

Where

Next Header is an 8-bit selector identifying the initial header type of the Fragmentable part of the original packet.

Hdr Ext Len is an 8-bit unsigned integer describing the length of the Destination Option header in 8-octets units excluding the first 8 octets

Options is a variable-length field. See below

And

Option Type is an 8-bit identifier of the option type

Opt Data Len is an 8-bit unsigned integer describing the length of the Data Option field in octets

Options is a variable-length field with data specified by the option type

Figure 1: IPv6 Destination Options Header [1, sec. 4.6]