

## Medicine Name - Recita Forte Tablet

### Fold 1 (Details)

#### 1. Medicine Description (Para)

Recita Forte Tablet is a combination medication intended **to treat** people with anxiety disorders. This medication is not used for patients under the age of 18. It's frequently used to diagnose or treat infantile spasms, anxiety disorders, and depression.

This medication soothes the brain by minimizing the excessive and abnormal activities of the nerve cells. It has **side effects**, such as unusual eye movements, ataxia (a lack of muscular coordination), blood dyscrasias, and constipation.

Clonazepam and escitalopram salts are used in the formulation of Recita Forte Tablet. Consume this medication in the duration and dose as recommended by the physician, as it has the potential of habit forming.

#### 2. Uses of Recita Forte Tablet (List)

Infantile spasms  
Anxiety disorders  
Depression

#### 3. Mode of Action of Recita Forte Tablet (Para)

Recita Forte Tablet exhibits anti-anxiety and antidepressant properties. Clonazepam is a BZD (benzodiazepine) that enhances the function of GABA (a chemical messenger) that inhibits aberrant nerve cell neural activity. Escitalopram is an SSRI (selective serotonin reuptake inhibitor) that raises serotonin production (a chemical messenger) that enhances mood.

#### 4. Contraindications of Recita Forte Tablet (List)

Acute pulmonary insufficiency  
Angle-closure glaucoma  
Myasthenia gravis  
Severe respiratory insufficiency  
Sleep apnoea syndrome

## **5. Side effects of Recita Forte Tablet (List)**

Decreased urine output  
Delayed ejaculation  
Memory impairment  
Reduced cognitive abilities  
Runny or obstructed nose  
Uncoordinated body movements

## **6. Directions for the Use of Recita Forte Tablet (List)**

Follow your doctor's recommendation on the dosage and frequency of this medication.  
Take it all at once.  
Tablets should not be chewed, smashed, or broken.  
Recita Forte Tablet can be consumed with or without meals.  
It's best if you take it at the same time every day.

## **7. Interactions of Recita Forte Tablet**

### **A. Recita Forte Tablet interaction with food (List)**

Recita Forte Tablet should not be taken with grapefruit juice. Grapefruit juice acts as an inhibitor of intestinal CYP3A4, allowing more medicine to enter the bloodstream and remain in the body for longer. As a consequence, the body contains an excessive concentration of medication.

### **B. Recita Forte Tablet interaction with other medicines (List)**

Recita Forte Tablet should not be taken with gastric medications such as cimetidine. Combining these medications can cause difficult concentration, drowsiness, and dizziness.

Recita Forte Tablet should not be taken with some antibiotics such as rifampin, ciprofloxacin, clarithromycin, rifampin, rifabutin, and rifabutin. Combining these medications can impact the metabolic activity of the Recita Forte Tablet.

Recita Forte Tablet should not be taken with some anticonvulsants such as carbamazepine. Combining these medications can reduce the therapeutic benefits of the Recita Forte Tablet.

Recita Forte Tablet should not be taken with some beta-blockers such as metoprolol, diltiazem, and verapamil. Combining these medications can enhance the serum concentration of clonazepam.

## **8. Storage and Disposal of Recita Forte Tablet (para)**

Recita Forte Tablet should be preserved in a dry and cool environment, away from the sun's heat and moisture. These medicines should be kept away from the reach of pets and kids. Unused medications should not be flushed into a washroom or dumped into sewage. For proper disposal, you can contact a pharmacist.

## **9. Dosage: (para)**

### **a. Overdose of Recita Forte Tablet**

If you suspect an overdose, immediately find your nearest healthcare professional or emergency room. Symptoms of a severe medication reaction are wheezing, chest tightness, fever, itchiness, a severe cough, bluish or grayish skin tone, convulsions, rashes or swelling of the lips, face, throat, or tongue, and feeling exhausted or sluggish.

### **b. Missed dose of Recita Forte Tablet**

Consume Recita Forte Tablet as early as you remember if you missed a dose. However, skip the missing dose and return to your regular schedule when your next dose approaches. Do not take two doses together.

## **Fold 2 (Precautions And Warnings)**

**a. Pregnancy**

**Ques.**

Can I take Recita Forte Tablet during pregnancy?

**Ans**

Recita Forte Tablet should not be used during pregnancy because there is clear evidence that it harms the unborn child. However, the doctor may recommend it in certain life-threatening instances where the advantages outweigh the hazards. Please seek medical advice.

**b. Breastfeeding**

**Ques.**

Can I take Recita Forte Tablet while breastfeeding?

**Ans**

Taking a Recita Forte tablet while breastfeeding is generally not a good idea. According to limited human research, the medicine may transfer into breast milk and affect the newborn.

**c. Driving**

**Ques.**

Can I drive if I have taken Recita Forte Tablet?

**Ans**

Recita Forte Tablet may induce adverse effects that impair your driving ability.

#### d. Alcohol

**Ques.**

Can I consume alcohol with Recita Forte Tablet?

**Ans**

Since it is associated with increased rates of major side effects, it is not suggested to drink alcohol while taking this prescription. Dizziness, tiredness, difficulty concentrating, respiratory problems, and other side effects are possible.

#### e. Other General Warnings (Talk to your doctor if) (list)

You should seek medical advice if you are suffering from a renal condition and should generally avoid taking Recita Forte Tablet. Based on the limited information, a dose change of the Recita Forte Tablet may not be necessary for these patients. Recita Forte Tablet may produce excessive sleepiness In individuals with end-stage renal disease.

You should seek medical advice if you are suffering from a liver illness. In this context, Recita Forte Tablet must be used with caution. The Recita Forte Tablet dosage may have to be adjusted.

#### Fold 3 (References)

**References:** Please add all your references by mentioning the title and the link.

Clonazepam: MedlinePlus Drug Information [Internet]. Medlineplus.gov. 2017 [cited 19 February 2022]. Available from:

<https://medlineplus.gov/druginfo/meds/a682279.html>

Clonazepam tablet [Internet]. Dailymed.nlm.nih.gov. 2017 [cited 19 February 2022]. Available from:

<https://dailymed.nlm.nih.gov/dailymed/drugInfo.cfm?setid=acbce0e8-5098-4785-943b-8bdb5ff17fab#A604B8F-25D4-4326-87C6-B92142B765F2>

Escitalopram: MedlinePlus Drug Information [Internet]. Medlineplus.gov. 2017 [cited 19 February 2022]. Available from:

<https://medlineplus.gov/druginfo/meds/a603005.html>

#### **Fold 4(FAQs)**

**Ques.**

What withdrawal effects do you get after you stop taking Recita Forte Tablet?

**Ans**

Difficulty sleeping, mood swings, and increased perspiration are all frequent side effects of abruptly discontinuing this medication. It can also cause headaches, muscle pain, tremors (shaking), restlessness, anxiety, and tension.

**Ques.**

Is this a medicine that creates a habit?

**Ans**

In some circumstances, habit-forming characteristics have been documented, mainly when the dose is over a considerable time. In such cases, a progressive withdrawal of the medicine, i.e., a reduction in dose over time is recommended. This treatment must be used carefully for individuals with a history of substance abuse. Any alterations in mood or behavior, as well as any drug-seeking attitudes, must be closely observed and reported to the physician as soon as possible.

**Ques.**

I have diabetes and a tendency to bleed easily. What should I consider?

**Ans**

Because of the higher likelihood of modified blood sugar levels, this medication must be used carefully in individuals with reported poor glycemic control. Such patients should have their blood sugar levels

closely monitored. Depending on the patient's medical problem, dose modifications may be required. In some people, this medication may raise the risk of irregular bleeding.

Patients suffering from some forms of bleeding disorders and those on aspirin, anticoagulants, NSAIDs, and other medications, are at an increased risk. Any unexpected hemorrhage or bruises, bloody stool, or other symptoms should be reported to your doctor immediately. Appropriate dose modifications or substitutions with a reasonable replacement may be indicated depending on the patient's medical problem.

#### **Fold 5(Table data)**

**Uses** - Infantile spasms, Anxiety disorders, Depression

**Side effects** - Anorgasmia (less orgasm), Decreased urine output, Delayed ejaculation, Memory impairment, Reduced cognitive abilities, Running or obstructed nose, Uncoordinated body movements