CTF for Beginners

What is CTF and how to get started!



#ctf

#beginners



atan Mar 28, 2019 Updated on May 07, 2020 • 3 min read

CTFs are one of my favorite hobbies. I love the feeling of solving a particularly difficult task and seeing all the puzzle pieces click together. I'd like this post to serve as an introduction to CTF for those in the dev.to community that may not know what it is.

So what is CTF?

CTF (Capture The Flag) is a kind of information security competition that challenges contestants to solve a variety of tasks ranging from a scavenger hunt on wikipedia to basic programming exercises, to hacking your way into a server to steal data. In these challenges, the contestant is usually asked to find a specific piece of text that may be hidden on the server or behind a webpage. This goal is called the flag, hence the name!

Like many competitions, the skill level for CTFs varies between the events. Some are targeted towards professionals with experience operating on cyber security teams. These typically offer a large cash reward and can be held at a specific physical location. Other events target the high school and college student range, sometimes offering monetary support for education to those that place highly in the competition!

CTFtime details the different types of CTF. To summarize, Jeopardy style CTFs provide a list of challenges and award points to individuals or teams that complete the challenges, groups with the most points wins. Attack/Defense style CTFs focus on either attacking an opponent's servers or defending one's own. These CTFs are typically aimed at those with more experience and are conducted at a specific physical location.

CTFs can be played as an individual or in teams so feel free to get your friends onboard!

I'd like to stress that CTFs are available to everyone. Many challenges do not require programming knowledge and are simply a matter of problem solving and creative thinking.

Challenge types

Jeopardy style CTFs challenges are typically divided into categories. I'll try to briefly cover the common ones.

- Cryptography Typically involves decrypting or encrypting a piece of data
- Steganography Tasked with finding information hidden in files or images

- Binary Reverse engineering or exploiting a binary file
- Web Exploiting web pages to find the flag
- Pwn Exploiting a server to find the flag

Where do I start?

If I managed to pique your curiosity, I've compiled a list of resources that helped me get started learning. CTF veterans, feel free to add your own resources in the comments below!

Learning

- http://ctfs.github.io/resources/ Introduction to common CTF techniques such as cryptography, steganography, web exploits (Incomplete)
- https://trailofbits.github.io/ctf/forensics/ Tips and tricks relating to typical CTF challenges/scenarios
- https://ctftime.org/writeups Explanations of solutions to past CTF challenges

Resources

- https://ctftime.org CTF event tracker
- https://github.com/apsdehal/awesome-ctf Comprehensive list of tools and further reading

Tools (That I use often)

- binwalk Analyze and extract files
- burp suite Feature packed web penetration testing framework
- stegsolve Pass various filters over images to look for hidden text
- GDB Binary debugger
- The command line:)

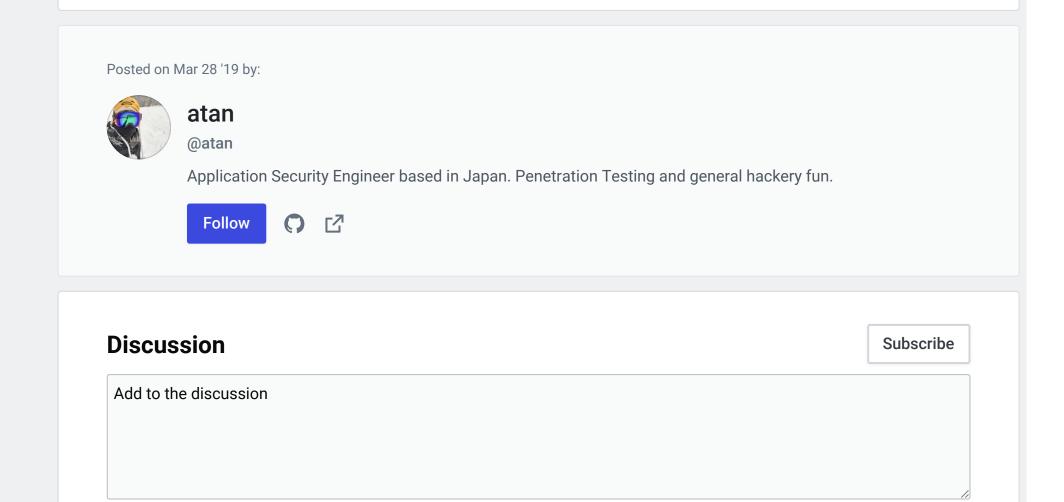
Practice

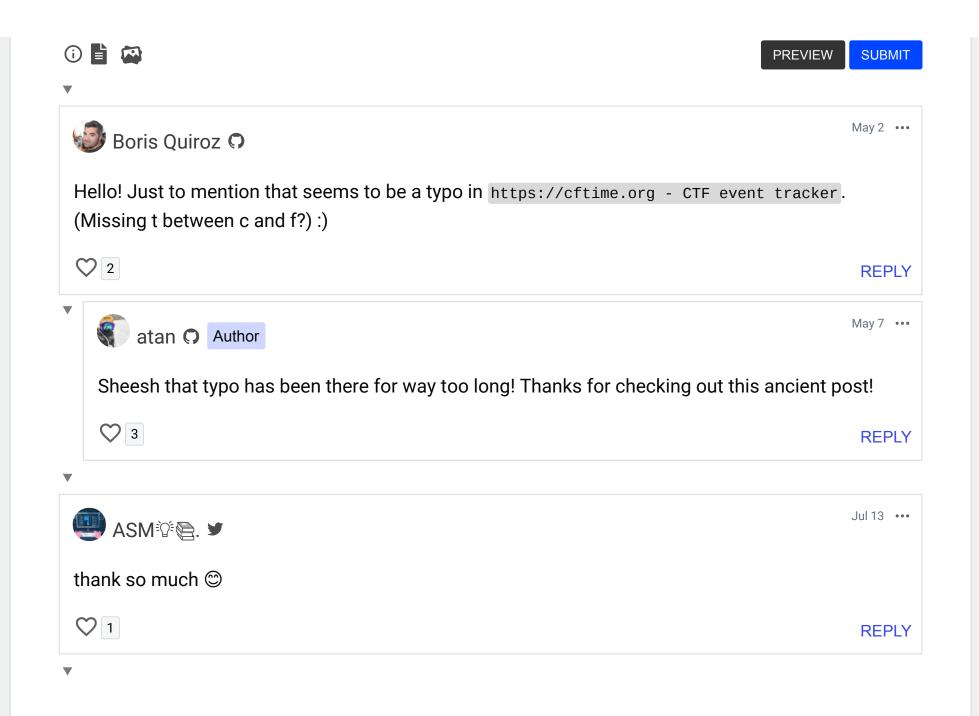
Many of the "official" CTFs hosted by universities and companies are time-limited competitions. There are many CTFs however that are online 24/7 that can be used as practice and learning tools. Here are some that I found to be friendly for beginners.

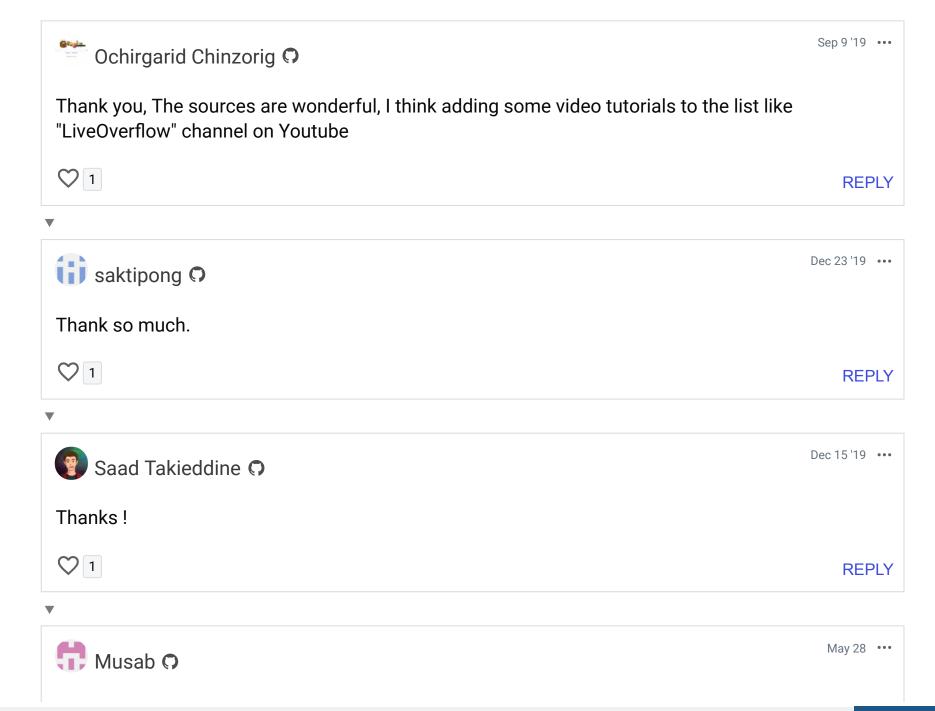
- https://ctflearn.com A collection of various user-submitted challenges aimed towards newcomers
- https://overthewire.org/wargames/ A series of progressively more difficult pwn-style challenges. (Start with the bandit series)
- https://2018game.picoctf.com/ Yearly time-limited CTF now available to use as practice

Conclusion

CTF is a great hobby for those interested in problem-solving and/or cyber security. The community is always welcoming and it can be a lot of fun tackling challenges with friends. This is my first post, if I was able to spark interest with even a single person, I'd consider it a success \mathfrak{D} . Thank you for reading!









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