



GREAT LAKES UNIVERSITY OF KISUMU
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FACULTY OF HEALTH SCIENCES
SCHOOL OF NURSING AND MIDWIFERY

JAN - APRIL 2024 Academic Semester
END OF SEMESTER FINAL EXAMINATION
CODE: HNS 122 NAME: FAMILY & GENDER HEALTH

TIME: 3 HOURS

Instructions to candidates

1. Read the Instructions carefully and answer only what is asked for.
2. Enter your examination number and course code in the space provided in the answer sheet.
3. All questions are compulsory **unless specified**.
4. Part one MCQ, Each MCQ is 1 mark.
5. For Part Two, Short answer questions, answer each question following each other
6. For Part Three, Long Answer questions, answer each subsections following each other.
7. Omission of or wrong numbering of questions or part of the question will result in 5% marks deduction from the relevant part.

MULTIPLE CHOICE QUESTIONS

- Q1. The best description of gender equity is;
- a) Fair treatment of both men and women
 - b) Equal allocation of resources to men and women
 - c) Inequality that is not desirable
 - d) Flexibility by either of the gender roles
- Q2. Which of the following correctly denotes the importance of gender analysis:
- a) Ensures short term sustainability
 - b) Ensures women participate and benefit from development
 - c) Provides an entry point into society for mainstreaming.
 - d) Focuses on transforming attitudes and practices to bring change
- Q3. The guiding principles for addressing gender violence include;
- a) Transparency, accountability and prevention
 - b) Accountability, prevention and protection
 - c) Prevention , truthfulness and rehabilitation
 - d) Protection, accountability and transparency
- Q4. State whether the statements below are true or false
- a) Health policies that do not distinguish between the needs of male and female population groups are called gender blind (True).
 - b) Gender in health refers only to reproductive health and conditions related to hormonal changes, genetic or hereditary conditions (False).
- Q5. The statements below describes what a theory is. Which one does not?
- a) Criticizes the development of knowledge
 - b) Explains and predicts outcomes

- c) Supports decision making
- d) Supports modeling of processes of nursing

Q6. Neuman's system theory focuses on;

- a) The importance of cultural factors in nursing care.
- b) The internal and external stressors that affect health.
- c) The relationship between the nurse and the patient.
- d) The environment in promoting health.

Q7. The advantages of family health include;

- a) Transportation of equipment and lower cost
- b) Delay in patient recovery and privacy.
- c) Spares bed occupancy and privacy.
- d) Emotional support and equipment movement.

Q8. Which of the following terms refers to individual's beliefs and actions that are rooted in anti-female prejudice and stereotypic beliefs?

- a) Gender segregation
- b) Individual sexism
- c) Gender socialization
- d) Individual sexism

Q9. Which pair of words represent the difference between biology/society?

- a) Bisexual/heterosexual
- b) Masculinity/Femininity
- c) Culture /social structure
- d) Sex/Gender

Q10. The best example of an empowered organization is;

- a) An organization that feeds the homeless
- b) An organization that rebuilds homes after a calamity
- c) An organization that gives women micro- loans to start business
- d) An organization that has policies addressing the needs of the youth.

Q11. Majority of women are over-represented in ----- because it gives them flexible time that enables them to attend to other family responsibilities.

- a) Private sector
- b) Public sector
- c) Semi-skilled work
- d) Contingent work

Q12. The current status shows men have outnumbered women in;

- a) Education
- b) Doctoral
- c) Psychology
- d) Hotel business

Q13. Boys are believed to be good in mechanics while girls are good in embroidery. This is a representation of?

- a) Gender equity
- b) Gender inequality
- c) Gender stereotyping
- d) All the above
- e) a and b
- f) b and c

- Q14. Gender roles are;
- Learned behavior
 - Biological construction
 - Inmate behavior
 - Genetically determined
- Q15. The art, science, philosophy and way of interacting with families about health is;
- Family health
 - Family health care
 - Family centered care
 - Family assessment.
- Q16. Which of the following statements is true about family nursing practice?
- Family care is concerned with the experience of the family overtime
 - Family nursing is directed to its members who are both healthy and ill
 - The family nurse is responsible with the family itself for defining who is the family
 - If family nursing practice is successful, the family members will simultaneously achieve the highest quality of health.
 - All the above.
- Q17. The history given to the nurse by the client represents;
- Assessment
 - Intervention
 - Implementation
 - Planning
- Q18. Lesbian, gay, bisexual, or transgender (LGBT) identified people face which of the following because of systemic and policy-related stigma and barriers
- They more likely to delay accessing health care across the system.
 - LGBT adolescents are engaged in substance and prostitution due the homelessness.
 - They are less likely to receive preventive services like screening for cancers.
 - None of the above
 - All of the above
- Q19. The effects of chronic illness and death in a family is associated with;
- Role changes and despair
 - Financial crisis and role changes
 - Regret and fear
 - Family abandonment and divorce
- Q20. History indicates that more women are victims to gender based violence compared to men. This is attributed to;
- Assumption of low status of women in society
 - Low economic power
 - Gender stereotyping and cultural beliefs.
 - Assumption of women being seen as weak naturally.

PART II: SHORT ANSWER QUESTIONS

ANSWER ALL QUESTIONS

- Q1. State any five strategies that can be applied to achieve gender main-streaming (5 marks).
- Q2. State four (4) difference between gender and sex (4 marks).
- Q3. Being male or female can influence the health status of an individual. Discuss any five gender issues that are related to health (10 marks).

Q4. Gender based violence has been reported in several parts of the country.

- a) Define gender based violence (1 mark)
- b) Discuss the five categories of gender –based violence (10 marks).

Q5. Discuss five types of families within the community (5 marks)

Q6. A family health nurse is scheduled to visit a family in an urban city.

- a) Define family health nursing (1 mark)
- b) State four (4) data collection guidelines that the family health nurse will utilize to get information (4 marks).

PART III: LONG ANSWER QUESTION (40 marks)

ANSWER ALL QUESTIONS

Q1. A 7 year old girl is brought to the Accident and Emergency Centre with history of defilement by a 30 year old man. Describe the immediate and subsequent management of the survivor (20 marks).

Q2. A family consists of a group of people who are related. Discuss the ten (10) benefits of family (20 marks)