



## UNSW Course Outline

# DIET2004 Farm to Fork 2 - 2024

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## General Course Information

**Course Code :** DIET2004

**Year :** 2024

**Term :** Term 3

**Teaching Period :** T3

**Is a multi-term course? :** No

**Faculty :** Faculty of Medicine and Health

**Academic Unit :** School of Health Sciences

**Delivery Mode :** In Person

**Delivery Format :** Standard

**Delivery Location :** Kensington

**Campus :** Sydney

**Study Level :** Undergraduate

**Units of Credit :** 6

### Useful Links

[Handbook Class Timetable](#)

## Course Details & Outcomes

### Course Description

This course follows DIET2003 Farm to Fork 1 and will cover the tertiary sector of the food system. You will apply critical thinking skills to analyse the role of food access, regulation, waste and consumption on the availability of nutritious food to individuals and populations. You will explore the factors that determine the availability

or scarcity of food, including agricultural trade policies, laws, conflict, climate change and industry decision-making, and how these factors impact people's ability to maintain physical, social and cultural wellbeing

## Course Aims

This course aims to provide you with a holistic understanding of how nutritious food is made available or withheld from individuals and populations, and how these factors impact physical and mental and socio-cultural wellbeing. By taking a journey along the tertiary part of the food chain, you will extend your understanding of the complexities of the food system, and critique the influences on food, of processing, distribution, packaging, marketing and choice using multiple lenses, and clearly articulate how it impacts individual and population health both in present day and in the foreseeable future.

## Relationship to Other Courses

Assistance with progression checking:

If you are unsure how this course fits within your program, you can seek guidance on optimising your program structure from staff at the [Nucleus Student Hub](#).

Progression plans for UNSW Medicine and Health programs can be found on the [UNSW Medicine & Health website](#).

# Course Learning Outcomes

Course Learning Outcomes
CLO1 : Demonstrate a broad understanding of the components and interactions of food and nutrition systems in the tertiary food sector through to the end user
CLO2 : Apply social theory to examine and critique food environments in local, national and/or global contexts and through the food chain from production to distribution
CLO3 : Demonstrate an understanding of contemporary issues in food, nutrition and food innovation linked with health, equity, sustainability and food security
CLO4 : Explain the roles and responsibilities of nutrition professionals working in multidisciplinary teams within the food system, and how they may improve individual and population health, equity, food security and sustainability.
CLO5 : Apply information from food policy, reference standards, regulations and other data to make evidence-based decisions

Course Learning Outcomes	Assessment Item
CLO1 : Demonstrate a broad understanding of the components and interactions of food and nutrition systems in the tertiary food sector through to the end user	<ul style="list-style-type: none"><li>• Assessment of the UNSW Food Environment</li><li>• New Product Development</li></ul>
CLO2 : Apply social theory to examine and critique food environments in local, national and/or global contexts and through the food chain from production to distribution	<ul style="list-style-type: none"><li>• Assessment of the UNSW Food Environment</li></ul>
CLO3 : Demonstrate an understanding of contemporary issues in food, nutrition and food innovation linked with health, equity, sustainability and food security	<ul style="list-style-type: none"><li>• Substantiating Nutrition Content and Health Claims</li><li>• New Product Development</li></ul>
CLO4 : Explain the roles and responsibilities of nutrition professionals working in multidisciplinary teams within the food system, and how they may improve individual and population health, equity, food security and sustainability.	<ul style="list-style-type: none"><li>• New Product Development</li></ul>
CLO5 : Apply information from food policy, reference standards, regulations and other data to make evidence-based decisions	<ul style="list-style-type: none"><li>• Substantiating Nutrition Content and Health Claims</li><li>• Assessment of the UNSW Food Environment</li><li>• New Product Development</li></ul>

## Learning and Teaching Technologies

Moodle - Learning Management System

# Learning and Teaching in this course

All course materials and course announcements are provided on the course learning management system, Moodle (or Open Access).

By accessing and using the ICT resources provided by UNSW, you are agreeing to abide by the '[Acceptable Use of UNSW ICT Resources](#)' policy particularly on respect for intellectual property and copyright, legal and ethical use of ICT resources and security and privacy.

## Assessments

### Assessment Structure

Assessment Item	Weight	Relevant Dates
Substantiating Nutrition Content and Health Claims Assessment Format: Individual Short Extension: Yes (2 days)	30%	Due Date: 27/09/2024 05:00 PM
Assessment of the UNSW Food Environment Assessment Format: Group	30%	Due Date: 25/10/2024 05:00 PM
New Product Development Assessment Format: Individual Short Extension: Yes (2 days)	40%	Due Date: 22/11/2024 05:00 PM

### Assessment Details

#### Substantiating Nutrition Content and Health Claims

##### Assessment Overview

This is an individual assessment task due early in the term. You will be required to upload photographs of food and beverage products available in Australian supermarkets, including the front and back labels using the format of the Virtual Supermarket tour from DIET1001. For this task, you will be required to assess the compliance of all nutrition content and health claims and logos according to relevant food regulatory standards including reference to the Code. You will receive feedback within 10 working days of submission

##### Course Learning Outcomes

- CLO3 : Demonstrate an understanding of contemporary issues in food, nutrition and food innovation linked with health, equity, sustainability and food security
- CLO5 : Apply information from food policy, reference standards, regulations and other data to make evidence-based decisions

##### Detailed Assessment Description

Detailed information about this assessment will be provided on the course Moodle page

## Assessment Length

see Moodle

## Submission notes

Refer to Moodle for submission information.

## Assignment submission Turnitin type

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

## Generative AI Permission Level

### **Simple Editing Assistance**

In completing this assessment, you are permitted to use standard editing and referencing functions in the software you use to complete your assessment. These functions are described below. You must not use any functions that generate or paraphrase passages of text or other media, whether based on your own work or not.

If your Convenor has concerns that your submission contains passages of AI-generated text or media, you may be asked to account for your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

For more information on Generative AI and permitted use please see [here](#).

In addition, you must not use any functions that translate passages of text, whether based on your own work or not.

## **Assessment of the UNSW Food Environment**

### Assessment Overview

This is a group assessment task completed mid-way through the term. In small groups, you are required to assess and report on the healthiness of a UNSW food outlet using the *Healthy Food and Drink in NSW Health Facilities for Staff and Visitors Framework*, aligned with the UNSW Good Food Charter. This assignment, submitted in the form of a templated report, will assess your ability to examine food environments and apply your knowledge of food marketing, public health food system initiatives, food sustainability issues, and regulation. You will receive feedback within 10 working days of submission

### Course Learning Outcomes

- CLO1 : Demonstrate a broad understanding of the components and interactions of food and nutrition systems in the tertiary food sector through to the end user

- CLO2 : Apply social theory to examine and critique food environments in local, national and/or global contexts and through the food chain from production to distribution
- CLO5 : Apply information from food policy, reference standards, regulations and other data to make evidence-based decisions

### **Detailed Assessment Description**

Detailed information about this assessment will be provided on the course Moodle page

### **Assessment Length**

see Moodle

### **Submission notes**

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In addition, you must not use any functions that translate passages of text, whether based on your own work or not.

### **New Product Development**

#### **Assessment Overview**

This is an individual assessment task completed at the end of the term. This task aims to apply your knowledge of the food system, data relating to the target population, food regulation, marketing and food trends to develop a new food product that addresses an identified food system challenge. You will be required to produce a report that documents and justifies your

decision-making process. You will receive feedback within 10 working days of submission.

### **Course Learning Outcomes**

- CLO1 : Demonstrate a broad understanding of the components and interactions of food and nutrition systems in the tertiary food sector through to the end user
- CLO3 : Demonstrate an understanding of contemporary issues in food, nutrition and food innovation linked with health, equity, sustainability and food security
- CLO4 : Explain the roles and responsibilities of nutrition professionals working in multidisciplinary teams within the food system, and how they may improve individual and population health, equity, food security and sustainability.
- CLO5 : Apply information from food policy, reference standards, regulations and other data to make evidence-based decisions

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For more information on Generative AI and permitted use please see [here](#).

In addition, you must not use any functions that translate passages of text, whether based on your own work or not.

# General Assessment Information

Detailed instructions regarding assessments for this course are provided on the course Moodle page (or Open Learning).

For student information on results, grades, and guides to assessment see: <https://student.unsw.edu.au/assessment>

## Grading Basis

Standard

## Requirements to pass course

In order to pass this course students must:

- Achieve a composite grade of at least 50 out of 100
- Attend at least 80% of classes
- Meet any additional requirements specified in the assessment details section and on Moodle.

# Course Schedule

Teaching Week/Module	Activity Type	Content
Week 1 : 9 September - 15 September	Lecture	Recap of DIET2003 Food Environment
	Workshop	Food Access & SEM
Week 2 : 16 September - 22 September	Lecture	Food Regulation
	Workshop	Food Labelling
Week 3 : 23 September - 29 September	Lecture	Food Marketing
	Workshop	Front-of-Pack Nutrition Labelling
Week 4 : 30 September - 6 October	Lecture	Food Trends
	Workshop	Future Food
Week 5 : 7 October - 13 October	Lecture	Food Waste
	Workshop	Food Waste
Week 6 : 14 October - 20 October	Activity	Flexibility Week - No class
Week 7 : 21 October - 27 October	Lecture	Packaging Innovation
	Tutorial	New Product Development Challenge
Week 8 : 28 October - 3 November	Lecture	Local Food Initiatives
	Tut-Lab	Local Food Initiatives
Week 9 : 4 November - 10 November	Lecture	Using data to support decision-making in future food supply
	Workshop	How to source, appraise and use data
Week 10 : 11 November - 17 November	Lecture	Eating at home: how it has changed?
	Workshop	Reflection on the journey of food from the farm to your fork

## Attendance Requirements

*Students are expected to attend all scheduled clinical, laboratory and tutorial classes. An*

*Unsatisfactory Fail (UF) may be recorded as the final grade for the course if students fail to meet the minimum requirement of 80% attendance for clinical, laboratory and tutorial classes (unless otherwise specified on Moodle). Course attendance expectations are determined by the requirements of the program accrediting body. Where a student is unable to attend, they are advised to inform the course convenor as soon as possible but no later than 3 days after the scheduled class and, where possible, provide written documentation (e.g. medical certificate) to support their absence.*

## General Schedule Information

The times and locations of classes can be found on [myUNSW](#) under Class Timetable.

The expected engagement for all UNSW 6UOC courses is 150 hours per term. This includes lectures, tutorials, readings, and completion of assessments and exam preparation (if relevant).

## Course Resources

### Recommended Resources

Recommended resources for this course are provided on the course Moodle page.

### Additional Costs

Some SoHS courses have additional costs. Please check the course Moodle page for information about additional costs for this course.

## Course Evaluation and Development

Student feedback is taken seriously, and continual improvements are made to the course based, in part, on such feedback.

We use student feedback from myExperience surveys to develop and make improvements to the course each year. We do this by identifying areas of the course that require development from both the rating responses and written comments. Please spare a few minutes to complete the myExperience surveys for this course posted at the top of the Moodle page at the end of term.

## Staff Details

Position	Name	Email	Location	Phone	Availability	Equitable Learning Services Contact	Primary Contact
Convenor	Jaimie Hughes					Yes	Yes

# Other Useful Information

## Academic Information

As a student of UNSW Medicine & Health you are expected to familiarise yourself with the contents of this course outline and the UNSW Student Code and policies and procedures related to your studies.

### Student Code of Conduct

Throughout your time studying at UNSW Medicine & Health, you share a responsibility with us for maintaining a safe, harmonious and tolerant University environment. This includes within the courses you undertake during your degree and your interactions with the UNSW community, both on campus and online.

The [UNSW Student Code of Conduct](#) website provides a framework for the standard of conduct expected of UNSW students with respect to both academic integrity and your responsibility as a UNSW citizen.

Where the University believes a student may have breached the code, the University may take disciplinary action in accordance with the [Student Misconduct Procedure](#).

The [Student Conduct and Integrity Office](#) provides further resources to assist you to understand your conduct obligations as a student at UNSW.

## Academic Honesty and Plagiarism

### Academic integrity

UNSW has an ongoing commitment to fostering a culture of learning informed by academic integrity. All UNSW staff and students have a responsibility to adhere to the principle of academic integrity, and ethical scholarship of learning is fundamental to your success at UNSW Medicine & Health.

Plagiarism, contract cheating, and inappropriate use of generative AI undermine academic integrity and are not tolerated at UNSW. For more information see the [Academic Integrity and Plagiarism toolkit](#).

In addition to the information you are required to review in your [ELISE training](#), UNSW Medicine & Health strongly recommends that you complete the [Working with Academic Integrity](#) module before submitting your first assessment task.

## Referencing

Referencing is a way of acknowledging the sources of information that you use to research your assignments. Preferred referencing styles vary among UNSW Medicine & Health disciplines, so check your course Learning Management System (e.g. Moodle or Open Learning) page for information on preferred referencing styles.

For further information on referencing support and styles, see the Current Student [Referencing page](#).

## Academic misconduct and plagiarism

At UNSW, academic misconduct is managed in accordance with the [Student Misconduct Procedure](#). Allegations of plagiarism are generally handled according to the [UNSW Plagiarism Management Procedure](#). Plagiarism is defined in the [UNSW Plagiarism Policy](#) and is not tolerated at UNSW.

## Use of Generative AI and other tools in your assessment

UNSW has provided guiding statements for the [use of Generative AI in assessments](#). This will differ, depending on the individual assessment task, your course requirements, and the course stage within your program.

Your course convenor will outline if and how you can use Generative AI in each of your assessment tasks. Inappropriate use of generative AI is considered academic misconduct.

Options for the use of generative AI include: (1) no assistance (for invigilated assessments); (2) simple editing assistance; (3) drafting assistance; and (4) full assistance with attribution; and (5) Generative AI software-based assessments. See your individual assessment descriptions for the level of permitted use of generative AI for each task and see your course Moodle (or Open Learning) page for the full instructions on permitted use of generative AI in your assessment tasks for this course.

Instructions may include a requirement to submit the original generative AI responses, or drafts of your original work, or provide on request.

# Submission of Assessment Tasks

## Short extensions and special consideration

### Short extension

UNSW has a short extension procedure for submission of assessment tasks. Not all tasks are eligible, and eligible tasks have a predetermined extension length. UNSW Medicine and Health have set School-level extension lengths for eligible assessment tasks. See your course assessment descriptions for more information.

Students must check the availability of a short extension in the individual assessment task information for their courses.

Short extensions do not require supporting documentation. They must be submitted through [Special Consideration](#) before the assessment task deadline. No late applications will be accepted.

Late penalties apply to submission of assessment tasks without approved extension.

### Special consideration

In cases where illness, misadventure or other circumstances beyond your control will prevent you from submitting your assessment by the due date and you require an extension, you need to formally apply for [Special Consideration](#) through myUNSW.

UNSW has a **Fit to Sit/Submit rule**, which means that by sitting or submitting an assessment on the scheduled assessment date, you are declaring that you are fit to do so and cannot later apply for Special Consideration. Examinations include centrally timetabled examinations and scheduled, timed examinations and tests managed by your School.

Important information relating to Short Extension and Special Consideration is available [here](#), including eligibility for Special Consideration, circumstances where students with Equitable Learning Plans can apply for Short Extensions and Special Consideration, and the appeals process.

## Examinations

Information about the conduct of examinations in your course is provided on your course Moodle

page.

### **Timed online assessment tasks**

If you experience a technical or connection problem during a timed online assessment, such as a timed quiz, you can apply for Special Consideration. To be eligible to apply you need to contact the Course Convenor and advise them of the issue immediately. You will need to submit an application for Special Consideration immediately, and upload screenshots, error messages or other evidence of the technical issue as supporting documentation. Additional information can be found on: <https://student.unsw.edu.au/special-consideration>

### **Other assessment tasks**

#### **Late submission of assessment tasks**

UNSW has standard late submission penalties as outlined in the [UNSW Assessment Implementation Procedure](#), with no permitted variation. All late assignments (unless extension or exemption previously agreed) will be penalised by 5% of the maximum mark per calendar day (including Saturday, Sunday and public holidays).

Late submissions penalties are capped at five calendar days (120 hours). This means that a student is not permitted to submit an assessment more than 5 calendar days (120 hours) after the due date for that assessment (unless extension or exemption previously agreed).

#### **Failure to complete an assessment task**

You are expected to complete all assessment tasks for your courses. In some courses, there will be a minimum pass mark required on a specific assessment task (a “hurdle task”) due to the need to assure clinical competency.

Where a hurdle task is applicable, additional information is provided in the assessment information on your course Moodle page.

#### **Feedback on assessments**

Feedback on your performance in assessment tasks will be provided to you in a timely manner. For assessment tasks completed within the teaching period of a course, other than a final assessment, feedback will be provided within 10 working days of submission, under normal circumstances.

Feedback on continuous assessment tasks (e.g. laboratory and studio-based, workplace-based, weekly quizzes) will be provided prior to the midpoint of the course.

Any variation from the above information that is specific to an assessment task will be clearly indicated in the course and assessment information provided to you on your course Moodle (or Open Learning) page.

## Faculty-specific Information

### Additional support for students

The university offers a wide range of support services that are available for students. Here are some links for you to explore.

- The Current Students Gateway:<https://student.unsw.edu.au>
- Academic Skills and Support:<https://student.unsw.edu.au/academic-skills>
- Student support:<https://www.student.unsw.edu.au/support>
- Student Wellbeing, Health and Safety:<https://student.unsw.edu.au/wellbeing>

Mind Smart Guides are a series of mental health self-help resources designed to give you the psychological flexibility, resilience and self-management skills you need to thrive at university and at work.

- Mind Smart Guides: <https://student.unsw.edu.au/mindsmart>
- Equitable Learning Services:<https://student.unsw.edu.au/els>
- Guide to studying online: <https://www.student.unsw.edu.au/online-study>

Most courses in UNSW Medicine & Health use Moodle as your Learning Management System. Guidance for using UNSW Moodle can be found on the Current Student page. Difficulties with Moodle should be logged with the IT Service Centre.

- Moodle Support: <https://student.unsw.edu.au/moodle-support>

The IT Service Desk is your central point of contact for assistance and support with remote and on-campus study.

- UNSW IT Service Centre:<https://www.myit.unsw.edu.au/services/students>

## Course evaluation and development

At UNSW Medicine & Health, students take an active role in designing their courses and their overall student experience. We regularly seek feedback from students, and continuous improvements are made based on your input. Towards the end of the term, you will be asked to participate in the [myExperience survey](#), which serves as a source of evaluative feedback from students. Your input to this quality enhancement process is valuable in helping us meet your learning needs and deliver an effective and enriching learning experience. Student responses are carefully considered, and the action taken to enhance educational quality is documented in the myFeedback Matters section of your Moodle (or Open Learning) course page.

## School Contact Information

School guidelines on contacting staff:

### Course questions

All questions related to course content should be posted on Moodle or as directed by your Course Convenor.

In cases where email communication with course convenors is necessary, we kindly request the following:

- Use your official email address for any correspondence with teaching staff.
- We expect a high standard of communication. All communication should avoid using short-hand or texting language.
- Include your full name, student ID, and your course code and name in all communication.

Our course convenors are expected to respond to emails during standard working hours of Monday to Friday, 9am-5pm.

## **Administrative questions**

If you have an administrative question about your program of study at the School please submit your enquiry online at [UNSW Ask Us](#).

## **Complaints and appeals**

Student complaints and appeals: <https://student.unsw.edu.au/complaints>

If you have any grievances about your studies, we invite you to address these initially to the Course Convenor. If the response does not meet your expectations, you may then contact the School Grievance Officer, Dr Chris Maloney ([c.maloney@unsw.edu.au](mailto:c.maloney@unsw.edu.au))