

T. Dawson Woodrum, PhD

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I am a licensed psychologist providing trauma-informed, evidence-based psychotherapy to individuals and groups. My experience spans community mental health clinics, university counseling centers, behavioral health organizations, and both group and solo outpatient practices. I have also taught various undergraduate psychology courses. Before becoming a clinician, I spent over 15 years in the biotechnology, pharmaceutical, and medical device industries, focusing on electronic data integrity auditing, software quality assurance, regulatory strategy, privacy, and information security.

RECENT ACCOMPLISHMENTS

- Developed a Flutter app to provide visual exploration of IFS parts using images & questions (Windows, macOS, Linux).
- Co-developed and presented a four-hour CEU course on gender-affirming care for healthcare professionals.
- Developed a repeatable process for collaborating with executive management to develop gender-affirming training.
- Published research advocating for the inclusion of demoralization as a specifier within formal nosological systems.
- Successfully provided evidence-based psychotherapy in-person and via telehealth across multiple settings.
- Taught undergraduate psychology courses across several domains.
- Promoted use of animal-assisted therapy (canine) culminating in adoption of this new offering to clients.

CORE COMPETENCIES

Trauma Informed Stabilization Treatment / IFS Parts | Humanistic Existential psychotherapy | Acceptance & Commitment Therapy | Mindfulness-based Therapy | Somatic Trauma Therapy | Solution-Focused Therapy | Motivational Interviewing | Gender-affirming care & surgical readiness assessment | Quantitative and Qualitative Data Analysis (Excel, SAS, SPSS, R) | Survey Design (Qualtrics) | Influencer | Educator (Word, Power Point, Excel, Canvas, LaunchPad, WebAdvisor, Navigator2) | Mentor - Subject Matter Expertise and Career Development | Policy Development | Procedural Workflow | Risk Analysis | Electronic Health Recordkeeping Systems and Communication Platforms (TherapyNotes, Doxyme, AdvancedMD, Valant, Zoom, Centricity, Titanium, Cerner, Acuity)

LEADERSHIP PRINCIPLES

Ethical | Collegial | Communicative | Innovative | Data-driven | Accountable

EDUCATION AND CERTIFICATIONS

PhD Psychology (Clinical Psychology – APA accredited) 2020 Fielding Graduate University, Santa Barbara, CA

MA (Clinical Psychology – APA accredited) 2017 Fielding Graduate University, Santa Barbara, CA

JD (Law) 1991 The University of Michigan Law School, Ann Arbor, MI

LICENSURE

Oregon Psychologist License 3497 (Issued 22FEB2022; Expires 31OCT2026)

NPI: 1154872562

PROFESSIONAL WORK EXPERIENCE

Licensed Psychologist (Solo practitioner and 1099 Contractor) **July 2022-present** [Existenz Psychotherapy](#), LLC Eugene Oregon (100% telehealth)

Intake 15% | Treatment Planning 15% | Individual Psychotherapy 55% | Assessment 15%

- Conduct intake assessments, determine DSM-diagnoses, and develop treatment plans for clients in outpatient setting.
- Provide trauma-informed evidence based individual psychotherapy in outpatient setting.
- Conduct readiness assessments for gender-affirming surgeries and author first and second referral letters.

Licensed Psychologist (W-2 Employee) **February 2022-June 2022** [LifeStance](#) (formerly [Strong Integrated Behavioral Health](#)), Eugene, Oregon

Intake 15% | Treatment Planning 15% | Individual Psychotherapy 55% | Assessment 15%

- Conducted intake assessments, determined DSM-diagnosis, and developed treatment plans for clients in behavioral health and outpatient settings. Provided brief (8-16 sessions) and longer-term individual psychotherapy.
- Conducted readiness assessments for gender-affirming surgeries and authored first and second referral letters.
- Participated in rotating weekly consultation groups focused on transgender care, pain, EMDR, and dissociative disorders.

Resident Psychologist (1830 supervised hrs) October 2020-January 2022 [Strong Integrated Beh Health](#), Eugene, Oregon
Intake 15%|Treatment Planning 15%|Individual Psychotherapy 55%|Assessment 15%

Conducted intake assessments, determined DSM-diagnoses, and developed treatment plans for clients in behavioral health and outpatient settings. Provided brief (8-16 sessions) and longer-term individual psychotherapy.

Conducted readiness assessments for gender-affirming surgeries and authored first and second referral letters.

Participated in rotating weekly consultation groups focused on transgender care, pain, EMDR, and dissociative disorders.

APA Internship (1500 supervised hours) August 2019 – August 2020 [OSU Counseling & Psych Svcs](#), Corvallis, Oregon
Intake/Triage 20%|Treatment Planning 15%|Individual Psychotherapy 40%|Group Therapy 15%|Outreach 10%

Conducted intake assessments, formulated case conceptualizations, determined DSM-diagnoses, and developed treatment plans for undergraduate and graduate college students.

Provided brief (1-16 sessions) and single-session psychotherapy in university counseling center.

Provided on-call triage consultations that included risk assessment, safety planning, case management, and referral to community resources if longer-term care was indicated.

Co-facilitated one interpersonal process group for graduate and non-traditional students.

Co-facilitated two drop-in support groups for transgender and gender diverse (TGD) students.

Conducted readiness assessments for gender-affirming surgeries and authored first and second referral letters for gender related surgical procedures.

Participated in regularly scheduled interdisciplinary consultation meetings with student health services psychiatrists, physician assistants, and nurse practitioners.

Clinical Practicum (161 supervised hours) June 2018 – May 2019 [Sydney Felker-Ross, PhD LLC](#), Athens, GA
Intake 15%|Treatment Planning 15%|Individual Psychotherapy 45%|Group Therapy 15%|Outreach 10%

Conducted intake assessments, formulated case conceptualizations, and developed treatment plans for adult clients.

Provided individual psychotherapy for adults in outpatient setting.

Co-facilitated process-based therapy group for adults experiencing grief, anxiety, depression, and relationship issues.

Provided outreach training to local clinicians on Canine Assisted Therapy.

Clinical Practicum (1124 supervised hours) August 2017 – May 2019 [Piedmont College Counseling Ctr](#), Demorest, GA
Intake 15%|Treatment Planning 15%|Individual Psychotherapy 45%|Group Therapy 5%|Outreach 20%

Conducted intake assessments, formulated case conceptualizations, and developed treatment plans.

Provided individual psychotherapy in a university counseling center.

Consulted with counseling staff on diagnosis-related referral questions and student requests for emotional service animals.

Developed and led a support group for TGD students.

Member of Transgender Inclusivity Committee tasked with developing policies, procedures, and workflows to address the needs of TGD diverse students

Clinical Practicum (559 supervised hours) November 2016 – July 2017 [North Central Behavioral Health](#), San Diego, CA
Intake 20%|Treatment Planning 30%|Individual Psychotherapy 10%|Group Therapy 30%|Outreach 10%

Conducted intake assessments, formulated case conceptualizations, and developed treatment plans for adult clients in an urban county mental health clinic focusing on seriously mentally ill and homeless adult populations.

Provided individual psychotherapy in a county mental health center.

Co-facilitated group therapy sessions in Artistic Expression, Co-occurring Diagnoses and Depression.

Developed and presented LGBT awareness training sessions for medical and mental health professionals providing services in community health clinic settings.

Participated in interdisciplinary consultation meetings with psychiatrists, physician assistants, and nurse practitioners.

Research Practicum (200 direct hours) May 2015 – May 2019 [Fielding Graduate University](#), Santa Barbara, CA
Literature Review 20%|Qualitative Data Analysis 50%|Poster Design 10%|Journal Publication 20%

Reviewed literature addressing qualitative research methods, reflexivity and employment-related discrimination and stigma experienced by persons identifying as transgender or gender diverse.

Met with fellow researchers to reach consensus on common themes and reflexivity-related concerns.

Drafted language for sections of posters, presentations, and publications.

TEACHING EXPERIENCE

Adjunct Professor, Psychology August 2017 – May 2019 Piedmont College, Demorest GA

Course Development 30% | Lecture 40% | Academic Advising 20% | Evaluation 10%

Developed course syllabi, lectures, assignments and tests for undergraduate courses in **Psychology of Childhood & Early Adolescence** (Fall 2017), **Cognitive Psychology** (Fall 2017), **Theories of Learning** (Spring 2018), **Personality** (Spring 2018), **Abnormal Psychology** (Fall 2018), **Human Growth and Development** (Fall 2018), **Human Sexuality** (Spring 2019), and **Introduction to Counseling** (Spring 2019).

Developed online course structure, quizzes, assignments and links to external resources.

Created and delivered live classroom lectures (Psychology of Childhood & Early Adolescence, Cognitive Psychology, Theories of Learning, Personality, Abnormal Psychology, Human Sexuality, and Introduction to Counseling).

Created and delivered a hybrid course (Human Growth and Development).

Provided academic advising to undergraduate Psychology students.

Completed student mid-term evaluations and submitted final grades.

Other Healthcare IT-related Experience

Independent Consultant (Intermittent) July 2009 - Present

Audit 30% | IT Control Mapping 50% | Quality Assurance and Regulatory Consultation 20%

Conducted audits of software vendors and contract research organizations (21 CFR 11, GxP and HIPPA).

Mapped emerging IT-impacting regulations against existing control and privacy frameworks.

Assist start-up companies develop regulatory strategies for health information technologies.

Quality and Regulatory Management Executive Dec 2010 – March 2014 Waukesha WI **Medical Device Software**

QMS 50% | Risk Assessment 30% | Inspection Readiness 10%

Collaborated with software engineers on developing efficient processes to build in quality.

Completed General Electric Management Development Course.

Supported implementation of Sunshine Act requirements across organizational QRM units.

Senior Director, Worldwide Technology Policy and Information Security Jan 2007 – June 2009 New York, NY

Information Technology Policy and Controls 50% | Information Security Program 30% | Risk Assessment 20%

Developed and maintained IT policies, procedures, control frameworks (security, privacy, SDLC).

Information security program management (awareness, enforcement, information security officer network).

Proactively monitored IT-impacting regulations and best practices and inform executive management re risk.

PUBLICATIONS

Daniolos, P., & **Woodrum, T. D.** (2024). Gay Fathers. In *Fatherhood Scenarios* (pp. 169-188). Routledge.

Woodrum, T. D., Mizock, L., Vivian, J., Ormerod, A. J., & dickey, lore m. (2021). Demoralization among TGD individuals:

Distinctness from depression and associations with community connectedness and well-being. *Stigma and Health*.

<https://doi.org/10.1037/sah0000311>

Woodrum, T. D., Owens, T., & Mizock, L. (2020). Culture, transgender individuals, and mental health. In Moodley, R. & Lee, E. (Eds.), *The Routledge International Handbook of Race, Culture and Mental Health* (1st ed.).

Routledge. <https://doi.org/10.4324/9781315276168>

Woodrum, T. D. (2019). Demoralization, Community Connectedness, and Well-Being Among Transgender and Gender Diverse Individuals [Ph.D., Fielding Graduate University].

<http://search.proquest.com/docview/2322830967/abstract/391F994749414DDAPQ/1>

Riley, J., Sotilleo, E. A., **Woodrum, T. D.**, Yuen, N., Mizock, L., & Ormerod, A. J. (2019). Reflexivity and reflections on personal transformations in research training. In Rogers, K. S. (Ed), *The Fielding Scholar Practitioner: Voices from 45 Years of Fielding Graduate University*. Fielding University Press. [ISBN 13: 9780986393020](https://doi.org/10.1080/15532739.2017.1304313)

Mizock, L., **Woodrum, T. D.**, Riley, J., Sotilleo, E. A., Yuen, N., & Ormerod, A. J. (2017). Coping with transphobia in employment: Strategies used by transgender and gender-diverse people in the United States. *International Journal of Transgenderism*, 18, 1–13. <https://doi.org/10.1080/15532739.2017.1304313>

Mizock, L., Riley, J., Yuen, N., **Woodrum, T. D.**, Sotilleo, E. A., & Ormerod, A. J. (2017). Transphobia in the workplace: A qualitative study of employment stigma. *Stigma and Health*, 3(3), 274–282.

<https://psycnet.apa.org/record/2017-20815-001>

PRESENTATIONS

- Woodrum, T.D.**, (September 2023 – November 2023) A four part series of 1 hour continuing education on provision of gender affirming care for medical and mental health professionals in Oregon.
- Woodrum, T.D.**, (July 2023). Transgender 101 for Cascade Manor. Live interactive training for residents of a continuing care retirement community, Eugene, OR.
- Woodrum, T.D.**, (September 2022). Transgender 101 for Cascade Manor. Live interactive training for residents of a continuing care retirement community, Eugene, OR.
- Woodrum, T.D.**, and Reveles, A. (September 2021). Transgender 101 for Strong Integrated Behavioral Health. Online interactive training with case studies and breakout groups for clinicians and staff, Eugene, OR.
- Falkenstein, C. and **Woodrum, T. D.** (March 2021). HIPPA Basic Training for Strong Integrated Behavioral Health. Online interactive training with case studies and breakout groups for clinicians and staff, Eugene, OR.
- Woodrum, T. D.** (2020, March/April/May). COVID-19: Promoting and Maintaining Mental Health During a Pandemic. Presentation at various student, faculty, and staff meetings at Oregon State University, Corvallis, OR.
- Woodrum, T. D.** (2020, January). Transgender 101 for Oregon State University Counseling and Psychological Services practicum students. Presentation at a training seminar at Oregon State University, Corvallis, OR.
- Woodrum, T. D.** (2019, January). Animal-assisted therapy with individuals and groups. Presentation at the annual meeting of the Georgia College Counseling Association, St. Simons Island, GA.
- Woodrum, T. D.** (2019, January). Transgender 101 for student leaders. Presentation to Piedmont Student Leadership Institute, Demorest, GA.
- Woodrum, T. D.** (2018, November). Animal-assisted therapy with individuals and groups. Presentation to the members of the Athens Area Psychological Association, Athens GA.
- Woodrum, T. D.** (2018, October). Animal-assisted therapy with individuals and groups. Presentation to the local members of the Georgia College Counseling Association, Demorest GA.
- Woodrum, T. D.** (2018, August). Lysergic acid diethylamide-25: Past and present research. Presentation at the 126th Annual Convention of the American Psychological Association, San Francisco, CA.
- Woodrum, T. D.** (2018, September). Transgender 101 for Rape Response Inc. Online interactive training with case studies and breakout groups for first responders and support staff of the Rape Response organization, Gainesville, GA.
- Woodrum, T. D.** (2018, September). Facilitator for presentation and open discussion of psychoeducational materials from the American Foundation for Suicide Prevention to resident advisors and students at Piedmont College, Demorest, GA.
- Woodrum, T. D.**, (2018, July). Gendered violence: The transgender / gender diverse experience. Guest lecture to the Fielding Graduate University summer session course PSY-736 Special Topics: Sexual and Gendered Violence, Chicago, IL.
- Hildebrandt, T., McGuire, L. J., Porter, G., Rogers, K., Roshell, S., & **Woodrum, T.D.** (2018, July). Queer eracism: The people behind the LGBTQ+ acronym. Online panel discussion sponsored by Fielding Graduate University.
- Woodrum, T. D.** (2018, April). The Thematic Apperception Test: Overview and a related clinical case. Presentation to the Fielding Graduate University Cluster, Atlanta, GA.
- Mizock, L., **Woodrum, T. D.**, Riley, J., Sotilleo, E., Yuen, N., & Ormerod, A. (2017, June). Trans-forming research into social justice – reflective experiences of research practicum. Student and faculty special topics research presentation at Fielding Graduate University national session, Alexandria, VA.
- Woodrum, T. D.** (2017, May). Transgender 101 for college staff. Presentation to Piedmont College Student Life staff, resident directors, and resident advisors, Clayton, GA.
- Woodrum, T. D.** (2017, May). Transgender 101 for college students. Presentation to Piedmont College students, Demorest, GA.
- Woodrum, T. D.** (2017, January). Transgender 101 for healthcare professionals. Presentation to North Central Mental Health Center physicians, nurses, psychologists, social workers, case workers and staff, San Diego, CA.
- Sotilleo, E. A., Yuen, N., Riley, J., **Woodrum, T. D.**, Mizock, L., & Ormerod, A.J. (2016, July). Work stigma among transgender and gender nonconforming individuals at work. Poster session at Fielding Graduate University summer session, Chicago, IL.

PROFESSIONAL DEVELOPMENT

Gottman Method Couples Therapy - Level 1 Clinical Training (2018)

Collaborative Assessment & Management of Suicidality (CAMS) – Book & Online Course (2019, 2022)

White Ally Toolkit Training – Dr. David Campt, PhD (2019)

PROFESSIONAL MEMBERSHIPS AND CERTIFICATIONS

[Certified Clinical Trauma Professional Level 2 \(CCTP-II\) Certification](#)

American Psychological Association

- Division 44 (Society for the Psychology of Sexual Orientation and Gender Diversity)
- Division 32 (Society for Humanistic Psychology)

Oregon Psychological Association

Psi Chi Honor Society

RECOMMENDATIONS

"I was consistently impressed with Dawson's authoritative knowledge and excellent consultation skills regarding dissociative disorders and religious trauma. I have benefited many times from his ability to listen for complexities, ask insightful questions, and offer suggestions that furthered my own thinking about a challenging clinical question or dilemma."

Zia Sichi, PsyD | [Psychologist and Holistic Health Coach](#) | Prior Supervisor at [Strong Integrated Behavioral Health](#)

"Dawson connected well with his clients and provided excellent care using evidence-based interventions in support of their therapeutic journey and goals. Dawson also provided animal-assisted therapy (canine) based on each client's needs and comfort level".

Marceline Bamba, PhD | Associate Director of Clinical Services | [Oregon State University CAPS](#) | Prior Supervisor

"Dawson masterfully weaves together the art and science of psychotherapy, fostering a counseling environment of authenticity, empathy, and trust that is palpable."

Fernando Frias, PsyD | Licensed Psychologist | [Oregon State University CAPS](#) | Prior Supervisor

"Dawson and I connected while we were exploring regulatory requirements for our virtual reality exposure therapy product in the USA. Dawson has been extremely helpful as his unique skill set provides several different perspectives, not only as a psychologist, but also as a software developer and quality assurance professional".

Adam Hutchison | Founder | [oVRcome](#) | Current Consultant