SOCW4012 Social Work Practice in Mental Health and Trauma - 2024

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General Course Information

Course Code : SOCW4012
Year : 2024
Term : Term 1
Teaching Period : T1
Is a multi-term course? : No
Faculty : Faculty of Arts, Design and Architecture
Academic Unit : School of Social Sciences
Delivery Mode : In Person
Delivery Format : Standard
Delivery Location : Kensington
Campus : Sydney
Study Level : Undergraduate
Units of Credit : 6

Useful Links

Handbook Class Timetable

Course Details & Outcomes

Course Description

Drawing on critical social work paradigms, this course will enable you to explore the intersection of mental health and trauma. You will learn essential knowledge and skills for working with individuals and families impacted by mental ill-health and trauma. Guided by social justice

principles, you will examine the effects of social deprivation, marginalisation and discrimination on mental health and wellbeing. This critical approach informs a strength-based approach to social work with people experiencing trauma and mental ill-health.

Course Learning Outcomes

Course Learning Outcomes
CLO1 : Identify and critically evaluate dominant paradigms for understanding mental health and trauma
CLO2 : Articulate how individuals, families and communities are affected by trauma and mental health problems
CLO3 : Identify the range and nature of social work interventions for trauma and mental health problems
CLO4 : Demonstrate interventions for trauma and mental health that are strengths-based, relationship-focused and that promote resilience

Course Learning Outcomes	Assessment Item
CLO1 : Identify and critically evaluate dominant paradigms for understanding mental health and trauma	• Essay • Class Participation
CLO2 : Articulate how individuals, families and communities are affected by trauma and mental health problems	• Practice Application • Class Participation
CLO3 : Identify the range and nature of social work interventions for trauma and mental health problems	• Practice Application • Class Participation
CLO4 : Demonstrate interventions for trauma and mental health that are strengths-based, relationship-focused and that promote resilience	• Essay • Practice Application

Learning and Teaching Technologies

Moodle - Learning Management System | Zoom

Assessments

Assessment Structure

Assessment Item	Weight	Relevant Dates
Essay Assessment Format: Individual	35%	Start Date: Not Applicable Due Date: 08/03/2024 11:59 PM Post Date: 24/03/2024 10:00 AM
Practice Application Assessment Format: Individual	50%	Start Date: Not Applicable Due Date: 19/04/2024 11:59 PM
Class Participation Assessment Format: Individual	15%	Start Date: Not Applicable Due Date: Not Applicable

Assessment Details
Essay

Assessment Overview

You will submit a research essay (1500 words) on a topic relevant to current debates in trauma and mental health.

You will receive written feedback and a numerical grade within 10 working days of submission. The feedback sheet/rubric will be available at the start of the course so that you can work towards specified standards.

Course Learning Outcomes

- CLO1 : Identify and critically evaluate dominant paradigms for understanding mental health and trauma
- CLO4 : Demonstrate interventions for trauma and mental health that are strengths-based, relationship-focused and that promote resilience

Detailed Assessment Description

Details and a rubric for this assessment are available on Moodle.

Assessment Length

1500 words +/- 10% (excludes reference list)

Assessment information

If required, a 3-day automatic Short Extension without documentation is available for this assessment. You can apply by accessing the Short Extension Student Portal on the Special Consideration login page. This will be visible, and open for student applications, from 13 February 2024.

Assignment submission Turnitin type

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Practice Application

Assessment Overview

You will prepare a written report that applies learnings from the course to a selected practice situation relating to trauma and mental illness (2000 words).

You will select a case study (from a range of case studies provided) relevant to trauma and/or mental health problems. You will discuss the client situation, focusing on a mental illness or traumatic experience, the context of possible responses, and the choice of interventions.

You will receive written feedback and a numerical grade within 10 working days of submission. The feedback sheet/rubric will be available at the start of the course so that you can work towards specified standards.

Course Learning Outcomes

- CLO2 : Articulate how individuals, families and communities are affected by trauma and mental health problems
- CLO3 : Identify the range and nature of social work interventions for trauma and mental health problems
- CLO4 : Demonstrate interventions for trauma and mental health that are strengths-based, relationship-focused and that promote resilience

Detailed Assessment Description

Details and a rubric for this assessment are available on Moodle.

Assessment Length

2000 words +/- 10% (excludes reference list)

Assessment information

Students will select a case study relevant to trauma and/or mental health problems. They will discuss the case focusing on a mental illness or traumatic experience, the context of possible responses, and the choice of interventions. Students will submit a written report (max 2000 words).

If required, a 3-day automatic Short Extension without documentation is available for this assessment. You can apply by accessing the Short Extension Student Portal on the Special Consideration login page. This will be visible, and open for student applications, from 13

February 2024.

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Class Participation

Assessment Overview

This task is designed to support graduate-ready skills in oral and written skills, team-work, and advocacy through both in-class and online activities.

You will be given specific tasks to complete in discussion with your peers in tutorials based on the set readings and other course materials. The tasks will require you to prepare for class, respond to the set readings, and interact thoughtfully and respectfully with peers (your future social work colleagues). Tasks are designed to allow for effective participation in both face-to-face and online tutorials.

You will receive feedback via a marked rubric which will be available at the start of term to allow you to work towards clearly defined standards. You will receive formative feedback in week 6 and a numerical grade at the end of term.

Course Learning Outcomes

- CLO1 : Identify and critically evaluate dominant paradigms for understanding mental health and trauma
- CLO2 : Articulate how individuals, families and communities are affected by trauma and mental health problems
- CLO3 : Identify the range and nature of social work interventions for trauma and mental health problems

Detailed Assessment Description

Details and a rubric for this assessment are available on Moodle. This assessment is discussed in the first tutorial.

Assignment submission Turnitin type

Not Applicable

General Assessment Information

Grading Basis

Standard

<u>Requirements to pass course</u>

To pass this course you are required to complete all assessment and achieve a minimum over all course mark of 50%.

Course Schedule

Teaching Week/Module	Activity Type	Content
Week 1 : 12 February - 18 February	Lecture	Introduction to Social Work Practice in Mental Health and Trauma - Critical Paradigms
	Tutorial	Structuring Individual & Collective Care Acute Mental Health Care
Week 2 : 19 February - 25 February	Lecture	Trauma and Resilience
	Tutorial	Paradigms for Understanding Practice in Mental Health and Trauma How do paradigms influence practice? An application.
Week 3 : 26 February - 3 March	Lecture	Understanding Responses to Trauma
	Tutorial	Being Trauma Informed and Responding to Symptoms of PTSD: race, culture and trauma.
Week 4 : 4 March - 10 March	Lecture	Social Work Practice with People Who Experience Trauma - Part 1
	Tutorial	Responding to Disclosures
Week 5 : 11 March - 17 March	Lecture	Social Work Practice with People Who Experience Trauma - Part 2
	Tutorial	Response Based Practice
Week 6 : 18 March - 24 March	Reading	Flexibility Week
Week 7 : 25 March - 31 March	Lecture	Social Work Practice in Mental Health - diagnostic system, medical model & the social work role
	Tutorial	Social Work Practice in Mental Health: biopsychosocial assessment, risk assessment, formulation
Week 8 : 1 April - 7 April	Online Activity	Monday of week 8 is a Public Holiday - There will be a recorded lecture for you to listen to prior to your tutorial. Social Work Practice in Mental Health: Recovery principles and practices, social work role in recovery & case management
	Tutorial	Tutorials held on Wednesday and Thursday will go ahead as usual. Students in the Monday tutorial will be set another task. Advocacy and Lived Experience
Week 9 : 8 April - 14 April	Lecture	Guest Lecturer
	Tutorial	Case management, recovery and family session
Week 10 : 15 April - 21 April	Lecture	Mental Health Interventions Part 2 & Emerging Practices
	Tutorial	Open dialogue and course review

Attendance Requirements

Partnerships and collaboration between students and educators are particularly important in social work learning. As well as maintaining our accreditation as a provider of social work education, it is important that you find yourself in an environment where you are able to experience all content to a high level of depth and engagement. For this reason, active participation and commitment to attendance is expected of all students.

Our aim is to foster an environment where you feel comfortable talking with us about your learning and attendance. Communication is especially important when you are experiencing

learning barriers, particularly those which affect class attendance and completion of independent learning tasks. Based on experience, if your attendance drops below a certain level it is unlikely you will have the skills and knowledge to effectively achieve the learning outcomes of this course; which is why we highly encourage active attendance and participation. With effective communication and planning we endeavour to avoid situations where students feel they have not adequately engaged with the course, and therefore strongly encourage you to communicate any concerns as early as possible.

You need to aim to attend all lectures and all tutorials. While I understand that there may be occasions where you can't attend a tutorial or lecture due to illness or misadventure, in usual circumstances this should not exceed missing more than one or at the most two lectures or tutorials throughout the course (in exceptional circumstances you need to reach out to me as the convenor of the course to discuss).

- Lectures are Mondays 1 - 2 PM I encourage on-campus attendance but students can also attend via online. Attendance will be taken for students attending the lecture on-campus and online. If you miss a lecture you need to contact the course convenor who will set make up work. To best support your learning I recommend that you listen to the lecture recording prior to your tutorial whenever possible. Make-up work is to be submitted to Maureen. Recordings are to be viewed as an option if you miss the lecture not as the standard form of attendance.
- On campus attendance for all tutorials is required. There is no online option for tutorials. This is especially important in the interests of solidarity and support of your learning and of your fellow student-colleagues, as a lot of the learning in the tutorials is a shared experience and the tutorials will be small (16 students per tutorial) and active!
- You need to keep track of your attendance and email the course convenor (and copy in your tutor) if you know you will miss a tutorial or lecture and arrange make-up work. Sometimes it's not possible to let us know in advance. If this is your situation, please get in touch as soon as possible after your missed class.

We want to again emphasise the importance of collaboration and communication, and acknowledge the unique circumstances students may find themselves experiencing. The teaching team for this course aim to work collaboratively with all students to build and facilitate a strong and supportive learning environment. Please get in touch if there is any concerns.

Course Resources

Prescribed Resources

There are no set textbooks for this course. Readings are listed on the course reading list accessed through Moodle.

Recommended Resources

Access these texts online through the UNSW library. There is no need to purchase them:

Harms, L. (2015) Understanding Trauma and Resilience. New York, NY: Palgrave.

Bland, R., Renouf, N., & Tullgren, A. (2015). Social Work Practice in Mental Health: An Introduction (2nd ed.). NSW, Australia: Allen and Unwin.

Ow, R., & Poon, A. W. C. (Eds.). (2020). Mental Health and Social Work. Singapore: Springer. https://doi.org/10.1007/978-981-13-6975-9

Course Evaluation and Development

Student feedback will be gathered in class and using UNSW evaluation surveys at the end of the term. This feedback will be used to shape the course to improve student learning experience in future.

Staff Details

Position	Name	Email	Location	Phone	Availability	Equitable Learning Services Contact	Primary Contact
Tutor	Anita Dyakova					No	No
	Jessie Chung					No	No
	Jeannette Walsh					No	No
Convenor	Maureen MacGinley		Morven Brown Room 134		Wednesdays 11.30-12.30 online/in-person drop-in or email for an appointment	Yes	Yes

Other Useful Information

Academic Information

Due to evolving advice by NSW Health, students must check for updated information regarding online learning for all Arts, Design and Architecture courses this term (via Moodle or course information provided).

Please see: https://www.unsw.edu.au/arts-design-architecture/student-life/resources-support/protocols-guidelines for essential student information relating to:

- UNSW and Faculty policies and procedures;

- Student Support Services;
- Dean's List;
- review of results;
- credit transfer;
- cross-institutional study and exchange;
- examination information;
- enrolment information;
- Special Consideration in the event of illness or misadventure;
- student equity and disability;

And other essential academic information.

Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

- Copying: Using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This includes copying materials, ideas or concepts from a book, article, report or other written document, presentation, composition, artwork, design, drawing, circuitry, computer program or software, website, internet, other electronic resource, or another person's assignment without appropriate acknowledgement.
- Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original information, structure and/or progression of ideas of the original without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.
- Collusion: Working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student for the purpose of them plagiarising, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.
- Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.
- Duplication ("self-plagiarism"): Submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

The UNSW Academic Skills support offers resources and individual consultations. Students are also reminded that careful time management is an important part of study. One of the identified

causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items. UNSW Library has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW, but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time
- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Use of AI for assessments

As AI applications continue to develop, and technology rapidly progresses around us, we remain committed to our values around academic integrity at UNSW. Where the use of AI tools, such as ChatGPT, has been permitted by your course convener, they must be properly credited and your submissions must be substantially your own work.

In cases where the use of AI has been prohibited, please respect this and be aware that where unauthorised use is detected, penalties will apply.

[Use of AI for assessments | UNSW Current Students](#)

Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au

Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin, you may

apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support, you will automatically receive a ticket number, but if you telephone, you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, alternative submission details will be stated on your course's Moodle site. For information on how to submit assignments online via Moodle: https://student.unsw.edu.au/how-submit-assignment-moodle

Late Submission Penalty

UNSW has a standard late submission penalty of:

- 5% per calendar day,
- for all assessments where a penalty applies,
- capped at five calendar days (120 hours) from the assessment deadline, after which a student cannot submit an assessment, and
- no permitted variation.

Students are expected to manage their time to meet deadlines and to request Special Consideration as early as possible before the deadline. Support with Time Management is available here.

School Contact Information

School of Social Sciences

Location: Room 159, Morven Brown Building (C20), Kensington campus

Opening Hours: Monday – Friday, 9am – 5pm (except public holidays)

Telephone: +61 2 9385 1807

Email: soss@unsw.edu.au

Web: https://www.unsw.edu.au/arts-design-architecture/our-schools/social-sciences