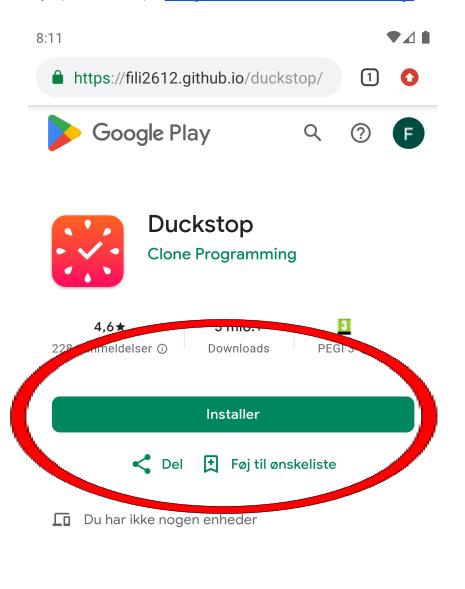
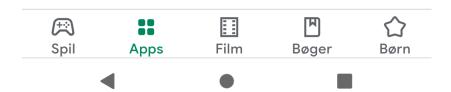
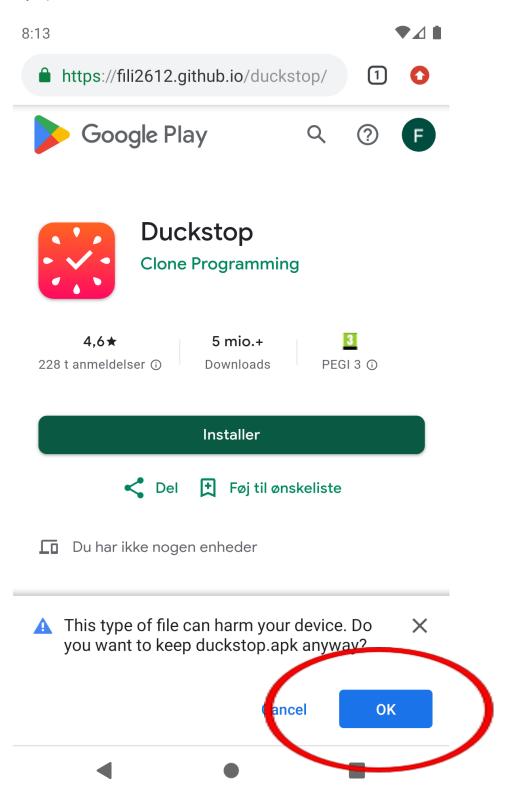
# Tryk på installer på <a href="https://lnk.dk/duckstop">https://lnk.dk/duckstop</a>

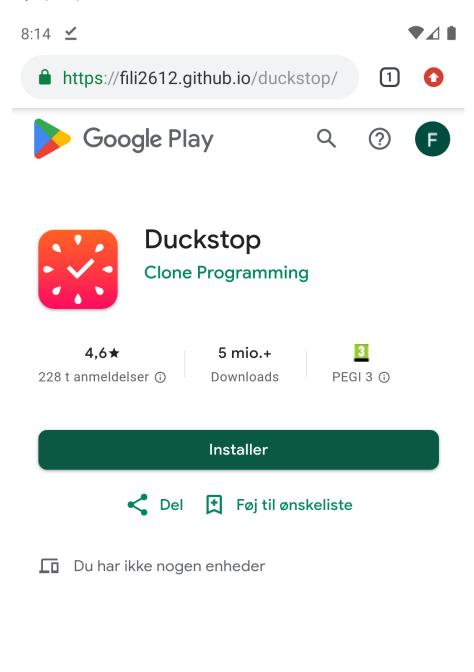


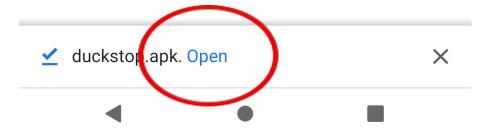


#### Tryk på ok

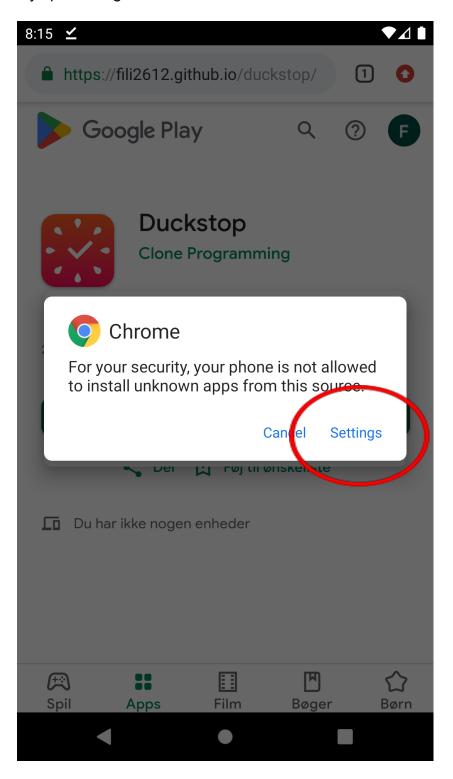


### Tryk på open

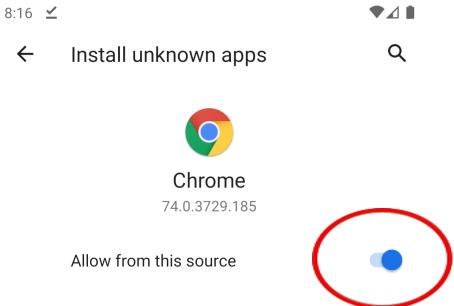




#### Tryk på Settings



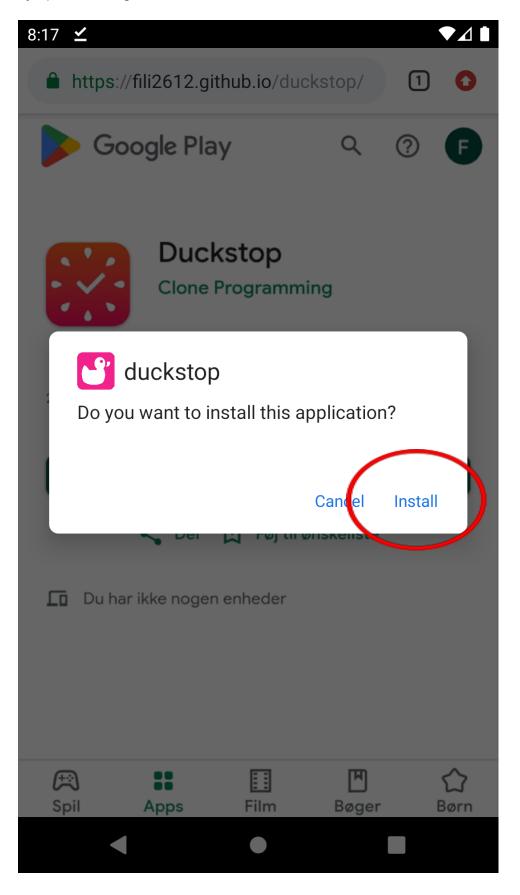
#### aktiver allow from this source og gå tilbage

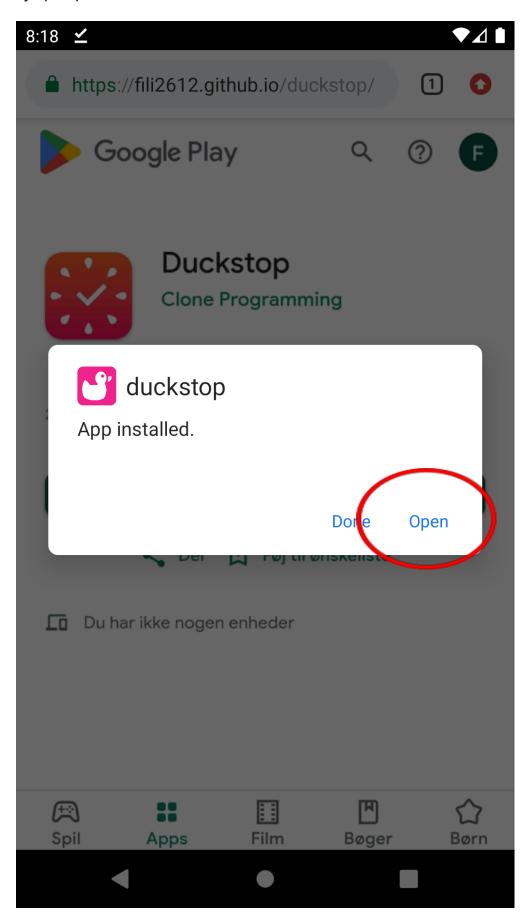


Your phone and personal data are more vulnerable to attack by unknown apps. By installing apps from this source, you agree that you are responsible for any damage to your phone or loss of data that may result from their use.

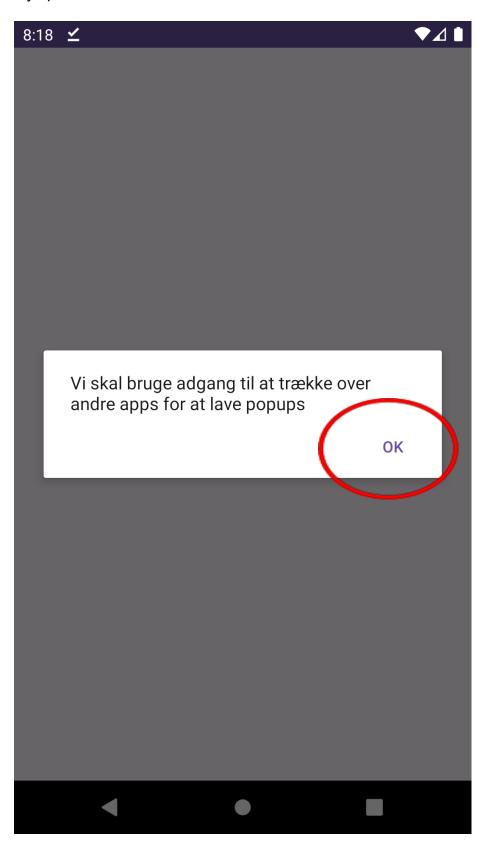


tryk på install og vent

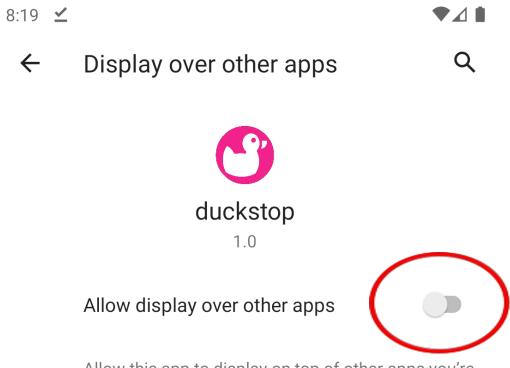




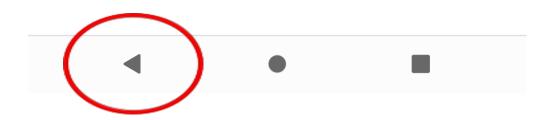
Tryk på ok



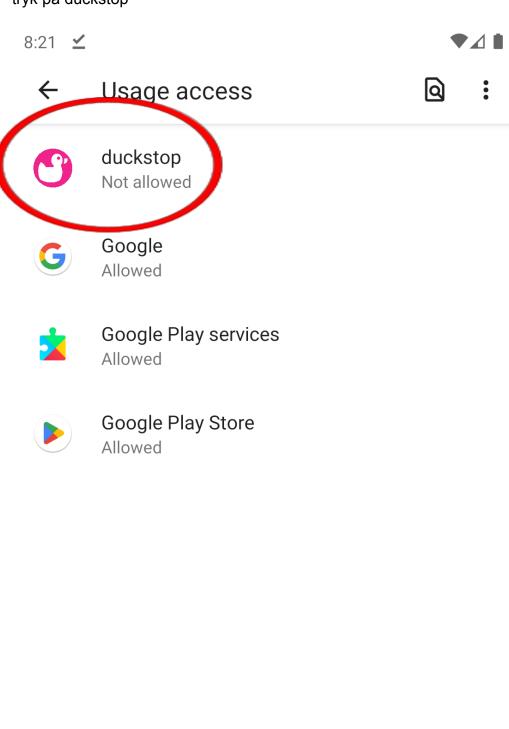
#### Aktiver Allow display over other apps og tryk derefter tryk tilbage



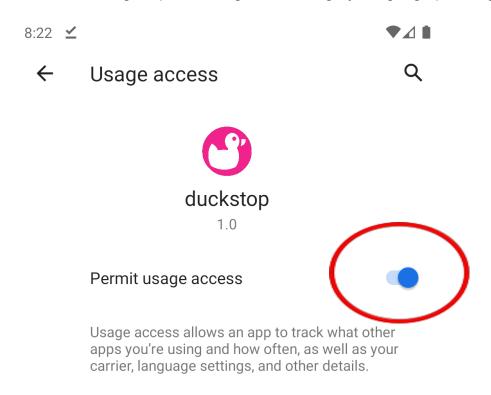
Allow this app to display on top of other apps you're using. It may interfere with your use of those apps or change the way they seem to appear or behave.



## tryk på duckstop



aktiver indstillingen "permit usage access" og tryk to gange på tilbage knappen

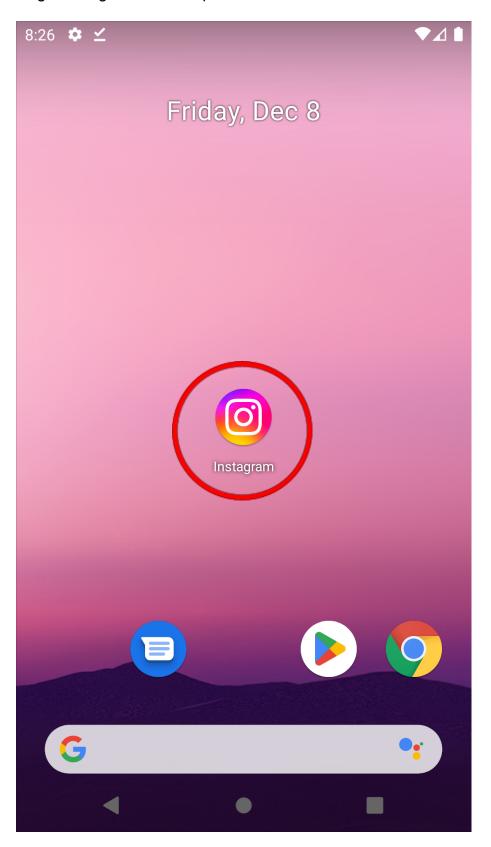




Så er du færdig, det næste er bare om hvordan appen virker:



Gå ind på en af de eftersete apps, Det er enten tiktok, snapchat eller instagram, vi bruger instagram til eksemplet



Vælg et antal minutter og tryk på start



Du kan nu frit bruge appen indtil tiden er gået hvor du bliver sendt ud af appen

