

# What do we really mean by myocardial stiffness?

A modeler's perspective

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**simula**

# Where can you find the slides?

[bit.ly/norheart2021\\_myocardial\\_stiffness](https://bit.ly/norheart2021_myocardial_stiffness)

# Disclaimer

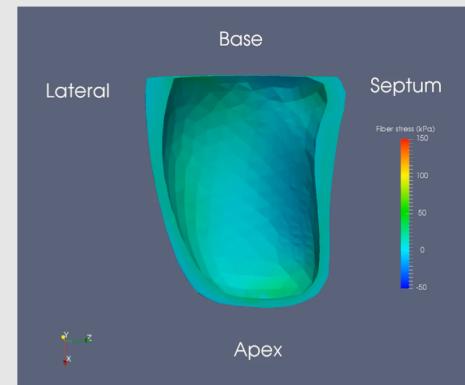
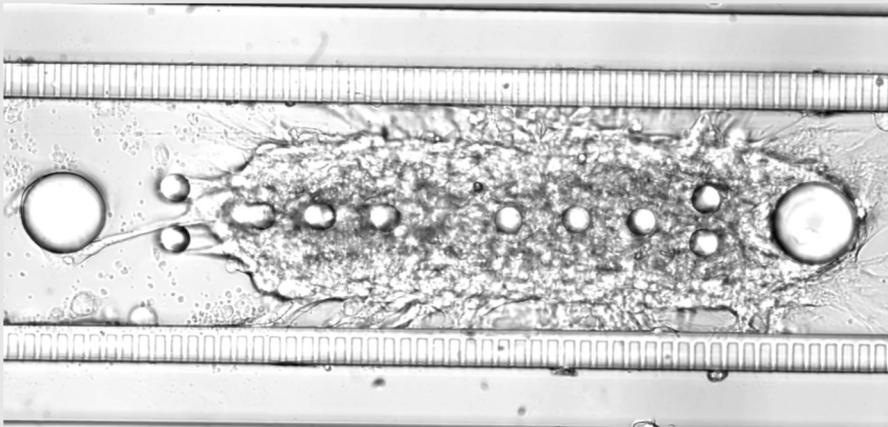
*I am a mathematician, not a physician*

# Who am I?

- 2014 - Master of Science / Master in Applied and Engineering Mathematics (NTNU / DTU)
- 2017 - PhD Scientific Computing (Simula / UiO)  
*Patient Specific Computational Modeling of Cardiac Mechanics*
- Present – Senior Research Engineer  
*Identifying drug effects in Heart-on-chip systems*



Department of Computational Physiology

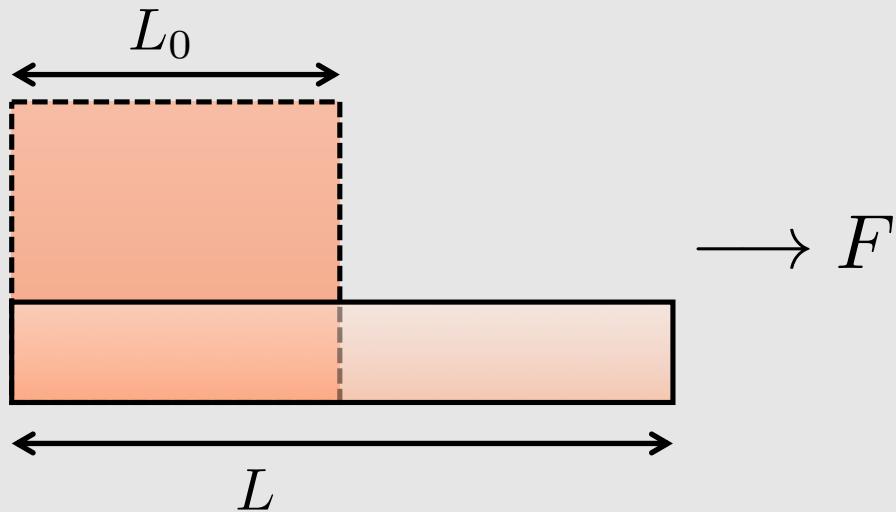


# Goal for the talk today

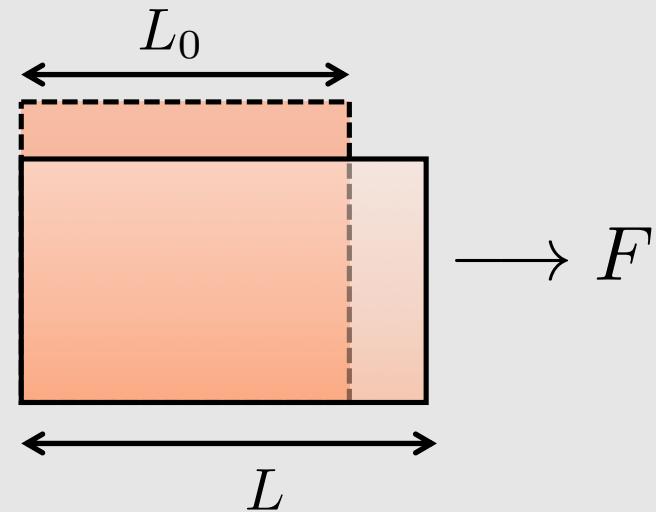
- What do we mean by stiffness?
- How can we model the passive myocardium?
- How can we use models to estimate passive properties of the myocardium?

# Stiffer material requires higher force / stress to stretch the material

Soft material



Stiff material



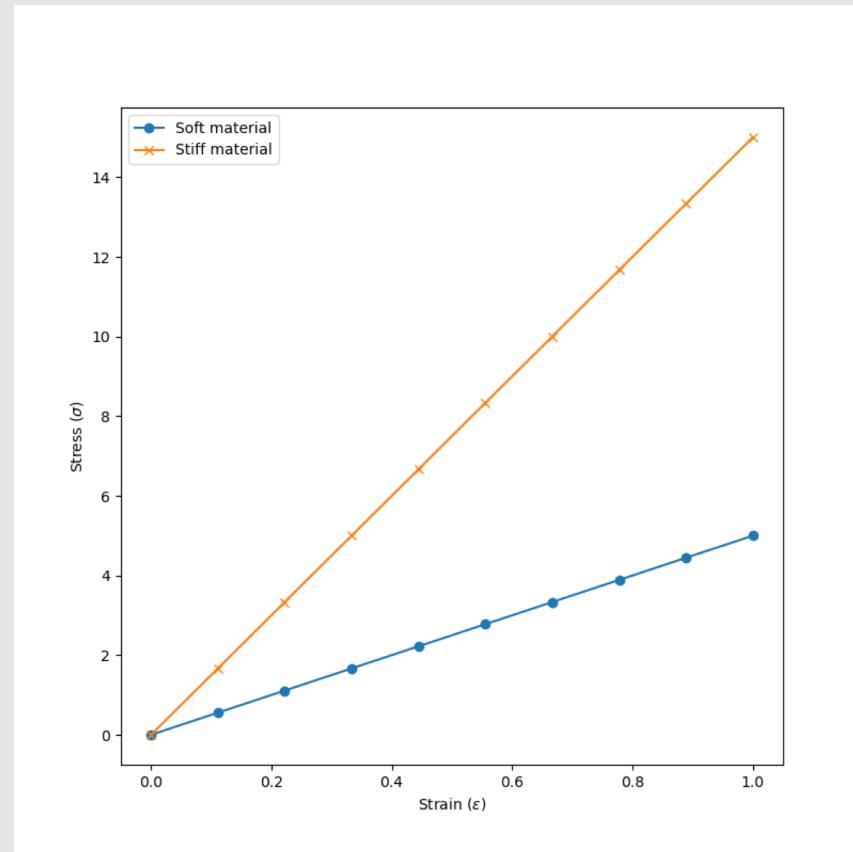
# Stress is related to strain through a constitutive law

Stress:  $\sigma = \frac{F}{A}$

Strain:  $\varepsilon = \frac{L - L_0}{L_0}$

Constitutive relation:  $\sigma = D\varepsilon$

Stiffness / Youngs Modulus

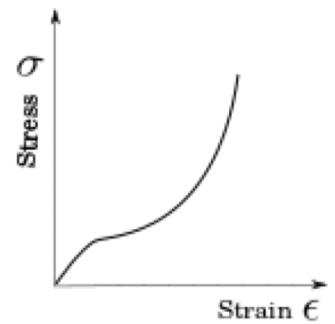


# Different materials have different constitutive laws

Rubber



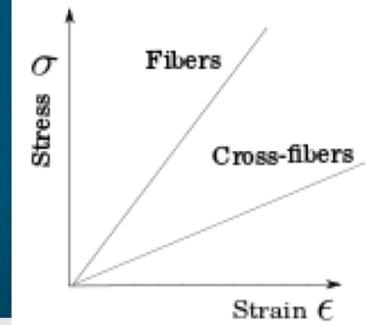
Nonlinear isotropic



Fiber reinforced concrete



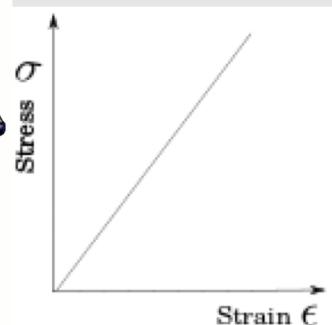
Linear anisotropic



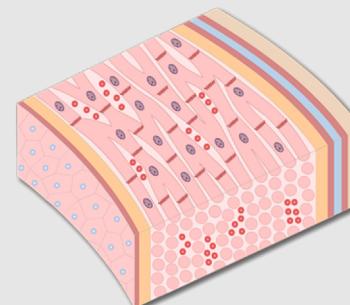
Steel



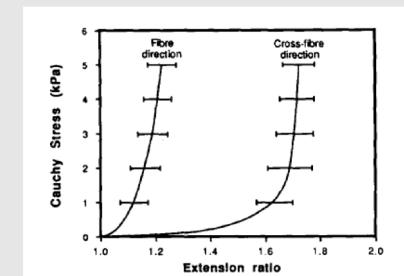
Linear isotropic



Myocardium

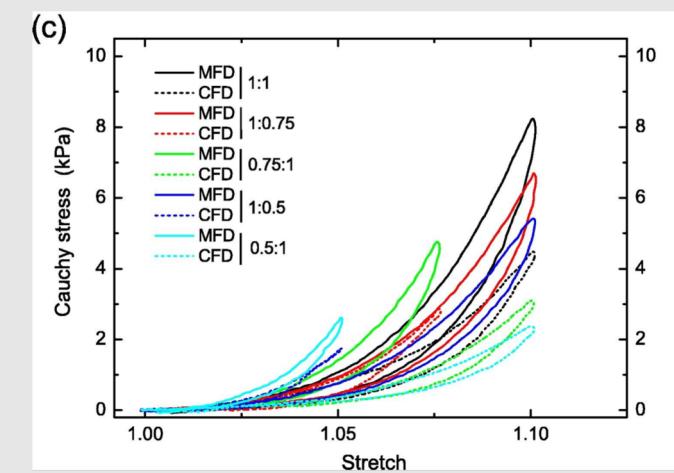
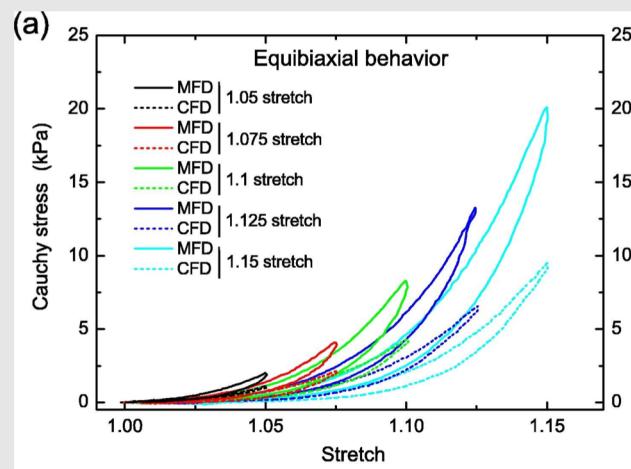
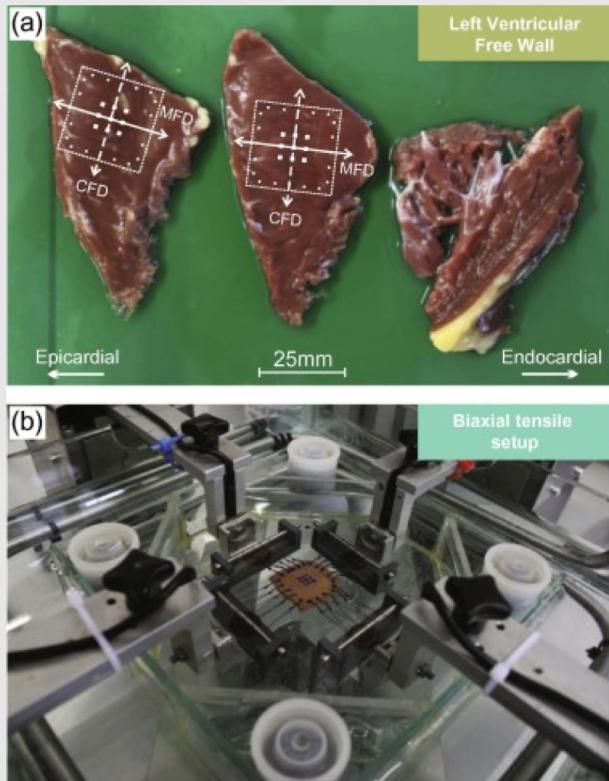


Nonlinear anisotropic



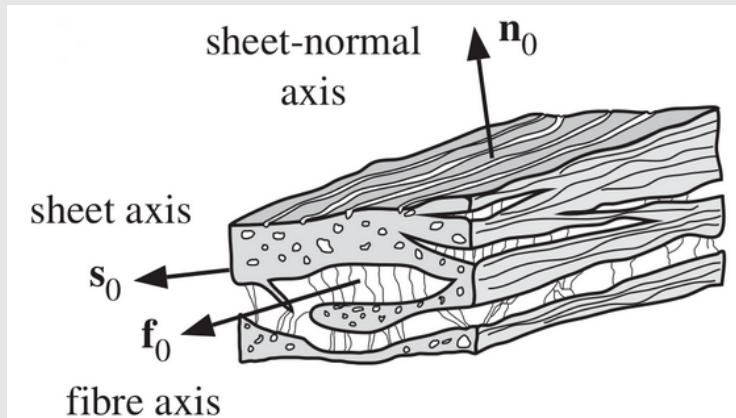
Hunter, P.J. and Smaill, B.H., 1988. The analysis of cardiac function: a continuum approach. *Progress in biophysics and molecular biology*, 52(2), pp.101-164.a

# Material properties can be assessed through biaxial experiments

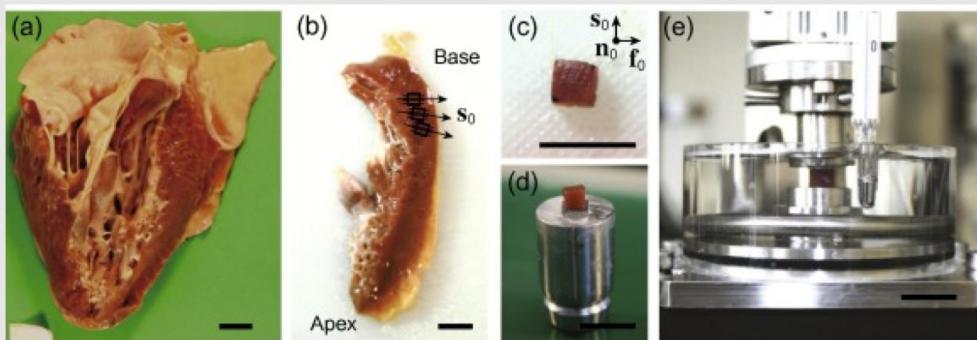
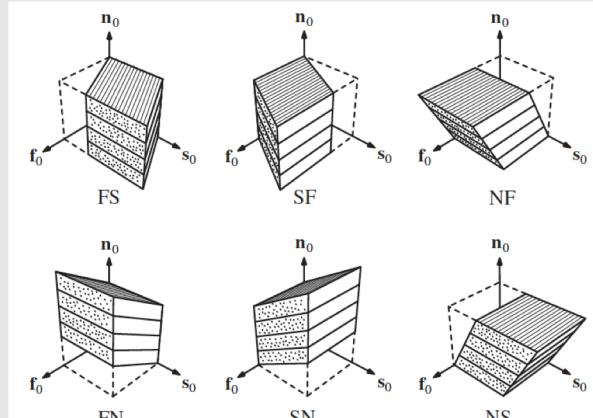


Sommer, G., Schriefl, A.J., Andrä, M., Sacherer, M., Vierthaler, C., Wolinski, H. and Holzapfel, G.A., 2015. Biomechanical properties and microstructure of human ventricular myocardium. *Acta biomaterialia*, 24, pp.172-192.

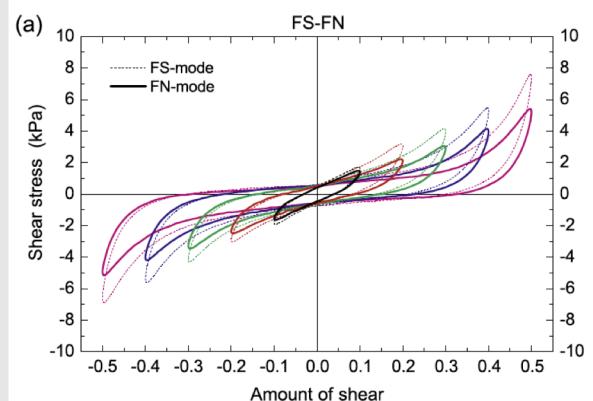
# Today experimental data suggests that the myocardium is orthotropic



Holzapfel, G.A. and Ogden, R.W., 2009. Constitutive modelling of passive myocardium: a structurally based framework for material characterization. *Philosophical Transactions of the Royal Society of London A: Mathematical, Physical and Engineering Sciences*, 367(1902), pp.3445-3475.



Sommer, G. et. al, 2015. Biomechanical properties and microstructure of human ventricular myocardium. *Acta biomaterialia*, 24, pp.172-192.



# To capture anisotropy of the myocardium, more complex models has to be employed

$$\Psi =$$

Contribution from

Extracellular matrix

+ Contribution from

Fibers

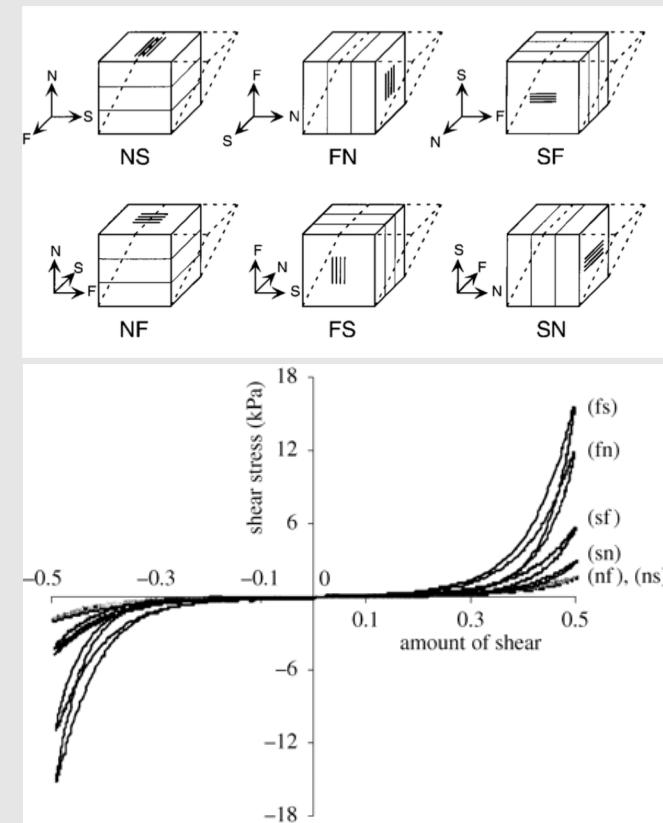
+ Contribution from

Sheets

+ Contribution from

Angle between  
fibers and sheets

$$\sigma = J^{-1} \frac{\partial \Psi}{\partial \mathbf{F}} \mathbf{F}^T$$



Dokos, S. et. al, 2002. Shear properties of passive ventricular myocardium. American Journal of Physiology-Heart and Circulatory Physiology, 283(6), pp.H2650-H2659.

# How to interpret the parameters?

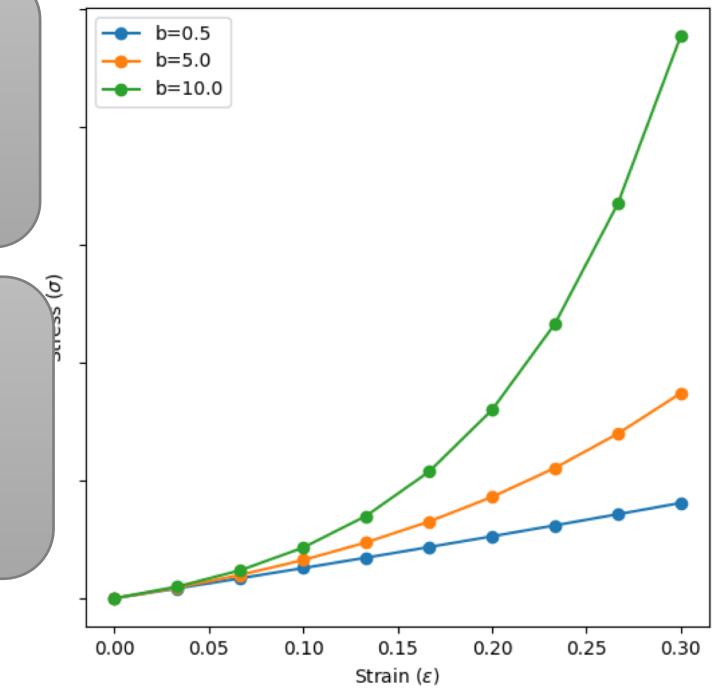
Strain

$$\Psi = \frac{a}{2b} \left( e^{b(I_1 - 3)} - 1 \right)$$

↑ a : Material is stiffer  
↓ a : Material is softer

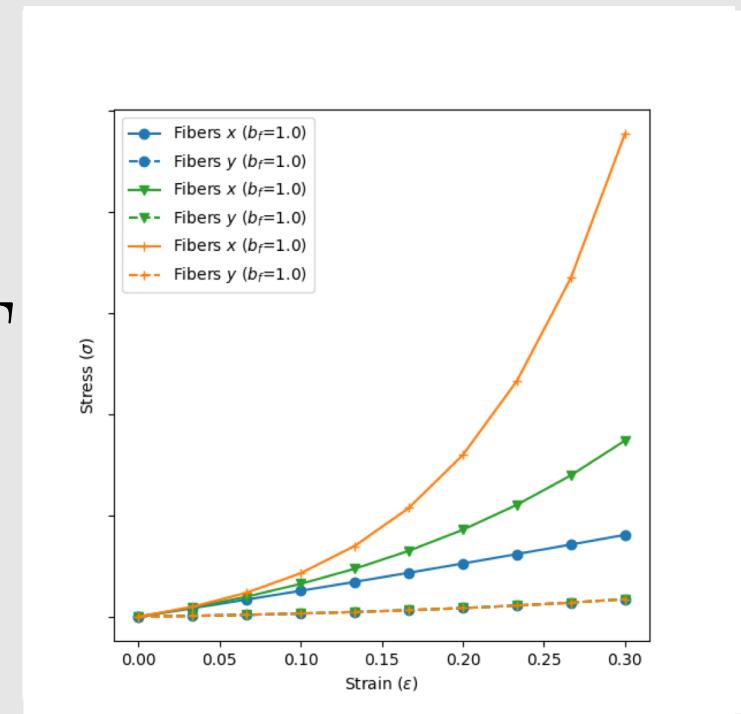
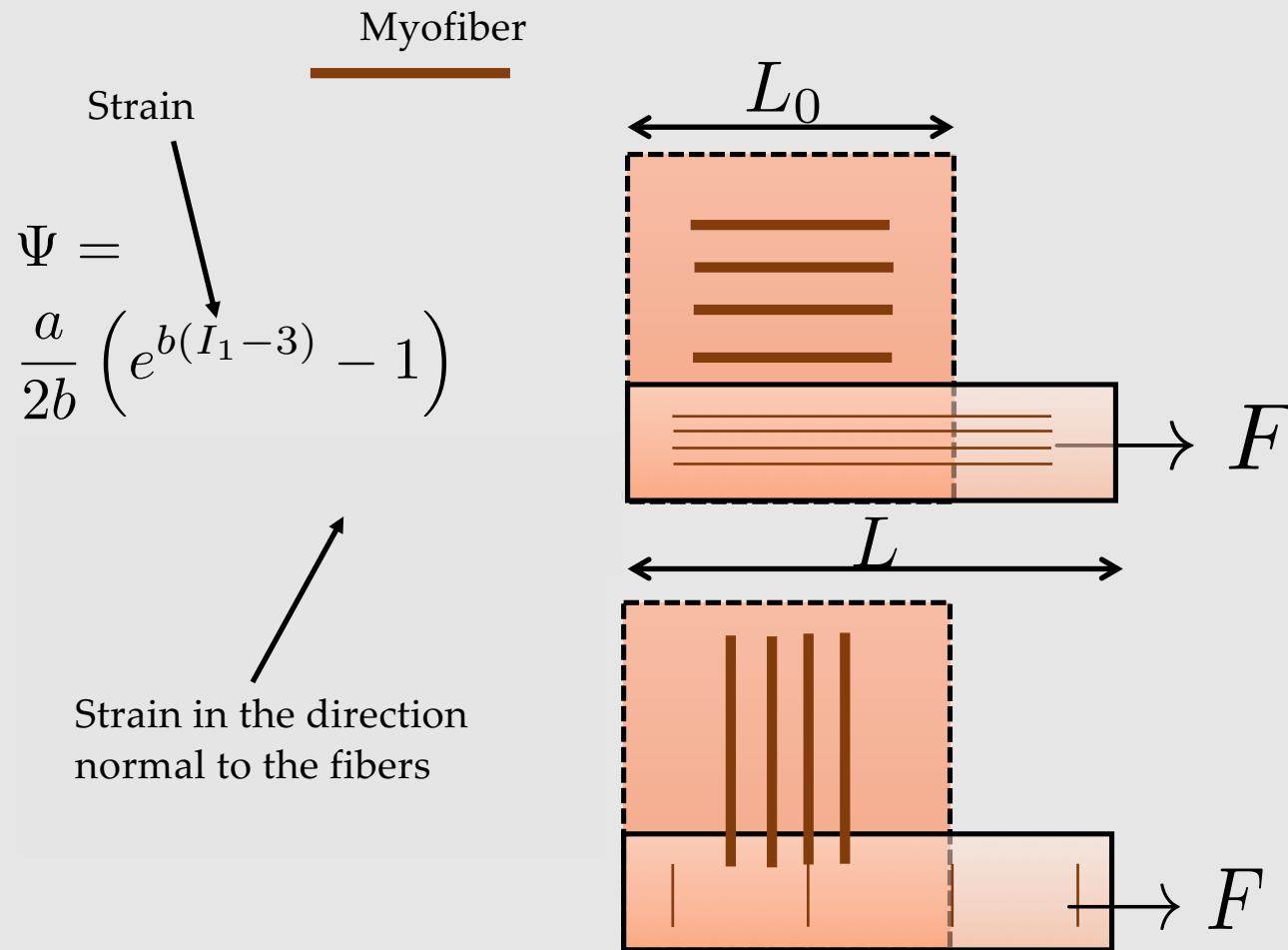
↑ b : Material is more non-linear  
↓ b : Material is more linear

A

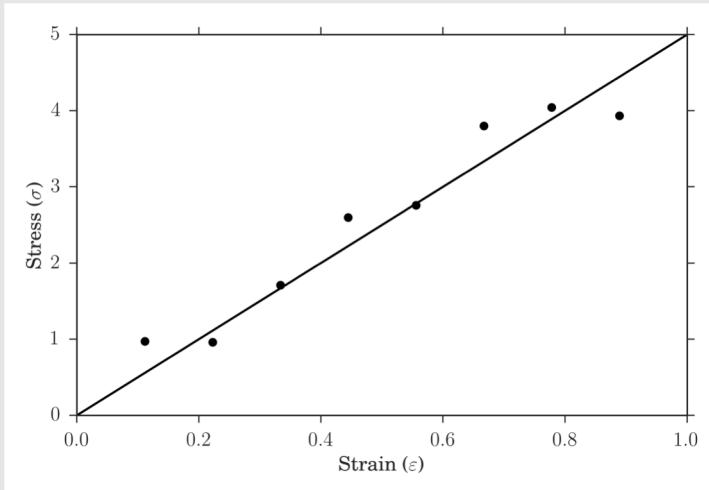


Strain:  $\varepsilon = \frac{L - L_0}{L_0}$

# What about the microstructure?



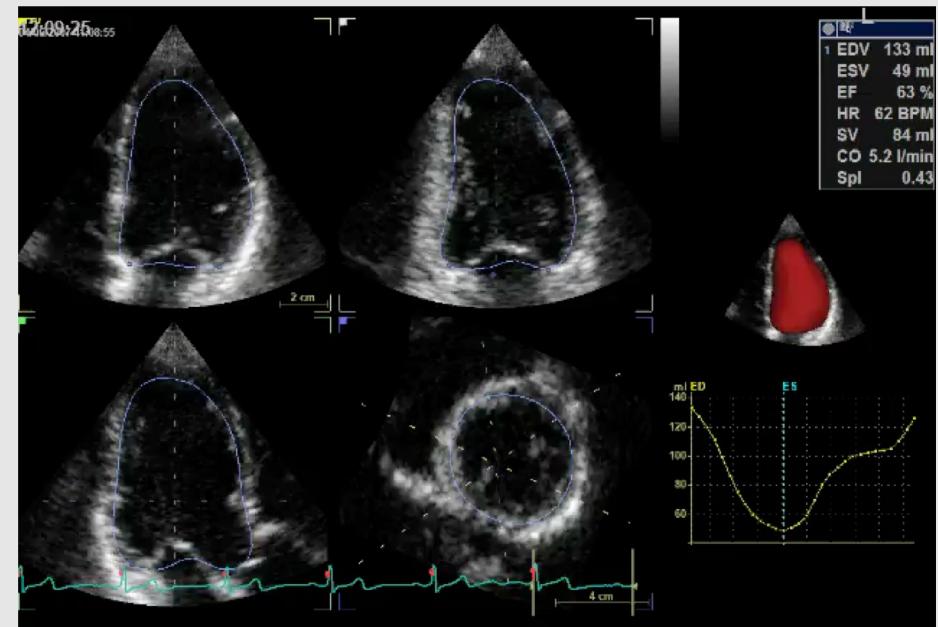
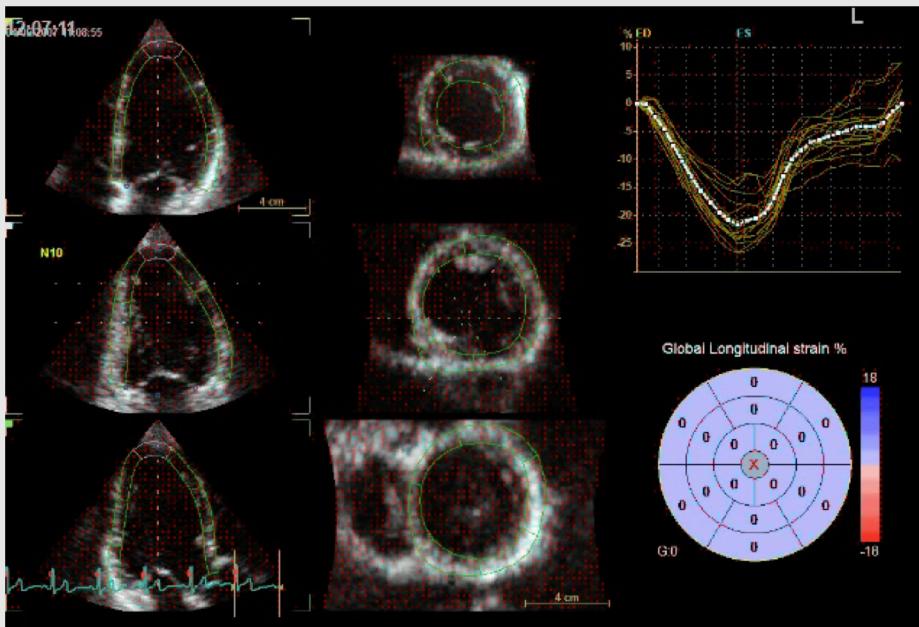
In order to estimate the stiffness of the material we need to cut out a piece of tissue and perform stress-strain experiments



Or is there another way?

$$\sigma = D\varepsilon$$

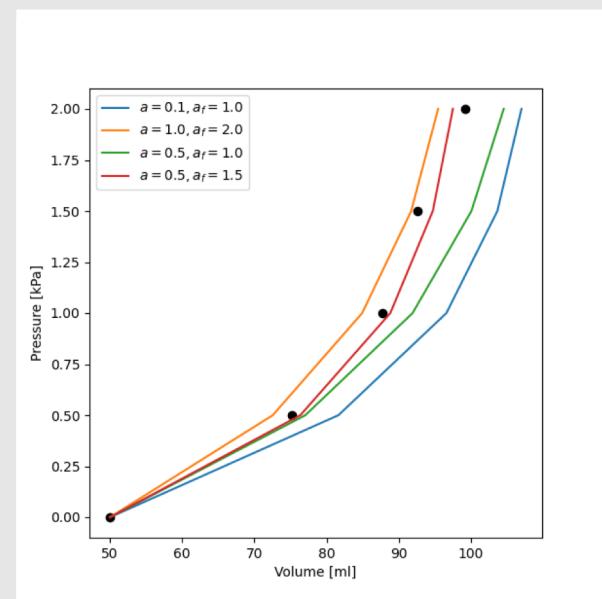
# How can we use these models when we don't have access to the data that we need?



# Data assimilation is a technique for estimating parameters based on clinical observations

Assume this relation

$$\begin{aligned}\Psi = & \frac{a}{2b} \left( e^{b(I_1 - 3)} - 1 \right) \\ & + \frac{a_f}{2b_f} \left( e^{b_f(I_{4f} - 1)^2} - 1 \right)\end{aligned}$$



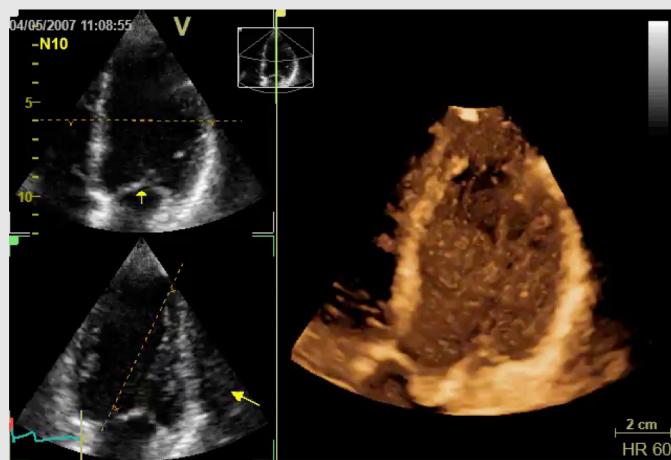
minimize :  $(\text{observations} - \text{simulations})^2$

subject to : Newton's laws should hold

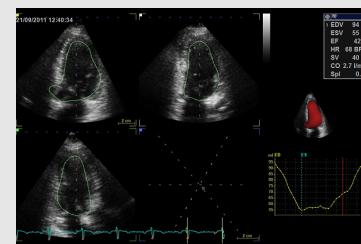
$$\nabla \cdot \sigma = 0 \quad \sigma = J^{-1} \frac{\partial \Psi}{\partial \mathbf{F}} \mathbf{F}^T$$

# Applications

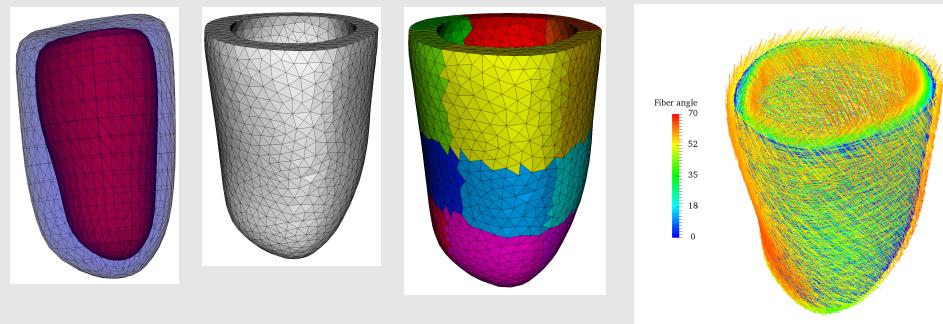
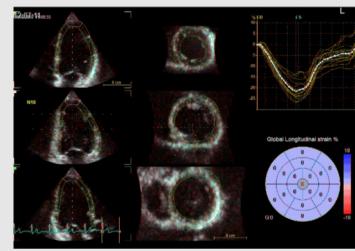
# Model creation from medical images



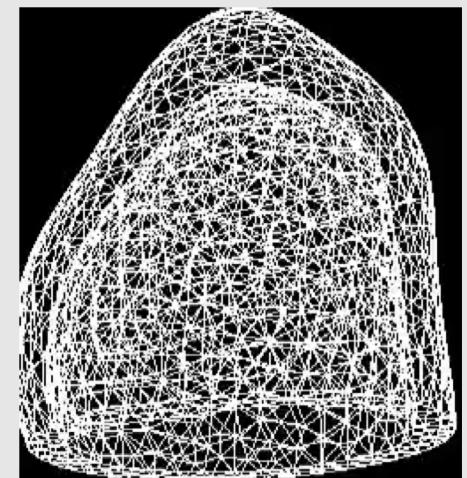
Volume



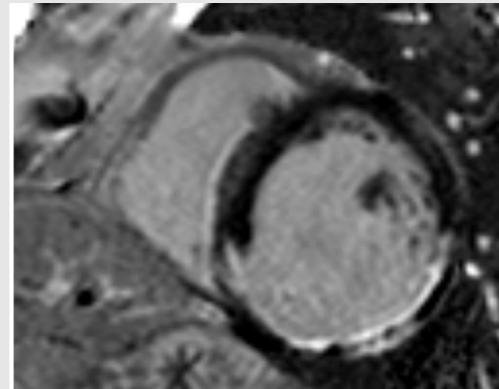
Regional strain



Rule-based fibers  
(or DT-MRI)



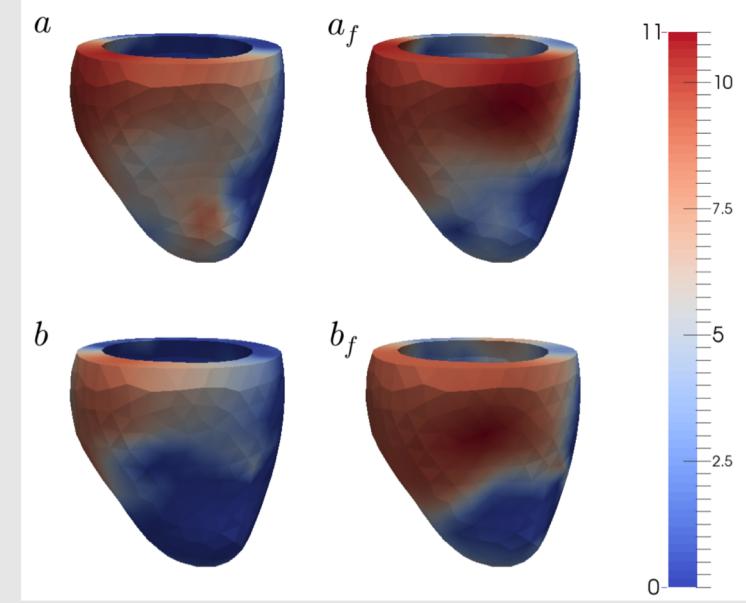
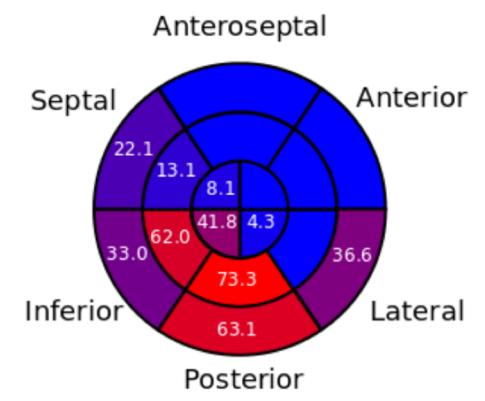
# Estimation of tissue stiffness



$$\Psi = \frac{a}{2b} \left( e^{b(I_1 - 3)} - 1 \right) \quad \text{Extracellular matrix}$$

$$+ \frac{a_f}{2b_f} \left( e^{b_f(I_{4f} - 1)^2} - 1 \right) \quad \text{Fibers}$$

Myocardial Scar



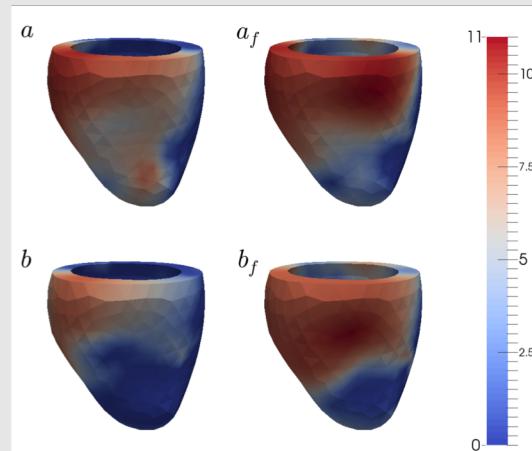
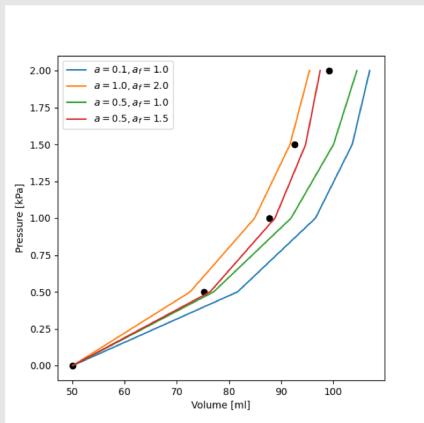
Balaban, G., Finsberg, H., Funke, S., Håland, T. F., Hopp, E., Sundnes, J., ... & Rognes, M. E. (2018). In vivo estimation of elastic heterogeneity in an infarcted human heart. *Biomechanics and modeling in mechanobiology*, 17(5), 1317-1329.

# Summary

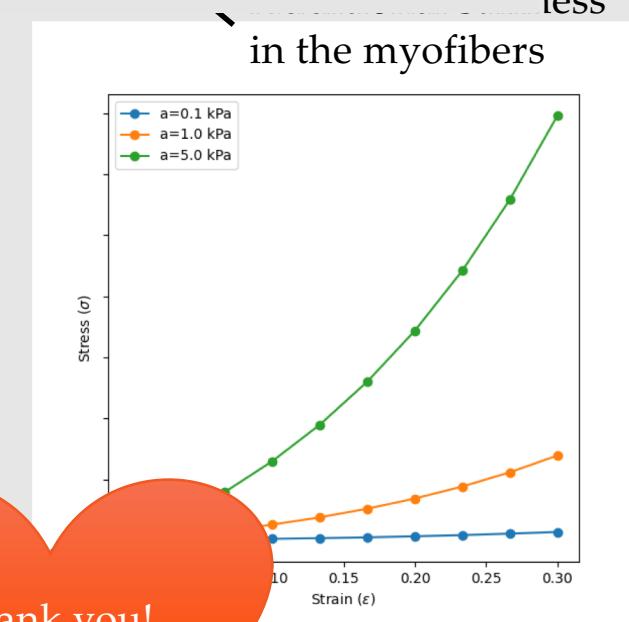
- What do we mean by stiffness?
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Stiffness of the extracellular matrix

$$\Psi = \frac{a}{2b} \left( e^{b(I_1 - 3)} - 1 \right)$$



Thank you!



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