Orthopedic Surgeon in Cherry Hill, New Jersey (Saloni)

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Who are orthopedic surgeons?

Orthopedic surgeons specialize in diagnosing, treating, and preventing conditions and injuries affecting the musculoskeletal system, including bones, joints, ligaments, tendons, and muscles. Orthopedic surgeons address musculoskeletal problems, from common ailments like arthritis and back pain to complex injuries such as fractures and dislocations.

Orthopedic surgeons use several non-surgical and surgical techniques to treat their patients. Non-surgical treatments can include medications, physical therapy, and other interventions to manage pain and promote healing. Surgical treatments may involve using tools and techniques to replace or repair damaged bones, joints, and other structures in the body.

Orthopedic surgeons work closely with other healthcare professionals, including physical therapists, occupational therapists, and other specialists, to provide comprehensive care for their patients. They may also collaborate with researchers and medical device manufacturers to develop new treatments and technologies to improve patient outcomes.

Education and training for orthopedic surgeons in Cherry Hill, New Jersey

After completing a Bachelor's degree, aspiring orthopedic surgeons must complete medical school. Medical school usually requires four years to complete and involves coursework in anatomy, physiology, pharmacology, and other areas of medicine. Students must also complete clinical rotations, which provide hands-on training in various areas of medicine, including surgery.

After medical school, aspiring orthopedic surgeons must complete a residency program. Residency programs in orthopedic surgery typically last five years and provide extensive training in surgical techniques and the diagnosis and treatment of musculoskeletal conditions. During the residency program, residents work closely with experienced orthopedic surgeons and gain experience in various surgical procedures.

After completing their residency, orthopedic surgeons may pursue further training in a specialized area of orthopedics. For example, some may complete a fellowship in sports

medicine or joint replacement surgery. This additional training allows them to get specialization in a particular area of orthopedics.

Throughout their education and training, orthopedic surgeons must meet rigorous standards and pass exams to become licensed to practice medicine. They must also maintain their knowledge and skills through ongoing education and training. This commitment to continuous learning ensures that orthopedic surgeons have the latest knowledge and techniques to deliver the best possible treatment for their patients.

Specialties within orthopedic surgery

Orthopedic surgery is a broad field encompassing many different specialties, each focusing on a specific area of the musculoskeletal system. Here are some of the main specialties within orthopedic surgery:

- **Sports medicine**: Sports medicine orthopedic surgeons specialize in diagnosing, treating, and preventing injuries related to sports and exercise. They work with athletes of all ages and levels, from weekend warriors to professional athletes.
- Joint replacement: Joint replacement orthopedic surgeons specialize in replacing damaged or diseased joints, such as hips, knees, and shoulders. They use artificial implants to restore function and reduce pain for patients with arthritis and other conditions.
- Trauma: Trauma orthopedic surgeons specialize in treating complex fractures and
 injuries to the musculoskeletal system, including those caused by car accidents or falls.
 They use surgical techniques to repair damaged bones and soft tissues and help
 patients regain function and mobility.
- **Spine surgery**: Spine surgery orthopedic surgeons specialize in treating conditions that affect the spine, including herniated discs, spinal stenosis, and scoliosis. They may use surgical and non-surgical techniques to alleviate pain and improve mobility.
- Pediatric orthopedics: Pediatric orthopedic surgeons specialize in the diagnosis and treatment of musculoskeletal conditions in children, including congenital abnormalities, growth plate injuries, and scoliosis. They work closely with parents and other healthcare professionals to provide comprehensive care for children with orthopedic conditions.

Risks and complications of orthopedic surgery

Orthopedic surgery, like any surgery, carries some risks and potential complications. Although these risks are relatively low, patients should know them before undergoing any orthopedic procedure.

Infection is a potential risk of any surgical procedure, including orthopedic surgery. Patients may be given antibiotics before and after surgery to reduce the risk of infection. Bleeding is another potential complication of orthopedic surgery. In some instances, patients may require blood transfusions to replace lost blood.

Orthopedic surgery can sometimes result in nerve damage, which can cause pain, numbness, or weakness in the affected area. Blood clots are a potential risk after orthopedic surgery, particularly in patients who are older, obese, or have other medical conditions that increase their risk of clotting.

Some patients may experience joint stiffness after orthopedic surgery. This joint stiffness can make it difficult to move the affected joint. Patients should report any concerns or symptoms to their healthcare provider promptly, as early intervention can often help prevent complications from developing.

Choosing the best orthopedic surgeon in Cherry Hill, New Jersey

When it comes to orthopedic health issues, it's essential to have access to the best orthopedic surgeons. If you need to find an experienced orthopedic surgeon in Cherry Hill, New Jersey, Zocdoc can help you connect with the right healthcare professional.

Zocdoc is an online platform that allows you to search for and schedule an appointment with a leading orthopedic surgeon in Cherry Hill, New Jersey, within a few minutes. You can easily filter your search by location, insurance plan, availability, and the type of orthopedic service you require. Whether you need a hip replacement, a knee arthroscopy, or a spinal fusion, Zocdoc can help you find a top-rated orthopedic surgeon in your area.

Each orthopedic surgeon's profile on Zocdoc contains detailed information about their education, qualifications, training, and experience, as well as the hospital affiliations and languages they speak. You can also read verified patient reviews and ratings to make an informed decision about the healthcare professional you want to see. This way, you can feel confident about the orthopedic surgeon you choose to treat your health issue.

You can schedule an appointment with your chosen orthopedic surgeon anytime. The platform will send you a reminder before your appointment. You can reschedule or cancel your appointment online, so you don't have to worry about calling the office.

Overall, Zocdoc is an excellent resource for finding and booking appointments with top-rated orthopedic surgeons in Cherry Hill, New Jersey, quickly and easily.

Booking an appointment with Zocdoc is simple, free, and secure.

Orthopedic surgeons and musculoskeletal conditions in New Jersey, New York

The U.S. Bureau of Labor Statistics, in 2021, reported the employment of approximately 670 orthopedic surgeons. According to a report from the New Jersey Department of Health, the rate of work-related amputations in 2019 was nearly 5.0 per 100,000 full-time employees.

A Centers for Disease Control and Prevention report indicated that in 2017-2018, among adults aged 50 and over, the age-adjusted prevalence of osteoporosis at either the femur neck, lumbar spine, or both was about 12.6%. Women had a higher prevalence rate (nearly 19.6%) than men (about 4.4%). The prevalence rate of low bone mass, a precursor of osteoporosis, was approximately 43.1%, with higher rates among women (nearly 51.5%) than men (around 33.5%).

Sources

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U.S. Bureau of Labor Statistics

Centers for Disease Control and Prevention