

Week 5 Blog

What is a team? My understanding of a team is a group of individuals who each do their own part in working towards a common goal. Companies can be described as a large team made of smaller teams.

I myself am well used to teams as I have been part of many growing up. I have played many team sports growing up including gaelic football, soccer and rugby. Being part of these teams has taught me many skills which are similar to those I have used while working in teams in group projects or for businesses.

What does being in a team require? Communication is one of the most important skills needed to be a successful team member. Expressing your ideas clearly and listening to others is important in a team as this promotes a healthy environment leading to the best ideas being brought up and recognised, helping the group move forward.

Leadership is also important in a team. This can be a captain of a football team or a department manager in a department. Leadership is needed to organise people in the team and allow everyone to share their ideas. A good leader also pushes the team in the correct direction by making sure every member is concentrating on their role within the team.

Problem solving is also important in a team. A team will often come up against problems and often have arguments. Staying calm and focusing on finding a solution is instrumental in a team as they will need to overcome these problems to reach their end goal which is what a team is about.

It's clear that these skills are both important to a sports team and business. Both require all these skills to be successful and to reach their end goal. I have been part of teams that have lacked some of these skills and we struggled as a result. I have also been part of successful teams, all of which practised these skills well.