

# Emergency Induction of Anaesthesia in a Critically ill Neonate or Child

If red flags for imminent cardiorespiratory arrest or brainstem herniation are present DO NOT DELAY  
Place a 2222 paediatric emergency call to gather the MDT with skills for advanced resuscitation

- A: Severe stridor or upper airway obstruction not relieved by CPAP/High-flow nasal cannula O<sub>2</sub> or simple airway manoeuvres
- B: SpO<sub>2</sub><92% in maximum oxygen therapy, severe work of breathing, unable to talk, 'silent chest'
- C: Fluid refractory shock/hypotension, no saturations trace due to poor perfusion, lactate >4
- D: Hypertension & bradycardia, abnormal pupil responses, suspected raised ICP (**regardless of GCS**), status epilepticus

**CALL SORT EARLY FOR SUPPORT: 02380 775502**

**Apply PEEP via Ayres T-piece or Waters circuit with 15L/min oxygen flow**

(or increase FiO<sub>2</sub> to 1.0 if on non-invasive ventilation/High-flow nasal cannula O<sub>2</sub>)

Ensure full monitoring is attached: ECG, BP on 1min cycles, **finger on pulse**, SpO<sub>2</sub>, End-Tidal CO<sub>2</sub>

**Ensure at least one working intravenous (IV) or intraosseous (IO) line**

**Ensure circulation is adequately supported if signs of shock**

Adequate fluid resuscitation as indicated (up to 40ml/kg isotonic fluid)

Peripheral adrenaline infusion running at 0.1microg/kg/min (see SORT drug calculator)

Consider calcium gluconate after discussion with SORT

**Prepare airway equipment**

See 'SORT Intubation Checklist' & consider 'Difficult Airway Algorithms: MAST' as indicated

Ensure cuffed tubes used (appropriate size for age of child)

NG tube insertion in neonates/infants **prior to induction** to allow NG aspiration during mask ventilation

**Prepare anaesthetic induction agents**

Ketamine 2mg/kg IV (reduced to 0.5 to 1mg/kg if haemodynamically unstable)

Rocuronium 1mg/kg

Drug onset will be slow in a low cardiac output state: be patient

**DO NOT USE PROPOFOL/THIOPENTONE/VOLATILE ANAESTHETICS**

**INDUCTION MAY REDUCE SYMPATHETIC TONE AND REDUCE CARDIAC OUTPUT**

**PREPARE FOR CARDIOVASCULAR COMPROMISE BY PREPARING ISOTONIC CRYSTALLOID BOLUS & RESCUE DILUTED ADRENALINE  
(see SORT drug calculator)**

**Maintain ongoing sedation following intubation**

Morphine & Midazolam infusions (see SORT drug calculator)

Propofol infusion may be used if not shocked, in time critical head injuries, or in situations where extubation is expected within 6 hours (e.g. status epilepticus)

**Other actions needed post intubation**

NG tube (if not inserted), Chest X-Ray, 2<sup>nd</sup> IV/IO access, urinary catheter, bloods & gas, notes photocopied

**Points to consider on deterioration during induction of anaesthesia**

**Hypoxia:** is ET tube in correct position? Adequate pressure? Secretion clearance?

**Hypotension:** administer rescue diluted adrenaline +/- fluid bolus as indicated

**Consider reversible pathologies:** e.g. pneumothorax, pleural effusions, air trapping