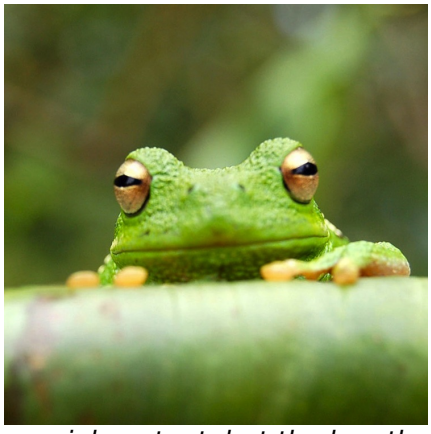
Bodies in Concert: Performer summary

Frog eats monkey



Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

Monkey eats elephant

by F. Wenneker

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language. Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

Elephant eats frog

by J. Doe

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

Hello, here is some text without a meaning. This text should show what a printed text will look like at this place. If you read this text, you will get no information. Really? Is there no information? Is there a difference between this text and some nonsense like “Huardest gefburn”? Kjift – not at all! A blind text like this gives you information about the selected font, how the letters are written and an impression of the look. This text should contain all letters of the alphabet and it should be written in of the original language. There is no need for special content, but the length of words should match the language.

Holmenkollen 2023 relay Physio report

Wednesday 24th May, 2023

Relay Race participation

Alexander Jenseniuns wore an Equivital monitor vest while participated in Holmenkollen 2023 for RITMO, running leg 1: Louisesgate. Alexanders run time was 245.0 s over 1100 m. This report shares some views of his physiological state before, during and after running.

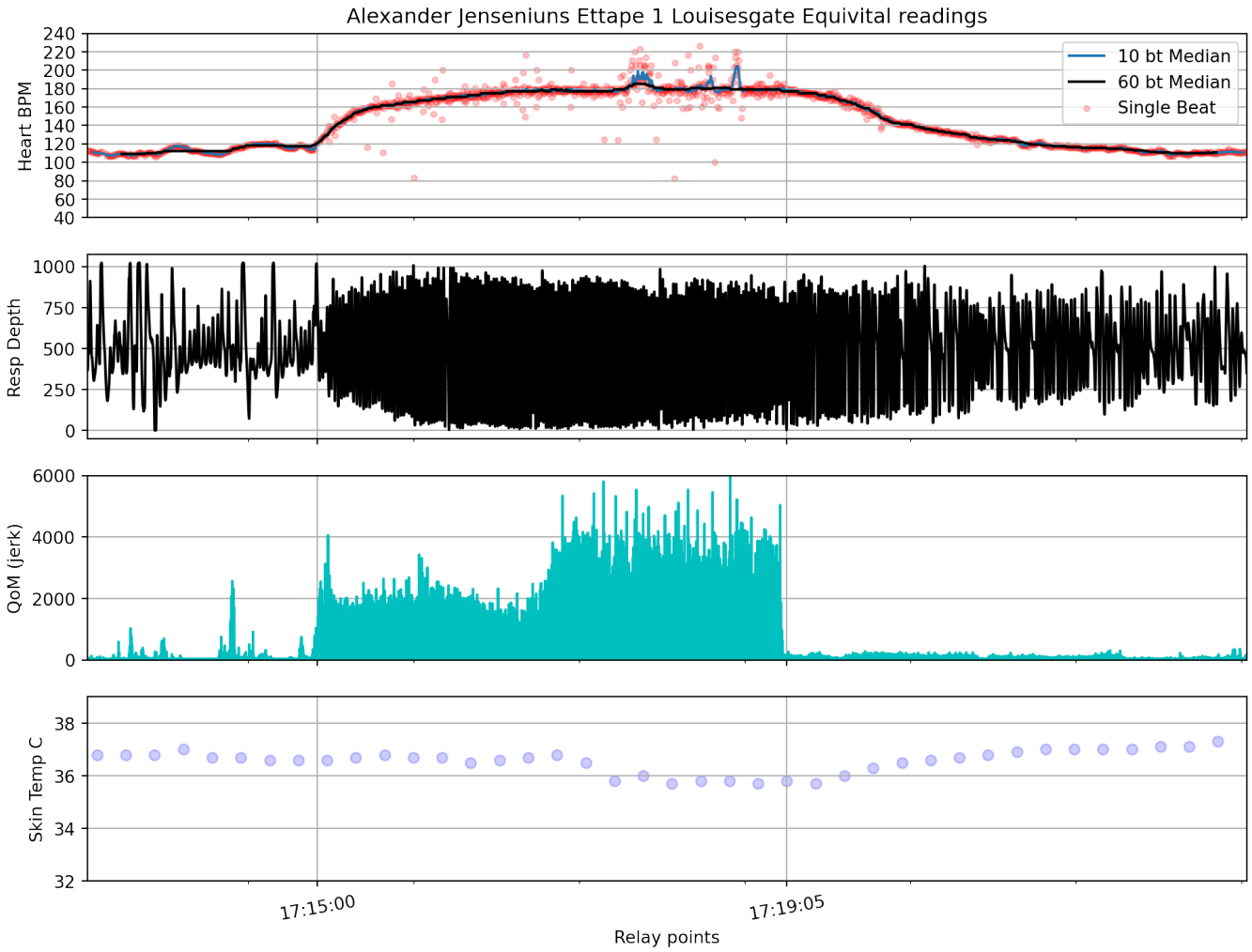


Figure 1: Heart Rate, Respiration wave, Quantity of Motion, and Skin tempurature around the time Alexander was running. Was there some kind of disruption from 17:17:20?

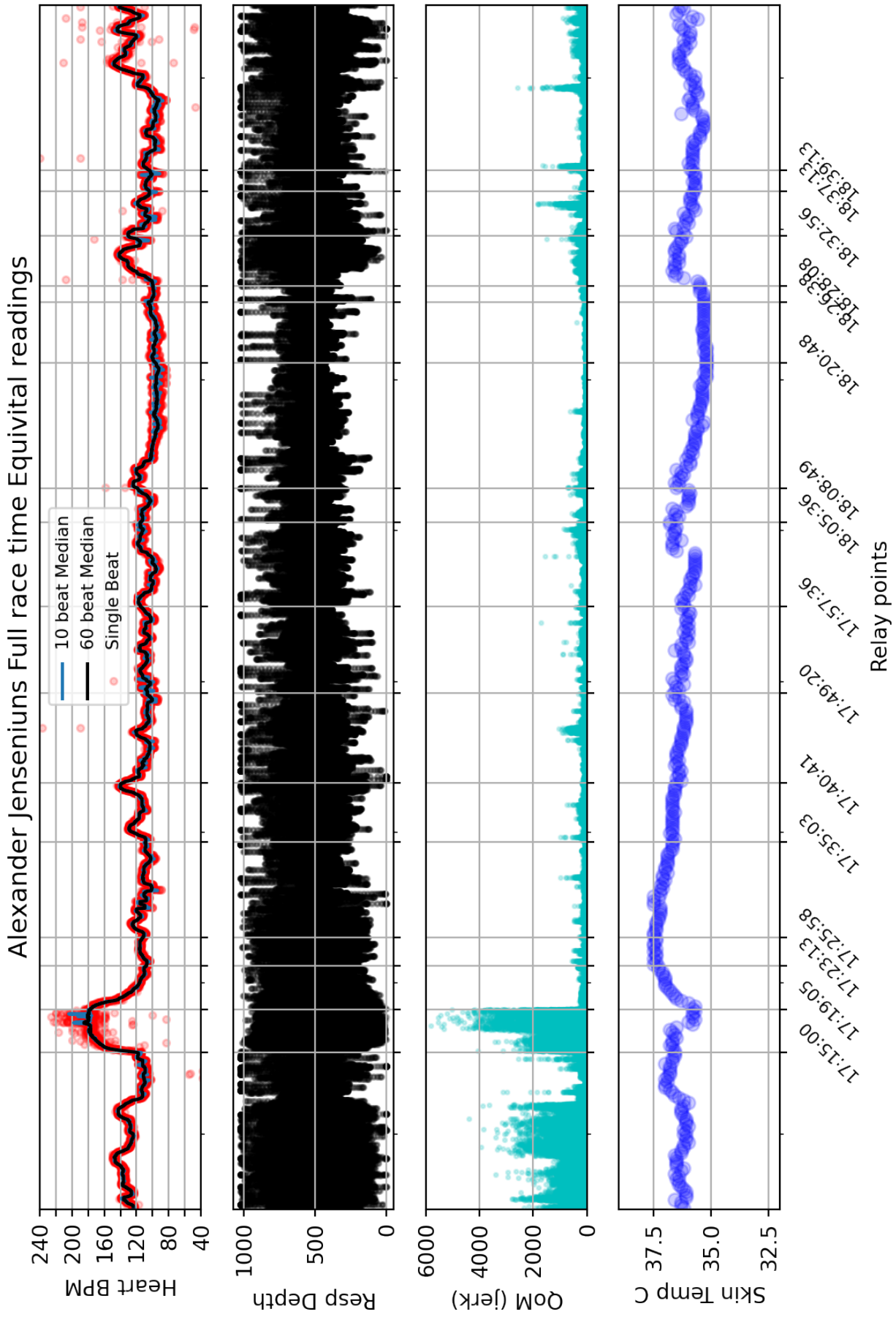


Figure 2: For reference, the same measurements over the full duration of the relay race. Notice the temperature rise after the interval of running.

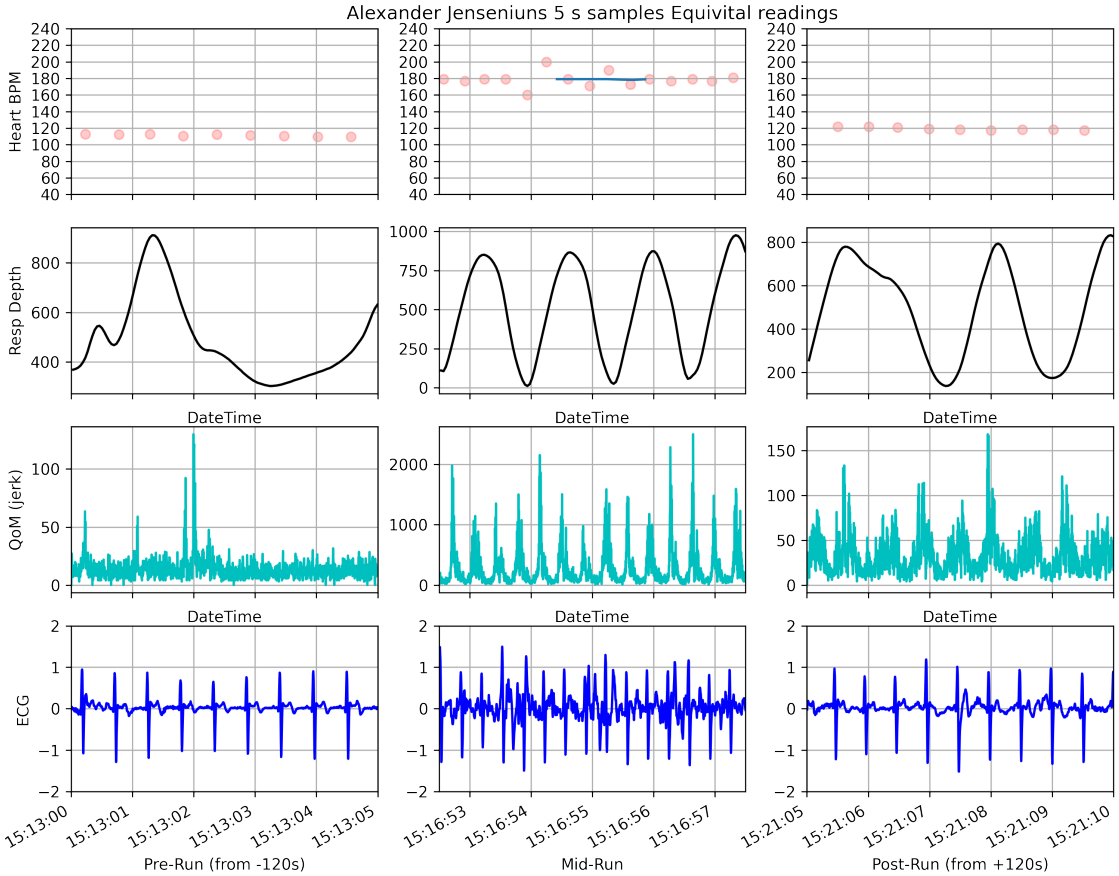


Figure 3: To display more clearly the behaviour of these signals in different stats, 5 s samples of raw signals before, during and after his leg. Notice the changing yaxes on respiration and quantity of motion. This pre-run intervals shows typical irregular respiration, the midrun shows manageable noise in the ECG signal. Slower step rate and respiration rate post-run, while still breathing deeply.

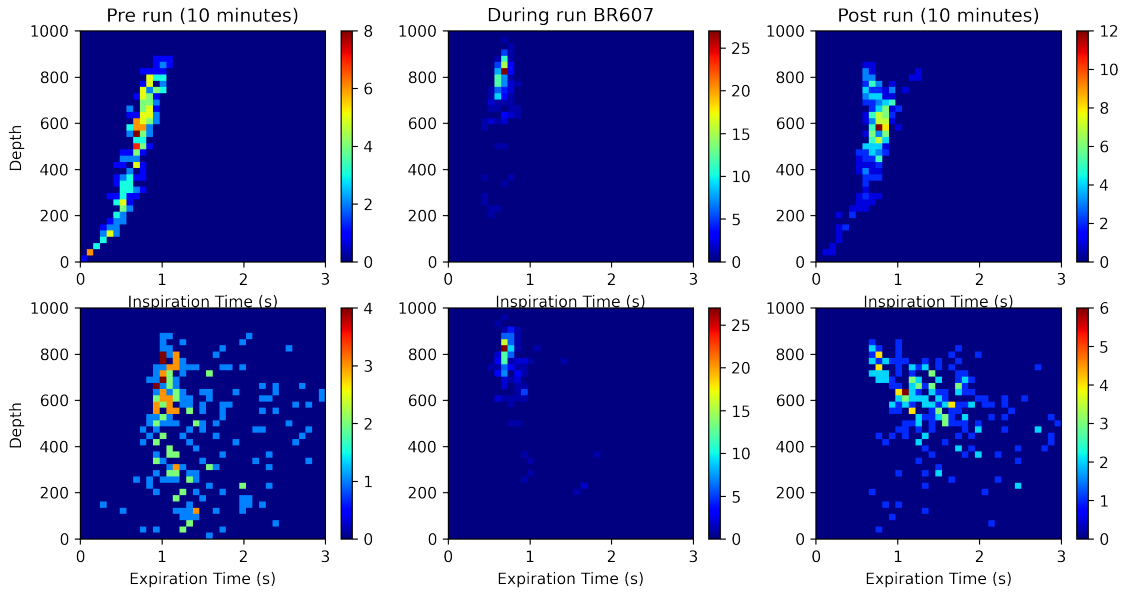


Figure 4: Distributions of Inspiration and Expirations times against depths before, during, and after running. Inspiration/Expiration ratio per breath distinguishes mode of respiration: Before the run, inspiration time is much shorter than irregularly timed expirations. During running, inspiration and expiration are almost even while ventilation is maximised. After the run, inspirations are longer but more stable as breathing continues to be deeper in cool down while expirations slow again.