# THAI MANGO PUREE

Pure Mango Pulp

# Premium Thai Mango Pulp without additives or preservatives



#### 100% THAI MANGO NAM DOK MAI FROZEN FRUIT PULP

Country of origin: Thailand Grade: Premium Availability: All Year Round

#### **PRODUCE**

The pulp of ripe peeled mangoes, frozen with the Individual Quick Freeze IQF (Individual Quick Freezing). Ready to eat after opening or thawing.

#### **PACKAGE**

#### Mango Puree / Pulp

Vacuum bag — 500g / 1000g Package — Cardboard Box 15kg ± 3%. 30 / 15 packages

#### **STORAGE**

Shelf life — 24 months from the date of packaging at a temperature of -18C. Do not re-freeze after thawing and store in the refrigerator at a temperature of  $+2-5^{\circ}$  C for no more than two days.

#### **NUTRITION FACTS, 100g**

Calories — 65 kcal Fat — 0,3 r Protein — 0,5 r Carbohydrate — 17 r

#### The very same "Thai Mango" friends bring from Thailand.

Mango can reduce weight and normalize blood cholesterol. It is full of vitamins B (B1, B2, B5, B6, B9), vitamin A, C and D. Mango contains various minerals - zinc, manganese, iron and phosphorus. Mangoes contain substances that regulate the metabolic rate in the body, accelerate the excretion of fluids and are powerful antioxidants.

Also, mango is considered a natural antidepressant. Regular consumption of mangoes helps relieve nervous tension, improve mood and prevent the risk of depression.



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