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[Summary]

An object sitting at the bottom of an energy well, when slightly perturbed, will experience harmonic oscillation about the bottom of the well. If the bottom of the well is at x_0 then the frequency of the oscillation will be

$$\omega = \sqrt{\frac{1}{m} \frac{\partial^2 U}{\partial x^2} \bigg|_{x_0}}$$

[Discovery]

Consider some potential energy function U(x). Let us take a Taylor expansion of this function about some point x_0 :

$$U(x) = U(x_0) + \frac{\partial U}{\partial x}\Big|_{x_0} (x - x_0) + \frac{1}{2} \frac{\partial^2 U}{\partial x^2}\Big|_{x_0} (x - x_0)^2 + \mathcal{O}\Big((x - x_0)^3\Big)$$

If we take x_0 to be a local minimum of U(x) then we must have

$$\left. \frac{\partial U}{\partial x} \right|_{x_0} = 0 \qquad \left. \frac{\partial^2 U}{\partial x^2} \right|_{x_0} \ge 0$$

This reduces the Taylor expansion to

$$U(x) = U(x_0) + \frac{1}{2} \frac{\partial^2 U}{\partial x^2} \Big|_{x_0} (x - x_0)^2 + \mathcal{O}((x - x_0)^3)$$

If we also stipulate that x never strays too far from x_0 then we can throw away higher order terms in $x - x_0$. The potential is now just

$$U(x) = U(x_0) + \frac{1}{2} \frac{\partial^2 U}{\partial x^2} \Big|_{x_0} (x - x_0)^2$$

We can get the related force by taking the negated gradient:

$$F(x) = -\frac{\partial}{\partial x} \left[U(x) \right] = -\frac{\partial}{\partial x} \left[U(x_0) + \frac{1}{2} \frac{\partial^2 U}{\partial x^2} \Big|_{x_0} (x - x_0)^2 \right] = -\frac{\partial^2 U}{\partial x^2} \Big|_{x_0} (x - x_0)$$

In summary we have

$$F(x) = -\frac{\partial^2 U}{\partial x^2}\bigg|_{x_0} (x - x_0)$$

It might feel odd that this force seems to depend on the negated second derivative of U, when forces typically depend on negated first derivatives of U. The key point here is that we are using $U''(x_0)$ as a constant, so this is nothing like the usual relationship $\mathbf{F} = -\nabla U$. Since $U''(x_0) \geq 0$ this equation of motion is clearly a harmonic oscillation with angular frequency

$$\omega = \sqrt{\frac{1}{m} \frac{\partial^2 U}{\partial x^2} \bigg|_{x_0}}$$

We have thus shown that an object sitting at the bottom of an energy well, when slightly perturbed, will experience harmonic motion about the bottom of the well.