

Fiona S. Horner

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[LinkedIn](#) | [OSF](#) | [GitHub](#)

Education

Carnegie Mellon University, Pittsburgh, PA

PhD in Social/Personality and Health Psychology

Expected 2025

Advisor: Vicki Helgeson, PhD

Northwestern University, Chicago, IL

Post-Baccalaureate Certificate in Psychology

September 2019

Weinberg College of Arts and Sciences

Colorado College, Colorado Springs, CO

Bachelor of Arts, cum laude

May 2015

Major in Anthropology; Minor in Religion

Honors Thesis: *Practice and Community at Compassionate Dharma Cloud Monastery*

Research Interests

Positive affect, stress, health, coping with chronic illness, digital health, close relationships, diabetes, cancer,

Methodological and Statistical Expertise

Intensive longitudinal methods, structural equation modeling, hierarchical linear modeling, dyadic data analysis

Publications

Helgeson, V.S., Naqvi, J.B., Zajdel, M., **Horner, F.S.** (2022). Communal Coping Manifested in Daily Life: A Focus on Gender. *Journal of Social and Personal Relationships*. 39(4), 1023–1042.

<https://doi.org/10.1177/02654075211052633>

Helgeson, V. S., **Horner, F. S.**, & Naqvi, J. B. (2022). Partner Involvement in Type 2 Diabetes Self-Management: A Mixed-Methods Investigation. *Diabetes Spectrum*, 35(1), 102–110.

<https://doi.org/10.2337/ds21-0034>

Moreno, P. I., **Horner, F. S.**, Torzewski, J. B., Thomas, J. L., Gradishar, W., Victorson, D., & Penedo, F. J. (2022). Study design and protocol for tailored Acceptance and Commitment Therapy (ACT) to optimize quality of life in women living with metastatic breast cancer. *Contemporary Clinical Trials Communications*, 25, 100870.

<https://doi.org/10.1016/j.conctc.2021.100870>

Manuscripts under revision

Horner, F.S., Helgeson, V. (revise and resubmit). Actor and partner effects of positive affect on communal coping.

Moreno, P. I., Esquives, B. N., Thomas, J. L., **Horner, F. S.**, Torzewski, J. B., Gradishar, W., Victorson, D., & Penedo, F. J. (under review) Supportive care needs among women living with metastatic breast cancer: A qualitative study.

Horner, F.S., Helgeson, V. (under revision). Positive affect longitudinally predicts HbA1c among people with type 2 diabetes.

Presentations

Horner, F.S., Helgeson, V. *Affective Links to Communal Coping in Patients with Type 2 Diabetes*. (2021, April) [Rapid communication video]. Society of Behavioral Medicine 2021 Annual Meeting and Scientific Sessions. Virtual Conference.

Horner, F.S., Moreno, P. I., Yanez, B., Penedo, F., Moskowitz, J., Kircher, S., Kundu, S., Meeks, J., Schaeffer, E., Flury, S., Friedewald, S., & Cheung, E. (2020, April; Conference Cancelled) *Provision of Support Between Patients and Their Partners: Differential Associations*. [Poster presentation]. Midwestern Psychological Association 2020 Conference. Chicago, IL.

Horner, F.S., Moreno, P. I., Yanez, B., Penedo, F., Moskowitz, J., Kircher, S., Kundu, S., Meeks, J., Schaeffer, E., Flury, S., Friedewald, S., & Cheung, E. (2019, October). *The Association of Meaning and Purpose with Relationship Quality, Gratitude, and Empathy in Couples Undergoing a Diagnostic Biopsy for Cancer*. [Poster presentation]. Northwestern Medical Social Sciences Decennial Symposium and Celebration. Chicago, IL.

Horner, F.S., Moreno, P. I., Yanez, B., Penedo, F., Moskowitz, J., Kircher, S., Kundu, S., Meeks, J., Schaeffer, E., Flury, S., Friedewald, S., & Cheung, E. (2019, June). *The Association of Meaning and Purpose with Relationship Quality, Gratitude, and Empathy in Couples Undergoing a Diagnostic Biopsy for Cancer*. [Poster presentation]. Lurie Comprehensive Cancer Center Symposium & Scientific Poster Session. Chicago, IL.

Awards and Honors

H. Marie Wormington Award for Distinction in Anthropology, *Colorado College*, 2015

Departmental Travel Award (\$500), *Colorado College Anthropology Department*, 2014

Faculty-Student Collaborative Grant (\$2,400), *Colorado College*, 2013

Award for Highest Chapter GPA, *Beta Delta Chapter, Delta Gamma*, 2012

Beta Delta Award, *Beta Delta Chapter, Delta Gamma* 2011, 2012, 2013

Teaching Experience

Teaching Assistant Introductory statistics: Experimental Design for Behavioral and Social Sciences Carnegie Mellon University Psychology Instructor: Dr. Dan Yurovsky	Spring 2022
Teaching Assistant Statistical Methods in Psychology Northwestern School of Professional Studies Instructor: Dr. Benjamin Gorvine	Fall 2019
Teaching Assistant Research Methods in Psychology Northwestern School of Professional Studies Instructor: Dr. Benjamin Gorvine	Winter 2020

Relevant Prior Experience

Northwestern University Feinberg School of Medicine, Chicago, IL <i>PIs: Dr. Patricia Moreno and Dr. Elaine Cheung, Department of Medical Social Sciences</i> Research Intern	2019 – 2020
Children's Research Triangle, Chicago, IL <i>Director of Research: Dr. Anne Wells</i> Research Assistant	2019 – 2020
Research Intern	2018 – 2019
Northwestern University Social Cognition and Intergroup Processes Lab, Evanston, IL <i>PI: Dr. Sylvia Perry, Department of Psychology</i> Research Assistant	2018 – 2019
Colorado Youth Matter, Denver, CO Public Interest Fellow	2015 – 2016
Colorado College Anthropology Department, Guanacaste, Costa Rica <i>PI: Esteban Gomez, PhD, Department of Anthropology</i> Research Assistant	2013

Service and Leadership

Community for Advanced Methodological Learning (CAMEL) Carnegie Mellon University and University of Pittsburgh	2021-Present
Mentor, Summer Program for Undergraduate Research Carnegie Mellon Psychology	2021

Undergraduate Mentor Carnegie Mellon Psychology	2021
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Youth Mental Health First Aid Certified Children's Research Triangle	2019
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Colorado College Student Anthropological Society Colorado College	2012 – 2015
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Order of Omega Greek Honor Society Colorado College	2013 – 2015
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Blue Key Honor Society Colorado College	2013 – 2015
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Skills

Computer:	R, Python, Git and GitHub, LIWC, BIOPAC MP160 Systems (ECG and NICO modules), Acqknowledge Software, Mindware Technologies LTD software (HRV and IMP)
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