

Sept. 18, 1984

1985 Midwest Ale Committee
Steve, Carol & Jim:

If we are going to have
"workshops" at the Ale (not, I presume,
an a priori fact) here are some
suggestions I've thought up:

1. a talk by an M.D. on dance
injuries, warm ups, treatments, etc.
Someone active in the field, ^(Sport/Dance) _{Medicine}
possibly from Group Health.
2. Border Morris
3. Manx dances
4. Welsh country dances
5. "Miscellaneous Useful Dances"
e.g. Abram Circle
6. Garland Dance
7. Ribbon Dance
8. Northwest Morris
9. Flambers Sword Dance
10. Easy Dances. Waltz Clog steps