



International Student Guide

TRAVEL TO CANADA

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INTRODUCTION

This *International Student Entry Guide-Travel to Canada* is for all new and returning international students who are currently outside of Canada and planning to travel to Canada to start their program incoming term.

Due to the COVID-19 travel restrictions, international students must have a clear understanding of the laws and regulations of the Government of Canada and the BC government. Students must enter Canada for Non-Discretionary purposes only, and have a quarantine plan, and be prepared for a 14-day self-isolation upon arrival in Canada.

For the most up-to-date information and instructions, please review the following government websites:

- [Government of Canada Travel Restrictions](#)
- [Government of Canada Mandatory Quarantine](#)
- [IRCC – Coronavirus Disease \(COVID-19\): Visitors, foreign workers and students](#)
- [IRCC How to Isolate at Home](#)
- [British Columbia Self-Isolation Plan](#)

GOVERNMENT OF CANADA'S TRAVEL REGULATIONS AND RESTRICTIONS:

It is important to know if you are permitted to travel to Canada, you travel for a [non- optional or non-discretionary purpose](#) and keep yourself updated on the federal and provincial government's travel regulations, restrictions and exemptions. Canada's [travel restrictions](#) may prevent you from being able to travel to Canada until further notice.

International students who are able to enter Canada must satisfy both a [14-day quarantine](#) requirement mandated by the federal government in addition to submitting a [BC Self-Isolation Plan](#) as required by the provincial government.
(see Appendix 1 and 2 for details)

WHO CAN ENTER CANADA (NON-DISCRETIONARY PURPOSE INCLUDES):

1. Already live in Canada
2. Need to be in Canada for your program
3. School is not offering online study options
4. Your home country has internet restrictions or bandwidth limitations
5. Students cannot participate in live online courses from your home country because of the difference in time zones

APPROVED FOR A STUDY PERMIT:

1. An international student with a valid study permit or who was approved for study permit on or before March 18, 2020
2. Traveling directly from the US

ENTRY DOCUMENTS CHECKLIST

Before traveling to Canada, prepare and double-check that you have these documents with you at all times and do not put them in your checked luggage. You may not be allowed into Canada if any of your documents are missing or if any of the information on your application or letters of reference is incorrect. For more information, please visit [Entering Canada](#).

Before traveling to Canada, prepare and double-check that you have all of your important documents including:

	Valid study permit or Port of Entry (POE) Letter of Introduction before March 18,2020
	Valid letter of acceptance or confirmation of enrollment letter
	A copy of confirmation of essential in-class instruction letter
	A plan to quarantine for 14 days when you arrive in Canada
	Proof of financial support for yourself and any other family members who may come with you to Canada
	Certificate of isolation place: If the place you are quarantining is rented, it is best to provide a lease contract for the place; if you are an owner of a place, it is best to bring an owner's certificate
	Submitting a B.C. Self-isolation plan and completing the federal ArriveCAN Application

GUIDANCE OF 14-DAY SELF-ISOLATION PLAN INFORMATION

This plan is mandatory, even if you have no symptoms. If you don't have a plan, you should not travel to Canada. Otherwise, you may not be allowed to enter the country. A border services officer will determine if you can enter the country.



Route to Canada. (Flight number, time, transit place, etc.)



Transit: How to get from the airport to the isolation place. (Drive by yourself or with friends, specific protective methods you will follow during the way from airport to an isolation place, etc.)



Accommodation: The detailed address and living conditions of the self-isolation place (whether there is a separate bathroom, whether there are elderly people over 65 years old living together, etc.)



Food: How to solve the daily meal ration during self-isolation.



Contact Information: If you need help from others from the airport to the end of the quarantine period, such as the pick-up driver information, helpers' information for your daily necessities deliver, your landlord information, etc., their names and contact information must be stated.



Your access essential services (Daily necessities consumption)



Medications & medical care



[The penalties for not following your quarantine plan](#) once you're in the country



can include:

- A fine of up to \$750,000
- 6 months of jail time
- Being found inadmissible, removed from Canada and banned from entering for 1 year



SELF-ISOLATION PLACE

GLOBAL EDUCATION CITY

GEC (Global Education City) is Vancouver's leading student residence and accommodation, providing the best living experience to enhance your university journey. Located in the heart of Downtown Vancouver, GEC Granville Suites provides fully serviced hotel suites and care packages for self-isolating students and guests.

GEC ARRANGING ISOLATION ACCOMMODATION

- Isolation accommodation
- Safe way to travel straight to home
- Arranging food, grocery and other necessities

	
Fully serviced suites for self-isolation	WiFi, utilities, cable, and local calling
	
Social distancing measures in place	Hourly disinfection and deep cleaning
	
Self-isolation care package	24/7 front desk reception

GEA SELF-ISOLATION SERVICES

- Homestay arrangement
- Medical insurance
- Airport pick-up

Global Education Alliance(GEA) is a partner of Global Education City(GEC), all GEA students enjoy free accommodations for 14-day self-isolation when they book a minimum of 6 months at any GEC location.



Photos were taken pre-pandemic

HOMESTAY

We provide students with hundreds of various types of homestay options

For more information, please contact us at:
service@mygea.ca



SELF-ISOLATION SERVICES

ENTERING CANADA

Once your booking is confirmed, we will send you a confirmation letter, which you can provide when entering the Canadian Border.

FOOD & GROCERY DELIVERY

Travelers to Canada who are in the quarantine may not go out to purchase food and basic necessities. We will provide students delivery service to deliver what you need while you are self-isolating. Also can pick-up and deliver groceries and other essentials to you from these stores.



CARE PACKAGE

Before you check-in, your suite will be stocked with our welcome care package, which includes:

- Toiletries (shampoo, conditioner, body lotion, soap, toothbrush, toothpaste)
- Face masks
- Hand sanitizer
- Disinfectant wipes
- Snacks
- Bottled water

AIRPORT PICK-UP

You must travel straight to your Vancouver home from airport by personal car, taxi or ridesharing. The airport pick-up service ensures that your mode of transportation from the airport to your home is as safe as possible.

Visit [Beaton's Meet & Greet's](#) website to arrange for pick-up from YVR Airport to GEC.

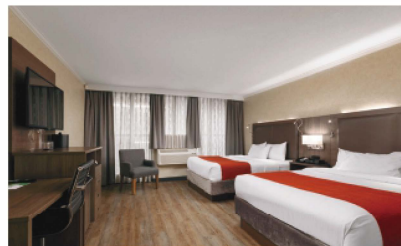
For more information, please see their [travel guide](#).



SELF-ISOLATION SUITES



Queen Suite
\$1300/14 nights



Double Beds Suite
\$1300/14 nights



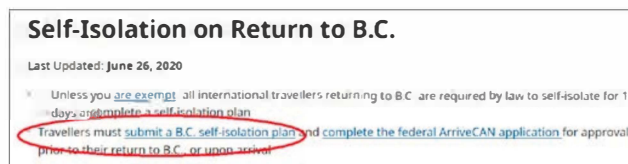
Kitchenette Upgrade
+\$200/14 nights

Suites are available for up to 2 guests. 16% tax not included. This rate will be credited to your long-term GEC stay. See full terms and conditions for details.

BEFORE YOU ARRIVE CANADA

Provincial Self-Isolation Plan

- Here is a step-by-step guide for submitting the British Columbia (BC) self-isolation plan BEFORE you travel to Canada:
- (1) Go to: the provincial government [Self-Isolation on Return to B.C.](#)
 - (2) Click on the link above:



For detailed steps of completing your [ArriveCAN Application](#), please refer to **Appendix 1: self-isolation plan**

ARRIVAL IN CANADA

Traveler entering Canada by air or by land must:

- provide basic information using the traveler contact information form, available through
- (1) the [ArriveCAN mobile app](#) (available for iOS or Android)
 - (2) an accessible web-based form
 - (3) a paper form

For detailed steps of completing your [ArriveCAN Application](#), please refer to **Appendix 2: federal ArriveCAN application**

ASSESSMENT ON ARRIVAL

■ be screened by a border services officer or quarantine officer to assess symptoms

Public health measures for the traveler to Canada:

If you're travelling by air, you need to

- pass a health check conducted by airlines before you'll be allowed to board your flight
- wear a non-medical mask or face covering during travel (including to the place you'll quarantine).

Learn more about self-isolation and self-monitoring, what to do if you get sick, and how to prevent the spread of COVID-19, please visit the [BC Centre for Disease Control](#) or call 1.604.412.0957 between 7:30 a.m. and 8 p.m. Pacific Time, seven days a week (available in over 110 languages).

APPENDIX 1 - B.C. SELF-ISOLATION PLAN

The following are screenshot sample excerpts from Self-Isolation on Return to B.C as of 2020-07-16. For updated information and full details, please visit:

[Self-Isolation on Return to B.C.](#)

Fill out the first section and be sure to have the details of new Vancouver address

[Home](#) > [Public safety and emergency services](#) > [Emergency Preparedness, Response & Recovery](#) > [B.C.'s Re](#)

Self-Quarantine on Return to B.C.

Unless you are exempt, all international travellers returning to B.C. are required by law to self-quarantine for 14 days and complete the federal ArriveCAN application prior to their return or upon arrival.

Last updated: September 3, 2020

On this page:

- * [Complete the federal ArriveCAN application](#)
- * [Assessment process on arrival](#)
- * [Optional: Complete a B.C. self-quarantine plan](#)
- * [Inter-provincial travel](#)

1



Optional: Complete a B.C. Self-Quarantine Plan

In addition to the federal ArriveCAN Application, travellers arriving in B.C. are encouraged to complete a self-quarantine plan. Completing the plan will help you prepare to self-quarantine successfully. It's important to consider:

- * The location of your 14-day self-quarantine
- * How you will travel to your quarantine location
- * Arranging the necessary supports:
 - * Food
 - * Medications
 - * Child care
 - * Cleaning supplies
 - * Pet care
- * Social or family support

[Submit your B.C. self-quarantine plan](#)

Note: The form does not work on Internet Explorer

2

Primary Contact Information

* First name (primary contact)	* Last name (primary contact)
<input type="text"/>	<input type="text"/>
* Date of birth (yyyy/mm/dd)	* Phone number
<input type="text"/>	<input type="text"/>
Email (optional)	* Home address
<input type="text"/>	<input type="text"/>
* City	* Province / Territory
<input type="text"/>	<input type="text"/>
Postal Code (optional)	
<input type="text"/>	

3



Travel Information

* Are there additional travellers in your group?

☐ Yes ☐ No

Arrival Information

* Arrival Date (yyyy/mm/dd)	* Arrival By
<input type="text"/>	<input type="text"/>
Airline / Flight Number (if applicable)	* Arrival From (City, Country)
<input type="text"/>	<input type="text"/>

Self Isolation Plan

* Do you have accommodations arranged for your self-isolation period?

☐ Yes ☐ No

* Do you need accommodation assistance to self-isolate from anyone who is over 60 years old or who has heart disease, high blood pressure, asthma or other lung disease, diabetes, cancer, immune suppression or is taking prednisone medication?

☐ Yes ☐ No

* Are you able to make the necessary arrangements for your self-isolation period? (e.g. food, medication, child care, cleaning supplies, pet care)

☐ Yes ☐ No

4

What form of transportation will you take to your self isolation location? (optional)

☐ Personal vehicle ☐ Public transportation ☐ Taxi or ride share

☐ I certify this to be accurate.

Collection Notice

Your personal information as well as those of your household is collected by the Ministry of Health under the authority of sections 26(1), (c), (e) and s.27(1a)(iii) of the Freedom of Information and Protection of Privacy Act, the Public Health Act and the federal Quarantine Act, for the purposes of reducing the spread of COVID-19. Personal information may be shared with personnel providing support services and follow-up during self-isolation. Should you have any questions or concerns about the collection of your personal information please contact:

Title: Ministry of Health, Chief Privacy Officer

Address: 3rd floor - 1443 Douglas Street Victoria BC V8W 9P1

Telephone: 236-478-1666

[Submit](#)

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APPENDIX 2 - FEDERAL ARRIVECAN APPLICATION

The following are screenshot sample excerpts from ArriveCAN App

Download the APP: ArriveCAN from:

iPhone: [Click here](#)

Android: [Click here](#)

It will ask your preferred language. Choose one language and click "Start"

Canada
ARRIVECAN
Traveller Contact Information Form
v14.3

EN
FR
ES

START

Canada
This applies to all incoming travellers arriving in Canada. Please use the tools below, based on your point of entry, upon arrival to submit traveller information required by law as indicated by a mandatory field.

Entry into Canada by Air
Fill out or continue this quick form if you are flying to Canada

Entry into Canada by Land
Fill out or continue this quick form if you are entering Canada in a vehicle or by foot

View your Entry into Canada Code
This is the code you will present to the CBSA officer

Your Flight into Canada

Airport: Vancouver International Airport

Airline: Air China

Flight Number: CA991

Date of Arrival: 2020-05-04 00:00

Previous NEXT

Add Traveller
Add your details here. If you are travelling as part of a family or group, you can add multiple travellers after.

Surname: John

First Name: Smith

Initial or Middle Name (optional):

Date of Birth: 2000-05-04

Previous NEXT

Destination type
Returning home

Street name and number: 123

City: Vancouver

Postal Code: V1H1J3

Province: British Columbia

Date of arrival: 2020-05-06

ADD ANOTHER DESTINATION

Previous NEXT

COVID-19 Self-Assessment
Are you or any of the travellers listed on this form experiencing any of the following symptoms?

Symptoms are defined as:

- Cough
- Difficulty breathing
- Fever

BA: NO YES

Previous NEXT

Quarantine Plan
You must have a quarantine plan for the next 14 days.

Quarantine means staying home and avoiding situations where you could come in contact with others. Your plan should confirm that you have a suitable place of quarantine that has the necessities of life for 14 days; private transportation to the premises if possible; access to supplies such as prescriptions, food and cleaning supplies, and other necessary support such as child care. Do not plan to quarantine in a place where you have contact with vulnerable individuals, including those who have an underlying medical condition, compromised immune system from a medical condition or treatment, or are 65 years of age or older.

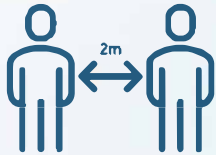
Do you have a plan for 14 days of quarantine?

BA: NO YES

Previous NEXT

APPENDIX 3 - TIPS FOR SAFER SOCIAL INTERACTIONS

When going out in public, it is important to stay at least 6 feet away from other people and wear a mask to slow the spread of COVID-19. Consider the following tips for practicing social distancing when you decide to go out.



What does physical distancing mean?

This means making changes in your everyday routines in order to minimize close contact with others, including:

- ▶ avoiding crowded places and non-essential gatherings
- ▶ avoiding common greetings, such as handshakes
- ▶ limiting contact with people at higher risk (e.g. older adults and those in poor health)
- ▶ keeping a distance of at least 2 arms lengths (approximately 2 metres) from others, as much as possible



Here's how you can practise physical distancing:

- ▶ greet with a wave instead of a handshake, a kiss or a hug
- ▶ stay home as much as possible, including for meals and entertainment
- ▶ grocery shop once per week
- ▶ take public transportation during off-peak hours
- ▶ conduct virtual meetings
- ▶ host virtual playdates for your kids
- ▶ use technology to keep in touch with friends and family



If possible,

- ▶ use food delivery services or on line shopping
- ▶ exercise at home or outside
- ▶ work from home

Remember to:

- ▶ wash your hands often for at least 20 seconds and avoid touching your face
- ▶ cough or sneeze into the bend of your arm
- ▶ avoid touching surfaces people touch often
- ▶ self-monitor for symptoms of COVID-19 including:
 - cough
 - fever
 - difficulty breathing

If you're concerned you may have COVID-19:

- ▶ separate yourself from others as soon as you have symptoms
- ▶ if you are outside the home when a symptom develops, go home immediately and avoid taking public transit
- ▶ stay home and follow the advice of your Public Health Authority, who may recommend isolation
- ▶ call ahead to a health care provider if you are ill and seeking medical attention

NOTE: Some people may transmit COVID-19 even though they do not show any **symptoms**. In situations where physical distancing is difficult to maintain, wear a **non-medical mask or face covering** (i. e. made with at least two layers of tightly woven fabric, **constructed** to completely cover the nose and mouth without gaping, and secured to the head by ties or ear loops) provides a barrier between your respiratory droplets and the people and surfaces around you. It may also stop you from touching your nose or mouth, which is another way the virus can get into your body.



● info@mygea.ca

● www.mygea.ca