



## The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain, and Illness (Paperback)

By Miriam Kaufman

ReadHowYouWant.com Ltd, Canada, 2012. Paperback. Condition: New. [Large Print]. Language: English. Brand new Book. For everyone, men and women of all ages and sexual identities, The Ultimate Guide to Sex and Disability covers the span of disabilities - from chronic fatigue and back pain to spinal cord injury, multiple sclerosis, cystic fibrosis, cerebral palsy, and many others. Heres everything you need to know to create a sex life that works for you: Building a positive sexual self-image; Sexual positions to minimize stress and maximize pleasure; Anatomy, orgasm, masturbation, oral sex, anal sex, vaginal penetration; How to deal with fatigue, pain, and spasms during sex; Where to find partners and how to talk to your partners about sex and disability; Adapting sex toys to make them work for you; Making sex safe - emotionally and physically; Exploring yoga, Tantric sex, and S/M play; How to discuss sex with physicians and other health care providers; Safer sex solutions for people with latex and chemical sensitivities; UPDATED! The most extensive collection of sex and disability resources available, including hundreds of books, websites, and n you use a condom with a catheter? How do you have intercourse in a wheelchair? This detailed guide answers questions...



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