

TABLE 1.4
Health expenditure and health outcomes in the RAND HIE

	Means	Differences between plan groups			
	Catastrophic plan (1)	Deductible – catastrophic (2)	Coinsurance – catastrophic (3)	Free – catastrophic (4)	Any insurance – catastrophic (5)
A. Health-care use					
Face-to-face visits	2.78 [5.50]	.19 (.25)	.48 (.24)	1.66 (.25)	.90 (.20)
Outpatient expenses	248 [488]	42 (21)	60 (21)	169 (20)	101 (17)
Hospital admissions	.099 [.379]	.016 (.011)	.002 (.011)	.029 (.010)	.017 (.009)
Inpatient expenses	388 [2,308]	72 (69)	93 (73)	116 (60)	97 (53)
Total expenses	636 [2,535]	114 (79)	152 (85)	285 (72)	198 (63)
B. Health outcomes					
General health index	68.5 [15.9]	–.87 (.96)	.61 (.90)	–.78 (.87)	–.36 (.77)
Cholesterol (mg/dl)	203 [42]	.69 (2.57)	–2.31 (2.47)	–1.83 (2.39)	–1.32 (2.08)
Systolic blood pressure (mm Hg)	122 [19]	1.17 (1.06)	–1.39 (.99)	–.52 (.93)	–.36 (.85)
Mental health index	75.5 [14.8]	.45 (.91)	1.07 (.87)	.43 (.83)	.64 (.75)
Number enrolled	759	881	1,022	1,295	3,198

Notes: This table reports means and treatment effects for health expenditure and health outcomes in the RAND Health Insurance Experiment (HIE). Column (1) shows the average for the group assigned catastrophic coverage. Columns (2)–(5) compare averages in the deductible, cost-sharing, free care, and any insurance groups with the average in column (1). Standard errors are reported in parentheses in columns (2)–(5); standard deviations are reported in brackets in column (1).