

HELEN SCHMIDT

Curriculum Vitae

Email: helen_schmidt@temple.edu

Website: www.helenschmidt.info

Weiss Hall, Temple University

1701 N. 13th St.

Philadelphia, PA 19112

EDUCATION

- 2021 – 2026 **Ph.D. Social Psychology**, Temple University
 Concentration in Quantitative Methods
 Advisor: Chelsea Helion, Ph.D.
 Secondary Advisor: Vishnu Murty, Ph.D.
- 2017 – 2018 **M.Sc. Clinical Neuroscience**, University College London
 Honors Thesis
 Advisor: Toby Wise, Ph.D.
- 2013 – 2017 **B.S. Biology**, Tufts University
 Advisor: Mitch McVey, Ph.D.

RESEARCH INTERESTS

Emotion, language, social networks, self-regulation, emotion regulation, statistical and computational modeling, interpersonal communication, episodic memory, decision making

PUBLICATIONS

Under Review

- Schmidt, H.***, Tran, S.*, Medaglia, J., Ulichney, V., & Helion, C. (2022). Conversational linguistic features predict social network learning. <https://doi.org/10.31234/osf.io/fn4my>
- Mitchell, W.J., Stasiak, J., Martinez, S.A., Cliver, K., Gregory, D.F., Reisman, S., **Schmidt, H.**, Murty, V.P., & Helion, C. (2022). Emotional intensity failed to predict spontaneous regulation strategy usage in a naturalistic paradigm. <https://doi.org/10.31234/osf.io/dkn9a>

In Preparation

- Schmidt, H.***, Cooper, R.A.*, & Ritchey, M. Temporal dynamics supporting the multidimensional quality of episodic memory. *Data collected and analyzed, manuscript under final review*
- Samide, R., Cooper, R.A., **Schmidt, H.**, Kensinger, E., & Ritchey, M. Neural correlates of reappraising naturalistic emotional memories. *Data collected and analyzed, manuscript under final review*

* denotes equal contribution

INVITED TALKS

- April 2022 Conversational linguistic features that inform social network learning
 Talk presented to the Temple University Department of Psychology & Neuroscience

PRESENTATIONS

+ *undergraduate mentee*

Conference Presentations

- Schmidt, H.**, Tran, S.⁺, & Helion, C. (2023, February). Conversations predict social network learning. Poster presentation at the Society for Personality and Social Psychology Annual Convention, Atlanta, GA.
- Eckardt, D., Helion, C., **Schmidt, H.**, Chen, J., & Murty, V.P. (2022, November). What makes a story: Uncovering mechanisms of memory communication. Poster presentation at the Psychonomic Society Annual Meeting, Boston, MA.
- Schmidt, H.** & Ritchey, M. (2020, August). The protective effects of retrieval practice on positive memories. Poster presentation at the Context and Episodic Memory Symposium (virtual).
- Schmidt, H.**, Cooper, R.A., & Ritchey, M. (2020, May). Temporal dynamics supporting the multidimensional quality of episodic memory. Poster presentation at the Cognitive Neuroscience Society Annual Meeting (virtual).
- Schmidt, H.**, Samide, R., Cooper, R.A., & Ritchey, M. (2019, May). News flash! Investigating the dynamics of emotional memory using real-life event videos. Poster presentation at the Context and Episodic Memory Symposium, Philadelphia, PA.
- Distefano, D., **Schmidt, H.**, Hickey, P., & Race, E. (2018, March). Characterizing EEG signatures of inattention that predict forgetting. Poster presentation at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

Local Presentations

- Schmidt, H.**, Tran, S.⁺, & Helion, C. (2022, May). Conversational linguistic features that inform social network learning. Poster presentation at the Philadelphia Decision Neuroscience Symposium, Philadelphia, PA.
- Eckardt, D., Helion, C., **Schmidt, H.**, Chen, J., & Murty, V.P. (2022, April). What makes a story: Uncovering mechanisms of memory communication. Poster presentation at the Temple University Neuroscience Research Day, Philadelphia, PA.
- Tran, S.⁺, **Schmidt, H.**, & Helion, C. (2022, April). Social network learning across evaluative domains. Poster presentation at the Temple University Symposium for Undergraduate Research and Creativity, Philadelphia, PA.

HONORS & AWARDS

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| 2022 | Summer Research Fellowship Temple University |
| 2017 | Delta Phi Alpha National German Honor Society |
| 2014 – 2017 | Dean's List Tufts University |

RESEARCH EXPERIENCE

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|----------------|---|
| 2021 – present | Social and Affective Neuroscience Lab , Temple University <i>Graduate Researcher</i> PI: Chelsea Helion, Ph.D. |
| 2018 – 2021 | Memory Modulation Lab , Boston College <i>Lab Coordinator & Research Assistant</i> PI: Maureen Ritchey, Ph.D. |

2017 – 2018 **Cognition and Computational Psychiatry Lab**, UCL
Graduate Researcher | PI: Ray Dolan, Ph.D.

2017 **Child and Adolescent Mood Disorders Laboratory**, McLean Hospital
Research Assistant | PI: Randy Auerbach, Ph.D.

2016 – 2017 **Integrative Cognitive Neuroscience Lab**, Tufts University
Undergraduate Research Assistant | PI: Elizabeth Race, Ph.D.

2015 **Rogulja Lab**, Harvard Medical School
Research Assistant | PI: Dragana Rogulja, Ph.D.

SKILLS

Programming

Advanced – R, Matlab | *Intermediate* – Python, Jamovi, SPSS, Bash | *Novice* – HTML, SQL

Software and Tools

Psychtoolbox for Matlab, EEGLAB, PsychoPy, GitHub, TensorFlow, Microsoft Office Suite, Qualtrics Surveys, Adobe Suite, Google Workspace, Linguistic Inquiry and Word Count (LIWC-22), FMRIB Software Library (FSL)

Statistical and Qualitative Analysis

Frequentist statistics, analysis of variance, linear and logistic regression, mixed effects modeling, power analysis, Bayesian statistics, text analysis, natural language processing (Universal Sentence encoder, sentiment analysis, topic modeling)

Data Collection

Behavioral (Qualtrics, Amazon Mechanical Turk), Neuroimaging (fMRI – Siemens 3T; EEG – BioSemi 32- and 64-channel gel; MEG – 275-channel CTF Omega), experimental design (PsychoPy and Psychtoolbox), participant recruitment and screening, IRB and ethics management, survey design

Language

Native – English | *Intermediate* – German

TEACHING EXPERIENCE

2021 – 2022 **Teaching Assistant**, Department of Psychology, Temple University
Learning and Behavior Analysis | Fall 2022
Human Sexuality | Spring 2022
Child Psychopathology | Spring 2022
Statistics for Psychology | Fall 2021

MENTORING EXPERIENCE

**current PhD student in psychology or neuroscience* | **current PsyD student*

Temple University – Social and Affective Neuroscience Lab

2021 – 2022 Tiara Bounyarith, Lauren Iglio, Micah Jordan, Rachel Kelly, Sevil
 Temirova, Sophia Tran

Boston College – Memory Modulation Lab

2018 – 2021 Cayley Bliss, Lunbei Hu, Emily Iannazzi*, Omar John, Elizabeth Judge, Ari Khoudary*, Jamie Kweon, Mary Nanna, Julia Napoli*, Samantha Murphy, Natale Schmitz*, Rishi Srinivasan, Rahul Walia

PROFESSIONAL SERVICE

2022 **Graduate Reviewer** – Temple University Undergraduate Neuroscience Journal, *Grey Matters* (<https://greymattersjournaltu.org/>)

2022 **Graduate Workshop Leader** – Temple University Psychology Graduate Students for Inclusivity, Undergraduate Outreach Arm

2021 – present **Editor** – Application Statement Feedback Program (<https://www.asfp.io/>)

2021 – present **Member** – Psychology of Climate Change Reading Group

PROFESSIONAL AFFILIATIONS

Cognitive Neuroscience Society
Society for Affective Science
Society for Personality and Social Psychology