**WEEKLY PLAN Target direct hours 14HRS week**

**W/C: 22/02/2021 NAME: Josh**

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| Day | Morning(a) | Afternoon(b) | Evening(c) | Remarks |
| Mon  22 | JN states that he doesn’t want to stick to plans therefore, a weekly planner will be made as the day progresses. JN wakes up after midday. | Supported to make lunch by staff 30 minutes planned the day | Supported to prepare and cook his dinner and clean after himself.Then later watched a movie with staff.1hrs  hrs | At first Josh didn't engaged. He picked it up at the end of the day.  Total HRS 1.30 |
| Tue  23 | sleeping until 12 midday | 1:1 direct hours for 30mins with Manager (Hazel)  Supported to call social worker  5 minutes | Talking therapy for 30mins with staff discussing house rules. Also 20 mins trying to do his CSCS card. | He managed to semi achieve one goal today.  Total hrs 1.25mins |
| Wed  24 | Was sleep till 12 midday | Refused to call Deliveroo today for his application update  Supported to prepare and cook his dinner and clean after himself. | The manager had 1;1 chat with JN regarding of having alcohol On the premise and the effect on his placement ( 1 :25) | JN refused to access help for substance missus  Total hrs 1:25 HRS |
| Thu  25 | Spent 30 minutes at 9.10 with Manager (Hazel) engaging and talking about sexual health and the need for him to engage with GUM clinic | 1:30 hrs of 1:1 with support checking the progress of his deliveroo application, followed by making a phone call.  Staff supported JN to make a GUM clinic appointment | Had a 1 HRS Taking therapy emphasis on good behavior  The trauma and challenges he has faced. | Josh was relaxed at the end of the day. He fully engaged today.  Total 3 hrs |
| Fri  26 | 30 mins of talking therapy with staff in regards of the guidelines they received, Supported to make lunch 30 minutes | Was supported to use the washing machine and the tumble dryer when he was doing his laundry and cleaned his room. 1.30 hrs | Supported to prepare ,cook dinner and wash after himself 1HR | Josh managed to do the house chores with a minimal support from staff.  Total 3.30 hrs |
| Sat  27 | Woke up mid day Supported to put laundry away 30 minutes | went out and came back at 1700 hrs | Supported by staff to prepare and make a curry dish dinner and washed after himself 2hr | Josh had 2hrs of direct support and was engaging.  Total 2 30 hrs |
| Sun  28 | Sleeping until 12.30 | accessed the community independent with another YP | Refused to engage with staff  1;1 30 with management regarding his behavior and the effect it has on his placement | total hrs 30 minutes  Total hrs  13.5 hrs |