Boy: [Unclear]

Shri Mataji: Yes, and many children.

Boy: Have you got to go?

Shri Mataji: What's it?

Boy: Have you got to go?

Yogi: He said, "Have you got to go?"

Shri Mataji: I have to go now to London.

Boy: What?

Shri Mataji: To London. You want to come with Me? To London?

Boy: Yes, to London.

Shri Mataji: Yes, come along. So nice [so sweet, so natural.] What's your name?

Boy: Steven.

Yogis: Steven.

Shri Mataji: Steven. How bold and how great they are! Did she feel the cool breeze? You felt the cool breeze? Steven's mother? Did you feel the cool breeze? You have such a great soul as your child. That's your child?

Yogini: Yes.

Shri Mataji: Great. Now you must [all watch him/ know what it is, you see?] He is born-realized child. You see, she's got it on her head. So now can I take your leave?

Yogi: Mother, could I just show you something?

Shri Mataji: Yes, please. Now this gentleman is here. Hester, you get along, and David, both of you, and try to find out, you see, first of all and the best would be under what headings you would like to say things. And then we'll compile it, to get the things done. Let's see.

Yogi: Maybe I could read it to You [Unclear].

Shri Mataji: What's it? It's from where?

Yogi: Original supposed to [translation from... /unclear]

Shri Mataji: They were people who knew about it much more. Are they extinct now or they are living?

Yogi: The writings are still being translated, Mother. This is just a small portion.

Shri Mataji: It's all there?

Yogi: Mother, these are supposed to be written by Saint John.

Shri Mataji: So much there, isn't it? These are all coming up, I must say. From where do they find out all these things, these books? Is it from Vatican?

Yogi: Yes. They kept it all secret.

Shri Mataji: Really, but how, how did they enter in there?

Yogi: These actually, I think, were found somewhere else, in UK, somewhere in Palestine. These ones are somewhere else, Mother. But the others, the bigger portion [is lost away in the battle, Unclear].

Shri Mataji: All these will come one by one, I tell you. They have covered it with heaps and heaps of falsehood. They have to come up.

Yogi: In the cosmic place there's a Prayer to the Mother, prayer to the Lord and prayer to the Mother, and I wrote one for the Son as well....

Shri Mataji: All right, read it, read it loudly.

Yogi: The Prayer to the Heavenly Father: Our Father, Who art in Heaven, Hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for [Thine/ Thy] is the Kingdom, the power and the glory, forever and ever. Amen.

Mother's Prayer: Our Mother Who art [on/ upon] Earth, Hallowed be Thy name. Thy Kingdom come. Thy will be done [on earth as it is in heaven] as Thy sendest everyday Thy Angels [and [Unclear] also/ give us this day our daily bread?]; and forgive us our sins as we [forgive us our sins, those who trespass against us, unclear?]. And lead us not into sickness, but deliver us from evil, for [Thine] is the Earth the body and the [unclear]. Amen.

Shri Mataji: Beautiful. That's the difference between Father and Mother. The Mother never takes you to sickness; you see. She doesn't take you to temptation. She tells you frankly, "That's temptation." The Father tests you. That's the difference, isn't it? The Mother will never tell you that you try because She knows what it is. But there's a little difference, all right?

Yogi: Mother, I've made one for the Son. Can I just read that?

Shri Mataji: Heh?

Yogi: I've made one of the Son.

Shri Mataji: All right, that's very [Unclear]. Say that.

Yogi: Lord Ganesha, Lord Jesus: Who art in Earth, Who art in Heaven, Hallowed be Thy names. Thy Kingdom come. Thy will be done, [on earth as it is in heaven]. Give us each day peace and joy; and forgive us our sins as we forgive [who/our] [sinned/sins] against us. And lead us not into confusion. Purify our vision, for Thou art innocence and wisdom.

Shri Mataji: This "Lead us not into confusion" you should put for the Mother. She confuses, all right, because She's Mahamaya. So you can put it for Mother, but He does not lead us into confusion, but into punishment.

Yogi: But purify our vision, for Thou art innocence and wisdom; the Son of our Mother and of our beloved [Father]. Amen

Shri Mataji: They say once even the Goddess, you see, got very angry with Her creation. She got very angry and She said, "Now I'm going to destroy," and She started the "Tandava", means the dance of destruction. And then the Father Sadashiva felt that, "Now this is the end of it. If She decides, then who can save?" So He played a trick. He put the child under Her feet, and when She was, see, trying to put Her foot down, when She saw the child She took out a big tongue, "It's My child!" and the whole thing stopped. But when it comes to Father, He is wrathful. When it comes to His destruction, He is not going to care. And even when the Son will destroy, He will not bother. Because it's going too far, then they do not allow. Still, you see, Mother will still, all right, let's see, still go ahead. She will still keep some inches there, but not the Father. That's the problem. That is the problem, but once the destruction will start it's going to be horrid. So we have to hurry up. We have to work up and take it up seriously and understand it's very, very important, the most important. If you are all destroyed, then what's the use? At all the Sahaja Yogis are not going to be destroyed; we are all safe. But we have to save more people, and more people, [and more people], all right?

May God bless you.

1983-0531, Going Against God's Will

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31 May 1983

Going Against God's Will

Public Program

Hampstead Town Hall Centre, Hampstead (England)

Talk Language: English | Transcript (English) – VERIFIED

"Going against God's will", Public Programme, Hampstead, London (England), 31 May 1983.

From the very outset, I would like to apologise for being so late today, but I realised that when something is very important, from God's point of view, all the negative forces work out their plans, how to delay, how to put obstructions, how to bring hindrances, how to deviate. It's very surprising. And, today I think would be best if I tell you about God's will and how we human beings try to go against it all the time.

God's will is extremely simple. He is Divine Love. He is Compassion. He's Ocean of Mercy, and in His Mercy and in Compassion He created this world, and then created human beings just to give them the highest thing in life - joy; joy which is [a] single thing, it does not have duality, like sorrow and happiness, like day and night. But how we are anti-joy and anti-God and why it happens, we'll have to see that.

Our awareness, as you know, grows through our brain, downward. And whatever starts growing downward makes us away from God, in a way. Ultimately, we have to achieve God but first we go little bit away from that awareness, of being one with God, just to understand that freedom has to be used properly. Without that training, without that education, [it's] no use giving freedom to human beings. You have seen the free countries, what have they achieved? In their freedom what have we achieved? Atom bombs to kill ourselves! I mean it is stupid, it's foolish, it's absurd, but we have done it and we are proud of it, and still, we are busy how to make it even worse and worse and worse. This is how we move.

The awareness that was our own human awareness was given to us for freedom, to be tested, to be experimented, to be seen and then to have ultimate freedom, by which you become the Spirit. You have to become the Spirit ultimately. But as we start growing in our awareness, so-called, our concern is not for the Spirit. I would say, like a tree which embeds itself into its roots, and the roots that we have are in the brain and then we start growing, upward, upward and upward, till the leaves are created, fruits are created, flowers are created [but] on the contrary, before reaching the fruit stage, what happens to us that we start creating artificial leaves and enjoying them. We take to artificiality. Once this identification of artificiality starts, we start going away from reality to negative thoughts, or to over-positive thoughts by which we make atom bombs and all that - so-called positive thoughts which are actually anti-God.

So there are two branches, really, in life that we branch off. Some people like to go towards the left side of negative attitude by which they injured themselves, troubled themselves; [they] do all kinds of things by which they can die, in the most miserable manner, get all kinds of diseases upon themselves, torture their body, torture everything that they have. The another side is on the right hand side, where they move to torture others, to destroy others, to overpower others. Both ways we are away from God and His Mercy and His Grace.

The concern should be throughout towards the Spirit, then the movement is in the right direction. But this concern breaks up very easily in human beings because they are free to do it. In their ego they just break it, the connection they break it. So much so that, when you develop artificial ways of enjoying life, then even the consciousness of God is lost; that He exists, that He has created us, that He's the One Who is running the show. We become so conscious of ourselves that we think there's nothing wrong. We do this, we do that, plunge into all kinds of problems, and we don't understand that what we are doing is against ourselves, and ourselves means against God, because God has created us. He loves us, we don't love ourselves. If we had loved ourselves, we

would not have ruined our own body, our own systems, everything that we have, by saying, "What's wrong? Why not do it?" You must love this body of yours, this mind of yours, your society. Everything you have to love because God has created you in His love. But the 'love' itself has become such a perverted word now. What is wrong in promiscuousness, it is love?

If I tell that, "No it is not, because it is against nature. It gives you trouble, you will be in a mess. Listen to Me, it's not proper." Then people think that, "This Lady is very matronly, She is very old-fashioned, Victorian."

But it's a fact! Why do things which will destroy? You can't create yourself; you can't even create a nose for yourself, leave alone the whole body. Then, why should we be anti-ourselves first of all? Then why should we be anti the society that we have created? Then against the whole nation that we have created? And nations, and nations, and nations? What are they doing, these all these politicians today? Fighting for what? I just look at them, I can't understand what's the matter with these people - fighting to create more destructive forces, more horrible things to destroy innocent human beings? Those who are innocent are simply worried, they don't know what to do, they don't understand why they are to be dead tomorrow because some people have gone off their heads. And, those who have gone off their heads are sitting at the helm of affairs, and we select them and elect them, all such people who are sitting at the helm of affairs.

That's how the negativity grows within us, we become negative. Both things are negative attitudes because they negate God. Negation of God is the first crime we have created. We are not afraid of that God or for Him. He's Compassion, He's Mercy, He's everything. But in His Mercy only He's going to destroy the world. He won't allow you to commit more sins against Him. He destroys even, otherwise, from within. What is cancer? What are all these diseases that are coming in our body? They are nothing but our own destruction forces that we ourselves have built within ourselves [which] are breaking. There is no fear from outside invasion, or from any star, or from any extra-terrestrial attack, no there is not. It is within us. The attack is built within us, of which we should be aware. In the name of freedom, we have collected within ourselves all the germs of our destruction. It is such a built-in process within us that we are not even aware that they are growing, that they are there. We are quite satisfied with ourselves, with our artificial life, with our so-called etiquettes and superficial mannerisms.

Innately within us there resides the Spirit which wants to enlighten you, which is anxious to enlighten you, to give you the peace, the bliss, the joy of your being. This beautiful lamp of yours which is being created, is with a great purpose. It has to be enlightened. Respect yourself! There is no 'respect' word left in the dictionary today. Respect yourself! We have to respect this lamp which has the light of the Spirit, that it should be enlightened, and let us be that lamp that shows the path of glorification of your being, and in that light, we can see God's glory, too.

It's such a beautiful world He has created for us. Everything He has given us, but we in our ignorance and in so-called freedom have ruined so many things. It is sometimes shocking to see how people are going just towards hell directly. For a Mother, it is a thing of great concern: How to stop this pull? How to get them out of it? How to make them understand what is your worth, what is your value? Don't take human life for granted! It is a very precious life created out of many processes. With great difficulty it was created. Don't forget that you have to become the Spirit, without that your life is just a waste, the whole Creation is a waste because you are the highest in the creation, you are the epitome of the creation, and what are you up to?

We have to form nuclei who will talk about Spirit now, openly about God. I was amazed to hear that in this country people don't like to talk about God. You cannot talk about God. As soon as you say, "God." "Oh nothing! God? That's religion. That's nothing to do with me."

Can you imagine such a state of affair where you cannot talk about your Creator? Either you form some sort of a closed, secretive organisation where everybody can not enter into, and say, "Now, we belong to certain cult of God." How can God have cults? Just think of it. How can He have separate churches, and separate temples and mosques, how can He have? How can we become fanatic in the name of God? Can you imagine, this is what we have done to God! We have become fanatic.

There's a stone, a touchstone, when it touches anything it becomes gold. But there must be a stone, when it touches human beings they become like prisons. That's why there is so much fanaticism. It's a problem today. How to break this news and

message that: you are the Spirit and you have to become the Spirit.

There is a Marathi poet called Namdev. Because my mother tongue is Marathi and thank God, I have been born in Maharashtra because it's a country of saints, thousands of saints lived in that country. It's the tradition, is so Spiritual! Spirituality is the tradition of that place where I was born in that Maharashtra - called 'Maha' means the great, and 'Rashtra' means the nation. I don't know why they thought of, but I feel that way, that the tradition is of spirituality, not of alcoholism or drugism or call any other 'isms' as they are. But of spirituality is the tradition in that country where a very simple poet called Namdev, he was a tailor, himself was just a tailor, ordinary, and he said, has written a very sweet poem, which I will just tell you, explain what he says. He says that "a little boy is flying a kite in the sky. He's looking at the sky, he's talking to his friends, he's moving upward and downward, and he's discussing things here and there but his attention is on the kite." Then, he says "a lady who is carrying her little baby, is doing the work in the house, she's giving water to her husband and she's also sitting down and cooking. Then she's getting up to wash something. The child is on her waist, resting but her attention is all the time on the child. There's a lady who is walking with a pitcher of water on her head. She's walking with many other ladies, they are all walking together laughing, smiling; young ladies talking to each other and discussing things, but their attention is on their Spirit, in the sense it is on that pitcher of water." In the same way we, though we have to lead a life here, of other things, it is absurd that we do not have our attention on our Spirit which is the giver of joy, the ultimate in life.

But as soon as you start talking about something like that, people think that it is something trash, not to be listened to. [It's] most surprising! They want to hear the same mundane things again and again. You see, if it is a [political] broadcast by, say, Conservative Party or Labour Party, or another party, or any other party, they'll listen to it for hours together. It's such a mundane stuff. Every year you hear that. (In the 1970s and 80s in UK we had regular political broadcasts on BBC television where politicians gave their policies)

But if somebody says that, "No, this is all artificial. You have something much more within you. Rise to that point!" They think it is something, "We have not come to hear all these things, what is this Mother telling us?"

But now awaken and arise! On a different level we have to come to understand that what these people have done so far - and we have accepted it, we have taken it for granted all these years - has done no good to us. We have to rise above this to see there is, beyond the horizon, a star shining within us and that is our Spirit. People have talked about it, made another cult. Talk about God - made another cult. This time I saw one thing in the BBC, they showed a cult which says, "We are doing God's work." Doing God's work?

And, the ladies are tying up their thighs with thorns and things, and hurting themselves, cutting their flesh. And the explanation is - just imagine in the name of God doing such horrible stuff! And the explanation is that - "You must have mortification." Why? Why should you have? "Because Christ did it." Are you Christ? And that means Christ, whatever He did is waste. Little bit of yours was needed to add. Whatever He's done is more than sufficient, because He was The Prince. And, if a Prince has to go through the mortification, it's a very great thing. Not for a beggar to go through the mortification: what is so great? He's already done it. He has worked for us. He's just to be enlightened within us, and that's how we have to get to our realisation.

Now to sit down and to question is very easy. That's the easiest thing to do, is to sit down and ask questions. But best is to get to it, you get your realisation. That is the most important thing today. Of course, under the circumstances, as the human beings are, it is not going to work very fast. I am sure of it. I have tried My level best. Like mountains you have to raise the Kundalini, really like mountains. You feel so tired and fagged out. But then they don't want to appreciate it, so not to feel disappointed, not to feel hurt about it. Slowly and steadily I am sure, in your own eyes people will see the light. People will see how your life is transformed into joy and bliss and understanding. They will see how loving and dignified you have become and then they are going to believe that there is a better life for you.

The state is so bad for some people they see, as I told you, a black picture of the whole thing. They are so disappointed that they have given up. They have just given up, they said, "Now, we've finished with it. We've done everything now. We don't want to do any more." I have seen in France many people are sitting outside and discussing that, "When are we going to have now the ten

stars meeting together to collapse this world, once for all." They are discussing that, "Let us be finished soon now. We have had enough of it. Let's have the ultimate destruction, whether it was atom bomb or anything, let us be finished, had enough of it." It is so desperate. I can understand their desperation, those who are thinking about it, those who are concerned about it and bothered about it. No doubt one would feel desperate. Even the Sahaja Yogis sometimes get very upset and get extremely desperate and they say, "Give up Mother, just we're finished with it. Now, no more!" But I don't know how to remove My attention from the Spirit. If you can try, you try your level best to remove it; you cannot, now you are there. So whatever it is, till the last breath of your life you will fight to save as many as possible.

So all those Sahaja Yogis who get very frustrated in certain endeavours, I have to say - you should not be frustrated. You have to keep your courage and understanding that, if you have feeling for others, and if you really show your concern to them, they will understand you and will be able to get more and more people saved, emancipated and they will enter into the Kingdom of God. As you are enjoying, they will also enjoy. [The] only snag in the enjoyment is that you feel that so many are still lost. Doesn't matter. That has to be made up. We have to work hard. We have to understand that there are negative forces which are pulling them down. They are ignorant, they do not know beyond this life, resides the eternal life of beauty and glory. But gradually I am sure it will work out. Specially for this meeting, they had lots of ups and downs, and whole thing was very discouraging; but still, one must understand that God's work is blessed by God. He will render all His help, all His Blessings on you, to enrich you, to enable you to perform your Divine duties.

The time is passing. Very little time left now, it's running out, and that's why the desperation is more in people. This desperation itself has brought forth the advent of Sahaja Yoga on this Earth, and you should feel more stronger to fight these obstructions that you feel around, and should work out the ultimate goal of this Creation.

May God bless you!

I would request people to be seated now for a while, because we should try to get our realisation now. One should have little time for oneself. There is no limit of time in Sahaja Yoga. Whenever the Kundalini has to rise, She rises. Maybe today, maybe tomorrow, maybe day after. Whenever you have to get your realisation, it works out. Only thing is we can expedite it, we can work harder to cleanse the path to achieve it, but we must make a start now and once it works out, then it is easy to handle it and to go further.

I am sure John must have told you about the Kundalini. Moreover, you can take the books from here. There are little books published for the first people who are coming to Sahaja Yoga. It looks very complicated - it is not. Like the switch here, which can put all the lights to their enlightenment, in the same way there's a switch within you which is called as the Kundalini, and all this machinery is not to be bothered about. Once you get your realisation, the whole thing becomes very easy and you can get to it.

Of course, you know you can't pay for it. It's very low-level business to pay for it. People don't understand that: how can you pay for God's love? They can't understand, this is beyond their mind because whatever they have got today, even the air they have to pay for. And you cannot put in any effort, or you cannot put in any paying, or any troublesome things for yourself. Moreover, there is complete freedom for you. We cannot bind you by writing down a, sort of, in your name in the ledger, and then making you a member, and giving you a member card. There is nothing like that in Sahaja Yoga is possible, you can see it very clear, it is not possible. If you understand on what level I am talking. You are absolutely free to get your realisation, absolutely free to move further with it, and even at that moment if you want to leave, you are absolutely free to leave. There's nobody who is going to ask you to come back. It is your own desire, it is your own wish and it is your free will that is going to be respected. So nobody should think that we have a membership like a cult has, or there is any fear that if you get out of Sahaja Yoga, then these people will catch hold of our necks and bring it back. So it is not so.

It is a welcoming place and also it has an exit door. Some people just get through one door and get out, like a shuttle. No problem. It's alright for us. On the contrary, one feels relieved with such people, because if they cannot stick on they cannot get to Sahaja Yog. Like any tree, supposing if you embed it in the ground and start shifting from there, what will you do with such a tree? It cannot exist, it cannot grow.

So, it is your own understanding that you have to take to, your own wisdom. We cannot force Sahaja Yoga on anyone and neither we want to. Nor Sahaja Yoga is going to fall at your feet and give you false ideas. Whatever it is, you see for yourself and receive the blessings of your Spirit. Grow in it. Understand it fully and enjoy it.

This kind of state never existed in human life before. It's a very new world I'm talking about. Wherever you go, you have to pay, and then God knows whether you enjoy it or not! But here it is within you, it's all within you, it's there, only thing is that you have to know yourself.

Now, in a ego-oriented personality there can be a question, "Why Mother should do it?" It's a thankless job, I tell you. If you can do it, I'll be very thankful to you. It's really a thankless job in the sense that you feel so hurt, when you work so hard on a person, give him Realisation, raise the Kundalini, really work very, very hard; and then the person just turns out to be a criminal somewhere, you just don't know what to say. It's like a mother who gives birth to a child, looks after the child, and makes it grow, and then he ends up like a criminal. It's very, very saddening, but doesn't matter.

Now, I started My Sahaja Yoga, as you know, with six people. For four years, I was labouring with six people in England, in London - you can imagine! (laughing) Then we got the seventh one, and then the eighth one. Then two ran away, so only six were left, you see. It was like the mathematical questions you get where you say, "A person came to work and he ran away second day; then another came, ran away after third day." Same thing! I used to wonder, "How can there be work and how can the work be finished, with these runaways?" In Sahaja Yoga also we have such problems, but also you should know that there are people who have felt it - their own glory - and they have risen up to it and come up.

From England I have great hopes, very great hopes. As I said that England is the heart of the Universe, it is the heart of the Universe. Specially Hampstead is what we call the jiggery (sanskrit), is that muscle of the heart which thrills, it thrills the heart. Hampstead is even much more important, which gives the thrills, you see. And so I expect that we will have people of great poetic qualities and of great sanctity in this Hampstead and where a day will come that will see the glory of God's Love, and His Kingdom born in this Hampstead. To the people who do not know about England, the deeper side of it, it's just another country in Europe. To Me, it is not. To Me it is very important. And, that's why I have been working here for ten years. This is the tenth year I am working, I hope to do more for two years. While in India, I have worked hardly for two years, but there are thousands and thousands of Sahaja Yogis, while here we have about [a] thousand in London. That's a good number to start with.

So if you have any questions you may ask Me, and then we'll have the session of realisation. But I have to make one humble request that you should not at the time of meditation leave the place and behave in a very absurd manner. That's not proper. You must respect. You must respect others who are trying to get their realisation. So, it's better you leave earlier, otherwise you be civil to them and get your realisation also. It may work out today, quite possible as I have seen the other day in Brighton, they all got it in one shot. Why not in Hampstead? Which I think is a very great place, is a very subtle, special place in the heart of the universe. So it should work out here.

May God bless you!

Now, ask Me questions if you have any, without any fear, but not irrelevant, stupid questions, you understand that. It's not good. I would not like to waste time of people who have come to seek the Truth. So, please ask Me questions if you have any or we will go in for the Realisation.

No questions? Wonderful people! No questions at all? Yes, yes please....

Seeker: It's not really a question it's just I find it hard to hear what you are saying. Is there a way of adjusting the microphone or something?

Douglas Fry: He can't hear at the back but unfortunately the microphone is at maximum so we're not able to get...

Shri Mataji: You can't hear?

Seeker: No. It seems to distort.

Shri Mataji: It's not alright? What did he say? I didn't follow.

Shri Mataji: You couldn't get any words to yourself, did you say that? Same with Me, I can't hear you. (laughter) It's mutual but doesn't matter. You see, even if you have not heard Me, makes no difference, nothing. Love has no language, and this Divine Power has no language, alright? Did you understand that much?

Seeker: Not that much.

Shri Mataji: Did you follow Me even that? I am saying that love does not require any language. It is an all-pervading power which is everywhere and, whatever may be the language, it makes no difference. It is a silent language which will work it out.

I was surprised some of the Sahaja Yogis who went to India were very silently meditating when I was speaking in Marathi or Hindi. And, I was amazed how they were so attentive. They said, "Thank God! We did not understand, Mother, what You were saying, so we were not putting out mind into it and we were just enjoying the vibrations." Isn't it surprising that they would sit for an hour or so just listening to Me in some foreign language? Alright, doesn't matter, alright!

What's wrong with your thing, you see? Acoustics are wrong? What's wrong? They can't hear Me.

Douglas Fry: The microphone is as loud as it can be and I think there's probably a problem with the loud speakers themselves. Unfortunately we're not able to get to the controls. We can't get to the controls Mother like we can at Caxton Hall.

Shri Mataji: Alright? Sorry, for this, some sort of a mechanical problem. But doesn't matter, the mechanics in you are perfect. I don't know a word about this electricity business that you people have created, not a word. I don't know how it works, but as far as your Kundalini is concerned, I'll work it out. (laughter) There's no problem on that!

Alright. The acoustics of this town hall may be wrong. Alright. Now, what should I do if they can't hear Me? Can you hear Me now, the gentleman, alright?

Seeker: I think [Shri] Mataji, one of the things is you have a soft voice and at the end of the sentence the voice disappears.

Shri Mataji: What about Sahaja Yogis, you heard Me fully?

Sahaja Yogis: Yes.

Shri Mataji: There's a little difference, I'll tell you. I must confess to you very humbly, that when a non-Sahaja Yogi speaks to Me I find it difficult to understand, but if a Sahaja Yogi speaks to Me, is easier. I must confess it's a little deficiency with Me, is that. That's why if anybody asks Me question, even in the first row, I'll ask some Sahaja Yogi to tell Me what's there, because My ears are, I think, little bit not so alright. So it is with you people also may be that once you get your realisation. Now, the Sahaja Yogis are sitting at the back and they can hear Me every word. So there's something wrong with this voice of Mine, because it doesn't adjust to your ears, for the frequencies, I think. Doesn't matter, it will work out. Alright?

Seeker: The only thing is it's difficult to understand if you don't hear. Are You saying it's not important to understand?

Shri Mataji: No, it is important to understand, but not to think about it. Forget it. Forget it. Don't think too much. Whatever you don't have to understand, you better not understand because sometimes, you know, talking becomes a barrier, and listening is another barrier, and then thinking is the worst. Alright? (laughing) So, let us see how it works out. Alright? Let us see how it works out within. You will gradually understand what purpose My speech serves, gradually, alright? I have to speak with a purpose, but what is the purpose? That you will understand little later if you don't mind, but just now you must understand the purpose of your life, that is your Spirit and get to it. Now is it clear what I said?

Seeker: That sentence, yes.

Shri Mataji: Yes, alright. Thank you (laughing). Now, let us put our hands towards Me, and Me towards you. Now, I think, you see, this also slips out. You see, I'm very bad at electrical things. I never know even how to open My radio. I am so hopelessly bad. So, if I'm making mistakes, you should not mind because I am nothing so mechanical, you know. I don't understand.

So, what you have to do is to be relaxed in the sense that don't put any strain on your neck or on your body. But sit straight, and no strain on the neck at all. Neck, we have strained too much. So, leave it in the centre, not too much at the back, nor too much in front, but keep it in the centre because this neck has a problem. Alright?

Now, you have to stretch your hands straight like this towards Me and close your eyes. That's all. You have to take out your spectacles, if possible, because it helps also your eyes. And, take out your shoes, if possible. One should not have anything tight on the waist or in the neck, little bit loosen. If it is not uncomfortable, that's alright. If it is comfortable then it's alright. First thing is you should be comfortable and not disturbed. That is the main thing and not to have any fears nor any guilt. That is very important not to have any guilt. Whatever I have said I have not said for you, so you don't have any guilt built in you. Just say, first and foremost thing, after closing your eyes that, "Mother, I am not guilty." Say it thrice with full confidence. I request you to say that. Please say that, "Mother, I am not guilty." Please! This is how you respect yourself. You have no business to condemn yourself because you are the temple of God.

Seeker: Mother I am not guilty

Shri Mataji: Just say it in your heart, but with full confidence, not doubting yourself at all. For My sake, please don't doubt yourself. Just say, "Mother, I am not guilty." And, forget about what you have done or anything, forget the past. I am talking about the present, at this moment. So, just please say, "Mother, I am not guilty." It's a very important thing.

Now, keep your eyes shut, please don't open them, because once the Kundalini starts rising, you have to keep your eyes closed, and the attention will be attracted inside and after it reaches the Agnya Chakra then you will become thoughtlessly aware. There won't be any thoughts but you will be fully aware. So, please don't open your eyes till I tell you. This is one thing you have to do. That's all. Not to open your eyes till I tell you.

Now, the left hand should be towards Me, throughout. Left hand is symbolically indicative of your desire. And, the right hand is your action. So we have to use the right hand to express our action. The first thing, as I told you not to feel guilty but I know you are all feeling still guilty because I can feel on your chakras. Now will you please again say it three times, otherwise you'll be punished for thirty-two times or sixty-four times. That's the only punishment you have to have is to say, "Mother, I am not guilty."

Now, put the right hand on your heart. Heart. Here resides the Spirit, in the heart. So with the left hand towards Me, open towards Me, you have to say, "Mother, am I the Spirit?" Ask a question, "Mother, am I the Spirit?"

Now, you must know when you are the Spirit you don't need anybody to guide you because you will be enlightened by your Spirit and the Spirit will guide you, because after realisation, you develop a new awareness by which you are guided through your vibrations. So you have to put your hand down on the left hand side of your stomach where to say, "Mother, am I my own master? Am I my own guide? Am I my own guru?" Anyone of these questions you can ask ten times. Establish your confidence first, that

you are the Spirit which is above, detached and is the source of joy, complete source of joy. With confidence you have to ask these questions. I am here to answer them. So, please ask the question in your heart saying, "Mother, am I my own master? Am I my own guru?"

Put your hand on the left hand side stomach. Here is the centre for the establishment of your guru principle, your masters principle. You are the master, as I say, of your body, of your mind, of your intellect. You are not to play into them, but you become the master. You don't need any guru. You become your own guru. That's better now.

Now, raise your hand again to your heart. And now, with full confidence you say, "Mother, I am the Spirit." This you have to say twelve times, because the centre of the heart has got 12 petals. So you have to say 12 times, "Mother, I am the Spirit," with full confidence and respect of yourself, which you are. You are the Spirit, no doubt, but just assert!

That is how we are clearing our centres.

Now, raise your right hand to your left side at the base of your neck. This is another centre which gets caught up when we feel guilty. Now, those who have said that, "I am the Spirit," you must know that Spirit can never be guilty of anything. It is a sinless, beautiful, brilliant diamond within you. It cannot get contaminated by any guilt. So, you have to say now here eight times, "Mother, I am not guilty." For those who have always felt guilty can say sixteen times.

Now, raise this hand on top of your head, and put it at the fontanel bone area which was a soft part in your childhood and put your palm on top of it, on top of it, let it rest. And now move the head in a clockwise manner, pressing it down with your palm. Just press it down and move it in a clockwise manner. If you do it from the side you'll do it better. Hold it from the sides, put your hand sideways, not from front, [then] you do it better. And now turn it, little bit pressing it down with your palm. Turn your hand, not your head. At this point, again, your freedom is to be respected. I cannot cross over it. So you have to say that you want your realisation. You can say, "Mother, I want my realisation. Please, may I have the realisation." Please say it seven times, just pressing it. You must touch your head. It's all hot, you can see that, the heat is coming out. You must touch it and press it down, and see such a lot of heat is coming out. Now, seven times you have to say it.

After that you can raise your hand and see if there's a cool breeze coming in. This is the cool breeze of the Holy Ghost. So you can ask a question, "Mother, is this the cool breeze of the Holy Ghost?" Every one of you, you can change your hands now. You can use the left hand. Put the right hand towards Me, keep your eyes shut and ask the question, "Mother, is this the breeze...?"

All of you should get it, it's possible! Change your hands again, if you want to. You go on changing, and see if there's a cool breeze coming out. It has to be cool breeze. First the heat will come also is a good sign that the heat is going out, all the heat with tension and all that, is going out.

Hmmm! It's working out. It's very subtle. We are moving from gross awareness to a subtler awareness of the roots, so naturally one has to pay attention to it.

Little in front, it is not at the back of the head but little bit in the front side. Try one after another and pay attention to it.

It's very hot today!

Hmmm. Now, without opening the eyes, again put back hands towards Me, like this, and see if there's a cool breeze coming to your finger tips to begin with. Just put both the hands and see if there's a cool breeze. Ask again the question, "Is this the cool breeze of the Holy Ghost?" Ask thrice. Means the Kundalini, Kundalini is the Holy Ghost.

How is the lady?

It's alright. Don't worry, she'll be alright. She'll be alright. Don't worry, don't worry, she'll be alright. Don't worry, she'll be alright.

She'll be alright. I am looking after her. She'll come. She'll be alright.

Now, if you are getting cool breeze in the hand, you can also now see it, if you raise your hand. Open your eyes and raise your hand, slowly open your eyes, slowly. Raise your hands like this. Like this, as much as you can stress, let's see.

Yes. Are you feeling? Are you feeling the cool breeze? Are you feeling the cool breeze now? Those who are feeling should say, "yes."

Seekers: Yes

Shri Mataji: Alright. Now just put your hands like that and see now if you are feeling the cool breeze.

Close your eyes and enjoy yourself. Just enjoy yourself. Close your eyes. At this time there are Sahaja Yogis here who will help you to completely establish the experience and to see if there are any obstacles. Sahaja Yogis should do it very carefully without talking and raise the Kundalini in some people if necessary in some people. Don't talk to them, don't touch them, just start raising their Kundalini. Slowly try to do it. Keep your eyes shut, they'll work it out for you. Now those who have come for the first time and have felt the cool breeze raise your hands first of all. First time who have come and felt the cool breeze raise your hands higher. Yah, good. It's good. So, please put down. Then did you see them? Can you work on them and see. And those who have not felt please raise your hands: at all, the cool breeze. For the first time who have come and have not felt the cool breeze, raise your hand.

Alan, behind you, the gentleman who could not hear me. Alright, then it's alright, he's done. Now just see the people who have not felt the cool breeze. Please raise your hands please...this one gentleman, this lady, this gentleman...

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Kundalini – The Most Ancient Science Of Spiritual Life

Public Program

Hindu Centre, London (England)

Talk Language: English, Hindi | Transcript (English) – Reviewed | Translation (Hindi to English) - Reviewed

Sahaja Yogin: ...of India, in the Constituent Assembly of India. Mataji, before She took up this message of spreading Hindu philosophy and Hindu thoughts, She was married in a very intellectually, prominent family and She was married to Shri C.P. Shrivastava. [Those of you] who know the post freedom leadership, among the IAS community, very well-known some of the names, and Shri C.P. Shrivastava's name was one of the most prominent names. He had the distinction of being the principal private secretary to Shastriji, Shri Lal Bahadur Shastri. And only now, after seeing his name, I remember Mataji.

When I was a secretary Government Teachers' Foundation and we had a conference in Delhi, when we were invited to Shastriji's house, it was Shrivastavaji who conducted the guests to the, to the house of Shastriji. And I have great pleasure that God creates situations, that we meet different people at different situation, just to prove that the world is so small. Shrivastavaji, after serving as a distinguished person with Shastriji, then he was transferred to the, to the to the Shipping Corporation of India, where he was the secretary, and later on he was with the United Nation Agency, in the form of International Maritime Agency. Now this is the background of this intellectual family. As the holders of important positions in the government of India and in the International Assembly at the UNO, they must be coming in contact with highly prominent international personalities. And Mataji among them all, instead of glorifying Herself, in those positions of contacts and great places, Her bent of mind was towards spiritualism. And today [with the event], She lectures to us, when She tells us some of the mysteries of our teachings, we will have the occasion of knowing Her more of the message.

Born near Nagpur, at a place called Chinddwara. She is younger than me and the glow of the charm of the spiritual world, as you see on Mataji's face, it is a rare thing to find people so radiant invariably. And then She speaks to us [unclear]. I welcome You Mataji on behalf of the members of the Hindu Center and before all the Hindu community principals. You are in the program and when the time comes we tell You, request You to come and speak. If You like to sit on the platform and speak. Or You would like to stand? As You like.

It is also our practice to let you know as to what we have been doing during the month when we met you last and now. We celebrate the Independence Day in this country and the High Commissioner invites the various organizations to plan and organize the 15-th of August program. We were invited there and we did a promise that we will take part in whatever the activities are being done. We had a meeting at the Coffee House arranged by the founder of DfC (Department for Communities) on race equalities, which I attended on behalf the Hindu Centre. And at the New Life office, Ken Livingstone, [on the year] he was invited...

[Hindi to English translation]

Shri Mataji: First of all, I thank the coordinator and founder of the Hindu center. I give heartfelt thanks to all, as they have given Me an opportunity to meet and talk to you all. In the beginning I would like to talk in English to the guests about Kundalini. And after that I will talk in Hindi. If you all give Me the permission, I will tell to the Indians how they should live here.

[English talk]

Shri Mataji: Kundalini is not a new thing or something that has started in the modern times. It's the most ancient science of spiritual life. It's not that it was not understood or seen in other places than India, that people knew about Kundalini. But the

language used can confuse many people to think that Kundalini is something very localized or may be something nationalistic. In our country, historically if you see, I mean India, we had three types of movements brought in.

The first movement on spiritual grounds was that of what we call the right side movement, meaning we were trying to control the nature. Or we were trying to control the nature through the will of God or through the will of that All Pervading Power, which we call as chaitanya. Accordingly we started having yajnas and other methods of invoking the Spirit of these elements, by which we could understand them and they could understand us. I feel the result of that, today we see, is the science that we have developed. The result of that, many seers in India saw so many things created in that great country. Much before we even started writing the history, they had created great aeroplanes and all kinds of pilotless, not bombs, but aeroplanes, in those days. That's a fact. Of course it is difficult to face it, because people can't believe it, that our country could have produced such great things.

The second kind of movement started in India, was that of bhakti, of worshiping God. The people who were intellectuals, started working through the intellect, to create a rapport between human beings and the nature. And the other part of the people who were seekers, thought it is better to sing the praise of God and invite His grace upon us, so that the light of His love will expose all that is spiritual and higher than human awareness.

And the third type of movement, which was very secretive in those days was the movement of evolutionary process, by which a human being was to make, to be made aware of his higher Self, that was his Spirit, his Atma, through Kundalini awakening. You will be amazed that at the time of Shri Rama, His own father-in-law, who was Raja Janaka, had one disciple called Nachiketa. And he asked that he would like to know about his Self, about his Atma. And Raja Janaka told him, "You can take all my wealth, you can take everything that I have, but please don't ask me to give you enlightenment". But Nachiketa was very anxious and assiduous and he achieved his goal ultimately.

So at the time of Raja Janaka, we can say, there were very few people, who really received their Self Realization. But on the whole, the people at that time, not being so complexed, by mental projections and other problems in life, they were very simple and were sensitive to the living things. They understood who Rama was, they understood who Sita was, and they understood what divine power was in those days. Though they did not aspire to be the Spirit, maybe, but they, so many of them knew about it. Now the Patanjali yoga, as described, is the yoga was practiced in our country thousands of years back, thousands and thousands of years back, when we had a very different type of a system existing. When we talk of yoga I see here some sort of a exercise people do. I am really amazed, it has nothing to do with yoga at all.

Patanjali yoga has got eight-fold processes - Ashtangas. Out of that the first and the foremost is Ishwara Pragnya, meaning you must establish your Ishwara within yourself. Means, your Ishwara means the Spirit. The Spirit must be first established and then all the other seven followed. Yama, Niyama are there, which are very strict and if you read them, you can think that hardly one or two persons in the whole world can follow that, and people can get a shock to know that you don't have to lead a married life, and all those things were there. But because in those days there were hardly one or two persons only who could get to that kind of thing, all these austere methods were given and were practiced in those days, and people did achieve their highest goal, by first getting their Self-Realization and then going through the different training of their life style, to achieve the ultimate. So to say that Hatha Yoga means only standing on your heads, it's a very wrong, wrong idea about yoga.

Yoga is a word, comes from the word yukti - joining. When your attention is enlightened by the Spirit or when you, the Jeevatma, becomes one with the Spirit or with the Divine Power, then it is the real yoga.

The another meaning of the word yoga is - which is being now misused - kaushalam, means the depthness. Those who first got their Realization had to know the methods and the laws that govern human beings on the divine level, means the divine laws, how they are acting and how you have to utilize them. And this knowledge was the real yoga kaushalam, or the depthness about divine laws, how to operate them. As the time passed by, many things disappeared into thin air, and the great seers and yogis disappeared also in the Himalayas and all farfetched caves, because they thought human beings are incapable of understanding them. Now those half baked people who went round to them – they tried their level best to convince them that yoga is to be done only on the spiritual level to begin with, and once the Kundalini rises in this yoga, then only you know what problems you have

and what it is related to, and then accordingly you have to do the 'yama' and 'niyama'.

Now two words 'yama' and 'niyama', one relates to the collectivity, to the 'samastha' and the 'niyama' relates to a human being. That means what you have to follow in your regular life is the 'niyama' in your person, what you have to change. And the 'yama' is where, how much you have to bother about others, the society in which you live, the people with whom you have to relate. All that sort of a system doesn't exist today. Because in those days, as you know, there was complete 'brahmacharya' for the students till the age of about 22-25 years, when they got married, to such an extent, that even the university in which the children studied was called by 'their gotra'. For example My 'gotra' is 'Sandilya'. Now even today I cannot marry in the same 'gotra'. Means in one university, you could not marry another person, for generations together. Such a kind of a pure celibacy was exercised till the age of 25. But after marriage people did not talk of these things. This was only till the age of 25 years, a kind of education, in Patanjali style of university, was given. So, today we are faced with the modern life. And in the modern life to talk of Patanjali yoga, as it was and as should be, is a very, very difficult thing.

We can't expect people to give up their families, run away from their families, go to the remote corners of Himalayas and meditate. This is not the time for that. And the problem of the Divine is this, that after creating this great world, after creating human beings, He finds that in our seeking we have gone astray, everywhere. I would not even say that in India we have not gone astray. Everywhere we have gone astray and we have to accept that we have gone to extremes in all our seeking, whether it is Christianity, Hinduism or any religion. We have gone to extremes and we have committed mistakes and the time has come for us to look back and see where are we.

When I was born as a child, I felt now the time has come for people to get en-masse Realization. Otherwise there is no saving, because whatever has happened has happened, doesn't matter. Wherever they are doesn't matter. They have to get to their Spirit, otherwise you cannot talk to them about God. This is a fact. Today if you talk to young people - now you see this church, this has become a Hindu center. And also Hindus as such today are, their children, if you see them, they are not interested in religion, they are not interested in God. And we must face the reality as it is and not have our own imagination about it, because in that imagination we will lose the whole thing. So today, when the world is so pressurized, with all kinds of conflicts, and all kinds of funny ideas, and all kinds of unholy attack on human beings, what is the solution? To give people the Self Realization. As they are, wherever they are, they have to have their Realization. And I decided that I'll work on the permutations and combinations of the problems, of all the people, what problems they have, what we are, what they are suffering from and...

Can you remove the child, please? What... Just take the child [a bit faster]. Better take her out. That is better.

So the problems of today are to be faced as they are and a solution has to be found out. As I told you, through My meditative powers or we can say meditative surrendering, I found out that human beings have very few problems. And wherever they are, under whatever circumstances, whatever they have done, whatever mistakes so-called they have committed, whatever anti-God activities they have taken to, it is now absolutely essential that they have to get their Self Realization. No use talking about God, no use talking about divine power, and no use telling them that, "You must balance your life. Don't do this and don't do that", like all the Ten Commandments. "Take to a [new start], take to this, take to that". Nobody is going to listen to. This is what I found out, and that is how I have worked out all the permutations and combinations that are hindering the growth of human beings into a higher realm of Self. And when I worked it out I was amazed that it's very little to be done.

Human beings are already ready to be there. But the biggest thing that human beings have to have is the desire to change. As he said that I am related also to very sophisticated people of London and all over the world, but what I found among them, they have no desire to change. They are so self-satisfied and self-opinionated. They have no desire to change themselves nor the world, nor any. So no question of talking these things to them. But there's a category of special people who are called as "seekers" today, whom William Blake has called as "the men of God", that, "they have to become the prophets and they will have powers to make others prophets". And that time, that prophecy can be fulfilled today in this England, which is the Jerusalem. To Me when I am in England, I must say I am English, and all the problems of England, I face them as any English seer would like to see. At the time of Blake, as he saw it, I could see the same way.

Now, when this Kundalini, which is placed within us in the sacrum bone, is awakened by some enlightened person, then She pierces through the fontanel bone area, which is called in Sanskrit as 'Brahmarandra', you get your real baptism as they call it. This is what Christ said, "You have to be baptized, you have to be born again". But it does not mean that anybody puts their hand on your head or makes you wear Indian [unclear], you are born again. It's happening. We must understand, as all reasonable, sensible people, we must understand that is not real. It is some sort of an artificial ceremony, which is symbolic of something real behind it. So to have the real ceremony, what do we do? To have the real ceremony, there must be some method within us, and that method is already built in within us.

All the scientist can ask a question, a simple questions to themselves, "Why God has made us human beings from amoeba to this stage?" What is the purpose of God to make us a human being? And the answer? Then we say, "We don't know". But perhaps if somebody says, that one [can know] this answer is that you are made like this, you are in a transition to become the Spirit. When this instrument is put here and made, it has to be put to the mains, otherwise it doesn't work. First of all you should be put to the mains, otherwise whatever you are doing, you are doing it in a relative world, not in an absolute world.

Once you become one with that then your whole language is – like Kabera says – is so much there. You can see he was a realized soul, and when he was a realized soul he spoke with such authority, with such understanding of the Divine. And when he said something, people never understood him. They used to laugh at him, mock at him. They have crucified people, they have beaten them. We have done, not only in England, it is done everywhere. So the basis of all that is a simple ignorance, [Agnya], that there is God, that there is All pervading Power, [it is so kind], which we have to feel for the first time, you feel after the Kundalini awakening. Before that it doesn't happen.

So Patanjali yoga will be used in the sense that once you get your Realization, you have to understand how to maintain it. You don't have to give up your families. On the contrary, in Sahaja yoga, if you are not married, I find it's difficult to give you Realization. It is surprising, in the whole of England, where we have thousands of people who have got Realization, there's only one person who is not yet married, hasn't got Realization. So those who don't marry are in little bit in imbalances, we think. They are on extreme sometimes, so you are supposed to marry after a certain age. Not only that, but you have to lead a very, very normal life. All the great saints of India have been married people, like Nanaka was a married man, Kabira was a married man, Janaka was a married man. Even the incarnations like Rama, Krishna, all of them were married.

So to say that austerity is going to bring in any good results, I don't think, because it is also a mental projection. Like some people came to Me and said, "Mother you are living in all luxury and how is it you are so spiritual?" I said, "What, what have you done in spirituality?" He said, "I have given up my wife, I have given up my house, I have given up my car, I have given up everything. And now I am sitting before You here." I said, "Really?" "Well", I said, "now you worship Shri Krishna and if you think anything worth the dust particle of Shri Krishna, you can take it from Me. But should be equal to the dust particle of His feet. That's one condition". He looked around everything, he said, "There is nothing equal to that part". So I said, "What do you give up? You give up stones. What do you give up? It is just a mental idea you have got in your head, that you are giving up this and giving up that". In our Hindu concept, our idea of 'sanyasa' is from within. As Janaka was called to be "Videhi" and His daughter as "Vaidehi" because though he lived with everything around, inside he had given up everything. It is how you are detached, because you are attached to your Spirit. You are not attached to anything it exists.

Now supposing today, as he has told you that I may be living in great luxury, but you will be amazed even if I have to go to villages in India, if I'll go and stay in villages, I can live anywhere. I can take my bath in a river, I can sleep on the streets I have no problem of any kind. Because, you see, what is there in comfort? If it cannot crawl upon you, you cannot become slave of comfort and you don't see the value of this thing. But some people have told Me, and asked Me the way – it is a question that sometimes is very hurting – that, "When your country is such a spiritual country of yoga – you call it a 'yoga bhumi'... I say, "It is a 'yoga bhumi', no doubt". "Then how is it you are so poor, your people are in troubles, and why are you suffering?"

The thing is, Krishna has said, "Yoga kshemam vahamyaham". He said, "When you get yoga, you will get your 'kshema'." Not 'ksema' first and then yoga. First you must get your yoga. If we get our yoga, then only our wellbeing will be looked after. Krishna

said very clearly. "Yoga kshemam vahamyam". So first we have to get to our yoga.

And those people who have tried to get yoga, have improved in everything, spiritually and materially, as well. Because within us is the power to give us everything, knowledge, wellbeing, the joy which is the quality of your Spirit. And once that joy starts pouring into you, you get rid of all your problems, physical, mental, emotional and spiritual. You must be knowing, perhaps, that Sahaja Yoga has cured many patients of cancer, of leukemia and so many other diseases, by not giving any medicines whatsoever, but only by awakening the Kundalini. Apart from that many mad people have been cured through Sahaja Yoga. There are many people who have been taking drugs, alcoholics they have been, they came to Sahaja Yoga, overnight they have given up everything. Because once you get the ultimate, the highest, then you don't indulge into all these things. And that is what it is.

I have to request you all that you must also seek the highest; and all other things you forget. Just now you forget all your differences between say, formless and body-form. All these differences you forget. Just forget all the differences. First you get your Realization and then we'll talk about it. If should be something – there is a very simple analogy that you come to this centre and it is all dark and I ask you, "What to do?". They said, "All right press this button and you will get the light. It is as simple as that. First you get the light and then one can talk about the rest of the things, what is to be done and how to develop the depthness. The birth of Sahaja Yoga started with only six people. For four years I was struggling with them.

But today I am very proud to say that in England itself, I don't know how many thousand people we have got, who are in peace, who are yogis, who are real yogis. They are not the ones who carry a "mala" (garland) and say, "I am this ananda, that ananda", all these names they don't take. They don't change their dresses, nothing. They are normal people. They live a normal life but they are yogis, because their awareness has become, – now, I again say, it has become collectively conscious. They have achieved in their spiritual awareness the collectively consciousness. And that has to happen.

It is not giving any certificate. It is not giving a lecture. It cannot be a brain wash. Your Kundalini has to rise and you yourself have to feel the cool breeze of the Kundalini, which is said as the 'chaitanya Lahari' or 'Ananda lahari', described by the, really I would say the one who has described it the most, is our Adi Shankaracharya. He is the one, we can say, the one who revived it into his, his [literature]. He has all the time described about Kundalini and talked about it. Hindus should be proud that in their country there is such seers and such great people. But it is no use being just proud. It would be something like the lotuses in a pond, you see, and a little worm thinks, "Oh! I am in a pond where there are lotuses". That not the way. We have to be proud that we have to become the lotus.

Hindus have very great responsibility in this country. You don't know how much responsibility you have about which I will talk to you in Hindi. But the main thing is, I would like to know, how many of you are really seeking God, really, innately, from within. And if you are seeking it is for your benefit, that somehow or the other My husband got elected to this job and I came here and this work has started. But I am very sad to say that My disciples are many, out of which Indians are very, very few. And those who are really doing a substantial work are mostly British people. It is surprising that they know more about 'chaitanya' and 'omkhara' than we know about. It is not a very good thing. Tomorrow your children will ask you. I went to another lecture where there were Muslims and Hindus, all sorts of people, and they were more worried about politics. All the ladies, I was surprised, they were so politically worried about things.

Now the political side of it also it is very simple to understand. All human politics is artificial, it has no meaning, because it deals with money. Whether the money should to be distributed to everyone, or to be kept to one person is all that politics is. To Me is a child's play. Actually it is so artificial that to a person like Me, I cannot take it seriously. I'll tell you how. For example, now, supposing if I have My own powers I am the greatest capitalist because I have all the powers within Myself, because I can do what I like. But I am the greatest communist because I cannot live alone, I can't enjoy it Myself. I must distribute, I must give to others; because this is love. This is love to be enjoyed, when it is reflected in the eyes of other people.

So this is the main politics. This is the work of God and this is how He does His politics, that He is a capitalist, He has everything within Himself, He can do whatever He likes, but He wants to distribute it, he wants to give it to others. And He wants to see that others reflect His love. And this is what it is the politics of God you should take to.

Of course these mundane things of life, every day to day life, do disturb us and we feel upset about it because you are in this country. But I assure you, if you take to Sahaja Yoga, a new type of rapport will be established between you and the Sahaja Yogis. It is a new family that is coming up in England and it is a very strong family, and they are all, for Indians, they have tremendous respect for you, for various reasons of which you are not aware. They have tremendous respect for you. As it is, even if you are not Sahaja Yogis, they have tremendous respect. And that is how I feel that I should really be very thankful to you sir, for bringing Me here so that you have new friends to give you a very brief reality here, so that you understand each other and help each other and bring forth the fruit of that Hindu philosophy.

It is not an organized religion, it is a philosophy. And it is not even a philosophy, deep [down], it's the roots, if you understand. It sustains everything and helps everyone. Even Christ is described in the Devi Mahatmayam as Mahavishnu. But nobody knew about it, because it is such an organized religion that they never wanted to see what Mahavishnu is. Same in India, nobody wanted to see what Christ is. What Mohammad Sahib is nothing but Dattatreya, and we can prove it on 'Kundalini' that they are all one and together. Christ has clearly said, "Those who are not against Me, are with Me". Who are those? All these discoveries you have made through Sahaja Yoga, and I hope you make your discoveries and understand that Hindu religion is not a thing to be put into a cup. It is a very vast thing. It will encompass everything, if you understand the essences of it. But we have forgotten it has got roots and the roots must be understood how deep it is.

Now I am going to tell you something in Hindi language, I hope so, I hope in this short time whatever is possible about Kundalini, because it is a very mysterious thing and one has to understand because people do not know that's a big [unclear] mysterious but as you know it is the easiest thing to do. And I would request you all to attend our programs. We have at different places, at Caxton Hall and also at Town Halls, we have programs. You please attend. Take it up seriously and learn about it, the deep roots that have sustained Hindu philosophy. Unless and until you know that, you will be always challenged. You challenge yourself. And tomorrow your own children will say, "It is all nonsense, why did they go to a temple, why did they do worship? What is the need of talk of God? Where is God?"

But the time has come today. Not only to talk about God, but to prove the existence of God, and the existence of 'Chaitanya'. May God bless you all!

[Hindi to English translation]

Now I will talk a little bit in Hindi, and tell you things which I feel are not right. You have left your countries and have come here and after coming to this country the problems of this country are affecting you. I know this very well, and I understand what you face, but we must know the reason why we are facing these problems.

First of all, we must understand that whichever country we are in, the biggest tradition our country has is that we have not come to this world to earn money. Earning money is not the purpose of our lives, but achieving God is the aim of our lives. Rest of the things, earning money – in our country, many saints, all of them have said that they are transitory, and we should fall into it. Any bhajan is talking about this. You also see every day those who have earned a lot, what state they are in.

Looking at the children here, you can see they have started taking drugs and doing all kinds of things. The reason is the parents were chasing after money, completely after money, and did not give attention and love to the children. When love went towards money, the children were left out. They did not mentor the children, so the children went the wrong way in life. Tomorrow your own children will take these ways, too.

So much ego regarding money never used to be in Indian people. We never worshipped the money. Humanity was most vital in our culture, and you must never forget that. Still, in our country today, there are many thieves. You can't deny that. This is also because of you. Those who came abroad and tell that people abroad live like this, these things are there... Until our country was ruled by the English our minds were not so polluted by these ideas. But once you people started going back to India taking things

from here to there, going there and praising the West, their brains went off.

And now in India, you see, people are in such a state, that if you bring something from abroad, even if it's just a soap, they will show it to everybody. Don't we have sandalwood in our country? Don't we have face packs in our country? Don't we have things that exist here, that you need to boast about all these, to impress Indians, as if the West has something great?

I want to tell you all, clearly, that you have nothing to learn from the West. There is nothing worth learning in this country. You should understand very well that learning something here is dangerous, extremely dangerous. The wrongs they do, you too will do the same. In that dirt you will be stuck, unable to reach anywhere. So I warn you here today that you should learn nothing from this country. If you have to learn anything, it should be that these people who have made mistakes, have now returned to God. Similarly, by keeping the pride, the pride of your nation, you will return to God Almighty. There is nothing more beautiful than that.

I came here and found out that the wife of a disciple who came to Me, ran away with someone, or somebody's husband ran away with someone, that some do not respect the elders. By doing all these you can be worse than them (English)! I've met an officer, a minister actually. He told Me that it's a big concern that Sikhs don't agree to put anything (a cap) on their turbans, as it's not written in their religion. So I said, "In the religion it's also written not to drink". I told that minister to bring any Sikh who is not drinking, any Sikh who does not touch the alcohol. Not a single person who does not drink alcohol was found in London.

By hiding like this behind religion, by finding things to fight about, nothing can happen. The second thing I want to tell you is that you don't have proper knowledge about your traditions. Unless you have knowledge of your traditions, who will respect you? Morning till evening you keep copying these people. Then who will respect you? You must know your own culture, you must know what you were and what you are now. Indians can learn from you all. Instead, tell Indians about the faults here in the West. You influence them, and tell them you are not sitting in the heaven. I know some women who are cleaners in the airports, although they are brahmin caste. They belong to brahmin caste but they clean the airport! In our country nobody will do this for money. I am not saying doing this kind of work is bad, but they do it for money. If you do something for someone, any kind of work serving others, is nothing wrong with it, but doing any kind of dirty job for money, does not behoove Indians.

I keep saying this to Indians and some have changed after that. But I am specially requesting you because when you come to this country, you are like a huge mirror for these people. They look up to you and think: "Oh, Indians are like this. Then why Mother is telling us off?" Anything I tell them, they come to know immediately where you stand. I have seen they are listening to classical music eagerly, as our music is heavenly. It originates from Aum. Even though they don't understand ragas, they enjoy even most difficult ragas. Here people tell Me that when Indians go for shopping, their children buy strange, dirty music and dance to them there (India). We should tell our children not to do that. This is the rule of our country that we can raise the children the way we want.

In our country liberty never meant that you become offbeat, having no style or attitude left in you. It's called abandonment. It happens. We should not satisfy our children with games of the West, but make their characters. Among the Indians here, if you are able to find a very special example of a good character, then these westerners won't utter a word against you. We have spoiled our images ourselves. That day is not far when these people who worship you so much... When they see you are Indians, they feel you are great. Because whatever happens, we still understand Ganapati. We know what is wrong.

In India when we do a wrong deed, we don't say it's a good one. Here the situation is such that wrong deeds are called good! They have made all kind of laws that astonish you and you can't believe it. We can't believe that these can be good deeds. Listening for thousands of years from our ancestors, these things are in our minds and blood. Being the truth they won't change so easily. But slowly we are getting affected by these people instead of learning from our ancestors.

So, I ask you with folded hands become enthusiastic about your culture. Put your attention on it. Not only this, but achieve it in yourself after coming to Sahaja Yoga. Sahaja Yoga is the only thing which awakens the Kundalini in you. And you have your Spirit. After achieving your Spirit all questions disappear. The day the entire world will bow down to your country is not far. That day is not far! What can we compete with these people in? You say you can compete in science. You can never do that as they

are doing that since long. As we started going towards science, they went further to computers. But they cannot compete with us in spiritual knowledge. For that they must come to us and learn and become like us. They must accept our habits and manners. Otherwise they won't get it.

The best way is to become a special person, a symbol of awakening. If that thing shines in you, they will say, "These are Indians. This happens in India." But I hope you people don't feel bad, Take it as a mother is talking to her child and accept it. You have to be wise and alert. Start practicing this. Nobody will dare move you from here or trouble you, because they are all running to help you. If someone is hurt they will all come running to help you. Today at least 3 to 4 thousands people are standing here for you; your brothers and sisters are here. But if you don't you don't have it (Realization), then you are not worthy of being worshipped.

I will ask the ladies and girls specifically. They have spoiled this country. In our country ladies have a very good position. Ladies are respected in India. Long time before the time of Manu (Noah), it was said about ladies, "Where women are worshipped, there reside the Gods". This is said, but ladies must be respectable. Don't learn from the dirty habits of women here. We are as powerful as the Mother Earth. We have immense capacity to absorb many things. Like these stupid women, fighting with their husband, staying away from children, becoming westernized, and learning all the bad things. A day will come when with five husbands or more, they will end up in asylums and orphanages. It's important to understand that we are women and they are men.

Of course male and female are alike. We can say they are equal, but not similar. Woman, you must know, is one wheel on the left side of the carriage, and men are on the right side. It doesn't mean men have the right to dominate the women. They suppressed the women, that's why they have this crisis. Men in our culture must understand that. Our social set-up must not ruin due to them. You must unlearn whatever you learned wrong from Muslims.

And that place in our hearts which was for women... Even before taking Rama's name, Sita's name is chanted. Before Krishna's name, we take Radha's name. That is why respecting women and the housewives, keeping them like that and respecting them, you will see, that your children will start respecting you and the entire world will be transformed. We have seen a change in these people, who have never seen Indian traditions.

You have all been Indians for a long time. Your grandfathers and great-grandfathers have grown up in India. This work will be easy for you. I am glad to see you all among them. Thousands more can be with you. I am standing with you in any of your troubles. For that, first of all become Indians, the real kind of Indians. This does not mean that you become hostile to this country.

In the end I will tell you that in Sahaja Yoga, England is known as a very high place. Sahaja Yoga considers England as the heart of the universe. You will be surprised to know that India is the Kundalini and Mooladhara, the place of Ganesha, and England is the heart. That is why you people are here. But you must absorb good thoughts and qualities from here. You must share these healthy and good quality thoughts with people so they can establish having a new shape and new form. Because of Sahaja Yoga their hearts have changed a lot.

My husband used to think, "What can you teach these people?" He used to laugh a lot, as I worked hard with six people for a year. Now he can't say anything and he sees how they have changed. He says, "If I say anything against it, I will be a liar". This is what it is. The truth is that doing Sahaja Yoga, one can change immediately. A person's Spirit which is his Self, his guru, becomes enlightened and takes care. You cannot pay for it. You cannot give anything for it. You can only ask, "Give us our Spirit". You can only ask for this.

Thank you all very much for listening to Me.

1983-0605, Beginnings by Gregoire

View [online](#).

5 June 1983

Gregoire's Flat, Vienna (Austria)

Beginnings

Vienna 5-6-83 / Gregoire

I got my realization around the 15th August 1975, in Hurst Green, Sussex, in the very house of Shri Mataji Nirmala Devi. The period following this turning point in my life can be said to have been most intense, no doubts, but pretty precarious also. I had to leave the shores of fair Albion to go back into boring daily life where, somehow, negativity was waiting for me... and I did not know then, how to deal with the multiplicity of its subtle and less subtle form. If I managed to swim through these troubled waters and survived as a yogi, it is of course, thanks to the ever watchful Grace of the one who had given me my realization. But, more precisely, I can hint here at two devices which proved to be useful in enabling me to stick to Reality.

One could be called: "charting back one's path towards Self-realization".

The second: "fixing the pole of the tent".

Charting the path towards Self-realization

We are all seekers. As such we are looked after. The Divine - or, in more secular terms, the Unconscious - has been working on us as a magnet mass does on iron dust; our movement towards Self-realization expresses the impact of its gravitational pull. The Unconscious wants us to reach Self-realization (Nirvichara Samadhi). It paves our way towards it. Thus, it carefully engineers moments and circumstances, it calls, it stages happenings and sends signals to the Atma, often long before we meet Shri Mataji. The Atma, the Self which is Truth-Consciousness-Joy is all what we want to be and Self-realization is the first encounter with capital Reality, an encounter which has been discretely but lovingly prepared by the Unconscious itself.

After Self-realization, when negativity tries to settle back into the half-cleared chakras, when doubts and fears rain from stormy ego cum super-ego, it helps to consciously call to memory the helping hand of the Unconscious, the gentle way in which it led us towards its most elusive, most effective incarnated form, Shri Mataji Nirmala Devi.

Here is an example from my own story.

I met Rajesh Shah at Berkeley University, California, in June 1975. He spoke, although carefully, about Sahaja Yoga and soon left for London while I went back with a friend and a trailer van for a tour of the Arizona and Utah deserts. Quite a few things happened during this travel, many signals were sent. For example, whenever I would fix my tent I would find the Venus star facing the opening. When I arrived on the Grand Canyon the sky was overcast. I sat on the ridge of the Canyon and prayed God that I should have a rainbow. Within ten minutes the sky opened, stream of golden light flew in, down to the Colorado river, and set on fire the walls of the Canyon. While some green black clouds were still rolling over my head, I was given the most beautiful of all rainbows, shaped like a horseshoe, stretching its colors from one side to the other of the Canyon. It was just too much. I felt the Universe was a house and I was the heir of this household. I did not feel lonely and lost anymore and, with tears in the eyes, I was just overwhelmed with love and gratitude. Fortunately, there weren't any tourists around for they would have wondered at the sight of a kind of drunken boy, hugging and kissing all the trees on his way.

I did not know that, by then, Rajesh had met Shri Mataji in London and had spoken about me, that is, I did not know that I had already entered Her omnipotent, omniscient attention. I did not know either, by the way, that the shape of the horseshoe or

"bandhan" is the symbol of the Adi Shakti. But I felt: I heard a call, I felt a great, great, tremendous love, Her Love upon me.

Rajesh and I met again in Berkeley. He showed me a picture of Shri Mataji. A few days later, in U.K., at the appointed time, I found myself standing in the hall of Shri Mataji's house, ready for "my first encounter of the Atma kind". Needless to say, later on, in moments of confusion, the recollection of these signals comforted my still vacillating faith in Sahaja Yoga. Each of us who know to search his memory has a provision of such signals before his realization, before meeting Shri Mataji or, simply, before meeting Sahaja Yogis. There need not be rainbow every time. But it's love all the time.

Fixing the pole of the tent

When I left England, I was eager to share the good news with others who I thought to be seekers. So, I briefed one of my friends who had much more experience of these things than myself as he had tried so many gurus in India and elsewhere. He was keeping the pictures of the various special masters he had met, stones they had given him and also a sort of mental decoding system whereby he could find out who was a genuine master and who wasn't. Despite this background however or, rather, because of it, he failed to grasp the point of Sahaja Yoga, passed on to me a few of his exotic-esoteric bhoots and got me quite confused. I then wrote a letter to Shri Mataji in which I expressed doubts as to how I could possibly be so deeply transformed through Sahaja Yoga and how could this yoga transform the world. I was drifting away.

The 25 September 1975 Shri Mataji was gracious enough to send me a letter in which She very clearly exposed my inconsistency, how precarious my position was and what I should do to muster positivity within myself instead of siding with negativity. I take here the liberty of quoting a few lines of this extraordinary letter which saved my (spiritual) life for the second time:

"Now the time has come to tell you that Sahaja Yoga cannot work unless and until you completely surrender to "Me" without any more questioning. This "Me" means Mataji Nirmala Devi who resides on the "Sahasrara" of the VIRATA. This is the absolute truth whether you like it or not, whether your ego and super ego accept in or not. I am sorry I have to confess it."

If I take upon myself to publish these sacred lines which were not meant for the public, it is because of their overriding significance: "Gregoire! You perhaps do not realize that all the Deities who reside in you and who are controlled in your Sahasrara are not at all interested in people who are not completely surrendered to me. I do not know how to convince them. They only look after those who take my name and accept that I am the Adi Shakti. This is the only way you can progress. What can I do? Even the people who are cured by me have to keep the protocol otherwise the Deities sleep and they go back to their previous position.

So far I have not said this to anyone because I thought there was no need. Those who were wise realized it and those who are foolish have lost their chance in Sahaja Yoga."

I was stunned! I somehow realized at once what these lines were meant to carry. I saw clearly that if this assertion of Shri Mataji's real identity was not true the whole of Sahaja Yoga would fall apart. If this assertion was true the seekers of the whole world could be saved, I too. The golden Age would start. What was the matter with me? Yes, I had felt the vibrations coming from Shri Mataji, I had felt, inside, how She had opened my Sahasrara, I had seen Kundalini pulsating, I had registered Her movements under Shri Mataji's fingers... What more proofs did I want? What was this nonsense in my head, why wouldn't I recognize Her?

The statement of Shri Mataji helped me, tremendously helped me, that is to recognize. Realizing its truth became the only relevant question, and all the other questions and worries in my mind instantly vanished, even those pertaining to Sahaja Yoga. The words of Shri Mataji had fixed the pole of the tent, the tent of Sahaja Yoga to protect me from the bad weather of Kali Yuga; the pole upon which the edifice of my yoga had to rely, on which my confidence in Destiny and Self could be built up. It dawned upon me that the answer to one single question was providing answers to all other questions. And this question was: "Who is Shri Mataji?"

The answer to it makes the difference between mystical sand castles and Reality; between salvation and doom for all of us. In it lies the key to the process of collective emancipation. Since the reception of this letter my only goal has been and still is to further penetrate the mystery of Shri Mataji's incarnation on this earth, to bring my consciousness closer to Her city.

This island city, vibrating with multicolored tongues of fire, we all carry it as the thousand petalled lotus floating in the limbic area of our brain. Its gate is narrow, no doubt, but Shri Mataji had given me the password.

1983-0606, The Essence of Sahaja Yoga

View [online](#).

6 June 1983

The Essence Of Sahaja Yoga

Public Program

Holborn Library, London (England)

Talk Language: English | Transcript (English) – VERIFIED

Public Program, "The Essence of Sahaja Yoga". Holborn Library, London (UK), 6 June 1983.

First time that I have come to this area.

Now, the essence of Sahaja Yoga, I am sure Mr. Gavin Brown must have explained to you, what it is. And so many of you are from Sahaja Yoga itself. So I need not explain to you all the details. But today we have to understand one thing: that it's a very serious time we are born into, extremely serious. And when we look at life we do not understand that if we miss this chance of our evolution, not only that we'll miss it for ourselves, not only that we'll miss it for England, or only for one country, but we'll miss it for the whole creation. The trouble is, in the name of God, in the name of evolution, in the name of higher life, so many spurious people have come up that it has become impossible to convince anyone that there is something like Truth left in it.

Under these circumstances, one has to talk about Truth. And talking about Truth doesn't give you the experience of the Truth at all. Discussing about it will not give you, it's a different realm in which one has to go into, it's a new awareness which you have to get, to understand the Truth. For which I don't know how many are prepared, and how many would like to know, and even if they like to know, how many will get it.

So the problem is the other way round. It's not the problem that you have few people, it's not the problem that Sahaja Yoga cannot give you Realization, it's not the problem that you will not know the Truth, but the whole circumstance is such, that whatever is false, whatever is spurious, whatever is silly, stupid, appeals to the masses. Sometimes I feel I have developed a method by which I can give really en masse Realization all over the world. Definitely I have. But the problem as it remains, the masses are not interested. It's only very few who really can keenly take interest into their evolutionary process and would like to come out of the ignorance in which they have been living. In all the ego-oriented countries it's very difficult to establish, that we are still ignorant, we have to know a lot. It's very difficult. Because they think we know everything, because we have been to the moon like the Russians say, 'We never saw God, we went to the moon, we never saw God.' It would be like saying that I have come to the third floor, I haven't seen God.

Where does God reside? Where it manifest within us? In what way it manifest, we don't want to see. What we want to see is that through our effort, if we have not been able to see God, then He doesn't exist. This is the way our attitude is. But better say, 'No,' to all that we did not know through our effort, because so far we have not known about Him. So He doesn't exist. So you turn round in a cave when you see the shadows of yourself, you believe in them only and say, 'It never existed anything else, the light does not exist.' That kind of an attitude exists or is persistently I am facing. And sometimes, I don't know how to give them Realization.

Now as I said, it's the other way round. You have to seek. You have to ask for it. You have to truly ask for it. Nobody is going to fall at your feet and say, 'All right, you get your Realization. All right, you have this for heaven's sake, just have it.' Because nothing is selling here. You are so much used to the salesmanship, you see, you see, that we think that if anything is selling, people have to persuade you, to request you, ask you, you can save pounds, you see, for sale and all that. But nothing is for sale. That's a very difficult proposition to understand in the present atmosphere, where we do not know if you can get anything that is not for sale. But, I hope slowly and steadily, all of us have to get it.

Somehow, one has to work very hard. Sometimes it's very frustrating and it's so stupid-the way people react, that I just don't

know what to say. Like the other day we had a meeting in Brighton. I was laughing all the time. But so saddening. A gentleman came to our program, and he complained, he thought, he said, 'I was videoed.' See, who has got time here to put him for a video, who is interested in taking his photographs. I mean, he says, 'I am a managing director.' So what? In the presence of Divine, what is a managing director, what is a King, what is it? Just think of it. Who is he? What does he think of himself and he has complained against us. I hope he doesn't go to police for that. Even the laws are so stupid sometimes, I can't understand, how has he got any right to complain if you come to a program which is being conducted with a video on Me and if you are photographed, how can you complain?

One thing I feel that on one side is such stupid, useless people, the other side are such great seekers. And how to reach them? Like a diamond covered with lot of mud. So much mud. It's all mud. In that to find out those diamonds, to dive into this mire of ignorance, to get out these diamonds which are lost. It's such a concern, that I feel sometimes that this mud is going to cover their brains, their ego, everything, and they may not receive their Realization. They may miss this point.

Actually, Divine does not know what human beings have created. Really, I tell you, Divine has no ideas what nonsense you have created around. All kinds of nonsense you have created out of your ignorance, out of your ego, out of your choice that you had. I can't explain why people have created this kind of ignorance which cannot be broken, cannot be removed. Because they are so much identified with it. It's like a stuck-up stamp which cannot come out of people. And when such a thing happens you feel, Oh, God! The whole creation has been created, whole working has taken place, the human beings have grown so well, out of a amoeba they have been brought to this stage. Now in this modern times you find the human beings so stupid, so foolish, and deluding others with their stupidity and foolishness.

How are we to approach the people who are true seekers? Have been seekers for ages? Those who have sought for years together, all their lives before, who are lost. Sometimes it is very, very disappointing. But still, hoping against hopes, I hope we reach all the corners of this universe where we find all the people who are true seekers.

It is their right to know, it is their power to know the Divine. It's not for everybody because he's somebody is a managing director or a king or anything. What does it matter in the presence of God, they'll be pushed out. They will not be allowed to enter into the Kingdom of God. Who will be allowed to enter into the Kingdom of God. Those who have known. Also, not those who just talk about God. Those who say that, 'We are the worshippers of God, we have learned so much'. They will say, "All right, go with your books to the places from where you have come.'

What have you to know is through your awareness, in your awareness you have to know. The awareness has to be enlightened. It is not, what you know it is human awareness, which is still at a point I say has to grow so much. First it has to be awakened and then it has to grow in its light. It's such a lot of journey we have to do even after Realization.

It takes no time, sometimes, to give Realization to many people. I know it has happened with so many. But, they don't know what they have to achieve. It's such a horrible stuff is this ego is, that people don't want to see what they haven't got with them, and what they have to hide, have and what they, they deserve. They are so identified with ego and satisfied with it, that they don't want to see that beauty that lies within them, the Spirit, the reflection of God's Love which is like the highest and the most precious thing that you could think. In this England, I don't know how many lectures I have given and how much I have worked hard. Of course there are results, no doubt. But it is so slow. Compared to the fake, compared to the artificial people, compared to the people who have made money out of you, those who have exploited you, have ruined you, Sahaja Yoga is working so very slowly.

I would not have been so much disappointed if it was at the time of Christ because at that time there were very few seekers. Actually even the fishermen who Christ collected, were not seekers. You are seekers of the Truth. And so many of you have taken birth just to seek the Truth. And where are we going? What are we doing about it? What are our ideas about the Truth? Can we have our own ideas, conception about the Truth? Is it not that our ego itself has given us lots of ideas? Is it not that we do not want to see the Truth? I meet all kinds of people in this country. I must say they are very highly placed, very great, somebody is a lord and somebody is a lady and somebody is another huge personality, and this and that. But, they said, 'Who wants to change?'

I said, "Really. That's true." Because they think they are the greatest people ever born and they're going to take all their lordship with them to the heaven. They said, 'Who wants to change?' I said, "Then, such a lot can be said on the point, but if you don't want to change, that's a full stop, complete full stop. You cannot talk to them".

Now this, I must say is, only can work out with people who are seekers, who want to know, through their awareness, what is the Truth? You have to know your Spirit. Without knowing your Spirit, you cannot know what is the Truth. Whatever I may talk to you is a waste, complete waste because you haven't got that awareness today, to know what I am talking about.

So, first thing is, I request you to become the Spirit. Is simple thing as that. Like now I have to see into your skin for example, I'll have to use a microscope. And then people will say, 'All right, to see through the microscope you cannot see with your naked eyes.' All right. Supposing I want to listen to somebody's heart, then people will say, 'Use a stethoscope, otherwise you cannot listen to somebody's heart.' All right. You don't question that time do you, you just put it there and try to listen. In the same way, why not we do about the Spirit, why not we do what it is told to you, that you have to get your Realization, that you have to become the Spirit first, that unless and until this awareness is enlightened by the Spirit, you cannot see. Is like telling something about the colors to a blind. You have to open your eyes, but this simple thing also people don't accept. The reason is people are very naive. They don't know, what is it, and also they don't want to understand. Now as you see a tree standing there, and so many trees are there, you must also know, that there are roots to it.

But somebody has told you there are roots. You may not believe into it, but why not see, is the point. Why not see if there are roots or not? Supposing I say, "Whatever you are outside, you are much more inside." So why not we see it? This is a simple question we should ask ourselves, 'Why should I put any barrier to that seeing, if that is going to give me all the best in this world. If it is going to give me, even the inkling, of that beautiful thing called Spirit, why not have it?'

You don't have to pay for it, you don't have to exert for it, you don't have to do anything, but you have to desire. This is the point I am trying to make, that if you do not desire from your heart, then God is not going to fall at your feet, now please desire for Me, is He?

It's a simple thing like that, and if you people understand that you have to really desire it, because it's such a vicious circle I must tell you, that this Kundalini is not here the picture, the Kundalini is the pure desire within you. Is the desire which is not yet manifested, it is not yet awakened in the sense that it is acting, but it has not acted. So, if so, how much important it is that you should have the desire to be one with the Divine, to be in Yoga, to be one with your Spirit.

The desire has to be strong, if it is not a strong desire you are challenging your own Kundalini, you are anti-Kundalini and then the Kundalini won't rise. But what is this brain has achieved so far, just look at it. You must understand, what have we achieved by this brain? For example, this stupid managing director whosoever came there, just ask him what good has he done to anyone? What does he know about spiritual life? What does he understand about Christ's life?' But if he sends a letter, the newspaper is very willing to write it down.

I mean look at the stupidity of the whole stuff. Without understanding that anything that has to go to the masses should be something sensible, from a sensible man, who is supposed to be an authority on spiritual life that he is talking about. What good this fellow has done, nobody reads that. But if I write something or any Sahaja Yogi says that, See, by coming to Sahaja Yoga we dropped down all our bad habits, I got cured of my cancer or anything, nobody wants to listen to Me. They think you are mad. But a man like that, if he writes, then they publish it.

So it shows very clearly that you see we are living with people who are really not only mad but are absolutely foolish people, who have no sense at all as to how they have to live and how they have to move.

This is what we have come to know about so many people now, that sometimes you people have to take upon yourself to go into it, and find out what is the Truth. It is you who have to find it out. You see, it would be something like that I say now, "This is a place where there are lots of diamonds," say, I say that, or, "This is a cave in which, if you move there, is a lot of say, gold." Now if

the gold is not going to come out from there, is it? Simple as that. You have to go towards the gold to find it out or not. You have to go towards it, but here I'm not saying that you walk towards anything or do anything like that, just you have to desire, and desire it from your heart. Is impossible for me to work out Kundalini if you do not desire, because the desire, the pure desire, is the Kundalini. You understand My problem is now. Pure desire is the Kundalini and if you are against your pure desire, what can I do about it? Can I force it?

You cannot push it out, you see, like a seed if you have to, if you want to have a seed sprouted, you have to put it in the Mother Earth, but you cannot take it out the bits of the seed and sprout it, can you? It's a living process, and for this living process you have to have a pure desire. And if that desire is not there, I am breaking My head against stones, I feel. So it is important that you understand that you must have that desire which is the highest. But if you are satisfied with things which are useless and nonsensical, then what am I to do with that? Now you just tell Me with someone who is interested in things which are nonsensical, now how do you bring them round. I mean, there is no psychology that can bring them round, you see, because you have to have the desire to be all right. But this is something so innate, being the process itself is a living process and doesn't work out if the people do not have the pure desire. Now this written down since long. It cannot be changed, it cannot be forced, it cannot be sort of explained, or discussed, or argued, nothing can be done; it has to work out within you. Now even when you have worked it out on someone, you may not achieve the results. That's possible. You may, you may not. So, when the situation is so difficult and where the children are also so adamant, then what can Mother do? Is to push them in. See, I am very much concerned, that this ego which is sometimes so selfish and so conceited, that it satisfies itself and it's very happy, it will not allow you to get to the, that point where you really stand, where you have all your powers, where you are the master of your being. It will not allow. The identification with the ego is so much, that's easy to take a bull by the horn but to take a ego-oriented man through Sahaja Yoga's practices is very difficult.

I am rather today in a mood of, I should say little disgust, I should say, but also the other mood comes on me – of complete compassion, and tremendous love. That somehow I should do something to bring sense into the heads of these people. Something should happen to them because otherwise what I see is a complete disaster. It's going to come, believe Me, it's going to come. I don't want to frighten you like Mrs. Thatcher does about Russians. That might be imaginary. But this is real and I am telling you it's going to come to us. It will come as diseases, self-destruction. But the greatest thing is the failure of the Divine Itself that it could not communicate with you people, who were made specially, who were brought to this Earth on this time, who have to have the Kingdom of Heaven. And suddenly you find they all dropped out of the sieve.

Sahaja Yogis also sometimes feel very frustrated, I know. But whatever it is, as far as I am concerned, I have tremendous desire now. But I am so desireless that this desire also may not work out. You see, I am a desireless person. Now what to do. So I ask Sahaja Yogis to desire, that the people should have that great desire to become the Spirit. This is the greatest thing that we can give to our brothers and sisters, to the progeny, to the people who are children today, to this beautiful world. We need these beautiful lights and the beautiful time which they all have to enjoy.

I hope those who have come for the first time will understand My difficulty and will try to see that you desire only your Self Realization and nothing else. Just desire that. I request you to desire your Self Realization and forget about everything, even if you are managing director or may be the King George the Vth, you see? Better keep all your shoes(Issues?) outside about it, and just desire that you become the Spirit.

You see the difference between Me and Christ is here: He got so fed up that He said, Let Me be crucified. I mean, of course it was in the plan that He should be crucified also. But I mean that won't solve the problem now. I have to see that you all get your Resurrection somehow. It's like a Mother's desire who wants to give a bath to the child and get him cleansed somehow, you see. So whichever way you like – whether you like a chocolate or whether you like a little rebuking or whatever way you like, I am willing to work it out, but please at least desire that you have to have your Self Realization.

May God bless you all.

I hope those who get Realization will settle down with it seriously, understand it is your responsibility to know that you are born

today here in this country, which is a special thing for Me and for Sahaja Yoga, and that you should get your Self Realization, understand it very well and digest it and go into it and become a very, very powerful personality that you have to be.

But even a small thing like that, they said, 'You take out your shoes.' Because, you see, shoes make you little bit tightened up. Even that much if you ask them, oh, they, as if I've asked a hundred pounds from them! Even that little thing they don't want to do and why are they here, I don't understand, all the way they come for what? You don't want to get your Realization? You don't want to get the greatest blessing of the Divine? Then what am I to do? How am I to deal with you? You may be very well educated person, all right, a learned man, but you have not known so far. It happens with gurus, it happens with everyone, they are sticking on to a guru and they are sticking on to a guru that cannot give up that guru, whatever it is, is another kind of a ego because they think of, 'All right, we have eaten the crow; so what if we have eaten the crow, we have eaten the crow! So, go ahead with it.' This is another category of people who don't want to give up whatever is nonsensical.

Then the third category is another one who are just waiting, 'All right, let the catastrophe come. We are just waiting.' I mean, they told Me, 'Mother, doesn't matter, don't You worry, we are waiting for the catastrophe. See, disaster. When is it going to arrive? You just tell us that. We are all anxiously waiting. If it is coming, it's a very good thing, now we are reconciled to a situation like that.' On the streets of Paris, if you go there, you find many like that, discussing, when are the ten stars going to meet, so that we are all collided and made into a jam. We won't be made into a jam, I must tell you, but something horrible which is one-thousand times worse than what you are doing on the streets of Paris.

But this kind of attitude of three types of people, I don't know, I may, I'm thinking, now I have been in London for so many days, and My going time is coming and I don't know what's going to happen now, because Sahaja Yogis themselves are desperate and they all want to settle down in India. I will not allow them to settle down in India unless and until they at least get half of the English people realized.

Yes, that's for very sure. If you think that now Mother has gone there, so let us take our baggage there and let us settle down in a nice little ashram enjoying yourself, nothing doing! You have to work hard. You have to get at least half of the British people realized somehow; if you can't do it, you're not allowed to enjoy any rest and I, too, will not be able to have any rest in My lifetime, if these things do not happen. I hope you all understand My concern, My great concern and My love for British people here who must understand also their place in this great work of God, how they should come.

May God bless you all.

1983-0613, The Attitude Has To Be Earnest

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13 June 1983

The Attitude Has To Be Earnest

Public Program

Porchester Hall, London (England)

Talk Language: English | Transcript (English) – VERIFIED

Public Program. Porchester Hall, London (UK), 13 June 1983.

Shri Mataji: Is it for the loudspeaker? Yes.

We can wait for some time more to organize. It is so unfortunate that it was not published in the newspaper properly, that day – it's very unfortunate.

Yogi: Excuse me Mother, I think to get this microphone a little closer to you.

Shri Mataji: Eh?

Yogi: Do You want to get this a little closer to You?

Shri Mataji: [The microphone] I'll have it in My hand.

Yogi: You'll take this in Your hand?

Shri Mataji: Yes. [Yogi: Okay.] Then that won't slip out, you know.

Yogi: Ah, okay. That's ok, this. This is the one...

Shri Mataji: When we say in the newspaper or in an advertisement that you come to such and such hall for your Self-realization, I don't know what people think about it. Perhaps they think that it is another hocus-pocus or some sort of a cult or some money-making proposition.

But there are some who may not think that way, but they want to have their Self-realization and they come here.

But one must understand that the attitude we should have towards our Self has to be really very earnest.

To raise your Kundalini is not so difficult and to give you so-called realization also not difficult, in the sense that you can feel the cool breeze of the Holy Ghost coming out of the fontanel bone area, you can get your baptism.

But I call it "so-called" because the journey later is the difficult thing, you see.

If the attitude is not earnest, then you just lose it in no time.

So where the people are very ego-oriented – I should say, convex personality is there – it is even difficult to give realization to begin with, and even if you give realization, to maintain it and to make them grow is even more difficult, much more difficult.

Now sometimes Sahaja Yogis ask Me, "Mother, how is it that in India You may give realization to thousands and they all stick on,

while here when You give realization to people they just come and go away, are all wasted as described in the parable of Christ of the seeds, that some seeds just were lost on the rocks?"

So why it happens here? I would not blame them, but I would say that they have had no knowledge what Self-realization is, how difficult it is.

If you read Patanjali's "Yogashastra" you'll be surprised how they were taught how to lead a good, righteous life after marriage; what was the relationship of a husband and wife; what was rhythm of sex life; how they should treat their children; how to develop their attention towards God every day.

All these things are absolutely missing from the lives of people who have turned their backs to God. Now, whatever you may try to turn your backs to God or to your Self, to your Spirit, it exists and it asserts its own existence in you. It does. Even if you try to defy it and deny it, it comes up, and so people are seeking and seeking.

The tragedy of the whole thing is that very great seekers are born in the West where people have no knowledge what is Self-realization and what one has to do to achieve it and what a great blessing it is to have it.

This is the biggest problem we face all over and now as I am going to America I also dread the same problem there.

Now the thing is, people have full idea as to the value of a diamond. They know if the diamond weighs so many carats, it means this. If it is flawless, it means this. If it is purest blue then it means this. But they don't know the value of their spiritual life; they don't know what it is to be spiritual.

Under these circumstances, naturally, what happens that when even they get Self-realization they cannot stick on to Sahaja Yoga and go further with it. Not that they lack in quality. I would say it is not so. I would not say that they are the people who are good for nothing, they are not good for spiritual life.

So all the Sahaja Yogis must have a very compassionate and understanding attitude towards them, that when they come to you they have no knowledge about it. They are not trained that way. They are not taught that way.

I wish the people in the countries where they have lost themselves in the material gains should again read some of these books into details and try to find out what kind of life human beings were supposed to lead and what kind of life we are leading now.

Now the word there is yama niyama, is a word in the Patanjali Shastra, yama and niyama.

The niyama are the rules for yourself, what rules you have to observe.

And what rules you have to observe for others is yama, where - how to deal with others, what should be your relationship to your wife, to your children, to other relations that are there, and how you must respect particular things and to prepare yourself for Self-realization, the ascent.

All this balance has to be there if you have to ascend in life. Even to lead a proper good life you have to be like that.

I tell you, if you go to India you'll find the country hasn't got any sanitation whatsoever, hasn't got all the food that you have, hasn't got any of your railways or any one of these your telephones as they are. And when I go to India I forget that there are telephones existing. They never use this for Me there. Everything that is so dislocated, mismanaged, all kinds of funny things are there. Sometimes there is a drought. Sometimes there is a flood. All these things are there. Despite that, people are existing only because they know how to lead a proper life, to adjust themselves to natural things.

Now the new disease that has come up in America, AIDS, has really upset Me very much. And I know that it was to come,

because today, according to predictions it is not Kali Yuga anymore, it is Kruta Yuga. Is the time when things will happen, Kruta Yuga means when the spiritual powers will work out.

This is the time is already - you know that in our books it is written that the Kruta Yuga has started about sixty years back, and that is how it is, that now the spiritual powers are going to react.

It's easy to say, "What's wrong? Who is God? We don't believe in God." You'll have to pay for that. If you go against the nature you'll have to pay for it. If you do things according to your own ego, you'll have to pay for it. This is the time that has come. This is for our good. This is not for our bad, because it has been told many-a-times not to do certain things.

Of course, in the Western countries where Christianity is followed is precisely told not to do this, not to do that. But then people say, "Why they have said it?" The only difference is that in the East it is explained why not to do this, why not to do that, what happens. It has gone into the details of it.

But I must say here also people know that this is not to be done. But when you talk about these things, "This is not to be done", they will brand you as Victorian, or they'll mock at you, laugh at you, make fun of you. But when they face all these things happening to you, then they don't know where to go, what to do and how to face up to it. This is the time where the spiritual powers are going to work out; they are going to prove the existence of God. They are going to prove the existence of Divine laws and their operation.

They are going to prove all that is said in all the religions, their unity, and their integration. Everything is going to be proved now today.

Even if you say this many-a-times, many people will not pay any heed to it. They will say, "Oh, Mother is just brainwashing us."

That's what people told Me when I came first to England. That I said, "This is not the life human beings should lead. Even for animals it is not suitable. How can you dare into these things and get involved into problems? Later on it will be showing results ."

But nobody was willing to listen to Me at that time and everybody was angry with Me. They said, "This woman is matronly." There are certain words in English which are very condemning. Like first one of them is Victorian. If you are Victorian you are a gone case, absolutely, that you are branded on; then you can't talk. But I would say even Victorian was better, where there was some hypocrisy I agree. Hypocrisy is a bad thing. But shamelessness is much worse. If you become shameless the thing spreads like fire. There is no protection. Hypocrisy is at least a little protection from the spreading of it.

And everybody today thinks what's wrong in it, and I, when I came here, I had such a shock.

I couldn't believe that human beings could go to that extent to ruin themselves.

This is ruinous, absolutely ruinous it is.

And when a person like Christ, who was nothing but purity, said that, "Thou shalt not have adulterous eyes"; to that extent, to that subtle extent of purity He talked - I was amazed how people have denied Him completely and how all other people like Jews, like even Hindus here, Christians, every sort of people didn't think what they were professing, what they were claiming and what they were.

Today again, one-by-one you will see more results of wrongdoings to yourself.

This is because you have crossed all the limits of niyamas, how you should be to yourself.

Everyone seems to be sick today, either mentally or physically. Why? Why are they mentally sick there?

This is the physical side of it.

The mental side is, they can run into any sort of thing like witchcraft, like spiritualism, like any guru who comes and talks about God, without finding out the credibility of it, without finding out what others have achieved by it.

Not only that, but I have seen people after being harmed very much, who have been tortured by these gurus, who have been completely made beggars by these gurus, still profess, still fight for those gurus, as if they have lost all their freedom, all their independence to fight it back. The other day one lady came to tell Me that she went to a relation's place to stay with her, and the relation was so funny that she wouldn't even give them full food to eat, and in the house there was limited food, and she would lock up everything and they really starved themselves, you see. But she – I knew her very well – so she telephoned to Me.

I said, "You come along to My house," and just called her and I was amazed why these things happened in the life of that woman. How could she do it? She had no conscience! Somebody starving next door to her. The reason was she was a drunkard. She used to drink a lot. Her husband used to drink.

Now with the amount of money they earn you cannot drink. Is a simple thing, leave alone all the other side of it.

And she was drinking, her husband was also drinking. And they, whatever money they have, they don't eat much, they just drink, and they were waiting for this woman to disappear. Because once you become enslaved to one particular madness like this, like drinking or anything, then you forget all your relationships with all your other duties that you have to perform. It's like one madman, you see, doing work like mad, has no consideration of relationships or any duties that he has to perform with others. Then also he has no time to think about the duties towards himself. He becomes such a dry personality that he has no conscience even. And he just shuts up his mind from all that is gracious, all that is sublime, all that is compassion. He is just busy with himself. He wants to drink. He wants to drink, that's all. Very seriously he'll say, "Yes, I have to drink now. I like it". So it doesn't matter if his dog doesn't get the food or if his children have to starve or if they have to work on the streets. He doesn't mind because he has to drink.

Then there is another thing, like today I saw so many people enjoying cricket – I Myself can enjoy cricket very well and I understand cricket very well. But how much time do they pay to themselves in the sense they are just enjoying what is something entertaining. But what about the entertainment of your Spirit? Have you thought of your Spirit at all?

Have you ever peeped into yourself and found out that there is Spirit, which has to be satisfied and entertained? And once you entertain that Spirit you don't need any entertainment. If you have it, well and good, if you don't have it, well and good.

That is the highest type of entertainment. That's the highest type of enjoyment. That's the highest life that one can ask for.

So all these things come to a level where, "What's wrong? What's wrong in this and what's wrong in that?"

So the nature is now going to show you what's wrong. Because intelligently you understand, rationally you understand, logically you understand it is wrong. But still there is somebody else who says, "What's wrong?"

So now, experiencing it you understand. That's the only way left for nature to make you understand: now experience it, suffer it.

There is another way, is that you can experience your Spirit. Also it's possible only this Krita Yuga can do that, that you can experience the enjoyment of your Spirit.

Both things are there. When it does one thing, it does the other way also. It also gives you the experience of reality, the

experience of truth, the life that is eternal, and that's what one has to look forward to. But enslavement has to be brought down to a proper shape, little bit.

That also it does. I was amazed some people who had been drunkards and alcoholics, in Sahaja Yoga they came; next day they left it. It does that.

Enslavement of any kind, of any habit, is detrimental to our growth in Spirit.

It is detrimental, but doesn't matter: if you have some habits they just drop out, as you have seen. Sahaja Yoga is such a kind, compassionate happening that it really makes you a different person who is a master of himself; no more enslavement. All this slavishness goes away. All this fear disappears.

You become master of yourself and in that mastery you are the master of love, master of compassion, master of wisdom. This should happen to all of us.

You are all due for it. You are created for it. You all have evolved for it. You have to have it. But there are so many misidentifications in us with which we are drawn to wrong things, to things which are anti-God, which are anti-Spirit.

So many things are there which divert your mind to that because you have drawn certain conclusions about reality. You think this is the reality. You believe that this is the reality and you want to stick on to that.

But that is not so. I tell you, you have to understand that reality is what it is. You should face it and enjoy it. Don't try to put your ideas on it. Don't try to organize the reality. It is what it is. And once you decide within yourself, "So far I have not known and I have to know," with that humility, you'll get it.

It doesn't mean that you have to surrender your money or anything, your self-respect or your freedom. On the contrary, you have to enter into that area where there is supreme freedom, supreme freedom.

You are not free. If you think you are free, you are sadly mistaken, because we are still slaves of so many things.

But once a person is free he is not bothered about anything. Nothing can make him habituated to anything. Nothing. Such a person lives like a king, whether he is in a hut, on a street or in a palace. He is not bothered. Whatever it is he is the king. He doesn't want anything anymore. He gives. He gives. He's so rich that nobody can give him anything. He gives and gives and gives. And only thing that it can do is to give; it cannot take anything. The capacity is such that he cannot take anything from anyone. No more these attitudes, how to save money, how to save your labor, how to save your chairs, your powers, your positions. Nothing remains there, because you are the master of everything. Nothing is more important than your own Spirit, which you enjoy, which manifests.

It's so fortunate that you are born at a time when it is Krita Yuga, and you have taken your birth deliberately to get this realization. That's why you are here. But how many realize that you have to come to terms with many things?

You have to seek the truth and not the untruth. You don't have to run after people who make fools out of you or those who try to pamper your ego, or who put spirits in you, and make useless cabbages.

You have to become something greater, healthier, mightier and loving, affectionate, compassionate. That should be the picture of the personality that has to evolve out of human beings. Otherwise we cannot save this world. With the kind of people we have we cannot save.

They are all compromising, they are all manipulating, maneuvering as if they are all getting drowned, and everybody has to somehow or other pull out the person ahead of them to come up. All funny things happening in this world. That is only because

we are so insecure. The insecurity will all go away once the light – the light of your Spirit shines.

Let the light shine through and see your beauty and glory and your strength of that great power of love of God within yourself and then you'll be amazed what it is.

As you know, Sahaja Yoga is not one lecture, is not two, can be hundreds, but the happening takes [a] split of a second. It should happen. Once it happens you can achieve your realization in such a way that you won't even feel it.

But afterwards you have to put in deliberations. You have to look after yourself. You have to respect yourself and go ahead with it.

There's no use arguing about it. Even if you argue I can take you up to a point because this is the realm beyond the mind, because mind is a limited thing.

We have to achieve the unlimited and for that a happening has to take place.

We can't promise you that it will take place. If it takes place, well and good, we can help you in a way to achieve it, but we cannot be sure that it will happen.

So be in a receptive mood and be kind to yourself and achieve your realization.

This is the last time I'm speaking now in London. For quite some time I won't be here, maybe in November if I come for a short time; I may be in London, may be outside London, somewhere in England; I can't say.

I hope all those who are today should decide that if they have to achieve their realization as a permanent blessing from God, then they have to go further with it. You cannot just stop it at this meeting. You have to go further with it with greater enquiries.

You have to go to different ashrams and centers that we have; you have to work it out. If you are a big man, like the other day somebody came as a managing director and tried to be funny, I said, "If you are a managing director this is not the place for you." God doesn't understand. You may be the king. You might be the president. You might be anyone. God doesn't understand these man-made positions.

God's positions are different and if you have to enter into the Kingdom of God come as a humble person. Give up all your ideas about your big positions and big education and all that. Be a humble person.

If you are humble then it will work out, and not only that it will work out but it is the only chance we human beings have to change the whole world. There's no other chance I can see. I hope all of you will pay full attention to it and ardently, with full devotion, seek your Self and its ascent and its establishment.

May God bless you all.

If you have any questions you can ask Me today. Yes.

Seeker: Shri Mataji, could you say something about collective and the need for people who have been realized to be together?

Shri Mataji: What did he say?

Yogi: Mother, could you please say something about the collective and the need for realized souls to be together?

Shri Mataji: Oh, all right. That's a very nice suggestion. I would like to say something about collectivity.

So far as you know, in the history of spirituality people have got realization. Many people have got it.

One after another, many people got it but I would say one in a million, one in a ten million, like that, because we have to have some people to talk about it, to begin with.

We always see what was written in the past, you see, but those people who got realization single-handed suffered a lot, and they could not transmit what it was needed to be given to others in a way that would be acceptable.

Now as you see, any discovery is made, like that people can benefit individually.

Every person can say, "Oh, I have got it. So I can have it in my house," you see; but it is of no value. It is of no value, I can tell you.

I would say a personality like Christ came on this earth. We had Christianity; what have they done about it? I mean, it's a sad affair. I mean, to think such a personality to come and what a great job He has done to establish Himself on Agnya chakra, what people have done out of it, you see. The reason was He was seldom; He was alone. It was not a mass thing.

That was not the time, because He had to establish this center [points at Agnya].

Without that it could not be mass, all right?

It could not be an en masse realization but He talked about, "You have to be born again," and all that. But the whole thing fizzled out because they could not get to the essence of it.

One person of that caliber coming on this earth found it impossible to convince people and talk about it.

So one has to understand that anything that is evolutionary first happens to one or two persons only, but then it happens to many people.

Now in Sahaja Yoga there's another problem apart from that, that it is happening to many people, it is there, no doubt. Thousands are getting realization, it's no doubt. It's working out that way, that now the evolution has come to this stage, as I say it's the blossom time, many flowers are there and they have to become the fruits.

But now why is it necessary to have collectivity when people are getting realization like that, is a very important point one has to understand.

The thing is that now, when you are getting realized, what is happening to you? You are getting related to the whole. Our microcosm is getting related to the macrocosm. Say your body is there and you are sleeping. First you get a little awakening. You open your fingers, all right? Then you open your, another finger.

Now there is a little trouble on your finger and you can't see anything. So you open your eyes and you pay your attention to your hands. So that trouble may be all right but you need another hand to help me. So you want the another hand also to be awakened to that point, like that.

So when the Sahaja Yogis are getting awakened more and more, you see, the problems that are facing us, we can solve them better, because so many people are working out the problem.

Do you understand My point now? Together! When we are together we understand now there's a problem, now I'm going to America. I've gone in 1970 - 1973 first, I think, yes. 1973 I went first. I was alone! I mean, I gave them very good lectures, we had

very big halls filled up and everything – but everything fizzled out.

The reason is the people who got realization didn't have anybody to look after them, there was nobody to support them, give them assistance, so they got lost.

I mean, they are there, some of them are here and there. Now what has happened now? Today when I'm going to America everybody is praying. In Australia they are praying. In India they are praying. Like attention, you'll be surprised some people are coming from India to go down to America. Some are coming from Australia to go down to America. Some are coming from France, some from Switzerland. They are all rushing to America. Now the job is in America.

All right, so, like the attention you see, as soon as somebody pricks Me here, My hand goes there, My head goes there, everything works it out.

So the collective working-out effort is going to solve the problem. But supposing if this finger is fighting with this finger, can I write anything? Or if they are secluded and alone, can I use them?

All this body has to become absolutely in concord with each other. But so many are still sleeping. Those who are awakened at least must stick together. Otherwise Sahaja Yoga cannot work out.

Today I find it much easier to give realization, much easier. I was struggling with six people for four years in your London.

Four years, six people. But once they got realization it started working faster and the more people we get – because the channel that is to be used is like nerves in the body.

You become a nerve of that body which is awakened, and once the nerves start working out together realizing that there's one force that is flowing through them, all of you have to work it out together with understanding of the Divine. It works faster. Any person whose all nerves are at work will be much more dynamic than a person who is half-dead or is full-dead.

So you can understand how collectivity is important.

Then another thing is that going to a very enjoyable part of it, that when the Sahaja Yogis are collectively there, they really enjoy.

Because for the first time you start enjoying human beings, first time. Before this you never enjoyed them. You enjoyed flowers, you enjoyed everything else, but not human beings.

Pure enjoyment of human beings starts coming when you become fully realized.

I'll give you an example. We went to Calcutta for one day and I was in a room in one hotel and there were three, four Sahaja Yogis in another hotel - another room, and one gentleman came to Me for his realization. And when I raised his thing, the Kundalini, you see, they all got vibrated and they all rushed to My room to know "What has happened, suddenly how is it we got such joy within ourselves".

They came to see, and this man was there. He was a great soul and they felt the vibrations, tremendous, you see.

So it is not the happening of an individual. It is the happening of the whole. And the individual effort is going to be absolutely useless. It will be all neutralized. If you sit at home, do your meditation, it won't work out. You won't go very far. Because the whole has to come up. I'll give an example that when you churn the butter - in India, I don't know, we don't do that way; we do it very naturally – you put a little butter inside that and then again you start churning.

So the butter starts gathering round that butter, all of it comes together. But some particles are left out. They stick to the sides,

stick to that. They are no more as butter; they are thrown away as buttermilk. Is as simple as that. You see, the more you gather together, you really enjoy the spirit of friendship, spirit of mirth, spirit of love in pure form.

So far the love is biased. There's sex, there's lust, there's money, there's this, there's relationship. This is, "You are British; so I must love you," "I am Indian; so I must love you." All these nonsensical barriers are there. There you love a human being because he is a human being and he is a yogi, speaks the same language.

Now today I have attended a wedding party and the bride and the bridegroom said, "We are coming to Paris with you, Mother. There are hundred people coming to Paris, because we have to change Paris", you see. "But," I said, "you are recently married. Now better enjoy your honeymoon." They said, "What are we going to enjoy? We'll enjoy there our honeymoon", so they are coming up there. (She laughs)

Even if I tell them, "You don't come," they won't listen. They will enjoy their honeymoon there only. I never said, "You come", on the contrary, I'm saying, "You go away. I will give you money to enjoy your honeymoon wherever you feel like."

They wouldn't go, because they know where enjoyment lies, with their brothers, with friends and sisters. It's absolutely so, I tell you, that the enjoyment of human beings has not been there.

Now there are people who live in India, who live in Australia, who live here, all over the places, but when the Sahaja Yogis go to India you should see them, the way the Sahaja Yogis in the villages, the way they embrace them, the way they feel the oneness. Never they have felt like this for a white skin. If they saw a white skin they would just run away and hide themselves under this thing, you see. And even now people are sometimes frightened to see a white skin in a village. They say, "Oh, God, they have come just to destroy us!" or something like that.

But now that's over. Now it's a human being, a human being is coming. They are all embracing. For there is nothing like a black or a white or anything left now. It's such a love that grows and an understanding.

That's only possible if you learn how to live collectively. And collectivity also teaches you where you are. Very important it is.

A person who has not lived collectively cannot understand.

I have seen people who have their own families, live with their families, they are Sahaja Yogis - but once they come to the ashram they know they are not yet there.

Because you have to adjust, you have to learn to adjust, you can't have private bathroom to yourself, private room to yourself. All right, you can have if you want to have, but you should also know how to adjust. As you know, I live very comfortably Myself, but if it comes to living I can live anywhere, I have no problem of comfort or anything.

In the same way we are not barred from enjoyment. Because of all these things, the way we carry our bathrooms with us, we do not enjoy life.

[You] see, [you] want to have everything absolutely first class that has, say, that even when we go to the picnic we take all the metropolitan with us. In the same way we cannot enjoy life. We cannot enjoy nature. We cannot enjoy anything as long as we become just an individual, "Oh, I am the one who is going to get it." The last of all we must know by individualism we become malignant.

I don't say become communist, because that's another malignancy; but by becoming individuals we become malignant.

What is malignancy? That an individual cell takes up upon itself, "I will grow, I will grow." It doesn't know how to grow with the whole. It has no coordination with the whole.

That's why you say it is a cancer. Cancer is nothing but is a malignant cell which is alone and is saying that, "I have to achieve it. I can do it, I can manage it". And once it starts growing like that, whosoever it touches, that person becomes the same. All these ideas – we are higher race or we are greater people, we are moneyed people, we are something special, we are of this club – all this disappears. It's all nonsensical.

We are identified with nonsensical things and making ourselves miserable and others also miserable. And then you give up all that. Suddenly you find, "Oh, what enjoyment!"

You don't want anything, you just want to be in the company of Sahaja Yogis. I have seen people, ambassadors, very highly placed people, just getting lost with the Sahaja Yogis.

The other day I had a businessman from Bombay. I took him down with Me to a place called Gurai; and it was all in a mess, in the sense there were no proper bathrooms, there were... It was just like a God-forsaken place, I tell you [She laughs]. And there weren't even places to sit down properly, only the beach and the palm trees and all sorts of thing was there.

And the man got lost into that, absolutely lost. And he said, "I never wanted this day to finish. Is the only day I've really enjoyed myself thoroughly".

Because there was such spontaneity, such spontaneous love, such attention and such purity in the atmosphere. To enjoy that purity you have to be in the collective.

Sitting down in the room, you can't understand, there is no reflection of you. You can't understand where are you, how far you are going. Collectivity is the most important thing, and those who try to break the collectivity are doing anti-Sahaja activity. [You] see, we call it a-Sahaja movement or you can say a-Sahaja activity. You have to be one with the whole. Those who have tried to separate themselves, all of them go down in Sahaja Yoga.

Try to be one with everyone, to share and enjoy everybody's being, because God has created you so beautifully.

You are so beautiful. And the enjoyment should not be lost because you have certain barriers; like some people can't take out their shoes, I mean, just imagine how much they are identified with their shoes. They can't take out their shoes. To that extent they are stupid!

[You] see, all this kind of stupidity drops out once you meet really wise people around you. To get rid of all these nonsensical ideas, which have really haunted your head all these days, you get rid of them and you really enjoy everyone, whether he is a doorman or he is a chairman, all of them are men for you. It's nothing more than that. All that drops out and you start enjoying your Self.

That's why collectivity is the only way I can work out Sahaja Yoga. I can't think I can work out through the people who are separated, divided. It is said, Christ has said also that... They said, "What have we to do?" He said, "When you love each other you have done the greatest justice to Me". It's true.

And when I hear the loving conversation of the Sahaja Yogis I feel the happiest. That's the greatest happiness for Me, that all of you should love each other in purity, without any return, only for love's sake you all should love each other. And that is what it is!

And also Krishna has said, "Wherever people are there gathered together in the name of God, I reside within them".

So in that joint - so-called joint, because you are all one, moving with one rhythm, with one understanding, with one language, so you all should always meet, call each other and have rapport with each other. It's so beautiful. It's musical. It's poetical. Do you

understand that?

May God bless you.

And see for yourself when you cut out your collectivity. Just abuse yourself at that point.

That this is one thing you are trying to teach Me now, I'm not going to listen to this nonsense. We are collective being otherwise also. I mean, we cannot, people cannot take even drinks without somebody being there.

You can't take your food alone. In so many things, I mean, if you are not absolutely a recluse you can't live alone.

Then in religion, in the seeking, especially in the realm of God, how can it be?

You all have to be there.

I think it was a very good question, rightly asked. This individualism must be given up. That doesn't mean you all should dress up like military people – that's not necessary – or you should all behave in the same manner – that's not necessary.

Variety brings all the beauty. But that doesn't mean that if I say it is East you should say it is West. That's the main trouble is, I think [She laughs], isn't it? That you can't agree to each other.

What's the problem in collectivity, you think. I can ask the question.

Must get out of individual limitations.

I think everybody should for some time go and live in an ashram, is a good idea.

But ashram must be such where there is collectivity. In the ashram if they are fighting and quarrelling - then what's the use of being in the ashram also? But I leave it to you. It's all freedom to you. You just decide yourself. I have not put any rules and regulations on you much, because I want you to use your wisdom and put everything right yourself.

You are all very wise people but must have concord. Listen to others. Talk to them.

Find out what's the problem is. On small, small things people fight. It's a very wrong thing.

Moreover, you have to have one person as a leader to whom you should listen to. If I find that fellow is useless I'll throw him away. You know that very well. Throw him away, not in the way people throw away, but he'll just get out of Sahaja Yoga. You know that very well.

So there should be no problem. But everybody should not try to dominate each other.

That's a wrong idea. Try to change your attitude. As I would say, how far can you adjust? How far can you accommodate? Let's see that way.

You have to learn that from Me, isn't it?

You must find out ways and methods of accommodating yourself with others. Just try to learn. It's not difficult. That's the whole attitude of life, is of competition and this and that - should be changed.

You must compete in loving, compete in doing good things, compete at working for others.

Like "I've opened the door, now I'll not take the phone". Is very common. "I've washed the things this morning, then I will not wash in the evening". Then people start taking advantage as this. Let them take advantage; it is a disadvantage for them.

Actually, if you see the other side, compete in service, compete in love, compete in good things, of saying good words, of communicating in a sweeter way that others feel happy, making others happy. Try to change your attitude towards others and you'll really enjoy, I tell you, you'll enjoy.

That's the way. You know, if you say something to hurt someone and upset someone, it must be upsetting you definitely.

You may not show but it must be, because whatever you do to others comes back to you. Straightforward march, I tell you.

It doesn't stay there altogether; it comes back to you. So just try to be kind to others.

You may say that the other may try to harm you, doesn't matter. Nobody can harm you because you are the Spirit. Who can harm you? You are the Spirit.

So just try to understand the person.

I tell you, after some time you'll find that person will become very soft.

So many Sahaja Yogis have become like that automatically. They all are here for seeking God, isn't it? So to help them you have to be patient. Give up your old methods and ways, I must tell you: to be curt, to be stern, to be angry, there's no need at all! [Shri Mataji laughs]

I'm telling you from My experience. I've tried all these things. It works, isn't it?

It does work.

And you have to have faith in them and faith in their ascent, in their quality. I like people who praise others to Me. I don't like people who criticize others. Try to support each other, help each other and never talk about their past or anything like that; it's very sad.

Sometimes I've seen people are very hard and in anger they say things which one should never say. It's not gracious. It's not in the mannerism of Sahaja Yogis. You should never say these things. Do I ever say anything like that to you about your past? When you write to Me, even if I know everything about you, did I ever mention those things to you at all? Then why should you say things of the past? I have heard these things people just rake it up and flung it back.

I have heard this kind of thing that they bring it on other people, it's not good. One should be very gracious, very kind, and understand that everybody has tremendous potentiality.

Respect, respect and respect. Respect yourself and you'll respect others.

I hope now you won't have problem of collectivity after this lecture, and if you have, you can listen to this lecture again and again; and My special humble request that try to curb down your angles.

Automatically other angles will calm down. But if it is a non-Sahaja Yogi then you all should fight it together. All should join together if [it] is a non-Sahaja Yogi.

Nobody dare torture you or trouble you. Those days are gone now. None of you will be troubled. These are all satanic forces and they can work through you also. You must know when they give you such ideas to fight and to quarrel. Understand that this is anti-God. You are doing God's work.

You have to move towards more understanding, more coordination; because this is such a tremendous work and of such a sublime nature, that we have to be sublime ourselves.

All right, now is there any other question? [It] was a very nice suggestion but don't give Me such big suggestions that I have to speak for half an hour. [Laughter, She laughs]

Sahaja Yogini: Mother, when you say collective consciousness, does that exclude all the people who are not Sahaja Yogis, so does that mean that Sahaja Yogis are isolating themselves from the 90% of the people who are not Sahaja Yogis?

Shri Mataji: What is she saying? I just couldn't hear. Can you come? You come here and tell Me. Yes, it's all right.

Sahaja Yogini: When you are talking about being collectively conscious, that excludes the people who are not Sahaja Yogis and therefore the Sahaja Yogis are isolating themselves from the people, from the majority of the other people.

Shri Mataji: Oh, that's it. No, no, no. She says that when collectively Sahaja Yogis become one then those who are not Sahaja Yogis are isolated. It's not so. You see, Sahaja Yogis have to be strong enough.

Now take it like this, that there are people, say, who are in the water and some people are in the boat, all right? Now the people who are in the boat are in the boat, so they are in a way different from the people who are in the water. That's the situation is, all right? Now the people in the boat have to save the people who are in the water, all right?

So what I am saying that those who are in the boat must first of all be united, and then with full strength pull them out.

Why this collectivity? Is just to pull out the rest of them. This collectivity is just to achieve their emancipation, their realization, all right? It doesn't mean that they should exclude.

Actually the whole collectivity is to bring those people out. But, you see, there are lots of anti-God activities going on in this world, you know that.

For example, there's a guru who makes lots of money, all right? And he has destroyed many people. Now they come to Me and they are saved. So he may send somebody here paid for a job just to disturb us.

Then the duty of all the Sahaja Yogis is to get together and see that, to tell him that, "You see, now you are doing wrong. Your guru has done wrong to us and he is going to do wrong to others. Why do you join with that?"

On that point everybody should be one. But if they are not strong and if they are not one, they cannot pull out others.

You see, My point is like that. Not to exclude - is all, collectivity is to include everyone inside. All right? I mean to say, there is no specialization in Sahaja Yoga, in simple words. Everybody is a doctor of everything. [Laughter]

I mean to say that all the Sahaja Yogis must form a strong group by which they achieve enlargement of Sahaja Yoga, getting more people into Sahaja Yoga, more people benefitted by Sahaja Yoga, all right?

All - anywhere I have seen, wherever there is collectivity, like I would say, Australia has the maximum collectivity, or India of course it has, but Australia, in all the European countries, or I should say the western-styled communities, Australia has the

maximum collectivity and they have achieved the maximum results.

Only in Sydney, today only, Warren told Me that the halls like this get packed for programmes. Melbourne, there is no room for new people who are coming, and it's such a big compound I'm amazed, I mean, how many must be going there. And it is because of collectivity. And as soon as I went there it started gathering up. But before that the people were fighting among themselves and many people ran away from Sahaja Yoga because they thought, "These people are fighting, what are they going to give us?"

Maximum is in Australia, I think. Then is Austria is having some problem there, and as soon as the problem came in, the whole thing became a very small group.

Again that problem is over now; positivity has come; the people have joined together; again it has flourished. It happens here also, we have seen. Why Labor Party lost? If they had not quarrelled they would not have been so badly off [Shri Mataji laughs, laughter]. Is absolutely a simple equation, "United we stand," isn't it?

Is there any other question? All right.

So how many are new people today here? Can you raise your hands please? One, two, three, five, six. All right. Can I request you to come to the front seats? That will be better, will help Me better too, because you are so much here and there, all right? Just come, please. Be comfortable. Yes, come along, all of you. Just be seated. Yes. Be comfortable.

Now get some more chairs. Can you get some more chairs here for the front seats? Douglas, can you put them in a line? They cannot be lifted; they are fixed, are they? All right.

Now for all the new people I have to say one thing, that, you see, you cannot argue it out. It has to work within you. It has to work within you. It's a happening. There is a force within you which we call as Kundalini, which is the pure desire of becoming one with the Spirit. All other desires are impure. That's why you are never satisfied.

Now this desire is not yet awakened within us.

This power of desire, or energy of desire, resides in the sacrum bone and it has to be awakened, and when it is awakened, it rises, passes through six centers, subtle centers, comes out of your medulla oblongata into the brain and then, out of this part which was a soft bone in your childhood, and you start feeling a cool breeze coming out of your head, and a cool breeze coming out of your hands also afterwards.

Now this is a living process, as you cannot force a seed to sprout. It sprouts by itself spontaneously, but you have to put it in the Mother Earth. In the same way it sprouts. It sprouts spontaneously and when it happens then you have to see for yourself.

One can help because if there is an obstruction on any chakras, especially if the Nabhi chakra is caught up, then what happens that on that center the Kundalini tries to push and you can easily see with your naked eyes the pulsation or the movement of your sacrum bone just like a heart, just like a heart.

These things you cannot maneuver, you cannot attain by effort. Is a thing already settled there within you and this has to be awakened.

Now what we can do is to try to remove the hurdles that are there during the ascent of the Kundalini. That's all we can do. But if it doesn't work out, we can work out again and we can work out again. But you have to have patience with yourself and you have to have understanding that you will get your realization. It's not so difficult.

All of these people who are sitting here have got realization and most of them are settled down with their realization. They know what the chakras are, what are the obstructions, how to remove the obstructions and how to raise the Kundalini. All this you will

also know. All this mastery you will also have, but you have to, as I said, you have to have that earnestness and that kind of assiduity by which you'll achieve it.

So it is for us to raise your Kundalini and it is for us to help you to achieve it. Then once you have achieved it and you have mastered it, it is for you to teach others and to give realization to others. It is as simple as that.

So I'm sure it will work out tonight and that all will work it out. We should all cooperate with each other. Now some people who are frightened, I have to tell them there's nothing to be frightened in Sahaja Yoga. Thousands of people have got realization without any difficulty. Or those who are still discussing in their minds, must stop it now, because they have not found it; better prepare yourself to have the realization. It is not to be paid for. You cannot put in any effort. Nothing can be done. It has to work out, all right?

With this understanding let us see that few things, whatever I tell you, you try to cooperate with Me.

One of them is a simple thing, is to remove your shoes. Please remove your shoes. There's nothing in the shoes, you see. If you remove the shoes, you'll become relaxed, little bit more, and also I feel that it helps the Mother Earth to suck in problems very well.

It's a very simple method by which it should work out.

So I would request you to put both your hands towards Me, just like this, and close your eyes. That's all. Just close your eyes. You will also know why I asked you to put your hands towards Me later on. So don't think about it. There are five fingers and six centers – [She corrects Herself] - and seven centers all on your hands, and when you put your hands towards Me the message goes to the Kundalini and it rises. It's your own, everything is your own. Only thing like one enlightened light enlightens another light, I'm just enlightening you and then you can enlighten others exactly the same way.

All right. I would request you also to take out your spectacles if you have any, because it helps your eyesight also. It helps your eyesight. Just take out your spectacles. Any other obstacle, anything that is little bit uncomfortable, you can reduce the pressure on your waist if it is very tight; or anywhere you feel the tightness you can reduce. Put both the feet on the ground, little separate from each other because both feet have different problems, are to be attended to differently.

Now please keep your eyes shut and I would request you not to open your eyes till I tell you, because if your eyes are open the Kundalini refuses to rise up to Agnya.

So please keep your eyes shut. Just with complete faith in yourself you just wait and it will work out.

If it doesn't work out, we'll try to tell you how you yourself can work it out by awakening your own centers.

You have to sit quietly. Please put your right hand – don't open your eyes – please put your right hand on your heart.

Because the left hand is the hand of your desire so it should be kept where it is now throughout. Only you have to move the right hand because the right hand is the hand of action.

Now at this stage you have to say – if you are wearing a coat put it from inside the coat, would be better – hand on your heart and left hand towards Me on the lap, comfortably.

Now you please in your heart, with all sincerity you have to ask the question thrice, "Mother, am I the Spirit?"

Now why I say that you call Me Mother, because you have to call Me Shri Mataji, which is a tongue twister and I think it will be difficult. So to make it easier, I say "Call Me Mother".

Please ask the question, "Mother, am I the Spirit?". Because the Spirit has to come in your attention; you have to become the Spirit.

Many people think if you pray without being realized, God will do what you want. He won't, because you are not yet connected.

You have to be connected to God. That's why Christ has said you are to be born again. That's not an artificial thing, it's a reality. Now as the Spirit is your guide, it is your guru, you don't need any guide anymore, put this right hand down on the stomach on the left hand side again, and push it a little.

On your stomach on the left hand side put the right hand and left hand towards Me, and push it a little bit and say – you must put your hand on your stomach, stomach on the left hand side and press it a little bit because there lies – the right hand, the right hand, take it to the left side and put it on the center on the left side.

And now you ask the question, "Mother, am I my own guide? Am I my own master? Am I my own guru?" Ask the question ten times because there are ten sub-plexuses within us.

Later on your own guru, which is your own Spirit, will guide you because you'll get vibratory awareness, a new dimension in your awareness.

You'll become collectively conscious. You'll become, again. It's not just a lecture but it is a happening. Please ask ten times, "Mother, am I my own guide? Am I my own guru?".

Now again put the same right hand on your heart and now you can assert by saying, "Mother, I am the Spirit". Just say that. On the heart, on the heart, put it on the heart, the right hand on the heart, where the Spirit is, where it resides, is reflected in your heart.

So just say, "Mother, I am the Spirit", with full assertion. You have to say that twelve times.

Now as the Spirit is guiltless, it never commits sins, it is blemishless, it is absolutely spotlessly clean, sparkling diamond within you, you have to raise this right hand at the base of the neck on the left hand side. We have to move on the left hand side, throughout. At the base of the neck on the left hand side.

This is a very important center, very important center for the Western people is through the neck, at the neck on the left hand side.

You put it on your shoulders on the left hand side. Just take it from the front, will be easier, yes; and press it hard. And at this center you have to say that, "Mother, I'm not guilty," sixteen times, because if you are the Spirit, how can you be guilty? But really you must say, "I'm not guilty."

Get away from all ideas that you have done this wrong or that, you have committed this sin and that sin. "Mother, I'm not guilty." Say it sixteen times, please. You are not guilty; you are just thinking like that.

By thinking you have made yourself miserable. There's not to feel guilty about anything.

Now raise the same hand on your forehead. Across. On your forehead across.

At this point you have to forgive others.

This is the center of Christ. He forgave the people who crucified Him. In the same way you forgive everyone. Forgive everyone. Please forgive everyone.

People say it is difficult to forgive, but if you don't forgive, actually what you are doing is you are harming yourself, and not the people who have harmed you. So just say, "Mother, I forgive everyone." From your heart. Whatever you are saying, is working out. So please say, "Mother, I forgive everyone." If you don't say it from your heart, it will have no effect.

Now put the hand on top of your head, where you had a soft bone, press it hard with your palm. And just move it a little bit, sideways if you put it is easier, in a clockwise manner – your head, your scalp – you can say.

At this point it is the liberation point, is that point where you get your moksha, where you get your realization. And I can't cross your freedom. At this point you have to say, "Mother, I want my realization, please give me my realization", at least seven times. Say it seven times.

[A] lot of a heat is coming out. That's a good thing. Let the heat come out.

Now raise the hand and see if there's a cool breeze or a hot breeze is coming out. First the heat will come out. You can change over your hand and see with the other hand.

With the right hand towards Me, with the right hand towards Me and [the] left hand on top and see if there's a cool breeze coming out. [Shri Mataji bends towards the public and puts the microphone onto Her Sahasrara]

You may change again your hand, whenever you feel like you can change your hand, and see if there's a cool breeze coming out. He's got it. He's a born realized. No problem with him. He is! Let him feel yours. Just feel him.

On top, yes. He's got it? Their certificates are correct. If they give you the certificate. You have got it, long time back. [She laughs]

Have you felt it? Not yet. Don't open your eyes. Keep your eyes shut. It will work out. You exchange your hands one by one and see for yourself. Put your attention there and see. You have to work it out yourself. Don't get disappointed and don't feel bad about it. Just go ahead with it. It will work out.

Now I'll ask some of the Sahaj Yogis to come and see and help you. Please come along. At the back of these people, you know, those who are sitting, can you see for that – this little one can find out about everyone. [She laughs]

Now here, keep your eyes shut. It will work out. Don't you worry and don't feel disappointed. It has to work out. It has to work out. Did you feel the cool breeze? Good. You have felt it already. Good. What about you? No?

Why, why are you so dejected? It will work out. John? Just try this gentleman. Now, don't think about it, just you keep in meditation. He's got it. The first one has got it. [The] second gentleman.

[Video interruption. Then video resumes with children around Shri Mataji on stage. Shri Mataji is distributing some food to them]

Shri Mataji: Now, what's your name?

Child: Anna.

Shri Mataji: Anna.

Child: [Indistinct]

Shri Mataji: Let's have him here, let's have him here. She's going to America now, she's going to America. [Indistinct]

Hello, William, come along! Come up, come up, come up. Take some chana. Be careful! Be careful. Come along. William? Come here. What about his teeth?

Yogini: Yes, he's already got two big teeth coming, Mother.

Shri Mataji: But how can he eat this, he will eat? Can he manage? All right.

Come from this side, all right? For you may fall. Now come from this side, all right?

We'll keep this one there. All right, now. Now. You take this. Do you want to have? Do you like it? Good! Will you have some more? Will you have some more in your hand? All right, you have it. What about you? Will you have some more?

Child: More!

Shri Mataji: More? Where is it going? In your stomach?

Now come along, come along. You have it. You go then digest it there. Digest it. Will you have this, first you eat that. Hm? Oh. Take this, take this.

Throw it away. Now, just come here. Come, come, come. Who is that? ... You all stand there... should not fall out.

Elizabeth? Will you have some more?

[End of video]

1983-0616, Talk to Sahaja Yogis

View [online](#).

16 June 1983

Talk to Sahaja Yogis

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Conversation in Le Raincy, before Public Program, Paris, France, 1983-0616

Sahaja Yogini: Gaspar?

She really wanted to meet you.

She's got her Realization.

Shri Mataji: Oh, I feel all of them are having vibrations in their hands

Sahaja Yogini: Yes

And the last one is Gunter

Shri Mataji: Yes.

Sahaja Yogi: Hello.

Shri Mataji: So now who has come from [inaudible] France? You?

Sahaja Yogi: Rome.

Shri Mataji: Who else?

Sahaja Yogini: Emma.

Sahaja Yogi: Emma.

Shri Mataji: Emma.

Now, who has come from north of France?

Sahaja Yogi: From Rouen, there is a group.

Shri Mataji: I spent the time to shake hands.

This time I could shake hands.

Shaking hands is good after Realization.

[Laughter]

Not before that.

Sahaja Yogi: Et les autres de Rouen? Les autres Sahaja Yogis de Rouen? [What about the Sahaja Yogis from Rouen?]

They have not arrived.

Shri Mataji: Then from Switzerland?

Sahaja Yogi: Some more from France, from Muhlouse.

Sahaja Yogini: Ils ne sont pas encore là. [They are not yet arrived.]

Sahaja Yogi: Nathalie? Téléphone pour toi. [A call, for you.]

Sahaja Yogi: Où sont les gens de Mulhouse? [Where are the people from Mulhouse?]

Sahaja Yogini: Ils sont pas arrivés encore. [They are not yet arrived.]

Not yet

Sahaja Yogi: André?

Shri Mataji: Andrei.

Marie: André vient! [André, come along!]

Shri Mataji: Andrei, I know. He's there.

He's from Switzerland.

Sahaja Yogi: No, he's not from Switzerland.

Sahaja Yogini: This one.

Sahaja Yogi: French.

Shri Mataji: Which one?

Sahaja Yogi: From France. He's coming from France.

He's coming Mother.

Shri Mataji: Ah, sorry.

Sahaja Yogi: Serge from, from Poitiers.

Shri Mataji: From where?

Sahaja Yogi: Orléans Mother.

Shri Mataji: Orléans?

Sahaja Yogi: Patrice, Bordeaux, south of France Mother.

He's not a Realized soul.

Shri Mataji: All right.

Another Sahaja Yogi: Everybody knows him, Mother.

Shri Mataji: All right.

So.

You are from?

Sahaja Yogini: Italy.

Shri Mataji: From Italy, of course.

Sahaja Yogini: He's from Sicily.

Shri Mataji: Sicily, yes.

Sicily, we have people in Sicily.

Shri Mataji: Now, from Switzerland.

Let's see all of them.

Not those I know but new ones.

Sahaja Yogi: José.

Shri Mataji: What's her name?

Sahaja Yogini: Dominique.

Shri Mataji: Dominique.

I saw someone standing.

Is he there?

Sahaja Yogini: They have already met you at a puja in London. Both of them.

Shri Mataji: Let Me see [inaudible]

Sahaja Yogini: They came to a puja.

Shri Mataji: Yes, yes, yes.

What's her name?

Girl: Ginette.

Shri Mataji: Ginette.

Hello Nathalie.

I'm happy Robert could come.

His exams are over.

Sahaja Yogi: No Mother.

Shri Mataji: Not yet?

Sahaja Yogi: Tomorrow I have one.

Shri Mataji: Then you have to go.

Sahaja Yogi: Yes.

Shri Mataji: Oh, then you're not for the puja.

Sahaja Yogi: I have to leave at seven twenty, I have a train.

Together with Gaston.

Gaston.

There's Gaston. He is also a Belgium Sahaja Yogi.

Shri Mataji: Is he?

Sahaja Yogi: Gaston.

Shri Mataji: That's all I've been asking.

What's his name?

Sahaja Yogi: Gaston.

Shri Mataji: Gaston.

Sahaja Yogi: Gaston.

Shri Mataji: Gaston.

So, he's also going with you?

Sahaja Yogi: Yes Mother.

Shri Mataji: Both of you. Oh, I see.

There is a girl, you see, called Valérie, in London. She's trying to make a picture [inaudible] guru suffering, you see, how people have suffered. And for a [inaudible], I said best is Robert to talk about the thing. Just one fellow woman, and we talked about it.

So she- I said after his exams he comes to London and meet her. Or she should come to Rouen; which way?

Sahaja Yogi: I will come to the Guru puja, Mother.

Shri Mataji: Oh, then she can do it, better, yes, Guru puja.

So you all know that Guru puja is on the 24?

Have you received the complete thing?

Sahaja Yogini: No.

Shri Mataji: Have you shown them, the new people?

Have you shown Robert and all these people about the puja?

Marie: No. I did even know, Mother.

Sahaja Yogi: Mother, I got a letter from Gregoire and he said it's the 28.

Shri Mataji: 24. Nobody has sent any letters here?

Sahaja Yogi: No, we've received one letter from Gregoire and there is - in the letter, it was one week later from the real date. So we have changed you know now, and we are translating it in French and we'll give it to everybody so they will know that there is Guru puja.

Shri Mataji: All the, all the details about it.

Sahaja Yogi: Only one paper, only one letter.

Shri Mataji: Macha?

Sahaja Yogini: Mother, they are been sent out of London I was just watching it and they were still being put on. So they'll be coming soon to the other centres.

Sahaja Yogi: Oh, I see.

[Inaudible]

There're some more packages here for information.

Shri Mataji: Yes, yes.

Sahaja Yogini: It's complete and being sent.

Shri Mataji: Now, luckily, you see, they got a nice place.

And of different prices level. So it will suit everyone.

Some people can stay in the rooms, some can stay in the tents, then they have large rooms. Like that, it will suit everyone and it's quite something out of taste, you see, it's quite good.

And it is away from London. I don't know how many miles. I could get wrong [inaudible], one hour's traveling and also from Brighton it is about half an hour journey, something. It's a triangle. And something, it's quite good they said. Luckily they got it when I was there. And they are very helpful, they are very nice and they are willing to give you nice food. But they have decided to have their own food, [inaudible] also, for two days.

Jessun [name unsure] is doing it and you know Jessun is very methodic.

He's doing it very well and he'll make you very comfortable.

Shri Mataji [to a baby]: Look at that now!

Shri Mataji: He's showing noses of everyone. See!

[Laughter]

You see, you used to do the same when you were a baby.

Did you do that?

To show noses like this.

Right?

Shri Mataji [to a baby]: Just look at that now.

The younger ones are interested in animals, you see.

Now he's two years, better.

Shri Mataji: What are your exams now Robert?

Robert: Pardon, Mother?

Shri Mataji: What are your exams?

What are you doing? Lots of things?

Sahaja Yogi: What subject do you take?

Robert: I have to study by heart all the buildings of Europe.

Shri Mataji: Hum?

Robert: All the architecture of Europe.

Shri Mataji: Ah?

Robert: From fourteen hundred till seventeen hundred.

Shri Mataji: It's interesting!

[Laughter]

Marie: No, that's mind.

Shri Mataji: No, it's not mind. I tell you, it's not mind. Because you had the styles, you know, repeated for years. The same style, more after [inaudible] all over the world you've been [inaudible]

Like in India, it's very different because they are spontaneous people. They have not formed any styles. So, they cannot make it into a form or a style, or you cannot say this period was a - there is little variation in everything. It's rather intricate.

Robert: I've also a course about Indian art, actually.

Shri Mataji: You have

Robert: But it's to study their architects

Shri Mataji: Hum?

What is that you have in Indian architecture?

Robert: Tressano.

Shri Mataji: Hum?

Robert: Trefandro, no?

Shri Mataji: What did you say?

Robert: I didn't study it yet, Mother.

Shri Mataji: But, you see, we have, I mean, I don't know how you will be studying it, but we had only, to begin with, we got these Greek people coming in India, you see? And they started teaching people how to – They knew only how to hew rocks and make

big, big temples and all that.

And then, these people came and started teaching us how to make houses of big, large, it's like palaces. We had palaces before also. But they taught us but the best part of it, they taught us how to the rock also. And in that they wanted Buddha to look like a Greek, you see. So, they gave him mustaches and also gave him shoes, you see. And the nose of Buddha is just like a Greek nose, you know, starting from here, straight down here, like that. Not like an Indian one. And Buddha sitting with his shoes on, imagine, with a mustache.

[Laughter]

And wearing the same type of a dress, you know that Greek cloth without any stitching, what people call that?

Sahaja Yogini: A toge.

Shri Mataji: Ah. And the hairs' style, we call it "linger shinary" in Sanskrit. And the same type of hairstyle that they wore at that time. They gave it to him, Buddha.

But they had rapports from India long, long time, thousands of years back.

Because, when I asked them: "Are you ready to call this bona saker?" They said: "We had a rapport from India for long, long time. Say, they said about six, seven thousand years back.

And I think it questions the time when Rama's children, both of them, Lav and Kush, went to- one went to China, and another went to the slav country.

The "swent" word comes from "se-ga". Lav was one of the eight Lankavatara "Kashapas".

The Slav. "Se" means "with Lav".

"Lav" was one day, one of the "Kashapas" [unsure]

And that was the source.

So, that's why the Chinese are called as Kushan. They are called as Kushan. Because he was Kush, imagine! And this must be thousands of years back.

Because, when I asked them: "Are you ready to call this this bona saker?" They said: "We had a rapport from India for long, long time. Say, they said about six, seven thousands years back.

And I think it questions the time when Rama's children, both of them, Lav and Kush, went to- one went to China, and another went to the slav country.

The "slav" word comes from "se-ga". Lav was one of the name for a lamasya [unsure].

The Slav. "Se" means "with", "Lav".

"Lav" was one day, one of the "Kashapas" [unsure]

And that was the source.

So, that's why the Chineses are called as Kushan. They are called as Kushan. Because he was Kush, imagine! And this must be thousands of years back. And that was the source. Even now, they say [inaudible]. It's close, there is a temple of Indulika [?] Devi, one of the Goddesses there.

Shilde [unsure].

It's very interesting this thing.

Alexander came much later.

Shri Mataji: [about a baby] He's happy with it.

They are all the same as children.

Give it to Barbara.

A little one. Thank you.

There's a fragrance actually.

They are all now going to America, Sahaja Yogis. Those who are asking to go, or would like to go.

Some are going to Canada and some are going to Europe, some are going to [?] some to Los Angeles and some to San Francisco. We are all trying to see that they are there, just to two of them work out. Let's see what happens.

Marie: Mother, we were wondering whether it would be good, as well as Alexander, to go.

Shri Mataji: That would be a very good idea.

Sahaja Yogi: [inaudible]

Shri Mataji: Very good idea, very good idea. You see, actually, we need people to help, no doubt.

You see, postering and all that has to be done, apart from that, there's, I don't know. Just, I'm thinking of [inaudible] one broadcasting from, I saw TV and everything, from this place, what you call, Los Angeles. Then, once it is done, then they say: "that thing will work out." If that happens, it will be better that we can really manage it, [inaudible] something. Because newspaper's people are extremely difficult - newspapers, in New York especially. They have very funny ideas.

Sahaja Yogi: Mother?

Shri Mataji: Hum.

Sahaja Yogi: Will it be possible to stay in some Sahaja Yogi's house if we go there?

Shri Mataji: Yes, I think so, you can arrange.

We should. We should be able to. They are all working but we don't have so many. Actually, there is another thing working out by Indians, you see, Modi is going. He's going to take one house and hire it.

Sahaja Yogi: And which town would you prefer us to go, Mother? Which part of America you would prefer us to go?

Shri Mataji: Anywhere, I mean, anywhere. But, because New York is the worst of all, so it needs more people-

Sahaja Yogi: So, New York.

Marie: Catherine settled here.

Shri Mataji: She's so fed up now. In one of her letters, she writes, "If you come to me, and then we just tell them a little thing that they hear all truth, they get angry. You tell them anything, you see, they have preconceived ideas, they'll say, "No, no, you can't get Realization like that". "How do you say?" All this, they have so much over-read and there have so many people in their heads, that it's impossible.

Sahaja Yogi: We have a good experience of that in Paris already, Mother.

Sahaja Yogini: Right.

Shri Mataji: Is it?

She said they are very clever.

Marie: [Inaudible]

Shri Mataji: She said they are not yet exposed to the truth at all.

For them it's like shopping, there are going from one place to another like that.

But, in other places it has worked, you see, so it should work in America also. We have to approve the right type of people, that I don't know what to do. But once there is a good broadcast, I think, people will start thinking about it. If they hear Me, they'll start thinking about it.

I gave him some nice- did you write down what I said?

Sahaja Yogi: Yes Mother.

Yes

Shri Mataji: Can you do that?

Sahaja Yogi: I don't have it with me, Mother.

Shri Mataji: No, no.

You should arrange something for people to go there. Aunty Christine has a house then that Herman has a house. [inaudible] has houses. And also you can take a house and hire it. As Modi is going, he is taking a house on rent.

Modi is a very dynamic person, no doubt. But, how far he will be successful in America? You can't say.

But his presence there might help a lot, I think.

Sahaja Yogi: Yes Mother.

Marie: It will help the Sahaja Yogis to keep Spirit-self. Definitely.

Shri Mataji: Yes, definitely.

Apart from that, you see, there are a lot of Gujaratis and he thinks that he can bring them round. How many Indians there are, I don't know. But he thinks so, that he might be able to speak to them and bring them round.

But lots of false gurus have left there, [inaudible] they have now gone to Los Angeles. So the people are carrying on with this. Those gurus are dead now, they are lost in- they are no more in Los Angeles, but these people are still having their [inaudible].

They can't forget these gurus.

You see, for them, now it has just become prestigious. What to do? So forget a guru means a prestigious thing.

Dany went there, I mean, they are all, Macha, Dany, then Christine, her husband, now working in New York.

Last time, we did a lot; working as much as possible.

But nobody used. You see, when I go there, definitely people come, no doubt. Even in New York, we had a lot of- even in New York, we had a lot of them, sometimes about [inaudible], sometimes unveiled, to two hundred [inaudible] Rosenwald, there were five hundred, six hundred people, but they think it's a lot as they were telling Me.

[To a baby]: Hello! Yes, yes!

Sahaja Yogini: Mother, some people have arrived from France, Christine.

Shri Mataji: Hello!

Another Sahaja Yogini: From Mulhouse.

Sahaja Yogini: From Mulhouse and some other girls.

Shri Mataji: I think the old people should go out and let the new people come in.

Marie: All right, Mother.

Sahaja Yogi: Mother, elder children from Paris?

Marie: Mother, you remember Jean-Yves?

Shri Mataji: Yes, yes.

Shri Mataji: So the new people seem to be much more solid.

Sahaja Yogi: Yes, Mother.

Shri Mataji: So, how are you? Are you [inaudible] now?

And there's a lot of now sunshine in France. There's a lot of bright future for France.

French people are taking to a lot of sad solutions because they thought they had no solution. Because they did not know that there is something very great awaiting above minds. And they indulge into all these things very much. But they must know that God has created this world and that he's going to look after you. He's going to bless us. He's going to give us all that is born of you and beautiful. The time has come. And it's for you all now to decide that it is God's work and how much you must dedicate [inaudible].

It's going to work for your forefathers because there will be blessed as they have given you life and for your progenesis.

So short! You said everything I said? [Laughter] French language is small. [Inaudible]

French language is very short.

So, now it is your responsibility, it is a very great responsibility. The world is standing at a very grave position because stupid people are using this world for a game and to play with it. And then to destroy it. So, it is for you to know what is false, what is real. And then you have to, after knowing it, you have to master the art. And then, you have to spread it to others. It's only you who can make them masters. And I'm sure it will spread like fire with you. It's for every place, every place, not only about France, it's every place.

Robert seems to be very unhappy about Germans' case already. But even, it should happen just trust Me, I know. We are gathering forces in Germany too. You see, once the Germans take to Sahaja Yoga, then nobody can stop it.

[Laughter]

They have still some funny ideas which will drop out by themselves.

There are lots of Rajneesh disciples in Germany, lots.

And now, he is in a mess himself you see. He has to get out of America. He can't talk. Because his voice is finished, he cannot talk. And they are trying to make out a case out of it. But he cannot talk. So, they say he is not teaching. A person who cannot talk, how can he be a teacher? So they have to- I mean they have decided to throw him out. And once he goes out in that way and he is absolutely exposed, then it might be that the people will turn right.

Of course, they can twist up many things by saying that he had been tortured and he is Christ crucified. Lots of things are working out. Like this new disease that has come now, AIDS, in America. I heard in England that ten thousand of people are suffering from that.

[Cut in the video]

But, just imagine, fifty years back, people were eating very [inaudible] they probably suffered, but nobody had cancer, nobody knew about it. All kind of funny diseases, like when they give oestrogen to a chicken. Those who eat that chicken, you get puberty at a very young age, one year earlier.

And there's one boy, at 18 years of age, I saw him, he got breast and half body like man and half like woman. So, this is so shocking. So by saying: "What's wrong. We can do what we like" all that is coming to an end now.

And Sahaja Yogis also should be very careful when they use all these medicines as far as- what you call- the chemicals are concerned. [inaudible] Not very strong medicines.

Try to use simple things. You don't really need much because you are all Realized souls. If you know how to master art of Realization, you don't need so many drugs [unsure]. But, I mean, in case you're getting some troubles also or something chemical, be careful what you use. Even the toothpaste and all little things that if you use for day-to-day life, you have to be careful.

Actually, I'm trying to test many things just to see how it is reacting. So that you people don't suffer with the after effects.

And so we will send you a circular to all of you here to know what is to be used for soap, for this and that. And also, I'm very happy that I could meet all the new people over here.

Sahaja Yogini: Martine, Mother comes from Strasbourg.

Martine and that's her mother, Indu.

Sahaja Yogi: Philippe, from Rouen.

Patrick from Bordeaux.

Sylvie from Toulouse.

Shri Mataji: So, the new people seem to be much more solid.

Sahaja Yogini: No, Mulhouse.

Sahaja Yogi: Sorry. Then Alain, from Mulhouse also.

She's taking care of them, Mother, Christine is taking care of them.

Jean-Pierre.

Bernadette.

Sahaja Yogini: Cécile.

Sahaja Yogi: Bernadette. Mulhouse also.

Shri Mataji: So nice to see you all here.

Sahaja Yogi: Some more.

Nicole.

Lausanne Mother.

And Joël, he has not come.

Shri Mataji: I would say that for those who have come for the first time should sit inside and the rest should go outside.

Now, the task [unsure] should be understood. When you'll become aware of it, you'll be surprised that God has given you all the powers. So, try to understand Sahaja Yoga in its essence first. And don't try to compete. Because you can't understand through your mental capacities.

So, one has to reach that state of awareness in which you really can understand and grasp it. It's something that is eternal. Because a new kind of a revolution is working on via Sahaja Yoga, which is the truth, actually. And the truth is such a great mirror

that all that has happened so far in history can be seen clearly. You will know who was right, who was wrong, what perception was correct what was wrong. Everything you will know absolutely separately as two compartments.

So, if you- if somebody tells you: "This is not good for Sahaja Yoga", don't get upset. You have willpower because you are young. You can accept anything. If you accept something, you can practice it in no time. You are the leaders of the world.

And you can after [inaudible] you have to humbly understand that God has created this universe and he has given all his powers.

And that he's so All-pervading, that he looks after you at every point and every minute. As a story, you discover all these things. It's such a fantastic vision that amazes [inaudible].

There is one little thing, I'll tell you, that happened then you can't [inaudible] it. I was in Bedford. Do they know the story of Bedford?

Sahaja Yogini: No, Mother.

Shri Mataji: I was giving a lecture, in front of 5 or 6 hundreds of people, in the town of Bedford.

And then, and a boy fell down, about, at least ten, fifteen miles away from that place. From a bridge, he fell down from a motorbike [unsure].

And he fainted.

So, people who saw him falling down, they sent for an ambulance.

So, they said: "How is it you're falling so low and you now talk? What's- how are you in that case? You're quite fine."

So, he said, "Actually, I fell down and a lady in white, an Indian lady in white came down off her car which was white and she touched me all over the body and I got cured. Except, she left a little part down below, saying that, "You come to me then I'll cure you."

And the doctors, everybody was so surprised and they published it in a newspaper.

And the second day, he has seen some of my photographs in the newspaper. He went into- to people, to police and said, "This is the lady who saved me." So, the newspaper people telephoned to Gavin to find out about me. And then Gavin said that, "You can find out from all these people that at that time, and even after that time, Mother was giving a speech in a hall." Before and after. And they could not explain they don't know about it.

But see the result of that was that the parents got frightened about it. And the boy never came to see me. And the people who were there also got frightened.

[To a child] Frightened, just frightened.

And they, you see, this fright has deviated them from divine life. There's nothing to be frightened about it. Because if the doors of heaven are opening we should enter into it, we have been waiting for that. Why should we be afraid or hesitating? Better get in!

And God is saying: "Aye! [Come in!]"

[Laughter]

So we have to enter it so that we enjoy, enjoy because this is what is promised, and it's given to you and it's very simple. Because God has not promised like politicians.

[Laughter]

He gives the true promises. And so, your duty now is to settle down. Especially in the West, there has been no idea about what spiritual life is. Even the Christ's life was organized too much and you know what has happened to him. So, it's a different area where we are working. But you are great, great people who are born here. Because you have to emancipate this ignorant world. So, the responsibility is even much more. Indian Sahaja Yogis don't have so much responsibility. You, people, have the real responsibility and real task. And as your friends have done it, you can do it also. I'm always with you. Always. And I love you very much. Whatever you want, I'm very ready for giving anything that you ask. Just you have to think of it and I will be with you. All powers are for you and all the angels are with you. All the powers of God and all the angels are with you. You must have faith in yourself that all is going to work out.

May God bless you all.

Beautiful.

It's touching me a lot to see you after millions of years. [Unsure]

I've been waiting for you and you have been waiting for me. It is such a meeting that you can just not communicate.

May God bless you all.

And I hope we have a very successful, very, very beautiful session in Paris. And a good puja on Saturday morning.

May God bless you.

1983-0616, Joy has no duality

View [online](#).

16 June 1983

Joy Has No Duality

Public Program

Société d'Encouragement pour l'Industrie Nationale, Paris (France)

Talk Language: English | Transcript (English) – VERIFIED

Public Program, Paris (France), 16 June 1983.

I bow to all the seekers of truth.

Since ancient times man has been searching the truth. He tried to search the truth in various forms of happiness and he discarded many-a-times because he found that happiness was not permanent.

For a short time he felt happy with something and then he found it also gave him great unhappiness.

Like a lady, she had no child so she used to weep and cry; and she had a child who later on disowned her.

Then human beings started seeking happiness by enjoying the power, the power over other men, the power over other countries, that also they were not very much satisfied. Their children started feeling guilty about what their forefathers did. Then the movement started seeking something subtler - was in the art and music.

That also had limitations. It could not give that permanent joy to people.

It is promised that one day you all have to have this permanent joy. And then they started challenging all such people who had prophesized and who have been promising that such a day will come.

So many reached the conclusion that there is nothing like joy, the life is all the time two sides of the waves. Like two faces of a coin, they thought happiness is always combined with unhappiness, like day and night.

Despite all these conclusions human beings did not give up their search.

They were seeking still, they indulged into all kinds of enterprises, jumped into all kinds of dangerous things, followed all kinds of cults and gurus, but they could not find that joy.

This joy resides within us in another realm of which we are not aware. At the human awareness we cannot feel that joy.

Human awareness is only judged by our mental projections.

All our experiences are based on our satisfaction of our ego, or our conditioning.

We project our mind, imagine something and start following that.

All human institutions are nothing but projections of the mind, which is a limited means.

We are identified with different kinds of ideas, thoughts, theologies, they are all mental projections.

All those who came from higher awareness also we dissolved them into these mental projections. Even the great scriptures were transcribed through this mental projection.

But this mind is a limited thing, which cannot enter into that subtle where we have to find the source of joy, the Spirit.

As you know that if you have to study Microbiology or Histology, you have to use a microscope. In the same way, if you have to know about the Divine forces and the Divine love, how they act, you have to become first the Spirit. The mental projection is a very dangerous thing sometimes, because it forms a big barrier away, very much away from reality. To transcend this barrier, one has to forget the mind for the time being.

But whatever is unknown is not divine.

If there is a mad man, he also has forgotten his mind but he is not divine. Or a person who is possessed is also not a person with divine understanding. So one has to understand that when it is said you have to know, it doesn't mean that you have to know through your mind - you have to know through your Spirit.

So it is most important that you have to awaken your Spirit within yourself.

Now we have so many artificial methods by which we start believing that our Spirit is awakened. Like in India we have one custom called Yagyopavit where we say that this child has now become a Brahmin, means a realised soul.

As we have among Christians the Baptism.

It is not a real happening. It is just an artificial drama. In the same way they have in the Islamic rituals; same in the Jews.

Every religion has this problem that they are indulging into artificial rituals. Now what is the real ritual? If we have to become the Spirit, it is definitely an evolutionary process. If it is an evolutionary process, it has to be a living process.

Logically that this real evolutionary process is beyond human beings. How did we become human beings from amoeba? Can you imagine we were all amoebas, small little, unicellular animals. And today we are human beings.

What did we do to become human beings? Nothing, it is all a gift. The whole thing was so spontaneous and living.

So whatever has to happen to you, has to happen spontaneously. All the spontaneous things are living. Nothing dead is spontaneous. So what is the criteria to understand how we become higher persons?

When we have become higher people than animals, we have a better, subtler awareness.

That is in our central nervous system, we can feel many things, which animals cannot feel.

If you bring a horse to Paris or to London or to any dirty place, it makes no difference to the poor horse. If you take him through a dirty lane, he will walk very nicely like a king.

But human beings can't just step, even one, one step forward in that lane.

So the awareness of the human beings have to rise higher, that you have to become something much more than what you are. That is what is Self-Realisation.

When you know your Self you must at least know what are you inside.

Otherwise, you don't know your Self. When we say: "I like this", "I like that" it is our ego, Mr. Ego that likes it, or maybe our conditionings that likes it. We don't know what we are using to like something.

Even when we say: "I believe", mostly the politicians use the word "I believe".

Now what believes is their ego, or their experiences out of their conditionings.

But it has no absolute value.

Like if there's a dirty thing everybody will smell it and say: "It's dirty".

As everybody who has eyes will be able to say what is the colour of this curtain.

But when we talk about these things, we are not talking of absolute things at all, because there is so much difference of opinions.

So logically again we have to know something that is absolute, and those who know that, all of them are staggering to that point.

All the chaos of the world and all the problems of human beings is very simple, because they do not know themselves. One brain is fighting another brain. Nationwise also some brains fight other brains. And this mind is surprisingly so funny, it tries to find out ways and methods of fighting only.

So there must be something God must have created within us, or the nature must have created within us, that we are not left in this transition period.

We are actually in a state of suspension if you see that. It is such a problem that people don't understand also what is to be done to be right. Because of mental projections our life is absolutely relative.

[Lady translator: "Absolutely?" Shri Mataji: "Relative". Lady translator: "Relative".]

We live relatively. And always we discuss things relatively, there's no absolute to say that this is how many times.

Like as a child I had learnt that in Paris there is a meter, which is an absolute meter and from that people can measure out how many times other meters are. And it is made of gold, which has very little expansion because of the coefficient is very low. [Lady translator: "Platinum, actually".]Platinum, sorry, platinum, sorry! [Shri Mataji laughs] Platinum, ha. It's very little coefficient. But the absolute has to be that which is not going to expand or going to become smaller, it is absolute!

Now from science you will know that we cannot reach absolute zero, in temperature.

We cannot achieve absolute vacuum.

Now how are we to achieve our Absolute, if this is the situation with ordinary material things? So first we have to forget that we can achieve it.

Now to say that also: "We have faith in God", now "We have faith in Divine and that will work it out" is also not possible.

Even faith in God itself is a mental projection. If you ask any atheist, he'll tell you it's only because you are born in a family which was religious, that's why you have become like this, otherwise there is no God.

When Lord Buddha came on this earth he found the problem very intricate about God. Everybody was talking that they know God. And everybody's God was different, and in the name of God they were raising wars.

So he decided that "don't talk of God anymore now". Because everybody wants to pocket Him.

"Better not talk of God at this moment when they are not knowing about their Spirit."

So He just talked of the Self, the Spirit. What He said: "Buddham sharanam gacchami"- "Buddham sharanam gacchami", I surrender myself to Buddha.

Buddha means the one who knows, the one who has the knowledge, means the realised soul.

In Sahaja Yoga also we go step by step.

First of all we have to know our Spirit, not through mental projection but with a spontaneous happening, which is a living happening. The thing that human beings cannot do.

Now what is that living process? Whatever I am telling you could be a mental projection of mind, again. So you must take My words as a hypothesis would be there for a scientist, with an open mind. And if it happens to you, then you have to take it as a law.

Now I say that within us lie these seven subtle centres. Some may say that it is not said in this book or that book; forget about everything now.

There are these seven centres, which reside within us, some in the medulla oblongata, and some in the brain.

Now these centres manifest outside, these subtle centres, the gross plexuses about which doctors know. These centres also control our endocrine systems. They have a much deeper significance than the plexuses, which are only manifesting on a physical level.

These centres also cater to our emotional being. They also cater to our mental being, and they also cater to our spiritual being. So whatever condition we are in, it is due to the condition of these subtle centres within us.

These subtle centres that are placed within us, you can't see with naked eyes or through any human machinery. They are energy centres and made of three types of energy within us, about which I'll tell you tomorrow.

But today we have to know that there are such centres within us and the most important thing is that within us lies another third power, which we call as Kundalini in Sanskrit language. Now this Kundalini has nothing to do from what place you come, country you come or whatever language you follow.

It is called Kundalini because kundal means 'coil'. This is an energy within us. This is the energy of desire, desire which is pure desire.

We have so many desires. We want to have a house, then when we get out we want to have a car, when we have a car we want to have a helicopter. [Laughter]

So as you understand economics, that wants are not satiable in general.

Now actually when this desire, which is the pure desire, is awakened, you get your absolute desire fulfilled, and the absolute desire is to become one with the whole. This desire is to become one with the Divine.

This Divine Power, I call It Divine, you may not call it Divine, but it is an All-Pervading Power. We come in the garden and see so many flowers; we take it for granted.

And when we see the flowers becoming fruits we take it for granted. How they have become fruits? Can we transform a flower into a fruit? We cannot.

But somebody, some energy has done it. That must be the energy all-pervading everywhere. And remarkably it has such a nice discretion, for example a mango tree will only produce mango, not apples.

So this energy which is doing all the living work of the world, all the autonomous work within our body itself, which has made us human beings from amoeba, this Power we have never felt before.

So when you get your Self-Realisation, for the first time you feel that Power, that All-Pervading Power of Divine Love. This you cannot feel otherwise.

It is very easy to believe into something false. We believe more into false than into reality [Shri Mataji laughs]. That appeals to us much more. But reality is the one we should try to achieve. If we have to feel this breeze, or this breeze of the Holy Ghost as they call it, then what are we to do?

Some people think that we should go for a fasting or vegetarian food or starve ourselves, or kill ourselves. Such people only can become thin and die, or become mad at the most.

There is no need to torture yourself. This human body is made with great understanding. It is beautifully, delicately made. It is made with great care, with a very special purpose, that you have to be the temple of the Spirit, that the light of Spirit has to shine within you. It is not for you to venture into all kinds of funny things that human beings are doing.

I don't know if you have heard of a terrible disease in America called AIDS that has come in. It is spreading very fast and it is the result when man has said: "What's wrong?" "If I cut my nose, what's wrong?"

But can you even create one cell of your nose? We have no right to disturb this beautiful mechanism that God has given us.

We have to respect ourselves, because you are the epitome of this creation. Only you are going to become realised, not the chickens.

Let us be kind to ourselves than to others animals and things; and to other human beings. That is much more important, because this is the precious flower that God has created to become the fruit.

Many people ask Me a question: "How is it in ancient times, people had to work very hard and only one could get Realisation?"

In ancient times if you had to go from Paris to London you would never reach. But today how easy it is that we are even going to the moon! Whatever has grown outside so much has to grow inside also.

And the tree that is grown so big if it does not look at its roots it is going to fall off and get destroyed. Same thing is going to happen to our modern civilization if it does not bother about its roots, and tries to develop those roots on which this tree is standing. [Lady translator: "Sorry, Mother?" Shri Mataji: "Tries to develop those roots on which the tree is standing".]

Also I must tell you when there is a blossom time there are thousands and thousands of flowers, but when the tree is just planted you might get one or two. Today so many great souls have taken birth to become the fruits.

That is the reason why we are having en masse Realisation. Thousands of people are getting Realisation and settling into it.

Today I have told you as an introduction to Sahaja Yoga - Sahaja means, saha means 'with', ja means 'born'. It is born within you. And Yoga means 'union with the Divine'.

So it is the right of every human being because this is born within him, to have the spontaneous yoga. This is not a new method.

Like a seed that sprouts, your Kundalini also gets awakened. But in the olden days it was available to very, very few people. But now the time has come for all of you to have it.

Tomorrow I will be telling you about the three channels and the three powers within us, and about the Spirit that resides in our heart.

I hope within these three days you all will get your Realisation.

But the problem is that people again start putting mental projection on Sahaja Yoga also. Or they want to avoid themselves. They are afraid of the reality, they are afraid of themselves.

I must tell you that you are the most beautiful thing. You have to just discover your glory within yourself. Once you discover that, you'll forget all these thoughts which make you so hopeless.

After all we have to know that if God has created us, He has to jolly well look after us also. And if He is God Almighty, He is the One who is going to save us all. Otherwise His creation will be destroyed.

Sahaja Yoga has worked wonders and I hope in Paris, if it works, it will be a very great thing for the whole of Europe. Around Paris we have many Sahaja Yogis, but those who live in Paris live in another world I think. They come to My lectures, perhaps they'd like to have some mental projections here also.

But I request you, you'd better have your Realisation. Whether in Paris or anywhere you'd better have it. And settle down with it. You will enjoy your own powers and the powers of the Divine. You will know all the Divine laws expressing themselves within you.

Then you will know that all the Scriptures of the world can be proved to be true.

If a blind person tries to understand the colours it is so difficult to explain. In the same way, unless and until you have Realisation, you cannot understand any Scriptures.

May God bless you.

May God bless you all tonight, and I hope tonight we'll try to achieve that Realisation, but it is not that once you have achieved it you are permanently there, because, you see, people in modern times are very wobbly.

And so many things have gone into their heads that they are lost. So it's better to find your Self properly. And for a change give some time to your Self.

May God bless you all.

If you have any questions, today being the first day, I would invite questions if you have, but ask sensible questions, not like: "In this book it is written", and "he says so", and.... No quarrel any more.

Just ask a honest question to yourself: "Have I found my Spirit? If not, let me find Him."

Also you know you say: "I've been finding out, and finding out" but if I say: "It is just here, why go about with your seeking? It will just happen to you in a split of a second. There is nothing to be nervous about it.

It's a beautiful happening because this is your Mother. She doesn't create any problem, but solves all your problems, physical, mental, emotional. Sahaja Yoga has cured cancer, myelitis, all kinds of incurable diseases.

And I'm sure it can also cure this horrible disease, AIDS. Once you become realised you can cure others also, and give Realisations to others.

Today I've met many people who are from around Paris, whom I'd never met before, who are realised and nicely stationed in Sahaja Yoga, as masters of Sahaja Yoga. This was such a great joy for Me.

Thank you very much.

[Aside to lady translator: "Can you..."]

[Applause]

[Aside to lady translator: "...very hot for people. Very hot for the people, as they are all perspiring."]

[Some man whispers: Mother...]

Shri Mataji [to the lady translator]: Ask them for the questions.

Translator: Mother?

Shri Mataji: Let them ask the questions if possible for about 5-10 minutes.

Nick? Please go for the microphone.

What he says?

Translator: He would like to know the source of Sahaja Yoga.

Shri Mataji: [Shri Mataji laughs, laughter] Ah, it is something that has no source. It is source-less.

Yes, please?

Lady: Is awakening ever accompanied by fear?

Lady translator: Pardon?

Other lady: Is awakening never accompanied by fear?

Lady: Is it ever accompanied, I said.

Other lady: Ever.

Lady translator: Is awakening ever accompanied by fear?

Shri Mataji: No. Never. I mean, people have given you such horrible books about Kundalini, I'm Myself shocked. When I read about it, I could not understand what are they up to.

But supposing say, you put your fingers in the plug and then you say "I got a shock", one would say that, that was, that means you do not know how to handle electricity.

But it is much more than that. If a person who raises the Kundalini has the authority from the Divine, it will never, never harm, whatever way he tries.

But such a person himself has to be a pure person. If such a person is interested in your money and in your purse, then it has nothing to do with God. You cannot purchase it, you cannot purchase God or Divine, you cannot pay for it. So those people I think, who have tried I mean, really sinister to do such a harm to people.

Of course in some people it does not rise that fast. If you have problems, say if you have liver problems, then Kundalini will go and show the pulsation at that point.

And some people who have been to wrong type of gurus, or wrong type of cults, may behave in a way that is very funny sometimes.

We have had very funny experiences say for T.M. people, if they are sitting before Me and I try to awaken their Kundalini they start jumping on their seats. [Laughter]

Not all but some did, for a while, but then they settled down. And some people who are called as orange people, also start jumping a little bit [laughter]. It happens, a little reaction comes to some people. But doesn't matter, as long as you are attentive, it works out, it soothes down.

Sometimes people feel little heat on the hands, specially if you have a liver problem.

And when the Kundalini comes out, She first throws away little heat from your head, not much, but little heat. But ultimately cool breeze starts coming out of your head, and you feel the cool breeze moving from your hand also.

But you need not worry, we know all the permutations and combinations of these complications.

Yes.

Question [translated by lady translator]: By which way... What is the means...

Shri Mataji: By which way...

Lady translator: ...of awakening Kundalini?

Shri Mataji: That's a good thing. I'll just tell you after we start. Eh? [Laughter]

Question [translated by translator]: I'll try to make it shorter. It is, once you are realised, once this, that power, the energy is awakened in you, how to interpret the words of Christ: 'Love thy neighbour as thyself, love each other'? Does it mean we can love each other totally?

Shri Mataji: Ha, that's the, that's the real question, I must say. That's how you love your neighbours, isn't it?

Because you become collectively conscious, not through mental projection again, but you just become collectively conscious.

So that supposing the gentleman, he asked Me a question, he has a problem on his throat. I can feel it on My hands that he has the problem [Shri Mataji shows right index finger]. On My fingertips I can feel it, on the fingertips as they say. And that also if I know how to cure that problem I just cure you.

This is exactly what Christ said, that you become collectively conscious. How could He tell to these fishermen what is collective consciousness is?

So symbolically He said that: "You love thy neighbour as yourself", which is absolutely impossible, because it's a mental projection.

You can love up to a point, but not absolutely.

But when you become part and parcel of Me, then supposing if this finger is troubling Me [right index finger], I must rub this finger, otherwise I don't feel all right. And if I'm rubbing My own finger I do not feel anything that I'm obliging it, or trying to do good to it. Because I love My finger as Myself. [Laughter]

Only after Realisation you will understand what Christ has said. You know how we have been loving each other and every country has been loving each other. And what Christian nations are doing to each other. You can see clearly that they didn't understand the meaning of that.

We cannot follow Christ unless and until we become twice born. We cannot follow anyone because it's again the same mental projection.

Question [translated by lady translator]: How can You explain this mass phenomenon of Realisation and at the same time the extension of human suffering?

Shri Mataji: Extension?

Lady translator: Of human suffering.

Shri Mataji: Extension?

Lady translator: The fact that human suffering is becoming more, greater.

Shri Mataji: Unless and until it becomes like that, people are not going to take to something greater. You see, human beings are suffering because of themselves. When they suffer they only start thinking of the remedy, or they take it for granted. That's why Christ has said that a rich man cannot enter into the Kingdom of God, because a man who is materially very, very equipped is so satisfied with himself that he is not bothered about his seeking.

All right?

Now, should we have the Realisation?

Yes, one more.

Question [translated by lady translator]: Do you have a lot of disciples in India or only in Europe?

Shri Mataji: Oh, I have many, many more in India, thousands of them, but they are in the villages. Our cities are still lingering with other gurus who need money. As long as they will have money, they would like to purchase the guru [laughter], and they can't purchase Me.

Still we have at least about five, six thousand Sahaja Yogis in Bombay, at least, and in Delhi about three thousand or maybe more, I can't say. Because we are not organized. We do not have any written names or memberships or anything. It's a living organism, that's all.

Question [translated by lady translator]: Are they all realised beings, your disciples?

Shri Mataji: Ah, yes, of course, of course [laughter]. They are not only realised but they are mostly masters, otherwise we don't call them Sahaja Yogis. Those who just get Realisation are not Sahaja Yogis, but those who know the knowledge of Sahaja Yoga are Sahaja Yogis. They could be small little children also.

Question [translated by lady translator]: Do you have to become a disciple of Shri Mataji to have that Realisation?

Shri Mataji: No, no, you just become My children. [Laughter] I'm not a guru. Actually I have to look after you, and as a mother you know it's a thankless job.

So it is nice to be a mother and the mother is always the person who guides the children. She may guide them to hell or to heaven. [Shri Mataji laughs]

You don't have to become any disciples or anything. It is you, it is your own desire, it is your own development that makes you understand Sahaja Yoga. It has nothing to do with any formal sort of application or formal sort of an enrolment.

[A question is asked. Lady translator answers: "Exactement", exactly. Laughter]

Shri Mataji: What she says?

Lady translator [translates the question]: Just being in front of You then one can become realised?

Shri Mataji: Of course, But to become Sahaja Yogi you have to work. It's true.

Question: Shri Mataji, you told us that all human institutions are rather mental projections.

Shri Mataji: Yes.

Question: Would you say that how these people who are trying to create another world, a better world or something like that, are just using that... [indistinct]?

Shri Mataji: Yes, it is so, I tell you. Everything.

Seeker: [Indistinct].

Shri Mataji: Yes, something, you see, it is doing some good, but it is a mental projection in the sense that supposing those who are trying to do good, you see, to others... Now, as I told you that I look after My finger, you see, I'm not doing any good to it, nothing; it's my own finger. That should happen to you.

You see that all these, I feel, you see, in early days I used to look at these people how they are. They are so conscious that they are doing great work, you see, they are very great people, all sort of nonsense exists in their head, you know?

They are not the people who really love in the sense they are doing it just because the love flows, you don't have to say it, it just flows. You don't have to do anything, it's just flowing.

Like there is a big Ocean of Love, all right?

And there is somebody who is artificially trying to console you. I mean, put him in the Ocean and let him enjoy [laughing], simple thing!

It is such a mental projection, I'll tell you how is it that - for example now there's a big problem between capitalism and communism.

Now I would say I'm a great capitalist, because I have all these powers available to Me, and I'm the greatest communist because I can't enjoy them, I must distribute them [laughter].

Those who have no money call themselves capitalists and those who really do not distribute call themselves communists. [Laughter]

Moreover, once you say that you are a capitalist then why do you ask for anything? Then you are on top of the world, you are like a king!

For example, if you ask Me, I can go and sleep on the street, I can live anywhere. I don't need any comfort. A realised soul is a king for ever, he doesn't need anything; he's not a beggar of anything.

These dissatisfied people how can they be capitalists? So all of them are misnomers. I've heard of so many kings who were misers, can you imagine? And some were kleptomaniac [laughter]. How can you call them kings?

Is all self-opinionated, self-appointed business. For a realised soul [Shri Mataji laughs] they are not kings at all.

All right.

Now let us have it.

Now, how we do it?

As you can see here, these fingers it represents our seven centres, five, six and seven - on the hand you show.

Same on the right-hand side, we have five, six and seven.

Of course the medical science accepts that these are sympathetic endings

[Translator: "Sympathetic?".

Shri Mataji: "Endings".

Translator: "Endings"].

They are honest, because they don't know anything further.

So the left and right both combine together like this and make a centre like this, as you see My hands. Now the third power flows through this and gives you Realisation.

But when She moves, if these are not properly set, or there is any problem, then it soothes that part of the centre, nourishes it, improves it and dilates it. And then rises higher.

So, when the Kundalini is awakened, actually what you do is to spread your hands towards Me like this. And all these centres can get the information. And they inform the Kundalini. Somebody who's authorized is here. And then the Kundalini rises.

At the end She pierces this area, which is called as the Brahmarandhra. This is the area of fontanel bone where you had a soft bone in your childhood. Of course there's a big mechanism that works it out. About that I'll tell you tomorrow. And then you start feeling the cool breeze of the Kundalini in your hands.

Now, Kundalini is the Holy Ghost that is described in the Bible.

So you start feeling the breeze, cool breeze of the Kundalini coming out of your head. So if you little bit cooperate and understand Me, in the sense you have to put your left hand towards Me and right hand towards Me to begin with, and then keep your eyes shut, till I ask you to open. Take out your glasses also, please.

If you have anything tight in your body, anywhere, little bit loosen it.

Put your hands towards Me like this, sit erect but comfortably, not pulling back your neck or forward, just in the centre. Don't try to fight with your thoughts.

Whatever thoughts are coming let them come. Suddenly you'll find you have become thoughtless. Moreover, you yourself can establish your awakening when I will tell you how to use your right hand.

Keep your left hand towards Me, and both the hands towards Me just now; later on I'll tell you how to put your hand, right hand on different centres on your body.

[Shri Mataji raises Her left side on the right side]

Now keep your eyes shut, please. As your Spirit resides in your heart, you have to put your right hand on your heart.

Now you can ask Me a question by saying in your heart: "Shri Mataji, am I the Spirit?"

If you cannot say Shri Mataji, you can say Mother.

You just ask the question.

Now, bring this right hand down on the stomach on the left hand side. And press it where is the centre of your mastery, or of your guru. I mean, the Guru principle in you has to be awakened first of all.

Because you are the Spirit, you are also the Guru, the guide of yourself. So now you ask the question: "Shri Mataji, am I my own Guru?", or else "Mother, am I my own Guru?"

Please ask ten times.

Ten times because there are ten sub-plexuses in the solar plexus, and the same number of petals in the centre, subtle centre called as the Nabhi chakra. Meaning the navel centre.

So please ask ten times: "Mother, am I the Spirit? Am I my own Guru?"

With full confidence you must ask.

Please keep your eyes shut.

Because if you don't keep your eyes shut, your Kundalini won't rise.

Now, don't open your eyes please, and put your right hand again on your heart. And say it with full understanding and full confidence: "Mother, I am the Spirit. Shri Mataji, I am the Spirit." Please say this twelve times.

[To the translator:] Loudly: "Please say this twelve times". With full confidence. You are the Spirit, no doubt, you are the Spirit. You have to just assume the situation.

Your Spirit, which is the witness of the play, has to come in your attention, in your central nervous system. It has to manifest through your central nervous system, enlightening your fingertips.

The whole being is enlightened.

Now, as you know, the Spirit is without any guilt. It is blemish-less, spotless, immaculate. So you should not have any guilt. This is a very common disease, specially with the French that they feel guilty for nothing at all. They do a wrong thing, feel guilty, and a vicious circle is built in.

Now to break the vicious circle we have to just say: "Mother, I'm the Spirit and I'm not guilty at all."

"I'm not guilty at all" "I'm guiltless."

This you'd better say sixteen times.

And if you have a habit of condemning yourself, better say it thirty-two times as a punishment [laughter]. For this, saying this, you put your right hand, raise it on the left side of your neck, at the base of your neck.

And now please say sixteen times: "Mother, I'm not guilty." I'm talking about the Ocean of Love, the Ocean of Compassion, the Ocean of Forgiveness. So now, what guilt you can have, which cannot be washed away by that great ocean?

So open your heart and say that: "Mother, I'm not guilty at all." Joy will start pouring in.

[Shri Mataji blows on Her left hand]

You are all still feeling guilty. What is your guilt after all? Please say it sixteen times with all sincerity, and belief, and faith.

Too much, still. [Shri Mataji blows into the microphone] This microphone also is feeling guilty I think [laughter].

[Shri Mataji blows into the microphone]

Now better. [Shri Mataji blows into the microphone] Better now. [Shri Mataji blows into the microphone]

Now put the right hand - left hand towards Me, and right hand across your forehead without opening your eyes, please.

At this time you have to say for this centre that: "I forgive everyone. Mother, I forgive everyone. Shri Mataji, I forgive everyone."

Now some may think that it is difficult, but what is difficult? After all it is a myth. If you don't forgive anyone, you are torturing yourself for nothing at all. But if you forgive someone, that means at least you are not playing into the hands of the other person. So just say: "Mother, I forgive everyone".

Everything that we do in Sahaja Yoga is open, there is no secret. So is to be done openly as to say what you have to say, is that "I forgive everyone".

Now put the same right hand on top of your head. Press your fontanel bone area, where you had a soft bone, with your palm, and turn it clockwise - where you had a soft bone, clockwise. And turn it clockwise.

Now, at this point I cannot cross your freedom. If you don't want your Realisation I can't force you.

At this point you have to say: "Mother, I want my Realisation, please give me."

Or: "Shri Mataji, please give me my Realisation." [Shri Mataji blows on Her right hand] Say it seven times.

[Shri Mataji massages Her Sahasrara]

Now see that you say it from your heart, because that's your heart centre represented there, at that point.

[In a very low voice: "Now"]

Now you can raise your hand about four inches and see if there's a cool or a hot breeze coming out. If not you try the other hand, by putting right hand towards Me and putting the left hand there. Try with your left hand now.

Put right hand on your head [Shri Mataji massages Her Sahasrara] then left hand on your head, putting alternate hands towards Me.

First you'll feel some heat coming out.

Raise it your hand, raise it a little and then you can feel it.

Better.

You can change your hands and see. Hot. Very hot. Think is too much, but they'll be all right. Agnya is there.

You have to forgive, forgiveness, forgiveness very important. You are catching on the centre of Christ.

Better now. It's coming out.

Lady translator: A bit itchy, but...

Shri Mataji: It's very minute. [Shri Mataji rubs Her hands and blows on them]

So, now you put your hands down and see if you are feeling any cool breeze in the hands. You may open your eyes.

You'll find you have no thoughts in your mind. So without thinking you can watch.

You put your hands up and see if you feel the cool breeze.

Now ask a question: "Is this the cool breeze of the Holy Ghost?" Ask this question thrice. [Shri Mataji repeats several times: "Aham Sakshat Adi Shakti, Aham Sakshat Adi Shakti, Aham Sakshat Adi Shakti"]

Are you feeling it now? Good.

Now bring it down, on your hands also you'll feel it. Now close your eyes. And it's very subtle. This is the first time you are feeling the subtle breeze and you are becoming subtler. You are relaxed and there is no thought as you can see clearly.

Close your eyes and don't think and enjoy yourself. [Aside to the lady translator: "See? Many have got it now"] Don't think. [Aside to the lady translator: "All right. Good." Lady translator: "It's better" Shri Mataji: "Working out".]

It will be there but you have to settle it down. Again tomorrow and day after tomorrow I'll work it out. And then you have to learn it how to raise your own Kundalini, and others' Kundalini.

We have our centres. It is all free for you to come there. Please contact the people who are in the centre and develop your powers of Spirit.

Those who are enjoying should enjoy it.

[Aside: "So many of them are feeling this. It's tremendous today. (Shri Mataji touches Her Sahasrara) Good, it's better. Good! It's good"]

Now don't doubt, please don't doubt. It's a very subtle thing and doubting will again make you gross.

Just try to feel it. Also don't doubt yourself. Sahasrara there. [Shri Mataji makes bandhans on Her Sahasrara, then: "Hm". Then She massages Her Sahasrara, then: "Hm".]

It comes and goes with some people, doesn't matter. Some people have it on the right, some have on the left - doesn't matter. In three days you'll be perfectly all right. Also bring your friends. Thank you very much.

1983-0617, Two Energies within us

View [online](#).

17 June 1983

Two Energies Within Us

Public Program

Société d'Encouragement pour l'Industrie Nationale, Paris (France)

Talk Language: English | Transcript (English) – Draft

Public Program Day 2

I bow to all the seekers of Reality. At the very outset I have to very humbly apologize for getting late, because of the traffic was very funny today. I hope you understand. [UNCLEAR] to reach at the point where one has to reach perhaps.

Yesterday speech I tried to explain to you how we live with our mental projections only. And when we try to go beyond that, we get involved where we are not actually beyond our mind, but our mind gets overshadowed. As I told you yesterday today I will be telling you about the other unknown energies that are within us. Yesterday I told you about the energy of pure desire, which is the Kundalini, which is resting in the triangular bone, called as sacrum. And today I've met a newspaper gentleman from [MELOS] and he told Me that during twelfth century people used to give awakening by [CLEANSING, PIERCING] this sacrum bone, among Christians.

This bone is called as sacrum means sacred. And when I went to Greece I asked the Greeks: "Why do you call it the sacrum bone, sacred bone?" They said that they had a report with India, thousands of years, back where they discovered that this bone is a sacrum bone, having the power by which we get our Self Realization. They knew a lot about the Primordial Mother, the Primordial Power, the Holy Ghost. Even the word "ascent" comes from the word "atha", in Sanskrit it means primordial. And even the name Athena means the Primordial Goddess.

But as the time passed they created all the Gods and Goddesses just like human beings and the whole thing became very confusing. So today I am going to tell you about the other two energies that reside within us. The first energy is that blue one, which is, if you see actually, is on the right side of the brain, starting from here and going backwards. Now this is the energy of our desire, by which we desire. Energy of Kundalini is pure desire but this is the energy of our general desire. And when this desire energy finishes off, a person recedes. It becomes passive and habitudes and [RECEDES].

The right side energy, which is actually the yellow [BY] light energy is the energy of our creativity, of our action. So when we have a desire, we act upon it and that's how we use the action to fulfill our desires. These subtle energies express themselves outside as [CLOSED, GROSS] energies of the sympathetic nervous system, respectively left and right sympathetic nervous system. Now, with this energy, by one energy we desire and by another energy we act. The left side energy represents our past and the right side our future.

Whatever conditioning comes to us comes through the left side energy and whatever we think and plan comes to us from the right side energy. Now if we do not keep into moderation and we start moving with our attention towards the left side, by becoming subservient to someone who is devilish, or we condition ourselves very much, too much we indulge into promiscuousness and the perversions of life, if we become alcoholic and we take certain drugs which makes us faint or which makes us sleep, or we so-called worship God too much by singing His songs like mad, going mad about it, we start moving away towards the left. In the left side of our being there is collective subconscious also.

We have also our subconscious, the past subconscious and the collective subconscious so that whatever is there, through from our creation is in that area. Recently I saw a very good film by some doctors who were giving an explanation about the triggering of cancer. And they are very near what I have said long time back. They say that when a person is vulnerable to cancer, because

cancer is built in within us all the time, when we use too much of our sympathetic energy and the parasympathetic gives it the balance. But in case, if you go beyond the limit, as I showed you yesterday, if the centers break like this or if you move too much away from the center, then this is a vulnerable state of a patient.

That means that there is no connection left with the whole in that part and such a person is in a condition that the, that the cells are about to become arbitrary. According to these doctors that at this time a protein, a kind of a protein, which they call protein 52 and 58, attacks and triggers the cancer. According to them these proteins come from the area that is built within us since our creation. That means the attack is coming from Collective Subconscious. So all left sided movements, like going to wrong gurus, following dead practices, even maybe that people who go to the funerals too much, or those who are going to churches where there are dead bodies under their feet, or using black magic, spiritualism, charismatic movements, all sorts of these movements in which people get absolutely possessed, all the cults in which the so called disciples are just possessed, they cannot explain, they don't know how to do, people take to it so easily without even thinking what they are doing.

They don't want, also want to see, those who have been there, how are they, what is their condition, how much they can think for themselves. They just run into it, like a fashion close in. I live in a very elite society of London and everywhere. I have a double life. They don't know I have Myself known all these things. And they all discuss among themselves: "So which guru are you going this day?" So that they must get [UNCLEAR] going to this guru. All this has not applied that one as if it is that kind of doctor or some sort of a juggler, juggler's shows. It is very fashionable to talk like this these days, people don't talk of prays or anything, they talk of gurus.

These gurus are real parasites, they are not gurus at all. They put up a show, they are very calm, silent [UNCLEAR] people and as if they are really saintly people, they wear dresses like that. But only what they have is that they have, controlling some spirits. They know how to mesmerize and that's how they managed their show, they take all your money and once you are lost they are not concerned about it. All such people can get cancer, specially blood cancer, they may get epilepsy, they may become mad, because all left sided things affect the brain. The working of the brain is completely out of control.

Now, the right sided people are, are extremely ambitious people, they go on planning, they are very futuristic. I met some, they are so futuristic, that they have forgotten even their names, they have no memory left. And these people go on planning and wasting their energy on planning. For example today there [UNCLEAR] be a [TRACK] and whatever you may plan, whatever timing is that but you will reach at the same time when you have to reach. Most of the things that we plan are absolutely wrong, because future doesn't exist; it is the present that exists. But if I tell you, you be in the present, you cannot be, it's not possible. Because something has to happen within you by which you become still in the present.

A thought rises from your mind and falls off, another thought rises from your mind and falls off. It may come from the right to the left and left to the right, makes no difference. But in between these two thoughts there is a little gap and that gap is of the present. As you can see in the brain there are two institutions that are created on both the sides. Because of conditionings you create an institution for superego in the head. And on the right hand side, when you use too much of right hand side you create another institution for ego. Now these two, ego and superego, both of them are like balloons and when they cover each other, we develop our I-ness.

Now, the right sided person, who is a very dashing fellow and he tries to dominate everybody else and there are some mesmerizing procedures also by which you can make a person suddenly over ambitious. Hitler was the one who used these. He had his teaching from the lamas of Tibet. And imagine to what extent the Germans had to go. So now within us these two systems reside. For example when Freud talked about psychic He said about the left sided. Like he said that you should not get conditioned at all, what's wrong? Actually he was himself a pathological case, because most of the psychologists get pathologic. When they are in contact with all kind of mad people, they don't know how to protect themselves and they imbibe all their mental diseases within themselves.

And even he died of cancer. But imagine how he has sold away these western people. Indians considered him to be a half-mad man. I mean any wise man can see through, such absurd ideas. He had no sense of holiness, no sense of auspiciousness, no

sense of sublimity. He wanted to reduce human beings to the level of a sex point. And those who followed him are today suffering from AIDS. And where is he gone now? Can he save some? Today the press gentleman asked Me if the West is lost and what are the sins, what are the sins according to God. I said that I cannot give the list of sins it's too much. But I'll tell you about the virtues. As long as you have one virtue that you are a seeker and you want to become the Spirit, forget about your past. It doesn't exist for Me.

Like an egg becomes a bird, you'll become completely transformed and who is bothered about the blemishes on the shell of the egg. Now the, both the sides if you start using too much, we develop imbalances within us. A person who is too much ambitious, uses his brain too much, you'll be amazed, to give him a balance his brain doesn't go off but his heart goes out, he gets a heart trouble. On the contrary, the one, like a lady who cries too much, she's always miserable, and she's saying: "This is miserable, that is miserable", who suffers from the left side pang of life, who always says: "[I'VE A BIG HEART], others don't have a heart" loses her head. I don't know if it is a trend [UNCLEAR].

So here we are to understand that we have to be in the center, in moderation. That is how the great prophets came on this earth, to preach that we have to be in moderation. Abraham, Moses, Mohamed, they are all of the same personality. They represent the same person, the same divine principle, the principle of a master, guru tattwa as they call it. Now, when you have got ten valances within you, which are the Ten Commandments, and when, when you try to disobey completely, then you are a person very vulnerable to diseases, either mental or physical. Now in this area, as you see the greenish area, what we call as the void in Sahaja Yoga, resides these ten valances, the religion, the inner religion, not the outer one.

Like there are some people who are very fanatic, say in India we have people called Sikh, Sikh people. They are told not to drink at all, and not to smoke at all. But in England they drink much more than any Scotchman can drink. And they smoke so much that all the empty chimneys of London can be filled with. But they told that they won't bear a helmet while driving a bike because it is against their religion. And the poor Indian last Home Minister had a problem so I said: "You just tell them the one who doesn't drink and smoke needs not to wear." And you'll be amazed there was not one. This is the condition of fanaticism.

Now, look at the Christians. They go to church regularly, they take their baptism regularly, everything is done outwardly. But Christ has said very clearly that: "It is said in the Ten Commandments that: 'Thou shall not commit adultery' but I say, verily say thou shall not have adulterous eyes." Now, where are those Christians who do not have adulterous eyes? It's very nice to dress up nicely, to go to church and have your adulterous eyes moving [EVERYWHERE INTO CHURCH]. They are just doing what was told not to be done. Same about Islam. Same about every religion you'll find out. People are just doing some things out of fear but not out of virtuousness.

Sahaja Yoga is the only way. When people come to Sahaja Yoga they become the true Christians, true Muslims, true Hindus. I don't have to tell them: "[DON'T DO, YOU DO] this, or do that" they just don't do it. Because as your Spirit is enlightened in your attention it is the Guru principle. You become your own masters, you become your own Gurus. You don't need any other Guru. In the car just now one of the very great Sahaja Yogis told Me that: "Mother, this concept of being Yourself the Guru is difficult for people to digest, because now as they are without jobs, they do not want to take the responsibility of their own Guru". But on a very baser level also I would say Sahaja Yoga helps there. Those people who were unemployed and young, and they are made to sit without doing anything, idle, it's like imprisonment.

And the idle mind, it doesn't know what to do. That's why they break their legs in different directions. They tried all these gurus, these drugs and all that because they are unemployed. Young person has to be busy. Of course they have to have money, no doubt. But they get money all right, money, they have no [MODERATION, BOTHERATION]. But to get some money and don't work, they go frustrated. If you ask some of the politicians to be unemployed we can see what will happen to them. They will break each other's head, I think. But these young people what are they to do, what are they going to do now, how are they to live?

Then, we have people now, who have got into Sahaja Yoga. Some of them came under comas, you won't believe it, absolutely drugged and they got Realization. As a result of that their self-respect came. They tried to find out some sort of a work for themselves. They took to education and apart from that, they, what they did really was to come up to Sahaja Yoga to help others.

They became active and they said: "Now, we are employed by God". So even the unemployment problem is solved. That is how things can be solved if you find your Spirit.

Now, at a higher level, at the spiritual level, what happens to you? Spirit is the reflection of God Almighty. And when it reflects in our attention, one of its quality is that the Spirit is collectively conscious. So in our attention also we become collectively conscious. I said yesterday that our central nervous system becomes collectively conscious. So on physical level also you start feeling others. But it is not physical. Like a room is dirty and you have to clean it and clean it, and clean it. But there won't be any light. You have to enlighten a light there. By cleaning the room you cannot put the light there. But if you enlighten the light then the whole room gets enlightened. That means light is not the room, it's not physical.

Now the Sahaja Yoga that we are doing now, is first enlighten the light. And then let the people see within themselves what's wrong with them. It is much better to talk to such people who can see themselves clearly. Now if you tell somebody that: "You are very ego oriented", after saying that you must run with such a speed of five minute mile, because that person must come and really box you. But in Sahaja Yoga when they get Realization, they come and tell: "Mother my Agnya is catching here". That means my ego is growing like a balloon. After Realization you start feeling the tension of your ego on your head. You just experience it and you want to get rid of that ego. It is very interesting how people start seeing themselves and detaching themselves and telling what's wrong with their ego.

The second quality of the Spirit is that it is the joy, source of joy. You get out of the, get out of the duality of happiness and unhappiness and you start enjoying the joy in a complete space where there's no thought. For example now this Champs Elysees is a beautiful one. But if somebody sees it without Realization he starts counting all the things and how much it must have thought for cost, what is antiquity and all those things, which you'll think. Even the sense of beauty has become mental projection, men are used to only think. But for a person like Me when I see something beautiful I don't think. The mind becomes just like a ripple less big lake, like a mirror. And the joy that is created in that beautiful thing, completely reflects in it, and sometimes you feel a torrential rain of joy flowing down your being. And you get completely drenched. This is what the second quality of the Spirit is.

The third quality of the Spirit is that it is Absolute Truth. It is completely absolute. For example now if you want to know if, say, Michelangelo was a Realized soul or not, how will you find out? Sitting down here if you put your hands like this and ask a question: "Was Michelangelo a Realized soul?" and immediately you start getting tremendous vibrations. Whatever I'm saying you can get it like that, because like a computer you are and you get connected to the mains. Unless and until you are connected to the mains how can you work out your machinery? Like this instrument has to be connected to the mains, we can say this is the [COIL], [THAT, OF] Kundalini that is working here. And that [COIL] was connected to the plug, which was the Spirit and then the energy, All Pervading Energy started flowing through you. But one can doubt [THAT, BUT] when you receive your answers how are you to determine if this is true or not.

Now for example if you ask: "Is there God?", you'll get a cool breeze in the hands, whether you are an atheist or not. But how to make out, I will tell you a story. In India we had arranged a program in a place where there were very fanatic Brahmins. And I'm a Brahmin because I know the Brahma, I know the..., all this All Pervading Power, so I'm a Brahmin in real sense. But I was not born in a Brahmin family. So they refused, that I can't speak in that hall. But the boy, he said that: "All right we'll announce it in the newspaper". They were frightened of that.

I did not know about this story. But there were some people sitting in the crowd who looked very angry. So I asked, suddenly I said: "Those who think they are Brahmins please come forward." And all these people you see crawled up to the front. So then I asked them: "Put your hands towards Me like this". And they started shaking like this, and they could not stop their shaking. I said: "What's happening to you?" So they said: "Mother, now we accept you are the Power, that's why we are shaking". But I said: "Nobody's shaking. Why are you only shaking like this?" So they said: "We are Brahmins, we are more sensitive, that's why we are shaking". And there were five six people sitting in the front and they were also shaking. So they said: "Look at these, are also shaking. They must be Brahmins". I said: "Better ask them." They said: "We are not Brahmins, but we are certified mad people from the lunatic asylum." So this is it, that you see when we have wrong ideas about things, how is related. You can see that

those who were not Realized were not shaking so much as the mad, fanatic and the other certified mad, you see. They were not certified but they were mad, certified by the Divine as they were certified by the lunatic asylum.

So one has to understand that when you ask a question relatively you can also find out that whatever is truth shows in the hands as vibrations and whatever is false always shows maybe little burning, maybe little stinging or maybe numbness in the hand. Actually many people feel that: "Why should Mother do all this job? Who is She?" I've always said: "Better if you can do it I'll be very happy." I'm a very happily married woman and My husband would really be so happy somebody to do my job. But one has to understand that if this is so, somebody has to also decode. Somebody has to tell about the Divine, what is He speaking to you. If I can do that you should not be angry on that point. But I must say that I am just like an enlightened candle, which can enlighten another candle. As Alexander told Me that he is already, so all of them have felt the Realization. He is a young man who got Realization and he is giving Realization to so many. But he is not a half-baked person, he's not a half hearted person. There is one in India who was given Realization to ten thousands. And they have not even seen My face.

The other quality of the Spirit, that it is the attention of God Almighty that the attention of God starts working in us. That means Divine starts looking after us. Most of the Sahaja Yogis now say that miracle has lost its meaning in Sahaja Yoga. So miraculously people are helped that they cannot explain. If you have to write about them, I think I'll have to write ten volumes. You believe it or not but God is really Almighty. He is Ocean of Love and He really wants you to get your Realization and enter into His kingdom. He is so anxious that I'm Myself surprised how things are working out. And how He keeps you in His attention it is remarkable, how He helps you in every way. Of course spiritually, you feel completely relaxed, you feel very young, you look all very young and you are all the time a magnetic person, so dynamic.

The whole day you will work and you will not feel tired. Suddenly you develop a beautiful voice to sing, suddenly you become a great poet and you feel so blissful all the time. Jealousies and vanities, all disappear. And you become really a beautiful person. When the Sahaja Yogis come to the airport, you can see the vibrations, but you can see the flowers like this. You forget all the artificial barriers of race, cast, everything, everything you get rid of. And of course the highest thing is that you are absolutely contented in yourself. When I came first to Paris, people told Me: "Don't tell them, Mother, that you are a happy person." Because French people think those who are happy are ignorant. And when the people came, I said: "They are all 'Les Miserables'." Same people today are beautiful flowers, doing the work of God. Entirely you change, all your priorities change and you become a very secure, humble person.

You know then when to get angry and when to be humble. As so many Jews who never respected Christ, now know the value of Christ. So many Christians who never respected Mohamed Saab now know the value of Mohamed Saab. They are so knowledgeable. Like in America somebody asked Me: "Are they all, have they some doctorate?" It is so much inside the complete library of real knowledge, that we should not be illusioned by other things, which are unknown to us, as divine. When you become the Spirit everything is logical, everything can be proved. You can see the movement of the Kundalini at different points. Supposing this center is catching, you have to say Lord's Prayer, that's the mantra. So... Otherwise the Kundalini won't move. So everything that it is said in Sahaja Yoga can be proved, every word of it. You become the master, you know everything about it and you are so much blessed that you live in the Ocean of Joy. May God bless you!

You all can put your hands towards Me like this. Please put your hands towards Me like this. It's a very simple method as I told you that your fingers have those seven centers within you. Those who do not want to meditate should go away. It is better for us. It will be very fair. Put both of feet on the ground straight and be humble about it. This lady doesn't understand, [UNCLEAR]. If she doesn't want to meditate she should go. It is kind of you if you can go. Now please put both the hands straight like this. And... This lady is not [GOING OFF], very obstinate. Should go. Please, please go out that you disturb us very much. It should be fine. This is not proper. If you don't want to meditate then why should you sit here? You better go. Now this is too much. This is too much aggression. Please, please! Madam, please go! Thank you. You should not divert, that's not a good thing. You see, if you have come for the lecture, all right. Then after the lecture, don't want to meditate I'm not forcing you. But that means you should not force Me also, isn't it? We should be fair.

Also I cannot guarantee that you'll get your Realization; you have to be very humble. You should not have a shopping attitude

towards Sahaja Yoga. You have come here to get something for yourself. It's not for Me and you should not disturb others. Whatever you may feel you keep to yourself because you know Sahaja Yoga, it has thousands of people, all over the world. And you should not be troubling others because that's not a good thing at all. Whatever your ideas keep to yourself. Or you may write to Me about it, but don't force others. You are asking for the highest, but it is not any other lecture, it is a process of God's grace. And we should be really worthy of His grace. First of all if we don't respect ourselves, we can't respect anybody else. So first respect yourself and not to feel guilty, not to feel guilty at all about anything. Forget about all the things, everything that you have thought of. Just forget it. At this time nobody is a sinner. Everybody is a temple of God. That's how I respect you and love you. You also, please, respect yourself. Please, have no guilt in your mind. Know that God has created you with very great care and unlimited love. Now close your eyes. Just close your eyes and you'll start feeling the cool breeze in the hands.

Forget about your problems; they will be solved and resolved. Everything will be washed off and cleaned and redeemed. I can console you, I can comfort you and Sahaja Yoga redeems you too. But you should be ready for [IT]. Just keep your eyes shut. Now, please, put your hands on top of your head about four inches. One hand, one hand, right hand. Left hand towards Me. Little higher and see if there's a cool breeze coming in. First a hot breeze will be there. Put the hand parallel to the ground, facing upwards, on your lap. Put the hand on your lap facing upwards, facing upwards. Now please see if there's a cool breeze coming in or if hot is coming out. [Sakshat NIRMALA repeated several times]. Now you can turn your hands otherwise: right hand towards Me and left hand in the air. [Sakshat Moksha Dayini repeated several times] See if a cool breeze is coming out of the head. All right. Are you feeling the cool breeze? You put your hand up now and see. Straight like this, towards Me.

1983-0617, Newspaper Interview

View [online](#).

17 June 1983

Interview

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Newspaper Interview, Ashram in Le Raincy, France, June 17th, 1983

Shri Mataji: I beg your pardon?

Journalist: [Inaudible]

Shri Mataji: All right, she will translate it. Thank you.

Journalist: Alors ma Mère, je représente un journal d'Alsace, L'Alsace, à Mulhouse et je suis Réalisé à Mulhouse mais je viens vous parler en tant que journaliste.

Marie [translator]: I represent a newspaper in Mulhouse. I come to talk to you as a journalist but I got my Realization in Mulhouse.

Shri Mataji: All right, you come here, I think that would be better. Because if you have to translate him to Me and I'll be able- I'm very happy to meet you and to hear that you have come from Mulhouse and we have some Sahaja Yogis in Mulhouse. They have not been there. I'm very happy you could come here and I'm very happy about it.

Marie: He is very happy and very moved to meet you. And before starting the interview he'd like to ask you if you, one day, think you will come to Mulhouse.

Shri Mataji: Yes, I will definitely. But first, I must apologize for getting late because he knows that my grand-children just arrived so I was late. So, please apologize. I will definitely come one day to Mulhouse, no doubt.

Marie: You are the master of time.

Shri Mataji: Thank you.

Journalist: On vous nomme Mère. Est-ce parce que vous avez réactualisé le Sahaja Yoga ou parce que vous vous dites l'incarnation de la Vierge Marie ou pour ces deux raisons à la fois?

Marie: People call you Mother, is it because you have re-actualized Sahaja Yoga as a reality or because you are the reincarnation of the Virgin Mary or for both reasons?

Shri Mataji: It's a very direct question. [Laughter]

And if I say "yes" to both answers, I don't know what will be the reactions. So, I'm rather worried to say. Because they crucified Christ and I have to be tactful.

Journalist: Le mot "yoga" est très employé en Occident depuis trente années. Vous dites que le Sahaja Yoga n'est pas une secte, vous ne manipulez pas le système nerveux et vous parlez de méthode et de système. Quelle méthode et quel système et pour

quelle Réalisation?

Marie: The word "yoga" has been used in all sorts of contexts in the last thirty years in the West. You say that Sahaja Yoga is not a cult, you don't manipulate the nervous system and you talk about methods and systems. What methods and what systems and for what Realization?

Shri Mataji: I'll answer these questions one by one if you don't mind. First of all, the word "yoga" means "union", union with the Divine. But in ancient time, people used to observe a different style of life, where, till the age of about twenty to twenty-five years, the students lived with a Realized soul as their guru. And when some of them were selected for this Realization, they were taught how to maintain the balance. So, there were eight folds, practices which were used. But that system doesn't exist today. But we do use also physical exercises sometimes. I'll give you an analogy to understand.

You see, if you have the room and you clean it any amount, you cannot bring the light in. But if you can bring the light in, then you can see the room, very clearly. But if you bring the light first, the room can be seen, how dirty it is and then you can clean the room easily. So, instead of cleaning the room first, which is a very difficult and too long method, first the light is brought in, in this modern Sahaja Yoga. So, one can see the condition of the room and can improve it without difficulty. Because when you see, it is easy to accept the problems within yourselves. But without seeing it, one doesn't work hard.

Now, 'yoga' has another meaning. It also means "yukati" means "deftness" [yukti or kauzala], or the trick [yukti], you can say, trick of the deftness. So, after getting your union or your yoga, you must learn the trick of the deftness. But before getting the divine energy within you, how can you learn the trick?

All right, now this is for yoga, but the modern yoga, as it is, is very dangerous because if you just pay attention to the physical side, you neglect your emotional, mental and spiritual sides.

All right, now the second question was, out of that? I have told him also about Self-realization. Self-realization is that there is the reflexion of God All-mighty within us which is the light, as I said, in our heart, as Spirit. And his Power is the Holy Ghost. In Sanskrit language, it is called as Adi Shakti, is the Primordial Mother. Now, that is reflected as the Kundalini.

Within the human beings, this Power is separated from God All-mighty. And this Power is our pure desire and when she is awakened, she rises through six subtle centres within us, integrating us and pierces through the fontanel area which is our real baptism. And then you can feel the cool breeze of the Holy Ghost coming out of your head.

So, though the Spirit resides in the heart, the seat of the Spirit is on top of your head, thus the union takes place, the yoga with the Spirit takes places. And thus, the Spirit starts enlightening our being.

Christ has talked about the coming of the Holy Spirit also. He said clearly that a Comforter and a Redeemer and a Councillor- these are three Powers into which the Holy Ghost manifests.

Journalist: Selon vous, Mère, sommes-nous à l'approche d'un nouveau temps messianique?

Marie: According to you, Mother, are we coming close to a new time of the Messiah?

Shri Mataji: Yes, it is. The New Messiah, if you mean the one who is going to destroy the world, the one who is going to come on a white horse. But before that, this time is given to you and you have to all take your Realization. Then those who are Realized souls will be selected out of the rest. At that time, Christ will come back with his eleven destroying powers. He'll exercise no forgiveness and all such people will be destroyed. But one should have, now, compassion on themselves and they should take heed and achieve their Realization which is so simple.

Journalist: L'Occident a-t-il perdu définitivement sa spiritualité?

Marie: Has West lost finally, I mean, forever, its spirituality?

Shri Mataji: Not finally yet.

Marie: Not forever, not finally.

[Laughter]

You'd better translate, indeed.

Because the very great seekers who were concerned about the future of the West, very bravely took birth in the West. Of course, they were misled a little bit, also were influenced by wrong ideals. But basically, they are great people and they're going to bring the West into the kingdom of God. And you are one of them.

[Laughter]

Journalist: Mère, je vous ai entendu, dans un enregistrement, dire que Léonard de Vinci et Mozart étaient des êtres Réalisés. Est-ce que vous pourriez préciser cette chose?

Marie: Mother, I heard on a tape, I heard you say that Leonardo da Vinci and Mozart were Realized people. Can you explain a little bit, can you develop?

Shri Mataji: Yes. And Michelangelo and so many: Blake. So many of them. They tried to express through their art the Spirit that was manifesting in them. You can make out from their art that they were Realized souls. And a person like Blake who was a great saint, Michelangelo another great saint, because when their art is expressed, you can feel the Divine vibrations. That's the best way to judge through vibratory awareness, to judge who is real and who is not.

Even Lenin was a Realized soul. But, he was so impressed, I mean he was so much forced into the party system, that he had to accept certain things in life.

The majority has not been kind to the saints. I would say more the rulers and the people at the helm of affairs. There have been some politicians, like Abraham Lincoln, who were Realized souls too.

Journalist: La Kundalini est-elle le souffle du Saint-Esprit, bien sûr, mais comment se fait-il que dans la Bible on n'en parle pas?

Marie: Is the Kundalini the breeze, the wind of the Holy Spirit, but why is it that in the Bible it's not spoken about?

Shri Mataji: No, it is said.

Marie: In that form?

Shri Mataji: Yes, they have called it the cool breeze of the Holy Spirit. But it's not accentuated much because this Saint-Paul, he was not a Realized soul, he did not see Christ. I was surprised how he came into the Bible itself. And he was a very dominating person and a great organizer. So he has also added or destructed perhaps from Bible because he wrote many letters which are in there.

Moreover, the disciples of Christ were not as intelligent as you are and they did not believe in Christ till they saw him resurrected. It was a very difficult task. But to understand Bible you must read other books which are in other scriptures. For example, the

background of Christ could be understood better if you read Devi Mahatmya where it is described very clearly how his worth was manifested, why it was immaculate. If the Jews read about it they will definitely believe in Christ.

Journalist: Est-ce que je pourrais demander à Mère ce qu'elle pense d'une coutume des Templiers, de Bernard de Clairvaux, qui est dans leur initiation, j'ai trouvé un texte qui en parle, ils nomment la Kundalini et c'est une initiation basée à la base du dos, où le maître embrassait le disciple de manière à ce que la Kundalini se dégage et monte vers la fontanelle. C'était au XII^{ème} siècle cela.

Marie: Can he ask you what you think of a tradition that was existing in an order, which existed in the 12 century in Europe, in France, called the knight and the Templar. And they had an initiation, a process by which the person to be initiated, the Kundalini was called and she was correctly placed at the base of the spine, and the master would kiss the base of the spine to wake the Kundalini up.

Shri Mataji: That was great.

Journalist: Lorsque Mère dit que les oeuvres de Mozart montrent qu'il était Réalisé et que son oeuvre propage des vibrations, est-ce que les engagements philosophiques de Mozart ne la gênent pas?

Marie: When you say that Mozart's was Realized and that his musical works produce vibrations, don't the political involvements of Mozart and his positions annoy you?

Shri Mataji: They are not good. No, the queen herself was a Realized soul.

Marie: Which queen?

Shri Mataji: The queen with whom Mozart was involved.

Sahaja Yogini: Marie-Therese.

Marie: And he was a Freemason.

Shri Mataji: Yes, you see, the Freemason started with a sensible idea like all other religions. But human beings know how to make everything horrible out of something beautiful. And all the ideas are lost and everywhere you find the same thing. For example, we can't blame for the way Christianity is today, we can't blame Christ.

Journalist: Il y a encore quatre ou cinq questions, ça fait rien?

Marie: He has still got five questions, is that all right?

Shri Mataji: Please. Please, very good questions they are. But they are rather direct and I don't know how people will react to your paper.

[Laughter]

Journalist: Je vais les synthétiser.

Shri Mataji: You'd better re-edit it.

Marie: He is going to make a synthesis.

Shri Mataji: Ah. Yes, you just make it, you see, because there was one gentleman who came to see me in Lausanne. And he went back and told his editor that: "I've found the truth and everything." And then he went on leave.

[Laughter]

And the editor, you see, was so shocked that he said that: "Our correspondent was completely blown over boat by this lady."

Journalist: Est-ce que l'article est paru en fait?

Marie: Did the article get published?

Shri Mataji: Yes, they did, but it had a bad effect, you see, people thought this lady is a sort of whitewashing some people or who, God knows because the way he put the picture was just the other way round. [Shri Mataji is laughing.] Raymond will tell you.

Raymond: Tout simplement les titres ont été changés complètement et puis, un autre collaborateur du journal a fait une sorte d'edito complètement contradictoire. Alors avec la manchette ils ont fait, en ridiculisant Mère, disant: "Elle sait tout, c'est le dernier truc qu'on a trouvé." ["Simply the titles were changed completely and then another contributor to the newspaper made a kind of completely contradictory editorial, so with the headline they were ridiculing Mother, saying, 'She knows everything, it's the last fashion that has been found.'"]

Journalist: Que la Mère ne s'inquiète pas ce n'est pas ce qui va se produire.

Marie: Don't worry, that will not happen this time.

[Shri Mataji is laughing.]

Journaliste: La nouvelle dimension de la conscience telle qu'elle s'éveille chez vos disciples, les prédispose-t-elle à une attitude de témoin ou de citoyen actif dans la vie quotidienne? J'oppose témoin passif au citoyen opératif.

Marie: The new dimension of awareness as it is awakened in your disciples, does it prepare them or predispose them to an attitude of passive witnessing or active citizenship in life and in daily life?

Shri Mataji: They become dynamic. I've seen people coming from drugs and all sorts of lethargic things where they had become reclusive because they were fed up of the modern problems. And they have become so very active. So many alcoholics, you see.

There was a very great musician in India, he had become an alcoholic and the art was about to be lost. Now he has given up completely drinking and he's a great artist again. He is a greater artist now.

Journalist: Quels sont, selon vous, les péchés et les tares de notre actuelle civilisation? Fondamentaux.

[Laughter]

Marie: What are, according to you, the sins and the falls, the basic sins and falls of our modern Western civilization?

Shri Mataji: I think I'd better tell you about the virtues because I can't count the sins, you know. The greatest thing that you have in modern times is that people have such earnest desire, that there are such great seekers. That is the greatest virtue of modern times. Whatever they might have done makes no difference. Self-realization is like an egg becoming a bird. The bird doesn't show any blemish of the shell of an egg. Once you are transformed, you can easily shed off the shell part and useless parts of the egg.

[To Marie] Is it all right? Loudly, I think.

All right, What is the next question?

Journalist: Ce qui semble remarquable dans votre communauté, notre communauté, c'est qu'il n'y a rien de mercantile, vous ne demandez pas d'argent, vous ne sollicitez pas, et de l'extérieur, je crois que cela donne un sentiment de pureté, de nouveauté.

Marie: What is quite new in your community, in our community, is that there is no soliciting for money, no mercantile aspect. And I think to people outside, it gives the image of something very new, very pure.

Shri Mataji: Yes. We don't have any business enterprises in Sahaja Yoga. But if some Sahaja Yogis want, they can join together and start any business enterprise on their own. And they become very successful also. But whatever they do, they do it in the rightest manner. They become very honest, responsible, and happy people. And they charm everyone.

[Laughter]

Journalist: J'ai encore deux questions et cela sera terminé.

Marie: Two more questions.

Shri Mataji: All right, please, please.

Journalist: Mère, que lisez-vous comme auteurs français malgré la défiance que vous avez pour certains philosophes français m'a-t-on dit?

Marie: Mother, which books do you read of French authors even though I have been told that you have a great diffidence towards some French philosophers?

Shri Mataji: No, the ones I have heard are – the ones about whom I've read and heard have not been very kind to human beings I think. Like Sartre and all these. But Maupassant. He was not a philosopher but a story-teller, I mean in the stories he expressed very well. There are many others, I just now, don't remember their list, but so many.

Marie: Zola.

Shri Mataji: Zola, Emile Zola, yes.

Marie: Victor Hugo, did you read Victor Hugo?

Shri Mataji: Yes, no doubt.

Journalist: Victor Hugo.

Shri Mataji: Yes, that too. Victor Hugo was great, absolutely, no doubt. They didn't write philosophies but they wrote stories mostly. They were novelists.

Journalist: Dernière question, un petit renseignement, pour Mère, quel est le plus beau mot, celui qui est la plus universel peut-être, à part le mot Mère?

Marie: For you, Mother, what is the most beautiful and the most universal word apart from the word "mother"?

Shri Mataji: Father.

[Laughter; applause.]

Great, thank you very much, thank you. Nice interview it was, we must thank you very much. Very nice questions, you see. That's a question coming from a Realized soul you can see it clearly. And the creator of this Notre-Dame I must mention, the one who has made the statue of Notre-Dame, of Notre-Dame's statue, you see, the one after Mary and the child. He was a Realized soul.

Journalist: Notre Dame de Paris?

Shri Mataji: Yes, but I could not find the name of the gentleman. Tremendous vibrations come from the statue. You can go and see also, it's tremendous. So, thank you very much. May God bless.

Can I take your leave now? I just ask. Can I take his leave now?

Journalist: Je vous en prie. [Please.]

Shri Mataji: Thank you very much. Thank you.

H.H. Shri Mataji Nirmala Devi

1983-0618, Havan Before the Puja to the Devi: Importance of Puja and Havan

View [online](#).

18 June 1983

Havan

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) - Reviewed

"Importance of Puja and Havan". Paris (France), 18 June 1983

[Starts at 9:04]

Shri Mataji: Hello, so we were waiting for you to come here. So, I think, I'll get my sweater. Hello, we were waiting for you to come, for Christopher to come here. How is he? Very good. What's happened to his head?

Marie-Amélia: Changing of milk, Shri Mataji.

Shri Mataji: So, Christopher you are back, here? Oh, oh, oh...

You must cover his head. It's very cold still.

All right. All right. All right. What's the matter?

He is in meditation. [Baby complains] No, no, no, no, no.

[Shri Mataji rocks the baby]

You must keep him close, all the time. Better cover him more. All right, you'll get something more from inside. I think you also wear your sweater or something. It's rather cold outside.

Marie-Amélia: Thank you, Shri Mataji.

Shri Mataji: Just cover him much more on the head.

Gregoire: This is a present from the Austrian Sahaja Yogis, Austrian Sahaja Yogis to the French Sahaja Yogis.

Shri Mataji: Ah! It's beautiful.

Gregoire reads the word on the poster: "And I saw heaven opened and behold a white horse". Shri Mataji: Translate it in French.

At last I was to bring My sweater. Geneviève can bring.

Gregoire: Sweater for Shri Mataji.

Michel C.: Mother I have a gift, two gifts for you.

Shri Mataji: I beg your pardon?

Michel C.: First is from Rouen we offer You the cushion where your feet are settled. It's from Rouen. And the "armours" [city coat of arms] of the town.

Shri Mataji: Oh, I see. What's this?

Michel C.: The blazon of the town of Rouen.

Shri Mataji: What's that?

Michel C.: The blazon of the city, of Rouen.

Shri Mataji: And what are these marks about?

Michel C.: Three lilies.

Shri Mataji: Lilies?

Michel C.: Lilies. I think it's like a lotus in France, in old kingdom.

Shri Mataji: Beautiful. Thank you very much.

Michel C.: No thank you, Mother.

Shri Mataji: So, can you keep it? Thank you.

It's quite cold still. The wind will blow away the clouds. As soon as I came out here, it plays, you see, it plays some tricks with you all the time.

[Laughter]

Yes, better have him covered. And you too wear something warm.

I hope you are all warm enough.

I am so happy and joyous to be here with so many Sahaja Yogis, and so many of them are very new; not very new to Me, perhaps I have known all of you, thousands of years back.

[Shri Mataji is laughing] You are sitting in the sun.

In Sahaja Yoga you all have to understand one simple thing, that you are the Spirit. And whatever is not the Spirit, is not yourself. We can compare Spirit with the sun. The sun can be covered with the clouds, there could be superimpositions on the sun, but sun remains as it is, at its point. You cannot enlighten the sun. It is illumined by itself. Now, when the clouds are removed, the superimpositions are removed, the sun shines through the atmosphere. So, our Spirit is also, is superimposed by ignorance.

As long as there is superimposition, you can't see the Spirit. And even when few clouds disappear the superimposition exists. One has to have a clear sky to see the light of the Spirit shining through. There are many ways by which we can try to remove the clouds. The first and the foremost thing is the assumption, the faith that you are the spirit and that the rest is superimposition. You have to assume that within yourself. After Realization it should become very easy that you are something much more, something very different from what you have known so far. So, now the new situation arises that you do not have a blind faith, but you have a faith that has come out of an experience. So, your intellect should not fight it. It should not try to challenge it. If it challenges and if you heed to your intellect, you'll again go down.

Even if you get the glimpse of a star in the sky, then the scientists believe that there is a star. So, in the same manner, even if you get the glimpse of your Realization, you have to at least believe that you are also a Spirit. You go on sticking on to that experience and keeping your attention on the fact that you are the Spirit. Tell your intellect not to cheat you anymore. You can turn the face of your intellect by this. Now your intellect will start working for the pursuit of the Spirit. This is what faith means. Faith gives rise to pure intelligence. Now, when you are seeing clouds removed to a great extent, still there are clouds. So you have to use the wind to remove the clouds, wind of the Holy Ghost. And that, you know, there are many ways of taking advantage of the wind.

I hope the Italians understand.

So, the wind comes from some other source, that is the source of the Holy Ghost, your own Kundalini. And also, you have in person the Primordial Kundalini before you. Compared to many other seekers who came before you, I must say, you are very fortunate. Because worshipping any "vighraha", any - even a statue of self-created vibrations from the Mother Earth, people had big problems. They had to, first of all, do a meditation which was called as "Savikalpa Samadhi". That means, in that state you had to concentrate on such a statue, "vighraha". "Vighraha" means the one which is a vibrating statue.

And then, go on looking at that statue and trying to raise your Kundalini. And Kundalini used to come up to Agnya. But the jumping beyond the Sahasrara was an impossible task, because one had to go from form to formless, and it was so difficult to get out of form to formless. And even to concentrate on abstract or formless was another impossible task as the Muslim did, or many other people tried to do.

Under these circumstances it was necessary that the formless had to take a form, so there was no more complication to you. As soon as you concentrated on the form, you became formless. Like if you have ice before you, and as soon as you start touching the ice, it melts away, and you start feeling the cool. So the problem is very easily solved now.

Puja is one of the things by which you can excite the forms into formless. Now, your centers are the centers of energies. But they too have a guiding deity sitting on all these chakras. They are also the formless made into forms. And when you do the puja, the forms melt into formless energy, and this formless energy then starts flowing, and that, then blows the wind. And that's how this misidentification, superimpositions on the Spirit are removed.

Now, you cannot think about the puja. The whole thing happens in a realm which is beyond thinking. So, you have to understand that you cannot rationalize the puja. You should have the maximum advantage on your chakras. For that you must fully just concentrate on the puja and how the wind is blowing. And the wind will see to it, that they drive out all the clouds.

So, your only work is, or your only method is just to concentrate on the puja, and witness. You are a "seer". "Seer" has double meaning. The one who sees only, just sees, and is only knowledge, is a seer. Without any thought, without any reaction, just sees and absorb, automatically, spontaneously, is the seer. And so, that is the best way to perform a puja.

For Me sometimes it's burdensome, because there should be some parity between you and the deities. Some balance must be there. Here you are saying all the mantras and the deities are awakened, and there you are, who do not want to receive anything within your heart. So, I am the one who has to store up all the extra energy that is produced in the body.

So, it would be better if you all keep your hearts open and watch the puja without thinking about it. Today we'll reverse the method of puja. First, we'll do the havana and then the puja, will be better. Because by that we'll evoke the fire element, which burns away all the evils. When you wash My feet, you do the same thing. And even when you evoke the fire, you do the same thing. So today first we'll have the havana and then we'll have the puja. Both are just the same. You can worship Me with water or with fire.

The essence of fire is the glow, "tejas". All that is wrong, all that is evil is burned out, and then the glow shows on the faces and the body of the seekers. And also atmosphere is charged with the beautiful vibrations when you have the havana. So, I think best thing will be to do the havan first and then the puja.

May God bless you all!

Of course, always we have to praise Ganesha before starting any puja, so you start praising Shri Ganesha.

Alexandre: Mother, we have learned the Ganesha "Atvatham Shirsham".

Shri Mataji: Atharva, Atharvashirsha. Ganesha Atharvashirsha.

Alexandre: Then we'll say in French, or in English, I don't know, up to You.

Shri Mataji: All right, say it in French.

Or better to translate it because there are other people.

Alexandre: OK.

Shri Mataji: First English and then French.

Alexandre: And first, in Sanskrit we don't say, Mother?

Shri Mataji: It's all right, I can understand English all right.

[Laughter]

It's all mantras for Me to understand.

Alexandre: Shri Ganesha. Om tawme wa sakchat, Shri Ganesha sakchat, Shri Adi Shalti Mataji, Shri Nirmala Devi namoh namaha
The holy mantra of Shri Mataji. [The three great mantras]

[Ganesha Atharvashirsha in English and in French]

Shri Mataji: Beautiful. Voice is very beautiful. It's good. All right, now.

Right now we'll be having the fire. It's all right.

Shri Mataji: Now, how do you make it [inaudible]

Alexandre: There's already some, it's behind.

Camila, there's some work for you to do.

Come along. You can look after the fire.

Let others see the fire.

Alexandre: Mother, [first should] we recite Your names or names of Shri Vishnu?

Vishnu, Vishnu's names?

Shri Mataji: Yes, Vishnu's names.

Alexandre: 108 names of Vishnu?

Shri Mataji: It would be better Vishnu's names.

Have you got 1000 names?

Alexandre: Not, 108 names.

Shri Mataji: Devi's?

Alexandre: Devi's we can go.

Marie: The Devi's names Mother we have a translation in French

Alexandre: 108. Mother is asking for 1000. We have Lalita Sahasranama.

Shri Mataji: But who knows Sanskrit? It's in Hindi?

Alexandre: It's written in French.

Shri Mataji: All right, then it's all right.

Sahaja Yogi: The vibrated Kumkum.

Shri Mataji: Now you put some water in it and put it to all the people, now.

Today I would say that from France those who came to see Me, from all these places, one from each centre should come forward.

One from Britany.

These are too big, I think. You can put the bigger ones to make a triangle first, downward. The bigger ones.

Maria? The triangle on the three sides.

Marie: Where do they come Mother, for the havan?

Shri Mataji: One on top of another, this be better. Yes, it's closer, yes, that's why.

Sahaja Yogini: Would You like some tea or?

Shri Mataji: Yes, it would be nice

Sahaja Yogini: More than water, you don't want water, yes Mother.

Shri Mataji: No, no, no, something like a [inaudible] paper like thing, lighter.

Is that the light thing? And have you got camphor with you? Something lighter to be, underneath.

You don't have anything. Make it smaller, smaller here, yes.

Put it on top of this thing, not underneath. Not underneath, put it on top.

Covering this. Yes, put these on top.

Yes, like that, yes, that's the right thing.

You have to keep a hole in between. Arrange it in such a way there is a hole in between, in the centre.

All right, now arrange on top of this. Now, this is all right. Please cover with this [inaudible]. I think there should be a platform first. There should be a platform first and then, in the centre there should be a platform.

Yes, make a platform there, yes, down here, yes, that's it. And on the platform- just wait, Marcus, on the platform you put another thing. That's better, yeah. Do you have some more with you? All right. Like that, yes.

To begin with that's sufficient.

That's all.

Alexandre: Mother we have Vishnu Sahasranama Stotram and Shri Lalita.

Shri Mataji: But it should be in Sanskrit.

Alexandre: No, there is, also here it's written in...

Shri Mataji: You can read that.

Alexandre: Yes.

Shri Mataji: So.

Alexandre: This is Vishnu's names.

Shri Mataji: You'd like to do 108 names, yes? What we do, we can do 108 of the Goddess and 108 of Shri Vishnu, that's the best.

Alexandre: All right, Mother. All right.

Shri Mataji: And one from Paris also should be there, a new person.

Alexandre: A new person yes.

Shri Mataji: From Paris, someone. 58:36

Shri Mataji: Children, please, you'd better now [inaudible].

Marie: Mother?

Shri Mataji: Yes.

Marie: We have the 108 names translated in French in the form of a poem.

Shri Mataji: Oh. Where?

Marie: Here.

Shri Mataji: [Inaudible]

Now, can you put something for Me there?

Alexandre: You want to sit here, on the chair?

Shri Mataji: You tell them also; I'll guide them better.

Some chair.

Vanessa you come here, you come and sit here, this side.

You come this side. All the children can sit next to Me.

I'm worried about it.

[Cut in the video] 59:53

Alexandre: Shall we say the mantra for the fire, Mother?

We have to say together Shri Agni Devata, who is the Devi-

Shri Mataji: Be careful about it. Don't be too near. Little further, it's moving all the time.

Now say the mantra.

Alexandre: Shri Agni Devata who is a Devi, the aspect of fire in Shri Mataji.

[Collective mantra]

Shri Swaha Swamini who is a principle of-

Shri Mataji: No, no. What's the?

Alexandre: Swaha Swamini.

Shri Mataji: OK. Swa-ha.

Swaha is the quality of the, of the fire which consumes everything. Swa-ha.

[Collective mantra]

Shri Mataji: Now, after every name that he takes, you have to take the thing from your hand like this, and take it round to the right side and put it in the fire. But those who haven't got these things in the hand should take up just their hand like that, thinking that they have it in their hand, and moving it upward like that and put it in the fire. And you all should say "Swaha". Now, just a minute. After every name, after every name.

Alexandre: The 108 names of Shri Vishnu. First, Mother, it's all right?

Shri Mataji: First the Devi.

Alexandre: First the Devi, sorry.

OM twame wa sakchat Shri Mata namaha

OM, Swaha

OM twame wa sakchat Shri Maharajni namaha

OM, Swaha...

Shri Mataji: Now we'll do the Vishnu Sahasranama, hundred and eight. Again, you distribute the rice, distribute it.

Alexandre: Is it enough, Mother?

Shri Mataji: Beg your pardon?

Alexandre: Is it enough, it should be made quickly, the names?

Shri Mataji: What's the time now?

Alexandre: The time?

Marie: It's 2 o'clock, Mother.

Alexandre: 2 pm. We have only to be at 6.30 in Paris later on. But You don't need to be there as early. We can arrive before You and we can give a practical session to the people. Explain them to [inaudible].

Shri Mataji: Then you should come at 6 pm.

Alexandre: Yes, that's true.

Shri Mataji: You see, these people want to be there only for their body.

Alexandre: Yes, that's true.

Shri Mataji: One fellow, he has got back pain.

Alexandre: Yes, something like that.

Shri Mataji: He's the only one who had. You bring the oil and all that and you can massage him.

Alexandre: Yes, all right, Mother. We'll give him a treatment. No problem. I think we can manage.

Shri Mataji: You would like to do 108 [inaudible]

Alexandre: Some people can go there and give them a practical session Mother, on how to meditate in Sahaja Yoga, how to work on themselves.

Shri Mataji: So, I said, 21 names of Vishnu are sufficient.

Alexandre: All right, Mother. OK.

[Collective mantras]

Shri Mataji: OK. What you call the finishing part of it [inaudible]. For that you have to use some sort of a fruit. Last thing. Would you have something? What is the special fruit of France?

Alexandre: The special fruit of France? Apples!

Shri Mataji: Apples, or you should have...

Alexandre: Strawberries, cherries, cherries and grape, grape, Mother!

Shri Mataji: Grape is the best.

[Laughter]

Alexandre: You have to bless it, Mother.

Shri Mataji: That's the real thing. You just bring that.

That's all. This is not sufficient.

You bring it here, bring it here.

So now, this is the ultimate puja we have done now. This is the end of the puja, it's finished. Throw all that in there. All the, all the remaining things are to be thrown.

Yes, put it.

Now, we have put today the grapes in it. That means the grapes will lose their capacity to ferment.

[Laughter]

That's the best. Ah, the wind is blowing now. So, let's then have our lunch and do the Puja inside as outside it's very cold.

[Inaudible]

The main thing was to have the havan today
[Hindi].

Alexandre: Mother, the dinner is not ready.

Shri Mataji: Hum?

Alexandre: The lunch is not ready.

Shri Mataji: Not ready, is it?

Alexandre: Not, yes. In one hour, in one hour.

Shri Mataji: So, we'll finish the puja.

Alexandre: Yes, Mother.

1983-0618, Devi Puja

View [online](#).

18 June 1983

Devi Puja

Ashram in Le Raincy, Le Raincy (France)

Talk Language: English | Transcript (English) – Draft

Devi Puja, Ashram Le Raincy, Paris, France, 6th of June, 1983

[MUSIC]

Wah, wah wah!

[EVERYONE CLAPS]

[INAUDIBLE]

Now, [INAUDIBLE] what will happen [INAUDIBLE]

Yogi: We'll use it No, no, no [INAUDIBLE] all of them.

Yogi: All of them so they are all there. [INAUDIBLE]

We can have [INAUDIBLE - WHAT SAY?] five

[INAUDIBLE] five can come. Come

Yogi: [NOT CLEAR - FIVE CAN CURVE?]] Five

All those who are here. Five people can come.

Come down.

[NOT CLEAR] first five. Five people come along.

One, two, three, four - one more.

You want to do it first. All right, let her do it.

Yogi: Jai Shri Mataji!

Alright. Call five people.

[INAUDIBLE]

[UNCLEAR- YOU RUB MY...YOUR HANDS?]

Just rub your hands

not My foot.

[UNCLEAR]

And also the sole -

- sole of the foot.

Yogi: [UNCLEAR - Shri Mataji]

Aapki family bhi sab aapki inke baad aap dono kyonki yeh aaye hain idhar se.

Yogi: Should we say the mantra? - Annh?

Yogi: You say the mantra [UNCLEAR] Yes, yes you have to say some mantra.

You have got it?

Yogi: Please say the mantras. - You.

You say the mantras. - Yogi: Which ones Mother?

Anyone - the Devi's or anything.

Yogi: Devi [UNCLEAR]

Or anything described about the Devi if you have Devi Mahatmyam.

Yogi: Devi Mahatmayam

Yogi: Recite in French, Mother? [UNCLEAR]

[UNCLEAR] - Yogi: In French [UNCLEAR] Shri Mataji

Annh?

Any Ganesha's mantra. - Yogi: Haan.

[UNCLEAR]

Yogi: Gansha mantra [UNCLEAR] Alright? Good.

Yogies: [UNCLEAR]

Yogi: Om Twameva saakshaat

Yogi: Shri Ganesha saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogies: Om Twameva saakshaat

Yogies: Shri Mata Kundalini saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Laxmi Vishnu.

Yogies: Om Twameva saakshaat

Yogies: Shri Laxmi Vishnu saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogies: Shri Brahma Saraswati saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Nirmala Vidya Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

[INAUDIBLE] - Yogi: Om Twameva saakshaat

[INAUDIBLE] - Yogi: Shri Shiva Parvati Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Jagdambe Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Ram Sita Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Radha Krishna Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Mary Jesus Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Om Twameva saakshaat

Yogi: Shri Mahavira Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: Buddha

Yogi: Shri Buddha Yogi: Shri Buddha
Yogies: Om Twameva saakshaat
Yogies: Shri Buddha Saakshaat
Yogi: Shri Adishakti Bhagwati Mataji
Yogies: Shri Nirmala Devi namo namah.
Yogi: Mahamantra, mahamantra [FRENCH]
Yogi: [FRENCH]
Yogies: Om Twameva saakshaat
Yogies: Shri Mahalaxmi
Yogies: Mahasaraswati
Yogies: Mahakali
Yogies: Trigunatmika
Yogies: Kundalini saakshaat
Yogies: Shri Adishakti Bhagwati Mataji
Yogies: Shri Nirmala Devi namo namah.
Yogi: O, Kalki, Shri Kalki.
Yogies: Om Twameva saakshaat
Yogies: Shri Kalki saakshaat
Yogies: Shri Adishakti Bhagwati Mataji
Yogies: Shri Nirmala Devi namo namah.
Yogies: Om Twameva saakshaat
Yogies: Shri Kalki saakshaat
Yogies: Shri Sahasrara Swamini moksha Pradayini Mataji
Yogies: Shri Nirmala Devi namo namah.
Alright!
Yogi: In French, Mother? - Yes.
[INAUDIBLE]
Too much.
Gregore knows in Sanskrit something, Gregore
Where are you?
Yogi: Gregore.
You like it?
[INAUDIBLE]
Are you cooling down?
Don't feel guilty.
You're alright.
Don't feel guilty.
Very good.
Annh!
[INAUDIBLE]
Put your hand - say, 'I'm not guilty.'
Rest your hand.
Yogi: [UNCLEAR] [INAUDIBLE]
Yogi: Om Twameva Saakshaat
Yogi: Shri Mata Saakshaat
Yogi: Shri Adishakti Bhagwati Mataji Shri Nirmala Devi namo namah.
Yogi: Shri Mata Yogi: We just [UNCLEAR] Saakshaat Shri
Yogi: Shri Mata, Mata. Om Shri
Yogi: Shri Maharajni Mata Yogi: Shri Maharajni.

Yogi: Om Twameva saakshaat
Yogies: Shri Maharajni namo namah.
Yogi: Devakarya Samudyata.
Yogies: Om Twameva saakshaat
Yogies: Shri Devakarya Samudyata namah.
Yogi: Shri Akula.
Yogies: Om Twameva saakshaat
Yogies: Shri Akula namo namah.
Yogi: Shri Vishnu Granthi Vibhedini.
Yogies: Om Twameva saakshaat
Yogies: Shri Vishnu Granthi Vibhedini namah.
Yogi: Bhavani.
Yogies: Om Twameva saakshaat
Yogies: Shri Bhavani namah.
Yogi: Bhaktipriya.
Yogies: Om Twameva saakshaat
Yogies: Shri Bhaktipriya namah.
Yogi: Bhaktigamya.
Yogies: Om Twameva saakshaat
Yogi: Shri Bhaktigamya namah.
Yogi: Sharmadayini.
Yogies: Om Twameva saakshaat
Yogi: Shri Sharmadayini namah.
Yogi: Shri Niradhara.
Yogies: Om Twameva saakshaat
Yogies: Shri Niradhara namah.
Yogi: Shri Niranjana.
Yogies: Om Twameva saakshaat
Yogies: Shri Niranjana namah.
Yogi: Shri Nirlepa.
Yogies: Om Twameva saakshaat
Yogies: Shri Nirlepa namah.
Yogi: Shri Nirmala.
Yogies: Om Twameva saakshaat
Yogies: Shri Nirmala namah.
Yogi: Shri Nitya.
Yogies: Om Twameva saakshaat
Yogies: Shri Nitya namah.
Yogi: Shri Nishkalanka.
Yogies: Om Twameva saakshaat
Yogies: Shri Nishkalanka namah.
Yogi: Shri Nirakara.
Yogies: Om Twameva saakshaat
Yogies: Shri Nirakara namah.
Yogi: Shri Nirakula.
Yogies: Om Twameva saakshaat
Yogi: Shri Nirakula namah.
Yogi: Shri Nirguna.
Yogies: Om Twameva saakshaat

Yogies: Shri Nirguna namah.
Yogi: Shri Nishkala.
Yogies: Om Twameva saakshaat
Yogi: Shri Nishkala namah.
Yogi: Shri Nishkaama.
Yogies: Om Twameva saakshaat
Yogies: Shri Nishkaama namah.
Yogi: Shri Nirapuplava. Both hands.
Yogies: Om Twameva saakshaat
Yogies: Shri Nirapuplava namah.
Yogi: Shri Nityamukta.
Yogies: Om Twameva saakshaat
Yogi: Shri Nityamukta namah.
Hmmm.
Yogi: As France is the liver
Yogi: we will now invoke
Yogi: the hymn to Narayani
Yogi: Who is the Shakti of
Yogi: Narayana - Shri Vishnu
Yogi: with a aim
Yogi: of bringing our consciousness
Yogi: closer to the truth of the Goddess.
Yogi: Come
Yogi: Om Twameva saakshaat Shri Narayani namah.
Yogi: Sarvabhuta yada Devi
Yogi: Bhukti Mukti Pradayani Twam stuta Stutye
Yogi: Yate kava bhavantu paramuktayah.
Yogi: Sarvasya bhudhi rupena
Yogi: janasya hridi sansthit
Yogi: Swarga pavargade Devi
Yogi: Narayani namostute.
Yogi: We can
Yogi: Narayani namostute
Yogi: Kala kashta dirupina parinama Pradayani
Yogi: Vishwas yupaatao Shakte
Yogies: Narayani namostute.
Yogi: Sarvamangla mangalye Shive
Yogi: Sarvartra saadhike sharanya Triambake Gauri
Yogies: Narayani namostute. - [INAUDIBLE]
Yogi: Srishti stithi Vinashanam
Yogi: Shakti bhute sanatani
Yogi: Gunashreya gunamaye
Yogies: Narayani namostute.
Yogi: Sharnagata deenartha paritrana parayane
Yogi: Sarvaswarthi hare Devi
Yogies: Narayani namostute.
Yogi: Hansayukta Vimaansthe
Yogi: Bhawanirupa daayini
Yogi: Asambhaksha rike rivi

Yogies: Narayani namostute.
Yogi: Trishulaksham
Yogi: Vahidahe Mahavasha Bhawaini
Yogi: Mahishwari swarupina
Yogies: Narayani namostute.
Yogi: Mayuhaku kuthavaktre
Yogi: Mahashakti dahanake
Yogi: Kamarirupa sansthane
Yogies: Narayani namostute.
Yogi: [UNCLEAR]
Yogi: Shrimataji has [UNCLEAR] just translate this one.
Yogies: [LAUGH]
Yogi: It's the symbol of France [UNCLEAR]
Unnh.
Yogi: Shankha
Yogi: Shankha Chakra Gada
Yogi: Shangragraheeta parmayudhe
Yogi: Praseeda Vaishnavirupe
Yogies: Narayani namostute.
Yogi: Kritugaha Mahachakre danstrothegatha
Yogi: Vasundhare Vaharupini Shive
Yogies: Narayani namostute.
Yogi: Narsimharupa [UNCLEAR]
Yogi: Khutugyame
Yogi: Trailokyatha nasahite
Yogies: Narayani namostute.
Yogi: Kiritini Mahavajre Sahas
Yogi: khana Anujwale
Yogi: Vritapranaichaindri
Yogies: Narayani namostute.
Yogi: Shivaduti Swarupina Hathadaitya
Yogi: Mahabale Gaurarupa Maharave
Yogies: Narayani namostute.
Yogi: Danshtrakala lavadane
Yogi: Siromala Vibhushane
Yogi: Chamundamunda Mathane
Yogies: Narayani namostute.
Yogi: Laxmi lajje Mahavidye
Yogi: Shradhe pushtiswadhe dhruve
Yogi: Maharatri Mahamaye
Yogies: Narayani namostute.
Yogies: Vide Saraswati vahe bhuti bhava vitamasi
Yogies: Niyatitwam kashirishe
Yogies: Narayani namostute.
Yogies: Sarvaswarupe sarveshe
Yogies: Sarvashakti samanvite bhayebhastrahi no Devi
Yogies: Durge Devi namostute.
Yogies: Aitate vandanam
Yogies: Saumyam lochantra bhushitam

Yogies: Patu naha sarvabhitibhya
Yogies: Katyayini namostute.
Yogies: Jwalakaralmatyugram sheshasursudanam
Yogies: Trishulam patu no bhite Bhadrakali namostute.
Yogies: Hinasthida chatejyam sheesh
Yogies: Swanenapuyaya jagaat
Yogies: Sagamtapatuno Devi
Yogies: Papebyona sutanivah.
Yogi: Asuashag vasapankachachitta
Yogi: Sthekahoujjwala subahakago bhavatu
Yogi: Chandikithwam nathavayam - Pehle inka ho jaye to aap log
Unke baad chaaron ko laayiye
Yogi: Line se sabko
Jo baahar se aayenge unhe aap sabko
Tum to theek ho woh theek nahi. Tum theek ho
[UNCLEAR]
[INAUDIBLE]
[UNCLEAR] Tum theek ho.
[UNCLEAR]
Left hand [UNCLEAR] left hand [UNCLEAR]
[INAUDIBLE]Theek, ab dekho.
Haaath pe to saara hi [UNCLEAR]
Theek hai, theek hai. Rehne dijiye.
Aa raaha hai?
Yogi: For the benefit of those who speak English
Yogi: I'm, may I repeat what
Yogi: I said before
Yogi: is that while we were reading
Yogi: the names of the Goddess
Yogi: while She
Yogi: has been
Yogi: destroying the most
Yogi: awful demons which were
Yogi: threatening the
Yogi: Overlordship of
Yogi: the God.
Yogi: When we hear these names
Yogi: and the hymns of the Devi Mahatmya
Yogi: with attention and faith
Yogi: then
Yogi: exactly in the same way that She performed
Yogi: the great feat and a victorious fight against the demons
Yogi: the same way and now
Yogi: instantently, instantly She can destroy
Yogi: also our negativity.
Yogi: But,
Yogi: to allow Her to do so
Yogi: we should
Yogi: listen to those

Yogi: very ancient hymns with

Yogi: a lot of

Yogi: live in faith

You've got it.

Yogi: and attention.

Haan, [INAUDIBLE].

Chalo bhai, haath jod ke uthe [UNCLEAR]

Inko [UNCLEAR]

Theek hai? Yogi: [UNCLEAR]

Yogi: Rakhne ki zaroorat nahi hoti? Nahi, usko le jaao. Tum dekho ab theek ho gayi?

Aa rahe kuch thanda, thanda? Yogi: Thandak aa rahi?

Yogini: [UNCLEAR] kahan rakheinge? Annh?

Chala gaya.

[INAUDIBLE]

Yogi: [UNCLEAR] Ho gaya na. Ab theek ho gaya. Yogini: [UNCLEAR]

Sab inkal gaya. Bilkul rona band.

Aa rahi na haath mein?

Yogi: Thandak aa rahi hai? Yogi: Haan.

Yogi: [UNCLEAR] Annh?

Yogini: Mere bachchon ko... Woh sab theek ho gaya. Kuch mat karo.

Sab theek ho gaye. - Yogini: [UNCLEAR]

Annh? Aaana [UNCLEAR] Yogini: [UNCLEAR]

Yogini: [UNCLEAR] Jab hum jaayeinge nahi to phir yahiin rehna tha na
Kya?

Yogi: Aap ne kaha tha na yahaan rakhne hain. Yogini: Nimboo aur mirchi.

[MARATHI]

Lai ho to rakh lo to koi harja nahi hai.

[UNCLEAR] na jaane woh to achchi hi rehti hai. Aur nikal jaayega jo kuch bhi ho.

[UNCLEAR –MIXED VOICES]

Woh bhi kar dijiye. Yogi: Theek hai ji.

Yogi: Woh sirhaane ke neeche rakhna hai ya.. - Neeche, neeche.

Neeche mein, side mein. Yogini: Side mein?

Yogini: Daayin taraf. Neeche, zameen par.

Yogini: Aur bachche ko? - Unke bhi zameen par.

Yogini: Sirhane ke bilkul neeche, zameen par - Sirhane..

Bilkul neeche nahi, side mein rakho. Yogi: Haan side mein

Yogini: Aur jo dekhe huye hein unko? - [UNCLEAR]

Yogini: Aapki photo dekheinge - Haan.

Yogini: In logon ko dikhayein? - [UNCLEAR]

Haan, haan.

Inko woh dikhaane ki zaroorat nahi hai.

Usko band kar dijiye. - Yogi, Yogini: Achcha ji. Raat ko dikhayeinge?

Raat ko inko nahi, inko dekhne ki zaroorat nahi. Usme koi interest nahi lena.

Upar baitho.

Theek ho gaye sahab.

You come up.

Yogi: Can we say the Lord's prayer, Mother?

Huun? - Yogi: Should we say the Lord's prayer?

[UNCLEAR] Yes.

Yogi: In, in English...
You all say it together.
See the French will say in French and the English should say English.
Yogi: No.
Yogi: We, we will all now
Yogi: say the Lord's prayer in our native language
Yogi: Okay.
Haan.
Good!
The child must put with this finger [UNCLEAR]
The child has got
Agnya very badly on her.
For the balance.
Yogies: - So you take some vibrated
sindoor and also lemon and chillies will be good for this kind of [UNCLEAR]
She's caught up with Agnya chakra.
What about his grandparents?
Does he go to his grandparents?
What's it?
Yogi: He says the parents of the mother
Yogi: are not interested eh..
Yogi: in Sahaja Yoga the.. - Parents of the mother? - Yogi: Yeah.
But, does he go to them?
Yogi: Very often - Ahh, that's it.
And he's a Catho.. they're Catholic? - Yogi: [FRENCH]
Yogi: Well, You know
Yogi: not really - just registered.
That's how he's catching from them
in the.. Agnya, very badly.
So, you shouldn't allow him to go too much there now.
And when he sleeps you put this sindoor on his -
- I'll give you vibrated -
and lemon and chillies - very badly caught up
and he must improve now - Like right now, is the case is just like Wyson
Good idea!
Hmm!
You be careful about the baby.
otherwise he'll become very adamant - his Agnya is just jutting out -
you can see clearly.
[UNCLEAR]
Chance nahi lena.
He'll become very..
Hmm!
So better stop as far as possible, slowly.
Gradually reduce, I mean.
Now, see!
Yogi: Who?
Alright?
Great!

Ha, ha .. ha, ha.

May God bless you!

[INAUDIBLE]

Alright. Yogi: Jai Mataji! May God bless you!

[UNCLEAR - ALRIGHT?]

Now you know what it is to wash My feet.

Yogies: [LAUGH]

Oh, May God bless you!

Any more Paris people there?

Have you washed?

Yes, - Yogi: No. Mother. - Yes, come along.

Who else is there? All Paris.. sit down.

Alright.

Now, is the [UNCLEAR]

Yogi: Should we, Mother?

Yogi: Should we read the name of the Virgin, the 51 names? - Yes, yes. Good idea.

Yogi: In Latin?

Now, you may put

You may put [INAUDIBLE]

Yogi: Om Twameva Saakshaat Shri Mahalaxmi

Yogi: Saakshaat, Shri Kamalalakshya Nishvita Saakshaat, Shri Dhandhya Saakshaat, Shri

Yogi: Achnachakhanda [UNCLEAR] Saakshaat Shri Adishakti

Yogi: Bhaagwati Mataji Shri

Yogi: Nirmala Devi namo namah.

Still here.

- How are you?

- Special blessing.

Yogies: - Alright?

Yogies: - May God bless you!

Yogies: Om Twameva Saakshaat

Yogies: Shri Mary Mahalaxmi Saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Mr. [UNCLEAR]

Then you people just pour it on.

Pour some water. Bring some more.

No yogurt

Brass bowl?

Never use it for yogurt.

[UNCLEAR]

Never use brass.

We have a silver one?

You've got yogurt here?

They have yogurt.

Unnh?

Yogi: It's not white yogurt.

Which one is there? - Yogi: [UNCLEAR], Mother.

What [UNCLEAR] that is the water.

The thing [UNCLEAR] of yogurt.

Is it kept?
Made of yogurt. - Yogi: [FRENCH]
Yogi: [UNCLEAR] yes, Mother. - Yes.
It's a very simple thing
that yogurt should not be used in that
but you can use it in this one. This is another metal.
I don't know what you call this is
'Kansa' it's called - this one.
Is a brittle [UNCLEAR]
No it's not - this is not brass.
This is.. -
heavier one and brittle.
Yogi: Brittle, I don't know.
What say in French - brittle?
Yogies: Brittle...
Yogies: Brittle...
What do you say?
Brittle is
something that breaks into little- little pieces.
something that. just the opposite of malleable.
French?
Marie will tell.
Ask Marie.
Where's she?
Yes, that's alright.
He's alright.
That's very good, that's excellent.
Yogi: It's very cold, Mother, very cold. - It's alright.
[UNCLEAR]
Pour it out.
Faster
Ice, ice.... it's ice just - Yogini: [UNCLEAR]
It's just ice. Hot water you have? - Yogini: [UNCLEAR]
Yogi: [INAUDIBLE] - Pour some hot water in it.
Yogi: You can make a mixture.
Pour in that. Just see.
Pour it in the hot water, haan. - Yogi: like that.
Yogi: Should we sing something, Mother? You're my Mother You're my
Annh?
Yogi: The song of a... - Yes, yes sing.
Yogi: It's already icy now-a-days..
Yogi: In .. we, we can sing the, the song of - It's alright, I can bear it.
Yogi: our
Yogi: friend from Australia - You're my Mother, You're my Father.
Higher.
Yogi: You are my Mother,
Yogi: You are my Father,
Yogi: You are my Brother and my Friend
[UNCLEAR] - Yogies: You are beginning

Yogies: You are the center
Yogies: and You are beyond the end.
Yogies: for I love You,. Mother
Yogies: You help me feel
Yogi: Feel You in our home
Yogi: Feel You in me
Yogi: Mother, I'm in You and You're in me
Yogies: Mother, I'm in You and You're in me
Yogi: I'm in You and You're in me
Yogi: You are the fountain of all joy
Yogies: You are the cool breeze of Truth
Yogi: You are the mountains
Yogi: You are the rivers
Yogies: The sky and the sea
Yogies: For I love You , Mother
Yogies: You help me feel
Yogi: Feel You in our own
[UNCLEAR] - Yogi: Feel You in me
Yogi: Mother, I'm in You and You're in me
Yogies: Mother, I'm in You and You're in me
Yogi: I'm in You and You're in me
Yogi: I want to know You
Yogi: I want to serve You - Ho gaya
Yogi: I want to be by Your side
Yogi: Oh, how I love You!
Yogi: Please let me know You
Yogi: Shri Nirmala Devi
Yogies: For I love You, Mother
Yogies: You help me feel
Yogies: Feel You in all
Yogies: Feel You in me, Mother, I'm in You and You're in me
Yogies: Mother, I'm in You and You're in me
Yogi: I'm in You and You're in me
Yogi: You are my Mother
Yogi: You are my Father
Yogi: You are my God You are my Friend
Yogi: You are beginning
Yogi: You are the center
Yogies: And You are beyond the end.
Give
Such a sweet lit ain? - Yogi: Hugo, yes.
Yogi: This is the ballad of Hugo, Mother.
Yeah.
Now-a-days Michael has become a big poet.
Yogini: [UNCLEAR]
This is the sweet sugar or less sweet. I've no from everyone's [UNCLEAR]
Yogi: More sugar [UNCLEAR]
You thought what is there
Yogi: Say sugar more than one

Yogi: Yes

Little more sugar

Yogi: It's coming, Mother.

Hmm.

Yes.

I think, should be alright.

Pour little more.

It's settling down, you see. Sugar is settling down.

Water, please, now.

Little more sugar will be a good idea. - Yogi: [FRENCH]

You'll have to remove some [GHEE?] - Yogi: Alright.

Yogi: [UNCLEAR]

You have some little more?

It's too much. Let it be.

Hmm.

It is kept near the fire - it will be alright.

It will melt away.

Put it in the kitchen. Put it near the fire.

[UNCLEAR]

But nobody should touch with the hand -

When you have to serve, serve it with a spoon

Alright? -

And you can take it to respective island, this thing also

It's all vibrated.

It's for the nabhi.

Yeah.

It's all vibrated now.

See the five things we have vibrated

and this should, you can take it to your different centres also.

Add water to it and you can use it for curing all kinds of diseases or, or your nabhi problems, it's very good.

And also

if you could take some sindoor from here, vibrated,

you can mix with water and wherever you find there's negativity in the town,

you can put that water there.

Yogi: Annh. - Is there a mirror?

Yes.

Mirror is in My

Who will [INAUDIBLE]?

Enough.

This sindoor can be mixed up with other and can be given to people.

Hmm, well done!

The puja was done very well.

You have to get Algerians here, very important.

Hmmm, May God bless you!

Hmm, so

you can spread this.

[UNCLEAR] that's over there.

[INAUDIBLE] but not yet [UNCLEAR]

Now we -
girls who are not married
[INAUDIBLE] put it
- unmarried girls,
Yogi: The girl, who have never done,
Yogi: put sindoor on Mother's feet, who are not married
Yogi: can come. Maybe one, let's say one for each
Yogi: centre.
Not too many. - Yogi: Not too much.
It's all right - they're just stains.
Put cotton over it.
It'll soak there.
Just press the cotton because this is too much is overflowing
Give Me [UNCLEAR]
Just a little bit of cotton
Yeah remove this.
Better put this away. You have to put some white or something golden
Yogi: Oh, yes. - That I don't want to spoil.
Yogi: Please, please, please Mother [UNCLEAR]
Yogini: It's for you.
[UNCLEAR - ALRIGHT?]
Think the ornaments are to be worn.
Yogi: Yes, Mother. They're coming, Mother.
Not bad
[UNCLEAR] - Yogi: We'll sit down here.
Yogi: [FRENCH]
Have you met Magdha?
Somebody has contacted her?
She's there, see. Maghdha, get My ornaments, please.
She's just there. My ornaments.
Yogi: I, I gave it to, to .. - Yogini: Alexander.
Yogies: [MIXED VOICES]
She will place the ornaments like that.
[UNCLEAR] someone [UNCLEAR]
It's alright. [INAUDIBLE]
Put it here.
Short ones.
Annh?
[UNCLEAR]
Yes, he's done it.
There also, Harsh could do it.
You have to open it.
They are all the decorations of the chakras.
Yogini: Show this. - This is for the Vishudhdhi.
This is for the Vishudhdhi chakra.
[UNCLEAR - AND I CAN'T WEAR IT??]
Which one is that?
This is this one.
This is [INAUDIBLE]

Yes, this is for this one.
And heart is here.
Did you follow?
No, just put the heart this side.
Come here.
All of you.
Itni saari married woman hain [UNCLEAR]
Achcha, for the sari - the rest of them will come for the sari.
Alright?
Now, see, see, there are only ten fingers I have got.
Yogies: [LAUGH TOGETHER]
I don't have that discrimination.
For Me they are just the same.
No more this nonsense of widows and all that - finish them off. - Yogi: Okay.
Yogi: Alright.
Once they're married, they're married.
Yogi: Yes, Mother.
We have to change these [INAUDIBLE]
Yogi: [UNCLEAR]
Choose to call them.
I'm Motherhood.
[UNCLEAR]
It's heart.
Yogi: Heart is too large.
It's too large for the heart.
Heart is too large. -Yogi: It's symbolical [ALL LAUGH]
Vishudhahi is
Yogi: Too tiny. - Vishudhahis are these.
for the Radha's, you see, anklets.
Mahalaxmi song.
Now.
Enough.
Now, [UNCLEAR]
[UNCLEAR - THIS IS THE??]
Mangalsutra of Mahalaxmi.
This is what She wears in the temple.
It's Kohlapur
This I wear.
Hold it tight.
Yogi: [UNCLEAR], Mother - Annh? -
Yogi: [UNCLEAR]
Great [UNCLEAR]
Yogi: It is the [PIECE OR PEACE?]
This one
see, Indian sahaja yogies gave Me.
This, this and .. for the sixtieth birthday.
Let others come.
- Those who have not come [UNCLEAR]
Aap auron ko aane dijiye [UNCLEAR]

Aapne pehna diya.
Others should come, other married ladies.
Theek hai.
Ab aap khud karein. You all come.
Aapne nahi kiya na abhi?
Jisne nahi kiya? Those who have not done, please.
Those who have done, Michael
[UNCLEAR]
Five and seven.
[UNCLEAR]
Just My kaajal.
All the married ladies have come here or not, yet.
Now, those who have done something can go back.´
Yogi: Please, when you have done it leave your place for the others.
Much bigger mirror [UNCLEAR]
because I got it for this only.
Right in the house.
Yogi: Yes. - [UNCLEAR]
Yogi: Ever more accurate reflection from Puja to Puja, Mother.
Yogi: This our prayer.
I guess you watch My own [UNCLEAR]
Yogies: [LAUGH]
Good, now everybody has taken a [UNCLEAR] - Yogi: Yes, yes.
Yogies: [LAUGH]
Sit down.
[UNCLEAR]
Alright, done.
He's still taking it.
Good [UNCLEAR]
Yogi: Good for me.
[UNCLEAR]
For everyone, alright. -
Yogies: Yes, Mother, yes, yes.
[UNCLEAR]
Supposed to hold it in the hand.
Yogies: [LAUGH] - [UNCLEAR]
Yogies: [LAUGH] - Alright.
Now.
Saree. - Yogi: Saree
She's not done
[UNCLEAR] Saree, come along.
See that you hold it.
All those who have not done anything.
You have given Me bangles?
Yes, you have to first of all give Me that.
Bangles are
Also blouse must be there.
[UNCLEAR] - Yogi: Mahakali Mahalaxmi
Absolute [UNCLEAR]. You are very lucky this time all of you

[UNCLEAR]

Bring some fruits in this basket.

[UNCLEAR] one will do

[UNCLEAR] de do haath mein.

Now, you hold it in your hand

My [UNCLEAR]

Yogi: No.

- [UNCLEAR] put them in

Put them...

Come along, with both the hands.

Not everyone should come forward.

With both the hands.

May God bless you!

[UNCLEAR]

So, all the married ladies have been there or everyone has been or not.

Haan.

Everybody must get a chance... - [ALL CLAP]

That means you're Shalivahanas you are supposed to give the Mother.

Yogies: [ALL LAUGH]

[SHRI MATAJI LAUGHS]

[UNCLEAR]

Now you do upside down.

[UNCLEAR]

This is such a luck you had there that you got these sarees

So now for this is.. next [UNCLEAR]

you have a very

happy married life

and

that also for your wives

they are married to you

Yogi: Shri Mataji - yes, Mother?

eh.. you should, eh.. you should become great sahaja yogini

and should join your hands.

And I must tell you about this Shalivahana dynasty - you can see it worked out in a very wonderful way this time.

Because they invited Me -

where these people now which was destroyed by earthquake.

Another place called as

Srivenandgaon

and where eh.. the one dynasty the

one of the

eh.. king which ruled

in Ching

so we have seen the court there three years [UNCLEAR]

And the Nandgaon was

used by Shivaji's Mother's side

because they were hounded by

the eh.. by Aurangzeb.

They are called as Jadhavas.

Jadhavs.

The word comes from Yadav which was Krishna's vansh.

And eh.. so My mother comes from that family

And only Shalivahanas used to

only marry Jadhavas or Jadhavas would marry the Shalivahanas.

So now, these people invited Me there

and they have given Me a huge land.

They wanted to give Me first 176 acres of land

uhh, but I refused to take.

So, I just said give Me 11 acres for the time being

in My mother's dynasty

Yogi: A - My mother's place.

That is the place we are going to use to establish our
all projects.

Yogi: - for the village development also.

And the other one the

one in My father's place is 300

acres of land

and his own, whole place where he lived - they want to give all that to Me.

So, that place which is a

the place where they lived, you see , I would like to use it

for a music academy

in the name of My father -

for all our sahaja yogies to learn music.

And I don't know what to do with the 300 acres so you better give Me idea.

Now, we've got another 30 acres of land

near Neera that you've got.

Then we have got another land

in Poona itself that she has given it to Me personally.

Then we have got another land, near Karzat, about 7 acres

Ah.. now, there's one already we have

eh.. been given by the government

1 acre of land in Sitkorni at Bombay.

And one land we had, very beautiful one, of 1 acre of land

uh.. they were giving us

but then they discovered that if they give us this land

ah.. the, the gentleman, who is the owner, will get about 500 acres of land free.

so, they're demanding now give us atleast 10 acres of land for us.

[MOTHER LAUGHS]

Yogi: This I

Chief Minister of Maharashtra is anxious to give us the land whatever is given to us.

And now, in Delhi also, they have given us a 750

square yards of land. - in Delhi city.

So now, that's all.

[ALL LAUGH]

Yogi: We're still to do something with it, Mother. - Now we've got the land.

This year was the land year -

next year will be the building year.

So now, we have eh.. converted all your money into gold

and I can raise the price of gold.

[ALL EXCLAIM AND LAUGH]

[EVERYONE CLAPS]

Yogi: Om Twameva saakshaat Shri Kubera saakshaat

Yogies: Shri Adishakti Bhagwati Mataji

Yogies: Shri Nirmala Devi namo namah.

Yogi: He gave You Your beautiful nose, Mother.

[MOTHER LAUGHS]

Alright, now

So beautiful!

[UNCLEAR]

Give some [UNCLEAR]

But, only thing I would expect uh.

foreign sahaja yogies, all of them,
have to donate

51 pounds each, in this year, that's all.

or a gold coin so we can,

I can raise the price. - Yogi: [FRENCH]

Eh. that is the not very difficult, I hope,

and if it is difficult for some

it's all right but - Yogi: [FRENCH]

you see, Indian sahaja yogies

have got 8 lakhs

and Delhi sahaja yogies have got 6 lakhs.

Bombay sahaja yogies 8 lakhs - 6 lakhs.

So, it doesn't look nice from all of us to give
only

and the garland [YOU KNOW?]

So, I personally think that you should try to collect 51 pounds each

and you give them the account we have, together.

Now do the aarti.

Light is not there.

Yogies: ... ka lena

Maa sabko dua dena

Jai Nirmala Mataji

Jai Nirmala Mataji - [INAUDIBLE]

Dil mein sada rehna

Maa sabko dua dena

Sabko dua dena

Maa sabko dua dena

Jai Nirmala Mataji

Jai Nirmala Mataji

Dil mein sada rehna

Maa sabko dua dena

Jag mein sankat kaaran

Kitne liye avtaar Maa

Maa kitne liye avtaar

Vishwa mein Teri mahima

Vishwa mein Teri mahima

Tu Ganga Yamuna
Maa sabko dua dena
Sabko dua dena
Maa sabko dua dena
Jai Nirmala Mataji
Jai Nirmala Mataji
Dil mein sada rehna
Maa sabko dua dena
Jo bhi sharan mein aaya
Sukh hi mila usko
Maa sukh hi mila usko
Baith ke dil mein O Maa
Baith ke dil mein O Maa
Laut ke na jaana
Maa sabko dua dena
Sabko dua dena
Maa sabko dua dena
Jai Nirmala Mataji
Jai Nirmala Mataji
Dil mein sada rehna
Maa sabko dua dena
Maanav mein avtar ke
Kar diya ujiyaara
Maa kar diya ujiyaara
Kalyug mein maaya hai
Kalyug mein maaya hai
Phir bhi pehchana
Maa sabko dua dena
Sabko dua dena
Maa sabko dua dena
Jai Nirmala Mataji
Jai Nirmala Mataji
Dil mein sadaa rehna

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God Is Above Us

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To all the seekers of joy, I bow. I already told you that joy has no duality. It does not have happiness and unhappiness. It should never be confused with pleasures. Because the pleasure that looks today the pleasure, tomorrow will turn into remorse. But the joy is absolute and eternal. It does not change. Only thing that, how far we have been able to allow the Spirit to shine in our attention, and how far we have been able to get rid of our misidentification is the important point.

Today, I gave an analogy of the Sun to the Spirit. The sun is shining by itself, it doesn't need enlightenment, by itself it is there. But to get the sunshine in the atmosphere we have to remove the clouds, because the clouds are superimposing upon the sun. The clouds that are superimposing cannot engulf the Sun, because Sun is detached from them. Only the clouds can make the atmosphere dark. In the same way, when we have superimpositions of our ignorance upon the Spirit, then there is darkness in our life and we are in confusion.

As I told you the first day, whatever we achieve through our mental projections can create those clouds. Also, our conditionings can create these clouds. For example, say we are born in France. So, we think we are French. Then anybody who is not French is not good. Same with Indians: if they are born in India, they think the rest of the world doesn't exist. Then these identifications start becoming even smaller and smaller and smaller up to this point that we'll say that we belong to this road, then to this family, then myself. All these misidentifications with the names, with the so-called powers, with the so-called ideas about our history, all these things are nothing but conditionings.

Also due to these two problems of ego and superego, in the present time, we are all the time jumping from our past to future, future to past. But we cannot stand in the present. Now, if I have to say that, "You pay attention to yourself within", you cannot do it. You just can't take your attention inside; it's a honest thing to say. Here somebody, maybe dishonest, might say, "No, I can take my attention inside." But it's a fact that you cannot take your attention inside.

So, this happening takes place, the awakening of the Kundalini. And that sucks in your attention inwards which is outside. Human attention is mostly outside and whatever it sees or it feels or experiences, it creates a thought wave in the mind. So, to understand yourself, your attention has to go inside. And that is why this divine arrangement is within us.

This power which is the pure power of your desire resides in the triangular bone, sacrum, waiting for that moment when somebody who is authorized by the Divine itself can awaken it. The time has come today, as I told you before, that thousands and thousands, millions and millions, billions and billions have to get their Realization.

Fourteen thousand years back in India, the originator of the astrology in India called as Bhṛigu Muni has predicted that such a system will start in 1970. Actually, he didn't write 1970 he wrote according to Indian calendar. But three hundred years back, another Indian, called Swami Bhujander, transcribed it [in Marathi] and said that it had to start in 1970. Sahaja Yoga started in 1970. Also, it was said that in this new method of Sahaja Yoga, thousands of people will get awakening of the Kundalini in a 'sahaja' way, in a spontaneous way, and that you will not have to work hard for it or to do any kind of penance - tapasharya. This was predicted so far as that, that after some time when such yogis will be created on this earth, there will be no need of hospitals. It has gone even further, it's quite a long thing but I'm just telling you that it has been predicted a long time back.

But only a hundred of years back, a great seer known as William Blake was born in England. In a book called "Milton", he has identified Milton with a seeker. And he has said so clearly about Sahaja Yoga that it is really surprising that such a seer was born in England. He has said that the men of God will become prophets and these prophets will have powers to make others prophets. He has even given exact places where I would be living. First, we were living in Surrey Hills. He has written that the first beacons would be lit in Surrey Hills. And the second house which he has described, he has described it that, "It will be on the Tyburn brook, behind the Kensington Gardens". Now my- this house is exactly there.

Also, he has described how he called them 'Golden Builders'. Because the Sahaja Yogis have come and painted my house with gold somewhere in the corners [unsure]. The first ashram of Sahaja Yoga was started in Lambeth's Vale where I laid the foundation for the larger hall. And it was a house bombed in the war. He has written that, "The foundations will be laid in Lambeth's Vale in a house which is broken down up to this limit that her sinews will vibrate the Divine". It's very remarkable the way this great poet has described Sahaja Yoga in England. He has retaliated against all industrial troubles and industrial problems very strongly. And he has lashed all the crookery and the immorality of the people of England. And he had said that, "We have to build Jerusalem in this land of England".

Look at his aspirations and his understanding of the future! This is what is a seer. And you become a seer after your Realization. A seer is a person who sees but does not react, does not absorb. It just sees as a witness and the whole thing is like a play. He does not do anything himself, but his presence itself is auspicious and it works out goodness.

It is difficult in these modern times to talk about auspiciousness, holiness or divine miracles. When we believe in Christ, we must know that He had shown so many miracles Himself by curing people. But He did not do stupid miracles like taking out a ring or giving some sort of an ash into your hands. A seer can live in a palace or live in a hut, he is a king. Because he is innately a king, like the Sun does not need any light.

This state can be achieved through the awakening of the Kundalini and in India, perhaps, everyone knows about it. Even the Christians had this knowledge, as I told you yesterday, that Kundalini is to be awakened. But as we have lost many things, we have also lost this knowledge. But still, in the Bible, you find sentences like, "I will appear before you like tongues of flames."

These centres are – they look like tongues of flames all living tongues of flames, but very silently moving. And the last center that you see there, Sahasrara, actually looks like a petaled, many petaled, thousand-petaled lotus. But it is like many flames of many colours very silent, sometimes closing down and sometimes opening

But seeing the chakra is not being inside the chakra. Like, you are standing outside this building, you can see the whole building, but when you are inside you just see the inside. So, those who have seen the chakras have moved their attention from one sympathetic to another sympathetic and have gone out.

Supposing a tree is sick, so you cannot enter in to a tree's being through the leaves or through the branches, but you have to pass through the sap into the roots. So, no use treating any particular leaf or any particular flower, the best thing is to go through the roots. So, the Kundalini is the root and the lower center than that, which is the center of your innocence, is the support of this root. This is the center of your innocence and this center is governed by a deity which is an eternal child. The energy of this deity is innocence.

Now the same deity incarnates on this earth as Lord Jesus Christ. He is described much better in the chapters of Mahavishnu of Devi Mahatmyam [Devi Bhagavatam] where His father blessed Him that He should be born on this earth and that He should be the support of the universe.

Marie [hesitating about the translation]: Who blessed him?

Shri Mataji: Univers. His father told Him. [to the translator].

And He had a very difficult task to perform. His body was made of the Brahma itself – the All-pervading Power. There was no

earth element in it. No elements were there. Only this All-pervading Power, this abstract had taken that form. And when He came on this earth, the greatest task He had to do that He had to pass through that gap which you see where ego and superego are crossing as the position of pituitary and pineal body. That's why, when He was crucified, his body was resurrected because He had no body. So, crucifixion gave Him a position in our Agnya Chakra here by which He died and came out of it between these two very tightly crossing, these ego and superego.

So, His resurrection is the message for us. On the Easter Day, we give eggs to people as presents and we do not know what is the meaning of that is. But actually, in the Devi Mahatmyam [Devi Bhagavatam] is described that first He was an egg, a special egg. And half of Him remained as it is, because He formed the lower Chakra [Mooladhara] and the half of it became Mahavishnu that is Christ.

That is the same thing is that the egg becomes the bird by resurrection. And that is why the egg is given to us, to show that we have to become birds. In Sanskrit language, a bird is called as "dvijaha". And also a Brahmin is the one who is a Realized soul, twice born, is also called "dvijaha". Because the bird comes out of the egg in one life time, so it has a double life, means it's a twice born. And also, a human being first is an egg because it's a closed person, you can see the ego and superego close him down. And when the bird is ready, the shell is broken here and out of the egg comes out the bird.

So, a Brahmin, or a person who knows the Brahma, the All-pervading Power, is also twice born, "dvijaha". That's the same thing, is that we are to be born again. Christ has clearly said that, "You are to be born again". I mean, there cannot be more clear statement than that. But what we do is to get some priest from some theological college who is not a Realized soul and he artificially puts the water on the fontanel bone. The Kundalini doesn't move. There is no awakening, you don't see any movement of the Kundalini. Nothing happens. Only we celebrate the baptism by having champagne. How we believe into such things? All this befooling is going on.

But William Blake wrote very clearly that, "A priest cursed me on my head when I was helpless." So, this is what it is: that you have to be born again to be Christians and for that you have to have baptism. In very simple language, one has to understand, it has to be a living process. Any Dick, Tom and Harry cannot put the hand on your head and say that you are baptized. Christ was born Realized, but He took a baptism from John the Baptist because He was wanting to make people understand that they have to do the baptism also. This is called in Sanskrit as "samayachar" [according to time]. For example, in no lifetime of mine, I knew English. I never heard of French. But in this lifetime, I know English and I'm hearing French. So, according to time, one has to act to tell people how they should perform this baptism.

I went to America and all the people I told them, "You are to be born again." So, they started an organization saying, "These are born-again." All false certificates. There is a big organization like that which says, "We are born again." How human beings accept falsehood and so easily! They don't want to understand that, "How can you be born again just by certifying yourself?" And once they form such a fanatic, nonsensical false group, they become so violent and adamant that nothing can change their ideas. They are sure they are born again. But if you are born again, you have to have some powers. You have to have some speciality. And what is their speciality? It's nothing.

I asked one of them, "If you are born again, can you tell Me what's wrong with this gentleman?" He said, "I know, but I don't want to tell You." So foolish and so stupid the whole attitude is towards oneself! They have no respect for themselves, they have no understanding that how God, with great delicacy, with great care and love, has created them as the epitome of evolution.

All these cults are the same style of nonsense that is going on. First of all you cannot organize God because it's a living process. Can you say that on such and such day, at this time, the flower will become a fruit with your watch, even if you have a Swiss made? [Laughter] It's an impossibility. So, how can you organize a living process of your evolution and the source of that evolution which is a living source?

The biggest mistake is that people have organized God and organized religion. Now nobody can penetrate it. It is far away from reality. What it is that, one must know that God is above us. He can organize us; we cannot organize Him. So first of all, we must

drop ideas from our heads that we can organize God or his living process. But we must know the source of that process.

Now, the source of that process is the central path that you see there. I told you yesterday about the left and right side. Now, today, I will tell you in short, [about] the central path. The central path that lies within us is a very subtle energy. In the gross, it expresses the parasympathetic nervous system. Whatever we have achieved in our evolution, is expressed in the central nervous system. That means we can feel it on our physical being. But we cannot feel the existence of Spirit on our physical being so far.

So, in evolution, we have only come up to a point where now we have to have the final ascent. So, this gap, this bridge, is to be done through some triggering. Just like we have spacecrafts - there are cylinders placed into one each other – like, first the physical shoots off the mental, then the mental shoots off the emotional, then the emotional shoots off the spiritual.

But when you start seeking the spiritual, you find there is no way to jump above to become the Spirit. So ultimately, this Kundalini triggers you into the space. So, so far, you have been made human being through the central path or the central power of sustenance. The Sanskrit word is 'dharma' for that "dharayeti sa dharma" [which sustains inside us]. Dharma means the one that sustains. Actually, 'dharma' is translated as 'religion' in English language.

Marie: Is translated?

Shri Mataji: As religion. Religo, religo [Latin]. But it means that as carbon is first created at that point, first point, carbon [at Mooladhara chakra]. Once the carbon comes into the play, the organic chemistry is formed. The life starts breathing. Then the other evolutionary stages take place inside the Void. While the yellow thing that you see there, is the second chakra [Swadishthan], creates the universe.

Now, in evolution, if you reach the last stage, you become the seeker. Those who are not seekers are very low in evolution. They may be kings, Prime Ministers or they could be any big Johnnies. But to God they are not important. When you are evolved to the maximum, then you start seeking your Spirit. Such people are extremely earnest and very seriously thinking, "The aim is seeking." They may seek in drugs, they may seek in alcohol, they may seek in sex, they may seek in other such things which are called immoral. But despite all that, they are seekers. And a person who is not a seeker and a very moral person is of no use. Even if they don't believe in God, they believe in Him because unless and until they say there is no -when they say there is no God, that means, "There must be God". It's like saying, "There is night", means there is the day.

Such people, the seeking is so great that they do not want anything else but the last jump. They are not interested in any material gains or any positions, they have had enough of it! But ultimately, they want one thing, is their Spirit to shine in their attention.

Today in modern times, thousands of seekers are born. I didn't say millions but millions is a better word. [Laughter] Yes, millions and millions, so many are there. And they are lost; some of them are definitely lost, I must say. We'll have to rescue them also. But these men of God are going to receive their Realization. And I've met such wonderful people that one day they were lying in gutters taking drugs and second day they are here giving Realizations. Such tremendous personalities I've met that I'm Myself amazed! Many Saints are taking birth today. All the Sahaja Yogis who are married have got all born-realized children. And this has to happen.

This is the time of our judgment, the Last Judgment. You are not going to be judged in a weighing machine. Only this Kundalini is going to judge you. The great painter and the seer, Michael Angelo, has written it large in the Sistine Chapel. Christ is standing, very strong personality at the Agnya Chakra and He is throwing so many people down to Hell! And the saints are passing through his hand and going above, into the Kingdom of God. He is a great seer because he saw Christ as He was.

Christ was a very healthy, robust personality, but below the painting there was another bony stuff kept as Christ. It is sadistic to show Christ like that. Because they want to see that Christ was a miserable creature. How can a person who was just nothing but these heavenly vibrations could be such a miserable creature like bones? He carried the cross on his shoulders. Let anyone of these popes carry even for five minutes, then I would like to see how they would look!

This has created a big problem in India. Indians were all waiting for the incarnation of Mahavishnu. But the missionaries who

went to India with a gun in one hand and Bible in another, brought the picture of Christ so miserable and Indians could not believe that a person who is going to be born for the salvation of humanity, would be like this. They could not connect that incarnation of Mahavishnu has already come.

It is said that when the incarnation of Mahavishnu will come and it will settle in the Agnya Chakra, then when He is awakened, all our karmas - means conditionings and our ego, "ahamkara" - will be all sucked in. Because He would have suffered for us. And that is exactly what happens when Christ is awakened then these two institutions or these two bloated things just get sucked in. And then you find there's a space in your head and you find the cool breeze coming out of your fontanel bone area and you get your real baptism.

That was the great task of Christ which He performed. And then at the cross He said, "I've done my work." His Mother, for Indian purposes, was the incarnation of Mahalakshmi, the Goddess of the central path of evolution. But He did not talk about Her at all! Because He is bestowed upon with eleven destructive powers of such terrible temper, that nobody can withstand it. If anybody would have touched his Mother, He would have given up his drama and destroyed all the world; half-way, the drama would have finished.

Ultimately, He is going to come in on a white horse. The 'Mahdi' has to come, the 'Mahdi' in the Koran and in the Indian scriptures it is described as Nishkalanka, means 'spotless, pure'. And also, in short form, they call Him Kalki. But when He will come on the white horse, He's not going to give any chance, any Realization, no counselling at all. He's not going to comfort you out of your diseases. And He's not going to redeem you to become Realized souls. He'll be coming with eleven destructive forces of Ekadasha Rudra. And all his compassion and forgiveness will be a past history. You can see his clear-cut picture done by Michael Angelo, as I told you, in the Sistine Chapel. So, this is the most important time today where the world is facing and we have to be aware. No use just saying that, "Whatever has to happen now, we do not want Realization".

As today is my last lecture, I don't want to harp on a subject like Hell. I don't want to talk about it, but I want to talk about the Promised Land, the land where there is the rule of God Almighty, where your Father is sitting with his both hands to receive you with love and give you all his powers for which you should not say, "I'm not ready". It is for Me to decide. You please don't decide about yourself.

Only thing I cannot do, is to create that earnest desire in you. That is my limitation. So, I would request you to feel that earnest desire by logic. See all the people whom you think to be very happy people and go and meet them.

There was a lady who said about a particular actress, "I adore her; I wish I was her." She told Me that. And next day, this actress committed suicide. This is the thing: we do not understand that none of these people, who are supposed to be the top successful people, are happy. Let alone happiness, if you cannot get that, how can you think of joy?

Today is the last day I'm speaking to you and perhaps after one year, I will come back here. I would like to tell the citizens of Paris and France that they must think of their eternal life. They have really played havoc with their own lives and also, they have taught many bad things to other people also. They should now enter into their roots and become great Realized souls and nourish this weak sickly tree of life through their vibrations.

Sahaja Yoga is taking a big stride everywhere and I'm sure many will be saved. But I'm worried about each individual who is sitting here. I wish you could have the same love and respect I have for you. Please take your Realization and follow it up. Within one month you can become the master of your being, no slavery of any kind. For which you don't have to pay anything, don't have to work hard. You have to just swim in the ocean of joy.

May God bless you. Thank you.

[Shri Mataji gets out of the stage and sits down.]

I think today, we will again not go into questions and answers because all these things really do not help. If you have any questions, you can write to Me to my London's address or you can write to this ashram here. And I'll try to answer your questions, whether personal or any general question.

Today it should work out much faster, I think. You have to, a little bit, cooperate with Me. Please, take out your shoes. At the very outset, those who do not want to have Realisation, should leave us. Like yesterday, one lady unnecessarily created a fuss. You should not have any fear about Kundalini awakening. Only thing is, be careful, some people have a habit of showing off. Like they start jumping or doing all kind of things. Please don't do anything. [Laughter]

When the Kundalini rises, it is something that happens inside, not outside. So, there is no need to show off.

What's it? You can come forward, there's a chair for you here. It's all right, yes.

All right. Now those who want to go, please go away, but during the meditation, please don't get up and disturb others. We have to be civil people.

You have to just take out your shoes because the shoes are a little bit tied and also, it helps us that you have your feet on the Mother Earth. It is like earthing. I think scientific words, we understand.

Now, please, put your hands just like this [open towards Shri Mataji] because these fingers, as I told you yesterday, represent the seven centres.

This is the first centre [base of the palm].

This is the second centre [thumb].

This is the third centre [middle finger].

Then this is the fourth centre [little finger].

This is the fifth centre [index].

This is the sixth centre [ring finger].

This is the seventh centre [centre of the palm].

And this is the Void [palm circumference].

So, when you put your hands towards Me like this, the energy passes through your hands and informs the Kundalini and then the Kundalini rises spontaneously. So please, keep both the hands towards Me like this. And keep your eyes shut till I tell you, till I tell you to open because if the eyes are not shut, the Kundalini won't cross the Agnya. It would help your eyesight even if you take out your glasses. If there is anything ties on the waist or on the neck, you can reduce the tightness if you feel uncomfortable.

Shri Mataji [to Marie]: It's flowing quite a lot today, so much flowing.

Just resting on your laps, you have to be comfortable, that's very important. But that doesn't mean you should slouch down. Please sit comfortably, straight, without bending your neck forward or backward. And don't say any chanting or anything, and don't worry about your thoughts.

Please close your eyes. Now as the left side is the desire, you keep the left side fixed on your lap as it is. Now at the very outset, I have to tell you that please, don't feel guilty, forget the past. Whatever has happened, has happened. So, don't start counting your sins. It's perfectly all right.

[Realisation process starts]

1983-0619, Talk to Sahaja Yogis

View [online](#).

19 June 1983

Talk to Sahaja Yogis

Orly Airport, Paris (France)

Talk Language: English | Transcript (English) – Draft

Conversation with Yogis, Roissy Airport, Paris (France), 19 June 1983.

[Cut in the audio]

...You see, this is the time when I'm facing people who are [Cut in the audio]

So I have to tackle those problems so I'm paying attention, it goes to drug.

Somebody might say that: "Why didn't Muhammad say about drugs?" You see, at the time of Muhammad, there were no smoking. So, he didn't talk about smoking. So, the Muslims smoke like that, you see. When Nanaka came, he told that: "Don't smoke and don't drink." Precisely.

"Samayatcha". "Samaya" means "time" and "achar" means "behaving". And Muhammad clearly said about the Resurrection time many years. He has talked about Resurrection much more than he talked Doomsday and he said: "At the time of Resurrection, your hands will speak clearly. And next the feet will start to speak."

Sahaja Yogi: And your feet also.

Shri Mataji: Hum?

Sahaja Yogi: He said: "[Arabic words]". This is in the Koran: your feet and your hands will talk.

Shri Mataji: And, hands and feet will talk, speak.

Translator [in French]: And your hands will speak. The feet, the feet!

[Laughter]

Shri Mataji [to the translator]: That's it?

Translator: Yes, yes.

Shri Mataji: Now. But, you see, these Muslims are using more the Doomsday and same thing with Christians. They don't want to talk about the Counsellor but they want to talk about the last Kalki so just to frighten the people. If you frighten the people, then they will stick onto this. It's a business proposition. That's why it happened like that. And moreover, you see, now, at the time when all these Incarnations came in, they came on one centre, on one area, like all the Prophets came only on the Void.

But while, in this case [in Shri Mataji's case] there are seven chakras, so all the permutations and combinations are there because Adi Shakti is the master of all the chakras, you see. So, She is the One who can really give Realization otherwise, others can't. And they did what was worth needed at that time, on that chakra.

Like the five books of the Bible that you have, Torah, all the five books are common to three of them: Christians, Jews and Muslims. So, the Muslims accept the five books and out of that, they accepted the sharias, that is all in the Bible, whether Jew or Christian or anyone. And it was whatever was said, just to establish with fear the dharma.

But later on, you see that all the other people added their own like Torah has got additions from the Jews, then the Christians had the New Testament, then also the Muslims add the Koran about Muhammad. But you see, Muhammad definitely accepted Christ. Only thing they said that Muhammad had said that: "I am the last to come here as the Prophet." He accepted all the Prophets of the world.

4:55

But, you see, he must have found out that the world is so hectic [unsure], [Shri Mataji laughs] he has been so much misused so

he came back again as Guru Nanak. It's the fanaticism, you see, which makes you so upset. Last time, as I told to Americans, I'll never come to America. But I'm going back. [Laughter]

Maire-Laure: Maybe because also the seekers are calling you.

Shri Mataji: Yes, they are calling Me, but they don't know whom they are calling.

It's a problem. Let's see. Their Agnya is a problem, you see. Really disappointing, because they have no roots, they have no roots. Very shameless. Even the old people are so stupid, I don't know what to do, very stupid.

Arnaut was telling Me that even very old women will wear such sharp heels [Laughter] But I once saw a program arranged for the old people from Hollywood, very old, all shaking like this. All above eighty, ninety years with all the ripples you could count one by one. And they were having a dance you could as "shaky", absolutely stupid! And Dany, you see, agrees because he has been there.

[Shri Mataji laughs] And you all have to give the vibrations. And we have some nice people now, Allan- Nick you have met Allan here.

Nick: Yes Mother.

Shri Mataji: Allan is American.

Marie-Laure: Mother

Shri Mataji: Hum.

Marie-Laure: You know that Tracy is pregnant now.

Shri Mataji: No, I didn't know.

Marie-Laure: She's pregnant, yes.

Shri Mataji: Ho, very good.

Marie-Laure: Just about three months.

Shri Mataji: Ho, that's good. When I'll be there, she'll be busy.

Sahaja Yogi: Yes, we may be busy when we go back moving, cause, I think the first, they're selling the house that we live in. So, when we get back, we may live somewhere else I don't know.

Shri Mataji: What?

Sahaja Yogi: When we get back we may move.

Sahaja Yogini: Maybe they are selling the house that we are renting. It's now sold, we think. We'll find out when we get back. So, we'll move maybe into a [?] house.

Shri Mataji: It's better.

Sahaja Yogi: Hopefully.

Sahaja Yogini: It would be better.

Sahaja Yogi: Mother? Maybe what could be good is that each country can afford to send maybe one people from their country to America.

Shri Mataji: It's quite problematical, you see, but there are some people coming, you see, because I wish some people could come, but last time, you see, we had to take a hotel and this and that. But now of course we have some people who can accommodate you.

They too have very large apartments. Let's see what happens because Modi is coming. He wants to take a house in New York.

Sahaja Yogini: So he wants to come into New York?

Shri Mataji: Of course, he's going to settle down in New York.

Sahaja Yogi: Rajesh Modi Mother?

Shri Mataji: Radja bhaya. For some times, for Americans. Indians are also sending their own representatives. He's very powerful. Now, we should not miss the plane after coming for one hour earlier.

They all push Me out absolutely!

How much time?

Sahaja Yogi: Thirty minutes.

Shri Mataji: Ten minutes we can.

When you are here, I'm quite safe.

[Laughter]

Sahaja Yogini: It's the other way round Mother.

Shri Mataji: Now we have people in customs, we have people everywhere. Even in the police.

Last time one gentleman, you remember, who was in India, started quarrelling with Me that –he was from TM- and he said: "You'd better return all my money." I said: 'Suddenly, I can't give you money, even if I give you, you can't exchange it, you see.' So, he couldn't believe Me and everybody was against it, they said: "Mother, we have already paid for him. You see, suddenly, in between, if he wants to go, why should you pay him money back?" And they told him that: "Why don't you get your money from TM now?"

You see, actually, I've sent the money and -to Delhi - so, I was really in a fix, I didn't know what to do. I said: "All right, baba, I'll pay you from my own." But they were all against it.

Because only I lend fifty pounds. But I said: "If I give you cash money now, you can't carry it, Indian money, you can't, because Indian money cannot be converted."

He wouldn't believe. So, I said: "You can go ahead if you want to go then I'll see it in England." So, he went to the airport – no, he gave away all my photographs, books, everything. And he also demanded money for that also, for the photographs. But negativity, you see, works the other way round also. So, just to test Me, he went to the airport and then he tried to exchange his seven hundred rupees and they became very suspicious. So, they asked him: "Where will you stay?" So, he said: "I was staying in such and such place." They said: "It's not possible, it's for marriages, how can you come for a marriage place? How can you stay there? It's not full Moon. Then all the customs got after him then. They thought he was a smuggler. And then all the police came in.

So, then he told that: "I was with Mataji Nirmala Devi, I've been travelling and all that." So, we have an inspector of police also, a Sahaja Yogi very strong, Kulkani. He told me the whole story he said; "About two o'clock [a.m.] a telephone call came to me that there is some Mataji's disciple, please come and verify." So, Kulkani went to the airport and he said: "If it is a Mataji's disciple, he must be wearing a ring or a necklace or must be a photograph maybe with him or one flyer. [Big Laughter] on him. It must be there something has to be there. And without a photograph, nobody travels, no Sahaja Yogi travels." And he said: "I don't have any." Then Kulkani said: "I don't know this man." So, poor fellow missed his plane. And next day he had to go through lots of various inquiries, this, that. And then he came out of it. Because they thought he is a very uncertain person. So, this is how it works out.

So, I was talking about that security, you see, that the customs people are there, now he [Dany] is in the airport and in Bombay, most of the customs officers are Realised souls. You just have my photograph on top of your luggage. You can pass through. Suzanne told Me that in Delhi she was coming, you see, and they suspected her. So, they wanted to open her bag.

Translator: Linda.

Shri Mataji: No, no, no, Suzanne. Yes. And I think silver is not allowed to carry in from India or something. So, they opened her box. And on top of the box there was a big picture of mine kept. So, the custom officer said: "Namaste." And he said: "I'm sorry." [Big laughter.]

He said namaste to the photograph. And he closed the thing and he said: "I'm I did not know you where there."

[Big laughter.]

Shri Majaji: How are you Dany? All right. Now, your place is Chelsea? [Unsure.]

Dany: Yes, yes, Mother.

Shri Majaji: Absolutely strained.

It's all fun.

She was very much [inaudible] Poor thing, you know she was put in too much strain and then suddenly you start feeling that way. Better go now.

....

Shri Mataji: You play very well your violin. Once, you have to see some Indian playing their violin, you know, they sit on the ground and play their violin. Have you seen any Indian playing violin?

Seeker: No.

Shri Mataji: They sit on the ground and put the violin, from here, on the feet there. And it's very spontaneous, like jazz.

Marie-Laure: Beautiful when we had a concert in Nagpur Mother.

Shri Mataji: Ho! The blind?

Marie-Laure: Yes.

Shri Mataji: He's absolutely blind.

Marie-Laure: Yes.

Shri Mataji: He's a Sahaja Yogi.

Absolutely blind but he is a Sahaja Yogi.

Seeker: Do you think I can start Indian music?

Shri Mataji: Yes, you can start Indian music, it's a good idea.

[inaudible]

Seeker: He lives in India

Shri Mataji: Yes, he lives in India this one. But I tell you the name of the one who has played.

[inaudible] You can get the records of this gentleman. P B J. P and J. Jo, means John.

You know, you can get the records of this gentleman. PB Jo with somebody else.

[People are chatting]

[Shri Mataji is leaving now]

Thank you very much, all of you, thank you very much. Thank you. Thank you.

Now, be nice and sweet? All right?

Sahaja Yogi: All right.

Shri Mataji: All right. Bye, bye.

[Inaudible conversation]

Sahaja Yogis: Namaste Mother.

1983-0717, Devi Puja: God's Blessing upon Sahaja Yogis (Surbiton ashram inauguration)

View [online](#).

17 July 1983

Gods Blessing Upon Sahaja Yogis (surbiton Ashram Inauguration)

Devi Puja

Surbiton Ashram, Surbiton (England)

Talk Language: English | Transcript (English) - Reviewed

Shri Mataji: What a blessing.

Sahaja Yogi: Yes, Mother, is.

Shri Mataji: Ah, come along. What a place! Is it going to be a big Puja here or a small one? Yes, I wanted to have a very small one. All right, please be seated. So how are you? The ladies, come along, sit down here. It is such a blessing to have such a nice place, where we all can meet, and do the work of God. Sahaja Yogis have to remember that you are here to do God's work. And whatever blessings you get, these are just guidelines to know that God is pleased with you. I think the London Sahaja Yogis are real, really blessed ones, real blessed ones, the way they got one after another beautiful places to live in. And, we all should be very, very thankful for what God has been very kindly suggesting to us.

I came here in the afternoon just to see the place, and I looked at these trees and this garden and the flowers. All of them are here specially, very specially, to tell you that God is pleased with you. We have to learn a lot with them, how they grow, how they expose themselves maximum to the rays of the sun, how they suck their nourishment, all this, is a great training for all of us. They are absolutely entirely surrendered to God, and to human beings, who are the epitome of this evolution. So, it's such a big thing that we have a place which is unbelievably great and that we have to be very grateful. Count your blessings, count your blessings. There are still so many lost, so many who are going to be lost, but you are in the right path. This is sort of an advanced payment. It's so beautiful and so sweet. but one has to know, as I told you before, that we are not going to stay in the ashram just to make a life convenient and leisurely. That's not the way we should look at things. If we have to live in the ashram, we have to discipline ourselves. You have to better, better yourself, Everyday you have to rise. Certain rules and regulations of the ashram must be observed. There should be no idea of a democratic government where everybody has a right to vote and can demand what they want. On the contrary, it is the great privilege that you are supposed to enjoy the blessings. It's a great advantage for you, that you are so fortunate, to see these things with your eyes open, that God exists and He rewards. This understanding should give you more and more courage, and complete willingness to improve yourself. This is the most important thing. Sahaja Yoga is of course as you know, is for your transformation and an ashram is for your improvement. So those people who are going to stay here or those who are going to visit here have to relatively see how they are improving and growing. There are many things which are going to come for us. They look material but they have an atmosphere of spirituality.

Try to settle down with yourself. Don't quarrel with yourself. He wants you to be comfortable. After a month we'll get all the Sahaja Yogis who have to stay here, we'll sort it out and then they will be allowed to stay here. Till then we have to see what people are coming from abroad, they must also have proper places to live in. At the most a month, some people would like to stay here, but some of you will have to be here to look after them, to give them all your help. Those who have car, who have time, should come down here and start it out We have to organize it on proper lines. There are three Sahaja Yogis are coming across the oceans. I want them also to stay here. Try to make their stay comfortable. They are your brothers of great achievements, and we have to respect them and look after them. I'm happy we have here from America another great Sahaja Yogi. Try to help them. Whatever they need, whatever they want to do, they want to go out, make arrangements, make it easy. If they want a car or anything, try to help them.

Secondly, you must keep it clean, look after it. We have entered into another arena now and another level where your own comfort should not be considered. It's the comfort of others. Now, you are at a giving stage. So, what are we going to give others, we have to see. Not what we are going to have, "Oh this is not good there's no hot water, there's this thing." All you forget, you will not need anything.

So many will be pouring down. Who else has come for Guru Puja now? Apart from Herman?

Shri Mataji: You have come?

Sahaja Yogi: From France.

Shri Mataji: From where?

Sahaja Yogi: From France. France? Oh, I see, good.

So, all those who are coming from anywhere else, you see, have to stay here. And those people who want to look after them, you can have turns.

Now today is the, what is the date today?

Sahaja Yogi: 17-th July. SMi: All right! Modi is coming on the 19th, I believe. He's coming 19-th. Anybody who is going to organize here, food and all that Michael? Who else with you?

Is David? Where is David? David, all right. So, I'll give you a cheque of 1000 pounds which you can cash, get all the ration and everything with some girls here, who are not... I'm not going to pay. We have money in the bank. Now, don't get upset. I see some people permanent... I'm not going to pay anymore now. Finished! All right. So, we have money in the bank and that money has to come handy now. So about thousand pounds, I would like to sanction.

And, David, you, Michael, who else is here?

All right. That's good. So four of you put together, you decide what you want to buy. And, some ladies you need here to help you. Who will be here?

Kay?

Who else? Those who are free. You, two. Who else?

All right for the time being. Two of you, and four of these boys. The rest of you should not shift here, should not stay here. But once, you see, these people are over, finished with it, then you can shift here. We'll see that. So now we have two ladies who are willing to stay here, and four gentlemen. All right? At least till the Guru Puja we'll be quite busy, I think. Lots of people will be coming. So, some more ladies who can spare their time for these 3-4 days should also raise their hands, I think. These 3-4 days.

All right? Who else?

What are you doing, Tania?

Sahaja Yogi: I'm working Mother.

Shri Mataji: You are working. Won't be free. All right. So about, say, three ladies are there.

So, three and four - seven people. Till the Guru Puja, we can manage somehow and then we'll see about it. Hello It's all right. It's all right. The children are [inaudible]

. So, those who are already here... Who are those who are staying here?

You are staying here? Or who, John, you are there, four of you. So it's five. Five of you are here. Six? Nick. Six of you. Who is in Chelsham Road now? All the girls are there? Michael you are not here?

Sahaja Yogi: Not yet, Mother. Not yet, Mother. [unclear] four people to [manage it].

Sahaja Yogi: Nicholas, John, Alan and someone else, David. No, I think you come along. Till the Guru Puja, you see, you need here, some people to really do the job. You may go to sleep there if there's no room, if there are too many people. But I think we can manage.

Guru Puja is on the 24th only. So, hardly there are 3-4 days, I mean. When will you go to Guru Puja? Evening?

Sahaja Yogi: Friday, Mother.

Shri Mataji: Friday evening or Friday morning? Most people go Friday at midday.

Shri Mataji: Friday?

Sahaja Yogi: Middle of the day Friday.

Shri Mataji: Friday.

Sahaja Yogi: Yes. So, you see, hardly anytime. Today is... Tuesday, Monday, four or five days. Four-five days. All right. I may also shift Myself. If the servants are here, no problem, they'll cook for you. But what, the gas is working here?

Sahaja Yogi: Not yet, Mother. Not the gas here. We got electricity there. But gas is not here. So, how do we cook? Mother, actually the gas has been disconnected downstairs, for safety reasons. So if we ask a gas [bottle] or if we use perhaps a little coercion they will come and connect it on 25-th.

Shri Mataji: Is it?

Sahaja Yogi: Yes, I've had a look downstairs. So, if you get the gas, then it's very easy. I can get the servants here. And I can shift Myself in a way. All right?

If there are say, five people, and you five people and three ladies, eight ladies, they can cook for you, no problem, all of you. But

gas you must have, without gas they cannot manage. The water is running there? Hot and cold, both?

Sahaja Yogi: Not, not, just cold.

Shri Mataji: Just cold. So, how will you have hot water? Is there an arrangement?

Sahaja Yogi: Mother, the only way they'll get hot water at the moment, is to get the gas connected. As soon as the gas is connected, there is an oil boiler, and there's a gas boiler downstairs, in the basement. All right. So, gas connection if you can get it tomorrow, is it possible?

Sahaja Yogi: We'll do our best, Mother. If they can, if they can get the gas connected, otherwise we can't get the hot water running. Without that how will you manage? I just can't understand.

Sahaja Yogi: But, they'll have to connect it tomorrow. They'll have to do it tomorrow Mother.

Shri Mataji: Yes, of course! Is there any electric cooker here?

Sahaja Yogi: No. We only got one electric kettle at the moment. o.k. No, you have to have the gas otherwise it won't work out. If they connect it tomorrow, the servants can come and start cooking. In any case, I'll ask them to shift everything here, whatever is possible, vegetables and ghee and all that. Plus, I'll give you money to buy, rice perhaps we may need and something. So, about four people, gentlemen will be five and ladies will be three. Five and three, eight persons. All right.

As soon as the gas is connected, they can shift here. That's the point is. The gas must be connected. Otherwise, where will they cook? You see, there's no electrical cooker.

Sahaja Yogi: Mother, I've got a small electric cooker, just two rings and a small little oven. Perhaps it would be a start.

Shri Mataji: Start with, yes!

Sahaja Yogi: I've got it in the car actually.

Shri Mataji: Is it?

Sahaja Yogi: Because, we drove it from London to Brighton but we didn't unload it. so we brought it all the way back again, but I couldn't understand why. Now, what do you say to that, Gavin? I was wondering how is she's got the thing. So, we don't have to worry about anything whatsoever. But still we'll need gas thing. But for, for the time being it's good. All right, you shift it here, we'll....

Sahaja Yogi: But Mother the electricity was a miracle as well, because they were supposed to check all the circuits, before they connected us up, but the chap was very nice and he came yesterday and he just looked around and he said all it's all right and he turned it on. So, better do something with the gas also. All right? Because without the gas, so much cooking cannot be done, but partly, as she said. So, better unload the thing and put it down there.

Sahaja Yogi: I think perhaps I could turn the gas on tomorrow. Gas? On your own?

Sahaja Yogi: Yes, but it will be better if we had a gas man there. You better go and tell them, "If you don't connect, we'll connect ourselves". I tell you, so many beautiful things happening. So, we have to have that hot water, will start immediately as soon as the gas... All right.

Sahaja Yogi: I'll come tomorrow. So, tomorrow morning what time, John, you think you can do for the gas?

Sahaja Yogi: Well we'll start at, whatever, nine o'clock, when they open. So, let him come here by nine o'clock? And then you go ahead with him, and get the man and get it done. All right? Douglas, I know you can manage. Douglas is really a daring person. The way he has fought all the TM bhoots, you see, they're all literally frightened of him. You must see today's article in The Times. Did you read? Horrible article. Did you see them? Oh, God! You must see that. He was very upset, David Prall. He came down and showed me the article. It was horrible. They are already trying to advertise it and do all kinds of things and, there's somebody whom they have paid perhaps, he's writing. David, David can tell you. David, have you got the article?

Sahaja Yogi: I'm [unclear] on that. Not at all. So, we are going to work on that. Horrible article! He was very upset, David. I'll get it photocopied. All right, he is going to get the photocopy. Give it to Gavin. Give it to Gavin. Hold it with the prong. So [practical]. So shameless and so fraudulent! It's all falsehood they are talking, absolute falsehood. So many people are levitating. Their guru is levitating in the room. Everybody is levitating there, you see. All falsehood; they can disappear in thin air.

Sahaja Yogi: I wish they would, Mother. And, seventeen thousand people are following, seventeen million or something.

Sahaja Yogi: Three hundred millions.

Shri Mataji: Three hundred million. All false.

Sahaja Yogi: That's about one and a half [world], isn't it Mother? All, I tell you, all falsehood. But, I tell you, these media people don't understand what they are up to. One has to write something to them, that this is all false. Very disastrous! Horrible! But the media was skeptical Mother. In the article they said, that even in spite of his enlightenment to the world peace they had a battle detector when he went into their head quarters, to protect him. Shri Mataji: We have our own detectors. Isn't it? With our detector

we found that you are devils.

So once we have this, then, it's all came so fast, isn't it? Doesn't matter. So you arrange the first floor and the second floor for all the people who want to come. You keep the first floor for the ladies, and the second for the men. All right? Not the other way round. Because there would be many who would be married with children. But most of them will be in Brighton, directly going to that. But Jason, have you been able to receive their information about when they are coming, how they are going, what place they want, how they want to be allotted?

Sahaja Yogi: Some of them, Mother, yes. We know the, the French people are mostly arriving Saturday, with some going directly to the place Friday. And the Swiss people are arriving about 3 o'clock, Friday afternoon. And I think also the Italians are coming at that time. And Phil was in this, in charge of organizing a shuttle and cars to bring them from Pulborough station to the seminar. The Swiss people and the, probably the Italians also would like to stay here Sunday night because their flight goes back on Monday.

Shri Mataji: Oh, that's whole arrangement for them. Also, you will be surprised, this is on your way to Brighton.

Sahaja Yogi: Yes, Mother. So, even if they are coming earlier you can give this address to them.

Sahaja Yogi: Yes Mother.

Shri Mataji: So that they can come here first. And, from here you can take some sort of a bus or something to take all of them together.

Sahaja Yogi: Yes, Mother. There's a green bus that goes from Heathrow Airport to Gatwick Airport, that goes right past, well, almost right past the door, so they can all get on that. But also, Mother, we may have through the University, two dormobile wagons, to sleep twelve people each, so we'll probably have those on the, on the Thursday as well. But why not make one place for them to meet, first of all? Some of them are coming from the back doors also or what? Are they coming from the Brighton side? Yes Mother, some of them, some of the Belgians are arriving tomorrow or Tuesday, in Brighton, and they've asked to stay with us in Brighton, So we've just opened the Pamela's house, so we can house them there. There's a family of people from Belgium coming. I think that's all the ones I know about Mother. I haven't yet been contacted by the others, but mostly there are... But if they are coming on a Sunday here or something, why not they come here?

Sahaja Yogi: That will be after the Puja Mother, when they come here.

Shri Mataji: Oh, I see. So how many will be here actually? On Sunday night, probably about fifty or something Mother.

Shri Mataji: Fifty, here?

Sahaja Yogi: Yes, just for the Sunday night, but maybe there will be others who will stay longer as well Mother, I don't know yet. All right. So, for Friday how many will be here?

Sahaja Yogi: Not so many, Mother. I think most of them are going straight to the seminar. [unclear] with most of them.

Sahaja Yogi: The Italians are coming,

Sahaja Yogi: Are you cold Mother?

Shri Mataji: It's all right. Thank you. Hello, Ambika, how are you, how are you?

Sahaja Yogi: Friday morning and they will stay here during the day.

Sahaja Yogi: Three are coming Friday, Thursday night. Three Italians are coming Thursday night.

Shri Mataji: Thursday night?

Sahaja Yogi: And Friday morning at 7 o'clock is arriving a group with big...

Shri Mataji: Friday morning?

Sahaja Yogi: Friday morning. And they want to stay in the ashram. So then I'll bring them here.

Shri Mataji: All right, so keep it Thursday, say so from, it's going to be on. But I mean gas has to be there. As soon as gas is there I can shift here, no problem. But gas has to be here. I'll bring the servants also with Me.

But after the Puja, after the thing, Sunday, we should find out exactly how many people are coming here, because Sunday night food can be cooked here for them, isn't it?

Shri Mataji: And, they go on Monday morning?

Sahaja Yogi: Yes, Mother. That's it. So, we can arrange that also. It could be arranged, very clearly.

Nick, you have got this van till tomorrow?

Sahaja Yogi: Yes, Mother. I should be able to extend it. I can phone them.

Shri Mataji: All right. So tomorrow, why don't you send the van to Me?

Sahaja Yogi: Yes, of course.

Shri Mataji: All right. Then, we'll extend it, and I'll pay for the extension.

Sahaja Yogi: No, there's no need for that, Mother.

Shri Mataji: No, no, no. One day, I'll pay for it. All right? So, you send the van tomorrow to Me and then extend it.

Sahaja Yogi: O.k. For one day? Yes, tomorrow if you send Me the van, I can send Debbie here, and if the gas is fixed, they can start cooking here. Even for... I mean you can cook for few people on that, but ten people I don't know.

Sahaja Yogi: Only for a start I would say Mother, because it's small, just 2 rings, but it's....

Shri Mataji: Best is to have the gas, you see. So tomorrow you send the van to Me, morning time.

Shri Mataji: You drive the van?

Sahaja Yogi: Yes, Mother.

Shri Mataji: Then you will come along?

Sahaja Yogi: Yes, Mother. All right. And also those three cupboards you have got of Mine,

Sahaja Yogi: We've got a large wardrobe, Mother. A large wardrobe, a dressing table, a suite. I think bring them here, because there is no furniture here. [I'll do all that] Mother. All right, you better bring all that here. Anything special? What is it? So the good news is that James has given birth Hello. He has given birth. I mean not he. His wife has given birth to a baby boy. And you know they had very bad time with the twins that they had, and it's horrible. [Tenseness] had an effect on the lady and the thing was delayed by about one week. But the baby is very healthy, nine pounds something and I have given him the name Janaka, Janaka. I hope you are happy with the name. He's a very sweet baby. All right.

Now, those who are coming from outside, like, ah, you have come from Northampton, Southampton?

Sahaja Yogi: Yes, she is there.

Shri Mataji: Who else?

Sahaja Yogi: Just Lucy and there are others. All of you. Where are you staying now? In Southampton, Mother. In Southampton. But where are you staying today, tonight?

Sahaja Yogi: In Southampton.

Shri Mataji: You'll go back? Yes. Mother. You want to come here? I mean, you are not going to stay till Guru Puja?

Sahaja Yogi: The Guru Puja, next week, yes, Mother.

Shri Mataji: You want to stay here?

Sahaja Yogi: No, actually we are staying at, where the seminar is taking place.

Shri Mataji: I can't hear.

Sahaja Yogi: No, he is saying they will go back tonight, Mother, and then they will come for Guru Puja to the place. All right. All right. You'll go back to Southampton and then you will come. So, how are you?

Sahaja Yogi: Very well, Mother.

Shri Mataji: How is your wife?

Sahaja Yogi: Same, Mother. Same? So, she is here or in Spain?

Sahaja Yogi: No, no, she's in Cambridge, Mother. She's in Cambridge.

Shri Mataji: She's in Cambridge.

Sahaja Yogi: With the baby.

Shri Mataji: How is the baby?

Sahaja Yogi: He's very well Mother. She'll come round.

Shri Mataji: Bogdan, how are you?

Sahaja Yogi: I'm fine.

Shri Mataji: How is your wife?

Sahaja Yogi: [Good]. So, for you four-five people who are staying here, after getting the gas, you see, after getting the gas, again I say, you come and see Me tomorrow. I mean have you any problem over here, you better stay with Me for the time being, is it, till we get a gas. What about his food? Let him in Chelsham Road, I think then, till then. If we get the gas tomorrow then there's no problem, you see. Then we we'll call him from Chelsham Road, all right? Let him be there at Chelsham Road. Who's at Chelsham Road now?

Sahaja Yogi: Graham.

Shri Mataji: All right, so Graham, you are organizing there, so you look after him, and if we get the gas tomorrow then he can shift here. All right?

How are you? John? All right? You wrote a very nice letter to that man, that newspaper fellow. Horrible. Just imagine I never even asked anybody, to take out the coat or anything. In general way I said you take out your coats. They have objection even for that? Can you meditate with your raincoat on you? Only absurd, I tell you, and how can these newspaper people be so stupid to write all that, I can't understand.

Sahaja Yogi: Mother...

Sahaja Yogi: Mother, sorry to interrupt You. There's been a very funny new development, because this horrible man's name has appeared in the newspaper again. There's a, in Brighton, there's a horrible nudist beach, which makes us so sick. We heard some very good news, by Your grace. It looks...

Shri Mataji: What is that?

Sahaja Yogi: They want to take away the nudist beach.

Shri Mataji: Nudist?

Sahaja Yogi: The horrible naked beach, they want to take away. But, the man who would not take off his shoes before You, has written to the newspaper saying "Nudist beach is very good, everyone should take out all their clothes."

Shri Mataji: Except for the raincoat! Look at this stupidity! Now, what do you say to this? Real stupid people, you know.

When we recognized the name and address, we were just screaming. Why not write a strong letter to the editor of this? Other way, we can take these complains through the Press Council [unclear]. So she will say to them what a stupid matter. And why do they give him so much importance? Who is he? He is the Managing Director of what company? Better...

Shri Mataji: What's it?

Sahaja Yogi: [New Times] newspaper, yes. Probably the Managing Director. Yes, because we were looking in the newspaper for his name, perhaps a vault of lightening or something. Better write to them. All of you should do it. Stupid fellow! Such stupid people live here, I tell you. What were you saying? John was telling Me something about you.

Yes? You communicated something to John?

Shri Mataji: John, didn't you say?

Sahaja Yogi: Oh, yes.

Sahaja Yogi: You were talking to me about the paste, to put on my head.

Shri Mataji: Paste?

Sahaja Yogi: Yes.

Sahaja Yogi: It's only a stone first time, then second time...

Sahaja Yogi: Then you needed a stone to rub it, to make a paste, to get it stoned. That is sandalwood paste to be made with a stone, that one is there. John, you know what he told Me, he wants to know the name of the stone that is to be put on his head. I said, "Stone! I don't think." I mean I'm quite strange but not to that extent. I couldn't understand anything. I'm sorry for that. All right, this is the stone I was saying. Any stone like this, anyone, which you can rub. You see, this is the thing, is chandan, you can put it. Gavin, now, this is a regular Puja, is it? I'll wash My hands, if you don't mind, with this. All right, come along. Let's finish it off, the Puja part. All right? So, this, just this thing I said, that on the stone you can rub it. Show him that, Gavin.

Because of the heat, you see. Chandan is the best for heat. If you get blisters due to heat or anything, just rub this and put it on the thing, is very good. Have you heard of any famous astrologer called M. K. Gandhi, anyone of you?

Sahaja Yogi: Yes, it is. Yes.

Shri Mataji: Have you? I've never heard.

Sahaja Yogi: Is he good Mother?

Sahaja Yogi: I don't know if he is good.

Shri Mataji: I don't know, is he? Yogi:

Sahaja Yogi: I think he is commercial.

Shri Mataji: He's what?

Sahaja Yogi: One of these commercial people. He tells your fortune.

Shri Mataji: He is... Who told Me? I'm sure I've seen his advertisements. He is telling others good things about Me.

That's, that's Athena? Athena, now, what's happening? Slowly. What happened? One chana. I only had three of them just now. All right, how many you want? As soon as I eat the chana, the Ganas are standing there. The Ganas are waiting to have some. That's their share. All right, for you also. All right. You have. Now have these. All right, now will have the Puja, and then we'll have more

chana, all right? Sit down. It's all right.

Sahaja Yogi: Mother, we're just starting this issue "From the Heart", for America, especially for America. And I was wondering if there's any particular thing you want us to do for that.

Shri Mataji: Any particular? Any particular aspect, anything special You want us to put in.

Shri Mataji: About what?

Sahaja Yogi: "From the Heart", the magazine "From the Heart", for America

Sahaja Yogi: Yes, this is a special issue Mother. I will read the letter of Patrick. What can I say? Very uncertain. Only good news is the one Mr. Dr. [Marwah], who was going to do all our publicity work has been elected as the Mayor, Mayor of Los Angeles. That's a very big news. And this may do something good, I think. So, first I'm going to do all this in Los Angeles. Actually, I'll go to New York only to meet the Sahaja Yogis there. And, then I will, as the program is...

Shri Mataji: You know the program.

Sahaja Yogi: Yes, Mother.

Shri Mataji: Everything.

Sahaja Yogi: Yes. I'm happy you could come because we are really worried about American tour, how they will take it, whether it will be successful or not.

Shri Mataji: It will be. But look at these Mahesh Yogi's people and all. Just think of it. Not worst person has seen them levitating. But they are telling all lies, you see, and "there is very much better coordination of the body and the mind." Can you believe such a false story?

So, I told him that you should meet this doctor Frenick, or what was his name? Frenick?

Sahaja Yogi: Frenny. Ah, Frenny. You go and see him. Show him this article. You should say that "We all want to protest". You see, he himself will be very happy, that this is how he is going to cheat us. He is fraudulent. And why not we all put together, write a letter to the editor that, "You have no business to publish such a person who has ruined the lives of so many people." Have you got that article of [Madhu, Madhu Dhawe]? [Madhu Jain].

Sahaja Yogi: About his, all his...

Shri Mataji: activities in India, six thousand crores?

Sahaja Yogi: I don't think he's got it now. And what David Praul told Me is this, that so much has been written against him, but there is no, no mention of it. So, you take David Praul, you and [Frenny] and all these people put together, make a very strong letter about it and let Dr. [Frenny] put it in. And he said there are people here who can really, who can, thousands of people who can say what I am saying. You get hold of him.

The doctor, friend of Rustom, did you contact him? John, did you give him the address of the doctor?

Sahaja Yogi: No, I've got the number with me. I'll have to make a note of the thing. Did you tell them about it? I said that, I think Pamela was there. Pamela? Mother?

Shri Mataji: What is? What about that doctor?

Sahaja Yogi: Brian Wells. Yes, he's in London. Did you tell him that he should come for the Puja?

Sahaja Yogi: Yes.

Shri Mataji: Then what did he say?

Sahaja Yogi: He said, he might be on duty on that day and he wasn't sure. What did he say?

Sahaja Yogi: He said he was on duty [when You came] and he couldn't come. He wasn't sure, he was going to try to change his duty. See, all such like that Di, Lady Dee or whosoever she is... She, how is she now?

Sahaja Yogi: I think she is much better. She, I haven't seen her since I saw You the last time, but, I'll give her a phone. I think she wants to come to the seminar. So, why not take her help also in writing. Now, you see, Warren is coming, all these people are coming, you can all put facts together. See this Dr. Frenny, all of you, And, tell him what he is doing, and what sort of trouble he has given to others and how he has taken the money. You go and tell him very strongly. Especially, we have to save others now. It's very important. Another thing he says, that Atlanta some place, somewhere, all people have become very peaceful. Naturally, if you make somebody into a cabbage, they will be. But the majority of the people, I mean the greater percentage of the people, who are in Ireland, and who are in Israel, have become much more violent. Three percent in Ireland, and one percent, one percent in Ireland and three percent in Israel. And, you see, how they are behaving. So this Atlanta we cannot find out but what about these two places? And this Madhu has, if you get his things you can write down. He says that wherever his ashrams are, nothing grows. Even the cows become barren. Just try to see if you have got that one. Or you can ask Marie how it was published. it was sent to us, I think.

Sahaja Yogi: But I can't [remember] how it came to us. I think Marie did it. I think Marie has the original. Marie has that article? Shri Mataji: so ask Marie to help you there, all right? Now, one thing you can catch on it, which you can play about, to say that he is anti-Christ. Whatever he preaches, he's an anti-Christ. Because he leads a life of licentiousness himself. And you can give the example of Linda's things, that was written. She has written it down. Then he himself is making money out of us, and has got all the material things of the world, at the cost of his disciples. He is an anti-Christ. And there is no relationship of his work with Christ, first of all. And, secondly you can also put Mr. Karpur Gaurav, all that, are actually at the worship of, I think Shiva or something. Karpur Gaurav, what is the thing in? [Hindi or Marathi] [Hindi or Marathi] [Hindi or Marathi] [Hindi or Marathi] It is the Shiva's this thing, worship. So what they tell them is the Puja, is the idol worship of Shiva. Put it down there. But because they don't know any Sanskrit they go on saying. All right? Modi will be coming, he'll give you the complete shloka. It's a, it's Shiva's worship. So, that will go into the Christian mind here.

Then, another good news is, Rustom has said that in the Quran, there is a description of Kundalini. They call it Assas. And that at the resurrection time, the Kundalini will be awakened by Mahdi. It's all there. So many things in the Quran, he was saying, that there are seven heavens, firmaments, through which human beings has to pass. One has to ascend through those. But I was reading a book given to Me, by one of the Sahaja Yogis from Brighton. It's very clearly said in that Essesen or something, Essene, Essenes. that there are angels of the Mother and angels of the heavens, and then seven of them and seven of these and everything, and there according to My calculation it is they are describing Monday as the sabbath day, Monday. Because as you go, you see, the Creator is on the third day or second day. It should be in the third day. It's the second day. The first is the, is the angel of the joy. And, that is Shiva. So, it is Monday. Like that. Very clearly day. And it is all written down, it's preserved, and they have just taken it out and translated it. Can you imagine? Means we have got now the Scriptures to quote. Those books are with Me, two of them. Can you get those books Gavin, from some shop? Essenes. Who gave Me that book? You gave Me, yes!

Sahaja Yogi: You can get it. There are lots of them. We can get them quite easily. We can order it through a University book shop.

Shri Mataji: Only through the University?

Sahaja Yogi: Or we can get in other book shops.

Shri Mataji: You can? So, can you, two-three people buy that and go through it. and you'll be amazed, I mean, that's the, that's the real Bible, we can say, about Christ. Even the Bible, which is written now about the ten commandments. Everything they say is mutilated. Because that's the original one they found out. Can you imagine? And these laws that were written in the Bible, at the time of Moses, which are called Shariat in the Islamic religion, are because the people had become so bad, so bad, that they had to put such terrible, strict laws that anybody does that must be cut. His throat must be cut, his hands must be cut, leg must be cut. All this is only because of these things happening. In those days, the people were so bad, so much on the decline, that they had to change all that and they started this. This is very clearly written there. Better get those two books and prepare it, in that line. It will be good idea.

All right, so let's have it. You want to wash My feet? This water when you wash My feet, you go round and put everywhere here. The sun is shining these days a bit too much. You see, when we went to Malmo, I said seven mantras for the sun and the sun came out. And since that day it's beautiful.

Shri Mataji: All right.

Sahaja Yogi: Thank you, Mother. Can you all wash My feet?

Let's have [unclear] to do it. Gavin, come and wash it now. Just pour it. Just rub it. Pour it. Put some music if you have. Douglas, you have some music here? No?

Sahaja Yogi: Some other Sahaja Yogis, Mother, will get it.

Sahaja Yogi: If I haven't and don't get it, I'll play it.

Sahaja Yogi: David, they will play. Some [unclear] will be better.

Sahaja Yogi: Someone arrived carrying a musical instrument.

Sahaja Yogi: Perhaps they might play.

Shri Mataji: It's all right. These are three flats. Where they were? Just the same as, three.

Sahaja Yogi: At [unclear] there are five.

Shri Mataji: Five flats?

Sahaja Yogi: They are going to make seven, I think, Mother. They are going to make seven flats.

Sahaja Yogi: They are going to make 7 flats.

Shri Mataji: But already there are how many flats?

Sahaja Yogi: Three. Three dorms and kitchen. It's about three kitchen. Three. Three. It's three plus. It's good. Now keep this water and you can put it in there, or anywhere, but then you have to take it all round and put it down, this water. Can you wipe My Feet? There's something dry rot in the ground floor. Who can cure that?

Sahaja Yogi: The wood will need replacing.

Shri Mataji: I beg your pardon.

Sahaja Yogi: The wood will need replacing.

Shri Mataji: Wood we are replacing?

Sahaja Yogi: Just because....

Shri Mataji: All right, so somebody has to do it, someone who knows the job. Dora? Will you have a look at it, what sort of thing it is, just now. Right? And I mean before we'll go. And tomorrow you get some wood and put it down there. Ross put it all around. All right? It's good. I would suggest that some of it can be.... This Poornima is? Guru Poornima when is, 24-th? Yes, Shri Mataji, Sunday. One week after. The moon is very small, still.

Shri Mataji: One week more, half.

Sahaja Yogi: We began with even less one.

Shri Mataji: Half moon. I'm washing My hands, you all can say your mantras when I'm washing My hands. Good idea. Let's have it. Also keep this water for the trees and things like that, for the flowers. You can mix it up. You put some more water, I think. All these things can be cleaned very easily, if you use a little bit of tamarind. Tamarind you rub it, keep it for a while [Hindi or Marathi] And immediately you must wash it after that. All this black will go away. Start it with ghee. See, Gavin, I have one, I was telling you. So, you get something better. You can hold it in the hands. So is that the blue colored one?

Sahaja Yogi: He is going to inquire, Mother, [of the spectrum] again.

Shri Mataji: Blue.

Sahaja Yogi: He found one [unclear], one carat, but it was a yellow color. He said so.

Shri Mataji: Yellow you should not. Tell him money doesn't matter. Get a blue one. Yellow is not good. How is it he couldn't find there? No, only because of the money, Mother. The only thing was the budget.

Shri Mataji: Money part.

Sahaja Yogi: We can give him on Monday.

Shri Mataji: Yes, we'll send him.

Shri Mataji: Or in London you can get one.

Sahaja Yogi: Maybe, Mother.

Shri Mataji: Let's be optimistic. All right. So somebody will be there in charge of music and everything? Somebody who has to take music records and things like that? The other day Lata Mangeshkar came to see Me, and I gave her realization and I, I cured her, of her spondilitis and she sent Me a record. She said she has seen My photograph in Cambridge, and she knows about Me. How did you get the milk here?

Sahaja Yogi: Look out, Mother.

Shri Mataji: You get milk? You have asked the milkman to bring the milk and all that? So better get the milkman, gas... What else?

Sahaja Yogi: To get this bin, Mother. Is the garbage can we have to clean.

Shri Mataji: The garbage cleaner.

Shri Mataji: Garbage tins, have you got garbage tins here?

Sahaja Yogi: Not yet, Mother.

Shri Mataji: Not yet?

Sahaja Yogi: We've been using big plastic bags so far.

Shri Mataji: All right. All right. So these three things tomorrow you have to get. All right? And Nick you come along, I'll give you the money, cash. Now, some... What else is there? Not all that, is too much. Half of it. That's all. Now the sugar. Say the mantras and something. 108 Names you can say. Look at the sky. There will be a thunderstorm maybe, to announce the Guru Puja. Now, some water. She got little [unclear]. More sugar is there?

Sahaja Yogi: It must be the sugar right to the back.

Shri Mataji: A little bit, if it is there. It's all right I can get with the water. All right, with the water. That will do, I think. More water will be needed, that's it.

Sahaja Yogi: Some ladies [unclear]. Loudly. Loudly, loudly.

Sahaja Yogi: Cross in that one or swastika? Is there the mirror here? I have a very big nice mirror which is lying with Me, because you must have a good nice mirror. and that I will give you. There is a very nice article, in French.

Shri Mataji: Have you seen that?

Sahaja Yogi: It's from our side. Shri Mataji: Have you translated, did you get it translated?

Sahaja Yogi: Yes, Mother. So we must get it this week.

Shri Mataji: Then I would like to see it. And also should be published you see, in "Yoga", "Nirmala Yoga" I think. See the comb there. Please put it right, [I think]. Something wrong with this one. You see, I don't know. Maybe small, I don't know, it's little bit broken.

Shri Mataji: Beautiful. From here only?

Sahaja Yogi: Yes, Mother. Daisies? I think, let it be. They have got these flowers. Keep all these things together. The smaller ones, I think better put these. For My Puja I will bring my own. Gavin, I have the [unclear]. Let's see. But the size is not all right. This is Mine and old one. This is one karat, about, I don't know, maybe less or... How much he was saying?

Sahaja Yogi: He was saying about, a very fine quality, quite with very little impurities, a three quarter karat, it costs about two thousands. How? Very expensive he is saying. Under this, other one it was one karat, but it was yellow color.

Shri Mataji: We can get it here better.

Sahaja Yogi: Maybe. And tell him to forget it. I'll get one here. Forget it. I'm surprised. Modi is coming. He's an expert. How is it they can't get good ones there in? [Hindi / Marathi] [Hindi / Marathi] [Hindi / Marathi] It's all right. Left Vishuddhi. All right? It's cool down. You want one? You have very small fingers. When your fingers will become bigger, we'll give you, all right? Now your fingers are very small. And the toes are small too. C: Look at this Mother. C: Look at this. [unclear]

Shri Mataji: That is good, all right. Just put it there because all are [clean sets]. C: These are my legs. C: These are my legs, Mother.

Shri Mataji: Good.

Shri Mataji: Both legs.

Shri Mataji: Your toes are very small, you have very small toes.

Shri Mataji: Let me see yours, Athena. Your toes are very small also? Let me see. Very small, they are even smaller than yours. C: His, that is a big. C: It's biggest type.

Shri Mataji: She's the biggest type. She's the biggest type. C: She isn't.

Shri Mataji: Oh, she is. And you... C: I'm a big girl.

Shri Mataji: Your are a bigger one. And what about Katy? What about Ambika? She's a small size?

Shri Mataji: Very small. SMi: What is you size? C: I'm the small size.

Shri Mataji: Small size, yes. C: I'm a big size.

Shri Mataji: Katy is a big size. C: No, she is a small size. C: No, she is a small size. That's the smallest size. C: Like they are babies.

Shri Mataji: Beautiful. Now, sit down, all of you sit down. All right? On the head. C: Look at this, Mother. Look at this, Mother. Now, don't fight. Now sit down for the Aarti. You are all supposed to sit down. Come along. Athena, you sit down now. Aarti is going to be there. Come along. Ambika sit down. Come, come and sit here. Everyone sit down. All right, all right. Sit down, sit down. She's loving you. Great. Thank you. I thought they have fragrance. All for the children. Now let the Aarti be over, all right? Come along [unclear]. She wants and Ambika also. Now, come along. Now sit down quietly. All of you should sit down very quietly. Sit down now, Athena. Now, come along, sit down nicely. Now the Aarti will... Sit that side, all of you. Come along. Olympia, sit here. It's going to be an Aarti now, all right? Put both the hands on the Mother Earth, and straight. Straight, on the Mother Earth, would be better idea. On the Mother Earth, straight on Mother Earth. Palms upwards. Just see there. [What do you see, watch out]. May God bless you all! May God bless you! May God bless you! I wish you could see the Kundalini of the people, so much improved, so clear cut, so nice. I can't imagine. All the chakras are so opened out.

Sahaja Yogi: Jai Shri Mataji! Thank you for blessing the new ashram, Mother. Thank you very much. And Nick, I think you should come with Me.

Sahaja Yogi: Yes, Mother. I'll talk to you about it. But you'll drive the van back. Or else tomorrow morning if you bring the van, then

I'll talk to you about it. We sit down and make the plan. What all other things are needed, can you point out? Apart from the food and all that. That I'll arrange.

Sahaja Yogi: We have to buy two fridges, Mother.

Shri Mataji: Fridges?

Sahaja Yogi: Fridges and maybe one cooker.

Shri Mataji: One, more? Yogi: One more oven we need to buy, and perhaps two fridges, minimum.

Shri Mataji: And freezer.

Sahaja Yogi: And maybe a freezer, Mother.

Shri Mataji: Freezer and two fridges.

Sahaja Yogi: There's a place in Epsom where we can them very cheaply, second hand.

Sahaja Yogi: So we can get second hand, good quality ones, somewhere nearby.

Shri Mataji: Furniture? Where?

Sahaja Yogi: No, fridges and freezers.

Sahaja Yogi: In Epsom, not ver far away.

Shri Mataji: Do you think you should buy a second hand?

Sahaja Yogi: For new, Mother....

Shri Mataji: All right. I mean they should be in working condition.

Shri Mataji: For the time, we should get very nice [unclear] and things. So who will do that? Epsom did you see?

Sahaja Yogi: There's a place in Epsom, Mother.

Shri Mataji: What? English?

Sahaja Yogi: There's a shop very close to here that's run by Indians, and he told me about those.

Sahaja Yogi: He imported staff there and it's just...

Shri Mataji: What, what [maker] are there?

Sahaja Yogi: All different makers I think, Mother. I mean if I'll shift tomorrow I'll go and see also, no problem. They should be good quality, somebody should see it. Not, English fridges second hand won't be good I think, I'm sorry to say. Say for example if you buy American or German, they are all right. And freezers? freezers you mean?

Sahaja Yogi: We'll need one for Your flat, Mother. We shall need one for Your flat, a freezer.

Sahaja Yogi: He says that Your flat will require one freezer.

Shri Mataji: My flat? A freezer? But what about you people? You too, should have a freezer. All right. Get one. It's all right.

Shri Mataji: For the time being we can run only one kitchen. It's possible. All right? I won't spend much money on you, don't worry.

We'll combine together, all right? [What you can say?] So freezers and carpets. Do you have carpets?

Sahaja Yogi: We've got some of these but very few other things, Mother.

Shri Mataji: The bigger ones you don't have.

Sahaja Yogi: We, we are in need. We are in need of some carpets, I think.

Shri Mataji: You have only this kind? There are one or two rooms that already have carpets, but most of them I think they are in need. What are the things? I saw some carpets like this are not good.

Sahaja Yogi: [What like it was?]

Shri Mataji: Very cheap type, you know something as...

Sahaja Yogi: Where You just saw it Mother, was inside?

Shri Mataji: Upstairs.

Sahaja Yogi: Yes, there are some existing ones but I think are very poor. You just get the sizes of the rooms. Sometimes you do get those bigger ones, you get these. [unclear] If you have the sizes, we can get some, some carpets.

Sahaja Yogi: David says he's got some things, Mother.

Sahaja Yogi: I've got a lot of spare carpets, Mother.

Shri Mataji: Yes. David Praul?

Sahaja Yogi: Yes, I've got a lot of spare carpets, I'm just keeping out.

Shri Mataji: Spare carpets? Very large.

Sahaja Yogi: Yes, a lot of spare carpets.

Shri Mataji: All God sent. Everything God sent in this company. What is the size? David, what is the size?

Sahaja Yogi: Oh, they are very big rooms, Mother, much big than this.

Shri Mataji: Is it? In any case, you get the sizes of the rooms.

Sahaja Yogi: We can measure those rapidly, Mother. Very quickly. There are many closing down things going on. Now you better rush [see to any more] or do any more. Ashrams is because there are closing down things but again start. All for you. We'll, we'll arrange the carpets also. You know carpets, fridges, what else?

Sahaja Yogi: Some more furniture I think, Mother.

Shri Mataji: Furniture. What about, you had bundles of furniture from there. What happened to that?

Sahaja Yogi: From where Mother?

Shri Mataji: From that Warwick road. We've brought all the stuff that we have. We've brought everything. There is, there are more than two items that are spread around London with Sahaja Yogis looking after them, but very few items like that, Mother. I don't think [unclear]. I think we ought to get some more. Somewhere we will need a, perhaps a washing machine.

Shri Mataji: Washing machine?

Shri Mataji: Washing machine and...

Sahaja Yogi: For the laundry. But I don't think you should take second hand. It's not much expensive, because if they go out of order, it's useless. You have liabilities. We'll have a washing machine, and freezer, Carpets we can have second hand, it's all right. All with a half price business. But I don't think for machines we should go in for, otherwise the washing machine is useless. Hounstitch, you get very good washing machines. From sublime to ridicule. As I told you the story that you see the child is flying the kite and the boy is talking to everyone. He's talking about everything, he's laughing, joking, But his attention is on the kite. That should be. We are doing everything in this world, but our attention is on God. That's how you will proceed further. We don't have to give up anything. We don't have to renounce anything, to be frightened of. Everything we will do. But our attention is on God. That's how is going to work out. All right? So tomorrow you come and make the list with Me? You come down, we'll cash some money from the bank, go around, find things for the kitchen also. Just now, I've got everything utensils. And what about your utensils?

Sahaja Yogi: We have so many tea chests but we have to unpack them with lots of crockery and [unclear].

Shri Mataji: A tea chest I will need.

Sahaja Yogi: We'll bring that tomorrow morning, Mother.

Shri Mataji: You'll bring them? You'll stay here overnight.

Sahaja Yogi: Yes, Mother. All right, so bring the tea chest. What about some of my boxes? Have you got some of my boxes?

Sahaja Yogi: The tin boxes, Mother? They are still in Chelsham Road.

Shri Mataji: So I need them too. all right? I think you bring all My things from Chelsham Road here. And then we'll sort them out here. Put them in the ground floor. For the time being I think the ground floor you leave it, and you start working on the, all for all of you. The ground floor I'll see what we can do. So that, I think Mark or maybe you can see that wood part. And whatever wood it is needed, all right? You put it there, I'll give you the money for that. What's the [unclear] dry rot is very bad. So you have to put some sort of an antiseptic there. Not antiseptic but it's called as insecticide. There's a kind of insecticide for dry rot, that you put it there and cover it up this, all right? Anything else? We'll need some basic things also like Hoover, vacuum cleaner.

Shri Mataji: What?

Sahaja Yogi: Vacuum cleaners, small pieces of equipment. And I don't know, that's at [Lonbury] the good one, whether it's working, but we need something to maintain the [garbage].

Shri Mataji: All right, you write it down whatever you need, we'll go down there, and do we have any card to the Westminster bank, do I have? We'll have to cash the cheques tomorrow, We'll go to the bank, cash the checks and then go around. Have some money already. So from day after tomorrow I think we can start this place working. Day after tomorrow, if the gas comes. So that's [unclear]. So we have to thank for getting this place, especially to people who have worked very hard to get it. like David [Day], John Robert, [unclear name], who else? Who else is there? I must know. Gavin. These three persons have really worked very hard. Who else? I hope you are not one of them. The way you look embarrassed.

Sahaja Yogi: I am not guilty, Mother. But I think I am also. All right? So thanks to your Mother and thanks to all of you that you've got this place. May God bless you! We are going to have a nice time, very nice time at Guru Puja, all right?

Sahaja Yogi: Thank you, Mother! So I don't think tomorrow anybody should shift here and how many can stay in the ashram at Chelsham Road, be comfortable there and then once we have made this comfortable, then you come here, because he, I was very comfortably staying with him, and I want you all to give that comfort to him also, all right?

Sahaja Yogi: He will come back [unclear], Mother.

Shri Mataji: I beg your pardon.

Sahaja Yogi: He'll come back [unclear].

Shri Mataji: All right. Look after him. He's a very, well educated, learned man. [Hindi or Marathi]

*Bibliographical note:

The two books mentioned could be by Edmund Bordeaux Szekely. (JN)

1983-0723, Guru Purnima Seminar Part 1: Rutumbhara Pradnya

View [online](#).

23 July 1983

Talk to Sahaja Yogis

Lodge Hill Centre, Pulborough (England)

Talk Language: English | Transcript (English) – VERIFIED

Rutumbhara Pradnya part I, Guru Puja seminar, Lodge Hill (UK), 23 July 1983.

It is my immense joy to see all of you here from various parts of this world. When your heart is so full the words are too poor to carry the intensity. I wish you could understand that intensity, through your heart.

It's all been arranged, I think, by the Divine, that we should meet here all of us in such a wonderful surrounding, in the Nature. That something great should happen to all of us. That we should achieve really something great this time.

Now as the time is short, I will tell you, first of all, a few things about meditation now, then we'll have two more talks, I hope so.

'Meditation' is a very general word. It is not a word that explains all the three steps one has to take for meditating. But in Sanskrit language they have very clearly said how you have to move in your meditation.

First is called as dhyana, and second is called as dharana, and the third is called as samadhi.

Luckily Sahaja Yoga is a, such a thing that you get everything in a bundle. You avoided everything else and you got the samadhi part. That's the beauty of it.

Firstly the dhyana: First, when you have seeking, you put your attention towards the object of your worship. That's called as 'dhyana'.

And the dharana is the one in which you put all your effort, concentrate all your effort. But this is all drama for people who are not Realised. For them it's just a sort of an acting that they do, but for a Realised-soul it is a reality.

So the first, the dhyana, you have to do. Some do it of the Form, another of the Formless. But you are so fortunate that the Formless has become a Form for you. No problem! You don't have to go from form to formless and from formless to form, it's all there, in a bundle!

So you concentrate, or think, of some deity or some point for nirakar (formless), for the Formless, or of nirakar itself. It's also mental projection as long as you are not a Realised-soul. But once you are Realised, you have to just think of dhyana: [on] whom you are going to concentrate, or you can say, meditate on.

But once you start meditating on a person your attention starts moving. That is also possible after Realisation. Though it's in a bundle, but some people have it, part of it, part of it, like that. So when you meditate, still your attention can get disturbed every moment. It can happen, depending on the intensity of your concentration. So there are some Sahaja Yogis I have seen: they are cooking, and there's another one who is meditating. The meditating one will say, "Oh I can smell it is burning," So there is no dharana (). 'Dhaar' means a flow, a continuous flow. So there is no dharana. Dhyana is there, but not dharana.

The second part of it is very important – that you have to put your attention continuously onto your deity. Then you develop a state, which is called as 'dharana', in which your attention becomes one with the deity. But when these mature, the third stage of samadhi comes in.

Now for people who think that, without Realisation, they can do it, I think they are absolutely mistaken. But after Realisation also, when the dharana is established, you have to get to the position where you become samadhi.

Now, what is that state?

When that state comes into your mind then, whatever you do, the deity that you worship, you see that deity in your work. Whatever you see, you see the deity giving you the show. You can put it (describe it) like that. Whatever you hear, you find the deity telling you the Truth. Whatever you read, you find there what the deity would tell you.

So in that state, whatever you do with your eyes, nose, and all these organs, all that becomes a kind of a manifestation of the deity whom you worship – automatically. You don't have to think, "Now I must concentrate, alright. I will not have these thoughts." "I have to now think about this." It becomes automatically that. You read a book, in that book immediately you find what is good for Sahaja Yoga. If there's a book, which is anti-God, you discard it. But if you have a problem, you see that, "It must be for some lesson to me. That it is to teach me some experience." It is the manifestation of the deity itself. For example a lady feels she is going to have an abortion, take a position. So one person who is not yet in samadhi avasta, or condition, will say, "Oh God, I am such a Sahaja Yogi, I have done so much for Mother. I went all the way to Pulborough thing, and, despite that, see, this is the problem!"

But another would say that, "Alright let me try. I'll go and tell Mother." On the photograph, or maybe telephone, something. And he'll find, to his surprise, that it's all done. It's perfectly alright. This is only possible if you are a Realised-soul, otherwise not possible.

So the state that is awakened within you is called, is a new state of mind, in Sanskrit language it has a very beautiful name is 'Rutumbhara Pradnya'. Which is a very difficult name. Rutumbhara Pradnya. Rutumbhara means the whole, Rutumbhara is the name of the Nature. And that the whole Nature, one feels, is enlightened. I'll give an example: when a child is to be born, the mother starts lactating, automatically. The Nature itself works out for the birth of the child. In the same way, when this Rutumbhara Pradnya, starts expressing itself, only for Sahaja Yogis, nobody else, you are amazed how things work out suddenly. Rutumbhara Pradnya it works out.

Now the time is very short, but I'll give you an example. I came to Brighton, and Jason said, "Mother let's have Guru Puja in Brighton". I said, "Alright, have it. But you find out the place." So he went to the university, said, "The university people will help, but it's rather small and..." I said, "But ask them". But, "No, it's booked on Guru Puja." Then I said, "Then what can you do?" He said, "Then what to do Mother?"

I said, "You try somewhere else just now. Telephone to somebody else." So he went through yellow pages, I don't know what, and he telephoned, and they said, "We have a place, a beautiful place, and you come along and have lunch with us." And just he went there. He had a very nice lunch, they were very happy [that] they were to accommodate everyone. They were very nice, and he was amazed how everything has worked out so well!

So the Rutumbhara Pradnya has started working in your favour.

You all tell me, "This is a miracle, that has happened Mother, and we don't know how it has happened!" I'll give you an example: Yesterday, you we were doing something with cement and the Italian boy said that we'll need two bags of cement. I said, "You carry on, it won't finish!" Even before I was leaving, they were carrying on, still not finished! Now cement of all the things. Imagine!

So this special thing is your own state, where you are feeling the oneness with the Nature and the Nature is feeling oneness with you. So the Divine itself is expressing through Nature, through various happenings, through various incidents – the Love, the

protection, the attention that the Divine is giving. And there's no end to it. It just happens, and people don't know how it happens. But that is what is the state of samadhi.

But there could be people if I tell them, "Will you do this?" "Oh no Mother! The shop will be closed." "Oh, They won't do it!" "That's not alright". They go on like that. And there are people who say, "No! Let's see. If Mother has said – maybe."

I'll give you another simple example, very simple, absolutely gross, but it's there: One day Mr. Shrivastava, he takes one type of tea. Very English! And he wouldn't like other tea. So he told me, "Oh God, we are finished with the tea and what to do tomorrow morning?" I said, "It's alright, let us go to the tea shop." So he said, "It is eight o'clock in the night and what do you mean? They'll all laugh at us! There is no shop at eight o'clock open." That tea centre. I said, "Let's go! What's the harm. I am just saying 'let's go!' " But he said, "What absurd things you are saying!" I said, "Alright, absurd whatever it is. Let's go!" So he wouldn't listen so I told the driver "Alright, let's drive down!" We went there. And the lights were on. We said, "Eh! How is it the lights are on?" (laughter) So we walked in, you see, very peevishly. And they all were there standing, "Oh we've been waiting for you such a long time, and you are the last to come!" Just imagine! So I asked my husband. He said, "I forgot we had a reception here!" (laughter). And they said, "You are the last to arrive!" And they said, "Alright, doesn't matter but you'll have your presents!" So they gave us two tins each of tea! (laughter)

I mean, there are thousand and one examples like that. Today like some were trying to push the bed. The three of them were trying, it would not push. I said, "Alright, I'll push it." I just put my Nabhi there. Just, I didn't push anything, it just pushed. Because of the Rutumbhara Pradnya . But this is not chamatkar (miracle) or anything. It exists in the Divine the capacity to manifest it's love, to show that you are the saints, you are the chosen ones of God. But you accept that situation first. But if you behave like all other normal people, "Oh God, the shops are closed, and that man is so difficult, and I don't think it will happen" - never happen.

But you must know you are saints, chosen, and given birth by me – The Form and the Formless.

So this Pradnya is going to manifest, is manifesting every moment. Be prepared, be happy, welcome it, and accept that you are that. The level is different.

Now the time has come for Sahaja Yoga to change it's level. We have to change. We have to go higher. The level has to come up. But Sahaja Yoga is such a cosmopolitan thing that we have got the worst bhoots to the highest, on the same plate. Now, some of them are round ones, which are the ego-oriented ones, who roll all the time. They don't know how to raise the plate. If you raise the plate they'll roll down. So you are frightened you have to hold them. And there are some who are squares. And the square ones are carrying other squares on their heads, like bhoots. So if you raise them they may all topple down, or maybe the bhoots might fall off. God knows. But there are third type who are prisms, who are like pyramids, who are nicely settled down, whatever level you raise them, they are stuck there.

So those who are at the periphery are a problem, definitely, for me, because in my compassion I cannot throw them out. And we have to help them to come out, by really now, telling them, that they have to rise. How long are we to wait for them? Everyone has to see that the peripheral people are brought in properly so that they don't go out of Sahaja Yoga. Compassion is alright but not at the cost of keeping the level of Sahaja Yoga lower, never!

We have to raise the level of people who are well settled in Sahaja Yoga. So everybody must try to settle down and come up to minimum standards at least. Otherwise, I am sorry, many will be sieved out. That's for the five minutes! I'll have another, I think, one hour or so, one and a half hour later on today. Please.

Thank you very much.

I would say that somebody should translate it if possible. Is it possible to translate?

Yogi: We could translate it afterwards, Mother.

Shri Mataji: In French after? To be told them Rutumbhara Pradnya and all that. Later on you can translate. I mean those who have to go for lunch now should be English then. Then he can explain it, the first part, as you please, I don't know. Those who are staying here, should not. Those who are come, should. It's wrong. The guests must be looked after, I mean, the other way round.

Now we have to divide in two halves, but I would say those who understand English should go because then Gregoire can speak about this and somebody can translate also in Italian.

Gregoire: Shri Mother, I'm sorry, but it's already divided with numbers in two lots, so I think the first number has just to go.

Shri Mataji: Is it already divided?

Gregoire: Yes it's already...

Shri Mataji: ...organised!!!

Gregoire: Organised. (laughter and applause)

Shri Mataji: Oh, I see. I didn't know who is here unhappy. Both of you have come?

Yogi: Mother?

Shri Mataji: Only two of you have come?

Yogi: Three.

Shri Mataji: Who is?

Yogi: Alfredo and Ricardo.

Shri Mataji: Who?

Yogi: Alfredo and Ricardo.

Shri Mataji: Good, good. Busy hai! Good. So how are you?

Yogi: I'm alright now.

Shri Mataji:substantially support Sahaja Yoga. Like Dr. Warren has brought a very good extract, I think. Is it an extract?

Gavin: Yes you read it Mother, you read it.

Shri Mataji: Just imagine! He was a Catholic Christian church fellow who could say all these things so clearly and see so clearly. And this book, you see, Essenes, that a book. But now Rustom told me that he has found out, in the Koran, that the Kundalini resides in the triangular bone is called as Asus. And at the time of Resurrection this will be raised and people will get their Realisation. Can you imagine?

The second thing he said, the same thing which has written in these books that there are seven firmaments and there are seven powers. Can you imagine? All that is described in the Koran and what are these Muslims doing and what are these Christians

doing?

But even those who knew, the Hindus, so-called, what are they doing, stupid. Everybody seems to be stupid! You can't blame those who knew and you can't blame those who did not. They are just the same. It's very clearly written all about the seven chakras and everything since the Patanjali. But who is seeking God? But these discoveries are coming up and they are going to substantiate and you are going to talk to these people about the kind of things they have been doing to the essence of religion. But these are authentic things. People want to believe into something that has happened. That's a good thing in a way because we have some certificates.

Nobody wants to ask any questions to me? Because one third [of the yogis] is missing so I would like to speak about general things later on.

Yes, yes?

Yogi: We were just talking about your comments. For example in Islam we were talking about the Mahedi who looks like a Muslim with a beard and in Buddhism they are talking about a Maitreya who is like a man. Every religion is talking about a coming who is in their own form, I mean, projecting (their imagination of Mother). What about this? But they are all talking about your coming.

Shri Mataji: Many of these scriptures are mutilated and changed also.

And Buddha of course is a laughing Buddha. They think of 'laughing Buddha'. Then because it was Mohammed Sahib they think of a fakir. Because your mind is like a projector, and the film is what you have seen before, like Mohammed Sahib. So the mind projects it and you get Mohammed Sahib as the image. So whatever film you are using it depends on [that]. But whatever has happened never happens again. So if you have seen with the film, say, for example, if you have made a film, it's made once for all. You do not make the same film, do you? I mean you are having "Mouse Trap" (play in London theatre) for so many days here, for example. But every time you see that, acting changes. And every two, three years the actors also change. So though the essence is the same going on the same thing is now going to be repeated. Mohammed Sahib's life is not going to be repeated. Nor is He going to come in the way he came as a fakir. No! That has never happened in the history, why will it happen? So every time whatever has to happen has to be new. That's the style the Nature is. It doesn't want to bore you say with the same (laughing). And that kind of life [is] no more needed also.

And thirdly, as the seed grows first the roots have to fight a lot to embed the seed, and then shoot has to fight a lot, but when the tree is there then it supports others, it helps others. It becomes a strong flowering plant or a flowering tree. So the whole thing is changed every moment, which is no more the seed. But people want to see the seed again. Why? You are identified! It's very subtle identification. Christians are more identified with Christ than with Mohammed Sahib. Why? While the Muslims are much more identified with Mohammed Sahib. But why? Is there any reason? They equally intensely identified, for no rhyme and reason. None of Them gave them Realisation. They told the same thing. But why this identification so much with this?

Now, when you are walking, you are thirsty, you see a river – whether it is the river Ganges or Jamuna or any other river – if you are thirsty you will drink. You won't say, "No, I won't drink because the Ganges is not here." Now supposing I, say, in London, "I will only have the Ganges water." Will I have? But there are mad people I tell you, even in India. I was told some people brought the water of Ganges and the clay from there, to clean their hands here, from India. I mean they can do it.

This is what Sahaja Yogis must understand. That drop out your identifications with the past life. If you are born a Christian, alright, so what? Now you are a Sahaja Yogi! If you are born as a Muslim, so what? Now you are a Sahaja Yogi! The second part – what happens to you – I'll tell when we have the second lecture that, as a Sahaja Yogi how things drop out automatically. Alright?

So these people are not the ones who are really following any religion whatsoever. They are following their ego religion, that's what. There's no religion in this kind of thing. So all these identifications just should drop out, when you understand. Only there's

one way of convincing them is to show that all of them who have died, who are no more here, have said that Sahaja Yoga is going to come. That's the only way you can convince these hard nuts. This is the problem.

But surprisingly Muslims never talk of Resurrection. They are not bothered about Resurrection. They are only worried about the doomsday, like French. French are now thinking that doomsday going to come definitely. I mean somebody asked me, "Are You sure it's going to come or it's postponed?" I said, "Postponed, forever" (laughing). Very seriously, I tell you. Very serious people asked me that, "What do you say if doomsday is coming or not?" And they were quite disappointed because they were banking upon it (laughing). This could be with anyone. I am just saying French, because they were French who asked me, but could be anyone. I mean don't be identified again.

Like I was telling today that they show advertisements sometimes, so horrible that they will show as if some miracle is going to happen and suddenly lot of ice will break, this will happen, that will happen and what will come out is a lager. I mean really from sublime to ridiculous! Horrible! You just can't understand that. But I really laughed you know one day. There was a gentleman sitting, he said, "Why did you laugh?" I said, "What is this? Sublime to ridiculous!" He said, "What do you mean? I like my beer!" I said, "Sorry!" That's it. The identification is like that, you see. Even ridiculous things start looking so fine if you identified.

I hope all of you are Sahaja Yogis here. Or they are still Doubting Thomas's sitting? They will have a bad time I must say! It's a very powerful session.

Now don't you worry! Don't doubt yourself, it's alright.

What about other questions? That was a good one.

Don't depend on their images. That's why these days most of the gurus are keeping dadees. It's very easy to grow there. I can't. But for any person to grow is alright. When you feel they don't grow they can't put on one. So do become angry with them?

Yogini: What happens with those people who got Realisation from you at your programmes, but they don't getting to Sahaja Yoga? What happens with them?

Shri Mataji: They don't grow, they are dwarves.

Yogini: What's the meaning of that?

Shri Mataji: That's very bad to be a seed which has been sprouted and goes to waste. Is a real waste. Because, which is not sprouted, may one day sprout. It's a real waste I tell you. But mostly they come back, quite dwarf, but come back. They go, come, like that, you see. There's no understanding about the graveness of this kind of a shallow behaviour.

They don't understand, that's why they behave like that. But then they get something horrible, then they come to Sahaja Yoga. They go into problems then they come. But the progress is so little. I mean the one who must have come with them goes much higher.

So what is the programme in the evening? How are you going to do it?

Gavin Brown: Do you mean the one that is written on the programme, Mother?

Shri Mataji: Alright, it's all organised? If Sahaja Yogis organise I have to obey! (laughter)

Gavin: In the afternoon it's a writers meeting with the publisher.

Shri Mataji: What the meeting?

Gavin: Writers. They said, "Before you arrive." You have arrived though. (laughter)

Shri Mataji: What was it?

Gavin: It says, "Writers collective meeting with publisher (venue to be announced). Or b) Bhajan rehearsal in lecture hall."

Shri Mataji: So who were the writers?

Gavin: It doesn't say. (laughter) Then it says, "More spontaneous and unplanned events."

Shri Mataji: Gavin, are you writing poetry? (laughing)

Gavin: It's not me who has written, Mother.

Shri Mataji: Who is written? You? You yourself.

Gavin: This is Jason. I am just reading it out.

Shri Mataji: They said that, "Likha Mose padel tha..." The Moses have written and the one who knows about Moses has written, is only Isa - means Jesus Christ. Ah.

So what is it? "Spontaneously..."?

Gavin: "Spontaneous and unplanned events and preparation for Shri Mataji's arrival." (Laughter).

Shri Mataji: He is playing safe! Alright, then.

Gavin: "Then four o'clock pm, approximately Shri Mataji arrives. This is subject to change." (laughter)

Shri Mataji: Alright, then.

Gavin: Then there's nothing [scheduled] until seven o'clock.

Shri Mataji: Ah, then, nothing until seven o'clock? That's the way. Now. Should I tell you? Let's have it like that - spontaneously. I have arrived earlier, so, what we do now [is] you have your lunch and rest for a while. And then, after the lunch, about an hour or so you come along and assemble here. And you have a thing called that 'Brain Trust' business. Where were you talk to each other, have a rapport, ask questions, tell people, like that. It's a very good thing. You appoint some people for that. Go about like that till you have your tea. Then after tea I'll take over. Alright?

But that doesn't mean you should not attend all the rest! You all should sit down and talk. It helps a lot. And help each other. Ask questions and things openly. And then after that is the dinner and after dinner...what time is the tea?

Gavin: There's no tea as such, Mother. But the only fixed time is seven o'clock for the barbecue dinner and then the dancing will be about half past eight.

Shri Mataji: Alright. And the tea is at what time?

Gavin: I think we can have it about four but there's nothing written down.

Shri Mataji: Five o'clock? Five o'clock. Say, four thirty five. Finish it by five, say. Hmm? And let's start at five thirty, to six or seven. Then we'll have a barbecue dinner. And after the barbecue dinner we'll have the music program. Alright?

Then tomorrow you can have dhyana, meditation, in the morning and about, say...you must get up early. And after that you can get your tea, I don't know whenever you feel like. I don't know what the style is. And after the dhyana is over then you can come for your breakfast or whatever it is. And then you have again a little seminar sort of a thing. This is at twelve [that] you go for is it?

Gavin: Well tomorrow there's no staff here. We make our own lunch arrangements.

Shri Mataji: Oh, I see. Then it's alright. Then there's no problem. Tomorrow is the puja day, so you need not have a seminar or anything, anything like that. We can start our puja say, say...should be at ten, about. And have a food after puja. That's how we are: After that, after that, after that. Alright?

May God bless you.

So can I retire now in my room? Thank you very much.

1983-0723, Guru Purnima Seminar Part 2: Assume your position

View [online](#).

23 July 1983

Talk to Sahaja Yogis

Lodge Hill Centre, Pulborough (England)

Talk Language: English | Transcript (English) – Draft

Ritambhara prAgya - part II, Guru Purnima Seminar of Lodge Hill (UK), 23rd of July, 1983.

Sahaja Yogis sing (Marthi 4) Bhaiya kay. taya to Shri Mataji

Bhaya kāy. tayā prabhu jyāchā re (x4)

When we belong to God, what is there to fear?

Sarv. visarali prabhu may. zhāli (x2)

We forget everything in the Divinity

Purna jayāchi vāchā re (x2)

And we become completely lost in God

Bhaya kāy. tayā prabhu jyāchā re (x4)

When we belong to God, what is there to fear?

Jagat. vichare up.kār'āstav. (x2)

The world is grateful to Him for His blessings

Pari nach. zo jagatāchā re (x2)

But He doesn't belong to the world because he is completely detached

Bhaya kāy. tayā prabhu jyāchā re (x4)

When we belong to God what is there to fear?

Iti nirdhan. parasr. zyāchā (x2)

You may be without any outward wealth:

Sarv. dhanāchā sāchā re (x2)

The real treasure of wealth is inside yourself

Bhaya kāy. tayā prabhu jyātzā re (x4)

When we belong to God, what is there to fear?

Ādhi vyādhi maranā varati (x2)

All the diseases and problems get completely dissolved

Pāy. ashā purushāchā re (x2)

Where the Feet of God reside

Bhaya kāy. tayā prabhu jyātzā re (x4)

When we belong to God, what is there to fear?

Thank you very much!

Somebody will translate me?

Yogini: No. We would like you to translate it for us, please!

Shri Mataji: The song is written by a relation of ours. He was a convert to Christianity, but a realised soul. And he could never cope with the system of conversion and also the way the Hindus were treated among themselves, with the caste system, and all that. And he has written very good, some of the very good hymns, I should say. This is one of the hymns.

The song is something I really always used to sing in my childhood very much. And the theme of the song is like this: The one who has got God, or the one who has owned the God, why should he have any fear? The one who moves about, or the one who goes about - I don't know what is the English word for 'extensive travelling' - the one who moves about extensively, for the sake of God and for doing good to others, but he does not belong to this world, such a person has no fear. He stands above...the language, Marathi language you see, is a very, very intense language, I should say, and it touches many corners when you say one word to it. It's like this one is: "Adhi Vyadhi Varana Varati, Payi Asha Purusha Tsare." It means: A person of this calibre is standing above, his foot is above the sickness, the mental problems, and the death itself.

But when you say that such a person has the foot on top of this, means also, you see, it's meaning is, that with the effect of his foot, it can get over it. It's a double language you see. Like such a person has his foot on top of all these three things, is the sickness, the mental problems, and the death. The foot is on top of that. It means that such a person is above this. Thus, if you have somebody of this calibre and the foot touches the sick, or the mentally disturbed people or the dead - such a person can raise them higher, can take them out of it. It has a double meaning.

So the whole theme works out this way: that the person who belongs to God, who owns the God, should not have fear, should not get frustrated.

I needed it very much today because one side, of course, is the joy of seeing so many Sahaja Yogis, real Sahaja Yogis, not artificial disciples or dramatists, but real Sahaja Yogis of very high calibre. And some of the people who stand on the periphery, have been on periphery for such a long time, that sometimes is dangerous for me to see they will be destroyed.

At this time, you need a song like this and in childhood whenever I felt really desperate I used to sing this song. It's a very touching song. Alright? But word by word I could not. I am not in a proper mood I think.

It's touched me very much. This is Ritambhara prAgya. I wanted it very much today.

So this morning I was telling you about this new awareness – Pradnya. 'Dnya' means the knowledge and 'pra' means the awakened knowledge; which comes out of meditation, sustenance of meditation, and then the samadhi. It's the effect of that. It's a kind of a fruit ripening. When this ripens, then you get the taste, the sweetness of character and then you start seeing around how the Nature, the Divine, is sweetly playing with you.

This state must be achieved. For every Sahaja Yogi, it is important that they must achieve this state because unless and until you have minimum achieved this stage you'll be still in a dangerous zone which, as I told you, upsets me very much.

So everybody must decide to reach a state where you, every day, see the blessings of God manifesting. That means you have entered into the kingdom of God. This is the kingdom of God in which you are looked after, protected, guided and properly taken to the place of heavenly bliss, through material manifestation, through mental manifestation, through financial manifestation, through relationship manifestation, through so many things and also the natural manifestation by which you see the Sun, the Moon, the stars, the heavens and all the five elements help you.

This state all of you must achieve, all of you. Again the word is 'all' of you should achieve. And then only the higher ascent works out.

Now, how to achieve this state? Is a common question.

Now, the first thing as I told you today, that you are extremely fortunate people, compared to all the seekers of the world, who have been, who will be, and who are. Because so many things are, which were used by seekers to overcome, you don't have to overcome. For example they used to meditate on some name of God and the attention would go on repeating the name, of praying to that God, or thinking about that God and all that. But the whole thing would be mechanical, and always they would jump into some sort of a low type of a siddhi, so-called. Means they get possessed. Those people who start taking the name, say, of Rama - you have seen so many of them. They start jumping, and they start behaving in a funny manner. So the attention, instead of becoming concentrated, would become extremely disturbed, very disturbed, and a funny attention, wobbly-type. And when they became wobbly and a kind of a left-sidedness came into them, they would go on enjoying it, just like a drunkard enjoys. Then such people would weep, cry, enjoy their crying, trouble others by their crying, and they would not have power to overcome that. So much they would be possessed.

Then another kind who were ambitious people - like we have many scientists, and these kind of people, ambitious people - they would get auto-hypnotised. Thinking no end of themselves, behaving in the most stupid manner and also they would get possessed. And you can see people like Hitler, and all sorts. So many of these people today, who are ruling the world - supposed to be in democracy or, say, communism, or any way - most of them are actually the despots and that's why the chaos today. And a theme like nationalistic-spirit or something like that they would develop, and try to take the advantage of people's right-sidedness and involve them into wars and all sorts of destructive things.

This kind of attention is possible for people who think they are very great, say, Hindus, Christians - mostly they are warring people - Muslims. Nowadays the Muslims are all warring, imagine, among themselves, that's the best part of it. And the Christians are all warring among themselves. And the Hindus are all warring among themselves. Like there are only two nations where there is Hindu majority, one is Nepal, and one is India, and all the time they are quarrelling. There's not one day passes without hearing some news of some sort of a quarrel. Because Hindus won't use the swords. But a very cold-blooded quarrel is on. So this is the situation. In the name of God again, I say, because they started on a very different level, and their attention goes left or right and they develop those siddhis.

So what have we to do? First of all, by God's grace, as I told you, you all are realised people so your ascent is made in the centre, which is a very, very difficult thing, absolutely difficult, no doubt. But you should learn to keep in the centre. But how to keep the

attention in the centre is the problem for many people who are still not above themselves.

Now when you meditate, try to meditate in a sustained way. First of all sustain it. Then you find that you are getting into the state of samadhi: means at a state where you start feeling the joy and the bliss of God's blessings. And then you start saying, "O God, what a blessing! What a blessing! And what a blessing!" Once you have reached that state then you have to realise, "Who am I?". Who are you, what are you.

You are the Spirit.

After establishing your sustained attention on the Spirit you will develop a state where you'll be in a complete state of witnessing with joy. Now those who are here can judge themselves very simply in a way. Those who tried to have the best rooms, they must have booked ten days ahead of time then must have done this, that, to get a good room. Those who want to have the best food, or the best time [who] tried to have a position - in the mind. Face yourself honestly. Sahaja Yoga is an honest endeavour. The best privacy for themselves. You all should face yourself. Then the husband,wife, they want the privacy to themselves. This is not the time for husband,wife to be together or for you to talk loudly and move about and have fun. No, this is [a] meditative time you have come [for]. It's a very short time according to me, because people spend thousands and thousands of days to establish their meditative mood. But in this speedy life you have to have intensity to establish it, so get into meditative mood.

Some people feel that they have come for a proper holiday-making and there's no sea here, so, how will they have a swim - sort of temperament.

Those who are not so badly off, would be asking for more comfort, "I couldn't get food!" "I should have this!" "The best to be given to my child," or "to my husband", or "to my wife." "My."

It doesn't matter for one night [if] you sleep - boys together and ladies together. If there are children, alright. But there's no need, for husband,wife to sleep together in this time when you are meditating all in one room, at all. You have come for a very special purpose here. You have paid for it! So be meditative.

What I find, everybody was talking loudly. I didn't find them in that meditative mood. Everybody was thinking [that] they are enjoying here, very much! "Nice, good!" All these ideas are old ideas.

The silence must be established within and without. I must say, for this, of course Indians are, they know all that so I would not say Indian qualities, but Australia. Australia, I stayed there in all these Ashrams. And [in] Sydney we had fifty to sixty people living there everyday. I never heard a voice or even the movement of the foot till I was there, when I was there. And I was not there for a day or so, I was there for about ten, fifteen days. Not even the movement and the children crying - nothing! I never heard a sound.

This was one of the ways you can control your attention that, in my presence, what do you speak? What do you say? You must know the protocol part of it. Whom are you talking [to]? You can't make fun. You can't joke. I can joke with you. You can sometimes smile, alright, or laugh sometimes, but it has to be done with a weight - whom are you talking to. The reason I am talking to you all this is because it's only all this rapport, all this behaviour is going to help you. I am not going to be helped. I am not going to be saved, I am not going to get my realisation. It is you who have to gain something out of me, so try to settle your attention with that.

I have seen people who stay with me sometimes. Sometimes I deliberately call them to see what the problem is. Some of them who stay with me, I find, become subtler and subtler and subtler and deeper. And some of them start taking advantage, taking liberties, then taking a kind of a course of life which is so mundane and so stupid that I can't understand.

So this awareness should be within your heart that the time is very important. You have come here at a very, very important time. And that when you are with me, is the most important time, of that important time. Historically this is the most important time, and take full advantage in the real sense of the word. Some people think if they can get some money out of me then it's a big

advantage. Alright, you can take it! Some people think if they can take some of my time, they are at a very great advantage. Alright you can, have it! Or some people think if they can take advantage of me, sort of feeling ego-pampered or something, "I m a great lord," and some sort of a thing, you know – alright. But those who are wise take the best advantage and the best advantage is the growth within.

So the first awareness has to be that you are such lucky people that before you stands someone who has the control over all the centres, over all the powers or, say, who is All-powerful. How much advantage you have taken of that is the important thing.

Now where I stay there are two places, we can say, in England, and India

mostly, and the contrast I feel [between] English and Indian thing is: in India the more I have stayed, they become more protocolish because they have old traditional training. But in England I find, people start taking advantage, making fun, joking. You cannot! You see, it is different to please, but it is different to be frivolous and shallow with somebody so intense. For example, if there's a tin-board and you take it under the Niagara falls, what will happen to the tin-board? It won't be able to bear even the slightest shower of that.

So, despite Rutumbhara Pragnya (Mother uses the Hindi version of word here), like the sun today, you must have been upset yesterday, thinking that, "Now we have come here, we have to live in the tents and the water. It's raining", I know many of you must have been. But the one who has achieved that state would not be, "What is there? If I have to live [with rain] doesn't matter! I am here for a special purpose. As long as I achieve that purpose nothing matters to me: what discomfort, what all these things happen to me. I have to achieve that purpose."

Some of you people cannot see me so closely. Some of you are still not capable, doesn't matter. "What is most important is I should achieve that state. I have come here for that. Not for fun, not for food, not for comfort. Not for anything, but for achieving a special state where I become the Guru. What is my preparation for that?"

We have to be extremely careful, because the attention of the Divine is not raising you directly. It is a balance. You are all the time in a balance, remember that. And you have to be extremely careful how far you go with that balance. So now, how do you develop?

(Somebody attempts to close the curtain to remove the sun from Mother's face)

It's alright, don't worry, about the Sun, I like it. I only called him this morning.

So how do you manage this attention? Now let us see what are the states of attentions are.

Either your attention would be a cunning attention. Anything you see, you see from a cunning angle. Many people develop that in an ego-oriented society. And moreover if you are sort of possessed by cunning bhoots, then God save you and save others. Like the cunning attention would be that, anything you see, you start thinking, "What advantage I can take out of this? How much money I can save?", you see. It's very, very quick. "It would be cheaper this way." "If I go by this way I'll save some time." Save pounds, save time, save everything and shave your own Self.

So just to save you are going on. The attention becomes cunning when you try to save money. Save here, save there, with your own calculations. But if you try to save the money spontaneously...actually there is nothing to be tried, just it happens that you save. But the cunning attention tries all the time to be smart about things. It argues, it gives explanations.

These days it's such a cheap, cheap, cheap, cheap, cheap, cheap thing that you go mad really. Like I had a ticket to go to America. I said, "Don't give me an expensive ticket, first class, as I'll go by a cheap ticket". So they gave me a ticket of such a kind that I would never have come back to London at least for a year! And I would have [become] lost in that American English somewhere! So it's so much [they] had worked out - this into that, into that. That kind of a horrible attention is useless! Leave it!

Forget it! With that saving, also, I've not seen anybody becoming rich.

Like [if] I want to go and buy some paint. So we buy some paint. Then they think, "Alright, if we bring it back, then how can we return it? What should we do?" This, that, nonsense! All the time the mind is on that level.

I'll give you an example, the other day we got some paint to paint the glass. See the subtle side of it. You see, in the gross there's a subtle indication. And the paint was brought. And then, it was worth nothing, 80p or something (£0.80). I mean I can afford it, so that's why I bought. If you can't afford don't buy!

So they said, "Now we should return" I said, "But why? Now it's come out, now go and return. You spend so much petrol going there. If you want to calculate also its stupid, and the time you'll be wasting." "No but Mother, you see, ultimately we save 2p!" I said, "Alright, now I'll save a lot of money and I'll show you how." I took that paint and painted many things which looked like glass or which was stone-like and the whole thing looked so beautiful.

So the mind that is destructive, is only calculating. If you have such a mind know, yourself, that you have to get rid of that kind of a calculation. Cheap, cheap, cheap, cheap, cheap, cheap things you should just give up. Keep in the centre. You should not be, of course, over-indulgent, but you should not be also going for, all the time, for this kind of a calculation, because you are wasting your important awakened attention which very few people have in this world. You must know that you are Realised-souls, you are not ordinary mundane type of people. You are special people and you are not to waste your attention in useless calculating money, 'p', and this and that. Let's go ahead! What happens, let's see! I never calculate you know that, but I live very cheaply, and you can also do that.

This attention, cunning attention, is also a very fussy attention. Here it starts saving money and then there it is, in the evening, it must drink. So all the saving of p, p, p, p, goes into the gutters of drinking. Just sin. The sum total of such a personality is what?

So this mentality has to be controlled. Specially for ego-oriented people are extremely calculating - most surprising it is. But the people, like Indians, who are not calculating are not so rich. They are very generous. They always have money for Sahaja Yoga. I have had never a problem of money with them, never, because they are not so calculating. To them, to do for others, not for yourself, but for others. To spend for others. If they have to come to our house, "Alright, open your heart. Now this is the time to spend!" Not for drinking and self-indulgence but for the indulgence of doing for others. That's their practice and tradition. So in this respect, you have to take to that tradition, "Oh they have come. Let's spend now. What can we do?" This is the main thing one should understand, those who are mostly self-indulgent are extremely miserly people.

So the attention which is cunning is the worst attention because cunningness also cheats yourself. It is cunning with you. And you think, "Oh I've been smart enough. I have saved 2p!" But you have lost your soul! You are no more a Sahaja Yogi.

I'll give you an example. I told somebody that, "Keep the van down there. Go by train. This van seems to be a horrible van!" And there was a lot of explanation with both the fingers going on like this, to me. And I got so fed up with the bombshells coming on me that I said to go ahead. And the thing fell! And the thing got spoilt or whatever it is. It's out of order now. So they had to do what I was telling them. Without the bombshell, if they had listened to me it would have been alright.

So your attention should not be on saving material things and worldly things and all that but attention itself must be saved. Ask a question, "Where is my attention?" I have seen in the programmes some people are concentratedly listening to me but some people cannot. Some are concentrated for a short while, and some get disinterested after some time. Some are looking here, some are looking there. So how much attention you have saved is the only concern of a Sahaja Yogi. Forget about others, they are all garbage cleaners! Forget about others who are not seeking, who are not of your quality, but you are a quality.

Now what do you have to save? For example [if] somebody is a king. He doesn't bother of 2p being saved. I don't know baba, these days, I can't say definitely! They must be also doing that kind of a thing, you know, but what is he bothered [about]? To save his grace, to dignity.

But for a Sahaja Yogi the most important thing is: you must save your attention. It's called as Chitta Nirodha. Nirodh. It's saving of your attention. "Where is it going? It's such a precious thing for me. Where is it running?"

Then how do you save your attention? Is through concentration. Concentrate! Try to concentrate. Don't allow your attention to wobble. Gradually you will develop concentration. You can watch my photograph - it's the best. Concentrate. Bring it in your heart. Let it be integrated in your heart. You are lucky people, you don't have to build up a photograph, and then give it up because it is just a avalambana, means it's just a dependence, and then you remove it. It's a complete dependence for you and a load for me, of complete joy.

So when you are concentrating in Sahaja Yoga, absolutely fully in Sahaja Yoga, then you are controlling, saving, your attention one way. This is one type of people. Then the another type of an attention, what we call, are the people who take a very negative attitude. The first are the positive, so-called, so-called positive, who are saving money, saving everything that is useless.

Now the second type are the archbishops of all that is disaster, misery, mishaps. This type of an attention. If you read newspaper every morning you will have an attention like that. All the newspaper people have that kind of an attention, to find where is the disaster. I mean, in a sinister way, they feel happy there's a disaster. I have seen people, "Oh Mother, I came to the seminar but the problem is, you see, there was no water!" The attention is in finding disasters within and without. "What happened?", "There's a disaster!" "What happened?" "I lost a pin." Absurd to have such stupid ideas. They will cry and weep and make everyone miserable, "Oh, I am so miserable." "What?", "My husband doesn't talk to me." Or "My child is not with me." Such people are extremely self-indulgent as far as their relationships are concerned. They make everyone like that, "Oh, the person didn't talk to me nicely and he was this way and that way." They feel hurt at the slightest touch and by that they think they are saving their emotions if not the material things.

Such people are very frightened people to talk to anyone, and anybody says nice things also they get a fright - like this they'll frown. The reason is they do not know [that] what they have to save is not their emotions at all. There's no need to save your emotions, you are protected! What does it matter if somebody says anything to you? You are above there. Nobody can touch you! You are wasting your attention all the time by trying to save your emotions.

There's nothing to be frightened of anyone. Because somebody is going to say something, harsh word, that's why you don't want to do something! Such compromising people, so-called, have not understood Sahaja Yoga. There is no compromise in Sahaja Yoga at all, it is just like a diamond. Diamond will remain a diamond whatever you do, it's for ever and ever. It's like that.

So one has to understand that the attention should not be allowed to drift into this kind of an indulgence which is of a drunkard, that, they are the most miserable people, the drunkards are - just imagine. They'll be always crying, weeping and people would think they are very miserable. So what you have to save at that time is your attention from such indulgences into useless expression of your fear about your emotions.

See now, today they sang the song. The song did fill me, completely brought out some of the expressions which would not spontaneously come out at this time. But the greatest thing it has done is to remind me that, "You are God. You are not to get frustrated. You have to look after all of them, and you are powerful! How dare you suspect yourself or feel frustrated!" That thing which is so much reflecting, like a mirror - I see my mirror. In the same way, you should also have your emotional understanding. And the emotions should be your mirror, you should see yourself in your emotions: how you behave, how you treat, how you talk.

So, such people should always keep a mirror and feel elevated. You are a Sahaja Yogi! And the mirror, in the reflection, you should see me and not yourself.

Sometimes when I get really frustrated with Sahaja Yogis very much, then I just stand before the mirror and I say, "Now, come along! You are the one who has all the powers, who has all the chakras awakened. None of the advents had this. You are the one

who has created this world and you are the one who has to save it. So now, get up!" Not to lose courage, not to worry.

Only in emotional things I sometimes feel that - now I'll have to give up some of them, completely, [and] they are my children. As a Mother, not as a Guru! For a Guru they don't have a problem! And then the stirring up comes in within myself that, "No, even if I have to give [them] up, doesn't matter. I have to raise [them], absolutely." And with that power it works.

So the reflection should be of me, of something that is ideal before you. The one that gives you energy - like this song - and not the reflection of a miserable person: Christ who's standing before you as in the Sistine Chapel and not some miserable skeleton which is even worse than you!

So create those images of your Mother which you should see in your emotions and rise! This is the second type of attention you have to control.

The third one is a very horrid, idiotic one. The idiotic one comes from the second type, where the person is emotionally indulgent. That is the 'a' of the third. And the 'b' of the third comes from the first type, which is stupid. So we have two types of people, one idiotic and another are stupid. But in Indian language there's only one word, specially in Marathi - is 'murkha'. For them, both categories are the same, as if the circle meets at the same point. I mean, English language in some ways is good at least it differentiates between the murkhas: like they can be stupid or they can be idiotic, you see. Because of psyche being so confused here that psychologists have brought out: some are schizophrenic, some are idiots, some are stupid, some are donkeys! (laughter)

So this, the third type is the worst - is most frustrating for me! They'll stick onto me like leeches, they'll be saying stupid things all the time. Just can't bear an idiot, isn't it? They can bore a person. I mean all sorts of this put together is called as murkha. So I don't want to analyse it. It's a bit too much.

So, that kind of an attention [if] you have, then you'd better keep quiet! Don't talk! Just listen to others what they talk, what they say. There are some people who will just go on talking, talking, talking - irrelevantly. Uselessly wasting their energy. And such people are always friends of the cunning. The cunning and such people go hand in hand, because the cunning wants to befool someone, and the fool wants to be befooled. Like a king will have a jester, it's like that you see, these combinations work out. So for such people the best thing is to keep quiet. Preserve all their attention, all their energies just for cleansing.

All this idiocy will pass away very soon if you try to preserve yourself. Don't talk! Don't say things which are stupid, which are idiotic, just keep quiet and watch others. Sometimes such people can become a very great vehicle of God's power but [only] if they do not take to stupidity and idiocy.

This is the type of people: three types I would say.

But the fourth type are the people who lead a life of concentration. I mean a person who is working very hard, say, in the office, is a very remarkably successful person, and he's this and that, and that, and that, and that, is also very concentrated. Somebody who works very well, anywhere, with a concentrated mind, is concentrated. A housewife who looks after her husband and children is very concentrated, and a husband who looks after his family and his things in a very concentrated way. They know how to paint well, they know how to do things, and their hands are deft, and they know everything. But such people can have a very immobile attention; very immobile, like plastic, or you can call it, like rubber. At the most, to improve on it, we can say, like some of the things I have seen which you use for damp-proofing, you see, you just apply it and after some time it's just parched, into it. They just can't get out of it. They just can't. They can't enjoy anything. Unless and until you show them a file you can't talk to them. You see, if you have to talk to such a person better take a file before you, and before starting you put the file before you. If it is on the file only, they will see, but if you talk, they say, "Make a file!" Very parched, and they cannot enjoy life. There's no mobility, they cannot be creative. They can be creative only as far as their style is concerned, but not the creative of the joy.

So that kind of concentration is there, concentrated effort people put in. Like there are people who are fanatics. They are very

concentrated in their effort, extremely. That's how all these religions have spread, like Christianity, Islam, Hinduism and all that, because they had a concentrated effort of fanaticism - concentrated effort. If you read the letters of Paul in the Bible, you will see the concentration of it: "You go there and you go there and establish a church and do this," and "What you have done?" Very organised. Very systematic! Absolutely moving like a belt on a machine. And they all the time have that after effects of that movement. Charlie Chaplin has shown [this] in his picture 'Modern Times'. I used to enjoy that very much, that he used to tie up a belt, you see, standing for about an hour, and then after some time when he was released of the job, he used to go on like that! (laughter) That kind of an attention, that is concentrated, means stuck onto something. It's not that. It's not penetrating. Because if your attention doesn't become, by concentration, subtler and subtler, then it is not that but it is getting stuck, and the stuck attention is of no use for Sahaja Yoga. Such people, I do not know, will never be saved perhaps. So called 'successful'. They'll go with all their badges, everything, and God will say, "Go back gentlemen! You are not yet been passed through the customs."

There is another organisation, which works much faster, much smarter way, and a very specially efficient thing. So these people will be just stuck people.

Now there are fourth type of people which are concentrated. They are intense, deep. They penetrate, because they are living minds. Theirs are not dead, parched minds. They have living minds. They penetrate. I watch sometimes, I ask some people what do you think of a particular person? Immediately I know [by] what they talk. If they just talk in a mundane way, "He's a fine person!" "He's a bad person," this thing, that thing - then I know what it is: very superficial, shallow. But a person who sees the possibilities and the potentialities of his awakening, and the problems a person is facing, then I know that he is the one who has that concentration into the subject. And the subject of Sahaja Yoga requires the maximum, maximum, penetration.

Because Sahaja Yoga, if you have understood - I don't know if you have understood or you are aware of it or not - but is learned through experience and through nothing else! You have to experience and then believe into it. It is not that what I told you is a conditioning on your mind, nothing! You experience it yourself and learn.

But those who have that penetrating intelligence, who have that penetrating love, emotions and those [who] have that penetrating movement of their understanding, they are the ones who experience, learn, experience, learn, experience, learn.

They do not allow their mind to play on them, "No, no, no. This mind of mine has got experiences of the past and is based on that. No, I have to take every day a new experience. And that experience must be silenced within me, must be sustained within me, must be conditioned within me."

Sahaja Yoga experiences are the good conditionings, "How can it be? I have seen it, I have faced it, I have had it. How can it be?" But for that also, to have the best experiences, first condition is of Rutumbhara Pragnya, where you should be of that level that you really get those experiences, otherwise you'll be just a mundane type of a person all the time. And you may live with me but you will not have those experiences, you'll not have that blissful feeling - nothing - that joy.

So this penetration starts by your meditation and sustenance of the meditation and the samadhi seed sprouting, manifesting the new dimension within you.

This sort of an attention one has to develop by watching the attention: chitta nirodha. As you watch your money, as you watch your road when you drive, as you watch your child when it is growing, as you watch the beauty of your wife, or the care of your husband, all [these] put together, you watch yourself, your attention, "Where is it going? Where is it lagging behind? What is happening to my attention?"

Such people have no problems. You'll be surprised that, such people, when they want to do something it becomes dynamic. They can work it out. Nobody has any problem. And if there is a problem, which you are facing all the time in you then know there is something wrong with you, something is wrong with the instrument. If you don't have a tin cutter and you start using a knife to cut a tin [and] it doesn't work out, then you'll say, "Something wrong with the tin!" Or something wrong with you? No! It's wrong with the instrument and that instrument has to be corrected.

When the instrument is alright, after all, with all the powers you have, with all the blessings you have, and the Source of Power behind it, everything should work out. It should work out. You have had experiences of things working out. You have had experiences of many of miracles happening before your eyes but still the attention has not settled down with those experiences. Still gatanubhavas, means the old experiences, continue. Old identifications continue. You still continue with that and the filth of that is still on your being. Change everything. Become a fresh new person.

You are blooming out as a flower and then as a tree and assume your position. Assume your position as the Sahaj yogi. So this attention must be brought round. You judge yourself - where is your attention - and what is the point of understanding, what is the measure of understanding. It's very simple: I have to be pleased because I am the attention. If I am pleased then you have done the job. But I cannot be pleased by mundane things, by any arguments with that, but only by your ascent. So you judge yourself on that.

Whether you give me a flower, or anything I am only pleased when the essence of that doing has that height, has that special manifestation. You say, "I love you very much Mother." Alright. You say, but I must see [that] that love that you are saying, or doing, has that essence. That gives me joy.

It's such a mutual thing between us, you can't imagine. I can't live without you and you can't live without me. It's so mutual. But from one side it is absolutely hundred per cent benevolent: whether I get angry with you, whether I scold you, whether I pamper you, whether I say, "Don't do that." If I tell you, "Don't come very close to me. Keep away!" Anything that I do like that is benevolent to you. And to me the benevolence is only one, that you should be emancipated, that you should gain something out of me, that you should prosper out of me. Like the Mother Earth feels so elated to see Her manifestation into these beautiful green trees. It's like that. She is nothing. We stand on her, we walk on her. Where do we see her? But she sees her[self] in those. It's the same sort of a situation. She is the one who changes all the seasons. 'Rutumbhara' means the one, the attention, which changes the seasons. 'Rutu' means the seasons. So all the seasons are created by her just to please us. But what do we do, to please her? We exhaust her, torture her, take out everything from her, pollute it, do all kinds of nonsensical things, and then she gets angry.

The same thing that she is love. In the same love she becomes angry, and then you have volcanoes, and you have earthquakes and all kinds of things happening to you. But of course your Mother takes time to get angry, takes time but [that] doesn't mean you [should] take time. Look after yourselves! It's very important. Suddenly you will find [yourself] elevated. Some people will just elevate themselves and others will be completely cut out. So be careful! I am warning you!

So today is the day, previous day to this fifteenth day. And the fourteenth day, one has to become a killer: killer of all that is ignorance, of all that is stupid, idiotic, all that is cunning and all that is emotional. Kill that part and become a Sahaja Yogi, tomorrow, to receive the blessings.

May God Bless you all.

1983-0723, Dance Program, Guru Puja weekend

View [online](#).

23 July 1983

Evening Program Guru Puja

Lodge Hill Centre, Pulborough (England)

Talk Language: English | Transcript (English) – Draft

[Shri Mataji is inviting journalists to come closer to watch the show.]

Shri Mataji: The journalist from Ruth and the journalist from Mulhouse.

From Brighton also? Who else is there?

There's a sit there, come and sit. And she can move these flowers here, wait, just a second. Now you can come here, come sit down.

[Name unclear] you can come sit on the ground?

Pull, pull, pull it forward.

Just [Unclear], yes, sit here.

[No sound]

Where is the journalist? [Unclear]

Sahaja Yogi: From Brighton?

Shri Mataji: From Brighton.

Sahaja Yogi: Is there a journalist from Brighton here?

Shri Mataji: Yes, the one who is doing the picture and all that.

Sahaja Yogi: That is John Noyce.

Sahaja Yogis: Oh John, John Noyce, John Noyce.

Gregoire: Is John Noyce in the room?

Another Sahaja Yogi: Yes.

Shri Mataji: Senior people should come forward. You see, the young people should not sit on the chairs.

Gregoire: You are John Noyce, please, have a seat.

Shri Mataji: Let the senior people sit down and children should sit in front.

Gregoire: There is still a seat here.

Another Sahaja Yogi: John, come here!

Shri Mataji: You must understand, you must respect the elderly, all right.

Come, are you an elder or younger?

Gregoire: Sahaja Yoga -

Shri Mataji: Those who think themselves to be elders can come forward. [Shri Mataji is smiling]

Gregoire: Sahaja Yoga, being also educating good manners, it is suggested that the first rows are reserved for elder people.

[Sahaja Yogi speaking aside about the sound]

Shri Mataji: 'Guest, should not sit in front. That's not proper'. He said. Guest should be in front and the hosts should be behind. But the host will be sitting in front, it's not proper. Hosts are also elders.

Gregoire: For - you have all understood. Shri Mataji may I...

Sahaja Yogi [fixing the mike]: It's all right, it's all right now.

Shri Mataji: [Inaudible] Let's sit down here. Ladies [cut in the audio]

Gregoire: Oh, the writer, the writer who organised. May I start introducing about him?

[Shri Mataji nods].

Gregoire: Thank you.

[Sahaja Yogi speaking aside about the sound: Can you check it again? Can you check it again please? Can you check it again?
Another Sahaja Yogi: Yes.]

[Cut in the audio. Gregoire starts speaking]

Gregoire: Pratap Pawar is one of the best exponents of Kathak in India. Kathak gives a traditional narrative form of dance which was popular, especially in northern India, centring on the stories of Shri Krishna and Shri Radha. And we have to understand the importance of this oral tradition, because it was a way to bring the life of God and the worship of God through gestures, through dance in the remotest villages of the country.

Pratap Pawar, a graduate of the Agre [unsure] University [cut in the audio] of Pandit Birju Maharaj.

Shri Mataji: Very famous artist, a very great artist, Birju Maharaj. He's one of the masters.

Gregoire: He taught Kathak for five years in the American International school and three years in the Northern school in New Delhi. He has played extensively in various countries such as Singapore, Japan, Hong Kong, the Philippines, South Africa, West Indies and Indonesia and also UK, where we had the privilege of seeing him a few days ago in a wonderful programme which was praised by Shri Mataji and Mr C.P. Srivastava. And he played in Thailand and the USA where he was acclaimed as one of the greatest artists in his art. He worked for eight years as a Student Chorographer in South America, West Indies on behalf of the government of India. Pratap and Priya Pawar they have been taking part in worlds music conference and TV shows in many parts of the world and represent as a team [unsure] at the Vidya Barrel in London. Priya Pawar is then dance, dancing with her husband and had a rigorous training in both Kathak and Odissi.

Shri Mataji: To start. To start, it was Odissi. [Unsure].

Gregoire: From the?

Shri Mataji: Priya Pawar comes from Odissi. [Unsure]

Gregoire: She was taught Odissi dance style by Guru Kelucharan Mahapatra [and Guru] Hare Krishna Behara.

And she is also a remarkable artist which has been widely recommended and praised by the connoisseur of the art. Perhaps I could, shortly introduce the musicians. At the table, we will have Markandeya Mishra. At the sarangi -

Shri Mataji: Pandit Markandeya.

Gregoire: Sorry.

Shri Mataji: Very great artist from.

Gregoire: Who is?

Shri Mataji: Pandit Markandeya.

Gregoire: Pandit? Eh okay.

At the table, we will have Pandit Markandeya Mishra who Shri Mataji says is also a very great and renowned artist. At the sarangi will have Mr. Nicolas Mc Grill and we also will have Mr. Prashant Pawar playing on [sumurdhal and janji; unsure].

The program perhaps, very shortly, will start with a praise, the prayer, Shantakaram Lakshmi Kantam a prayer in worship of Shri Vishnu and his consort Lakshmi. And then the mime and the gestures of Pratap and Priya will express how they pay homage to Lord Vishnu who, as we all know, is the protector of the whole universe and the inspirer of many great sages. And leading us to the Nabhi chakra of Shri Mataji.

The second performance will be 'Mangala Charan' an invocation dedicated to Lord Ganesha.

Shri Mataji: It's always in a [IP] puja as it's so, they will take the name of Shri Vishnu first because of the ascent part, because of the evolutionary part. So, it's always twenty-one names of this part and then they say the Ganesha. Because first we prepare ourselves and then we do the Ganesha at first to bring Ganesha from, Ganesha til it starts. But our desire is to be expressed through Vishnu that, "We want our ascent".

Gregoire: The third performance is called 'The rosary of rhythm'. It is a more technical performance which will be a presentation of Kathak by Shri Pratap combined to the musician in the traditional way, emphasising the rhythmic aspects of the style.

The fourth performance is called 'Moksha' and probably Shri Pratap will himself introduce it.

Then we have a performance called 'Tarana palave', Palave means elaboration. Here the dancer elaborates the body through lyrical movements set to the drum in force six and seven beats' times cycle. The music is based on raga Kalyan.

Six and Seventh performance of the students of Shri Pratap will be commented by himself and the last performance will be Jugal bandi.

Shri Mataji: Jugalbandi [duet of two soloists].

Gregoire: Jugalbandi.

And on Jugalbandi, Shri Pratap will also himself –

Shri Mataji: No, both of them. This is maya. 'Jugal' means two persons.

Gregoire: Ah, so it will be a duo between the two artists.

Shri Mataji: I think I'll talk two minutes; I think.

Gregoire: Sorry.

Shri Mataji: Just two minutes.

Gregoire: Two minutes.

Shri Mataji: At the very outset, we have to thank Pratap Pawar for this program, that he's doing a tour, graciously and so generously and he came to me and he told me that he wants to dance in my presence sometime, somewhere. And it would be a good idea, just to surrender his dancing.

And we found that this was the best time, opportune time, to start his dancing. I see it's rather late [unsure] to see the- also artist, their goods are built up with the time because of the, you know, spontaneity of the art as it is. But he is going to perform it and you'll see that they go into their exuberance how they are trying to get the best out of it. Only thing I have to tell you one thing, that in India that a artist is very much respected. So much so that, I've never sat before an artist on a coach, [Unclear] but if it's on a chair, it's all right. But then an artist is to be respected because an artist in India always expresses the God's will, the devotion to God, dedication to God. All connected to something so sublime and that's how we have to be very, very thankful to Mr Pawar and Mr Mishra and all his family who have come here. Mrs Pawar is another very, very great dancer that is making us relieved [unsure] and a good housewife and has a - her daughter and her son are also Realised souls. It's a very great blessing to all of us. And also, I have to thank the Sahaja Yogis, who have been taken some lessons with [inaudible] to learn how to dance. So, at the very outset I would like to thank all of them and bless them, fully with my heart that they should do India art and through the rhythmic patterns build up Sahaja Yoga within the hearts of the people.

[Applause]

[Mr Pawar and Mrs Pawar's dance]

[Sarangi].

[Mr Pawar 's dance]

Pratap Pawar: Mother.

Dear brothers and sisters, tonight is very special occasion for myself and my colleagues because we all have come to seek blessings to Mother [Hindi?]. This very style you are witnessing is a kathak dance which was born in the temples of Krishna [Unclear]. Though today, there are a lot of modifications and sophistications have come, and artists are more conscious of the presentation. But the story is the same. Now, this is Gunda [name] style: the dancers, they speak to the audience, just for a better understanding. For example, I will do [name] which is a combination of clap and stamp the ground. And the first, in the beginning, the clap will be wider, then smaller and more closer. Then, we'll bring in the climax together.

The next dance is the pirouette, the spinings. And [Unclear] has got twenty-one continuous spins.

[Pratap Pawar is saying the 'taranas' of the rhythm]. Twenty-one steps.

'Dhoom' is a pause, baydhoom [unsure], without pause. I'll speak one pattern, one break.

Nine, nine, nine, twenty-seven.

This particular style of Kathak has got many aspects as you can see, we are trying to cover everything as possible. There's another one, improvisation which is just born on the spot, on the spare of the moment and sometime, you don't even have time. Now Mishra played something very beautiful. So far, he has become, he has been accompanying me. This time, I will try to do his piece. But what he just played now, I requested him to play it again and I will try to interpret him. It's just an improvisation in front of you.

Shri Mataji: It's spontaneous art! See the spontaneous art, that's the beauty of Indian art, because it is spontaneous.

Pratap: Our Mother is saying, She is very kind and I can explain to you more. She is saying it's spontaneous, it's very true. He just, he plays and he inspired me and I try my best to bring it up.

Now. So far, I have been showing you the technique, more faster things. Now I come to the expression, the facial expression. First, I'll show you, just a beautiful game and then I'll show you five different ways of covering and revealing of the faces. Traditionally speaking in India, ladies cover their beautiful faces with a veil. Now Kathak dancer, no matter a male dancer, essentially, he has to show all the aspects of the life. So, I'll show you five ways of opening the face. [Hindi?].

The next one. When I will look to my left, there is Lord Krishna and when I look to my right, His consort, Radha. Similar expression, Krishna and Radha, I will use: flute or veil or the nose ring. Just with the eyes, Krishna and Radha.

We started very late, for various reasons. And naturally we have to cut it the program and again with our minds but I'm trying to make it short as much as possible, for the few technical problems we have. Since you are so much enjoying the expression, I'll show you a Shiva Pranam, Lord Shiva. Can you just hold it, sir. You can join, you'll bear with me the improvisation and having a live stand. Now Lord Shiva the one who took Ganga in his head. The one who had taken the poison for the benefit of the universe. The one who has got Vishnu in His hand and snakes, that are always on His neck and arms. That Lord Shiva does: [tarana].

[Applause]

We are taking you to the other side of the evening because I am, you are enjoying the performance but I'm looking forward to something with that I'll tell you later on.

The next item is 'Moksha'. By coincidence, our friend, let it all out in the beginning when I was expecting him, to tell you one by one but that was also improvisation. Yes, he just came to know at the last moment. Anyway, next one is Moksha, the salvation. Where we witness in the Odissi style, it's a very different style from this one. 'Moksha' as you all know, the ultimate place. In Odissi style, the next item is coming generally in the last one. After that pair, we'll do again Kathak but this is the last in Odissi style, 'Moksha'.

Shri Mataji: We can walk that way.

Shri Mataji: Come here, come here. Perhaps those who are in the performance come forward a little bit.

Pratap Pawar: Respected Mother and colleagues, as I told you earlier, that you are already in the performance, I did my best

when I admittedly wait till the end.

As you know this occasion, I don't want to tell all of you. But this is Guru puja. So, every disciple is expected to offer something. And [Unclear] I didn't have so much to offer to Mother. I brought a small offering that is in a form dance with seven Sahaja Yogis from Russia that are coming to my dance classes. They are very powerful now, they just they, happily they started. And they come once in a week. And there's nothing but I keep on telling them in regularly time, [Unclear] visit 8th of a city approximately and they hardly get once in seven days. So, you can imagine how many times they got to learn. So, this is, I won't call this a dance, I would call this as humble offering from me to Mother in the form of seven Sahaja Yogis presently performing.

That item that will followed by my daughter, she will do a small impression [unsure], again another offering. First time Mother will see her on here. The names of Sahaja Yogis is: Stan [unsure], Gent, Laura [unsure], Pedro, Alan, Paul and Eric.

Shri Mataji: We have to thank him for training the Sahaja Yogis. You see, he did not tell me, then I saw. [Unsure].

Come here.

Pratap: It's okay I think, [Hindi or Marathi conversation].

Shri Mataji: Pratap?

[Hindi or Marathi, spoken between Shri Mataji & Pratap]

[About a mudra].

Pratap: They are offering the flowers, the flowers.

I hope Mother has [inaudible]. It is smaller but I'll ask my daughter, you won't believe, she can do the one prayer [name unclear]. And she did not even know that she would be dancing. But, as I said, it's not a performance. I call it a puja. She will do a smaller one.

Now, one last traditional thing, country use, traditional thing. I sing.

I think, our very dear friend and colleague, Pandit Markendeya Mishra who is playing ragas on tabla, definitely deserves a very big well done, a hand.

Many times, people wonder that, what is this instrument 'sarangi', keep on playing just one 'til' on time. [Marathi?]. And perhaps they don't know. This instrument plays the most important role in the whole sequence that is keeping the right time with a beautiful manoeuvring. When we play inside, for example, in doing cycles of sixteen. He's just all the time keeping the measurement as a clock. Of course, with a beautiful melody. And then only could be judged with a drummer and dancer coming together all right or not. So, he plays a very important role, Mr Nicolas [name unclear].

The concluding of our evening is Jugalbandi, a duet, a friendly contest between two dancers. Obviously, it happens to be me and my wife.

[Laughter]

It's the last number. It's a friendly fight or a friendly contest you can call it. Before we both come and display this beautiful number, I request Mishraji to play two or three little things for you. Mother always likes to hear Mishraji's solo. Now, this he'll play two or three nice pieces to play.

Shri Mataji: [Unclear, about renowned artist]

Pratap: Thank you.

Shri Mataji: [Unclear]

Pratap: So, we'll come back to you meanwhile and put it on position because they are [Unclear].

Pandit: I little bit play [Unclear] and stop, how to bring it. [Unclear].

Pandit: Sinking, a slow speed and then double and how the change is so, in a different way.

Shri Mataji: [Unclear]

Pratap: Very precious Pranam from Jaipur's school of dance. There's two dance schools in Kathak: Lucknow and Jaipur. Jaipur is quite vigorous in her own way. Taking one 'dha' should take two spins, 'dha, dha'.

Priya: I'll try.

Pratap: She says "I'll try".

She'll manage. Again, we will read each other.

Pratap: Now, I will see how many spins she will take.

Priya: At the end try to fifty-one.

Pratap: She said she will take fifty-one rounds. Fifty-one pirouettes.

Fifty-one spins!

[Applause]

I've got just really one thing at this moment. Otherwise, I will fail the Devi. I'm praising my wife but I do have a lot of care for her, as a dancer as well. Last, almost a year has gone, she takes this 'dubra' [unsure] which has got fifty-one spins. But almost a year has gone and I've been asking her to dance and she thinks, she can't make it any more. [Laughter]

Very honest, because, I am sure you all enjoying, sitting, standing in front of Mother....

Priya: It's because of her [Shri Mataji].

Pratap: There's nothing to make up.

So, I was in the dressing room, my daughter, that, "Your daughter was - she was doing twenty-seven so far. She's been twenty-seven, she has been doing twenty-seven spins so far, in the last I know she did twenty-seven". Just now, I told her in the dressing room, that, "Your daughter has done twenty-seven already on stage". And I imagine, was thinking, "What she will do? "And I never expected she will do fifty-one and I never expected she will be able to do fifty-one! [Laughter] Frankly speaking, to be very honest and I think it's because of Mother's blessing

Priya: Thank you.

[Applause].

Pratap: To conclude our item, our friendly contest, little bit... I try and take more than fifty-one. Ready to go!

The very last beat, we will create a certain effect, a sound, on taps- this is a sound. It creates a sound and we are wearing about five hundred bells, we'll try to control them to that extent. And hardly, one or two is ringing. And then will come the last beat, but if I give a clap, they join me.

[Applause. A Yogini gives flowers to Priya].

Shri Mataji: It's one of the most beautiful experiences that I've had. On a Guru puja, to see the dance of so many beautiful children and their guru who really is a master of Kathak and his friend Panditji, who is another master. Now on a Guru puja day, when you all have come to worship Me, I don't know what should I do to give to another guru. [Laughter]

He is my son. So, for her children, Mother has all the blessings and she is enamoured, the way they have prospered.

May God bless them with this beautiful art which is at the service of God. And you'll see better days and better days of expression, through art, the love of God. A small thing that I can give to them, is my photograph in which I'm no more an actress, not a dancer but a simple Mother.

[Applause]

Photographs should be given to Pandit also, I can imagine. Most of them are [Unclear].

[Shri Mataji looking through photos of Her, to give to Pandit and Priya].

[Shri Mataji speaking to the performers in Hindi or Marathi]. And to all my children also.

[Applause]

With all the Sahaja Yogis, we thank the artists for this great occasion that they came. And I know there is a little time problem. But if I tell you one thing, you'll be happy to know that anything we do has to be done according to the auspicious time. And the Guru puja, actually, starts at ten o'clock in the night. So, we could not have had the program before. And that's why. [Laughter]

Our, we call Ritambhara Pragnya which I have been talking to them in which the blessing of Ritambhara Pragnya is there, that's why Mrs Pawar's danced so well, you did everything right. So, we have to go with the 'Ashima Ashadha chakra' [unsure]. And accordingly, today's program was very short.

May God bless you all.

[Applause]

So, tomorrow you'll get up for the meditation in the morning. We must have a meditation about six o'clock. And then we'll have, breakfast. After breakfast, we have a program of starting the puja. You should try to start it at nine o'clock.

[Hindi or Marathi]

1983-0724, Guru Puja: Awakening the Principle of Guru

View [online](#).

24 July 1983

Awakening The Principle Of Guru

Guru Puja

Lodge Hill Centre, Pulborough (England)

Talk Language: English | Transcript (English) – VERIFIED

Guru Puja, "Awakening the Principle of Guru". Lodge Hill (UK), 24 July 1983.

Today you all have gathered here to do the Guru Puja.

Your Guru is a Mother first and then a Guru and that has given Me a greater help.

We have had before also many Guru Pujas, mostly in England. And you should wonder why Mother always somehow is doing Guru Puja in London.

The time falls in such a way that it is in Guru Puja, I am here, during that time I have to be in London. So many years we have been doing Guru Puja in England. All things happen if according to Ritambhara Pragnya then there must be some reason why Mother is here in England for a Guru Puja.

It is stated in the Puranas that the Adi Guru Datatreya worshipped Mother along the banks of the river Tamasa. Tamasa is the same as your Thames and He himself came and worshipped here. And the druids, those who had the manifestation of the Stonehenge and all that, are originated from that time in this great country of Shiva, of the Spirit.

So, the Spirit resides here as in the heart of human beings, and the Sahasrara is in the Himalayas where Sadashiva exists at the Kailasha. This is the great secret of we having so many Guru Pujas here. To culminate it today and to this special type of Guru Puja in the year of the sixtieth birthday of your Mother is, has a special, very, very special significance because is the Guru Sashti - is the sixty years of your Guru has been celebrated today. And that's how it's a very big occasion that you all have gathered under the influence of again Ritambhara Pragnya. So, all that has happened has happened by the nature's own gift to you and everything has worked out so well because that was the desire of the Divine and the design of the Divine.

So, the river Thames, which we call Her as Thames - you see, English have a method of making everything English; like Bombay they made it, Mumbai was Bombay, you see, like Calcutta, like all other words just like that. Like Varanasi was made into Benares, River Thames which was really Tamsa was called as Thames. Now from the name Tamsa one should know that is a place of Tamo Guna. Is a place where left-sided resided since long.

So, people were very worshipful, left-sided people, emotional type, and they worshipped God more than that they went into Yagnyas (havans) and all that. And Datatreya lived here and meditated on the banks of River Thames. That's why Guru puja here has to give us a great background for your awakening of the Guru Principle. We have to go to the roots of everything so that we understand the importance of it. Unless and until you know the roots and the traditions behind you cannot understand the depth, the gravity, the intensity of any puja.

Today, we have gathered here to do the Guru Puja, again. The reason is we have got a Guru Principle within ourselves as I told you last time and also I have given elaborately the Ten Commandments as expressed within us which are describing the different the different types of essences within us. The essence of Guru Puja has to be awakened within us. That's how we are having this program here.

Now it is important that we have to establish the dharma within us. Without the dharma you cannot have the ascent. And as I have told you before that the cleanliness of your being depends on how much dharma you follow, religiously.

At the time of Moses it was worked out and all the rules and regulations were created for Realized souls. But as I read in one of the books - it was very good, because if I had said this, people would not have believed - that it had to be changed.

[A child is crying loudly.] I think during the speech the children should not be here, it's better to take them out. After the speech you can bring them along - those who make noises. Those who are quiet it's all right, but those who are making noises you better bring them out. If they are going to make noises, better to be out or near the door so that if they make noises you can get out, so there is no disturbance. And during the puja is all right, you could be at the gate, door or some place from where you can go.

So, the laws and regulations that were given to human beings were actually for the Realized souls who would understand. But when Moses must have discovered the way human beings are, He must have changed them to very strict rules, because with human beings as they are, one has to be extremely strict. They can't understand anything but fear. If you have a stick in your hand, you can put them right. Without that stick human beings won't listen. They are only all right if there's a fear. Now if you see the today condition of all the nations, those who are having leaders, or prime ministers, or presidents they are all people extremely strict, very dominating and very dry. And normally people like such people. Even Hitler succeeded because of that nature.

So, the character of a guru so far has been of a very strict nature for people who are not Realized. Normally a guru doesn't - a good guru, Satguru, He doesn't like to talk to people much. They throw stones or they don't like to talk to people who are not realized. But if they are Realized then these Gurus change their attitude towards the people who want to see them. There is a tremendous difference between a person who is a Realized and non Realized in the protocol of God. A man may be the king or anything, he'll be asked to sit outside. It has nothing to do with what position you enjoy. As long as he is a Realized soul and not possessed he is given the highest position. But if you are possessed then also the Guru will tell him that "You get out from here, first get rid of your possession and then come."

And all these strict rules were there, that such and such person must be killed, such and such person must be given a punishment of cutting the hands, cutting the feet, even absolutely destroying the eyes.

This was done because they were not realized souls. It was the great realization of Moses, I think, that He took to another kind of law which is known as "sharia" now and that's what the Muslims are following. In a way, it's good I think, because people who are now normal people really deserve such a rule, but it should not be so fanatical that you cannot discriminate between a Realized soul and a non Realized soul.

Now the Guru within you will be awakened if you are strict with yourself. That's one point is very important. Unless and until you are strict with yourself the Guru will not be awakened within you. People who are lazy lumps, who cannot sacrifice anything, who are very fond of comfort can never be gurus, take it from Me. They can be good administrators, they can be anything, but never a guru. A guru should be willing to live the way he has to live. He should be able to sleep on stones, he should be able to sleep under any circumstances. Not that the disciple should force on him, but it should be his own nature, that he can adjust himself. Comfort cannot crawl on a guru. Now those who want your Guru Principle to be awakened must know that you should not ask for comfort.

Even for a thing like that, yesterday you saw the dancing, one has to do real tapasya. Intensive tapasya you have to do, you cannot learn even a thing like dancing without going into a penance about it. So, a guru has to go through all penances is important. Sahaja Yogi need not go, but a guru Sahaja Yogi has to do it. We have to have penances, and the penance can be any kind of desire you have.

Say, supposing you are very fond of food, just don't eat the food that you want to eat. If you are very fond of sweet food, then eat

something very bitter, raised to power hundred and eight. And if you are fond of some sort of a very ... - as Indians are, sometimes - ... very spicy food then eat so bland the food, without salt. Teach your tongue to behave itself. It doesn't behoove a guru to put his attention to food. I have seen some of the Sahaja Yogis, they are all right when the food is there, quite concentrated, but when it comes to the programme they have no concentration. Such a sad thing, such people cannot be gurus. They can be cooks, good, or could be food-tasters or something like that. Will suit them better, but if they have to be gurus they must learn to control their tongue and their desires.

I mean, fasting is a good thing for such people, fasting is very good. All the time they are worried, what are we going to have for lunch, what are we going to have for dinner? Such people cannot have their Guru Principle awakened, neither they can be gurus. So, please, be careful.

The guru must have control over the tongue. He must know when to get angry and when to be gentle. He must know what to say when, how much to say. That's why many gurus have been more effective by not speaking. Silence is the best way you can help others, but when it comes to explaining Sahaja Yoga, you should speak. But I have seen with some people they are very eloquent when it comes to nonsensical things, but when it comes to Sahaja Yoga, they don't know anything about Sahaja Yoga. So you have to be the master of Sahaja Yoga, if you have to be a Guru, not only in talking, but in your behaviour, in everything. And the karamat is the ... I don't know if you use charismatic-word, charismatic they call it or you say, the one how to do it how to raise the Kundalini, how to put it at the Sahasrara, how to break the Sahasrara, all these things you must know, how to spend your knowledge is viniyoga in Sanskrit.

Guru principle is awakened in a person when he himself has achieved something. Imagine a half-baked guru going along talking as a Guru. He'll end up as a disciple ultimately. So, you have to be master of your own, but when the Guru Principle comes in you have to give it to others, it's a question of giving it to others. So you have to be at a higher level to give it to others, have to be at a very high level. If you are attached to money, if you are attached to food, if you are attached to mundane things of life, you cannot give. Now the higher state than that can be achieved, which is naturally in Me, but can be achieved, is that you don't have to have any dependence like that, that any rules and regulations, like saying that I will have no worry about food, I should fast, this, that - it all ends up. When you eat but don't eat, that's the state one should have, that you are eating the food and if you ask, "Did you have your lunch?" "I don't know ..." "Will you have your lunch?" "I don't know ..." Absolutely indifferent to the problems of the body. "Where did you sleep?" "I don't know ..." "What did you eat, what will you have?" "I don't know ..."

This kind of a state is called "atita state" where you go beyond and whatever you do, you are doing it because it is to be done. Without paying any attention to it, is automatic. Nothing is important, but this is - before becoming atita you have to steady yourself, "Nothing is important," you see, is a, "avir bhava" they call it, is a kind of a drama you have to put in. "Oh, nothing is important, this carpet is not important, I should try to sleep on the cement."

First, you have to do that. But after some time it happens that you don't remember whether you slept on the cement or on a cot, "Where did I sleep? I don't know."

That is the atita state. And that state is to be achieved now by many Sahaja Yogis- in a state where you go beyond. Say there is somebody who is before you and you have to get angry. All right, you give them left, right, left, right nicely and then you are smiling next moment. Did you get angry with that person? "I don't know, did I?" Like, Buddha once said something in one village and there was a horrible fellow who got up and said lots of things to him. And when He went to the next village the fellow felt that "Oh, I should not have done that," Left Vishuddhi, perhaps. So, he went down and said, "I am sorry Sir, I have said so and I should not have said it, I didn't know You are the enlightened one, so it happened, so forgive me." He said "When, where did you say?" He said, "In the last village." "Oh, everything in the last village I have left there alone I don't take with me." That is the atita state that you have to reach.

So, even not to feel, it's not important. These identifications when they drop out completely then you are doing things in akarma state, where, like sun is shining it doesn't know it is shining. When the vibrations are flowing you don't know it is flowing. Already it has started working in you. You are surprised, you raise the hands and the Kundalini is rising. You don't know you are raising

the Kundalini actually. How do you raise it? You don't know, that's it. That state has already started atita in you, but get it established in every walk of life, everything, that you go beyond. And if you can manage that, that's the highest that you have to reach.

Now with the incarnations it's very different, it's the other way round. Everything is the other way round. They don't have to do any tapasya. They don't have to starve, they don't have to cleanse themselves, whatever they do is the punya. They don't have to collect punyas either. If they kill somebody it is dharma. If they hit somebody it is the dharma. Nothing they do wrong. They are absolutely immaculate. If they deceive someone, they cheat someone, it's perfectly all right. Because for a higher goal you have to give up the smaller goals. It's justified in our day-to-day life you'll see, that when you are defending your country, there is an enemy on you, if you have to defend your country you can slay him. You can cheat him, diplomatically you can befool him. Is allowed, why? Because for a higher goal you have to give up the smaller goal. But for an incarnation it is always the higher goal. He is not bothered about smaller goals at all. He doesn't have to weigh, think, rationalize or to train himself or do some drama or anything, it's all done.

Even the movement, every movement, every movement of an incarnation has a ripple in it, which is for the good. There is nothing, not even a moment is such which is not for the good of the world. So the incarnation is a very different thing, that is not to be achieved, that has to be. Now for example the incarnation is the "bhokta", is the enjoyer, He is the enjoyer of everything. Many people, say, have created, now we have a carpet here from Turkey. These carpets were created by Turkish peoples some time back for an incarnation to sit. So, the Ritambhara PrAgnya will bring it round in such a way that at least I see it, or I have it, so that their souls will be blessed, so that they feel nice.

Like Michelangelo has made that not for popes, I can tell you, and not for all the rubbish people who go there. Neither Blake did all that work for the useless people who want to go and see nude artists. It was all done for the incarnation to see. That's the way they have blessed the most, because they are beyond, nothing touches them, nothing is important, but it's not rational or anything that they have trained themselves, but it is automatically they have.

Like Shri Krishna had to marry sixteen thousand women. Can you imagine? In those days of monogamy he would be prosecuted hundred times. The reason was he has sixteen thousand powers and He was to be born with those sixteen thousand powers on this Earth and five elements became His queens. He had to do some justification to have them around. And as I have now Sahaja Yogis whom I have, I mean, given Realization. So automatically I am your Mother, is established. But for Him there was no way out but to marry His sixteen thousand powers. And so He married, but He was never married, He was a bachelor out and out all His life. Because He is Yogeshwara and He is a brahmacharya. Who can marry ... Him?

So, for Them all these worldly things are just a drama, has no meaning at all. It's just a drama. A person who is not an incarnation should not try to be. That's not the right of a human being. Like a policeman standing on the road, if he puts his hands right, left - we follow it. But you ask some mad man to go and stand there, he will be arrested. So for normal people, even you are a guru you shouldn't allow them to touch your feet. Only an incarnation's feet must be touched and nobody else's feet must be touched. Of course in samayachara like as we have in India the custom to touch the feet of the father, but because the father is a representative of the father in you, that's why - or the mother. But that's symbolic, but in reality you are not to surrender yourself to anybody else, but to an incarnation. Also, if there's a teacher in your room, any art or in anyway the master, you must touch his feet. Even to take his name you have to pull your ears. But nobody who is a human being should make touch your feet, especially the Sahaja Yogis should not. Nobody should ask anyone to touch your feet. As an elder you may, that's a different point, but not as a guru. Is a very dangerous thing, once you start it, you know what it happens, with so many, they have just gone out of Sahaja Yoga.

So, to develop the Guru Principle within you first of all you must develop yourself, fully. Now how to develop yourself a Guru Principle, one must see. We have got the ten principles within you, as I told you before and we should develop these all ten principles in such a way, that we stand out from others. Yesterday as I told you that when we do dhyana-dharana-samadhi and achieve the blessings of the Ritambhara PrAgnya, then put that whole thing onto different areas as called as desh or bhoomi. How you spend them is the point - is through mantras, cleanse it through mantras, cleanse it through your attention, every day

you must know which chakra to be cleared out. You must know about yourself, where is the problem, how it is to be cleansed, how we have to clear it out. Do not take it for granted.

Many people who have got, say, left-sided problem, you will just bring them lemon and chillis and think that Mother has done the job. I can only do the job temporarily, but if there is a vacuum again you will suck in. You see, these vacuums within you feel hungry again to have some more. So to take out that vacuum is your job and for that you have to religiously get after all your defects. That's the most important thing for all of you.

And try to put full attention to all these different deshas - is the nations, they are called like this. And once you have cleared it, it is enlightened, is full of light, then you call it pradesh, means the desha has been enlightened. Once that has achieved then you have reached the point you can become a guru, but still you are not a Satguru. To become the Satguru you must achieve the state of atita.

The atita state is such that the person who is not a good man will tremble before you. A man who is a liar, who has cheated others will lose his tongue. A man who has adulterous eyes, who is a man without, no control, without any control over his mind as far as the women are concerned or men are concerned, such a person will have shaking in his eyes. Some of them will shake, those who have been possessed will be shaking with it. They'll be all exposed before the light of a Satguru. When you achieve that you don't have to fight them, they will themselves be exposed and you won't have to do anything.

One day, I was told that there is a servant, lady-servant who is a very possessed person, in the family. So, I said "Get rid of her." I went to the airport. On My way I stopped at that house and the maid-servant just walked in, you see and there was a big gutter flowing, I mean not a gutter but a open sort of a thing and she saw Me and she fell in that. I said, "Oh God," so I told the driver to take the car a little ahead. And she fell in. It happens. I was traveling by plane one day and the gentleman in front started just jumping. So, a Sahaja Yogi asked, "Are you from TM?" He said, "How do you know?" He said, "We know." So I sat back. It may be they may all have ... A day may come when they might start jumping like that. Or a pilot might start jumping. It's a big problem for Me. [Mother and Yogis laugh.]

Even the lights: you enter into a church and suddenly you find all the lights going off like this. Even in big banquets, I find, when I am sitting there and suddenly everybody comes and sit down and all their bhoots come around, they start jumping and then people start looking, "What's happening, is there a fire on?" So many things can happen, like there was a gentleman very much possessed in a war and we were going to a ship and there was a little platform on which we had to first jump and the platform started doing like this, like that and the fellow didn't know what to do with it, he didn't understand why it was doing this. So when you reach that state you don't have to argue or do anything, even if you lift your eye it happens that the person gets into problems. Or there could be some ego-oriented people, they'll melt down.

First you have to do the drama of a guru, dress up in a way which is simple, you have to behave in a way which is very gentle, because you have to attract them. "Come along, come along, come along." That's advertising, Advertising Department. And once it is done, that drama is done it can be exposed very soon, if they will find out that you are not good, you are just a dramatist. Once the drama has been done then very cleverly you can bring out your real self before them. So first you don't show them that you are a real, hard taskmaster. Never. First use all your sweet qualities. The more they are difficult the more I am gentle with them. Then they come inside. Then you put to the mill and you can cure them. First, prepare them. First of all, sometimes they are so frightened, they are so nervous, they are so upset, sometimes too much of ego. So be gentle. Gradually they'll strengthen themselves also in your company and then, even if you hit them they are all right. That's how it has to be done very cleverly. and if you see the way I manage My Gurudom you can also manage.

But the key to Guru is patience, a complete patience and complete dependence on God Almighty. That's the key, complete patience. First, you tell them that this should be such, but they will not accept. They will argue - how, why, this, that. All right, go ahead. Then they will come back with a black eye. Or they may come back with a punched nose. Then you say, "All right, I'll soothe it down." You soothe it down, and then tell them. So is the wisdom, the discretion of Yogeshwara you should have. How to deal with people is very important, why I say Yogeshwara. Because at the guru state you have to give it on a collective level.

Individual level finishes and you jump into collective, once you start becoming a guru.

So, all these methods which I explained the other day to Modi, you can understand that the ten of your problems at the void - once solved - you solve the sixteen problems of the Vishuddhi. And once sixteen problems are crossed you come to Agnya. And at the Agnya Chakra there is such a tremendous sacrifice without feeling the sacrifice, is awaiting. And one has to see what you can sacrifice in that atita state, because you don't sacrifice anything. Everything is already sacrificed, what is there to sacrifice? And such a state should be achieved by realizing that you are Realized souls. You are not ordinary people and you cannot have ordinary, mundane types of rules and regulations. Like yama and niyama, the niyamas are for yourself, yamas for others, nothing. There should be absolute truths with you. So much so that you should manifest them and all these truths have powers. By every truth that is within you established, you don't have to do anything, they work out themselves. So, first of all, you must get your chakras all right. On the chakras you must put your attention. After the samadhi state you will start opening them out properly. Clear them out. Know what are the chakras that are bad. I have seen people who have very bad few chakras and many good chakras, but they will be only enjoying the good chakras and will not worry about the bad ones. Pay attention to your bad chakras, cleanse them, cleanse them. Put all your attention to that. Put the attention of the God, of the Deity whom you worship and you'll get the complete manifestation of their power within yourself. So, clear all the chakras, all the pradeshas to be established and after the establishment of the pradeshas you'll have to establish the rapport with others on the collective level. Then a state when you become a complete Spirit at the Agnya Chakra.

It's a, easiest in Sahaja Yoga and I have told you the reason, because you are such fortunate people. The easiest of easiest is Sahaja Yoga. The essence of Sahaja Yoga is that it's the easiest thing to do. And that is why we should take full advantage of that easiest method, made easy, absolutely for you. This is the blessing of Guru Puja for you that you all should become gurus by next year. Just you have to dedicate and say today in your heart, to promise Me in your heart that, "Mother, not we'll try but we will be and thrice you should say, 'We will be, we will be'."

Now last of all I want to tell you that now I have completed My sixtieth year and no more celebrations of My birthday, this is the last. Please remember this. I have accepted whatever you said, because of sixtieth birthday is very auspicious. After this no more celebration of My sixtieth birthday.

You have already thought of giving Me some present from all Europeans. On the sixtieth birthday I have accepted, but no more of this kind of planning should be done anymore for the sixtieth birthday, which is over now. I am telling you very frankly, all right? So nobody is going to celebrate My sixtieth birthday anymore. I hope it's clear to you.

So, the protocol of the Guru and the Mother is to be understood in Sahaja Yoga mostly by experiencing it. But that doesn't mean that you go out of the way to experience the other side of it. By being protocolish more and more you will find you will receive much more help. Like Nick one day I told him, he will tell you that, there were two ladies who wanted to go to Belgium. I told them they are going tomorrow. And the ladies said, "No, we are going today." He said, "The Mother has said that you are going tomorrow, so you go tomorrow, whatever it is." They said, "No, we are going today. How is it Mother has said that we are going tomorrow?" He said, "But She said it" - they wouldn't listen. So, we sent them to the airport and they found they had to go next day. [Laughter]

So, that is how it is, that the protocol should be that, "Yes, Mother has said it, doesn't matter. It may go wrong, doesn't matter. Whatever She says, let's obey and see." By experiencing only you will know. But in the beginning only you will say, "No, we'll not do this and that," - it's not good. So, the protocol is the simplest of simple to do. So, that's the essence of Sahaja Yoga, the simplest of the simple is the protocol. If you understand the protocol you don't have to do anything, you will grow by it automatically. But you lack in protocol and that's how you do not grow. This is the point is, that to grow best in Sahaja Yoga is to know the protocol, which you can ask others. With experienced people you can ask, or if you want to have your own experience you can have. But some people try the other way round, like answering Me back, by saying all kinds of things they think "Let's experiment what happens." And then they break their necks and come to Me for curing.

So, that should not happen. Experience should be for betterment. And that's how if you can ask others, take their advice, those

people who are rising higher than normal, what is the protocol? And put your attention to it, how can you improve your protocol, what should we do to observe protocol, what wrong are we doing, where are we going wrong? Because the essence of Sahaja Yoga today is the protocol, which should be the simplest. Should be the simplest thing to do and once you know the protocol that, "If She has said it, if it is meant, then it's all right." But some people are so funny that they start using Me as a quotation. "Mother has said everybody must fast." I told somebody that "You'd better fast." So, a thin man comes next day fainting, I said, "What happened?"[Laughter]

When I say something to a particular person, they just circulate it, because they think, "Why should I fast alone, everybody must fast." Is a big problem, that they always quote Me. Nobody is to quote Me to others, because one thing is important, whatever you have to say you put it on the notice board maybe with My signature, better - for general things. And for particular whatever I say, you should do it for particular.

At least, that much discretion we all should have. And try. You'll be very much helped, you will be surprised, you'll be very much helped, because it is for, everything is for your betterment and a special grace, if you understand the essence of protocol.

So, I am taking you to that point where you'll start understanding that nothing is to be surrendered to Mother as such, because She doesn't take anything, nothing goes to Her. Is only your surrendering yourself, by leaving all that is not wanted. It's a very beautifying process which one should take. You all have come up so much and you have to grow very much further, I am sure you will go ahead and will become great Gurus as you have promised today, by next year.

So, I don't know what is the procedure of the puja today is, whatever is the procedure, let's start.

So now the first, the twenty-one names of Shri Vishnu, because it is for the sustainance. Then is the Ganesha Puja, Ganesha's Puja. Then the third thing ... Then sankalpa. Sankalpa is the dedicated vow - for what are you doing this Puja, that is to be said by all of you. Then the Ganesha Puja. After Ganesha's Puja then you do the Guru Puja and after the Guru Puja after the Guru Puja we will be doing Devi Puja. After the Devi Puja we will be going out for our Havana, then after that - if you are not worried, I'll tell you - is lunch.

So just now put all your attention to the Puja.

A little suggestion is that these are the mantras for your central path of Sushumna Nadi. Every mantra has a very great meaning and deep significance. The resonance must help your chakras to open out.

First and foremost thing, you must say it from your heart. Not from your tongue but from your heart. Say it from your heart, then the intensity will be great. We are not ordinary people who are just saying ordinary mantras. We are realized souls, we have to say it from our heart. This is the part called sankalpa where you have to have the dedicated declaration to Me why you are doing this Puja. It's to all the world, to everyone, to all the directions, all the Gods, every word is noted down in the historical documentation. So you have to say why you are doing this Puja on this day, at this time, where ...

What's the name of the river here? You tell him. Arun.

Sahaja Yogi: On this day, Sunday in 24-th of July 1983, at Lodge Hill and west bank of the river Arun in the county of Sussex, in country of England in Europe, in the summer season, at 10:25 in the morning, when the sun is in the Leo and the moon is in Aquarius, we are doing this Guru Puja to our Mother Shri Adi Shakti. On the full moon day. On the full moon day, the Guru Purnima. We do this Puja on behalf of all the Sahaja Yogis, from all the countries of the world. And according to all religious Scriptures, all of us with all of our families, pray now for wellbeing, the spiritual wellbeing, the victory over all obstacles, the fearlessness, for longevity, for the longevity of our Guru, for health, for wealth, for nullification of all the baddhas of the Sahaja Yogis, to be the master of eight siddhis, to give peace to all, whether on two legs or on four. We pray for the health, satisfaction and auspiciousness, for all those who are now handicaped, for the emancipation, for all the people. to give them the highest knowledge. And whatever is our powers, whatever our knowledge, whatever offerings we could bring, through meditation or by

whatever means, are given sixteen times, these we surrender in the Puja. And to the seat of the Mother, to the water jar, the conch and the bell, we are doing Puja to all of them. We request all the rivers to cleanse our bodies. Above all we worship MahaGanapati and request Him to continue this Puja without any hindrance. And we invite the Goddess, oh, Mother who has all the thousand purushas in Her, You have a thousand eyes and you have surpassing powers, we request You, invite You very humbly, be present for this occasion on Puja.

Shri Mataji: You tell about this water. Just stand up and say what you have got it for.

Sahaja Yogi: This is rose water.

Shri Mataji: Loudly.

Sahaja Yogi :Rose water, made from rose petals. They fell in Scotland on Guru day, today, three days ago, on Thursday, and from Highland spring water, so that we bow with washing Mother's Feet with this rose water offering the Guru tattwa of Scotland and all nations. with Mother's blessings.

Shri Mataji: Put it in that water so that....

Sahaja Yogi: Let our ears hear that which is true, let our eyes see that which is pure, let our beings praise that which is divine, and let those who listen hear not my voice but the wisdom of God. Let us worship with the same song, the same strength and the same knowledge and let our meditation enlighten and enrich. Let there be amongst us compassion and peace.

Now the prayer: Salutation to Shri Ganesha, sakshat Shri Jesus, sakshat Shri Nirmala Devi namoh namaha. It is You who is the beginning of all the beginnings. It is You who is the doer of all deeds which have been done, are being done, and will be done. It is You who supports all things that are supported. It is You who protects all things that are protected. It is You who is the complete, all-pervading Spirit, God's divine energy. Think clearly brain, speak only the truth. Let Your presence, awakened in us by Kundalini, speak; let Your presence, awakened in us by Kundalini, listen; let Your presence, awakened in us by Kundalini, bless; let Your presence, awakened in us by Kundalini, protect; let Your presence, awakened by Kundalini in us, Your disciples, be the disciple. You are the essence of all the sacred literature and holy words and You are the energy that understands the holy words. You are the divine combination of complete truth, complete happiness and complete energy; and You are beyond. You are all knowledge, and You are the use to which knowledge is put You exist until the end of all things, and after the end of all things You are. You create the end of all things, and after the end of all things, You remain indifferent. You are the earth, You are the water, You are the fire, You are the air, and You are the space above the air. You are the gunas and You are beyond the gunas. You are the body and You are beyond the body. You are the essence of time and You are beyond time. You and only You exist at the Mooladhara chakra. You are the Spirit and You are beyond the Spirit; and those who would join God meditate upon You. You are Brahma, Vishnu, Rudra; You are Indra, Agni, Vayu; You are the sun at noon, You are the full moon; through all of these and more, You are the all-pervading energy of innocence and wisdom. You are the divine servant who stoops to wash the feet of saints; You are the tiny core of all things, without which the large have no purpose; You are the key to the libraries of all the scriptures, without which the truth is hidden; You are the full stop which completes the sentence, and without which the sentence loses its meaning. You are the crescent moon, You are the stars and You are beyond the stars; all the things, from tiny dot to universe, is You.

Shri Mataji: You are not to put your hand inside. Just pour water on My Feet when he says the mantras.

Sahaja Yogi: You are the future and beyond the future. You are in all forms. You are where the sounds combine; You are the silence between the sounds; You are the rhythm of all music and all prayers. This is the knowledge of Nirmal Ganesh, and You, Nirmal Ganesh, are the master of that knowledge, and all knowledge. You are the God and You are the Goddess. Aum Gam Nirmal Ganapataye to Your powers, Ganesha, let all surrender; and the left side of memory and the right side of action surrender to You. And let Your enlightenment prevail. Your first tooth You have, and four hands: one holding a rope, the second a goad, the third is raised in blessing and the fourth offers sustenance. Your banner is that of a humble mouse. You have long ears and are clothed in red. Red decorates You and You are worshipped with red flowers. You have compassion for those who love You, and it

is for those who love You that You come to this Earth. You are the force that creates, the energy that pervades and the Spirit that protects. Those who seek union with God pray to You. Those who seek union with God worship You. Aum Gam Nirmal Jesusye. To Your powers, Aum Jesus, let's all surrender; let the left side of memory and the right side of action surrender to You and let Your enlightenment prevail. You are the Word that was the beginning; You are the Word that will be the ending. You are He who was born of a virgin, and died on the cross. You are He who absorbs all sins, and who died to live again. You are God in man, and You are worshipped with red flowers. You have compassion for those who love You, and it is for those who love You that You come to this Earth. You are the force that creates, the energy that pervades and the Spirit that protects. Those who seek union with God pray through You. Those who seek union with God worship You. Shri Ganesha, salutations to You. Shri Jesus, salutations to You. He who is the beginning of all worship, salutations to You. He who destroys all the powers of evil, salutations to You. Sākshāt son of Lord Shiva, who is unending blessings, salutations to You. Sākshāt son of Mary Mātājī, who is unending love, salutations to You. Sākshāt Mātājī Nirmalā Devī, who is unending joy, salutations to You.

Shri Mataji: Now the Sanskrit verses which are being translated in English as you heard it will be said, at the time when they'll be pouring water on My Feet, called as abhisheka.

Loud speak. Slowly.

You have to put hand, to hold it up. See now viniyoga, the word has come - the spending of it. What is the spending of the name of Shri Ganesha? When you remember Him, then where do you spend it? Viniyog, is a very good word. All right.

The girls come. No, unmarried.

Now they will read about Shri Mahavishnu in English, who was an incarnation, came on this Earth as Lord Jesus Christ. How He was created and the essence of it was that of ... That when, was the One, had the essence of Shri Ganesha and He came on this earth ultimately as Shri Lord Shri Jesus Christ. But how He became Mahavishnu and what were His blessings, we should say, who was the Son of Shri Krishna.

1983-0724, Havan after Guru Puja

View [online](#).

24 July 1983

Havan

Lodge Hill Centre, Pulborough (England)

Talk Language: English | Transcript (English) - Reviewed | Translation (Hindi to English) - Reviewed

Havan after Guru Puja

Shri Mataji: First we are going to have the "Namaz". We have to learn how to do "Namaz" today, because it's a Guru's Day. Now where is...? - Come along! All of you who are here should learn how to do "Namaz". Now stand here. Facing Me. Come along!

Gregoire: I would like that everybody sit down, so that everybody can see.

Shri Mataji: No, you have to stand up, because you have to do accordingly.

Djamel: I was thinking you all stand up and stand in rows. You have to leave a space in front of you, there has to be a certain space so that you bow down.

Shri Mataji: May I have some water to drink.

Gregoire: We should all stand in a circle, leaving space between each circle around Shri Mataji, so that we can bow. So everybody stands in three or four circles, with one meter at least between the two circles

Shri Mataji: Where are you going to have lunch?

Sahaja Yogini: We are going to bring it here Mother.

Shri Mataji: All right, that's all right.

Are you all listening now?

Just move it backwards.

Saha Yogi: Mother I will put this over here which will shade you a little.

Shri Mataji: Sorry.

Sahaja Yogi: I think I did it a little too far.

Shri Mataji: Its because its coming up, all right, doesn't matter.

Sahaja Yogi: But I'm afraid

Shri Mataji: All right. Alright, let's - ah? Now let's do.

Djamel: There are supposed to be five different "Namaz" per day, and there is one at dawn, one somewhere when the sun is at the highest point.

Shri Mataji: So that's one you do.

Djamel: And there is one about four o'clock and one at dusk and then there is also one later on perhaps two or three hours after dusk. And each one has a certain number, what we call "rak'aht", is how many times you bow down to the ground, how many times and also it has a certain variation as to whether you should talk, say the Koran loudly or whether you should say it within your heart. Now we are not going into those details, what matters is the essence. So we gonna give, we gonna say four "rak'aht" which means we gonna bow down four times and ...

Shri Mataji: What do you do for the twelve o'clock one?

Djamel: For the twelve o'clock one we do four.

Shri Mataji: That's alright then.

Djamel: Four and ... but it develops variations as to whether we should say, talk loudly when we say the Koran. But I say we say it all loudly, because I'll be the only one saying it in Arabic. And perhaps we can have in future times...

Shri Mataji: Translation.

Djamel: ...we can have it in English especially the third account is for the exordium, which is the most basic verses of the Koran. Basically the exordium is just to say that, Oh God, You who are the King of judgment day just take me to the right path and don't let me fail from the right path, and so on. It's something like that, it's one of the most basic prayers.

Shri Mataji: You see towards Mecca when you do it.

Sahaja Yogi: Anyway you will hear me now we are going to start by calling the prayer.

Gregoire: Should I repeat Mother, because they can't hear?

Shri Mataji: No.

Gregoire: Should I shout?

Shri Mataji: No.

Gregoire: We are now going to exert the calling to prayer, the call of the prayer is told by Shri Mohammed and our brother Djamel has said there are many variations. You do it at dawn, at dusk, at noon either loudly either...

May God bless you.

Now from every center one person can come. From every country I should say. From every European country one person can come. One from Algeria. It's alright it. One from France, immediately, immediately. Do it fast!

Also give them...

Yogasie. Let Yogasie be there from India.

From all over I hope everybody has come, from so many countries, just imagine.

Start now.

Keep it here! Alright, alright. Start it! First light the lamp. First light the lamp, then start. Where is the camphor? Start it. When you start saying... Are they very long? I am saying this because full moon night will finish. Start soon. Must start now! Getting late. Purnima should not finish, before that must start. Ha. Start.

Modi you stand and say so that everyone can hear. Otherwise sit down and say whole thing. I must hear everything. I must hear first of all. Mala, you look after this and give it to ... When it finishes you have to give it to everyone.

First smaller, smaller wood, smaller. There are smaller ones. Soak it in the ghee and then put it Soak it in the ghee.

Now put badhas (negativities) in fire and complete the havan. Do Purna Ahuti now. (Complete the offering now.) Leave all things whatever remaining to Modi. Say it (Purna Ahuti Mantra) and put in the fire. Put it in the fire. Take that rice to put in the fire. Take rice and this. Put inside otherwise it (coconut) will break and all will get hurt. You stand up and [saying] everybody can't.

Gregoire: I would like on your behalf to thank Sir Chandrika Prasad Shrivastava who has come and joined us here. For the Sahaja Yogis who are newer than others maybe very briefly we should say a few words about what we have learned from Mister Shrivastava. We live in a world where the rich and the mighty are rotten and in Mister Shrivastava we found someone who had wealth, power but much more dignity and dharma. He represents for all of us an image of fatherhood as we would like all the people in charge of this society to be and we are especially thankful not for of course what we has does for IMCO (Maritime agency of UN) but all what He has been doing for our Guru at the time when Sahaja Yoga was really faltering on the shoulders of seven rather dubious people around London. I can say so, I was one of them at the time. Sahaja Yoga was supported with an extreme generosity and extreme disponibility by Mister Shrivastava and I should say that this support has never failed and is still going on and for all this... I mean good speech is supposed to be short so I'll stop here because the topic is very inspiring. It's always a very great joy for me personally to be able to express the feelings that we feel, that we have for him and on your behalf I would like to offer him this very small present. Thank You, Sir.

Sir C.P.: Do you allow me to say something?

Shri Mataji: Yes.

Sir C.P.: My dear members of this wonderful Sahaja Yoga family, My feelings are so full that I may not be able to say much. As Gregoire himself said, speeches should be short. But instead of thanking me I think I owe to you all a deep and sincere and profound debt of gratitude and I say this in all sincerity, because to me you represent that part of the world which is pure, which is good. In the world that we live in, there are many forces which are acting against goodness, against purity, against peace, against cooperation. Against mankind. In fact if you see all round there are forces of destruction almost threatening us every moment. At this time it is extremely important that there should be someone and some people who spread the message of spiritual evolution, who give to mankind hope for future. While if there is no force like that mankind itself may be at peril. It is difficult always to talk of one's own Wife, but I have to because She has been the embodiment and the soul of that Divinity, that force of goodness, which is spreading. She has given Herself totally to this, because there cannot be any compromises where Divine work is concerned. One has to be totally in it, one has to belong to it totally. I have to thank you also because you give Her such love and such affection and you fill Her with such joy.

1983-0725, Talk to Sahaja Yogis

View [online](#).

25 July 1983

Talk to Sahaja Yogis

Surbiton Ashram, Surbiton (England)

Talk Language: English | Transcript (English) - Reviewed

Talk to Sahaja Yogis Surbiton ashram July 25th 1983

How did you like my lectures for Guru Puja? I was rather boastful, I should say. But it's very simple; Sahaj Yoga is very simple. It seems you don't have to go to Himalayas, you don't have to do anything, er, you don't have to stand on your heads or break your necks. If you read your Patanjali sometimes you'd be amazed how much they have agreed (unclear) that you lead a life of complete brahmacharya; no entanglements, anything else, they had to stay in a very secluded place with their guru, they were not supposed to see anyone, meet anyone, talk to anyone, because that would take away their attention, and, er, they told me there were very few people who could do such a thing. Can you translate to me? (Marie Rouger is there, speaks) French? You understand French? (He's Spanish but he understands English.)(Various exchanges) (Spanish people don't understand French) Who is the Spanish who doesn't understand? He understands English all right. (Only one Spanish understands French). But you understand English all right? Both of you don't? ('No very very little) I didn't know about that. So, now, what you can do is, to when I say 'You tell them', and, er, she can tell them, also those who don't understand come later (unclear phrase). (Warren 'All the French sit near Marie'). Better. Otherwise everyone understands English, isn't it? Italian? All right you can translate. How are you? All right? Are you comfortable here? (some conversation in Marathi with Shri Mataji's granddaughter?). Katie, take her to my room. (Marathi) Thank you. Thank you. Now, I was saying that it's very simple in Sahaj Yoga to achieve heights. When we talk about Shankaracharya, from his life, you see he first talked lots of treatises, like the (Legachuravani (?)) and all that elaborate explanations and how he learned (vaitarnies?) what is you have to give to Brahma(?) and all that and I would say one thing, I was about to tell you and, you people-why do you shake your children? Is not a good thing, I have seen it, all the time why do you shake your children? You should not shake your children so much, it's wrong, absolutely. (Warren 'They Jiggle') Leave them on the ground, let them move about. Don't shake them. Why do you shake your children so much? You see the whole system goes out. I saw even that Susannah was continuously shaking her child. Poor things, these realised souls, must be thinking 'what are they up to?' Don't shake, there's no need, they're very quiet children. Let them be on the ground. ('excuse me, Mother'. noise of teacup) What's that? (Warren 'a scone, Mother') That's all? ('just plain'). So what Adi Shankaracharya has done you all can understand from his life how to become a simpler personality, understand the simple knowledge to rise higher and higher. Now the process of Sahaja Yoga is the other way round than the process, just the opposite juxtaposition, than the process of any human enterprise on a material level. So in science, as you start growing more and more in its awareness you start becoming more complicated and the whole thing is so diversified, so spread out, that, as I told you before, we can have a doctor for one eye and another doctor for another eye! Now the Sahaja-ward (?) movement is in the other direction from where we have left. Like we can say we come from India to England, by a tape recorder here. Achieve that tape recorder you have to come all the way to England to get complicated a lot. But then you are going back again to India, so this time we have a tape recorder but we are going to also blood country. So when you come up to this level of human level, which is so complicated and when you grow back from there, from where you started, from the very beginning, becoming simpler and simpler, you are very much more aware but you are very simple. (sips tea) See the point? Like in Sahaj Yog nothing is working out, so what do you do? Give a bandhan, finished. The most simple thing, you just give a bandhan, finished, it's all done. Now if you want to use any material instruments, say, so remove the jam (?) only it's impossible also, but supposing you have to, then you have to telephone to the police, they have to telephone to somebody there, that they have to find out the reason for the jam then they'd send people to correct it. After that the cars will start removing it, removing the trouble from there, and when that is removed then the cars which are without problem will start moving. It may take the whole day, God knows, when they do this. But for us, thrice, one 'Mataji', two 'Mataji' and three 'Mataji' and the cars start. (Warren: We had a very good example of that yesterday Mother). Yesterday? (One of the Swiss gentlemen, I think it was, thought he'd lost his ticket, his wallet, everything down at the seminar place, and he was getting all flustered here on the balcony and telephoning to them, they had had a look they couldn't find it, this and that; I said just put it

in a bandhan and within, I think two or three hours, it turned up, and where did it turn up? In the pages of the thousand names of Dattatreya which were used at the puja, in between the pages of that mantra(?) And what we are saying (unclear) you can see as light and the people who have done the job or not can see by vibrations coming out of them and we have appreciated them, oh yes we did the job. Imagine, what an intricate machinery they must be having. Gregoire telephones to me that my wife is getting pale and now she's going for an abortion and doctors have said that it has to be, cannot help it, and he goes back from the phone and the doctors say a miracle has happened that moment, the whole thing stopped and the child is better. What a machinery it must be, what efficiency! And what obedience, it never gets stuck, so (aside ...just tell her, you should tell her, she's just.....

(several comments in Marathi...) try to say only 108 names. You are saying before me, It's tremendous, you see has sufficient vibrations, you need not say one thousand. But he is a real Sahaj Yogi you see, so I didn't take the test of him but I just said alright we should do 108, so he said 'Why Mother?' and I said 'because everybody's late they have to eat the food, I've given a very 'material' sort of, er, explanation. I didn't want to tell him what was the problem. But he argued on that, he said 'no, no, we always eat food, why should we worry, this is today a special day, Guru puja, what is there in one thousand names?' I said 'Go ahead'. He was caught up, you see, he was very angry with John and all these people in the house, I know that and then their bhoots had caught him. He told me that 'in this house, I don't know why, I should get only light head. It's very heavy.' I knew he was so much caught up and I knew these bhoots would follow us there also and they torture because always there is always a hurdle in the puja when they are there. That's why we have to worship Lord Ganesha first so that he looks after it. So I told him do only 108, will be all right. But he's a very intensive man and he said I don't know what we should do 1000 after all Mother and really hit it off (unclear). So, after 108 his throat went out. They worked on him. So I gave him, asked, er, he didn't understand why the throat was going out, so he gave something, er, a sweet, into chew, to himself, still the throat again went out. I vibrated it again then I took out from my mouth and sent it over to him to chew (unclear). Not that time he thought that it was all going very badly. Then, after that, still the thing was on, then he felt sleepy and his eyes were closing, he could not read proper Sanskrit, this that, still making mistakes. I was wondering. I was so attentive, every word, that at least whatever he said doesn't matter, I should hear - ran on and on. To me he became absolutely, absolutely sleepy. You see, it worked. So then I took out from my mouth and sent it with somebody that give it to him to eat and after that it was finished. It was a very big struggle. He was very agitated but I don't know if you people noticed, because you don't know Sanskrit first of all, and secondly he was just closing down and drooping. Because that not only (unclear) when he got angry with those people there I know these bhoots are going to get after him, and he told me 'My head is getting very heavy here because these people have terrible, tremendous bhoots, and they are not ordinary people', those who can stay in my house, so you can imagine. I changed (unclear) so very well nauseous, very strong ones. And when I told him how to do it, you should have said alright 108, after all I'm talking with, I'm saying this because Dattatreya, even only one name is said is sufficient. See the vibrations. We were saying 'Sakshat' before Dattatreya, what is there to say it one thousand times, or 108, and even one is all right. And when I said it it's all right, but in the beginning then you come down to 108 and then you come to one and then you don't even have to say it. Then you become the simplest. Ah! See the vibrations?

So you have to become a simpler and a simpler person, like, I would say, if you have to study, for example, theology - (smiling) John come over here! - you have to break your head, neck, everything, and go through all the dogmas, you know, this thing, this thing, oh God. If you have to talk to anyone like that, either he'll go mad or you'll go mad and this thing starts, even with theology, it is true, can you imagine? Otherwise it's very simple in reality. So the movement backward towards simplicity with full awareness is Sahaj Yog. (Conversation in Marathi.) And the Sahaja Yogi is more identified with the bhoot. Now there's a struggle there. If the identification changes suddenly, it works out. Today it happened and now our brother John is changed completely. Cathy changed for a while and then she's the same and John is still there. This is the problem. You can see that. When they change the face changes, everything changes, the attitude changes, everything changes. I mean they change just like that. Now John, you won't recognise him. (Marathi) He also can come, he can come, It's all right. (Marathi?) Right heart? Left? (conversation in Hindi/Marathi). (sips tea) It's all right (Marathi) So, this is to be understood that if you are caught up and possessed, you see, then you are complicated. Then a complicated person will never see things straightforward, simple, as they are. Like we can say that in Sun's rays there are seven colours if it passes through the prism, otherwise there's one colour, simple. In the same way your Mother's Love has all the powers in it and if you could establish a rapport with Her in a way that She's personally happy, finished. Like there's a connection and this connection is not working, all right, so nothing is flowing, but when you make it all right, the connection; love flows and everything goes in front of diseases (unclear). It's a very simple thing but when you go in the other direction then it's complicated. That's why Adi Shankaracharya, in his last letter, er, in his last book,

the Saundarya Lahari, he just described your Mother, that's all. Even up to the knees, like a child would be looking, and he appreciated even the knees, that they are like the heads of small little elephants. You see, Ganesha. (the shape of them(unclear) And all the sweet sweet things he described just like a child would describe the Mother, absolutely with that innocence. Then people said 'what are you doing, I mean look here, you are writing big big philosophy and suddenly you are describing the Mother's Powers? What do you mean, and your surrendering and all that?' He said 'I know, this is the only way it has to be done'. But to make a puzzle as to why it is difficult to know, you see, how to please, and the best way to do it is to, you see, what I do is to shout or get angry, this and that, that's a mantra, then the bhoots may go away. Or sometimes I sympathise also, try to see that the bhoots are convinced to my coaxing and my sweetness, but when it does not work out I take the other (unclear). And it works, sometimes it works, good. So the spirits there are on both the sides, they may try to push you on the right side, sometimes on the left side, so you should not identify yourself with them. This is a spirit and the other is there and to treat it, best thing is 'I am the Doctor and you are the patient'. So if it is right sided you shout at it 'Get Away', and when it is left sided then you should say 'I am something, what do you think? Why are you here?' like that. Try to be strict with yourself. You can work it out. I mean, in Sahaj Yoga everyone knows about everyone, if you are of a level, of course. If you are not then you do not know what you mean yourself and it is better to talk it over with others, your own problems, and after you identified with them or hide them or to feel hurt, just openly talk it, you see? If I talk about somebody openly with the name, half of the bhoots run away because they know that everybody's attention is on that person and they get frightened of you. When I tell you, I talked about Cathy in the programme and I told them that Cathy was all open. She was absolutely fine. She was so changed, I was surprised, She was just normal, you should have seen her. But she did not keep it up. I told her, you just now go and put yourself into bandhan, lemon and chilli and all that, but she again got caught up. But in the morning you should have seen her, you would be surprised. And then John, just he felt that how terrible she was, badly caught up. He got all this pain. In one day he got caught up because he was sympathetic with her. So in Sahaj yoga, if there is anything complicated it is only ONE thing, is to know how these bhoots act. (Mother chuckles). They have their permutations and combinations, and if a collective effort is taken you can cure everyone. Say, now I tell you Mr X is very badly off. All of you beat him with shoes every day. Three days you all beat him with shoes and see fourth day if all right. Ninety-nine point nine per cent I would not say. If you had somebody like that I do not, then I just stop him but ninety nine point nine percent people I can (deal with?) absolutely. Imagine what a simple thing is to beat with shoes. Lemon and chillies. Today my elder granddaughter was very busy with realised souls. She told me why should they use these lemon and chillies, what is it? I said it works for some, may, it would work, you see, she was thinking that normally she doesn't need any lemon and chillies so why these people are needing lemons and chillies like this?... I told her they, you know that, like little Olympia. She came there, I asked her. You went to America, what you see did you watch in America? How are the people? 'Good' I said 'why?'. They are hot or cold? 'Hot!' I said 'then you didn't do anything with vibrations, you didn't raise their kundalini, you didn't give them realisation? 'I DID, but they are still HOT!' (here a break in the recording, evidently this was originally recorded on a C60 cassette).Very simple, any child can do it. (some conversation in Marathi) (query) Uh? Aradhana is, in her own way she's working it out, but when she was a child she had come here, about five years of age, and she took a bucket, you see and made every Sahaj yogi put their feet in the water and she washed their feet, you see, through vibrated water I gave her. There were about five six of them, or seven of them. Gavin was there. Washed everybody's feet, gave them towels, then she threw away everything. Then she came out, put the bucket there, put her feet there, put her hands towards Me and then and she threw all the (garden?) I think, and she closed her eyes, 'Now I'm not going to see anybody, touch anybody' and she just ran out (laughs). 'Now Grandmama, I lock myself and she just ran out, She closed her eyes, 'I'm not going to say (unclear sentence) and she wouldn't come in the house ... (Marathi?)

Ray, don't collect any money for that wretched food that he had prepared yesterday. I will not take any money for that. Horrible....urgh. I was so much angry with him. See, he's another negative horrible fellow. And I was so angry with him there. Of course he gave you a diarrhoea that cleared you out of course the bhoots ran away (laughter) Now, horrible fellow and nobody's going to pay any money for that. (Jason - It's a little bit late, Mother, I'm afraid, It's a little bit late I'm afraid, Mother, but we can make it up by giving him something else in exchange) Who, Ray? (no, we collected money already but what we can do is we could give him something else in exchange, Well, we can give them another good meal.) Who, Ray? All right that's a good idea, you collect that money and give them a good meal, but you don't give me any money. And beat him with shoes. (Jason- We must replace the food, Mother, we must replace the food in any case) No no no no , there's no need at all. He and his master must have, (we can afford it I think, Mother) No no no no. There's nothing doing. You don't pay for it. I was very angry yesterday and you see if he comes to know about it it would put him upside down I think. I don't know, he doesn't like all this nonsense. What

are we going to pay for that rotten food, hm? First of all I was not wanting you to pay, also there should be nothing. I don't like it ...what is there about my children that when they find their food (unclear) and eat this dirty food (laughs). Oh God. It was too much for me. Now, so have you got your bedsheets, everything all right? Bedsheets (Jason 'We've got everything thank you, Mother). Where is Ray? He did everything in one day, all the shopping. Can you imagine, how simple. Really simple, can you imagine? Everything we bought in one day, from furniture to the broomstick! Laughs. (Laughter). Really, it is! Jason, aren't you surprised? (Jason ' Surprised, Mother? How can I be surprised with the miracles You work?') Laughs. In one day we arranged, in one day we arranged, er, this place for you in ONE DAY! I was in Brighton and they said that the university is not possible, because we cannot have it. I said 'All right try somewhere else' and he, somehow or other, he got it, and (snaps fingers) arranged; in one day, all that. All that, and heaven too! (laughter). In one day, I mean not even one day, I think he did it in half an hour's time. He just telephoned with his Pamela. But some people who are not realised souls and who are realised souls but who are not (eating?) properly and still who are under the influence of the bhoots half the time , everything is a disaster. Everything. Linda Pearce telephoned. 'Mother it's a disaster'. I said what thing has fallen down or what is it? (laughter) I mean every day was at least three disasters and four catastrophes. (laughter). Sometimes her roof would collapse, sometimes the floor would give way, sometimes the walls may fall on her.

I hope Yogi Mahajan is safe and sound. I've passed the buck. Laughs. Seems better now, much better. (Warren, 'Actually is Danielle here?') (Marie 'Danielle she just left today') (Warren 'Danielle was up in Dharamsala, Mother, Danielle from Paris has just recently come back from there). What does he say? (Warren 'He says it's going very well') (Marie ' He says it's much more oriented towards Sahaja Yoga, the ashram in Dharamsala. It's much more for Sahaja Yoga). And much more it's a Sahaja Yoga ashram? (Marie 'Yes, and less all the other things') That's true. Linda? (Marie 'Linda's not in the same village') She's in a village? But, she's improved a lot. I think the bhoots must have left her. Must be English bhoots, they can't bear to stay in Indian villages. She has found out a solution for that. They must have all stayed back here, that too in that area. (Marie 'But Mother, Danielle was saying that Datta's just the same ') What is he? (Datta's quite a terror) Who? (Warren 'Datta, the little boy, he's just the same, he's no different') (Marie 'Quite a terror'). He's a problem child. I have told her many solutions but she doesn't want to have it. He's developed very sinister habits. What to do? Very destructive by nature. Also, you see, wherever he stays there's destruction takes place. This is the biggest problem (Warren ' Shri Mataji, he was much better when he was separated from his mother, living with his family in Delhi. He actually improved quite a bit). When I went there, the family said, the family said that he's very sinister, you see, he tries to be mischievous, and he pulls out things and secretly he puts nails into people and things like that. And one day he took a pencil and tried to pierce through the eyes when they were sleeping. And they said we didn't want to tell Linda, she would be shocked, but we have never heard of such a person this age. It's horrible. From very childhood he's like that so imagine what will happen. Actually he was kept here, he was better I think. It's better he stays here. (Warren 'That's what I meant. When he was in Bristol, Mother, I'm sorry I'm confused...') No no The Indian was, because Bristol people put him right, but Indian parents are so good and indulgent. (unclear) But now who will take him then? Or we need to send him abroad. Should we try Switzerland ashram? What do you say? (Philip 'There would certainly be room for him Mother, especially if Concheeti's (?) is coming, because she's trained in looking after small children'). We could try, you see if he's all right, but very adamant and he has a power to be adamant go on and on and on, I tell you, he never stops. (Warren 'there's still some funny business over the passport, though, Mother. There's still some funny business over the passport) Passport? (the passport for Dattatreya) What Is it? (Warren 'You know he's South African or something). No no, that is, not him, she's the daughter. No problem on that. She smuggled her out, her daughter. Dattatreya's an English man, imaginary English man.

All right. So this is what it is, that once you get possessed or you get complicated or over ego-oriented, over-read, all that complicated mind cannot accept that this, er, because it has lost its power to relate to simplicity. But any instrument, whatever complicated maybe, say it's an electrical instrument, it depends on the simple power of electricity. And, say for hydroelectricity, depends on the simple principle that the waterfalls from a height. Very simple. But because it is not a living instrument, you see, it uses that simple power for its own manifestation. But human beings, being living power, they are disconnected from that living power or that power which is everything, and then they start manifesting themselves through their complications, which are artificial. You see the point? Do you see the point? And that's why it is impossible to tell them that these complications are just your own mental projections. To give an approximate analogy I would say that, say there's a complicated radiogram or something like that, an instrument. Which starts, supposing (unclear) it cannot because it is a dead thing, it has no freedom. But supposing it has freedom, it starts using its complicated machinery to manifest itself, without events. It will never work but it will

only destroy each other and anything you are doing, something if not construction and destruction will achieve. That is why the world doesn't understand that without any bad intentions (humorous note) how everything is getting destroyed? Like, first they said 'All right, let us have industrial development'. So when they started manifesting that part industrial development created what? One one side atomic energy, atomic bombs to destroy themselves, then all kinds of artificial fibre to destroy themselves, then all kinds of fruit, tinned ones, to destroy and Bauhaus style houses (giggles) to make them mad. All the plastic mountains, they don't know what to - pollution; atmospheric pollution, exhaustion of the Motherland, and they can't understand. That's what Mr Srivastava the other day said the condition of the World.- he's worried. The reason is the thing that you are using, all these complications, are not going to manifest any more. Through these complications, unless and until you make that Divine Flow, the machinery is not going to work at its best. All the machinery is also made by that Divine Power. So the Sahaja Yogis have to be simpler but that doesn't mean that you shave off everything. Like, I went to Malmo(?) and find ladies walking naked on the road. Really? I was so shocked. Tum ti tum. You've never seen such a scenery there. Women are the stupidest things in this side of the? At least in the East women cannot be that stupid at least. And I asked one of them 'Why you?' 'We are getting simpler' they said. So this is the same (Muktapari?) as I said it yesterday. It is a combination of stupidity, idiocy and cunningness and whatever you may call it. Together it is (Murkaba?) in Marathi language. All complicated language have shoes for any type of a field you see, they will have a name for this and that part of the; what happened, this part and this part, and what is the, er, a person if he is stupid but limited (unclear)this kind, then what does that mean? You know (unclear)a description of it it is useless. The garbage, if it is a blue colour, all garbage. (all right you made one, I'll have - sound of teacup) . And we start wasting all our energy on this point. So, to be simple means that you must get connected to that simple force, which is a singular force which gives you all the manifestation, and understand how to work it out. And the simpler randra (unclear) is to know the source of that power; to know what that power likes. Is the simplest. Like the way they sang that song. I mean really, that's (unclear) Jyoti's brain, I tell you. It's just blasted me completely, I didn't know, It was too much. It's a very simple thing; such a surprise. For some people, to them simplicity could be that you bring a dirty rag to give your Mother, sort of a thing. You see, they are very simple people. I do not like people to sit in the puja with dirty clothes, naturally. You must have proper clothes to wear when you are doing your puja, you should be in a clean, proper shape, washed nicely. Or you find some lotus eaters sitting before you doing my puja nicely. They might apply sindhu here or maybe on my nose or anywhere they feel like. Stupid people they are, they are not entitled to do any puja. I don't say anything, but so many Sahaja Yogis, what is this? Puja is a special occasion, you may wear a simple dress, Kurta pyjama, simple dress but clean and wholly dressed. I cannot compromise, I'm sorry to say. Whatever I like, I like, whatever I don't like, I don't. Like the other day we saw a lady with the coloured hair like this sitting. I said, Baba, who is this one? I mean somebody might say 'What's wrong Mother? That's nothing wrong'. That is also very wrong, because if you apply that kind of a thing to your hair you'll damage it. We have seen so many people coming to us from punk rock and they say what if? So, what I don't like is actually against you. What am I going to lose? Nothing, no, you are going to lose something . (unclear) Her hair and painted it like that you know. (Marathi) Have you taken all the things? Are they ready to go Mala? Huh? Just find out. (Warren 'There's Kalpana already doing') They have to take all attar (Marathi).

So let us come to the complications. First is, you must get a telephone, that's very important. It's not difficult to get a telephone, is it? (Graham? 'Mother, we're getting one tomorrow, we're getting one tomorrow, Mother'). That's one. Secondly, what Jason I have told you, you should go and tell them ('Yes, Mother'). You can also give them the things that we have bought for this house. All right? And you can show them the bills. Mick (?) has got them, and you should say that, you see, if they accept, we can start on the renovation of this house because it has such a dry rot that nobody can stay here otherwise. We have to get it cleared out. So you just go and talk to them about it and then we can start our renovation of this house. This is the second thing. Thirdly, there will be that running purchasing spree that we have. There must be some things missing, so I would like you to make a list of things which are essential that you need. I don't find also - you bought them to sit down, those ('Chairs, they are downstairs, Mother) they are for this room. Also the dinner set, dining set, is for this. You should start using that down below, I am telling you now. (Jason 'There are many things there, Mother, that are very very beautiful. We thought some of them might be for your flat downstairs, we're not sure which ones we should use') No, this is all yours, mine is only the light (?) wood sofa set you see. ('There are some glass tables there, Mother') That's yours ('Some beautiful things down there') That's for you, bar stools. All of them are for you. You have to live beautifully also. Glass tables; what else? ('Oh there's lots of things there, Mother, but if you say they're all') Everything for you, ('Thank you very much, Mother'). Everything for you. Of course, my furniture, you know what it is, it's separate. Whatever I brought from there, everything is for you, everything. And also you can use the lower portion entirely for the time being, entirely, but if in case CP agrees to shift here then I will, might, occupy part of that side, that's all, until Kalpana is

here, but once Kalpana goes away we should talk much less. There's one more room I saw there that something can be done later on, eh? (Which room?). In the front there is a room, is it? (Jason 'Yes a small room the other side of the entrance'). Yes, if we can do cooking or, yes, there can be done, front side, is all right. Yes, why not? I mean if both of us are here we can come and do cooking here also if you want (Jason 'Well we'll soon be getting a cooker for this kitchen also, Mother'). Which one? (Jason 'This one upstairs on the..') Oh really? (?) (Warren 'There is no cooker in this kitchen at the moment'). (Jason 'There is no cooker there at the moment') Well, where is it? You see what I am saying that, er, there's no cooker you must need a cooker here (Jason 'Well we're getting one, Mother, we've got one offered to us') For the time being you go ahead with it, use that as much as you like. You just don't worry. You can use whatever you like, all my utensils are there, everything is there. Just carefully use it, it's all right, it's all yours. Nothing to worry. It's all very well equipped, there's everything there, er everything is there. (Jason 'One thing Mother, I feel that we ought to be very careful about this food (unclear) food supplies down there. The food supplies they are all (unclear)

1983-0821, Mother Earth and Mahalakshmi Puja

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21 August 1983

Bhoomi Devi Puja

Surbiton Ashram, Surbiton (England)

Talk Language: English | Transcript (English) – VERIFIED

Some of you who cannot sit on the ground can bring some chairs from inside. You can get a chair for yourself. If you people cannot sit on the ground, go and get some chairs for yourselves. Sit down. (Shri Mataji speaks in Hindi)

Shri Mataji: Today, we have to know something about the connection of Sahaja Yoga with this Mother Earth. It is very important, that we must understand the value of the Mother Earth. She has been very kind to all of you. She has been sucking your vibrations. She has been, otherwise also, She has given you everything that you see around. So today, we have to understand the connection and the symbolic expression of the Mother Earth within ourselves. I've told you before also that Kundalini, which is in three and a half coils is placed within the triangular bone. Now this abode of the Kundalini is called as Mooladhara and is represented in the universe as this Mother Earth or in the puja it is represented as the Kumbha. I don't know if you have made the Kumbha or not?

Sahaja Yogi: Yes Shri Mataji.

Shri Mataji: Have you? The Kumbha is sitting here

So far, in the movement of our consciousness, we have been trying to understand the God Almighty and all other five elements that we call as important.

Shri Mataji: What is it?

Sahaja Yogi: I think the mic is not working.

Shri Mataji: Ok. (Shri Mataji takes the mic in Her hand. Sahaja Yogis laugh.)

And also, the consciousness has been moving towards the understanding of all the other four elements but the Mother Earth. That had to be such, because unless and until the understanding of all these four other elements are brought to a certain degree, the Mother Earth cannot express itself. Like if all your chakras, four chakras, are caught up, you cannot raise the Kundalini, you cannot give Self Realisation. You cannot have a mass evolutionary process done. That's why we had yagnyas, all other methods of exciting the four elements. They worshipped the water and they worshipped air, the sky, the firmament, the light. And that's how we came up to the time of Christ where light was worshipped.

But today when we are in this modern Sahaja Yoga, we are actually at the level of the Mother Earth, because as they say, it's the age of the Aquarius. And Aquarius is the same as the Kumbha, is the Mother Earth. So, we are at the level of the Mother Earth. We can also see in the consciousness of human beings. I'm saying not only men, but women also and men. The consciousness is moving more towards the feminine expression of life. But as stupid as human beings are, the feminists also have been very stupid that they are fighting on the level of rationality, of economics, of politics, all useless things. Equality on all these things if they are to be sought, you become men, you become just like men. If you are argumentative, if you are rational, if you talk like a man, it's a masculine development. But the mother's development, the feminine development, is not equality in the way the men have been stupid. No use competing with men in their stupidity, the amount of stupidity has been created already for us quite sufficiently.

The whole world is today, is expressing that nonsense that they had, the competition, the aggression, the oppression. So, the other side of the woman, which was called as the dominated-one, the dark side, the oppressed, and all that, has to express itself in a different way, the whole mode, the style, has to change.

See now in Christianity one should understand why Christianity, even Judaism, any religion, even Hinduism and all that, but it's more in Christianity, surprisingly they just had no place for Mary. And Muslims even crowned it by completely cancelling Fatima. And on top of that, you will see that among Christians, I think that ordination, or what you call that, is not given to the lady, to women, while Christ was not born of a man.

But that does not in any way mean that you compete with men in their foolish enterprises by which they have practically brought this world to such a ruinous state. So today we have to understand that it is the time for the motherly qualities to develop. Even a man, when he becomes motherly only, becomes a great man. Like Christ, when he had compassion, he was called as a great man. So, the quality of a woman as a mother, Goddess is always as a mother and She is the power most important to ignite Sahaja Yoga. Now how She ignites? I'll tell you. I'll give you an analogy, but analogy should not be carried too far, as wise Sahaja Yogis you should not carry it too far.

Say there is a zero, it has no meaning. In the same way, God Almighty has no meaning till you put some sort of one or two before it. It's a zero. It has an existence but it has no capacity or a power to express itself. So, it's a zero. Like that, we should say the masculine growth is a zero.

Another analogy I'll give you to understand it. That if you should see, a very high power wires, you see, going over your heads, they are absolutely harmless, there's no trouble. In Delhi there was a suggestion that there is a very big plot of land available where there are high power wires are going and we can have it for free. But I asked, "What's the problem?" They said, "Only if earth gets connected with that, then you will have problem." So, till these this high power thing, whatever it is, is not connected with the earth, it has no meaning at all.

But earth is very different from this dynamic power that is flowing through those wires which are zero, which mean nothing. In the same way, in a woman, the womb of a woman is the Kundalini. Now what is a womb? Now if that is the Kundalini, that expresses the Kundalini in the gross, that means the Mother Earth is also like the womb. Now what does a womb do? It receives the sperm, which is just a frivolous act of man or you can say just aggression, and She then nourishes and looks after it, corrects it and allows it to grow, not in an aggressive way but in a very compassionate and a sensible way, till it is expelled out of the womb when it is grown up. So, the idea of womb is that the expression has to be in such a manner that it does not dominate. It does not dominate the embryo. If it dominates, how can it grow? So, it nourishes it and makes it grow. This is what today's Sahaja Yoga is. That now the Mother Earth is the one, who is symbolised within you as the Mooladhara, as symbolised as the Adi Shakti here, is sitting down before you to nourish you, to make you grow into new personalities, into mature personality. This concept we must understand.

So, the women of the West must understand that the nonsensical ideas they have taken from men must be completely discarded, they have to become women first. Those women, who just are talking like men, can never help in Sahaja Yoga. They have to be like this Mother Earth who allows you to do what you like with Her. I mean you human beings have been so stupid to exploit Her to the maximum. Not only that but also, She bears lots of nonsense upon Herself. But then a time reaches where She becomes explosive, then She starts consuming people inside Herself. And when She consume people then you see the earthquakes and the droughts and this and that, all these things start coming in and people get engulfed into these problems which they blame Mother Earth for that. The problems that human beings have created out of aggressive nature, even aggression towards the Mother Earth, they have to pay dividend for that. And they are paying.

Now, to stop this kind of a movement of aggressiveness which brings all kinds of disturbances, one has to recede back and should develop a sense of totality of compassion. Unless and until you understand totality, the total the complete, the whole, that is the womb, that's your Mother. As long as you try to be individualistic you cannot be a good Sahaja Yogi. You have to become

one with the whole. Now we have to face ourselves for that, very important it is. Specially in the West, I would say we have to face ourselves very clearly, what are we up to? That's a very important thing. First of all, let us see where is our attention. Ask a question. We are Sahaja Yogis and Sahaja Yogis within our fold and I am sometimes surprised that even now the attention can be very funny. Like, simple thing, like we can have attention on material things, "this is mine, this is yours; that I should have my privacy." Then you are gone to another realm of aggressiveness. If you try to have your own privacy then you are depriving others of their privacy.

It was alright when you were not Sahaja Yogis, to have your privacy, because you have to grow in your privacy at that time. But after Sahaja Yoga you have to become one with everyone else. That is very important. Before Sahaja Yoga, you were different and after Sahaja Yoga you are different people. The whole concept must change after Sahaja Yoga, that now you have become one with the Whole and to feel that you are One with the Whole, you should try to give up all your individualistic attitudes. That's very common now to hear "Yes, I like this, I like that." It's very common, "I like it." Very common, but doesn't behave a Sahaja Yogi to say such a thing. You see, how can I say that I like something? Think of a mother who has to bear the child, has to give birth to a child, has to look after the child, the needs of the child, protect the child, train the child. How can she say, "I like this and I like that", where is the time? (Shri Mataji laughs) To think what you like and what you don't like, "I like this food, I like that food." Where is the time? Where is the energy left for that? Where is the attention? The attention is on the upbringing of the child.

Now in the same way, a Sahaja Yogi must know that the child within him is born: The Spirit. Spirit is the child which has been born within him, now he has to nourish it, through the Kundalini. He has to water it; he has to look after it. It has to make it grow. Now where is the time for other nonsensical things? You have a child in hand. You are all mothers looking after your child that's your Spirit. So where do you have time for all these things? What attention should be, "what can I do to make this child happy, to make this child grow, to make this child completely manifest myself." The mother replaces herself as soon as the child becomes a mature child. So now in you, the motherhood must take over than the fatherhood, motherhood towards yourself. The attitude should be like a mother towards the child, how her attention is towards the child. You can see in every day-to-day life how we behave. I have seen people very much interested even now, in food. Now where is the time? Where is the attention? How can you be so much worried about your food? Worried about your sleep, worried about your health, worried about this, that? I mean, here you are to worry about your child which you have got now with you. And that's why the child is neglected and sometimes you find the child becomes sick or sometimes goes into a coma or may die away also.

So, the situation is very different now for Sahaja Yogis, how to treat themselves. Those who are running after, still food and all these nonsensical things. I mean I've seen Sahaja Yogis; all their attention is on food all the time. How dedication can come in a person who is so much dedicated to food habits?

Like, we have seen, you might have also seen, some of you, Ajanta caves were built. In ten generations they built Ajanta caves, ten generations! And they built it in a place where there was not even water available, to begin with. And day in and day out thousands of people, without getting any payment, without getting anything, built it. No food, no question! They used to eat some fruits somewhere here, there. But their dedication gave them power to do it. But this dedication can only be developed if you realise that you have to mother your child. Now, if the mother is ugly, the child will be ugly too, because it is the mother who is expressed in the child. She does not dominate the child alright, but she definitely can corrupt the image of the child. And that's what exactly happens when we, the Sahaja Yogis, are not bothered as to look after our Spirit and our spiritual growth.

Even now, you will be surprised, fifty percent people write letters to Me, "Mother I am still possessed, I've worked through lemons and chillies, I am coming to You for this and that." It is a very low-grade business I think, even after so many years, if you are possessed, then I think you should beat (shoebeat) yourself every day hundred and eight times. It's a very low-grade behaviour, I personally think, that after your Mother has worked so hard with you, still you are just the same, coming back with the horrible idea of bringing all kinds of problems to your Mother. That means you have not looked after your child.

Now in Sahaja Yoga, it's not a child which is an individual child you have to look after. This is, one should understand. This is where we miss very much, especially by the intellectuals. They think it is their own child which should be alright, doesn't matter about other's children. Or, doesn't matter if you have connection with others or not. It's very common. Because, you know,

rationality gives them that sense, "Oh! My Spirit is alright; my vibrations are alright, so it is alright if I do not go to puja, or if I do not go to any collective thing or if I do not support in any collective work or if I do not take any responsibility of Sahaja Yoga." Because once you become collective you take responsibility. So, you are over-satisfied with yourself that, "It's good, that I need not take up any responsibility. All the Sahaja Yogis are bad, or some of them are bad. I have nothing to do with them and this is that and that and that. "

But in Sahaja Yoga, as it is, the motherhood is universal. Because if you are the nose, say, then somebody is the eye; if you are the ears, somebody is the lips. So, it is essential for you to understand that anybody who is a Sahaja Yogi is in trouble, you are in trouble. It's threat to your growth, it is a threat to your growth, because it's the whole that is growing. Of course, those who are absolutely useless will be thrown away, gradually. That's what Mother does. They can be thrown away, absolutely, so much far away that they will never return. But you don't have to worry about such people, they will be thrown away. They will be given some chances, some more credits will be given, some graces will be given, but ultimately, they will be thrown away. So, you don't have to worry. But you must worry about the whole. And you have to take up the responsibility. Those who do not take up the responsibility are not the people who are not yet matured their child, that's the Spirit.

Every type of responsibility that you can take, think of what responsibilities you can take up. That is why most of us have bad Vishuddhis, because we do not take the responsibilities. And whatever responsibility we do take we have to be much, much, much more responsible than ordinary government servants are.

Sometimes we hear from one ear and throw it away from the same, don't even allow it to come into the head. So, one has to understand that the child is your responsibility, you have to look after the child. And the whole is also your responsibility.

Now, how to establish the connection between your Spirit or keep the connection on between the Spirit and the womb, or the Kundalini, is the biggest problem that we all face: that our connections are very loose and that's why this Kundalini cannot look after the Spirit. I wonder if you have noticed one thing in Sahaja Yoga, that you can manoeuvre the Kundalini, but not the Spirit. You can raise your hand; the Kundalini will move. You can manoeuvre it. You can give it a bandhan, it will go around and round and round, but what about the Spirit? You cannot manoeuvre it. There is only one mantra to awaken the Spirit, in the sense that to please Him you have to say you are the Spirit. But you cannot manoeuvre it, you have to bring in Kundalini to look after it. You have to take Kundalini there, to the heart, so that this child which is the little offspring just now, has to be carefully developed and matured.

So, on both the sides of men and women, we have to understand that if you are a man, and if you are a dominating man, it's alright. But if you are a woman and if you are dominating, then it's a difficult thing for Sahaja Yoga to cure you, because you have lost your quality of being a woman. At least you have to be a woman to begin with. If you are not even a woman, then what can you do with these third persons who are neither man nor woman? Now the men, when they are dominating, they have to understand, that they have to be compassionate. They have to be kind, they have to be considerate, but never subservient, never subservient. This is one should understand, that you should not be subservient. Now the women, what they have to be, is to be great, large, receptive, receiving and nourishing all that.

Now the way husbands are told sometimes in this West, I am shocked! Like say this Mr. X, "X, you haven't done this. X, you haven't done that." "How have you put this?" "Do this, do that, do that!" This is not woman's way to do it, it's absolutely wrong that to do it, to tell him to do something. You are becoming a manly! And then we lose completely the power of giving that nourishment of a woman's love, which is the power of a woman, which women don't understand. I tell you a simple example: my own granddaughter, she wants to be an air hostess all the time, she wants. She said, "You must also have thought of being an air hostess." I said, "Why? What is so great about air hostess?" She says, "That's the only time you can give food to someone."

You see, a natural instinct of a mother that "let me see them eat" you see. They don't eat themselves; they want others to eat. But this is not in the conception of the Western women, I tell you. They can't understand this. "Why? I've done this, so why not he does this, this?" It's your privilege to do these things properly, in a proper way. But supposing somebody is a very good mechanic, the woman will also become a mechanic, "I'll do the mechanical things." She is not there for doing mechanical work. She is there

for the mechanics of the emotions. On the contrary she just does the other way around. Like a man comes home; she goes on ordering him, "You have to put that right, why did you spoil my carpet? Why did you do this? Clean it up, get that thing, do that." All his mechanics of emotions are finished. Once his mechanics of emotions are finished, he is useless and you are useless as it is! And men also should not do their jobs. Let them do their own jobs. I think this is one of the biggest problems of the West today that men are neither men, and women are not women. I find the quality so horrid, that I don't know how to deal with the mixtures. You must understand this very simple thing in life that if you are a hybrid stuff, you can't have the quality of a Sahaja Yogi! (Shri Mataji laughs) If you mix it up, it's a very funny thing, isn't it? So, a woman must try to be a woman and a man must try to be a man.

Now see, what is the situation of a man, as a masculine effect on the development of consciousness? So, as the manliness was expressed, we have developed science. We have developed all this knowledge, all these things which are outside. Now everything is ready. Now the woman has to come up. I mean, I 'm just saying in very abstract words, don't think of woman, but you can say the feminine, feminine nature has to rise now. Now everything is ready, it has to just spark. All the chakras are ready, now awaken the Kundalini. Kundalini is as important as the other chakras are. So now awaken the Kundalini. Now Kundalini's behaviour and mode of action is very different from the mode of action of the chakras.

If the Kundalini became the chakras and the chakras become the Kundalini, how will you manage Sahaja Yoga? But we must assume our own nature in all dignity and in all pride; not to feel in any way low down. Because a man sits on a horse, the woman wants to sit on a horse. What is the need for a woman to sit on a horse? I can't understand. Here all the women are sitting on a horse. They'll become like horses! Already I think half of your royal family looks like horses, don't they? (Laugh) I think so. Their faces look like horses. See, so there is no need for women to do all the things that men have already done. Say, for example, there's one personality of masculine personality, that has to come and do a certain job. Now you've done it. Alright. Now then other personality has to do the job. Now see the situation of the Divine also: Now the whole complication comes in that once a kind of a thing has been done, another one that comes wants to do the same. Do you follow my point? So, the whole energy is completely wasted.

The whole preparation has been made for this Aquarius age to come in to bring in the Kundalini upward and to make the whole thing work out in such a way that the left and right meet and you all become ignited, enlightened. It was a question of our being, sharing the whole job in a proper understanding.

Now see how Mother Earth herself was created. It's also a very simple thing. First, the movement of the energy started flowing. Now this is a combined energy, alright? Then the combined energy went round and round and round like that, and when it consolidated there was this big bang. When big bang took place, now this is the manly work, I should say in a way, manly style, because still the Mother Earth is not produced, so then these little fragments again went round and round. With the momentum, they became roundish. Out of them, the Mother Earth was selected for one job, not to do anything, it kept quiet now, alright. On the Mother Earth out of the water came the life, the carbon came in. Everybody helped there and a human being was created. Then the men went around to improve their societies and whatever they have done to it, whatever was possible with their ego is done, finished now. Now they have done their job, you see. Now they are on dole, you can say.

Now the womb or we can say the Kundalini, which has been waiting all these years, was resting, waiting for that time, isn't it? So, we call it "the blossom time has come now." At that time the Kundalini has to rise and ignite, in such a way that the completion of the whole work takes place. It's simple, do you understand now? So, there's no competition between men or women, but the style of work is different. If you understand that, then only this kind of a revolution will take place and not a rebellion. Actually, women are rebelling against men, and a nonsense it is, I mean, it's such a headache that you create something, allow them to grow, and another party comes which has to complete the job starts rebelling. So, the revolution has to take place and the revolution is only possible when we understand that what part is left out now to be done. Are you getting me alright?

So that part is now Realisation, our awakening of the Kundalini. For that your feminine qualities are going to help you, not your masculine qualities. So, aggressiveness must be given up by men. Also, because they are Sahaja Yogis now, they have to take feminine qualities, not of fighting. If women fight, they are not women. You see, women are told that, "You are useless, you are

good for nothing", so now they are trying to show, "No, we are also alright. If you have eaten one crow, we will eat three!" (Shri Mataji laughs) Now, the understanding and the wise perception would be such that, what do we have to do now to change the mode and the style of our lives? What's wrong here?

A turning point has come. Now the evolution is not rebellion, at all by any chance. It's a wrong idea people have. It's not rebellion, that you hit me and I hit you, go on hitting each other, like a pendulum you move, you see the movement of a pendulum. It's not like a boom, this thing, that today you are born as a Muslim, tomorrow you are born as a Jew, then you are born as a Jew, then you are born as a Hindu, then you are born as, it's not pendulum. It is spirally movement. So, every time you achieve an evolution you are at a higher level than before, so the movement is spiral, see my point here?

Now to achieve the higher position in our whole being, what should we do? Is to understand that from this point to that point we have to rise, we have to rise in a way that we move in such a way that it is not in a pendulum way but in a spiral way. And to move spirally, you have to use another kind of force. Whatever you have used so far has to be endowed with another kind of force and that's the feminine qualities of women.

But where are the feminine women? They'll dress up like women, they'll try to be feminine and all that. That's not the way: from inside, from the heart, a feminine heart. Christ showed that in His life: He forgive. Only a woman can forgive, man cannot, because he is aggressive. How can he forgive? Krishna never forgave anyone. He used to kill. (Laughs. Shri Mataji moves Her right finger) Right royal fashion, "So, alright, if you are so? Alright, done."

He forgave to such an extent to show that He is now giving a turn to the spiral and now a feminine quality has to be developed among human beings. But that doesn't mean that you start walking like a woman or developing waistlines, because that's another stupidity, you see. But to be motherly, not to be fatherly, but to be motherly. That kindness, that gentleness should be in your behaviour towards each other. Of course, this force also corrects, sometimes also gets angry also. Mother also has to get angry sometimes, especially with people who never get alright with their behaviour, She has to be shouting, punishing, and sometimes She also destroys! It's alright. But that is sometimes, not all the time.

So just now one has to accept that to be like the Mother Earth we have to be forbearing, dhara, dharaka sadharmand (Sanskrit: having the same nature of a bearer).

She is the sustenance of everything. She takes everything, the vibrations are sucked in, see talk about it. And now for the first time after Realisation, you can give Her back what you have got it, from Her. You can give vibrations to Her trees that are created, you can make them beautiful. You can transform a flower into a more beautiful flower. Now whatever you have got from the Mother Earth, you can give, because your Mother Earth is awakened within you now. So, you return Her back everything that you got from Her and give it to others: generosity, the greatness of heart, nobility, forgiveness, love, affection, bearing, everything for love. And for a Mother, to save her child, she'll starve herself, she'll do everything to save her child, complete dedication, she has for her child. That's a real Mother, I mean the kind of mothers you see these days, neither they are mothers nor women. But what I am saying, that's the real image of a mother, and you have an image before you. So, this is what one has to develop now, whether you are men or women, as Sahaja Yogis you must develop a new consciousness of affection, love and compassion. Getting angry, getting into a temper, shouting at people, screaming at people, is not going to help us much.

If you have to help the whole, the growth of the whole, try to make yourself a milder person, be angry with yourself that you are losing tempers and you are so unkind to others. All the problems have come out of the overgrowth of the masculinity, overgrowth. It reaches a certain point, you see, it's reached such a wretched point now, that it has to come down.

But also, femininity, at a lower level, without Realisation could be very, very small hearted, chicken hearted, could be all the time worried about her own child. That's what one has to change: is to have love and affection for every Sahaja Yogi, for every person. When it comes to fighting others, you are all one. But among yourselves you can look after each other, tell them, say for example, something is paining in my nose here, I will just try to rub it in the same way. But I won't try to cut my nose, will I? Or bang my nose, I won't. So, the feeling that the other is myself, be kind and gentle, try to improve and help in that manner. I hope you have

understood the whole thing. In a nutshell is that: we have to change the whole mode; a radical change has come in the society of Sahaja Yogis.

If there is any question you ask me before we start the puja.

Now the problem of divorce and all that you can see in this respect.

Left Nabhi problem can be fought.

Shri Mataji: Any question?

Sahaja Yogi: Is it ever alright to hurt other people for their own good, Mother?

Shri Mataji: You see, this problem comes in when you are not the whole, alright?

Now supposing, as I told you, if you are the whole, who is the other? Then you will, even if you have to hurt, say, for example, if there is blood coming out of my thumb, I press it hard to stop the blood. It will hurt the thing, but the discrimination must be used, that I'm losing my blood which is precious, much more precious than this little hurt. But that discretion must be achieved. You see in Sahaja Yoga; you are all free to develop your sense of discretion. And once you develop your sense of discretion, gradually you will know what to do. In the beginning you will hurt, no doubt, because you are used to that. I've seen people here, just barking at each other, as soon as they see each other they start barking. You go anywhere in the whole country, you go anywhere, they start barking for nothing at all. I was surprised. In a Pune, I went there, there also everybody is barking at each other, you know. Whether they are drunk or not drunk makes no difference, in the same state.

But after Realisation, you do say, because you feel concerned, you're worried. But you say in such a way that you achieve the results. See my point? that is the criteria, that you should achieve the results. But, supposing a man has come for the first time, and you tell him that, "You are a bhoot." Then naturally, he'll be hurt. Very common. (Shri Mataji laughs)

First day, someone walks in and you say, "You are a bhoot." I mean thank God if he does not understand the meaning of the word "bhoot", then it's alright. (Shri Mataji laughs)

But first you think of being gentle, right, embalming, sweet. Let's see, find out ways and methods. Is a very good way, is the evening to write down how many sweet things I've said today. Not like these sweet things we say, "You're looking beautiful" all that. Not the superficial ones that may pamper the ego. But they are so sweet, you know, things are. Let's say, there're some very good words, people say like, "Are you warm enough?" Very sweet way of asking a question. Then, it's very simple but you can say like that. But it's very difficult for people to say that even, I've seen. Looking after other's comforts, if somebody is sitting, he wants a water, he is awkwardly sitting, you just go rush and give him the water. "Oh! That's too much to expect" that, "Oh God! You gave water!"

"I'm not his servant." Immediately the question comes into the head.

Little bit, trying to do something here and there, or sometimes thinking, going in the market, you find something, "Oh, let me take it for him." Children do. I've seen children, all the time they think of their friends, what they can buy for others, "This is good for my friend, this is good for the, she's very fond of things, she likes this." All these little, little things, you know. Sometimes, even a small thing like early in the morning you get up, you find another person is sleeping on one side, his blanket on the third side and his pillow on the fourth side. So, you just put his head on the pillow and cover him with the blanket. That's Mothers job.

Not out of fear, but out of sheer love. Like even, if it's cold and buttons are open, you can button up a person, he'll like it. It's little, little things, you know. Women have very little sweet things which they do, which make men very happy. But now women have lost now that sense of it.

Not the fighting, but thinking of what sweet thing you can do for them. And also, sometimes, teasing is alright. Sometimes tickling is alright. But a kind of a sweet you see, rapport between each other; even the feeling, that we can do that, it's a master's job. It's a master's job you see. The one who is a master can do it, those who are not, will not be able to do like this. They will again come back to hurt. Ultimately, they'll land up hurting or fighting or coming to blows. But those who are masters will be so beautifully doing the all job, that you see, it's kind of a very sweet relationship, it's called 'madhurya', without any lust, without any money-business and things, such sweet relationship it is. And the joy would be bubbling. All these perversions and all these things will drop off, but a very sweet relationship.

Alright? Even saying that you are feeling happy.

1983-0821, Havan for America

View [online](#).

21 August 1983

Havan

Surbiton Ashram, Surbiton (England)

Talk Language: English | Transcript (English) – Draft

Jai Shri Mataji

Shri Nirmala Devi namo namah.

Shri Mataji: America Moksh Pradayani

Yogies: Aum Twamey sakshat Shri America Moksh Pradayani sakshat Shri Aadi Shakti Mataji Shri Nirmala Devi namo namah

Yogi: Americashwari

Shri Mataji: Hmm

Yogi: Americashwari bolun? [Translation-Should I say Americashewari]

Yogies: Aum Twamey Shakshat Shri Americashwari sakshat Shri Aadi Shakti Mataji Shri Nirmala Devi Namoh Namah

Shri Mataji: Sakshat America Sakshat Vishuddhi chakra sakshat shri Krishna sakshat

Yogies: Aum twamevy Sakshat America sakshat Shri Vishuddhi Chakra Swamini sakshat Shri Krishana Sakshat Shri Aadi Shakti Mataji Shri Nirmala Devi Namoh Namah.

Hmm

Yogi: Okay Shri Mataji

Shri Mataji: Now before starting you all should pray that Sahaja Yoga fits there in America and in Cannada with a greater speed and that people should have established in sahaja yoga, with all your heart. All the Americans must get realization and it should be established also in Canada. For all the seekers must find mother, get realization to get established as sahaja yogis this year, when mother visits America. Pray to the Fire and pray to the fire that burn away all that is negative in America, in United States of America and also in Canada. Hmm and Sahaja yoga should be victorious. All the rakshas in America should be exposed and should be neutralized, pray from your heart. All of you should pray from your heart, because they must be saved.

Shri Mataji: Ahh, Come, is ko dye do. [Translation- Give it to him]

Yogi: Mataji, Ye sab saman? [Translation- Do all these things]

Yogini: [Unclear Text] very hot

Shri Mataji: En logon ko dye do, en log ko. [Translation- Give it to them, to them]

Yogi: Is ko vibrate kar dain ? [Translation- Should we vibrate them ?]

Shri Mataji: Dekh lete hain

Yogi: Take a little bit of each.

Yogi: You keep it in these leaves and keep these leaves here.

Shri Mataji: Sab leaves ke uppar [Translation- Over all leaves]

Yogi: Do you know how to do a hawan?

Yogi: Every time I say a name, you say "Aum Swaha", and take a little bit of summer leaves with these three fingers, go up, round your head and throw it into the fire. Give free as you are feeding the fire, do not throw.

Shri Mataji: Do not throw, don't do.

Shri Mataji: Swaha means consume by fire

Yogi: [unclear text] Consume Consumption

Shri Mataji: Consumption, consumed by fire, the Shakti. It is consumed by "Swaha"

Yogi: Ingestion

Shri Mataji: No, No Consumption, it is consumed by.

Yogi: 108

Shri Mataji: Eksaath nahi hai kya [Translation- Aren't they all together!!]

Line sye nahi hai kya? [Translation- Are not they in line!!]

Yogi: Not in a form

Shri Mataji: Thik hai, chalo, kiske karengye naam hain [Translation- OK! Whose name will we be taking?]

Yogi: Vishnu ke

Shri Mataji: meri Khayal se 108 devi ke karo 108 vishnu ke karo [Translation- In my opinion first take 108 names of Devi and then 108 names of Vishnu]

Yogi: Phle Vishnu ji ya phlye Devi? [Translation-First Vishnuji or First Devi?]

Shri Mataji: Phle Vishnu [Translation- First Vishnu]

Aum twamayev sakshat Shri Puja kartaye namah.

Aum Swaha

Aum twamevy sakshat Shri Bhokta bhriktye namah

Aum Swaha

Aum twamevy sakshat Shri Bhavaye namah

Aum Swaha

Aum twamevy sakshat Shri Bhutatmanye namah

Aum Swaha

Aum twamevy sakshat Shri Bhutatbhawana namah

Aum Swaha

Yogi: Too much fire coming here

Aum twamevy sakshat Shri Purnatmanye namah

Aum Swaha

Shri Mataji: Better come here.

Aum twamevy sakshat Shri Parmatmanye namah

Aum Swaha

Aum twamevy sakshat Shri Muktanandaye namah

Aum Swaha

Aum twamevy sakshat Shri Avyaye namah

Aum Swaha

Aum twamevy sakshat Shri Purshaye namah

Aum Swaha

Aum twamevy sakshat Shri Sakshinye namah

Aum Swaha

Aum twamevy sakshat Shri namah

Aum Swaha

Aum twamevy sakshat Shri Aksharaye namah

Aum Swaha

Aum twamevy sakshat Shri Yogagye namah

Aum Swaha

Aum twamevy sakshat Shri Yogvednatye namah

Aum Swaha

Aum twamevy sakshat Shri YogPurushyeshye namah

Aum Swaha

Aum twamevy sakshat Shri Narshimayog Purshye namah

Aum Swaha

Aum twamevy sakshat Shri Shrimatye namah

Aum Swaha

Aum twamevy sakshat Shri Keshvaye namah

Aum Swaha

Aum twamevy sakshat Shri Purrushotamye namah

Aum Swaha

Aum twamevy sakshat Shri Sarvahye namah

Aum Swaha

Aum twamevy sakshat Shri Sarvaha namah

Aum Swaha

Aum twamevy sakshat Shri Shivaye namah

Aum Swaha

Aum twamevy sakshat Shri Sarvahye namah

Aum Swaha

Aum twamevy sakshat Shri Bhutadinye namah

Aum Swaha

Aum twamevy sakshat Shri Nidhaye namah

Aum Swaha

Aum twamevy sakshat Shri Avyaye namah

Aum Swaha

Aum twamevy sakshat Shri Sambhvaye namah

Aum Swaha

Aum twamevy sakshat Shri Bhawana namah

Aum Swaha

Aum twamevy sakshat Shri Bhartaye namah

Aum Swaha

Aum twamevy sakshat Shri Pravhavahye namah

Aum Swaha

Aum twamevy sakshat Shri Prabhvye namah

Aum Swaha

Aum twamevy sakshat Shri Eshwarye namah

Aum Swaha

Aum twamevy sakshat Shri Swayambhuvye namah

Aum Swaha

Aum twamevy sakshat Shri Shambhavye namah

Aum Swaha

Aum twamevy sakshat Shri Adityaye namah

Aum Swaha

Aum twamevy sakshat Shri Pushkar-akshye namah

Aum Swaha

Aum twamevy sakshat Shri Mahaswanye namah

Aum Swaha

Aum twamevy sakshat Shri Anadinirdhanye namah

Aum Swaha

Aum twamevy sakshat Shri Bhrahata namah

Aum Swaha

Aum twamevy sakshat Shri Vidhyartye namah

Aum Swaha

Aum twamevy sakshat Shri Dhatur-utaame namah

Aum Swaha

Aum twamevy sakshat Shri Chakrmye namah

Aum Swaha

Aum twamevy sakshat Shri Rishikeshaye namah

Aum Swaha

Shri Mataji: Put More

Aum twamevy sakshat Shri Padmnabhye namah

Aum Swaha

Aum twamevy sakshat Shri Amarprabhavye namah

Aum Swaha

Shri Mataji: You can keep the whole

Shri Mataji: Put Aagni to the Fire [Unclear Text]

Aum twamevy sakshat Shri Krishna-maya namah

Aum Swaha

Aum twamevy sakshat Shri Manvye namah

Aum Swaha

Aum twamevy sakshat Shri [Unclear Text] namah

Aum Swaha

Aum twamevy sakshat Shri Samishthya namah

Aum Swaha

Aum twamevy sakshat Shri Bhruvaye namah

Aum Swaha

Aum twamevy sakshat Shri Adhaya namah

Aum Swaha

Aum twamevy sakshat Shri Shasvatye namah

Aum Swaha

Aum twamevy sakshat Shri Krishnaye namah

Aum Swaha

Aum twamevy sakshat Shri Lokashye namah

Aum Swaha

Aum twamevy sakshat Shri [Unclear Text] namah

Aum Swaha

Aum twamevy sakshat Shri Prabhutye namah

Aum Swaha

Aum twamevy sakshat Shri Kakubdhaye namah

Aum Swaha

Aum twamevy sakshat Shri Pavitrane namah

Aum Swaha

Aum twamevy sakshat Shri Mangalaparismnye namah

Aum Swaha

Aum twamevy sakshat Shri Irshayne namah

Aum Swaha

Aum twamevy sakshat Shri Praan-daye namah

Aum Swaha

Aum twamevy sakshat Shri Pranaye namah

Aum Swaha

Aum twamevy sakshat Shri Jyeshthaye namah

Aum Swaha

Aum twamevy sakshat Shri Shresthye namah

Aum Swaha

Aum twamevy sakshat Shri Prajapatye namah

Aum Swaha

Aum twamevy sakshat Shri Hiranyagarbhye namah

Aum Swaha

Aum twamevy sakshat Shri Bhu-garbhaye namah

Aum Swaha

Aum twamevy sakshat Shri Maa-bhavye namah

Aum Swaha

Aum twamevy sakshat Shri Madhusudanye namah

Aum Swaha

Aum twamevy sakshat Shri Eshwarye namah

Aum Swaha

Aum twamevy sakshat Shri Vikraminye namah

Aum Swaha

Aum twamevy sakshat Shri Dharmvinye namah

Aum Swaha

Aum twamevy sakshat Shri Medhavinye namah

Aum Swaha

Aum twamevy sakshat Shri Vikramaye namah

Aum Swaha

Aum twamevy sakshat Shri namah

Aum Swaha

Aum twamevy sakshat Shri AanyeUttamye namah

Aum Swaha

Aum twamevy sakshat Shri Durdarshaye namah

Aum Swaha

Aum twamevy sakshat Shri Kritagnye namah

Aum Swaha

Aum twamevy sakshat Shri Kritne namah

Aum Swaha

Aum twamevy sakshat Shri Aatmo uthan namah

Aum Swaha

Aum twamevy sakshat Shri Sureshaye namah

Aum Swaha

Aum twamevy sakshat Shri Sharnaye namah

Aum Swaha

Aum twamevy sakshat Shri Sharamye namah

Aum Swaha

Aum twamevy sakshat Shri Vishwvedsye namah

Aum Swaha

Aum twamevy sakshat Shri Prajabhavye namah

Aum Swaha

Aum twamevy sakshat Shri Aahye namah

Aum Swaha

Aum twamevy sakshat Shri Samvatsanye namah

Aum Swaha

Aum twamevy sakshat Shri vyaalye namah

Aum Swaha

Aum twamevy sakshat Shri Pritarthye namah

Aum Swaha

Aum twamevy sakshat Shri Sarv Darshanye namah

Aum Swaha

Aum twamevy sakshat Shri Avyaye namah

Aum Swaha

Aum twamevy sakshat Shri Sarveyshwarye namah

Aum Swaha

Aum twamevy sakshat Shri Siddhaye namah

Aum Swaha

Aum twamevy sakshat Shri Siddhane namah

Aum Swaha

Aum twamevy sakshat Shri Sarvdaye namah

Aum Swaha

Aum twamevy sakshat Shri Uttaye namah

Aum Swaha

Aum twamevy sakshat Shri Virshkartye namah

Aum Swaha

Aum twamevy sakshat Shri Atmanyenamah

Aum Swaha

Aum twamevy sakshat Shri Sarvyogavinayehsakta namah

Aum Swaha

Aum twamevy sakshat Shri Vasve namah

Aum Swaha

Aum twamevy sakshat Shri Vasumanyenamah

Aum Swaha

Aum twamevy sakshat Shri Satyayenamah

Aum Swaha

Aum twamevy sakshat Shri Samamptinyenamah

Aum Swaha

Aum twamevy sakshat Shri Asamridhyenamah

Aum Swaha

Aum twamevy sakshat Shri Sammayanamah

Aum Swaha

Shri Mataji: 108 dekhna [Translation- Check, its upto 108 only]

Yogi: Number nahi hai [Translation-its numbered]

Shri Mataji: Phir kaise hoga ! [Translation- than how we will go!]

Yogi: Jab aap time de band kar dengye [Traslation- Whenever you say, we stop Shri Mataji]

Aum twamevy sakshat Shri Mayanamah

Aum Swaha

Aum twamevy sakshat Shri Murdhaye namah

Aum Swaha

Aum twamevy sakshat Shri Kundli kakshye namah

Aum Swaha

Aum twamevy sakshat Shri Vishvkarmanye namah

Aum Swaha

Aum twamevy sakshat Shri Vrishkritaye namah

Aum Swaha

Aum twamevy sakshat Shri Vritaye namah

Aum Swaha

Shri Mataji : Come Closure, there are bhut sitting on your head.

Aum twamevy sakshat Shri namah

Aum Swaha

Aum twamevy sakshat Shri Babhubritaye namah

Aum Swaha

Aum twamevy sakshat Shri Vishwarye namah

Aum Swaha

Aum twamevy sakshat Shri ShivShivyetapasye namah

Aum Swaha

Aum twamevy sakshat Shri Amrutaye namah

Aum Swaha

Aum twamevy sakshat Shri Shasvatesthan namah

Aum Swaha

Aum twamevy sakshat Shri Vararohaye namah

Aum Swaha

Aum twamevy sakshat Shri Mahatapaye namah

Aum Swaha

Sakshat Shri Aadi shakti Bhagwati Mataji

Shri Nirmala Devi Namoh namah

Shri Mataji: How many copies you have?

Yogi: Yes it's in book. Yes, Shri Mataji it's there in the book

Shri Mataji: Do you all have the copy of the book

Yogi: 108 Names of the Goddess, it's in the book.

Shri Mataji: All right, come along. Don't do.

Aum twamevy sakshat Shri matraye namah

Aum Swaha

Aum twamevy sakshat Shri maharaganye namah

Aum Swaha

Aum twamevy sakshat Shri Devkaryesamudtaye namah

Aum Swaha

Aum twamevy sakshat Shri Chakralay namah

Aum Swaha

Aum twamevy sakshat Shri Nityaye namah

Aum Swaha

Aum twamevy sakshat Shri Bhavinye namah

Aum Swaha

Aum twamevy sakshat Shri Vishnugranthi vibhedini namah

Aum Swaha

Aum twamevy sakshat Shri Bhaktipriyaye namah

Aum Swaha

Aum twamevy sakshat Shri Bhaktigamyaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirlepaye namah

Aum Swaha

Aum twamevy sakshat Shri Sharmdayine namah

Aum Swaha

Aum twamevy sakshat Shri Niradharaye namah

Aum Swaha

Aum twamevy sakshat Shri Niranjanye namah

Aum Swaha

Aum twamevy sakshat Shri Mahapatknashinye namah

Aum Swaha

Aum twamevy sakshat Shri Nirmalaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirahankarye namah

Aum Swaha

Aum twamevy sakshat Shri Nishkalankye namah

Aum Swaha

Aum twamevy sakshat Shri Nirakarye namah

Aum Swaha

Aum twamevy sakshat Shri Nirapuraye namah

Aum Swaha

Aum twamevy sakshat Shri Nirvikaraye namah

Aum Swaha

Aum twamevy sakshat Shri Nirgunaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirupapvlaye namah

Aum Swaha

Aum twamevy sakshat Shri Niskalaye namah

Aum Swaha

Aum twamevy sakshat Shri Nishkamaye namah

Aum Swaha

Aum twamevy sakshat Shri Nitymuktaye namah

Aum Swaha

Aum twamevy sakshat Shri Leelavinodinye namah

Aum Swaha

Aum twamevy sakshat Shri Niraashraye namah

Aum Swaha

Aum twamevy sakshat Shri Nirantarye namah

Aum Swaha

Aum twamevy sakshat Shri Nishkaranye namah

Aum Swaha

Aum twamevy sakshat Shri Nirumatye namah

Aum Swaha

Aum twamevy sakshat Shri Nirishwarye namah

Aum Swaha

Aum twamevy sakshat Shri Niraagye namah

Aum Swaha

Aum twamevy sakshat Shri [Unclear Text] namah

Aum Swaha

Aum twamevy sakshat Shri Nistulaye namah

Aum Swaha

Aum twamevy sakshat Shri Gambhiraye namah

Aum Swaha

Aum twamevy sakshat Shri Nishchintaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirmohaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirmmaye namah

Aum Swaha

Aum twamevy sakshat Shri Nishpapaye namah

Aum Swaha

Aum twamevy sakshat Shri Nisanshaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirbhavaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirabadhye namah

Aum Swaha

Aum twamevy sakshat Shri Nirvikalpaye namah

Aum Swaha

Aum twamevy sakshat Shri Nishparigrhaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirnashaye namah

Aum Swaha

Aum twamevy sakshat Shri Nirapaye namah

Aum Swaha

Aum twamevy sakshat Shri Niskriyaye namah

Aum Swaha

Aum twamevy sakshat Shri Nilchikuraye namah

Aum Swaha

Aum twamevy sakshat Shri Niratyaye namah

Aum Swaha

Aum twamevy sakshat Shri Mahamaye namah

Aum Swaha

Aum twamevy sakshat Shri namah

Aum Swaha

Aum twamevy sakshat Shri Sandrakarunaye namah

Aum Swaha

Aum twamevy sakshat Shri Mahashaktye namah

Aum Swaha

Aum twamevy sakshat Shri Bhagwatye namah

Aum Swaha

Aum twamevy sakshat Shri Sukhpradaye namah

Aum Swaha

Aum twamevy sakshat Shri Padmasnaye namah

Aum Swaha

Aum twamevy sakshat Shri Loktitaye namah

Aum Swaha

Aum twamevy sakshat Shri Maharatrye namah

Aum Swaha

Aum twamevy sakshat Shri Vishwrupaye namah

Aum Swaha

Aum twamevy sakshat Shri Rakshkarinye namah

Aum Swaha

Aum twamevy sakshat Shri Rakshagnye namah

Aum Swaha

Aum twamevy sakshat Shri Parashaktye namah

Aum Swaha

Aum twamevy sakshat Shri Yogdaye namah

Aum Swaha

Aum twamevy sakshat Shri Parmeshwari namah

Aum Swaha

Aum twamevy sakshat Shri Punyelabhyaye namah

Aum Swaha

Aum twamevy sakshat Shri Sukhradhaye namah

Aum Swaha

Aum twamevy sakshat Shri Achinrupaye namah

Aum Swaha

Aum twamevy sakshat Shri Ekaakinye namah

Aum Swaha

Aum twamevy sakshat Shri Aadishsaktie namah

Aum Swaha

Aum twamevy sakshat Shri Gurumurtaye namah

Aum Swaha

Aum twamevy sakshat Shri Shobhanasulbhagatye namah

Aum Swaha

Aum twamevy sakshat Shri Chandikaye namah

Aum Swaha

Aum twamevy sakshat Shri Trigunatmikye namah

Aum Swaha

Aum twamevy sakshat Shri Pranrupinye namah

Aum Swaha

Aum twamevy sakshat Shri Shubhkarye namah

Aum Swaha

Aum twamevy sakshat Shri Skhamatmikaye namah

Aum Swaha

Aum twamevy sakshat Shri Sachidanandinye-rupinye namah

Aum Swaha

Aum twamevy sakshat Shri Veermatrye namah

Aum Swaha

Aum twamevy sakshat Shri Garvitaye namah

Aum Swaha

Aum twamevy sakshat Shri Parmanivye namah

Aum Swaha

Aum twamevy sakshat Shri Kshipraprasadinye namah

Aum Swaha

Aum twamevy sakshat Shri Sadashivaye namah

Aum Swaha

Aum twamevy sakshat Shri Vishwgarbhaye namah

Aum Swaha

Aum twamevy sakshat Shri Swabhavmadhuraye namah

Aum Swaha

Aum twamevy sakshat Shri Nischaye namah

Aum Swaha

Aum twamevy sakshat Shri Dhrisamirchitaye namah

Aum Swaha

Aum twamevy sakshat Shri Nityayovanye namah

Aum Swaha

Aum twamevy sakshat Shri Vishawsakshinye namah

Aum Swaha

Aum twamevy sakshat Shri Vishwagrasaye namah

Aum Swaha

Shri Mataji: its VishwaGarbhaye, Garbha is a womb, womb. Garbha is the womb.

Yogi : Of The Universe !

Shri Mataji: Hmm

Aum twamevy sakshat Shri Sudhashrutaye namah

Aum Swaha

Aum twamevy sakshat Shri Shaswatye namah

Aum Swaha

Aum twamevy sakshat Shri Parmodaraye namah

Aum Swaha

Aum twamevy sakshat Shri Dharmdharaye namah

Aum Swaha

Aum twamevy sakshat Shri Swasthaye namah

Aum Swaha

Shri Mataji: Swadhaye. Swadhaa

Aum twamevy sakshat Shri Swadhaye namah

Aum Swaha

Aum twamevy sakshat Shri Paash-hantriniye namah

Aum Swaha

Aum twamevy sakshat Shri Pawankritye namah

Aum Swaha

Aum twamevy sakshat Shri Chandranidhaye namah

Aum Swaha

Aum twamevy sakshat Shri Raviprakhaye namah

Aum Swaha

Aum twamevy sakshat Shri Mahapujaye namah

Aum Swaha

Aum twamevy sakshat Shri [Unclear Text] namah

Aum Swaha

Aum twamevy sakshat Shri Lajjaye namah

Aum Swaha

Aum twamevy sakshat Shri Vimlaaye namah

Aum Swaha

Aum twamevy sakshat Shri Vardaye namah

Aum Swaha

Aum twamevy sakshat Shri Mahadeviye namah

Aum Swaha

Aum twamevy sakshat Shri Vilaasne namah

Aum Swaha

Aum twamevy sakshat Shri Vrindjanvastalye namah

Aum Swaha

Aum twamevy sakshat Shri Sahajayogdaeinye namah

Aum Swaha

Aum twamevy sakshat Shri Aadishakti Shri Mataji Shri Nirmala Devi Namoh namah

Aum Swaha

Shri Mataji: Now for all the Baadhas, the first of all for American Baadhas

Yogi: All the Baadhas of America

Aum Swaha

Shri Mataji: In the work of Sahaja yoga in America

Yogi: All the Baadhas in the work of Sahaja yoga in America

Aum Swaha

Shri Mataji: All the Baadhas created by the Kugurus in America and Canada

Aum Swaha

Shri Mataji: All the Baadhas have gone there

Shri Mataji: All the Baadhas of all the Churches

Yogi: All the Baadhas of all the Churches

Aum Swaha

Shri Mataji: All the Baadhas of Christianity

Yogi: All the Baadhas of Christianity

Aum Swaha

Yogi: surbitenz

Shri Mataji: Hmm Surbiton, Serbit [Unclear Text]

Yogi: All the Baadhas of serbitents

Aum Swaha

Yogi: All the Baadhas of England

Aum Swaha

Shri Mataji: All the Baadhas of men working and going to Amaerica

Yogi: All the badhaas of Sahaja Yogies working and going to Amaerica

Aum Swaha

Shri Mataji: All the once that are living in America

Yogi: All the sahaja Yogies living in America

Aum Swaha

Shri Mataji: All the baadhas of superficial and shallow people of America

Aum Swaha

Shri Mataji: Now for Cananda

Aum Swaha

Yogi : Of India

Aum Swaha

Shri Mataji: In all our travelling and in all our programmes of Sahaja yoga

Aum Swaha

Yogi : All the Badhas of the seekers of North America

Aum Swaha

Shri Mataji: Immorality

Yogi : Immorality, All the Badhas of Immorality in North America

Aum Swaha

Shri Mataji: Dishonest Thinking

Aum Swaha

Shri Mataji: Of the Intellectuals

Aum Swaha

Shri Mataji: And the idiots and stupid people

Aum Swaha

Shri Mataji: Perverted

Aum Swaha

Shri Mataji: The Sinners

Aum Swaha

Shri Mataji: Those who are suffering because they have sinned against the God

Aum Swaha

Shri Mataji: Those who have sinned against the Mother

Aum Swaha

Shri Mataji: In America and in Canada, all the people who are the seekers must be forgiven and should be given realization; there should be no obstacle by negative forces

Aum Swaha

Shri Mataji: Now think of other

Yogi: Hurt by the false gurus

Aum Swaha

Shri Mataji: All the falsehood by the

1940

Yogi: All right, it's the other, previous century

1840

Shri Mataji: As good, this is good. They all have prophesied, these books you see, they are amazed, always. You see, all these people who are now talking about new awareness, everybody is talking the same thing, I mean, it is so obvious, so obvious, if you don't want to see nobody can make anyone see, its so obvious that we have to change the mode now, the direction have to be changed, the whole style have to be changed.

Shri Mataji: This Lecture was good? Was that?

Yogi: Wonderful

Yogies: Great Ha ha (all laughing/ enjoying)

Yogi: Thank You Maa

Now, can I keep the letter as well as

Yogini: Mother, she won't say anything herself, I'm sure, but today its Patricia's Birthday.

Shri Mataji: Ohh let's sing a song to her. Excellent day Lets Sing

Yogi: Our Son Anderson, birthdays

Allen

Shri Mataji: Whose? Allen?

Yogi: Anderson

Shri Mataji: Ahhhhh Lets sing a song, it's a good day Lets Sing

Happy Birthday to You Happy Birthday to You,

Happy Birthday Dear Paticia & Anderson

Shri Mataji: That was for Patricia, now for Allen

Happy Birthday to You Happy Birthday to You,

Happy Birthday Dear Allen

Happy Birthday to You

Three Cheers

Child: Kiska Birthday hai Nani (Translated- Whose Birthday is it GrandMa?)

Shri Mataji: Patricia & Allen

Ahh What a nice time we had, such a nice puja, look at what Ritambhara PrAgnya has given us all, Oh so beautiful.

He is a wise man, you see.

Sparkling with all the glow [Unclear Text]

Yogi: On the Island, Good to go. Need your blessings Mother

Shri Mataji: That's very good, because it's like a starting point, Mooladhara Chakra, you better go, you all can, go. As many as can, go and have nice time now...

Yogi: It would be great mother, if we could have at least one person representing every centre in England to go.

Shri Mataji: I mean, they should try after all so many are going all the way to America some like elephant

Yogi: Want see a Sea

Shri Mataji: You all are travellers now, when your mother can travel at this age, why can't you? Hmm, I think when I will stop travelling everybody will be travelling.

Yogini: Hmm, will come to see you

Shri Mataji: Now what has happened to Mr John, has he gone?

Yogini: No. not yet Mama.

Shri Mataji: No ?

Shri Mataji: John you better have your food go and go fast.

Shri Mataji: You go with Pamella. I told you, where is Pamella, they all are waiting for you.

Yogini: Basically it's 3.30 Mama,

Shri Mataji: Hmm

Yogini: They said 3:30 Mama

Shri Mataji: They said 3:30, Why three thirty? Because...., I don't know.

Shri Mataji: May God Bless you

Shri Mataji: We can wait till he comes here and what is the present. Nick! have you been able to get something. There is a present right here.

Shri Mataji: What is it?

It's a big picture

Shri Mataji: Apart from that

Yogi: Apart from that I don't know.

Shri Mataji: Nick ! I have told you, they can go to they go to, you see Hampstech is open today, get something from there, ask him, I told him to get a pen. What you got? Good, very good. All right.

Shri Mataji: May God Bless you all. Thank You all. Ahhh Thank You. Thank You, Puja has been very well guarded isn't it

Ohh are you here! Can I see you,

Yogini: Its precious mother.

Shri Mataji: Thank You

Thank you

Thank You very much

Thank You

Thank You

Thank You very much

Shri Mataji: Purn How are you ?

Shri Mataji: Good. I'm Happy. Some users

Shri Mataji: You want to get married. That's good, but do these marriages takes place here, now in London or I don't know, in India. Will you come, are you all going to India ?

Yogi: Is it correct?

I mean correct is everything. I don't know if we can have some marriages here, may be

Yogi: November

Shri Mataji: Hmm, only November is available, but December will be... lets see, how we manage here. There are so many who will not be able to go to India but so many can also go. For this time its made cheaper. Side, side, Ohh Thank you very much.

Shri Mataji: Thank you

Shri Mataji: Thank you, how are you.

Shri Mataji: Good Thank you very much

Shri Mataji: Thank you

Shri Mataji: Thank you very much

Yogi: I feel blessed.

Shri Mataji: You looks good

Shri Mataji: Whom did I ask to buy a fountain pen?

Shri Mataji: You have to go. And somebody has to drive down from Hamsptede. I don't know I asked you or someone was there. Then get it in time.

Shri Mataji: Sara what has happened, looked so thin

Yogi: I'm working at the moment, this job has taking all

Shri Mataji: Ahhh, thats it, but thats will be looked out, that's a reward, alright.

Yogi: Mother I sought your permission to go to India.

Shri Mataji: Alright, good very good. Ahh..

Yogini talking to mother in Marathi regarding her luggage and other things like species that were supposed to be in different bags probably in wooden. All things (clothes, mirchi, species etc) are been mixed up, that's what mother conveys to the yogini in Marathi.

Yogi: Mother also, I knew you said, it's will probably not a good idea for me to go to Europe

Shri Mataji: Where

Yogi: to Europe, but I might have the return visa

Shri Mataji: No No, may be its dangerous, I have to find outwe have to find out, I won't mind, but Im rather worried about you, because you are yet not established, again you are put out.

Shri Mataji: No, I said Iwill go inside and eat.Go inside. You see, why I'm rather worried, I don't want you to have any more problems, isn't it?

Yogi: Yes Yes Mother.

Yogi: But, I had applied for the return visa and I have the answer to it.

Shri Mataji: They said 'Yes'?

Yogi: They didn't say 'yes' or 'no',they said choose this.

Shri Mataji: I said be careful, because they are all dangerous people. They enter into any country without the visa but they didn't allow anybody to come here. Be careful.

Yogi: Well I don't know if they give me visa.

Shri Mataji: if they give you visa it's alright, visa is alright, show it to ten people, show off its a visa. They are very mischeious, you see. Until now they are all poor [unclear]

First they say you may have excess baggage, France people I'm not saying Frenchl must say French are the most horrible sinister people, always I have seen this French Airways is one of the most sinister one, may use the word 'sinisterest'. Spain is the worst and second is French and the poor fellow you see believed, they said its alright when they weighed it at the gate, can you image, his handbag he is at the gate you see, they said its alright,they sent him to and then they weighed it, can you image, they weighed it at the gate and didn't allowed me to go inside. I said will leave everything here you see the address and sent to it. They said NO, you could not go.

See how they start troubling such a great artist is Amjad Ali Khan, should all be published in newspaper, how crule these people are, French are the worst, but Spanish also, has always given me trouble. French are so miserly, if you are travelling by their plane, they ask you to carry a bag with you will carry the lunch also.

French are the worst, but Spanish are worst. French are so miserly if they are asked to carry the bag they will carry the lunch also

1983-0823, Raksha bandhan Ceremony

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23 August 1983

Talk to Sahaja Yogis

Tannay Ashram, Tannay (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Rakshabandhan Ceremony. Tannay (Switzerland), 23 August 1983.

I said: 'No we have to put it down that's all.' He said: 'How do you do Mother?' I said: 'Very simple, put three times left to the right.' And I put it aside one, two, three. And then he started seeing you know, storm clouds and big formations. And so we arrive here with the rain, running out in the rain, and very cool temperature. All wet. But the thing is, Nature is easy to control...Human beings are difficult. Do you want to wash my feet? Water first, little water...(inaudible)

So today is a very great day, when I arrive here, is the day of Guru – today is the Purnima, is the full moon day, the day when the brother is tied with that (bandhan?) Let me show them. So I brought for you all. Tied in the hands of brother, by a sister, for the protection of the brother. And we have a very nice story about it. When Alexander the Great invaded our country, he married an Indian lady, and after certain wars he was arrested by a King called Kuru in Punjab and his wife got desperate. So she sent one rakhi like this in a plate(?) like that with the cover in a pot.

Now when he – that was the day of Rakshabandhan – so, what they did, he lifted the cover and saw a rakhi, which was presented to him. And on that day you cannot refuse. So he asked the carrier man to give the rakhi to him and he asked somebody to tie it. And he asked: 'Now who is my sister, who has sent it?' So they said that it is the wife of Alexander, whom you have arrested. So he just got out of the arrangement; he got up from his throne and then he rushed to the jail and prostrated himself before Alexander and he couldn't understand what had happened. So he said: 'I didn't know that you are my brother-in-law and I didn't know that you are the son-in-law of our family, so I am sorry for doing this thing for you. It is so disgusting for me to behave like this, so will you please come out? And he brought him out and put him on his throne.

So he couldn't understand what was the thing; he was so flabbergasted you see and then he said: 'Now you can go home.' And he sent him with lots of jewellery and lots of sweets and all that, to his house and he himself was there with him, to see him off. So when he went in, his wife was smiling and he asked her: 'I can't understand what has happened to this king, has he gone mad? He has released such a dangerous criminal like me. I can spring the whole country now'.

She said: 'Did you see on his hand something tied?' He said: 'I saw a shining thread on his hand being tied, but what does that mean?' So she said: 'Today is the day of Rakshabandhan. On this day I sent him this bandhan, this one, and he tied it, so he becomes my brother. Now he cannot harm you because you are my (soltargen?) you are my husband, my good luck, he can't harm you, and he respected you so much because you are like the son-in-law now, in the family'. And Alexander said: 'That settles it. I am going home. If these people can release such a dangerous criminal for only one thread, what sort of symbolic people are these, I mean they can do anything like that and how can you rule such sensitive people?'

So you see, he took a poet and many other people with him, to Greece and his name was Chandabadaï and he has written lots of poems about him, about Greece. But so many of his soldiers didn't want to go back and they settled down in India with their wives and they are living in some forest in India. So only a thread has done all this goodness. I hope you people will also respect all your feelings with a delicate thread of love from India.

And Vishnumaya, the One which today announced our coming, is the sister of Shri Krishna, and you must know...who disappeared in the sky and you know who announced the coming of Shri Krishna later on – Vishnumaya. And after eight days we have the Birthday of Shri Krishna to be celebrated in Geneva. That's why it's very suggestive today that I should bring rakhi to

you, because a sister will give you this great protection to her brother.

So when are we having the puja now, what is the idea? (Arneau -Sri Mataji the Sri Krishna puja? The thirty-first?) Thirty-first. So better do that I think because they have also picked a sari for a Krishna Puja, for you, and they thought that best is to do the thirty-first puja here. Krishna Puja [INAUDIBLE] than any other puja. But this is like doing the puja now is all right. Are you feeling better now all of you? The visshuddi. (Arneau asks for the puja to work out with all the seekers of this country and that the government recognises you) You know this is Krishna Puja, and Krishna resides on the visshuddhi chakra, and visshuddhi chakra is America, so is even MORE significant now that in Geneva we should work out for Americans. Now can you translate...We had a nice puja for America in London about three days back [INAUDIBLE] the thirteenth day is the [INAUDIBLE] day for puja always, and we had one nice puja there, and I gave a very good lecture, I don't know if you have got the tapes. I don't know...can ask Paul. Did they give you any tapes Paul?

(Paul Wynter) – I think it's only videotapes...it's possible Mother.

Shri Mataji: Just have a look. What a nice ashram you (Arneau It's Your house Shri Mataji)

Shri Mataji: Beautiful, very good, very nice. It has a nice big room I must say, quite a big room.

(Arneau: fireplace for the havan).

Is it? Good. And the area you have outside also, with garden So how is Genevieve? She got the money back, it's all right. Er, if you have My number in Brompton Square, ask for (Mila?) to open the letter sent for (Kansana?) and send the details of the letter (?) the whole story about it. (more inaudible conversation with Warren) and just write it down.

I wore the green because it was all dry. [INAUDIBLE]

Marcus what did you want to bring from there for the puja? [INAUDIBLE] Yes, you see, for little things that (inaudible) I mean that thali, and all that (inaudible) but maybe for something essential then you may tell him?

The British people were very fine, they gave me a very good dinner.

(Arneau - Mother would you like to eat something?)

Thank you. Aw, very full, what's that? (?) I can't eat very much, again I can't eat (?)

So, what are you having for programme? Tomorrow somebody's coming to see Me?

(Arneau Sri Mataji tomorrow somebody's coming for both of you about nine o'clock in the morning)

It's all right

(general discussion of the man's timing by Antoinette)

So he's coming from nine to ten. And then, what is he? (Arneau – he's a journalist and he's writing in one of the most read newspapers, a weekly newspaper which reaches boxes.)

Quite sensible, (laughing)

(Arneau – I hope so. No, but he was quite positive.)

Thank you

(Arneau - and we had two programmes Sri Mataji in Lausanne but er, every time they call me back)

(Mother inaudible)

(Arneau - no, for afterwards. Afterwards we have two programmes in Lausanne on Thursday and Friday)

I mean, after this programme here?

(Arneau – Yes on Thursday and Friday. Tomorrow afternoon it's three, and because it's nice weather we thought it would be a good idea to go to a place close to the lake, if you would allow all together to vibrate the lake)

All of them standing, balancing themselves, (laughs) all right.

(Arneau – And there's an interview for the radio too- This interview, Matthias, I said this morning, must be either tomorrow or the day after tomorrow)

So now you let me know, you know I'm at your disposal whatever you say it is. Main thing is that you should have a puja in such a way that all this advertising and all those falls before the programme so it does not hamper the programme.

(Arneau -everything has been advertised already and if people take out some posters of yours they can put it again. One thing is that this year we have put big posters of You)

This poster is very beautiful

(Arneau- May I show you one Sri Mataji? This big blue poster and it is official and officially put by the authorities in the town for fifteen days)

(inaudible)

(Arneau- the administration of the town, officially, for fifteen days)

What to say! It was rakshabandhan!

(Arneau- so when I get out of the train, Sri Mataji, every morning I see Your Divine picture in front of me in the station)

And they didn't say anything about it

(Arneau – It's official, they cannot do anything about it now. A huge placard. It's tremendous)

On the main station?

(Arneau - all the places inside Lausanne and all the lakeside)

But how did you manage? Imagine, officially, just think of it. In England it's impossible.

(Antoinette – never it was allowed before, no nobody could do that)

Really?

(Antoinette – No never for a personality)

But how did you get the permission? You just went and asked them?

(Arneau- We asked them and they allowed us to put the posters – eighty in Geneva and fifteen of them (in other spots and boxes UNCLEAR) fifty thousand

Wow!

(Arneau – this is a first class job – he is a graphic designer, Pascal has done the job, the graphic)

Oh. I see, he has done it, may God bless him, done beautifully. Really well done. Looks like a painting actually.

(Antoinette – From far away it's tremendous)

It's in a realistic style, very powerful.

(Arneau – We are all thinking Sri Mataji that this picture will attract all the left seekers who didn't come yet to Sahaja Yoga the last years)

This doctor, who belongs to the WHO, what was his name, this Indian doctor? Muraliker or something? He's the one he calls to London, he telephoned to me, he wants to meet me, I forgot his name. He's talking to this doctor Maroldo(?) head of the thing, this gentleman, so if you can find the list of the WHO people he would be there. It starts with M. And he wants to meet me. You can call him here as I tell you. He's quite a responsible man and he might do something (unclear).

(Arneau – Where is he working, in Geneva?)

WHO. Imagine, realisation in the 'plane. Forgotten his name but, er, (unclear conversation) Indian - From the same place as Boutros Ghali(?)

Sri Mataji welcomes a child who was saying Her Name

How beautiful, how beautiful! You can kiss me

Come along all the children

Sri Mataji greets all the children, they laugh and giggle

Hello, hello, come along, bring the baby. How are you, how are you, oh ho ho. Little boy, here's a little, little boy, hello,hello (baby giggles joyously) good. Ooh, you too? That's a little baby, little baby, baby, baby, little baby (giggles again) see how open he has become, isn't it? He's become such a nice child.

(Arneau- Sri Mataji, did you know that it is the first day that Brigitte has gone out of the house now?)

Really?

(Arneau- She's living in the ashram now)

Aah, good, she's so much changed (unclear) – so much better - Markandeya

(Unclear short conversation)

Tomorrow morning nine o'clock I'll be ready. Only thing I would like you all to tell me your names, one by one.

(Warren – the rakhis you might like – these are vibrated)

Ah, to celebrate. Now the sisters must take one of them and tie to anyone who they think could be their brother and then you have to treat him like a brother and look after him like a brother. What's that?

(Antoinette-Barbara's name).

Barbara. I would like to know the names. Stand up

(Arneau - Pierre, Magda, Derek, - he's half American)

Oh I see!

(Arneau . Sophia)

How are you, Sophia?

(Arneau - Anne, Michelle, Paula, Jacqueline, Marianne, she's very new, just two months she got her realisation)

All right, doesn't matter, she's a little baby (laughter)

(Arneau - Monique, Jose, he came from Argentina, he's Argentinian)

We have some people from Chile, very good people you remember from Chile.

(Arneau - Etienne, Ghiblaine, Sophie, Dominique, Pascal, the graphist, Dorothea, Sylvie, Caroline, Renaud and Carine. Sylvia)

I know the rest of them. Where is the newspaper man ?

(Arneau . He's in trouble. He had not a good attitude to sahaja Yoga. He's smoking for a long time, doesn't come to programmes)

He came to Paris he was in Paris puja. Smoking is such a problem. Matthias, I think everything is done, everything is ready?

(Matthias- Unfortunately we were not fortunate enough to bring the radio interviewer to Tannay

There is American radio, Sri Mataji, here in Geneva, for American, for English speaking communities. We managed to have, there is a one hour programme called 'Freely Speaking' and they are prepared, Sri Mataji, I'm sorry for saying 'prepared', but this is how it works out, to have you on this programme, but then, Sri Mataji, she didn't want to come here because she's very booked up and she would like You to come to the studio)

All right

(Matthias – if possible tomorrow at half past two, Sri Mataji)

All right, of course I will, no doubt, no problem, no doubt, finished. Why not? American?

(Matthias – All English-speaking communities)

That's very good.

(Matthias- she is American herself)

But her English is American or English English? (laughter)

(Matthias- she has lived here for about fifteen years already in Geneva so she's very (very nice?))

Then it must be French English! (laughter). Even English English is so funny sometimes. You know they have so many cockneys and that and sometimes we really have a language problem! So good, tomorrow

May God bless you

(Jagan Mata Sri Nirmala Devi Ki Jai)

1983-0824, Radio 74 Interview

View [online](#).

24 August 1983

Interview

Geneva (Switzerland)

Talk Language: English | Transcript (English) - Reviewed

1983-08-24 Radio 74 Interview (Geneva) Part 1 and 2.

Lady interviewer: Could you join me now in a very cordial and very special welcome to Shri Mataji. A great welcome to You.

Shri Mataji: Thank you very much. Thank you very much.

Lady interviewer: In the.. in the country of India, I know that there is much talk of... the word 'enlightenment' is used in a way that perhaps we of this world don't fully understand. Would that be a place to start, that You talk to us a little bit about enlightenment and then go into Your own message?

Shri Mataji: Yes. India has a special advantage over many other countries, as far as the nature is concerned, because the nature of our country is such that people don't have to worry so much of combating the nature. It's warm country, and it has... it's a very fertile country and it doesn't require too much for you to exist in that place. You can even exist under a tree. It's a ...you can lead a very, very simple life in India and you need not have all the [elaborations] we need here to fight the nature. As a result of that, many people who were quite satisfied with their mundane lives took to deeper seeking – thousands of years back – in that country, where they wanted to find out the secrets of life, and they wanted to know why we are on this earth and why we have to go on existing like that; is there any greater purpose of our being here? And such people have been able to discover something very great, and that's what they call it as enlightenment that we have to have. But I would say, it's not only that the Christians have talked about it only. Indians have talked, Christians have talked, and Islamic religion has talked. Of course, Moses has talked... everybody has talked about it: that you have to become the Spirit.

Lady interviewer: That you have to become...

Shri Mataji: The Spirit

Lady interviewer: The Spirit

Shri Mataji: You have to be born again, of the Spirit

Lady interviewer: Of the Spirit. And this is a common thread that...through all the religions...

Shri Mataji: But the difference between the Indian life and the Western life is basically one ... and that is that we believe that all our efforts should be that – to be the Spirit in India, basically. And outside it is not so; that all of our efforts should be that is not so. Secondly, there's one more point which is very, very subtle and if you understand with little tolerance it is ... That in India, religion is not organised so that it is not brought to the artificial level. If you have to become the Spirit, then it has to be the living process: by the living force of evolution. So you cannot just 'brand' somebody. You cannot say that you are that. You see, this is the problem. While here, people can become Christians without getting the proper experience of being Christians. Or they can be Muslims without becoming really the Muslims. The really to become something is the happening within us, which comes through the evolutionary process of a living process of a living God which everybody has talked of ... why people have organised religion here, this I cannot explain. Because they are organising everything in the West perhaps they are also it's like organising God with it. But in India, they understand that you cannot organise it; it's a happening that has to happen. And because

thousands of years back, people have been looking into it so they know what to expect when you are enlightened. What happens to you; what happens to your consciousness. They know that your consciousness has to change, that you have to be at a higher consciousness and that is called as [Samadhi ?] – means Collective Consciousness.

Lady interviewer: And there can be a universal good collective consciousness and a universal...bad...

Shri Mataji: And that you become a part and parcel of that whole. You become, in the sense that you have the consciousness in your central nervous system; you can feel the other person. For example supposedly I can feel you, I can feel your centres, then you are not the other, you are me. Then there is no 'other'. This is a happening which is a reality, which is not a supposition or a mental projection or an organisation.

Lady interviewer: Is this in any way the equivalent... like in Christian Science they speak of one mind in the universe?

Shri Mataji: Of course, the same, of course the same. In India, Christ is respected as Mahavishnu. It's described thousands of years back: even before He came to this earth He's described there. But you see, people never connected. In India, Christ [is?] Mahavishnu because the image we got of Christ was very foreign.

Lady interviewer: How was that?

Shri Mataji: First of all, the image we got that we can get converted. That is absurd [Sarah (interviewer's name?)] because how can you get converted? You think by branding somebody, how can you become better?

Lady interviewer: How can you become better, You said?

Shri Mataji: Just if you brand somebody now you... supposing I say, 'I'm the governor, maybe 'governor', do I become governor? You see, the becoming part is missing so we couldn't understand what sort of a Christ this must be who has sent these people just to brand as something like Christian. Secondly, the another image we had of Christ was that He is the one who talks of the Spirit and nothing else. So the people who have to do the work of Christ have to give enlightenment; they are to be 'enlightened' people.

Lady interviewer: And this enlightenment is truly becoming one with the Holy Spirit...

Shri Mataji: With the whole. With the whole.

Lady interviewer: Now, does this have anything to do with what I understand as nirvana, or eventually rising so high in consciousness that you become a blend - like a drop of water would blend into the ocean?

Shri Mataji: Yes, yes, same thing. It's the same thing.

Lady interviewer: So you eventually would lose your individuality...

Shri Mataji: No, you do not.

Lady interviewer: You do not?

Shri Mataji: You do not lose your individuality. But it is like, you see... like the trees if you see, every leaf is different.

Lady interviewer: Yes.

Shri Mataji: But it's supplied by the same source. If the leaf becomes conscious of the source, it doesn't leave its identity but it's

conscious of the source and is nourished by the source.

Lady interviewer: And in being conscious of the source and putting your own...

Shri Mataji: Is being enlightened.

Lady interviewer: Conscious of the source is being enlightened, ah yes. And...

Shri Mataji: On the central nervous system. Conscious doesn't mean mental. On the central nervous system, you should feel the force flowing through your fingers.

Lady interviewer: That may be equivalent to something in Christianity where some days you say, 'I feel today I'm enveloped in Grace. I feel...'

Shri Mataji: Why yes, but this is not today. Once you have it, you have it... all the time...

Lady interviewer: All the time?

Shri Mataji: Yes, so this is not today but in Christianity, what you say is true Christianity is nothing but enlightenment. True Christianity, I say this is true Christianity... This is true baptism that I'm talking about, where you actually see the rising of the force from the sacrum bone with your naked eye, which pulsates through, reaches your fontanel bone area on top of your head and gives you baptism, so that you can feel the cool breeze of the Holy Ghost coming out of your head. Actually you feel that.

Lady interviewer: And how do you feel that, how does this happen?

Shri Mataji: It happens spontaneously. It has to be a living process. How do living things happen? Supposing you ask Me a question, 'How does a seed sprout?' What will I say? You put it in the Mother Earth and it does. So, I'll tell you the history about it, the consciousness if you follow it. But first of all, you see it was the masculine development of the consciousness, like going extraversion you can say, or going outward and the tree growing too much, sort of thing. And all these things have developed so much, have gone to an extent now that it has to stop. Now what is the second part of it... Now as you see in the world, there is feminine consciousness coming in today, in a wrong way maybe. Like a pendulum, it is a rebellion: they are going into a rebellion, which is nonsense, you see. And maybe that they are acting just like human... men and thinking that they are sort of achieving something great in consciousness is wrong. What you have to know the consciousness always moves spirally higher; wherever you become from one to another, you are born at a higher consciousness. So this is rebellion; I am talking of revolution that has to take place.

Now this revolution will only take place when this masculine development is achieved with nourishment from the feminine part – see, from the womb, from the Mother Earth. You see so far, we have been exploiting the Mother Earth you see, creating all kinds of problems – the men, I must say have done it. Now there is nourishment and this is the time that where the force which I am telling you which is called as Kundalini, is expressing the womb. It represents that feminine personality within us which rises, rises. It's called as also as Kumbha which you call as Aquarius. It represents as Aquarius, which is why this is the Age of the Aquarius. Here this kundalini rises and She gives you the realisation. First, human beings have to be developed up to this stage as you are, and then this kundalini has to rise, so the time has come – the Blossom Time has come. All described, all described in the Bible also.

Lady interviewer: How? Where?

Shri Mataji: Of course, when He said, 'The Comforter will come,' Christ has talked of the future. He didn't say that I have stopped everything now and The Comforter has to come, The Redeemer has to come and The Counsellor has to come. Then He has also talked... John has said that he has seen... visions and all those things are there. So now, what has The Comforter has to do?

These are the... what are the qualities of a womb He's a comforter, He's a counsellor, He's a redeemer.

Lady interviewer: And so, You feel that the opening of this consciousness is now coming at the end of the age of the Fish and going into the Age of Aquarius, that everything is changing.

Shri Mataji: Of course, that is what it is. And it has to change, because what happens when you become collectively conscious. I mean is the thing now you have become a human being, so now then you become a human being, your consciousness is different from that of an animal. For example, an animal, if you put him into a dirty lane, he can pass through it but a human being cannot because he has another consciousness. Now this consciousness is so much higher that you become collectively conscious, about which Jung has talked a lot what collective is. And this is what actually happens – it's an actualisation that you should experience. And this is the difference between the Western organised religions and the Eastern unorganised; where the individual has to find something for the betterment of the whole.

Lady interviewer: The Indians do have – I'm not into India so please excuse or forgive my naive questions – but I understand that there are temples in India to various deities or different states of consciousness, if you will. And so how is that not organised?

Shri Mataji: You see, that is not organised. These are built by people around the...just the village people just organised one temple and have it there and they have their own things. It is not organised. You may not belong to any temple, you may not belong to any...

Lady interviewer: You don't pay any dues?

Shri Mataji: No, nothing like that.

Lady interviewer: There are no [capital ?] committees?

Shri Mataji: No, nothing.

Lady interviewer: No ladies aid societies?

Shri Mataji: No, nothing like that.

Lady Interviewer: Nothing?

Shri Mataji: There's nothing like that. But these people are also whomsoever are dealing with this temple business, are also [shallow?]. We would not call them as realised souls, though they are supposed to be Brahmins, meaning 'the one who knows the Brahma', the one who is a realised soul, the one who can feel the all pervading power of God's Love which is of the Holy Ghost, Virgin Incarnate. That he should feel – he is the Brahma. He's the one who is the Brahmana. But how many we have like that in India, I don't think... I've not met any. They are all very shallow people, just cleaning and servicing the temple. But they are not taken as something great, authorities on religion. See, they are just doing cleaning of the temple and all that and maintenance of the temple. But there is no such organisation where they regularly collect your money and give you receipts and things like that – it doesn't exist. [14:13]

Lady interviewer: We're listening today to Shri Mataji, an Indian woman who has reached enlightenment and who is coming here in Geneva to speak to people in this area – when will that be? [Asking yogi for details of public programs] When is your... next week? 29th, 30th and 31st. And She has come to freely speaking, where we always seek the freedom of expression of those people who are approaching, knowing the universal Holy Spirit in that way, and we thank You for coming here today. Now, in the religions of India – again I understand, as I have been told – that some people feel that there is something in those religions, whether they... where the different parts of them, whether they are organised or not, that may be keeping the people from each other in different states of consciousnesses or castes, or keeping them in a state of... of poverty which would be in contrast with

some kind of a vigorous Christianity that... that once made people get out and dig and work. You've known both sides; could You speak to that difference?

Shri Mataji: You see, we have... we have no sort of a class consciousness as you have here really, to be very frank. A poor man is there - of course we accept that somebody's poor, somebody's rich - but like a class consciousness that you feel in the Western world, we don't have. We are not conscious of our class. On the contrary, we regard it bad manners to talk about your wealth or to show off your wealth you see, something very traditionally. Supposing if you are a rich person, you have a huge palace as your house, and you have to invite someone to your house, you'll never say that, 'Come to my palace,' but you'll say, 'Come to this poor man's abode, a hut'. That's the way we talk, you see. Also, it's not regarded good manners to display your wealth and display everything, and according to the symbolic expression of our culture is that the Goddess of Wealth has to have four qualities and one of them is how much She gives in charity. One hand is for charity, one is for protection - how many people, how many students, how many needy people are given protection? Then there are two hands, they have got - She's has four hands, sort of - two other hands have got lotuses in their hand, and pink lotus means warmth, love - how much loving the person is, how well mannered and cultured he is. And the another quality of the lotus is that it gives abode to a very thorny insect called as [dhrun?] in India - I have not seen that one here. It's a very thorny black stuff. So it gives comfort and cosiness of that quality. So this is the sign of a rich man; the rich man means that. It doesn't mean the kind of a rich... with that thing you see, the ego-orientated stuff; ego-orientated man is not rich, according to Indian understanding.

Lady interviewer: So, that the only riches are the Spirit.

Shri Mataji: I beg your pardon?

Lady interviewer: The only riches are of the Spirit.

Shri Mataji: Of course, and the man who is enriched by say, Spirit is even respected by the kings, even respected by everyone. Even our president of India stood up for Me when I went to see him and he would not sit down, and I said that, 'Please make yourself... I mean, after all, I'm your citizen.' He said, 'No, before a saint, what am I?'

Lady interviewer: And yet You combine the qualities of spiritual enlightenment with the life of a woman You're married, Your husband is a doctor, is that correct?

Shri Mataji: My...a doctor, no.

Lady interviewer: No?

Shri Mataji: He's the Secretary General elected for one of the UN agencies of International Maritime Organisation in London.

Lady interviewer: And on behalf of many other ladies in the...in the audience, may I ask You, does Your career in Your... in Your religious activ... not religious, in Your enlightened activity interfere ever with...

Shri Mataji: No, not at all. On the contrary, it is dynamic. It is dynamic. I mean, all My husband's friends are My greater friends. It's dynamic because it is love: it's pure love and it heals, cures, it gives security. It's the greatest thing, I mean they love Me all of them, love Me so much.

Lady interviewer: Does healing come from within or from without?

Shri Mataji: Within, within. Only it [cures?] you see. You don't do anything for healing. It just... it heals, that's all. It emits from you, the energy is emitted and then you just get healed, you don't have to do anything about it, just you get healed with it.

Lady interviewer: What makes a man sick?

Shri Mataji: The imbalances in life, the extremes that are troubling ... Like for example, fanatics can get terrible diseases, like cancer also - they just close their minds to all that is the whole - can get into trouble, you see. So all these things can give you problems; insecurity in life. Then another thing I used to tell these people – they didn't like me in England before when I told them that promiscuous life and all these diversions of life it's very wrong, it will bring out a disease which you will not be able to combat, and they called Me Victorian at that time. See, English language has certain pranks; one of them was Victorian, it's the most condemned one. And ultimately, now you see there are diseases called AIDS which are coming, and they have no cure for that. But if they become Sahaja Yogis, if they get their enlightenment, they can be cured.

Lady interviewer: Can You speak to us again of... I didn't quite understand, the energy force that You said is at the base of the spine, how does this operate, how do You call it and You said it just came into being. But if you're just walking around on the street one day, can you get that, or else do you have to be on the path or how does that happen?

Shri Mataji: You see, this force is alive, dormant in the triangular bone; we call it as Kundalini in Sanskrit language.

Lady interviewer: How do you say that word?

Shri Mataji: Kundalini, Kundalini. [Interviewer repeats] The 'kundala' means coiled, because it's three and a half coils. There's a symbol of the eternity, that's why it is three and a half coils. It has also lots of meaning of three and a half which is a vast subject, but I'll just say that it is three and a half coiled energy which is not yet awakened. Now this energy is the energy for our Pure Desire: all other desires are not pure except for one desire to be one with the Spirit. Now this Pure Desire is not yet manifested so it still...we call it sleeping. But when it manifests, you become the Spirit, because She passes through the subtle six centres that are within you and pierces through the fontanel bone area which is the ultimate centre, which is the seventh because the first one She doesn't cross through. And that is the time where... because the seat of the Spirit on top of your head [He] resides in the heart. As soon as She crosses that limit, you start feeling the cool breeze in the hands flowing, like a very soothing force.

Lady interviewer: And does this... is this force a healing force for [cut in audio]

[Soundcloud tracks for 1984-0824 Radio74 Interview-2 start from here]

Shri Mataji: ... Exhaustion causes the diseases [Nirmala Vidya -1983-0824 Interview Geneva HD track starts from here] and sicknesses, even mental sicknesses at different levels. Now this exhaustion takes place because we go to extremes, you see. The extreme use of things, that's why it gets exhausted. And these exhaustions are fulfilled or nourished or, we can say vitalized by these, so the person feels all right. It's very simple.

Lady interviewer: So the... what Western medicine or what medicine in general calls organic disease is nothing more than an imbalance of the forces of love and the Spirit.

Shri Mataji: Of course, of course, no doubt. But I would put it like this, that modern medical sciences as they are, they talk of the autonomous nervous system. Autonomous...

Lady interviewer: Autonomous nervous system.

Shri Mataji: In that, we have got the left side autonomous nervous system and right side autonomous nervous system as sympathetic nervous system. And in the centre, we have got parasympathetic nervous system. Now, the sympathetic nervous system acts for all our emergencies, for all our extreme behaviour. And these two form the centre, and in the centre lies the parasympathetic nervous system. Now the parasympathetic nervous system has got limited energy which it supplies to the sympathetic to keep a balance. But if you go beyond limits, then you exhaust it completely then parasympathetic also fails and there is no balance brought in.

Now if you ask any doctor and if he is honest, he will tell you that they don't know anything about parasympathetic nervous system. Now, who is this 'auto' we should find out. This 'auto' is the Spirit. And when this Kundalini rises, She enlightens and nourishes this parasympathetic nervous system which again, by itself balances.

I don't have to tell you that you don't drink, you don't do....: I never say that. You yourself will not do it because the religion gets enlightened within you, the living religion and you just don't do it. I mean, you just don't do it because your attention is not there anymore, finished.

Lady interviewer: I've heard it said that, never try and give up a bad habit but if you think first on the Lord, think first on God, then those things give you up – they go away.

Shri Mataji: They do. They run away, they run away. You see, there was a gentleman, a doctor. He came to Sahaja Yoga and he lost all his habits. He became master of his own. But once he went to Germany, after two months, and he said, "Let me try" the wine he likes. "So, let me try some wine, what does it matter?" And when he drank, he felt just horrible; he got all the smell of the molasses in it. He threw it away and vomited. He said, "What is this nonsense I have been drinking?"

Like that, it happens to you. I mean we have had alcoholics, people who have been taking drugs for years! People came in coma to Me, you wouldn't believe. They all have given up. I never tell them. I am a mother, I'm not here to dominate or to curb your personality. I'm here to nourish you, to make you grow into your own being, to be your own master, to be your own guru.

Lady interviewer: Then suppose that somebody listening says, "My greatest desire - my greatest lack rather - is companionship. I'm living in this town, I'm alone, I'm...I don't have any friends, I go to the office every day and I just come home at night to a lonely place. What can I do to find companionship and love?"

Shri Mataji: You'll get companions and companions and you'll have no time for feeling alone. That's one thing definitely promised in Sahaja Yoga. Because what happens, you become collectively conscious. And once you become collectively conscious, there are so many who become collectively conscious with you because it's a masse thing that is happening today. It used to be individual before now it's masse, that's what I have done. That's My... I should say, if you say it's My discovery, how to do the masse evolution.

Lady interviewer: How to do the mass?

Shri Mataji: Masse, en masse, this happens en masse.

Lady interviewer: En masse?

Shri Mataji: En masse.

Lady interviewer: A collective?

Shri Mataji: Collectively. So, thousands of them can get Realisation at the same time. You'll be amazed, I even brought one gentleman from India who has come. He has given Realisation to ten thousand people himself in India.

Lady interviewer: How do you give Realisation?

Shri Mataji: I mean there are no words to say, you manifest I mean to say. There is no giving as such.

Lady interviewer: So, you open yourself to the being which then radiates?

Shri Mataji: No, you see, it is simple, as I would say an analogy, like a lamp is ready, say, a candle is ready. Now another candle which is enlightened can enlighten another candle, isn't it? What do you do? Nothing.

Lady interviewer: So, you just...you just are.

Shri Mataji: Manifest, yes, you are. And you become that.

Lady interviewer: And...

Shri Mataji: Then you become the same: you can give it to others.

Lady interviewer: So, you are recognised, each person that is ready for that enlightenment recognises their...

Shri Mataji: I don't rationalize.

Lady interviewer: You don't rationalize...

Shri Mataji: I don't judge anyone. I just stand there and people put their hands toward Me and they get it. Some people are declared to be the worst sinners, this, that, they got it. I don't know how people judge others; you see? It's better to leave it to God to judge; I don't judge anyone. And it works out. Thousands can get it so what is there to judge? There's no time for judging anymore left now. Those who want should have it.

Lady interviewer: What about somebody that listens and says, "But I've lived three quarters of my life and I realise now that I've done the wrong thing and I took the wrong path and nothing is working out right. And I look back at my life and I see a series of crashing failures and broken relationships and all those things. How can...?"

Shri Mataji: You see, for such people, I would say that they must think of the present, not of the past or of the future. Because past doesn't exist, it's finished. And the future also doesn't exist. Think of the present. Now, I am before you: you want to have your Realisation, so have it. Why to think of the past? Forget it, it's not important. And the more you'll think of these things you will develop a guilt which will give Me trouble because I'll have to clear out one side of your centre, you see? So, not to feel guilty. Whatever has happened, has happened. Everything is forgiven, forget it! You'd better forgive yourself.

Lady interviewer: So, forgiveness is very much a part of the...

Shri Mataji: Of course, that is the greatest weapon we have. That's one of the mantras we have to use that you forgive yourself and you forgive others.

Lady interviewer: Then, basically, the enlightenment runs through all the thought systems as You said in the beginning of our conversation. That much of what You say is Christian in the getting rid of the guilt and in the forgiveness and... it runs through other religions as well.

Shri Mataji: Everywhere, it's just the same, you see, you have to just see how they are related to each other. Christ Himself has said that, "Those who are not against Me are with Me". Who are those? Nobody has tried to find out. It is said that, "I'll appear before you like tongues of flames". What is that? These are the centres. It's clearly said. Even Muhammad Sahib has said that you have a power in your bone, triangular bone called as Assas. Even the Greeks believed in it. Not only that but Muhammad Sahib has gone to this extent to say that, "When the Resurrection time will come, your hands will speak". But no one wants to talk of Resurrection, everybody wants to talk of the Doomsday. Nobody wants to talk of the Comforter, they want to talk about the white horse. But when the white horse will come, no argument, no explanation, no interviews: that will be the last sorting out. So,

please, this is a very important time. Everyone must know that we haven't achieved anything so far, whatever we have been doing. So, give us a chance. We have to be fair to ourselves and to our Creator. Because He has taken so much care to make you a human being. He has put in all His efforts. He's anxious that you enter into His kingdom. You must give Him a chance and don't stick onto things, don't get misidentified. What have you got, just measure that. Now what you have to get is so simple.

[Cut in the audio]

Lady interviewer: Now?

Shri Mataji: Now, you can get it now. This is the time.

Lady interviewer: Today we are very privileged to have as our guest Shri Mataji who is going to be available for you if you would like to hear Her speak in greater depth on the 29th, 30th & 31st of August at 7.30 (p.m.) in the communal "Salle Communale" at Chêne-Bougeries [Geneva] which is on the "rue du Vallon" at the end of the Twelve tram line. I'm just looking at our time here because I would like to take you...where did I put my little thing? Here it is. You know we've only got twelve minutes left. I don't want... I would like for You to say what You want to say, but I would very much... I am quite interested in the idea of reincarnation that I believe....did it not start and is it not of the Indian religions, and what You believe and think about that?

Shri Mataji: Reincarnations of human beings has to be there, we can understand it, that if you are born say today as a Jew, or you are born as a Christian, or you are born as a Muslim, you adhere to one aspect of life, but you have not seen the other aspects. I've seen now people, while they are coming to Me....I went to a Muslim country – Iran -now it's all finished but at that time... And I was amazed that I saw these Muslims and they looked like staunch Brahmins of last life, you see. Once they went like a pendulum, they have moved from one extreme to another extreme and that extreme to this extreme. To correct yourself, God Almighty who is compassion and love has to give you a choice. And that's how He gives. Now if you ask for something too much, you get it. And you learn a lesson that, "Oh, that was no good. I should not have asked for it".

Lady interviewer: In the reincarnation idea, I once had an idea that...to take just an obvious example in my own experience in the south, that if a white man hung a black man and they had a race war, that the white man would come back one day as a black man who was hung. And if the black man were nice, he would come back as something else nicer. Now is that cra[zy]... in other words, that people...if you really hate and you really try and harm, that you would come back in another life as the object of the thing that you hated? Do You think that could be possible?

Shri Mataji: Do you know, it is the other way round. What happens, now say as the white man has aggressed a black man, as you said it, he has hanged him, then he will become a spirit, (the black man) and when the white man will take his birth, he will haunt him, he'll possess him. He'll get all kinds of diseases, even he can get cancer from that because all these maladies and all these diseases come from this kind of a thing which is a collective subconscious, the entry from the collective subconscious. So, this is what is the result. Today when people tell Me that their fake gurus from India who are possessing here and who are taking out their money and all that, I said, "It's just they are now a subtle attack", you see?

Lady interviewer: You take no money, do You?

Shri Mataji: Never. Why should I? How can you pay for My love?

[Cut in the audio]

Lady interviewer: ...And yet You live and You exist.

Shri Mataji: Of course, because, after all, you see, you do something to exist always, don't you? I have a husband who is quite well off so I have no problem. But otherwise, also, Christ was a carpenter. He didn't take any money from anyone. Only for bad things people take money, I think. When they mesmerise others or do something just to be parasites. These are all parasitic people.

Lady interviewer: Then how does one recognize a fake prophet or a fake person who is leading to the consciousness of Spirit and God from one who is not?

Shri Mataji: We have to understand it in a little subtler way that, you see, a person who just comes for money and asks for your money, interested in you as a woman or as a man, or as a rich man or a highly placed man, cannot be a real man. That's one thing. Because there is no interest in these phenomena, I don't know whose position is what; I just don't know what somebody is. And secondly is you must see how pure that person is: whatever he says in his private life, does he do it? Has he any credibility about it?

Thirdly, the best way to judge it: what happens to his disciples? Have they got something better than we have? Are they behaving in a better way than we are? Are they more righteous, more moral, more active, more dynamic? We should find out what sort of life they are living. If they just become cabbages, or if they become absolutely recluses, if they become... if they start suffering from all kinds of twitches and things and if they become nervous people, if they get epilepsy and all that, then such a man is a devil. We should come to the right conclusion.

Lady interviewer: So that, "By their fruits, ye shall know them".

Shri Mataji: I beg your pardon.

Lady interviewer: "By their fruits, ye shall know them".

Shri Mataji: Yes, you should. Everything is said in the Bible, very clearly, if you know how to read, that's all. You see, "By their fruits, you shall know them", what is the fruit is. Then, some people claim, somebody said, "He is a Christ". I said, "All right, let him walk on the water", that's all, very simple. Somebody says, "You can fly". All right, let him put on this Tower of Pisa, you see, which is made for such people, and let us see if they fly! You see, why pay money (to) them before seeing if they are flying or not? This is what it is, it is all the work on your ego, you see. They pamper your ego by saying that you can pay for them, you think you can buy - especially Americans. I must say Americans have this speciality, they think they can buy everything, they can buy London Bridge, they can buy everything... They cannot buy their Spirit. That's one thing one must know, we cannot buy God, we cannot organise God, we have to be!

This is one point. Secondly is that about a true person, it is so that he looks after you. He cares for you. He loves you. The true person loves you. There's a forgiveness, a kindness. It cannot be a person sitting on the seventh floor and talking big, you see. But people are so much enamoured by artificial things that I don't know how to convince them that they must know what is the real and what is not the real.

Lady interviewer: How would You speak to people who feel that they are bound by poverty? There are people in wealthy countries whose poverty line incomes would seem like enormous riches to people in other countries, how do You speak to people who feel they are bound by poverty?

Shri Mataji: Those who are very poor are just the same as very rich. You see, the very poor have the same problems that the very rich have, you see. As the rich have lost all their virtues - very rich - the poor have also lost all of their virtues. The thing is one is on an ego trip, and the other is on a superego trip.

[Cut in the audio]

The central path has to be taken; the central people first get their Realisation, those who are not very rich and those who are not very poor. Those who are very successful are very ego-oriented, those who are very highly placed also are very ego-oriented. Those who are very poor are superego, I mean, they think, "We are so miserable, we are no good, nothing".

So, the people who have to work this evolution now in a masse scale are the people who are in the centre, neither very rich nor very poor. But then, once these people get to it, then the poverty can be cured very easily. Mostly the people like in India, you would say that people are poor - of course, in a way sometimes, poverty is a blessing, I would say that. You see, there is love for children, there is love for family, there is togetherness. But too much poverty comes to a country when it is more under the influence of the dead spirits, like in India. We have now Bengal for example. Bengal is a place where they have used a lot of these dead powers and these witchcrafts and this and that. And that's why the poverty is there.

So, if you have used these witchcrafts and all these things, like Bihar is another place, U.P.... where there's lots of these Tantrikas, and these horrible witchcraft people which have brought in this superego style. It comes from the collective subconscious. And the people who are collectively supraconscious, the worst of that was Hitler. Hitler was...

[Cut in the audio]

Lady interviewer: ...in line with the Christian teaching of "Think ye first on Me, on the Spirit and all other things shall be added unto you," then?

Shri Mataji: Hundred per cent. You get even your material benefit. All the Sahaja Yogis who have come to Sahaja Yoga have been materially benefitted. One and all; it's hard to find a Sahaja Yogi who is not materially benefitted. Family-wise, mentally, emotionally, financially, in every way, everybody has been benefitted. And if you see them in a group, you'll be amazed the kind of a glow they have on their faces. All their problems solved as far as the skin is concerned, the health is concerned, all problems solved!

Lady interviewer: By opening to the Spirit.

Shri Mataji: Yes, because the blessings of the God - we call it as Ritambhara Pragnya- is the quality of God by which the Mother Earth creates the seasons. The seasons start expressing themselves in your life. You get so fulfilled.

Lady interviewer: Why do you feel that there is such a cynicism rampant about any forms of religion or talk of states of consciousness unless it comes from feminism, or raising the states of consciousness; there, that's all right. But if you talk about this in religion, it sets up an enormous cry of alarm. Why do you feel that is?

[END of AUDIO]

1983-0824, Radio Interview

View [online](#).

24 August 1983

Interview

Geneva (Switzerland)

Talk Language: English | Transcript (English) – Draft

Shri Mataji: [? but] important that we still linger on with other trips, like [? ego trips]). So if somebody talks big we believe him. These people are money-oriented and they have lots of money and they can put in advertisements and we get impressed by [unclear]. Recently, to My surprise, I discovered that in England they have something called “chequebook journalism”.

Sahaja Yogi (to Swiss translator): It means that the journalist – I don’t know if it’s true – that there is payment made to journalists for reporting according to what they personally want.

Shri Mataji: That’s the phrase they use, chequebook journalism.

Swiss translator (to Shri Mataji): He (a man speaking French) asks – in Geneva it is the first time that he saw such a publicity for a personality like You. All the advertisements, papers in the [letterbox] and very big posters all over the place, and he said: “This cost lots of money.”

Shri Mataji: No, it did not. What happened [was] that we did not pay to anyone. Luckily, the authorities allowed us to quickly [unclear]. But we didn’t give anybody under the table any money.

Sahaja Yogi: Printing costs [unclear].

Shri Mataji: Also there are so many Sahaja Yogis all over the world, for example these people from Australia were sending some posters for America.

But I will tell you about how the gurus work. You see what they do, they [? get to] some journalist, give them a large amount of money, to the newspaper they pay a very large amount of money which we cannot afford to [unclear]. As if they are sold out. You see, as if they are sold out. The amount is so much, as if they are sold out. This Mahesh Yogi – Mahesh Yogi has got six thousand [unclear] of rupees only in India, six thousand [unclear] of rupees.

Sahaja Yogi: Sixty billion.

Shri Mataji: Sixty billion. Of money in India, only Indian money, and here he has much more.

Swiss translator: He (man speaking French) asks, why this – all this publicity? Is it to – to get a great amount of people, and for which truth, is it for a truth? Is it to attract them to give them a truth?

Shri Mataji: You see, now the thing is the consciousness has to rise to a new level of collective consciousness, [it] is the birth of a new evolutionary process. And these are special times called Blossom Time. And we here were also created for this purpose, to spread this message. So [the] maximum number of people get their rightful evolution. Rightful, rightful.

Swiss translator: He (man speaking French) asks, what will happen to these people who are coming to the confluences [? conferences] now? Will they get something, and what will happen afterwards? Will they come here for meditation or will they feel the inscription [unclear] so that they belong to something or something like that?

Sahaja Yogi: Do they register?

Swiss translator: Do they register for some organisation?

Shri Mataji: We don't have any registration, no organisation, we don't have any list of such people.

Swiss translator: I think it's important, Shri Mataji, that you –

Shri Mataji: I'll explain to him in a different way and then he'll understand. I'll tell him, you see, that what so far has been, the masculine development of consciousness has been there all outward. Extroverted. Like a tree grows outside. And now if you notice there is a big feminine movement, in the wrong direction but there is a feminine movement. Because they are just rebelling, they are becoming like men only, they are just rebelling. But the masculine and feminine poles are two different axis they have. They understood [? in the] real perspective is to understand today's problem. So the rebellion is like a pendulum, it moves from one to the other. But the movement of consciousness is in awareness, or we can call it in – [the] evolutionary process is spiral, it moves at a higher level, always going higher and higher.

Now the time has come for the nourishment of the womb, nourishment by the womb, nourishment by the Mother Earth. So the consciousness has to now move towards the nourishment. So those who are coming to us now in Sahaja Yoga actually get their nourishment through the power of the Kundalini, which represents the womb. It represents the Mother Earth within us, the Mother Earth within us. So the whole preparation is made already – masculine – and now the nourishment is needed. And that is the job of Sahaja Yoga today, in the modern times. So when the Kundalini raises, She nourishes your subtle centres, which are the source of all energies. And She also gets connected to the spirit, which is just a witness.

I will give him (the man speaking French) two analogies which will explain, but analogies should not be taken too far. Like you have very high-power wires on top of moving, you see. They are absolutely harmless, there is nothing in them, they are [? potential]. Unless and until they are earthed.

Sahaja Yogi (to Swiss translator): Think of electrical movements.

Shri Mataji: Very high-power wires.

Sahaja Yogi: High voltage electrical currents which do not potentiate until they are earthed.

Shri Mataji: They are earthed, you see. They have to be connected. So they are zero. And like we can say a zero. Zero has no power until it is put with some number. In the same way our spirit is just a witness, it has no power until it is connected through the Kundalini. That is how the spirit starts manifesting and first time we start feeling this all-pervading power. This power exists because this is the power that transforms so many things, nourishes, but we have never felt it before. [unclear] power we can call it. So you start feeling this subtle power, first time. And with little knowledge you can manoeuvre it, you know how to handle it. That's how it works out. That's how your physical being gets cured, your mental being gets cured, your spiritual being gets completely blissful and peaceful.

Swiss translator: He (man speaking French) wants to know how we learn all that.

Shri Mataji: You don't have to learn it, it is all within you. Only thing, it is to be ignited like a candle can be enlightened by another lighted candle. It is very simple. You are already ready. Supposing I have an enlightened light, I can enlighten you. Once you are enlightened you can enlighten others.

Swiss translator: And he asks, all the people in the world have this light in themselves that one can light? There is no exception?

Shri Mataji: Yes. Exception, if [? they/there] are human beings. But if they are very [unclear]. The possibility is in everyone. But some people require more effort, more working out because of certain problems on the physical side, emotional side.

Sahaja Yogi (to Swiss translator): But he says that everyone has this light within them, but the point that must be made is that somebody has to enlighten that light.

Shri Mataji: Enlighten the light. The potential is there, yet not enlightened.

Swiss translator: [Are] there some writings about You? He wrote that there is a book about you.

Shri Mataji: Yes there is. But we don't give this big book to someone who has not yet got realisation. But we have a small book, which is before realisation. Because it shocks people sometimes to know the truth. For example if you say that Mohammed Sahib was the same as Nanak Sahib. Guru Nanak and Mohammed the same. Muslims [unclear] they are the owners of Mohammed Sahib. They will [be] very angry and shocked. But this can be proved, whatever we say can be proved after realisation.

Swiss translator: Shri Mataji, he (man speaking French) asks – he excuses himself for [his] ignorance and he says, may also the Catholic and the other people come in this unique way? Is there a complementarity, a total complementarity?

Shri Mataji: Yes, absolutely. You see, Jews who never believed in Christ now worship him because they know He is the Son of God because we can prove it. The movement of Kundalini. The Catholics find a new meaning, a deeper meaning which is reality. Actually this is baptism because you get the cool breeze out of your head here, [unclear]. So this is the cool breeze of the Holy Ghost.

Swiss translator: He would ask, how do you live? Do you live like everybody, as an average person?

Shri Mataji: I really don't know how – I don't need any comfort or anything, I can sleep anywhere, though by chance I am born in a very rich family, my husband is quite wealthy. And you can say my house is really – people say is very [unclear] or whatever it is. But to me it makes no difference if you make me sleep even on the grass, I can sleep well. To my body I don't understand comfort.

Swiss translator: He asks whether your life, not only the comfort but also, is it only a life of meditation? I think he asked two questions. First is your life only meditation or is it also very – in the society? And also about us, is it a life where we are engaged in the society or if we are only meditating?

Shri Mataji: Exclusively. It is a wrong idea we have about meditation. Actually I am in meditation all the time, in the sense I am one with my spirit. But I am very dynamic, a very dynamic person and I'm a very good housewife, and have another very busy life because my husband is a very responsible man and I have to attend to parties and dinners and receptions, everything. But I am never tired about it. I have two daughters, three grandchildren. So all of them are also my children here, their lives are also dynamic. You don't have to give up anything, you become something.

Sahaja Yogi: Actually I'm in meditation all the time.

Shri Mataji: It's too much I have said, [unclear]. But he is following me you see, he is following me [unclear]. He is following me.

Sahaja Yogi (understanding what the man speaking French was going to ask): Do we eat normally? We eat absolutely normal food, no extremes, no vegetarianism.

Swiss translator: But he asks whether we drink alcohol.

Shri Mataji: No, that we give up automatically because it goes against your awareness. Automatically, we don't force. Smoking and all that, automatically. We don't force anyone. Because it is against awareness. Whatever you see is good for your health, for example supposing some people come to Me who have liver trouble, then they have to have a little diet. Before they are settled down with their liver, sometimes. You have to be a – you become a wise, sensible, discreet personality. And you understand that you are now a light and you have to give the light, so the lamp has to be kept alright. And the light has to be given, nothing to be taken, and there is no ego about it because you are light.

Swiss translator: He asks whether we feel missionary.

Shri Mataji: Oh. Missionary is a very artificial word. They have no mission at all. Because they brand people as Christians, this that, and just organise them in clubs. See, you have to be born again, Christ has said. There is an actualisation, [it] is a living process. Mission of Love, I should say, [unclear] because we can't (? have/help) love in people.

Swiss translator (translating man speaking French): Are you optimistic about the future of mankind and humanity?

Shri Mataji: [unclear] see the Creator is not going to allow this creation to be destroyed. And He is so gracious that you can't believe it. He is using all His [? Vidya] to communicate through the unconscious.

Swiss translator: Because, as he (man speaking French) said at the beginning of this conversation, there are still many people who are only looking for money and power, are still in this world.

Shri Mataji: Maybe but these people are [of the] fashionable type. You see, if Sahaja Yoga becomes sort of a fashion then they will come to Sahaja Yoga ultimately because of their nature. If many people are there then they will just follow it, I hope so. And if they are honest then they will face it and they won't be able to deny it. And because the life of other people who are Sahaja Yogis improves also materially. For example a Sahaja Yogini doesn't have to go to a beauty parlour, she gets a good skin automatically. They don't have to go to a psychologist, to a doctor. They don't have to waste running after holidays because they enjoy themselves all the time. But actually materially they are helped. Materially.

Swiss translator (translating man speaking French): It is a beautiful confusion.

Shri Mataji: It is.

Swiss translator: He will come to the conference.

Shri Mataji: That's good. He looks a seeker. [unclear]

Swiss translator: He asks whether the people who are usually coming to the conference are from all the levels, all the castes and so on or is it [a] special category of people, intellectual or [unclear]?

Shri Mataji: Now this is Geneva, is here. And from Geneva to now we have a little – Christopher what is this age, one year?

Sahaja Yogi: Four.

Shri Mataji: Four months. We have a diplomat and we have a doctor and we have [an] architect. We have servants, we have every kind, domestic – everything.

Swiss translator: He asks whether there are many people in the world who are adepts of – and that you are coming for the fifth time now?

Shri Mataji: To Geneva? The Swiss are the best people I think.

Sahaja Yogi (to Swiss translator): He is asking "There are many around the world?" We have this facility of being realised and being [unclear]. Adepts. He uses the word adepts. Are they able to do this, giving realisation to others, are there lots of people?

Shri Mataji: Oh, there are lots of Sahaja Yogis. Yes, yes, lots of them. Yes, lots of them, lots of them. Say we – say, in Switzerland how many [do] we have now, about sixty?

Swiss translator: A little bit more, a little bit [unclear].

Shri Mataji: About seventy we have now in Switzerland. In Australia we might be having –

Sahaja Yogi: Two or three hundred.

Shri Mataji: Three hundred. In England we have about a thousand. In Austria we have about seventy-five. Or about eighty. In France – oh, France is quite a lot. About three hundred.

(Swiss translator explains something to man speaking French.)

Shri Mataji: [unclear] You tell him that as basically this is the question of taking nourishment, you see. So the hands, these all have got a [unclear]. And through our hands we can receive the nourishment because these represent the different subtle centres, you see. So we can suck in the nourishment through our hands. And Mohammed Sahib has said that "At the time of Resurrection your hands will speak."

You start feeling a little bit the cool breeze of the Holy Ghost in your hands. And then it starts emitting through you. From me at least you see, because I am slightly more – more of it, you get it from me. And then if you go to others you pass on, it just goes into theirs. And as you start improving on it then you become really an absolute master, you become your own guru. You become a master. When you drop out all your habits, everything, you become just a master, not slave of anything whatsoever.

Swiss translator: He (man speaking French) asks whether the media, according to the articles he read, was very positive about you.

Shri Mataji: Yes.

Swiss translator: But is there all over the world – the radio and the television and newspapers are always positive or?

Shri Mataji: Not necessarily. It's luck. Because when I went to Australia you see, there was a lady who was down with some very serious brain haemorrhage, in a coma you see. And doctors feared about her, they said she is going to die. And she was a friend of a journal. And they put My photograph under her pillow and she came to normal sense. And that she [unclear].

Now in India, [? even] the president of India has cancer. So naturally, you see, these things have reactions. By chance. Just by chance. So, you see if such things work out then it does help but it is rather difficult to get into the media.

1983-0825, God's Love Part 1

View [online](#).

25 August 1983

God's Love Part 1

Public Program

Lausanne (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Public Program Day 1 25.8.1983

Shri Mataji: You want to speak through... It's rather hot.

Sahaja Yogini: Should I come to the other side?

Shri Mataji: I think so. Better be here.

[Yogini translates into Italian or French]

I bow to all the seekers of Truth. I have to ask for your attention, to the understanding that so far whatever we have been doing, whatever we have achieved, whatever we think is the development, thinking the whole world as one, we have gone away, deviated from our goal. Now when I have chance of meeting people, I find they even are against God Almighty. Some people who are not so much blessed in life think that it is the fault of God, and some people, who are really blessed, have forgotten Him completely.

Today, I am going to talk to you about His Love, what He has done for us. Sahaja Yoga is the blessing of God Almighty, specially meant for people who are seeking something higher, something nobler, something greater than they have had so far. This opportunity is available to everyone, whether you are rich or poor, educated, uneducated, developed, underdeveloped. Everyone has the chance. He has made it possible that people who are really seeking, because you have to knock at the door, will be blessed with something so great that it will fulfil all that is incomplete within them. So, all that is incomplete will be fulfilled. That all the problems of this relative world will be finished, as you will become your absolute Self. All the confusion between the ego and your conditioning will be resolved. For this you cannot pay. Because one must understand that God is a living force of love. In that force He creates this beautiful garden for us. He transforms flowers into fruits. He gives all that is living to us, all that is living to us. So whatever is living you cannot do it by effort.

For a Western mind, it is very difficult to accept that you get the blessings of God, of your Self-knowledge without doing anything about it. Because this is your right to get it. The whole creation is for this, that you get this, because you deserve it, that you are ready for it, that you are mature for it. You don't have to do anything more for it. Some people who believe that if you just lead a very good life, then is done for you, is not correct. Because a person may ask, 'Why a good life also?'

Translator: Why a good life?

Shri Mataji: Why a good life? Why to lead a good life, a religious life, a very settled life? Why? What's the use? Why should I do it? Or it is another conditioning, that you say that you have to lead a good married life, have children, live very happily but is conditioning. They can challenge it. What is the use? Why should I do it? Because you have to ascend. If that good life also makes you absolutely conditioned and solidified, then it is useless. Then you are not doing what you are supposed to achieve. You have to ascend in your consciousness.

So today, I am telling you about the blessings of God out of His Love that He has made it possible that everyone who's seeking a

higher life can get it. Now so far people say, 'We've done so much and why didn't we get it? How it has become so much easier now?'

So, I have to explain to you historically, if you move, first it was the work of a man as a 'masculine personality' where he has to build up his sciences, all his extravert activities. Like a tree grows outwards. And then now is the time for the 'feminine consciousness' to rise within you, to nourish you like a mother's womb does. You find so many 'feminine consciousness' coming up, but they have little bit deviated again. They are just behaving the same way as men have behaved and it will not complete the picture. That will not achieve the result that we are working it out, the way it has to be worked out, because a new type of nourishment has to come. As the overgrown tree has to go to its nourishment, to its source, you have to go to your source.

But we live with opposites. Like, if a man is dominating, the woman dominates like a man. She competes with him. If the people become very religious, they will make them again religious, rigid absolutely – again, as you call them Victorian societies. The movement is pendulum-like, we move from one to another side. It doesn't solve the problem. The problem will only be solved, if the movement of consciousness is spiral, where you move higher. And that is only possible when all, whatever we have done, is again nourished fully, like the womb of the mother. And the nourishing nature of motherhood or nature of the womb doesn't dominate anyone; doesn't dominate the foetus. Because it nourishes that and it makes it grow. It has to look after the growth of it and not the static part of it. And unless and until this growth is felt, you should not believe that you are on right path.

Now when you are judging any movement in your consciousness, you must understand that there are many unknown parts in our body of which we are not conscious. Like, if you move too much on the left-hand side, you enter into an area which is called as Collective Subconscious. Now the left side is the emotional side, and if you go too much onto that, then you enter into that area which can be very dangerous. Most of the incurable diseases like cancer are caused by this movement on the physical side. The diseases, mental diseases like schizophrenia, or epilepsy, all these are caused also by the same movement.

The fake people, the fake people who want to make money out of you, can mesmerise you in such a way that you can go into that area where you are just like a cabbage. And they can manoeuvre you. You just become bound by all the conditionings, for they'll put everything as a mystery before you, and 'secrets'. Everything will be done in privacy. Very few things will be explained. You have to do everything blindly, with blind faith.

The other side is the right side when you move into collective supra-conscious in which you get possessed by your ego. You start seeing lights and you start seeing all sorts of visions, but you are not there, because you can see it. You are away from that, from what you see. You are not experiencing but just seeing it. This is another dangerous zone into which you enter, and you get lost because you don't know what it is.

Now the third dimension in which you have to really rise is your Self, is your Spirit and which is the knowledge, complete knowledge. There's no blindness about it. Once the Spirit comes into your attention, everything is so logical. You don't have to believe that Christ was the Son of God, but it is a fact which you see for yourself and is proved through the movement of the energies.

You don't have to just believe you are a twice-born person. But you develop powers of a person who is twice-born of collective consciousness. When these powers are developed, you know what you are actually doing. There are many people I know who say 'We cure people' and they say that, 'We don't know how we do it.' Some of them are the people who are really possessed of spirits, dead spirits. And such people if they cure you, they are shifting from one to another spirit. And those people who get treated by such, such, er, we should say 'doctors', can suffer from terrible nervous trouble and have suffered; I've seen so many. So all such systems which are opposites, which work in the opposite directions, can create a gap between a personality. There cannot be integration.

So to achieve the result of you being the power, you being the person who manoeuvres the power, who is the master of your power, you have to become your Self. Now to become the Self is not some artificial baptism. Is a true baptism. It is true Christianity. For example, when the force that gives you this Realisation is awakened, you can see the actual pulsation in the triangular bone. You can actually see it rising. You can see it pulsating on your head. And you can feel the cool breeze of the Holy

Ghost coming out of your head. That is the true living process of baptism.

When Christ said you are to be born again, it is not some mental projection, that you certify yourself, 'I'm born again,' or 'I'm born-again in Spirit,' and you, you do not feel the Holy Ghost. Some people who take to such ideas may try to lead a life which is very honourable, noble, but that is just a mental projection. The religion is not born within you, is not awakened within you, is not enlightened within you.

It has to be in your conscious mind, means on your central nervous [system]. You must feel the religion. It has to flow from your hands, the energy of yourself, of your Spirit, after your second birth. Mohammed Sahib has said, 'At the time of resurrection your hands will speak.'

The other day I went for a radio interview and the lady felt it and she was amazed. She said, 'What's happening? How am I feeling this and what is it I am feeling?' And when she felt this, she, she was so amazed, because she had never felt this before.

Now, this is the love of God. This is the All-pervading Power of God. This is the One that does all the great living works of this universe. But you have to feel it. If you don't feel it, that means something is still wrong in the central nervous system, because it can be felt by thousands. So one has to correct that, and once it is corrected you feel your Spirit flowing through your being.

Now for the first time also that now you can give back to nature, to the Mother Earth, which is the womb of this universe. We have taken it for granted because the Mother Earth, we are exhausting Her morning till evening. And we do not know what harm we are doing to Her and to ourselves. But when you feel this cool breeze in your hand, and then you go, say, near a tree, the tree sucks that. If it is a sick tree, it becomes perfectly all right. If it is not giving any fruits, it starts giving fruits. If you give this energy to some human being, you don't get any troubles. But that person gets his Self-realisation, you know how he gets it. You know where the Kundalini is obstructed, where the force is obstructed. You know how to cure it. And you give him his Self-realisation by which he receives his complete peace and tranquillity.

Not only that, but if he has any physical trouble, he gets over that. If he has any mental trouble, he gets over that. So, first time you become generous and start giving [to] others. First time, you become empowered to really help others, where no money is needed, and no effort is needed, no organisation needed. It just flows, it emits, and the joy of giving is the highest. Because now you have become the light. And as Christ has said it, the light is not put under the table. You are not just satisfied by living a good selfish life with your wife and children, but you start giving. You become a real noble person, because that becomes your nature, very nature. You become righteous by nature.

[About someone in the audience] Just find out who he is. He's taken my photograph, who is he? Just see. Who's is he? He should have taken your permission. Because they can be very funny, you see, they sell out and things like this.

I am sorry for this, but sometimes people have misused the photographs. They have sold them, made money and all that. So we are rather careful, I hope you don't mind. You cannot sell My photograph. You can, at the most, pay for the printing; that's all. But you cannot make profit on that.

So now this is the time, a special time and a great time when such a great happening has to take place, and that time if you miss it, you have not been wise. This is the time where you will be comforted, you will be redeemed and you'll be consoled. You will know all about it and... Please pay attention this side. This gentleman who is he?...His attention is very disturbed. Please pay attention. You will be blessed. This is the time and you should not miss the blessings. I should say, I'm just like a banker. I am the bank of Graciousness. I am the bank of Love of God. I'm just here to cash your cheques. You better cash it. Better get blessed by your own power of your Spirit.

Thank you very much.

Now if you have any sensible questions, please ask Me. If you belong to some cult or something, you can go back to it and follow

it, all your life; I have nothing to say. If you are identified with anybody else you can go ahead; I have nothing to say. Those who think that they have to get something in life should be here.

Question: This gentleman says that You said there was going to be a great Advent. What is this Advent?

Shri Mataji: It's rather embarrassing. I think this answer we can do later on. But there is one great Advent who is going to come after this which is just going to sort out everything. There won't be any chance left. There won't be any more realisations. There won't be any comforting relationships. No meetings, no conferences, just the sorting out as described in the Bible.

Question: Is there any means to go against this sorting out that is going to take place?

Shri Mataji: What is it, the meaning?

Translator: Is there any means, any way to go out, to avoid this sorting out?

Shri Mataji: Yes, you better get your realisation. You better know yourself 'Know thyself'

Question: [French]

Shri Mataji: That's it, I'm saying.

Question: [French]

Shri Mataji: Just use small sentences; it's easy to translate to me.

Translator: He is saying that somebody who is identified with any political system or somebody who is not quite all right has to prepare himself mentally and read the Bible because he doesn't believe that anybody can get it just like that.

Shri Mataji: You may not believe but it is true. You better see it if you get it. If somebody has any political affiliations and identifications, even an identification that by reading Bible, you won't know, you don't know what Bible says. Bible has said you better get yourself realised. You better be born again. You have to be born again in a living way, again I say, don't make mistakes there. This is a very big mistake we have done. You cannot organise Bible.

Christ has never said, 'Read Bible,' has He? Never! He said you are to be born again, which is a living process. There are many things we don't understand of Bible. You can't explain what is Holy Ghost is. But we can explain and show you. We don't know where Christ is within us, how to awaken Him. We don't have any communication with Christ. We just believe we have communication. Can you believe it that if you had any communication with Christ, what the Christians nations are doing today? Can you believe?

Christ has said, 'Thou shall not have adulterous eyes.' Do you find any Christians without adulterous eyes, and the Christian women walking naked on the streets to distract your eyes? Where has Christianity gone today? It has failed Christ, completely failed Him. And if you see in England, churches are sold out today for the pubs. It is now time for people to open their eyes to see where have they gone wrong, what is the mistake.

They forget the history, how Bible was mutilated. Have you read the books of Essenes which are authentic books written long time back? Augustine is the one who changed so many modes of Christianity, turned them away from reality that, 'You are to be born again,' is the point. Christ has clearly said, 'You will be calling Me "Christ, Christ". I won't recognise you.' But once you get your realisation, you become a real Christian. You become a righteous person. You become a moral person. You become a generous person. You get the power of healing, that Christ had.

How many people have improved by reading Bible; I would like to know how much they have helped others? Christ is not a missionary. Is he? Like he'll go and treat the patients and things, He's not that. How did He cure people? A lady touched His cloth and the energy flew through into him.

That's what should happen. Now this kind of a thing that we are thinking is a social work that we are doing, is God's work. God's work is not so mundane. It is not so shallow, so low-level. It has to be fantastic. It has to be beautiful. Every moment you must feel the proof of His love.

We have failed Him and we are failing badly. I Myself took My birth in a Protestant family, Christian family. And now I have Jews and I have got Hindus and Muslims who believe in Christ, not because they are told but they know that He is the Son of living God. And that is what one has to achieve. But it's a mental projection - we think if we carry the Bible Christ will take us in the Heaven. He will not. The Bible is not for reading but for following.

Translator: For what?

Shri Mataji: For following, for integrating within us. That is one thing we have lost. Now to understand how Christ was a universal personality, He Himself has said that, 'Those are not against Me are with Me.' So those who are not against Me who are these people?

People ask Me, 'Why did I take birth in a Christian religion?' I told them they are the latest, the greatest sophisticated fanatics. Their minds are closed. Now you go to Riad, in a Muslim country, they cannot beat you in fanaticism, I can tell you, because they are not so sophisticated. They are crude. They are gross. So we can call Khomeini as a fanatic. And not the Indian or anybody else who is a fanatic can beat the Western fanatics. They have made a theology out of it, a big mental building up. They have closed their minds completely even to see that that He has said a Comforter, the Holy Ghost. Do they know who is the Holy Ghost? Do they know that Holy Ghost is the Mother? Is the Primordial Mother? They don't want to accept the Mother. They say that God Almighty had a Son without a Mother. Can you believe such an absurd situation? They denied Mother out and out. Catholics did have a little bit feeling for that, but that too very limited. And the Protestant church finished it, though Martin Luther was a realised soul. I asked My father, 'Why did he do it?' And he said that at that time the Muslims were rising very high and he did not want to talk about a woman because they would not accept Christianity. But that it is temporarily.

But today there is no place in Christianity for a spiritual woman. Can you see that? No place for the Mother Earth, because She is the One who nourishes us like the Mother. Is that the way to treat the Mother of Christ? She is the Holy Ghost. We can prove it. And the force that is within you which gives you realisation is the reflection of the same Holy Ghost. For that you have to open your eyes and go to other religions and find out. In the old Vedas and all that, they are described already. Christ is already described fourteen thousand years back in India. Not only how He came to this earth, but what He was, how He was made, why He came, what was His purpose. But Christians don't want to open their eyes. Even there are so many Muslims who are today Sahaja Yogis. And also Christians who are fed up with Christianity. You have to see that all of them are truth expressions.

Now we have to prove their existence today. I am here to prove their existence. I am here to prove every word of the Bible. Tomorrow your children will deny Bible. It's a very small place, Lausanne is. But if you go outside in the world, you will find people have absolutely denied the Bible. You will have to re-establish it by evolving it to its reality. Manifesting its real power, through you, who get realisation. It is not a new religion. It is the essence of all the religions that you have to understand, and you have to achieve.

Now should we have realisation? It's very simple. It is like one enlightened light can enlighten another light. Once you are enlightened, you can enlighten another light. We have with us someone from Australia, who has given realisation to three thousand people. He was a diplomat and a doctor. We have another barrister here sitting from Algeria, who has given realisation to so many people. We have another one, an Indian from India who has given realisation to ten thousand people. And even in Geneva and in Lausanne we have people, who can do it, who are adept. You also can become that. You can also have that power

and you can also do God's work now for a change.

All right, now just you have to just put your hands towards Me like this. But you better take off your shoes; will help you, because the Mother Earth helps us a lot. Those people who don't want it should go away, should not disturb the whole people, should go away. Please keep your hands like this, towards Me. It cannot be forced upon you; it cannot be forced. It has to be done in your own freedom. You have to ask for it. Otherwise it doesn't work out. If you do not have any respect for it, it is better that you leave the place. Please put both your hands like this towards Me, and close your eyes. You have to keep your eyes shut. That is important. There is no mesmerism. Keep your eyes shut. Just put your hands towards Me, without putting any pressures on them, because the end of your fingers have got the sympathetic centres and they receive the message. Please close your eyes.

Now put your right hand on your heart and say in your heart that, 'I am the Spirit.' You can say, 'Mother, I am the Spirit,' because if you can say 'Shri Mataji' that's My name, you can say that, or you can say just 'Mother'. 'I am the Spirit'. Just assuming that you are the Spirit. Say it thrice.

Now put the right hand on your stomach, on the left hand side. Here is your Master Principle, your Guru Principle. So you have to say, 'Mother, I am my own guru.' Say it ten times because there are Ten Commandments. You don't need anybody's commandments; you become your own master. You become a perfect master. Just say, 'Mother, I am my own master.'

Now you just put the same hand on the heart again with the right hand, with the left hand towards Me, and say twelve times because there are twelve petals of the heart that, "Mother, I am the Spirit." Loudly, again, twelve times. Loudly.

Now if you are the Spirit you cannot commit guilt. You cannot be guilty. Guilt is an escape from reality. So you have to put the right hand on the left hand side of the neck, on the shoulder and say, 'Mother, I am not guilty at all.' This you have to say sixteen times. Please say it; all of you have got this problem. Not to feel guilty. 'Mother, I'm not guilty'. You are actually enriching your centres. Don't feel guilty; not to feel guilty.

Now you have to put this hand on your forehead across, right hand. Here lies the centre of Christ. This is the window of Christ centre, we should say. But He resides in the optic chiasma, on a very subtle centre which people call as the 'Third Eye'. So we have to say that, 'I forgive everyone. I forgive myself.' Say it from your heart. If you do not forgive anyone, then you are harming yourself, not the person whom you don't forgive. This is the greatest weapon Christ has given us that to say, 'I forgive everyone.' Have concern for yourself now. And with that concern you have to say, 'I forgive everyone,' because you don't want to harm yourself.

After this, I cannot cross your freedom. You have to ask for your realisation. Otherwise I cannot force. I respect your freedom. So you have to put your hand on the fontanel bone area where you get your baptism, on your head, on top of your head. Touch it with your palm and ask, 'Mother, please give me my realisation. Please manifest my realisation.' You have to ask for it. 'May I have my realisation?' Try to rub it. Put your hand on directly and move it in a clockwise manner. Say this seven times that, 'Please let me have my self-knowledge, my second birth,' seven times.

Now see for yourself. Raise your hand and see if there is a cool breeze or a hot breeze coming in. Sometimes the heat comes out, which is released from the body. Now you put your right hand towards Me and see with the left hand. See if there is any cool breeze coming in. If not, again ask, 'Mother, please give me my realisation,' In all humility you have to ask God. He is not going to fall at your feet. Hot still. Change the hand again and see for yourself. Are you feeling the cool breeze? Those who are feeling the cool breeze raise your hands. Raise your both the hands. Those who have come for the first time and are feeling the cool breeze, please raise your hands. Now, good; it will work out. Now we have to say that if it has not worked, doesn't mean that you cannot get it. There must be some time and we have to look after the different deficiencies in the centres. That does not mean that you are a sinner or anything wrong with you. It can be worked out.

Now we have some people here, who are adept, who can give you realisation, and I would like them to work on you. They won't touch you, but they can work it out with their hands, and you'll feel very much better with that.

Ha, can I ask some Sahaja Yogis.... Now raise the hands, the people who have come for the first time today. Now can Sahaja Yogis attend to them, please?

This audio ends here.

Yeah. This is after their Kundalini [has/is] risen.

See how many are there, whoever they are. You shouldn't talk. Just keep quiet. You see, you get the [realisation]. It's a very essential thing to be done. If you are real seekers, you'll get it. Open the doors, [unclear]. It's very hot. I feel very hot. Today is very hot, I must say. Raise your hands. Go on; lift it, absolutely. And [unclear]. It is too much. It is too much, [liver is physically exhausted/very] [unclear]. You got it? He's got it.

Sahaja Yogini: He's got it.

Shri Mataji: Oh great. Now come. [unclear] These are good seekers [that we have/anyhow]. Please put both your legs straight down. Phil, what about the other lady? Put her left to the right. She has to clear out. He has got the cool breeze in the hands also?

Sahaja Yogini: Yes, Mother.

Shri Mataji: Good. So ask him to get it. Somebody should look after some lady here. Yes, also call somebody else should come here. What's that? It's a record. Is that [unsure] sitting there? Somebody should look after this lady here.

Yogini: She is the wife of this gentleman.

Shri Mataji: Ah, she has no [purpose for [unsure]/ to this one], the one who is sitting [there/here]. No, no, no, this she won't have. She won't get her realization.

Yogini: She thinks she's got it. So that's all right...

Translator: She says she has got it already.

Shri Mataji: Did she feel the cool breeze?

Translator: No, no, Mother, no. She already had it before she came here.

Yogini: She thinks she's got it.

Shri Mataji: Okay. Then what are doing about it?

Translator: She gives it around her.

Shri Mataji: Then what do you do? You must learn all about it. If God has given it, you must know all about it. You must know what it is.

Translator: She knows what it is. She says, You are not the only one who know.

Shri Mataji: No, of course, I am not the only one, but the other one that you are, I would like to know what you mean.

Translator: She doesn't understand anything. She just says it's a spiritual power.

Shri Mataji: Spirits.

Translator: She pretends it is 'the Spirit'. She says there should be no confusion, between the spirits and the Holy Ghost.

Shri Mataji: Most of you know. She's [got it?/correct]. There is no[t], is no confusion. That's it. She's got it. Let us see how she gives to others.

Hello, how are you?

You must have a case out like that, you see. Now, thank you.

All right? Close your eyes. Did she get vibrations? Is she feeling?

Translator: Very little.

Shri Mataji: Her vibrations are hot, all catching on the Sahasrara. They're like stones. We changed it [unclear]. Sir, what is your....You got it?

Translator: Yes, both of them.

Shri Mataji: Are you feeling it in the hands?

Translator: More on the head, more on the head.

Shri Mataji: Now you put your right hand towards Me like you had left hand...

[Aside: You get ready].

Translator: Yes, she is speaking to the other lady but she is from the [unclear]... Can you imagine?

Translator: The thin one with the fair hair. Yeah, she is Japanese.

Shri Mataji: [Unsure]. She's trying to impress.... She's a Sahaja yogi, na?

Translator: French.

Shri Mataji: She's all right; she's got it. In the right hand? Are you feeling a little in the right hand? All right, now put your left hand towards Me, and your right hand like that. This gentleman, has he got it on the hands? He got it on the left. Put his left hand on the stomach, and right hand towards Me. Again, I see something from Christianity.

Translator: I, I saw Mathias and Arneau [Gounod] catching him on the other [unclear].

1983-0826, God's Love Part 2

View [online](#).

26 August 1983

God's Love Part 2

Public Program

Lausanne (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED God's Love Part 2, Lausanne, Switzerland, 1983-08-26

Shri Mataji: Yesterday we started talking about God's Love. How He has worked within us. We see all this great universe created; beautiful, around us. Out of that, the special thing that He created is this Mother Earth. She nourishes us and She has given us the power to be a human being.

In result, what have we done to God? What have we given Him in return? Even to our Mother Earth, what have we given? We have exhausted Her completely. She is fed up with human beings. Now, if you see any modern world, you will find people are so confused. I went to South America and people asked Me a question, "What has Christ done for us? We become so poor after following Him for so many years ardently. Now is He going to crucify us?"

Perhaps we are not aware, sitting down here – that in every corner of the world, we have tried to ruin the image of God. We are not even aware as to how He has given us so many blessings. As I told you yesterday, that in the realm of consciousness, we have to rise higher to understand God. And so far, all our development has been extrovert, outside. We have been growing outside. Without any limitations, without any understanding, without any coordination with the whole. Which I call the masculine development.

That development was very important. To make the complete consciousness ready to receive the ultimate. All our sciences as I told you, developed like a tree. A very large tree. But now this tree must find its nourishment, as I told you yesterday. In this development, we have crossed over all the limits. We can see people who try to follow God, also outwardly, are not inwardly following Him. Like in India, I've seen people go to temples, worship God and then do all kind of thieving. In the West, they commit another kind of sin – is the sin against the Mother. Immorality.

Human beings are no more moral. No more honest. No more noble. Why? When they believed in something so noble, such noble ideas, why we have gone down so much? There is no love. Is selfishness. Is domination. Once the white skin dominates the black skin in a very gross way; the black skin dominates the white by subtle methods. We live in the world of opposites. But in evolution, our consciousness has to be higher than what it is now.

As I told you yesterday, the pendulum movement is of no value. But in consciousness, a spiral movement has to come up.

So what is missing in all these religions? Why with all these noble ideas and all great words that they have used and big organisations they have created – why all that is righteous has gone down at all? To the lowest level. We should not think only of ourselves. We have to think of the whole world today. Like Roosevelt has said once that poverty anywhere is a threat to prosperity everywhere.

In the same way today, one must learn that anywhere in this world, if there is a dearth of righteousness, of holiness, the whole world can be consumed into the wrath of God. If there is a pain in one part of the body, the whole body suffers. But the whole body fights it also. But what is lacking within us that we cannot transform ourselves into sincere people? How can we manage to live with hypocrisy? With our closed eyes, with fanaticism. With our selfishness and domination. Is only possible that there is no light within us. That we cannot face ourselves at all.

We have accepted God for our convenience. We have got Him in our pocket. Or in our organisation; He resides in an

organisation. We have organised God also. We elect God. Everything is so low-level as I told you yesterday. There is another attack on human beings which is very subtle and which human beings don't understand. New ideas and new methods of introducing the awareness which is sub-normal. The consciousness which is sub-normal.

As I told you, there are subconscious areas within us. And there are also collective subconscious within us. Also on the right-hand side, we have supraconscious areas which gives us our planning, our future ideas. And there are collective supraconscious areas. Hitler used supraconscious areas. He mesmerised people with these supraconscious ideas and he got the ideas from Tibetan lamas. It's a well-known fact. That these people had the supraconscious; they call it as power.

This power business is another very subtle attack on human beings because human beings are naive. And I find that there are many games played with this idea of power. For example, a doctor takes a crystal, puts a thread to it; puts his hand round and round and says, "Is this the diagnosis? All right, I have got the power. All right, this is the diagnosis". And there are so many other nonsensical things like parapsychology. This is probing the dark and a very dangerous thing.

Now on the left-hand side as I told you, in the collective subconscious, – when you enter in, this is another extremely dangerous area. Like I would suggest – recently I saw a very nice film by doctors showing about the root of cancer. I mean, they have reached a little nearer to Sahaja Yoga. They said that when the body is ready for cancer, the triggering of the cancer takes by a protein. As usual, they give it a name; Protein 52, Protein 58. But they say that it exists in the areas which are built within us since our creation. That area is the same that we call the collective subconscious.

Now those people who are today suffering from diseases which are incurable, supposed to be; are afflicted by their entry into the collective subconscious. So when the man goes into too much activity, either on the emotional side or onto the mental side, he is in for trouble because it creates an imbalance in him.

To say that (the) Bible did not talk of balance is wrong. In the Bible, they have described the ten commandments. These are the ten sustenances within us. And when we don't reside with it, then we go into imbalance. But these imbalances are just misguiding factors which take us to these two areas which I told you are very dangerous to us.

So how are we to determine what is God's energy and what are these energies which misguide us? As I told you, God's energy is more than human energy; is much more than human energy. Whatever you can do with (the) human body, easily, cannot be God's energy. Supposing this vase is here, and if I want to keep it there, I can just pick it up and put it there. Now by any chance, if you see this, just this vase rising and coming to this side and getting settled, then it is not God's energy. We can do it also.

Now if somebody in so many people have seen that they sit down and suddenly they start jumping. And they said it's God's energy that is working. It is ridiculous that God is interested in making you jump. Or to make you fly. Or to lift things from here to there. If you are not doing it, then somebody else who is interested is doing that. And if so, then we should know that it is not our energy either. We cannot explain these energies. And we depend on them so much. They might be guiding you all right; maybe misguiding you.

But what will be the energy of God? Now let us see, in this world, where do we see His energy working? Because He is the living God. Remember that He is a living God and He is not this low type of a personality. We have forgotten this point that He is a living God. We can make a plastic flower. But we can't make a real flower, can we? We cannot transform plastic into fruit, can we? But real flowers are transformed into fruits. A seed becomes a huge tree.

If you ever happened to know about Buddha's life; the tree under which He got His realisation – is a very big tree, spread like that, banyan tree. But the seed is so thin, so small, that you cannot see normally if it is lying here and there. So small a seed gives such a big map of such a huge tree. Can we do these things? So, it is not human power. It is the Divine power. So, to become one with the Divine, we must have divine powers.

And the Divine power has to manifest in a living way. Not in a dead manner. Like some people feel that now we have taken a

particular cult or particular, er, sect. We have registered name in a registrar. And God is going to read the register and say, "Oh, all right you are great people. Come along. You are all saints". It is ridiculous to believe in such a thing and deceive yourself all the time.

Now as you have heard about Sahaja Yoga, this is the most ancient thing and has been repeated by every incarnation that came on this earth. Specially as you know, Christ. He has said off and on that, you are to be born again. So, I put a label on My head, "born again", follow certain rituals of my own mental projection – and then think that I am born again. This is very easy to do. Anybody can say, "I am this, I am that"; very easy to do. But if we have some honesty within our heart and if we are really thinking of ourselves as something important part of the creation, then, we should face up to it and see for ourselves – what have we achieved; have we got any transformation?

Have we become really righteous people, really people of God? In Sahaja Yoga, the Kundalini is the one that is the power of your pure desire; resides in the triangular bone. In the Bible it is described, "I will appear before you like tongues of flames". Now, this, who can explain? But after realisation, you will know that these centres look like flames, beautiful flames of different colours.

So this power which resides in the triangular bone is also known to Muslims. They call it "Asas". And to the Christians – very well known – though it is a mystery to them; it is the reflection of the Holy Ghost. That is the Mother God. The womb. The Mother Earth. That nourishes. That makes you grow. That makes all your development sensible. That makes you understand the totality, the whole. That comforts you. That redeems you. That counsels you. That's the reflection in this triangular bone, is the Holy Ghost.

By just believing blindly into what others tell us, and by keeping our attention only on a particular book, (the) Bible, we do not even have the awareness to understand (the) Bible. (The) Bible is small to contain Christ. No scripture can contain Him. He can be described by various scriptures. Like an ocean can be described in different ports. He can be described in different languages.

But to understand Him through a very narrow view is going to not only fail Him but completely destroy His image. Like the people in South America are asking Me, "What has Christ done for us?" I went to Russia; they make fun of Christ. In many places, it is the condition today. We have completely failed Him. But with this new awareness of your Spirit, which is brought forth by the living happening of the Kundalini awakening – you can prove it, that He was the son of God.

Whether you are a Jew or a Muslim or a Hindu, anything, you have to accept that He was the son of God. You don't have to force this knowledge on someone; make somebody a blind faith fellow – but it's an actuality. But those who are 'in charge' of Christ, so-called – I don't know how they have taken that power upon themselves; that they are in charge. Don't want to open their eyes to reality, that what they have done to Christ – they have crucified Him in every period.

To understand Him, you are to be born again, in the living process of your evolution. Not by some priest, who just puts the water on your head and said you are baptised. A great poet William Blake said, "A priest cursed me on my head". You have brought Christ to this social level. It's a society. How can you do such a thing to Him?

He is a Divine personality. When the Kundalini rises, you can actually see from your eyes the pulsation of the Kundalini, the rising of the Kundalini and the cool breeze of the Holy Ghost from your head. My concern is now what Christ has said, "You will be calling Me, Christ, Christ. I won't recognise you". And that time is coming when He is going to come on a white horse with eleven destroying powers. And He is not going to talk to you anymore.

All these organisations in His name who are doing political work, social work, all these low-level things, will be all destroyed from this world. They are already sinking. But a day will come when you will sink with it. And you will make many others sink with you there.

Now to the other side of this happening, living happening, what happens, we should see. We have within us a system of (the) nervous system called (the) autonomous nervous system. In the West, it is impossible to tell a doctor about God being the

source of all the energies. For them, God exists only in the church or in a social party but not in their clinics. Once we understand that 'autonomous' is another name given – who is the 'auto'? Who is the one that does the work of (the) parasympathetic?

They are honest enough to say that we don't know much about parasympathetic. Sympathetic comes into play when we go into emergencies. Supposing we want to run, then the sympathetic helps us to run and the heart beats faster. And when that the heart comes to its normal self, it is the parasympathetic that acts. The plexuses or the endocrines, whatever we have in our body, are guided by subtle centres according to Sahaja Yoga; please open your eyes to it.

The subtle centres are formed like this (Shri Mataji demonstrates with Her hands) from the left side and the right side of the energies flowing from the left side of the sympathetic and the right side of the sympathetic. (The) left side works for the emotional emergencies. And the right side works for the physical and the mental emergencies. And in the centre, whatever is the channel formed in the centre, is the channel of parasympathetic.

The centres are placed like this, subtle centres. And by this central channel, we are connected to the whole. But when we start using too much of the left or the right side, then we get separated from the whole. The imbalances take place. If you are on the left side, you get the diseases of the left side. If you are on the right side, you get the maladies of the right side. So you have to come to the central path.

And how do you come to the central path? Which is the way to bring it to the central path? The only way is to raise this residual energy, this awaiting energy, of pure desire, to rise. Because it is the nourishing energy. It nourishes you. With nourishment, again, they (Shri Mataji shows the right and left sides) come back to normal. So, those who have physical problems get cured automatically. You don't have to do much about it.

I must say our President of India, Sanjeeva Reddy, I by chance met him for ten minutes – after his operation, which has failed completely. And he came to know about Me. His wife asked Me; that I should cure him. He was just dying; the operation had failed completely. And I touched him only for ten minutes. He had not slept for nights. He just felt relaxed. And the secretary told Me when he went to India, everybody was just surprised because he got down from the plane without the help of anyone. So fresh.

Maybe, his was a very deserving case to get it that fast. But it is nothing. I don't think it is something great that we are, is done. For example, if the connection (of the mike) is broken, you can't hear Me. But if it is connected to the source, you can hear Me – what is so great? Just we have to get connected to the source. And once we are connected to the source, we get the full effect. If the left side chakras have become weak, centres have become weak, it also nourishes those. So, the people who suffer from mental troubles also get well.

I went to Norwich once, and there were four people sitting in the front row and they were just shaking before Me like this. And I asked them, "Who are you and from where do you come?" They said, "We are certified lunatics, coming from (the) lunatic asylum". And I said, "How are you here?" So they said, "One of our friends came to Sahaja Yoga and he got completely cured, so we have come here to get cured". And they got cured. And when they went back to the lunatic asylum they said, "Now we don't want you anymore here".

So there are three things that act against us. The imbalance. When we are imbalanced, we go into the realms which are dangerous to us. So this gives you an imbalance. It (Kundalini) gives you nourishment. And the best of all, it gives you innocence. It awakens your innocence. On top of that, you become your own master. When you learn how to manoeuvre this power of God, you can give realisations to others. You can cure others.

As I told you yesterday, we have so many people who have done this. And is spreading very fast. Of course, the maximum in India, in the villages. And then it is spreading also to other countries like Australia, of all the things. And they are spreading themselves. Even I must Switzerland is doing very well. In Geneva, not in Lausanne so far. But I am sure it will work out in Lausanne also.

If I find the true, honest seekers, it will work out. It's a serious job. It's not meant for shallow people. We need really people of great valour. You need not be rich, you need not be poor. Is the quality of a personality that receives the blessings of God. We had some communists who became great Sahaja Yogis. Some atheists who are great Sahaja Yogis. So many Muslims and so many Jews are Sahaja Yogis. And of course, so many Christians are Sahaja Yogis.

There is a special category of people who are seekers. There are many these days; because the time has come. This is the blossom time. This is the transformation time. This is the age of the Aquarius. Aquarius is nothing but the Kundalini itself. The sign of Kundalini in the Indian astrology is Aquarius. So the time has come. Is a special time. Now you will be judged not by Me, by anyone – but you will be judged yourself, by your spirit. And you will judge yourself by your own vibratory awareness. As Muhammad Sahab has said, "You can feel at the time of resurrection yourself. Your fingers will speak. Your hands will speak".

This is the Last Judgement. So it is also a resurrection time. Also, this will be followed by the doomsday no doubt. So I would request you to rise. To see for yourself what are you; your potentiality is so great. Don't be curbed by social, political, nonsensical clubbing. You have to rise above – to know yourself so you know the whole. So you become one with the whole. This is the job of totality. Which you have to achieve. Without that, you cannot save this world. And you cannot save yourself.

This is the epitome of your evolution. Is the completion of all your enterprises. And is the fulfilment of all the scriptures of the world.

May God Bless You.

I would like you to ask Me some questions, sensible questions. Relating to your evolution.

[There are no questions].

Now I would request you to go through the simple thing. It's very spontaneous happening of Kundalini awakening. It is very spontaneous. It is least – there is no harm but it's so peace-giving and so joy-giving.

I have to request you to please take out your shoes. Because the Mother Earth as I said, has to help us. Please do that much. I mean, people are so adamant. Yesterday they wouldn't even take out their shoes. I mean, they are so much identified with their shoes – as if it is their nose they are taking out. It is such a conditioned country, I should say that. Conditioned mind. That you can't take out your shoes also; you want to ascend to your Spirit, you can't take out your shoes. How can that be?

Yesterday I must say one thing– I am very happy. Few people came, no doubt. But they were first-class people. And I am very happy about that. Because it's a real happening and, you cannot create quality with quantity, I think. That is why I am very, very happy. What happened yesterday was wonderful. And today again I hope we will have the same kind of a gathering, which I feel is there already.

We have a centre in Lausanne where you can find many of My tapes are there. This is only one of the lectures. Once you get your realisation, we also give you books to read. Because otherwise it gets again into the brain, like a conditioning, without realisation. And also there are so many Sahaja Yogis all over Lausanne and also in Geneva, that you can talk to them and ask them about your problems.

See, in the beginning, there are definitely problems, because it is a little seed which comes up as a seedling. And you have to look after it in the beginning. That is a very important time of your realisation. Now, we are having a programme in Geneva after this. Those who have time should definitely come and attend it because I always come after a year. So it's better to attend these lectures which will definitely help you a lot. Have you given the dates and all on the exact place? But clearly, I think.

All right, just put your hands like this (outstretched towards Shri Mataji); that's all you have to do. Just hands like this. And close your eyes, that's all. Just like this. Like this. As they do for Namaz. Because these centres are here, representing, these are seven centres – as you can see in the hand (chart). One, two, three, four, five, six, seven. These seven centres are sympathetic centres on the left and the right. And when you put your hand like this, they get the message.

Now keep your eyes shut. That you should not open. Also better to take out your spectacles because it helps the eyesight also. Just take out your spectacles, it is better. And you have to be very comfortably sitting. You should be comfortable. There should be no discomfort in the body. So that you sit comfortably. In a straight way. And please keep the eyes shut till I tell you to open them. Now please close your eyes. Just close your eyes, please.

Now, as you are the Spirit, you have to first ask Me a question. Putting your right hand on your heart where the Spirit resides. You can address Me as Shri Mataji or, to make it easier, Mother.

"Am I the Spirit?". Ask the question, please. In your heart. You are asking the fundamental question.

Ask it thrice. "Mother, am I the Spirit?". Ask sincerely, from your heart. This is your right to have it and you should have it. Now, ask sincerely.

Now, to enlighten the principle of mastery or you can say the guru within us; you have to put your right hand on the stomach on the left hand side and press it a little bit, on the left-hand side please.

At the very outset, I have to tell you that you are not to feel guilty at all. From the beginning, you should not feel guilty. Because that is the information I am getting from your vibrations. That you are all guilty for nothing at all. What are you guilty about?

Forget about the past.

Everything is forgiven. You forgive yourself, please.

Now, at this stage, you ask a question to Me, "Mother, am I my own master? Am I my own guru?". Because Spirit is the master. He is the guide. Because Spirit is the master.

Now, better?

You have to ask ten times. Because you are the master.

Please don't feel guilty. Ask earnestly. With concern for yourself.

Good silences. Beautiful silences.

Now put back the same right hand on the heart again. Now here you assert twelve times saying that "Mother, I am the Spirit".

Please don't feel guilty.

Now, raise this hand higher to the left-hand side of your neck, on the shoulder, where the neck meets the shoulder. Now don't open your eyes. Right hand on the left-hand side (of the neck).

Put the left hand towards Me and the right hand towards the left side of the neck. Left hand towards Me. And the right hand on the neck, on the left hand of the neck. Right hand on the left hand of the neck.

Now, at this point, you have to say, "Mother, I am not guilty". This is the biggest problem of the Western life. They feel guilty for nothing at all. Why do you feel guilty so much? What have you done? Why do you condemn yourself?

You have to say it sixteen times. And if you really feel guilty, say it thirty-two times then – as a punishment (smiling). You have no business to condemn yourself. God has created you with a special love, with special care.

You have to have respect for yourself. You are a human being and a seeker – is the highest in the, in this creation. Why do you feel guilty? Just say, "I am not guilty", with full assertion, with full faith. In yourself.

I hope you have said it sixteen times. Because there are sixteen petals to this centre. Good.

Now, raise this hand higher, onto your forehead, across. Now very sincerely, I request you to forgive everyone. It is a myth that we don't forgive. Because what are we achieving by that, except our own maladies?

Just say, "Mother, I forgive everyone". Even if you say twice, is more than sufficient.

Now, raise the hand higher, on top of your head. At the place where you get your baptism. But you have to get your own baptism. I cannot force upon you. So you have to ask for it. I cannot cross your liberty, your freedom.

Please say, "Mother, I want my realisation. Please manifest my realisation".

Say it seven times.

Now you can change your hand and put your right hand towards Me. And raise your hand higher. And see if there is a cool breeze coming from the top of your head. If you take it closer to your head, you find it hot. But if you take it a little higher, you will find the cool breeze.

If you feel the cool breeze with your left hand, you may see again with your right hand, please. Raise it higher.

Ask a question now, "Is this the cool breeze of the Holy Ghost?" Ask this question seven times.

[Break in tape. When it resumes Shri Mataji is smiling and waiting for seekers to approach].

Shri Mataji: Say it just now. Come along. Come along. It will work out.

[End of recording].

1983-0827, Talk and Singing

View [online](#).

27 August 1983

Conversation

Tannay (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED 27 August 1983, Talk and Singing, Tannay, Switzerland

[Unclear]

How are you? Are you back again? You are all right? Happy now. [To a child]

It is a very good speech I gave yesterday. You must all hear it.

[Sahaja Yogi speaking] Last night? In the evening? After the lecture. Ah yes, beautiful.

All of you were there, or not?

[Sahaja Yogi speaking] Yes! [unclear]

How is Markandeya, is he all right? Athena, how are you, you are all right?

The people came today from Lausanne. They got their realisation. There was a lady and she touched Me, and she got a shock, twice. Like an electrical shock. Because there was black magic on her. And she told her husband had done black magic on her. She was really frightened. There was yesterday one lady who came, she was very difficult, she never came today. You were working on her.

[Sahaja Yogi speaking] She could not come today, she was working, Mother. She might be coming to Geneva. Yes.

What was wrong with her? What chakras were catching?

[Sahaja Yogi speaking] The Agnya. She was thinking so much. She was left alone with two children by her husband, so she had a hard time to forgive him.

She was with two children, left by her husband?

[Sahaja Yogi speaking] And now the financial situation is not good, so she felt depressed.

But here the government pays for them, isn't it?

[Sahaja Yogi speaking] But no, I don't think so. No. You have separation and divorce. She was thinking too much. She didn't want to talk about it. She would talk to You, Shri Mataji, but not to us.

But it's a very difficult situation. You are left with children. England is better. In America, it is better, much better.

[Sahaja Yogi speaking] She said she was going to come, Mother.

In America, you may have this profession, they go on divorcing men after men. The men become paupers, the women become rich. It is a very big profession!

[Sahaja Yogi speaking] Shri Mataji, would you allow me to show You what some of the Sahaja Yogis did? We wanted to present to You, and we would like Your advice, to whom we should give that to in India. Let me show You the thing now, if possible.

Yes, for a while, and then we can see everything. [Unclear] It is very difficult when you work on this kind of person. [Unclear] And there was a little boy, suffering from very bad left Nabhi, a very serious type of left Nabhi. And the mother was a very dominating woman. And very sort of exacting type. She has made the boy's spleen, the speedometer, very hectic. So that's why one has to work out all these things first.

Little bit tired, from travelling, take it easy. Let it be, children don't understand. Let them stay, they are using those things like a rhythm. Ma is "Mother" in Marathi language! In Hindi it is "to give". In Sanskrit language is "da". And they say "ne ne", "take". So they start in universal language, and then they deviate!

All right, I will lie down for a while, and then I will come down. What is the time now?

[Sahaja Yogi speaking] 3.20, Mother.

You people have finished your lunch?

[Sahaja Yogi speaking] No, we are waiting for you, Mother.

But I must have a nice [unclear: bath]. I didn't know!

[Sahaja Yogi speaking] It's all right. We have plenty of time.

Please go ahead, I am feeling tired. This is too much! Now I know why! That is why I am feeling tired, you are all hungry! I was not feeling all right!

May God Bless You! Have your food.

[Singing]

[Unclear]

Oh, great! And now I'd like to lie down if it's all right.

[Yogis read poems]

[Unclear]

1983-0828, Shri Krishna Puja: The Ultimate Of The Fatherhood

View [online](#).

28 August 1983

The Ultimate Of The Fatherhood

Krishna Puja

Tannay Ashram, Tannay (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

Today we are celebrating here, in this holy land the birthday of Shri Krishna.

Shri Krishna is the ultimate of the fatherhood that I described you before, who came on this Earth and illustrated the ultimate of that. So, on this Earth, the highest fatherhood is Shri Krishna's awareness. But in the Kingdom of God, we can say in the Heavens, or even above everything else, resides Sadashiva who does not take incarnations. He is one of the aspects, Shri Krishna is one of the aspects of Sadashiva which is the Father. And the Adi Shakti or the Holy Ghost is the other aspect of Sadashiva which is His power. So, when Shri Krishna incarnated on this Earth, an aspect of this Adi Shakti came on this Earth as Radha. She is the same who came as the Mother of Christ, and She gave the name of Christ as the surname of Shri Krishna, as if it is Krishna's name, from Krishna. He's called as "Krisht" in Indian languages, Krisht. And I have told you before why he was called as Yeshu or Jesu.

So, today we are going to see to the two aspects of Shri Krishna, which were the manifestation of His divine birth.

In Rama's life they showed a man; a Purushottama, the best of the father in worldly affairs. And in Shri Krishna's life they showed Him the highest fatherhood as in Yogeshwara or in divine work. So, the first aspect of Shri Krishna we have to understand is the Yogeshwara and the second aspect of him as the Virata.

Yogeshwara means the Lord of the Yoga, or the Power of Yoga. He is called because He reached the optimum that one has to reach as a yogi. As if He is the ideal that you have to reach.

Now as a yogi, He was born of a royal family but He lived in the jungles, in the forests, with the cows, with ordinary people. He used to sleep on the ordinary places like sometimes on the stones, on the grass, when He would go with His cows for their feeding. Secondly, He was very aware, very very aware, absolutely aware of His powers, without any ego. He had a special power called "Samhara shakti" by which He could destroy all those people who tried to harm the divine manifestation.

This "Samhara shakti" is expressed as the Chakra (Sudarshan) in His hand. And another is the "Gada" (Mace) in His hand.

These two powers were within Him, and He acted according to the power of Radha, because She was the one who sustained the power of Shri Krishna. The proof of that is when He was in Gokul with Radha He did all His 'samhara' work. And afterwards He just became a chariot-driver for Arjuna. So, for His disciple Arjuna, He became even a chariot-driver.

Another great quality of Yogeshwara was the complete discretion power built-in. So, He knew who was a devil and who was not, who is good who is bad, who is possessed who is not possessed, who is innocent who is not. This was built-in within Him, this power of complete discrimination.

And He had a capacity more expressing His witnesshood, as a 'Sakshi'. He had the capacity I mean, He was a Sakshi Himself. I should say this way is easier to understand. He was a Sakshi, means He had the capacity of witnessing the whole world as a play.

At the time of Rama, Rama was one who got involved into his problems, to show as if he is a full human being so that human beings should not say that he was God so how could we accept God because 'he was God after all'?

Now this capacity in Him to witness has to be seen in every yogi.

The element He controls is ether. We call it "Akasha" in Sanskrit. This ether as you know, we are using now for our television, for our radio, for every sort of a collective work. So, we have to be in charge of the ether element as yogis. And that is the subtlest of all, in the sense that you permeate into everything with that, and is above all. Like plastic also permeates into everything, into matter, into everything up to the air. But it cannot enter into ether. So, the negativity cannot enter into ether. So, when you enter into your ethereal zone, you actually enter into the area which is thoughtless awareness. So, to achieve your ethereal state, you have to expand your thoughtless awareness. And the sustenance of that is done by Christ, by the Spirit. So, you can realise now as a yogi, your state of mind should be ethereal.

And what should be the state of your super-ego? This is the ego part of it. That you should be in ethereal state.

And as a super-ego you should see it as a play, you should see the play of the negative. Negativity will run away, but don't get involved into it, don't play into their hands. Then the negativity will separate from you.

So, the ego and super-ego both rise from the Vishuddhi Chakra. They can be receded by the Agnya Chakra but have to be sucked in the Vishuddhi. The greatest quality of Yogeshwara is that He is not at all involved into it, detached, absolutely.

If He eats His food, He does not eat it. If He speaks, He does not speak. If He sees, He does not see. If He hears, He does not hear. It has no effect on Him, no retention on Him, no action on Him. Whatever He is, He is complete: sixteen petals is complete moon, sixteenth day of the moon is the Purnima. That is how one has to be, complete in oneself, complete confidence in oneself. But the confidence should not be confused with ego. The confidence is complete wisdom, it's complete dharma, it is complete love, complete beauty, and is complete God. That's what it should be.

Now when He said that "you give up all your dharmas and surrender to Me" in Gita, what He was meaning that all other things about which you are worried "You give up and become one with me, so I look after you". Give up the responsibility to Shri Krishna, so the complete integrated Divinity will start expressing through you. Means if you say that you have to be responsible, then He says alright, go ahead, try! But if you say that "You are responsible, I'm just an institution or an instrument in Your hand", then you start manifesting it well. And that is how your Vishuddhi Chakra gets opened up.

This is some part of the Yogeshwara I have spoken to you. But as He is the brain within us, He becomes the brain within us.

We have to know all the qualities of a divine brain are within. So, whatever we do with our brain like intrigue, thieving, the deception, all which are bad things by your brain as they call it, are done by Him for the divine purpose without getting any blemish upon himself.

And the other side of it, whatever we do, so called positive, like politics, like, er, diplomacy or leadership, all that is His own doing, like even the thinking of the future and all that. He does for us, planning, thinking, all those things, administration. As a play, everything is done as a play, because He's the Master, as we call, as a "sutra dhara", the one who does the prologue in a drama. The one who plays with the strings with the pantomimes.

Now the other thing that we have to understand Shri Krishna at this stage of Sahaja Yoga, that it is the Virata Shakti that is manifesting at this time and not the Shri Krishna Shakti which was at His time. And the power that is working here is no more that of Radha or of Mary, but of Viratangana. That's why the knowledge of Sahaja Yogis is much wider than the knowledge of all the saints of ages. But is not deeper than them. If you can deepen your knowledge, this wider knowledge will have proper roots within you.

So, the brain are the roots, here are the roots of the whole tree of life. Actually, Kundalini comes up and waters the brain first, so

that the whole tree of life is drenched in the Divine Bliss and Divine Knowledge.

So, this Virata Shakti that we have to work out gives us the sense of collective consciousness first. First, we understand it through our brain power.

But the whole brain power is to be guided by the Heart, is to be watered; but in Sanskrit is a very beautiful word "sinchan", like dewdrops sprayed with the Love of God. So, the integration of this brain has to take with Heart and with your liver. Then only the Virata-Shakti takes another form. The weapons of killing become the weapons of forgiveness. Every sort of destructive power is used for the construction. As if it is tricked.

Like now I told them a trick, how to trick these gurus. The power that they have can be tricked against them, as is said that their teeth must be put into their necks, into their throats, instead of taking out their teeth better put them back into their own throats. And if you can do that, then there is no problem as far as their effect on us is concerned because you are more powerful and more tricky.

Because the Virata Shakti has now taken that form, like the tree when it grows, it grows upward. But when it is laden with fruit, it comes down. First it is attractive by its flowers, by its timber, by the other parts of its body. And people try to destroy it for it. But when the fruits appear, they want to preserve it, and the tree bends down, with humility, is very valuable.

So, you are the fruits. That Viratangana Shakti, you are the fruits. Because you are so valuable that those people who wanted to ruin or to destroy the Divine power from this Earth will start thinking that they have to gain something out of these fruits.

So today the Virata Shakti has given you a great value, because people see that by having one sahaja yogi with them it is so precious. Say one ordinary man gets his Realisation. Then he develops his value. In that, his own values, he can be respected, loved, and given the highest- if he's a proper Sahaja-Yogi.

So, you should understand today, that Virata Shakti is : "we are going to worship that Virata Shakti which has given fruits". As a result of that, all these different churches, fanaticism, and atheism, and communism and all that-ism will neutralise, because they will see their benefit in it. But you have to become that. That is the biggest thing one has to know is to bend down towards the Mother Earth, to be humble. Absolutely the humility inside out, is really going to give you the complete value of Sahaja-Yoga fruits.

Those sahaja-yogis who boast about themselves are like the fruits which are getting ruined only on the tree. The only fruits, which bend down, are accepted as good and matured fruits, and not those who assert that they are the highest. But some of the negative people should not by any chance take advantage of this and say that they are good because they are bending down. It's not the logic. Some of them pose they are humble; even a rotten fruit bends down. But the mature fruit shows its humility by its weight. That is the guru tattva weight.

So, from the Viratangana Power, we get the power of maturity up to the fruit and then we become blessed by guru principle. Those who are still involved in getting to better sunshine or getting to better water supply or all these things, are not yet matured, because the fruit doesn't need anything anymore. It doesn't need anything from the Mother Earth, nor from the elements. But it surrenders, it bends, it bows to the Mother Earth.

So, the sahaja-yogi who goes on asking questions to Mother, bringing personal problems, stupid ideas, negativity, all those people are still not yet the fruits.

But the matured people are those who surrender, who bow to the Mother Earth. So, the capacity to bow is the best judgement of yourself. And leaving everything to the power of gravity of your Mother to do every work for you. And leaving all your small little worries behind. You have to rise above these restricting powers and achieve the completion of this Virata Shakti which ultimately becomes a "Madhura Shakti". "Madhura"; there is no word in English language, but it means a "sweet power". Like the fruit

becomes sweet. That's how you all have to become very sweet. Krishna tried to make everything very sweet in the sense it was all Madhura Shakti that was acting. All His play, all His dancing, all His stories if you read, is nothing but Madhura Shakti, towards Gopas and Gopis, towards other Sahaja Yogis.

So, you have to keep your Mother pleased by pleasing all other Sahaja-yogis and not other people. They are not important. So today we are going to shorten the Puja and that's why it took so much time upstairs, to shorten it. [Shri Mataji is laughing] So the time lost is time gained for ever and ever. [Shri Mataji is laughing]

May God bless you all.

Actual talk ends here

Now let's start fast, you see, there's not much to be done. Just wash-
46:58

[Shri Mataji speaks in Hindi, then puja starts]

Gregoire explain Gayatri Mantra in presence of Shri Mataji and yogis.

Grégoire on Gayatri Mantra during Shri Krishna Puja Geneva, August 28 1983, translated from French (original content of the tape in French and English follows the translation).

Shri Mataji: A good speech, I think. It was a good speech. I hope you have recorded it."

Yogis : Yes, Mother.

Grégoire: Gayatri Mantra, Mother

Shri Mataji: "All right, you tell them.

Grégoire: We are now going to say the Gayatri Mantra that I would like to explain to you. First I will say it and then give you the meaning.

Shri Mataji : Read it loudly, they can't hear it. The Italians also can understand if somebody translates in Italian language. Come along! Ruth?... All right anyone, anyone? But they can understand you? Italians can understand French? All right."

Grégoire:

Aum bhu aum bhuvā aum svah aum mā aum jana aum tapa aum satyam aum tat Savitru varenyam bhargo devasya dheemayee
dhyo yona prachodayat Aum apo jyoti rasomrutam Brahma Bhur Bhuvā swarom.

Shri Mataji explained me..."

Shri Mataji: This is a right sided uh, thing, is right sided.

Grégoire : Shri Mataji explained me that this invocation

Shri Mataji : Loudly.

Grégoire : Yes, Mother.

Shri Mataji : I think you get up and speak.

Grégoire: I was trying not to speak too loud, Mother, because of the neighbors have been complaining ...] Shri Mataji explained me that this Mantra is an invocation to summon up first of all the power of the right side because it is addressed to the causal principles of all the elements.

Bhur is the causal principle of the earth and expresses itself at the level of the Mooladhara Chakra.

Bhuvā is the causal principle of cosmos expressing thus the creation and the chakra to which this causal principle corresponds is Swadishthana.

Swaha, as you know, corresponds to the fire element that consumes – that has that power to consume as the Nabhi Chakra consumes the elements in the fire of digestion.

Mah is the causal principle of ...

Shri Mataji : Tape him also. Are you taping him ? Grégoire, you'd better tape it because this is for the first time. (handing him the mike) I don't need it now. Let us give it to him. From the very beginning, Grégoire ...

Yogi: It's picking it out from here, I'll make sure.

Shri Mataji: Is it? All right.

Gregoire: Mah is the causal principle of the almighty power of love and, as this power is almighty, Maha expresses as well the greatness. Maha is the causal principle of the air element. It corresponds to the Heart Chakra.

Jana is the causal principle of collective consciousness and it corresponds – as Shri Mataji has said – to the ether element. It is the principle which comes to its historical manifestation now with the age of the Aquarius. It is with this principle that Sahaja yogis can come into relationship through their new collective consciousness.

Tapa is at the level of Agnya the principle of Light which as you know “Tapasya” expresses as well austerities. And it is what Christ has expressed in His life, a life full of extraordinary austerities in order to purify through his light. Tapa is purification.

What the Vedic sages were doing long time ago is to address those causal principles because they had yet no knowledge allowing them to get related to the deities at the level of each chakra. Only Shri Mataji has brought this knowledge. Thus by addressing the causal principles they addressed the formless aspect of a God of which the formal aspect is the chakra's deity.

Shri Mataji: So, Hiranyagarbha is the egg, you see, it is one after another. It starts exploding. The innermost core explodes first, you see like that, goes on exploding one after another. Till now, historically you have reached this stage where the satyam is exposed.

Grégoire: All those egg shells [tape unclear] originate in the first. In a way they exploded one into the other until they had covered the totality of the created universe. Thus the universe in the beginning was called Hiranyagarbha, that is the Golden Egg and it is a name of Brahmadeva. If you take a longitudinal section you find all the universes like Bhuvar Loka, Swaha Loka, Maha Loka, Jana Loka, Tapa Loka et Satya Loka.

Those various universes are different parts of the three worlds: the terrestrial world, the celestial world... We have reached, as Shri Mataji says, where this process of progressive openings of the shells has lead us : at the level of Satyam that is the manifestation of Sahaja Yoga.

I'll repeat once more the mantra now that you have understood its meaning:

Aum bhu aum bhuva aum svah aum ma aum jana aum tapa aum satyam aum tat Savitru varenyam bhargo devasya dheemayee dhyo yona prachodayat Aum apo jyoti rasomrutam Brahma Bhur Bhuva swarom.

After the talk, during Ganesha Puja (original):

Shri Mataji: “A good speech, I think. It was a good speech. I hope you have recorded it.”

Yogis : “Yes, Mother.”

Grégoire: “Gayatri Mantra, Mother”

Shri Mataji: “Alright, you tell them.”

G. : “Nous allons dire maintenant le Gayatri Mantra que j'aimerais vous expliquer. Je vais d'abord le dire, ensuite je vous en explique la signification. »

Shri Mataji : «Read it loudly, they can't hear it. The Italians also can understand if somebody translates in Italian language. Come along! Ruth?... Alright anyone, anyone? But they can understand you? Italians can understand French? Alright.”

G.: “Le Mantra :

aum bhu aum bhuva aum svah aum ma aum jana aum tapa aum satyam aum tat Savitru varenyam bhargo devasya dheemayee dhyo yona prachodayat Aum apo jyoti rasomrutam Brahma Bhur Bhuva swarom.

Shri Mataji m'a expliqué...”

Shri Mataji: “This is a right sided uh, thing, is right sided.”

G.: “Shri Mataji m'a expliqué que cette invocation [Shri Mataji : « Loudly. » G. : « Yes Mother. » Shri Mataji : « I think you get up and speak. » G. : “I was trying not to speak too loud, Mother, because of the neighbors have been complaining... »] Shri Mataji m'a expliqué que ce Mantra est une invocation pour mobiliser avant tout le pouvoir du côté droit car elle s'adresse aux principes causals de tous les éléments.

Bhur est le principe causal de la terre et s'exprime au niveau de la Mooladhara Chakra.

Bhuva est le principe causal du cosmos exprimant ainsi la création et le Chakra auquel ce principe causal correspond est le Swadishthana.

Swaha, comme vous le savez correspond à l'élément du feu qui consume – qui a ce pouvoir de consumer, de même que le Nabhi Chakra dans le feu de la digestion consume les éléments.

Mah est le principe causal du pouvoir [Shri Mataji : « Tape him also. Are you taping him ? Grégoire, you'd better tape it because this is for the first time.(handing the mike) I don't need it now. Let us give it to him. From the very beginning, Grégoire...” Yogi: “It's picking it out from here, I'll make sure.” Shri Mataji: “Is it? Alright.”]

Mah est le principe causal du pouvoir tout puissant de l'amour et parce que ce pouvoir est tout puissant, Maha exprime aussi la grandeur. Maha est le principe causal de l'élément de l'air. Il correspond au Chakra du cœur.

Jana est le principe causal de la conscience collective et il correspond, ainsi que Shri Mataji l'a dit, à l'élément éthérique. C'est le principe qui vient à son – à sa manifestation historique maintenant dans l'ère du Verseau et c'est avec ce principe que les Sahaja Yogis peuvent entrer en relation par leur nouvelle conscience collective.

Tapa est au niveau de l'Agnya chakra le principe de la lumière qui comme vous le savez « Tapasya » exprime aussi les austérités. Et c'est bien cela que le Christ a [exprimé] dans sa vie, c'est une vie d'austérité tout à fait extraordinaire afin de pouvoir par sa lumière purifier. Tapa est la purification.

Satyam est le principe causal de la vérité, de la vérité exposée et le Chakra qui correspond est évidemment le Sahasrara Chakra. Ce que les sages védiques faisaient autrefois, c'est qu'ils s'adressaient à ces principes causals car ils n'avaient pas encore la connaissance qui leur permettait d'entrer en relation avec les déités au niveau de chaque Chakra. Seule Shri Mataji a apporté cette connaissance. Ainsi en s'adressant aux principes causals ils s'adressaient à l'aspect informé du dieu dont l'aspect formel est la déité du Chakra. »

Shri Mataji : « So, Hiranyagarbha is the egg, you see, it is one after another. It starts exploding. The innermost core explodes first, you see like that, goes on exploding one after another. Till now, historically you have reached this stage where the Satyam is exposed.”

G.: “Toutes ces coquilles d'oeuf [tape unclear] à l'origine du premier. En quelque sorte ils explosent l'un dans l'autre jusqu'à ce qu'ils couvrent la totalité de l'univers créé. C'est ainsi que l'univers, au début, est appelé Hiranyagarbha, c'est-à-dire l'œuf doré et c'est un des noms de Brahmadeva. Si on coupe cet œuf longitudinalement on trouve tous les univers comme Bhuvan Loka, Swaha Loka, Maha Loka, Jana Loka, Tapa Loka et Satya Loka. Tous ces divers univers correspondent aux parties qui composent les trois mondes : le monde terrestre, le monde céleste... Nous sommes, comme le dit Shri Mataji arrivés où ce processus d'ouvertures progressives de ces coquilles nous a conduit : au niveau de Satyam qui est la manifestation de Sahaja Yoga.

Je répète ce Mantra encore une fois maintenant que vous en avez compris la signification:

aum bhu aum bhuvah aum svah aum ma aum jana aum tapa aum satyam aum tat Savitru varenyam bhargo devasya dheemayee
dhyo yona prachodayat Aum apo jyoti rasomrutam Brahma Bhur Bhuvah swah.

Shri Mataji : « Now you start Mahaganapati because the thing is you have started now washing the feet. Start Mahaganapati.”

1983-0829, Human consciousness is a product of a living process

View [online](#).

29 August 1983

Human Consciousness Is A Product Of A Living Process

Public Program

Geneva (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED Public Program Day 1, 29 August 1983, Geneva, Switzerland

I bow to all the seekers of truth. Every moment has got a past and a future. Everything has got a history and a future that is going to follow. Today we are here at this moment and we have to look at every problem in relation to this time. The understanding of consciousness has to be understood in all its aspect, and at this period of complete integration it is easy to relate it to every movement of our mind.

The evolutionary process has created a human consciousness within us, and this human consciousness is a product of a living process, and a living process is to be understood in its own nature. I was very happy to see the picture of these trees on these flags, because they denote or express the living process. To understand the living process we can look at the trees. A seed sprouts into a plant by a living process. If we want to do it, we cannot do it. The leaves burst out into flowers later, and the flowers become the fruits because of the living force that is acting in it. We human beings cannot do anything like that. We can't even produce one living leaf, but we take everything for granted, as we are taking our human consciousness also for granted, but the living process, whatever it does, is spontaneous and cannot be done by us, the human beings who are the epitome of evolution.

Our evolution also is the evolution of the consciousness within. Now, this consciousness that we have today has a relationship to the past and to the future, and if we have to go to the future consciousness, what should we expect? I am surprised in the name of truth so many spurious things and fake things have come.

I want to talk about it to you at the first beginning because we should not be confused about the reality and unreal things which are described as real. So, whatever has to happen to us has to happen spontaneously, without our effort. It is very difficult for ego-oriented human beings to accept this. Some people believe that if they stand on their heads for many days they may become higher people. All kinds of funny belief we have, and we run towards them very fast because that satisfies our ego. Living force is not in the hands of ego at all.

You may be a king, you may be a governor, you may be anyone, but the living force acts the way it is. So that is the word Sahaja means: Saha means with and ja means born with you and Yoga means the union with the Divine; so, the spontaneous union with the Divine. So you cannot do anything about it. The another point one must understand that when people start talking about the energy of evolution they can mislead us. In one of my programmes I had about ten people sitting in the front seat and they started jumping without their control on it. I said, "What's the problem?" "Oh," they said, "now we are going to fly in the air." So I said, "All right, if you want to try to fly, at least just now you don't fly. Can you control your flying for the time being?" They said, "We cannot." They said, "It is spontaneous." Now, one must know that you can always jump if you want, and if somebody else is making you jump, then it is not spontaneous; it is somebody else is doing it.

Now supposing this glass is kept here, and if I have to remove it there I can do it with my hand, but supposing suddenly you find this glass moves there with an invisible hand. So this is not the work of God, because God has no interest in moving this glass from here to there. He has no interest in giving you diamond and gold. If you rationally understand these things, then you will know so far energies that people described are not the energies of Divine.

Suddenly a mass hypnosis takes place. I've seen people taking out their clothes and dancing like mad. Then there are other people who just get like slaves without understanding. Like mad, they become some sort of abnormal docile, passive cabbages.

To every intelligent man it should offer that, "I don't want to be like that." But human beings sometimes, in their ego, try to commit stupidity. They say, "If the other fellow is funny, not me."

But here we have people who are seeking the truth. So, all these cults and sects and all these are just money-making propositions. They cannot give anything to your consciousness. At the most they might do one thing, is to take you from one extreme to another extreme. Work with opposites, like somebody who is a very, say, licentious man or something, suddenly thinks that, oh, he should have a proper family; because he m some guru or some organisation which takes a lot of money from him, to become a good husband. So one has to understand very clearly that when you are expecting an evolutionary process, then you must expect something to happen to your consciousness, and whatever happens to your consciousness has to be completely under your power and completely knowledgeable. I met one of the gentlemen of a flying squad academy he had in Scotland and he was a director of that academy; the director got badepilepsy, his wife hadepilepsy and his child got epilepsy. So they came to Me, and people told Me that this man used to tell stories that he can pass through the walls and that he used to levitate himself and go next to the roof, and I asked him, "Why did you tell such lies?" He said, "Because a lot of my money was involved, and I thought that now if I don't tell lies I cannot continue with it anymore," but as a result of that flying squad programming, he got epilepsy. So one can see that how people can be confused, who are true seekers, who are genuine seekers, by these tricks.

Now the power to become higher is with you. The Spirit resides within you, according to all the scriptures of the world. Now as in the Bible, it is said that you are to be born again. So, you very seriously dress up your child, become very serious people, go to the church and some priest puts the hand, and says, "You are born again". It is such an artificial thing, but we have accepted for thousands of years. Now if you just sit back and see, do you think Christ would have said that to be born again means this kind of a drama? Or there is something greater living in it? Because He always talked of a living God. So, the consciousness has to go higher, like a spiral and not like a pendulum. So far, the progress of all the religions has been like a pendulum.

Like, in India we had a Catholic religion called [unclear] which believed that there are different deities as the essence original Christians believed in, and they are the ones who should be worshipped. Now, they found that worshipping those deities is a very big thing. And they forgot about the essence. So another Protestant-like religion came to India called as Ariasamarth [unsure], which rationalized everything and said that, "These are blind faith people. We are rational people," and said that, "We have to worship the formless", 'nirakar'.

Actually, by worshipping the flower, you don't get the honey, and also talking about the honey you don't get the honey. It's talk, talk, talk, talk, discussions, arguments; it's not going to give you the honey. Big conferences of all the religions. . Nothing comes out of it. This one says that, "My religion is such," and another one says, "My religion is such," another one says, "My religion is such," but all those the followers are just the same. It is you who talked against Freud and established that within us lies an area which is within us as the unconscious and the future of consciousness would be a consciousness. It would be a consciousness, again I say, of collective consciousness. Means, when the consciousness moves spirally up, every human being starts feeling the other.

It's an actualisation, it is a living process which makes you that. That is not a make-believe. That is on your central nervous system. You can feel the subtle centres of another person. That is the truth. You have to give your own certificate. You become your own guru and you know everything rationally, emotionally and spiritually. Means, it is logical. Once we understand this, let us see what was the past, what is the present, and what is the future of our consciousness. The past, if you see, in the expression of it that we, the human beings, tried to find out about the elements. We went all out to discover about elements and their powers and how to use it for our purpose. Like a tree grows above; as it is growing here above, they show a tree. But if this tree grows more than what it can, then the roots have to grow too.

So, you find in the consciousness of human beings, there's a new awareness which is coming – I am sorry, in French language there is no word for awareness. So, you have to use the one word for both. Now, this awareness is felt, though mistargeted, very much mistargeted, is the awareness of the nourishment through feminine, through the feminine force. You see, so many feminine movements have started in this world, in the recent times. I agree that it is mistargeted. Mostly, it is a pendular

movement. If men have dominated us, we'll dominate them. If they are politically powerful, we'll gain all the political power, economic power, social power. That is not the feminine consciousness, that is the manly which makes the tree grow outward. But the feminine consciousness is the consciousness of nourishment of the Mother Earth.

Like the tree has grown on the sources of light and other elements, outside the Mother Earth, and then the Mother Earth has to come and give that nourishment to that tree. That doesn't mean that the human being, the men become effeminate, that they become passive men. It means that men get the beauty of that nourishment, that they become compassionate, affectionate, loving, concerned about others. For example, in the history if you see, aggression was regarded as a heroic thing. We can say the father's side was very much emphasized in the consciousness. That was very important to have a father who was a benevolent father. Then the time of, say, Abraham and all those people, they talked of the Father. In India they talked of Rama and Krishna.

Then came the son's position in the consciousness, people became conscious of their children. And now, after the son's expression and manifestation, now the Holy Ghost, the Mother has to manifest. Christ has talked about the Holy Ghost, that She is going to come or He is going to come. He used the word ambiguously because his Mother was the Holy Ghost in potent form. And He didn't want to talk about it, because if the people had directed their attention towards Her, they would have tried to trouble Her, and then He would have come out in a very destructive way. Perhaps we do not know that He has eleven powers of destruction. But He did not manifest those powers. On the contrary, he said that, "Forgiveness is the greatest weapon". Because He has started taking from that manliness of father, to the affectionate nature of the mother.

In Geneva, which is the centre of so many international activities, the people, if you know, if you find them, they are doing the work of the Holy Ghost. There is no aggression, but there is nourishment, nourishment of all who are deprived, and inside yourself also this nourishment is given to us by this force of Kundalini which resides in the triangular bone. She resides in the bone called sacrum, and sacrum is sacred in Greek language. That means they knew about this sacred power of Kundalini within us which was going to nourish us one day when we become the Spirit. In Sanskrit language it is related to the Aquarius, the Holy Mother. They say it is the age of Aquarius. It is the age of the Holy Ghost. This Kundalini is the reflection of the Holy Ghost. It's the Primordial Mother. It's the Power of God, His love. The Father has got no power because all His power is the Primordial Mother. But the Father and the Mother are not like modern father and mothers. The relationship is just like the moon has with moonlight, the sun has with sunlight. Complete concord and complete oneness exists within them.

Now this Holy Ghost is represented within us as the Kundalini, the Aquarius, which represents the Mother Earth, in the universe, in the cosmos. And the Father is represented within us, reflected within us as the Spirit which is the Son.

So in Sahaja Yoga, first you have to go as a hypothesis of what I am saying. As you come to, say, a new college or a university, you try to understand the hypothesis and then, then you prove it. Then it becomes the law. In the same way then, actually, genuinely you get your Self-realisation or your second birth. You start feeling in your hand the cool breeze of the Holy Ghost. In many people who have problems you can even see the pulsation of the Kundalini in the triangular bone and rising of the Kundalini. And on top of your head where the fontanel bone area is where you are given artificial baptism, you can feel first the pulsation and then the cool breeze starts coming out of your head.

The other day I talked on the radio with a lady and just after the programme she got a cool breeze in the hands. But after that it is necessary to learn what this cool breeze is, how to use it and what is this power of the Spirit, that is your own. So this power which is the residual power, this power, it is called, because it has not yet manifested. It is the power of your desire which is not yet manifested and there is only one pure desire every human being has, is to become one with the Divine. This is the word, is yoga, means where you unite with the Divine. Not the physical yoga that we do sometimes to become cinema actors. It's a real happening within us. It is the actualisation of that auto which is governing the autonomous nervous system within us. With this we have two types of people who escape it: one are the people who are suffering from superego in the sense who are always taking and good for nothing. They are conditioned from childhood in such a manner that they feel all the time guilty about something, always unhappy and crying. These people come forward if they are of extreme types with the argument that, "Mother, I am no good for it."

But why do you judge yourself? For such people, I would say they must count their blessings. Just think: to be born in this beautiful country of Switzerland itself should say that there is something about you. Such people should count their blessings and should know that this is the epitome of blessing that they have to have. It is their right. It's their own achievement. Those people who want to misguide you will always tell you that you are a sinner, or they would say your karmas, you have to pay for it. So why should you pay to these gurus, then, if you have to pay for the karmas?

Then another type of people are the people who are over-educated, futuristic, dominating. They don't want to listen to anything but to their rationality which is so limited, because this mind is a limited vehicle. I am talking of the unlimited realm of divine bliss, and how can this mind understand that? I came by car and I had to leave it outside even to enter into this hall. So it is important to understand that we should keep an open mind.

I've seen the scientists who are supposed to be the most open-minded are really hypnotised by science. They do not want to see something that is beyond. That is how a person who has over-read and over-intelligent thinks no end of himself also escapes.

Both these extreme cases give you an imbalance in life, and I will tell you tomorrow what happens to you, what diseases you get because of these imbalances. Now for the person who is over-covered by his ego is very insensitive. He cannot see the truth. Anybody who tries to pamper his ego is willing to share out any number of money or any number of yours. So one has to be in the centre and understand that by argument about anything, it is not going to work out.

It will work out or may not work out. There is no guarantee that we can give. So, one has to desire that, "I have to become the Spirit and I should be that. I should be my own power," because you are that; you are your spirit. You cannot pay for it. Of course, it is ridiculous; it is absurd that one can pay to become the spirit. It is spontaneous, it is living and it happens to thousands of people these days – more in the villages, much more in the children's consciousness, because they are less complicated. That's what Christ has said that, "You have to become like children to enter into the Kingdom of God," and if you cannot become that, then one has to work it out.

So we have to be fair to ourselves, because this is the last chance. If you are identified with, say, some other organisation or some other thing, you can go ahead with it. I cannot force it on you. I cannot dominate you to do something. Only thing I would say that you have got that nourishing power within you which will manifest itself.

Now, one question everyone asks Me after My first lecture. I had better answer it just now. They say, "How do you do it?" It is very simple if you understand. A candle which is ready can be enlightened by any candle which is already enlightened, and if that candle becomes steady and enlightened, that candle can also enlighten another person. So, what do I do, then? Nothing. If I have the light, you get the light, and you give it to others, but you don't see the light; you become the light and you give the light. This must be understood, that seeing light is a short-circuit. Those who see light like that ultimately have to end up in the lunatic asylum. As a Mother I have to tell you everything very frankly. I don't want to hide anything from you.

I am thankful to you that you all have managed to come today and I am very hopeful that today your consciousness will move to that higher consciousness of collective consciousness and not the consciousness of hypnosis where you don't know what you are doing. Here something really happens to you as a result of Self-Realisation: you get physical, mental, and emotional cures.

Yesterday only I had a very big industrialist from India who came and gave a big lecture to Sahaja Yogis, saying how I cured him in two minutes of his angina trouble. It is very easy, because if you know the source of everything, for example, for example, if the centres are the sources which I will explain to you tomorrow, then only if you can nourish those centres, you get cured. Same thing about emotional problems and troubles from over-thinking and speediness. Last of all, spiritual problems, if you are weak in a wrong way, living a religious life, with wrong type of advices you get into trouble, following the wrong type of methods, you do get into problems, and this can be also sorted out by the help of your Kundalini and you become the master of yourself; you become your own guru. I tell about that tomorrow again.

So thank you very much and because today is the first day I would like you to ask Me a question which is related to Sahaja Yoga and not just a thing that because I read such and such a thing or I belong to such and such cult. You have to be kind to others. Yes, please?

Woman: I want to say that you are a fraud [Unclear].

Shri Mataji: Thank you very much. Yes, yes, thank you very much.

Woman: That you have no value. Your words are empty. You're welcome. Your face is greedy and you have no spirituality.

Shri Mataji: Yes, well, thank you very much. It's all right. It's all right. Thank you. All right, you have spirituality, madam.

Woman: [Unclear]

Shri Mataji: Now I'll tell you one thing, be fair to us. We have paid for this hall. We've have got these people, not to listen to you. Nobody has to listen to you. You take another hall and you may lecture. Everybody can. But as long as we have paid for this hall –

Woman: [Unclear]

Shri Mataji: All right, thank you very much. All right, now will you go? Thank you. Thank you very much. Now after all this, for you it is –

Woman: Good night

Shri Mataji: You can see before your eyes how it is. It's not proper. It is improper. It is impolite. It's impolite answer, to come to somebody like this. No, it's not proper, all right. This is nothing. The other day the people came to My programme to hit Me with a Bible. You should go now, please. Thank you.

Woman: [Unclear]

Shri Mataji: They have not come to listen to you, madam. They have not come to listen to you. No, nobody has come to listen to you. Will you please go now? Nobody wants to listen to you. They haven't come all the way to listen to you.

(Voices of people trying to put this woman out)

Woman: [Unclear]

Shri Mataji: It is libellous to say like that. Hello, madam, it is libellous to say like that to Me. Now keep quiet.

(Everybody talking at once. Now, loud clapping for Shri Mataji, all saying, "Jai Ma".)

Shri Mataji: Just see, look at that. Now what makes them think I am a fraud? I am talking about the fraud. What did I tell you fraudulent? I am telling you about the fraud people. Did I ask you for money? Why should I be fraud? What will I get out of being a fraud? I am not taking any money from you, am I? I have no organisation, nothing. Why should I be a fraud? For what? In the first place, I don't need anything, but this is what it is. I am sorry for them. This is nothing, last time they came to Me to hit Me with the Bible. Imagine! [Unclear] Yeah! And I was just laughing, you know. She was on Me, and I didn't know what to say. It's stupid. Only I can say that you must verify for yourself. What has she done for you so far? I have here people who can tell you their lives have been transformed. They have become good citizens, and not only that, but they are cured of some horrible diseases. They have

come out of alcoholism, out of drug situations, out of so many things. They are changed, transformed, beautiful people, and awareness of their understanding is so high that when they talk people ask them, "Are you a guru yourself?" What I am saying, that you have these powers within you and you have it; that's all. I'm like a banker, saying you have to cash your cheques, and what is there to get angry for that? If I say there is a diamond here, it's your own taking, you get angry with me for it. Human beings can't understand anyone who is direct. Why did they crucify Christ? These are the people. Actually, you can't call anyone a fraud even if I wanted also. And with your laws you cannot, but the way people take liberties with Me because they think I am forgiving, but they should forgive themselves and they should understand that God has created them as human beings with such great care, and they have to achieve the purpose of their life.

All right, now if there is anybody who has any sensible questions, ask Me [unclear. Is it a sensible one, madam? Or you have another [Unclear]. Is this the gentleman [we talked about]? Is this gentleman sure?

Yogini translator: Yes.

[Yogini translating to Shri Mataji a question]: He has always heard that it is dangerous to awaken the Kundalini.

Shri Mataji: Yes. I understand. That was another question I should have answered in the beginning. Yes, I should have answered this question, because this is the second question people ask. Now I have to say one thing, that Kundalini is not dangerous at all. She is your Mother. These are some naive people who try certain things like [kinesis] trying to put their fingers into the plugs and say that electricity has given them a shock, but Kundalini never gives even a shock like electricity does. But there is a protective force within us which is based in the last centre there, as you see. It's called as the support of the Mooladhara and the support of the Kundalini, and it is the innocence of every human being. So, when people try to exploit the innocence of a seeker, then this power of this centre rises through the sympathetic nervous system and gives all kinds of manifestation, like people start shouting, some people start getting blisters and heat and all that. But the Kundalini when awakened by Sahaja Yoga rises through the central path very smoothly. You may feel a little bit heat, little bit tolerable heat first, because if your body is a little bit in a turmoil or your mind is in a turmoil, then you might get a little bit of heat coming out of you head first. A little bit, like a ventilation, and then you can feel the cool breeze. It is never the heat that takes you towards construction. For example, if you experiment with helium gas, and you heat it, you will find every molecule starts behaving in a funny manner. But when you cool it down, every molecule acts in a collective way, and that is what is to be seen when you get your realisation. You start feeling a cool breeze from your hand, but all these experiences that they have described are the people who have done it in an unauthorised manner, a man who leads an impure life, who has no compassion but greed in his mind, such a man cannot raise the Kundalini. As she said, the fraud, the fraudulent man cannot raise the Kundalini; only the anger of innocence comes forward and harms people. In Sahaja Yoga now we have had thousands of people all over the world who have been benefited and nobody has felt any discomfort so far. Only I saw once or twice when a person is possessed by some black magic business, then they get a little sort of shivery or shaking, or lunatic people get shaky, but it can be corrected.

Yogini translating the question: So he has two questions. The first one, he says how come the power which has been sleeping for so long can be awakened in the fraction of a second? And the second question is that you said this is no organisation. How come we have lots of material, video and so on and you make publicity in town?

Shri Mataji: Yes. Now, the first question is really relevant. It's this, that how can a Kundalini that has been sleeping for so many days, suddenly rises? On a Tree of Life there can be only one flower, could be two flowers. For years together there could not be more than five, six flowers, but when the blossom time comes, there are many flowers. There are many seekers today, and the Divine is anxious now that Kundalini should manifest because it is the time of Aquarius. The time has come to happen that way. All right?

Now the second question is very interesting, that how is it there is no organisation, yet there is so much published? It's a very interesting question. It is not an organisation in the way you understand, that it is not a dead organisation. It is a living organisation like a body. Now, for example, we have no membership. We have no membership fees. We have no list of people as such, but how it works out, when they knew that I am going to come to Geneva, those who have been awakened to this all over

the world have sent something to Geneva. There is no compulsion on anyone, and I also don't know how spontaneously it worked out because some people sent them the paper from Australia, some sent them some other posters from other places, from India, and there are Europeans who just spent some money to get this hall and to post all these things there. So it has worked out on a very large scale. I don't know how they have done it. It's like a great festival of everybody spontaneously joining. As far as I am concerned I don't take any money at all. On the contrary, most of the travels are done by my husband's money. I have so many other expenses also. My husband does because he also, as you know, is a Secretary-General of one of the United Nations agencies and he thinks this is the solution for many problems. Luckily it is so, by God's Grace, and actually if you ask Me, I really don't understand money at all. So that's how it has worked out spontaneously. Now I am going to America. You will be surprised; people have gone already from India, from Australia, from Europe, from England to work it out. Actually, I was surprised Myself to see My photographs all over. I didn't know anything about it, how they did it, and I ask them. And I ask them and they say, "It all works out, Mother, somehow." Actually, if you do not advertise people don't know about it, but how far one can go also you cannot know it, is a big problem. I don't know any other way of getting to the people for this. Mostly it has worked out by word of mouth so far, because we can't also manage too many people at a time and the quality is not good there. Like now we have established, some of them are well-established; now we can have some publicity like that.

Yogini rephrasing the question for Shri Mataji: I have one question. As you said, we were seekers and that we want to awaken this Kundalini. How can we be sure that we don't want just to achieve the power of Kundalini? Is that correct, sir?

Questioner: Instead of the new seekers looking for the spirit or...

Shri Mataji: I mean, I don't understand. He doesn't know how I know that he wan't to...?

Yogini rephrasing: No, how can they know if they are true seekers or if they just want to get the power of the Kundalini?

Shri Mataji: You see, if you are a true seeker then only you will get the power of Kundalini. It is not a power to kill somebody. It is a power of nourishment, My child, of your nourishment and nourishment of the whole universe through. These are not two things; this is one. He's a seeker, he's a special category of people, and they get their realisation because they are seekers. If you are a hypocrite you cannot get your Kundalini awakened. I am sorry that. It's a very innocent question.

[Who is he?]

Yogini: [Pere?] William.

Shri Mataji: But don't judge yourself, and as far as I'm concerned you are all true seekers. All right?

Questioner: I find what you have said very interesting. I would like to know how did you come to this knowledge? How did you find out yourself?

Shri Mataji: I will ask you one question and you will know the answer. How did you find out you were a human being?

Questioner: Pardon?

Shri Mataji: How did we find out that we are human beings? Like I do. I had to find out that way the first time. Just like that, I knew I was that. I knew that I was this. I had to do this job. As you know you are a human, just like that. That's what did it. Now you have expressed yourself. All right? I was born with this awareness. Somebody has to be born, whether it's Me or you. Now this is my thankless job. What am I to do? If somebody can do it, I will be very happy to be done, but it's rather difficult. It's rather difficult sometimes, it's sometimes like mountains you have to raise, but we have managed and we'll manage more. But one thing, again I tell you, that after getting realisation you should not just say, "Now today I am realised." You must know all about it. You must establish yourself, completely. You should be the master. Otherwise, you will be like the parable of Christ, where He says that, "Some seeds just got sprouted and were ruined." For that we have luckily a centre in Geneva, and you can all take full

advantage of that without paying any money.

All right. So how do we do it? Now there is one simple thing I will ask people, that you take off your shoes because we have to be in contact with the Mother Earth. So people don't want to do even that. This is the little thing, I your shoes are not your nose and eyes. You can take them out. Just take out your shoes. I think it is needed, that's all. Just take off your shoes. I mean the earth thing is needed. We have to be sensible, and if it does not work out, not to get desperate. I am here for three days and I am going to tell you each and everything.

Now just you close your eyes because there is no hypnosis here, and put your hands just like this because as you see in there, these five fingers, six and seven are the centres on the left and right side of the sympathetic nervous system, and through them the message goes. Now the left hand is for the desire and right hand is for your action. So please now close your eyes.

Talk aside by Shri Mataji: Too much lights. Can you put them off? Some of them could be put off, please. That's it, thank you very much.

Now just close your eyes and just sit straight with both the feet parallel on the Mother Earth, comfortable. Means don't push your head too much forward, backward, just in the centre hold it proper. If there is anything uncomfortable, tight, you can relieve it a little bit if you think something is uncomfortable. Even spectacles could be removed because it also helps eyesight. So you can remove the spectacles. As your eyes are closed you don't need spectacles. And now we have to be settled down for our higher consciousness, with the due respect to yourself, as you are the temple of the Spirit. First and foremost thing, I have to request you that you say within your heart, that you are not guilty. Please say, "I am not guilty." Do not feel guilty at all. It's a condemnation of the self. Let God judge you. Let your Kundalini judge you. You just say, "I am not guilty." Here I am talking to you about the force of compassion, ocean of love, ocean of forgiveness, and what little guilt that you have there? So please say, "I am not guilty." Then, call Me Mother, or you can call Me Shri Mataji, if it is easier for you, that's My name, to say "I am not guilty." "Mother, I am not guilty," or "Shri Mataji, I am not guilty." Now keep the left hand on your lap towards Me. Hands should not be towards your own hand but towards Me on the lap. And now you put your right hand on your heart, where resides the Spirit. On the heart, on the heart, and with full faith in yourself, ask a question to Me thrice, "Mother, am I the Spirit?" Ask the question. Just ask the question, "Mother, am I the Spirit?"

Now the second action is to awaken within ourselves our principle of guru, principle of mastery. Abraham and Moses were the incarnations of this principle of primordial mastery, and there are many others. So now, would you please put your right hand on the stomach on the left hand side and please say ten times, "Mother," because you asked me a question, "are you the Spirit?" and if you are the Spirit, the second question should be, "Mother, am I my own master?" because the Spirit is your master. "Am I my own master?" "Am I my own guru?" "Am I my own guide?" Ask this question ten times because we have ten petals of our sustenance. Now again you put the right hand on the heart and please say that, "Mother, I am the Spirit." Now assert yourself, with all faith and confidence in yourself that you are the Spirit, without any fear. Say it twelve times, please. Sincerely say it, "Mother, I am the Spirit."

Now raise this hand at the left of your, at the shoulder where the neck meets the shoulder on that corner, from the front, and say again for sixteen times because it's very common in the West to feel guilty. Say, "Mother, I am not guilty" sixteen times, and if you have done too much, say it thirty-two times just to punish yourself. Please say it sincerely, "I am not guilty." It's like a mountain of guilt.

Now put your same hand across your forehead and say with all generosity that, "Mother, I forgive everyone," out loud, again, again. Eleven times. This is the last time [the people repeated in French "Mere, je pardonne a tous" which means: "Mother, I forgive everyone"].

Now, put the hand on top of your head. You will find it hot. Now just try to press it slowly with your palm on the fontanel bone area. Press it seven times, and by pressing it you must know that I cannot cross your freedom. I cannot force Realisation on you. So you have to say seven times that, "Mother, I want my realisation. Please manifest my realisation. I want it." You have to say it.

Now raise your hand quite high up and see if there is a cool breeze coming out. You can put your right hand down and instead use the left hand. Put it higher. You can change your hand and see. Don't open your eyes. See if there is a cool breeze coming out. Now I tell you how to raise your Kundalini. You may open your eyes. Put your left hand in front of your Kundalini here, sitting down, like this, left hand. Now with the right hand you start moving like this back, forward, upward, forward, backward like this, in a clockwise manner. Now while moving it you are giving realisation to yourself, not Me. Just move it properly; that's all. Take it on top of your head and turn it round and give it one twist. Now a second time, take it up full force. Just do it like this, second one, in the third one we have to give three knots. Take it up, one two and three. Now see if you are feeling the cool breeze in the hand. Feeling now? Something? Raise your hands now. Ask a question in your heart, "Mother, is this the breeze from the Holy Ghost?" So now you are feeling it? It has to start moving. Now just see if you are feeling it.

Now you see in your mind if you are thinking. Is there any thought? Are you relaxed? Are you feeling the cool breeze on your head and in your hands? See for yourself. Judge for yourself. Watch Me and see if you can do it without thinking. Those who have felt the cool breeze please raise your hands. All of them. All of them. Good, most of you have felt it. Now, this has not happened by argument or thinking. So I would request you to go home without thinking about it and sleep tonight, comfortably. Those who have not felt will feel it also. Tomorrow again we'll be here and I will tell you how to manage it further. Did you feel the cool breeze? No? That doesn't mean you are not a seeker. Now put your hands like that. Let's see. Those who have not felt it, please raise your hands. Yes that's good, now. That's good. Now, all these people keep their hands like this. We have Sahaja Yogis; they will see you. Now come along. Those who have not felt the cool breeze. All right. Now those who give realisation to others, now come along, come along, just come along. Now be quiet. Nobody should talk. [Unclear] too much. Those who have been smoking must tell that they have been smoking because, you see, that affect the centre here. [Unclear] just now, just relax, can you?

[Unclear], no? Both of you? These three or four have felt?

Sahaja Yogini (translating): He did not feel anything. He says he has a question.

Shri Mataji: Really? All right, but you can ask questions tomorrow, better [unclear]. Come along. Now be sensible, [what about] these questions. [Unclear] very few haven't got it. Be sensible.

Can we get some [unclear]

[Unclear] Take it here

All right, good, good, really! [Unclear]

Oh good, excellent.

Great, great, now you must learn everything about it [unclear]

You must know about it.

1983-0830, Be Identified with the tree

View [online](#).

30 August 1983

Talk to Sahaja Yogis

Tannay (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED Talk to Sahaja Yogis during Entertainment Programme, 30 August 1983, Tannay, Switzerland

[Beginning is missing]

Shri Mataji: Tannay is the 'holy land' [in Sanskrit].

Gregoire: [Translates in French: I'm speaking to all the Sahaja Yogis who have met in this beautiful place of Tannay, which in Sanskrit means the place, the square, the holy place.]

[Laughter]

Shri Mataji: And the road –

Marie: Mother, actually this place is called “Holy Land” also in French.

Shri Mataji: That's what I am saying. It's a fact. And the street which has cool breeze [chemin du Joran], is such an expression of the Unconscious as to what we are going to do in this place. Even, when you get your Realisation, you are still sometimes in a growing stage up to a point. Like you are nourished by the Mother Earth all the time, but you are not aware of it. In the same way, the womb of Sahaja Yoga nourishes you to grow up into beautiful beings. Still, you have to come up to a point when it has to click in such a way, that you start feeling the awareness of that abounding love. In the small children, it clicks very fast because they are so innocent and uncomplicated. And in some people also I have seen it clicks very fast as soon as they get their Realisation.

But in some people, they have some more ego trips left to be finished. So, they come to me. I find they are flying in the air like bubbles. And as if blown by the nourishing mother, blown out like the bubbles on the surface of the sea.

And there are many who are suffering from superego. They get mixed up with the sand and become very heavy and all the time weeping, crying and making complaints about personal things. But once this thing clicks, they become one with the spirit of the ocean. Then they feel that deep joyous force of the sea, which nourishes them, guides them, and elevates them, every moment. Like deep down into the sea they go and there they find the beautiful pearls of eternal experiences. And when they find these pearls, they bring to Me as poems, as dances, as smiles, as laughter, as enjoyment. These are all within you.

Gregoire: Who is the poet here?

[Laughter]

Shri Mataji: And they lie there, away from your consciousness. Though your consciousness is enlightened by Self-realisation, it is not yet enlightened by joy. That is something happens to all of you gradually as I told you and should happen to all of you as soon as possible. What is there to surrender to a force that itself is flowing towards you and nourishing you? Do we say that the lotus has surrendered itself to its fragrance? Do we say that the sun has surrendered itself to its brilliance? Do we say that the moon has surrendered itself to its coolness? It would be absurd to say like that. The word surrender sometimes can mean only at the most in the text of Sahaja Yoga that we surrender our egos, our limitations, our shallowness and what we have achieved is our depth, our own. We have surrendered all that is useless for something that is so great and eternal.

This weight of ignorance has to drop out. I don't know what I do. I don't think I do anything, because I am really doing nothing! Sometimes I think that this is not my due to be praised like this. Because whatever is my nature, that is what I am, and I have not achieved anything. I just exist with my nature because I can't do anything else. While you have achieved! It's great credit to you! Very great credit to you.

[Gregoire does not translate]

Shri Mataji: Say it, Gregoire. Better say it.

Gregoire: It's very great?

Shri Mataji: Credit to you, that you have achieved this enlightenment to see yourself, your true Self, which is so joy-giving. Actually, I should compose a poem in praise of you. And I do my best to show, by my own methods, how the Divine is pleased. And that, you see everywhere, every time, every moment.

So, tonight, you all should only say one thing in our hearts that, "This bountiful nature of motherhood should be brought into our consciousness", which, I told you, is called as Ritambhara Pragnya, means your consciousness, when gets enlightened to that nature of this Mother Earth, which fills it up with different seasons. That is 'Pragnya'. That happens to everyone, I said. But it happens more to people who try to be in the centre and don't go to ego trips.

Some Sahaja Yogis I have known, have been boasting that, "I am the one who is going to establish Sahaja Yoga here. And I am this and I am that. I am a special person and Mother has especially selected me". Anyone who thinks like that is no more a Sahaja Yogi. It's like he is holding on to a tree, and thinking that by holding on to one leaf, he is going to dominate the whole tree. Such a person will just have that little leaf in his hand, which will also die out after some time. You have to run in the veins of the roots, of the branches, of the leaves, of the flowers and of the fruits. You have to be the essence of the tree that nourishes and not just the outward leaves with wrong ideas about yourself.

And the people - superego- who are limited by their small personal problems also must know that they will have the same fate in Sahaja Yoga. Put the problems of the tree always ahead of the problems of a leaf. Now it is high time to jump from that little area to the vast area, which has no bounds. And once that happens, you will be surprised that all these little petty problems will drop out in the ocean of greatness. Don't indulge into them. And leave them in the hands of the tree, so that-

[Aside] How many trains, here? Every 5 minutes.

Sahaja Yogi: [Unclear].

Shri Mataji: So that all your family problems, all your small petty problems will be looked after by that nourishing force. Because you belong to a very great tree of wisdom, tree of great sustenance and religion, and tree of great mastery. The mastery that you can never know how great it is. You belong to a tree that has complete security for you. And you belong to a very great tree which gives you complete witnessing of the drama. And which gives you an understanding that the whole is a part and parcel of you and you are part and parcel of the whole. So, you belong to the great ocean of love and generosity.

So, this great tree of life has everything integrated within itself. This is the tree of life that has been described in the Bible, the "Tree of fire" they call it. Now you have become one with it. You are blessed by it. You are loved by it. You are gently guided by it. It's so gentle that you do not even feel the guidance. Like a leaf when it falls on the ground, it doesn't make any sound. Try to become identified with that power, that is what you are.

Like the meaning of the word is identified with the word. Like the moonlight is identified with the Moon. The sunlight is identified with the Sun. Let that identification be that one, that oneness, that integration so that you become the light of that God's love, that people know God through your deeds and your fruits. It is the most fulfilling job, highest-paid, in every way, the most satisfying, energy-giving and dynamic.

You don't have to give up anything. Just reorganised, in the light of Spirit, yourself.

I must thank you very much for the nice entertainment you had for me. It was really a surprise, a great surprise of tremendous joy.

Thank you very much.

1983-0830, The roots of human beings

View [online](#).

30 August 1983

The Roots Of Human Beings

Public Program

Geneva (Switzerland)

Talk Language: English | Transcript (English) – VERIFIED

I bow to all the seekers of truth. Yesterday we saw the general aspect of Sahaja Yoga and how these modern times are connected to the future and to the past. Because if it is a living process of evolution then it is a continuous process intermittent with transformations. But we human beings believe that whatever we achieve through our mental projection is the transformation. For example, when we started to establish our kingdoms, we thought that monarchy will solve the problem and we adhered to it very much. Later on, we thought it's better to have democracy, or some people thought we should have communism.

Some people thought that Christianity would work out. Others thought that Islam might work out. Some thought it was Buddhism that is going to help us and some thought it is some other religion will help us, like Jainism or Zen. Now, if you really see all these human endeavours from a detached mind, you will find that there is something missing in them. There are psychologists who said that it is the sex energy which is important and we should not be conditioned. So, they used their ego to express themselves without any conditioning. And the others who believed that it is the willpower that is important and you must develop your willpower. But one should know that truth cannot be two. It has to be absolute. And the point at which we are today, we are absolutely diversified. So, we developed a new, another system by which we say we should be tolerant of everyone.

We must tolerate everything; there should be coexistence of everyone. But it is a very precarious imbalance. Any day it may blow off. Every moment there's a danger that the whole thing might blow off; this tolerance might just topple down from this side to that side. India is the greatest democracy – I have seen the democracy part of it. I have seen all the democracies of the world because I had a chance to visit most of them. I have seen all – most of the totalitarian governments, also the communist regimes all over the world. And I feel all of them have missed the point. In none of these organisations, people are happy. We can see clearly that there is a kind of a dearth everyone feels. If somebody thinks that fire is too much to burn the body you jump in the frying pan – it's just the same. So, this so-called tolerance also has no basis.

On the contrary, in this tolerance we might even tolerate horrible people who are demonic. So, the modern times, as we see, are full of confusion. No one knows who is right, who is wrong. It is all a relative world we live in. Everyone thinks that they are the best, and at the most they can tolerate each other. If it is truth, it is not to be tolerated; it is to be enjoyed.

So now what is the problem with the whole world today which is awaiting shocks after shocks? As I told you yesterday that we have developed our tree outward, very large in size – enormous – but we have not tried to find out our roots. So there have been some people from thousands of years who have been trying to see the roots of human beings, and every time there has been a problem with them, there has been some sort of a guide, an incarnation who came on this earth.

All over the world, we have got great prophets and great incarnations who came on this earth to enlighten human beings. But, as you know very well, all of them were tortured by human beings. The reason is we live with our mental projections, which is all artificial. Not only artificial, it is also a thing by which we do not know where are we. It is a very relative plain we live in, like a balance going up and down. Now the trouble is that so far whatever development we have done through our mental projection thinking this is a good thing. For example, we said we should find out science everything, all right. So, we found out science. And then you said, "There is no God. Let us find out the science," and what did you find out? The most advanced countries like Russia and America has found out bombs and missiles to kill each other. No animal can do such a nonsense, and we justify it all our stupidity!

Now, if you see on the side of religion, what have we achieved? Those people, say for example, believe in Hinduism, it is said that in everyone resides the Spirit. Then how can you have a caste system? How can you condemn somebody as a schedule caste and a higher caste? At the most you can say that a person has an aptitude for seeking God, some has an aptitude or liking or fondness for doing business or for politics. But how can you condemn someone from very childhood that you are a schedule caste, you are a higher caste. It is against the absolute basis of Hinduism. The basis of Indian should be to dedicate all his life to achieve his self-realisation. But what are they doing? They are behaving now like developing countries, trying to be developed like you – producing plastics.

Then we have another religion, we can say, like Islam. The whole attitude towards Islam is extremely fanatic. How can you be fanatic when Mohammad Sahib fought the fanaticism? People are so fanatic that even Mohammed Sahib has got the colour as if he was a fanatic. But he was a great incarnation of the Primordial Master Principle. The Namaz that he has taught was nothing but the Kundalini awakening. He has described Kundalini as 'asas' [base, foundation], in the triangular bone. He has, not only that, but he has said about Resurrection times so explicitly, so much that if you read it, you will find it is nothing but Sahaja Yoga he has talked about. To such an extent that he said, "When the resurrection time will come" – he has talked of future; definitely he has talked of future; so, he was not the last who will do the job then. He said, "At that time your hands will speak." I don't know what credit we have given to him by just becoming mechanical fanatics.

We cannot establish any religion out of fear. Religion is within ourselves. Which is to be awakened; it is the sustenance within us. If it is awakened, we do not do anything that is wrong. In darkness if we are – we may bang at each other; we may do anything. But in the light we know relatively how we stand to each other and there is no need to have toleration. Only the blind have to talk of toleration because they have to save themselves and save others because they are blind.

So, there is this kind of a manifestation of such a great incarnation who came on this earth to guide us so well. Let us see what we have done to Christ. We have again made him a mental projection. The one side is the Catholicism which is just a blind faith and the right side is the Protestantism which is just rationality. One is blind and another is limited.

We must face it because if we go on like this mad – our forefathers have gone up like that; our generation is going up like that – tomorrow our children are going to refuse Christ completely. Now, some people who are saying that, "No, we have to have a second birth as Christ has said." So, they are so stupid that they brand themselves – act to be realised souls or as twice born or something higher – just brand themselves. Of course, they try to lead a life of austerity but austerity gives you temper like the lady yesterday.

She was in a temper for nothing at all with Me. It is artificial austerity, superimposed feeling that we have to be ascetics.

Like I had some hippies in the beginning and I asked them, "Why do you want to live like a primitive man?" So, they said, "We want to be primitive because modern man is crazy. We want to have an anti-culture." I said, "By changing your dress, your brain cannot change. It has become modern. How can you change your brain now?" Some of them did understand that you cannot change your brain by changing your dress or by accepting a kind of a fashion of becoming a hippie.

So, the true seekers must know that they should not live with artificiality about even thought. I mean, if you go and see the whole world – I was myself born in a Christian Protestant family in India, and when I travelled across, I was amazed to see that those who call themselves Christians, who were saying that, "We are the true followers of Christians," whom Christ had told, "Thou shall not have adulterous eyes," have the most adulterous eyes and very immoral life.

So, Christianity has failed to give you that power to be Christians because by artificial things you cannot transform a personality. When I went to England first – like yesterday there were people opposing Me saying I am Victorian – English language has a capacity to brand people like this – "You are Victorian, very old fashioned." This was about ten years back – I said, "Go ahead with your immorality but you will suffer." Today, now that America which rejected Me is suffering from a horrible disease called

AIDS. No Christianity can cure it. No Bible reading and no lecturing and no sermoning and also no prayers are going to cure it. Only the awakening of the Kundalini will do.

Now – so they have taken to another extreme of taking an austere life again. So, they are living with opposites, they are living once with a licentiousness and another with austerity. So, as I told you yesterday, they are moving in a pendulum, but as I told you again yesterday that the consciousness, if it has to rise, it has to rise spirally so that you land up at a higher plane. So, what is the pinnacle of the whole thing? What is the absolute of everything? That is what we should try to find out sincerely and humbly.

But then the question comes that, “How can we find out?” Not in books, not in Churches, not in temple, so where? So, I say, “It is within you.” Then you would say, “But how to enter inside?” Your attention is towards Me; you are listening to Me. But if I say you have to enter inside yourself you cannot. Under these circumstances, what should we do? So gradually we come to a Rock of Gibraltar; we don’t know how to cross it. At this time so many people have come out with solutions in the market. And we also start seeking it in the market place. But again, you cannot find that in the market, you can only find out in the temple of your heart.

So, what should we do? Now we must think from other point of view that if God has created this Universe and if the whole human race is the epitome of evolution, He must have done something about it that we reach that pinnacle. So, if we move with that understanding, we can refer to many scriptures about it. Still the words are words. We do not know – say in 14,000 years back, a poet has written about Sahaja Yoga in India.

In the Bible you read about the tree of fire. You read about saying that, “I will appear before you like tongues of flames.” In the Zen system also you read that you become a ‘kashyapa’ But how? We believed in people who claimed that we are the ones representatives of the religion. Some of them shaved their heads, wore long robes and created a big image as if they were representatives. From one representative to another representative when you move, you should see what are their followers doing.

But even if you see that, still the Rock of Gibraltar has not melted away. So, we have to understand that God has made some arrangements within you. Now, if I give you a hypothesis, it is not just My own. It is based on all the scriptures of the world, on all the incarnations, true incarnations of the world. That within us lies the power for you to get your second birth. No use getting angry with Me for that. I am giving you a very open proposition that such and such power lies within you so far, sleeping, and the ascent must be understood – what should happen to us. As I told you yesterday, when it happens to you, it should happen in a living way so that you should understand that human beings cannot do it; it has happened spontaneously. And when it rises within you, you can see with your naked eyes in so many people the pulsation moving in your back and jetting out of your fontanel bone area as a cool breeze.

Also, you then find that a cool breeze starts flowing from your hand or you start feeling the cool breeze all around you. This happens to you and this cannot be mesmerized or pushed on to you. If it does not happen, it does not happen. You cannot have a false certificate that it has happened; it’s no use. You have to have the truthful experience. It has to happen, of course, but you must know that if it has not happened, one has to work it out. And then when you start feeling this cool breeze around, this is the cool breeze of the power of God’s love.

This is the first time you feel that subtle energy of God – real energy of God. Now this is the energy that does all the living work in this world. But we take everything for granted. Now see, a tree comes before us from a little seed and an apple tree gives an apple fruit and a mango tree gives a mango fruit. Who does the choice? Even medically I can talk to you about it very clearly. Within us there are two chemicals called acetylcholine and adrenaline and one of them has to augment and another has to relax. But in the human body, doctors cannot say why, the one which is supposed to augment, relaxes and which is supposed to relax, augments, and how? Under what control?

Very simple example I’ll give you that in our human body anything that foreign matter goes is expelled out, or the body tries to expel it. But when a foetus is formed in the womb of a mother, it is not only retained, looked after, but nourished so well till it is

ready to be expelled. Who does all that? We take so much for granted, everything. If we have risen in our consciousness say from amoeba to this stage, why shouldn't the doctors and the scientists think, "Why?" For example, if I try to assemble some parts like these, you will ask Me, "What are you making?" Then I would say, "All right, wait till I make it and I connect it to the mains." And then the instrument starts working in the real way. So, what is missing in all these enterprises, that we are not yet connected to the mains, and that connection takes place when Kundalini rises and the yoga is manifested.

This is the spontaneous yoga, and that is what one has to understand that we should not ask for some sort of a hotchpotch or a potpourri but have the real thing. You don't know at what precarious point you all are born. If you are still running after the falsehood then who is going to save this world? People have their gurus; they have their false guides and this and that, and what will they achieve – I don't understand – except for becoming cabbages? Now the time has come for you to become the Guru. You to become the leaders so that you are able to save this world.

We are not any more needed to go through the horrible idea of penance. The Jews denied Christ and they said that we must suffer; so, they suffered nicely. Now do they want more suffering? But after that suffering, they have become so ego-oriented. But what surprises Me that even after what Christ has suffered the Christians are saying we must suffer. As if he has left something for you to suffer. There is no suffering needed any more. The time has come for you to enter into the Kingdom of God. I do not say that you believe Me, absolutely not blindly.

So, what you have to do is to keep your mind open because you have to gain, not Me. You have to achieve your being, not Me. You have to receive your blessings. Yesterday many people got realisation and they felt extremely joyous. And many of them came and said, "Mother what a blessing! This is the first time we can now prove the existence of God because this is the age of the Holy Ghost, age of the Aquarius, which is represented within us as the Kundalini."

Christ has said that, "I will send you the Holy Ghost." He has clearly said that it will redeem you; it will comfort you; it will counsel you. And what are we doing about it? Are we waiting for a Comforter to come in or not? Kundalini is the Comforter within us. She is the redeemer in us. And She is the guide within us because She makes us connected to the Spirit. As a result of your self-realisation, you become. Again, I say you actualise the consciousness of collectivity. I would like to say that when the people talk of generosity, and of missionary work or of helping others, they are sadly mistaken.

It is social work. It is not God's work. Don't bring God on that level. Human beings have created problems for them and they are solving it, but why bring God in between? God's work is not of that low-level, shallow stuff. When you start doing God's work after self-realisation, you actually don't do anything, but the love of God just flows to another person; a person gets completely cured. He gets absolutely peaceful, he gives up all his bad habits and become a master of himself, and he becomes a very beautiful person residing in the bliss of God. Because in collective consciousness, who is the other? When you are part and parcel of my body – supposing, if I have pain in this finger and I try to rub it, whom am I helping? I am helping myself. There is no need to do all these huge, big advertisement and these presentations saying that person is doing such a helpful work and all these prizes to be given to such people.

Now we have here many Sahaja Yogis sitting among you. And they can tell you that since they have got their realisation, they have never taken a pill, they have never fallen sick and all the bills of the doctors are saved! Now I have done nothing – I don't know why they want to thank Me! If the sun shines the rays work out his work. In the whole process, the sun is not conscious of it, is it? So, there are no karmas; there is no action. It is all inaction, akarma, and it all works automatically. You don't have to do anything that has to be artificially accepted. So, it is such a genuine thing and is the thing now that we all have to have. This is the only way we can prove the existence of God. Co-relation of the past, present and future. All the saints and all the great prophets and incarnations can be explained in the light of self-realisation. It is the proof of all the manifestations so far which were above our brains.

Tomorrow, I hope I'll be able to tell you about the inside story of this mechanism. If there is darkness in this room and you come inside, you tell Me that you just switch on with one switch and all the lights come in. It is a very spontaneous happening and one wonders how it has happened. But one must know behind all this there is a very great organisation which is working it out, and

for that you have to understand the laws of Divine and the mechanism of the Divine work.

As this energy flows through you, it guides you, also to verify everything that is said. I thank you very much for giving your time today. But yesterday there was one funny woman and five, six people who organise themselves and tried to be funny and just said I am a fraud and would not allow the proceedings to go further. I had just asked her to ask me questions – ask them. But I think she must be belonging to one of these artificial organisations which feels challenged.

But one must know you are the loser. All such organisations have given you nothing. Why do you slave for them? Why don't you take your realisation? And because of yesterday's happening, people don't want me to answer your questions in the public but you can write your questions and give them to Me and I'll answer them tomorrow in my lecture, because I don't want the peace of this audience to be disturbed.

May God bless you all !

[Please note : The next three pages which have been typed are not mentioned in the actual speech, therefore the text has been shifted to page 8 for perusal]

Please do not disturb others. If you want to go, if you are just fond of listening to a lecture you can go away but don't disturb others. It is not fair for yourself and to others. No, I am sorry, I am sorry, I am sorry, I am sorry. Please go away. Don't ask any questions. Please go away. Please, these are the people who have organised it. Please go away. No question. Please go away. No questions. No, please, question. No questions. Go away.

Please go away. Go away. No questions please. Go away. Go away – this is what they have learnt in their own sects! Go away. No questions. See! What have they got? Why are they missing the point? Chi ...poor things are taken money off. They are going. They have no power of their own thinking. I have known so many who have come to Me after becoming just like cabbages, suffering from epilepsy, this disease, that disease. Their job is just to disturb, that's all. Is that the value of human life? Is it for that God has created you with such care and such love?

Now I would request you all to close your eyes. Just close your eyes. And put your hands towards Me like this. Then another request is that as we are going to use the Mother Earth, to suck our problems. We better take out at least our shoes, if not socks. It will help. Now you put your hands towards Me and close your eyes because in mesmerism they keep your eyes open. Now close your eyes. Just close your eyes.

Lights are too much.

Now, as I told you yesterday, your left hand is for the desire power and the right hand is for the action. Now, you just keep your eyes shut – that is very important. Don't open your eyes, because when the Kundalini rises above the optic chiasma, if the eyes are open, it falls down. So now, as you are the Spirit, you have to put your right hand on your heart – it's very important. And keep the left hand very comfortably on your lap. One thing, you have to be comfortable.

Now, first thing you have to do is to forget that you have to be guilty for anything. You have to say that – a question to Me – that, "Mother, am I the Spirit?" You have a right to ask because you are that. This is your right.

Now you have to establish your principle of mastery, because the Spirit is the master and the master has to be recognized within us. So please put your right hand on the left hand side of your stomach and say that, "I am the master. I am my own master." Say it ten times because we have ten petals of our sustainers.

Now you put again this hand on your heart and say, "Mother, I am the Spirit." Assert it. Say it twelve times, please, "Mother, I am the Spirit."

Now, ask it genuinely – it's your right. Now raise the right hand on to the neck, the base of the neck. Put it on the shoulder from front. Hold it tight. Do it from the front; cross over and do it from the front. At this centre, you have to say, "Mother, I am not guilty," because if you are guilty, this centre is caught up. So you have to say it sixteen times. If you have been really very guilty all your life, it's better to say thirty-two times, as I told you, or maybe one hundred and eight times to punish yourself.

This centre is catching the worst of all. It's a fashion also to feel guilty perhaps. I am talking here to you about the ocean of love, the ocean of compassion, the ocean of forgiveness. In that ocean please forget your small little mistakes. Now put the hand across on your forehead. At this point you have to forgive everyone, totally everyone. Just for my sake you forgive everyone. People always escape this. They say it is very difficult, but if you are not forgiving, it is a myth. With whom are you angry? You are not angry with yourself. But you are harming yourself. So please forgive. This is the greatest weapons of weapons. Unless and until you forgive others, God is not going to forgive you. So that God should forgive you, when you cannot forgive others their small mistakes, how can God forgive you? Now, put your right hand on the top of your head on your fontanel bone area where you got – you had a soft bone as a child, and try to press it a little bit.

At this time I cannot cross your freedom. You have to be absolutely free to ascend to the complete freedom. So you have to say, "Mother, I want my realisation. Please give me my realisation." Say it seven times. Try to press every time you say it. At this time don't feel guilty again that, "How can I ask for realisation?" Please forgive yourself. Now try, just to put your attention towards your hand on your head. And now raise your hand high and see if there is a cool breeze coming; or else you change your hand. Put your left hand on top of your head and see for yourself. You have to give yourself a certificate.

Be careful. Tell them not to block the way. Tell them not to block the way because everybody is feeling suffocated or inform the police if they are troubling you. That's the best. You can change your hand again and again and see for yourself.

With some people, it's hot and cold and hot and cold. So, open your eyes, watch Me and don't think. It will steady. With both the hands towards Me just watch Me without thinking. It will steady.

Now, I'll tell you how to raise your own Kundalini though it is sprouted but it has to be raised properly and is to be fixed on top of your head properly. Put your left hand in front of your Kundalini like this. If you don't do it, you will not feel it and then you'll blame Me and say all kinds of things; so, it is you are the loser. It happens to many people who just come to see the thing and they don't get anything out of it.

Now put your left hand straight like this. And now try to raise it by moving it in clockwise manner with right hand. In a clockwise manner. Going on top of your heads and give a twist. Now once more again. You have to do it thrice. Now give it another twist and tie it up. Now please give third twist with three knots. Slowly, slowly you raise it. Bring it to your head now, higher. Now give it one twist, second twist and a third twist. Now see in your hands. See if there's a cool breeze. You may put up your hands to see the cool breeze. Feel the cool breeze, the subtle energy of God's love.

Now put down and see are you feeling it in our hands. Some people feel it in the hands but not in the head. Some people feel it in the head but not in the hands. But some people feel it in both the things. All this can be managed and worked out. We call such people as yogis, Sahaja Yogis who have mastered the art of giving realisation to others. At least there are twenty-five percent people sitting here who are Sahaja Yogis. They look like you but they are the masters and you can also become the master.

May God bless you.

Now those who have felt the cool breeze, please raise your hands. Either head or the hands, those who have felt it, raise your, both the hands. Both the hands. Practically everyone. Some of them have not felt. Those who have not felt can go back and the Sahaja Yogis can work on them and get it right. Don't condemn yourself for that. Don't think about it. Please come tomorrow and I will establish it fully. Don't discuss it. Don't think about it.

You have not felt it, you said. There is this gentleman. She has not felt? You have not felt either? You have felt it yesterday? You are feeling all right now?

Translator: She says that she doesn't feel it.

Shri Mataji: Doesn't feel it? You don't feel it at all? All right, you come along. Those who have not felt it also can come along to Me. What happened yesterday? You felt it?

1983-0831, Talk to New Sahaja Yogis: Now you are not there where you were

View [online](#).

31 August 1983

Talk to Sahaja Yogis

Tannay (Switzerland)

Talk Language: English | Transcript (English) – Draft

1983-08-31 Talk to New Sahaja Yogis

TRANSCRIPT INCOMPLETE

[27:57] And once you have found the lamp and have lightened it then you don't have to use a lamp to see that, do you? That lamp itself gives light. So this must be understood logically that now you are not there where you were. That you are at a different level and accept all the transformations as reality. And don't live in the past or in your imagination. As I have told many a times a that supposing a beggar is made a king, now he is sitting on a throne, he sees everybody is coming and bending before him bowing to him. Bowing...But he being beggar in the mind puts his hand out and says can you give me some money. So the situation is like this. So the...so when I see people having miserable looks on their face I think the same beggar is coming back. So sometimes it peeps in. So you now say that now I know you are not there. Now better go away. So one of the responsibilities you have is to establish yourself fully in sahaja yoga with complete dedication, understanding, knowing what is to be done.

But the problem I have seen is that as soon as you become something like that you start telling others, "You are catching there, you are like this. Mother has sent me specially to do this work. I am someone. I am special, this, that. But if there is perfume you don't have to certify that this is a perfume. It gives the fragrance. What is there to say that I am a perfume? All this kind of stupid falling down you see creates a problem for Me. But it happens also that people who try really good can get out of all this stupidity.

Second is you take the responsibility of other people. Like the new people who are coming. Now if some...some sahaja yogis start boasting about themselves or dominating others or putting their own view point they will all run away. They won't be sucked into sahaja yoga. But they will be repelled. What will really suck them is your own style, your own love and humility and kindness. Like you must have noticed Me, I never make anybody shut up, do this, do that, shout, never. Even to children unless and until they are possessed something very badly. Then I shout at the bhoots, [UNCLEAR TEXT/or raise hell] and deliberately. But if you just like this behave, in the puja...you've seen people telling children, "Don't come, get out, this." All this hand movement are also very important. And getting angry with people showing off eyes, anger or making gestures by which you show a kind of a repulsion, all these things must be curbed down. The language has to change. Like some people are very speedy. They talk as if they are talking like a telescope. Tak, tak, tak, tak, tak, tak (sound). And some talk in a drooling manner. It goes on. It takes an hour to finish one sentence. Such exaggerated forms are not accepted by normal people. Everybody has common sense. So many people I tell you have told me that that sahaja yogi was a crazy man or was a crazy woman. So how can a sahaja yogi be crazy. Thus we should all get rid of these notions that we had before and try to become a soft spoken sweet understanding person to begin with. Sense of self respect and sense of respect of others must be there.

You see we have some national character also. We should get rid of them. Like Indians have a national character that if they can make some money out of sahaja yoga they don't mind. They don't think it is sinful. And they go into a collective robbing of Me sometimes and create such problems that I don't know I can go blank. But the other way round could be that western sahaja yogis have certain national characteristics and some international.

So the national characters are of course not difficult to get rid of but the international ones are difficult. For example in the west people have a international character of a feeling very guilty about everything. Guilt is the...another form of an ego. Is a...is a very camouflaged one. Like a gentleman who is carrying on with another woman than his wife. He comes to his wife, tells her, "I know

it is wrong, I am very guilty about it and...but I don't know what to do. I am very guilty." But what are you doing about the guilt. You better be punished if you are guilty. You see the thing that if they certify themselves as guilty they already become prisoners. And so it's alright. They can do what they like. Now they are prisoners. You are just escaping reality. So to feel guilty is very international.

Another very horrible thing is sympathy. They'll have sympathy with the other people more than their own. This is a very bhootish quality I tell you. Like a house wife, she is more worried about other people, how to talk to them, how to be kind to them, and nice to them and troubles her husband. So they go on to a trip by which they... say they want to gain a better... relationships with people who are not sahaja yogis. And for that they will scold sahaja yogis. They will say all kind of things to sahaja yogis. It's like cutting your own hand to help others. So the sympathy must not be wrong placed.

The third thing that people have, another problem in the west is that they think if they do some physical work for sahaja yoga they run about for sahaja yoga they have done a lot. That's a false satisfaction. The value of sahaja yoga is judged through your ascent. When you work for sahaja yoga it takes responsibility. The divine blesses you.

Later on, later on, not during the lecture. Now pay attention to the lecture. Not during the lecture. Nobody should take photograph. It's not proper, you know. Before is alright and after is alright. For all of you.

So he is automatically blessed. He is automatically pushed by the divine power. But to be conscious of it that I have done this and that without enjoying it is of no value to you. So do not judge others, do not tell them you are catching here and you are catching there. You be harsh to yourself and kind to other sahaja yogis.

Divert your attention inward to correct yourself and being kind to others. Its very important but very difficult you see to be taken in the head. See how much your mother work hard. It's a marathon work, marathon. You are all [relay workers you see. After this you all are too wrapped to go to America for one and a half month which is like it crazy mountains like the [UNCLEAR TEXT].

Krishna raised only one mountain here. I have raised thousands and thousands of them. But in no way you will find Me that I am harsh on you. I never expect you to work more than Me. I do not expect you to work more than Me. And I do not in any way feel that why she has not done so much when I have done so much. Because that's My capacity. If you also develop the capacity you are working so know that you are doing the work because you have developed the capacity through your own accent. Those who have less capacity must encourage them. And those who had less capacity should look at the people who have had capacities and treat them as ideals. We have to recognize now that you have entered into the new kingdom, into the most beautiful state. Say supposing its very very hot everywhere and the king and queen and all other people and the servants see the clouds coming in. Then they feel the showers. You all rush out with joy to feel the cool. Do they remember at that time that I am a king so I should not feel the beauty of this place? In the same way...In the same way you must know that you are in a state of bliss. And the best thing to enjoy the bliss is to be absolutely enjoying it. But if you have the ego that I am something, how will you enjoy? It will be like a thick plastic thing on top of you which will suffocate. It cannot be blissful. Now when you look at your ego you must know that you are in a big thick balloon of plastic. So that you try to get out of it and you have to feel the place which is surrounding this plastic. So don't enjoy your plastic that is your ego. But enjoy the bliss. Alright?

Good! How are your vibrations? Are they better?

Man: They are better now.

Shri Mataji: Better now. What about this lady? We met yesterday and day before yesterday one gentleman from Holland...Did you meet him?

Man: I've talked to them yesterday.

Shri Mataji: Now next year I plan to come to Holland. But you have to find out people you see. Sahaja yogis will have work it out

there. Now I would suggest that Lil and friends have to do something about it.

Man: [UNCLEAR TEXT/Probably] the English have proposed to come help you.

Shri Mataji: Huh?

Man: The English from London and Bristol now propose to come and help you.

Shri Mataji: What is he....?

Woman: British...English....British people from Bristol...

Man: And London.

Woman: and London offered to come and help also.

Shri Mataji: Really?

Woman: Yes.

Shri Mataji: Great, they never leave their country except for a war. [UNCLEAR TEXT] How many are English here, see. They sent one who is in Yugoslav.

Man: With your permission Mother [UNCLEAR TEXT/we brother] to go to Ireland for...

Shri Mataji: Huh?

Man: [UNCLEAR TEXT/The Robert] from Belgium will go to Ireland. With your permission.

Woman: He says with Robert from Belgium, umm people from Lil can go to Holland.

Shri Mataji: You yourself you are sufficient. But this Robert with you can manage it. Lil we have not been able to establish as of yet but we will [UNCLEAR TEXT]. We had people when I went there, no doubt. But I think the rapport is not established. The second step is how to keep the people with you.

Now I would say that we have some new people here. And you can go and talk to them. And they are French. So it will be better to talk to them. We wanted to talk to Marcus and his wife. Is she here?

Woman: Yes she is here.

1983-0831, When you become the spirit, actualization takes place

View [online](#).

31 August 1983

When You Become The Spirit, Actualization Takes Place

Public Program

Geneva (Switzerland)

Talk Language: English | Transcript (English) – Draft

Public Program Day 3, Geneva, Switzerland, 31.08.1983

I Bow to all the seekers of Truth

Within us lies the truth, it is said in all the scriptures, where does it lie? Nobody has told so far exactly where it lies. You must have realized from Armour's lecture that he is Swiss, and he has become such an expert on Kundalini Yoga. There are many young people, very young, who come to Sahaja Yoga, and within a month, they can speak on truth. It is the actualization of the truth that is important. It is the becoming that is important. It is not reading or knowing it from outside, but becoming one with the truth. Whatever we can see outside, is outside us, but when we become that it acts. It shows its power. But so far in the human endeavor, there is nothing that can really give analogy of actualization. For example, somebody becomes the president, still he can lose his job. He may manifest his powers which are bestowed upon him, but he may be wrong. He may make mistakes. He may do exactly what he is not supposed to do. He would not know absolute truth. But when you become the spirit, actualization takes place. As I told you the other day, it is not branding yourself that you are twice born, that you are a realized soul, that you are a very religious person or a righteous person, but you become. It is the becoming. For example, if you say this is a flower, and this has to become the fruit. And the flower, we say is the fruit. And accept it as a truth, though it is a myth. We can continue in that myth, we can sell in the market, because we have advertising capacity. But it won't have the capacity of the fruit. So you have to become the fruit, so that you can manifest yourself, the powers of a fruit. Now let us see, what are the powers of different levels of Kundalini awakening within us? Though the modern Sahaja Yoga is such a wonderful force, that at the first instant only, a thread like or you can say, a hair like part of the Kundalini raises. Kundalini, you can say is like a rope, with many thin threads in it and tries to pierce through the small hole here (showing on top of head), to create a hole here in the head. If the person is not complicated, if his "Chakras" are open, then it raises with a great force and you see the cool breeze coming out. Sometimes people feel a torrential rain of bliss coming. But it is in actual experience. So, first when the Kundalini raises, opens, awakes we can say or sprouts, it enters into the second Chakra or whether it is second Chakra, I mean the "Nabhi" Chakra. But the first center doesn't, it's not to be pierced through, because it lies lower than the Kundalini itself.

Now the first Chakra is the one, which manifests outside, the Pelvic plexus, which doctors know of. And this plexus looks after the excretory system of human beings. Even the sex is looked after by this particular center. Now, one must understand that Kundalini does not pierce through the first chakra. So the sex does not play any part, in the ascending Kundalini. Those people who preach that through sex you can reach God, are doing anti-God activities. One must know that if you indulge too much into sex, and perverted sex, you develop deceases. Those people who are also austere type, who lead an unnatural life, also become very dry, and impossible to be understood by anyone, as they have no emotion being left in them. So one has to be in the center of their innocence. Once you have maintained that innocence, it is very easy to raise the Kundalini. There is a big force of the Kundalini raising in a person, who has lead an innocent married life. But unfortunately, in the west especially, many writers like Freud, we should say philosophers have done such harm to people. That the result of that today we are seeing in the deceases of such nature like AIDS. In Sahaja Yoga, automatically, once the Kundalini raises, you start becoming a very balanced personality. You don't run after the joyless pursuits. That you lead a very sane sexual life. As a result of this nonsensical theory, today we find, so many marriages broken, so many divorces, so many children stranded, so many people hurt in their heart. Due to this satanic attack on human innocence, human beings have accepted such absurd ideas, that they think they have to now become a sex point. Instead of becoming a human being which is an epitome of a complete creation, the one who is the rightful owner of God's kingdom, the one who has to lead an eternal life, the one who has to enjoy the blissful benediction of his father.

Today in this society, we find people who are wasting their life, ruining their families, ruining their children. Women fighting with men, men fighting with women, it's horrible. So one has to understand that once the Kundalini gets awakened, a person automatically starts gearing up to the natural forces of the divinity. If both the partners are realized souls, the relationship is so deep, that even if they may not, soft of, show off the relationship, inside they had the security of oneness. The absolute enjoyment of romance. Nowadays, Romeo and Juliets are changing according to the hair style one has. You see, people going on an escalator for a divorce, and showing off their love by kissing each other and if you ask them "where are you going?" they are going to the divorce case. Is this any development, where everyone is insecure? Where every child faces the catastrophe which fall upon him one day? Without realization, it is impossible now, at this stage where the society is at its disastrous point, to understand the value of the companionship.

So the first thing that happens to a person is that he develops a sane attitude towards sex and towards his partner. Of course, you don't have to run away from sex, but also not to be so much dominated by sex life, that there is nothing else left in your life. Such strengthening boundaries are created that you enjoy all that strength within yourself. You never hurt another person. You always make the other person really joyous. You see the good points of another person and you have such tremendous capacity of wisdom and poise, that the whole system changes. And the married life becomes a beautiful dream. There is a very great writer in England called Barbara Cartland, and they took her interview. She is a very religious woman, a very nice person, a realized soul. And she is the most popular, her books sell like hot cakes all over the world. And they ask her, how is it you manage that. So she said, every man and woman, in their hearts of hearts, want to lead a very happy, joyous, romantic life. But the key to that is complete fidelity and loyalty and enjoyment of married life. And she goes further to say that if you can produce such ideal romantic couples, people like to see their imagination reflected. But that can be seen when you really get your realization, automatically, you don't have to read her. Secondly your innocence is awakened within you, which grows gradually. And you enjoy your innocence. You enjoy your virtues. Sometimes we are very cunning, we are deceiving ourselves. Specially, the intelligence as a capacity to cheat itself. But you develop that pure intelligence which is called as wisdom. But the manifestation of that is very great. A society of such people is so pure. The relationship of husband wife are only private relationships, but with others they are pure, absolutely pure relations. There are no complications. The life is so simple. There are no emotional problems. There are no sex problems. There are no problems about children. You get very beautiful realized souls as your children. Very healthy, very wise, and extremely joy giving. They don't cry too much, they don't trouble you too much, but they are all the time thinking how to respect their parents and how to give them joy. There are thousands and thousands in this country I know, who are born realized children. I see them in the market, I see them on the road, I see them in the restaurants. But the parents don't understand them at all. Because they are born at a higher level than their parents. They are special people taken birth. To do the great work of God. And unless and until, the parents are realized souls, they will be always the hindrance to the children's growth. Now from the second chakra, that is the "Swadishthana" but actually it comes out of the "Nabhi" chakra, so in series it is the third chakra. And it plays and goes round and round, the place called "Void". It is the centre of our creativity. After coming to Sahaja Yoga, I have seen people, who have been ordinary artists, have become world known artists. We have one artist very well known in India, but he was a drunkard, he became a drunkard. And he could not, because Indian music is such a subtle music, that he could not sing anymore. But after coming to realization, he just gave up his drinking habit, automatically. He started looking much younger. Now he sings, much better than what he was singing. I know of a gentleman, who had no job. And he told me "what should I do for job?" I told me now you are a realized soul, you can do whatever you like! I told him, "Why don't you try interior decoration". He got a shock of his life, "I never done anything like that!" He wouldn't know one wood to another wood, he said "I am not a carpenter, how am I to do this work?" I said, you get carpenters alright, but you should only know what colours to use where, what wood to use where. And overnight he became an interior decorator! Within one year, he was a rich man, having a big house and a car and everything. Now he has gone to America to help me there with the Sahaja Yoga.

There is a farmer today here from India. He had land, but he was never successful as a farmer. And he never thought, he could be an ideal farmer one day. After his realization, one day I was going near a village, I took a turn because there was some problem in the road. And I saw a very beautiful field of a kind of a maze we get in India. And I have never seen such a colour of a maze, the way it was. I was surprised, I said, whose field is this one? And they said, this belongs to this gentleman. So I asked the gentleman, "What did you do to get such a nice crop?" He said, "Mother, nothing! I put some vibrated water in my well, that's all!" Then I have met some scientists from the agricultural university, who were practising Sahaja Yoga. And they were surprised at

the different things they have discovered out of Sahaja Yoga. They found out that if you give vibrated water to drink to an Indian cow, if she is giving 6 litres of milk, she starts giving at least 14 litres! And if it is an Australian cow, imagine! She gives say, may be 16 litres. But in India, we have found out that if Indian kids drink Australian cow's milk, then they start misbehaving towards parents. When they take Australian cow's milk, means they misbehave towards parents, they become very turbulent. No, no, the Australian milk if you take, the children become very turbulent, you see it is not like Indian cows! And it is true also, if you see the cows in London, our England! My granddaughter, once said that why the buffalos here are so white? There is not that sweetness of an Indian cow. So whatever it is, the same cow which was giving so little milk, starts giving so much milk. And good nourishing milk. Then he told me so many things that one lecture won't be sufficient to tell you the whole thing. But the scientists told me that if you have a wheat produced by vibrated water, it is at least four times more! But when you put it in the store room, then even the rats do not touch it! And if you see the shape of the wheat, it is so beautiful, and the colour is so nice that one can't believe, that without any manure, without any artificiality, how one could produce such good wheat! And the taste of that bread is so good that I felt I have never eaten such food! It is so fantastic to believe. For people who have not gone through Sahaja Yoga, they can't believe that it is such a fantastic thing that happens! That for the first time, we start giving back to the nature! And nourishing the nature. So far we have always exhausted it. But you must know that the vibrations that are flowing through you, are the vibrations of the "Brahma Shakti", the power of the God's love! We say the God is Almighty! He is all compassion! But we have no idea of His supremacy that he is the supreme Master of it! The way He works out everything, after realization, has to be something fantastic. With the third centre, when it awakens, or we can call it as the second centre of Nabhi, one is a satisfied soul. The amount of time we are wasting our time, in choosing the food we eat, what food I have to take, what should I eat today, especially the French! I know when they sit on the table, they take at least half-an-hour to discuss what they will have! What is there so much to decide I don't know! And such a waste of time. For example, a gentleman orders say for a fish, and another fellow, the one who supply the food brought not a fish, but could be a lamb! And the fellow got angry, he started shouting at him. He said, I asked for a fish, why did you give me the lamb? So the fellow took away the plate and brought it back again. And this gentleman ate all that lamb, thinking it was a fish! But if he had known that it was not a fish, he would have killed the fellow! How much important is this tongue for us? Such greed is really killing! But when you get your realization, you are a satisfied soul! Indians are the worst in this! I tell them only your tongues are developed! When they travel, they don't like French, English, American, any food! Actually, when they go to somebody's house, they have their food first and then go. There is no satisfaction, because you are eating that food every day, still there is no satisfaction. You become a satisfied soul, as per as your appetite is concerned. You don't fuss, neither you hanker! Actually you never think of food, I think! So many times, I forget, if I have taken my food or not!

Now with this kind of an attitude towards food, you develop the same attitude towards the money and comfort. Like you do not hanker after something like you must have a very comfortable bed. First day when I came to Switzerland, I went as a guest to a very fuzzy lady, I must say, and she offered me very kindly her bed. And the bed, she said, had buttons by which you can raise the lower part, upper part, centre part! Every part can be raised! I am very old, but I am not involute! That I should have a button to raise my hand and raise my legs! I bow to her bed and to her hospitality, and I slept on the ground! It is so complicate! Suddenly you find your hands and legs going up! It's too much for me! So that's how, you see these comforts sits on our head. This matter is always fighting the spirit. It really enslaves us! Like those who are sitting on the chair, can't sit on the ground. Those who sleep on the bed, cannot sleep on the ordinary wood. How we become slave to this is so surprising, the way people will be carrying their beds with them, in their cars I think one day! Comfort is the slavery of this matter. But the style, another extreme is also not good. Like these days, the modern food style that has started. In England, we have natural food stores. And I had first six hippies to my lot to work on them. They were my first disciples. And they invited me to the lunch. And they have bread, which my teeth could not break, I don't know if buffalo could eat it! It was like a stone. Then they eat lot of roughage to eat. I don't know what sort. Roughage, all kinds of garbage, I don't know what! But they said, this is natural! I said, may be natural for animals, but not for human beings! But I didn't want to hurt them. I ate that food, with great difficulty. But the second day, I had such pain in the stomach. I have never been to a dentist, but my gums have swollen like this! And I am never sick in the bed, but I wouldn't get up from the bed! My husband was there, he got such a shock that he said, what's the matter with you? Did they give you some drugs? I said, no they gave me natural food! So this is going another limit. One should know, what one has to eat for a particular kind of a body you have. There is no general rule for anything. Like, someone wants to now diet, so everybody diets! Whether it suits you or doesn't matter! But I can't understand why this madness! The whole concept is so funny! And it is sapping the energy of women so much, that I think men have really be-fooled women! That they made the women really suffer so much. So

these mundane things like food and comfort and nonsensical things are of no value to us. Lose their value. But if a realized person cooks the food, and somebody eats that food, if the person has any stomach trouble, he gets cured! Some people have very nervous intestine, nervous stomach, all these people have been cured by such methods. So a kind of a very deep satisfaction one enjoys.

I have to go for so many chakras, so I will go rather fast now. The Nabhi chakra around is the, whole thing if you see around is the "void". Here resides our sustenance. Sustenance is our valence, as Hydrogen has a valence and Carbon has four valences, in the same way, human beings have ten valences. These in very strict words, are the Ten Commandments. When one tries to cross them, this way or that way, they develop the problems of the stomach. Now in this area, resides the attention. I mean our attention on the food first of all! Then from food it moves to money. Then to power. And then to God. Those people whose attention has gone to God, are the seekers, who are truthful seekers. They do not get satisfied with the falsehood. But they go one seeking till they find the truth. But even then I have seen people who have been seekers, have become "Guru" shopping habited people. You must have seen the picture of Charlie Chaplin, Modern Times, where he is fixing up the belt with his hand, and after now the belt is stopped and he is free to move out, he is still going on like that! So the Guru shopping still goes on with some people, they do not settle down. If you have to dig the well, you must see where the water you find. So, people go on digging here, digging there, digging there, but where you find a drop of water, go deep down there, that's wisdom! Shallow people cannot come up very much. You have to have deep understanding. Now, when this centre is illumining, around it is illumining your sustenance. That's your inner religion. We call it as ten incarnations of the Primordial Master. There are many who came, but ones who came in India are called "Dattatreya", "Raja Janaka", the father of Sita. In China, Lao-tse, Confucius. In the Bible, Abraham and Moses. And later on, in the form of "Mohammad Sahib". And then Janka, no no Nanaka. Nanak Sahb. And in Greece, it was Socrates. They took birth in all these places. In the end, about fifty years back, or 100 years back, was born a great Primordial Master, in India, in Shiridi.

So now, we are now at the point of a higher centre, which is called as Heart Centre. This has got two sides, right and left. Right one is for the father and the left one is for the mother. The right one if it is caught up, if the fatherhood is missing, if the father had died early, or if you are not a good father, or if you didn't have a good father. Or if you miss your father, anything like that can give you an asthma. If your father is dead, also it can happen. And if you get asthma, it can be cured very easily, if you can awaken the fatherhood in yourself. And on the left side is the mother's. Now when this centre, when something wrong with your mother, if your mother is not a good mother, or if your mother died early, or if you had a step mother, or you are not a good mother, anyone of these, such a person is very nervous, he doesn't trust anyone, and also he might be very much frightened personality. So you can understand, how motherhood is important. The centre of this, is adored by the Mother of this world, we call it the "Jagadamba", the Mother of the Universe. She looks after you till, when you are about 12 years of age, she generates through her power in the, what is it called septum here, a kind of cells, which are called as anti-bodies. Sternum bone. And they spread out in the whole body. And if there is any attack on the body, these soldiers of the Mother, fight. They get the message by the movement of this bone here. If you get frightened, the palpitation sets in motion in this bone. And they attack with a greater force, to protect the body and the mind. And now if this centre is disturbed in a woman, if her motherhood is challenged, if the husband is a flirt, he deceives his wife, the best part of it, all such people whom I have met, they say that we are guilty, we don't want to hurt our wives, but we can't help it. I tell them that this is the escape of the ego. You are hurting your wife, because you like it. And you are a cruel man. If you are guilty, you should take some punishment upon yourself. You have no business to hurt your wife, who is a dedicated and a good wife. God will never forgive such a man. Even if you go and confess in the church it does not matter. It is God, Almighty who sees everything. But these women, themselves suffer. Such women develop the trouble of the breast, especially, the cancer of the breast. It is always caused by the insecurity of the wife. In America, it's a very common decease. Though the women there try to be like men, but they are sensitive and delicate things. They end up with such deceases.

Now we come to the other centre of "Vishuddhi" chakra, which is the most important, in the sense that it acts as all your evolution as far as human life is concerned. This has got 16 petals. Outside in the gross it manifests, the cervical plexus, and controls your ear, nose, throat, muscles in your eyes and your face. Also it controls the first bone, and all the bones that go up to the cranial bones. So it is the centre of your responsibility. By which you feel responsibility. Also it creates two institutions within you, as ego and superego, which crossover at this point (showing Agnya). The right one passes like this, and crosses over and covers all this area in front (showing left side of the head). And the other one crosses over from the left side and covers this area

(showing right side of the head). So you have these two things described in the Chinese style of Lao-tse's say in religion. These are the two institutions of "Ha" and "Tha". Two sympathetic nervous systems. One creating ego and another creating superego as a by-product. When the Kundalini passes through this centre (showing Vishuddhi), you develop a soft beautiful voice. A melodious voice. I know of many Sahaja Yogis, who never used to sing, they are all horribly discarded, after realization, they started singing beautifully like a nightingale. Also you develop a vocabulary, which is very gentle and kindly. You no more bark like a dog and bray like a donkey, but you talk like a good human being, in a very sweet and kindly way. Not trying to find, some way of hurting others, but some way of soothing others, giving joy. Apart from that this centre has tremendous capacities, because the hands are connected with it. So you start feeling the cool breeze, if your centre (showing Vishuddhi) is good. So many people feel the fresh air coming out of the head, but not in the hands, because they smoke, if they have a dominating voice then the right side catches. If they feel guilty then the left side catches. And that is how, the Kundalini cannot move. But with the awakening of this centre, you get the power to heal others. You have a power to soothe others. Your hands become absolutely soft. Your face gets a very, what you say, clear glow, brilliant glow. You don't have to use artificial things to paint yourself. You can save lot of money on that. So, this is what happens to you automatically. This is in short I am telling you. But when this centre is awoken, the greater centre representing here (showing Agnya) because all these centres are represented again, in a bigger way in the brain. So this centre (showing Agnya) when this is awoken which is a larger centre of this (showing Vishuddhi), you become collectively conscious. This (showing Vishuddhi) is the centre of collectivity. But the best of all is when this centre is awakened, you think, the whole thing is a big drama. Before realization, you are watching everything and you are thinking that you are acting and you are in it. Not only acting, but you are Napoleonic in the play, and then the drama is over you know that I was just watching this, I was a witness. That's what happens exactly, that you start seeing that as a drama from the outside. You are not involved into it. And you are not involved, you can solve problems better. If you have to repair your car, you have to get out of it.

Then the above centre (showing Agnya) above is the very important centre of Agnya chakra. It is placed in the optic chiasma, where they are crossing each other. Which these Buddhists call it as the Third Eye. Horrible things these are. Some man cut this and put an artificial eye. At this centre is bestowed by the deity of our Lord Jesus Christ. Now it is a very great incarnation. He came on this earth for one thing. To prove that the spirit never dies. Message of his life is resurrection, not his crucifixion. His crucifixion was his work, to suffer for us and to cross through that tight cross, to be reborn, as the spirit. He was the spirit. He didn't have a human body. He was in a body of the spirit. That's why he could walk on the water. All other incarnations have the body from the mother earth. But he was born of the spirit, he was the spirit. And that's why he could achieve this. And he has said that, at the time of Holy Ghost, will be born of your spirit, by the spirit. It's very interesting, the way he has expressed himself. And when he has resurrected himself, he has created a personality within us, which if we awaken, we can also crossover. So this is the door, through which everyone has to pass. But that doesn't mean that you can pass through this door by going to a church. Or by reading Bible. Or by saying Christ, Christ, Christ, Christ. Your Kundalini has to pass through that centre. That is the door he has described. And he didn't say he is the destination, though he is in a way, because when you enter into the realm of formless. Into the realm of the limbic area, which is the kingdom of God. Or we can say that where we are dressed to go into the subtler consciousness, by piercing through this area (showing top of the head) like a reception hall. Then when this centre (showing Sahasrara) opens out through Sahaja Yoga, you become aware of the subtle energy around you. You really become the realized soul. You become a real Sufi. Or a Peer. Or in Indian Language they are called as "Dwijaha", means born again. Even a bird is called Dwijaha. Because, like an egg it comes on to this earth, because human beings are like an egg. It grows inside like a bird and then the mother hand like the Holy Ghost pierces this. And you come out as the bird, transformed. Absolutely free! But you have to learn how to fly. Many people who feel the cool breeze, then forget about it. Next year I come, they say, "Mother I developed this trouble, that trouble". Which is like a bird, which is newly born and doesn't know how to fly, tries to do wrong things. But you must learn. It is very easy. Hardly in a month's time you can become an expert. Not much time needed. Once a week at the most. And five six things you become, must, and this is what you must all realize. (Noise from the audience) Now will you please stop sir! (More noise) Go what are you doing? Please sit down, have you come to listen to me or not. Please sit down. You write down your question. Sit down. Be sensible. Nobody has come to listen to you. No, don't do like that. Nobody has come to listen to you Mr. We can do later. Later! Later we do, please sit down. Please sit down, don't disturb. He is like a jack in the box. No, no, no. What have you done so far? Nothing? What have you done so far? Have you given any realization to anyone? Have you given any comfort to anyone? Why do you talk? You don't know anything, you are a child. Try to listen, this is knowledge. And knowledge should be understood through knowledge. He is disturbing everyone, he is very unkind man. He is no compassion. Please sit down. You can't help them. Yesterday, I cured a lady, who was about 70 year old, was suffering from a decease

incurable, can you do it? Then don't talk, sit down. You can't do anything. Or you better go. He must go, this is not proper. (Noise) I know you people. It's alright. You see these are the people who belong to a group called "Twice Born". They are very hot tempered people. They are not worried about their realization. They haven't got the intelligence to understand that they are achieving nothing. Very strong headed people. This fat lady, last time brought a Bible to beat me. They come in a group. Extremely funny people, they are the ones, who call themselves "Twice Born", these are the people who crucified Christ. (Noise). Just look at that. Alright, sit down. Oh, this is another group, I must tell you about this man, close the door, I will tell you about this one. They'll all end up with a heart attack, that's all. This fellow, Sai Baba, there is one fellow there. I can understand, Indians impressed by them. But he takes out diamonds, you see and gives it to people. Not to poor, to rich! And he takes so much from the rich there. One gentleman who is called Mr. Sircar, who is very good, well known Juggler in India. What you call Juggler, a magician. He went and told him, alright show me all your tricks. So he took out some ashes. So this juggler took the ashes and brought out a living pigeon! Moreover there is a horrible book written about this man, I don't remember the name of the book, but he is a homo sexual. I don't understand, people from the affluent country run after such a man! The best part of it, that all his people who have come to me, had severe heart attacks. So many industrialists have died at the age of 40 years, who have been following him. But he impresses stupid people. Even some of our governors are mad after him. And this governor got heart attack thrice. And then he came to me. And his wife was so possessed by this man. And the governor said that he is losing lot of diamonds from his house. He said that "I am losing diamonds from my house". So I asked his wife who was a doctor, I said, what happened to the diamonds. She got afraid. She said, "I have given to this Babaji!" I said why? But somebody in me, always says that these diamonds are dust, are only stones. So give them away to Babaji. I said, you are a married woman, coming from a respectable family. And in India, all married woman has to wear all the ornaments according to the status of the husband. So if this is your life style, because, you are a married woman, it is quite alright. Only thing, if you get your realization, you just get it dashed about it. You become absolutely generous about it. Now, this lady told me that, this gentleman doesn't tell, but somebody else tells her in her own mind. I told her, you are a lady doctor. Now think it over, you are a house wife of a governor. First lady. And why should you give a diamond to this fellow, who is a Sanyasi, an ascetic. If it is a stone to you, that it is a dust to him. But if you go and see his place, the way he has built it, on the money of others. He studded with all these, but the aesthetics are horrible. And this fellow is sitting down there, and doing all these tricks. We have many like these! Now understand that, God is not there to give you these diamonds. If God has to give something, he will give you in such a way that you will know His' blissful nature. His work is to give you realization. He has no interest in things like diamonds, what does it matter? It is equal to the dust of his feet! So you be careful about such people. There are other a group called "Hare Rama, Hare Krishna", they are set of beggars! They come to India and really pasture villagers in India, you see they are begging everywhere. And these are the people they came to my house, and said that you are regarded as the greatest saint of India, how is it you live so well? I said, because, I am not attached to anything. I said, you can take away anything from this house. But should be equal to the dust particle of Shri Krishna's feet. They started looking at everything. I said, what have you given up? The stones? If you are not holding on to anything, what are you going to give up? I think, matter has only one value that you can express your joy of giving through them, like presents. These people form groups for money sake. But it is more than that. Because they will spoil your Kundalini. They spoil your chances of realization. They give you deceases, heart attacks, they give you epilepsy, all sorts of deceases. Most of the cases of the cancer that I have cured, I have cured the cancer of our president, Sanjiva Reddy. And he has given us a land for free in Delhi, to run the Sahaja Yoga Centre. I have noticed that those people who suffer from cancers, all of them have some infection from the left side, means something like this Guru business, or maybe they have gone to some dead art, or some sort of a thing like that. Or people who go to the cemeteries, also churches have got cemeteries. So this is what they do, and here their disciples I know, within five years you see, all of them will be down with heart. You better write down their names to find out where are they. Be careful! God's work is not human work. His interests are not human. His only one interest is to give you realization. To make you enter into the kingdom of God. Nothing else. And that's what you should ask for. If you want diamonds, you can go to Sai Baba, I have nothing to say, I cannot give. Shirdi Sai Nath was the real incarnation. But this fellow is an imposter. And that's why he calls himself the True Sai baba. If it is true, why should you say true, do you say, true Jesus Lord? But what to do with stupidity of people? I must say that today it has been a long time, I have been talking to you. Yesterday, I have given lot of time to you, meeting you all. But today, I will have to leave, because tomorrow early morning, I have to go somewhere else. It's a very marathon race I have to do! But it works out. So, I would request all of you, whether, you have got realization or not realization, logically, I am trying to bring to a point to realize, that you have to actualize the experience of the spirit. You are actually to be born again and you should be baptised in the true sense of the word. To manifest your own powers. Now luckily this hall is available, when is it available? Please tell. Please make it convenient, (days, and time announced). Now you people

should come, establish your realization, it is the most important thing you have to do. This will save the world. It will save you. And it will give meaning to the whole creation. This is all predicted. It is predicted, thousands of years back in India, up to the exact time that it will start in 1970, and I started Sahaja Yoga in 1970. William Blake, a great poet, hundred years back, described so much in detail, to such an extent that he gave an exact position of houses where I will be living in London. And also the exact position, area of the ashram we will have. Gene Nixon, who was a great, regarded as a great sort of a horoscope lady, she had predicted that I will be born on such and such year. In the Bible also, there is a prediction about the resurrection time, in the Quran there is, and of course in all the Indian scriptures. Also it was described that great seekers will be born in very great numbers, and they will receive their self-realization. Thank you very much! Now I hope to see you again next year. I am now going to Austria, and then to Rome, and then to America. Please pray that we get more people who want realization, who are truthful people, honest people and are concerned about the wellbeing of themselves and of the whole world. Thank you very much!

1983-0831, Havan on Shri Krishna's Birthday

View [online](#).

31 August 1983

Havan

Tannay (Switzerland)

Talk Language: English | Transcript (English) – Draft

Havan on Shri Krishna's Birthday. Tannay (Switzerland), 31 August 1983.

Sahaja yogi: Hundred and eight names of Vishnu.

Shri Mataji: Where is it? That is the best, if you have [Unclear]

Sahaja yogi: Should we give the translation in French and in English or in French?

Shri Mataji: French is all right. So first you read the translation, then the name and then Om Swaha. That would be better, understood better. First read the translation. Who will do the translation?

Sahaja yogi 2: I can do, Shri Mataji, but it is the other book.

Shri Mataji: You will do the English. You can do? Alexander? You can do English?

Sahaja yogi 2: I can read in English.

Shri Mataji: No, that would be in Sanskrit. What I am saying, you read French.

[Mantra chanting starts.]

Four times, Shri Ganesha Sakshat.

Four times, Shri Ganesha Gauri Sakshat.

[Aside remarks: Mother speaks in Marathi. Monitors the decoration and other essentials required for the havan]

Agni Devita Sakshat, three times.

Sahaja yogi : Shall I explain in English?

Shri Mataji: What I am saying, first you have to say it in French, the translation. Then you say in Sanskrit. Then you say, "Om Swaha."

[Hundred and Eight Names of Vishnu is chanted.]

Shri Mataji: Now I would say that whatever badhas you have to say, you better say it.

Sahaja yogi: I say it in English, Shri Mataji, against all the badhas, all the false gurus who prevent the seekers from coming.

Shri Mataji : Also say it in English because I must know what's going on. If you say in Sanskrit I know, or in English, Marathi, it will

be all right, but French I don't know. All right?

Sahaja yogi : Yes, he says in French and I say in English.

Shri Mataji: Now come along. First you say in English and then in French.

Sahaja yogi: Against all the badhas who prevent us from coming into Sahaja Yoga.

Shri Mataji: Badhas from the neighbors.

Sahaja yogi : Against all the badhas of the neighbors.

Shri Mataji : Then about getting the house here, near [Sounds like: Chatwick.]

Sahaja yogi: Against all the badhas who would prevent us from having the beautiful new ashram chosen by our Mother.

Sahaja yogi : Against all the badhas of the super ego.

Shri Mataji: Now about all the centers in the world of Sahaja Yoga.

Sahaja yogi: Against all the badhas who attacked the centers of the Sahaja Yogis in the world.

Shri Mataji: Badhas in America.

Sahaja yogi: Against all the badhas in America.

Shri Mataji: For getting all the properties that we have to have.

Sahaja yogi : Against all the badhas who prevent us from getting all the properties within Sahaja Yoga.

Shri Mataji: All personal badhas

Sahaja yogi : All the personal badhas.

Shri Mataji: [unclear] with which we torture our Mother.

Sahaja yogi : All the badhas, our personal badhas with which we torture our Shri Mother.

Shri Mataji: For the sale of 48 Brompton Square. Badhas in the sale of Brompton Square because of the golden builders.

Sahaja yogi: All the badhas who prevent from the sale, from the success of the selling of the house in Brompton Square.

Shri Mataji: By golden builders, for badhas in the material lives of Sahaja yogis.

Sahaja yogi: The badhas who prevent from getting the material wealth of the golden builders within Sahaja Yoga.

Shri Mataji: Badhas of all the Sahaja yogis who are jobless.

Sahaja yogi: Against all the badhas of the Sahaja yogis who are jobless.

Shri Mataji: All the indisciplined Sahaja yogis who do not meditate regularly.

Sahaja yogi: Against all the badhas of the Sahaja yogis who lacks in discipline and don't meditate regularly.

Shri Mataji: All the badhas of all the Sahaja yogis who try to boss above each other, to boss, to dominate.

Sahaja yogi: Against all the badhas of the Sahaja yogis who want to dominate the other Sahaja yogis.

Shri Mataji: Why do you say, "Nira badha?"

Sahaja yogi: I don't know. In India you say, "Nira badha." That's what happens.

Shri Mataji: No, no.

Sahaja yogi: "Om Swaha" only. For the time say, "Om Swaha." Nira badha means Mother's name.

Shri Mataji: You should not say, "Nira badha." Nira badha also means that all the badhas, but it's My name also. Better not take that. All right, so now you can say about the centers and the progress of spiritual quality.

Sahaja yogi: Against all the badhas who prevent from growing within ourself in spirituality in the faith of Sahaja Yoga.

Shri Mataji: Now all the badhas of the audiences which come to Mother's program.

Sahaja yogi: Against all the badhas of the audiences who come to the program and disturb the audience.

Shri Mataji: Badhas of the new people.

Now what you can do is to - all the badhas, whatever badhas are left out.

Sahaja yogi: All the remaining badhas, knowingly and unknowingly.

Shri Mataji: Now this is the completion of the last. It's the final. Put everything first of all. Put it in the center.

Take some grapes, I think. Good idea. Which is the one used for ...

Sahaja yogi: This one is for wine, Shri Mataji.

Shri Mataji: For all the wines, badhas of the wines. Let all the wines be ruined. Only the grape fruit should be there, only the grape juices but no wine fermentation. Apple, cider and also some barley if it was dried there. Barley. Scotch whisky for barley.

Sahaja Yogi: Shri Mataji, there is some prunes for alcohol of prunes.

Shri Mataji: Yes, Om Swaha.

Sahaja yogi: They make alcohol with pears, very famous in Switzerland.

Shri Mataji: Yes, put it there.

All the fruits can be put there, I think. To the fire, yes, put all the fruits.

Sahaja yogi: Half of the Swiss economy will collapse, Shri Mataji.

Shri Mataji: Half will be bankrupt. Sahaja yogis will have jobs.

[Shri Mataji's talk begins after the havan.]

See, we need not have so much surplus money in one country. If you can drink, that means you have surplus money. Otherwise, a person who has limited money cannot drink. I knew a government servant. He said, "I cannot drink," he said, "because I cannot afford it." I said, "That's very true. How can you drink? As a government servant you can't drink, but if you are drinking that means you are dishonest." So that is what it is that when you have surplus money we think of licentiousness, we think of drinking, eating and ruining ourselves.

You see, whatever you give to human beings they know how to make a mess out of it. If you give them money they will destroy themselves. If you give them power they'll destroy others. In Marathi there's a saying, [Mother speaks in Marathi]. This means that a burning wood, you call this wood burning given in the hands of a bhoot. It is like that. You give to human beings anything just to oblige, just to make him feel happy, he starts going amok. Even in Sahaja Yoga you try to be nice to someone, he thinks no end of himself. Like the other day I called somebody here, you see, so she thought she is a special person. So at least in Sahaja Yoga one should not use a burning wood like a bhoot, but like a Sahaja yogi for the yAgnya. So be on the look-out how you behave. So may God bless you all. It was a wonderful time in Geneva.

Look after the new people, and as Warren has told me what they do in Australia, they give ten people to one person or twenty people to one person to handle so that that person guides. So then you divide the names among ten, say, for ten persons. One person like that, whatever his division is, and the persons must look after those ten persons, write letters to them, go to them, see them, talk to them, find out what's the problem is, how you can help them.

Now for tonight have you got photographs to be given to them?

Sahaja yogi: All the time, yes.

Shri Mataji. All the time. You are giving them photographs, and the books are there?

Sahaja yogi: We are giving books. We are giving [Unclear]. We are giving the address of the ashram and the address of the follow-up, which we have on Friday.

Shri Mataji: And the phone number.

Sahaja yogi: The phone number and we give you photograph.

Shri Mataji: And do you tell them about the photograph? Is it written with the photograph?

Sahaja yogi: Yes, and as soon as the programs are over we invite them personally to a program and to follow-ups.

Shri Mataji: To a dinner. Better invite them first to dinner.

Sahaja yogi: Yes.

Shri Mataji: Then to lunch.

Sahaja yogi: Then to lunch.

Shri Mataji: Then to breakfast. Then to fasting. Sometimes you should. Sometimes no harm. Sometimes it's all right.

Sahaja yogi: Once a week is too much?

Shri Mataji: Now you just don't start that. Otherwise he'll just go on a fast! No, I'm saying I mean it's good to fast sometimes. There's no harm in fasting. It's a good idea but you shouldn't fast, say, on a Monday. You can fast on a Wednesday because that is the day one works very hard. Wednesday is Brahmadeva. Let him fast a little bit. That also is not to be done in the name of God, just for your body. [Shri Mataji speaks in Marathi.] You see, it is not in my name, at least. All right, let's have something interesting also.

So this is to wish Shri Krishna a happy birthday. So we will have some dance program now. We all can sit this side and we can see the dance that side.

1983-0901, The nourishment of the Primordial Mother

View [online](#).

1 September 1983

The Nourishment Of The Primordial Mother

Public Program

Société industrielle de Mulhouse, Mulhouse (France)

Talk Language: English | Transcript (English) – Draft

1983-09-01 Public Program, Mulhouse, France

[Translator: ... What we do?]

Shri Mataji: ... which represents the Mother Earth. So far, whatever we have done is to exhaust the Mother Earth. She has been looking after us, but we have been exhausting Her. So within us is also placed the representative of that Mother Earth in the triangular bone or sacrum. Or we can say that this bone represents the Mother Earth and the energy within us, that represents the Holy Ghost. Now if you notice that even outside, the feminine consciousness is rising very high, though they are [misusing that/misguided]. The feminists are trying to follow the men, [the father], and are competing with them and trying to become men. That is very unnatural. Actually, here you can see that the kundalini or the Mother Earth, which is represented as sacrum, is the power of the Holy Ghost which is the Mother, the Primordial Mother. For example, if the trees grows very big outside as our civilization has grown, it has to see its own source, source of vitality, of nourishment. Otherwise, the whole tree is going to collapse. In the same way, today human beings are standing at a point where they have to receive the nourishment from the Primordial Mother.

In the 13th century there was a great philosopher who said that first it was the reign of the Father, then of the Son and later on it [will/would] be of the Mother, the Holy Ghost. That is the Age of Aquarius. We are fortunate that we are born in this great Age of Aquarius. Now when this Holy Ghost is going to come into play or manifest, She is going to work out that part of the remaining work of complete nourishment, and by that complete nourishment you become the spirit, which is the Son aspect of Divinity.

This power resides in the sacrum, and people knew about it long time back. Greeks called [this/it] "sacrum bone" about two thousand years back, before Christ. The word, "sacrum", means "sacred". So why did they call this bone sacred? In the Book of Essenes it is clearly written that the Primordial Mother is the one who is the Holy Ghost. There have been [jolts and jolts?] against the truth in the history before, and people got lost in the words, which were not very clear-cut to people. But there are many words of Christ which we cannot explain in a normal way. Like He says that, "Those who are not against Me are with Me." Who are those people? Then He has said, "I will send you the Holy Ghost Who will comfort you, Who will redeem you and Who will counsel you." But human beings do not want to see that point at all.

One day I was walking to the roads of Paris and some people were sitting outside on the roads looking very, very sad and discussing something. I just thought these must be "Les misérables". And I asked them, "What is your misery?" They said "We are waiting for Doomsday when we will be doomed once for all, finish with this world." But I said, "Before the Doomsday there is a Resurrection Day because there will be a, ultimately, a judgment, a Last Judgment, and then will be Resurrection after that. Why do you believe that you'll be judged as the worst people and you'll be doomed to death?" That's human nature, perhaps. It wants to enjoy the calamities better than something very elevating. They actually warned Me not to say that I'm a very joyous person because they think it could be a sign of My ignorance.

But the one who knows the spirit lives in joy. He neither has this happiness of the ego and unhappiness of the superego. Same things happened with the Jews. When Christ came in they said that, "We don't accept Christ because He said, "I have suffered for you'." So they suffered. Still they don't want to accept that they should be resurrected. They have suffered sufficiently. Now I find the Christians also have a theory that, "We must all suffer." Do you mean to say that Christ has not suffered sufficiently for

you? That you can add more to that?

But these invasions come into mind when we do not want to face the reality. But the reality is so beautiful because you are the Spirit. In this darkness you can't see it, but in the light of Spirit you will see that you are the source of joy and you are the source of all the compassion and love and you are the source of manifestation of that love. If I say, "I love the world," has no meaning. Many have said like that. But just My presence, if it can emit something that soothes you down, cures you or makes you joyous, then definitely I love you. Just like the sunshine. It does not say that, "I do any work", does it? It does not do any work. If you ask the sun, but by its own nature it transforms a flower into a fruit. Now the time has come for the Mother Earth to nourish the fruit. Such a force of nourishment does not dominate.

When a foreign body goes into the human body the natural thing is that it is repelled out. The whole body tries to throw it away. But when the fetus is born in the womb, the womb retains the fetus. The whole body works for the proper growth of the fetus. Even the face of the mother starts looking very beautiful. And when the fetus is fully matured, then the birth of the child takes place. Who does this living work? We see so many living things, like we see flowers and trees. Who does all that living work? This is the power of the Holy Ghost. This is the power which is subtle power of God's love. But we don't feel it. We don't see it. We just see its work. We cannot [build/do] those things. As we see, people who go to cults and sects and all these things cannot do any work of God. Some starts jumping, some starts singing, some starts becoming mad. That anybody can do.

Because there are so many seekers in this world at this great time, the Blossom Time, all the markets are filled with these sects. But if you give some money to the tree, will the tree give you fruits? What will you do to a seed to sprout? You put the seed into the Mother Earth and She, by Her own nature, transforms it into a flower. How can you pay for your transformation? And this transformation has to be a transformation by which you become at a higher level than what you are. But if you start jumping like frogs and creeping like earth worms or getting mesmerized and believing that you are [seeking/looking] God, then you are sadly mistaken. Some people believe that if they hear some sound in their ear or get some sort of a light in the head, then they have become enlightened.

Please be careful about these sensational movements in your head. This is the beginning of lunacy/lunatic]. It is another group of people who are telling you that you can fly in the air. People have paid thousands and thousands of [francs, pounds] to fly in the air. Why not ask the guru to fly for a change? Let him go on top of the leaning tower of Pisa and he can show that if he can fly, [how] is that. But why are you so naive? You are intelligent people and you must understand that if anything has to happen as your spiritual elevation, it has to happen to your consciousness of which you should be the master. Supposing you get a car and it takes you all over the places, it makes you jump in the ditches and this and that, that means you are not learning driving.

Christ has already talked of all these people and has said that, "Their fruits will tell you." Now you should go to their disciples and see what are they doing. Everyone, I would say, even those who believe that only way to do is this, to go to church. See, are they the people extremely moral, righteous, kind, generous people? I am not here to criticize the churches, but I said that they have not delivered any goods to you, except that you might become a good personality. You may at the most lead a balanced life. But why the balance? Your children will ask, "Why the balance? Why should we do but these things to keep the balance?" And you cannot give the logic to that. The balance is to ascend. Before making the plane ascend, you see the balance. And if you cannot ascend by balancing yourself, people will say, "What are you doing, all the time just balancing from here to there and there to there? No movement at all." Your children would say that, "You did this, your father did this, your great grandfather did this, but what now?" So now is the time to ascend.

This ascent takes place from this sacrum bone, as you can see in some people the ascent of the Kundalini like a pulsation. It enters into the parasympathetic nervous system, and on top of your head you can hear first the throbbing of that pulsation. And then the pulsation stops. And you start feeling the cool breeze coming out of your head. You feel the cool breeze even in your hand. The other day a young man came to Me and he says, "Lot of cool breeze flowing, but it could be air conditioner." But I said, "What about your head? It is coming out of your head. Do you mean to say it is also coming through air conditioner?" But when this cool breeze of the Holy Ghost manifests itself, still you have to understand. Like supposing I give you Indian money and you don't go to an Indian market, you will not understand how to use it. So you have to use it and practice it and you'll be surprised

that you'll become the master. You develop a higher consciousness of collective consciousness. Who is the other, then?

Other day there was a lady who came to see Me, who was suffering from horrible incurable disease, and she couldn't lift her legs at all. But she started walking nicely. So she started thanking Me. I said, "Who [am I to thank Me/are you thanking?] If this one finger is paining and the hand rubs it, then [do you] does this finger thank the hand?" So when you become collectively conscious – I again say, become – automatically this nourishing force flows through you, which you can maneuver. You can understand and you know how to administer it.

Now how do I come to Mulhouse? [Willey/unclear name] went to Lausanne on a holiday where she came to My program. She got the realization in one day, in one city and she was surprised. And [them/then] she started using them there and then. She came to Mulhouse and gave realization to many. And then she told Me that, "Mother...". Then my program was not scheduled to come to Mulhouse. I was to go to Austria where we have many Sahaja yogis, where [there] are many people who are realized souls. But she's told Me that Mulhouse is the place where there are many true seekers. "And even if you can come for one day, you'll be very happy to meet them." Only one person can enlightened thousand people.

What did I do? You were like a candle. I was like a candle that was enlightened. I just touched by My presence that candle that got enlightened. And the same candle enlightens many. It is so simple. The human beings cannot accept that such a tremendous thing could be simple. But logically, all that it vital is simple. Imagine if we have to pay for our breathing or read some books for our breathing, how many of us would exist? In the same way, if we have, can pay for our evolution and can also make efforts for our evolution, or read books for our evolution, how many would evolve? That means only the people who are rich to feed these false gurus, or those who can indulge into all kinds of these head-on-the-ground processes or those who can read can only get evolution.

But living process is available to everyone; you don't have to be a member, to be an organization, nothing. You just have to be a human being, and your evolution is your right. So this is what one has to understand as far as your evolution is concerned through your second birth, so that logically you can reach up to a point to understand that the time has come for you to evolve through the living process of evolution. But this mind is limited. So you have to go into the unlimited, and to enter into the unlimited you have to be triggered. The transformation has to take place. Not without, but within. Like an egg doesn't change. It becomes a bird inside, and when the top of the egg is broken, the bird comes out as a transformed being.

This second birth takes only split of a second, in simple people. But in complicated people it takes a [long/more] time. Doesn't matter; you have to have patience with yourself. I hope you all will get your realization today, tonight. But in any case, even if it fails, because I'm only here for one day and I'm very apologetic about it, you can, we have some here, very good people who can do the job for you. But first you must realize the importance of that. This is the only way we are going to solve all our human problems. And how we solve, you will see for yourselves.

I would like to have some questions from you before we start this thing, but don't try to be aggressive with Me. We can talk like sensible people. We have to be tolerant, no doubt, but how far one can go with the nonsense also one should see. Like some drunkard comes to the program and starts shouting that, "You must not say these things," and all that. It has no meaning. We must know, what do they have to offer? And even if they have to offer, they can hire a hall and offer to the audience. But if there is a genuine question, please ask Me. In any case, tomorrow a journalist [comes] from your place, is going to interview Me and he is going to ask Me many questions which you have asked on [telephone, television]. But if you have any more questions, please ask Me peacefully. I will try to satisfy your curiosity. But by talking or by discussion or by argument you're not going to get your realization. This Mother Kundalini has to rise. And She knows you very well. And She knows Me very well. So if you want to have your realization, if there is real problem, you ask Me a question. But I would say that you should pray that you get your realization because that is what you have to evolve to find your absolute. May God bless you all. I would like to have some questions from you.

Translator: [He's got two questions to ask/It is the two questions you ask].

Shri Mataji: Please stand up so that the gentleman knows you are asking Me a question. You just stand up, because the others

don't know you are asking.

[French]

Shri Mataji: Loudly. And the second question also tell Me. Now, please be seated.

Translator: [He says/This is] why is there contradiction between the different teachings of yoga?

Shri Mataji: Just a minute, just a minute. Tell them in French. Tell them in French. What is he saying?

Translator: He is saying why is there a contradiction?

Shri Mataji: Between who?

Translator: Between different teachings of yoga?

Shri Mataji: Yoga? Aha.

Translator: And it is said in different, in, in certain teachings that Kundalini awakens from the bottom and Shri Aurabindo says that the Kundalini does awaken from the bottom but it's necessary to open from the top so that the energy of the Divine Mother can come down.

Shri Mataji: The first question is very good and it means that he thinks that there is a contradiction in the word "yoga", [is/it] is not good. "Yoga" means "union with the Divine", with the Divine. And the other meaning of the yoga is that to know the deftness, kauzala [skill] means the- means the trick or the deftness of the maneuvering of the power of "yoga shakti", means the power. All right, this is the real meaning. Now, in the Patanjali yoga, if you read, I mean people don't read Patanjali yoga. The modern yogas that are prevalent, last fifty years have been all a story-telling. Now, Patanjali yoga was written thousands of years back. Of course, it requires explanation, but it's said there are ashtangas. There are eight [poses/fold] things you have to do. Now, the first is Ishwara Pranidhana, means the establishment of God within you, means Self-realization, the first is.

Now in the olden days in India we had schools for the children of five years to twenty-five years in the forest with the gurus who were realized souls. So they used to select the boys or girls who were of depth or who could receive Self-realization first. And then they used to do all the cleansing process through all the other seven methods. This is the traditional knowledge. All this about fifty years old knowledge has been meant for the Western people, which is untraditional, absolutely. Some played with your ego, some with your thoughts and some with your superego, like mesmerism and all that. That is not the traditional meaning of yoga at all, what these people are talking.

[Side A ends here]

[Side B]

...knowledge is to be reflected in different various scriptures also. If it is true knowledge, if Christ is truthful, then you must have meanings to what He said, and it must also relate to yoga, means the union with the Divine. Surprisingly, in the yoga Shastra the amount of pressure, I mean the amount of importance we have given to exercises is not even one thousandth of the whole book. But it's dealing all the time with the effects of realization. The Ritambhara PrAgnya is the all-pervading gracious knowledge of love which nourishes the human beings with its beauty and joy. It's described at length. Pantanjali yoga is not physical yoga or mental yoga, but it is the spiritual yoga.

But Sahaja Yoga that I call it, is also described by him. But the beauty of Sahaja Yoga today is that now you don't have to go to the forest. Sitting down here you can get en masse realization. So by mental projections, nowhere it is described that you can get

yoga at all. On the contrary, it's condemned altogether. Actually, there was a great poet in India called Kabira, who was a great realized soul. He said, [Hindi] "Even by reading too much, the learned have become stupid." So by playing tricks with the words, you cannot get the yoga. It is a happening. As we came in, we had to leave our car. In the same way, we have to leave this brain outside for the time being. But once you get your realization then everything becomes logical.

Now, the second question is that kundalini, some people say it's very dangerous. I always answer this question in My lectures, but today I forgot. Because all people who wrote these horrible books were so [on] like [cakes/fakes] all over, about kundalini, the books they wrote, you see. I've seen such a big book written about kundalini and I was really shocked. "What is this?" There is freedom for you to write anything, and whatever is written, I don't know why people believe it. Anything written cannot be Scriptures, can it be? But when this is written, that the kundalini is dangerous, it is written by people who have not given realization to anyone. Those who have talked also about kundalini, only by reading about them in the books. Nobody has given realization to anyone, I don't see any one of these writers giving realization to anyone. Except for warning.

Translator: Except for?

Shri Mataji: Warning.

Translator: [Ah/Yeah], so warning them.

Shri Mataji: I told you, kundalini is your mother. She is the womb in which a fetus has to grow. How can she be dangerous? Actually, everyone has talked about God and about kundalini without any authority [or whatever/at all]. In My, I started My work in 1970, and since then, thousands of people have received awakening, but nobody is harmed at all. With due respect for [Marion/Marine], say, you can ask her. She came to Me. She was in absolute coma. She couldn't even talk to Me. She couldn't even see Me. She came in that condition. And you can see her today, where she is. And you can ask her, if she's a realized soul or not. Because she can feel it and she can maneuver it. And in Paris she has given realization to so many people. You may say that, doesn't matter. So there are many like this. So you, from the effects, from the fruits you should see.

Seeker: [French] What is the difference between a realized soul and a soul who is free and alive?

Shri Mataji: What is he saying?

Translator: He wants to ask me a question.

Shri Mataji: Yes, ask.

Seeker: [French]

Shri Mataji: What is he asking?

Translator: He says what's...

Shri Mataji: In French you first tell.

Translator: What's the difference between a realized soul and something who's freed, free and alive?

Shri Mataji: Why are you free? He's what? What is he saying?

Translator: [French]

Shri Mataji: Jeevan Mukta. So, see, means "the one who has got released from the worldly problems". That you have got already.

Just the same. I'll explain how. When you become the spirit you start seeing the whole thing like a drama. You, as if when you are in the water, you are afraid of the waves. But if somehow you get into the boat, you start enjoying the waves, looking at the waves. So you become a person who is released from the fear of water, like jeevan mukta, just the same. But you have to grow. Because even if you are in the boat in the beginning when you see the waves you are afraid. You have to feel that you are in the boat now; no more in the water. Once that develops you jump into a consciousness called as "doubtless awareness". The first awareness you achieve is thoughtless awareness, called as "Nirvichara Samadhi". But then you develop into doubtless awareness. And that is then only we call you a yogi, not before that. It is just a state you have to achieve. Like you will say "When do I run and when do I learn bicycle?" I would say, "When you learn." Yes, please...

[Seeker asks a question in French].

Shri Mataji: Is [it] a question or a lecture?

Translator: It's a long question.

Shri Mataji: What is he saying? Make it short. All right, all right, let's answer one by one. Sit down. Sit down.

Translator: What is, he is asking by what process You get from this normal, daily awareness we have, to the higher awareness. Because by normal, we normally, we don't get any further in a very superficial thing.

Shri Mataji: All right, one thing is correct. That's all? In the whole thing you said only that much?

Translator: No, then he was saying something about cults, but I didn't get to the end of the process.

Shri Mataji: What is a cult, he is saying?

Translator: He says he is quite involved with something and he would like to explain something about cults.

Shri Mataji: No, you see for that, I mean, we don't want to have anything to be explained about cults here. But, but, because you can have another hall and you can do it. Because we have very little time. But if you want to know what is the force, then I would say I have told the whole Ramayana and you are asking Me a simple question, who was Sita to Rama. Because I told you that it is the kundalini who does it. This is the effect of cult, because the mind is so much barrier that you can't hear anything. You can't understand anything. The whole time I was telling about something. Still you did not know how it happens. I told you it happens through the sprouting of the kundalini. And that is the force within us which is residual.

Now to understand what is the nature of that force is, I would say it is the un-manifested power of your desire. It is the pure desire, and the pure desire is that you want to become one with the Divine. Not one with the guru or one with a cult or one with any book or any particular religion, but one with the All-pervading Divine. Because you get rid of all misidentifications and get identified with your Self, which is the reflection of God Almighty within you, as the Spirit. But when it manifests, the energy starts flowing through your hand as cool breeze, a soothing breeze. You automatically become a very healthy, wise, righteous, loving personality. Then you are a different person. Till the light is not enlightened you have to take another light to find it. But when the other light is enlightened it does the same work of the first light. Then it has no questions. The transformation comes in the nature that now it does not seek, but it gives. You become your own guru. You become your own master.

This is what you must expect. There is no enslavement, but you receive the complete freedom of your being. You are free from all diseases, free from your habits, free from wrong ideas, and you are on top of the world because you are in a very joyous, healthy mood. And automatic detachment takes place. It does not matter if you are in the palace. It does not matter if you are on the road. Nothing is important; only thing you have to be. You enjoy the dynamism of the present. But this is all just talk. If you get realization it will become reality; otherwise, it will not. You cannot pay Me anything. You cannot purchase Me. It should happen to all of you, but it cannot be a guarantee. It cannot be a guarantee. There are so many flowers on the tree and the

blossom time has come. But how many will become fruits? That is to be seen. At least you should at least desire to become. If you do not desire, I cannot force it into you. It cannot be forced. Now two more, that's all, eh? Because the explanations... Today I have very little time. Short question, a short question, please. Yes, thank you. Short. Can you write it down also? Better write it down. You write it down; would be better, so that there is no repetition. Write it down if possible. Thank you. Tell here to write it down.

Translator: This gentleman?

Shri Mataji: Ha. It's a big lecture. We have little time and everyone wants their realization.

Translator: He just wants to know the difference between ego and superego.

Shri Mataji: Oh, that's interesting. Now, that he will know after realization, would be better, because it's a big thing, a big lecture needed, you see. I must have given at least thousand lectures in London itself. But still every time they say there's no, they enjoy every lecture as something new. I don't know how long am I to speak now, but you will know each and every thing. We're not going to keep anything as a secret. Everything you're going to know. It's a very good question. So [he was] a great seeker. It's a letter or a question?

Translator: Well, it's a bit of both.

Shri Mataji: She's turning... Sweet, they are.

Translator: Since we're using Your photograph and [is] he wants to know if You Yourself have used Your own photograph.

Shri Mataji: Yes, sometimes I do, to know about you people. The photograph is such a great thing that has happened. Camera is such a marvelous thing that through photographs you can get vibrations.

Once I went to a village where I felt there was a great soul who died. So they told Me there was a Muslim saint who died in that place, and it's called as [Myakitaki], that place is. And I was sitting in an open space, in a school, village school where there were thousands sitting in front of Me and the things I feel, I did not know that the camera will also catch. Normally, when I am lecturing I don't allow people to take My photograph. But there was an Australian girl who took My photograph and in that photograph seven times there are lights coming on Me, of different colors on My head. Then I put My hands like this to stop it, in a very joyous mood. That's the eighth photograph, where there are no [auras].

So now if I give you a photograph, on that photograph I get the reflection of what your problems are. Like once I went to a house and their photograph in that house, My photograph had become absolutely black. So I asked, "How this photograph has become black? Who came here?" So the lady who stayed there was the aunt who was [being/doing] practicing black magic. That's what this lady told Me, [the miss/means], that "This aunt of mine who came here, she was practicing black magic in this room." But from My photograph I know what problem you have. So I do use My photograph. Also I use your photograph, by caring for it. Your photographs also give vibrations. Any one of these yogis can tell what's wrong with you, only seeing the photograph. And if [unclear]. He's got one of them, he says. You can show it around.

All right, he seems to be a Sahaja Yogi. So we can talk to him later on, all right? You meet Me tomorrow morning. [He/You] should not waste the time of these people, because they are waiting for Self-realization. All right, because the time is very short, so we should not waste time. Now just, now let...It's all right. It's all right. Now don't disturb, don't disturb others. Be kind. Most of them want their realization, all right? They are seekers, you see. They are seekers. So don't get upset. If you have anything to say you can write to Me. I will leave My address with some people here, or maybe if you can arrange tomorrow morning I would like to have a workshop, possibly. If you have any other troubles also I would like to give some time for curing or something like that. You see, it was a very ad hoc arrangement. Suddenly I came here and there is not much time. But still we'll try. You can telephone to us and find out if we have been able to locate a place for a workshop. But I would love to do something because I can find you

are, you are good seekers, and true people. Let us find out; let us find out.

All right, so now simple things you have to do, without doubting. I don't want anything from you. I don't need anything. As, as [of now/ever] you must be knowing that I don't take any money. I don't need anything. And that, My husband himself, My family itself is very highly placed. So I don't need even power or position. What I want that you should get what is yours. I'm like a banker and I have to cash [your cheques/truth], but little bit cooperate with Me. All right.

First of all you have to know that you have to put our feet open to the Mother Earth as far as possible. So just take out [your/the] shoes if possible. Just a little bit it takes; shoes will be taken out, to be put it in contact with the Mother Earth. There is no [misconception?]. It is very logic. But if you are obstinate and adamant, if you are obstinate and adamant you are the loser, not Me. Now, you please put your hands like this and close your eyes – that's all – because the fingertips are the subtle centers, representatives of the subtle centers within you. You just keep your left hand towards Me, which is the power of desire, and the right hand you have to use as I tell you, touching your different centers. And also I'll tell you how to raise your own kundalini.

So put the left hand towards Me like this. Sit very comfortably, straight. Even take out your spectacles – eyesight also improves – and put the left hand on your lap very comfortably. Now if there is any obstructions, say might feel tight waist or something, [if you use some cordon or tie make it] little loose, that's all. Be relaxed; be relaxed. Now please keep your eyes shut till I tell you to open. Please keep them shut, because when the kundalini rises above this center, then if the eyes are not closed it does not rise. So this is what happens, that when you close your eyes the kundalini rises above like that and just pierces through your fontanel bone area and you start feeling the cool breeze on your head.

Now put your left hand towards Me. At least take out your shoes. I am not going to run away with them. Now sit with a happy mood. Don't have any fears. You have to enter into the kingdom of God. Now, close your eyes and put your hand, right hand on the heart and let the left hand be all the time on your lap towards Me, [little bit stretched fingers/if you could stretch the fingers]. Now in the heart resides the spirit. So you have to ask Me a question, real question now. You can address Me as "Shri Mataji" or to make it simpler, "Mother, am I the Spirit?" Ask it in your heart. Ask it in your heart, not loudly, but ask sincerely, "Am I the Spirit? Mother, am I the Spirit?" or "Shri Mataji, am I the Spirit?"

Now to establish your principle of mastery or guru, as your Spirit is the guru, is your guide, please put your right hand on the stomach on the left hand side. All of you should do, whether you belong to cult or not. It will help you to understand. Be kind to yourself because this is the chance you have. We have to be fair. So ask the question to Me again, "Shri Mataji, am I my own master? Am I my own guide? Am I my own guru?" You have to ask this ten times because this center has got ten petals, without feeling guilty, without feeling [defendant / defiant]. Please do not feel guilty. This is the biggest drawback in the Western mind. Don't feel guilty for anything whatsoever because your Spirit cannot commit guilt. Now raise your hand higher again to the heart. Without counting your so-called sins or guilt, assert that, "Mother, I am the spirit." "Shri Mataji, I am the Spirit." Accept; assume. Accept your true self without doubts, with full confidence in yourself. Please say it twelve times, "Mother, I am the Spirit", "Shri Mataji, I am the Spirit."

Note

The transcribers felt the recording was not complete, with parts missing at the beginning, the middle and the end.

1983-0901, Animal personalities inside us

View [online](#).

1 September 1983

Talk to Sahaja Yogis

Christine Haage's place, Mulhouse (France)

Talk Language: English | Transcript (English) – Draft

Conversation with Sahaja Yogis, Mulhouse, France, 1er September 1983

Like the Father created the world, the Son showed how to resurrect, but the Mother then nourishes, actually, and makes you something, the owner of the whole thing. So, first the God almighty, the father, then the Spirit in the heart, and then now, the Kundalini.

So, after you become one with the Spirit, you become the Spirit. And the powers that the Spirit had before start manifesting in you. So, this is at this consciousness, that we have to rise. The problem is we move in a pendulum, from this to that, like from one extreme to another extreme. But the movement of consciousness is spiral, it moves in a spiral, like the Kundalini. And so, the Mother who is loving, very gently, very kindly, affectionately, manifests her beauty of nourishment.

This kind of unconsciousness I want to work out, because we are a computer in that, say, a server DD, a computer. And another computer, the one we are producing, actually, is our reflection.

Sahaja Yogi: Would you say it again, Mother?

Shri Mataji: You see, we are producing computers outside. They are the reflection of ourselves outside.

Sahaja Yogi: They are the reflection of us as we are the reflection of God.

Shri Mataji: So, whatever we reflect is artificial, man-made. And I was reading an article today, and the gentleman said that thousands and thousands of computers, we may use, we cannot reach the computer that is our own innate intelligence.

[Conversation with Sahaja Yogis about the translation in French. Laughter]

Shri Mataji: Now, you were doing all right. But just to create a bit of humour. Tell them that, "Mother said that we were too serious, it is just to create a bit of humour".

Sahaja Yogi (about the translator): You become like a computer. [Laughter].

Shri Mataji: So, what said, he said, "When you are seeing something, you don't think about it. You just see the ego if it is there. You don't think about it.

So, you have to go to that state where you don't think, you just see it. That's what he would like to say. But he said, "This cannot be done. Because the computer that human beings have produced is the result of that thinking". I can say the same thing as my own words.

Sahaja Yogi: Yes, absolutely.

So, the whole thing is that we have to recognize that within us lies that power. But to raise our consciousness also, even to raise our consciousness, it can be only done through the grace of God, because human beings cannot do it. And once somebody gets that grace, you can do it. But the grace is the quality of the Mother. Because people are worried all over the world about the consciousness.

But here in Mulhouse, I may not make it subtler, but I'll tell them that these powers are available within you. Because I don't want to churn their brains, like Mulhouse, you see, churns the brain [The name of the city of Mulhouse means the house of the mill]. But I must tell you, the intellectuals and the stupid ego-oriented people, really churn my brain sometimes, it might break! [Laughter]. They want to go like this, like that, like that, you see. God know what their movement is. The best of it is that we are bracketed with sects, so when we are absolutely against them.

On three days in Geneva, people from various sects came to oppose me and shouted at me. Because they found it dangerous, because I speak against them. But they never speak against themselves, against each other. They are all big friends. Christ has

said, "The Satan won't speak against his own house".

Sahaja Yogi: But still, they put us together with these people.

Shri Mataji: But there also, I speak about [interruption], I tell about the sects, the horrible things against them. So that, next time, you can show this to your television people. They won't have any objections. And they'll like me.

Sahaja Yogi: When Mother rather speak openly against the sects-

Shri Mataji: Openly.

Sahaja Yogi: Mother, just imagine, in the local papers, you are put alongside a class of school children who are learning martial art and judo. Girls, not boys, girls.

Shri Mataji: Is it an offspring of Zen?

Sahaja Yogi: In a way, yes. It can be put to positive purposes, but unfortunately, they don't emphasise the philosophy, they emphasise the physical part and the violence. It's a means of self-defence and it's taught as self-defence, in a very aggressive way.

Shri Mataji: Very good, this food was. She has never given me these sandwiches and I said, "No, I must have my last lunch in Mulhouse. I must have".

This is German, German thing [porcelain]? But Germany is so close.

Sahaja Yogis: No, no, no. [In French: it might be from Limoges]

Shri Mataji: It must be German, the style is. It's so close, Germany, yes? We went to Freiburg and Basel last time.

Sahaja Yogini: From Germany, from Bavaria.

Sahaja Yogis: Bavaria.

Shri Mataji: It's Germany.

Marie: Yes.

Shri Mataji: Bavaria is North Germany?

Marie: South. So, München, it's the south really.

Shri Mataji: South.

Marie: Yes. It's closer to Austria.

Shri Mataji: Austria, in between.

Marie: It's North of Austria. Same style of mountains, near Hungary.

Shri Mataji: In Austria, there is one big hill, or we can say, in Vienna, there's a very big mountainous area. And this is the area which is in between Germany and Austin.

Sahaja Yogi: Is it the Tyrol, Mother? the Austrian Tyrol?

Shri Mataji: And this place was used by the Germans. Then they occupied Austria.

Sahaja Yogi: It's the Tyrol.

Shri Mataji: Yes. And there now, you see, I think some Germans must have died, or whatever it is, a funny type of a fly is there. In that thing, that no one wants to go inside the forest because if the fly bites you, you can be fainted

Sahaja Yogi: My God.

Shri Mataji: [Marathi].

It's a German fly, I think.

[Marathi conversation]. There must be some dead spirit or something, I don't know. A horrible fly is there. So, nobody goes inside the forest. Must be some devils, I'm sure.

Sahaja Yogini: All the devils come from this 15th century.

Shri Mataji: Turkish invasion.

Yes, I saw that. Turkish influence is quite a lot in architecture.

Sahaja Yogini: And the little bread that we ate in the morning, you see, that we call 'croissant',

Maire: The 'croissant' shape one.

Shri Mataji: Yes. Croissant, comes from them.

Ah!

Marie: They were made to celebrate the victory over the Turks.

Shri Mataji: Oh, I see. Croissant, we eat it.

Marie: So, when the Muslims leave then you eat their symbol. Put it in your coffee and eat it

Shri Mataji: Must be. Because the Turkish influence is too much in the architecture. I was surprised.

[Conversation in French.]

Shri Mataji: And Turkey itself now is in a big mess, Turkey.

Very poor.

Shri Mataji: Kemal Pasha was a good man.

[Foreign language conversation]

Shri Mataji: I beg your pardon?

Translator: He was asking if Atatürk was also a good man.

Shri Mataji: Who?

Translator: Atatürk.

Shri Mataji: Atatürk. Imagine, so he was also a Realized soul Kemal Pasha, Atatürk.

Shri Mataji: You see, but Realized souls have no place in religious activity. No one accepted them.

Sahaja Yogi: They couldn't get a place, because nobody would have accepted them.

Shri Mataji: I was telling them that Mc Enroe is a Realized soul. Borg is. Two styles. But both are. And Mc Enroe is a person, always in [unclear], he tells himself, "John, behave yourself ". He always talks in a third person.

But he can't bear the that people trying to insult him. Because, you see, it's too much for a Realized soul to bear insult from a person who is not even a Spirit.

So, this time, I told them that I heard, I read in the paper, that he's a- somebody tried to say something to him sarcastically many a time. So, he threw some sawdust and he was asked to leave the court. And he was given punishment for that and he cannot pray now for some time. But it's very sad.

Because how many people he entertains, makes them happy, joyous? And one horrible mosquito-like fellow comes from there and tries, tries to disturb the play, disturb the thing and you can't say anything to him because –

Because under the democratic law, you must treat everyone equally and tolerate everybody's nonsense equally.

Look, I was speaking yesterday I have not even finished my speech, and one man got up and he started speaking so loudly, insulting me. And he went out and there were people trying to sympathize with him that he must have his saying. Now who is he?

I mean, I've not yet finished my lecture.

[Hindi conversation]

So, this is like Mc Enroe, I feel. [Laughter]

I'm sorry for him, really. My granddaughter always supports him, the little one. So, her mother said, "Why do you always support Mc Enroe?" She said, "Because he's a Realized soul!"

And the elder one is really, very subtle. Aradna, very intelligent and subtle. So, she told me that, "You know why both has retired?"

So, I said, "I don't know". "It's very simple because he's a Realized soul, Mc Enroe is a Realized soul. So both does not want to go into competition with another Realized soul".

It's very- children understand truth so well, for they are not complicated.

Oh, I'll be able to manage.

Come and have some. I think, you also have lunch.

Marie: We had.

Shri Mataji: Hum?

Marie: We had lunch.

Shri Mataji: Where?

Marie: On the road. We had a big sandwich.

Shri Mataji: What about the students, they had? I don't know if they had. Have they prepared for it or you can go and have lunch.

You can go and have it somewhere. There are men they can go and have it somewhere.

Sahaja Yogi: Yes, we can go outside.

Shri Mataji: [Unclear] Where did you have?

Marie: We've made sandwiches before we left, Mother.

Sahaja Yogi: They came by car.

Marie: We left them in the car, and then we stopped somewhere on the motorway for a drink.

Shri Mataji: No but these people can go and have some lunch.

Sahaja Yogi: Yes, we'll go outside.

Shri Mataji: Better go, I think.

At what time is the program?

Sahaja Yogini: 7:30 pm.

Shri Mataji: How far is the hall?

Sahaja Yogini: Fifteen minutes, maybe.

Shri Mataji: Only?

Sahaja Yogini: At least.

Shri Mataji: So that's very close. So, somebody will give an introduction in French, I think maybe, anyone who feels like.

Sahaja Yogini: I think, Shri Mataji, we will wait for Arnaud's arrival.

Shri Mataji: And then he can translate.

Marie: Who's, translating, Mother?

Shri Mataji: You can try, you can translate.

Marie: All right, Mother.

[Cut in the audio]

Shri Mataji: It was too much.

Sahaja Yogi: Tomorrow, midday time.

Shri Mataji: Yes.

Sahaja Yogi: He is doing the interview. And he will come where you are, with the material.

Shri Mataji: Two o'clock?

Interviewer: All right.

Sahaja Yogi: Or half past two.

Shri Mataji: Yes. Here, today.

Sahaja Yogi: No tomorrow.

Shri Mataji: What time are we going?

Sahaja Yogini: About six, Shri Mataji, six pm.

Shri Mataji: Very good.

Sahaja Yogini: I will look again.

Sahaja Yogi: Could you, please, give us - The interview will be recorded and it will be-

Interviewer: It will be pre-recorded and broadcasted later.

Shri Mataji: Pre-recorded.

Sahaja Yogini: Two days after.

Shri Mataji: That's good for radio.

Sahaja Yogi: It's the radio from Mulhouse. It's a local radio.

Sahaja Yogi: It was not possible to get an earlier.

Shri Mataji: It's all right. But you please see, that he asked me questions about all the sects and what they do.

Sahaja Yogi: Excuse me, Mother. You want that that question-

Shri Mataji: That gentleman who comes to interview me.

Sahaja Yogi: He will.

Shri Mataji: He will, all right. Then you ask questions about these sects and what they do, how they make money. And how with that, people get sick. And how it happens people get cancer, this, that.

Sahaja Yogi: This tape will help the future publicity.

Shri Mataji: And you should also ask a question, "Why you're against all the sects?" That's a better question, to begin with. And also then, you should also ask him, "What is the difference between a sect and Sahaja Yoga?" It's a good idea.

Marie: He intended to.

Sahaja Yogi: He thought about it.

Shri Mataji: Just attack and ask them all the tricks, you see? What they do, what they have really, you don't know how much they have extracted, not only the money, but also the real being itself is being just sucked.

Sahaja Yogi: The questions that he will ask you, are the questions of the public. It will be the questions from the public, because he got a lot of phone calls, at the announcement in the Press. People asking, "But what is Sahaja Yoga? Is that a new sect or what is it about?"

Shri Mataji: But more, sort of, directed towards the subtler side of a sect. Because I can tell them what they are doing, how they are doing. Like, you see, somebody who proclaims that he can make the people fly, you can ask me. Somebody says he's Christ, he can walk out on the water. Then there is another one, like that you see, I'll tell you about all of them what they say and how to make it out. Now, without taking names, so there's no [unclear].

You see, like some people give up their parents like the Monies you see, making them taking away from their parents and they are taking out work from them, using them for his own purpose. Then the Monies, you see. Like Scientology is banned London because it produced results by which people became mad, you see. He's banned, now. The fellow is not allowed to come there. Also, I think, he is discovered here also.

Marie: Actually he's got a booming business in France and in Switzerland.

Shri Mataji: Is he?

Marie: Yes. They've been denounced that business is still going.

Shri Mataji: From religion, he earned out of religion and now put it in the business. [Laughter].

Sahaja Yogi: Religion, it's horrible, it's not religion.

Shri Mataji: So-called. It's called a church.

Marie: And he uses the cross, it's called Church of Scientology, with a cross.

Shri Mataji: What business is he doing Marie? What business is he doing?

Marie: Well, I know that in Rosa, and I went to visit with Raimond their center. And he's gone to visit another center. Also they have a very nice flat quite expensive and very big and they advertise quite a lot for programs and purification sessions and psychological tests of course. And in Paris they have a center and they put little leaflets in letterboxes quite regularly. They're about the only cult who actually goes around putting papers in letterboxes in France.

Shri Mataji: Now we, not the cult, we do.

Marie: Well, if they do, we certainly should.

Shri Mataji: Horrible. But from London they have been thrown away for what reason? Do you know why they were thrown away from England completely? The Scientology people, what was the reason?

Marie: No. We'll have to find out, actually. Cause in France, they're spreading. They have a library and actually, a kindergarten. They've started a 'crèche'. They've started a 'crèche' in Paris.

Shri Mataji: What I'm saying that we must find out why, what was the reason for Mr Hubbard, what was the legal thing that happened that she was not allowed to stay.

Sahaja Yogini [to Shri Mataji]: Yoghurt with honey.

Shri Mataji: Thank you. I'll have it with cheese also.

Shri Mataji: Not yoghurt. Because I speak so much that I can afford to eat anything like that now. I ate it in one previous life, I should say.

Sahaja Yogini: So, some cheese [fresh cheese].

Shri Mataji: I beg your pardon? No fat cheese. Because in France, one must eat cheese. [Laughter]

[Hindi conversation]

Shri Mataji: Here, we don't eat yoghurt and fish. We don't eat fish and yogurt in India. Because that gives you those rashes on the body. Because fish is hot, the phosphorus, and the yoghurt is a cooling thing. So, the combination makes it like that.

Sahaja Yogi: So, you don't eat it together.

Shri Mataji: You can cook it together, but you won't have- first you'll have- say, supposing you have fish, then you won't have a yogurt.

Marie: He says it is a question of allergy and it changes from one individual to another.

Shri Mataji: No, mostly people who are allergic, specially, they get too much worse [unsure]. But it can give troubles to some people because those who have allergies, if they eat fish, they're more prone to it. Fish, you see, they get allergic to fish. And on top of that, if you suddenly take yogurt, then it's completely imbalanced and they get a very big rash. But normally, it is always also with others.

Actually, the combination, because the left-sided person is a cool [cold] person. So, such a person is always allergic to proteins, because proteins are heat-giving. So, he can be allergic to any protein as such. Also, you see, viruses, all those things also are not actually proteins, but they are some sort of a, you can say, discarded vegetables or which have gone out of the circulation of evolution. So, even when they attack, you see, a cold person, these allergies will act.

In Sahaja Yoga, we have two types of people, one is with a cold liver, one with a hot liver. In Sahaja Yoga, we have two types of people, basically, a hot liver and a cold liver. Like two patients, you can say. Normal people don't have this kind of things. They have a normal liver. But French are mostly hot liver patients. You are not and Patrick also, even Geneviève is not. But Patrick's wife is, this great Australian is, they have a hot liver. Australians also because they eat such a lot of proteins! Meet all the time. And Indians eat too much of carbohydrates, that's not good also.

Marie: He says why do French people have a hot liver?

Shri Mataji: Cheese.

Sahaja Yogi: Alcohol?

Shri Mataji: Of course. They think too much, very complicated. Very difficult diplomats. Very difficult for small things, you see, that now you see this [unclear]. They will say, "This is not to be used for water". Then you bring another glass, they'll say, "No. this cannot be used for this water from a spring". Then they will say, "We could we bring another glass?" They'll say, "No". [Cut in the audio.]

Then you bring another glass. Then they will ask you, "Which side of the spring you are standing, right or left?" By that you have to have a different glass. Then you bring two glasses. Then they will say, "No, this is from the centre". Then you bring another glass, [Shri Mataji is laughing] and you go mad with your [unclear], you see? I mean, you have to drink the water not the glass! That's why French diplomats are terrible! There's a way to delude them is never to offer anything that is French. Never to have anything in the house that is French. So, they won't be pestering you on that. But to tell them that, "This carpet is as old as 5000 years from India, from Timbuktu", you see. They'll believe it. But they'll ask them ten questions about this carpet. But you must make a cut in the carpet, otherwise they will never believe also. [Laughter]

Marie: He says then Mr Talleyrand could not be a Realized soul.

Shri Mataji: Who?

Marie: Talleyrand was a diplomat a minister of Napoleon who represented France in the Congress of Vienna in 1815.

Shri Mataji: He might be because vibrations are there. But that must be some exception to keep the rules. [Laughter]

And their wives, they are very serious women, all the time an expression as if something is something very serious has happened somewhere. Very worried, very worried.

So, you ask them, "What's the problem?" "I'm worried about my mother because she's so tolerant of my father. And because my mother was so tolerant of my grandmother and of all her sisters". But I said, "How can you help her by this kind of a worry?" "Oh, only thing, I can go on telling my husband that I'm worried". And the husband is worried about the glass! [Laughter] Such nice time here. I mean, they are the 'cream' [of the society]. All of them will have dinner if you invite them. Of course, you must invite them to the best restaurant, no question, with all French 'cuisine' and French things around which they eat every day. But at the table, worse than a conference, they'll sit for one hour discussing; "What will you have? What will I have?" And the host will be taking up his neck about two feet with anxiety, "Now, what will you have?" It's very funny. For one hour! Out of the one hour and half we have for lunch, one hour is [inaudible; Shri Mataji is laughing]. They are not eating, just eating the discussion.

Sahaja Yogi: Out of the menu.

Shri Mataji: Ah, 'preba'. Then the wine. Then, "What wine?" And it's such a problem, I tell you. My husband has to host, imagine, who does not drink at all. And his plight is such that he is asked first, he has to taste, you see, because the host has to taste first, if the wine is all right. And he doesn't know from one wine to even any other alcohol, like anything, it's to him, it's just the same. This way, he has learnt, you know, how to do it. So, I told him that, "How does it taste?" He told me, "It tastes like – supposing you have some cork in the water,

Marie: Some 'what'?

Shri Mataji: Cork. [Shri Mataji is laughing]. And you buy some [inaudible] to suck it. You suck their cotton [unsure]. Then, "What is the taste you get?" "It's rotten cotton", he said. That is the taste you get. But I said, "Why did you taste the cork?" "But I didn't know the taste of a cork at all of a rotten cork".

"Though, he said, in my childhood you see, I was trying, one day, to open a bottle which was closed for many days, you see. And I couldn't open it. So, I used my mouth to open it and I got a horrible smell that time and I vomited for six, seven days. And I have to do it every time to say, 'It's 'très bien' [very good]". I tell you, but the way they discuss about food, is just [mad]. It takes so much time. This is ego to take a decision about every little nonsense, whether you will have fish on the toast or toast on the fish. [Shri Mataji is laughing]. So much time on this, intelligent people wasted.

Marie: He says in France, all the business, all the big discussions, all the decisions are taken around the restaurant table.

Shri Mataji: But actually, mainly, it is what they are going to eat. So, I'm sure it must be creating a mess in the business also. Because, you see, when you are doing some serious work, there should be a full attention. And the food must be digested in the stomach also, I mean there should be attention for the food. Otherwise, the blood has to go to the stomach, and it goes to the brain. And also for food, there should be no discussion. You should do it in thoughtless awareness I think, or in a very happy mood. So, there is no liver problem this is what I am telling you about liver. [Shri Mataji is laughing].

Marie: He says the history of France has actually three bases. One is the bed,

Shri Mataji: Bed?

Marie: Yes. Second is the table and third is the attorney's office.

Shri Mataji: Attorney's office.

Marie: Money, land property. And if you- that's the way to understand French history. These are the three

Shri Mataji: Problems.

Marie: Pivots actually, where all the history is revolving around it.

Sahaja Yogi: It's very true.

Marie: And we are still a very archaic Society in that sense, because it's still very much like this.

Shri Mataji: Oh, yes, but, you see, of course the solution to this also is not to be a pendulum movement that aims to all these things. You must give up this. You see, to change from one pivotal thing to another pivotal thing, it would be pendulous. Like from this to go to Communism. That is the reaction. That is rebellion, we can call it. But revolution, you see, revolution means, a movement spirally to revolve higher, to rise higher.

Shri Mataji [to a Sahaja Yogini]: Thank you, where did you get it?

Sahaja Yogini: In Basel [Switzerland], Shri Mataji.

Shri Mataji: Ah, Basel, you remember. Thank you. Beautiful flower [inaudible].

What happened to the flowers of Sahaja Yoga in Basel? We had some people in Basel.

Sahaja Yogi: Not in Basel, we didn't have a program in Basel.

Shri Mataji: We had.

Sahaja Yogi: Two years ago.

Shri Mataji: Yes.

Sahaja Yogi: They just vanished in the thin air.

Shri Mataji: [Shri Mataji is laughing]. In all the air, all the flowers.

Sahaja Yogi: Nobody stayed.

Shri Mataji: But these flowers show that I was there. The fragrance, you see the fragrance of the white flowers, you can make it out that the fragrance that they have means that I was there, just see. That's the proof. Even [if] people have vanished, the flowers are there.

Sahaja Yogi: Have you seen, Shri Mataji, it's beautiful the article.

Shri Mataji: Can you imagine? Yes.

Yes, yes, I saw that.

Sahaja Yogi: It's a beautiful thing, you see Mother.

Shri Mataji: Beautiful, nice photograph.

All right? See, this is the proof that I've been to Basel, because the white flowers don't give you fragrance also.

Shri Mataji: In London, daisies were never fragrant. Nowadays there is so much fragrance in daisies, you can't imagine.

Sahaja Yogi: Did you have a nice trip Shri Mataji?

Shri Mataji: Yes, we had. But we missed you a little bit at the point of entry into – I mean in Switzerland - because our boxes were reviewed and we got – what you call?

Sahaja Yogi: Customs.

Shri Mataji: Customs. We had to return the thing, so they wanted to see.

Sahaja Yogi: You were carrying some-

Sahaja Yogi: Yes, but I had room in the cab. Therefore, it would have been too much to carry that on the train.

Shri Mataji: Yes, that's true. But that's what we said, we didn't know we had to carry it. Because of diplomatic passport, they can't stop me also. For me, they, little bit, made a mistake, not to show them this diplomatic passport, you see. Otherwise, it would have been all right. But they, normally they never ask you see, to show. But they said, "Better show us".

So, she explained that, "We did not know". But they were nice.

Sahaja Yogini: And also yesterday night with Warren, we go through the customs without giving the papers the paper for the [unclear], you see.

Shri Mataji: Really?

Sahaja Yogini: Yes. And we had to because for the shop. So, at 1:30 am at night, you see, I stopped at the customs and I said, "Please, this is the paper we forgot to give you". And they said, "But where are the goods intended?" So, I said, "Please, on my honour, I could assure you that the goods are intended. And the next time, you will see for some friends who were Australians, they were not [unclear part] And they said, "All right, go on. But next time". I said "Yes, next year, we will know that". But they were very nice, because in France, generally they are very, very hard.

Shri Mataji: She told me you will get a percentage lower than that, or something. It's because of [unclear].

Sahaja Yogini: And because they said also, they were trusting me, but they said there are so much fraud, so much

Shri Mataji: Faulty.

Sahaja Yogini: Yes, that's the reason they want to see the goods. To be sure that it is going abroad and not staying in France.

Warren: It was an amount of discount of about 200 Francs, on 800. So, 200 out of 800.

Shri Mataji: Just imagine. So, how much in dollars? It's a French Franc.

Warren: 400. Less, less, so it's 600.

Shri Mataji: French Franc, how much is it for dollars?

Warren: Half.

Sahaja Yogini: About 750.

Warren: Oh, Franc? Oh, I'm sorry.

Sahaja Yogini: 750 for a dollar.

Shri Mataji: A hundred dollars, about. No, no, no. About six.

Warren: We bought six, net of six. So, it's about three hundred dollars.

Shri Mataji: Oh, no.

Sahaja Yogini: No, less.

Shri Mataji: You see, less than one hundred. Because it is 7,50.

Sahaja Yogini: 7,50 for one dollar. You see?

Warren: Ah, yes

Shri Mataji: One dollar. French Franc.

Warren: Keep jumping across the border, French and Swiss.

Shri Mataji: He got- he was a diplomat, you see, no wonder.

Warren: French and Swiss.

Shri Mataji: Because diplomacy is, you get confused, you see. Only God can be really diplomatic. Anyway, it doesn't matter He was a diplomate.

Warren: It just explains the confusion I was in.

Shri Mataji: It' is about [unclear] Very less, about 750 divided by 600, you see.

Warren: 80. 90.

Shri Mataji: 80.

Warren: 80 or 90 dollars. 80 about.

Shri Mataji: 80. All right.

But you would have paid three hundred dollars.

Warren: I wasn't even involved in the calculation, Mother. I wasn't taking the least bit of notice. It's when Dhumal is with me then I start thinking. But when she's with me, I let her think

Shri Mataji: Good idea, that's what I do. You see, best is- if somebody asks me, "What about your money?" I say, "You see, money, I give to the bank". Somebody keeps the account. I sign the checks. I never see the accounts, that's how I solve my money problems. Tell them that [to the translator]. And also, writes the checks for you.

Sahaja Yogini: I must say that I am very bad at calculating too.

Shri Mataji: You are bad at calculation?

Sahaja Yogini: Yes, I am very bad about it.

Shri Mataji: To what?

Sahaja Yogini: To transfer.

Warren: Conversion.

Shri Mataji: Bad at it.

Sahaja Yogini: Every time I go to the bank I say, "Please, tell me how much it is and so on".

Shri Mataji: Yesterday, in that turmoil, you see very clearly that how human beings have divided themselves, so clearly, and accepted [unclear] with it.

Warren: The turmoil and the program.

Shri Mataji: I mean the whole thing.

Warren: The sorting out, everything.

Shri Mataji: And you have to take out a certificate of your permanence [unsure], this is whether you are permanently present, like India.

Warren: Visas and all these things.

Shri Mataji: And your prisoner number is this and this, you see, prisoner number, belonging to this prison. And what you take from one prison must be seen to the other prison.

You see, animals have much more sensitivity and understanding how to live together. If a tiger dies in a forest, the whole forest becomes surprisingly [unsure] silent. Absolutely. For about months, you can feel that a tiger is dead somewhere. And even if a tiger is sitting and if he is having his one meal with whatever he has killed, because he just has his own meal, whatever he kills, he doesn't take somebody else's. Even then in the area that this tiger is, about, say, you can say at least, for twenty-five yards area, you start feeling the silence, complete silence, absolutely. Because, not out of fear, but it's awe: he is the king, you see. And the tiger also lives like a king. He'll kill once a month one animal perhaps, or once a week. And visits that animal only twice. Only twice he will visit that animal. And the rest he will leave. So many do it only once, you see, and the rest he will leave it to others and he won't go near that place at all because others people disturbed. See the consideration. And it's a such a wonderful animal this tiger is, that it does not even attack very, very small animal never. Like a little, say, rabbit or something like foxes. It has to be a bullock or something like that. [Question in Hindi] The male, buffalo?

Sahaja Yogi: Buffalo.

Warren: A dear.

Shri Mataji: And a dear. But not the baby dear, the male. You see, it must have power to fight him. The other thing that he eats must have power to fight him. It's the sense of dignity.

Arnaud: The lion is a bit like that too.

Shri Mataji: The lion is even greater. He's so sweet you can't imagine. And he could be very softly handling, you know. He doesn't eat everything, he's such a sweet animal.

Sahaja Yogini: He is asking if there no sort of cruelty between the animals.

Shri Mataji: No cruelty. Because you see, idea of cruelty also comes from ego. They have no ego. Only human beings can be cruel because they know how to be cruel. They just kill and eat. Because we think of non-violence so we know violence.

We are an [unclear] because there is no Spirit which gives us the guide in life. It's right that only human beings know how to be do cruel, can you imagine!

[Hindi conversation] There are some animals who remember if you insulted them or something. Then they try to be- try to get after you [unclear] like they say so, like they say the serpent. If you put your foot on a serpent and he's hurt in his bone or something, then he may follow you. But it's not cruelty but he may just follow you to punish you.

Sahaja Yogi: Shri Mataji, I have a question. Do the animals behave differently in front of a Sahaja Yogi?

Shri Mataji: Very much.

Sahaja Yogi: Yes?

Shri Mataji: Oh!

Sahaja Yogi: Even dangerous animals?

Shri Mataji: Yes, yes, of course, of course. They never bite. Snakes won't bite a realized soul.

Sahaja Yogi: Really? It's amazing

So, if we are in India, we don't have to fear the cobras.

Shri Mataji: No, not the cobras. Wasps are horrid.

Sahaja Yogi: Wasp?

Shri Mataji: There are some, also, devilish animals, you see.

Sahaja Yogi: Which one?

Shri Mataji: Like the wasps.

Sahaja Yogi: And rats too, rats? Rats are not devilish animals.

Shri Mataji: Rats are not. The parasites on rats are.

Warren: What about bats, Mother? Bats.

Shri Mataji: Bats are the bhoots.

Sahaja Yogi: Bat, what is bat? They look horrible. Let's see, Shri Mataji, when you left today, the amount of wasps which was gathering in the ashram.

Warren: There were not wasps, there were bumblebees.

Sahaja Yogi: They are not, they were wasps.

Warren: Oh, upstairs were they? Outside.

Shri Mataji: Where?

Sahaja Yogi: A lots of wasps were in the house when you left the house today.

Sahaja Yogini: Yes, but it was our fault also, because we left the sugar, the jam out, you see? So, at once, they are coming.

Shri Mataji: But also, they attack, wasps. I don't know the bumblebee doesn't bite.

Warren: Bumblebee doesn't trouble you very much, it does have a sting but not such a bad one. I used to manage honeybee stores at home.

Shri Mataji: Honey bees are these wasps, are they?

Warren: No, no, no.

Shri Mataji: Wasps are bigger.

Warren: Yes, wasps are totally different. They're ugly, horrible.

Sahaja yogi: Did you remember, Shri Mataji, last year in Vienna, when we killed this horrible huge, bigger than the wasp, and dangerous? I don't know the name in in English. And one bite can kill. It was in Vienna.

Shri Mataji: Was there one? The one that is a German stuff when the Germans came, they stayed in that thing,

Warren: Tyrol.

Shri Mataji: Same thing happened.

Sahaja yogi: Same maybe yes.

Shri Mataji: He said this comes from Turkey, Turkish invasion, isn't it?

Sahaja Yogini: They must be the ones from there, yes.

Sahaja Yogini: You see the one that the bird living, the a owl ?, living during the night. What do you think Shri Mataji?

Shri Mataji: It's also inauspicious awls, you see.

Sahaja yogini: Ah!

Warren: So much ?. It's called the wise animal in our literature.

Shri Mataji: It's very inauspicious. It is cunning. It's very inauspicious. If here wisdom means some sort of a person who knows how to take advantage of others, so that's how it is.

[Hindi words].

Sahaja Yogi: And the cat? I don't like cats.

Shri Mataji: Cats are fallen tigers, I think.

Sahaja Yogi: Degenerated.

Shri Mataji: Leopards, also, same style.

Sahaja Yogi: They are very cunning, leopards, very dangerous.

Shri Mataji: There's one called hyena. I don't know.

Warren: Hyena.

Shri Mataji: It's horrible. There are some cunning and some are the donkeys also.

Sahaja Yogi: But not as donkeys as human beings.

Shri Mataji: You have everything among human beings. You've got donkeys, tigers,

Warren: Horses.

Shri Mataji: What is it?

Warren: Horses.

Shri Mataji: Horses. Horses? Very common in London.

[Laughter]

Warren: The English are horses.

Sahaja Yogi: Therefore, they are some kinds of horses.

Shri Mataji: And they must have come from horses.

Shri Mataji: I think so. They walk like horses, you see. When they walk, they are scared, they move like that. They walk like horses.

[Hindi conversation]

Actually, Mike comes from a place where they have sugar factories all around. So, I must say for a Rahuri person, he gets very little sugar. You must give him for three [unclear] that much. Rahuri people take at least five. At least! [Laughter]

Warren: We know when we drink their tea, Mother.

Shri Mataji: No, no, that's for you, they make it half.

Shri Mataji: They make it half for you.

Warren: Half? And yet, it is so sweet. [Laughter]

Shri Mataji: They make it half for you.

Arnaud: Shri Mataji, it's so enjoyable to see you here. We were here the first time in January for the first program, public program in Mulhouse. And we were all wishing that you would come once. See.

Shri Mataji: Very attractive place. I couldn't get out of its aura, I think. It's beautiful.

Sahaja Yogi: Shri Mataji, I have a question: if you if we come, with my wife, to London, for the Guru Nanak, for the Guru Nanak puja or Diwali puja, can we stay in Surbiton?

Shri Mataji: Of course. When you come for some puja, you can always stay in Surbiton. The only thing is that I have to suggest that the boys should stay in Surbiton and the girls in the ashram of Chelsham road. Because also it is in the city. You see, for girls to go out all the way to suburbs during the night, after programs, is also too much. [Inaudible] When will you be coming?

Arnaud: Shri Mataji, the first week of November. Is that correct?

Shri Mataji: No, that is Diwali.

Arnaud: It is Diwali and Guru Nanak in the same week.

[Hindi conversation.]

Shri Mataji: It's also quite hard.

[Conversation between Sahaja Yogis.]

Shri Mataji: November is it? [Hindi conversation.]

Today is the first, is it, of September?

Arnaud: It is the first of September.

Shri Mataji: First of September.

Arnaud: I'm sure you travel in the United States will be a success, Shri Mataji. I'm sure.

Shri Mataji: Basel, we had some people or not?

Arnaud: We had but they didn't stabilize themselves.

Shri Mataji: But you can write to them.

Arnaud: Yes, we can catch them and we can catch the Freiburg and Germany from Mulhouse. That's why we felt that this Center-

Shri Mataji: Is it close from here Freiburg?

Arnaud: It is a one-hour drive.

Shri Mataji: Really?

Arnaud: Yes.

Shri Mataji: It's Thomas's center.

Arnaud: Yes, he will come Thomas this evening Martine, Thomas.

Martine: Thomas? Yes, he comes.

Shri Mataji: How is he in Freiburg? What does he say? Not much.

Martine: No. He is alone.

Arnaud: Shri Mataji, I think he's a weak person because of his wife.

[Shri Mataji speaks in Hindi]

Arnaud: He could survive, I think, because of the people here in Mulhouse, because they came a lot and they helped him in Freiburg. Christine and Martin went to Strasbourg, went to Freiburg in Germany. And so they kept good relationships among each other because it's very close to the border. And the mentality here, it is a French mentality but still some links with the German background is still there.

Shri Mataji: There are also differences, but -

[Arnaud speaks in French]

Shri Mataji: I tell you, border people are always fine.

Arnaud: It is a 'Rhinal' tradition. It is a tradition of the River Rhin, goes up to Holland and it includes the southern part of Germany the eastern part of France and the northern part of Switzerland. And it is all center as I told you there is a place in 'Bâle' [French name of Basel] where the all three countries meet, three borders.

Shri Mataji: And what is that part?

Arnaud: This is a part in very close to 'Bâle' and very close to here.

Shri Mataji: Bâle?

Arnaud: Basel. To Basel. There is one spot -

Shri Mataji: Basel. I told him this. I, today only, I told him this.

Arnaud: He said that it is more German tradition. So, we can go to Germany from here, from Mulhouse maybe. And for Vienna, so.

Shri Mataji: Warren, what about the telephone?

Warren: Yes.

Shri Mataji: Warren?

Warren: Together. We can do it right now Mother. I've got the number.

Shri Mataji: What's the time now in London?

Warren: It's four o'clock, Mother.

Shri Mataji: Now we have to take your permission, Christine, to use the phone. Christine? Because there was an important call we had to book. And we did not talk to the [unclear] from there.

Warren: Christine, can we make a call to London?

Christine: Yes. We have to move?

Sahaja Yogi: Yes.

Arnaud: [About the baby] He is crying, Mother.

Shri Mataji: You must sit in there.

Arnaud: But normally, he is very calm.

Shri Mataji: Hum?

Arnaud: He's very calm normally.

Shri Mataji: But he has improved so much. Both her children have improved very much. Markandeya and this little. Tremendous improvement. And when I was coming, he was looking very miserable, Markandeya, no? Everybody said, "Baba, he was standing like this, looking at me, as if I am gone away".

Arnaud: And he changed a lot too, Shri Mataji. He feels strength, stronger. I mean the transformation that was so great.

Shri Mataji: [Inaudible]

Arnaud: Yes, they are just.

Warren: No, no, no. she's ringing [unclear].

Shri Mataji: And this [Inaudible]

Warren: Yes.

[Cut in the audio]

Shri Mataji: So, thank you very much. We told them a nice story about the French.

Arnaud: Ah.

Shri Mataji: [Laughter].

Arnaud: Unfortunately I was not there.

Shri Mataji: Yes, I think it's all safe. Thank you

[To the baby] Hello, who was crying?

Warren: Can we make another phone call, is it possible? Could she give us the dialling code for London?

I'm just getting this phone call for Mother.

[End of audio]

1983-0902, Interview: 8 questions to Shri Mataji Wittelsheim

View [online](#).

2 September 1983

Interview

Marie-Louise Zbylut's house, Wittelsheim (France)

Talk Language: English | Transcript (English) – Draft

Interview de Shri Mataji, 8 questions to Shri Mataji, Mulhouse, France, September the second, 1983

Interviewer:L'éveil du Soi et la Kundalini, le Sahaja Yoga était ces jours derniers à Mulhouse, effectuant une tournée de conférences en Autriche et en Suisse, notamment à Genève, Lausanne et Vienne. Shri Mataji, et c'est assez étonnant, a choisi comme 1ère ville régionale française, Mulhouse, métropole Haut-Rhinoise. Mais justement, pourquoi ce choix, pourquoi le Sahaja Yoga ? Et un certain nombre d'autres questions, 8 au total, que nous avons posées à Shri Mataji avant son départ pour Vienne, et au lendemain d'une conférence qui s'est déroulée à la Société Industrielle, devant une salle comble, et qui sans aucun doute, aura suscité des réactions diverses.

Shri Mataji, Vous allez quitter Mulhouse, première ville française de

province à Vous accueillir. Peut-on savoir les raisons exactes qui ont motivé cette venue

alors que de grandes métropoles provinciales de l'Hexagone ne Vous ont pas encore reçue?

Alexandre (French translator): Shri Mataji, you are going to leave Mulhouse, first provincial French town, who has welcome you. Could we know exactly the reason of your motivation? Because there are so much big other metropolises in the hexagone of France who have not yet received you?

Shri Mataji: It is all God's work and wherever he takes Me, I have to go there. But, I found out, from some people of Mulhouse, that there are many seekers in this place who are seeking truly, ardently.

Interviewer: Deuxième question, seconde et grande question d'ailleurs. On parle beaucoup de yoga ces temps derniers. C'est à la mode. En quoi le Sahaja Yoga que vous représentez se différencie-t-il d'autres mouvements? Et pour être plus clair, s'agit-il d'une secte nouvelle qui s'ajouterait aux précédentes?

Alexandre: Second and great question. We are all speaking about, a lot about yoga on this modern time. Is it like a fashion? In which Sahaja Yoga, that you represent, is different from other movements? And clearly about [inaudible] and Sahaja Yoga is not a sect [cult] who be will add to others who are already there?

Shri Mataji: Yes, apparently with what we can see, the word "yoga" has been very much misused.

The reason is there is no controlling power over what one has to talk about God. Anybody can say or do anything in the name of God, especially "yoga" because it is not an organized movement.

But Sahaja Yoga is based on the very ancient traditional method of Self-Realization which is also described in the Bible as the second birth, in the Koran as the Resurrection and in so many other scriptures.

-Just one moment-

About 50 to 60 years back, when people came to know that there are so many seekers are to be born at this time, they thought it

would be a good market for them to make money out of it and so they started all these fake cults and fake beliefs to exploit people.

Interviewer: Précisément, vous dites souvent que vous n'avez rien à vendre et que vous n'êtes pas à acheter. En d'autres termes, le Sahaja Yoga n'est pas le yoga du business. Il y a là l'affirmation d'une grande pureté et d'un grand détachement. Pas de cotisation, pas de serment, pas d' enrôlement. C'est donc le libre-arbitre de chacun. Mais sont-ce des mots ou la réalité?

Alexandre: You always say that you have nothing to sell and you cannot be purchased by anyone. In other terms, Sahaja Yoga is not the yoga of business. There is there a great affirmation of purity of great and great detachment. No cotisation [subscription], no serment [pledge], no enrollment. So, it is like a free- freedom for everyone. Are they words or reality?

Shri Mataji: Absolutely, because you cannot pay for God. If you use your ordinary logic, you will reach a point to understand that God cannot be sold! He cannot be organized.

Interviewer: Vous avez dit et répété hier soir que nous entrions dans le règne du Verseau et qu'après le règne du Père et du Fils, vient maintenant le règne de la Mère. Est-ce une prophétie ou du féminisme?

Alexandre: You have said and repeat yesterday night that we are coming in the time of Aquarius and that after the reign of the Father, then the Son, now is coming the reign of the Mother. Is this a prophecy or feminist?

Shri Mataji: It is neither feminism nor prophecy. It's the present.

Interviewer: Une question qui m'a été suggérée par un lecteur et cette question est la suivante: Vous situez l'Esprit-Saint et la Kundalini sur le sacrum. Or l'Evangéliste St Jean a écrit: "Le vent de l'Esprit souffle où il veut". Alors?

Alexandre: You said that Holy Spirit or Kundalini is in the sacrum, or [but] in the Evangile [Gospel] of St John it is said that the Holy Breeze or the Holy Divine bliss [breath]-

Interviewer: Où il veut. [Where it wants.]

Alexandre: Is where it wish to be. So?

Shri Mataji: Yes. But in the sleeping state, in a dormant state, it is in the triangular bone. In human beings, it is reflected there. But it is otherwise all-pervading. It is the reflection of that All-pervading Power in the human beings in a sleeping state is in that area, sacrum bone.

That is a reflexion.

Interviewer: Comment avez-vous ressenti hier soir l'accueil du public mulhousien?

Alexandre: How did you feel the welcoming of the Mulhouse people, welcoming?

Shri Mataji: Mulhouse people are one of the most positive people I've seen so far. More, they are very least unaffected by the sects and stupid things like that.

I, of course, saw some people who were shaking before Me on the right side and at the back who belonged to some sects. But they also, gradually, settled down and I'm sure they could be saved.

Interviewer: Lorsque vous avez appris l'origine du mot "Mulhouse", "mul haus", "la Maison du Moulin", et Cité ayant la roue à aubes pour armoirie parlante, vous vous êtes aussitôt référée à la Daité. Pouvez-vous préciser?

Alexandre: When you have heard about the word "Mulhouse", Mulhausen, the house of -

Sahaja Yogi: Le moulin [water mill].

Interviewer: Aux [inaudible] roues.

Alexandre: With the house who make the wheat into flour, and you have make -

Interviewer: Au sanscrit [to Sanskrit].

Alexandre: You have referred to Sanskrit.

Interviewer: Est-ce que vous pouvez préciser. [Can you specify?]

Alexandre: Can you precise?

Shri Mataji: You see, in Sanskrit, "moola" means "the roots" and the house means "abode", not in Sanskrit but English language. So, this is the "house of the roots". So, that is the abode. And if the root is the Kundalini, then it's the abode of the Kundalini, the bone -sacrum- in Europe perhaps. I was just trying to see it in that way.

Alexandre translates.

Shri Mataji: House.

Interviewer: Donc autrement, y reste plus qu'aux armes de Mulhouse à avoir une phrase en sanscrit, n'est-ce pas, pour être authentiques? [Laughter]

Shri Mataji: Even this place is called as Wittelsheim. Now, Vittala is the name of the God Almighty, you see, and "Kshema" is the One, the One who gives you the- wealthy.

Interviewer: [corrects Alexandre] Wittelsheim, attention, il ne faut pas écorcher les noms! [Wittelsheim, be careful, do not mispronounce the names.] [Laughter]

Boomi, c'est la terre en sanscrit. [Boomi is the earth in Sanskrit.]

[Laughter]

Interviewer: Bon, et pour terminer, Shri Mataji, une question à la fois symbolique et anecdotique. Vous avez trouvé l'eau de Mulhouse particulièrement savoureuse. On vous a dit qu'elle provenait de la Doller, affluent de l'Ille et du Rhin. L'eau de France est donc parfaite? Est-ce que cela ne vous incite pas à revoir vos appréciations sur la boisson française et en particulier sur les Français en général?

Alexandre: So, to end, this is in a same time symbolic and anecdotic question: you have found that water of Mulhouse is perfectly nicely tasty. And we told you that it was coming from the Doller who is coming from-

Interviewer: L'Ille

Alexandre: L'Ille and The Rhin, so water of France is perfect. Is that is going to incite you to come back to your appreciation of the

French drinking and particularly the French in general?

[Laughter]

Shri Mataji: I think French drink too much! [Laughter]

But they will reduce it now. They will understand that drinking takes you to left side too much, gives you so many problems. We must try to find out who are our enemies who destroy us.

But when you become the Spirit, you forget these worldly spirits completely.

Interviewer: Donc ça coule de source, presque! [French joke on water]

Alexandre: He said, "so it's flowing from the source!"

Shri Mataji: Hum, that's it!

Interviewer: Eh bien, Shri Mataji, nous vous remercions de votre accueil et nous vous souhaitons bonne route pour Vienne et nous garderons en sanscrit les inscriptions que vous avez laissées à Mulhouse. Bonne route!

Alexandre: He said we thank you very much for your coming here and we'll keep your saying about Sanskrit words and Mulhouse with us. Thank you very much

Shri Mataji: I'll be coming back again here! Because it's such a wonderful place that vibrations are so good here. I think the Divinity will take a new form in Mulhouse.

Interviewer: Eh bien, nous l'augurons! Merci.

Shri Mataji: Thank you very much and thank you for all the welcome and thank you for meeting such nice people in Mulhouse!

May God bless you all!

Interviewer: [Inaudible]. Nous disons également merci d'avoir été accueillis par vous. [We also thank you to have welcomed us]

Voilà.[Here we are.]

Shri Mataji: Cool down.

Short and nice.

Interviewer: Vous voudriez l'écouter. [Would you like to listen to it?]

Alexandre: Next time.

Shri Mataji: I would like to see how it goes.

Alexandre: Yes.

Next time you have to give me this [Interviewers's notes]. I have to work for translation.

Interviewer: Oh, mais c'est amusant, c'est normal. [Oh, it's funny, it's ok.]

1983-0903, Conversation

View [online](#).

3 September 1983

Conversation

Kegelgasse Ashram, Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

Conversation with Sahaja Yogis. Kegelgasse, (Edith's house), Vienna (Austria), 3 September 1983.

Shri Mataji: A great Sahaja Yogi has come. He's a great Sahaja Yogi.

Gregoire: Would you like a cup of tea, Mother?

Shri Mataji: No, water. Actually, you said you'll introduce them to Me.

Gregoire: Should I do it now, Mother?

Shri Mataji: Yes, please.

Gregoire: So, this is Edith.

Shri Mataji: I know, I know.

Gregoire: We are in her house. Then we have among the Sahaja Yogis, who have been quite active. When I say your name please get up, so that is the easiest thing. We have Herbert, we have Guenter, we have Zorana, Inge, Engelbart.

Shri Mataji: I don't know this one. (Laughter)

Gregoire: Jacqueline, Thomas; he is the brother of Guenter.

Shri Mataji: Oh, I see.

Gregoire: Camillo.

Shri Mataji: He is also from Spain or something.

Gregoire: No, he is from Austria.

Shri Mataji: Austria? (Laughter) More Spanish sound.

Gregoire: Then you have Hamid that You have met.

Shri Mataji: Yes, of course, he is around us.

Gregoire: And Wolfgang, Dorothea, Elisabeth, another Elisabeth, Sissi. What is the first name of your friend? Werner. I forget him, Werner. I certainly forgot. Oh, Monica, I forgot Monica.

Shri Mataji: And the lady there sitting, the elder lady?

Gregoire: The elder lady is the mother of Zorana. She is the mother of Zorana, she comes from Ljubljana. She just came for the children.

Shri Mataji: Zorana. Oh, I see.

Gregoire: She is a pediatricist.

Shri Mataji: I see.

Gregoire: And from Yugoslavia also. Islia.

Shri Mataji: In the corner?

Gregoire: Where is she, Islia? And the lady in the corner is also an Edith, but she came three days ago. So, she is quite welcome. And who did I forget? Edwin, I said ah. Edwin, Edwin, Edwin, sorry.

Shri Mataji: Of course. You were the first whom I met.

Gregoire: And Gilde, Gilde. I said - whom did I forget - he said.

Shri Mataji: Gilde.

Gregoire: Herminegilde is her name. Mother, you won't recognize her, but one year ago she said, "Don't be a crying baby."

Shri Mataji: She said to Me?

Gregoire: No, (laughter) You said to her. And Mother, also I forgot of course Djamel Beruqua, from Algeria.

Shri Mataji: I remember. May God bless you, may God bless you! Yeah. We are getting Algerians everywhere, you see. [Unsure]

And yes, the last was in Mulhouse, a gentleman called George. He is the journalist, and he brought a gentleman who is a director of broadcasting with him for the radio program and he interviewed Me, and I felt that he could be something else but French. But he kept quiet. Then he said that he is Algerian. I said, "All right, let's start and throw vibrations". And he readily accepted it. And he got his Realization too.

Gregoire: Then this economist, Mother, who had problems with the eyes, Bea Shenu or something like that. He also came with his wife in Paris.

Shri Mataji: Yeah, he came. Then there was one Haji who came, then of course we have these [journalists ?] there so many, but Algeria is the first I think which is doing well in Sahaja Yoga among all the Muslim countries, but Tunisia is second. Tunisia is a free country. Not that they are not free, but these are more sort of a little controlled, isn't it? The government is very controlling there. That's why I can't go. Otherwise, I would have gone to Algeria.

Gregoire: Do you have the songs? Did you take the songs with you? The German ones.

Shri Mataji: Take out your shoes, tell him.

Gregoire: I am sorry.

Shri Mataji: No, no let him, let him do it.

Gregoire: Take out your shoes Matt, take out your shoes.

Shri Mataji: Good. Pretty warm also for him. So - better like that. It is nice that it is these days it is quite warm in those countries so people are really getting relief from the over clogging of clothes this that. Open the windows. All right.

Gregoire: That's the wrong one. Hamid, how many do you have in your car? About 25.

Shri Mataji: You came with the?

Yogini: [Patrick and Gerti]

Shri Mataji: Oh you came by car? Oh I see.

Gregoire: Yes, this year I took a car.

Shri Mataji: Ah that's good. I thought you came with [Dhumal ?]. [Hindi]

Gregoire: So Mother, we have one rehearsal. With Your permission we would like to sing something, because we have the Italian singing, and we all are very jealous because they sing so beautifully. (Laughter) So we are not singing beautifully, but we'll try this one because it's in German, and it is high time we sing something in German. So please Inge. The meanings are: Come, oh come you comforter, come in my heart, oh Spirit from above, open my wisdom so that I can understand the counsel of God. It's to the Holy Spirit.

Shri Mataji: Oh, I see. Take out your shoe. Another poor fellow, better.

Gregoire: Poor fellow, has been struggling with his shoes.

Shri Mataji: It's all right. You come and sit here, come and sit here, come along

Gregoire: First, Inge will sing, then all the girls, then all of us.

German Song

Chorus:

Komm, oh komm Du Troester mein,
Kehr in meinem Herzen ein,
Komm, oh Geist von oben.
Hauch uns Deine Weisheit ein
Dass wir suchen Gott allein
Komm, oh Geist von oben

Shri Mataji: Beautiful.

Chorus

Um Beistand und Licht wir flehen
Dass wir Gottes Wort verstehen
Komm, oh Geist von oben

Chorus

Steh uns bei mit Deinem Rat
Dass wir gehen den rechten Pfad
Komm, oh Geist von oben

Chorus

Mach uns stark in Leid und Streit
Zeig uns die Standhaftigkeit
Komm, oh Geist von oben

Chorus

Gib uns ein Gewissen scharf
Aus dem Quell der Glaubenskraft
Komm, oh Geist von oben

Chorus

Uns mit Deiner Lieb entzuend
Dass wir ganz gottselig sind
Komm, oh Geist von oben

Chorus

Die Furcht Gottes uns erhalt
Denn der Himmel leicht gewallt
Komm, oh Geist von oben

Gregoire: Bolo Shri Jaganmata Shri Adi Shakti Bhagawati Mataji Shri Nirmala Devi Ki Jay!

Shri Mataji: Beautiful. Written so well, who has written it?

Gregoire: Oh, that was done by seekers before us Mother. (Laughter) 1674. Tomorrow we will have an old one. Tomorrow we will have one that we have done ourselves.

Shri Mataji: Ah good, but this one he says 'Councillor'.

Gregoire: Yes, Mother.

Shri Mataji: Does he?

Gregoire: This is from 1647.

Shri Mataji: So, he says that, Councillor?

Gregoire: Should I tell You the [poem]? Oh come, oh come my Comforter, come in my heart, oh Spirit from above, blow your wisdom so that we seek God alone. Come, oh come my Councillor. We pray for understanding and light so that we can understand the word of God.

Shri Mataji: See.

Gregoire: Come, oh come my Comforter, assist us with Thy counsel, so that we go on the right path. Come, oh come, oh my Comforter in our heart, so that you make us strong in difficulties and anoint us with steadiness.

Shri Mataji: See. (Laughter) You see this is the first time I am hearing something sensible like that. (Laughter) Because they never talked of the Councillor or of Comforter or asking for it, nothing. Its so clearly said - sustenance.

Gregoire: Come oh come, oh my Comforter in my heart, oh Spirit from above, give us the holy science from the source of strength of faith.

Shri Mataji: Just see.

Gregoire: Come, oh come my Comforter, come in my heart, oh Spirit from above, enlighten our love, so that we can become absolutely Divine.

Shri Mataji: It's great. I think you should sing it in the beginning of the program.

Gregoire: Tomorrow - of the Puja?

Shri Mataji: Program - no, no, in the program. Yes, good idea, you see. Its a very good idea. I think this should be the national anthem for the Sahaja Yogis of Austria. It's so wonderful, I mean, it's so suggestive, I mean nowhere I have seen this, so clearly.

Sahaja Yogi: Fear of the Divine.

Gregoire: Meeting in us the awe of the Divine.

Shri Mataji: Oh. So what should we do? What work should the Councillor do? (Laughter)

Gregoire: I think, have a cup of tea, Mother.

Shri Mataji: No, you can have many forces, anti-God forces, that - isnt it?

Sahaja Yogini: The meaning is so many people think they are stronger than Heaven. May we be humble enough and have fear enough of God because nobody is stronger than Heaven. Only many people think they are stronger than Heaven.

Shri Mataji: Such a great thing it is.

Gregoire: We sing a short one.

Shri Mataji: Because there are so many here already, in Austria.

Song in German:

"Nun danket all und bringet Ehr,
Ihr Menschen in der Welt,
Dem dessen Lob der Engel Heer
Im Himmel stets vermeldt!

Ermuntert euch und singt mit Schall
Gott, unserm hoechsten Gut,
Der seine Wunder ueberall
Und grosse Dinge tut,

Er gebe uns ein froehlich Herz,
Erfrische Geist und Sinn
Und werf all Angst, Furcht, Sorg und Schmerz

Ins Meeres Tiefe hin."

Sahaja Yogis: Om twamewa sakshat Shri Ganesha sakshat Shri Adi Shakti Mataji Shri Nirmala Devi namoh namaha.

Shri Mataji: Beautiful! Germans are known for their music - Mozart, this, that, I mean. The first opera I heard was in Germany. East Berlin. In West Berlin, I heard musical concert, but opera was in East Berlin first one was, while Mozart only, this magic flute or something.

Gregoire: Yes, Mother, would you like to....

Shri Mataji: Hear Mozart?

Gregoire: May be this time, Engelbert, can you see something from Mozart is going? But we have public programs every evening and its in the evening, usually.

Shri Mataji: No, no, anytime. If you find it, otherwise, forget it. I will take a record or something. (Laughter) When we were coming youll be surprised when we got into the plane they played a Mozart at the background and in front some sort of a dhau dhau dhau going on. But if you dont listen to the modern stuff the Mozart was playing at the back.

Come in all, theres a lot of room, you come forward, they can also come in the same room.

Gregoire: Camillo, Hamid, come in the front. Mother, I have to go to the airport, I am sorry.

Shri Mataji: It's all right, go. But she can translate or somebody - German.

Gregoire: Zorana, can you translate? Ok.

Shri Mataji: Come here.

Gregoire: Come, come here, sit here.

Shri Mataji: Are you taking this gentleman to the airport?

Gregoire: I dont think I can take him with me, Mother.

Shri Mataji: All right, you stay. Daddy going to office? That they understand. I think he'll sleep off now.

Shri Mataji: I'm very happy to come back to Austria, to Vienna. Also, I'm really so much surprised that in Vienna we have such good Sahaja Yogis and so many of them in such a short time. The whole thing shows that where we expect nothing as such - Austria I was thinking would be very much war torn and unhappy place, and people will be now go on the materialistic trip. But there I find the seekers so many of them, so it's surprising. And the greatest thing is that Austria is a center of so many things here, you had cultural thing, known for its music, apart from that sort of points, the other part of Europe - the rest of it in such a way - actually it is very close to Russian border side you can say. So, the whole of that continent is like a bridge in between - Austria is. And bridge is always a weaker thing than the streets - the roads are, but I find the bridge is stronger than roads. (Shri Mataji laughing)

So, it is also another surprise for Me, because I had met in the UN with My husband many Austrians, and I found them extremely shallow people. And I thought that they are more interested in all this kind of jokes of international organizations. (Laughter) I never expected they would be really so deep as to look at the whole world from a deeper angle that it requires the enlightenment.

And on these grounds to find such a surprise of beautiful seekers is really a very great present to the Divine, I think.

Now we have to understand that Sahaja Yoga is a very different style of spiritual fulfilment. Only this time after Guru Puja I have started telling all the Sahaja Yogis how this fulfilment is so enriching, nourishing, and completing the whole understanding. The thing is, so far human beings have evolved either by physical process or by emotional process or by mental process. Now these are the work of the elements which are like the physical process when takes place uses the oxygen, or air element. And the emotional process also you use more of water element for that. And for your mental process you use the ether. So the human beings have grown on these three, four elements. And the light also, we have used quite a lot to see through our eyes and all that. Light we have used - like from the sun. All these elements we have used and we - actually even when we have not used they have manifested their blessings on us.

Now the last and the most important is the Mother Earth. She has to manifest Her own way to give a new dimension to our consciousness. So the consciousness of a human being has been of a certain level so far with the boons of these other elements but the Mother Earth. I mean to say whatever you have to take from the Mother Earth you have to put in an effort and extract it from Her. It is not that She spontaneously has put into you something in your consciousness. Means whatever we have tried to get from the Mother Earth has been a gross taking in of Her qualities, or taking in Her manifestations, but actually She Herself has not manifested upon us. She has not added to our consciousness. Now say for example, if we eat a fruit from the Mother Earth we dont develop any consciousness out of it. But supposing, you see, we have to understand it in this way that whatever Mother Earth has given us actually we have snatched it from Her, we have dug it out ourselves, we have absorbed it by our efforts, not spontaneously. But we breathe spontaneously, we breathe spontaneously. When we are emotionally disturbed we breathe spontaneously. So one must understand that so far we have not been able to manifest the Mother Earth within us. So in this new consciousness the Mother Earth is going to manifest. Like a tree has grown outside with all these elements supporting it, but it has not gone to its source on which it is living.

Now, the subtle side of Mother Earth is the Kundalini. She is expressed within us as Kundalini. And when she manifests, she is the one who nourishes us - like the womb of the mother. She nourishes us and she makes us grow. She guides us, but her subtle side has not yet been manifested in our being. Only when the Kundalini awakens, her subtle side starts manifesting.

This is the Age of Aquarius. And this is the time - is the time that represents the Kundalini. Aquarius is represented as Kundalini. They call it in Sanskrit language 'Kumbha'. So this power is the power of Aquarius which nourishes, which gives you satisfaction. But the job of the other four elements is to make you more outward, extrovert, manly. Thats how when people saw the sea they wanted to cross it, overcome it, and go and attack other people. So the height of human evolution if it is, we can say Christ was, He was a complete man with the subtle qualities of a woman - that is compassion and love. The Christ, you see is the height of manliness with compassion which are the qualities of women. Like for Him, He said, "I will use the instrument of forgiveness," which is an instrument of women - Mother. So the fathers job is to develop a person outside, if he say - then the mothers job is to nourish. So this is a different role altogether which one must first understand. And without each other they cannot perform a complete duty. They cannot perform a complete duty.

It's all right. Now, these days we find that there is a feminist nonsense coming out. (Laughter) Now feminism is very misdirected consciousness of a woman. Because a woman tries to become a man - is not the way. We already have men, so we dont want more men. (Laughter) And it would be like a pendulum - a woman was here and she becomes man, man becomes a woman, woman becomes a man, and its like a pendulum movement. But the consciousness has to rise in a spiral way at a higher level. Not in a pendulous way that you move from this end to that end. So it has to go higher than what it was before in a spiral. So then one has to understand that if anything has to happen to our consciousness which is important, we have to be at a higher point than where we are. So to trigger that point Kundalini is there, and She pushes you at a higher consciousness by nourishing you to the consciousness of the Spirit.

Now we must understand that before this Kundalini Yoga that started, all the concept of God was created mentally on the ethereal level by all the great prophets to do the job of preparing an image, first of all. And now the Kundalini itself by its manifestation introduces you to the reality of them. She actualizes them, all of them, all these principles of God and the Spirit. So

actually now you are introduced. First like you will tell your friends, "Now Mataji is going to come, She is such and such, She is like this that," still it is a mental conception. Now, but when I come here its a different thing altogether. Now its an actual thing I am before you. So the Kundalini introduces you to actuality, to reality. All those mental pictures that we had get completely actualized by Kundalini awakening. So all these projections were created for us to be prepared for this last bit of jump by which we would be able to tell you. Like if they had not told you, "Mataji is such and such," you would not recognize Me and My work. And moreover you would not have been prepared for Me. For example, Gregoire's wife must have telephoned to you that I was coming here, so you went downstairs to receive Me. (Shri Mataji laughing)

So that's the reason why these people all of them created a proper mental picture for you. All the prophets and all the people incarnations they created a proper picture for you to understand that you have to become this, you will become this, this is God, this is Spirit, this is the Son. And they said, "The Holy Ghost, the Mother has to be kept a mystery for the time being." Because when you have a surprise, as I had a surprise in Vienna, the joy would be greater. (Laughter)

So this is how it was beautifully arranged. But human beings in their own understanding thought that whatever mental projection is given, if they just start writing about it and talking about it they have achieved it. Like as many times I have told you that if a car is given to you they give you the key also with it and say that, "Let the car start then everything will start moving." But supposing, you see, if you have the car and not the key, then you start moving the wheel, moving everything, but the car doesn't move. But you have to be satisfied with yourself so you say, "Yes it moved, you see." (Laughter) Its a mental faith.

So now what to do with this kind of an attitude that people have developed? That without getting the reality they wanted to believe in something that has not yet started. So the whole thing looks like a myth then. They should have waited for the key to come in and the car to be started, actually. But in their myth they built all the big, big places, big, big organizations, so many dead dogmas to fight each other that when you come on this earth you just don't understand what has happened. (Laughter)

So you get a surprise which is shocking, not of joy. And this is what it is, at this juncture when you see around with Me so many others have come here who have been doing this kind of stuff all their lives, you see those who are in charge of doing all this mythical stuff. They are here with Me standing with Me only.

(Part 2:)

False gurus standing here with Me now at this time. But in a plastic flower - you put even one real flower, you see you can make it out. But if somebody is not very sensitive he might think all the flowers are real, inclusive of the also real one and the unreal ones. And another might say that all of them are unreal. Only those who are gifted with discretion will immediately say, "No, this one flower is real, the rest are plastic." So first few years of any establishment of Sahaja Yoga you have to get those few who have got the discretion. It is not how many people you get for the program important. It is how many you get for Sahaja Yoga is important. Like a fisherman, you see, puts his thing in the water and gets a heavy load of fishes, and all are dead fishes and smelling ones except for one living. So he doesn't know what to say, he is quite upset and he throws all of them back. So we should all pray that we should get living fishes, alert fishes, who have got discretion for our program as many as possible. And that is how it will work out.

Now, for the Sahaja Yogis who are here, who are already Sahaja Yogis, they have to know that the more they give Realization the better they will improve inside. First there will be all the problems of the past life. Like a little chick is born out of the egg, it carries a little smell of the egg on the body. But the mother then cleanses them and clears them out and your Kundalini looks after you, then you'll become pure personalities and you can spread your wings to fly. So in the beginning we come from a competitive world so all the problems of competitive world little bit crawl with you. We can say like people try to pull each other - it can be jealousies or there could be heart burnings and there could be little bit setbacks, doesn't matter. But as you develop your responsibility and as you understand that now you've got free wings to fly out, then you understand that many birds have to put together to lift this world from this dangerous ignorance. So we have to listen what others have to say, we have to develop a rapport between each other, and a very loving care should be there between Sahaja Yogis. Because all of you put together have to do this job. If I could alone do it, I would not have requested you to be Sahaja Yogis. You are My hands and you are My eyes.

And its only through your help Sahaja Yoga can be manifested and we can save the whole world. Of course I am here to give you all the counsel, all the comfort, all the redemption, all that you want I am here to give you. All My help, all My counsel, My redemption, My comfort I am here to give you.

So. Now, for you it is necessary to allow it to grow. The attention will have better light if you take out your attention from other small things. And watch your own growth, face yourself. And you'll be amazed then you can do wonders with your own growth. Of course these three days I'm going to start on this topic and this country is very manly, because of the German influence also and Germans are all very manly. They don't even call their country motherland but a fatherland. (Laughter) But if you understand the complimentary nature of these two principles then you will not feel anyway hurt, because one is the one that manifests outside, the another one that nourishes it. Manifests outside and the one that nourishes it. You said it. So one has not to have any conflict or inferiority or a superiority complex, these are all artificial things. And it is something to be accepted, because that's the reality is, and it's so beautiful. And at this point of our evolution even otherwise we want to have a human being not so aggressive, not so docile, but gifted with the capacity of compassion. At this time of evolution now we have to understand that as the world is today we do not worship people or we do not call them heroes who are aggressive, but the person, the man who has got the great capacity of compassion. But of course it should not be confused with docile men, or passive men, it does not mean that. But crowned by the completion of their character as the compassionate man. So this is how the new understanding of consciousness must move that new consciousness is a consciousness which has actualized the compassion.

For example, in Sahaja Yoga, I don't do anything but the compassion works, you see. You also don't do anything, you just raise the hand like this and that what flows works, manifests, actualizes. So this is what it is, like we can say the candle has been prepared, made ready by the manliness side, and now enlightened by the Kundalini - so both are complimentary. If you do not have the candle what will you light? So first the candle had to be made.

Because always people say that, "Then why not first God gave Realization to everyone who was born from the very beginning?" (Laughter) Also that was tried. It was tried for Adam and Eve, but they made all the mistake. That's the original sin. But that was the original sin human beings committed that they wanted to have their own way. So they developed into the candle without the light. They were developed into the candle without the light. And now the light has to go there. Does the candle feel inferior or is the candle inferior, because the light is on the crown? Should the man feel inferior that the compassion is in the crown? On the contrary it has no purpose - then it is purposeless to have a candle if you cannot have a light. And if you do not have the candle what's the use having light? What will you do with the light?

It is so complimentary, it is so important, it is only thing that the purpose of the whole thing is that this mental attitude of men and women is all absurd. It's so complimentary that this mental projection of men and women is absolutely absurd. So it has gone up to such absurdity that they talked of the Father, of the Son and not of the Mother. You can't get a father and a son without a mother, can you? (Shri Mataji laughing) Have you ever seen any man producing a son? (Shri Mataji laughing & laughter) So this is what it is more in the West. So we have to fight this deviation, that's all. Basically it's just the same everywhere that they know this was the truth, this is the truth, this will be the truth. And once we understand that the truth is now you are not bothered.

In the book of Essenes, if you read the Bible was described in the olden days, was the earliest Bible they write all these things. They write about Mother as the Holy Ghost. But now you see, now we have become so mentally absorbed that for us mental projection is everything. But I'm sure Sahaja Yogis will understand this subtle point and they'll be able to use it to convince others.

Especially, it is very important for Sahaja Yoginis to understand their role - not as a man but as the Kundalini, the one that nourishes, that bears, like the Mother Earth. Because she is so powerful! She bears all this because she is so powerful! And the whole thing will look so beautiful, the whole picture, that people will see a complete human being as a woman, as a man. For the woman has to realize that she has to nourish the whole world, she has to bear their nonsense, she is the one who is the support, she is the one who gives them gravity - the dignity, the gravity. And the men have to realize that they have to be compassionate, and affectionate, and kind. And then you will find it's a beautiful Sahaja Yoga unit or you can say a universe.

All right, so on these lines, I am going to speak this time. I hope the Germans will swallow it. (Shri Mataji laughing & laughter)

Thank you, thank you everyone!

You should have the lunch and then I can rest for a while, because there is another interview.

Yogi: Mother, is the interview here or is it?

Shri Mataji: In there, so that's why I'm saying.

Yogi: At Gregoire's. So You will rest here or at Gregoire's?

Shri Mataji: No, I rest there and it will be better. So if you can serve the lunch then immediately as soon as Gregoire comes here I may go. Or is there a place where I can rest here, where I could?

Yogis: Yes, there is.

Shri Mataji: Good. I will rest here. Will be better.

All right?

Yogi: Mother, also the left Vishuddhi becomes better, when this relationship between.

Shri Mataji: Of course very much, yes very much. And it is such a funny thing this left Vishuddhi, I must tell you. (Laughter) There was a lady who came to Me with her husband who might become very unhappy when she had come to Sahaja Yoga. Because her husband was carrying on with another woman, doing with another woman and saying - he had told her that he was very guilty about it, but he cannot help it, and like that. So she came to Me. Come here, can you translate it?

Yes, there was a gentleman and a lady who came to Me and the lady was very unhappy because she told Me that he was carrying on with another woman and he always said that, yes he is feeling very guilty about it and this and that, you see. So she was very unhappy and she came to Sahaja Yoga and she got her Realization. So he didn't come first time, he came recently but she improved in Sahaja Yoga, she felt very much better and she started facing life better. And he used to again come back to her and again go back to another woman and he was like this throughout. He was like this moving from one woman to another woman, you see and. No, no, no - he. She came to Sahaja Yoga and improved, but he was still just the same. (Laughter) What did he translate? (Shri Mataji laughing & laughter)

He's good, he's good, he knows it, all right. So you see he gets confused because he is a bachelor. He gets confused. (Shri Mataji laughing & laughter)

All right so you see, he told Me when he came to see Me - just see the stupidity of the left Vishuddhi. He said, "I feel very guilty, I am like this, oh I can't help it, I feel very guilty about it, I love her, I don't want to hurt her." No, no, no, you have to translate in German, you are talking in English. (Laughter)

No, no, no, no, German, you say in German. Is it, is it German he says? (Shri Mataji laughing & laughter)

Goes on like that you see that, "I know I should not do like this, I know I am doing wrong but I am in love with my wife and if I have hurt her, I am sorry." Just imagine - what a drama. So I said, "If you are guilty then you must be punished." (Laughter) He was shocked. (Shri Mataji laughing) He thought that if he declared he was guilty that was sufficient. He thought if he just said, "I am guilty," that was sufficient.

Aside: No, no, it's all right, you are doing it well, you see. You say in German that He said, you see these things to Me and he thought that if you say you are guilty then you can get away with any guilt, get away with any sin.

Aside: Margret should do it.

You see. Now, so I told him that you must go for a punishment otherwise how will you justify your guilt? So he said, "What sort of punishment?" I said, "You do not eat your food for eight days. (Shri Mataji laughing & laughter) And go to your office walking - not in your car, and dont wear your suits, and dont try to look a smart man. Dont sign any checks, give all your checkbooks to your wife." The lady left him and ran away. Thats how the guilt can be taken out by punishment. So those who think they are guilty should punish themselves. This is a new advancement in Sahaja Yoga. (Shri Mataji laughing & laughter) Like Ill tell you another thing, (Shri Mataji laughing) little, little punishments like that can help a person. (Shri Mataji laughing & laughter)

Ha, I will tell you about cigarettes, when they smoke cigarettes they feel guilty and then they again smoke cigarettes, okay? So what My father did to one of his friends he said, "You can break the circle." He said, "How?" He said, "Before starting to smoke you just burn your hand." For some time hell get the pain, "And then when again you feel like smoking again burn your hand."

Like in Switzerland its very common, its very fashionable to say that, "I feel very guilty because the people in Cambodia are very poor." Cambodia, in some place farfetched place. I mean I said, "You have no solution for it. Why are you feeling guilty? I mean, you are not doing it. So why are you guilty? All right, you can send all your money to Cambodia and you will be rid of your guilt." Thats it. So then - you see this is we are cheating ourselves. Intelligence has a capacity to cheat itself.

Aside: Loudly.

This is what intelligence is - it cheats itself. And you feel quite satisfied with it - with that cheating. So one must understand that this intelligence is not your self - this is the cheater. He is keeping you out of the source of joy. But pure intelligence will take you down there, yes, pure intelligence. Thats what it is. Because it comes from the Spirit, from the innocence, from the innocence. And the other comes from cunningness.

Thank you very much now! So no more guilt also, finished. (Laughter) Otherwise youll be punished. (Shri Mataji laughing & laughter) Who arent like that?

My father did that once and the fellow gave up smoking. You see, its very simple, you better punish.

Yogi: It's a great idea.

Shri Mataji: But it could be also with some people, you know they like to torture themselves also. So for them the punishment should be the other way round, you see. Like a child who wants to scratch his nose all the time they tie up his hands, you see with something like that. See, its a funny world and funny human beings. They want to destroy themselves. (Laughter) Cant understand.

Yogi: I remember, Mother, I said I never feel guilty, I never feel guilty. I was with you in Hong Kong and I kept saying to everybody I dont know what this guilt business is. I never feel guilty, ever. And Shri Mataji said nothing to me, but She let me take vibrations from Her left Vishuddhi one night. And for three days I was in the hospital with acute tonsillitis. (Shri Mataji laughing & laughter)

Shri Mataji: Thats the punishment. (Shri Mataji laughing & laughter) You see, Indians never feel guilty. I tell you - never. You tell them do not do like this, you shouldnt do like this. They will never feel that they have done anything wrong, again they will do it. They never feel guilty - so this is even worse, I think not to listen to anyone. Is arrogance, is arrogance and what should we say. [Adamance] is there and boasting as you said. Its boasting and they say, "Oh its all right," anything they will do. Tell them, "All right, whatever done is done." Indians are typically like that. Its very bad, I dont understand. But here they reconcile with themselves by saying, "I am guilty - finished." That certificate they have, say, "I am guilty - finished." Both ways its just the same. Indians, you know, one of them robbed Me when I was in Puna, a very funny man. He came to Me and I told him that, "This is too

much money you have robbed Me now." So he said, "I know I've done it, what to do? You see, this happened, that happened and after all I'm a poor man. I felt like making money - so what?" "It's a wonderful person," I said, "but why out of Me?" He said, "I had only this chance to make money out of You, so I made it, so what?" I said, "All right." Next time he had another punishment, (Shri Mataji laughing) so that's how it is. [Hindi]

It's impossible to hear such a man. He'll always say an explanation. Indian will have always an explanation, "Oh this." Or he'll divert, you see, if you are talking to him that, "You should not have done this," he is very cunning, Indians are very clever people. So they will start another topic so that your attention is diverted. (Laughter) But they'll never see that they have done something wrong and they should correct it, never. That's typical.

So we have two types of people also. I think the people who are developing - still so called developing people do not feel the guilt. Those who are developed feel the guilt. I mean they use the guilt and these people use the - what you call the kind of a barrier, "Oh what's wrong, you see, I've done nothing wrong," that's it. Western people are more sensitive that way to develop a guilt about things but then becomes a lump in here, the Kundalini does not rise. Whether it is here or here, for the Kundalini rising both should dissolve.

You follow English all of you, I think? Who does not follow English among all of you? You better translate this. At all. Absolute.

I can't learn so many languages, (Laughter) but German I may be able to learn. I think it's quite closer. But this French (Laughter) is something I just don't understand. You have to say every word away. I mean simple thing was daisy. So they said daisy is 'marguerite'. So all right, now daisy is marguerite now. What is John - is Jean. [What is George - is Jean] Why not say George?

Yogi: Mother, please say something in German.

Shri Mataji: What did he say?

Yogi: They want you to say something in German.

Shri Mataji: German, My one - first German experience I must tell you. (Laughter)

Is the lunch ready? It's getting ready. Lunch is getting ready? Still time.

It's a very funny experience I had first when I came to Germany to Hamburg, and then we went to a place called Bremen. And there was a German fellow. Please translate this much.

And in Bremen this fellow came to see Me, and he saw Me and he said you see that his mother was Indian or grandmother - somebody was Indian, so now he called Me Mother. I said, "Very good idea." And he knew English very well and on the shipping people know English. I mean, it's more - maritime is more a English sort of a thing so everyone knows English, no problem. And you better translate that, he is good. (Laughter)

Now this gentleman you see, we went to a place called Bremen where there is a very nice cathedral. So you translate it is better, because it's very sweet thing and you should not miss the point. (Laughter)

And in that cathedral in the basement you see they said that, "There are lots of mummies - natural mummies." They said that, "When this cathedral was built one child fell down and died. And they found that the child was still living in the sense that there was no smell coming out of the body, you see, sort of decaying was not there." So must be the vibrations there. So the people paid money and put their bodies in that vault after death. They paid money after death to be put their bodies in the vault. And there were lots of mummies.

So, this son of Mine, who took Me down, I had My two daughters and My nephew with Me, we all went in that place to see the

church, the cathedral. And then they told us that, "The mummies are there. Would you like to go and see?" So My both the daughters said, "Nothing doing, we are going to sit down here, we dont want to see any mummies." (Laughter) Honorably they retreated. (Shri Mataji laughing & laughter) Now, this gentleman said, "What is there to be afraid of see, look at me, you see I am not afraid, we are Germans, we are not afraid." (Laughter) So we said, "All right, come along, lets go." This nephew of Mine was little frightened, you know so he was running away. (Shri Mataji laughing) He was holding on to My sari. He tugged him around and said, "You Indians are such cowards, come along." (Shri Mataji laughing) And when we went in, you see the fellow was the guide was telling us something in German, "Ischt, nischt, bischt, krischt." (Shri Mataji laughing & laughter) And My nephew was just, you see tugging on to Me, because he could not bear to see those dead bodies. It was horrible looking - absolutely. (Shri Mataji laughing) Because it was just bones and - its horrible bones and skin, Ive never seen such a sight. But I was just trying to feel the vibrations there, thats all. I was not disturbed at all. But this great German you see, when he saw this you know his face changed, (Shri Mataji laughing & laughter) and he was walking very fast with Me enter, but then he started walking, you know with pressing both the legs together. I said, "What is the matter?" I did not know what was happening. So he went and told the gentleman who was guiding with the big stick, you see, something in his ears. (Shri Mataji laughing) And that person threw that indicator, you see and got hold of him and took him back, took him away and both of them talking in German, "Stock, stock, stock." And I said, "What has happened?" And he rushed...

(Part 3:)

Yogi translator: [Two daughters were sitting outside on the benches.]

Shri Mataji: They saw him rushing past there. (Laughter) They said, "Where are you going?" In a very awkward running pose, you see. In a very awkward running pose, running condition, awkward. So they asked, "Where are you going?" He said, "I am going to the toilet." (Shri Mataji laughing & laughter) But you see, first he said it in only German. And they couldnt understand. He forgot English also. So this is the first introduction to German. (Shri Mataji laughing & laughter & applause)

I had seen pictures of, you see Germany and German people, and I said, "Now what sort of Germans these are; now poor things, you know, he was such a sweet man he was though." Because inside of every human being there is a sense, you see that after death this is whats going to happen to me, you see. And it really makes you frightened. One may be brave or anything but when you see that actually the whole thing fizzles out. But the other reality is of your Spirit, is so beautifying. That you feel so sure of yourself and so secure. That you do not aggress on anyone or you do not take aggression, you are not frightened, nor you frighten others. This is what it is, whether you aggress or take aggression is the same. Result of the same insecurity. If you are secure then you dont aggress or you dont take any aggression.

So if any of you have any chance sometimes to go to Bremen, please have a look at there. (Laughter) Do you ever go to West Germany?

Yogi: To make programs?

Shri Mataji: To make - Bremen is the best place for making program, very sensitive people.

Yogi: Where?

Shri Mataji: Bremen.

Yogi: Thats where Barbara comes from Mother. Barbaras home is Bremen.

Shri Mataji: Really. You have to go there. You see, to understand about vibrations, I mean the Divinity part of it is also remarkable, isnt it? And that place has vibrations. Thats a good idea. I didnt know. Then let her go to Bremen.

Yogi: That was one of the places you put your feet to Mother - Bremen, Munich, and Freiburg.

Shri Mataji: Freiburg? But what about Im going to Hamburg, to Bremen?

Yogi: And Hamburg, I beg your pardon.

Shri Mataji: Hamburg is -

Yogi: Its a very sinful city.

Shri Mataji: Hamburg yeah. Hamburg is like London, same style, Hamburg is like London already. Now, the same style, means a very materialistic, very business like, all the dirt and filth of everything there. Hamburg, but Bremen is very sweet. Beautiful place, Bremen. What is it? I can go there or you [want]? But the worst thing that I have heard about Germany now that Rajneesh is going down there. Freiburg and all these places, you see. Because Rajneesh has now been ousted also from America, because he cant speak. Just translate it.

And Americans say the law is that if you have some special capacity or special talent then they give you - what you call a citizenship. But this fellow, the one who has gone there cannot speak at all much, and cannot give speeches. Some say he is paralyzed, some say, but some say, I mean more say that he is a person who is an impostor. And the real Rajneesh is already killed in India. So now, this fellow, the new fellow is not the real Rajneesh. But the American authorities say that, "If he cannot teach then we cant have him here." So he will be very soon ousted from there and may come down to Germany. He was about to go to Australia, but I think Australia is now neutralized. So we have to work out in Germany about it. There is a private film about Rajneesh, The God who ran away.

Yogi: Gregoire has arrived, Mother.

Shri Mataji: He has come. [Hindi] Hello, may God bless you! If you could, come along, come along.

If you could see the film and publish it, because you see this film was later on purchased by Rajneesh and cannot be shown in public. But if some of the journalists can see it, they can write. Can they? Then it can be worked out.

Yogi: Its copyright Mother, so it cannot be shown in public.

Shri Mataji: No, no, no, privately.

Yogi: But it may be shown quite easily - privately.

Shri Mataji: You see, and let the people, who see - then write, "That we saw it privately."

Yogini: What is this movie all about?

Shri Mataji: About Rajneesh. All right. And then you should write like that about Rajneesh, to the judge it could be shown this privately, if there is any case. You can consult some lawyers about it. Well get you the film. All taken secretly, horrible! We can ask somebody to get you that one. Gregoire, did you follow My account?

Gregoire: Yes Mother, I did.

Shri Mataji: (aside) Made especially for Me? There was no need. I can eat whatever they have cooked for Me.

Was a trick. No, no, it is all right. What is the thing like that and what is the trick [about the trick.]

Gregoire: The trick is that we should try to sell the film to them and get money out of it. (Laughter)

Shri Mataji: Of course, everyone of them. But can tell what happened about Rajneesh in Australia, Warren can tell.

Yogi: We have two journalists, who are Sahaja Yogis in Australia. And they wrote particularly about Rajneesh and the other gurus.

Shri Mataji: Great, this is a German solution I think, isnt it? I have said many a times if the Germans take to Sahaja Yoga solutions will come, no doubt. Theyll solve the problems, I am sure, with all their dynamism. They will solve the problem, I have no doubts about it. So tell them.

Now you better translate him too. (Laughter)

Gregoire: I can do that, Mother. I said each people, each folk has a specific quality and here we dont speak about Austria or Germany, but generally those of the German world - if they can enter into Sahaja Yoga then their qualities will -

Shri Mataji: Adopt.

Gregoire: Be of great benefit to the whole.

Shri Mataji: Very much. And of that I am sure.

Gregoire: Thank you, Mother.

Shri Mataji: Of that I am sure. I am really sure. But he cant tell you what happened about Rajneesh, I tell you.

Yogi: Gregoire you know, the story, that Shri Mataji mentioned.

Shri Mataji: You better tell.

Yogi: They wrote a lot about false gurus.

Gregoire: I already told the story Mother, just now, yes.

Shri Mataji: Then its all right. So we can have some people, being shown this. Will be a good idea - on private. This film can be shown on private. Theyll come out of curiosity, all the journalists to see the secret.

Yogi: We have already done it Mother, and it does work. Its very good. They are very fascinated to see it.

Shri Mataji: Australia.

Yogi: There is one journalist who wrote an article about Sahaja Yoga in Austria and he is working with the justice. The one who wrote an article in Profil.

Shri Mataji: What is it? What is it, Gregoire?

Yogi: Now he said, one journalist who has written an article on Sahaja Yoga has also connection with the justice department.

Shri Mataji: You can talk to him. Better talk to him, is a good idea, Gregoire its a very good thing, you know if you have somebody

in the justice. So you know what becomes illegal, what becomes legal. Very good idea. Well send you the - how can we send that, the copy of that?

Yogi: I can get it sent, Mother, I can get one of our copies, copied.

Shri Mataji: From where?

Yogi: We have two in Australia.

Shri Mataji: What is it? This is the first course now?

Gregoire: Yes Mother certainly,

Shri Mataji: So this is going to be too much, then I will have a little more.

Yogi: (noise from outside) I think they are shooting a few at the moment, Mother. (Laughter)

Yogi: Mother, do You know this picture of Yours already?

Shri Mataji: Oh, where was this?

Gregoire: [Kovalam ?]

Shri Mataji: [Hindi] Who took it - you? Gregoire is a great photographer, his brother - very great. It really attracts you like that, good one. Very good. Absolutely perfect. The sari folds and the folds of the sea, all go hand in hand. Who took, one you took Rajesh, sitting in the window, Gregoire took one.

Gregoire: Mother may we make one announcement? Those who come to the interview because its 3 oclock, and at 4 oclock is the interview so if you could please serve the food first to those who come with me to the interview. That means Herbert will come with his car and he can take Engelbert and you - okay. And Zorana, and Warren comes with me. And the visiting Sahaja Yogis if they have time and pleasure doing it so could perhaps.

Shri Mataji: Because they have to - how far is it the program from here, its closer from your home?

Gregoire: From here, it is much, the program, the interview is at my place.

Shri Mataji: No, thats all right.

Gregoire: The program is much closer from here.

Shri Mataji: Then its better they stay on. They stay all here.

Gregoire: There is no program today, Mother.

Shri Mataji: There is no program, so its all right.

Gregoire: No, we just have to be at home in one hour from my interview.

Shri Mataji: No, ours is all right, but what I am saying those who are not coming to the program can go out to visit the places, whatever.

Gregoire: Thats what I was thinking, yes.

Shri Mataji: What time they should arrive? Thats the point is - at your place?

Gregoire: This evening Mother we dont meet.

Shri Mataji: No, but some have to come to your place also, no?

Gregoire: They should come.

Shri Mataji: Like, I think Rajesh is staying with you, who else is staying with you? Your sister is staying with you, so they should be there for the interview? They need not.

Gregoire: Need not be, I think a couple of Austrians and perhaps Warren and thats enough. So I would suggest perhaps Guenter and the other Sahaja Yogis could maybe take a round, a little bit show the Prater, do the visit - little bit sightseeing. And tomorrow - so this evening nothing happen at my place. Tomorrow as [Sridumal] and Warren stay at the ashram, I would like our first car with Engelbert, Sridumal and Warren to be at my place by 9 oclock. With all the Puja things from the ashram, and you can come.

Shri Mataji: I would like to hear Mozart if it is anywhere tonight. Mozart, if its anywhere playing, tonight.

Gregoire: Okay, lets see if there is a day concert.

Shri Mataji: I mean tonight we are doing nothing.

Gregoire: Tonight, yes. Can you, can you tell?

Shri Mataji: Tonight, I am saying, Gregoire.

Gregoire: Yes, yes, I understand.

Shri Mataji: [Hindi] They are the best.

Yogi: Shri Mother, when You arrived they played Mozart at the radio, because I was going to the railway station to pick up Dhumal and the others.

Gregoire: When You arrived in Vienna yesterday evening they were playing Mozart in the radio.

Shri Mataji: Not only that but when we got into the plane, in the plane they were playing Mozart. (Laughter) But with that little superimposition of the modern dhum dhum was there. But inside the flow was of Mozart and My ears [Hindi ?]. So she told Me, "Its Mozart." Just see, how the attention is there, I hope it will work out. [Hindi] He has not seen that palace and everything.

Gregoire: Schoenbrunn, but either today, and Warren also, Schoenbrunn you have to go, he is a Sahaja Yogi, either today or tomorrow.

Shri Mataji: [Hindi] All right?

Gregoire: At what time should everybody at my place tomorrow 9:30 - 10 oclock?

Shri Mataji: 10 oclock.

Gregoire: Okay, so all those who are not with the first car, should be at 10 oclock at my place and all those present here are invited to the Puja. Come also please at 9 oclock.

Shri Mataji: [Hindi] And wheres the little one gone? Ah, he is there.

How are you [inaudible name ?] All right. Come for the weekend.

Yogini: Im very happy to be able to come.

Shri Mataji: And the children are with the?

Yogini: With the father.

Shri Mataji: Hell look after them. Did Arneaux talk to you?

Yogini: No, Shri Mataji.

Shri Mataji: Not yet?

Yogini: Arneaux, no.

Shri Mataji: I told him again. All right, Ill tell you what I told him. It was nice youve come, Im very happy. I think that can do for Me. Its quite a lot already. [Jennifer ?] what do you have for Me, very little?

[Hindi]

Yogini: It is not at all perfect, Mother.

Shri Mataji: Very nice, beautiful, what is that?

Yogini: Lasagne.

Shri Mataji: Lasagne.

Yogini: It is something Italian.

Shri Mataji: Yes, I know, its nice. All over the world, I think, people love lasagne.

So how are you [been ?], are you all right?

Yogini: Is there any time, I could have a word with you, while.

Shri Mataji: Who?

Yogini: Mother, is there any time I could talk to you for a few minutes?

Shri Mataji: Yes, yes, tomorrow can you come, tomorrow.

Yogini: Tomorrow I am here, yes.

Shri Mataji: This is a good photograph, very good. This also Gregoire has taken, is it? This one? Remember?

Yogi: I do not know, Mother.

Shri Mataji: This is also Gregoire has taken this photograph? Ask him.

Gregoire: Its possible Mother, yes, yes, yes. Why? Sorry.

Shri Mataji: I just want to explain [the place]. What about, she, what about - your sister has to come with us? Now the second group can go also.

[Hindi] Rani was a Realized Soul [Hindi] Mozart [Hindi]

How many children the queen had? How many children this queen had?

Yogi: Sixteen. Sixteen.

Shri Mataji: Must be a real mother. You see the problem was, one and two here and there. They could not assert themselves because only one person being Realized - you cant talk, you see, because people wouldnt like. They never understand.

Your friend came, Rajesh. What about you? [Hindi] Why dont you go? Rajesh is not going to come?

Gregoire: Yes Mother, I mean, whatever you want.

Shri Mataji: Just have it, Rajesh.

Gregoire: We dont need being so many for the interview, Mother.

Shri Mataji: No, no, but after all they will be going back home, isnt it? Because he is a guest in your house, he has to go to your house.

Gregoire: He will be driven by Guenter.

Shri Mataji: All right, so thats about it. But in any case go and get it now solved. Matthias also is there. Are you tired now? I told him that Matthias is like Mr. Hawk takes a vacation. Mr. Hawk, have you see the picture, takes a vacation. Poor Mr. Hawk took the vacation and he had to do all the carrying of the boxes. (Shri Mataji laughing & laughter)

Its wonderful, but really I am [inaudible] really, really very great and I have [inaudible] with it. Just leave it, no, no, little bit out of it, all right? And then you all eat.

Gregoire: So Mother, we could all go and listen to some Mozart this evening.

Shri Mataji: What?

Gregoire: We could all go and listen to some Mozart this evening.

Shri Mataji: Its possible? Im very happy. (Laughter)

Gregoire: It is possible. It will be possible. (Laughter)

Shri Mataji: I think in My presence you people enjoy more.

Yogi: Quite possible.

Shri Mataji: During all music programs. Even you see this great Amzad Ali came, and I went for his program. That must be told, nobody is here from London. Where you in London at that time? You were there. When Amzad Ali came, when Amzad Ali came. The sarod player - you were not there? Sarod player came, we went to that Commonwealth Institute, she was there. She was there. Gregoire you wouldnt believe. That you see what happened that day as usual these people just went away and left Me in the lurch and I didnt know how to reach. So I asked [Bernard ?] to drive Me down. So I was late about half an hour and he had played one raga. You should ask Rustom hell tell you. And he was absolutely boring and he bored himself and bored everyone else. And as soon as I went there you know, he touched such dimensions, Ive never heard him so good. Such dimensions he went into, he did not know what has happening to him, such dimensions [he reached]. [Hindi]

And he played a raga which My husband doesnt like at all, but it was so tremendous and so dynamic that everybody got lost in it. [Hindi] But next day I did not go, so he came to see Me two days later and he said, "I couldnt play as well as I could before and I missed Your company very much there."

Is it her office this place? Is it your office here?

Yogini: Yes.

Shri Mataji: My husband - My brother and another brother - two brothers had a company for income tax. They were [practicians ?]. But they were chartered accountants to begin with and then they did also this. But now hes a steel minister, My brother. I dont meet them at all, because I have no income, so I dont pay any taxes. I have solved My problem. (Laughter)

Gregoire: Mother, the friend of Elisabeth - Werner, is he here? Mother, Werner after his Realization started curing people. And I told him yesterday that it may be quite dangerous because I remembered what had happened to [Devlin ?].

Shri Mataji: Now.

Gregoire: Would you like to speak.

Shri Mataji: Yes, but what sort of diseases?

Gregoire: Pains in the head or in the back, in the joints.

Shri Mataji: Arthritis. No, arthritis is all right. But you use My photograph. But arthritis you shouldnt, because arthritis is due to too much of vibrations. So if he just touch the thing, the place of arthritis and put your hand outside you can take it out. Its just taking out of the vibrations. But give yourself a Bandhan, keep a photograph other way round in the pocket. But be careful.

Gregoire: He said, "I have done all this."

Shri Mataji: But be careful, because you see, one may develop a little Ekadasha Rudra, might develop, be careful. Because these vibrations are there because of some sort of an obstruction and that obstruction may get you also, is possible, one has to be careful. But another thing is the vibrated kerosene oil, if you can get, the paraffin oil, which you can. And also sugar, salt,

everything. But you must learn first of all, you know. I don't want you to be in trouble doing that. Because I am more worried about My children than about other people.

Gregoire: He says, "I am doing this above all in connection with giving Self Realization, I don't do it just on its own."

Shri Mataji: So what I am saying that what you do is to ask them to put their hands towards the photograph and put it [in the thing ?] with the photograph, is always better. But for arthritis they can do one thing is to put one hand outside and one hand towards the photograph, they can clear out that. But more, it will more, they'll develop more respect and Shraddha for Sahaja Yoga. But be careful, tell him to be careful. Because people have suffered so I am worried. And also he should clear out himself every night. No problem and he has little back Agnya, I think, because of eye sight. So what he can do is to keep the light before him and watch My photo through the light, and also he can put the sun on his back Agnya with the photograph in front. Take the sun, its rays on the thing and have the thing on the photograph in the hand. Nowadays you can do, we have a nice sun. Also the flame. You can put flame - ask somebody to give a Bandhan, and the flame in front. For you also its good, you see. Yes, yes.

Yogi: And also to sit on the Mother Earth is good - that it sucks.

Shri Mataji: Is very good. Good. But you see the problem is in this country the Mother Earth is very already wet, you see so She does not suck so much of the things like arthritis. Arthritis comes from more cold and humid air. Of course the Mother Earth is very good, but in India, not here that way. Because its a hot country so the Mother Earth sucks much more. But this paraffin oil is all right because it comes also from Mother Earth. So is all right, you can use it. Also get some oil for your hair also, Saturdays if you rub your hair with that oil. Get all these oils vibrated by Me is the best thing. Saturday night.

Lets go, Rajesh.

Rajesh: Sorry Mother?

Shri Mataji: Lets go. But he can be driven by somebody else. Lets go back why I am saying because I would like to rest for a while.

Thank you very much! Its wonderful! Wonderful the Italian food. (Laughter) Because you see, Germans make everything all right, so even Italian food is made better than Italian. Yes very well, efficiency personified - Germans are. If they become efficient in Sahaja Yoga no one can beat them.

Yogi: This is our all desire, Mother.

Shri Mataji: Just you can do it, I know that. As you have developed such a nice mechanism outside, the inside mechanism also you can manage. Isn't it? After all, you have the deftness, you can do it.

Very nice lunch, very nice meeting you all! May God bless you! Then hope to see you tomorrow to Puja. Before coming to the Puja don't talk to anyone, just take your bath, stay quiet, [coming off from office activities]. Thank you very much!

My purse should be there. You come tomorrow there. Thank you!

1983-0904, Development of consciousness within us

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4 September 1983

Development Of Consciousness Within Us

Public Program

Urania, Vienna (Austria)

Talk Language: English | Transcript (English) – Draft

Public Program Day 1. Urania, Vienna (Austria), 4 September 1983.

I bow to all the seekers of truth.

One has to know that truth can be only known through your consciousness. We can feel this thing as cold and hot through our central nervous system. We see the colour of this wall also through our nervous system. Whatever we have achieved in our consciousness is in our central nervous system. So factually we must understand, or rationally, that we cannot know the truth through our mental projections. Like if you sit down here and start imagining that Vienna will be like this and like that, it may not be, it maybe. That means, when there are two possibilities, it is not the truth. Truth is when there are no other possibilities, but one that is what you feel it on your central nervous system. Every honest person must know that if he is trying to evade the truth, he is evading himself, because truth is reality. It is not imagination or just a mental projection.

Now, let us see how we have our consciousness as a human being. Our consciousness as a human being has reached us to a point where we can see many things that are gross. But whatever are said in the metaphysics or in the scriptures, that there is an all-pervading Power, we cannot feel it. Even as you know, Jung has very clearly described the universal unconscious within us. That one is unconscious, because it is not conscious on our central nervous system. So we have to understand that if anything has to happen in our search, it has to happen to our consciousness.

So far, whatever we have achieved in our consciousness, has been through evolutionary process, which is a living process of the living force. Like we see the flowers, we see the fruits, we don't know how to create fruits out of flowers. We cannot do living things. So, the force of life that is manifesting everywhere, we cannot become a part and parcel of that. Apart from that, we cannot feel it. How does a flower become a fruit? We cannot feel the energy that does this job. So we turned to many other things like religion, like philosophy.

Nowadays, as you must have heard, there are so many cries against the cults and sects. We must know that there must be some sort of a movement in the consciousness of human beings that they are taken up by these false faiths. Because we have a kind of an urge to know the truth, we face the possibilities in all these cults and sects. But first we must know that something has to happen to our consciousness. That, through living process means spontaneously. That means, through some inward force within us. At these very unknown areas people play their cards very well.

Within us lies, as you see, in the central path of ascent which manifests the parasympathetic nervous system. And on the left-hand side lies our subconscious area. And on our right-hand side lies our supraconscious area, means our future. So, if our attention moves from left to the right, we might have an experience of the supraconscious. Or it moves towards the left, then we'll have of the subconscious. Beyond this lies the area within us, is the collective subconscious which is all that is there within us since our creation. That is our past. On the right-hand side lies the area which is supraconscious and beyond which lies the area called collective supra conscious, means the area where all the ambitious, futuristic people have died.

If you start moving towards the left side, you get the experiences of the left side. It's not difficult to move to the left or to the right, because these two are actually manifesting our sympathetic nervous system, which is in our control in a way. When there is any emergency, the sympathetic comes into play. For example, if you try very hard to run, then your heart starts pumping blood

more, is the activity of the sympathetic. But it comes to control by itself, by itself, through the parasympathetic, the central path.

So now we must realize that whatever is in our control, whatever we do and what we can achieve through that, is man-made. And thus, whatever we feel through these experiences are also artificial or superficial, because they are unreal. For example, if you try to be very melancholic and sad, or if you try to subjugate yourself with your guru or somebody like that - make a complete slave of yourself - then you enter into the left side. That is where you get caught up and enslaved. You cannot think for yourself.

The other day, I was in France in a place called Mulhouse, and I spoke for one hour about the force that gives you your evolution and the fellow who got up, he said, "I belong to a sect," and he had done a lot of good; he was shaking. But he said that "What is the force that does this?" After one hour's lecture, nothing went into his head. So this is exactly what happens when you get driven by these subconscious forces upon you. Then you start feeling as if you are an animal, or you are some sort of a subconscious personality. Like if you come to Vienna, you start speaking the language of this country.

Then, when you go to the right side, your consciousness takes you where you try to be very futuristic. At that time when you try so much to be futuristic, the people who are very ambitious and futuristic come into your own being. So, you become overactive in one part of your life.

If you see a gentleman born as a prodigy, he'll always have a mental trouble, but he knows, say for example, he can calculate any mathematical thing up to any point, without understanding it. In both the cases you do not know why you are doing it, what you are doing, you are not aware. Some of them start seeing colors or hearing some music in their ear or start seeing some third eye - all these supra conscious experiences. Some see light, some see auras, all kinds of things you start seeing.

But you have no control over the whole phenomena. On the contrary, you are under the control of the phenomena. And these things are very well known to Indians, how to achieve it.

We have on one side great saints and great incarnations, and on the other side people who are anti god, destructive, satanic. It's a very good way of making money from people, when you want to entice them and enslave them. That is where so many people are lost today in the wilderness, with diseases and troubles, and I'm not surprised that all the governments are now alerted about it. In Australia, the government officials invited Me and asked Me that "Why not the Indian government do something about it?"

I said, "Your citizens are lost, your people are lost, it's your headache. How can Indian government take responsibility of anybody, who goes outside the country and loots you?"

They never talk against each other, there's a fraternity of devils.

Christ has said, "The Satan doesn't talk against his own people."

But as truthful seeker you must know that you have to become your Spirit. Your awareness has to be of a higher dimension. As Jung clearly has said it has to be collectively conscious. That means you must actualize the experience of collectivity, you must feel the another person within you, it's an actualization. And that is what one has to expect, when you are seeking the truth. Of course you cannot pay for it, nor can you work for it, because it is so spontaneous.

Now let us see what happens when you really get the blessings of the Divine. Within us lies the power called the Kundalini in the triangular bone. Now there have been lots of books, which when I saw them, even in My childhood I was so shocked how people could write such false books about Kundalini. The falsehood is so much that every book has the location of also Kundalini in different places. And they have frightened everyone by saying it's a very dangerous thing to get the Kundalini awakened.

Now, the Kundalini is the Mother principle within you, is the Holy Ghost within you. Now when we started developing in religious ideas, we first talked of the Father and then of the Son. But have you heard a son from a father without a mother? But people accepted all these absurd propositions and the Holy Ghost is a mystery. Now, as you see today's situation is that a feminist