

# LARAVEL SESSIONS

Sessions provide a way to store information about the user across multiple requests.

```
Route::get('/StoringData/{email}', [DemoController::class, 'StoringData']);
Route::get('/RetrievingData', [DemoController::class, 'RetrievingData']);
Route::get('/DeletingData', [DemoController::class, 'DeletingData']);
Route::get('/FlashData', [DemoController::class, 'FlashData']);
```

```
function StoringData(Request $request):bool
{
    $request->session()->put('user_email', $request->email);
    return true;
}
function RetrievingData(Request $request):string
{
    return $request->session()->pull('user_email', 'default');
}
function DeletingData(Request $request):bool
{
    $request->session()->forget('user_email');
    return true;
}
function FlashData(Request $request):bool
{
    $request->session()->flush();
    return true;
}
```