

**Delivery Services**

**Grocery Delivery**

***Metro Vancouver Regional District***

**Save-On-Foods**

https://www.saveonfoods.com

**Real Canadian Superstore**

https://www.realcanadiansuperstore.ca

**Fresh Market**

https://shop.freshstmarket.com/vancouverhouse

**SPUD**

https://www.spud.ca

**Hello Fresh**

https://www.hellofresh.ca

**Insta Cart**

https://www.instacart.ca/grocery-delivery/vancouver-bc

**City Avenue Market**

https://www.cityavenuemarket.ca/

**Walmart Grocery Pickup and Delivery**

<https://www.walmart.ca/en/online-grocery-shopping-pickup>

***Kelowna, West Kelowna and Vernon***

**Sysco at Home**

https://kelowna.syscoathome.com/

***South Okanagan***

**IGA Penticton**

https://shop.igabc.com/port\_moody#/

**Local Motive**

http://www.localmotive.ca/

**Food Delivery**

***Metro Vancouver Regional District***

**Door Dash**

https://www.doordash.com

**Uber Eats**

https://www.ubereats.com

**Skip the Dishes**

https://www.skipthedishes.com

**Lazy Meals**

https://lazymeal.com

**Local Restaurants**

<https://www.tourismvancouver.com/restaurants/>

***Kelowna, West Kelowna and Vernon***

**Restaurants Delivered**

https://www.restaurantsdelivered.ca

**Ninja Now**

https://ninjanow.com/

**Delivery Masters**

http://www.deliverymasters.ca

**Local Restaurants**

https://www.tourismkelowna.com/eat-drink/restaurants/delivery-take-out/

***South Okanagan***

**Boston Pizza**

https://bostonpizza.com/en/index.html

**Isshin Sushi Bar & Asian Dining**

https://isshinsushi.ca/

**Prescriptions**

***Metro Vancouver Regional District***

**London Drugs**

https://pharmacy.londondrugs.com/PharmacyServices/Prescription-Delivery

**Shoppers Drug Mart**

https://www1.shoppersdrugmart.ca/en/health-and-pharmacy/renewing-yourprescription

**Pharmacy BC**

https://www.pharmacybc.com/service/freedelivery

**MacDonald’s Pharmacy**

<http://www.macdonaldsrx.com/services/delivery-services>

*Abbotsford, Chilliwack And Fraser Valley*

**Brookswood Remedy's Rx Pharmacy**

<http://www.brookswoodpharmacy.ca/>

***Kelowna / West Kelowna / Vernon***

**Lakeside Pharmacy**

https://www.lakesidepharmacy.ca/pharmacy-services/delivery/

**Hogarth's Clinic Pharmacy**

https://www.hogarths.ca/prescription-delivery/

***South Okanagan***

**London Drugs**

https://pharmacy.londondrugs.com/PharmacyServices/Prescription-Delivery

**Rexall**

https://www.rexalldirect.ca/patient/account/create/

**London Drugs**

https://pharmacy.londondrugs.com/PharmacyServices/Prescription-Delivery

***Victoria***

**Rexall**

912 Douglas Street Victoria, BC V8W 2C1

250-384-1195

**London Drugs**

911 Yates St, Victoria, BC V8V 3M4

(250)-360-0880

https://pharmacy.londondrugs.com/PharmacyServices/Prescription-Delivery

**Shoppers Drug Mart**

1212 Douglas St, Victoria, BC V8W 2E5

(250)-381-4321

https://www1.shoppersdrugmart.ca/en/health-and-pharmacy/renewing-yourprescription