



UNSW Course Outline

DIET1001 Introduction to Dietetics and Food Innovation - 2024

Published on the 28 Jan 2024

General Course Information

Course Code : DIET1001

Year : 2024

Term : Term 1

Teaching Period : T1

Is a multi-term course? : No

Faculty : Faculty of Medicine and Health

Academic Unit : School of Health Sciences

Delivery Mode : In Person

Delivery Format : Standard

Delivery Location : Kensington

Campus : Sydney

Study Level : Undergraduate

Units of Credit : 6

Useful Links

[Handbook Class Timetable](#)

Course Details & Outcomes

Course Description

What sort of Dietitian do you want to be? ... and how will you get there?

In this course, you will be welcomed into the nutrition, dietetic and food innovation profession

and will be provided with opportunities to explore your potential career options. The UNSW Dietetics and Food Innovation program is unique in Australia in that it will prepare you for a wide scope of practice in clinical settings, industry, government and not-for-profit organisations, as well as for traditional dietetic practice. It will also prepare you for the changes that traditional dietetic practice is undergoing due to evolving population health needs and expectations, social norms, technological advancements and climate change. The course will address the essential legal and ethical requirements for practice as an Accredited Practising Dietitian in Australia.

Course Aims

This course will help you understand life as a professional working in nutrition, dietetics and food innovation. By meeting with practising dietitians and food professionals from a wide range of sectors you will learn about the diversity of practice that is possible and begin to understand how you can develop the knowledge and skills throughout your professional life required to be expert in your field.

Relationship to Other Courses

Assistance with progression checking:

If you are unsure how this course fits within your program, you can seek guidance on optimising your program structure from staff at the [Nucleus Student Hub](#).

Progression plans for UNSW Medicine and Health programs can be found on the [UNSW Medicine & Health website](#).

Course Learning Outcomes

Course Learning Outcomes
CLO1 : Explain the roles of nutritionists and dietitians within the Australian health system and Australian food system
CLO2 : Explain the legal and ethical requirements to be a practising dietitian in Australia
CLO3 : Identify traditional and emerging areas of scope and practice for dietitians
CLO4 : Identify and reflect on your own strengths and shortcomings as a future health professional, and develop strategies to extend or address these in order to facilitate professional growth and development
CLO5 : Explain the importance of evidence-based medicine in dietetic practice
CLO6 : Develop basic food literacy and numeracy skills and begin to acquire the language of food in Australia

Course Learning Outcomes	Assessment Item
CLO1 : Explain the roles of nutritionists and dietitians within the Australian health system and Australian food system	<ul style="list-style-type: none"> • Setting learning goals for dietetic practice • Reflecting on potential careers
CLO2 : Explain the legal and ethical requirements to be a practising dietitian in Australia	<ul style="list-style-type: none"> • Setting learning goals for dietetic practice
CLO3 : Identify traditional and emerging areas of scope and practice for dietitians	<ul style="list-style-type: none"> • Reflecting on potential careers • Setting learning goals for dietetic practice
CLO4 : Identify and reflect on your own strengths and shortcomings as a future health professional, and develop strategies to extend or address these in order to facilitate professional growth and development	<ul style="list-style-type: none"> • Leadership and communication goals • Reflecting on potential careers
CLO5 : Explain the importance of evidence-based medicine in dietetic practice	<ul style="list-style-type: none"> • Setting learning goals for dietetic practice
CLO6 : Develop basic food literacy and numeracy skills and begin to acquire the language of food in Australia	<ul style="list-style-type: none"> • Initial entry for the Virtual Supermarket Tour

Learning and Teaching Technologies

Moodle - Learning Management System

Learning and Teaching in this course

All course materials and course announcements are provided on the course learning management system, Moodle.

Assessments

Assessment Structure

Assessment Item	Weight	Relevant Dates
Setting learning goals for dietetic practice Assessment Format: Individual	25%	Start Date: Not Applicable Due Date: 01/03/2024 11:55 PM
Leadership and communication goals Assessment Format: Individual	25%	Start Date: Not Applicable Due Date: 15/03/2024 11:55 PM
Initial entry for the Virtual Supermarket Tour Assessment Format: Individual	10%	Start Date: Not Applicable Due Date: 12/04/2024 11:55 PM
Reflecting on potential careers Assessment Format: Individual	40%	Start Date: Not Applicable Due Date: 26/04/2024 11:55 PM

Assessment Details

Setting learning goals for dietetic practice

Assessment Overview

In this task, you will be required to develop a set of personal learning goals that align with the requirements to be an Accredited Practicing Dietitian, as outlined by Dietitian's Australia. The learning goals may be related to the development of skills and gaining content knowledge and must be clearly written using the SMART format (Specific, Measurable, Achievable, Realistic and Time-bound). This exercise is designed to help you build skills in self-assessment and reflective practice, and examples will be provided in class sessions. Identify a peer who can review your goals and provide further suggestions.

Feedback will be returned within 10 working days of submission.

Course Learning Outcomes

- CLO1 : Explain the roles of nutritionists and dietitians within the Australian health system and Australian food system
- CLO2 : Explain the legal and ethical requirements to be a practising dietitian in Australia
- CLO3 : Identify traditional and emerging areas of scope and practice for dietitians
- CLO5 : Explain the importance of evidence-based medicine in dietetic practice

Detailed Assessment Description

More details on this task are provided on your course Moodle site.

Assessment Length

800 words

Submission notes

A short extension of 2 days is available for this task.

Assessment information

SIMPLE EDITING ASSISTANCE using AI (Artificial Intelligence)

For this assessment task, you may use AI-based software to research and prepare prior to writing your assessment. You are permitted to use standard editing and referencing functions in word processing software [e.g. MS Word or Grammarly] this is limited to spelling and grammar checking and reference citation generation in the creation of your submission. You must not use any functions that generate or paraphrase passages of text, whether based on your own work or not.

Please note that your submission will be passed through an AI-generated text detection tool. If your marker has concerns that your answer contains passages of AI-generated text you may be asked to explain your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

Assignment submission Turnitin type

This is not a Turnitin assignment

Leadership and communication goals

Assessment Overview

You will be required to use the self-assessment tools from Workshops 3 & 4 and use the results to add to your personal learning goals from Assessment 1. You must identify their strengths and weaknesses in leadership and communication and modify your existing and/or develop additional learning goals. The goals you have set will be used later in the program.

Feedback will be returned within 10 working days of submission.

Course Learning Outcomes

- CLO4 : Identify and reflect on your own strengths and shortcomings as a future health professional, and develop strategies to extend or address these in order to facilitate professional growth and development

Detailed Assessment Description

More details on this task are provided on your course Moodle site.

Assessment Length

800 words

Submission notes

A short extension of 2 days is available for this task.

Assessment information

SIMPLE EDITING ASSISTANCE using AI (Artificial Intelligence)

For this assessment task, you may use AI-based software to research and prepare prior to writing your assessment. You are permitted to use standard editing and referencing functions in word processing software [e.g. MS Word or Grammarly] this is limited to spelling and grammar checking and reference citation generation in the creation of your submission. You must not use

any functions that generate or paraphrase passages of text, whether based on your own work or not.

Please note that your submission will be passed through an AI-generated text detection tool. If your marker has concerns that your answer contains passages of AI-generated text you may be asked to explain your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

Assignment submission Turnitin type

This is not a Turnitin assignment

Initial entry for the Virtual Supermarket Tour

Assessment Overview

In a workshop towards the end of term, you will be introduced to a platform that will host the Virtual Supermarket Tour. During the workshop, you will need to upload photographs of all foods and drinks you consume over the week, including the front and back of all packaged food and beverage items. This includes both core foods and snack foods. Ensure that the photograph is clear enough so that you can read the nutrition information clearly.

Feedback will be returned within 10 working days of submission.

Course Learning Outcomes

- CLO6 : Develop basic food literacy and numeracy skills and begin to acquire the language of food in Australia

Detailed Assessment Description

More details on this task are provided on your course Moodle site.

Assessment Length

n/a

Submission notes

A short extension of 2 days is available for this task.

Assessment information

SIMPLE EDITING ASSISTANCE using AI (Artificial Intelligence)

For this assessment task, you may use AI-based software to research and prepare prior to

writing your assessment. You are permitted to use standard editing and referencing functions in word processing software [e.g. MS Word or Grammarly] this is limited to spelling and grammar checking and reference citation generation in the creation of your submission. You must not use any functions that generate or paraphrase passages of text, whether based on your own work or not.

Please note that your submission will be passed through an AI-generated text detection tool. If your marker has concerns that your answer contains passages of AI-generated text you may be asked to explain your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

Assignment submission Turnitin type

This is not a Turnitin assignment

Reflecting on potential careers

Assessment Overview

You will be required to reflect on the presentations from professionals working across the food and nutrition sector, the networking event and information from course material regarding future priorities and directions of the dietetic profession. Using your learning goals and self-assessment from Assessments 1 and 2, identify potential careers of interest, the skills and content knowledge required to work in these careers, and how you may develop these skills and content through formal study and outside of university life.

Feedback will be returned within 10 working days of submission.

Course Learning Outcomes

- CLO1 : Explain the roles of nutritionists and dietitians within the Australian health system and Australian food system
- CLO3 : Identify traditional and emerging areas of scope and practice for dietitians
- CLO4 : Identify and reflect on your own strengths and shortcomings as a future health professional, and develop strategies to extend or address these in order to facilitate professional growth and development

Detailed Assessment Description

More details on this task are provided on your course Moodle site.

Assessment Length

1000 words

Submission notes

A short extension of 2 days is available for this task.

Assessment information

SIMPLE EDITING ASSISTANCE using AI (Artificial Intelligence)

For this assessment task, you may use AI-based software to research and prepare prior to writing your assessment. You are permitted to use standard editing and referencing functions in word processing software [e.g. MS Word or Grammarly] this is limited to spelling and grammar checking and reference citation generation in the creation of your submission. You must not use any functions that generate or paraphrase passages of text, whether based on your own work or not.

Please note that your submission will be passed through an AI-generated text detection tool. If your marker has concerns that your answer contains passages of AI-generated text you may be asked to explain your work. If you are unable to satisfactorily demonstrate your understanding of your submission you may be referred to UNSW Conduct & Integrity Office for investigation for academic misconduct and possible penalties.

Assignment submission Turnitin type

This is not a Turnitin assignment

General Assessment Information

Detailed instructions regarding assessments for this course are provided on the course Moodle page.

For student information on results, grades, and guides to assessment see: <https://student.unsw.edu.au/assessment>

Grading Basis

Satisfactory

Requirements to pass course

In order to pass this course students must:

- Achieve a composite grade of at least 50 out of 100
- Meet any additional requirements specified in the assessment details section and on Moodle.
- Meet class attendance requirements, as specified in the "Attendance Requirements" section of the "Course Schedule".

Course Schedule

Teaching Week/Module	Activity Type	Content
Week 1 : 12 February - 18 February	Workshop	Program overview and getting to know you
	Lecture	Introduction to the Profession
Week 2 : 19 February - 25 February	Lecture	Dietitian's professional life
	Workshop	Future job roles and critical capabilities: where in the program will you learn these skills? Goal setting in line with Dietitians Australia
Week 3 : 26 February - 3 March	Lecture	Introduction to Food Innovation
	Workshop	Self-assessment: leadership style
Week 4 : 4 March - 10 March	Lecture	Nutrition and Dietetics Careers: Clinical (Public, Private, Inpatient, Outpatient, Urban and Regional)
	Workshop	Self-assessment: communication style
Week 5 : 11 March - 17 March	Lecture	Nutrition and Dietetics Careers: Public and Community Nutrition
	Workshop	Dietitian's networking event - Mandatory Participation
Week 7 : 25 March - 31 March	Lecture	Nutrition and Dietetics Careers: Food Service, Industry and Agriculture
	Workshop	Introduction to reflective practice
Week 8 : 1 April - 7 April	Lecture	Introduction to Evidence-Based Medicine Introduction to Complementary Therapies
	Workshop	Evidence-based medicine Complementary and alternative therapies & dietetics
Week 9 : 8 April - 14 April	Lecture	Introduction to Food Literacy and Numeracy Australian Food Language
	Workshop	Food literacy, numeracy and language
Week 10 : 15 April - 21 April	Lecture	The Future of Nutrition & Dietetics – Overview of the Dietetic Deans Report Reconciliation Action Plan (RAP) – Lecture by Dietitians Australia
	Workshop	Course reflection

Attendance Requirements

Students are expected to attend all scheduled clinical, laboratory and tutorial classes. An *Unsatisfactory Fail (UF)* may be recorded as the final grade for the course if students fail to meet the minimum requirement of 80% attendance for clinical, laboratory and tutorial classes (unless otherwise specified on Moodle). Course attendance expectations are determined by the requirements of the program accrediting body. Where a student is unable to attend, they are advised to inform the course convenor as soon as possible but no later than 3 days after the scheduled class and, where possible, provide written documentation (e.g. medical certificate) to support their absence.

General Schedule Information

The times and locations of classes can be found on [myUNSW](#) under Class Timetable.

The expected engagement for all UNSW 6UOC courses is 150 hours per term. This includes lectures, tutorials, readings, and completion of assessments and exam preparation (if relevant).

Course Resources

Recommended Resources

Recommended resources for this course are provided on the course Moodle page.

Course Evaluation and Development

Student feedback is taken seriously, and continual improvements are made to the course based, in part, on such feedback.

We use student feedback from myExperience surveys to develop and make improvements to the course each year. We do this by identifying areas of the course that require development from both the rating responses and written comments. Please spare a few minutes to complete the myExperience surveys for this course posted at the top of the Moodle page at the end of term.

Staff Details

Position	Name	Email	Location	Phone	Availability	Equitable Learning Services Contact	Primary Contact
Convenor	Sara Grafenauer		Level 2, Wallace Wurth Building		Email to make an appointment	Yes	Yes
Lecturer	Jaimee Hughes		Level 2, Wallace Wurth Building			No	No
	Luke Gemming		Level 2, Wallace Wurth Building			No	No

Other Useful Information

Academic Information

As a student of UNSW Medicine & Health you are expected to familiarise yourself with the contents of this course outline and the UNSW Student Code and policies and procedures related to your studies.

Student Code of Conduct

Throughout your time studying at UNSW Medicine & Health, you share a responsibility with us for maintaining a safe, harmonious and tolerant University environment. This includes within the courses you undertake during your degree and your interactions with the UNSW community, both on campus and online.

The [UNSW Student Code of Conduct](#) website provides a framework for the standard of conduct expected of UNSW students with respect to both academic integrity and your responsibility as a UNSW citizen.

Where the University believes a student may have breached the code, the University may take disciplinary action in accordance with the [Student Misconduct Procedure](#).

The [Student Conduct and Integrity Office](#) provides further resources to assist you to understand your conduct obligations as a student at UNSW.

Academic Honesty and Plagiarism

Academic integrity

UNSW has an ongoing commitment to fostering a culture of learning informed by academic integrity. All UNSW staff and students have a responsibility to adhere to the principle of academic integrity, and ethical scholarship of learning is fundamental to your success at UNSW Medicine & Health.

Plagiarism, contract cheating, and inappropriate use of generative AI undermine academic integrity and are not tolerated at UNSW. For more information see the [Academic Integrity and Plagiarism toolkit](#).

In addition to the information you are required to review in your [ELISE training](#), UNSW Medicine & Health strongly recommends that you complete the [Working with Academic Integrity](#) module before submitting your first assessment task.

Referencing

Referencing is a way of acknowledging the sources of information that you use to research your assignments. Preferred referencing styles vary among UNSW Medicine & Health disciplines, so check your course Learning Management System (e.g. Moodle or Open Learning) page for information on preferred referencing styles.

For further information on referencing support and styles, see the Current Student [Referencing page](#).

Academic misconduct and plagiarism

At UNSW, academic misconduct is managed in accordance with the [Student Misconduct Procedure](#). Allegations of plagiarism are generally handled according to the [UNSW Plagiarism Management Procedure](#). Plagiarism is defined in the [UNSW Plagiarism Policy](#) and is not tolerated at UNSW.

Use of Generative AI and other tools in your assessment

UNSW has provided guiding statements for the [use of Generative AI in assessments](#). This will differ, depending on the individual assessment task, your course requirements, and the course stage within your program.

Your course convenor will outline if and how you can use Generative AI in each your assessment tasks. Options for the use of generative AI include: (1) no assistance; (2) simple editing assistance; (3) planning assistance; and (4) full assistance with attribution.

You may be required to submit the original generative AI responses, or drafts of your original work. Inappropriate use of generative AI is considered academic misconduct.

See your course Moodle (or Open Learning) page for the full instructions for individual assessment tasks for your course.

Submission of Assessment Tasks

Short extensions and special consideration

Short extension

Commencing in Term 1, 2024, UNSW has introduced a short extension procedure for submission of assessment tasks. Not all tasks are eligible, and eligible tasks have a predetermined extension length. UNSW Medicine and Health have set School-level extension lengths for eligible assessment tasks. See your course assessment descriptions for more information.

Students must check the availability of a short extension in the individual assessment task information for their courses.

Short extensions do not require supporting documentation. They must be submitted before the assessment task deadline. No late applications will be accepted.

Late penalties apply to submission of assessment tasks without approved extension.

Special consideration

In cases where short term events beyond your control affect your performance in a specific assessment task you may formally apply for [Special Consideration](#) through myUNSW.

UNSW has a **Fit to Sit rule**, which means that by sitting an examination on the scheduled date, you are declaring that you are fit to do so and cannot later apply for Special Consideration. Examinations include centrally timetabled examinations and scheduled, timed examinations and tests managed by your School.

Important information relating to Short Extension and Special Consideration is available [here](#), including eligibility for Special Consideration, circumstances where students with Equitable Learning Plans can apply for Short Extensions and Special Consideration, and the appeals process.

Examinations

Information about the conduct of examinations in your course is provided on your course Moodle page.

Timed online assessment tasks

If you experience a technical or connection problem during a timed online assessment, such as a timed quiz, you can apply for Special Consideration. To be eligible to apply you need to contact the Course Convenor and advise them of the issue immediately. You will need to submit an application for Special Consideration immediately, and upload screenshots, error messages or other evidence of the technical issue as supporting documentation. Additional information can be found on: <https://student.unsw.edu.au/special-consideration>

Other assessment tasks

Late submission of assessment tasks

UNSW has standard late submission penalties as outlined in the [UNSW Assessment Implementation Procedure](#), with no permitted variation. All late assignments (unless extension or exemption previously agreed) will be penalised by 5% of the maximum mark per calendar day (including Saturday, Sunday and public holidays).

Late submissions penalties are capped at five calendar days (120 hours). This means that a

student is not permitted to submit an assessment more than 5 calendar days (120 hours) after the due date for that assessment (unless extension or exemption previously agreed).

Failure to complete an assessment task

You are expected to complete all assessment tasks for your courses. In some courses, there will be a minimum pass mark required on a specific assessment task (a “hurdle task”) due to the need to assure clinical competency.

Where a hurdle task is applicable, additional information is provided in the assessment information on your course Moodle page.

Feedback on assessments

Feedback on your performance in assessment tasks will be provided to you in a timely manner. For assessment tasks completed within the teaching period of a course, other than a final assessment, feedback will be provided within 10 working days of submission, under normal circumstances.

Feedback on continuous assessment tasks (e.g. laboratory and studio-based, workplace-based, weekly quizzes) will be provided prior to the midpoint of the course.

Any variation from the above information that is specific to an assessment task will be clearly indicated in the course and assessment information provided to you on your course Moodle (or Open Learning) page.

Faculty-specific Information

Additional support for students

The university offers a wide range of support services that are available for students. Here are some links for you to explore.

- The Current Students Gateway:<https://student.unsw.edu.au>
- Academic Skills and Support:<https://student.unsw.edu.au/academic-skills>
- Student support:<https://www.student.unsw.edu.au/support>

- Student Wellbeing, Health and Safety:<https://student.unsw.edu.au/wellbeing>

Mind Smart Guides are a series of mental health self-help resources designed to give you the psychological flexibility, resilience and self-management skills you need to thrive at university and at work.

- Mind Smart Guides: <https://student.unsw.edu.au/mindsmart>
- Equitable Learning Services:<https://student.unsw.edu.au/els>
- Guide to studying online: <https://www.student.unsw.edu.au/online-study>

Most courses in UNSW Medicine & Health use Moodle as your Learning Management System. Guidance for using UNSW Moodle can be found on the Current Student page. Difficulties with Moodle should be logged with the IT Service Centre.

- Moodle Support: <https://student.unsw.edu.au/moodle-support>

The IT Service Desk is your central point of contact for assistance and support with remote and on-campus study.

- UNSW IT Service Centre:<https://www.myit.unsw.edu.au/services/students>

Course evaluation and development

At UNSW Medicine & Health, students take an active role in designing their courses and their overall student experience. We regularly seek feedback from students, and continuous improvements are made based on your input. Towards the end of the term, you will be asked to participate in the [myExperience survey](#), which serves as a source of evaluative feedback from students. Your input to this quality enhancement process is valuable in helping us meet your learning needs and deliver an effective and enriching learning experience. Student responses are carefully considered, and the action taken to enhance educational quality is documented in the myFeedback Matters section of your Moodle (or Open Learning) course page.

School Contact Information

School guidelines on contacting staff:

Course questions

All questions related to course content should be posted on Moodle (or Open Learning) or as directed by your Course Convenor.

In cases where email communication with course convenors is necessary, we kindly request the following:

- Use your official email address for any correspondence with teaching staff.
- We expect a high standard of communication. All communication should avoid using short-hand or texting language.
- Include your full name, student ID, and your course code and name in all communication.

Our course convenors are expected to respond to emails during standard working hours of Monday to Friday, 9am-5pm.

Administrative questions

If you have an administrative question about your program of study at the School please submit your enquiry online at [UNSW Ask Us](#).

Complaints and appeals

Student complaints and appeals: <https://student.unsw.edu.au/complaints>

If you have any grievances about your studies, we invite you to address these initially to the Course Convenor. If the response does not meet your expectations, you may then contact the School Grievance Officer, Dr Chris Maloney (c.maloney@unsw.edu.au).