Preventing Cancer Recurrence: Or Prolonging Survival by 3, 5, 7 Years (Paperback)

Preventing Cancer Recurrence...

How to prevent cancer recurrence for good cancers
How to live 3, 5, 7 years longer for a bad situation
How to avoid the same cancers for family members
How to good pracefully for family members or for yourself
They are anti-aging lifestyles too
Not to use supplements such as vitamins?
Lifestyle interventions in this book are good for:
cancer-prevention for everybody
or just for good health
Does low cholesterol causes cancer?
These ways of life (lifestyle interventions) are showing:
Powerful statistics in the Preface section. One look at that page:
I think you would agree they are effective like "additional best cancer treatments" But we still need standard treatments. They are absolutely necessary
"It seemed to amplify the chemotherapy effects many times for many of my patients." It's the author's opinion. And the patients' amazing cases are the proofs.

James C. Shum, M.D.
Medical Oncologist/Hematologist
Physician specialized in cancer care and blood diseases

Filesize: 7.83 MB

Reviews

Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.

(Bernardo Feeney Jr.)

PREVENTING CANCER RECURRENCE: OR PROLONGING SURVIVAL BY 3, 5, 7 YEARS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. Dear Readers: First of all, I want to say I want to prevent cancer recurrence. Recurrence means cancer coming back. I survived a Desmond tumor 15 years ago. A Desmond tumor is a very low grade sarcoma, only 10% chance to recur. I know with the lifestyle adjustments in this book I learned and do, the chance of recurrence is probably zero. Recurrence, or cancer coming back is fatal in this disease, as I read in Memorial Sloan-Kettering Cancer Center literature. The next thing I want to mention is, the price you pay for this book is the cost of printing this book. I just rounded off the pennies of the cost figure provided by the publisher, to make it a lucky number. The number .38 means being alive and thriving. I am a physician specialing in cancer treatment. That is: I am an ocologist. For the last 10 years before my retirement. I "preached" lifestyle interventions to my cancer patients, in addition to them receiving standard treatments. I hoped to treat them better. I did not have much expectations in life-style-change ended up controlling cancer in the beginning. Why, simply, cancer is a hell lot of a disease. You don't expect little things like exercise, which is one of the seven life-style interventions, could do much against this devilish disease, isn't it? But to my big surprise, patients with bad cancers that were expected to survive abut 1 or 2 year. Instead, they survived 3, 5, and 7 years. And it was most of them! I was exhilarated. Patients and families were happy. They were smiling. Can you imagine a person with "terminal" cancer, or their family, smiling genuinely? But, after all, a few...



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