

Day	Duties Assigned
Sunday	Anup Chapain (5:15-12:00) Fiona (09:00-12:00) Anup Chapain (11:00-18:00)
Monday	Anup Chapain (09:00-12:00)
Tuesday	Anup Chapain (6:00-12:00)
Wednesday	Fiona (09:00-12:00)
Thursday	Anup Chapain (09:00-12:00)
Friday	Fiona (09:00-12:00)
Saturday	Fiona (09:00-12:00)