	Positive Event(uplifts)	Warm-up	Lasting	follow-up	Total
		period	period	period	(days)
1	chorus competition (collective)	3	1	0	4
2	Poetry recital competition (collective)	3	1	0	4
3	morning exercises competition (collective)	3	1	0	4
4	Art performance	1	1	0	2
5	"My Chinese Dream" Lecture	0	1	1	2
6	Sports meeting	1	2	0	3
7	New year party	1	1	0	2
8	Outside practical activity	1	1	0	2
9	Tomb-sweeping activity (collective)	1	1	0	2
10	Spring-cleaning	1	1	0	2
11	National Day Holidays	1	7	0	8
12	Labors Day Holidays	1	3	0	4
13	Tomb-Sweeping Day Holidays	1	3	0	4
14	Mid-Autumn Festival	1	3	0	4
15	Summer Holiday	1	45-62	0	46-63
16	Winter Holiday	1	21-25	0	22-26
17	Hallowmas party	1	1	0	2
18	Growing-up ceremony	1	1	1	3
19	"The Campus Voice" show	1	1	0	2