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# Getting primary care services under the Primary Care Plan

Find out how to get primary care services under the Primary Care Plan (PCP) and search the list of medical centres and clinics.

#### What services does PCP cover

PCP covers your eligible workers for primary care services such as:

- One statutory medical examination for work pass application or renewal.
- Unlimited consultations for acute conditions such as flu and fever, and chronic conditions such as hypertension and diabetes.
- One annual basic health screening for at-risk workers.
- · Telemedicine and medication delivery.
- Scheduled transportation to and from dormitories and <u>MOM</u> medical centres. This would be
  prioritised for workers who are reporting sick at MOM medical centres, and excludes routine
  specialist appointments.
- Ambulance or special transport services to other medical facilities (e.g. emergency department), if necessary.

Read the full list of services .

#### How to see a doctor under PCP

Eligible workers can seek medical attention via telemedicine or at medical centres.

### By telemedicine - video call a doctor

Appointments	Telemedicine is available 24 hours a day for non-urgent or after work hours consultations via  FWMOMCare.
	Find out how to make an appointment with the AO
How much the worker pays	\$2 (excluding GST) for each telemedicine service.

## By visiting a medical centre

Appointments	To see a doctor at a medical centre, your worker needs to do the following:  1. <b>Make an appointment</b> by calling the appointment hotline of a <u>medical</u> <u>centre</u> under their Anchor Operator.
	2. <b>Take the arranged transport</b> to the medical centre. If the worker is staying in a dormitory, the Anchor Operator will arrange for transport to take them from the dormitory to the medical centre and back.
	Note: Masks need to be worn at medical centres or GP clinics.
How much the worker pays	\$5 (excluding GST) for treatment at the medical centre.

Tip

Workers who are not covered under a PCP still have options for getting medical help.

### Find a medical centre

To find out which medical centres your worker can visit, select from the options below based on your worker's zone or the first 2 digits of their residential postal code.

Note: All medical centres are closed on public holidays. The types of medical centres include:

- Medical centres for migrant workers (MCMWs) in each zone
- On-site medical centres (OMCs)/Designated clinics in each zone
- · Designated clinics islandwide

Zone A: 01-10 / 15-25 / 28-37 / 40-41 / 57

Centre name	Zone	Address	Operating hours
StarMed Specialist Centre @ Farrer Park  MCMW	A	12 Farrer Park Station Road S(217565) Appointments and vaccinations: 9338 7492	Monday to Sunday: • 9.30am to 1.30pm • 2.30pm to 6.00pm • 6.30pm to 9.30pm
Stamford Medical Group Pte Ltd  OMC/Designated clinic	A	681 Race Course Road #01-303 S(210681)  No medical examinations	Monday to Friday  • 8.30am to 1.00pm  • 2.00pm to 5.00pm  Saturday: • 8.30am to 1.00pm  Sunday: closed
Stamford Medical Group Pte Ltd  OMC/Designated clinic	A	682 Race Course Road #01-325 S(210682)  No medical examinations	Monday to Friday  • 9.00am to 1.00pm  • 2.00pm to 6.00pm  Saturday: • 9.00am to 1.00pm  Sunday: closed

Zone B: 38-39 / 42-55 / 81-82

Centre name	Zone	Address	Operating hours
Medical Centre @ 63 Loyang Way <i>MCMW</i>	В	Medical Centre @ 63 Loyang Way 63 Loyang Way S(508753)  Appointments and vaccinations: 8720 8840	Monday to Sunday:  • 9.00am to 12.00pm  • 1.00pm to 4.00pm  • 5.00pm to 8.00pm
SATA Tampines Medical Centre  OMC/Designated clinic	В	5 Tampines Central 6 #01-01A Telepark Building S(529482)  No medical examinations	Monday to Friday:  • 8.30am to 12.30pm  • 1.30pm to 5.00pm  Saturday:  • 8.30am to 1.00pm Sunday: closed
SATA Potong Pasir Medical Centre  Designated clinic islandwide	A	1 Siang Kuang Avenue S(347919)  No medical examinations	Monday to Friday:  • 11.30am to 12.30pm  • 4.00pm to 5.00pm  Saturday:  • 8.30am to 1.00pm Sunday: closed
SATA Jurong Medical Centre  Designated clinic islandwide	F	135 Jurong Gateway Road #04-345 S(600135) No medical examinations	Monday to Friday:  • 11.30am to 12.30pm  • 4.00pm to 5.00pm  Saturday:  • 12.00pm to 1.00pm Sunday: closed

Zone C: 56 / 74-80

Centre name	Zone	Address	Operating hours
Woodlands Recreation Centre  MCMW	С	Woodlands Recreation Centre 200 Woodlands Industrial Park E7 S(757177)  Appointments: 9632 0316 Vaccinations: 8720 8806	Monday to Sunday:  • 9.00am to 12.00pm  • 1.00pm to 4.00pm  • 5.00pm to 8.00pm
PPT Lodge 1B  OMC/Designated clinic	С	PPT Lodge 1B 2 Seletar North Link S(797601)  Only for dorm residents	Monday to Sunday:  • 9.00am to 12.00pm  • 1.00pm to 4.00pm  • 5.00pm to 8.00pm
SATA Ang Mo Kio Medical Centre  OMC/Designated clinic	С	715 Ang Mo Kio Avenue 6 #01- 4008/4010 S(560715) No medical examinations	Monday to Friday:  • 8.30am to 12.30pm  • 1.30pm to 5.00pm  Saturday:  • 8.30am to 1.00pm  Sunday: closed
SATA Potong Pasir Medical Centre Designated clinic islandwide	A	1 Siang Kuang Avenue S(347919)  No medical examinations	Monday to Friday:  • 11.30am to 12.30pm  • 4.00pm to 5.00pm  Saturday:  • 12.00pm to 1.00pm  Sunday: closed
SATA Jurong Medical Centre  Designated clinic islandwide	F	135 Jurong Gateway Road #04-345 S(600135) No medical examinations	Monday to Friday:  11.30am to 12.30pm  4.00pm to 5.00pm

10/18/23, 10:49 AM	Getting primary care services under the Pri	mary Care Plan
		Saturday: • 12.00pm to 1.00pm Sunday: closed

Zone D: 69-73

Centre name	Zone	Address	Operating hours
Woodlands Recreation Centre  MCMW	D	Woodlands Recreation Centre 200 Woodlands Industrial Park E7 S(757177)  Appointments: 9632 0316 Vaccinations: 8720 8806	Monday to Sunday:  • 9.00am to 12.00pm  • 1.00pm to 4.00pm  • 5.00pm to 8.00pm
PPT Lodge 1B  OMC/Designated clinic	D	PPT Lodge 1B 2 Seletar North Link S(797601)  Only for dorm residents	Monday to Sunday:  • 9.00am to 12.00pm  • 1.00pm to 4.00pm  • 5.00pm to 8.00pm
SATA Ang Mo Kio Medical Centre OMC/Designated clinic	D	715 Ang Mo Kio Avenue 6 #01- 4008/4010 S(560715) <b>No medical examinations</b>	Monday to Friday:  • 8.30am to 12.30pm  • 1.30pm to 5.00pm  Saturday:  • 8.30am to 1.00pm Sunday: closed
SATA Potong Pasir Medical Centre Designated clinic islandwide	A	1 Siang Kuang Avenue S(347919)  No medical examinations	Monday to Friday:  • 11.30am to 12.30pm  • 4.00pm to 5.00pm  Saturday:  • 12.00pm to 1.00pm  Sunday: closed
SATA Jurong Medical Centre  Designated clinic islandwide	F	135 Jurong Gateway Road #04-345 S(600135) No medical examinations	Monday to Friday:  11.30am to 12.30pm  4.00pm to 5.00pm

10/18/23, 10:49 AM	Gettir	ng primary care services under the Prim	ary Care Plan
			Saturday: • 12.00pm to 1.00pm Sunday: closed

Zone E: 62 / 63

Centre name	Zone	Address	Operating hours
Medical Centre @ 47 Gul Circle MCMW	E	47 Gul Circle S(629580) Appointments: 8938 4852 Vaccinations: 8487 0867	Monday to Friday:  • 9.30am to 12.30pm  • 1.30pm to 5.00p.  • 6.00pm to 9.00pm  Saturday to Sunday:  • 1.30pm to 5.00pm  • 6.00pm to 9.00pm
CDPL Tuas Dormitory  OMC/Designated clinic	E	6 Tuas South Street 15 S(636906)  Only for dorm residents  Appointments: 9821 9907	Monday to Friday:  • 9.30am to 12.30pm  • 1.30pm to 6.00pm  Saturday to Sunday:  • 9.30am to 12.30pm  • 1.30pm to 6.00pm
Tuas View Dormitory  OMC/Designated clinic	Е	70 Tuas South Avenue 1 S(637285) Only for dorm residents  No medical examinations Appointments: 8938 4829	Monday to Friday: • 9.30am to 6.00pm  Saturday to Sunday: • 9.30am to 12.30pm • 1.30pm to 6.00pm
Fullerton Health @ 78 Shenton Way Designated clinic islandwide	A	78 Shenton Way, #04-01 S(079120) No medical examinations	Monday to Friday:  • 8.30am to 1.00pm  • 2.00pm to 5.00pm  Saturday:  • 8.30am to 1.00pm  Sunday: closed
Fullerton Health @ Changi City Point  Designated clinic islandwide	В	5 Changi Business Park Central 1 B1-14/15, Changi City S(486038)  No medical examinations	Monday to Friday:  • 12.30pm to  5.30pm  Saturday to Sunday: closed

Fullerton Health @ Jurong Point	F	1 Jurong West Central 2 #B1-A19B, Jurong Point S(648886)	Monday to Friday:  • 8.30am to 6.00pm
Designated clinic islandwide		No medical examinations	Saturday:  • 8.30am to 1.00pr Sunday: closed

Zone F: 11-14 / 26-27 / 58-61 / 64-68

Centre name	Zone	Address	Operating hours
Penjuru Recreation Centre	F	27 Penjuru Walk S(608538)	Monday to Friday (excluding Thursday):  • 9.00am to 1.00pm
MCMW		Appointments and vaccinations: 9173 8567	<ul><li>2.00pm to 5.00pm</li><li>6.00pm to 9.00pm</li></ul>
			Thursday: • 9.00am to 1.00pm • 6.00pm to 9.00pm
			Saturday to Sunday: • 9.00am to 1.00pm • 2.00pm to 5.00pm
AcuMed (Boon Lay)  OMC/Designated clinic	F	301 Boon Lay Way #01-18/1, Boon Lay MRT S(649846)	Monday to Friday:  • 8.00am to 1.00pm  • 1.30pm to 5.00pm
-		No medical examinations	• 5.30pm to 9.00pm
			Saturday: • 6.00pm to 9.00pm
			Sunday or public holidays:  • 9.00am to 1.00pm
AcuMed (Taman Jurong)  OMC/Designated clinic	F	64 Yung Kuang Road #01- 107/111 S(610064) No medical examinations	<ul> <li>6.00pm to 9.00pm</li> <li>Monday to Friday:</li> <li>8.00am to 1.00pm</li> <li>2.00pm to 5.00pm</li> <li>6.00pm to 9.00pm</li> </ul>
			Saturday:  • 8.30am to 1.00pm  • 1.30pm to 5.00pm
			Sunday or public holidays: • 9.00am to 12.00pm