



# Hardening MFA web applications to counter evolving transparent phishing attack vectors

Philipp Liermann 20-475873-20

Supervisor: Prof. Dr. Raad Bin Tareaf

February 9, 2024

# Contents

0.1	Problem statement . . . . .	3
0.2	Research question . . . . .	3
0.3	Objective . . . . .	3
0.4	Theoretical foundations & current state of research . . . . .	3
0.5	Research design . . . . .	5
<b>1</b>	<b>Literature Review</b>	<b>6</b>
1.1	Overview of Multi-Factor Authentication . . . . .	6
1.2	Phishing Attacks: Evolution and Impact . . . . .	6
1.3	Existing Countermeasures . . . . .	7
<b>2</b>	<b>Methodology</b>	<b>8</b>
2.1	Research Design . . . . .	8
2.2	Data Collection . . . . .	8
2.3	Analysis Techniques . . . . .	8
<b>3</b>	<b>Experimentation</b>	<b>9</b>
3.1	Simulation of Reverse Proxy Phishing Attacks . . . . .	9
3.2	Evaluation of MFA Vulnerabilities . . . . .	9
3.3	Testing of Countermeasures . . . . .	9
<b>4</b>	<b>Results</b>	<b>10</b>
4.1	Findings from Simulations . . . . .	10
4.2	Effectiveness of Current Defenses . . . . .	10
4.3	Proposed Solutions . . . . .	10
<b>5</b>	<b>Discussion</b>	<b>11</b>
5.1	Implications of Findings . . . . .	11
5.2	Limitations and Future Research . . . . .	11



## 0.1 Problem statement

These days most websites have implemented two or multi-factor authentication systems to prevent malicious third-party actors from using stolen login credentials to commit identity theft. Despite this, a new technique referred to as transparent proxy phishing still provides malicious actors the means to bypass two-factor authentication systems during social engineering based phishing attacks. This creates a critical security vulnerability, as this technique can be used to gain unauthorized access to otherwise secure systems. To resolve this issue, it is imperative to develop and implement effective measures to counteract transparent phishing and other methods of circumventing multi-factor authentication systems.

## 0.2 Research question

How can we protect multi factor authentication secured web applications from transparent proxy phishing attacks? Based on this question the following sub questions were derived:

- What exactly are classical phishing attacks in general and how do they differ from the new attack vector?
- How big is the threat imposed by this new type of phishing attack?
- Why are many organizations still not aware of this issue?

- What can be done to help developers counteract this type of security threat?

## 0.3 Objective

As credential theft and cyberfraud in general are still a growing problem in the digital age, it is important to develop and implement effective measures to counteract this threat. The objective of this thesis is to find and document different strategy's that can help organizations and developers to mitigate this new attack vector.

## 0.4 Theoretical foundations & current state of research

Cyberfraud is a form of internet-based fraud, usually involving the use of false identities and/or stolen information to illegally obtain money, property, or services. Cyberfraud is an increasingly pervasive problem that is becoming increasingly difficult to combat, as fraudsters become more sophisticated in their methods. In 2020, cyberfraud was estimated to cost the global economy over \$6 trillion[?], with the financial sector suffering the most damages. The social, economic and reputational costs of cyberfraud can be incredibly damaging, and can range from the loss of money, to identity theft, to the disruption of businesses. Cyberfraud has become so pervasive that it is essential for businesses and individuals to take measures

to protect themselves from it. This includes using strong passwords, using two-factor authentication, and staying up to date with the latest security protocols.

A phishing attack is a type of cyberattack in which an attacker attempts to gain confidential information, such as passwords, credit card numbers, or other sensitive information, by sending emails or other messages disguised as legitimate entities. These messages often include malicious links to faked login prompts that will steal the victims credentials upon entering them. These attacks are becoming increasingly sophisticated and difficult to recognize, making it important for everyone to remain vigilant and take steps to protect against them.

A HTTP reverse proxy is a type of proxy server that retrieves resources on behalf of a client from one or more servers. This type of proxy is sometimes referred to as a “gateway” or “tunneling” proxy because it acts as a gateway for the traffic to and from the server. A reverse proxy will typically receive a request from a client, then forward that request to an appropriate server on the same network. It then retrieves the response from the server and sends it back to the client. This type of proxy server is most often used in enterprise networks to protect against malicious traffic, to balance load between multiple servers, and to cache static content.

Transparent proxy phishing is a new

technique used by attackers to intercept and steal multi-factor authentication (MFA) tokens from unsuspecting users. Instead of copying HTML code from the original page that the attacker is trying to impersonate, this new attack uses a HTTP reverse proxy to just redirect the users traffic to the original page. The attacking proxy operator can view and modify all traffic that is going through it while the victim sees a one by one copy of the original login page. By doing so login credentials and 2FA tokens can be extracted easily.

TLS is a cryptographic protocol that provides end-to-end security for data sent between a client and a server. It is widely used to secure web traffic, email, and other types of data. TLS is the successor to SSL, and is often referred to as SSL/TLS. If a webserver is using TLS its URL starts with the well known https:// prefix.

TLS Fingerprinting is a technique used to identify the TLS implementation of a client or server by analyzing the handshake process. This can be used to identify which software is used by client or server. Industry standards for fingerprinting algorithms have existed for a long time. These include: JA3, JA3N and the whole JA4+ family.

Many scientific papers have been published on this topic, but there is still a lack of information on how to protect against this new attack vector. This is why it is important to find and document different strategies that

can help organizations and developers to mitigate this new attack vector.

## **0.5 Research design**

This thesis will be conducted in a quantitative research design. By analyzing existing literature and scientific papers on the topic, but also by running own experiments in which open source reverse proxy phishing toolkits will be used to setup attack simulations with the goal to find flaws in their attack implementation. With the gained knowledge from this experiments this paper will outline easy to follow strategies to protect web services from this threat.

# Chapter 1

## Literature Review

### 1.1 Overview of Multi-Factor Authentication

Multi-Factor Authentication (MFA) is a security system that requires more than one method of authentication from independent categories of credentials to verify the user's identity for a login or other transaction. The most common categories are [2]:

- Something the user knows (e.g. a password)
- Something the user has (e.g. a smartphone)
- Something the user is (e.g. a fingerprint)

MFA is used to protect the user from unauthorized access to their accounts, and is widely used in the financial and healthcare industries, as well as in government and military applications. MFA is also used in consumer applications, such as online banking and e-commerce. The use of MFA is growing rapidly, as more and more organizations recognize the need for stronger

security measures to protect their users and their data.

MFA is a critical component of a strong security posture, and is an essential tool for protecting against a wide range of cyber threats, including phishing, credential theft, and identity theft. MFA is also an important tool for protecting against insider threats, as it can help to prevent unauthorized access to sensitive data and systems. MFA is also an important tool for protecting against the growing threat of cyberfraud, as it can help to prevent unauthorized access to financial accounts and other sensitive information.

### 1.2 Phishing Attacks: Evolution and Impact

Trace the evolution of phishing attacks from simple scams to sophisticated reverse proxy phishing, including case studies or statistics to underline their significance.

Phishing attacks are a type of cyberattack

in which an attacker attempts to gain confidential information, such as passwords, credit card numbers, or other sensitive information, by sending emails or other messages disguised as legitimate entities. These messages often include malicious links to faked login prompts that will steal the victims credentials upon entering them. These attacks are becoming increasingly sophisticated and difficult to recognize. Phishing has evolved over time, from simple scams to sophisticated attacks that are difficult to detect. In the early days of the internet, phishing attacks were relatively simple and easy to recognize. However, as technology has advanced, so have phishing attacks. Today, phishing attacks are often highly sophisticated and difficult to detect, making them a significant threat to individuals and organizations.

### 1.3 Existing Countermeasures

There are a number of strategies and technologies that can be used to thwart phishing attacks, including those targeting MFA systems. These include:

- Secure authentication scheme to thwart RT MITM, CR MITM and malicious browser extension based phishing attacks [?]
- Geo-Location based QR-Code Authentication Scheme to Defeat Active Real-Time Phishing Attack [?]
- Analyzing 2FA Phishing Attacks and Their Prevention Techniques [?]

These strategies and technologies have been developed to help protect against phishing attacks, and have been shown to be effective in many cases. However, they are not fool-proof, and there are still many ways in which attackers can bypass them. For example, attackers can use reverse proxy phishing toolkits to intercept and steal MFA tokens, and bypass MFA systems

The paper "Catching Transparent Phish: Analyzing and Detecting MITM Phishing Toolkits" [1] provides a detailed analysis of the most used reverse proxy phishing toolkit and its potential to bypass MFA systems. The authors demonstrate how those toolkits can be used to intercept and steal MFA tokens, and propose a detection method based on a statistical model that evaluates a combination of TLS fingerprinting and response timing analysis. The authors provide an AI based solution for finding transparent phishing toolkits in the wild, but only provide limited advice on how to detect client connections of those toolkits on the receiving server side.



# Chapter 2

## Methodology

### 2.1 Research Design

Outline the research approach, whether qualitative, quantitative, or mixed methods, justifying the choice based on your research questions.

### 2.2 Data Collection

Describe how data will be gathered, including any experimental setups, simulations, or surveys planned.

### 2.3 Analysis Techniques

Detail the methods for analyzing the collected data, such as statistical analysis, content analysis, or software testing methodologies.

# Chapter 3

## Experimentation

### **3.1 Simulation of Reverse Proxy Phishing Attacks**

Describe the setup for simulating attacks, including the tools and environments used.

### **3.2 Evaluation of MFA Vulnerabilities**

Explain how the simulations will be used to evaluate the vulnerabilities in current MFA implementations.

### **3.3 Testing of Countermeasures**

Outline the process for developing and testing new or improved countermeasures against these attacks.

# Chapter 4

## Results

### 4.1 Findings from Simulations

Present the data collected from the simulations, providing analysis and interpretation.

### 4.2 Effectiveness of Current Defenses

Assess the effectiveness of existing defenses against reverse proxy phishing based on your findings.

### 4.3 Proposed Solutions

Introduce any new solutions or improvements to existing solutions developed through your research.

# Chapter 5

## Discussion

### 5.1 Implications of Findings

Discuss the broader implications of your findings for cybersecurity practices and MFA implementation.

### 5.2 Limitations and Future Research

Acknowledge any limitations of your study and propose areas for future research.

# Chapter 6

## Bibliography

- [1] Brian Kondracki, Babak Amin Azad, Oleksii Starov, and Nick Nikiforakis. Catching transparent phish: Analyzing and detecting mitm phishing toolkits. 2021.
- [2] Joseph Williamson and Kevin Curran. Best practice in multi-factor authentication. *Semiconductor Science and Information Devices*, 3, 05 2021.