

## **STELLA MARIS A CENTRE OF EXCELLENCE**

A series of programmes have been planned for execution to make Stella Maris a centre of excellence.

We visualise

Excellent facilities

Exemplary faculty and

Extra ordinary students

Some of the salient features of the programme are:

### **1. KEY STRENGTHS OF THE SCHOOL**

- Trained and experienced teachers
- Well planned annual academic, sports and activity calendar
- Learner centered approach
- Spacious playground for sports & games
- Regular Parents-Teachers communication
- Providing Platform and opportunities for developing individual talents and skills
- Remedial and enrichment class for students.

### **2. ENABLING CLASS ROOMS**

- Develop mentally vibrant classroom experiences which call for higher level thinking skills including analysis, synthesis, evaluation, interpretation etc.
- Facilitate expression of ideas and messages from mental images-paintings, art & music, playing games etc.
- Encouraging, sharing and gaining other's perspectives, move to new levels of awareness.
- Help them learn through meaningful activity - open ended discussions and long term activities - development of interrelationship between things.
- Enable cross functional thinking across the curriculum
- Empower to work on in-depth exploration.

### **3. ATMOSPHERE**

- Eco-friendly
- Spick and span
- Calm, peaceful & serene
- Leamer friendly
- Parent friendly

### **4. TEACHER**

- With the right attitude and aptitude.
- Know their role in the present scenario.
- Always a co-learner
- Promotes innovation.
- Provides new experience every time.
- Promotes thinking and creativity.
- Prepares, plans and executes.
- Make learners self-reliant.
- Always aware of educational developments taking place globally.
- Makes herself/himself fresh through in service training;
- Makes the best use of science and technology in teaching.

### **Key Values**

- Integrity
- Fairness
- Resilience
- Responsibility
- Empathy
- Team Work
- Respect
- Courage
- Excellence

### **We Focus On**

- Motor Skills
- Communicative English
- Good Manners
- Career Guidance
- Personality Development
- Leadership

### **Our Facilities**

1. Conveyance
2. Digital Classrooms
3. Science Laboratory
4. Mathematics Lab
5. Social Science Lab
6. ICT Lab
7. Audio Visual Room
8. Sports & Games/ Indoor Games
9. Remedial Coaching

### **CURRICULUM**

Course of Study consists of:

- a. Language: English, Malayalam and Hindi.
- b. Mathematics
- c. General Science
- d. Social Science
- e. English Core
- f. Physics
- g. Chemistry
- h. Biology
- 1. Computer Science
- j. Psychology
- k. Art Education-Art, Music, Dance, Keyboard, Craft
- 1. Physical & Health Education-Yoga, Karate, Basket Ball, Football, Skating, Volley Ball, Shuttle Badminton, Kho Khou, Handball, Chess, Kalari, Table Tennis
- m. Value Education
- n. Work Education
- o. Skill Education - AI Coding
- p. Band Troupe

#### VISITING HOURS

Parents can meet the Principal on all working days. Parents can meet the teachers in the afternoon from 3.30 p. m to 4.00 p. m. However in an emergency they can meet the teachers with the Principal's permission.

OFFICE HOURS : 8.30 a.m. to 4.30 p.m.

Phone Number : LPS-0469-2611521  
                  : H.S.0469-2610805, 2713472  
email id: [stellamaristvla@gmail.com](mailto:stellamaristvla@gmail.com)

#### Admission

1. Application for admission must be submitted in the prescribed form which can be obtained from the school office.
2. Admission is open to both boys and girls. It is restricted by certain policies of the management and by the condition of age, ability and conduct of the candidate.
3. While seeking admission the following documents are to be produced.
  - a. Transfer Certificate
  - b. Birth Certificate
  - c. Aadhar Card
  - d. Community Certificate (for SC/ST/Backward only)

We Follow - 5+3+3+4 system - NEP Based

Level 1 Foundational Stage (A) - Pre KG

Level 1 Foundational Stage (B) - LKG, UKG, Grade I & II

Level 2 Preparatory Stage - Grades III. IV. V

Level 3 Middle Stage-Grades VI. VII, VIII

Level 4 Secondary Stage - Grade IX. X. XI. XII

Languages and Subjects Offered

KG Section

English

Malayalam

Mathematics

Rhymes

Stories

Handcraft

Physical Education

Grade I & II

English

Mathematics

Hindi

Malayalam

Environmental Studies

General Knowledge

Value Education

ICT

Arts

Music

Physical Education

Skill Subject

Grade III-V

English

Malayalam

Hindi

EVS

GK

Mathematics

Physical Education

Value Education

ICT

Arts

Music

Skill Subject

Grade VI-VIII

English

Malayalam

Hindi

Mathematics

Science

Social Science

ICT

GK

Value Education

Physical Education

Art

Music

Skill Subjects

Grade IX-X

English

Malayalam

Hindi

Mathematics - Basic / Standard

Science

Social Science

IT

Value Education

Physical Education

Art

Music

Skill Subjects

Grade XI-XII

English Core

Physics

Chemistry

Biology

Mathematics

Computer Science

Psychology

Evaluation and Promotion

Class I & II

In class I and II the following skills and competencies will be assessed.

A. Languages

01. Listening Skills - Comprehension

02. Speaking Skills - Conversation, Recitation.

03. Reading Skills - Pronunciation, Fluency, Comprehension.
04. Writing Skills - Creative Writing, Hand writing, Grammar, Spelling Vocabulary.

B. Mathematics - Concepts, Activity, Tables, Mental ability.

C. Environmental Science - Environmental sensitivity, Activity, Project, Group Discussion

D. Co-curricular Activities

- a) Games - Enthusiasm, Discipline, Team Spirit, Talent.
- b) Art/Craft - Interest, Creativity, Skills.
- c) Music/Dance - Interest, Rhythm, Melody.

E. Personality Development - Courteousness, confidence, neatness, care of belongings, regularity and punctuality, initiative, self control, respect for others property, sharing and caring.

F. Health

Height (cms)

Weight (kg)

Five points scale for indicating the achievements will be marked.

A - Outstanding - 90% - 100%

B - Excellent - 75% - 89%

C - Very Good - 56% - 74%

D - Good - 35% - 55%

E - Scope for improvement below 35%

Classes III-V

A. Languages

01. Listening Skills - Comprehension, Extra reading activities / Project.
02. Speaking Skills - Conversation , Recitation.
03. Reading Skills - (Loud Reading) Pronunciation, Fluency, Comprehension.
04. Writing Skills - Creative Writing, Handwriting, Grammar, Spelling Vocabulary

8. Mathematics - 1. Concept; 2. Activity; 3. Tables;
4. Mental ability; 5. Written work.

C Environmental Science- 1. Environmental sensitivity; 2. Activity/Project; 3.Group discussion.

Science - 1. Concept; 2. Activity/Project; 3. Scientific skills; 4.Group discussion.

D. Computer Education - 1. Skills, 2. Aptitude

E. Games - 1. Enthusiasm; 2. Discipline; 3. Team spirit; 4. Talent (strength, stamina and speed)

F. Art/Craft - 1. Interest; 2. Creativity; 3. Skill

G. Music/Dance - 1. Interest; 2. Rhythm; 3. Melody

H. Personality Development - Emotional maturity, self knowledge, self esteem, self confidence, self reliance, courage and conviction, time management, goal setting, resource management and adaptability.

Class VI to X

Assessment is made in two areas :

1. Scholastic areas
2. Co-Scholastic areas

Scholastic Area

1. Students will be graded in a 9 point grading scale.
- ii. Final result will comprise the marks of Annual Examination (Board Exam for Class X)-80 Marks and internal Assessment - 20 Marks
- iii. Annual Examination will be conducted in 80 marks in which students need to secure 33% for promotion to the next class.

Internal Assessment Comprises.

- a. Periodic Assessment
- b. Multiple Assessment
- Quizzes, Oral test, Assignments
- c. Portfolio
- Classwork, Peer Assessment, Self-Assessment, Achievements of students
- d. Subject enrichment

Language - Effective listening and speaking skills

Mathematics - Lab activities and projects

Science - Practical work

Social science - Map and Project work

Co-Scholastic Areas

- i. Co-scholastic activities will be assessed on a 5-point grading scale by the concerned teacher framing effective tools for the same.
- ii. Grading will not have any descriptive indicators and students will not be upgraded based on the co-scholastic grades

iii. Co-scholastic areas will cover Work Education, Art Education, Health and Physical Education

Students will be graded by the class teachers for discipline in a 5-point grading scale considering the attendance, sincerity, behaviour and values.

#### Co-Curricular Activities

To organise activities, the school constitutes of the following clubs. Members of each club will gather together on Wednesday every week and implement their own programmes separately and will conduct common programmes as per the time schedule.

#### CLUBS

##### A

1. Literary Club English, Malayalam, Hindi
- 2 Mathematics Club
- 3 Science Club
- 4 Social Science Club
- 5 ICT Club
- 6 Yoga Club
- 7 Electoral Club

##### B

- 1.Arts Club
- 2.Sports
- 3.Health Club
- 4.Social Service Club
5. Media Club
- 6.Farm Club
7. Music Club

##### C

- 1.Nallapadam
2. KCSL
3. Balajana-Sakhyam
8. Philately Club

#### Arts Fest Category

Juniors - KG, Class I & II - School Level

Category I - Class III & IV - School Level/ Sahodaya & State

Category II - Class V, VI, VII - School Level/ Sahodaya & State

Category III - Class VIII, IX, X - School Level/ Sahodaya & State

#### **Category IV - Class XI, XII - School Level/ Sahodaya & State**

##### **Tutorial System**

In order to give greater personal attention to each student, especially the slow learners the tutorial system has been introduced

##### **Counselling**

Learning is possible only in a tension and fear free atmosphere. A Wellness Trainer is working in our school to reduce the tension and fear of students. Students and parents can avail the services of the counsellor whenever it is necessary.

##### **Sports and Games**

Special care has been taken to provide Sports and Games facilities to students. Facilities for the following games are provided.

Basketball  
Badminton  
Football  
Table Tennis  
Kabadi  
Kho Khou  
Throwball  
Handball  
Volleyball

All necessary facilities are there for sports events like Sprint, Jumps and Throws.

##### **Major Activity Guide**

Month

Major Activities

June

Pre-Midterm for class X

July

First Periodic Test for Classes I- IX & XI

August

School Kalotsav Second Periodic Test I to XI Onam Celebration

September

Teacher's Day Stella Maris Day

October

Half yearly Exam I to XI Sahodaya Arts Fest Sports Meet

November

Sahodaya Sports Meet State Kalotsav

December

Third Periodic Test I to IX & XI Post Midterm Test (Ist Model) for X X'mas Celebration

January

Fourth Periodic Test I to IX & XI Second Model X

February

Third Model X Annual Exam for class IX, XI

March

Board & Annual Examinations.

Vision

1. To provide a meaningful and fruitful educational experience through innovation and self-discovery.
2. To mould every learner into becoming an upright, responsible citizen of character and conviction and to attain humanism.
3. To academically and spiritually empower every learner to become a torch bearer of our tradition and culture.

Mission

1. To provide opportunities to the learners through many social and cultural activities, to become more humane, tolerant and appreciative of others feelings, views and practices.
2. To work in a cordial manner with the parents, teachers, students and other organizations to improve the academic and campus environment for the promotion of a better, healthy and happy ambience for a holistic development of personality.

To Lighted For Life

## OBJECTIVES

1. To hold up before the students an integral view of life based on moral values and perspectives and promote their all round development, intellectual, physical and spiritual.
2. To provide an education which aims at excellence in the pursuit of knowledge and encourages creativity and independent thinking.

3. To awaken in students an awareness of social and economic realities in the world around them and a sense of social responsibility, to develop in them qualities of leadership and thus train them to be responsible and useful citizens of India.

### Principal's Message

Life is precious. We make it more precious by providing better education.

Education is not a one-time activity. It is lifelong and progressive. Life becomes stagnant if it is not provided with every day input. Today, there is so much information available, but the information has to be converted into knowledge. True knowledge leads us to self-realization and the realization of the very purpose of our life. Any knowledge that does not lead us to such a state of enlightenment will simply remain as information. All who attained self-realization and got entangled with the purpose of their life have contributed much to humanity. In fact, today we rely on their contributions and play as beneficiaries. But the real purpose of life is not to remain as beneficiaries, but to proceed with the purpose of becoming contributors. The Almighty has given us the life to contribute something precious to this universe. Therefore, every student has to be motivated to ask himself/herself, 'What am I going to contribute to the world?' Stella Maris is one such unique campus where the students realize themselves and their potentialities. I am sure that all our students will emerge as contributors to make life precious and worth living.

Sr. Lizymol Joseph  
Principal

### History About Stella Maris

The School started in 1990, is owned by the Daughters of Mary Congregation, Thiruvananthapuram. The school is affiliated to the Central Board of Secondary Education C.B.S.E, Delhi. The school prepares students for the All India Secondary School Examination A.I.S.S.E conducted by the CBSE. It admits students of all communities irrespective of caste and creed. Motto of our school is Lighted For Life.

A better world brought about by students oriented to strive for excellence.

We seek to create an atmosphere of responsible freedom for the integral formation of the students, who stand about as men of sound character, real competence, creative leadership, academic excellence and genuine concern for others. This guiding vision and professed mission as understood and practiced at Stella Maris School all these years, implies that real education is holistic, pupil-centered, excellence-oriented and based on the generous co-operation of the stakeholders.

It is holistic because it aims at the total development of the pupils intellectual, emotional, social, cultural, aesthetic, moral, physical, spiritual and religious dimensions.

It is pupil centered in so far as the teacher is more a mentor who inspires confidence and promotes active learning instead of passive listeners. It is excellence oriented in the sense

that it is a ceaseless striving. Excellence depends on tenacity, right relationship co-operation with others and competition with oneself.

The stakeholders in the participative process of education are the pupils, the parents and the educators.

The educators imbibe the Jesus system and implement it. As co-educator the parents support the teachers and supplement their efforts by supervising their children's study at home. The pupils realize that everything is done for them and they respond with a sense of responsibility and reap the reward.

Thus Stella Maris School has been a living and interacting community.

Admission Started: 01.12.2025

End : 20.05.2026

Affiliation number: 930713

House system: Four Houses

Blue

Green

Red

Yellow

#### SCHOOL BUS

1. Pupils should wait for the school bus in their respective collecting centres on the road side at least five minutes earlier. Loss of bus pass is to be reported promptly to the office. If anybody is found missing at the time of departure of the bus he/she will be responsible for it.
2. No student will be permitted to board the bus without the entry pass.
3. Pupils who fail to remit the bus fare in due time will not be allowed to travel in bus. Bus charges should be paid in advance.
4. The school bus service will be as usual in the morning and evening- even on the examination days. Children must enter the bus in the queue system.
5. The school bus facility or the discontinuance is not admissible for any part of a term
6. One month's notice in writing shall be given for discontinuance of bus facility . Request for change of boarding points shall be made in writing at least 2 weeks in advance
7. Commuting by school bus is an occasion for the pupils to cultivate good habits like patience, forbearance, tolerance, sympathy, teamspirit, cooperation and consideration for others
8. Gentlemanly and exemplary behaviour is expected of the students in the bus and the boarding points where they wait for the bus

#### CTSC 2025 KALOTSAV

Our school actively participated in the CTSC 2025 Kalotsav with 96 students competing among 53 CBSE schools. Ten students who secured first and second positions at the district Sahodaya level represented the State CBSE Kalotsav on November 13 to15, bringing accolades to the school with their outstanding performances. Master Devamithru brought laurels to the school by securing the second position with an A grade in Cartoon, marking a

notable milestone for Stella Maris in this category. Other achievers include Aiden Varghese Shiju (Essay Writing English and Elocution English, A grade), Jaina T Jaison (Recitation Malayalam, A grade), Lekshmi Rajeev (Sanskrit Recitation, A grade), Sridha Shyam (Recitation English, A grade), and Nehrin Nizar (Versification Malayalam, B grade).

Our students participated in the Kerala Central School Athletic Sports Meet, Pathanamthitta district, held on November 18. Alwin KR secured second place in both the 100 m race and Long Jump. Anushka S won the second position in High Jump, while Ryan Mathew earned third place in the same event. These achievements highlight the competitive spirit and talent of our students

The basketball tournament held at St. Thomas Club, Thevery, saw outstanding performances from both our boys' and girls' teams. Both teams secured the runner-up position in their respective categories, demonstrating great skill and teamwork.

We are proud to announce that the following students have been selected for the Pathanamthitta district basketball team under the under-14 category: Albert S Kurien, Steffin Skaria Saji, and Joyena Mariyam Jinu.

In addition, Ryan Mathew and Aron Kiran have been chosen to represent the Pathanamthitta district football team, reflecting their dedication and talent in the sport.

#### Msgr. Joseph Kuzhinjalil Memorial Football Tournament

Stella Maris English Medium School, Valanjavattom, hosted the Msgr. Joseph Kuzhinjalil Memorial Interschool Football Tournament on Saturday, November 29, 2025. This event honored Msgr. Joseph Kuzhinjalil, the founder of the Daughters of Mary Congregation, and featured competitive matches among schools from the region. Believers Church Residential School, Tiruvalla, emerged as winners, with Stella Maris English Medium School, Valanjavattom, securing first runner-up.

Other participating teams were : St. Mary's Public School, Mavelikara; Amrita Vidyalaya, Tiruvalla; Infant Jesus School, Mavelikara; Bishop Moore Vidyapeeth, Mavelikara.

Stella Maris takes pride in organizing this successful event as part of its commitment to holistic student development.

Our school proudly celebrated the Arts festival “@Naadham2K25,” inaugurated by our alumnus Mr. Seth M Jacob, a renowned sound effect editor\_ alumni.

#### Alumni highlights

Ms. Riya S Mathew, a Stella Maris alumna, secured 10 th Rank in the B.Ed exam, adding to the school's academic excellence.