



## UNSW Course Outline

# BEIL0011 Healthy Planning - 2024

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## General Course Information

Course Code : BEIL0011

Year : 2024

Term : Term 2

Teaching Period : T2

Is a multi-term course? : No

Faculty : Faculty of Arts, Design and Architecture

Academic Unit : School of Built Environment

Delivery Mode : In Person

Delivery Format : Standard

Delivery Location : Kensington

Campus : Sydney

Study Level : Undergraduate

Units of Credit : 6

### Useful Links

[Handbook Class Timetable](#)

## Course Details & Outcomes

### Course Description

Healthy Planning focuses on the ways in which the built, natural and socio-cultural environments support the physical and mental health of contemporary communities. In this course you will explore the relationship between the urban environment and current chronic health issues facing modern society - particularly health problems associated with sedentary lifestyles such as

diabetes, heart disease, cancer, depression and anxiety. Research and theoretical issues, which draw planning and health together, are presented using a range of practice examples.

## Course Learning Outcomes

Course Learning Outcomes
CLO1 : Analyse the relationship between urban planning, city form and health from an interdisciplinary perspective using evidence from research and practice.
CLO2 : Apply comprehensive walkability audits in different environmental scenarios.
CLO3 : Critically reflect on personal healthy behaviour and the ways in which this is affected by different physical and socio-cultural environments.
CLO4 : Explain complex policy and political settings for healthy built environments across the health and built environment disciplines.

Course Learning Outcomes	Assessment Item
CLO1 : Analyse the relationship between urban planning, city form and health from an interdisciplinary perspective using evidence from research and practice.	<ul style="list-style-type: none"><li>• My Day: Personal Health Reflections</li><li>• The Neighbourhood Audit</li><li>• Quizzes</li></ul>
CLO2 : Apply comprehensive walkability audits in different environmental scenarios.	<ul style="list-style-type: none"><li>• The Neighbourhood Audit</li></ul>
CLO3 : Critically reflect on personal healthy behaviour and the ways in which this is affected by different physical and socio-cultural environments.	<ul style="list-style-type: none"><li>• My Day: Personal Health Reflections</li></ul>
CLO4 : Explain complex policy and political settings for healthy built environments across the health and built environment disciplines.	<ul style="list-style-type: none"><li>• Quizzes</li></ul>

## Learning and Teaching Technologies

Moodle - Learning Management System

## Additional Course Information

### Course Convenor Statement of Hope

This course is underpinned by the hope that all participants will be:

- **Informed** about healthy planning principles, theories, research and practice
- **Inspired to adopt** healthy planning in future careers in the built environment and health
- **Motivated to initiate** personal change to develop congruence between professional and

personal practice ('walk the talk')

This course rests on a foundation of trans-disciplinarity as defined by Roderick J Lawrence - the most effective way to understand and address the complex relationship between urban form and human health - both our physical and mental state. The Global Pandemic reinforced the critical role that the built environment plays in supporting health and wellbeing. So too the environmental crisis that all life on planet earth faces. Working together, cooperatively, compassionately and with understanding, built environment and health professionals can make a significant contribution to the achievement and maintenance of healthy cities and societal well-being in the context of planetary sustainability now and into the future.

# Assessments

## Assessment Structure

Assessment Item	Weight	Relevant Dates
My Day: Personal Health Reflections Assessment Format: Individual	40%	Due Date: Week 4: 17 June - 23 June
The Neighbourhood Audit Assessment Format: Individual	40%	Due Date: Week 8: 15 July - 21 July
Quizzes Assessment Format: Individual	20%	Due Date: As stated in 'Detailed assessment description'.

## Assessment Details

### My Day: Personal Health Reflections

#### Assessment Overview

You will record your personal health behaviours, reflecting on the extent to which your food intake and your physical activity are supportive of your health and well-being as part of everyday living. Grading will be done against assessment criteria accompanied by written feedback.

#### Course Learning Outcomes

- CLO1 : Analyse the relationship between urban planning, city form and health from an interdisciplinary perspective using evidence from research and practice.
- CLO3 : Critically reflect on personal healthy behaviour and the ways in which this is affected by different physical and socio-cultural environments.

#### Assignment submission Turnitin type

This assignment is submitted through Turnitin and students do not see Turnitin similarity reports.

# The Neighbourhood Audit

## Assessment Overview

You will undertake an audit of your local neighbourhood using a prescribed audit instrument, reflecting on how your neighbourhood supports your health and wellbeing as part of everyday living. Grading will be done against assessment criteria accompanied by written feedback.

## Course Learning Outcomes

- CLO1 : Analyse the relationship between urban planning, city form and health from an interdisciplinary perspective using evidence from research and practice.
- CLO2 : Apply comprehensive walkability audits in different environmental scenarios.

## Assignment submission Turnitin type

This assignment is submitted through Turnitin and students do not see Turnitin similarity reports.

# Quizzes

## Assessment Overview

You will be tested through in-class quizzes on topics discussed throughout the term. Feedback will be provided in the form of correct answers, with additional feedback available from the course convenor on request.

## Course Learning Outcomes

- CLO1 : Analyse the relationship between urban planning, city form and health from an interdisciplinary perspective using evidence from research and practice.
- CLO4 : Explain complex policy and political settings for healthy built environments across the health and built environment disciplines.

## Detailed Assessment Description

There will be two quizzes in the class.

Quiz 1 focuses on the field trip and is completed during and submitted at the end of the field trip.

Quiz 2 is the 'End of Class Quiz' and is completed during and submitted at the end of Week 10.

## Assignment submission Turnitin type

Not Applicable

# General Assessment Information

## The Use of Artificial Intelligence in Assessments

For assessment tasks in this course, you may only use AI-based software to research and prepare prior to writing your assessment. You are permitted to use standard editing and referencing functions in word processing software in the creation of your submission (note: this is limited to spelling and grammar checking and reference citation generation). You must not use any functions that generate or paraphrase or translate passages of text, whether based on your own work or not. Please note that your submission will be passed through an AI-generated text detection tool. If your marker has concerns that your answer contains passages of AI-generated text you may be asked to explain your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

### **Grading Basis**

Standard

### **Requirements to pass course**

50% is required for the full course to pass.

## **Course Schedule**

Teaching Week/Module	Activity Type	Content
Week 1 : 27 May - 2 June	Lecture	Healthy built environment principles
	Tutorial	Introductions and motivations to learn about healthy built environments
Week 2 : 3 June - 9 June	Lecture	Introducing the World Health Organization (WHO)
	Tutorial	WHO resources
Week 3 : 10 June - 16 June	Lecture	Auditing for healthy built environments
	Tutorial	Auditing practical exercise
Week 4 : 17 June - 23 June	Lecture	Health and green infrastructure
Week 5 : 24 June - 30 June	Fieldwork	Sydney's Inner West GreenWay
Week 6 : 1 July - 7 July	Other	Flex Week - No formal class - take time out to be physically active and mentally relax in a favourite green space
Week 7 : 8 July - 14 July	Lecture	Housing and health
	Group Activity	Companion animals
Week 8 : 15 July - 21 July	Lecture	Healthy built environment resources
	Tutorial	Interacting with key healthy built environment resources
Week 9 : 22 July - 28 July	Lecture	The role of shade in a healthy built environment
	Blended	Co-benefits of a healthy built environment for people and planet
Week 10 : 29 July - 4 August	Lecture	Course conclusion
	Assessment	In class quiz

## **Attendance Requirements**

You are expected to be regular and punctual in attendance at all classes for the School of Built

Environment courses in which you are enrolled. If and where individual courses have specific attendance requirements, these will be stated in the course outline.

If you do not attend, engage, or participate in scheduled class activities, including lectures, tutorials, studios, labs, etc, you run the risk of failing a course.

If illness or unexpected and beyond your control circumstances prevent you from completing a task on time, or substantially disturb your assessment performance, you should apply for [Special Consideration](#), as soon as practicable, accompanied by appropriate documentation.

No special consideration will be provided if you miss out on essential course information and materials, or if you miss assessment tasks and deadlines due to unexplained absences or an unapproved lack of attendance.

You may be advised by the Course Convenor to withdraw from the course if significant learning activities are missed.

## **Course Resources**

### **Prescribed Resources**

All resources for students' learning will be on the course Moodle page.

### **Additional Costs**

Students will be required to travel independently to the field trip site in Sydney. This is unlikely to incur any additional costs as students will not be required to travel to campus for that class.

### **Course Evaluation and Development**

Students are encouraged and supported to maintain regular contact with the course convenor to provide informal feedback throughout the course. For specific issues or detailed feedback, please arrange a meeting with the course convenor via email.

Students are invited to share their insights and experiences of undertaking this course by completing the MyExperience survey. The feedback gathered each year is integral to the continuous enhancement and development of the course.

# Staff Details

Position	Name	Email	Location	Phone	Availability	Equitable Learning Services Contact	Primary Contact
Convenor	Susan Thompson		Anita B Lawrence Centre 2003	9385 4395	Appointments can be made via email. Generally in the office Wednesday AM - phone ahead to check	No	Yes
Tutor	Andrew Mackenzie					No	No

## Other Useful Information

### Academic Information

Due to evolving advice by NSW Health, students must check for updated information regarding online learning for all Arts, Design and Architecture courses this term (via Moodle or course information provided).

Please see: <https://www.unsw.edu.au/arts-design-architecture/student-life/resources-support/protocols-guidelines> for essential student information relating to:

- UNSW and Faculty policies and procedures;
- Student Support Services;
- Dean's List;
- review of results;
- credit transfer;
- cross-institutional study and exchange;
- examination information;
- enrolment information;
- Special Consideration in the event of illness or misadventure;
- student equity and disability;

And other essential academic information.

### Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

- Copying: Using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This includes copying materials, ideas or concepts from a book, article, report or other written document, presentation, composition, artwork, design, drawing, circuitry, computer program or software, website, internet, other electronic resource, or another person's assignment without appropriate acknowledgement.
- Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original information, structure and/or progression of ideas of the original without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.
- Collusion: Working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student for the purpose of them plagiarising, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.
- Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.
- Duplication ("self-plagiarism"): Submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

The UNSW Academic Skills support offers resources and individual consultations. Students are also reminded that careful time management is an important part of study. One of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items. UNSW Library has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW, but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time
- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

## Use of AI for assessments

As AI applications continue to develop, and technology rapidly progresses around us, we remain committed to our values around academic integrity at UNSW. Where the use of AI tools, such as ChatGPT, has been permitted by your course convener, they must be properly credited and your submissions must be substantially your own work.

In cases where the use of AI has been prohibited, please respect this and be aware that where unauthorised use is detected, penalties will apply.

### [Use of AI for assessments | UNSW Current Students](#)

## Submission of Assessment Tasks

### Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on [externaltelsupport@unsw.edu.au](mailto:externaltelsupport@unsw.edu.au)

Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin, you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support, you will automatically receive a ticket number, but if you telephone, you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, alternative submission details will be stated on your course's Moodle site. For information on how to submit assignments online via Moodle: <https://student.unsw.edu.au/how-submit-assignment-moodle>

### Late Submission Penalty

UNSW has a standard late submission penalty of:

- 5% per calendar day,
- for all assessments where a penalty applies,
- capped at five calendar days (120 hours) from the assessment deadline, after which a student cannot submit an assessment, and

- no permitted variation.

Students are expected to manage their time to meet deadlines and to request [Special Consideration](#) as early as possible before the deadline. Support with [Time Management is available here](#).

## School Contact Information

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